



1 Revisiting Water Vapor Transport and Water Isotopes in the Dongting Lake

2 Basin Across Two Centennial Extreme Events

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7 **ABSTRACT:** Water vapor source tracing of extreme weather events is essential for water vapor
8 diagnosis, relating to accurate assessments of the water cycle and associated isotopic effects. Based on
9 our prior climatic-scale study and using a consistent methodological framework, this study identifies
10 the atmospheric circulation patterns and water vapor transport pathways for a once-in-a-century
11 extreme rainstorm (June 2017) and freezing disaster (January 2008) events in the Dongting Lake Basin.
12 Despite occurring in distinct seasons, both events exhibited remarkable similarities in circulation
13 situation and water vapor transport: at low latitudes, a deepened South Branch Trough and westward-
14 extended Western Pacific Subtropical High dominate warm, moist maritime air transported from low
15 to high latitudes; at mid-to-high latitudes, a strong, stable Blocking High and East Asian Trough
16 controlled the southward surge of cold air. The Dongting Lake Basin was situated within the saddle
17 field where cold and warm air masses converge. Southwest transport contributed the largest water
18 vapor share for both extreme events, setting historical records for their respective months. Constrained
19 by relatively invariant atmospheric conditions, low-latitude oceanic vapor isotopes exhibited minor
20 seasonal variation; however, because June precipitation significantly exceeded January amounts, June
21 water vapor and resulting precipitation isotopes were substantially depleted relative to January values.
22 Within frontal systems formed by strong cold-warm air interactions, temperature, humidity, wind
23 direction, and speed varied considerably at different altitudes, as clearly reflected in water vapor
24 transport differences at these representative vertical levels. Together, these two studies form a
25 systematic understanding of climatic regularity to extreme-event behavior.

26 **Keywords:** Dongting Lake Basin; Extreme weather events; Precipitation isotopes; Water vapor
27 transport; Water vapor flux.

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28 **1. Introduction**

29 Extreme weather events include short-duration extreme rainstorm and freezing events that far
30 exceed climatological thresholds and cause substantial impacts, primarily formed by the combined
31 effects of super-strong water vapor transport, updrafts, and convective instability (Dai et al., 2024;
32 Zhao et al., 2025). Marine air masses over warm low-latitude oceans carry relatively enriched heavy
33 isotopes, while Rayleigh fractionation, which describes heavy isotopes preferentially leave air masses
34 during continuous condensation, removes heavy isotopes in air mass along transport pathways; longer
35 transport pathways and stronger precipitation intensity amplify this rainout and depletion effect,
36 yielding more negative $\delta^{18}\text{O}$ and $\delta^2\text{H}$ values in downstream precipitation (Galewsky et al., 2016; Risi
37 et al., 2020; Xiao et al., 2025a). In extreme weather events, variations in precipitation isotope
38 abundance are mainly achieved through anomalous water vapor sources and in-cloud condensation
39 processes, which drastically change condensation efficiency and the integrated rainout signal (He et
40 al., 2018; Xu et al., 2024). Such synoptic perturbations can change seasonal isotopic baselines
41 established under average climatic conditions, making extreme rainstorms and freezing events
42 valuable natural experiments to disentangle circulation-driven isotopic shifts in monsoon basins.

43 The East Asian monsoon region, including the Dongting Lake Basin, borders the Pacific Ocean
44 to the east and backs onto the world's largest continent, Eurasia, while the enormous thermal contrast
45 between land and sea creates unique climatic characteristics for this region (Ding and Jonny, 2005; Liu
46 et al., 2023; Zuo and Zhang, 2023). As the primary driver of water vapor transport, the monsoon
47 circulation largely determines the water vapor transport and budget during precipitation processes in
48 the monsoon region (Patil et al., 2019; Nie and Sun, 2022). Against the backdrop of global warming,
49 intensified evaporation and altered thermal conditions have exacerbated changes in the global and
50 regional water cycles, also leading to changes in precipitation intensity, frequency, and isotopic
51 abundance that characterize extreme weather events (Feng et al., 2023; Chen et al., 2023; Mischell and
52 Soden, 2025). Therefore, understanding the characteristics of the atmospheric circulation patterns that
53 sustain atmospheric water vapor transport in extreme weather events is crucial for elucidating the
54 mechanisms behind regional extreme weather events.

55 In the East Asian monsoon region, a prominent feature of the summer monsoon prevailing is the
56 presence of a stable water vapor transport belt originating from low-latitude oceans. This is a key



57 condition for the generation and development of extreme weather events in the region (Zhao et al.,
58 2016; Park et al., 2021). Vertically, most water vapor is concentrated in the lower and middle
59 troposphere, mainly transported by the Indian southwest monsoon (Wu, 2017; Patil et al., 2019). In the
60 middle and upper troposphere, water vapor transport is dominated by the western Pacific and mid-
61 latitude westerlies (Horinouchi, 2014). In the winter monsoon prevailing, the South Branch Westerly
62 south of the Tibetan Plateau plays an important role in water vapor transport to the East Asian monsoon
63 region (He, 2023). Studies have found that in the Dongting Lake Basin, the water vapor transport from
64 the southwest direction is the largest contributor to the mean vertically integrated water vapor input in
65 all seasons, and only the water vapor flux from the southwest direction shows a very significant
66 positive correlation with basin precipitation (Xiao et al., 2025a; Xiao et al., 2025b). Moreover, unlike
67 the climatic characteristics of concurrent rainfall and heat in the East Asian monsoon region, the most
68 isotopically enriched precipitation does not occur in the season with minimum precipitation but in
69 spring, while the most depleted precipitation isotopes do not appear in the season with maximum
70 precipitation but during the midsummer drought (Liu et al., 2023; Xiao et al., 2023). The reason for
71 this obvious seasonal difference in precipitation isotopes is attributed to differences in water vapor
72 sources (Zhang et al., 2021; Liu et al., 2023). Inter-seasonal comparisons indicate that there is no
73 obvious correspondence between the amount of water vapor transport and the abundance of
74 precipitation stable isotopes—that is, in months with low water vapor transport, precipitation $\delta^{18}\text{O}$
75 ($\delta^{18}\text{O}_p$) can be very high (e.g., in January) but can also be very low (e.g., in October); in months with
76 high water vapor transport, precipitation $\delta^{18}\text{O}$ can be very low (e.g., in June) but can also be very high
77 (e.g., in April) (Xiao et al., 2025a). Although varying out of phase with precipitation amount,
78 precipitation isotope changes still follow Rayleigh fractionation (Xiao et al., 2025a).

79 Currently, water vapor source tracing for monsoon precipitation has formed an integrated research
80 system combining multiple methods. Atmospheric water stable isotopes act as “chemical fingerprints”,
81 effectively tracing water vapor sources and historical processes of regional precipitation from an
82 isotopic perspective (Galewsky et al., 2016; Esquivel-Hernández et al., 2019); circulation and water
83 vapor field diagnostics serve as the “macroscopic bridge”, connecting regional water vapor transport
84 with large-scale circulation patterns to accurately parse the influence of large-scale circulation systems
85 (such as westerlies, monsoons, and subtropical highs) on water vapor transport (Risi et al., 2020; Xiao



86 et al., 2025a); reanalysis data and water vapor budget calculations act as “physical diagnostics”,
87 quantifying the three-dimensional structure of water vapor transport from a dynamic perspective (Xu
88 et al., 2022; Raghuvanshi and Agarwal, 2025); stable isotope general circulation models serve as an
89 important supplement to limited observational data, providing a “controlled experimental platform” to
90 reproduce the spatial distribution and temporal variation of water vapor and precipitation isotopes,
91 enabling attribution analysis and future projections of water stable isotope changes (Yoshimura et al.,
92 2010; Risi et al., 2010); trajectory models (e.g., HYSPLIT) act as “pathway trackers”, enabling
93 identification of water vapor sources over short time scales, intuitively revealing details of water vapor
94 and air particle origins, transport pathways, transit times, and elevation changes (Sodemann et al., 2008;
95 Stein et al., 2015), and can also quantify the contribution proportions of different water vapor sources
96 to precipitation by combining specific humidity changes (Stohl and James, 2005; Cai et al., 2025).
97 These methods complement and verify each other, jointly deepening the understanding of water vapor
98 sources, transport mechanisms, and their effects on water isotopes in the East Asian monsoon region
99 (Zhang et al., 2021; Xiao et al., 2025a).

100 Furthermore, study on isotopic effects of extreme weather events is significant for clarifying
101 interference signals of extreme events in sedimentary archives and correcting biases in paleoclimate
102 interpretations (Liu et al., 2023; Zhang et al., 2025; Knight et al., 2025). Previously, our work published
103 in *Atmospheric Chemistry and Physics* investigated water vapor transport pathways and their controls
104 on precipitation stable isotopes over the Dongting Lake Basin based on long-term means and climatic-
105 scale general patterns (Xiao et al., 2025a). That work revealed the seasonal regularities and
106 fundamental mechanisms of water vapor sources and isotopic fractionation under normal climatic
107 conditions. In contrast, this study focuses on short-duration, synoptic-scale, and typical extreme
108 weather events—specifically once-in-a-century extreme rainstorm and freezing events in the Dongting
109 Lake Basin, thus extending our understanding from climatic-scale universal laws to event-based
110 mechanisms and verifying the robustness of our previous conclusions by examining extreme cases.
111 Using a consistent methodological framework to Xiao et al., 20205a, this fundamental study
112 combining water vapor sources, water vapor transport, and water isotopes, while it integrates actual
113 observed meteorological and water stable isotopic data, ERA5 reanalysis data, and isoGSM simulation
114 data, with multi-source data and isotope models complementing and verifying each other, providing a



115 solid data foundation and analytical tools for enhancing how circulation and water vapor transport
116 jointly drive extreme weather events, and how extreme weather events regulate isotopic fractionation
117 in subtropical monsoon regions.

