



# Longitudinal Wave Power as a Proxy for Coastal Change Detection

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**Abstract.** Coastal areas are subject to atmospheric, fluvial and marine hazards that can cause relevant morphological changes. Wave height ( $H_s$ ) is the most commonly used climate variable to define morphological changes in coastal engineering studies. However, this approach fails to capture directional effects, which are essential for predicting and managing shoreline erosion and associated risks. This work introduces a methodology that identifies relevant morphological changes (morphological events) by using the longitudinal wave power (LWP), after defining an optimized Peak Over Threshold (POT) value. The morphological evolution of an idealized river mouth was simulated using the Delft3D numerical model and six different wave climate conditions along with tidal and river flow conditions. The optimized LWP approach performed better than  $H_s$  in identifying morphological changes, providing a better agreement between climatological and morphological events. By considering both erosional and accretional processes, this LWP-based methodology offers coastal managers a robust, physics-based tool for predicting morphological responses to wave conditions, supporting the development of early warning systems on inlet-adjacent shorelines.

## 1 Introduction

Coastal areas, including tidal inlets, estuaries and river mouths, are continuously affected by changes in their morphology as a result of the action of atmospheric, fluvial and marine agents, as well as variations in sediment supply, either due to natural causes (e.g. droughts/floods) (Cabezas-Rabadán et al., 2024; Roco et al., 2024; Velasquez-Montoya et al., 2020) or artificial ones (e.g. coastal engineering works such as nourishments or groins) (Benedet et al., 2016). The population living along the coast has increased over the years leading to a strong interaction between human occupation and coastal dynamics and a significant elevation of risk associated with natural hazards (Celedón et al., 2023). Coastal erosion, caused by sediment starvation, storm activity, human interventions and sea level rise, is a primary hazard and one of the main topics in coastal management (Adamo et al., 2014; Toimil et al., 2017; Vitousek et al., 2017). This erosion not only compromises the integrity of coastal ecosystems but also threatens human infrastructure and safety, highlighting the urgent need for effective risk assessment, mitigation strategies, and the development of coastal management (Manno et al., 2016).

Intensive river regulation and the human interventions near river mouths since the beginning of the 20th century have resulted in some of the most eroded coastlines (Anthony et al., 2015). This is a consequence of the strong reduction in the sediments



traditionally supplied to the coast by rivers (Baar et al., 2023; Gao et al., 2019; Garel & Ferreira, 2011; Özpolat & Demir, 2019; Poulos & Collins, 2002), and also of the presence of artificial obstacles on the coast that interrupt littoral drift and contribute to exacerbating the effects of the structural erosion (Van Rijn, 2011). Together with medium- to long-term structural erosion, coastal areas can be affected by short-term events that can lead to relevant morphological changes. These events are often linked to natural hazards such as severe storms, which drastically increase coastal vulnerability (Celedón et al., 2023). In the literature, most authors have defined coastal events as extreme meteorological conditions (storms) that lead to coastal erosion. Moreover, Harley (2017) defines a coastal storm as “a meteorologically-induced disturbance to the local maritime conditions (i.e. waves and/or water levels) that has the potential to significantly alter the underlying morphology and expose the backshore to waves, currents and/or inundation”. The defining hallmarks of a coastal storm are that it must include a maritime component, and a morphological disturbance. If the duration of the event is long enough (in the order of days), the morphological changes produced may not return to their pre-storm state (Castelle & Harley, 2020). Therefore, a large part of the studies related to coastal change deal with coastal erosion due to storms, especially cross-shore erosion (e.g. Kelpšaitė-Rimkienė et al., 2021; López-Olmedilla et al., 2022; Romão et al., 2024; Toimil et al., 2017; Zhang et al., 2025). However, it is well known that the beaches can recover due to sediment accretion (Bramato et al., 2012; Cabezas-Rabadán et al., 2024; Vousdoukas et al., 2011) by both cross-shore and longshore processes. The alongshore non-uniformity found in some environments, consisting of alternating shoreline salients and embayments, can result in strongly longshore-varying erosion rates at the onset of a storm (Harley, 2017). Typically, longshore processes, including sediment transport, are considered to understand how the shoreline changes over time (de Santiago et al., 2021; López-Olmedilla et al., 2022; Vitousek et al., 2017) by calculating the changes in different beach sectors.

The literature on the interrelated patterns of erosion and accretion that may occur due to an event in coastal areas near inlets and estuaries is limited. This is particularly relevant in such areas, where complex longshore and cross-shore interactions can result in potential erosion in some zones and accretion in others (Anthony, 2013; Ruiz de Alegría-Arzaburu et al., 2022; Thom & Hall, 1991). Nienhuis et al. (2016) concluded that the short-term dynamic behavior of river mouths and the surrounding coasts is not only determined by storms and floods, and that moderate conditions can play a major role. In fact, morphological changes in coastal areas can occur during other events that are not considered extreme but have sufficient energy or duration to promote these changes (Haerens et al., 2012). On the other hand, studies of coastal storminess using a statistical approach, such as Peaks Over Threshold (POT) method, are widely used (Almeida et al., 2012; Armaroli et al., 2012; Castelle et al., 2015; Masselink et al., 2014; Mendoza et al., 2011; Plomaritis et al., 2015). Nevertheless, to the authors' knowledge, no detailed studies have integrated the role of Longitudinal Wave Power (LWP), quantified using the POT method applied to identifying significant morphological changes, and subsequently compared this role with that of extreme events.

In view of the above, the main objectives of this paper are twofold: a) to identify all types of events that can lead to significant morphological changes along a coastal area surrounding an inlet, reflecting the interaction between offshore wave conditions, sediment transport and coastal morphology, and b) to improve the understanding of the longshore and cross-shore signals in the morphological response of the considered coastal area. This enhanced understanding is essential for improving coastal



65 hazard and risk assessment models, and ultimately, for better-informed coastal planning and disaster risk reduction. To this end, a modelling approach was used and a new method for identifying coastal morphological changes was developed. The paper is structured as follows: section 2 explains the materials used and the modeling approach followed in the work. Section 3 provides a detailed explanation of the methodology used to identify the events, whether morphological (section 3.1) or climatic (section 3.2), followed by the definition of the method selection (section 3.3) and the implemented statistical analysis (section 3.4). Section 4 presents the results obtained. Section 5 provides a comprehensive discussion of the methodology and results, and finally, section 6 presents the conclusions.

## 2 Methods

This work is based on the morphodynamic numerical modeling using Delft3D of an idealized physical scenario forced with different waves, tides and river flow conditions. The methodological procedure is explained in this section.

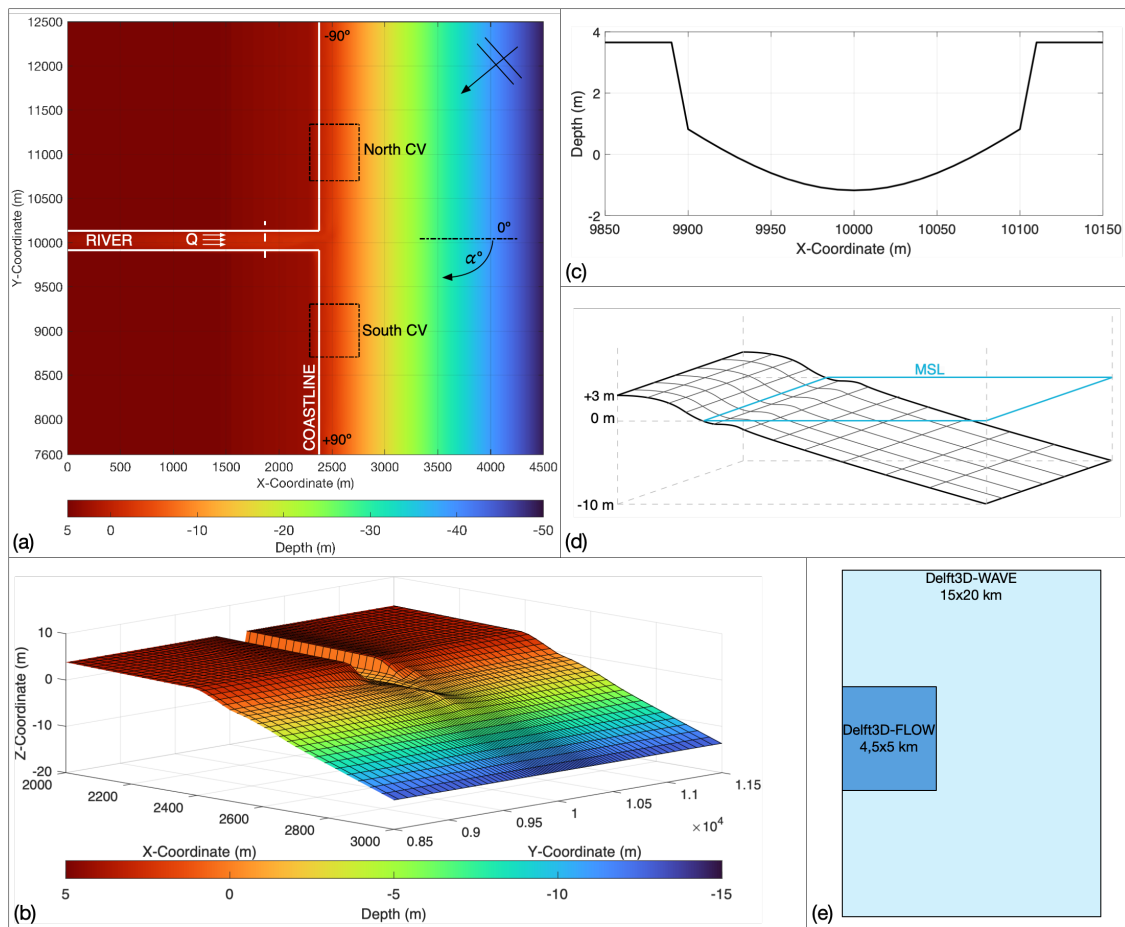
### 75 2.1 Physical scenario

The physical scenario is based on an idealized river mouth following previous works by Nienhuis et al. (2016) and Ruiz-Reina & López-Ruiz (2021). The scenario follows a typical idealized river mouth like those of previous studies (Jiang et al., 2024; Jiménez Robles & Ortega-Sánchez, 2018; Jiménez-Robles et al., 2016; Matsoukis et al., 2023). This scenario, shown in Figure 1a, is representative of several real study areas such as the coastal areas surrounding the mouth of the Guadiaro River (Cadiz, Spain) (Roman-Sierra et al., 2008), the Misa River (Senigallia, Italy) (Melito et al., 2020) or the Maipo River (Central Chile) (Roco et al., 2024). The wave climates of these areas are similar the wave conditions used in this work.

