



1 **Biogeochemical controls on nutrient fluxes in small tropical mountainous river basins:**

2 **Mechanisms for P-limitation and Si-rich conditions**

3 Upendra Badimela^{1,2*}, Kiran Kumar Reddy¹, Jesuraja Kamaraj¹, Ciba Manohar¹, Vidya Suresh¹,

4 Vinnetha Perumbully¹, Anoop Krishnan¹

5 ¹Environmental Hydrology Group, National Centre for Earth Science Studies (NCESS),

6 Thiruvananthapuram-695011, India.

7 ²Department of Applied Chemistry, Cochin University of Science and Technology (CUSAT),

8 Kochi-682022, India.

9 *Corresponding author: E-mail address: upendra.b@ncess.gov.in Tel.: +91-0471-251-1700

10

11

12

13

14

15

16

17

18

19

20



21 **Abstract**

22 Small scale mountainous rivers with their quick flowing mechanisms provide a clear
23 understanding on the nutrient flux dynamics in assessing their role in biogeochemical cycles and
24 coastal nutrient budgets. The present study examines the spatio-temporal variability of dissolved
25 inorganic nutrients in the Karamana River Basin (KRB) and Vamanapuram River Basin (VRB),
26 flowing through Western Ghats, which emphasis the hydro geochemistry, segment-wise nutrient
27 fluxes, and their biogeochemical cycle implications. The results reveal marked spatio-temporal
28 variability in nutrient fluxes similar to the hydrochemistry, with higher fluxes generally recorded
29 during the MON due to enhanced runoff and weathering. The segment-wise average fluxes of DIN,
30 DIP, and DSi in the KRB were estimated at 6.84, 0.05, and 127.25 kg ha⁻¹ yr⁻¹, respectively. In
31 comparison, the corresponding values for the VRB were 9.44, 0.07, and 81.66 kg ha⁻¹ yr⁻¹,
32 respectively. A clear indication of low concentration conditions in the upstream followed by slight
33 enrichment in the mid and downstream regions further highlight pristine environment and the role
34 of land use and anthropogenic influence, respectively. The stagnant conditions after reaching the
35 downstream regions with favorable tropical climate conditions promoting the consumption of
36 nutrients through in-situ production. The DSi flux of VRB (127.25 kg ha⁻¹ yr⁻¹) is comparable to
37 that of large global rivers such as the Amazon (108.6 kg ha⁻¹ yr⁻¹) and Mississippi (118.21 kg ha⁻¹
38 yr⁻¹), further supports the claim of intense chemical weathering derived silica-rich conditions.
39 Overall, the study highlights the critical role of climate and topography in regulating nutrient fluxes
40 and confirms that nutrient inputs from these small-scale mountainous rivers have a relatively
41 limited influence on coastal eutrophication in the receiving zones.

42 **Keywords:** Biogeochemical cycles; Chemical weathering; Dissolved inorganic nutrients, P-
43 limitation; Tropical-mountainous rivers.

44



45 **1. Introduction**

46 A clear understanding on the nutrient fluxes from rivers to receiving coastal zones is governed by
47 several factors including the climate (Meybeck, 1982). Such understanding is complex for the
48 large-scale rivers and in the regions evidencing the rapid expansion of urbanization,
49 industrialization agricultural, and domestic sewage sources into local rivers and finally reaching
50 coastal waters (Meybeck, 1982; Tong et al., 2015; Ni et al., 2018; Aniebone et al., 2024; Rangel-
51 Buitrago et al., 2024). The way these nutrients are transported and transformed within the river
52 can vary widely, depending on both short-term changes in water flow and long-term shifts in land
53 use patterns and population growth (Basu et al., 2010). These fluctuations can shift which nutrients
54 become limiting for ecosystem productivity, potentially reshaping the structure and functioning of
55 aquatic environments. One major factor influencing these nutrient fluxes is river length (or overall
56 size). Large river systems that originate in hilly regions typically follow topographic gradients
57 until they reach coastal mixing zones. Such rivers have long flow paths, steep upstream gradients,
58 and a relatively small proportion of upstream area (<10%), while much of their drainage basin is
59 exposed to anthropogenic activities. In contrast, small mountainous rivers flow rapidly due to steep
60 terrain and have a more balanced distribution of pristine (hilly) and human-impacted zones.
61 Consequently, these two types of fluvial systems exhibit distinct hydrological, biogeochemical,
62 and elemental flux transport characteristics including nutrients.

63 Among the macro nutrients, the dissolved inorganic nitrogen (N), phosphorus (P), and silica (DSi)
64 are key nutrients that play a critical role of the primary productivity regulation in aquatic
65 ecosystems (Meybeck, 1982; Li et al., 2007; Reddy et al., 2024). This problem is more intense in
66 heavily populated regions, where the nutrient input into river systems is influenced by various
67 interconnected factors like hydrological conditions (Alexander et al., 2008), land-based nutrient



68 sources (Bouwman et al., 2009; Garnier et al., 2010; Reddy et al., 2024), and the natural in-situ
69 processes stirring (Seitzinger et al., 2005; Reddy et al., 2021). These processes also affect nutrient
70 transformation, retention, and removal during their downstream flow (Nie et al., 2018; Finkler et
71 al., 2023). These processes ultimately lead to increased nutrient levels or the limitation of one or
72 more nutrients (Conley et al., 2009; Turner et al., 2010; Wei et al., 2023; Reddy et al., 2024). It's
73 also reported the limitation of individual nutrient and the excess input of other nutrient within the
74 same river system is evidenced (Houser and Richardson, 2010; Reddy et al., 2024). Understanding
75 the mechanisms that regulate these processes is essential for improving our knowledge of fluvial
76 biogeochemistry and informing future restoration strategies.

77 Considering this, the current article is mainly focusing on two small-scale mountainous rivers with
78 source to sink seasonal sampling. This study aims to (1) assess the seasonal and spatial variations
79 in key hydrological parameters, including nutrient concentrations, across two small tropical
80 mountainous rivers; (2) identify and compare the primary nutrient sources in the upstream,
81 midstream, and downstream zones during three distinct seasons; and (3) investigate the processes
82 governing the seasonal distribution and transport of nutrients across these three river segments.

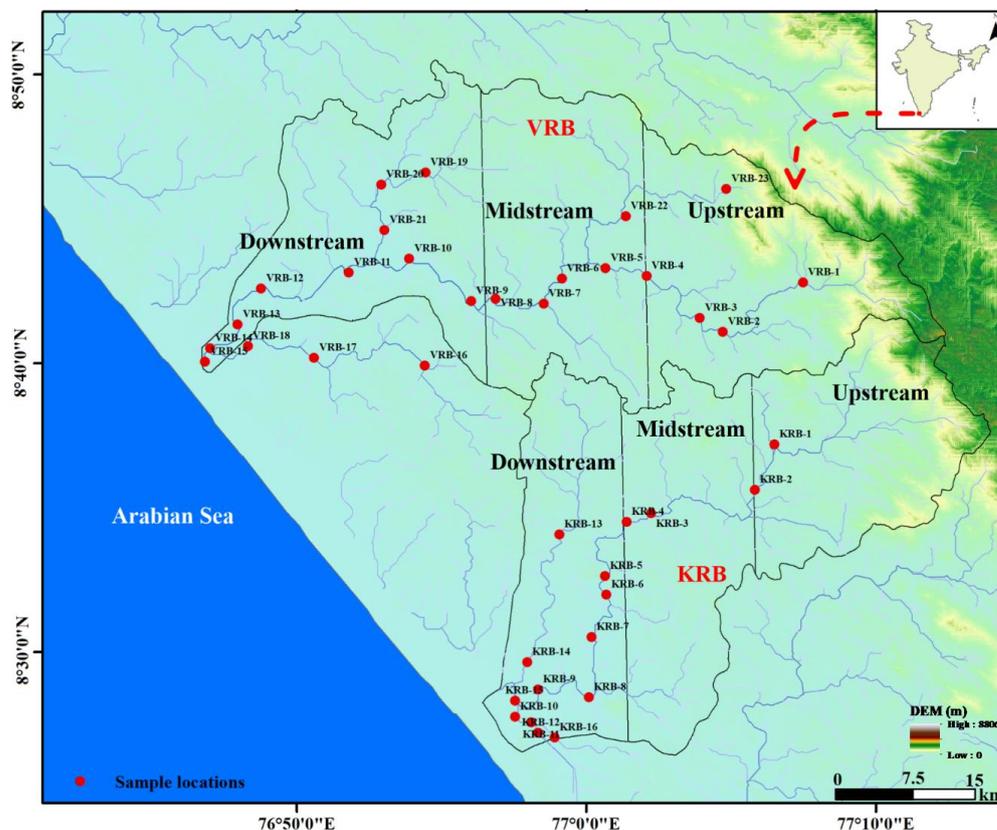
83 **2. Methods**

84 **2.1 Study area**

85 The study area consists of small-scale tropical mountainous rivers, Karamana (KRB) and
86 Vamanapuram river (VRB) basins, originating in the Western Ghats (WG) mountainous peaks
87 (~1600 m; Fig. 1) and flowing towards the west and discharging to Arabian Sea. Each basin is
88 divided into three equal parts to represent the upstream, mid and downstream processes (Fig. 1).
89 The WG region receives annual rainfall of 3554 mm with a variability ranging from 490-5644 mm
90 (Reddy et al., 2019). The current study basins received 2520 mm rainfall during the study period



