

# Potential of optical and ecological proxies to quantify phytoplankton carbon in oligotrophic waters

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Satellite ocean color observations provide two proxies to estimate the phytoplankton carbon concentration,  $C_{\text{phyto}}$ , then used as input to models quantifying growth rates and primary production, namely the phytoplankton chlorophyll-a concentration, Chl-a, and the particulate backscattering coefficient,  $b_{\text{bp}}$ . Variability in phytoplankton community composition, physiological status, pigment assemblages and contribution of non-algal material all interplay in the relation between these proxies and  $C_{\text{phyto}}$ , so that no ubiquitous relationship exists between them. It is accordingly still unclear which of Chl-a or  $b_{\text{bp}}$  is best suited to quantify  $C_{\text{phyto}}$  or whether they both are, yet each in specific trophic conditions, especially for low-productivity oligotrophic waters. Here we use a dataset from the eastern Indian Ocean that includes phytoplankton pigments and cell counts, particulate organic carbon (POC) and inherent optical properties (IOPs) to perform a comparative assessment of  $C_{\text{phyto}}$  derived from either Chl-a or  $b_{\text{bp}}$  or cell counts combined with allometric relationships. We found significant correlations ( $r^2 > \sim 0.5-0.6$ ) between the three  $C_{\text{phyto}}$  estimates and IOPs, Chl-a or POC when samples from all depths down to 150 m are included. When only the top 25 m are included (amenable to ocean color remote sensing), no significant relationships were found, except between the cytometry-derived  $C_{\text{phyto}}$  and both Chl and POC. The range of  $b_{\text{bp}}$  measurements was too narrow to conclusively assess the performance of deriving  $C_{\text{phyto}}$  from  $b_{\text{bp}}$  in such an oligotrophic environment. These results highlight the limitations of each method and emphasize the need for careful review before applying them to satellite ocean color observations.

## 30 1. Introduction

Phytoplankton are primary producers in marine ecosystems and play a central role in the global carbon cycle. They generate about 45 gigatons of organic matter every year in the global ocean (Falkowski, 2012; Field et al., 1998). A fraction of this organic matter sinks into the deep ocean, contributing to the reduction of the CO<sub>2</sub> partial pressure of surface waters. This process reduces atmospheric CO<sub>2</sub> levels by ~200 ppm relative to a theoretical abiotic ocean (Parekh et al., 2006). Given their role in carbon sequestration, accurately quantifying phytoplankton carbon biomass and productivity is essential.

Oligotrophic regions, where phytoplankton growth is limited by low nutrient levels and their biomass and chlorophyll concentration are accordingly low, represent a major uncertainty in the global phytoplankton productivity budget.

40 Satellite ocean color observations, from which phytoplankton chlorophyll-a (Chl-a) can be derived, have allowed estimation of phytoplankton productivity at a global scale. Chlorophyll is not always an accurate measure of phytoplankton biomass, however, as phytoplankton can adjust their level of chlorophyll to adapt to changing nutrient and light conditions without necessarily showing concomitant changes in their carbon content ( $C_{\text{phyto}}$ ), a process referred to as photo-acclimation. They also contain accessory pigments whose ratios to Chl-a vary with species composition and environmental conditions, complicating biomass quantification (Cloern et al., 1995).

It has been suggested that the particulate backscattering coefficient,  $b_{\text{bp}}$ , derivable from satellite ocean color observations in parallel to Chl-a, is a relevant proxy of  $C_{\text{phyto}}$  in the marine environment (Behrenfeld et al., 2005; Graff et al., 2015). Models have been developed based on this concept (Silsbe et al., 2016; Westberry et al., 2008) and compared with Chl-based or absorption-based models, showing significant differences in the distribution and global amounts of phytoplankton primary production (Westberry et al., 2023). Deriving  $C_{\text{phyto}}$  from the analysis of the relationship between chlorophyll concentration and the concentration of particulate organic carbon (POC) has also been proposed (Sathyendranath et al., 2009). As far as field measurements are concerned, cell counts from cytometry analyses combined with allometric relationships have been used to derive  $C_{\text{phyto}}$  and to analyze its relationship with  $b_{\text{bp}}$  (e.g., Martinez-Vicente et al. (2013)). Correlation was confirmed yet a range of slopes is observed when a linear relationship between both is derived from datasets covering various environments (Qiu et al., 2021; Serra-Pompei et al., 2023). Direct measurements of  $C_{\text{phyto}}$  in natural samples are difficult to carry out, however, so none of these approaches has yet been thoroughly validated. To the best of our knowledge, Graff et al. (2015) remains the only study to date that has used direct measurements of  $C_{\text{phyto}}$  in relation to  $b_{\text{bp}}$ .

Studies on  $C_{\text{phyto}}$  remain relatively scarce and estimating  $C_{\text{phyto}}$  in oligotrophic waters remains a significant methodological challenge in oceanographic research. Each method has its own advantages and

limitations, often relying on simplified empirical representations of phytoplankton's physiological variability. However, these methods tend to perform poorly when applied to different oceanographic regions where environmental conditions change significantly (Serra-Pompei et al., 2023; Xu et al., 2020). Phytoplankton acclimate to variations in light, nutrients, and temperature by modulating cellular pigment levels to meet the altered demands for photosynthesis. This acclimation is effectively characterized by shifts in the ratio of chlorophyll to carbon biomass (MacIntyre et al., 2002; Sakshaug et al., 1989).

The Eastern Indian Ocean (EIO) offers food, natural resources and numerous benefits to surrounding countries (Hermes et al., 2019). In the northern EIO, the Bay of Bengal experiences monsoon-driven seasonal circulation changes during summer (southwest monsoon) and winter (northeast monsoon) (Schott & McCreary Jr, 2001), along with large freshwater inputs from the rivers and rainfall that create surface stratification and barrier layer (Vinayachandran, 2009). At the equator, strong westerly winds during spring and fall generate the Wyrтки jet (Wyrтки, 1973). In the southern EIO, the westward-flowing Southern Equatorial Current (SEC) transports low-salinity water, separating the south Indian Subtropical Gyre from the northern EIO.

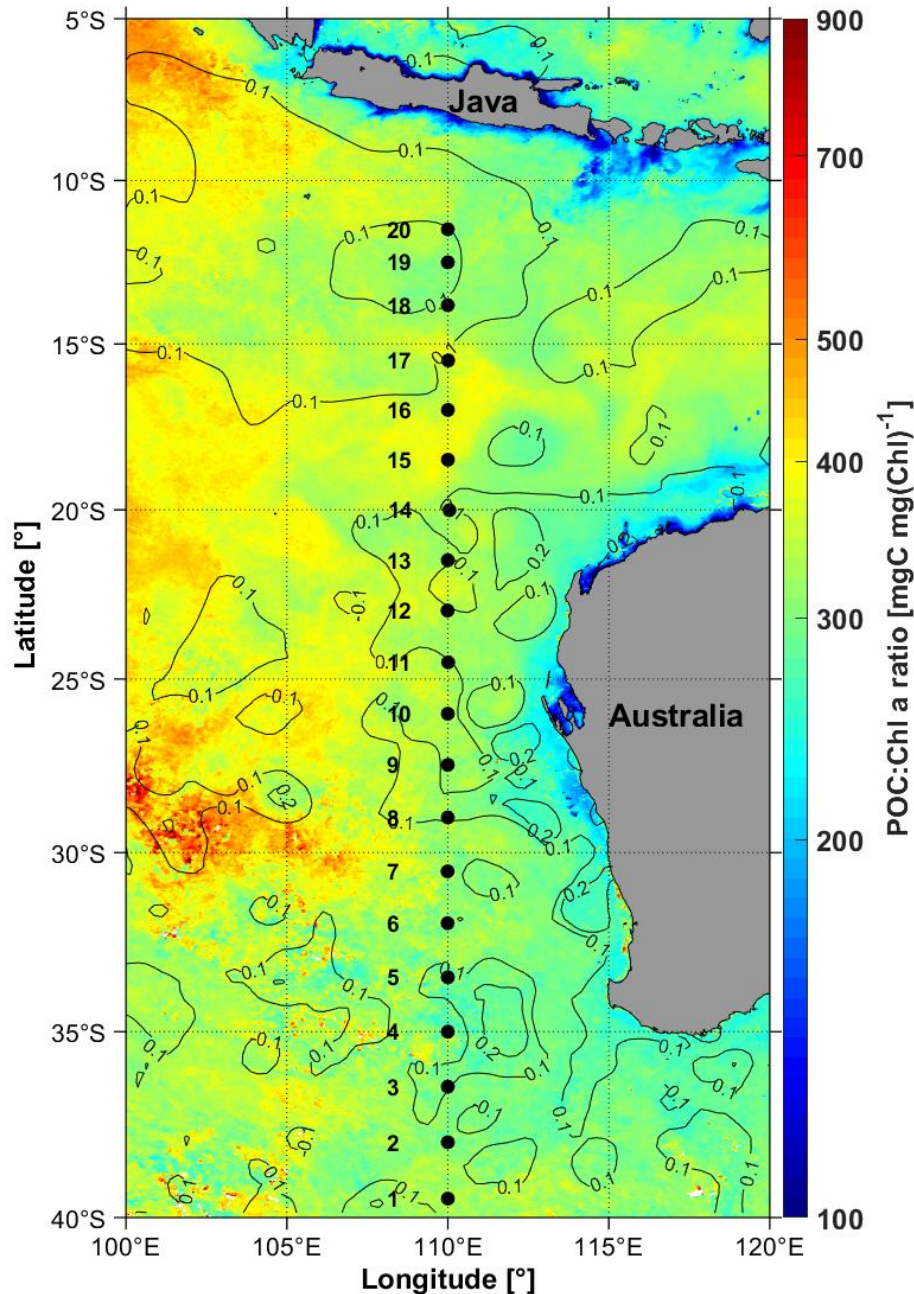
The oligotrophic southern EIO is less productive than other regions of the Indian Ocean. It has remained relatively unexplored with respect to the distribution of phytoplankton carbon, especially compared to the Pacific and Atlantic Oceans. During the Second International Indian Ocean Expedition (IIOE-2) (Hood et al., 2015), the 110° E line was revisited in May/June 2019 by R/V Investigator to replicate as closely as possible the sampling stations of voyages of the HMAS Diamantina in May-June 1963. In addition to revisiting the 1963 survey stations to evaluate 60 years of change in the southern EIO, new parameters such as bio-optical measurements, pigment concentrations, and cell abundance were measured for the first time.

The 110° E line cruise provided a unique opportunity to explore different ways of deriving  $C_{\text{phyto}}$  in oligotrophic waters either from the relationship between the POC and Chl-a concentrations, from the optical backscattering coefficient (an optical proxy), or from detailed information of the phytoplankton population from cytometry measurements. The impact of the phytoplankton community composition, inferred from pigments, on the results obtained through these three methods was assessed, and their limitations discussed.

## 2. Data and methods

The field data used in this study were acquired along the 110° E meridian in the southeastern Indian Ocean from 17 May to 5 June 2019 on the Australian Marine National Facility, R/V Investigator. This research voyage (IN2019\_V03) was part of the International Indian Ocean Expedition (IIOE-2). A total of 20 stations were occupied from 39.5° (station 1) to 11.5° S (station 20), each ~1.5° apart (Fig. 1). Conductivity-temperature-depth (CTD) casts were undertaken at each station using a Sea-Bird Scientific (Bellevue, Washington), SBE911. At each station, a first cast was sent down to 10 m above the seafloor and was

conducted around 7 am Australian Western Standard Time. A second cast was shallower (~500 m) and carried out around 8 pm. At each CTD cast, water samples were collected from various depths, from surface to 400 m using a 36, 12L Niskin-bottle rosette. The water was then used for onboard cytometry analyses or filtered for subsequent post-cruise laboratory analyses (see below). Optical instruments were operated immediately after the morning CTD cast to collect collocated data.



**Fig. 1.** Location of the 20 sampling stations visited during the 110 °E voyage (black dots) from 17<sup>th</sup> May (station 1) to 5<sup>th</sup> June 2019 (station 20) overlaid with the monthly mean ratio of particulate organic carbon (POC) to chlorophyll-a (Chl-a) for the month of May 2019, derived from MODIS Aqua. The overlaid contours are averaged Sea Level Anomalies (SLA, m) from the Jason-3 altimeter mission.

## 2.1. Phytoplankton pigments

Typically, 2.3 L water samples were filtered through 25 mm diameter Whatman glass fiber filters (GF/F 0.7  $\mu\text{m}$  particle retention size) under low vacuum pressure and low light. The filters were placed in Petri dishes wrapped in aluminum foil, flash-frozen in liquid nitrogen, and stored onboard at  $-80\text{ }^{\circ}\text{C}$ . After the  
110 cruise, the samples were stored back into a liquid nitrogen dry shipper for being sent for analysis by the “*Service d’Analyse de pigments par HPLC*” (SAPIGH) of the *Institut de la Mer de Villefranche*, France, where they were also stored at  $-80\text{ }^{\circ}\text{C}$  until being analyzed. Phytoplankton pigment concentrations were then determined through High Performance Liquid Chromatography (HPLC) using an Agilent Technologies 1200 Series equipped with an Eclipse XDB C8 column, following the method by [Ras et al. \(2008\)](#). Pigments were  
115 extracted for 2 hours in 3 ml 100% methanol, disrupted by sonication, and clarified by vacuum filtration through Whatman GF/F. Further details can be found in [Parida and Antoine \(2025\)](#).

