Dear Reviewers and Editor,

We sincerely thank you for your thoughtful and constructive comments, which have greatly helped improve the quality of our paper.

In this document, we provide detailed responses to each of the comments, along with a version of the manuscript with track changes for your review.

Response to Reviewer #1

Dear Anonymous Referee #1,

Thank you for taking the time to review our manuscript and provide feedback. We respectfully address your comments as follows:

- 1. "[The paper] does not present a systematic methodology to address the research question and relies solely on basic statistical analysis based on the collected data." We respectfully disagree with this assessment. Our study presents a clear and systematic methodological strategy to explore the relationship between health outcomes and key explanatory variables – namely, community resilience indicators and Disaster Risk Management (DRM) cycle stages – while controlling for potential confounders. This approach is consistent with established empirical practices aimed at reducing omitted variable bias in observational studies. Moreover, we contest the characterization of our statistical analysis as "basic." While our primary estimation strategy is based on Ordinary Least Squares (OLS), this choice was made deliberately, as it is well-suited to the data structure and research question. Also, our OLS approach is comprehensive in a targeted manner given the research question. Our methodology includes construct validation, descriptive analysis, and multivariate regression modeling. We also explored more advanced estimators; however, due to sample size constraints, those models yielded unstable results, which we clearly acknowledge in the manuscript. We maintain that the strategy adopted is both statistically sound and appropriate for the empirical setting.
- 2. "Given the substantial differences among the seven countries—across social, economic, and infrastructural dimensions—the use of such simplified statistical methods lacks the robustness required to account for these complex factors."

 We acknowledge that cross-country heterogeneity poses an important analytical challenge. To mitigate this, we adopted several strategies. In addition to including controls for demographic and hazard/exposure-related factors, we adjusted standard errors using the classification developed by Chapagain et al. (2024), which captures patterns in resilience across different community profiles. While it is not possible to completely eliminate unobserved heterogeneity, these steps represent a careful and methodologically sound effort to account for underlying structural differences. Our

study also relies on the Flood Resilience Measurement for Communities (FRMC), a well-established framework designed to generate empirical insights into resilience in diverse settings (Keating et al. 2017; Hochrainer-Stigler et al. 2020; Laurien et al. 2020; Keating et al. 2025). The FRMC uses a consistent set of indicators across all study sites, ensuring comparability, but allows flexibility in how data are gathered to reflect local realities. Data collection is carried out in partnership with local stakeholders, ensuring that the perspectives and experiences of communities are embedded in both the process and outcomes (Hochrainer-Stigler et al. 2021). This combination of standardization and adaptability supports meaningful cross-site comparisons. Chapagain et al. further demonstrated that the FRMC successfully identifies distinct community types through statistical clustering, confirming its ability to capture variations in flood resilience across different contexts.

In light of these considerations, we kindly request that the editor take this clarification into account when assessing the manuscript for further consideration.

References

Chapagain, D., S. Hochrainer-Stigler, S. Velev, A. Keating, J.H. Hyun, N. Rubenstein, and R. Mechler. 2024. A taxonomy-based understanding of community flood resilience. *Ecology and Society* 29(4). https://doi.org/10.5751/ES-15654-290436

Keating, A., K. Campbell, M. Szoenyi, C. Mcquistan, D. Nash, and M. Burer. 2017. Development and testing of a community flood resilience measurement tool. *Natural Hazards and Earth System Sciences* 17(1): 77–101.

Keating, A., S. Hochrainer-Stiger, R. Mechler, F. Laurien, N. Rubenstein, T. Deubelli, S. Velev, M. Szoenyi, and D. Nash. 2025. Reflections on the large-scale application of a community resilience measurement framework across the globe. *Climate Services* 38. https://doi.org/10.1016/j.cliser.2025.100562.

Hochrainer-Stigler, Stefan, Finn Laurien, Stefan Velev, Adriana Keating, and Reinhard Mechler. 2020. "Standardized Disaster and Climate Resilience Grading: A Global Scale Empirical Analysis of Community Flood Resilience." *Journal of Environmental Management* 276 (December):111332. https://doi.org/10.1016/j.jenvman.2020.111332.

Hochrainer-Stigler, S., S. Velev, F. Laurien, K. Campbell, J. Czajkowski, A. Keating, and R. Mechler. 2021. Differences in the dynamics of community disaster resilience across the globe. *Scientific Reports* 11(1): Article 17625.

Laurien, Finn, Stefan Hochrainer-Stigler, Adriana Keating, Karen Campbell, Reinhard Mechler, and Jeffrey Czajkowski. 2020. "A Typology of Community Flood Resilience." *Regional Environmental Change* 20 (1): 24. https://doi.org/10.1007/s10113-020-01593-x.

Response to Reviewer #2

Thank you for an interesting read.

We thank the referee for carefully reading our paper and for the thoughtful comments and suggestions. Below, we respond to each point individually.

1. Abstract: Please add Data collection and analysis. Main findings and contribution.

We added the following sentences to the abstract:

"Data was collected using household surveys, community focus groups, key informant interviews, and secondary sources. We applied a quasi-experimental regression design, controlling for demographic and hazard exposure variables, to estimate the effect of 5Cs and DRM stages on health outcomes.

 $[\ldots]$

This study finds that preparedness is the most consistent predictor of positive health outcomes, while forms of 5Cs may not translate into reduced mortality. By combining 5Cs, DRM stages and health indicators, this paper contributes to bridge a gap in the literature and offers policy-relevant insights for improving community-level disaster response."

2. The DRM cycle has some limitations and shortcomings as well. Please mention those as well. See https://doi.org/10.1016/j.uclim.2021.100893. See section 2.2 on the paper.

We have introduced a new section (Section 2.2) focusing on the stages of the Disaster Risk Management (DRM) cycle and incorporated the study by Rana et al. (2021), which critically examines its limitations:

"The DRM cycle has well-documented limitations. Scholars have criticized its continuous cyclic nature and broad phase definitions, which can hinder application across diverse urban settings and complicate its integration into climate change and resilience discourse (Rana et al., 2021). However, while acknowledging its imperfections, the DRM cycle continues to be used due to its convenience and robustness (Alexander, 2018). While debates continue on how to adapt it for more effective management – taking into account time, resources, preferences, capacities, needs, and institutional changes – its practical benefits continue to support its broad use. (Baas et al., 2008). We found no study linking DRM cycle stages with mortality/morbidity outcomes."

3. Please add operational definitions of terms used.

Thank you for this helpful suggestion. Although the reviewer did not specify which terms required operational definitions, we selected one that we believe lacked clarity in this regard: the DRM Cycle Stages. We have now included a concise operational definition for the DRM cycle variables in the revised manuscript. Additionally, operational definitions for

all variables are now included in Tables 3, 4, and 5. These tables were originally in the appendix but have been moved to the main text for clarity.

4. Can be deleted "The paper is structured as follows: Section 2 outlines the conceptual frameworks, focusing on the FRMC five-capitals model and the DRM cycle stages. Section 3 reviews literature on factors influencing flood-related mortality and morbidity, including demographic characteristics and flood exposure/hazard. Section 4 describes the FRMC data used for analysis. Section 5 details the methodology applied. Section 6 presents the study results, while Section 7 discusses the key findings and limitations of the study."

We have incorporated this change in the revised version.

5. The FRMC section is too long. Can be shortened. Add DRM Cycle para here as well.

We have significantly shortened the data section, streamlined the description of the FRMC, and incorporated a paragraph on the DRM cycle as suggested.

6. Please add how factors (modifiers) can influence/contribute to flood morbidity. DOI: 10.7189/jogh.12.11007

We added an explanation of how climate-related effect modifiers contribute to flood mortality, drawing on Lan et al. (2022), in Section 2.2.3 (revised manuscript)

"In addition to flood intensity and return period, climatic variables may also act as effect modifiers that shape health outcomes following flood events. Certain environmental factors can significantly influence the relationship between floods and diarrheal morbidity. In an empirical study conducted in Sichuan Province, China, three effect modifiers were identified that amplify the impact of flooding on diarrheal outcomes: elevated air pressure, reduced diurnal temperature range, and higher ambient temperatures (Lan et al., 2022). Unfortunately, those variables are not available in our dataset."

7. Some paragraphs are too small. Either elaborate, merge or delete. For example, "Research suggests that the relationship between flood-related morbidity and mortality and age, and gender is complex as exposure and vulnerability factors often interact, with their impact on health and mortality frequently depending on the context." See others as well.

We have substantially revised several short paragraphs, either merging or expanding their content.

8. Urban-rural linkages are very important and often overlooked. It can be further polished by the works of Jamshed and Birkmann, who linked urban-rural linkages with floods. Their work is seminal in this context.

We thank the reviewer for the suggestions and have incorporated the following references in section 2.2.2:

Jamshed, A., Rana, I. A., Mirza, U. M., and Birkmann, J.: Assessing relationship between vulnerability and capacity: An empirical study on rural flooding in Pakistan, Int. J. Disaster Risk Reduct., 36, 101109, https://doi.org/10.1016/j.ijdrr.2019.101109, 2019.

Jamshed, A., Birkmann, J., Feldmeyer, D., and Rana, I. A.: A Conceptual Framework to Understand the Dynamics of Rural–Urban Linkages for Rural Flood Vulnerability, Sustainability, 12, 2894, https://doi.org/10.3390/su12072894, 2020a.

Jamshed, A., Birkmann, J., McMillan, J. M., Rana, I. A., and Lauer, H.: The Impact of Extreme Floods on Rural Communities: Evidence from Pakistan, in: Climate Change, Hazards and Adaptation Options: Handling the Impacts of a Changing Climate, edited by: Leal Filho, W., Nagy, G. J., Borga, M., Chávez Muñoz, P. D., and Magnuszewski, A., Springer International Publishing, Cham, 585–613, https://doi.org/10.1007/978-3-030-37425-9_30, 2020b.

Jamshed, A., Birkmann, J., McMillan, J. M., Rana, I. A., Feldmeyer, D., and Sauter, H.: How do rural-urban linkages change after an extreme flood event? Empirical evidence from rural communities in Pakistan, Sci. Total Environ., 750, 141462, https://doi.org/10.1016/j.scitotenv.2020.141462, 2021.

These revisions have been incorporated into Section 2.2.2 accordingly:

- The interdependencies between rural and urban areas are rarely considered in disaster risk frameworks. Rural areas, particularly in developing countries, depend heavily on cities for jobs, services, and information, while cities rely on rural areas for labor, food, and ecosystem services. Floods alter the flows of people, goods, finances, and information between rural and urban areas (Jamshed et al., 2019, 2020a, b, 2021).
- In some cases, floods increase rural dependence on cities for example, through heightened migration, financial support from urban relatives, or greater reliance on urban markets and information. In other cases, dependence may shift toward nearby rural areas when access to cities is constrained due to damaged roads or inflated prices (Jamshed et al., 2019, 2020a, b, 2021).
- 9. Again, short paragraphs in section 7.

We appreciate the careful reading of this section and have substantially revised it, merging several shorter paragraphs where appropriate.

10. Comparison with similar studies is missing. Please compare the results for or against arguments. Add references in the discussion section.

We appreciate this important suggestion. Whenever possible, we have connected our results to existing literature. However, given the novelty of our empirical strategy and dataset, it was not always possible to provide direct comparisons for all findings, particularly regarding the effects of the 5Cs and the DRM cycle stages.

11. Some references have missing information. Please recheck all references.

Thank you. We had extensively revised the reference list for missing information.

Response to Editor

Dear Editor,

We thank you for considering our article for publication and for the comprehensive comments, which are addressed below.

Dear Authors,

I have careful read your article as well as the reviews kindly provided by the two Reviewers.

Regarding the comment made by Reviewer 1, stating that "However, it does not present a systematic methodology to address the research question and relies solely on basic statistical analysis based on the collected data," I must say I agree.

I believe the structure of the paper makes it difficult to clearly identify the methodological steps, as they are scattered across various paragraphs and interspersed with numerous bibliographic references.

I suggest revising the overall structure to more clearly distinguish between the literature review, the methodology, and the results.

We appreciate the editor's suggestions, which have significantly improved the overall flow of the paper. We have thoroughly revised the manuscript to improve its structure, consolidating the literature review and methodological steps, which were previously dispersed across the Methods and Results sections.

For example, you might start by listing the key factors identified in the literature (preferably as bullet points), followed by a clear, reference-free description of the methodology employed in your study.

We have substantially restructured and streamlined the literature review to improve the flow, using bullet points where appropriate (i.e., when listing multiple elements). In addition, references previously included in the methodology section have been removed.

Moreover, a flowchart illustrating the methodology would make it easier to follow the various steps and would certainly do justice to such an extensive and valuable piece of work.

Thank you for the suggestion. We have now included a flowchart illustrating the three main methodological steps of the study.

I would also encourage the authors not to relegate all the material needed to understand the methodology to the appendix. At least the initial tables—those that explain the study places parameters used—should be included in the main text.

