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Budgets of ~~Dissecting~~ particulate organic carbon ~~budgets~~ in the mesopelagic layer across contrasting North Atlantic Ocean biomes: a model study with ~~Mechanistic diagnosis using PISCESv2_RC and observations~~

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Key Points:

- We quantify detrital particle budgets (0–1000 m) using NEMO4-PISCESv2_RC and compare results to satellite, Argo float and ship-based data
- Gravitational export of large detritus triggers zooplankton ingestion and fragmentation, decreasing transfer efficiency in productive waters
- Small detritus, supplemented by aggregate fragmentation and vertical mixing, support ~60% of mesopelagic POC decay across regions

Abstract

Biogeochemical and physical processes in the mesopelagic layer regulate the long-term carbon storage of photosynthetic carbon in the ocean interior. However, persisting uncertainties in the budgets of particulate organic carbon (POC) underscore our limited budgets limit quantitative understanding of mesopelagic ecosystem functioning in relation to the biological carbon pump. This study examines the drivers of POC variability in the top and its representation in models. Here we analyse POC budgets simulated by NEMO4-PISCESv2_RC in the upper 1000 m of the North Atlantic Ocean over a climatological seasonal cycle. Budgets of detrital POC are comprehensively analyzed using the NEMO4-PISCESv2 model, which features two classes of detritus with different sinking speeds, a variable reactivity scheme for POC decay, and diverse modes of zooplankton detritivory and particle aggregation-disaggregation processes. Results reveal a latitudinal shift in detrital POC supply and removal dynamics. In the subtropical area, PISCES depicts relatively simple budgets where gravitational supply is mostly balanced by microbial degradation. By contrast, higher latitudes exhibit marked seasonal succession in supply and removal processes. From February through April, POC diffusion by vertical mixing dominates, diagnosing the mechanisms that regulate POC export and transfer efficiency. Gravitational POC export fluxes, supplementing gravitational export (by 37% annually in the and the contribution of large detritus increase poleward, while winter-spring mixing supplies an additional 37% to the subpolar area). During bloom demise in summer, consumption and fragmentation of large aggregates by mesozooplankton explain up to half of the flux attenuation. Interestingly, the lowest

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mesopelagic transfer efficiency (11%) occurs in midlatitudes, the region. Up to 60% of mesopelagic POC supply is intercepted by zooplankton, yet most productive area. Optimal detritus removal is recycled to detritus through fragmentation and trophic processing. This detrital loop modulates particle size, sinking speed, and degradation pathways, and is seasonally reinforced at midlatitudes results from opposed latitudinal gradients in mid-high latitudes. Exported POC becomes more labile toward high latitudes, whereas temperature and particle lability, concurrent with high zooplankton activity. Our results prompt more explicit representation of suspended and slow sinking particle dynamics, and detritus-organism interactions, in biogeochemical models.

Plain Language Summary

Tiny algae absorb dissolved carbon in the sea, using sunlight to transform it into organic material. Some of this material reaches deeper layers as particles, called detritus, including dead organisms and feeding remains. Detritus are consumed by animals or decomposed by bacteria and only a small amount reaches the deep ocean. Driven decay rates decline poleward. These processes, termed the opposing gradients yield maximal mesopelagic POC flux attenuation at midlatitudes, coincident with peak productivity. Small detritus play a central role: they sustain ~55% of mesopelagic POC decay and drive 33–50% of export at 1000 m, reflecting substantial biological supply and a pronounced vertical decline in lability. Evaluation against satellite, Argo float, shipboard and sediment trap data indicates generally realistic POC stocks and fluxes. Nonetheless, the model overestimates the diatom fraction at mid-high latitudes, exhibits compensation between too-low primary production and excessive epipelagic export in the subtropics, and underestimates mesopelagic POC at mid and low latitudes. We propose POC budget analysis as a mechanistic framework for identifying structural biases and constraining inter-model spread in projections of the biological particulate carbon pump, control how much carbon the ocean can store. Using the NEMO4-PISCESv2 model, we explored how different factors — like particle settling velocities, mixing, microbial degradation rates, and animal feeding — affect this process in the North Atlantic. We found that in warmer, southern waters particles degrade faster at shallow depths, but more of them survive the journey through the twilight zone. Contrastingly, particles in colder northern waters are more affected by animals that feed on them, decreasing the sinking flux and favoring microbial decomposition. Seasons also matter — during winter, deep mixing of water moves organic material downward and provides food for organisms in deeper layers before large particles from algal blooms start sinking during the productive season. Our study shows that all these transformation processes need to be considered to understand how the ocean stores organic carbon and predict how it can evolve in the future.

Short Summary. We use a biogeochemical model to examine how particulate organic carbon (POC) is produced, transformed and transported to the deep ocean. Vertical flux attenuation arises from several interacting processes: export pathways, particle lability, temperature-dependent degradation, and zooplankton transformations, leading to strongest attenuation in the most productive region. Together with extensive comparison to observations, such a budgeting approach can help constrain model projections.

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1. Introduction

Through photosynthesis, phytoplankton fix inorganic carbon (C) ~~to create into~~ organic matter that fuels ~~the~~ marine food ~~chain~~ webs (Lindeman, 1942). This organic matter flows in particulate form through trophic interactions between microbial primary producers (phytoplankton), their protist and metazoan predators (zooplankton), and detrital particles. ~~All living and non living particles are~~ collectively termed particulate organic carbon (POC). A fraction of ~~the~~ primary production is released ~~to the~~ dissolved organic carbon (DOC) ~~pool~~. ~~While most DOC is respired and remineralized by heterotrophic prokaryotes~~; in addition to being remineralised to dissolved inorganic carbon (DIC) and nutrients, ~~a portion of it~~ DOC can re-~~enters~~ enter the particulate pool via the microbial loop (Pomeroy, 1974).

~~A variable portion of the POC created in surface waters escapes from being recycled in the upper ocean and is exported to deeper layers through gravitational sinking and other transport mechanisms (Boyd et al., 2019), contributing to long term C storage by the ocean (Eppley & Peterson, 1979; Volk & Hoffert, 1985; Kwon et al., 2009). Additional downward C fluxes are channelled by the gravitational sinking of biogenic particulate inorganic carbon (PIC)~~ A portion of surface POC escapes rapid recycling in the upper-ocean and is transferred to depth via gravitational sinking and other transport mechanisms Eppley & Peterson, 1979; Volk & Hoffert, 1985; Kwon et al., 2009; Boyd et al., 2019). Additional vertical fluxes include biogenic particulate inorganic carbon sinking (Honjo, 1980; Neukermans et al., 2023) and ~~by the physical DOC transport of DOC (Jiao et al., 2010). The ensemble of the biology-mediated processes that transfer POC, PIC, and DOC to the deep ocean is known as the biological C pump (Volk & Hoffert, 1985; Legendre, 2024). Here we focus on the POC driven component of the biological C pump.~~

~~Most of the POC export flux originating from the upper ocean layer is attenuated by biological processes within the mesopelagic or twilight zone. The vertical transfer of biogenic carbon pools, and their gradual transformation to DIC and subsequent storage in the ocean interior, constitute the biological carbon pump (Volk & Hoffert, 1985; Marinov et al., 2008; Legendre, 2024; Frenger et al., 2024). Here, we focus on its particulate organic component.~~

POC export to depth occurs through multiple pathways, including “passive” gravitational sinking (Volk & Hoffert, 1985), turbulent mixing and diffusion (Gardner et al., 1995; Bol et al., 2018), advection (Levy et al., 2013), and “active” transport by diel and seasonal zooplankton migrations (Jónasdóttir et al., 2015; Brun et al., 2019; Gorgues et al., 2019). Once in the mesopelagic, POC is transformed by zooplankton detritivory (Giering et al., 2014) and particle aggregation-disaggregation processes (Mayor et al., 2014; Takeuchi et al., 2019; Briggs et al., 2020), and ultimately removed through bacterial degradation (Belcher et al., 2016). As a result, the vertical POC flux is predominantly attenuated in the mesopelagic zone (~100-1000 m; ~~(Martin et al., 1987), which spans between the bottom of the productive (or epipelagic) layer and ~1000 m depth. Hence, the~~

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mesopelagic zone largely controls how much C escapes short term remineralization and subsequent atmospheric (Martin et al., 1987). The balance between vertical transfer and remineralisation regulates carbon storage, nutrient regeneration (Rodgers et al., 2024), and sea-air CO₂ exchange (Ricour et al., 2023), helping mitigate global warming thereby influencing climate feedbacks (Kwon et al., 2009; Le Quéré et al., 2016). The balance between export and remineralization also regulates nutrient delivery pathways and, thus, upper ocean productivity and its response to global anthropogenic change (Rodgers et al., 2024).

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POC is exported from the epipelagic layer mostly by “passive” gravitational sinking (Volk & Hoffert, 1985), but also by turbulent mixing (Gardner et al., 1995; Bol et al., 2018) and vertical advection. In addition, diel and seasonal zooplankton migrations give rise to the “active” fluxes. POC spans a broad size spectrum, from hundred nm to (Jónasdóttir et al., 2015; Brun et al., 2019; Gorgues et al., 2019). Within the mesopelagic layer, bacterial degradation (Beleher et al., 2016), zooplankton detritivory (Giering et al., 2014) and particle aggregation/disaggregation processes (Mayor et al., 2014; Takeuchi et al., 2019; Briggs et al., 2020) are key drivers of POC dynamics. Together, these processes determine the vertical fluxes over the seasonal cycle, and the amount, size distribution and biological reactivity of the POC exported below 1000 m.

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POC comprises a wide range of particle sizes, from a hundred nm to a few mm (Stemmann & Boss, 2012). Although most of the POC stock is found in particles smaller than 100 μm (typically >85%; Baker et al., 2017). Large particles (>100 μm), including phytodetrital aggregates and faecal pellets with their microbial colonisers (Kjorboe et al., 2003) dominate fast gravitational export due to their fast settling velocities in the order of tens to hundreds of m d⁻¹ (Stemmann & Boss, 2012). In contrast, small particles (<100 μm), which comprise >85% of the POC stock (Baker et al., 2017; Gali et al., 2022) that are suspended or sink slowly (<10 m d⁻¹), the large particles (roughly >100 μm, including phytodetritus and faecal pellets with their microbial colonizers; Kjorboe et al., 2003), are the main vectors of POC export due to their fast settling velocities in the order of tens to hundreds of m d⁻¹ (Stemmann & Boss, 2012). Yet, since suspended POC is more abundant than sinking fractions, small POC is expected to dominate non-gravitational export fluxes, e.g. due to turbulent diffusion (the so-called “mixed layer pump”; are mostly suspended or sink slowly (<10 m d⁻¹). However, owing to their large standing stocks, small particles contribute substantially to non-gravitational export pathways, such as turbulent diffusion —the so-called “mixed layer pump” (Giering et al., 2016; Lacour et al., 2019)—, and advection (Alonso-González et al., 2009).

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The Particle size spectrum of POC is inherently linked to its reactivity, i.e., the mass-specific decay rate of POC, ultimately reflecting variations in the particles' composition, age and bioavailability (Kharbush et al., 2020; Johnson et al., 2020) and bioavailability (Giering et al., 2014). Maximal POC reactivity (or "freshness") is expected in the upper ocean, where living organisms may dominate the total (Walker et al., 2016; Kharbush et al., 2020; Johnson et al., 2020). In surface waters, living organisms may dominate the POC pool, especially in productive settings (Gasol et al., 1997). Although, whereas the proportion of detrital POC increases with depth. However, uncertainties in POC apportionment remain persist, especially through in the mesopelagic zone (Galí et al., 2022; Koestner et al., 2024). As particles undergo biotic and abiotic transformations, their size, sinking velocity and reactivity may vary in concert along the water column. Slow-sinking detritus are more exposed to biological transformation and degradation in the upper ocean owing to their longer residence times. Therefore, sinking-reactivity models (Aumont et al., 2017) predict slow-sinking detritus to become refractory at shallower depths than fast-sinking particles. In fact, several particle injection processes may disrupt such a vertical reactivity continuum. Slow-sinking detritus experiences longer residence times in the upper ocean and is more exposed to biological transformation. Therefore, sinking-reactivity models (Aumont et al., 2017) predict slow-sinking detritus to become refractory at shallower depths than fast-sinking ones.

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Observationally, POC export and mesopelagic transformation are difficult to quantify due to the intermittency (Berger & Wefer, 1990) and seasonality associated with POC export events (De Melo Virissimo et al., 2024), as well as their and fine spatial scales (Bol et al., 2018; Briggs et al., 2020; Lacour et al., 2023); make a thorough observation of POC cycling challenging, especially in the ocean interior. For example, of POC export events. For instance, annual mean export estimates can carry uncertainties of up to $\pm 60\%$ in strongly seasonal regions (Henson et al. (2015) quote that significant errors in annual mean export estimates—reaching up to $\pm 60\%$ —can result from overlooking temporal variability in export efficiency, especially in regions with strong seasonality. Knowledge of the lifestyle and bioenergetics of mesopelagic bacteria and zooplankton, which controls the fate of POC in the mesopelagic layer, is also insufficient. Additional challenges arise from limited quantitative knowledge about mesopelagic bacteria and zooplankton activities (Aristegui et al., 2009; Hernández-León et al., 2019). As a consequence, difficulties in closing mesopelagic POC budgets persist (Giering et al., 2014). Potential pitfalls include missing, missing or poorly quantified POC inputs (Boyd et al., 2019), biases in metabolic measurements (Burd et al., 2010), and temporal mismatch mismatches between POC inputs and losses (Uchimiya et al., 2018). Together, these limitations hinder closure of mesopelagic POC budgets using observations alone (Giering et al., 2014).

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190 Despite ~~important recent~~ advances in ~~the observation of~~ observing POC stocks (Claustre et al., 2021), export
fluxes (Henson et al., 2024), and biological turnover ~~rates~~ (Bressac et al., 2024), ~~in situ observations still~~
~~lack the spatial and temporal resolution required for accurate~~ comprehensive quantification of
195 ~~key~~ POC fluxes. ~~Ocean~~ across regions and seasons remains elusive. Therefore, ocean biogeochemistry models
are ~~valuable~~ essential tools to mechanistically ~~understand the myriad of interacting processes that~~
~~regulate the biological C pump. Through the simplified mathematical representation of~~
~~reality~~ integrate physical transport, ecosystem structure and biogeochemical transformations (Fennel et al., 2022;
Henson et al., 2022), ~~models allow us to access enabling exploration of~~ spatiotemporal scales, ~~but also and~~
processes, ~~whose measurement cannot be afforded by~~ that are inaccessible to observations alone. Here,
200 we ~~undertake a detailed analysis of~~ investigate mesopelagic POC dynamics ~~in the top 1000 m of the~~
~~and budgets using the NEMO 4.0.4-PISCESv2_RC coupled model, focusing on the~~ North Atlantic ~~ocean,~~ a
~~data-rich~~ region ~~characterized by with~~ sharp hydrographic and biogeochemical gradients, ~~with a detailed~~
~~focus on the mesopelagic budgets of detrital POC simulated with the NEMO 4.0.4-~~
~~PISCESv2_RC model.~~

205 ~~In comparison~~ Compared to other ~~biogeochemical~~ models participating in the Coupled Model
Intercomparison Project (CMIP) (Henson et al., 2022), ~~PISCESv2_RC incorporates unique features like~~
~~(i) a reactivity continuum (or variable reactivity) scheme (Boudreau & Ruddick, 1991) for~~
~~POC, reproducing the decrease in mass-specific degradation rates with depth, PISCESv2_RC~~
~~incorporates several distinctive features relevant to mesopelagic POC cycling: (i) a variable reactivity or reactivity~~
~~continuum (RC) scheme (Boudreau & Ruddick, 1991) that simulates vertical changes in small and large POC~~
~~reactivity (Aumont et al., 2017); (ii) zooplankton detritivory via both phagotrophic particle ingestion~~
~~and flux feeding (sinking flux interception); (iii) fragmentation of large detritus into small ones~~
~~by mesozooplankton (a function of flux feeding rates and aggregate composition) and bacteria~~
~~(implicitly representing the solubilization of aggregate-binding polymers); and (iv) abiotic~~
~~aggregation-disaggregation dynamics that interconvert between DOC and detrital POC. These~~
~~features improve the simulation of POC abundance and size distribution compared to~~
~~observational data (Aumont et al., 2017; Galí et al., 2022), while enabling a detailed~~
~~examination of the interplay between food web and physical processes.~~

210 : (ii) explicit zooplankton detritivory through both phagotrophic particle ingestion and flux feeding; (iii)
parameterisations for fragmentation of large detritus by mesozooplankton and bacterial processes; and (iv) abiotic
aggregation-disaggregation dynamics that interconvert between DOC and detrital POC.

215 Future projections of productivity, export efficiency (EE), and transfer efficiency (TE) under climate change
diverge widely in both magnitude and spatial patterns (Wilson et al., 2022; Doney et al., 2024; Wang & Fennel,
2024; Walker & Palevsky, 2025; Doléac et al., 2025). These discrepancies reflect differences in the representation

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of physical circulation and particle export, remineralisation, and food-web structure (e.g., Walker & Palevsky, 2025; Brabson et al., 2025). As PISCES underpins several CMIP model configurations, a detailed diagnosis of its detrital POC budgets in a relatively well-observed region like the North Atlantic is essential for interpreting inter-model spread and identifying structural and parametric biases relative to observations.

The objectives of this study are to:

- Analyze the variability of model-derived modelled POC stocks and fluxes along the water column in the low-, mid- and subpolar latitudes upper 1000 m of the North Atlantic, comparing from subtropical to subpolar latitudes, and evaluate them against available observations from both satellites, autonomous floats and shipboard surveys and sediment traps.
- Quantify the budgets of small and large detrital POC within the dynamically consistent framework provided by NEMO-PISCESv2_RC, accounting for the mesopelagic layer of each region, considering the entire full suite of simulated food-web and physicochemical process rates (sources and sinks), and various physical transport modes.
- Study Dissect the mechanistic drivers of the biological particulate carbon pump efficiency across regions in the contrasting North Atlantic biogeochemical regimes using the epipelagic export efficiency (EE) and mesopelagic transfer efficiency (TE) metrics.

2. Materials and Methods

2.1. Coupled model Model configuration and simulation setup

We use the dynamical ocean model NEMO 4.0.4 (Nucleus for European Modelling of the Ocean; Madec, 2008), coupled with the sea-ice model SI³ (Vancoppenolle et al., 2009) and the biogeochemical model PISCESv2_RC (Pelagic-Interactions Scheme for Carbon and Ecosystem Studies; Aumont et al., 2015, 2017). Hereinafter, we will use the terms NEMO and PISCES as shorthands for to refer to NEMO 4.0.4 (released on 29-10-2020), and the version of PISCESv2_RC released alongside it (Table 1). NEMO and PISCES are coupled through the Tracers in Ocean Paradigm (TOP), the passive tracer engine of NEMO manager (NEMO TOP Working Group, 2018) (NEMO TOP Working Group, 2018), which performs advective and diffusive transports of both physical and biogeochemical tracers (see details in SI text S1).

