

# Increased abyssal ocean density stratification across the Middle Pleistocene Transition

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**Abstract.** We report basin-scale and globally distributed compilations of deep-water temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  for the past 1.5 million years using paired oxygen isotopic ( $\delta^{18}\text{O}$ ) and Mg/Ca measurements of benthic foraminifera. Across the Middle Pleistocene Transition (MPT), interbasinal gradients suggest North Atlantic deep-water became colder while Pacific deep-water became more saline during glacial periods after ~930 thousand years ago (ka). The  $\delta^{18}\text{O}$  of seawater increased in both the deep Atlantic and Pacific across the MPT indicating increased continental ice volume. But the increase was greater in the Pacific than the Atlantic, which we suggest represents increased salinity of Southern Component Water (SCW). We propose the following sequence of changes during the MPT as a working hypothesis: (1) freshwater input to the marginal seas around Antarctica was reduced beginning at 930 ka by decreased melting of the Antarctic Ice Sheet and/or marine ice shelves and increased sea ice formation in the Southern Ocean; (2) the salinity and density of SCW increased, resulting in enhanced abyssal stratification and rendering the deep ocean a more effective carbon trap; (3) together with increased export production of organic matter and reduced deep-to-surface water exchange in the Southern Ocean, carbon storage in the deep ocean increased, lowering glacial atmospheric  $p\text{CO}_2$ ; (4) lower  $p\text{CO}_2$  permitted the growth of larger continental ice sheets, which reached a critical size and lengthened the glacial cycles. Our hypothesis supports an important role for abyssal ocean stratification in the MPT, and requires further testing with additional benthic Mg/Ca- $\delta^{18}\text{O}$  records, numerical model simulations, and forthcoming atmospheric  $p\text{CO}_2$  and mean ocean temperature results from the Beyond EPICA–Oldest Ice core from Antarctica.

## 1 Introduction

The Middle Pleistocene Transition (MPT), which occurred between ~1.25 and 0.64 million years ago (Ma), marks a major reorganisation of the global climate system and remains a central topic of palaeoclimate research since its first recognition over 50 years ago (Shackleton and Opdyke, 1976). Benthic foraminiferal oxygen isotope ( $\delta^{18}\text{O}$ ) records are marked by a shift from dominant 41 thousand year (kyr) to quasi-100 kyr glacial-interglacial cycles across the MPT. There was no commensurate change in orbital forcing (Clark et al., 2006; Pisias and Moore, 1981), suggesting processes internal to the climate system were responsible. The exact cause(s) of the MPT remain(s) an open question (see reviews by (Berends et al., 2021a; Clark et al., 2006; Herbert, 2023; McClymont et al., 2013)). Uncertainties include whether the transition was gradual or abrupt (Sosdian

and Rosenthal, 2009; Elderfield *et al.*, 2012; Ford *et al.*, 2016; Legrain, Parrenin and Capron, 2023) and whether it was driven primarily by Northern or Southern Hemisphere processes (An *et al.*, 2024; Basak *et al.*, 2026; Hines *et al.*, 2024; Pérez-Montero *et al.*, 2026; Starr *et al.*, 2021; Williams *et al.*, 2024; Wirths *et al.*, 2025; Yehudai *et al.*, 2021). Most hypotheses invoke a long-term global cooling, commonly attributed to a reduction in atmospheric carbon dioxide ( $p\text{CO}_2$ ) (Berends *et al.*, 2021a; Clark *et al.*, 2006; Willeit *et al.*, 2019). Yet, despite extensive work, the relative roles of ice-sheet dynamics and carbon-cycle feedbacks, and their timing remain poorly constrained.

Proposed explanations for the MPT can be broadly grouped into three categories: (i) internal ice-sheet dynamics, most notably the regolith hypothesis invoking progressive changes in basal conditions leading to the exposure of high-friction crystalline bedrock (Clark *et al.*, 2006; Clark and Pollard, 1998); (ii) changes in ice-sheet geometry and extent, particularly involving North American and/or Antarctic ice sheets (An *et al.*, 2024; Bintanja and Van De Wal, 2008; Elderfield *et al.*, 2012; Raymo *et al.*, 2006; Wirths *et al.*, 2025); and (iii) feedbacks associated with long-term changes in the global carbon cycle, including deep-sea carbon storage and atmospheric  $p\text{CO}_2$  variability (Berger *et al.*, 1999; Chalk *et al.*, 2017; Farmer *et al.*, 2019; Lear *et al.*, 2016; Qin *et al.*, 2022; Shackleton, 2000; Thomas *et al.*, 2022; Willeit *et al.*, 2019). Increasing attention has been paid to the potential role of marine carbon cycle processes (Herbert, 2023), which are closely linked to changes in deep ocean circulation during the MPT (Hall *et al.*, 2001; Hasenfratz *et al.*, 2019; Kim *et al.*, 2021; Li *et al.*, 2026; Martínez-García *et al.*, 2010; Pena and Goldstein, 2014; Qin *et al.*, 2022; Raymo *et al.*, 1997). A "thermohaline circulation crisis" (Pena and Goldstein, 2014) (THC) was proposed for the deep Atlantic across the MPT, but the magnitude and extent of such an event has been questioned recently (Basak *et al.*, 2026; Hines *et al.*, 2024; Williams *et al.*, 2024). Furthermore, recent findings from Allan Hills blue ice area of Antarctica show no significant decline in mean atmospheric  $p\text{CO}_2$  over the MPT (Marks-Peterson *et al.*, 2026), which does not necessarily preclude changes in the glacial values of atmospheric  $p\text{CO}_2$  because the mean values are likely weighted towards interglacial periods. Forthcoming atmospheric  $p\text{CO}_2$  measurements from the Beyond-EPICA ice core are highly anticipated, and will likely resolve the timing and magnitude of atmospheric  $p\text{CO}_2$  changes across the MPT.

Whilst numerous studies implicate enhanced carbon storage in the deep sea and lowered glacial atmospheric  $p\text{CO}_2$  across the MPT (Billups *et al.*, 2018; Chalk *et al.*, 2017; Farmer *et al.*, 2019; Gildor and Tziperman, 2001; Hodell *et al.*, 2003; Jaccard *et al.*, 2013; Lear *et al.*, 2016; Sigman *et al.*, 2010; Starr *et al.*, 2021; Thomas *et al.*, 2022), no direct comparisons of the temperature and salinity controls on the density of deep water masses have been made between the North Atlantic and Pacific Ocean basins across the transition. This limits assessment of large-scale changes in abyssal density structure, and their potential role in carbon storage and atmospheric  $p\text{CO}_2$  change (Adkins, 2013; Broecker and Peng, 1998, 1983). Here, we combine new and previously published records of Mg/Ca-derived deep-water temperature and oxygen isotopic composition of seawater ( $\delta^{18}\text{O}_{\text{seawater}}$ ), a proxy for both ice volume and salinity, to evaluate how abyssal ocean density structure changed across the MPT.

Benthic  $\delta^{18}\text{O}$  records are invaluable tools for reconstructing glacial-interglacial variability of the Quaternary (Shackleton, 1967; Shackleton and Opdyke, 1973). However, interpretation of benthic  $\delta^{18}\text{O}$  records is complicated because the signal is dependent on both temperature and the  $\delta^{18}\text{O}_{\text{seawater}}$ , the latter varying with global ice volume and regional hydrography

65 including salinity changes at sites of deep-water formation (Waelbroeck et al., 2002). Deconvolution of benthic  $\delta^{18}\text{O}$  into its  
temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  components has been accomplished by paired measurement of Mg/Ca and  $\delta^{18}\text{O}$  of calcite  
(Elderfield et al., 2010, 2012; Ford et al., 2016; Ford and Raymo, 2020; Hasenfratz et al., 2017, 2019; Sosdian and Rosenthal,  
2009), with estimates of propagated uncertainty (Thirumalai et al., 2016). Other indirect approaches include inverse modelling  
70 that combines benthic  $\delta^{18}\text{O}$  data with ice sheet models of varying complexity (Berends et al., 2021b; Bintanja and Van De  
Wal, 2008) and an iterative process-based approach that assesses changes in relationships between the oxygen isotopic  
composition of ice ( $\delta^{18}\text{O}_{\text{ice}}$ ), sea level, temperature, and  $\delta^{18}\text{O}_{\text{seawater}}$  (Rohling et al., 2021). More recently, changes in global  
mean sea surface temperatures ( $\Delta\text{GMSST}$ ) combined with proxy-based deep ocean temperature estimates, have been used to  
infer changes in mean ocean temperature ( $\Delta\text{MOT}$ ), enabling separation of temperature and ice volume components from a  
global benthic  $\delta^{18}\text{O}$  stack (Clark et al., 2025). These different approaches can yield widely divergent interpretations of  
75 Quaternary temperature and ice volume evolution. For example, during Marine Isotope Stage (MIS) 22 (~900 ka), Rohling et  
al. (2021) infer a substantial increase in ice volume with limited deep-water cooling, consistent with earlier Mg/Ca-based  
reconstructions (Elderfield et al., 2012; Ford and Raymo, 2020). In contrast, the reconstruction of Clark et al. (2025) shows  
pronounced deep-water cooling with relatively little change in ice volume across the MPT.

Here we present a new 1.5-million-year-long record of North Atlantic deep-water temperature, using Mg/Ca measured  
80 in calcite of two infaunal benthic foraminifera (*Uvigerina peregrina* and *Globobulimina affinis*) from sediment cores recovered  
at International Ocean Discovery Program (IODP) Site U1385 (37°34.3'N, 10°7.6'W, 2578 metres below sea level [mbsl])  
from the Iberian Margin (Hodell et al., 2015, 2023) (Figs. 1, S1 and S2; Table 1). The Mg/Ca-derived temperature is paired  
with benthic  $\delta^{18}\text{O}$  to isolate the  $\delta^{18}\text{O}_{\text{seawater}}$  signal (Sect. 2.3; Figs. 2 and S3). Our record provides an important complement to  
existing North Atlantic data from Deep Sea Drilling Project (DSDP) Site 607 (Sosdian and Rosenthal, 2009), where Mg/Ca-  
85 derived temperature estimates were based partly on *Cibicidoides wuellerstorfi*. These results were called into question because  
this epibenthic taxa can be affected by changes in carbonate ion concentrations of bottom waters (Yu and Broecker, Wallace,  
2010) (Sect. 3.1; Supplement). This criticism was subsequently refuted (Sosdian and Rosenthal, 2010) prompting additional  
Mg/Ca measurements of infaunal benthic taxa (*Uvigerina* spp.) at Site 607 (Ford et al., 2016).

We combine (stack) North Atlantic records from Sites U1385 and 607 (Ford et al., 2016; Sosdian and Rosenthal, 2009)  
90 and compare them with equivalent Pacific records (Sites 1123 and 1208 (Elderfield et al., 2012; Ford and Raymo, 2020)) to  
reconstruct the basinal histories of temperature and salinity change (Sect. 2.5–2.6). The Atlantic and Pacific records are then  
combined with Site 1094 from the South Atlantic sector of the Southern Ocean (Hasenfratz et al., 2019) (Figs. 1, S1 and S2;  
Table 1) to produce globally distributed stacks. Although the number of deconvolved benthic Mg/Ca– $\delta^{18}\text{O}$  records available  
for stacking is few over the past 1.5 million years (Myr), some distinct differences emerge in the patterns of inferred deep  
95 ocean temperature and salinity change between the North Atlantic and Pacific basins.

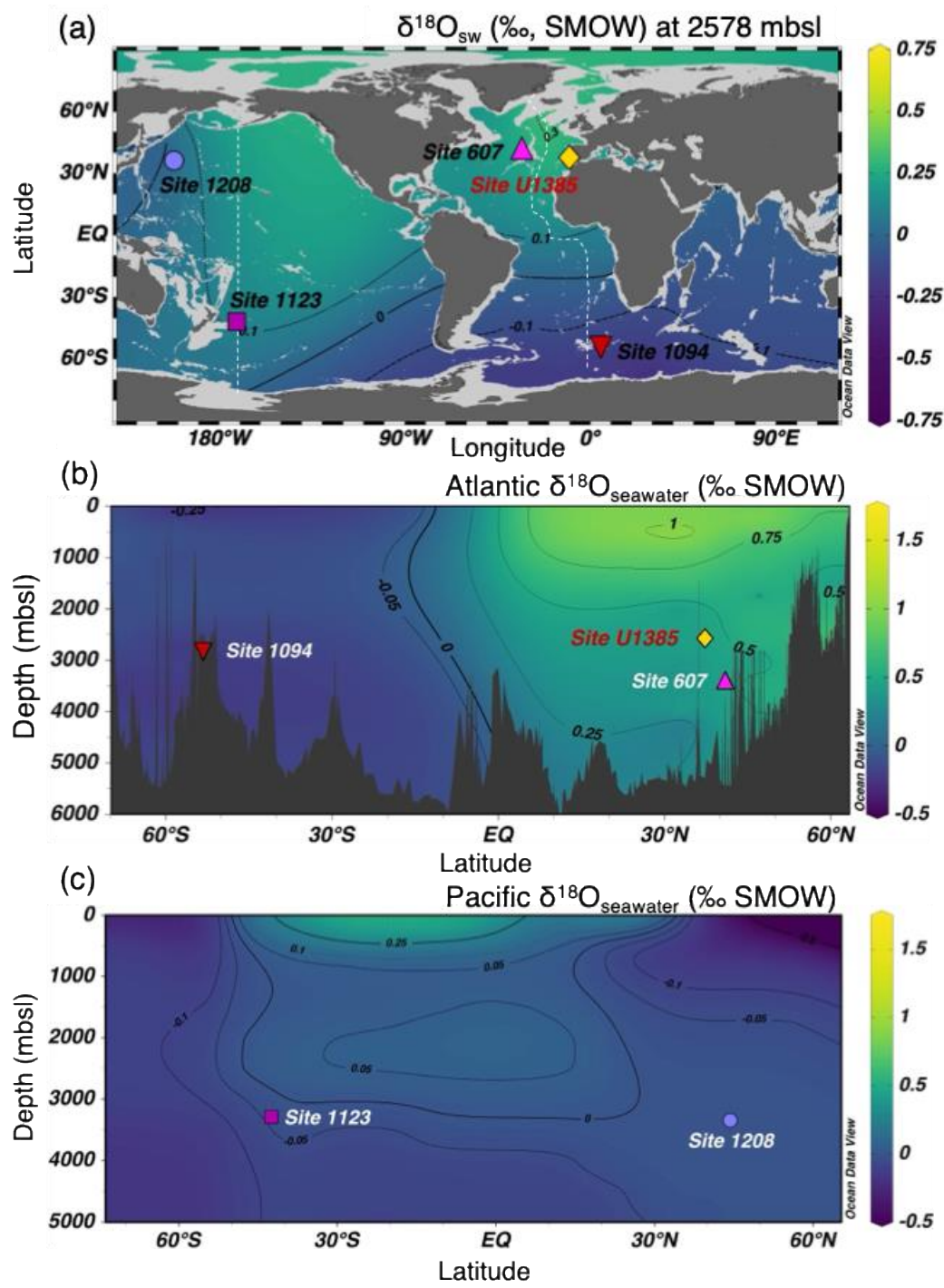


Figure 1: Meridional profiles of deep-water  $\delta^{18}\text{O}_{\text{seawater}}$  showing the site locations. (a)  $\delta^{18}\text{O}_{\text{seawater}}$  at 2578 metres below sea level (mbsl), corresponding to the depth of IODP Site U1385 (this study; yellow diamond) in the Northeast Atlantic, along with the geographic location of other sites referenced in the text: North Atlantic DSDP Site 607 (Ford et al., 2016; Sosdian and Rosenthal, 2009) (pink triangle) Southwestern Pacific ODP Site 1123 (Elderfield et al., 2012) (purple square); North Pacific ODP Site 1208 (Ford and Raymo, 2020) (lilac circle); and the Southern Ocean ODP Site 1094 (Hasenfratz et al., 2019) (red inverted triangle) located in the Atlantic sector of the Antarctic Zone. Meridional transects shown in panels (b) and (c) are indicated by white dashed lines. (b and c) Atlantic and Pacific meridional profiles of deep-water  $\delta^{18}\text{O}_{\text{seawater}}$  (‰, SMOW) showing site locations. Maps were created using GLODAPv2.2021 and GLODAPv2.2023 and GEOSECS in Ocean Data View (Schlitzer, 2019; <http://odv.awi.de>). Data for panel (c) are from (LeGrande and Schmidt, 2006).

