



The influence of vapor pressure deficit changes on global terrestrial evapotranspiration

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Abstract: Vapor pressure deficit (VPD) is increasingly recognized as the primary driver of uncertainty in future global evapotranspiration (E) trends. Accurately characterizing the spatiotemporal dynamics of VPD and clarifying its mechanisms of influence on terrestrial E are crucial for improving water-use efficiency, optimizing ecosystem structure and function, and addressing the challenges of global climate change. Previous studies, however, have largely concentrated on the physiological regulation of vegetation transpiration (Et) at the micro scale. Here, we integrate multi-source remote sensing products and reanalysis datasets spanning 1981–2020 to quantitatively disentangle the contributions of VPD to E and assess its role in shaping global terrestrial evapotranspiration. Our results demonstrate that: (1) across 60.7% of the global land surface, E increased with rising VPD, while in arid regions with limited soil moisture the effect was generally weak; (2) VPD regulates E primarily by modulating Et, with elevated VPD directly enhancing transpiration; (3) the regulation of E by VPD exhibits a clear climatic gradient: arid zones (1.31 kPa) > humid zones (0.32 kPa), and the tropical (0.79 kPa) > temperate (0.68 kPa) > cold (0.28 kPa) >



30 polar (0.07 kPa). By elucidating the dominant pathways and regional heterogeneity of
31 VPD–E interactions at the global scale, this study strengthens the mechanistic
32 understanding of the coupled warming–atmospheric aridity–water flux system. These
33 findings provide quantitative constraints for predicting terrestrial water-cycle changes
34 under global warming and offer scientific evidence to support targeted climate
35 adaptation strategies worldwide.

36 **Key words:** Vapor pressure deficit; Evapotranspiration; Ecosystem; Climate change

37 1. Introduction

38 Vapor Pressure Deficit (VPD) is rising at an unprecedented rate and has become
39 one of the core variables driving land drying and vegetation moisture stress under
40 climate warming (Hermann et al., 2024). As a combined measure of temperature and
41 relative humidity (Shih et al., 2025), the increase of VPD directly reflects the stronger
42 atmospheric demand for water, which in turn strongly influences stomatal
43 conductance, photosynthetic rate, and vegetation evapotranspiration (Chai et al., 2025;
44 Miner et al., 2017). Many studies have shown that VPD has become a key variable
45 linking the carbon–water cycle, ecosystem water use efficiency, and extreme climate
46 events such as heat waves and droughts (Hermann et al., 2024). Under global
47 warming, terrestrial ecosystems are facing “dual stress”: on the one hand, rising VPD
48 intensifies water shortage; on the other hand, traditional climate models struggle to
49 reproduce its nonlinear feedbacks, thereby creating substantial uncertainty in
50 predicting future carbon–water cycle trends (Kim and Johnson, 2025). Therefore, a
51 clear understanding of how VPD changes regulate global evapotranspiration is not
52 only of scientific value but also of great practical significance for ecosystem
53 adaptation to climate change.

54 Although higher global CO₂ concentrations should theoretically improve
55 vegetation water use efficiency (WUE) (Peters et al., 2018), recent studies combining
56 FLUXNET flux observations with machine learning have shown that global WUE has
57 tended to level off since 2000. This slowdown is mainly due to the “asymmetric effect”
58 of VPD on photosynthesis and evapotranspiration (ET)—while VPD promotes ET, it
59 suppresses carbon assimilation, thus offsetting the CO₂ fertilization effect (F. Li et al.,



2023). In non-peatland areas, higher VPD generally limits vegetation growth and reduces carbon sink capacity. However, in high-water-level environments such as peatlands, this effect may be weakened or even reversed by the “open water strategy” (Chen et al., 2023; Yuan et al., 2019). Together, these findings highlight that VPD is not only a driver of ET but also an important regulator in the carbon–water coupling process. Yet, the spatial differences in the global VPD–ET relationship and its driving mechanisms remain poorly understood, and the specific pathways through which VPD operates under multi-factor interactions are still unclear.

In recent years, empirical research on the relationship between VPD and evapotranspiration has steadily expanded. At the microscopic scale, there is a daily lag between vegetation transpiration and VPD, with the size of the lag depending on the radiation–VPD delay. Both plant and soil water potential are key factors regulating this lagged ET–VPD relationship, especially when soil moisture declines (Zhang et al., 2014). At the macroscopic scale, in arid regions, the persistent rise in VPD combined with soil drought restricts evapotranspiration, causing vegetation wilting and ecosystem degradation (Wang et al., 2025). By contrast, in tropical rainforests where soil water is relatively abundant, although higher VPD induces stomatal closure, leaf renewal during the dry season can boost short-term carbon sequestration (Kumagai et al., 2009; Lebrija-Trejos et al., 2023). These contrasting responses indicate that the influence of VPD on evapotranspiration is shaped by climate zones, soil water availability, vegetation types, and even human activities (Zhuang et al., 2021). Therefore, understanding the nonlinearities, threshold effects, and multi-factor interactions in this relationship has become a major challenge in Earth system science (Hsu and Dirmeyer, 2021). Although some studies have tried to explain this relationship using statistical or process-based models, the lack of quantitative identification of VPD pathways remains a key limitation for improving predictive capability.

Against this background, this study explores how VPD influences evapotranspiration across different land surfaces and climate zones worldwide. Specifically, we used VPD and ET data derived from multiple remote sensing sources



90 to examine the global response of ET to VPD changes from 1981 to 2020. The
91 research focuses on the following scientific questions: (1) How does VPD influence
92 global terrestrial ET? (2) How does VPD affect the spatial and temporal heterogeneity
93 of global ET? (3) What are the implications of the rapid rise of VPD under global
94 warming for land–atmosphere feedbacks? Addressing these questions will not only
95 improve our understanding of the mechanisms by which VPD regulates ET but also
96 provide a stronger basis for developing targeted global climate adaptation strategies.

