

Trends in South Pole Particle Concentrations Imply Holocene Westerly Wind Strengthening

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35 **Abstract.** The Southern Hemisphere Westerly Winds (SHWW) play an important role in global climate and Antarctic ice
sheet dynamics; however, high-resolution proxy reconstructions are sparse. Conflicting evidence suggests SHWW latitudinal
change, weakening and/or strengthening, throughout the Holocene. Dust microparticle characteristics preserved in Antarctic
ice cores (i.e., changes in concentration and size) provide a useful physical proxy reflecting wind dynamics. We present South
Pole Ice Core (SPC14) dust records spanning the Holocene. Dust concentrations ($1.1 - 5.1 \mu\text{m}$) decrease through the Holocene,
40 while the coarse particle percentage (CPP) increase due to a relatively larger decrease in finer ($1.1 - 3.2 \mu\text{m}$) dust, highlighting
an opposing trend. The South Pole dust trends, consistent with CMIP6-PMIP4 model trends, southern mid-latitude insolation,
and mid- to high latitude Southern Hemisphere proxy records, reflect SHWW southward migration and strengthening of wind
speed south of 51°S during the mid-Holocene ($\sim 7000 - 3000$ years ago). Our findings suggest orbitally-driven warming
throughout the Holocene led to strengthening and southward migration of the SHWW beginning ~ 7000 years BP.

45 1 Introduction

The Southern Hemisphere Westerly Winds (SHWW) represent the strongest persistent surface wind system on Earth.
Variations in the SHWW influence global carbon cycling and heat distribution, and are believed to play a critical role in Earth's
climate and ice sheet stability across wide-ranging timescales (Hillenbrand et al., 2017; Russell et al., 2006). Variations of the
strength and latitudinal position of the SHWW during the past several centuries are related to changes in the equator-to-pole
50 temperature gradient (i.e., Perren et al., 2020). During warm periods, SHWW migrate southward and increase in strength and
during cooler periods migrate northward and weaken. Increases in SHWW strength intensify the ocean-to-atmosphere transfer
of CO_2 via upwelling and impact ice sheet stability and mid-latitude vegetation/precipitation dynamics (Hillenbrand et al.,
2017; Anderson et al., 2009; Toggweiler and Russell, 2008; Moreno et al., 2010).

However, while the SHWW are an important climatic feature, complete Holocene SHWW dynamics are poorly
55 constrained. Previous research has focused on three possibilities for the style of change; 1) strong southward SHWW
displacement at the start of the Holocene and northward displacement with cooling and/or stable temperatures beginning $\sim 9 -$
 7.5 ka (Hillenbrand et al., 2017; Kaplan et al., 2016; Mulvaney et al., 2012), 2) progressive strengthening and southward
displacement of the SHWW between $\sim 8 - 7$ ka (Moreno et al., 2010; Saunders et al., 2018; Zwier et al., 2022), and 3)
strengthening of the SHWW wind belt core with latitudinal contraction of the northern margin of the winds throughout the
60 past 12 ka (Lamy et al., 2010). Furthermore, the early Holocene is hypothesized to be a climatically similar period to the
present day, facilitating comparison to ongoing climate dynamics (Marcott et al., 2013; Kaufman et al., 2020). However,

Osman et al. (2021) provides an alternative scenario, with global average temperature steadily increasing throughout the Holocene, which suggests that the Early Holocene would not be a comparable period for comparison to modern climate dynamics. The current ambiguity of Holocene and in particular early Holocene SHWW dynamics is critical for understanding
65 West Antarctic Ice Sheet (WAIS) stability and future climate projections (i.e., Bronselaer et al., 2020).

Records of microparticle concentration and relative particle size (i.e., coarse particle percentage; CPP) from Antarctic ice cores offer a unique perspective on SHWW strength and/or position dynamics because they have been interpreted to reflect source-to-sink conditions and atmospheric variability, specifically distillation (Markle et al., 2018), geomorphology of the source regions (Sugden et al., 2009), wind strength (Koffman et al., 2014), vegetation cover, precipitation (Tegen and
70 Schepanski, 2018), and atmospheric transport patterns (Albani et al., 2018; Delmonte et al., 2020; Delmonte et al., 2013; Delmonte et al., 2002; Aarons et al., 2019; Aarons et al., 2017; Aarons et al., 2016; Koffman et al., 2023). Holocene dust records differ among Antarctica ice cores, with East Antarctic Plateau data reflecting atmospheric subsidence and peripheral cores reflecting regional variability (Delmonte et al., 2020; Albani et al., 2012). The relative few complete and available Holocene dust records from Antarctica prevent a full interpretation of past SHWW behavior.

75 The South Pole is well-situated for Southern Hemisphere atmospheric reconstructions because 1) the symmetric position with respect to the annular SHWW belt favors interpretation of the hemispheric, rather than regional, SHWW system, 2) the relatively high snow accumulation rate (8 cm w.e. a⁻¹) relative to other sites in East Antarctica provides strong constraints on the ice core chronology and high temporal resolution and 3) aerosol and meteorological studies have been conducted at this location over the past 60 years, which provides context for paleo-interpretations (Lazzara et al., 2012; Sheridan et al., 2016;
80 Clem et al., 2020; Casey et al., 2014). The South Pole primarily receives aerosols during the austral summer (DJF) via air masses moving into the East Antarctic plateau, most prominently via the Weddell Sea and the Amundsen-Bellingshausen Sea embayment (Nicolas and Bromwich, 2011; Lazzara et al., 2012; Clem et al., 2020; Tuncel et al., 1989). South Pole aerosols and particulates (i.e., cloud condensation nuclei and dust particles) are sensitive to seasonal and synoptic variability over the past 40 years, demonstrating that trends in ice-core particle records likely reflect long-term climate variability (Hogan et al.,
85 1984; Parungo et al., 1981; Ardon-Dryer et al., 2011; Sheridan et al., 2016). We build upon instrumental-era South Pole particle research to investigate Holocene particle variability on centennial to millennial scales throughout the Holocene using

microparticle concentration and CPP data from the new SPC14 intermediate-depth ice core to better constrain Holocene SHWW dynamics within the context of early Holocene to modern climate dynamics.

2 Methods

90 Microparticle concentrations and size distributions were measured with a Klotz Abakus laser dust sensor on a continuous flow analysis (CFA) system at Dartmouth College (Text S1; Breton et al., 2012; Winski et al., 2021; Osterberg et al., 2006). We use a subset (size 1.1 – 5.1 μm) of the particle data and focus our data analysis on the period from 11300 years BP to 250 years BP based on particle size distributions (Figure 1). Uncertainty in the SPC14 age model during the Holocene is ± 18 years while between 1800 – 3100 years BP the uncertainty increases to ± 25 years (Winski et al., 2019). While the CFA
95 can produce data with nominal sub-annual resolution, we resample the dust data yielding the median value in 50-year intervals.

 To facilitate a comparison with other ice core records, we assume a spherical particle shape, rather than the measured prolate particle shapes (Chesler et al., 2023), use a density of 2.6 g cm^{-3} (following Koffman et al., 2014) to estimate particle mass flux, and, when possible, restrict particle flux to similar size ranges (1.1 – 5.1 μm ; Figure 1e and Figure 2). South Pole particle shape metrics (i.e., mass and flux) are unconstrained for the Holocene because of limited data (i.e., Chesler et al.,
100 2023). In previously published ice core dust records using solely laser particle measurement techniques, the particle shape has been assumed to be spherical (Chesler et al., 2023; Simonsen et al., 2018; Potenza et al., 2016). Studies concerned with the absolute magnitude of dust flux at the South Pole should use prolate particle shapes to calculate flux (Chesler et al., 2023; data at USAP-DC, DOI: 10.15784/601553). We restrict particle metrics to number concentration and CPP because the particle shape assumption (i.e., particle flux and mass concentration), can artificially increase particle metric concentrations by 25 –
105 44%. While this produces higher-than-realistic particle flux values, it mitigates discrepancies from comparing records with dissimilar metrics.