Table 1: Site location details and modern-day deep-water properties.

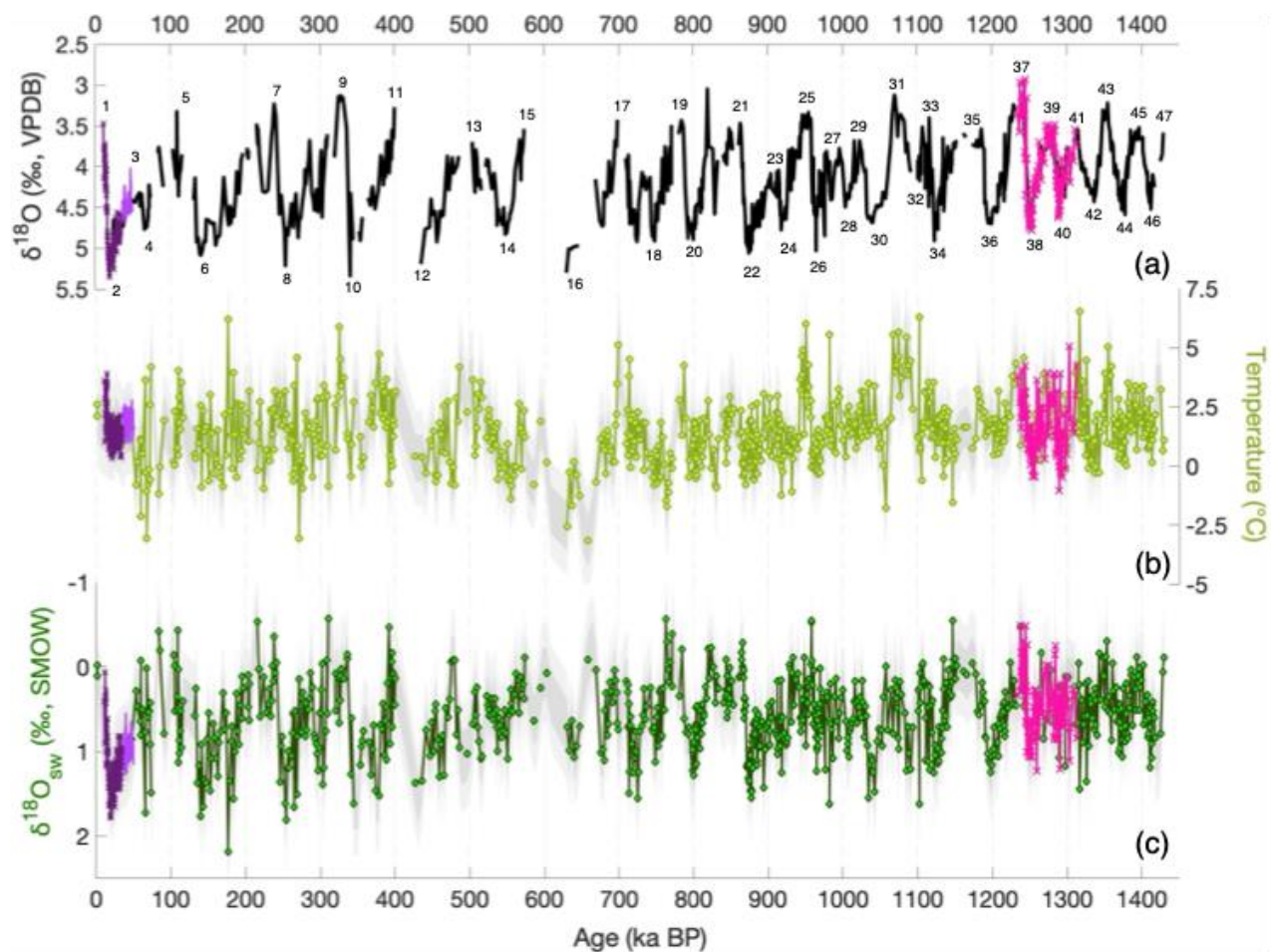
| Site and Citation                                                    | Latitude  | Longitude  | Depth (m) | $\delta^{18}\text{O}_{\text{seawater}}$ (‰) | Temperature (°C)                                       | Salinity (PSS-78, unitless)*       |
|----------------------------------------------------------------------|-----------|------------|-----------|---------------------------------------------|--------------------------------------------------------|------------------------------------|
| <b>Iberian Margin: U1385</b><br>(This study; Birner et al., 2016)    | 37°34.3'N | 10°7.6'W   | 2578      | ~0.2                                        | ~3.3<br>(Hodell et al., 2014)                          | ~35<br>(Hodell et al., 2014)       |
| <b>MD01-2444</b><br>(Skinner et al., 2007)                           | 37°33'N   | 10°08'W    | 2637      | ~0.2                                        |                                                        |                                    |
| <b>MD99-2334</b><br>(Skinner et al., 2003)                           | 37°48'N   | 10°10'W    | 3146      | ~0.2<br>(Skinner et al., 2003)              | ~2.8<br>(Skinner et al., 2003)                         | ~34.9<br>(Hodell et al., 2014)     |
| <b>DSDP 607</b><br>(Sosdian and Rosenthal, 2009; Ford et al., 2016)  | 41°00'N   | 32°58'W    | 3427      | ~0.2                                        | ~2.6<br>(Sosdian & Rosenthal, 2009)                    | ~35<br>(Sosdian & Rosenthal, 2009) |
| <b>Piston Core Chain 82-24-23PC</b><br>(Sosdian and Rosenthal, 2009) | 43°00'N   | 31°00'W    | 3406      |                                             |                                                        |                                    |
| <b>ODP 1123</b><br>(Elderfield et al., 2012)                         | 41°47.2'S | 171°29.9'W | 3290      | -0.05<br>(Elderfield et al., 2010)          | ~1.3<br>(Elderfield et al., 2010; Adkins et al., 2002) | 34.73<br>(Adkins et al., 2002)     |
| <b>ODP 1208</b><br>(Ford and Raymo, 2020)                            | 36°7.2'N  | 158°12.0'E | 3346      | ~-0.03                                      | ~1.5                                                   | 34.67                              |
| <b>ODP 1094</b><br>(Hasenfratz et al., 2019)                         | 53°10'S   | 5°07'E     | 2807      | ~-0.05                                      | ~0.5                                                   | 34.47                              |

\*Note: All salinity values reported follow the Practical Salinity Scale (PSS-78) and are unitless. Unless otherwise stated, temperature and salinity values are from GLODAPv2.2021 and GLODAPv2.2023 and GEOSECS accessed via Ocean Data View (Schlitzer, 2019; <http://odv.awi.de>), while  $\delta^{18}\text{O}_{\text{seawater}}$  data for Sites 1123 and 1208 are from LeGrande and Schmidt (2006). Coordinates and water depths are taken from the original site publications cited in the first column.

All study sites are deeper than 2500 m and are therefore assumed to be representative of the deep ocean (Figs. 1, S1 and S2; Table 1). Today, Sites U1385 (2578 mbsl) and 607 (3427 mbsl; (Ford et al., 2016; Sosdian and Rosenthal, 2009)) are bathed by North Atlantic Deep Water (NADW) and exhibit similar seawater physical properties (Table 1). Pacific Sites 1123 (3290

mbsl; (Elderfield et al., 2012)) and 1208 (3346 mbsl; (Ford and Raymo, 2020)) are located within Lower Circumpolar Deep Water (LCDW) and Pacific Deep Water (PDW) (Elderfield et al., 2012; Ford and Raymo, 2020; Insua et al., 2014), respectively, and share broadly similar physical properties originating from the Southern Ocean (Talley, 2013). The deep western boundary current (DWBC) of the Southwest Pacific is the main pathway through which most of the cold deep water formed around Antarctica enters the Pacific Ocean (Chandler et al., 2024). The deep water gradually mixes as it flows northward modifying its properties, leading to the formation of Pacific Deep Water (PDW). Given the locations of Site 1123 within the DWBC and 1208 in the PDW, it is reasonable to assume they broadly reflect conditions in the deep Pacific.

Deep Pacific sites are  $\sim 1.2$  °C colder and  $\sim 0.3$  lower in salinity (PSS-78) than those in the North Atlantic, reflecting the formation of relatively warm and salty NADW (Figs. S1 and S2; Table 1). Correspondingly, the  $\delta^{18}\text{O}_{\text{seawater}}$  values of the Atlantic sites are on average higher ( $\sim 0.25$  ‰) higher than those of the deep Pacific (Fig. 1; Table 1) (Frew et al., 2000). The Atlantic and Pacific records are merged with Site 1094 (2807 mbsl; (Hasenfratz et al., 2019)) from the South Atlantic sector of the Southern Ocean, which is currently bathed by LCDW.



**Figure 2: Iberian Margin deep-water Mg/Ca-derived temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  estimated using PSU Solver. (a) Composite benthic  $\delta^{18}\text{O}$  record, primarily *Uvigerina peregrina*, with *Cibicides wuellerstorfi* and *Globobulimina affinis* values adjusted to *Uvigerina peregrina* by +0.64 ‰ and -0.30 ‰ respectively (black line). Numbers denote Marine Isotope Stage (MIS) interglacials (odd, above) and glacial stages (even, below). (b) Mg/Ca-derived deep-water temperature (light green line and markers) with 1σ and 2σ uncertainty envelopes (dark and light grey, respectively) incorporating both analytical and calibration uncertainties. (c) Deconvolved  $\delta^{18}\text{O}_{\text{seawater}}$  (dark green line and markers; note the inverted axis) with uncertainties as in (b). All panels show Site U1385 (this study) together with records from Birner et al. (2016) (pink lines with crosses during MIS 41–37), MD01-2444 (Skinner and Elderfield, 2007) (light purple line) and MD99-2334 (Skinner et al., 2003) (dark purple line with crosses).**

## 2 Materials and Methods

### 2.1 Site details and chronology

Four holes drilled at Site U1385 were spliced to produce a continuous composite section extending to 166.5 metre composite depth (mcd), corresponding to a basal age of ~1.45 Ma during Marine Isotope Stage (MIS) 47 (Hodell et al., 2015, 2023). The

150 Site U1385 age model was established by alignment of the benthic oxygen isotope ( $\delta^{18}\text{O}$ ) record to the LR04 reference stack (Hodell et al., 2023; Lisiecki and Raymo, 2005), with chronostratigraphic ages assigned by linear interpolation between age-depth control points.

All previously published records used to compile the ocean stacks are presented on their original published age models. Most are based on alignment of benthic foraminiferal  $\delta^{18}\text{O}$  to LR04, including DSDP Site 607 combined with Chain 82-24-  
155 23PC (Ford et al., 2016; Sosdian and Rosenthal, 2009), and Ocean Drilling Program (ODP) Site 1123 (Elderfield et al., 2012). ODP Site 1208 (Ford and Raymo, 2020) was aligned to the Prob-stack using the HMM-Stack MATLAB code (Ahn et al., 2017; Ford and Raymo, 2020; Lin et al., 2014; Butcher et al., 2017), which is also based on the LR04 age model. The ODP Site 1094 age model (Hasenfratz et al., 2019) was derived by graphical alignment of benthic  $\delta^{18}\text{O}$  to LR04, with the original chronology of (Jaccard et al., 2013) retained where benthic foraminifera were sparse (e.g. MIS 4).

160 The Iberian Margin piston cores MD99-2334 and MD01-2444 were independently aligned to Greenland ice-core records through synchronisation of Dansgaard–Oeschger events recorded in planktonic  $\delta^{18}\text{O}$  (Shackleton, 2000; Skinner et al., 2003; Skinner and Elderfield, 2007). Owing to the close agreement in both structure and absolute benthic  $\delta^{18}\text{O}$  values with Site U1385 over the interval of overlap, no further adjustments to these published age models were applied.

## 165 2.2 Stable isotopes

Oxygen and carbon isotopes were measured previously using *Cibicidoidies wuellerstorfi* from the  $>212\ \mu\text{m}$  sediment coarse fraction (Hodell et al., 2023, 2026). Additional analyses were made using *Uvigerina peregrina* and *Globobulimina affinis* selected from the  $212\text{--}355\ \mu\text{m}$  coarse fraction. All benthic oxygen isotope data were corrected to *Uvigerina* using an offset of  $0.64\text{‰}$  for *C. wuellerstorfi* and  $-0.3\text{‰}$  for *G. affinis*. Tests were crushed between glass slides to facilitate cleaning. Isotopic  
170 measurements were made at the Godwin Laboratory for Palaeoclimate Research, Department of Earth Sciences, University of Cambridge following previously described methods (Hodell et al., 2015). Instrument precision was better than  $\pm 0.08\ \text{‰}$  ( $1\sigma$ ) for  $\delta^{18}\text{O}$  and  $\pm 0.06\ \text{‰}$  ( $1\sigma$ ) for  $\delta^{13}\text{C}$ .

## 2.3 Foraminiferal Mg/Ca analyses

175 Benthic Mg/Ca, deep-water temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  records from Site U1385 extend back to  $\sim 1.45\ \text{Ma}$ , spanning MIS 1–47. Mg/Ca measurements on *Uvigerina peregrina* and *Globobulimina affinis* were conducted at  $\sim 20\ \text{cm}$  intervals, corresponding to a mean temporal resolution of  $\sim 2000\ \text{years (yr)}$ , except for two intervals sampled at higher resolution:  $\sim 4\ \text{cm}$  spacing between  $\sim 980\text{--}860\ \text{thousand years ago (ka)}$  over MIS 27–21, and  $\sim 5\ \text{cm}$  spacing between  $\sim 1300\text{--}1240\ \text{ka}$  (MIS 40–37) (Birner et al., 2016) yielding a temporal resolution of  $\sim 500\ \text{yr}$ .