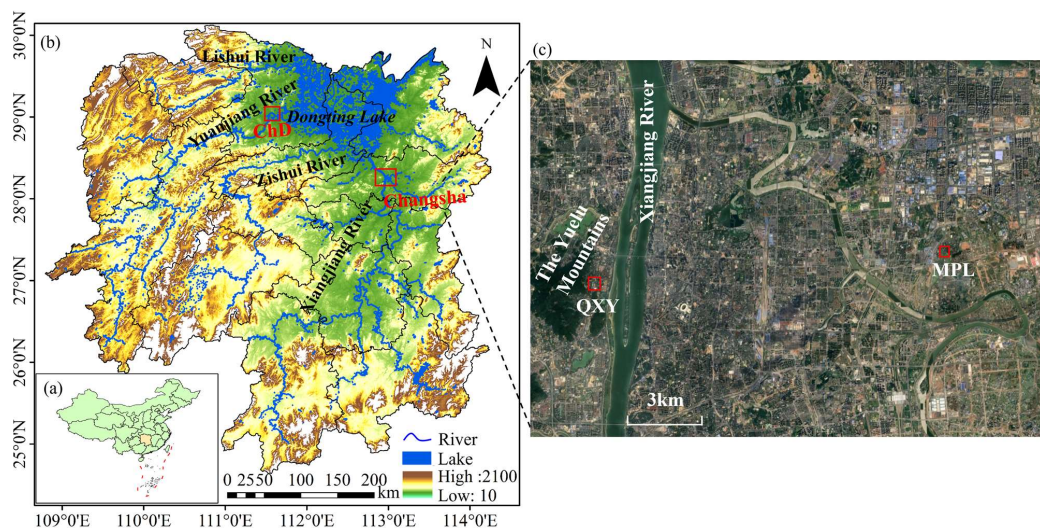
118 **2. Methods and materials**

119 **2.1 Study site**

120 The Dongting Lake Basin (24.63°N-30.42°N, 107.27°E-114.12°E) is located in the central part
121 of the East Asian monsoon region, south of the Yangtze River (Figs. 1a and 1b), accounting for 14.6%
122 of the total area of the Yangtze River Basin. The basin is classified as having a subtropical monsoon
123 humid climate, characterized by distinct seasons and concurrent rainfall and heat. Statistics show that
124 (after removing extreme records from high-mountain stations) the multi-year average precipitation in
125 the Dongting Lake Basin ranges from 1209.1 to 1764.0 mm, with summer (June–August) precipitation
126 between 385.7 and 710.9 mm, and winter (December–February) precipitation between 92.6 and 261.9
127 mm. The multi-year mean annual air temperature is 15.6-17.5°C, with summer averages of 23.7-
128 28.7°C and winter averages of 6.1-9.1°C (Wu et al. 2024). Influenced by the South Branch Trough of
129 the Tibetan Plateau and the Western Pacific Subtropical High, the basin experiences prevailing
130 southwest monsoons with high temperatures and heavy rainfall in summer; controlled by the
131 Mongolian-Siberian cold high, the basin experiences prevailing northerly winds with low temperatures
132 and little rainfall in winter. The topography of the Dongting Lake Basin features mountains in the east,
133 south, and west, plains mainly in the north, and hills and basins in the central region (Fig. 1b) (Liu et
134 al., 2023; Xiao et al., 2024).

135 Hydrologically, the basin is defined by its “four waters converging into one lake” system,
136 consisting of Dongting Lake and its four primary tributaries—that is, the Xiangjiang, Zishui, Yuanjiang,
137 and Lishui rivers (Fig. 1b). These rivers collectively discharge into Dongting Lake, which serves as a
138 critical junction between the tributaries and the Yangtze mainstem, regulating water flow through its
139 single outlet at Chenglingji water level station. This river-lake complex creates a unique hydro-climatic
140 environment where water vapor exchange between the extensive water surfaces (totaling ~3900 km²
141 of rivers and lakes) (Deng et al., 2021; Xiao et al., 2023).

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Fig. 1 Topography and river system of the Dongting Lake Basin (a, b, and c). In the figure, QXY is the precipitation sampling station at the Meteorological Garden of the Hunan Normal University; MPL (National Station No. 57679) is the Mapoling precipitation sampling site and sounding station; ChD (National Station No. 57662) is the Changde meteorological station. It should be noted that Panel (a and b) is derived from the China Boundary Layer and DEM layer released by the Ministry of Natural Resources of China and the Geospatial Data Cloud, respectively, and Panel (c) is a screenshot taken from Google Earth (Google Earth imagery © Google.).

2.2 Data Sources

(1) Sampling data

Since January 1, 2010, precipitation sampling for stable isotopes has been conducted at the Meteorological Garden (denoted as QXY; 28.20°N, 113.01°E, 47.4 m a.s.l.) on the main campus of Hunan Normal University at the foot of Yuelu Mountain in Changsha (Fig. 1c). Precipitation sampling followed the meteorological observation standards published by the China Meteorological Administration, conducted at 08:00 Beijing Time and 20:00 Beijing Time on precipitation days. Liquid precipitation was directly transferred into 30 ml polyethylene bottles and sealed after measuring the water volume. If solid precipitation occurred, it was first placed in airtight plastic bags, allowed to melt naturally, and after measuring the meltwater volume, transferred into polyethylene bottles of the same specification.

All collected precipitation samples were stored in a 0°C freezer before testing. Samples were



163 tested by the liquid-gas dual-use stable isotope analyzer (IWA-35EP, Model: 912-0026-1000)
164 developed by Los Gatos Research. The stable isotope abundances in water samples are expressed as
165 per mil (‰) deviations relative to Vienna Standard Mean Ocean Water (V-SMOW), calculated as:

$$166 \quad \delta^2\text{H or } \delta^{18}\text{O} = \left[\frac{R_s}{R_{\text{V-SMOW}}} - 1 \right] \times 1000 \quad (1)$$

167 where R_s and $R_{\text{V-SMOW}}$ represent the oxygen (or hydrogen) stable isotope ratios $^{18}\text{O}/^{16}\text{O}$ (or $^2\text{H}/^1\text{H}$) in
168 the sample and V-SMOW, respectively. The measurement precision averaged $\pm 0.2\text{‰}$ for $\delta^{18}\text{O}$ and $\pm 0.6\text{‰}$
169 for $\delta^2\text{H}$.

170 If two precipitation samples were collected in one day, the precipitation-weighted average was
171 used to represent the δ value for that precipitation day. Over the past 13 years, a total of 1669
172 precipitation days of $\delta^{18}\text{O}$ and $\delta^2\text{H}$ data have been obtained, along with corresponding daily
173 precipitation amounts (P) and daily average air temperatures (T).

174 Precipitation sampling data from January 2008 to March 2009 at the Mapoling Meteorological
175 Station in Changsha (denoted as MPL, National Station No. 57679; 28.12°N, 113.05°E, 45.7 m a.s.l.)
176 were provided by Yang et al. (2011). The calculation equation is the same as Eq. 1, with a measurement
177 precision of $\pm 0.05\text{‰}$. The sampling data includes $\delta^{18}\text{O}$ for 160 sampling days, along with
178 corresponding daily P and daily average T . Sampling stations QXY and MPL are both located in the
179 Changsha region and can be collectively referred to as the Changsha station (Fig. 1c).

180 (2) Measured meteorological data

181 Measured data from the China Meteorological Administration network includes: daily P from 97
182 meteorological stations within the Dongting Lake Basin from 2008–2022, and daily T , air pressure (p),
183 wind direction and speed V (u , v), and specific humidity (q) from ground level to 300 hPa at 01:00,
184 08:00, and 19:00 Beijing Time at the MPL station.

185 (3) isoGSM simulation data

186 Among the numerous stable isotope GCMs, the Isotope-incorporated Global Spectral Model
187 (isoGSM) performs relatively well in the East Asian region (Zhang et al., 2020; Kathayat et al., 2021).
188 isoGSM is a stable isotopic GCM developed by Yoshimura et al. (2008) by integrating water stable
189 isotopic cycling and fractionation processes into the Scripps Experimental Climate Prediction Center's
190 Global Spectral Model. The current version of isoGSM is driven by ERA5 reanalysis data, while the



191 driving factors include sea surface T , sea ice, air temperature, horizontal wind fields, and water vapor
192 fields at 28 vertical levels. The tracer transport scheme in the model adopts the Non-iterative
193 Dimension Splitting Semi-Lagrangian (NDSL) method (Bong et al., 2024). With higher temporal and
194 spatial resolution, the model can accurately capture short-term variation characteristics of factors such
195 as precipitation and water vapor isotopes (Chiang et al., 2020b; Liu et al., 2023), and is also suitable
196 for long-term climate simulation scenarios, meeting the needs for understanding stable isotopes and
197 meteorological variables at different atmospheric levels.

198 The water stable isotope simulation data used in this study come from the new generation of
199 isoGSM with a 6-hour time step (January 1, 2008-December 31, 2022), including $\delta^{18}\text{O}$ and $\delta^2\text{H}$ in
200 precipitation ($\delta^{18}\text{O}_p$ and $\delta^2\text{H}_p$) every 6 hours and $\delta^{18}\text{O}$ and $\delta^2\text{H}$ in vertically integrated atmospheric
201 water vapor ($\delta^{18}\text{O}_v$ and $\delta^2\text{H}_v$).

202 **(4) ERA5 reanalysis data**

203 ERA5 is the fifth-generation global atmospheric reanalysis data product released by the European
204 Centre for Medium-Range Weather Forecasts (ECMWF). Compared with the previous generation
205 product ERA-Interim, ERA5 adopts the most advanced integrated forecasting system, incorporates
206 more historical observational data, and reprocesses a large number of assimilation datasets, achieving
207 significant improvements in accuracy (Albergel et al., 2018; Hoffmann et al., 2019). The ERA5
208 reanalysis data used in this study include vertically integrated water vapor flux (Q , $\text{kg}\cdot\text{m}^{-1}\cdot\text{s}^{-1}$), total
209 column water vapor ($TCWV$, kg m^{-2}), 500 hPa geopotential height (H_{500} , gpm, geopotential
210 decameter), V (u , v), P (mm), and 2 m T ($^{\circ}\text{C}$). The horizontal resolution is $1.0^{\circ}\times 1.0^{\circ}$, with a 6-hour
211 time step.

212 **2.3 Research Methods**

213 **(1) The Q method**

214 The vertically integrated Q is a physical quantity characterizing the magnitude and direction of
215 water vapor transport in the atmosphere, including the zonal water vapor transport flux Q_{λ} and the
216 meridional water vapor transport flux Q_{ϕ} . In the actual atmosphere, water vapor content above 300
217 hPa is negligible; therefore, the upper limit for calculating vertically integrated water vapor flux is
218 taken at 300 hPa, which is close to the tropopause (Sun et al., 2011; Cui et al., 2022).

