

1 **The Inverted Microbial Loop Stimulates Mineralisation of**
2 **Sedimentary Organic Detritus**

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19

20 Abstract

21 Respiration is a key process in the organic carbon cycle of marine sediments, the understanding of
22 which is key to future management decisions which aim to maximise sediment carbon storage. The
23 microbial community is typically considered the dominant actor in ~~the~~ overall sedimentary
24 respiration, but knowledge is lacking about interactions with other components, particularly the
25 macrofauna. The 'inverted microbial loop' hypothesis suggests that macrofaunal activity stimulates
26 the microbial respiration of organic carbon through the mixing of fresh organic carbon to depth, and
27 subsequent priming (i.e. activation of refractory detritus by co-respiration with fresh detritus).

28 We conducted experimental incubations to partition respiration amongst the microbial and
29 macrofaunal components of the community and investigate interactions between them. We
30 prepared sediment cores with native benthic communities, macrofauna only and microbial
31 communities only. We added ¹³C labelled fresh organic matter to these cores and measured
32 respiration over 7 days, quantifying both O₂ consumption (reflecting remineralisation of all
33 sedimentary organic C) and production of ¹³C dissolved inorganic C (DIC, reflecting remineralisation
34 of labile organic C).

35 Consumption of O₂, which reflected remineralisation of ambient as well as added fresh organic C,
36 showed greater rates when macrofaunal and microbial communities were present together than the
37 sum of their separate rates. This provides direct experimental evidence that the inverted microbial
38 loop mechanism stimulates mineralisation of less reactive, ambient organic C. Macrofaunal and
39 microbial communities showed ~~an~~ approximately equal contributions to the total community
40 respiration, suggesting that faunal respiration should be more routinely included in carbon
41 degradation modelling. ~~while~~ ~~†~~ The fate of the added fresh organic C in different treatments
42 suggested competition for this resource between macrofauna and microbes, and some functional
43 redundancy amongst different components of the benthic community. ~~Consumption of O₂, which~~
44 ~~reflected remineralisation of ambient as well as added fresh organic C, showed greater rates when~~

45 ~~macrofaunal and microbial communities were present together than the sum of their separate rates.~~
46 ~~This provides direct experimental evidence that the inverted microbial loop mechanism stimulates~~
47 ~~mineralisation of less reactive, ambient organic C. The inverted microbial loop effect is likely to be~~
48 ~~enhanced following deposition of fresh organic C onto the seafloor, as occurs after a spring bloom.~~
49 The enhanced understanding of sediment respiration generated by this study has implications for
50 management of shelf seafloors to balance carbon storage with other human uses.

51 **Keywords**

52 Marine sediments, carbon cycling, Respiration, ¹³C isotope labeling, Inverted microbial loop

53 **Declarations**

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56 **Conflicts of interest/Competing interests** - None

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58 **Code availability** - NA

59 **Authors' contributions** All authors contributed to the experimental design. The experiments were
60 performed by CW and SHM. The manuscript was written by CW and DvO, with contributions from
61 other co-authors.

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64 **Introduction**

65 Marine sediments play a key role in the global carbon cycle, as they serve as the location for long-
66 term burial of organic carbon (C), with shelf sea and deltaic settings being disproportionately
67 important (Berner, 1982). Continental shelf sediments cover only ~7–10% of the ocean’s area, but
68 account for up to 80% of total marine organic C burial, because shelves are locations of high marine
69 primary production (receiving a high nutrient input) and act as critical interfaces between terrestrial
70 and marine ecosystems (processing terrestrial organic material delivered by rivers). After being
71 deposited at the sediment surface, organic C can follow two principal pathways: it may either be
72 mineralized by the respiratory metabolism of resident organisms (macrofauna, meiofauna or
73 microorganisms) and so be converted back to CO₂, or it may escape mineralization through burial
74 into deeper sediment horizons and thus be removed from the short-term carbon cycle. Changes in
75 the relative balance of respiration over burial — whether natural or human-induced — may have
76 significant consequences for the longer-term carbon cycle, ocean chemistry, and climate. involving
77 atmosphere, terrestrial ecosystems and oceans. Recent work has shown that substantial amounts of
78 organic carbon are stored and potentially buried in sub-tidal shelf sediments (e.g. Kroeger et al.
79 20??). Policy makers are keen to understand sediment carbon cycling, to inform future decisions
80 about uses and management of the seafloor.

81 Shelf sediments comprise an efficient “recycling reactor” for the organic matter that is
82 deposited from the water column onto the continental shelf seafloor (Middelburg and Meysman,
83 2007). Isotope labelling experiments have shown that ~ 90% of the incoming organic carbon matter
84 is subject to respiration by sediment-dwelling organisms, and is released back to the water column
85 as dissolved inorganic carbon (CO₂, ~80%) or dissolved organic carbon (~10%), while the remaining
86 part is eventually buried and preserved (Middelburg and Meysman, 2007; Burdige, 2007). This
87 efficient decomposition process is due to the overall metabolic activity of benthic organisms, i.e.,
88 sedimentary microbes as well as sediment-dwelling fauna. While we understand some

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89 ~~environmental factors that govern the overall rate of benthic respiration, we lack knowledge about~~
90 ~~how respiration is partitioned between groups of organisms, or how interactions between groups~~
91 ~~affects the overall respiration rate. A~~~~Hence, an i~~~~Improveding this~~ understanding of the factors that
92 ~~govern benthic metabolism and respiration is~~ hence important to further our knowledge of marine
93 carbon cycling.

94 Total community respiration is the process by which all heterotrophic organisms living in the
95 sediment consume organic matter and metabolise it to gain energy, converting it ultimately to CO₂.
96 It is —often measured as the flux of dissolved inorganic carbon (DIC) or oxygen (O₂) that crosses the
97 sediment-water interface, and— is influenced by several external factors. Total community
98 respiration increases with both temperature and organic matter deposition, and ~~as a~~
99 consequently, it tends to vary with season (Kristensen, 2000) and shows a strong negative
100 relationship with water depth (Middelburg et al., 2005; Stratmann et al. 2019). Strong current and
101 wave activity can also induce higher respiration rates in sandy sediments, as advective porewater
102 exchange supplies both fresh organic matter and oxygen, thus stimulating mineralisation activity
103 (Huettel et al., 2003; Erenhauss and Huettel, 2004; Alongi et al., 2011). Light availability has also
104 been suggested to control respiration in shallow environments, as photosynthesis in biofilms at the
105 sediment surface can increase the supply of organic C or oxygen to the sediment community
106 (Kristensen, 2000; Middelburg et al., 2005; Hubas et al., 2007).

107 While we have reasonable understanding (outlined above) of ~~in contrast to our knowledge of~~
108 the external factors that govern total community respiration, we lack an understanding of the
109 internal mechanisms that determine how respiration is partitioned amongst the different groups of
110 organisms that make up the benthic community, and especially, how interactions between those
111 groups can influence the total community respiration. The microbial component of the community is
112 often assumed to be of paramount importance in driving total community respiration, and evidence
113 for this comes from both observational (e.g., Schwinghamer et al., 1986; Hubas et al., 2006) and

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114 modelling (Van Oevelen et al. 2006) studies. ~~Likewise,~~ ~~o~~Other studies have emphasized that
115 macrofaunal activity may also play a major role (e.g. Herman et al. 1999; Heip et al., 2001), either
116 through their direct contribution to respiration, or through indirect interactions (e.g. increased
117 oxygen supply via pore water irrigation) that stimulate the respiration ~~by of~~ the microbial
118 community.

119 For this reason, it is important to consider how interactions between macrofaunal and
120 microbial activity may influence sediment respiration. In the water column, macrofauna and
121 microbes ~~have typically been are~~ linked through the 'microbial loop', in which organic C that is lost
122 to the dissolved organic carbon (DOC) ~~or dissolved inorganic carbon (DIC)~~ pools during macrofaunal
123 metabolism is subsequently assimilated and transformed into new biomass by the microbial
124 community, and becomes available once again to macrofauna as a food source (Kemp, 1988; 1990;
125 Vasquez-Cardenas et al., 2020). This looping stimulates C cycling and increases remineralization
126 efficiency. However, there is little evidence that macrofaunal grazing on microbes plays an important
127 role in the ~~microbial loop carbon cycle of in marine~~ sediments, as studies have shown that bacterial
128 biomass is a rather minor food source for benthic faunal communities, which typically rely on an
129 input of fresh algal detritus from the water column (e.g. Kemp, 1990; Van Oevelen et al., 2006;
130 Guilini et al., 2009). To better capture the effective carbon cycling that occurs in shelf sedimentsAs
131 an alternative suggestion, Middelburg (2018) ~~has~~ proposed the 'inverted microbial loop' concept,
132 which states that macrofaunal activity ~~can actually can~~ stimulate sedimentary microbial activity and
133 respiration, rather than depressing it by grazing. In this view, the impact of microbes and
134 macrofauna on the carbon cycling is not sequential but occurs in parallel. ~~¶~~Macrofauna transport
135 freshly deposited organic matter to depth, thus making it available to the sediment dwelling
136 microbes for respiration. ~~which~~ ~~This then~~ prompts an enhancement of the total community
137 respiration via a priming effect, i.e., an increase in the decomposition rate of ~~native the resident~~
138 "old" sedimentary organic carbon at depth through an input of fresh organic matter after fresh
139 organic matter input.

140 From a conceptual point of view the 'inverted microbial loop' makes sense: it is well known
141 that macrofauna can stimulate both the supply of the electron donor (fresh organic C) as well as the
142 electron acceptor (O₂) used in respiration to the resident microbial community in marine sediments.
143 Bioirrigation, refers to the process by which fauna pump fresh seawater through their burrows,
144 which can increase the oxygenated volume of sediment several-fold and supplies respiratory
145 electron acceptors, thus stimulating microbial degradation (Aller and Aller 1998; Herman et al, 1999;
146 Kristensen, 2000; Glud et al., 2003; Middelburg et al., 2005), and enhancing total respiration by 25-
147 271% (see Kristensen, 2000, and references therein). Likewise, solid particle mixing by macrofauna
148 during burrowing activity (bioturbation) transports freshly deposited organic material to depth in the
149 sediment, which brings together labile (fresh, and readily metabolised) and refractory (slow to
150 decompose) types of organic carbon. This enhanced supply of O₂ and/or fresh organic C could lead
151 to priming, whereby refractory organic carbon is now decomposed that would otherwise not have
152 been respired mineralised. Still, the occurrence of priming however seems very much dependent
153 on the compounds and environment in question (Bengtsson et al., 2018), but it has been previously
154 been observed in marine sediments (van Nugteren et al., 2009; Gontikaki et al., 2015). Priming
155 mechanisms require further investigation, but are likely to involve changes to microbial population
156 composition and activity, and associated enzyme production, mutualism and/or co-metabolism
157 (Bianchi, 2011).

158 Stimulation of microbial processes by macrofaunal activity is also thought to have played a
159 role in Earth evolution. It has been proposed that the rise of animals around 540 Myr ago, and the
160 concomitant evolution of burrowing and bioturbation, may have instigated a more efficient
161 remineralisation cycling of organic matter in the seafloor with potential Earth system impacts
162 (Meysman et al. 2006). Recent studies have quantitatively explored this idea using Earth System
163 Models, and propose that this effect may have been large enough to increase atmospheric CO₂
164 levels, inducing global warming and ocean anoxia (van de Velde et al, 2018).

