



Will groundwater-borne nutrients affect river eutrophication in the future? A multi-tracer study provides evidence

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15 Abstract

Groundwater can be a major source of nutrients and contaminants to river systems in agriculturally active areas with significant implications for water quality and ecosystem health. The Elbe river in eastern Germany, characterised by Cretaceous aquifers upstream and Quaternary aquifers downstream, is located in areas of intense agricultural activity and is therefore vulnerable to nutrient fluxes. This study investigates the time scales of diffuse groundwater-borne nutrients entering the river using multi-environmental tracers (³H/³He, SF₆, CFCs, ¹⁴C). By applying lumped parameter models, we concluded on time scales of groundwater flow from recharge to the river ranging from 0 to 41 years, with infiltration occurring predominantly after 1985. Our results highlight a young groundwater system with measurable denitrification and minimal to moderate admixtures of older water fractions clearly discernible with helium. This suggests that the legacy of nutrient inputs from intensive fertilisation during the GDR period (1945-1989)  already peaked, with groundwater-borne nutrient concentrations expected to decline over the coming decades. These results are crucial for informing river basin management strategies aimed at mitigating eutrophication and protecting aquatic ecosystems. It provides valuable insights into the temporal dynamics of groundwater contributions to surface waters and their regional implications for sustainable resource management.

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1. Introduction

35 In Central Europe, as in most regions worldwide, groundwater is a significant source of both nutrients and contaminants entering riverine systems (Shishaye et al., 2021). A potential source is the intense application of N-fertilisers, including slurry, that leads to large inputs of nitrate through agricultural land into the groundwater (van der Grift et al., 2016; Craswell, 2021), which may discharge as base flow into surface waters. This enhances the vulnerability towards eutrophication (Brookfield et al., 2021; Zill et al., 2024) and, thus jeopardising ecosystem stability (Dodds, 2006) downstream to the ocean. During the last decades, important watershed moments significantly reduced the application of liquid manure and mineral N-fertilisers in Germany and Europe: i.e. the 1989 political revolution in Eastern Germany, the 1991 EU Council Directive to protect waters against pollution by nitrate

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(91/676/EWG), the year 2000 implementation of the European Water Framework Directive
 45 (2000/60/EG), the 2017 German Fertiliser Ordinance (DüV2017) and in its 2020 modified form
 (DüV2020). Nevertheless, to evaluate the potential future development of nutrient loads into rivers, it
 is essential to assign the current nutrient concentrations (e.g., NO_3 and PO_4) in potentially feeding
 aquifers to specific periods of previous fertiliser application. Sanford & Pope (2013) and Martin et al.
 (2017) underscore the importance of understanding these timescales, as it is challenging to define and
 50 achieve goals for maintaining surface water quality and assessing the impact of groundwater-borne
 nutrients on riverine systems without that knowledge. That may allow regionally tailored intervention
 and implement effective management measures to mitigate eutrophication and protect aquatic
 ecosystems.

Furthermore, the study of groundwater age distributions and mean residence times is valuable for
 55 several other reasons (Dagan, 1986; Dagan & Nguyen, 1989), as it allows the validation and calibration
 of groundwater models, ensuring their accuracy and reliability (Sanford, 2011; Schilling et al., 2019).
 Understanding age distributions helps in quantifying groundwater infiltration and recharge rates, which
 are essential for water resources management. Gilmore et al. (2016) emphasise the significance of
 accurately determining groundwater flow paths from the source to the discharge area, being important
 60 to reveal the transport behaviour of both temporary and persistent contaminants. Investigating
 groundwater age as tracer age provides a deeper understanding of flow processes within the aquifer,
 contributing to more effective groundwater management practices. And, assessing tracer age is relevant
 for determining the vulnerability of the aquifer and establishing protection zones, such as those for
 drinking water (Molson & Frind, 2012) or groundwater-dependent areas in general (Isokangas et al.,
 65 2017).

However, groundwater samples taken at one point represent an inextricable mix of water having
 observed short and long flow paths and therefore containing fractions of very different ages. The age
 distribution rather than the "mean groundwater age" is therefore the essential measure for precise root
 cause analysis and the assessment of the vulnerability of a groundwater body with regard to
 70 contaminants or nutrients (McCallum et al., 2014; Suckow, 2014). Determining the age distribution as
 a whole is, however, only possible in exceptional cases with a very long time series of tracer
 measurements (Suckow & Gerber 2022). Therefore, instead of a single tracer (radioisotopes, stable
 isotopes or hydrochemical parameters), a combination of natural geochemical or isotopic tracers must
 be used and analysed. These multi-environmental tracer studies often cover different time scales
 75 (Corcho Alvarado et al., 2007; Mayer et al., 2014; Purtschert et al., 2023). Younger fractions can be
 determined using ^3H and tritiogenic $^3\text{He}_{\text{trit}}$ (Sültenfuß & Massmann, 2004; Desens et al., 2023),
 anthropogenic gases like SF_6 , CFC-11, CFC-12 (Daughney et al., 2010; Okofo et al., 2022) and ^{85}Kr
 (Cook & Solomon, 1997; Kagabu et al., 2017). Older water fractions are estimated by ^{14}C (Maloszewski



80 & Zuber, 1991; Iverach et al., 2017), ^{36}Cl (Wilske et al., 2019; Purtschert et al., 2023) or ^4He (Matsumoto et al., 2018). Even with multi-tracer applications the details of the age distributions can only be pinpointed with a high level of uncertainty (McCallum et al., 2014), but ~~this nevertheless~~ remains the state of the art approach. Only knowledge of the different groundwater age fractions and their spatial distribution in the subsurface offers the possibility of understanding the vulnerability of the aquifer and its negative influence on surface waters through possible groundwater - surface water interactions. To obtain mean residence times from tracer measurements, lumped parameters models (LPM), which are detailed in Maloszewski & Zuber (1996, 2008) and Suckow (2014) are powerful tools. In a nutshell, LPM's are analytical solutions with only a few parameters and simplified aquifer geometry, using a mathematical age distribution, and allowing to calculate MRT's from sampled tracer concentrations.

90 All dissolved nutrients are retained to varying degrees by diffusion and dispersion processes. With regard to the entry paths of N and P species into watercourses, their different physico-chemical characteristics must be taken into account. In contrast to phosphate, nitrate ~~cannot be adsorbed to~~ minerals and soil particles, which results in direct surface runoff into the receiving waters. These only reach the river systems with a corresponding time delay (legacy effect - Lautz et al., 2020; Martin et al., 2021; Shishaye et al., 2021), which makes it difficult to predict nutrient concentrations (Kunkel & Wendland, 2006; Martin et al., 2017). The calibration and validation of process-based models is possible for small-scale (a few km^2) applications, but there is still a need for research into their transferability to large-scale issues ($>100 \text{ km}^2$) (Briggs & Hare, 2018). Due to the extreme chemical heterogeneity of the interfaces from groundwater surface water interactions in connection with seasonally variable parameters like water level, oxygen or nutrient concentrations, a generalised prediction of the influence of groundwater on ecosystems is not possible. For this, catchment-specific regional studies must be used and limiting factors such as usable pore volume, hydraulic connectivity, temperature, organic matter and riverine nutrient control mechanisms must be analysed.