219 According to the geographical location of the Dongting Lake Basin, a rectangular region of



220 25.0°N-29.5°N, 109.5°E-114.5°E is selected as the “box” for calculating the vertically integrated
221 atmospheric Q of the Dongting Lake Basin. The equations for calculating the average Q at the four
222 boundaries and the average water vapor budget within the rectangular “box” region are as follows:

$$223 \quad Q_W = \int_{\varphi_S}^{\varphi_N} Q_{\lambda W} R_r d\varphi / \int_{\varphi_S}^{\varphi_N} R_r d\varphi \quad (2)$$

$$224 \quad Q_E = - \int_{\varphi_S}^{\varphi_N} Q_{\lambda E} R_r d\varphi / \int_{\varphi_S}^{\varphi_N} R_r d\varphi \quad (3)$$

$$225 \quad Q_S = \int_{\lambda_W}^{\lambda_E} Q_{\varphi S} R_r \cos\varphi_S d\lambda / \int_{\lambda_W}^{\lambda_E} R_r \cos\varphi_S d\lambda \quad (4)$$

$$226 \quad Q_N = - \int_{\lambda_W}^{\lambda_E} Q_{\varphi N} R_r \cos\varphi_N d\lambda / \int_{\lambda_W}^{\lambda_E} R_r \cos\varphi_N d\lambda \quad (5)$$

$$227 \quad \sum Q_N = Q_W + Q_E + Q_S + Q_N \quad (6)$$

228 where λ_W and λ_E represent the longitudes of the western and eastern boundaries, respectively, and φ_S
229 and φ_N represent the latitudes of the southern and northern boundaries, respectively. $Q_{\lambda W}$ and $Q_{\lambda E}$ are
230 the zonal Q through the western and eastern boundaries, and $Q_{\varphi S}$ and $Q_{\varphi N}$ are the meridional Q through
231 the southern and northern boundaries. R_r is the mean Earth radius, taken as 6.37×10^3 km. $\sum Q$ represents
232 the net water vapor budget of the basin, where positive values indicate water vapor surplus and
233 negative values indicate water vapor deficit (Sun et al., 2011; Cui et al., 2022).

234 Using vertically integrated Q , the water vapor budget of any region can be calculated, water vapor
235 transport pathways can be determined, and quantitative analysis and diagnosis of water vapor sources
236 for precipitation can be conducted. This method is referred to as the Q method in this study. Similar to
237 our previous study, the water vapor transport pathways were determined by identifying systematic
238 water vapor currents in the Q field, which need to have the same directionality and draw the pathway
239 along the central axis of the vapor currents (Xiao et al., 2025). However, it is critical to distinguish
240 these short-event transport pathways from climatological mean vapor transport pathways identified in
241 our previous multi-year monthly average analyses in Xiao et al. (2025), where pathways reflect long-
242 term background circulation rather than synoptic-scale water vapor surges. In particular, the water
243 vapor transport pathways in the two extreme events were composited over four sequential 24-hour
244 windows (96 h in total) to identify representative averaged transport features, yet the hourly trajectory
245 ensemble retained information on the dynamic progressive evolution of water vapor transport. These
246 sustained, concentrated long-distance water vapor pathways conformed to the atmospheric river
247 concept, defined as tropospheric filaments that deliver abundant oceanic water vapor inland over



248 timescales ranging from several days to weeks (Dettinger, 2013). The source regions of water vapor in
249 this study were defined following air mass classification criteria—that is, air masses originating from
250 unified underlying surfaces with consistent isotopic, thermodynamic, dynamic, and circulation
251 characteristics (Smirnov and Moore, 1999). While this identification method carried minor empirical
252 subjectivity, it is the optimal available approach without standardized algorithms for objective water
253 vapor pathway and source partitioning. This framework adopted tangible screening criteria to capture
254 dominant water vapor currents that exerted the strongest control on local precipitation and its isotopic
255 signals, offering robust evidence for partitioning the primary short-term water vapor transport
256 pathways supplying precipitation in the Dongting Lake basin.

257 **(2) The HYSPLIT method**

258 The Hybrid Single-Particle Lagrangian Integrated Trajectory (HYSPLIT) method was jointly
259 developed by the Air Resources Laboratory (ARL) of the National Oceanic and Atmospheric
260 Administration (NOAA) and the Bureau of Meteorology, Australia (BOM) (Sodemann et al., 2008;
261 Stein et al., 2015). The method can track the movement trajectories of particles carried by airflow and
262 the direction of airflow movement, and can also forecast wind field patterns in real time. It is a
263 conventional method for identifying water vapor sources and tracking water vapor transport
264 trajectories. The HYSPLIT model operation uses global grid point reanalysis data provided by the
265 National Centers for Environmental Prediction/National Center for Atmospheric Research
266 (NCEP/NCAR). This dataset includes P , T , p , V (u , v), relative humidity, and terrain height, with a
267 horizontal resolution of $2.5^\circ \times 2.5^\circ$ and a 6-hour time step.

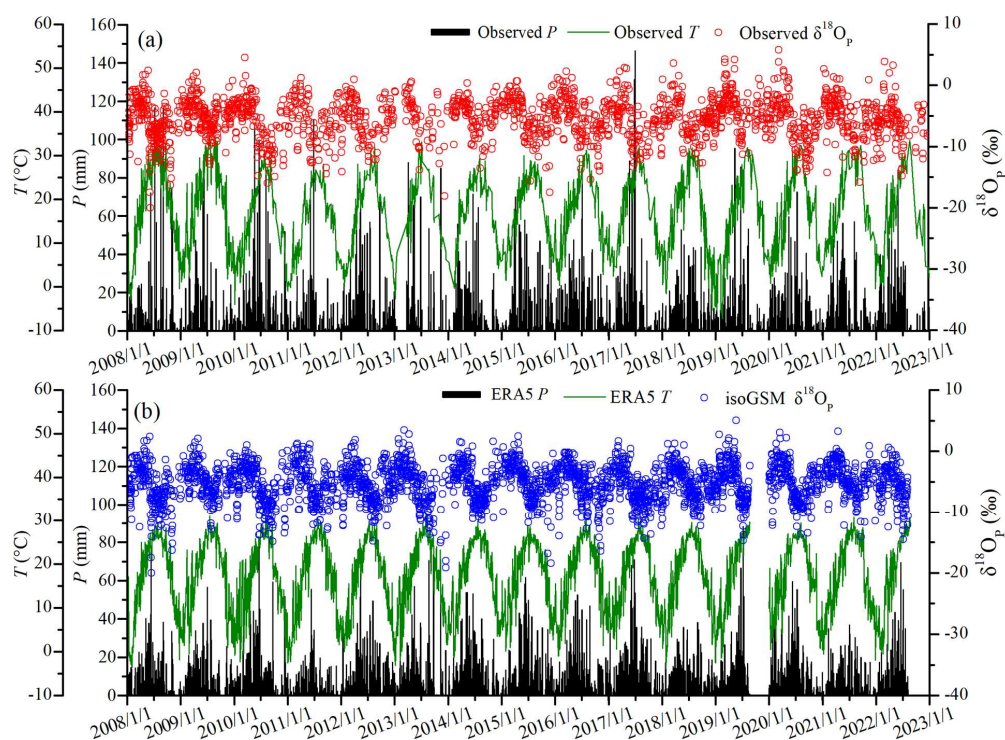
268 **3. Results**

269 **3.1 Comparison between simulated and observed data**

270 The multi-year collected precipitation isotope data and observed P and T data at the Changsha
271 stations QXY and MPL were plotted in Fig. 2a. The 6-hourly $\delta^{18}\text{O}_p$ simulated by isoGSM at the
272 corresponding Changsha grid point, together with 6-hourly P and T from ERA5, were calculated as
273 daily weighted averages, daily totals, and daily averages, and plotted in Fig. 2b, yielding the daily
274 variations of observed and simulated $\delta^{18}\text{O}_p$, P , and T . In the Changsha region, both observed and
275 simulated $\delta^{18}\text{O}_p$, P , and T show significant seasonal variations. Observed $\delta^{18}\text{O}_p$ ranged from -19.77%
276 to 5.77% , with a precipitation-weighted mean of -6.75% and a standard deviation of 3.48% .



277 Simulated $\delta^{18}\text{O}_p$ ranged from -19.14‰ to 5.03‰ , with a precipitation-weighted mean of -6.42‰ and
 278 a standard deviation of 3.07‰ . The applicability of isoGSM simulations and ERA5 reanalysis data in
 279 the Dongting Lake Basin has been validated through comparison with 13-year observational records
 280 at Changsha station (Section S1 in Supplementary Material). Strong agreement between observed and
 281 simulated precipitation isotopes and meteorological variables confirms the reliability of these datasets
 282 for subsequent analysis of extreme weather events.



283
 284 Fig. 2 Comparison of daily variations in precipitation $\delta^{18}\text{O}$ ($\delta^{18}\text{O}_p$), precipitation amount (P), and air
 285 temperature (T) between observed (a) and isoGSM-simulated and ERA5-based at corresponding grid
 286 points (b) in Changsha.

287 To analyze the seasonal differences in atmospheric water vapor transport and its impact on
 288 regional precipitation isotopes in the Dongting Lake Basin, we previously used water vapor
 289 calculations based on the Q method to determine the water vapor sources for the multi-year average
 290 June and January, and analyzed the characteristics of water vapor and water stable isotopes along
 291 different water vapor transport pathways (Xiao et al., 2025a). In this study, to reveal the water vapor



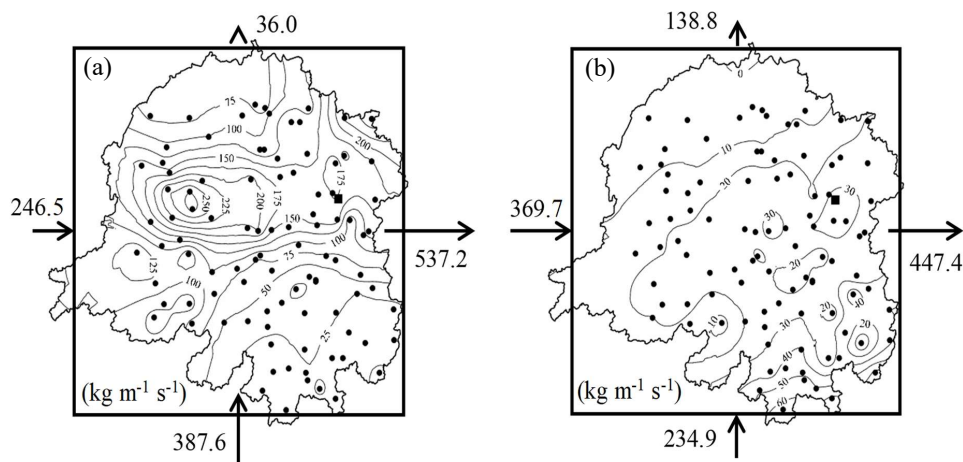
292 transport and its impact on precipitation stable isotopes in extreme weather events, we selected two
293 extreme weather processes occurring in the Dongting Lake Basin—that is, the once-in-a-century
294 extreme rainstorm event in June 2017 and the extreme freezing event in January 2008.

