

Revisiting barotropic instability from the perspective of wave evolution theory

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Abstract. This investigation advances the understanding of barotropic instability through deriving analytical solution of Rossby wave action equation. Theoretical results establish that wave packet energy evolves through two competing factors: direct proportionality to intrinsic frequency and inverse proportionality to group velocity magnitude. Energy density attains extremal values at turning points where group velocity magnitudes become extremized. To ensure a ray can be reflected by a turning point, zonal phase speed must be smaller than an upper limit determined by dispersion relation at the turning point. Crucially, a specific zonal phase speed range emerges below this maximum threshold where concurrent transient growth of both wave energy and amplitude occurs when a ray is moving toward the turning point, with the upper limit corresponding to optimal wave development conditions. Numerical experiments on a prototype westerly jet reveal distinct instability mechanisms: substantial transient growth—capable of triggering nonmodal instability—arises when rays moves toward turning points, while exponential amplification characteristic of modal instability develops at inflection points with positive energy growth rate. The derived zonal phase speed thresholds and transient growth metrics form a diagnostic framework applicable to observed atmospheric flows, enabling quantitative evaluation of both modal and nonmodal instability potentials. By unifying wave evolution dynamics with classical instability criteria, this work provides an operational bridge between theoretical predictions and real-world flow diagnostics.

1 Introduction

Barotropic instability represents a fundamental mechanism underlying the formation of energy-containing eddies in Earth's atmosphere and oceans, as well as in the fluid envelopes of other planetary bodies (Read et al., 2020). The classic theoretical framework models barotropic instability through normal mode method with fixed zonal wavenumbers and meridionally varying amplitudes, though deriving analytical solutions for the amplitude evolution equation remains generally intractable. This analytical challenge necessitates the introduction of a complex phase velocity formalism, through which necessary conditions for instability onset can be established. First established by Kuo (1949) through geophysical adaptation of Rayleigh's inviscid flow stability theory (Rayleigh, 1880), the seminal Rayleigh–Kuo criterion requires the existence of critical points where the basic flow's absolute vorticity gradient attains an extremum. Subsequent developments include

30 Fjørtoft's complementary condition (Fjørtoft, 1950) and Howard's semicircle theorem (Howard, 1961). These foundational criteria, now enshrined in standard geophysical fluid dynamics textbooks (e.g., Pedlosky, 1987; Vallis, 2017), continue to inform contemporary analyses of barotropic instability phenomena.

An alternative theoretical perspective emerges through the concept of wave overreflection (Jones, 1968), wherein reflected waves exhibit amplified energy relative to incident waves through mean flow energy extraction mechanisms.

35 Lindzen (1974) postulated that sustained overreflection—when confined by reflecting surfaces and quantized through boundary condition satisfaction—could generate unstable eigenmodes. This framework was extended by Lindzen and Tung (1978), who established a direct correspondence between horizontally propagating Rossby wave overreflection and the classical necessary conditions for barotropic instability. Their mechanistic interpretation involves a cyclic amplification process: A wavetrain propagating toward an overreflecting critical surface gains energy during reflection, with the amplified

40 wave subsequently propagating away. If redirected by a reflecting boundary back to the overreflecting region, further amplification occurs. Phase coherence (“quantization”) between successive cycles then triggers instability, emphasizing that mere overreflection—even infinite amplification—remains insufficient for instability without both energy confinement and quantized phase alignment. Tung (1981) rigorously re-examined the quantization condition, demonstrating its sufficiency for barotropic instability when formulated as a spectral problem involving square-integrable real functions satisfying rigid

45 boundary conditions with negative-definite Rayleigh quotients. Despite its mathematical complexity, this approach positions wave overreflection (or “wave geometry”) as a complementary instability paradigm (Lindzen, 1988). Notably, the overreflection framework generalizes conventional modal instability by encompassing the broader class of phase-coherent amplified waves (e.g., Lindzen, 1974; Lindzen and Barker, 1985; Lindzen and Rosenthal, 1976; Lindzen and Tung, 1978; Takehiro and Hayashi, 1992).

50 In addition to modal instability, pioneering work by Orr (1907) revealed that perturbations may undergo significant transient amplification before asymptotic decay. This transient growth mechanism (Pierrehumbert, 1983), contrasted with the sustainable exponential growth in traditional normal mode instability, constitutes a distinct instability paradigm or nonmodal instability when exceeding critical thresholds. The Orr mechanism works in both barotropic waves (Boyd, 1983; Tung, 1983; Yamagata, 1976) and baroclinic Rossby waves (Farrell, 1984, 1985, 1982, 1988). Crucially, nonmodal instability can explain

55 empirically observed turbulence onset at Reynolds numbers deemed stable by normal mode theory (e.g., Boyd, 2018). Subsequently, a generalized stability theory constructed by Farrell and Ioannou (1996), emphasizing the central role of the nonnormality of the linearized dynamical system, is applicable to the transient growth dynamics as well as the normal mode stability of time-independent flows. Further investigation by Bakas and Farrell (2010) reveals that overreflection can also be expressed by the interaction among the nonorthogonal modes projected by the incident wave packet.

60 Complementing these instability analyses, the evolution theory of Rossby waves can be systematically investigated through multi-scale asymptotic methods. This framework decomposes wave trains into slowly varying amplitudes modulating rapidly oscillating phase components. Substitution into perturbation equations followed by Taylor expansion of

the amplitude yields hierarchical equations at successive orders: The leading-order approximation recovers the local dispersion relation, while first-order terms govern wave action conservation—a fundamental constraint dictating energy exchange between waves and background flow. Such multi-scale energetics explicitly links wave amplification to shear interactions. For instance, disturbances in westerly jet must exhibit northwest–southeast oriented phase tilts (south of the jet stream where the horizontal shear of the basic flow is positive) or northeast–southwest tilts (north of the jet) to enable positive energy extraction from the basic flow’s meridional shear (Chen and Chao, 1983; Pedlosky, 1987; e.g., Zeng, 1983). On the other hand, propagation characteristics emerge naturally through ray tracing theory, which defines wave packet trajectories via local group velocity tangents. Early work by Yamagata (1976) and Hoskins and Karoly (1981) applied this formalism to barotropic Rossby waves. Ray tracing theory has been widely applied (e.g., Lu and Boyd, 2008) due to successfully explaining atmospheric teleconnection patterns (e.g., Wallace and Gutzler, 1981).

Theoretical framework revealed an inverse proportionality between wave amplitude and meridional wavenumber along rays, though notably left unresolved the explicit energy evolution along propagation paths—a challenge demanding precise quantification of ray divergence through advanced diagnostics. Recently, Li et al. (2021a) developed a diagnostic method correlating ray divergence with group velocity magnitude variation. Their subsequent studies implemented this approach to systematically characterize wave energy and amplitude evolution across different basic flow configurations (Li et al., 2021b, 2022; Li and Kang, 2022). These studies revealed robust transient growth when rays approach turning latitudes, yet three fundamental questions persisted unresolved: the criteria for concurrent energy–amplitude enhancement, the role of critical layers in modulating growth thresholds, and quantitative evaluation of transient growth magnitudes for synoptic-scale Rossby waves. These unresolved aspects represent pivotal barriers to developing a unified instability theory through wave evolution diagnostics, motivating our systematic integration of wave evolution theory with barotropic instability diagnostic.

2 Wave evolution theory

The linearized vorticity equation for an incompressible barotropic atmosphere is typically expressed as

$$\left(\frac{\partial}{\partial t} + \bar{u} \frac{\partial}{\partial x} \right) \nabla^2 \psi + \beta^* \frac{\partial \psi}{\partial x} = 0, \quad (1)$$

where ψ is the perturbation stream function and $\bar{u} = \bar{u}(y)$ represents the zonal basic flow. $\nabla^2 = \frac{\partial^2}{\partial x^2} + \frac{\partial^2}{\partial y^2}$ is the

Laplace operator. $\beta^* = \beta - \frac{d^2 \bar{u}}{dy^2}$ is the meridional gradient of absolute vorticity. $\beta = \frac{df}{dy}$ is the Rossby parameter and

assumed constant here and f is the Coriolis parameter.

Following the multi-scale asymptotic method (e.g., Pedlosky, 1987), the slowly varying wave train solution to Eq. (1) is expressed as

$$\psi = \Psi(X, Y, T) e^{i(kx + ly - \omega t)}, \quad (2)$$

where Ψ denotes the slowly varying amplitude, k and l are the zonal and meridional wavenumbers and ω is the frequency. Here $(X, Y, T) = (\varepsilon x, \varepsilon y, \varepsilon t)$ represent slow spatial/temporal variables, while (x, y, t) are fast

$\frac{D_g}{DT} = \frac{\partial}{\partial T} + \mathbf{c}_g \cdot \nabla$ spatial/temporal variables. The small dimensionless parameter $\varepsilon \ll 1$ quantifies the slowness of the

field's spatial and temporal variations. The slowly varying amplitude Ψ can be expanded asymptotically as

$$\Psi(X, Y, T) = \Psi_0(X, Y, T) + \varepsilon \Psi_1(X, Y, T) + \varepsilon^2 \Psi_2(X, Y, T) + \dots \quad (3)$$

Substituting the wave train solution (Eq. (2)) into the linearized vorticity equation (Eq. (1)) and retaining zeroth-order terms in the asymptotic expansion yields the local dispersion relation:

$$\omega = k\bar{u} - \frac{\beta^* k}{K^2} \equiv \Omega(y, k, l), \quad (4)$$

where $K = \sqrt{k^2 + l^2}$ denotes the total wavenumber. Notably, this local dispersion relation mirrors the form of the standard plane wave solution, where the amplitude is assumed constant. This equivalence implies that the amplitude may be treated as locally constant at the leading order, such that the wave train approximates a plane wave in the lowest-order approximation.