165 Here we take an experimental approach to ~~explicitly quantify the strength of~~investigate the
166 inverted microbial loop effect. ~~To this end, we aimed to partition~~Our principal goal was to resolve
167 the total respiration in marine sediments into contributions of microbial respiration ~~and~~ faunal
168 respiration, and ~~to elucidate any~~ microbial-faunal interaction term. ~~Furthermore, we aimed to~~
169 ~~identify assess the role of microbial respiration, faunal respiration and any microbial faunal~~
170 ~~interaction of these three components in re~~the mineralisation of ~~in order to test and quantify the~~
171 ~~strength of the inverted microbial loop for~~ both reactive and refractory organic C.

172 Few studies have experimentally assessed the contribution of ~~the microbial, faunal and~~
173 ~~microbial-faunal interaction these three~~ components to total sediment respiration. Previous
174 ~~attempts works~~ have taken a theoretical approach ~~to partitioning respiration~~ (e.g. Schwinghamer et
175 al., 1986; Franco et al., 2010), but these approaches do not account for positive interactions
176 ~~between components of the benthic community~~, such as the inverted microbial loop, ~~between~~
177 ~~components of the benthic community~~. Furthermore, Van Nugteren et al. (2009a) found that the
178 resource partitioning of fresh organic matter between macrofauna and microbes depends on the
179 spatial distribution of the organic matter, with only microbes being able to efficiently utilise
180 resources that are ~~mixed throughout (diffusely distributed) throughout~~ the sediment. This leads us
181 to hypothesize that the inverted microbial loop effect may apply predominantly to the ambient,
182 more refractory and 'diffusively' distributed sedimentary organic C, and less to the fresh organic C
183 that is concentrated on the sediment surface.

184 **Methods**

185 **Experimental Approach and Rationale**

186 Marine sediment cores were constructed and ~~then~~ incubated ~~for 7 daysover time~~. The total oxygen
187 uptake (TOU) ~~rate~~ was measured as the indicator of total community respiration, ~~which~~ primarily
188 represents ~~ing re~~ mineralisation of refractory organic C. In parallel, we quantified fresh organic matter

189 respiration (FOMR) in the same cores by addition of ^{13}C labelled substrates and determining the
190 subsequent release of ^{13}C labelled dissolved inorganic C (DIC).

191 To obtain insights into the TOU and FOMR of different components of the benthic community, [as](#)
192 [well as and-to](#) assess the interaction between microorganisms and macrofauna, we applied the
193 following four treatments when constructing experimental cores: 1) Control: natural, intact
194 sediment cores. Respiration is due to prokaryotes and macrofauna, and their interaction; 2)
195 Defaunated: sediment cores that were defaunated by inducing anoxia, and exposed again to
196 overlying oxygenated water. Respiration is dominated by prokaryotes (with some meiofauna
197 present), but macrofauna are excluded 3) Restocked: sediment cores were first de-faunated (by
198 inducing anoxia), and then exposed again to overlying oxygenated water and re-stocked with a
199 controlled macrofaunal community. Respiration is due to prokaryotes and a controlled biomass of
200 macrofauna, and their interaction. 4) Fauna: sediment cores were constructed that contain only
201 clean construction sand, to which macrofauna were introduced. Respiration is due to macrofauna. A
202 control with only clean construction sand was run, but TOU data was not acquired due to instrument
203 problems. However, we expect microbial respiration to be small in these construction sand cores
204 compared to that of the macrofauna added.

205 The experiment with the four treatments was conducted twice using different ^{13}C labelled
206 substrates. In a first experiment, ^{13}C labelled algal detritus from an axenic culture (13C-AA) was
207 added, which allowed tracing of C into the microbial biomass. In the second experiment, we added
208 natural microphytobenthos cultured in the presence of ^{13}C labelled bicarbonate(13C-MPB), thus
209 providing a fully natural fresh C source.

210 If there were no interactions between components of the benthic community, respiration
211 rates measured in the 'fauna' treatment can simply be added to those from the 'defaunated'
212 treatment and would equal the rates measured in the re-stocked treatment (macrofauna and
213 microbes + meiofauna together). Deviations from this expectation are indicative of positive (i.e.

214 inverted microbial loop) or negative (i.e. competitive) interactions between components of the
215 benthic community.

216 **Sediment Collection and Experimental Conditions**

217 Experiments were conducted in June 2010 and June 2011 at the Netherlands Institute for Sea
218 Research (Yerseke, The Netherlands). Sediment cores and filtered seawater were collected from
219 nearby intertidal sites in the Oosterschelde estuary. Key experimental details are listed in Table 1.
220 Surface sediment cores (19.4 cm inner diameter) were collected in acrylic tubes, and after a short
221 transit to the laboratory (< 2 hr), they were kept in darkness in a climate-controlled room at ambient
222 temperature with overlying filtered seawater (0.2 µm pore size) at *in-situ* salinity (Table 1). Overlying
223 water was oxygenated using air stones, except for when periods oxygen consumption rates were
224 determined (see description below).

225 **Experimental Treatments**

226 Three replicate cores were subjected to each of the 4 treatments in the two experiments. De-
227 faunation of sediment cores for the defaunated and restocked treatments was conducted by
228 asphyxiation as in described Rao et al. (2014), which leaves the sediment stratification intact (as
229 opposed to defaunation by sieving). To this end, anoxic conditions were induced by purging the
230 overlying seawater in the core with N₂ gas for several hours and then sealing the cores with gas-tight
231 lids for 4-6 days. After this anoxic period, the cores were opened and the overlying water was
232 exchanged and re-aerated with air stones. Dead organisms that had migrated to the sediment
233 surface were first removed with tweezers. The cores were subsequently left undisturbed for one day
234 to allow the re-oxidation of reduced compounds that had accumulated in the surface layer of
235 sediment. After one day of re-aeration, a mix of fauna (Table 2 and further below) was added at the
236 surface of restocked treatment cores, and were allowed migrate into the sediment. Cores were then
237 acclimated again for 1-2 days before being amended with ¹³C labelled organic detritus. After that the
238 cores were incubated for 7 days.

239 De-faunation by inducing anoxia was selected in preference to de-faunation by sieving. It was felt
240 that sieving would cause extensive changes to sediment structure and composition which would
241 have more potential to introduce artefacts than the possibility of live fauna remaining in the
242 sediment following induction of anoxia. Presence of live fauna in the de-faunated treatment was
243 minimal, and is reported below.

244 Based on background knowledge about the sampling site (Daggers et al., in press), we knew *a priori*
245 that the fauna at the sampling location predominantly consists of the polychaetes *Hediste*
246 *diversicolor*, *Arenicola marina* and *Heteromastus filiformis*, the gastropod *Hydrobia ulvae* and the
247 bivalve *Cerastoderma edule*. These species were therefore selected for the re-stocked and fauna
248 treatment and introduced into cores at densities that simulated the natural faunal community (Table
249 2 and results).

250 We acknowledge that greater replication will always strengthen an experiment, but benefits have to
251 be balanced against practical constraints (space, volume of sediment, operator time). Although
252 some experiments use 4 or 5 replicates per treatment, the triplicate replication used here is in line
253 with similar experiments in the literature (e.g. Moodley et al., 2000; Sweetman and Witte, 2008; van
254 Nugteren et al., 2009a; Rossi et al., 2009), and is sufficient for showing difference between
255 treatments despite natural variability (see results).

256 **Experimental Procedures**

257 For the “axenic algae” (13C-AA) experiment, the marine diatom *Skeletonema costatum* was axenically
258 cultivated in ¹³C-labelled medium. The resulting algal cells were 28.25 and 14.49 atom % ¹³C for two
259 separate batches. A slurry of freeze-dried, ¹³C-labelled biomass (395 ± 11 mg C m⁻²) was carefully mixed
260 into to the water column and allowed to settle onto the sediment-water interface (so that the whole
261 surface area was more or less homogeneously covered with labelled substrate).

262 For the “microphytobenthos” (¹³C-MPB) experiment, microphytobenthos was collected at the study
263 site at the same time as the sediment cores. The top millimetres of sediment were scraped off at
264 locations where distinctly brown patches (indicative of high MPB biomass) were present. This
265 sediment/microphytobenthos mixture was enriched with ¹³C through incubation in a white plastic
266 culture box (0.6 m x 0.4 m) that was placed outside (ambient temperature) and covered with a
267 transparent lid (natural light). The thin layer of sediment in the culture box was topped with a thin
268 layer of ambient seawater (~5 mm) to prevent dehydration. The next day, 0.136 g of ¹³C-labelled
269 sodium bicarbonate (NaH¹³CO₃, 99%; Cambridge Isotope Laboratories) was dissolved in 50 ml of
270 filtered seawater and introduced into the culture. This label addition was repeated daily for 7 days,
271 after which the labelled microphytobenthos was harvested by scraping off the top several millimetres.
272 This mixture was homogenised, frozen in liquid nitrogen (to kill the MPB cells and prevent respiration
273 activity by MPB during the sediment core incubations) and stored until further usage at -18°C. The
274 chlorophyll-a concentration of this slurry was determined on 3 subsamples using standard fluorometry
275 methods (Aminot and Rey, 2001). The resulting concentration (37 ± 5 ug g⁻¹) was converted to C using
276 a conversion factor of 40 (Stephens et al., 1997) resulting in an estimated 1.5 ± 0.2 mg C g⁻¹. Cores
277 were amended with 12.5 cm³ of slurry (density 2.0 g cm⁻³), which was added using a pipette, and
278 allowed to settle onto the sediment surface over several hours. Each core hence received 3.08 mmol
279 of C from MPB (corresponding to 2.30 g C m⁻²). The ¹³C labelling level of the MPB was unknown, but
280 this does not prevent calculation of respiration rates from the measured ¹³C-DIC production.

281 In both experiments, cores were incubated for 7 days after addition of labelled algae, with repeated
282 measurements of O₂ consumption and ¹³C-DIC release during this period (see below). At the
283 termination of the experiment, sediment cores were sub-sampled using plastic syringes and samples
284 were frozen at -18°C. The remaining sediment in each core was sieved through a 1 mm mesh. Fauna
285 retained on the mesh were picked, and their wet biomass was recorded, after which specimens were
286 frozen for further analysis.

287 **Respiration Measurements**

288 Benthic respiration was measured in all cores through total O₂ uptake (TOU, i.e. proxy for total
289 community respiration, primarily of refractory organic C) and release of ¹³C=DIC (i.e. proxy for
290 respiration of fresh, labile algae) at several time points: before and straight after addition of
291 isotopically labelled algae, and every 1.5 days for 7 days thereafter.

292 At the beginning of each respiration measurement, the overlying water of each core was sampled for
293 dissolved oxygen (DO), dissolved inorganic carbon (DIC), and ¹³C of DIC. Cores were then sealed with
294 custom-built gas-tight lids, excluding all air bubbles, and incubated for 2-5 h until O₂ saturation in the
295 overlying water had fallen to ~70%. During the closed incubation, core top water was stirred
296 continuously. At the end of each respiration measurement, core top water was again sampled for the
297 parameters listed above. After respiration measurements, the overlying water in each core was
298 exchanged to avoid build-up of (toxic) metabolic products, and kept aerated by gentle bubbling with
299 air.