This suggestion was well received and made good sense. Although the number of tables in the main text has increased considerably, their inclusion now provides a clearer and more logical structure for the reader to follow.

Ideally, they should be careful reformatted for clarity and conciseness, maybe put in landscape format, avoiding redundancies (for instance, the phrase "in the community" appears several times unnecessarily). Similarly, I suggest revising the diagrams, as it is not always clear what the axes represent.

As landscape-format tables are not permitted by the journal's style guidelines, we have adjusted all tables accordingly. Additionally, we revised the text to eliminate redundancies and ensured that all diagrams include properly labeled axes.

In the discussion/conclusions as well, I would encourage the authors to make an effort to better finalize and synthesize the text—possibly by adding a diagram or figure that offers a clear, overarching interpretation of the work.

We agree with the editor's suggestion and have included a table summarizing the results. The table highlights statistically significant effects. We also extensively revised the text in the section.

As it stands, much of the effort seems to be relegated to the appendix, without sufficient attention given to facilitating its understanding and practical use.

We believe that now the appendix reflects only the supplementary materials for those interested in supporting information.

As minor comments,

• I suggest that the authors define each acronym only upon its first appearance in the text, as the current version includes repeated definitions, which may interrupt the flow of reading.

We appreciate this suggestion. All acronyms are now defined only once upon first mention and consistently used throughout the text thereafter.

• In Section 2.1, the five capitals should be presented as bullet points for clarity, and the remainder of the paragraph should be streamlined and better structured, as it is currently somewhat confusing.

Thank you for the suggestions. The five capitals and the DRM cycle stages are now presented as bullet points to improve clarity and readability.

• In Section 3.2, I recommend adding a brief explanation of the concept of flood return period, as not all readers may be familiar with this technical term.

We added the following definition "The flood return period refers to the time (in years) that elapsed between two events that equal or exceed a particular magnitude (Paul and Mahmood, 2016)."

I would like to invite you to submit a revised version of your manuscript according to my suggestions and the suggestions of both referees.

Would you please also provide an 'author's reply' to the reviewers (feel free to use the same words that you used in what you have already uploaded). Please, also include a track changes document between the old manuscript and the new one (you can include this as part of your 'author's reply').

We have provided the requested document as part of this submission.

I look forward to seeing the next version of your manuscript which I will not send out for further review, but rather, will make the decision myself, assuming no major items come up in the revised manuscript for which I need outside reviewers to aid me in my decision.

Best regards

The Effect of Community Resilience and Disaster Risk Management Cycle Stages on Morbi-Mortality Following Floods: An Empirical Assessment

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United Nations University Institute for Environment and Human Security (UNU-EHS), Bonn, 53113, Germany.

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Abstract. Practice and policy have emphasised the need for building resilience to climate-related events in a further warming world. Scholarship has studied resilience largely in terms of process, latent capacity informing vulnerability, or outcome of risk management interventions, with little work integrating these perspectives. Implementation science work by the Climate Resilience Alliance has developed the Flood Resilience Measurement for Communities (FRMC) process and tool to measure resilience as outcome (post-flood mortality and morbidity reduction) and as capacity (pre- and post-intervention levels). This article builds on FRMC analytics to investigate the effect of resilience capacity, represented by five eapitals (5Cs), and five stages of the Disaster Risk Management (DRM) Cycle (DRM), on injury and mortality outcomes across 66 flood-affected communities in seven Global South countries. Data was collected using household surveys, community focus groups, key informant interviews, and secondary sources. We applied a quasi-experimental regression design, controlling for demographic and flood hazard/exposure variables, to estimate the effect of 5Cs and DRM stages on health outcomes. Using a quasi experimental design with regression adjustment, we analyse the relationship between resilience levels, DRM stages, and health outcomes. Results show that social and human capital help reduce injuries after floods, and preparedness lowers both deaths and injuries. Some results were unexpected, such as the positive association between natural capital and delayed deaths, where limited gains in natural capital may not yield meaningful protection in communities with degraded ecosystems. This study finds that preparedness is the most consistent predictor of positive health outcomes, while forms of 5Cs may not translate into reduced mortality. By combining 5Cs, DRM stages and health indicators, this paper contributes to bridge a gap in the literature and offers policy-relevant insights for improving community-level disaster response.

1 Introduction

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Floods are the most frequent disaster triggered by environmental extremes and account for the highest disaster-related death rate (Yari et al., 2020). Also, floods cause severe health impacts worldwide, particularly affecting lower-income, densely populated regions (Escobar Carías et al., 2022; Lynch et al., 2025). Research highlights that mortality and morbidity during and after floods are shaped by a variety of individual and community risk factors, including hazard event type, intensity and duration (Birkmann et al., 2022) and factors associated with exposure and vulnerability including age (Petrucci, 2022; Yang et al., 2023), gender (Jerin et al., 2024; Mucherera and Mavhura, 2020), urban-rural location (Petrucci, 2022), and various other drivers, such as access

to finance post disaster, hazard awareness, quality of early warning and disaster response—all of which significantly determine risk and actual impacts of affected populations in disaster events as well as inform interventions to build resilience (Chapagain et al., 2025).

Although the impact of demographic factors – such as age, gender, and rural or urban residence – on floodrelated mortality and morbidity is well-documented, the role of community level resilience5Cs and stages of
DRM cycle, when accounting for demographic factors and flood exposure/hazard, is less clear. One study has
explored the role of five capitals (social, human, financial, physical, natural) as drivers of vulnerability on total
injuries and fatalities, controlling for flood exposure, but with no control for demographics (Chapagain et al.,
2025). Another study examined the challenges faced at various stages of the disaster risk managementDRM
cycle in the context of rural flooding in Pakistan. Pakistan. Employing a qualitative approach with focus groups
and key informant interviews in the Khyber Pakhtunkhwa province, the study identified challenges in risk
reduction, preparedness, rescue and relief, and rehabilitation and recovery phases (Shah et al., 2023).

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Understanding resilience has proceeded. Drawing on Alexander (2013), resilience has evolved from an outcome-oriented concept – "bouncing back" after disturbance – to one that also includes latent features such as inherent capacity and adaptive potential. Initially defined by its etymology and early scientific use in mechanics (resisting and absorbing force), resilience concepts have been advanced to reflect deeper systemic traits in ecology (absorbing shocks while maintaining function), psychology (individual adaptation to adversity), and the social sciences (community robustness and flexibility for transformation). In disaster risk reduction (and climate adaptation) research and implementation, dimensions have seen attention and resilience has been analyzed as observable outcomes after events and latent qualities before events – like adaptability, resistance, and transformative capacity – that enable systems to withstand and evolve through disruption (Alexander, 2013). Yet, there has been limited work combining outcomes and capacity. Little work has integrated outcome and capacity, however.

Furthermore, understanding resilience and DRM stages effects and their interactions with demographic profiles and exposure are essential for developing effective policy interventions. Available evidence suggests that investing in building community resilience to floods reduces the negative impacts of these events on human health and well-being along a DRM cycle aims to avoid, lessen, or transfer the adverse effects of floods, contributing to better flood outcomes by guiding integrated and proactive management strategies (Hochrainer-Stigler et al., 2020, 2021; Keating et al., 2017a; Laurien et al., 2020).

This article uses the Flood Resilience Measurement for Communities (FRMC) tool to examine the role of capacities in reducing fatalities (immediate and delayed) and injury outcomes for 66 flood-affected communities across seven countries. Recent global analysis of the FRMC's large-scale application across nearly 400 communities further validates its use, highlighting consistent patterns in how different resilience dimensions relate to recovery outcomes (Keating et al., 2025).

The analysis controls for demographic factors and flood exposure/hazard. Communities are grouped into four resilience clusters and two DRM cycle groups to reflect the tendency of similar capital levels and DRM coping capacities (Hochrainer-Stigler et al., 2021; Keating et al., 2025). A quasi-experimental research design with regression adjustment is applied to evaluate the distinct influence of resilience and DRM cycle stages on morbidity and mortality outcomes after controlling for confounders.

Our findings emphasize the critical role of resilience and Disaster Risk Management (DRM) cycle stages in shaping health and mortality outcomes after a flood event. Social and Natural capital were assessed to be effective in reducing injuries. DRM models demonstrated stronger predictive power, with Preparedness significantly decreasing both fatalities and injuries. Meanwhile, Corrective Risk Reduction lowered injury rates. Nevertheless, we found some unexpected results. For instance, the positive association between natural capital and delayed mortality may reflect the vulnerability of communities with degraded ecosystems, where limited improvements fail to yield meaningful health benefits. Similarly, unexpected patterns in the DRM stages, such as higher mortality associated with corrective Corrective risk Risk reduction Reduction, may be explained by lagged effects or measurement timing relative to implementation efforts.

The paper is structured as follows: Section 2 outlines the conceptual frameworks, focusing on the FRMC five-capitals model and the DRM cycle stages. Section 3 reviews literature on factors influencing flood related mortality and morbidity, including demographic characteristics and flood exposure/hazard. Section 4 describes the FRMC data used for analysis. Section 5 details the methodology applied. Section 6 presents the study results, while Section 7 discusses the key findings and limitations of the study.

2 Conceptual Frameworks Conceptual Foundations and Prior Research on the Independent Variables

This section presents the independent variables, This section outlines the conceptual frameworks used to analyse the impact variables, emphasizing their theoretical components and relevant literature. The sections are organized around the key explanatory variables (five capitals – 5Cs – and the DRM cycle stages) and the control variables (demographics and hazard/exposure to floods). We hypothesize that these variables can play a crucial role in influencing mortality and morbidity outcomes after a flood event.

2.1 The FRMC capitals framework (5Cs)

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The Flood Resilience Measurement for Communities (FRMC) framework is a tool designed to measure and analyse a community's resilience to flooding. The FRMC has been developed by the Flood Resilience Alliance (now Climate Resilience Alliance), in partnership of NGOs, humanitarian organizations, risk engineers, and researchers. It is the world's most widely used and validated community level disaster and climate resilience measurement approach and has been applied in over 400 communities across more than 40 countries across the globe. The FRMC builds on a decade of evidence and real world impact generated through a community led approach for practically and holistically measuring resilience to multiple hazards (Campbell et al., 2019; Keating et al., 2017a, 2025). The FRMC is built upon a rich dataset compiling information from households, key informants, focus groups and secondary sources.

A central component of the framework is the <u>five capitals (5Cs), 5Cs</u> which are broadly derived from the Sustainable Livelihoods Framework (Keating et al., 2014). <u>The 5CsThey</u> represent different types of assets and resources that contribute to a community's overall well-being and its capacity to cope with and recover from shocks, including floods. A summary of each capital is provided next (Campbell et al., 2019; Keating et al., 2017a):-

- ____Human Capital refers to the education, skills, health, and well-being of household members in a community that enhance their ability to prepare for and recover from a flood. Examples include flood preparedness knowledge, personal safety skills, and education levels.
- Social Capital encompasses the social relationships, networks, and shared norms that enable communities to support each other, such as formal community emergency services and community-led flood management efforts.
- Financial Capital includes the financial resources available to households and communities, such as savings, income, access to credit, and government funding for infrastructure.
- Physical Capital consists of the built infrastructure essential for both daily life and disaster response, including roads, communication systems, and flood defences.
- Finally, *Natural Capital* embodies encompasses the natural resources and ecosystems that provide flood protection and sustain livelihoods, such as wetlands, forests, and managed biodiversity.

The 5Cs can play a crucial role in influencing mortality and morbidity outcomes after a flood event. For example, it is expected that communities with strong physical infrastructure, such as well maintained drainage systems and flood resistant housing, five capitals will tend to experience fewer injuries and fatalities. Similarly, robust social capital can support community based early warning systems, aid vulnerable individuals, and ensure access to essential resources, potentially reducing health impacts. A previous study using FRMC data examined these effects; however, the analysis did not control for the demographic profile of the community (Chapagain et al., 2025). (Chapagain et al., 2025)Physical capital was linked to fewer fatalities at the 5% confidence level, Social capital was associated with lower fatalities and injuries, with statistical significance at the 6% level, Natural capital showed a significant negative relationship with injuries. In contrast, financial and human capital did not demonstrate statistically significant associations with flood-related fatalities or injuries in the models.

FRMC analysis can zoom into key phases of the DRM cycle, which is broken down into 5 stages (Keating et al., 2017a, b). Prospective Risk Reduction involves taking proactive steps to prevent new risks from arising. Corrective Risk Reduction focuses on lowering risks for people and assets already at risk. Preparedness is about getting people and resources ready for possible events. Response encompasses the immediate measures implemented during and right after a disaster to reduce its effects. Recovery, on the other hand, includes both short and long term efforts aimed at supporting individuals and communities in managing the aftermath

140 This paper contributes to the existing literature by analysing the effects on mortality and morbidity outcomes along resilience capitals and DRM cycle stage.