The geometry of the domain is rectangular, with a length of 4500 m on the X-axis and 5000 m on the Y-axis (Figure 1a). The river segment modeled is 2500 m long and 200 m wide, featuring a Gaussian cross section (Figure 1c) with a 5 m depth at the thalweg and a 0.2% slope. Specifically, the segment serves as a numerical representation of a larger system, where the 2500 m open upstream boundary (explained in Section 2.4) is placed beyond the 1000 m tidal excursion limit to prevent tidal wave reflections from influencing the imposed discharge condition. The river reaches the continental shelf at 2 m below mean sea level ( $h_{\text{outlet}} = -2$  m, MSL). The beach on both sides of the river also has a slope of 0.2% up to the point of interaction with the beach face at +3m MSL. The geometry of the study area was designed to keep much of the beach dry, so that the berm located at +3m MSL prevents overtopping by moderate swells. From there, the beach face and the continental shelf were defined by a modified Dean profile, as proposed by Falqués & Calvete (2005), with Dean parameter  $A=0.21$ , based on a uniform, non-cohesive  $D_{50}=1$  mm. This sediment size is typical of the Spanish Mediterranean coast (Bergillos et al., 2016; Durán et al., 2016) and will be used for the entire topo-bathymetry for simplicity. The shelf reaches a depth of -51 m MSL at the offshore boundary where the hydrodynamic boundary conditions are defined (Flow module of Delft3D) and a depth of -258 m MSL where the wave boundary conditions are imposed (Wave module). This profile, unlike the classic Dean profile, makes the transition from the continental shelf to the beach smoother, eliminating abrupt changes.



The defined bathymetry was smoothed to produce more realistic experiments (Figures 1a and 1b). For this purpose, a first Delft3D real-time simulation was performed with 6 months of medium energy wave climate (from the same data point, section 2.2) and with the same synthetic tidal forcing and flow rate as used in the rest of the experiments (see section 2.2. for further details). This wave climate is characterized by a mean wave height of 1.1 m, a mean peak period of 5.6 s, and two arrival directions at  $0^\circ$  and  $22.5^\circ$  (following the reference of Figure 1a). At the end, the bathymetry reached a quasi-steady behavior, defined as the basic state, which was then used for the remaining simulations. For more information see Aragón et al. (2023).



**Figure 1. Physical scenario:** (a) and (b) depict the smoothed bathymetry (basic state) used for the simulations; (a) plan view where the dashed black line represents shore-normal incident waves, with positive (negative) values indicating waves coming from the South (North) part of the figure, and the white arrows on the river channel indicates the flow discharge (Q); (b) 3D view; (c) channel cross-section corresponding to the dashed white line position in (a); (d) representation of the surface (with variable grid) and the limits for the volume calculated in each control volume (CV) depicted in (a); and (e) the Delft3D-FLOW domain embedded into a larger Delft3D-WAVE domain.

## 2.2 Hydrodynamic Forcings

The wave data were provided by the MeteOcean Research Group of the University of Genoa (Italy) (Besio et al. 2016; Cassola et al. 2016; Lira-Loarca et al., 2023; Mentaschi et al. 2013, 2015) at a point located 15.2 km off the Mediterranean coast of

Cadiz (Spain). The dataset consist of hourly information on the significant wave height ( $H_s$ ), the peak period ( $T_p$ ), and the mean incoming wave direction. The wave directions were modified to fit into the orientation of the defined physical scenario, following the system of reference shown in Figure 1a. The study uses idealized conditions, both morphological and climatic, which are nevertheless based on real-world data and potentially representative of other bimodal wave climates. Given that the wave data are hourly, all results in this study are presented on the same time scale to ensure consistency.

Six different one-year (from October 1st to September 30th) wave conditions were used for the morphodynamic experiments, using the basic state as the original topo-bathymetry: (1) 1980-81, (2) 1990-91, (3) 1999-2000, (4) 2000-01, (5) 2010-11 and (6) 2019-20. Their mean  $H_s$  values were very similar ranging between 1,00 m and 1,08 m. However, the most extreme waves (e.g.  $H_s$  99th) had a greater variability from 2,89 m to 3,76 m (Table 1).

Using six yearly wave scenarios provides a systematic way of testing the sensitivity of the methodology to interannual variability, while ensuring consistency in regional wave climate characteristics. This set of experiments also enables the performance of the numerical model to be assessed.

For the astronomical tidal forcing, a synthetic tide with M2 (1 m amplitude and 180° phase) and S2 (0.25 m amplitude and 90° phase) components was defined. This synthetic tide was based on a semidiurnal tidal regime. The resulting tidal range was selected as it effectively represents a realistic average condition, bridging the gap between a micro-tidal regime and a meso-tidal regime. Consequently, this tidal range condition is applicable to a wide array of worldwide coastal areas (Short, 1991; Whitfield & Elliott, 2012).

**Table 1. Characteristics of the annual wave conditions used, each column representing: statistical values of the significant wave height ( $H_s$ ), in order: the mean, the 95th percentile and the 99th percentile, respectively; the total wave power; the yearly mean wave direction (YMWD), represented by  $\alpha$  (°), which is the angle measured with respect to the normal direction, in a clockwise direction; and the number of days with values that are considered extreme for the Traditional Peaks Over Threshold combination (T-POT) with percentile 95th, 3 days for the independence criterion and 12 hours of minimum duration of the storm**

Year (Experiment)	Mean $H_s$ (m)	$H_s^{95th}$ (m)	$H_s^{99th}$ (m)	Total Wave Power (*10 <sup>4</sup> kW)	YMWD $\alpha$ (°)	Num. T-POT days
<b>1980-1981 (1)</b>	1.08	1.98	3.76	4.07	+11.6	15
<b>1990-1991 (2)</b>	1.01	2.01	3.09	4.13	+10.9	22
<b>1999-2000 (3)</b>	1.05	2.12	2.96	3.68	+9.1	27
<b>2000-2001 (4)</b>	1.08	2.00	2.89	3.81	+13.7	22
<b>2010-2011 (5)</b>	1.11	2.46	3.33	5.35	+11.8	37
<b>2019-2020 (6)</b>	1.00	1.89	2.92	4.06	+11.5	13

For the river input, a constant flow rate of 10 m<sup>3</sup>/s was selected based on the ecological and mean flows of Andalusian rivers with similar characteristics. The related information to the mean flow can be find in Ruiz-Reina (2021). The ecological flow data were obtained from Annex V of the hydrological plans for the Tinto, Odiel y Piedras; Cuencas Mediterráneas; and Guadalete-Barbate basins (Junta de Andalucía, 2023a, 2023b, 2023c), and the Guadalquivir basin (Confederación Hidrográfica del Guadalquivir, 2023).



## 140 2.3 Numerical model

The hydrodynamic and morphodynamic simulations were conducted using the high-resolution, fluid dynamics Delft3D model (Lesser et al., 2004), which was developed to simulate coupled unsteady flows, sediment transport phenomena, and associated bathymetric changes. The model has been extensively used to analyze river mouth hydro-morphodynamics (Boudet et al., 2017; Edmonds & Slingerland, 2007; Gao et al., 2019; Nardin & Fagherazzi, 2012; Nienhuis et al., 2016). Due to the similarity  
145 of the study zone to other works such as Lamb et al. (2012) and Jiménez-Robles et al. (2016), the effects of wind, Coriolis force, density stratification, and buoyancy (e.g., affecting hyperpycnal or hypopycnal behavior) were neglected as in the aforementioned works. Accordingly, and following similar works (Broaddus et al., 2025; De Goede, 2020; Hopkins et al., 2018; Mariotti & Murshid, 2018; Nienhuis et al., 2016; Xie et al., 2024), depth-averaged simulations were performed to balance computational feasibility with the required accuracy for morphodynamic simulations.

### 150 2.3.1 Model hydrodynamics and wave propagation

The hydrodynamic model uses a finite difference scheme to solve the unsteady shallow water equations for unsteady, incompressible, turbulent flow. The Flow module with depth-averaged approximation was used, the continuity and horizontal momentum equations from Lesser et al. (2004).

The Wave module uses the third-generation SWAN spectral wave model (Booij et al., 1999; Ris et al., 1999). It calculates the  
155 propagation of short-crested random waves in coastal regions along deep, intermediate and shallow waters by solving the action balance equation and considering wave-current and wave-seafloor interactions among others.

Both modules (Flow and Wave) are coupled online during the simulations: water levels and currents are considered for the wave propagation processes, while wave-induced forces are included in the momentum equation of the hydrodynamic module. Bathymetry is also included in the coupling as an extension of the Flow module.

### 160 2.3.2 Sediment transport and morphodynamics

Among the different formulations for non-cohesive sediment transport included in Delft3D, the formulation by van Rijn (2007a) was used, as in other works such as Brakenhoff et al. (2020), Hu & Chen (2023) and Luijendijk et al. (2017). This formulation accounts for the effective velocity and the wave orbital velocity. Bed load and suspended sediment transport for non-cohesive sediments are computed separately with the model. For bed-load transport, the van Rijn (2007a) simplified  
165 formula for steady flow, applicable with or without waves, was used:

$$q_b = 0.015 \rho_s u h \left( \frac{D_{50}}{h} \right)^{1.2} M_e^{1.5} \quad (1)$$

With  $D_{50}$  being the characteristic diameter of the study area (1 mm),  $\rho_s$  the sediment density [kg/m<sup>3</sup>],  $u$  the depth-averaged velocity,  $h$  the water depth and  $M_e$  the current-wave mobility parameter:

$$M_e = \frac{u_e - u_{cr}}{\sqrt{(s-1) g D_{50}}} \quad (2)$$



170 Where  $s$  is the relative density calculated the ratio of sediment density to water density ( $s = \rho_s/\rho_w$ ), and  $u_e$  is the effective velocity:

$$u_e = u + \gamma U_w \quad (3)$$

with  $\gamma = 0.4$  for irregular waves, and the peak orbital velocity  $U_w$  (based on linear wave theory) being given by:

$$U_w = \pi \frac{H_s}{T_p \sin(kh)} \quad (4)$$

175 while  $u_{cr}$  is the critical depth-averaged velocity:

$$u_{cr} = \beta u_{cr,c} + (1 - \beta) u_{cr,w} \quad (5)$$

being  $u_{cr,c}$  the critical velocity based on Shields (initiation of motion) and  $u_{cr,w}$  the critical velocity for waves based on Komar & Miller (1975) with:

$$\beta = u/(u + U_w) \quad (6)$$

180 For the suspended sediment transport it was used the van Rijn (2007b) simplified suspended load transport equation that reads:

$$q_b = 0.012 \rho_s u D_{50} M_e^{2.4} (D^*)^{0.6} \quad (7)$$

where  $D^*$  is the dimensionless particle size:

$$D^* = D_{50} \left[ \frac{(s-1)g}{\nu^2} \right]^{\frac{1}{3}} \quad (8)$$

being  $\nu$  the kin viscosity

185 The parameters used for the Delft3D implementation of the Van Rijn sediment transport formulation are provided in the Supplementary Material (Table S1).

## 2.4 Model setup and experimental design

The numerical domain was defined with two rectangular variable grids, as shown in Figure 1e. The Flow domain is nested within a larger Wave grid. The Flow grid was defined with cell sizes ranging from 22x22 m<sup>2</sup> to 180x120 m<sup>2</sup>, and the Wave grid with cells ranging from 66x66 m<sup>2</sup> to 1300x730 m<sup>2</sup>. This configuration was developed to ensure proper nesting and minimize numerical instabilities.

