

# Trends in South Pole Particle Concentrations Imply Holocene Westerly Wind Strengthening

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35 **Abstract.** The Southern Hemisphere Westerly Winds (SHWW) play an important role in global climate and Antarctic ice  
sheet dynamics; however, high-resolution proxy reconstructions are sparse. Conflicting evidence suggests SHWW latitudinal  
change, weakening and/or strengthening, throughout the Holocene. Dust microparticle characteristics preserved in Antarctic  
ice cores (i.e., changes in concentration and size) provide a useful physical proxy reflecting said atmospheric dynamics. We  
present South Pole Ice Core (SPC14) dust records spanning the Holocene. Dust concentrations ( $1.1 - 5.1 \mu\text{m}$ ) decrease through  
40 the Holocene, while the coarse particle percentage (CPP) increase due to a relatively larger decrease in finer ( $1.1 - 3.2 \mu\text{m}$ )  
dust, highlighting an opposing trend. The South Pole dust trends, consistent with CMIP6-PMIP4 model trends, southern mid-  
latitude insolation, and mid- to high latitude Southern Hemisphere proxy records, reflect SHWW southward migration and  
strengthening of wind speed south of  $51^\circ\text{S}$  during the mid-Holocene ( $\sim 7000 - 3000$  years ago). Our findings suggest orbitally-  
driven warming throughout the Holocene led to strengthening and southward migration of the SHWW beginning  $\sim 7000$  years  
45 BP.

## 1 Introduction

The Southern Hemisphere Westerly Winds (SHWW) represent the strongest persistent surface wind system on Earth.  
Variations in the SHWW influence global carbon cycling and heat distribution, and are believed to play a critical role in Earth's  
climate and ice sheet stability across wide-ranging timescales (Hillenbrand et al., 2017; Russell et al., 2006). Variations of the  
50 strength and latitudinal position of the SHWW during the past several centuries are related to changes in the equator-to-pole  
temperature gradient (i.e., Perren et al., 2020). During warm periods, SHWW migrate southward and increase in strength and  
during cooler periods migrate northward and weaken. Increases in SHWW strength intensify the ocean-to-atmosphere transfer  
of  $\text{CO}_2$  via upwelling and impact ice sheet stability and mid-latitude vegetation/precipitation dynamics (Hillenbrand et al.,  
2017; Anderson et al., 2009; Toggweiler and Russell, 2008; Moreno et al., 2010).

55 However, while the SHWW are an important climatic feature, complete Holocene SHWW dynamics are poorly  
constrained. Previous research has focused on three possibilities for the style of change; 1) strong southward SHWW  
displacement at the start of the Holocene and northward displacement with cooling and/or stable temperatures beginning  $\sim 9 -$   
 $7.5 \text{ ka}$  (Hillenbrand et al., 2017; Kaplan et al., 2016; Mulvaney et al., 2012), 2) progressive strengthening and southward  
displacement of the SHWW between  $\sim 8 - 7 \text{ ka}$  (Moreno et al., 2010; Saunders et al., 2018; Zwier et al., 2022), and 3)  
60 strengthening of the SHWW wind belt core with latitudinal contraction of the northern margin of the winds throughout the  
past  $12 \text{ ka}$  (Lamy et al., 2010). Furthermore, the early Holocene is hypothesized to be a climatically similar period to the

present day, facilitating comparison to ongoing climate dynamics (Marcott et al., 2013; Kaufman et al., 2020). However, Osman et al. (2021) provides an alternative scenario, with global average temperature steadily increasing throughout the Holocene, which suggests that the Early Holocene would not be a comparable period for comparison to modern climate dynamics. The current ambiguity of Holocene and in particular early Holocene SHWW dynamics is critical for understanding West Antarctic Ice Sheet (WAIS) stability and future climate projections (i.e., Bronselaer et al., 2020).

Records of microparticle concentration and relative particle size (i.e., coarse particle percentage; CPP) from Antarctic ice cores offer a unique perspective on SHWW strength and/or position dynamics because they have been interpreted to reflect source-to-sink conditions and atmospheric variability, specifically distillation (Markle et al., 2018), geomorphology of the source regions (Sugden et al., 2009), wind strength (Koffman et al., 2014), vegetation cover, precipitation (Tegen and Schepanski, 2018), and atmospheric transport patterns (Albani et al., 2018; Delmonte et al., 2020; Delmonte et al., 2013; Delmonte et al., 2002; Aarons et al., 2019; Aarons et al., 2017; Aarons et al., 2016; Koffman et al., 2023). Holocene dust records differ among Antarctica ice cores, with East Antarctic Plateau data reflecting atmospheric subsidence and peripheral cores reflecting regional variability (Delmonte et al., 2020; Albani et al., 2012). The relative few complete and available Holocene dust records from Antarctica prevent a full interpretation of past SHWW behavior. Nevertheless, we have developed and present here records of dust concentration and CPP from the South Pole Ice Core (SPC14) to better constrain Holocene SHWW dynamics within the context of early Holocene to modern climate dynamics.

The South Pole is well-situated because 1) the symmetric position with respect to the annular SHWW belt favors interpretation of the hemispheric, rather than regional, SHWW system, 2) the relatively high snow accumulation rate (8 cm w.e. a<sup>-1</sup>) relative to other sites in East Antarctica provides strong constraints on the ice core chronology and high temporal resolution and 3) aerosol and meteorological studies have been conducted at this location over the past 60 years, which provides context for paleo-interpretations (Lazzara et al., 2012; Sheridan et al., 2016; Clem et al., 2020; Casey et al., 2014). The South Pole primarily receives aerosols during the austral summer (DJF) via air masses moving into the East Antarctic plateau, most prominently via the Weddell Sea and the Amundsen-Bellingshausen Sea embayment (Nicolas and Bromwich, 2011; Lazzara et al., 2012; Clem et al., 2020; Tuncel et al., 1989). South Pole aerosols and particulates (i.e., cloud condensation nuclei and dust particles) are sensitive to seasonal and synoptic variability over the past 40 years, demonstrating that trends in ice-core

particle records likely reflect long-term climate variability (Hogan et al., 1984; Parungo et al., 1981; Ardon-Dryer et al., 2011; Sheridan et al., 2016). We build upon instrumental-era South Pole particle research to investigate Holocene particle variability on centennial to millennial scales throughout the Holocene using microparticle data from the new SPC14 intermediate-depth ice core.

## 2 Methods

Microparticle concentrations and size distributions were measured with a Klotz Abakus laser dust sensor on a continuous flow analysis (CFA) system at Dartmouth College (Text S1; Breton et al., 2012; Winski et al., 2021; Osterberg et al., 2006). We use a subset (size 1.1 – 5.1  $\mu\text{m}$ ) of the particle data and focus our data analysis on the period from 11300 years BP to 250 years BP (Figure 1). Uncertainty in the SPC14 age model during the Holocene is  $\pm 18$  years while between 1800 – 3100 years BP and the uncertainty increases to  $\pm 25$  years (Winski et al., 2019). While the CFA can produce data with nominal sub-annual resolution, we resample the dust data yielding the median value in 50-year intervals.

