

# 1      Reviews and Syntheses: Variable Inundation 2      Across Earth's Terrestrial Ecosystems

3      James Stegen<sup>1,2</sup>, Amy J Burgin<sup>3</sup>, Michelle H. Busch<sup>3</sup>, Joshua B. Fisher<sup>4</sup>, Joshua Ladau<sup>5</sup>, Jenna  
4      Abrahamson<sup>6</sup>, Lauren Kinsman-Costello<sup>7</sup>, Li Li<sup>8</sup>, Xingyuan Chen<sup>1</sup>, Thibault Datry<sup>9</sup>, Nate  
5      McDowell<sup>1</sup>, Corianne Tatariw<sup>10</sup>, Anna Braswell<sup>11</sup>, Jillian M. Deines<sup>1</sup>, Julia A. Guimond<sup>12</sup>, Peter  
6      Regier<sup>1</sup>, Kenton Rod<sup>1</sup>, Edward K. P. Bam<sup>13</sup>, Etienne Fluet-Chouinard<sup>1</sup>, Inke Forbrich<sup>14</sup>, Kristin L.  
7      Jaeger<sup>15</sup>, Teri O'Meara<sup>16</sup>, Tim Scheibe<sup>1</sup>, Erin Seybold<sup>3</sup>, Jon N. Sweetman<sup>8</sup>, Jianqiu Zheng<sup>1</sup>,  
8      Daniel C Allen<sup>8</sup>, Elizabeth Herndon<sup>16</sup>, Beth A. Middleton<sup>17</sup>, Scott Painter<sup>16</sup>, Kevin Roche<sup>18</sup>,  
9      Julianne Scamardo<sup>19</sup>, Ross Vander Vorste<sup>20</sup>, Kristin Boye<sup>21</sup>, Ellen Wohl<sup>22</sup>, Margaret Zimmer<sup>23</sup>,  
10     Kelly Hondula<sup>24</sup>, Maggi Laan<sup>1</sup>, Anna Marshall<sup>22</sup>, and Kaizad F. Patel<sup>1</sup>

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12     <sup>1</sup>Pacific Northwest National Laboratory, Richland, WA, USA

13     <sup>2</sup>School of the Environment, Washington State University, Pullman, WA, USA

14     <sup>3</sup>University of Kansas, Lawrence, KS, USA

15     <sup>4</sup>Chapman University, Orange, CA, USA

16     <sup>5</sup>University of California San Francisco, San Francisco, CA, USA

17     <sup>6</sup>North Carolina State University, Raleigh, NC, USA

18     <sup>7</sup>Kent State University, Kent, OH, USA

19     <sup>8</sup>Penn State University, State College, PA, USA

20     <sup>9</sup>National Institute for Agriculture, Food, and Environment (INRAE), Villeurbanne, France

21     <sup>10</sup>Rowan University, Glassboro, NJ, USA

22     <sup>11</sup>University of Florida, Gainesville, FL, USA

23     <sup>12</sup>Woods Hole Oceanographic Institution, Woods Hole, MA, USA

24     <sup>13</sup>International Water Research Institute (IWRI), Mohamed VI Polytechnic University, Benguerir, Morocco

25     <sup>14</sup>University of Toledo, Woods Hole, MA, USA

26     <sup>15</sup>U.S. Geological Survey, Washington Water Science Center, Tacoma, WA, USA

27     <sup>16</sup>Oak Ridge National Laboratory, Oak Ridge, TN, USA

28     <sup>17</sup>U.S. Geological Survey, Wetland and Aquatic Research Center, Lafayette, LA, USA

29     <sup>18</sup>Boise State University, Boise, ID, USA

30     <sup>19</sup>University of Vermont, Burlington, VT, USA

31     <sup>20</sup>University of Wisconsin, La Crosse, WI, USA

32     <sup>21</sup>SLAC National Acceleratory Laboratory, Menlo Park, CA, USA

33     <sup>22</sup>Colorado State University, Fort Collins, CO, USA

34     <sup>23</sup>U.S. Geological Survey Upper Midwest Water Science Center, Madison, WI, USA

35     <sup>24</sup>Arizona State University, Tempe, AZ, USA

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40     Correspondence: James C. Stegen, E-mail: [james.stegen@pnnl.gov](mailto:james.stegen@pnnl.gov); Phone: (509) 371-6763

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42 **Abstract**

43 The structure, function, and dynamics of Earth's terrestrial ecosystems are profoundly  
44 influenced by the frequency and duration that they are inundated with water. A diverse array of  
45 natural and human-engineered systems experience temporally variable inundation whereby  
46 they fluctuate between inundated and non-inundated states. Variable inundation spans from  
47 extreme events to predictable sub-daily cycles. Variably inundated ecosystems (VIEs) include  
48 hillslopes, non-perennial streams, wetlands, floodplains, temporary ponds, tidal systems, storm-  
49 impacted coastal zones, and human-engineered systems. VIEs are diverse in terms of  
50 inundation regimes, water chemistry and flow velocity, soil and sediment properties, vegetation,  
51 and many other properties. The spatial and temporal scales of variable inundation are vast,  
52 ranging from sub-meter to whole landscapes and from sub-hourly to multi-decadal. The broad  
53 range of system types and scales makes it challenging to predict the hydrology,  
54 biogeochemistry, ecology, and physical evolution of VIEs. Despite all experiencing the loss and  
55 gain of an overlying water column, VIEs are rarely considered together in conceptual,  
56 theoretical, modeling, or measurement frameworks/approaches. Studying VIEs together has the  
57 potential to generate mechanistic understanding that is transferable across a much broader  
58 range of environmental conditions, relative to knowledge generated by studying any one VIE  
59 type. We postulate that enhanced transferability will be important for predicting changes in VIE  
60 function in response to global change. Here we aim to catalyze cross-VIE science that studies  
61 drivers and impacts of variable inundation across Earth's VIEs. To this end, we complement  
62 expert mini-reviews of eight major VIE systems with overviews of VIE-relevant methods and  
63 challenges associated with scale. We conclude with perspectives on how cross-VIE science can  
64 derive transferable understanding via unifying conceptual models in which the impacts of  
65 variable inundation are studied across multi-dimensional environmental space.

66 **Introduction**

67 The chemical and biological processes within terrestrial ecosystems hinge on the presence,  
68 residence time, volume, and chemistry of water (Schimel et al. 1991, Lohse et al. 2009, Arias-  
69 Real et al. 2024). A variety of factors influence water retention, infiltration, flow, and surface  
70 expression within an ecosystem, such as land surface relief, topographic slope, subsurface  
71 permeability, evapotranspiration, and human-based modifications of the landscape (Horton  
72 1940, Ribolzi et al. 2011, Appels et al. 2016, McGrane 2016, Orozco-López et al. 2018,  
73 McDowell et al. 2023). Water supply is most commonly 'top down' in the form of precipitation  
74 and overland flow or 'bottom up' due to rising water tables and transient saturation in the  
75 subsurface (Freeze 1974, Smith et al. 2017, Stewart et al. 2019). Inundation, however, may also  
76 occur from lateral inputs, as is common in tidal systems, or from upslope inputs, as in  
77 floodplains. Regardless of where water comes from, its expression at the land-atmosphere  
78 interface occurs when the rate of water supply is greater than the rate of export via infiltration,  
79 evapotranspiration, and runoff (Tromp-van Meerveld and McDonnell 2006).

80 Here, we define inundation as occurring when there is an uninterrupted aqueous barrier that  
81 limits diffusive gas exchange at the land-atmosphere interface (Elberling et al. 2011, Smith et al.  
82 2018). This conceptualization includes diverse hydrological conditions ranging from free  
83 standing water to soil surface saturation. Hence, our broad definition spans from extreme events

such as hurricane-driven inundation to shallow intermittent overland runoff across hillslopes. This definition does not attempt to separate ‘inundation’ from ‘flooding’ based on temporal frequency/duration, as has been proposed elsewhere (Flick et al. 2012). To avoid confusion from interchangeable use of these two words (as in USACE 2024), we exclusively use ‘inundation’ and avoid references to ‘flooding’ in this paper. We define variably inundated ecosystems (VIEs) as areas of any spatial and temporal scale that experience transitions between the presence and absence of inundated conditions. Variable inundation is natural in many systems and can be critical to system function (Shaeri Karimi et al. 2022, Tsoi et al. 2022), while in other systems it represents a disturbance (Sun et al. 2022a, Hopple et al. 2023). Variably inundated ecosystems cover at least 5-9 million km<sup>2</sup>, or 4-7% of the Earth’s land surface excluding Greenland and Antarctica. These estimates are according to monthly data over multiple decades (Zhang et al. 2017, 2021, Davidson et al. 2018). Current areal estimates of VIEs may, however, be underestimates as many VIEs are not detectable with current remote sensing techniques.

Variable inundation occurs across a wide range of terrestrial ecosystems, but the factors governing its influences are typically studied independently without cross-ecosystem comparisons. Some examples of VIEs are hillslopes with overland flow, non-perennial streams, floodplains and parafluvial zones, variably inundated wetlands, vernal ponds/pools/playas, tidal systems, coastal systems impacted by storm-driven inundation, and human-engineered systems intended to shift inundation dynamics (e.g., flood-irrigated agriculture, stormwater infrastructure, and constructed wetlands) (**Fig. 1**). A given system may not fit clearly into a single VIE category and/or may transition across categories through time. For example, when flow ceases and isolated pools form in a non-perennial stream network, the stream begins to behave more like a wetland or vernal pond as opposed to a flowing stream (Day et al. 2019). Further, while VIEs may be classified as wetlands under the broadest definition from the Ramsar Convention (Secretariat 2016), there is significant variation in how wetlands are defined (Finlayson and Van Der Valk 1995) and we do not attempt to rectify or clarify variation in those definitions. Here, when using the term ‘wetland’ we simply align with the perspective that wetlands are similar to marshes, swamps, and bogs.

