

A new conceptual model reveals a long ramp-like change as cause for the Mid-Pleistocene Transition

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Abstract. During the Quaternary period, spanning the last 2.6 million years, the characteristic frequency and amplitude of glacial-interglacial cycles evolved from low-amplitude 41,000-year cycles to high-amplitude 100,000-year cycles. This transition occurred around 1.2 to 0.8 million years ago and is referred to as the Mid-Pleistocene Transition (MPT). The absence of any significant change in the external orbital forcing during this period suggests the existence of some fundamental change within the Earth-climate system, leading to non-linearities or feedback mechanisms. The temporal structure of such a change is still under debate. Here, we present a new conceptual model of the Quaternary global climate, the so-called RAMP model. It can be applied to different paleoclimatic records and variables as the global mean sea level, benthic foraminifera $\delta^{18}\text{O}$ and seawater $\delta^{18}\text{O}_{sw}$. The RAMP model incorporates a ramp-like change in its deglaciation threshold to reconstruct the MPT. Parameter optimization finds that the onset of the change occurs in the early Quaternary (2.6 - 2.2 Ma) and lasts into the 100 kyr world (500 - 250 ka). These findings support the idea of a long-term shift as a cause of the MPT and imply that the climate shift began early in the Quaternary. The model uses a linear combination of precession and obliquity as external orbital forcing, which can be optimized to best reconstruct the target paleoclimatic record. The identified orbital forcing differs from the widely used insolation at summer solstice at 65° N, as it exhibits a larger precession signal. While the RAMP model yields consistent and good results for two global mean sea level curves and one benthic $\delta^{18}\text{O}$ record, it fails in reconstructing a recent deconvolution into seawater $\delta^{18}\text{O}_{sw}$, which significantly differs from the other curves. Moreover, we perform various sensitivity tests, in which the RAMP model demonstrates high robustness, especially the identified long-term trend is a very robust feature in the model, indicating its importance in reconstructing the MPT.

1 Introduction

The Quaternary is the most recent geological epoch, covering the last 2.6 Ma. It is characterized by the alternance of cold glacial climate states and warmer interglacial periods. In the first half of the 20th century, Milutin Milankovitch made significant contributions to the astronomical theory of climate, which links changes in Earth's orbital parameters to changes in the radiative forcing, which ultimately leads to glacial-interglacial variability (Milankovitch, 1941). Earth's obliquity varies on a cycle of approximately 41 kyr, while precession operates over a 19 kyr and a 23 kyr period, and eccentricity fluctuates on a 100 kyr and a 400 kyr timescale (Hays et al., 1976). In his theory, the orbital variations of Earth's eccentricity, obliquity and precession lead to variations in the insolation during boreal summer, which is the dominating driver of glacial cycles (Ganopolski, 2024).

Two central problems arise from this theory. The first is known as the 100 kyr problem: The late Quaternary glacial cycles (approximately the last 800 ka) follow 100 kyr patterns, despite the eccentricity having only a negligible influence on the global insolation compared to the obliquity and precession (Raymo and Huybers, 2008; Imbrie et al., 2011; Barker et al., 2022). The second issue is related to the shift of low-amplitude ~ 41 kyr cycles towards high-amplitude ~ 100 kyr cycles during the mid-Pleistocene ($\sim 1.2 - 0.8$ Ma) in the absence of any significant change in orbital forcing. This transition is known as the Mid-Pleistocene Transition (MPT) (Imbrie et al., 2011; Barker and Knorr, 2023; Elderfield et al., 2012). The occurrence of the MPT poses one of the most challenging open questions to the paleoclimatological community and has been the subject of intense studies (Willeit et al., 2019; Legrain et al., 2023; Berends et al., 2021b; Ganopolski, 2024). Various internal feedback mechanisms of the climate system and non-linearities have been put forward to explain this major climatic shift (Legrain et al., 2023; Berends et al., 2021b).

Recent studies suggest that the duration and timing of deglaciation and glaciation events over the last 900 ka were largely deterministic and driven by the relative phasing of precession, obliquity, and eccentricity (Barker et al., 2022, 2025). Barker et al. (2025) identified candidate precession peaks, which are precession peaks that begin while obliquity is increasing, as essential for glacial terminations. They found that all glacial terminations during the last 900 ka correspond to the first candidate precession peak after a minimum in eccentricity. This is how the 100 kyr periodicity comes into play for the post-MPT world. On the other hand, it seems like obliquity alone controls the following glacial inception, which is triggered by the start of its next decreasing phase. During and prior to the MPT, the authors found that almost all candidate precession peaks are linked to glacial terminations. Since they depend on rising obliquity values, they are mainly paced by obliquity, resulting in the observed 41 kyr world with no more influence of eccentricity on these cycles. This leaves open the question of why there was a change in the climate response to candidate precession peaks.

While various hypotheses have been proposed to explain the MPT, the following two are particularly popular. The regolith hypothesis suggests that gradual removal of thick regolith layers (10-50 m) on the North American and Eurasian surface during continuous glaciations exposed the high-friction crystalline bedrock underneath, reducing basal ice flow and increasing ice sheet stability, leading to the observed 100 kyr periodicity (Clark and Pollard, 1998; Clark et al., 2006; Willeit et al., 2019). Alternatively, a gradual cooling trend, associated with a decrease in atmospheric CO₂ concentrations throughout the Quaternary, may have triggered the MPT (Scherrenberg et al., 2025). Based on such a long-term cooling trend, various feedback

mechanisms in the ice sheet or changes in the ocean circulations have been proposed as a secondary trigger for the MPT (Berends et al., 2021b).

Another open question concerns the temporal structure of the change that might have triggered the MPT. While a gradual
55 scenario involves a linear change over the entire Quaternary (like the CO₂ hypothesis), a more abrupt scenario involves the crossing of some irreversible climatic thresholds over a short period of time (Legrain et al., 2023). One proposed abrupt mechanism involves non-linear feedback effects from the merging of the North American Laurentide and Cordilleran ice sheets (Berends et al., 2021b; Bintanja and van de Wal, 2008; Gregoire et al., 2012).

Climate models present a versatile tool for investigating these different hypotheses. They range from computationally ex-
60 pensive Earth System Models to simple, zero-dimensional (spatial dimensions) conceptual models that focus on key variables while allowing long simulations. They rely on a reduced number of highly aggregated macroscopic variables that try to reconstruct the full dynamics as closely as possible (Saltzman, 2001). Various conceptual models have been developed over the last decades, varying in their underlying assumptions and hypotheses. Many of them yield good results and can reconstruct the 100 kyr world with its characteristic saw-tooth pattern (Gildor and Tziperman, 2001; Imbrie et al., 2011; Parrenin and Paillard, 2012; Pérez-Montero et al., 2024) or even the MPT with its shift in amplitude and frequency and its specific timing (Paillard, 1998; Paillard and Parrenin, 2004; Legrain et al., 2023; Ganopolski, 2024).
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A common approach is to attribute glacial-interglacial variability to relaxation oscillations between multiple equilibria (Paillard, 1998; Parrenin and Paillard, 2012; Legrain et al., 2023; Leloup and Paillard, 2022). In his initial work, Paillard (1998) proposed a three-state model (hereafter referred to as P98) consisting of an interglacial, mild glacial, and a full glacial state.
70 Transitions between model states depend on the ice volume and the insolation. To account for a change in forcing due to decreasing atmospheric CO₂ concentrations, he added a small linear trend in the radiative forcing and linearly increased one of the state thresholds. This model is able to accurately reconstruct the global ice volume over the past 2 Ma, with good results in the timing of terminations and the change in periodicity due to the MPT. In later work, Parrenin and Paillard (2012) presented an improved version of this model (hereafter referred to as PP12), which only consists of a glaciation and a deglaciation state.
75 While the deglaciation trigger depends on a combination of ice volume and insolation, the glacial inception is solely controlled by insolation. Moreover, they adapted the solar forcing, such that the model takes a linear combination of three orbital parameters instead of a fixed insolation curve. A similar approach was used in the model of Imbrie et al. (2011). Indeed, the model results seem to depend on the chosen insolation forcing, since they differ in their contributions from obliquity and precession (Leloup and Paillard, 2022). The three model versions by Legrain et al. (2023) (hereafter referred to as L23 models) continued
80 the work by implementing different internal forcing scenarios to test which of them is most likely to reproduce the MPT. In addition to the external solar forcing, they added internal variations to the model in the form of a varying deglaciation threshold. They found that a gradual increase of this deglaciation threshold is more likely to reproduce the MPT than an abrupt change. Based on this finding, they suggested that a gradual decline in atmospheric CO₂ concentrations over the Pleistocene may have increased the deglaciation threshold, potentially causing the MPT.

