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Impacts of South Asian aerosol inflow over Mount Qomolangma on downstream cloud–precipitation processes through a long-range ice-crystal "seeding" effect

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Abstract. Mount Qomolangma (MQ) serves as a natural laboratory for investigating aerosol–cloud–precipitation interactions over the Tibetan Plateau (TP). Using satellite and comprehensive ground-based observations, we identify pronounced ice-cloud activation associated with transported exogenous aerosols. Under different large-scale atmospheric circulation regimes, ice-phase cloud activated over MQ can be efficiently transported downstream through distinct pathways, exerting a pronounced ice crystal seeding effect on cloud–precipitation conversion. The spatial patterns of these downstream pathways are highly consistent with regions of enhanced ice-phase occurrence, precipitation, and upper-tropospheric latent heat release. This study provides new insight into the downstream impacts of aerosol transport through ice seeding for cloud precipitation. The findings highlight the important role of aerosol-induced ice-phase processes in modulating cloud and precipitation systems over the "Third Pole" and its downstream regions, with significant implications for understanding downstream extreme precipitation and environment change under South Asian increasing anthropogenic influences.

Keywords: aerosol–cloud–precipitation interactions, ice-cloud activation, ice crystal seeding effect, the downstream impacts of aerosol transport, Mount Qomolangma

1 Introduction

The evolution of precipitation is complex and occurs in various forms, influenced not only by multiple physical processes—such as vertical motion within clouds, liquid water production, turbulent structures, and cloud lifetimes—but also by the characteristics of aerosol loading (Twomey et al., 1984; Levin and Cotton 2009; Xu et al., 2025). Theoretically, aerosols exert the significant influence on both the development of clouds and the formation of precipitation from the macrophysical and microphysical perspectives (Zhang et al., 2017; Zhou et al., 2017; Zhao et al., 2024). Aerosols can act as cloud condensation nuclei (CCN) or ice nuclei (IN), altering

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cloud microphysical properties and precipitation processes (Twomey, 1977; Penner et al., 2001; Rosenfeld et al., 2014; Zhao et al., 2025). However, for a long time, the role of anthropogenic aerosols in modulating rainfall has long remained a contentious issue in climate science, with substantial evidence supporting both enhancement (Khain et al., 2005; Fan et al., 2018) and suppression (Qian et al., 2009; Liu et al., 2011; Guo et al., 2016; Liu et al., 2020b) effects. Regional studies further emphasize such complexity (Giorgi et al., 2002; Menon et al., 2002).

Mounting evidence suggests that the southern slopes of the Himalayas now serve as a major transport pathway and sensitive receptor zone for aerosols originating from South Asia (Hindman and Upadhyay, 2002; Ramanathan et al., 2005; Huang et al., 2007; Lawrence, 2011; Ming et al., 2013; Liu et al., 2015; Cong et al., 2015; Kang et al., 2019; Li et al., 2020; Liu et al., 2020a; Wang et al., 2020; Zhao et al., 2020). This implies that an issue of aerosols influencing cloud properties have emerged as a new challenge for research on the role of the Tibetan Plateau (TP) in climate change. Xu et al. (2025) found that during the Indian summer monsoon, aerosols from South Asia have a distinct activation effect on the cloud-precipitation process over the Mount Qomolangma (MQ). Under dynamic lifting, the increase in aerosols, which inhibits and delays weak precipitation over the MQ, instead intensifies the development of clouds over the MQ, leading to heavy precipitation on the north slope. The synergy of the MQ thermal-dynamic driving mechanism and the aerosol activation effect can trigger the deep convection in the precipitation process on the north slope of the MQ. Cloud development is more intense with the aerosol activation effect. MQ serves as a natural laboratory for investigating aerosol–cloud–precipitation interactions over the TP. Despite these impacts, the intricate interactions between aerosol and cloud microphysics make the effects of aerosol on precipitation poorly understood (Levin and Cotton 2009; IPCC Climate Change 2013), and understanding of aerosol–cloud–precipitation interactions over the TP and their downstream impacts remains particularly limited.

Meanwhile, as the roof of the world, the TP acts as a vast engine, driving the nearby movements of water vapor, clouds, and aerosols (Kang et al., 2019; Liu et al., 2020a). The TP shows prominent transport characteristics of cloud systems and water vapor over itself and surrounding regions. Such eastward transport effect is vital to the formation of precipitation processes and even floods in downstream eastern China. (Xu et al., 2001, 2002, 2006; Miao et al., 2002; Zhuo et al., 2002; Wan et al., 2017). Nevertheless, previous studies have only examined the effects of aerosols over the TP and its surrounding areas on local precipitation (Jiang et al., 2023; Ying et al., 2023). without considering the possible upstream-downstream linkage effects between the plateau and eastern China induced by the transport effect of the TP.