The total chlorophyll a (TChl-a) is defined here as the sum of monovinyl-chlorophyll-a and divinyl-chlorophyll-a. The dominance of either photosynthetic carotenoids (PSC) or photoprotective carotenoids (PPC) is used as an indicator of the phytoplankton population status. Included here in the PSC are the 19-  
120 Hexanoyloxyfucoxanthin (19-Hex), 19-Butanoyloxyfucoxanthin (19-But), Fucoxanthin (Fuco), and Peridinin (Peri), while the PPC are Alloxanthin (Allo), Total carotene (Tcar), Diadinoxanthin (Diadino), and Zeaxanthin (Zea). The PPC-dominated waters correspond to depths  $< \sim 50\text{ m}$  at the most oligotrophic stations along the transect.

## 2.2. Particulate organic carbon (POC)

Water samples for particulate organic carbon (POC) were collected during the morning CTD upcasts  
125 only. Three-liter samples were collected from Niskin bottles directly into pre-washed polycarbonate carboys. Water was filtered on pre-combusted ( $450\text{ }^{\circ}\text{C}$  for 4hr) 25-mm Whatman GF/F filters at low vacuum. Filters were stored in acid-washed Petri dishes, dried in an incubator at  $55\text{ }^{\circ}\text{C}$  for 24-48h then stored in a desiccator with concentration HCL fumes for 24h to remove inorganic carbonate. The filters were then dried again at  
130  $55\text{ }^{\circ}\text{C}$  for 48 hours before being folded and packed into pre-combusted tin capsules and stored at  $-20\text{ }^{\circ}\text{C}$  until laboratory analysis.

Samples were analyzed by the Research Corporation of the University of Hawaii, HI, on a Costech ECS 4010 Elemental Combustion System using a Zero Blank Autosampler.

Finally, POC concentrations were calculated by subtracting the average concentration of carbon in dry  
135 blank filters. The average value of these blanks was  $14.3 \pm 3.1\text{ mg m}^{-3}$ .

## 2.3. Cell counts

Flow cytometric analyses and cell sorting were performed using a BD Influx™ cell sorter (BD Biosciences) located in a laboratory onboard the Research Vessel Investigator (Commonwealth Scientific and Industrial Research Organisation). This instrument was equipped with multiple lasers and photomultiplier tubes for optical signal collection, including an optical pulse shape signals from a 488 nm blue laser, along with forward scatter (FSC), side scatter (SSC) and fluorescence detection in the orange (580/30 nm) and red (692/40 nm) channels. The instrument was fitted with a 100 μm nozzle, which is then the upper size limit, meaning the instrument is theoretically capable of analyzing and sorting cells or particles ranging from ~0.5 μm up to 100 μm. In practice, only cells smaller than ~3 μm are detected.

Prior to each run, the instrument and workspace were prepared following a standardized protocol to ensure sterility, fluidic stability, and accurate optical alignment. Before operation, the cytometer was powered on following the manufacturer's startup sequence, which included powering the electronics board, operator computer, and activating the instrument software (BD FACS™ Software). A wet start was performed to remove air bubbles and clean the sample lines. The sample line was flushed sequentially with 10% bleach (5 minutes) and MilliQ water (5 minutes), with intermediate backflush steps.

Instrument quality control (QC) and alignment were performed prior to data acquisition. Stream alignment was adjusted using in-built video feedback and fine-tuning knobs to centre the fluid stream within the pinhole. Optical alignment was conducted using Single Peak and Eight Peak fluorescent calibration beads. Bead samples were run in "Sample Boost" mode, and laser alignment was optimized to achieve tight and bright bead populations in forward scatter and fluorescence plots across blue, red, and UV lasers.

Once calibrated, the samples (with initial sample volume of ~ 8 mL) were run for counting to achieve 1.8-2 mL of final sorted sample. Where needed, samples were pre-filtered using 100 μm Nitex mesh to prevent clogging of the nozzle tip. Acquisition settings were set to record up to 1,000,000 events or for a fixed duration of 120 seconds. Sample data were recorded through the BD FACS™ software. Samples were run in a default daily workspace and collected under defined pressure settings with regular monitoring of sheath and sample pressures to maintain consistency across runs. Immediately after sorting, samples were mixed gently with a pipette, and a 100–150 μL aliquot was used to perform a post-sort recount. This recount measured both total cell number and runtime to assess sample concentration. A volume calibration was also conducted by running 1 mL of MilliQ water through the cytometer for a fixed time of 2 minutes. The post-run volume was measured to determine the effective flow rate and correct for sample recovery. Both the sorted cell sample and the filtered sheath fluid were snap-frozen in liquid nitrogen and stored at –80 °C for downstream analyses. After each sort, sorting chambers and flow paths were cleaned using bleach and MilliQ water, and sample lines were flushed to remove residual beads or cells.

After acquisition, the data from each event was visualized using Forward Scatter and Side Scatter to identify and isolate specific populations of interest within the mixture of cells based on their physical and/or

fluorescent characteristics. A first gate was typically drawn to exclude debris (very low FSC and SSC). Based on fluorescence markers or scatter properties, gates were applied to define and quantify specific subpopulations, including Prochlorococcus, Synechococcus and Picoeukaryotes.

## 2.4. Inherent optical properties (IOPs)

175 A 25-cm pathlength Western Environmental Technology Laboratories (WET Labs) Inc. (Philomath, Oregon) C-star transmissometer was connected to the auxiliary channels of the CTD to measure the transmittance (Tr, %) at 660 nm at each cast. Prior to CTD casts, instrument windows were cleaned with tissue paper and isopropyl alcohol. The absorption of colored dissolved organic matter at 660 nm is assumed to be negligible, so the particulate beam attenuation coefficient,  $c_p$ , is obtained as follows:

$$180 \quad c_p(660) = \frac{-\ln(Tr)}{0.25}, \quad [\text{m}^{-1}] \quad (1)$$

where Tr is the transmission corrected for the water contribution and 0.25 the path length in meter.

A Hydro-Optics, Biology and Instrumentation Laboratories (HOBILabs Inc., San Diego, California) Hydroscat-6 (Maffione & Dana, 1997) was deployed to measure the total volume scattering function,  $\beta$ , ( $\text{m}^{-1} \text{sr}^{-1}$ ) at 140 degrees and six wavelengths (420, 442, 470, 510, 590, 700 nm). This instrument was part of an  
 185 optical package deployed at each station immediately after the CTD cast. The sensor was factory calibrated before and after the cruise and dark cast measurements were performed in situ systematically before each cast, using black electric tape covering the instrument windows. The deployment included a rinse and temperature equilibration cast down to 50 m and back to the surface, after which the full cast started down to ~ 200 m at a descending speed of ~0.2  $\text{m s}^{-1}$ . This speed, combined with an acquisition frequency of 1 Hz,  
 190 resulted in a vertical resolution of about 0.25 m. Only the measurements taken during the downcast were used for this study, as particles could be significantly disturbed by the wave generated by the package itself during the upcast. Each cast was either preceded or followed by a dark cast for which the instrument emitting and receiving windows were masked using black electric tape. The particulate backscattering ( $b_{bp}$ ) was then derived from  $\beta(140^\circ)$  as follows (Maffione & Dana, 1997):

$$195 \quad b_{bp}(\lambda) = 2\pi\chi[\beta(140^\circ, \lambda) - \beta_{dark}(140^\circ, \lambda)] - \beta_w(140^\circ, \lambda), \quad [\text{m}^{-1}] \quad (2)$$

where  $\beta_{dark}(140^\circ, \lambda)$  is the average dark value from all dark casts. The average value was used because all dark values were close to  $1.5 \cdot 10^{-6} \text{ m}^{-1} \text{sr}^{-1}$  with standard deviation of  $\sim 2.5 \cdot 10^{-7} \text{ m}^{-1} \text{sr}^{-1}$ . The  $p$  and  $w$  subscripts represent the scattering contribution from the particles and seawater respectively, and  $\chi$  is the conversion factor between  $b_{bp}$  and the particle volume scattering function, here set at 1.0807 from the instrument  
 200 calibration. The water volume scattering function  $\beta_w(140)$  is computed from Zhang et al. (2009) using temperature and salinity from a Seabird SBE49 FastCAT CTD deployed on the optical package.

The  $b_{bp}$  wavelength dependence is assumed to follow a power function:

$$b_{bp}(\lambda) = b_{bp}(\lambda_0) \left(\frac{\lambda_0}{\lambda}\right)^\eta, \quad [\text{m}^{-1}] \quad (3)$$

where  $\lambda_0$  is a reference wavelength and  $\eta$  is the dimensionless spectral slope. A linear least-squares fit on the  
205 log-transformed  $b_{bp}$  and wavelength ratios gave  $\eta = 1.63$ . This slope is used to convert our  $b_{bp}$  values at 470  
nm to the appropriate wavelength before introducing them into equations from previous studies that used  
other wavelengths than 470 nm. The band at 470 nm was actually standing out of the fit to the six spectral  
bands, requiring a +20% correction to align it with the spectral slope (see Supporting Information Fig. S1).  
This lower backscattering coefficient cannot be explained by the anomalous dispersion effect because  
210 absorption at this wavelength in our dataset is very low. It is therefore likely due to a bias in calibration at  
this wavelength.

Finally, a 7-point running median filter as described by Briggs et al. (2011) was applied to the  $b_{bp}$   
vertical profiles before 5-m average values were calculated for each of the rosette sampling depths  $\pm 2.5$  m.

## 2.5. Phytoplankton carbon

215 We tested three different and independent methods to calculate  $C_{phyto}$ , where it is estimated either through  
the relationship between Chl and POC, from the particulate backscattering coefficient,  $b_{bp}$ , or from the cell  
abundances measured by cytometry and their cellular carbon. These methods are briefly described below,  
and their uncertainties assessed later (section 2.6).

The POC-based method was suggested by Sathyendranath et al. (2009). It assumes that for any given  
220 chlorophyll concentration, the lowest POC content represents the upper bound on  $C_{phyto}$ . The  $C_{phyto}$  vs. TChl-  
a relationship is obtained through a 1% quantile regression applied to log-transformed POC and TChl-a data  
derived from the CTD rosette water sampling.

The second method was initially suggested by Behrenfeld et al. (2005). It uses the particulate  
backscattering coefficient,  $b_{bp}$ , the underlying idea being to avoid confounding Chl-a changes that are only  
225 due to photoacclimation, i.e., Chl-a changes not accompanied by changes in carbon content, with Chl-a  
changes concomitant to changes in  $C_{phy}$ . We used the Graff et al. (2015)  $C_{phyto}$  vs.  $b_{bp}$  (470) relationship,  
which, to the best of our knowledge, is the only such relationship based on  $C_{phyto}$  values directly measured  
across diverse marine environments, ranging from the oligotrophic gyres of the Pacific and Atlantic to  
equatorial upwelling regions. Their relationship is:

$$230 \quad C_{phyto} = 12,128 \times b_{bp}(470) + 0.59 \quad [\text{mgC m}^{-3}] \quad (4)$$

The third method uses cytometry-derived phytoplankton cell counts and estimates of biovolume  
conversion factors to calculate their cellular carbon content, similarly to what Martinez-Vicente et al. (2013)

did, and here following [Qiu et al. \(2021\)](#):

$$C_{pico} = \sum_{i=1}^3 10^{-6} \cdot N_i \cdot \epsilon_i \cdot \left(\frac{\pi}{6} D_i^3\right), \quad [\text{mgC m}^{-3}] \quad (5)$$

235 Where  $C_{pico}$  is the phytoplankton carbon for pico-phytoplankton only. The three groups considered ( $i$  from 1 to 3) are *Prochlorococcus*, *Synechococcus*, and picoeukaryotes. In Eq. (5),  $N_i$  is the cell abundance (cell mL<sup>-1</sup>),  $\epsilon_i$  is the bio-volume conversion factor (fg C  $\mu\text{m}^{-3}$ ),  $D_i$  is the cell diameter ( $\mu\text{m}$ ), and  $10^{-6}$  is the unit conversion from fg C mL<sup>-1</sup> to mg C m<sup>-3</sup>. We used the average cell diameters ( $D_i$ ) proposed by [Martinez-Vicente et al. \(2013\)](#) (Their Table 1), i.e., 0.68  $\mu\text{m}$  for *Prochlorococcus*, 1.22  $\mu\text{m}$  for *Synechococcus* and  
240 1.56  $\mu\text{m}$  for picoeukaryotes. The  $C_{phyto}$  vs  $b_{bp}$  relationship that they derived has a large negative slope, however, suggesting that the conversion factors they used might have been too low. We therefore rather used  $\epsilon = 280$  fg C  $\mu\text{m}^{-3}$  for *Prochlorococcus* and *Synechococcus*, following [Heldal et al. \(2003\)](#). The range of values reported for the conversion factor for pico-eukaryotic algae seems quite large. We used a value of 380 fg C  $\mu\text{m}^{-3}$  from [Garrison et al. \(2000\)](#) and we also tested a value of 750 fg C  $\mu\text{m}^{-3}$ , as derived from a cellular  
245 carbon of 1500 fg per cell ([Zubkov et al., 1998](#)) and the cell diameter of 1.56  $\mu\text{m}$ .

