

1 Running title: Impact of freeze-thaw cycle on N dynamics

# 2 Effects of intensified freeze-thaw frequency on dynamics of winter

## 3 nitrogen resources in temperate grasslands

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19 **Abstract**

20 In seasonal snow-covered temperate regions, winter serves as a crucial phase for  
21 nitrogen (N) accumulation, yet how intensified freeze-thaw cycles (FTC) influence  
22 the fate of winter-derived N remains poorly understood. We simulated intensified FTC  
23 regimes (increased 0, 6, and 12 cycles) *in situ* across two contrasting temperate  
24 grasslands, employing dual-labeled isotopes ( $^{15}\text{NH}_4^{15}\text{NO}_3$ ) to trace the dynamics of  
25 winter N sources. Our results showed that soil microbes exhibited a strategic  
26 adaptation to FTC stress characterized by C-N decoupling: despite a decline in  
27 microbial biomass C, they maintained or even increased biomass N. Intensified FTC  
28 did not cause ecosystem-level losses of winter N sources, primarily because the soil  
29 and microbes functioned as a crucial N reservoir during the vulnerable early spring  
30 period. The convergence in ecosystem-level  $^{15}\text{N}$  retention emerged through distinct  
31 compensatory pathways: while the meadow steppe exhibited higher N mineralization  
32 potential, the sandy steppe achieved functionally equivalent retention through more  
33 efficient plant  $^{15}\text{N}$  uptake, comparable microbial  $^{15}\text{N}$  immobilization, and similarly  
34 constrained  $^{15}\text{N}$  leaching. While HFTC reduced community-level plant  $^{15}\text{N}$   
35 acquisition, it amplified competitive asymmetry among plant functional types:  
36 dominant cold-adapted species (early spring phenology and deeper roots) increased  
37  $^{15}\text{N}$  uptake, while subordinate species (later-active, shallow-rooted species) exhibited  
38 reduced  $^{15}\text{N}$  acquisition. These findings reveal that winter climate change restructures  
39 grassland N cycling primarily through biological mechanisms, microbial resilience  
40 and trait-mediated plant competition, rather than promoting N losses. Future climate

41 models must incorporate these plant-microbe-soil interactions to accurately predict  
42 ecosystem trajectories under changing winter conditions.

43 **Keywords:** freeze-thaw cycle; grassland; N isotope; N dynamic; plant N acquisition;  
44 snowmelt; winter

45 **1 Introduction**

46 Approximately 50% of terrestrial ecosystems in the Northern Hemisphere experience  
47 seasonal snow cover and winter soil freezing (Sommerfeld et al., 1993; IPCC, 2021).  
48 Remarkably, soil microbes maintain metabolic activity under snowpack and  
49 contribute to nutrient mineralization throughout winter (Larsen et al., 2012; Zhang et  
50 al., 2011). These winter processes, including soil nitrogen (N) mineralization and  
51 microbial N immobilization, constitute a vital nutrient reservoir that supports plant  
52 growth across alpine grasslands, temperate grasslands, and boreal forests (Alatalo et  
53 al., 2014; Collins et al., 2017; Edwards and Jefferies, 2010). The springtime release of  
54 winter-derived N (mainly including  $\text{NH}_4^+$ ,  $\text{NO}_3^-$ , and dissolved organic N) through  
55 freeze-thaw cycles (FTC) synchronizes nutrient availability with plant demand  
56 (Kaiser et al., 2011), particularly in N-limited ecosystems where winter N  
57 contributions may determine growing season productivity (Schmidt and Lipson,  
58 2004).

59 Climate warming has emerged as one of the most important global environmental  
60 challenges. Evidence shows that climate warming has primarily occurred during  
61 winter, with the rate of winter warming exceeding the annual average over the past  
62 few decades in China (Zong and Shi, 2020). This trend is expected to intensify, with  
63 an anticipated increase in the frequency of extreme warming events (IPCC, 2021).  
64 Winter warming is projected to alter multiple aspects of freeze-thaw dynamics,  
65 including the intensity, frequency, and duration of freeze-thaw cycles (FTC), as well

66 as the timing of their onset in temperate regions (Gao et al., 2018; Rooney and  
67 Possinger, 2024). Among these changes, the elongation of the FTC period, resulting  
68 from a delayed and less stable soil freeze-up in autumn combined with an earlier  
69 spring thaw, is a critical outcome (Henry, 2008). This elongation extends the duration  
70 of the transitional period when soil temperatures fluctuate around 0°C, while an  
71 increase in FTC frequency intensifies the recurrence of such fluctuations within a  
72 given season. Together, these changes substantially increase the window and intensity  
73 of physical and biological disturbances to ecosystem processes. Consequently, this  
74 could affect the availability of winter N sources for plant growth. However, how  
75 intensified FTC regime affects winter N retention remains poorly understood,  
76 particularly its subsequent impacts on plant N uptake and ecosystem functioning.

77 Intensified FTC induces complex shifts in soil N dynamics by simultaneously  
78 enhancing N mineralization while disrupting microbial immobilization and ecosystem  
79 retention processes. Existing research has demonstrated that intensified FTC can  
80 enhance soil N availability in cold regions (Dai et al., 2020; Nie et al., 2024; Teepe  
81 and Ludwig, 2004). The physical disruption caused by FTC promotes the N release  
82 from both soil organic matter and microbial biomass via cell lysis (Koponen et al.,  
83 2006; Sawicka et al., 2010; Skogland et al., 1988). However, this FTC-induced N  
84 pulse often occurs before plants resume active uptake, leading to substantial N losses  
85 through leaching and gaseous emissions (Chen et al., 2021; Elrys et al., 2021; Ji et al.,  
86 2024). While microbial mortality reduces microbial N immobilization (Gao et al.,

87 2018), the surviving microbial community exhibits stimulated microbial activity that  
88 accelerates nutrient cycling (Fitzhugh et al., 2001; Nie et al., 2024; Sharma et al.,  
89 2006; Wang et al., 2024). Notably, a comprehensive meta-analysis by Song et al.  
90 (2017) indicated that FTC have no significant effect on microbial biomass N (MBN)  
91 across various ecosystems, including forest, shrubland, grassland/meadow, cropland,  
92 tundra and wetland ecosystems, which suggests complex compensatory mechanisms  
93 in microbial N retention.

94 Frequent FTC significantly impact plant-soil N dynamics through multiple pathways.  
95 Root damage caused by FTC directly impairs plant N acquisition capacity (Campbell  
96 et al., 2014; Song et al., 2017), while simultaneously creating temporal mismatches in  
97 N availability. Using  $^{15}\text{N}$  tracer, Larsen et al. (2012) demonstrated that soil microbes  
98 initially dominate N immobilization following snowmelt, with plant functional types  
99 exhibiting sequential N uptake patterns: evergreen dwarf shrubs are the first to take up  
100 winter N, succeeded by deciduous dwarf shrubs and graminoids in late spring in the  
101 alpine ecosystem. This study highlighted a temporal differentiation in the resumption  
102 of N uptake among plant functional groups after winter. This temporal niche  
103 partitioning is particularly pronounced in temperate regions, where shallower  
104 snowpack and more frequent spring FTC result in distinct competitive environments  
105 compared to alpine systems. Studies in temperate grasslands have shown that  
106 perennial bunch grasses exhibit earlier N uptake than perennial rhizome grasses and  
107 forbs (Ma et al., 2018, 2020), a phenological advantage that becomes more

108 pronounced under winter warming conditions (Turner and Henry, 2009). These  
109 findings highlight how FTC-mediated changes in belowground processes interact with  
110 plant functional traits to govern winter N partitioning.

111 While previous studies have examined winter N cycling in high-altitude and high-  
112 latitude regions experiencing rapid warming trends (Alatalo et al., 2014; Brooks et al.,  
113 1996; Edwards and Jefferies, 2010), temperate grasslands, characterized by distinct  
114 freeze-thaw regimes, have received little attention. Critically, existing research has  
115 predominantly relied on laboratory simulations employing artificial freeze-thaw  
116 regimes (DeLuca et al., 1992; Teepe and Ludwig, 2004), creating significant gaps  
117 regarding the ecological impacts of natural *in situ* freeze-thaw cycles. Field-based  
118 investigations are urgently needed to address two critical questions: (1) how FTC  
119 frequency alters retention dynamics of winter N sources, and (2) whether these  
120 changes create legacy effects on subsequent growing season productivity and plant  
121 community composition in temperate grasslands.

122 Temperate grasslands cover nearly 40% of China's terrestrial ecosystems (Bardgett et  
123 al., 2021) and are particularly vulnerable to climate change due to their prolonged  
124 near-freezing winter conditions. To quantify how intensified FTC affect the retention  
125 of winter N resources in this vulnerable system, we conducted an *in situ*  $^{15}\text{NH}_4^{15}\text{NO}_3$   
126 tracer experiment in two contrasting temperate grasslands. We hypothesize that: (1)  
127 Intensified FTC would increase ecosystem-level losses of winter-derived N in

128 temperate grasslands. Furthermore, the sandy steppe would experience greater N loss  
129 than the meadow steppe due to its inferior edaphic and vegetation conditions (Table  
130 1); and (2) intensified FTC would lead to differential utilization of winter N sources  
131 among plant species, mediated by interspecific variations in their competitive  
132 abilities, root system architecture, and temporal niche partitioning in growth  
133 phenology (Hosokawa et al., 2017; Ma et al., 2018, 2020). Specifically, we expected  
134 that species with earlier spring green-up and deeper root systems (e.g., dominant  
135 species) would increase  $^{15}\text{N}$  utilization under intensified FTC, while subordinate  
136 species with later phenology and shallower roots would show reduced  $^{15}\text{N}$  uptake  
137 (Table S1; Campbell et al., 2014; Song et al., 2017).

## 138 **2 Methods**

### 139 **2.1 Experimental site**

140 We conducted parallel experiments in two contrasting temperate grassland  
141 ecosystems: a meadow steppe and a sandy steppe (Table 1; Fig. 1). Soil bulk density,  
142 texture, pH, total C and inorganic N were determined from our own field  
143 measurements and laboratory analysis of soil samples collected during the study  
144 establishment. The meadow steppe was situated at the Hulunber Grassland Ecosystem  
145 Observation and Research Station in northeastern China (49°19' N, 120°02' E, 628  
146 m), while the sandy steppe was located at the Ordos Sandy Grassland Ecology  
147 Research Station in northern China (39°29' N, 110°11' E, 1290 m).

148 Both sites have a continental climate. The mean annual precipitation is 420 mm and  
149 310 mm, and the mean annual temperature is -2°C and 6.5°C in the meadow steppe  
150 and the sandy steppe, respectively (<http://data.cma.cn/>;  
151 <https://www.ncei.noaa.gov/maps/hourly/>). The non-growing season for the meadow  
152 steppe extends from late September to late April of the following year, with a spring  
153 freeze-thaw period occurring from late March to late April. In contrast, the non-  
154 growing season for the sandy steppe lasts from mid-October to late March, with the  
155 spring freeze-thaw period occurring from late February to late March. During the  
156 study period, the meadow steppe had a persistent snow cover that reached a depth of  
157 20-25 cm in late winter (January-February). In contrast, the sandy steppe exhibited  
158 shallower and more variable snowpack (typically 10 cm depth) due to higher wind  
159 redistribution and lower moisture retention. Under natural conditions, the meadow  
160 steppe in this study experienced a total of 19 freeze-thaw cycles, while the sandy  
161 steppe experienced 21 freeze-thaw cycles in early spring (<http://nm.cma.gov.cn/>).