Inundation dynamics are changing due to increased variability and magnitudes of precipitation and evapotranspiration, accelerated sea level rise, and human modifications to the Earth’s land surface, including an increase in extreme events (Konapala et al. 2020, Li et al. 2022a). For example, extreme events such as coastal inundation are increasingly frequent (Vitousek et al. 2017). However, inundation patterns are changing in different ways across different VIEs (Zipper et al. 2021, Londe et al. 2022). For example, in river systems seasonal drying is becoming more common in multiple biomes (Sweet et al. 2014, Zipper et al. 2021). While some rivers are shifting from non-perennial to perennial (Döll and Schmied 2012, Datry et al. 2018a) and others have fewer no-flow days than they did historically (Zipper et al. 2021). Divergence in the direction of change, with some systems inundating less and others inundating more, is likely linked to diverse drivers of change associated with changing climates and/or direct human impacts (Datry et al. 2023). Therefore, researchers and decision makers cannot rely exclusively on historical trends to predict future impacts (e.g., on species diversity) of changing inundation dynamics (Culley et al. 2016, Quinn et al. 2018, Rameshwaran et al. 2021, Li et al. 2022b).



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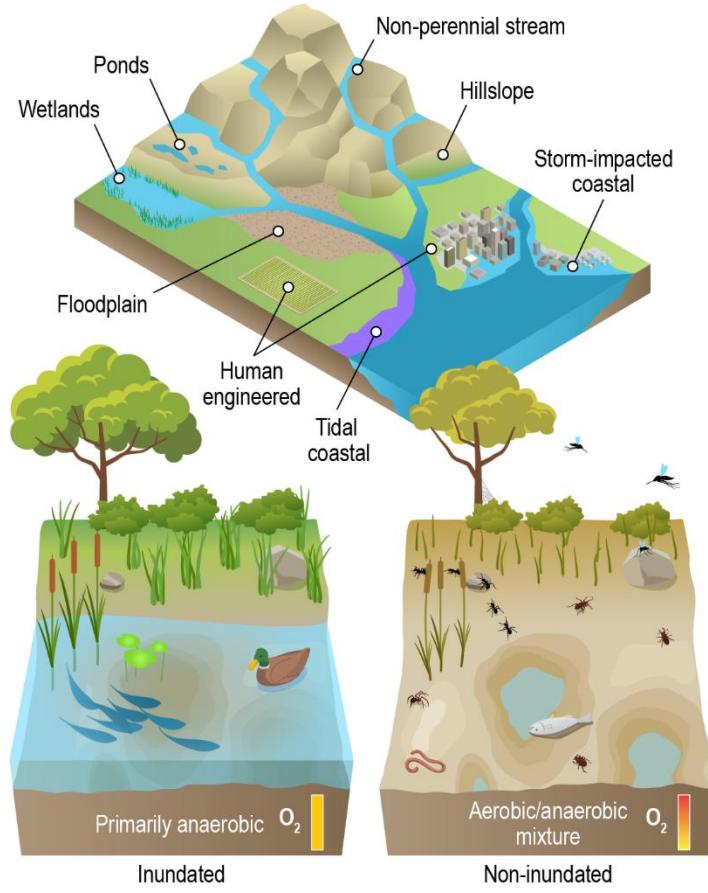
130 **Figure 1. Variably inundated ecosystems (VIEs) span numerous ecosystem types and are**  
 131 **globally distributed across the Earth's land surface.** There are few places across Earth's  
 132 *land surfaces that do not experience variable inundation, which is defined here as the loss/gain*  
 133 *of an aqueous barrier between the atmosphere and porous media (e.g., soil) that inhibits gas*  
 134 *phase transport. Due to global changes in the dynamics of variable inundation, there is a need*  
 135 *to integrate knowledge into models that are predictive across VIEs. This will require intentionally*  
 136 *studying VIEs together to understand how the details of any given VIE modulate the impacts of*  
 137 *variable inundation. Credit: Nathan Johnson. There are several photos from different sources*  
 138 *and permissions granted as follows: (a) Sullivan et al 2019; (b) Jon Sweetman, co-author; (c)*  
 139 *Shutterstock; (d) @WeirdBristol [Twitter] 2018; (global image, e, f, g) Shutterstock; (h) Mikac et*  
 140 *al 2018.*

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142 Mechanistic knowledge that is transferable (per Schuwirth et al. 2019) across inundation  
143 regimes (i.e., from extreme events to predictable cycling) and across VIEs is required to develop  
144 hydrologic, biogeochemical, and ecological models that are predictive across contemporary and  
145 future conditions. We envision the impacts of variable inundation as dependent on the location  
146 of any given VIE within multi-dimensional environmental space. This space can be defined with  
147 a variety of environmental variables such as inundation return interval and duration, topographic  
148 slope, geology, vegetation composition, precipitation, salinity, and temperature. Similar to multi-  
149 dimensional niche space (Hutchinson 1978), many other variables could be used, but  
150 regardless, environmental change will alter the position of VIEs within continuous, multi-  
151 dimensional environmental space. Predicting future impacts of variable inundation requires  
152 mechanistic understanding of how the location of a VIE in this multi-dimensional space  
153 influences those potential impacts. We propose that our best chance to achieve such  
154 understanding is to generate knowledge of variable inundation impacts that is transferable  
155 across VIEs.

156 Here we aim to catalyze cross-VIE science for the pursuit of transferable knowledge and  
157 ultimately models that are predictive across and aid in conserving contemporary and future  
158 VIEs. We briefly summarize high-level divergences in drivers of variable inundation,  
159 commonalities in the impacts of variable inundation, and then present expert mini-reviews of  
160 eight major VIE systems. Variable inundation occurs across vast ranges in spatial and temporal  
161 scales, which presents challenges to cross-VIE science. As such, we overview these challenges  
162 and offer suggested solutions along with a summary of methods that are most relevant to VIE  
163 science. We conclude with perspectives on how cross-VIE science can use conceptual models  
164 based on environmental continuums to derive transferable understanding useful for protecting  
165 these systems and their biodiversity.

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169 **Figure 2. Conceptual overview of where different types of VIEs are often found within**  
 170 **watersheds and some common shifts in system states across inundated and non-**  
 171 **inundated conditions.** VIEs are found from headwaters to coastal environments (Top) and the  
 172 impacts of variable inundation have some consistencies across these diverse landscapes  
 173 (Bottom). Organismal ecology, physiology, and demographics are altered by variable  
 174 inundation, leading to shifts in community composition. Biogeochemical processes also shift,  
 175 such as greater gas-phase transport of oxygen into soil/sediment when surface water is lost. . A  
 176 key goal for cross-VIE science is to mechanistically understand variation in the impacts of  
 177 variable inundation across multi-dimensional environmental space. Credit: Nathan Johnson.

## 178 Divergent Drivers, Common Responses, and VIE Mini-Reviews

179 The drivers of variable inundation differ markedly across VIEs and are linked to factors such as  
 180 long-term drought, heavy precipitation, evapotranspiration, changing groundwater storage,  
 181 soil/sediment properties, extreme climatic events, and dam (Glaser et al. 2021, Shanafield et al.  
 182 2021, Arnold et al. 2023, Bourke et al. 2023, Swenson et al. 2024). This leads to significant  
 183 variation across VIEs in inundation regimes, which includes inundation timing, return interval,  
 184 duration, spatial extent, depth, and flow rate (Celi and Hamilton 2020, Dee and Tank 2020, Van  
 185 Appledorn et al. 2021). For example, sediments within the active channel of tidal rivers can  
 186 experience sub-daily losses and gains of surface water (Tagestad et al. 2021), while other

187 coastal zones may experience extreme inundation events on a 100 year return interval (Slater  
188 et al. 2021, Clementson et al. 2021). Other systems, such as non-perennial streams and vernal  
189 ponds, also experience a broad range of inundation regimes, ranging from sporadic and  
190 extreme inundation following rain events to more regular seasonal cycles (Allen et al. 2020,  
191 Barczok et al. 2023). Variation in the spatial scale of inundation is also large, with floodplains  
192 and storm-impacted coastal zones experiencing inundation over tens of kilometers, whereas  
193 non-perennial streams and ponds can experience changes across a few meters (Hamilton et al.  
194 2002, Vousdoukas et al. 2016, Allen et al. 2020). As discussed below within the series of VIE  
195 mini-reviews, the temporal and spatial scales of inundation also vary substantially within each  
196 type of VIE. Variation within a given type of VIE is large enough that we suggest it cannot be  
197 used to clearly differentiate VIEs into named categories. As discussed in the “Toward cross-VIE  
198 transferable understanding” section, this is one motivation for pursuing VIE conceptual models  
199 and investigations that span broad continuums of environmental conditions.

200 Variable inundation impacts physical [e.g., sediment transport (Peruccacci et al. 2017, Siev  
201 et al. 2019)], chemical [e.g. water quality (Whitworth et al. 2013)], and biological/ecological [e.g.,  
202 invertebrate communities (Plum 2005)] attributes of both natural and anthropogenically modified  
203 ecosystems, in addition to human society (Dube et al. 2021) (**Fig. 2**). Due to intense periods of  
204 inundation and drought, these systems are often referred to as hotspots or ecosystem control  
205 points (Bernhardt et al. 2017, Arias-Real et al. 2024), with disproportionately high reaction rates  
206 or areas of high diversity (Davidson et al. 2012, Palta et al. 2014). In a qualitative sense, some  
207 of these impacts are common across VIEs even if the quantitative details vary.