As part of the Second Tibetan Plateau Scientific Expedition and Research Program (STEP), a comprehensive

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vertical observation experiment focusing on aerosol–cloud–precipitation interactions was carried out in the MQ region (Xu et al., 2025). This observational framework combines ground-based aerosol lidar measurements, X-band dual-polarization weather radar observations for mesoscale weather systems, routine surface meteorological observations and satellite observations (Ma et al., 2023; Xu et al., 2025). Leveraging these coordinated measurements, we herein explore the impacts of South Asian aerosol inflow over MQ on downstream cloud-precipitation processes. In particular, the activation of ice-phase clouds by transported aerosols and the subsequent long-range downstream transport of ice nuclei may exert a "seeding" effect, whereby ice crystals enhance cloud–precipitation conversion processes far from their source regions. Such mechanisms could alter latent heat release, cloud dynamics, and precipitation patterns in downstream areas of East Asia. Consequently, investigating the pathways and mechanisms through which aerosol-activated ice clouds influence downstream cloud–precipitation systems holds fundamental scientific significance and practical relevance in the context of climate change and increasing anthropogenic activities.

2 Data and methods

2.1 Aerosol lidar observations

A ground-based lidar system manufactured by the Anhui Institute of Optics and Fine Mechanics, Chinese Academy of Sciences, was deployed at the MQ site to conduct continuous observations of aerosol extinction coefficients (AEC) during July 2018 and July 2019 (Xiang et al., 2021; Ma et al., 2023). The AEC was retrieved using the Fernald inversion method (Fernald, 1984), and cloud contamination was removed using an empirical threshold-based cloud-screening algorithm (Liu and Sugimoto, 2002). Detailed quality-control procedures follow those described by Xiang et al. (2020). In this study, aerosol conditions were classified based on daily mean AEC values at the MQ site (Xu et al., 2025). Days with AEC ≥ 0.025 km^{-1} were defined as high-aerosol-loading events, whereas days with AEC < 0.025 km^{-1} were classified as low-aerosol-loading events for both July 2018 and July 2019 (Table S1).

2.2 X-band dual-polarization radar observations

An X-band dual-polarization weather radar, provided by the Institute of Plateau Meteorology, China

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Meteorological Administration, Chengdu, was operated at the MQ site during July 2019 (Ma et al., 2023). The radar data underwent comprehensive quality-control procedures, including ground-clutter suppression, noise-bias correction of correlation coefficients and differential reflectivity, differential phase filtering, estimation of differential propagation phase shift, and attenuation correction for reflectivity and differential reflectivity (Xiao et al., 2012; Wang et al., 2019). These processed radar observations were used to characterize convective intensity and precipitation-related microphysical features and to examine their relationships with aerosol loading and cloud-phase variations.

2.3 Satellite cloud-phase products

Hourly full-disk cloud-phase products from the FengYun-4A Advanced Geosynchronous Radiation Imager (FY-4A/AGRI), provided by the National Satellite Meteorological Center of China, were used to identify cloud-phase distributions. The data are provided in a nominal projection with a spatial resolution of 4 km at nadir. Cloud-phase statistics for July 2018 and July 2019 were derived to examine the upstream–downstream relationships between aerosol loading, cloud-phase occurrence, and precipitation under high- and low-aerosol conditions at the MQ site.

2.4 Aerosol optical depth data

Monthly aerosol optical depth (AOD) data at 0.55 micron from the MODIS Combined Dark Target and Deep Blue Collection 6.1 product were used to characterize long-term aerosol distribution and trends over South Asia and East Asia during July 2000–2020. The data have a spatial resolution of 1° × 1°, which is particularly suitable for bright surfaces such as plateaus, deserts, and arid regions (Levy et al., 2013; Sayer et al., 2014; de Leeuw et al., 2018).

2.5 Meteorological observations and reanalysis data

Hourly and daily surface meteorological observations were obtained from the Data Sets of Surface Meteorological Elements in China released by the National Meteorology Information Center, China Meteorological Administration. These data were used to analyze precipitation variability and its relationship with aerosol and cloud-phase anomalies in downstream regions.