To facilitate a comparison with other ice core records, we assume a spherical particle shape, rather than the measured prolate particle shapes (Chesler et al., 2023), and use a density of 2.6  $\text{g cm}^{-3}$  (following Koffman et al., 2014) to estimate particle mass flux. South Pole particle shape metrics (i.e., mass and flux) are unconstrained for the Holocene because of limited data (i.e., Chesler et al., 2023). In previously published ice core dust records using solely laser particle measurement techniques, the particle shape has been assumed to be spherical (Chesler et al., 2023; Simonsen et al., 2018; Potenza et al., 2016). Studies concerned with the absolute magnitude of dust flux at the South Pole should use prolate particle shapes to calculate flux (Chesler et al., 2023; data at USAP-DC, DOI: 10.15784/601553). However, the spherical particle mass flux is used in this work to compare with other available Antarctic microparticle records. We restrict particle metrics to number concentration and CPP because the particle shape assumption (i.e., particle flux and mass concentration), can artificially increase particle metric concentrations by 25 – 44%. We use a spherical particle shape assumption to facilitate comparison to other Antarctica ice core particle records that include a volume assumption (i.e., flux) using particles that range between 1.1 – 5.1  $\mu\text{m}$  due to the particle number concentration distribution (Figure 1e). While this produces higher-than-realistic particle flux values, it mitigates discrepancies from comparing records with dissimilar metrics. We use particle number concentration measured

between 1.1 – 5.1  $\mu\text{m}$  and CPP (defined as number of particles  $\text{mL}^{-1}$   $[3.2 - 5.1]/[1.1-5.1]$   $\mu\text{m}$  diameter x 100) following other East Antarctic studies due to the similarity of the South Pole particle flux to other East Antarctic core records (Figure 2a and b; i.e., Delmonte et al., 2020). To avoid spurious correlation of ratios between our analyses, we also compare the coarse particle fraction (3.2 – 5.1  $\mu\text{m}$  #  $\text{mL}^{-1}$ ) to our fine particle fraction (1.1 – 3.2  $\mu\text{m}$  #  $\text{mL}^{-1}$ ), which we refer to as our coarse: fine ratio (CFR). Our CPP and CFR have a significantly strong relationship ( $r = 0.95$ ,  $p\text{-value} = <0.01$ ), suggesting similar forcings behind these particle size metrics.

## 2.1 HYSPLIT and CMIP6-PMIP4 models

We obtain HYSPLIT NCEP trajectories for December, January, February (austral summer; DJF) and June, July, August (austral winter; JJA) from 1980 – 2022 (inclusive) hourly for 10 days over a 90-day period. We run the model at an altitude of 1000 m following Schwanck et al. (2017) and use the default vertical motion for the model. We then calculate air mass origin percentage using a  $2 \times 2^\circ$  grid to identify where air masses originate 10 days prior to reaching the South Pole.

We also explore changes in atmospheric temperature, wind speed, and precipitation using CMIP6 – PIMP4 model outputs. We use 11 different models (Table 1) to assess model agreement between mid-Holocene runs (6,000 years ago) relative to pre-industrial control (piControl). We calculate model difference by subtracting the mid-Holocene from pre-industrial to assess change in each climate variable from the mid-Holocene to the pre-Industrial. We replace all positive values with a value of 1, which signifies an increase with time, and replace all negative values with a 0 and sum all model runs. Our method allows us to assess if the models agree to an increase/decrease in each climate variable rather than assessing the magnitude of change between each model. We test statistical significance by selecting data in the mid-Holocene and piControl runs using a  $10 \times 10^\circ$  grid. We use a t-test to identify significant difference between the two periods for each model run ( $p\text{-value} < 0.05$ ). If the two periods are significantly different, then replace the values with a 1 and sum the totals between models, similar to our model agreement analysis.

**Table 1: List of CMIP6-PMIP4 Models used with name, institution, resolution using the r1i1p1 (r = realization, i = initialization, p = physics, respectively) ensemble, with variables for surface temperature (tas), precipitation, (pr), and surface wind speed (sfc Wind). All data was downloaded using the atmospheric monthly data (Amon) time resolution.**

| Model          | Institute                                                               | Grid Size    |               | Model Run Time |             | Variables        |
|----------------|-------------------------------------------------------------------------|--------------|---------------|----------------|-------------|------------------|
|                |                                                                         | Latitude (°) | Longitude (°) | mid-Holocene   | piControl   |                  |
| ACCESS-ESM 1-5 | Commonwealth Scientific and Industrial Research Organization, Australia | 1.25         | 1.88          | 501 - 800      | 101 - 0600  | pr, tas          |
| AWI-ESM-1-1-LR | Alfred Wegner Institute, Germany                                        | 1.85         | 1.88          | 3106 - 3205    | 1850 - 1954 | pr, sfcWind, tas |
| FGOALS-f3-L    | Chinese Academy of Sciences, China                                      | 1            | 1.25          | 720 - 1219     | 600 - 1160  | pr, sfcWind, tas |
| GISS-E2-1-G    | Goddard Institute for Space Studies, USA                                | 2            | 2.5           | 2900 - 3199    | 4150 - 5000 | pr, sfcWind, tas |
| INM-CM4-8      | Institute for Numerical Mathematics, Russian Academy of Science, Russia | 1.5          | 2             | 1880 - 2079    | 1850 - 2380 | pr, sfcWind, tas |
| IPSL-CM6A-LR   | L'Institut Pierre-Simon Laplace, France                                 | 1.27         | 2.5           | 1850 - 2399    | 1850 - 2349 | pr, sfcWind, tas |
| MPI-ESM1-2-LR  | Max Planck Institute for Meteorology, Germany                           | 1.85         | 1.88          | 1001 - 1500    | 1850 - 2849 | sfcWind          |
| MRI-ESM2-0     | Meteorological Research Institute, Japan                                | 1.11         | 1.13          | 1951 - 2150    | 1850-2550   | pr, sfcWind, tas |
| NCAR - CESM2   | National Center for Atmospheric Research, USA                           | 0.94         | 1.25          | 0 - 700        | 1 - 1200    | pr, sfcWind, tas |
| NUIST - NESM3  | Nanjing University of Information Science and Technology, China         | 1.875        | 1.875         | 1798 - 1897    | 500 - 0999  | pr, tas          |
| NorESM2-LM     | Norwegian Climate Centre                                                | 1.875        | 2.5           | 2101 - 2200    | 1600 - 2100 | pr, tas          |

