



# Impacts of Cascading Check Dams on Sediment Yield in the Middle Yellow River Basin: Insights from 50 Years of Grid-cell-level Simulation

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**Abstract.** Check dams, globally built for controlling soil erosion, form complex cascading systems that pose significant challenges for assessing spatiotemporal dynamics of sediment yield (SY) at large basin scale. This study proposed an integrative framework combining dynamic sediment trapping efficiency of cascading check dams with the Revised Universal Soil Loss Equation (RUSLE), index of connectivity (IC), and sediment delivery ratio (SDR). This model was applied to evaluate grid-cell-based distribution of SY and sediment trapped by check dams during 1970–2020 in the middle Yellow River Basin (with over 47000 check dams). The Nash-Sutcliffe efficiency of proposed model increased to 0.71 compared to model ignoring sediment trapping of check dams (0.59). Check dams reduced the multi-year average SY by 50.01% in dam-controlled areas. Totally  $3.84 \times 10^9$  t of sediment was trapped over the 50 years, constituting 41.49% of designed storage capacity. The sediment reduction contribution by check dams ( $SRC_{dam}$ ) exhibited considerable spatial heterogeneity, ranging from 73.9% to 0.9% among sub-basins, and the proportion of accumulated sediment to storage capacity of check dams ( $SAR_{dam}$ ) varied from 78.1% to 1.1%. The  $SRC_{dam}$  increased linearly with check dam density and the share of area they controlled, whereas  $SAR_{dam}$  increased logarithmically with SY from upstream of the check dams ( $P < 0.001$ ). A trade-off between  $SRC_{dam}$  and  $SAR_{dam}$  in some sub-basins indicates that the number of check dams in these basins is insufficient or overmuch. This study provides a practical and data-efficient method for assessing sediment trapping and reduction by cascading check dam systems in large basins, offering valuable insights for improving soil and water conservation strategies in erosion-prone regions.

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## 1 Introduction

35 Soil erosion, a critical material transport process in terrestrial ecosystems, is a major driver of global soil degradation (Borrelli et al., 2017; Lugato et al., 2018). It severely undermines the achievement of sustainable development goals related to food security (SDG2), water resources (SDG6), and ecosystems (SDG15) (Borrelli et al., 2021, 2023). Mitigating this crisis requires intervening in processes such as slope erosion and fluvial sediment transport to reduce the loss of soil (La Licata et al., 2025). These objectives can be achieved by modifying underlying surface characteristics through measures such as ecological restoration and channel-structure engineering (Maavara et al., 2020; Wang et al., 2025). Quantitatively assessing sediment yield (SY) due to erosion, particularly the interception of sediment by river engineering measures is an indispensable yet challenging component of ecological restoration and river management (Ke and Zhang, 2024).

Among various soil and water conservation measures, damming on river channels is one of the most effective and widely applied methods for trapping sediment and mitigating soil erosion (Esteban Lucas-Borja et al., 2021; Kondolf et al., 2014). These dams are typically defined as transverse structures constructed across riverbeds to control water flow and sediment transport (Abbasi et al., 2019). Numerous check dams have been constructed worldwide, especially in erosion-prone regions with high-density gullies (Sun and Wu, 2023). China has reported the construction of over 50,000 check dams on the Loess Plateau (Zeng et al., 2024). These high-density check dams are built along rivers, forming complex check dam networks (Gao et al., 2024; Li et al., 2022). The spatial interdependence of check dams within watershed networks presents significant challenges for assessing SY reduction. Cascading effects between upstream and downstream structures, where sediment trapping by upper dams directly influences lower ones, constitute a prevalent phenomenon (Pal et al., 2018; do Prado et al., 2024; Sun and Wu, 2023). The complexity of these cascading effects requires the development of computationally efficient approaches to simulate SY within the multi-cascade check dam systems.

Model simulations present a promising alternative for simulating soil erosion and SY (Borrelli et al., 2017). Most studies have evaluated changes in soil erosion by driving models with different input datasets, but without explicitly accounting for the effects of soil and water conservation measures, particularly check dams, on sediment transport (Lan et al., 2023; Schürz et al., 2020; Yin et al., 2025). A few studies have made localized attempts to quantify sediment trapping by check dams. For example, Yang et al. (2024) used a highly complex parametric Geomorphology-Based Ecohydrological Model to evaluate the contribution of check dams to sediment reduction in the Kuye River Basin on the northern Loess Plateau, but simplified the multiple check dams within each sub-basin into a single virtual structure. Sun and Wu (2023) integrated a check-dam module into SWAT; however, their hydrological response unit (HRU)-based semi-distributed modelling framework has deficiencies in positioning and simulation of check dams. Eekhout et al. (2024) assessed the sediment balance contribution of check dams in the Upper Taibilla catchment of Spain by integrating check dam trapping efficiency with an integration of the Morgan-Morgan-Finney soil erosion model into the SPHY hydrological model. This approach, however, requires detailed channel characteristics, which can be difficult to obtain in large catchments (Eekhout et al., 2024). More importantly, existing studies have focused on basin-scale aggregates rather than spatially explicit erosion-delivery-transport processes,



and the grid-cell-level spatial patterns and temporal dynamics of SY reduction by cascading check dams remain poorly understood.

The SY process operates through three routing phases, i.e., soil erosion on hillslope, sediment delivery by overland flow, and sediment transport in channel (Yang et al., 2024), all governed by the overarching concept of sediment connectivity (Fabre et al., 2023). The Revised Universal Soil Loss Equation (RUSLE) can describe soil erosion on the slope (Nistor et al., 2025). DEM-based metrics such as the Index of Connectivity (IC) quantify only structural connectivity (the topographic and landscape configuration that defines potential sediment pathways) (Borselli et al., 2008; Najafi et al., 2021; Shi et al., 2025), whereas the sediment delivery ratio (SDR) provides an empirical proxy for functional connectivity (the realized transfer of sediment driven by rainfall, geography, and vegetation dynamics) (Ke and Zhang, 2024; Shi et al., 2025). Therefore, the integration of RUSLE, IC and SDR, collectively termed the RUSLE-IC-SDR framework, provides a robust methodology for evaluating sediment dynamics across large spatial extents (Abebe et al., 2023; Huang et al., 2024; Vigiak et al., 2012). In highly engineered landscapes, check dams substantially influence connectivity by intercepting and storing sediment, and their influence can be quantified through sediment trapping efficiency (TE) (Fryirs, 2013; Verstraeten and Prosser, 2008). The TE characterizes the capacity of each dam to retain incoming sediment and can be spatially extrapolated as a measure of sediment trapping probability within dam-controlled catchments. Although some studies have combined RUSLE-IC-SDR with TE (Abebe et al., 2023; Zhao et al., 2020), most applications have not explicitly represented their spatiotemporal co-evolution, leaving the spatial distribution and temporal dynamics of sediment transfer and dam-induced retention still insufficiently resolved.

This study proposed an integrative model framework that synergizes the RUSLE-IC-SDR methodology with the check dam sediment trapping module, which systematically accounts for the effects of cascading check dam on sediment yield in large basins. We evaluated spatiotemporal dynamics of grid-cell-based sediment reduction by check dams during 1970-2020 in the middle Yellow River Basin (MYRB). This study aims to: (1) propose a model for describing sediment transport in complex check dam systems at large basin scales; (2) map the spatial distribution of sediment accumulation by check dams and sediment output from the basin; and (3) detect the factors controlling sediment reduction contribution by check dam. The findings will provide scientific information for optimizing the management and layout of soil and water conservation engineering measures within the basin.

