How unstable was the environment during the Penultimate Glacial in the South-Western Mediterranean? Vegetation, climate and human dynamics during MIS 6.

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Abstract

The impact of rapid climate variability on Neanderthal population in Europe during the Last Glacial (Marine Isotope Stages 4-2), including Dansgaard-Oeschger cycles and Heinrich stadials, has been the subject of a long-standing debate. However, few studies have focused on the nature and impact of such rapid variations on human population during earlier periods. A growing number of high-resolution paleoclimatic archives supports the persistence of rapid oscillations during the penultimate glaciation (Marine Isotope Stage - MIS 6), and the close response of Mediterranean ecosystems to these. Still, few palynological sequences in the Mediterranean region offer sufficient resolution to document vegetation dynamics during this time. Pollen records are especially lacking in the western Mediterranean, a key region to understand the connection between North Atlantic and Mediterranean climatic influences. This region is also traditionally considered a climatic refugium for human population during unfavourable periods. We provide new palynological data covering MIS 6 from the long and continuous marine record of the ODP site 976 in the Alboran Sea. A total of 200 samples, spanning the interval from 196 to 127 ka Before Present (BP), reveals both long-term trends and rapid fluctuations in the regional vegetation composition. A multi-method approach, including modern analogues, regression, and machine learning approaches, was applied to the ODP 976 pollen assemblages to reconstruct the annual/seasonal temperatures and precipitation. Results show that three phases can be identified. The first phase (187-166 ka BP) is characterized by significant oscillations of temperate trees and rather cool and humid conditions during early MIS 6, coincident with a sapropel layer deposition in both the western and eastern Mediterranean. In the second phase (165-144 ka BP), arid herbaceous vegetation is dominant, marking the main imprint of glacial maxima

conditions and reduced climate variability. The third phase (144-129 ka BP) is marked by the development of Ericaceae and increased annual precipitation. At the end of MIS 6 glaciation, an episode of strong cooling and steppe and semi-desert expansion is identified as Heinrich Stadial 11 (135-129 ka BP), marking a distinct pattern for Termination II in the Western Mediterranean. Rapid oscillations appear like a pervasive feature of the Penultimate glacial in the SW Mediterranean, though they present reduced amplitude and frequency compared to the Last Glacial. A synthesis of human occupation during MIS 6 shows that a mosaic of traditional (Mode 2) and innovative (Mode 3) lithic technological features is observed in the archaeological record. Although the data are scarce, Neanderthals seem to have continuously inhabited Western Mediterranean regions across the penultimate glacial. The severe climate conditions during Heinrich Stadial 11 (~133-129 ka BP) might have played a role in the apparent population contraction at the end of MIS 6, and perhaps also in the definitive abandonment of Lower Palaeolithic industries.

1. Introduction

Rapid climate oscillations occurred during the last Glacial period (MIS 4-2). Dansgaard-Oeschger (DO) cycles have been well identified in ice-core records (Bond et al., 1999; Dansgaard et al., 1993; Johnsen et al., 1992; Rasmussen et al., 2014) and recognized in Atlantic sedimentary cores (e.g. Bond et al., 1993, 1997; Roucoux et al., 2005; Sánchez Goñi et al., 2002; Shackleton et al., 2000, Zumaque et al., 2025). Short periods of intense cold named Heinrich Stadials (HS) and linked with intense iceberg discharges were also evidenced in Atlantic sediments (Bond et al., 1992; Heinrich, 1988; Hemming, 2004; Rasmussen et al., 2003; Ruddiman, 1977; Shackleton et al., 2004). Major cooling events also occurred during MIS 5 and the penultimate deglaciation (e.g. Chapman & Shackleton, 1999; Oppo et al., 2001). These high-frequency oscillations reflect major changes at global scale in the oceanic circulation and the Atlantic Meridional Overturning Circulation (AMOC), that are important features particularly during glacial terminations (Barker and Knorr, 2021). The Mediterranean region has been very sensitive to the rapid climate oscillations of MIS 5 to MIS 1, with changes recorded in both marine and continental environments (Cacho et al., 1999, 2006; Combourieu-Nebout et al., 2002, 2009; Fletcher et al., 2010; Martrat et al., 2007; Penaud et al., 2016; Sánchez Goñi et al., 2002, 2022).

The penultimate glacial (MIS 6) took place between ~185 and 130 ka BP and presented a different ice-sheet and global climate configuration compared to the last glacial (MIS 4-2). It is considered among the coldest glacial periods of the past 800 ka BP (Masson-Delmotte et al., 2010), characterized by larger European Ice-Sheet and smaller Laurentide ice-sheet extension (Colleoni et al., 2016; Ehlers et al., 2018; Ehlers & Gibbard, 2007; Rohling et al., 2017). In Europe, it corresponds to the Riss glaciation in the Alpine area, and to the late Saalian glaciation complex in northern and central

Europe, with two major ice-sheet advances identified in Germany: the Drenthe advance (~170-155 ka BP) characterized by the maximum ice extent in Europe, and the less extensive Warthe advance during the younger stage of MIS 6 (Ehlers et al., 2011). The exact chronology of the Penultimate Glacial Maximum (i.e. the maximum extension of the northern hemisphere ice-sheet) is still not well constrained (Svendsen et al., 2004), but is usually considered around 140 ka BP (Colleoni et al., 2016). Five marine isotopic substages were identified from MIS 6e to 6a, reflecting variations of global sea temperatures : three cold substages (6e : ~180 ka BP, 6c : ~160 ka BP, 6a : ~136 ka BP) with increasing cold intensity, and two warm substages (6d : ~170 ka BP and 6b : ~149 ka BP) (Railsback et al., 2015). Different speleothem records revealed that MIS 6 glaciation in Europe, including the Mediterranean region, was characterized by wetter conditions in comparison with the last glacial (Ayalon et al., 2002; Koltai et al., 2017; Nehme et al., 2018; Regattieri et al., 2014). Furthermore, various studies highlighted the apparent higher stability of the Laurentide ice-sheets during the penultimate glacial, leading to the absence of typical "Heinrich layers" in the North Atlantic sediments, with the exception of the large event recorded at the MIS 6 to MIS 5 transition, HS11 (~135-129 ka BP) (de Abreu et al., 2003; McCarron et al., 2021; McManus et al., 1999; Obrochta et al., 2014; Ovsepyan and Murdmaa, 2017; Shackleton et al., 2003).

Human Palaeolithic groups in Europe were likely affected by rapid climate changes (Bradtmöller et al., 2012; Dennell et al., 2011; Raia et al., 2020; Willis et al., 2004). The South-Western Mediterranean probably played a major role as one of the climate refugia areas around the Mediterranean Basin during the most unfavourable climatic periods, permitting the persistence of "source" population able to recolonize the northernmost areas during more favourable periods (Bailey et al., 2008; Bicho & Carvalho, 2022). Neanderthal presence in very distinct ecotones in Eurasia proves they could adapt to a very wide range of environments. However, recent niche modelling approaches together with palaeoecological data from archaeological sites strengthened the view that warm forested landscapes like the MIS 5e environments represented the most suitable habitats for Neanderthals, where they could persist during colder periods (Carrión et al., 2026; Ochando et al., 2019; Stewart et al., 2019; Trájer, 2023). This conception leads to the overlap of the notions of refugium for vegetation and human populations, despite the greatest adaptability and niche extension of humans. Many studies focused on the potential impact of abrupt environmental changes on Neanderthal populations, especially those associated with Heinrich Stadials during MIS 3 (e.g. Charton et al., 2025; D'Errico & Sánchez Goñi, 2003; Finlayson & Carrión, 2007; Melchionna et al., 2018). During the previous climatic cycles of the Middle Pleistocene, when Early to Middle Palaeolithic cultures developed, repeated climate instability has been brought forward as an explanation for the large variability in the lithic production (Dennell et al., 2011; Foerster et al., 2022; Sánchez-Yustos and Diez-

Martín, 2015), and the non-linearity of Neanderthal biological evolution (Bermúdez de Castro & Martinón-Torres, 2013; Hublin, 2009). Still, the short and long-term resilience of human populations in a globally unstable environment is poorly understood, and partially hindered by our limited knowledge of fast millennial-scale climate oscillations in older glaciations prior to MIS 4-2.

While the Greenland ice does not provide an adequate record for periods older than 123 ka BP (Chappellaz et al., 1997), the description of a precise stratigraphy of climatic events at sub millennial scale for the previous glacial/interglacial cycles remains complex, and relies on the Antarctic isotope record (Bazin et al., 2013; Jouzel et al., 2007), the study of marine sediments (de Abreu et al., 2003; Lisiecki & Raymo, 2005; Margari et al., 2010, 2014; McManus et al., 1999; Obrochta et al., 2014) and high-resolution continental archives such as speleothems (Burns et al., 2019; Held et al., 2024; Hodge et al., 2008; Wainer et al., 2013; Wang et al., 2018; Wang et al., 2001). Benthic and planktonic isotopic ratios together with Sea Surface Temperatures (SSTs) reconstructions in the North Atlantic and the Western Mediterranean showcased the persistence of millennial-scale events and interhemispheric bipolar see-saw heat transport during MIS 6, in addition to important reorganization of the water circulation during sapropel S6 deposition ~175 ka BP (Margari et al., 2010, 2014; Martrat et al., 2004, 2007, 2014; Rousseau et al., 2020; Sierro & Andersen, 2022). Nevertheless, MIS 6 is much less well documented than the last glacial in Mediterranean Europe. Few palynological sequences are available to document the vegetation changes across this interval (Camuera et al., 2019, 2022; Follieri et al., 1988; Margari et al., 2010; Okuda et al., 2001; Roucoux et al., 2011; Sadori et al., 2016; Sinopoli et al., 2019; Tzedakis et al., 2006; Wilson et al., 2021). Among them, only one in SW Europe provides sufficient resolution to document high-frequency changes (Margari et al., 2010, 2014). This record from the deep-sea core MD01-2444 showed that several millennial-scale climatic events impacted the vegetation during the lower part of MIS 6 (Margari et al., 2010). The core is located out of the Mediterranean Sea, along the Portuguese margin in the Atlantic Ocean. Therefore, questions remain open concerning the impact of such rapid events on the Western Mediterranean region, considered a Pleistocene refugium for human populations.

To fill this gap, our study provides high-resolution pollen data and quantitative climate reconstructions from ODP site 976 in south-western Mediterranean focusing on MIS 6. We aim to (i) reconstruct the vegetation and climate changes in the SW Mediterranean during the penultimate glacial, (ii) identify millennial-scale climatic changes and correlate them with other Atlantic and Mediterranean paleoenvironmental records, (iii) compare the nature of millennial-scale climate and vegetation dynamics during the last glacial period and the penultimate glacial using a single, continuous pollen record and (iv) explore the potential impact of these climatic changes for Early

Middle Palaeolithic human groups, with particular attention to the presence of climate refugia during the most extreme glacial phases.

2. Study site

Ocean Drilling Program (ODP) Site 976 (36°12 N, 4°18W, 1108 m depth) core was retrieved in 1995 in the Alboran Sea (Zahn et al., 1999). The site is located about 110 km east of the Gibraltar Strait, 70 km south of the Spanish coast, and 100 km north of Morocco (Fig. 1).

The Alboran Sea is the westernmost extensional basin of the Mediterranean Sea, bordered to the north by the Betic Cordillera and to the south by the Moroccan Rif mountains. Oceanic currents result from the water masses exchanges between the Atlantic Ocean and the Mediterranean Sea through the Gibraltar Strait. The surface currents are governed by the inflow of low-salinity Atlantic waters (Atlantic Jet) forming two anticyclonic gyres named Western and Eastern Alboran Gyres (WAG and EAG) (Renault et al., 2012) (Fig. 1). The Mediterranean high-salinity water masses flow out in the Atlantic basin through the intermediate depth currents.

The modern climate in the Alboran Sea region is typically Mediterranean, defined by long, hot, dry summers and mild and cool winters (Lionello et al., 2006; Sánchez-Laulhé et al., 2021). Atlantic westerlies dominate during winter, while subtropical high pressure masses generate intense drought during summer (Sumner et al., 2001). The current vegetation distribution on the Alboran borderlands follows a strong altitudinal climatic gradient : dry steppe elements such as *Artemisia* and *Lygeum* grow in the most arid lowlands along the coast, sclerophyllous evergreen taxa, including *Quercus ilex*, *Olea* and *Pistacia* are the main representatives of the thermo-to meso-Mediterranean belts, while temperate vegetation with deciduous trees constitutes the overlying supra-Mediterranean belt (Quézel, 2000). Finally, coniferous forests of *Abies* and *Pinus* grow in the oro-Mediterranean belt (above approximately 1200 m), with the presence of *Cedrus* in altitudinal vegetation of the Moroccan Rif mountains.

The main sedimentation processes in the area originate from the strong erosion in the Betic Cordillera (Alonso et al., 1999; Liquete et al., 2005; Lobo et al., 2006) and the material transported by the surface Atlantic waters (Auffret et al., 1974), although a significant but unknown proportion of particles including pollen was transported by African winds as evidenced by the presence of Saharan clay particles and *Cedrus* pollen across the Pleistocene (Bout-Roumazeilles et al., 2007; Jiménez-Moreno et al., 2020; Magri & Parra, 2002). Therefore, the pollen assemblage is interpreted as reflecting the regional vegetation of the southern Iberian Peninsula, with smaller but variable contribution from Northern Africa. Previous studies have shown that the Alboran Sea palynological record displays close similarities with the Padul record in SE Spain (Camuera et al., 2019), indicating that ODP 976 is a valid

archive to reconstruct the southern Iberian Peninsula vegetation changes (Fletcher & Sánchez Goñi, 2008; Charton et al., 2025).

Two Organic-Rich Layers (ORLs) were identified in ODP 976 core during the MIS 6 interval, bed 607 (50.43-49.93 m), and bed 606 (41.6-40.4 m) (Murat, 1999). The ages were recalculated based on the updated age model for MIS 6 presented here, giving 178.07-174.53 ka BP for bed 607, and 132.64-129.16 ka BP for bed 606. With a Total Organic Carbon (TOC) of 1.18% and 1.85% respectively, these layers have been described as “ghost sapropels”, as they present a lower organic matter content than the Eastern Mediterranean sapropels (Rogerson et al., 2008). Their relevance for hydrological and climatic inferences in the Alboran Sea will be discussed in the light of the vegetation dynamics.

Fig. 1. Map showing the location of ODP 976 core together with other paleoenvironmental and paleoclimate records covering part or all of MIS 6, as discussed in the text.

3. Methods

3.1. Age Model

The age model for the study interval uses three previously published tie-points between ODP 976 Mg/Ca-derived SST (Jiménez-Amat and Zahn, 2015) and the speleothem temperature records from Dongge cave in China (Kelly et al., 2006, see Supplement Fig. S1). Several other marine records covering MIS 6 in the region are chronologically tuned to speleothems (e.g. Sierro & Anderson, 2022; Tzedakis et al., 2018). For the lower interval, the low resolution of planktonic isotopic data available for ODP 976 did not allow direct correlation to global temperature stacks or orbital configuration (von Grafenstein et al., 1999). Instead, we chose to align the higher-resolution pollen record produced in this study with the one from MD01-2444 core on the Portuguese margin (Margari et al., 2010, 2014; Tzedakis et al., 2018). Previous studies highlighted the strong similarities between pollen records on the Atlantic margin and the Alboran Sea during the last glacial period (Fletcher et al., 2010; Fletcher & Sánchez Goñi, 2008; Sánchez Goñi et al., 2002), supporting this approach. MD01-2444 chronology is based on the alignment of benthic isotopic events with the Antarctic temperature record, on AICC2012 timescale (Jouzel et al., 2007; Margari et al., 2010; Shin et al., 2020). The eleven tie-points between MD01-2444 core and EPICA Dome C can be found in Supplement (Table S1). Five peaks of temperate forest in MD01-2444 were used as control-points for ODP 976 (Table 1). The main assumptions of these tuning approaches to the Dongge cave speleothem and the Antarctic record are discussed in detail in Jiménez-Amat and Zahn (2015) and Margari et al. (2010) respectively. The obtained chronology for ODP 976 core for MIS 6 prevents any assessment of the southwestern Mediterranean vegetation response to global climatic events.