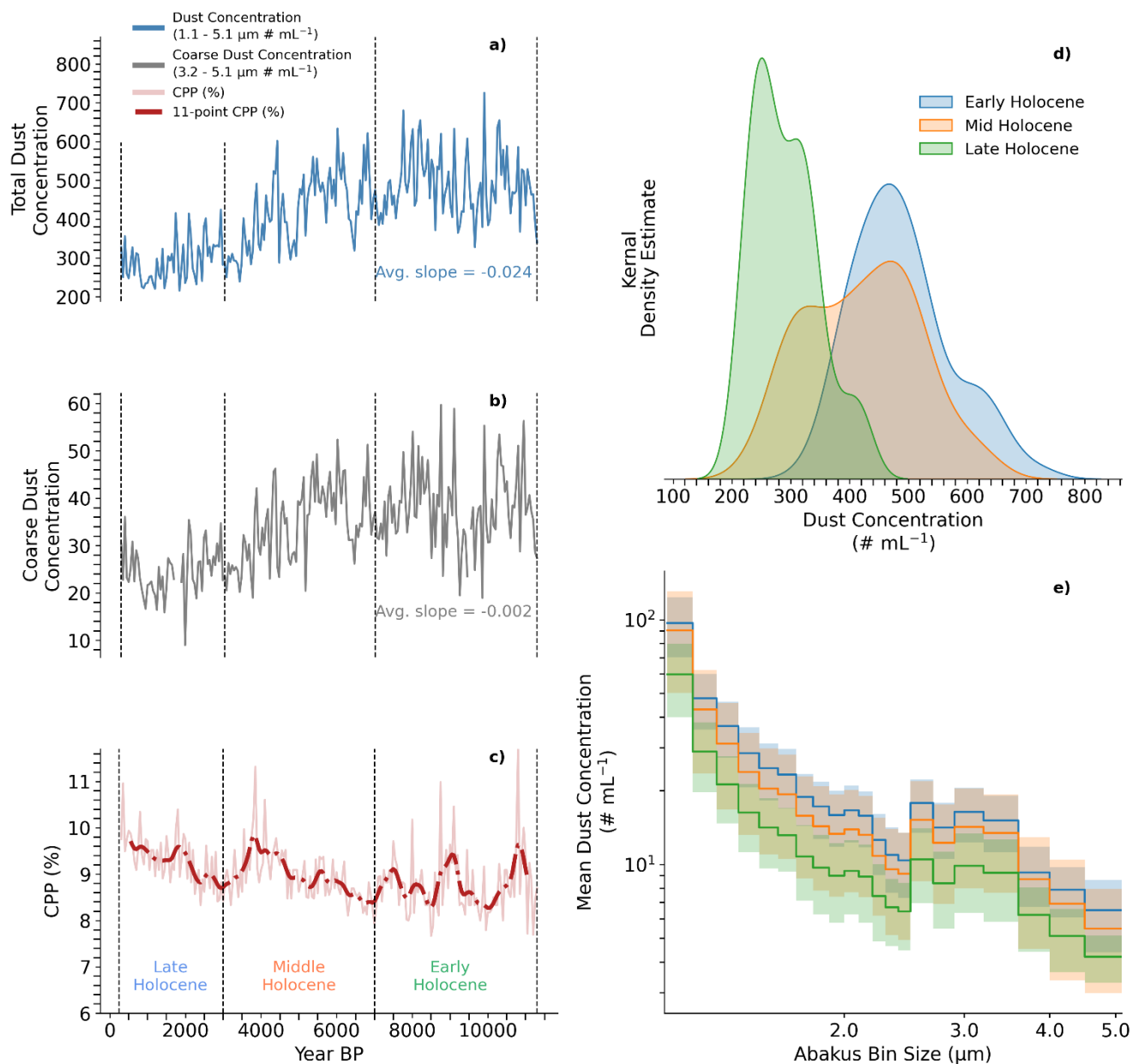
### 3 Results

140 South Pole dust concentrations begin to decrease significantly from ~7000 years BP (the mid-Holocene), coinciding with an increase in the CFR and CPP. South Pole particle flux and NOAA HYSPLIT analysis suggests that trends in the South Pole particle flux are similar to those in other Antarctic records (Figure 2a and b) and broadly reflects synoptic scale Antarctic climate (Figure 3a and b).

### 145 3.1 Holocene trends in dust deposited at the South Pole

The number concentrations of particles in the size range  $1.1 - 5.1 \mu\text{m}$  comprise on average  $\sim 85 - 96\%$  of all particles measured ( $\text{median} \pm 1\sigma$ ; Figure 1a and b). The total dust number concentration and CPP (Figure 1a – c) abundance have opposing trends, yet the timing of change in both trends begins about  $\sim 7000$  years BP. This inverse relationship is most apparent during the mid-Holocene ( $\sim 7000 - 3000$  years BP). Because trend changes occur around the mid-Holocene, we divide the Holocene into early (11,300-7,000 years BP), middle (7,000-3,000 years BP) and late (3,000 - 250 years BP) periods. During the early Holocene, dust concentration remained relatively stable ~~decreased by  $\sim 24 \text{ particles mL}^{-1} \text{ kyr}^{-1}$~~  followed by a nearly two-fold decrease ( $\sim 50 \text{ particles mL}^{-1} \text{ kyr}^{-1}$ ) until the Late Holocene where particle concentrations are relatively stable until 250 years ago ( $\sim 1.7 \text{ particles mL}^{-1} \text{ kyr}^{-1}$ ) to the modern era (Table S1). Dust concentration distributions in all three time periods are statistically different (Figure 1d;  $p\text{-value} < 0.01$ ; Table S2a), further indicating a significant reduction in Holocene dust deposition.

The number concentration of coarse particles has a decrease similar to the total particle concentration, but the coarse particle decrease is an order of magnitude smaller (total dust concentration slope =  $\sim -20 \# \text{ particles mL}^{-1} \text{ kyr}^{-1}$  compared to coarse particle decrease  $\sim -2 \# \text{ particles mL}^{-1} \text{ kyr}^{-1}$ ). The decrease in total dust concentration from the Early Holocene to Late Holocene is about 40% and about 35% for coarse dust concentration. This 5% difference results in an increase in the CPP starting at  $\sim 7000$  years BP, where over the Holocene, CPP significantly increases from 8.6% to 9.4% (two-sided t-test;  $p\text{-value} < 0.01$ ; Table S2b). Although the coarse dust concentration also decreases slightly throughout the Holocene, the decrease is much less than that of the total dust concentration slope such that the proportion of coarse particles rises, especially during the middle Holocene. CPP has a weak statistical relationship with dust concentration during the Holocene (Spearman  $r = -0.28$ ;  $p < 0.01$ ), suggesting that their variability may be driven by different and/or independent factors. Because total dust concentration was used in the creation of the CPP metric, we test this relationship with CFR and identify a statistically weaker relationship ( $r = -0.15$ ,  $p < 0.05$ ). The statistically weaker relationship further supports the above interpretation of independent factors driving their variability.



170 **Figure 1a – e: 1a) 50-year median resampled SPC14 dust concentration (1.1 – 5.1  $\mu\text{m}$  # particles  $\text{mL}^{-1}$ ; blue line), 1b) coarse particles**  
 175 **(3.2 - 5.1  $\mu\text{m}$  # particles  $\text{mL}^{-1}$ ; grey line), 1c) 50-year median resampled CPP (light red) and CPP 11-point rolling Gaussian mean**  
**(2 $\sigma$ ; red dashed line), 1d) total dust # particles  $\text{mL}^{-1}$  concentration distributions, and 1e) total dust # particles  $\text{mL}^{-1}$  size distributions**  
**by time period. The figure is limited to 11,300 – 250 years BP to highlight Holocene variability recorded in the South Pole annually**  
**resolved record. 1d shows histograms of dust concentration from each of the three time periods highlighted in the record. Note the**  
**bimodal distribution during the mid-Holocene highlighting the transition from early to late Holocene. Average median absolute**  
**deviation (MAD) for the particle concentration is ~84 (Figure S1).**

### 3.2 Holocene dust flux

South Pole Holocene dust flux ( $0.45 \pm 0.23 \text{ mg m}^{-2} \text{ yr}^{-1}$ ;  $2\sigma$ ; 50-year resampled) has a similar magnitude and trend to other East Antarctic Plateau ice core sites (Figure 2a; following Koffman and Kreutz, 2014). The SPC14 Holocene median dust flux is within  $2\sigma$  of the EPICA Dome C ( $0.33 \pm 0.23$ ) and Vostok dust flux records ( $0.63 \pm 0.21$ ), while non-plateau sites (i.e., TALDICE [ $\sim 1.31 \text{ mg m}^{-2} \text{ yr}^{-1}$ ] and WAIS Divide [ $\sim 1.36 \text{ mg m}^{-2} \text{ yr}^{-1}$ ; particles  $< 5.1 \mu\text{m}$ ]) are significantly higher (Figure 2b; Koffman et al., 2014; Albani et al., 2012; Lambert et al., 2012; Petit et al., 1990). Following Albani et al. (2012), we compare our Holocene dust flux record against  $\delta^{18}\text{O}$  to assess whether there are primarily remote or mixed dust source (Steig et al., 2021). Albani et al. (2012) compared the TALDICE dust- $\delta^{18}\text{O}$  profile against EPICA Dome C as EPICA Dome C is considered to represent remote dust sources. We define remote dust sources similarly, as those from the mid-latitudes (i.e., southern South America and Australia; Delmonte et al., 2020), local sources from Antarctica (i.e., Aarons et al., 2019), and mixed being a combination of the remote and local. The Holocene South Pole dust record and  $\delta^{18}\text{O}$  have a weak, albeit significant relationship ( $r = -0.17$ ,  $p = < 0.01$ ; Figure 2b), which suggests a primarily remote dust source signal. Albani et al. (2012) interpreted the close relationship between dust and  $\delta^{18}\text{O}$  trends at Talos Dome as evidence of a local/regional climate influence. Conversely at Dome C during the Holocene, the dust and  $\delta^{18}\text{O}$  did not vary coevally, which is interpreted to reflect mid-to-high latitudinal processes (Lambert et al., 2008; Albani et al., 2012).