2.2 The DRM cycle stages

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This paper contributes to the existing literature by analysing the effects on mortality and morbidity outcomes along resilience capitals and DRM cycle stage.FRMC analysis can zoom into key phases of the DRM cycle, which is broken down into five stages (Keating et al., 2017a, b):

- Prospective Risk Reduction involves taking proactive steps to prevent new risks from arising.
- Corrective Risk Reduction focuses on lowering risks for people and assets already at risk. Preparedness is about getting people and resources ready for possible events.

- Response encompasses the immediate measures implemented during and right after a disaster to reduce its effects.
- Recovery, on the other hand, includes both short- and long-term efforts aimed at supporting individuals and communities in managing the aftermath.

The DRM cycle has well-documented limitations. Scholars have criticized its continuous cyclic nature and broad phase definitions, which can hinder application across diverse urban settings and complicate its integration into climate change and resilience discourse (Rana et al., 2021). However, while acknowledging its imperfections, the DRM cycle continues to be used due to its convenience and robustness (Alexander, 2018). While debates continue on how to adapt it for more effective management – taking into account time, resources, preferences, capacities, needs, and institutional changes – its practical benefits continue to support its broad use. (Baas et al., 2008).

We found no study linking DRM cycle stages with mortality/morbidity outcomes.

3 Review: measurement and indicators

2.23.1 Demographics and Morbi-mortality due to floodsControl variables

The following section examines the control variables used in the analysis. Prior literature identifies these factors as important in explaining variations in flood-related mortality and morbidity.

165 <u>32.12.1</u> Gender and age <u>composition</u>

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Research suggests that the relationship between flood-related morbidity and mortality and age, and gender is complex as exposure and vulnerability factors often interact, with their impact on health and mortality frequently depending on the contextrelevant. For example,

Eevidence on the gender-specific effects of floods on mortality is well-documented:

- Globally, men generally experience higher mortality rates during flood events (Jerin et al., 2024; Petrucci, 2022). An analysis of research conducted in Europe, the United States, and Australia found that 65% of the studies reported consistently higher fatality rates among men. The study highlights that in the United States (1996–2014), male flood fatalities consistently outnumbered female ones across all scenarios. A similar pattern was observed in parts of Europe (1980–2018), where male fatalities were generally higher, except among the elderly. The review attributes this increased male vulnerability to greater exposure to flood hazards and the higher proportion of men who operate vehicles during such events (Petrucci, 2022).
- Morbidity effects, on the other hand, tend to stress the vulnerability of women and of specific population age-groups. For instance, a study emphasizes the heightened health vulnerabilities of women during floods due to factors like polluted water and challenges in menstrual management (Jerin et al., 2024).
 - . Globally, men generally experience higher mortality rates during flood events (Jerin et al., 2024; Petrucci, 2022). An analysis of research conducted in Europe, the United States, and Australia found that 65% of the studies reported consistently higher fatality rates among men. The study highlights that in the United States (1996–2014), male flood fatalities consistently

outnumbered female ones across all scenarios. A similar pattern was observed in parts of Europe (1980–2018), where male fatalities were generally higher, except among the elderly. The review attributes this increased male vulnerability to greater exposure to flood hazards and the higher proportion of men who operate vehicles during such events (Petrucci, 2022).

Morbidity effects, on the other hand, tend to stress the vulnerability of women and of specific population age groups. For instance, a study emphasizes the heightened health vulnerabilities of women during floods due to factors like polluted water and challenges in menstrual management (Jerin et al., 2024).

In contrast to gender influences, the effects of age on flood fatalities and injuries vary significantly across studies. Some research, for instance, emphasizes that older individuals are particularly prone to fatalities during and in the aftermath of floods (Ban et al., 2023; Yang et al., 2023), while there is evidence indicating that younger individuals can face a higher risk of mortality, specifically non-accidental deaths, during flood events compared to older adults (Ban et al., 2023).

In sum, the literature indicates that the relationship between flood impacts and risk, age, and gender is multifaceted and requires further attention__also_as some studies have suggested that women's access to human, social, and financial resources can strengthen their ability to adapt to floods (Azad and Pritchard, 2023). This evidence is particularly relevant to our study, as we focus on the net effect of community resilience levels_5Cs and DRM cycle stages on flood-related mortality and morbidity.

32.12.2 Urban-Rural residence

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Urban-rural linkages Studies show that geographic factors play a critical role in shaping flood-related mortality.

- Research shows that rural areas face higher flood-related risks due to slower emergency response capabilities, lower population densities which limit immediate assistance from bystanders a lack of protective infrastructure such as elevated bridges, and their frequent location in headwater basins where floods develop rapidly, leaving little time for warning or evacuation. In contrast, urban areas tend to demonstrate greater resilience and a lower concentration of risk, largely due to the presence of more valuable assets, higher average incomes, and more robust housing structures. (Petrucci, 2022).
- The interdependencies between rural and urban areas are rarely considered in disaster risk frameworks.

 Rural areas, particularly in developing countries, depend heavily on cities for jobs, services, and information, while cities rely on rural areas for labor, food, and ecosystem services. Floods alter the flows of people, goods, finances, and information between rural and urban areas (Jamshed et al., 2019, 2020a, b, 2021).
- In some cases, floods increase rural dependence on cities for example, through heightened migration, financial support from urban relatives, or greater reliance on urban markets and information. In other cases, dependence may shift toward nearby rural areas when access to cities is constrained due to damaged roads or inflated prices (Jamshed et al., 2019, 2020a, b, 2021).

Rural areas face higher risks due to slower emergency response capabilities, lower population densities that limit immediate aid from bystanders, a lack of protective infrastructure such as raised bridges, and their frequent location in headwater basins where floods develop rapidly, allowing little time for warning or evacuation. In

contrast, the study finds that the presence of more valuable assets, higher average incomes, and housing structures can contribute to greater resilience and a reduced concentration of risk in urban areas (Petrucci, 2022). (Jamshed et al., 2019, 2020a, b, 2021)The intersection between demographic factors and urban/rural residence is also relevant. A study stresses that women in rural Bangladesh are more vulnerable to floods due to patriarchal norms that limit their access to resources and decision making (Azad and Pritchard, 2023).

In summary, research suggests that while both urban and rural areas face flood risks, specific setting factors may lead to significantly differential impacts on mortality and morbidity. Households and communities in rural areas often lack resources, infrastructure, and emergency response capabilities, making them more vulnerable to flood damage and associated health and mortality impacts. Urban areas, on the other hand, have been found to exhibit greater resilience due to better resources and infrastructure (Campbell et al., 2019), though specific vulnerabilities can exist within urban settings as well. For instance, dense urban development can lead to the substitution of natural flood risk reduction features within built infrastructure (Laurien et al., 2020). Further research is needed to understand the complex interplay of factors shaping flood vulnerability across different geographical contexts and population groups.

3.22.2.3 The Impact of Flood Hazards and Exposure on Health and Mortality Outcomes using FRMC

Research indicates a strong relationship between the severity of a flood event – often measured by a flood's return period – and its health and mortality impacts. The flood return period refers to the number of years between two flood events of the same or greater magnitude (Paul and Mahmood, 2016). SFor instance, studies using FRMC data show that communities hit by rare, catastrophic floods affecting large areas tend to report higher rates of injuries—and property damage. TAdditionally, there is a solid connection between a flood's return period and a community's preparedness; communities frequently exposed to milder recurrent floods (e.g., 1–2-year return periods) may develop adaptive behaviours and a higher preparedness level, which can reduce injuries—and speed recovery. In contrast, infrequent but severe floods (e.g., 50 and 100+ year return periods) often overwhelm even resilient communities, leading to more serious health and mortality consequences (Campbell et al., 2019; Chapagain et al., 2025) (Campbell et al., 2019; Chapagain et al., 2024b). Findings show also that extreme precipitation significantly increases mortality, with heavy rain days linked to a 45% rise in landslide mortality and a 33% increase in flood mortality(Chapagain et al., 2025) (Chapagain et al., 2024e).

Also, the exposure to the flood has found to have consequences on mortality/morbidity outcomes:

- In Bangladesh, studies of flood-related deaths from 1972 to 2013 found that both the extent of the flooded area and the number (or proportion) of people affected had a significant impact on the death toll. (Paul and Mahmood, 2016).
- Also, population density was found to be positively correlated with the number of flood-related victims (including deaths) per unit area. This implies that in more densely populated areas, when floods occur, a higher number of people are likely to be affected and consequently face increased mortality risk (Hu et al., 2018).

(Lan et al., 2022)

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In addition to flood intensity and return period, climatic variables may also act as effect modifiers that shape health outcomes following flood events. Certain environmental factors can significantly influence the relationship between floods and diarrheal morbidity. In an empirical study conducted in Sichuan Province,

China, three effect modifiers were identified that amplify the impact of flooding on diarrheal outcomes: elevated air pressure, reduced diurnal temperature range, and higher ambient temperatures (Lan et al., 2022). Unfortunately, those variables are not available in our dataset.

43 Data

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The FRMC dataset offers a multifaceted view of community-level flood resilience, collected through a standardized, mixed-methods approach. Trained practitioners, often NGO staff, gather data using household surveys, community focus group discussions, key informant interviews, and secondary sources such as census data and government reports The FRMC data set provides a rich and multifaceted view of flood resilience at community level, collected through a standardized framework and tool. This approach uses a flexible, mixed-method strategy where trained practitioners, often NGO staff, gather information via household surveys for individual and household data, community focus group discussions for collective insights, key informant interviews with knowledgeable community leaders, focus group discussions to capture specific perspectives, and third party data sources like census data, government reports, or academic studies (Campbell et al., 2019; Hochrainer-Stigler et al., 2020, 2021; Keating et al., 2014, 2017a, 2025; Laurien et al., 2020).

The FRMC data captures two main phases: Baseline (BL) and Post-Event (PE). While the framework includes an Endline (EL) phase, it is not used in this study and is therefore excluded from the analysis.

- Baseline data (BL) provides a pre-flood snapshot of a community's resilience across 5Cs (human, social, physical, financial, and natural) and its capacity across Disaster Risk Management (DRM) cycle stages corrective and prospective risk reduction, preparedness, response, and recovery. Variables are scored on a scale from A (best practice) to D (significantly below standard), with numerical equivalents (A=100, B=67, C=33, D=0) used for analysis.
- Post-Event data (PE) is collected after a flood and measures actual outcomes, including death counts,
 illness-related mortality within three months post-flood, and injuries. It also captures flood exposure
 (proportion of the community affected) and flood return period.

The FRMC framework includes three key phases of data collection: baseline, post event, and endline. Each phase captures specific aspects of a community's resilience and DRM cycle levels, providing a comprehensive view of how communities prepare for, respond to, and recover from flood events.

Baseline Data Collection (BL) occurs before a flood event, establishing a snapshot of the community's initial resilience and DRM capacity. This phase gathers data on the pre existing sources of resilience across five capitals (human, social, physical, financial, and natural) and DRM cycle stages, offering a benchmark for tracking resilience changes over time and assessing intervention impacts. Data is collected through methods such as household surveys, community focus groups, key informant interviews, focus group discussions, and third party sources like census or government reports. Collected data is graded from A (Best Practice) to D (Significantly Below Good Standard, Potential for Significant Loss), with aggregated scores (A=100, B=67, C=33, D=0) providing an overall picture of the community's resilience capacity.

Post Event Data Collection (PE) takes place after a flood impacts a participating community. Its purpose is to measure the actual effects of the flood on the community, as well as the resilience demonstrated through losses prevented and recovery speed. This data validates the effectiveness of resilience sources identified in the

baseline phase. The focus is on 29 outcome measures, including control variables (like flood severity), impact variables (such as injuries or property damage), and action variables (like early warning use). A full description of the variables in provided in the appendices. Similar data collection methods to the baseline phase are used, and assessors apply professional judgment to grade resilience outcomes (A D) based on observed impacts, allowing a comparison with baseline data to evaluate how resilience factors contributed to reducing losses and improving recovery.

Endline Data Collection (EL) is conducted one to two years after the baseline, regardless of flood events in the interim. This phase reassesses the community's resilience capacity and measures any changes in the resilience sources, providing insights into intervention effectiveness, if applicable. Data collection mirrors the baseline, with updates to the community's characteristics as needed.

Together, these three data collection phases offer a detailed, dynamic perspective on community flood resilience. By examining resilience before, during, and after flood events, the FRMC framework helps clarify which factors strengthen a community's capacity to withstand floods, the success of implemented interventions, and how resilience evolves.

In this study, we focus on baseline (BL) and post event (PE) data. BL data provides insights into pre flood resilience levels and DRM cycle stages indicators and the demographic profile of communities. PE data assesses three outcome variables: flood related death counts, mortality due to illness within three months post flood, and the number of injuries. Additionally, PE data is used to evaluate flood exposure (percentage of the community affected), and the flood return period.