Event type	ODP 976 meters composite depth (mcd)	Age (ka BP)	References
Dongge cave speleothem D3	40.25	128.73	Jiménez-Amat and Zahn, 2015; Kelly et al., 2006
Dongge cave speleothem D2	42.61	135.57	Jiménez-Amat and Zahn, 2015; Kelly et al., 2006
Dongge cave speleothem D1	44.14	142.09	Jiménez-Amat and Zahn, 2015; Kelly et al., 2006
Temperate pollen peak in MD01-2444	46.4	149.43	(Margari et al., 2010; Shin et al., 2020)
Temperate pollen peak in MD01-2444	48.5	160.00	(Margari et al., 2010; Shin et al., 2020)
Temperate pollen peak in MD01-2444	49.3	170.07	(Margari et al., 2010; Shin et al., 2020)
Temperate pollen peak in MD01-2444	50.48	178.42	(Margari et al., 2010; Shin et al., 2020)
Temperate pollen peak in MD01-2444	53.2	193.758	(Margari et al., 2010; Shin et al., 2020)

Table 1. List of control points used to calibrate the ODP 976 record for the MIS 6 interval. The tie-points on MD01-2444 temperate pollen curve are on AICC2012 timescale.

A linear regression was applied to obtain a continuous age for the study interval, spanning from 126.4 to 196.6 ka BP, with a mean resolution of about 350 years for the record (Fig. 2).

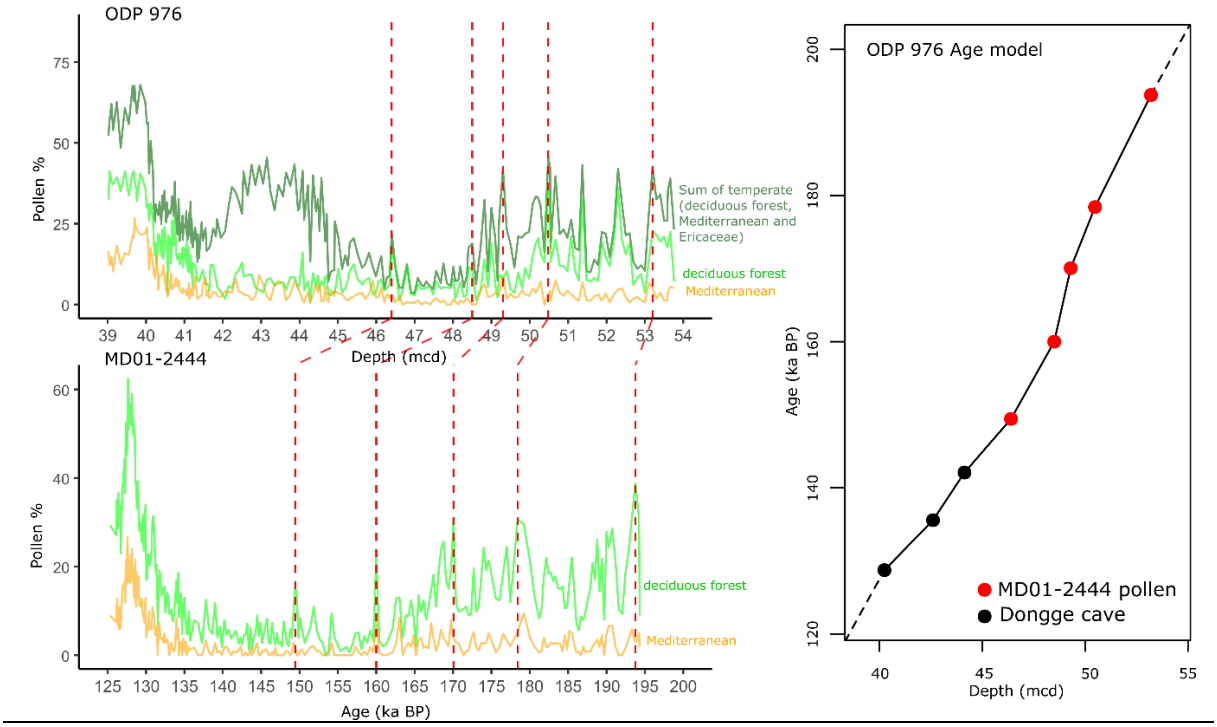

Fig. 2. Age versus depth model for the MIS 6 part of ODP 976 record, based on correlation between the Mg/Ca-based SST curve (Jiménez-Amat and Zahn, 2015) and the Dongge cave speleothem temperature record (Kelly et al., 2006) (black dots), and graphical correlation of the temperate pollen curve with the MD01-2444 palynological record (red dots and dotted lines) on AICC2012 timescale (Margari et al., 2010; Shin et al., 2020).

3.2. Pollen analyses

Two hundred samples have been analysed in this study, between 40 and 54 m (mcd) depth. The sample processing followed the traditional steps used for pollen extraction (Faegri and Iversen, 1964) and previously applied to the ODP 976 core (Combourieu-Nebout et al., 2002; 2009; Sassoon et al., 2023, Charton et al., 2025). It included sample weighing between 5 and 10 g of sediments, a 150 µm sieving for retrieving macrofossils and macroparticles, followed by 10% HCl, 40% HF, 20% HCl and a final 10 µm sieving.

A minimum of 150 pollen grains were counted for each sample, excluding *Pinus* as it is usually overrepresented in marine sequences (e.g. Combourieu-Nebout et al., 2002; Fletcher et al., 2010b; Mudie, 2011 and references therein), and represents often more than 50% of the total pollen sum in the study interval (see Fig. 3).

Ecological groups of pollen taxa were defined following previous studies of the ODP 976 record (Charton et al., 2025; Combourieu-Nebout et al., 2009; Sassoon et al., 2023). The percentage pollen

diagram was constructed using the *rioja* R package (Juggins, 2023). Constrained Incremental Sum-of-Squares (CONISS) cluster analysis was applied for pollen zonation, using the *vegan* package on R (Oksanen et al., 2024).

3.3. Pollen-inferred climate reconstructions: a multi-method approach

Four methods were applied to the ODP 976 record to reconstruct past climate changes during MIS 6. This is the first time this approach is used for the entire MIS 6 interval (Sinopoli et al., 2019). The multi-method approach allows for a more accurate climate reconstruction (trends and rapid events) compared to the traditional single-method approach (Chevalier et al., 2020; Peyron et al., 2011, 2013; Salonen et al., 2019; Sassoon et al., 2025). It also allows us to compare the reliability and biases of the different methods, which are based on different ecological principles and mathematical algorithms. Four methods were used in this study.

The Modern Analogue Technique (MAT) is the first "assemblage" method ever developed to estimate climate parameters based on pollen assemblages, and is still the most widely used (Guiot, 1990). It is based on the calculation of a dissimilarity index between the fossil samples and samples from a modern pollen dataset. The values of the closest modern analogues selected (here, 4) are averaged to reconstruct the climate parameters for each fossil sample. Weighted-Averaging Partial Least Squares (WA-PLS) (ter Braak and Juggins, 1993) is the second most widely used method, and is based on a different mathematical approach using non-linear regression. Assuming that taxa are most abundant where they find their optimum climatic conditions, WA-PLS models the plant/climate relationships from the modern calibration dataset, weighing the climatic values based on the pollen taxa percentage. These plant pollen abundance / climate transfer functions are then used to calculate the climate parameters of the fossil samples. The last two methods, Random Forest (RF) and Boosted Regression Trees (BRT), rely on a completely different approach using machine learning: they generate a large set of regression trees based on a randomised pollen dataset by bootstrapping (with pollen taxa selected randomly). Contrary to RF (Prasad et al., 2006), BRT (Salonen et al., 2012) assigns a higher probability to select samples that have not been selected before (boosting), increasing the performance of the model for elements that are less well predicted (Chevalier et al., 2020). The application of these machine learning methodologies in paleoclimatology is very promising, especially for BRT, and they have already been validated through different European and Mediterranean pollen records, for different time periods (Charton et al, 2025; D'Oliveira et al., 2023; Robles et al., 2022, 2023; Salonen et al., 2019; Sassoon et al., 2025).

The four methods were run on R using the *Rioja* package for MAT and WA-PLS (Juggins, 2024), *dismo* for BRT (Hijmans et al., 2023) and *randomForest* for RF (Liaw and Wiener, 2022).

We used the modern pollen dataset compiled by Peyron et al. (2013, 2017) and updated by Dugerdil et al. (2021a) and Robles et al. (2023). Samples belonging to non-relevant biomes for this study were excluded (Taiga, Tundra, Pioneer Forest, warm steppe and hot desert), resulting in 2373 samples for calibration dataset spanning Eurasia and NW Africa (see Supplement, Fig. S2). A total of 103 harmonized pollen taxa are included in the dataset, excluding *Pinus* and aquatic taxa.

Six climate variables were reconstructed: PANN (annual precipitation), MAAT (annual temperatures), SUMMERPR (summer precipitation), WINTERPR (winter precipitation), MTWA (mean temperature of the warmest month) and MTCO (mean temperature of the coldest month). The climatic tolerance spectra of the ten most abundant pollen taxa in the ODP 976 record have been reconstructed based on the modern dataset (Supplement, Fig. S3). They show that steppe and semi-desert taxa display the highest tolerance to low winter temperature and precipitation, while Mediterranean taxa (*Olea* and *Quercus ilex*-type) are the most tolerant taxa to high annual and summer temperature, and *Cedrus* and Ericaceae to higher annual and seasonal precipitation. SUMMERPR was poorly reconstructed according to the accuracy indicators (Table 2). This is in agreement with previous studies showing the poor reliability of summer parameters (e.g. Camuera et al., 2022). Therefore, we chose to represent seasonal parameters as contrast values for a better visualization: TCON (temperature contrast) = MTCO - MTWA, and PCON (precipitation contrast) = WINTERPR – SUMMERPR. The MTWA and SUMMERPR results can be found in Supplement (Fig. S4).

For comparison with the present-day climate, and the calculation of anomalies, the modern values were extracted from ERA 5 reanalysis of the ECMWF (European Centre for Medium-Range Weather Forecasts), based on data assimilation into meteorological modelling from 1960 to 2022 (Hersbach et al., 2020). Pollen dispersal is reduced beyond a radius of 175 km (Rojo et al., 2016). However, other studies suggest that pollen can be transported up to distances of 200-300 km (Fernández-Rodríguez et al., 2014) and even over distances greater than 500 km (Bayr et al., 2023; Damialis et al., 2017). Sediments from marine cores such as ODP 976 can therefore include close and long-distance pollen. To account for these observations, an averaged value of the climate parameters on a 400 km radius around the ODP 976 site was extracted (Supplement, Fig. S5), giving MAP = 478 mm, MAAT = 16.78°C, MTCO = 13.78 ◦C, WINTERPR = 172 mm, TCON = -9.59, PCON = 141.5 mm. These values for modern climate, averaged temporally and spatially, provide a better basis for understanding the nature of the climate signal extracted from a marine palynological sequence at a regional pluri-annual scale.

The reliability of the different methods and climate parameters reconstructed is evaluated with bootstrapping cross-validation through two indicators: the correlation coefficient between the variables (R^2) and the root mean square error (RMSE).

4. Results

4.1. Pollen record

The pollen diagram shows the vegetation dynamics between 196.6 and 127.5 ka BP, spanning late MIS 7 to early MIS 5 (Fig. 3). Five pollen zones were separated by CONISS cluster analysis, with zone 4 being divided in three subzones (Table 2).

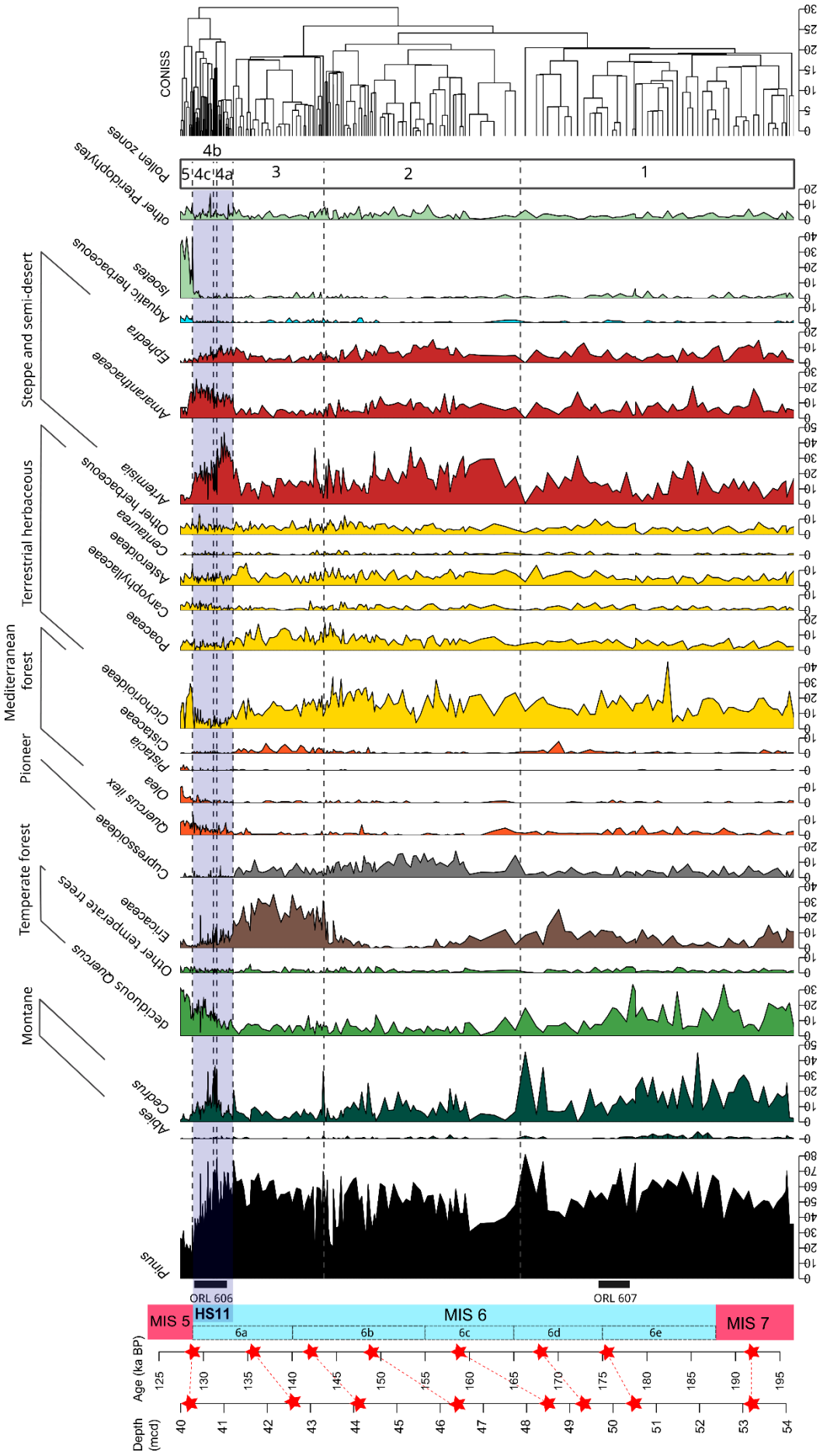
CONISS
Pollen zones
4b
5
4c
4a
3
2
1
other Pteridophytes
Aquatic herbaceous
Isoetes
Ephedra
Amaranthaceae
Artemisia
Other herbaceous
Centaurea
Asteroideae
Caryophyllaceae
Poaceae
Cichorioideae
Cistaceae
Pistacia
Olea
Quercus ilex
Cupressoideae
Ericaceae
Other temperate trees
deciduous Quercus
Abies
Cedrus
Pinus
Steppe and semi-desert
Terrestrial herbaceous
Mediterranean forest
Pioneer
Temperate forest
Montane
ORL 606
ORL 607
MIS 5
HS11
MIS 6
MIS 7
6a
6b
6c
6d
6e
Age (ka BP)
Depth (mcd)

Fig. 3. Pollen diagram of selected taxa for MIS 6 interval in the ODP 976 record, plotted against age. Taxa are grouped by ecological groups (see Table 2). Red stars indicate control points used for the age calibration, and their correspondence with mcd (meters composite depth) (see Table 1). The blue bar indicates Heinrich Stadial 11.ORL : Organic Rich Layers from ODP 976 (Murat, 1999).