Four open boundaries were considered in the computational grid. The astronomical tidal conditions were imposed at the offshore boundary, with the ocean tide and waves propagating from the seaward boundary towards the coast and river mouth. The two cross-shore boundary conditions were defined as Neumann-type, with null alongshore gradient of the water level to avoid numerical inaccuracies (Roelvink & Walstra, 2004). Finally, at the upstream boundary of the river channel, a constant discharge of 10 m<sup>3</sup>/s was used (as explained in Section 2.2). Equilibrium sediment concentrations were defined for the transport boundary conditions. The bed friction was defined using a constant Chézy coefficient of 65 in both directions, the horizontal eddy viscosity was defined as 2 m<sup>2</sup>/s, and the horizontal eddy diffusivity was defined as 10 m<sup>2</sup>/s. These values are equivalent to those used by Nienhuis et al. (2016) and Ruiz-Reina & López-Ruiz (2021).





200 Stability and accuracy requirements were fulfilled using a time step of 6s (Delft Hydraulics, 2014) due to the grid size and the bathymetry. The initial conditions were defined as water at rest (cold-start) and null global suspended sediment concentration. A morphological 12-hour spin-up interval was used before considering the bathymetry update.

To confirm the robustness of the numerical results, a comprehensive sensitivity analysis was performed on the model setup parameters. For more information related to the model setup parameters, please check Table S2 from the Supplementary  
 205 Material.

In order to consider the possible influence of the variability of the wave climate on the morphological evolution, the experimental design is based on six different 1-year wave conditions defined in section 2.2. Each experiment was performed with the same initial baseline bathymetry (basic state, see section 2.1) and these results will be further analyzed in the following sections.

210 Furthermore, it should be noted that this paper only considers results from numerical models of an idealized coastal area, due to the requirement for synchronized hourly resolution of climate and morphological data. Although morphological changes can occur within hours during energetic conditions (Castelle & Harley, 2020; Nienhuis et al., 2016), existing monitoring technologies often lack the temporal and quantitative precision necessary for analyzing hourly volumetric change analysis which makes it difficult to perform a validation against field data (see Section 3).

### 215 **3 Identification of morphodynamic and climatic events**

The present study aims to define a new method to identify morphological changes, both erosion and accretion, on the coast using only deep-waters wave information. This new method will provide the best possible parameters to identify these morphological changes for any similar study area. To apply the method presented here, it is necessary to have the same temporal resolution for both the bathymetry updates and the climate data.

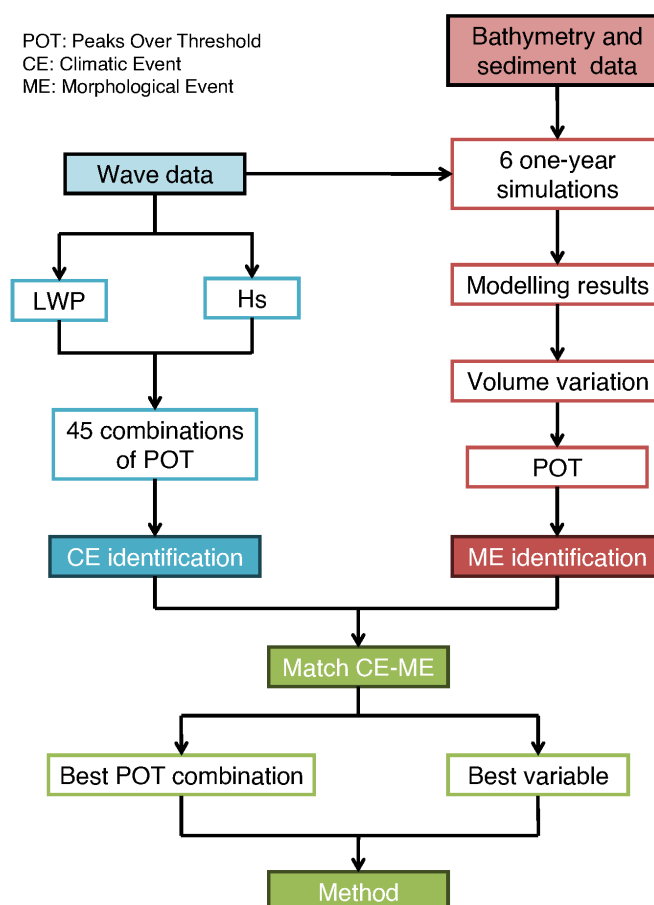
220 The steps followed to identify the changes are summarized in Figure 2. Three main blocks can be distinguished: (1) simulation of the morphodynamic evolution of the basic state (Figure 1a,b), forced with the wave conditions, astronomical tide and river discharge described in section 2.4, in order to obtain the volume variations in the defined control volumes (CV) (Figure 1a) and then the morphological events (ME); (2) identification of the climatic event (CE) for the longitudinal wave power (LWP) and for the wave height ( $H_s$ ) using various Peaks Over Threshold (POT) parameters combinations; and (3) find correlations  
 225 between the ME and CE to provide the best parameters to reproduce these morphological changes (or ME).

In wave-dominated coasts, the most common method to define independent events that can produce morphological changes is the POT method, applied to a climatic variable, generally wave height (Celedón et al., 2023; Flor-Blanco et al., 2021; Gramscianinov et al., 2023; Kümmerer et al., 2024; Vieira et al., 2021). However, in this work the POT method is also applied to the LWP and the volume variation.

230 The POT method extracts independent peak values of the selected variable above a certain threshold, which must be identified. The most common method in literature for obtaining the threshold is to use the 5% exceedance level of the wave height



probability distribution (Castelle & Harley, 2020). Nevertheless, the meteorological independence criterion could be very arbitrary as Harley (2017) pointed out. The POT method was applied by the definition of three parameters: (1) threshold, defined by a percentile of the probability distribution, (2) meteorological independence criterion (typically on the order of days), and (3) minimum event duration (typically on the order of hours).



**Figure 2. Schematization of the methodology followed to obtain the final method of morphological changes identification.**

There is a combination commonly used to find extreme events in the Andalusian Atlantic coast (Puig et al., 2016; Rangel-Buitrago & Anfuso, 2015), in the Algarve coast, southern Portugal (Almeida et al., 2012), or in the Spanish Mediterranean, as in the Catalan coast (Lin-Ye et al., 2016), where the three parameters are determined by: (1) a 95th percentile, (2) 3 days as a meteorological independence criterion, and (3) a minimum duration of 12 hours. It is hereafter referred to as the traditional POT combination or T-POT.

Nevertheless, a total of 45 parameter combinations (including the traditional POT, T-POT) were tested for the CE analysis in the present study (Table 2). As can be seen, there are 3 different percentiles, 3 different meteorological independence criteria, and 5 different minimum durations.

Even though coastal storm thresholds are site-specific (Harley, 2017), the existing literature lacks a unified criterion for these parameters even within the same geographical regions. This non-uniformity is evident in the threshold selection: for instance, studies on the Mediterranean Sea utilize varying wave height thresholds, such as the 95th percentile (Martzikos et al., 2021), 96th percentile (Del-Rosal-Salido et al., 2025), or 98th percentile (Sanuy et al., 2024).

Similarly, the minimum storm duration exhibits significant regional variability: it ranges from 6 hours (Mendoza et al., 2011) to 12 hours (Ojeda et al., 2017) for the Mediterranean Sea, while on the Atlantic coast (Portugal and West Andalusia), the range is even wider, varying from 12 hours (Puig et al., 2016) to 48 hours (Almeida et al., 2012). Regarding the independence criterion, which is typically approached using a fixed value (Martzikos et al., 2021), the values shown in Table 2 were selected to cover the observed range in literature. This range extends from the lower boundary of 30 hours, established for the South Portugal coast (Almeida et al., 2012), to the upper limit of 96 hours (Martzikos et al., 2021).

A complete list of the 45 combinations and the parameters they represent can be found in the Supplementary Material (Table S3). In the following, each combination (except T-POT) will be named as POT(percentile, days, hours). For instance, the combination represented by the 95th percentile, 2 days for the independence criterion and 18 hours of minimum duration of the storm will be referred to as POT(95,2,18).

**Table 2. Values used the different POT combinations for CE**

Percentile	Independence criterion (days)	Minimum event duration (hours)
95, 96, 98	2, 3, 4	6, 12, 18, 24, 48

On the other hand, two different combinations of POT were used for ME. These combinations have the same independence criterion of 12 hours and the same minimum duration of 3 hours, but two different percentiles: 90<sup>th</sup> and 95<sup>th</sup> were used to calculate the threshold of change. In this case, to identify the results (ME) related to one or the other POT, they are called ME90 and ME95, respectively.

It is also necessary to point out a slight difference between the use of POT for CE or for ME. While there is a complete and available database for the wave conditions, the morphology is based on six different and independent experiments. Therefore, in the case of ME, the thresholds for POT were calculated independently for each experiment (six thresholds for each percentile in each CV, 12 in total), but in the case of CE, only one threshold for each percentile was calculated for the entire time series (three thresholds).



### 3.1 Identification of Morphological Events

The first step is the identification of the morphological events (ME) that has been generated during the morphodynamic simulations. The total volume change in the control volume (CV) (Figure 1a), which considers both overall erosion and accretion as responsible for main morphological changes, was used to identify the morphological changes. Each CV has an area of 0.33 km<sup>2</sup>, the offshore boundary is located at 10 m below MSL and the beach boundary is located at 3m above MSL (a schematic representation is shown in Figure 1d).

The volume is calculated in relation to the baseline depth of -10 m MSL, which is deeper than the closure depth (at -7m MSL), which was estimated following the Hallermeier (1980) equation. Following the advice from Ortiz & Ashton (2016), using a deeper depth than the closure depth allows the analysis to capture all the sediment mobilization predicted by the model, as it takes into account additional physical processes (tidal currents and river discharge) that are not considered in the Hallermeier formula. This choice was also supported by the numerical grid itself. Using a specific grid line ensures a more consistent and robust boundary for the volume change calculations.

The volume in the CV at hour  $i$  ( $vol_i$ ) of the simulation is calculated as expressed in equation:

$$vol_i = \sum_n A_n * (10 - h_{n_i}) \quad i = 1 \dots t_f \quad (9)$$

Where  $t_f$  is the end time of the simulation in hours. Thus, each hourly volume of the CV is calculated as the sum, in the  $n$  grid cells of the CV, of the product of the cell area ( $A_n$ ) and the difference between the depth -10 m and the depth of the cell at hour  $i$  ( $h_{n_i}$ ).

The identification of the ME is assessed by the volumetric change every 48 hours ( $\Delta vol_i$ , equation 10).  $\Delta vol_i$  was obtained for each hour as the absolute difference between the CV volume 24 hours before and after. After a sensitivity study, it was found that this 48-hour interval allows to consider both the cumulative effect of existing hydrodynamic events (e.g. storms) and the delay in the response time that often exists between the starting of an hydrodynamic event and the morphological response of the beach.

$$\Delta vol_i = |vol_{i+24} - vol_{i-24}| \quad (10)$$

Once the volumetric variations have been obtained for each CV and for each experiment, the ME is calculated using the POT method previously explained. Different ME are obtained for each experiment, each CV and each threshold (90<sup>th</sup> or 95<sup>th</sup> percentile).