295 **3.2 Analysis for the extreme rainstorm event in June 2017**

296 The extreme rainstorm event occurring from June 22 to July 2, 2017, was the strongest rainfall
297 process in the Dongting Lake Basin since 1950, with a process average P of 286.9 mm (Kuang and
298 Ma, 2019; Li et al., 2020). Among these, the maximum process P was 592.2 mm (Chenxi station,
299 National Station No. 57658; 28.01°N, 110.12°E), and the maximum daily P was 276.5 mm (Linxiang
300 station, National Station No. 57585, 29.29°N, 113.27°E). Extreme weather events occurred at 73 of
301 the 97 meteorological stations within the Dongting Lake Basin, with 40 stations experiencing severe
302 meteorological flooding (10-day cumulative precipitation above 301 mm); 27 stations saw their
303 continuous 10-day maximum precipitation break historical records. Affected by the extreme heavy
304 precipitation, the main stream of the Xiangjiang River, the middle and lower reaches of the Zishui
305 River, the main stream of the Yuanjiang River, and the Dongting Lake region all experienced floods
306 exceeding warning levels, with some hydrological stations recording floods exceeding historical levels
307 (Kuang and Ma, 2019). Therefore, this section focused on the water vapor transport and its impacts on
308 water isotopes in the maximum precipitation period of June 22–25 (denoted as Event A) in the extreme
309 rainstorm event.

310 **3.2.1 Water vapor budget**

311 According to the Q method described in Section 2.3, Eqs. 2-5 were used to calculate the vertically
312 integrated average Q at the four boundaries of the rectangular “box” region from June 22 to June 25.
313 Eq. 6 was then used to calculate the difference between input and output average Q within the region,
314 yielding the water vapor budget ΣQ (Fig. 3a). Over the 4 days counted, the average Q at the west, north,
315 east, and south boundaries were 246.5, -36.0 , -537.2 , and $387.6 \text{ kg m}^{-1} \text{ s}^{-1}$, respectively, with a ΣQ
316 for the Dongting Lake Basin of $60.9 \text{ kg m}^{-1} \text{ s}^{-1}$. Average water vapor input was dominated by the
317 southwest direction, with meridional average water vapor transport accounting for 54.05% of zonal
318 transport. Compared with the multi-year average for June (in $\text{kg m}^{-1} \text{ s}^{-1}$), the average Q in these
319 directions increased by 88.02%, -55.99% , 122.63%, and 103.57%, respectively. The substantial
320 increase in input Q led to the once-in-a-century extreme rainstorm in the Dongting Lake Basin.

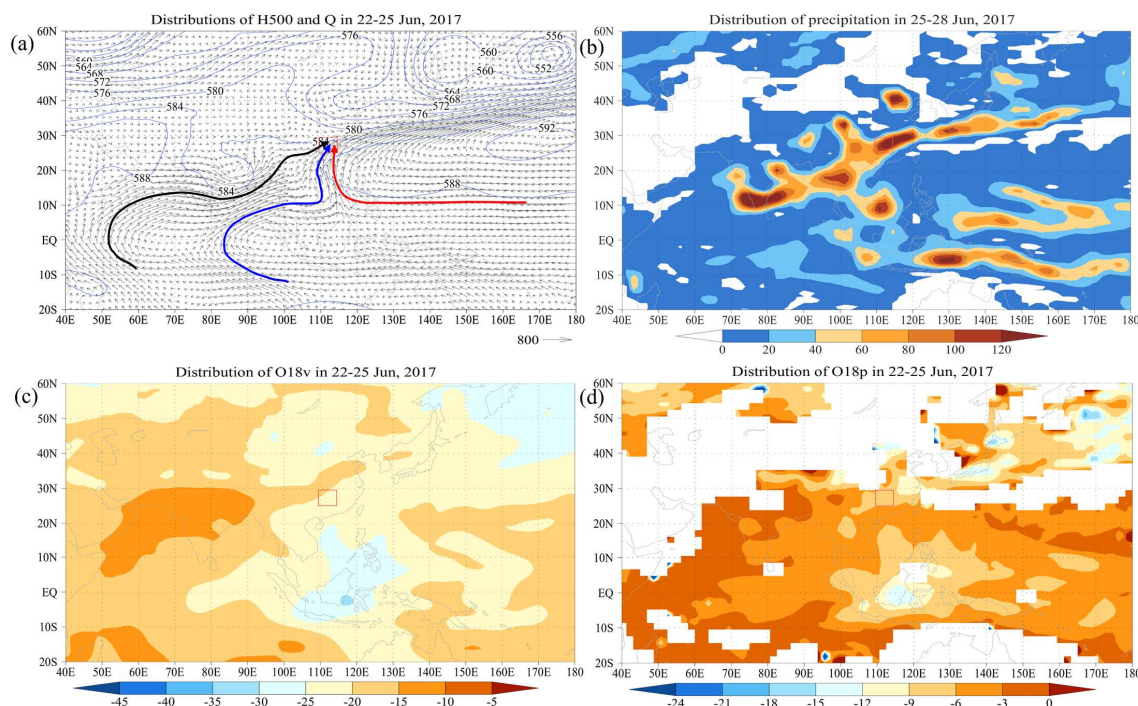


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322 Fig. 3 Spatial distribution of 4-day total precipitation (contour lines) and vertically integrated average
323 water vapor budget for Event A (a) and Event B (b) occurring in the rectangular “box” region
324 representing the Dongting Lake Basin.

325 3.2.2 Atmospheric circulation pattern of Event A

326 Based on ERA5 reanalysis data, the process average H_{500} and Q (Fig. 4a) and cumulative P (Fig.
327 4b) were calculated and plotted, while based on isoGSM simulation data, the spatial distributions of
328 process average $\delta^{18}\text{O}_v$ (Fig. 4c) and $\delta^{18}\text{O}_p$ (Fig. 4d) were plotted.



329

330 Fig. 4 Spatial distribution of average geopotential height H_{500} and Q with three water vapor transport
 331 pathways (a), cumulative precipitation P (b), weighted average $\delta^{18}O_V$ (c) and $\delta^{18}O_P$ (d)
 332 corresponding to Event A. Note that Q , H_{500} , P , $\delta^{18}O_V$, and $\delta^{18}O_P$ represent the vertical integral of
 333 water vapor flux, 500 hPa average geopotential height, precipitation amount, and $\delta^{18}O$ in
 334 atmospheric water vapor and precipitation, respectively (the same applies to the following figures
 335 and tables).

336 At the H_{500} field in Event A, a powerful blocking high system developed over the Lake Baikal
 337 and eastern regions, with its Ridge Line oriented northeast-southwest, extending nearly 30 latitudinal
 338 distances (Fig. 4a). An abnormally deep East Asian Trough split into two cold vortices, with the trough
 339 line transversely inserted into the southeastern end of the blocking high, forming or having formed a
 340 cutoff. In low latitudes, the Western Pacific Subtropical High was abnormally strong, with the intensity
 341 at its central position exceeding 592 gpm. Although the Subtropical High Ridge Line located at
 342 approximately 20°N was not significantly different from its multi-year average position, the ridge point
 343 had extended westward to 110°E, about 16 longitudinal degrees west of its multi-year average position.
 344 The broad, deep trough over the Indian Peninsula indicated a powerful Indian low system. The



345 Dongting Lake Basin was located precisely within the saddle field formed by the confrontation of these
346 four atmospheric systems, strongly affected by the interaction of north-south airflows (Fig. 4a). Driven
347 by the Indian low, warm and moist air from the Arabian Sea and Bay of Bengal, along with warm and
348 moist air from the western Pacific transported along the periphery of the Western Pacific Subtropical
349 High, met the cold air surging southward ahead of the blocking high ridge at mid-to-low latitudes and
350 produced convergence (Fig. 4b), forming an ultra-long rain belt spanning 20 latitudinal degrees and
351 100 longitudinal degrees from India, through the Indochina Peninsula, to the middle and lower reaches
352 of the Yangtze River and the ocean east of Japan. Among these, in the middle and lower reaches of the
353 Yangtze River, including the Dongting Lake Basin, the 4-day cumulative P exceeded 120 mm (Fig.
354 4b).

355 The spatial distributions of average $\delta^{18}\text{O}_V$ and $\delta^{18}\text{O}_P$ were closely related to underlying surface
356 properties and atmospheric circulation patterns, and showed good consistency between them (Fig. 4).
357 Since low-latitude oceans were the most important contributors to atmospheric water vapor, $\delta^{18}\text{O}_V$ and
358 $\delta^{18}\text{O}_P$ over the Arabian Sea, Bay of Bengal, and southern oceans at low latitudes maintained relatively
359 high values. The high $\delta^{18}\text{O}_V$ values west and north of the Indian rain region were controlled by the
360 West Asian Subtropical High and the blocking high over Northwest Asia, corresponding to drought
361 and low-rainfall weather patterns (Figs. 4b and 4c). The $\delta^{18}\text{O}_V$ over the western Pacific showed an
362 obvious latitude effect of high values in the south and low values in the north (Fig. 4c). The low $\delta^{18}\text{O}_V$
363 values over the Indonesia-Philippines region in the equatorial western Pacific were associated with
364 continuous water vapor convergence and continuous precipitation (Figs. 4b and 4c). Although the
365 convergence of water vapor from low-latitude oceans could enrich water vapor isotopes, the rainout
366 effect of heavy precipitation led to the depletion of precipitation isotopes. Along the East Asian
367 precipitation belt, $\delta^{18}\text{O}_V$ and $\delta^{18}\text{O}_P$ were relatively positive, showing to some extent the dominant role
368 of water vapor from the Arabian Sea and Bay of Bengal (Figs. 4c and 4d).