85 Imbrie et al. (2011) proposed a phase-space model that again combines ice volume and orbital forcing as a deglaciation trigger. They were able to reproduce the shift in frequency of glacial-interglacial cycles purely by orbital forcing, without changing

any model parameters during the MPT. Hence, they linked the occurrence of 100 kyr glacial cycles to the eccentricity-driven amplitude modulation of precession. However, their model-data comparison was limited to a detrended benthic $\delta^{18}\text{O}$ curve rather than an ice volume reconstruction, thereby precluding the assessment of whether their model accurately reconstructs the change in amplitude over the MPT.

In a more recent work, Ganopolski (2024) attempted to set up a generalized Milankovitch Theory by incorporating model results from CLIMBER-2 (a more sophisticated Earth-System Model) into a conceptual model. The model can reproduce the glacial cycles of the Quaternary based on the nonlinear response of the climate system to the orbital forcing in the form of the eccentricity-driven amplitude modulation of precession and the existence of supercritical ice sheets. A gradual increase in the critical ice volume is added to model the MPT. The author associates this with the gradual removal of terrestrial sediments in the Northern Hemisphere, which is needed to prolong the late-Pleistocene glacials.

In this study, we improve the 2-state L23 conceptual models. To account for potential feedback mechanisms in the climate system or internal changes in the system, we implement a new ramp-like scenario, called the RAMP model. Here, the focus lies on the general temporal structure of such a change, allowing for its physical interpretation. The RAMP model covers all three temporal scenarios discussed in the L23 models and is characterized by its easy adjustability. In comparison with the L23 models, it can be run on different time scales, be extrapolated into the future, be run on different tuning targets and for different climatic variables (global mean sea level, $\delta^{18}\text{O}$), and it can be easily re-tuned for new parameterizations (e.g. allowing to test the effects of changes in the state thresholds, forcing, etc.).

2 Methods

2.1 RAMP model

The new RAMP model presents an improved version of the L23 models. In the following, the model formulation is described. A detailed description of the changes compared to the L23 models can be found in the Supplementary Information (SI Sec. 1).

While the L23 models were used to simulate the global ice volume and relied on the sea level reconstruction by Berends et al. (2021a) as a tuning target, the RAMP model can be applied to various targets, including benthic foraminifera and seawater $\delta^{18}\text{O}$. Targets, other than global ice volume, are scaled to the Berends et al. (2021a) sea level, then solved for this unit space, before being rescaled to their initial units. This allows for consistent parameter units for all tuning targets and comparable orders of magnitude, and, therefore, to use a single model for various dimensional paleoclimatic records.

The RAMP model uses orbital forcing as an input to reconstruct a paleoclimatic curve over the Quaternary. Leloup and Paillard (2022) showed that the model outcome depends on the chosen insolation forcing (e.g. summer solstice or caloric season at 65°N). This poses a bias to the model by selecting a specific insolation metric. Some earlier models (Imbrie et al., 2011; Parrenin and Paillard, 2012; Legrain et al., 2023) use instead a linear combination of precession, co-precession and obliquity, which can represent insolation at most latitudes and seasons (Imbrie et al., 2011). In the RAMP model, we only use a linear combination of precession and obliquity. We show that such a linear combination of only two orbital parameters can indeed accurately reconstruct various insolation curves (SI Sec. 4). The following orbital parameters (dimensionless) from

120 La2004 orbital solution (Laskar et al., 2004) are used:

$$\text{Esi: Precession parameter } \sim e \sin(\omega), \quad (1)$$

$$\text{Ob: Obliquity } \sim \epsilon, \quad (2)$$

with ω the precession angle taken from the vernal equinox and e the eccentricity.

Hence, the orbital forcing $I(t)$ (m kyr⁻¹) in the model is defined as:

$$125 \quad I(t) = \alpha_{\text{Esi}} \text{Esi}(t) + \alpha_{\text{O}} \text{Ob}(t), \quad (3)$$

with the constant weights α_{Esi} and α_{O} (m kyr⁻¹).

The model has two different states, the glaciation state (**g**) and the deglaciation state (**d**). Therefore, the paleoclimatic quantity $v(t)$, given in meter sea level equivalent (m sl), is driven by two first-order differential equations, depending on the current model state:

$$130 \quad \text{g: } \frac{dv(t)}{dt} = -I(t) + \alpha_g, \quad (4)$$

$$\text{d: } \frac{dv(t)}{dt} = -I(t) - \frac{v(t)}{\tau_d}, \quad (5)$$

where α_g (m kyr⁻¹) is a constant model parameter controlling the glacial rate of advance and τ_d (kyr) is the constant relaxation time, which controls the deglacial rate of retreat.

135 A state change from a glaciation to a deglaciation (**g**) \rightarrow (**d**) occurs when a combination of the current quantity $v(t)$ and the orbital forcing exceeds a critical threshold:

$$\text{(i) } v(t) \cdot \tilde{I}(t) + v(t) > v_0(t) \quad \& \quad \text{(ii) } v(t) \cdot \tilde{I}(t) > v_1. \quad (6)$$

Vice versa, a transition from a deglaciation state to a glaciation state (**d**) \rightarrow (**g**) occurs when:

$$\text{(i) } v(t) \cdot \tilde{I}(t) + v(t) < v_0(t) \quad \& \quad \text{(ii) } v(t) \cdot \tilde{I}(t) < v_1. \quad (7)$$

140 To account for the correct units, the threshold equations use the dimensionless orbital forcing $\tilde{I}(t) = \frac{I(t)}{[I]}$. The time-dependent deglaciation parameter is denoted as $v_0(t)$ (m), and v_1 (m) is another model threshold but constant in time. Supplementary Figure S3 visualizes how these thresholds act in the RAMP model and how they initiate state changes and drive the dynamics of the model.

145 To simulate the MPT, the L23 models (and their earlier precursor models) introduced a temporal change in the deglaciation parameter $v_0(t)$, as orbital forcing alone was not capable of simulating the MPT in their model. In the RAMP model, this parameter is altered ramp-like, i.e. it changes linearly during a period bounded by t_1 and t_2 (ka) and stays constant before and after:

$$v_0(t) = \begin{cases} v_{0,1}, & \text{if } t > t_1 \\ v_{0,1} + \frac{v_{0,2} - v_{0,1}}{t_2 - t_1} (t - t_1), & \text{if } t_1 \geq t \geq t_2 \\ v_{0,2}, & \text{if } t_2 > t \end{cases} \quad (8)$$

with $v_{0,1}$ (m) the constant value before the ramp and with $v_{0,2}$ (m) the constant value after the ramp. The time t is conventionally given in paleo units (ka BP). This implementation covers three special temporal scenarios, all included in the three model versions discussed in L23:

- if $v_{0,1} = v_{0,2}$: no change in the deglaciation parameter. RAMP is only externally forced by changes in orbital parameters (equivalent to ORB model in L23)
- if $t_1 = t_2$: abrupt jump in $v_0(t)$ (equivalent to ABR model in L23)
- if $t_1 = 2.6$ Ma and $t_2 = 0$ Ma: gradual trend over entire simulation period (equivalent to GRAD model in L23)

Therefore, the new RAMP model is more flexible than any of the L23 models, and for a linear trend in v_0 , it also gives information on when such a trend has started and ended. Tuning the RAMP model to some paleoclimatic target curve reveals the temporal evolution in $v_0(t)$, needed to best reproduce this curve.

In contrast to the L23 models, the newly developed RAMP model demonstrates superior numerical efficiency, exhibiting a speedup by a factor of approximately 30, and it incorporates a more advanced tuning strategy (more details in SI Sec. 1). The gain in numerical efficiency in combination with a more refined tuning strategy allowed us to test various parameterizations involving modifications to the model forcing, the evolutionary equations, or the threshold equations (SI Tab. S4). These tests enabled us to investigate the influence of various parameters and to identify less important ones that could be excluded from the final model. During this process, we identified the necessity of scaling the orbital forcing I in the threshold equation in such a way that it has a similar magnitude to the quantity v . Consequently, this allowed for a reduction in the number of parameters in the model compared to the L23 models (by 2 to 4 fewer), while simultaneously covering a broader range of temporal scenarios and improving the performance of the model.