2.1 Ray tracing theory

The local group velocity is defined as

$$\begin{aligned} c_{g,x} &\equiv \frac{\partial \Omega}{\partial k} = c + \frac{2\beta^* k^2}{K^4} \\ c_{g,y} &\equiv \frac{\partial \Omega}{\partial l} = \frac{2\beta^* kl}{K^4} \end{aligned} \quad (5)$$

where $c = \omega/k$ denotes the zonal phase speed. Correspondingly, a ray is defined as the trajectory traced by a fluid parcel advected with the group velocity, satisfying

$$\frac{D_g x}{DT} \equiv \frac{\partial \Omega}{\partial k} = c_{g,x}, \quad \frac{D_g y}{DT} \equiv \frac{\partial \Omega}{\partial l} = c_{g,y}, \quad (6)$$

where $\frac{D}{DT}$ represents material derivative following the group velocity vector \mathbf{c}_g . Additionally, the following kinematic relations

110 hold

$$\frac{D_g k}{DT} \equiv -\frac{\partial \Omega}{\partial X} = 0, \frac{D_g l}{DT} \equiv -\frac{\partial \Omega}{\partial Y}, \frac{D_g \omega}{DT} \equiv \frac{\partial \Omega}{\partial T} = 0. \quad (7)$$

As Lighthill (2001) suggested, a wave packet evolving in position and wavenumber following Eqs. (6) and (7) may be interpreted as a “quasi–particle” whose energy–momentum relationship at every spatial point precisely mirrors the local frequency–wavenumber relationship (i.e., the local dispersion relation). This equivalence implies that wave packets exhibit
 115 particle–like behavior, propagating along ray trajectories defined by the group velocity. Consequently, one can trace a wave packet’s evolution from one location to another using Eqs. (6) and (7) without solving the full wave equations (Vallis, 2017). Ray tracing proves invaluable for two complementary reasons: First, it provides critical information on the spatial distribution of the wavenumber vector; second, it demonstrates that wave energy transport occurs along these ray trajectories (Lighthill, 2001).

120 Equation (7) demonstrates that zonal wavenumber (k) and frequency (ω) are conserved along a ray trajectory, as the dispersion relation does not explicitly depend on X and T . In contrast, meridional wavenumber (l) evolves dynamically along the ray path, leading to two critical meridional locations for ray propagation: a turning point ($y = y_t$) where $l = 0$ and meridional group velocity vanishes ($c_{g,y} = 0$), halting southward/northward propagation; a critical point ($y = y_c$), characterized by divergent meridional wavenumber ($l^2 \rightarrow \infty$) where group velocity aligns with zonal phase speed
 125 ($\mathbf{c}_g = c\mathbf{i}$). Notably, the WKB solutions (Eqs. (2) and (3)) break down near turning points, where amplitude exhibit Airy function behavior in the meridional direction (Hoskins and Karoly, 1981). To reconcile this, asymptotic matching techniques employ a “patching” wave function in the turning point neighborhood, connecting the WKB solution in the “classical” region ($l^2 > \varepsilon$ where $\varepsilon \ll 1$) with the Airy function solution (e.g., Griffiths and Schroeter, 2018). Post–reflection from the turning point, the WKB approximation regains validity, enabling continued application of ray tracing beyond the critical
 130 locus.

Previous studies (Li et al., 2021a; e.g., Yang and Hoskins, 1996) have categorized three distinct propagation regimes for Rossby wave packets. The evolution–dispersion (ED) regime, bounded between a single turning point and a critical point, typically exhibits initial propagation toward the turning point, followed by reflection and asymptotic approach to the critical point. Within this regime, Li et al. (2021a) observed potential transient amplification of both wave energy and amplitude
 135 during the turning point approach. The wave guide (WG) regime, confined between two turning points, supports quasi–periodic ray reflections that enable long–distance propagation with minimal meridional wavenumber variation. In contrast, the bidirectional dissipation (BD) regime, spanning dual critical points, drives unidirectional ray propagation toward any a critical point without reflection.

When the meridional gradient of absolute vorticity vanishes ($\beta^* = 0$, a condition corresponding to the Rayleigh–Kuo
 140 necessary instability criterion) at an inflection point ($y = y_i$), the dispersion relation Eq. (4) simplifies to $\omega = \bar{u}k$,
 rendering meridional wavenumber mathematically indeterminate. However, by applying the L’Hospital’s rule to resolve this
 indeterminate form, we derive a finite critical total wavenumber K_i (meridional shear of the basic flow is generally not set
 to zero at the inflection point, that is, $d\bar{u}/dy|_{y=y_i} \neq 0$) satisfying

$$K_i^2 \equiv \lim_{y \rightarrow y_i} \frac{\beta^*}{\bar{u} - c} = \lim_{y \rightarrow y_i} \frac{d\beta^*/dy}{d\bar{u}/dy} = - \frac{d^3\bar{u}/dy^3|_{y=y_i}}{d\bar{u}/dy|_{y=y_i}} < \infty, \quad (8)$$

145 where $K_i > k$ ensures real meridional wavenumber solutions ($l_i = \pm \sqrt{K_i^2 - k^2}$) and physically admissible wave-like
 structures. At $y = y_i$, zonal group velocity converges to zonal phase speed ($c_{g,x} = c$) while meridional group velocity
 vanishes identically ($c_{g,y} = 0$), confining ray trajectories to purely zonal propagation along the inflection point.

Note that a fundamental discrepancy exists between the propagation regimes of ray tracing theory and the wave
 geometry framework of overreflection theory, despite their shared dependence on critical and inflection points. In
 150 overreflection dynamics (Lindzen, 1988; e.g., Lindzen and Tung, 1978), incident waves cannot reach critical points within
 finite temporal scales unless inflection points coexist—a configuration enabling energy exchange between waves and the
 mean flow. This contrasts fundamentally with ray theory, where critical point accessibility requires strict coincidence with
 inflection points (namely, $y_i = y_c$) to permit finite-time arrival. Pedlosky (1987) elucidates a key constraint: marginally
 stable waves, adjacent to unstable waves, must exhibit either vanishing Reynolds stress jumps or their self-canceling
 155 summation. This condition holds unless the meridional gradient of absolute vorticity vanishes at y_c , that is, $\beta^*(y_c) = 0$.
 Besides, the overreflection paradigm does not emphasize transient growth during ray propagation toward turning points.

2.2 Wave action conservation

Taking the first-order asymptotic approximation, the wave action conservation equation is expressed as:

$$\frac{\partial A}{\partial T} + \nabla \cdot (\mathbf{c}_g A) = 0, \quad (9)$$

160 where $A \equiv E/\omega'$ denotes wave action density, $\omega' = \omega - \bar{u}k$ is intrinsic frequency, and the wave energy density E is
 defined as

$$E = \frac{1}{4} K^2 \Psi_0^2. \quad (10)$$

Along ray trajectories, Eq. (9) simplifies to

$$\frac{1}{A} \frac{D_g A}{DT} = -\nabla \cdot \mathbf{c}_g. \quad (11)$$

165 This implies that the divergence of the group velocity ($\nabla \cdot \mathbf{c}_g$) serves as the sole source term governing variations in wave action density. However, direct evaluation of $\nabla \cdot \mathbf{c}_g$ using group velocity expression (Eq. (5)) remains impracticable as determining the partial derivatives in $\nabla \cdot \mathbf{c}_g$ requires knowledge of neighboring ray solutions (Lighthill, 2001).

Precise diagnostics of wave packet energy require solving the wave action conservation equation (Eq. (9) or Eq. (11)). In this framework, a wave packet propagating along a ray is conceptualized as a “quasi-particle” (e.g., Lighthill, 2001),
 170 where the spatial extent of this “quasi-particle” exceeds the wavelength scale while remaining negligible compared to the slowly varying background flow. Consequently, when viewed at the basic flow scale, the wave packet manifests as a dimensionless point (e.g., Bretherton and Garrett, 1968). Therefore, while ray tracing theory accurately describes the wave packet’s path, it cannot resolve the intra-packet wave structure (e.g., Vallis, 2017). This scale separation implies that the divergence of the group velocity vector depends exclusively on variations in its magnitude—owing to suppressed lateral
 175 energy fluxes (Li et al., 2021a)—and can be expressed as

$$\nabla \cdot \mathbf{c}_g = \lim_{\delta T \rightarrow 0} \frac{|\mathbf{c}_g|_{T+\delta T} - |\mathbf{c}_g|_T}{|\mathbf{c}_g| \delta T} = \frac{1}{|\mathbf{c}_g|} \frac{D_g |\mathbf{c}_g|}{DT} = \frac{D_g \ln |\mathbf{c}_g|}{DT}, \quad (12)$$

where T denotes time, δT is a small time interval, and $|\mathbf{c}_g| = \sqrt{c_{g,x}^2 + c_{g,y}^2}$ represents the magnitude of the group velocity.