369 **3.2.3 Water vapor transport pathways of Event A**

370 Based on the water vapor transport belts in the water vapor flux field (Fig. 4a), three water vapor
371 pathways flowing into the Dongting Lake Basin were identified: Pathway A1 (black arrow line), A2
372 (blue arrow line), and A3 (red arrow line). Pathway A1 originated from the southwest warm water
373 region of the South Indian Ocean, crossed the equator through the Somali Sea, passed through the



374 Arabian Sea, the Indian subcontinent, the Bay of Bengal, the Indochina Peninsula, entered southwest
375 China, and finally reached the Dongting Lake Basin. Pathway A2 began in the eastern equatorial Indian
376 Ocean, bypassing the equatorial anticyclone through the Malay Peninsula, then turned along the
377 southern edge of the Indochina Peninsula to the South China Sea, where it converged with water vapor
378 from Pathway A3 and entered the Dongting Lake Basin from the southern boundary. Pathway A3
379 originated from the equatorial western Pacific, bypassed the edge of the Western Pacific Subtropical
380 High to the South China Sea, turned and ran parallel to Pathway A2 into the Dongting Lake Basin. The
381 sources of all three water vapor pathways were selected in the middle of vast oceans or land based on
382 air mass properties, where hydrothermal conditions are relatively stable, and water isotopes are
383 relatively uniform (Smirnov and Moore, 1999; Xiao et al., 2025a).

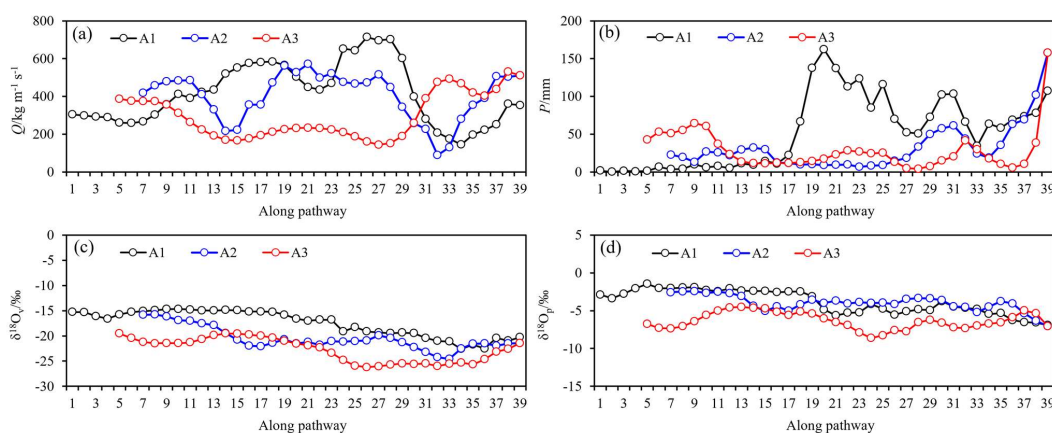
384 The four-factor series corresponding to the grid points along the three transport pathways in Event
385 A, including average Q , cumulative P , and average $\delta^{18}\text{O}_V$ and $\delta^{18}\text{O}_P$, were extracted in Fig. 5. Along
386 Pathway A1, before reaching the Dongting Lake Basin, the vertically integrated average Q and average
387 cumulative P reached $416.9 \text{ kg m}^{-1} \text{ s}^{-1}$ and 50.7 mm , respectively (Figs. 5a and 5b). Three maxima in
388 Q along the transport pathway (584.4 , 714.2 , and $360.5 \text{ kg m}^{-1} \text{ s}^{-1}$) were located off the west coast of
389 the Indian Peninsula, off the west coast of the Indochina Peninsula, and at the western boundary of the
390 Dongting Lake Basin (Fig. 4b), corresponding to three regions with maximum P (162.1 , 103.4 , and
391 107.5 mm) (Fig. 5b). Changes in $\delta^{18}\text{O}_V$ and $\delta^{18}\text{O}_P$ were relatively gentle, generally showing a gradual
392 depletion trend, while the effect of heavy precipitation on the depletion of precipitation isotopes was
393 relatively strong (Figs. 5c and 5d).

394 Along Pathway A2, average Q and average cumulative P were $398.1 \text{ kg m}^{-1} \text{ s}^{-1}$ and 26.1 mm ,
395 respectively (Figs. 5a and 5b). There were also three maxima in Q along the transport pathway (485.7 ,
396 572.0 , and $506.4 \text{ kg m}^{-1} \text{ s}^{-1}$) located in the central South Indian Ocean tropics, the eastern equatorial
397 North Indian Ocean, and the southern boundary of the Dongting Lake Basin (Fig. 4b). The P values
398 along A2 changed little, except that after reaching the Beibu Gulf, P rapidly increased with the
399 strengthening of water vapor convergence until reaching 157.7 mm at the southern boundary of the
400 Dongting Lake Basin (Fig. 5b). The fluctuation of $\delta^{18}\text{O}_V$ was similar to Q , showing how the amount
401 of initial oceanic water vapor influenced the degree of isotopic enrichment in water vapor (Fig. 5c).
402 Throughout the transport process, changes in $\delta^{18}\text{O}_P$ were small, with precipitation isotopes only



403 obviously depleted when precipitation increased significantly (Fig. 5d).

404 Water vapor along Pathway A3 mainly came from the western Pacific (Fig. 4a). Before turning
 405 in the South China Sea, it belonged to zonal transport, with an average Q of $239.9 \text{ kg m}^{-1} \text{ s}^{-1}$. After
 406 turning to meridional transport, average Q reached $458.9 \text{ kg m}^{-1} \text{ s}^{-1}$ (Fig. 5a). Affected by the Western
 407 Pacific Subtropical High, cumulative P along A3 was small, only reaching a maximum when reaching
 408 the southern boundary of Dongting Lake due to the lifting by cold air masses (Figs. 4b and 5b). Similar
 409 to changes along Pathway A2, the $\delta^{18}\text{O}_V$ and $\delta^{18}\text{O}_P$ values were influenced to some extent by the
 410 magnitude of Q and P (Fig. 5).



411 Fig. 5 Variations in average Q (a), cumulative P (b), average $\delta^{18}\text{O}_V$ (c), and average $\delta^{18}\text{O}_P$ (d) along
 412 water vapor transport pathways corresponding to Event A. The numbers on the lower axis represent
 413 the serial numbers corresponding to the grid points along the water vapor transport pathway from the
 414 source region to the Dongting Lake basin, and the points along the pathway were selected at almost
 415 equal intervals to capture the variations in each factor (the same applies to Fig. 7).
 416

417 3.3 Analysis for the extreme freezing event in January 2008

418 From January 12 to February 8, 2008, the most extreme freezing event since 1950 occurred in the
 419 Dongting Lake Basin. Multiple low-temperature and freezing evaluation indicators, including low
 420 temperature, freezing, and severe cold duration, all set extremes for the past 76 years (Zhou et al.,
 421 2011). This low-temperature rain, snow, and freezing process had three obvious characteristics. First,
 422 the intensity was high: the number of rain/snow days, snow cover days, and maximum snow depth in
 423 the entire process all ranked first in history, with 74 of the 97 meteorological stations within the Basin
 424 reaching severe freezing standards. Second, the scope was broad: the entire basin experienced low



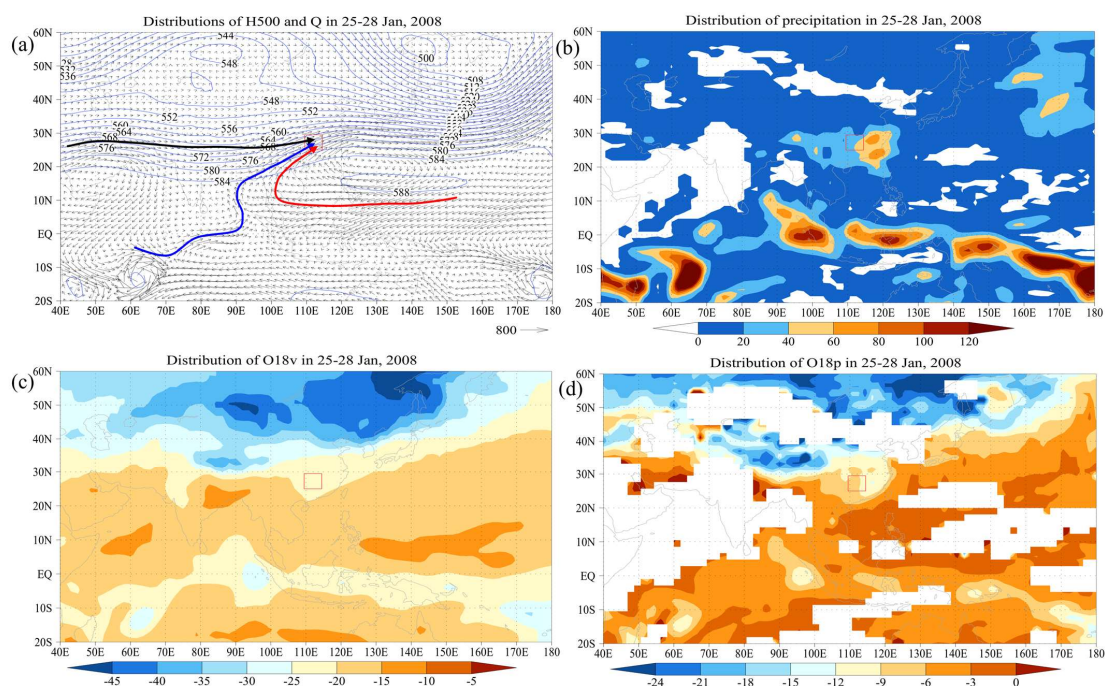
425 temperatures, snow cover, and freezing disasters. Third, the duration was long: the entire freezing
426 process lasted 28 days, the longest since continuous meteorological records began. Among these, 71
427 stations set new local records for longest continuous freezing days; 59 stations set new local records
428 for longest continuous severe cold days; 79 stations had snow cover for more than 10 days, with
429 maximum snow depth reaching 19 cm. Therefore, this section focused on the water vapor transport
430 and its influences on water isotopes in the strongest period of this extreme freezing event, January 25–
431 28 (denoted as Event B).

432 3.3.1 Water vapor budget

433 According to statistics from Fig. 3b, over the 4 days counted, the average Q at the west, north,
434 east, and south boundaries were 369.7, -138.8 , -447.4 , and $234.9 \text{ kg m}^{-1} \text{ s}^{-1}$, respectively, with an
435 average ΣQ for the basin of $18.4 \text{ kg m}^{-1} \text{ s}^{-1}$. Average water vapor input was dominated by the southwest
436 direction, with meridional average water vapor transport accounting for 45.74% of zonal transport (Fig.
437 3b). Compared with the multi-year average for January, Q in each direction increased by 128.92%,
438 290.99%, 154.35%, and 308.52%, respectively. Although input water vapor increased significantly,
439 precipitation did not increase proportionally (Fig. 2a). Under the influence of super-strong cold air, the
440 once-in-a-century extreme freezing event formed in the Dongting Lake Basin.