 We use particle number concentration measured between 1.1 – 5.1 μm and CPP (defined as number of particles mL^{-1} $[3.2 - 5.1] / [1.1 - 5.1] \mu\text{m diameter} \times 100$; Figure 1) following other East Antarctic studies due to the similarity of the South Pole particle flux to other East Antarctic ice core records (Figure 2a and b; i.e., Delmonte et al., 2020). To avoid spurious
110 correlation of ratios between our analyses, we also compare the coarse particle fraction (3.2 – 5.1 $\mu\text{m} \# \text{mL}^{-1}$) to our fine

particle fraction ($1.1 - 3.2 \mu\text{m} \# \text{mL}^{-1}$), which we refer to as our coarse:fine ratio (CFR). Our CPP and CFR have a significantly strong relationship ($r = 0.95$, $p\text{-value} = <0.01$), suggesting similar forcings behind these particle size metrics.

2.1 HYSPLIT and CMIP6-PMIP4 models

We obtain HYSPLIT NCEP trajectories for December, January, February (austral summer; DJF) and June, July, August (austral winter; JJA) from 1980 – 2022 (inclusive) hourly for 10 days over a 90-day period. We run the model at an altitude of 1000 m following Schwanck et al. (2017) and use the default vertical motion for the model. We then calculate air mass origin percentage using a $2 \times 2^\circ$ grid to identify where air masses originate 10 days prior to reaching the South Pole.

We also explore changes in atmospheric temperature, wind speed, and precipitation using CMIP6 – PIMP4 model outputs. We use 11 different models (Table 1) to assess model agreement between mid-Holocene runs (6,000 years ago) relative to pre-industrial control (piControl). We calculate model difference by subtracting the mid-Holocene from pre-industrial to assess change in each climate variable from the mid-Holocene to the pre-Industrial. We replace all positive values with a value of 1, which signifies an increase with time, and replace all negative values with a 0 and sum all model runs. Our method allows us to assess if the models agree to an increase/decrease in each climate variable rather than assessing the magnitude of change between each model. We test statistical significance by selecting data in the mid-Holocene and piControl runs using a $10 \times 10^\circ$ grid. We use a t-test to identify significant difference between the two periods for each model run ($p\text{-value} < 0.05$). If the two periods are significantly different, then replace the values with a 1 and sum the totals between models, similar to our model agreement analysis.

Table 1: List of CMIP6-PMIP4 Models used with name, institution, resolution using the r1i1p1 (r = realization, i = initialization, p = physics, respectively) ensemble, with variables for surface temperature (tas), precipitation, (pr), and surface wind speed (sfc Wind). All data was downloaded using the atmospheric monthly data (Amon) time resolution.

Model	Institute	Grid Size		Model Run Time		Variables
		Latitude (°)	Longitude (°)	mid-Holocene	piControl	
ACCESS-ESM 1-5	Commonwealth Scientific and Industrial Research Organization, Australia	1.25	1.88	501 - 800	101 - 0600	pr, tas
AWI-ESM-1-1-LR	Alfred Wegner Institute, Germany	1.85	1.88	3106 - 3205	1850 - 1954	pr, sfcWind, tas
FGOALS-f3-L	Chinese Academy of Sciences, China	1	1.25	720 - 1219	600 - 1160	pr, sfcWind, tas
GISS-E2-1-G	Goddard Institute for Space Studies, USA	2	2.5	2900 - 3199	4150 - 5000	pr, sfcWind, tas
INM-CM4-8	Institute for Numerical Mathematics, Russian Academy of Science, Russia	1.5	2	1880 - 2079	1850 - 2380	pr, sfcWind, tas
IPSL-CM6A-LR	L'Institut Pierre-Simon Laplace, France	1.27	2.5	1850 - 2399	1850 - 2349	pr, sfcWind, tas
MPI-ESM1-2-LR	Max Planck Institute for Meteorology, Germany	1.85	1.88	1001 - 1500	1850 - 2849	sfcWind
MRI-ESM2-0	Meteorological Research Institute, Japan	1.11	1.13	1951 -2150	1850-2550	pr, sfcWind, tas
NCAR - CESM2	National Center for Atmospheric Research, USA	0.94	1.25	0 - 700	1 - 1200	pr, sfcWind, tas
NUIST - NESM3	Nanjing University of Information Science and Technology, China	1.875	1.875	1798 - 1897	500 - 0999	pr, tas
NorESM2-LM	Norwegian Climate Centre	1.875	2.5	2101 - 2200	1600 - 2100	pr, tas

3 Results

135 South Pole dust concentration decreases during the mid-Holocene (~7000 – 3000 years BP) compared to the relatively stable early Holocene (11300 – 7000 years BP), and a moderate decrease in the late Holocene (3000 – 250 years BP). The rate of the concentration decrease during the mid-Holocene is double that of the late Holocene and coincides with an increase in the CFR and CPP (Figure 1a – c). South Pole particle flux and NOAA HYSPLIT analysis suggests that trends in the South Pole particle flux are similar to those in other Antarctic records (Figure 2a and b) and broadly reflects synoptic scale Antarctic

140 climate (Figure 3a and b). Therefore, we suggest the South Pole particle trends are reflective of Holocene mid-high latitude synoptic climate variability.

3.1 Holocene trends in dust deposited at the South Pole

The number concentrations of particles in the size range $1.1 - 5.1 \mu\text{m}$ comprise on average $\sim 85 - 96\%$ of all particles measured ($\text{median} \pm 1\sigma$; Figure 1a and b). The total dust number concentration and CPP (Figure 1a – c) abundance have
145 opposing trends, yet the timing of change in both trends begins about ~ 7000 years BP. This inverse relationship is most apparent during the mid-Holocene ($\sim 7000 - 3000$ years BP). Because trend changes occur around the mid-Holocene, we divide the Holocene into early (11,300-7,000 years BP), middle (7,000-3,000 years BP) and late (3,000 - 250 years BP) periods. During the early Holocene, dust concentration remained relatively stable ($\sim -1.7 \text{ particles mL}^{-1} \text{ kyr}^{-1}$) followed by a significant decrease ($\sim 50 \text{ particles mL}^{-1} \text{ kyr}^{-1}$) until the Late Holocene where particle concentrations continued to decrease but at half the
150 rate of the mid-Holocene ($\sim 24 \text{ particles mL}^{-1} \text{ yr}^{-1}$; Table S1). Dust concentration distributions in all three time periods are statistically different (Figure 1d; $p\text{-value} < 0.01$; Table S2a), further indicating a significant reduction in Holocene dust deposition. During the mid-Holocene, there is a bimodal distribution highlighting the transition from early to late Holocene (Figure 1d). During the early and late Holocene, the dust concentration is more normally distributed.

