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Structural drivers of exhumation in compressional orogens: Examples from western Nepal

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Abstract. The magnitude and location of vertical uplift in fold-thrust belts is a function of the geometry, duration, and timing of faults and how these structures have evolved over time. Yet in the Himalaya, uncertainties persist in whether vertical uplift and exhumation are driven by sustained displacement over mid-crustal ramps in the basal décollement, pulses of more rapid exhumation during periods of out-of-sequence fault displacement, or a combination of these drivers. In western Nepal, the well-defined zone of steep slopes and high relief that marks the high Himalaya in central Nepal splits into two zones: a northern zone ~10 km south of the Main Central thrust (MCT) and a southern zone ~80 km south of the MCT. While geomorphic metrics indicate active uplift in the southern zone, ~5-10 Ma apatite fission track and (U-Th)/He ages limit the amount of young exhumation. In the northern zone, <6 Ma muscovite $^{40}Ar/^{39}Ar$ ages indicate significant exhumation. We evaluate variations in ramp geometry and kinematic sequence, particularly the importance of out-of-sequence faults, necessary to reproduce the observed cooling ages, topography, and geomorphic metrics along the Simikot transect by integrating new and published cooling ages, basin accumulation data, and geomorphic uplift indicators with thermokinematic and landscape evolution models of three balanced cross-sections. Model results demonstrate that the northern zone of high relief and young exhumation is a combination of sustained uplift over an active ramp and recent motion on an out-of-sequence fault at ~5 km south of the MCT. The southern zone of high relief is produced by active (<0.6 Ma), but low displacement, surface breaking and subsurface faults. Thermokinematic model results emphasize the importance of a northernly ramp location, co-located with the youngest measured cooling ages at ~13 km north of the MCT, and of the out-of-sequence thrusting at ~6-5 Ma and <1 Ma.

1 Introduction

The spatial and temporal signals of fault-driven uplift and associated erosional exhumation in a fold-thrust belt are contained in the across-strike pattern of thermochronologic ages and geomorphic indicators such as river steepness indices (e.g., Lock & Willett, 2008; Kirby & Whipple, 2012). The fault-driven vertical motion of rocks elevates the topographic surface, driving increased relief, river incision, and mass wasting processes (e.g., Montgomery & Brandon, 2002; Whipple & Tucker, 1999; Willett, 1999). This focusing of erosion in response to surface uplift drives steepening of rivers, exhumes rocks to the surface, and advects the closure isotherm of a given thermochronometer system upward (Ehlers & Farley, 2003; Ghoshal et al., 2020; Lock & Willett, 2008; McQuarrie & Ehlers, 2017). Yet debate persists on the location, geometry, age, and type of structures that drive uplift and facilitate exhumation, particularly in the Himalayan orogen (e.g., DeCelles et al., 2020; Ghoshal et al., 2020; Harvey & Burbank, 2024; Wobus et al., 2006a,b). Here, observations show the youngest cooling ages are located in regions of high topography and elevated geomorphic indicators like increased slope, relief, and river steepness. The vertical uplift has been attributed to continuous exhumation due to sustained motion over mid-crustal ramps in the basal décollement, pulses of more rapid exhumation during

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periods of out-of-sequence fault displacement, or a combination of these drivers, with shortening distributed across multiple faults (e.g., Ghoshal et al., 2020, 2023; Harvey & Burbank, 2024; Thiede et al., 2017; Wobus et al., 2006a,b).

In western Nepal, previous studies propose active décollement ramps that range between ~3 km and ~8.5 km tall and that are located ~120 km to ~40 km south of the Main Central Thrust (MCT), positioned beneath the southernmost edge of the Dadeldhura klippe to beneath the northern limb of the klippe (Fig. 1) (DeCelles et al., 2020; Hoste-Colomer et al., 2018; Laporte et al., 2021; Olsen et al., 2019; Robinson et al., 2006; Subedi et al., 2018). However, these proposed ramp locations are also where the oldest apatite fission track (AFT) and (U-Th)/He (AHe) cooling ages are observed in the region. The presence of older (~5-10 Ma) AFT and AHe cooling ages suggests a limited amount of young exhumation has occurred in the klippe and brings into question the validity of a long-lived active décollement ramp in this location (e.g. Harvey & Burbank, 2024). Additionally, young (<6 Ma) muscovite $^{40}Ar/^{39}Ar$ (MAr) and zircon (U-Th)/He (ZHe) ages at ~20 km south to ~20 km north of the MCT are present where topography is the highest in the region. Observations of young cooling ages and elevated topography require recent active uplift farther north than any of the previously proposed ramps are located. As the magnitude and location of vertical uplift and enhanced erosional exhumation are a function of the geometry, duration, and magnitude of displacement (e.g., Lock & Willett, 2008; McQuarrie & Ehlers, 2015, 2017), the proposed ramp locations and kinematic sequence must be able to replicate the distribution of elevated geomorphic indices and young cooling ages measured at the surface.

We explore the influence of the size and location of décollement ramps and magnitude of out-of-sequence motion on the distribution of cooling ages using three balanced cross-sections of different ramp geometries. The balanced cross-sections, thermochronologic ages, basin accumulation data, and locations of geomorphic uplift are integrated with thermokinematic and landscape evolution models to evaluate the potential changes in the ramp geometry and kinematic sequence necessary to reproduce the measured cooling ages and modern topography of the western Nepal Himalaya.

2 Geologic background

2.1 Tectonic setting

At ~58-60 Ma, the collision of India and Asia initiated and shortening progressed southward to form the Himalayan-Tibetan orogenic system (e.g., DeCelles et al., 2014; Gansser, 1964). The Himalayan orogen is commonly divided into four tectonostratigraphic zones bounded by major faults: the Subhimalaya, Lesser Himalaya (LH), Greater Himalaya (GH), and Tethyan Himalaya (e.g. Gansser, 1964). From south to north, the Main Frontal thrust (MFT) places the Subhimalaya over the modern foreland, the Main Boundary thrust (MBT) juxtaposes LH rocks over the Subhimalaya, the Main Central thrust (MCT) places GH rocks over LH rocks, and the Southern Tibetan Detachment is the contact between GH and Tethyan Himalayan rocks (Fig. 1). The major faults sole into the Main Himalayan thrust (MHT), the basal décollement. In western Nepal, the LH is segmented into lower and upper units by an orogen-scale fault, the Ramgarh-Munsiari thrust (RMT) (Fig. 1).

2.2 Basin record

Along A-A', the Siwalik Group comprises ~6.3 km of synorogenic sedimentary rocks, with ~2 km in the lower unit, 2.74 km in the middle unit, and ~1.5 km in the upper unit (Fig. 2) (Gautam & Fujiwara, 2000; Sigdel & Sakai, 2016). The lower Siwalik unit was deposited from ~16 Ma to ~9.6 ± 1 Ma (Gautam & Fujiwara, 2000). Near the top of the lower Siwalik unit, ε_{Nd} values become distinctly more negative (Fig. 2c) and indicate exhumation of lower LH rocks to the surface and initial influx of LH-derived detritus to the foreland basin at ~10 Ma (Huyghe et al., 2001; Quade et al., 1997; Robinson et al., 2001, 2006; Szulc et al., 2006). The basal ~1.5 km of the middle Siwalik unit accumulated from ~9.6 ± 1 Ma to ~5 ± 1.5 Ma and the upper Siwalik unit was

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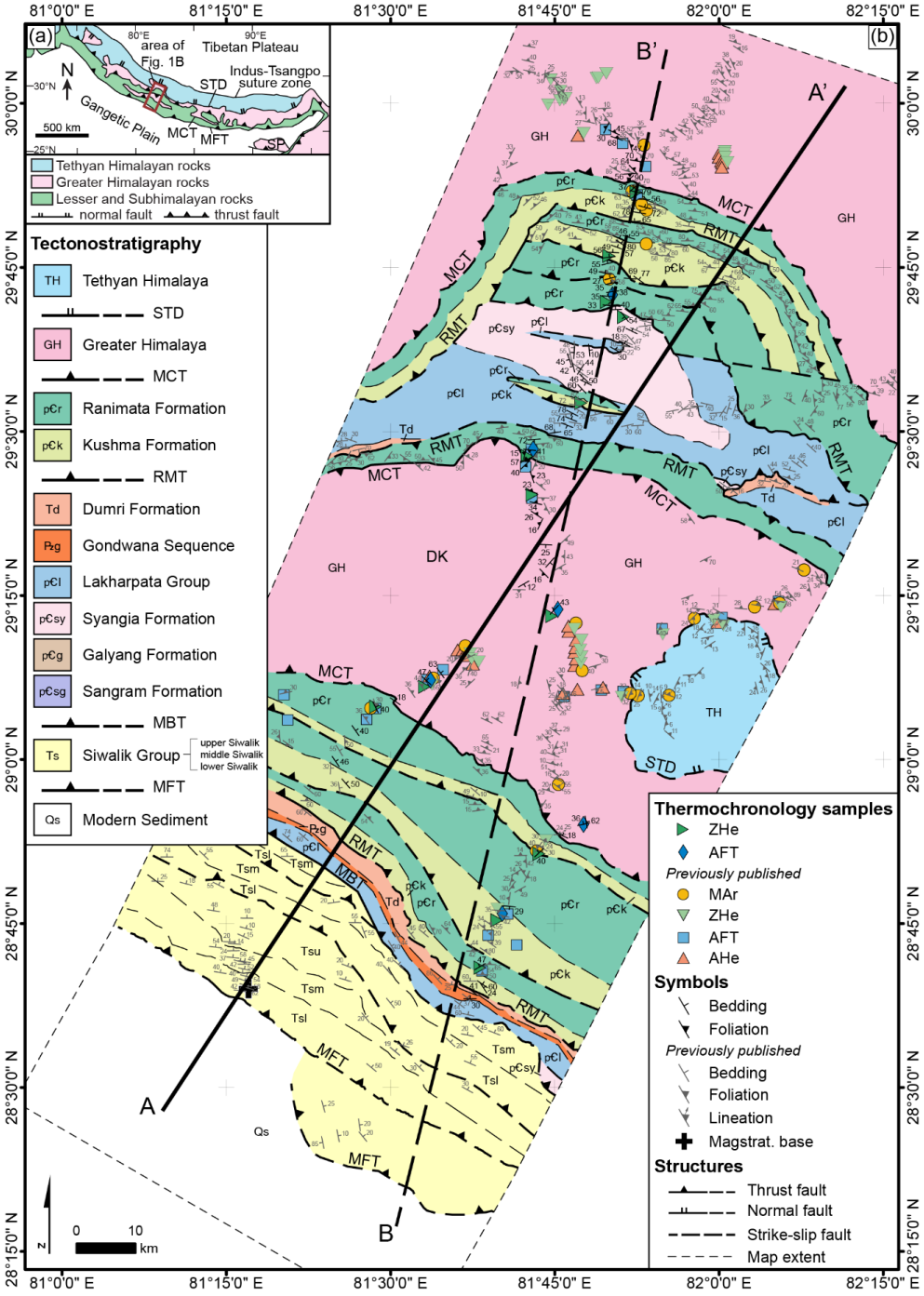