300 **Analytical**

301 Samples for O₂ analysis were collected in glass Winkler bottles with ground glass stoppers and
302 known volumes. Bottles were allowed to overflow copiously before MnSO₄ and KI in KOH solutions
303 were added and stoppers inserted. Samples were shaken for 30 s, and stored in at 4°C before
304 analysis within 2 days. Samples were titrated against standardised thiosulphate solution using a
305 micro-titration set-up.

306 Dissolved inorganic carbon (DIC) samples (20 ml) were stored in crimp-cap vials, and preserved with
307 HgCl₂ (20 µl of saturated solution). Vials were stored at 4°C, inverted with the caps standing in water
308 to prevent the exchange of CO₂ with the atmosphere. Samples were analysed for DIC concentration
309 and δ¹³C as detailed in Moodley et al. (2000), using a Carlo Erba MEGA 540 gas chromatograph
310 coupled to a Finnigan Delta S isotope ratio mass spectrometer, following creation of a He headspace

311 in each sample vial. Standards used were acetanilide, and the IAEA standard CH-6. Repeat analysis of
312 standard materials yielded precision of $\pm 4.4\%$ for DIC concentrations, and $\pm 0.09\text{‰}$ for $\delta^{13}\text{C}$.

313 Sediment samples from the axenic algae experiment were analysed for ^{13}C incorporation into
314 bacterial phospholipid fatty acids (PLFAs) using a modified Bligh-Dyer extraction after Middelburg et
315 al. (2000). Lipids were extracted at room temperature in a mixture of chloroform, methanol and
316 water, before being loaded onto silicic acid columns. Phospholipid fatty acids were eluted in
317 methanol and derivatised to fatty acid methyl esters (FAMES) using methanolic NaOH. The C12:0 and
318 C19:0 FAMES were used as internal standards. Samples were separated by gas chromatography
319 using a BPX70 column, combusted in a Thermo GC combustion II interface, and isotopic ratios were
320 measured using a Thermo Delta + isotope ratio mass spectrometer.

321 **Data Analysis**

322 The Total Oxygen Uptake (TOU) of the sediment was calculated from the difference in the total
323 amount of dissolved O_2 present (i.e. O_2 concentration x chamber volume) between the start and end
324 of each closed incubation, divided by the time elapsed in each measurement (Δt), and normalised to
325 the surface area of the cores (SA), i.e., $\text{TOU} = (\text{O}_2\text{end} - \text{O}_2\text{start})/\Delta t / \text{SA}$.

326 Release of ^{13}C -DIC was determined from the difference in total amount of ^{13}C in each chamber (i.e.
327 DIC concentration x chamber volume x $\text{At}\%^{13}\text{C}$ DIC) between the start and end of the incubation,
328 divided by the duration of the incubation (Δt), and normalised to the surface area (SA) of the cores,
329 i.e. $^{13}\text{C}\text{-DIC Release} = (^{13}\text{C end} - ^{13}\text{C start})/\Delta t / \text{SA}$.

330 Cumulative TOU and ^{13}C -DIC release were calculated by multiplying each of the measured rates
331 described above by the time periods between closed TOU/ ^{13}C incubations. These were then summed
332 to produce estimates of cumulative TOU and ^{13}C -DIC release over the whole experiment for each
333 treatment.

334 Uptake of ^{13}C into bacterial biomass in the 13C-AA experiment was calculated by first subtracting
335 naturally present ^{13}C based on analysis of unlabelled sediment. Presence of ^{13}C in the bacterial
336 indicators i-C14:0, i-C15:0, ai-C15:0 and i-C16:0 was then summed, and scaled up based on these
337 compounds representing 14% of total bacterial PLFAs, and PLFAs representing 5.6% of total bacterial
338 biomass (Boschker and Middelburg, 2002).

339 Statistical analysis of data was performed using Minitab 18. Differences between treatments were
340 investigated using either one-way ANOVA or KruskalWallis, depending on whether data were
341 normally distributed, determined using the Anderson-Darling normality test. For tests between of
342 respiration rate data values of n ranged from 10 to 24, and for faunal ^{13}C labelling from 5 to 17. In
343 some cases tests for difference were conducted between treatments for data from each day
344 separately, in which case n=3. We recognise that checking the distribution of such a small group of
345 data is not necessarily possible, and also that use of non-parametric tests in this situation does carry
346 a risk of not identifying patterns which are in fact present. We note that the questions of which
347 statistical tests are most appropriate, and whether statistical testing should be included at all, are
348 ones on which different statisticians and readers are unlikely to agree. We feel that the approach we
349 have taken is justifiable, but acknowledge that any approach to statistical testing which we could
350 take would be open to differences of opinion.

351 Results

352 Biomass of Fauna

353 The living macrofaunal biomass recovered from the control treatment at the end of the 13C-AA
354 experiment (4.8 ± 3.2 g wet weight per core) was far greater than that recovered from the
355 defaunated treatment (0.9 ± 1.0 g wet weight per core). This illustrates that asphyxiation removed
356 >80 % of the fauna, but still a restricted anoxia-tolerant community (Hediste, Arenicola) survived.
357 The natural biomass present (in the control treatment) was lower than anticipated, and so biomass
358 added to the restocked and fauna treatments (18-21 g wet weight per core, Table 3) was four times

359 higher than the control treatment. Very few dead organisms were seen in treatments where fauna
360 were added, with the majority recovered alive at the end of the experiment. Note that macrofauna
361 biomass data were not recorded for the 13C-MPB experiment.

362 **Total Oxygen Uptake**

363 Total Oxygen Uptake rates showed substantial variation and ranged from 9-91 mmol O₂ m⁻² d⁻¹ in the
364 13C-AA experiment, and 7-241 mmol O₂ m⁻² d⁻¹ in the 13C-MPB experiment (Fig. 1). TOU values were
365 generally higher in the 13C-MPB experiment compared to the 13C-AA experiment. Due to problems
366 with the oxygen measurement technique, data is lacking for the control and fauna treatments in the
367 13C-AA experiment during the first 2 days after feeding.

368 In the 13C-AA experiment, TOU showed a slight decrease over time in the restocked treatment, but
369 no clear temporal pattern in the other treatments (Fig. 1A). In the 13C-MPB experiment all
370 treatments displayed a similar temporal pattern, with maximal TOU values immediately after algal
371 addition, and TOU values returning to pre-feeding levels after ~6 days (Fig. 1B). Differences in TOU
372 between treatments were apparent in both experiments (Kruskal-Wallis $p < 0.001$ for both
373 experiments). In the 13C-AA experiment, TOU values were always higher in the re-stocked cores
374 compared to other treatments (Mann-Whitney pairwise comparisons $p < 0.001$). There was also a
375 significant difference between the control and defaunated treatments, while other pairs of
376 treatments were not significantly different (Mann-Whitney pairwise comparisons $p = 0.004, 0.62,$
377 and 0.012 for control vs. defaunated, control vs. fauna, and defaunated vs. fauna, respectively). In
378 the 13C-MPB experiment rates were higher in the control and re-stocked treatments than in the
379 defaunated and fauna only treatments (Kruskal-Wallis, $p < 0.001$). TOU values in the control and
380 restocked treatments (Mann-Whitney, $p = 0.130$) and in the defaunated and fauna only treatments
381 (Mann-Whitney, $p = 0.516$) were not significantly different from each other.

382 The cumulative TOU (i.e. the total O₂ consumed during each 7-day experiment) was higher in the
383 13C-MPB experiment compared to the 13C-AA experiment. Cumulative TOU showed a similar

384 pattern between treatments in both experiments (Fig. 2A) and was maximal in the restocked
385 treatment, then followed by the control, and finally the defaunated and fauna only treatments (Fig.
386 2A). Due to the high variability, significant differences between treatments could be identified for
387 the 13C-AA experiment (ANOVA, $p < 0.001$, groupings shown in Fig. 2A), but not for the 13C-MPB
388 experiment (ANOVA, $p = 0.052$).

389 ¹³C-DIC Release

390 Fresh organic matter respiration (FOMR) rates were measured as the release of ¹³C -DIC and ranged
391 between 0.04 – 1.85 mmol C m⁻²d⁻¹ in the 13C-AA experiment, and 0.01 – 4.38 mmol C m⁻²d⁻¹ in the
392 13C-MPB experiment (Fig. 3). Fresh organic matter respiration rates were substantially higher in the
393 13C-MPB experiment, but generally showed a similar time evolution in both experiments. Rates
394 were always highest immediately after feeding, and declined rapidly thereafter, reaching constant
395 levels after ~5 days (Fig. 3). Differences between treatments were most apparent during the first 2
396 days after feeding. For the 13C-AA experiment, the re-stocked and fauna treatments showed slightly
397 higher initial FOMR rates (Fig. 3A). For the 13C-MPB experiment, the defaunated treatment showed
398 higher initial rates (Fig. 3B). Due to the marked change in rates over time, significant differences in
399 rates between treatments were only apparent on individual days. Significant differences between
400 treatments were present 5 days after feeding in the 13C-AA experiment (Kruskal-Wallis $p=0.04$), and
401 1, 2 and 7 days after feeding in the 13C-MPB experiment (Kruskal-Wallis, $p=0.029$, 0.038 and 0.034,
402 respectively). However, pairwise Mann-Whitney U tests were not sufficiently powerful to show
403 which pairs of treatments were significantly different on those days.

404 The cumulative FOMR was higher in the 13C-MPB experiment by a factor ~2-8 compared to the 13C-
405 AA experiment for different treatments, and showed different patterns in the two experiments (Fig.
406 2B). In the 13C-MPB experiment cumulative FOMR was maximal in the defaunated and fauna only
407 treatments (ANOVA, $p = 0.011$, groupings shown in Fig. 2B). In the 13C-AA experiment there was no
408 significant difference in cumulative FOMR between treatments (ANOVA, $p = 0.061$).

409 **Ratio of Oxygen Consumption versus ¹³C-DIC Production**

410 For each time point the TOU/FOMR ratio was calculated. The ratio ranged from ~50-1100 for the
411 ¹³C-AA experiment and from ~19-958 for the ¹³C-MPB experiment (Fig. 4). There was a significant
412 difference in TOU:FOMR ratios between the treatments in the two experiments (¹³C-AA experiment
413 ANOVA, p=0.014; ¹³C-MPB experiment Kruskal-Wallis, p<0.001). Post-hoc testing showed that for
414 the ¹³C-AA experiment the restocked treatment had significantly higher ratios than the defaunated
415 treatment, and that the other two treatments were not significantly different from any other.
416 Further, the fauna treatment, although not being statistically significantly different, appeared most
417 similar to the defaunated treatment (Fig. 4). Similarly, in the ¹³C-MPB experiment, all treatments
418 were significantly different from each other (Mann-Whitney, p <0.001-0.002), except for the
419 defaunated and fauna treatments, which were not significantly different (Mann-Whitney, p=0.948).