2.2 Tuning targets

The L23 model reconstructed the global ice volume over the past 2 Ma by using the global mean sea level (GMSL) reconstruction by Berends et al. (2021a) as a tuning target. In contrast, the RAMP model is extended to include four different paleoclimatic records, which allow reconstructing not only the global ice volume, but also benthic $\delta^{18}\text{O}_b$ and seawater $\delta^{18}\text{O}_{sw}$.

The Berends sea level data reconstructs the past 3.6 Ma, based on an inverse forward modelling approach that aims to disentangle the coupled signals of ice volume and ocean temperature, present in benthic $\delta^{18}\text{O}$ records (Berends et al., 2021a). It uses the LR04 stack of benthic $\delta^{18}\text{O}$ as forcing (Lisiecki and Raymo, 2005). We keep the Berends curve as a target for global ice volume in the RAMP model, but also include the GMSL reconstruction by Rohling et al. (2022) to have a second target curve. In contrast to Berends et al. (2021a), they used the process modelling approach by Rohling et al. (2021) to deconvolve the sea level signal from the LR04 stack. Despite their different approaches to reconstructing the GMSL signal from the LR04 stack, both produce curves in strong agreement with each other, with a mean offset of 3.3 m (Rohling et al., 2022). In the period before 2.6 Ma, the offset is greater. In general, the Berends record is smoother compared to the Rohling record, which arises from a stronger inertia in changes in the ice volume present in the Berends model (Rohling et al., 2022).

180 A most recent work by Clark et al. (2025) deconvolved the Prob-stack (Ahn et al., 2017), a global mean benthic $\delta^{18}\text{O}_b$ stack, into its seawater $\delta^{18}\text{O}_{sw}$ component, based on ocean temperature data. The Prob-stack was corrected for a long-term increase in $\delta^{18}\text{O}_b$, possibly due to a combined effect of diagenesis and the carbonate ion effect. To account for other targets than GMSL, we include the benthic $\delta^{18}\text{O}_b$ Prob-stack (Ahn et al., 2017), as detrended by Clark et al. (2025) and its seawater component $\delta^{18}\text{O}_{sw}$ as two further tuning targets for the RAMP model.

185 3 Results

3.1 RAMP model for Quaternary climate

Tuning the RAMP model to the detrended Prob-stack results in a high correlation between both curves ($R = 0.86$) and an RMSE of 0.22 (Fig. 1a). The model selects a long-lasting increasing trend for the deglaciation parameter in order to reconstruct the target curve. This ramp-like change occurs around 2.2 Ma and lasts until around 500 ka in the model. Furthermore, the RAMP model can correctly identify an increase in the amplitude of $\delta^{18}\text{O}_b$ cycles after the MPT. Although some of the post-MPT interglacial peaks are too low in the reconstruction. During the period 1.4 - 1 Ma, the glacial peaks tend to be too low in the RAMP model. Comparing the frequency scalograms of the RAMP reconstruction and its target curve demonstrates close resemblance (Fig. 2a,e). Both curves have a strong ~ 41 kyr obliquity signal over the entire Quaternary and an emerging ~ 100 kyr period after around 1 Ma. However, the RAMP reconstruction features some consistent precession signals over the entire simulation period, which are not visible in the benthic target curve.

Tuning the RAMP model to the GSML reconstruction, either by Berends et al. (2021a) (Fig. 1b) or Rohling et al. (2022) (Fig. 1c) yields similar results. The obtained model-data correlation is high for both curves ($R = 0.86$ and $R = 0.85$). A general bias of too low interglacial peaks for the post-MPT world remains for these targets. The simulated glacial peaks before the MPT persist in being underestimated, especially visible for the Rohling target, which shows larger glacial-interglacial variations during this period. While the temporal evolution of $v_0(t)$ for the Berends target closely resembles the one obtained for the benthic target, it does differ for the Rohling GMSL target. For this target, the ramp begins almost immediately in the simulation and lasts longer, extending until approximately 250 ka. The spectral analysis of both reconstructions (Fig. 2b,c) exhibits the same general patterns as for the benthic target with a dominant obliquity signal, an arising ~ 100 kyr signal around 1 Ma and a significant precession signal over the entire simulation.

205 Using the seawater $\delta^{18}\text{O}_{sw}$ record from Clark et al. (2025) affects the simulation the most (Fig. 1d). For this target, the RAMP model demonstrates the least correlation ($R = 0.63$). In general, while the Berends and Rohling GMSL curves and the benthic $\delta^{18}\text{O}_b$ show a similar pattern over the Quaternary, characterized by lower glacial-interglacial amplitudes prior to the MPT and an increase in peak glacial values, the $\delta^{18}\text{O}_{sw}$ curve displays a fundamentally different picture. Here, the glacial-interglacial cycles exhibit much stronger variations in the early Quaternary, and certain of these glacial maxima are comparable in strength to the ones occurring in the late Quaternary. Furthermore, the increasing trend in glacial maxima, apparent for both GMSL curves and the benthic record, is not visible for the seawater $\delta^{18}\text{O}_{sw}$. In contrast, it exhibits an increasing period between 2 - 1.5 Ma, followed by a decreasing period in the interval 1.2 - 0.8 Ma. The RAMP model struggles to reconstruct