We used the same advection scheme, named second order Flux Corrected Transport (FCT), for both biogeochemical and physical tracers to maximize consistency in their dynamics. By default, NEMO uses FCT whereas PISCES uses the Monotonic Upstream centered Scheme for Conservation Laws (MUSCL) (see Lévy et al., 2001). Lateral diffusion is performed with a forward Laplacian operator on both tracers and momentum; vertical mixing (diffusion) is parameterized using the turbulent kinetic energy (TKE) closure scheme; convection triggered by unstable stratification is represented with an enhanced vertical diffusion scheme (NEMO System Team, 2019).

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270 to 2019. The simulation length is 372 years, repeating six cycles of the 62-year (1958–2019) JRA55 forcing dataset (T sujino et al., 2018). The first two cycles consisted of NEMO only simulations, and PISCES was coupled at the beginning of the third cycle. A biogeochemical spin-up was performed by cycling 21 times through the same ocean circulation, corresponding to the third cycle (21 cycle x 62 year = 1302 years) while letting the biogeochemical tracers equilibrate. The atmospheric CO₂ concentration was fixed at a preindustrial level corresponding to 1850. At the end of the biogeochemical spin-up, global net primary production (NPP) and gravitational export at 100 m stabilised respectively at 50.8 PgC yr⁻¹ and 6.86 PgC yr⁻¹ and changed by less than 0.01% over successive cycles. After the spin-up, the simulation proceeded with the remaining three cycles, with a prescribed rise in atmospheric CO₂ concentrations during the last 170 years of the simulation matching the one observed over the 1850–2019 period. Only results from the last cycle (1958–2019), averaged into a monthly climatology, are analysed here, focusing on the North Atlantic.

280 Global simulations were run on the ORCA1L75 grid (~1° horizontal resolution, 75 non-linear vertical levels) with a 45-minute time step for ocean dynamics and biogeochemistry. The simulation followed the Ocean Model Intercomparison Project protocol (OMIP-2; Tsujino et al., 2018) and was forced by the JRA-55 atmospheric reanalysis (Kobayashi et al., 2015). After initialisation, biogeochemistry was spun up for 1302 years under recurring circulation and fixed preindustrial atmospheric CO₂. The subsequent transient simulation included rising atmospheric CO₂ concentrations over 1850–2019. Only results from the final 1958–2019 forcing period are analysed here, focusing on the North Atlantic. For comparison with satellite products, a monthly climatology over 1998–2019 was used. Further details are given in the SI text S1.

2.3.2.2. Biogeochemical model description

PISCES simulates marine planktonic food webs and the biogeochemical cycling of key elements (carbon, nitrogen, phosphorus, silicon, and iron) using 24 tracers that represent living, detrital and inorganic compartments. Here we ~~provide a brief overview~~ briefly describe the representation of POC cycling processes in the model, introducing tracer names in italics.

PISCES has POC is represented by six tracers; two phytoplankton types that represent —miscellaneous small phytoplankton (~~here called~~ *phymisc*) and diatoms (*phydiat*); two zooplankton types that represent —microzooplankton (*zmicro*) and mesozooplankton (*zmeso*); and two ~~classes of detritus, representing detrital pools —~~small (*sdetoc*) and large (*ldetoc*) particles. Hence, total POC in PISCES comprises the six tracers listed above. Only the detritus suffer gravitational sinking. Of these, only detrital tracers sink, with fixed sinking velocities of 2 and 50 m d⁻¹ for *sdetoc* and *ldetoc*, respectively. Phytoplankton growth is controlled by depends on light availability and the uptake of nitrate, ammonium, phosphate, dissolved iron and, in the case of for diatoms, silicate. Phytoplankton is lost through zooplankton grazing, represented with

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335 net with a biomass-normalized area of 3 m² (mol C)⁻¹, roughly representative of temperate and
subpolar pteropods flux feeders (Jackson, 1993; Stemmann et al., 2004b; Stukel et al., 2019).

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340 Mesozooplankton fragmentation Fragmentation of large detritus by mesozooplankton is expressed as a
variable proportion of flux feeding rates, causing resulting in additional attenuation of *ldetoc* vertical fluxes and
transferring them transfer to *sdetoc*. This variable proportion The ratio between fragmentation and flux
feeding increases, from 0.2 to around twice the flux feeding rates, as a function of the ratio between the of
biogenic silica and to *ldetoc* tracer concentrations. Modulation of fragmentation by biogenic silica
implicitly accounts for the increased This dependence is intended to represent the greater fragility of large
detritus when they are composed of diatom aggregates (e.g., compared to more compact forms such as
opposed to fecal/faecal pellets).

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345 2.4.2.3. Detrital POC budget equations budgets

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We output from our simulation all the diagnosed the full budgets of *sdetoc* and *ldetoc* by outputting all
individual terms from their prognostic equations for *sdetoc* and *ldetoc*, i.e., their, including sources
(production processes), sinks (consumption processes) and transports (Fig. 1). Transports include gravitational
sinking and tridimensional advection and diffusion (the latter representing subgrid scale ocean dynamics at
subgrid scale). Budgets were computed separately for both the epipelagic and mesopelagic layer in three
regions outlined in Fig. 2: the Subpolar North Atlantic (SPNA), the Transition Area (Trans_Area) and the
Subtropical North Atlantic (STNA). The boundary between the two layers, *Zprod*, is defined as the depth whereat
which the annual mean vertical profile of primary production profile decreases (PP) falls below 1% of its
vertical maximum. For each region, *Zprod* was fixed in each region to avoid computing ensure that budgets
were computed over different a consistent vertical domains each month domain over the seasonal cycle.

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For a given region and layer, the budget equations take equation takes the generic form:

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$$\frac{\delta[X]}{\delta t} = Sources - Sinks - GS - ADV - DIFF$$

(eq.(Eq. 1))

360 where Sources and Sinks are the represent vertically integrated rates averaged over each region. Transport terms,
namely gravitational sinking (GS), advection (ADV) and diffusion (DIFF), are included in the
budgets expressed as the divergence of the fluxes along the lateral and vertical directions across our domain
of interest. The divergence is equivalent. Divergence corresponds to the net difference between input and
output fluxes through the domain's domain boundaries, divided by the domain length in the corresponding
direction. Hereafter, we use fluxes across a bounding surface are denoted by *F* followed by a subscript

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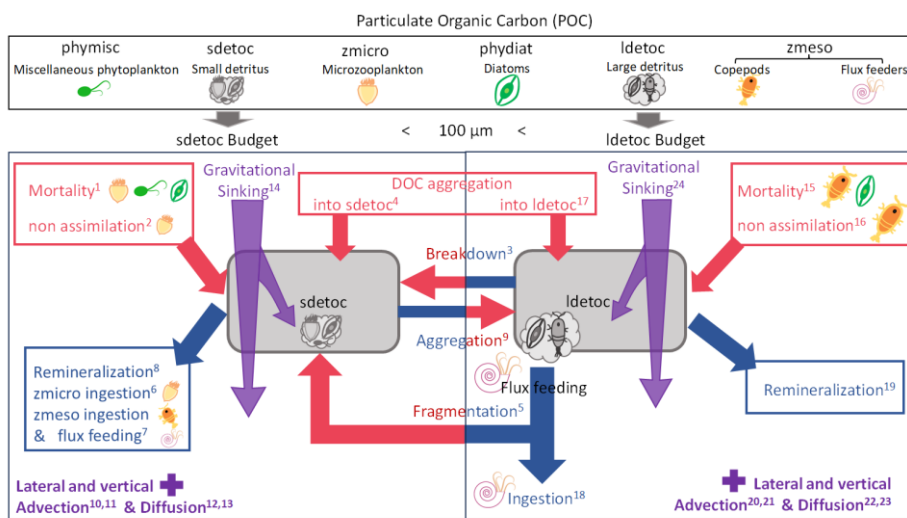
whenever we refer to fluxes through a surface bounding our domain ((e.g., F_{GS} , F_{ADV} , F_{DIFF}), and use whereas GS , $DIFF$ and ADV to refer to denote the divergence of the fluxes. We also associated flux divergences. Subscripts Z and L indicate the vertical (Z) and lateral (L) directions with subscripts to flux and divergence terms components, respectively (e.g., F_{ADVZ} , F_{ADVL} , $DIFF_Z$, $DIFF_L$).

We verified the budgets budget closure by comparing the simulated tracer tendency $\frac{\delta[X]}{\delta t}$ to with the addition sum of all individual sources, sinks diagnosed source, sink and transports transport terms over a given each domain. This test confirmed that budgets Budgets were closed both over successive model time steps (within $\pm 6 \cdot 10^{-4}$ % error) and over monthly periods.

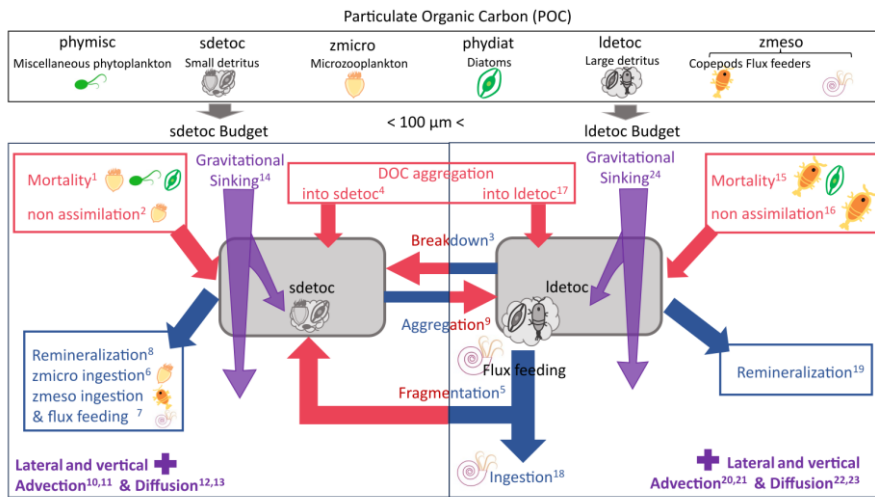
Below, we provide only a qualitative description representation of the detrital POC budgets (equations Eq. 2* and 3). Superscript numbers are used as labels to match the visual and text explanations of link terms to Table S3S2 and Fig. 1

$$\frac{\delta[sdetoc]}{\delta t} = (\text{mortalities}^1 + \text{zmicro non assimilation}^2 + \text{bacterial breakdown of ldetoc}^3 + \text{DOC aggregation}^4 + \text{zmicro fragmentation of ldetoc}^5) - (\text{zmicro ingestion}^6 + \text{zmicro ingestion \& flux feeding}^7 + \text{remineralization}^8 + \text{sdetoc aggregation}^9) - (\text{ADV}_L^{10} + \text{ADV}_Z^{11} + \text{DIFF}_L^{12} + \text{DIFF}_Z^{13} + \text{GS}^{14}) \quad (\text{eqEq. 2})$$

$$\frac{\delta[lidetoc]}{\delta t} = (\text{mortalities}^{15} + \text{meso non assimilation}^{16} + \text{sdetoc aggregation}^9 + \text{DOC aggregation}^{17}) - (\text{zmicro flux feeding}^{18} + \text{zmicro fragmentation of ldetoc}^5 + \text{remineralization}^{19} + \text{bacterial breakdown of ldetoc}^3) - (\text{ADV}_L^{20} + \text{ADV}_Z^{21} + \text{DIFF}_L^{22} + \text{DIFF}_Z^{23} + \text{GS}^{24}) \quad (\text{eqEq. 3})$$



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390 **Figure 1.** Schematic of detrital POC dynamics and budgets in the PISCES model. Red arrows represent sources (production processes); blue arrows represent sinks (consumption processes). Purple arrows and tags represent the transport processes, which can supply or remove detritus from the budget. The top panel illustrates the six tracers that form POC in PISCES. Full budgets are analyzed only for the detrital tracers (*sdetoc* and *ldetoc*), but all POC tracers are included in calculations of vertical non-gravitational fluxes and comparison to observational estimates.

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400 **Full model** The full prognostic equations for *sdetoc* and *ldetoc*, explicitly showing their controlling parameters, are provided in the SI text section S1 because the SI Sect. S2, as these equations were already have been described previously by Aumont et al. (2015, 2017). Note also that, for simplicity or clarity, we lumped together some budget terms that are small and/or follow similar dynamics: (i) *sdetoc* consumption by phagotrophic ingestion and flux feeding; (ii) physical aggregation processes, and (iii) mortality terms. Finally, note that some budget terms/processes that interconvert between *sdetoc* and *ldetoc* are repeated, appear in both budgets, with different opposite signs, in eq. 2 and 3.

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2.5.2.4. Export Efficiency (EE) and Transfer Efficiency (TE) metrics

We summarized the summarised spatial variations in the functioning of the biological C pump vertical POC fluxes using three common metrics. The export Export efficiency (EE), also known as export ratio, is defined as the ratio between POC export flux through the bottom of the productive

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410 (epipelagic) layer and the primary production rate integrated over that layer (e.g., Buesseler, 1998):

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also referred to as export ratio, is defined as the ratio between POC export flux through the bottom of the productive (epipelagic) layer and the net primary production rate integrated over that layer (NPP):

$$EE = \frac{F_{Z_{prod}}}{NPP} \quad \text{(eq.(Eq. 4))}$$

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415 Transfer efficiency (TE; François et al., 2002) is calculated as quantifies the fractional change in transfer of exported POC export fluxes between from the bottom base of the productive layer and to a chosen deeper reference depth below it, in our case, the bottom base of the mesopelagic layer (1000 m):

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$$TE = \frac{F_{Z_{1000}}}{F_{Z_{prod}}} \quad \text{(eq.(Eq. 5))}$$

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420 Vertical POC fluxes at the same two depths bounding the mesopelagic domain were used to calculate Martin's b exponent (Martin et al., 1987), often referred to as the flux attenuation coefficient:

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$$b = - \frac{\ln(F_{Z_{1000}}/F_{Z_{prod}})}{\ln(1000/Z_{prod})} \quad \text{(eq.(Eq. 6))}$$

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425 Stronger vertical flux attenuation, hence of POC fluxes corresponds to lower TE, translates into and larger positive values of b . These All metrics were calculated only over the using annual mean of the climatological vertical fluxes in for each region to circumvent avoid issues associated with non-steady-state at the seasonal sea dynamics (Giering et al., 2017).

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430 To depict the differential assess differences in attenuation of different among POC pools, we Eq. 4-6 were applied eq. 4-6 to the vertical transports of detritus only both to detrital POC fluxes alone (gravitational, diffusive and advective fluxes of s_{detoc} and l_{detoc}) and to the total vertical transport of POC fluxes, which also includes additionally include the diffusive and advective fluxes vertical transports of plankton tracers.

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435 2.6.2.5. Model evaluation

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We evaluated the simulated model performance using gridded observational products for mixed layer depth (MLD), NPP and POC against monthly gridded observational estimates vertically integrated net primary production (NPP), phytoplankton carbon biomass, mesozooplankton carbon and small POC (sPOC) stocks, the latter assessed in each region, both the epi- and mesopelagic layers. After regridding the observed data observational products onto the model's model grid (ORCA1_L75), we computed evaluation model

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skill was assessed using standard metrics ~~for the~~ applied to (i) spatial patterns of annual-mean state fields (Fig. 2) and ~~the~~ (ii) monthly climatological seasonal ~~eyele~~ cycles averaged over each region (Fig. 3). Key characteristics and references for each observational dataset are summarised in Table S4). ~~The model-2.~~ Further evaluation results, including skill metrics (Table S3) and seasonal maps comparing simulated and observed fields (Fig. S2–S3), are presented in the SI.

While some simulated variables have a good correspondence in the observations —most notably MLD and NPP— other comparisons require simplifying assumptions, which are described here. First, modelled phytoplankton is evaluated using a satellite product that resolves three phytoplankton size classes. For this comparison ~~is further illustrated in the SI,~~ we assume that satellite microphytoplankton corresponds to model diatoms, and that the sum of pico- and nanophytoplankton corresponds to miscellaneous phytoplankton in the model. This group includes mostly haptophytes and cyanobacteria and, to some extent, dinoflagellates. Although this assumption introduces some uncertainty, it is broadly consistent with wide evidence from size-fractionated biomass measurements, ecophysiological studies, pigment signatures, and bio-optical data, all of which underpin satellite algorithms (Uitz et al., 2006, 2008) and model parameterisations. Second, we assume that the sPOC estimated from bio-optical data corresponds to the sum of four POC tracers with nominal sizes smaller than 100 μm : the two phytoplankton classes, microzooplankton, and small detritus, as previously discussed (Galí et al., 2022). Finally, mesozooplankton is evaluated using an observations-based machine learning product specifically developed for comparison with PISCES mesozooplankton fields (Clere et al., 2024). No suitable gridded observational products were available for microzooplankton and large detrital POC concentrations.

In the case of sPOC, we used two estimates based on the same observational dataset. The approach of Galí et al. (2022), based on the variable ratio between POC and particulate backscattering, was used to estimate POC between 0–1000 m. For completeness, the method of Koestner et al. (2024), based on the relationship between POC, particulate backscattering and chlorophyll a , was used to estimate POC between the surface and the euphotic layer depth (below which gridded chlorophyll a data is not available). Hereafter, we refer to these sPOC estimates as G22 and K24, respectively. Additional details on these datasets are provided in SI Sect. S3. ~~seasonal maps (Fig. S2–S5).~~

Simulated export fluxes were ~~also~~ evaluated ~~against observations,~~ separately using a ~~match-up (model subsampling) strategy because of data sparseness (see 2.6.4).~~ approach designed to account for the sparse and uneven spatiotemporal coverage of the observations. Two complementary data compilations were used (Table 2): (i) Shallow POC export fluxes measured with the ^{234}Th disequilibrium method, mostly at 100–150 m (Le Moigne et al., 2013); (ii) full water-column POC fluxes (Mouw et al., 2016), here restricted to sediment-trap estimates to avoid overlap with the ^{234}Th dataset. Trap deployments longer than 1 month were discarded.

Table 2. Descriptions of the gridded observational dataset used for the model evaluation.