162 The meadow steppe features high plant diversity and fertile soils, while the sandy  
163 steppe exhibits lower diversity and nutrient-poor, coarse-textured soils (Table 1). This  
164 contrast enables a comprehensive assessment of FTC impacts across varying resource  
165 availability and community structures, as evidenced by significant baseline  
166 differences in N dynamics between sites. According to the Chinese Soil Classification  
167 (GB/T 17296-2009), the predominant soil type is loam in the meadow steppe and  
168 sandy loam in the sandy steppe. The meadow steppe soil has higher C and N content

169 but slightly lower pH compared to the sandy steppe soil (Table 1). In the meadow  
170 steppe, the dominant plant species are *Stipa baicalensis* Roshev (perennial bunch  
171 grass), and subordinate species are *Leymus chinensis* (Trin.) Tzvel (perennial rhizome  
172 grass) and *Carex pediformis* C. A. Mey. (perennial forb), which together cover  
173 approximately 85% of the site. In the sandy steppe, the dominant species are  
174 *Corethrodendron fruticosum* (Pall.) B. H. Choi & H. Ohashi (semi-shrub), and  
175 subordinate species are *Cleistogenes squarrosa* (Trin.) Keng. (perennial bunch grass),  
176 and *Klasea centaurooides* (L.) Cass. (perennial forb), covering about 70% of the site  
177 (Table 1). The complementary strengths of these ecosystems enable robust predictions  
178 about grassland responses to change winter climate regimes. The detail information  
179 was described in Table S1.

## 180 **2.2 Experimental design**

181 In late October 2020, eighteen 3 m × 3 m plots were established at each site, with a 3-  
182 meter buffer between neighboring plots. The experiment employed a randomized  
183 block design with three treatments and six replicates per site: (1) control (ambient  
184 FTC), (2) intensified low-frequency FTC (LFTC; + 6 times), and (3) intensified high-  
185 frequency FTC (HFTC; + 12 times). These treatments were designed to simulate  
186 projected increases in winter FTC frequency under climate change scenarios.

187 The treatment levels were based on historical climate data showing approximately 20  
188 natural FTC typically occur during winter and early spring at both sites (Table 1;

189 <https://data.cma.cn/>). According to the definition of freeze-thaw cycling, a freeze-  
190 thaw cycle is defined as the process in which soil temperature (0-10 cm) rises above  
191 0°C and then subsequently drops below°C (Yanai et al., 2007). Therefore, the  
192 intensified FTC correspond to total increases in 30% (+ 6 times) and 60% (+ 12  
193 times) in the frequency of FTC during winter and spring seasons, respectively.

194 Within each plot, we established a fixed 1 m × 1 m subplot for  $^{15}\text{N}$  tracing. Building  
195 upon established  $^{15}\text{N}$  tracing approaches (Ma et al. 2020), we applied  $^{15}\text{NH}_4^{15}\text{NO}_3$   
196 solution prior to the onset of winter soil freezing. A solution containing 600 mg  $^{15}\text{N}$  L<sup>-1</sup>  
197 of  $^{15}\text{NH}_4^{15}\text{NO}_3$  was injected into 100 holes with a syringe guided by a grid frame (1  
198 m × 1 m), with each hole receiving 2 mL of the labeled solution. The total application  
199 per subplot was 200 mL, which is equal to 120 mg  $^{15}\text{N}$  m<sup>-2</sup>. The added  $^{15}\text{N}$  was kept  
200 within the natural fluctuation range of inorganic N in the soil, approximately 7%–10%  
201 of background soil inorganic N levels. We injected water into control treatments  
202 instead of the  $^{15}\text{N}$  tracer, and there were no significant differences in plant/microbial  
203 N concentrations when compared to the  $^{15}\text{N}$  treatments. This indicates that the  $^{15}\text{N}$   
204 application did not disrupt natural N cycling processes (Ma et al., 2018).

205 Based on recent 5-year climatic records, our initial FTC treatments were scheduled  
206 approximately 15 days prior to the natural spring FTC period (late winter). For the  
207 freezing-thaw manipulation, a closed-top tent (3 m length × 3 m width × 2 m height)  
208 was installed in each plot during each warming manipulation. The heating tents were

209 constructed with polyester fabric, featuring sealed tops and mesh-sided windows to  
210 prevent excessive CO<sub>2</sub> accumulation while maintaining temperature control. Within  
211 each tent, we used a propane air heater (Mr. Heater, USA) to raise soil temperature to  
212 2–3°C (0-15cm), maintaining this temperature continuously for 8 to 10 hours each  
213 time. Continuous temperature logging was performed using a temperature detector per  
214 treatment positioned at 10 cm soil depth, with data recorded at half-hour intervals  
215 throughout the experiment. The temperature was then allowed to drop to  
216 approximately -2°C over a period of 4 hours to complete one freeze-thaw cycle, the 5  
217 cm depth was periodically verified with a handheld thermometer specifically during  
218 FTC treatments to ensure target temperature thresholds were met. Two intensified  
219 FTC regimes were implemented: (i) high-frequency FTC (HFTC) with 12 additional  
220 cycles administered every 1-6 days, and (ii) low-frequency FTC (LFTC) with 6  
221 additional cycles every 3-8 days. During the natural freeze-thaw period, all artificial  
222 FTC treatments were deliberately conducted when daily mean temperatures remained  
223 below -2°C to avoid interference with natural cycles.

224 **2.3 Sampling and processing**

225 **Field soil and plant sampling**

226 A comprehensive characterization of baseline soil properties and plant community  
227 was conducted in August 2020, prior to the establishment of experimental treatments.  
228 Soil samples were collected from the top 20 cm depth at 10 randomly selected points  
229 within each site. Soil pH was determined in a 1:2.5 soil:water suspension. Soil clay

230 texture was determined by an optical size analyser (Mastersizer 2000). Soil total C  
231 was determined using an elemental analyser (Elementar analyzer Vario MAX 257 CN,  
232 Germany). Soil inorganic N was determined using a flow injection autoanalyzer  
233 (Scalar SANplus segmented flow 305 analyzer, Netherlands). Plant community cover  
234 was assessed by visual estimation using ten randomly placed 1×1 m quadrats at each  
235 site (Table 1).

236 Field samplings were conducted after the freeze-thaw treatments and during the  
237 succeeding growing season. In the meadow steppe, we collected the samples on the  
238 following dates: 26 March 2021 (early spring); 4 May 2021 (late spring); 23 June  
239 2021 (early summer); 22 July 2021 (late summer); and 26 September 2021 (late  
240 autumn). Similarly, in the sandy steppe, samplings were collected on 5 March  
241 2021 (early spring); 29 April 2021 (late spring); 21 June 2021 (early summer); 26 July  
242 2021 (late summer); and 15 October 2021 (late autumn).

243 For plant materials, soil blocks (20 cm length × 20 cm width × 20 cm height)  
244 containing different plant species were carefully excavated and sectioned. Plant roots  
245 were washed with distilled water to remove surface  $^{15}\text{N}$ , then separated into  
246 aboveground and belowground components. All plant materials were oven-dried at  
247 65°C for 48 hours. For soil samples, we randomly excavated three soil cores at 20 cm  
248 depth (diameter is 3.5 cm) from each plot. We combined three soil core into a  
249 composite sample, which was passed through a 2 mm sieve. Within 4 hours of

250 collection, the composite sample was separated into two portions: one was air-dried  
251 for soil analysis, and the other was stored at -20°C for microbial analysis.

252 **Soil moisture and temperature**

253 Soil moisture and temperature at a depth of 10 cm were monitored using a HOBO  
254 H21-002 data logger (Onset Computer Corporation, USA) coupled with 10HS soil  
255 moisture sensors. The 10HS sensor estimates VWC by measuring the soil dielectric  
256 permittivity at a frequency of 70 MHz. The sensors were deployed with their factory-  
257 predefined standard calibration equation, which directly converts the measured  
258 dielectric readings into volumetric water content values ( $\text{m}^3 \text{ m}^{-3}$ ). The negative values  
259 occurred primarily in cold and frozen soil conditions and are a known artifact of the  
260 sensor's calibration at the extremely lower end of its measurement range. All negative  
261 VWC values have been set to 0  $\text{m}^3 \text{ m}^{-3}$ , reflecting that the liquid water content was at  
262 or below the sensor's effective detection limit. The number and magnitude of these  
263 values were negligible and did not influence the statistical outcomes or overall  
264 conclusions.

265 **Soil and plant properties**

266 Soil and plant samples (including aboveground and belowground parts) were dried,  
267 pulverized, and then sieved through 100-mesh and 80-mesh sieves, respectively. The  
268 sieved samples were analyzed for C and N content using an elemental analyzer  
269 (Elementar analyzer Vario MAX CN, Germany). Fresh soil samples were extracted

270 with 2 M KCl at a 1:5 soil-to-solution ratio (10 g fresh soil with 50 mL KCl) by  
271 shaking for 1 hour on a mechanical shaker. The extract was then filtered and used for  
272 the determination of  $\text{NH}_4^+$  and  $\text{NO}_3^-$  analysis. Soil net ammonification and  
273 nitrification rates were analyzed using the method of polyvinyl chloride plastic (PVC)  
274 core (Raison et al., 1987). A pair of PVC cores was vertically inserted into the soil to a  
275 depth of 20 cm in each plot to incubate soil without plant uptake. One core was  
276 collected as the initial (unincubated) sample to determine the concentrations of  $\text{NH}_4^+$ -  
277 N and  $\text{NO}_3^-$ -N using a flow injection autoanalyzer (Scalar SANplus segmented flow  
278 analyzer, Netherlands). The other core was incubated in situ for two weeks within  
279 capped cores. After incubation, we analyzed the  $\text{NH}_4^+$ -N and  $\text{NO}_3^-$ -N in these samples  
280 as well. Net ammonification and nitrification rates were estimated based on the  
281 changes in  $\text{NH}_4^+$ -N and  $\text{NO}_3^-$ -N levels between the incubated and initial values.

## 282 **Soil microbial biomass**

283 The microbial biomass C (MBC) and microbial biomass N (MBN) were assessed by  
284 the fumigation-extraction method with a total organic C analyzer (TOC multiN/C  
285 3100, Analytik Jena, Germany; Vance et al., 1987). Fresh soil samples were first  
286 moistened to 60% water-holding capacity and incubated in the dark at 25°C for a  
287 week. After incubation, portions of 15 g fresh soil were weighed for both the  
288 fumigated and non-fumigated treatments. The fumigated portions were exposed to  
289 ethanol-free chloroform ( $\text{CHCl}_3$ ) vapor for 24 hours in a vacuum desiccator. Both  
290 fumigated and non-fumigated soils were extracted with 60 mL of 0.5 M  $\text{K}_2\text{SO}_4$  (a 1:4

291 soil-to-solution ratio based on fresh weight) by shaking for 30 minutes and then  
292 filtered. After filtration, the extractable concentration of organic C or N was  
293 determined by a total organic C analyzer. Simultaneously, the soil water content was  
294 determined gravimetrically by oven-drying separate 15 g fresh soil subsamples at  
295 105 °C to constant weight. MBC and MBN were calculated by dividing the  
296 differences in extractable C and N between the fumigated and non-fumigated samples  
297 by the conversion factor of 0.45 (Ma et al., 2025).