To examine large-scale circulation patterns and latent heat distributions associated with different aerosol-loading conditions, hourly and monthly meteorological reanalysis data for July 2018 and July 2019 were obtained

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from the European Centre for Medium-Range Weather Forecasts. The data have a horizontal resolution of 0.25° × 0.25° and were used to characterize atmospheric circulation structures and thermodynamic anomalies linked to aerosol-induced cloud and precipitation responses.

3 Results

3.1 Aerosol–cloud phase relationships in deep convective systems over the MQ

Recently, the spatial correlation of the daily AOD with cloud properties and precipitation during both wet and dry monsoonal years indicated a positive association of relatively high aerosol concentrations with cloud vertical development and precipitation (Adhikari and Mejia, 2021). Satellite observations indicate pronounced aerosol optical depth (AOD) over South Asia and the Himalayan region, with a zonally elongated band of high correlation between South Asian aerosols and aerosol loading along the southern TP margin near MQ (Fig. 1a). This high-AOD belt, stretching from the South Asian plains to the Himalayan foothills, is commonly known as the Atmospheric Brown Cloud (Ramanathan et al., 2005; Zhao et al., 2020). Interannual variability in July AOD from 2000 to 2020 further reveals persistent and intensifying aerosol accumulation along the southern Himalayan slopes, originating from South Asia and showing a clear upward trend (Fig. 1b). These aerosols have been demonstrated to substantially influence cloud microphysical processes and precipitation patterns (Xu et al., 2025).

Relatively, the aerosol loading over the TP is much lower than those over other regions, thus leading to the more sensitive response of precipitation to aerosol-cloud interactions (Liu et al., 2022). Cloud and precipitation processes are easily affected in relatively clean atmospheric environments (Garrett and Zhao, 2006; Zhao et al., 2020). Previous studies have already revealed that absorbing aerosols over the TP have been proposed to directly affect monsoon rainfall through the elevated-heat-pump mechanism (Lau et al., 2008; Luo et al., 2020; Liu et al., 2022). During the Indian summer monsoon, low-level moist air masses originating from the Arabian Sea transport substantial aerosol loads across the Indian subcontinent and ascend along the southern slopes of the Himalayas toward MQ, supplying abundant CCN and IN essential for orographic cold-cloud precipitation. Observations reveal a positive correlation between aerosol concentration and the abundance of ice-phase hydrometeors in anvil clouds; the associated latent heat release from enhanced freezing further intensifies updrafts. Satellite-derived cloud-phase statistics demonstrate that under high aerosol loading, the occurrence frequencies of ice-phase, supercooled liquid, and mixed-phase clouds are 52.81%, 20.68%, and 16.34%, respectively—compared to 35.71%,

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15.22%, and 8.06% under low aerosol loading. Conversely, liquid-phase clouds occur significantly more frequently under low aerosol conditions (13.98%) than under high aerosol conditions (4.83%) (Fig. 1c). Compared with water clouds, ice clouds are observed more frequently and are more significantly correlated with aerosols over the TP, which is consistent with prior observational and modeling evidence (Hua et al., 2020).

An integrated analysis of the diurnal cycles of aerosol extinction coefficients from lidar observations, maximum radar reflectivity from X-band dual-polarization radar, and cloud-phase frequencies further reveals that aerosol concentrations exhibit a statistically robust positive correlation exclusively with ice-phase and mixed-phase cloud occurrences—not with liquid- or supercooled liquid-phase clouds (Fig. 1d, 1e). Moreover, ice-phase and mixed-phase clouds display in-phase peak–trough relationships with the diurnal cycle of maximum radar reflectivity (Fig. 1d, 1e), indicating that these cloud types represent the dominant manifestation of aerosol-induced deep convective activation. Aerosol concentrations significantly promote the formation of ice-phase and mixed-phase clouds in deep convective systems, whereas low aerosol concentrations favor the persistence of liquid-phase clouds. Under the combined effects of strong orographic lifting and enhanced thermodynamic forcing over MQ, aerosol-induced apparent heat sources facilitate the formation of additional ice clouds. The associated latent heat release enables more numerous and smaller cloud droplets to be lifted to higher altitudes, enhancing collision, riming, and aggregation processes among ice crystals and cloud droplets. High concentrations of carbonaceous aerosols, acting as efficient ice nuclei, preferentially activate convective clouds dominated by ice-phase and mixed-phase hydrometeors, thereby intensifying deep convection over MQ. This finding aligns with prior observational and modeling evidence showing that high aerosol loading enhances deep convective cloud invigoration and strengthens the apparent heat source over MQ (Xu et al., 2025), thereby may further intensifying thermodynamic forcing on downstream cloud and precipitation systems.