### 3.2 Identification of Climatic Events

Wave height is frequently used to represent and define extreme events leading to erosion/retreat. However, morphological changes can also occur due to accretion, for instance associated to the recovery after a storm or to the longshore sediment transport. For an overall and continuous analysis of the coastal behavior, the recovery (accretion) of the coast is as important as the erosion (Castelle & Harley, 2020). To include such changes, a more complex description of the wave energy is required,



and other proxies could be used. Wave power could better define overall morphological changes as it includes not only wave height but also wave period. Another advantage of wave power is that it can be decomposed into longitudinal and transverse components, which includes the influence of the incoming wave direction. Due to the morphology of the study area and its exposure to different directions, the LWP was tested as a proxy to identify the morphological changes in addition to the traditional wave height POT analysis. To achieve this, the LWP was calculated every hour using all the available climate data, as described below.

Wave Power (or wave energy flux,  $P$ ) in deep-waters, can be defined as the wave energy flux per unit of crest length,  $P$ , for a fixed duration,  $d$ . The wave energy flux can be calculated considering the mean energy density,  $E$ , and the group wave celerity,  $c_g$ , as:

$$P = E \cdot c_g = \left( \frac{1}{16} \rho g H_s^2 \right) \cdot \left( \frac{g T_p}{4\pi} \right) \quad (11)$$

where  $\rho$  is the water density,  $g$  is the gravitational acceleration,  $H_s$  is the significant wave height and  $T_p$  is peak wave period.

The LWP can be calculated as follows:

$$LWP = E \cdot c_g \cdot \sin(\theta) = \left( \frac{1}{16} \rho g H_s^2 \right) \cdot \left( \frac{g T_p}{4\pi} \right) \cdot \sin(\theta) \quad (12)$$

Where  $\theta$  is the direction, following the direction criteria defined in Figure 1a.

Therefore, it is possible to distinguish between Climatic Events, or CE, related to wave height or longitudinal wave power. Both are calculated using the same procedure explained above, the POT method, which gives 45 possible combinations of CE for each year that can generate changes in the coast.

### 3.3 Matching between ME and CE

When a ME and a CE occur at the same time, or close to each other, this coincidence is referred to as a match. Since matches refer to the morphological response with respect to a given CE, it is necessary to consider that the coast has a morphological response time (time lag) to a maritime forcing. In this study, it was observed that the largest morphological changes occur within the first 24 hours after a CE. Thus, it is considered a match if there is a CE and the corresponding ME is up to 24 hours later, in at least one of the CVs. For each possible ME (ME90 and ME95), the variable ( $H_s$  or LWP) and the corresponding POT combination with the highest percentage of agreement across all simulations is chosen as the selected pair that best represents the morphological changes in the study area. Note that a 100% match would mean that all ME would be associated with a CE.

To confirm the correct functioning of the selected POT combination, the percentage of the volume mobilized is calculated as the ratio between the volume mobilized by all MEs (ME90 or ME95) and the volume mobilized only by the ME identified by the CE (LWP or  $H_s$ ).



### 3.4 Optimal POT Selection

The selection of the optimal POT combination is determined using a statistical approach involving a Composite Index (CI). This index was computed to rank the 45 POT combinations by synthesizing two normalized metrics: mean performance ( $M_{norm}$ ) and consistency ( $C_{norm}$ ). The CI is calculated separately for each ME percentile (ME90 and ME95), using the match results  
 335 obtained earlier. Therefore, a single final match value (either Mean or Consistency) will be obtained for each POT combination, aggregating the data from the six wave conditions and the two CV. Both metrics are scaled to 0-1 range using a min-max scaling, where 1 will be the best performance. The CI is then calculated as a weighted average:

$$CI = 0.7 \cdot M_{norm} + 0.3 \cdot C_{norm} \quad (13)$$

This weighted approach assigns a higher weight to performance (70%) than to consistency (30%), ensuring the selected POT  
 340 combination achieves high accuracy along with coherent behavior.

The normalized mean performance ( $M_{norm}$ ) quantifies the average match across all the wave conditions and both CV for each POT combination. It was normalized using a min-max scaling as follows:

$$M_{norm} = \frac{M_c - M_{min}}{M_{max} - M_{min}} \quad (14)$$

Where  $M_c$  denotes the average match for a specific POT combination, calculated across all wave conditions and both CV, and  
 345  $M_{min}$  and  $M_{max}$  correspond to the minimum and maximum of these average match values, respectively, when considering all 45 POT combinations.

The normalized Consistency ( $C_{norm}$ ) coefficient quantifies the relative consistency using the Relative Consistency ( $RC = \sigma/\mu$ ) coefficient, which is intentionally inverted to prioritize low variability (i.e., high consistency). To calculate it, the standard deviation ( $\sigma$ ) and the mean match ( $\mu$ ) for each POT combination are needed, each calculated across the six wave  
 350 conditions and the two CV.

$$C_{norm} = 1 - \frac{RC - RC_{min}}{RC_{max} - RC_{min}} \quad (15)$$

This inversion ensures that the most consistent combinations receive scores approaching 1, allowing for a coherent combination within the CI.

## 4 Results

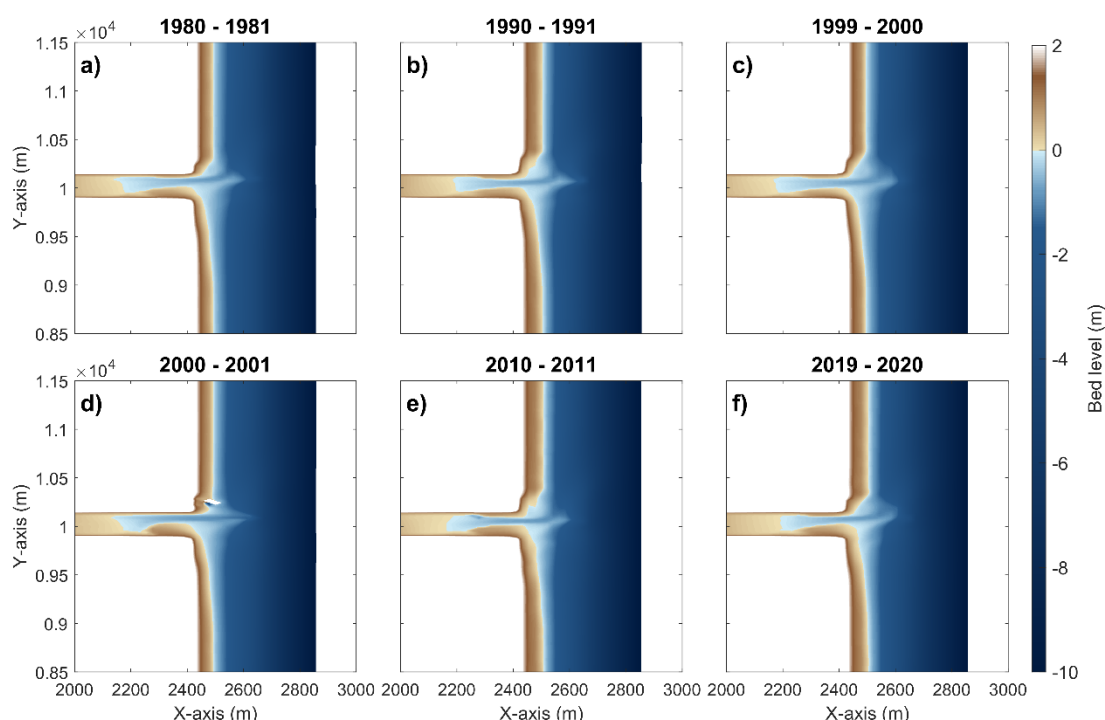
355 This section shows the simulations results used to describe the behavior of the bathymetry and presents the results of the identification method explained in section 3.

### 4.1 Modeling results

The results of all experiments show the formation of a delta at the river mouth (Figure 3). The dynamics of the delta induces an asymmetric behavior in the two CVs. They can both act as a source (or sink) of material to (or from) the delta.



- 360 In each experiment, this asymmetry manifests such that one CV (typically the SCV) experiences a net loss of material to the delta, while the other (typically the NCV) simultaneously receives sediment from it. Consequently, the differential morphodynamic response is primarily driven by the Yearly Mean Wave Direction (YMWD, Table 2), which shifts the direction on the longitudinal sediment transport. This mechanism, in conjunction with coast-delta-tide interactions, results in the observed asymmetric morphodynamic response.
- 365 Overall, all simulations demonstrate a similar morphology: the formation of a northward-rotated ebb delta. This pattern is a direct result of the longitudinal sediment transport generated by the prevailing wave direction of the selected wave conditions.



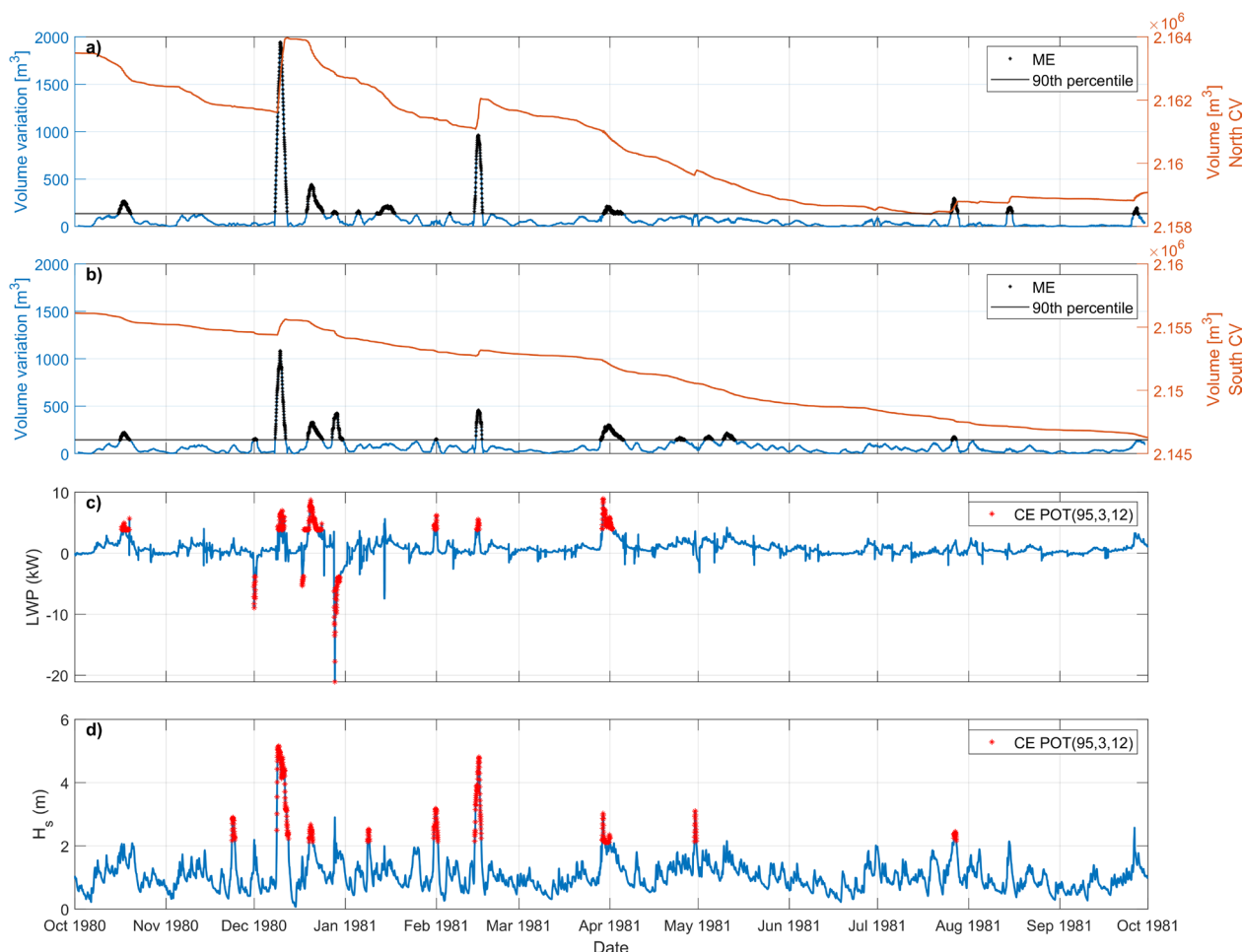
**Figure 3. Final bathymetries obtained for each simulation: (a) 1980-81, (b) 1990-91, (c) 1999-2000, (d) 2000-01, (e) 2010-11 and (f) 2019-20**