298 **<sup>15</sup>N levels in soil, plant and microbe**

299 The <sup>15</sup>N values of plant (2 mg) and soil (20 mg) subsamples were determined using an  
300 elemental analyzer (Vario MAX CN, Elementar, Germany) interfaced with a  
301 continuous flow isotope ratio mass spectrometer (Isoprime Precision, Isoprime, USA).  
302 Soil microbial <sup>15</sup>N was measured using alkaline persulfate oxidation, followed by a  
303 modified diffusion method (with slight heating and acid-soaked glass fiber filters as  
304 the trap), and the filters containing the absorbed N were then measured using the same  
305 EA-IRMS system (Stark and Hart, 1996; Zhou et al., 2003). Soil immobilized <sup>15</sup>N was  
306 then calculated by subtracting microbial <sup>15</sup>N from soil total <sup>15</sup>N (Ma et al., 2018; Qu et  
307 al., 2025).

308 The <sup>15</sup>N acquisition (% of applied <sup>15</sup>N) in the shoot and root were calculated as: [ $(^{15}\text{N}_I$   
309  $- ^{15}\text{N}_a) \times \text{biomass} / ^{15}\text{N}_t] \times 100$ , where <sup>15</sup>N<sub>I</sub> and <sup>15</sup>N<sub>a</sub> are the <sup>15</sup>N concentrations (g<sup>15</sup>N g<sup>-1</sup>  
310 sample) in the labeled and the control samples; biomass is the shoot or root biomass

311 at each sampling time ( $\text{g m}^{-2}$ ), and  $^{15}\text{Nt}$  is the amount of total added  $^{15}\text{N}$  tracer ( $\text{g }^{15}\text{N}$   
312  $\text{m}^{-2}$ ). The soil or microbial biomass  $^{15}\text{N}$  recovery (% of applied  $^{15}\text{N}$ ) was calculated as:  
313  $[(^{15}\text{N}_I - ^{15}\text{N}_a) \times V \times BD / ^{15}\text{N}_t] \times 100$ , where V represents the soil volume of the 20 cm  
314 soil profile ( $\text{cm}^3 \text{ m}^{-2}$ ), and BD is the bulk density ( $\text{g cm}^{-3}$ ).

315 **2.4 Statistical Analysis**

316 Statistical significance of treatment effects was assessed by one-way ANOVA.  
317 Differences between treatments were reported as non-significant at  $p > 0.05$  or  
318 significant at  $p < 0.05$ . Repeated measures ANOVA was used to analyze the  
319 influences of different FTC treatments, sampling times, and grassland types on the  
320 measured indicators. Spearman correlation analyses were used as initial screening tool  
321 to identify relationships between environmental factors and plant  $^{15}\text{N}$  acquisition  
322 across different treatments. Random Forest analysis was then employed as a more  
323 robust machine learning method that can handle high-dimensional data and minimize  
324 overfitting, while effectively ranking variable importance and handling collinearity  
325 among predictors. Spearman correlation coefficients between variables were  
326 calculated using the rcorr function (in the Hmisc R package). To assess the relative  
327 importance of predictors for plant  $^{15}\text{N}$  acquisition capacity, a random forest model was  
328 constructed using the randomForest and rfPermute packages in R. The dataset was  
329 randomly partitioned into a training set (70%) for model development and a testing  
330 set (30%) for model validation. All above-mentioned analyses were conducted with  
331 SPSS 21.0 (IBM, Chicago, IL, USA) and RStudio 2025.5.0 (Posit Software, Boston,

332 MA, USA). All graphics were generated using SigmaPlot 14.0 (Systat Software, Inc.,  
333 San Jose, CA, USA), Origin 2021 (OriginLab Corp., Northampton, MA, USA) and  
334 RStudio 2025.5.0.

335 **3 Results**

336 **3.1 Soil microclimate**

337 The edaphic conditions, including soil total C content, inorganic N content, and  
338 texture, exhibited significant differences between the two temperate grasslands (Table  
339 1). Throughout the winter freezing period, the minimum soil temperatures (0–10cm)  
340 were about -23°C in the meadow steppe and -20°C in the sandy steppe, respectively  
341 (Fig. 2a, b). In early spring, soil temperatures rose rapidly, accompanied by significant  
342 snowmelt. However, neither intensified LFTC nor HFTC had any significant impact  
343 on soil temperature in the subsequent growing season. In contrast, intensified low-  
344 frequency FTC (LFTC) and high-frequency FTC (HFTC) enhanced soil moisture by  
345 0.03 m<sup>3</sup> m<sup>-3</sup> and 0.05 m<sup>3</sup> m<sup>-3</sup>, respectively, over much of the seasons (Fig. 2c, d).

346 **3.2 Soil properties**

347 Intensified HFTC significantly increased soil NH<sub>4</sub><sup>+</sup>-N concentrations and net  
348 ammonification rates in both grasslands during spring, with the most pronounced  
349 effects observed in the meadow steppe (Fig. 3a, b, e, f). In contrast, soil NO<sub>3</sub><sup>-</sup>-N  
350 concentrations and net nitrification rates remained stable across all treatments (Fig.  
351 3c, d, g, h).

352 Intensified HFTC significantly decreased the soil microbial biomass C (MBC) in  
353 spring, while the effect of HFTC on microbial biomass N (MBN) persisted to summer  
354 (Fig. 4a-d). In the meadow steppe, HFTC significantly decreased MBC by  
355 16.2% (Fig. 4a), while LFTC and HFTC significantly increased MBN by 26.2% and  
356 26.9%, respectively (Fig. 4c). In the sandy steppe, HFTC significantly decreased  
357 MBC by 11.3% in early spring. Unlike MBC, both LFTC and HFTC significantly  
358 increased MBN by 8.5% and 28.2%, respectively (Fig. 4b, d).

359 **3.3 Plant properties**

360 In contrast to the significant effects of HFTC, intensified LFTC had no significant  
361 impact on the shoot or root biomass N of the selected plant species at either site (Fig.  
362 5a-f). In the meadow steppe, HFTC significantly increased shoot and root biomass N  
363 of *Stipa baicalensis* (perennial bunch grass) by 19.7% and 21.8% at the end of the  
364 growing season, respectively (Fig. 5a). In contrast, HFTC significantly reduced  
365 biomass N in the perennial rhizome grass *Leymus chinensis* (shoot: 23.9%; root:  
366 16.2%) and the perennial forb *Carex pediformis* (shoot: 22.2%; root: 18.0%) (Fig. 5c,  
367 e). A similar differential response was observed in the sandy steppe. HFTC  
368 significantly increased biomass N in the semi-shrub *Corethrodendron fruticosum*  
369 (shoot: 22.6%; root: 23.7%) but significantly reduced it in the perennial bunch grass  
370 *Cleistogenes squarrosa* (shoot: -25.3%; root: -12.1%) and the perennial forb *Klasea*  
371 *centaurooides* (shoot: -23.1%; root: -20.3%) (Fig. 5b, d, f).

372 **3.4  $^{15}\text{N}$  Retention in the soil-microbe-plant systems**

373 In both grassland types, soil  $^{15}\text{N}$  recovery peaked in early spring, followed by a rapid  
374 decline from late spring to late summer. This was then followed by a gradual increase  
375 in recovery until late autumn (Fig. 6c, d). In contrast, plant  $^{15}\text{N}$  acquisition increased  
376 steadily throughout the growing season in both grasslands, while microbial  $^{15}\text{N}$   
377 recovery exhibited only modest fluctuations over the entire growing season (Fig. 6e-  
378 h).

379 During the early growing season, intensified LFTC had no significant effect on total  
380  $^{15}\text{N}$  recovery in soil-microbe-plant systems, while intensified HFTC significantly  
381 increased total  $^{15}\text{N}$  recovery (Fig. 6a, b). LFTC did not significantly impact soil  $^{15}\text{N}$   
382 recovery, but HFTC significantly increased soil  $^{15}\text{N}$  recovery in the two grasslands  
383 (Fig. 6c, d). In the meadow steppe, intensified LFTC and HFTC significantly enhanced  
384 microbial  $^{15}\text{N}$  recovery by 38.0% and 26.6%, respectively, and by 49.5% and 32.5%  
385 in the sandy steppe (Fig. 6e, f). In contrast to the positive effects on microbial  
386 recovery, HFTC significantly reduced plant  $^{15}\text{N}$  acquisition in both grasslands. LFTC  
387 had no significant effect on plant  $^{15}\text{N}$  acquisition (Fig. 6g, h). The leaching  $^{15}\text{N}$   
388 (deepsoil: 30-50 cm) in meadow steppe was more than that in the sandy steppe. In  
389 both grasslands, neither LFTC nor HFTC had a significant effect on the leaching  $^{15}\text{N}$   
390 (Fig. 6i, j).

391 In the meadow steppe, the  $^{15}\text{N}$  acquisition in the shoots of *S. baicalensis* (perennial  
392 bunch grass) and *C. pediformis* (perennial forb) were comparable, while *L. chinensis*  
393 (perennial rhizome grass) exhibited lower  $^{15}\text{N}$  acquisition. In contrast, the highest  $^{15}\text{N}$   
394 acquisition in roots was observed in *L. chinensis*, followed by *C. pediformis* and *S.*  
395 *baicalensis* (Fig. 7a, c, e). In the sandy steppe, both shoot and root  $^{15}\text{N}$  acquisition of  
396 *C. fruticosum* (semi-shrub) were the highest among the studied species. This was  
397 followed by the shoot  $^{15}\text{N}$  acquisition of *C. squarrosa* (perennial bunch grass) and *K.*  
398 *centaurooides* (perennial forb). Notably, the root  $^{15}\text{N}$  acquisition of *K. centaurooides*  
399 was higher than that of *C. squarrosa* (Fig. 7b, d, f).

400 HFTC significantly altered these acquisition patterns in a species-specific manner  
401 (Fig. 7). In the meadow steppe, HFTC significantly increased shoot and root  $^{15}\text{N}$   
402 acquisition of *S. baicalensis* by 5.8% and 9.3%, respectively, but significantly  
403 decreased it in *L. chinensis* (shoot: 16.4%; root: 12.1%) and *C. pediformis* (shoot:  
404 4.9%; root: 7.8%) (Fig. 7a, c, e). Similarly, in the sandy steppe, HFTC significantly  
405 increased  $^{15}\text{N}$  acquisition in *C. fruticosum* (shoot: 3.8%; root: 18.4%) but significantly  
406 reduced it in *C. squarrosa* (shoot: 16.7%; root: 14.4%) and *K. centaurooides* (shoot:  
407 16.1%; root: 14.1%) (Fig. 7b, d, f).