97 **2. Data and Methods**

98 **2.1 Data Sources**

99 Evapotranspiration data used in this study were derived from the Global Land
100 Evaporation Amsterdam Model (GLEAM) v4.2a product (<https://www.gleam.eu/>)
101 (Miralles et al., 2025). The GLEAM product not only provides total
102 evapotranspiration but also partitions components such as transpiration (Et), bare soil
103 evaporation (Eb), and interception evaporation (Ei), and is widely applied in
104 quantitative global water cycle research. VPD data were obtained from the monthly
105 ERA5 reanalysis available from the official website, with calculations based on air
106 temperature (Ta) and dew point temperature (Td). Precipitation data were also
107 analyzed on a monthly scale using ERA5. Other variables, including soil moisture,
108 total solar radiation, and precipitation, were sourced from ERA5 as well (Copernicus
109 Climate Change Service, 2019). Land use data were obtained from the MCD12C1
110 version 6.1 product on the Google Earth Engine platform, classifying land use into 17
111 categories at a spatial resolution of 0.05° annually (Friedl and Sulla-Menashe, 2022).
112 Climate zoning employed the updated Köppen–Geiger classification system by Rubel
113 et al. to define climate types for each region (Rubel et al., 2017). Arid regions are
114 primarily distributed between 60°N and 60°S and are classified using the aridity index
115 into hyper-arid, arid, semi-arid, and dry sub-humid zones (Rohde et al., 2024). Leaf
116 Area Index (LAI) data were sourced from the GIMMS V1.2 dataset published in 2023
117 (Cao et al., 2023), which demonstrates high overall accuracy and low underestimation,
118 validated by in situ LAI measurements and Landsat-derived LAI samples. This
119 dataset effectively mitigates satellite orbit drift and sensor degradation effects,



120 providing good temporal consistency and a plausible global vegetation trend around
 121 the year 2000.

122 2.2 Methods

123 2.2.1 Trend analysis of raster data based on Theil-Sen slope and Mann-Kendall test

124 The Mann-Kendall trend test was used to analyze the changing trends and
 125 significance of VPD and E globally from 1981 to 2020 (Mann, 1945), and the IL-SEN
 126 method was used to quantify the magnitudes of the changing trends of the two (Sen,
 127 1968). This method determines the monotonic trend of a sequence by calculating the
 128 test statistic S (S 2) and its symbolic function Sgn (formula 3), where $\beta > 0$ indicates
 129 that the sequence has an upward trend (S 1). The significance of the trend is evaluated
 130 by the test statistic Z (S 4), and the Z value is calculated based on S and its Var Var (S)
 131 (S 5). This method has no strict requirements for the distribution of data and belongs
 132 to non-parametric test methods. It has been widely used in the analysis of time series
 133 and can well reflect the changes of VPD and E. The equation is as follows:

$$\beta = \text{Median} \left(\frac{x_j - x_i}{j - i} \right) \quad \forall j > i \quad (1)$$

134 Median() represents the calculation of the median value. When β is greater than
 135 0, it indicates an increasing trend in the research subject.

136 The test statistic S is calculated as follows:

$$S = \sum_{i=1}^n \sum_{j=i+1}^n \text{sgn}(x_j - x_i) \quad (2)$$

137 where Sgn() is the sign function, calculated as:

$$\text{Sgn}(x_j - x_i) = \begin{cases} 1 & x_j - x_i > 0 \\ 0 & x_j - x_i = 0 \\ -1 & x_j - x_i < 0 \end{cases} \quad (3)$$

138 The trend significance is evaluated using the test statistic Z, which is computed
 139 as follows:

$$Z = \begin{cases} \frac{S}{\sqrt{\text{Var}(S)}} & S > 0 \\ 0 & S = 0 \\ \frac{S+1}{\sqrt{\text{Var}(S)}} & S < 0 \end{cases} \quad (4)$$



140 where Var (variance) is computed as:

$$\text{Var}(S) = \frac{n(n-1)(2n+5)}{18}. \quad (5)$$

141 where n represents the number of data points in the sequence.

142 When the absolute value of Z exceeds specific thresholds (1.64, 1.96, or 2.58), it
 143 indicates that the time series passes the significance test at confidence levels of 90%,
 144 95%, and 99%, respectively. Using a two-tailed trend test, the critical value $Z(1-\alpha/2)$
 145 is obtained from the normal distribution table under a given significance level. When
 146 $|Z| \leq Z(1-\alpha/2)$, the null hypothesis is accepted, indicating no significant trend; when
 147 $|Z| > Z(1-\alpha/2)$, the null hypothesis is rejected, indicating a significant trend.

148 2.2.2 Estimation of the VPD sensitivity to the E

149 Due to the complex bidirectional interactions between local background climate
 150 and varying E conditions across different scales, this study adopts a moving window
 151 strategy inspired by the “space-for-time” approach to calculate the sensitivity of E to
 152 VPD (dE/dVPD) (Y. Li et al., 2023). The core assumption is that the target pixel
 153 shares the same background climate with neighboring pixels within the moving
 154 window, so differences in E between the target and comparison pixels are attributed to
 155 biophysical feedbacks induced by land cover changes. Similarly, under certain
 156 constraints, we assume VPD is the sole driver of spatial variations in E, allowing the
 157 estimation of E sensitivity to VPD through spatially adjacent E and VPD data (Li et
 158 al., 2024). The advantage of this method lies in its exclusion of climate natural
 159 variability effects on VPD—since pixels with varying VPD values within the moving
 160 window share the same background climate.