## 2 Materials and Methods

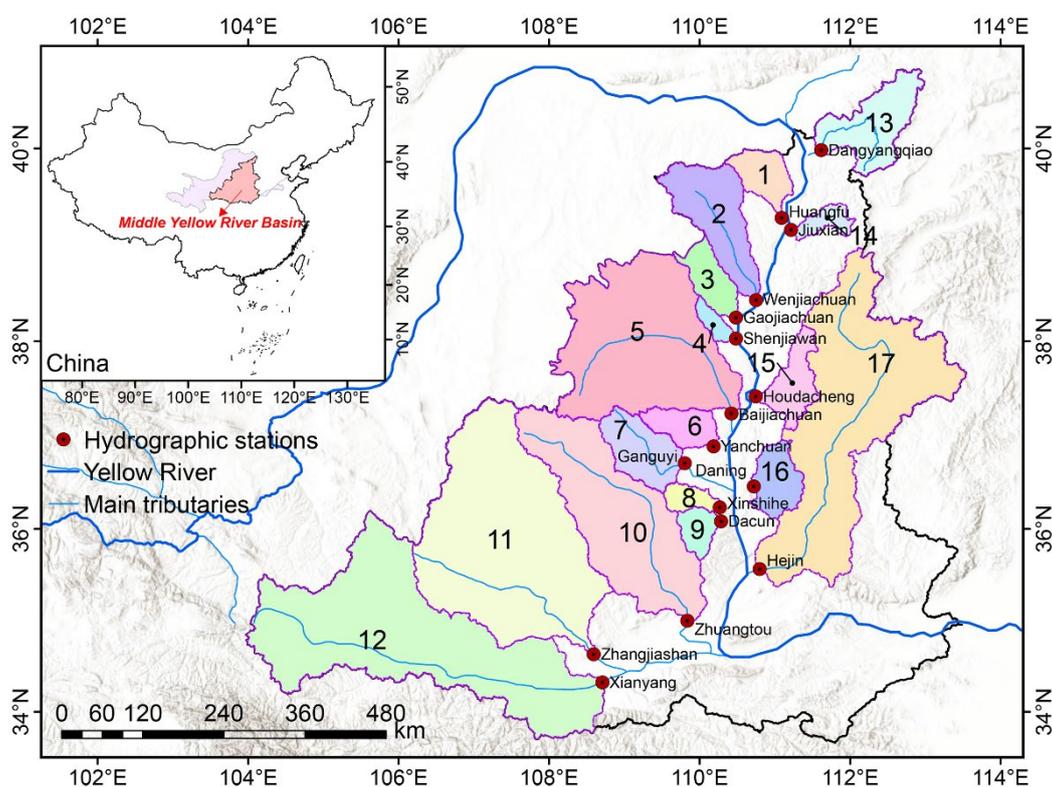
### 2.1 Study area

The MYRB is located between the Toudaoguai hydrological station and the Huayuankou hydrological station in the Yellow River Basin, China (Fig. 1), covering an area of approximately  $34.5 \times 10^4$  km<sup>2</sup>, with an elevation above sea level ranging from 85 m to 3,917 m. The basin is influenced by a warm temperate monsoon climate. Precipitation is unevenly distributed over space and time, with an average annual rainfall of 320 mm in the northwest to 840 mm in the southwest, mostly



occurring from May to September (Sun et al., 2020). The region is predominantly covered by the Loess Plateau, which is notable for its severe soil erosion and unprecedented soil and water conservation efforts. Consequently, this region serves as a major sediment source, contributing approximately 90% of the total sediment in the Yellow River (Chang et al., 2022; Sun et al., 2020). Since the 1970s, the Chinese government and local farmers have extensively constructed check dams in the gullies across the region. According to Zeng et al. (2024), there are now over 40,000 check dams in the MYRB, with most located in hilly and gully areas.

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**Figure 1.** Distribution map of sub-basins and hydrological stations in the middle Yellow River Basin, with pink lines showing the sub-basins boundaries. The sub-basin IDs in the figure correspond to those listed in Table S1.

## 2.2 Datasets

In this study, we collected observed monthly SY data from 17 hydrological stations during 1970–2020 in the sub-basins of the MYRB from the Yellow River Conservancy Commission of the Ministry of Water Resources (YRCC) (Fig. 1; Table S1). The total area of the 17 sub-basins accounts for 67.9% of the MYRB, and they have typical land cover, landform and hydrological characteristics of the region. The daily rainfall dataset at resolutions up to 0.1° sourced from a new high-quality gridded precipitation dataset (called CHM\_PRE), which was developed by Han et al. (2023) using daily observations from



115 2,839 gauges across China and surrounding areas (1970 to present). Soil data including soil organic carbon and soil particles such as sand, silt, and clay, was obtained from the SoilGrids dataset, produced by the International Soil Reference and Information Centre (ISRIC) with a resolution of 250 m (Poggio et al., 2021). The Digital Elevation Model (DEM) data, with a spatial resolution of 30 m, was sourced from the Shuttle Radar Topography Mission (SRTM-30 m) (Table 1).

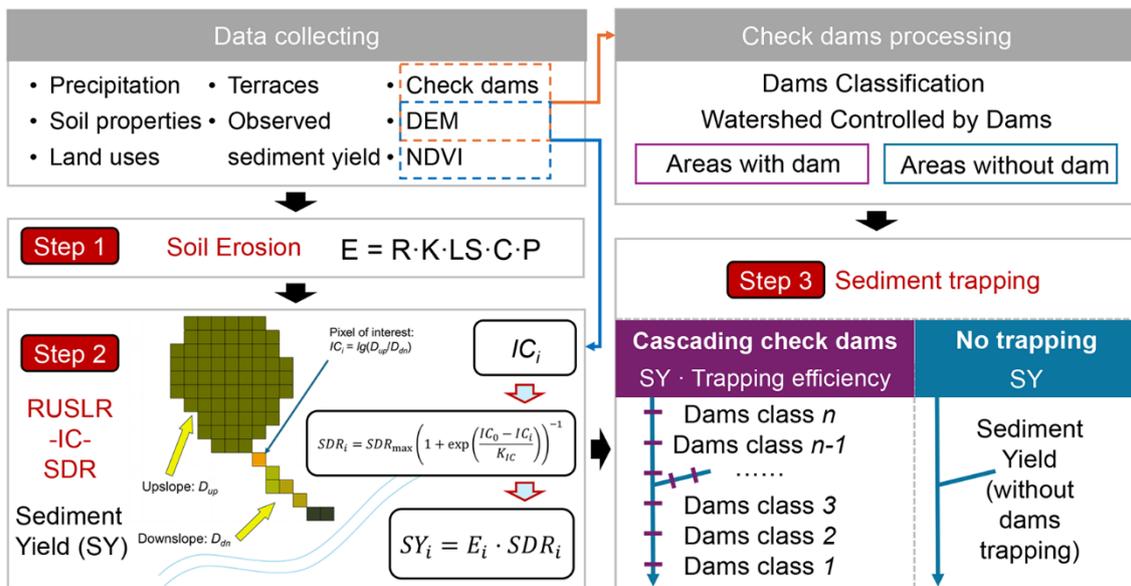
120 **Table 1.** Summary of the datasets used in this study.

Dataset	Variables	Temporal resolution	Spatial resolution	Duration	Source
Observed data	SY Sediment yield	monthly	-	1970-2020	The Yellow River Conservancy Commission of the Ministry of Water Resources (YRCC)
CHM_PRE	Precipitation	1-day	0.1°	1961–2020	<a href="https://doi.org/10.5194/essd-15-3147-2023">https://doi.org/10.5194/essd-15-3147-2023</a>
SoilGrids	Soil organic carbon, sand, silt, and clay	-	250 m	-	<a href="https://soilgrids.org">https://soilgrids.org</a>
Shuttle Radar Topography Mission	Digital Elevation Model	-	~30 m	2000	<a href="https://lpdaac.usgs.gov/products/srtmg11v003">https://lpdaac.usgs.gov/products/srtmg11v003</a>
MOD13Q1	NDVI	16-day	250 m	2000–2020	<a href="https://ladsweb.modaps.eosdis.nasa.gov/search">https://ladsweb.modaps.eosdis.nasa.gov/search</a>
AVHRR GIMMS	NDVI	15-day	8 km	1982–2015	<a href="https://data.tpdc.ac.cn/en">https://data.tpdc.ac.cn/en</a>
Land use	Land use	-	30 m	1975, 1990, 2000, 2010, and 2020	Institute of Remote Sensing and Digital Earth, Chinese Academy of Sciences
Check dams	Spatial location and storage capacity	-	-	-	<a href="https://zenodo.org/records/7857443">https://zenodo.org/records/7857443</a> YRCC

The Normalized Difference Vegetation Index (NDVI) data were retrieved from two sources: GIMMS-NDVI-3g and MOD13Q1. GIMMS data, produced using the Advanced Very High Resolution Radiometer (AVHRR) sensor, provides



125 NDVI data every 15 days with a spatial resolution of 8 km from 1982 to 2015 (Pinzon and Tucker, 2014). MOD13Q1 provides NDVI data every 16 days at 250-meter spatial resolution from February 2000 to present. To extend time availability and ensure data comparability, the two NDVI datasets were corrected based on overlapping periods (February 2000 to December 2015) using spatiotemporal stability analysis and statistical downscaling techniques (Huang et al., 2024). Land use data of five years (1975, 1990, 2000, 2010, and 2020) were obtained from the Institute of Remote Sensing and Digital Earth, Chinese Academy of Sciences, with a spatial resolution of 30 m. The overall accuracy of the land use data was 130 86% (Wu et al., 2024). We reclassified land use into cropland, forest, grassland, built land, waterbody, and other land use types (Table S2). The 30 m-resolution terrace dataset across China for 2000, 2010, and 2020 was generated using a two-stage random forest classification framework that integrates time-series Landsat imagery with digital elevation model (DEM) data (Zhang et al., 2025). This model utilized the texture features of terraces, achieving a classification accuracy of 91.7%. The vectorized check dam dataset was sourced from YRCC and Zeng et al. (2024). The dataset integrates high-resolution 135 (0.3–1 m) Google Earth imagery from May 2016 to 2020 and an object-based classification method, achieving an overall accuracy of 94.4% (Zeng et al., 2024). This dataset comprises spatial location and storage capacity of check dams. Although the delineation relies on recent imagery, most terraces and check dams in the basin were constructed in the 1970s–1980s, as documented in regional conservation reports.



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**Figure 2.** Framework of the integrated model for simulating sediment yield in the basin with cascading check dams. Step 1 denotes the soil erosion module by RUSLE. Step 2 indicates the sediment yield module by "RUSLE-IC-SDR" method. Step 3 represents the sediment trapping module by check dam. IC represents the index of connectivity, and SDR denotes the sediment delivery ratio.