180 Three noticeable breaks ( $>15\ \text{kyr}$ ) occur in the Mg/Ca-derived temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  records because of low foraminiferal abundance between MIS 6–5 ( $\sim 132\text{--}116\ \text{ka}$ ), and MIS 16–15 ( $\sim 630\text{--}603\ \text{ka}$ ). In addition, a near 30-kyr hiatus

removed the interval at Site 339-U1385 between MIS 12–11 (~430–400 ka) at Termination V (Hodell *et al.*, 2015, 2023), which has now been recovered in companion Site 397-U1385 (Hodell *et al.*, 2026). To produce a near-continuous Iberian Margin record spanning the past 1.5 Myr, Site U1385 records were supplemented through the last glacial cycle with Mg/Ca-derived temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  data measured on *Globobulimina affinis* at nearby piston cores MD01-2444 covering 50–35 ka during the early glacial interval (Skinner and Elderfield, 2007), and MD99-2334 spanning 35–10 ka during the late glacial (Skinner *et al.*, 2003) (Fig. 2; Table.1). Following Skinner *et al.* (2007) a constant temperature offset of +0.6 °C was applied to Mg/Ca-derived temperatures from the deeper Core MD99-2334 to account for cooler modern deep-water temperature at that site location ((Hodell, 2014; Skinner *et al.*, 2003, 2007; Skinner and Elderfield, 2007); Table 1).

After data quality screening (Sect. 2.4), we report Mg/Ca results for 864 samples of *Uvigerina peregrina* and 202 samples of *Globobulimina affinis*. All samples were oxidatively cleaned following the procedure of Barker, Greaves and Elderfield (2003). Trace elements were measured at the Godwin Laboratory for Palaeoclimate Research (Cambridge, UK) using inductively coupled plasma-optical emission spectroscopy (ICP-OES). Most analyses were performed on a Varian VISTA instrument (Birner *et al.*, 2016) with the remaining ~180 samples measured using an Agilent 5100 ICP-OES. Both instruments used the intensity-ratio calibration method of de Villiers, Greaves and Elderfield (2002). Interlaboratory comparison studies have validated the use of laboratory standards employed as reference materials for foraminiferal Mg/Ca analyses (Greaves *et al.*, 2008). Repeated measurements of standards showed instrument precision for Mg/Ca determinations to be better than 0.5 % relative standard deviation (r.s.d.) (Greaves, 2008; Greaves *et al.*, 2008; de Villiers *et al.*, 2002). Based on long-term standard reproducibility and 47 sets of replicate analyses (including four triplicates) measured on multiple aliquots of the same sample, the pooled standard deviation is  $\pm 0.09 \text{ mmol mol}^{-1}$  (1 $\sigma$ ), corresponding to a mean precision of 8.2 % r.s.d. (See Data Repository Table S4).

Mg/Ca-derived deep-water temperatures from *Uvigerina peregrina* and *Globobulimina affinis* show generally good agreement in both variability and mean values within uncertainty ( $1.4 \pm 1.5$  °C and  $1.6 \pm 1.0$  °C, respectively) (Fig. S3a). Both species record similar mean  $\delta^{18}\text{O}_{\text{seawater}}$  values ( $\sim 0.6 \pm 0.4$  ‰; Fig. S3b). This agreement is consistent with the application of species-specific Mg/Ca–temperature calibrations applied in this study (Elderfield *et al.*, 2006, 2010, 2012a; Weldeab *et al.*, 2016) and justifies combining the two datasets. The individual *Uvigerina peregrina* and *Globobulimina affinis* time series were used as inputs for the PSU Solver calibration procedures described in Sect. 2.5 and combined into single records of deep-water temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  (Fig. 2).

## 2.4 Data quality evaluation

Mg/Ca ratios derived from foraminiferal calcite tests can be used to estimate palaeotemperatures provided that stringent cleaning procedures are followed (Barker *et al.*, 2003; Larsson and Jung, 2025). To evaluate the efficiency of these cleaning procedures and to assess the effects of authigenic precipitation, we analysed element/Ca ratios of co-measured trace elements—primarily Fe and Mn, but also Al, Ba, K, Na, Si, Ti and Zn (Barker *et al.*, 2003; Elderfield *et al.*, 2012; Greaves, 2008;

215 Hasenfratz et al., 2017). Contamination by silicates and clay minerals can lead to significant uncertainty in measured Mg/Ca values. Therefore, the removal of contaminant silicates is a critical step in the cleaning protocol, and its success can be evaluated through downcore covariation of Mg/Ca and Fe/Ca (or Al/Ca) records (Barker et al., 2003). Mg/Ca records from the two foraminiferal species were assessed separately, as *Globobulimina affinis* is known to exhibit elevated Mg/Ca ratios relative to other benthic foraminiferal species (Skinner et al., 2003; Weldeab et al., 2016). At Site U1385, five *Uvigerina peregrina* and  
220 three *Globobulimina affinis* samples were excluded from the Mg/Ca dataset following identification of anomalously high co-occurring Fe/Ca and Mg/Ca values (Barker et al., 2003). Sample exclusion was based on co-occurring Fe/Ca–Mg/Ca anomalies rather than a fixed Fe/Mg threshold (Fig. S4). The Mg/Ca dataset presented here includes *Uvigerina peregrina* samples with Fe/Ca and Fe/Mg values of up to 0.45 mmol mol<sup>-1</sup> and 0.33 mol mol<sup>-1</sup>, respectively (and *Globobulimina affinis* values up to 0.79 mmol mol<sup>-1</sup> and 0.28 mol mol<sup>-1</sup>), which exceed the typical Fe/Ca (<0.1 mmol mol<sup>-1</sup>) and Fe/Mg (<0.03 mol mol<sup>-1</sup>) values  
225 reported by Barker, Greaves and Elderfield (2003) and Elderfield et al. (2012).

Consistent with observations of *Uvigerina* spp. at Site 1123 (Elderfield et al., 2012), Mn/Ca values for *Uvigerina peregrina* at Site U1385 show a slight downcore increase, with lowest glacial values rising from ~0.012 mmol mol<sup>-1</sup> at 60 ka to ~0.045 mmol mol<sup>-1</sup> at ~1415 ka (Fig. S5). Although the maximum Mn/Ca value for *Uvigerina peregrina* at Site U1385 (0.28 mmol mol<sup>-1</sup>) is lower than the 0.36 mmol mol<sup>-1</sup> reported for Site 1123 (Elderfield et al., 2012), Mn/Ca values exceeding  
230 ~0.1 mmol mol<sup>-1</sup> may suggest the presence of authigenic Mn–Fe-oxide coatings on some foraminiferal tests (Elderfield et al., 2012; Hasenfratz et al., 2017, 2019). The incorporation of Mn into calcite tests has been shown to be species-specific (van Dijk et al., 2025). In *Uvigerina peregrina*, Mn/Ca values range from 0.01 to 0.28 mmol mol<sup>-1</sup>, while in *Globobulimina affinis*, values are generally higher, ranging from 0.04 to 1.88 mmol mol<sup>-1</sup>, with two anomalous specimens exceeding this upper value. Despite these elevated Mn/Ca values, the absence of a positive correlation between Mn/Ca and Mg/Ca indicates that the  
235 presence of Mn–Fe oxides does not significantly influence Mg/Ca variability. We therefore interpret the higher Mn/Ca values as reflecting variable contributions from authigenic Mn–Fe-oxide coatings (Skinner et al., 2003), or from species-specific Mn incorporation during biomineralization (van Dijk et al., 2025).

Diagenetic Mn-Fe-oxide coatings commonly form on foraminiferal shells in deep-sea sediment cores used in palaeoceanographic reconstructions. In oxygenated porewater dissolved manganese is precipitated onto carbonate tests as Mn<sup>4+</sup>  
240 oxides, later becoming remobilized as Mn<sup>2+</sup> and forming Mn-rich oxide coatings when organic matter undergoes anaerobic decomposition deeper in the sediment (Barker et al., 2003; Boiteau et al., 2012). These Mn-rich coatings can substantially impact bulk Mg/Ca ratios and introduce bias into deep-water temperature reconstructions (Hasenfratz et al., 2017). Site specific studies reveal relatively consistent Mg/Mn ratios in foraminiferal coatings, ranging globally between 0.17–0.32 mol mol<sup>-1</sup> [see Hasenfratz et al. (2017) Table 1 and references therein]. Regionally the upper end of this range—between 0.26 to 0.32 mol  
245 mol<sup>-1</sup>—is most applicable to the Atlantic Ocean, although individual sites may deviate notably from basin-wide averages (Hasenfratz et al., 2017). These Mg/Mn ratios can be used to correct Mg/Ca ratios associated with the calcite lattice using the following equation (Hasenfratz et al., 2017):

$$\text{Mg/Ca}_{\text{corrected}} = \text{Mg/Ca}_{\text{measured}} - \left( \text{Mn/Ca}_{\text{measured}} \times \text{Mg/Mn}_{\text{coating}} \right) \quad (1)$$

250

To maintain consistency, we applied a  $\text{Mg/Mn}_{\text{coating}}$  correction following Equation 1, with the  $\text{Mg/Mn}_{\text{coating}}$  term fixed at 0.32  $\text{mol mol}^{-1}$ , and applied uniformly to all  $\text{Mg/Ca}$  data (Hasenfratz et al., 2017; de Lange et al., 1992) (Fig. S6). This value represents the maximum adjustment in the direction of lower temperatures and yields the least discrepancy between Site U1385 temperatures and those from the Pacific and South Atlantic. The correction has minimal influence on glacial  $\text{Mg/Ca}$  values.

255 In total,  $\text{Mg/Ca}$  was initially determined on 911 *Uvigerina peregrina* and 264 *Globobulimina affinis* samples. After quality control, we retain  $\text{Mg/Ca}$  results for 864 samples of *Uvigerina peregrina* (including replicates) and 202 samples of *Globobulimina affinis* measurements, having excluded 42 and 59 samples, respectively, based on co-measured trace element indicators of potential contamination. Samples were rejected according to the following criteria:

- Clay contamination: Low  $[\text{Ca}]$  ( $<10$  ppm) coupled with high  $\text{Na/Ca}$  ( $>5.5$   $\text{mmol mol}^{-1}$ ), and  $\text{K/Ca}$  ( $>0.4$   $\text{mmol mol}^{-1}$ ), almost always associated with elevated  $\text{Mg/Ca}$ .
- Additional indicators of clay influence:  $\text{Al/Ca} > 0.4$   $\text{mmol mol}^{-1}$ ,  $\text{Si/Ca} > 0.4$   $\text{mmol mol}^{-1}$ ,  $\text{Ti/Ca} > 0.005$   $\text{mmol mol}^{-1}$ , or very low  $\text{Mn/Fe}$  ( $< 0.1$   $\text{mol mol}^{-1}$ ) due to elevated  $\text{Fe/Ca}$ .
- Analytical blank effects: Low  $[\text{Ca}]$  combined with anomalously high  $\text{Mg/Ca}$  values, suggesting contamination during measurement.

## 265 2.5 PSU Solver: Calibration equations for $\text{Mg/Ca}$ -derived deep-water temperature and $\delta^{18}\text{O}_{\text{seawater}}$

Deep-water temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  estimates were calculated for Site U1385 over the past 1.5 Ma using an updated Python version of Paleo-Seawater Uncertainty Solver (PSU Solver) originally developed in MATLAB (Thirumalai et al., 2016). Uncertainties associated with  $\text{Mg/Ca}$ -temperature calibration slopes and intercepts were propagated explicitly within a Monte Carlo framework by sampling calibration slopes and intercepts within their reported uncertainties during each iteration ( $n =$

270 1000). Input data comprise foraminiferal  $\text{Mg/Ca}$  and benthic  $\delta^{18}\text{O}$  measurements. Standard laboratory uncertainties of 0.08 ‰ for  $\delta^{18}\text{O}$  and 0.05  $\text{mmol mol}^{-1}$  for  $\text{Mg/Ca}$  were applied as inputs to the PSU Solver (Thirumalai et al., 2016). Species-specific  $\text{Mg/Ca}$ -temperature calibrations were employed within the PSU Solver framework (Table 2).

For *Uvigerina peregrina*, we used the linear  $\text{Mg/Ca}$ -temperature calibration of Elderfield et al. (2012):

$$\text{Mg/Ca} [\text{mmol mol}^{-1}] = 1.0 + (0.1 \pm 0.013 \times T [^{\circ}\text{C}]) \quad (2)$$

Core-top  $\text{Mg/Ca}$ -derived temperatures ( $\sim 2.5$   $^{\circ}\text{C}$ ; Figs. 2 and S3) are consistent with modern deep-water temperatures ( $\sim 2$ – $3$   $^{\circ}\text{C}$ ) at the Iberian Margin (Hodell et al., 2014; Skinner et al., 2003), supporting the applicability of the Elderfield et al. (2012)  $\text{Mg/Ca}$ -temperature calibration at this site.

280 For *Globobulimina affinis*, we applied the calibration of Weldeab, Arce and Kasten (2016):

Mg/Ca [mmol mol<sup>-1</sup>] = 2.22 ± 0.19 + (0.36 ± 0.02 × T [°C])

(3)

To reconstruct δ<sup>18</sup>O<sub>seawater</sub> we used the oxygen-isotope palaeothermometry equation (Elderfield et al., 2010, 2012):

T [°C] = 16.9 – 4.0 × (δ<sup>18</sup>O<sub>calcite</sub> [‰] – δ<sup>18</sup>O<sub>seawater</sub> [‰] + 0.27)

(4)

Age model uncertainty was set at ±2 kyr, which represents both the optimal resolution for combining the records of differing resolution and the mean resolution of the five records.