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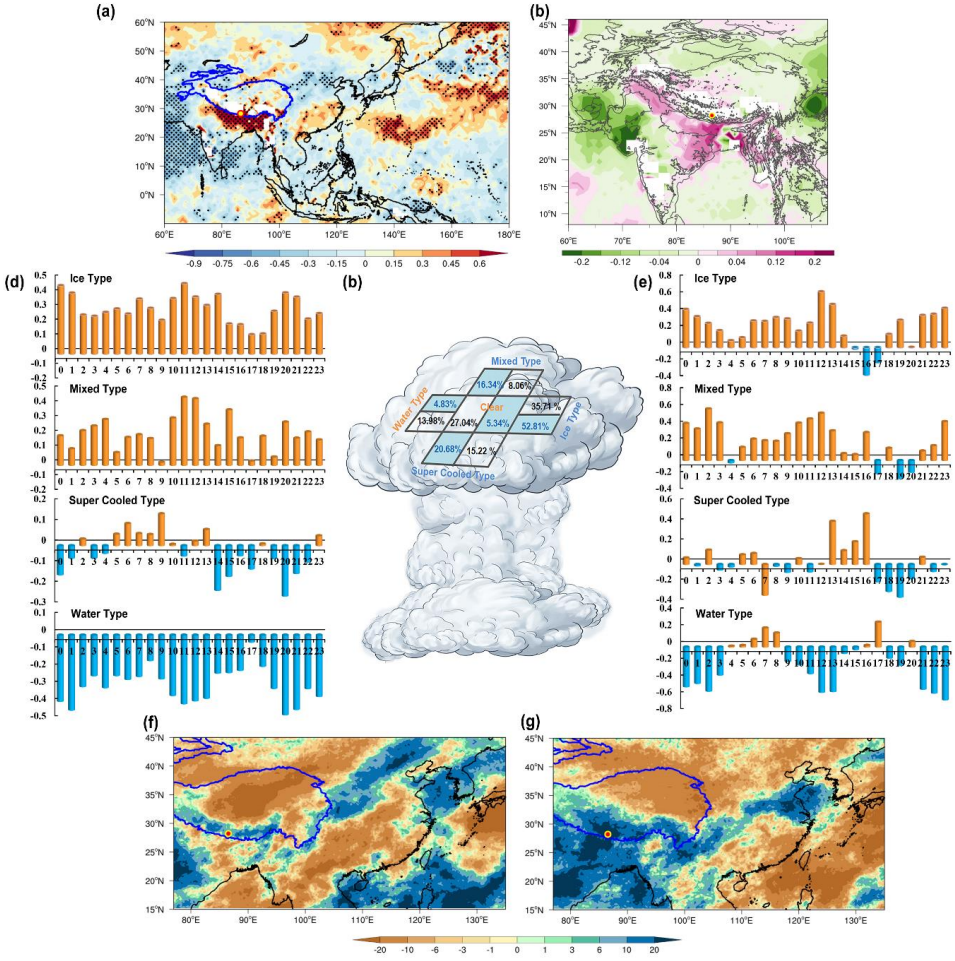

Figure 1. Aerosol distribution and cloud-phase responses over MQ: (a) Spatial correlation between AOD over the MQ region and East Asia during July 2000–2020, dotted regions indicate correlations statistically significant at the 90% confidence level ($P > 0.1$, $n = 21$); (b) Linear trends of July AOD over South Asia and the Himalayan region during 2000–2020; (c) Percentage contributions of ice-phase, mixed-phase, supercooled liquid, and liquid clouds under high- versus low-aerosol-loading conditions during July 2018 and July 2019; (d) Diurnal variation in the correlation coefficient between lidar-derived aerosol extinction coefficient and cloud-phase occurrence ($n = 62$, July 2018 and July 2019); (e) Diurnal variation in the correlation coefficient between maximum radar reflectivity from X-band dual-polarization radar and cloud-phase occurrence ($n = 31$, July 2019); (f, g) Spatial distributions of daily ice-phase cloud-frequency anomalies under high versus low aerosol loading for (f) July 2018 and (g) July 2019.

