

Supplementary Material

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S1 Model Evaluation

Tracer evaluations were conducted using publicly available datasets of salinity as absolute salinity (S_A), temperature as conservative temperature (θ), DO, NO_3 , NH_4 , TA, and DIC from CTD and bottle measurements (Department of Fisheries and Oceans Canada, 2024a, b, c; Jiang et al., 2021; Miller et al., 2013; Risien et al., 2022), these datasets are summarized in table 2 but the data used in evaluations was kept on hourly timescales to match the model resolution. It should be noted that not all datasets within table 2 were used in the evaluations (e.g. GEOTRACES data) due limited overlap with the LiveOcean domain; however, the greatest loss in observations compared to those shown in figure 1 is due to the ten year time-period of analysis. With the exception of NH_4 , model tracers generally matched observations well, achieving WSSs ≥ 0.90 over the domain. The low WSSs of NH_4 led to its exclusion from particle tracking simulations. The bias (RMSE) of the remaining tracers were: salinity $-0.3 (0.6) \text{ g kg}^{-1}$, temperature $1.0 (0.7)^\circ \text{C}$, DO $-5.2 (31.3) \text{ mmol m}^{-3}$, NO_3 $12.2 (7.2) \text{ mmol m}^{-3}$, TA $87.9 (46.7) \text{ mmol m}^{-3}$, and DIC $145.6 (87.1) \text{ mmol m}^{-3}$.

To assess the spatial variability in model accuracy relevant to the water mass divisions in this study, observations were divided into six regions (table 1): offshore surface, offshore deep, north, south, and CUC (Fig. S1), with the “domain” region added to encompass the area within Ariane boundaries (Fig. 1). While evaluations of LiveOcean’s performance in the Salish Sea are beyond the scope of this paper, extensive evaluations are available in MacCready et al. (2021) and Xiong et al. (2024).

It was expected that model variability would be equal to or smaller than observed variability (normalized standard deviation < 1), and this was largely true, except for TA and DIC in the northern region, which exhibit normalized standard deviations > 1.4 (Fig. S1). This anomaly may result from the limited number of observations ($n = 9$) available for comparison. Correlations between model variables and observations are relatively strong (> 0.6) across all regions. Deep waters (offshore deep and CUC) consistently have the highest correlation with observations, whereas lower correlations were observed for DO in offshore surface waters and for TA in the domain and offshore surface waters.

Biases vary significantly by regions and tracers. Deep waters (offshore deep and CUC) generally have lower biases compared to shallow waters (offshore surface, south, north). In the case of θ , S_A , DIC, and TA the maximum regional bias is small, a factor of 0.02 (0.03), 0.006 (0.09), 0.02 (0.3), and 0.01 (0.2) of the mean (standard deviation), respectively. There is a more significant difference in DO and NO_3 , with maximum biases up to a factor of 0.1 (0.1), and 0.2 (0.4) of the tracer mean (standard deviation), respectively. The majority of regions underestimate DO content, a known LiveOcean bias (MacCready et al., 2021), with offshore surface and south water having the largest negative biases at -11 mmol m^{-3} compared to the $0\text{--}380 \text{ mmol m}^{-3}$ range in these regions. Unlike the other regions, DO is overestimated in the north (again by 11 mmol m^{-3}). All regions overestimate NO_3 (by at least 2 mmol m^{-3}), by up to 5.1 mmol m^{-3} in the offshore surface and south waters, a potentially significant amount of the $0\text{--}39 \text{ mmol m}^{-3}$ range in these regions.