The number concentration of coarse particles (Figure 1b) has a decrease similar to the total particle concentration
155 (Figure 1a), but the coarse particle decrease is an order of magnitude smaller (total dust concentration slope $\sim -20 \text{ \# particles mL}^{-1} \text{ kyr}^{-1}$ compared to coarse particle decrease $\sim -2 \text{ \# particles mL}^{-1} \text{ kyr}^{-1}$). The decrease in total dust concentration from the Early Holocene to Late Holocene is about 40% and about 35% for coarse dust concentration. This 5% difference results in an increase in the CPP starting at ~ 7000 years BP, where over the Holocene, CPP significantly increases from 8.6% to 9.4% (two-sided t-test; $p\text{-value} < 0.01$; Table S2b). Although the coarse dust concentration also decreases slightly throughout the
160 Holocene, the decrease is much less than that of the total dust concentration slope such that the proportion of coarse particles rises, especially during the middle Holocene. CPP has a weak statistical relationship with dust concentration during the Holocene (Spearman $r = -0.28$; $p < 0.01$), suggesting that their variability may be driven by different and/or independent factors. Because total dust concentration was used in the creation of the CPP metric, we test this relationship with CFR and

identify a statistically weaker relationship ($r = -0.15$, $p < 0.05$). The statistically weaker relationship further supports the above
165 interpretation of independent factors driving their variability.

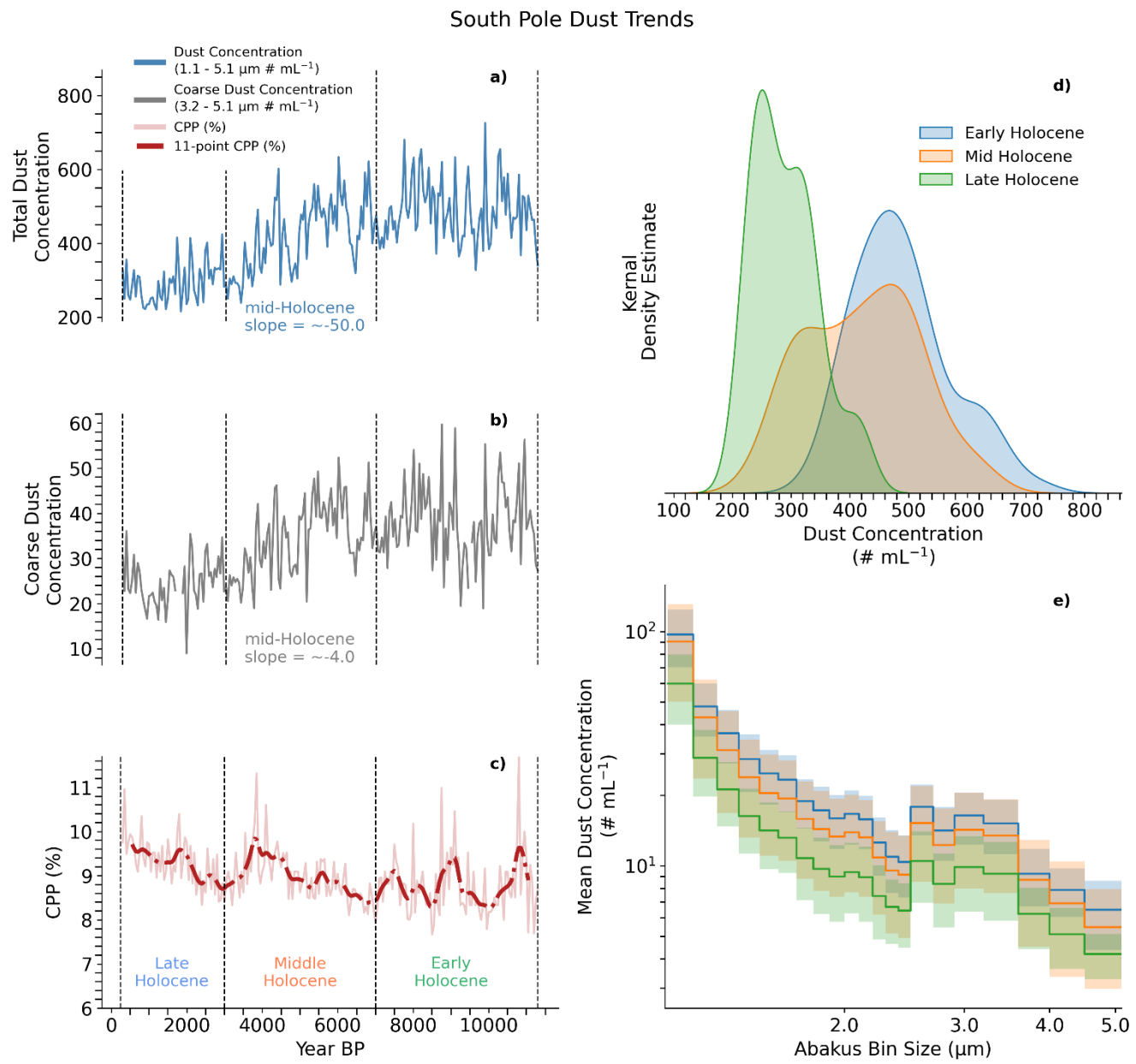


Figure 1a – e: 1a) 50-year median resampled SPC14 total dust concentration (1.1 – 5.1 μm # particles mL^{-1} ; blue line), 1b) 50-year median resampled coarse particle concentration (3.2 – 5.1 μm # particles mL^{-1} ; grey line), 1c) 50-year median resampled CPP (light

170 red) and CPP 11-point rolling gaussian mean (2σ ; red dashed line), 1d) total dust # particles mL^{-1} concentration distributions, and
1e) total dust # particles mL^{-1} size distributions by time period. Average median absolute deviation (MAD) for the particle
concentration is ~ 84 (Figure S1). Mid-Holocene slopes values are reported in # particles $\text{mL}^{-1} \text{ kyr}^{-1}$.

3.2 Holocene dust flux

South Pole Holocene dust flux ($0.45 \pm 0.23 \text{ mg m}^{-2} \text{ yr}^{-1}$; 2σ ; 50-year resampled) has a similar magnitude and trend to
175 other East Antarctic Plateau ice core sites (Figure 2a; following Koffman and Kreutz, 2014). The SPC14 Holocene median
dust flux is within 2σ of the EPICA Dome C (0.33 ± 0.23) and Vostok dust flux records (0.63 ± 0.21), while non-plateau sites
(i.e., TALDICE [$\sim 1.31 \text{ mg m}^{-2} \text{ yr}^{-1}$] and WAIS Divide [$\sim 1.36 \text{ mg m}^{-2} \text{ yr}^{-1}$; particles $< 5.1 \mu\text{m}$]) are significantly higher (Figure
2b; Koffman et al., 2014; Albani et al., 2012; Lambert et al., 2012; Petit et al., 1990).

Following Albani et al. (2012), we compare our Holocene dust flux record against $\delta^{18}\text{O}$, a proxy for local atmospheric
180 air temperature, to assess whether there are primarily remote or mixed dust source (Steig et al., 2021). Albani et al. (2012)
compared the TALDICE dust- $\delta^{18}\text{O}$ profile against EPICA Dome C as EPICA Dome C is considered to represent remote dust
sources. We define remote dust sources similarly, as those from the mid-latitudes (i.e., southern South America and Australia;
Delmonte et al., 2020), local sources from Antarctica (i.e., Aarons et al., 2019), and mixed being a combination of the remote
and local. The Holocene South Pole dust record and $\delta^{18}\text{O}$ have a weak, albeit significant relationship ($r = -0.17$, $p = < 0.01$;
185 Figure 2b), which suggests a primarily remote dust source signal. Albani et al. (2012) interpreted the close relationship between
dust and $\delta^{18}\text{O}$ trends at Talos Dome as evidence of a local/regional climate influence. Conversely at Dome C during the
Holocene, the dust and $\delta^{18}\text{O}$ did not vary coevally, which is interpreted to reflect mid-to-high latitudinal processes (Lambert
et al., 2008; Albani et al., 2012).