This study focuses on 66 riverine flood-prone communities across seven developing countries, each of which experienced a flood event following baseline data collection. Table 1 present these communities by country. Post-event data collection occurred between 2019 and 2023. While precise flood dates are unavailable, the PE data was gathered exclusively following confirmed flood events. In addition to deaths occurring during a flood event, examining post-flood mortality due to illness within the following three months is also important—and can be effectively assessed using FRMC data. Evidence suggests that all cause, cardiovascular, and respiratory mortality risks remain elevated for up to 60 days after flood exposure (Yang et al., 2023).

Table A1: Distribution of the communities affected by floods by country. FRMC data

Country	<u>Frequency</u>
<u>Bangladesh</u>	<u>32</u>
El Salvador	<u>2</u>
<u>Malawi</u>	<u>8</u>
<u>Mexico</u>	<u>3</u>
<u>Nepal</u>	<u>5</u>
Senegal	<u>4</u>
Vietnam	<u>12</u>
<u>Total</u>	<u>66</u>

Source: FRMC.

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We now provide a detailed list of FRMC variables included in the analysis. Indicators for each of the 5Cs is presented in Table 2, while those related to the DRM stages are shown in Table 3. Table 4 provides the outcome variables (mortality and morbidity) and Table 5 provides the control variables (demographics and flood hazard/exposure). In this analysis, variables gathered from different respondents (key informants, focus groups, and secondary sources) were averaged to produce a single response for each community. Household-level variables were also aggregated to the community level by averaging. One limitation is that demographic variables (age, gender, and urban-rural composition) reflect only the respondent's information rather than all household members. Consequently, our approach provides an approximate demographic profile of each community.

by describing the variables included in the analysis. For the resilience measures (the 5Cs), a detailed list of variables for each construct is provided in Table A2 (appendices). For the Disaster Management Cycle stages, which in line with the literature is broken down into the stages of Prospective Risk Reduction, Corrective Risk Reduction, Preparedness, Response and Recovery, a description is available on Table A3 (appendices).

Table 2: Variables according to FRMC five capitals

<u>Financial</u>	<u>Human</u>	<u>Natural</u>	<u>Physical</u>	Social capital
Household asset	Evacuation and	Natural capital	Flood healthcare	Community participation
<u>recovery</u>	safety knowledge	<u>condition</u>	access	in flood-related activities
Community disaster	First aid knowledge	Priority natural	Early Warning	External flood response
<u>fund</u>		<u>units</u>	Systems (EWS)	and recovery services
Business continuity	Education	Priority	Flood	Community safety
	commitment during	managed units	emergency	
	floods		infrastructure	
Household income	Flood exposure	<u>Natural</u>	Provision of	Community disaster risk
continuity strategy	awareness	resource	education	management planning
		conservation		
Risk reduction	Asset protection	Natural habitat	Household flood	Community structures for
<u>investments</u>	<u>knowledge</u>	restoration	protection	mutual assistance
Disaster response	Future flood risk		Large scale	Community representative
<u>budget</u>	awareness		flood protection	<u>bodies</u>
Conservation	Water and sanitation		Transportation	Social inclusiveness
<u>budget</u>	awareness		<u>interruption</u>	
	Environmental		Communication	Local leadership
	management		interruption	
	awareness			
	Governance		Flood	Inter-community flood
	awareness		emergency food	<u>coordination</u>
			<u>supply</u>	
			Flood safe water	Integrated flood
				management planning
			Flood waste	National forecasting policy
			contamination	<u>& plan</u>
			Flood energy	
			supply	

Source: FRMC.

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Table 3: Variables according to DRM Cycle stages

Corrective Risk Reduction	Preparedness	Prospective Risk Reduction	Recovery	Response
Risk reduction investments	Business continuity	Conservation budget	Household asset	Disaster response budget

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			recovery	
Asset protection	Evacuation and safety	Future flood risk	Community	Water and sanitation
<u>knowledge</u>	knowledge	awareness	disaster fund	<u>awareness</u>
Governance	First aid knowledge	Environmental	Provision of	Flood healthcare
awareness	_	management	<u>education</u>	access
		awareness		
Natural habitat	Early Warning Systems	Natural capital	Flood	<u>Transportation</u>
<u>restoration</u>	(EWS)	condition	energy	interruption
			<u>supply</u>	•
Household flood	Flood emergency	Priority natural units	Community	Communication
protection	infrastructure		safety	interruption
Large scale flood	Community participation	Natural resource	•	Flood emergency
protection	in flood-related activities	conservation		food supply
Community	External flood response	Community disaster r	<u>isk</u>	Flood safe water
representative	and recovery services	management planning		
bodies	•			
<u>Social</u>	Inter-community flood	Local leadership		Flood waste
<u>inclusiveness</u>	coordination	•		<u>contamination</u>
Integrated flood	National forecasting policy	<u>/ & </u>		Community structures
management	plan			for mutual assistance
planning				

Source: FRMC.

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Table A44: Outcome variables for analysis

Outcome	Description	Dataset	Respondents
<u>variable</u>			
<u>Injuries</u>	How many men in the community suffered serious	<u>PE</u>	Key informant, focus
	<u>injuries in the flood?</u>		group, secondary
	How many women in the community suffered serious		source
	<u>injuries in the flood?</u>		
	How many children in the community suffered		
	serious injuries in the flood?		
	How many men in the community suffered serious		
	<u>injuries in the flood?</u>		
<u>Deaths</u>	How many men in the community lost their lives in	<u>PE</u>	Key informant, focus
	the flood?		group, secondary
	How many women in the community lost their lives		source
	in the flood?		
	How many children in the community lost their lives		
	in the flood?		
Deaths after 3	Compared to the number of people who lose their	<u>PE</u>	Key informant, focus
<u>months</u>	lives from these illnesses in non-flood times, how		group, secondary
	many additional people lost their lives due to these		source
	illnesses in the 3 months following the flood?		

Source: FRMC. Note: PE: Post-event survey

Table A55: Control variables

Control variable	<u>Description</u>	Dataset	Respondents
Average Percentage of	What percentage of the community was directly	<u>PE</u>	Key informant,
Population Affected by	impacted by the flood?		focus group,
<u>Flood</u>			secondary source
Average Flood Return	What is the return period or re-occurrence interval	<u>PE</u>	Key informant,
<u>Period</u>	of this flood, in number of years? In other words,		focus group,
	how often is a flood of this size or bigger		secondary source
	expected/experienced in the community?		
Age Group Distribution	Which of the following age groups do you fall into:	$\underline{\mathrm{BL}}$	<u>Household</u>
<u>(%)</u>	15-25, 26-50, or over 50?		

Gender Distribution (%)	What is your gender: Male, Female, Other?	$\underline{\mathrm{BL}}$	<u>Household</u>
Average Rural	Is this a rural, urban, or peri-urban community?	$\underline{\mathrm{BL}}$	<u>Household</u>
Composition (%)			

Source: FRMC. Note: PE: Post-event survey; BL: Baseline survey

This study examines the resilience of 66 riverine flood prone communities in seven developing countries (Table A1, appendices), each of which experienced a flooding event following the baseline assessment. The time span for the start of post event data collection ranges from 2019 to 2023. Although the data does not specify the exact date of the flood, post event data was collected only from communities that experienced a flood after the baseline data collection.

54 Methods for data analysis

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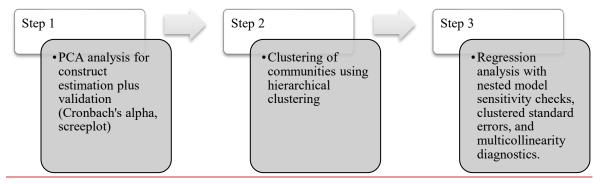
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This section outlines the methods used in this study. First, we describe how the indicators for the 5Cs and the DRM cycle stages were constructed. Next, we outline the procedures used to cluster communities into distinct profiles, following approaches adopted in previous FRMC studies. Finally, we present the steps taken for the regression adjustment. A flowchart of the methodology is provided in Figure 1. We begin by describing the variables included in the analysis. For the resilience measures (the 5Cs), a detailed list of variables for each construct is provided in Table A2 (appendices). For the Disaster Management Cycle stages, which in line with the literature is broken down into the stages of Prospective Risk Reduction, Corrective Risk Reduction, Preparedness, Response and Recovery, a description is available on Table A3 (appendices).



<u>Figure 1: Flowchart of the method</u>Outcome variables - mortality (immediate and delayed) and injuries - are presented in the questionnaire format in Table A4 (appendices). Finally, a description of the control variables, including flood exposure, return period, and community-level demographic indicators, are listed in Table A5 (appendices).

In this analysis, variables gathered from different respondents (key informants, focus groups, and secondary sources) were averaged to produce a single response for each community. Household-level variables were also aggregated to the community level by averaging. One limitation is that demographic variables (age, gender, and urban rural composition) reflect only the respondent's information rather than all household members. Consequently, our approach provides an approximate demographic profile of each community.

5In this analysis, variables gathered from different respondents (key informants, focus groups, and secondary sources) were averaged to produce a single response for each community. Household level variables were also aggregated to the community level by averaging. One limitation is that demographic variables (age, gender, and

urban rural composition) reflect only the respondent's information rather than all household members.

Consequently, our approach provides an approximate demographic profile of each community.

4.1 Principal Component Analysis (PCA) of the FRMC Five Capitals 5Cs and DRM cycle stages

To estimate the <u>five capitals5Cs</u> and the along the DRM cycle stages, we use a latent construct approach. Principal Component Analysis (PCA) PCA is conducted to derive a single construct for each <u>of the 5Cseapital</u>: social, physical, natural, human, and financial, as well as along each of the phases of the DRM cycle—(: Prospective Risk Reduction, Corrective Risk Reduction, Crisis Preparedness, Response, Recovery). Components are weighted by estimated population (households multiplied by average household size) to account for varying community scales. Validation of these constructs starts with decomposing the correlation matrix into eigenvalues and eigenvectors, and a screeplot helped determine the number of factors to retain. We then calculate the Cronbach's alpha coefficients (Table A6-A1 and A7A2, appendices) to ensure it meets the acceptable threshold of 0.7. All DRM stages except Prospective Risk Reduction and Recovery met this criterion, which were close to 0.6. Histograms of the constructs (resilience-5Cs and DRM cycles) are included in the appendices (Figures A1 and A2), as well as their corresponding screeplots (Figures A3 and A4). Most indicators display strong model fit, a key requirement for the validity of the analysis.

54.2 Community clusters

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A study using the FRMC framework has emphasized the importance of clustering communities to better understand how resilience changes over time (Chapagain et al., 2024). Using hierarchical clustering methods, the study identifies five distinct community clusters based on the five capitals scores. We now present the characteristics of the clusters calculated according to the key independent variables: 5Cs and DRM cycle stages

5.1.4.2.1 Resilience levels 5Cs

A study using the FRMC framework has emphasized the importance of clustering communities to better understand how resilience changes over time (Chapagain et al., 2024). Using hierarchical clustering methods, the study identifies five distinct community clusters based on the five capitals scores. A summary of the characteristics of the clusters is as follows. Table A8 (appendices)6 presents the distribution of the communities across the clusters. Figure A5 in the appendices present the average score of the five capitals by cluster in the baseline survey. In line with this approach, www group the 66 communities which experienced a flood event into the five resilience clusters. No community affected by flood was found in Cluster 5. Figure A5 in the appendices present the average score of the 5Cs by cluster in the baseline survey.

Table A86: Distribution of the 66 communities that have experienced flood according to resilience clusters 5Cs

Cluster	Freq.	Perc.	<u>Cum.</u>
<u>1</u> – low resilience	<u>43</u>	<u>65.1</u>	<u>65.1</u>
<u>2</u>	<u>5</u>	<u>7.6</u>	<u>72.7</u>
<u>3</u>	<u>4</u>	<u>6.0</u>	<u>78.8</u>
<u>4 – high resilience</u>	<u>14</u>	<u>21.2</u>	100.00
Total	66	100	

Source: FRMC

A description of the clusters is as follows:

- <u>Cluster Cluster 1</u>: Features the lowest resilience across all <u>capitals 5Cs</u>.
- <u>Cluster Cluster 2</u>: Exhibits marginally stronger performance in financial, human, and physical capital compared to natural and social capital.
- Cluster 3: Presents relatively high human, natural, and social capital scores, but lower financial and physical capitals.
- Cluster 4: Demonstrates generally higher average capital scores compared to Clusters 1-3, particularly in human, natural, and social capital.
- Cluster 5: Exhibits the highest financial and physical capitals, with an overall profile of high average capital scores.

In line with this approach, we group the 66 communities which experienced a flood event into the five resilience clusters. No community affected by flood was found in Cluster 5.

5.1.4.2.2 DRM cycle stages

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We applied the same clustering methodology approach as (Chapagain et al., 2024a) Chapagain et al. (2024b) to the baseline data to classify the communities based on their DRM cycle performance, maintaining consistency with our earlier analysis approach. The dendogram revealed two distinct clusters according to DRM cycle stages. Figure A6 in the appendices present the average score of the five stages by cluster in the baseline survey.