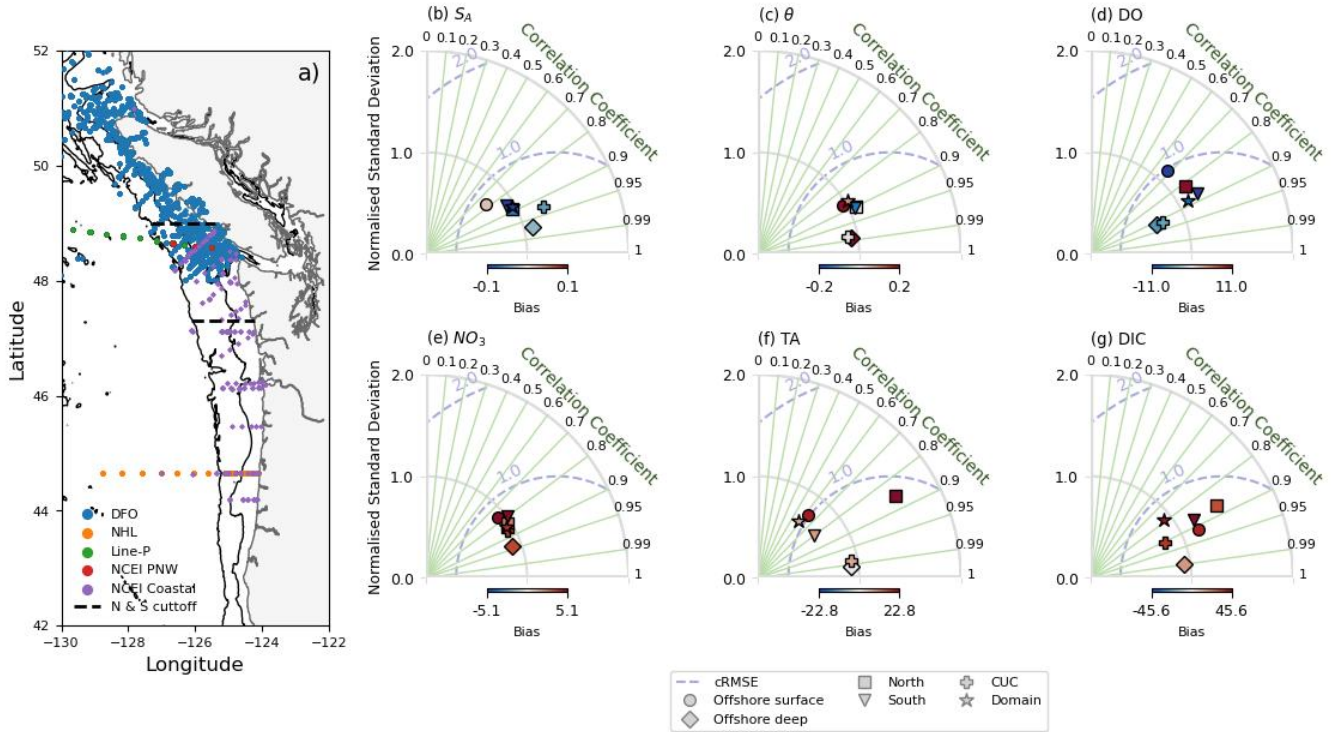


Figure S1. Map (a) of observations used for the LiveOcean evaluations in this study coloured by the data source. Dashed black lines signify the north and south cutoff, and 200 m and 2000 m isobaths in black signify the shelf, slope, and offshore divisions, as in table 1. Taylor diagrams (b-g) of LiveOcean absolute salinity (b), conservative temperature (c), DO (d), NO_3 (e), TA (f), and DIC (g) compared to observations. Each region is differentiated based on their corresponding marker symbol. Normalized standard deviation is represented by the distance from horizontal and vertical axes, with regions closest to 1 having the closest match to observed spatial and temporal variability; correlation (based on Pearson's r) is shown on the radial axis, with regions closer to 1 having better agreement with observations than those closer to 0; the centred root mean square error (cRMSE) is represented by dashed curves within each plot, with lower cRMSE indicating a better match; bias is represented by a diverging colourbar for each subplot, colours closest to white indicate the lowest bias, red indicates an overestimation by the model, and blue an underestimation.

S2 Sensitivity Analysis

S2.1 South waters

The water masses along the southern analysis boundary are defined based on their salinity. An estimate of a 33.5 g kg^{-1} division between south shelf water and CUC in the model was chosen based on the location of flow cores at the southern boundary (Fig. S2a and e); the core of CUC transport is located between 200-275 m (Pierce et al., 2000) during downwelling (Fig. S2b) and upwelling (Fig. S2f), and the south shelf water limited to the depth of the shelf break. Increasing the salinity division to 33.7 g kg^{-1} deepens the core of CUC flow by about 50 m and leads to significant amount of south shelf water below the shelf break. Decreasing the division to 33.3 g kg^{-1} moves the core of CUC flow to the shelf region and increases the contribution of CUC water during downwelling. CUC and south shelf transport magnitudes are sensitive to the choice of salinity division (Fig. S2), in particular during downwelling (Fig. S2). However, the alignment of the CUC and shelf water flow cores with their expected location (Pierce et al., 2000; Thomson and Krassovski, 2010; Huyer et al., 1998), and LiveOcean's skill at

reproducing the CUC (MacCready et al., 2021) makes the choice of salinity robust despite its sensitivity to relatively small changes in definition.