## 145 2.3 Model framework

The model simulates soil erosion, sediment delivery, and sediment trapping by check dams within watersheds through sequential processes. First, the RUSLE model was used to simulate soil erosion at a specific location on the hillslope. Second, the eroded sediment delivered to the river, namely SY, was estimated through the “RUSLE-IC-SDR” approach. Finally, in watersheds controlled by check dams, the sediment intercepted by cascading check dam systems was calculated based on the trapping efficiency (Fig. 2). On account for these processes, the watershed was divided into two parts: areas with and without check dam regulation. In areas with check dams, sediment interception is explicitly considered. In contrast, areas without check dams include only the erosion and sediment delivery processes (Fig. 2).

### 2.3.1 Soil erosion module

To improve the accuracy of erosion calculations, we first calculated the erosion rate on a monthly scale using the RUSLE model, and then summed these up to obtain the annual erosion rate (Alewell et al., 2019):

$$E = R \cdot K \cdot LS \cdot C \cdot P , \quad (1)$$

where  $E$  is the soil erosion ( $\text{t ha}^{-1} \text{yr}^{-1}$ ),  $R$  is the rainfall erosivity ( $\text{MJ mm ha}^{-1} \text{h}^{-1} \text{yr}^{-1}$ ) factor,  $K$  is the soil erodibility ( $\text{Mg ha h MJ}^{-1} \text{ha}^{-1} \text{mm}^{-1}$ ) factor,  $L$  is the slope length factor,  $S$  is the slope steepness factor,  $C$  is the land cover and management factor, and  $P$  is the soil conservation or prevention practice factor. The  $R$  factor was calculated using the method of Xie et al., (2016) with the daily rainfall data of CHM\_PRE. The  $K$  factor was calculated according to the recommendations of the EPIC model (Sharples and Williams, 1990). The  $LS$  factor was calculated using the method developed by Böhner and Selige (2006) in SAGA-Analyses and modelling applications. The  $C$  factor was determined using the method of van der Knijff et al. (2000) and NDVI datasets. The  $P$  factor was assigned empirical values based on land use types, terraced distribution, and slope data (Table S2). The calculation methods of each factor in RUSLE are given in Text S1.

All spatial input datasets were resampled to a 100-m grid to ensure consistency for spatial modelling. Continuous variables (precipitation, soil properties, DEM, and NDVI) were resampled using the nearest neighbor assignment to preserve original pixel values without introducing interpolation artefacts. Categorical variables (land use and terraces) were resampled using majority resampling, which assigns each output cell the class most frequently occurring within its footprint. To ensure continuous temporal coverage for erosion model over 1970–2020, monthly NDVI for 1970–1981 was approximated using the mean monthly values from 1982–1989. Land use dynamics were represented using five time-slice maps: the 1975 map was applied to 1970–1980, the 1990 map to 1980–1990, the 2000 map to 1990–2000, the 2010 map to 2000–2010, and the 2020 map to 2010–2020.

### 2.3.2 Sediment yield module

The SDR, the ratio of SY to soil erosion, was applied to calculate the estimated net SY to the stream (Najafi et al., 2021). Vigiak et al. (2012) proposed that the SDR was calculated as a function of the IC:



$$IC_i = \lg\left(\frac{D_{up}}{D_{dn}}\right) = \lg\left(\frac{\overline{WS}\sqrt{A_{up}}}{\sum_i \frac{d_i}{W_i S_i}}\right), \quad (2)$$

$$SDR_i = SDR_{max} \left(1 + e^{\left(\frac{IC_0 - IC_i}{K_{IC}}\right)}\right)^{-1}, \quad (3)$$

where  $D_{up}$  and  $D_{dn}$  represent the upslope and downslope components of the connectivity, respectively.  $\overline{W}$  is the average weighting factor of the upslope contributing area (dimensionless).  $\overline{S}$  is the average slope gradient of the upslope contributing area ( $\text{m m}^{-1}$ ).  $A_{up}$  is the upslope contributing area ( $\text{m}^2$ ).  $d_i$  is the length of the flow path along the  $i$ th cell according to the steepest downslope direction (m).  $W_i$  is the weighting factor of the  $i$ th pixel (dimensionless), and the  $C$  factor in RUSLE was usually specified as the weighting factor (Zhao et al., 2020).  $S_i$  is the slope gradient of the  $i$ th pixel ( $\text{m m}^{-1}$ ).  $SDR_{max}$  is the maximum theoretical  $SDR$ , which was assumed to be 1 at cell scale.  $SDR_i$  is the sediment delivery ratio of the  $i$ th pixel.  $IC_0$  and  $K_{IC}$  are landscape-independent and landscape-dependent calibration parameters, respectively, which define the shape of the sigmoid function of the  $SDR$ - $IC$  relationship (La Licata et al., 2025; Vigiak et al., 2012).

The index of connectivity (IC) was computed using the stand-alone SedInConnect Python scripts (Crema and Cavalli, 2018).

Then, the sediment yield ( $SY$ ,  $\text{t ha}^{-1} \text{yr}^{-1}$ ) could be estimated using soil erosion rates and the  $SDR$  (Huang et al., 2024):

$$SY_i = E_i \cdot SDR_i, \quad (4)$$

where  $SY_i$  ( $\text{t ha}^{-1} \text{yr}^{-1}$ ) is the off-site  $SY$  of the  $i$ th pixel,  $E_i$  is the soil erosion rate of the  $i$ th pixel.

### 2.3.3 Sediment trapping module by check dams

The sediment trapping efficiency (TE) of check dams refers to the proportion of incoming sediments that are deposited or captured behind dams. A empirical relationship that relates TE to the effective storage capacity and the watershed area controlled by check dams has been used widely (Verstraeten & Poesen, 2000):

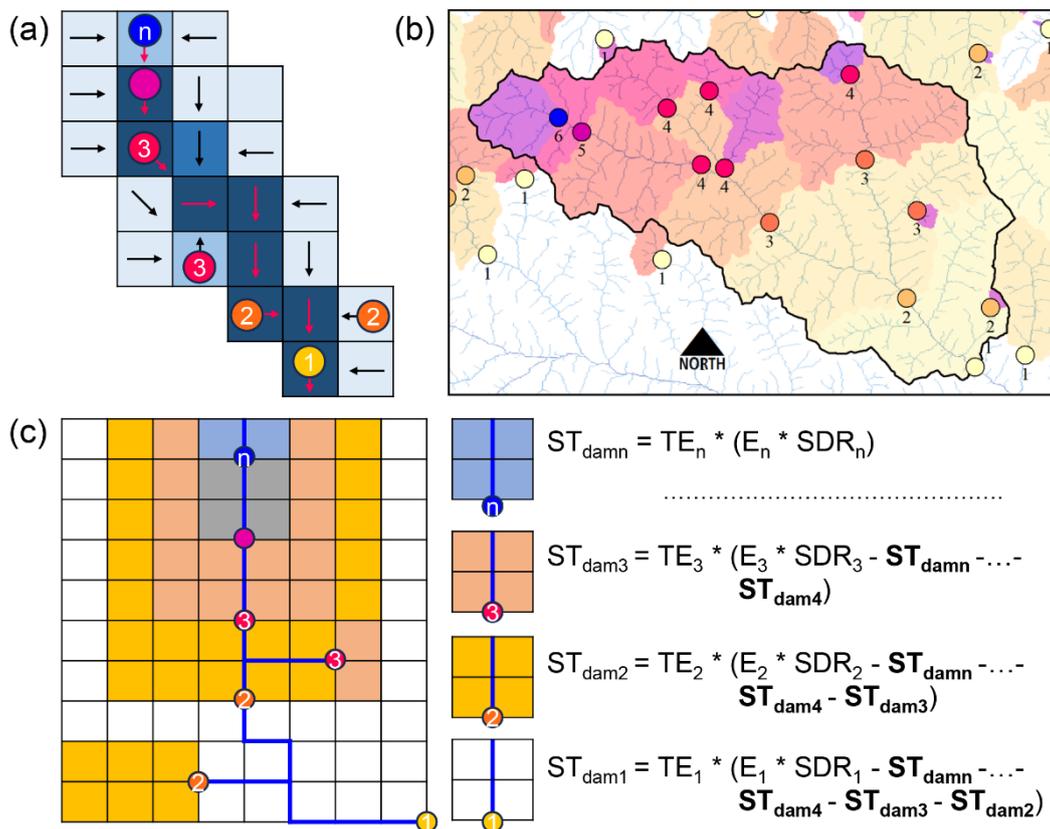
$$TE = 100 \left(1 - \frac{1}{1 + 0.0021D \frac{V}{A_{cca}}}\right), \quad (5)$$

where  $V$  denotes the remaining storage capacity ( $\text{m}^3$ ) of a check dam,  $A_{cca}$  is the contributing catchment area ( $\text{km}^2$ ), and  $D$  is a value ranging from 0.046 to 1 (values of  $D = 0.046$ , 0.1, and 1.0 can be used for fine, medium, and coarse sediments, respectively) suggested by Verstraeten and Poesen (2000). A value of 0.046 was selected due to the relatively fine loess in the study area (Zhao et al., 2020).