## 370 4.2 T-POT analysis

Before quantifying the matching results by comparing the ME and CE criteria, an analysis of the results obtained was carried out by identifying the ME and their correspondence with the CE obtained by using the T-POT. As an example, this section will refer to the 1980-81 simulation, as can be seen in Figure 4 for the ME90 and Figure 5 for the ME95.

- 375 Focusing only on the results relative to the 90th percentile (Figure 4), chronologically the first ME, in mid-October, is identified only by the LWP, indicating that the longshore wave power alone was sufficient to exceed the ME threshold despite relatively low wave heights. The reverse occurs in late November, when the wave height conditions are energetic enough to mark a CE that does not correspond to any ME. Similarly to October, in early December 1980, there is an ME on the south beach that

corresponds to a CE by the LWP but is not identified by the wave height alone. The strongest match is observed later in December 1980, when the longest storm occurs and the year's largest ME is identified simultaneously by both CE (LWP and wave height). However, in late December 1980, a ME in both CVs aligns with a CE defined solely by negative LWP, representing northward-directed waves (negative  $\alpha$ , Figure 1a), despite a low wave height. Then, in early to mid-January, an unidentified ME can be observed, followed by another that is only identified by the wave height. Next, from late January to early May, there is a general simultaneous identification of ME by both CE. This pattern holds until mid-May when there is a ME on the south beach that does not correspond to a CE, whether defined by LWP or by wave height. Then, in August 1981, the only ME identified by the wave height criteria that is not considered an event by the LWP is observed. When this ME was analyzed, the importance of cross-shore transport in this event was highlighted. During the rest of the summer some ME were detected but no CE was identified.

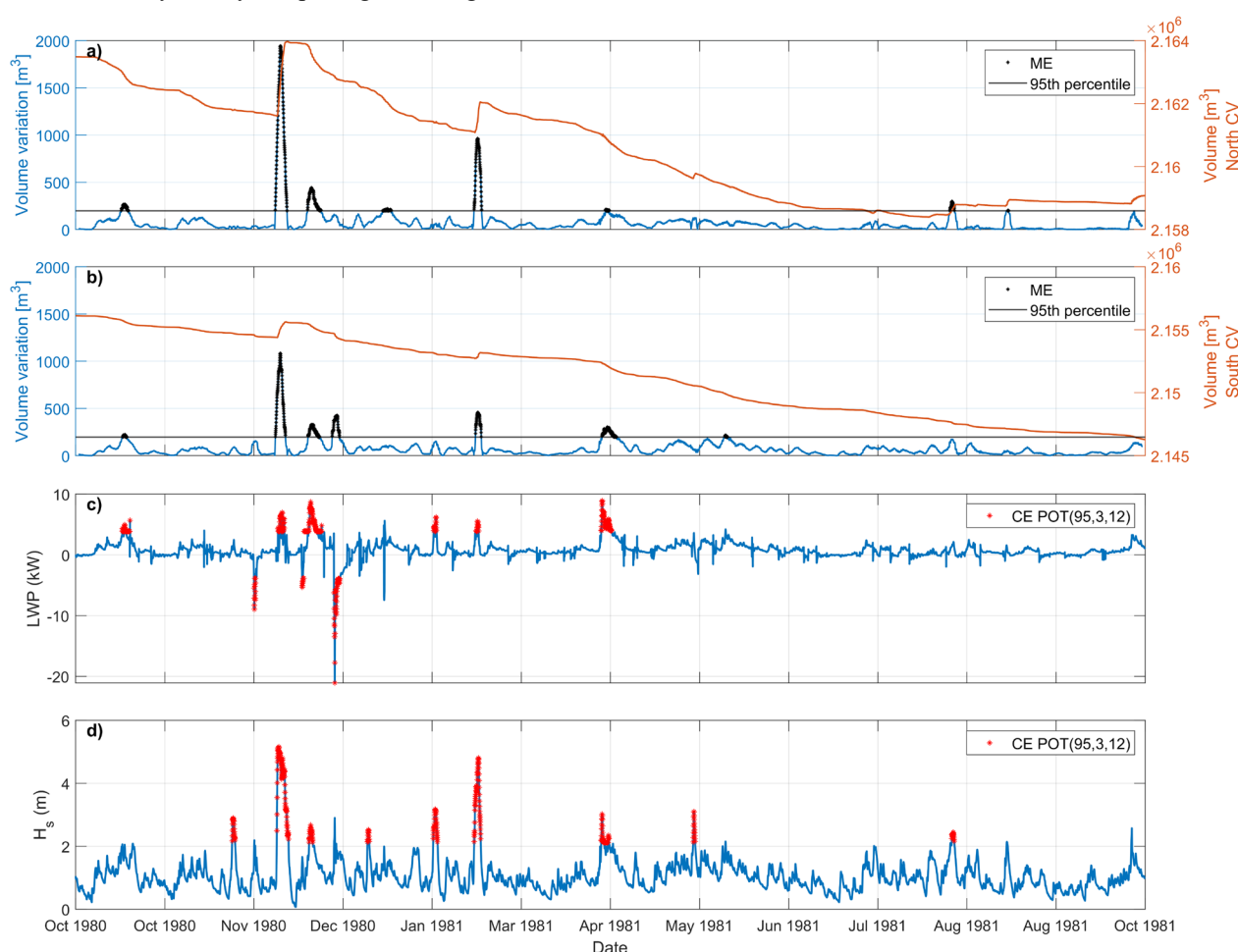


**Figure 4. Comparison between volume changes, in north (a) and south CV (b), LWP (c) and wave height (d) during the 1980-81 climate for ME90 (90th percentile for volume variation). In (c,d) the CE related to T-POT are marked in red dots.**





A further in-depth analysis was performed by observing whether ME and CE occurred simultaneously (i.e. when the red dots coincided with the black dots). The quantification of the ME is performed simultaneously in both CVs, so that an ME is considered to have occurred if there is a ME in at least one of the two CVs. There are a total of 16 MEs for the 90th percentile (Figure 4 a-b, in black). Of these MEs, eight are detected by the T-POT CE based on the LWP (Figure 4 c, in red) and six by the T-POT CE of the  $H_s$  (Figure 4 d, in red), indicating a better performance of the LWP when compared to the wave height, as all identified LWP CE coincide with a ME. In addition, the T-POT of the wave height identifies 3 other CE that are not associated with any nearby morphological change.



**Figure 5. Comparison between volume changes, in north (a) and south CV (b), LWP (c) and wave height (d) during the 1980-81 climate for ME95 (95th percentile for volume variation). In (c,d) the CE related to T-POT are marked in red dots.**

The same analysis was performed for the 95th percentile results (Figure 5). As the percentile value for ME calculation increased, the number of detected ME was lower (nine MEs in total across both CVs). Of the nine MEs, six (five) coincide with a T-POT CE based on the LWP ( $H_s$ ), which also indicates a best performance of the LWP compared to the wave height



405 criteria. In this case, both variables have identified CEs that are not associated with any ME: 2 overestimations of LWP and 4  
 of  $H_s$ . This result also suggests that LWP offers a slightly improved performance over  $H_s$  in defining a morphological event.  
 For the remaining experiments, the results can be found in Supplementary Material (Figures S1 to S10, with a summary given  
 in Table 3. It is noteworthy that in five (three) out of six experiments for ME90 (ME95), all CEs detected by the LWP have a  
 corresponding ME. In contrast, for the wave height criteria, this occurs in one (zero) out of six experiments for ME90 (ME95).  
 410 This means that the overestimation of the CE obtained by using the wave height is higher than the overestimation obtained by  
 using the LWP. However, for the T-POT analysis, no experiment achieved a complete alignment across all ME metrics.  
 To further examine the performances of LWP and  $H_s$ , overestimation and underestimation were analyzed. Over- or  
 underestimation refers to the presence or absence of corresponding ME and CE. When talking about overestimation, it refers  
 to the existence of a ME that does not correspond to any CE. On the other hand, when talking about underestimation, it refers  
 415 to the fact that the CE has no corresponding ME. It is therefore related to the use of ME90 or ME95. The use of ME90 results  
 in a greater number of events, so that for the chosen combination of POT, as can be seen in Table 3, all (or almost all) CE have  
 a match with a ME. Likewise, since there are less ME using ME95, not all of them have captured all of the CE, so there is a  
 greater underestimation of the ME.  
 A direct magnitude comparison between the wave height and LWP thresholds can be misleading since LWP represents only a  
 420 fraction of the total wave power. Furthermore, the identification of ME events only by wave height (late November, mid-  
 January, and late August) underscores the importance of cross-shore sediment transport, a process where  $H_s$  is the primary  
 driver of bed shear stress and sediment resuspension. The absence of CE by LWP-ME match, alongside the existence of a CE  
 by  $H_s$ -ME match, suggests that the wave conditions were conducive to significant cross-shore morphodynamic change (e.g.,  
 beach erosion/accretion). However, as the cross-shore wave power is directly related to the wave height, the LWP is a key  
 425 indicator to identify more ME than using just  $H_s$  or other cross-shore limited indicator that will not account with longshore  
 variability on sediment transport/deposition.