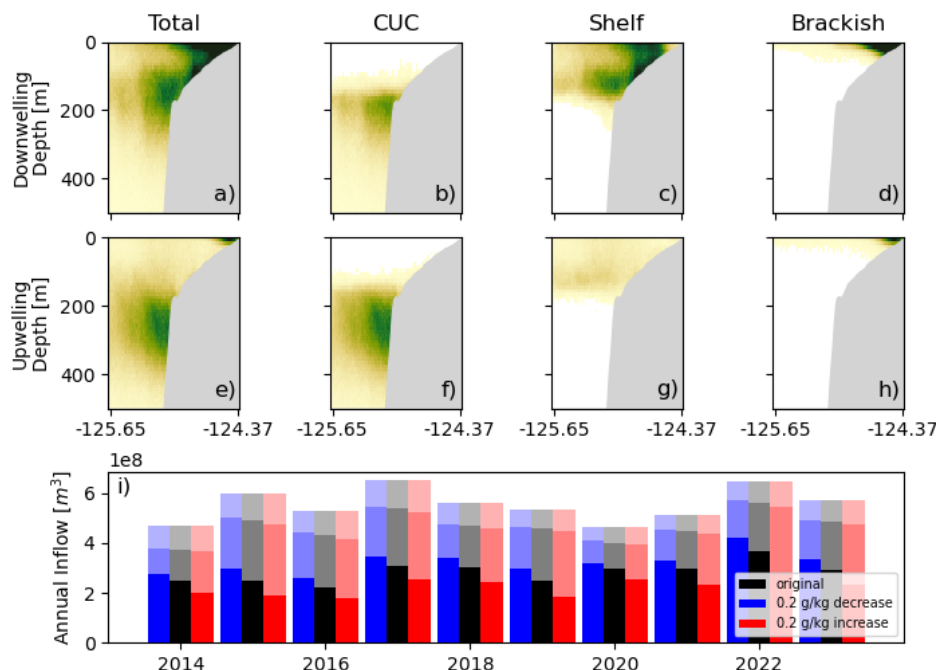


Figure S2.

Water parcels crossing the southern boundary during periods of downwelling (a,b,c,d) and upwelling (e,f,g,h) and split into the CUC (b,f), south shelf water (c,g), and south brackish water (d,h) according to 33.5 g kg^{-1} and 32 g kg^{-1} salinity division (table 1). Darker colouring represents more transport originating from that region. Figure (i) shows the transport from the CUC (bottom, darkest portion of each bar), south shelf (middle, lighter portion), and south brackish (top, lightest portion) water mass over each analysis year, and how they vary according to the different choices of depth division: -0.2 g kg^{-1} (blue), the divisions used in this paper (black), and $+0.2 \text{ g kg}^{-1}$ (red). Note that the upper and lower salinity divisions are completely independent (ie. brackish water is not impacted by the 33.5 g kg^{-1} and CUC water is not impacted by the 32 g kg^{-1} division).

50 The south shelf water and brackish water from the south are separated based on a salinity of 32 g kg^{-1} . This choice of salinity limits the brackish source to surface water directly adjacent to the coast (Figs. S2d,h), as opposed to brackish water that has undergone mixing with shelf water as Columbia River water does very little mixing with surrounding shelf water before reaching JdF (Giddings and MacCready, 2017; Hickey et al., 2009; Thomson et al., 2007). The increase in salinity to 32.2 g kg^{-1} has the larger impact, amounting to an average shift of 4 mSv from south shelf water to brackish water, which on
55 average contribute 37 mSv and 27 mSv, respectively using the 32 g kg^{-1} division.