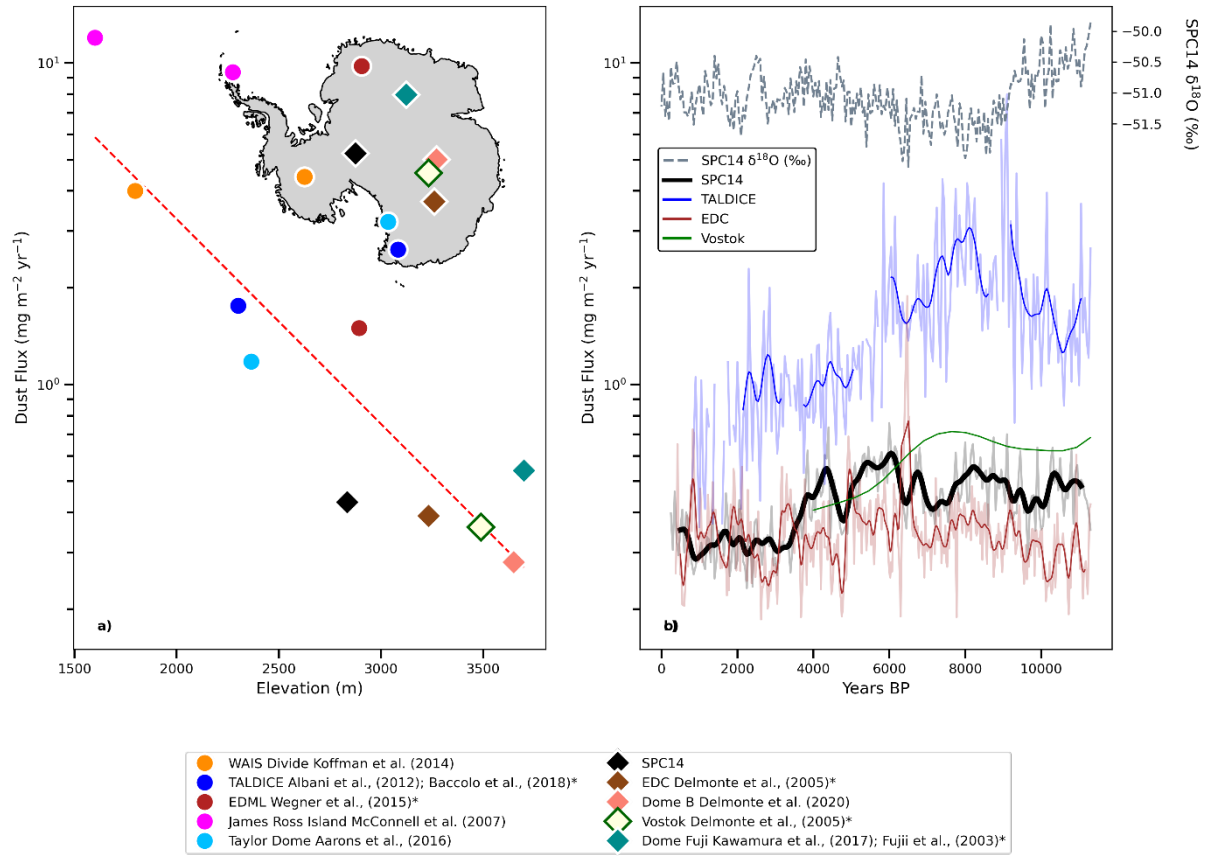
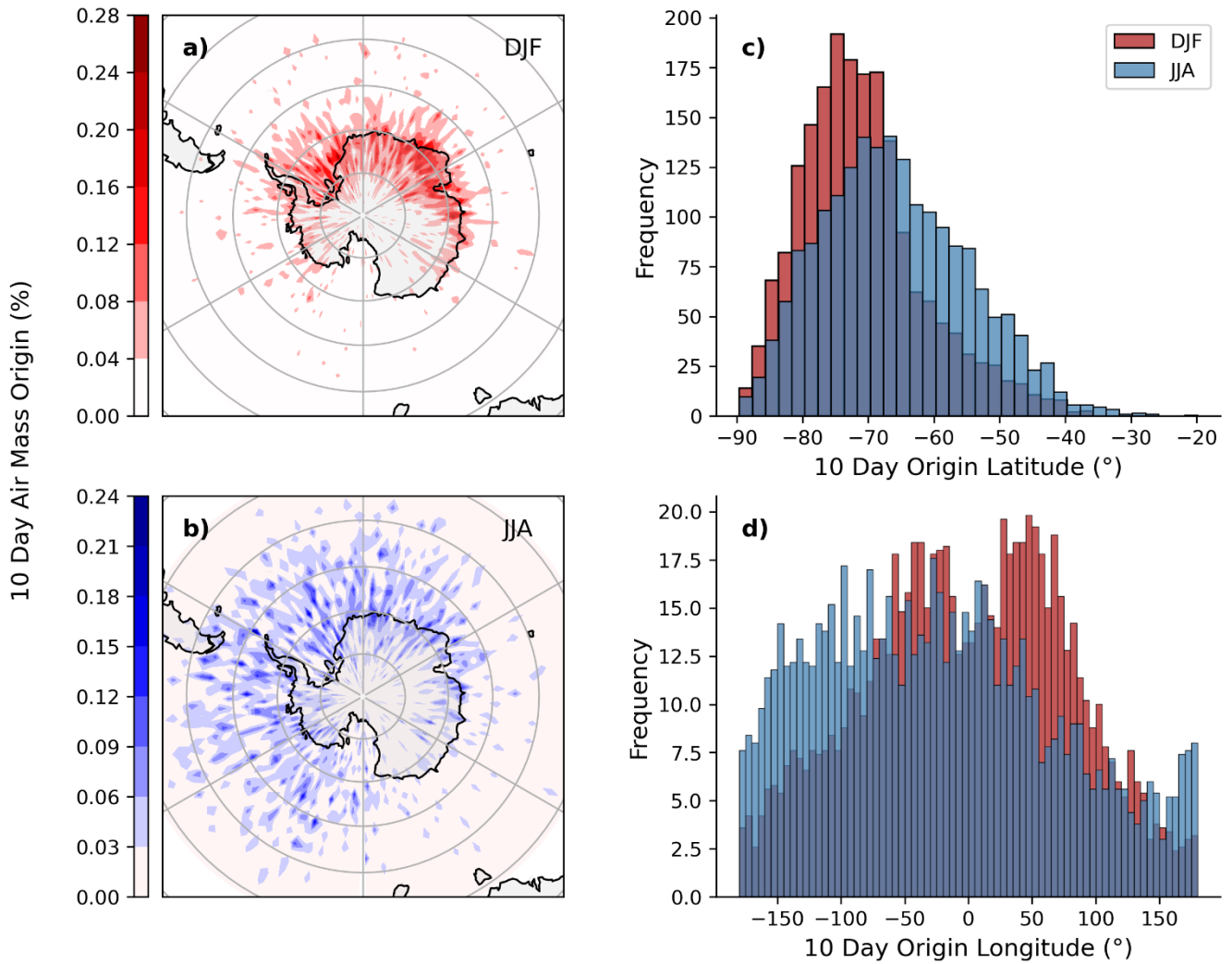


