

1 Migrating diurnal tide anomalies during QBO disruptions in 2016 and 2 2020: morphology and mechanism

3 Shuai Liu^{1,2}, Guoying Jiang^{1,3,4}, Bingxian Luo^{1,2}, Xiao Liu⁵, Jiyao Xu^{1,3}, Yajun Zhu^{1,3,4}, Wen Yi^{6,7}

4 ¹State Key Laboratory of Solar Activity and Space Weather, National Space Science Center, Chinese Academy of Sciences,
5 Beijing, 100190, China

6 ²College of Earth and Planetary Sciences, University of Chinese Academy of Sciences, Beijing, 101408, China

7 ³School of Astronomy and Space Science, University of Chinese Academy of Sciences, Beijing, 101408, China

8 ⁴Hainan National Field Science Observation and Research Observatory for Space Weather, Danzhou, Hainan Province, China.

9 ⁵School of Mathematics and Statistics, Henan Normal University, Xinxiang, 453007, China

10 ⁶CAS Key Laboratory of Geospace Environment, Department of Geophysics and Planetary Sciences, University of Science
11 and Technology of China, Hefei, China

12 ⁷CAS Center for Excellence in Comparative Planetology, Anhui Mengcheng Geophysics National Observation and Research
13 Station, University of Science and Technology of China, Hefei, China

14 *Correspondence to:* Guoying Jiang (gyjiang@swl.ac.cn) and Bingxian Luo (luobx@nssc.ac.cn)

15 **Abstract.** The stratosphere Quasi-Biennial Oscillation (QBO) modulates the migrating diurnal tide (DW1) in the mesosphere
16 and lower thermosphere (MLT). DW1 amplitudes are larger during QBO westerly (QBOW) than during easterly (QBOE)
17 phases. Since QBO's discovery in 1953, two rare QBO disruption events occurred in 2016 and 2020. During these events,
18 anomalous westerly winds propagate upward, disrupting normal downward propagation of easterly phase and producing a
19 persistent westerly wind layer. In this study, global responses of DW1 amplitudes and phases in MLT to these QBO disruptions,
20 as well as its underlying mechanisms are investigated, using SABER/TIMED observations, MERRA-2 reanalysis and SD-
21 WACCM-X simulations. Similarity of the DW1 responses to these two events is that DW1 phases and wavelengths exhibit
22 close results to QBOW, whereas the amplitudes show significant responses. Relative to regular QBOE, DW1 amplitudes
23 increase by ~20.5 % at equator and ~14.4 % at 30°N/S during the 2016 event, but by only ~6.0 % and ~7.7 % during the 2020
24 event. In 2016 event, water vapor radiative and latent heating increased by ~8 % and ~22 % relative to QBOE. The zonal wind
25 latitudinal shear and gravity-wave (GW) drag tend to enhance DW1 amplitudes. In contrast, in 2020 event, only water vapor
26 radiative heating exhibits a ~5 % increase. The zonal wind latitudinal shear has less effect on DW1, while GW drag exerts a
27 comparatively weaker influence. The modest enhancement of water vapor heating together with the weaker GW drag likely
28 accounts for the weaker enhancement of DW1 during this event.

29

30 1 Introduction

31 Atmospheric solar tides are planetary-scale harmonic waves with periods of a solar day. In the mesosphere and lower
32 thermosphere (MLT), solar tides exert significant influences on atmospheric parameters such as wind, temperature, and density

33 (Chapman & Lindzen, 1980; Xu et al., 2009; Jiang et al., 2010; Smith, 2012). Among these tides, the migrating diurnal tide
 34 (DW1) is one of the most prominent components. DW1 in MLT is modulated by external forcings, including the stratosphere
 35 Quasi-Biennial Oscillation (QBO, Hagan et al., 1999; Wu et al., 2008; Xu et al., 2009; Oberheide et al., 2009; Mukhtarov et
 36 al., 2009; Davis et al., 2013; Gan et al. 2014), El Niño–Southern Oscillation (ENSO, Lieberman et al., 2007; Cen et al., 2022)
 37 and 11-year solar cycle response (Singh and Gurubaran, 2017; Sun et al., 2022; Liu et al., 2024a; Liu et al., 2024b). In this
 38 work, the impact of QBO is focused.

39 The QBO dominates the variability of the equatorial stratosphere (~16–50 km), shown as alternating downward propagating
 40 easterly wind (so-called QBO easterly phases) and westerly wind (so-called QBO westerly phases), with an averaging period
 41 of approximately 28 months (Baldwin et al., 2001). QBO is driven by vertically propagating Kelvin, mixed Rossby gravity
 42 waves and small-scale gravity waves (Lindzen and Holton, 1968; Holton and Lindzen, 1972; Baldwin et al., 2001; Ern et al.,
 43 2014). It could influence the transport and distribution of trace gases like water vapor and ozone in the troposphere and
 44 stratosphere (Schoeberl et al., 2008).

45 During the winter of 2015/16 and 2019/20, two rare stratospheric QBO disruption events occurred, which were found only
 46 twice since the record began in 1953. The events are manifested by anomalous westerly winds propagating upward, disrupting
 47 normal downward propagation of the easterly phase and producing a persistent westerly wind layer (Newman et al., 2016;
 48 Anstey et al., 2021). The 2016 QBO disruption has been confirmed to have a close causal relationship with the 2015/16 extreme
 49 El Niño event (Newman et al., 2016; Osprey et al., 2016; Barton and McCormack, 2017; Coy et al., 2017). The 2015/16 El
 50 Niño substantially weakened the subtropical easterly jet, allowing enhanced Rossby wave propagation from the extratropics
 51 into the deep tropics near 40 hPa (Barton and McCormack, 2017). These amplified Rossby waves subsequently broke and
 52 deposited momentum near the QBO westerly core, rather than at the climatological zero-wind line, causing a pronounced
 53 deceleration. The deceleration gave rise to a persistence of westerlies at 40–15 hPa, preventing the expected transition to
 54 easterlies and ultimately leading to the QBO disruption (Newman et al., 2016; Osprey et al., 2016; Coy et al., 2017; Barton
 55 and McCormack, 2017; Kang et al., 2022; Wang et al., 2023). The QBO disruption was accompanied by a marked strengthening
 56 of the Brewer–Dobson residual circulation, thereby intensifying tropical upwelling. This upwelling contributed to an upward
 57 displacement of westerlies in the tropical lower stratosphere (Coy et al., 2017), modifying the transport and distribution of
 58 trace gases such as water vapor. The persistent westerlies also created conducive background conditions for the vertical
 59 propagation of DW1. Nevertheless, not all strong El Niño events trigger QBO disruptions. In the 2015/16 case, the QBO
 60 westerly wind core was weaker and Rossby wave activity stronger than in other extreme events, such as the 1998 El Niño
 61 (Barton and McCormack, 2017). In 2020 event, the upward-propagating westerly wind is so weak that the monthly mean zonal
 62 wind is shown as upward-propagating easterly wind (e.g. Anstey et al., 2021; Wang et al., 2023). This event is driven by strong
 63 extratropical Rossby waves associated with the 2019 minor SSW in south hemisphere (Kang and Chun, 2021; Wang et al.,
 64 2023). In these two events, the trace gases like ozone and water vapor are modulated. During the 2016 QBO disruption event,
 65 positive water vapor anomalies were observed between the tropopause and lower stratosphere, while positive ozone anomalies
 66 appeared in the upper stratosphere (Tweedy et al., 2017; Diallo et al., 2018). A similar pattern was reported for the 2020

67 disruption event, with water vapor in the lower stratosphere and ozone in the upper stratosphere also exhibiting positive
68 anomalies (Diallo et al., 2022).

69 QBO modulation of diurnal tides has been reported by both ground-based and space-borne observations (Araújo et al., 2017;
70 Davis et al., 2013; Pramitha et al., 2021b; Wu et al., 2008; Dhadly et al., 2018). Mayr and Mengel (2005) reported that the
71 QBO can affect these amplitudes by up to 30 % using the Numerical Spectral Model (NSM). Thermosphere, Ionosphere,
72 Mesosphere Energetics and Dynamics/Sounding of the Atmosphere using Broadband Emission Radiometry (TIMED/SABER)
73 observations revealed that the quasi-biennial variability of DW1 could exceed 50 % at certain altitudes (Garcia, 2023). The
74 modulation was characterized by larger-than-average diurnal tide amplitudes during the westerly phase of the QBO and
75 smaller-than-average amplitudes during the easterly phase (Vincent et al., 1998; Wu et al., 2008; Xu et al., 2009; Davis et al.,
76 2013; Araújo et al., 2017; Pramitha et al., 2021b; Garcia, 2023). Several mechanisms have been proposed could be considered
77 for modulating the migrating diurnal tide (DW1). A primary factor emphasized in many studies is the variation in the
78 background zonal wind and its latitudinal shear (Forbes and Vincent, 1989; Hagan et al., 1999; McLandress, 2002b; Rigg
79 and Lieberman, 2013; Liu et al., 2015; Ortland, 2017; Dhadly et al., 2018; Pramitha et al., 2021a, b). Forbes and Vincent (1989)
80 demonstrated that the DW1 (1,1) mode experiences stronger dissipation in easterly phases than in westerly phases, while
81 McLandress (2002b) highlighted the tide's strong sensitivity to latitudinal shears in the zonal mean easterlies of the summer
82 mesosphere. Apart from the influence of the background wind, additional contributions have been suggested, including
83 variations in diurnal heating (McLandress, 2002b; Rigg and Lieberman, 2013; Ortland, 2017) and tide-gravity wave (GW)
84 interactions (Mayr et al., 1998; McLandress, 2002a; Lu et al., 2012; Wang et al., 2024), both of which may play a role in
85 modulating the QBO-related variability of DW1.

86 Recent studies have shown that the diurnal tides were also modulated during the QBO disruption events (Pramitha et al., 2021a;
87 Garcia, 2023; Wang et al., 2024). Pramitha et al. (2021a) first reported the enhancement of the diurnal tides during the
88 2015/2016 QBO disruption event using meteor radar over Tirupati (13.63°N, 79.4°E) and linked this enhancement to changes
89 in ozone concentration. Garcia (2023) showed the equatorial response of temperature DW1 to these two disruption events
90 when analysing the QBO modulation to DW1. Wang et al. (2024) reported the weakened mesospheric diurnal tides at mid-
91 latitude during QBO disruption events, which is observed by a meteor radar chain. They further gave the modulation evidence
92 of gravity wave forcing and solar radiative absorption by subtropical stratospheric ozone revealed by SD-WACCM-X
93 simulations.

94 These findings raise three questions: (1) In addition to the equatorial peak, temperature DW1 exhibits secondary amplitude
95 maxima at 30°N and 30°S (Xu et al., 2009; Garcia, 2023). Whether the DW1 amplitudes on a global scale show a similar
96 response to the QBO disruption events. (2) Whether the phases and wavelengths of DW1 could be affected by the events. (3)
97 (3) Mechanisms for modulating DW1 include heating sources such as water vapor radiative heating and latent heating, zonal
98 wind latitudinal shear, and tide-gravity wave interactions (e.g., Forbes and Vincent, 1989; Hagan, 1996; Hagan et al., 1999;
99 McLandress, 2002a; Kogure and Liu, 2021). Whether these mechanisms play significant roles in modulating DW1 during
100 QBO disruption events.