105 This study aims to estimate time scales of groundwater movement and nutrient transport within several different aquifers along an almost 450 km stretch of the Elbe River in Central Germany. Earlier studies revealed the accompanying groundwaters are sources of nutrients in the Elbe river, affecting the food web and eutrophication of the river (Zill et al., 2023; 2024) and eventually the ocean (Kamjunke et al., 2023).

110 2. Study Area

The studied groundwater bodies are located along the 450 km long stretch of the German Elbe River from Schöna at the Czech border to Wittenberge. The Elbe River is one of the largest rivers in Europe



and shows strong eutrophication effects (Hardenbicker et al., 2016), being the major reason to
 115 downgrade its ecological state to ‘moderate/unsatisfactory’, according to the European water
 framework directive (UBA, 2022). The impact of groundwater-borne nutrients to the benthic and
 pelagic eutrophication of the Elbe River were studied by Zill et al. (2024) and show that groundwater
 contributes significantly to pelagic eutrophication and particularly under low flow conditions. Benthic
 eutrophication and the algae community are mainly dependent on the season and subsequently
 120 influenced by the aquifer type and groundwater discharge.

Zill et al. (2023) investigated the temporal and spatial interactions between groundwater and surface
 water along the Elbe River. Their findings reveal distinct differences in groundwater fluxes and
 resulting water quality. In headwater regions, steeper topography and faster flow paths lead to higher
 groundwater discharge with lower nutrient loads, as agricultural activity in these upstream catchments
 125 is minimal. In contrast, downstream lowland areas exhibit reduced groundwater influence due to flatter
 topography and slower flow paths. Here, larger agricultural catchments contribute to a significant input
 of groundwater-derived nutrients into the river. Especially in Elbe river areas up- and downstream the
 Havel confluence (Fig. 1B) the input from field drainages are likely and thus a presumably fast,
 undiluted nutrient rich flow, especially in times of drought with higher hydraulic gradients, contributes
 130 to the chemical disorientation of the water quality.

The hydrogeological situation in the study area is divided into two main settings (Fig. 1B). Within the
 first 100 stream km, the Elbe cuts through the hard rocks of the Saxonian Cretaceous, comprising the
 Elbtal group with coastal sandstones. Afterwards, the river runs through the mostly unconsolidated
 135 Pleistocene aquifers of the Middle German Lowland, which were deposited during glacial and
 interglacial periods (IKSE, 2005; Wilmsen & Niebuhr, 2014).

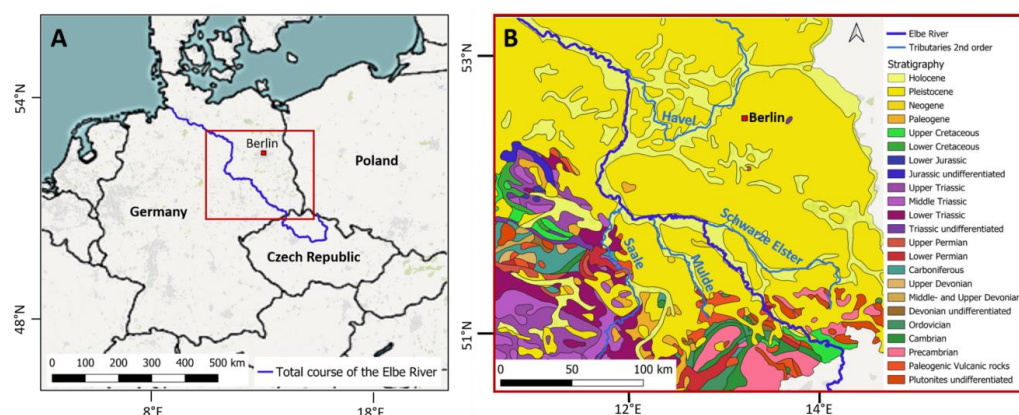


Figure 1. Elbe River study area: A) Location of the Elbe River in Central Europe. B) Stratigraphic map of the
 140 study area. Base Maps derived from QGIS desktop and stratigraphic map derived from the geological map of
 Germany (GK2750) from the Federal Institute for Geosciences and Natural Resources (BGR), Hannover.



The Pleistocene aquifers have a variable permeability and a silicate, partly silicate-organic rock characteristic (Eissmann, 2002). The youngest deposits comprise an aquifer complex from Weichsel and Saale glacial and are composed of ca. 20 m thick permeable fluvial sands and gravels. They are underlain by about 50 m of less permeable silty glauconite sands from the Elster glacial period. All the groundwater hosted in these formations drains towards the Elbe (Ad-Hoc-AG Hydrogeologie, 2016). The Cretaceous hard rocks consist of fissured and low to moderate hydraulic permeable sandstones, claystones, siltstones and bioturbated marlstones (Wilmsen & Niebuhr, 2014), forming an ca. 300 m thick complex of five aquifers, which predominantly drain towards the Elbe valley. In the Elbe valley and inside side valleys, groundwater tables are considerably shallow, leading to a high vulnerability of the groundwater.

3. Data and Methods

To determine time scales of the groundwaters flowing into the Elbe, potentially draining aquifers along its course were selected using hydrogeological maps. ~~Out of these aquifers,~~ groundwater samples were pumped during two sampling campaigns in the years 2020 and 2022 from wells, which are (i) drilled into the target aquifers and (ii) preferably in close proximity (max. 10 km) to the Elbe Valley. Contourline maps were inquired to prove groundwater flow directions. As environmental age tracers covering a wide range of age spectra, $^3\text{H}/^3\text{He}$, SF_6 , CFC's and ^{14}C were applied and fed into the lumped parameter model LUMPY (Suckow, 2012), which allows the estimation of time scales for groundwater flow based on a convolutional integral ~~and including~~ borehole parameters (e.g. depth, screened sections). To fit groundwater flow to the individual aquifer types and regional conditions, exponential models (EM), dispersion models (DM) and piston flow models (PFM) were applied.

3.1 Fundamentals of the methods

Tritium (^3H) is the radioactive isotope of hydrogen with a half-life of 4500 ± 8 days, naturally formed in the atmosphere through cosmic ray interactions with nitrogen (Unterweger & Lucas, 2000). Its concentration is measured in Tritium Units (TU), where 1 TU equals one tritium atom per 10^{18} hydrogen atoms, equivalent to 0.118 Bq/kg (Taylor & Roether, 1982). In the hydrosphere, tritium becomes part of water molecules, reaching the earth via precipitation. Atmospheric thermonuclear tests in the late 1950s and 1960s caused a dramatic increase in tritium levels, raising them far above the natural background of ~ 5 TU in the atmosphere (Clark & Fritz, 2013). Since the 1963 test ban treaty, atmospheric tritium levels have declined due to radioactive decay and dilution in the oceans. The tritium-helium dating method, developed in the 1980s (Poreda et al., 1988; Schlosser et al., 1988), uses tritium and its decay product tritiogenic helium-3 ($^3\text{He}_{\text{trit}}$), to estimate groundwater age. This method assumes there is no other source of $^3\text{He}_{\text{trit}}$ than the decay of ^3H , while $^3\text{He}_{\text{trit}}$ needs to be separated from