408 **3.5 Controls on plant  $^{15}\text{N}$  acquisition**

409 The correlation analysis revealed distinct and treatment-specific shifts in the  
410 relationships between plant  $^{15}\text{N}$  acquisition and environmental predictors across two

411 grasslands (Fig. 8). In both grasslands, plant  $^{15}\text{N}$  acquisition exhibited the strongest  
412 positive correlation with microbial  $^{15}\text{N}$  retention under control treatment (Fig. 8a, b).  
413 In the meadow steppe, under both LFTC and control, microbial  $^{15}\text{N}$  retention, soil  
414 temperature, soil moisture and soil  $\text{NO}_3^-$ -N levels were positively correlated with  
415 plant  $^{15}\text{N}$  acquisition (Fig. 8a, c). Under HFTC, plant  $^{15}\text{N}$  acquisition also exhibited a  
416 positive correlation with MBC (Fig. 8e). In the sandy steppe, under LFTC and HFTC,  
417 plant  $^{15}\text{N}$  acquisition exhibited the strongest positive correlation with microbial  
418 biomass N, followed by soil temperature, and soil  $\text{NO}_3^-$ -N levels (Fig. 8d, f).  
419 Conversely, soil  $^{15}\text{N}$  retention, net nitrification rate, and net ammonification rate were  
420 negatively correlated (Fig. 8d, f). Under HFTC, plant  $^{15}\text{N}$  acquisition also exhibited a  
421 positive correlation with soil moisture (Fig. 8d).

422 Random forest analysis revealed that soil temperature and soil  $^{15}\text{N}$  retention were the  
423 primary predictors of plant  $^{15}\text{N}$  acquisition across all treatments (Fig. 9). Notably,  
424 MBC and  $\text{NH}_4^+$ -N levels did not emerge as a significant predictor in any of the  
425 models. However, the importance of other predictors varied between grasslands and  
426 treatments. In the meadow steppe, the control, LFTC, and HFTC treatments each  
427 retained five key predictors. Dominant predictors under LFTC included net  
428 ammonification rate, soil  $\text{NO}_3^-$ -N levels and microbial  $^{15}\text{N}$  retention. Under HFTC,  
429 key predictors shifted to soil moisture, microbial  $^{15}\text{N}$  retention and net  
430 ammonification rate. Neither net nitrification rate nor MBN emerged as significant  
431 predictors under LFTC or HFTC (Fig. 9c, e). In the sandy steppe, net nitrification rate

432 and soil moisture were key predictors under both LFTC and HFTC (Fig. 9d, f). Both  
433 LFTC and HFTC exhibited more predictors than control. Under LFTC, MBN was not  
434 a significant predictor ( $p = 0.089$ ), under HFTC, net ammonification rate and  
435 microbial  $^{15}\text{N}$  retention were also not significant predictors.

## 436 **4 Discussion**

437 Our in-situ  $^{15}\text{N}$  tracer experiment demonstrates that intensified winter freeze-thaw  
438 cycles (FTC) reshape winter N availability in temperate grasslands by stabilizing soil  
439 and microbial N retention and creating competitive hierarchies among plants, without  
440 causing losses of winter N sources.

### 441 **4.1 Microbial nutrient-use strategies shift under intensified FTC**

442 Our study reveals that intensified FTC triggers a strategic shift in soil microbial  
443 nutrient use, characterized by a notable decoupling between microbial C and N  
444 dynamics (Fig. 4). The significant reduction in MBC during the early growing season  
445 aligns with the previous observations of microbial lysis and physiological stress  
446 induced by freeze-thaw events (DeLuca et al., 1992; Walker et al., 2006). A critical  
447 finding was the stability or even increase in MBN under C-limited conditions in early  
448 spring (Fig. 4), indicating a decoupled microbial response. We propose this reflects a  
449 microbial adaptation to prioritize N retention. Faced with an inorganic N pulse from  
450 cell lysis and aggregate disruption (Fig. 3) yet constrained by C scarcity, microbes  
451 engage in luxury N immobilization. This strategy allows them to secure and store N,

452 preventing its loss from the system (Christopher et al., 2008; Skogland et al., 1988;  
453 Wang et al., 2024). This physiological trade-off maintains ecosystem N retention at  
454 the expense of C use efficiency (Schimel and Bennett, 2004; Yu et al., 2011).  
455 Therefore, the microbial response to FTC is one of strategic re-allocation, shifting  
456 their stoichiometry to optimize N storage during a critical window of availability and  
457 instability.

#### 458 **4.2 Ecosystem-level retention of winter N sources under intensified FTC**

459 Contrary to our first hypothesis, intensified FTC did not increase lead to ecosystem-  
460 level losses of the total  $^{15}\text{N}$  tracer in either temperate grasslands. Instead, high-  
461 frequency FTC (HFTC) significantly enhanced total  $^{15}\text{N}$  recovery within the soil-  
462 microbe-plant system during the early growing season (Fig. 6a, b), indicating that  
463 effective conservation mechanisms were activated. This finding challenging the  
464 prevailing paradigm that winter climate change inevitably promotes widespread N  
465 loss (Han et al., 2018; Song et al., 2017).

466 This observed retention capacity can be explained through three interconnected  
467 mechanisms. First, the soil pool acted as a major and persistent sink. The significantly  
468 elevated soil  $^{15}\text{N}$  retention under HFTC (Fig. 6) points to the efficient physical  
469 protection and chemical stabilization of the released N. This protection likely  
470 occurred through incorporation within stable soil aggregates and adsorption onto  
471 organic matter surfaces, reducing N mobility and availability for loss pathways

472 (Bhattacharyya et al., 2019).

473 Second, soil microbes served as a crucial biological buffer during the critical early  
474 spring period. The significant increase in microbial  $^{15}\text{N}$  immobilization during early  
475 spring (Fig. 6) indicates their rapid capture of winter-derived N. Crucially, this  
476 microbial immobilization occurred when plant uptake was minimal, thereby securing  
477 the N pulse during this vulnerable window (Turner and Henry, 2009; Zheng et al.,  
478 2024). Third, FTC-induced increases in soil moisture mediated  $^{15}\text{N}$  availability. Our  
479 random forest analyses identified soil moisture as a significant predictor of plant  $^{15}\text{N}$   
480 acquisition (Fig. 8). The elevated moisture under FTC treatments (Fig. 2b) likely  
481 enhanced N mobility, facilitating diffusion to roots. This moisture-driven promotion  
482 of N flux created favorable conditions for plant uptake, yet within the framework of  
483 effective ecosystem retention as evidenced by the absence of significant leaching  
484 losses.

485 While the stability of the microbial  $^{15}\text{N}$  pool over time indicates limited direct transfer  
486 of immobilized N to plants, its role in initial N stabilization during the vulnerable  
487 early spring period was paramount. Subsequent plant  $^{15}\text{N}$  uptake likely derived from  
488 other soil pools replenished by mineralization, indicating a decoupling of the typical  
489 synchrony between microbial and plant N partitioning.

490 **4.3 Cross-site convergence in ecosystem  $^{15}\text{N}$  retention**

491 Contrary to our first hypothesis, total  $^{15}\text{N}$  recovery was statistically similar between  
492 the two contrasting grassland ecosystems under intensified FTC conditions (Fig. 6).  
493 This convergence in ecosystem-level  $^{15}\text{N}$  retention can be explained by several  
494 compensatory mechanisms: First, while the meadow steppe exhibited higher net N  
495 mineralization rates in early spring, releasing a larger initial nitrogen pulse, the sandy  
496 steppe compensated through more efficient microbial and plant uptake of the N  
497 sources. This was evidenced by significantly lower soil  $\text{NH}_4^+ \text{-N}$  concentrations in the  
498 sandy steppe (Fig. 4), suggesting adaptation for rapid N acquisition in this resource-  
499 limited system. Consequently, both ecosystems achieved statistically similar  $^{15}\text{N}$   
500 levels in microbial and plant pools despite their divergent soil conditions (Fig. 4e-h;  
501 Table 1).

502 Second, hydrological pathways of winter-derived N loss were similarly constrained in  
503 both grasslands. The minimal  $^{15}\text{N}$  levels detected in deep soil layers (30-50 cm) (Fig.  
504 5e, f) indicate limited leaching losses, demonstrating that intensified FTC did not  
505 disproportionately enhance N loss in the coarser-textured sandy steppe. This  
506 established a similar baseline of physical N conservation in both systems. Therefore,  
507 the similar levels of ecosystem  $^{15}\text{N}$  retention were not achieved through identical  
508 processes, but through different yet effective strategies in plant N uptake, physical  
509 conservation, and microbial immobilization.

510 **4.4 Divergent plant strategies for  $^{15}\text{N}$  acquisition under intensified FTC**

511 Our results strongly support the second hypothesis that intensified FTC alter species-  
512 specific acquisition of winter N sources. While HFTC significantly reduced  $^{15}\text{N}$   
513 acquisition at the community-level, this overall trend concealed strongly species-level  
514 divergence (Fig. 7). This divergence was not random but was clearly aligned with key  
515 plant functional traits, particularly spring phenology and root system architecture  
516 (Table S1).

517 The enhanced  $^{15}\text{N}$  acquisition under HFTC by dominant species, *S. baicalensis* in the  
518 meadow steppe and *H. mongolicum* in the sandy steppe, exemplifies a trait-based  
519 strategy for exploiting freeze-thaw induced N pulses (Table S1). In the meadow  
520 steppe, *S. baicalensis* capitalized on its early spring growth and dense root  
521 morphology (Ma et al., 2018) to dominate N acquisition. The high root density  
522 provided a superior absorptive surface area in the topsoil, where FTC-mobilized N  
523 was concentrated, granting it a competitive advantage over species with coarser or  
524 less-developed root systems. In the sandy steppe, the deep-rooted legume *C.*  
525 *fruticosum* (Lonati et al., 2015) buffered against surface perturbations by accessing  
526 stable subsurface N and water. The success of these species underscores that the  
527 coupling of early phenology or deep resource access with robust root systems is a  
528 critical adaptation to FTC-induced stress, allowing them to effectively monopolize  
529 winter N resources (Miller et al., 2009).

530 In contrast, subordinate species (*L. chinensis*, *C. pediformis*, *C. squarrosa*, *K.*

531 *centaurooides*) showed significantly decreased  $^{15}\text{N}$  acquisition, a consequence of their  
532 phenological and architectural mismatch with the FTC-altered regime. Their later  
533 phenology likely prevented utilization of the early N pulse, while shallow, damage-  
534 susceptible root systems further constrained access to winter N sources (Table S1; Ma  
535 et al., 2018). This competitive disadvantage arose through two interconnected  
536 mechanisms. First, phenological asynchrony placed the subordinate species at a  
537 critical disadvantage. The early-season N pulse released by HFTC occurred before  
538 these later-active species had initiated substantial root activity or shoot growth (Table  
539 S1). Consequently, they missed the peak window of N pulse, which was preemptively  
540 captured by early-season competitors.

541 Second, structural vulnerability exacerbated their disadvantage. The fine, shallow root  
542 systems of perennial forbs, particularly *C. pediformis* and *K. centaurooides*, are highly  
543 susceptible to HFTC-induced root damage (Table S1; Campbell et al., 2014; Ye et al.,  
544 2017). This vulnerability was supported by our data showing the significant reduction  
545 in root biomass N for these species (Fig. 5). Such damage not only increased fine root  
546 mortality but also further constrained their capacity to access winter-derived N  
547 (Hosokawa et al., 2017; Reinmann et al., 2019).