Figure 1: (a) Simplified geologic map of the major tectonostratigraphic zones and structures of the Himalayan orogen. (b) Geologic map of the Simikot transect in western Nepal. Thick black lines marked A-A' and B-B' show the positions of the cross-sections in Figs. 3-5. Geologic mapping is based on observations and orientation measurements from this study, Robinson et al. (2006), DeCelles et al. (2020), Soucy La Roche et al. (2016, 2018), Braden et al. (2020), Montomoli et al. (2013), Yakymchuk & Godin (2012), Iaccarino et al. (2017), Mugnier et al. (1999), and Sigdel & Sakai (2016). Thermochronologic data is from this study, Braden et al. (2020), DeCelles et al. (2020), Harvey & Burbank (2024), McCallister et al. (2014), Mercier (2014), Sakai et al. (2013), Sherpa et al. (2023), Soucy La Roche et al. (2016, 2018), and van der Beek et al. (2016). DK, Dadeldhura klippe; MBT, Main Boundary thrust; MCT, Main Central thrust; MFT, Main Frontal thrust; RMT, Ramgarh-Munsiari thrust; STD, Southern Tibetan Detachment.

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deposited after ~4-5 Ma (Gautam & Fujiwara, 2000). To the east, estimates of the Siwalik Group thickness increase along strike as a function of map pattern width and variability in orientation measurements (Fig. 1). Along B-B', the Siwalik Group is estimated as ~7.5-8.5 km thick, with a ~2.5 km thick lower unit, ~3-4 km thick middle unit, and ~2-2.5 km thick upper unit (Fig. 2d).

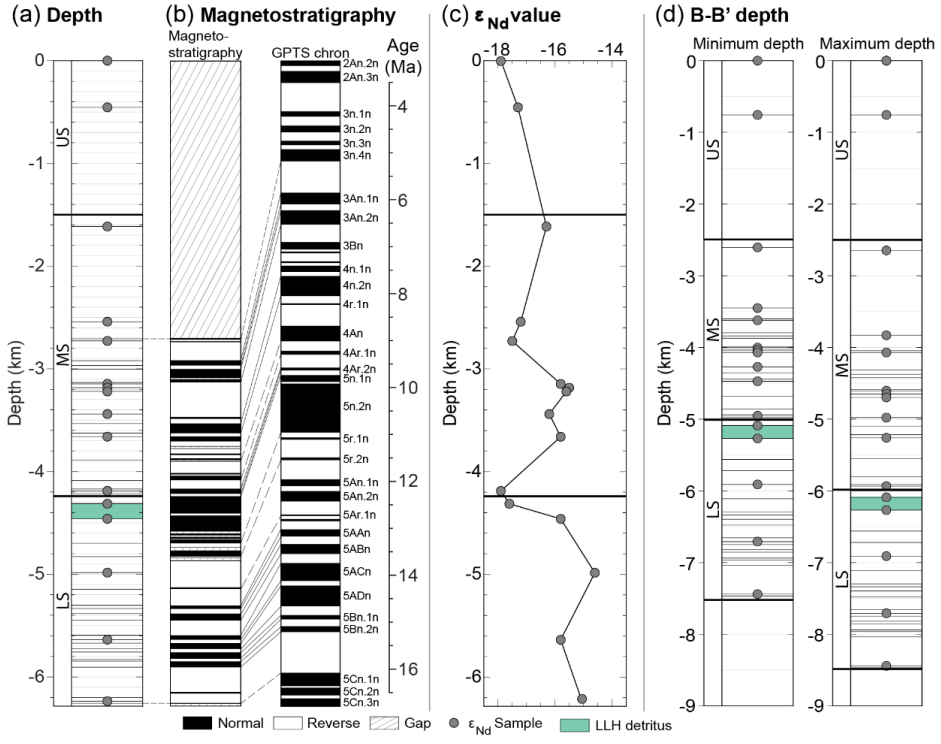

Figure 2: Measured Siwalik Group and magnetostratigraphic correlation. (a) Thickness and sample depths for A-A' (Gautam & Fujiwara, 2000; Sigdel & Sakai, 2016). Green shading highlights the depth of lower LH-derived sediments (Huyghe et al., 2001; Szulc et al., 2006). (b) Magnetostratigraphic record for A-A' and correlation with the geomagnetic polarity time scale (GPTS) of Cande & Kent (1995) (Gautam & Fujiwara, 2000). (c) Detrital ε_{Nd} values and sample depths for A-A' (Huyghe et al., 2001; Szulc et al., 2006). (d) Maximum and minimum basin thicknesses for transect B-B'. Sample depths and depositional ages are projected along strike from A-A'. LLH, lower LH; LS, lower Siwalik unit; MS, middle Siwalik unit; US, upper Siwalik unit.

2.3 Published thermochronologic record

Published cooling ages utilized include 21 MAr ages, 31 ZHe ages, 24 AFT ages, and 24 AHe ages (Fig. 3a) (Braden et al., 2020; DeCelles et al., 2020; Harvey & Burbank, 2024; McCallister et al., 2014; Mercier, 2014; Sakai et al., 2013; Sherpa et al., 2023; Soucy La Roche et al., 2016, 2018; van der Beek et al., 2016). MAr ages include single grain and multigrain aliquots and are presented with 2σ analytical errors. ZHe and AHe ages are the mean of 2-8 single grain ages, with a two standard deviation error. AFT ages are presented as a central age of 10-50 single grains and 2σ error (Figs. 1, 3a).

3 Methods

3.1 Geologic mapping and cross-section construction

Geologic mapping was completed at a 1:200,000 scale using the tectonostratigraphic framework of Robinson et al. (2006). Our mapping was incorporated with observations from Robinson et al. (2006), DeCelles et al. (2020), Soucy La Roche et al. (2016, 2018), and Mugnier et al. (1999) to connect contacts along strike (Fig. 1). The updated mapping, stratigraphic thicknesses

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determined from the map distance and orientation, and foreland basin thickness were integrated into a balanced cross-section to describe the subsurface structures for A-A'. The transect line for A-A' is oriented parallel to the direction of convergence determined from GPS measurements in western Nepal (e.g., Ader et al., 2012; Jouanne et al., 2004) and positioned to minimize the distance needed to project the samples and measurements in the Subhimalaya onto the section. The measured data was projected onto the transect line following the strike of the major structures and contacts. The location of décollement ramps was constrained from the distribution of young cooling ages and elevated channel steepness values (Fig. 3) (see Sects. 3.2-3.3, 4.3-4.4). The cross-section was balanced and restored to its undeformed state using the line-length method (Dahlstrom, 1969). Ductile deformation, penetrative strain, or small-scale folding is not accounted for in the cross-sections. Granular distortions that have been identified largely record layer-normal flattening (Braden et al., 2020; Ghoshal et al., 2020; Yakymchuk & Godin, 2012), with flattening interpreted to have occurred on the prograde burial path for the LH rocks and preceding or contemporaneous with fault displacement for the GH rocks (e.g., Corrie et al., 2012; Law et al., 2013; Long et al., 2016; Long & Kohn, 2020). We do not incorporate internal deformation of units in the cross-sections and flexural-kinematic models we present here, with faults treated as discrete structures and thrust sheets as rigid bodies. Distributed ductile shearing is a required component of deformation when

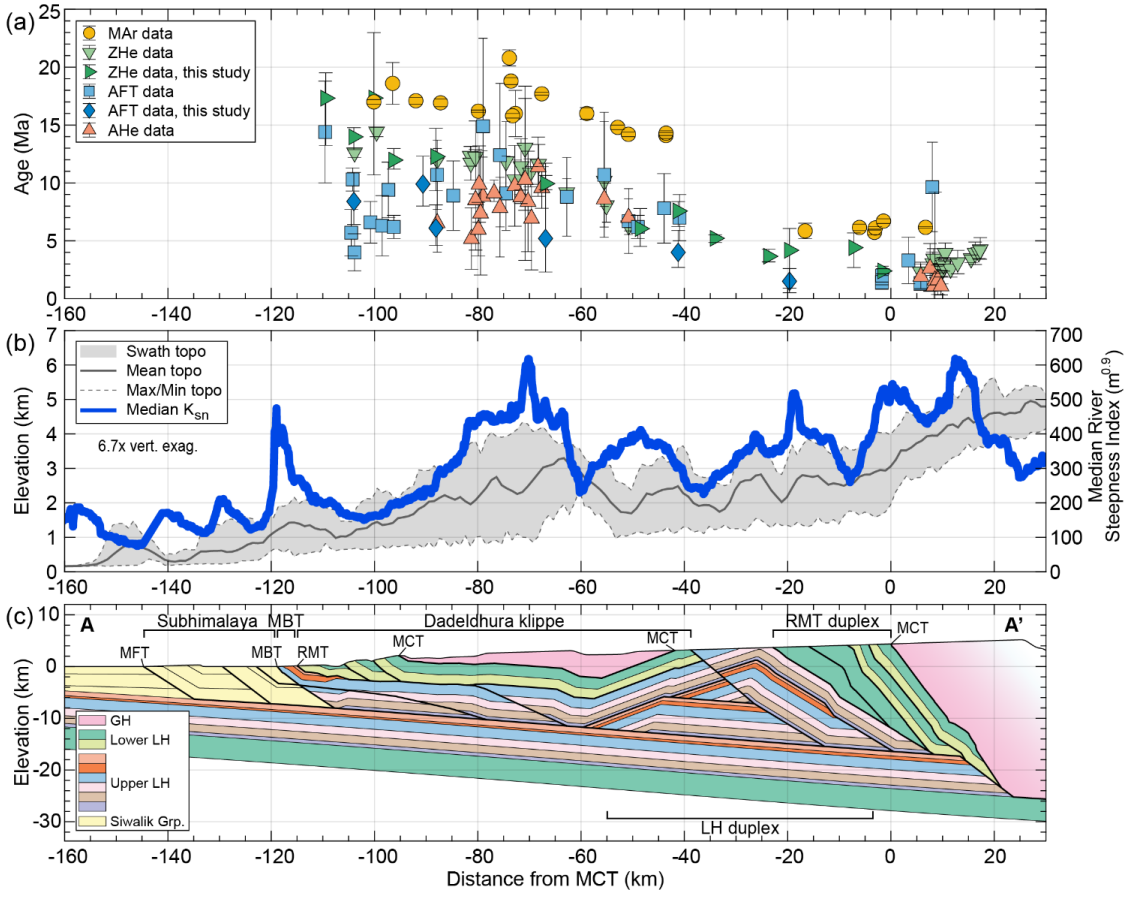

Figure 3: Measured cooling ages, geomorphic indices, and cross-section geometry for the Simikot section. (a) Cooling age-distance profile, (b) topographic swath and normalized river steepness indices, and (c) cross-section geometry for A-A' in western Nepal. Thermochronologic data are from this study, Braden et al. (2020), DeCelles et al. (2020), Harvey & Burbank (2024), McCallister et al. (2014), Mercier (2014), Sakai et al. (2013), Sherpa et al. (2023), Soucy La Roche et al. (2016, 2018), and van der Beek et al. (2016). See Fig. 1 for the detailed stratigraphy. MBT, Main Boundary thrust; MCT, Main Central thrust; MFT, Main Frontal thrust; RMT, Ramgarh-Munsiari thrust.