180 other ^3He sources. These are identified by measurements of ^4He , which is produced from the decay of U and Th in the aquifer, and Ne (Schlosser et al., 1988). The sum of ^3H and $^3\text{He}_{\text{trit}}$ reflects the initial ^3H concentration at the time of water infiltration. Only in the absence of mixing and dispersion the so called tritium-helium age indicates the advective groundwater velocity. Mixing or dispersion would bias results towards ages with higher tracer concentrations (Schlosser et al., 1988; Schlosser & Winckler, 185 2002). The tritium-helium age can be determined by the following equation:

$$\tau_{\text{trit}} = \frac{1}{\lambda_{\text{trit}}} \cdot \ln\left(1 + \frac{^3\text{He}_{\text{trit}}}{^3\text{H}}\right) \quad (1)$$

With τ_{trit} = tritium-helium age [a], λ_{trit} = tritium decay constant [1/a], $^3\text{He}_{\text{trit}}$ = tritiogenic helium-3 concentration [TU], ^3H = tritium concentration [TU]. The concentration of $^3\text{He}_{\text{trit}}$ is determined from 190 the helium and neon concentration on each sample using the formulas in Schlosser et al. (1988) and using a conversion factor of 1 cc(STP)/g = $4.019 \cdot 10^{14}$ TU.

Radiocarbon (^{14}C), with a half-life of $5,730 \pm 40$ years (Godwin, 1962), is used to estimate groundwater age by comparing the ^{14}C concentration on dissolved inorganic carbon (DIC) at recharge with current 195 levels. Two main challenges include estimating the initial ^{14}C concentration at recharge and accounting for dilution by ^{14}C -free DIC from geochemical reactions during flow (Wigley et al., 1978; Plummer & Glynn, 2013). Atmospheric nuclear tests in the 1960s significantly increased ^{14}C levels, complicating age estimates for groundwater recharged before this period (Levin & Kromer, 1997). For dating, the initial ^{14}C concentration is typically assumed to be 100 pMC, reflecting pre-nuclear testing atmospheric 200 CO_2 levels (Pearson & White, 1967). DIC in groundwater primarily originates from (i) soil CO_2 (high in ^{14}C), where the CO_2 is derived from root respiration and organic material turnover, rather than direct atmospheric CO_2 and (ii) carbonate dissolution, where carbonates usually being low in ^{14}C , except recently formed travertine (Geyh, 1970). Variations in atmospheric ^{14}C , influenced by the earth's magnetic field, solar activity, and climate, can slightly alter age estimates, though these effects are minor 205 compared to uncertainties from geochemical mixing of CO_2 and CO_3 into DIC (Pearson & Qua, 1993).

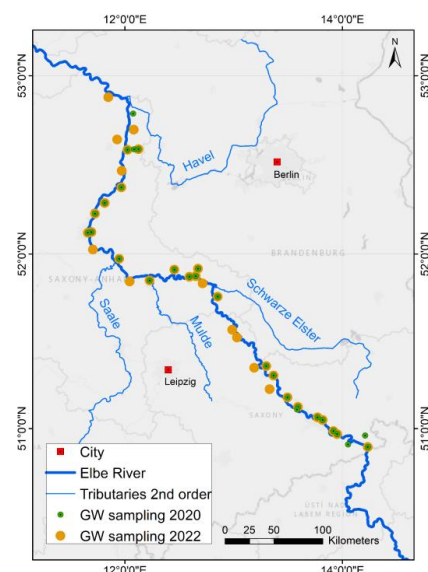
Chlorofluorocarbons (CFCs) and Sulfur hexafluoride (SF_6) are artificial gaseous pollutants, released globally since the 1950s from industrial products and processes and enriched in the atmosphere over time. It is assumed that the accumulation of these gases in the atmosphere is in equilibrium with the concentration in surface waters at a given temperature and pressure. Their respective atmospheric 210 concentrations are well documented over time, providing a continuous input function for groundwater dating, which is generally not the case for other gases. CFCs were introduced in 1930 for applications such as refrigeration, air conditioning, aerosol propellants, and plastic foams (IAEA, 2006). Their atmospheric concentration began decreasing only with the Montreal Protocol in 1987, which restricted CFC use to protect the ozone layer. Contrastingly, sulphur hexafluoride (SF_6), introduced in 1953 for



215 use in gas-filled electrical switches, has seen a steady increase in the atmosphere until today. Its low
 solubility in water and high stability in soils make it an effective tracer for dating young groundwater
 (Mroczek, 1997; Busenberg & Plummer, 2000). Groundwater dating with CFCs and SF₆ depends on
 processes such as sorption, dispersion, and microbial degradation. SF₆ is due to its resistance to
 degradation and limited affinity to sorption particularly reliable (Plummer & Busenberg, 2000). The
 220 method assumes equilibrium governed by Henry's Law of solubility, with key assumptions for recharge
 temperature, excess air, and unsaturated zone thickness (Aeschbach-Hertig et al., 1999; IAEA, 2006).

3.2 Groundwater sampling

225 During spring 2020 and 2022, 63 boreholes and springs have been sampled for groundwater from the
 shallow aquifers that are presumably in hydraulic connection with the Elbe River. The selected wells
 are located within a 10 km wide belt along the Elbe River and spanning 450 km of the river's course
 (Fig. 2). In the Saxonian Sandstone Mountain aquifers, where wells were unavailable, samples were
 taken from springs. All sampling locations and analytical results are listed in detail in the supplementary
 230 Tables S1 and S2. Groundwater was extracted using a Grundfos MP1 submersible pump (Eijkelkamp,
 Netherlands). Samples were collected after the standing water in the boreholes was replaced three times
 and on-site parameters (pH, temperature, Eh and EC; measured with multiparameter WTW 350i (WTW,
 Germany)) stabilised.



235 Figure 2: Map of all groundwater sampling locations from 2020 (green) and 2022 (orange) along the German Elbe river.



Samples for ^3H were filled in clean 500 ml HDPE containers. Duplicate samples for ^3He were filled carefully without air inclusions into 40 ml copper pipes of 1 m length, which were closed under pressure.

240 The samples for CFC-11, CFC-12 and SF_6 were taken by filling a 10 l HDPE container with the water sample by overflow principle and closing it without air inclusion. From below, purified N_2 -gas (Linde, Germany) was injected into the system to replace about 200 ml of water and to generate a N_2 -headspace. The closed system was then shaken for a minimum of 20 min to ensure the degassing of water and equilibration with the headspace. Afterwards, parts of the headspace were extracted at field temperature

245 and injected into 20 ml glass vials, which have been evacuated and N_2 -flushed prior to sampling. Samples for $\delta^{13}\text{C}/\delta^{14}\text{C}$ were filled in clean 60 l HDPE containers to ensure sufficient amounts of DIC, while samples for $\delta^2\text{H}/\delta^{18}\text{O}$ on water and $\delta^{15}\text{N}/\delta^{18}\text{O}$ on dissolved NO_3 were sterile filtered applying 0.22 μm filter (Sartobran, Sartorius, Germany) and filled into pre-cleaned HDPE containers. All samples were stored dark and cool until laboratory analysis.