For the observations, a salinity division of 33.7 g kg^{-1} for the CUC and south shelf water, and 31.5 g kg^{-1} for south brackish and south shelf water was chosen based on property-salinity diagrams of southern measurements (Fig. S3). The distinction between the CUC and south shelf water is particularly obvious in nitrate-salinity space (Fig. S3), with high nutrient and low nutrient water masses separable by salinity. This division results in a CUC with mean salinity similar to previously reported
60 values, $34.0 \pm 0.2 \text{ g kg}^{-1}$ in this study and 33.9 g kg^{-1} in Huyer et al. (1998). Changes to this salinity division ($\pm 0.2 \text{ g kg}^{-1}$) have a minimal impact on the mean properties or the CUC and south shelf water (Fig. S3). Most significant is the increased range of DO and NO_3 in both water masses in response to an increase in division to 33.9 g kg^{-1} , which cuts into the high salinity core of the CUC (Fig. S3).

65 The impact of the brackish and shelf division was set to avoid the region of high DO and intermediate salinity (Fig. S3), and to capture that the temperature and DO remain the same for a large range of salinities. Changing this division by $\pm 0.2 \text{ g kg}^{-1}$ has very little impact on the mean and range in properties of either the south shelf or brackish water (Fig. S3).

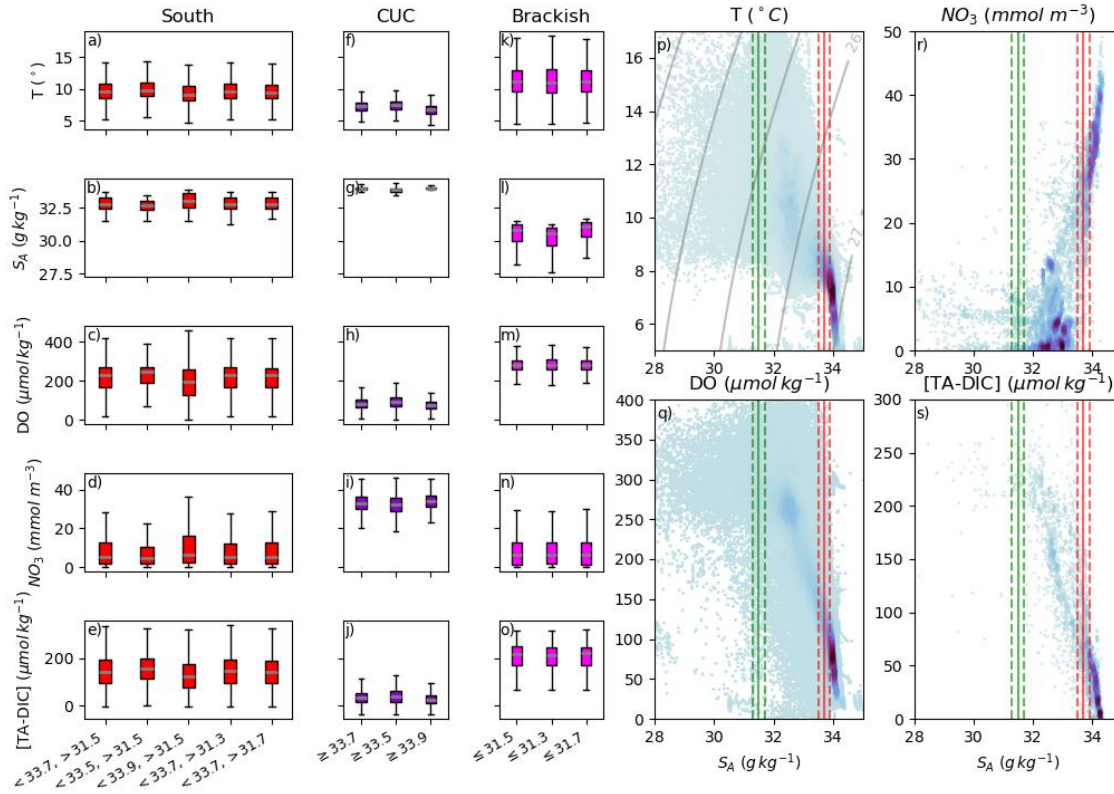


Figure S3. Box plots (a-o) of observed water mass property ranges and their response to changes in the salinity division. The leftmost box in each plot is the range in properties reported in this paper, ranges change little according to a $\pm 0.2 \text{ g kg}^{-1}$ change in salinity cutoff. Property-property diagrams of T-S_A (p), DO-S_A (q), NO₃-S_A (r), and [TA-DIC]-S_A (s) show the locations of water mass cores (darker colour represent a higher density of parcels) relative to lower and upper salinity cutoffs (green and red solid lines, respectively) and the tested buffers (dashes lines).