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there is evidence of marked changes in unit thickness, temperature or pressure gradients that cannot be reproduced with models of discrete fault structures (Braza et al., 2023; Corrie et al., 2012; Long et al., 2016; Long & Kohn, 2020). The integration of the cross-section geometry and kinematics with a thermal model allows us to compare the modelled temperatures with published temperature estimates to assess our assumption that motion along discrete structures exert a first-order control on the burial and exhumation pathways of rocks in western Nepal (e.g. Braza et al., 2023).

3.2 Geomorphic expressions of uplift

To examine the spatial distribution of recent uplift, the normalized channel steepness index (k_{sn}) was calculated from a ~30 m ASTER DEM (U.S./Japan ASTER Science Team, 2019) using TopoToolbox v2 (Schwanghart & Scherler, 2014). The k_{sn} values were calculated using a 0.45 reference concavity (θ_{ref}) (e.g. Kirby & Whipple, 2012). Median k_{sn} values were calculated for a 40 km wide swath bounding A-A' and projected onto the center line. A smoothing window of 5 km was applied to the median k_{sn} values.

3.3 Thermochronology

New thermochronologic data is presented for 13 ZHe and 6 AFT samples (Table 1, Fig. 1) (Braza et al., in rev. a,b). Analyses were carried out at the University of Arizona Radiogenic Helium Dating Laboratory for the ZHe samples (Text S1) and at Occidental College Fission Track Research Laboratory for the AFT samples (Text S2).

3.4 Thermokinematic modelling

Flexural-kinematic modelling of the balanced cross-sections was completed using Move (Petex), following established procedures (Text S3) (Braza & McQuarrie, 2022a; Ghoshal et al., 2020; McQuarrie & Ehlers, 2015, 2017) and using the parameters in Table 2. The model initiates with the top of the Gondwana Sequence at 0 m elevation at the MFT. GH rocks initiate at ~35-45 km depth with an initial sedimentary taper of ~0.5°, consistent with the published peak temperature conditions (e.g. Fig. S1) (Braden et al., 2020; Soucy La Roche et al., 2018). Flexural-kinematic models are required to reproduce the surface geology, basin thickness, and depth to basin provenance indicators (Braza & McQuarrie, 2022a; McQuarrie & Ehlers, 2015, 2017).

Viable flexural-kinematic models were thermally modelled using Pecube-D (Text S4) (Ehlers, 2023; McQuarrie & Ehlers, 2015; Whipp et al., 2009), a modified version of the advection-diffusion code Pecube (Braun, 2003; Braun et al., 2006). Each ~10 km deformation step was assigned an age to convert the Move displacement fields to velocity fields (McQuarrie & Ehlers, 2015). Constant and variable shortening rates were tested. Constant shortening rates of 25-35 mm/yr were applied to initiate MCT motion at 25-30 Ma (e.g. Soucy La Roche et al., 2018). Variable velocities were constrained from the timing of the structures controlling the distribution of cooling ages and from the depth and depositional ages in the foreland basin (Braza & McQuarrie, 2022a,b; McQuarrie & Ehlers, 2015, 2017). The velocity fields and the specified thermal and crustal parameters (Table 2) are used by Pecube-D to solve the advection-diffusion heat equations to predict the subsurface thermal field for each deformation step (Braun, 2003; Braun et al., 2006; Ehlers et al., 2005). The predicted time-temperature histories, predicted cooling rates, and prescribed mineral kinetics (Dodson, 1973; Ehlers et al., 2005; Hames & Bowring, 1994; Hodges et al., 2014; Ketcham et al. 2007; Reiners et al., 2004) are used by Pecube-D to calculate a suite of cooling ages for points at the surface (e.g., Braun, 2003; Braun et al., 2006; Ehlers, 2023) (Text S5).

Thermokinematic models are evaluated by their ability to reproduce the measured cooling ages (119 ages) and basin accumulation data (33 constraints). The predicted cooling ages and ±0.5 Ma applied error are required to overlap with the measured age and associated ±2σ error. A lateral error of ±0.5 km is applied for the measured cooling data to account for uncertainty from

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Table 1. Sample locations and cooling ages

Sample	Longitude (dd.ddddd)	Latitude (dd.ddddd)	Elev. (m)	Map unit	Lithology	AFT Age (Ma)	AFT 2σ Error (Ma)	ZHe Single-grain age (Ma)	ZHe 2σ Analytical error (Ma)	ZHe Mean age (Ma)	ZHe 2σ Error (Ma)
FWN17-015	81.8806	29.8557	1945	Ranimata	quartzite	-	-	2.6	0.1	2.4	0.2
								2.3	0.1		
								2.3	0.1		
FWN17-031	81.8328	29.7681	3698	Kushma	quartzite	-	-	4.0	0.1	4.4	+1.3/-1.7
								3.2	0.1		
								6.0	0.1		
FWN17-042	81.8320	29.7072	1933	Ranimata	quartzite	1.5	+1.1/-0.6	2.4	0.1	4.2	+1.9/-3.7
								2.5	0.1		
								7.6	0.2		
FWN17-046	81.8552	29.6747	1866	Syangia	quartzite	-	-	4.0	0.1	3.7	+0.6/-0.5
								3.1	0.1		
								3.8	0.1		
FWN17-061	81.7897	29.5438	1175	Kushma	quartzite	-	-	5.2	0.1	5.2	+0.3/-0.4
								5.0	0.1		
								5.4	0.1		
FWN17-069	81.7107	29.4718	1093	Ranimata	augen gneiss	4.0	+1.9/-1.3	8.7	0.2	7.6	+0.8/-1.3
								7.1	0.2		
								7.0	0.2		
FWN17-076	81.7157	29.4046	1085	GH	quartzite	-	-	6.4	0.2	6.0	+1.7/-1.5
								7.4	0.2		
								4.4	0.1		
FWN17-083	81.7485	29.3113	1365	GH	quartzite	5.2	+6.5/-2.9	10.2	0.3	9.9	+0.7/-0.5
								10.1	0.3		
								9.5	0.3		
FWN17-089	81.5546	29.1202	813	GH	quartzite	6.1	+2.0/-1.5	10.1	0.3	12.3	+2.4/-3.0
								11.9	0.3		
								14.8	0.4		
FWN17-091	81.4775	29.0803	850	Ranimata	augen gneiss	-	-	12.3	0.3	12.0	+1.0/-0.8
								12.3	0.4		
								11.3	0.3		
FWN17-096	81.7934	28.9012	1007	GH	quartzite	9.9	+2.4/-1.9	-	-	-	-
FWN17-098	81.7256	28.8577	1467	Kushma	quartzite	-	-	12.1	0.4	17.3	+5.6/-6.6
								16.7	0.6		
								23.2	0.8		
FWN17-100	81.6645	28.7647	720	Kushma	augen gneiss	8.4	+2.5/-2.0	14.7	0.4	14.0	+0.8/-1.1
								13.6	0.4		
								13.7	0.4		
FWN17-102	81.6356	28.6840	2196	Kushma	quartzite	-	-	20.9	0.5	17.3	+2.2/-4.1
								15.6	0.4		
								15.6	0.4		

projecting the samples along strike onto the transect line. The percent fit of the predicted cooling ages for each model is calculated by dividing the number of matched measurements by the total number of age measurements, for each chronometer (MAr, ZHe, AFT, and AHe) and the modelled cooling ages as a whole (Braza & McQuarrie, 2022a). Models are also required to match the measured basin thickness, depth of provenance indicators, and depositional ages (Braza & McQuarrie, 2022a). The modelled basin is required to have thicknesses within ±0.5 km of the cross-section basin thickness, due to the variability in the orientations, map width, and number of faults deforming the Siwalik Group (e.g. Fig. 1), and depositional ages that fall within the measured age range at an equivalent depth (Braza & McQuarrie, 2022a). The percent fit of the basin is calculated by dividing the number of matched measurements by the total number of depth and depositional age constraints (Braza & McQuarrie, 2022a). The percent fits for the cooling ages and basin accumulation are equally weighted to determine the total model fit.

As we do not incorporate any distributed ductile shearing that leads to either vertical thinning and horizontal extension or vertical thickening and horizontal compression, the viability of the geometry and kinematics of our best-fit model (Model C) is

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Table 2. Constant parameters for flexural-kinematic models, thermal models, and landscape evolution models

Property/Parameter	Model Input Value
Flexural-Kinematic Models	
Kinematic grid spacing	0.5 km
Displacement increment	~10 km
Crustal density	2575-2700 kg/m^3
Sediment density	2000-2350 kg/m^3
Mantle density	3300 kg/m^3
Effective elastic thickness	70-110 km
Topographic erosion angle	1.3-1.75°
Thermal Models	
Crustal volumetric heat production	2.0–4.0 μW/m^3
e-folding depth of crustal heat production	20 km
Specific heat capacity	800 J·kg·K
Model base	110 km
Temperature at base	1300 °C
Surface temperature at 0 km	24 °C
Atmospheric lapse rate	6 °C/km
Model domain	900-1250 × 110 × 5 km
Horizontal node spacing (numerical model)	0.5-1 km
Vertical node spacing (numerical model)	1 km
Model start time	55 Ma
Landscape Evolution Models	
Model width	60 km
Model length	250 km
Model start time	10.3 Ma
Model time increment	0.1 Myr
Initial resolution	0.5 km/node
Fluvial transport coefficient	2×10^{-6} km^2/yr
Fluvial erosion constant	4×10^{-4}
Fluvial incision time prior to tectonic advection	0.5 Myr

assessed by evaluating the predicted peak temperatures against measured temperature estimates (Braza et al., 2023). The ability to reproduce the measured peak temperature gradients with thermokinematic models that do not incorporate distributed shear transport suggests that any associated ductile flattening of the rocks occurred on the prograde burial path and synthrust shearing and/or vertical thinning is minor or secondary to the discrete fault displacements (Braza et al., 2023). While horizontal extension in response to vertical thinning may contribute additional displacement that is not quantified in the thermokinematic models, the amount of displacement imparted by transport-parallel elongation is expected to be limited if the models are able to replicate the measured peak temperatures (e.g. Braza et al., 2023).