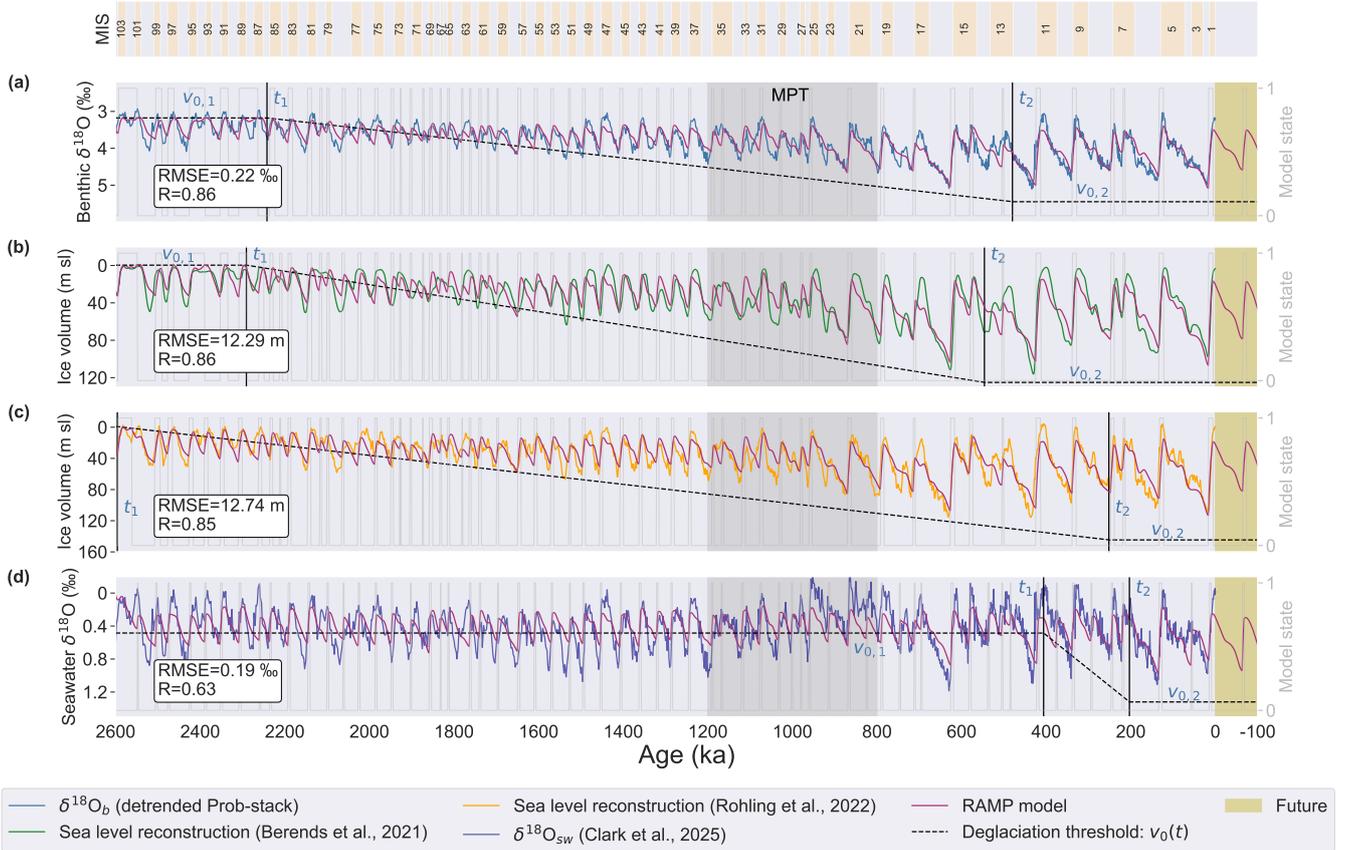


Figure 1. The RAMP model (purple lines) tuned for four different tuning targets: (a) Prob-stack benthic $\delta^{18}\text{O}_b$ (Ahn et al., 2017) as detrended by Clark et al. (2025), (b) Berends et al. (2021a) GMSL curve, (c) Rohling et al. (2022) GMSL curve, and (d) Clark et al. (2025) seawater $\delta^{18}\text{O}_{sw}$. The vertical black lines indicate the start and endpoint of the ramp and the dotted black lines show the temporal evolution of the deglaciation threshold. The grey-shaded area highlights the classical perspective of where the MPT is located in time. MIS boundaries are given according to Lisiecki and Raymo (2005). Model extrapolations for the future 100 kyr are indicated by the yellow-shaded areas.

these features. Overall, the glacial-interglacial variations are significantly smaller for the RAMP reconstruction. While the pre-MPT glacial extrema are too small, the post-MPT interglacials are too weak. The identified ramp is very limited in time and appears after the MPT in the interval 400 - 200 ka. Hence, it differs substantially from the long-lasting patterns observed for the previous three targets. Moreover, the RAMP model fails in reconstructing the post-MPT 100 kyr cycles (Fig. 2d) correctly. It only features a 100 kyr signal for the last ~ 200 kyr, after the ramp-like change in $v_0(t)$.

The tuned parameter values are very similar for the two GMSL targets and the detrended Prob-stack (SI Tab. S3). This highlights that the RAMP model, as discussed above, yields robust outputs for these three tuning targets. While the $\delta^{18}\text{O}_{sw}$ target differs more significantly in its parameter values, certain parameters like α_{Esi} , α_{O} , α_{g} and $v_{0,1}$ remain similar.

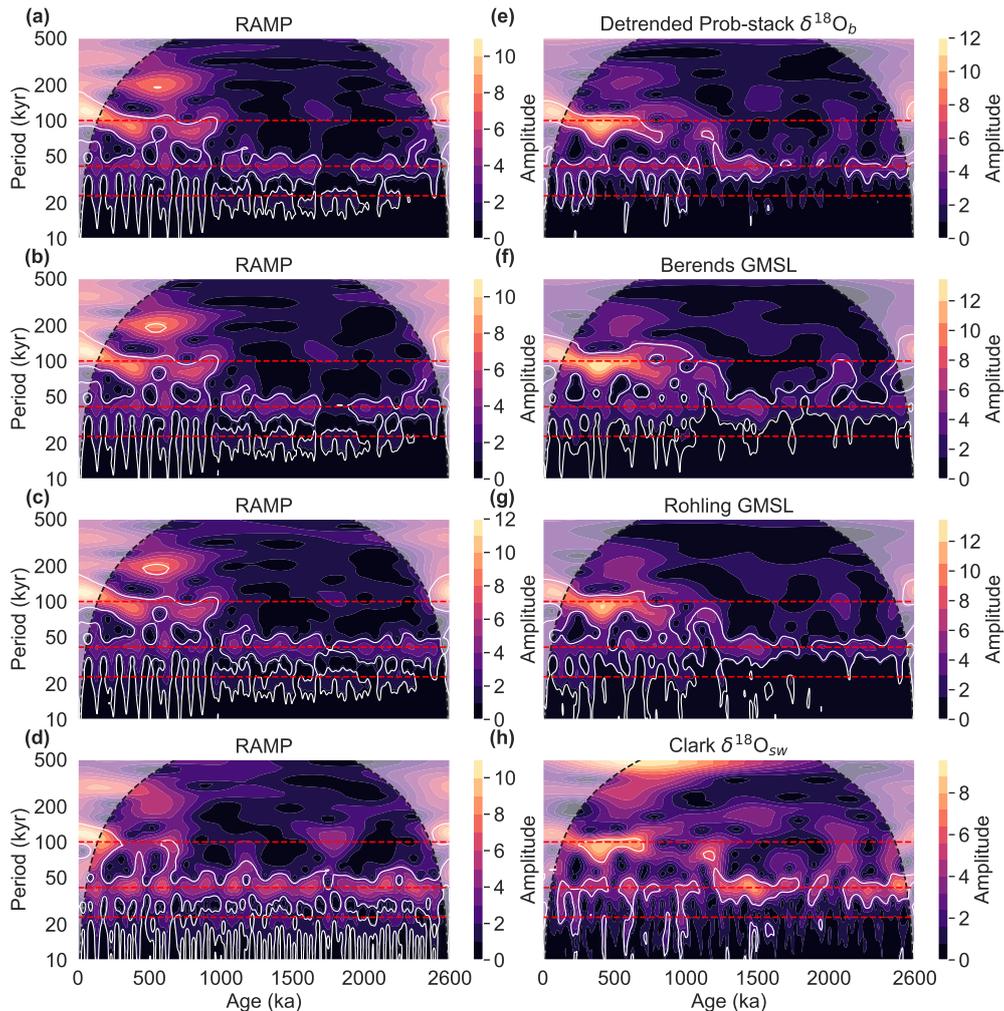


Figure 2. Frequency scalograms from the continuous wavelet transform for the RAMP model (panel (a)-(d)) and its corresponding tuning targets: (e) Prob-stack benthic $\delta^{18}O_b$ (Ahn et al., 2017) as detrended by Clark et al. (2025), (f) Berends et al. (2021a) GMSL curve, (g) Rohling et al. (2022) GMSL curve, and (h) Clark et al. (2025) seawater $\delta^{18}O_{sw}$. White contours denote significant regions above the red-noise (AR1) background at the 95% confidence level. Orbital frequencies of precession (~ 23 kyr), obliquity (~ 41 kyr) and eccentricity (~ 100 kyr) are marked by the red dotted lines.

Extrapolating the RAMP model yields consistent results for all four tuning targets. For the Berends and Rohling GMSL curves and the detrended Prob-stack, the RAMP model simulates the end of the Holocene at 6 ka and the subsequent glacial cycle to reach its maximum at 64 kyr in the future. The $\delta^{18}O_{sw}$ target results in almost the same timings with an endpoint for the Holocene at 10 ka and a next glacial maximum at 63 kyr in the future. For all four targets, the RAMP model underestimates the current interglacial lowstands and projects an intermediate, strong future glaciation, compared to the previous ones.