Zone 1 most represented taxa are deciduous *Quercus* and *Cedrus*, with important abundance variability showing an unstable phase at the transition from MIS 7 to MIS 6e and 6d. Zone 2 displays the maximum expansion of steppe and semi-desert vegetation together with other open vegetation taxa and Cupressoideae during the MIS 6b and 6c. An additional noteworthy observation within this interval is the presence of gastropod shells identified as *Limacina retroversa* (Jeanne Rampal, personal communication, 2023), recovered during sieving of a sample at 46.4 m, corresponding to around 155.5 ka BP (Fig. 4). This species is usually most abundant in temperate to subpolar waters in the North-Atlantic (Thabet et al., 2015). Zone 3 is mainly characterized by the abundance of Ericaceae at the final stage of MIS 6 (6b and 6a). Zone 4, at the end of MIS 6a, is divided into 3 subzones which display fast vegetation changes during the transition from MIS 6 to MIS 5 (Termination II), and Heinrich Stadial 11. The fast expansion of steppe and semi-desert taxa (*Artemisia*, Amaranthaceae, *Ephedra*) occurs simultaneously with the first increase of deciduous temperate and Mediterranean forest indicative of the initialization of interglacial conditions (zone 4a). This episode of arid vegetation dominance is interrupted in zone 4b by the fast expansion of montane vegetation mainly represented by *Cedrus*. A new steppe and semi-desert vegetation increase is observed in zone 4c, while the deciduous temperate forest and the Mediterranean vegetation continue to expand. Finally, zone 5 is characterized by the maximum abundance of mesophilous and thermophilous elements, mainly represented by deciduous *Quercus* and *Quercus ilex*, typical of the MIS 5 interglacial.

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Pollen zone	*Depth (mcd) and Age (ka BP)*	*Description of the pollen assemblage (Fig. 3)*	*Climate reconstructions (Fig. 5)*
5	40.25-39.98 m 128.73-127.47 ka BP	Peak abundance of deciduous *Quercus* (up to 32%), *Quercus ilex* (4-10%), *Olea* (2-11%), *Pistacia* (up to 4%), aquatic herbaceous (up to 5%) and *Isoetes* (up to 38%). High values of Cichorioideae (up to 30%). Low percentages of *Pinus* (<35%), *Artemisia* (<11%), Amaranthaceae (<18%) and *Ephedra* (<3%).	Rapid increase of temperature, precipitation and seasonal contrast close to the modern value
4c	41.08-40.28 m 131.13-128.81 ka BP	New increase of *Artemisia* (up to 29%) and Amaranthaceae (up to 26%). High values of *Cedrus* (5-28%), and increasing percentages of deciduous *Quercus* (10-23%), Cichorioideae (0-14%) and *Quercus ilex* (1-13%). Decrease of Ericaceae (13-0%). Increasing percentages of *Isoetes* (0-5%) and Pteridophytes spores (0-17%).	First decrease, and then increase in temperatures and precipitation, with low PCON.
4b	41.21-41.09 m 131.51-131.16 ka BP	Peak abundance of *Cedrus* (up to 37%). Decrease of *Artemisia* (30-7%), Amaranthaceae (6-13%) and *Ephedra* (6-4%). Notable abundance of deciduous *Quercus* (6-15%) and *Quercus ilex* (1-3%).	Abrupt rise in precipitation contrast, but still cold conditions.
4a	41.82-41.22 m 133.28-131.54 ka BP	Peak abundance of Artemisia, (24-47%), Amaranthaceae (14-6%) and *Ephedra* (5-11%). Decreasing trend of Ericaceae percentages (12-2%), and progressive increasing of deciduous *Quercus* (4-11%) and *Quercus ilex* (1-8%). Decrease of Cichorioideae (<11%) and Cupressoideae (<8%).	Rapid decrease in temperature, precipitation and seasonal contrast.
3	44.57-41.85 m 143.49-133.37 ka BP	Peak abundance of Ericaceae (12-35 %), and high values of Cichorioideae (8-22%). Notable presence of Cupressoideae (2-11%). Peak abundance of *Artemisia* (37%) at 44.28 m / 142.54 ka BP and *Cedrus* (33%) at 44.57 m/143.49 ka BP.	Increase of temperatures (but still lower than present), and important precipitation rise until values higher-than-present. Seasonal contrast close to present-day.

2	48.91-44.63 m 165.16-143.68 ka BP	High percentages of Cichorioideae (11-34 %), Poaceae (4-18%), *Artemisia* (4-37%), Amaranthaceae (3-16%) and *Ephedra* (3-12%). Cupressoideae maximum between 150-160 ka BP (up to 17%), and abundant *Cedrus* (up to 25%). Very low values of deciduous *Quercus* (<10%), Mediterranean taxa (<4%) and Ericaceae (<12%), with minimum values between 150 and 158 ka BP.	Decline of temperatures and precipitation, both lower than the modern values, reaching a minimum between ~164-155 ka BP. Afterwards, progressive rise in temperature, precipitation and seasonal contrast.
1	53.76-49 m 196.15-166.29 ka BP	High percentages of *Cedrus* (8 to 45%) and deciduous *Quercus* (4 to 34%), with important variations. Abundant Cichorioideae (up to 43%) and Ericaceae (up to 25%), with notable presence of *Abies* (up to 5%), *Quercus ilex* (up to 6%) and *Isoetes* (up to 6%). Relatively low values of semi-desert elements (*Artemisia*, Amaranthaceae, *Ephedra*) but with two increases at 49.6 m /172 ka BP and at 51.6 m / 185 ka BP.	Rather stable conditions expressed by the smoothed lines, but important and numerous rapid oscillations. In general, values of precipitation and seasonal contrast are close or higher that the modern value, while temperature is cooler than present.

Table 2. **Description of the pollen zones identified through CONISS cluster analysis**, including the main characteristics of their pollen assemblage and associated climate reconstructions.

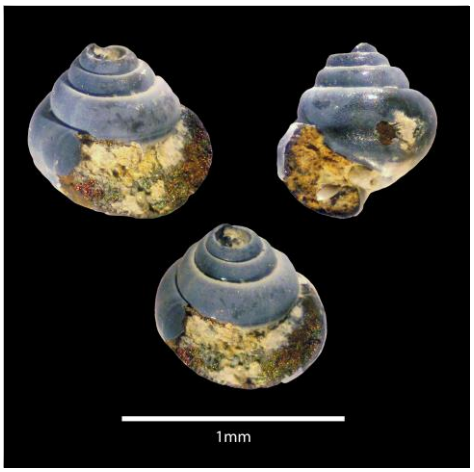
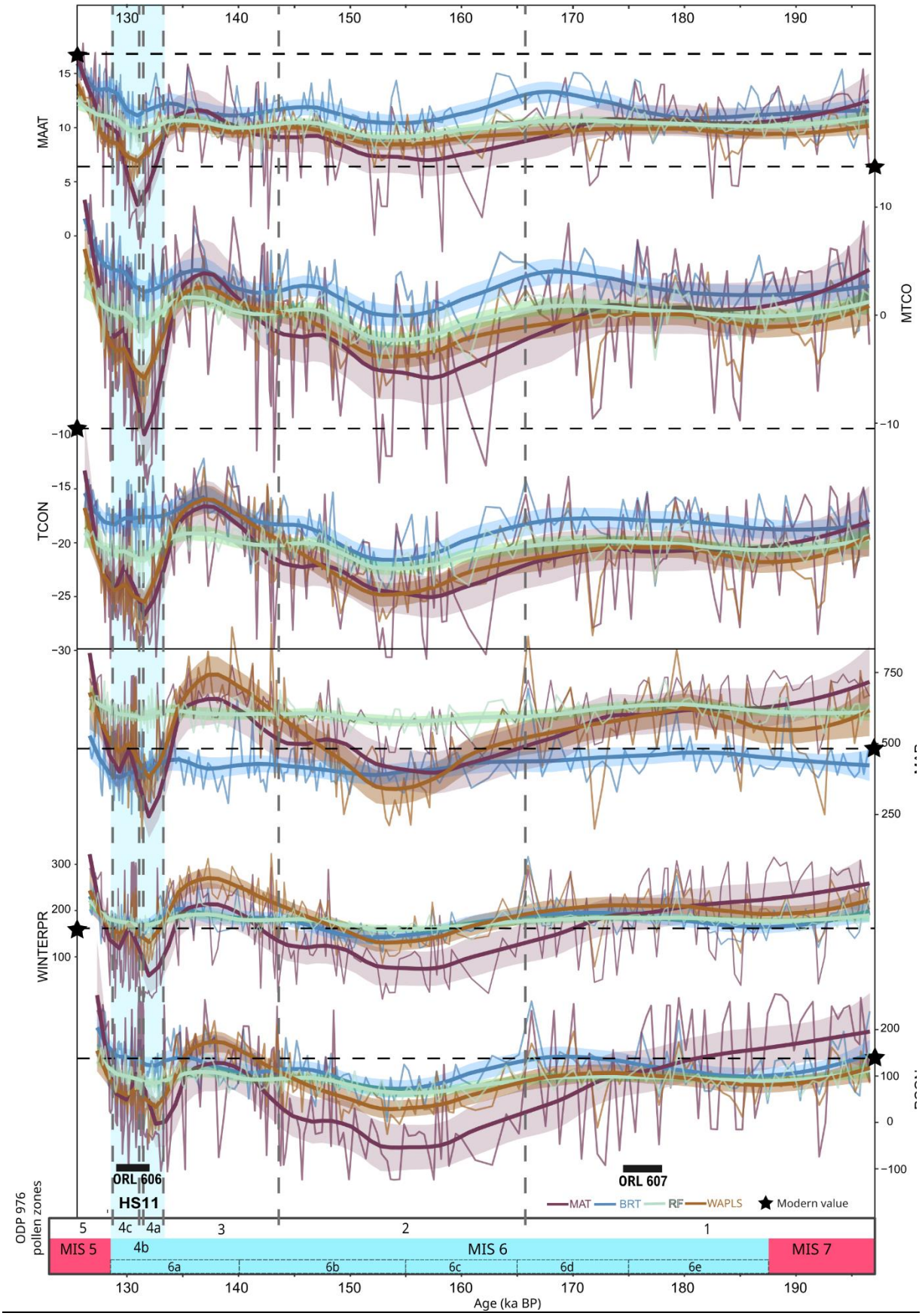


Fig. 4. *Limacina retroversa* specimen found in sample B6H4 130-132 (identification: Jeanne Rampal personal communication, 2023). Photo: Dael Sassoon.

4.2. Pollen-inferred climate reconstructions

Results show significant temperatures and precipitation variations in connection with the glacial / interglacial cyclicity and shorter-term variability (Fig. 5, Table 2). The most reliable methods according to the two R^2 and RMSE indicators are MAT and BRT, and the most accurately reconstructed parameters are MAAT and MTCO (Table 3). The four methods are in agreement for the general trends, although MAT shows the widest amplitude of variations, and RF has the smoothest curve.

Temperatures are lower than the present during the complete MIS 6 interval, except at the onset of MIS 5. A cooling trend is reconstructed during the final stage of MIS 7 (pollen zone 1, MIS 6e and 6d), while MTCO and the seasonal temperature contrast (TCON) are stable. The methods do not agree on the precipitation patterns during this phase, with MAT showing a trend toward aridity, decreasing WINTERPR and seasonal precipitation contrast (PCON), while the three other methods display a slight precipitation increase and stable PCON. From 166 ka BP onward (pollen zone 2, MIS 6c and 6b), both temperatures and precipitation decrease, and the seasonal contrast between winter and summer climate conditions reduced progressively. The MIS 6 minimum temperatures and precipitation are reconstructed in pollen zone 2 between around 150 and 160 ka BP, corresponding to the transition between MIS 6c and 6b. Subsequently, both temperatures and precipitation increase progressively in the late pollen zone 2 and early pollen zone 3 (MIS 6b to 6a). Between 140-135 ka BP (early MIS 6a), the four methods reconstruct temperatures similar to late MIS 7, a seasonal contrast close to the present, and precipitation higher than the present (except for BRT). This climate optimum is abruptly interrupted by the HS11 extreme arid event between ~134 and ~129 ka BP (pollen zone 4, late MIS 6a), during which temperatures, precipitation and seasonal contrasts are significantly reduced, reaching climate conditions similar to the MIS 6 glacial maxima ~155 ka BP. A short climate amelioration is evidenced at ~132 ka BP (pollen zone 4b), where precipitation and seasonal contrasts increase abruptly. Finally, after 130 ka BP the climate amelioration toward the MIS 5 interglacial conditions happens very fast (pollen zone 5).



352 **Fig. 5. Pollen-based climate reconstructions for MIS 6 interval from the ODP 976 record.** MAAT (Mean
353 Annual Temperature), MTCO (Mean Temperature of the Coldest Month), TCON (Temperature
354 Contrast, see methods), MAP (Mean Annual Precipitation), WINTERPR (Winter Precipitation) and

PCON (Precipitation contrast, see methods) for the four different methods applied: MAT (Modern Analogue Technique), WA-PLS (Weighted Averaging Partial Least Square), BRT (Boosted Regression Trees) and RF (Random Forest). The light-coloured interval represents the 95% confidence window, and the bold curves the loess smoothed values (alpha = 0.25). Modern values (see methods) are indicated by the horizontal dashed line and the black star. Grey vertical dashed lines separate the pollen zones defined by CONISS cluster analysis.

	BRT		MAT		WA-PLS		RF	
	R^2	RMSE	R^2	RMSE	R^2	RMSE	R^2	RMSE
MTCO	**0.87**	2.96	**0.88**	3.19	**0.71**	4.44	**0.77**	3.88
MAAT	0.83	2.31	0.83	2.48	0.66	3.22	0.69	3.00
SUMMERPR	0.77	44.86	0.82	46.61	0.52	66.87	0.65	56.48
MAP	0.77	148.52	0.79	163.70	0.50	225.68	0.66	182.32
MTWA	0.76	2.25	0.79	2.33	0.53	3.16	0.61	2.81
WINTERPR	0.69	60.69	0.72	65.81	0.43	82.58	0.59	69.34

Table 3. R^2 (coefficient of determination) and RMSE (Root Mean Square Error) values for the different climate parameters reconstructed with the four methods applied. The lower the RMSE and the higher the R2 (in bold), the more reliable the reconstruction.