208 During inundated periods, biogeochemical processes in VIEs often shift from a dominance  
209 of aerobic respiration during drier periods to a diverse suite of anaerobic processes, such as  
210 methanogenesis (Datry et al. 2018b, Hondula et al. 2021b). Changes in the frequency of  
211 inundation events change the dynamics of dry-wet, hot-cold, and aerobic-anaerobic transitions  
212 (Valett et al. 2005). Such dynamics can challenge existing theories. For example, while rates of  
213 soil respiration are expected to peak under aerobic conditions, periodic anaerobic conditions  
214 can lead to unexpectedly high rates of soil carbon loss (Huang et al. 2021) and the anaerobic  
215 process of methanogenesis can be fastest in well-oxygenated dry soils (Angle et al. 2017). More  
216 broadly, variable inundation can alter fluxes of greenhouse gasses to the atmosphere such as  
217 the common observation of soil rewetting leading to significant carbon loss arising from sudden  
218 intensification of soil respiration (Schimel 2018, Shumilova et al. 2019). Variation in inundation  
219 also has large impacts on the global CH<sub>4</sub> budget (Zhang et al. 2017, Peng et al. 2022) and  
220 rewetting of dry sediment in intermittent streams can contribute considerably to the total CO<sub>2</sub>  
221 emissions from streams (von Schiller et al. 2019). More generally, top down and bottom up  
222 hydrologic inundation events broadly influence biogeochemical cycles (Smith et al. 2017) and  
223 can result in hysteretic responses to wetting and drying (Patel et al. 2022).

224 Across VIEs, inundation impacts the structure, composition, and function of vegetation  
225 communities. Growth and survival can either increase or decrease with inundation depending  
226 on local aridity and the impacts on soil hypoxia. Hypoxia kills roots, leading to reduced water  
227 uptake, reduced photosynthesis, mortality (Pedersen et al. 2021, McDowell et al. 2022, Cubley  
228 et al. 2023), and shifts in vegetation composition. More broadly, inundation dynamics impact  
229 organismal ecology (Datry et al. 2023) across all VIEs, such as herbivores responding to  
230 inundation-induced shifts in vegetation (De Sassi et al. 2012). Inundation can also alter

231 arthropod communities leading to reductions in diversity, abundance, and biomass (Plum  
232 2005). Changes at the base of food webs can have further, cascading effects (Chen and Wise  
233 1999).

234 To pursue cross-VIE science requires knowledge of the diverse array of ecosystems that  
235 can be considered VIEs. Researchers that design and carry out cross-VIE studies may be  
236 considered generalists in terms of the breadth of systems they study, even if their science  
237 questions are highly specialized. To facilitate such researchers in the pursuit of cross-VIE  
238 science, we go beyond the high-level summaries of divergences and commonalities (above)  
239 and provide expert mini-reviews of eight primary VIE types. The following subsections present  
240 these mini-reviews which summarize system characteristics, drivers, and impacts of variable  
241 inundation with an emphasis on biogeochemistry and organismal ecology, and opportunities to  
242 better understand spatiotemporal patterns and impacts of variable inundation. Each mini-review  
243 is accompanied by a graphic that either provides a conceptual overview or imagery-based  
244 examples, with the goal of collectively touching on key drivers, dynamics, impacts, and tangible  
245 system examples. The collection is not meant to be a comprehensive classification of all  
246 possible VIE types. It does cover a broad range of VIEs and is meant to serve as an overview of  
247 individual VIEs to provide context for later sections of this manuscript. The sequence of mini-  
248 reviews roughly follows the flow of water moving from hillslopes to coastal environments (**Fig. 2**)  
249 and includes variably inundated components of: (i) hillslopes, (ii) non-perennial streams, (iii)  
250 riverine floodplains and parafluvial zones, (iv) wetlands, (v) temporary ponds, (vi) storm-  
251 impacted coastal zones, and (vii) tidal systems. The final mini-review (*vii*) is focused on  
252 ecosystems that have been engineered to modify inundation regimes, which occur throughout  
253 the continuum from hillslopes to coasts.

254 We separate VIEs into categories as a heuristic simplification that allows for an appreciation  
255 of variation and commonalities in drivers, impacts, and opportunities. We anticipate that the  
256 disciplinary foci of individual researchers will align most closely with a subset of the summarized  
257 VIE types. One goal of this manuscript is to facilitate researchers thinking about how their  
258 science applies across multiple VIEs. We emphasize that in many (and maybe all) cases there  
259 is not a clear distinction among the types of VIEs we discuss below (e.g., non-perennial streams  
260 can be inundated due to storm surge, resulting in floodplains or parafluvial zones). Ultimately,  
261 we encourage a continuum perspective that does not rely on discrete system names or hard  
262 boundaries, and instead views VIEs across multi-dimensional environmental space based on  
263 inundation regimes and physical settings such as topographic slope.

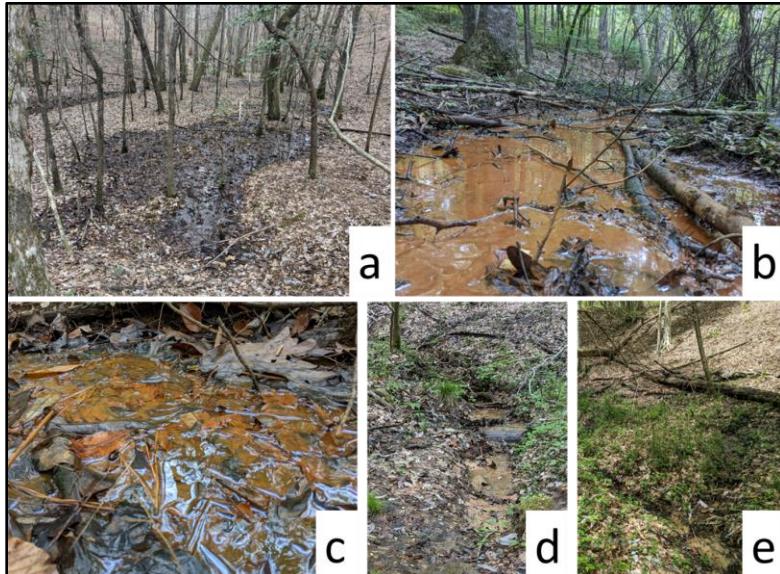
264 This continuum perspective is more fully developed as a conceptual model in the final  
265 section of the paper, titled “Towards Cross-VIE Transferable Understanding.” However, we  
266 briefly summarize here that it is based on two continuous environmental axes: inundation return  
267 interval and topographic slope. These variables can be used to define a two-dimensional  
268 environmental space that contains all VIE systems. With this model, impacts of variable  
269 inundation can be studied across environment space instead of within discrete named types of  
270 VIEs. When going through the following mini-reviews, we encourage the reader to conceptualize  
271 each VIE type in context of return interval and slope (e.g., hillslopes may have a long return  
272 interval and steep slopes relative to tidal systems, while coastal systems inundated by storms  
273 may have similar slopes as tidal systems but much longer return intervals). When VIEs are

274 viewed through a unified lens of environmental continuums, larger interdisciplinary questions  
275 may be answered.

276 **Hillslopes with Surface Runoff**

277 Hillslopes provide water to lower-lying areas, often concentrating the water in gullies and  
278 depressions (**Fig. 3**). Hillslopes produce relatively transient VIE features and may often be seen  
279 as extensions of other VIEs, such as hillslope seeps co-located with a wetland or the  
280 unchannelized swales that contribute to a non-perennial network. In cold regions, snow, ice and  
281 permafrost can create an impermeable layer resulting in near-surface soil being inundated for  
282 days to weeks during spring thaw (Coles et al. 2017, Patel et al. 2020). In dry regions, intense  
283 precipitation that exceeds the local infiltration capacity can result in water ponding on the  
284 surface of hillslopes or overland flow generation down hillslopes, which can be exacerbated by  
285 initial hydrophobicity of dry soil (Kirkby et al. 2002). Exceeding the infiltration capacity is more  
286 likely on hillslopes with low-permeability, such as clay-rich soil or when near-surface soils are  
287 frozen. This can be exacerbated by restrictive soil horizons located at shallow depths across  
288 hillslopes that generate seasonal perched water tables and lead to inundation (McDaniel et al.  
289 2008). Overland flow can be spatially heterogeneous due to variations in soil characteristics as  
290 well as flow accumulation, leading to infiltration or exfiltration along the hillslope (Betson and  
291 Marius 1969).

292 In forested hillslopes, soil infiltration often exceeds rainfall intensity (McDonnell 2009, Burt  
293 and Swank 2010) and lateral flow towards topographic depressions can lead to saturation and  
294 ponding (Anderson and Burt 1978) (**Fig. 3a**). Microtopography within hillslopes (**Fig. 3b**) can  
295 also lead to temporary ponding, e.g., from rain in tropical environments and from spring  
296 snowmelt in colder environments (Clark et al. 2014). Toe slopes can generate wedges of  
297 saturation that grow upslope (Weyman 1973, Choularton and Perry 1986), although subsurface  
298 saturation and ponding can also occur on upper slopes where the soil is thinner [e.g., (Tromp-  
299 van Meerveld and McDonnell 2006)]. Finally, spatial variation in topographic characteristics  
300 (e.g., aspect, slope, curvature) can result in differences in soil moisture, incoming energy, and  
301 vegetation, affecting evapotranspiration and inundation patterns (McVicar et al. 2007).