S2.2 Offshore Waters

70 The definition of two offshore water masses originated in the analysis of nutrient observations (Fig. S4), offshore observations tended to either have high nutrient concentrations, or concentrations near zero. A depth division of 120 m effectively separated the two water masses, water shallower than 120 m corresponded to the low nutrient water, where nutrients were consumed by photosynthesis in the shallower layer (Cummins and Ross, 2020; Li et al., 2005). Comparing this 120 m to divisions 20 m shallower and deeper does not have a significant impact on the property definitions of the offshore shallow and deep water masses (Fig. S4). A deepening of the division to 140 m appears to intersect a core of observations with high salinities that change little with depth, resulting in a higher range in salinities for the offshore surface water mass if that division is used. It should be noted that a division along the $\sigma_0 = 26.0 \pm 0.2 \text{ kg m}^{-3}$ isopycnal was also tested and yielded very similar results to

using a depth division in both the observations and the model, consistent with the depth and isopycnal range of the permanent pycnocline at Ocean Station Papa found in Cummins and Ross (2020). A depth division was chosen in favour of an isopycnal division as not all observations contained both salinity and temperature measurements.

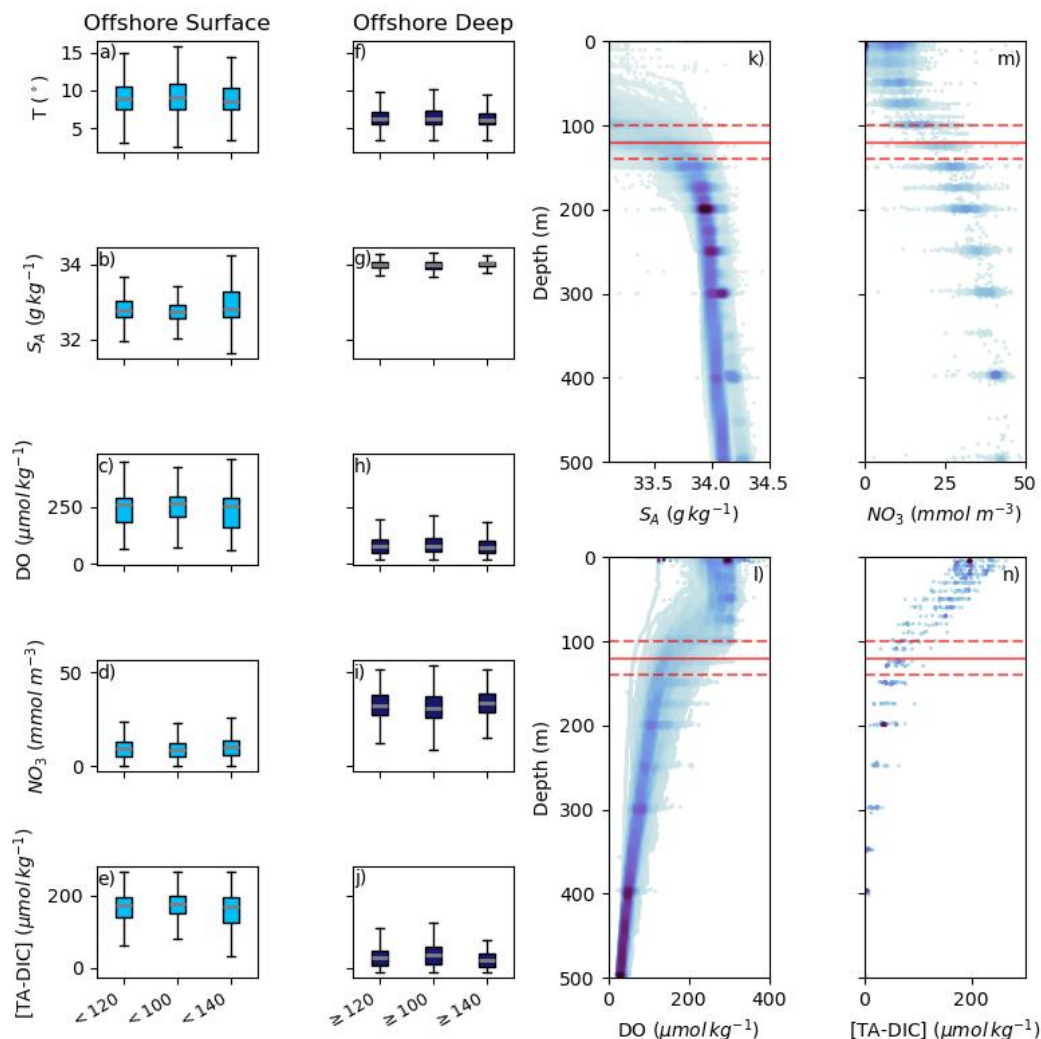


Figure S4. Box plots (a-j) of observed water mass property ranges and their response to changes in the depth division. The leftmost box in each plot is the range in properties reported in this paper, ranges change little according to a ± 20 m change in depth cutoff. Property-depth diagrams of S_A (k), DO (l), NO_3 (m), and $[TA-DIC]$ (n) show the locations of water mass cores (darker colour represent a higher density of parcels) relative to the 120 m depth cutoff (red solid line) and the tested buffers (dashed red lines).