It is critical to emphasize that this approximation (Eq. (12)) is derived at the basic flow scale, explicitly neglecting the wave packet’s finite spatial extent.

180 Substituting Eq. (12) into Eq. (11) yields

$$\frac{A(t)}{A(0)} = \frac{|\mathbf{c}_g(0)|}{|\mathbf{c}_g(t)|}, \quad (13)$$

where $A(0)$ and $|\mathbf{c}_g(0)|$ denote the initial wave action density and initial group velocity magnitude, respectively. This relation reveals that the rate of change in wave action density is inversely proportional to the rate of group velocity magnitude variation along the ray trajectory. By invoking the definition of wave action density, we immediately derive

$$\frac{E(t)}{E(0)} = \frac{\omega'(t) |\mathbf{c}_g(0)|}{\omega'(0) |\mathbf{c}_g(t)|}, \quad (14)$$

where $E(0)$ and $\omega'(0)$ represent the initial wave energy density and initial intrinsic frequency, respectively. This equation further demonstrates that the rate of change in wave energy density scales directly with the rate of intrinsic frequency variation and inversely with the rate of group velocity magnitude variation along the ray path.

190 Notably, these relations can be alternatively derived using the plane wave approximation: for a slowly varying wave train locally approximating a plane wave (constant amplitude), wave action density (and hence wave energy density) should exhibit no local variation, reducing Eq. (9) to $\nabla \cdot (A \mathbf{c}_g) = 0$. This implies that $E/\omega' \mathbf{c}_g$ is a solenoidal vector (Lighthill, 2001), meaning the flux of wave action through a thin ray tube remains conserved. Consequently, $E/\omega' \mathbf{c}_g$ is constant along the ray, yielding $E \sim \omega' / |\mathbf{c}_g|$ —a result fully consistent with the earlier derivation.

3 Wave energy and amplitude variations

195 While substituting intrinsic frequency and group velocity expressions into Eq. (14) permits quantitative analysis of wave energy evolution along ray trajectories, this approach proves analytically intractable for better understanding the evolution dynamics. To circumvent this complexity, we will instead transform Eq. (11) to

$$\frac{1}{E} \frac{D_g E}{DT} = \left(\frac{2kl}{K^2} \frac{d\bar{u}}{dY} - \frac{D_g \ln |\mathbf{c}_g|}{DT} \right) \equiv \xi(T), \quad (15)$$

whose solution is

$$E = E(0) \exp\left(\int_0^T \xi(\tau) d\tau\right). \quad (16)$$

Equation (15) demonstrates that the temporal evolution of wave energy is governed by the balance between two competing mechanisms. The first term on the RHS quantifies energy extraction from the basic flow, where Rossby waves absorb kinetic energy through positive meridional shear ($d\bar{u}/dY > 0$) when exhibiting northwest–southeast phase tilts ($kl > 0$ termed leading structures). Conversely, northeast–southwest phase tilts ($kl < 0$ for trailing structures) facilitate energy transfer to basic flow, a cornerstone of classical Rossby wave evolution theory (Chen and Chao, 1983; Pedlosky, 1987; Zeng, 1983). 205 The second term represents energy divergence/convergence driven by group velocity magnitude modulation. Accelerating rays induce energy dispersion, while decelerating rays promote energy accumulation.

According to Eq. (5), group velocity magnitude square can be written as

$$|\mathbf{c}_g|^2 = \left(c + \frac{2\beta^* k^2}{K^4} \right)^2 + \left(\frac{2\beta^* kl}{K^4} \right)^2 = c^2 + 4k^2 \frac{(\bar{u} - c)\bar{u}}{K^2}. \quad (17)$$

210 Then its variation along a ray can be expanded as

$$\begin{aligned} \frac{D_g |\mathbf{c}_g|^2}{DT} &= \frac{D_g c^2}{DT} + 4k^2 \frac{D_g}{DT} \left(\frac{\bar{u}}{K} \right)^2 - 4k^2 \frac{D_g}{DT} \left(\frac{\bar{u}c}{K^2} \right) \\ &= \frac{4k^2}{K^2} (2\bar{u} - c) \frac{D_g \bar{u}}{DT} + \frac{4k^2}{K^4} (c - \bar{u}) \bar{u} \frac{D_g K^2}{DT} \\ &= \frac{4k^2}{K^2} (2\bar{u} - c) (\bar{u} - c) \frac{2kl}{K^2} \frac{d\bar{u}}{dY} - \frac{4k^2}{K^4} (\bar{u} - c) \bar{u} \left(-2kl \frac{d\bar{u}}{dY} + \frac{d\beta^*}{dY} \frac{2kl}{K^2} \right) \\ &= \frac{4k^2}{K^2} (\bar{u} - c) (3\bar{u} - c) \frac{2kl}{K^2} \frac{d\bar{u}}{dY} + \frac{4k^2}{K^4} (\bar{u} - c) \bar{u} \frac{2kl}{K^2} \frac{d^3 \bar{u}}{dY^3} \end{aligned} \quad (18)$$

The second term on the RHS of Eq. (18), representing the third-order derivative of basic flow, becomes negligible under slowly varying basic flow approximation. Dividing Eq. (18) by $2|\mathbf{c}_g|^2$, we can immediately derive an approximate expression for the ray divergence term in Eq. (15), that is

$$215 \quad \frac{D_g \ln |\mathbf{c}_g|}{DT} = \frac{\frac{2k^2}{K^2} (\bar{u} - c) (3\bar{u} - c) \frac{2kl}{K^2} \frac{d\bar{u}}{dY}}{c^2 + \frac{4k^2}{K^2} (\bar{u} - c) \bar{u}}. \quad (19)$$

Substituting Eq. (19) into Eq. (15), we can derive

$$\xi = \frac{c^2 - \frac{2k^2}{K^2} (\bar{u} - c)^2}{c^2 + \frac{4k^2}{K^2} (\bar{u} - c) \bar{u}} \frac{2kl}{K^2} \frac{d\bar{u}}{dY} \equiv \lambda(c, \bar{u}) \frac{2kl}{K^2} \frac{d\bar{u}}{dY}. \quad (20)$$

Eq. (20) further reveals that the two competing mechanisms governing the temporal evolution of wave energy can be synthesized into a single proportionality relation to the energy absorption mechanism with an effective coefficient λ that is dependent on zonal phase speed and basic flow. When $\lambda > 0$, energy absorption from the basic flow (mediated by leading structures in positive wind shear regions or trailing structures in negative wind shear regions) outpaces divergence of energy, resulting in net energy amplification. Conversely, $\lambda < 0$ indicates that energy divergence dominates over absorption, driving wave energy decay. This unified framework explicitly links local flow conditions (zonal phase speed, shear magnitude) to the net energetic outcome, providing a critical diagnostic for instability potential in barotropic wave systems.

225 3.1 Toward a turning point

Let's consider a case where a ray with a fixed zonal wavenumber propagates from an initial location y_0 toward a northern turning point at y_t ($c_{g,y} > 0$ and hence $l > 0$) that is situated south of a westerly jet ($d\bar{u}/dY > 0$) with $\beta^* > 0$.

Besides, the meridional wavenumber monotonically decreases in $[y_0, y_t]$. When zonal phase speed is zero ($c = 0$ for stationary waves), it is easy to derive $\lambda(0, \bar{u}) = -\frac{1}{2} < 0$. Then Eq. (20) becomes

$$230 \quad \xi = -\frac{kl}{K^2} \frac{d\bar{u}}{dY} < 0, \quad (21)$$

since both meridional wavenumber and wind shear are positive when the ray propagates toward the northern turning point. It reveals that stationary wave energy decays monotonically to a minimum at the turning point due to vanishing meridional wavenumber ($l = 0$) at y_t . While the WKB approximation breaks down within a neighborhood to the turning point (e.g.,

$[y_t - \delta, y_t]$ where $\delta \ll 1$), it remains asymptotically valid at the boundary of the neighborhood (at $y = y_t - \delta$). This

235 dichotomy implies that stationary wave energy cannot physically attain the theoretical minimum value predicted at the turning point; however, this minimum serves as a critical indicator of energy thresholds prior to reflection.

When zonal phase speed

$$c < \left(1 - \frac{K_0}{K_0 + \sqrt{2}k}\right) \bar{u}(y_0) \equiv c_a, \quad (22)$$

where $K_0 = \sqrt{k^2 + l_0^2}$ is the initial total wavenumber and l_0 is the initial meridional wavenumber at y_0 , it is easy to derive

$$240 \quad c < c_a \leq \left(1 - \frac{K}{K + \sqrt{2}k}\right) \bar{u}(y), \quad (23)$$

holds when the ray propagates toward the northern turning point. It demonstrates that $\lambda < 0$ and hence $\xi < 0$ on the ray trajectory, meaning the wave energy will decay monotonically to a minimum at y_t .