303  
304 **Figure 3. Examples of variable inundation along hillslopes.** a) looking downslope at an  
305 inundated slope; b) ponding with no flow due to microtopography; c) sheet wash with directional  
306 flow across the surface of a hillslope; d) rill formation with turbid water from erosion; e)  
307 vegetation community change on slope due to differences in soil moisture. All photos taken by  
308 Corianne Tatariw at Tanglewood Forest, Alabama.  
309

310 Surface runoff and inundation on hillslopes can result in the export of soil nutrients,  
311 salinization of soil from groundwater seeps, erosion, and landslides. There is a balance between  
312 the effects of variable inundation on hillslope vegetation and erosion. In water-limited systems,  
313 inundation can increase plant productivity and diversity, as well as increased rooting strength of  
314 soils (Zhao et al. 2022) (**Fig. 3e**). However, increased inundation can also lead to increased  
315 chemical weathering and lower shear strength in hillslope soils during storms, leading to higher  
316 erosion and landslide potential. Along with erosion, landslides and soil compaction are inherent  
317 to many hillslopes, which also can create areas ripe for inundation (Bogaard and Greco 2016).  
318 At shoulder and midslope positions, increased overland flow due to saturation- or infiltration-  
319 excess increases sediment detachment, which is then deposited in foot and toe slopes (Huang  
320 et al. 2002). The transport of particles also leads to the transport of nutrients that are sorbed to  
321 the particles, such as phosphorus. Erosion can be concentrated in rills and gullies or can spread  
322 out across a slope as 'sheet wash' that impacts large areas of hillslopes (**Fig. 3c,d**). Impacts of  
323 erosion are dependent on interactions between the persistence of inundation and soil properties  
324 (Thomas et al. 2020).

325 The aqueous chemistry of water that is transported over hillslope surfaces reflects the  
326 chemistries of contributing water sources such as precipitation, shallow soil water, and  
327 exfiltrating groundwater. Shallow soils in hillslopes have abundant organic materials and  
328 nutrients (Herndon et al. 2015), whereas organic matter decreases with depth, solutes derived  
329 from the parent rock material increase with depth (Brantley et al. 2017). These stratifications  
330 collectively regulate source water chemistry in hillslopes. Dry to wet transitions shift flow paths  
331 from groundwater to soil water dominance in streams, therefore shaping stream chemistry (Zhi  
332 and Li 2020, Stewart et al. 2022). Dry to wet transitions also shift water content and pore space

333 oxygen concentrations (Jarecke et al. 2016, Smyth et al. 2019), often triggering the release of a  
334 cascade of solutes produced under anaerobic conditions (Schlesinger and Bernhardt 2020).  
335 These entangled, complex interactions among hydrological and biogeochemical processes  
336 often challenge the differentiation of individual processes and mechanistic understanding on  
337 how variable inundation regulates flow paths, reactions, stream chemistry, and solute and gas  
338 export fluxes (Li et al. 2021).

339 Investigations of variably inundated hillslopes present significant and challenging research  
340 opportunities due to their inherently dynamic nature. One key challenge is quantifying the  
341 occurrence and spatial extent of hillslope VIEs across the globe. Remote sensing could be used  
342 to identify and quantify these areas, spatially and temporally, based on sky-visible vegetation  
343 (e.g., plant morphologies, leaf nutrient contents) (Hwang et al. 2012, Tai et al. 2020) and  
344 topographic signatures (e.g., erosional patterns) (Trochim et al. 2016) caused by variable  
345 inundation. To fully understand the ecological and biogeochemical impacts of variable  
346 inundation on hillslopes, research needs to focus on shallow subsurface physical properties,  
347 hydrology, and their linkage to biogeochemical processes. This can be pursued via  
348 environmental geophysics to map and characterize the influence of subsurface restrictive layers  
349 (Fan et al. 2019 p. 201). Understanding the subsurface soil architecture is key to predicting  
350 variable inundation from bottom-up and top-down water sources, along with the follow-on  
351 impacts to ecology and biogeochemistry.

## 352 **Non-Perennial Streams**

353 Non-perennial streams, defined as rivers and streams that cease to flow at some point in either  
354 space or time (Busch et al. 2020), are ubiquitous and comprise 50-60% of the global river length  
355 (Messager et al. 2021). These systems occur across all continents and biomes (Messager et al.  
356 2021). Streamflow in non-perennial streams ranges from nearly perennial (year-round) flow, to  
357 seasonal flow, responding to drivers like snowmelt, to daily or sub-daily flow events responding  
358 to rainfall events or evapotranspiration (Price et al. 2021). At the reach scale, non-perennial  
359 streams shift between three main states - flowing, ponded/pooled, or no-surface water present  
360 (**Fig. 4**). As reaches become hydrologically connected (or disconnected), the spatial  
361 footprint/extent of the connected stream network can grow or shrink over sub-daily to seasonal  
362 to interannual timescales (Xiao et al. 2019). Spatial and temporal shifts among the three  
363 hydrologic states strongly influence the network's capacity to process, transport, and export  
364 material to downstream systems (Allen et al. 2020).

365 The high variability in the spatial and temporal scales of streamflow intermittency is  
366 indicative of the complex set of interacting drivers that induce stream drying. At the global and  
367 regional scales, the degree of aridity is a primary control on the abundance of non-perennial  
368 streams (Hammond et al. 2021, Zipper et al. 2021). At smaller scales, catchment properties  
369 exert strong control over both the capacity of water delivery to the channel and the subsequent  
370 balance between the channel and near subsurface capacity to transport water (Hammond et al.  
371 2021, Zipper et al. 2021, Price et al. 2021). Non-perennial flow can occur anywhere in the steam  
372 network, from headwaters to higher order rivers. While some networks display longitudinal  
373 transitions from non-perennial to perennial flow (or vice versa), other networks exhibit more  
374 complex patterns in surface water flow and connectivity, which may be driven by topography,  
375 geology, vegetation, or groundwater abstraction/use (Costigan et al. 2015, 2016).

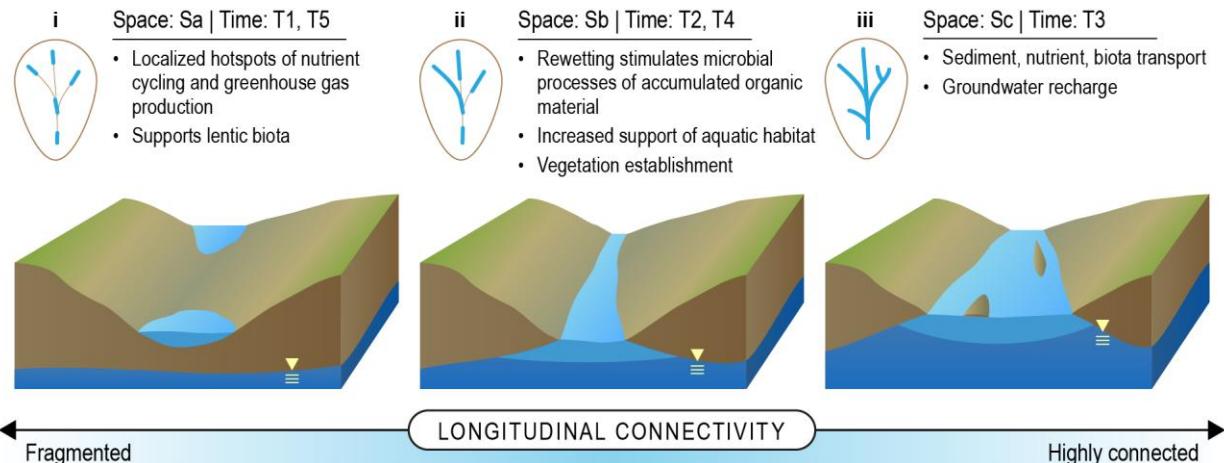
376       The variable inundation dynamics in non-perennial streams have cascading implications for  
377 biogeochemical cycling, water quality, ecosystem function, and community ecology. Under non-  
378 flowing conditions, riverbeds are characterized by dry conditions or discontinuous and stagnant  
379 water pools, often with high temperatures, low dissolved oxygen levels, and long residence  
380 times, functioning more like soils (Arce et al. 2019), as described also in the hillslope section.  
381 Pooled, non-flowing conditions can lead to steep redox gradients in the shallow subsurface that  
382 drive nutrient processing (Datry and Larned 2008, Gómez-Gener et al. 2021, DelVecchia et al.  
383 2022). During dry/non-flowing states, terrestrial organic matter accumulates in the channel and  
384 is subjected to varying degrees of breakdown (Datry et al. 2018c, Del Campo et al. 2021).  
385 Rewetting of accumulated substrates can stimulate microbial activity, nutrient attenuation  
386 (Saltarelli et al. 2022), and generate pulses of greenhouse gasses such as CO<sub>2</sub> and N<sub>2</sub>O (Datry  
387 et al. 2018a, Song et al. 2018). During re-wetting and resumption of flow, non-perennial streams  
388 can contain large amounts of terrestrial and aquatic organisms that can be flushed downstream  
389 (Corti and Datry 2012, Rosado et al. 2015), with high sediment, dissolved organic carbon, and  
390 solutes (Laronne and Reid 1993, Hladyz et al. 2011, Herndon et al. 2018, Wen et al. 2020,  
391 Fortesa et al. 2021, Blaurock et al. 2021).