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3.2 Downstream transport pathways and cloud–precipitation responses

The TP dynamically operates as a quasi-stationary large-scale vortex, facilitating the transport of moisture, clouds, and aerosols from lower latitudes to higher elevations (Xu et al., 1998, 2001, 2002, 2006; Zhuo et al., 2002; Wan et al., 2017; Kang et al., 2019; Liu et al., 2020a). Then, aerosol–cloud interactions over the TP may not only affect the local precipitation but also contribute to downstream precipitation. Variations in large-scale circulation patterns modulate the upstream–downstream impacts of high versus low aerosol loading, giving rise to distinct downstream pathways of cloud-phase anomalies (Fig. S1). Compared with low aerosol conditions, high aerosol loading over MQ leads to notably stronger cloud–precipitation activation and more pronounced downstream effects. In particular, downstream anomalies are dominated by ice-phase and mixed-phase clouds, rather than liquid or supercooled liquid clouds. In July 2018, the downstream pathway of ice-phase and mixed-phase cloud-frequency anomalies associated with high aerosol loading extended from MQ along a southwest–northeast corridor toward the northeastern Tibetan Plateau and the Yellow River basin. In contrast, during July 2019, the anomaly pathway extended predominantly eastward from MQ along the Yangtze River and Huai River basins. Figure 1f and 1g illustrate the banded upstream–downstream distributions of daily ice-phase and mixed-phase cloud-frequency anomalies under high versus low aerosol conditions for July 2018 and July 2019, respectively.

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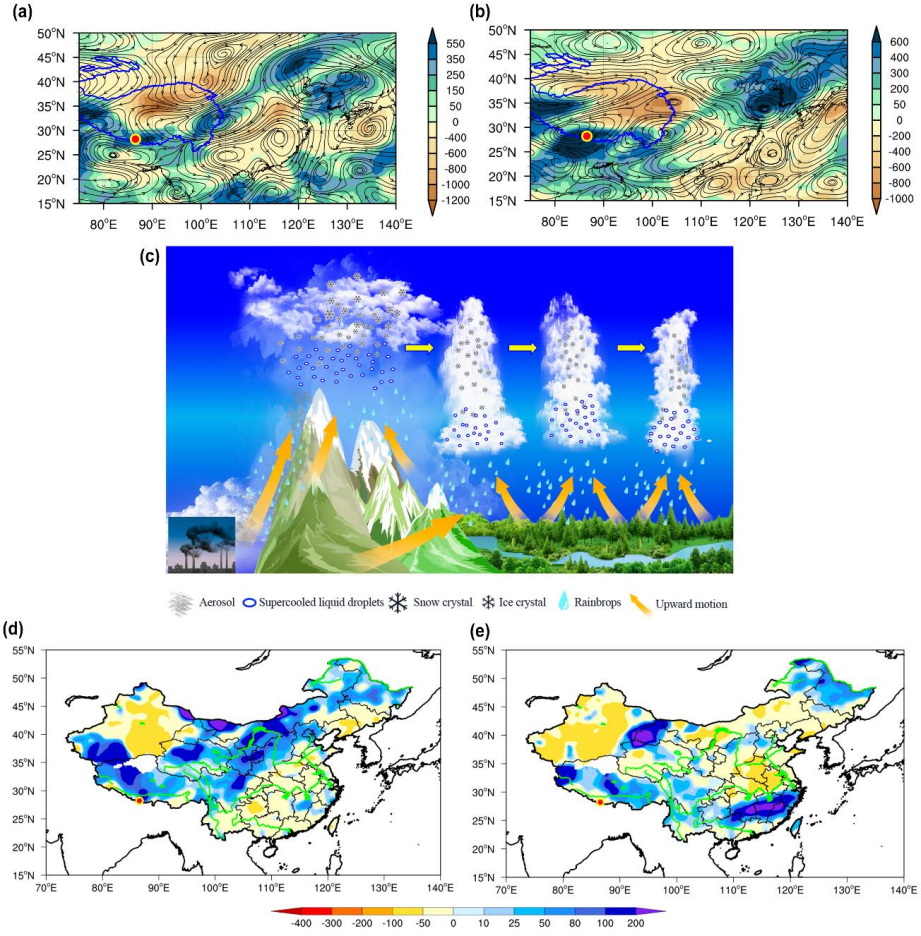

Figure 2. Downstream pathways of latent heat release and precipitation anomalies: (a, b) Anomalies in 300-hPa atmospheric circulation (first-order filtered) and latent heat release under high- versus low-aerosol-loading conditions over MQ for (a) July 2018 and (b) July 2019; (c) Conceptual schematic illustrating the ice-nucleating role of externally transported aerosols in promoting ice-cloud–precipitation conversion and modulating downstream precipitation; (d, e) Spatial distributions of precipitation anomalies associated with high- versus low-aerosol-loading conditions for (d) July 2018 and (e) July 2019.