Because flow cytometry typically only detects cells smaller than 3  $\mu\text{m}$ , larger cells are omitted from the analysis. Therefore, the total phytoplankton carbon biomass ( $C_{phyto}$ ) was estimated from  $C_{pico}$  using the empirical ratio  $f_{fc}$  ([Roy et al., 2017](#)):

$$f_{fc} = \frac{3^{3q-\xi+1} - 0.2^{3q-\xi+1}}{200^{3q-\xi+1} - 0.2^{3q-\xi+1}}, \quad [\text{dless}] \quad (6)$$

250 where 200 is the upper boundary of phytoplankton sizes in micrometers. The allometric parameter  $q$  was set to 0.85 ([Roy et al., 2017](#)). In Eq. (6), the slope of the phytoplankton particle size distribution,  $\xi$ , was derived from the phytoplankton chlorophyll-specific absorption coefficient at 676 nm,  $a_{ph}^*(676)$ , as also suggested by [Roy et al. \(2017\)](#). We approximated their relationship by linearly interpolating between values of  $\xi = 3.5$  when  $a_{ph}^*(676) = 0.015$  m<sup>2</sup> mg<sup>-1</sup> and of  $\xi = 4.5$  when  $a_{ph}^*(676) = 0.035$  m<sup>2</sup> mg<sup>-1</sup> (see their [Fig. 1a](#)). The  
255 phytoplankton absorption was derived from filter-pad measurements as described in [Parida and Antoine \(2025\)](#).

$C_{phyto}$  is finally obtained as:

$$C_{phyto} = \frac{C_{pico}}{f_{fc}} \quad [\text{mgC m}^{-3}] \quad (7)$$

Our  $f_{fc}$  values ranged from 0.6 to 0.92 (0.778 $\pm$ 0.09, average  $\pm$  standard deviation), which is consistent  
260 with previous studies and confirms that pico-phytoplankton make a substantial contribution to the total phytoplankton carbon biomass in oligotrophic waters as those we encountered here.

## 2.6. Data uncertainties

Uncertainties assigned to field measurements are generally of Type B (guide to the expression of uncertainty in measurement, GUM2010 (BIPM et al., 2008)). Type A uncertainties require repeated  
265 measurements of the same quantity in controlled conditions, which is not what field measurements generally allow. Standard measurement and analysis protocols were followed; so we have taken the approach to rely on generally agreed measurement uncertainties for most parameters, except in cases where other independent measurements or information allowed us to provide more specific estimates.

For TChl-a, we used a 15% uncertainty as generally observed from intercomparison exercises involving  
270 multiple HPLC analysis facilities (e.g., Hooker et al. (2012)). For POC, we assumed that the standard deviation of measurements made on retaining-particle filters is the same as that we quantified from the blank filters ( $\pm 3.1 \text{ mg m}^{-3}$ ) and therefore we used a quadratic error to combine uncertainties from the blanks and particle-retaining filters into a value of  $\pm 4.4 \text{ mg m}^{-3}$ . This is close to what Sandoval et al. (2022) found through a detailed analysis of all potential uncertainty sources in experimental determination of POC (about  
275  $2.5 \text{ mg m}^{-3}$ ).

Uncertainty for  $b_{bp}(470)$  was assessed by comparing values derived from simultaneous measurements by the Hydrosat-6 instrument used here and by another optical backscattering meter, the In-Situ Marine Optics Pty Ltd (Perth, Australia) SC6. The parallel deployment was carried out during a research voyage in the Southern Ocean in waters with chlorophyll concentrations from 0.1 to  $0.5 \text{ mg m}^{-3}$ . The comparison showed  
280 an average root mean square error (RMSE) of  $2 \cdot 10^{-4} \text{ m}^{-1}$  for  $b_{bp}(470)$ . For  $c_p(660)$ , a constant value of  $0.015 \text{ m}^{-1}$  was used, corresponding to the standard deviation calculated on deep values (depth > 500 m) for the 20 casts (assuming deep values should be constant).

For the  $C_{\text{phyto}}$  derived from the cytometry data, we used a Monte Carlo approach as Martinez-Vicente et al. (2013) did, leading to an estimate closer to a type A uncertainty. The procedure consisted in running Eqs.  
285 (5 to 7) 20,000 times for each sample, each time with a different set of the parameters  $D$ ,  $\varepsilon$  and  $\xi$  (so  $f_{fc}$ ). For  $D$  and  $\varepsilon$ , we multiply the standard errors provided in Table 1 of Martinez-Vicente et al. (2013) by a number randomly picked in the  $[-0.5 - 0.5]$  interval. Random numbers in the same range multiply an uncertainty set to  $6 \cdot 10^{-3} \text{ m}^2 \text{ mg}^{-1}$  for  $a_{\text{ph}}^*(676)$ , the result being then used to calculate the uncertainty of  $\xi$  and then of  $f_{fc}$ . Finally, the square root of the number of cells for each group is used as a measure of dispersion and is, again,  
290 multiplied by a random number before being used in Eq. (5). The final uncertainty of each  $C_{\text{phyto}}$  calculation is taken as the standard deviation of the resulting 20,000  $C_{\text{phyto}}$  values.

As for  $C_{\text{phyto}}$  derived from either TChl-a or  $b_{bp}(470)$ , their uncertainty is calculated by introducing the TChl-a or  $b_{bp}(470)$  uncertainty mentioned above into the relevant equations.

These uncertainties are used to display error bars on Figures 4 to 8. They are not considered in the

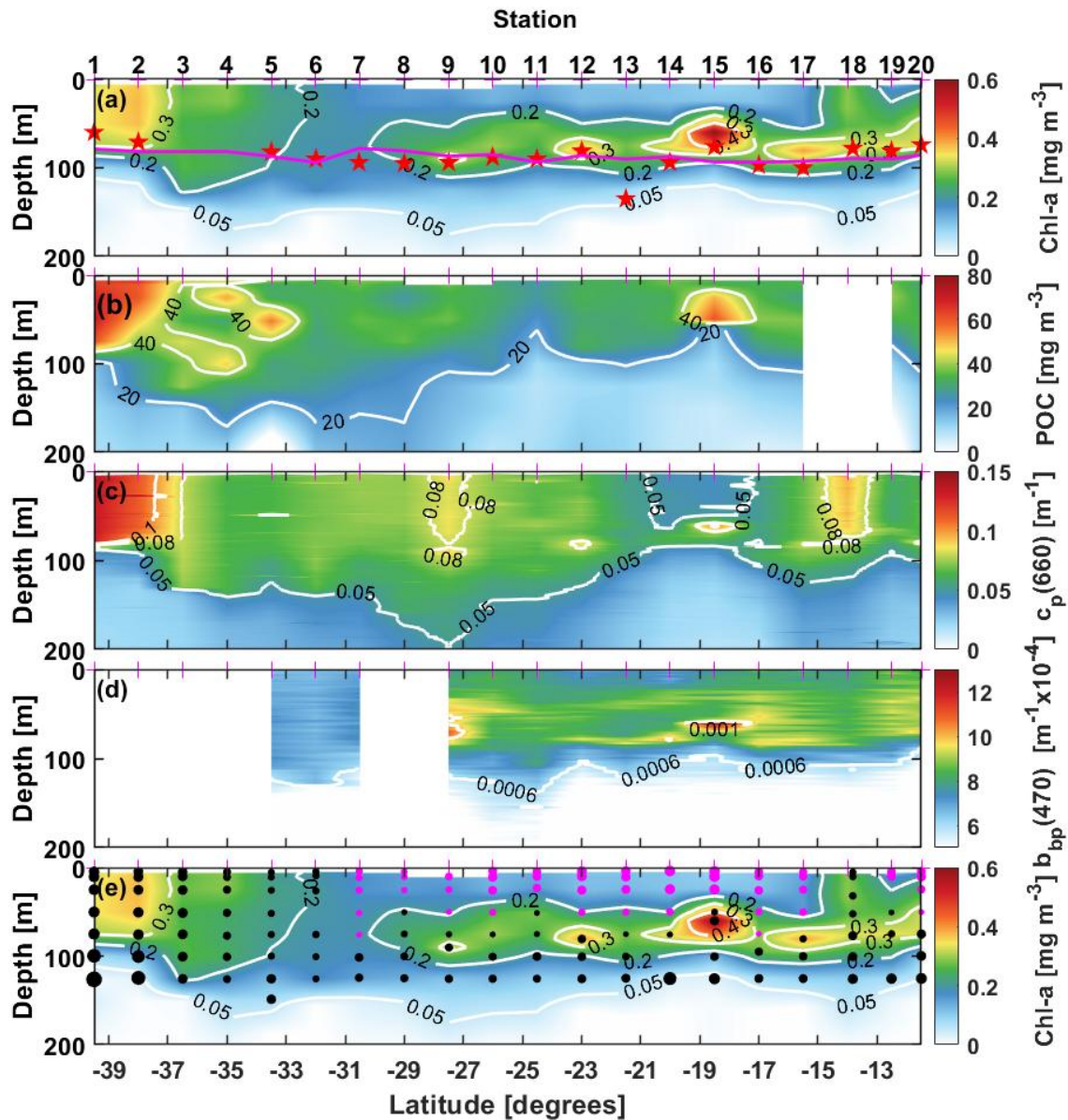
295 regression analyses, however. These analyses are Type II regression performed using the `lmodel2` function in R (Legendre, 2014).

### 3. Results

#### 3.1. General traits of the Chl-a, POC, $c_p$ and $b_{bp}$ datasets

The distribution of the monthly mean POC: Chl-a ratio for May 2019 is displayed in Fig. 1 (data from the Aqua-MODIS ocean color sensor). It shows values from about 150 in coastal areas to about 800  $\text{mgC mg(Chl)}^{-1}$  in offshore waters, and from about 300 to 450  $\text{mgC mg(Chl)}^{-1}$  for the 20 stations we occupied along the 110-east line. The higher POC: Chl-a ratios in the western part of the area are mostly driven by decreasing Chl-a concentrations when POC concentrations remain relatively stable. The field data for depths < 40 m show the same maximum values yet also include lower ratios, down to 150  $\text{mgC mg(Chl)}^{-1}$  in the southern part of the transect (stations 1 to 7) and at stations 19 and 20.

The latitudinal variations in the depth profile of Chl-a (Fig. 2a) show transition from mesotrophic conditions at stations 1-4 (Chl-a around 0.2-0.5  $\text{mg m}^{-3}$ ) to oligotrophic conditions further north from station 5, with concentrations lower than 0.1  $\text{mg m}^{-3}$  at surface. A deep chlorophyll maximum (DCM) is observed from station 9 to the end of the transect with a maximum chlorophyll concentration of 0.6  $\text{mg m}^{-3}$  at station 15 at a depth of 67 m. At other stations, the DCM is deeper, at about 80 m. Additionally, surface chlorophyll shows a slight increase at station 18 due to interactions between nearby warm- and cold-core eddies (Phillips et al., 2022). The underwater light field changes as a function of the chlorophyll concentration and cloud cover. During the voyage, the sky was cloudy to overcast at stations 1-6, then cleared up until station 20. Surface downward irradiance between 100 and 450  $\text{W m}^{-2}$  were measured along the transect. The euphotic layer depth, determined from vertical profiles of the photosynthetically available radiation (PAR), varied between 60 m and 130 m (red stars in Fig. 2a). This depth was also estimated from the surface chlorophyll concentrations using the Morel and Berthon (1989) model (magenta line in Fig. 2a). The model predictions align well with the PAR-derived values at all stations but station 13, where discrepancies likely arise from bio-optical properties deviating from model assumptions. Despite this, the model was applied to estimate the euphotic depth for stations 3 and 4, where underwater PAR measurements could not be conducted due to the weather conditions.



**Fig. 2.** Depth-latitude, colored sections of (a) Total Chlorophyll-*a* concentration (TChl-*a*), (b) Particulate organic carbon concentration (POC) (c) Particulate beam attenuation coefficient at 660 nm,  $c_p(660)$ , (d) Particulate backscattering coefficient at 470 nm,  $b_{bp}(470)$  and, (e) the TChl-*a* of panel (a) with PPC-dominated data points superimposed as pink dots and PSC-dominated points as black dots. The larger the dots the further the ratio is above 1. The station numbers are indicated on top of panel (a), where the red stars indicate the depth of the 1% light level calculated from the irradiance profiles and the pink curve is that depth calculated from Chl following Morel and Maritorea (2001). White boxes are missing data.