The presence of 47,391 check dams, along with interconnected and parallel check dam systems, posed a significant challenge to accurately calculate the sediment trapping capacity of check dams. To facilitate the acquisition of dam-controlled watershed areas, we utilized the "Feature To Point" tool in ArcGIS 10.2 to generate point for the check dams. Subsequently, the "Snap Pour Point" tool was employed to direct the check dam points within a 100-m distance towards the cells with the highest flow accumulation. A key methodological contribution of this study is the development of a systematic check-dam classification and routing framework that allows sediment delivery and trapping to be computed sequentially



205 along complex dam cascades without double-counting. (Fig. 3a). A dam assigned to class “*n*” represents a dam for which *n*  
dams occur along the downstream flow path to the cascade outlet (Fig. 3b); thus, the furthest upstream dam has the highest  
class number, while the terminal dam has class “1”. This classification enables sediment routing to be solved in a strictly  
upstream-to-downstream order, ensuring that sediment trapped in upstream dams is subtracted before calculating the  
sediment retained by any downstream dam (Fig. 3c). Compared with the HRU-based identification and conceptualization of  
210 check dam networks used by Sun and Wu (2023), our method provides a more efficient and straightforward way to handle  
large and complex check-dam systems.



215 **Figure 3.** The generalized process and conceptual diagram of sediment trapping by cascading check dam system. (a) An  
example of check dam classification based on flow direction data. (b) An example of cascading check dam distribution in a  
catchment. (c) Equations to describe sediment trapping by cascading check dams.  $ST_{damn}$ , ...,  $ST_{dam3}$ ,  $ST_{dam2}$ , and  $ST_{dam1}$   
represent sediment trapped in the area controlled by check dam class *n*, ..., 3, 2, and 1, respectively. TE represents the  
sediment trapping efficiency of the check dams; E and SDR refer to the pixel-based soil erosion rate and sediment delivery  
ratio, respectively.

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To illustrate this procedure, Fig. 3b shows a typical watershed with multiple dams. For a downstream dam (e.g., dam 1), accurate estimation of its trapped sediment requires beginning with the furthest upstream dam (class  $n$ ) and iteratively subtracting the sediment deposited in all upstream dams (class  $n$ ,  $n-1$ , ..., 2), as depicted in Fig. 3c. Algorithmically, this framework was implemented by combining flow direction, flow accumulation, and dam-point geometry in Python to  
225 determine the full topological ordering of dams. Once classified, individual dam-controlled watersheds were delineated using the “*arcpy*” package in Python (Fig. 3b), enabling the removal of overlapping contributing areas and preventing the artificial multiplication of TE where dam influence areas intersect. This step is essential because cascading check dams frequently generate overlapping control regions, and failing to separate them can lead to substantial overestimation of trapped sediment (Fig. 3b, c). After establishing the classification system and routing sequence, we implemented annual sediment routing and  
230 trapping computations for 1970–2020 using Python with “*multiprocessing*” and “*joblib*” to improve computational efficiency across 47391 dams. Sediment accumulation in each check dam was recorded annually to track long-term storage development. The soil bulk density was set at  $1.47 \text{ g cm}^{-3}$  in this study, based on an average of 60 samples from six profiles (0–12 m) by Fang et al. (2023) on the Loess Plateau.

## 2.4 Parameter calibration and simulation analysis

235 The conversion from IC to SDR requires calibrating the parameters  $IC_0$  and  $K_{IC}$ . Due to variations in sub-basin characteristics such as topography, soil, and climate (Hao et al., 2022), the optimal combinations of  $IC_0$  and  $K_{IC}$  differ across sub-basins. In this study, we conducted individual parameter calibration for 17 sub-basins controlled by hydrological stations. Initially, 70 combinations of  $IC_0$  and  $K_{IC}$  were tested, with  $IC_0$  ranging from -7 to -1 (in steps of 1) and  $K_{IC}$  from 0.5 to 5 (in  
240 steps of 0.5). Each parameter set was applied to the proposed integrated SY model in each sub-basin. This process was repeated for all the 70 combinations, yielding SY values with accounting for trapping of check dams. The observed and simulated SY were compared to evaluate the model's predictive capability using the Nash-Sutcliffe efficiency coefficient ( $NSE$ ) (Huang et al., 2024). If the optimal parameter combination fell outside the initial range, the parameter steps were adjusted based on the trend of  $NSE$  variation until the optimal combination was identified. For the remaining areas outside these 17 sub-basins, we used the average of the optimal parameters of nearby sub-basins to calculate SDR, which is used to  
245 complete the SY estimation for the entire MYRB.

Previous applications of the traditional RUSLE-IC-SDR framework do not explicitly account for the sediment trapping of the dams (Lan et al., 2023; Schürz et al., 2020; Yin et al., 2025). Building on this context, the key focus of our study was the explicit incorporation of TE-based check-dam trapping, which represents sediment interception and storage within each dam along cascading dam systems. To evaluate the impact of check dams trapping within the RUSLE-IC-SDR framework, we  
250 compared two model configurations. The first configuration activates the full TE-based trapping scheme, while the second follows the traditional RUSLE-IC-SDR setup in which sediment is routed through the landscape without sediment trapping by check dams. The combinations of  $IC_0$  and  $K_{IC}$  in this scenario remained identical to that in the actual check dam-regulated scenario. This design ensures that the only difference between the two simulations is whether check-dam trapping is



represented. The resulting sediment yields are denoted as  $SY_{Trap}$  (with sediment trapping) and  $SY_{noTrap}$  (without sediment trapping), and the sediment reduction contribution by check dams ( $SRC_{dam}$ ) was computed as:

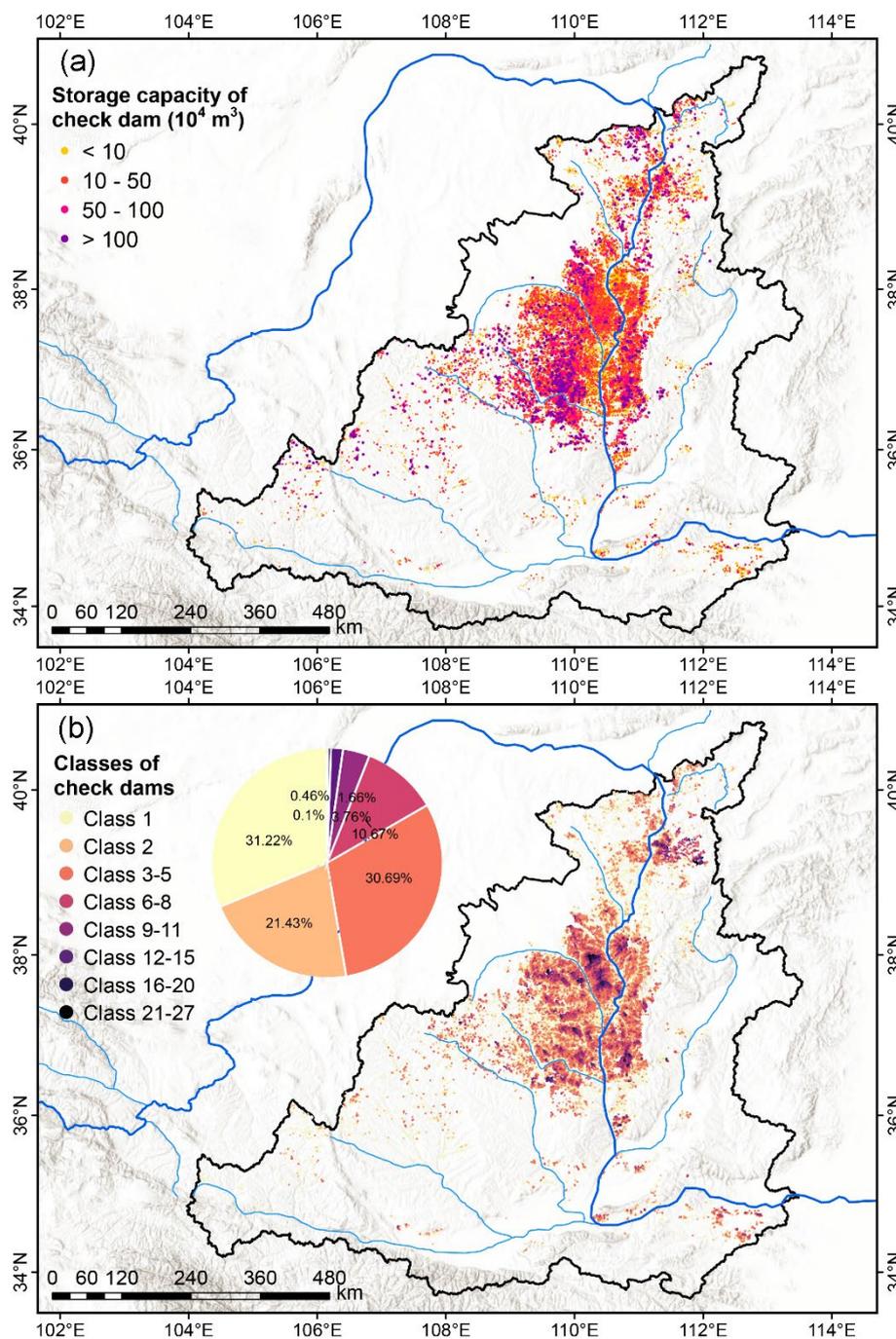
$$SRC_{dam} = \frac{SY_{noTrap} - SY_{Trap}}{SY_{Trap}} \times 100\% , \quad (6)$$