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3.3 Analytical methods

The preparation of water samples for tritium analysis follows the method outlined by Trettin et al. (2002). This involves the electrolytic enrichment of a 500 ml water sample, followed by measurement

255 using liquid scintillation counting. The technique achieves a detection limit of 0.5 TU, with a relative standard error of 10 % for ^3H concentrations above 0.5 TU. All analyses were performed using a Quantulus Q II (Revvity, Germany). The preparation and measurement of helium isotopes and neon in water samples follow the procedure described by Sültenfuß et al. (2009). In summary, gas is extracted from water contained in copper tubes and transferred into glass ampoules. For measurement, an

260 ampoule is opened in a high-vacuum system, and the gases are transferred to low-temperature traps. Using a cryo trap at 25 K, He and Ne are separated from other gases. A fraction of the He-Ne mixture is analysed for ^4He , ^{20}Ne , and ^{22}Ne using a quadrupole mass spectrometer (QMG 112, Pfeiffer Vacuum, Germany). The remaining gases are adsorbed to activated carbon in a low-temperature trap at 10 K, and after heating to 45 K, only He desorbs. This fraction is then analysed for ^3He and ^4He in a sector field

265 mass spectrometer (MAP 215-50). The system is calibrated with atmospheric air, achieving a measurement accuracy of 0.4 % for $^3\text{He}/^4\text{He}$ and $^4\text{He}/^{20}\text{Ne}$ ratios, and 0.7 % for isotope concentrations (1 σ confidence interval; Sültenfuß et al., 2009).

The preparation and measurement of anthropogenic gases, including CFC-11, CFC-12, and SF_6 , follow

270 a method adapted from Busenberg and Plummer (2008). In this procedure, septum glass tubes are connected to a Rheodyne 6-way valve (Supleco, USA) with two operational positions: "load" (position I) and "inject" (position II). In the "load" position, the sample is directed into a stainless steel trap (WICOM, Germany) filled with Porapak T and cooled to -70 °C. The trap is flushed with nitrogen at 50 ml/min, then heated to 95 °C to release the tracers. When the valve is switched to the "inject"



position, the sample is directed into a gas chromatograph (GC-2014, Shimadzu, Japan) equipped with an electron capture detector (ECD). Helium is used as the carrier gas at a constant flow rate of 30 ml/min. The GC system includes a pre-column (1 m; heated to 80 °C) and main column (3 m; heated to 180 °C), both filled with HayeSep Q. Specific elution times are observed for SF₆, CFC- 12, and CFC- 11 at 4.5, 17.5, and 31.1 min, respectively. The ECD operates at 300 °C to ensure precise detection. The system is calibrated with gas standards from the University of Bremen, achieving an analytical uncertainty of ~2 % for SF₆ and CFCs.

The radiocarbon analyses were performed by liquid scintillation counting (Tri-Carb 3770 TR/SL, Perkin Elmer). First, BaCl₂ was added to the alkalized water samples to precipitate DIC as BaCO₃. Afterwards, precipitated carbon is transferred into CO₂ and further transformed into lithium carbide, acetylene and finally into benzene. NBS oxalic acids (USA) and ANU sucrose (Australia) were used as standards (Trettin et al., 2006). For $\delta^{13}\text{C}$, part of the formed CO₂ was captured separately and kept for stable carbon isotope analysis in an isotope ratio mass spectrometer (Delta plus XL, Thermo Quest, Germany). As an internal standard, BaCO₃ was used which was calibrated on the international V-PDB (Vienna Pee Dee Belemnite) standard.

The stable isotopes of water ($\delta^2\text{H}$ and $\delta^{18}\text{O}$) were measured by laser cavity ring-down spectroscopy (CRDS) using a Picarro L2120-1 (Picarro, USA). The analytical precision is $\pm 0.1 \text{ ‰}$ for $\delta^{18}\text{O}$ and $\pm 0.8 \text{ ‰}$ for $\delta^2\text{H}$ and results are reported relative to Vienna Standard Mean Ocean Water (V-SMOW). Nitrate was measured with ion chromatography (Dionex ICS-2000, Thermo Scientific, Germany) and the $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ signatures of dissolved NO₃ were determined with a denitrifier method using bacteria strains of *Pseudomonas chlororaphis* (Sigman et al., 2001). Using a GasBench II with an isotope ratio mass spectrometer (DELTA V Plus, Thermo Scientific, Germany), the resulting N₂O gas from microbial production was measured. The analytical precision is $\pm 0.4 \text{ ‰}$ for $\delta^{15}\text{N}$ and $\pm 0.8 \text{ ‰}$ for $\delta^{18}\text{O}$.

3.4 Modelling

Lumped parameter models (LPM) are pre-defined analytical solutions of simplified flow systems and they treat the whole aquifer as a zero-dimensional system in space. Mathematically this is described by a convolution integral which sums over the time dependent input function using an age distribution as weight function for this input. The concentration of a certain substance, the „tracer“, in groundwater sampled at a well or spring can be described by this convolution integral, while the fitting parameter is the mean residence time (MRT):

$$C_{out}(t) = \int_0^\infty C_{in}(t') \cdot g(t - t') \cdot e^{(-\lambda(t-t'))} dt' \quad (2)$$

With C_{out} = output concentration, $C_{in}(t')$ = time dependent sampled input concentration, t = time, t' = transit time or input time, $g(t')$ = the age distribution, a weighting function that is normalised to 1. The



310 MRT and in some cases a secondary parameter such as the Péclet number characterise the shape of the age distribution $g(t')$.

In our study the LPM LUMPY was used (Suckow, 2012), which is part of the graphical user interface of the LabData Database and Laboratory Management System from Suckow and Dumke (2001). The algorithm of LabData allows the modelling of several tracers simultaneously, while the flow within the
 315 aquifers were conceptualized by an exponential model (EM), a piston flow model (PFM) and a dispersion model (DM). The LPM lines in the following figures are for orientation purposes only. A PFM is conceptually the simplest of all approaches and describes a flow path in the aquifer without any mixing, diffusion or dispersion. The resulting age distribution therefore contains exactly one age, so that for this model the MRT and the idealised age are the same. An EM describes a completely mixed
 320 aquifer (Eriksson, 1971) in an homogenous, unconfined system. The vertical zonation of the groundwater age implies young ages at the groundwater table, increasing to infinity at the aquifer's base (Vogel, 1970; Appelo & Postma, 1996). A DM is characterised by the MRT and the Péclet number Pe , which relates the magnitudes of dispersion and advection and is defined according to equation 3:

$$325 \quad Pe = \frac{l \cdot v}{D} \quad (3)$$

With l = characteristic length of the flowpath [m], v = advective transport [m/s], D = dispersive transport [m^2/s].

Using a small Péclet number like 4 in our study, a DM is very similar to an EM. All mathematical theory
 330 of LPM is described in detail in Maloszewski & Zuber (1982), Han & Maloszewski (2006) and in IAEA (2006).