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<u>Variable</u>	<u>Observational product</u>	<u>Reference</u>	<u>Temporal coverage and resolution</u>	<u>Spatial resolution</u>	<u>Vertical information</u>
<u>MLD</u>	<u>Mixed Layer Depth climatology based on reanalysis observations using a density threshold criterion of 0.03 kg m⁻³ from IFREMER</u>	<u>De Boyer Montégut, (2023)</u>	<u>Climatological fields, monthly</u>	<u>1° global grid</u>	<u>=</u>
<u>NPP</u>	<u>Satellite-derived NPP from the Ocean Colour Climate Change Initiative (OC-CCI) v4.2.</u>	<u>Kulk et al., (2020)</u>	<u>1998–2019, monthly climatology</u>	<u>0.083° global grid</u>	<u>Vertically integrated</u>
<u>Phytoplankton size class carbon biomass (pico-, nano- and microphytoplankton)</u>	<u>Global marine phytoplankton carbon from the ESA BICEP / PHYTO-CCI project, OC-CCI v5-based.</u>	<u>Sathyendranath et al., (2019)</u>	<u>1998–2019, monthly</u>	<u>0.083° global grid</u>	<u>Surface layer</u>
<u>Mesozooplankton biomass</u>	<u>Machine-learning mesozooplankton biomass distribution model (BDM-MAREDAT)</u>	<u>Clerc et al. (2024)</u>	<u>Climatological fields, monthly</u>	<u>1° global grid</u>	<u>Vertically integrated (0–200 m).</u>
<u>sPOC concentration</u>	<u>Global bbb₇₀₀ from the CMEMS MULTIOBS_GLO_BIO_BGC_3D_REP_015_010 product, converted to small POC (sPOC) using the Galí et al. (2022) algorithm (G22).</u>	<u>Sauzède et al., (2016); Galí et al., (2022) Koestner et al., (2024)</u>	<u>1998–2019, monthly 3D fields</u>	<u>0.25° global grid</u>	<u>3D product (36 levels from 0 to 1000 m); vertically integrated (0–200 m and 200–1000 m)</u>
<u>POC export flux</u>	<u>Flux estimates based on ²³⁴Th disequilibria and POC/²³⁴Th ratios in sinking particles</u>	<u>Le Moigne et al. (2013)</u>	<u>1985–2013</u>	<u>globally distributed sparse</u>	<u>depths <300 m</u>

<u>Variable</u>	<u>Observational product</u>	<u>Reference</u>	<u>Temporal coverage and resolution</u>	<u>Spatial resolution</u>	<u>Vertical information</u>
				<u>measurements</u>	
<u>POC export flux</u>	<u>Flux estimates based on sediment trap deployments</u>	<u>Mouw et al. (2016)</u>	<u>1980-2012</u>	<u>globally distributed sparse measurements</u>	<u>whole water column</u>

2.6.1. Results

In this section, an overview of Mixed Layer Depth

480 A monthly gridded MLD climatology based on reanalysis of observations was obtained from Fremer's product (De Boyer Montégut, 2023; last access: July 2023). This MLD climatology uses a density threshold criterion of 0.03 kg m^{-3} . In all regions, the spatially averaged monthly MLD from our simulation shows a strong temporal correlation with the observational product ($R > 0.95$), with minimal relative mean bias ($RMB < 6\%$) and correct timing and amplitude of the annual maxima and minima (Fig. S1 and S2).

2.6.2. Net primary production

490 Satellite based estimates of net primary production (NPP) were obtained from the Ocean Colour Climate Change Initiative (OC CCI) v4.2 (last access: October 2021). This dataset offers monthly data from 1998 to 2019 at 9 km resolution (Kulk et al., 2020). The model's NPP (Fig. 3a-c) shows a high correlation ($R \geq 0.95$) with satellite based estimates in the SPNA and Trans_Area, but with a 25% annual mean bias in the SPNA that originates mostly from the western subpolar gyre (Fig. S3). Modeled NPP in the Trans_Area shows wider seasonal amplitude than the OC CCI product, with moderate positive (negative) deviations peaking in late spring (late fall). In the STNA, characterized by narrow seasonal amplitude, the low correlation ($R = -0.01$) and large negative bias (-52.6%) indicate more fundamental model data discrepancies.

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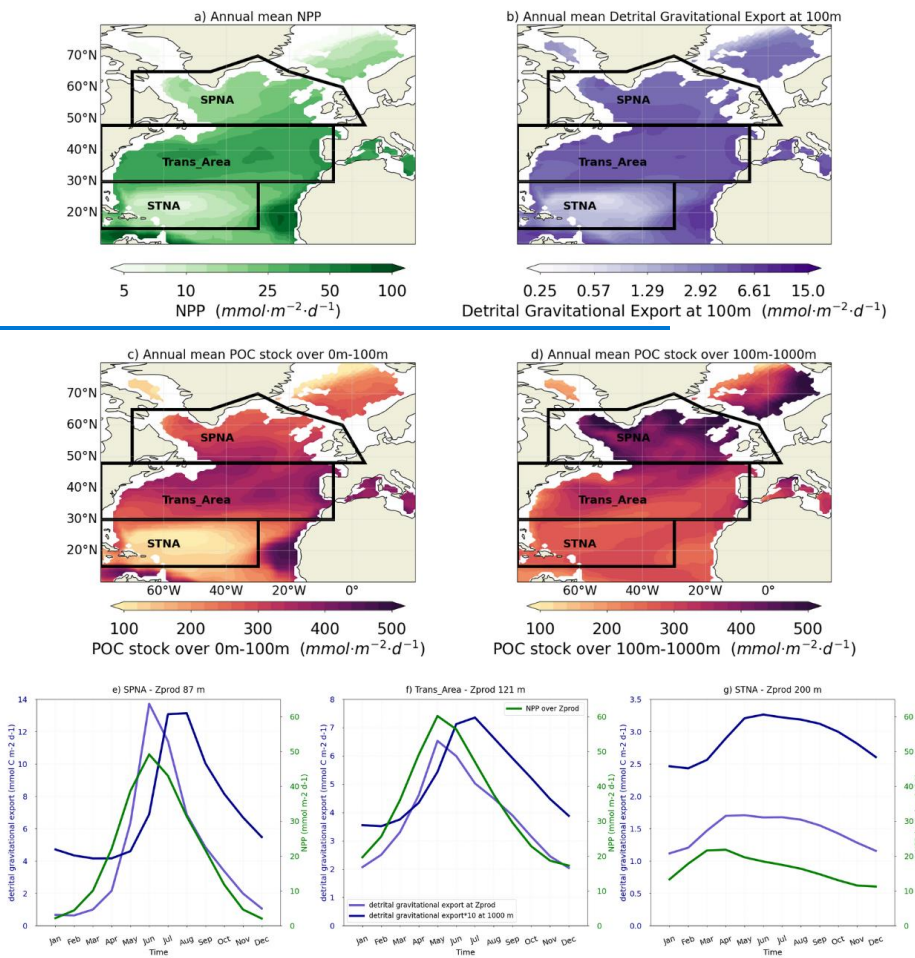


Figure 2: Annual mean 1998–2019 maps of NPP (a), Export flux at 100 m (b), POC stock over the epipelagic layer (0m–100m) (c) and POC stock over the mesopelagic layer (100–1000 m) (d). Region boundaries are indicated with black outlines. Bottom panels (e–g) show, for each region, the seasonal cycle of NPP and the gravitational export flux at the base of the productive layer (Zprod) and at 1000 m.

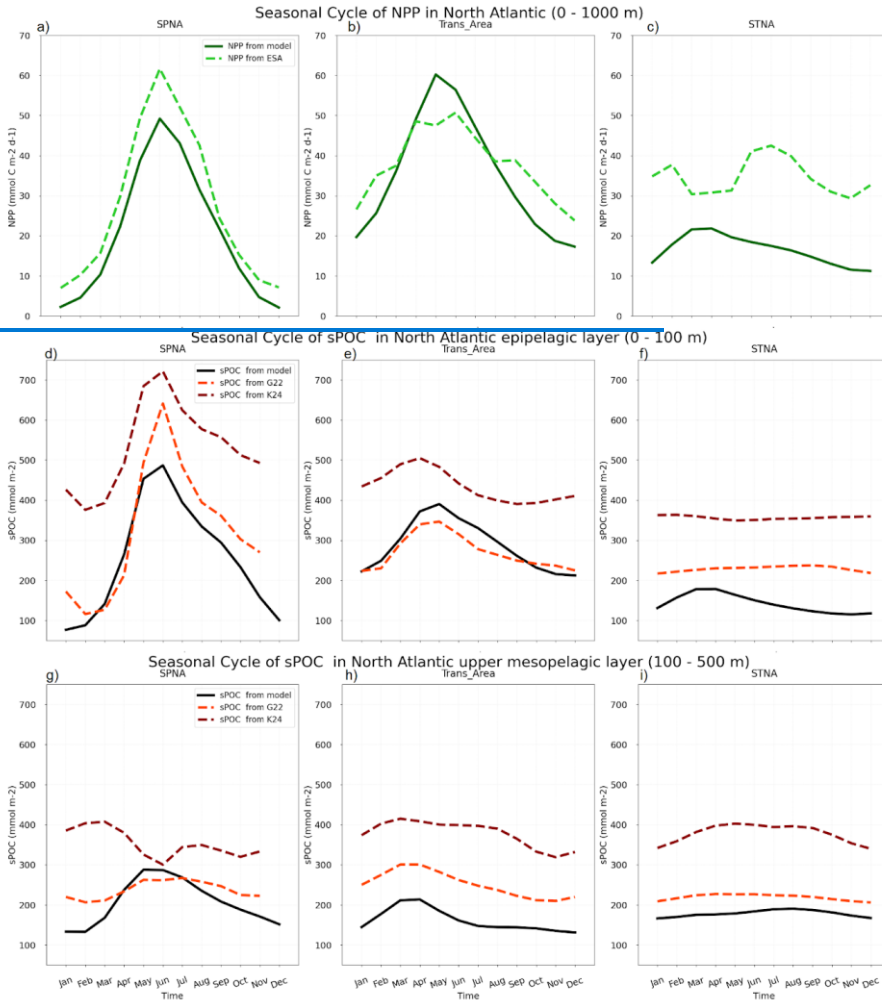


Figure 3. Seasonal cycle of simulated and satellite based NPP integrated over the water column (a-e), epipelagic sPOC stock integrated between 0-100 m (d-f), and upper mesopelagic sPOC stock integrated between 100-500m (g-i). Simulations and Earth observation data are shown with continuous and dashed lines, respectively. Observations based sPOC stocks are estimated with two different algorithms (see section 2.6.3 for details). Statistics are included in Table S4.

510 2.6.3. Particulate organic carbon

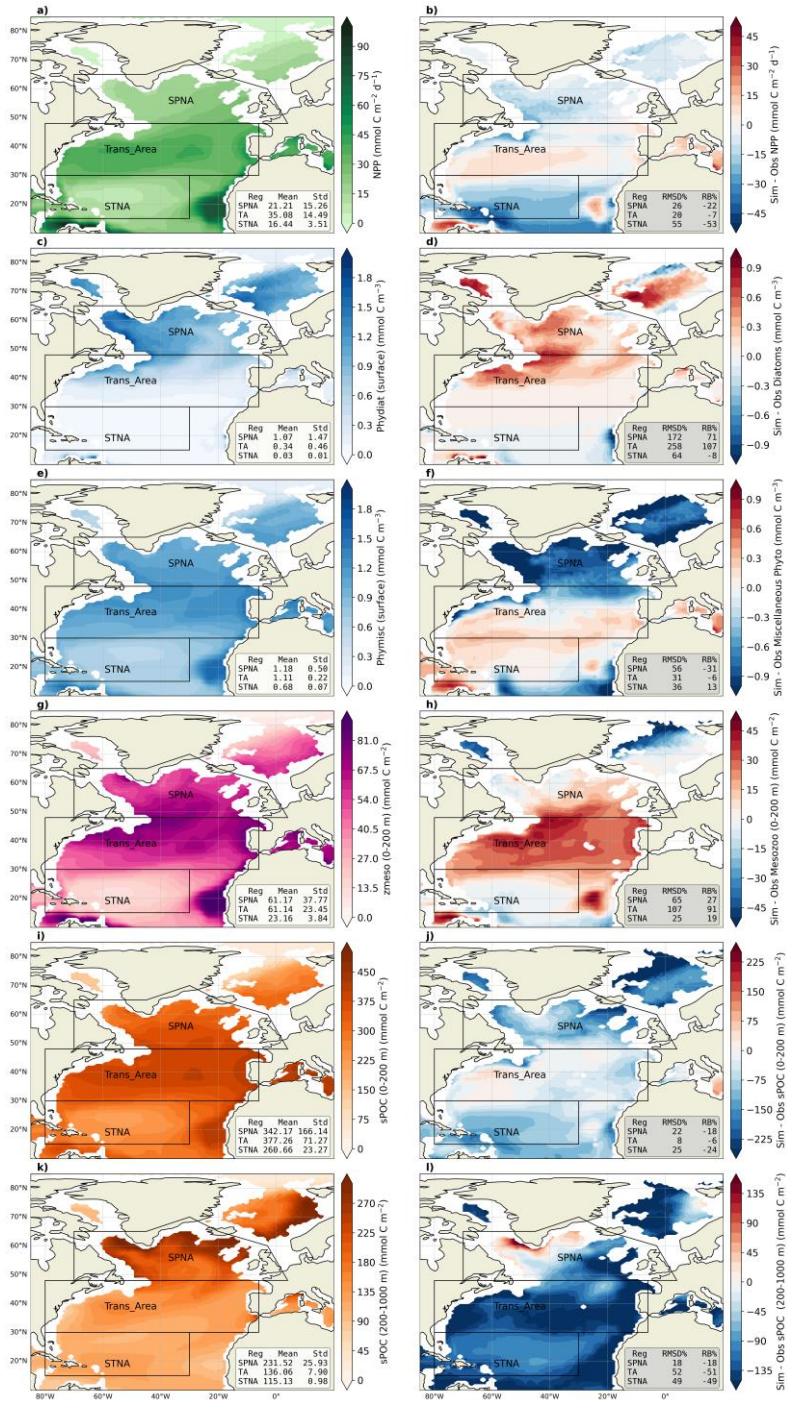
515 ~~3. We compared PISCES output to the MULTIOBS_GLO_BIO_BGC_3D_REP_015_010 product from Copernicus Marine Environmental Monitoring Service (CMEMS; last access: August 2023), based on various Earth observation data as described by Sauzède et al., (2016). Gridded 3D fields of particulate backscattering at 700 nm wavelength ($b_{bp,700}$) provided by CMEMS were used to calculate POC with two different algorithms, hereafter referred as G22 (Gali et al., 2022) and K24 (Koestner et al., 2024). Although the CMEMS dataset includes a POC estimate, here we refrained from using it because it is based on an empirical relationship between POC and $b_{bp,700}$ that tends to overestimate POC in mesopelagic waters, where POC/ $b_{bp,700}$ ratios are lower (Bol et al., 2018). The G22 and K24 approaches allow for variations in POC/ $b_{bp,700}$ as a function of additional input variables: MLD in the case of G22 (see 2.6.1), and chlorophyll *a* in the case of K24 (obtained from the same CMEMS dataset). Details about the implementation of G22 and K24, including slight modifications to the original methods, are provided in the SI section.~~ model performance and simulated patterns
520
525 (3.1), is followed by more detailed descriptions of simulated POC dynamics, including vertical patterns in stocks, export and decay rates (3.2), mesopelagic budgets of detrital POC at annual (3.3) and monthly scales (3.4), and POC export and transfer efficiency metrics (3.4). The data provided in the following text and figures can be found in two summary spreadsheets included in the SI section.

3.1. Model evaluation and overview of spatiotemporal patterns

530 3.1.1. Mixed Layer Depth (MLD)

Winter mixing depths decrease from the subpolar area (mean MLD of ~240 m in March) to the Trans Area (~120 m in February) and the subtropical area (~70 m in February). In the three regions, the spatially averaged monthly MLD from the simulation shows a strong temporal correlation with the observations ($r > 0.95$), low relative mean bias (RMB < 6%) and realistic peak timing and amplitude (Fig. S1 and S2, Table S3).

535



540 **Figure 2.** *The left column includes maps for the annual climatology of the five biogeochemical modelled variables evaluated in this study: NPP (a), surface carbon from phytoplankton biomass: diatoms (c) and miscellaneous phytoplankton (pico and nano-phytoplankton, e), carbon from mesozooplankton integrated over 0-200m, (g) the small POC (particulate organic carbon, i) integrated over 0-200m and (k) the small POC integrated over 200-1000m. The right column shows the mean spatial bias of the simulated variables compared to observational datasets.*

545 3.1.2. Net Primary Production (NPP)

The model reproduces the meridional NPP gradient, with the largest annual production in the Trans Area (Fig. 2). In the SPNA and the Trans Area, the seasonal cycles are well correlated with satellite estimates and capture the timing of the spring–summer production peak (Fig. 3a–b and S3). In the SPNA, however, NPP is systematically lower than satellite estimates year-round, with a -22% mean deviation. The Trans Area shows the smallest annual mean deviation (-7%), which results from the compensation between moderate seasonal biases. In the STNA, the model underestimates NPP year-round and produces almost no seasonal variability, resulting in a weak temporal correlation with the satellite product (Fig. 3c).

555 3.1.3. Phytoplankton carbon biomass

Surface phytoplankton carbon is evaluated separately for diatoms (*phydiat*; Fig. 2c–d) and miscellaneous phytoplankton (*phymisc*; Fig. 2e–f). Modelled *phydiat* overestimates satellite microphytoplankton north of 40°N. Modelled *phymisc* underestimates satellite pico+nanophytoplankton in the SPNA but shows smaller deviations in the other regions. Both annual maps and seasonal cycles indicate an opposite bias between the two phytoplankton classes (Fig. 3d–f). As a result, total phytoplankton presents -4% of relative bias year-round in the SPNA, 8% in the Trans Area and 13% in STNA. Despite these compensating biases, the model reproduces the latitudinal shift from a strongly seasonal, diatom-rich regime in the SPNA to a weakly seasonal, small-phytoplankton-dominated regime in the STNA.

560 3.1.4. Mesozooplankton carbon biomass

Mesozooplankton carbon integrated over the upper 200 m displays annual mean patterns that resemble those of NPP and sPOC stocks (Fig. 2g–h). The relative mean bias is almost 30% in the SPNA, about 90% in the Trans Area, and around 20% in the STNA, similar to the results obtained by Clerc et al. (2024). Compared to the observational product, the model tends to exhibit a wider seasonal amplitude and, in the SPNA, a delayed peak, lagging diatoms by at least 1 month. In the observational product mesozooplankton, seasonality is better aligned with NPP, phytoplankton biomass and detrital stocks (Fig. 3a, d, g, j).

570 3.1.5. Small Particulate Organic Carbon (sPOC)

Annual mean sPOC stocks integrated over 0–200 m show similar large-scale patterns in the model and the G22 dataset, with decreasing magnitude and seasonal amplitude from the SPNA to the subtropical gyre (Fig. 2i–j), broadly resembling NPP patterns. The spatially averaged relative bias in the upper 200 m over the whole North Atlantic is -16% (Fig. 2j), with smaller bias in the Trans Area and stronger underestimation in the STNA (Fig.