161 This study employs the spatial moving window strategy to generate monthly
 162 dE/dVPD values (Zhao and Feng, 2024). Specifically, for a given target pixel, all
 163 potential comparison samples are selected from neighboring spatial pixels within the
 164 moving window, which is set to 5×5 km based on previous studies. We further
 165 establish screening criteria to exclude the influence of land cover differences: selected
 166 pixels must share the same dominant land cover type as the target pixel, with



167 coverage differences not exceeding 10% according to MODIS land cover data. By
 168 regressing the differences in E and VPD between all comparison pixels and the target
 169 pixel, the sensitivity for the target pixel is obtained. In this process, the nonparametric
 170 Theil–Sen’s slope estimator is applied to address potential skewness in the sample
 171 distribution.

$$slope = median \left(\frac{y_i - y_j}{x_i - x_j} \right) \quad (6)$$

172 Here x and y indicate the E and VPD differences; i and j are the geolocations of
 173 samples within the moving window. Theil–Sen slope estimator adopts the median
 174 value of a range of possible slopes and is thus insensitive to the statistical outliers of
 175 the samples.

176 2.2.3 Pearson Correlation Analysis

177 The Pearson correlation coefficient is a statistical measure used to assess the
 178 relationship between variables, with values ranging from –1 to 1. However, the
 179 observed correlation may occur by chance; therefore, the p-value is employed as an
 180 indicator of statistical significance (Zhang and Zeng, 2024). In this study, for each
 181 pixel, we calculate the Pearson correlation coefficient between the corresponding
 182 pixel values of vapor pressure deficit (VPD) and different components of
 183 evapotranspiration (E_i, E_t, E_b) (Miralles et al., 2011) to quantify the degree of linear
 184 association at that location. The correlation coefficient RRR is computed as follows:

$$R = \frac{n \sum x_i y_i - \sum x_i \sum y_i}{\sqrt{n \sum x_i^2 - (\sum x_i)^2} \sqrt{n \sum y_i^2 - (\sum y_i)^2}} \quad (7)$$

185 where n denotes the sample size, and x and y represent the time series values of
 186 VPD and the respective evapotranspiration components E_i, E_t, and E_b. Based on the
 187 absolute value of R, correlation strength is categorized into five levels: negligible or
 188 no correlation (| R | < 0.2); weak correlation (0.2 ≤ | R | < 0.4); moderate
 189 correlation (0.4 ≤ | R | < 0.6); strong correlation (0.6 ≤ | R | < 0.8); and very strong
 190 correlation (0.8 ≤ | R | ≤ 1).



191 2.2.4 Piecewise Linear Regression and Generalized Additive Model (GAM)

192 Piecewise linear regression is suited for scenarios where the independent variable
 193 exhibits different linear relationships across distinct intervals, allowing simultaneous
 194 detection of trends and breakpoints (Yu et al., 2024). GAM are non-parametric
 195 regression techniques that capture nonlinear relationships between independent and
 196 dependent variables through smoothing functions, where the mean or location
 197 parameter of the response variable depends on the sum of smoothing functions of the
 198 covariates (Brunner and Naveau, 2023). This study applies these two models to
 199 investigate the nonlinear relationship and potential thresholds between VPD and E,
 200 and further categorizes the data into five climate zones—tropical (A), arid (B),
 201 temperate (C), frigid (D), and polar (E)—as well as into arid versus humid regions, in
 202 order to explore regional differences. To ensure data quality, outliers were removed
 203 by filtering values outside the 1st and 99th percentiles of VPD and E. Data processing
 204 was conducted using Python libraries rasterio and geopandas. To identify thresholds in
 205 the VPD–E relationship, piecewise linear regression was applied, modeling VPD as
 206 the independent variable and E as the dependent variable with a single breakpoint x_0 .
 207 The model is defined as:

$$E = \begin{cases} k_1 \cdot \text{VPD} + b_1 & \text{if } \text{VPD} < x_0, \\ k_2 \cdot \text{VPD} + (k_1 - k_2) \cdot x_0 + b_1 & \text{if } \text{VPD} \geq x_0, \end{cases} \quad (8)$$

208 where k_1 and k_2 represent the slopes before and after the breakpoint respectively,
 209 and b_1 is the intercept. Parameters (x_0, k_1, k_2, b_1) were estimated using `scipy.optimize`.
 210 Model performance was evaluated by the coefficient of determination (R^2) and root
 211 mean square error (RMSE).

$$E = f(\text{VPD}) \quad (9)$$

212 Here, f is a cubic spline function ($s(0)$). The threshold is determined by
 213 calculating the second derivative of the GAM prediction curve to identify the VPD
 214 value corresponding to the point with the maximum curvature. The 95% confidence
 215 interval is used to assess uncertainty. The model fitting quality was evaluated by R^2



216 and RMSE.

217 2.2.5 Quantifying the Influence of VPD on E under Multi-Factor Coupling Using 218 SEM

219 To elucidate the direct and indirect regulatory mechanisms of VPD on E under
 220 the coupling effects of multiple factors, this study employs Structural Equation
 221 Modeling (SEM) to model and quantify the path relationships among various
 222 variables. SEM, as a multivariate causal analysis tool, is widely utilized in
 223 ecohydrological systems to identify and disentangle complex inter-variable
 224 relationships, enabling simultaneous estimation of direct effects of multiple
 225 independent variables on a dependent variable, indirect effects mediated through
 226 intervening variables, and total effects (Guo et al., 2025).

227 During the model construction process, it is assumed that temperature (T) and
 228 precipitation (PRE) have a direct impact on VPD. Meanwhile, T, PRE, and VPD
 229 regulate soil moisture (SM) and leaf area index (LAI). Ultimately, VPD, SM, and LAI
 230 jointly affect E. The model data is based on multi-source remote sensing and
 231 reanalysis products from 1981 to 2020. All variables were standardized and included
 232 in the analysis.