4. Results

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4.1 Stable isotopes

The stable isotopic signatures (δ^2H and $\delta^{18}O$) of the sampled groundwater plot along the Global Meteoric Water Line (GMWL: $\delta D = 7.9 \cdot \delta^{18}O + 9$ (Gat, 2001)), indicating low evaporation prior to
 340 infiltration (Fig. 3A). The signatures range from -67 ‰ to -44 ‰ for δ^2H and from -9.5 ‰ to -5.5 ‰ for $\delta^{18}O$. Taking water sample #12 and calculating a theoretical evaporation line shows, only samples #24 and #28 suffered from higher evaporation (4.5 ‰ and 8 ‰, respectively) compared to all others. The two springs in Saxony have isotopic signatures slightly above the GMWL. The $\delta^{13}C$ signatures of the sampled groundwater range from -23 ‰ to -12 ‰ V-PDB (Fig. 3B). This mass range corresponds
 345 to carbon sources primarily derived from root respiration of C3 plants and freshwater carbonates



(Meier-Augenstein, 1999). Additionally, distinct clusters (covering over 80 % of all corresponding samples) of carbon species are discernible, with varying initial concentrations of DIC detected among the samples. DIC concentrations range from 0 to 6 mMol/l, with sample #3 showing the highest value of 6.7 mMol/l. The $\delta^{15}\text{N}$ in nitrate reveal significant enrichment, with $\delta^{15}\text{N}$ values around +8 ‰ and $\delta^{18}\text{O}$ values approximately +2 ‰ V-SMOW (Fig. 3C), with sources of nitrate partly from soil organic matter (Fig. 4D). Three groundwater samples from cretaceous aquifers show sources of mineralised fertiliser or manure (Fig. 4D, orange and green rectangle). No consistent nitrate enrichment trend is evident, and a simple Rayleigh fractionation calculation indicates that most samples observed less than 70 % denitrification (30 % residual) (Fig. 4C and D, blue line)) suggest low to moderate denitrification rates within the different aquifer systems. However, samples #7, #10, #13, #20, #21, #22, #29 show high denitrification rates over 75 % with NO_3 concentrations close to the detection limit (see S1 and S2).

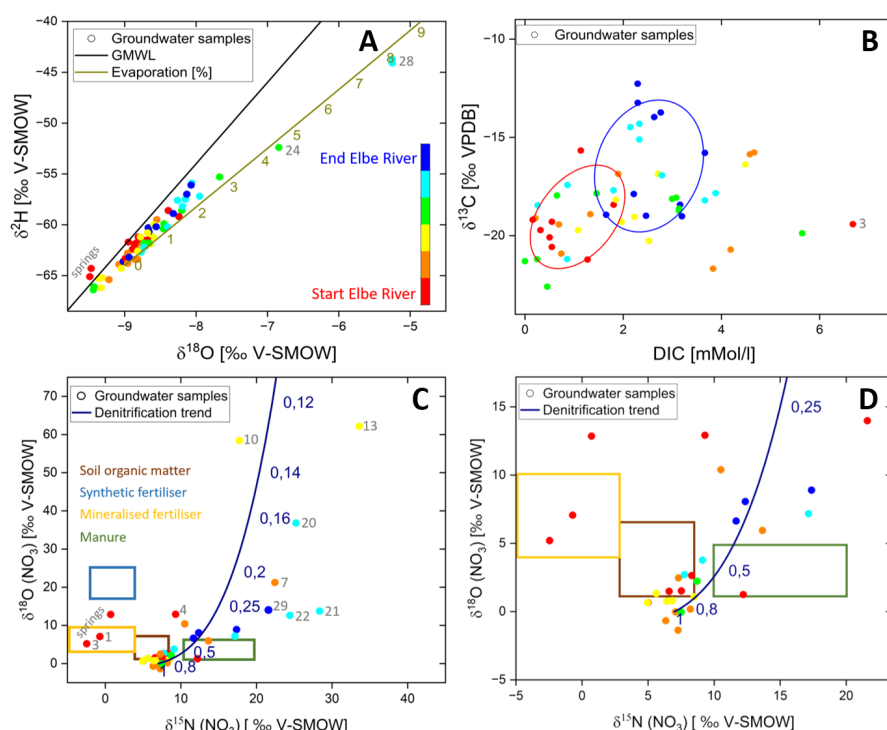


Figure 3. A) shows $\delta^2\text{H}$ versus $\delta^{18}\text{O}$ signatures in the sampled groundwaters. The khaki evaporation line indicates an accumulation of heavier isotopes through evaporation along the line. Numbers show evaporation rates in %. For better spatial orientation: Start and end of the Elbe River stands for groundwater samples which were taken from aquifers located along the start (warm colours) or end (cold colours) of the studied Elbe section, respectively. This color code was applied in figures 3 A to D. B) shows $\delta^{13}\text{C}$ signatures of DIC in relation to DIC in the sampled groundwater along the Elbe River. C) shows $\delta^{18}\text{O}$ versus $\delta^{15}\text{N}$ signatures of nitrate in the sampled groundwaters. The dark blue line shows Rayleigh fractionation of nitrate isotopes where the dark blue numbers present the non-



fractionated part (remaining fraction of the initial NO_3 pool). Coloured frames show different nitrate sources according to Clark & Fritz (2013) of soil organic matter (brown), synthetic and mineralised fertiliser (blue and yellow, respectively) and manure (green). **D)** shows a zoom into figure 3C with the same nitrate sources as in figure 3C.

4.2. Environmental age tracers

Representative results from lumped parameter modelling are shown in Figures 4A to F. In [Figure 4A](#), the initial tritium concentration ($^3\text{H} + ^3\text{He}$) is plotted against the infiltration year, suggesting mean residence times between 0 and 20 years, when using a dispersion model (DM) with a Péclet number of 4. Samples (e.g., #17 and #27) with concentrations below the levels found in the models (green and orange line, Fig. 4A) are indicative for a mixture with older, tritium-free groundwater that was recharged before the bomb tests in the 60s. Sample #27, in particular, is tritium-free water with no detectable proportion of younger recharge and a major composition of an old water fraction (>60y). Conversely, samples with concentrations exceeding the precipitation level (e.g., #19, #31, #32) suggest the influence of water exceeding natural ^3H concentrations. Along the River Elbe, this might be Elbe water, which shows enhanced ^3H concentrations of 50 - 100 TU and more (Schubert et al., 2020; Zill et al., 2023) as a consequence of released cooling water from the nuclear power plant Temelín (Czech Republic). Bank-filtrate could enhance ^3H concentrations in groundwater as in sample #19, which is located along a stretch of the Elbe, where influent conditions prevail at least during times of low flow (Zill et al., 2023). This may exhibit anomalously high ^3He values, accompanied by moderate ^3H concentrations of 5.7 TU. The ^3H concentrations in the collected groundwater samples are on average 5 TU and the corresponding $^3\text{H}/^3\text{He}$ ages indicate residence times ranging from 2 to 52 years (Fig. 5). $^3\text{H}/^3\text{He}$ ages exceeding 45 years are considered unreliable as their calculations are based on the detection limit in tritium (#27) or influenced by admixtures from the tritium peak and resulting high ^3He (#19) concentrations (Fig. 4C). These $^3\text{H}/^3\text{He}$ ages are therefore labeled as > 45 years in figure 5.