101 The present study will focus on the global response feature of DW1 and its underlying mechanisms to QBO disruption events.
102 The response of DW1 amplitudes, phases and wavelengths during the event will be investigated. Moreover, the contribution
103 of possible mechanisms, including heating sources, the zonal wind latitudinal shear and tidal-gravity wave during the event,
104 will be explored. The article is organized as follows: Section 2 introduces TIMED/SABER, SD-WACCM-X, MERRA-2 data
105 and the methodologies to extract the migrating tides. Section 3 presents the response feature of the DW1 to the QBO disruption
106 events revealed by SABER/TIMED observations and SD-WACCM-X simulation results. The possible mechanism of DW1
107 response to the disruption events is discussed in Section 4. Section 5 presents the summary.

108 **2 Data and methodology**

109 This study employs the dataset of SABER/TIMED observations, SD-WACCM-X simulations and MERRA-2 reanalysis to
110 reveal the feature of DW1 and its excitation sources during QBO disruption events. DW1 amplitude, phase, and wavelength
111 are derived from both SABER/TIMED data and SD-WACCM-X outputs. MERRA-2 reanalysis is used to analyse the
112 contributions of water vapor radiative heating and latent heating to DW1 variability during the QBO disruption events, while
113 SABER/TIMED observations characterize ozone radiative heating. SD-WACCM-X simulations validate the excitation source
114 revealed by the observational datasets.

115 **2.1 SABER/TIMED observations**

116 The TIMED satellite is in a near sun-synchronous orbit with a 73° inclination at about 625 km. The number of orbits observed
117 per day is about 15. SABER, an instrument in the TIMED satellite, is a 10-channel broadband (1.27–17 μm) limb-scanning
118 infrared radiometer. SABER observations of infrared radiance are used to retrieve kinetic temperature, trace gases, etc. In this
119 work, kinetic temperature and ozone observations in level 2 A (L2A) dataset and ozone heating rate in level 2B (L2B) dataset
120 are selected to analyse the DW1 response to QBO disruption events. Kinetic temperature is derived using a full nonlocal
121 thermodynamic equilibrium (non-LTE) inversion algorithm (Mertens et al., 2001; 2004) with the combination of the measured
122 15 μm CO₂ vertical emission profile and CO₂ concentrations provided by the Whole Atmosphere Community Climate Model
123 (WACCM 3.5.48) described in Garcia et al. (2007).
124 It takes SABER 60 days to sample 24 hours in local time. The data latitudinal coverage every 60 days extends from 53°N to
125 83°S or 53°S – 83°N . Temperature observations taken from version 2.07 data from 2002 to 2019 and version 2.08 data from
126 2020 to 2023 are used. The details of the version switches could refer to Mlynarczyk et al. (2022, 2003). The retrieved
127 temperature observations used in this work cover altitudes from approximately 15 km to 105 km.

128 **2.2 SD-WACCM-X**

129 The Whole Atmosphere Community Climate Model with thermosphere–ionosphere eXtension (WACCM-X) is a
130 comprehensive numerical model that could simulate the Earth's atmosphere from the surface up to the upper thermosphere

(~500–700 km), including the ionosphere (Liu et al., 2010; 2018). WACCM-X is a single, unified whole-atmosphere model that extends the NCAR Whole Atmosphere Community Climate Model (WACCM4; Marsh et al., 2013). WACCM4 itself built upon the Community Atmosphere Model 4 (CAM4; Neale et al., 2013). While the thermosphere–ionosphere physics (e.g., global electrodynamics, O^+ transport, electron/ion energetics) incorporated in WACCM-X were largely adapted from the NCAR Thermosphere–Ionosphere–Electrodynamics General Circulation Model (TIE-GCM; Qian et al., 2014; Pedatella, 2022), they have been re-engineered within the WACCM-X dynamical core and coupled to the lower- and middle-atmosphere processes through a dedicated ionosphere-interface module. SD in the SD-WACCM-X means specified dynamics, which is an approach described in Smith et al. (2017). The reanalysis fields from Modern-Era Retrospective analysis for Research and Applications, Version 2 (MERRA-2, Gelaro et al., 2017) data from the surface up to ~50 km are nudged in WACCM-X. Model parameters are output in 3-hour resolution. The latitude-longitude resolution is $1.9^\circ \times 2.5^\circ$. The model has 145 pressure levels with a varying vertical resolution of ~1.1–1.75 km in the troposphere and stratosphere and ~3.5 km in the mesosphere. In this work, the temperature, zonal wind, temperature tendency due to moist process and long wave heating rate ranging from 2002 to 2022 are selected.

2.3 MERRA-2

MERRA-2 is a reanalysis product from the NASA Global Modeling and Assimilation Office (GMAO) and provides data like wind, temperature, mixing ratio of components, and so on. (Gelaro et al., 2017). In this work, the zonal wind, temperature, air density, surface albedo, water vapor mixing ratio and temperature tendency due to moist process range from 2002 to 2023 are selected. The time resolution is 3-hour per day. The spatial resolution is a $2.5^\circ \times 2.5^\circ$ latitude-by-longitude grid at 72 model levels from ground to 0.01 hPa.

2.4 Singapore radiosonde QBO index

The QBO index employed in this study is derived from Singapore radiosonde measurements obtained by the Meteorological Service Singapore Upper Air Observatory (station 48698; 1.34°N , 103.89°E ; 21 m above mean sea level). The monthly mean zonal wind data processed by the National Aeronautics and Space Administration/Goddard Space Flight Center (NASA/GSFC) is selected, spanning 2002–2023 at pressure levels between 100 hPa and 10 hPa.

2.5 Water vapor radiative heating rate calculation

Troposphere heating by water vapor absorption of near-infrared radiation is an important excitation source for DW1 (Hagan, 1996; Lieberman et al., 2003). Due to the SABER’s observational gap in the troposphere, the MERRA-2 dataset is adopted. In this dataset, temperature, air density, surface albedo, cloud fraction and water vapor mixing ratio (specific humidity) are the variables necessary for the calculation. The heating rate is the sum of clear sky and cloudy sky (Groves et al., 1982):

$$J = (1 - k)J_{clear} + kJ_{cloudy} \quad (1)$$

161 where k is the cloud fraction, J_{clear} and J_{cloudy} are the heating rates of the clear sky and cloudy sky. The calculation equations
 162 for clear sky and cloudy sky are given in Appendix A.

163 2.6 Ozone radiative heating rate calculation

164 The calculation of ozone radiative heating follows the Strobel/Zhu scheme (Strobel, 1978; Zhu, 1994), in which the total
 165 heating rate is obtained as the sum of contributions from the Hartley, Huggins, and Chappuis bands, with parameterizations
 166 from Zhu (1994). The required ozone volume mixing ratio (VMR) and density are taken from the SABER L2A dataset. Ozone
 167 VMR is retrieved from vertical emission profiles at 9.6 μm and 1.27 μm (Smith et al., 2013). The former covers all local times
 168 and the latter is limited to daytime. In this study, the 9.6 μm retrievals are used. It should be noted that the Strobel/Zhu model
 169 omits the dominant nighttime chemical-heating source between ~ 70 and 100 km (Zhu, 1994; Xu et al., 2010). Consequently,
 170 the present analysis is restricted to the sum of the three-band heating rates between 20 and 70 km.

171 2.7 Method for extracting DW1 and data processing

172 Non-uniform SABER observational data were processed into zonal mean data and used to extract tides. The procedures are
 173 introduced briefly as follows. Firstly, the kinetic temperature, ozone mixing ratio and ozone radiative heating rate profiles are
 174 interpolated vertically with a 1 km spacing. Profiles of each day are sorted into ascending and descending groups. Secondly,
 175 the global temperature and ozone observations at whole heights and in both groups were processed into zonal mean results,
 176 covering latitudes from 50°S to 50°N with a resolution of 5°. At a fixed latitude and height, the following equation proposed
 177 by Xu et al. (2007) is used to extract the tide from the zonal mean temperature in a 60-day window:

$$178 \quad \frac{1}{2\pi} \int_0^{2\pi} T(t_{LT}, \lambda) d\lambda = \bar{T} + \eta(t - t_0) + \sum_{n=1}^N A_n \cos(n\omega t_{LT}) + \sum_{n=1}^N B_n \sin(n\omega t_{LT}) \quad (2)$$

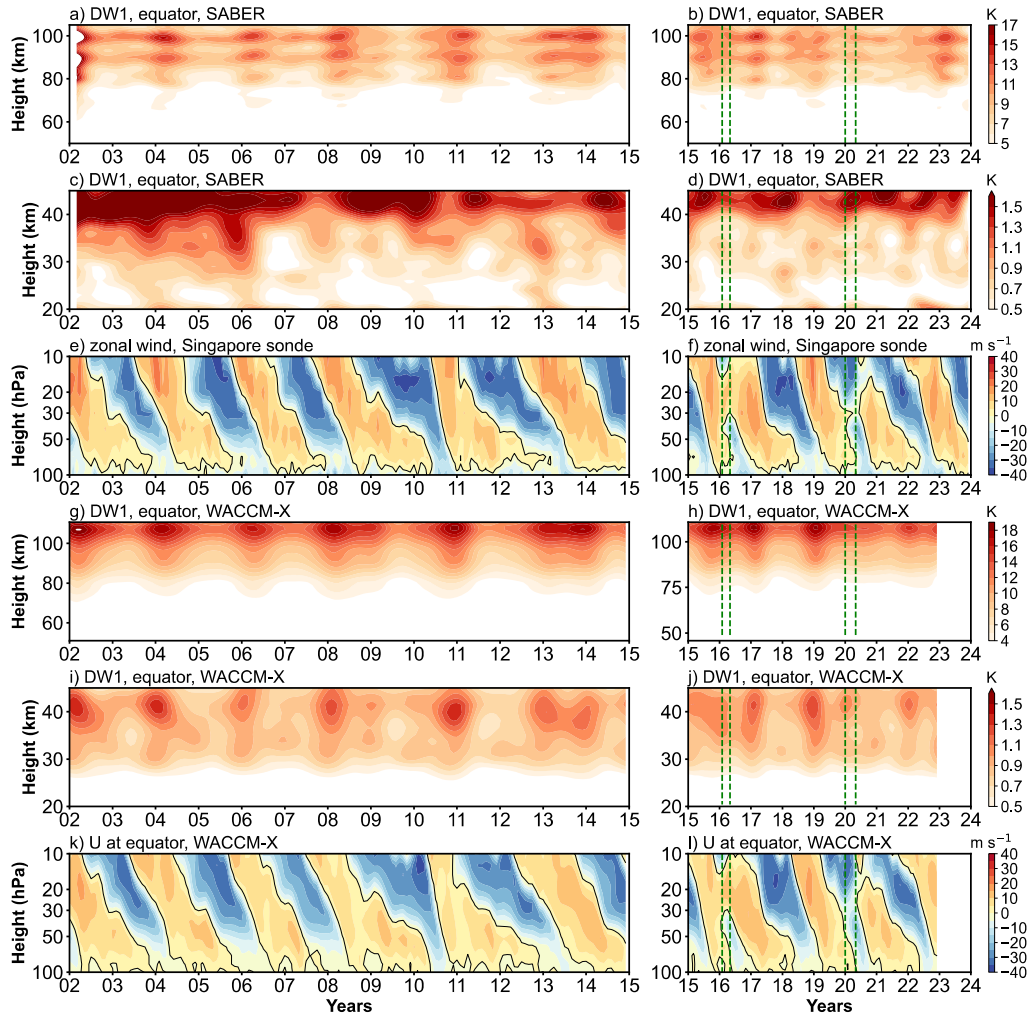
179 where $\omega = 2\pi/24(\text{hour})$, t_{LT} is the local time, λ is longitude in radians. \bar{T} is the 60-day window average of the zonal mean
 180 temperature. η describes the linear trend variation in the window. t is the day of the window and t_0 is the center day of
 181 the window. The third and fourth term of the right section of the equation denotes the superimposed harmonic signals by four
 182 periods migrating tides, including diurnal tide (DW1), semidiurnal tide (SW2), terdiurnal tide (TW3), and 6-h tide (QW4). N
 183 in the third term represents four signals and n denotes each signal. The amplitude and phase of each migrating tide are retrieved
 184 using $\sqrt{A_n^2 + B_n^2}$ and $\arctan(B_n/A_n)$, respectively. The overlapping analyses are obtained by sliding the 60-day window
 185 forward in 1-day intervals to obtain the daily values of the wave characteristics. The details of the methods used for data
 186 processing and tide extraction could refer to Xu et al. (2007, 2009) and Liu et al. (2024a).