91 (Upendra et al., 2025). The climate of the region is categorized as tropical monsoon with four
92 seasons i.e., pre-monsoon, SW monsoon, NE monsoon, and a post monsoon. Out of which
93 contributions from monsoon is ~84% (Reddy et al., 2021). The region's mean temperature, based
94 on atmospheric data from multiple sampling points during the study period, is approximately 29°C,
95 with a range between 22°C and 32.5°C. Geologically, it lies within the Southern Granulite Terrain,
96 predominantly composed of Archean crystalline rocks and Proterozoic metasediments,
97 including leptynites and khondalites (Fig. S1). The area also contains intrusions such as pegmatite
98 veins, dolerite dykes, and quartz veins (Anu-Sha et al., 2024). In the coastal zone, Quaternary
99 sediments and Warkalli beds are discontinuously overlaid on the crystalline basement (Padmalal,
100 1996; Varghese et al., 2016). The region supports diverse land use, including agriculture,
101 plantations, forests, and urban settlements, with key crops such as spices, rice, rubber and coconut
102 (Reddy et al., 2021; Fig. S2). Soil types, classified by the Food and Agriculture Organization, range
103 from sandy loam to clay loam (Upendra et al., 2024).



104

105 **Fig. 1:** Map showing the spatial extent of study basins, sampling locations and the source to sink
106 topography.

107

108 2.2 Sample collection

109 Seasonal and source-to-sink sampling was conducted across the Pre-monsoon (March 2022),

110 Monsoon (July 2022), and Post-monsoon (January 2023) periods, covering both the main stream

111 and its principal tributaries of both the basin (Fig. 1). The samples were collected in precleaned 1L

112 and 500 mL high-density polyethylene bottles for anion and cation from middle of the river course

113 using locally hired boats, respectively. After collecting cation samples, 1-2 drops of 2 N nitric acid

114 (HNO₃; Merck) was added immediately to preserve metal cations. All the samples were kept in



115 portable car chillers ($\sim 4^{\circ}\text{C}$) during the sampling and subsequently stored at the clean chemistry
116 laboratory refrigerators at the NCESS for hydro-geochemical analysis.

117 **2.3 Analysis**

118 Soon after collecting each sample, in-situ measurements for key parameters (pH, EC, and TDS)
119 were measured using the multiparameter probe H1198, with reported accuracy of ± 2 pH unit, ± 1
120 $\mu\text{S}/\text{cm}$, and ± 1 mg L^{-1} , respectively. In the clean laboratory, the samples were filtered using 0.45
121 μM membrane filters (Whatman), and subsequently the nutrient analysis was mainly carried out
122 using the Continuous Flow Analyzer (Model: Skalar, San++). The CFA measures the inorganic
123 elemental form of nutrients like $\text{NO}_3\text{-N}$, $\text{NO}_2\text{-N}$, $\text{PO}_4\text{-P}$, and $\text{SiO}_4\text{-Si}$. The current study reported
124 the nutrient data i.e., $\text{NO}_3^- + \text{NO}_2\text{-N}$, $\text{PO}_4^{3-}\text{-P}$, and $\text{SiO}_2\text{-Si}$ as DIN, DIP, and DSi. The
125 methodological precision of the analysis was $\leq 1.5\%$ for DIN ($\text{NO}_3^- + \text{NO}_2^-$), $\leq 1.5\%$ for DIP
126 (PO_4^{3-}), and $\leq 2.0\%$ for DSi (H_2SiO_4), based on replicate standard and duplicate sample
127 measurements. The NH_4^+ concentration was all the time below the detection limit and therefore
128 excluded from the calculation of DIN. Further, the major cations ions were analysed using the ion
129 chromatography (Dionex Aquion, Thermo). The precision for the mixed standard was $\pm 2\%$.
130 Finally, to ensure data consistency, a normalized inorganic charge balance was performed on the
131 data using the following equation

$$132 \quad \text{NICB} = [(\text{Tz}^+ - \text{Tz}^-)/(\text{Tz}^+ + \text{Tz}^-)] \times 100$$

133 Most of the samples from both the river basins showed a specific charge balance (NICB) within
134 $\pm 10\%$. The supporting data to calculate the flux, such as water discharge values, were recorded
135 exclusively at the basin outlet, as in-situ measurements at individual sites were not feasible due
136 to site-specific constraints, including accessibility issues, flow conditions, and safety concerns.



137 **2.3 Segment wise nutrient flux calculation**

138 This study further estimated the nutrient flux of river basin by employing a segment-wise
139 classification of the study area. This segment wise classification was employed to assess the impact
140 of topographical and land-use over nutrient dynamics. Both river basins, KRB and VRB, were
141 divided into three segments and estimated the area of both river basins using the python. The
142 relative discharge approach of David et al. (2016), applicable to Kerala rivers (Upendra et al.,
143 2025), is followed to derive discharge data. The same is used for the calculation of segment-wise
144 nutrient load and nutrient yield using the following equations

145 Relative discharge, Q ($\text{km}^3 \text{ km}^{-2} \text{ yr}^{-1}$) = Q_m/A_m

146 Discharge per Segment, Q_s ($\text{km}^3 \text{ yr}^{-1}$) = $A_s \times Q$

147 Nutrient load, L_n (t yr^{-1}) = $C \times Q_s \times 1000$

148 Nutrient Yield, $Y_n = L_n/A_s \times 10$

149 Q_m and Q_s are the discharge corresponding to the outlet and each segment expressed as $\text{km}^3 \text{ yr}^{-1}$,
150 while the A_m and A_s are the basin area in km^2 ; similarly, the L_n and Y_n are the nutrient load and
151 yield, expressed in t yr^{-1} and $\text{kg ha}^{-1} \text{ yr}^{-1}$, respectively. Moreover, the concentration of ions is taken
152 in mg L^{-1} .

153 **2.4 Calculation of Coastal Eutrophication Potential Indicator (ICEP)**

154 The study also tries to assess the ICEP, the potential quantity of non-siliceous algal biomass that
155 may be produced in coastal waters because of an overabundance of nitrogen or phosphorus in
156 comparison to silica input. It employs a conventional nutrient ratio for algae, specifically the
157 Redfield molar ratio of C:N:P: Si set at 106:16:1:20, which indicates the balanced nutrient
158 composition essential for algal growth (Garnier et al., 2010). To compare different rivers, ICEP
159 values are adjusted according to the size of each river basin and are expressed as kilograms of



160 carbon per square kilometer per day ($\text{kg C km}^{-2} \text{ d}^{-1}$). When nitrogen is an excess nutrient, it's called
161 N-ICEP; if phosphorus is in excess, it's called P-ICEP (Billen and Garnier, 2007), based on
162 formulas (1) and (2).

$$163 \quad \text{N-ICEP} = [\text{N}_{\text{Flux}}/(14 \times 16) - \text{Si}_{\text{Flux}}/(28 \times 20)] \times 10^6 \times 12$$

$$164 \quad \text{P-ICEP} = [\text{P}_{\text{Flux}}/(1 \times 31) - \text{Si}_{\text{Flux}}/(28 \times 20)] \times 10^6 \times 12$$

165 Where N_{Flux} , P_{Flux} , and Si_{Flux} represent the average specific fluxes respectively, at the outlet of the
166 river basin, measured in $\text{kg P km}^{-2} \text{ d}^{-1}$, $\text{kg N km}^{-2} \text{ d}^{-1}$, $\text{kg Si km}^{-2} \text{ d}^{-1}$.