3i). The 0–200 m sPOC seasonal cycles are closely phase-locked to NPP in the SPNA and Trans_Area and show a high temporal correlation with G22 ($r = 0.95$ in SPNA and $r = 0.97$ in Trans_Area, both $p < 1.0 \times 10^{-6}$), although the model overestimates the seasonal amplitude in the SPNA (Fig. 3g–h).

Between 200 and 1000 m, model performance degrades. The relative mean bias in mesopelagic sPOC reaches ~50% in the Trans_Area and STNA, with widespread underestimation across most of the North Atlantic. An exception occurs in the western SPNA, which moderates the regional SPNA bias to -18%. The SPNA also exhibits the widest seasonal amplitude in mesopelagic sPOC, which is reasonably captured by the model (Fig. 3j).

Comparison with vertical profiles (Fig. 4) complements this analysis and suggests that the model (i) underestimates the vertical gradient of sPOC in the SPNA epipelagic, (ii) overestimates the sPOC attenuation gradient in the upper mesopelagic of the Trans_Area, and (iii) underestimates the magnitude and overestimates the depth of the subsurface biomass maximum in the STNA.

For completeness, modelled sPOC was also compared with estimates obtained using the algorithm of Koestner et al. (2024) in the epipelagic layer (SI text S3). K24 sPOC exhibits seasonal patterns similar to G22 but is systematically higher by around $200 \text{ mmol C m}^{-2}$ (and up to $\sim 400 \text{ mmol C m}^{-2}$ in the SPNA winter, Fig.3), implying a stronger underestimation of epipelagic sPOC by the model. Comparison between G22 and K24 did not indicate systematic overperformance of either product (figure 13 in Koestner et al., 2024). Accordingly, and because G22 was specifically designed to provide consistent estimates across epi- and mesopelagic, here we retain it as the primary reference, while using the comparison with K24 to illustrate the range of algorithm-dependent observational uncertainty. A more thorough evaluation of uncertainties in the conversion from particulate backscattering to sPOC, which is beyond the scope of our study, could further refine these findings.

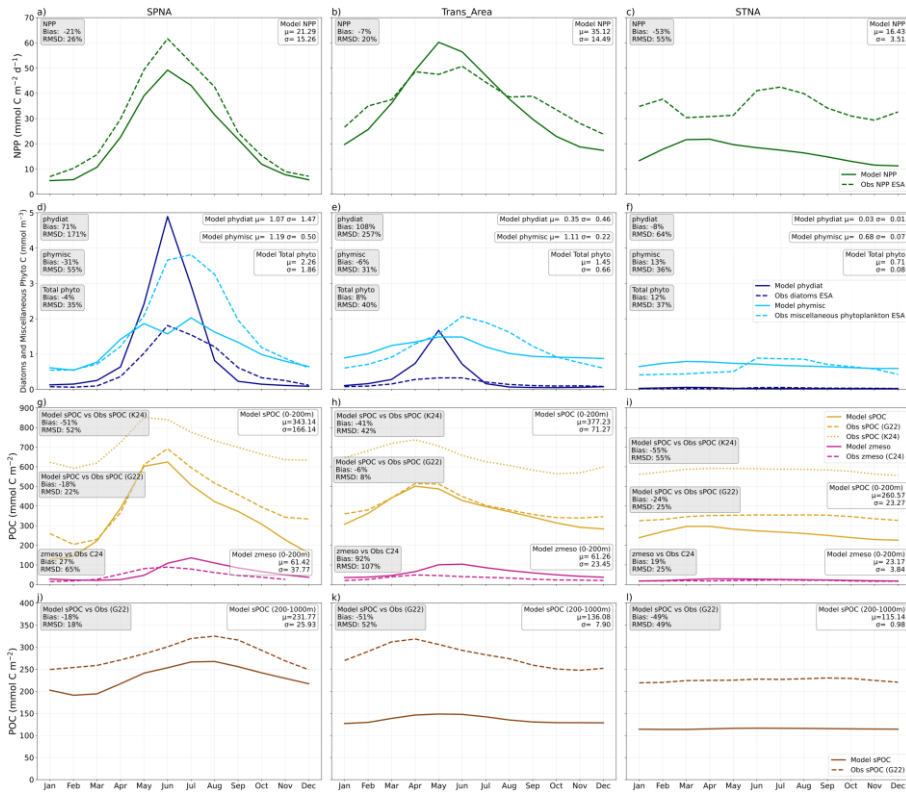


Figure 3. Seasonal Cycle of the biogeochemical variables evaluated. Modelled variables are represented in solid lines, and the observations in dashed lines. Different colours represent different variables. Each column represents the three selected biomes: Subpolar North Atlantic (SPNA), Transitional Area (Trans Area) and Subtropical North Atlantic (STNA). Each row shows a different seasonal cycle: NPP (a-c), Surface Carbon from phytoplankton (d-f, dark blue for diatoms and light blue for miscellaneous phytoplankton), Mesozooplankton (in pink) and Small Particulate Organic Carbon stock (sPOC- in yellow) over the 0-200m depths (g-i) and sPOC stock over the 200-1000m depths (in brown, j-l). Beige squares contain skill metrics model vs observations, and white squares include the mean and the standard deviation of the modelled variables.

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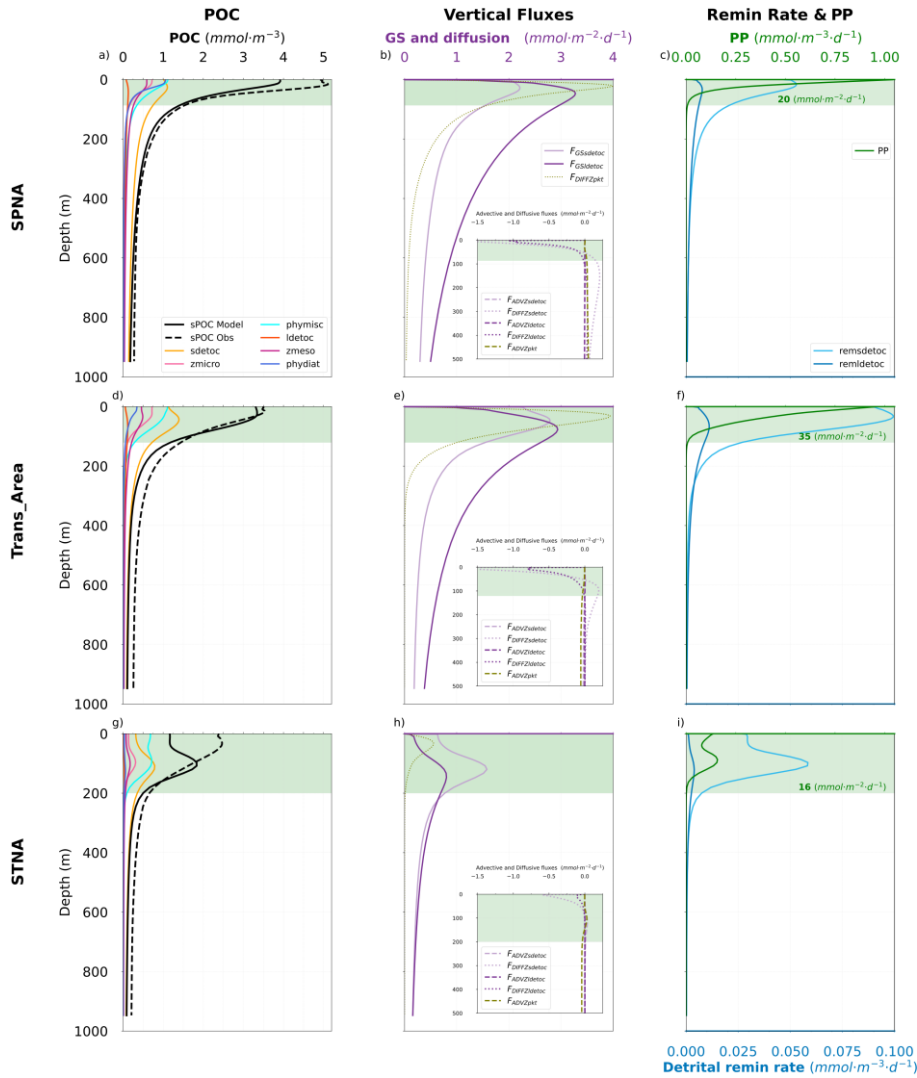


Figure 4. Annual vertical profiles of different POC stocks (sPOC modelled and observed) and their components (first column). Vertical fluxes (second column) include gravitational sinking export fluxes only for sdetoc ($F_{GSsdetoc}$ in solid light purple) and ldetoc ($F_{GSldetoc}$ in solid dark purple), and advective (F_{ADPKT} , in dashed line style) and diffusive (F_{DIFF} , in dotted line style) vertical fluxes for detritus (sdetoc in light purple, and ldetoc in dark purple) and phyto-zooplankton (pkt in light green). The insets at the lower left part of the subplots in the second column contain the diffusive and advective vertical fluxes of sdetoc and ldetoc, and the advective fluxes of pkt, since their magnitudes are not comparable to the detrital gravitational sinking export fluxes and the vertical diffusive flux of pkt. Remineralisation of detritus rate (remsdetoc and remldetoc) and Primary production (PP) (third column). Green rectangles in the right column represent the productive layer (defined in Sect. 2.4); numbers at their bottom

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indicate the vertically integrated annual mean primary production (NPP) in that layer. Rows corresponds to the SPNA (a, b, c), Trans_Area (d, e, f) and STNA (g, h, i) study regions.

3.1.6. Export fluxes at 100 m and 150 m depth

To evaluate modelled POC export, we compared the monthly climatology of total vertical fluxes to ^{234}Th - and sediment trap-based estimates from the global compilations of Le Moigne (2013) and Mouw et al. (2016a). Based on the spatial distribution of the measurements, we focus this analysis on the entire subpolar North Atlantic (SPNA) and two specific study sites (Fig. 5a–b). The Porcupine Abyssal Plain (PAP) lies near the boundary between the SPNA and Trans_Area regions in the eastern Atlantic. The other study site is located near the Trans_Area–STNA boundary in the Sargasso Sea, and includes the merged datasets from the Bermuda Atlantic Time Series and the Oceanic Flux Program (BATS/OFP). In SPNA and PAP, measurements are available only from May through August in scattered years, whereas at BATS/OFP, measurements are available year-round between 1985 and 2013.

In the SPNA (Fig. 5c; Fig. 6), the model captures the observed order of magnitude of the observations, which are nevertheless extremely variable at both 100 and 150 m. This, combined with spatial and temporal sparseness, precludes drawing clear conclusions on model behaviour. At the PAP site, modelled fluxes exceed observations by about ~70% at 100 m but are in good agreement with measurements at 150 m (Fig. 5d). At BATS/OFP, where observations are available only at 150 m, the model reproduces the weak seasonality found in the observations but shows a mean positive bias of ~90%, largely driven by winter-spring months (Fig. 5e).

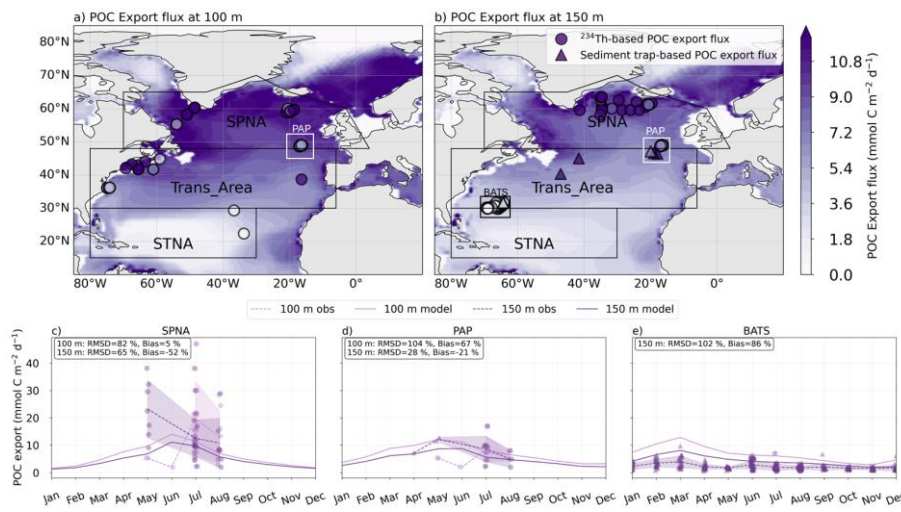


Figure 5. Modelled annual mean (1998–2019) vertical sinking fluxes (gravitational, diffusive and advective) at 100m (a) and 150 m (b) are compared with in situ measurement compilations. Circles indicate ^{234}Th -based POC export flux, and triangles, sediment trap-based POC export flux. Modelled monthly climatologies (1998–2019) of the vertical sinking fluxes are extracted for SPNA (c), PAP (d) and BATS/OFP study sites (e) and compared with

available observations. Light purple lines in (c-e) represent export fluxes at 100 m, and dark purple lines represent export at 150 m. Solid lines indicate modelled fluxes. Dashed lines and ribbons represent the monthly mean and standard deviation of the observations.

3.1.7. Water column export fluxes

To complete the export flux evaluation, we subsampled model output at the depth, year, month and location of data from Mouw et al. (2016a). We used data from the upper 4000 m in the North Atlantic, of which 61% was obtained at BATS/OFP, and computed model skill metrics for (i) non-binned data ($n = 3388$) and (ii) after binning by layer and region ($n = 12$). These comparisons and their corresponding metrics are shown in Fig. 6, suggesting that the model captures water-column export fluxes with small overall bias across two orders of magnitude when the data are binned. Indeed, non-binned data show substantial scatter, especially for small flux values. Crucially, different conclusions are obtained depending on whether in situ data are matched to sinking POC fluxes only or to total downward fluxes. In the first case, the comparison suggests an overall tendency for model underestimation, whereas the second case suggests a slight tendency for overestimation in the epipelagic. Patterns in the epipelagic SPNA and upper 500 m of the Trans_Area are least robust because of data scarcity.

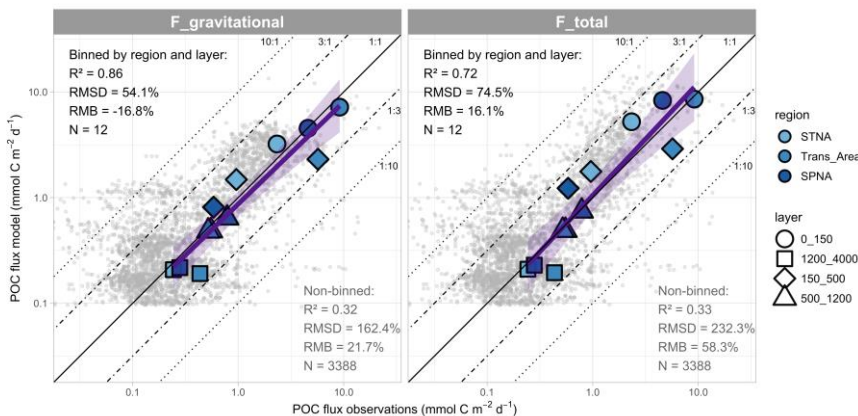


Figure 6. Comparison between modelled export fluxes and a compilation of in situ sediment trap measurements from Mouw et al. (2016a). Collocated data are compared directly (non-binned dataset) and after computing regional and vertical bin averages. The corresponding skill metrics are shown, along with a linear regression on binned data (purple line and envelope showing SE of the fit). Diagonal lines with different model:observation ratios are shown as visual guides. The same in situ fluxes are compared to modelled POC gravitational fluxes (left) and total fluxes (right). For this comparison, we assigned data from BATS/OFP to the STNA and data from PAP to the Trans_Area (see text and Fig. 4). Vertical boundaries were chosen to optimise data abundance in each layer while deviating minimally from the standard definitions of Z_{prod} and the mesopelagic layer.

Table 3. The upper part qualitatively summarises observed model biases or misfits. Arrows are used to indicate positive (\uparrow) or negative (\downarrow) model biases of large (2) or moderate (1) magnitude; \checkmark indicates small bias, \sim indicates temporal phase shift, and “?” indicates uncertain evaluation outcome usually due to data sparseness or too-large observational uncertainties. The lower part provides interpretations based on the comparison of various bias patterns. More *speculative interpretations* are highlighted in italics and are based on insights from the modelled mesopelagic budgets.

<u>Observed biases/misfits</u>			
	<u>SPNA</u>	<u>Trans Area</u>	<u>STNA</u>
<u>Epipelagic</u>	$\uparrow\uparrow$ diatoms $\downarrow\downarrow$ misc. phytoplankton \downarrow NPP $\sim\uparrow$ mesozooplankton \downarrow sPOC stock $\sim?$ F_{POC} export Zprod	$\uparrow\uparrow$ diatoms \downarrow misc. phytoplankton $\sim\checkmark$ NPP $\sim\uparrow\uparrow$ mesozooplankton $\checkmark?$ sPOC stock $\sim?$ F_{POC} export Zprod	$\sim\checkmark$ diatoms $\sim\checkmark$ misc. phytoplankton $\downarrow\downarrow$ NPP $\sim\uparrow$ mesozooplankton \downarrow sPOC stock $\uparrow\uparrow$ F_{POC} export Zprod
<u>Mesopelagic</u>	\downarrow sPOC stock \checkmark F_{POC} lower meso	$\downarrow\downarrow$ sPOC stock \checkmark F_{POC} lower meso	$\downarrow\downarrow$ sPOC stock \checkmark F_{POC} lower meso
<u>Interpretation in the PISCES model framework</u>			
<u>NPP vs. sPOC</u>	Region-dependent NPP underestimation causes proportional biases in epipelagic sPOC stocks		
<u>NPP vs. POC export (EE)</u>	Modest biases suggest correct or slightly overestimated EE	Small biases suggest correct EE	Large opposite biases indicate overestimated EE

<u>Diatoms vs. miscellaneous phyto., mesozooplankton, sPOC, and vertical POC fluxes</u>	<u>Diatom overgrowth at the expense of miscellaneous plankton results in mesozooplankton overestimation, with shifted seasonality.</u> <u><i>Diatom bias likely propagates to (i) overestimation of large detritus export; (ii) excessive depletion of epipelagic sPOC by sinking; (iii) overestimation of EE.</i></u>	<u>Small influence of model biases driven by diatoms</u>
<u>Epipelagic vs. mesopelagic sPOC stocks</u>	<u>No obvious imbalance between epipelagic and mesopelagic sPOC stocks, with moderate underestimation for both.</u>	<u>Increasing sPOC deficit with depth suggests excessive mesopelagic removal relative to inputs</u>
<u>F POC at Zprod vs. lower meso (TE proxy)</u>	<u>Large variability in export fluxes at Zprod precludes a conclusive assessment of TE.</u>	<u>Positive bias in export flux at Zprod suggests TE underestimation (at least at BATS/OFP)</u>
<u>Potential sources of TE bias, based on simulated mesopelagic budgets (non-verified)</u>	<u><i>Excessive diatoms, hence a likely overestimation of large POC flux attenuation by zooplankton, would imply TE underestimation</i></u>	
		<u><i>Mesopelagic sPOC deficit, if due to excessive removal, would imply TE underestimation</i></u>

3.2. Simulated vertical profiles of POC pools and detrital POC decay

665 The evaluation of model performance confirms PISCES captures the main North Atlantic biogeochemical gradients and seasonal cycles, despite some season- and region-dependent biases (Table 3). To investigate how these patterns translate into POC vertical structure, this section documents the distribution of POC components and the fluxes and remineralisation processes controlling their transformation from the epipelagic to the mesopelagic layer.

