## 1 Critical Lambda

Setting equation (12) to zero gives

$$\lambda = \frac{A}{B} \tag{S1}$$

with

$$A = -c_2 \nu_1 \nu_2 \left( \kappa \log(2) C_A^* \left( \frac{d\Pi}{dC_A} \mathcal{E}' \frac{V_1}{V_2} C_L^* + \Pi_0 (\mathcal{E}' \frac{V_1}{V_2} + \frac{V_1}{V_2} + 1) \right) - \alpha \beta \mathcal{E}' \Pi_0 Q_{2\times} \frac{V_1}{V_2} C_L^* \right)$$

$$- c_1 \kappa \nu_1 \nu_2 \log(2) C_A^* \left( \frac{d\Pi}{dC_A} \mathcal{E}' \frac{V_1}{V_2} C_L^* + \Pi_0 (\mathcal{E}' \frac{V_1}{V_2} + \frac{V_1}{V_2} + 1) \right)$$

$$+ \alpha \beta \kappa \Pi_0 Q_{2\times} C_L^* \left( \mathcal{E}' \nu_1 + \nu_2 \left( \frac{V_1}{V_2} + 1 \right) \right)$$
 (S2)

and

$$\frac{B}{\log(2)C_A^*C_L^*} = \nu_1 \left( \nu_2 \left( c_2 \frac{\mathrm{d}\Pi}{\mathrm{d}C_A} \mathcal{E}' \frac{V_1}{V_2} + \mathcal{E}' \kappa \frac{V_1}{V_2} + \kappa + \kappa \frac{V_1}{V_2} \right) + \frac{\mathrm{d}\Pi}{\mathrm{d}C_A} \mathcal{E}' \kappa \right) 
+ \frac{\mathrm{d}\Pi}{\mathrm{d}C_A} \kappa \nu_2 \left( \frac{V_1}{V_2} + 1 \right) 
+ \Pi_0 \left( \nu_1 \left( c_2 \nu_2 \left( \mathcal{E}' \frac{V_1}{V_2} + \frac{V_1}{V_2} + 1 \right) + \left( \mathcal{E}' + 1 \right) \kappa \right) + \kappa \nu_2 \left( \frac{V_1}{V_2} + 1 \right) \right) \quad (S3)$$

where  $\mathcal{E}' = \mathcal{E}'(C_1^*)$  and the prime denotes a derivative with respect to  $C_1$ . We can simplify this further by making the 'obvious' assumption that  $\mathcal{E}'\nu_1 \gg \nu_2$ ,  $\nu_1 \gg \nu_2$ ,  $c_2 \gg c_1$  and  $1 \gg V_1/V_2$ . Neglecting these small terms and rearranging gives

$$\frac{\alpha\beta Q_{2\times}}{\lambda \log 2} = \frac{C_A^*}{\kappa \Pi_0 C_L^* \mathcal{E}' \nu_1} \frac{\kappa C_L^* \frac{\mathrm{d}\Pi}{\mathrm{d}C_A} \mathcal{E}' \nu_1 + \kappa C_L^* \nu_1 \nu_2 + \Pi_0 \left(\kappa \nu_1 + \mathcal{E}' \kappa \nu_1 + c_2 \nu_1 \nu_2\right)}{1 - \frac{C_A^* \nu_2 c_2}{C_L^* \mathcal{E}' \alpha\beta Q_{2\times}}}.$$
(S4)

Applying the binomial theorem to the denominator and working to first order gives

$$\frac{\alpha\beta Q_{2\times}}{\lambda \log 2} = \left(\frac{\mathrm{d}\log\Pi}{\mathrm{d}\log C_A} + \frac{C_A^*}{C_L^*} \left(1 + \frac{1}{\mathcal{E}'} + \frac{c_2\nu_2}{\kappa\mathcal{E}'} + \frac{C_L^*\nu_2}{\Pi_0\mathcal{E}'}\right)\right) \left(1 + \frac{C_A^*\nu_2c_2}{C_L^*\mathcal{E}'\alpha\beta Q_{2\times}}\right) \tag{S5}$$

as desired.

## 2 Fitting Alk

The parameter Alk was estimated by fitting the ocean model (equation (1d) and equation (1e)) to the ocean carbon uptake from the Global Carbon Budget (GCB) [Fri+22].

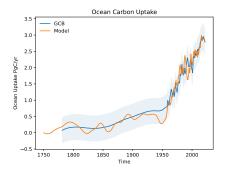


Figure S1: The ocean carbon uptake as estimated by equation (S6), where Alkhas been chosen to minimise the squared error between the estimated uptake and the GCB ocean uptake estimate.

The system

$$\frac{dC_1}{dt} = \nu_1 (C_A(t) - \mathcal{E}(C_1)) - \nu_2 \left( C_1 - \frac{V_1}{V_2} C_2 \right)$$
 (S6a)

$$\frac{dC_1}{dt} = \nu_1 (C_A(t) - \mathcal{E}(C_1)) - \nu_2 \left( C_1 - \frac{V_1}{V_2} C_2 \right)$$
(S6a)
$$\frac{dC_2}{dt} = \nu_2 \left( C_1 - \frac{V_1}{V_2} C_2 \right)$$
(S6b)

was integrated with  $C_A(t)$  defined as the mass of  $CO_2$  in the atmosphere in year t as estimated by GCB. The ocean uptake, defined as the change in  $C_1 + C_2$ in each year could then be compared to the annual ocean uptake as estimated by GCB. The parameter Alk was chosen to minimise the squared error between these quantities. The best fit parameter of Alk was 5130 Pg C.

The fitted ocean carbon uptake is shown in Fig. S1.

## 3 JULES-IMOGEN

Figure S2 shows the response of NPP in JULES to increased CO<sub>2</sub>. Atmospheric  $\mathrm{CO}_2$  was increased linearly at a rate of  $5\,\mathrm{ppm}\,\mathrm{yr}^{-1}$  with IMOGEN's climate sensitivity set to 3.3 K. It was found that equation (3) could reproduce the results of this experiment with  $\Pi_0$  set to  $65\,\mathrm{Pg}\,\mathrm{C}\,\mathrm{yr}^{-1}$  and  $C_{1/2}$  set to  $344\,\mathrm{ppm}$ .

Figure S3 shows the total soil carbon in JULES after spin up. Over the course of the simulation, the soil carbon changes by 0.008% and has an average of 1630 Pg C.

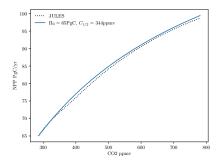


Figure S2: The response of NPP to increased CO<sub>2</sub> in JULES, with a climate sensitivity of 3.3 K. CO<sub>2</sub> was increased linearly by 5 ppm yr<sup>-1</sup>. Equation (3) was linearly regressed to this to give an estimate for  $C_{1/2}$ . The value of  $\Pi_0$  was also extracted.

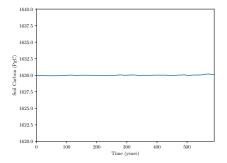


Figure S3: Equilibrium soil carbon. The change is 0.008% over the course of the simulation.

## References

[Fri+22] Pierre Friedlingstein et al. "Global Carbon Budget 2022". In: *Earth System Science Data* 14.11 (Nov. 2022), pp. 4811-4900. ISSN: 1866-3516. DOI: 10.5194/essd-14-4811-2022. URL: https://essd.copernicus.org/articles/14/4811/2022/.