### 3 Results

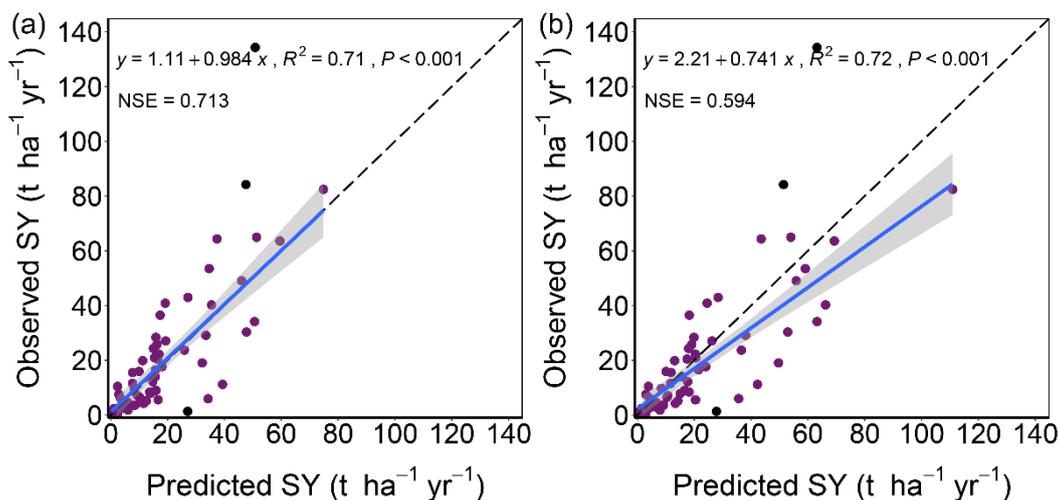
#### 3.1 Performance of integrated model considering cascading check dams

The check dams primarily distributed in the central part of the MYRB, forming highly complex cascading systems (Fig. 4). The area controlled by check dams is  $4.68 \times 10^4 \text{ km}^2$ , accounting for 13.55% of the MYRB. The total designed storage capacity of all check dams is  $6.36 \times 10^9 \text{ m}^3$ , predominantly comprising small dams ( $< 10 \times 10^4 \text{ m}^3$ ), which account for 68.0% of the total number (Fig. 4a). There was 68.78% ( $n = 32,595$ ) of the check dams within a cascading system. Within these systems,  $\geq 6$ -tier check dams constitute 16.65% ( $n = 7,892$ ) of the total count, while a subset of 0.56% ( $n = 265$ ) exhibit exceptionally high class (16–27 tiers), indicating 16–27 sequentially constructed check dams along river channels from upstream to downstream (Fig. 4b).

The proposed model framework considered the effects of cascading check dams on SY. The optimal combinations of  $IC_0$  and  $K_C$  in the model varied across sub-basins (Fig. S1). Our analysis demonstrates that models incorporating check dam sediment trapping exhibit superior model performance compared to counterparts excluding check dams (Fig. 5). Model performance validation using observed SY from 17 hydrological stations in the MYRB showed that incorporating the sediment trapping of check dams could improve the  $NSE$  to 0.713 ( $R^2 = 0.71$ ) (Fig. 5a), representing a 20.0% improvement compared to the traditional model ( $NSE = 0.594$ ,  $R^2 = 0.72$ ) (Fig. 5b).



**Figure 4.** Distribution map of (a) storage capacity of check dams, and (b) classification of check dams in the middle Yellow River Basin. The pie chart shows the proportion of different classes of check dams. Class  $n$  indicates that there is  $n$  sequentially constructed check dams along river stream in the catchment.



**Figure 5.** Comparison between model-estimated and observed sediment yield (SY) (a) with and (b) without considering sediment trapping by check dams. The three black points in the figure were excluded from the validation statistics.

### 280 3.2 Sediment yield under influences of check dams

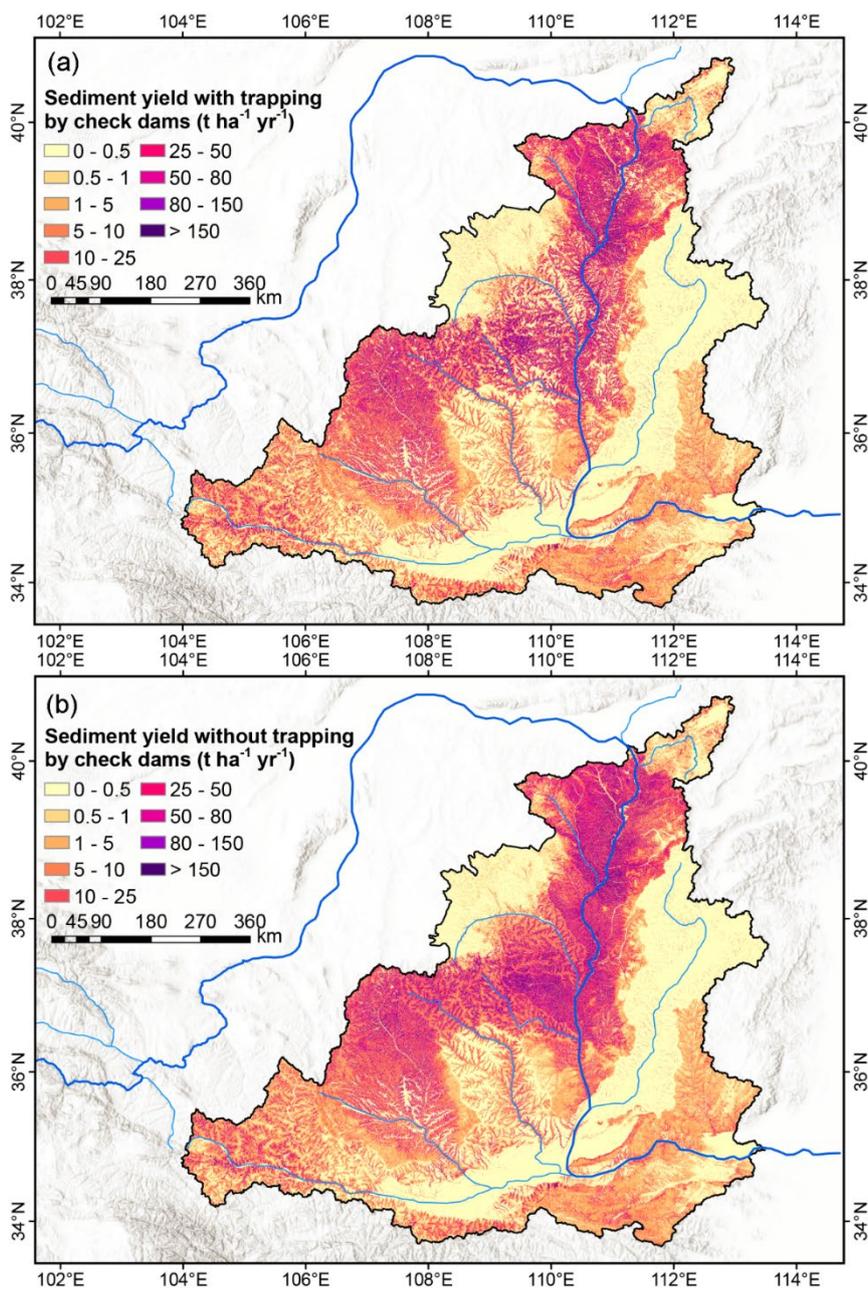
From 1970 to 2020, decadal soil erosion rates in the MYRB were  $52.65 \pm 11.20$ ,  $56.46 \pm 8.17$ ,  $52.11 \pm 10.33$ ,  $47.61 \pm 15.06$ , and  $29.97 \pm 7.54$   $t\ ha^{-1}\ yr^{-1}$  in 1970s, 1980s, 1990s, 2000s, and 2010s (Fig. S2). Overall, soil erosion rate decreased across 85.95% of the basin. Among the 17 sub-basins, average soil erosion rates ranged from 21.19 (*Zhujiachuan River* basin) to 192.05  $t\ ha^{-1}\ yr^{-1}$  (*Qingjian River* basin) (Fig. S3). The mean IC in the MYRB was  $-3.90 \pm 1.45$ . IC is relatively high in the central basin, covering the hilly-gully regions (about -4 on slopes to around -2 in gullies). However, the hilly-gully region exhibited a rapid decline in IC ( $< -0.006\ yr^{-1}$ ) during 1970–2020. In contrast, the southern and eastern valley plains showed comparatively low IC ( $< -4.5$ ), and an increasing trend of IC was observed in some areas (Fig. S4). The SDR derived from optimal  $IC_0$ – $K_{IC}$  combinations varied substantially among sub-basins. The *Fen River* basin exhibited the lowest average SDR (0.02), while the *Kuye River* basin (0.83) and the *Huangfuchuan River* basin (0.89) reported higher SDR values. Overall, SDR exhibited a declining trend (Fig. S5). In the densely dammed central basin, many check dam systems achieved a TE above 0.80. With the decreases of the effective storage capacity in these check dams, TE generally showed a declining trend (Fig. S6).

Check dams have effectively prevented sediment from being transported out of the watershed (Fig. 6). Under the influence of check dams, the 50-year average SY in MYRB was  $15.42 \pm 4.56$   $t\ ha^{-1}\ yr^{-1}$ , which represents a 12.6% reduction compared to scenario without sediment trapping by check dams ( $17.64 \pm 5.55$   $t\ ha^{-1}\ yr^{-1}$ ) (Fig. 6). A comparison of Fig. 6a, b reveals that in the central and northern basin with relatively high SY, there are numerous patches characterized by lower SY (i.e., watersheds controlled by check dams) (Fig. S7). In these watershed areas controlled by check dams, the 50-year average SY



was  $16.38 \pm 6.19 \text{ t ha}^{-1} \text{ yr}^{-1}$ , representing a 50.01% reduction compared to the scenario without sediment trapping by check dams ( $32.76 \pm 11.97 \text{ t ha}^{-1} \text{ yr}^{-1}$ ) (Fig. 6).

