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Human Activities Caused Hypoxia Expansion in a Large Eutrophic

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Abstract

 Increase in riverine nutrient loads was generally recognized as the primary cause of coastal deoxygenation, whereas the role of other riverine factors, especially suspended sediments, has received less attention. This study aims to discern the impacts of anthropogenic alterations in various riverine inputs on the subsurface deoxygenation over the past three decades in a large river-dominated estuary, the Pearl River Estuary (PRE). By utilizing the physical-biogeochemical model, we reproduced the observed dissolved oxygen (DO) conditions off the PRE in the historical period (the 1990s with high-suspended sediments-DO and low-nutrient inputs) and the present period (the 2010s with low-suspended sediments-DO and high-nutrient inputs). Due to the decadal changes in riverine inputs, the PRE has witnessed more extensive and persistent low-32 oxygen events during summer in the 2020s, with larger spatial extents of \sim 2926 km² for low oxygen ($DO < 4$ mg/L, increased by ~148% relative to the 1990s) and 617 km² 34 for hypoxia (DO < 3 mg/L, by 192%) and longer duration (by \sim 15-35 days), evolving into three distinct hypoxic centers controlled by different factors. Model experiments suggested that the decreased riverine DO content (46%) has led to a low-oxygen expansion in the upper regions, accounting for 44% to the total increment. Meanwhile, the increased nutrient levels (100% in nitrogen and 225% in phosphorus) and the declined suspended sediment concentration (60%) have jointly promoted the primary production and bottom oxygen consumptions (dominated by sediment oxygen uptake), thus resulting in a substantial enlargement of low-oxygen area (104%) and hypoxic area (192%) in the lower reaches. Our results revealed a more critical role of the riverine suspended sediment decline in the exacerbation of eutrophication and deoxygenation off the PRE via improving light conditions to support higher local productivity, which could further amplify the effect combined with the growth in nutrients and confound the effectiveness of hypoxia mitigation under nutrient controls. Overall, in the context of global changes in riverine suspended sediments, it is imperative to reassess the contribution of riverine inputs to the coastal deoxygenation worldwide over the past

- decades, given that the impact of suspended sediments has been constantly overlooked
- in relevant investigations.
- **Key words:** Deoxygenation; suspended sediments; nutrient inputs; decadal changes;
- Pearl River Estuary

Graphical Abstract

 DO process under low human activities (left) and high human activities (right). Note that pollution indicates DIN, DIP and low oxygen water from the discharge.

1. Introduction

 Hypoxia emerges when dissolved oxygen (DO) concentration drops below 3 mg/L in aquatic systems. It is an undesirable phenomenon which can lead to a series of biological and ecological consequences, such as damaging the habitat for aquatic organisms and imposing detrimental effects on the ecosystem community structure (Diaz and Rosenberg, 2008; Roman et al., 2019). Due to the substantial impacts from human socioeconomic activities, coastal regions have become a hotspot for hypoxia (Breitburg et al., 2018; Pitcher et al., 2021). Moreover, long-term exacerbation of hypoxia with spatial expansion and increased intensity has been frequently reported in estuarine and coastal regions worldwide during the past decades, including the Baltic

 Sea (Carstensen et al., 2014), the northern Gulf of Mexico (Bianchi et al., 2010), Chesapeake Bay (Murphy et al., 2011), the Yangtze River Estuary (Chen et al., 2017),

and the Pearl River Estuary (Hu et al., 2021).

 Plenty of studies were conducted to reveal the mechanism of hypoxia formation and evolution in coastal regions. It has been widely recognized that coastal deoxygenation is largely attributed to the eutrophication-driven production of organic matters (Su et al., 2017; Wang et al., 2016), which sink to the subsurface waters and bottom sediments, leading to intense oxygen depletion (Wang et al., 2014). This would induce hypoxia when the density stratification restricts DO replenishment from the surface waters (Wang et al., 2018). One important reason underlying eutrophication and hypoxia is the excessive nutrients that are discharged into the water column and stimulate phytoplankton blooms (Cullen, 2015; Wang et al., 2016; Wang et al., 2021). In addition, an improved light condition, e.g., due to the decreased suspended sediment loads, could also favor the enhancement of local production and hence hypoxia (Ge et al., 2020; Huang et al., 2022). The effects of nutrient and light conditions vary in coastal systems due to different hydrodynamic and topographic features, which makes the formulation of hypoxia mitigation strategies more challenging. Therefore, a quantitative assessment on the importance of these factors in generating hypoxia is crucial for understanding the primary drivers of hypoxia evolution and for proposing effective countermeasures.