420 **Bacterial Carbon Uptake**

421 Uptake of ¹³C into bacterial biomass was quantified by PLFA analysis in the ¹³C-AA experiment (Fig.
422 5) and predominantly occurred in the surface sediment (0-1 Cm), with uptake values 10-fold higher
423 than the subsurface sediment (9-10 cm). Differences were notable between treatments: ¹³C uptake
424 into bacterial biomass was not detectable in the fauna-only treatment, and ranged up to a maximum
425 of 0.052 mg C g⁻¹ of wet sediment in the defaunated treatment (Fig. 5). Bacterial ¹³C uptake appeared
426 to be maximal in the defaunated treatment (Fig. 5), but due to high variability in the control
427 treatment, the observed differences between the control, defaunated and restocked treatments
428 were not statistically significant.

429 **Faunal Carbon Uptake**

430 Uptake of ¹³C into macrofaunal biomass was quantified in both the ¹³C-AA and ¹³C-MPB
431 experiments and varied between the two experiments (Fig. 6). All taxa showed uptake of labelled

432 fresh organic matter in both experiments, providing $\delta^{13}\text{C}$ values up to 786 ‰ in the 13C-AA
433 experiment and up to 286 ‰ in the 13C-MPB experiment (Fig. 6).

434 It should be noted that the C dose used in the two experiments varied (395 ± 11 and 2300 mg C m^{-2}
435 for the 13C-AA and 13C-MPB experiments, respectively), and therefore direct comparison of faunal C
436 uptake or labelling intensity between experiments is not possible. However, comparisons can be
437 made regarding relative labelling levels of different taxa within each experiment, and these showed
438 significant differences in labelling between taxa (Kruskal-Wallis, $p < 0.001$ for the 13C-AA experiment
439 and ANOVA, $p < 0.001$ for the 13C-MPB experiment). *Hydrobia ulvae* and *Hediste diversicolor*
440 showed the highest labelling in both experiments, consistent with their high motility and surface
441 deposit feeding habits. In contrast, the sessile and deep-living taxa *Arenicola marina*, *Cerastoderma*
442 *edule* and *Macoma balthica* showed a lower labelling intensity (Fig. 6). Data for *Heteromastus*
443 *filiformis* illustrated how variable the feeding can be within a single macrofaunal taxon, with low
444 labelling in the 13C-AA experiment, and high labelling in the 13C-MPB experiment. This may be due
445 to a feeding preference by *Heteromastus filiformis*, or could be a result of differences between the
446 experiments in terms of C dose or other site-specific factors.

447 For the 13C-AA experiment, the wet weight of the macrofauna were measured, allowing
448 quantification of total added C uptake by the macrofauna. *Hydrobia ulvae* was excluded from this
449 calculation due to uncertainties in wet weight data. Macrofaunal C uptake ranged from 15.9 mg C m^{-2}
450 2 in the defaunated treatment up to 61.5 mg C m^{-2} in the restocked treatment (Fig. 6C). Macrofaunal
451 uptake was generally higher in the restocked treatment than in other treatments, however
452 variability in faunal biomass meant the differences were not statistically significant (Kruskal-Wallis, p
453 $= 0.192$). Further, when total C uptake data from the 13C-AA experiment were pooled by taxon,
454 there was a significant difference in uptake accounted for by different taxa (Kruskal-Wallis, $p=0.044$),
455 with *Arenicola marina* and *Hediste diversicolor* each showing significantly more C uptake than
456 *Heteromastus filiformis*, and *Macoma balthica* (Mann-Whitney, $P = 0.027 - 0.030$, Fig. 6D).

457 The Fate of Added ¹³C

458 In the ¹³C-AA experiment sufficient ¹³C pools were quantified to allow a carbon budget to be
459 calculated (with *Hydrobia* excluded from macrofaunal uptake, as mentioned above). In the control
460 and defaunated treatments a mean of 17.5 ± 5.5 % of the added ¹³C was recovered from biologically
461 processed pools (fauna, bacterial biomass and respiration). The restocked treatment showed the
462 highest percentage of biologically processed ¹³C (24.2 %), with particularly high uptake into
463 macrofauna (Fig. 8). We presume that the ¹³C that could not be accounted for remained
464 predominantly in the sediment, although a portion will have been converted to DOC. Data are not
465 available to confirm this.

466 Discussion

467 In this section we first discuss findings related to respiration and remineralisation of organic matter
468 and the inverted microbial loop, before taking a broader look at the fate of added organic carbon in
469 our experiments and conclusions that can be drawn about resource partitioning and functional
470 redundancy. Finally we consider wider implications of the work.

471 Respiration

472 **Total Oxygen Uptake and The Inverted Microbial Loop**

473 The 'inverted microbial loop' hypothesis, originally proposed by Middelburg (2018), suggests that
474 macrofaunal activity stimulates the microbial community by mixing freshly deposited, bioavailable
475 organic carbon in deeper sediment horizons, thus increasing its availability to microbes for their
476 respiratory metabolism. Therefore, the master response variable in the inverted microbial loop
477 concept is the respiration of organic matter, measured in our experiments as TOU. Total oxygen
478 uptake reflects the respiration of the total sedimentary organic carbon pool, which in our
479 experiments included both the slow-decaying ambient organic matter, as well as the fast-decaying
480 fresh organic detritus that was added and carried the ¹³C label.

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481 Interactions between components of the benthic community are indicated by differences between
482 the TOU rates measured in the restocked treatment (macrofauna plus microbes), and the sum of
483 those in the defaunated (microbes only) and the fauna (macrofauna only) treatments. Our results
484 indicate a positive interaction, as the sum of TOU in the defaunated and fauna only treatments
485 tended to be less than the TOU of the restocked treatment. This was the case for all days except day
486 1 in the 13C-MPB experiment, and for the cumulative TOU in the 13C-AA experiment (Fig. 7). In
487 ~~summary these cases, at the majority of timepoints,~~ the co-presence of macrofauna alongside the
488 microbial community enhanced the TOU, ~~supporting the occurrence thus suggesting an effect~~ of the
489 inverted microbial loop in respiration of total sedimentary organic matter.

490 Furthermore, the cumulative TOU (cTOU) during each experiment was maximal in the control and
491 restocked treatments, where macrofaunal and microbial communities were present together (Fig.
492 2). In the 13C-AA experiment the cTOU in the restocked treatment was approximately 2-fold higher
493 than that in the fauna and defaunated treatments, and for the 13C-MPB experiment both the
494 restocked and control treatments were ~2-fold higher than the fauna or defaunated treatments (Fig.
495 2). ~~In summary, for the majority of our timepoints, the observed O₂ consumption rates, which reflect~~
496 ~~degradation of total sedimentary organic matter~~ Thus the cTOU results also supported the
497 occurrence of the inverted microbial loop stimulating total respiration.

498 The mechanisms behind the inverted microbial loop are relatively well documented. Macrofauna
499 stimulate microbial activity by enhancing the supply of O₂ via bioirrigation (Aller and Aller, 1998), as
500 well as through the niche structuring and resource partitioning that result from redistribution of
501 organic matter to deeper sediment layers resulting from particle biomixing, thus increasing the
502 availability of organic matter to microbes (Schwinghamer et al., 1983; Van Nugteren et al., 2009 a).

503 There is also likely to be a role for priming, whereby the microbial community is activated by
504 addition of a small amount of relatively bioavailable organic C, allowing remineralisation of more of
505 the ambient, less bioavailable organic C than would otherwise have occurred (Bianchi, 2011; Van

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506 Nugteren et al., 2009 b; Hannides and Aller, 2016). Further experiments ~~designed to that can~~
507 distinguish between these mechanisms would be informative.

508 **Contrasting Ambient and Fresh Organic C Remineralisation**

509 In our experiments TOU reflects remineralisation of all organic C present, including ambient
510 sedimentary organic C, while FOMR reflects remineralisation of only the added, fresh organic C. Thus
511 a comparison of TOU and FOMR rates can inform on the factors controlling remineralisation of
512 different pools of organic C. Ratios of TOU/FOMR (19-1100, Fig. 4) were very high compared to the
513 value of ~1.3 for mineralisation of Redfield Ratio organic matter, and compared to the values of 0.8-
514 2.0 reported by Alongi et al. (2011) in core incubation experiments. This ~~indicates~~suggests that the
515 majority of the O₂ consumption we observed was associated with remineralisation of pre-existing,
516 ambient sedimentary organic C, rather than the ¹³C which was added as fresh algal detritus or MPB.

517 The TOU:FOMR ratios were higher in the restocked treatment than in the other treatments for both
518 experiments (Fig. 4). This suggests that stimulation of ambient C remineralisation occurred by the
519 inverted microbial loop when macrofauna and microbes are both present, but stimulation of
520 mineralisation of fresh organic C did not occur to the same extent. As summarised in a conceptual
521 model in Figure 9, we suggest that there is a marked difference in operation of the inverted
522 microbial loop (Middelburg, 2018) between remineralisation of different fractions of organic matter.
523 We suggest that the inverted microbial loop works to stimulate the degradation of total sediment
524 organic matter, but does not operate on the degradation of newly deposited, fresh organic matter.

525 This is consistent with the concept of and mechanisms proposed for priming (which is closely related
526 to the inverted microbial loop), whereby introduction of fresh organic matter stimulates microbial
527 activity such that microbial remineralisation is enabled for more refractory ambient organic matter,
528 such as through increased concentrations of extracellular enzymes (Bianchi, 2011).

529 It is notable that the conceptual understanding that sedimentary organic matter consists of different
530 'fractions' with different reactivities is well established, and is incorporated into organic carbon
531 degradation models (Arndt, 2013). However, because those fractions are difficult or impossible to
532 identify and separate analytically or physically it is relatively unusual to find direct experimental
533 evidence that distinguishes how different fractions behave.

534 **Partitioning Respiration**

535 Our experiments provide a rare empirical quantified partitioning of sediment respiration between
536 different components of the sediment biological community. Fauna-only respiration (measured as
537 TOU and FOMR) was similar to the respiration measured in the defaunated treatment, which
538 represented only the microbial and meiofaunal communities (Figs. 1 and 3). This implies that,
539 independently, these two compartments of the benthic community make approximately equal
540 contributions to total sediment respiration. This contrasts with some previous studies which found
541 findings that bacteria dominate sediment respiration (Hubas et al., 2006), production
542 (Schwinghamer et al., 1986), and organic matter degradation (Lillebo et al., 1999). Herman et al.
543 (1999) estimated that macrofauna contributed 15-20% of SCOC. In contrast, on the macrofauna rich
544 Goban Spur, Heip et al. (2001) calculated that macrofauna accounted for a greater proportion of
545 community respiration than bacteria.

546 Thus our finding that microbial and faunal respiration are of comparable magnitude is the results of
547 this study are relatively unusual but not unprecedented. In combination with the literature cited it
548 suggests that the relative importance of faunal and bacterial respiration varies spatially. In some
549 settings, such as shallower (i.e. coastal, shelf, and some continental margin) sediments where
550 macrofaunal biomass tends to be high (Wei et al., 2010; Stratmann et al., 2019), faunal respiration
551 can be quantitatively important. On the basis of previous isotope tracing experiment results
552 Middelburg (2018) pointed out that fauna cannot be assumed to merely move organic particles
553 around without contributing to carbon processing, and argued that ,and support a recent

554 suggestion that direct C ~~respiration~~metabolism by fauna should now be included in diagenetic
555 models. Our finding on the partitioning of sediment respiration supports that suggestion.
556 (Middelburg, 2019). This is especially the case for shallower (i.e. coastal, shelf, and some continental
557 margin) sediments where biomass tends to be high (Wei et al., 2010; Stratmann et al., 2019).