Even if a high proportion of young water is generally evident, tracers for older water such as ^4He (Fig. 4E and F, discussed below) or radiocarbon ([Fig. 4B](#)) indicate an admixture of old water components for some samples (e.g. #1, #18, #24, #27, #28). Comparing young water fractions represented by ^3H , with old water fractions represented by ^{14}C , show noticeable deviations of groundwater samples from modelled graphs like an EM or a PFM (Fig. 4B). Most of the variation along the ^{14}C axis in Fig. 4B can be explained by geochemical reactions of the DIC under open or closed system conditions, diluting the atmospheric ^{14}C signal with ^{14}C -free sedimentary carbon. However, springwater samples (Fig. 4B, red points) consistently appear as outliers. Sample #1 with 11 pMC shows a major contribution from old water fractions, while #2 with 117 pMC shows an infiltration about the time of nuclear bomb tests in the 1960s (as 100 pMC is by definition the year 1950). A contaminated sample that can not be shown



in the figures is the Mockenthal spring, which shows ^{14}C values of 373 pMC and ^3H values of 88 TU. This is most probably a result of anthropogenic contamination by military legacies from an abandoned Russian base in the catchment and therefore excluded from the analyses. A cluster of samples around 4 TU and 60 pMC indicates a multi-component system with mixtures of younger and older water fractions. Some of these samples (e.g. #26, #27, #28) are not visible in Figure 4D as it displays only young water fractions.

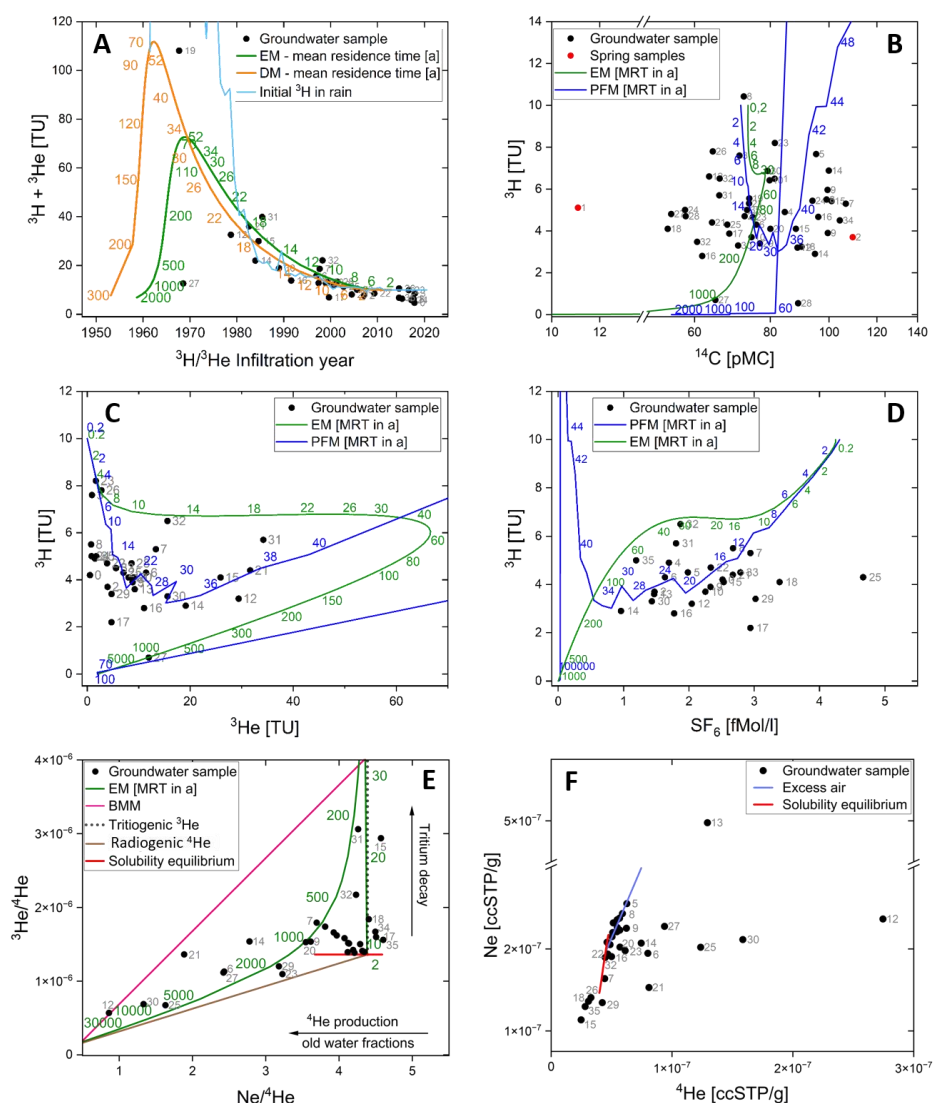




Figure 4. Selected synoptic plots from different environmental tracers using an EM (green), DM (orange), and PFM (blue) as approximations for the aquifer geometry. Groundwater samples are represented by a black point. **A)** initial ($^3\text{H}+^3\text{He}$) tritium versus infiltration year, **B)** tritium versus radiocarbon and springs shown as red points, **C)** tritium versus tritiogenic helium and, **D)** tritium versus sulfur hexafluoride. **E)** shows $^3\text{He}/^4\text{He}$ versus Ne/He signatures in sampled groundwater (black points). The green line displays an EM with numbers as mean residence times in years. The pink line shows the binary mixing model (BMM), indicating samples with mixed water fractions above the EM line. Tritiogenic helium as product of tritium decay is shown as a black dotted line and radiogenic helium as decay product of Thorium and Uranium is shown as a brown line. The solubility equilibrium line (red) is running from 0 °C (right end) to 50 °C (left end). **F)** shows Ne versus ^4He signatures, using the same red solubility equilibrium line as in figure 4E and the excess air line in light blue. Samples to the left below the red line indicate degassed samples. Note y-axis break.

Figures 4C and 4D compare ^3H with tritiogenic helium and SF_6 , respectively. Both tracer combinations indicate infiltration ranges of 4 to 38 years (Fig. 4C) and 12 to 34 years (Fig. 4D). Overall, the samples display low ^3H concentrations, averaging 7.5 TU, which is characteristic of young European groundwater systems. Sample #27, being at the detection limit in tritium, seems to have had some tritium originally, since it shows some tritiogenic ^3He , but this can also be a small dispersive admixture from the bomb peak. By looking at the sample cluster #17, #18, #25, #29 of figure 4D showing high SF_6 values, an air contamination is possible that is also found in figures 4C and F. Even though some samples show increased concentrations above 3 fMol/l SF_6 , they are still in a range that can be explained by atmospheric equilibrium with amounts of excess air uneven in Europe. No indication for underground production of SF_6 was drawn, which is typical for young water (Harnisch & Eisenhauer, 1998; Friedrich et al., 2013).