 A case in point is the Pearl River Estuary (PRE), which is situated in the northern South China Sea and close to the Guangdong-Hong Kong-Macao Great Bay Area (Fig. 1a). Owing to the relatively large nutrient inputs and vertical stratification formed by freshwater plume, hypoxia typically occurs during summer in the bottom waters of the PRE. Before the 2000s, it was an episodic and small-scale issue because of the synergetic effect of shallow topography, high turbidity (Ma et al., 2022), and the intermittent stratification due to periodic disturbance by the tides. However, large-scale occurrences of low oxygen (when DO < 4 mg/L) and hypoxia were frequently reported

changing riverine inputs (including nutrients, suspended sediments, and oxygen content;

Fig. 1c-f) to the long-term expansion of low oxygen (DO < 4 mg/L) and hypoxia (DO

112 \leq 3 mg/L) in the region.

2. Material and methods

2.1 Study area

 The PRE and its adjacent shelf waters (Fig. 1a) represent an estuarine system under intensive human activities. One major anthropogenic impact in the PRE is the terrestrial substances fed by the Pearl River, which is the third largest river in China 118 with an average annual runoff of 3.26×10^8 m³ (Luo et al., 2002), through eight river outlets, including Humen, Jiaomen, Hongqili, Hengmen, Modaomen, Jitimen, Hutiaomen, and Yamen (Fig. 1a). The long-term DO and water quality data used here were collected from open sources (e.g. government websites) and published studies

- (Table S1). Over the past few decades, the terrestrial inputs from the Pearl River has
- experienced remarkable changes in oxygen content, sediment loads, and nutrients
- including dissolved inorganic nitrogen (DIN) and dissolved inorganic phosphorus (DIP)
- (Fig. 1c-f). Consequently, the ecological environments of the PRE have changed
- significantly.

 Fig. 1. (a) Study area of the PRE and sampling sites during 1985-2017; (b) five subregions and a transect along the coastal transition zone used for analysis; (c) annual loads of suspended sediments (SS) from the Pearl River; (d-f) the summertime concentrations of nutrients (DIN, DIP) and dissolved oxygen (DO) in the river outlets of the PRE.

 In the 1990s, the PRE displayed a low level of eutrophication due to the weak urbanization in the upstream regions and high turbidity because of the absence of large- scale hydraulic facilities, e.g., dams, which could block the suspended sediments from being transported into the estuary. Until the late 1990s, at least 8636 reservoirs were

 established in the Pearl River basin, the vast majority of which were built after China's reform and opening up in 1980 (Wu et al., 2016). After the 2000s, with the acceleration of urbanization and construction of hydraulic facilities, the PRE has undergone a significant increase in nutrients and decline in sediment loads (Fig. 1c-e), both of which are favorable for phytoplankton blooms and therefore for eutrophication and hypoxia. These long-term variations of riverine substances have also been reported by Lai et al. (2022) and Hu et al. (2021). In the meantime, the oxygen content in the PRE has exhibited a notable drawdown with significant expansions in low-oxygen extents in recent summers (Fig. 2), which has been revealed by the cruise observations in the PRE (Li et al., 2021; Su et al., 2017; Hu et al., 2021; Lu et al., 2018).

 Fig. 2. (a) Interannual variations of low-oxygen area (HA4, DO < 4 mg/L) and hypoxic area (HA3, DO < 3 mg/L) in the bottom waters of the PRE during summer estimated from the cruise observations (note that the grey patches represent the lack of data); spatial distributions of summer-averaged DO concentrations during (b) 1991-1996 and (c) 2013-2017.

2.2 Model settings and validation

2.2.1 Model descriptions and settings

A 1D-3D coupled physical-biogeochemical model, which has been extensively

verified and applied in the PRE (Wang et al., 2017; Wang et al., 2018; Hu et al., 2011;

- Zhang et al., 2022), was utilized here to reproduce the oxygen dynamics under the long-
- term changes in riverine nutrients, suspended sediment concentration (SSC), and

 oxygen content (Fig. 1c-f). For the sake of conciseness in the main text, detailed descriptions on the physical and suspended sediment modules were provided in the Supplement (Text S1). Regarding the biogeochemical module, it is based on the Row- Column Aesop (RCA), which simulates interactive cycles of oxygen, carbon, nitrogen, phosphorus, and silicon in the water column (Fizpartick, 2004). As for the oxygen dynamics, it can be described as follows: $\frac{\partial D O}{\partial t} = -\left(u\frac{\partial D O}{\partial x} + v\frac{\partial D O}{\partial y} + w\frac{\partial D O}{\partial z}\right) + \frac{\partial}{\partial x}\left(A_H\frac{\partial D O}{\partial x}\right) + \frac{\partial}{\partial y}\left(A_H\frac{\partial D O}{\partial y}\right) + \frac{\partial}{\partial z}\left(K_H\frac{\partial D O}{\partial z}\right) +$ $167 \text{ } Rea + Photo + WCR + SOD$ (1) 168 where *DO* represents the dissolved oxygen concentration (mg/L); $-\left(u\frac{\partial D}{\partial x} + v\frac{\partial D}{\partial y} + v\frac{\partial^2}{\partial y^2}\right)$ $w \frac{\partial DQ}{\partial z}$ represents the horizontal and vertical advection of oxygen (mg O₂ L⁻¹ day⁻¹); $\frac{\partial}{\partial x} \left(A_H \frac{\partial D}{\partial x} \right) + \frac{\partial}{\partial y} \left(A_H \frac{\partial D}{\partial y} \right) + \frac{\partial}{\partial z} \left(K_H \frac{\partial D}{\partial z} \right)$ represents the horizontal and vertical 171 diffusion of oxygen (mg O_2 L^{-1} day⁻¹); *Rea* and *Phot*, *WCR*, and *SOD* represent the rates of air-water oxygen exchange, photosynthesis, water column respiration, and 173 sediment oxygen demand, respectively (unit: mg O_2 L⁻¹ day⁻¹). The *SOD* is calculated by the sediment flux module (SFM) coupled to the RCA. The sediment module simulates the sedimentation and remineralization of organic carbon, nitrogen, and phosphorus, and dynamically estimates the oxygen and nutrient fluxes across the sediment-water interface (Fizpartick, 2004).