548 Ecologically, the divergent responses among plant species can be primarily attributed  
549 to a disruption of temporal niche partitioning. HFTC generate an early-season N pulse  
550 that preferentially favors species with pre-existing adaptations to cold-season

551 conditions, such as early spring phenology and robust root systems. This initial  
552 advantage is further amplified by the greater susceptibility of later-active species to  
553 root damage, thereby intensifying competitive asymmetry and potentially driving  
554 long-term shifts in plant community structure. Despite the stability of soil and  
555 microbial N pools, the overall reduction in community-level  $^{15}\text{N}$  acquisition under  
556 HFTC suggests a potential decoupling between ecosystem N retention and plant N  
557 utilization. This indicates that ecosystem resilience, defined as the capacity to  
558 maintain both structure and function, may be compromised, as the ability to conserve  
559 N does not necessarily ensure unchanged patterns of plant resource acquisition.

560 **4.5 Limitations and future work**

561 This study provides valuable insights into ecosystem N cycling under intensified FTC,  
562 yet several limitations should be acknowledged. First, while our  $^{15}\text{N}$  tracer approach  
563 precisely tracked the fate of winter-derived inorganic N, it did not capture dynamics  
564 of the native soil N pool, particularly mobilization and loss pathways of unlabeled  
565 organic N. Second, the temporal resolution of our sampling, while appropriate for  
566 quantifying seasonal patterns of plant N uptake, was insufficient to capture rapid  
567 microbial N transformations and gaseous fluxes occurring within days following FTC  
568 events. Third, while sampling the 0–20 cm soil layer captured the majority (70%–  
569 80%) of the root systems, it may not fully represent the absolute  $^{15}\text{N}$  acquisition by  
570 deep-rooted species was likely underestimated. Finally, due to equipment constraints,  
571 we did not monitor photosynthetically active radiation (PAR) or precise CO<sub>2</sub> levels

572 within experimental tents; including these parameters in future studies would offer a  
573 more comprehensive understanding of microclimatic perturbations.

574 Building on these limitations, we propose two key priorities for future research: First,  
575 pinpoint the sources of newly available N during FTC. It would be valuable to  
576 differentiate the specific origins of newly available N during FTC, whether derived  
577 from microbial cell lysis, root mortality, or physical disruption of soil aggregates.

578 Clarifying these sources is essential to accurately trace the pathways and retention  
579 mechanisms of FTC-mobilized N. Second, conduct high-frequency monitoring of  
580 greenhouse gas fluxes. Simultaneous monitoring of greenhouse gases (particularly  
581 N<sub>2</sub>O and CO<sub>2</sub>) with high temporal resolution during FTC events is crucial. This  
582 approach would help elucidate the coupling of microbial C and N cycling, especially  
583 given that FTC-induced N<sub>2</sub>O peaks often occur without corresponding CO<sub>2</sub> increases,  
584 a phenomenon potentially related to the decoupled responses of microbial biomass C  
585 and N observed in our study. By systematically addressing these research priorities,  
586 we can significantly advance the mechanistic understanding of N cycling and  
587 ecosystem responses to winter climate change.

## 588 **5 Conclusions**

589 Our in-situ <sup>15</sup>N tracer experiment provides integrated mechanistic insights into the fate  
590 of winter N sources under intensified high-frequency freeze-thaw cycles (FTC) in  
591 temperate grasslands. The key findings demonstrate that these ecosystems possess

592 remarkable capacity to conserve winter-derived N, challenging the paradigm of  
593 significant N loss under winter climate change. First, intensified FTC did not lead to  
594 losses of total  $^{15}\text{N}$  tracer at the ecosystem level. This conservation was achieved  
595 through complementary mechanisms: efficient physical protection within the soils and  
596 rapid immobilization by microbial communities that secured N during the vulnerable  
597 early spring period. Second, the meadow and sandy steppes showed convergent  
598 ecosystem-level  $^{15}\text{N}$  retention under intensified FTC. This likely arose from  
599 equivalent plant  $^{15}\text{N}$  uptake via divergent strategies, similarly constrained  $^{15}\text{N}$  losses,  
600 and comparable microbial  $^{15}\text{N}$  immobilization. Third, intensified FTC restructured  
601 plant  $^{15}\text{N}$  acquisition by amplifying competitive hierarchies based on functional traits.  
602 Dominant species with early spring phenology and robust root systems enhanced their  
603  $^{15}\text{N}$  uptake, while subordinate species with later phenology and shallower roots were  
604 disadvantaged.

605 These findings demonstrate that microbial communities buffer against N loss during  
606 FTC events, while plant functional traits mediate ecosystem responses to winter  
607 climate change. The species-specific shifts in  $^{15}\text{N}$  acquisition induced by high-  
608 frequency FTC are ecologically meaningful. The amplified competitive asymmetry,  
609 favoring cold-adapted dominants while suppressing subordinates, could initiate  
610 directional changes in plant community composition if sustained over years.  
611 Although immediate productivity may be sustained, the observed trade-off between  
612 ecosystem N retention and plant N utilization suggests a decline in long-term

613 resource-use efficiency. Consequently, these N partitioning patterns serve as an early  
614 indicator of how winter climate change could compromise plant community resilience  
615 and trigger ecosystem restructuring. Integrating these critical plant-microbe-soil  
616 interactions into models is therefore essential for predicting future ecosystem  
617 trajectories.

618 ***Author Contributions.***

619 C.Z.: Investigation, Data curation, Formal analysis, Methodology, Writing—original  
620 draft; N.L.: Data curation, Formal analysis, Methodology; C.Y., J.G.: Data curation,  
621 Formal analysis; L.M.: Review & editing, Supervision, Project administration,  
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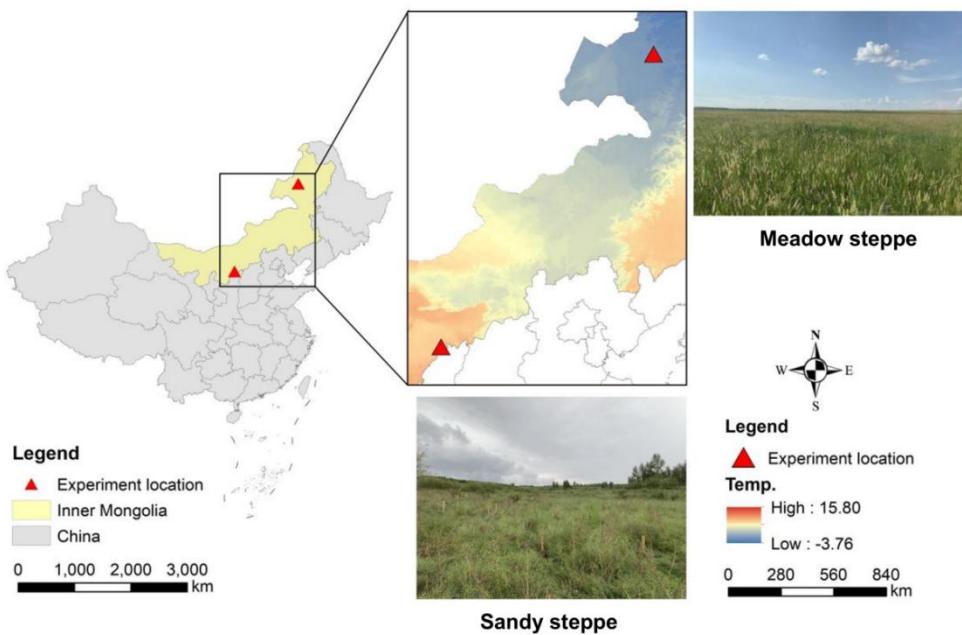
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**Table 1** Climate, soil and plant properties ( $\pm$  Standard Error,  $n = 6$ ), and treatment time in the meadow steppe and the sandy steppe.

	Term	Meadow steppe	Sandy steppe
<b>Site information</b>	Location	49°19' N, 120°02' E	39°29' N, 110°11' E
	Soil type	Loam soil	Sandy loam soil
	MAT (°C)	-2	6.5
	MAP (mm)	420	310
	Elevation (m)	628	1290
	Frequency of spring freeze-thaw cycle (times)	19	21
<b>Soil property</b>	TC (kg m <sup>-2</sup> )	3.98 $\pm$ 0.14*	1.00 $\pm$ 0.10
	IN (g m <sup>-2</sup> )	1.79 $\pm$ 0.09*	0.86 $\pm$ 0.05
	20-2000 $\mu$ m (%)	63.71 $\pm$ 1.58*	48.59 $\pm$ 1.98
	2-20 $\mu$ m (%)	27.23 $\pm$ 0.63*	36.74 $\pm$ 0.67
	< 2 $\mu$ m (%)	10.13 $\pm$ 0.23*	6.42 $\pm$ 0.13
	pH	7.36 $\pm$ 0.26	8.57 $\pm$ 0.07
	BD (g cm <sup>-3</sup> )	1.37 $\pm$ 0.13	1.26 $\pm$ 0.10
<b>Plant property</b>	Cover (%)	<i>Stipa baicalensis</i> 40	<i>Corethrodendron fruticosum</i> 35
		<i>Leymus chinensis</i> 20	<i>Cleistogenes squarrosa</i> 23
		<i>Carex pediformis</i> 25	<i>Klasea centaurooides</i> 12
<b>Treatment time</b>	HFTC	7 March, 9 March, 10 March, 12 March, 14 March, 15 March, 17 March, 18 March, 20 March, 21 March, 23 March, and 26 March 2021	10 February, 16 February, 18 February, 20 February, 21 February, 23 February, 25 February, 26 February, 28 February, 1 March, 3 March, and 5 March 2021
	LFTC	7 March, 10 March, 14 March, 17 March, 20 March, and 23 March 2021	10 February, 18 February, 21 February, 25 February, 28 February, and 3 March 2021