167 3. Results

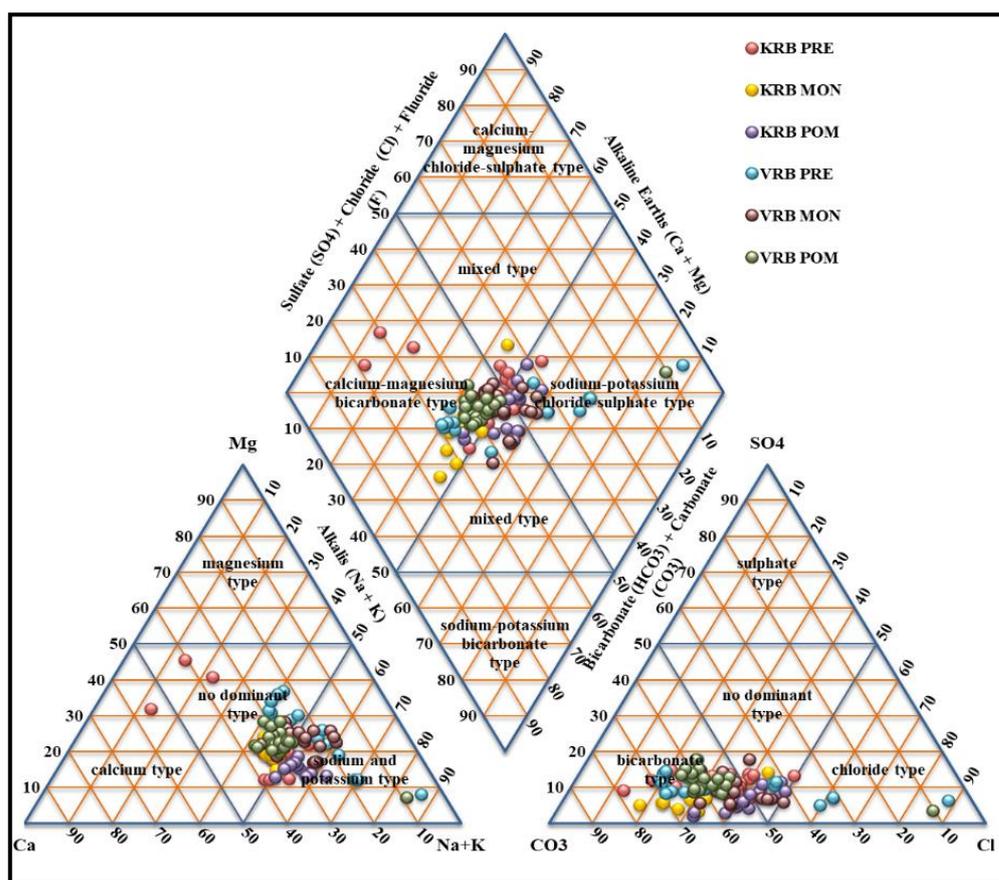
168 3.1 Hydrogeochemical Characteristics

169 The Piper diagram of KRB and VRB showed that 64.71% of the total water samples of both the
170 KRB and VRB are classified as Ca-Mg- HCO_3 , followed by 19.61% as Na-K-Cl- SO_4 , and 15.69%
171 as mixed type water (Fig. 2). However, when examining the individual water characteristics for
172 both KRB and VRB, the trend varies slightly, as VRB exhibits a greater prevalence of mixed water
173 characteristics following Ca-Mg- HCO_3 compared to KRB (Fig. S3). Spatially, water samples of
174 KRB represents the same water types with percentages of 56.25%, 27.08%, and 16.67%,
175 respectively. In contrast, the water characteristics percentages for VRB are 81.25%, 6.25%, and
176 25%, indicate the more dominance of Ca-Mg- HCO_3 type. Seasonally, during the MON season,
177 approximately 99% of KRB water samples display the Ca-Mg- HCO_3 water type, with the Na-K-
178 Cl- SO_4 water character being absent. In the PRM season, around 1% of samples show Na-K-Cl-
179 SO_4 characteristics, with the highest percentage being in the Ca-Mg- HCO_3 type. Conversely, in
180 the POM season, the prevalence of Ca-Mg- HCO_3 type water is lower compared to mixed type and
181 Na-K-Cl- SO_4 waters, with the number of samples exhibiting this character being similar. In VRB,



182 approximately 60% of total water samples across all seasons demonstrate Ca-Mg-HCO₃ type
 183 characteristics, while the POM season does not present mixed type water, and the influence of Ca-
 184 Mg-HCO₃ is predominant during this season.

185



200

201 **Fig. 2:** Piper plot represents mixed type of water along with the post monsoon samples in Ca-
 202 Mg-HCO₃ and downstream samples in Na-K-Cl-SO₄ zone for KRB and VRB.

203

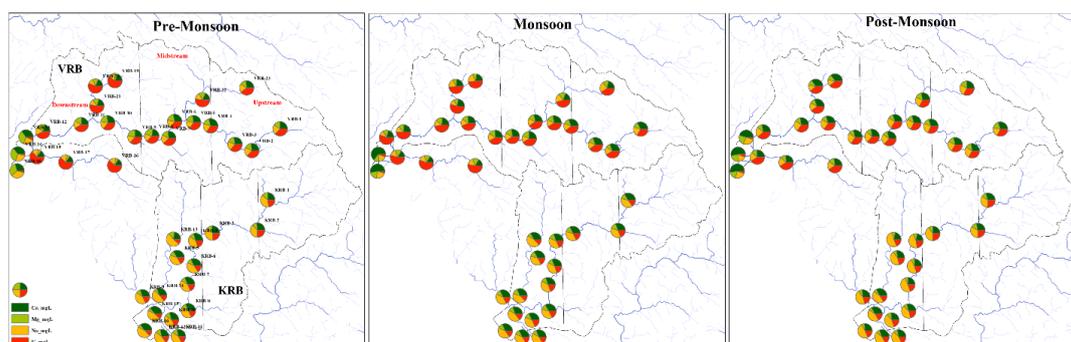
204

205

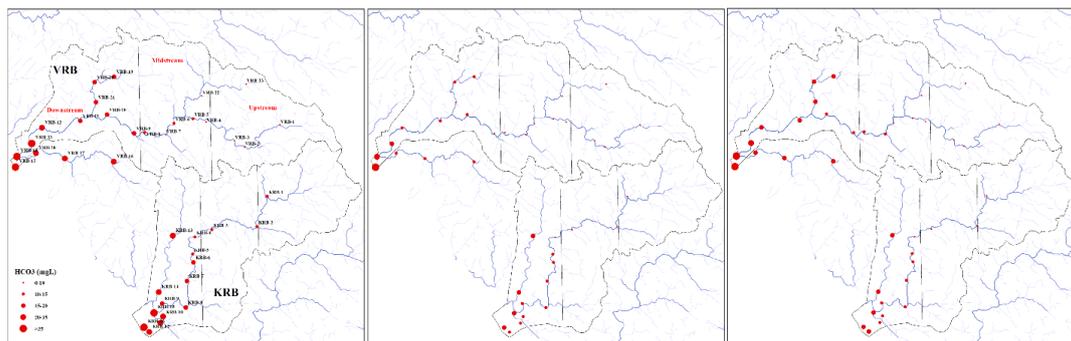


206 3.2 Hydrogeochemical Variations

207 The hydrochemistry of the KRB and VRB displayed distinct variations across all measured
208 parameters. For instance, pH values ranged from 5.04 to 7.23, with a mean of 6.38 while VRB
209 recorded a pH range of 6.6 to 8.2 and an average of 7.42, reflecting neutral to slightly alkaline.
210 Spatially, the upstream regions showing acidic (5.04-6.18) and seasonally the MON season
211 showing low pH values compared to PRM and POM. On the other hand, most of the major cations
212 followed similar trend irrespective of seasons. Spatially, Ca^{2+} , Mg^{2+} , Na^{+} , and K^{+} and
213 concentrations in KRB and VRB displayed consistent patterns in all the seasons (Fig. 3). The
214 concentrations of all these cations were higher in KRB basin compared to VRB. Among the
215 cations, the bicarbonate (HCO_3^{-}), a major species of dissolved inorganic carbon, displayed a
216 significant source to sink variability where the downstream region witnessing two orders the
217 concentrations in midstream region irrespective of season. Interestingly unlike the major cations,
218 the HCO_3^{-} concentration was significantly lower in the upstream regions of both the basins (Fig.
219 4). These reported major ions and HCO_3^{-} concentrations are consistent with the earlier reports
220 (Upendra et al., 2025) and sourced mainly through bed-rock and river water interaction (Fig. S4).
221



222
223 **Fig. 3:** Seasonal and spatial variability of selected major cations (Ca^{2+} , Mg^{2+} , Na^{+} , and K^{+}) across
224 the two basins.