This same depth division was tested in the modelled results (Fig. S5), like in the observations a distinct high nutrient core emerges (darker colours in figure S5e). Using the 120 m cutoff discerned from observations, the core of high nutrient water is completely encompassed in deep water (shades of red in figure S5f). Conversely, a deeper, 140 m, depth division leads to a split in the high nutrient core between deep and shallow water (Fig. S5g). The distinction between a 120 m and 100 m cutoff (Fig. S5h) is less clear, the 100 m cutoff simply means that more low-nutrient water is encompassed in the deep water mass.

85 The impact of the depth division is small relative to the total contribution of offshore water; a change from a 120 m to 100 m leads to a mean shift (from shallow to deep water) of 3 mSv compared to the mean 49 mSv contribution from offshore water. Changes in the mean NO_3 concentration, and in other tracers, are more noticeable in the offshore surface water due to the fewer water parcels originating from this water mass. Despite the up to 3.6 mmol m^{-3} shift in mean NO_3 , the offshore deep and shallow water masses remain distinct from one another and interannual and seasonal variability has the same signal. A deepening of the depth division to 140 m makes the offshore surface water more similar to the north and south shelf water masses by increasing the NO_3 concentration and decreasing the DO content (not shown), while the 100 m depth division makes the properties of those water masses diverge more. As offshore surface, north, and south water were expected to have relatively similar properties (Fig. 5), and the 140 m depth division cuts into the high nutrient core (Fig. S5g), we believe that the 120 m represents the best depth to distinguish the offshore water masses.