Figure 2a and b: Comparison of SPC14 dust metrics with other Antarctic Holocene records. In 2a, SPC14 dust flux is similar to other cores based on drill site elevation (following Koffman and Kreutz, 2014). Plateau sites are depicted with diamonds while non-plateau (i.e., WAIS and coastal locations) are depicted with circles. Labels containing \* symbol at the end were reported in (Delmonte et al., 2020). 2b shows the South Pole (SPC14)  $\delta^{18}\text{O}$  (Steig et al., 2021) resolved to 50-year resolution shows available Holocene flux records from Talos Dome fine ( $0.6 - 5 \mu\text{m mg m}^{-2} \text{yr}^{-1}$ ) particle flux (Albani et al., 2012), Vostok (Petit et al., 1990), EPICA Dome C (EDC; Lambert et al., 2012). SPC14 dust flux is similar to other East Antarctic sites (Vostok and EDC) and is on average ~67% lower compared to TALDICE. TALDICE, SPC14, and EDC were resampled to 50-year median values (background variability), and the darkened lines are the 11-point rolling gaussian mean for TALDICE, SPC14, and EDC. WAIS Divide (Koffman et al., 2014), James Ross Island (McConnell et al., 2007), and SPC14 dust fluxes (this study) were calculated using a laser particle counter and Dome Fuji (Fujii et al., 2003; Members: et al., 2017) was calculated using both light scattering techniques and a laser particle counter. All other records were measured using a Coulter Counter providing volume accurate measurements (Baccolo et al., 2018; Albani et al., 2012; Delmonte et al., 2020; Delmonte et al., 2013; Aarons et al., 2016; Delmonte et al., 2005).

### 3.3 Modern air mass sources

Our NOAA HYSPLIT results from austral summer (DJF) and winter (JJA; 1980 – 2022) both highlight a dominant Atlantic sector signal (Figure 3; Rolph et al., 2017; Stein et al., 2015). Austral summer air masses at their 10-day origin are from the Weddell Sea, Dronning Maud Land, Enderby and Kemp Land (i.e., Atlantic Sector; Figure 3a), while austral winter air masses origins are more latitudinally and longitudinally diverse, with a greater percentage of air mass originates from the Atlantic and Pacific sectors of the Southern Ocean (Figure 3b). While both the longitude and latitude seasonal origins differ, the change is most pronounced in the latitudinal variability (Figure 3c and 3d). A primary austral summer peak was observed in previous South Pole dust and meteorological records (Lazzara et al., 2012; Carrasco et al., 2003; Parungo et al., 1981; Hogan et al., 1984; Bodhaine et al., 1986). Our HYSPLIT analysis identifies DJF 10-day air mass origin locations with an average coordinate of  $70.9 (\pm 9.4)^\circ \text{ S}$ ,  $-1.4 (\pm 80.03)^\circ \text{ W}$ , indicating a primarily Weddell Sea/Atlantic Sector modern signal. The similarity results from other East Antarctica sites (i.e., Dome C and Vostok; Figure 2b), the modern back-trajectory modelling (Figure 3), and the dust-water isotopes relationships all suggest that South Pole represents a site typical of Antarctic plateau locations, with the majority of dust likely sourced from remote regions rather than mixed remote-local dust sources, facilitating comparisons (Figure 2).



**Figure 3a - d:** NOAA HYSPLIT analysis of 10-day hourly back-trajectory of air masses to the South Pole from 1980 – 2020 (Rolph et al., 2017; Stein et al., 2015). Height elevation of back trajectory is 1000m. 3a and b indicate the percentage of 10-day air masses (240 hour) in a  $2 \times 2^\circ$  grid. 3c and d are histograms of frequency of seasonal data by latitude and longitude, respectively.

## 225 4 Discussion

### 4.1 Dust source(s)

The South Pole receives air masses from multiple different [Antarctic](#) regions, including Western Antarctica (Nicolas and Bromwich, 2011), the Weddell Sea (Winski et al., 2021; Lazzara et al., 2012; Arimoto et al., 2008), and downslope from the East Antarctic Plateau (Lazzara et al., 2012). The dominant advection of remote air masses are from Weddell Sea and

230 WAIS with a minor source from EAIS (Harris, 1992). Our HYSPLIT data analysis then is reflective of past studies and highlights modern seasonal latitudinal changes in wind strength and position of 10-day air mass origins. While we recognize that some air masses and dust particles can be sourced from the East Antarctic Plateau, this area would not be the primary source of reduced dust emission during the mid-Holocene since southern South America and Australia are the primary sources of dust during the Holocene and modern period (Wegner et al., 2012; Vecchio et al., 2024; Delmonte et al., 2020). Given the  
235 multiple trajectories of air masses to the South Pole, we do not specify a specific dust source contributor but rather limit our interpretation to local or remote dust sources.

## 4.2 Proxy and modelled Holocene wind changes

We suggest that the SPC14 dust concentration and CPP records indicate a mid-to-high latitude ( $>51^{\circ}\text{S}$ ) strengthening and southward shift of the SHWW during the mid-Holocene ( $\sim 7000\text{--}3000$  yr BP), consistent with other proxy-based  
240 reconstructions of SHWW migration and CMIP6-PMIP4 model output (Figure 4). Simulations from an ensemble of CMIP6-PMIP4 models (Table 1; Figure 4b), all show a clear pattern of decreased and significant surface wind strength over South American and mid-latitude ( $40^{\circ}\text{--}50^{\circ}$ ) oceans concurrent with increasing surface wind strength over the Antarctic periphery between the mid-Holocene (6,000 BP) and pre-Industrial (piControl; Figure 4b and e). The weakening of the SHWW over latitudes  $>51^{\circ}\text{S}$  is consistent with the observed decrease in the SPC14 dust concentration, indicating a reduced entrainment  
245 of fine remote dust sources in surface winds. We note broad agreement spatially with Southern Hemisphere temperature and precipitation increase between the mid-Holocene and pre-Industrial periods over common dust source regions (i.e., South America, Australia, and Antarctica; Figure 4a, 4c, 4e, and 4f). A southward shift in the core of the SHWW can simultaneously explain the opposing trends in CPP and total particle concentration at the South Pole while being consistent with proxy records reflecting changes in winds, precipitation and/or glacier retreat across the mid-to-high-latitude Southern Hemisphere during  
250 the mid-Holocene.

Furthermore, we also compare our total dust number concentration results using Osman et al. (2021) surface air temperature record throughout the Holocene (11300 – 100 years ago) from the Western and Eastern Pacific Ocean  $30\text{--}55^{\circ}\text{S}$  similarly to Lamy et al. (2010) to assess temperature (wind) gradients (Figure S2). We find that average temperature gradients steepen, which we interpret to reflect a strengthening of the winds throughout the Holocene. Statistically, the dust concentration

255 record has a significant anticorrelating relationship to both temperature gradients ( $p$ -value  $< 0.01$ ) for both the western and eastern mid-latitudinal Pacific Ocean. However, the South Pole dust concentration has a stronger anticorrelating relationship to the western Pacific Ocean compared to the eastern Pacific Ocean ( $r = -0.76$  and  $-0.65$ , respectively). We interpret this relationship to reflect changes in the Westerly Winds shifts and warm water circulation into the south Pacific gyre, which was also hypothesized by Denton et al. (2021) to explain the onset of mountain glacier retreat during Termination I. Similar  
260 atmospheric dynamics may also occur during the Holocene. The small variations between the Western and Eastern Pacific further suggest asymmetrical wind changes, which support the conclusions of Lamy et al. (2010), Kaplan et al. (2016) with a cooling of coastal South American temperatures throughout the Holocene, and support increased upwelling in Pine Island Bay during the early Holocene Hillenbrand et al. (2017).