225

226 **Fig. 4:** Seasonal and spatial variability of the HCO_3^- concentration from both the basins.

227

228 3.3 Nutrient Concentrations

229 The nutrient concentration levels in the KRB display clear seasonal trends corresponding to the

230 PRM, MON, and POM seasons (Fig. 4). Individually, DIN concentrations peaked during the PRM

231 (Fig. 4b) season for KRB, averaging around 0.43 mg L^{-1} , followed by moderate levels in both the

232 monsoon (0.26 mg L^{-1}) and post-monsoon (0.27 mg L^{-1}) seasons. Moreover, in POM season, most

233 of the DIN concentration (i.e., ~25-75%) falls below the mean value, implying that a few high

234 values (outliers) are pulling the mean upward, but most of the data exhibit lower values (Fig 4b).

235 The elevated sample values are attributed to the presence of higher values recorded in the tributary

236 river, especially at Jagathy (KRB-14) and the Kalady region (KRB-15). These areas are densely

237 populated and include prime industrial zones within the Trivandrum district (Fig. S2). In VRB, the

238 DIN values were marked high (1.94 mg L^{-1}) in the PRM season and low (0.13 mg L^{-1}) during the

239 MON season (Fig. 4d). On the other hand, DIP levels extremely low compared to other nutrients

240 in both rivers (Fig. 4d). In KRB, the highest value observed in the MON ($4.46 \text{ } \mu\text{g L}^{-1}$ season at the

241 outlet of the basin while the lowest value observed in the PRM season at the upstream ($0.21 \text{ } \mu\text{g L}^{-1}$)

242 region. The seasonal range of DIP concentrations in KRB (Fig. 4b) showed mean values of 0.58

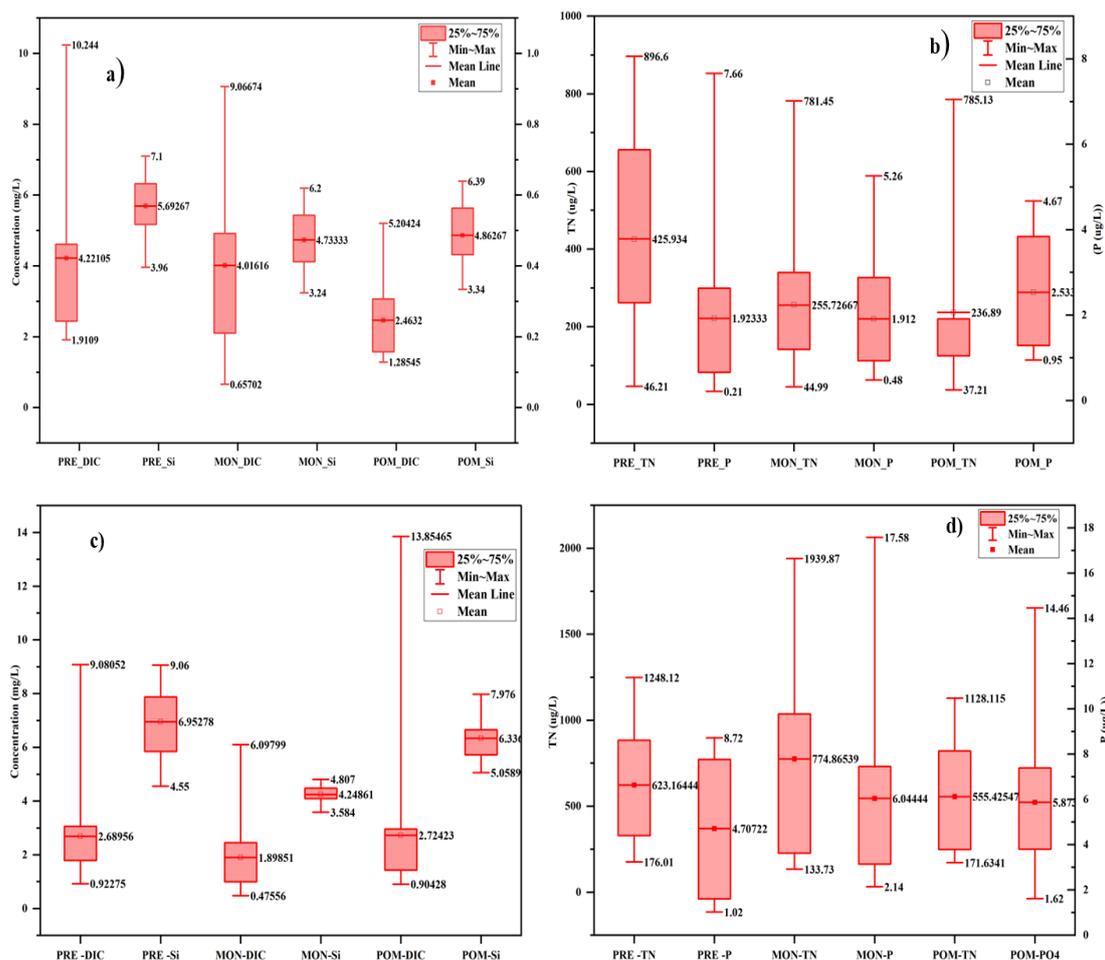
243 $\mu\text{g L}^{-1}$ (PRM), $2.26 \text{ } \mu\text{g L}^{-1}$ (MON), and $1.90 \text{ } \mu\text{g L}^{-1}$ (POM). Comparing seasonally highest values



244 were reported in the MON season and lowest in the PRM season. Unlike other parameters the DIP
245 values were decreasing consistently downward suggesting a strong spatial heterogeneity, nutrient
246 retention and flushing efficiency. Similarly, for VRB, the mean values of $4.04 \mu\text{g L}^{-1}$, $8.73 \mu\text{g L}^{-1}$,
247 and $5.87 \mu\text{g L}^{-1}$ for PRM, MON, and POM, respectively. Irrespective of the season, the lowest DIP
248 value was evidenced at the outlet of both the basins. These finding highlights distinct DIP behavior
249 in small tropical rivers.

250 DSi concentrations were higher among the three nutrients and highest during the PRM in both the
251 river basins (Fig. 4a). In the KRB, the DSi range and mean (Fig. 4a) show a highest value of 6.28
252 mg L^{-1} at the outlet during PRM and lowest (3.24mg L^{-1}) during the MON season. In contrast to
253 DIP concentrations, the Dsi concentrations displayed a gradual downstream increasing trend
254 irrespective of season in both the basins. In the VRB, the reported values are higher than those in
255 the KRB (Fig. 4c). The highest DSi concentration in VRB (8.02mg L^{-1}) was measured during the
256 PRM monsoon at the outlet and during the MON, values declined ($\sim 4.61 \text{mg L}^{-1}$) due to the dilution
257 from heavy rainfall and surface runoff, while POM concentrations ($\sim 7.98 \text{mg L}^{-1}$) remained
258 relatively moderate. Though the source to sink nutrient concentrations were unique from this study,
259 however, the outlet concentrations are consistent with the recent findings (Reddy et al., 2024).

260



261 **Fig. 5:** Box plot representing seasonal concentrations of HCO₃⁻ and DSi in a) KRB, c) VRB and
 262 DIN and DIP in b) KRB and d) VRB basins.

263 **3.4 Nutrient Ratios**

264 DIN: DIP ratios in both basins are consistently higher than the Redfield ratio of 16:1 (Cleveland
 265 et al., 2007), suggesting an excess of DIN relative to DIP. In KRB, downstream region (urban
 266 lowland) exhibited the highest nutrient yield, while the upstream forested region acted as a nutrient
 267 sink with minimal export. The DSi:DIN ratios in both basins are considerably greater than 1 in the



268 upstream regions, indicating an abundance of DSi over DIN. Moving downstream, the ratio
269 decreases sharply, suggesting an enrichment of DIN irrespective of the season. In the KRB, the
270 DSi:DIN ratio in the tributaries ranges between 4 and 11, showing relatively higher values during
271 the POM and PRM seasons, while the lowest values occur during the MON period.

272 In the VRB, midstream region (plantation and agricultural areas) showed the highest nutrient load,
273 while upstream region (low-gradient areas with small townships and agriculture) had the highest
274 nutrient yield (Table 1). The DSi:DIN ratio exceeds 1 only in the upstream areas, while in the
275 midstream and downstream regions, the values range approximately between 3 and 5. This pattern
276 indicates a relatively balanced contribution of dissolved nitrate and silica as reported earlier
277 (Nishitha et al., 2021). Similar to KRB, for the tributaries of VRB, the ratio remains higher during
278 the PRM and POM seasons but drops during the monsoon.