178 The growth of phytoplankton is co-limited by temperature, light, and nutrient 179 conditions. The calculation of gross primary production (GPP , mg C L⁻¹ day⁻¹) of 180 phytoplankton in RCA (Fizpartick, 2004) is determined as:

181
$$
GPP = G_{Pmax} * e^{-\beta (T_{opt} - T)^2} * G_N(N) * G_I(I) * P_c
$$
 (2)

182 where G_{Pmax} is the maximum grow rate of phytoplankton at the optimum temperature 183 (day⁻¹); T_{opt} is the optimum temperature (°C); β is the shaping coefficients; T is the 184 water temperature (°C); $G_I(I)$ is the light limitation factor; $G_N(N)$ is the nutrient 185 limitation factor; P_c is the phytoplankton biomass (mg C L⁻¹).

186 The nutrient limitation factor is parameterized as:

187
$$
G_N(N) = Min\left(\frac{DIN}{K_{mN}+DIN}, \frac{DIP}{K_{mP}+DIP}, \frac{Si}{K_{mSi}+Si}\right)
$$
 (3)

188 where DIN , DIP , and Si represent the concentration (mg L^{-1}) of dissolve inorganic 189 nitrogen (including NO_3^- and NH_4^+), dissolve inorganic phosphorus (PO_4^3 -), and 190 dissolve inorganic silicon (SiO₃²), respectively; K_{mN} , K_{mP} , and K_{mSi} represent the 191 half-saturation constants (mg L^{-1}) for DIN, DIP, and Si, respectively. It should be noted 192 that a higher nutrient limitation factor $G_N(N)$ indicates a weaker nutrient limitation 193 effect on phytoplankton growth (Fizpartick, 2004). Moreover, the nitrogen and 194 phosphorus limitation are more significant than silicon limitation within the PRE, thus 195 this study mainly focuses on the former.

196 The light limitation factor $G_I(I)$ is parameterized as:

197
$$
G_{I}(I) = \frac{e}{k_{e}H} \left[exp\left(\frac{-I_{0}(t)}{I_{s}}e^{-k_{e}H}\right) - exp\frac{-I_{0}(t)}{I_{s}} \right]
$$
(4)

$$
198 \t k_e = k_{ebase} + k_c * a_{cchl} * P_c + k_{sed} * SSC \t\t(5)
$$

199
$$
I_0 = I_{surf} * e^{-k_e * H}
$$
 (6)

200 where *H* is the depth of water column (m); I_0 is the incident light intensity at the 201 segment surface (ly day⁻¹); I_s is the saturating light intensity (ly day⁻¹); k_e is the light 202 extinction coefficient (m^{-1}) ; k_{ebase} is the background light extinction coefficient of 203 water (m⁻¹); k_c is the phytoplankton-related extinction coefficient (m² mg⁻¹ Chla); a_{cchl} 204 is the ratio of chlorophyll to phytoplankton carbon biomass; k_{sed} is the SSC-related 205 extinction coefficient (m² mg⁻¹ SSC); I_{surf} is the instant light radiation received at the 206 water surface (ly day^{-1}) (Fizpartick, 2004; Zhang and Li, 2010).

 To estimate the spatial characteristics of light conditions, we also calculated the eutrophic depth in the PRE, which is defined as the water depth reached by 1% of the 209 surface light intensity (I_0) . Basically, a larger eutrophic depth indicates a better light condition for phytoplankton growth.