Similarly, when

$$c > (2 - \sqrt{2}) \bar{u}(y_t) \equiv c_b, \quad (24)$$

245 it is easy to derive

$$c > c_b \geq \left(1 - \frac{K}{K + \sqrt{2}k}\right) \bar{u}(y), \quad (25)$$

holds when the ray is on the way to y_t . It declares that $\lambda > 0$ and hence $\xi > 0$, indicating a monotonically amplifying wave energy. Furthermore, the faster c is, the larger λ (and hence ξ) becomes, and the more powerful the wave energy can enhance.

250 When zonal phase speed lies within the range (c_a, c_b) , there will exist an intermediate point y_m within the range (y_0, y_t) , allowing wave energy to first intensify to a maximum at y_m before decaying to a minimum at the northern turning point y_t . Finally, to make sure the ray can arrive at the northern turning point, there exists an upper limit for zonal group velocity, which can be expressed as

$$c_{\max} = \bar{u}(y_t) - \frac{\beta^*(y_t)}{k^2} < \bar{u}(y_t), \quad (26)$$

255 according to the dispersion relation Eq. (4). Note that we have preset $\beta^* > 0$ in above analysis.

To analyze amplitude variation, we consider the case where zonal phase speed falls within the range (c_a, c_b) . From Eq. (10), the wave energy variation at y_m is

$$\left. \frac{D_g E}{DT} \right|_{y=y_m} = \frac{1}{4} \left. \frac{D_g K^2}{DT} \Psi_0^2 \right|_{y=y_m} + \frac{1}{4} \left. \frac{D_g \Psi_0^2}{DT} K^2 \right|_{y=y_m} = 0, \quad (27)$$

where the first term on the RHS represents meridional wavenumber reduction, generating negative contributions to energy growth. This necessitates positive contributions from the second term — the amplitude growth — to enable net zero amplification. Crucially, amplitude does not approach extremum at y_m . On the other hand, the first term vanishes at y_t so that the second must vanish simultaneously, meaning amplitude to attain its maximum at the turning point. This demonstrates a monotonic amplitude increase throughout the ray's northward trajectory.

To summarize, the evolutionary characteristics of wave energy and amplitude within a region (y_0, y_t) exhibit dependent behaviour on zonal phase speed. For slow zonal phase speed range $(0 < c < c_a)$, wave energy undergoes monotonic decay to a minimum at the turning point (y_t) while amplitude conversely amplifies steadily to its maximum at this turning point. For intermediate range $(c_a < c < c_b)$, energy demonstrates nonmonotonic evolution—first intensifying to a peak at a certain point (y_m) in the region $(y_0 < y_m < y_t)$ before decaying to a minimum at y_t , while amplitude monotonically amplifying to its maximum at y_t . For fast range $(c_b < c < c_{\max})$, concurrent monotonic amplification of both energy and amplitude achieves their respective maxima at y_t , where maximum intensification occurs as c approaches to its upper bound c_{\max} when accessible. Notably, a wave whose zonal phase speed lies in the fast range can develop significantly. This is strongly

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consistent with the bounds on zonal phase speed in the normal mode instability theory (e.g., Howard, 1961; Pedlosky, 1987). From a mathematical standpoint, rays initiating propagation from critical points — where the meridional wavenumber diverges ($l^2 \rightarrow \infty$)—exhibit unbounded amplification of both energy and amplitude. This divergence, however, violates the scale separation prerequisite of the WKB approximation. Physical realizability therefore imposes constraints on meridional wavenumber as well as zonal wavenumber to ensure large-scale wave dynamics.

3.2 Toward an inflection point

Let's consider a case where a ray, with an initial meridional wavenumber l_0 , is just moving from an initial point y_0 to an inflection point y_i where the critical total wavenumber is K_i and corresponding meridional wavenumber is $\pm l_i$ according to Eq. (8). When the ray arrives at y_i , meridional group velocity equals zero and zonal group velocity equals zonal phase speed due to $\beta^* = 0$ there. It means the ray will horizontally move along y_i with a constant speed c . According to Eq. (15), wave energy at y_i can be expressed as

$$E \sim \exp(\sigma_i T), \quad (28)$$

where $\sigma_i = \frac{2kl_i}{K_i^2} \frac{d\bar{u}}{dY} \Big|_{y=y_i}$ is a constant growth rate, the sign of which depends on the critical meridional wavenumber and meridional shear of the basic flow. Notably, a positive (negative) growth rate demonstrates exponential increase (decrease) of wave energy, and hence amplitude. The unlimited amplification of both wave energy and amplitude undoubtedly means modal instability, consistent with the critical layer problem in the classic instability theory (e.g., Pedlosky, 1987).

4 Quantitative analysis for a westerly jet prototype

To deepen our quantitative analysis of wave evolution, we utilize a prototypical westerly jet configuration previously examined by Kuo (1973), which writes as

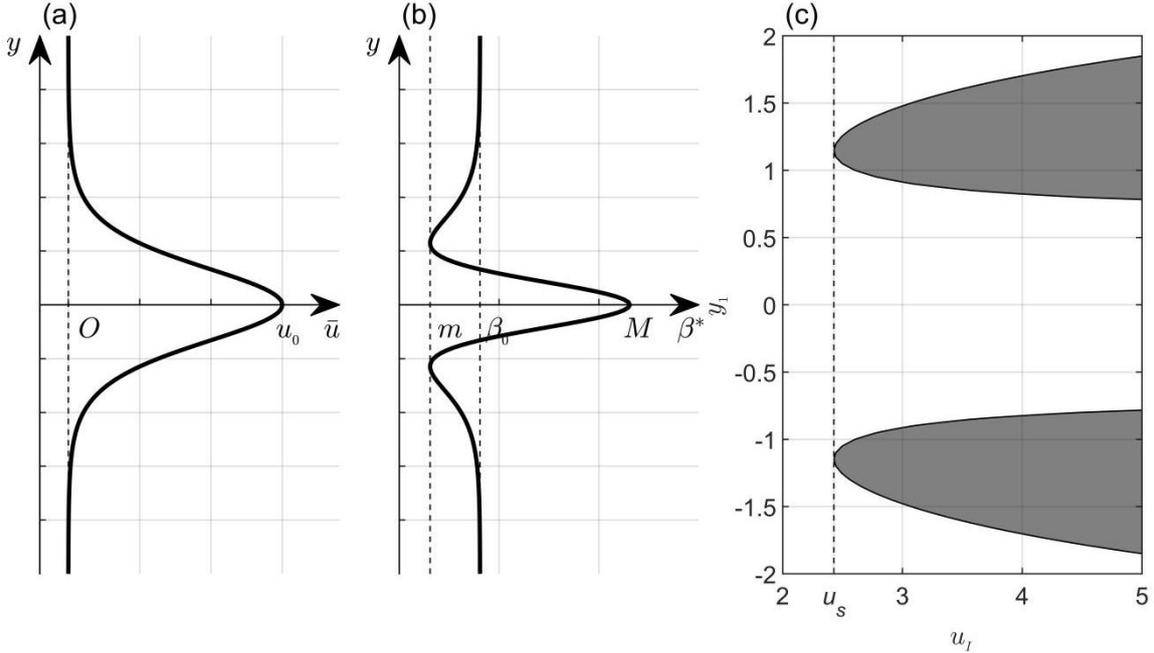
$$\bar{u} = u_0 \operatorname{sech}^2 \left(\frac{y}{d_0} \right), \quad (29)$$

where u_0 is the magnitude and d_0 is a measure for width of the westerly jet (Fig. 1a). Correspondingly, the meridional gradient of absolute vorticity β^* becomes

$$\beta^* = \beta_0 - u_0 \operatorname{sech}^2\left(\frac{y}{d_0}\right) \frac{1}{d_0^2} \left[4 - 6 \operatorname{sech}^2\left(\frac{y}{d_0}\right) \right]. \quad (30)$$

295 It is easy to identify that β^* has a maximum $M = \beta_0 + \frac{2u_0}{d_0^2}$ at $y = 0$ and tends to equal to β_0 when $y \rightarrow \pm\infty$ (Fig.

1b). Besides, β^* also has two equal minima $m = \beta_0 - \frac{2}{3} \frac{u_0}{d_0^2}$ at $y = d_0 \ln \sqrt{5 \pm 2\sqrt{6}}$.