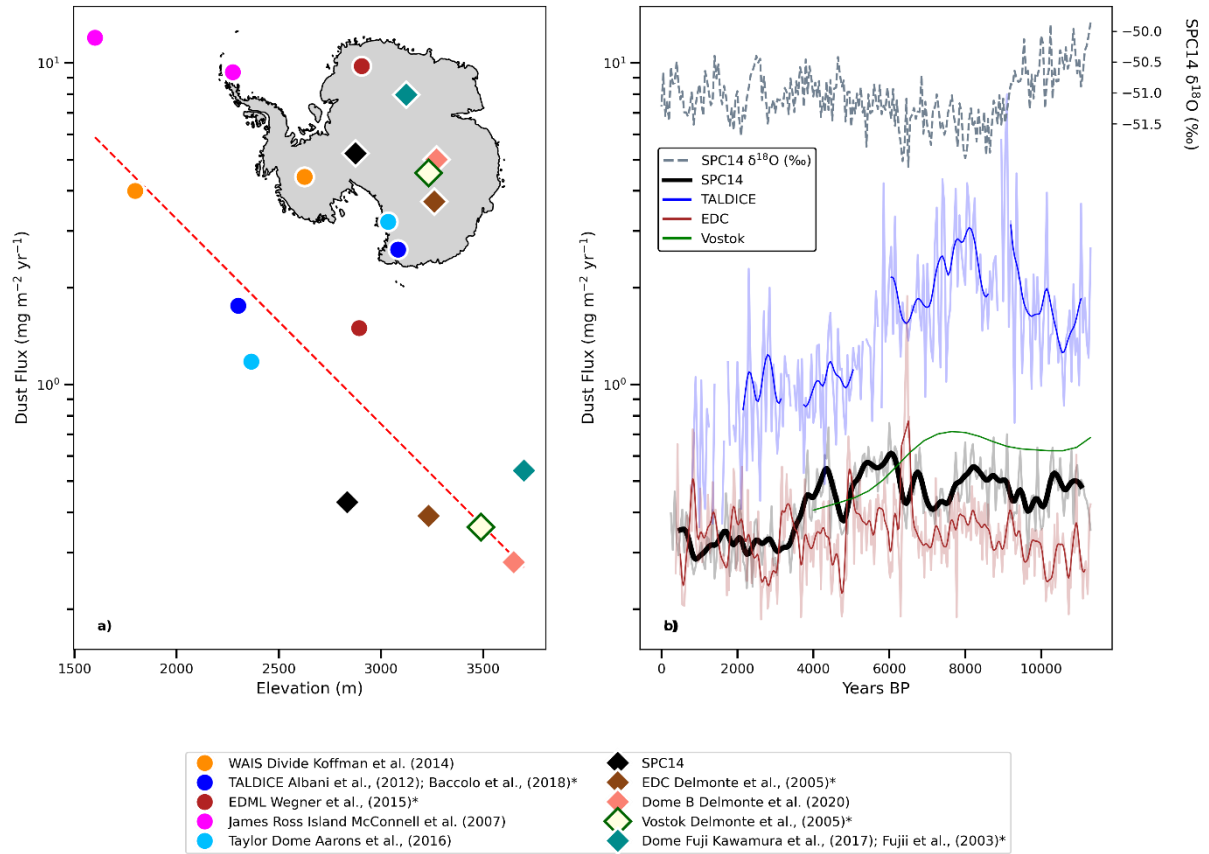


Figure 2a and b: Comparison of SPC14 dust metrics with other Antarctic Holocene records. In 2a, SPC14 dust flux is similar to other cores based on drill site elevation (following Koffman and Kreutz, 2014). Plateau sites are depicted with diamonds while non-plateau (i.e., WAIS and coastal locations) are depicted with circles. Labels containing * symbol at the end were reported in (Delmonte et al., 2020). 2b) South Pole (SPC14) and $\delta^{18}\text{O}$ (Steig et al., 2021) resolved to 50-year resolution shows available Holocene flux records from Talos Dome fine ($0.6 - 5 \mu\text{m mg m}^{-2} \text{yr}^{-1}$; Albani et al., 2012), Vostok (Petit et al., 1990), EPICA Dome C (EDC; Lambert et al., 2012). SPC14 dust flux is similar to other East Antarctic sites (Vostok and EDC) and is on average ~67% lower compared to TALDICE. TALDICE, SPC14, and EDC were resampled to 50-year median values (background variability), and the darkened lines are the 11-point rolling gaussian mean for TALDICE, SPC14, and EDC. WAIS Divide (Koffman et al., 2014), James Ross Island (McConnell et al., 2007), and SPC14 dust fluxes (this study) were measured using a laser particle counter and Dome Fuji (Fujii et al., 2003; Members: et al., 2017) was measured using both light scattering techniques and a laser particle counter. All other records were measured using a Coulter Counter providing volume accurate measurements (Baccolo et al., 2018; Albani et al., 2012; Delmonte et al., 2020; Delmonte et al., 2013; Aarons et al., 2016; Delmonte et al., 2005).

3.3 Modern air mass sources

205 Our NOAA HYSPLIT results from austral summer (DJF) and winter (JJA; 1980 – 2022) both highlight a dominant Atlantic sector signal (Figure 3; Rolph et al., 2017; Stein et al., 2015). Austral summer air masses at their 10-day origin are from the Weddell Sea, Dronning Maud Land, Enderby and Kemp Land (i.e., Atlantic Sector; Figure 3a), while austral winter air masses origins are more latitudinally and longitudinally diverse, with a greater percentage of air mass originates from the Atlantic and Pacific sectors of the Southern Ocean (Figure 3b). While both the longitude and latitude seasonal origins differ, 210 the change is most pronounced in the latitudinal variability (Figure 3c and 3d). A primary austral summer peak was observed in previous South Pole dust and meteorological records (Lazzara et al., 2012; Carrasco et al., 2003; Parungo et al., 1981; Hogan et al., 1984; Bodhaine et al., 1986). Our HYSPLIT analysis identifies DJF 10-day air mass origin locations with an average coordinate of $70.9 (\pm 9.4)^\circ \text{ S}$, $-1.4 (\pm 80.03)^\circ \text{ W}$, indicating a primarily Weddell Sea/Atlantic Sector modern signal. The similarity results from other East Antarctica sites (i.e., Dome C and Vostok; Figure 2b), the modern back-trajectory modelling (Figure 3), and the dust-water isotopes relationships all suggest that South Pole represents a site typical of Antarctic plateau 215 locations, with the majority of dust likely sourced from remote regions rather than mixed remote-local dust sources, facilitating comparisons (Figure 2).