441 3.3.2 Atmospheric circulation pattern of Event B

442 Similar to Event A, spatial distributions of the corresponding factors were calculated and plotted
443 (Fig. 6). At the H_{500} field (Fig. 6a), an abnormally deep East Asian Trough was stably located off the
444 east coast of the continent, with the trough line position about 10 longitudinal degrees east of normal,
445 and the intensity of the low vortex center about 12 gpdm lower than normal. A powerful Ural Blocking
446 High was located over 70°E - 100°E at mid-to-high latitudes, stable and immobile, continuously
447 transporting strong cold air to the East Asian region. South of 25°N , the Western Pacific Subtropical
448 High was abnormally strong, with the central position exceeding 588 gpdm. The subtropical high ridge
449 line was located at 16 - 17°N , with the western boundary of the ridge extending to 120°E (Fig. 6a). In
450 the normally flat westerly belt of January, a stable South Branch Trough appeared abnormally. Similar
451 to Event A, the Dongting Lake Basin was located precisely in the convergence zone of cold and warm
452 air.



453

454 Fig. 6 Spatial distribution of average H_{500} and Q with three water vapor transport pathways (a),

455 cumulative P (b), weighted average $\delta^{18}O_V$ (c) and $\delta^{18}O_P$ (d) corresponding to Event B.

456 Warm and moist air from the Bay of Bengal driven by the South Branch Trough and warm and
 457 moist air from the western Pacific transported along the periphery of the Western Pacific Subtropical
 458 High, which converged with cold air surging southward ahead of the Blocking High Ridge in the region
 459 south of the Yangtze River, forming a quasi-stationary front with high intensity, broad scope, and long
 460 duration, producing a mesoscale precipitation region in the East Asian region (Fig. 6a). The 4-day
 461 cumulative P at the precipitation center was 50 mm and above (Fig. 6b). Except for the equatorial
 462 convergence zone, where water vapor isotopes were obviously depleted due to heavy precipitation,
 463 average $\delta^{18}O_V$ and $\delta^{18}O_P$ at mid-to-low latitude oceans were obviously positive (Figs. 6c and 6d).
 464 Throughout the Eurasian continent and high-latitude oceans, the $\delta^{18}O_V$ and $\delta^{18}O_P$ values were
 465 obviously negative, with the lowest isotope values in Eastern Siberia. This spatial distribution pattern
 466 of water stable isotopes showed no obvious difference from the multi-year average (Figure not shown).

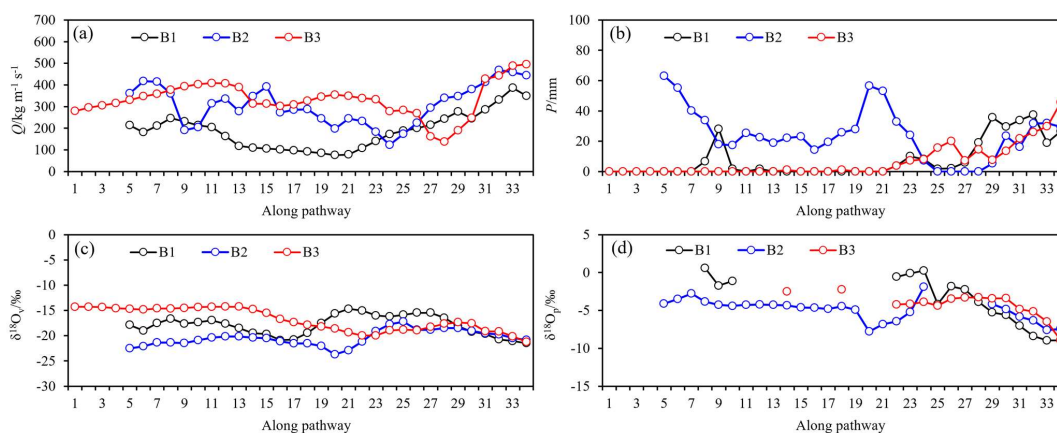
467 3.3.3 Water vapor transport pathways of Event B

468 Based on the water vapor transport vectors in the Q field (Fig. 6a), three water vapor pathways



469 flowing into the Dongting Lake Basin in Event B were also identified: Pathway B1 (black arrow line),
 470 B2 (blue arrow line), and B3 (red arrow line). Along Pathway B1, water vapor originated from the
 471 Arabian Peninsula—that is, driven by the South Branch Westerly Jet south of the Tibetan Plateau,
 472 water vapor traveled along the southern side of the Tibetan Plateau, passing through the Indian
 473 Peninsula, through southwest China, and into the Dongting Lake Basin (Fig. 6a). This zonal water
 474 vapor transport pathway was a conventional route as identified in Xiao et al., 2025a. Along Pathway
 475 B2, water vapor originated from the central South Equatorial Indian Ocean, bypassed the northern
 476 edge of the South Indian Ocean tropical cyclone, crossed the equator, passed through the Bay of Bengal,
 477 through the Indochina Peninsula, into southwest China, and finally to the Dongting Lake Basin. Similar
 478 to Pathway A3, Pathway B3 originated from the equatorial western Pacific, bypassed the edge of the
 479 Western Pacific Subtropical High to the Gulf of Thailand, turned northeast, and ran parallel to Pathway
 480 B2 into the Dongting Lake Basin (Fig. 6a).

481 Similar to Event A, four-factor series were extracted from each factor field (Fig. 7). Although the
 482 three pathways had different water vapor sources, they eventually converged in the Yunnan-Guizhou
 483 region of China before injecting into the Dongting Lake Basin (Fig. 6a). In this process, average
 484 vertically integrated Q and cumulative P both increased significantly (Fig. 8a), while average $\delta^{18}\text{O}_V$
 485 and $\delta^{18}\text{O}_P$ were obviously decreased, showing good coordination (Figs. 7c and 7d).



486
 487 Fig. 7 Variations in average Q (a), cumulative P (b), average $\delta^{18}\text{O}_V$ (c), and average $\delta^{18}\text{O}_P$ (d) along
 488 water vapor transport pathways for Event B.

489 Before reaching the Yunnan-Guizhou region, Pathway B1 had an average Q and average
 490 cumulative P of only $154.4 \text{ kg m}^{-1} \text{ s}^{-1}$ and 3.0 mm , respectively (Figs. 7a and 7b). The fluctuation of



491 average $\delta^{18}\text{O}_V$ was basically consistent with average Q , with relatively high $\delta^{18}\text{O}_P$ in sporadic
492 precipitation (Fig. 7). Pathway B2 had average Q and average cumulative P of $277.0 \text{ kg m}^{-1} \text{ s}^{-1}$ and
493 26.1 mm , respectively (Figs. 7a and 7b). Due to adequate water vapor replenishment, fluctuations in
494 average $\delta^{18}\text{O}_V$ and $\delta^{18}\text{O}_P$ were small (Figs. 7c and 7d). The Pathway B3, influenced by the primary
495 water vapor sources from the western Pacific, it belonged to zonal transport before turning in the South
496 China Sea (Fig. 6a), with an average Q of $239.9 \text{ kg m}^{-1} \text{ s}^{-1}$ and cumulative P of almost 0, while average
497 Q reached $458.9 \text{ kg m}^{-1} \text{ s}^{-1}$ and cumulative P reached 10.3 mm after turning to meridional transport
498 (Figs. 7a and 7b). Similar to Pathway B2, although influenced by rainout effect, benefited by stable
499 and abundant water vapor replenishment, changes in average $\delta^{18}\text{O}_V$ and $\delta^{18}\text{O}_P$ were both small (Figs.
500 7c and 7d).

501 Overall, the above results indicated that changes in water stable isotopes along water vapor
502 pathways followed Rayleigh fractionation mechanisms and water balance principles.

503 4. Discussion

504 4.1 Comparison of average water vapor transport

505 Although changes in precipitation isotopes were influenced by atmospheric circulation changes
506 (Rozanski et al., 1993; Galewsky et al., 2016), the atmospheric circulation patterns of Events A and B
507 showed a certain degree of similarity: at low latitudes, a deepened South Branch Trough and a
508 westward-extended and northward-shifted Western Pacific Subtropical High dominated the transport
509 of warm and moist maritime air from low to high latitudes; at mid-to-high latitudes, a strong, stable
510 Blocking High and an East Asian Trough controlled the southward surge of strong cold air; the middle
511 and lower reaches of the Yangtze River, including the Dongting Lake Basin, were located precisely in
512 the saddle field where cold and warm air masses converge (Figs. 4a and 6a).

513 Based on ERA5 reanalysis data and precipitation isotope data collected at QXY, the average Q
514 and ΣQ for multi-year average June and January in the Dongting Lake Basin, for June 2017 and
515 January 2008 when extreme weather events occurred, and for the processes of Event A and Event B,
516 as well as the corresponding average (or cumulative) P , T , and weighted average $\delta^{18}\text{O}_P$ at QXY, were
517 statistically analyzed to compare differences in water vapor transport and precipitation stable isotopes
518 in different periods (Table 1). All periods showed input from the southwest direction and output to the
519 northeast direction. Compared with the multi-year average, in June 2017, containing Event A, water

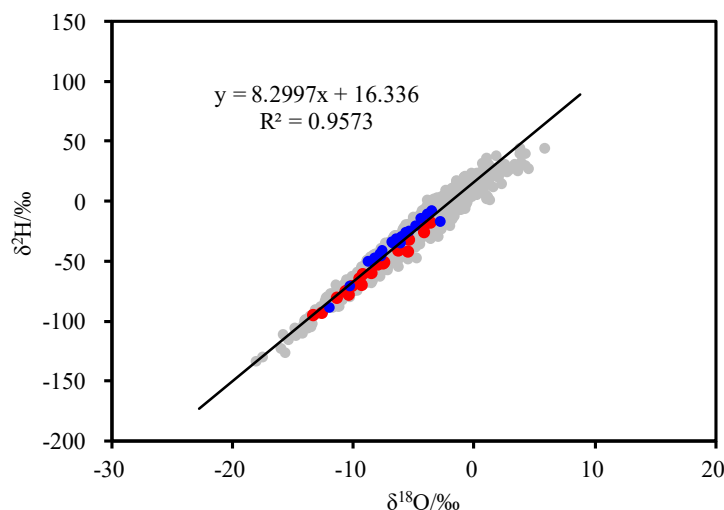


520 vapor input, output, and budget for the Dongting Lake Basin all increased significantly, with monthly
 521 P at QXY increasing by 2.3 times. Among these, the 4-day cumulative P of Event A reached 83.87%
 522 of the normal June value. In January 2008, containing Event B, water vapor input, output, and budget
 523 for the Dongting Lake Basin also increased significantly, resulting in a 66.92% increase in monthly P
 524 at QXY, with the 4-day cumulative P of Event B reaching 58.08% of the normal January value (Table
 525 1).