187 The method for extracting tidal components from ozone heating rates follows Equation 4 in Xu et al. (2010). The methods for
 188 tidal extraction from MERRA-2 and SD-WACCM-X differ from those used for SABER due to differences in data structure.
 189 Unlike SABER, both MERRA-2 and SD-WACCM-X provide spatially uniform data with a 3-hour temporal resolution. As a
 190 result, a two-dimensional Fast Fourier Transform (2D-FFT) is directly applied to extract daily DW1 amplitudes and phases of
 191 temperature, water vapor heating rate, and temperature tendency due to moist processes. For the further analysis, the Hough

mode decomposition is applied to the DW1. The program is retrieved from https://github.com/masaru-kogure/Hough_Function. As in Sakazaki (2013), DW1 in the stratosphere can be reasonably well represented by a superposition of only a few (~ 4) Hough modes. Here the (1, -2), (1, -1), (1, 1) and (1, 2) mode are used. The monthly mean temperature DW1 amplitudes obtained from SABER, MERRA-2 and SD-WACCM-X are calculated. Due to the observational gap of SABER, the Generalized Lomb-Scargle Periodogram (from PyAstronomy) is applied to fill the missing data of ozone heating rate. A low-pass Butterworth filter of 3rd order with a cut-off period of 13 months (≈ 0.077 cycles month $^{-1}$) is applied to reveal the DW1 QBO variations (temperature, ozone heating and so on).

3 Result

3.1 DW1 amplitude response to QBO disruption events



202 **Figure 1. (a, b) Low-pass filtered amplitudes (periods longer than 13 months) of the migrating diurnal tide (DW1; monthly mean,**
203 **in K) as a function of altitude in the mesosphere and lower thermosphere (MLT) and time (2002–2023), derived from**
204 **SABER/TIMED temperature observations. (c, d) Same as (a, b) but for the stratosphere. (e, f) Zonal wind at the stratospheric**
205 **equator from Singapore sonde. (g–i) Similar to (a–f), but based on SD-WACCM-X simulations. Vertical green dashed lines indicate**
206 **the QBO disruption periods in 2015/16 (February–May 2016) and 2019/20 (January–May 2020).**

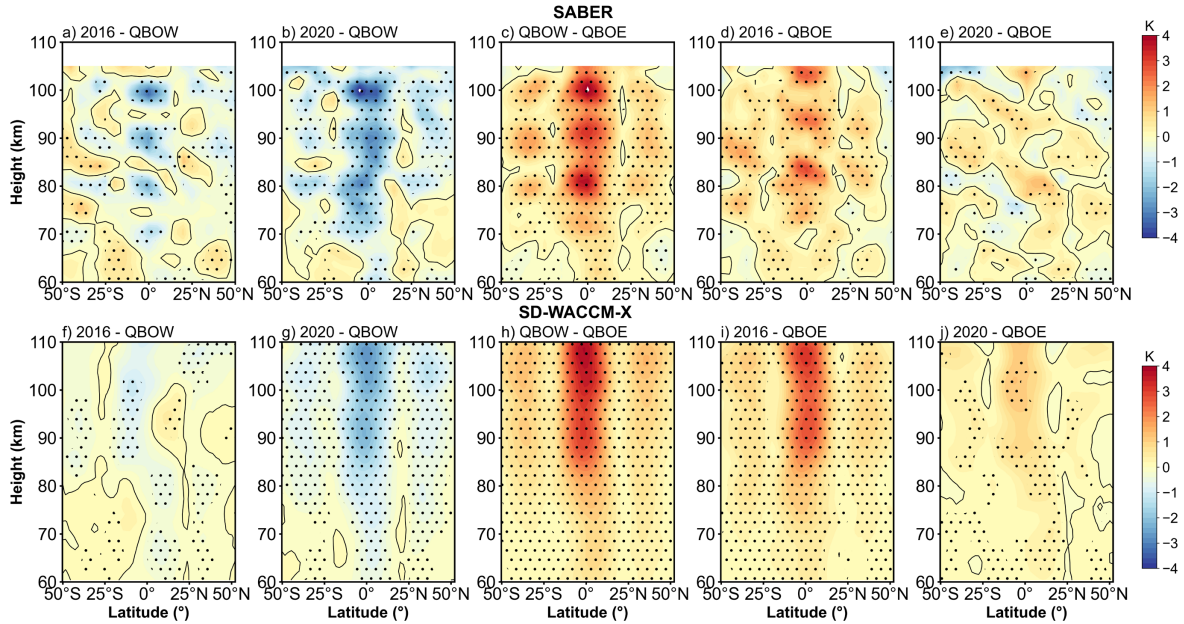
207

208 Figure 1 presents the amplitude of DW1 after low-pass filtering and the zonal wind observed by the Singapore sonde. Only
209 amplitude components longer than 13 months are retained. In the stratosphere, the zonal wind shows alternating downward
210 propagating westerly wind (positive value in Figure 1e and 1f) and easterly wind (negative value in Figure 1e and 1f). Each
211 westerly and easterly transition can be called a QBO cycle. In the stratosphere (Figure 1c and 1d), below 40 km, the amplitude
212 of DW1 also shows Quasi-Biennial variability. Above 40 km, the variation is more complex. This feature will be discussed
213 later. In the MLT region (Figure 1a and 1b), the low-pass filtering results of DW1 at the equator exhibit Quasi-Biennial
214 variability, with amplitude peaks observed around 90 and 100 km. Comparing the DW1 amplitudes in MLT with the zonal
215 wind, the result reveals that the variations in DW1 amplitude correspond to the zonal wind between 20 and 30 hPa. The
216 amplitude of DW1 is stronger during the QBO westerly wind phase than during the QBO easterly wind phase. This result is
217 consistent with Garcia (2023) that the wind fields of QBO at altitudes below 27 km are clearly correlated with the DW1
218 amplitude. Accordingly, in this work, the zonal wind between 20 and 30 hPa is used as the criterion for defining the QBO for
219 DW1.

220 During February–May 2016 and January–May 2020, two QBO disruption events occurred (Wang et al., 2023). As shown in
221 Figure 1f, the phenomenon ranges from 40 to 15 hPa in 2016 and from 40 to 20 hPa in 2020, which is consistent with previous
222 work (Anstey et al., 2021; Newman et al., 2016). Notably, the disruption region coincides with the QBO criterion altitude for
223 DW1. To evaluate how the DW1 exhibits response to the events, the corresponding time intervals are highlighted with vertical
224 green dashed lines. In the stratosphere (Figure 1d), within the disruption periods, amplitude enhancements are observed below
225 40 km compared to other QBO easterly phases. Similarly, in the MLT region, the DW1 amplitudes show responses to these
226 events (Figure 1b). As shown in Figures 1a and 1b, DW1 amplitudes above 70 km are stronger during these disruption events
227 than during other QBO easterly phases, though they remain weaker than those observed during the QBO westerly phase. This
228 enhancement is particularly evident around 90 and 100 km.

229 SD-WACCM-X simulations reproduce the SABER observations of DW1 remarkably well in response to QBO disruptions. In
230 Figures 1a, 1b, 1f, and 1g, both datasets show enhanced amplitudes during the February–May 2016 and January–May 2020
231 events. The difference arises in vertical structure and magnitude. Above 70 km, SABER exhibits three distinct DW1 peaks
232 near 80, 90, and 100 km, whereas SD-WACCM-X shows a single peak at approximately 108 km. In the stratosphere above
233 40 km, both model and observations peak at similar altitudes, but the simulated amplitudes remain weaker than SABER result.
234 Below 40 km, the model captures the QBO-modulated DW1 seen in Figures 1c, 1d, 1i, and 1j. These discrepancies likely stem
235 from the MERRA-2 nudging applied up to ~50 km in SD-WACCM-X. In this nudged region, DW1 comprises both propagating

236 and non-propagating components (Garcia, 2023; Chapman & Lindzen, 1970). Sakazaki et al. (2018) showed that MERRA-2
 237 may underestimate the contribution of the non-propagation mode of DW1 (Figure 4 in that work). This feature may explain
 238 why the amplitude of DW1 is lower than that in SABER and the complex variation of SABER above 40 km.
 239 To assess the DW1 response to QBO disruption events over a broad latitude range, the differences between QBO disruption
 240 and regular QBO easterly and westerly are calculated. The DW1 amplitudes used is the result after 13 months low-pass filtering.
 241 Since the DW1 amplitudes typically peak between February and April each year (e.g., Xu et al., 2009; Mukhtarov et al., 2009;
 242 Garcia, 2023), only the amplitudes during these three months are considered. The classification method for different QBO
 243 phases is as follows. Regular QBO phases were classified as following method. QBO westerly phase (QBOW): February–
 244 April zonal wind at 20 hPa is continuously westerly, or zonal wind at 30 hPa is westerly while 20 hPa undergoes an easterly-
 245 to-westerly transition. Easterly phase (QBOE): any remaining cases. The selection of regular QBO phases is limited to data
 246 from 2002 to 2014, as QBO disruption events occurred after 2015. Additionally, since observations in 2002 are mainly
 247 available from March to April, data from this year are excluded. The years 2004, 2006, 2008, 2011, 2013, and 2014 are
 248 classified as QBOW; 2003, 2005, 2007, 2009, 2010, and 2012 as QBOE. For each phase, all filtered amplitudes across the
 249 selected months are averaged, while processing 2016 and 2020 separately. This approach enables a direct comparison of DW1
 250 amplitude anomalies in both latitude and altitude between disruption and regular QBO conditions.
 251



252
 253 **Figure 2. Amplitude differences of the DW1 after low-pass filtering between different QBO phases in the mesosphere and lower**
 254 **thermosphere (MLT) as a function of latitude and altitude. The difference is based on the average from February to April. (a-e) are**
 255 **corresponding to the difference from the 2016 disruption event minus QBO westerly phases (2016-QBOW), 2020 disruption event**
 256 **minus QBO westerly (2020-QBOW), QBO westerly minus QBO easterly (QBOW-QBOE), 2016 disruption event minus QBO**

257 easterly (2016-QBOE) and 2020 disruption event minus QBO easterly (2020-QBOE). (f-j) is similar to (a-e) but for SD-WACCM-X
258 simulation result. The black lines indicate the zero lines. The dotted areas indicate the difference that are significant at the 95%
259 confidence level.