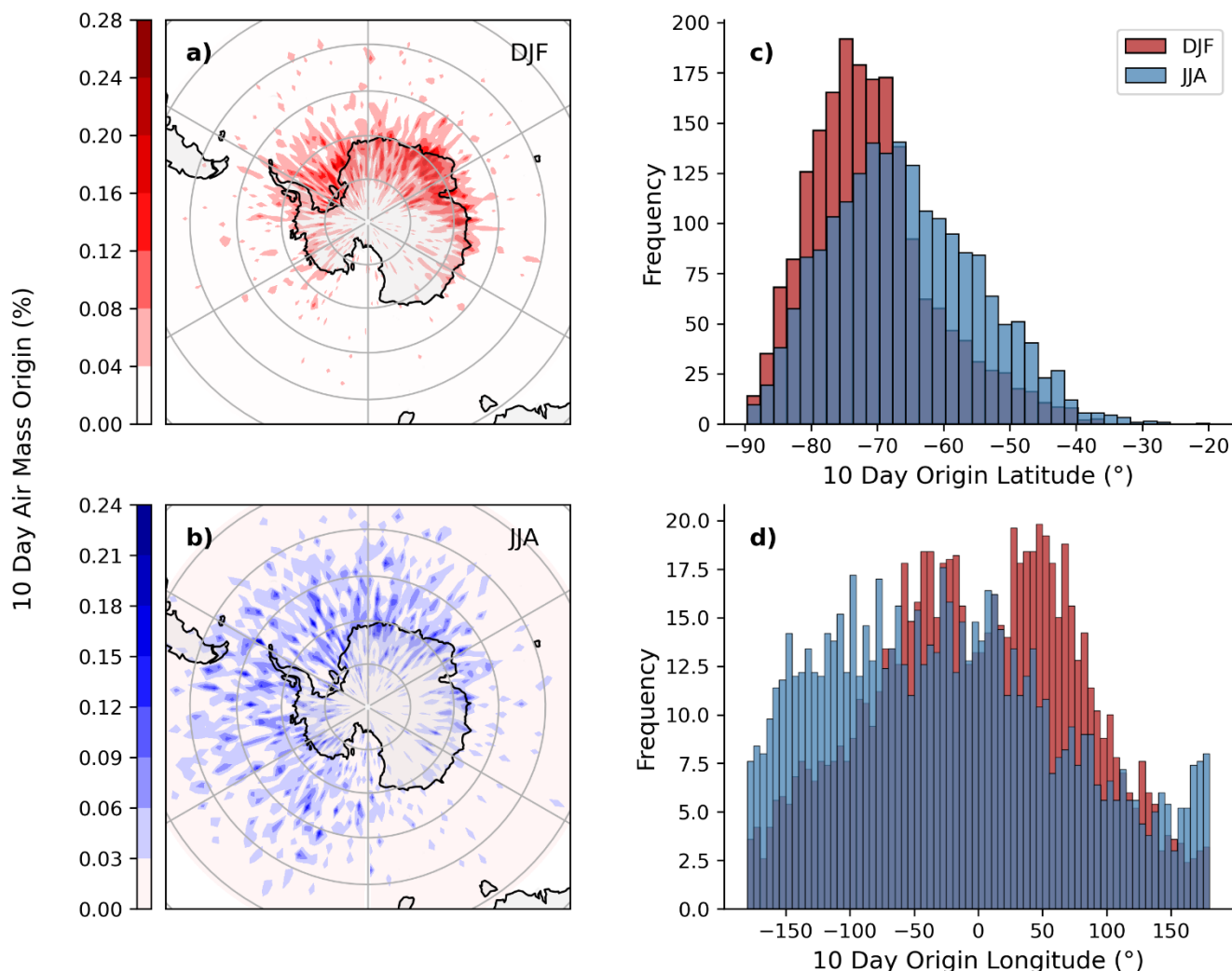


Figure 3a - d: NOAA HYSPLIT analysis of 10-day hourly back-trajectory of air masses to the South Pole from 1980 – 2020 (Rolph et al., 2017; Stein et al., 2015). Height elevation of back trajectory is 1000m. 3a and b indicate the percentage of 10-day air masses (240 hour) in a 2x2° grid. 3c and d are histograms of frequency of seasonal data by latitude and longitude, respectively.

4 Discussion

We interpret the opposing South Pole particle trends and metrics to reflect strengthening and southward migration of the SHWW throughout the Holocene. We reach these conclusions based on a predominantly southern South American and Antarctic dust source regions through terrestrial and oceanographic paleoproxy records and PMIP4-CMIP6 atmospheric modelling analyses. Our interpretations suggest that insolation-like southern hemisphere warming throughout the Holocene

lead to increasing wind strength and southward migration. Based on our interpretations, our data suggests that the early Holocene may not be a climatically comparable period.

4.1 Dust source(s)

230 The South Pole receives air masses from multiple different Antarctic regions, including Western Antarctica (Nicolas and Bromwich, 2011), the Weddell Sea (Winski et al., 2021; Lazzara et al., 2012; Arimoto et al., 2008), and downslope from the East Antarctic Plateau (Lazzara et al., 2012). The dominant advection of remote air masses are from Weddell Sea and WAIS with a minor source from EAIS (Harris, 1992). Our HYSPLIT data analysis then is reflective of past studies and highlights modern seasonal latitudinal changes in wind strength and position of 10-day air mass origins. While we recognize
235 that some air masses and dust particles can be sourced from the East Antarctic Plateau, this area would not be the primary source of reduced dust emission during the mid-Holocene since southern South America and Australia are the primary sources of dust during the Holocene and modern period (Wegner et al., 2012; Vecchio et al., 2024; Delmonte et al., 2020). Given the multiple trajectories of air masses to the South Pole, we do not specify a specific dust source contributor but rather limit our interpretation to local or remote dust sources.

240 **4.2 Proxy and modelled Holocene wind changes**

 We suggest that the SPC14 dust concentration and CPP records indicate a mid-to-high latitude ($>\sim 51^{\circ}\text{S}$) strengthening and southward shift of the SHWW during the mid-Holocene ($\sim 7000\text{--}3000$ yr BP), consistent with other proxy-based reconstructions of SHWW migration and CMIP6-PMIP4 model output (Figure 4). Simulations from an ensemble of CMIP6-PMIP4 models (Table 1; Figure 4b), all show a clear pattern of decreased and significant surface wind strength over South
245 American and mid-latitude ($40^{\circ}\text{--}50^{\circ}$) oceans concurrent with increasing surface wind strength over the Antarctic periphery between the mid-Holocene (6000 BP) and pre-Industrial (piControl; Figure 4b and e). The weakening of the SHWW over lower latitudes $<\sim 51^{\circ}\text{S}$ is consistent with the observed decrease in the SPC14 dust concentration, indicating a reduced entrainment of fine remote dust sources in surface winds. We note broad agreement spatially with Southern Hemisphere temperature and precipitation increase between the mid-Holocene and pre-Industrial periods over common dust source regions
250 (i.e., South America, Australia, and Antarctica; Figure 4a, 4c, 4e, and 4f). A southward shift in the core of the SHWW can simultaneously explain the opposing trends in CPP and total particle concentration at the South Pole while being consistent

with proxy records reflecting changes in winds, precipitation and/or glacier retreat across the mid-to-high-latitude Southern Hemisphere during the mid-Holocene.

More northern proxy records corroborate a poleward shift in the SHWW during the mid-Holocene. Lacustrine
255 sediments from Emerald Lake, Macquarie Island ($\sim 55^{\circ}\text{S}$, $\sim 159^{\circ}\text{E}$) reflect a weakening of the SHWW between 11200 – 9200 years BP, followed by a period of increased variability between 9200 – 5300 years BP, and sustained and strengthened winds between 5300 – 200 years BP (Figure 5f; Saunders et al., 2018). In southern South America, Moreno et al. (2010) also suggested a progressive southward shift in the SHWW, which they interpreted from precipitation dynamics via plant community changes beginning ~ 7800 years BP (Figure 5e; Lago Guanaco and Lago Condorito; 51° [Figure 5e] and 41°S ,
260 respectively, $\sim 72^{\circ}\text{W}$). We discuss the impact of precipitation changes in Section 4.3. These changes were interpreted to reflect a relatively weak SHWW influence during the Early Holocene followed by a strengthening of the SHWW influence during the middle and late Holocene, which is consistent with Saunders et al. (2018; Figure 5f).