5. Discussion

5.1. Paleoenvironment of MIS 6 and Termination II in the western Mediterranean

Important changes are recorded during MIS 6, that are consistent with orbital-scale variability during the different glacial substages.

Three phases can be discerned. The early phase (pollen zone 1) spans late MIS 7, MIS 6e and 6d (~196-166 ka) and is characterized by high percentages of deciduous *Quercus*, *Cedrus* and Cichorioideae, with marked variability and several abrupt semi-desert and steppe increases under cool and humid climate conditions, with seasonal contrast similar to present-day. The middle phase (pollen zone 2) extends from MIS 6c to late 6b (~165-143 ka), and displays the maximum expansion of steppe and semi-desert taxa together with very low temperatures and precipitation between ~160 and ~150 ka, a chronology compatible with the maximum Drenthe ice advance (Ehlers et al., 2011). Finally, the late phase (pollen zone 3), spanning late MIS 6b and 6a (~143-133 ka), is marked by a major expansion of Ericaceae vegetation associated with higher reconstructed precipitation and winter temperatures, as well as enhanced seasonal contrast during this phase.

Previous studies are consistent with a subdivision of MIS 6 into three phases characterized by different general trends and amplitude of millennial-scale oscillations (Margari et al., 2014; Nehme et

al., 2020). Margari et al. (2014) described an early phase between 185 and 160 ka BP, with warmer and wetter conditions and important rapid climate variability, a middle transitional phase between 160 and 150 ka BP, and a late phase with stable glacial conditions between 150 and 135 ka BP. This three-phasing for MIS 6 glaciation matches our interpretation of ODP 976 pollen zones 1, 2 and 3.

The final phase of MIS 6 is characterized by important changes in vegetation and climate, indicating a rapid modification of vegetation communities and atmospheric configuration at the transition between MIS 6 and MIS 5. Termination II (TII), defined as the period of fast reorganization of the climate system from full glacial (MIS 6) to full interglacial (MIS 5) conditions, is indeed characterized by extreme and fast internal dynamics including a major Heinrich Stadial, HS11 (Broecker & Henderson, 1998; Gouzy et al., 2004; Martrat et al., 2014; Moseley et al., 2015; Ovsepyan & Murdmaa, 2017). The timing for TII has been estimated based on the initialisation and termination of Weak Asian Monsoon evidenced in the Dongge cave speleothems, lasting from ~136 to 129 ka BP (Bajo et al., 2020; Kelly et al., 2006; Menviel et al., 2019). These boundaries for TII give a total duration of about 7 ka. The timing of TII in the ODP 976 marine record is directly dependent on the Dongge Cave chronology (see methods, section 3.1). Approximately the same duration is observed in the vegetation response to TII, but with ~1 ka delay: the imprint of HS11 on the vegetation in the Western Mediterranean region is indeed recorded here between 133.3 – 128.8 ka BP (pollen zone 4). This delay in marine and terrestrial proxies may reflect the vegetation response to the first cold pulse of HS11. ODP 976 provides for the first time a very detailed record of vegetation successions during this arid event (pollen zones 4a, 4b and 4c), in agreement with other SSTs and speleothem records that depict a three-phases or "W" pattern for the event (see section 5.4). After the first rapid increase of steppe and semi-desert taxa (pollen zone 4a), the middle phase shows an abrupt decrease of steppe and semi-desert vegetation, and a fast increase of montane trees (mainly *Cedrus*) percentages (pollen zone 4b). Climate reconstructions reflect this event through a fast increase of both precipitation and temperatures. This pattern is fully compatible with the ODP 976 SSTs trend (Jiménez-Amat and Zahn, 2015; Martrat et al., 2014), although a delay of about 1 kyr is observed between the abrupt drop in alkenone-based SSTs at the onset of HS11 and the expansion of steppe and semi-desert vegetation. In the same way, the abrupt sea surface warming in the middle of HS11 (~133 ka BP) is shifted in the pollen record, to around 131.5 ka BP (pollen zone 4b).

5.2. Hydroclimate connection with ORLs deposition during MIS 6

Pollen analyses help us to characterize the processes behind Organic Rich Layers (ORLs) deposition in this western Mediterranean region. Like sapropels, ORLs reveal important changes in the water stratification and circulation, with reduced bottom water ventilation and enhanced organic

productivity in direct connection with (i) increase in the freshwaters Atlantic inflow at times of deglaciation and (ii) enhanced rivers runoff regionally linked with increased precipitation (Murat, 1999; Pérez-Asensio et al., 2020; Rogerson et al., 2008). Although they are often considered as "ghost sapropels", their timing and the mechanism behind them may differ from those of Eastern Mediterranean sapropels (Rogerson et al., 2008).

ORL bed 607 coincides with a period of enhanced precipitation around 176 ka reconstructed through our pollen-based approach (Fig. 7). Its basis appears almost synchronous with the onset of Sapropel S6 layer deposition in the Eastern Mediterranean (Emeis et al., 2003; Rohling et al., 2015; Savannah et al., 2024). Its duration also appears shorter than Sapropel S6, possibly indicating an interruption of favourable climate conditions in the Western Mediterranean region by a stadial event occurring around 172 ka BP and marked by an abrupt decrease in precipitation (Fig. 7).

ORL bed 606 was deposited during the second half of Termination II, at a time of deglaciation and directly following the first aridity pulse of HS11. Pollen-based reconstructions show enhanced precipitation and seasonal contrast during this time, suggesting intense precipitation together with deglacial freshwater input as combined causes for ORL deposition in the Western Mediterranean, which finds no counterpart in the Eastern Mediterranean. The implications of such organic layer deposition occurring at times of enhanced precipitation or deglaciation will be further discussed in section 6.2.6.4.

5.3. Mediterranean vegetation changes during the penultimate glaciation: a synthesis

The ODP 976 pollen record documents MIS 6 vegetation changes in the Western Mediterranean with a temporal resolution comparable to the most detailed terrestrial palynological sequences from the Eastern Mediterranean (Tenaghi Philippon and Ioannina). A W-E transect of Mediterranean palynological records offers valuable insights on the spatial pattern of vegetation changes during the penultimate glaciation (Fig. 6).

At the MIS 7-6 transition, no abrupt decline of temperate forest is recorded in the ODP 976 and Padul records, in contrast with central and Eastern pollen records such as Tenaghi Philippon, Ioannina, Ohrid and Castiglione where the transition is very abrupt (Follieri et al., 1988; Koutsodendris et al., 2023; Roucoux et al., 2011; Sadori et al., 2016). At these sites, a higher contrast has been described between interglacial periods with very high percentages of temperate deciduous forest taxa and glacial periods with very reduced tree cover (Tzedakis, 1993; Tzedakis et al., 2006). The western Mediterranean region, at the contrary, was generally characterized by a high proportion of herbaceous

taxa, even during interglacial periods, attenuating the vegetation contrasts during transitions to glacial periods.

The first half of MIS 6 (~185-165 ka BP) is marked by relatively high percentages of arboreal pollen across all records, especially deciduous forest (Roucoux et al., 2011; Margari et al., 2010, 2014). The abundance of montane taxa (mainly *Cedrus*) is characteristic of ODP 976 record, and reflects the development of altitudinal trees on the Moroccan mountains. Montane elements also increase during early MIS 6 at Valle di Castiglione, mainly represented by *Fagus* and *Abies* (Follieri et al., 1988), and at Ioannina, mainly represented by *Pinus* (Roucoux et al., 2011). No equivalent pattern is recorded in Padul where herbaceous vegetation is largely dominant. The scarcity of palynological data from the western Mediterranean, especially from North Africa, limits our understanding of the spatio-temporal significance of *Cedrus* expansions during MIS 6, and past glaciations in general.

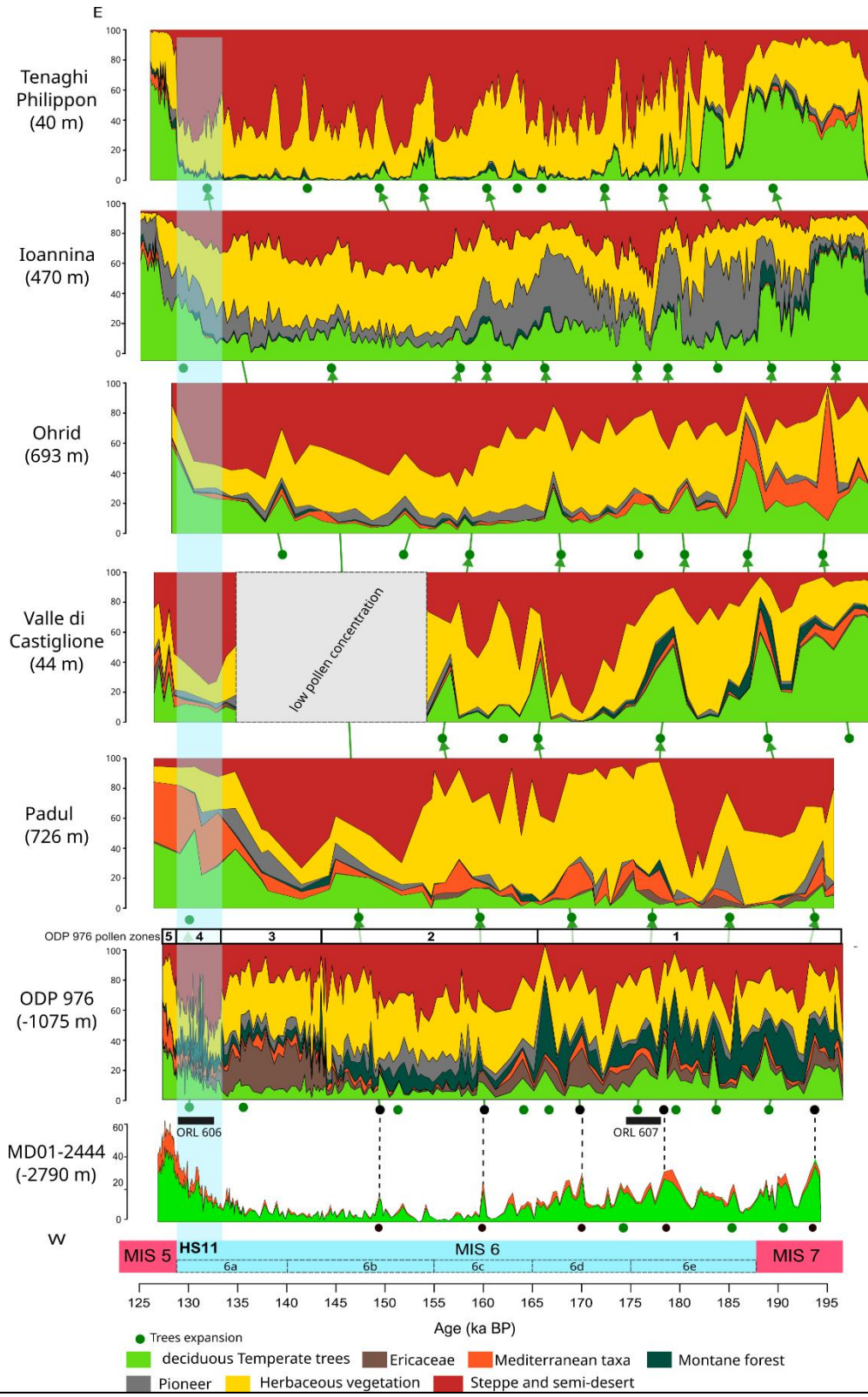


Fig. 6. Synthesis of vegetation changes in the Mediterranean during MIS 6 based on available palynological sequences, from west (bottom) to east (top): MD01-2444 (Margari et al., 2010; Tzedakis et al., 2018), ODP 976 (this study), Padul (Camuera et al., 2019), Valle di Castiglione (Follieri et al., 1988), Ohrid (Sadori et al., 2016), Ioannina (Roucoux et al., 2011), Tenaghi Philippon (Koutsodendris et al., 2023). Each synthetic pollen diagram is plotted according to its own age model. ODP 976 and Ioannina's chronologies are based on alignment with MD01-2444 temperate pollen curve on AICC2012 timescale. The ecological groups are the same as for ODP 976, except

Pinus was included in pioneer vegetation at Ioannina, as it is the only record where *Pinus* is not over-represented. Green dots indicate temperate vegetation increases, with tentative correlations between records. The two Organic Rich Layers (ORLs) identified in the ODP 976 core (Murat, 1999), were placed at the bottom.

459 The main phase of steppe and semi-arid vegetation is recorded between ~165-145 ka BP in the
460 Alboran Sea record, consistent with Ohrid and Ioannina pollen sequences (Fig. 6). In Padul, however,
461 the maximum expansion of steppe and semi-desert taxa occurs later, between ~155 and ~137 ka BP.
462 This time window corresponds to the glacial maximum recorded at Azzano X (northern Italy) between
463 148 and 135 ka BP (Pini et al., 2009), and to a period of low pollen concentration at Valle di Castiglione,
464 likely reflecting full glacial conditions. The ~10 ka lag in the vegetation glacial maxima between ODP
465 976 and Padul is probably the result of the low temporal resolution of the latter, in addition to
466 differences in the age models used. However, the presence of pioneer vegetation and to a lesser extent
467 of montane elements in Padul during the maximum glacial phase matches the ODP 976 pattern in
468 pollen zone 2, where Cupressoideae and *Cedrus* display high abundance.

469 A distinctive feature of the Western Mediterranean vegetation recorded during the final stage
470 of MIS 6 (pollen zone 3) is the marked increase in Ericaceae observed in the ODP 976 record, whereas
471 Ericaceae are almost absent in the rest of the Mediterranean region. A similar expansion is observed
472 in the Atlantic margin, where core MD01-2444 recorded patterns of Ericaceae expansion matching the
473 three insolation minima during MIS 6 (Margari et al., 2014). Ericaceae development during minimal
474 summer insolation is particularly favoured by reduced summer evaporation at times of low seasonal
475 contrast in precipitation, as already noted in the Alboran Sea during the last glacial (Fletcher and
476 Sánchez Goñi, 2008). Following the same interpretation, the expansion of heathland vegetation in the
477 Iberian Peninsula as recorded in ODP 976 during the final stage of MIS 6 may therefore mark the
478 renewed influence of westerlies and Atlantic moisture preceding the onset of the transition to MIS 5
479 interglacial (Margari et al., 2014). Supporting this state, an increase in temperate deciduous forest at
480 the end of MIS 6 is also seen in Padul, Ohrid and Ioannina records before the transition to MIS 5.