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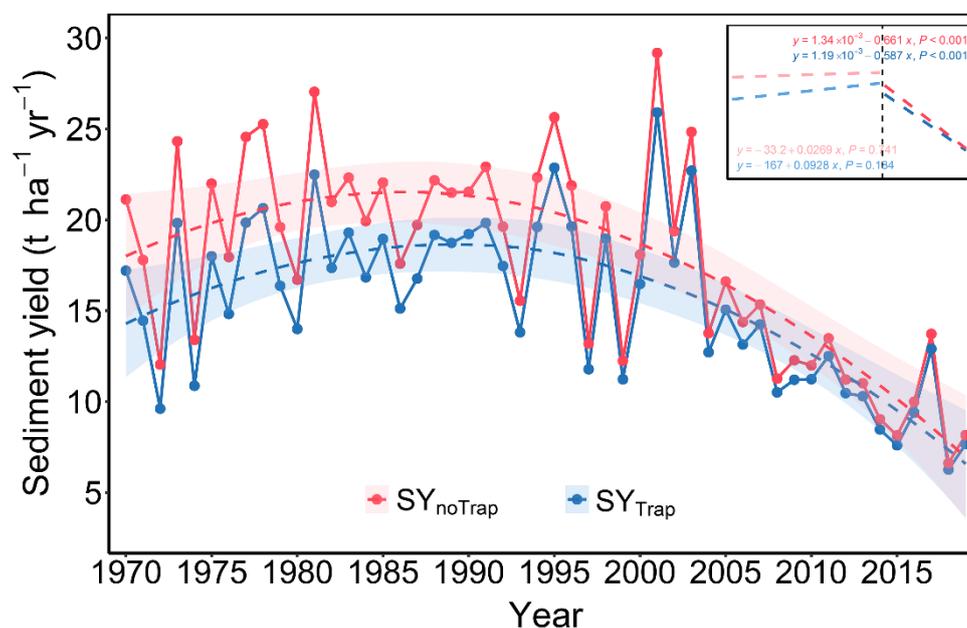


**Figure 6.** Comparison of the spatial distribution of multi-year average sediment yield (a) with and (b) without considering sediment trapping by check dams during 1970–2020 in the middle Yellow River Basin.



305 During 1970–2001, the multi-year average SY in MYRB was  $17.41 \pm 3.61 \text{ t ha}^{-1} \text{ yr}^{-1}$ , showing no significant changing trend ( $P = 0.184$ ) (Fig. 7). After 2002, the average SY decreased to  $11.89 \pm 3.93 \text{ t ha}^{-1} \text{ yr}^{-1}$ , representing a 31.71% reduction compared to 1970–2001, with a statistically significant downward trend during 2002–2020 ( $P < 0.001$ ) (Fig. 7). Furthermore, the difference in SY between scenarios with and without sediment trapping by check dams has been gradually narrowed, decreasing from 14.42% during 1970–2001 to 7.45% in the post-2001 period (Fig. 7).

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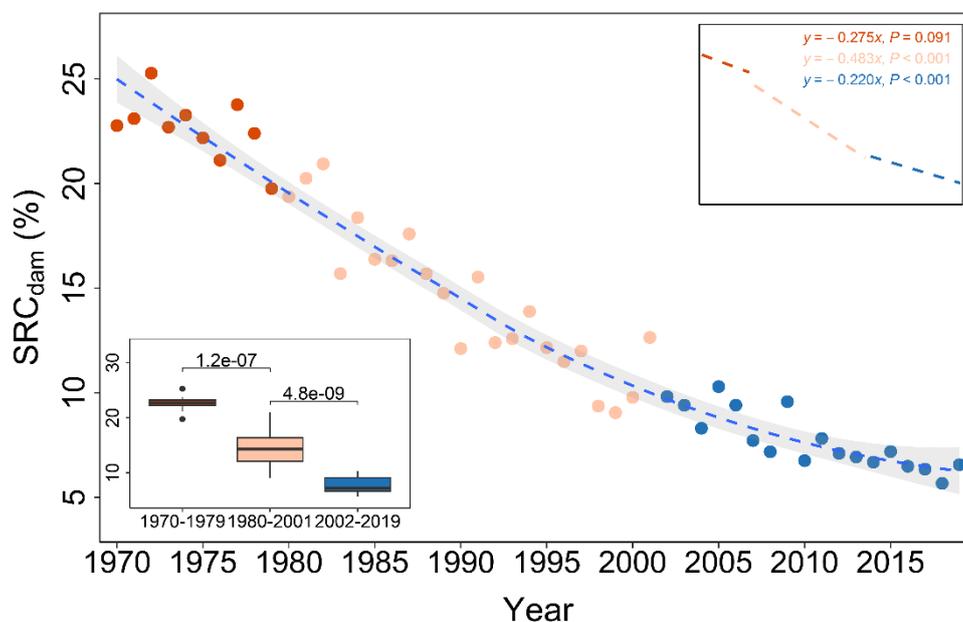
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**Figure 7.** Interannual variations in average sediment yield (SY) with (SY<sub>Trap</sub>) and without (SY<sub>noTrap</sub>) sediment trapping by check dams during 1970–2020 in the middle Yellow River Basin. The dashed line represents a fitted curve, with the shaded area indicating the 95% confidence interval. The inset in the upper right displays the linear regression trend of SY before and after 2001.

### 3.3 Dynamics of sediment reduction and trapping by check dams

In the MYRB, the overall trend in sediment reduction contribution by check dams (SRC<sub>dam</sub>) showed a gradual decline, with a 50-year average value of  $13.68 \pm 5.98\%$  (Fig. 8). In the first decade (1970–1979), the SRC<sub>dam</sub> remained above 20%. During 1980–2001, the SRC<sub>dam</sub> was  $14.47 \pm 3.45\%$ , whereas after 2002, it significantly declined to  $7.74 \pm 1.39\%$  ( $P < 0.001$ ) (Fig. 8). The SRC<sub>dam</sub> varied widely across sub-basins, ranging from 1.01% in *Fen River* basin to 110.75% in *Jialu River* basin in the first decade (Fig. S8). During 1980–2001, SRC<sub>dam</sub> in sub-basins ranged from 0.92% (*Fen River* basin) to 78.05% (*Jialu River* basin). After 2002, the range of SRC<sub>dam</sub> narrowed to 0.94% (*Fen River* basin)–59.97% (*Fenchuan River* basin).

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**Figure 8.** Interannual variations in the sediment reduction contribution of check dam ( $SRC_{dam}$ ) in the middle Yellow River Basin. The inset in the lower left represents the average  $SRC_{dam}$  during the 1970–1979, 1980–2001, and 2002–2020. The shaded area indicates the 95% confidence interval.

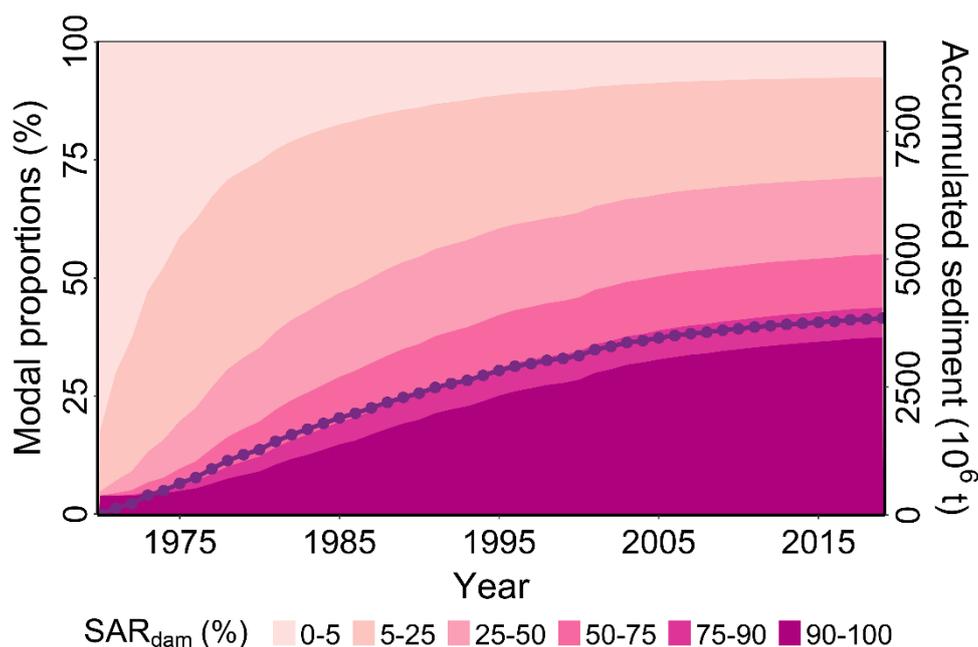
The accumulated sediment trapped by all check dams in the MYRB over the past 50 years was  $3.84 \times 10^9$  t, occupying 41.49% of the total designed storage capacity (Fig. 9). During the first decade, sediment accumulation rates in check dams were highest, averaging  $126.24 \times 10^6$  t yr<sup>-1</sup>, accounting for 13.62% of the total storage capacity (Fig. 9). Between 1980–2001 and post-2001, the average sediment accumulation rates decreased to  $90.29 \times 10^6$  t yr<sup>-1</sup> and  $33.03 \times 10^6$  t yr<sup>-1</sup>, respectively. Accumulated sediment during these two periods represented 21.44% and 6.42% of the total storage capacity, respectively (Fig. 9).