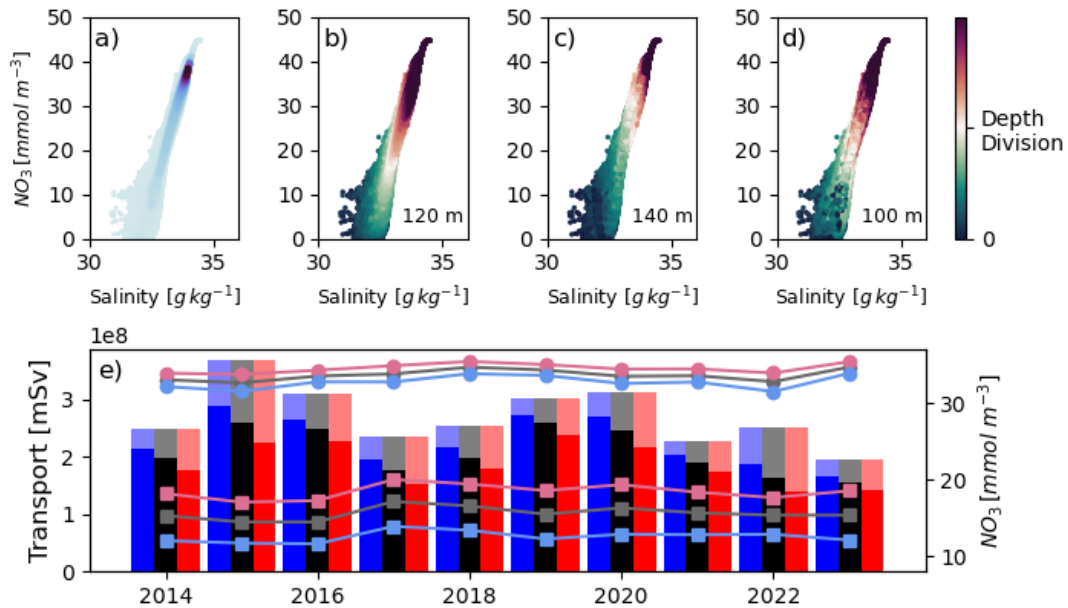


Figure S5. Offshore water parcels in $\text{NO}_3 - S_A$ space (a,b,c,d). Shades of light blue to dark purple in (a) represent the number of parcels with a given salinity and NO_3 concentration, darker shades indicate more parcels. Figures (b)-(d) are coloured by depth, shades of green indicate parcels shallower than the depth division (120 m, 140 m, or 100 m - provided at the bottom right corner of each figure), and shades of red indicate parcels deeper than it. Figure (e) shows the transport (bars) and average NO_3 (line) from the offshore deep (darker portion of each bar, higher NO_3 lines with round marker) and shallow (the lighter portion of each bar, lower lines with square marker) water masses over each analysis year and how they vary according to the different choices of depth division: 100 m (blue), 120 m (black), 140 m (red).

S3 Loop Water

95 Loop water, JdF outflow that crossed back over the initialization section more than 24 hours after seeding, is the largest single source of JdF inflow. Its annual contribution to annual flow and property variability are summarized in figures S6 and S7. As noted in the main text, this reflux flow is made up of an unknown mixture of the Pacific sources and of river discharge originating in the Salish Sea. Thus, it is strongly influenced by the contribution of the Pacific Sources and cannot be easily separated from them as a unique contributor to variability.