When numerous ice crystals form through vapor sublimation and the freezing of lofted cloud droplets, substantial latent heat is released, further intensifying convective development (Rosenfeld, 2006). Analysis of 300-hPa circulation anomalies and latent heat release anomalies under high- versus low-aerosol-loading conditions over MQ for July 2018 and 2019 reveals that the spatial distribution of latent heat anomalies (Fig. 2a,

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2b) align closely with that of the pathways of ice-phase and mixed-phase cloud-frequency anomalies (Fig. 1f, 1g), as well as the corresponding precipitation anomalies (Fig. 2d, 2e). Figure 2d and 2e illustrate that precipitation anomalies associated with high versus low aerosol loading over MQ also exhibit distinct downstream pathways. In July 2018, precipitation anomalies form a southwest–northeast-oriented band extending toward the northeastern TP and the Yellow River basin, while in July 2019, the anomalies extend eastward along the Yangtze and Huai River basins. This reveals that high aerosol loading over MQ exerts a dual influence along downstream transport pathways: it enhances cloud ice–precipitation conversion through effective glaciation seeding, and it induces pronounced banded anomalies in upper-tropospheric latent heat release. Among these, ice-nucleating particles (INPs) initiate heterogeneous ice nucleation in supercooled clouds (Lohmann and Feichter, 2005). Aerosol-enhanced deep convection over MQ propagates thermodynamic perturbations over long distances, driving coordinated ice-cloud development, cloud–ice interactions, and vertically distributed latent heat release across multiple tropospheric layers. Through this cascade, ice crystals serve as precipitation embryos that seed lower-level clouds and reorganize precipitation spatial patterns along climatically sensitive downstream corridors, ultimately reshaping regional cloud regimes and precipitation distributions over Eastern China (Fig. 2c).

3.3 Seeding effects of aerosol-activated ice clouds on downstream precipitation

To further confirm the seeding effects of aerosol-activated ice clouds on downstream precipitation, we perform tracking analyses of upstream high-aerosol events to investigate their influences on downstream precipitation in the following three days, that is, the downstream precipitation-affected regions evolve continuously starting from the pollution day over the subsequent two days. As shown in Figure 3, with the occurrence of upstream high-aerosol episodes, intense precipitation gradually develops over eastern downstream regions, and higher precipitation is observed. These heavy precipitation belts align closely with the high-frequency downstream pathways of ice-phase and mixed-phase clouds linked to high aerosol loading (Fig. 1f, 1g), as well as the spatial distribution of latent heat anomalies (Fig. 2a, 2b). This further confirms the seeding effects of aerosol-activated ice clouds on downstream precipitation. From a physical perspective, one important mechanism within mid-latitude stratiform and mixed-phase cloud precipitation systems is the seeder-feeder mechanism, known to significantly enhance precipitation and thus play a critical role in the Earth's water cycle (Purdy et al., 2005; He et al., 2015; Heymsfield et al., 2020). Seeder clouds, which can be pure ice or mixed-phase clouds themselves,

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produce ice crystals, for example supported by INPs, that fall into feeder clouds below (Ramelli et al., 2021). Feeder clouds, acting as a moisture reservoir, typically mainly consist of supercooled liquid cloud droplets that contribute to the growth of falling ice crystals or to an enhancement of particle number and ice mass (Hosler et al., 1957). The Wegener-Bergeron-Findeisen process (Wegener, 1911; Bergeron, 1935; Findeisen, 1938), where water vapor preferentially deposits onto ice crystals at the expense of supercooled droplets, accelerates ice growth and enhances precipitation. In this framework, upper-level ice crystals serve as precipitation embryos, while the abundant supercooled liquid water in the lower cloud layers provides the essential microphysical environment for their growth into precipitating hydrometeors. Furthermore, the contrasting downstream precipitation pathways between the two years underscore the critical role of background circulation patterns—such as the subtropical high and monsoon system configurations—in shaping aerosol-induced cloud–precipitation responses.