260

261 Figure 2 gives the difference in DW1 amplitudes during various QBO phases in the MLT region. The significance of the
262 differences was assessed using Welch's t-test, and values exceeding the 95 % confidence threshold are highlighted by dotted.
263 The five columns correspond to the 2016 disruption event minus QBO westerly (2016-QBOW), 2020 disruption event minus
264 QBO westerly (2020-QBOW), QBO westerly minus QBO easterly (QBOW-QBOE), 2016 disruption event minus QBO
265 easterly (2016-QBOE) and 2020 disruption event minus QBO easterly (2020-QBOE), respectively. The relative change
266 between different QBO phases is also calculated (e.g., $\frac{QBOW-QBOE}{QBOE}$, and so on). The comparison between QBOW and QBOE
267 (Figure 2c) reveals that DW1 amplitudes are significantly larger during QBOW, particularly at the equator and around 30°N/S
268 above ~75 km. The enhancements reach ~2.79 K (~34.5 %) at the equator and ~0.79 K (~20.6 %) at 30°N/S, with peak values
269 as high as ~3.30 K (~38.5 %) and ~1.19 K (~31.7 %) at respective latitudes. During the 2016 disruption (Figures 2a, 2d), DW1
270 amplitudes lie between QBOE and QBOW values. The clear enhancement could be found from 75 km to 105 km. The pattern
271 in 2016-QBOE closely resembles that of QBOW-QBOE, although the equatorial peaks appear at slightly higher altitudes.
272 The enhancements reach ~1.56 K (~20.5 %) at the equator and ~0.54 K (~14.4 %) at 30°N/S. The peak enhancements relative
273 to QBOE reach ~2.40 K (~26.5 %) at the equator and ~0.87 K (~29.5 %) at 30°N/S. Compared to QBOW, however, the
274 equatorial difference drops to -2.28 K (-18.8 %). In contrast, the 2020 disruption event shows weaker amplitude increases
275 relative to QBOE (Figures 2b, 2e). The clear enhancement occurs from 75 km to 90 km. The increment reach ~0.50 K (~6.0 %)
276 at the equator and ~0.26 K (~7.7 %) at 30°N/S, with a peak enhancement of only ~0.91 K (~11.6 %) at the equator and ~0.31
277 K (~14.2 %) at 30°N/S. These values are considerably lower than those observed during the 2016 event or the typical QBOW
278 enhancement. The SD-WACCM-X model reproduces the general features described above (Figures 2f-2j), though the vertical
279 structure of the simulated amplitudes differs slightly from observations.

280

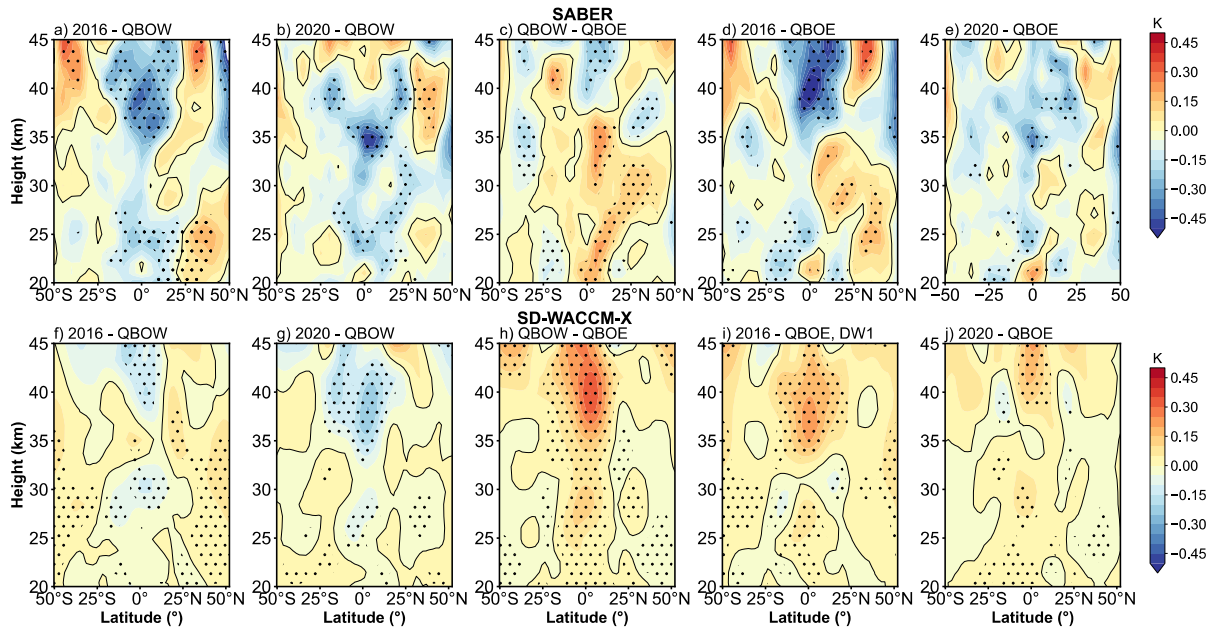


Figure 3. Similar to figure 2 but in stratosphere. (a-e) give the difference result derived from SABER. (f-g) give the difference result derived from SD-WACCM-X.

Figure 3 compares the stratospheric DW1 amplitude differences derived from the SABER dataset and SD-WACCM-X simulations. The enhancement pattern resembles that seen in the MLT region but is confined to tropical latitudes. Because SABER exhibits complex variability above 40 km, the analysis is restricted to altitudes below that level. As shown in Figure 3c, the DW1 amplitudes during QBOW exceed those during the QBOE by ~ 0.21 K ($\sim 37.9\%$) at around 20–25 and 30–35 km. In SD-WACCM-X result (Figure 3h), the positive peaks are found at 25–30 km and 35–40 km, which is ~ 0.21 K ($\sim 27.4\%$). The amplitudes during the disruption events are much weaker relative to that during QBOW phases shown in both datasets (Figure 3a, 3b, 3f and 3g). Compared to the QBOE, the strengthening during the 2016 QBO disruption event occurs at approximately 30–35 km in SABER (Figure 3d) and 35–45 km in SD-WACCM-X (Figure 3i), which is ~ 0.15 K ($\sim 21.8\%$) and 0.20 K ($\sim 23.9\%$), respectively. During the 2020 event, the amplitudes are comparable relative to the QBOE (Figure 3e and 3j).

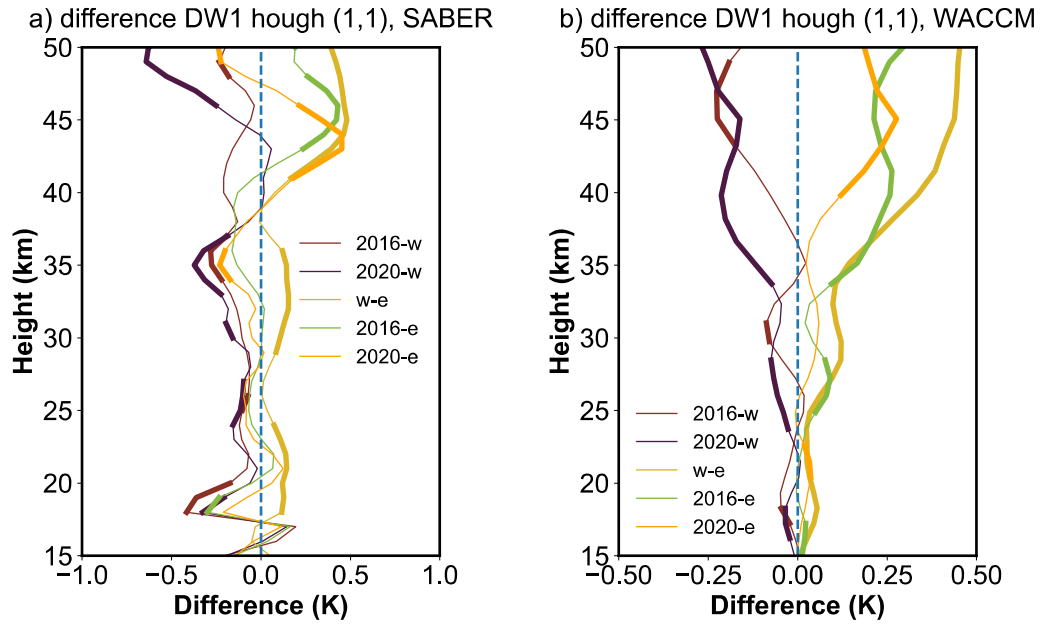


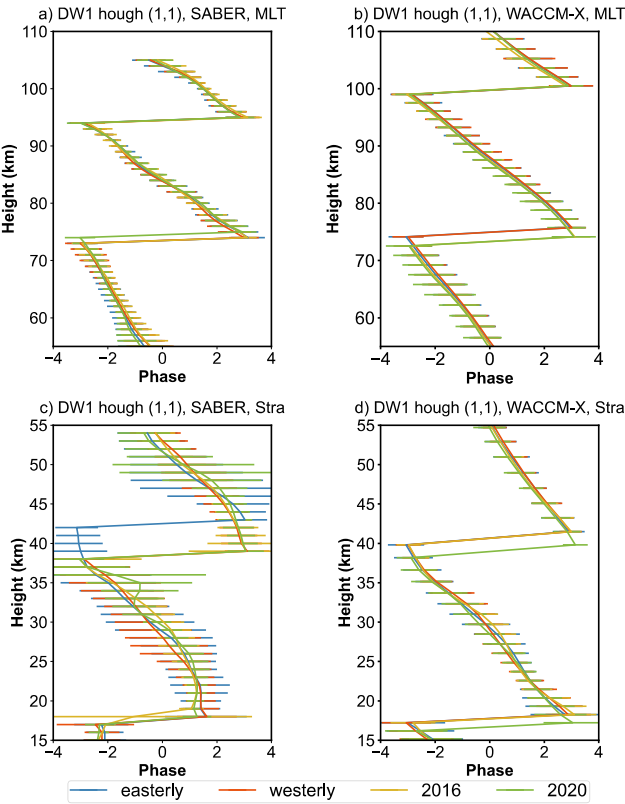
Figure 4. Amplitude differences profiles of the DW1 (1, 1) mode after low-pass filtering between different QBO phases in the stratosphere like Figure 2. (a) give the difference result derived from SABER. (b) give the difference result derived from SD-WACCM-X. The bold lines indicate the difference that are significant at the 95% confidence level.

Figure S2 presents the low-pass time series of the equatorial DW1 amplitude and the (1,1) mode amplitude at 95 km, showing that the (1,1) mode closely follows the equatorial DW1 amplitude. In the stratosphere, however, the superposition of propagating tides and trapped modes complicates the interpretation. To separate these contributions, Figure S1 compares the amplitudes of the (1,1) and (1, -2) modes under different QBO phases. The trapped mode is dominant below 60 km, while the (1,1) mode is relatively weaker. A clear distinction between QBOW and QBOE is evident in the (1,1) mode (Fig. S1a), whereas the (1, -2) mode shows little difference between the phases. Together, Figures S1 and S2 indicate that the (1,1) mode captures nearly all of the QBO-related variability in the MLT region, motivating a closer examination of this mode in the stratosphere. Figure 4 shows the vertical profiles of amplitude differences in the DW1 (1,1) mode between QBO phases after low-pass filtering. The bold lines denote differences significant at the 95% confidence level. In SABER observations (Fig. 4a), amplitudes during QBOW exceed those in QBOE throughout 20–45 km. During the 2016 and 2020 events, amplitudes remain close to QBOE between 20–40 km but become stronger above 40 km, with maximum differences of ~ 0.36 K ($\sim 36\%$), ~ 0.21 K ($\sim 21\%$), and ~ 0.18 K ($\sim 17\%$) for QBOW–QBOE, 2016 – QBOE, and 2020–QBOE, respectively. WACCM-X simulations (Fig. 4b) reproduce a similar vertical pattern: during the disruption events, amplitudes lie between QBOE and QBOW values in the 20–50 km region.