558 **Biological Processing**The Fate of Fresh Organic C

559 In the 13C-AA experiment sufficient ¹³C pools were quantified to allow a carbon budget to be
560 calculated (with *Hydrobia* excluded from macrofaunal uptake, as mentioned above). In the control
561 and defaunated treatments a mean of 17.5 ± 5.5% of the added ¹³C was recovered from biologically
562 processed pools (fauna, bacterial biomass and respiration). The restocked treatment showed the
563 highest percentage (24.2%), with particularly high uptake into macrofauna (Fig. 8). The ¹³C that
564 could not be accounted for presumably remained in the sediment, although data are not available to
565 confirm this. It is notable that the uptake of ¹³C into both macrofaunal and bacterial biomass were
566 always higher than ¹³C respiration (Fig. 8). This is a surprising result, which is not obtained in
567 previous isotope tracing experiments from estuarine settings (Woulds et al., 2009; 2016). Previous
568 studies have shown that intertidal and estuarine sites have relatively high biomass as well as active
569 microbial and macrofaunal communities, but it has not previously been observed that assimilation
570 into macrofaunal and microbial biomass would exceed respiration to this extent. The observation of
571 assimilation of ¹³C exceeding respiration of ¹³C suggests that carbon from fresh detritus may be more
572 likely to be incorporated into biomass, while older ambient organic C tends to be routed to
573 respiration.

574 **Competition and Functional Redundancy**

575 In both the 13C-AA and 13C-MPB experiments the fauna and defaunated treatments showed similar
576 FOMR rates, measured as production of ¹³C-DIC (Figs. 2B, 3). Rates in the restocked treatment were
577 never as high as the sum of the rates when either only fauna or only microbes were present, despite
578 the majority of added C remaining in the sediment.

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579 This suggests that ~~the~~ access to the fresh organic matter may have been the limiting factor on FOMR
580 rates, with the macrofaunal and microbial plus meiofaunal components of the benthic community
581 competing for the resource that they could reach (notably, the same amount of fresh ¹³C was added
582 in each treatment, irrespective of the community biomass present). The fact that a considerable
583 amount of the added C remained in the sediment also indicates that it consisted of different
584 fractions with different bioavailability. In line with competition for the fresh organic C, the uptake of
585 added ¹³C into bacterial biomass (Fig. 5) was greatest in the defaunated treatment, while in the
586 control and re-stocked treatments bacterial uptake was suppressed by competition with macrofauna.

587 The suggestion of competition for fresh organic matter is consistent with previous studies which
588 have found that the availability of organic matter exerts a control on benthic respiration rates
589 (Provoost et al., 2013), and that, more generally, the functioning of intertidal ecosystems tends to be
590 food limited (Edgar, 1993). Other studies have also suggested that in marine benthic communities,
591 the macrofaunal and bacterial components may compete for detrital organic matter. In two deep
592 sea settings, reduced bacterial production in the presence of macrofauna has been attributed to
593 competition for organic matter and resource partitioning (Hunter et al., 2012; 2013). Macrofauna
594 are more able than microbes to locate and exploit concentrated food deposits on the sediment
595 surface (Van Nugteren et al., 2009 a). ~~Macrofauna, and~~ are also thought to interact with meiofauna
596 regarding organic matter availability, although it is not clear whether this includes competition
597 (Schwinghamer et al., 1983), or enhances its availability to meiofauna through redistribution
598 (Braeckman et al., 2011). Overall, the competition for resources between organisms of different
599 kingdoms is poorly studied in marine sediments, despite the suggestion that microbes versus
600 eukaryotes may represent the most prevalent form of competition on Earth (Hochberg and Lawton,
601 1990).

602 The differences in FOMR rates between treatments may also be discussed in terms of functional
603 redundancy within the benthic community, such that fresh organic matter is ~~re~~mineralised at
604 approximately the same rate, irrespective of the identity and (to some extent) biomass of the

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605 organisms present. The 'redundancy' hypothesis for ecosystem functioning (Walker, 1992) states
606 that an ecosystem function will be delivered by the pool of species in an ecosystem, such that if one
607 species is removed, the function will be taken over by other species. In the case of our experiments
608 this redundancy could be related to a release from competition when some organisms are not
609 present. Functional redundancy stands in contrast to the 'rivet' hypothesis (Ehrlich and Ehrlich,
610 1991), in which every species in an ecosystem supplies a unique function, such that the removal of
611 any one species leads to a loss of function. Evidence for redundancy within marine benthic
612 communities has been found previously. For example, in a cockle removal study (Cesar and Frid,
613 2009), ecosystem function as measured by sediment surface chlorophyll-a and organic matter
614 concentrations remained unchanged, despite a shift in the biological traits of the macrofaunal
615 community. Also, following defaunation of an intertidal site, the carbon flows from
616 microphytobenthos and bacteria into macrofauna recovered months before the full macrofaunal
617 diversity had re-established (Rossi et al., 2009). On an intertidal mudflat, manipulations of species
618 richness were found not to impact any ecosystem functions apart from sediment oxygen
619 consumption (Bolam et al., 2002). This latter effect was thought to be because one species, when
620 present, appeared to have a disproportionately large role in sediment oxygen consumption, and so
621 could be termed a keystone species. Clarke and Warwick (1998) analysed macrofaunal communities
622 from two coastal sites and determined that they contained up to 4 sub-sets of species, each of which
623 alone could deliver the same function as the whole community.

624 The studies detailed above consider functional redundancy only within macrofaunal communities,
625 and functional redundancy has also been observed within microbial communities (Franklin and Mills,
626 2006). However, the redundancy suggested by our experiments is between macrofauna and
627 microbes for fresh organic matter remineralisation. As with competition, redundancy between
628 kingdoms is rarely considered. One macrofauna removal study found that defaunated patches
629 showed reduced ammonium flux and reduced gross primary production (Lohrer et al., 2010),
630 indicating lack of functional redundancy between kingdoms. Other studies which consider the

631 recovery of whole benthic community function after disturbance have found that microbial
632 communities recover very rapidly (over 1-2 days, reliant only on redox conditions being re-
633 established), limiting the time available to study and are possibly only reliant on the resumption of
634 normal redox conditions. Thus the opportunity to examine their role in functional redundancy during
635 ecosystem recovery has perhaps been limited (Rossi et al., 2009; Larson and Sundback, 2012). It
636 seems likely that redundancy between microbial and macrofaunal communities, as observed here
637 for fresh organic matter respiration, will operate for some functions to a greater extent than for
638 others. This warrants further study, as it will support predictions of how overall ecosystem functions
639 could change in the future under various anthropogenic pressures.

640 **Utilisation of Fresh and Ambient Organic Matter**

641 Comparison of ¹³C respiration and uptake into biomass in the 13C-AA experiment suggests different
642 biological use of and pathways followed by fresh and total sedimentary organic matter. It is notable
643 that the uptake of ¹³C into both macrofaunal and bacterial biomass were always higher than ¹³C
644 respiration (Fig. 8). This observation has not been made in previous isotope tracing experiments
645 (Woulds et al., 2009; 2016), which have usually shown respiration to be the dominant fate of
646 biologically processed ¹³C, even in relatively shallow, near shore and high faunal biomass settings.
647 The observation of assimilation of ¹³C exceeding respiration of ¹³C suggests that carbon from fresh
648 detritus may be more likely to be incorporated into biomass, while older ambient organic C tends to
649 be routed to respiration.

650

651 **Conclusions and Wider Implications**

652 This study provides experimental evidence for the importance of interactions between different
653 fractions of benthic communities and the importance of macrofaunal activities in sedimentary
654 carbon cycling. Our specific findings are that:

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- 655 • The inverted microbial loop, in which macrofaunal processes stimulate microbial activity
656 including through priming, was demonstrated to influence the remineralisation of total
657 sediment organic matter (including less reactive organic matter), as revealed by O₂
658 consumption rates.
- 659 • Macrofauna and the microbial community appeared to compete for the added, fresh organic
660 matter, and this was a limiting resource when both communities were present together.
- 661 — Partitioning of total respiration between fractions of the benthic community showed that
662 the direct contribution by macrofauna can be of a similar magnitude than that of the
663 microbial community.

664 ▲

665 The role of macrofauna elucidated here will need to be considered in decision making about use of
666 shelf seafloors, which are disturbed by activities including cable trenching, wind farm installation and
667 trawling (Sala et al., 2021; Heinatz et al., 2023), and which could increasingly be managed through
668 marine protected areas. Decision making and management of all such activities will need to consider
669 likely changes in benthic faunal communities, and knock on effects on the fate of organic carbon in
670 the sediment. More explicit consideration of impacts on and changes in faunal processes would be
671 facilitated by their inclusion in Earth System models to a greater extent than is currently the case.

672 The results presented here also enhance our understanding of the processes involved in respiration
673 and release of organic carbon from the seafloor. This is timely, given the growing awareness
674 amongst policy makers that so called ‘blue carbon’ stores in sub-tidal marine sediments are
675 substantial (Kroeger et al., 2018). Potential trade offs must be considered in management decision
676 making in order for blue carbon stores to be maintained and potentially enhanced, to maximise their
677 contribution to climate change mitigation and moves towards net zero.

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678 Finally, while this study focuses on estuarine sediment, and so is most applicable to shallow sub-tidal
679 and shelf settings, it shows that faunal-microbial interactions require further investigation in a wide
680 range of benthic environments from the intertidal to the deep sea.

681 **Conclusions**

682 ~~The experiments reported here provide a direct examination of the inverted microbial loop concept~~
683 ~~for marine sediments as proposed by Middelburg (2018). Our specific findings are that:~~

- 684 ~~• The inverted microbial loop, in which macrofaunal processes stimulate microbial activity,~~
685 ~~was demonstrated to influence the remineralisation of total sediment organic matter, as~~
686 ~~revealed by O₂ consumption rates.~~
- 687 ~~• Macrofauna and the microbial community appeared to compete for the added, fresh organic~~
688 ~~matter, and this was a limiting resource when both communities were present together.~~
- 689 ~~• Partitioning of total respiration between fractions of the benthic community showed that~~
690 ~~the direct contribution by macrofauna can be of a similar magnitude than that of the~~
691 ~~microbial community.~~

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Experiment	Axenic Algae (13C-AA)	Natural Microphytobenthos (13C-MPB)
Site Latitude/Longitude	51.553963°N, 3.874659°E	51.471944°N, 4.063889°E
Date (sample collection and incubation experiment)	June 2010	June 2011
Core inner diameter [cm]	19.4	14.3
Temperature [°C]	19	17
Added C dose [mg C m ⁻²]	395 ± 11	1730 ± 204

Commented [di1]: In your reply to William you state that chambers were 149 cm i.d. That's not consistent and need to be corrected.

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863 Table 1. Details of sampling sites and experimental conditions.