**Table 2: Species-specific Mg/Ca–temperature calibrations.**

| Site                                                 | Species                           | Species specific<br>Mg/Ca (mmol mol <sup>-1</sup> ) to temperature (°C)<br>PSU eq 1             | Lab; Citation                                     |
|------------------------------------------------------|-----------------------------------|-------------------------------------------------------------------------------------------------|---------------------------------------------------|
| IODP U1385                                           | <i>Uvigerina peregrina</i>        | Mg/Ca = 1 + (0.1 ± 0.013 × T)<br>Elderfield et al., 2012                                        | Cambridge:<br>This study<br>(Birner et al., 2016) |
| IODP U1385                                           | <i>Globobulimina affinis</i>      | Mg/Ca = 2.22 ± 0.19 + (0.36 ± 0.02 × T)<br>Weldeab et al., 2016                                 | Cambridge:<br>This study                          |
| MD99-2334                                            | <i>Globobulimina affinis</i>      | Mg/Ca = 2.22 ± 0.19 + (0.36 ± 0.02 × T)<br>Weldeab et al., 2016                                 | Cambridge:<br>(Skinner et al., 2003)              |
| MD01-2444                                            | <i>Globobulimina affinis</i>      | Mg/Ca = 2.22 ± 0.19 + (0.36 ± 0.02 × T)<br>Weldeab et al., 2016                                 | Cambridge:<br>(Skinner et al., 2007)              |
| ODP 1123                                             | <i>Uvigerina</i> spp.             | Mg/Ca = 1 + (0.1 ± 0.013 × T)<br>Elderfield et al., 2012                                        | Cambridge:<br>(Elderfield et al., 2012)           |
| DSDP 607<br>+<br>Piston Core<br>Chain 82-24-<br>23PC | <i>Uvigerina</i> spp.             | Mg/Ca = 0.9 + (0.1 ± 0.013 × T)<br>Elderfield et al., 2012<br>(modified for reductive cleaning) | LDEO & Rutgers:<br>(Ford et al., 2016)            |
|                                                      | <i>Cibicidoides wuellerstorfi</i> | Mg/Ca = 1.043 ± 0.03 × e <sup>^(0.118 ± 0.1 × T)</sup><br>Barrientos et al., 2018               | LDEO & Rutgers:<br>(Sosdian and Rosenthal, 2009)  |
|                                                      | <i>Oridorsalis umbonatus</i>      | Mg/Ca = 1.317 ± 0.03 × e <sup>^(0.102 ± 0.01 × T)</sup><br>Barrientos et al., 2018              | LDEO & Rutgers:<br>(Sosdian and Rosenthal, 2009)  |
| ODP 1208                                             | <i>Uvigerina</i> spp.             | Mg/Ca = 0.9 + (0.1 ± 0.013 × T)<br>Elderfield et al., 2012<br>(modified for reductive cleaning) | LDEO & Rutgers:<br>(Ford and Raymo, 2020)         |
| ODP 1094                                             | <i>Melonis pompilioides</i>       | Mg/Ca = 0.742 + (0.119 ± 0.003 × T)<br>Hasenfratz et al., 2017                                  | ETHZ & Cambridge:<br>(Hasenfratz et al., 2019)    |

\*Abbreviations: LDEO, Lamont-Doherty Earth Observatory (Columbia University, New York, USA);  
ETHZ, Geological Institute, ETH Zurich (Zurich, Switzerland).

## 2.6 Stacking temperature and $\delta^{18}\text{O}_{\text{seawater}}$ records

295 The rationale for stacking records of temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  is the same as that given for oxygen isotope records (Imbrie et al., 1984; Lisiecki and Raymo, 2005); that is, to improve the signal/noise ratio and reduce the influence of local variability. Although stacked records provide more representative regional and/or global mean signals of temperature and ice volume they also tend to dampen the amplitude of the signal owing to misalignments and smoothing. Stacked deep-water temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  records were constructed for the North Atlantic using Sites U1385 (this study; Birner et al., 2016), MD01-2444  
300 (Skinner and Elderfield, 2007), MD99-2334 (Skinner et al., 2003) and Site 607 (Ford et al., 2016; Sosdian and Rosenthal, 2009). The deep Pacific stack was derived using Sites 1123 (Elderfield et al., 2012) and 1208 (Ford and Raymo, 2020) (Figs. S7 and S8). Globally distributed mean deep ocean temperature (MDOT) and mean deep ocean  $\delta^{18}\text{O}_{\text{seawater}}$  stacks (Figs. 3a and 4a respectively) incorporate these records together with ODP Site 1094 located in the South Atlantic sector of the Southern Ocean (Hasenfratz et al., 2019) (Fig. S9).

305 Prior to stacking, temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  estimates were interpolated to a regular 3 kyr time step using MATLAB's `interp` function. Uncertainty envelopes were estimated using bootstrap resampling ( $n = 1000$ ), assuming normally distributed errors defined by the reported standard deviations ( $1\sigma$ ) (Figs. 3 and 4). Gaps in the original age models were identified, and interpolated values were excluded where age gaps exceeded  $\sim 6$  kyr. At each interpolated time step, stacked estimates were calculated using either arithmetic or volumetrically weighted averaging of available basin-scale records.  
310 Uncertainties in non-weighted stacks were estimated by propagating the combined calibration and analytical errors in quadrature and incorporating inter-record variance, such that the uncertainty of the mean reflects both measurement uncertainty and the spread between paired estimates. For weighted stacks, basin weights were defined using fixed deep ocean volume fractions following the volumetric approach of Lisiecki and Stern (2016) (see their Table S2) and renormalised to unity at each time step to reflect the ocean volume represented by the available records. This ensures that stacked estimates reflect the  
315 relative deep ocean volume of the contributing basins without introducing bias when one or more basins are absent. Only half of the stacked data points ( $n = 268$ ) include contributions from all three basins (North Atlantic, Southern Ocean and Pacific), together representing 43.6% of the global ocean volume (Table S1). The impact of data gaps in the Site 1094 record appears to exert little influence on the weighted MDOT and mean  $\delta^{18}\text{O}_{\text{seawater}}$  reconstructions (Fig. S10).

320 At each time step  $t$ , volumetrically weighted stacked estimates were calculated as

$$\bar{x}(t) = \sum_{i=1}^{N(t)} w_i(t) x_i(t), \quad (5)$$

where  $x_i(t)$  is the basin-scale estimate (temperature or  $\delta^{18}\text{O}_{\text{seawater}}$ ) and  $N(t)$  is the number of available basins. Weights  
325 were defined as

$$w_i(t) = \frac{V_i}{\sum_{j=1}^{N(t)} V_j}. \quad (6)$$

where,  $V_i$  denotes the deep ocean volume fraction represented by basin  $i$ , and the denominator represents the total volume of all basins available at time  $t$ .

Total uncertainty was estimated by propagating intra-basin variance and incorporating an inter-basin variance term that captures the spread of basin-scale estimates about the weighted mean:

$$\sigma^2(t) = \sum_{i=1}^{N(t)} w_i^2(t) \sigma_i^2(t) + \sum_{i=1}^{N(t)} w_i(t) (x_i(t) - \bar{x}(t))^2, \quad (7)$$

where  $\sigma_i(t)$  represents the reported  $1\sigma$  uncertainty of basin  $i$ , and the second term represents inter-basin variability. Where only a single basin contributed to the stack, the uncertainty reduces to the reported basin  $1\sigma$  value. This approach assumes that residual chronological misalignment between records is small relative to the interpolated 3 kyr resolution. Uncertainty envelopes incorporate analytical, calibration and age uncertainties propagated through a Monte Carlo framework, with basin-scale uncertainty additionally reflecting inter-site variability.

Change-point analysis was applied to the interpolated stacks (3 kyr resolution) using MATLAB's `findchangepts` function to identify statistically significant shifts in the mean state of the record. The analysis detects a primary breakpoint at ~930 ka in both mean averaged and basin-volume weighted  $\delta^{18}\text{O}_{\text{seawater}}$  stacks, marking the most prominent transition in the time series.

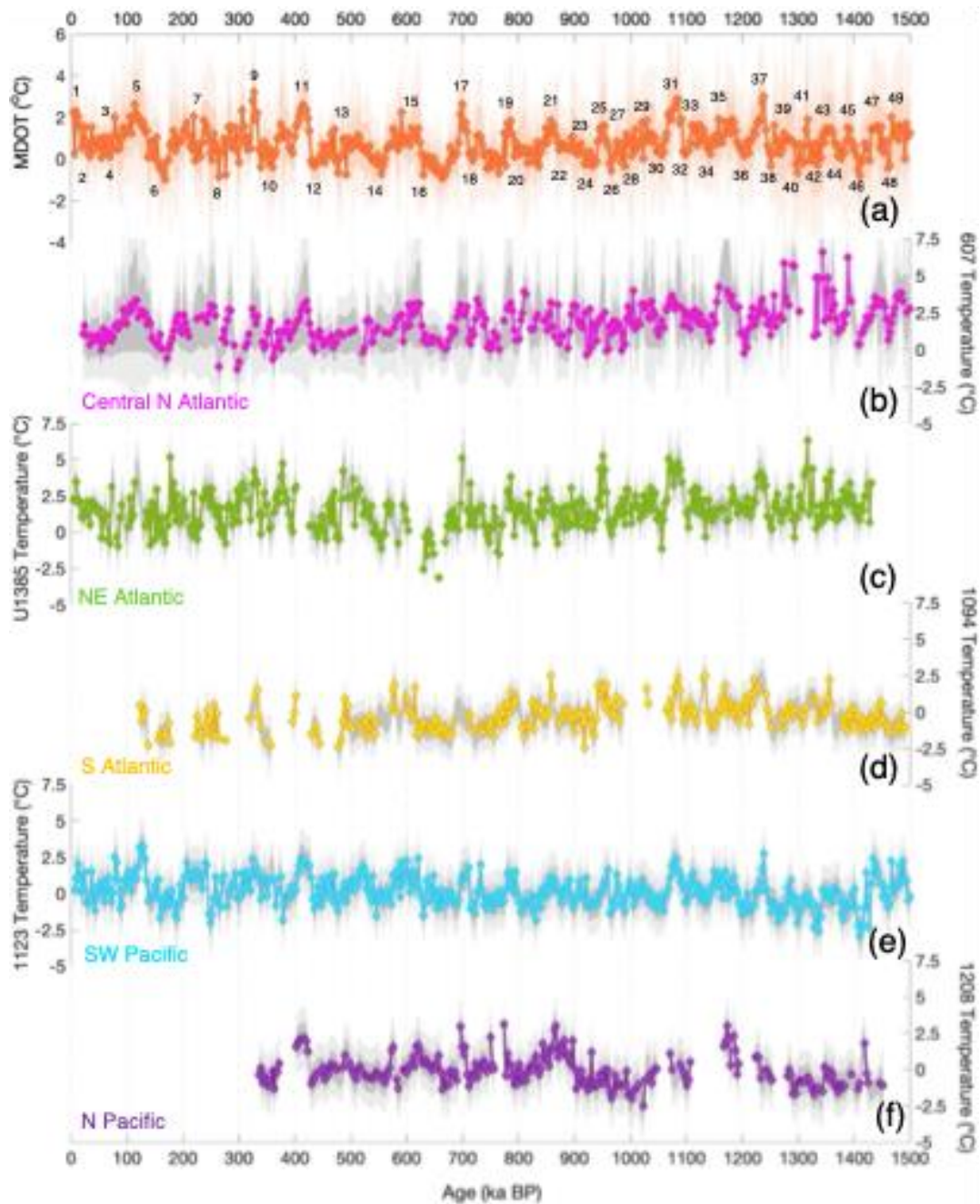
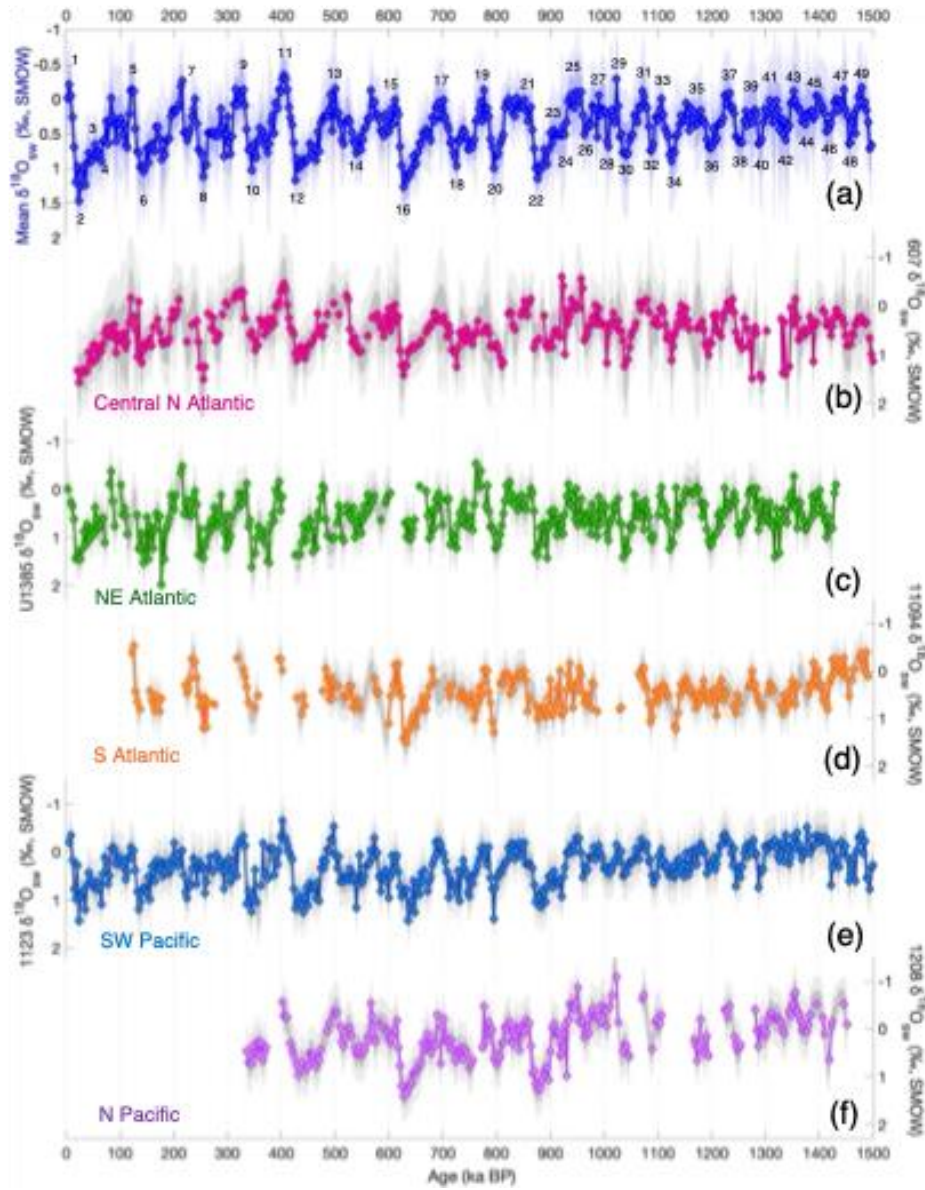


Figure 3: Interpolated and bootstrapped Mg/Ca-derived temperature records for all sites. (a) Mean deep ocean temperature stack (MDOT; this study, orange line and markers), with MIS numbers denoting glacial (below) and interglacial (above) stages. Mg/Ca-derived temperature records for: (b) DSDP Site 607 (Ford et al., 2016; Sosdian and Rosenthal, 2009) (light pink); (c) IODP Site U1385 (this study, including additional Iberian Margin records (Birner et al., 2016; Skinner et al., 2003; Skinner and Elderfield, 2007) (light green); (d) ODP Site 1094 (Hasenfratz et al., 2019) (yellow); (e) ODP Site 1123 (Elderfield et al., 2012) (light blue); and (f) ODP Site 1208 (Ford and Raymo, 2020) (dark purple). Mg/Ca-derived temperature records were interpolated on a 3 kyr interval and subsequently bootstrapped. Shading represents 1 and 2σ error margins (dark and light grey respectively), propagated from both analytical and calibration sources.