Figures 4E and 4F show $^3\text{He}/^4\text{He}$ versus Ne/He and Ne versus ^4He signatures in sampled groundwater. All samples left below the red solubility equilibrium line (4F) show degassing effects, while sample #13 shows massive contamination with air. The meeting point of all lines in plot 4E at Ne/He of 4.4 and $^3\text{He}/^4\text{He}$ of $1.36 \cdot 10^{-6}$ corresponds to atmospheric equilibrium at 10 °C, while a ratio of $2 \cdot 10^{-8}$ for ^3He to ^4He is assumed. Other infiltration temperatures correspond to the red solubility equilibrium line between 0 °C (right in Fig. 4E and up in Fig. 4F) and 50 °C (left in Fig. 4E and down in Fig. 4F). Older water fractions are situated in areas of low Ne/He ratios and low $^3\text{He}/^4\text{He}$ ratios and follow the brown radiogenic helium line. The decay of tritium delivers only negligible amounts of helium but pure ^3He and results in the vertical line of tritiogenic helium. The PFM with no mixture would follow the vertical line until all tritium decayed and then follow the radiogenic line of underground helium production. The EM, which is only displayed for comparison as a green line, then deviates from these two lines since there is always a mixture between very old and very young components in an EM. The pink line for the binary mixing model (BMM) connects a point of 50 TU decayed into ^3He (top right) to the point of infinite age with radiogenic helium production (bottom left). Since all samples are located in the space opened up between the boundaries of the red solubility line, the black tritiogenic line, the brown radiogenic line and the pink BMM line in figure 4E, they can all be explained by mixed water fractions



of recent water (containing tritiogenic helium) and old water (containing radiogenic helium). It turns
 455 out that helium is the most sensitive qualitative indicator for admixtures of an old component, although
 this component cannot be quantified without having the helium concentration in the old end member.

CFC-11 and CFC-12 were determined using the same method as SF₆. The plot of CFC-11 versus
 CFC-12 (see supplement S3) shows that both species were degraded in the anaerobic sediments of the
 460 aquifers presented here. The results therefore do not provide reliable estimates of groundwater time
 scales and are not further discussed.

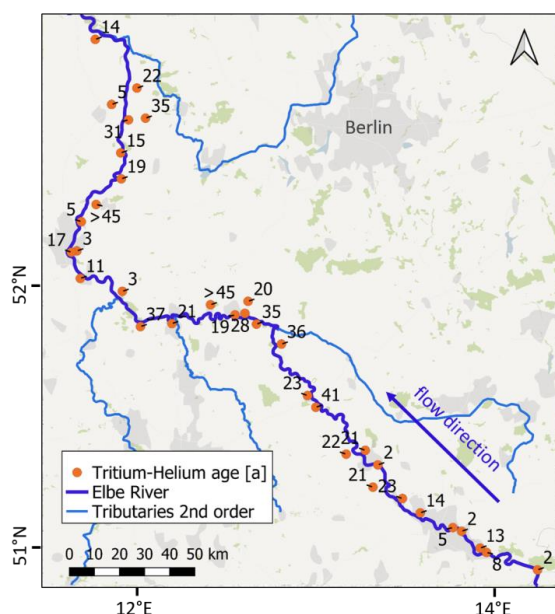


Figure 5. Tritium-Helium age in years of sampled groundwater along a 450 km stretch of the Elbe River. Base
 465 Map derived from QGIS desktop.

5. Discussion

5.1 Stable isotopes

The $\delta^{18}\text{O}$ and $\delta^2\text{H}$ values of the sampled groundwater (Fig. 3A) align closely with the GMWL, indicating
 minimal evaporation effects of less than 2 % in most cases. Two exceptions are evident: sample #28
 shows a more pronounced evaporation of 8 %, which can be attributed to the influence of former gravel
 pit lakes in the recharge area. This interaction likely caused a heavier isotopic signature in the resulting
 475 groundwater (mixing of evaporated lake water with groundwater (Stichler et al., 2008)). Similarly,
 sample #24 exhibits 4.2 % evaporation, a result of infiltration through seasonally filled streams, such



as the former Ehle and Umflutehle (Benettin et al., 2018). The nitrate isotopes $\delta^{18}\text{O}$ and $\delta^{15}\text{N}$ in NO_3 reveal strong enrichment but do not follow uniform enrichment trends (Fig. 3C, D). This heterogeneity can be explained by the diverse aquifer systems and groundwater bodies sampled, which are influenced by agricultural areas under variable land-use practices (Craswell, 2021). The isotopic signatures suggest that organic sources, such as soil organic matter and manure (Clark & Fritz, 2013), dominate the nitrate inputs in most samples. No synthetic fertiliser residues were detected, except in spring samples #1 and #3 within the Saxonian Cretaceous aquifer, which raises questions about potential contamination sources. Denitrification rates across the study area were generally low to moderate, with the highest rates observed in samples #7, #11, #12 and #20 (Fig. 3D). This partly limited denitrification activity could be attributed to the relatively young groundwater ages, which may not provide sufficient time for extensive denitrification processes to occur within the aquifers (Bourke et al., 2019). Similar observations of lower denitrification in young groundwater have been reported in other European studies (e.g., Rivett et al., 2008; Weyer et al., 2019). Eh values of the 2022 sampled groundwaters ranging from -236 to +315 mV, while samples from 2020 show higher values from -42 to +613 mV, indicating more oxidative conditions, making denitrification less likely. The $\delta^{13}\text{C}$ values of DIC in groundwater (Fig. 3B) reflect the interplay of biogeochemical processes such as root respiration, microbial activity, carbonate dissolution, and silicate weathering (Mook, 2005). In this study, $\delta^{13}\text{C}$ values range from -23 ‰ V-PDB, characteristic of root respiration from C3 plants, to -12 ‰ V-PDB, typical of freshwater carbonate dissolution, highlighting the influence of both organic and inorganic carbon sources (Meier-Augenstein, 1999). Further, Clark & Fritz (2013) defined the groundwater $\delta^{13}\text{C}$ range from -16 ‰ to -14 ‰ and manure signatures of C are described from -24 ‰ to -16 ‰ (Cravotta, 1997; Vitòria et al., 2004). Both ranges fit our measured $\delta^{13}\text{C}$ values. In silicate-dominated aquifers, DIC levels tend to be lower due to the limited availability of carbonate material for dissolution (Appelo & Postma, 2005). Chemical weathering of silicates primarily releases cations and silicic acid, contributing minimally to inorganic carbon, in contrast to carbonate-rich systems where calcite or dolomite dissolution dominates. The $\delta^{13}\text{C}$ values of infiltrating groundwater in agriculture dominated areas (blue points in fig. 3B) are strongly influenced by soil-derived CO_2 from root respiration and microbial decomposition of organic matter (Gat et al., 2001). Elevated microbial activity in such soils often correlates with higher denitrification rates (blue points in fig. 3C), further affecting the isotopic composition of DIC. Lighter $\delta^{13}\text{C}$ signatures are therefore typically affected by these agricultural processes and lead to isotopic enrichment (more positive values; Clark & Fritz, 2013). Another critical aspect are the residence times within the aquifer, as longer residence times in carbonate-rich aquifers lead to higher DIC concentrations and $\delta^{13}\text{C}$ values closer to the signature of freshwater carbonate minerals. In contrast, younger groundwater from silicate-rich areas as in our study often shows lower DIC concentrations dominated by lighter soil CO_2 signatures (Clark & Fritz, 2013). Mixing of waters from different flow paths further explains the variability in DIC levels and carbon isotopic composition.