325  
330 The POC distribution (Fig. 2b) generally follows that of TChl-*a*, although POC values in the top 100 m are only twice as high in the mesotrophic stations than at the oligotrophic ones (about 70 vs. 30  $\text{mg m}^{-3}$ ), when a factor of nearly 6 is observed for TChl-*a* (from 0.08 to 0.5  $\text{mg m}^{-3}$ ). This seems to indicate the presence of a significant pool of non-living organic matter in the oligotrophic part of the transect (elevated POC: TChl-

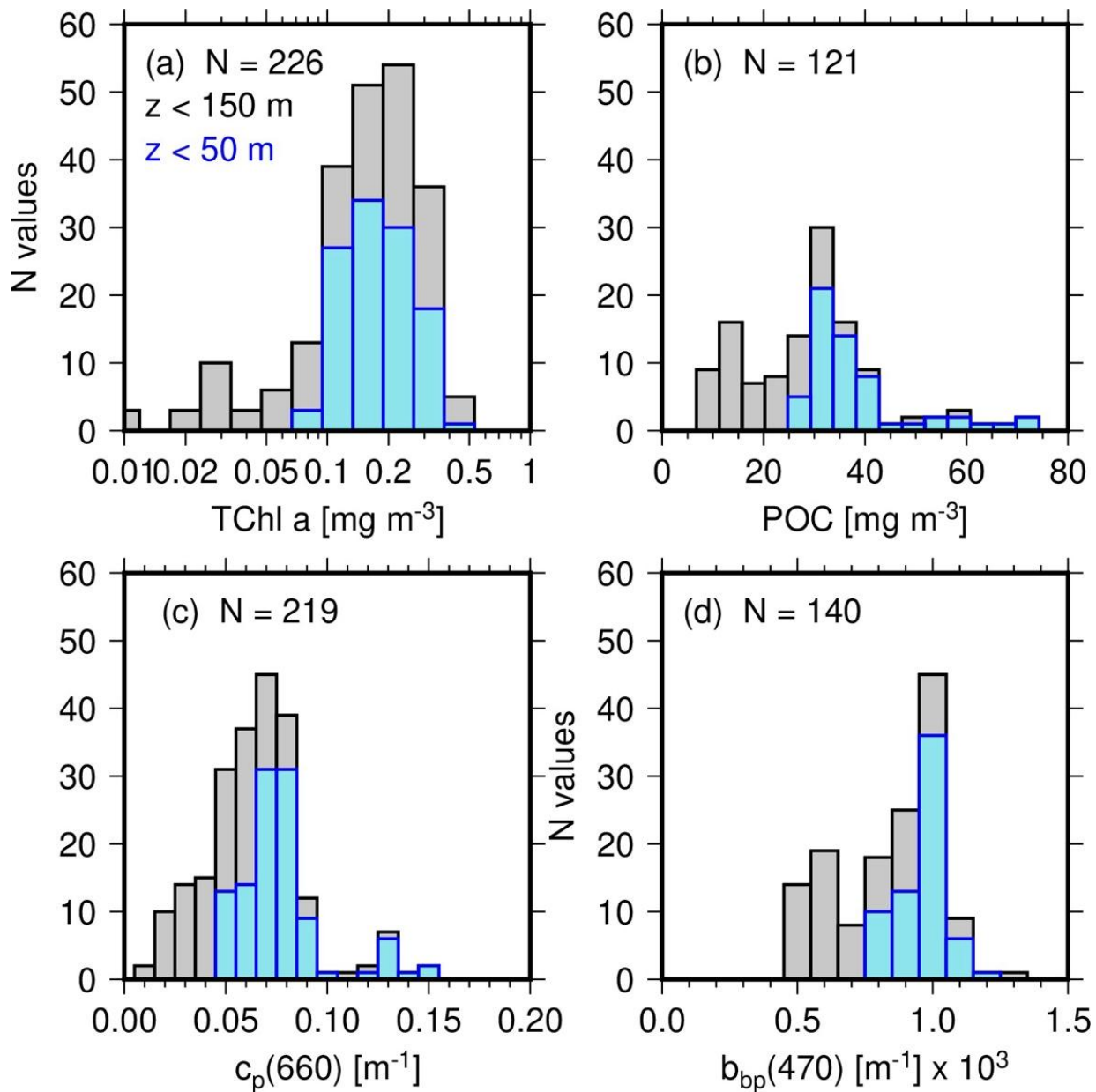
a ratio).

335 The distribution of  $c_p(660)$  (Fig. 2c) follows the general meso- to oligotrophic pattern as POC and TChl-a, with minimum surface values ( $<0.05 \text{ m}^{-1}$ ) around stations 14-15, where TChl-a is the lowest. It displays three relative maxima, however, which is not what is observed for POC and TChl-a. The largest one, at station 1-3, and the second largest at station 18 are expected because of the larger TChl-a concentrations (eddy-induced at station 18). The third and lower relative maximum around station 9 would not be inferred  
340 from the TChl-a distribution, however, which rather shows minimal values at that station. The POC distribution, although not showing minimal values at that station, neither shows a relative maximum there. These larger  $c_p(660)$  values seem to be at the center of a large pool of elevated values from station 5 to 12, and observed down to depths of about 150 m. This area seems to match the salinity signature of the subtropical water pool in that part of the eastern Indian Ocean (see Fig. 2b in Parida and Antoine (2025)).

345 Missing data at stations 1-5 and station 8 prevents from getting a full transect for the backscattering coefficient,  $b_{bp}(470)$  (Fig. 2d). The range of values is from 0.0004 to  $0.0016 \text{ m}^{-1}$ . They generally followed the chlorophyll-a distribution pattern, except at station 18, where no increase in  $b_{bp}$  matches that of TChl-a. The larger backscattering values in this dataset come from the deep chlorophyll maxima that developed around the euphotic depth.

350 The dominance of either PSC or PPC is illustrated on Fig. 2e, clearly showing that the latter are typical of surface waters (top ~50 m) of the most oligotrophic part of the transect (stations 7 to 17), where high irradiance and clear waters combine to trigger significant photoprotection.

The distributions of the 0-150 m data for TChl-a, POC,  $c_p(660)$  and  $b_{bp}(470)$  are displayed in Fig. 3 and the range of their values given in Table 1. The TChl-a values range from about  $0.01$  to  $0.6 \text{ mg m}^{-3}$  (Fig. 3a),  
355 with a mode at  $\sim 0.2 \text{ mg m}^{-3}$ , and with all values lower than about  $0.05 \text{ mg m}^{-3}$  being for depths greater than 100 m. Fifty two percent of the values are for depths  $< 50$  m. An about 10-fold variation in POC is observed from 6 to  $70 \text{ mg m}^{-3}$  (Fig. 3b), with the mode for surface values (depths  $< 50$  m) being about  $30 \text{ mg m}^{-3}$ . The mode of the  $c_p(660)$  distribution (Fig. 3c) is around  $0.06 \text{ m}^{-1}$ , with very few data above  $0.1 \text{ m}^{-1}$ . The  $b_{bp}(470)$  distribution (Fig. 3d) confirms the narrow range of values between about  $4 \cdot 10^{-4}$  and  $1.5 \cdot 10^{-3} \text{ m}^{-1}$  with a peak  
360 value at about  $1 \cdot 10^{-3} \text{ m}^{-1}$ .



**Fig. 3.** Distribution of (a) total chlorophyll a concentration (TChl-a), (b) particulate organic carbon concentration (POC), (c) beam attenuation coefficient at 660 nm,  $c_p(660)$  and (d) particulate backscattering coefficient,  $b_{bp}(470)$ , for the 20 stations of the 110° E voyage. The greyed histograms are for all data in the top 150 m and the blue for surface data only (depth < 50 m).

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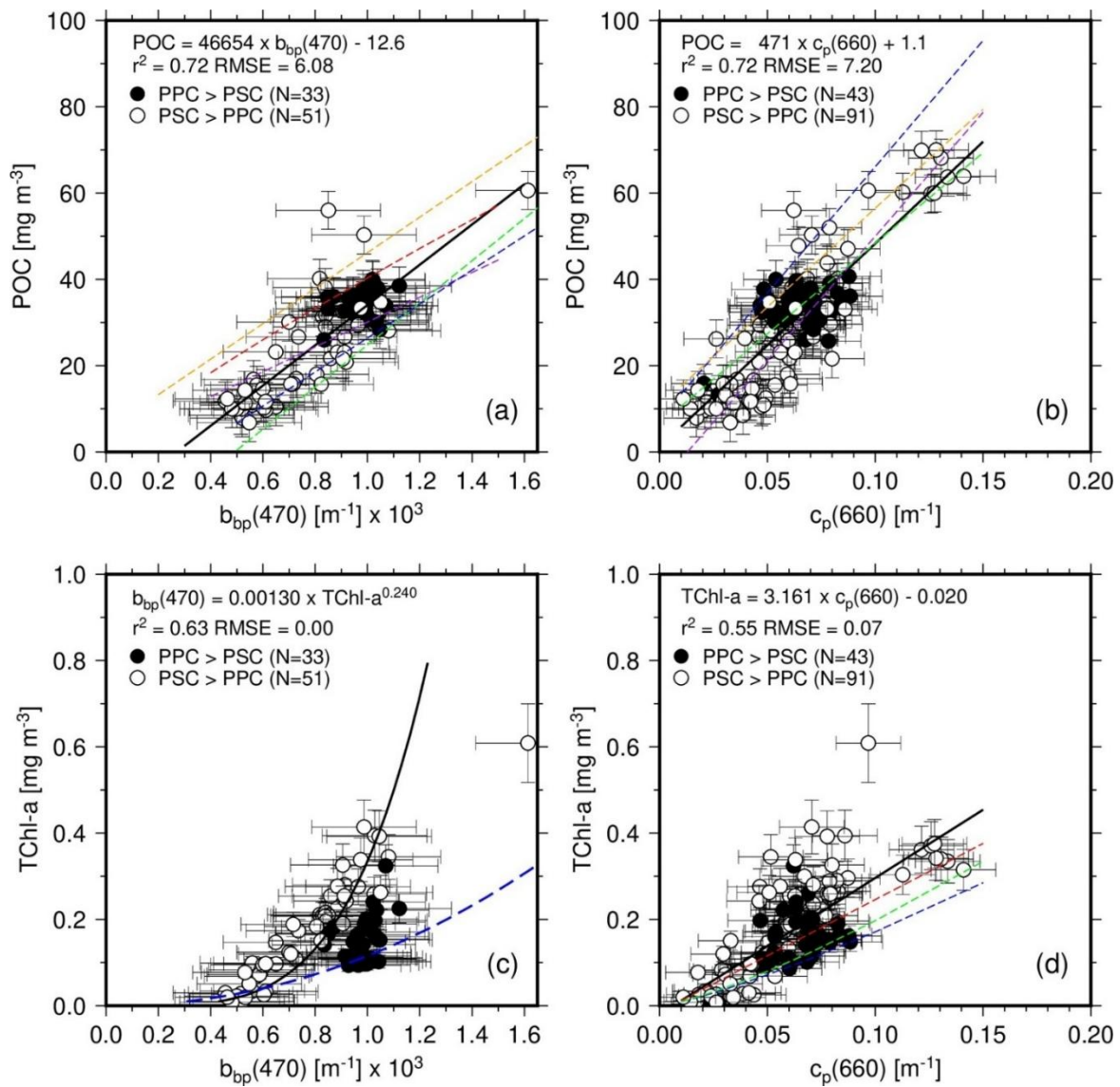
**Table 1**

Range of measured or calculated values for the parameters indicated.

Parameter	Range of measured values	
	Depths down to 150 m	Depths < 50 m
<b>POC (mg C m<sup>-3</sup>)</b>	6.8 – 70	25.7 – 70
<b>TChl-a (mg Chl m<sup>-3</sup>)</b>	0.004 – 0.5	0.092 – 0.414
<b>b<sub>bp</sub>(470) (m<sup>-1</sup>)</b>	0.000456 – 0.00126	0.0008 – 0.00116
<b>c<sub>p</sub>(660) (m<sup>-1</sup>)</b>	0.014 – 0.15	0.047 – 0.15
	Range of calculated values	
	Depths down to 150 m	Depths < 50 m
<b>C<sub>phyto</sub>, from Chl vs. POC (mg C m<sup>-3</sup>)</b>	1.4 – 28.2	9.8 – 25
<b>C<sub>phyto</sub> from b<sub>bp</sub>(470) (mg C m<sup>-3</sup>)</b>	6.1 – 15.9	10.4 – 14.6
<b>C<sub>phyto</sub> from cytometry (mg C m<sup>-3</sup>)</b>	0.145 – 100	0.95 – 100

### 3.2. POC and TChl-a vs. optical properties

370 **Fig. 4** shows either POC or TChl-a as a function of b<sub>bp</sub>(470) or c<sub>p</sub>(660). These relationships are often represented in a log-log space when several orders of magnitude are covered by the data, with distributions close to log-normal. Because our dataset mostly includes oligotrophic waters and accordingly covers a small range of these properties, we choose to use a linear scale to display the data and to quantify their relationship through type II linear regression (least-square fit). The resulting slope and intercept of the fits are displayed in each panel of **Fig. 4**, along with the regression coefficient and RMSE of the fit (I units of POC or TChl-a). 375 Ordinary least square Type II regressions were used (“lmodel2” R (1.7-2) function; [Legendre \(2014\)](#)). When relationships among the various parameters here assessed were clearly not linear, we assessed them in a log-log space. Regression statistics are all reported in Table 2.



380 **Fig. 4. (a)** POC as a function of b<sub>bp</sub>(470) for depths < 150 m, and associated least square fit (thick black line; equation as indicated). Open symbols are used when PSC dominate PPC and black symbols otherwise. When the latter are ignored, the slope and intercept of the fit are only slightly changed (46,258 and -12.8). Previously established relationships are displayed as dashed lines: [Stramski et. al., 1999](#) (red; POC = 17,069 b<sub>bp</sub>(510)<sup>0.859</sup>), [Stramski et. al., 2008](#) (orange; POC = 53,932 × b<sub>bp</sub>(555) + 5.049), [Loisel et.al., 2001](#) (purple; POC = 37,750 × b<sub>bp</sub>(555) + 1.3), [Graff et. al., 2015](#) (green; POC = 48,811 × b<sub>bp</sub>(470) - 24), [Thomalla et. al., 2017](#) (blue; POC = 39418 × b<sub>bp</sub>(470) - 13). **(b), (c) and (d)** As in (a) but for POC vs. c<sub>p</sub>(660), TChl-a vs. b<sub>bp</sub>(470) and TChl-a vs. c<sub>p</sub>(660). In (c) the fit is performed on the log-transformed data and with b<sub>bp</sub> being the quantity derived from TChl-a, for comparison with existing relationships ([Antoine et al. \(2011\)](#); dashed blue line). In (d), the dashed red line is from [Behrenfeld and Boss \(2006\)](#), the dashed blue from [Loisel and Morel \(1998\)](#) and the dashed green from [Morel and Maritorena \(2001\)](#) (for these two, their c<sub>p</sub> vs. Chl relationship was reversed).