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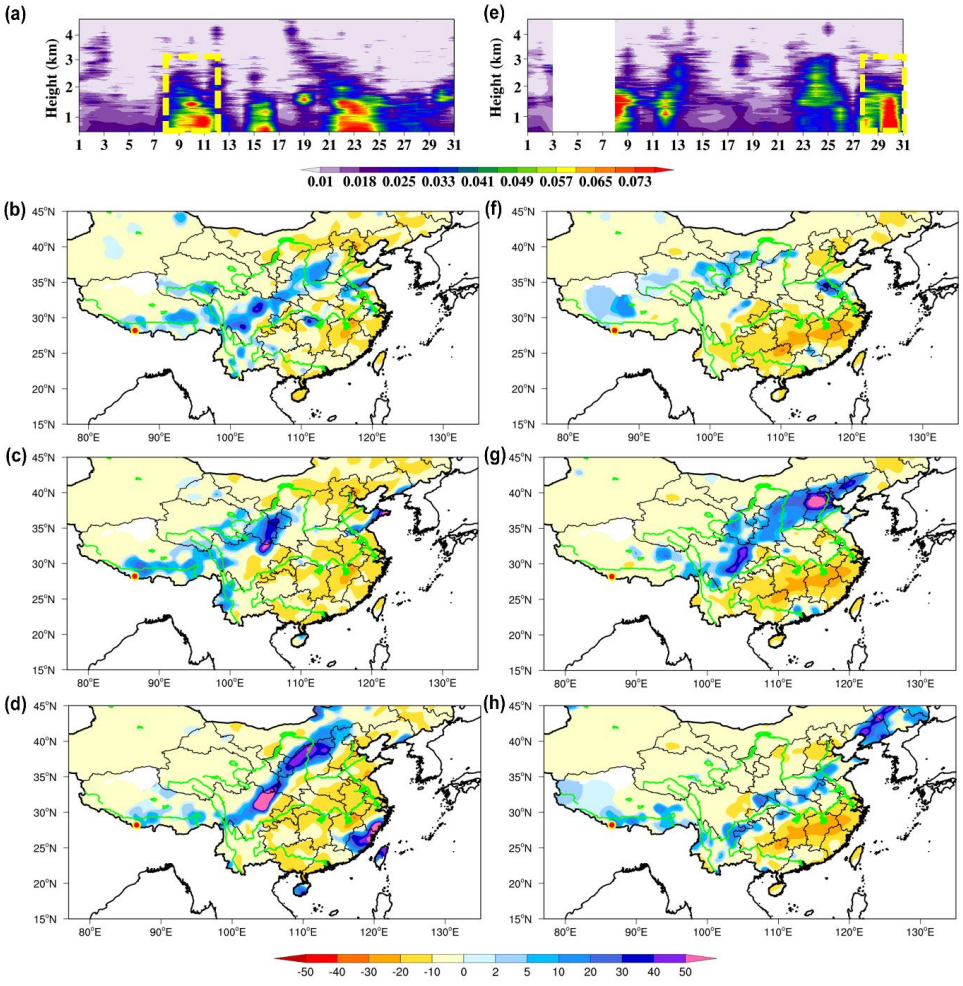

Figure 3. Temporal evolution of downstream precipitation responses: (a, e) Daily variations in AEC over MQ during (a) July 2018 and (e) July 2019 (Xu et al., 2025); yellow boxes denote selected high-aerosol events (9–11 July 2018; 28–30 July 2019). (b–d, f–h) Composite precipitation anomalies downstream on (b, f) the pollution day, (c, g) the second day, and (d, h) the third day following high-aerosol events for (b–d) July 2018 and (f–h) July 2019.

Based on satellite-derived cloud-phase data and ground-based aerosol lidar observations, we further quantify the relative contributions of different cloud phases under high and low aerosol conditions. Given that ice-phase clouds show the most pronounced enhancement under high aerosol loading (Fig. S1), we analyze the relationship between daily ice-phase cloud frequency and daily precipitation in the eastern TP downstream regions during July

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2018 and July 2019. Figure 4a and 4b indicate that the identified high-impact downstream pathways correspond to regions with a strong positive correlation between ice-phase cloud occurrence and precipitation. Furthermore, the spatial patterns of positive precipitation and ice-phase cloud anomalies are broadly consistent across both months.

These findings provide additional evidence that high concentrations of transported aerosols over MQ enhance deep convective cloud development and facilitate the downstream transport of upper-level ice clouds, which can act as effective seeding agents to intensify cloud–precipitation cycling. This mechanism implies that increasing anthropogenic aerosol emissions in South Asia may not only activate deep convection over the southern TP but also modulate precipitation patterns in downstream regions.