**Table 3. Number of T-POT CE for both variables (LWP and  $H_s$ ) and coincidences (match) for all the experiments. The Total ME90  
 or ME95 are the number of MEs that occur at least in one CV**

	1980-1981	1990-1991	1999-2000	2000-2001	2010-2011	2019-2020
<b>CE-LWP</b>	8	10	6	6	10	9
<b>CE-<math>H_s</math></b>	9	10	10	8	14	8
<b>Total ME90</b>	16	19	13	13	20	16
<b>Match CE-ME90/total CE-LWP</b>	8/8	9/10	6/6	6/6	10/10	9/9
<b>Match CE-ME90 /total CE-<math>H_s</math></b>	6/9	8/10	6/10	7/8	14/14	5/8
<b>Total ME95</b>	9	11	7	11	11	11
<b>Match CE-ME95 /total CE-LWP</b>	6/8	9/10	6/6	6/6	9/10	9/9
<b>Match CE-ME95 /total CE-<math>H_s</math></b>	5/9	8/10	3/10	7/8	11/14	4/8



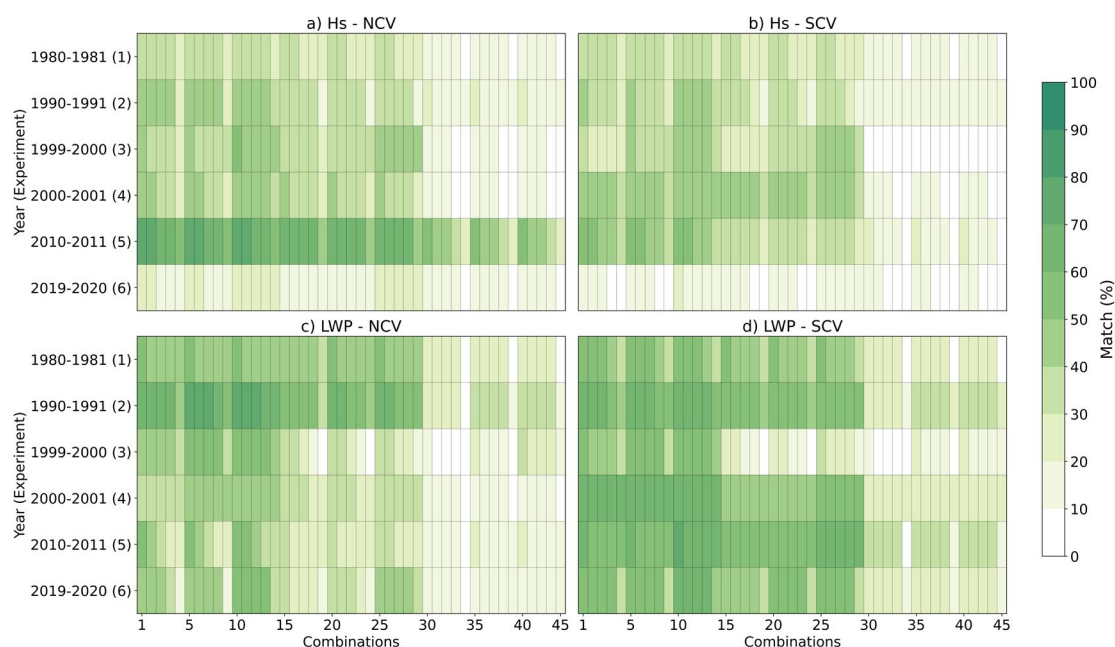
### 4.3 Analysis of the matches: POT optimization

The results presented in this section are divided into three parts: (1) match percentage values, (2) a statistical approach to find the optimal POT combination(s), and (3) a final study of the mobilized sediment.

In general, higher matches (darker green color in Figures 6 and 7) are found for combinations 1-30 (relative to the 95<sup>th</sup> and 96<sup>th</sup> percentiles), and even higher for combinations 1-14 (95<sup>th</sup> percentile). It can also be seen that ME95 (Figure 7) has a higher percentage of matches than ME90 (Figure 6) due to the lower number of ME.

On average, LWP performs better than wave height in terms of match, as the CE by LWP identifies more MEs. Nevertheless, for Experiment 5 (2010-11), the wave height has a better performance, especially for the NCV. On the other hand, Experiment 6 (2019-20) has the worst performance for wave height, also in the NCV. Although the choice of the best variable may depend on the wave behavior, LWP performed generally better than wave height for the set of experiments used.

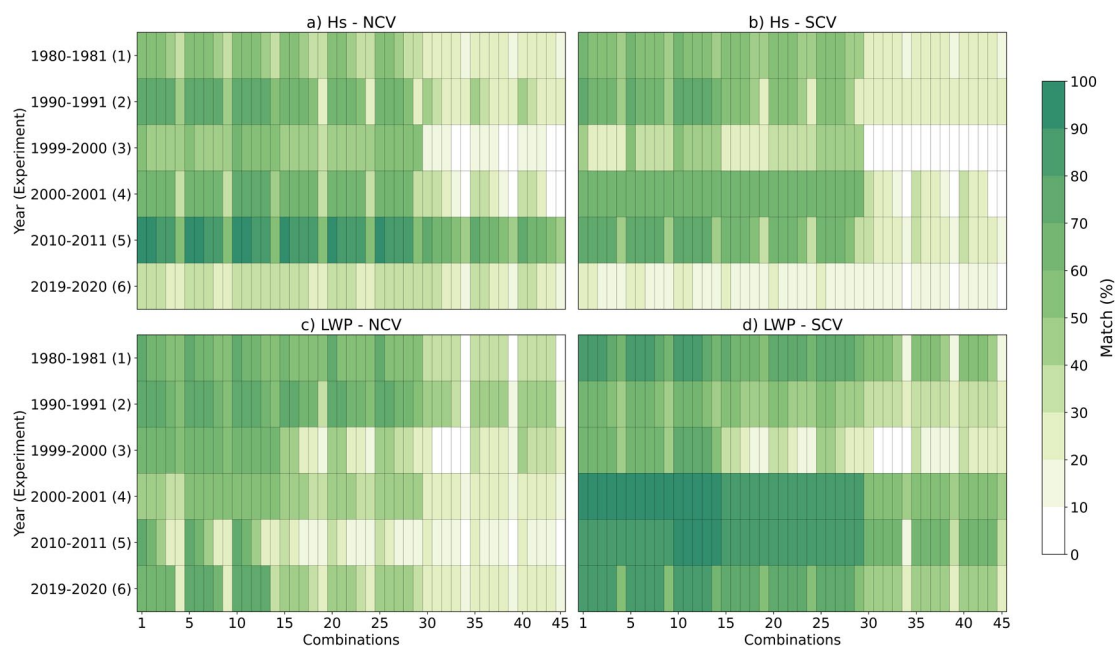
When comparing both CVs, the NCV had a more diverse behavior in the results than the SCV, which could indicate a shadow effect from the delta. The two experiments that have more extreme behavior are Experiment 5 (2010-11) and Experiment 6 (2019-20), and the difference was concentrated at the NCV, while for the SCV the results are not so different. Experiments 5 and 6 are similar in terms of YMWD (Table 1), but the wave conditions for the year 2010-11 (Experiment 5) generated an added 31.8% of total wave power. On the other hand, Experiment 5 is the one with more T-POT days, while Experiment 6 is the one with fewer T-POT days (Table 1).



**Figure 6.** Matches between ME90 and Hs in North CV (NCV, a), LWP in NCV (c), Hs in South CV (SCV, b), and LWP in SCV (SCV, d), for all the experiments and all the POT combinations for CE. Colors represent the % of match.



When comparing the performance of the POT combinations using the statistical analysis, it is noteworthy that the combination 11, or POT(95,4,6) (characterized by a 95<sup>th</sup> percentile, 4 days for the independence criterion, and 6 hours of minimum duration), is the best performing one considering all the combinations tested. Moreover, as can be seen in Figures 8 and 9, the combination 11 is the highest-ranked for both ME possibilities.



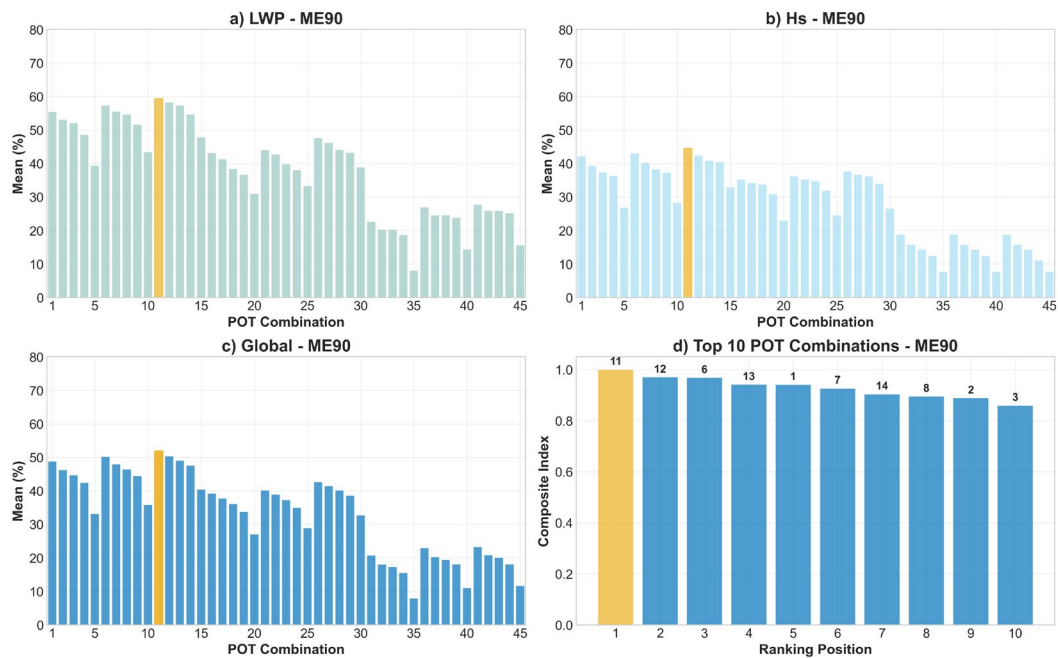
**Figure 7. Matches between ME95 and Hs in North CV (NCV, a), LWP in NCV (c), Hs in South CV (SCV, b), and LWP in SCV (SCV, d), for all the experiments and all the POT combinations for CE. Colors represent the % of match.**

The mean match percentages for ME90 (Figure 8) are smaller than for ME95 (Figure 9). However, a similar trend can be found in both, as the combinations with a higher threshold identify fewer MEs. Moreover, as seen in Figures 6 and 7, the TOP 10 of the POT combinations for ME90 and ME95 are in the combinations 1-14 (95<sup>th</sup> percentile). Therefore, using the 95<sup>th</sup> percentile for the threshold seems to outperform the results, whether for wave height or LWP.

Another observation that arises when analyzing the results is that for combinations with a minimum storm duration of 48 hours (combinations 5, 10, 15, 20, 25, 30, 35, 40, and 45), the match decreases drastically, as there are few storms with that persistency. However, for combinations 15, 30, and 45, as the independence criterion increases to 4 days, the percentage of match slightly increases. This trend suggests that the effectively identified ME events are short-lived, high-intensity impulses rather than sustained, long-duration morphological events.