As made for the resilience clusters, we grouped the 66 communities which experienced a flood event into the two DRM cycle clusters. Table 7 presents the distribution of the communities across the clusters.

Table 7: Distribution of the 66 communities that have experienced flood according to DRM cycle clusters

Cluster	Freq.	Perc.	Cum.
1 – high DRM cycle performance	<u>27</u>	<u>40.9</u>	40.9
2 – low DRM cycle performance	<u>39</u>	<u>59.1</u>	100.00
Total	66	100	

Source: FRMC

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440 A description of the clusters is provided:

- Cluster 1: demonstrates strong capabilities across most dimensions of the DRM cycle. These
 communities exhibit above-average Preparedness. Their Protective Risk Reduction and their Recovery
 capabilities are notably strong.
- Cluster 2: represent significant weaknesses across all measured DRM dimensionsstages. These
 communities show poor Response and Recovery capabilities. Their Preparedness scores are
 substantially below average.

As made for the resilience clusters, we grouped the 66 communities which experienced a flood event into the two DRM cycle clusters. Table A8 (appendices) presents the distribution of the communities across the clusters.

.3 Regression adjustment

To estimate the effect of the 5Cs and DRM cycle stages on morbidity and mortality outcomes, we use a quasi-experimental research design based on regression adjustment—(Angrist and Pischke, 2009, 2014; Imbens and Rubin, 2015). This method is a robust approach for identifying causal effects in observational data by addressing the challenge of confounding. While the FRMC dataset includes a longitudinal component—(baseline, post event, and endline data for tracking communities), for the post-event (PE) data, we only have one time point available. This necessitates controlling for baseline levels of resilience 5Cs, DRM cycle stages, demographics, and flood exposure/hazard.

Regression adjustment allows us to isolate the relationship of interest — the effect of the 5Cs and DRM cycle levels on morbidity and mortality indicators — by accounting for observable characteristics that could otherwise bias the estimated treatment effects. Properly specified regression models reduce systematic differences between units, thereby approximating *ceteris paribus* conditions and enhancing the validity of the causal inference.

The analysis focuses on three main dependent variables. The first and second are the average number of injuries and deaths reported for men, women, and children, based on combined data from key informants, focus groups, and secondary sources. The third is the average number of individuals who lost their lives due to illnesses within three months following the flood. To ensure robustness, post-estimation diagnostics were conducted, including tests for overall model significance (R-squared) and comparison of AIC and BIC values to evaluate model fit. Ordinary least squares (OLS) regression was used as the primary method, incorporating nested models to assess how additional predictors contributed to the model's explanatory power. We attempted to fit a zero inflated Poisson model to address the high number of zeros in the mortality and morbidity counts. However, the model failed to converge, likely due to the small sample size of 66 communities. Finally, given the differing scales of predictors – such as the average return period (1 to 35) and the percentage of female household respondents (0 to 1) – all predictors were standardized to enable meaningful comparison and interpretation of their relative importance.

We use clustered standard errors to address the fact that observations within the same cluster might be like each other in terms of both resilience and DRM cycle levels. As we have a small number of clusters – 5 for resilience and 2 for the DRM cycle – we employ the wild bootstrap approach (Cameron et al., 2008). The wild bootstrap is primarily used to obtain more reliable inference – such as p-values and confidence intervals – by addressing issues like heteroskedasticity or a small number of clusters.

Due to the small sample size, a significance level of 10% was considered relevant. We tested different specifications to analyse the sensitivity of the parameters to the inclusion of control variables, but the preferred model for the analysis is the full model (with all controls). There is a vivid discussion among statisticians and econometricians on the role of control variables and whether they should be excluded if there is not statistical significance. This paper takes the stand that considering the control variables is relevant because they have theoretical meaning and, hence, even a non-significant result is a relevant result. Besides, as they help reduce omitted variable bias and improve causal inference. Another important issue for modelling is that, if the five resilience capitals 5Cs or if the five DRM cycle stages are highly correlated, it can cause multicollinearity,

making it difficult to determine their individual effects. High variance inflation factors (VIFs) would indicate if this is an issue.

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65 Results

Our analysis revealed distinct patterns in the relationships between the 5Cs, DRM cycle stages, and the morbidity and mortality outcomes, controlling for demographic characteristics and flood exposure/hazard. But let's first begin with a description of the data.

The distribution of the dependent variables – average injuries due to floods, average deaths, and average lives lost to illnesses within three months – is shown in histograms in Figures <u>1–2</u> and <u>23</u>. Notably, all three variables exhibit a high number of zeros, and the death counts are characterized by a low number of cases (maximum of 11 for immediate mortality and 23 for delayed mortality).

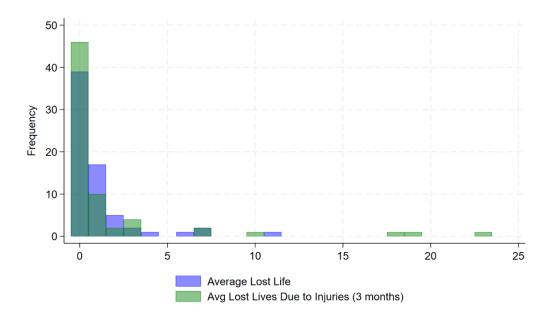


Figure 42: Average Number of Deaths (Immediate and Delayed) Reported in Flood-Affected Communities.

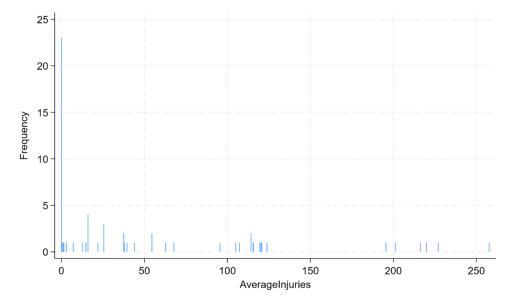


Figure 23: Average Injuries Reported in Flood-Affected Communities.

To facilitate interpretation, we use variable labels for statistics and regression results. We provide in Table $\frac{1-8}{8}$ a description of the variables and in Table $\frac{A9-9(appendices)}{8}$ the descriptive statistics.

Table 48: Description of Variable Labels

Variable	Description
AverageAge15to25	The average proportion of the population aged 15 to 25 years in the community.
AverageAge26to50	The average proportion of the population aged 26 to 50 years in the community.
AverageAge50plus	The average proportion of the population aged 50 years and above in the community.
AveragePercFemaleResp	The average percentage of female respondents in the community.
AverageRural	The average proportion of the community classified as rural.
AverageReturnPeriod	The average return period of significant flooding events in years for the community.
AveragePercComAffect	The average percentage of the community affected by the flood.
AvLostLivesDueInjuries3months	The average number of lives lost due to injuries in the three months following the flood.
AverageLostLife	The average number of lives lost directly due to the flood.
AverageInjuries	The average number of injuries reported due to the flood.

Source: FRMC.

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Table 9: Descriptive statistics for the control and dependent variables

<u>Variable</u>	<u>Observations</u>	Mean	Std. Dev.	Min	Max
AverageAge15to25	<u>66</u>	<u>0.100</u>	0.079	0.000	0.324
AverageAge26to50	<u>66</u>	0.586	<u>0.185</u>	0.184	0.928
AverageAge50plus	<u>66</u>	0.315	0.203	0.036	0.816

AveragePercFemaleResp	<u>66</u>	<u>0.577</u>	<u>0.143</u>	<u>0.198</u>	0.836
AverageRural	<u>66</u>	0.803	<u>0.401</u>	0.000	<u>1.000</u>
<u>AverageReturnPeriod</u>	<u>66</u>	<u>8.111</u>	<u>8.793</u>	1.000	<u>35.000</u>
<u>AveragePercComAffect</u>	<u>66</u>	<u>0.710</u>	0.225	0.183	<u>1.000</u>
AvLostLivesDueInjuries3months	<u>66</u>	<u>1.695</u>	<u>4.458</u>	0.000	23.000
<u>AverageLostLife</u>	<u>66</u>	1.045	<u>1.978</u>	0.000	11.000
AverageInjuries	<u>66</u>	48.668	<u>68.475</u>	0.000	<u>257.750</u>

Source: FRMC.

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515 The regression results for the 66 communities that experienced a flood while controlling for demographics and flood exposure and hazard, are presented next. Due to the small sample size, a significance level of 10% was considered relevant (Cameron and Trivedi, 2005; Deaton, 1997). We tested different specifications to analyse the sensitivity of the parameters to the inclusion of control variables (see Tables A10 to A15 in the appendices), but the preferred model for the analysis is the full model (with all controls). There is a vivid discussion among 520 statisticians and econometricians on the role of control variables and whether they should be excluded if there is not statistical significance. This paper takes the stand that considering the control variables is relevant because they have theoretical meaning and, hence, even a non-significant result is a relevant result (Deaton, 2010; Pearl, 2000). Besides, as they help reduce omitted variable bias and improve causal inference (Angrist and Pischke, 2009). The nested models (testing for the inclusion of each control variable) are presented in the appendices 525 (Tables A3-A8) Overall, the full model displayed also better fit in all specifications (R-squared and AIC/BIC). Another important issue for modelling is that, if the five resilience capitals or if the five DRM cycle stages are highly correlated, it can cause multicollinearity, making it difficult to determine their individual effects. High variance inflation factors (VIFs) would indicate if this is an issue. The results for the full model of the VIFs for the independent variables specified in the linear regression model shows that multicollinearity is present but not 530 extreme, with mean VIF of 2.41. A mean VIF below 5 suggests that overall, a model is not suffering from severe multicollinearity (James et al., 2013).

6.1 The Effect of Community Resilience on Health Outcomes

Table 2–10 displays the results of the effect of the five resilience capitals5Cs on health outcomes (average deaths, average number of injuries, average number of deaths after three months). For first regression model (column 2), which analysed the effect of the five community resilience capitals5Cs—on average deaths due to floods, no capital was found to be statistically significant. This lack of significant association is a critical finding. It suggests that certain forms of resilience, as currently measured, may not translate directly into reductions in flood-related mortality—or may only do so above a particular threshold of capital accumulation. Reporting such null results is essential to avoid publication bias and contributes to a more realistic understanding of the limits of resilience-building initiatives in extreme events. Contrary to our study, Chapagain et al. (2025) found that Physical Capital and Social Capital did have a statistically significant negative association with total flood-related fatalities. This difference might be due to how the models are specified: our estimation includes all control variables and accounts for clustered standard errors. The only statistically significant variable in our analysis at the 1% level was the control for the percentage of the community affected

by the flood, in which a one-standard deviation increase in this variable was associated with an increase of 0.27 deaths, everything else held constant.

Next, Table 2-10 (third column) displays the results of the second regression model, which analysed the effect of the five community resilience capitals 5Cs on average injuries to floods. Two main results emerged regarding our impact variables. Social capital was found to be strongly associated with a decline of injuries, with a one-standard deviation increase in this indicator reducing the average number of injuries in 39 units (statistically significant at 1% level). Also, Human capital was found to reduce injuries, with a one standard-deviation increase in this indicator leading to a drop of 5.97 injuries (statistically significant at 1% level). Regarding the controls, the average number of population aged 50 plus was also found to be negatively associated with injuries, with a one-standard deviation increase in this variable associated with a decrease in 9.7 injuries, ceteris paribus (statistically significant at 1% level). This might indicate that older individuals are more likely to evacuate early or take preventive measures before disasters, reducing their likelihood of flood-related injuries. Finally, the percentage of the community affected by the flood was found to increase the number of injuries, in which a one-standard deviation increase in this variable was associated with an increase of 18 injuries, everything else held constant.

Finally, Table 2-10 (fourth column) shows the results of the third regression model, which analysed the effect of the five community resilience capitals 5Cs on average fatalities after three months of the flood event. This model revealed an unexpected result: natural capital scores were positively associated with delayed mortality, everything held constant, with a one standard-deviation increase in this variable associated with an increase in 1.59 delayed deaths (significant at 1% level). To further investigate this unexpected result, we ran a regression model with the same specification by cluster. The large coefficient for std_natural in Cluster 2 (9.387) could be driving the overall significant and positive effect. This makes theoretical sense, as natural capital in this cluster is low due to degraded natural environments and weak ecosystem services, even if some management efforts exist (Chapagain et al., 2024)(Chapagain et al., 2024a). Because of this, small improvements may not help much, and the positive association with delayed mortality might reflect the overall vulnerability of these communities rather than a real benefit from natural capital.

Contrary to the model for injuries, the average number of population aged 50 plus was found to be positively associated with delayed mortality, with a one-standard deviation increase in this variable associated with an increase in 1.07 deaths after three months of a flood, *ceteris paribus* (statistically significant at 1% level). Older individuals may have a higher likelihood of developing complications from flood-related injuries, infections, or chronic disease exacerbation. Conditions such as cardiovascular disease, respiratory illnesses, and weakened immune function could make them more vulnerable to delayed mortality rather than immediate death.