481 Despite some discrepancies due to the differences in age models and temporal resolutions, all
482 records display comparable variations in temperate pollen percentages during the penultimate glacial.
483 These variations support the persistent sensitivity of Mediterranean plant ecosystems to global-scale
484 millennial climate variability during the penultimate glaciation, with modulation of the vegetation
485 response depending on the local geography. Strong similarities can be observed between ODP 976 and
486 Padul, despite the lower temporal resolution of Padul record. In both sequences, temperate pollen
487 percentages reached ~30 % of total pollen as a maximum during the rapid forest expansions events in
488 the first half of MIS 6. This similarity supports the validity of the ODP 976 marine record to reconstruct

the SW Iberian Peninsula temperate forest history. However, ODP 976 sequence provides a more regional image of the vegetation, including higher percentages of Ericaceae pollen coming from the Atlantic coast, and *Cedrus* pollen from the Moroccan mountains (Jiménez-Moreno et al., 2020), compared to Padul where percentages of Mediterranean taxa and hygrophyte herbaceous are higher due to the local nature of the signal (Camuera et al., 2019). Looking further east, Valle di Castiglione recorded various temperate trees expansions and contractions during the lower MIS 6, before the full glacial conditions. In the Italian Peninsula, various interstadials have also been identified further north at Azzano X (Pini et al., 2009). In the Balkans, Tenaghi Philippon shows the highest percentages of semi-desert and herbaceous vegetation throughout MIS 6, with more abrupt changes than all the other Mediterranean records, and more amplitude of the trees' contractions. This pattern was already described during the last climatic cycle and reflects the exacerbated vegetation dynamics locally, with episodes of rapid and enhanced colonization by tree vegetation (Koutsodendris et al., 2023; Tzedakis, 2005; Tzedakis et al., 2004). This has been mainly explained by the location of the site in a low altitudinal plain characterized by a more continental climate with lower winter precipitation: tree populations at lower altitudinal location are closer to their ecological threshold in term of precipitation, and are likely to be very affected even by minimal changes in the amount of rainfall. On the contrary, the Ioannina record shows the highest deciduous forest percentages of all the records presented here, supporting its character as a local trees refugium (Roucoux et al., 2011).

Termination II displays a particular pattern in vegetation records from the Mediterranean region: while the expansion of trees and temperate vegetation is fast and continuous, HS11 represents at the same time a remarkable episode of abrupt steppe and semi-desert expansion. Although this event is visible in almost all the records, it is particularly prominent in the ODP 976 record (pollen zone 4), and appears less pronounced in the eastern Mediterranean sequences. This observation is compatible with previous observations that Heinrich stadials during the last glacial had a minor impact on the eastern Mediterranean vegetation compared to the western Mediterranean, likely due to the already limited presence of tree vegetation in the eastern records during glacials (Tzedakis, 2005). A similar interpretation can be proposed for the differential response of eastern and western Mediterranean vegetation to HS11, supporting the major sensitivity of the southwestern Mediterranean vegetation to North Atlantic cold events. In Padul, no major expansion of xerophyte vegetation is detected, but a small decrease of temperate deciduous taxa was interpreted as the HS11 imprint (Camuera et al., 2019), and the signal might be hindered by the low resolution of the record. A pattern of fast arid vegetation increase contemporaneous to the temperate forest expansion is also found in central Italy at Lago Grande di Monticchio, which was not presented in Fig. 6 as its record does not extend beyond 132 ka BP (Allen and Huntley, 2009; Brauer et al., 2007).

Finally, all palynological sequences reveal high-frequency oscillations of temperate and semi-desert pollen, compatible at first look with DO-like variability based on their duration and intensity. They represent a particularly distinctive feature of the lower part of MIS 6.

5.4. Rapid climate variability during MIS 6: a regional multiproxy comparison

In order to investigate the character of rapid climate variability during MIS 6, a comparison with regional and global climatic archives is essential. The events of arboreal pollen increase observed in the ODP 976 record show percentages and timing comparable to those from the Portuguese margin core MD01-2444 (Margari et al., 2010, 2014; Tzedakis et al., 2018) (Fig. 7, m). However, the ODP 976 record generally presents lower values of temperate deciduous pollen percentages compared to the Atlantic record, due to its more semiarid Mediterranean influence as previously evidenced for the last glacial period (Charton et al., 2025; Fletcher et al., 2010b). To better capture temperate vegetation dynamics, we added Ericaceae, a clear marker of Atlantic influence in the ODP 976 record, to the deciduous temperate forest, to obtain a "total temperate pollen sum" which enhances the main warming peaks and strengthens the correlation between the two marine cores on both sides of Gibraltar Strait (Fig. 7, m and l). The ODP 976 pollen-inferred climate reconstructions show generally consistent patterns with the SSTs trends based on alkenones (Martrat et al., 2004, 2007), and the southern Iberian humidity recorded in the speleothem from Cueva Gitana (Hodge et al., 2008) (Fig. 7, e and g). The ODP 976 pollen and climate record therefore appears to reflect well regional variations in both temperature and humidity across MIS 6.

Warm events in the northern hemisphere are generally well-correlated to peaks in the ODP 976 temperate pollen curve (Fig. 7, c and l). An active bipolar seesaw dynamics was described during the penultimate glacial Davtian & Bard, 2023; EPICA Community Members, 2006; Stocker, 1998), and the Antarctic record was used to elaborate the Greenland GL_T-syn (Greenland temperature synthetic) curve showing predicted $\delta^{18}O$ millennial-scale events for the past glacial eight climatic cycles, which are not directly recorded in Greenland ice (Barker et al., 2011; Bazin et al., 2013; Jouzel et al., 2007). Six Antarctic Isotopic maxima (AIM) events were recognized on the Deuterium curve during MIS 6 (6i to 6vi), correlated with increases in CO2 concentrations and benthic isotope minima in the North Atlantic (Barker et al., 2011; Hodell et al., 2023; Margari et al., 2010, 2014; Shin et al., 2020) (Fig. 7, a-c). These AIM and benthic minima in the Atlantic are not easily correlated with steppe expansions in the ODP 976 record, indicating a limited response of vegetation in the Western Mediterranean to the Antarctic warm events.

Barker et al. (2011) predicted the occurrence of eleven millennial-scale warming events during MIS 6 (Fig. 7, c), while nine interstadials were recognized in the Alboran Sea from the alkenone record

(Fig. 7, e), (Martrat et al., 2004, 2007). In the loess record of Harletz in central Europe, ten interstadials were described (Rousseau et al., 2020), strongly matching the Chinese speleothems records of stadial and interstadial events related to the Asian Monsoon dynamics (Cheng et al., 2006; Li et al., 2014; Wang et al., 2018; Wang et al., 2001; Xue et al., 2019). The global nature of fast climate oscillations in the northern hemisphere thus appears controlled by the coupled influence of Atlantic cold events, and tropical monsoon variations as evidenced by the eastern Mediterranean speleothems records from Sofular, Soreq and Kanaan caves (Ayalon et al., 2002; Held et al., 2024; Matthews et al., 2021; Nehme et al., 2018).

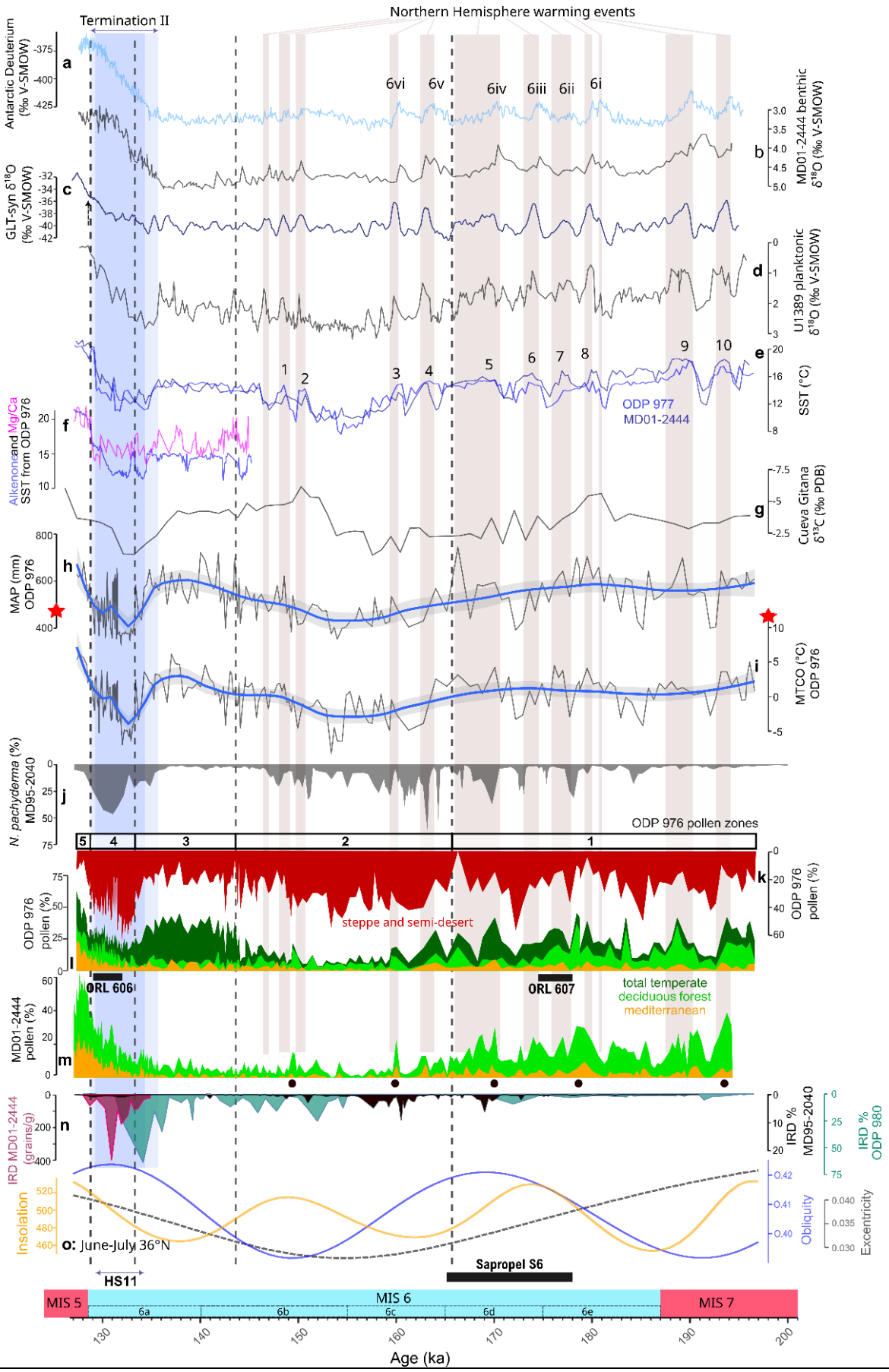


Fig. 7. Millennial-scale climate changes during MIS 6. a) Antarctic Dome C δD (Bazin et al., 2013; Jouzel et al., 2007); **b)** Benthic $\delta^{18}O$ from MD01-2444 (Margari et al., 2010); **c)** Greenland synthetic

$\delta^{18}O$ (Barker et al., 2011); **d)** Planktonic $\delta^{18}O$ from U1389 (Sierro & Andersen, 2022); **e)** alkenone-based SST from ODP 977 (darker blue) and MD01-2444 (lighter blue) (Martrat et al., 2004, 2007)**; f)** Alkenone-based SST (Martrat et al., 2014) and Mg/Ca-based SST (Jiménez-Amat and Zahn, 2015) from ODP 976; **g)** $\delta^{18}C$ from Cueva Gitana (Hodge et al., 2008); **h)** Mean Annual Precipitation (MAP) reconstructed from ODP 976 pollen assemblage, mean of the four methods used in this study (MAT, WA-PLS, RF, BRT), with the red star showing the modern value ; **i)** Mean Temperature of the Coldest Month (MTCO) reconstructed from ODP 976 pollen assemblage, mean of the four methods used in this study (MAT, WA-PLS, RF, BRT), with the red star showing the modern value; **j)** *N. pachyderma* percentages from MD95-2040 (de Abreu et al., 2003; Voelker & de Abreu, 2011); **k)** ODP 976 pollen percentages of semi-desert and steppe taxa, with ODP 976 pollen zones (this study); **l)** ODP 976 pollen percentages of total temperate taxa including temperate deciduous forest + Ericaceae + Mediterranean (dark green), deciduous forest (light green), Mediterranean (orange) (this study); **m)** MD01-2444 pollen percentages of temperate tree (light green) and Mediterranean (orange) taxa (Margari et al., 2010; Tzedakis et al., 2018); **n)** Ice-Rafted Debris (IRD) percentages from MD01-2444, 37° N (pink) (Skinner & Shackleton, 2006) redrawn from Tzedakis et al. (2018), MD95-2040 (black), 40°N (de Abreu et al., 2003) and ODP 980 (blue), 55°N (McManus et al., 1999; Oppo et al., 2001, 2006); **o)** orbital parameters (Laskar et al., 2004) calculated for June-July at 36°N: Eccentricity (black), Obliquity (blue) and Insolation (yellow). The black rectangle indicates the interval of deposition of Sapropel layer S6 in the eastern Mediterranean (Ziegler et al., 2010). The marine substages MIS 6a-e follow (Railsback et al., 2015). All data are plotted on AICC2012 chronology (Bazin et al., 2013) following Sierro et al. (2020, 2022), except for the IRD records and Gitana Cave which is plotted on its own age model based on U-series absolute dating. The vertical grey bars indicate the Northern Atlantic interstadial events based on the planktonic isotope record and the predicted millennial-scale warming events from Greenland synthetic record, with the numbers of the Alboran interstadials (AI-1 to AI-10) from Martrat et al. (2004, 2007). Numbers 6i-6vi correspond to the Antarctic Isotope Maxima (AIM) from Margari et al. (2010). The vertical blue bar represents Heinrich Stadial 11 (HS11). Black dots and dotted lines show the five temperate pollen peaks in MD01-2444 used as control points for ODP 976 chronology.

The three phases identified during MIS 6 based on the ODP 976 vegetation and climate record can be compared with regional and global records to be interpreted in a broader context, based on general climatic trends and the expression of climatic instability:

Early MIS 6 (187-166 ka BP): warm/wet conditions and instability. The first phase encompasses the two substages MIS 6e and 6d, and is characterized by humid and rather warm climate conditions in the Mediterranean at the transition from MIS 7 to MIS 6. This phase aligns well with the deposition of ORL bed 607 in the Alboran Sea, and the sapropel layer S6 in the Eastern Mediterranean, associated with the maximum summer insolation and increased intensification of the summer monsoonal system in the eastern Mediterranean between 178.5 to 165.5 ka (Emeis et al., 2003; Rohling et al., 2015; Ziegler et al., 2010). At the same time of S6 deposition, Cheddadi and Rossignol-Strick (1995) described an increase in temperate pollen in the Nile region, and Soreq cave speleothem records climatic conditions typical of an interglacial (Ayalon et al., 2002). Sapropel depositions usually occur during interglacial periods as MIS 1 (Holocene), which makes sapropel S6 an exceptional feature of early MIS 6. It reflects particularly warm and humid conditions, and intense freshwater input in the

Mediterranean which can result from various sources, including increased rainfall and monsoon activity, Atlantic freshwater entrance, and enhanced river discharges (Sierro & Andersen, 2022). The long speleothem records in China report a period of northern shift of the Intertropical Convergence Zone associated with enhanced Asian Monsoon activity during this phase (Wang et al., 2018). Higher pluviometry is also supported by foraminifera isotopic and SSTs signal throughout the Mediterranean Sea, which were used to reconstruct past salinity and freshwater budget regionally (Kallel et al., 2000). Enhanced rainfall in the Balkans is evidenced by the Ioannina lake deepening (Wilson et al., 2021), and a more humid period is documented in speleothem records from Argentarola cave in Italy (Bard et al., 2002) and Gitana cave in southern Spain (Hodge et al., 2008) (Fig. 7, g). Therefore, humid conditions during this phase were not restricted to the eastern Mediterranean where the sapropel deposition occurred. ODP 976 organic layer 607 together with the pollen-based climate reconstructions support this view, with enhanced seasonal precipitation contrast during this interval driven by enhanced winter precipitation (Fig. 5). Comparison with Padul pollen-based hydroclimate reconstructions (Camuera et al., 2022) further strengthens this scenario: despite the chronological delay between the two sequences, this early MIS 6 humid phase and ORL deposition likely matches the Western Mediterranean Humid Period (WMHP 6) dated between 180-155 ka BP (Fig. 8). The same study made the case for a co-occurrence of humid periods in the Western Mediterranean and in West Africa (African Humid Periods) during periods of high precipitation seasonality and enhanced West African Monsoon. Pollen-inferred climate reconstructions from lake Ohrid have also shown the phase relationship between African Monsoons and periods of high winter precipitation in the Mediterranean region (Wagner et al., 2019; Sinopoli et al., 2019).