670 On an annual basis, total gravitational export at the base of the productive layer (Zprod) is similar in ~~53~~ ⁵³. Note also that the dataset used herewith represents only small POC (sPOC) because ~~b_{bp,700}~~ observations were pre-processed to filter out the optical spikes caused by large particles (Briggs et al., 2020).

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675 The vertical integrals (0–100 m and 100–500 m) of observation-based and simulated sPOC stocks were compared over the seasonal cycle (Fig. 3d-i). Only model tracers nominally smaller than 100 μm were included (*sdetoc*, *phymisc*, *phydiat* and *zmicro*). We chose the 100–500 m layer because in our implementation both algorithms give, by construction, similar estimates below 500 m. K24 estimates systematically exceed G22 by 20–60% (Table S4). In the 0–100 m layer, PISCES shows a high temporal correlation to both datasets in the SPNA ($R > 0.96$) but is biased low. In the Trans_Area, simulated sPOC is generally close to the G22 estimate. In the STNA, the model's sPOC consistently falls below both observational estimates and has wider seasonality than the observational products. In the 100–500 m layer, simulated sPOC is generally closer to G22 estimates, but slightly (SPNA, STNA) or markedly (Trans_Area) below them. Best agreement between simulated sPOC and the G22 and K24 estimates occurs in April–July in the SPNA. Overall the model exaggerates the latitudinal sPOC gradient compared to observations.

2.6.4. Export fluxes

690 We compared PISCES output to a compilation of in-situ POC vertical fluxes measured with sediment traps (Mouw et al., 2016a). An analysis of gridded fields was not affordable because of data sparseness. Hence, we subsampled model output at the depth, time and location of the measurements, and then binned the data by layer, region and season. For fluxes measured in the top 1200 m in the North Atlantic (Fig. S7), the analysis of binned data yielded a Pearson correlation coefficient of 0.80, mean relative bias of $\pm 28\%$ and model vs. data slope of 0.68 (p-value $< 2 \cdot 10^{-5}$).

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3. Results

In this section, an overview of simulation results (3.1) is followed by a detailed description of mesopelagic detritus budgets (3.2) and by the analysis of POC export and transfer efficiency metrics (3.3). Besides the information shown in the figures, the quantitative data provided hereafter can be found in two summary spreadsheets included in the SM section.

3.1. Overview of simulated POC stocks and fluxes

We start by documenting the general behaviour of the POC distribution and the main factors controlling its stock in our simulation. The epipelagic POC stock shows a similar spatial pattern as NPP and gravitational export flux at 100 m ($F_{GS,100}$; Fig. 2a-c), with an increasing gradient from the Greenland coast to the southern border of the subpolar gyre, maximum values at midlatitudes (30–50°N), and a sharp decrease towards the core of the subtropical gyre. The mesopelagic POC stock shows a different pattern and decreases from the subpolar to the subtropical region. Small detritus are the most abundant POC fraction in the mesopelagic layer (cf Section 2.3 for details about the tracers composing POC), where *sdetoc* accounts for 52%, 57%, and 70% of POC in the SPNA, Trans_Area, and STNA, respectively (Fig. 4a,d,g). The *ldetoc* fraction usually is $\leq 10\%$ of total POC and smaller than total zooplankton or phytoplankton (Fig. 4a,d,g).

The amplitude of the NPP seasonal cycle is similar in the subpolar and the transition and subpolar areas (Fig. 2e-f), whereas the subtropical area shows reduced seasonal variability. Peak NPP occurs in June, May, and March–April in the SPNA, Trans_Area and STNA, respectively. Gravitational export at the bottom of the productive layer (Z_{prod}) peaks on the same month as NPP in the subpolar and transition areas, but lags NPP by ~ 1 month in the subtropical area. Gravitational fluxes at 1000 m lag Z_{prod} by around 2

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the mesopelagic (53–61%). To illustrate distinct ~~remineralization patterns~~ remineralisation regimes, we calculated the percentage of degradation in the epipelagic layer relative to the 0-1000 m integral. In SPNA, only 58% (*sdetoc*) and 28% (*ldetoc*) of decay occurs in the epipelagic, ~~corresponding concurrent~~ with low temperatures, strong *ldetoc* export and shallow Zprod. Conversely, ~~the~~ STNA shows 93% (*sdetoc*) and 56% (*ldetoc*) epipelagic decay, aligned with warm temperatures, reduced *ldetoc* export, and deep Zprod.

Detritus decay rates result from the product of tracer concentration and the ~~depth- and temperature~~ degradation rate constant *k* (see 2.3). ~~While an in-depth analysis of these parameterizations is beyond the scope of this paper, an overview of simulated *k* patterns (shown Sect 2.2), as illustrated in Fig. S8) is useful to interpret model behavior. In the case of 7. For *sdetoc*, 0°C-normalized *k* typically ranges 0.010–0.023 d⁻¹ in the epipelagic and decreases sharply to ~0.002 d⁻¹ at 1000 m; the *k* for *ldetoc*, *k* typically ranges 0.027–0.035 d⁻¹ in the epipelagic and 0.015–0.020 d⁻¹ at 1000 m. Thus, in PISCES, *sdetoc* becomes refractory at shallower depths than *ldetoc*. The differential effect of, explaining the limited change in *sdetoc* concentration and sinking flux below ~400 m compared to *ldetoc*.~~

~~While the change in reactivity is best described by 0°C-normalized *k*, the actual in-situ rates are differently affected by temperature on *k* depends on the thermal range across regions and depths. (Fig. 7), which here we quantify using the enhancement factor with respect to *k* at 0°C. In the epipelagic, mean thermal enhancement factors with respect to 0°C are 1.7, 3.2 and 4.5 in the SPNA, Trans_Area and STNA, respectively. Smaller thermal enhancement factors (1.5 to 2.5) are found in the mesopelagic. Thus, temperature exacerbates the vertical gradients in reactivity (*k*) more strongly at low latitudes (Fig. S8).~~

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780 **Figure 4:** Annual vertical profiles of different POC stocks and their components (first column). Vertical
 785 fluxes (second column) include gravitational sinking export fluxes only for sdetoc ($F_{GS\text{sdetoc}}$, in solid light
 purple) and ldetoc ($F_{GS\text{ldetoc}}$, in solid dark purple), and advective (F_{ADVZ} , in dashed linestyle) and
 diffusive (F_{DIFFZ} , in dotted linestyle) vertical fluxes for detritus (sdetoc in light purple, and ldetoc in dark
 purple) and phyto-zooplankton (pkt in light green). The insets at the lower left part of the subplots in the
 second column contain the diffusive and advective vertical fluxes of sdetoc and ldetoc and the advective
 790 fluxes of pkt since their magnitudes are not comparable to the detrital gravitational sinking export fluxes
 and the vertical diffusive flux of pkt. Remineralization of detritus rate (remsdetoc and remldetoc) and
 Primary production (NPP) (third column). Green rectangles in the right column represent the productive
 layer (defined in section 2.4.); numbers at their bottom indicate the vertically integrated annual mean
 primary production in that layer. Each of the rows of this figure corresponds to one of the selected
 790 regions: SPNA (a, b, e); Trans_Area (d, e, f) and STNA (g, h, i). —

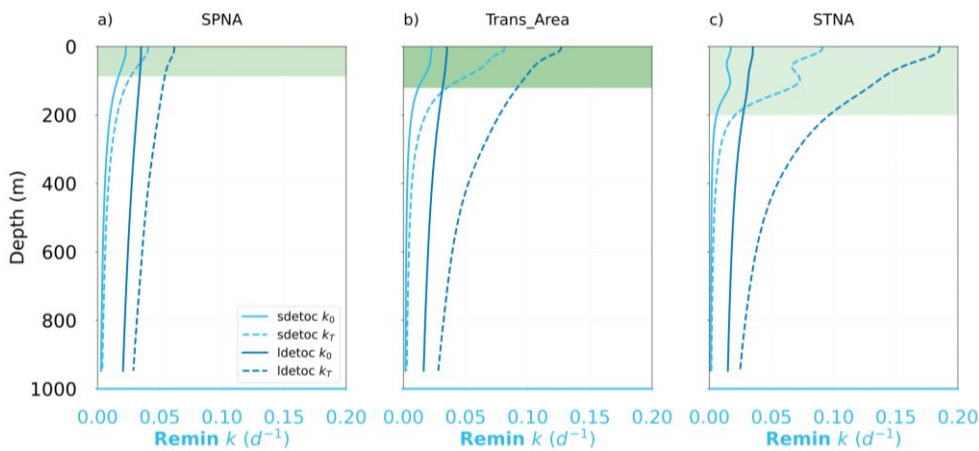


Figure 7. Vertical profiles of the specific degradation rates of small and large detritus (sdetoc and ldetoc, respectively) at 0 degrees (k_0) and at in situ temperature (k_T) for the three regions.

795 3.2.3.3. Mesopelagic detrital POC budgets: annual-mean fluxes

To explore the dynamics that control mesopelagic Regional contrasts in POC vertical structure reflect distinct combinations of particle composition, export pathways, and remineralisation regimes (Fig. 4 and 7). To quantify how these differences arise in PISCES, we computed now examine the annual climatological budget budgets of detrital POC pools in the three regions of interest. We place particular emphasis on how regional differences in productive-layer depth, particle size structure, and export pathways translate into contrasting mesopelagic detrital budgets (Fig. 8).

Concerning For *sdetoc* budgets, the relative contribution of gravitational inputs increases towards toward lower latitudes (Fig. 5a8a), from 36% (SPNA) to 74% (STNA). Supply In contrast, the supply of *sdetoc* by the mesopelagic food web shows the opposite pattern and exceeds 50% of the total supply in the SPNA, with large contributions from driven primarily by mesozooplankton fragmentation of *ldetoc* (16%), plankton mortalities (20%), and microzooplankton non-assimilation (9%). Plankton In the Trans Area, plankton mortalities dominate biological *sdetoc* supply in the Trans Area (14%), followed by non-assimilation (8%), bacterial breakdown of *ldetoc* (7%), and mesozooplankton fragmentation (6%). Finally, in In the STNA, inputs via bacterial breakdown of *ldetoc* (7.3%) and abiotic DOC aggregation (12%) are contribute relatively larger than at higher latitudes more, whereas contributions from mortalities and microzooplankton non-assimilation are smaller. Regarding *sdetoc* removal, the contribution of remineralization exceeds 70% reduced. Removal of *sdetoc* is dominated by remineralisation in all regions and reaches (>70%), reaching 87% in the STNA. Removal of *sdetoc* by mesozooplankton (“Mesozooplankton removal via phagotrophic” ingestion and flux feeding) is also important, with the highest contribution (significant, peaking at 17%)% in the Trans Area. Removal of *sdetoc* by, whereas microzooplankton is smaller, peaking at removal remains minor (<5% in the SPNA.%).

Concerning For *ldetoc* budgets, gravitational inputs dominate in all regions, with modest smaller contributions from plankton mortalities and mesozooplankton non-assimilation. (Fig. 8b). As in the for, *sdetoc* budget, the relative contribution importance of the latter two processes these biological sources diminishes southwards southward in favor favour of gravitational sinking. Removal of *ldetoc* is dominated by remineralization remineralisation, but the removed percentage at lower fractions (50–75%) is lower than in the case of *sdetoc*. In the SPNA, nearly half of the *ldetoc* is removed by removal occurs through mesozooplankton flux feeding (30%) and fragmentation into *sdetoc* (15%). Mesozooplankton-mediated transformation rates decrease towards the south toward lower latitudes, especially

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fragmentation, which in the Trans_Area contributes half as much to *sdetoc* budgets as in the SPNA. ~~The contribution of bacterial~~ Bacterial disaggregation of *ldetoc* is generally ~~small and reaches~~ minor, reaching 7% in the STNA.

Overall, ~~we find that~~ both ~~the processes controlling~~ *sdetoc*, and ~~the processes controlling~~ *ldetoc*-specific processes are ~~important to understand~~ essential for shaping the ~~budget~~ magnitude, and ~~the~~ evolution of the total ~~detritus~~ detrital *POC* stock across ~~all~~ regions. ~~We note that supply processes in PISCES. Supply pathways~~ are more heterogeneous for *sdetoc* ~~than for~~ *ldetoc*, while the opposite is true for removal processes. ~~In fact, this is mostly explained by the,~~ whereas removal pathways are more diverse for *ldetoc*. This asymmetry largely reflects *ldetoc* transformation ~~of detrital~~ of detrital *POC* from *ldetoc* into *sdetoc* (cf. ~~breakdown and by~~ fragmentation of *ldetoc*); and ~~disaggregation processes,~~ which ~~acts~~ act as sinks for *ldetoc*, ~~but as sources for~~ sdetoc, while simultaneously supplying *sdetoc*. The indirect contribution of plankton diffusion also affects *sdetoc* differentially across regions (Fig. 4 b, e, i).

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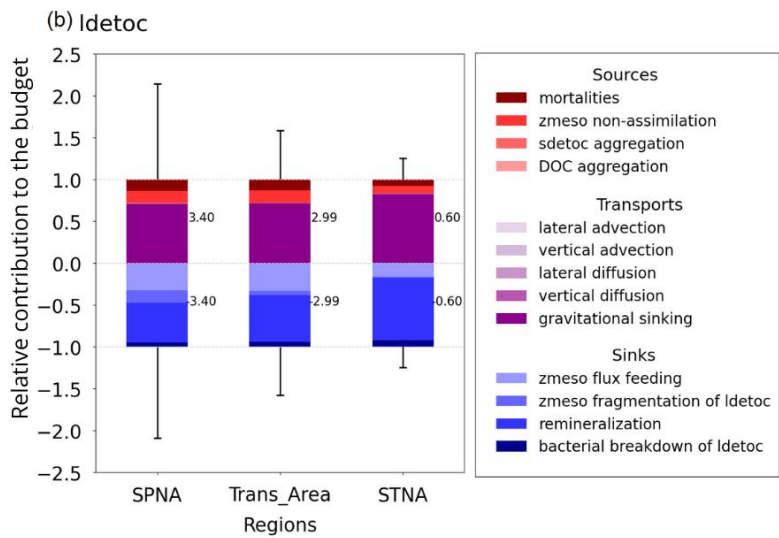
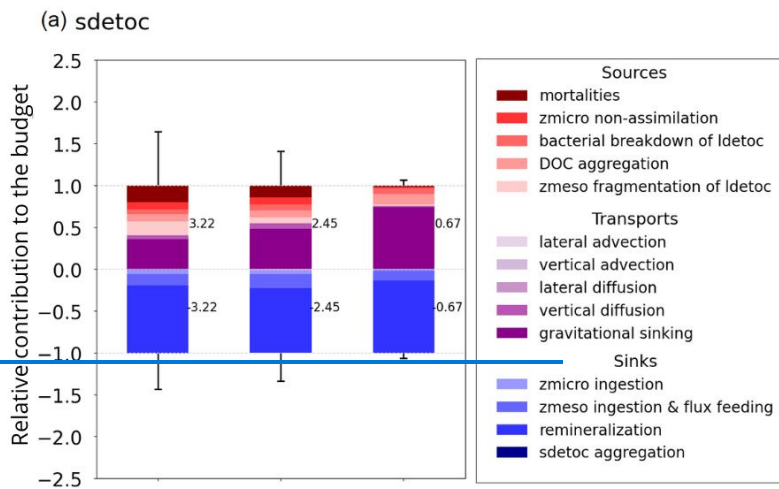
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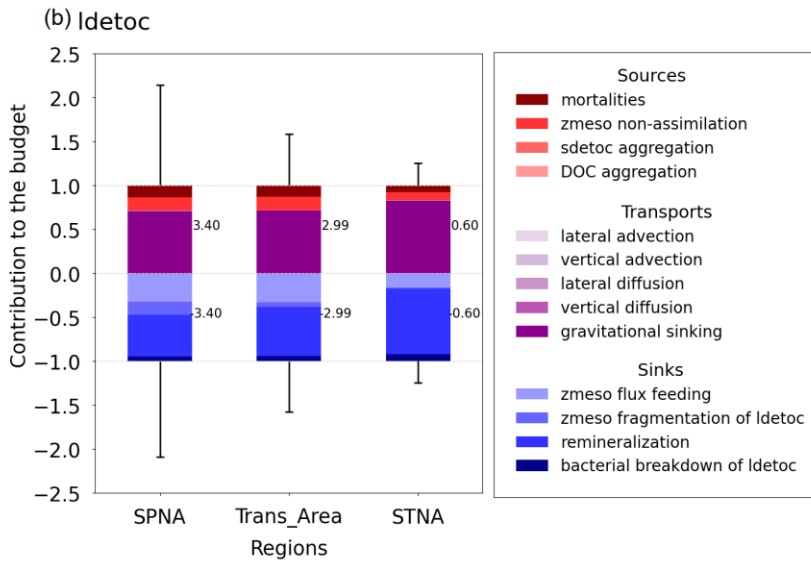
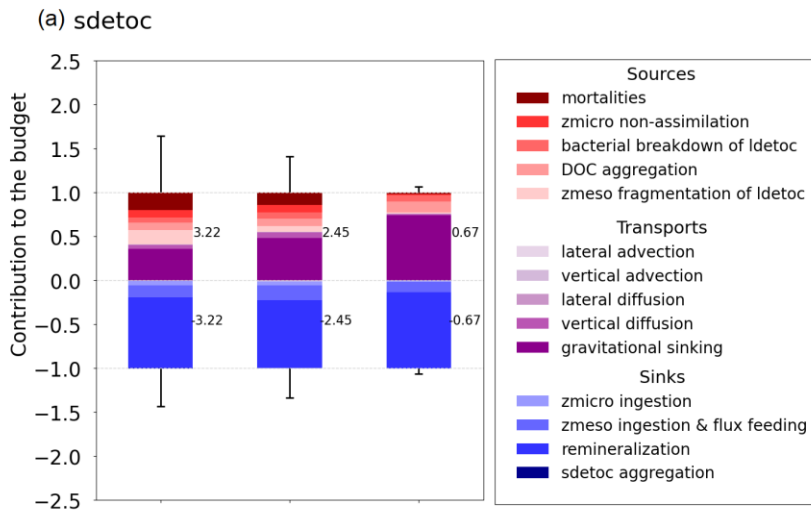


Figure 58. Climatological annual budget of small (a) and large (b) detrital POC over the mesopelagic layer ($Z_{prod} - 1000m$) for the three regions defined in Fig. 2. To compare the relative importance of the processes among contribution of each process across regions, the budget terms have been divided by the sum of the supply processes for each region. Numbers on the left/right of each bar indicate the sum of the inputs (positive) and outputs (negative) of each detrital POC tracer in the mesopelagic layer. Vertical black lines represent the temporal standard deviation of the sum of the positive (top) and negative (bottom) total monthly budget terms inputs and outputs, after normalization/normalisation by the annual mean value.