We present model results for three ramp geometries. We test various kinematic sequences and shortening rates for each geometry to find the best-fit to the measured datasets and identify a viable exhumation pathway. Models A and B test the cross-

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section geometries and kinematic sequences proposed by Robinson et al. (2006) and Olsen et al. (2019) for B-B'. Results from these models lead to the changes in the geometry, kinematic sequences, and shortening rates tested with Model C for the revised cross-section along A-A'.

3.5 Landscape evolution modelling

Thermokinematic model versions of Model C with a total fit of >80% were input into a modified version of the landscape evolution model CASCADE (Braun et al., 1999; Braun & Sambridge, 1997; Yanites & Ehlers, 2016) to explore the influence of fault geometry and kinematic sequence on modelled topography and k_{sn} values. Landscape evolution modelling followed the methods detailed in Eizenhöfer et al. (2019) and utilized the parameters in Table 2 (Text S5). The modified version of CASCADE includes horizontal and vertical advection components that are derived from the input flexural-kinematic model grids (Eizenhöfer et al., 2019). Constant and variable (orographic) precipitation fields were tested (Text S5, Fig. S2). The elevation profile and median k_{sn} values were extracted for a 50 km wide swath of the modelled topographic surface using TopoToolbox v2 (Schwanghart & Scherler, 2014). The k_{sn} values were calculated with $\theta_{ref} = 0.5$, the reference concavity inherent in CASCADE, and projected onto the center line to determine the median values. Integrating the landscape evolution and thermokinematic models is an iterative process whereby the results of the landscape models, and required changes to geometry and/or location of recent uplift to better replicate the mean elevation along the section line and the across-strike pattern of k_{sn}, are then evaluated in the thermokinematic model.

4. Results

4.1 Geologic mapping

The geologic map of western Nepal is shown in Fig. 1b. Differences in the geologic mapping of this study and Robinson et al. (2006) are based on new observations and orientation measurements. The exposures of lower LH units in the southern limb of the Dadeldhura klippe are reinterpreted as repeating splays of the RMT, rather than the thick RMT package folded into an anticline-syncline pair proposed by Robinson et al. (2006). In the Dadeldhura klippe, the trace of the MCT in the southern limb is shifted ~1-4 km southward from the Robinson et al. (2006) mapping, while the traces of the MCT and RMT in the northern limb are within ~0.5-1 km The northernmost RMT and MCT traces are within ~0.5 km of the Robinson et al. (2006) mapping.

4.2 Geomorphic expressions of uplift

The average topographic profile along A-A' increases in elevation at a ~1-2° angle, from <1 km at the MFT to a maximum of 5-6 km above GH rocks in the north (Figs. 3b, S3). The minimum topography generally follows a 0.5° angle, aside from sharp increases in the minimum elevations at ~65-55 km and ~1 km south of the MCT. Two abrupt increases in the slope of maximum topography occur at ~95-55 km south of the MCT and from ~5 km south to 20 km north of the MCT. The locations of elevated topography broadly correspond with the locations of elevated k_{sn} values. Above the Dadeldhura klippe, k_{sn} values increase from background values at ~100 km south to a maximum at ~70 km south of the MCT (Fig. 3b). In the north, k_{sn} values gradually increase from ~35 km south to ~10 km north of the MCT. These bands of elevated k_{sn} values reflect more rapid rock uplift (e.g., Eizenhöfer et al., 2019; Harvey et al., 2015; Wobus et al., 2006b).

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4.3 Balanced cross-section

The balanced cross-section for the updated geologic mapping is shown in Fig. 3c (A-A'). The MHT in A-A' is characterized by an average dip of ~4° from beneath the MBT to the active ramp at ~13 km north of the MCT, consistent with geophysical observations in western Nepal (e.g., Hoste-Colomer et al., 2018; Laporte et al., 2021; Subedi et al., 2018). We designate structural zones for the cross-section to facilitate discussion of the geometry, from south to north: the Subhimalaya, MBT, Dadeldhura klippe, LH duplex, RMT duplex, and MCT zones (Fig. 3). The Subhimalaya is characterized by three faults that deform the Siwalik Group. In the MBT zone, the upper LH units are juxtaposed above the Siwalik Group. The lower LH units (RMT), GH rocks (MCT), and Tethyan Himalayan rocks comprise the Dadeldhura klippe. The base of the Dadeldhura klippe is the RMT, which separates the lower and upper LH units. In the southern limb, the lower LH units are repeated by two imbricate faults. Below the RMT, upper LH strata are repeated in the LH duplex, with an upper LH thrust sheet forming the roof thrust. Out-of-sequence faults imbricate LH strata under the Dadeldhura klippe and offset strata in the LH duplex, as needed to reproduce the surface geology. The RMT duplex comprises four horses, with two consisting only of the Ranimata Fm. and two with both lower LH units. GH rocks comprise the MCT zone. Shortening on the MCT and RMT are the minimum amounts required to connect the northernmost GH and lower LH units with those preserved in the Dadeldhura klippe. The revised cross-section geometry is reproduced by ~615 km of shortening. While differences in the cross-sections for A-A' and B-B' arise due to updates to the geologic mapping, the most significant alterations to the geometry depicted in Fig. 3 are to facilitate changes to the location and magnitude of the active décollement ramps, the order and magnitude of fault displacement and resulting structural uplift, and minimize the amount of shortening necessary to balance the cross-section.

4.4 Thermokinematic models

We present thermokinematic model results for three ramp geometries: (A) Robinson et al. (2006), (B) Olsen et al. (2019), and (C) new cross-section geometries. Results from each model lead to the changes in geometry, kinematic sequence, and shortening rates tested with the subsequent models. Model results are presented with the best-fit variable velocity for that section.

4.4.1 Model A: Robinson et al. geometry

The MHT geometry of the Robinson et al. (2006) cross-section (B-B') is characterized by an ~7.5 km thick active ramp at ~64 km south of the MCT (Fig. 4d). Out-of-sequence motion on the RMT and faults that deform the LH duplex are required to reproduce the surface geology and interpreted as the most recent component of deformation (Table S1) (Robinson, 2008). Flexural-kinematic modelling of the ~829 km of shortening produces a ~6.5 km thick Siwalik Group, compared to the 7 km cross-section thickness (Fig. 4a). With the velocity that best reproduces the cooling ages (Table S1), the modelled lower Siwalik unit is ~2.6 km thick and accumulated at ~15.8-14 Ma, the ~1.9 km thick middle Siwalik unit was deposited ~14-13 Ma, and upper Siwalik unit is ~2.6 km thick and was deposited after 13 Ma (Fig. 4b). Modelled lower LH rocks are first exhumed to the surface at ~13 Ma during MBT motion and contribute to sediments preserved at ~3 km basin depth (Fig. 4a). The modelled basin reproduces 9% of the measured constraints.

The modelled reset MAr ages result from cooling and exhumation during RMT motion. Predicted MAr ages are ~16-18 Ma in the Dadeldhura klippe (~110-50 km south of the MCT), with the oldest age representing the initial motion on the RMT (Fig. 4c). Farther north, predicted MAr ages increase from ~14 Ma above the LH duplex to ~16 Ma above the MCT zone. Predicted MAr ages overlap 4 of 15 ages measured in the Dadeldhura klippe and are ~8-10 Myr older than the 6 measured ages in the north. The ~14-9 Ma predicted ZHe ages reflect displacement on the MBT and early motion over the active ramp (Table S1) and overlap 7 of 9 measured ages in southern limb and the cluster of ages in the center of the klippe (Fig. 4c). Predicted ZHe ages in the

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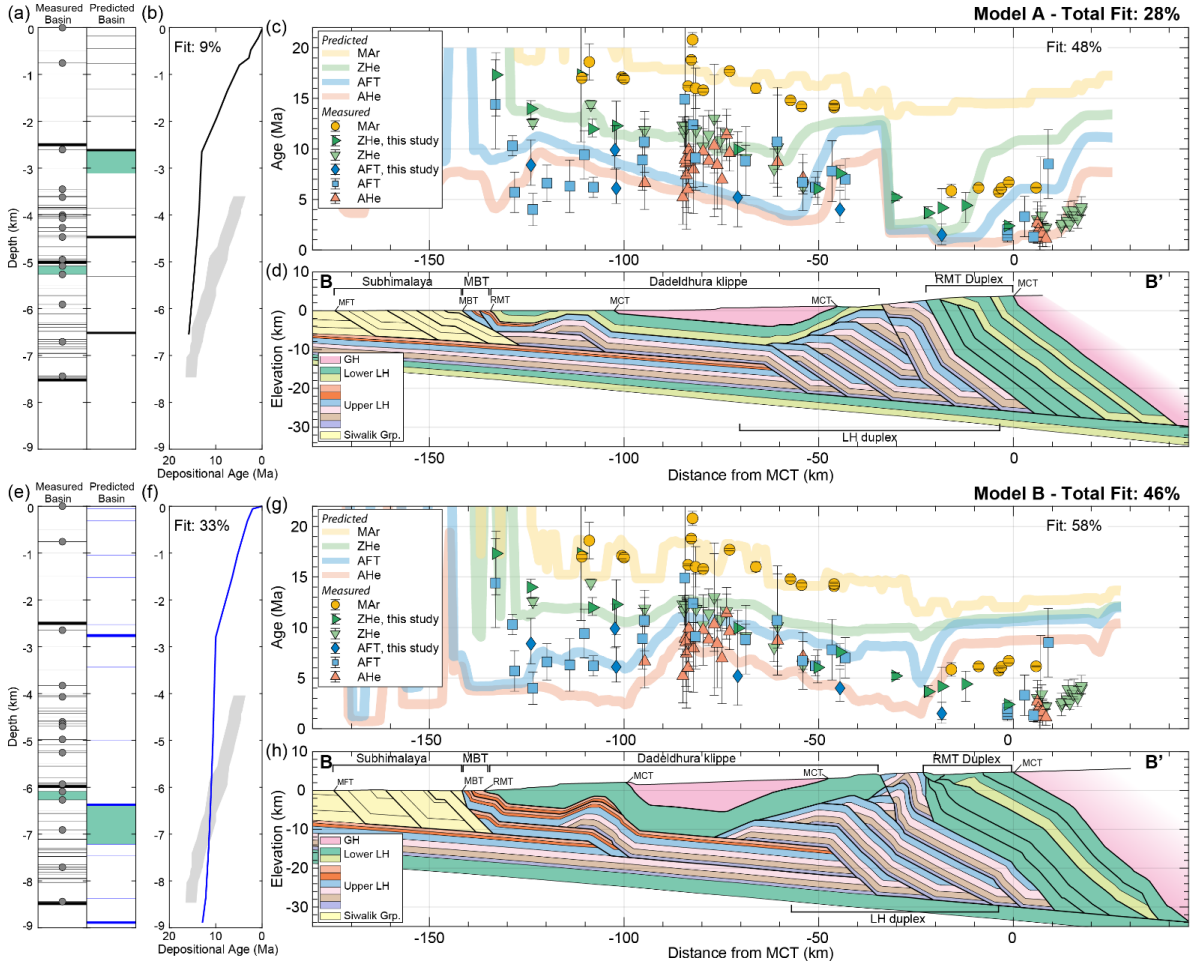
255 northern limb of the Dadeldhura klippe are ~4.5-6 Myr older than the three ~6-7.5 Ma measured ages. The ~13 Ma predicted ZHe ages above the MCT zone are ~8-10 Myr older than the measured ages.