In the first decade (1970–1979), check dams were filled rapidly, with only 27.13% of check dams retaining more than 95% of their storage capacity, while 8.30% had already lost over 90%. By 2001, sediment accumulation further reduced storage capacity, with just 9.48% of check dams maintaining over 95% capacity and 29.92% experiencing losses of exceeding 90% capacity (Fig. 9). Until 2020, 55.08% of the check dams lost more than 50% of their storage capacity due to sediment deposition (Fig. 9). Among these, 37.47% of the check dams lost over 90% of their storage capacity, and only 7.43% of the check dams accumulated less than 5% capacity (Fig. 9).

The degree of sediment accumulation in check dams varied across different sub-basins in the MYRB (Fig. S9). Over the past 50 years, the total sediment accumulation in check dams across the 17 sub-basins ranged from 1.06% (*Fen River* basin) to 78.12% (*Huangfuchuan River* basin) of the total storage capacity (coefficient of variation, CV = 63.89%) (Fig. S9). Additionally, within these sub-basins, 0.54% (*Qingjian River* basin) to 87.94% (*Fen River* basin) (CV = 135.55%) of check



345 dams experienced less than 5% losses of storage capacity, while 2.78% (*Zhujiachuan River* basin) to 76.39% (*Kuye River* basin) (CV = 75.12%) of check dams suffered exceeding 90% storage capacity losses (Fig. S9).



350 **Figure 9.** Modal proportions of check dams characterized by different proportions of accumulated sediment relative to total storage capacity ( $SAR_{dam}$ ) (colored fill), alongside annual changes in accumulated sediment in check dams (purple dotted line) in the middle Yellow River Basin.

## 4 Discussion

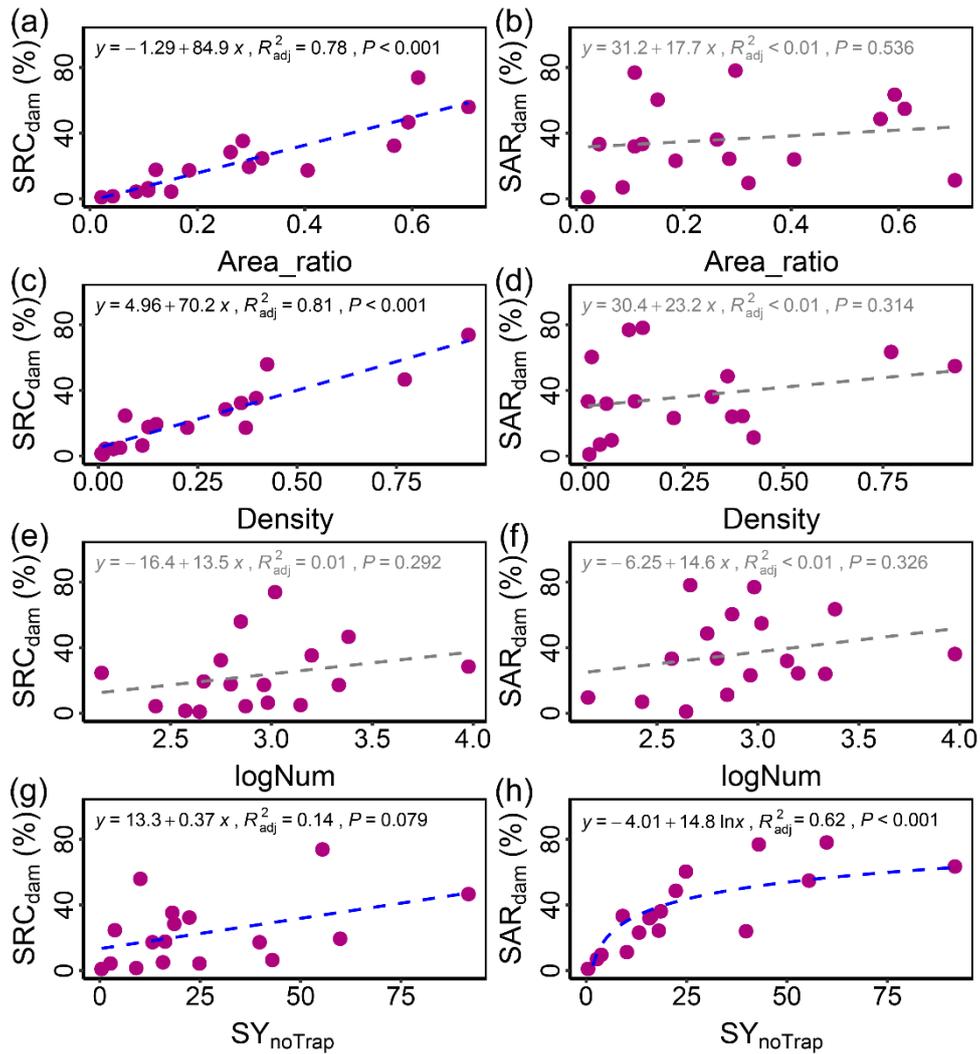
### 4.1 Factors controlling sediment reduction and trapping by check dams

355 The temporal dynamics of  $SRC_{dam}$  were influenced by check dam characteristics (such as number, density, controlled area, and storage capacity) and sediment yielding status (such as the magnitude of SY and its spatial distribution) (Bai et al., 2020; Sun and Wu, 2023). Prior to the implementation of vegetation restoration projects, the vegetation coverage was only 25.08% during 1980s in the MYRB (Zhang et al., 2022), and severe soil erosion occurred in the basin (Fig. S2). The resulting high SY, combined with the initially high effective storage capacity of newly check dams, jointly contributed to a high  $SRC_{dam}$  (Verstraeten and Poesen, 2000). As sediment accumulates in check dams, their effective storage capacity diminishes, resulting in a decreasing TE (Fig. S6b) and  $SRC_{dam}$  (Fig. 8). With the implementation of "Grain for Green" program (GGP) since 2000, the vegetation coverage has increased to 58.68% recently (Zhang et al., 2022). The improved vegetation has significantly curbed hillslope soil erosion by intercepting rainfall, enhancing infiltration, and consolidating the soil (Ebabu et

360



al., 2022). As a result, SY has markedly decreased, leading to a more stable and further lower SRC<sub>dam</sub> over time (Sun et al., 2020).



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**Figure 10.** Correlations of sediment reduction contribution of check dams (SRC<sub>dam</sub>) and proportion of accumulated sediment relative to total storage capacity (SAR<sub>dam</sub>) with the proportion of area controlled by check dams to the total basin area (Area\_ratio) (a and b), check dam density (Density) (c and d), logarithm of the number of check dams (logNum) (e and f), and average sediment yield without sediment trapping by check dams (SY<sub>noTrap</sub>) in sub-basins (g and h).

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The SRC<sub>dam</sub> and proportion of accumulated sediment to storage capacity of check dams (SAR<sub>dam</sub>) differed substantially among 17 sub-basins (Fig. S8). Figure. 10 shows the relationships of SRC<sub>dam</sub> and SAR<sub>dam</sub> with check dam related factors (number of check dams, check dam density, the proportion of the watershed area controlled by check dams to the total basin