279

280 The calculated N-ICEP and P-ICEP indices for both basins exhibit negative values, reflecting an
281 overall excess of DSi relative to DIN and DIP. Among these, DIP concentrations remain
282 comparatively lower, reinforcing its role as the primary limiting agent. The mean N-ICEP and P-
283 ICEP values for KRB were -0.08 and $-0.09 \text{ kg km}^{-2} \text{ d}^{-1}$, while for VRB they were -0.03 and -0.05
284 $\text{kg km}^{-2} \text{ d}^{-1}$, respectively, at the river outlets. When compared with global and Indian river systems,
285 the ICEP values of both these tropical small mountainous rivers remain consistently negative,
286 signifying a low eutrophication potential. Overall, the ICEP values calculated for both the KRB
287 and VRB clearly indicate that DIP acts as the limiting nutrient. This suggests that the nutrient
288 stoichiometry within these basins favors DSi enrichment over DIN and DIP.

289

290



291 **4. Discussion**

292 **4.1 Hydrological Controls of Nutrient Distribution**

293 The spatiotemporal distribution of nutrients in the KRB and VRB is fundamentally controlled by
294 monsoon-driven hydrological variability, which regulates the balance between dilution,
295 catchment-scale solute mobilization, groundwater contributions, and in-stream biogeochemical
296 processing (Fig. S4; Gurumurthy et al., 2012; Reddy et al., 2024; Upendra et al., 2025). During
297 the PRM, reduced discharge enhances water residence time and increases the proportional
298 influence of groundwater, promoting the accumulation of HCO_3^- , DIN, and DSi through intensified
299 soil CO_2 fluxes, microbial mineralization, and prolonged water-rock interaction under baseflow-
300 dominated conditions (Raj et al., 2023; Wen et al., 2024). In the upstream region, intense rainfall
301 (~15000 mm; Reddy et al., 2019) during the MON season generates rapid hillslope runoff thus
302 elevates erosional and leaching fluxes that mobilize both DIN and particulate-bound DIP from
303 soils and anthropogenic sources (Ramos et al., 2019; Reddy et al., 2024). However, MON
304 discharge simultaneously imposes strong dilution, selectively suppressing conservative
305 weathering-derived solutes such as DIP and DSi, while amplifying source-driven constituents like
306 DIN in agricultural and anthropogenic domestic sewage influenced tributaries of VRB. The
307 contrasting physiography of the two basins further modulates these hydrological responses VRB's
308 wider valleys and deeper regolith enhance nutrient retention and solute exchange during rising and
309 falling limbs of the hydrograph, whereas KRB's steeper slopes and urbanized surface promote
310 hydrological flashiness and rapid nutrient export, particularly limiting DIP accumulation despite
311 high anthropogenic loading. Further, during the POM, mostly low-flow conditions, due to less
312 rainfall, reinstating elevated HCO_3^- and DSi concentrations through reactivated weathering inputs
313 and reduced dilution, while DIN and DIP reflect a combination of residual monsoon flushing,



314 biological uptake, and internal cycling (Liu et al., 2020). The consistent downstream enrichment
315 of DSi and DIN across seasons indicates cumulative solute loading governed by increasing
316 drainage area, intensified sediment-water interactions, and enhanced mineral dissolution in lower
317 reaches (Zhang et al., 2020; Reddy et al., 2024).

318 **4.2 Segment-wise Processes Influencing Nutrient Dynamics**

319 Segment-wise analysis of the KRB and VRB demonstrates that nutrient dynamics are governed by
320 distinct hydrological and biogeochemical controls across the mountainous-midland-lowland
321 continuum. In the upstream region, steep topography, dense forest cover, and rapid runoff maintain
322 uniformly low nutrient levels, while intense silicate weathering and sustained groundwater inputs
323 during the PRM season elevate both HCO_3^- and DSi, producing consistently high DSi:DIN ratios
324 characteristic of WG catchments (Nishitha et al., 2021; Reddy et al., 2024). In midstream region,
325 where agriculture, plantations, and rural settlements intensify, diversified flow pathways and
326 enhanced soil disturbance increase nutrient delivery; DIN responds strongly to fertilizer
327 mobilization and lateral subsurface transport during the MON season, while DIP rises moderately
328 due to erosional inputs and active sediment water exchange, restricted to upstream region. This
329 midstream zone functions as a key biogeochemical reactor where nitrification, mineral weathering,
330 and sorption-desorption processes imprint pronounced seasonal variability. On the other hand,
331 downstream region exhibits the clearest anthropogenic signature, with elevated DIN and DSi
332 arising from sewage inputs (Nishitha et al., 2021), industrial discharge (Upendra et al., 2025), and
333 intense chemical weathering (Upendra et al., 2025) in KRB, whereas in VRB, agrarian dominance
334 and higher runoff retention enhance DIN exports and sustain greater background concentrations
335 despite lower urbanization (Fig. S2). Increasing DIN and DSi concentrations toward the outlet in
336 both basins arise through contrasting mechanisms rapid urban flushing in KRB versus sediment-



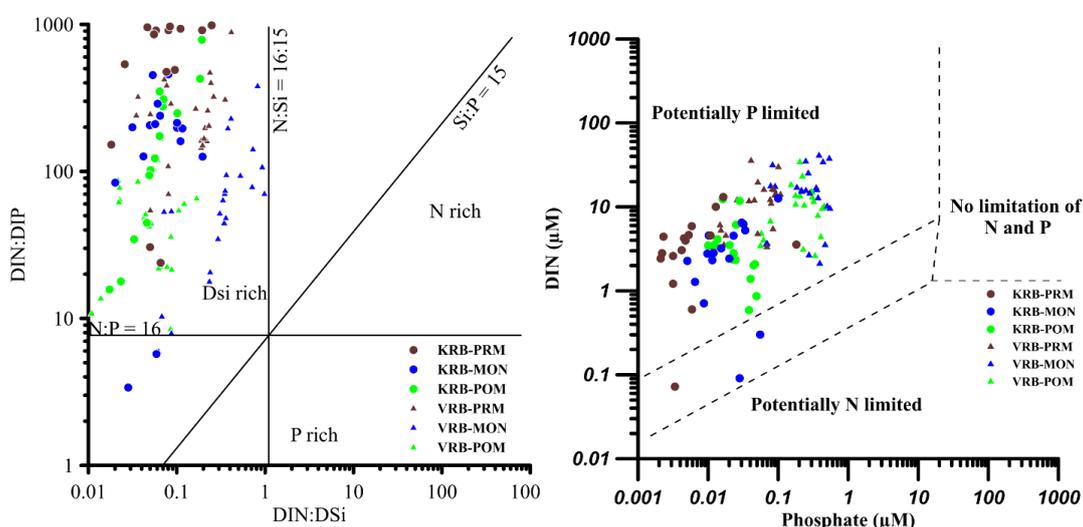
337 mediated retention and release in VRB while tributaries modulate these patterns by reflecting
338 localized land-use pressures, from industrial hotspots (KRB) to agricultural sub-basins (VRB).
339 Collectively, the segment-wise patterns show that geomorphic gradients, land-use intensity, and
340 monsoon-driven hydrological variability jointly control nutrient transformation and export,
341 reinforcing silica-rich conditions and persistent phosphorus limitation across both tropical small
342 mountainous river systems.

343 **4.3 Controls on P-limitation and Si-rich Conditions**

344 The plot of DIN: DSi ratios, using data from all seasons in both the KRB and VRB river basins,
345 shows that most of the samples fall in the DIP limited region (Fig. 6). This indicates that DIP is
346 the primary nutrient limiting biological productivity in both rivers (Fig. 6). This excess DIN may
347 be attributed to agricultural runoff, sewage discharge, and other human activities, particularly in
348 the mid and downstream segments, as specified earlier. DIP concentrations remain relatively low,
349 possibly due to rapid uptake by plants and algae or binding to soil minerals, which is common in
350 the acidic soils of tropical regions (Nishitha et al., 2021; Upendra et al., 2025). Recently, Reddy et
351 al. (2021) attributed the dominance of autochthons source of particulate organic carbon further
352 supporting the claim of in-situ production in these tropical small-scale mountainous rivers. Since
353 long, the WG region has recognised as intense chemical weathering zone (Gurumurthy et al., 2012;
354 Nishitha et al., 2021; Upendra et al., 2025). Thus, the higher DSi concentration in the current study
355 further validates that the intense chemical weathering of silicate-rich rocks, such as gneiss and
356 laterites, in the WG, particularly intensified during the MON season. In contrast, DIP remains
357 persistently low ($<10 \mu\text{g L}^{-1}$; Fig. 4) due to strong sorption to organic and suspended matter (Reddy
358 et al., 2024). Anthropogenic inputs disproportionately elevate DIN relative to DIP (Pandey et al.,
359 2016), with sewage and urban stormwater dominating in KRB and fertilizer leaching and runoff



360 retention driving DIN enrichment in VRB (Fig. 4). This imbalance consistently produces high
 361 DIN: DIP ratios and negative ICEP values, confirming P-limitation despite spatial variability in
 362 land use (Fig. 6). Seasonal and spatial patterns suggest that the hydrological transitions further
 363 strengthen these patterns, weathering-dominated headwaters supply abundant DSi and retain DIP,
 364 midstream mixed-use areas generate DIN through nitrification and fertilizer mobilization, and
 365 lowland reaches accumulate DIN through longer residence time and concentrated anthropogenic
 366 inputs. Overall, the stagnant conditions in the downstream region favors for high in-situ production
 367 that further supports the claim of limited DIP conditions in these small-west flowing coastal rivers
 368 (Fig. 6).