211 **2.2.2 Model validation**

212 The coupled physical-biogeochemical model mentioned above has already been 213 validated against a variety of observations for several periods, which showed good

 Then, the biogeochemical module was established and used to explore the nutrient and oxygen dynamics off the PRE in July 1999 and January-December 2006 (Hu and Li, 2009; Wang et al., 2017). The point-to-point comparisons with the water quality profiles indicated that the biogeochemical module was robust to reproduce the spatial distributions of ammonia, nitrate, phosphorus, oxygen, and chlorophyll *a* in the PRE. In addition, Wang et al. (2017) has compared the simulated oxygen kinetic terms (including the air-sea re-aeration rate, water-column respiration and production rates, and sediment oxygen demand) with observations in summer, which demonstrated the model's capability in representing the important oxygen source-sink processes (e.g., oxygen consumptions across the sediment-water interface) in the PRE. Detailed model settings and parameters can be found in Wang et al. (2017).

2.3 Model experiments

 Based on the well-validated model run in 2006 (Wang et al., 2017), the present study performed diagnostic simulations for two representative periods, characterized

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3. Results

3.1 Responses of eutrophication to human-induced changes in

the PRE

3.1.1 Long-term variations in water quality distributions

 To examine changes in eutrophication (a key process affecting DO dynamics) and its influential factors during summer in the PRE, we compared the simulated distributions of SSC, nutrients, Chl *a*, and POC in the surface waters between the 1990s and the 2010s cases (Fig. 3) as well as their vertical integrations in subregions (Table 2). Model results showed that the surface SSC within the PRE largely declined during the two periods. In the 1990s, SSC maintained at a high level in the inner Lingdingyang Bay (see its location in Fig. 1b), ranging from 70.0 to 100.0 mg/L (Fig. 3a). Due to the 272 consecutive sinking along with water transport, SSC dropped to \sim 10.0 mg/L in the lower reaches of the PRE. While in the 2010s, the riverine sediment loads have remarkably decreased, resulting in a corresponding drawdown in SSC downstream (Fig. 3b-c). Overall, the vertically-integrated SSC content in the inner Lingdingyang Bay and 276 lower PRE dropped by 56.1% and 45.6%-47.3% to 244.5 mg/m² and 38.4-69.2 mg/m², respectively (Table 2).

 In terms of nutrients, the variation induced by riverine inputs was also evident during the two periods, acting on the main estuary in association with the spreading of the river plume. As shown, the DIN content in the 1990s was mostly below 1.5 mg/L within the entire PRE (Fig. 3d). With respect to the 2010s, the DIN concentration has increased by 0.8 mg/L and 0.2 mg/L in the surface waters of the upper Lingdingyang Bay and the lower PRE, respectively (Fig. 3e-f). The vertically-integrated DIN mass has increased by 41.9%-102% in the PRE (Table 2). A similar situation occurred with respect to DIP, with its content increasing from 0.04 mg/L in the 1990s to 0.07 mg/L in the 2010s in the high-DIP area adjacent to the middle Lingdingyang Bay (Fig. 3g-i). In terms of vertical integration, DIP increased by 9%-108%, with the lowest increases located in the Hong Kong waters downstream of the estuary (Table 2).

 Fig. 3. Simulated distributions of (a-c) SSC, (d-f) DIN, (g-i) DIP, (j-l) Chl *a*, and (m-o) POC concentrations in the surface waters of the PRE for the 1990s (left panels) and the 2010s (middle panels) as well as their differences (right panels).

> 295 296

 In response to changes in light (affected by the SSC content) and nutrient conditions, phytoplankton biomass has substantially grown in the 2010s, indicated by the increased Chl *a* concentration. In the 1990s, the phytoplankton biomass was at a low level, with the Chl *a* generally below 8.0 μg/L in the surface waters (Fig. 3j). As for the 2010s, significant phytoplankton blooms were found along the Modaomen sub- estuary, outer Lingdingyang Bay, and Hong Kong waters (Fig. 3k-l), with the vertically-303 integrated Chl *a* content rising by $31.0 \mu g/m^2$ (by 78.7% compared to the 1990s), 32.2 μ g/m² (79.1%), and 34.6 μ g/m² (46.6%), respectively (Table 2). As a result of the elevated primary production, a great amount of organic matter was produced in the PRE. Spatially coupled to the growth of Chl *a* (Fig. 3l), the POC content has significantly increased in the 2010s, especially in the lower PRE (Fig. 3m-o), with the vertically-308 integrated concentration increasing by $1.5{\text -}2.0 \text{ mg/m}^2$ (by 27.4%-32.6% compared to the 1990s) over the water column (Table 2).