233 We use the "piecewiseSEM" package to build the path model and extract the
 234 standardized path coefficient (Std.Estimate) through the "coefs" function. Further
 235 utilize the path coefficients to calculate the indirect effects of each factor on E, and
 236 superimpose the direct paths to obtain the total effect. The model fit degree was
 237 evaluated using Fisher's C statistics and AIC (Jing et al., 2015).

238 3. Results

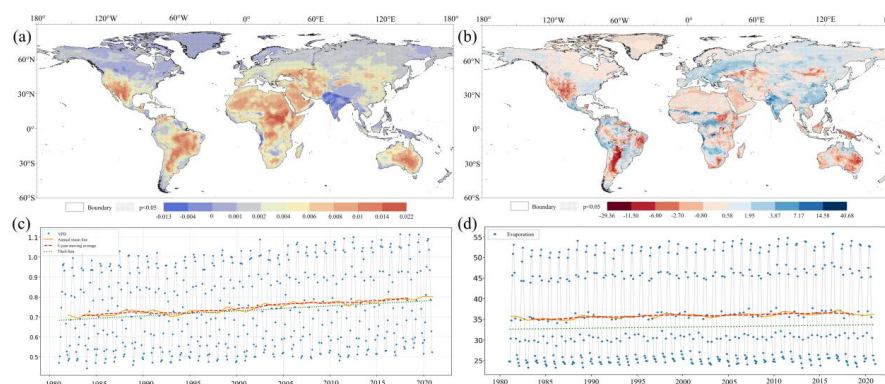
239 3.1 Spatiotemporal Distribution Characteristics of VPD and E

240 From 1981 to 2020 (Fig. 1a), global VPD exhibited a significant upward trend
 241 accompanied by strong spatial heterogeneity. Regions with statistically significant
 242 increases accounted for 76.22% of the terrestrial surface, with particularly pronounced
 243 increases in arid and semi-arid zones, reflecting the global intensification of
 244 atmospheric aridification. Seasonally (Fig. 1c), VPD showed a distinct annual cycle,
 245 peaking in summer (typically July) and reaching a minimum in winter, indicating that



246 it is jointly regulated by meteorological drivers such as air temperature and
 247 evaporative demand.

248 During the same period, global terrestrial E also displayed an overall increasing
 249 trend (Fig. 1b), with significant growth concentrated in East Asia and Northern
 250 Europe, whereas notable declines were detected in Africa, central South America,
 251 southwestern North America, and eastern Australia. At the seasonal scale (Fig. 1d),
 252 the peak of E generally occurred in June, preceding that of VPD by about one month,
 253 suggesting an earlier hydrological response to atmospheric conditions. This shift is
 254 likely associated with abundant soil moisture in spring and the advancement of
 255 vegetation phenology. Further analyses revealed that in regions with rising VPD, E
 256 exhibited a clear decreasing tendency, highlighting the suppressive effect of
 257 intensified atmospheric aridity on land surface water fluxes, particularly in
 258 water-limited areas where soil–vegetation regulation is weak. In contrast, at higher
 259 latitudes where VPD declined or increased only slightly, E generally rose, likely
 260 driven by synergistic effects of rising temperatures, extended frost-free periods, and
 261 strengthened growing-season vegetation activity.



262
 263 Figure 1. Spatiotemporal distribution characteristics of VPD and E: (a) VPD trend
 264 characteristics; (b) E trend characteristics; (c) monthly variation of VPD; (d) monthly
 265 variation of E.

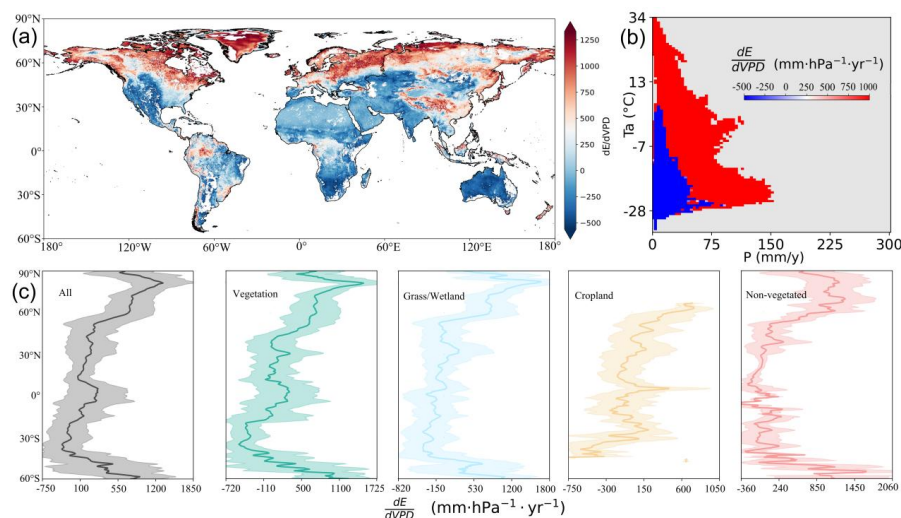
266 3.2 Global-scale Terrestrial E Response to VPD

267 At the global scale, the interannual response of E to VPD shows clear and
 268 uneven spatial patterns (Fig. 2a). Approximately 60.71% of terrestrial areas exhibit



269 positive sensitivity to rising VPD, whereas 39.29% show negative sensitivity, with a
 270 global mean sensitivity of $293.27 \pm 62.28 \text{ mm} \cdot \text{hPa}^{-1} \cdot \text{yr}^{-1}$ (Fig. 2a). From a climatic
 271 perspective, arid and cold regions are more prone to negative responses, because in
 272 these areas VPD-driven surface water fluxes are constrained either by limited water
 273 availability or by insufficient energy, resulting in suppressive effects. By contrast, in
 274 regions with higher temperature or precipitation, the positive response of E to VPD
 275 becomes stronger (Fig. 2b). For typical water-limited regions such as western
 276 Australia and southern Africa, increases in VPD are accompanied by declines in E,
 277 reflecting a stomatal closure feedback that reduces water loss and dampens
 278 evapotranspiration.