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**Table 2.** Outputs of the regression analyses. Results for both all data and PSC-dominated data only are provided when they are significantly different. None of these relationships are supposed to be applied to datasets collected in environments markedly different from what we encountered during this IIOE voyage.

Parameter	Figure	Regression analysis with $C_{\text{phyto}}$ derived from $b_{\text{bp}}$				
		Slope	Intercept	$r^2$	RMSE <sup>a</sup>	MAPE (%) <sup>b</sup>
<b>POC (mg C m<sup>-3</sup>)</b>	6c	0.180±0.028	5.97±0.78	0.69	1.30	10.12
<b>TChl-a (mg Chl m<sup>-3</sup>)</b>	6a	14.58±3.13	8.40±0.61	0.38	1.80	15.43
<b><math>c_{\text{p(660)}}</math> (m<sup>-1</sup>)</b>	7e	81.41±14.82	6.07±0.91	0.47	1.64	13.57
		Regression analysis with $C_{\text{phyto}}$ derived from POC vs. Chl				
		Slope	Intercept	$r^2$	RMSE	MAPE (%)
<b><math>b_{\text{bp(470)}}</math> (m<sup>-1</sup>), all data</b>	7a	18,720.8±3,462.2	-2.10±3.0	0.45	3.88	29.18
<i>PSC-dominated only</i>		29,552±3,154	-8.60±2.49	0.81	2.81	21.63
<b><math>c_{\text{p(660)}}</math> (m<sup>-1</sup>), all data</b>	7c	151.68±20.12	4.45±1.39	0.51	3.73	30.60
<i>PSC-dominated only</i>		167.3±21.50	4.40±1.48	0.63	3.70	30.91
		Regression analysis with $C_{\text{phyto}}$ derived from cytometry				
		A	B	$r^2$	RMSE	MAPE (%)
<b>POC (mg C m<sup>-3</sup>)</b>	6d <sup>*</sup>	0.0017±0.003 <sup>*</sup>	2.43±0.33 <sup>*</sup>	0.65	10.53	N/A
<b>TChl-a (mg Chl m<sup>-3</sup>)</b>	6b <sup>*</sup>	58.56±1.38 <sup>*</sup>	1.36±0.15 <sup>*</sup>	0.58	13.63	N/A
<b><math>b_{\text{bp(470)}}</math> (m<sup>-1</sup>)</b>	7b <sup>*</sup>	7.39±1.21 <sup>*</sup>	4.15±0.61 <sup>*</sup>	0.57	8.05	N/A
<b><math>c_{\text{p(660)}}</math> (m<sup>-1</sup>)</b>	7d <sup>*</sup>	2565.7±2.5 <sup>*</sup>	2.28±0.32 <sup>*</sup>	0.48	12.57	N/A
		Regression analysis with POC				
		Slope (or A)	Intercept (or B)	$r^2$	RMSE	MAPE (%)
<b>TChl-a (mg Chl m<sup>-3</sup>)</b>	5a <sup>*</sup>	0.570±0.11 <sup>*</sup>	80.64±1.23 <sup>*</sup>	0.45	9.96	28.37
<b><math>b_{\text{bp(470)}}</math> (m<sup>-1</sup>)</b>	4a	46,654.5±6,447	-12.58±5.60	0.72	6.08	19.55
<b><math>c_{\text{p(660)}}</math> (m<sup>-1</sup>)</b>	4b	471.6±50	1.14±3.31	0.72	7.20	24.10
		Regression analysis with TChl-a				
		Slope (or A)	Intercept (or B)	$r^2$	RMSE	MAPE (%)
<b><math>b_{\text{bp(470)}}</math> (m<sup>-1</sup>)<sup>★</sup></b>	4c	1.3 10 <sup>-3</sup> ±1.1 10 <sup>-4</sup> <sup>*</sup>	0.241±0.04 <sup>*</sup>	0.63	0.0074	N/A
<b><math>c_{\text{p(660)}}</math> (m<sup>-1</sup>)</b>	4d	3.161±0.48	-0.018±0.03	0.55	0.07	N/A

<sup>★</sup> Here the regression is  $b_{\text{bp}}$  vs TChl-a

<sup>\*</sup> In this case the coefficients reported are those of the form A x [independent quantity]<sup>B</sup>

<sup>a</sup> Units of RMSE are those of the regressed parameter (so, either  $C_{\text{phyto}}$ , POC or TChl-a)

<sup>b</sup> MAPE is not reported for regressions performed on log-transformed data.

The error bars correspond to the uncertainties as previously described. It is noted that Fig. 4 and all subsequent Figures use data for the top 150 m, unless otherwise stated. The very small POC and TChl-a values from greater depths were indeed considered unreliable because too close from the detection limits and uncertainties of the measurement techniques. In Figs. 4 to 7, Open symbols are used when photosynthetic carotenoids (PSC) dominate over photoprotective pigments (PPC) and black symbols otherwise.

The relationship between POC and  $b_{bp}(470)$  in our dataset is shown on Fig. 4a. The PPC-dominated situations all correspond to surface waters (depth < ~50 m) from stations 7 to 17 and stations 19 and 20. They correspond to the most oligotrophic conditions encountered along the transect, with Chl-a < 0.1 mg m<sup>-3</sup>. Data for deeper depths at these stations and for all depths at all other stations shows a dominance of PSC. The PPC-dominated points form a cluster centered around values of about 1 10<sup>-3</sup> m<sup>-1</sup> for  $b_{bp}(470)$  and 40 mg m<sup>-3</sup> for POC. They do not stand out from the overall data cloud.

The linear regression in this dataset is displayed along with those derived by previous studies using data from other regions of the World oceans, using mostly surface data. To the best of our knowledge, no such relationship was established for the eastern Indian Ocean. The Loisel et al. (2001) (gold) relationship was derived from ocean color satellite observations of the Mediterranean Sea, the Stramski et al. (1999) (red) from field measurements taken in the Arctic Polar Front Zone, the Stramski et al. (2008) (orange) from the eastern south Pacific and Atlantic, the Graff et al. (2015) (green) from the Equatorial Pacific and the Atlantic Meridional transect, and the Thomalla et al. (2017) (blue) from the South-East Atlantic Ocean. These studies all used surface datasets (depth < ~40 m), and some of them use  $b_{bp}$  at another wavelength than 470 nm. Therefore, we transferred our  $b_{bp}(470)$  to these other wavelengths using Eq.3 with an exponent of -1.63, as determined from our dataset. The appropriate equation was then applied and the resulting POC value plotted as a function of  $b_{bp}(470)$ . The Graff and Thomalla relationships are the closest to what we obtain here, although they rather follow the lower envelope of our dataset. All relationships, including the one derived here, have similar slopes, with differences mostly within their respective uncertainties.

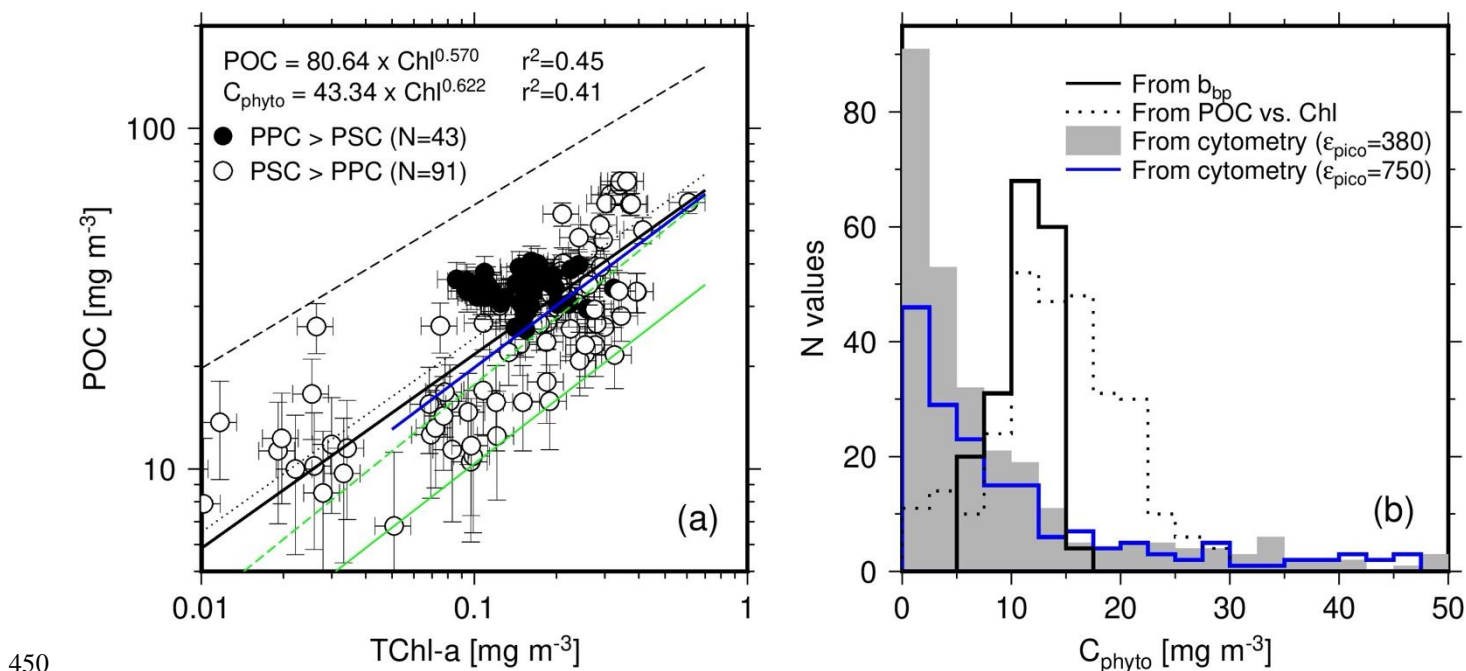
A significant correlation is also obtained for the POC vs  $c_p(660)$  relationship (Fig. 4b), with a slightly larger RMSE than for POC vs  $b_{bp}(470)$  relationship. Similarly to the  $b_{bp}$  relationship, the cluster of PPC-dominated data does not depart from the general data distribution. The average  $c_p(660)$  value for these data is 0.07 m<sup>-1</sup>.

The PPC-dominated data however stands out when plotting TChl-a as a function of  $b_{bp}(470)$  (Fig. 4c), indicating either a significant non-algal contribution to backscattering or different photoacclimation states or both. Note that in this panel, the regression uses TChl-a (vertical axis) as the predictor of  $b_{bp}(470)$ , to allow comparison with previously established similar relationships (see Figure legend). Finally, Fig. 4d shows the TChl-a vs.  $c_p(660)$  relationship, with the smallest regression coefficient among the four relationships displayed in Fig. 4.

435 It is worth noting that, if only surface waters (depths < 55 m) are considered, the correlations of POC and TChl-a with  $b_{bp}(470)$  completely vanish, which is essentially due to the range of values becoming too small to allow any regression with POC or TChl-a (missing surface data for the mesotrophic waters). The correlations still hold for  $c_p(660)$ , with similar slopes yet lower correlation coefficients (0.62 for POC and 0.45 for TChl-a).

### 440 3.3. The three $C_{phyto}$ estimates

Contrary to what was said for Fig. 4, we here displayed POC as a function of TChl-a in a log-log space (Fig. 5a), to be consistent with many previous studies (Morel, 1988; Sathyendranath et al., 2009). The fit applied to their log-transform is displayed as the black solid line in Fig. 5a. The slope and intercept are very close to those in the relationship reported by Morel (1988) (black dotted line), which was established for case-I waters with chlorophyll concentrations from 0.03 to 30  $mg\ m^{-3}$ . The Sathyendranath et al. (2009) relationship (black dashed line) has a larger coefficient (180 instead of 80 here) and accordingly predicts higher POC values. This difference probably stems from their dataset including meso- and eutrophic waters with much higher chlorophyll concentrations than what we have here.



450 **Fig. 5. (a)** POC as a function of TChl-a for depths < 150 m and associated least squares fit to the log-transformed data (back thick line). Previously established POC vs. TChl-a relationships are displayed: Morel (1988) (black dotted line;  $POC = 90 \times TChl-a^{0.57}$ ) and Sathyendranath et al. (2009) (black dashed line;  $POC = 180 \times TChl-a^{0.48}$ ). The green solid line is the 1% quantile regression on our dataset (equation reported on the graph), while the green dashed line is the 1% quantile regression from Sathyendranath et al. (2009) ( $C_{phyto}$

=  $79 \times \text{TChl-a}^{0.65}$ ). The blue solid line is the 1% quantile regression when data from only the upper 40 m are considered ( $C_{\text{phyto}} = 79.3 \times \text{TChl-a}^{0.60}$ ). (b) Histograms of  $C_{\text{phyto}}$  derived from the POC vs TChl-a relationship displayed in panel (a), and from the two other methods, as indicated. The blue line is for cytometry-derived  
460  $C_{\text{phyto}}$  using a large conversion factor for picoeukaryotes (750 instead of 380  $\text{fg C } \mu\text{m}^{-3}$ ).