3.1.2 Long-term variations in nutrient and light limitations

 The primary production in the PRE was controlled by the synergistic effects of nutrient and light conditions. We calculated the nutrient limitation factor and the eutrophic depth to quantify the intensity of nutrient limitation and light limitation on algae growth. It should be noted that a smaller nutrient limitation index and a shallower eutrophic depth represent a stronger nutrient limitation and a stronger light limitation, respectively. Results showed that the nutrient limitation exhibited a distinct estuary- shelf gradient, in which the Hong Kong waters experienced more severe nutrient limitation than the Modaomen sub-estuary and Lingdingyang Bay (Fig. 4a, c). Specifically, the nutrient limitation index decreased from the upper estuary (0.94) to the Hong Kong waters (0.83) in the 1990s. By contrast, the light limitation has attenuated along the river plume transport, largely ascribed to the decreased SSC (Fig. 3a-b). Compared to the Hong Kong waters, the regions adjacent to river outlets underwent more severe light limitation, shown by the eutrophic depth (Fig. 4b) increasing from the Lingdingyang Bay (1.3 m) and Modaomen sub-estuary (9.5 m) to the Hong Kong

waters (20.7 m).

 Fig. 4. Simulated distributions of (a, c) nutrient limitation index for the growth of phytoplankton and (b, d) euphotic depth (in unit of m) in the 1990s and the 2010s.

 Due to the growth in nutrient loads, nutrient limitation has relieved in the 2010s. For instance, the nutrient limitation index in the Hong Kong waters has increased to 0.85 (by 2.4% of the 1990s) in the 2010s (Table 2). In comparison, the relief of light limitation was more evident with the reduced riverine suspended sediments. The deepening of the euphotic depth in the Lingdingyang Bay was significantly greater than that in the lower estuary (Fig. 4b, d). In the inner Lingdingyang and middle Lingdingyang Bays, the euphotic depth increased by 1 m and 2.2 m (by 76.9% and 110.0% relative to the 1990s, Table2), respectively. The alterations in light conditions in the remaining area were relatively minor, with the eutrophic depth increasing to 11.2 m (by 17.9%) in the Modaomen sub-estuary and to 21 m (by 1.4%) in the Hong Kong waters during the 2010s (Table 2).

3.2 Responses of DO dynamics to human-induced changes in

the PRE

3.2.1 Variations in DO distributions and hypoxia occurrences

 Fig. 5. (a-c) Surface DO and (d-f) bottom DO distributions, (g-i) vertical DO distributions along the transect (see its location in Fig. 1b), and (j-l) low-oxygen frequency (HF4, DO < 4 mg/L) and (m-o) hypoxia frequency (HF3, DO < 3 mg/L) in the bottom waters of the PRE for the 1990s (left panels) and the 2010s (middle panels) as well as their differences (right panels).

 Our model results demonstrated significant changes in the spatial pattern of summertime DO and hypoxia incidences from the past to the present (Fig. 5). The surface DO concentration in the 1990s was generally higher than 6 mg/L and exhibited an increasing trend towards the shelf regions (Fig. 5a). While in the 2010s, the surface DO has undergone an evident increase by 0.2-0.3 mg/L (Fig. 5b-c), with an oxygen- enriched zone in the lower PRE, which was closely coupled to the surface high Chl *a* 357 value (Fig. 3k). However, low-oxygen events $(DO < 4$ mg/L) have appeared in the surface waters adjacent to the river outlets in the 2010s (Fig. 5b) due to the low DO influx from the Pearl River along with the freshwater discharge.

 In the bottom waters, the observed shift from small-scale hypoxia in the 1990s to extensive hypoxia in the 2010s (Fig. 2b-c) was well reproduced by our model (Fig. 5d- e). In the 1990s, the low-oxygen events were primarily concentrated along the western side of the PRE (i.e. the Modaomen sub-estuary and adjacent waters; Fig. 5d). The simulated low-oxygen area (HA4) and hypoxic area (HA3) were approximately 1179.7 km² and 211.3 km²(Table 3), respectively, which is consistent with the observational 366 estimates of 802 \pm 437 (mean \pm standard deviation) and 131 \pm 84 km² during the summers of 1994-1999 (Fig. 2a). The low-oxygen conditions have considerably worsened over the estuary in the 2010s (Fig. 5e-f), especially evident in the inner Lingdingyang Bay, outer Lingdingyang Bay, and Hong Kong waters. The bottom DO levels have dropped to 2.8-4.1 mg/L on average in the five subregions (Table 2). 371 Simultaneously, the simulated low-oxygen area (HA4) has increased to \sim 1.5 times larger than that in the 1990s, reaching 2925.5 km² (Table 3). The enlarged low-oxygen 373 coverage in our model is consistent with the observational estimates of 2715 ± 1068 km² during 2013-2017 (Fig. 2a). Besides, the simulated hypoxic area (HA3) has approximately increased by twofold and reached 617.2 km² in the 2020s, which is also 376 comparable to the observational estimates of 901 ± 591 km² during 2013-2017.