526 Table 1. Average Q ($\text{kg m}^{-1} \text{s}^{-1}$) and water vapor budget ΣQ ($\text{kg m}^{-1} \text{s}^{-1}$) in each direction (west,
 527 south, north, and east) for different periods in the Dongting Lake Basin based on ERA5 statistics,
 528 and observed cumulative P (mm), average T ($^{\circ}\text{C}$), and weighted average $\delta^{18}\text{O}_P$ (‰) at QXY station.

Factors	Q_W	Q_S	Q_N	Q_E	ΣQ	P	T	$\delta^{18}\text{O}_P$
Average annual June	131.1	190.4	-81.8	-241.3	-1.7	207.7	24.4	-8.4
June 2017	195.5	225.3	-59.8	-348.9	12.1	685.0	23.8	-9.8
Event A	246.5	387.6	-36.0	-537.2	60.9	174.2	24.7	-9.9
Average annual January	161.5	57.5	-35.5	-175.9	7.5	65.6	3.8	-6.2
January 2008	179.6	93.2	-52.5	-210.1	10.2	109.5	-0.8	-7.7
Event B	369.7	234.9	-138.8	-447.4	18.4	38.1	-2.7	-8.1

529 Under extreme weather conditions with significantly enhanced water vapor transport and record-
 530 breaking P increases, the weighted average $\delta^{18}\text{O}_P$ in the Changsha region in June 2017 was only 1.4‰
 531 lower than the normal June value, and in January 2008 was only 1.5‰ lower than the normal January
 532 value (Table 1). Even in the strongest periods of water vapor transport and cumulative P in their
 533 respective months, the process weighted average $\delta^{18}\text{O}_P$ of Event A was only 0.1‰ lower than the
 534 monthly average value in June 2017, and Event B was only 0.4‰ lower than the monthly average value
 535 in January 2008. Usually, constrained by the weak seasonality in atmospheric conditions of evaporation
 536 surface, $\delta^{18}\text{O}_V$ evaporated from low-latitude oceans exhibited minor seasonal variations (Galewsky et
 537 al., 2016; Risi et al., 2020); however, because P in June was significantly greater than in January, the
 538 $\delta^{18}\text{O}_V$ and the resulting $\delta^{18}\text{O}_P$ in June were more negative compared to those in January (Table 1).
 539 According to Fig. 8, precipitation samples in June 2017 containing Event A basically fell below the
 540 Local Meteoric Water Line (LMWL), while those in January 2008 containing Event B basically fell
 541 above the LMWL. Neither deviated obviously from the LMWL due to the extreme rainstorm nor the
 542 extreme freezing events.



543

544 Fig. 8 Correlation scatter of $\delta^2\text{H}_p$ versus $\delta^{18}\text{O}_p$ observed at QXY. Note that the grey points represent
545 all the samples, the red points represent the samples from June 2017, and the blue points represent
546 the samples from January 2008, while the solid line represents the Local Meteoric Water Line
547 (LMWL) fitted by the ordinary least squares linear regression method based on all observed
548 precipitation isotope data, same as the red fitting line in Fig. S1d.

549 4.2 Comparison of atmospheric stratification

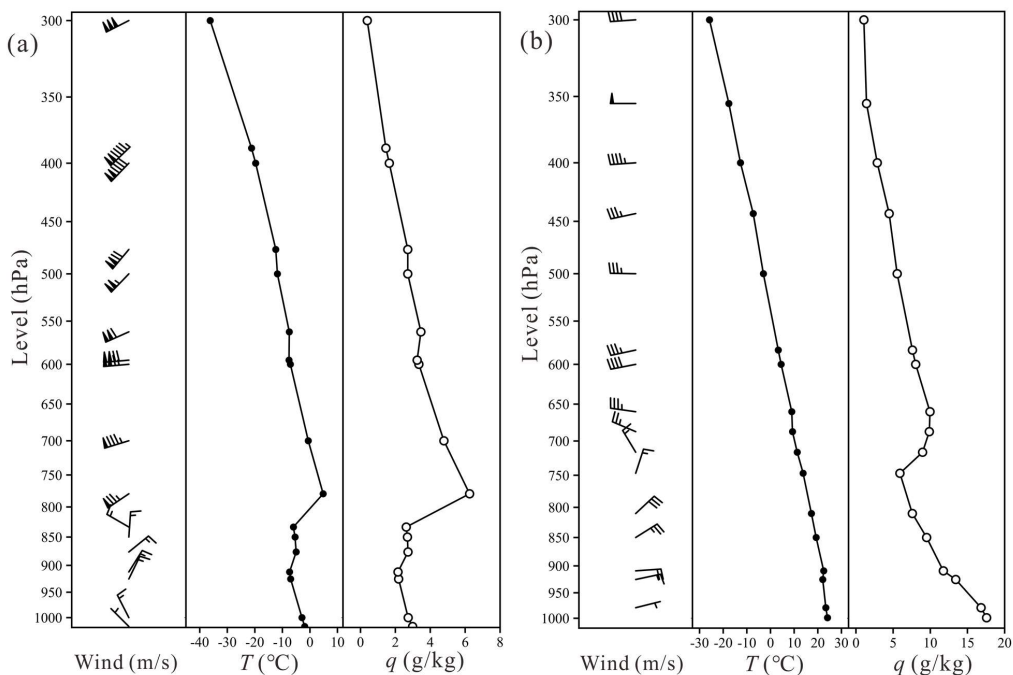
550 Atmospheric stratification refers to the distribution of air temperature and humidity with height
551 in the atmosphere, and understanding the atmospheric stratification of frontal systems is beneficial for
552 recognizing water vapor transport at different altitudes. The most common weather systems in the East
553 Asian monsoon region and most precipitation events are caused by cold fronts or frontal cyclones
554 produced by interactions between cold and warm air (Chen et al., 2020). Details of the airflow structure
555 of cold front systems based on classical meteorological theory (Zhou et al., 1997), including the
556 characteristics of wind direction and water vapor transport at different heights and locations relative to
557 the front, are provided in Section S2 in Supplementary Material along with the schematic diagram (Fig.
558 S2) for reference in subsequent analyses of vertical water vapor transport differences.

559 Event B occurred in the development stage of a super-strong cold front. According to statistics
560 from sounding data at MPL at 19:00 Beijing Time on January 28 (Fig. 9a), below approximately 800
561 hPa: as height increased, wind direction changed from northwest at the surface to northeast and then
562 to southwest; T first decreased from -1.9°C at the surface to -7.4°C , then increased inversely to 4.8°C ;



563 q first slowly decreased from 2.99 g/kg at the surface to 2.15 g/kg, then increased inversely to 6.25
 564 g/kg. Above approximately 800 hPa, as height increased, wind direction remained basically southwest,
 565 while T and q both steadily decreased. Above all, it can be determined that the upper-level front at
 566 Changsha station was located at approximately 800 hPa in this event.

567 Event A also developed within a frontal system. According to the sounding data at the MPL station
 568 at 19:00 Beijing Time on June 25 (Fig. 9b), below approximately 650 hPa, wind direction gradually
 569 shifted from northeasterly at the surface to northwesterly and then to southwesterly with increasing
 570 altitude. T first decreased from 24.1°C at the surface to 9.3°C, then remained essentially isothermal. q
 571 initially decreased from 17.57 g/kg at the surface to 5.91 g/kg, then increased inversely to 9.96 g/kg.
 572 Unlike the winter stratification, high T and q in Event A occurred near the surface due to intense land
 573 surface evaporation. Above approximately 650 hPa, wind direction remained basically southwesterly
 574 to westerly with increasing altitude, while both T and q steadily decreased. Based on these observations,
 575 the upper-level front at Changsha station was located at approximately 650 hPa.



576
 577 Fig. 9 Variations of wind direction and speed $V(u, v)$, T (°C), and specific humidity q (g/kg) with
 578 height for Event B at 19:00 Beijing Time on January 28, 2008 (a) and Event A at 19:00 Beijing Time

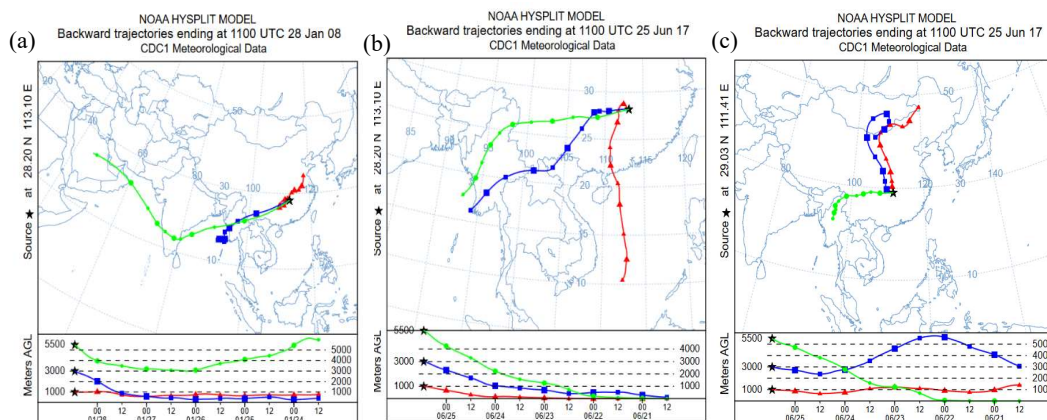


579 on June 25, 2017 (b) based on MPL sounding data.