To further explore the processes controlling the mesopelagic detrital POC stock, we computed its climatological budget month by month. As expected from the seasonality of physical forcing, the

3.4. temporal variability of Mesopelagic detrital POC budgets: seasonal cycle

Building on the annual-mean budgets presented in Sect. 3.3, we now examine how the processes controlling mesopelagic detrital POC vary over the seasonal cycle in PISCES. Monthly climatological budgets show that, consistent with the seasonality of physical forcing, temporal variability increases with latitude: it is almost non-existent/minimal in the STNA region but very pronounced in the SPNA region (Fig. 5, 6, S8 and S9). In particular, the strong *ldetoc* seasonality in SPNA is driven by gravitational (Fig. 8, 9, S5 and S6).

Gravitational sinking, especially of large detritus during the spring-summer high-latitude bloom and post-bloom period, is the main seasonal event. The peak in gravitational *ldetoc* supply (June) is rapidly followed by inputs via sloppy feeding and mortality and by maxima in *ldetoc* losses through remineralization/remineralisation, mesozooplankton flux feeding and fragmentation (all of which peak in July). This contrasts with the Enhanced mesozooplankton activity also generates secondary *ldetoc* sources via mortality and sloppy feeding. In contrast, *sdetoc* budgets exhibit a smoother seasonal succession in biological *sdetoc* cycling. Sources of *sdetoc* shift, with sources shifting from mortalities and zooplankton non-assimilation in spring to *ldetoc* fragmentation in summer. Succession is also observed in Alongside dominant removal by remineralisation, *sdetoc* sinks, whereby transition gradually from microzooplankton ingestion peaks in May, while to mesozooplankton ingestion and flux feeding rise from April to July through spring and summer.

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Seasonal decomposition is also necessary to understand the role of diffusive fluxes in each region and their contribution to detrital food webs. On an annual basis, vertical diffusion represents a significant net *sdetoc* supply to the source of mesopelagic layer POC, in all regions, with the largest contribution in the SPNA and the Trans Area (6.6%). In the SPNA, however, the contribution of diffusion is less apparent on an annual scale because, whereas in the STNA, diffusive fluxes through Z_{prod} switch sign over the seasonal cycle (Fig. 6c). Diffusion removes *sdetoc* in late autumn and early winter when deepening of the mixed layer entrains mesopelagic particles into the surface layer. Conversely, diffusion supplies *sdetoc* in late winter and early spring, when re-stratification detrains particles from the upper mixed layer.

Vertical diffusive processes primarily redistribute POC within the epipelagic layer. Diffusive fluxes of plankton exceed those of *sdetoc* in all regions, supplying mesopelagic food webs (Fig. 4 b,e,h). Plankton diffusion is an input to the mesopelagic in all months in the SPNA and, in April, POC are, however, largely driven by plankton detrainment ($5 \text{ mmol m}^{-2} \text{ d}^{-1}$) is threefold the total gravitational inputs. Plankton detrainment is an indirect source of detritus, entering the and are therefore not included directly in detrital budgets. Instead, vertically mixed plankton enters detrital budgets through mortalities and sloppy feeding (eq. 1 and 2). In the SPNA, plankton diffusion supplies POC to the mesopelagic throughout the year and peaks in April ($5 \text{ mmol m}^{-2} \text{ d}^{-1}$), when it is three times larger than total gravitational inputs (SI file S2). Between December and April, when the MLD exceeds Z_{prod}, the ratio between [mortalities + non-assimilation] and plankton diffusion is 0.70 ± 0.27 . Between May and October, this ratio increases to 7.0 ± 5.1 . Thus, plankton detrainment supplies most of plankton from the epipelagic layer dominates detritus supply (largely as *sdetoc*) before the spring bloom, while the whereas biological processing of sinking *sdetoc* derived from large detritus fragmentation dominates budgets during the bloom and post-bloom season. Similar, though weaker, patterns of diffusive supply occur in the Trans Area.

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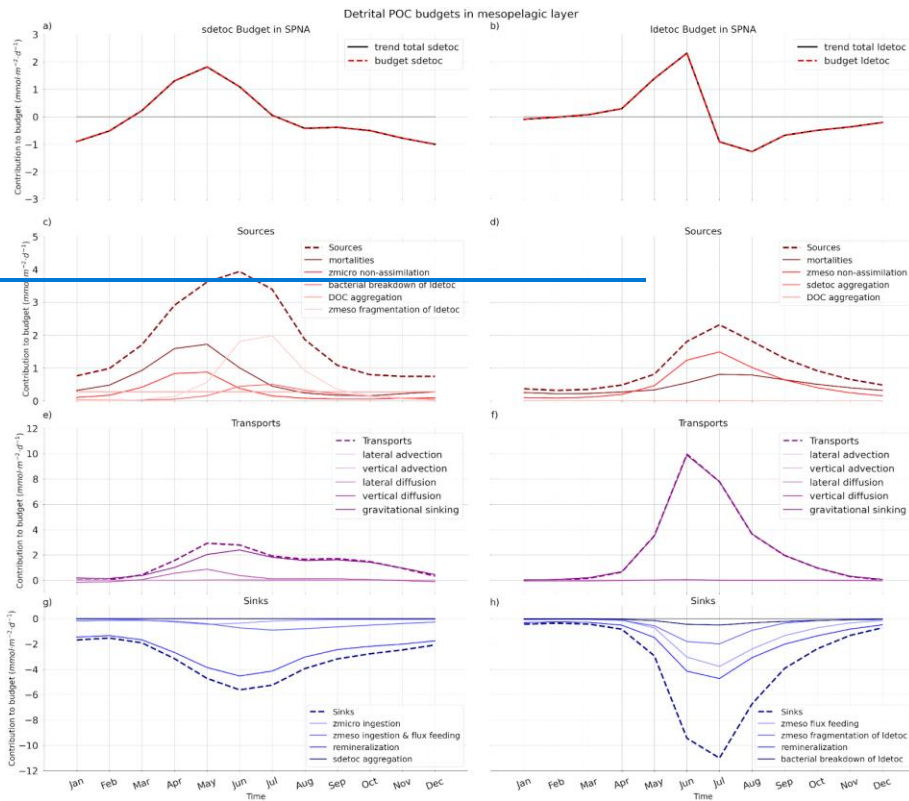
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Direct diffusion of detritus is comparatively small, with the largest contribution occurring in the Trans Area (7%). In the SPNA, diffusive fluxes of detritus switch sign over the seasonal cycle (Fig. 9e), resulting in a weak net annual supply (Fig. 8a). In late autumn and early winter, mixed-layer deepening entrains mesopelagic detritus into the epipelagic layer, whereas in spring, re-stratification promotes detrainment of detrital POC from the epipelagic to the mesopelagic layer.

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Figure 69. Seasonal Cycles of sdetoc (left column) and ldetoc (right column) budgets; total in the Subpolar North Atlantic (SPNA). Total tracer trend trends (a, b), sources (c,d), transports (e,f) and sinks (g, h) for the Subpolar North Atlantic (SPNA) region are shown separately. Note the different y-axis scales in the first and second rows compared to the bottom ones.

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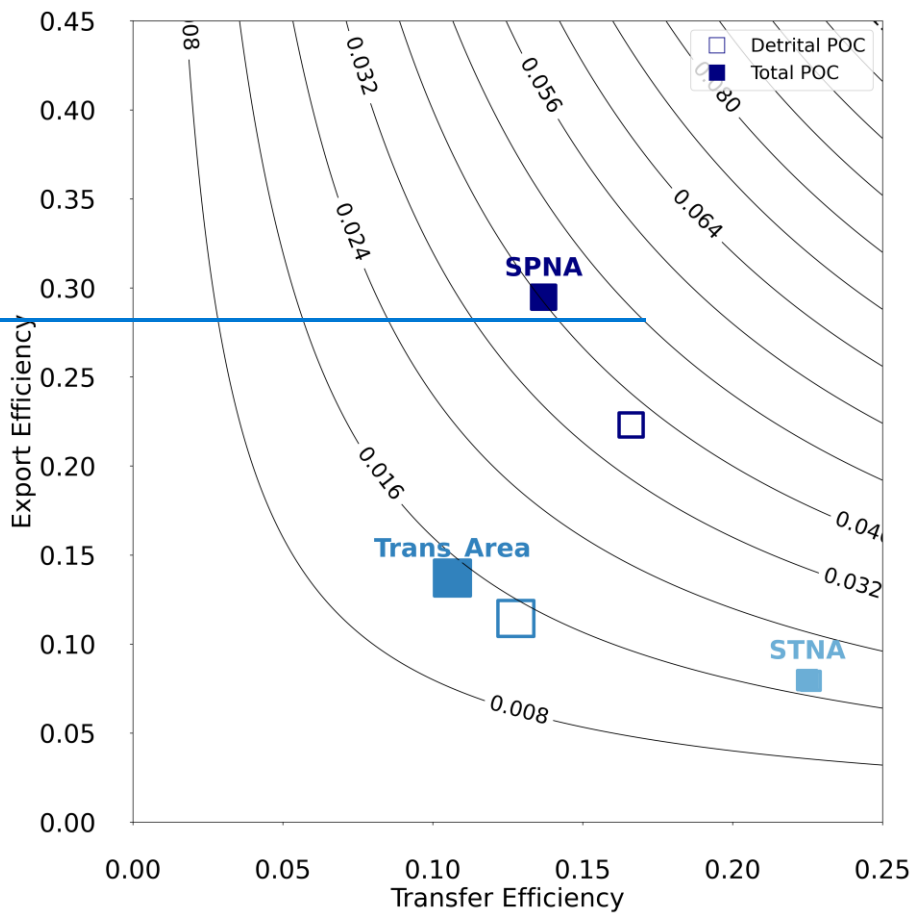
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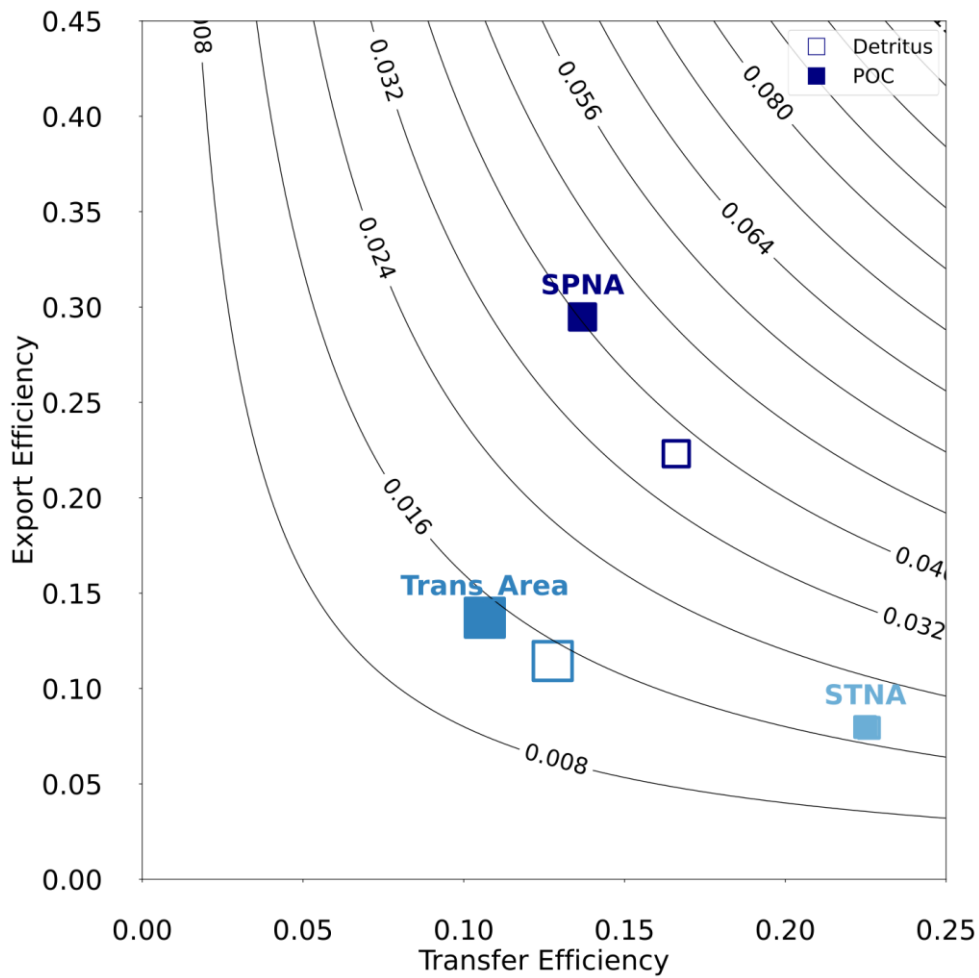


Figure 7-10. Export Efficiency vs. Transfer Efficiency metrics in the three regions of the North Atlantic. Empty and filled symbols indicate, respectively, if calculations account for only detrital POC or total POC (detritus and plankton). Note that

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the two symbols overlap in the STNA. Symbol size is proportional to the NPP of each region. The isolines represent overall particulate C pump strength calculated as EExTE. See section Sect. 2.5 for details.

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4 Discussion

This study provides a comprehensive analysis of POC dynamics in the top upper 1000 m of the North Atlantic, linking POC distribution regional and seasonality with seasonal changes in primary production, POC stocks and export fluxes to the underlying mechanisms of detrital POC production, transport and transformation processes. In the following discussion we address the biophysical controls on epipelagic export fluxes (4.1), the interplay between mesopelagic POC removal by bacteria and zooplankton (4.2), and the links between model based efficiency metrics and real world decay. By comparing the simulation to available observations (4.3). To conclude, we assess the limitations of the model and propose future research pathways (4.4). A summary schematic, our results shed light on how interactions between ecosystem structure and the physical environment together regulate epipelagic export and mesopelagic transformation of POC.

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At the basin scale, and despite significant regional biases in some variables (Fig. 2–6), PISCES simulated productivity and gravitational export fluxes are broadly consistent with observations and previous studies. As in satellite-based assessments (Henson et al., 2012; Siegel et al., 2023), maximum export fluxes (Fig. 5a,b) are displaced northward relative to NPP (Fig. 2a), reflecting regional differences in ecosystem structure and vertical mixing. Export efficiency increases toward subpolar waters (Fig. 10), concurrent with higher diatom abundance (Mouw et al., 2016b) and an increasing contribution of fast-sinking large detritus (Fig. 11). Conversely, at lower latitudes, dominance of small organisms and detritus, together with warmer temperatures and deeper productive layers, enhances degradation within the epipelagic and limits export efficiency (Fig. 4d, 7c, 10). These large-scale patterns are consistent with early conceptual frameworks linking new production, community structure, and gravitational export (Eppley & Peterson, 1979). POC fluxes and budgets is provided in Fig. 8 and ultimately reflect the joint influence of vertical mixing regimes (Sverdrup, 1953; Margalef, 1978) and temperature-dependent remineralisation (Cael & Follows, 2016).

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4.1. Vertical mixing controls POC export pathways

The productivity and gravitational export fluxes simulated by PISCES are consistent with previous studies based on diverse approaches in the STNA (Lomas et al., 2010), Trans Area (Giering et al., 2014) and SPNA (Wang & Fennel, 2022) (see Fig. 3 and S3, S7). Simulated spatial patterns suggest

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955 ~~a maximum export flux displaced to the north relative to NPP (Fig. 2), in line with satellite-based~~
~~assessments (Henson et al., 2012; Siegel et al., 2023). Gravitational EE increases towards subpolar~~
~~waters (Fig. 7), concurrent with diatom abundance (Mouw et al., 2016b). Likewise, the fraction of~~
~~gravitational export channelled through large detritus increases from 47% to 66% towards~~
~~subpolar waters (Fig. 9). At lower latitudes, a higher proportion of small plankton and slow sinking~~
960 ~~detritus, along with higher temperatures and deeper Z_{prod} , results in more intense detritus~~
~~degradation within the productive layer (Fig. 4), hence smaller EE. These patterns are well~~
~~established since the early studies that linked new and regenerated production, net community~~
~~production, and gravitational sinking fluxes of POC~~
Building on this context, the following sections examine in detail the biophysical controls on epipelagic export fluxes (4.1), the interplay between zooplanktonic and bacterial cycling of mesopelagic POC (4.2), and how modelled processes affect POC export and transfer efficiency metrics and relate to real-world observational constraints (4.3). Since most POC fluxes and derived metrics cannot be comprehensively evaluated against gridded observational products, we compare them with sparse available observations whenever possible. To close the Discussion, we assess the limitations of the current PISCES model formulation, leveraging observed biases to outline potential pathways for improving the representation of mesopelagic POC cycling in models (4.4).