378

379 **Table 3. Simulated low-oxygen (HA4, DO < 4 mg/L) and hypoxic (HA3, DO < 3**

- 380 **mg/L) areas in the bottom waters of the PRE and their changes relative to the**
- 381 **1990s.**

382

 In addition, the two observed hypoxic centers along the coastal transition zone (i.e., the Modaomen sub-estuary and Hong Kong waters; Fig. 2b-c) were also successfully reproduced by our model, showing heterogeneous deoxygenation features in terms of spatial extents and duration (Fig. 5g-o). In the 1990s, the low-oxygen conditions in these two centers were confined to a relatively small extent, especially in the Hong Kong waters, where the simulated thickness of low oxygen (DO < 4 mg/L) was less than 1 m (Fig. 5g). The low-oxygen and hypoxic waters probably sustained for 18-76 days and 4-23 days within the hypoxic centers during the three summer months (June- August), respectively, synonymous with 20.5%-84.5% of low-oxygen occurrences (HF4) and 4.8%-25.2% of hypoxia occurrences (HF3) in summer (Fig. 5j, m; Table 2). As for the 2010s, the estimated thickness of hypoxia in the Modaomen sub-estuary has 394 substantially increased to \sim 1.5 m, while the low-oxygen thickness in the Hong Kong 395 waters has reached \sim 5 m (approximately 4 m thicker relative to the 1990s; Fig. 5h). Furthermore, the duration of the low-oxygen and hypoxic events in the 2010s was prolonged, roughly at 55-89 days(61.0%-99.1% of HF4) and 19-51 days(21.4%-56.5% of HF3) in the hypoxic centers (Fig. 5k, n; Table 2), respectively.

399 **3.2.2 Variations in bottom oxygen consumption**

400 To further explore the mechanism of long-term deoxygenation off the PRE, we 401 investigated the oxygen consumption rates and their changes during the two periods

 (the 1990s versus the 2020s). We specifically focused on the oxygen consumption at the bottom layers covering the 20% of the water depth above the sediments, where the majority of hypoxic events in the PRE occurred (Fig. 5).

 As shown in Table 2, the predominant oxygen sink in the bottom waters of the PRE was sediment oxygen demand (SOD) induced largely by the remineralization of organic matter in sediments, whereas water column respiration (WCR) only accounted for 15.2% of the bottom oxygen consumption on average. Over the past three decades, both the WCR and SOD have generally enhanced in the PRE, primarily attributed to the growth in local production of organic matter associated with aggravated eutrophication (Fig. 3j-o). Particularly, the SOD in the outer Lingdingyang Bay and 412 Hong Kong waters has remarkably increased from 0.28-0.92 mg O_2 L⁻¹ day⁻¹ in the 413 1990s to 1.12-1.48 mg O₂ L⁻¹ day⁻¹ in the 2010s (Table 2), which contributed to 80%~95% of the increment in total oxygen consumption. Although the absolute increase of SOD in the Modaomen sub-estuary was comparatively small, the SOD in the 2010s has almost doubled compared to the 1990s, leading to a substantial increase in the occurrence of hypoxic events in this region (Fig. 5d-o).

3.2.3 Disentangling contributions of riverine oxygen, suspended sediments, and nutrient changes on deoxygenation

 As detailed in Section 2.3, three scenario simulations were performed to quantify the relative contributions of riverine changes to the decadal low-oxygen expansion in the PRE (Table 1). In general, the riverine impacts on DO and related biogeochemical factors varied significantly between subregions (Figs. 6-7). Specifically, increasing the riverine nutrient levels from the 1990s to the 2020s alone (High-nutrient case) led to a marked drawdown in the bottom DO around the lower PRE (by over 0.2 mg/L relative to the 1990s; Fig. 6a). The DO decline, extending from the Modaomen sub-estuary to the Hong Kong waters, was ascribed to the elevated phytoplankton biomass (Fig. 7b) facilitated by better nutrient conditions, which subsequently sustained stronger bottom oxygen depletions compared to the 1990s (Fig. 7c). Among the subregions, the Hong

 Kong waters was more susceptible to the changes in riverine nutrients as it was subject to comparatively severe nutrient limitation (Table 2). Therefore, with the improvement of nutrient utilization, this region experienced more pronounced deoxygenation in association with significant alterations in Chl *a* content and SOD (increased by 14.2 μ g/m² and 0.26 mg O₂ L⁻¹ day⁻¹, respectively, equivalent to 47.1% and 46.4% of their total increments over the past three decades; Fig. 7). While in the inner Lingdingyang Bay, the increased nutrient inputs only caused a slight change in Chl *a* content because the phytoplankton growth in this region was mostly light limited due to high water turbidity (Table 2). The concomitant changes in SOD and bottom DO were fairly small 439 as well. Collectively, the high-nutrient scenario alone resulted in a 31% and 34% growth in the area affected by low oxygen (HA4) and hypoxia (HA3) relative to the 1990s, respectively (Table 3).