**Figure 4: Interpolated and bootstrapped  $\delta^{18}\text{O}_{\text{seawater}}$  records for all sites. (a) Mean  $\delta^{18}\text{O}_{\text{seawater}}$  stack (this study; blue line and markers) with MIS numbers denoting glacial stages (below) and interglacial stages (above). Interpolated and bootstrapped  $\delta^{18}\text{O}_{\text{seawater}}$  records for: (b) DSDP Site 607 (Ford et al., 2016; Sosdian and Rosenthal, 2009) (pink); (c) IODP Site U1385 (this study, including additional Iberian Margin records (Birner et al., 2016; Skinner et al., 2003; Skinner and Elderfield, 2007) (green); (d) ODP Site 1094 (Hasenfratz et al., 2019) (orange); (e) ODP Site 1123 (Elderfield et al., 2012) (blue); and (f) ODP Site 1208 (Ford and Raymo, 2020) (purple). All  $\delta^{18}\text{O}_{\text{seawater}}$  records were interpolated to a 3 kyr interval and subsequently bootstrapped. Shading denotes 1 and 2 $\sigma$  error margins (dark and light grey respectively), propagated from both analytical and calibration uncertainties.**

### 3 Results

#### 3.1 Comparison of Sites U1385 and 607 deep-water records

375 North Atlantic Sites U1385 and 607 temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  records generally show similar values and trends over  
the past 1.5 Myr (Figs. 5b and 6b), but there are some differences in the magnitude of the Mg/Ca-derived temperature changes.  
Greater cooling is expressed at Site 607 where temperatures show decreasing trends of  $\sim 1.0^\circ\text{C}$  between 1500–900 ka and  $\sim 1.7^\circ\text{C}$   
over the past 1.5 Myr compared to Site U1385 which shows less cooling. At times, differences between the two temperature  
records (e.g. between 1180–1150 ka and  $\sim 400$ –350 ka) correspond to Mg/Ca measurements of *Cibicidoides wuellerstorfi* at  
380 Site 607, which is more prone to carbonate ion changes and dissolution than infaunal benthic taxa. However, the cooler  
temperatures at Site 607 cannot be attributed solely to a carbonate ion effect because *Uvigerina* spp. also give high temperatures  
between  $\sim 1400$ –1300 ka (Ford et al., 2016; Sosdian and Rosenthal, 2009) and may instead reflect hydrographic differences  
between the eastern and western North Atlantic basins (Chalk et al., 2019). Despite the subtle differences in the records, the  
close similarity in both temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  data from the two sites supports their integration into a North Atlantic stack.  
385 The magnitude of cooling is also supported by a decrease in alkenone SST in the high-latitude of the North Atlantic where  
deep water is formed (Lawrence et al., 2009).

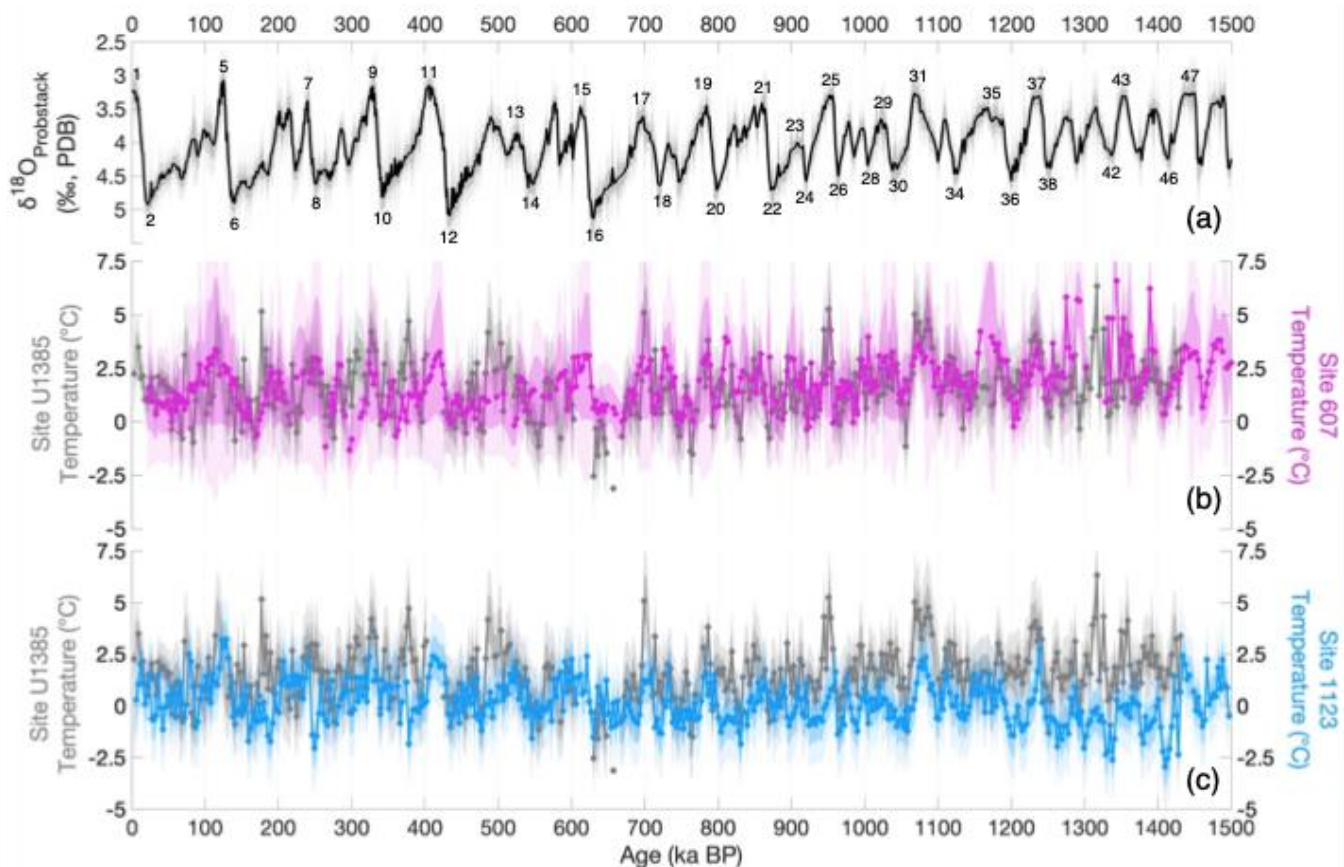
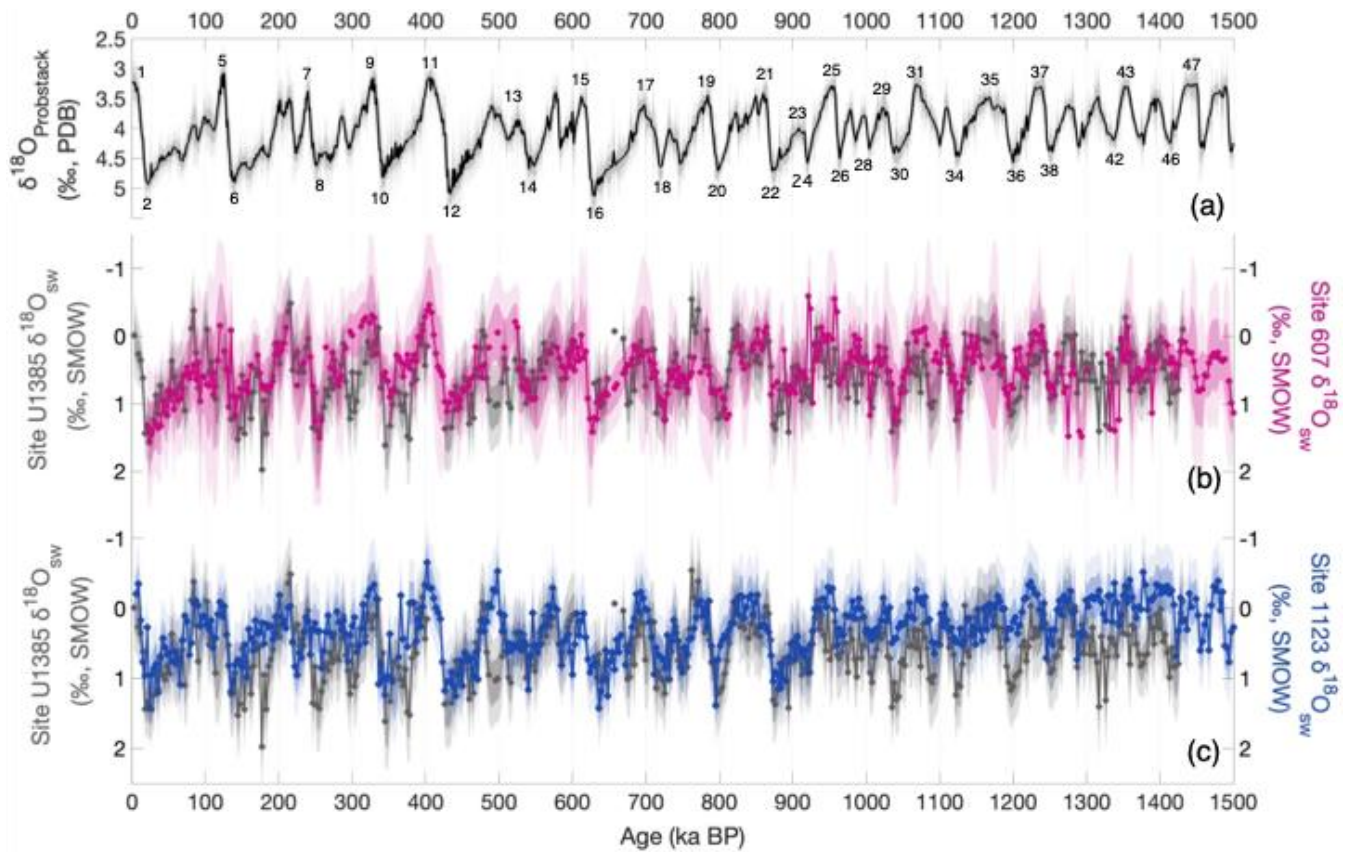


Figure 5: Comparison of Mg/Ca-derived deep-water temperature from Site U1385 versus Sites 607 and 1123. (a) Prob-stack benthic  $\delta^{18}\text{O}$  (Ahn et al., 2017) (black line), with MIS numbers denoting glacial (below) and interglacials (above). Mg/Ca-derived deep-water temperatures from Site U1385 (grey) are compared with (b) Site 607 (Ford et al., 2016; Sosdian and Rosenthal, 2009) (pink), and (c) Site 1123 (Elderfield et al., 2012) (blue). Site 607 exhibits a gradual cooling through time (Ford et al., 2016; Sosdian and Rosenthal, 2009), whereas Site 1123 documents relatively stable, near-freezing temperatures during glacial maxima (Elderfield et al., 2012). Dark and light shading represent 1 and 2 $\sigma$  uncertainties, respectively, estimated by propagating analytical and calibration uncertainties in quadrature, and accounting for inter-record variance. Records are interpolated to 3 kyr resolution and bootstrapped.



**Figure 6: Comparison of benthic  $\delta^{18}\text{O}_{\text{seawater}}$  records from Site U1385 with Sites 607 and 1123. (a) Prob-stack benthic  $\delta^{18}\text{O}$  (Ahn et al., 2017) (black line), with MIS numbers denoting glacial (even) and interglacial (odd) stages. Deep-water  $\delta^{18}\text{O}_{\text{seawater}}$  from Site U1385 (dark grey) is compared with (b) Site 607 (Ford et al., 2016; Sosdian and Rosenthal, 2009) (dark pink), and (c) Site 1123 (Elderfield et al., 2012) (dark blue). Records are interpolated at a 3 kyr interval and bootstrapped. Dark and light shading indicates 1 $\sigma$  and 2 $\sigma$  uncertainty envelopes, respectively. No clear long-term trend in  $\delta^{18}\text{O}_{\text{seawater}}$  (ice volume/salinity) is observed at Site 607 (Ford et al., 2016; Sosdian and Rosenthal, 2009), whereas Site 1123 records an abrupt increase in Antarctic ice volume (salinity) ~900 ka (Elderfield et al., 2012).**

### 3.2 Deep Atlantic-Pacific gradients in deep-water temperature and $\delta^{18}\text{O}_{\text{seawater}}$

Whereas the benthic  $\delta^{18}\text{O}_{\text{calcite}}$  records are similar between the Atlantic and Pacific (Fig. 7a), the deconvolved temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  records are not. Comparisons between Atlantic and Pacific deep-water temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  stacks show greater inter-basin differences before ~930 ka than afterwards. From 1500 to 930 ka (MIS 49 to 24), North Atlantic deep-water was on average  $\sim 2.5 \pm 1.5$  °C warmer than the deep Pacific during both glacial and interglacial stages (Fig. 7b). After ~930 ka, this temperature difference decreases to  $\sim 1.1 \pm 1.4$  °C primarily reflecting cooling of glacial North Atlantic deep-water while deep Pacific temperatures show only minor changes. Prior to 930 ka, deep ocean glacial  $\delta^{18}\text{O}_{\text{seawater}}$  values in the Pacific were distinctly less than those of the Atlantic. Across the MPT, deep ocean glacial  $\delta^{18}\text{O}_{\text{seawater}}$  increased in both ocean basins

but the deep Pacific values increased more than those of the deep Atlantic (Fig. 7c). After 930 ka, glacial deep-water temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  values from the Atlantic and Pacific were more similar.

420 Deep-water temperatures at Site 1094 in the Atlantic sector of the Southern Ocean (Hasenfratz et al., 2019) are similar to those of the deep Pacific (Fig. S9), but slightly warmer consistent with the modern temperature difference between the two sites. No substantial change in glacial temperatures occurred at Site 1094 across the MPT (Fig. S9). The  $\delta^{18}\text{O}$  values of seawater at Site 1094 are more similar to those of the deep North Atlantic record. Prior to the MPT, a gradient in  $\delta^{18}\text{O}_{\text{seawater}}$  existed between Site 1094 and the deep Pacific, whereas the values converge after 930 ka.

425 All five records were stacked to produce global signals of deep ocean temperature (>2500 m) and  $\delta^{18}\text{O}_{\text{seawater}}$  change. The MDOT stack (Fig. S11c) shows a modest gradual decrease in glacial deep-water temperatures from ~1050 to 925 ka primarily related to cooling in the deep North Atlantic. At ~930 ka, the global mean  $\delta^{18}\text{O}_{\text{seawater}}$  stack (Fig. S11b) increases abruptly. This change is more pronounced in ocean volume-weighted records because of the proportionally greater influence of Pacific deep ocean temperature, which shows a warming from MIS 24 through 22 (Figs. 8 and S11). Mean glacial  $\delta^{18}\text{O}_{\text{seawater}}$  values in the ocean volume-weighted stack increase from  $0.38 \pm 0.08 \text{ ‰}$  prior to ~930 ka to  $0.80 \pm 0.11 \text{ ‰}$  thereafter, representing a mean  
430 difference of ~0.42 ‰ that is statistically significant ( $p < 0.001$ ).