392       Biological responses to rewetting depend on the distribution of habitats and biota at the  
393 watershed scale and the duration of the preceding dry phase. In highly dynamic river systems,  
394 such as braided rivers, drying and wetting cycles can be spatially patchy and short-lived but  
395 frequent, and thus ecological recovery following wetting can be very rapid due to the very active  
396 hyporheic zones characterizing these systems (Arscott et al. 2002, Vorste et al. 2016). In other  
397 systems recovery can be slow, depending on the proximity of refuges, such as springs, isolated  
398 pools, and perennial reaches (Sarremejane et al. 2021, Fournier et al. 2023). Systems with  
399 frequent and severe drying events are more likely to be colonized by aerial or other overland  
400 dispersers than by aquatic dispersers (Bonada et al. 2007, Bogan et al. 2017a, Sarremejane et  
401 al. 2021). Life-history events of some species coincide with predictable rewetting events, such  
402 as post-snowmelt fish spawning (Hooley-Underwood et al. 2019) and amphibian and insect life  
403 histories (Bogan et al. 2017a). Rewetting also partly determines the germination success and  
404 establishment of riparian vegetation (Merritt and Wohl 2002).

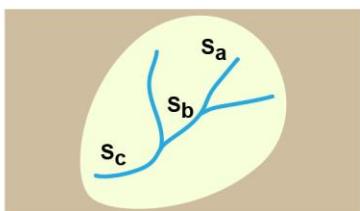
405       Compared to their perennial counterparts, non-perennial streams have received less  
406 research and monitoring attention and tend to be undervalued relative to ecological/functional  
407 performance of perennial streams (Palmer and Hondula 2014). As such, many of the pressing  
408 research needs in non-perennial streams are limited by data availability (Van Meerveld et al.  
409 2020, Zimmer et al. 2022). Non-perennial streams are systematically under-represented in  
410 global gaging networks (Messager et al. 2021, Krabbenhoft et al. 2022), leading to major gaps  
411 in our understanding of the timing, magnitude, and duration of flow in diverse non-perennial  
412 streams. In addition, our ability to predict the onset or cessation of flowing periods is limited by a  
413 lack of gaging. Infrequent grab sampling for water chemistry tends to undersample non-  
414 perennial streams specifically, leading to an even greater paucity of biogeochemical data from  
415 these systems, particularly during rapid re-wetting events. Spatially explicit data on streamflow  
416 intermittency and subsurface conditions at fine spatial scales (10s of meters) remain limited to a  
417 few intensively studied catchments [e.g., (Zimmer and McGlynn 2017)]. While some global scale  
418 datasets on streamflow intermittency have been developed (Messager et al. 2021), the  
419 resolution of these products necessarily omit smaller, headwater reaches, hindering our ability

420 to quantify hydrologic and biogeochemical processes in non-perennial streams broadly  
 421 (Benstead and Leigh 2012).  
 422 Major challenges and opportunities include accurate mapping of non-perennial streams and  
 423 accurate predictions of flow timing at annual, seasonal, and shorter time scales across scales.  
 424 Headwaters, which are small, numerous, and often non-perennial (Kampf et al. 2021), are  
 425 difficult to map and understand hydrologically, leading to knowledge gaps in the hydrological  
 426 integrity of ecosystems at regional scales (Benstead and Leigh 2012, Dugdale et al. 2022).  
 427 While challenges remain, the use of drones and thermal infrared remote sensing could connect  
 428 field observations with modeling to better understand the hydrology of these valuable systems  
 429 (Dugdale et al. 2022). In addition to mapping issues, limited time series data makes predictions  
 430 of flow in terms of duration, frequency, and spatial extent challenging. How the timing and  
 431 frequency of flow will change under climate change remains an open question. It is expected  
 432 that an increased frequency and duration of droughts will shift streams toward more non-  
 433 perennial flow states (Döll and Schmied 2012). In contrast, flow permanence may increase in  
 434 select areas where streams are fed by melting glaciers or snowpack, or where anthropogenic  
 435 intervention occurs (Datry et al. 2023). The changing frequency of extreme flow events and  
 436 rapid no-flow/high-flow oscillations also have the potential to further alter streamflow,  
 437 biogeochemical processes, and organismal ecology in non-perennial streams, necessitating  
 438 further integrated hydro-biogeochemical studies in these dynamic systems.  
 439

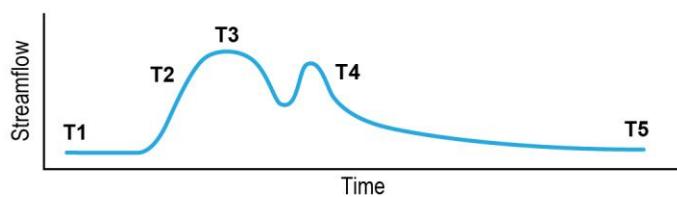
**a) Inundation mechanisms in non-perennial streams**



**b) Spatial variation in inundation dynamics at a single point in time**



**c) Temporal variation in inundation dynamics at the watershed outlet**



440  
 441 **Figure 4. Conceptual model of variable inundation in non-perennial streams.** a) Water  
 442 connections between groundwater, near surface, and surface regions at locations within a given

443 network result in varying degrees of longitudinal connectivity with associated biogeochemical  
444 processes. b) At a single snapshot in time, water connections result in spatial variation in  
445 surface water inundation. c) Under time varying flow states, extent of surface inundation will  
446 also vary at a given location. Inundation mechanisms depicted in a) represent a losing system  
447 that is transitioning to a flowing state. We acknowledge that in some systems, a low flow  
448 fragmented state also occurs in gaining streams with locally connected groundwater. Spatial  
449 variation is signified by Sa - Sc and temporal variation is signified by T1 - T5. Credit: Nathan  
450 Johnson.

## 451 Floodplains and Parafluvial Zones

452 Rivers, both perennial and non-perennial, create two types of VIEs, floodplains and parafluvial  
453 zones (**Fig. 5**). Floodplains are alluvial landforms generated by river erosion and deposition and  
454 hydrologically connected to the contemporary active channel but outside the active river channel  
455 (Nanson and Croke 1992). Parafluvial zones are areas in the active channel without surface  
456 water at low flow, i.e., at higher-elevation areas within an active channel that contains perennial  
457 flow (Goldman et al. 2017). Nearly all rivers have parafluvial zones and adjacent floodplains,  
458 although these may be longitudinally discontinuous (e.g., absent where the river flows through a  
459 narrow bedrock gorge or descends into the subsurface). Consequently, the global distribution of  
460 these environments is extensive, as few terrestrial surfaces do not include a river network.

461 Spatial scales of inundation in floodplains and parafluvial zones are variable between rivers  
462 and through time along a river. Fundamentally, spatial scales are governed by the interaction  
463 between the magnitude of flow and available space as defined by topography (Nardi et al.,  
464 2006). Floodplains of the world's largest rivers such as the Amazon, Congo, or Mississippi can  
465 extend laterally for kilometers on both sides of the active channel (Arnesen et al. 2013). In  
466 contrast, the floodplain of a headwater channel in high-relief terrain may be only 1-2 m wide on  
467 each side of the channel (Adams and Spotila 2005).

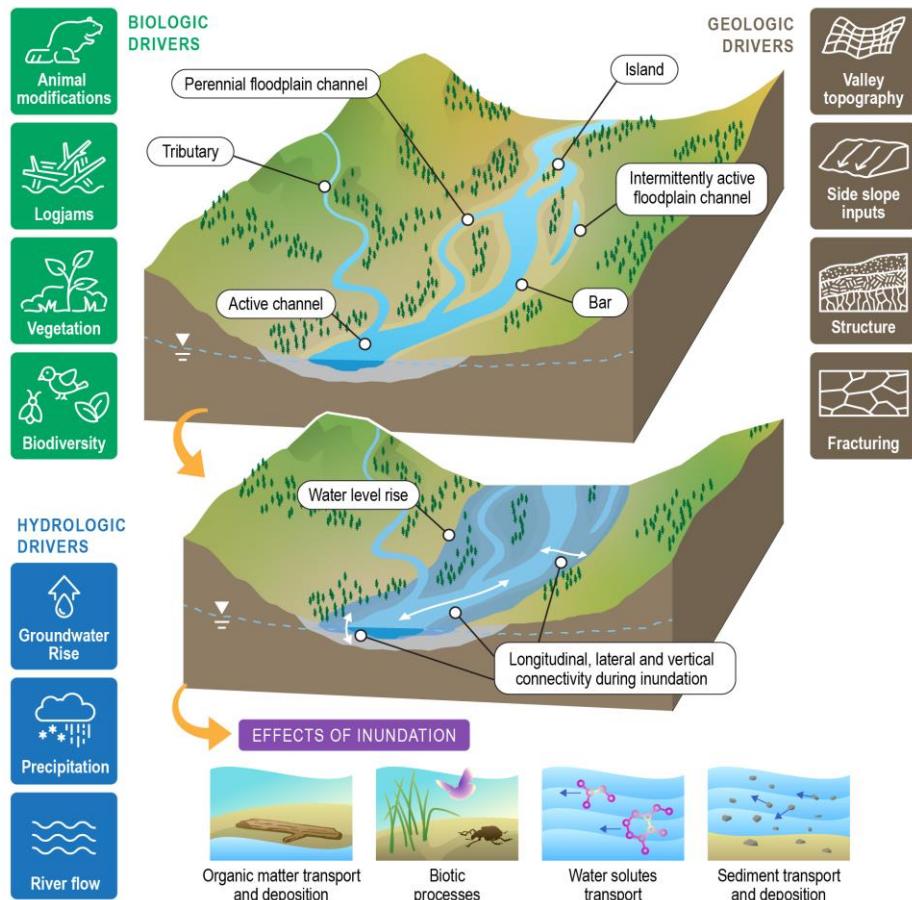
468 Temporal scales of inundation (e.g., frequency, periodicity, intensity) vary substantially  
469 across climates, topographic regions, and river network position. A snowmelt-dominated or  
470 monsoon-fed river will have regular annual inundation that lasts for weeks, whereas a small  
471 stream dominated by convective rainfall or tropical depressions may have irregular floods that  
472 only last for hours. Although precipitation-driven over bank flow from the main and tributary  
473 channels is the primary driver of inundation on floodplains and parafluvial zones, inundation also  
474 results from direct precipitation, rising water tables, and overland flow from adjacent uplands  
475 (Mertes 2011). Thus, inundation of floodplains may be directly related to their proximity to  
476 variably inundated hillslopes and streams.