Table 210: Wild Bootstrap Clustered Regression Models with the impact of 5Cs on health and mortality outcomes

	Dependent variables			
Independent variables	Average Average Fatalities Injuries		Average Fatalities After Three Months	
std_social	0.054	-39.976***	-0.179	
std_financial	0.203	15.602	-3.341	
std_physical	-0.630	8.109	0.047	
std_human	-0.256	-5.970***	-0.500	
std_natural	0.582	-11.277	1.591***	
std_AverageAge15to25	-0.721	1.510	0.285	
std_AverageAge50plus	-1.137	-9.735***	1.079***	
std_AveragePercFemaleResp	0.459	-1.707	-0.088	
std_AverageRural	0.075	0.052	0.124	
std_AverageReturnPeriod	0.685	27.150	-0.645	
std AveragePercComAffect	0.271***	18.123***	1.797	
Observations	66	66	66	
R-squared	0.49	0.61	0.35	
AIC	228.12	683.02	381.65	
BIC	234.69	689.58	388.22	

Observation: *** Significant at 1%; ** Significant at 5%; * Significant at 10%

Source: FRMC.

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6.2 The Effect of DRM cycle stages on Health Outcomes

The results for the equations—regressions onef the effects along—of—the DRM cycle stages on average fatalities health/mortality outcomes after a flood event portray a different scenario from the resilience—5Cs estimates presented before. We remember that we analyse throughout the paper the results for Model 7 only, which contains all the control variables. Table 3-11 summarizes the results. First, both Corrective Risk Reduction and Preparation scores were statistically associated with average number of deaths (second column). Surprisingly, Corrective Risk Reduction was positively associated with average immediate mortality, with a one-standard deviation increase in this score was associated with an increase in 0.65 deaths, everything held constant. To further investigate this counterintuitive finding, we conducted a cluster-specific regression analysis, which revealed substantial heterogeneity across community contexts. In Cluster 1, CRR showed a small negative association (coefficient = -0.03, p = 0.925), while Cluster 2 exhibited a stronger positive relationship (coefficient = 0.84, p = 0.396), suggesting this larger cluster may be driving the overall significant effect. Cluster 2 has significant weaknesses across all measured DRM cycle dimensions. These communities with low CRR scores might have implemented recent improvements that had not yet translated into reduced mortality outcomes during our study period, potentially creating a lagged effect where reported improvements coexist with historically high mortality rates.

Preparation scores were negatively associated with average mortality, with a one standard-deviation increase in this indicator leading to a decrease in 0.53 deaths. This result is expected and aligns with disaster risk reduction intuition and theories. Preparedness significantly reduces immediate flood mortality by enhancing early

response. Effective warning systems and safety knowledge help individuals take timely protective actions, minimizing exposure to life-threatening conditions. Well-developed emergency infrastructure and coordinated response efforts ensure that communities can react efficiently, preventing avoidable deaths. Additionally, strong community participation and external support improve rescue operations and medical aid delivery, further reducing fatalities.

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Finally, more control variables now display a significant relationship with the average number of deaths, being the average percentage of young population (15 to 25 years) and the average percentage of elderly (50 or more) negatively associated with the number of deaths (significant at 1% level). The explanations are quite straightforward: older individuals tend to take disasters more seriously, acting cautiously in response to early warnings and evacuation orders. Life experience and risk awareness help them recognize the severity of floods and take protective measures earlier, reducing their chances of fatal exposure. Younger individuals, in turn, tend to have better physical strength, endurance, and mobility, which increases their chances of escaping hazardous flood conditions. They typically face fewer mobility challenges or health problems that could complicate evacuation or reduce their chances of survival. They are less likely to suffer from mobility limitations or preexisting health conditions that make evacuation or survival difficult. Next, the average percentage of rural population was positively associated with the number of deaths, with a one standard-deviation increase in this percentage related to 0.09 deaths. Health complications and mortality can be influenced by factors like socioeconomic conditions, access to water and sanitation, and the state of public health infrastructure in rural areas Factors such as socio economic settings, water, sanitation condition, and state of public health infrastructure of rural areas can contribute to health complications and mortality (Jerin et al., 2024). Finally, flood hazard (return period) and exposure (percentage of community affected) are positively associated with mortality at the 1% of confidence level.

The model results for average injuries and its relationship with DRM cycle stages are also presented in Table 311 (third column). For this outcome variable, the results for Corrective Risk Reduction (CRR) and Preparedness are in line with the expectations: a one standard-deviation increase in CRR reduces the average number of injuries in 31 units; also, a one standard-deviation increase in Preparedness reduces the indicator in 23 units. Surprisingly, a one standard-deviation increase in the Prospective Risk Reduction (PRR) increases the number of injuries in 6 units. To further investigate our counterintuitive finding regarding PRR, we again conducted a cluster-specific regression analysis, which revealed that in Cluster 1, which is characterized by high levels of overall preparedness, PRR maintained a significant positive relationship with injuries (coefficient = 4.88, p = 0.021), while in Cluster 2, the relationship was weaker and non-significant (coefficient = 2.93, p = 0.781). This pattern suggests that in communities with stronger overall disaster management systems (Cluster 1), there may be more effective injury reporting and documentation mechanisms in place, leading to higher recorded injury rates despite better prevention measures. The results for control variables show that the average number of elderly is negatively associated with the number of injuries (significant at 1%), whereas flood hazard and exposure are positively associated with the number of injuries.

Finally, Table 3–11 (forth column) presents the results for the impact along DRM cycle stages on delayed mortality from floods (after 3 months). Results are in line and expected as per the literature regarding two DRM cycle stages: Prospective Risk Reduction (PRR) and Recovery. A one standard-deviation increase in the PRR score is associated with a decrease in 1.75 delayed deaths, everything held constant. Also, a one standard-

deviation increase in the Recovery indicator is associated with a decline in 3.57 deaths, *ceteris paribus*. Surprisingly, the only significant control variables for delayed mortality are flood exposure (percentage of the community affected) and hazard (return period), with a one-standard deviation increase in these indicators associated with a decrease in delayed deaths. These results appear counterintuitive, as one would expect communities with more frequent disasters (shorter return periods) and greater affected populations to experience higher delayed mortality. Cluster-specific analysis revealed distinct patterns: in Cluster 1, neither variable showed significant relationships with delayed mortality (return period: coefficient = 1.98, p = 0.523; community affected: coefficient = 0.27, p = 0.877). However, in Cluster 2, both variables showed negative associations, with the community affected percentage approaching significance (coefficient = -1.98, p = 0.089) and return period showing a similar trend (coefficient = -1.42, p = 0.100). This may be associated with a survivorship bias or a "harvesting" effect: the most vulnerable individuals (e.g., the elderly, those with pre-existing health conditions) may succumb quickly after the flood, reducing the number of people who would die in the delayed mortality window. Alternatively, this finding may reflect a reporting phenomenon where communities with more frequent disasters have better systems for attributing later deaths to the original disaster event.

Table 311: Wild Bootstrap Clustered Regression Models with the impact of DRM cycle stages on health and mortality outcomes

	Dependent variables			
Independent variables	Average Average Injuries		Average Fatalities After Three Months	
std_CRR	0.656***	-30.906***	1.285	
std_PREP	-0.532***	-23.375***	0.637	
std_PRR	0.022	5.921***	-1.758***	
std RECOV	-0.019	27.943	-3.577***	
std RESP	-0.419	-3.674	-0.031	
std_AverageAge15to25	-0.744***	3.069	-0.045	
std AverageAge50plus	-0.925***	-14.998***	-0.030	
std AveragePercFemaleResp	0.490	-3.284	0.137	
std AverageRural	0.094***	-3.781	0.136	
std AverageReturnPeriod	0.845***	25.841***	-0.458***	
std_AveragePercComAffect	0.243***	13.702***	-1.503***	
Observations	66	66	66	
R-squared	0.45	0.59	0.38	
AIC	228.86	681.17	374.33	
BIC	231.04	683.36	376.52	

Observation: *** Significant at 1%; ** Significant at 5%; * Significant at 10%

Source: FRMC.

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Interestingly, several DRM stages – including Corrective Risk Reduction and Preparedness – did not show statistically significant associations with delayed mortality. While these might initially appear as disappointing results, they offer crucial insights: either the health effects of floods evolve differently over time, or current DRM metrics may not fully capture interventions that affect medium-term health outcomes.

7 Discussion-and conclusions

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The goal of this paper was to explore the role of resilience 5Cs and DRM cycle stages on health and mortality outcomes after flood events for 66 countries across seven countries participating in the Flood Resilience Measurement for Communities (FRMC). Namely, how latent capacities determine outcomes, in terms of reduced mortality and morbidity.

We advance current literature not only by incorporating a novel and rich dataset, but also by controlling in our impact analysis by relevant variables such as the demographic profile of the community and flood hazard and exposure. The literature stresses the role of these variables, and they are necessary to avoid confounding in the econometric analysis. Their significance in some models do endorse their relevance for the analysis, and the quality of the adjustment in the full models (with all controls) justify their inclusion.

Our results demonstrate the relevance of selected resilience scores 5Cs and DRM cycle stages for health and mortality outcomes, with some unexpected results as well.

- Resilience—The 5Cs models indicate that social and human capital are statistically, strongly, and negatively associated with the average number of injuries. However, none of the 5Cs indicators, except natural capital, showed a statistically significant association with either immediate fatalities or fatalities occurring within three months, when controlling for all other factors. This absence of consistent effects underscores the complexity of translating community capitals into lifesaving outcomes. Surprisingly, natural capital scores were strongly and positively associated with delayed mortality, an unexpected result that warrants further investigation. models indicate that both social capital and natural capital are statistically, strongly, and negatively associated with the average number of injuries. However, apart from natural capital, none of the resilience indicators showed a statistically significant association with either immediate fatalities or fatalities occurring within three months, when controlling for all other factors. The absence of significant effects underscores the complexity of translating community capacity into lifesaving outcomes. These null results align with a growing body of development research that recognizes the importance of publishing and interpreting non significant effects not as failures, but as evidence that helps refine theories, interventions, and measurement tools. Surprisingly, natural capital scores were found to be strongly and positively associated with delayed mortality, an unexpected result that warrants further investigation. The control variable for flood exposure was statistically related to the number of deaths and injuries, while the average number of elderly individuals was negatively associated with the number of injuries but positively associated with delayed mortality.
- In contrast, the DRM Cycle models demonstrate greater predictive power in terms of significant variables for health and mortality outcomes compared to resilience—5Cs models, although some variables show unexpected effects. Preparedness emerged as the most relevant DRM stage, significantly leading to reductions in both immediate fatalities and injuries. The Corrective Risk Reduction stage was found to decrease injuries but unexpectedly increased fatalities. Recovery and Response were negatively associated with delayed mortality, aligning with existing literature on disaster risk management.

Regarding control variables:

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- Also, aA higher percentage of the rural population was positively correlated with the number of immediate deaths. Studies generally align with this correlation (Bukvic et al., 2018; Petrucci, 2022).
- For flood exposure and hazard indicators, these variables were strongly and positively associated with average fatalities and injuries, as confirmed by several studies (Ban et al., 2023; Paul and Mahmood, 2016; Penning-Rowsell et al., 2005) but negatively associated with delayed mortality. This last finding contradicts the claim, as multiple studies show that mortality risks can increase and persist for extended periods following a flood event (Yang et al., 2023). This is an unexpected result that warrants further investigation. While prior research emphasizes their role in increasing health risks, this pattern might suggest that the most vulnerable individuals, such as older adults or those with preexisting health conditions, are more likely to succumb soon after the flood. Consequently, fewer individuals remain who could die later, leading to a lower number of delayed deaths.

The study has limitations that should be considered when interpreting the results. One key limitation is the small sample size, which may pose statistical challenges in estimating more complex models, such as zero-inflated specifications. Additionally, the study includes a small number of clusters, which can impact the reliability of statistical inferences. To mitigate this issue, the analysis incorporates the use of wild bootstrap methods, providing a more robust approach to addressing the potential shortcomings in cluster representation.

Another limitation arises from the measurement of certain constructs, as they are not always well defined by a single indicator. This could introduce measurement errors, potentially affecting the accuracy and consistency of the results.

Finally, the demographic profile used in the study serves as a proxy variable for population characteristics, but it is representative only of household heads. This limitation may reduce the accuracy of the demographic analysis, as it does not fully capture the diversity and distribution of characteristics across the broader population.

Table 12 provides a summary of the statistically significant findings.