300 **Figure 1: (a) Schematic spatial distribution of the westerly jet \bar{u} defined by Eq. (29), where u_0 denotes the jet magnitude. (b) Schematic profile of the meridional gradient of absolute vorticity β^* as derived from Eq. (30), where m, M represent the minimum and maximum values of β^* , respectively, and β_0 denotes the Rossby parameter. (c) Shaded distribution of negative β_1^* plotted against non - dimensional meridional location y_1 and westerly jet magnitude u_l . Negative β_1^* occurs when $u_l > \frac{3}{2} \beta_1 \equiv u_s$.**

By setting $L = 10^6$ m is the characteristic horizontal length; $U = 10 \text{ m s}^{-1}$ is the characteristic value of the basic flow, and by setting

$$305 \quad y_l = \frac{y}{L}, \bar{u}_l = \frac{\bar{u}}{U}, \omega_l = \frac{L}{U} \omega, \beta_l = \frac{\beta_0 L^2}{U}, k_l = kL, l_l = lL, \quad (31)$$

where subscript “1” denote non-dimensional variables, the dispersion relation Eq. (4) is non-dimensionalized to

$$\omega_1 = \bar{u}_1 k_1 - \frac{\beta_1^* k_1}{K_1^2}, \quad (32)$$

where $\beta_1^* = \beta_1 - \frac{d^2 \bar{u}_1}{dy_1^2}$ is the non-dimensional gradient of absolute vorticity. The location where $\beta_1^* = 0$ (inflection points) is crucial for instability problem. According to Eq. (30), $\beta_1^* < 0$ begins to emerge when non-dimensional

310 magnitude of the westerly jet $u_t \equiv u_0/U > \frac{3}{2} \beta_1 \equiv u_s \approx 2.428$ (Fig. 1c), satisfying the Rayleigh–Kuo condition for normal mode instability. In other words, there would be no normal mode instability when $u_t < u_s$. However, nonmodal instability caused by transient growth may still be possible. The wavelength of Rossby waves can vary from synoptic scale of 103km order to planetary scale of 10^4 km order. Correspondingly, the non-dimensional wavenumbers k_1 and l_1 can vary from 2π to around 0.2π . Note that we have set matched sizes for zonal and meridional wavenumbers to make sure 315 analysis to be physically meaningful. The period for Rossby waves can vary from orders of 10^1 days to 10^2 days or longer (infinity for stationary waves). The corresponding non-dimensional frequency ω_1 varies from around 0.7272 to zero (for stationary waves).

4.1 Critical locations

When $\beta_1^* > 0$, the dispersion relation reduces to

$$320 \quad c_1 = \bar{u}_1(y_t) - \frac{\beta_1^*(y_t)}{k_1^2} \equiv c_t < \bar{u}_1, \quad (33)$$

at turning point y_t . As analyzed in the previous section, c_t is the maximum zonal phase speed for a ray that can approach a

turning point. Substituting expressions of \bar{u}_1 and β_1^* , it is easy to that if $k_1^2 < 8$ (or $k_1 < \sqrt{8} \equiv k_c \approx 2.83$).

Corresponding wavelength is around 2200km), c_t has three extrema, two of which, labeled as c_M , are the same maxima and the left of which, labeled as c_m , is the local minimum, that is

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$$\left\{ \begin{array}{l} c_M = \frac{3}{16} \frac{A}{B} \frac{u_I}{k_1^2} - \frac{\beta_1}{k_1^2}, y_1 = \ln \sqrt{\frac{20 - k_1^2 \pm 4\sqrt{3}(8 - k_1^2)}{k_1^2 + 4}} \equiv y_M, \\ c_m = u_I - \frac{\beta_1 + 2u_I}{k_1^2}, y_1 = 0 \end{array} \right., \quad (34)$$

where $A = C^2 (k_1^2 + 4)^2$, $B = (\sqrt{3}\sqrt{8 - k_1^2} - 6)^4$, $C = 20 - k_1^2 - 4\sqrt{3}\sqrt{8 - k_1^2}$ for simplicity. If $k_1^2 > 8$, only c_m survives and it becomes a maximum. Besides, to make sure a ray can arrive at a turning point, c_M should be larger than zero if there are three extrema and c_m should be larger than zero if there are only one extremum. For the former case, $c_M > 0$ means $\frac{3}{16} \frac{A}{B} u_I > \beta_1$. For the latter case, $c_m > 0$ requires $u_I (k_1^2 - 2) > \beta_1$. At critical point y_c , the dispersion relation

330 reduces to

$$c_1 = \bar{u}_1(y_c) \equiv c_p \leq u_I. \quad (35)$$

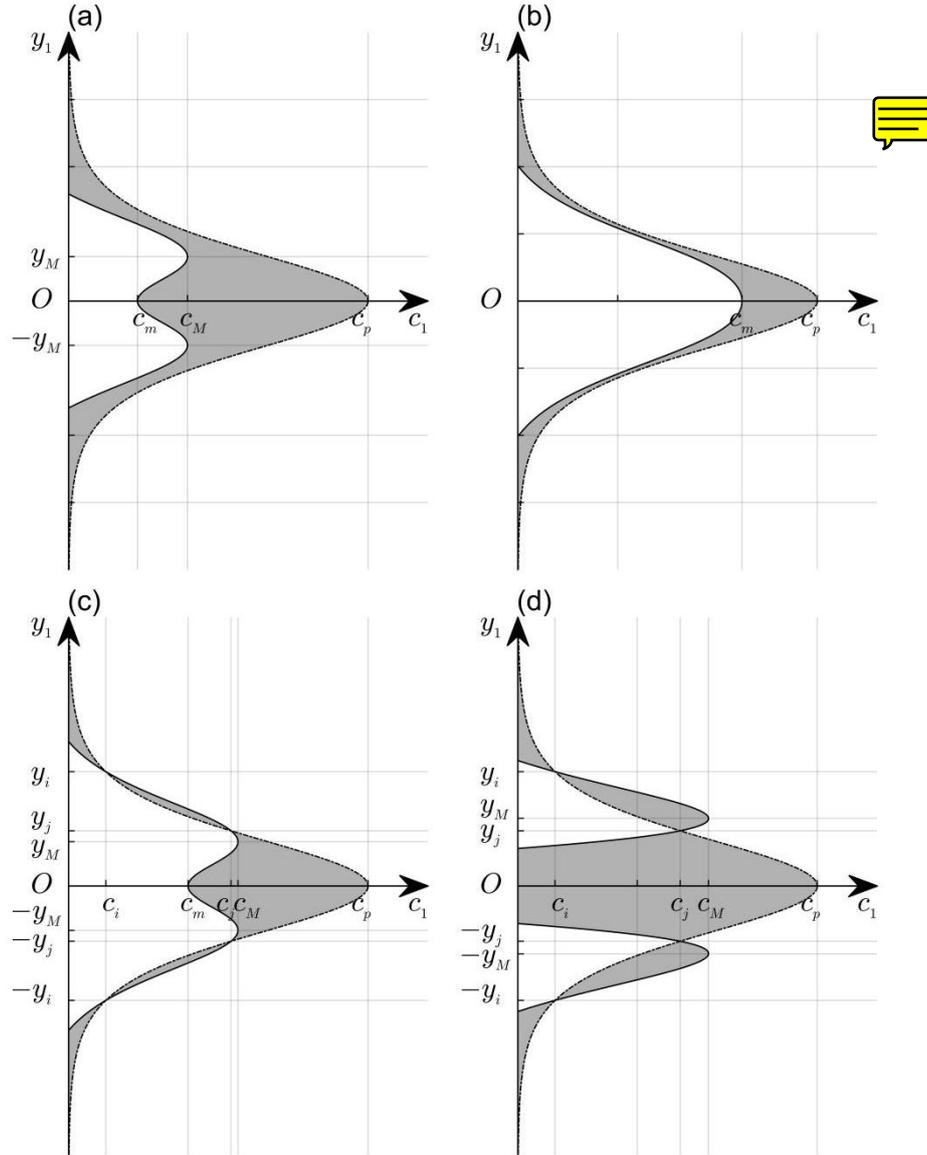
Zonal phase speed at critical point equals basic flow there. It is clear that c_p has a maximum, which equals the magnitude of the westerly jet (u_I).

The propagation of a ray within distinct evolutionary regimes—ED, BD, and WG—is determined by its zonal phase speed.

335 Specifically, when $\beta_1^* > 0$, if $k < k_c$ (Fig. 2a), rays with zonal phase speed in the range $(0, c_M)$ propagate within the ED region; those in (c_M, c_p) occupy the BD region; and those in (c_m, c_M) enter in the WG region, where their meridional propagation is confined to specific meridional bounds. By contrast, if $k > k_c$ (Fig. 2b), rays with zonal phase speed in $(0, c_m)$ propagate within the ED region, while those in fall into the BD region. When $\beta_1^* < 0$, intersection points between turning and critical points emerge at $\beta_1^* = 0$. Owing to the symmetry properties of the westerly jet, we restrict our

340 analysis to regions ($y_1 \leq 0$) with positive meridional shear. Let the two intersection points be located at $-y_i$ and $-y_j$ ($-y_i < -y_j < 0$), with corresponding zonal phase speeds labeled c_i and c_j ($c_i < c_j$), as illustrated in Fig. 2c and 2d. When $-y_j < -y_M$, the propagation scenario (Fig. 2c) mirrors the $\beta_1^* > 0$ case in Fig. 2a, that is, rays with zonal phase

speed in $(0, c_M)$ propagates within the ED region. Conversely, when $-y_j > -y_M$, the zonal phase speed range defining the ED regions shrinks to $(0, c_j)$ while the remaining (c_j, c_M) range transfers to a WG region (Fig. 2d).