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Species	Axenic Algae (13C-AA) (g wet weight m ⁻²)	Microphytobenthos (13C-MPB) (g wet weight m ⁻²)
<i>Arenicola marina</i>	263.9 ± 27.1	274.0 ± 37.4
<i>Hediste diversicolor</i>	44.0 ± 3.4	62.3 ± 24.9
<i>Cerastoderma edule</i>	358.6 ± 54.1	386.1 ± 49.8
<i>Heteromastus filiformis</i>	10.2 ± 3.0	12.5 ± 5.6
<i>Hydrobia ulvae</i>	152.3 ± 3.4	143.2 ± 5.0
Total biomass	828.9 ± 91.4	878.0 ± 124.5

868

869 Table 2. Biomass of macrofaunal taxa added (g wet weight m⁻²) in the 'restocked' and 'fauna only'
870 treatments. Note that the same biomass values was aimed for in the two treatments, so means and
871 standard deviations are reported across both treatments.

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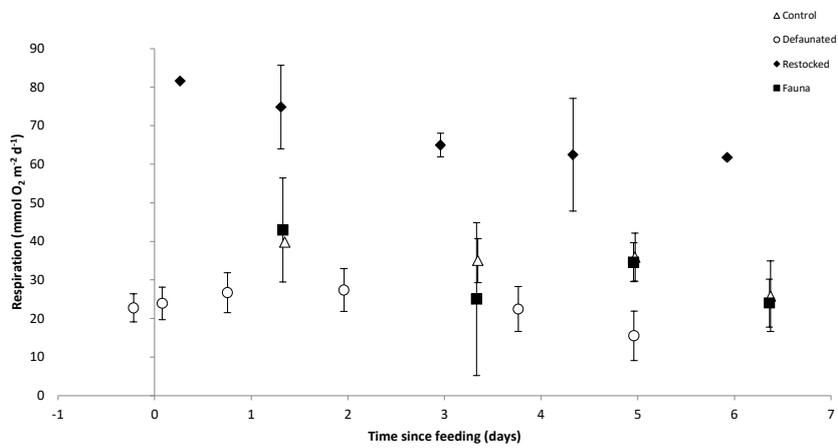
Experiment	Treatment	Recovered Biomass (g wet weight per core)	Percentage Recovery
13C-AA	Control	4.8 ± 3.2	N/A
	Defaunated	0.9 ± 1.0	N/A
	Restocked	21.1 ± 1.4	86 ± 6 %
	Fauna	17.8 ± 5.4	73 ± 22 %

873

874 Table 3. Biomass of macrofauna recovered from cores at the end of the 13C-AA experiment. Values
875 are means ± standard deviation for n = 3 replicates. Data not available for the 13C-MPB experiment.

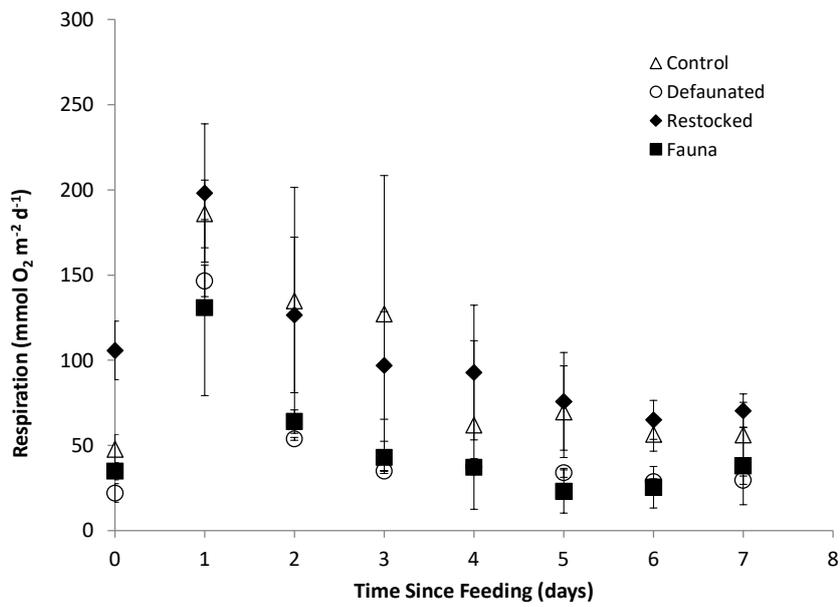
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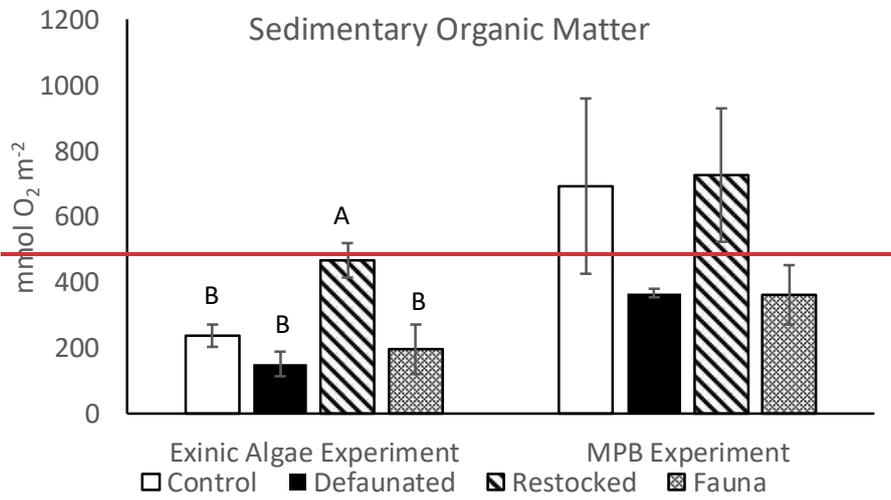


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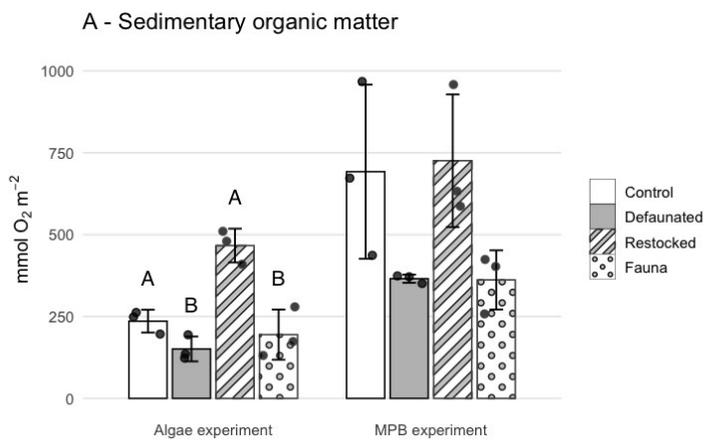
881 B

882 Figure 1. Respiration rates, determined as the Total Oxygen Uptake (TOU) of the sediment, in A) the
883 axenic algae (13C-AA) experiment and B) the microphytobenthos (13C-MPB) experiment.

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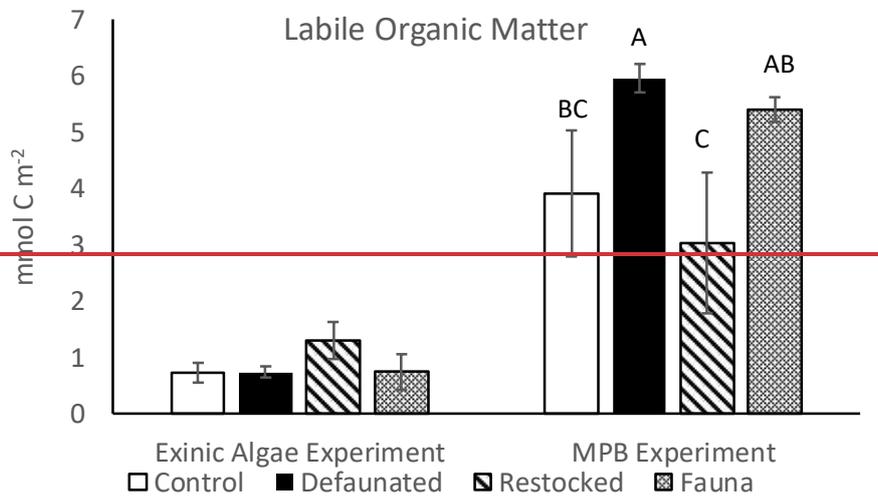


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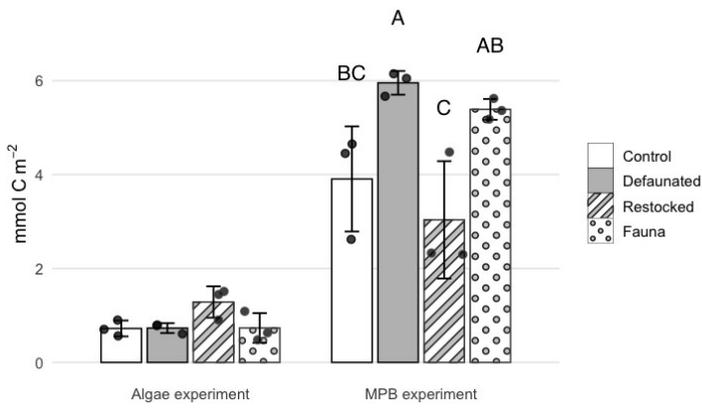
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B - Labile organic matter



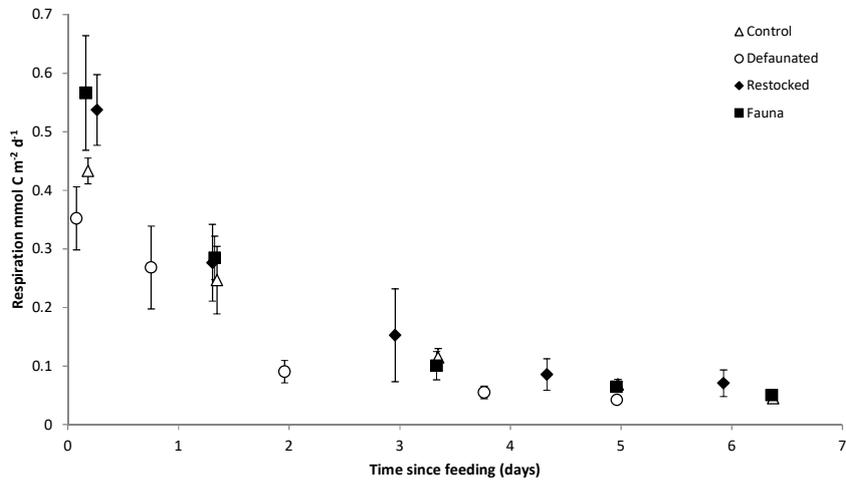
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891 Figure 2. Cumulative respiration over the whole of each experiment of A) total sedimentary organic
 892 matter, measured as Total Oxygen Uptake, and B) of added, fresh organic matter, measured as ¹³C-
 893 DIC release. Error bars are ± 1 standard deviation. Letters indicate significantly different treatments
 894 as shown by ANOVA.