Table 12: Summary of significant findings

<u>Variables</u>	Results
<u>5Cs</u>	• Fatalities:
	 None of the 5Cs showed a
	statistically significant

	association.		
	• Injuries:		
	Social and Human Capital:		
	Negatively associated with injuries		
	Delayed Mortality:		
	O Natural Capital: Positively		
	associated with delayed mortality		
DRM cycle stages	• Fatalities:		
	o Preparedness: Negatively		
	associated with injuries and		
	immediate fatalities, consistent with		
	the hypothesis.		
	Orrective Risk Reduction:		
	<u>Positively associated with fatalities</u>		
	• Injuries:		
	 Preparedness and Corrective Risk 		
	Reduction are negatively associated,		
	consistent with the hypothesis.		
	 Delayed Mortality: 		
	 Natural Capital: Positively 		
	associated with delayed mortality		
Controls	• Elderly population: Negatively associated		
	with injuries, but positively associated with		
	delayed mortality.		
	 Younger and elderly populations: Negatively 		
	associated with immediate fatalities.		
	 Rural population: Positively associated with immediate fatalities. 		
	• Flood exposure:		
	o Positively associated with		
	immediate fatalities and injuries.		
	 Negatively associated with delayed 		

Source: Authors

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Future research should expand the sample size to improve statistical power and allow for more complex modeling approaches. It should also explore the temporal dynamics of resilience 5Cs and DRM interventions, particularly the lag between implementation and their impact on health outcomes. Additionally, improving demographic data availability would strengthen causal inference and help explain counterintuitive results.

Appendices

Table A1: Distribution of the communities affected by floods by country. FRMC data

Country	Frequency
Bangladesh	32
El Salvador	2
Malawi	€
Mexico	3
Nepal	5
Senegal	4
Vietnam	12
Total	66

Source: FRMC.

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Table A2: Variables according to FRMC five capitals

Financial	Human	Natural	Physical	Social capital
Household asset	Evacuation and	Natural capital	Flood healthcare	Community participation
recovery	safety knowledge	condition	access	in flood-related activities
Community disaster	First aid knowledge	Priority natural	Early Warning	External flood response
fund		units	Systems (EWS)	and recovery services
Business continuity	Education	Priority	Flood	Community safety
•	commitment during	managed units	emergency	
	floods	C	infrastructure	
Household income	Flood exposure	Natural	Provision of	Community disaster risk
continuity strategy	awareness	resource	education	management planning
,		conservation		
Risk reduction	Asset protection	Natural habitat	Household flood	Community structures for
investments	knowledge	restoration	protection	mutual assistance
Disaster response	Future flood risk		Large scale	Community representative
budget	awareness		flood protection	bodies
Conservation	Water and sanitation		Transportation	Social inclusiveness
budget	awareness		interruption	
	Environmental		Communication	Local leadership
	management		interruption	1
	awareness		1	
	Governance		Flood	Inter community flood
	awareness		emergency food	coordination
			supply	
			Flood safe water	Integrated flood
				management planning
			Flood waste	National forecasting polic
			contamination	& plan
			Flood energy	55 Print
			supply	

Source: FRMC.

Table A3: Variables according to FRMC DRM Cycle

Corrective Risk	Preparedness	Prospective Risk	Recovery	Response
Reduction		Reduction		
Risk reduction	Business continuity	Conservation budget	Household	Disaster response
investments			asset	budget
			recovery	
Asset protection	Evacuation and safety	Future flood risk	Community	Water and sanitation

knowledge	knowledge	awareness	disaster fund	awareness
Governance awareness	First aid knowledge	Environmental management awareness	Provision of education	Flood healthcare access
Natural habitat restoration	Early Warning Systems (EWS)	Natural capital condition	Flood energy supply	Transportation interruption
Household flood protection Large scale flood	Flood emergency infrastructure Community participation	Priority natural units Natural resource	Community safety	Communication interruption Flood emergency
Community representative bodies	in flood related activities External flood response and recovery services	conservation Community disaster ri management planning		food supply Flood safe water
Social inclusiveness Integrated flood management	Inter-community flood coordination National forecasting policy plan	Local leadership		Flood waste contamination Community structures for mutual assistance
planning				

Source: FRMC.

Table A4: Outcome variables for analysis

Outcome variable	₽₽₽
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Source: FRMC. Note: PE: Post event survey

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Table A5: Control variables

Control variable	Description	Dataset	Respondents
Average Percentage of	What percentage of the community was directly	PE	Key informant,
Population Affected by	impacted by the flood?		focus group,
Flood			secondary source
Average Flood Return	What is the return period or re-occurrence interval	PE	Key informant,
Period	of this flood, in number of years? In other words,		focus group,
	how often is a flood of this size or bigger		secondary source
	expected/experienced in the community?		
Age Group Distribution	Which of the following age groups do you fall into:	BL	Household
(%)	15-25, 26-50, or over 50?		
Gender Distribution (%)	What is your gender: Male, Female, Other?	BL	Household
Average Rural	Is this a rural, urban, or peri urban community?	BL	Household
Composition (%)	-		

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Table A6A1: Cronbach's alpha for the five capitals in the FRMC5Cs

Capital	Number of items on the scale	Cronbach's alpha
Financial	7	0.7710
Social	11	0.8453
Physical	12	0.8275
Human	9	0.7053
Natural	5	0.7022

Source: FRMC.

Table A7A2: Cronbach's alpha for the DRM cycle stages

DRM Indicator	Number of items on the scale	Cronbach's alpha
Corrective Risk Reduction	9	0.7365
Preparedness	9	0.7404
Prospective Risk Reduction	8	0.5646
Recovery	5	0.5830
Response	9	0.7727

Source: FRMC.

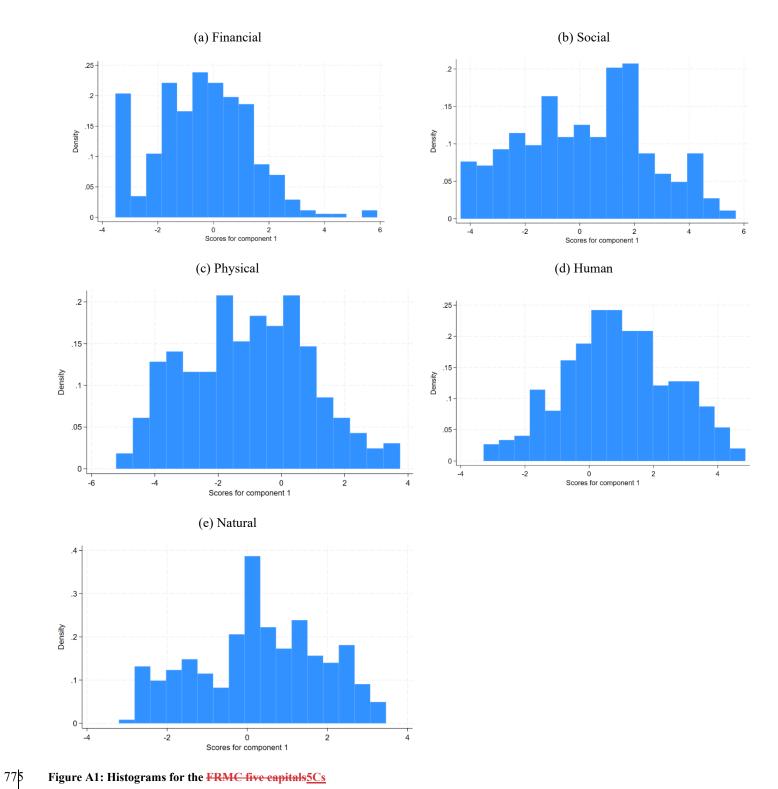


Figure A1: Histograms for the FRMC five capitals 5Cs

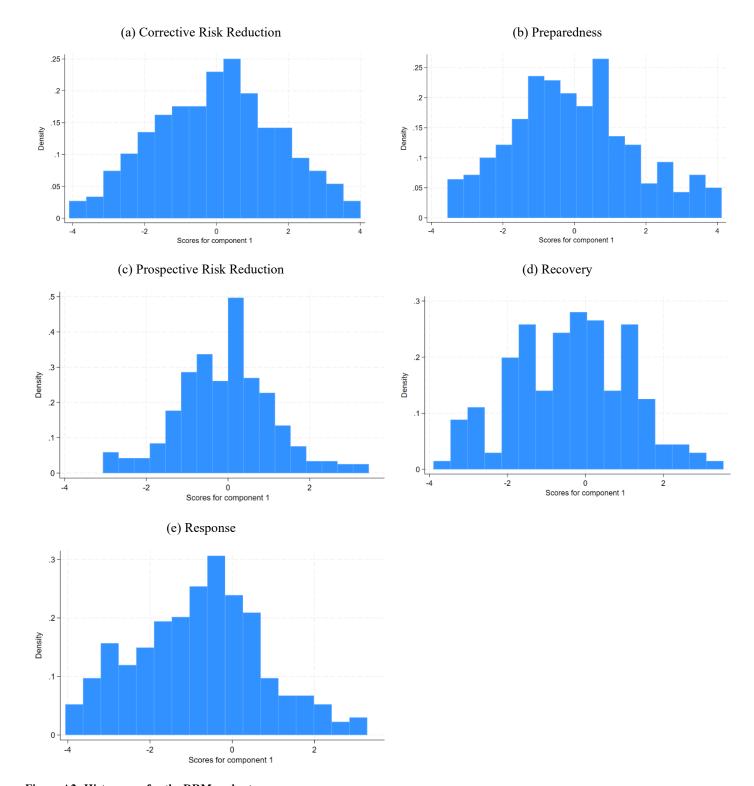


Figure A2: Histograms for the DRM cycle stages

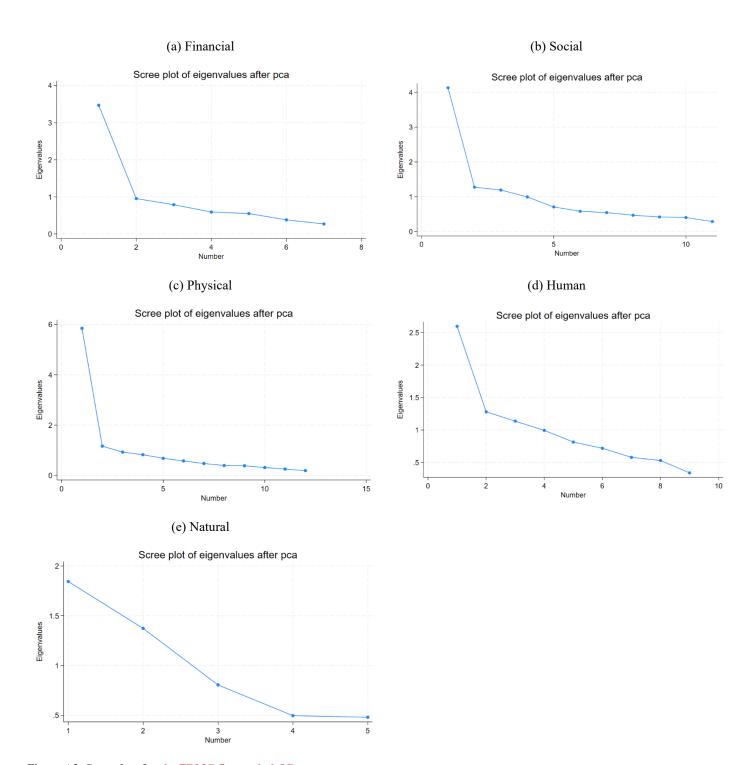


Figure A3: Screeplots for the FRMC five capitals 5Cs

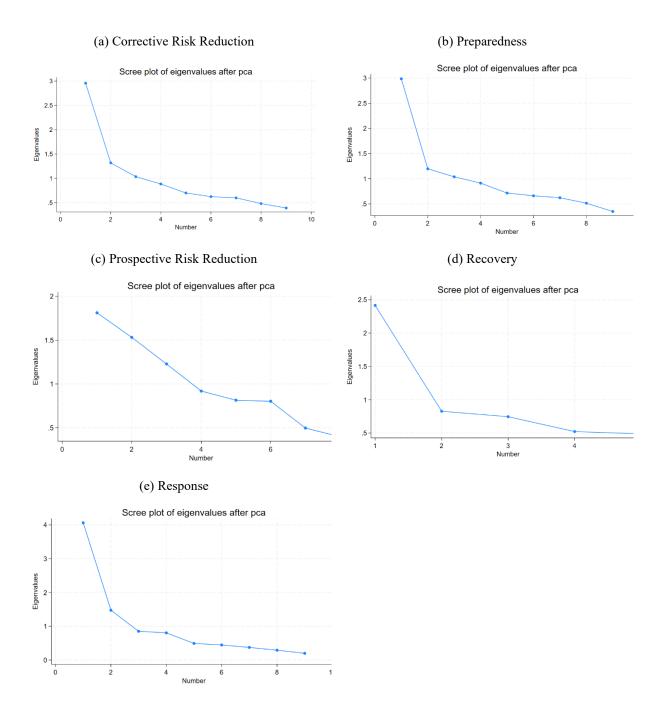


Figure A4: Screeplot for the DRM cycle stages

Table A8: Distribution of the 66 communities that have experienced flood according to resilience clusters							
Cluster	Freq.	Perc.	Cum.				
1	43	65.1	65.1				
⊋	≨	7.6	72.7				
≟	4	6.0	78.8				
4	14	21.2	100.00				
Total	66	100					