The timing of inferred changes in the SHWW are not zonally consistent, suggesting regional variability. In the eastern Pacific Ocean in New Zealand (43°S , 171°E), progressive glacier retreat and southward shift in the ITCZ and SHWW occur
265 between ~ 9800 and ~ 6900 years ago, suggesting a warming early Holocene (Figure 5c; Putnam et al., 2012). Whereas in South America, the changes located at Lago Condorito and Lago Guanaco suggest southward migration starting at the earliest at 7800 years ago (Figure 5e; Moreno et al., 2010). While southern South America might suggest a relatively linear change in the SHWW (Figure 5e) this does not negate a non-linear shift in the SHWW belt in other regions. The offset between these two records would suggest zonal variability across the Pacific, in agreement with (Kaplan et al., 2016).

The regional inconsistency is reflected in the global mean surface temperature (GMST) reconstruction in Osman et al. (2021). We also compare our total dust number concentration results using the GMST reconstruction record throughout the Holocene (11300 – 100 years ago) from the Western and Eastern Pacific Ocean $30 - 55^{\circ}\text{S}$ similarly to Lamy et al. (2010) to
270 assess temperature (wind) gradients (Figure S2). We find that average temperature gradients steepen, which we interpret to reflect a strengthening of the winds throughout the Holocene. Statistically, the dust concentration record has a significant anticorrelating relationship to both temperature gradients ($p\text{-value} < 0.01$) for both the western and eastern mid-latitudinal Pacific Ocean. However, the South Pole dust concentration has a stronger anticorrelating relationship to the western Pacific

Ocean compared to the eastern Pacific Ocean ($r = -0.76$ and -0.65 , respectively). We interpret this relationship to reflect changes in the Westerly Winds shifts and warm water circulation into the south Pacific gyre, which was also hypothesized by Denton et al. (2021) to explain the onset of mountain glacier retreat during Termination I. Similar atmospheric dynamics may also occur during the Holocene. Furthermore, regional asymmetry in the SHWW can explain our record of a southward shift and strengthening of the winds and cooling of coastal South American temperatures throughout the Holocene (Lamy et al., 2010; Kaplan et al., 2016), and upwelling in Pine Island Bay during the early Holocene (Figure 5g; Hillenbrand et al., 2017).

Our interpretation of SHWW southward shift during the Holocene should correspond with changes in precipitation. Koffman et al. (2014) used Patagonian and Southern South American precipitation records in conjunction with WAIS Divide dust particle records to infer wind changes. Although the South Pole dust records are consistent with a southward shift in the SHWW, a corresponding increase in precipitation would further suggest such a change throughout the Holocene, rather than a possible decrease in glacial activity and/or vegetation change. Therefore, we assess our inferred dynamics of the SHWW within the context of precipitation variability over the Southern Hemisphere.

4.3 Changes in SPC14 dust concentration and hydrologic conditions

From 7000 – 3000 years BP, South Pole dust concentration decreased by ~40% (Table S1). While we have shown this decrease is qualitatively consistent with a reduction in Patagonian surface winds, possibly related to SHWW variability ($<51^{\circ}\text{S}$; Figure 5a), increased precipitation in the remote dust source regions (Figure 4 and Figure 5d and e; Tonello et al., 2009; Moreno et al., 2010) or during transport may also have contributed to this change. Precipitation in Patagonian source regions is closely related to changes in surface wind speed on the Andes western slope with an opposing pattern between wind speed and precipitation on the eastern slope, due to increasing cyclonic activity and the presence of the mountains causing a rain shadow effect (Berman et al., 2012; Moreno et al., 2010; Garreaud, 2007). Precipitation trends in South America vary across regions north and south during the Holocene with icefields in Patagonia ($47 - 48^{\circ}\text{S}$, 73.4°W) and Andes experiencing arid conditions during the early (9400 – 6300 cal years BP) and late (2400 – 1600 cal years BP) Holocene, while regions in Southern Patagonia ($\sim 50^{\circ}\text{S}$; $\sim 72^{\circ}\text{W}$) received increased precipitation during the mid-late Holocene (Figure 5d and e; Glasser et al., 2004; Tonello et al., 2009; Moreno et al., 2010). However, both regions show increased in precipitation during the mid-Holocene ($\sim 7000 - >3000$ cal years BP; Figure 5d and e; Glasser et al., 2004; Tonello et al., 2009; Moreno et al., 2010; Bamonte

et al., 2015). At lower latitudes ($\sim 44^{\circ}\text{S}$), there was a relative increase in effective moisture during the Holocene ($\sim 9500 - 4200$ years BP; De Porras et al., 2014). We note that the CMIP6-PIMP4 output models suggest a broad increase in precipitation over most of South America, with disagreement in the models over the southern South America (Figure 4a). Paleoproxy lake records
305 (Figure 5d) also support a progressive increase in precipitation throughout the Holocene suggesting southward migration of the SHWW belt (Tonello et al., 2009).

Reduced dust entrainment in the mid-latitudes may be a result of either increases in vegetation and/or a southward shift in the SHWW. Modelled and paleoproxy increases in precipitation are also observed with increases in *Nothofagus* compared to grassland vegetation cover (Figure 5e; i.e., Moreno et al., 2010). The increase in vegetation cover and precipitation
310 can reduce soil erosion and dust entrainment, while increasing dust fallout (i.e., Mahowald et al., 2005; Tegen and Schepanski, 2018). Therefore, the Holocene decrease in South Pole dust may not merely be related to a southward migration of the SHWW away from the dust sources, but also to a rise in precipitation resulting from this shift that also suppressed dust mobilization.