442
443 Fig. 6. Bottom DO changes induced by (a) riverine nutrient increases (the High-nutrient case minus the 1990s case), (b) riverine SSC declines (the Low-SSC case minus the 1990s case), (c) the combined effects of nutrient increases and SSC declines (the DO- restore case minus the 1990s case), and (d) riverine DO declines (the DO-restore case minus the 2010s case), respectively.

spher

 Fig. 7. Changes of (a) bottom DO concentration, (b) vertically-integrated Chl *a* content, and (c) SOD in subregions of the PRE for the High-nutrient, the Low-SSC, and the 2010s cases relative to the 1990s case.

 Compared with the High-nutrient case, reducing the riverine suspended sediment loads from the 1990s to the 2020s alone (Low-SSC case) imposed a greater impact on the DO conditions, causing more extensive and intense deoxygenation through the PRE (Fig. 6b). Apparent DO decline (exceeding 0.3 mg/L relative to the 1990s) occurred within the lower PRE, similar to that of the changing riverine nutrients described above. 458 This is also attributed to the intensified SOD (with an increment of 0.17-0.62 mg O_2 L⁻ 1 day^{-1} , accounting for 57.1%-77.3% of the total increment during the two periods; Fig. 460 7c), accompanied by a prominent increase in Chl *a* content (by 21.9-29.1 μg/m²,

 With respect to the influence of altered riverine DO influx, it could be deduced from the difference between the 2010s and the DO-restore cases (Fig. 6d). There was a considerable DO decrease (by over 0.8 mg/L) in the bottom waters adjacent to the river outlets (also in the surface waters) owing to the low-oxygen inflows from the upstream river channels. The impact of these low-oxygen waters was largely restricted within the upper Lingdingyang Bay under the effects of air-sea reoxygenation and water-column mixing along with the river plume transport. Collectively, reducing the riverine DO content from the 1990s to the 2020s alone resulted in an enlargement of low-oxygen 483 area by nearly 515.8 km² (derived by subtracting the HA4 of the 2010s case from that of the DO-restore case; Table 3).

4. Discussion

4.1 Impacts of decadal changes in riverine inputs on deoxygenation off the PRE

 By combining the long-term observations with simulations from the physical- biogeochemical coupled model, we have elucidated the subsurface deoxygenation and associated mechanisms driven by changes in a variety of riverine inputs over the past three decades in a typical eutrophic estuarine system, namely the Pearl River Estuary (PRE). With the rapid socio-economic development, the inorganic nitrogen and phosphorus contents flowing into the PRE during summer have approximately increased by 100% and 225% from the historical period (1990s) to the present period 495 (2020s), respectively (Table 1). Also, the riverine SSC has decreased by $~60\%$, consequent to the intense human activities such as dam construction (Liu et al., 2022) and reforestation (Cao et al., 2023). Besides, the amplified oxygen depletion fueled by terrestrial pollutants discharged into the upstream rivers has led to a lower riverine DO concentration (dropped by 46%) entering the estuary (Ma et al., 2024). These alterations have jointly triggered more extensive and persistent low-oxygen conditions in the bottom waters of the PRE (Fig. 5). Based on our model estimation, the summertime 502 low-oxygen ($DO < 4$ mg/L) and hypoxic ($DO < 3$ mg/L) areas in the PRE have risen by 148% and 192% during the two periods, respectively (Table 3), together with a 504 significant increase in the vertical thickness (expanding upwards by \sim 1-4 m) and the duration (extending by ~15-35 days during June-August) of low-oxygen events.

 More interestingly, the PRE has developed three distinct hypoxic centers (including the inner Lingdingyang Bay, Modaomen sub-estuary, and Hong Kong waters) controlled by different dominant factors, which renders the deoxygenation problem in this region as a great reference for estuaries and coastal systems worldwide. Specifically, the impact of riverine low-oxygen waters was confined within the upper estuary close to the river outlets, leading to a ~44% increase in the low-oxygen area relative to the 1990s. Such local low-oxygen issue could be mitigated to a large extent if the riverine

 It is worth mentioning that the relative importance of the riverine nutrient and SSC changes were different between the two hypoxic centers in the lower PRE, depending upon their distances from the river outlets. Closer to the river outlets, the Modaomen sub-estuary and its surrounding waters (located on the western side of the coastal transition zone off the PRE) possessed a fairly high SSC level, which imposed a stronger light limitation on the growth of phytoplankton in the region, ultimately making the oxygen dynamics more susceptible to the decline in riverine SSC. On the contrary, the Hong Kong waters and adjacent coastal areas (located on the eastern side of the coastal transition zone) far from the river outlets were less affected by the riverine inputs, where the relatively low nutrient levels promoted more sensitive responses of biogeochemical processes (e.g. primary production and SOD) and hypoxia occurrences to nutrient variations.