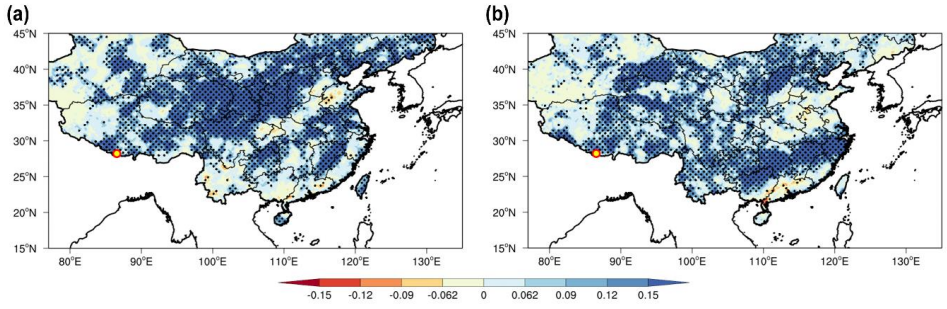

Figure 4. Relationship between ice-phase cloud occurrence and precipitation: (a, b) Spatial distributions of the Pearson correlation coefficient between ice-phase cloud frequency and hourly precipitation for (a) July 2018 and (b) July 2019; dotted regions indicate correlations statistically significant at the 95% confidence level ($P > 0.05$, $n = 744$).

4 Conclusion

Using synergistic observation data from the STEP comprehensive vertical observation experiment concerning aerosol–cloud–precipitation interactions over MQ, to explore the impacts of South Asian aerosol inflow over MQ on downstream cloud-precipitation processes. The findings reveal that MQ exhibits high sensitivity to externally transported, high-concentration aerosols, which preferentially enhance ice-phase cloud formation and invigorate deep convective precipitation. The enhanced formation of ice-phase clouds leads to increased latent heat release,

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intensifying thermodynamic forcing over the TP and altering large-scale circulation patterns. Through long-range transport, aerosol-activated ice crystals are conveyed downstream, establishing a distinct "seeder–feeder"–type ice-cloud–precipitation conversion mechanism between upper- and lower-level clouds. A key discovery is that the upstream-downstream transmission is achieved via the long-range ice-crystal "seeding" effect. This process generates coherent downstream pathways characterized by enhanced ice-phase cloud occurrence, latent heat anomalies, and precipitation responses.

The identified downstream pathways vary interannually, reflecting differences in background circulation associated with the monsoon system and the subtropical high. These results reveal a previously underappreciated role of long-range aerosol transport in modulating cloud–precipitation coupling over the "Third Pole" and its downstream regions, and demonstrate that aerosols play a dual role in shaping precipitation patterns across the TP and China while exerting adverse impacts on human living environments. Enhanced South Asian aerosol transport may increase the likelihood of extreme rainfall events in downstream regions and contribute to uneven flood–drought conditions.

Taken together, these findings provide new physical insights into how increasing anthropogenic aerosols under climate change may influence regional precipitation patterns and hydrological processes across East Asia. They further suggest a potentially important, yet still insufficiently quantified, pathway through which enhanced South Asian aerosol transport may affect downstream extreme precipitation and environment change via aerosol-induced ice-phase cloud processes. Future work will explore and expand upon its quantitative mechanisms.

Code availability. The code developed for this study is available from the corresponding author on reasonable request.

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Data availability. The continuous Lidar and X-band dual-polarization weather radar observation data used in this study were authorized and provided by the Anhui Institute of Optics and Fine Mechanics of Chinese Academy of Sciences and Chengdu Institute of Plateau Meteorology of China Meteorological Administration, respectively. Access to these datasets requires formal request submission to the corresponding author upon adherence to institutional data-sharing protocols regulating data usage. The hourly cloud phase full disk product of FY-4A/Advanced Geosynchronous Radiation Imager (AGRI) is provided by the National Satellite Meteorological Center., which can be found at https://data.nsmc.org.cn/DataPortal/cn/data/dataset.html. Monthly aerosol optical depth (AOD) data at 550 nm from the MODIS Collection 6.1 product which can be found at https://giovanni.gsfc.nasa.gov/giovanni/. Observation data of common meteorological elements used in this study are derived from the Data Sets of Surface Meteorological Elements in China released by the National Meteorology Information Center, China Meteorological Administration, which can be found at http://cdc.cma.gov.cn. ERA5 is the fifth generation ECMWF reanalysis for the global climate and weather, which can be found at https://cds.climate.copernicus.eu/datasets/reanalysis-era5-pressure-levels-monthly-means?tab=overview and https://cds.climate.copernicus.eu/datasets/reanalysis-era5-pressure-levels?tab=overview.

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Author contributions. All the authors made contributions to this research and manuscript. XX and WC contributed equally to this research. XX, WC and TZ conceived and designed the project. CY, CW, KM, TZ, YL and SW collected the data. WC processed data and prepared most figures. ND prepared Figure 3a and 3b. XX, WC and TZ analysed the study results and drafted the manuscript. All authors participated in scientific discussions, revised the manuscript, and approved the final version for publication.

Competing interests. The contact author has declared that none of the authors has any competing interests.

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