369

370 **Fig. 6:** Seasonal distribution of nutrient ratios in KRB and VRB basins.

371 4.4 Ecological Consequences

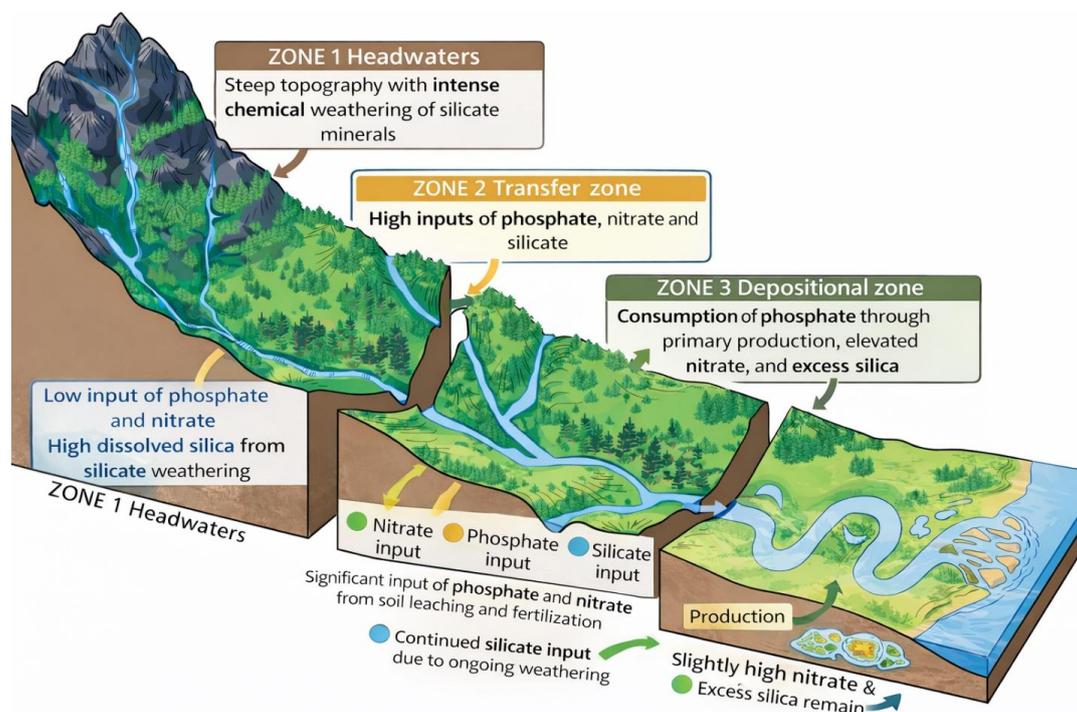
372 The pronounced P-limitation and Si-rich character of the KRB and VRB exert strong control over
 373 primary productivity, phytoplankton community structure, and downstream biogeochemical
 374 functioning (Peng et al., 2025). Persistent P scarcity suppresses diatom growth despite the high
 375 availability of DSi, leading to inefficient silica utilization and the downstream export of unused



376 DSi to coastal waters (Chen et al., 2014). This imbalance limits the development of silica-requiring
377 taxa and favours non-siliceous phytoplankton groups (e.g., cyanobacteria and chlorophytes) that
378 can exploit elevated DIN while tolerating low DIP, potentially altering trophic pathways and
379 reducing the nutritional quality of primary producers for higher consumers (Chu et al., 2014). High
380 DIN: DIP ratios, particularly during PRM and POM when point-source inputs dominate, enhance
381 the risk of N-fueled blooms of non-diatom species, even though overall eutrophication potential
382 remains low due to negative ICEP values. It is also known that P-limitation within river channels
383 constrains heterotrophic and autotrophic nutrient processing, reducing assimilation efficiency and
384 allowing DIN to be exported downstream with minimal transformation (Peng et al., 2025).
385 Similarly, the diatom production is suppressed under DIP scarcity (Srivastava et al., 2016; Lobo et
386 al., 2016), biological uptake of DSi remains low, allowing DSi to accumulate downstream and in
387 tributaries (Viaroli et al., 2013). This imbalance drives a pronounced decoupling of nutrient cycles,
388 wherein nitrogen is efficiently mobilised through the fluvial network while DIP remains
389 predominantly particle-associated and sediment-bound, weakening benthic–pelagic coupling and
390 diminishing internal biogeochemical feedback that ordinarily regulates nutrient retention (Chen et
391 al., 2014; Peng et al., 2025). Overall, it needs to be examined that the nutrient stoichiometry of the
392 KRB and VRB reflects a watershed regime in which P-limitation restricts balanced primary
393 productivity, weak biological DSi drawdown leads to Si accumulation, and sustained DIN
394 availability promotes ecological shifts toward non-siliceous phytoplankton, collectively
395 restructuring productivity, community composition, and biogeochemical coupling from
396 headwaters to the coastal interface (Fig. 7). In addition to this, there are no reported evidences of
397 overgrowth of phytoplankton or the presence of harmful algal blooms in the WG coast, particularly



398 near the outlet region of KRB and VRB further confirms the less role of these nutrient inputs in
399 the receiving coast ecosystem dynamics.



400

401 **Fig. 7:** Geomorphic control on nutrient and silica dynamics along the river continuum.

402 The conceptual model illustrates longitudinal hydrogeochemical evolution from headwaters to
403 depositional lowlands. In the steep headwater zone (Zone 1), intense silicate mineral weathering
404 under high-relief conditions generates elevated dissolved silica flux, while rapid runoff and short
405 residence time limit phosphate and nitrate accumulation. In the transfer zone (Zone 2), increased
406 tributary inflow and soil–water interaction enhances inputs of phosphate and nitrate, with
407 continued downstream transport of weathering-derived silica. In the low-gradient depositional
408 zone (Zone 3), prolonged water residence and floodplain stagnation promote primary production,
409 resulting in preferential phosphate consumption, slightly elevated residual nitrate, and persistence



410 of excess dissolved silica. The figure emphasizes the coupling between geomorphology, chemical
411 weathering intensity, and nutrient utilisation along the river continuum.

412 **5. Conclusion**

413 A comprehensive assessment of common hydrochemistry and nutrient fluxes in the small tropical
414 rivers, KRB and VRB, are studied in this study. The study concludes that the most of water sample
415 of both river basin shows characteristics behaviour of Ca-Mg-HCO₃ followed by Na-K-Cl-SO₄,
416 signify the water-rock interaction as main source for major ions in both the basins. The major focus
417 study is assessing the nutrient fluxes, their distribution throughout the system and highlights the
418 distinct biogeochemical characteristics of these tropical small catchments. The segment wise flux
419 estimation shows that the higher contribution of DIN and DSi for both the river basin is coming
420 from the downward region signifying the role of anthropogenic activities. The markedly high DSi
421 flux of KRB, comparable to large global river systems such as the Amazon and Mississippi, further
422 support the claim of intense silicate weathering in the tropical region due to interplay of lithology,
423 intense monsoonal rainfall, and steep terrain. Similarly, the elevated HCO₃⁻ flux in KRB reflects
424 active silicate weathering processes and substantial organic carbon input. In contrast, the VRB
425 exhibits relatively higher DIP and DIN fluxes, suggesting stronger anthropogenic influences and
426 nutrient mobilization through land use practices. This study finally stresses that both the rivers
427 exhibiting P-limit systems due to in-situ production in the downstream region favoured by stagnant
428 conditions. Overall, the study confirms the less influence of nutrient export dynamics in the
429 receiving coastal ecosystem health with implications for high downstream productivity.
430 Subsequent studies could explore seasonal and interannual changes in nutrient fluxes in small
431 tropical rivers, integrating detailed land-use mapping, sediment dynamics, and modeling



432 approaches, to clarify how topography, climate, and human activities collectively influence
433 nutrient transport to downstream coastal ecosystems.