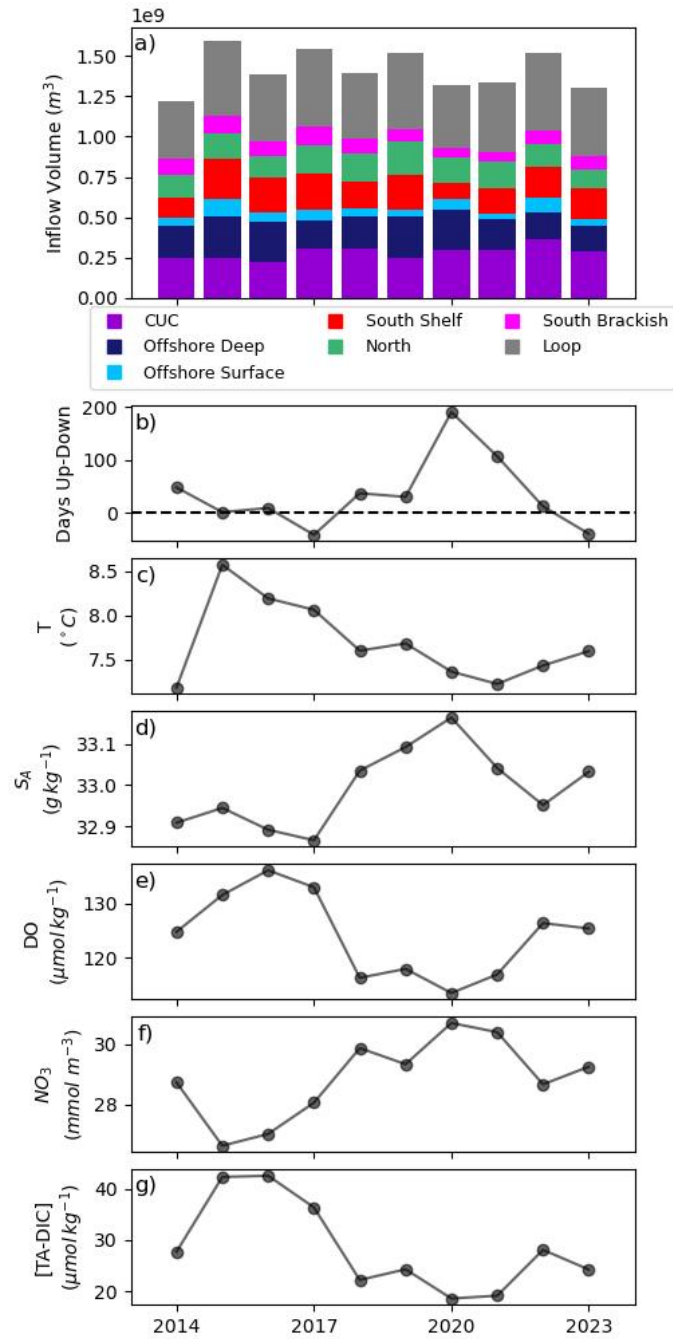


Figure S6. (a) Volume from the CUC (purple), offshore deep (navy), offshore surface (light blue), north (green), south (red), brackish (pink), and loop (grey) water into the Salish Sea over one year (combined periods of downwelling, spring transition, upwelling, and fall transition). (b) Difference in the length of upwelling and downwelling in each year.

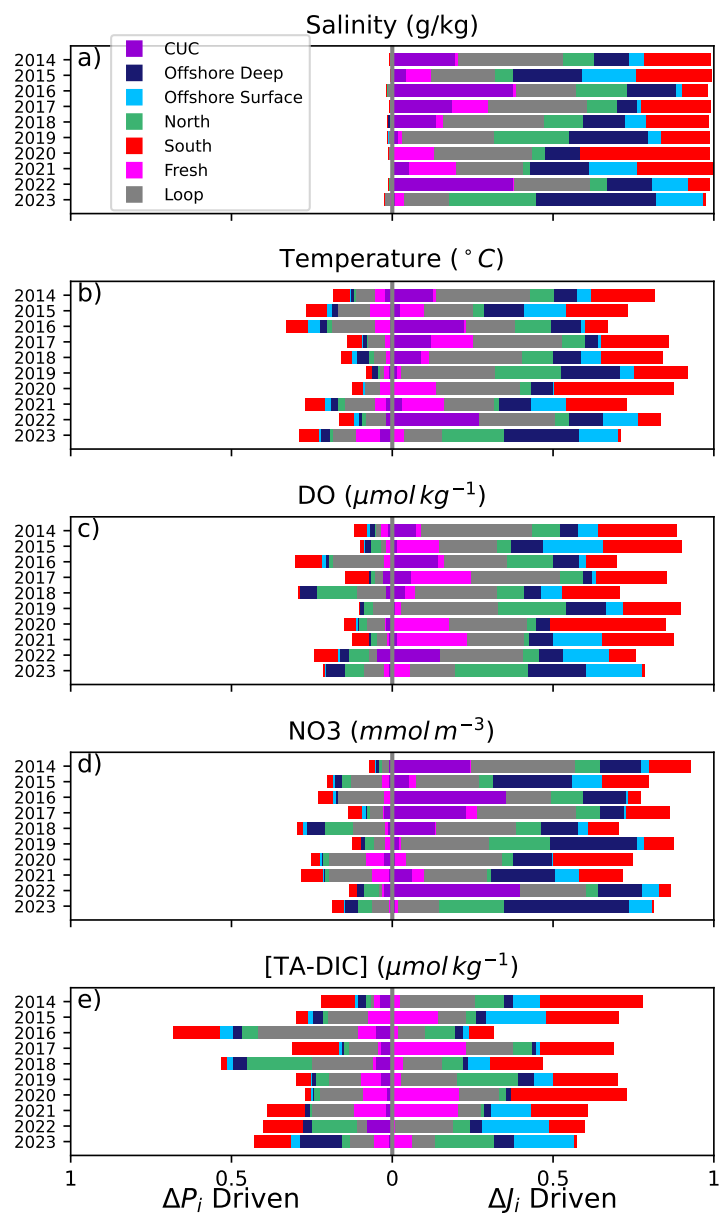


Figure S7. Attribution of changes in Salish Sea inflow flux of salinity (a), temperature (b), DO (c), NO₃ (d), and [TA-DIC] (e) to interannual differences in water mass inflow volumes (right or side of the graph) or to interannual differences in water mass properties (left side).

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