314 3.2 DW1 phases response to QBO disruption events

315 In this section, whether the DW1 phases and wavelengths respond to QBO disruptions will be analysed. As discussed above,
 316 the DW1 QBO variability is mainly in (1, 1) mode. Hence, the phase of (1, 1) mode is focused. As noted previously, the
 317 pronounced DW1 amplitude observed from February to April renders the phase during this period an important variable. Hence,
 318 the statistic is based on these periods. Due to the phase values change cyclically (e.g., it jumps from π to $-\pi$), causing the
 319 overestimation of the standard deviation. We apply the method following. Calculate averages and standard deviation (or error)
 320 of sine and cosine Fourier components first, and then calculate the average phase and its confidential interval using the error
 321 propagation. The mean value and its 95% confidential interval in different QBO phases (listed in section 3.1) are calculated.
 322 The statistical results for the phases in 2016 and 2020 are calculated separately.

323



324

325 **Figure 5. The DW1 (1, 1) mode vertical phase structure in mesosphere and lower thermosphere (MLT) and stratosphere averaged**
 326 **from February to April during QBO westerly phase (orange), QBO easterly phase (blue), 2016 QBO disruption event (yellow) and**
 327 **2020 QBO disruption event (green). (a, c) give the SABER observation result. (b, d) give the WACCM-X simulations. The error bar**
 328 **denotes the 95% confidential interval of the phases for each height.**

329

Figure 5 illustrate the vertical phase structure of DW1 (1, 1) mode in the mesosphere and lower thermosphere (MLT) and stratospheric regions, respectively, averaged over the February–April period. The results are presented for various QBO phases at different latitudes, based on data from (a, c) SABER and (b, d) SD-WACCM-X. Error bars indicate the 95% confidential interval of the phase average. The lines represent different QBO phases and events: QBO westerly phase (orange), QBO easterly phase (blue), the 2016 QBO disruption event (yellow), and the 2020 QBO disruption event (green).

In the MLT region (Figure 5a and 5b), the vertical phase profiles exhibit minimal differences across the QBO westerly, easterly and 2016 phases. The structures are nearly identical in both the simulations and observations, with two phase peaks (approximately π rad) consistently present. The peak altitudes remain almost unchanged among the different QBO phases, suggesting a limited phase response to QBO disruption events in the MLT region. During the 2020 event, the phase peaks at around 75 km is higher than that during other QBO phases in SABER and lower in that in WACCM-X.

The DW1 vertical phase structures in the stratosphere region are given in Figure 5c and 5d. In SABER observations, there is clear difference between QBOW and QBOE. The phase peaks (at around 40 km) during the QBOW locate lower than QBOE about 3 km. During the QBO disruption events, the phase structure is similar to that during the QBOW. From WACCM-X simulations, the feature is similar to the pattern in MLT (Figure 5b). During 2020 disruption event, the phase reach peaks lower than other QBO phases about 1 km.

The phase peaks described above ($\sim\pi$ rad) are used to calculate the DW1 wavelengths in both the stratosphere and MLT regions. The altitude difference between the two peaks is taken as the wavelength, following Liu et al. (2021). The statistical results of DW1 (1, 1) mode wavelengths under different QBO phases are summarized in Table 1, which lists the mean values and standard deviations at various altitudes. In the MLT region, the mean wavelengths are ~ 21 km in the SABER dataset and ~ 25 km in the SD-WACCM-X dataset. The wavelengths during QBO disruption events are comparable to those during the QBO westerly and easterly phases, a feature also captured in the SD-WACCM-X simulations. In the mesosphere, the mean wavelengths are ~ 34 km in SD-WACCM-X and ~ 33 km in SABER. In this region, there are clear differences between QBOW and QBOE. The QBOE wavelength is shorter than QBOW about 2 km. In the stratosphere, the QBOE wavelength is longer than QBOW about 2 km. The wavelengths during the QBO disruptions are close to that during QBOW.

354

Table 1. The comparison of mean (left of the slash) and standard deviations (right of the slash) of DW1 (1, 1) mode wavelengths (in km) revealed by SD-WACCM-X and SABER from 15 km to 105 km between QBO westerly phase, easterly phase, 2016 disruption event and 2020 disruption event calculated from February to April.

Data	SD-WACCM-X			SABER		
altitude	~15 km – ~ 40 km	~40 km – ~ 75 km	~75 km – ~105 km	~15 km – ~ 40 km	~40 km – ~ 75 km	~75 km – ~105 km
Westerly	22.97/1.49	34.47/1.79	25.10/1.84	21.81/1.44	33.12/1.78	21.29/1.04

Easterly	22.51/1.73	34.42/2.15	25.60/2.20	24.46/1.99	30.84/2.35	20.56/1.30
2016	22.56/1/33	33.26/1.58	25.58/2.03	21.48/2.31	33.32/2.10	21.28/0.85
2020	22.71/1.87	33.80/2.68	26.27/2.41	21.08/1.77	34.24/1.46	20.39/1.35

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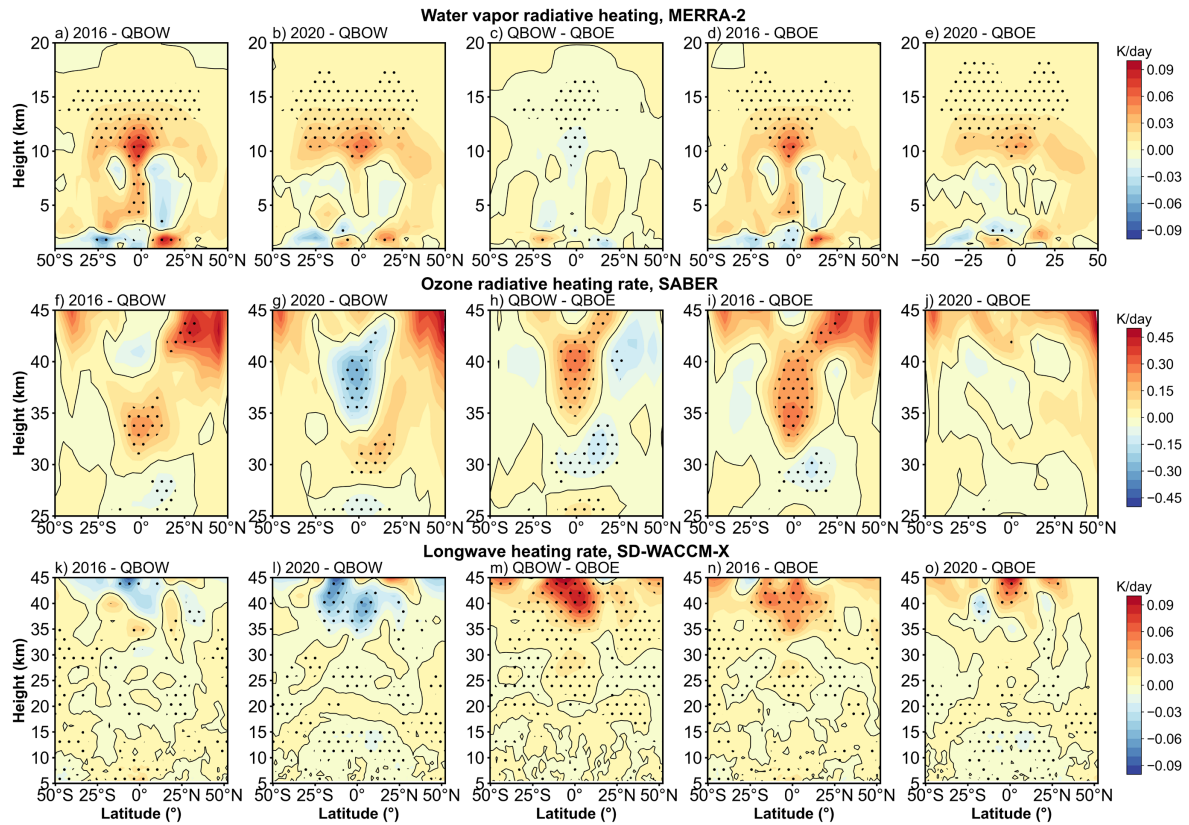
359 4 Discussion

360 4.1 Tidal heating

361 The influence of QBO disruption events on DW1 can be traced back to its excitation mechanisms. The excitation sources of
362 DW1 can be broadly classified into three categories: (1) solar radiation in the near-infrared (IR) absorbed by tropospheric H₂O,
363 (2) solar radiation in the ultraviolet (UV) absorbed by stratospheric and lower mesospheric O₃, and (3) solar radiation absorbed
364 by O₂ in the Schumann–Runge bands and continuum (Hagan, 1996). Additionally, Kogure and Liu (2021) suggested the role
365 of latent heating in modulating DW1.

366 It is worth noting that the timing of the 2016 QBO disruption event coincides with the phase of the extreme El Niño (e.g.,
367 Santoso et al., 2017; Hu and Fedorov, 2017). El Niño itself could modulate the DW1 (Kogure and Liu, 2021). The contribution
368 of water vapor and latent heating should be also paid attention.

369 During the 2016 QBO disruption, which coincided with the strong 2015/2016 El Niño, the two phenomena jointly modulated
370 the DW1 heating sources. El Niño enhances moisture anomalies that increased with altitude, culminating in pronounced
371 positive signals in the upper troposphere and lower stratosphere (UTLS) (Johnston et al., 2022). In contrast, the occurrence of
372 2016 QBO disruption introduces a shear transition from westerly to easterly near 40 hPa, which strengthens tropical upwelling
373 and lowers cold-point temperatures. This dynamical response injects H₂O-poor air into the lower stratosphere, partially
374 offsetting the El Niño–driven moistening. The water vapor concentrations are still above the climatological seasonal cycle
375 under the modulation of these two phenomena (Diallo et al., 2018). Unlike 2016, the 2020 disruption produces only weak
376 lower-stratospheric dehydration (~2–3 %) because enhanced upwelling and cold-point cooling are suppressed. Instead,
377 anomalously warm tropopause temperatures associated with Australian wildfire smoke facilitates significant moistening of the
378 lower stratosphere (Diallo et al., 2022).



379

380 **Figure 6. As in Figure 2 and Figure 3, but the difference of amplitude in DW1 component (after low-filtering) of (a-e) water vapor**
 381 **heating rate DW1 component from MERRA-2, (f-j) ozone heating rate DW1 component from SABER and (k-o) longwave heating**
 382 **rate from SD-WACCM-X. The dotted areas indicate the difference that are significant at the 95% confidence level.**

383

384 Figure 6 presents the difference of amplitude in the DW1 component of water vapor radiative heating rate, ozone radiative
 385 heating rate, and longwave heating rate. The calculation method is consistent with the method given in Section 3.1. During
 386 QBOE and QBOW, the DW1 component of water vapor heating remains nearly unchanged (Figure 6c). However, during the
 387 2016 QBO disruption (Figures 6a, 6d), a notable enhancement in water vapor heating appears between 10–13 km altitude
 388 around equator. The difference between 2016 and QBOE is ~ 0.02 K day⁻¹ with increases of $\sim 2.5\%$ relative to QBOW. The
 389 difference between 2016 and QBOW is 0.03 K day⁻¹ with increases of $\sim 3.7\%$ relative to QBOW. A similar pattern is seen
 390 during the 2020 QBO disruption event (Figures 6b and 6e). The relative changes of regional average rise by $\sim 1.2\%$ compared
 391 to QBOW and $\sim 2.3\%$ compared to QBOE.

392 Figures 6f–6j reveal that the largest QBO-related differences in the DW1 component of ozone heating occur near the equator
 393 between 30 and 45 km. In QBOW, ozone heating rates between 35 and 45 km exceed those in QBOE by $\sim 2.1\%$ (Figure 6h).
 394 During the 2016 QBO disruption event (Figures 6f and 6i), ozone radiative heating rates are $\sim 3.6\%$ larger than those in the

395 QBOW between 30 and 35 km and ~2.9 % larger than those in the QBOE within the 30–40 km range. In contrast, during the
396 2020 disruption event (Figures 6g and 6j), the ozone heating rate is comparable to that of the easterly phase and lower than
397 that of the westerly phase in the 35–45 km altitude range.