4.1. POC inputs to the mesopelagic layer: POC sinking and vertical mixing

970 Evaluation against ^{234}Th - and sediment trap-based estimates indicates that PISCES reproduces the order of magnitude and broad seasonality of epipelagic export fluxes in the North Atlantic, while exhibiting regionally distinct biases. In the SPNA and at PAP, model-data agreement generally improves with depth and toward summer. At BATS/OFP the model captures the weak seasonal cycle but overestimates export at 150 m, particularly in winter-spring. According to PISCES, large detritus drives 67% of the gravitational flux at 100 m in the SPNA, exceeding the range (37–64%) estimated in the western subpolar gyre by Wang and Fennel (2022). The latter study further suggests that the contribution of large detritus increases with depth, opposite to model estimates (Fig. 4). In the eastern subtropical Atlantic at 260 m, the contribution of slow-sinking (likely small) particles was >60% during most of the year (Alonso-González et al., 2010), roughly consistent with ~50% in PISCES at 200 m (Fig. 11). Model-data discrepancies possibly reflect a combination of observational uncertainties (Buesseler et al., 2007; Bishop et al., 2012) and limitations in how the model represents POC export using rigid relationships between size classes and sinking velocities (Jackson & Burd, 2015; Iversen & Lampitt, 2020; Cael et al., 2021)

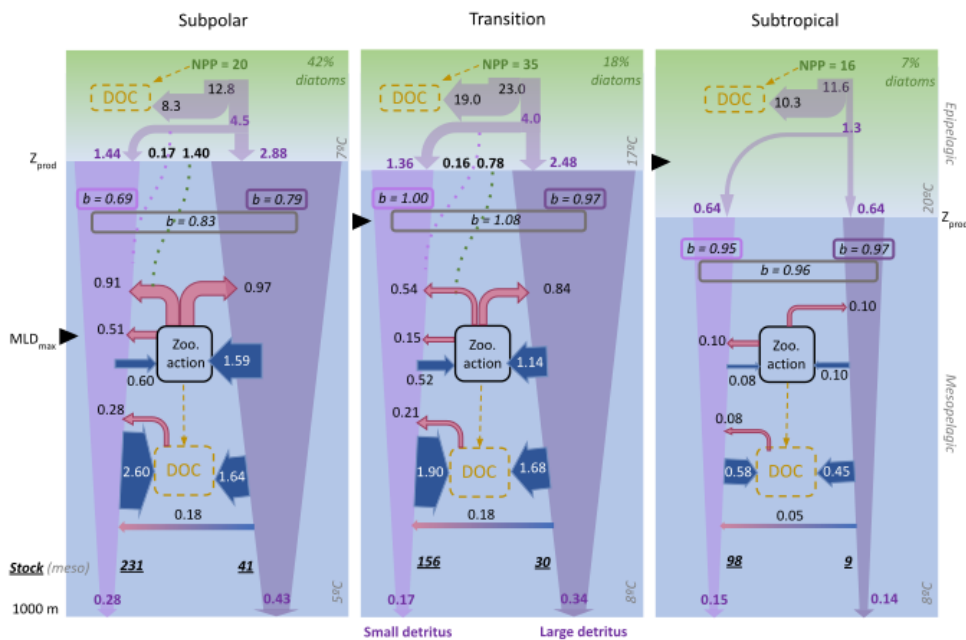
Vertical gradients in simulated export are usually strongest near Z_{prod} (Palevsky & Doney, 2018; Buesseler et al., 2020) implying intense flux attenuation in the lower epipelagic and upper mesopelagic layers. Thus, uncertainties in the mathematical representation of export and attenuation processes, together with small spatiotemporal mismatches between simulations and

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1985 observations, can lead to substantial model-data deviations. Importantly, it remains unclear whether observational export
estimates from sediment traps and the ^{234}Th technique isolate gravitational sinking alone (Fig. 5) or can also intercept
downward transport by diffusion and advection (and, if so, how efficiently). We therefore interpret shallow export comparisons
as quantitative consistency checks rather than direct validation (Aumont et al., 2017), and analyse mesopelagic POC inputs in
terms of the total simulated downward POC flux, integrating gravitational sinking of detritus with diffusive and advective
1990 transport of both detrital and living particles.

Compared to gravitational fluxes, the transport of POC by vertical mixing has received little attention until recent years.
Classical formulations of the biological pump have assumed vertical particle diffusion to be negligible at large scales (Martin
et al., 1987), but oscillations in mixed layer depth can effectively entrain and detrain particles (Gardner et al., 1995). In models,
1995 these transports are diagnosed as diffusive fluxes, which our results show to be quantitatively relevant at large scales, in
agreement with recent research (Bellacicco et al., 2025). In the NEMO-PISCES simulation, POC diffusion amounts to 37%
(25%) of annual gravitational fluxes (Fig. 4) in the SPNA (Trans Area), in line with independent estimates. For instance,
Dall’Olmo et al. (2016) inferred that the POC mixed-layer pump could represent ~23% of annual mean gravitational fluxes at
high latitudes. Lacour et al. (2019) used biogeochemical Argo float profiles to quantify springtime net POC detrainment at 4.6
2000 mmol C m⁻² d⁻¹ (55 mg C m⁻² d⁻¹) in the SPNA. Our corresponding estimate for March–May (4.3±1.1 mmol C m⁻² d⁻¹) is
strikingly similar, despite relying on a fundamentally different approach.

Crucially, PISCES further suggests that over 85% of this diffusive POC flux is associated with living plankton rather than
detritus, reflecting the sharper vertical gradient of plankton biomass and their enhanced transport during convection events
(Galí et al., submitted). Altogether, gravitational and diffusive export fluxes exhibit different seasonality and deliver to the
2005 mesopelagic layer different particle mixtures in terms of size, sinking speed, and composition. Differences in supplied POC
entail different transformation pathways in the mesopelagic zone (Fig. 7–9 and 11), which are examined in the next section.



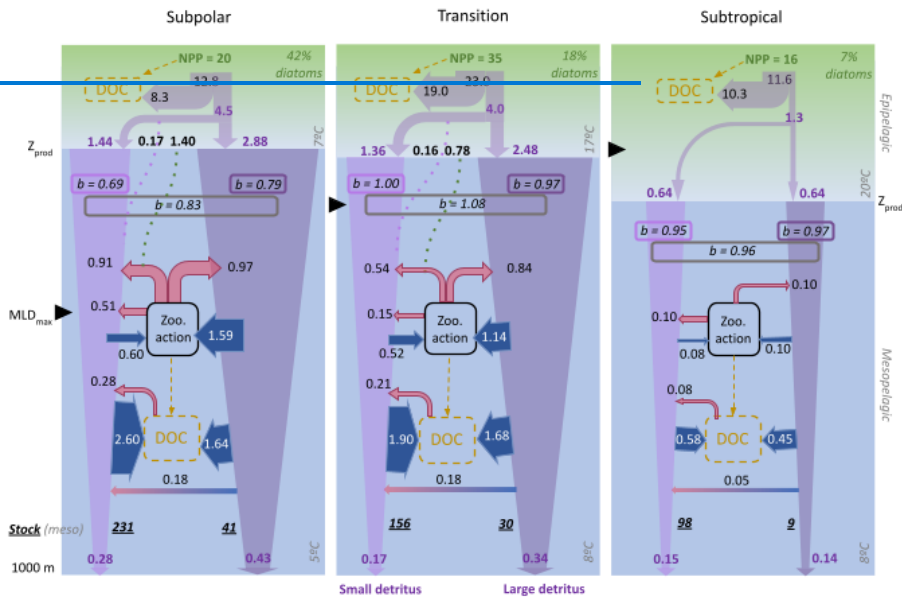
(Eppley & Peterson, 1979), ultimately reflecting the impact of different vertical mixing regimes (Sverdrup, 1953; Margalef, 1978) and temperature (Cael & Follows, 2016) on epipelagic ecosystems.

In comparison to the ecosystem drivers of gravitational fluxes, the direct transport of POC by vertical mixing has received little attention. For example, quoting the seminal paper of Martin et al. (1987), “It may be argued that vertical particle diffusion is unimportant for large spatial scales, and hence that the vertical particle distribution represents a balance between particle advection (including their gravitational sinking) and in situ production”. While that is possibly the case in stagnant ocean interior waters, mixed layer depth oscillations can effectively entrain and detrain particles (Gardner et al., 1995). These transports can be diagnosed in models as diffusive fluxes, provided particle concentrations are represented realistically. For example, the lack of a suspended POC compartment precluded estimation of diffusive

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POC transports in the study of Nowicki et al., (2022), which aimed at integrating all C pump mechanisms. In our NEMO PISCES simulation, POC diffusion amounts to 37% (25%) of annual gravitational fluxes (Fig. 4) in the SPNA (Trans_Area), consistent with previous estimates. For example, Dall'Olmo et al., (2016) combined data from satellites, Argo floats and model simulations to estimate that the POC "mixed layer pump" could amount to 23% of annual mean gravitational fluxes at "high" latitudes (above 35°), regionally exceeding 100%. Lacour et al. (2019) used biogeochemical Argo float profiles to quantify net POC detrainment at 4.6 mmol C m⁻² d⁻¹ (55 mg C m⁻² d⁻¹) in the SPNA during spring. Our mean estimate for the matching period (March-May) is 4.3±1.1 mmol C m⁻² d⁻¹, strikingly similar given we used a completely different approach. PISCES further suggests that over 85% of this diffusive POC flux was "live" plankton. This is explained by the sharper vertical gradient of plankton compared to detritus, hence greater diffusive transport during convection events.



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1035 **Figure 811.** Annual budgets of detrital POC in the top km of the North Atlantic, focusing on mesopelagic transformations of
small and large detritus. Epipelagic fluxes are shown more schematically, distinguishing the fraction of primary production
(NPP) that flows through detrital particles and, within it, the fraction that results in gravitational (filled violet arrows) and
diffusive (dotted purple lines) inputs to the mesopelagic layer. Additional particles enter the mesopelagic detrital pool via
1040 plankton vertical diffusion (dotted green lines) and subsequent conversion to detritus via mortality and zooplankton
processing. Within the mesopelagic layer, blue and red arrows are used to distinguish sources and sinks, respectively, and
violet arrows represent gravitational fluxes, whose narrowing represents flux attenuation. Arrow size is indicative of flux
magnitude, but not to scale. All fluxes are in $\text{mmol C m}^{-2} \text{d}^{-1}$, and, for simplicity, fluxes smaller than 0.05 have been omitted.
The vertical attenuation coefficient “*b*” (Martin et al., 1987), computed between *Z*_{prod} and 1000 m (boxed *italics italic*,
1045 numbers, unitless), is shown separately for gravitational fluxes of small and large detritus and the gravitational+diffusive
fluxes together. The mesopelagic vertically-integrated stocks, in mmol C m^{-2} , are shown in bold italics. The percentage of
diatoms *are is indicated*, in green at the top of each panel: 42% for SPNA, 18% for Trans Area and 7% in the STNA.

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4.2. Zooplankton and bacteria jointly regulate mesopelagic detritus Mesopelagic POC budgets

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4.2. ~~The *sdetoc* and *ldetoc* fluxes supplied~~ joint regulation by ~~the epipelagic ecosystem are~~
1050 ~~differently attenuated and recycled by mesopelagic food webs in PISCES (Fig. 2-8).~~
~~Zooplankton is key to detritus processing, with around half of the gravitational input flux~~
~~passing through it in midlatitude and subpolar regions (Fig. 8). The influence of~~
~~zooplankton on the fate of detritus has been previously emphasized by several studies~~
~~(Stemmann et al., 2004a, and b; Cehlen et al., 2006; Steinberg & Landry, 2017; Stukel et~~
1055 ~~al., 2019), and large sensitivity was also suggested in PISCES (see figure S3 in Aumont et~~
~~al., 2017). Here we analyze in greater depth how zooplankton transformations and~~
~~microbial degradation jointly shape mesopelagic detritus budgets~~ zooplankton and bacteria

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Zooplankton plays a central role in detritus processing in PISCES: 50–60% of the gravitational input flux transits through
zooplankton at mid and high latitudes, compared to ~20% in the subtropical area (Fig. 8 and 11). Importantly, zooplankton
1060 processing does not equate to POC flux attenuation, as a substantial and variable fraction returns to the sinking detritus pool
via fragmentation, faecal pellet production and mortality (Fig. 8 and 9). As a result, POC recirculates within a mesopelagic
detrital loop before final removal, primarily through bacterial decomposition (Fig. 11). In this section, we examine how

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zooplankton transformations and microbial degradation jointly shape mesopelagic detritus budgets, and how these simulated rates compare with the limited available observations.

A stringent evaluation is provided by comparison with observations at the PAP site (see Fig. 2), where Giering et al. (2014) (G14) were able to constrain, within reasonable uncertainty, POC flux attenuation and mesopelagic metabolism. Using July–August PISCES means for the SPNA and the Trans Area and acknowledging imperfect correspondence between model- and observations-derived rates, we find that PISCES reproduces within $\pm 15\%$ the magnitude of gravitational inputs, total zooplankton detritivory and bacterial degradation (Table 4). However, the model overestimates large-detritus fragmentation and the contribution of small detritus to POC decay. This discrepancy may partly reflect differences in pool definitions, as suspended POC in G14 is not fully equivalent to PISCES *sdetoc*, which accounts for suspended and slow-sinking fractions (Galí et al., 2022). Overall, this comparison is reassuring regarding simulated flux magnitudes, and further work is warranted to explore POC dynamics at the PAP site (Orihuela-García et al., *in prep*).

In PISCES, flux feeding and fragmentation of large detritus by mesozooplankton jointly account for 90% of the detritus fluxes through zooplankton. These processes simultaneously consume and slow down the sinking fluxes, transferring fast-sinking detritus to slow-sinking ones. The prevalence of these activities is regulated by the ratio between flux-feeding ingestion (particle interception) and total mesozooplankton ingestion (see 2.3). As a result, the flux-feeder proportion increases with depth, from 20–30% in the epipelagic, above the peak of *ldetoc* sinking fluxes (see Fig. 4), to 60–85% through the mesopelagic layer (SI file 1). Seasonal export events increase zooplankton biomass and the proportion of flux feeders, which progressively enhances the removal of large-sinking aggregates by mesozooplankton (Fig. 6). Ultimately, this trophic feedback limits the mesopelagic transfer efficiency during the high-export season in the subpolar and transition areas.

In the SPNA, where the strongest diatom blooms occur, the enhanced fragility

In PISCES, flux feeding and fragmentation of large detritus by mesozooplankton critically influence the vertical transfer of gravitational fluxes (Fig. 8), consistent with previous assessments (Mayor et al., 2020). Seasonal export pulses enhance mesozooplankton biomass and the proportion of flux feeders (Sect 2.2; SI file 1), progressively intensifying removal of large sinking aggregates by mesozooplankton as the season advances (Fig. 9). Fragmentation of *ldetoc* into *sdetoc* additionally slows sinking fluxes, favouring microzooplankton consumption and microbial degradation over vertical transfer. Together, these trophic feedbacks limit mesopelagic TE during peak export periods (Fig. 9).

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<u>Process</u>	<u>G14 PAP</u>	<u>PISCES SPNA & Trans Area</u>	<u>Deviation</u>
<u>Transformation</u>			
Total zooplankton ingestion	<u>3.8</u>	<u>3.2</u>	<u>-15%</u>
of which fragmentation (<i>ldetoc</i> → <i>sdetoc</i>)	<u>1.2</u>	<u>0.8</u>	<u>-30%</u>
<u>Removal</u>			
Bacterial remineralisation (total)	<u>5.3</u>	<u>5.7</u>	<u>+8%</u>
of which small detritus (<i>sdetoc</i> only)	<u>1.5</u>	<u>2.6</u>	<u>+70%</u>

150 A stringent test for PISCES simulation results is the comparison to a study at the Poreupine Abyssal Plain (PAP) in the temperate North Atlantic (49°N), where Giering et al. (2014) (G14) were able to match, within reasonable uncertainty, POC flux attenuation and mesopelagic metabolism. For this comparison, we use the July–August PISCES means for the SPNA and the Trans_Area (rates in $\text{mmol C m}^{-2} \text{d}^{-1}$). The gravitational input estimated by PISCES (G14) is 5.7 (6.2), of which 3.2 (3.8) flows through detritivorous mesozooplankton, 0.8 (1.2) is fragmented to small detritus, and 0.7 (1.0) recycled back to large detritus. Total detritus degradation by bacteria is 5.3 (5.8), with 2.6 (1.5) channelled via small detritus. It is worth noting that the suspended POC fraction in G14 may not be fully equivalent to PISCES *sdetoc*, which *de facto* accounts for the suspended and slow-sinking fractions (Galí et al., 2022) (Fig. 3). However, PISCES shows a net detritus loss of $0.8 \text{ mmol C m}^{-2} \text{d}^{-1}$ in July–August, which in situ budgets omit. This comparison is overall reassuring with regard to PISCES skill, and further work is warranted to explore the C-pump functioning at the PAP site (Orihuela-García et al., *in prep*).

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4.3. Carbon pump efficiency metrics: from models to real-world measurements

In PISCES, annual EE increases from 8% to 29% between subtropical and subpolar waters in PISCES (Fig. 7). This (Fig. 10). As found by Mouw et al. (2016b), this gradient mirrors the latitudinal gradient in diatom abundance (Fig. 2), which in the model rises from 7% to 42% (Fig. 10). Although the modelled latitudinal EE gradient falls within the range of current estimates (Villa-Alfageme et al., 2016; Siegel et al., 2023). Yet, our EE is likely overestimated at mid and high latitudes because diatoms are overrepresented (Fig. 2 and 3; Table 3). Improved representation of phytoplankton functional groups and size structure in models is key to better constrain biological carbon export.

Our results highlight further underscore the need for importance of including non-gravitational POC fluxes in carbon pump efficiency metrics, as current assessments. Neglecting these fluxes, especially those driven by vertical mixing, can substantially underestimate total POC export at high latitudes (Fig. 4 and 11). These unaccounted fluxes bias EE and TE estimates (Fig. 10) and affect interpretations of mesopelagic food-web metabolism and its seasonality (Fig. 9, S5 and S6) (Dall'Olmo et al., 2016; Lacour et al., 2019). Current model intercomparison exercises frameworks (e.g. CMIP) rely only on the simulated gravitational fluxes at standard depths (Palevsky & Doney, 2018; Henson et al., 2022; Wilson et al., 2022). Disregarding non-gravitational fluxes, especially diffusion of plankton, distorts C pump metrics (Fig. S11) and, perhaps more importantly, our quantitative understanding of mesopelagic metabolism in relation to POC supply (Fig. 5, 6, 8 and S7). Thus, our findings suggest that non-gravitational POC transports, which are internally simulated by models, should be included in standard model intercomparison metrics.

Compared to the mechanisms that drive EE (see 4.1), the discussion about the factors controlling mesopelagic TE remains controversial. While some studies report higher TE at high latitudes (Marsay et al., 2015; DeVries & Weber, 2017) the opposite has also been found (Henson et al., 2012; Guidi et al., 2015). Noteworthy, PISCES results show a pattern that diverges from both scenarios. Instead of exhibiting a monotonic change from subtropical to subpolar oxic waters, PISCES simulates minimal TE at midlatitudes (Fig. 7), coinciding with the highest productivity (Fig. 2-4 and 8). Nevertheless, a significant TE difference between STNA and SPNA remains, consistent with findings from Henson et al. (2012) and Guidi et al. (2015). As we shall see, this pattern cannot be attributed to a single dominant factor.

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195 The lower lability of exported POC in subtropical areas, resulting from intense recycling by epipelagic food webs, was invoked to explain the latitudinal decrease in TE (Henson et al., 2012). On the other hand, the thermal control of microbial POC degradation, causing slower organic matter decay in cold waters, was used to explain the latitudinal increase in TE (DeVries & Weber, 2017). Interestingly, both phenomena occur in PISCES (Fig. S8), and their combined result is a midlatitude optimum in mesopelagic detritus degradation. To illustrate this, we computed the detritus turnover time for microbial degradation by dividing mesopelagic stocks by vertically integrated degradation rates ($s_{detoc} + l_{detoc}$; Fig. 8). Fastest microbial turnover occurs in the Trans_Area (52 days), followed by SPNA (64 days) and STNA (104 days). An analogous calculation for zooplanktonic detritivory also yields the shortest turnover time in the Trans_Area, concurrent with the highest proportion of flux feeders year-round (which exceeds by 5–10% that in other regions, SI file S1). In all, the temperature reactivity interaction, reinforced by zooplankton activities, results in the fastest mesopelagic detritus turnover in the Trans_Area, hence the lowest TE. Conversely, detritus recalcitrance and depressed mesopelagic mesozooplankton maximize TE in the STNA. The inverse relationship between NPP and TE found here somewhat resembles the findings of Lomas et al., (2010) who reported that, over the interannual scale, a positive trend in NPP and epipelagic export fluxes was counteracted by increased mesopelagic attenuation in the Sargasso Sea.