790 Source: FRMC

Table X: Distribution of the 66 communities that have experienced flood according to DRM cycle clusters

Cluster	Freq.	Perc.	Cum.
1	27	4 0.9	40.9
2	39	59.1	100.00
Total	66	100	

795 Source: FRMC

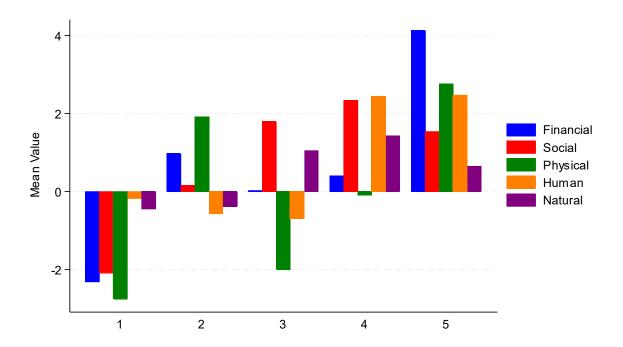


Figure A5: Mean of resilience capitals scores by cluster in the baseline survey

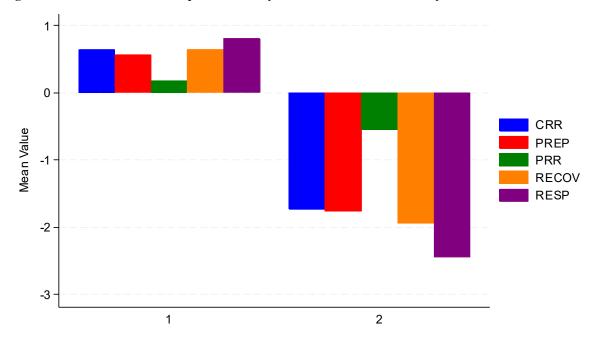


Figure A6: Mean of DRM cycle stages scores by cluster in the baseline survey

Table A9: Descriptive statistics for the control and dependent variables

Observations	Mean	Std. Dev.	Min	Max
66	0.100	0.079	0.000	0.324
66	0.586	0.185	0.184	0.928
66	0.315	0.203	0.036	0.816
66	0.577	0.143	0.198	0.836
66	0.803	0.401	0.000	1.000
66	8.111	8.793	1.000	35.000
66	0.710	0.225	0.183	1.000
66	1.695	4.458	0.000	23.000
66	1.045	1.978	0.000	11.000
66	48.668	68.475	0.000	257.750
	66 66 66 66 66 66	66 0.100 66 0.586 66 0.315 66 0.577 66 0.803 66 8.111 66 0.710 66 1.695 66 1.045	66 0.100 0.079 66 0.586 0.185 66 0.315 0.203 66 0.577 0.143 66 0.803 0.401 66 8.111 8.793 66 0.710 0.225 66 1.695 4.458 66 1.978	66 0.100 0.079 0.000 66 0.586 0.185 0.184 66 0.315 0.203 0.036 66 0.577 0.143 0.198 66 0.803 0.401 0.000 66 8.111 8.793 1.000 66 0.710 0.225 0.183 66 1.695 4.458 0.000 66 1.045 1.978 0.000

Source: FRMC.

Table A10A3: Comparison of Wild Bootstrap Clustered Regression Models for Assessing Community Resilience and Its Impact on Average Loss of Life

Variable	Model 1	Model 2	Model 3	Model 4	Model 5	Model 6	Model 7
std_social	-0.537***	-0.371	0.190	0.191	0.097	0.112	0.054
std_financial	0.260	0.053	0.215	0.322	0.391	0.218	0.203
std_physical	-0.583	-0.706	-0.846	-0.917	-0.854	-0.755	-0.630
std_human	-0.472	-0.609	-0.601	-0.466	-0.468	-0.229	-0.256
std_natural	0.434	0.464	0.644	0.618	0.659	0.543	0.582
std_AverageAge15to25		-0.449	-0.529	-0.650	-0.651	-0.744	-0.721
std_AverageAge50plus			-0.887*	-1.011	-0.961	-1.146	-1.137
std_AveragePercFemaleResp				0.409	0.464	0.432	0.459
std_AverageRural					0.236	0.131	0.075
std_AverageReturnPeriod						0.695	0.685
std_AveragePercComAffect							0.271***
Observations	66	66	66	66	66	66	66
R-squared	0.23	0.27	0.35	0.38	0.39	0.48	0.49
AIC	255.23	251.66	243.44	240.39	239.63	229.43	228.12
BIC	261.79	258.23	250.01	246.96	246.20	236.00	234.69

Observation: *** Significant at 1%; ** Significant at 5%; * Significant at 10%

Source: FRMC.

Table A11A4: Comparison of Wild Bootstrap Clustered Regression Models for Assessing Community Resilience and Its Impact on Average Injuries

Variable	Model 1	Model 2	Model 3	Model 4	Model 5	Model 6	Model 7
std_social	-36.145	-37.254	-33.537	-33.547	-36.736	-36.127***	-39.976***
std_financial	19.833	21.218	22.288	21.208	23.513	16.631	15.602
std_physical	-6.930	-6.104	-7.032	-6.320	-4.203	-0.243	8.109
std_human	-13.281	-12.361	-12.310	-13.667	-13.742	-4.156	-5.970***
std_natural	-11.879***	-12.076***	-10.884***	-10.627***	-9.240***	-13.873	-11.277
std_AverageAge15to25		3.013	2.486	3.704	3.672	-0.068	1.510
std_AverageAge50plus			-5.878	-4.633	-2.935	-10.352	-9.735***
std_AveragePercFemaleResp				-4.106***	-2.251	-3.516	-1.707
std_AverageRural					7.992***	3.786	0.052
std_AverageReturnPeriod						27.799	27.150
std_AveragePercComAffect							18.123***
Observations	66	66	66	66	66	66	66
R-squared	0.45	0.45	0.46	0.46	0.46	0.57	0.61
AIC	705.24	705.07	704.72	704.44	703.68	688.74	683.02
BIC	711.81	711.64	711.29	711.01	710.25	695.31	689.58

Observation: *** Significant at 1%; ** Significant at 5%; * Significant at 10% Source: FRMC.

Table A12A5: Comparison of Wild Bootstrap Clustered Regression Models for Assessing Community Resilience and Its Impact on Average Fatalities After Three Months

Variable	Model 1	Model 2	Model 3	Model 4	Model 5	Model 6	Model 7
std_social	0.096	-0.011	-0.687	-0.687	-0.546	-0.561	-0.179
std_financial	-3.493	-3.359	-3.554	-3.517	-3.619	-3.443	-3.341
std_physical	0.846***	0.925***	1.094***	1.070	0.976	0.875	0.047
std_human	-0.565	-0.476	-0.485	-0.439	-0.436	-0.680	-0.500
std_natural	2.037***	2.017***	1.801	1.792	1.730	1.849	1.591***
std_AverageAge15to25		0.291	0.387	0.345	0.346	0.442	0.285
std_AverageAge50plus			1.069***	1.026***	.951***	1.140***	1.079***
std_AveragePercFemaleResp				0.141	0.059	0.091	-0.088
std_AverageRural					-0.354	-0.246	0.124
std_AverageReturnPeriod						-0.710	-0.645
std_AveragePercComAffect							1.797
Observations	66	66	66	66	66	66	66
R-squared	0.27	0.27	0.28	0.28	0.29	0.30	0.35
AIC	389.93	389.74	388.34	388.30	388.12	387.08	381.65
BIC	396.50	396.31	394.91	394.87	394.69	393.65	388.22

Observation: *** Significant at 1%; ** Significant at 5%; * Significant at 10% Source: FRMC.

Table A13A6: Comparison of Wild Bootstrap Clustered Regression Models for Assessing DRM cycle levels and Its Impact on Average Fatalities

Variable	Model 1	Model 2	Model 3	Model 4	Model 5	Model 6	Model 7
std_CRR	015***	0.100	0.315***	0.335***	0.613***	0.716***	0.656***
std_PREP	577***	-0.550***	-0.460***	-0.491***	-0.699***	-0.597***	-0.532***
std_PRR	0.095	0.131	0.022	0.025	0.029	0.068	0.023
std_RECOV	0.482	0.062	0.299***	0.314***	0.874***	0.079***	-0.019
std_RESP	774***	-0.640***	-0.743***	-0.734***	-1.063***	-0.563***	-0.420
std_AverageAge15to25		-0.344***	-0.312***	-0.313***	-0.447***	-0.741***	-0.744***
std_AverageAge50plus			-0.528***	-0.516***	-0.733***	-0.901***	-0.925***
std_AveragePercFemaleResp				0.599	0.676	0.491	0.491
std_AverageRural					0.278***	0.172***	0.094***
std_AverageReturnPeriod						0.832***	0.845***
$std_AveragePercComAffect$							0.243***
Observations	66	66	66	66	66	66	66
R-squared	0.20	0.22	0.25	0.31	0.32	0.44	0.45
AIC	253.52	251.91	249.00	243.61	242.67	229.72	228.86
BIC	255.71	254.10	251.19	245.80	244.86	231.91	231.04

Observation: *** Significant at 1%; ** Significant at 5%; * Significant at 10%

Source: FRMC.

Table A14A7: Comparison of Wild Bootstrap Clustered Regression Models for Assessing DRM cycle levels and Its Impact on Average Injuries

Variable	Model 1	Model 2	Model 3	Model 4	Model 5	Model 6	Model 7
std_CRR	-32.123***	-36.119***	-32.668***	-32.294***	-30.654***	-27.559	-30.906***
std_PREP	-28.290***	-29.227***	-27.792***	-27.963***	-30.126***	-27.041***	-23.375***
std_PRR	10.098***	8.831***	7.077***	7.057***	7.290***	8.478***	5.921***
std_RECOV	36.256***	50.975	54.779	55.717	57.476	33.488	27.944
std_RESP	-19.805***	-24.528***	-26.193***	-26.870***	-26.831***	-11.777	-3.675
std_AverageAge15to25		12.051	12.555	12.306	12.081	3.224	3.070
std_AverageAge50plus			-8.446***	-8.934***	-8.557***	-13.617***	-14.998***
$std_AveragePercFemaleResp$				1.259	2.309	-3.256***	-3.285
std_AverageRural					3.814***	0.593	-3.782
std_AverageReturnPeriod						25.092***	25.841***
$std_AveragePercComAffect$							13.702***
Observations	66	66	66	66	66	66	66
R-squared	0.46	0.48	0.49	0.49	0.49	0.58	0.59
AIC	699.54	697.23	696.38	696.35	696.17	684.03	681.17
BIC	701.73	699.42	698.57	698.54	698.36	686.22	683.36

Observation: *** Significant at 1%; ** Significant at 5%; * Significant at 10% Source: FRMC.

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Table A15A8: Comparison of Wild Bootstrap Clustered Regression Models for Assessing DRM cycle levels and Its Impact on Average Fatalities After Three Months

Variable	Model 1	Model 2	Model 3	Model 4	Model 5	Model 6	Model 7
std_CRR	0.956	1.020***	1.085	1.132	0.964	0.917	1.285
std_PREP	0.843	0.858	0.885	0.863	1.085***	1.039***	0.637
std_PRR	-1.983***	-1.962***	-1.995***	-1.997***	-2.021***	-2.039***	-1.758***
std_RECOV	-4.314***	-4.553***	-4.482***	-4.365***	-4.545***	-4.185***	-3.577***
std_RESP	1.127***	1.204***	1.173***	1.088***	1.084***	0.858***	-0.031
std_AverageAge15to25		-0.196	-0.187	-0.218	-0.195	-0.062	-0.045
std_AverageAge50plus			-0.157	-0.219	-0.257	-0.181	-0.030
$std_AveragePercFemaleResp$				0.158	0.050	0.134	0.137
std_AverageRural					-0.392	-0.344	0.136
std_AverageReturnPeriod						-0.376	-0.458***
$std_AveragePercComAffect$							-1.503***
Observations	66	66	66	66	66	66	66
R-squared	0.34	0.34	0.34	0.34	0.35	0.35	0.38
AIC	378.63	378.55	378.51	378.46	378.22	377.91	374.33
BIC	380.82	380.74	380.70	380.65	380.41	380.10	376.52

Observation: *** Significant at 1%; ** Significant at 5%; * Significant at 10%

Source: FRMC.

Code availability

Code available upon request.

Data availability

The FRMC data is owned by the organisations that collected it. The authors of this paper were granted access to the data but do not have permission to share it further.

Author contribution

RG designed the study, wrote the manuscript, and prepared and analysed the data. RM contributed to the study design, manuscript writing, and data interpretation. SV participated in data preparation, manuscript writing, and data interpretation. DC contributed to the writing of the manuscript and to data interpretation.

875 Competing interests

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: RG reports financial support was provided by Z Zurich Foundation.

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