279 Across land-use types, we grouped 16 categories into four major classes: forest,
 280 grassland and wetland, cropland, and barren land (Fig. 2c). All classes generally show
 281 positive sensitivity to VPD, but with marked differences in magnitude: forests
 282 respond the most strongly ($405.34 \text{ mm} \cdot \text{hPa}^{-1} \cdot \text{yr}^{-1}$), followed by grasslands and
 283 wetlands ($342.26 \text{ mm} \cdot \text{hPa}^{-1} \cdot \text{yr}^{-1}$) and barren areas ($200.40 \text{ mm} \cdot \text{hPa}^{-1} \cdot \text{yr}^{-1}$), whereas
 284 croplands display the weakest sensitivity ($78.12 \text{ mm} \cdot \text{hPa}^{-1} \cdot \text{yr}^{-1}$). Taken together, these
 285 results indicate that in regions with dense vegetation cover, higher VPD is more likely
 286 to stimulate E, while in sparsely vegetated or managed cropland areas, the effect
 287 remains comparatively limited.



288



289 Figure 2. Response of E to VPD during the study period (1981–2020): (a) spatial
 290 distribution of sensitivity; (b) variation of sensitivity indicating differences across
 291 climate zones, which are delineated based on annual precipitation (P, x-axis) and air
 292 temperature (Ta, y-axis); (c) latitudinal distribution of $dE/dVPD$ across different
 293 underlying surface types, with shaded areas representing the standard deviation of
 294 latitude.

295 3.3 Global Pattern of the Relationship between VPD and E_t , E_i , and E_b

296 From 1981 to 1997, E showed pronounced interannual variability but still
 297 followed an overall upward trend, with the global annual mean increasing by 1.47
 298 mm/yr (Fig. 3a). Following the strong El Niño event in 1998, this upward trend
 299 weakened, shifted into a decline around 2008, and then rebounded under the influence
 300 of the 2009 La Niña event. Satellite observations (Fig. 3b) confirm this dynamic:
 301 VPD rose abruptly in 1998 ($0.034 \text{ hPa yr}^{-1}$), dropped temporarily, and then peaked at
 302 7.839 hPa in 2010. The correlation between E and VPD at the decadal scale suggests
 303 that the intensification and alleviation of atmospheric aridification correspond to the
 304 suppression and recovery of E, respectively.

305 At the spatial scale, correlations between VPD and different E components
 306 display broadly consistent geographic patterns (Fig. 3d, f, h), though with varying
 307 magnitudes: VPD has the strongest influence on E_t ($r = 0.66$), followed by E_i ($r =$
 308 0.37), while E_b exhibits an overall negative correlation ($r = -0.15$) (Fig. 3c). In
 309 high-latitude regions and parts of the low latitudes, VPD significantly enhances E,
 310 with its effect on E_t being particularly prominent compared to E_b and E_i . This occurs
 311 because higher VPD increases atmospheric demand for water vapor, directly driving
 312 diffusion from leaves through stomata into the atmosphere and thereby stimulating
 313 transpiration. Conversely, in arid and semi-arid regions at mid- and low latitudes (e.g.,
 314 central Australia and southern Africa), intensified atmospheric aridification leads to
 315 negative correlations between VPD and both E_i and E_b (Fig. 3f, h), reflecting
 316 suppressed canopy interception and soil evaporation. Across temporal scales, E_t
 317 consistently shows the strongest interannual coherence with VPD, followed by E_b ,
 318 whereas E_i responds the weakest (Fig. 3e, g, i), consistent with the above spatial



analyses.