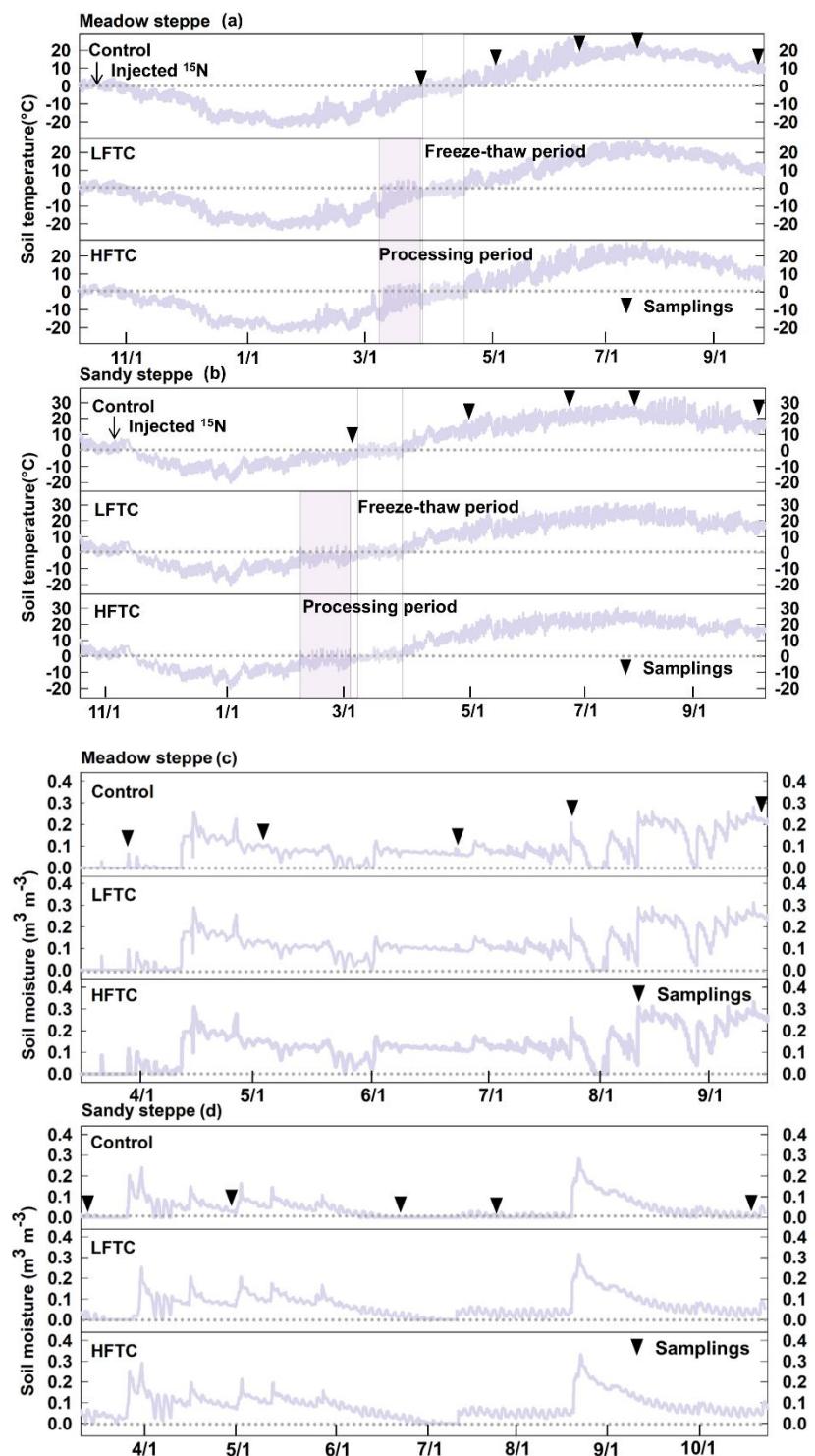
Significant differences between sites were identified using one-way ANOVA: \*,  $p < 0.05$ . MAT, mean annual temperature; MAP, mean annual precipitation; TC, soil total C content; IN, soil inorganic N content; BD, soil bulk density; HFTC, increased high frequency freeze-thaw cycles (12 times); LFTC, increased low frequency freeze-thaw cycles (6 times).

**Figure 1**



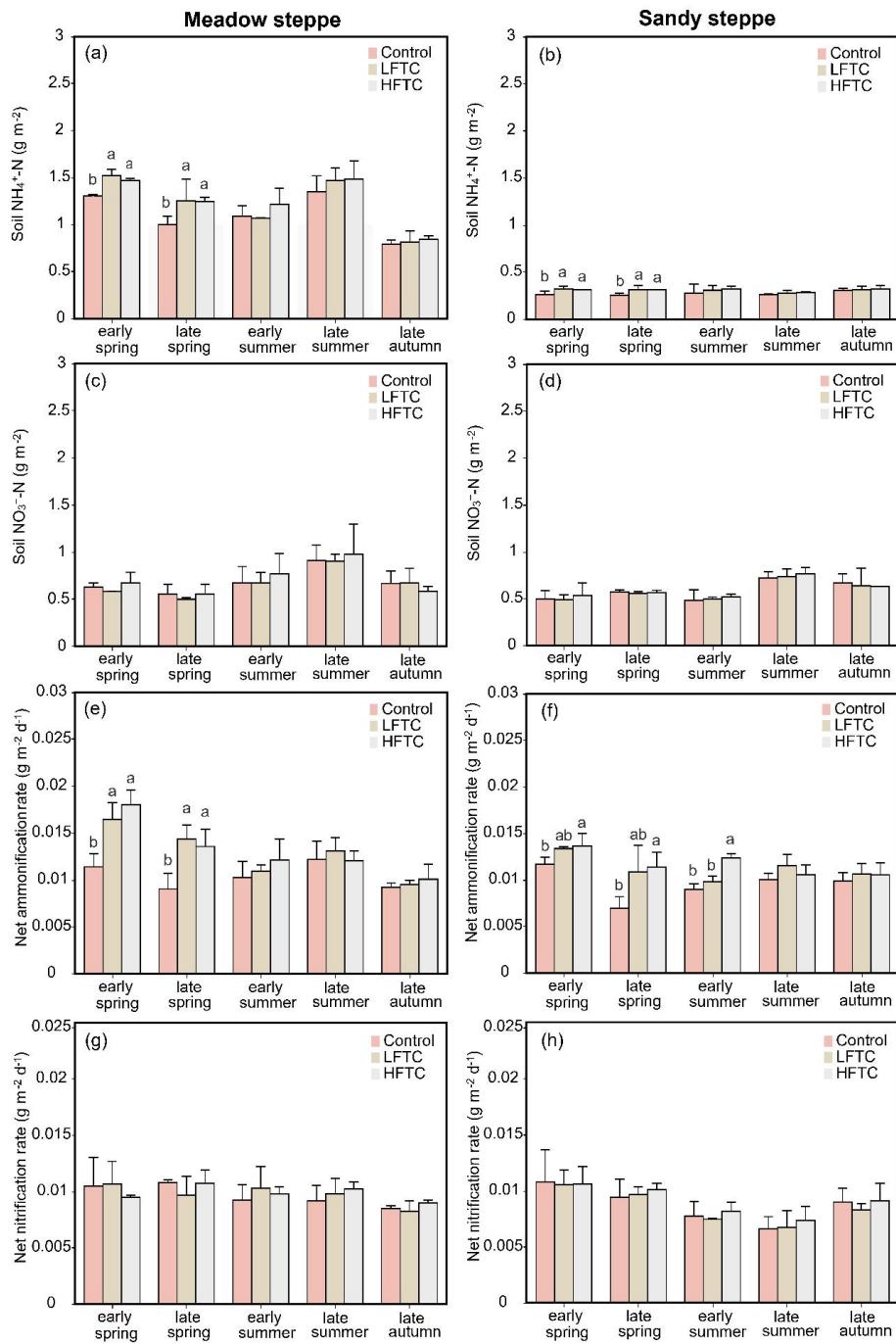
**Figure 1. Geographical distribution of the transect in a meadow steppe and a sandy steppe in northern China.**

**Figure 2**



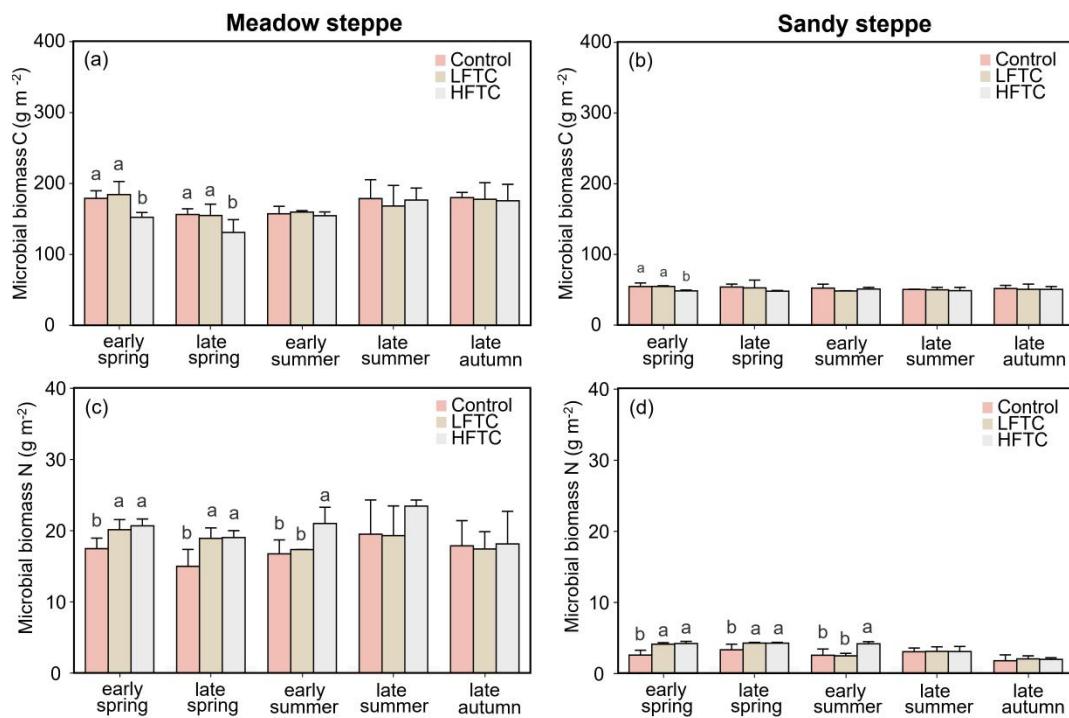
**Figure 2. Soil temperature (a, b) and moisture (c, d) during the study period under intensified low-frequency freeze-thaw cycles (LFTC; 6 times) and high-frequency freeze-thaw cycles (HFTC; 12 times) treatments in a meadow steppe and a sandy steppe. Shaded vertical bars indicate processing (treatment) period. Vertical lines indicate natural freeze-thaw periods. Nablas indicate sampling times, dates for  $^{15}\text{N}$  tracer injection and sampling dates are also shown.**