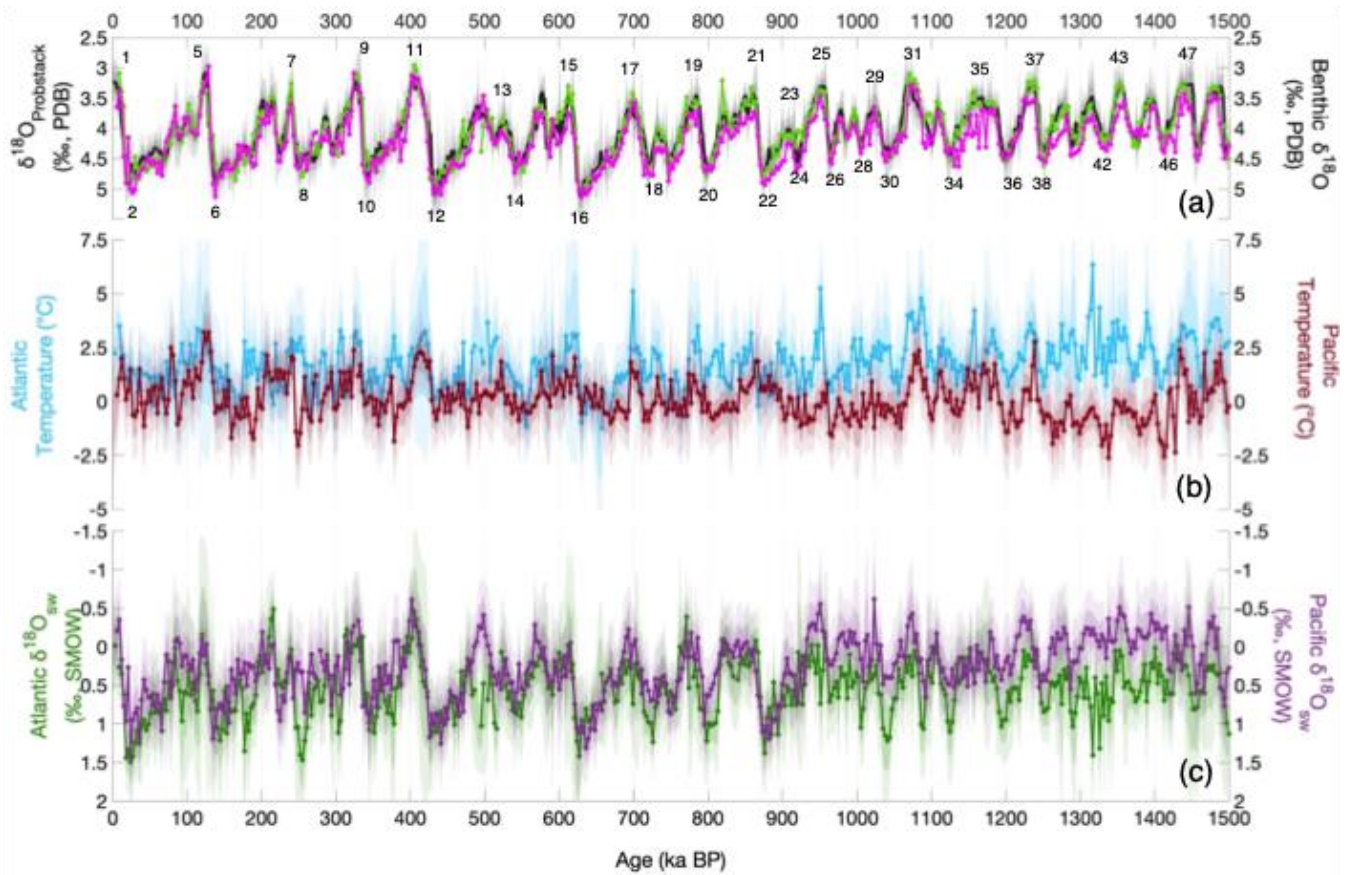


Figure 7: Comparison of North Atlantic and Pacific Ocean deep-water temperature and benthic  $\delta^{18}\text{O}_{\text{seawater}}$  stacks. (a) Prob-stack benthic  $\delta^{18}\text{O}$  (Ahn et al., 2017) (black line), overlain with contributing benthic  $\delta^{18}\text{O}$  records for the Atlantic (this study and (Ford et al., 2016; Sosdian and Rosenthal, 2009)) (bright green) and Pacific (Elderfield et al., 2012; Ford and Raymo, 2020) (bright pink) stacks in (b and c). MIS numbers denote glacial (even) and interglacial (odd) stages. (b) Stacked deep-water temperatures for the Pacific (red) and North Atlantic (blue) with dark and light shading indicating 1 and 2 $\sigma$  uncertainties respectively. (c) Stacked deep-water  $\delta^{18}\text{O}_{\text{seawater}}$  for the Pacific (purple) and North Atlantic (green) with uncertainties as in b. Stacks and associated uncertainties represent mean of manually aligned, interpolated (3 kyr resolution) and bootstrapped records, with uncertainties reflecting both analytical error and the spread between paired estimates (see Sect. 2.6).

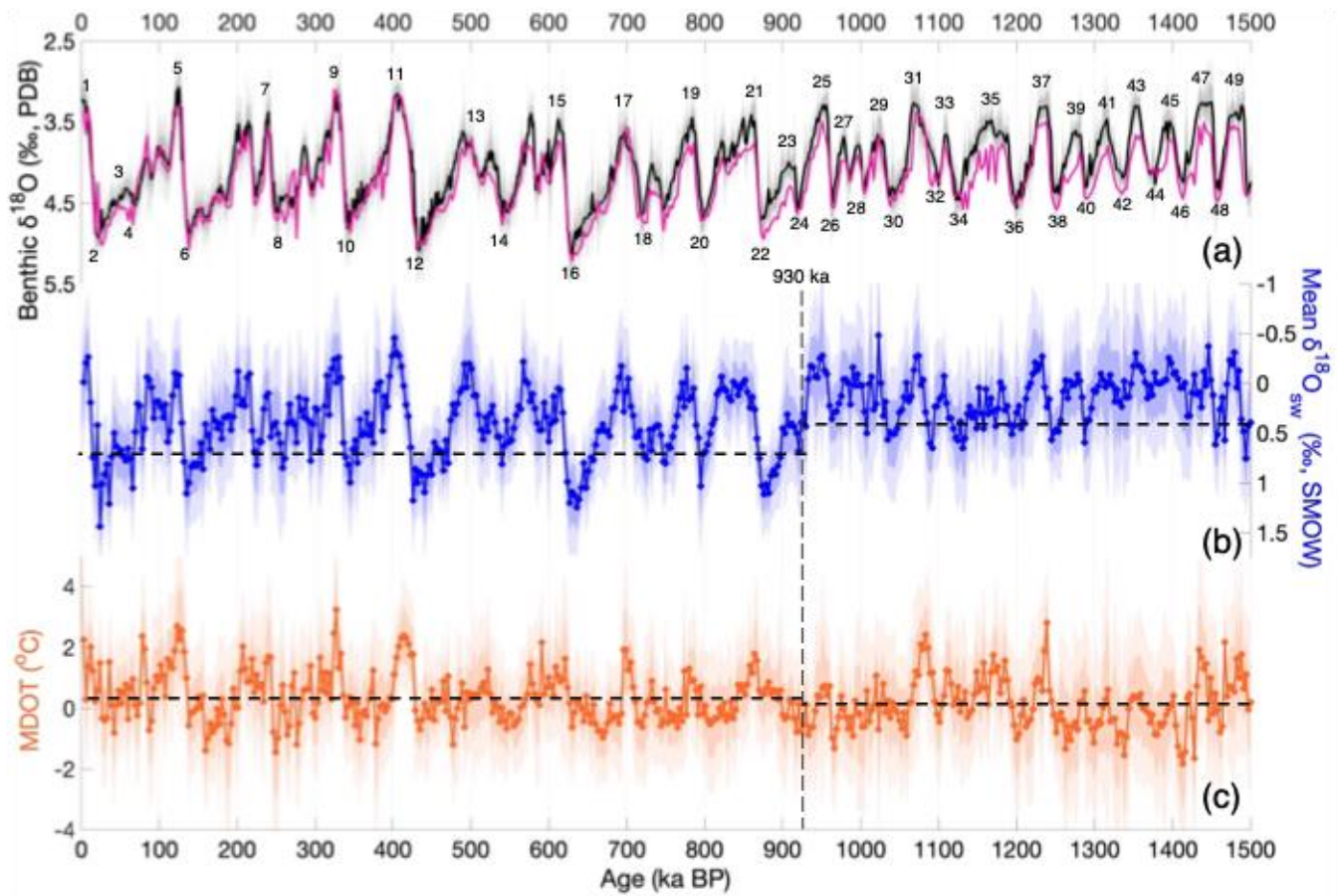


Figure 8: MDOT and mean  $\delta^{18}\text{O}_{\text{seawater}}$  stacks weighted by ocean-basin volume. (a) Basin-volume-weighted benthic  $\delta^{18}\text{O}$  stack compiled from Atlantic, Pacific and Southern Ocean records used in this study (pink) overlaid on Prob-stack benthic  $\delta^{18}\text{O}$  (Ahn et al., 2017) (black). MIS numbers denote glacial (even) and interglacial (odd) stages. (b) Globally distributed basin-volume-weighted mean deep-water  $\delta^{18}\text{O}_{\text{seawater}}$  stack (blue). Horizontal dashed lines indicate the glacial mean values for intervals before and after 930 ka. (c) Ocean volume-weighted MDOT stack (orange); the horizontal dashed lines indicate the total mean values for the intervals before and after 930 ka. The vertical dashed line marks 930 ka. Ocean-basin volume weighted stacks were constructed following the approach of Lisiecki and Stern (2016) (Sect. 2.6). Uncertainty envelopes incorporate analytical, calibration and age uncertainties propagated through a Monte Carlo framework, with basin-scale uncertainty additionally reflecting inter-record variability.

## 4 Discussion

### 4.1 Basinal differences in abyssal temperature and salinity

Although the deep Atlantic and Pacific stacks contain only two records each, we suggest they are broadly representative of deep-water mass properties in the two basins. Comparison of Atlantic and Pacific temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  records indicate

differences in the magnitude of temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  changes across the MPT (Fig. 7b, c). The deep North Atlantic cooled during glacials between ~1050 to 925 ka whereas the deep Pacific remained cold, both before and after the MPT. The cooling in the deep North Atlantic is supported by a decrease (~2 °C) in high-latitude North Atlantic sea surface temperature (SST) at Site 982 on the Rockall Plateau (58° N, 16° W), close to the source area of deep-water formation (Lawrence et al., 2009) (Fig. 9b). Because deep water derived from the Southern Ocean is colder than that sourced from the North Atlantic, part of the cooling may also result from an expansion of southern sourced water into the deep North Atlantic during glacial stages. Cooling coincides with an abrupt increase in neodymium isotopes ( $\epsilon\text{Nd}$ ) at Site 607 that has been previously interpreted as indicating an increased contribution of Southern Component Water (SCW) in the deep Atlantic (Kim et al., 2021a; Pena and Goldstein, 2014) (Fig. 9d), with similar deep circulation changes inferred for the Pacific (Li et al., 2026). An increase in the  $\delta^{13}\text{C}$  gradient between the intermediate and deep North Atlantic also supports a greater proportion of SCW in the North Atlantic across the MPT (Fig. 9e) (Lang et al., 2016; Lisiecki, 2014). Neodymium isotope changes in the Atlantic have alternatively been interpreted to represent changes in the end-member Nd value of NCW alongside more modest circulation changes (Pöppelmeier et al., 2020, 2022; Williams et al., 2024; Zhao et al., 2019).

Cooling of Northern Component Water (NCW) would increase its density and create a stratification inversion with deeper water masses in the absence of a density increase of SCW (Knorr et al., 2021). The  $\delta^{18}\text{O}_{\text{seawater}}$  in both the deep North Atlantic and Pacific increases across the MPT reflecting expansion of continental ice sheets, but the increase is greater in the Pacific than the Atlantic (Fig. 7c). We attribute the greater increase in Pacific  $\delta^{18}\text{O}_{\text{seawater}}$  to an increase in the salinity and density of SCW, which may have shoaled the boundary between NCW and SCW in the deep Atlantic if the density contrast between the two water masses increased (Figs. 9c and e) (Song et al., 2025). Glacial-interglacial change in the global ocean density stratification in much of the deep ocean (>2000 m) is controlled by surface freshwater forcing in the Southern Ocean (Sun et al., 2016). Increased salinity can be achieved by decreasing meltwater input to the marginal seas around Antarctica (e.g. Weddell and Ross Seas) either from the Antarctic ice sheet and/or grounded ice shelves. Sea ice expansion around Antarctica also raises salinity through brine rejection and expands the depth range of SCW (Ferrari et al., 2014), but sea ice formation does not significantly alter the  $\delta^{18}\text{O}_{\text{seawater}}$  of seawater (Kim and Timmermann, 2024; Toyota et al., 2013).

Raymo et al. (2006) suggested the East Antarctic ice sheet was terrestrial-based with melting margins before the MPT and transformed to a marine-based ice sheet afterward, which would have decreased meltwater to marginal seas. An unconformity in the Ross Sea Embayment that spans the MPT has been interpreted to represent widespread expansion of a marine-based ice sheet (McKay et al., 2012) into the Ross Sea where AABW is formed today. Adkins (2013) proposed that cooling of NADW during glacial stages of the late Pleistocene decreased melting rates of floating Antarctic ice shelves. Adkins (2013) suggested decreased meltwater input led to the formation of a cold and salty version of Antarctic Bottom Water, and this water mass filled the deep ocean basins. We observe cooling of the high-latitude and deep North Atlantic across the MPT at the same time as the inferred salinity increase of the deep Pacific, which may support the mechanism outlined by Adkins (2013).