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Figure 2: Schematic illustration of shaded propagation regions bounded by turning points (solid curve) and critical points (dash-dotted curves) under varying β_1^* and zonal wavenumber conditions: (a) $\beta_1^* > 0$ and $k_1 < \sqrt{8}$; (b) $\beta_1^* > 0$ and $k_1 > \sqrt{8}$; (c) $\beta_1^* < 0$, $k_1 < \sqrt{8}$, and $-y_j < -y_M < 0$; (d) $\beta_1^* < 0$, $k_1 < \sqrt{8}$, and $-y_M < -y_j < 0$. Intersection points of inflection and critical points occur at y_i and y_j ($y_i > y_j > 0$). Labels y_M and c_M denote the meridional location of turning point

350 curve maximum and its corresponding zonal phase speed under condition $k_1 < \sqrt{8}$. c_m represents maximum zonal phase speed associated with turning point curve under condition $k_1 > \sqrt{8}$. c_i and c_j correspond to zonal phase speeds at intersection points y_i and y_j , respectively. c_p denotes the zonal phase speed at the critical point curve maximum.

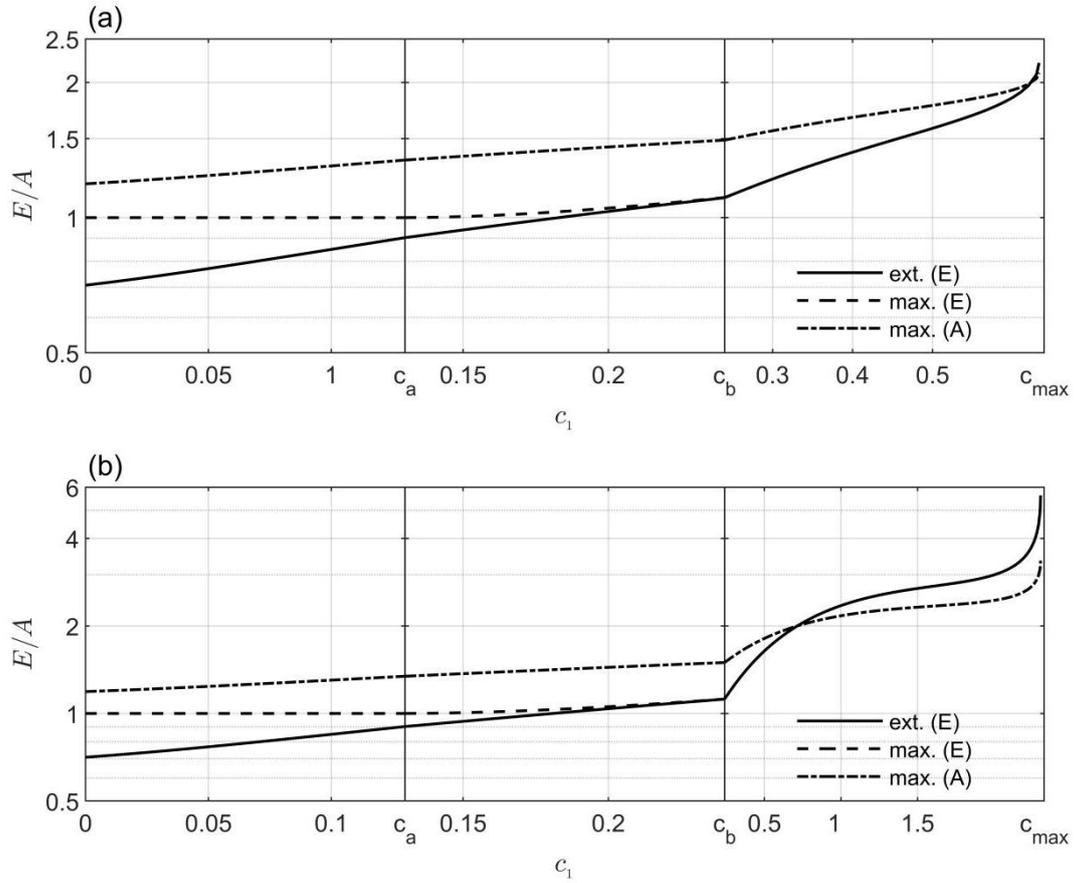
4.2 Wave evolution in the ED region

Building on the preceding analysis, the zonal phase speed range defining the ED region is determined by critical thresholds
 355 c_m , c_M , or c_j , which we collectively denote as c_{\max} for simplicity (where c_{\max} corresponds to c_m , c_M , or c_j depending on the basic flow configuration). Consistent with prior theoretical analysis, this interval $(0, c_{\max})$ can be partitioned into three contiguous subranges— $(0, c_a)$, (c_a, c_b) , and (c_b, c_{\max}) —as illustrated in Fig. 3. Within these subranges, wave energy evolution follows distinct patterns: in $(0, c_a)$, energy decays monotonically to a minimum at the turning point; in (c_a, c_b) , it first amplifies to a maximum before decaying to a local minimum at the turning point; and in
 360 (c_b, c_{\max}) , it amplifies monotonically, peaking at the turning point. Amplitude, by contrast, demonstrates uniform monotonic growth across the entire $(0, c_{\max})$ range, reaching its maximum precisely at the turning point. The amplification of wave energy toward the turning points aligns with transient growth mechanisms in barotropic Rossby waves within uniformly sheared basic flows (e.g., Tung, 1983; Yamagata, 1976). The present study extends these findings to more generalized basic flows, where analytical solutions for initial–value problems remain intractable, thereby enhancing the
 365 applicability of transient growth theory to non–uniform shear environments.

Figure 3 further reveals that both wave energy and amplitude at the turning point are monotonically increasing functions of zonal phase speed, which is consistent with prior theoretical prediction. For a wave with fixed zonal wavenumber, this implies that maximum transient growth of both energy and amplitude occurs when the zonal phase speed reaches c_{\max} , the upper bound of the ED region. In other words, c_{\max} corresponds to the zonal phase speed at which waves
 370 with fixed wavenumbers exhibit the most significant development (Fig. 3a) or even transition to potential instability (Fig. 3b). To focus our analysis, we examine the evolution of wave energy and amplitude specifically at the upper bound c_{\max} , which is readily identifiable (Fig. 4) owing to the analytical westerly jet model. As illustrated in Fig. 4, the $c_{\max}(k_1, u_1) = 0$ curve exhibits monotonic decay with increasing zonal wavenumber. Below this curve, the dashed contour indicates that rays do not encounter any turning point along their trajectories. Above the curve, the farther a point lies from the curve, the more rapidly the energy amplification rate becomes. Additionally, a second critical curve ($c_M = c_j$) emerges (red solid curve in Fig. 4), above which the amplification rate become independent of zonal wavenumber and instead

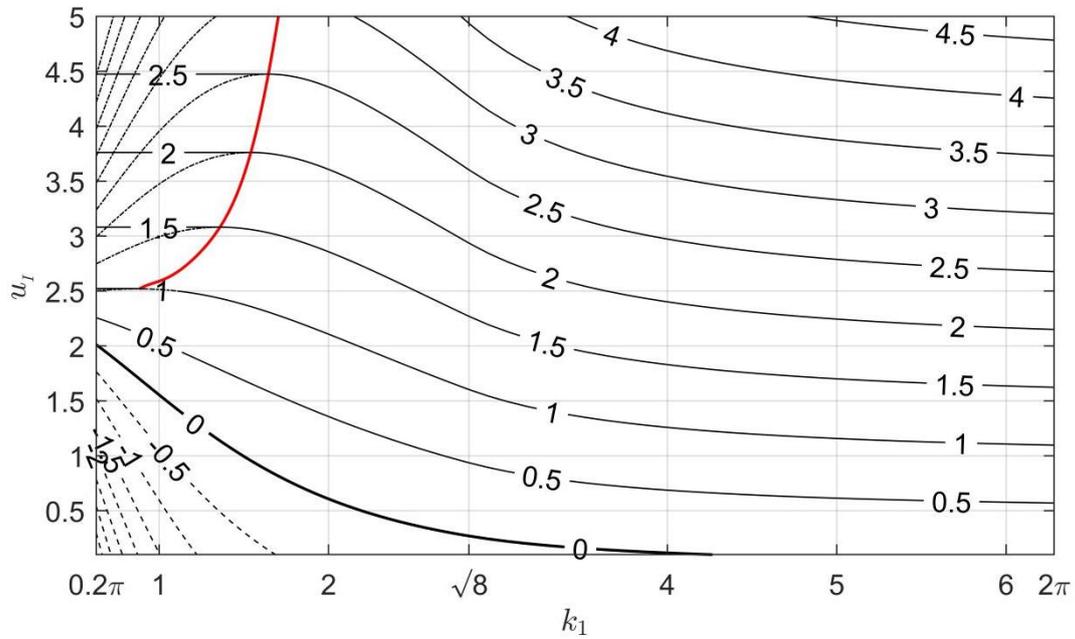
increases monotonically with the intensity of the westerly jet. This configuration corresponds to scenarios where c_{\max} assumes the value of c_j rather than c_m or c_M as depicted in Fig. 2d.