The sampled springs yielded inconclusive results and were identified as outlier values for various parameters (shown representatively in Figures 3A, C and 4B). Among others, this might be related to the inherent complexity of the hosting fractured aquifers, which represent a multicontinuum or at least dual porosity system possessing no uniform flowpath but rather a dynamic mixture of slow and fast flow paths and accordingly widely spread residence times (Suckow & Gerber, 2022). To gain more valid insights into such aquifers, a time series of multi tracer (short to long term tracers) measurements and samples from the upstream source aquifers are necessary (Suckow et al., 2013).

5.2 Environmental age tracers

The finding that only two samples are at the detection limit of tritium is a clear and robust indication that the catchments investigated are dominated by young water infiltrated after the 1960ies. This indication is the most robust, because tritium is a part of the water molecule itself and therefore not influenced by gas loss (CFCs, SF₆, ³He) or geochemical processes (CFCs, ¹⁴C). Table 1 presents further indicative age estimates which are derived from figures 4 and 5. Although these estimates are rough indications they are in agreement with and refine the results of Wendland et al. (2004), who estimated the mean residence time in the Elbe catchment area to be 25 years using a stochastic model with large uncertainties. However, Esser (1980) underestimated the age distribution by stating that water fractions older than 10 years account for only a small proportion of about 5 %.

Table 1: Summary of calculated and modelled groundwater time scales from multiple tracers. *Without outlier values > 45 years.

Tracer system	Used approximation	Age estimates [a]	Figure
³ H/ ³ He age	Equation 1	2 - 41*	5
³ H+ ³ He vs. infiltration year	DM, EM	0 - 20	4A
³ H vs. ³ He	PFM	4 - 38	4C
³ H vs. ¹⁴ C	PFM	0 - 42	4B
³ H vs. SF ₆	PFM	12 - 34	4D

Although the majority of the samples exhibit “young ages”, several exceptions are noteworthy. Samples #12, #17, #19, and #27 display evidence of admixture with older, tritium-free waters, as they fall below the ³H line for precipitation (light blue, Fig. 4A). Further samples #18, #24, #27, #28 show admixtures of older water fractions according to their ¹⁴C values around 60 pMC (Fig. 4B) and more evident, according to their high ⁴He values for sample #12, #21, #25, #30 (Figs. 4E and 4F). These admixtures must have infiltrated prior to the first nuclear tests in 1953, as ³H concentrations in precipitation have been significantly elevated since that time due to atmospheric nuclear testing (Ducros et al., 2018.) For



sample #27, the admixture of old water comprises approximately 90% since the detection limit for tritium corresponds to 10 % of modern rain. It is likely that during the groundwater extraction, water from deeper parts of the aquifer was pumped as well, leading to the contribution of older water components (Cook, 2020). Additional samples (#06, #12, #14, #21, #25, #27, #30) also show clear admixtures of older waters according to $^3\text{He}/^4\text{He}$ vs Ne/He data in figure 4E. These fall to the left of the EM (green line, fig. 4E) and show correspondingly high radiogenic ^4He , produced from the decay of U and Th in the aquifer. This suggests a mixing of old and young waters, as helium is the most robust indicator of old groundwater admixed to young water (IAEA, 2013).

Sample #19 exhibits an exceptionally high tritiogenic ^3He value of 103 TU, significantly exceeding the average ^3He concentration of 8 TU observed across the other samples, while maintaining a normal ^3H concentration of 5.7 TU (Fig. 4). A plausible explanation would be that this is nearly unmixed water from around the thermonuclear bomb peak. Some samples (e.g. #7, #15, #21, #31, #32) exhibit ^3H concentrations exceeding those of precipitation and thus the natural geogenic background (Fig 4A, light blue line). This suggests these groundwater samples have been influenced by bank filtrate or influent conditions in general, as the Elbe River is highly enriched in ^3H (50 - 100 TU and more). This is due to the cooling water release of the Czech nuclear power plant into the Moldau River, the largest tributary of the Elbe. Sampling wells close to the Elbe River and situated in the floodplain are therefore marked with an asterisk in supplementary material S1 and S2, suggesting higher ^3H concentrations than the natural background. Several samples (#15, #18, #26, #29, #35) display evidence of either geogenic or anthropogenic as during sampling, degassing (Fig. 4F, below the red solubility line). These degassing processes render the samples unsuitable for noble gas (Ne/He) analyses. A geogenic mechanism for noble gas extraction could involve nitrate reduction processes in nitrate-rich groundwater (e.g., #26 and #35 showing NO_3 concentrations of 72 and 154 mg/l, respectively), generating N_2 bubbles. These bubbles equilibrate with dissolved noble gases, effectively partitioning them into the gas phase and reducing their concentrations in the groundwater (Kipfer et al., 2002). Sampling-related degassing may occur when air bubbles form due to de-pressurisation during sampling, leading to stripping of He and Ne. However, the He to Ne ratio can still be used for further analysis. The ^{14}C analysis of DIC confirms the young age of groundwater along the Elbe River (Fig. 4B). As values down to 60 pMC can be readily explained by geochemical interactions, only one sample (#1) shows an unequivocal indication of radioactive decay. All other measured ^{14}C values in combination with tritium indicate recent recharge or geochemical interactions of the carbonate system. Additionally, the generally low radiogenic ^4He concentrations observed in the samples are typical for young groundwater in Europe, which has limited time to accumulate helium from radiogenic sources (Broers et al., 2021; Desens et al., 2023).



6. Conclusions

Our study determined the time scales of groundwater flow in Cretaceous and Quaternary aquifers along a 450 km stretch of the German Elbe River. Using the environmental tracers $^3\text{H}/\text{He}$, SF_6 , CFC's and ^{14}C and a lumped parameter approach, flow times in the range of a few decades were derived. In general, this is a young mixed groundwater system that can react quickly to changes, while the admixture of older groundwater is detectable in smaller proportions, except for multi-component samples. No valid statement could be made about the age of spring water in the mountainous upstream areas. Even if natural nitrate degradation is low to moderate, it can be assumed that the amount of groundwater-borne nutrient concentrations flowing into the Elbe will decrease in the next decades. This information is crucial as it has been shown that groundwater can contribute significantly to riverine eutrophication in the Elbe, and therefore adapted management to mitigate algal blooms and protect aquatic ecosystems is valuable. In the future, the additional use of i) the age tracer ^{39}Ar would be beneficial, as it covers the age spectra between the tracers ^3H and ^{14}C used here and ii) wells with filter screens less than 2 m should be preferentially sampled, as they result in minimally affected tritium-helium ages.

Author contribution

JZ: Data curation, Formal analysis, Funding acquisition, Project administration, Software, Validation, Visualization, Writing – original draft; **AS:** Formal Analysis, Software, Methodology, Writing – original draft; **CS:** Methodology, Supervision, Conceptualization, Resources, Writing – original draft; **UM:** Supervision, Conceptualization, Writing – original draft; **JS:** Formal analysis, Writing – original draft.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Data availability

All data are given in the supplement.

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