398 In the SD-WACCM-X simulation, the longwave heating rate accounts for the effects of three major absorbers: H₂O, CO₂, and
399 O₃ (Neale et al., 2010). This parameter could be used to verify the effect of the water vapor and ozone radiative heating. The
400 DW1 component of the longwave heating rate from SD-WACCM-X is shown in Figures 6k–6o. The heating rate difference
401 between the QBOW and QBOE reveals a positive peak at 40 km near the equator, with no significant difference at the
402 equatorial tropopause (Figure 6m). The feature corresponds to the observed pattern (Figures 6c and 6h). In the 2016 disruption
403 case, the simulated equatorial heating rate exhibits positive peaks around 35 km and 15 km (not significant), aligning well with
404 observations in terms of altitude (Figure 6k and 6n). In the 2020 disruption case, the simulation (Figure 6l and 6o) agrees with
405 the observed stratospheric heating features (Figures 6g and 6j). However, at around 15 km, the simulation shows negative
406 peaks near the tropopause, whereas the observations indicate positive peaks (Figures 6b and 6e). As longwave heating
407 incorporates contributions from multiple absorbers, the discrepancies may be attributed to the influence of other constituents.

408 As discussed above, the (1,1) Hough mode captures nearly all QBO-related variability in the MLT. Accordingly, the (1,1)
409 component of the ozone heating rate are extracted for diagnosis. Numerous studies have noted that the vertical thickness of
410 ozone heating (~40 km) is large compared with the relatively short vertical wavelength of the DW1, implying weak projection
411 onto the (1,1) and thus limited excitation efficiency (e.g., Chapman and Lindzen, 1970; Hagan, 1999; Garcia, 2023). Studies
412 with GSWM and the Tide Mean Assimilation Technique (TAMT) further indicate that DW1 forced by ozone heating tends to
413 be out of phase with DW1 forced by water-vapor heating, reducing the amplitudes (Hagan, 1996; Ortland et al., 2017).
414 Consistent with this mechanism, MLS observations show a pronounced depression of the tropical diurnal tide near 1.0 hPa
415 (~49.5 km; Wu et al., 1998), which may attribute to interference between the upward-propagating (1,1) tide and a locally
416 forced component from ozone heating. Figure 7 compares DW1 (1,1) temperature and ozone heating rate between different
417 QBO phases and shows suppressed (1,1) amplitudes feature around ~50 km, while ozone heating peaks slightly below this
418 level. This feature aligns with the MLS evidence. Therefore, the ozone may not play positive role for the DW1 (1, 1) mode.
419 Whether the ozone heating modulated DW1 (1, 1) mode, there needs more detailed investigation like model simulation from
420 Kogure et al. (2023).

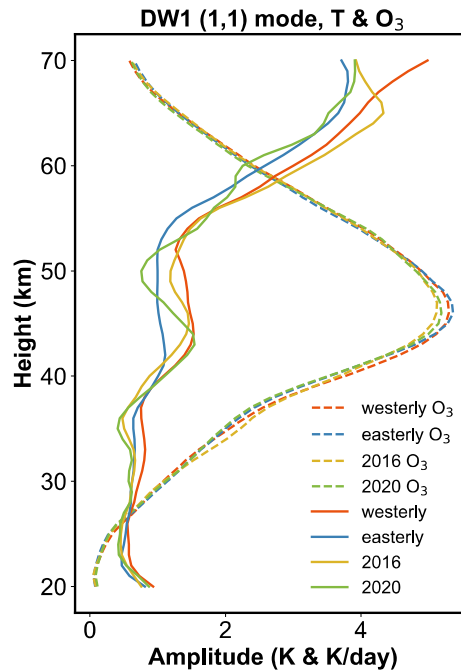


Figure 7. The comparison between temperature and heating rate of the DW1 (1, 1) mode between different QBO phases and their differences.

The DW1 (1,1) mode is primarily excited by water-vapor heating (Forbes and Garrett, 1978). Figure 8 presents the water vapor heating rate profiles of the DW1 (1,1) mode for different QBO phases and their differences. The heating rate exhibits large values in the troposphere, extending up to ~ 10 km. The average magnitude could reach $\sim 0.62 \text{ K day}^{-1}$. During the 2016 QBO disruption event (Fig. 8b), the maximum difference occurs at 10.5 km, reaching 0.043 K day^{-1} , which represents an $\sim 8 \%$ increase relative to QBOE. However, the DW1 amplitude varied by $\sim 20.5 \%$ compared to QBOE, indicating that water-vapor heating accounts for only $\sim 39 \%$ of the observed amplitude difference. This feature suggests that additional mechanisms must be involved. A similar enhancement of water-vapor heating is observed during the 2020 event, with the largest difference again at 10.5 km ($\sim 0.026 \text{ K day}^{-1}$), corresponding to an $\sim 5 \%$ increase relative to QBOE.

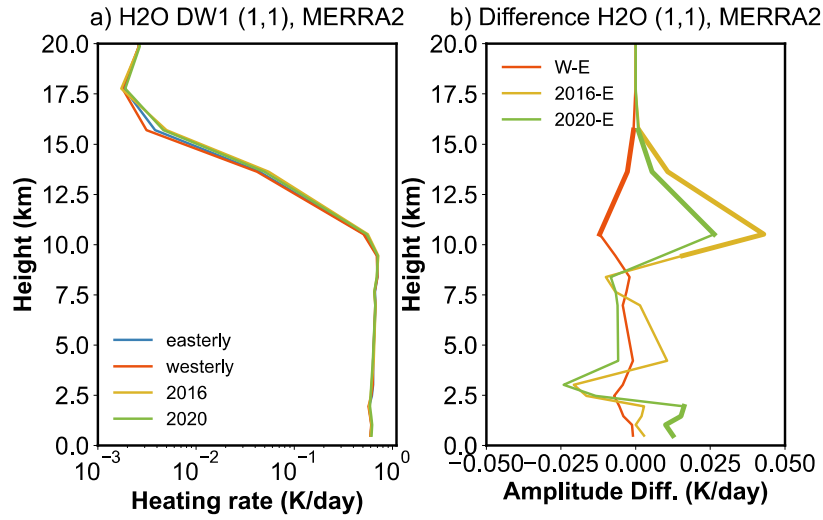


Figure 8. Heating rate profiles of the DW1 (1, 1) mode between different QBO phases and their differences. (a, b) give the water vapor heating profile and its difference derived from MERRA2. The bold lines indicate the difference that are significant at the 95% confidence level.

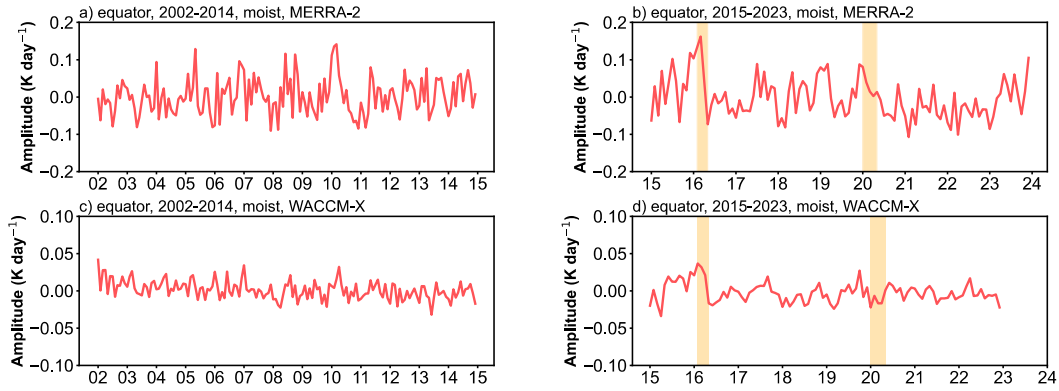


Figure 9. (a, b) The deseasonalized time series of DW1 amplitudes of latent heating rate (K day^{-1}) at equator averaged from 800 hPa to 200 hPa derived from MERRA-2. (c-d) is as in (a-b) but from SD-WACCM-X. The orange-filled areas represent two QBO disruption events.

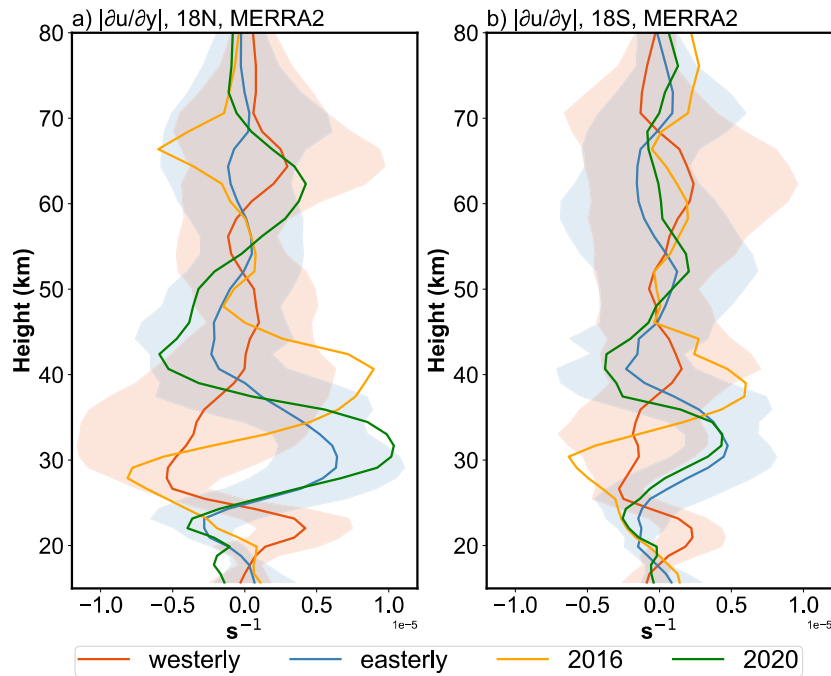
Figure 9 shows the deseasonalized time series of the DW1 component of latent heating rate (K day^{-1}) at the equator, averaged from 800 hPa to 200 hPa. In this tropospheric layer, the latent-heating signal shows less differences between QBO and QBOE phases. Therefore, deseasonalization is directly applied to the full time series without separating the two QBO states. In MERRA-2 and SD-WACCM-X, the anomaly peaks reach 0.162 K day^{-1} and 0.037 K day^{-1} , respectively, which correspond to increases of about $\sim 32 \%$ and $\sim 25 \%$ above their climatological means (0.50 K day^{-1} and 0.15 K day^{-1}). When averaged over the February-April in 2016, the anomalies remain elevated at 0.11 K day^{-1} ($\sim 22 \%$) in MERRA-2 and 0.03 K day^{-1} ($\sim 19.2 \%$) in SD-WACCM-X. In contrast, during the 2020 QBO disruption event, the amplitudes in both MERRA-2 and SD-

449 WACCM-X remain closer to the climatological means, with deviations of 0.018 K day^{-1} and $-0.013 \text{ K day}^{-1}$, respectively.
 450 These results suggest that latent heating may contribute to the amplification of DW1 amplitudes during the 2016 QBO
 451 disruption event but show little effect during the 2020 event.