More northern proxy records corroborate a poleward shift in the SHWW during the mid-Holocene. Lacustrine  
265 sediments from Emerald Lake, Macquarie Island ( $\sim 55^{\circ}\text{S}$ ,  $\sim 159^{\circ}\text{E}$ ) reflect a weakening of the SHWW between 11200 – 9200 years BP, followed by a period of increased variability between 9200 – 5300 years BP, and sustained and strengthened winds between 5300 – 200 years BP (Figure 5f; Saunders et al., 2018). In southern South America, Moreno et al. (2010), compared changes in precipitation via plant community changes in two lacustrine records (Lago Guanaco and Lago Condorito;  $51^{\circ}$  [Figure 5e] and  $41^{\circ}\text{S}$ , respectively,  $\sim 72^{\circ}\text{W}$ ). Their results show a relatively dry period during the Early Holocene between  
270 10500 – 7800 years BP, followed by an increase in precipitation in both records following 7800 years BP (Figure 5e). These changes were interpreted to reflect a relatively weak SHWW influence during the Early Holocene followed by a strengthening of the SHWW influence during the middle and late Holocene, which is consistent with Saunders et al. (2018; Figure 5e and f).

The timing of inferred changes in the SHWW are not zonally consistent, suggesting regional variability. In the eastern Pacific Ocean in New Zealand ( $43^{\circ}\text{S}$ ,  $171^{\circ}\text{E}$ ), progressive glacier retreat and southward shift in the ITCZ and SHWW occur  
275 between  $\sim 9800$  and  $\sim 6900$  years ago, suggesting a warming early Holocene (Putnam et al., 2012). Whereas in South America, the changes located at Lago Condorito and Lago Guanaco suggest southward migration starting at the earliest at 7800 years ago (Moreno et al., 2010). While southern South America might suggest a relatively linear change in the SHWW (Figure 5e) this does not negate a non-linear shift in the SHWW belt in other regions. The offset between these two records would suggest zonal variability across the Pacific, in agreement with (Kaplan et al., 2016).

280 Our interpretation of SHWW southward shift during the Holocene should correspond with changes in precipitation. Koffman et al. (2014) used Patagonian and Southern South American precipitation records in conjunction with WAIS Divide dust particle records to infer wind changes. Although the South Pole dust records are consistent with a southward shift in the SHWW, a corresponding increase in precipitation would further suggest such a change throughout the Holocene, rather than a possible decrease in glacial activity and/or vegetation change. Therefore, we assess our inferred dynamics of the SHWW  
285 within the context of precipitation variability over the Southern Hemisphere.

#### 4.3 Changes in SPC14 dust concentration and hydrologic conditions

From 7000 – 3000 years BP, South Pole dust concentration decreased by ~60-40% (Table S1). While we have shown this decrease is qualitatively consistent with a reduction in Patagonian surface winds, possibly related to SHWW variability (<~51°S; Figure 5a), increased precipitation in the remote dust source regions (Figure 4 and Figure 5d and e; Tonello et al.,  
290 2009; Moreno et al., 2010) or during transport may also have contributed to this change. Precipitation in Patagonian source regions is closely related to changes in surface wind speed on the Andes western slope with an opposing pattern between wind speed and precipitation on the eastern slope, due to increasing cyclonic activity and the presence of the mountains causing a rain shadow effect (Berman et al., 2012; Moreno et al., 2010; Garreaud, 2007). Precipitation trends in South America vary across regions north and south during the Holocene with icefields in Patagonia (47 – 48°S, 73.4° W) and Andes experiencing  
295 arid conditions during the early (9400 – 6300 cal years BP) and late (2400 – 1600 cal years BP) Holocene, while regions in Southern Patagonia (~50°S; ~72°W) received increased precipitation during the mid-late Holocene (Glasser et al., 2004; Tonello et al., 2009; Figure 5d; Moreno et al., 2010). However, both regions show increased in precipitation during the mid-Holocene (~7000- >3000 cal years BP; Figure 5d; Glasser et al., 2004; Tonello et al., 2009; Moreno et al., 2010; Bamonte et al., 2015). At lower latitudes (~44°S), there was a relative increase in effective moisture during the Holocene (~9500 - 4200  
300 years BP; De Porras et al., 2014). We note that the CMIP6-PIMP4 output models suggest a broad increase in precipitation over most of South America, with disagreement in the models over the southern South America (Figure 4a). Paleoproxy lake records (Figure 5d) also support a progressive increase in precipitation throughout the Holocene suggesting southward migration of the SHWW belt (Tonello et al., 2009).

Modelled and paleoproxy increases in precipitation are also observed with increases in *Nothofagus* compared to  
305 grassland vegetation cover (Figure 5e; i.e., Moreno et al., 2010). The increase in vegetation cover and precipitation can reduce  
soil erosion and dust entrainment, while increasing dust fallout (i.e., Mahowald et al., 2005; Tegen and Schepanski, 2018).  
Therefore, the Holocene decrease in South Pole dust may not merely be related to a southward migration of the SHWW away  
from the dust sources, but also to a rise in precipitation resulting from this shift that also suppressed dust mobilization.