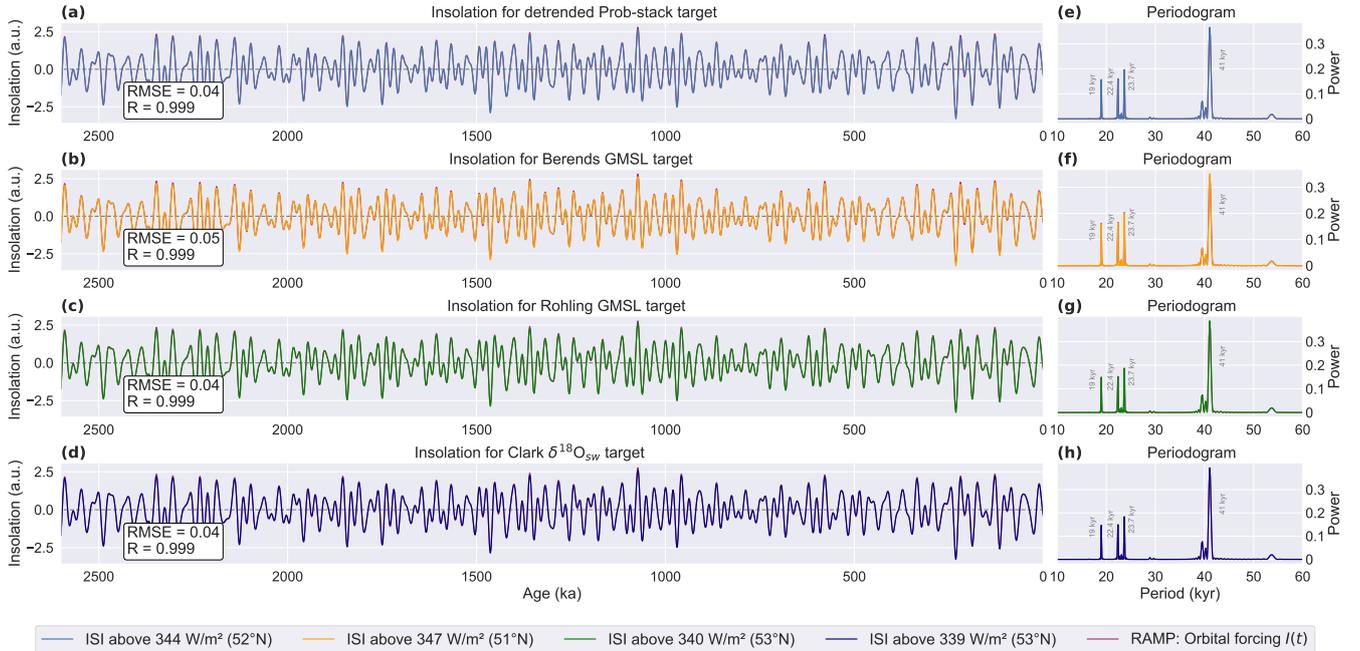


Figure 3. Comparison of the orbital forcing in the RAMP model (purple line), when tuned for the (a) Prob-stack (Ahn et al., 2017) as detrended by Clark et al. (2025), (b) Berends et al. (2021a) GMSL reconstruction, (c) Rohling et al. (2022) GMSL reconstruction and (d) Clark et al. (2025) $\delta^{18}\text{O}_{sw}$ decomposition. For each forcing curve, the best-fitting insolation curve is shown. ISI curves were calculated by code from Leloup and Paillard (2022). The RAMP model was tuned to the detrended Prob-stack. Panel (e)-(h) show the corresponding periodogram of both forcing curves.

The extended simulation period and the different tuning targets prevent a direct comparison between the RAMP and the L23 models. Hence, we run the RAMP model for a reduced simulation period of 2 Myr and tune it to the Berends GMSL curve. A comparison with the GRAD model, which is the best-performing model version of L23, demonstrates better model-data agreement with a reduction in RMSE of more than 1 m, while relying on three parameters less, but still providing more information on the temporal change in $v_0(t)$. A complete comparison with all L23 model versions and the new RAMP model is shown in the SI (Fig. S1, Tab. S2).

3.2 Orbital forcing in the RAMP model

The temporal evolution of the quantity $v(t)$ in the RAMP model is externally driven by the orbital forcing $I(t)$. It is based on a linear combination of the precession parameter and obliquity (Eq. 3). The two associated tunable model weights $\alpha_{E_{si}}$ and α_O determine how the orbital forcing in the RAMP model looks and how strong the precession and obliquity signals are. Figure 3 shows the resulting orbital forcings for the RAMP model, when tuned for each of the four different tuning targets. To identify the insolation curve corresponding to the obtained $I(t)$ curve, we compare it to daily insolation curves at specific latitudes,

monthly averaged ones, and various integrated summer insolutions (ISI)¹. The insolation values are taken from La2004 orbital solution (Laskar et al., 2004). Insolation curves and orbital forcing in the RAMP model are normalized for comparison.

240 The tuned weights ($\alpha_{\text{Esi}}, \alpha_{\text{O}}$) for the orbital forcing in the RAMP model exhibit a remarkable similarity across all four targets (SI Tab. S3). Consequently, it is unsurprising that the obtained orbital forcings for these targets closely resemble one another, leading to a similar identification of the insolation curves with the highest correlation (Fig. 3a-d). For the four targets, the closest correlation is found with the ISI above a threshold ranging from 339 to 347 W m^{-2} , at latitudes between 51° and 53° N, indicating an almost perfect alignment ($R \geq 0.998$). The spectral analysis (Fig. 3e-h) of these insolation curves
 245 demonstrates that they consist of a dominant obliquity peak around 41 kyr, accompanied by pronounced precession peaks occurring around 19 kyr, 22.4 kyr and 23.7 kyr.

3.3 Model sensitivity

We conduct several experiments to assess the sensitivity of the RAMP to initial conditions, the robustness of the glacial patterns to changes in model parameters and simulation time and how robust the model tuning is. To investigate the model sensitivity,
 250 we use the optimal parameter set (SI Tab. S3) for the RAMP model when tuned for the detrended Prob-stack, keeping all parameters fixed except one. The first parameter that we vary, v_i , sets the initial value for the quantity $v(t)$ (Fig. 4a). Lower initial values of 0%, 50%, 90% and 95% of the optimal value converge to the same output in less than 200 kyr. Similarly, higher values of 105%, 110%, 200% and 1000% converge to the same output in less than 200 kyr. This demonstrates that the RAMP model is not sensitive to the choice of initial conditions.

255 The second parameter that we vary is the model threshold v_1 , which we alter in an interval of $\pm 10\%$ ($[0.9, 0.95, 1, 1.05, 1.1] \cdot v_{1,\text{best}}$) (Fig. 4b). While most of the glacial cycles remain unchanged, some specific stages seem to be more sensitive to parameter changes. This is the case for the early Quaternary, around 2.5 and 2.3 Ma. Thereafter, all simulations converge to the same pattern and only differ for the late Quaternary glacial cycles. Apparently, the interglacial double peaks observed during Marine Isotope Stage (MIS) 13 and MIS 7 are particularly sensitive to changes in parameters, and failing to detect these
 260 accurately can lead to an early termination of the last glacial period.

The last sensitivity test that we perform concerns the deglaciation threshold $v_0(t)$. Here, we vary simultaneously $v_{0,1}$ and $v_{0,2}$ in an interval of $\pm 10\%$ ($[0.9, 0.95, 1, 1.05, 1.1] \cdot v_{0,1/2,\text{best}}$) (Fig. 4c). This produces a similar result as for the sensitivity to the v_1 parameter. Only early Quaternary cycles around 2.5 and 2.3 Ma are affected, while the simulated glacial cycles till around 1 Ma remain unchanged. The 100 kyr world is more sensitive to changes in the $v_{0,1/2}$ parameters, with MIS 13 and
 265 MIS 7 being particularly sensitive.

To assess the robustness of the model tuning, the RAMP model is tuned from a unit vector (i.e. initial parameter guess of 1 for all parameters) to the detrended Prob-stack, excluding the time interval from 2 to 0.6 Ma from the target dataset.

¹The integrated summer insolation (ISI) was introduced by Huybers (2006) and is defined as the sum of insolutions on days exceeding some threshold τ :

$$\text{ISI}(\tau) = 86,400 \cdot \sum_i \beta_i W_i,$$

where W_i is the mean insolation in W/m^2 on day i , and $\beta_i = 1$ if $W_i \geq \tau$ and 0 otherwise.