452 4.2 Tidal propagation

453 As discussed in Forbes and Vincent (1989), the (1,1) mode is dissipated more in the easterly wind than in the westerly wind.
 454 Zonal winds distort the tidal expansion functions such that they are amplified and broadened in the winter hemisphere ($U > 0$)
 455 but are considerably diminished under summer conditions. During the 2016 QBO disruption, the westerly wind layer is
 456 unusually thick in stratosphere, though still weaker than in the normal QBO. Under these conditions, the background wind
 457 tend to enhance tidal amplitudes. However, the thinner westerly layer compared with the normal QBO phase likely contribute
 458 to somewhat weaker amplitudes. In contrast, during the 2020 event, the westerly wind layer is extremely shallow, essentially
 459 indistinguishable from the easterly phase, so the background wind exerts little or no amplifying effect on tides compare to
 460 QBOE.

461 In addition to zonal-mean wind effects, latitudinal shear of zonal wind in the subtropical mesosphere can modulate the seasonal
 462 variability of the (1,1) mode (McLandress, 2002b; Mayr and Mengel, 2005; Sakazaki et al., 2013; Kogure et al., 2021; Siddiqui
 463 et al., 2022). Large values of $|\partial u / \partial y|$ at some height, are equivalent in some sense to faster rotation, which restricts the
 464 latitudinal band or waveguide where the diurnal tide can propagate vertically, thus reducing the tidal amplitude above by
 465 removing tidal energy at that altitude (McLandress, 2002b; Siddiqui et al., 2022). The wind shear at 18°N/S are typical
 466 indicators (Kogure et al., 2021).



467

468 **Figure 10. The $|\partial u/\partial y|$ profiles after deseasonalized between different QBO phases at (a) 18°N and (b) 18°S. The colourful shaded**
 469 **areas denote one standard deviation of the phases for each height.**

470

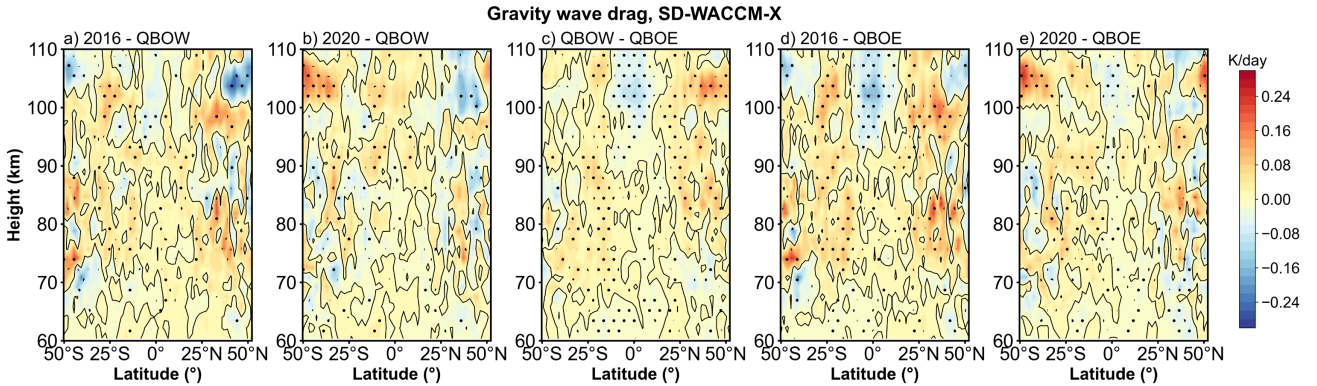
471 The monthly $|\partial u/\partial y|$ at 18°N/S is calculated, deseasonalized, and classified following the method described in Section 3.1. The
 472 $|\partial u/\partial y|$ profiles for different QBO phases are shown in Figure 10. During QBOW, a pronounced negative anomaly appears
 473 near 30 km, whereas during QBOE a strong positive anomaly is evident at the same altitude. During the 2016 disruption event,
 474 the $|\partial u/\partial y|$ profile at 18°N exhibits a structure broadly similar to that of QBOW. However, from 35 to 45 km it shows large
 475 positive values, a feature not observed in other QBO phases. The $|\partial u/\partial y|$ profile at 18°S displays a similar vertical structure
 476 but with smaller amplitudes. Based on this structure, the tide may be amplified near 30 km and subsequently damped near 40
 477 km, which could partly explain why the tidal amplitudes during the 2016 disruption do not reach those observed in QBOW. In
 478 contrast, the $|\partial u/\partial y|$ during the 2020 disruption event closely resembles the QBOE structure, suggesting that the tidal
 479 propagation background was similar to QBOE conditions.

480 4.3 Tide-gravity wave interaction

481 The mesospheric diurnal tides are also affected by the interaction with GWs (Liu and Hagan, 1998; Mayr et al., 1998;
 482 Mclandress, 2002a; Li et al., 2009; Lu et al., 2012; Yang et al., 2018; Stober et al., 2021; Cen et al., 2022). It could greatly
 483 modulate tidal amplitude and phase (Liu and Hagan, 1998; Lu et al., 2009; Li et al., 2009; Wang et al., 2024). To quantify the
 484 GW forcing on the DW1, the method of Yang et al. (2018) and Cen et al. (2022) are applied. The equation is:

$$485 \quad \text{GW}_{\text{forcing}} = \text{GW}_{\text{drag}} \cdot \cos\left(\omega \cdot (\phi_{\text{GW}} - (\phi_T - 6))\right) \quad (3)$$

486 Where the GW_{drag} is the DW1 amplitude of GW drag, ω is the $24/2\pi$, ϕ_{GW} is the DW1 phase of GW drag while ϕ_T is DW1
 487 amplitude of temperature.



488

489 **Figure 11. Similar to figure 2 but the difference of gravity wave forcing. (a-e) give the difference result derived from SD-WACCM-**
 490 **X.**

491 After calculating the GW forcing, the classification method in Section 3.1 is applied. As shown in Figure S3, GW tend to damp
 492 the DW1 amplitude at nearly all latitude above 105 km. Below ~105 km, the GWs tend to damp the DW1 amplitude at equator

493 and strengthen the DW1 amplitude at subtropical. There are differences in the amplitude of gravity wave drag between different
494 QBO phases. Figure 11 shows the differences in GW forcing between QBO phases, with dots indicating regions exceeding the
495 95% significance level. During QBOW (Fig. 11c), the equatorial damping and subtropical enhancement are stronger than
496 during QBOE. During the 2016 QBO disruption event, the pattern closely resembles the QBOW–QBOE difference but with
497 larger magnitude than QBOW (Fig. 11a). During the 2020 disruption event, the GW drag is close to QBOW conditions and is
498 stronger than in QBOE. These results suggest that GW forcing exerts a significant influence on the modulation of DW1
499 amplitudes across QBO phases and disruption events.

500 5 Summary

501 In this work, the response of global DW1 amplitudes and phases during QBO disruption events is investigated using SABER
502 observation, MERRA-2 dataset and SD-WACCM-X simulation results from 2002 to 2023. Additionally, the underlying
503 mechanisms during the event is explored. The findings are summarized as follows:

504 (1) There is clear difference in (1, 1) mode vertical phase structure and wavelengths between QBO westerly phases and easterly
505 phases. The DW1 (1, 1) mode vertical phase structure and wavelengths during these two QBO disruption events is similar to
506 that during QBO westerly phases.

507 (2) In the 2016 QBO disruption event, DW1 amplitudes are markedly enhanced relative to regular QBO easterly (QBOE)
508 conditions. In the mesosphere and lower thermosphere (MLT), the mean enhancement reaches ~ 1.56 K ($\sim 20.5\%$) at the equator
509 and ~ 0.54 K ($\sim 14.4\%$) at 30° N/S, with peaks of ~ 2.40 K ($\sim 26.5\%$) and ~ 0.87 K ($\sim 29.5\%$) at the same latitudes. A pronounced
510 increase of the DW1 (1, 1) mode is also evident in the stratosphere (~ 0.21 K, $\sim 21\%$). By contrast, the 2020 disruption shows
511 only a modest rise in DW1 amplitude relative to the regular QBOE. In the MLT, the mean enhancement reaches ~ 0.50 K
512 ($\sim 6.0\%$) at the equator and ~ 0.26 K ($\sim 7.7\%$) at 30° N/S, with peak anomalies of ~ 0.91 K ($\sim 11.6\%$) at the equator and ~ 0.31
513 K ($\sim 14.2\%$) at 30° N/S, whereas in the stratosphere the DW1 (1, 1) mode increase ~ 0.18 K ($\sim 17\%$).

514 (3) During the 2016 event, water vapour radiative heating and latent heating increase by $\sim 8\%$ and $\sim 22\%$ relative to QBOE.
515 The zonal wind weak latitudinal shear tends to enhance DW1 amplitudes, while gravity waves strengthen DW1 in the
516 subtropics and damp it at the equator. Nevertheless, the stronger shear near ~ 40 km likely prevents DW1 amplitudes from
517 reaching the levels observed during normal QBO westerly phases.

518 In contrast, during the 2020 event, only water vapour radiative heating exhibits a clear rise ($\sim 5\%$), whereas the latent heating
519 is close to the QBOE. The zonal wind latitudinal shear closely resembled those during QBO easterly phases, and the gravity-
520 wave effect was weaker than in 2016. As a result, the combined influence of water-vapor radiative heating and GW drag
521 contribute only to a slight increase in DW1 amplitudes.

522 This work analyses the feature how the DW1 varies when the highly unusual wind of QBO occurs. This phenomenon which
523 is found in responses at different atmospheric layers suggests an atmosphere coupling process. The observations and model
524 simulations give clear evidence of the connection. The possible link between the lower atmosphere trace gases variation and

MLT dynamic features is shown during these unique events. The result gives a window for exploring the mechanism of the coupling, providing a basis for future research on the underlying mechanisms.

Appendix A: approach for calculating the water vapor radiative heating rate

The heating rate for water vapor mainly follows the method from Groves et al. (1982) and Lieberman et al. (2003). As mentioned in equation 1, the heating rate could be categorized into clear sky and cloudy sky. The equation of clear sky is given by Lacis and Hansen (1974):

$$J_{clr} = q\eta^c S_0 \cos \zeta \left[MA(y) + \frac{5}{3} RA(y') \right] \quad (A1)$$

with q is water vapor mixing ratio (specific humidity), η is defined as p/p_0 , c is defined as $0.75 - \Gamma R_M/2g$. Γ is the vertical lapse rate, which is 6.5K km^{-1} . R_M is the gas constant for air. g is the acceleration of gravity. S_0 is the solar constant, which is 1353 W m^{-2} . ζ is the solar zenith angle, the equation is:

$$\cos \zeta = \sin \theta \sin \delta + \cos \theta \cos \delta \cos t' \quad (A2)$$

with θ is the latitude, δ is the solar declination. t' is given by following equation:

$$t' = \lambda + \Omega t \quad (A3)$$

with λ is longitude in radian, Ω is the angular frequency of Earth's rotation. t is the universal time.

M is given by equation:

$$M = \frac{35}{(1224 \cos^2 \zeta + 1)^{\frac{1}{2}}} \quad (A4)$$

$A(y)$ is given by equation:

$$A(y) = 2.9 \left[\frac{0.635 + 0.365Y}{(Y^{0.635} + 5.925y)^2 Y^{0.365}} \right] \text{cm}^2 \text{g}^{-1} \quad (A5)$$

with:

$$Y = 1 + 141.5y \quad (A6)$$

and

$$y = M\bar{w} \quad (A7)$$

and

$$y' = M\bar{w}_t + \frac{5}{3}(\bar{w}_t - \bar{w}) \quad (A8)$$

The \bar{w} is the effective water vapor amount, is given by equation:

$$\bar{w} = \int_z^\infty q\rho(p/p_0)^{.75}(T_0/T)^{1/2}dz \quad (A9)$$

Where ρ is the air density. \bar{w}_t is the total water vapor above the reflecting surface.