477 The nature of floodplain/parafluvial inundation affects the dynamics of surface and  
478 subsurface water, solutes, particulate organic matter, sediment, and biota (Junk et al. 1989).  
479 Dynamics include volume and duration of storage; rate of movement; direction of movement  
480 between surface, hyporheic, and groundwater; and biogeochemical alterations that in turn  
481 impact river water quality, greenhouse gas emissions, plant function, and organismal ecology.  
482 The duration, frequency, and areal extent of floodplain/parafluvial inundation control ecosystem  
483 function, and the types and abundances of organismal communities, including both aquatic and  
484 terrestrial species (Ward et al. 1999). Species distribution, movement, and biological  
485 interactions, such as predator-prey, are intricately tied to these inundation patterns (Robinson et

486 al. 2002, Stanford et al. 2005). Fish species, for example, can migrate from dry season refugia  
487 into floodplains during inundation, influencing food web structure and ecosystem productivity  
488 (Crook et al. 2020).

489 Among the primary challenges to answering questions regarding the variation in  
490 floodplain/parafluvial inundation are limited monitoring data and a lack of numerical models that  
491 integrate knowledge across disciplines and processes. Measurements and models of hydrology  
492 commonly treat floodplains as flat, impermeable surfaces, which ignores surface-subsurface  
493 water exchanges that influence hydrology and ecosystem function (Wohl 2021). Models also  
494 often ignore the micro-heterogeneities that influence spatially and temporally variable patterns  
495 of inundation, biogeochemical cycling, and ecology in both floodplains and parafluvial zones.  
496 The degree of physical detail represented in models often involves tradeoffs in spatiotemporal  
497 extent; a one-dimensional model might ignore microtopography that influences important  
498 inundation details, whereas a more representative two-dimensional or three-dimensional model  
499 becomes computationally intensive for larger spatial extents. This problem gives rise to the  
500 challenges and opportunities for (i) designing measurement campaigns across disciplines that  
501 can create integrative data for diverse floodplains and parafluvial zones to adequately represent  
502 the physical complexity of variable inundation processes at broad scales, and (ii) developing  
503 floodplain/parafluvial functional groups [e.g., (Fryirs and Brierley 2022)] that can facilitate  
504 understanding of scaling and transferability of data.

505  
506



507

508 **Figure 5. Conceptual model of variable inundation in floodplain and parafluvial systems.**  
509 Across floodplains and parafluvial zones a suite of biological, hydrologic, and geologic factors  
510 drive inundation regimes in terms of spatiotemporal duration, timing, depth, flow rate, etc. These  
511 systems include diverse subsystems as summarized in the top panel. Rising water levels, due  
512 to one or more drivers, can inundate these subsystems as shown in the middle panel, resulting  
513 in a variety of biogeochemical, ecological, and physical effects (bottom sub-panels). Credit:  
514 Nathan Johnson.

## 515 **Variably Inundated Wetlands**

516 While not all wetlands are variably inundated, variable inundation is a common feature of many  
517 wetland ecosystems (Arias-Real et al. 2024). Here we focus primarily on wetlands that are  
518 similar to swamps, marshes, and bogs (**Fig. 6**). Wetlands cover about 10% of the global land  
519 area, and nearly half of global wetland area (46%) is temporarily inundated (Davidson et al.  
520 2018). Generally, wetland inundation regimes are shaped by the wetland's connectivity to  
521 surface and subsurface hydrologic sources and landscape position (Åhlén et al. 2022). The  
522 landscape position of wetlands is a first order indicator of the water source and chemistry,  
523 ranging from headwater depressional locally-fed wetlands, to flow-through and fringing wetlands  
524 to groundwater-fed low-lying wetlands (Fan and Miguez-Macho 2011, Tiner 2013). Wetland  
525 typologies applied in several national inventories generally rely on a combination of three  
526 criteria: soil type, hydrophytic vegetation and hydrology (Cowardin and Golet 1995).  
527 Alternatively, hydrogeomorphic classification systems propose to exclusively draw on physical  
528 drivers, such as geomorphology, hydrology and substrate to allow for cross-site comparisons of  
529 biota and serve functional assessments (Brinson 1993, Semeniuk and Semeniuk 1995, 2011,  
530 Davis et al. 2013).

531 While changes to inundation extent and depth can occur at time scales ranging from days to  
532 decades, the most conspicuous inundation patterns occur on event (e.g., following rain events),  
533 seasonal (e.g. snow melt or wet/dry seasons), and interannual time scales. Primary drivers of  
534 inundation in unmanaged wetlands come from subsurface groundwater discharge and surface  
535 flows including rainfall or snowmelt runoff that occur when antecedent soil moisture conditions  
536 are high, preventing quick infiltration of water (Rasmussen et al. 2016). Many wetlands are  
537 actively managed, such as to provide bird habitat, so that inundation can vary based on  
538 management decisions [see below and (Fredrickson and Taylor 1982)].

539 The spatial scales of variable inundation are shaped both by wetland size and  
540 geomorphology. Wetlands can be shallow over large spatial scales, and thus the size of variably  
541 inundated wetland area can range from microtopographic (i.e., hummock/hollow, ~m<sup>2</sup> scales) to  
542 larger ecosystem scales. Large wetland areas, especially in the tropics, experience strong  
543 seasonal inundation cycles which depend on changes in water balance and local topography  
544 (Zhang et al. 2021). While the largest variably inundated wetlands are connected to floodplains,  
545 like the 130,000 km<sup>2</sup> Pantanal located in Brazil and extending into Bolivia and Paraguay (Ivory  
546 et al. 2019), non-floodplain wetlands surrounded by upland (also known as geographically  
547 isolated wetlands) as large as ~6 ha may also experience whole-system drying and rewetting  
548 (Lane and D'Amico 2016).

549 Embedded within wetland ecosystems, microtopographic structures can create within-  
550 system mosaics of inundation regimes. Microtopography in peaty wetlands is particularly

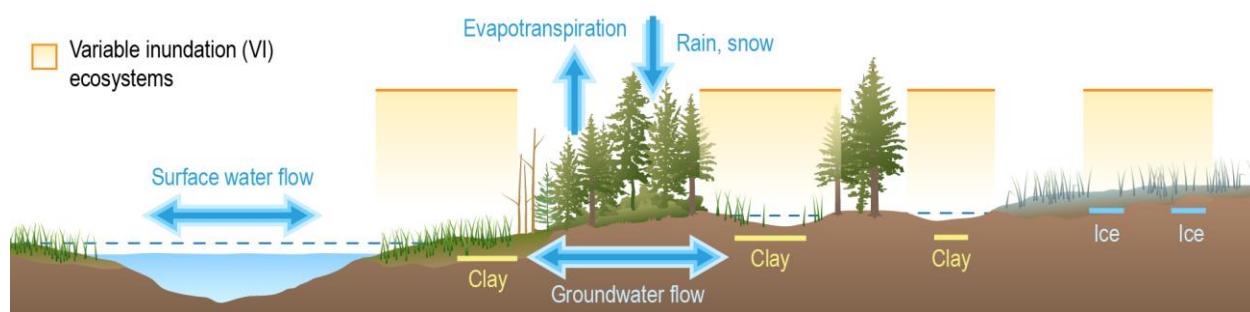
551 pronounced, ranging from several tens of meters [e.g., ridges and sloughs (Larsen et al. 2011)]  
552 to meters [e.g. hummock-hollows (Shi et al. 2015)], These spatial patterns result from dynamic  
553 feedbacks between ecological processes (e.g. peat accumulation) and hydrology that reinforce  
554 these patterns (Belyea and Baird 2006, Eppinga et al. 2008, Larsen et al. 2011).

555 Wetlands are widely acknowledged to be biogeochemical hot spots and ecosystem control  
556 points (McClain et al. 2003, Bernhardt et al. 2017) because of the confluence in space and time  
557 of allochthonous substrates into reactive environments (e.g., nitrate produced under oxic  
558 conditions entering anaerobic environments where denitrification can occur). In addition,  
559 variable inundation is associated with nutrient influx into wetlands that replenishes nutrient pools  
560 and can drive productivity and organic matter decomposition (Venterink et al. 2002). The depth  
561 and duration of inundation shapes the wetland vegetation community by controlling germination  
562 success, modifying oxygen availability and changing concentrations of toxins and nutrients, by  
563 desiccating aquatic plants or inundating terrestrial plants, and by changing the light availability  
564 (Casanova and Brock 2000). Wetland vegetation is structurally adapted to low oxygen  
565 environments, for example, some vegetation has developed air channels in leaves, stems, and  
566 roots to transport oxygen belowground (Tiner 2017). Alternatively, wetland vegetation can also  
567 respond to shifts in oxygen levels physiologically on shorter time scales (Colmer 2003).