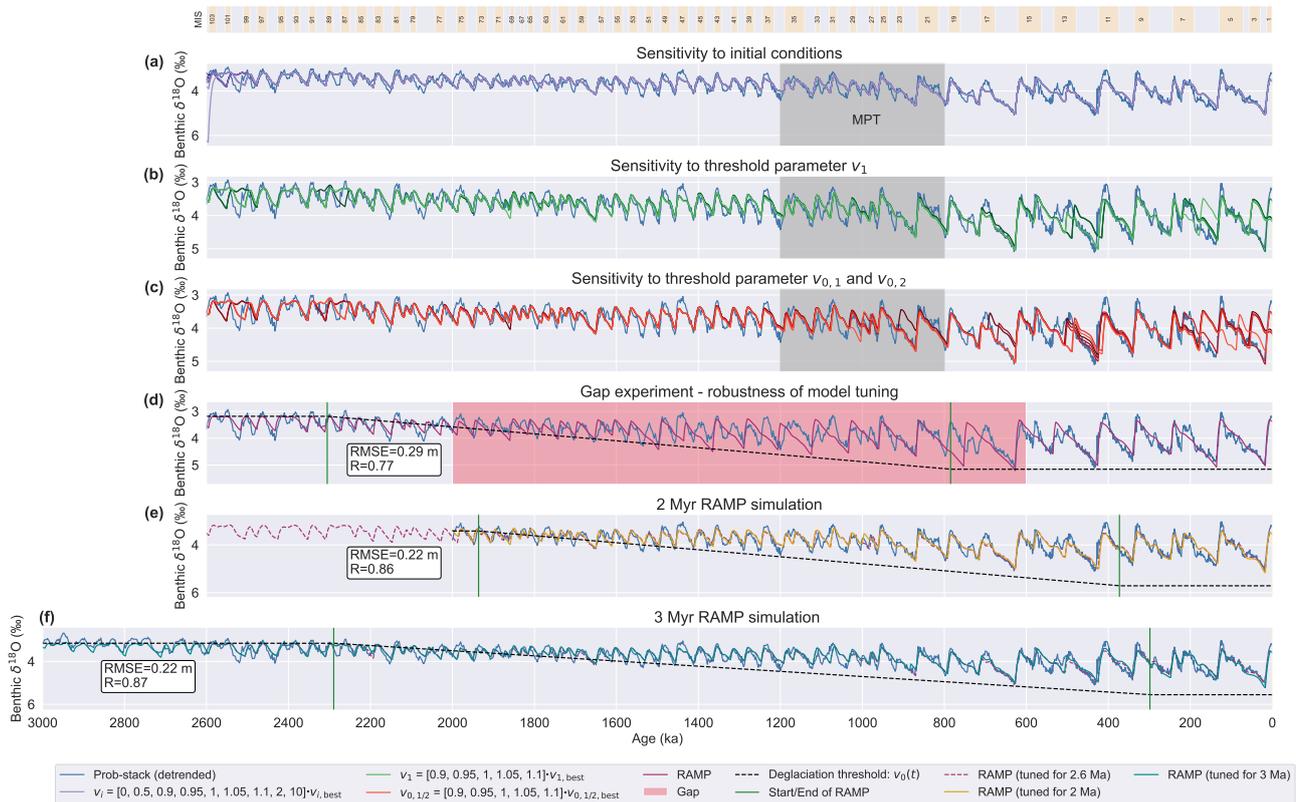


Figure 4. Parameter sensitivity in the RAMP model. **(a)** Sensitivity to initial conditions: v_i (initial quantity) is varied within $[0, 0.5, 0.9, 0.95, 1, 1.05, 1.1, 2, 10] \cdot v_{i,best}$ (purple lines). **(b)** Sensitivity to model threshold: v_1 is varied within $[0.9, 0.95, 1, 1.05, 1.1] \cdot v_{1,best}$ (green lines). **(c)** Sensitivity to model thresholds: $v_{0,1}$ and $v_{0,2}$ are simultaneously varied within $[0.9, 0.95, 1, 1.05, 1.1] \cdot v_{0,1/2,best}$ (red lines). **(d)** Robustness of the model tuning. The RAMP model was tuned for the detrended Prob-stack, starting from a unit vector and excluding the period 2 - 0.6 Ma (red-shaded area) from the tuning target. **(e)** RAMP model when tuned for a 2 Myr run (golden line) compared to the standard 2.6 Myr tuned version (purple dotted line). **(f)** RAMP model when tuned for a 3 Myr run (cyan line) compared to the standard 2.6 Myr tuned version (purple dotted line). The blue line shows the detrended Prob-stack. The grey-shaded area highlights the classical perspective of where the MPT is located in time. MIS boundaries are given according to Lisiecki and Raymo (2005).

Consequently, the RAMP model is only tuned for the early Quaternary (2.6 - 2 Ma) and the late Quaternary (last 600 ka), without any information on the glacial cycles during the gap period. The reconstructed benthic $\delta^{18}\text{O}$ curve closely aligns with the target curve (Fig. 4d). In comparison with the reconstructed curve tuned to the complete target (Fig. 1a), the exclusion of the gap results in a reduction of the R value from 0.86 to 0.77. The indicated ramp period remains extended with an earlier onset at ~ 2.3 Ma (previously ~ 2.2 Ma) and an earlier end at ~ 800 ka (previously ~ 500 ka). Despite lacking any information on the glacial cycles during the gap period (red-shaded area in Fig. 4d), the RAMP model can accurately reconstruct the timings

of most glacial terminations. This demonstrates the robustness of the applied model tuning and the overall robustness of the
275 RAMP model in accurately reconstructing glacial cycles without having any prior knowledge about them.

Finally, we alter the simulation period to verify the robustness of the glacial patterns and whether the identified ramp period
changes. When we tune the RAMP model for a reduced period of 2 Myr to the detrended Prob-stack and compare it with the
2.6 Myr tuned version of the RAMP model, both curves almost perfectly align for the past 2 Myr (Fig. 4e). The end of the
ramp occurs slightly later in the Quaternary (around 400 ka instead of 500 ka). The onset of the ramp is bounded to 2 Ma, due
280 to the reduced simulation period. However, the optimal value for the onset ($t_1 = 1936$ kyr) lies very close to this upper bound,
indicating that t_1 might exceed this upper bound, as it does for the 2.6 Myr run.

We repeat the same experiment, but for an extended simulation period of 3 Myr (Fig. 4f). Over the past 2.6 Myr, both curves
align almost perfectly. Without an upper bound of 2 Ma for t_1 , as in the previous simulation, the model tuning finds a very
similar pattern for the temporal shape of the ramp for the 3 Myr run and the 2.6 Myr run. The 3 Myr run results in an onset of
285 the ramp at around 2.3 Ma (previously 2.2 Ma) and an end at around 300 ka (previously 500 ka). Hence, altering the simulation
period for the RAMP model does not largely affect the simulated glacial patterns, and the long-lasting trend obtained for the
ramp is a robust feature for all simulation periods.

4 Discussion

4.1 Ramp-like change for GMSL and benthic $\delta^{18}\text{O}$ targets

290 Conceptual models like the RAMP model cannot shed light on the underlying physical mechanisms directly (e.g. whether a
long-term trend in v_0 is due to regolith removal or a gradual CO_2 decrease, etc.), since they do not include the involved physical
or chemical processes directly. However, their strength lies in their capability to investigate the underlying temporal structure
of such a change. The advantage of the new ramp formulation is that the RAMP model incorporates multiple scenarios for the
temporal change in the deglaciation parameter, particularly all those discussed in Legrain et al. (2023) (ORB, ABR, GARD).
295 By tuning the model to a paleoclimatic target curve, it selects the most appropriate temporal structure for $v_0(t)$. For three out
of the four targets used in this study (both GMSL curves and the detrended Prob-stack), the RAMP model shows a similar
pattern, namely a long-lasting increasing trend in $v_0(t)$, which started between 2.2 and 2.6 Ma and ended between 250 - 500
ka. Hence, for these targets, the RAMP is not in favour of an abrupt change, a rather short and limited change (e.g. which only
lasted during the MPT) or no change in $v_0(t)$, which would correspond to a purely orbitally driven climate. These findings
300 agree with the results of the L23 models, where the authors identified a gradual trend over the entire 2 Myr-long simulation
period to be more likely than an abrupt one or a purely orbital one. The strength of the RAMP model is that it gives information
about a potential start and end of such a gradual change. The L23 GRAD model was only run for the past 2 Ma, therefore,
it does not allow earlier changes in v_0 , but the RAMP model reveals that the change in v_0 likely started even before 2 Ma.
An alternative approach is presented in Ganopolski (2024), where the author prescribes the change in the critical ice volume
305 parameter v_c (similar to our v_0) with a hyperbolic tangent, which closely resembles the temporal evolution of the regolith-free
area as described in Willeit et al. (2019). This shows that the regolith-free scenario can reproduce the MPT, but since it relies

on a single prescribed temporal structure for this change in v_c , it gives no information on how likely such a temporal structure is.