Another characteristic of this early MIS 6 phase is the strong variations in pollen and isotopic curves in the Atlantic and Western Mediterranean (Fig. 7, a-d and l-m). Variations in temperate deciduous and Ericaceae percentages are observed in the ODP 976 record, in close correspondence with the Atlantic record from MD01-2444. The largest interstadial peak in ODP 976 around 179 ka BP is also identified in all the different records and marked by warmer conditions in the sea, and more effective precipitation in SE Iberia (Hodge et al., 2008). It is well correlated with the stadial following Antarctic event 6i (Margari et al., 2010), the associated predicted millennial-scale warming event in Greenland synthetic curve, and the Alboran Sea SST interstadial event 8 (Martrat et al., 2004). In Padul record, the temperate deciduous, Mediterranean and *Abies* percentages increase correlates well with this event (Camuera et al., 2019). It could also match the WMHP 6.1 interstadial (Camuera et al., 2022) (Fig. 8). This large interstadial was suggested to be at the origin of the initialisation of the sapropel S6 deposition (Sierro & Andersen, 2022), and could also have participated in the initialization of ORL 607 deposition in the Alboran Sea (Murat, 1999). On the other hand, the most important tree population

614 decline and semi-desert expansion in ODP 976 is recorded at ~172 ka BP, which could match Antarctic
615 event 6iv, and is associated to a moderate increase of IRD deposition at the latitude of ODP 980 (Fig.
616 7, n). A similar stadial can be observed in the Ioannina and Tenaghi Philippon records with a close
617 chronology (Roucoux et al., 2011) (Fig. 6). Dry conditions at this time are also recorded in the eastern
618 Mediterranean as shown in the Pentadactylos and Soreq speleothems (Ayalon et al., 2002; Nehme et
619 al., 2018).

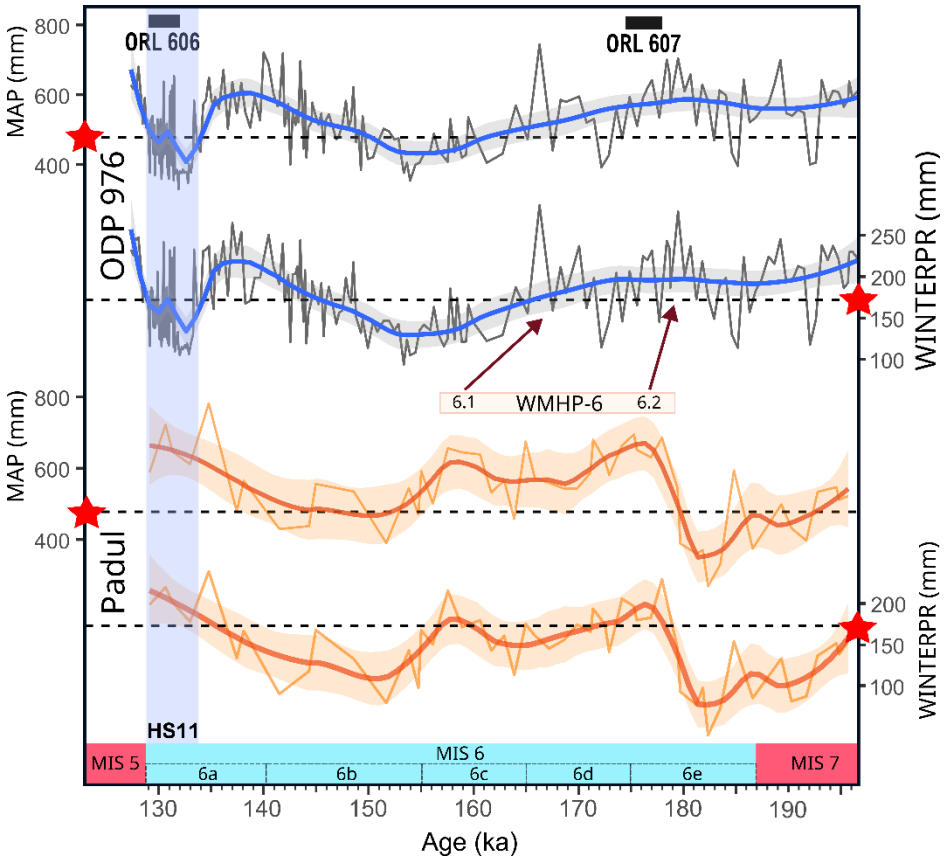


Fig. 8. Comparison between the precipitation pattern reconstructed from ODP 976 with our multi-method approach (mean) (this study) and from Padul with only the WA-PLS method (Camuera et al., 2022). Mean Annual Precipitation (MAP) and Winter Precipitation (WINTERPR) are represented, together with the two Organic Rich Layers (ORLs) identified in ODP 976 (Murat, 1999) and the Western Mediterranean Humid Period (WMHP) 6 defined by Camuera et al. (2022). Red arrows indicate tentative correlation between the two phases of WMHP 6, and the precipitation reconstructions from ODP 976. Red stars and dashed lines indicate the modern climate value (see methods).

620 Middle MIS 6 (165-144 ka BP): maximum glacial conditions and stability. This phase is marked
621 by the maximum expansion of semi-desert vegetation and the almost complete collapse of forest
622 vegetation between ~163 and 150 ka BP, according to the ODP 976 pollen and MD01-2444 records,
623 synchronous with the minimum in orbital eccentricity. This is in agreement with the lowest SSTs values
624 reconstructed in the Alboran Sea from the alkenone record occurring around 155 ka BP, and low SSTs
625 in the Gulf of Lions too (Cortina et al., 2015). At the same time, high percentages of the cold species *N.*

pachyderma, together with important ice-detritus pulses, are recorded on the Portuguese margin (de Abreu et al., 2003; Voelker & de Abreu, 2011) (Fig. 7, j and n). The occurrence of the cold Atlantic species *Limacina retroversa* shells in the ODP 976 sediments at ~155 ka BP is consistent with the enhanced entrance of cold subpolar water masses in the Alboran sea at the time of full glacial conditions. In parallel, there is an intensification of "Fleuve Manche" paleo river discharges evidenced in various sedimentary cores from the Bay of Biscay (Boswell et al., 2019; Eynaud et al., 2007; Penaud et al., 2009, 2016; Toucanne et al., 2009), and a fluvial aggradation linked with reduced vegetation cover in Spanish river basins (Macklin et al., 2002). A long-term aridification is recorded in SE Spain in Gitana cave close to the ODP 976 location (Hodge et al., 2008). The glacial maximum in Soreq cave speleothem is also recorded around 154 ka BP (Bard et al., 2002), and might be responsible for the hiatus in the Pentadactylos speleothem in Cyprus (Nehme et al., 2020). In Italy, the Tana che Urla cave also recorded cooling and aridification between 159-132 ka BP, indicated by both the carbon and oxygen isotopic ratio (Regattieri et al., 2014). The coolest phase in Abaliget Cave speleothem in central Europe is also recorded at that time (Koltai et al., 2017). Climate conditions reconstructed at ODP 976 site during this phase show the maximum aridity and cold temperatures, which are consistent and fall within the range of reconstructed temperatures and precipitation at the same time at Ohrid (Sinopoli et al., 2019). This main phase of glaciation in Europe took place after 163 ka BP, corresponding to the Drenthe glacial advance (Ehlers et al., 2018; Margari et al., 2014). The maximum ice expansion probably led to the almost complete collapse of temperate vegetation across the Mediterranean region, except in specific climate refugia like Ioannina or Padul (Fig. 6). The Mediterranean vegetation taxa were particularly affected and almost disappeared at this time in the ODP 976 record.

Few interstadial events are observed during this cold and dry phase, probably due to the extended ice volume reaching a critical threshold (McManus et al., 1999) and leading to higher climate stability at time of glacial maximum expansion (Sierro and Andersen, 2022). One moderate interstadial event around 150 ka BP is expressed in the ODP 976 and MD01-2444 records through an increase in temperate deciduous tree taxa (Fig. 7, l and m). It may correspond to the interstadial recognized in Gitana Cave speleothem approximately at the same time, and is compatible with the Alboran Interstadial events 1 or 2 (Martrat et al., 2004), while a larger trees increase in Padul record is also observed (Camuera et al., 2019) (Fig. 6). It is also compatible with interstadials recognized in other speleothem records in eastern and central Mediterranean (Ayalon et al., 2002; Bard et al., 2002; Regattieri et al., 2014). Sierro et al. (2022) described a major event of low Mediterranean overturning and high freshwater entrance through the Gibraltar Strait at that time and contemporaneous to the insolation maximum (Fig. 7, o). This configuration was similar to the one contemporaneous to sapropel S6 and ORL 607 deposition during early MIS 6, but did not lead to any new sapropel deposition at 150

ka BP, probably because the climate conditions were more favourable but not enough for a sapropel deposition.

Late MIS 6 (144-129 ka BP): increased precipitation during the last glacial, and arid conditions during HS11. Between 150 and 140 ka BP, warmer and wetter conditions are indicated by ODP 976 pollen percentages of Ericaceae (pollen zone 3). Ericaceae expansions in the Iberian margin sediments were found to be associated to insolation minima in core MD01-2444 (Margari et al., 2014). This pattern is consistent with the ODP 976 Ericaceae curve (Fig. 7, l). The climate reconstructions evidenced high precipitation and especially high WINTERPR values. These higher humidity and temperature values are supported by the carbon isotope record from Gitana Cave (Hodge et al., 2008) and the Alboran Sea SSTs (Martrat et al., 2007) (Fig. 7, e-g). In central Europe, Abaliget Cave speleothem also shows more favourable climate conditions during this phase (Koltai et al., 2017). Climatic oscillations appear subdued in the Western Mediterranean pollen records during this last phase. The high resolution ODP 976 record shows some SST variations (Jiménez-Amat and Zahn, 2015; Martrat et al., 2014) : Ericaceae pollen contractions and semi-desert elements expansions could be correlated to three abrupt drops in alkenone-based SSTs at 144, 142, and 139 ka BP (Fig. 7, f, k and l). Fifteen Chinese Interstadials (CIS) were identified at Hulu Cave during late MIS 6, linked with Asian Monsoon dynamics (Wang et al., 2018), and the ultra-high-resolution record of planktonic isotope ratio at U1389 by Sierro and Andersen (2022) also expresses some variability. However, the vegetation response in the SW Mediterranean was apparently limited.

Following the Ericaceae expansion, the most prominent feature of the late MIS 6 phase is the large and fast expansion of steppe and semi-desert vegetation during HS11, between 133 and 129 ka BP (pollen zone 4). It is characterized by a first large IRD peak at high latitude (ODP 980) around 134 ka BP, and later at the MD01-2444 latitude, around 131 ka BP (Skinner & Shackleton, 2006; Tzedakis et al., 2018). This event also corresponds to an increase in the oxygen isotopic ratio at the Portuguese margin (especially planktonic, starting around 136 ka BP), also broadly synchronous to an important decrease in SSTs of the Atlantic and the Mediterranean Sea (Jiménez-Amat and Zahn, 2015; Martrat et al., 2004, 2007, 2014). A pronounced increase in *N. pachyderma* (sinistral) abundance is also recorded on the Portuguese margin (Voelker & de Abreu, 2011). Climate reconstructions show particularly harsh conditions in the Western Mediterranean region during this event, compatible with the reconstructions from Lake Ohrid (Sinopoli et al., 2019) and from three French sites (Les Echets, la Grande Pile and Le Bouchet) for the latest phase of MIS 6 (Guiot et al., 1989, 1993). An arid phase is also evidenced at Gitana Cave (Hodge et al., 2008), which closely matches the trend of the ODP 976 precipitation curve (Fig. 8). Aridity is evidenced in other speleothem records in Europe like Villars (Wainer et al., 2011), Sieben in the Alps (Moseley et al., 2015), and Abaliget cave in central Europe

(Koltai et al., 2017). Dryness over western Europe is also supported by an episode of intense loess deposition in Rodderberg crater in northern Germany between 136-129 ka BP (Zhang et al., 2024). If HS11 is also recorded in China speleothems (Wang et al., 2018), it appears subdued in the eastern palynological Mediterranean records (Fig. 6), indicating that the Western Mediterranean region was more severely impacted by the dry and cold pulse of HS11. The "W" shape of HS11 described in section 5.1 for the ODP 976 record matches well the Hulu cave record, where the particular event in the middle of HS11 was linked with a strong Asian Monsoon episode that could represent an analogue to the Bølling-Allerød during Termination I (Wang et al., 2018). The fast and multiphase vegetation and climate dynamics evidenced in the ODP 976 record is in agreement with the description of a "HS11 complex" with multiple phases (Tzedakis et al., 2018), and will require more focused attention in the future.

HS11 has been described as a "pause" in the glacial termination II (Gouzy et al., 2004; Hodge et al., 2008). However, in the ODP 976 and MD01-2444 records, temperate vegetation keeps increasing all along the event, despite the supposed cessation of the warming and moistening trend for almost 2000 years. Therefore, the trend toward increased temperate vegetation during Termination II did not seem to be strongly affected by the abrupt arid event, following the continuous climate amelioration described in various speleothem records from Italy covering Termination II, at Corchia cave, Tana che Urla and Argentarola (Bard et al., 2002; Drysdale et al., 2005; Regattieri et al., 2014). On the contrary, the Gitana Cave speleothem records a strong moisture deficit (Fig. 7, g), supporting a stronger impact of HS11 in the SW Mediterranean compared to the Italian Peninsula.

Finally, it is to be pointed out that HS12, occurring around 140 ka BP (Lisiecki & Stern, 2016), apparently did not have any imprint on the vegetation record of ODP 976, implying a subdued impact of this event on Mediterranean vegetation compared to HS11.

5.5. Comparison of MIS 6 with the last glacial period (MIS 4-2)

Various studies have pointed out strong similarities between the millennial-scale oscillations of the last glacial period and the penultimate glacial period, with the division between MIS 3 and MIS 2 being analogous to the early and mid-late phase of MIS 6 respectively (Held et al., 2024; Margari et al., 2010, 2014; Roucoux et al., 2011; Rousseau et al., 2020; Shin et al., 2020; Sierro et al., 2020). The same studies argued in favour of pervasive impact of stadial events on the continental climate and vegetation in the Mediterranean region, even in absence of typical Heinrich layers (Roucoux et al., 2011). The ODP 976 record shows a cooling and aridification trend during the first half of MIS 6 (Fig. 9), with decreasing intensity of interstadials events, that recalls the pattern of MIS 3 D-O cycles (Bond et al., 1993).