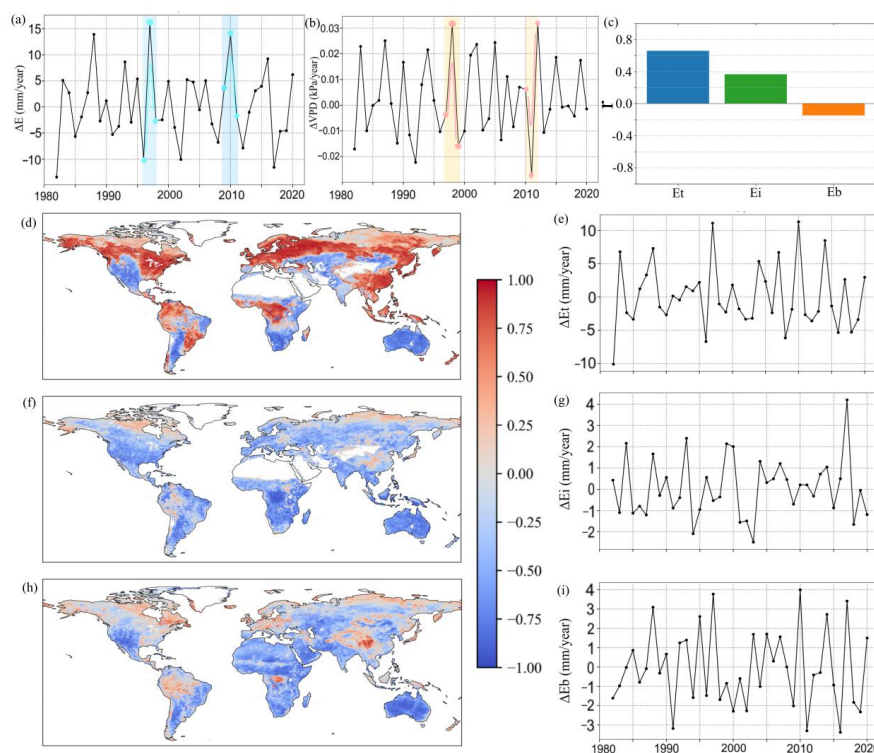


Figure 3. Global influence of VPD on different E components. (a, b) Interannual fluctuations of E and VPD, respectively; (c) Pearson correlation coefficients (r) between VPD and E_t , E_i , and E_b ; (d, f, h) spatial distribution of Pearson correlations between VPD and E_t , E_i , and E_b computed using annual data from 1981 to 2020; (e, g, i) interannual variations of E_t , E_i , and E_b , respectively.

4 Discussion

4.1 Threshold effect and the universality of nonlinearity

This study reveals a widespread nonlinear relationship between E and VPD, indicating that terrestrial ecosystems generally exhibit threshold-like responses to VPD variability. Based on piecewise linear regression and GAM, we quantified VPD thresholds across different climate zones. The results show a clear climatic gradient in thresholds (Fig. 4a–e): tropical (0.79 kPa) > temperate (0.68 kPa) > cold (0.28 kPa) > polar (0.07 kPa), and arid (1.31 kPa) > humid (0.32 kPa). The high consistency



334 between the two models (Fig. 4f, i) confirms the robustness of these thresholds and
335 reveals pronounced regional differences in E's response to VPD. Notably, the low
336 threshold (0.07–0.08 kPa) in polar zones suggests that even slight increases in VPD
337 can induce substantial changes in E, whereas the high threshold (1.67–1.68 kPa) in
338 temperate zones likely reflects vegetation adaptation to long-term arid conditions
339 (Gao et al., 2024; Lian et al., 2021). These results underscore the key regulatory roles
340 of climatic background and ecosystem traits in shaping VPD thresholds.

341 Model comparisons demonstrate that GAM outperforms piecewise regression in
342 capturing nonlinear responses, especially in the cold climate zone ($R^2 = 0.93$; Fig. 4d)
343 and humid regions ($R^2 = 0.91$). This finding is further supported by the cross-zone
344 threshold analysis (Fig. 4f). Quantitatively identifying VPD thresholds is essential for
345 predicting ecosystem responses to intensified atmospheric aridification under future
346 climate change (Li et al., 2020). Regions with lower thresholds (e.g., cold and polar
347 zones) are more vulnerable to VPD increases, facing earlier risks of water stress and
348 associated declines in vegetation productivity and carbon cycling. To better uncover
349 the underlying mechanisms, future studies should integrate multi-source
350 ecohydrological factors, particularly in regions with relatively weak model
351 performance, such as tropical zones (GAM $R^2 = 0.25$; Fig. 4a), thereby improving
352 both the precision of threshold detection and its ecological interpretability.

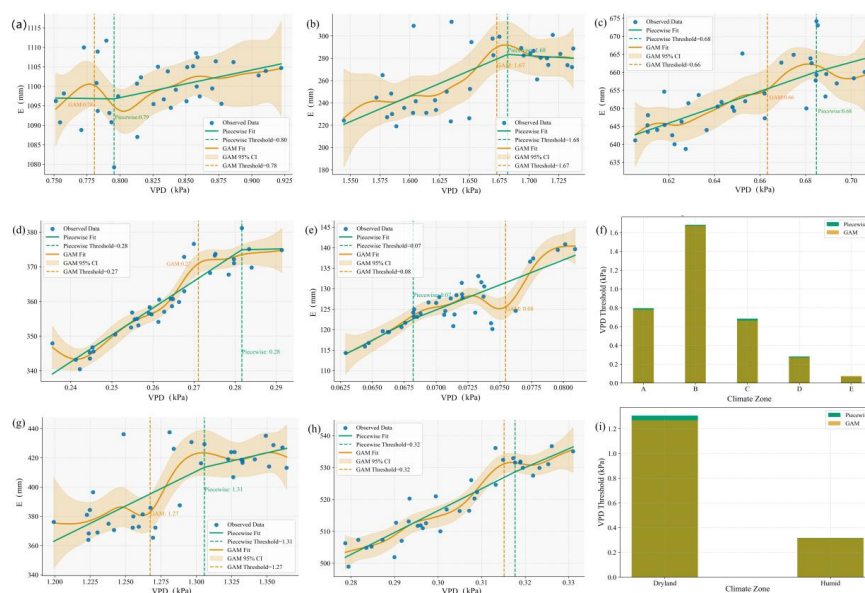


Figure 4. Nonlinear relationships between VPD and E across different climate zones: tropical (a), arid (b), temperate (c), cold (d), and polar (e). Panels (f) and (g) show results for arid and humid regions, respectively. The plots display observed data points, piecewise linear regression fits (red solid lines), GAM fits (green solid lines), and their corresponding thresholds (dashed lines). Panels (h) and (i) compare the thresholds derived from piecewise regression and GAM across climate zones (h) and between arid/humid regions (i) using bar charts.