310 The RAMP model challenges the possibility that orbital forcing alone could explain the MPT. Despite the flexibility of using different linear combinations of precession and obliquity (even when including co-precession), tuning the RAMP model did not result in a scenario where $v_0(t)$ remained constant, but always increased over the Quaternary, i.e. implying that an internal change in the system is required to reconstruct the MPT. In contrast, there are recent studies linking the occurrence of the MPT to orbital forcing alone. Ma et al. (2024) introduce the *integral of annual mean insolation anomaly* (IAMIA), which quantifies successive small step-wise insolation changes over a given period of time. The authors show that IAMIA exhibits a large shift around 935 ka, which they hypothesise to have enabled the onset of the MPT. Another recent preprint by Verbitsky and Omta (2025) discusses the idea that the MPT is due to a delayed relaxation process, which can lead to an abrupt-like jump in the dominant period. This shift in periodicity can be highly sensitive to the initial conditions, and the sensitivity depends on the amplitude of the orbital forcing. Although our model yields a contrasting view, we cannot exclude the possibility that a different orbital parameterization, e.g. IAMIA, could recreate the MPT.

320 While the RAMP model supports a long-lasting gradual trend in the Earth-climate system, its underlying physical mechanism cannot be directly inferred but just hypothesized since the conceptual modelling approach lacks the physical representation of these mechanisms. Whether a gradual erosion of regolith (Clark and Pollard, 1998; Clark et al., 2006), a gradual decrease in atmospheric CO₂ (Berends et al., 2021b; Scherrenberg et al., 2025), some sea-ice feedback mechanism, a mixture of these (Willeit et al., 2019) or something else, is the underlying mechanism behind this trend, requires a more physics-based model which can explicitly resolve these mechanisms.

The hypothesis of a long-term decrease of atmospheric CO₂ concentrations as the cause of the MPT remains difficult to verify since the continuous direct CO₂ records from Antarctic ice cores are currently limited to the past ~ 800 ka (Willeit et al., 2019; Bereiter et al., 2015) and beyond that, the discontinuous ice core samples from the Allan Hills Blue Ice area provide only snapshots of direct CO₂ estimates of the last 3 Ma, attached larger uncertainties (Peterson et al., 2024; Yan et al., 2019). CO₂ estimates over the pre-MPT and the MPT worlds can be obtained using indirect proxies inferred from terrestrial and marine archives. For example, CO₂ reconstructions are based on $\delta^{13}\text{C}$ from leaf-wax (Yamamoto et al., 2022), from paleosols (Da et al., 2019), or boron isotope-based reconstructions (Chalk et al., 2017; Hönisch et al., 2009). Based on the latter, there appears to be a decrease in minimal CO₂ concentrations during glacial maxima throughout the MPT. However, looking into a recent synthesis compiling all proxy-based paleo CO₂ data (CenCO₂PIP Consortium, 2023), alternative CO₂ reconstructions suggest different trends. Hence, there is no clear answer yet regarding the long-term evolution of the atmospheric CO₂ concentration across the Pleistocene. However, this knowledge gap is anticipated to be addressed in the future through ongoing efforts to retrieve a continuous ice core record extending beyond one million years, as pursued, for instance, by the European Beyond EPICA-Oldest Ice Core project and the Australian Million Year Ice Core project.

340 As Verbitsky and Crucifix (2023) point out, while some phenomenological models can very accurately recreate observational time series (i.e. paleo records), it does not necessarily reflect their physical similarity to nature. Hence, it is crucial to investigate whether such a ramp-like scenario in the model is justified by paleo records or more sophisticated modelling studies. A synthe-

sis of globally distributed sea surface temperature (SST) records by Clark et al. (2024) found that two long-term cooling stages occurred during the last 4.5 Ma. The first started around 4 Ma, which was followed by a second period of intensified cooling between 1.5 Ma and around 0.8 Ma. Thereafter, temperatures stabilised for the late Pleistocene. A statistical model by Tzedakis et al. (2017) relates glacial terminations with a required energy threshold and shows that this deglaciation threshold had to rise over the Pleistocene. They found that the increase is ramp-like with a linear trend lasting from 1.55 Ma until 0.61 Ma. The conceptual model by Ganopolski (2024) can also recreate the MPT by changing its critical ice volume parameter ramp-like rather than linear. However, it uses a smoother transition function, namely a hyperbolic tangent centered around 1050 ka with a transition time of 250 kyr. The asymptotic behaviour of the hyperbolic tangent leads to quasi-constant parameter values prior to 1.55 Ma (twice the transition time) and after 0.55 Ma. The author stresses the similarity with the modelled regolith mask in Willeit et al. (2019), connecting the ramp-like structure with the erosion of the Northern Hemisphere regolith. The optimal volcanic CO₂ outgassing scenario (V2) found in Willeit et al. (2019) resembles a ramp-like structure for the past 2.6 Ma with a decreasing trend of volcanic CO₂ outgassing between around 2.1 Ma and 0.9 Ma.

In summary, certain proxy records and modelling studies support the concept of a ramp-like internal change. Reaching a constant value for $v_0(t)$ in the RAMP model, after a long increasing trend, aligns with findings from SST records (~ 0.8 Ma, Clark et al. (2024)), a statistical model of energy thresholds (~ 0.6 Ma, Tzedakis et al. (2017)) and with a modelled volcanic CO₂ outgassing scenario (~ 0.9 Ma, Willeit et al. (2019)), where stable conditions were reached in the late Quaternary, although the endpoint for the RAMP model (0.25 - 0.5 Ma) occurs later. The volcanic CO₂ outgassing scenario in Willeit et al. (2019) closely resembles the temporal structure in the RAMP model (for Berends GMSL and detrended Prob-stack) with an early onset around 2.1 Ma. On the other hand, the first cooling trend in global SST records appears earlier (4 Ma), and the intensified cooling trend around 1.5 Ma appears later than the one in the RAMP model. Moreover, the ramp-like energy threshold in Tzedakis et al. (2017) also suggests a later start around 1.55 Ma.

4.2 Seawater $\delta^{18}\text{O}_{sw}$

Besides the detrended benthic $\delta^{18}\text{O}$ Prob-stack, its deconvolution into seawater $\delta^{18}\text{O}_{sw}$ is included in the RAMP model as a new target. This recent deconvolution by Clark et al. (2025), based on an ocean temperature data compilation, gives a contrasting view compared to the Berends and Rohling deconvolutions. It exhibits a decline in $\delta^{18}\text{O}_{sw}$ during the MPT, interrupting a previous period of increasing values and showing larger glacial-interglacial amplitudes in the early Quaternary, with certain of these glacial maxima comparable in strength to the ones occurring in the late Quaternary. This contrasting view led to a failure of the RAMP model in accurately matching the target curve and in reconstructing the MPT. The RAMP formulation seems to be less suited for this target, as apparent from the selected ramp period (400 - 200 ka). However, a final reconstruction of this $\delta^{18}\text{O}_{sw}$ record into a GMSL curve is not yet available.

4.3 Next glacial cycle

While neglected in many conceptual models, extrapolating the next glacial cycle can be an important tool of model evaluation, since this represents the only time interval in which a model cannot be tuned or fitted onto some existing paleoclimatic tar-

375 get curve. Since the extrapolated curves lack anthropogenic CO₂ emissions, they must be interpreted as baseline experiments
of how the glacial cycles would evolve in the absence of anthropogenic impacts. More complex models, coupled to the car-
bon cycle, project, even without any anthropogenic influence, an unprecedentedly long Holocene, lasting for another 50 kyr
(Ganopolski et al., 2016; Talento and Ganopolski, 2021). In contrast, the RAMP model projects for all four tuning targets that
the next glacial cycle has already started 6 - 10 ka and will last until around 64 kyr in the future. In their recent study, inves-
380 tigating the influence of precession and obliquity on glacial interglacial cycles, Barker et al. (2025) estimate that the current
interglacial conditions would last for 11 kyr, when obliquity reaches its next minimum and the succeeding glacial would be
interrupted in around 66 kyr (again neglecting anthropogenic effects). Other conceptual models similarly predict a contrasting
view for the next glaciation: Calder (1974) projected a start 5 ka and an end in around 119 kyr (see his Fig. 2), Imbrie and
Imbrie (1980) estimated a start 6 ka (see their Fig. 7) and Figure 5 in Paillard (2015) reveals that only a large enough glaciation
385 threshold can lead to a prolonged Holocene in the P98 model, while a lower threshold would have terminated the Holocene
already a few kyr ago. While other models like the L23 models, Model 3 of Ganopolski (2024) and the Leloup and Paillard
(2022) model were not extrapolated for the next glacial cycle, it can be expected that they would yield similar results as the
RAMP model (i.e. a short Holocene), since they are based on similar model dynamics. Therefore, the RAMP characteristic of
simulating a prolonged Holocene is a striking feature which is also present in other conceptual models or studies. The discrep-
390 ancy with the more sophisticated models might be due to the missing carbon feedback in these models or due to the choice of
the glaciation threshold in the RAMP model, which only depends on orbital forcing or parameters.