580 **4.3 Comparison of water vapor transport at different altitudes**

581 Air temperature, humidity, wind direction, and wind speed at different heights in the atmosphere
582 have different variation characteristics, containing differences in atmospheric stability and atmospheric
583 circulation patterns at these levels (Zahan et al., 2019; Ji et al., 2020). According to the atmospheric
584 stratification characteristics of Events A and B in Fig. 9, heights of 1000 m (equivalent to ~900 hPa),
585 3000 m (~700 hPa), and 5500 m (~500 hPa) were selected. Using the HYSPLIT method, the water
586 vapor sources and transport pathways of the lower, middle, and upper atmosphere for the two extreme
587 weather events were tracked. All pathway endpoints were taken at MPL station, with end times at
588 19:00 Beijing Time on January 28, 2008, and 19:00 Beijing Time on June 25, 2017, respectively, with
589 a backward duration of 120 hours (Fig. 10). For Event B, the water vapor transport pathway at 1000
590 m height was from northeast to southwest direction (Fig. 10a), consistent with the low-level wind
591 direction in Fig. 9a and also consistent with the wind field corresponding to the powerful inland cold
592 high on the surface weather map (not shown) at that time. At 3000 m height, water vapor from the Bay
593 of Bengal was transported to Changsha from the southwest direction, while this pathway was similar
594 to Pathway B2 in Fig. 6a. At 5500 m height, the water vapor transport pathway roughly followed the
595 fluctuations of the 500 hPa South Branch Westerlies, similar to Pathway B1 in Fig. 6a.

596 For Event A, water vapor at 1000 m height originated from the western Pacific, with the transport
597 pathway obviously being meridional (Fig. 10b). The two water vapor transport pathways at 3000 m
598 and 5500 m heights were similar, with both water vapor sources being the Bay of Bengal. Obviously,
599 this group of water vapor transport pathways was generated within the same air mass and was
600 inconsistent with the actual sounding results—that is, in Fig. 9b, the lower and middle atmosphere at
601 MPL stably blew northeasterly winds. This deviation was likely because the coarse grid interpolation
602 of HYSPLIT positioned the target station on the warm and moist air mass side—that is, the right side
603 of the frontal surface (Fig. S1b).



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Fig. 10 Water vapor transport pathways tracked by HYSPLIT for MPL in Event B (a) and Event A (b), and for ChD in Event A (c). Note that red dotted lines, blue dotted lines, and green dotted lines in the figures represent pathways at 1000 m, 3000 m, and 5500 m heights, respectively.

For the inconsistency between the HYSPLIT and the sounding results for Event A, this study yielded Fig. 10c by moving the target station $\sim 1^\circ$ westward and $\sim 1^\circ$ northward from the MPL to the ChD station and performing the same HYSPLIT analysis. At 1000 m and 3000 m heights at the ChD station, water vapor transport was from north to south, while the cyclonic circulation in the Mongolian region at the initial stage was related to a warm low there (Figure not shown). At 5500 m height, water vapor from the Bay of Bengal was transported to the ChD through Myanmar and the Yunnan-Guizhou region of China. This group of water vapor transport pathways was generated in different air masses and was basically consistent with the sounding results at MPL (Fig. 9b). Further calculations indicate that, for the 24 hours before the sounding moment for Event A (Table 2), the vertically integrated water vapor at MPL was transported from the southwest, with an average transport of $532.4 \text{ kg}\cdot\text{m}^{-1}\cdot\text{s}^{-1}$, an average temperature of 26.2°C , cumulative P of 51.0 mm, and average $\delta^{18}\text{O}_\text{V}$ of -21.02% under southwest winds. In the same period, vertically integrated water vapor at the ChD was transported from the northwest, with an average transport of $164.0 \text{ kg}\cdot\text{m}^{-1}\cdot\text{s}^{-1}$, an average temperature of 25.2°C , no precipitation, and an average $\delta^{18}\text{O}_\text{V}$ of -18.68% under northwest winds.



622 Table 2. ERA5-based average Q ($\text{kg m}^{-1} \text{s}^{-1}$), zonal and meridional Q (Q_λ and Q_ϕ) ($\text{kg m}^{-1} \text{s}^{-1}$),
 623 cumulative P (mm), average T ($^\circ\text{C}$), and isoGCM-simulated average $\delta^{18}\text{O}_V$ (‰) for Event A in the 24
 624 hours before the sounding moment (19:00 Beijing Time on June 25).

Factors	Q_ϕ	Q_λ	Q	P	T	$\delta^{18}\text{O}_V$
MPL (28.12°N, 113.05°E)	512.5	144.5	532.4	51.0	26.2	-21.02
ChD (29.03°N, 111.41°E)	119.3	-112.5	164.0	0.0	25.2	-18.68

625 Although both the Q method and the HYSPLIT method can be used for water vapor tracing, there
 626 are differences between the two. For instance, the former tracks water vapor transport of the entire
 627 atmospheric column or a certain layer of atmosphere through the water vapor field, while the latter
 628 backtracks airflow at specific heights through wind fields, and the results may represent water vapor
 629 tracing or air particle tracing (Esquivel-Hernández et al., 2019; Nie and Sun, 2022; Xiao et al., 2025a).
 630 As is known, airflow is limited by atmospheric circulation; as a carrier of water vapor, airflow can
 631 transport water vapor in all directions, but not all water vapor from all directions can produce
 632 precipitation (Deng et al., 2024; Xiao et al., 2025a). In the case of the common frontal systems, as
 633 shown in Fig. S2, the HYSPLIT method tracks backward trajectories of air particles at discrete heights,
 634 which can differ notably from the vertically integrated water vapor flux (Q method) within intense
 635 frontal systems where wind direction and water vapor content change sharply with height. The
 636 performance of the HYSPLIT method is sensitive to station location across the frontal system and
 637 coarse horizontal resolution, which may misinterpret the actual water vapor transport of the entire
 638 atmospheric column. Moreover, in the East Asian monsoon region, large-scale water vapor transport
 639 can be roughly divided into inland water vapor from high latitudes and maritime water vapor from low
 640 latitudes. Usually, inland air masses have cold and dry properties and gradually transform during
 641 southward movement, while maritime water vapor has warm and moist characteristics with high
 642 unstable energy, and is easily lifted by large terrain and fronts during northward movement to produce
 643 precipitation (Chen et al., 2020; Reshma et al., 2024; Song et al., 2024). From the above analysis, it
 644 can be seen that water vapor is a necessary condition for precipitation production, but not a sufficient
 645 condition, and the production of precipitation at a location requires not only water vapor input but also
 646 dynamic conditions to lift the water vapor and thermal conditions for water vapor condensation.

647 4. Conclusion

648 Based on the prior climatic-scale study and using the consistent water vapor diagnostics and water



649 vapor calculations, the atmospheric circulation backgrounds and water vapor sources of Event A and
650 Event B (i.e., the once-in-a-century extreme rainstorm event in June 2017 and the once-in-a-century
651 extreme freezing event in January 2008) occurring in the Dongting Lake Basin were determined. The
652 characteristics of vertically integrated water vapor flux and water stable isotopes along different water
653 vapor transport pathways were analyzed. Although occurring in two distinctly different seasons in
654 summer and winter, the atmospheric circulation patterns and water vapor transport pathways affecting
655 the extreme rainstorm event and the extreme freezing event showed high similarity: at low latitudes, a
656 deepened South Branch Trough and a westward-extended and northward-shifted Western Pacific
657 Subtropical High dominated the transport of warm and moist maritime air from low to high latitudes;
658 at mid-to-high latitudes, a strong, stable Blocking High and an East Asian Trough controlled the
659 southward surge of strong cold air. The middle and lower reaches of the Yangtze River, including the
660 Dongting Lake Basin, were located precisely in the saddle field where cold and warm air masses
661 converged. The largest contributor to water vapor sources for both extreme weather events was the
662 transport from the southwest direction, both setting historical records for their respective months.
663 Along different water vapor transport pathways, changes in water stable isotopes followed Rayleigh
664 fractionation mechanisms and water balance principles. Statistical results showed that precipitation
665 isotopes in June 2017, containing Event A, basically fell below the LMWL, while those in January
666 2008, containing Event B, basically fell above the LMWL; neither deviated obviously from the LMWL
667 due to the extreme heavy rainstorm event or the extreme low-temperature freezing event. In the frontal
668 system formed by strong interactions between cold and warm air, air temperature, humidity, wind
669 direction, and wind speed varied differently at different heights, as reflected in the differences in water
670 vapor transport at these levels. Water vapor is a necessary condition for precipitation production, but
671 not a sufficient condition. The production of precipitation requires not only water vapor input but also
672 dynamic conditions to lift the water vapor and thermal conditions for water vapor condensation.

673 This study complements our prior climatic-scale research by investigating centennial extreme
674 weather events, verifying that long-term universal patterns remain robust even under extreme
675 conditions. It proves that identical large-scale circulation patterns can generate fundamentally different
676 extreme weather events, with precipitation isotopes acting as robust tracers to distinguish water vapor
677 source signals from event-specific condensation intensity effects. Combining the Q method and



678 HYSPLIT method is transferable to other basins, and the framework can also be adapted to other
679 synoptic extreme events, including tropical cyclones and spring persistent rains, provided high-quality
680 station precipitation isotope records and equivalent reanalysis/model datasets are available. However,
681 the HYSPLIT method adopts 2.5° coarse reanalysis grids, introducing positional bias near narrow
682 frontal zones where wind and humidity shift sharply over short distances, while the HYSPLIT method
683 effectively captures vertically stratified water vapor transport but is constrained by its
684 height-dependent air particle-tracking nature, which may not fully represent the column-integrated
685 vapor transport derived from the Q method within intense frontal systems. Future work will extend
686 comparative analysis to other extreme event types in monsoon and mid-latitude regions.

687 **Competing interests**

688 The authors declare that they have no known competing financial interests or personal relationships
689 that could have appeared to influence the work reported in this paper.

690 **Author contribution**

691 XX: Methodology, Software, Writing- Original draft preparation, Reviewing and Editing. XPZ:
692 Supervisor, Guide, Data curation, Methodology, Software, Writing- Original draft preparation,
693 Reviewing and Editing. JMZ, ZLL, DZW, ZYX, ZGR, and XGH: Methodology, Reviewing and
694 Editing. All authors made substantial contributions to the discussion of content.

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700 Meteorological Station in Changsha.

701 **Code/Data availability**

702 The global atmospheric reanalysis data and water stable isotope simulation data are downloaded from
703 the ECMWF 5th generation atmospheric reanalysis data (ERA5, <https://cds.climate.copernicus.eu/>)
704 and the second-generation isoGSM2 dataset
705 (<https://datadryad.org/stash/dataset/doi:10.6078/D1MM6B>), respectively. The stable isotopic data of



706 precipitation and meteorological data at the Changsha station are accessible by emailing the
707 corresponding author (zxp@hunnu.edu.cn) with a reasonable request.

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