Predicted AFT and AHe ages decrease from ~9-11 Ma to ~3-4 Ma across the Dadeldhura klippe, resulting from cooling during uplift and exhumation over the active ramp at ~64 km south of the MCT. Predicted ages overlap the older measured AFT ages at ~130-90 km south of the MCT (7 of 13 measured ages) and the youngest AHe ages measured in the klippe (9 of 18 measured
260 ages). The sharp increase in predicted AFT ages at ~55-40 km south of the MCT overlaps 3 of 5 measured AFT ages in the north limb of the klippe. Predicted ZHe, AFT, and AHe ages steeply decrease to ~1-3 Ma across the fault in the LH duplex (~35-20 km south of the MCT) in response to young out-of-sequence motion, with 11 km of slip on the LH fault and 5.5 km on the RMT. The ~2-5 Ma predicted ZHe ages reproduce the 4 ages measured at ~31-10 km south of the MCT. Young out-of-sequence motion



265 **Figure 4: Thermokinematic model results for Models A and B. (a, e) Measured and predicted basin thickness. Contacts between the Siwalik units are shown by the thick black and blue lines. In the left panel, thin black lines and grey dots indicate sample depths in the measured basin projected onto transect B-B'. Predicted basin increments are shown by the thin black lines in panel (a) for Model A and as thin blue lines in panel (e) for Model B. The initial input of lower LH-derived sediments in the basin is shown by the green swaths in the predicted and measured basins. (b, f) Accumulation rate for the modelled and measured basins. The measured depositional ages are**
270 **projected onto transect B-B' and indicated by grey shading. The accumulation rate for the modelled basins are shown by the black line in panel (b) for Model A and by the blue line in panel (f) for Model B. (c) Predicted MAr, ZHe, AFT, and AHe cooling ages for Model A. (d) Robinson et al. (2006) geometry for Model A. (g) Predicted MAr, ZHe, AFT, and AHe cooling ages for Model B. (h) Olsen et al. (2019) geometry for Model B.**

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predicts ~1-3 Ma AFT and AHe ages at ~30 km south to 15 km north of the MCT, reproducing the measured AHe ages and 2 of 6 measured AFT ages.

Model A reproduces ~63% of AHe ages, ~57% of AFT ages, 52% of ZHe ages, and 19% of MAr ages, for a total fit of ~48% to the measured cooling age data. Combining the fit of the modelled to measured basin and cooling age data gives a total model fit of ~28%.

4.4.2 Model B: Olsen et al. geometry

Model A demonstrates the influence of a ramp that spans the entire thickness of upper LH units (~7.5-8 km thick) on the ZHe, AFT, and AHe ages south of the ramp. To reduce the magnitude of young exhumation above the ramp and help preserve older ages in the Dadeldhura klippe, the MHT geometry in the Olsen et al. (2019) cross-section is characterized by a split ramp, with a ~3.7 km thick ramp at ~110 km south of the MCT and ~4.3 km thick ramp at ~47 km south of the MCT (Fig. 4h). Out-of-sequence motion on faults deforming the LH and RMT duplexes is minimized and occurs during shortening in the Subhimalaya (Table S2) (Olsen et al., 2019). Flexural-kinematic modelling of the ~875 km of shortening (Table S2) produces an ~8.9 km thick Siwalik Group, compared to the 8.5 km cross-section thickness. The modelled lower Siwalik unit is 2.5 km thick and was deposited ~12.8-11 Ma, middle Siwalik unit is 3.6 km thick and accumulated ~11.1-10 Ma, and 2.8 km thick upper Siwalik unit was deposited after 10 Ma (Fig. 4e-f). Modelled lower LH rocks are first exhumed to the surface at ~11.1 Ma and contribute to sediments preserved starting at ~6.3 km basin depth (Fig. 4e). The modelled basin reproduces ~33% of the measured basin constraints.

Predicted MAr ages are generally ~1-4 Myr younger than in Model A, due to a younger age of motion and faster velocity during RMT motion (Table S2), and reproduce 13 of 15 measured MAr ages at ~110-45 km south of the MCT. Predicted MAr ages are ~6-8 Myr older than the measured MAr ages in the north (Fig. 4g). Uplift of the RMT over small ramps that repeat the uppermost LH (~140-100 km south of the MCT) during duplex formation results in ~10-13 Ma predicted ZHe ages (Table S2). Predicted ZHe ages gradually become older above the Dadeldhura klippe where there has been limited uplift and exhumation, overlapping 16 of 24 measured ages. Predicted ZHe ages are ~5-10 Myr older than the ages measured in the LH duplex, RMT duplex, and MCT zone (Fig. 4g). In the Subhimalaya, predicted AFT and AHe ages ~4-5 Ma reflect uplift and exhumation over a thicker Siwalik section (~8.9 km) and are ~2-4 Myr younger than in Model A. The predicted AFT and AHe ages split over the Dadeldhura klippe, with AHe ages more sensitive to exhumation above the active ramp at ~110 km south of the MCT. Predicted ages overlap 15 of 18 measured AHe ages and 19 of 24 measured AFT ages at ~140-40 km south of the MCT. Farther north, predicted AFT ages (~11-13 Ma) and AHe ages (~8-11 Ma) are generally ~5-9 Myr older than the measured ages. Model B reproduces ~67% of AHe ages, ~67% of AFT ages, ~36% of ZHe ages, and 62% of MAr ages, for a total fit of ~58% to the measured cooling ages. Model B has a total fit of ~46% to the measured basin and cooling age data.

4.4.3 Model C: Revised geometry

While the Robinson et al. (2006) and Olsen et al. (2019) cross-sections are balanced and reproduce the surface geology, the results and misfits for Models A and B highlight the changes to the geometry, kinematic sequence, and fault shortening rates necessary to reproduce the cooling ages and basin depositional ages. The influence of an active ramp located beneath the Dadeldhura klippe on the predicted cooling ages, even with the split ramp geometry in Model B, emphasizes limited fault uplift in this region. The main décollement ramp in A-A' is ~8 km thick and located ~13 km north of the MCT, below the youngest cooling ages along the transect (Fig. 5). To facilitate earlier cooling in the Dadeldhura klippe and preservation of older ZHe, AFT, and AHe ages, we test an alternate LH duplex geometry with an upper LH thrust sheet as the roof thrust, beneath the RMT (Table S3, Figs. 5f, 6). The kinematic sequence is also modified to adjust when specific structures move (Table S3, Fig. 6, Video S1). The

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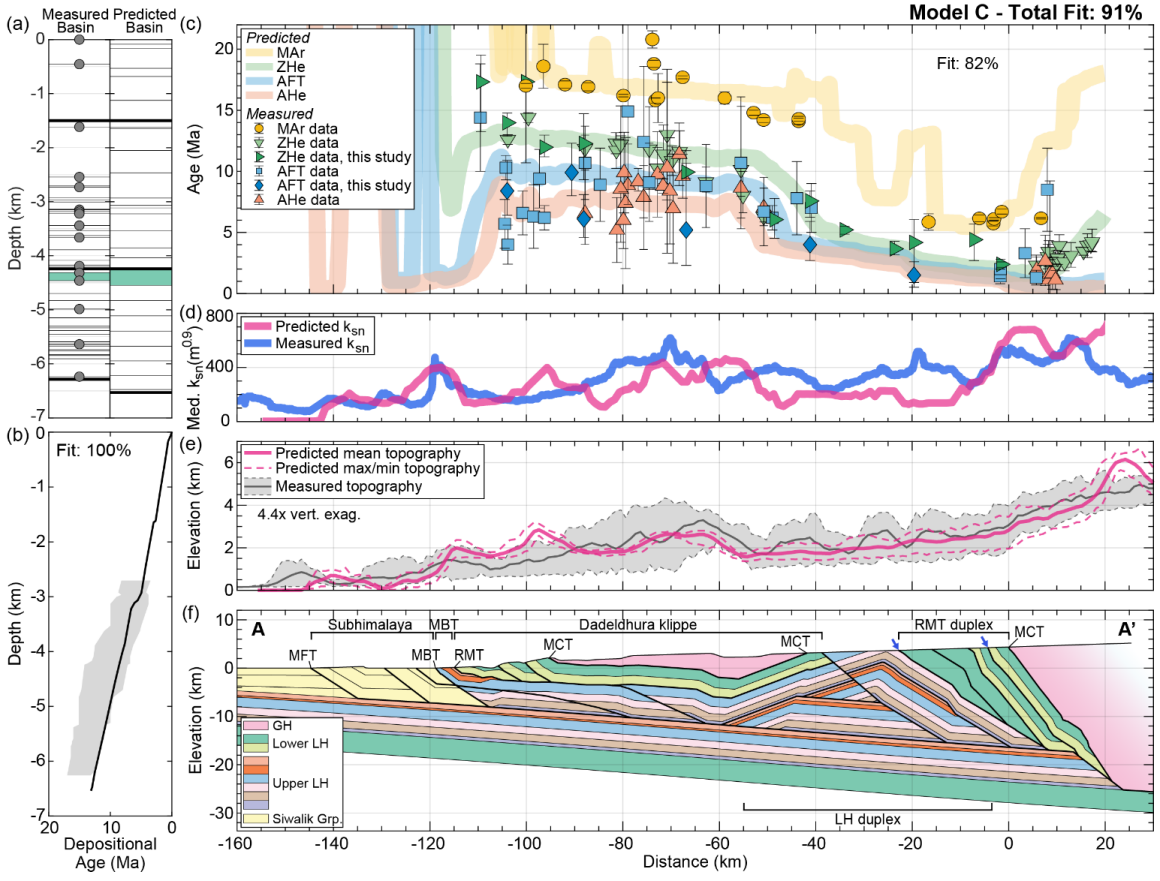