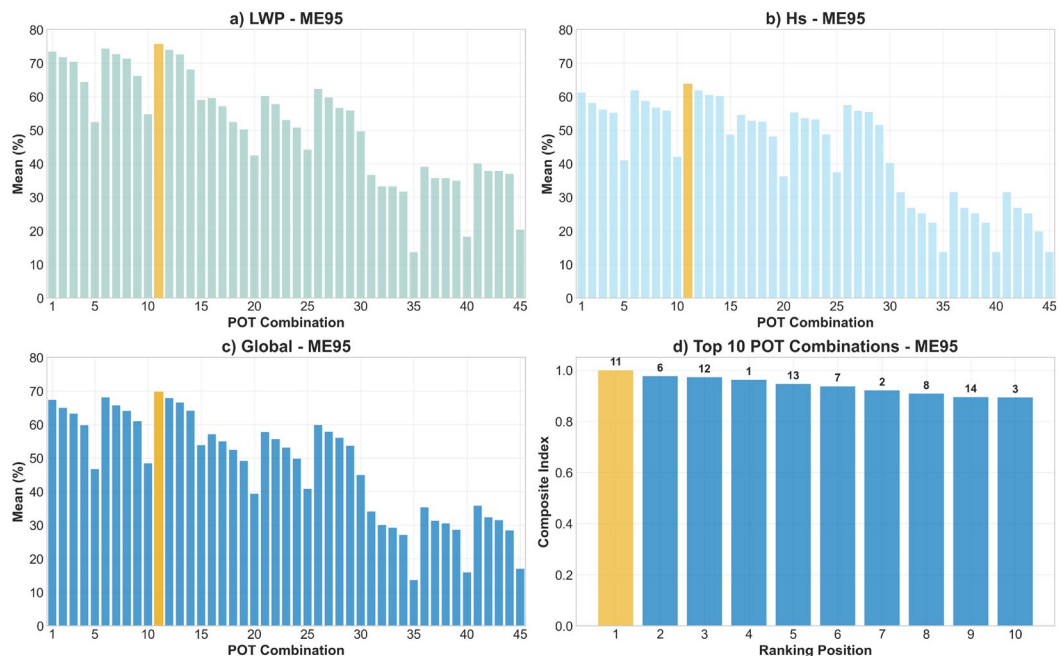
For the optimal combination, the average percentage of matches ranged between 56.1% and 86.1% for the different considered criteria and CV with maximum values reaching up to 80% in some cases.

In terms of matches, the best pair was determined to be LWP and Combination 11. This can be supported by looking at the mobilized volume (Table 4). In general, the percentage of mobilized volume is higher for the ME identified by the CE by LWP criterion than for those identified by wave height.



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Figure 8. Statistical analysis relative to ME90. (a) Mean match of LWP; (b) mean match of wave height. The mean values in (a) and (b) are calculated across all wave conditions and both CV, for each POT combination. (c) Mean match between LWP and wave height; (d) TOP 10 of combinations ranked by the Composite Index (CI), with the combination number indicated above each bar.



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Figure 9. Statistical analysis relative to ME95. (a) Mean match of LWP; (b) mean match of wave height. The mean values in (a) and (b) are calculated across all wave conditions and both CV, for each POT combination. (c) Mean match between LWP and wave height; (d) TOP 10 of combinations ranked by the Composite Index (CI), with the combination number indicated above each bar.

**Table 4. Percentage of mobilized volume by MEs identified by CEs (depending on CV and variable) relative to total mobilized volume by all MEs (ME90 or ME95, represented as 90<sup>th</sup> and 95<sup>th</sup> respectively). In bold, the higher percentage per CV and per year.**

		NCV				SCV			
		LWP 90 <sup>th</sup>	H <sub>s</sub> 90 <sup>th</sup>	LWP 95 <sup>th</sup>	H <sub>s</sub> 95 <sup>th</sup>	LWP 90 <sup>th</sup>	H <sub>s</sub> 90 <sup>th</sup>	LWP 95 <sup>th</sup>	H <sub>s</sub> 95 <sup>th</sup>
T-POT	1980-1981	67,2%	62,5%	<b>77,5%</b>	77,1%	66,8%	48,2%	<b>84,5%</b>	66,8%
	1990-1991	66,4%	65,6%	66,4%	<b>85,1%</b>	62,8%	53,9%	62,2%	<b>78,5%</b>
	1999-2000	52,4%	38,4%	<b>63,5%</b>	47,6%	56,3%	32,5%	<b>67,4%</b>	31,4%
	2000-2001	44,1%	51,4%	47,6%	<b>74,5%</b>	74,8%	58,9%	<b>96,0%</b>	76,1%
	2010-2011	67,9%	86,9%	77,8%	<b>95,7%</b>	72,6%	66,0%	<b>92,9%</b>	83,0%
	2019-2020	64,8%	48,3%	<b>81,2%</b>	64,2%	62,7%	22,5%	<b>85,0%</b>	30,5%
COMBINATION II	1980-1981	69,5%	63,8%	<b>80,6%</b>	77,1%	66,8%	53,7%	<b>84,5%</b>	74,9%
	1990-1991	67,4%	67,4%	66,4%	<b>85,2%</b>	64,1%	58,5%	62,2%	<b>82,6%</b>
	1999-2000	55,4%	52,5%	<b>66,5%</b>	62,6%	59,7%	49,6%	<b>71,0%</b>	55,6%
	2000-2001	48,3%	57,0%	54,7%	<b>81,4%</b>	74,8%	58,9%	<b>96,0%</b>	76,1%
	2010-2011	73,0%	86,9%	81,5%	<b>95,7%</b>	81,1%	66,0%	<b>95,2%</b>	83,0%
	2019-2020	68,5%	49,4%	<b>82,1%</b>	65,2%	65,0%	23,2%	<b>87,7%</b>	30,5%

This percentage is systematically higher for ME95, reaching more than 90% in some cases. The percentages corresponding to combination 11 are generally higher than those of T-POT, indicating that this combination not only finds a higher match in each case, but also achieves better performance in terms of sediment volume, as it considers more MEs. This improved performance in mobilized volume suggests that when the LWP is large enough to capture a CE, there is a much greater correspondence with actual morphological change within the 24 hours following the onset of the CE.

However, when studying the mobilized sediment, LWP outperforms wave height in the SCV for both ME90 and ME95. Conversely, in the NCV, LWP only outperforms for ME90, while wave height outperforms for ME95 (by a mean of approximately 5% for both POT combinations). This discrepancy is probably due to the fact that the longitudinal sediment transport is truncated by the delta, thereby restricting the sediment transfer northward.

## 5 Discussion

This study evaluates the conventional reliance on significant wave height ( $H_s$ ) for identifying coastal morphological events and proposes a more robust methodology centered on Longitudinal Wave Power (LWP) within an optimized Peaks Over Threshold (POT) framework. In the traditional coastal engineering methodologies,  $H_s$  has been used as a key parameter in structural design (Goda, 2000). This parameter has been consistently applied in storm impact studies, predominantly through POT approaches that focus on extreme wave heights (Kümmerer et al., 2024). Despite their efficacy in ensuring structural





safety and their continued use in characterizing coastal storms (Harley, 2017; Kümmerer et al., 2024), these approaches have significant limitations when applied to comprehensive coastal morphodynamic studies. These limitations arise from the complex role that sediment transport processes play in driving morphodynamic changes along the coastline, which cannot be captured by  $H_s$  alone.

500 The modeling results of this work demonstrate this limitation, as shown in Section 4.2 where traditional POT approaches based solely on  $H_s$  failed to identify numerous significant morphological events. As shown in Table 3, the wave height criteria identified several climatic events (CE) that did not correspond to any actual morphological event (ME), while several MEs were only correctly identified by the LWP-based approach. This finding supports the need for methodological advances beyond conventional  $H_s$  analysis.

505 Although the optimized POT parameters (95th percentile, 4-day independence and 6-hour duration) demonstrate high performance in Mediterranean conditions, they may not be easily transferable to environments with different wave climates or morphological characteristics. Nevertheless, the systematic optimization methodology can be adapted for use in other coastal regions through site-specific calibration, provided that climate and morphological data are available at the same high temporal resolution.

## 510 5.1 The role of wave direction

In many coastal regions, longshore processes, not necessarily triggered by extreme  $H_s$  conditions, can induce significant morphological changes (including both erosion and accretion). This is especially relevant in coastal zones adjacent to inlets, which are highly sensitive to shifts in wave direction and wave regime (Stevens et al., 2024). Castelle et al. (2020) highlighted that modest variations in wave obliquity can induce substantial beach rotation and planform changes in embayed beaches, where shifts as small as  $5-10^\circ$  in the dominant wave direction can induce complete reversals in sediment transport patterns. Similarly, Loureiro et al. (2012a, 2012b) found that wave direction shifts of as small as  $10^\circ$  can transition beach systems from an equilibrium state to erosive conditions, especially when these shifts coincide with high-energy wave events. The modeling results described in Section 4.1 confirm this sensitivity, showing that all simulations produced asymmetric delta formation with northward rotation (Figure 3), directly reflecting the prevailing wave direction of the selected yearly wave conditions (Table 1, YMWD).

520 The effect of wave obliquity is further magnified in areas with complex nearshore bathymetry, where directional changes in wave approach angles can create localized erosion hotspots and accelerate sediment transport rates even under moderate wave energy conditions (Horta et al., 2018). According to these authors, wave obliquity can influence beach circulation patterns, which can rapidly shift from longshore-dominated to rip-dominated systems depending on changes in offshore wave direction and tidal conditions. These circulation transitions can lead to relevant morphological responses even when wave heights remain relatively constant. This directional sensitivity, coupled with complex local interactions between the ebb delta, the discharge, the tides, and the nearshore currents, results in the observed morphodynamic asymmetry between the two control volumes. It



is also the driving mechanism behind alongshore changes to coastal morphology that simpler indicators like  $H_s$  alone might not report.

530 Despite these well-documented impacts of wave direction shifts, most of the research examining the impact of longshore transport on coastal evolution has focused on monthly to multi-year timescales (e.g., Fernández-Fernández et al., 2020; Kahl et al., 2024; Roelvink et al., 2020; Stevens et al., 2024), without analyzing how these directionally sensitive processes operate at the event time scale. The methodology of this work, based on the LWP (Equation 12), which integrates directional information, provides a more process-relevant proxy for the coastal forces driving event-based morphological change, enabling  
 535 the detection of significant coastal responses that would be missed by conventional  $H_s$  approaches. The methodology of this work demonstrates that LWP, which integrates directional information, provides a process-relevant proxy that performs comparably to or better than the conventional  $H_s$  approach in detecting ME events. Crucially, the synergistic use of both LWP and  $H_s$  enables the isolation of events driven purely by wave height, by longitudinal transport or both, allowing to accurately map and understand the role of both cross-shore and alongshore transport mechanisms and their relative influence on the  
 540 definition of morphological changes.

## 5.2 Main novelties and methodological advancements

The methodology proposed in this paper expands beyond typical erosive storms as the sole contributor to significant short-term morphological changes. It integrates other climatic events capable of inducing substantial short-term morphological change through both erosion and sedimentation processes. This approach directly addresses the limitations identified in Section  
 545 4.2, where traditional wave height-based methods failed to capture many morphological events.