380 Figure 5 further illustrated the maxima of wave energy (Fig. 5a) and amplitude at turning points for ray with zonal phase speed c_{\max} . Given the amplitude's evolutionary pattern closely mirrors wave energy but with reduced magnitude, we focus our analysis on amplitude dynamics. For weak jet intensities—particularly when $u_I < 2.428$ (precluding normal mode instability)—transient growth upon reaching the turning point remains moderate. Consequently, Rossby waves exhibit moderate growth without transitioning to instability. By contrast, for jet intensities exceeding a critical threshold (e.g., $u_I > 3.0$), an optimal zonal wavenumber (or corresponding wavelength) emerges, coinciding with the strongest transient
385 amplitude growth. For instance, when $u_I = 4.0$, a ray with $k_1 = 1$ (wavelength is around 6000km) amplifies to around 7.4 times its initial amplitude upon reaching the turning point (wave energy has a larger amplification). Although amplitude decays post-reflection from the turning point, the transient amplification is sufficient large to potentially trigger nonmodal instability. As jet intensity increases, the optimal zonal wavenumber shifts upward. When $u_I = 5.0$, this optimal wavenumber corresponds to $k_1 \approx 1.1$ (wavelength is around 5500km). Notably, the optimal zonal wavenumber lies above
390 the $c_j = c_M$ defined boundary from Fig. 4 (reproduced in Fig. 5 for comparison). This indicates that the optimal zonal wavenumber resides within the ray propagation regime characterized in Fig. 2d.



395 **Figure 3: Variation of wave energy at turning points (solid curve), maximum wave energy (dashed curve), and maximum amplitude (dash-dotted curve) with zonal phase speed c_1 . (a) For a case where $u_I = 1.5$; (b) for a case where $u_I = 4.0$. The wavelength is fixed as 3000km (corresponding to a zonal wavenumber $k \approx 2.1$). Symbols $c_a \approx 0.13$, $c_b \approx 0.24$ denote divisions of zonal phase range $(0, c_{\max})$ where $c_{\max} \approx 0.63$ specific to (a) and $c_{\max} \approx 2.3$ specific to (b). In $(0, c_a)$, energy decays monotonically to minima at turning points; in (c_a, c_b) it first amplifies to maxima before decaying to local minima at turning points; and in (c_b, c_{\max}) , it amplifies monotonically, peaking at turning points. By contrast, amplitude demonstrates uniform monotonic growth across in $(0, c_{\max})$, reaching its maxima at turning points. Initial values of both wave energy and**

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405 **Figure 4:** Contour plot of c_{\max} (solid contour lines) as a function of zonal wavenumber k_1 and westerly jet magnitude u_j . The dashed contour denotes regions where the ED propagation regime does not exist due to $c_{\max} < 0$. The red curve marks the critical threshold $c_M = c_j$. Above this curve, the dash-dotted contours represent c_M is superseded by c_j as the effective upper bound of the ED region due to the propagation dynamics depicted in Fig. 2d.

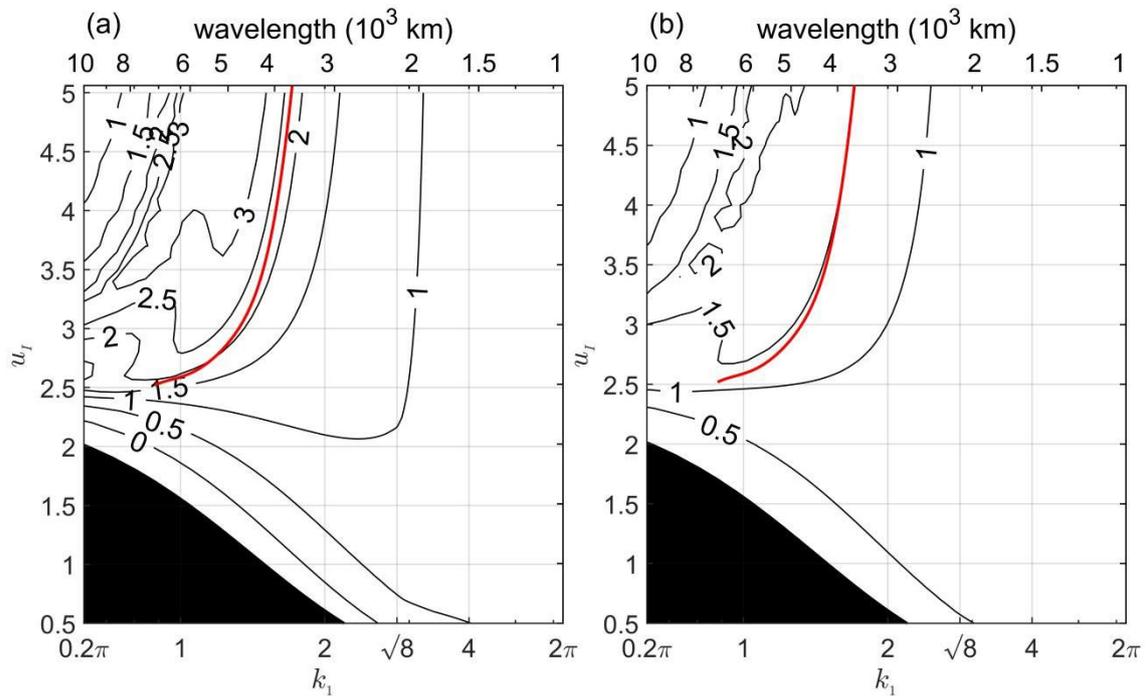


Figure 5: Logarithm of wave energy (a) and amplitude (b) at turning points for rays with zonal phase speed c_{\max} (as defined in Fig. 4). The regions where the ED regime is absent is masked. Initial wave energy and amplitude are normalized to unity.

4.3 The critical layer problem

410 When a ray traverses a critical layer—a phenomenon extensively studied in geophysical fluid dynamics (e.g., Pedlosky, 1987)—we also focus on the region south of the jet center where meridional shear is positive. Consider a ray (solid curve in Fig. 6a) with zonal phase speed c_{\max} (equivalent to c_j) propagating southward ($c_{g,y} < 0$ hence initial meridional wavenumber $l_0 < 0$) from an initial location $-y_0$ toward the inflection point $-y_i$ (also the critical point). Along this trajectory, the negative meridional wavenumber (solid curve in Fig. 6b) increases monotonically to the negative critical value
 415 $-l_i$, then stabilizes as dictated by Eq. (8). This negative wavenumber corresponds to a negative growth rate, driving decay of both wave energy and amplitude (solid curve in Fig. 6c). Similarly, a northward-propagating ray (dashed curve in Fig. 6a) originating from $-y_0$ must also exhibit a negative meridional wavenumber (dashed curve in Fig. 6b) to satisfy the positive meridional group velocity constraint. Upon reaching the inflection point $-y_i$, this negative critical meridional wavenumber $-l_i$ similarly induces a negative growth rate, resulting in declining energy and amplitude (dashed curve in Fig. 6c). In
 420 contrast, rays propagating southward from an initial location $-y_0$ ($-y_0 < -y_i$) encounter a southern turning point, where they undergo significant transient amplification. This pre-turning-point growth—sufficient to trigger nonmodal instability—renders reflection dynamics at the turning point less critical to the overall instability process.

Consider a ray originating exactly at the inflection point ($-y_0 = -y_j$). Owing to $c_{g,y} = 0$, the ray propagates zonally at phase speed c_{\max} (Fig. 7a). Although the initial meridional wavenumber l_0 at the inflection point is unconstrained, its
 425 evolution remains governed by the second equation in Eq. (7), that is, $\frac{D_g l}{DT} \equiv -\frac{\partial \Omega}{\partial Y}$. Within the prototype westerly jet,

$|l_0| < l_i$ drives $\frac{D_g l}{DT} > 0$, while $|l_0| > l_i$ induces $\frac{D_g l}{DT} < 0$. Consequently, as Fig. 7b illustrated, if $|l_0| < l_i$ (dashed curve) or $l_0 > l_i$ (solid curve), the meridional wavenumber approaches l_i ; if $l_0 < -l_i$ (dash-dotted curve), it monotonically decrease toward negative infinity. Correspondingly, wave energy exhibits exponential growth when meridional wavenumber approaches l_i (solid and dashed curves in Fig. 7c) but decays exponentially when the meridional wavenumber tends toward
 430 negative infinity (dash-dotted curve in Fig. 7c).