Figure 5: Results for Model C of the revised geometry. (a) Thickness of the measured and predicted basins. Contacts between the Siwalik units are shown by the thick black lines. Thin black lines show sample depths in the measured basin and modelled increments of deposition in the predicted basin. The depth of lower LH-derived sediments is shown by the green swaths. (b) Accumulation rate of the modelled and measured basins. Grey shading denotes the range of measured depositional ages and the black line shows the modelled accumulation rate. Predicted (c) MAr, ZHe, AFT, and AHe cooling ages, (d) median ksn values, and (e) topographic profile are shown above the associated (f) structures. Blue arrows in panel (f) highlight the RMT faults with out-of-sequence displacement.

inability of the previous models to reproduce the young MAr, ZHe, and AFT ages north of the RMT, even Model A with ~16.5 km of out-of-sequence motion, indicates a significant pulse of young uplift and exhumation is required. We incorporate out-of-sequence motion at 5-6 Ma and ~3 Ma, with 12 km slip on the RMT fault at ~20 km south and 16 km slip on the RMT splay at ~3 km south of the MCT (Table S3, Fig. 5f, Video S1). Out-of-sequence faulting in the south includes 3.4 km in the MBT zone and 3.75 km of displacement at ~90 km south of the MCT, to produce elevated topography and k_{sn} values in the Dadeldhura klippe (see Sect. 4.4).

Flexural-kinematic modelling of the revised geometry and kinematic sequence produces an ~6.5 km thick Siwalik Group (Fig. 5a). The modelled lower Siwalik unit is ~2.3 km thick and accumulated ~13.3-9.9 Ma, the middle Siwalik unit is 2.74 km thick and was deposited ~9.9-3.2 Ma, and the upper Siwalik unit is 1.5 km thick and was deposited ~3.2 Ma (Fig. 5b). Modelled lower LH rocks are first exhumed to the surface at ~10 Ma and add to sediments preserved at ~4.5-4.8 km basin depth (Fig. 5a). The predicted basin fully reproduces the measured constraints.

Predicted MAr ages decrease from 19 Ma to 16 Ma across the Dadeldhura klippe, based on the initiation age and shortening rate of RMT motion (Table S3). Out-of-sequence motion on the RMT faults produces ~5-8 Ma MAr ages between ~30

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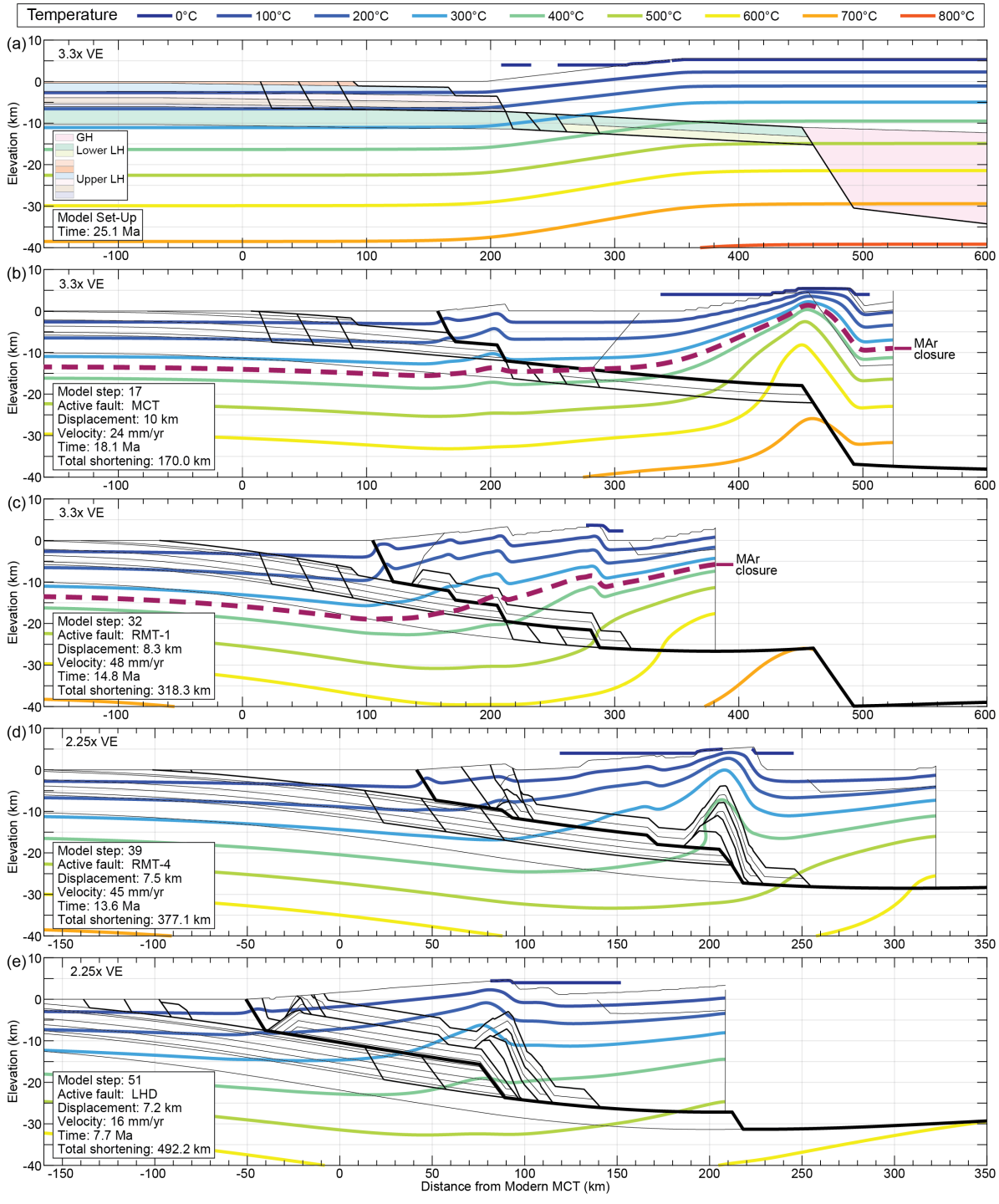

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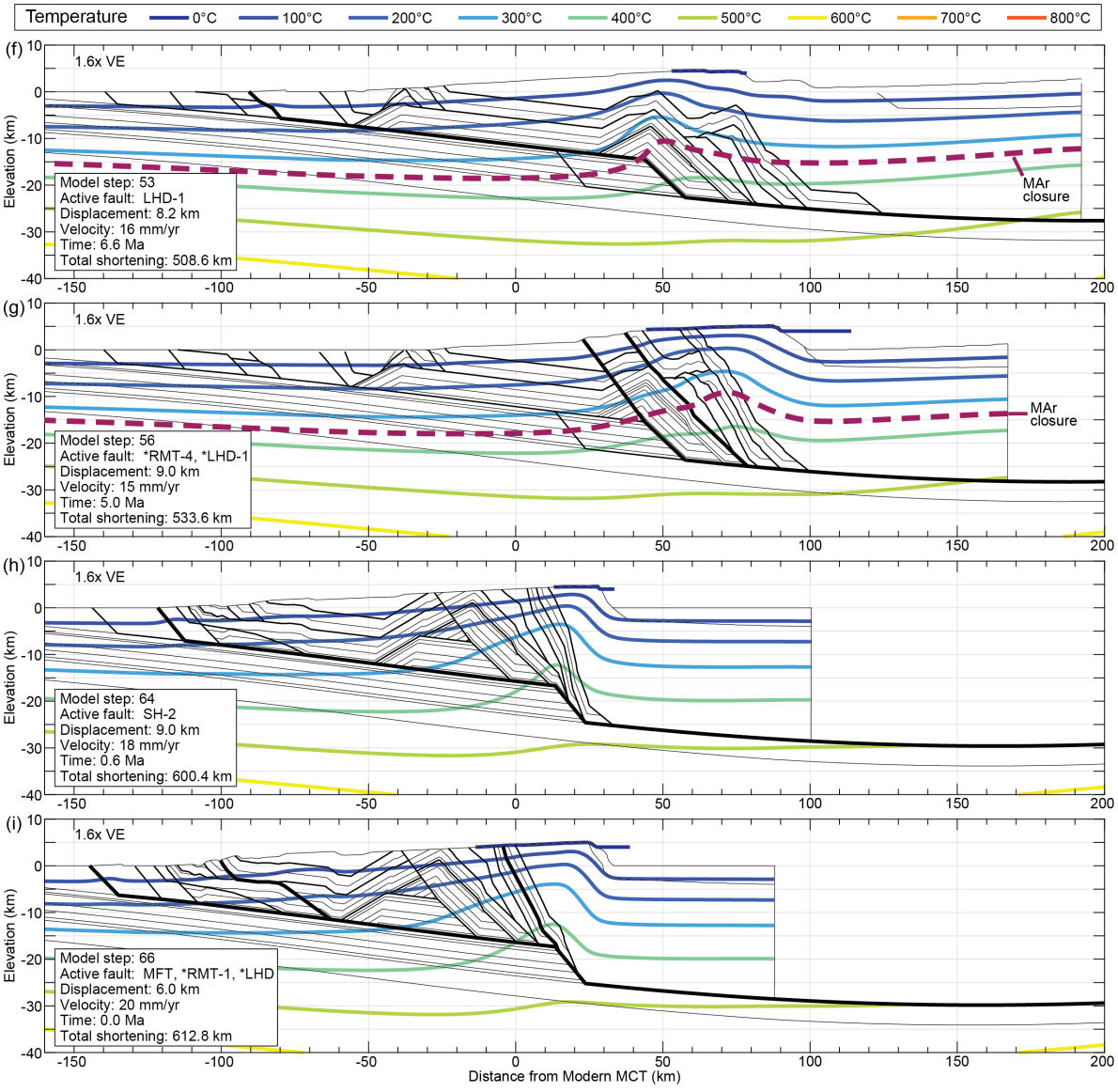

Figure 6: Sequential deformation and resulting thermal field for Model C. (a) Initial model configuration. (b-i) Cross-section reconstruction and predicted thermal profiles for select model timesteps. The thick black lines indicate the active fault, medium black lines indicate inactive past and future faults, and thin black lines indicate unit contacts and the topographic surface. Asterisks highlight active faults with out-of-sequence displacement.

km south and ~5 km north of the MCT (Fig. 5c). Predicted MAr ages overlap 10 of 15 ages measured in the Dadeldhura klippe and 5 of 6 ages north of the RMT. The oldest predicted ZHe, AFT, and AHe ages are in the southern limb of the Dadeldhura klippe (~110-50 km south of the MCT) and young by ~2-3 Myr across the klippe (Fig. 5c) in response to motion over the upper LH ramp and subsequent southward translation during formation of the LH duplex. Predicted ZHe and AFT ages sharply decrease to ~4-5 Ma across the LH fault at ~40 km south of the MCT due to out-of-sequence motion. Above the LH duplex, RMT duplex, and MCT zone, predicted ZHe, AFT, and AHe ages gradually young to ~1-2 Ma at ~5-20 km north of the MCT in response to displacement over the modern active ramp and subsequent southward translation on the MHT flat. North of the modern active ramp and region uplifted by the young out-of-sequence faults, predicted ZHe, AFT and AHe ages become older (~5-15 km north of the MCT).