A major advantage of the method is its generalizability. Although developed for an idealized coastal zone described in Section 2.1, it can be applied to different geographical and geomorphological contexts. The approach addresses both erosion and sedimentation processes simultaneously, providing a comprehensive view of morphological changes, a significant improvement over existing methods that typically focus on either erosion or sedimentation in isolation, as noted by Mentaschi  
 550 et al. (2018) in their global assessment of coastal erosion and accretion patterns.

The methodology is innovative in its use of deep-water variables to increase flexibility and applicability in different coastal environments (Section 2.2). The method also accounts for post-storm recovery processes, an essential component for understanding long-term coastal dynamics that is frequently neglected in traditional storm impact assessments. This recovery aspect is particularly important, as shown by Málvarez et al. (2021) who documented both the immediate erosional impacts of  
 555 storms and the subsequent recovery periods in developed coastal systems.

One of the key elements of the methodology is the use of the LWP, which has been under-utilized in previous coastal morphodynamic studies. As defined in Section 3.2 (Equation 12), this parameter provides important insights into the impact of directional wave energy, complementing the traditional  $H_s$  analyses. The results in Section 4.3 clearly demonstrate that LWP outperforms wave height in identifying morphological events. Furthermore, the optimization approach analyzing  
 560 multiple POT combinations (Table 2) allows for the identification of the most effective parameter set for detecting



morphological changes. As shown in Table 4, the optimized POT combination not only achieved higher match percentages in all scenarios (Figures 8 and 9), but also captured a greater proportion of the total sediment volume mobilized during morphological events, particularly for ME95, where it exceeded 90% in several cases. This demonstrates a more robust linkage between the identified climatic forcing (LWP-CE) and the resulting morphological response of the coast, improving the predictive power of the method for event-scale dynamics.

### 5.3 Limitations and further improvements

While the methodology offers several advances, it also has specific limitations that require further refinement. The use of deep-water variables, while providing flexibility and ease of application, may introduce uncertainties when applied to complex coastal sites with intricate bathymetry or varying nearshore wave conditions. This limitation can be particularly evident in areas where wave transformation between offshore and nearshore zones is complex and nonlinear, as observed by Loureiro et al. (2012b) in their study of geologically constrained morphological variability on embayed beaches.

The methodology has only been tested on Spanish Mediterranean coastal sediment sizes ( $D_{50} = 1$  mm, Section 2.1), which may limit its direct applicability to other regions. To establish its robustness, it should be further applied to sites with different sediment characteristics. This extension would strengthen the validity of the method and broaden its potential application globally.

Another constraint of the current study is the assumption of a constant river discharge ( $10 \text{ m}^3/\text{s}$ , Section 2.2). Coastal systems often experience variable riverine inputs that can significantly alter sediment budgets and morphological responses. Additional testing under variable discharge conditions would provide a more comprehensive understanding of how fluctuations in river discharge affect coastal morphology and sediment transport processes, particularly in deltaic environments and coastal regions adjacent to river mouths (Nienhuis et al., 2016).

Regarding the Delft3D numerical model configuration used in this study, the inclusion of wind effects could have a significant impact on coastal morphological evolution, especially for finer sediment sizes. Further investigation of the role of wind is warranted to better capture the complexity of coastal dynamics complexity (Garzón et al., 2023). Additionally, initial bathymetric conditions play a crucial role in morphodynamic processes (Chen et al., 2023; Oo et al., 2023) and should be more thoroughly incorporated into future model refinements to improve their predictive accuracy.

The method was developed for an idealized coastal zone (e.g., Jiménez-Robles et al., 2016; Li et al., 2024; Nienhuis et al., 2016; Ruiz-Reina & López-Ruiz, 2021) and has not yet been directly compared with data from real coastal environments. This is due to the difficulty of obtaining synchronized temporal resolution for both bathymetric measurements and climate data at the required hourly frequency for event identification. Nevertheless, this study provides valuable insights into the role of inlets, which can act as both sediment traps and releasers, inducing morphological changes to adjacent coasts. However, the system has been simplified by excluding features such as submerged bars and channels, which should be included in future iterations to ensure the applicability of the method to different coastal areas.



This methodological approach differs from traditional  $H_s$ -based POT techniques used in coastal engineering and opens new research directions to verify its performance under different conditions. It represents the first application of LWP-based POT, making direct comparison with traditional  $H_s$ -based POT analyses challenging. The results demonstrate that climatic events can be effectively characterized through a composite LWP-based POT analysis, incorporating established parameters such as independence criteria and event duration. While the specific parameter combination identified appears robust for the detection of morphological events in the study area, it is likely to be site-dependent, requiring site-specific calibration in future applications. Future validation efforts may become feasible as emerging monitoring technologies (e.g., continuous video systems, high-resolution remote sensing) develop the capability to provide the required temporal resolution for morphological measurements.

#### 5.4 Implications for Coastal Management

The approach here presented has significant management applications by enabling advanced forecasting of coastal morphological changes. This ability to anticipate coastal responses represents a critical advance in management practices, considering that coastal zones provide essential protection against erosion and flooding, which is critical for adaptation and planning decisions (Toimil et al., 2023). Current approaches to coastal protection against erosion and extreme flooding often involve the definition of setback buffer zones where permanent construction is prohibited (Karditsa & Poulos, 2024; Sanò et al., 2011). Sanò et al. (2011) specifically emphasized that effective setback definition requires dynamic assessment methods that account for both long-term trends and event-driven morphological changes, a gap that the methodology presented here directly addresses.

Nahon et al. (2022) also found that increased rates of LWP (along with the associated longshore currents and sediment transport), resulted in the erosion of barrier spits on the updrift margin of a tidal inlet. All the above statements and existing results prove the need to include the longshore component of sediment transport (which is directly associated with LWP) in 3D analyzes of short-term morphological changes in coastal areas. Therefore, accurately quantifying sediment transport requires the inclusion of wave direction. LWP captures this directional effect and offers a more complete description of the coastal forces driving morphodynamic change.

While previous studies address shoreline retreat assessment, many rely on large-scale analysis that neglects cumulative storm impacts, storm duration, and spacing effects (Monioudi et al., 2023; Xie et al., 2024). The new methodology addresses these gaps and could assist managers and policymakers in identifying at-risk beaches, estimating losses in beach carrying capacity and economic value, and prioritizing effective adaptation responses.

From an operational management perspective, coastal zone concessions do not usually consider the available beach area or the expected shoreline evolution. Palazón et al. (2018) documented this disconnection in southeastern Spain, where 62% of the concessions were inappropriately located in relation to coastline dynamics, leading to both infrastructure damage and reduced user satisfaction as the freely usable beach surface area is reduced. This approach allows for a more detailed analysis of individual storm impacts but also to impacts resulting from longshore shifts, thereby improving the coastal area management.



Celedón et al. (2023) identified similar challenges in their assessment of risk hotspots for storm events in coastal regions with high morphodynamic variability, emphasizing the need for event-based forecasting capabilities such as those provided by the here presented method. Understanding which climatic events are likely to trigger significant changes in specific coastal areas enhances the preparedness of coastal managers and facilitates preventive actions such as timely asset removal or targeted short-term nourishment to mitigate erosion (Málvarez et al., 2021).

Ultimately, by providing a tool to link specific climatic forcing patterns (including directional shifts that may be altered by climate change) with morphological responses, this method can contribute to the development of more effective, process-based coastal adaptation strategies, including early warning systems or the strategic implementation of nature-based solutions.

## 6 Conclusions

This study introduces a methodology to determine when significant morphological changes will occur along coastal areas due to the combined action of tides, river discharge, and waves. While traditional approaches focus primarily on erosion, the presented method considers both erosion and accretion processes, providing a more comprehensive understanding of coastal dynamics. Deep-water significant wave height ( $H_s$ ) was compared with longitudinal wave power (LWP) as predictors of morphological change through different combinations of Peak-Over-Threshold (POT) parameters, including minimum event duration and independence intervals between different events.

The experimental framework employed an idealized coastal zone with a central inlet, representative of the morphology of the Spanish Mediterranean coast. The numerical simulations revealed the formation of a delta at the river mouth, which caused the northern and southern beach sections to behave as independent morphodynamic units. Volume variations in two control areas (north-south) were used to define the match between climatic events and morphological events. By systematically testing 45 different POT combinations, a consistent pattern across the six wave climates used was identified.

The optimized POT configuration (95th percentile threshold, 4-day independence criterion, and 6-hour minimum duration) consistently outperformed other combinations, including the traditional POT approach commonly used in coastal engineering. This optimized framework not only achieved higher match percentages (up to 86.1%) between climatic and morphological events but also captured a significantly greater proportion of mobilized sediment volume, exceeding 90% in several scenarios. The results highlighted the limitations of traditional  $H_s$ -based POT approaches to identify coastal changes. Not only did these methods fail to identify many morphologically significant events, but they often flagged high wave events that had minimal morphological impact. LWP consistently demonstrated superior performance compared to  $H_s$  due to the incorporation of wave direction, enabling detection of morphological changes driven by directional shifts that can occur even under moderate wave height conditions.

This methodology has considerable practical value for coastal managers, enabling more accurate prediction of morphological changes and supporting proactive management strategies in the face of increasing environmental pressures from both human activities and climate change. Crucially, the ability of this methodology to accurately identify morphologically significant



events, whether through the optimized POT combination or the superior predictive capacity of LWP, is highly valuable for coastal hazard assessment. By applying these optimized event identification criteria to operational climate models and wave forecasts, managers can pre-emptively identify a broader range of events that could lead to a risk to coastal areas. Future work should focus on validating this methodology in diverse real-world coastal environments to further establish its broad applicability and refine site-specific parameter calibrations.

### Data availability

The Data related to the climate information were provided by the MeteOcean research group of the University of Genoa (Italy). All the information related to the data can be consulted in Besio et al. (2016), Cassola et al. (2016), Lira-Loarca et al. (2023), Mentaschi et al. (2013, 2015), and in their website: <https://meteoccean.science/>. The model input files on which this article is based are publicly available via Zenodo (DOI: 10.5281/zenodo.15222539), distributed under the Creative Commons Attribution 4.0 International Public License (CC BY 4.0) (Aragón et al., 2025). Concurrently, the Delft3D source codes, integral to the simulations, are open-source software for hydrodynamic, morphological, and wave modeling, downloadable from the Deltares model repository at <https://oss.deltares.nl/web/delft3d/get-started>. Access to Delft3D requires user registration for download, with specific licensing details available on the Deltares portal (Deltares, 2025).

### Author contribution

**M. Aragón:** Conceptualization, Methodology, Software, Formal analysis, Writing – original draft. **Ó. Ferreira:** Formal analysis, Writing – review & editing, Funding acquisition. **A. López-Ruiz:** Conceptualization, Methodology, Writing – review & editing, Project administration, Funding acquisition. **M. Ortega-Sánchez:** Conceptualization, Writing – review & editing, Funding acquisition

### Competing interests

The authors declare that they have no conflict of interest.

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