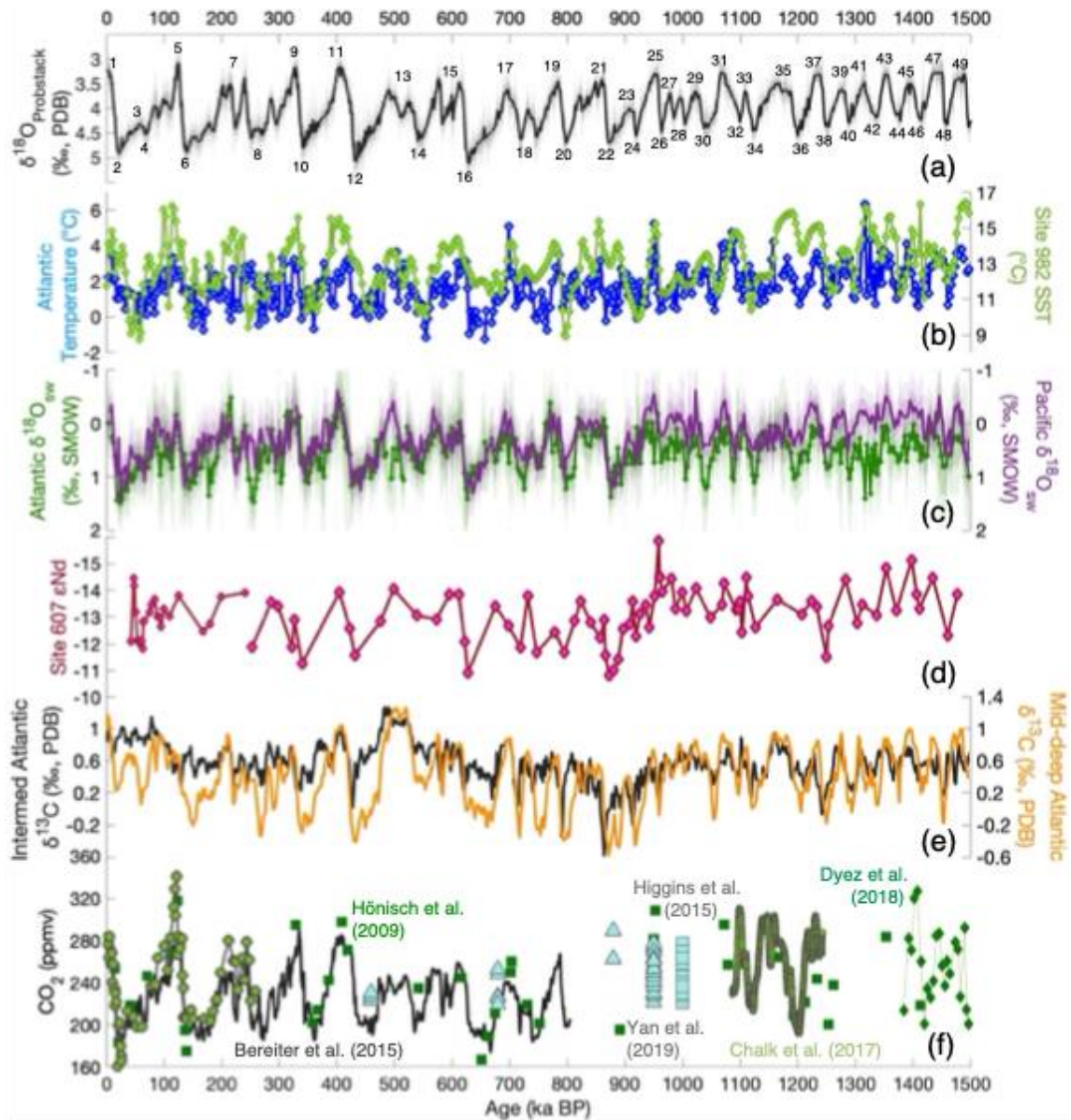


Figure 9: Comparison of deep-water temperature, salinity, ocean circulation and atmospheric  $p\text{CO}_2$  records over the last 1.5 Ma. (a) Benthic  $\delta^{18}\text{O}$  Prob-stack (Ahn et al., 2017) (black line), MIS numbers denote glacial (below) and interglacial (above) stages. (b) Alkenone  $\text{U}^{\text{k}'37}$ -derived, sea surface temperature (SST) record from ODP Site 982 (Lawrence et al., 2009) (green line with markers) overlaying the Atlantic stack for deep-water temperature (this study; blue line with markers). (c) Atlantic (green) and Pacific (purple)  $\delta^{18}\text{O}_{\text{seawater}}$  stacks (this study). (d) DSDP Site 607/V30-97  $\epsilon\text{Nd}$  proxy for North Atlantic Ocean circulation changes (Kim et al., 2021b) (dark pink line with pink diamonds). (e) Carbon isotope gradient between regional  $\delta^{13}\text{C}$  stacks (Lisiecki, 2014) for the intermediate depth North Atlantic (black) and middle deep Atlantic (orange). Low  $\delta^{13}\text{C}$  reflects reduced ventilation in the deep Atlantic. (f) Atmospheric  $p\text{CO}_2$  records (presented as in (Thomas et al., 2022)): Antarctic 800-kyr ice core data (Bereiter et al., 2015) (black line); Allan Hills Blue Ice (blue triangles (Yan et al., 2019) and blue squares (Higgins et al., 2015)); and  $\delta^{11}\text{B}$ -based reconstructed  $p\text{CO}_2$  [(Dyez et al., 2018) green line with diamonds; (Hönisch et al., 2009) solid green squares; (Chalk et al., 2017) early Pleistocene light green line/small circles, and late Pleistocene light green circles]. Chronology for Atlantic and Pacific stacks is available in Sect. 2.1, all other records are presented on their original timescales.

The freshwater fluxes to marginal seas can also be decreased by exporting freshwater to lower latitude via icebergs discharge and sea ice (Ferrari et al., 2014; Jansen, 2017). Starr et al. (2021) reported an increase in IRD in the Subantarctic Zone across the MPT and suggested this reflected increased transport of meteoric freshwater away from Antarctica. This process could have contributed to increased salinity in source areas of SCW formation, especially in the Weddell Sea sector. At the same time, increased transport of icebergs and sea ice from Antarctica increased the freshwater flux to the subantarctic, strengthened the halocline and slowed deep-to-surface exchange that controls carbon dioxide release to the atmosphere (Hasenfratz et al., 2019).

#### 4.2 Implications for carbon storage

Although we cannot pinpoint which of the many processes discussed above was responsible for increased salinification and densification of SCW— some or all may have contributed— increased stratification of the glacial deep ocean may have played a role in enhancing ocean carbon storage and lowering atmospheric  $p\text{CO}_2$  concentrations (Adkins 2013). Increased deep ocean stratification provides a physical mechanism by which sinking organic carbon can be remineralised and accumulate in the deep sea. In the process, oxygen is consumed, nutrients are released and total dissolved inorganic carbon (DIC) increases, although carbonate ion decreases. Several studies have reported an increase in deep-sea nutrients and lowered carbonate ion and oxygen concentrations in the deep Atlantic (e.g. (Fig. 9e) (Farmer et al., 2019; Lear et al., 2016; Lisiecki, 2014; Thomas et al., 2022) and Pacific (Diz et al., 2020; Peng et al., 2026; Qin et al., 2022) across the MPT.

Increased stratification of the deep ocean by itself is insufficient to change deep-ocean carbon storage. The biological pump exports organic matter from the surface ocean that is remineralised at depth. In the Southern Ocean, biological export production is thought to have increased owing to iron fertilization from dust over the MPT (Martínez-García et al., 2011). The return of deep water towards the surface in the upwelling region of the Antarctic Circumpolar Current (ACC) ventilates the deep ocean through gas exchange in the Southern Ocean. This surface/deep exchange of water was reduced (“isolated”) during glacial periods because of a strengthened halocline and reduced upwelling (Sigman et al., 2021). At Site 1094 across the MPT, Hasenfratz et al. (2019) suggested a reduction in deep water supply to the surface and a concomitant freshening of surface waters that strengthened the halocline, thereby reducing carbon dioxide release to the atmosphere. The strength of the Westerlies and ACC are also important for the upwelling of deep-water masses from the ocean interior in the Antarctic Zone, although changes may be asynchronous in different sectors of the Southern Ocean (Lamy et al., 2024; Sun et al., 2016).

Most hypotheses and models to explain the MPT invoke a glacial atmospheric  $p\text{CO}_2$  decline to promote the growth of larger ice sheets; indeed, it's difficult to explain the MPT without this radiative cooling especially in the tropics (Herbert, 2023). Some studies have indicated a modest drop (~20 ppm) in concentrations of glacial atmospheric  $p\text{CO}_2$  across the (Chalk et al., 2017; Higgins et al., 2015; Hönlisch et al., 2009; Yan et al., 2019) (Fig. 9f), whereas others have found no mean change (Marks-Peterson et al., 2026). The uncertain magnitude of atmospheric  $p\text{CO}_2$  decline across the MPT underscores the

critical importance of new data from the BE-OI core, which has recovered continuous ice to 1.2 Ma and possibly to 1.5 Ma (Barbante et al., 2025).

### 4.3 Mean Deep Ocean Temperature

550 A critical question for the MPT is by how much and how fast did global deep ocean temperature and ice volume change? Global stacking of mean deep ocean temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  records (derived from paired benthic Mg/Ca- $\delta^{18}\text{O}$ ) can address this question and be compared to other more indirect approaches of estimating temperature and ice volume changes from benthic  $\delta^{18}\text{O}$  records. Although only 5 long records of tandem benthic  $\delta^{18}\text{O}$ -Mg/Ca measurements exist spanning the last 1.5 Myr, we stacked the records first with equal weighting to reconstruct global records and then weighted by the volumes of  
555 different ocean basins (Lisiecki and Stern, 2016) (Sect. 2.6) to better estimate global averages. Whereas the unweighted glacial MDOT record shows a slight decrease after ~900 ka, it is biased by the cooling of the deep Atlantic at Site 607 (Fig. S11c). Considering the much smaller volume of the deep North Atlantic compared to the deep Pacific, the volume-weighted MDOT stack is more representative and shows minimal change across the MPT (Fig. 8c).

We compare our stacked MDOT record with similar estimates derived by other methods. Rohling et al. (2021) (R21)  
560 calculated deep-sea temperatures (DST) using benthic  $\delta^{18}\text{O}$  and estimates of  $\delta^{18}\text{O}_{\text{seawater}}$  from sea level reconstructions. Our changes in MDOT agree well with R21 older than 1200 ka, after which the amplitude of R21 is greater than our MDOT (Fig. 10a). Neither record shows substantial cooling of deep ocean temperatures across the MPT. Chandler and Langebroek (2024) similarly used benthic  $\delta^{18}\text{O}$ , Mg/Ca and sea level reconstructions to estimate changes in mean Circumpolar Deep Water temperature (MCDWT) for the past 800 ka, including Sites 1123 and 1094 but using slightly different calibrations than this  
565 study (Fig. 10b). For the last 800 kyrs, our MDOT agrees well with MCDWT, indicating the slightly different approaches yield similar results. Lastly, we compare our MDOT estimates with changes in mean ocean temperature (MOT) reconstructed using noble gas (Xe/Kr) from the EPICA ice core (Grimmer et al., 2025) and shallow ice cores recovered from the Allan Hills blue ice area, Antarctica (Shackleton et al., 2026) (Fig. 10c). The latter likely records a weighted averaging of glacial and interglacial conditions. There is good agreement between the two, especially considering that our MDOT does not include the  
570 entire ocean recorded by noble gas MOT. Both records show little change in MDOT or MOT across the MPT (Shackleton et al., 2026).

Both our MDOT and the noble gas MOT (Shackleton et al., 2026) results differ from reconstructions of Clark et al. (2024, 2025), which are based on using global mean sea surface temperatures ( $\Delta\text{GMSST}$ ) to estimate  $\Delta\text{MOT}$  (Wolff, 2026). The  $\Delta\text{GMSST}$  estimates are converted to  $\Delta\text{MOT}$  using a non-constant ratio of  $\Delta\text{MOT}/\Delta\text{GMSST}$  over the MPT. For the period  
575 from 1.5 to ~0.9 Ma, these estimates give warmer deep-water temperatures relative to our study, followed by a marked cooling in deep ocean temperature (>2000 m) at ~900 ka (Fig. 10d). The Clark et al. compilation is strongly biased towards the deep North Atlantic (predominantly Site 607) with comparatively sparse Pacific deep ocean temperature (>2000 m) data over this interval (Clark et al., 2025; Lear et al., 2003). Site U1385 does not show cooling between 1.5 to ~0.9 Ma but the records from

Sites 607 show a 1 °C long term cooling trend, which is unlikely to represent a global mean change in deep-ocean temperature  
580 (Figs. 2b, 3b, c, 5b, S3a, and S7b, c; Sect. 3.1). Instead, our findings support previous interpretations for near-freezing glacial  
bottom water temperatures in the Pacific and the South Atlantic Southern Ocean throughout the period from 1.5 to ~0.9 Ma,  
with no substantial change across the MPT (Elderfield et al., 2012a; Ford and Raymo, 2020; Hasenfratz et al., 2019; Siddall  
et al., 2010) (Figs. 8c, S9c and S12c). These results appear to be consistent with recent ice core noble gas-based reconstructions  
of MOT (Shackleton et al., 2026) (Fig. 10c), but higher resolution MOT data from BE-OI are needed to capture the full  
585 amplitude of glacial-interglacial variations (Barbante et al., 2025).