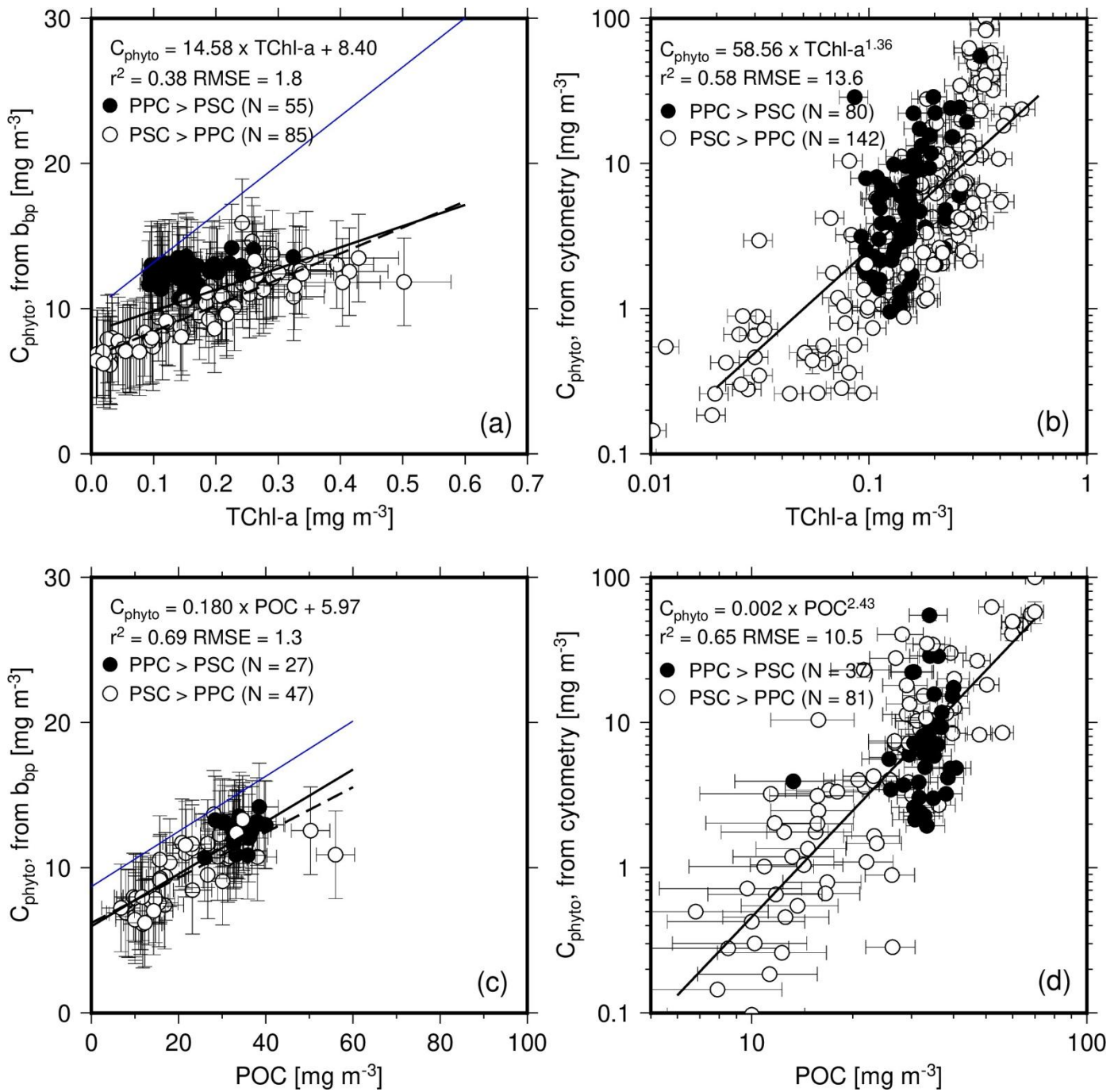
A 1% quantile regression was conducted on these data to derive  $C_{\text{phyto}}$  following Sathyendranath et al. (2009). The result is displayed as the green solid line on Fig. 4a. Similarly to the POC vs TChl-a relationship, it predicts lower  $C_{\text{phyto}}$  than Sathyendranath et al. (2009) (dashed green line). However, the later was derived primarily from data collected at depths <40m. When the same depth limit is applied to our dataset, the  
465 relationships come much closer one to each other (blue solid line and dashed green line in Fig. 5a), with comparable slopes and intercepts (see legend of Fig. 5).

The PPC-dominated data (black dots) show no correlation between POC and TChl-a, and slightly larger POC values on average (about 33.8 vs. 28.6) when the TChl-a range covered by the PPC-dominated data is considered (0.08 to 0.3  $\text{mg m}^{-3}$ ).

The distribution of the  $C_{\text{phyto}}$  values derived through the 1% quantile regression is displayed in Fig. 5b (dotted line), along with the distribution of the same quantity derived either from  $b_{\text{bp}}(470)$  (using Graff et al. (2015); solid line) or from the cytometry data (greyed area). The Graff equation was chosen for the  $b_{\text{bp}}$  relationship because it is, to the best of our knowledge, the only one derived from contemporaneous in-situ particulate backscattering measurements combined with direct phytoplankton carbon determination from  
475 field samples. The trophic conditions in the Graff dataset are also quite similar to ours, with Chl-a < 0.3  $\text{mg m}^{-3}$ . The cytometry-derived  $C_{\text{phyto}}$  include many more low values (below about 5  $\text{mg m}^{-3}$ ) than the other two and also more higher values (> ~25  $\text{mgC m}^{-3}$ ). It is worth remembering that the histogram of the  $b_{\text{bp}}$ -derived  $C_{\text{phyto}}$  (Fig. 5b) is just a linear translation of the  $b_{\text{bp}}$  histogram. Similarly, the histogram of the Chl-derived  $C_{\text{phyto}}$  is the translation of the Chl histogram through the power law displayed in Fig. 5a. Considering the  
480 uncertainty in such relationships (Fig. 4), the overall distribution of the resulting  $C_{\text{phyto}}$  values is probably more relevant than the specific mode or median value of the distributions.

### 3.4. $C_{\text{phyto}}$ vs. TChl-a and POC

The  $C_{\text{phyto}}$  values obtained from both  $b_{\text{bp}}(470)$  and cytometry data are displayed as a function of either Chl (Figs. 6a, b; linear scale) or POC (Figs. 6c, d; log scale). Regression lines are shown for either the entire  
485 dataset (solid lines) or only the PSC-dominated data (dashed lines). We used a log space for the relationships involving the cytometry-derived  $C_{\text{phyto}}$  because of both the larger range of values and the obvious non-linear behavior of the data when plotted as a function of either TChl-a or POC (see Supporting Information Fig. S2 for the same data plotted using a linear scale).



490 **Fig. 6.** (a) and (b)  $C_{\text{phyto}}$  calculated from  $b_{\text{bp}}(470)$  using Graff et al. (2015) or from cytometry data as a  
 function of TChl-a. (c) and (d): as in (a) and (b) but as a function of POC. The equation reported in panels  
 (a) and (c) are for the PSC-dominated data only (dashed line). The blue lines are from Graff et al. (2015)(their  
 Fig. 4).

495 The cluster of PPC-dominated data (black dots) does not overlap the general  $b_{\text{bp}}(470)$ -derived  $C_{\text{phyto}}$  vs.  
 Chl relationship (Fig. 6a) but it does when the same  $C_{\text{phyto}}$  data are plotted as a function of POC (Fig. 6c). It  
 is reminded here that the PPC-dominated data are for the upper 50 m of the most oligotrophic stations. This

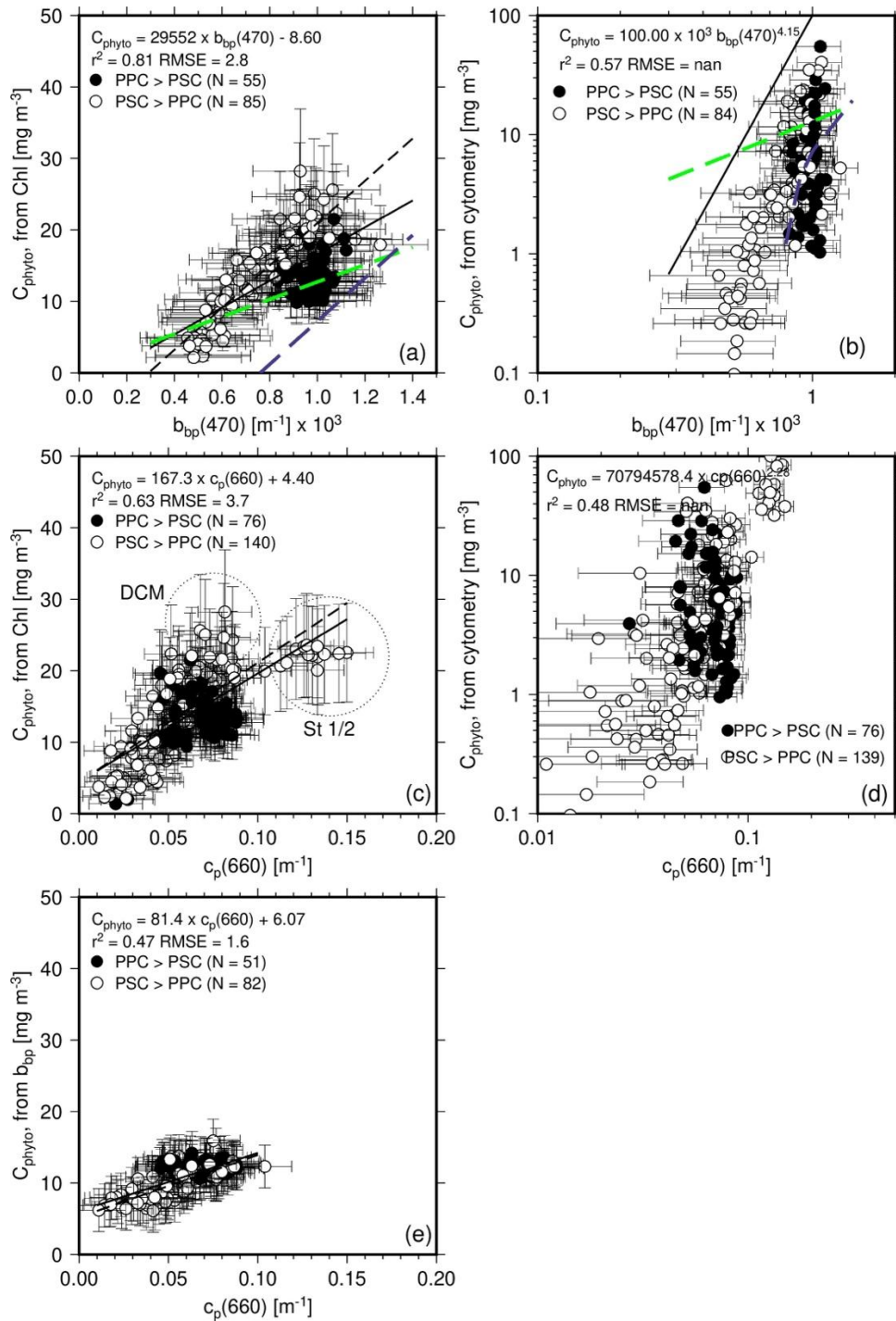
decorrelation likely results from photo-acclimation, jeopardizing the carbon vs. chlorophyll connection. On the contrary, the data for the PSC-dominated waters (open symbols) show a significant correlation ( $r^2 = 0.78$ ) with TChl-a. This suggests that changes in TChl-a and  $C_{\text{phyto}}$  are closely related under these conditions, although this may partly reflect the correlation between  $b_{\text{bp}}$  and TChl-a.

The relationships that [Graff et al. \(2015\)](#) derived from their analytical  $C_{\text{phyto}}$  measurements are superimposed as blue lines. These indicate that our dataset has a lower backscattering per unit chlorophyll ([Fig. 6a](#)). If these ratios were similar in both datasets, the blue line would be close to the regression line obtained here. A comparable pattern is observed for the  $b_{\text{bp}}$ -to-POC ratio ([Fig. 6c](#)), although the slopes of the relationships are much closer than for Chl.

The cytometry-derived  $C_{\text{phyto}}$  also generally increase with TChl-a and POC ([Fig. 6b, d](#)). The exponent of the power law is nearly twice as large for the relationship with POC compared to that with TChl-a.

### 3.5. $C_{\text{phyto}}$ vs. optical properties

Particle backscattering is largely influenced by sub-micrometer particles ([Ulloa et al., 1994](#)), although a greater contribution from phytoplankton-sized particles has also been suggested ([Dall'Olmo et al., 2009](#)). The beam attenuation is rather sensitive to the size range  $\sim 0.5$  to  $20 \mu\text{m}$  ([Boss et al., 2001](#)). Both properties are sensitive to the particle size distribution. Therefore, examining the relationship between the three  $C_{\text{phyto}}$  estimates and these two optical properties might give us some clues about the influence of the particle assemblage. This is illustrated in [Fig. 7](#).