568 Variable inundation provides an environmental filter for biota adapted to live either under dry  
569 or inundated conditions, resulting in distinct communities including wetland obligate and  
570 facultative species (Gleason and Rooney 2018). The temporal duration of inundation (i.e.,  
571 hydroperiod) indirectly controls the bird community composition through absence and presence  
572 of wetland vegetation and availability of aquatic macroinvertebrate prey (Daniel and Rooney  
573 2021). Amphibian communities are particularly impacted by hydroperiod: It needs to be long  
574 enough for eggs to hatch and tadpoles to reach metamorphosis, but should not allow the  
575 establishment of many predator species (Resetarits 1996).

576 Predicting how complex inundation patterns in wetlands will change under changing climate  
577 is a major research challenge. Predictions span the range from a decrease in inundation in  
578 some regions (Londe et al. 2022) to an increase in others (Watts et al. 2014), with uncertain  
579 consequences for wetland persistence overall. To improve regional or global predictions,  
580 accurate maps of wetland extent on different scales that can be incorporated into mechanistic  
581 models will be necessary (Melton et al. 2013). This is particularly challenging for non-permanent  
582 wetlands, which are hard to reliably map and are generally understudied (Gallant 2015, Calhoun  
583 et al. 2017), but which are, by definition, VIEs. As climate change alters wetland inundation  
584 regimes, the net impacts to carbon storage and greenhouse gas fluxes are of particular concern  
585 (Moomaw et al. 2018), because together they will determine the net climatic impact of changes  
586 in wetland area and dynamics (Neubauer and Megonigal 2015).

587



589 **Figure 6. Conceptual model of variable inundation in wetland systems.** Different wetland  
590 types are influenced and shaped by variable inundation. Absence and presence of surface  
591 water is driven by (e.g., seasonally) changing water supply and the hydrologic function of the  
592 wetland in the landscape. Sediment characteristics (e.g., clay or ice) and topographic positions  
593 of wetlands in the landscape influence water loss to infiltration or gain from groundwater. Credit:  
594 Nathan Johnson.

## 595 Freshwater Ponds

596 Freshwater ponds are among the most abundant and common freshwater ecosystems  
597 worldwide, with estimates between 500 million and 3.2 billion ponds globally (Davidson et al.  
598 2018, Hill et al. 2021). Ponds are generally small (less than 5 ha) and shallow (less than 5 m),  
599 and consequently, are highly sensitive to changes in water levels that can result in highly  
600 variable inundation regimes (Gendreau et al. 2021, Richardson et al. 2022a). Pond ecosystems  
601 are extremely diverse, and include arctic thermokarst ponds, prairie potholes, vernal pools,  
602 playas, rock pools and agricultural dugouts. The numbers of ponds globally are likely  
603 underestimated, as their size and ephemeral/temporary nature has meant they are often  
604 excluded from physical inventories and they are below the resolution of many remote sensing  
605 techniques (Hayashi et al. 2016, Calhoun et al. 2017, Hill et al. 2021).

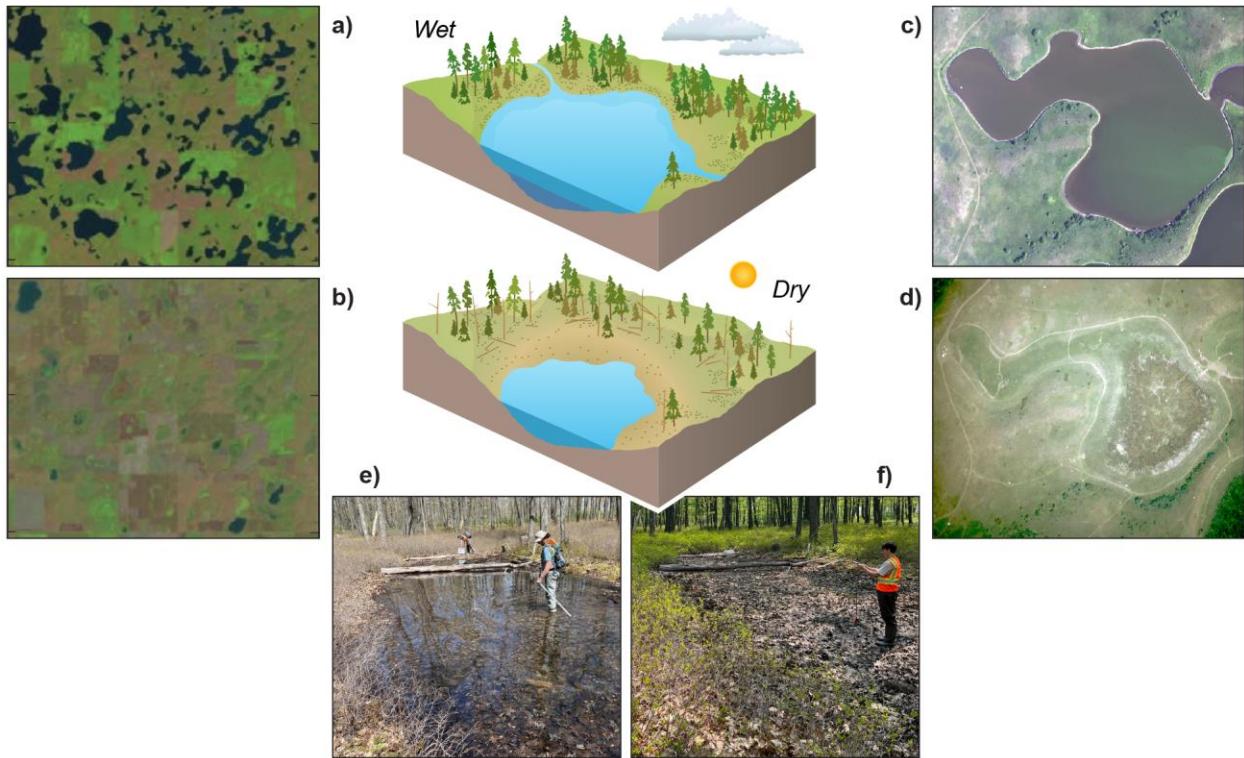
606 As in many other VIEs, inundation of freshwater ponds can be highly variable, and the  
607 timing, duration and frequency of inundation can vary considerably (Williams 2006). Many  
608 temporary or ephemeral ponds can become intermittently or seasonally inundated (**Fig. 7**). For  
609 some ponds, particularly vernal pools, seasonal inundation is relatively predictable, as these  
610 systems become inundated following snowmelt or spring runoff, and are subsequently drawn  
611 down with increasing summer evapotranspiration (Zedler 2003, Brooks 2004). Variation in the  
612 hydroperiod can alter the composition of biotic communities (Brooks 2004, Gleason and Rooney  
613 2018), as well as impact biogeochemical and hydrological processes (Bam et al. 2020, Hondula  
614 et al. 2021b). In more temperate regions, the timing of inundation is often driven by heavy  
615 rainfall, and periods of inundation can be highly variable, with inundation durations lasting from  
616 days to months, and sometimes occurring intermittently as ephemeral systems dry and rewet  
617 multiple times in a year (Ripley and Simovich 2009, Kneitel 2014, Florencio et al. 2020). For  
618 nearly permanent ponds, the pattern of wet and dry periods are more predictable, but the  
619 initiation and length of the hydroperiod can vary spatially as water levels fluctuate, inundating  
620 and exposing shallower areas (Brendonck et al. 2017). Freshwater ponds often demonstrate  
621 both high inter- and intra-annual variability, and diurnal, annual and multidecadal periods of  
622 inundation can occur due to changes in evapotranspiration, drought, drainage, and / or  
623 hydrologic function of the pond on the landscape (Brooks 2004, Gendreau et al. 2021).  
624 Modifications to ponds by humans (e.g. irrigation ponds, urban stormwater ponds; see section  
625 on human-engineered systems) or other organisms, such as beavers, can also impact  
626 hydroperiod and inundation regimes (Renwick et al. 2006, Brazier et al. 2021).

627 Like many of the other ecosystems that experience variable inundation, freshwater ponds  
628 are also considered biodiversity and biogeochemical hotspots, providing many critical  
629 ecosystem services (Capps et al. 2014, Marton et al. 2015). Despite their relatively small size,  
630 ponds can have considerable variability in both community composition and in biogeochemical  
631 processes, in part due to differences in inundation regimes, where pond margins are more likely

632 to be more frequently desiccated for longer periods than central regions (Reverey et al. 2018).  
633 Models that explicitly incorporate remotely sensed variable inundation predict that ephemeral  
634 systems with shorter hydroperiods retain nitrogen at greater rates than larger systems with less  
635 variable inundation and longer hydroperiods, particularly in semi-arid regions like the Prairie  
636 Potholes of the North American northern Great Plains and playas in the south-central United  
637 States (Cheng et al. 2023). In addition, research suggests reproduction is largely impacted by  
638 inundation. Salamanders, for example, tend to lay more eggs during years with greater rainfall  
639 while hatching success decreases with desiccation (Della Rocca et al. 2005). Variable  
640 inundation across ponds can result in ecosystem heterogeneity at the landscape scale,  
641 increasing local abiotic and biotic variation (Jeffries 2008), but the number and distribution of  
642 inundated ponds can also impact regional biodiversity through processes like dispersal  
643 (Brendonck et al. 2017).