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Model C reproduces ~92% of AHe ages, ~77% of AFT ages, 86% of ZHe ages, and ~71% of MAr ages, for an overall fit of ~82% to the measured cooling ages. Model C provides a total fit of 91% to the measured basin and cooling age data.

4.5 Landscape model: Model C

The topographic profile and k_{sn} values predicted by the landscape evolution model for Model C are shown in Figs. 5d-e, S4, and Video S2. The average topographic profile increases in elevation from <1 km at the MFT to ~6.5 km above the GH zone at a ~1° angle (Fig. 5e). The average slope and elevation sharply increase between ~110-65 km south and ~0-30 km north of the MCT, in response to out-of-sequence faults active since ~1.3 Ma and motion over the active ramp at ~13 km north of the MCT (Fig. 5e, Video S2). While the modelled relief is notably less than measured (0.5-1 km vs 2-3 km), the modelled mean elevation is within 0.5-1 km of measured topography. Modelled relief is the most similar in scale (~2 km) north of the MCT. The median predicted k_{sn} values sharply increase across ~15 km wide windows above the MBT and Dadeldhura klippe zones, in response to out-of-sequence motion uplifting rocks over the ramp at ~80-65 km south of the MCT, feeding slip to surface faults at the MBT, and within the RMT at ~125-115 km south of the MCT (Fig. 5d, Video S2). In the north, predicted median k_{sn} values sharply increase from ~5 km south to ~30 km north of the MCT in response to out-of-sequence motion on the RMT at ~5 km south of the MCT. The highest predicted k_{sn} values along the section are at ~15-30 km north of the MCT, above the modern active ramp.

5 Discussion

5.1 Harmonizing the bedrock and basin constraints

Bedrock cooling ages and basin accumulation rates are both complimentary indicators of exhumation in a fold-thrust belt. In-situ thermochronologic ages preserve the timing and location of uplift, cooling, and exhumation over a décollement ramp (e.g., Lock & Willett, 2008; McQuarrie & Ehlers, 2017). Uplift and erosion in the hinterland of a fold-thrust belt is intrinsically linked to the associated foreland basin. The isostatic response to each increment of displacement creates space in the foreland basin that is filled with hinterland-derived synorogenic sediments (e.g., DeCelles & Giles, 1996; Naylor & Sinclair, 2008). Thus the magnitude, location, and rate of uplift and exhumation in the hinterland has a direct influence on the magnitude and rate of accumulation in the foreland basin and on any detrital provenance and/or detrital cooling age signals present in the basin (e.g., Bernet & Garver, 2005; Braza & McQuarrie, 2022a,b; Malusà & Fitzgerald, 2020; Reiners & Brandon, 2006). Accounting for the basin accumulation is important, as changes to fault timing and shortening rates that may not alter bedrock cooling ages can impact the basin depositional ages (Braza & McQuarrie, 2022a). For example, the hinterland unroofing signal of lower LH rocks at ~10 Ma is well-documented in the western Nepal foreland by a distinct shift in ε_{Nd} values starting at ~4.4 km basin depth (Huyghe et al., 2001; Robinson et al., 2001, 2006; Szulc et al., 2006). This signal requires LH rocks to be exposed in the hinterland at the time these sediments are being deposited at ~4.4 km depth in the modern foreland; models must be able to reproduce this relationship, timing, and basin depth. As the bedrock and basin exhumation records are linked, any model of tectonic deformation must be able to reproduce both records to be considered valid.

With the one ramp geometry of Model A, the youngest measured AHe ages at ~90-70 km south of the MCT are replicated with motion on the MBT at ~13 Ma and shortening rates of 7 mm/yr. The ~14-19 Ma MAr ages set by RMT motion and the ~9-14 Ma ZHe ages set by motion over the northernmost upper LH ramp require fast rates (~45-63 mm/yr) from the model start to 13 Ma. These thrust kinematics and the resulting bipolar (45 mm/yr vs 7 mm/yr) rates produce a basin age of ~15.8-13.5 Ma over the same depth that the measured data record sedimentation from ~13.5-6 Ma (Fig. 4b). The predicted lower LH provenance signal is ~2 km shallower than the measured depth and the depositional age is ~3 Myr older than the ~10 Ma measured age.

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The two-ramp geometry depicted in Model B is ideal for reproducing the overlapping swath of ZHe and AHe ages measured at ~90-70 km south of the MCT (Fig. 4g) that indicate significant exhumation at 12-9 Ma and minimal exhumation since. Similar to Model A, fast rates (70-75 mm/yr) between 18-10 Ma are necessary to reproduce the ~14-19 Ma MAr ages set by RMT motion and ~9-14 Ma ZHe ages set by motion over the northernmost upper LH ramp, and are followed by slow rates of 7 mm/yr. The extreme rates produce a basin age ~13-11.5 Ma over the depth of the measured ~16-12 Ma lower Siwalik unit and ~10.4-9.8 Ma over the depth of the measured ~8-6 Ma middle Siwalik unit (Fig. 4f). For Models A and B, the unrealistic rates and clear disconnect between the measured and modelled basin accumulation ages argue against these MHT geometries.

Model C, with the ramp located north of the MCT, is able to reproduce the significant exhumation required by the older measured ZHe (~12-15 Ma) and AFT (~10-15 Ma) ages without the extremes in shortening rate. Like the other models, the ZHe ages above the Dadeldhura klippe are set during cooling and uplift over the upper LH ramp (Figs. 6, S5, Video S1) and thus initial shortening on the MBT needs to initiate at ~13-15 Ma. In marked contrast to the previous models, the ~130 km distance from the ramp to the modern MBT means shortening rates from ~14 Ma to present may range from 15-35 mm/yr (Table S3, Video S1). Motion on the upper LH thrust at ~14 Ma in Model C deposits sediments beginning at ~6.5 km basin depth, matching the measured depositional ages. The modelled exposure of lower LH rocks begins ~10 Ma and is preserved at ~4.8-4.5 km basin depth (Fig. 5).

While the fit of modelled to measured cooling ages do not strongly differ in the frontal portion of the system (MBT to Dadeldhura klippe) between Models A (61%), B (79%), and C (76%), the divergence in the resulting shortening rates, basin depositional ages, and basin accumulation rate is profound. The ability of a model to replicate the basin age and provenance is critical for assessing the validity of modelled geometries and exhumation pathways.

5.2 MHT geometry in western Nepal

The MHT geometry is defined by the size and location of the active décollement ramps. Previous estimates of MHT geometry in western Nepal generally propose active décollement ramps at ~120-40 km south of the MCT (Fig. 7) (e.g., DeCelles et al., 2020; Harvey & Burbank, 2024; Hoste-Colomer et al., 2018; Laporte et al., 2021; Olsen et al., 2019; Robinson et al., 2006). The size and location of these ramps are similar to those tested in Models A and B, allowing us to infer the influence of these proposed ramps on the distribution of young cooling ages and locations of active uplift. The youngest predicted cooling ages will always be co-located with active ramps (Lock & Willett, 2008; McQuarrie & Ehlers, 2015, 2017; Ghoshal et al., 2020, 2023); this is seen in all three modelled sections (Figs. 4, 5). In western Nepal, ~5-10 Ma AHe cooling ages and resulting slow exhumation argue against a long-lived MHT ramp between 60-90 km south of the MCT (e.g. Harvey & Burbank, 2024). As shown in Models A and B, adjacent ramps to the north or south of this region (120-100 km south and 60-30 km south of the MCT) (Fig. 7) necessitate markedly slow fault shortening rates (~7 mm/yr) from at least 10 Ma, and potentially from 14 Ma, to present to replicate the measured cooling ages.

Without a décollement ramp in the MHT at ~100-60 km south of the MCT, cross-section geometries lack a mechanism to drive uplift to produce the region of raised topography and elevated k_{sn} values in the Dadeldhura klippe (Figs. 3b, 7) (Harvey et al., 2015; Harvey & Burbank, 2024). As steepened river profiles are a transient response to uplift, elevated k_{sn} values indicate recent uplift. The k_{sn} values in the Dadeldhura klippe are elevated across a narrow window (Fig. 3), indicating limited amounts of lateral translation of the elevated values (e.g. Eizenhöfer et al., 2019) and arguing against a long-lived MHT ramp in this region. Similar to Harvey & Burbank (2024), we argue that low exhumation magnitudes and low relief surfaces suggest very recent and minor uplift across this region. To accommodate this, we incorporate 3.75 km of displacement on a fault splay that cuts through the upper LH units at ~80-60 km south of the MCT and feeds slips to the RMT splays in the southern limb of the Dadeldhura klippe (~105-100 km south of the MCT) (Fig. 7), co-aligned with a region of active microseismicity (e.g. Laporte et al., 2021).

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The ability of the modelled geometry, kinematics, and rates to replicate, to a first order, the topography of western Nepal provides an additional level of validity to the MHT geometry presented here. While ~1.4 km of uplift accompanied by ~0.6 km of erosion from 0.6 Ma to present is required to replicate the uplifted mean topography of the Dadeldhura klippe (Fig. 5), intermittent fault motion on this structure over the last million years may facilitate the needed river incision to propagate through the uplifted topography (e.g. the Karnali and Tili rivers) during fault inactivity. This river incision is required to replicate the topographic relief missing from the modelled landscape.