## CMIP6-PMIP4 Model Agreement

## CMIP6-PMIP4 Model Significance

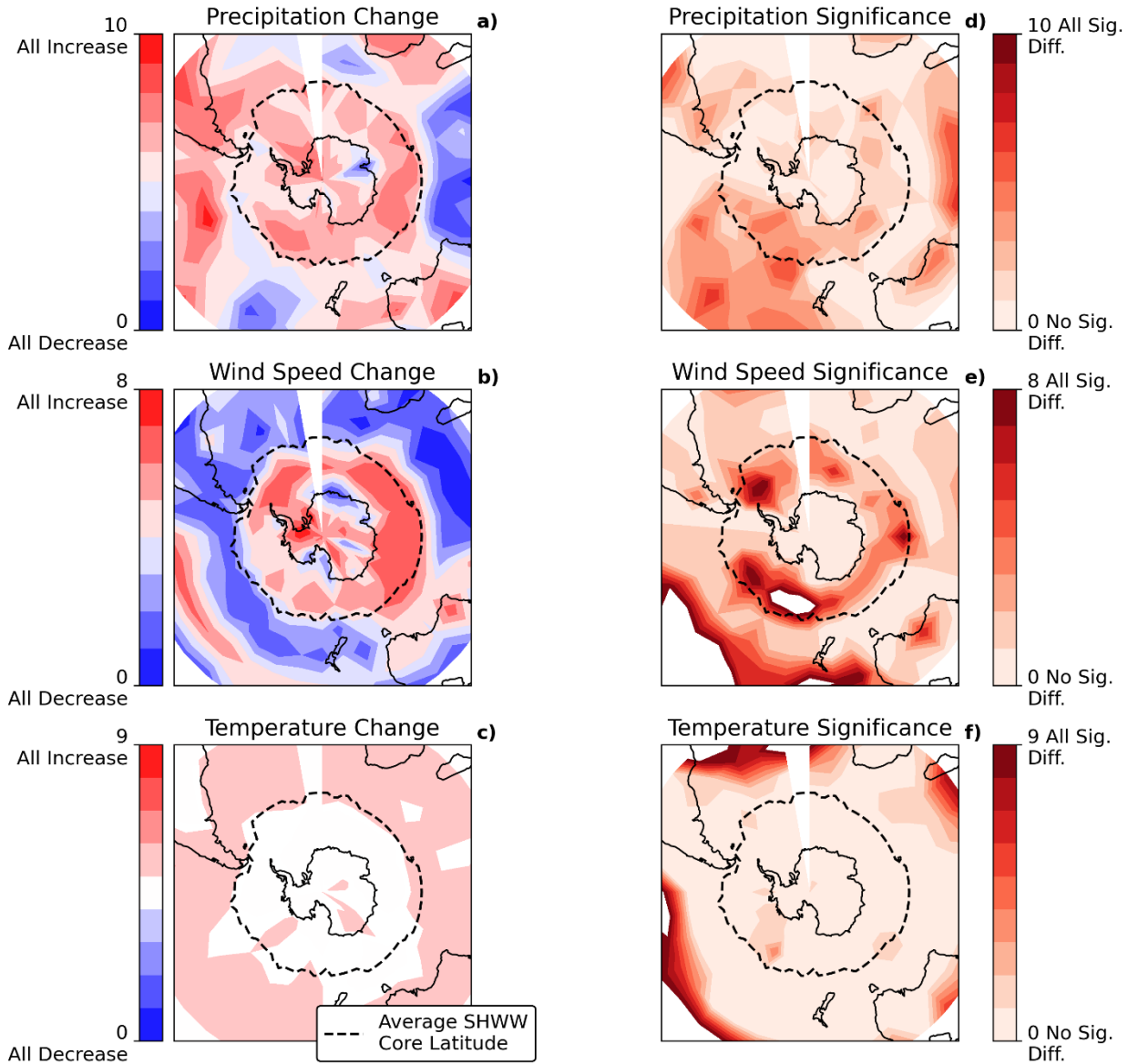


Figure 4a – f: CMIP6-PMIP4 models agreement displaying difference between mid-Holocene and piControl precipitation (4a), wind speed(4b), and temperature (4c; Otto-Bliesner et al., 2017; Brierley et al., 2020). Figure 4d – f highlights statistically significant difference ( $p\text{-value} < 0.05$ ) between mid-Holocene and piControl using a two-sided t-test. Data are from a  $10^\circ \times 10^\circ$  grid to account for original model grid resolution (Table 1). Figure 4a – c color bars indicate the number of models that infer a positive or no/negative change in each variable between 6000 years BP and during the Pre-Industrial. Red regions indicate a stronger model consensus towards an increase and blue indicates a consensus towards a decrease in the respective variable. Values in the middle represent a lack of consensus. Figures 4d – f color bars highlight the number of models showing a significant change in the specific region, where darker red indicates all models used show a significant change. The black dotted line represents the average position of peak surface wind speed for both time periods.

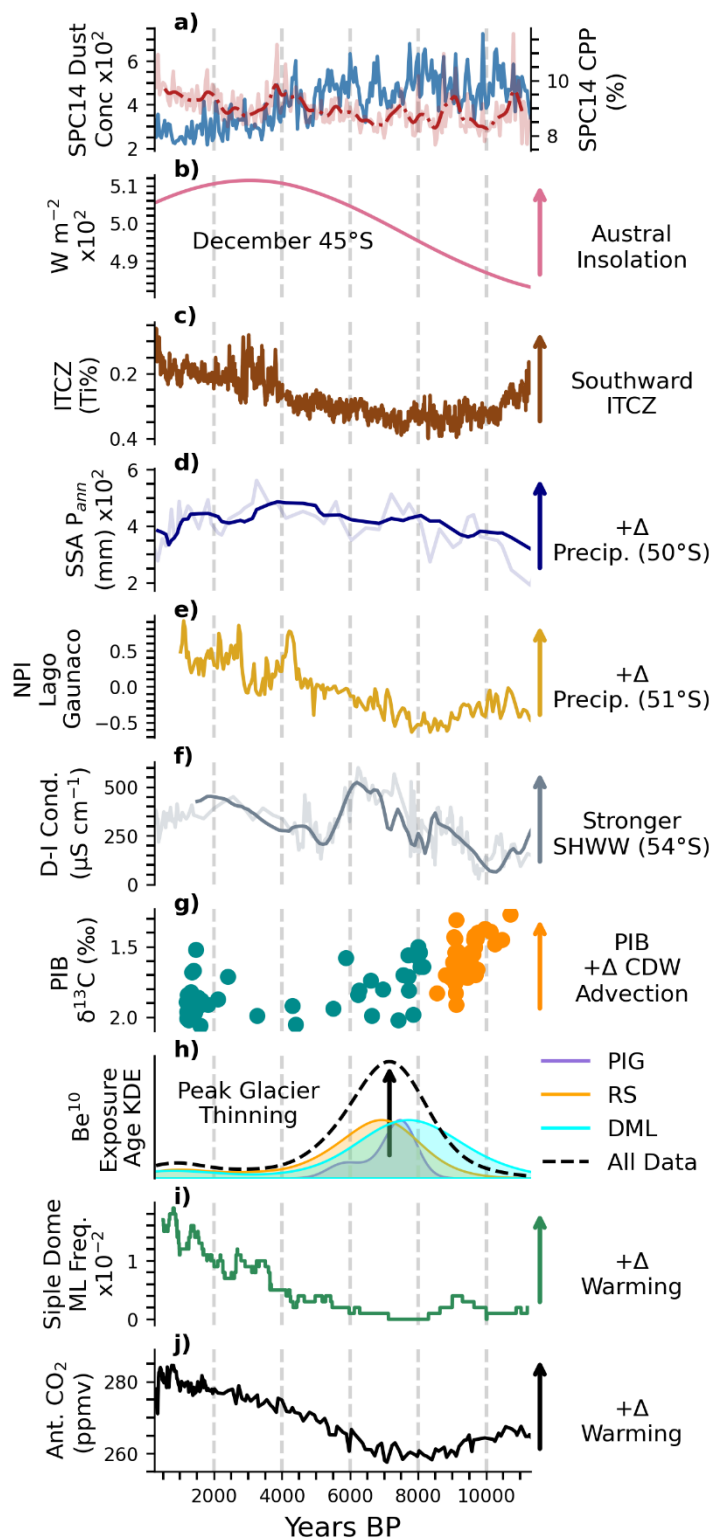


Figure 5a – j. Southern Hemisphere perspective of climate variability (11300 – 250 years BP). Figure a – j are stacks of different proxies spanning from the ITCZ to the South Pole. 5a) is the SPC14 dust concentration (blue; # mL<sup>-1</sup>) and CPP (light red shading) and CPP 11-point rolling mean (dashed red line; %). 5b) summer (December) insolation at 45°S (Laskar et al., 2004), 5c) Cariaco Basin Ti% (Haug et al., 2001), 5d) Cerro Frias southern Patagonia precipitation reconstruction (Tonello et al., 2009), 5e) Lago Guanaco precipitation reconstruction from Torres del Paine from 11300 to 1000 years BP following Moreno et al. (2010), 5f) Macquarie Island (South Pacific) diatom-inferred (D-I) conductivity measurements interpreted to reflect relative wind strength over the island (~55°S; Saunders et al., 2018), 5g) Pine Island Bay (PIB)  $\delta^{13}\text{C}$  reflective of circumpolar deep water (CDW) advection, 5h) <sup>10</sup>Be surface exposure from the Pine Island Glacier (Johnson et al., 2014), Ross Sea (Jones et al., 2020; Jones et al., 2015), and 330 Dronning Maud Land (Kawamata et al., 2020). Scaling of each distribution kernel density estimate (KDE) is altered to show relative timing rather than magnitude of exposure dates, 5i) Siple Dome melt layer frequency record (1000-year running mean; Das and Alley, 2008), and 5j) compiled Antarctic CO<sub>2</sub> (Bereiter et al., 2015).