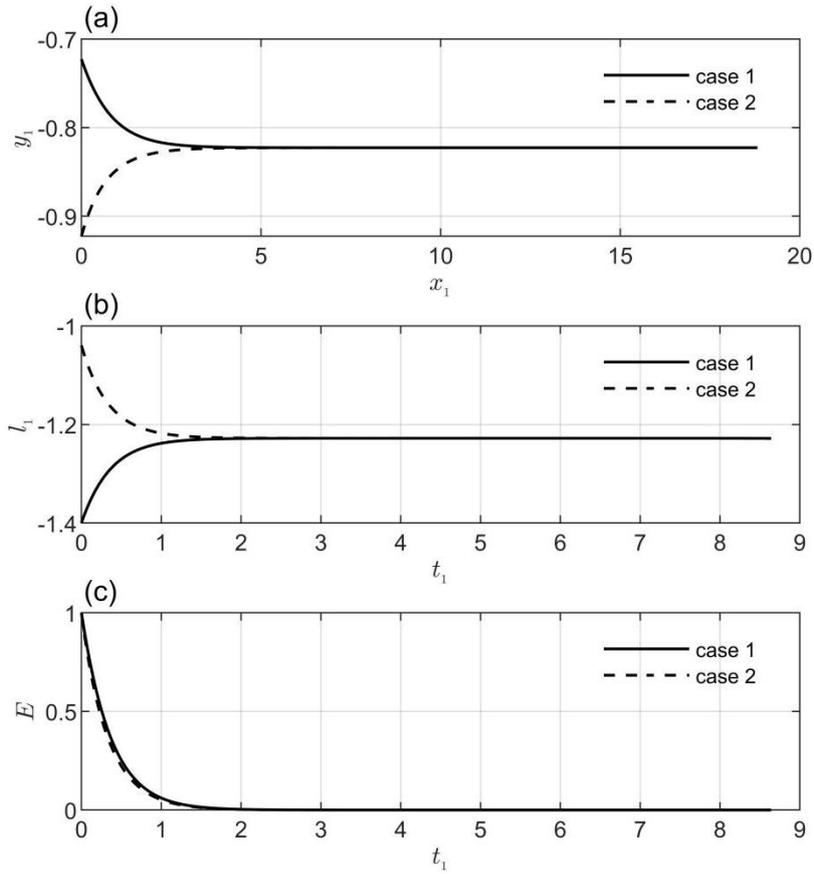
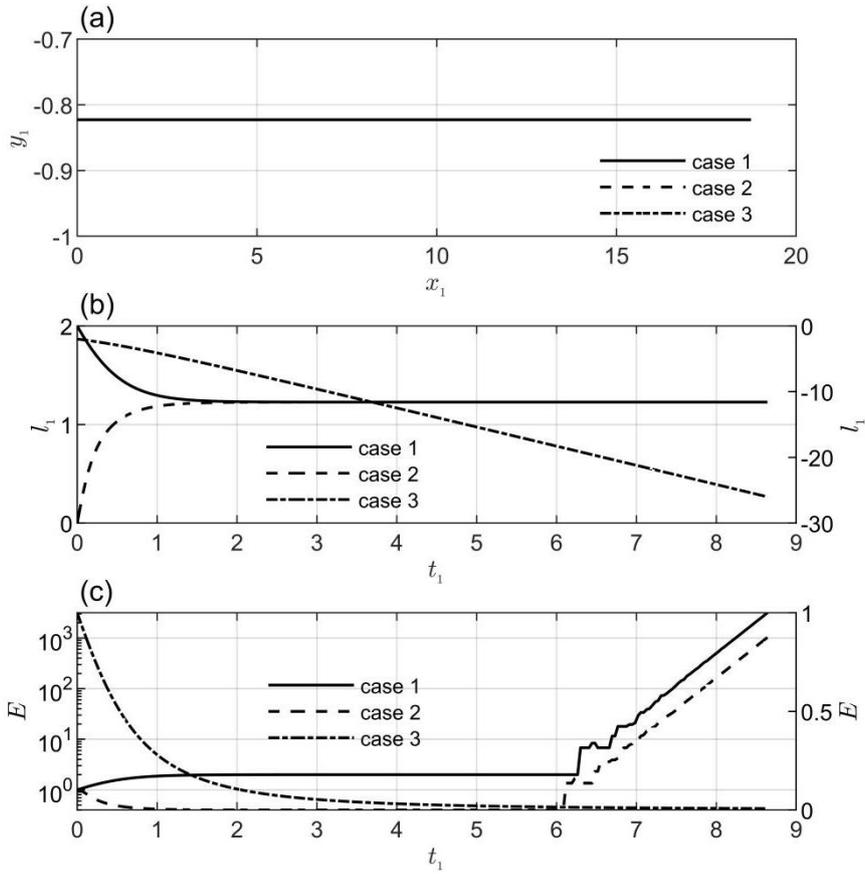


Figure 6: (a) Ray trajectories; (b) evolution of meridional wavenumber along rays; (c) wave energy evolution along rays. The solid (dashed) curve corresponds to a ray propagating southward (northward) the inflection point $y_j = -0.8227$ from an initial location $y_0 = y_i \pm 0.1$. Zonal wavenumber $k_1 = 1$; zonal phase speed $c_{\max} = 2.1692$; and westerly jet magnitude $u_j = 4$.



435

Figure 7: (a) Ray trajectories; (b) evolutionary of meridional wavenumber along ray trajectories; (c) wave energy evolution along ray trajectories. Initial meridional wavenumbers are assigned values of 2, 0, and -2 , denoted by solid, dashed, and dash-dotted curves (labeled as Case 1, Case 2, and Case 3, respectively). Right-hand y-axes in panels (b) and (c) correspond to Case 3 for scale clarity. Zonal wavenumber $k_1 = 1$; zonal phase speed $c_{\max} = 2.1692$; initial meridional location $y_0 = -y_j = 0.8227$; and westerly jet magnitude $u_j = 4$, respectively.

440

4 Conclusions and discussion

This study re-examines classical barotropic instability through the lens of Rossby wave ray-tracing theory. Analytical solutions reveal that wave energy evolution along ray trajectories exhibits two key dependencies: directly proportional to intrinsic frequency and inversely proportional to group velocity magnitude. Notably, wave energy attains extrema at turning points where group velocity magnitude reaches extremal values. A critical constraint emerges for rays to encounter a turning point during propagation, that is, zonal phase speed must remain below an upper limit determined by dispersion relation at the turning point.

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Three distinct energy evolution patterns are theoretically identified: (1) energy minima at turning points, (2) pre–turning–point maxima followed by decline to local minima, and (3) energy maxima at turning points under continuously accelerating zonal phase speed. On the contrast, wave amplitude maximizes at turning points. These findings suggest that there exists a zonal phase speed range where simultaneous energy and amplitude growth means significant development of Rossby waves. Particularly, waves propagate with zonal phase speed equal to the upper limit is the most favorably developing. This provides dynamical support for Howard’s (1961) semicircle theorem governing unstable waves.

The inherent symmetry of ray trajectories about a turning point creates complementary energy–amplitude evolution: growth towards a turning point will be counterbalanced by subsequent decay. This mechanism explains the transient growth phenomenon first identified by Orr (1907) and later recognized as crucial for initiating nonmodal instability (Boyd, 1983; Farrell, 1984; e.g., Trefethen et al., 1993). At inflection points where meridional gradient of absolute vorticity vanishes, rays exhibit horizontal propagation with zonal phase speed that equals to zonal group velocity. Here, wave energy growth rate is determined by the product between critical meridional wavenumber and wind shear, with positive growth rate directly triggering exponential amplification characteristic of modal instability.

Quantitative calculation of a prototype westerly jet reveal critical insights into transient Rossby wave dynamics. When the Rayleigh–Kuo instability criterion remains unsatisfied, transient growth for Rossby waves with synoptic wavelengths proves to be moderate—a finding that aligns with their typical developmental (rather than destabilizing) behavior in such configuration. When the Rayleigh–Kuo criterion becomes satisfied, transient growth intensifies substantially to induce potential nonmodal instability when ray trajectories approach turning points, particularly when inflection points are accessible for rays. At inflection points, where absolute vorticity gradients vanish, the emergence of constant positive growth rate will drive exponential energy accumulation, a hallmark of modal instability. Crucially, our analysis demonstrates that inflection points, if accessible for rays, serve as a primary standard for instability manifestation. This mechanism operates through sustained exponential growth characteristic of modal instability when rays approach inflection points with positive growth rate on the one hand, and via enhanced transient growth to trigger possible nonmodal instability when rays propagating toward turning points on the other hand.

The analytical framework developed in this study offers significant operational value for diagnosing transient growth dynamics (e.g., in cyclogenesis) and instability mechanisms in real–world atmospheric flows. By specifying known basic flow, practitioners can systematically identify turning points governing wave reflection, critical points regulating phase speed matching, and inflection points controlling modal instability onset. This diagnostic capability enables two practical applications: (1) optimization of disturbance parameters through precise determination of wavelength/wavenumber combinations that maximize transient amplification potential, and (2) quantitative tracking of energy–amplitude co–evolution via closed–form analytical expressions. Notably, the methodology permits natural extension to baroclinic systems. Such extensions could bridge current barotropic insights with more realistic atmospheric scenarios where vertical shear and stratification dominate Rossby wave evolution. This theoretical foundation ultimately provides a pathway for developing unified understanding of instability, either modal or nonmodal, in both barotropic and baroclinic flows.

Data availability

No datasets were generated or analyzed during the current study.

Competing interests

485 The authors declare that they have no conflict of interest.

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