**Fig. 7.** (a)  $C_{\text{phyto}}$  calculated from the POC vs. Chl-a relationship as a function of  $b_{\text{bp}}(470)$ . The solid black line is the regression line using all data points, while the black dashed line is for the PSC-dominated data only. The Graff et al. (2015) relationship is displayed as the dashed green line and the Martinez-Vicente et al. (2013) as the dashed blue line. (b)  $C_{\text{phyto}}$  calculated from cytometry data as a function of  $b_{\text{bp}}(470)$ . The Graff and Martinez-Vicente relationships are superimposed for reference. (c) and (d): as in (a) and (b) but as a function of  $c_p(660)$ . (e)  $C_{\text{phyto}}$  calculated from  $b_{\text{bp}}(470)$  as a function of  $c_p(660)$ . No points appear for  $c_p > \sim 0.1$  because no  $b_{\text{bp}}$  data were simultaneously measured (stations 1-4).

The  $C_{\text{phyto}}$  values derived from the 1% quantile POC vs. Chl regression are displayed as a function of the

525 measured  $b_{bp}(470)$  in Fig. 7a along with the least-square fit to all data (black continuous line) and to PSC-  
dominated data only (black dashed line). The Martinez-Vicente et al. (2013) relationship is displayed as a  
dashed blue line, and that of Graff et al. (2015) as a dashed green line. The cluster of PPC-dominated data  
(black symbols) does not show a clear relationship with  $b_{bp}$ , and separates from the PSC-dominated data,  
with lower  $C_{phyto}$  values for given  $b_{bp}$  values. The slope of the Graff equation is lower than the one derived  
530 here, whereas the relationship of Martinez-Vicente et al. (2013) has a slope closer to ours yet a large negative  
intercept, leading to much lower  $C_{phyto}$  predictions. The Martinez-Vicente et al. (2013) relationship was based  
on measurements from the first optical depth along the Atlantic Meridional Transect cruise, using  $C_{phyto}$   
estimates derived from flow cytometry. The slope of the Graff et al. (2015) relationship is closer to what we  
get for the PPC-dominated conditions, although the correlation is weaker in our case.

535 Fig. 7b displays the same comparison as Fig. 7a but for the  $C_{phyto}$  derived from cytometry data and uses  
a log scale. The cytometry-derived values span a larger range than those derived from the POC-based  
approach, with many more low values and some higher values as well. The power law derived from  
regression on the log-transformed data shows a large exponent. It is worth noting, however, that the Martinez-  
Vicente et al. (2013) equation (blue dashed line) is somewhat more consistent with what we derived here  
540 from cytometry data as well.

Results are rather similar when the two  $C_{phyto}$  estimates are plotted as a function of  $c_p(660)$  (Figs. 7c, d).  
The largest Chl-derived  $C_{phyto}$  (between  $\sim 25 - 30 \text{ mg m}^{-3}$ ; Fig. 7c) do not correspond to the largest  $c_p$  values,  
which are observed at stations 1-2 ( $c_p > \sim 0.1 \text{ m}^{-1}$  and  $C_{phyto} \sim 22 \text{ mg m}^{-3}$ ) where Chl is about  $0.3 \text{ mg m}^{-3}$ .  
Instead, it corresponds to data from the deep-chlorophyll maximum at stations north of station 12 (except  
545 station 18). This is because the  $c_p/\text{Chl}$  ratio is larger at stations 1-2 than at the DCM of the other stations ( $0.39$   
vs.  $0.18 \text{ m}^2 \text{ mg}^{-1}$ ), as a result of photo-acclimation. The cytometry-derived  $C_{phyto}$  values also show a  
correlation with  $c_p(660)$ , again when established in the log space (Fig. 7d).

The  $b_{bp}$ -derived  $C_{phyto}$  show a rather tight relationship with  $c_p(660)$  (Fig. 7e), without distinct behavior  
of the PSC- or PPC-dominated data, owing to a correlation of backscattering and attenuation for the entire  
550 dataset.

#### 4. Discussion

The main purpose of this study was to assess three methods to derive  $C_{phyto}$  in oligotrophic waters when  
direct measurements are not available. One of these methods uses  $b_{bp}$ , suggested as a relevant optical proxy  
to  $C_{phyto}$  by Behrenfeld et al. (2005). The second method is based on the POC vs. Chl relationship, following  
555 Sathyendranath et al. (2009). Some studies have indeed shown chlorophyll as a relevant proxy for  
phytoplankton carbon or photosynthetic activity (e.g., Huot et al. (2008)), yet photo-acclimation may lead to  
erroneously interpret temporal changes in Chl at a given site, or vertical variations within the water column,

as changes in  $C_{\text{phyto}}$ . The third method derives  $C_{\text{phyto}}$  from cell counts and allometric conversion factors. Although this method is theoretically less subject to overestimation due to the inclusion of non-algal material, it may instead underestimate  $C_{\text{phyto}}$  by missing very small and/or large cells. It also relies on conversion factors that remain poorly constrained.

From the comparison of these three methods, we cannot unambiguously conclude as to which one generates more accurate  $C_{\text{phyto}}$  values because we did not have direct measurements to compare with. Nevertheless, the  $C_{\text{phyto}}$  values obtained with each method, as well as their relationships with optical and biogeochemical quantities, provides insights in to the relevance of these techniques for assessing  $C_{\text{phyto}}$  distributions in oligotrophic waters.

Here, we first discuss the dataset we worked from, then we compare the three  $C_{\text{phyto}}$  estimates, assess their dependence on the phytoplankton pigments and community, and finally discuss the implication of our results for the deriving  $C_{\text{phyto}}$  from satellite ocean color observations.

#### 4.1. An oligotrophic dataset complementary to previous studies

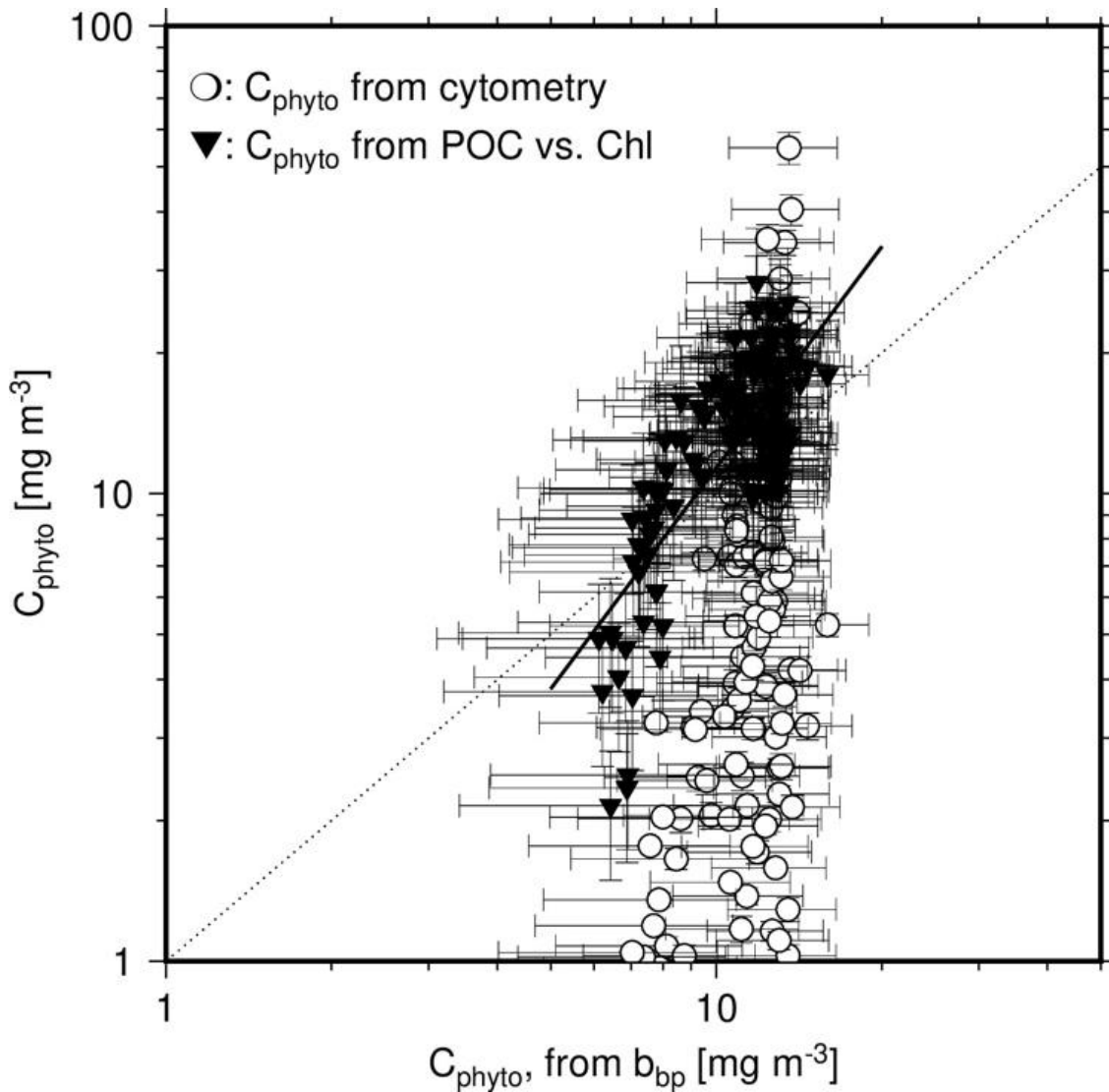
The relationships we observe between biogeochemical quantities (POC and TChl-a) and inherent optical properties ( $b_{\text{bp}}(470)$  and  $c_{\text{p}}(660)$ ) are generally consistent with similar relationships derived by previous studies (Fig. 4). This shows that the bio-optical characteristics of the oligotrophic waters in the eastern Indian Ocean do not obviously depart from what is observed in other oceans. However, higher backscattering per TChl-a is observed in surface waters (depth  $< \sim 50$  m) in the central part of the transect (black dots in Fig. 4c). A larger contribution on non-algal particles (NAP) could explain this, although not confirmed by a larger NAP absorption. The cluster of points with the higher backscattering per TChl-a indeed corresponds to the absorption-based cluster G2 in Parida and Antoine (2025), which does not show high NAP absorption (their Fig. 8). This cluster is however the one with the highest PPC concentration. This higher PPC concentration associated to a larger backscattering, may indicate the presence of smaller, more refringent phytoplankton cells within the community.

The exponent of the POC vs. TChl-a relationship (0.572; Fig. 5a) is identical to that derived by Morel (1988) and slightly higher than what Sathyendranath et al. (2009) obtained (0.48). The exponents of the 1% quantile regression are also very close (0.62 here vs. 0.65 in their study). However, the coefficient of this relationship by Sathyendranath et al. (2009) is nearly twice the value obtained here (79 vs. 43), likely because their dataset includes much larger POC and TChl-a concentrations. The consistency with the Morel relationship, established for open ocean Case I waters, is another indication that the waters we have sampled belong to this category and have rather average bio-optical characteristics. The large coefficient difference with Sathyendranath et al. (2009) emphasizes that a ubiquitous POC vs TChl-a does not seem to hold, as often reported (e.g., Lee et al. (2020)).

## 4.2. Comparison of the three $C_{\text{phyto}}$ estimates

The  $C_{\text{phyto}}$  values derived from our POC vs. TChl-a relationship show a near normal distribution (Fig. 5b) with a mode value around  $15 \text{ mg m}^{-3}$  (see range in Table 1). The distribution is quite similar for the  $b_{\text{bp}}(470)$ -derived  $C_{\text{phyto}}$  values, although the range is smaller and maximum values are lower ( $\sim 16 \text{ mg m}^{-3}$  instead of  $\sim 30 \text{ mg m}^{-3}$ ). The values derived from cytometry data show a very different distribution, skewed towards low values ( $55\% < 5 \text{ mg m}^{-3}$ ). Figs 6, 7 and Sup Fig. 2 show that the cytometry-derived  $C_{\text{phyto}}$  is not linearly related to POC and TChl-a, nor to the IOPs ( $b_{\text{bp}}$  and  $c_{\text{p}}$ ), which are quantities determined by both phytoplankton and non-algal particles. This indicates that particles unaccounted for by cytometry do not covary with the phytoplankton identified by this method. Non-algal particles being generally found covarying with phytoplankton, this would rather indicate that the particles missed by cytometry are rather small and large phytoplankton. The slopes of the linear regressions between the cytometry-derived  $C_{\text{phyto}}$  and IOPs in the log space (Fig. 7) are around 4.5 for  $b_{\text{bp}}$  and 2.5 for  $c_{\text{p}}$ , with correlation coefficients around 0.5-0.7. This seems plausible considering that the cytometry-derived  $C_{\text{phyto}}$  is essentially a linear function of the total volume of particles (cubic function of size) when the IOPs are a function of the particle size, among other parameters such as the particle composition. This compound of observations confirm that the cytometry-derived  $C_{\text{phyto}}$  is, as intended, phytoplankton-specific (i.e., not including non-algal material). The Chl- and  $b_{\text{bp}}$ -derived  $C_{\text{phyto}}$  are linearly related to the IOPs, showing that both estimates are affected by non-algal material.

This comparison is further illustrated on Fig. 8, showing weak correlation between  $b_{\text{bp}}$ -derived and Chl-derived  $C_{\text{phyto}}$  values, with an  $r^2$  of 0.55 and a slope of their relationship of 1.61. No correlation is observed when cytometry-derived  $C_{\text{phyto}}$  data are considered. The dark symbols in Fig. 8 for Chl-derived  $C_{\text{phyto}}$  however appear to form a subset of the data cloud formed by the cytometry-derived  $C_{\text{phyto}}$  (open symbols). This may indicate that the lowest  $C_{\text{phyto}}$  values, assuming they are realistic, cannot be derived when using Chl because the method still accounts for non-algal material. The same result may however rather show that the cytometry method underestimates  $C_{\text{phyto}}$  in the clearest waters by missing part of the phytoplankton population. Fig. 8 also clearly illustrates the limited capability of the  $b_{\text{bp}}$ -based method to reproduce the variability in  $C_{\text{phyto}}$  that the two other methods produce, in particular the cytometry-based method.