**Figure 3**



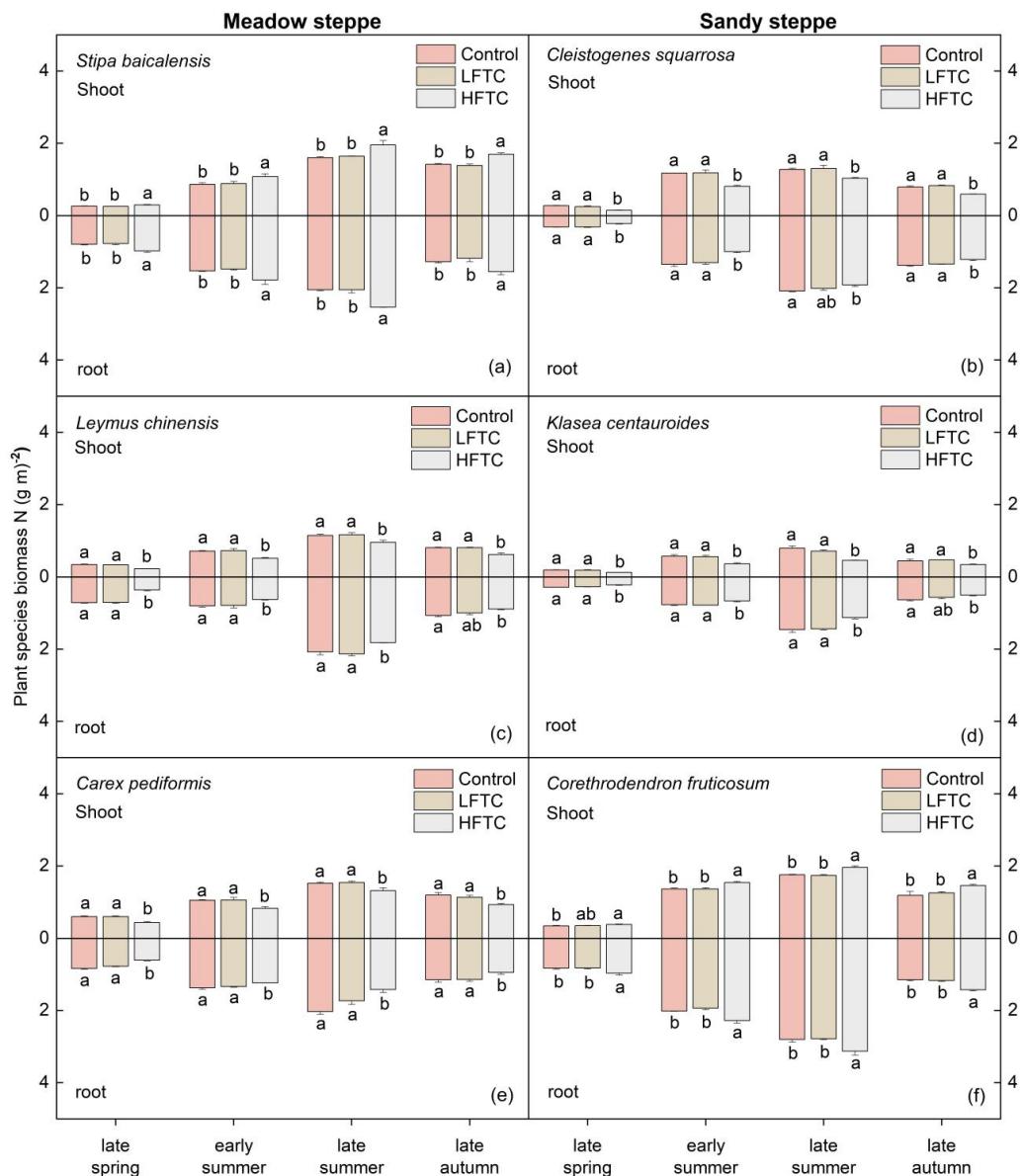
**Figure 3. Soil  $\text{NH}_4^+ \text{-N}$  and  $\text{NO}_3^- \text{-N}$  concentrations, net ammonification rate and net nitrification rate under intensified low-frequency freeze-thaw cycles (LFTC; 6 times) and high-frequency freeze-thaw cycles (HFTC; 12 times) treatments in the meadow steppe and the sandy steppe. In the meadow steppe, samplings were collected on 26 March (early spring), 4 May (late spring), 23 June (early summer), 22 July (late summer), and 26 September (late autumn) in 2021. In the sandy steppe, samplings were collected on 5 March (early spring), 29 April (late spring), 21 June (early summer), 26 July (late summer), and 15 October (late autumn) in 2021. Vertical bars indicate the standard error (SE) of the means ( $n = 6$ ). Different lowercase letters indicate statistically significant differences among treatment groups within sampling periods ( $p < 0.05$ ).**

**Figure 4**



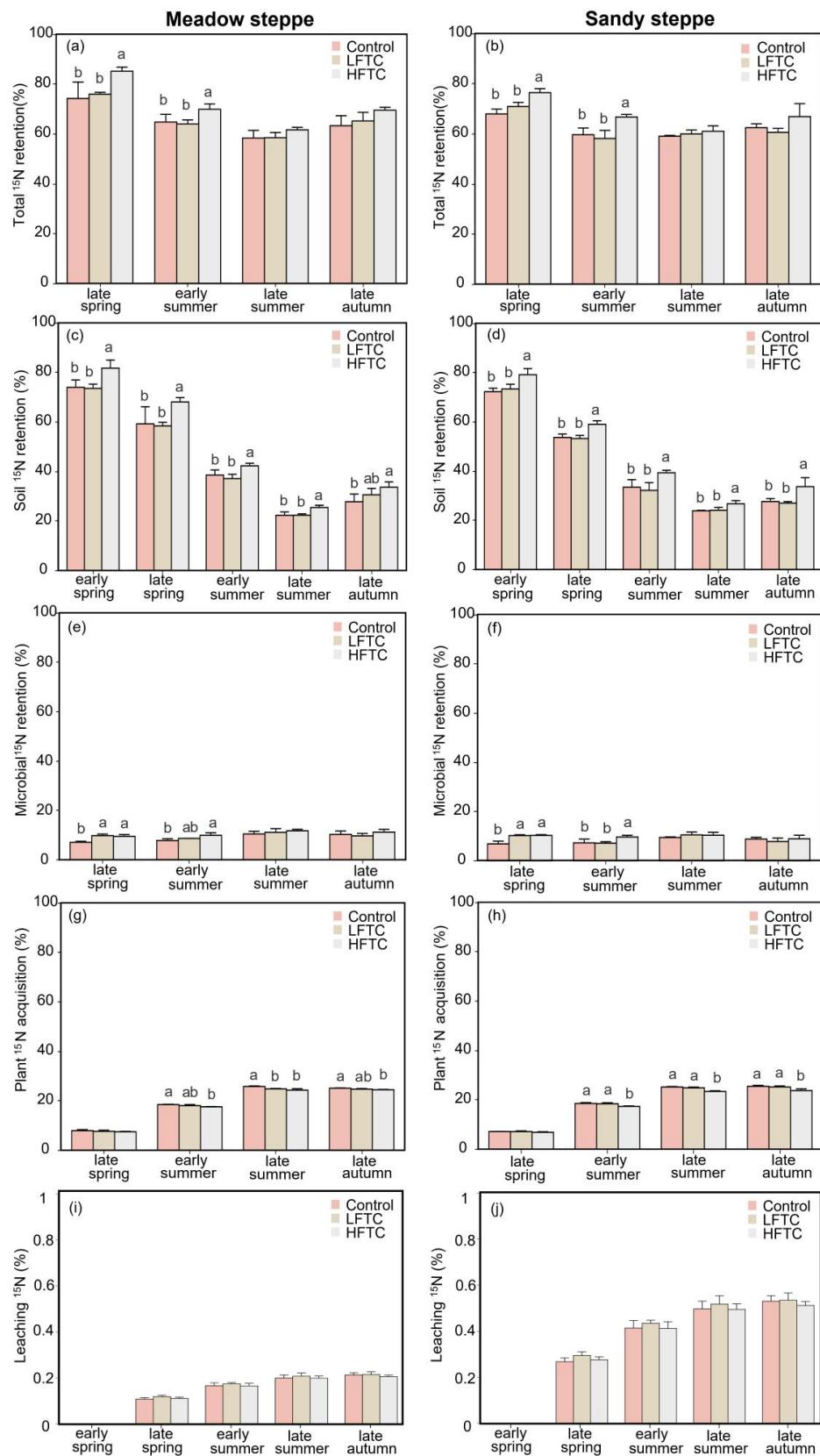
**Figure 4. Soil microbial biomass C and N under intensified low-frequency freeze-thaw cycles (LFTC; 6 times) and high-frequency freeze-thaw cycles (HFTC; 12 times) treatments in the meadow steppe and the sandy steppe.** In the meadow steppe, samplings were collected on 26 March (early spring), 4 May (late spring), 23 June (early summer), 22 July (late summer), and 26 September (late autumn) in 2021. In the sandy steppe, samplings were collected on 5 March (early spring), 29 April (late spring), 21 June (early summer), 26 July (late summer), and 15 October (late autumn) in 2021. Vertical bars indicate the standard error (SE) of the means ( $n = 6$ ). Different lowercase letters indicate statistically significant differences among sampling periods ( $p < 0.05$ ).

**Figure 5**



**Figure 5. Plant biomass N (shoot and root) under intensified low-frequency freeze-thaw cycles (LFTC; 6 times) and high-frequency freeze-thaw cycles (HFTC; 12 times) treatments in the meadow steppe and the sandy steppe.** In the meadow steppe, samplings were collected on 26 March (early spring), 4 May (late spring), 23 June (early summer), 22 July (late summer), and 26 September (late autumn) in 2021. In the sandy steppe, samplings were collected on 5 March (early spring), 29 April (late spring), 21 June (early summer), 26 July (late summer), and 15 October (late autumn) in 2021. Vertical bars indicate the SE of the means ( $n = 6$ ). Different lowercase letters indicate statistically significant differences among sampling periods ( $p < 0.05$ ).

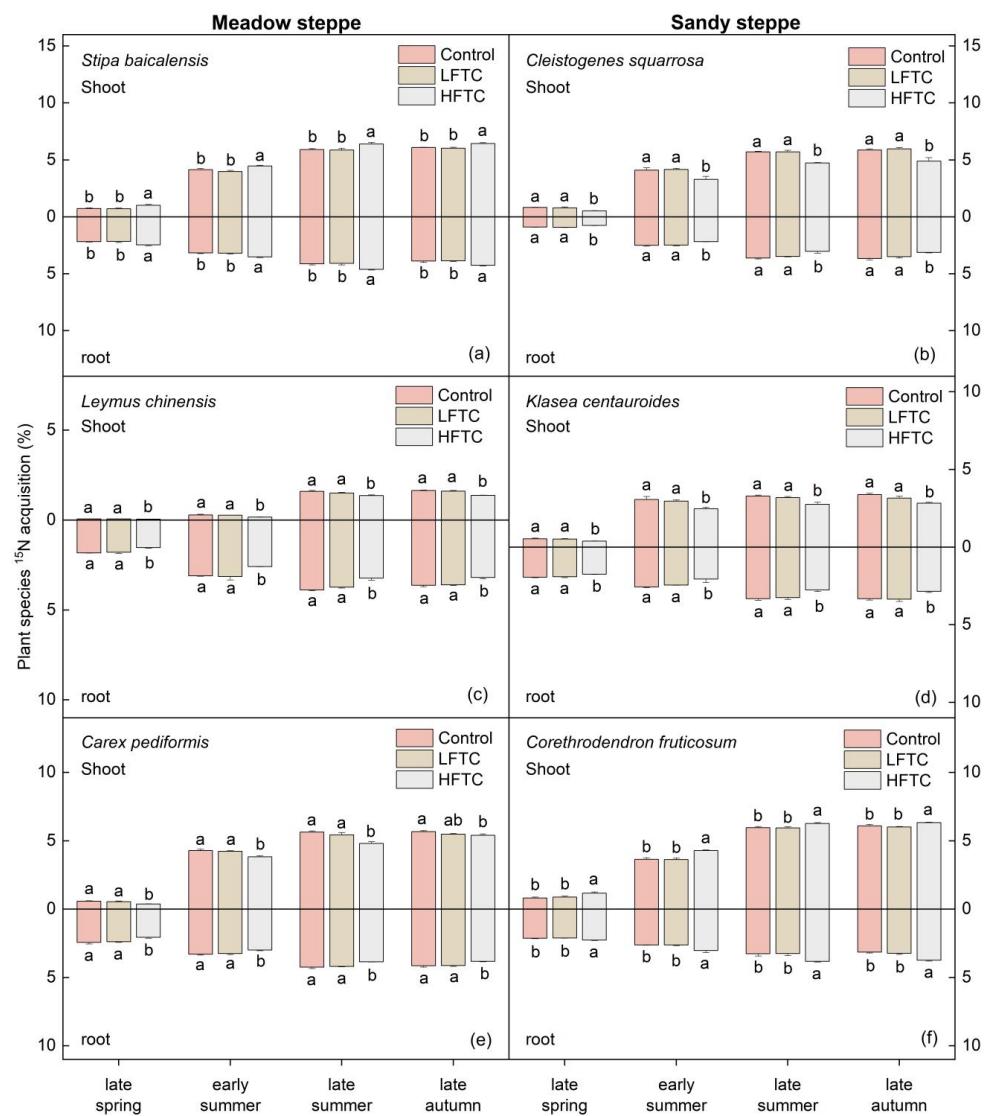
**Figure 6**



**Figure 6. Dynamics of  $^{15}\text{N}$  retention in soil-microbe-plant system, and leaching  $^{15}\text{N}$  (deepsoil, 30-50 cm) under intensified low-frequency freeze-thaw cycles (LFTC; 6 times) and high-frequency freeze-thaw cycles (HFTC).**