210 Considering the seasonal cycle is key when relating model results and observations (Ceballos-Romero et al., 2016) and for upscaling EE and TE from sparse measurements (De Melo Viríssimo et al., 2024). However, in this study, we refrained from reporting EE and TE at intra-annual scales. The reasons are manifold: (i) in the case of EE, there is a regionally varying time lag between NPP, detritus accumulation, and export rates (Fig. 2 and 3); (ii) in the case of TE, a distortion arises from the lagged vertical propagation of sinking fluxes. To palliate this issue, Giering et al., (2017) apply a lag correction to account for non-steady state conditions. However, complications arise when different transport mechanisms and organic carbon fractions are considered. For instance, in PISCES it would take 450 and 18 days, respectively, for s_{detoc} and l_{detoc} to travel between 100 and 1000 m if the vertical motion of those particles were only driven by gravitational sinking and no biological transformations and interconversion occurred. By contrast, vertical diffusion homogenizes tracer concentrations almost instantaneously,

reaching several hundred meters during deep convection events. These complexities jeopardize the use of simple non-steady state corrections in models and observations alike. Insights obtained from models can help assess the robustness of C-pump metrics, eventually leading to improved metrics.

Compared to the mechanisms controlling EE (see 4.1), the factors regulating mesopelagic TE remain controversial. Mechanistic interpretations have alternately emphasised lower lability of exported POC in subtropical areas, leading to a latitudinal decrease in TE (Henson et al., 2012; Guidi et al., 2015), or reduced organic matter decay in cold mesopelagic waters, leading to a latitudinal increase in TE (DeVries & Weber, 2017). In PISCES, mesopelagic TE does not vary monotonically from subtropical to subpolar waters but instead exhibits a minimum at midlatitudes (Fig. 10). Lowest TE coincides with highest productivity (Fig. 10 and 11), broadly consistent with the climatological patterns reported by Mouw et al. (2016b). This relationship also resembles the opposite interannual trends of NPP and export versus mesopelagic transfer, reported by Lomas et al. (2010) in the Sargasso Sea. Still, TE remains higher in the STNA than in the SPNA. As we shall see, these patterns cannot be attributed to a single dominant factor.

Examination of the mechanisms driving mesopelagic TE in PISCES is informative because the model represents the interplay between variable POC reactivity and temperature-dependent decay rates (Fig. 7), as well as zooplankton detritivory. First, exported POC—especially *sdetoc*—is least reactive in the STNA, reflecting deeper and warmer *Zprod* (Fig. 4i), consistent with Henson et al. (2012) and Guidi et al. (2015). Second, mesopelagic POC decay rate constants also increase toward low latitudes, primarily due to temperature effects, consistent with Marsay et al. (2015) and de Vries and Weber (2017). Third, simulated detritivory rates decrease toward low latitudes (Fig. 11), but their relative importance peaks in the Trans_Area (Fig. 8), concurrent with the highest proportion of flux feeders (SI file S1). As a result of these interacting mechanisms, detritus turnover times with respect to both microbial and zooplanktonic removal (calculated as the quotient between stocks and removal rates; Fig. 11) are shortest in the Trans_Area, and much longer in the STNA. While these outcomes remain model-dependent and subject to known biases (Table 3), they help reconciling the lability- and temperature-based hypotheses, yielding a more nuanced understanding of mesopelagic TE variability (Marsay et al., 2015), and further highlight that zooplankton processes must be explicitly accounted for.

Previous studies showed that considering the seasonal cycle is key when linking EE and TE observations and models (Ceballos-Romero et al., 2016; De Melo Viríssimo et al., 2024). In this study, however, we refrain from reporting these metrics at intra-annual scale for the following reasons: (i) for EE, there is a regionally varying time lag between NPP, detritus accumulation, and export rates (Fig. 2–4); (ii) in the case of TE, distortion arises from the lagged vertical propagation of sinking POC fluxes (Giering et al., 2017), and from the lagged response of food-web processes that drive flux attenuation. In the highly seasonal SPNA, for example, sources exceed sinks by 25% in May, and sinks exceed sources by 23% in August (Fig. 9). Much larger imbalances may occur when examining smaller regions and non-climatological data. Such non-steady-state behaviour emerges

as an inherent feature of model-simulated POC budgets (Oliver et al., 2025), and explains difficulties in interpreting short-term in situ measurements (Giering et al., 2017).

4.4. Study limitations and future research directions

4.4. The regional biases shown in Fig. 2 and Table S4 indicate pathways for model improvement. In the STNA, PISCES simulates only half of observed NPP and epipelagic sPOC stock, yet the bias of the upper mesopelagic sPOC stock is proportionally smaller. This suggests PISCES underestimates mesopelagic detritus removal, thus overestimating TE. In the Trans_Area, conversely, simulated NPP is realistic but the bias of the sPOC stock becomes more negative toward deeper waters. This may indicate an overestimation of detritus removal and an underestimation of TE. Only the SPNA shows similar biases of NPP and sPOC stocks in different layers. Thus, according to our diagnosis, improved model performance would narrow down the range of mesopelagic TE across regions.

Numerous processes are missing in the PISCES version used here: fluxes carried by zooplankton vertical migrations (Carr et al., 2008; Jónasdóttir et al., 2015; Gorgues et al., 2019); aggregate transformations by particle-associated copepods (Stemmann et al., 2004a and b; Kiorboe, 2011; Mayor et al., 2020); explicit representation of free living and particle-attached bacteria, chemotrophic C fixation by deep ocean prokaryotes, and bacterivory (Aristegui et al., 2009; Herndl et al., 2023). The inclusion of these processes might help close the gaps between the model and observations.

Our analysis purposely excluded some aspects of mesopelagic organic C cycling despite they are represented in PISCES. For example, we disregarded hypoxia enhanced detritus preservation (DeVries & Weber, 2017) because oxygen minimum zones are excluded from our domain (Fig. 2). Assessment of organic C budgets is incomplete if DOC cycling and transport are not considered (Jiao et al., 2010; Nowicki et al., 2022). In PISCES, terminal detritus remineralization proceeds through DOC, reflecting that, in nature, bacteria ultimately rely on osmotrophic substrate uptake. The inclusion of DOC in the budgets would enable comparison to respiration measurements (Giering et al., 2014; García Martín et al., 2021), fully assessing the fate of photosynthetic carbon.

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1280 It is also important to acknowledge that the spatial patterns in TE may be sensitive to the depth bounds of the vertical domains analyzed (Fig. 4) (Marsay et al., 2015). Finally, interannual variations in the functioning of the biological C pump were overlooked here and deserve careful exploration.

1285 In the previous sections, we have dissected the drivers of epipelagic export and mesopelagic POC budgets in PISCES. Here, we synthesise the resulting process-level understanding with the biases identified through model evaluation (Fig. 2–6) to provide a unified diagnosis of model performance across regions (Table 3) and outline pathways for model improvement.

1290 In the subpolar area, simulated primary production and sPOC show small-to-moderate negative biases, while a clear bias in POC export cannot be identified (compare Fig. 5 and 6). Total phytoplankton biomass is reasonably simulated, but substantial positive biases in diatoms and mesozooplankton likely lead to an overestimation of export mediated by large detritus (Wang and Fennel, 2022). Correcting NPP underestimation would tend to increase sPOC stocks and exports. In contrast, correcting diatom overestimation would favour smaller classes of phytoplankton and detritus, lowering export efficiency. Addressing these opposing biases would likely improve model realism. In the mesopelagic SPNA, simulated sPOC stocks and export fluxes remain broadly consistent with epipelagic inputs, and the limited available observations are reasonably reproduced (Lemaitre et al., 2018), although fragmentation may be underestimated (Briggs et al., 2020). Uncertainties in the model representation of fragmentation will be addressed through sensitivity analyses in forthcoming work (Orihuela-García et al., *in prep.*).

1300 In the midlatitude Trans Area, epipelagic and mesopelagic biases differ in nature. Although diatoms are overrepresented at the expense of miscellaneous phytoplankton, NPP is accurately simulated, and no evident biases emerge in epipelagic sPOC stock and export fluxes, suggesting bias compensation. However, sPOC underestimation increases between epipelagic and upper mesopelagic waters, indicating excessive detritus removal. This is consistent with the overestimation of microbial POC degradation inferred from the comparison with PAP (Table 4) and would contribute to an underestimation of TE. Such a bias is not readily apparent from export flux comparisons alone, highlighting the value of evaluating models against diverse flux and stock datasets.

1305 In the subtropical area, PISCES severely underestimates NPP, a bias that propagates to epipelagic sPOC stocks (Gali et al., 2022). Export production is instead overestimated, suggesting a strong positive bias in EE—at least according to BATS/OFP data at 150 m (Lomas et al., 2010). Below 500 m, POC fluxes are not overestimated, implying (i) an underestimation of mesopelagic TE, consistent with the increasing underestimation of sPOC with depth—also found in the Trans Area—, and (ii) offsetting biases in EE and TE. Increasing NPP would likely exacerbate the positive bias in shallow export. This bias would further propagate vertically if mesopelagic transfer were corrected upward. Thus, PISCES' representation of POC cycling in epi- and upper mesopelagic oligotrophic waters may require revision.

1310 Observed biases arise not only from model parameterisations but from missing biological functional groups and/or processes. Several mechanisms known to influence mesopelagic carbon cycling are not explicitly represented in the model used here, including: zooplankton vertical migrations (Carr et al., 2008; Jónasdóttir et al., 2015; Gorgues et al., 2019); the diversity of zooplankton feeding strategies (Stemmann et al., 2004b, 2004a; Kjørboe, 2011; Mayor et al., 2020; Lampitt et al., 2023; Laget

et al., 2024); and the distinct roles of free-living and particle-attached bacteria, carbon fixation by chemotrophic prokaryotes, and protist bacterivory (Aristegui et al., 2009; Herndl et al., 2023). For example, including zooplankton migration would be expected to enhance deep carbon export and likely mesopelagic sPOC stocks, while reducing NPP and epipelagic sPOC stocks (Aumont et al., 2018; Gorgues et al., 2019). These changes would entail region- and depth-dependent effects on model biases (Table 3). While incorporating missing processes might help bridge the gaps between the model and observations, it would increase model complexity and require extensive re-tuning to maintain consistency across coupled biogeochemical pathways.

5 Conclusions

In this study, we evaluated the representation of POC dynamics in the upper 1000 m of the North Atlantic in the NEMO4-PISCESv2_RC coupled model we obtained mechanistically using diverse observational datasets. Combined with a detailed examination of detrital POC budgets extracted from the model, this approach provided insights into the processes regulating POC distribution, vertical export patterns, and biological carbon pump efficiency across three North Atlantic transformations in biogeochemically-contrasting regions. Below we summarise our main conclusions:

- Gravitational PISCES-simulated gravitational fluxes, and the proportion channeled by large detritus (*ldetoe*) increase with latitude (annual flux from -1.3 to $4.3 \text{ mmol C m}^{-2} \text{ d}^{-1}$) annually, whereas maximal primary production occurs in midlatitudes, in reasonable agreement with observations. Consequently, epipelagic export efficiency (EE) increases with latitude, mirroring the diatom fraction and the contribution of large, fast-sinking detrital aggregates to gravitational export. However, the model overestimates diatom biomass at mid and high latitudes, likely implying excessively large detritus export flux and removal pathways.
- In areas experiencing deep winter mixing, diffusive POC export fluxes of particles (mostly dominated by plankton biomass) peak in early spring, before preceding the season of intense summertime peak in gravitational export, supplementing gravitational fluxes by up to 37% in the SPNA annually. Thus, Model-derived diffusive fluxes must be considered in C-pump assessments are consistent with independent observational estimates, and supply $\sim 1.6 \text{ mmol C m}^{-2} \text{ d}^{-1}$ to the mesopelagic subpolar Atlantic annually. Neglecting non-gravitational fluxes substantially underestimates EE in this region (21% vs. 29%) and obscures the coupling between primary production and mesopelagic metabolism.
- Annual mesopelagic budgets in PISCES reveal distinct latitudinal regimes. Gravitational sinking is a major source in detrital budgets, but its contribution decreases northward as other sources, such as mortalities, sloppy feeding, large detritus fragmentation, and DOC aggregation, become more important. This shift is particularly pronounced in the small detritus (*sdetoe*) budget. Although bacterial degradation remains the primary removal mechanism for *sdetoe* (70–87%), its dominance decreases with latitude while zooplankton ingestion slightly increases. This pattern is most evident in the large detritus (*ldetoe*) budget, where removal by zooplankton accounts for up to 47% of *ldetoe* flux attenuation in the SPNA. These findings highlight the spatial heterogeneity of biogeochemical processes affecting particle dynamics.
- Small detritus dominate particle degradation in all regions and drive between a third (Trans Area) and half (STNA) of the gravitational fluxes at 1000 m. The variable reactivity scheme (Aumont et al., 2017) is the unique feature

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enabling PISCES to capture the dynamics and stocks of small detritus, *de facto* accounting for both suspended and slow-sinking fractions. Moreover, PISCES is the only CMIP-class model featuring zooplankton fragmentation (Henson et al. 2022), which critically influences POC budgets by attenuating fast-sinking fluxes and boosting *sediment* turnover. Given the reasonable match with available observations (e.g., Giering et al., 2014), we prompt inclusion of these processes in other models, while refining their parameterization.

- Mesopelagic trophic feedbacks triggered by seasonal gravitational supply drive the increased attenuation of POC fluxes in productive conditions. In PISCES, contrasting with previous studies, annual TE is minimal in the midlatitudes, the region with highest annual NPP, reflecting synergistic effects of temperature, detritus reactivity, and zooplankton attenuation.
- In the subtropical area, bias compensation between underestimated primary production and overestimated POC export leads to overestimation of modelled EEE (8%). In the lower mesopelagic, however, the model reproduces observed gravitational fluxes, suggesting that model-diagnosed transfer efficiency (23%) may be underestimated. Negative biases in mesopelagic small POC further indicate an increasing imbalance in modelled detritus supply and removal toward low latitudes. These biases warrant further examination, given the large contribution of oligotrophic regions to global POC export.
- Mesopelagic POC budgets are jointly regulated by zooplankton transformations and microbial degradation. A large fraction of the gravitational POC supply —up to 60% in the subpolar region— transits through zooplankton. Much of this material is recycled via fragmentation, faecal pellet production, and mortality, rather than being immediately attenuated. This mesopelagic detrital loop modulates particle size, sinking speed, and residence time, thereby shaping microbial remineralisation pathways and rates that ultimately drive POC decay. Modelled mesopelagic decay rates agree within $\pm 15\%$ with scarce observations at mid-to-high latitudes.
- In PISCES, mesopelagic transfer efficiency is lowest in midlatitudes and coincides with maximal productivity, consistent with some observational assessments. This pattern arises from interacting mechanisms: (i) increasing lability of exported POC toward higher latitudes; (ii) increasing temperature-driven mesopelagic decay rates toward low latitudes; (iii) seasonal trophic feedback between aggregate export and zooplankton, by which enhanced export of large aggregates triggers zooplankton detritivory and fragmentation, limiting transfer efficiency in productive regions. These modelled mechanisms reconcile apparently contradictory hypotheses and highlight the essential role of zooplankton in regulating mesopelagic POC transfer.
- Small slow-sinking detritus supports 50–61% of mesopelagic POC decay across regions and drives 33–50% of the export flux at 1000 m. Key modelled responses enabling these contributions are (i) diverse sources for small detritus —such as zooplankton fragmentation and bacterial disaggregation of large aggregates, plankton mortality, and sloppy feeding— and (ii) the refractory nature of small particles reaching the lower mesopelagic in PISCES. Further research is needed to clarify functional links between small and large POC fractions and their model representation.

- Overall, this study demonstrates the value of a mechanistic, budget-based approach to evaluating models of the biological carbon pump. Detailed POC budget analysis reveals model-specific drivers of export and transfer efficiency and provides a reproducible method to diagnose inter-model biases. This approach can guide model tuning and the development of parameterisations for missing processes. Ultimately, biases in modelled POC budgets can inform assessments of biogenic DIC sequestration fluxes.

Appendices

Supplementary information with supplementary text, tables and figures is included in a pdf document. In addition, there are two files (S1 and S2) with the post-processed model output data in the supplementary information section.

Code, data, or code and data availability

Post-processed data are available as annexes in the supplementary information section and additional detailed information on the raw outputs will be provided upon request. The open-source Autosubmit workflow manager (<https://autosubmit.readthedocs.io/en/master/>) was used to ensure simulation reproducibility. All analyses and plots were developed through open-source code: Python3 (<https://python.org/>, last access: 12 February 2026), ESMValCore (<https://doi.org/10.5281/zenodo.3387139>, last access: 26 March 2025), and R version 4.3.3 (<https://cran.r-project.org/bin/>, April 2024). The codes used for the analysis and plots, including Jupyter notebooks, will be made available upon request to the MAOG. All observational data used for model evaluation are publicly available.

Author contributions

Conceptualisation: MAOG, MG, YRR, RB

Methodology: MAOG, MG, YRR, VL, MC, SL, MSC, PAB

Investigation: MAOG, MG, YRR

Visualisation: MAOG, MG

Funding acquisition: MG, YRR

Project administration: MG, YRR

Supervision: MG, YRR

Writing – original draft: MAOG

Writing – review & editing: MAOG, MG, YRR, RB.

Competing interests.

Authors declare that they have no competing interests

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and plotting results, and Olivier Aumont for useful discussions. The Spanish Sciences and Universities Ministry funded this work through a personal FPI grant (PRE2020-093628, to M.A.O-G.) and the OPERA project (PID2019-107952GA-I00, to M.G. and Y.R-R.). ~~M.G. acknowledges financial support through a Junior Leader Fellowship from “La Caixa” Banking Foundation (ORCAS project: LCF/BQ/PI18/11630009).~~ The ICM-CSIC is supported by a “Severo Ochoa” Centre of Excellence grant (CEX2019-000928-S). We thank ~~the two~~ anonymous reviewers for their comments, which helped improve the manuscript.

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~~Post processed data are available as annexes in the supplementary materials section and additional detailed information on the raw outputs will be provided upon request. The simulations in this study were performed in MareNostrum4 using the Autosubmit workflow manager (<https://autosubmit.readthedocs.io/en/master/>). All analyses and plots were developed through open source code: Python3 (<https://python.org/>, last access: 26 March 2025) and ESMValCore, a community tool for pre processing data from Earth system models and running analysis script (<https://doi.org/10.5281/zenodo.3387139>, last access: 26 March 2025). The codes used for the analysis and plots, including Jupyter notebooks, will be available upon request to the corresponding author. All observational data used in model evaluation are publicly available on their websites.~~

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