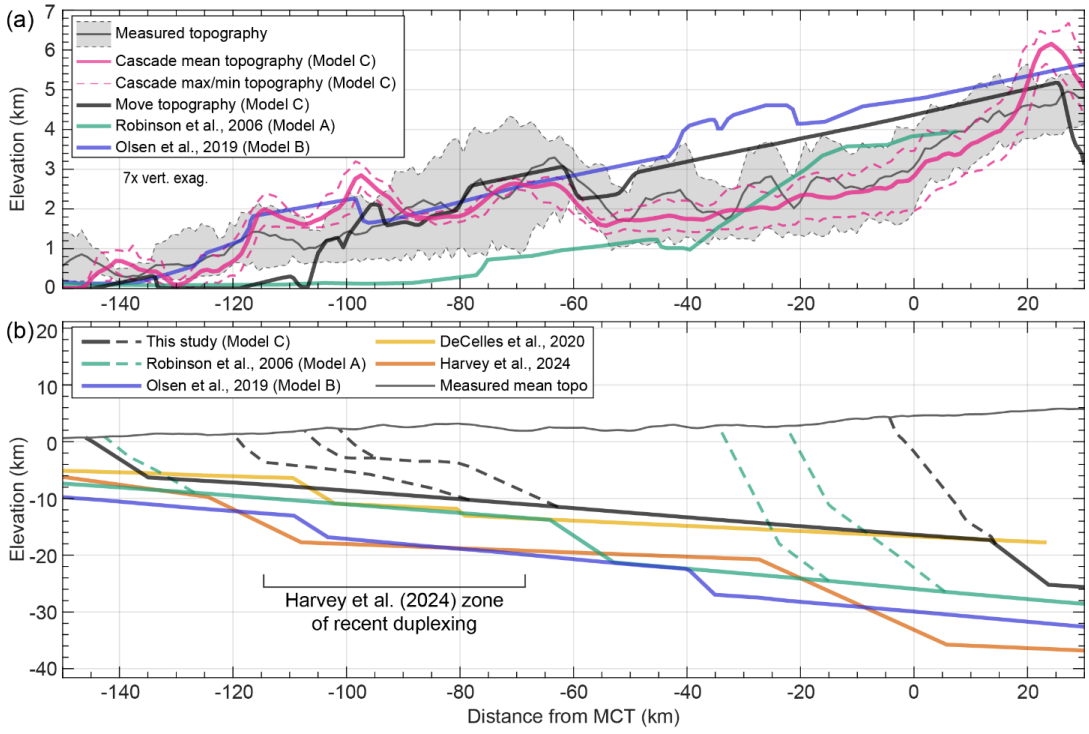

Figure 7: Models of the Simikot transect in western Nepal. (a) Topographic swath (grey) and predicted topographies generated by the different models. (b) Comparison between proposed geometries of the MHT. Dashed lines show the young (<1 Ma) out-of-sequence faults of Models A and C.

5.3 Exhumation drivers in the western Nepal high Himalaya

AHe, AFT and ZHe dates that overlap in age between ~5-15 km north of the MCT requires ~10 km of active uplift and exhumation in this area. ZHe ages increase to the north from 2 Ma to 5 Ma over 5-20 km north of the MCT, consistent with the expected pattern of increasing ages on the hinterland side of an active ramp (Figs. 4, 5) (McQuarrie & Ehlers, 2017). Similarly, the gradual increase in age of all three systems (AHe, AFT, and ZHe) from 1-2 Ma in the north to 5-7 Ma in the south (-40-50 km south of the MCT) is the expected age signal in the direction of transport following uplift and exhumation over a ramp (Figs. 4, 5). These across strike patterns in cooling ages support the active MHT ramp location at ~15-20 km north of the MCT (Figs. 3, 5). While motion over the ~8 km thick ramp produces ~10 km of exhumation and ~150-200°C of cooling (Figs. 6, S5), this is still insufficient to expose rocks at the surface with a predicted MAr age younger than the age of RMT motion (Video S1). Thus, an additional mechanism is required to drive young (<6 Ma) uplift and exhumation to replicate ~6 Ma MAr ages above and to the north of the RMT duplex (Fig. 3).

In Model A, 11 km of out-of-sequence displacement on faults deforming the LH duplex (~15-33 km south of the MCT) has a significant effect on the ZHe ages but does not produce young reset MAr ages (Fig. 4c); this provides the minimum amount

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of young slip required on a RMT fault. The 6 Ma MAr ages are reproduced with 12 km of out-of-sequence motion on a RMT fault at ~20 km south of the MCT and 16 km on a RMT fault at ~3 km south of the MCT between 6-3 Ma (Fig. 5f, Video S1). Motion on these faults cools rocks through the ~350°C MAr closure temperature (Figs. 6, S5) and predicts a continuous swath of 5-6 Ma MAr ages from ~20 km south to ~10 km north of the MCT, where the measured data are located. Both the age (<6 Ma) and location(~3 km south of the MCT) of faulting is similar to that proposed by Braden et al. (2018) to account for 7 Ma monazite and 6 Ma MAr ages, while the displacement magnitude is similar to that proposed for out-of-sequence motion on the faults adjacent to the MCT in central Nepal (e.g. Ghoshal et al., 2023).

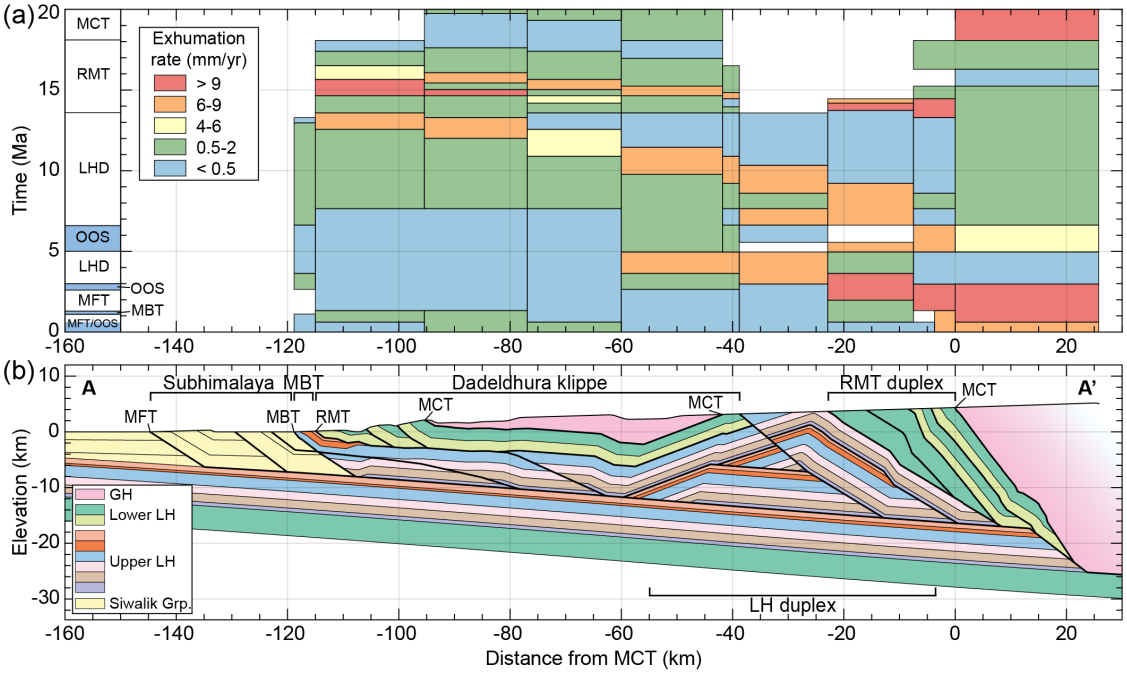

Figure 8: (a) Exhumation rates for rocks at the modern surface along A-A' are shown above the (b) structures. The timing of structures is indicated in the left panel in (a), with periods of out-of-sequence (OOS) displacement highlighted in blue.

Although there has been continuous exhumation of the high Himalaya in western Nepal since 7-8 Ma (e.g. Harvey & Burbank, 2024), Model C demonstrates this is partitioned into fast rates during periods of out-of-sequence faulting and growth of the LH duplex that alternate with periods of slower, passive exhumation in the absence of active fault-driven uplift (Fig. 8). While exhumation rates may exceed 9 mm/yr, these fast rates are only sustained for very short ~0.4-2 Myr time windows. Averaging the fast and slow rates over the past ~8 Ma supports long-term rates ~3 mm/yr, similar to the ~2 mm/yr exhumation rate proposed for the region (Harvey & Burbank, 2024).

6 Conclusions

The thermokinematic model results for Models A-C provide insight into the location and size of MHT ramps and the kinematic sequence of faulting that are essential for reproducing the cooling ages, basin accumulation data, surface geology, topography and locations of elevated k_{sn} values in western Nepal. The modern active décollement ramp must be placed north of the ~5-10 Ma AFT and AHe ages measured in the Dadeldhura klippe and LH duplex, and co-align with the youngest AHe, AFT, and ZHe ages at ~13 km north of the MCT. The revised geometry of Model C places an ~8 km thick ramp at this location and

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reproduces ~91% of the measured thermochronometric and basin data. It utilizes an LH duplex geometry where an upper LH thrust sheet extends from the MBT zone to the upper LH units in the footwall of the RMT duplex, forming the duplex roof. This geometry facilitates the early, ~14 Ma cooling of the leading edge of this structure. Movement of the LH duplex over the modern active ramp, ~2 km out-of-sequence motion in the RMT duplex, and ~4 km of displacement beneath the Dadeldhura klippe over the last 0.6 Ma reproduces the pattern of cooling ages and topography.

Data availability

Previously published data used in this study may be found in Braden et al. (2020), DeCelles et al. (2020), Gautam & Fujiwara (2000), Harvey & Burbank (2024), McCallister et al. (2014), Mercier (2014), Sakai et al. (2013), Szulc et al. (2006), Sherpa et al. (2023), Soucy La Roche et al. (2016, 2018), and van der Beek et al. (2016). The new ZHe and AFT data presented in this manuscript may be found in the PANGAEA archives: Braza et al. (in rev. a,b). The modified version of Pecube used is available from Ehlers (2023).

Author contributions

M. Braza: Conceptualization, Formal analysis, Investigation, Validation, Visualization, Writing – original draft, Writing – review and editing; N. McQuarrie: Conceptualization, Formal analysis, Funding acquisition, Investigation, Methodology, Project administration, Resources, Supervision, Validation, Writing – original draft, Writing – review and editing; C. Battistella: Formal analysis, Investigation; D. Robinson: Conceptualization, Funding acquisition, Investigation, Supervision, Writing – review and editing

Competing interests

The authors declare that they have no conflict of interest.

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