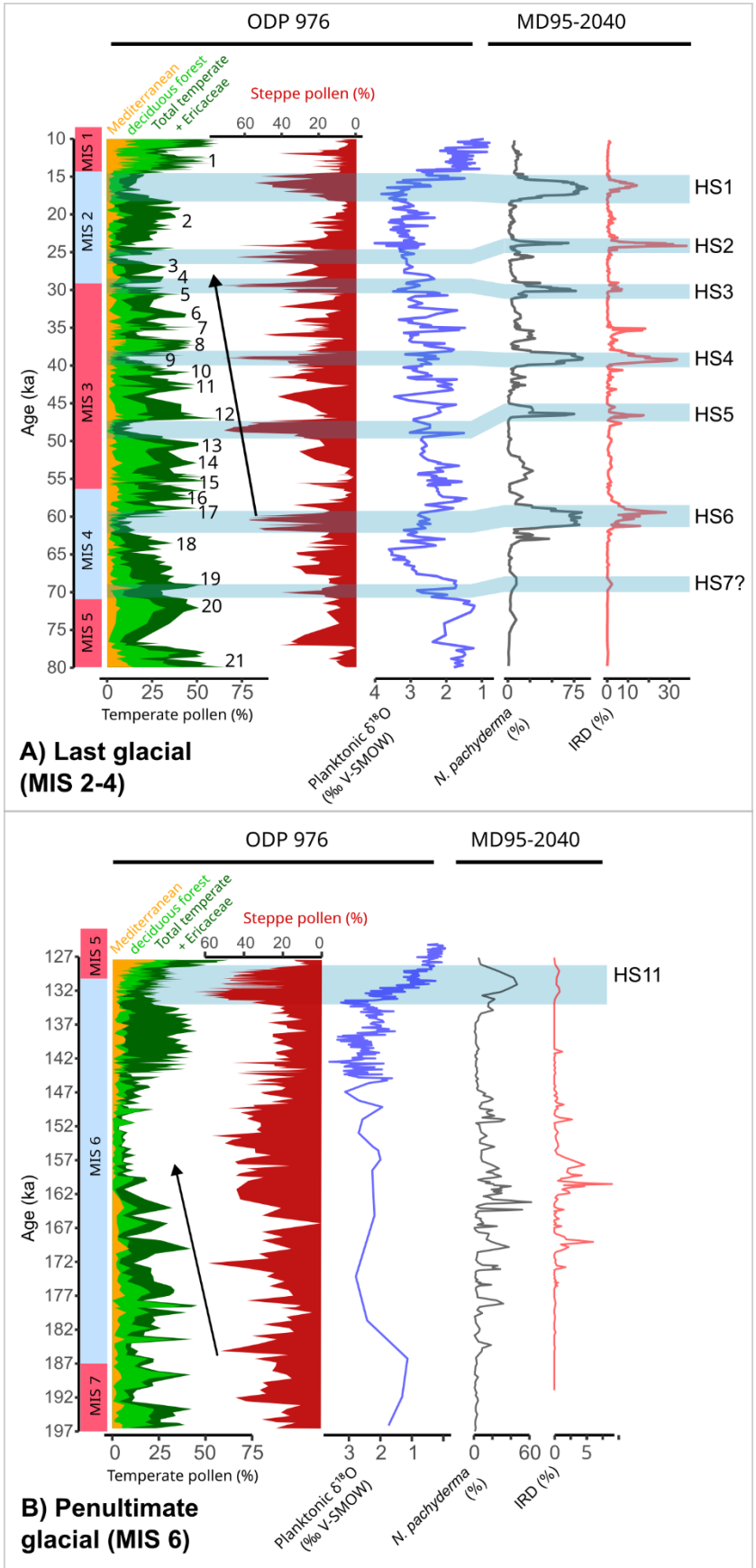


Fig. 9. Comparison of millennial-scale changes during A) the last glacial (MIS 2-4) and B) the penultimate glacial (MIS 6), including the main pollen data from ODP 976 (Charton et al., 2025; Combourieu-Nebout et al., 2002, 2009, and unpublished data for the last climatic cycle, and this

study for MIS 6), the ODP 976 planktonic isotopic ratio from *G. bulloides* (Combourieu-Nebout et al., 2002; Jiménez-Amat & Zahn, 2015; von Grafenstein et al., 1999, and unpublished data), and the *N. pachyderma* and IRD record from core MD95-2040 (de Abreu et al., 2003; Voelker and de Abreu, 2011). Marine Isotope Stages follow the boundaries from Lisiecki & Raymo (2005). Numbers on the Last Glacial correspond to the Greenland D-O events chronology (Fletcher et al., 2010a; Rasmussen et al., 2014). Black arrows mark the aridification trend and decreasing interstadials intensity during MIS 3 and early MIS 6.

However, the absence of clear successions of stadial events and especially Heinrich stadials, together with the more subdued expression of interstadials in the vegetation record, limits the resemblance between the two glacial periods. The pacing of interstadial peaks also seems to be reduced compared to the last glacial period high-frequency oscillations, as previously highlighted from the high-resolution speleothem record from Sofular cave in Turkey (Held et al., 2024).

A comparison of millennial-scale changes during the past two glacial periods based on the ODP 976 and MD95-2040 records, on either side of the Gibraltar Strait, supports our view (Fig. 9). The last glacial period (encompassing MIS 4 to MIS 2) was characterized in the Alboran Sea by high-intensity oscillations in both temperate and semi-desert vegetation correlated with D-O cycles and intense ice-rafting events HE1 to HE7 in MD95-2040. During interstadial events, temperate and Mediterranean vegetation (deciduous forest + Mediterranean + Ericaceae) could reach values above 60 % of total pollen; during stadial events, the semi-desert pollen values reached values as high as 70% of total pollen (during HS3, HS4 and HS5). In comparison, the penultimate glacial (MIS 6) displays much lower intensity events, with interstadials characterized by 45% as a maximum value for temperate vegetation, and stadials with 65% for the steppe and semi-desert vegetation (during HS11). High-intensity cold episodes during MIS 6 are limited to the HS11, and the ~172 ka BP event. This is consistent with the multiproxy record of core MD95-2040 on the Portuguese margin, which evidenced reduced variability in the *N. pachyderma* abundance and IRD deposition during the penultimate glacial compared to the last glacial (de Abreu et al., 2003; Voelker & de Abreu, 2011). The ice rafting episodes appear to be of different nature during MIS 6 (Hodell et al., 2008; Liu et al., 2018; McCarron et al., 2021), with the main iceberg discharges originating from the European ice sheet, contrary to the typical Hudson Strait origin of the last glacial Heinrich layers. SST reconstructions in the western Mediterranean also show less intense cooling during MIS 6 than during MIS 3 (Martrat et al., 2004, 2007), supporting limited incursions of polar waters in the Mediterranean during MIS 6 compared to MIS 3 coldest stadials, and especially Heinrich stadials (Cacho et al., 1999).

Like ODP 976, Ioannina records lower intensity arboreal pollen oscillations during early MIS 6 compared to the last glacial (Roucoux et al., 2011). In comparison, the Atlantic pollen record from MD01-2444 core displays similar amplitude of tree percentages during the last and the penultimate

glacial (Margari et al., 2010). This difference can be explained by the different climate conditions, and the higher sensitivity to cold and aridity of sclerophyllous and deciduous forest vegetation on the Mediterranean side, as recorded in the ODP 976 and Ioannina palynological sequence. It appears that temperate vegetation in SW Mediterranean responded to millennial-scale climatic oscillations with higher intensity during the last glacial compared to the penultimate, probably because the climate in Europe was colder during MIS 6 compared to MIS 2. This is supported by larger European ice-sheet extension during the penultimate glacial (Ehlers et al., 2011; Ehlers & Gibbard, 2007; Shackleton, 1987), favouring the long-term establishment of open landscapes mainly composed by steppe and semi-desert plants. The differences in humidity might not be as easily interpretable, with an early MIS 6 more humid, and a MIS 6 glacial maximum more arid, compared to MIS 3 and MIS 2 as also suggested by the Ioannina record (Roucoux et al., 2011). Future climate reconstructions applied to the complete last glacial cycle in ODP 976 and other Mediterranean long pollen sequences will help understanding the different climate configurations between the last two glacial periods.

5.6. Human occupation during MIS 6 in SW Europe

Only a limited number of sites in South-Western Europe has yielded archaeological layers attributed to MIS 6, and even fewer of them have been radiometrically dated allowing for a robust comparison with the environmental changes (Fig. 10 and Supplements table S2). The environmental proxies available in the archaeological layers (pollen, charcoal, macro and microfauna) can help the chronological attribution, but are often insufficient to establish a precise correlation with the high-resolution chrono-environmental framework of marine and glacial archives. Even when absolute dates are available, their large uncertainty range and the poor resolution of the archaeological record represent a major limitation and make it difficult to correlate the human occupation phases with a specific substage of MIS 6.

It is generally accepted that the northern part of Europe was almost completely depopulated during MIS 6, with very few sites identified compared to the southern European fringes, indicating discontinuous occupation during more favourable climatic episodes (Hérisson et al., 2016) or total abandonment like in the British lands (Scott, 2011; Shaw et al., 2016; White and Pettitt, 2011). Southern France, Italy and the Iberian Peninsula could have represented climate refugia during the most extreme ice-cap advances (Bicho and Carvalho, 2022). Notably, Italy is particularly deprived of sites well-dated to MIS 6 (Fig. 10) including the isolated Neanderthal of Altamura, the short episode of elephant scavenging at Poggetti Vecchi, and the long sequence of San Bernardino cave which chronological range extends up to ~154 ka BP, a period marked by the most extensive glacial conditions of MIS 6. Some other few archaeological layers have been attributed to MIS 6, but they lack a robust

789 chronological attribution (Aureli & Ronchitelli, 2018; Fontana et al., 2010, Fig. 10). One can hypothesise
790 that regional climate conditions in the peninsula were particularly harsh after 150 ka, and that
791 potential refugia sites remain to be identified in Italy. Palaeoecological reconstructions at the Poggetti
792 Vecchi site indicated cold and dry open environment (Aranguren et al., 2019; Benvenuti et al., 2017).
793 Interestingly, the chronological range for the site could coincide with a major stadial event at 171 ka
794 BP identified in the ODP 976 core, and particularly well expressed in the Valle di Castiglione record (Fig.
795 6).

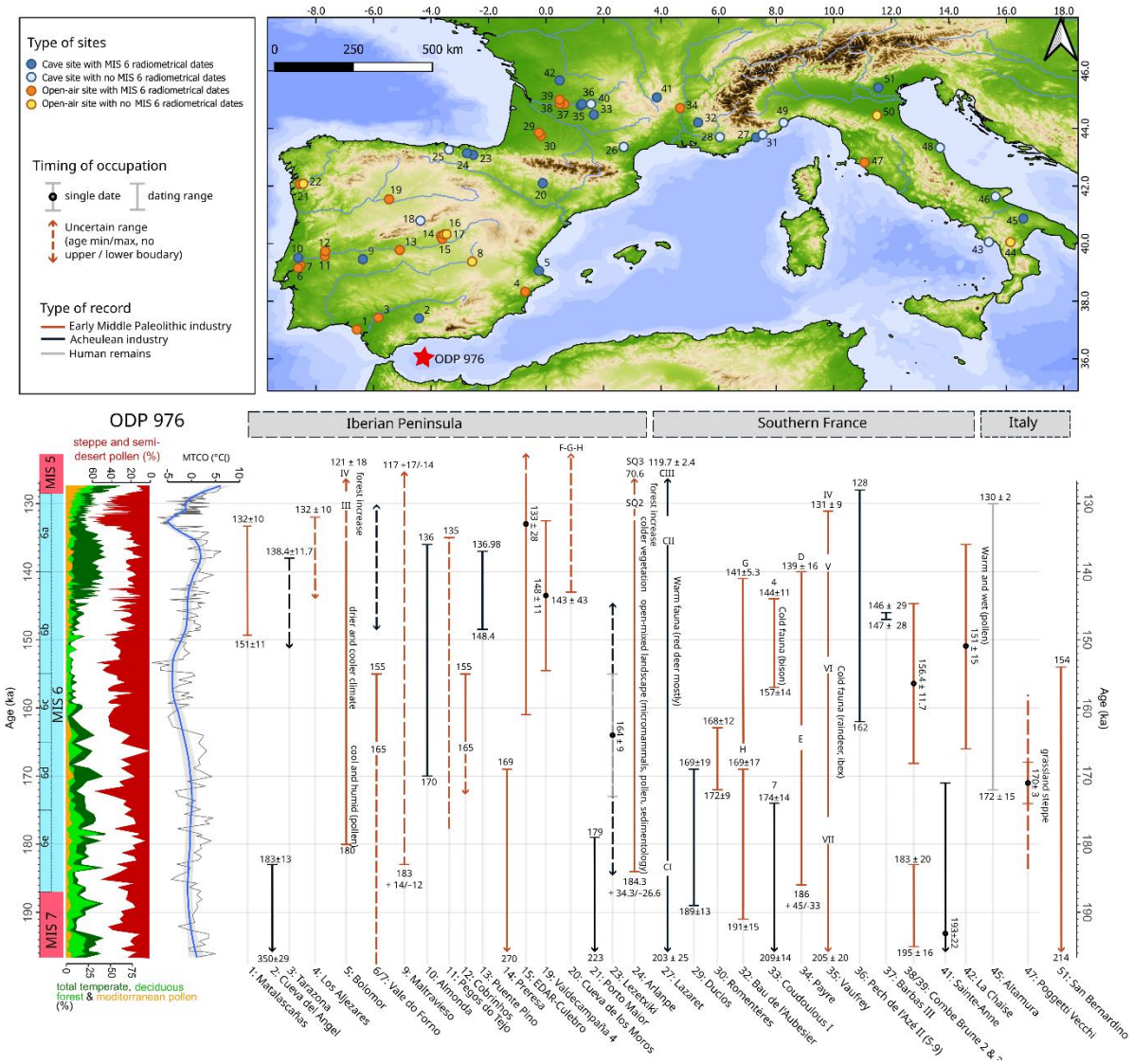


Fig. 10. Distribution of archaeological sites and radiometrically dated human occupation in western Mediterranean attributed to MIS 6, with some relevant palaeoecological information when available. The dates used and references can be found in Supplementary table S2. Sites on the map are numbered from south to north in each country: **1**: Matalascañas ; **2**: Cueva del Angel ; **3**: Tarazona ; **4**: Los Aljezares ; **5**: Cueva del Bolomor ; **6**: Vale do Forno ; **7**: VF3 (Milharos) ; 8: El Provencio ; **9**: Cueva de Maltravieso ; **10**: Almonda ; **11**: Pegos do Tejo ; **12**: Cobrinhos ; **13**: Puente Pino ; **14**: Preresa ; **15**: EDAR-Culebro 2 ; **16**: Arriaga II/III ; **17**: Arganda II (Valdocarros) ; **18**: Villacastin ; **19**: Valdecampana ; **20**: Cueva de los Moros de Gabasa; **21**: Porto Maior; **22** : Arbo; **23**: Lezetxiki ;

24 : Arlanpe ; **25**: Ventalaperra ; **26**: Aldènes ; **27** : Grotte du Lazaret ; **28** : Baume Bonne ; **29** : Duclos ; **30**: Romenteres ; **31**: Grotte du Prince ; **32**: Bau de l'Aubesier; **33**: Coudoulous I ; **34**: Payre ; **35**: Grotte Vaufrey ; **36** : Pech de l'Aze II ; **37**: Barbas III ; **38**: Combe Brune 3 ; **39**: Combe Brune 2 ; **40**: Grotte Sirogne; **41**: Sainte -Anne ; **42**: La Chaise ; **43**: Riparo del Poggio; **44**: Rosaneto; **45**: Altamura; **46**: Riparo Paglicci; **47**: Poggetti Vecchi ; **48**: Monte Conero; **49**: Grotta del Colombo; **50**: Due Pozzi/Scornetta; **51**: Grotta di San Bernardino.