**Fig. 8.** Scatter plot of  $C_{\text{phyto}}$  derived either from cytometry data (open circles) or from the POC vs. Chl relationship (1% quantile regression derived from our dataset; black inverted triangles), as a function of  $C_{\text{phyto}}$  derived from  $b_{\text{bp}}(470)$ , using [Graff et al. \(2015\)](#). The black line is the linear regression on the log-transformed data for  $C_{\text{phyto}}$  derived from the POC vs. Chl relationship vs.  $C_{\text{phyto}}$  derived from  $b_{\text{bp}}(470)$ . The dotted line is the 1:1 line.

#### 4.3. Community composition impact on $C_{\text{phyto}}$ estimation

The influence of community composition on  $C_{\text{phyto}}$  estimation was essentially examined through the relative contributions of PSCs and PPCs, which play critical roles in determining phytoplankton function and resilience through influencing both the physiological state and optical properties of phytoplankton. No clear patterns were found between  $C_{\text{phyto}}$  or IOPs and various pigment assemblages or the relative contributions of pico-, nano- and micro-phytoplankton calculated from HPLC data ([xUitz et al., 2008](#)).

The results showed that PPC-dominated waters, essentially surface low-chlorophyll waters, have higher

$b_{bp}$  per unit Chl-a. Conversely, higher PSC levels correspond to increased  $C_{phyto}$ , reflecting greater biomass production.

Environments with low Chl-a concentrations and a high proportion of PPC typically represent adaptations to high light or nutrient-limited environments or both, where photoprotection is crucial (Fig 2e).  
635 Under these conditions,  $C_{phyto}$  per cell tends to be lower, as the cellular investment shifts carbon biomass towards PPC production resulting in lower carbon-to-chlorophyll ratios (Gibb et al., 2000). Conversely, regions with higher PSC indicate higher photosynthetic activity and higher POC, often corresponding to nutrient-rich conditions (Araujo et al., 2017) or low light environment that require expansion of the light  
640 harvesting pigment pool. Field studies indicate that phytoplankton contribute a relatively consistent fraction of POC across seasons and trophic regimes, though this fraction is typically lower in oligotrophic regions due to increased contribution from detrital materials (Behrenfeld et al., 2005; Negrete-García et al., 2022). Changes in pigment composition (ratio of PSC and PPC) further influence cellular carbon content, thereby affecting the overall phytoplankton associated POC. In such a scenario, estimating  $C_{phyto}$  using the 1%  
645 quantile regression of the POC: Chl-a relationships is associated with large uncertainty, as POC can vary independently of chlorophyll-a concentrations.

The contribution of PSC and PPC also significantly affect  $C_{phyto}$  derived from  $b_{bp}$ . Higher  $C_{phyto}$  values were observed when the PPC contribution exceeds that of PSC (Fig 6a). This pattern is especially evident at stations 12–17 in oligotrophic regions, where elevated surface  $C_{phyto}$  computed from  $b_{bp}$  corresponds with high PPC concentrations (Fig. 7a). A possible cause for the elevated  $b_{bp}$  values is the higher relative  
650 abundance of picoplankton, which is a typical feature of oligotrophic waters. These environments are typically subject to chronic nutrient limitation, which promotes the dominance of small picophytoplankton such as *Prochlorococcus* and *Synechococcus* (Flombaum et al., 2013). These small cells generally contribute to increased  $b_{bp}$ , in particular by increasing the surface area-to-volume ratio (Brewin et al., 2012) and, consequently, higher estimates of  $C_{phyto}$ . Although the  $b_{bp}$  method has broad application and is essential for  
655 estimating  $C_{phyto}$  from satellite ocean color data, its effectiveness is limited when other optically active substances significantly contribute to  $b_{bp}$ , making it difficult to isolate the phytoplankton-specific backscattering signal.

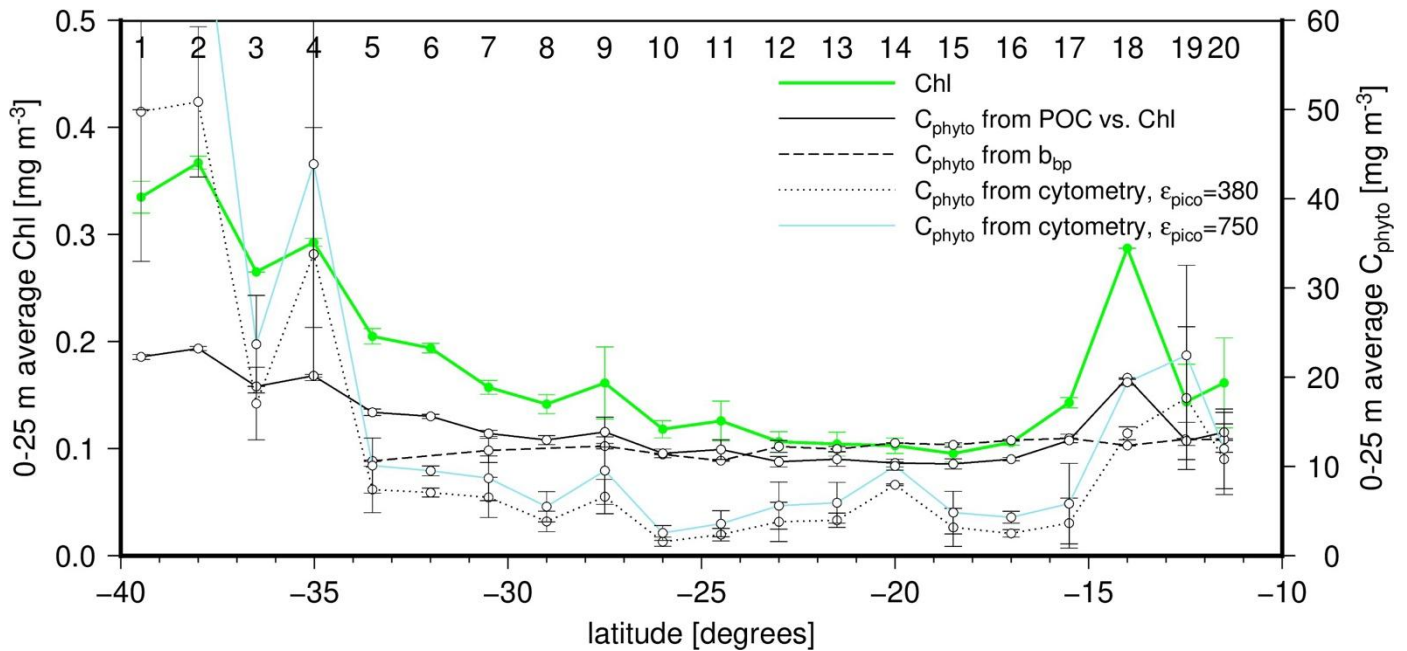
We observed that phytoplankton community composition had minimal impact on  $C_{phyto}$  estimates derived from flow cytometry. In some way, cytometry is a better option for compute  $C_{phyto}$ . However, the approach  
660 also involves several methodological uncertainties and limitations. Converting cell counts to carbon biomass typically relies on empirical allometric relationships, which may not adequately capture species-specific variability or physiological responses to environmental conditions. The estimation of cell size from forward scatter (FSC) is influenced not only by cell volume but also by refractive index and internal structural complexity, leading to potential inaccuracies (Olson et al., 2018). As flow cytometry typically targets cells

665 in the picophytoplankton and nanophytoplankton size classes. It may systematically underestimate  $C_{\text{Phyto}}$   
when large cells contribute significantly, especially relevant in high-nutrient environments. These findings  
highlight that bio-optical relationships should be region-specific to reduce biases and uncertainties. The  
methodology and local environmental conditions, such as phytoplankton community composition, play a  
significant role in shaping these relationships. Therefore, empirical bio-optical models should be tailored to  
670 the specific regions in which they are applied to ensure accuracy.

#### 4.4. Implications on deriving $C_{\text{phyto}}$ from satellite ocean color observations

The  $b_{\text{bp}}$ - and Chl-based methods used here to derive  $C_{\text{phyto}}$  are applicable to satellite ocean color  
observations and have actually been proposed for that purpose. Therefore, we have compared their average  
outputs over the layer from which the remote sensing signal originates from in clear waters. This depth is  
675 roughly the inverse of the diffuse attenuation coefficient for downward irradiance (Gordon & McCluney,  
1975). Because we used discrete data at depths of about 5, 10 and 20 m, we calculated equivalent satellite-  
derived values as the average of the sum of three times the 5-m value plus two times the 10-m value plus the  
20-m value. This is a way to approximate the optically-weighted Chl, accounting for the exponential decrease  
of light with depth that makes shallower values having more weight in forming the water-leaving radiance.

680 By construction, the  $C_{\text{phyto}}$  derived from the POC vs. TChl-a relationship follows the TChl-a changes, (Fig.  
9). In contrast the  $b_{\text{bp}}$ -derived  $C_{\text{phyto}}$  remains quite steady, with values around 12-15  $\text{mg m}^{-3}$ . This is directly  
related to  $b_{\text{bp}}(470)$  showing only an about 15% variation across the transect (except at station 18), when Chl  
varies by a factor of about 2.5 at surface over the part of the transect where both were measured. If the  $b_{\text{bp}}$  vs  
TChl-a relationship (Fig. 4c) is used to reconstruct  $b_{\text{bp}}$  values for stations 1 to 4, the associated range in  $C_{\text{phyto}}$   
685 still remains lower than that derived from Chl. Therefore, if a true variability exists in  $C_{\text{phyto}}$  along the transect  
and is not an artifact of the Chl-based method, the particulate backscattering coefficient does not seem to  
reflect this variability. The small role that phytoplankton may play in determining  $b_{\text{bp}}$  in these oligotrophic  
waters is among the reasons why  $b_{\text{bp}}$  might not be a relevant proxy to  $C_{\text{phyto}}$ .



690 **Fig. 9.** Latitudinal distribution of the average concentration within the upper 25 m for chlorophyll (left Y-axis; green line) and  $C_{\text{phyto}}$  as derived from the three methods tested here (right Y-axis; line types as indicated). The vertical bars are the standard deviations within surface data for the two casts at each station. Station numbers are indicated on top of the panel

695 The cytometry-derived values display the strongest latitudinal changes, following the TChl-a changes. This suggests that this technique indeed avoids accounting for non-algal material in determining  $C_{\text{phyto}}$ . However, it remains unclear from previous literature whether the low values ( $< \sim 5 \text{ mg m}^{-3}$ ) we derived here are realistic, however. Similarly low values were obtained by [Martinez-Vicente et al. \(2013\)](#), who also used cytometry (their [Fig. 2A](#)). Their equation (2) gives a  $C_{\text{phyto}}$  of  $7 \text{ mg m}^{-3}$  for  $b_{\text{bp}}(470) = 1 \times 10^{-3}$ , while 70% of our  $b_{\text{bp}}(470)$  being lower than this value. Therefore, this raises the question as how much of the phytoplankton population the cytometry technique might miss or, on the contrary, the two other techniques inevitably overestimate  $C_{\text{phyto}}$  in oligotrophic waters. Overestimation could occur because they rely on parameters that are either not strongly-enough linked to phytoplankton carbon ( $b_{\text{bp}}$ ) or have a variability that is somewhat disconnected from changes in phytoplankton carbon due to photo-acclimation (TChl-a). It is reminded here that the contribution of large cells to  $C_{\text{phyto}}$ , which escape the cytometry measurements, is empirically derived through the  $f_{\text{fc}}$  factor ([Eq. 6](#)). Arbitrarily adjusting  $f_{\text{fc}}$  to increase the cytometry-derived  $C_{\text{phyto}}$  values for the most oligotrophic waters so that they match other estimates would require unrealistically low  $f_{\text{fc}}$  values (meaning a very low contribution of pico-phytoplankton to  $C_{\text{phyto}}$ ). Among the other parameters of [Eq. \(5\)](#), the cell diameters are rather well constrained, and there is no indication that the cytometer counts are largely erroneous. Therefore, as expected, the conversion factors remain the main source of uncertainty. The dashed

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blue line in Fig. 9 shows how the cytometry-derived  $C_{\text{phyto}}$  values are increased when a higher conversion factor for pico-phytoplankton is used (750 instead of 380 fg C  $\mu\text{m}^{-3}$ ; see methods).

### ***Data Availability Statement***

715 The 110E research voyage data (code IN2019\_V03) are available on the CSIRO Marlin data base  
(<https://marlin.csiro.au>) and on demand from the authors.

### ***Conflicts of interest***

The authors do not have conflicts of interest to report.

720 (*Copernicus Publications*,  
)

### ***Authors contributions:***

DA and CP conceived the study. DA and CP developed the methodology and performed the formal analysis. DA and CP equally contributed to validation, visualization, and writing of the original draft. They  
725 also carried out the investigation and contributed to reviewing and editing the manuscript. DA acquired funding, administered the project, and provided resources. CG supported to the investigation. All authors contributed to the review and editing of the manuscript.

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740 (CNRS-France).

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