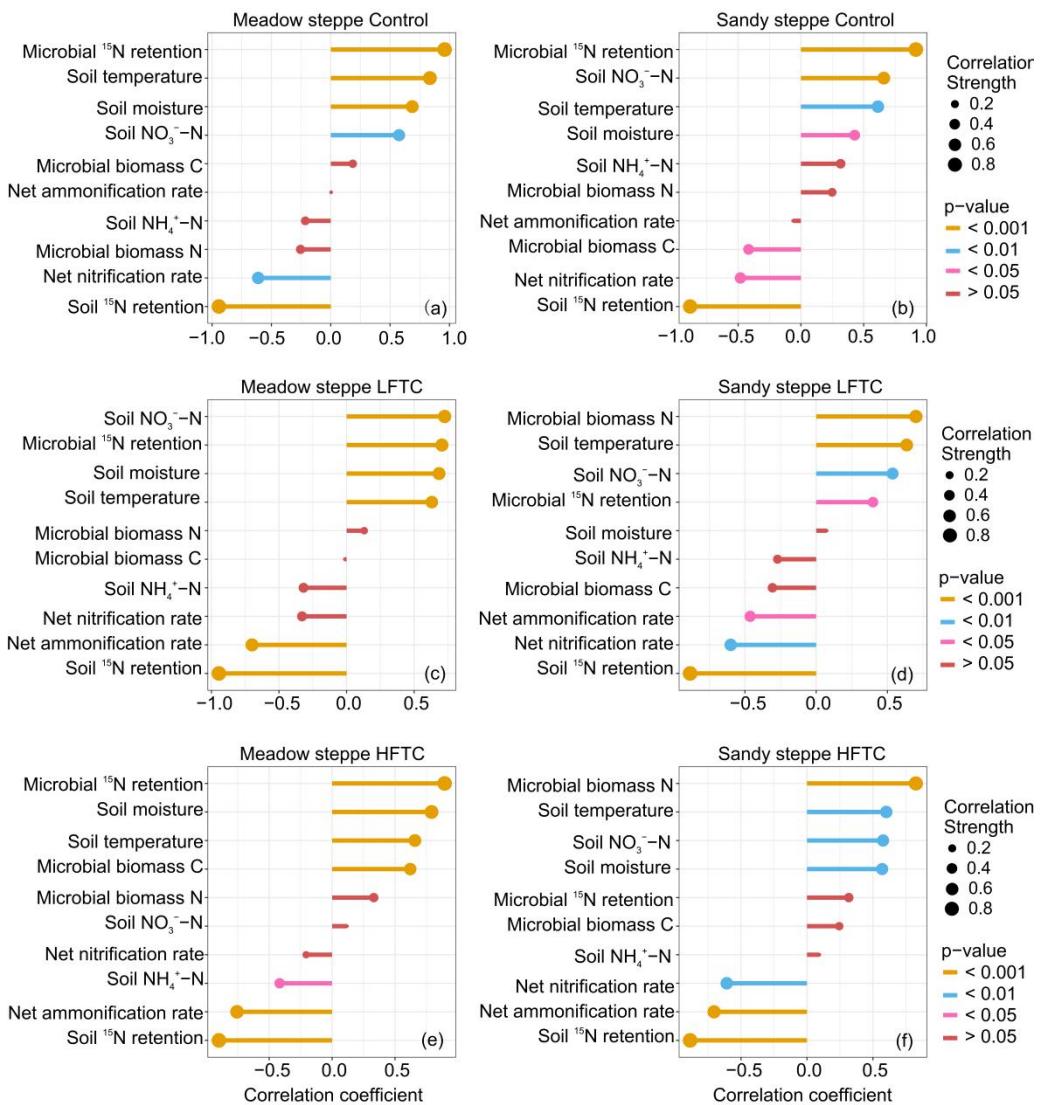
**frequency freeze-thaw cycles (HFTC; 12 times) treatments in the meadow steppe and the sandy steppe.** In the meadow steppe, samplings were collected on 26 March (early spring), 4 May (late spring), 23 June (early summer), 22 July (late summer), and 26 September (late autumn) in 2021. In the sandy steppe, samplings were collected on 5 March (early spring), 29 April (late spring), 21 June (early summer), 26 July (late summer), and 15 October (late autumn) in 2021. Vertical bars indicate the SE of the means ( $n = 6$ ). Different lowercase letters indicate statistically significant differences among sampling periods ( $p < 0.05$ ).

**Figure 7**



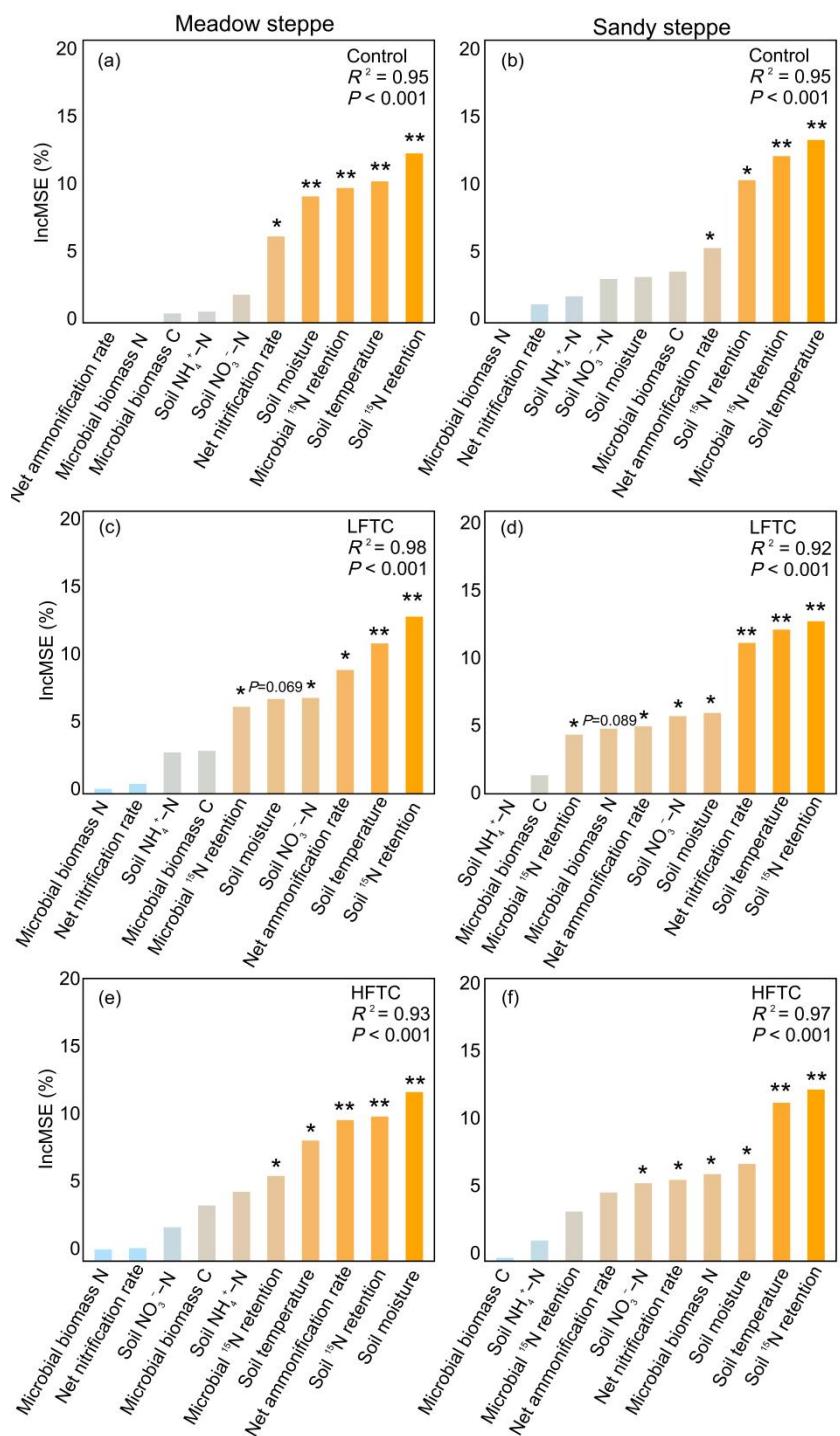
**Figure 7. Plant  $^{15}\text{N}$  acquisition under intensified low-frequency freeze-thaw cycles (LFTC; 6 times) and high-frequency freeze-thaw cycles (HFTC; 12 times) treatments in a meadow steppe and a sandy steppe.** In the meadow steppe, samplings were collected on 26 March (early spring), 4 May (late spring), 23 June (early summer), 22 July (late summer), and 26 September (late autumn) in 2021. In the sandy steppe, samplings were collected on 5 March (early spring), 29 April (late spring), 21 June (early summer), 26 July (late summer), and 15 October (late autumn) in 2021. Vertical bars indicate the SE of the mean ( $n = 6$ ). Different lowercase letters indicate statistically significant differences among sampling periods ( $p < 0.05$ ).

**Figure 8**



**Figure 8. Relationships (Spearman correlation) between plant  $^{15}\text{N}$  acquisition and environmental predictors under control (ambient condition), intensified low freeze-thaw cycle (LFTC; 6 cycles) and high freeze-thaw cycle (HFTC; 12 times) treatments in the meadow steppe and the sandy steppe.**

**Figure 9**



**Figure 9. Relative importance of environmental predictors for plant  $^{15}\text{N}$  acquisition as determined by random forest analysis under control (ambient condition), intensified low freeze-thaw cycle (LFTC; 6 cycles) and high freeze-thaw cycle (HFTC; 12 times) treatments in the meadow steppe and the sandy steppe.**