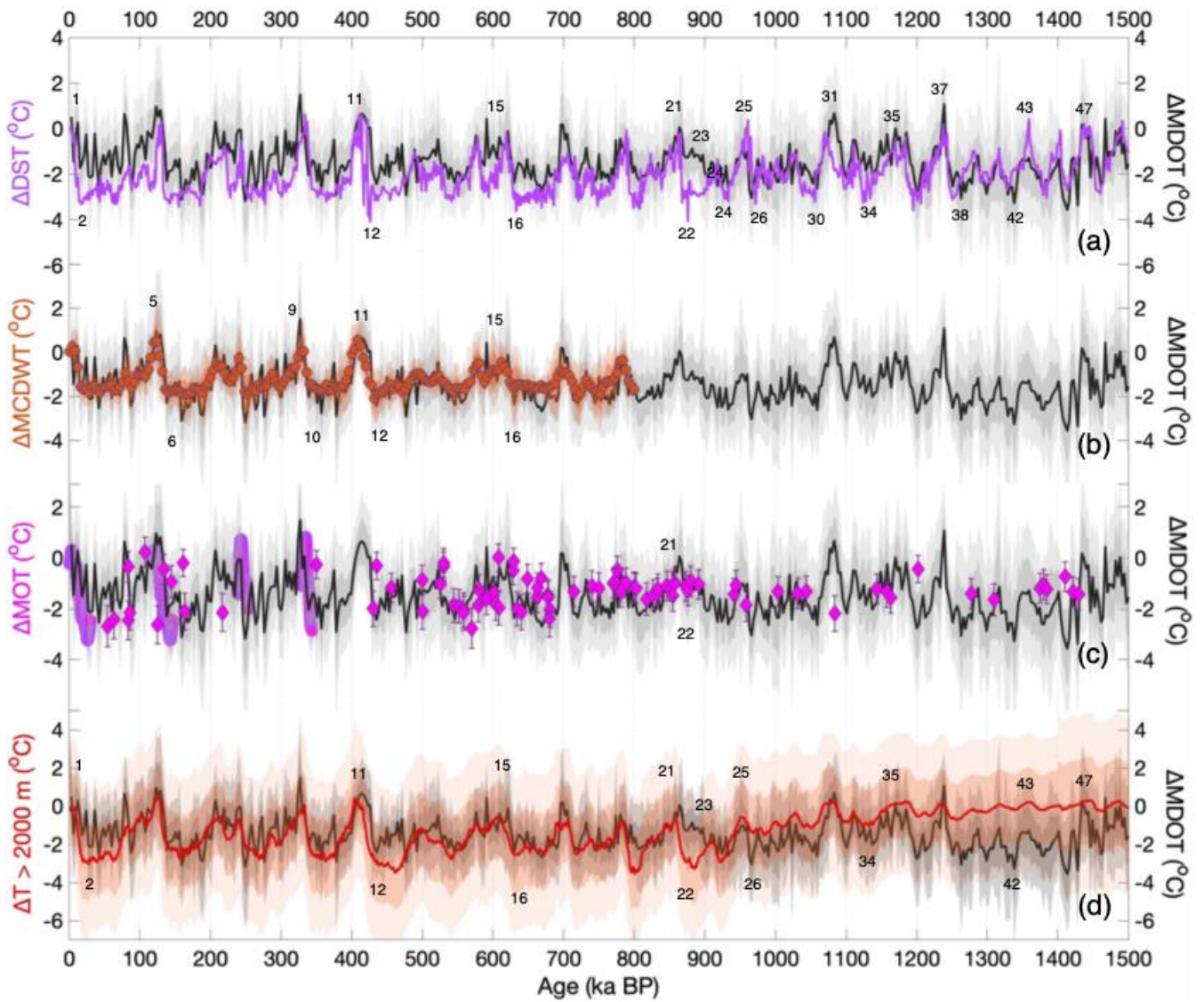
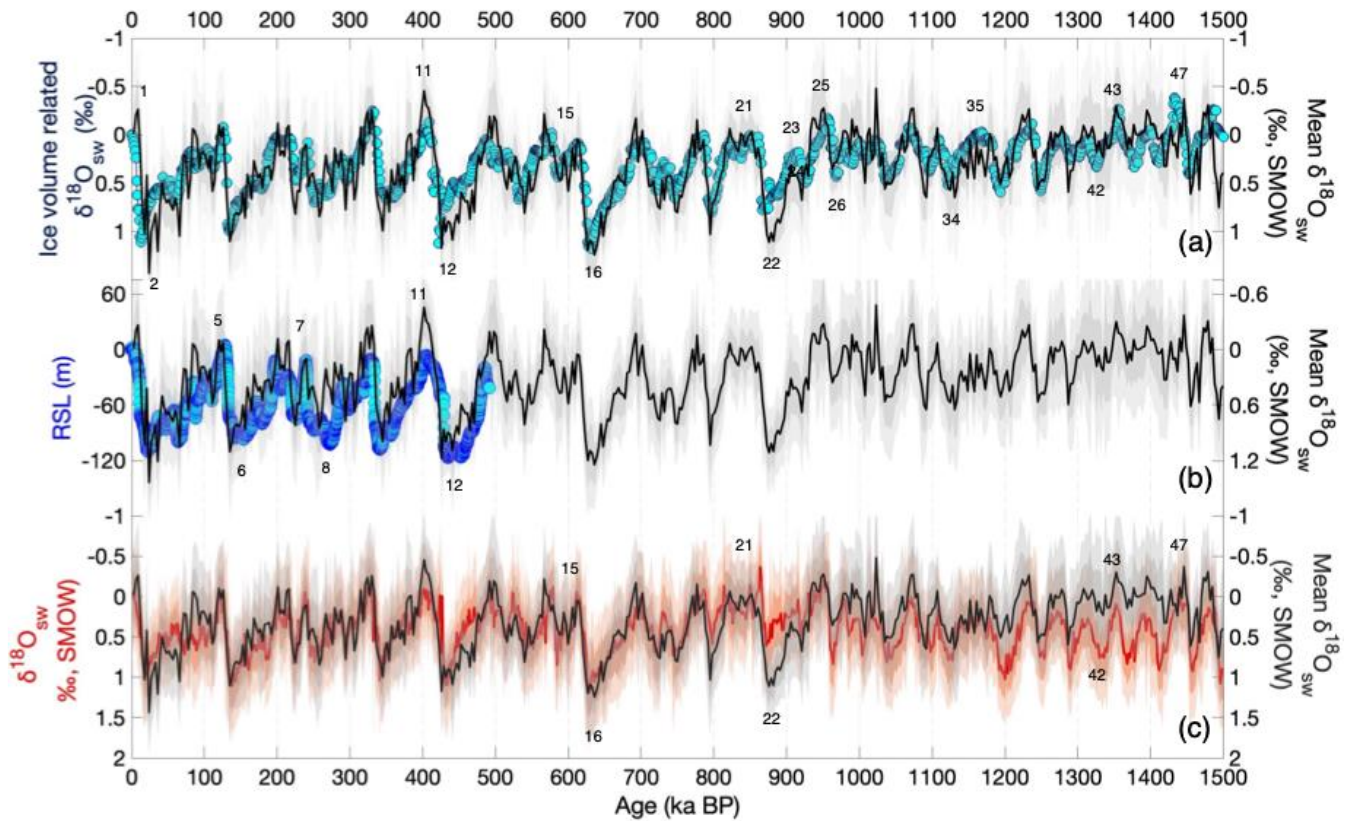


Figure 10: Comparison of MDOT with similar mean ocean and deep-water temperature reconstructions. All panels show the change in volume-weighted MDOT ( $\Delta\text{MDOT}$ ) (this study; black line) relative to an average present day value ( $1.73^\circ\text{C}$ ) versus: (a) the change in deep-sea temperature ( $\Delta\text{DST}$ ) estimated relative to the present (Rohling et al., 2021) (purple line); (b) the change in mean CDW temperature ( $\Delta\text{MCDWT}$ ) relative to present (Chandler and Langebroek, 2024) (dark orange circles); (c) the change in MOT ( $\Delta\text{MOT}$ ) derived from noble gas measurements in ice cores (Grimmer et al., 2025) (purple and pink circles) and, in Allan Hills blue ice (pink diamonds) (Shackleton et al., 2026), error bars on individual MOT estimates represent absolute uncertainties; and, (d)  $\Delta\text{MOT}$  inferred from  $\Delta\text{GMSST}$  and proxy-based deep-water temperature (Clark et al., 2025) (red), with both records referenced to the Early Holocene ( $0^\circ\text{C}$  at 10 ka) and offset by  $-1.73^\circ\text{C}$  following (Clark et al., 2025). Dark and light shading of the same colour represent  $1\sigma$  and  $2\sigma$  uncertainty envelopes, respectively. Uncertainties associated with  $\Delta\text{MOT}$  are taken directly from the published datasets of Clark et al. (2025). MIS numbers mark many of the glacial (even) and interglacial (odd) stages.

#### 4.4 Mean $\delta^{18}\text{O}_{\text{seawater}}$ and Ice Volume

Both weighted and unweighted mean ocean  $\delta^{18}\text{O}_{\text{seawater}}$  stacks were compiled and show a step-like increase across the MPT at 930 ka (Figs. 8b and S11b), supporting previous interpretations of increased continental ice volume during most glacial periods after ~900 ka (Elderfield et al., 2012; Ford and Raymo, 2020). Our volume-weighted mean  $\delta^{18}\text{O}_{\text{seawater}}$  stack is consistent with process-based estimates of  $\delta^{18}\text{O}_{\text{seawater}}$  over the past 1.5 Myr (Rohling et al., 2021) (Fig. 11a) and with reconstructions of relative sea level (RSL) change for the past ~500 ka (Grant et al., 2012, 2014) (Fig. 11b). However, our value for MIS 22 is considerably greater than R21. This is the result of a warming trend of MDOT during MIS 22 that yields greater  $\delta^{18}\text{O}_{\text{seawater}}$  values when the signal is deconvolved from the benthic  $\delta^{18}\text{O}$  of calcite. Deep North Pacific Site 1208, in particular, shows anomalously high temperatures during MIS 22 that contribute to this discrepancy.

Our results diverge from (Clark et al., 2024, 2025) in that our  $\delta^{18}\text{O}_{\text{seawater}}$  values are lower prior to the MPT, particularly in the interval older than 1200 kyrs, suggesting less glacial ice volume before the MPT. They infer surprisingly large ice sheets before the MPT and relatively little change at ~900 ka, which is contrary to our results and most previous studies (Bintanja and Van De Wal, 2008; Clark et al., 2006; Elderfield et al., 2012a; Ford and Raymo, 2020; Rohling et al., 2021). Their method of reconstruction discounts the temperature and  $\delta^{18}\text{O}_{\text{seawater}}$  records from Pacific Sites 1123 and 1208 (Elderfield et al., 2012; Ford and Raymo, 2020) claiming they are unrepresentative of global values and reflect regional hydrographic changes. While we agree there is a hydrographic (salinity) component to the increase in the glacial deep Pacific  $\delta^{18}\text{O}_{\text{seawater}}$  signal that exceeds the Atlantic signal, there is also a global increase in  $\delta^{18}\text{O}_{\text{seawater}}$  reflecting greater ice volume across the MPT.



**Figure 11: Comparison of mean  $\delta^{18}\text{O}_{\text{seawater}}$  with similar process-based and relative sea level reconstructions.** Volume-weighted mean  $\delta^{18}\text{O}_{\text{seawater}}$  stack shown in each panel (this study; black) is compared against: (a) process-based estimated ice-volume related deep-sea  $\delta^{18}\text{O}_{\text{seawater}}$  (Rohling et al., 2021) (light blue circles); (b) Red Sea relative sea level (RSL) reconstructions (Grant et al., 2012, 2014) (dark and light blue circles) scaled so that  $\delta^{18}\text{O}_{\text{seawater}}$  of 1.0 ‰ is equivalent to 10 m RSL; and, (c)  $\delta^{18}\text{O}_{\text{seawater}}$  derived from the deconvolution of the benthic  $\delta^{18}\text{O}$  Prob-stack using inferred changes in MOT (Clark et al., 2025) (red). MIS numbers denote glacial (below) and interglacial (above) stages. Dark and light shading of the same colour represent  $1\sigma$  and  $2\sigma$  uncertainty envelopes, respectively. Uncertainties associated with  $\delta^{18}\text{O}_{\text{seawater}}$  are taken directly from the published datasets of Clark et al. (2025). The  $\delta^{18}\text{O}_{\text{seawater}}$  reconstruction of Clark et al. (2025) includes removal of a long-term increase of  $0.083 \text{ ‰ Myr}^{-1}$  in benthic  $\delta^{18}\text{O}$ , which is not applied to our records because such an arbitrary adjustment for diagenesis remains unproven. This adjustment is small relative to uncertainties in the  $\delta^{18}\text{O}_{\text{seawater}}$  compilations and would increase the divergence between the two mean  $\delta^{18}\text{O}_{\text{seawater}}$  curves.

#### 4.5 Limitations and Future Opportunities

The small number of long, continuous benthic Mg/Ca- $\delta^{18}\text{O}$  records available across the MPT leads to questions about how well they represent basin-wide or global averages. Low abundance of preferred benthic foraminiferal taxa in some of the records results in time gaps where fewer than 5 sites are available for stacking. The water depths of the studied sites are all below 2500 mbsl and a greater depth range would provide a better comparison with noble gas-based MOT estimates across the MPT (Shackleton et al., 2026). The temporal resolution is relatively low (3 kyrs) and may not reflect the full amplitude of

changes and certainly do not capture millennial-scale variability. Complementary B/Ca on the same samples would provide a proxy for carbonate ion changes, which could be used to assess if Mg/Ca palaeotemperatures of different benthic species of foraminifera have been affected by dissolution. The propagation of error when using paired benthic Mg/Ca– $\delta^{18}\text{O}$  to calculate the  $\delta^{18}\text{O}_{\text{seawater}}$  is fairly large ( $\pm 0.24$  ‰ for *U. peregrina* and  $\pm 0.16$  ‰ for *G. affinis* ( $1\sigma$ ), with the dominant contribution arising from temperature uncertainty). Using benthic foraminifera taxa with a greater sensitivity of Mg/Ca to temperature could potentially reduce the errors (Yang et al., 2025).

The recent recognition that the time rate of change of benthic  $\delta^{18}\text{O}$  is a proxy for Earth's Energy Imbalance (EEI) offers the opportunity to investigate the processes that modify the global energy budget on long timescales (Shackleton et al., 2023). With more records, the derivative of the deconvolved stacks would permit separation of the sensible and latent heat components and provide valuable insight how the Earth's energy balance changed during the MPT.

All of the points discussed above underscore the importance of acquiring additional paired benthic Mg/Ca– $\delta^{18}\text{O}$  records to improve the records presented herein. Furthermore, the proposed causes for the changes in deep-ocean stratification and their impact on deep-ocean carbon storage should be tested with numerical models.

## 5 Conclusions

The causes of the MPT have been sought since it was first recognized in oxygen isotope records over 50 years ago (Pisias and Moore, 1981; Shackleton, Nicholas John and Opdyke, 1973). The MPT involved a fundamental change in the interaction of deep-ocean circulation, atmospheric  $p\text{CO}_2$ , and the cryosphere that permitted continental ice sheets to grow large enough that they were able to survive modest rises in summer insolation that would have resulted in deglaciation prior to the MPT (Ganopolski, 2024; Raymo et al., 1997; Willeit et al., 2019). Here we suggest that the MPT involved changes in the physical properties of the abyssal ocean, including a cooling of the deep North Atlantic and salinification of the deep water in the Pacific. This resulted in increased density stratification of the deep ocean in glacial periods after ~900 ka.

Global ocean density stratification in much of the deep ocean ( $>2000$  m) is controlled by surface freshwater forcing in the Southern Ocean (Sun et al., 2016). We suggest that across the MPT, meltwater input to the marginal seas around Antarctica decreased and sea ice increased during glacial periods, resulting in formation of cold (near freezing), salty deep water. Increased deep ocean stratification provides a physical mechanism by which sinking organic carbon from the surface can accumulate in the deep sea, especially if accompanied by increased export production and surface stratification in the Southern Ocean. Many complementary studies support increased carbon storage in the deep Atlantic (e.g. (Fig. 9e) (Farmer et al., 2019; Lear et al., 2016; Lisiecki, 2014; Thomas et al., 2022) and Pacific (Diz et al., 2020; Peng et al., 2026; Qin et al., 2022a) across the MPT, and some atmospheric  $p\text{CO}_2$  proxy records show a moderate decline in glacial atmospheric concentrations (Chalk et al., 2017; Higgins et al., 2015; Hönlisch et al., 2009; Yan et al., 2019). Forthcoming analyses of the newly recovered continuous

670 Antarctic ice core spanning the MPT (Wolff et al., 2022) will provide critical information on changes in greenhouse gases and  
MOT, which are needed to test many of the inferences made herein.

**Data availability.** All data, not previously reported, has been deposited at the World Data Center PANGAEA repository  
([www.pangaea.de](http://www.pangaea.de).) and will be publicly available when the paper is accepted and a DOI issued  
675 Previously reported benthic  $\delta^{18}\text{O}$  for IODP Site U1385 (Hodell et al., 2023) are archived at:  
(<https://doi.org/10.1594/PANGAEA.951401>).

**Supplement link.**

**Author contributions.** Conceptualization: DAH conceived the study, led its design, and collected the samples; NCT co-  
designed the study; NCT and MG processed and prepared the new dataset; NCT organised the complete dataset and associated  
680 metadata for analysis and archiving. Formal analysis: NCT and HLF applied statistical and computational methods to analyse  
the data and develop the stacked reconstructions. Funding acquisition: DAH. Investigation: NCT and MG, collected new trace  
element data from Site U1385; NCT and DAH generated the stable isotope data; all authors contributed to data analysis.  
Methodology: DAH and NCT. Project administration: NCT and DAH coordinated the research activities and workflow.  
Resources: DAH and MG provided laboratory facilities, materials and analytical support. Software: HLF and NCT  
685 implemented and executed the PSU Solver code. Visualization: NCT and DAH. Writing – original draft: NCT and DAH.  
Writing – review and editing: NCT, MG, HLF, and DAH.

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