4.2 Nutrient control and hypoxia mitigation in the context of

sediment declines

 Our results underscored the substantial spatial variability in the regulation of riverine inputs on deoxygenation, which implies the necessity for establishing more refined and targeted strategies for hypoxia mitigation. Compared with the riverine nutrients, the influences of SSC on eutrophication and hypoxia have received less attention. It follows that there might be overestimations of the nutrient impacts in the previous studies without considering SSC to ensure the model simulation aligning with the observed deoxygenation. Such an overfitting problem could further lead to an optimistic assessment on the hypoxic mitigation effect under a certain nutrient control plan. Therefore, it is imperative to disentangle or re-evaluate the contribution of riverine nutrients and SSC to the coastal deoxygenation over the past decades. As exemplified in our study for the PRE, a more stringent nutrient reduction might be required to curb the deoxygenation issue given the low SSC status at present.

 Furthermore, it should be noted that although the dam constructions in the Pearl River Basin have mostly completed since the 2000s, it is still unclear whether the declining trend of riverine SSC will persist in the future. For instance, the reforestation in recent years has shown to be effective in reducing the summer freshwater discharges and sediment loads in the Pearl River Basin (Cao et al., 2023). Therefore, the role of riverine SSC variations remains critical for oxygen dynamics in the future, which poses greater challenges and uncertainties for eutrophication and hypoxia mitigation. Similar problems also exist in other estuaries and coastal systems suffering hypoxia. For example, it was reported that the decrease of riverine SSC (by ~56%) appeared to be the predominated factor for the intensifying eutrophication (with a 61% increase in the Chl *a* concentration) in the Yangtze River Estuary over the past decades (Wang et al., 2019). In addition, several modelling studies have showed that the dam constructions in the upper regions of Guadiana Estuary have significantly reduced the water turbidity

 and exacerbated eutrophication in the lower estuary (Domingues et al., 2012; Barbosa et al., 2010). A global-scale survey revealed that the sediment loads in 414 major rivers has approximately decreased by 51% since the 2000s due to human activities (Dethier et al., 2022), suggesting that the deteriorating eutrophication and deoxygenation in the context of sediment declines has become a global concern and merits more attention and investigations in the future.

 Some caveats to our work require further studies. For example, apart from anthropogenic activities, alterations in regional physical conditions aligning with climate changes could also regulate the long-term deoxygenation in coastal regions (Chen et al., 2024). The impacts of ocean warming on deoxygenation (Laurent et al., 2018) remain unclear in the PRE as well. While these factors have not been considered in this study, the relative contributions of human activities and climate changes represent a significant topic for future investigations, which can facilitate a more comprehensive understanding of oxygen dynamics and hypoxia development in estuaries and coastal systems.

5. Conclusion

 We applied a well-validated physical-biogeochemical model to reconstruct the summertime oxygen distributions in the PRE during two representative periods (the 1990s and the 2010s) and to disentangle the contribution of alterations in riverine inputs (i.e., suspended sediments, nutrients, and oxygen concentration) to the long-term deoxygenation off the PRE based on a suite of model experiments. We found that owing to the changes of riverine inputs over the past three decades, the low-oxygen and hypoxic areas in the bottom waters of the PRE have expanded by about 1.5 times and 588 two-fold, respectively, with the duration time prolonged by \sim 15-35 days in summer. Concurrently, three hypoxic centers dominated by distinct factors were identified. Scenario simulations revealed that the decline in riverine oxygen concentration has caused a low-oxygen expansion (by ~44%) in the upper PRE. By comparison, the

- alterations in riverine nutrients and suspended sediments have separately provided better nutrient and light conditions to promote higher production of labile organic matter, which jointly maintained considerable oxygen depletions and exacerbated the low-oxygen conditions in the lower PRE. The relative importance of the changing riverine nutrients and suspended sediments to deoxygenation varied between subregions. The suspended sediment reduction was the predominated factor in the downstream regions close to the river outlets (e.g. the Modaomen sub-estuary), while the nutrient increase exerted a more substantial influence in the regions far from the river outlets (e.g. the Hong Kong waters). Our study highlights the significant role of the declined suspended sediments in the low-oxygen expansion off the PRE, which can further amplify the effect in association with the increasing nutrients. Therefore, in the context of global regimes changes of riverine suspended sediments, we call for an urgent re-evaluation of the impacts of riverine inputs on deoxygenation in addition to nutrients in order to better understand the mechanism controlling hypoxia and thereby proposing effective mitigation strategies.
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CRediT authorship contribution statement

Yue Nan: Investigation, Model experiments, Formal analysis, Visualization, Writing-original draft. **Zheng Chen:** Model experiments, Writing-review. **Bin Wang:** Writing-review. **Bo Liang:** Writing-review. **Jiatang Hu:** Project administration, Supervision, Conceptualization, Writing-review & editing.

Declaration of competing interest

 The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Acknowledgements

- This work was supported by a grant from the Southern Marine Science and
- Engineering Guangdong Laboratory (Zhuhai) (Project. SML2023SP220) and two
- consulting projects (ZB-2023-005, ZB-2023-054) to JH.

Data availability

- Data will be made available on request.
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