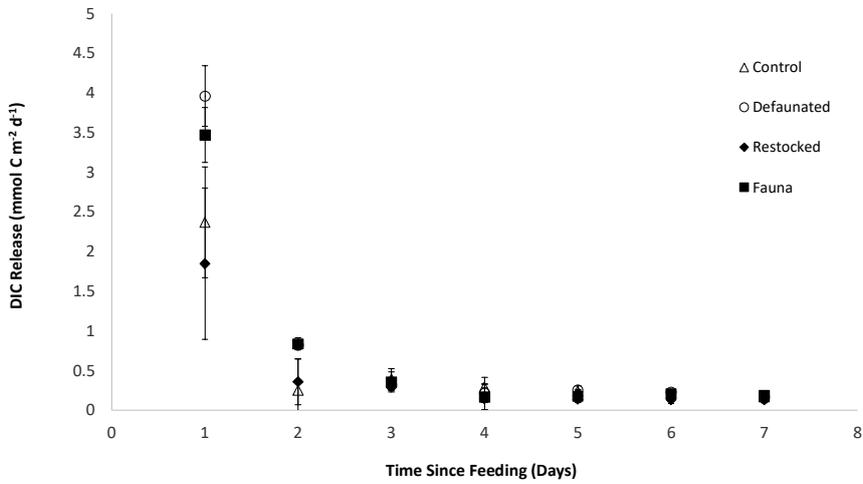
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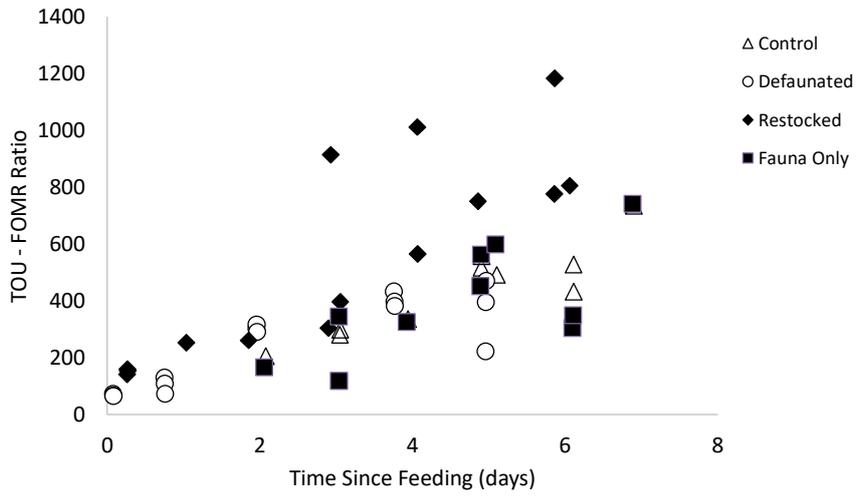
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902 Figure 3. Fresh Organic Matter Respiration calculated from ^{13}C -DIC release for A) the 13C-AA
903 experiment, and B) the 13C-MPB experiment

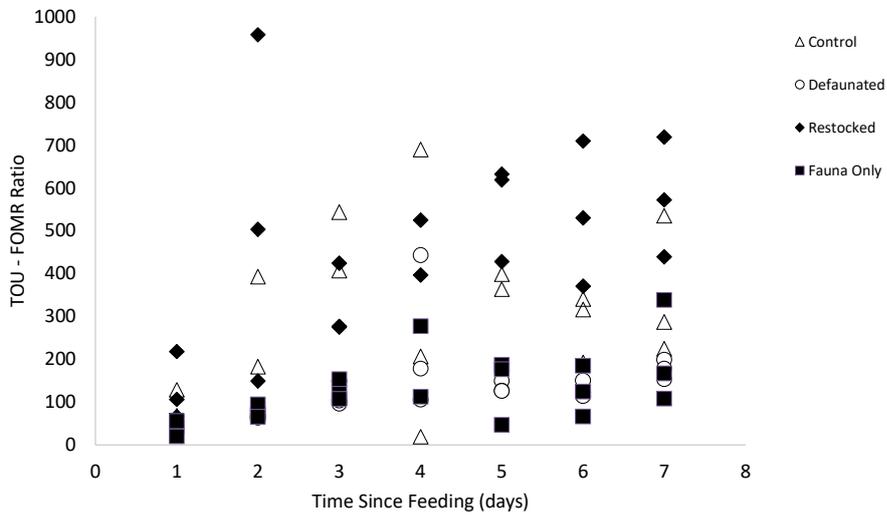
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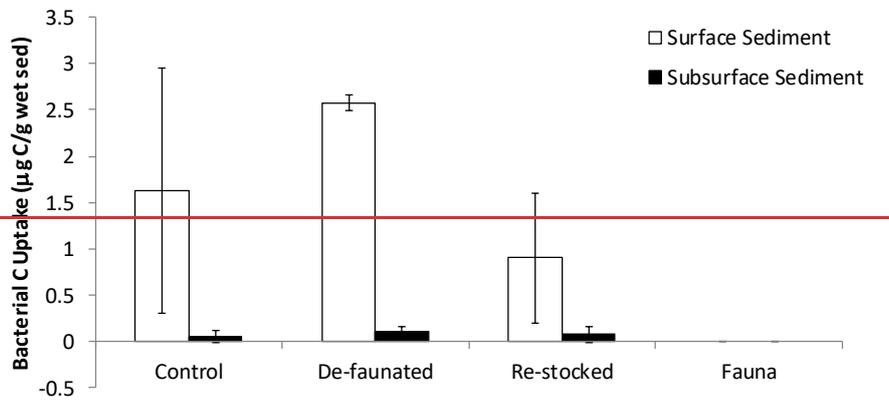
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910 Figure 4. The ratio between sediment O₂ uptake (TOU) and ¹³C-DIC release (FOMR) over time in A)
911 the 13C-AA experiment and B) the 13C-MPB experiment. Measurements from individual replicates
912 are plotted as separate points.

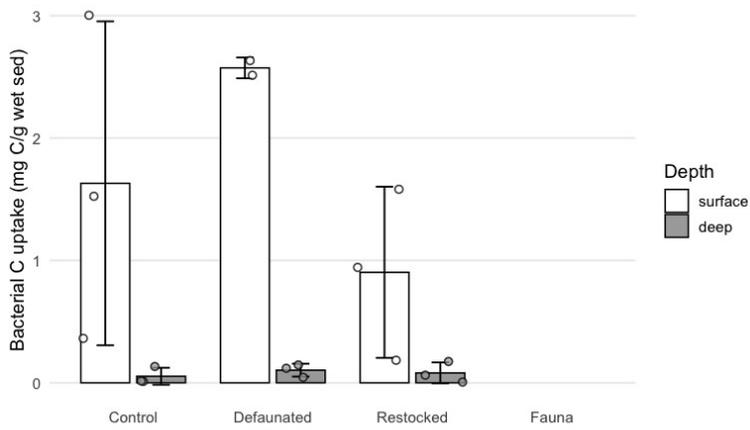
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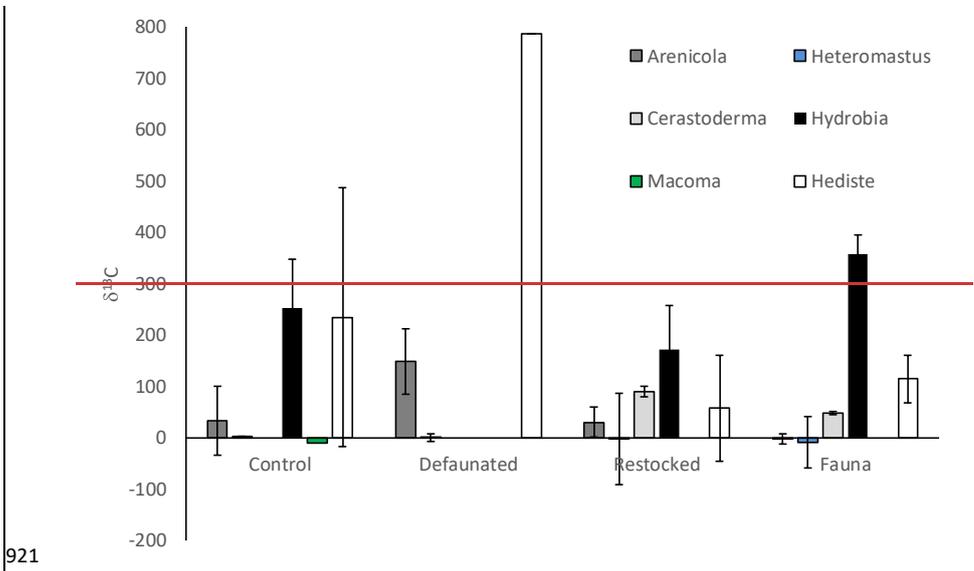
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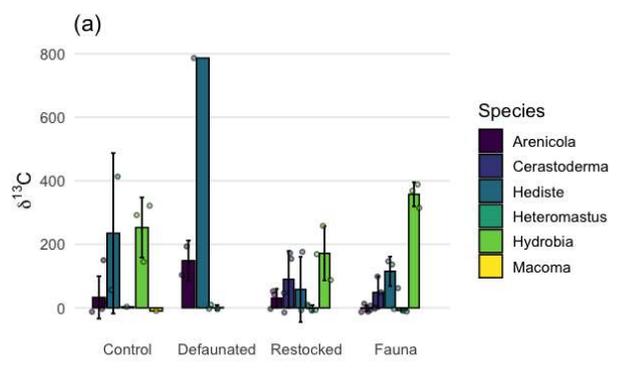
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918 Figure 5. Bacterial ¹³C -uptake in surface and deep sediments in the axenic algae experiment. ¹³C
 919 labelled PLFAs were not detectable in samples from the fauna treatment.

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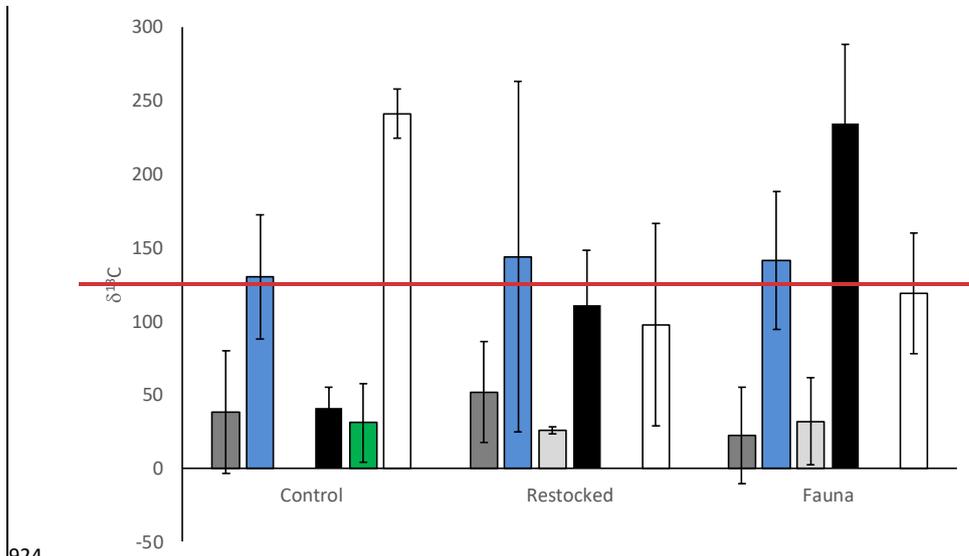