In Southern France and the Iberian Peninsula, according to available radiometric dates, human occupation appears to have been continuous across MIS 6, even during the glacial maximum, with both cave and open-air sites. France provides a comparable number of cave and open-air sites mainly concentrated in the southwestern region. The Portuguese record is mainly constituted by open-air sites in fluvial terrace systems of the lower Tagus, offering important insights into short-term occupations during the full-glacial stage, but with complex chronological attribution (Cunha et al., 2012, 2017; Pereira et al., 2019). The Spanish record includes various open-air settlements in the upper Tagus valley (Panera et al., 2011, 2014; Yravedra et al., 2019), as well as the Duero (Diez-Martín, 2010) and the Guadalquivir (Caro Gómez et al., 2011) valleys. Cave sites are fewer and are mainly located closer to the coast (Cueva del Bolomor, Cueva del Angel, Lezetxiki, Arlanpe, Ventalaperra), with the two exceptions of Cueva de Maltravieso and Villacastín. Key sites like Lazaret Cave (Late Acheulean, France) and Cueva del Bolomor (Middle Palaeolithic, Spain) evidence the persistence of human groups in possible climate refugia (Ochando et al., 2019; Valensi et al., 2005).

MIS 6 in Europe saw the final stage of the cultural transition from the Lower to the Middle Palaeolithic industries (MIS 8-5), mainly characterized by the emergence of more complex core technologies such as Levallois debitage and changes in subsistence strategies. No rupture is observed between the technocomplexes, as cultural diversity and the permanence of Acheulean bifacial tools associated to technological innovation mark these Early Middle Palaeolithic industries in Southern Europe (Santonja et al., 2016; Terradillos-Bernal et al., 2023). The distribution of archaeological sites and timing of human occupation in South-Western Mediterranean at that time reflect this pattern (Fig. 10). A mosaic of traditional and innovative behavioural traits can be observed, with late Acheulean and Early Middle Palaeolithic coexisting continuously (Cueto et al., 2016; de Lumley, 2018; Mathias et al., 2020; Moncel et al., 2025; Santonja et al., 2022; Torres et al., 2024; Valensi et al., 2013). Acheulean technocomplexes are progressively abandoned during MIS 6 in Europe (Álvarez-Alonso, 2014; Key et al., 2021), with the latest chronologies found possibly in the Manzanares basin in central Iberia at Arriaga sites (Panera et al., 2014; Rubio-Jara et al., 2016; Rubio-Jara and Panera, 2019; Silva et al., 2013), or at Lazaret cave (Michel et al., 2022), and dated to the beginning of MIS 5. No clear explanation is accepted for the emergence and generalization of the Levallois debitage, and while cognition might not be the only factor, some authors suggested that MIS 6 glaciation could have played a role in the final abandonment of Acheulean industries (Moncel et al., 2020; Valensi et al., 2005). It is hard to claim

826 that specific environmental pressures favoured Levallois technology over bifacial production, as these
827 lithic technologies seem to have co-existed in Western Europe since MIS 12-11 over several
828 glacial/interglacial cycles (Baena et al., 2017; Moncel et al., 2020), including extremely cold stages (like
829 MIS 12 and 10). This "mosaic" pattern for the Lower to Middle Palaeolithic transition, although at least
830 partly imputable to the large dating uncertainties, points toward more complex processes leading to
831 the generalization of Middle Palaeolithic industries from MIS 5. Interestingly, the end of the Lower to
832 Middle Palaeolithic transition is also associated with a shift in the morphology of human remains, from
833 "Early Neanderthals" (MIS 7-5) to "Classical Neanderthals" (MIS 5-3) (Di Vincenzo and Manzi, 2023).
834 Sites like La Chaise (Abri Suard), Lazaret and Altamura provide fossil evidence for these "Early
835 Neanderthals" which share characteristics with earlier Middle Pleistocene populations, and with later
836 Neanderthals (Buzi et al., 2025; Couture-Veschambre et al., 2021; de Lumley, 2018). Genetic data also
837 support an important population shift in western Europe sometimes around the transition from MIS 6
838 to MIS 5 (Peyrégne et al., 2019). Therefore, an important population reorganization seems to have
839 occurred at the time of the final Acheulean industries, leading to the onset of the so-called "Classical
840 neanderthal world" in western Eurasia, with generalized Middle Palaeolithic industries and established
841 Neanderthal morphological features. The role of environmental changes occurring during MIS 6 in this
842 population reorganization remains poorly understood.

843 Changes in land use and mobility pattern have been evidenced in north-central Iberia, and can
844 be viewed as adaptations to the severe climatic conditions of MIS 6 evidenced in the ODP 976 sequence
845 during pollen zone/phase 2: increasing mobility, more short-term occupations and reliance on more
846 local resources for subsistence strategies (Diez-Martín, 2010; Diez-Martín et al., 2008; Rios-Garaizar,
847 2016; Sánchez-Yustos, 2009). However, identifying cultural phases in the archaeological sequences
848 linked with specific climatic episodes is generally hindered by the poor resolution of the archaeological
849 record and chronological data. Among the sites identified in this synthesis, Lazaret and Bolomor caves
850 probably present the most informative and well-dated sequences with several archaeological layers
851 dated to MIS 6.

852 Cueva del Bolomor stands out in the Iberian Peninsula record as it provided an exceptionally
853 long and continuous record of human presence, and the oldest evidence of fire use in Spain during the
854 Middle Palaeolithic (Vidal-Matutano et al., 2019). Climate changes during MIS 6 documented in
855 Bolomor's sediments through multiple proxies are consistent with the different phases identified in
856 the ODP 976 record, with a more humid and cool phase at the beginning of MIS 6, and the most arid
857 phase taking place at the middle of Phase III (layers X-VIII) (Arsuaga et al., 2012; Fernández Peris et al.,
858 2008). The site is described as a climatic refugium where Mediterranean vegetation persisted during
859 the colder phase of MIS 6 thanks to the coastal reservoir character of the site (Ochando et al., 2019).

No clear change in lithic production has been identified in the MIS 6 layers of Bolomor: according to Fernández Peris et al. (2008), archaeological layers XII to VII (Phase III, MIS 6) are all dominated by limestone flakes with few retouches, few recycling, and the presence non-Acheulean macro-lithic elements. These layers are characterized by expeditive flaking (including Levallois *débitage*) relying on local raw-material, pointing toward a high degree of mobility and search for immediate effectiveness. It is thus hard to distinguish different techno-cultural tendencies during this phase. The most visible change in the archaeological sequence occurs in layer VI (MIS 5) which shows an intensification of lithic production dominated by flint, the production of more specialized tools including microlithic elements and associated to more intense and stable occupation in the cave (Fernández Peris et al., 2008). Therefore, a clear behavioural change in the technological and economical exploitation of raw materials is identified at the beginning of MIS 5. Faunal remains show a large and constant diversity, including abundant micro supporting both short-term and long-term not-specialized occupation, with no clear change in the site's function across the sequence (Blasco et al., 2013).

Lazaret Cave, in south-eastern France, shows a very distinct scheme: the Lower to Middle Palaeolithic transition is well documented in the archaeological sequence (Unit CII and CIII), with the progressive replacement of large bifacial tools production by more standardized and smaller flakes (Cauche, 2012). Levallois *débitage* is already present and well-mastered in the lower MIS 6 levels, although rare, and becomes dominant in the upper levels (early MIS 5). Therefore, a subdivision of unit CII can be made with a lower interval rich in handaxes, and an upper layer characterized as "final Acheulean" with rare handaxes and more abundant flakes. Faunal assemblages are very constant throughout MIS 6, with the large dominance of red deers and rare presence of cold species (*Rangifer tarandus*, *Coelodonta antiquitatis*). Thus, the climatic oscillations of MIS 6 do not seem to have influenced different hunting strategies or prey selection by human populations at Lazaret Cave, as large game hunting of red deer prevailed (Valensi et al., 2013).

Therefore, Lazaret and Bolomor caves are examples of different strategies of site exploitation and technological evolution during MIS 6: Lazaret Cave represents a specialized red-deer hunting camp evidencing a progressive change from Lower to Middle Palaeolithic tools, while Cueva del Bolomor can be characterized as a short-term camp with more generalized hunting and stable expeditive Middle Palaeolithic industry. Despite these differences both sites provide evidence for a change in lithic assemblages occurring at the end of MIS 6/ beginning of MIS 5: the disappearance of handaxes and generalization of Levallois flakes in Lazaret, and the intensification and standardization of flint flakes in Bolomor.

The fast climate dynamics during Termination II as evidenced in the ODP 976 paleoenvironmental record could have represented a critical period for human population. At the end of MIS 6, more sites have been identified in the Iberian Peninsula than Southern France, showing the latter could have represented a climate refugium at the time of maximum glacial expansion, with more intense human occupation regionally. Many of these late MIS 6 sites present a chronological boundary at the top of the sequence compatible with the onset of Termination II around 136 ka BP, and with HS11, within the dating uncertainty: Matalascañas, Tarrazona, Los Aljezares, Bolomor Unit III, Almonda, Pegos do Tejo, Puente Pino, Arlanpe Unit SQ2, Lazaret Unit CII, Payre layer D, Vauffrey unit IV, and Pech de l'Azé II layer 5. The extreme character of this event in the South-Western Mediterranean as expressed in the ODP 976 sequence could have put further environmental pressure on hominin groups already diminished. A niche modelling approach based on 41 sites of Western Eurasia since 145 ka BP has shown that the projected potential niche space for Neanderthals at the end of MIS 6 (~145ka BP) was very reduced and concentrated in Western Europe (Yaworsky et al., 2024). This coincides with the end of pollen zone/phase 2 in the ODP 976 record, the most cold and arid phase of the penultimate Glacial before HS11. Then, the authors reconstruct a progressive expansion of Neanderthal potential niche space between 145 and 130 ka, compatible with the climatic warming and moistening during pollen zone/phase 3 in the ODP 976 record (Yaworsky et al., 2024). The temporal resolution of the model (1000 years) does not allow to detect the impact of HS11 on the niche projection, and only a small slowdown and decline of the projected niche is visible at ~130 ka BP, before the MIS 5e optimum (Yaworsky et al., 2024, Fig. 5). A regional study focused on North-Western Spain argued in favour of a demographic vacuum at the end of MIS 6, compatible with HS11 and leading to a population reorganization implying contraction or micro-extinction, before the generalization of Middle Palaeolithic industries during MIS 5 (Sánchez-Yustos and Diez-Martín, 2015). According to the same authors, following this crisis, Neanderthal population entered a "reorganisation phase" leading to demographical stability and more technological standardization, visible in the explosion of the number of sites in Europe in general, especially after the MIS 5e climatic optimum (Bringmans, 2007; Lewis et al., 2011; Wenzel, 2007). This statement is supported by niche modelling which shows a peak in projected potential niche space of Neanderthal during MIS 5e (Yaworsky et al., 2024), and by recent genetic data which provided evidence for at least two radiation events linked with the environmental conditions of the last interglacial (Vernot et al., 2021), and Neanderthal population continuity since ~120 ka BP (Peyrégne et al., 2019). Thus, HS11 did not lead to complete extinction of hominin groups but might have induced deep demographical and technological reorganization, representing the first and one of the most intense abrupt changes that Neanderthal population had to face in South-Western Europe before the Last Glacial largest oscillations (HS6-4). According to this view, the emergence of the "classical Neanderthal" world in Europe after the MIS 6/5 transition corresponds to the

initialization of dynamics of repeated population contraction and expansion in response to the Upper Pleistocene instability, especially during MIS 4-2 (Sánchez-Yustos, 2009). This view is increasingly supported by genetic data (Fotiadou et al., 2026). In that sense, the subdued environmental instability during MIS 6 evidenced in the ODP site 976 record compared to the last glacial period (Section 5.5 and Fig. 9) could also have implications for human populations, with less fragmented (although harsh) habitats and more stable (although reduced) population during MIS 6. This hypothesis remains however hard to test based on the very different nature and quality of preservation of the archaeological record during MIS 6 compared to MIS 4-2 (e.g. Charton et al., 2025).

6. Conclusion

The ODP site 976 record sheds light on the environmental and climate changes during MIS 6 in the SW Mediterranean. The sequence is characterized by the high representation of *Cedrus* and Ericaceae pollen, resulting from the combined influence of African and Atlantic input respectively. ODP 976 position, at the confluence of Mediterranean versus Atlantic, and Eurasian versus African climatic areas, is ideal to decipher the processes behind orbital and sub-orbital climate dynamics during past glaciations. Three main phases have been distinguished during MIS 6 with different trends in vegetation and climate changes. Millennial-scale oscillations are recorded especially during the early part of MIS 6 (~187-166 ka BP) through the rapid increases of temperate and Mediterranean pollen, some of which are similar to millennial-scale warming events identified in the ice-core and marine temperature records, as well as other palynological sequences in the Mediterranean region. This Early MIS 6 phase is characterized by overall warmer and wetter climate conditions, in agreement with other paleoclimate archives in the Mediterranean showing enhanced moisture availability at the beginning of MIS 6. This phase of enhanced moisture availability was likely connected with enhanced Asian and African monsoon activity and was probably at the origin of the deposition of the Organic Rich Layer 607 in the Alboran Sea and sapropel S6 in the eastern Mediterranean. The second phase (165-144 ka BP) shows the establishment of full glacial conditions in the Mediterranean, with the maximum spread of steppe and semi-desert vegetation associated to cold and arid climate conditions and limited rapid oscillations. Finally, the final stages of MIS 6 are marked by increased humidity and the development of Ericaceae, with moderate millennial-scale oscillations seen in the vegetation record. Termination II is very particular in the ODP 976 record, with the continuous increase of temperate and Mediterranean vegetation being contemporaneous to a major episode of steppe expansion and aridity increase identified as HS11. This event shows a particular three phases or “W” shape, in agreement with other records, and had a major impact on the SW Mediterranean environments. A comparison with the changes occurring during the last glacial period (MIS 4-2) inferred from the same core highlighted the limited duration, frequency and intensity of MIS 6 millennial-scale climatic events compared to the last

Glacial D-O cycles and Heinrich Stadials (MIS 4-2). These results support a subdued impact of the millennial-scale climatic oscillations on the continental vegetation in the Mediterranean region during the Penultimate glaciation compared to the Last Glacial. The only exception is HS11, which stands out by its notable intensity and duration and is of particular interest to understand the mechanisms behind Termination II.

Human populations continuously inhabited the SW Mediterranean territory during MIS 6. While few sites are available and robustly dated to MIS 6 in Italy, Southern France and the Iberian Peninsula appear to have been intensely populated, supporting their nature of Pleistocene Climate refugia. More ecological data from well-dated archaeological sites during MIS 6 would be needed to increase the quality of human-environmental dynamics comparison. However, the synthesis drawn in the present study highlights the extreme nature of events characterizing Termination II, and particularly HS11, which could have represented an important environmental crisis for human population at that time, catalysing the end of the Lower to Middle Palaeolithic Transition and the onset of the "classical" Neanderthal world through a drastic population bottleneck.

7. Data availability

Pollen counts and climate reconstruction results from ODP 976 will be soon submitted to PANGAEA data repository (https://www.pangaea.de/).

8. Supplements

The supplementary figures and tables related to this study can be downloaded at the following link:

9. Author contribution

LC, NC, AB and VL designed the project. LC and NC carried out the palynological analyses. LC, OP and MR applied the four methods of pollen-based climate reconstruction to the ODP 976 record. LC and MHM led the archaeological synthesis. LC made the figures and wrote the text. All authors contributed to improve the manuscript by their expertise.

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