#### 4.4 Antarctic ice sheet thinning and CPP increase

Previous studies have linked CPP variability with changes in air mass advection and/or activation of local dust sources (Delmonte et al., 2020; Koffman et al., 2014; Albani et al., 2012; Wegner et al., 2012; Aarons et al., 2017; Gabrielli et al., 2010). We explore the changes in the SPC14 CPP within the context of the coarse particle concentration. The coarse particle concentration has a similar trend throughout the Holocene as the total particle concentration, suggesting predominantly similar dynamics between coarse and total particle concentration change. However, because the CPP increases throughout the Holocene there must be an additional forcing mechanism(s) acting upon the coarse particles.

340 The increase in SPC14 CPP begins ~8000 – 6000 yr B.P. (Figure 1 and 5a) coinciding with the timing of glacial retreat and dust source exposure in lower-elevation regions of Antarctica between ~7500 – 6000 yr B.P. (Figure 5h; Jones et al., 2020; Jones et al., 2015; Stutz et al., 2021; Stone et al., 2003; Hein et al., 2016; Kawamata et al., 2020). For consistency, we recalibrate <sup>10</sup>Be surface exposure ages using production rates from Putnam et al. (2010) and Kaplan et al. (2011; Supplementary S1). Newly exposed source areas in the Weddell Sea sector are plausible origins of dust in SPC14 given 345 prevailing low-level wind patterns (Lazzara et al., 2012; Winski et al., 2021; Clem et al., 2020). However, because the South Pole has multiple air sources, either moving into the East Antarctic plateau via in the Weddell Sea (Winski et al., 2021; Clem et al., 2020; Lazzara et al., 2012) or across West Antarctica (Nicolas and Bromwich, 2011), we interpret the changes in coarse particles to reflect broader scale Antarctic changes rather than to indicate activation of a specific local source (Figure 2 and 3).

Holocene icesheet thinning, leading to exposure of Antarctic dust sources, is primarily related to 1) ocean warming (Jones et al., 2020; Stutz et al., 2021), 2) change in glacial flow patterns (Hein et al., 2016), and/or 3) reduced buttressing (Stutz et al., 2021). Strengthening and/or southward latitudinal shifts in the SHWW have been shown to increase surface

upwelling of relatively warmer circumpolar deep water (CDW) and increase air mass incursions driven by cyclogenesis into the Antarctic plateau (Hillenbrand et al., 2017; Carrasco et al., 2003). It seems likely that contracting, southward shifting, and accelerating SHWW, leading to warming ocean and atmosphere, is linked to the mid-Holocene glacial retreat (i.e., Albani et al., 2012; Koffman et al., 2014) and would increase Antarctic dust sources and the increase in CPP observed in SPC14, however, the coarse dust concentration has a slight decrease and a strong running correlation until ~4000 years BP, suggesting a similar dust source and/or dynamics, which could indicate either 1) deflation of local Antarctic dust sources, similar to Holocene dynamics at Talos Dome (i.e., Albani et al., 2012) or 2) transport from mid-latitudinal sources (Adebiyi and Kok, 2020). As further evidence, the timing of decreasing surface elevation around Antarctica corresponds to increases in SPC14 CPP as a southward shift in the Atlantic ITCZ, representing warming of the Southern Hemisphere relative to the Northern Hemisphere and the Lago Guanaco which was interpreted to reflect latitudinal migrations in the SHWW (Figure 5a, c, and e; Haug et al., 2001; Moreno et al., 2010; respectively). We suggest the CPP increase is primarily related to changes in remote dust contributions in the mid-latitudinal regions and also secondarily related to Antarctic dust source deflation.

A southward migration of the SHWW can simultaneously explain the decrease in South Pole dust concentration and the increase in CPP, which is supported by our CMIP6-PMIP4 model trends and Southern Hemisphere proxy analysis. Southward migration of the SHWW is linked to Southern Ocean CO<sub>2</sub> outgassing (i.e., Moreno et al., 2010; Anderson et al., 2009; Toggweiler et al., 2006). The South Pole dust concentrations and CPP have significant relationships ( $r = -0.76$  and  $0.52$ , respectively,  $p < 0.01$ ) with the composite Antarctic CO<sub>2</sub> record throughout the SPC14 Holocene record (Figure 5j; Bereiter et al., 2015). However, based on our data, this is outside the scope of this paper.

We suggest that the southward migration of the SHWW was in-part driven by increases in Southern Hemisphere temperatures related to increasing insolation (Figure 5b and i; Das and Alley, 2008; Laskar et al., 2004). Our SHWW model and proxy-based latitudinal reconstructions suggest that the latitudinal position and/or strength can reflect changes in regional temperature variability over millennial to centennial timescales consistent with previous studies (i.e., Jiang and Yan, 2020; Thompson and Solomon, 2002; Toggweiler et al., 2006). High-latitude zonally averaged Holocene temperature reconstructions (60 – 90°S latitude) differ, where Kaufman et al. (2020) identify a relatively stable Holocene temperature of  $0.04 \pm 0.22 \text{ } ^\circ\text{C}$  (slope =  $< 0.01 \text{ } ^\circ\text{C kyr}^{-1}$ ; relative to pre-industrial temperature) and Osman et al. (2021) suggest a more insolation-like

increase (slope =  $0.11 \Delta^{\circ}\text{C kyr}^{-1}$ ; relative to last two millennia). The insolation-like structure in the South Pole dust record seems most consistent with the reconstruction of Osman et al. (2021), suggesting progressive, insolation-style, Southern Hemisphere warming and corresponding southward shift in the SHWW.

## 380 5 Conclusions

Mid-to-high latitude Southern Hemisphere Holocene proxy records provide ample evidence for an orbitally-driven, progressive, southward shift of Holocene thermal gradients resulting in the strengthening of the SHWW beginning at the start of the Holocene with the most dynamic change occurring between 7000 – 3000 years BP. Together, the data suggest that high-southern latitude wind dynamics and resulting precipitation changes are driven by high-latitude hemispheric temperature change on orbital timescales. While there is broad agreement among many proxy records, the Pine Island Bay upwelling record shows a different pattern, with reduced wind-driven upwelling near West Antarctica after ~8 ka (Figure 5g; Hillenbrand et al., 2017). Zonal differences in wind strength may account for these apparently conflicting observations (Kaplan et al., 2016).

Opportunities for future research include describing the asymmetry in the timing of SHWW wind shifts between Western and Eastern Antarctica, which could influence the output of ocean derived  $\text{CO}_2$  to the atmosphere. Our results further suggest the early Holocene may be a poor analogue for modern climate change. The SHWW southward shift and  $\text{CO}_2$  transfer from the ocean to the atmosphere increased throughout the Holocene and has continued to increase today (Menviel et al., 2023). Identifying and examining WAIS stability within the context of Holocene changes therefore becomes critical if the early Holocene can no longer be used as an analogue to modern temperature change.

## Data Availability

395 Dust datasets used in this paper are available at the U.S. Antarctic Program Data Center (DOI: 10.15784/601553.).

## Author Contributions

AC analyzed the data and prepared the manuscript with contributions from all co-authors. KK, EO, JCD, and MW designed the experiments and guided the overall research effort. DF and ZT melted the core and measured the Abakus data and collected discrete samples. KA wrote the Abakus cleaning code. DW and BK provided data analysis and writing support. AP provided writing support. MH provided laboratory analysis feedback.

## Competing Interests

The authors declare that they have no conflicts of interest.

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