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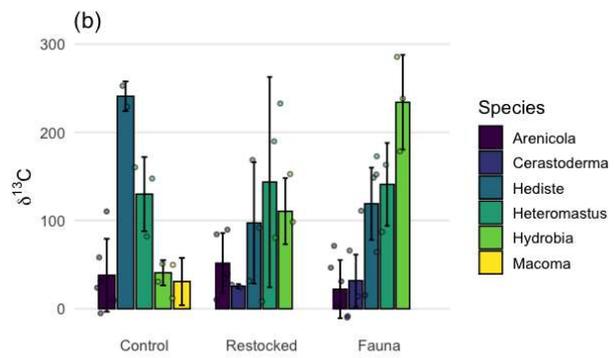


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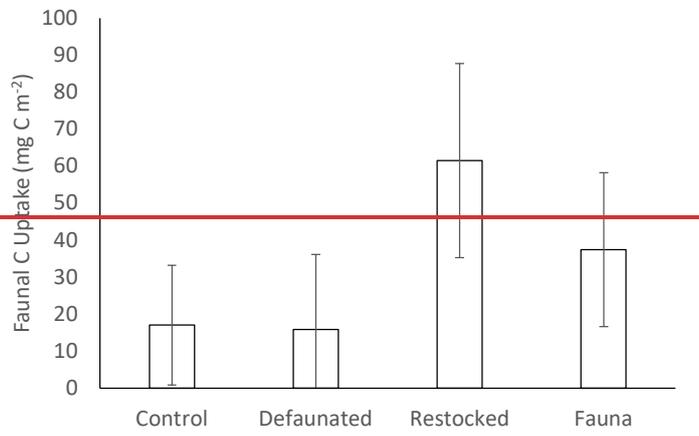


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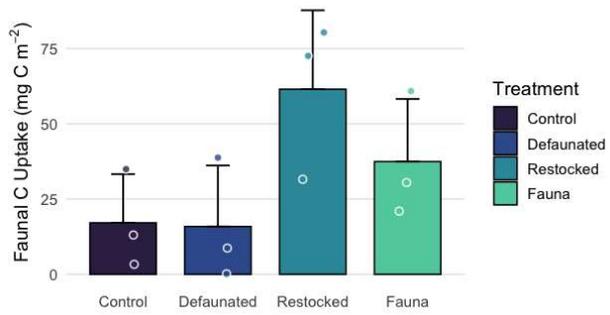


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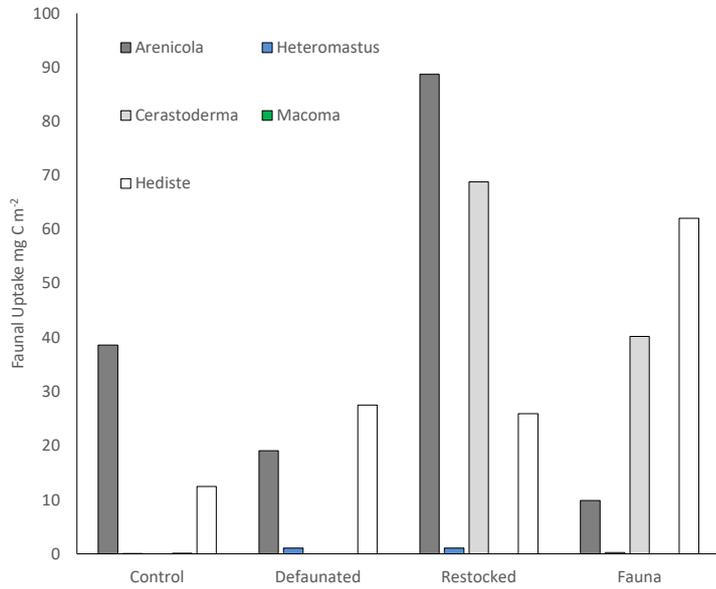


(c)



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931 **D**

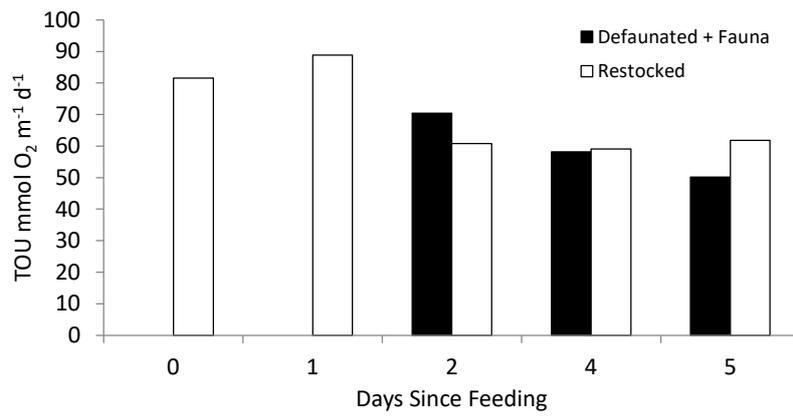
932 Figure 6. Mean ¹³C isotopic signatures of macrofaunal taxa recovered from each treatment in A) the
 933 ¹³C-AA experiment, and B) the ¹³C-MPB experiment. The magnitude of faunal ¹³C uptake in the ¹³C-
 934 AA experiment as C) total faunal uptake, and D) by taxon. Data for Hydrobia were excluded from
 935 panels C and D due to uncertainties regarding biomass. Bars represent mean ± 1 standard deviation

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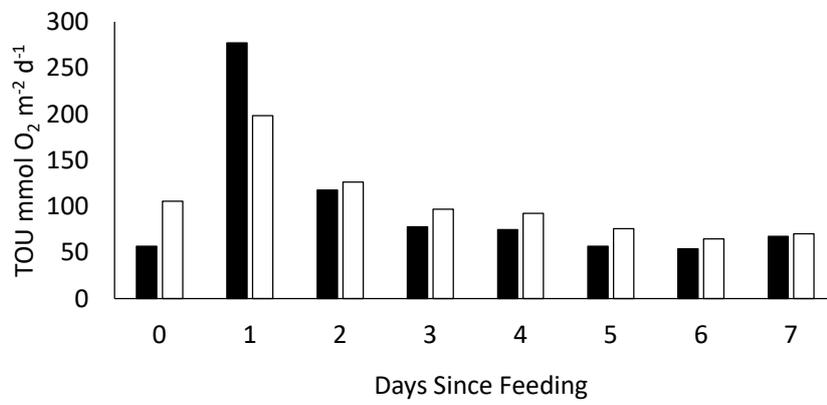
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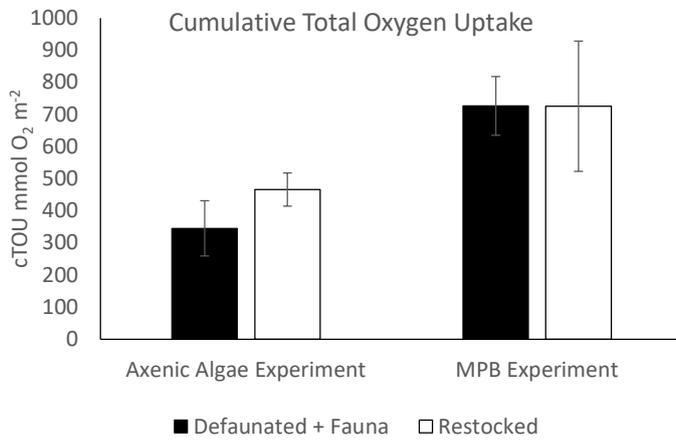
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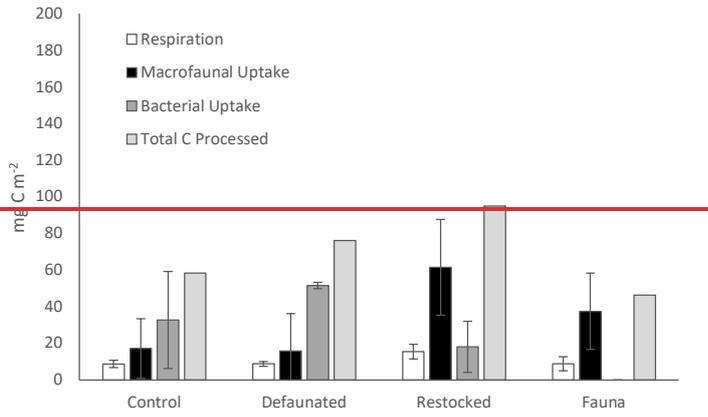
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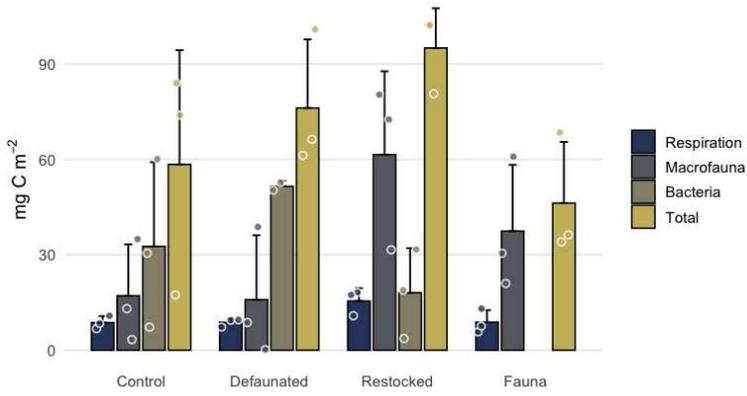
946 Figure 7. Comparison between the sum of de-faunated and fauna rates and re-stocked TOU rates for
 947 the A) 13C-AA and B) 13C-MPB experiments, and C for cumulative TOU (cTOU).

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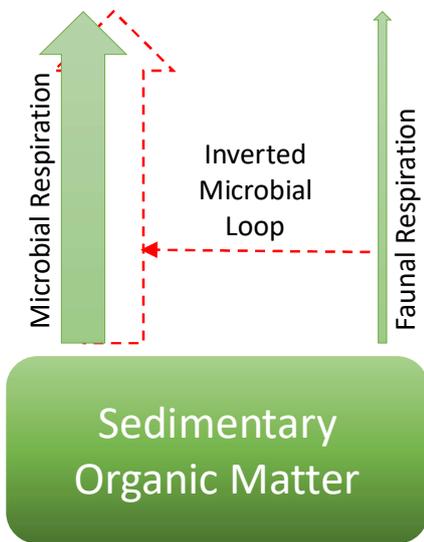


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952 Figure 8. The distribution of added ¹³C labelled OC between different biologically processed pools in
953 the axenic algae experiment. Note that Hydrobia are not included in macrofaunal uptake due to
954 biomass uncertainties.

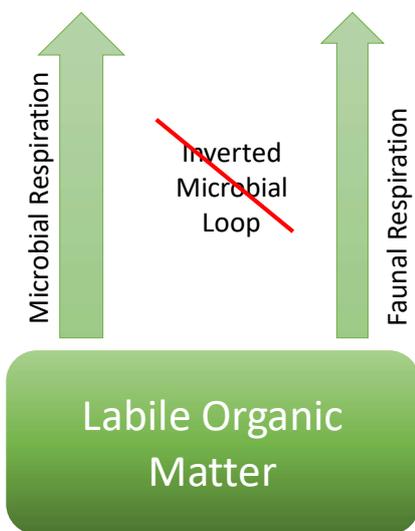
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956



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958 A



959

960 B

961 Figure 9. Conceptual model for the operation of the inverted microbial loop for a) relatively
 962 refractory sedimentary organic matter, and b) fresh, labile organic matter, after Middelburg (2018)

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