434

435 **Acknowledgements**

436 The authors wish to record their appreciation for the institutional backing and motivation provided
437 by the Director of the National Centre for Earth Science Studies (NCESS) and the Head of the
438 Environmental Hydrology Group (EHG). They also acknowledge the contributions of the EHG
439 research staffs and technical personnel, whose support in laboratory operations and analytical
440 procedures was essential to this work.

441

442

443

444

445

446

447

448

449

450

451

452

453

454



455 **Funding**

456 The research presented in this manuscript was undertaken using internal funding support from the
457 Ministry of Earth Sciences, Government of India. The authors confirm that no additional financial
458 contributions were obtained from external organizations or funding bodies.

459

460 **Declaration of Competing Interest**

461 The authors state that no competing interests, financial or otherwise, exist in relation to this study.

462

463 **Author's contribution statement**

464 **B. Upendra and S. Kiran Kumar Reddy:** Conceptualized the study and wrote the original
465 manuscript; **M. Ciba, K. Jesuraja, S. Vidya, P. Vinnetha:** Contributed to field sample collection
466 laboratory analysis and data interpretation; **K. Anoop Krishnan:** Critically reviewed the
467 manuscript and provided resources.

468

469 **Data availability, Code availability, Code and data availability**

470 The data presented in this article are available from the corresponding author upon reasonable
471 request.



472 **Table 1:** Region-wise nutrient flux estimation of KRB and VRB basins.

Segment	Q (km ³ yr ⁻¹)		L _n (t yr ⁻¹)				Y _n (kg ha ⁻¹ yr ⁻¹)			
	Discharge	HCO ₃ ⁻	N	P	Si	HCO ₃ ⁻	N	P	Si	
<i>KRB</i>										
Upstream	0.46	694.74	32.40	0.35	1812.43	37.81	1.76	0.02	98.64	
Midstream	1.47	1298.30	112.46	1.01	2241.61	76.17	6.08	0.03	121.16	
Downstream	2.75	1786.96	119.85	0.44	1530.31	189.10	12.68	0.05	161.94	
Total	4.68									
Average						101.03	6.84	0.05	127.25	
<i>VRB</i>										
Upstream	0.58	194.98	39.64	0.99	894.59	14.13	2.87	0.04	64.83	
Midstream	1.75	1116.14	442.84	4.09	2998.90	26.89	10.67	0.08	72.26	
Downstream	2.07	130.81	23.66	0.30	124.64	81.75	14.78	0.11	107.90	
Total	4.40									
Average						40.92	9.44	0.07	81.66	

473

474

475

476

477

478

479

480

481

482

483



484 **References**

- 485 1. Ahmed, M. (2008). Geochemical and isotopic characteristics of Quaternary aquifer in
486 Sohag District, Upper Egypt. *Arab J Nucl Sci Appl*, 41(1), 129-146.
- 487 2. Aju, C.D., Reghunath, R., Achu, A.L. et al. Understanding the hydrogeochemical processes
488 and physical parameters controlling the groundwater chemistry of a tropical river basin, South
489 India. *Environ Sci Pollut Res* 29, 23561–23577 (2022). [https://doi.org/10.1007/s11356-021-](https://doi.org/10.1007/s11356-021-17455-w)
490 17455-w.
- 491 3. Alexander, R. B., Smith, R. A., Schwarz, G. E., Boyer, E. W., Nolan, J. V., & Brakebill, J.
492 W. (2008). Differences in phosphorus and nitrogen delivery to the Gulf of Mexico from the
493 Mississippi River Basin. *Environmental science & technology*, 42(3), 822-830.
- 494 4. Aniebone, V. O., Imo, D. O., & Shonde, O. O. (2024). Nutrients Pollution of the Coastal
495 Marine Ecosystems. *International Journal of Innovative Agriculture & Biology Research*, 12(2),
496 82-95.
- 497 5. Anu-Sha, A. P., Baiju, K. R., & Justine, K. A. (2024). Geochemistry of granulitic rocks
498 from the western Madurai Block, Southern Granulite Terrain, India and its Madagascar linkage.
499 *Journal of Mineralogical and Petrological Sciences*, 119(1), 221212.
- 500 6. Badimela, U., Manohar, C., Kamaraj, J., James, A., Upasana, A., Ganugapenta, S., &
501 Krishnan, A. (2024). Dynamic analysis of soil erosion and sediment yield engrossment involving
502 rainfall, land use and land cover impacts using GIS-based RUSLE & SDR modeling: southern
503 western Ghats River Basin of Kerala, India. *Geosciences Journal*, 28(6), 959-980.
- 504 7. Basu, N. B., Destouni, G., Jawitz, J. W., Thompson, S. E., Loukinova, N. V., Darracq, A.,
505 ... & Rao, P. S. C. (2010). Nutrient loads exported from managed catchments reveal emergent
506 biogeochemical stationarity. *Geophysical Research Letters*, 37(23).
- 507 8. Billen, G., & Garnier, J. (2007). River basin nutrient delivery to the coastal sea: assessing
508 its potential to sustain new production of non-siliceous algae. *Marine Chemistry*, 106(1-2), 148-
509 160.
- 510 9. Bouwman, A. F., Beusen, A. H., & Billen, G. (2009). Human alteration of the global
511 nitrogen and phosphorus soil balances for the period 1970–2050. *Global biogeochemical cycles*,
512 23(4).
- 513 10. Chadha, D. K. (1999). A proposed new diagram for geochemical classification of natural
514 waters and interpretation of chemical data. *Hydrogeology journal*, 7, 431-439.



- 515 11. Cleveland, C.C., Liptzin, D. (2007). C:N:P stoichiometry in soil: is there a “Redfield ratio”
516 for the microbial biomass?. *Biogeochemistry* 85, 235–252 <https://doi.org/10.1007/s10533-007->
517 9132-0.
- 518 12. Conley, D. J., Paerl, H. W., Howarth, R. W., Boesch, D. F., Seitzinger, S. P., Havens, K. E.,
519 ... & Likens, G. E. (2009). Controlling eutrophication: nitrogen and phosphorus. *Science*,
520 323(5917), 1014-1015.
- 521 13. David, S. E., Chattopadhyay, M., Chattopadhyay, S., & Jennerjahn, T. C. (2016). Impact of
522 human interventions on nutrient biogeochemistry in the Pamba River, Kerala, India. *Science of the*
523 *Total Environment*, 541, 1420-1430.
- 524 14. Finkler, N. R., Gücker, B., & Cunha, D. G. F. (2023). Nutrient uptake in tropical rivers
525 receiving wastewater treatment plant discharge: high mass removal but low nutrient uptake
526 efficiencies. *Ecological Indicators*, 154, 110865.
- 527 15. Fu, M., Wang, Z., Pu, X., Xu, Z., & Zhu, M. (2012). Changes of nutrient concentrations
528 and N: P: Si ratios and their possible impacts on the Huanghai Sea ecosystem. *Acta Oceanologica*
529 *Sinica*, 31, 101-112.
- 530 16. Garnier, J., Beusen, A., Thieu, V., Billen, G., & Bouwman, L. (2010). N: P: Si nutrient
531 export ratios and ecological consequences in coastal seas evaluated by the ICEP approach. *Global*
532 *Biogeochemical Cycles*, 24(4).
- 533 17. Guo L., Zhang J. Z. & Gueguen C. (2004). Speciation and fluxes of nutrients (N, P, Si)
534 from the upper Yukon River. *Global Biogeochemical Cycles* 18, GB1038. 12 PP.
- 535 18. Gupta, H., Reddy, K. K., Gandla, V., Paridula, L., Chiluka, M., & Vashisth, B. (2022).
536 Freshwater discharge from the large and coastal peninsular rivers of India: a reassessment for
537 sustainable water management. *Environmental Science and Pollution Research*, 29(10), 14400-
538 14417.
- 539 19. Houser, J. N., & Richardson, W. B. (2010). Nitrogen and phosphorus in the Upper
540 Mississippi River: transport, processing, and effects on the river ecosystem. *Hydrobiologia*,
541 640(1), 71-88.
- 542 20. Krishna, M. S., Viswanadham, R., Prasad, M. H., Kumari, V. R., & Sarma, V. V. (2019).
543 Export fluxes of dissolved inorganic carbon to the northern Indian Ocean from the Indian
544 monsoonal rivers. *Biogeosciences*, 16(2), 505-519.