4.2 Mechanism of VPD regulating E under multi-factor coupling

This study employed SEM to quantitatively reveal the complex mechanisms by which VPD regulates global terrestrial E under multi-factor coupling, with all factors jointly explaining 77% of the variance in E (Fig. 5a). T exerts a significant positive effect on VPD (standardized coefficient = 0.58), whereas Pre has a significant negative effect (standardized coefficient = -0.40), indicating that sufficient water supply can effectively reduce VPD. Meanwhile, the strong negative relationship between SM and VPD (standardized coefficient = -0.84) suggests that under high VPD conditions, SM is rapidly depleted, potentially leading to substantial alterations in ecosystem water budgets (Liu et al., 2019). Previous studies have shown that the response of Et to VPD varies with environmental and plant traits: in water-limited



372 regions, reduced SM may suppress Et, whereas in moisture-abundant regions, Et may
373 rise with increasing VPD (Massmann et al., 2019). Our SEM results are consistent
374 with this understanding, highlighting that the interaction between VPD and SM
375 represents a critical regulatory pathway for E. Moreover, LAI increases markedly
376 under high VPD conditions (standardized coefficient = 0.90), but its direct effect on
377 Et remains weak (standardized coefficient = 0.07), suggesting that VPD primarily
378 influences Et indirectly by modulating vegetation status and SM, thereby regulating E.
379 This indirect pathway aligns with the consensus in ecohydrology: VPD influences
380 stomatal conductance, thereby indirectly controlling photosynthesis and transpiration,
381 and ultimately shaping E dynamics (Zhang et al., 2023).

382 Within the multi-factor coupling framework, VPD exerts a significant direct
383 effect on E (direct effect coefficient = 0.5443) while also amplifying its indirect effect
384 via its positive influence on LAI; the contributions of T and PRE to E are also
385 pronounced (Fig. 5b). These results underscore the interactive coupling pathways
386 between VPD and other climatic drivers, particularly the mechanism by which VPD
387 indirectly regulates E through vegetation structural adjustments. With ongoing climate
388 change driving rising temperatures and shifting precipitation regimes, VPD is
389 projected to increase continuously throughout the 21st century (Yuan et al., 2019).
390 This trajectory will impose major challenges on global ecosystems, especially those
391 constrained by water availability. Our SEM findings highlight the importance of
392 systematically accounting for the interactions and feedbacks among VPD, T, PRE, SM,
393 and LAI when developing adaptation strategies and refining predictive models. Future
394 work should further explore regional heterogeneity and the long-term adaptive
395 strategies of vegetation to enhance the predictive accuracy of global ecohydrological
396 models.

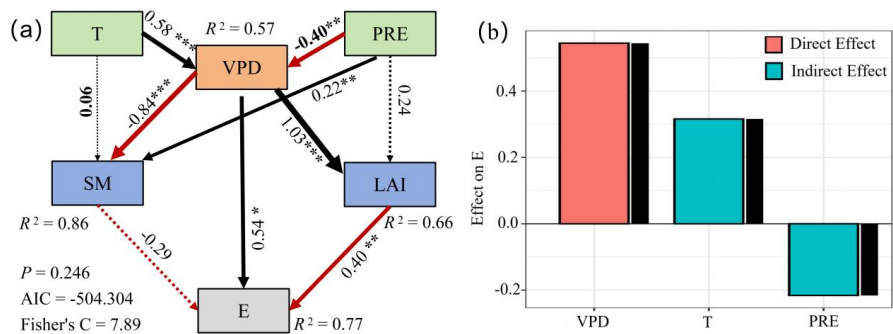


Figure 5. Direct and indirect effects of T, PRE, SM, LAI, and VPD on E. Numbers adjacent to the arrows represent standardized path coefficients indicating the strength of the relationships. Arrow widths are proportional to the magnitude of the standardized coefficients. Significant paths are marked with asterisks. The p-value and Chi-square test statistic are shown in the lower-left corner of the model.

4.3 Implications of land-atmosphere feedback under future VPD increase scenarios

The anticipated rise in VPD will continuously reshape land-atmosphere interactions by regulating E, thereby profoundly influencing both regional and global water cycle patterns (Yuan et al., 2019). In arid regions, when VPD exceeds the critical threshold (1.67–1.68 kPa; Fig. 4f), E is substantially suppressed (Fig. 4b, f), triggering a positive “SM–atmospheric water vapor” feedback loop: declining SM reduces E, weakens atmospheric water vapor flux, suppresses cloud formation and precipitation, and further intensifies regional drought (Zhou et al., 2019). In humid regions, E may initially rise with increasing VPD in the short term (Fig. 2a); however, as available water becomes progressively depleted, this enhancement effect may weaken or even reverse, disrupting cross-regional water vapor transport and precipitation recycling. Responses to elevated VPD vary considerably across climate zones and vegetation types. Forest ecosystems are generally highly sensitive to VPD anomalies, where VPD-induced water stress can markedly reduce productivity and elevate the risks of tree mortality and forest degradation (Will et al., 2013). In contrast, agricultural systems may alleviate some negative impacts of increasing VPD through irrigation, but in water-scarce regions this buffering capacity is constrained,



420 potentially amplifying the instability of agricultural yields.

421 Overall, the continuous rise in VPD may intensify land–atmosphere feedbacks
422 and magnify uncertainties in global water and carbon cycles (Gentine et al., 2019).
423 This underscores the urgent need to refine climate models to better capture regional
424 heterogeneity in ecosystem responses. For ecologically fragile regions—particularly
425 polar, frigid, and arid zones—developing targeted water resource management and
426 ecological conservation strategies is essential to enhance ecosystem adaptability and
427 resilience, thereby mitigating ecological risks and climate feedbacks associated with
428 rising VPD.