CMIP6-PMIP4 Model Agreement

CMIP6-PMIP4 Model Significance

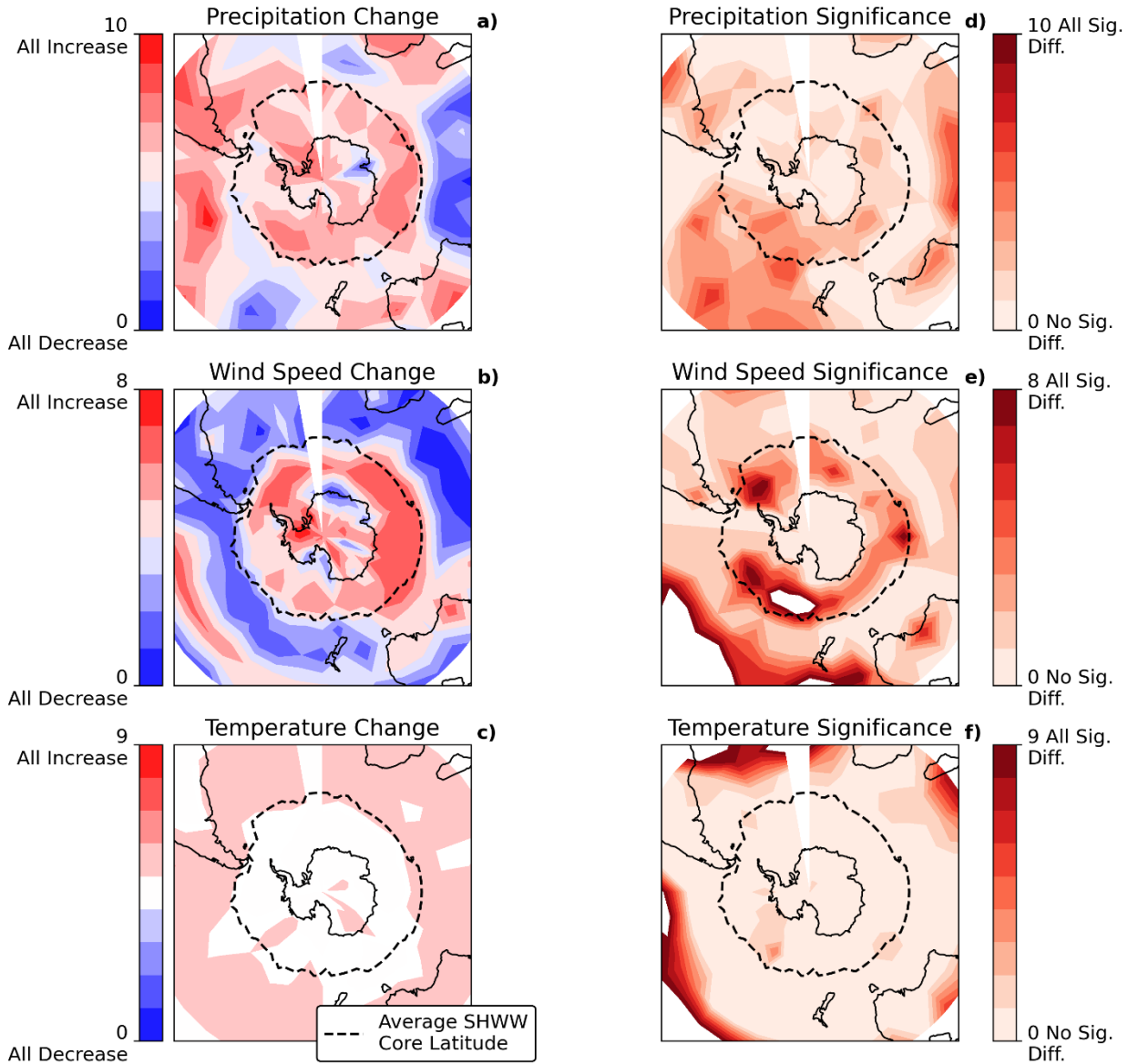


Figure 4a – f: CMIP6-PMIP4 models agreement displaying difference between mid-Holocene and piControl precipitation (4a), wind speed(4b), and temperature (4c; Otto-Bliesner et al., 2017; Brierley et al., 2020). Figure 4d – f highlights statistically significant difference (p-value < 0.05) between mid-Holocene and piControl using a two-sided t-test. Data are from a 10 x 10° grid to account for original model grid resolution (Table 1). Figure 4a – c color bars indicate the number of models that infer a positive or no/negative change in each variable between 6000 years BP and during the Pre-Industrial. Red regions indicate a stronger model consensus towards an increase and blue indicates a consensus towards a decrease in the respective variable. Values in the middle represent a lack of consensus. Figures 4d – f color bars highlight the number of models showing a significant change in the specific region, where darker red indicates all models used show a significant change. The black dotted line represents the average position of peak surface wind speed for both time periods.

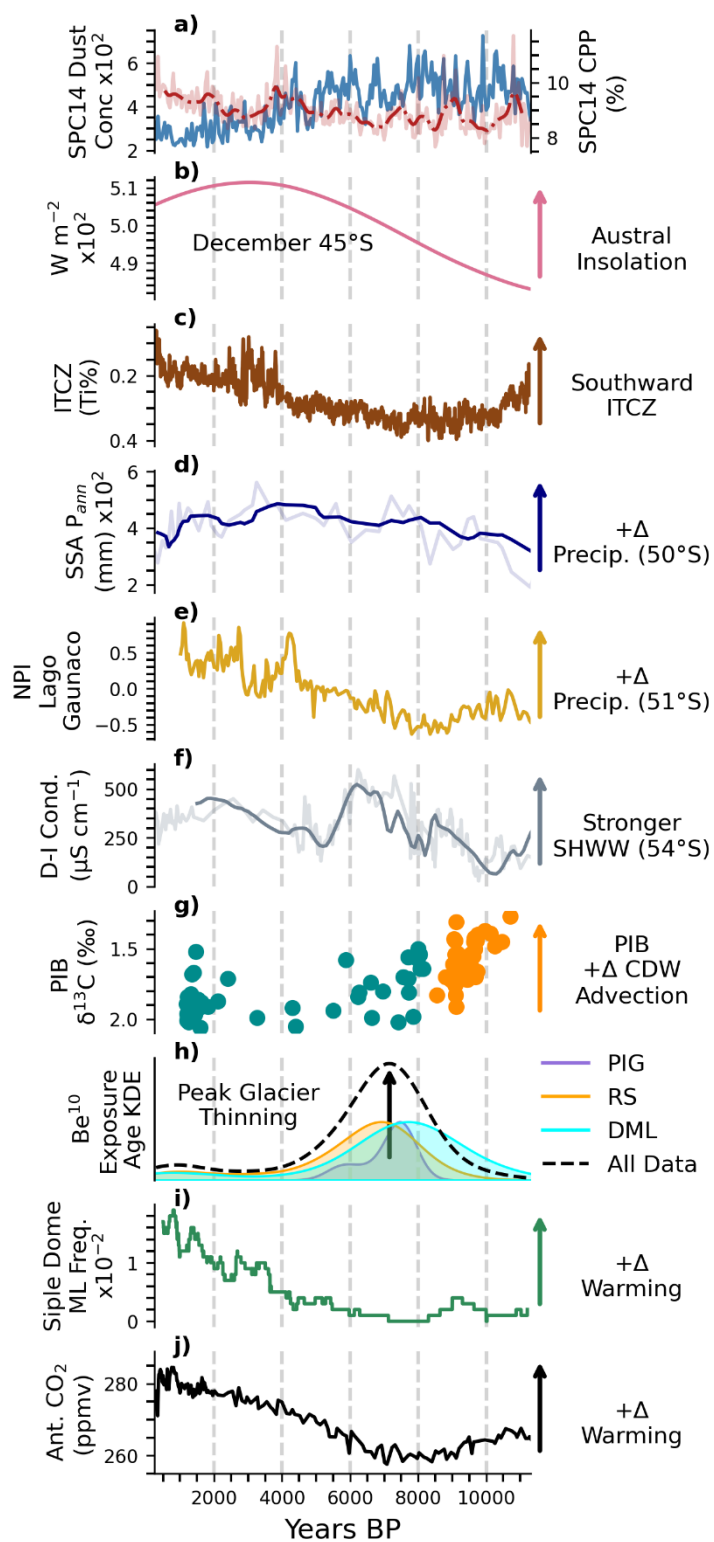


Figure 5a – j. Southern Hemisphere perspective of climate variability (11300 – 250 years BP). Figure a – j are stacks of different proxies spanning from the ITCZ to the South Pole. 5a) is the SPC14 dust concentration (blue; # mL⁻¹) and CPP (light red shading) and CPP 11-point rolling mean (dashed red line; %). 5b) summer (December) insolation at 45°S (Laskar et al., 2004), 5c) Cariaco Basin Ti% (Haug et al., 2001), 5d) Cerro Frias southern Patagonia precipitation reconstruction (Tonello et al., 2009), 5e) Lago Guanaco precipitation reconstruction from Torres del Paine from 11300 to 1000 years BP following Moreno et al. (2010), 5f) Macquarie Island (South Pacific) diatom-inferred (D-I) conductivity measurements interpreted to reflect relative wind strength over the island (~55°S; Saunders et al., 2018), 5g) Pine Island Bay (PIB) $\delta^{13}\text{C}$ reflective of circumpolar deep water (CDW) advection (Hillenbrand et al., 2017), 5h) ¹⁰Be surface exposure from the Pine Island Glacier (Johnson et al., 2014), Ross Sea (Jones et al., 2020; Jones et al., 2015), and Dronning Maud Land (Kawamata et al., 2020). Scaling of each distribution kernel density estimate (KDE) is altered to show relative timing rather than magnitude of exposure dates, 5i) Siple Dome melt layer frequency record (1000-year running mean; Das and Alley, 2008), and 5j) compiled Antarctic CO₂ (Bereiter et al., 2015).