4.4 Role of precession and obliquity

While we cannot directly investigate the physical effects of precession and obliquity in the climate system with the RAMP
model, we can investigate their influence on the dynamics of the model. By using a linear combination of precession and
395 obliquity rather than a single insolation metric, we can explicitly see which roles these two orbital quantities play in the model.
For instance, this allows us to investigate the spectral power of the obtained orbital forcing in the RAMP model.

The evolution of the quantity $v(t)$ in the RAMP model is driven by a linear combination of two orbital parameters: precession
and obliquity. Therefore, the orbital forcing in the model depends on the tuned parameter values α_{Esi} and α_{O} . In comparison
to other conceptual models, which rely on a specific insolation metric for the orbital forcing (e.g. Ganopolski (2024); Paillard
400 (1998); Leloup and Paillard (2022)), this allows for more flexibility in the model and reduces subjective modelling choices. A
similar approach with three orbital parameters has been successfully used in other models (Imbrie et al., 2011; Legrain et al.,
2023). Choosing a specific insolation metric does affect the quality of the reconstruction result due to variations in their spectral
profiles (Leloup and Paillard, 2022). For instance, the insolation at summer solstice at 65° N has a stronger precession signal
than the one obtained from the caloric summer insolation at 65° N (as introduced by Milankovitch (1941)).

405 Moreover, since using a linear combination of precession and obliquity can accurately reconstruct various insolation curves
at different latitudes and seasons (SI Sec. 4), the tuning process will select an optimal curve for the orbital forcing. This
optimal forcing curve can then be compared to real insolation curves. In addition, available conceptual models use a variety
of orbital forcings, e.g. Model 3 (Ganopolski, 2024) uses the maximum summer insolation at 65° N, P98 relies on the same

metric, but with an artificial truncation function added, Tzedakis et al. (2017) use the caloric summer insolation at 65° N. Regarding this variety of different orbital forcings in use, it is of interest to see which metric the RAMP model selects. For the RAMP model, we found that the tuned orbital weights ($\alpha_{\text{Esi}}, \alpha_{\text{O}}$) are almost the same for all four tuning targets and hence are the orbital forcings $I(t)$. For all four targets, we find that the curve with the highest correlation ($R \geq 0.998$) is the ISI above a threshold ranging from 339 to 347 W m^{-2} , at latitudes between 51° and 53° N. These curves consist of a dominant obliquity peak and substantial precessional signals. This contrasts with the widely used insolation curve at summer solstice at 65° N, which exhibits dominant precession signals and a reduced obliquity signal. However, it therefore better resembles the precession-obliquity imprint of the caloric summer insolation curve.

4.5 Model limitations

The RAMP model depends on a specific threshold choice to switch between a glaciation and a deglaciation state. Köhler and van de Wal (2020) challenge this binary view of interglacials and glacials. By classifying interglacials based on the absence of substantial NH land ice outside of Greenland, they found that the classification of interglacials, especially in the early Quaternary, is ambiguous. This classification depends on the defined threshold and the choice of the underlying record. This perspective questions the ability of any threshold-based, two-state model to unambiguously classify interglacial states. Therefore, the identified glacial and deglacial states in our model should only be carefully considered in combination with the applied thresholds, defined in Eq. 6,7, and for the used target record (benthic $\delta^{18}\text{O}$, sea-water $\delta^{18}\text{O}$ or global ice volume).

Available global mean sea level data exhibit large uncertainties. Between 50 and 30 ka, geological and geochemical reconstructions of GMSL vary up to 60 m and above (Farmer et al., 2023). Model-based deconvolutions of global $\delta^{18}\text{O}$ into GMSL, like for the Berends et al. (2021) and Rohling et al. (2022) sea level reconstructions, exhibit similar large uncertainties. While the Berends curve shows an LGM lowstand of around 100 m, the Rohling curve gives around 108 m. Both values are well below observational-based reconstructions of around 130 - 135 m for the LGM (Austermann et al., 2013; Lambeck et al., 2014; Yokoyama et al., 2000). Furthermore, the Berends and Rohling reconstructions, although differing in their modelling approaches, both rely on the LR04 benthic $\delta^{18}\text{O}$ stack, whose age model was orbitally tuned. Hence, the chosen reconstruction depends on the orbital tuning applied to the LR04 stack. Consequently, the simulated global ice volume in the RAMP model has to be interpreted in light of the large uncertainties already present in the target data.

5 Conclusions and outlook

In this study, we constructed a new conceptual model of the Quaternary global climate, the so-called RAMP model. It improves the previous L23 models of Legrain et al. (2023) by reducing the number of parameters in the model (2-4 less), reducing the model-data mismatch ($\Delta\text{RMSE} > 1$ m), including three new paleo records as target (Rohling GMSL, $\delta^{18}\text{O}_b$, $\delta^{18}\text{O}_{sw}$), increasing the numerical efficiency (speedup of ~ 30), refining the tuning strategy, extrapolating the model for the next glacial cycle and implementing a more flexible ramp-like parameterization, which includes all former L23 temporal scenarios. The model is insensitive to the initial conditions, i.e. the initial value of $v(t)$. While the early Quaternary cycles are less sensitive

to changes in the threshold parameters ($v_{0,1/2}, v_1$), the late Quaternary ones are more sensitive, particularly the appearance of interglacial double peaks around MIS 13 and MIS 7. The model tuning is very robust and can yield consistently good results, even when large parts of the tuning targets are excluded. Reducing or extending the simulation period does not largely affect the simulated glacial cycles, and the identified long-term change in the deglaciation parameter is a very robust feature in the
445 model.

The RAMP model yields consistent results for three tuning targets (Berends GMSL, $\delta^{18}O_b$, $\delta^{18}O_{sw}$). They all result in a long-lasting increasing trend in the deglaciation parameter, which started in the early Quaternary (2.6 - 2.2 Ma) and lasted until 250 - 500 ka, in order to reconstruct the MPT. The model fails in reconstructing the recent deconvolution of the Prob-stack into $\delta^{18}O_{sw}$, which fundamentally differs from prior deconvolutions. The RAMP consistently projects a short Holocene, which
450 already ended a few kyr ago, followed by an intermediate strong glacial, lasting until around 64 kyr in the future. For all tuning targets, the RAMP model consistently selects a very similar orbital forcing curve, which is in close agreement with the ISI above a threshold ranging from 339 to 347 $W m^{-2}$, at latitudes between 51° and 53° N, which are all characterized by a dominant obliquity peak and substantial precession signals.

At the moment, the RAMP model only relies on precession and obliquity as an input, and it reconstructs either GMSL or
455 $\delta^{18}O$ over the Quaternary. Internal feedback mechanisms and forcings are conceptualized by aggregated model parameters. This limits the physical interpretability of potential mechanisms driving the climate evolution. Hence, it would be beneficial to include other climatic variables in future work, e.g. CO_2 . This would allow us to reconstruct the past evolution of them and improve the physical interpretability of the modelled results. The early onset of the ramp-like change emphasizes the importance of intensifying the work to obtain an even older continuous ice core record than the recently drilled at least ~ 1.2
460 Ma old ice from the European Beyond EPICA-Oldest Ice Core project.

Code and data availability. The source code of the conceptual model and all the code and data to re-create the figures are publicly available on GitHub: <https://github.com/felyx04/Conceptual-Model-Pollak-et-al-2025>. The version corresponding to this submitted manuscript is available on Zenodo: <https://doi.org/10.5281/zenodo.15421084>.

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