429 4.4 Uncertainty and future outlook

430 This research provides a new perspective for understanding the mechanisms by
431 which global VPD regulates E, yet three major sources of uncertainty remain. In
432 terms of data, this study relies on ERA5 reanalysis data for statistical analysis.
433 Although ERA5 incorporates higher-quality near-surface meteorological inputs, it still
434 exhibits systematic deviations from in situ observations. For example, ERA5 tends to
435 overestimate SM in arid regions (Kokkalis et al., 2024), which may dampen the
436 statistical significance of the VPD–SM–ET pathway. To improve the robustness of the
437 findings, future work should utilize multi-source datasets at different temporal scales
438 to more accurately evaluate the impact of VPD on E. In terms of environmental
439 factors, although multiple drivers were considered when examining the VPD–E
440 relationship, the legacy effects of climatic factors on terrestrial ecosystems (Miralles
441 et al., 2014) introduce additional uncertainty. Future studies should incorporate a
442 broader suite of environmental variables and ecological processes and investigate
443 their interactive effects with VPD and E, thereby providing a more comprehensive
444 understanding of the global land–atmosphere coupling system. In terms of
445 methodology, this study applied piecewise linear regression and GAM to quantify the
446 nonlinear relationship between VPD and E. However, these approaches rely on
447 simplifying assumptions that may bias results. For instance, piecewise regression
448 assumes a single breakpoint in the VPD–E relationship, whereas the actual
449 relationship may involve multiple thresholds or gradual nonlinear transitions.



Moreover, in tropical regions, the GAM fit was relatively weak ($R^2 = 0.25$; Fig. 4a), possibly due to data noise or suboptimal parameter selection. Future studies should validate thresholds using FLUXNET site-level observations and adopt more advanced approaches, such as improved GAM formulations or machine learning techniques, to capture the inherently complex nonlinear dynamics.

5 Conclusion

This study integrates multi-source remote sensing and reanalysis data from 1981 to 2020 to systematically evaluate the pathways and regional heterogeneity through which VPD influences global terrestrial E and its components (E_t , E_i , E_b). The results show that global VPD has increased significantly (covering 76.22% of land areas). Overall, E exhibits an increasing trend, but in regions where VPD rises rapidly, E decreases markedly. This essentially reflects the mismatch between limited water supply and surging atmospheric demand, which triggers stomatal closure in plants and soil water limitation, thereby suppressing water fluxes. The global mean sensitivity of E to VPD is $293.27 \pm 62.28 \text{ mm} \cdot \text{hPa}^{-1} \cdot \text{yr}^{-1}$, dominated by positive responses (60.71%) and stronger in regions with higher vegetation cover, whereas 39.29% of regions exhibit negative sensitivity. Clear nonlinear relationships and threshold gradients are evident: thresholds by aridity range from 1.31 kPa in arid zones to 0.32 kPa in humid zones, and by climate zones from 1.68 kPa in arid, 0.79 kPa in tropical, 0.68 kPa in temperate, 0.28 kPa in frigid, to 0.07 kPa in polar climates. Model fits are stronger in frigid ($R^2 = 0.93$) and humid ($R^2 = 0.86$) zones. At the component level, E_t is most sensitive to VPD ($r = 0.66$) and exerts a positive influence on E, whereas in mid-latitude arid-semiarid regions, VPD suppresses E_i and E_b , indicating the constraint of atmospheric dryness on non-transpiration components under water-limited conditions. Structural equation modeling further reveals that multiple drivers jointly explain 77% of the variance in E. VPD exerts a strong direct effect (direct effect coefficient = 0.5443) and indirectly amplifies its influence through its positive regulation of LAI along the VPD–LAI–E pathway. Overall, the continued rise in VPD under global warming may reshape the allocation of terrestrial energy and



479 water, intensify land–atmosphere feedbacks, and exacerbate regional hydroclimatic
480 divergence. While this study provides quantitative constraints and mechanistic
481 insights for future predictions of the water cycle and water resource management,
482 three major uncertainties remain: the representation of lagged and cumulative effects,
483 the estimation of E_i and E_b , and the identification of nonlinear thresholds. Future
484 work should incorporate high-resolution observations, isotope tracing, and
485 experimental evidence to refine understanding of the regulatory mechanisms of VPD
486 on E .

487 **Data availability**

488 The GLEAM v4.2a evapotranspiration product used in this study is available at
489 <https://www.gleam.eu/>. ERA5 reanalysis data, including VPD, air temperature, dew
490 point temperature, soil moisture, solar radiation, and precipitation, can be obtained
491 from <https://www.ecmwf.int/en/forecasts/dataset/ecmwf-reanalysis-v5>. The
492 MCD12C1 v6.1 land use product is available through the Google Earth Engine
493 platform (<https://earthengine.google.com/>). Climate zones are derived from the
494 updated Köppen–Geiger classification and aridity index data. The GIMMS LAI V1.2
495 dataset is available from <https://ecocast.arc.nasa.gov/data/pub/gimms/LAI/>. All data
496 used in this study are publicly accessible or available from the corresponding
497 references.

498 **Code availability**

499 The code used for data processing and analysis in this study is available from the
500 corresponding author upon reasonable request.

501 **Author contributions statement**

502 Yuxin Miao: Writing-Original draft preparation; Guofeng Zhu: Writing-
503 Reviewing and Editing; Yuhao Wang: Data curation; Enwei Huang: Methodology;
504 Qingyang Wang: Visualization; Yani Gun: Investigation; Zhijie Zheng: Supervision;
505 Jiangwei Yang: Software; Wenmin Li: Validation; Ziwen Liu: Software;



506 **Competing interests**

507 The authors declare that they have no conflict of interest.

508 **Acknowledgements**

509 This research was financially supported by the National Natural Science
 510 Foundation of China (42371040), the Western Light Young Scholars Program of the
 511 Chinese Academy of Sciences(25JR6KA001), the Key Natural Science Foundation of
 512 Gansu Province (23JRRA698), the Key Research and Development Program of
 513 Gansu Province (22YF7NA122), the Cultivation Program of Major key projects of
 514 Northwest Normal University (NWNULKZD-202302), the Oasis Scientific Research
 515 achievements Breakthrough Action Plan Project of Northwest normal University
 516 (NWNULZKX-202303).

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