The cloudy sky heating rate is given by Groves (1982):

$$J_{cld} = q\eta^c S_0 \cos \zeta Z \quad (A10)$$

with Z is parameter given by:

$$Z = \sum_i \{ak'[\cosh(\xi_0 + \beta - \xi)) - \cosh(\xi_0 + \beta' - \xi)]/\sinh(\xi_0 + \beta)\}_i \quad (A11)$$

with ξ is given by:

$$\xi = k'\bar{w} \quad (A12)$$

$$k' = \frac{5}{3}\alpha(\sigma + k) \quad (A13)$$

with α , β and β' :

$$\alpha = (1 - \omega)^{\frac{1}{2}}(1 + \omega - 2\omega f)^{\frac{1}{2}} \quad (A14)$$

$$\beta = \frac{1}{2}\ln\{[1 + \alpha - \omega f - R\omega(1 - f)] \div [1 - \alpha - \omega f - R\omega(1 - f)]\} \quad (A15)$$

$$\beta' = \beta + \frac{1}{2}\ln\left[\frac{1 - \alpha - \omega f}{1 + \alpha - \omega f}\right] \quad (A16)$$

with single scattering albedo:

$$\omega = \frac{\sigma}{\sigma + k} \quad (A17)$$

where $\sigma = 40 \text{ cm}^{-1}$, f is 0.925, k and a are given by table 2 from Somerville et al. (1974).

Appendix B: approach for calculating the ozone radiative heating rate

The heating rate for ozone mainly uses the equations from Strobel/Zhu model (Strobel, 1978; Zhu, 1999) and processing method from Xu et al. (2010). The Chappius, Hartley and Huggins bands are as follow:

$$\frac{H_{Ch}}{[O_3]} = F_c \sigma_c \exp[-\sigma_c N_3] \quad (B1)$$

$$\frac{H_{Ha}}{[O_3]} = F_{Ha} \sigma_{Ha} \exp[-\sigma_{Ha} N_3] \quad (B2)$$

$$\frac{H_{Hu}}{[O_3]} = \frac{1}{MN_3} \{I_1 + (I_2 - I_1) \exp[-\sigma_{Hu} N_3 e^{-M\lambda_{long}}] - I_2 \exp[-\sigma_{Hu} N_3 e^{-M\lambda_{short}}]\} \quad (B3)$$

The $[O_3]$ is the ozone number density while the N_3 is the column density of O_3 along the solar radiation path. For

574 equation B1, the F_c is $370 \text{ J m}^{-2} \text{ s}^{-1}$, the σ_c is 2.85×10^{-25} . For equation B2, the F_{Ha} is $5.13 \text{ J m}^{-2} \text{ s}^{-1}$, the σ_{Ha} is $8.7 \times 10^{-22} \text{ m}^{-2}$. For equation B3, the I_1 is $0.07 \text{ J m}^{-2} \text{ s}^{-1} \text{ \AA}^{-1}$, the I_2 is $0.07 \text{ J m}^{-2} \text{ s}^{-1} \text{ \AA}^{-1}$, M is 0.01273 \AA^{-1} , λ_{long} is 2805 \AA^{-1} , λ_{short} is 3015 \AA^{-1} , σ_{Hu} is $1.15 \times 10^{-6} \text{ m}^{-2}$.

577 For the heating rate calculation, the ozone density profiles are firstly interpolated to a uniform vertical grid with 1 km spacing

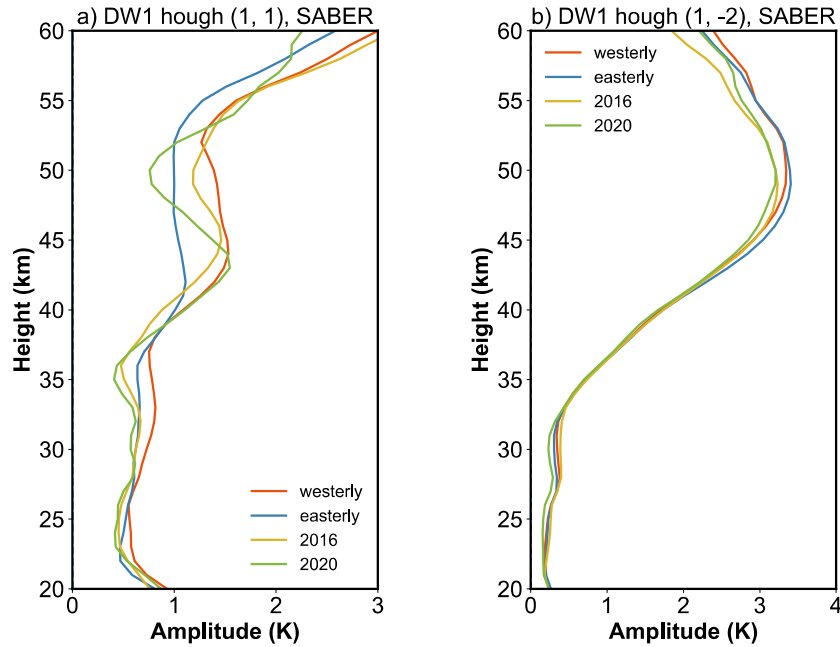
578 from 20 km to 105 km. Then the ozone profiles are processing into zonal mean overlapping latitude bins that are 10 degrees

579 wide with centres offset by 5° from 50°S - 50°N . The diurnal variation of the vertical profile of the ozone heating rate in each

580 latitude bin is calculated using the SABER ozone density and equation B1-B3, along with the diurnal variation of solar zenith

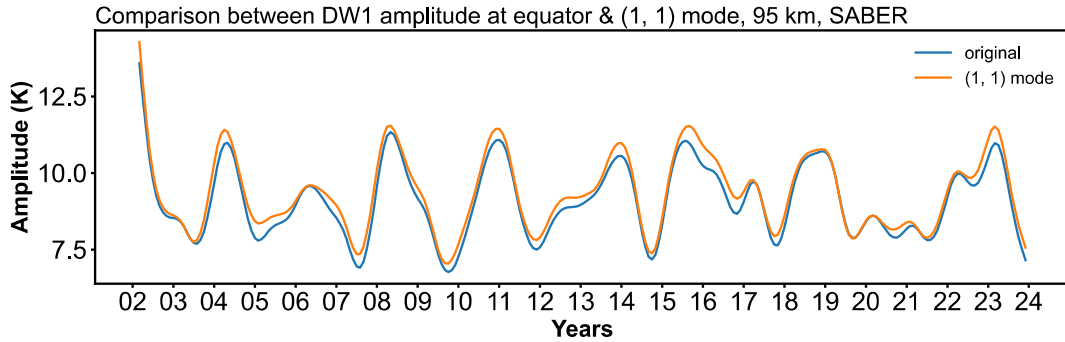
581 angle for the specific latitude and day of year.

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584 Figure S1. Amplitude profiles of DW1a) (1,1) and b) (1, -2) modes during different QBO phases



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586 Figure S2. The amplitude time series of equatorial DW1 and (1, 1) Hough mode at 95 km.

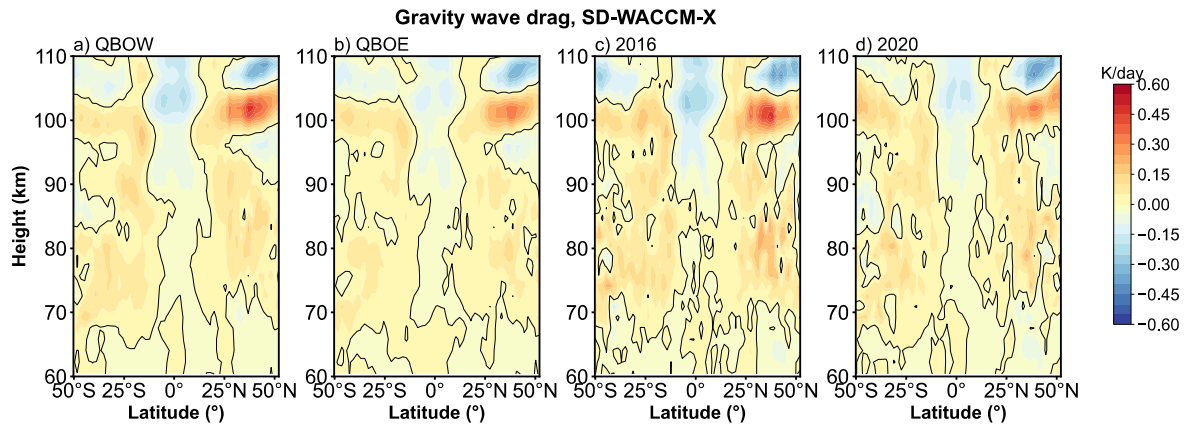


Figure S3. The gravity wave forcing on DW1 during difference QBO phases as a function of latitude and altitude

Data availability. SABER data is available from the SABER project data server at <https://spdf.gsfc.nasa.gov/pub/data/timed/saber/>. The SD-WACCM-X is retrieved from https://app.globus.org/file-manager?origin_id=d2762023-6ab4-46c9-ab12-b037cd568e42&origin_path=%2F. The QBO index is retrieved from https://acd-ext.gsfc.nasa.gov/Data_services/met/qbo/QBO_Singapore_Uvals_GSFC.txt. The Generalized Lomb-Scargle Periodogram and best-frequency fit method are provided by PyAstronomy (<https://github.com/sczesla/PyAstronomy>). The MERRA-2 reanalysis data can be retrieved from https://disc.gsfc.nasa.gov/datasets/M2T3NVASM_5.12.4/summary/ (zonal wind, temperature, cloud fraction, specific humidity), https://disc.gsfc.nasa.gov/datasets/M2I3NVAER_5.12.4/summary (air density), https://disc.gsfc.nasa.gov/datasets/M2T1NXRAD_5.12.4/summary (surface albedo), https://disc.gsfc.nasa.gov/datasets/M2T3NPTDT_5.12.4/summary?keywords=MERRA2%20tdt (tendency of air temperature due to moist processes).

Author contributions. Conceptualization: SL, GYJ; investigation: SL, GYJ; project administration: BXL, GYJ and YJZ; software: SL; supervision: GYJ, BXL and YJZ; validation: BXL, GYJ and YJZ; visualization: SL; writing – original draft preparation: SL; and writing – review and editing: GYJ, BXL, XL, JYX, YJZ and WY. All authors have read and agreed to the published version of the paper.

Competing interests. The authors declare that they have no conflict of interest.

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Acknowledgements. WACCM-X SD output data have been used in this study, and we would like to acknowledge the WACCM-X development group at NCAR/HAO for making the model output publicly available. This work was jointly supported by the Strategic Priority Research Program of the Chinese Academy of Sciences (Grant No. XDB0560000), the Pandeng Program of National Space Science Center CAS, National Key R&D program of China (2023YFB3905100), the Project of Stable Support for Youth Team in Basic Research Field, CAS (YSBR-018), the National Natural Science Foundation of China (42174212), the Chinese Meridian Project, and the Specialized Research Fund for State Key Laboratories.

Financial support. This work was jointly supported by the Strategic Priority Research Program of the Chinese Academy of Sciences (Grant No. XDB0560000), the Pandeng Program of National Space Science Center CAS, National Key R&D program of China (2023YFB3905100), the Project of Stable Support for Youth Team in Basic Research Field, CAS (YSBR-018), the National Natural Science Foundation of China (42174212), the Chinese Meridian Project, and the Specialized Research Fund for State Key Laboratories.

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