4.4 Antarctic ice sheet thinning and CPP increase

Previous studies have linked CPP variability with changes in air mass advection and/or activation of local dust sources (Delmonte et al., 2020; Koffman et al., 2014; Albani et al., 2012; Wegner et al., 2012; Aarons et al., 2017; Gabrielli et al., 2010). We explore the changes in the SPC14 CPP within the context of the coarse particle concentration. The coarse particle concentration has a similar trend throughout the Holocene as the total particle concentration (Figure 1a and b), suggesting predominantly similar dynamics between coarse and total particle concentration change. However, because the CPP increases throughout the Holocene (Figure 1c) there must be an additional forcing mechanism(s) acting upon the coarse particles.

The increase in SPC14 CPP begins ~8000 – 6000 yr B.P. (Figure 1 and 5a) coinciding with the timing of glacial retreat and dust source exposure in lower-elevation regions of Antarctica between ~7500 – 6000 yr B.P. (Figure 5h; Jones et al., 2020; Jones et al., 2015; Stutz et al., 2021; Stone et al., 2003; Hein et al., 2016; Kawamata et al., 2020). For consistency, we recalibrate ¹⁰Be surface exposure ages using production rates from Putnam et al. (2010) and Kaplan et al. (2011; Supplementary S1). Newly exposed source areas in the Weddell Sea sector are plausible origins of dust in SPC14 given prevailing low-level wind patterns (Lazzara et al., 2012; Winski et al., 2021; Clem et al., 2020). However, because the South Pole has multiple air sources, either moving into the East Antarctic plateau via in the Weddell Sea (Winski et al., 2021; Clem et al., 2020; Lazzara et al., 2012) or across West Antarctica (Nicolas and Bromwich, 2011), we interpret the changes in coarse particles to reflect broader scale Antarctic changes rather than to indicate activation of a specific local source (Figure 2 and 3).

Holocene icesheet thinning, leading to exposure of Antarctic dust sources, is primarily related to 1) ocean warming (Jones et al., 2020; Stutz et al., 2021), 2) change in glacial flow patterns (Hein et al., 2016), and/or 3) reduced buttressing (Stutz et al., 2021). Strengthening and/or southward latitudinal shifts in the SHWW have been shown to increase surface

upwelling of relatively warmer circumpolar deep water (CDW) and increase air mass incursions driven by cyclogenesis into the Antarctic plateau (Hillenbrand et al., 2017; Carrasco et al., 2003). It seems likely that contracting, southward shifting, and accelerating SHWW, leading to warming ocean and atmosphere, is linked to the mid-Holocene glacial retreat (i.e., Albani et al., 2012; Koffman et al., 2014) and would increase Antarctic dust sources and the increase in CPP observed in SPC14.

360 However, the coarse dust concentration has a slight decrease and a strong running correlation until ~4000 years BP, suggesting a similar dust source and/or dynamics, which could indicate either 1) deflation of local Antarctic dust sources, similar to Holocene dynamics at Talos Dome (i.e., Albani et al., 2012) or 2) transport from mid-latitudinal sources (Adebiyi and Kok, 2020). Furthermore, the timing of surface elevation decrease around Antarctica corresponds to the SPC14 CPP increase, a southward shift in the Atlantic ITCZ, increasing rainfall in southern South America (Lago Guanaco), all of which can be

365 explained by a southward shift in the SHWW due to increasing Southern Hemisphere temperatures (Figure 5a, c, and e; Haug et al., 2001; Moreno et al., 2010; respectively). We suggest the CPP increase is primarily related to changes in remote dust contributions in the mid-latitudinal regions and also secondarily related to Antarctic dust source deflation.

A southward migration of the SHWW can simultaneously explain the decrease in South Pole dust concentration and the increase in CPP, which is supported by our CMIP6-PMIP4 model trends and Southern Hemisphere proxy analysis.

370 Southward migration of the SHWW is linked to Southern Ocean CO₂ outgassing (i.e., Moreno et al., 2010; Anderson et al., 2009; Toggweiler et al., 2006). The South Pole dust concentrations and CPP have significant relationships ($r = -0.76$ and 0.52 , respectively, $p < 0.01$) with the composite Antarctic CO₂ record throughout the SPC14 Holocene record (Figure 5j; Bereiter et al., 2015). However, based on our data, this is outside the scope of this paper.

We suggest that the southward migration of the SHWW was in-part driven by increases in Southern Hemisphere

375 temperatures related to increasing insolation (Figure 5b and i; Das and Alley, 2008; Laskar et al., 2004). Our SHWW model and proxy-based latitudinal reconstructions suggest that the latitudinal position and/or strength can reflect changes in regional temperature variability over millennial to centennial timescales consistent with previous studies (i.e., Jiang and Yan, 2020; Thompson and Solomon, 2002; Toggweiler et al., 2006). High-latitude zonally averaged Holocene temperature reconstructions (60 – 90°S latitude) differ, where Kaufman et al. (2020) identify a relatively stable Holocene temperature of $0.04 \pm 0.22 \text{ }^{\circ}\text{C}$

380 (slope = $< 0.01 \text{ }^{\circ}\text{C kyr}^{-1}$; relative to pre-industrial temperature) and Osman et al. (2021) suggest a more insolation-like

increase (slope = $0.11 \text{ }^{\circ}\text{C kyr}^{-1}$; relative to last two millennia). The insolation-like structure in the South Pole dust record seems most consistent with the reconstruction of Osman et al. (2021), suggesting progressive, insolation-style, Southern Hemisphere warming and corresponding southward shift in the SHWW.

5 Conclusions

385 Mid-to-high latitude Southern Hemisphere Holocene proxy records provide ample evidence for an orbitally-driven, progressive, southward shift of Holocene thermal gradients resulting in the strengthening of the SHWW beginning at the start of the Holocene with the most dynamic change occurring between 7000 – 3000 years BP. Together, the data suggest that high-southern latitude wind dynamics and resulting precipitation changes are driven by high-latitude hemispheric temperature change on orbital timescales. While there is broad agreement among many proxy records, the Pine Island Bay upwelling record
390 shows a different pattern, with reduced wind-driven upwelling near West Antarctica after ~8 ka (Figure 5g; Hillenbrand et al., 2017). Zonal differences in wind strength may account for these apparently conflicting observations (Kaplan et al., 2016).

Opportunities for future research include describing the asymmetry in the timing of SHWW wind shifts between Western and Eastern Antarctica, which could influence the output of ocean derived CO_2 to the atmosphere. Our results further suggest the early Holocene may be a poor analogue for modern climate change. The SHWW southward shift and CO_2 transfer
395 from the ocean to the atmosphere increased throughout the Holocene and has continued to increase today (Menviel et al., 2023). Identifying and examining WAIS stability within the context of Holocene changes therefore becomes critical if the early Holocene can no longer be used as an analogue to modern temperature change.

Data Availability

Dust datasets and water isotope data used in this paper are available at the U.S. Antarctic Program Data Center
400 (<https://doi.org/10.15784/601553> and <https://doi.org/10.15784/601239>, respectively).

Author Contributions

AC analyzed the data and prepared the manuscript with contributions from all co-authors. KK, EO, JCD, and MW designed the experiments and guided the overall research effort. DF and ZT melted the core and measured the Abakus data

and collected discrete samples. KA wrote the Abakus cleaning code. DW and BK provided data analysis and writing support.
405 AP provided writing support. MH provided laboratory analysis feedback.

Competing Interests

The authors declare that they have no conflicts of interest.

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