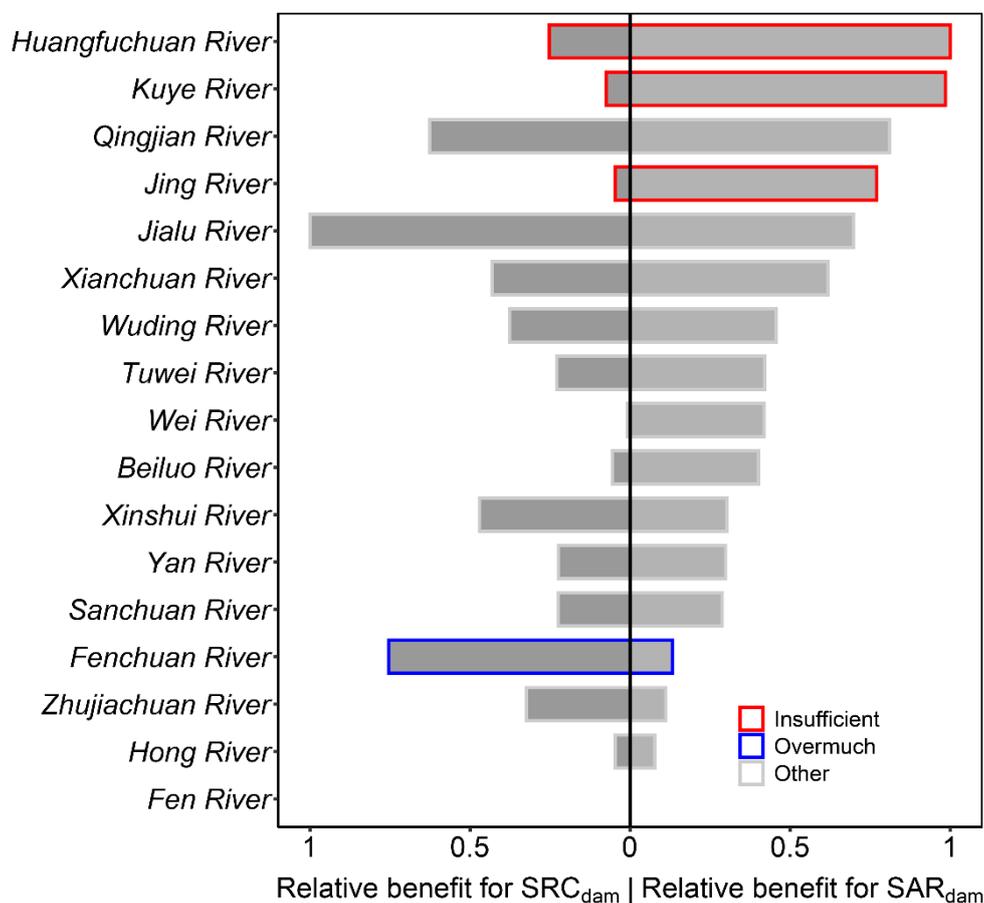


375 area (Area\_ratio)) and  $SY_{noTrap}$ . The  $SRC_{dam}$  displayed a significant linear relationship with Area\_ratio ( $R^2 = 0.78$ ,  $P < 0.001$ ) and check dam density ( $R^2 = 0.81$ ,  $P < 0.001$ ) (Fig. 10a, b). In contrast, the  $SAR_{dam}$  was only significantly correlated with sub-basin  $SY_{noTrap}$  ( $R^2 = 0.62$ ,  $P < 0.001$ ) (Fig. 10h), but not closely tied to factors associated with check dams. This means that sediment reduction contribution of check dams is mainly controlled by their distribution characteristics, whereas the sediment accumulation efficiency was primarily affected by the sediment yield from upstream of the check dams.

#### 4.2 Sediment trapping efficiency of check dam distribution

380 Check dams play an important role in sediment trapping within channels (Abbasi et al., 2019; Esteban Lucas-Borja et al., 2021; Piton et al., 2017). From 1970 to 2020, sediment accumulation in check dams of the MYRB reached peak rates in the 1980s and slowed significantly thereafter (Fig. 9). This was due to the rapid decline in erosion rates or the improper construction of check dams (Gao et al., 2024). The conversion of slopes to terraces and the GGP in 1999 significantly increased vegetation cover, leading to a significant reduction in hillslope soil erosion (Lan et al., 2023). Additionally, 385 enhanced vegetation cover has also reduced hydrologic connectivity (Fig. S4b), consequently lowering the SDR (Abebe et al., 2023; Borselli et al., 2008; Zhao et al., 2020) (Fig. S5b). These changes decreased sediment delivered from hillslopes to channels by reducing both the sediment source and transport capacity. This facilitates sediment deposition, further regulating sediment transport processes (Piton and Recking, 2017).

We used the trade-off method between  $SRC_{dam}$  and  $SAR_{dam}$  to evaluate the rationality of check dams distribution in the basin 390 (Text S2), which could provide some evidence for the construction and management of check dams. An extreme example was that all check dams were fully silted (maximum  $SAR_{dam}$ ), yet the  $SRC_{dam}$  was very low. This discrepancy indicated that the current check dams in these sub-basins, such as the *Kuye River*, *Huangfuchuan River*, and *Jing River* basins were insufficient compared to other sub-basins (Fig. 11). This suggests that the construction of check dams in these sub-basins could be further enhanced and optimized to increase sediment trapping efficiency and mitigate soil erosion more effectively. 395 However, for *Fenchuan River* basin, the  $SRC_{dam}$  is significantly higher than the  $SAR_{dam}$ , suggesting overmuch check dams in this sub-basin (Fig. 11). For these basins, future efforts may no longer need to focus on check dam construction. Instead, great emphasis should be placed on hillslope soil and water conservation measures, such as vegetation restoration.



**Figure 11.** The trade-off relationship between sediment reduction contribution of check dams ( $SRC_{dam}$ ) and proportion of accumulated sediment relative to total storage capacity of check dams ( $SAR_{dam}$ ) for the sub-basins in the middle Yellow River Basin. “Insufficient” or “Overmuch” refer to that the number of check dams in sub-basin is insufficient or overmuch, respectively.

### 4.3 Model advantages and further study

By integrating the RUSLE-IC-SDR with the TE of cascading check dams, this study provided a straightforward and practical method to quantify sediment delivery from hillslopes to channels and trapping by check dams in the basin. This method can be easily applied in other regions worldwide. This study focuses on the temporal dynamics and spatial patterns of sediment trapping and reduction by cascading check dam systems. Using the RUSLE-IC-SDR method, SY hotspot in the basin can be identified. By comparing the potential SY of the areas controlled by planned check dam sites with the designed storage capacity of the check dams, we can evaluate the rationality of planned check dam systems. This method enables precise assessment of sediment retention in complex check dam systems and optimal spatial configuration of the check dam system.



Check dams are well known to rapidly halt channel incision and stabilize gully beds, yet these geomorphic adjustments are not directly captured by the current model structure (Piton et al., 2017). Future research should focus on incorporating gully erosion, bank erosion, and bed incision modules to better represent the full suite of geomorphic processes influenced by check dams (He et al., 2026). In addition, considering the increasing frequency of extreme climatic events, future research  
415 should focus on understanding how extreme rainfall events and associated geological hazards, such as debris flows, influence sediment trapped by check dams (Chen et al., 2025). Such work is essential to predict and prevent sudden dam failures, which could significantly compromise flood control and sediment retention functions (Esteban Lucas-Borja et al., 2021). Considering the growing interest in carbon burial in dammed sediments, coupling sediment-retention modelling with carbon-dynamics processes is another important direction (Yao et al., 2022). Despite the above limitations, the proposed  
420 framework substantially improves the ability to diagnose sediment dynamics in large, highly engineered basins and provides a foundation for more comprehensive modelling of cascading check-dam networks.

## 5 Conclusions

In this study, we proposed a framework coupling RUSLE-IC-SDR and TE, to simulate the spatial distribution of SY over past 50 years in the MYRB under the influences of complex check dam networks. The findings show that the check dams  
425 reduced the multi-year average SY by 50.01% in dam-controlled areas. The SY reduction contribution by check dams exhibited considerable spatial heterogeneity, ranging from 73.9% to 0.9% among sub-basins. Over the study period, check dams retained total sediment of  $3.84 \times 10^9$  t, filling 41.49% of their designed storage capacity, with the accumulation rate decreasing considerably from  $126.14 \times 10^6$  t yr<sup>-1</sup> in the initial stage to  $33.03 \times 10^6$  t yr<sup>-1</sup> in recent decade. The SY reduction contribution by check dams was more strongly associated with dam-specific parameters, such as check dam density and the  
430 proportion of area controlled by check dams to the total basin area, whereas the sediment accumulation efficiency was primarily affected by the sediment yield from upstream of the check dams. Further, there was evident trade-off between SY reduction contribution and sediment accumulation efficiency of check dams in some sub-basins, indicating that the number of check dams in these basins is insufficient or overmuch. Overall, this study provides a practical and data-efficient method for assessing sediment trapping and reduction by cascading check dam systems in large basin, offering valuable insights for  
435 improving soil and water conservation strategies in erosion-prone regions.

## Code and data availability

The observed sediment yield, land use, simulated sediment yield, and codes related to this research are openly available on figshare (Huang et al., 2025) at <https://doi.org/10.6084/m9.figshare.29400029>. The high-quality gridded precipitation dataset (called CHM\_PRE) is available on figshare (Han et al., 2022) at <https://doi.org/10.6084/m9.figshare.21432123.v4>. The  
440 SoilGrids dataset can be downloaded from ISRIC (2021) at <https://soilgrids.org>. SRTM DEM can be downloaded from



NASA Jet Propulsion Laboratory (2013) at <https://doi.org/10.5067/MEASURES/SRTM/SRTMGL1.003>. The MODIS NDVI can be downloaded from NASA LP DAAC (Kamel et al., 2015) at <http://doi.org/10.5067/MODIS/MOD13Q1.006>.

The GIMMS-NDVI-3g dataset from NOAA (2018) is available for download from the National Tibetan Plateau Data Center at <https://data.tpdc.ac.cn/en/data/9775f2b4-7370-4e5e-a537-3482c9a83d88>. The vectorized check dam dataset is available on  
445 zenodo (Zeng et al., 2023) at <https://zenodo.org/records/7857443>.

### Author contributions

GG and YH originally conceived the idea for this paper. YH, LR, and YW developed the model code and performed the simulations. YH, ZM, and YW performed the analysis. YH, GG, and YW developed the visualizations and created the figures. YH wrote the manuscript with support from all co-authors.

### 450 Competing interests

The contact author has declared that none of the authors has any competing interests.

### Acknowledgements

We wish to thank Yanzheng Yang for his assistance in multi-process code. Guangyao Gao and Lishan Ran acknowledge funding from the National Natural Science Foundation of China (Nos. U2243231, 42041004, 42222062, and 42277348).

### 455 Financial support

This research was funded by the National Natural Science Foundation of China (Nos. U2243231, 42041004, 42222062, and 42277348).

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