- 545 21. Li, M., Xu, K., Watanabe, M., & Chen, Z. (2007). Long-term variations in dissolved
546 silicate, nitrogen, and phosphorus flux from the Yangtze River into the East China Sea and impacts
547 on estuarine ecosystem. *Estuarine, Coastal and Shelf Science*, 71(1-2), 3-12.
- 548 22. Li, R. H., Liu, S. M., Li, Y. W., Zhang, G. L., Ren, J. L., & Zhang, J. (2014). Nutrient
549 dynamics in tropical rivers, lagoons, and coastal ecosystems of eastern Hainan Island, South China
550 Sea. *Biogeosciences*, 11(2), 481-506.
- 551 23. Lobo, E. A., Heinrich, C. G., Schuch, M., Wetzel, C. E., & Ector, L. (2016). Diatoms as
552 bioindicators in rivers. In *River algae* (pp. 245-271). Cham: Springer International Publishing.
- 553 24. Meybeck, M. (1982). Carbon, nitrogen, and phosphorus transport by world rivers.
554 *American journal of Science*, 282(4), 401-450.
- 555 25. Mukherjee, M., Suresh, V. R., & Manna, R. K. (2018). Microplankton dynamics of a
556 coastal lagoon, Chilika: interactive effect of environmental parameters on microplankton groups.
557 *Environmental monitoring and assessment*, 190(11), 689.
- 558 26. Mulholland, P. J., Helton, A. M., Poole, G. C., Hall, R. O., Hamilton, S. K., Peterson, B. J.,
559 ... & Thomas, S. M. (2008). Stream denitrification across biomes and its response to anthropogenic
560 nitrate loading. *Nature*, 452(7184), 202-205.
- 561 27. Nie, J., Feng, H., Witherell, B. B., Alebus, M., Mahajan, M. D., Zhang, W., & Yu, L. (2018).
562 Causes, assessment, and treatment of nutrient (N and P) pollution in rivers, estuaries, and coastal
563 waters. *Current pollution reports*, 4(2), 154-161.
- 564 28. Padmalal, D. (1996). Sedimentary structures and texture of the Warkalli sandstone (Mio-
565 Pliocene) at Cherunniyoor, Kerala. *Journal Geological Society of India*, 48(4), 403-407.
- 566 29. Rangel-Buitrago, N., Galgani, F., & Neal, W. J. (2024). Addressing the global challenge of
567 coastal sewage pollution. *Marine Pollution Bulletin*, 201, 116232.
- 568 30. Ravi, N. K., Srivastava, A., Ram, K., & Jha, P. K. (2021). Nutrient chemistry and
569 eutrophication risk assessment of the Ghaghara river, India. *Water Supply*, 21(7), 3486-3502.
- 570 31. Reddy, S. K. K., Gupta, H., & Reddy, D. V. (2019). Dissolved inorganic carbon export by
571 mountainous tropical rivers of the Western Ghats, India. *Chemical Geology*, 530, 119316.
- 572 32. Reddy, S. K. K., Gupta, H., Gandla, V. K., Reddy, D. V., Kurakalva, R. M., & Kumar, D.
573 (2024). Nutrient dynamics in small west-flowing tropical mountainous rivers of India. *Applied*
574 *Geochemistry*, 169, 106035.



- 575 33. Reddy, S. K. K., Gupta, H., Badimela, U., Reddy, D. V., Kurakalva, R. M., & Kumar, D.
576 (2021). Export of particulate organic carbon by the mountainous tropical rivers of Western Ghats,
577 India: Variations and controls. *Science of the Total Environment*, 751, 142115.
- 578 34. Seitzinger, S. P., Harrison, J. A., Dumont, E., Beusen, A. H., & Bouwman, A. F. (2005).
579 Sources and delivery of carbon, nitrogen, and phosphorus to the coastal zone: An overview of
580 Global Nutrient Export from Watersheds (NEWS) models and their application. *Global*
581 *biogeochemical cycles*, 19(4).
- 582 35. Srivastava, P., Verma, J., Grover, S., & Sardar, A. (2016). On the importance of diatoms as
583 ecological indicators in river ecosystems: A review. *Indian J Plant Sci*, 5(1), 70-86.
- 584 36. Stosch, H.-G. (2022). Excel template to plot hydrochemical data into a Piper diagram (1.0).
585 Zenodo. <https://doi.org/10.5281/zenodo.5994293>.
- 586 37. Sunil, P. S., Radhakrishna, M., Kurian, P. J., Murty, B. V. S., Subrahmanyam, C., Nambiar,
587 C. G., ... & Mohan, S. K. (2010). Crustal structure of the western part of the Southern Granulite
588 Terrain of Indian Peninsular Shield derived from gravity data. *Journal of Asian Earth Sciences*,
589 39(6), 551-564.
- 590 38. Tong, Y., Zhao, Y., Zhen, G., Chi, J., Liu, X., Lu, Y., Wang, X., Yao, R., Chen, J. and Zhang,
591 W. (2015). Nutrient loads flowing into coastal waters from the main rivers of China (2006–2012).
592 *Scientific reports*, 5(1), p.16678.
- 593 39. Turner, R. E., Rabalais, N. N., Justic, D., & Dortch, Q. (2003). Global patterns of dissolved
594 N, P and Si in large rivers. *Biogeochemistry*, 64(3), 297-317.
- 595 40. Tyagi, S., Dobhal, R., Kimothi, P.C. et al. Studies of River Water Quality Using River Bank
596 Filtration in Uttarakhand, India. *Water Qual Expo Health* 5, 139–148 (2013).
597 <https://doi.org/10.1007/s12403-013-0097-z>.
- 598 41. Upendra, B., Ciba, M., Rahul, S., Sreenivasulu, G., Reddy, S. K. K., Arun, V., & Krishnan,
599 K. A. (2025). Dissolved load, chemical weathering, and CO₂ uptake dynamics of small tropical
600 mountainous rivers of Southern Granulite Terrain, Karamana and Vamanpuram, Western Ghats,
601 India. *Scientific Reports*, 15(1), 11684.
- 602 42. Varghese, T. I., Prakash, T. N., & Nagendra, R. (2016). Depositional history of coastal plain
603 sediments, Southern Kerala, South West India. *Journal of Earth Science and Climatic Change*,
604 7(355), 1-8.



- 605 43. Varma, K., & Jha, P. K. (2023). Spatial and seasonal variations in nutrient load and trophic
606 status of Ganga and Yamuna rivers in Uttar Pradesh, India. *Water Supply*, 23(6), 2553-2574.
- 607 44. Varma, K., & Jha, P. K. (2023). Spatial and seasonal variations in nutrient load and trophic
608 status of Ganga and Yamuna rivers in Uttar Pradesh, India. *Water Supply*, 23(6), 2553-2574.
- 609 45. Varma, K., & Jha, P. K. (2024). Phosphorus distribution in the water and sediments of the
610 Ganga and Yamuna Rivers, Uttar Pradesh, India: Insights into pollution sources, bioavailability,
611 and eutrophication implications. *Environmental Monitoring and Assessment*, 196(4), 336.
- 612 46. Viaroli, P., Nizzoli, D., Pinardi, M., Rossetti, G., & Bartoli, M. (2013). Factors affecting
613 dissolved silica concentrations, and DSi and DIN stoichiometry in a human impacted watershed
614 (Po River, Italy). *Silicon*, 5, 101-114.
- 615 47. Wei, Z., Yu, Y., & Yi, Y. (2023). Analysis of future nitrogen and phosphorus loading in
616 watershed and the risk of lake blooms under the influence of complex factors: Implications for
617 management. *Journal of Environmental Management*, 345, 118662.
- 618 48. Wollheim, W. M., Peterson, B. J., Thomas, S. M., Hopkinson, C. H., & Vörösmarty, C. J.
619 (2008). Dynamics of N removal over annual time periods in a suburban river network. *Journal of*
620 *Geophysical Research: Biogeosciences*, 113(G3).
- 621 49. Zeng, Z., Chen, F., Lao, Q., & Zhu, Q. (2025). Effects of Nutrients on the Phytoplankton
622 Community Structure in Zhanjiang Bay. *Journal of Marine Science and Engineering*, 13(7), 1202.
- 623 50. Zhang, P., Xu, J. L., Zhang, J. B., Li, J. X., Zhang, Y. C., Li, Y., & Luo, X. Q. (2020).
624 Spatiotemporal dissolved silicate variation, sources, and behavior in the eutrophic Zhanjiang Bay,
625 China. *Water*, 12(12), 3586.