644 Climate change will likely alter the inundation regimes in freshwater ponds in terms of timing,  
645 frequency, duration, and extent. Decreases in precipitation and increases in extreme drought  
646 can result in shortened hydroperiods, and increasing temperatures can alter water temperatures  
647 and evaporation rates (Matthews 2010). The persistence of freshwater ponds may, therefore, be  
648 reduced with climate change (Londe et al. 2022). Understanding how future changes in  
649 inundation regimes impact freshwater ponds will be critical. Similar to wetland ecosystems,  
650 improved remote sensing methods, including incorporating multispectral imagery and radar  
651 along with finer spatial resolution mapping approaches may improve the mapping, counting and  
652 inclusion of small ponds in freshwater inventories (Bie et al. 2020, Rosentreter et al. 2021,  
653 Hofmeister et al. 2022). As inundation regimes become more variable, increasing conservation  
654 and protection efforts for maintaining ephemeral and temporary ponds will become more  
655 essential.

656



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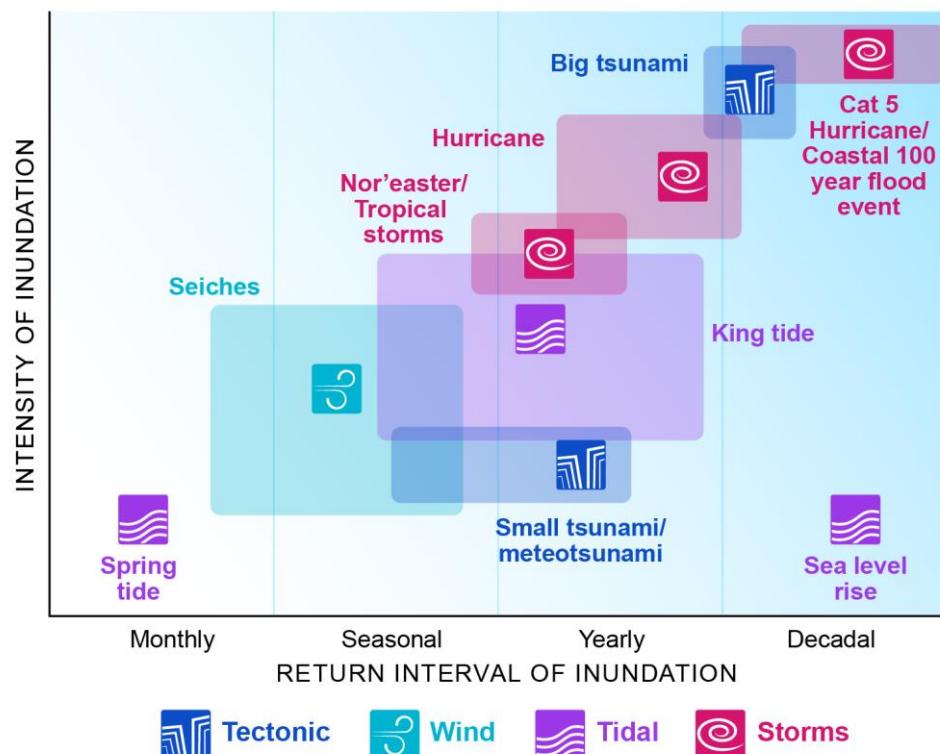
659 **Figure 7. Examples of variable inundation across scales in pond systems.** Satellite  
 660 imagery of the Prairie Pothole Region, North Dakota, USA illustrating decadal variable  
 661 inundation at a landscape scale a) September 2, 1992; b) May 23, 2013 [modified from  
 662 (Scientific Investigations Report 2015)] and at the pond scale; Aerial Imagery of Pond P1,  
 663 Cottonwood Lake Study Area, North Dakota c) September, 2002 d) September, 1992 (Images  
 664 from (U.S. Geological Survey 2017). Seasonal changes in a vernal pond in Moshannon State  
 665 Forest, Pennsylvania, USA) inundated (May 11, 2023) non-inundated (May 23, 2023) (J.N.  
 666 Sweetman). Conceptual drawings by Nathan Johnson.

## 667 Storm-Impacted Coastal Zones

668 The coastal zone includes ecosystems and communities (cities/towns) that are adjacent and  
 669 hydrologically connected to a large water body (e.g., ocean, Great Lakes). These systems  
 670 influence, are impacted by, and are dependent on coastal zone hydrologic processes, such as  
 671 inundation, that occur at the interface between terrestrial and aquatic domains. Unlike tidal  
 672 environments, inundation that affects the coastal zone is driven by temporary, often stochastic  
 673 events including storms, seiches, and king tides. The impact and areal extent of coastal  
 674 inundation varies across events, depending on topography, infrastructure, and event size (**Fig.**  
 675 **8**). The frequency of these events ranges from multiple times a season to decadal (**Fig. 8**).  
 676 Tropical storms and cyclones develop in tropical regions during seasonal periods of warm water  
 677 each year. Due to their high energy and movement, they influence more temperate regions as  
 678 well (Colbert and Soden 2012). In temperate or cold regions, storms develop in the winter time  
 679 due to large temperature differences between land and ocean (Liberato et al. 2013). Natural  
 680 systems will display some form of resilience and recovery to storm impacts (Lugo 2008, Wang

et al. 2016), but human settlements and infrastructure are vulnerable to both intense winds and inundation (Lane et al. 2013, Hinkel et al. 2014, Braswell et al. 2022). Land use development also alters the natural resilience of coastal environments through the proliferation of gray infrastructure such as jetties and seawalls (Gittman et al. 2015). Systems in low-lying regions are particularly vulnerable to inundation as opposed to rocky shores with steep slopes. While regional or global data sets based on elevation data exist, the extent at any given time of storm surges, king tides, and other high water episodes depend locally/regionally on where the event hits, infrastructure, and topography of the area.

689



690

**Figure 8. Coastal VIEs experience inundation events with different frequencies and intensities.** Some events occur rarely, but are very high intensity events (category 5 hurricanes; large tsunamis), increasing the area of inundation and affecting areas that seldom experience inundation. The impacted systems are often less adapted to inundation, increasing the extent of destruction or reorganization of the system. Other events occur more regularly and/or are lower in intensity (spring tide, seiches), leading to less extensive inundation and impacting coastal systems that are more adapted to inundation. Credit: Nathan Johnson.

698

Inundation in the coastal zone impacts sediment transport, solute and nutrient mobilization, vegetation distribution, biological diversity, and biogeochemical processes. Erosion and sediment deposition alter ecosystem geomorphology (e.g., dune shape, marsh accretion) (Houser and Hamilton 2009, Dissanayake et al. 2015) and ecosystem nutrient pools [e.g., (O'Mara et al. 2019, Castañeda-Moya et al. 2020)]. In coastal zones adjacent to marine and estuarine waters, saltwater intrusion changes surface (Schaffer-Smith et al. 2020) and groundwater (Cantelon et al. 2022) quality and mobilizes nutrients through porewater ionic

706 exchange processes (Herbert et al. 2018). Coastal zone inundation as a natural process alters  
707 dune systems, which generates a mosaic of habitats that increase biodiversity (Smith et al.  
708 2021) and alter distributions of vegetation and animals. For example, the frequency of overwash  
709 events affects plant composition and diversity on sand dunes (Stallins and Parker 2003) and  
710 regular inundation is thought to provide necessary habitats for some insects and birds (Smith et  
711 al. 2021). Increased salinity and associated geochemical changes alter microbial community  
712 diversity and population heterogeneity (Nelson et al. 2015), shifting to more specialized  
713 communities as an adaptation to anaerobic conditions, redox fluctuation, and salt stress.  
714 Previous studies found high variability in relationships between salinity and ecosystem carbon  
715 dioxide fluxes (Morrissey and Franklin 2015, van Dijk et al. 2015, Dang et al. 2019, Hopple et al.  
716 2022).

717 Human communities within the coastal zone are impacted by inundation events as well.  
718 Inundation of coastal agricultural lands from storm surge and sea level rise reduces agricultural  
719 productivity (Lei et al. 2016). In particular, risk is high to coastal zone communities in developing  
720 nations, where inundation events can lead to food insecurity, loss of livelihood, and increased  
721 transmission of waterborne diseases. As climate change alters the magnitude and frequency of  
722 inundation in the coastal zone, it will be necessary to integrate both natural and human  
723 adaptations, such as enabling salt marsh transgression (marsh migration upland) to mitigate  
724 storm surge impacts on crop yield (Guimond and Michael 2021).

725 While we understand many of the linkages between the ecology, biogeochemistry,  
726 hydrology, and geomorphology that regulate ecosystem structure and function in coastal  
727 systems (Fagherazzi et al. 2012, Hinshaw et al. 2017, Braswell and Heffernan 2019, Cantelon  
728 et al. 2022), we know little of how to predict the future effects of the interacting stressors  
729 associated with climate change (O'Meara et al. 2017, Ward et al. 2020, Arrigo et al. 2020). Our  
730 ability to predict is reliant on our understanding of shifting inundation regimes in the context of  
731 elevated CO<sub>2</sub>, nutrient pollution, and coastal development which can generate antagonistic,  
732 synergistic, or additive effects. These knowledge gaps stem from the dynamic and  
733 unpredictable nature of events that drive coastal inundation. Observational data to inform  
734 mechanistic models is limited and governed by where and when events happen (not necessarily  
735 within monitored sites), funding periods, and accessible coastlines. This difficulty is exacerbated  
736 by the fact that 40% of the world's population lives within 100 km of the coast (Maul and Duedall  
737 2019), which heightens social impacts of variable inundation while also adding logistical  
738 difficulty to coastal monitoring. When events do overlap with instrumented sites, the extreme  
739 nature of inundation events threaten the physical integrity of instrumentation. Lastly, high-  
740 latitude coastlines are also susceptible to coastal inundation, yet few models incorporate  
741 physical, biogeochemical, and ecological implications of inundation on permafrost bound  
742 coastlines and environments (Ekici et al. 2019, Bevacqua et al. 2020). Opportunities of critical  
743 knowledge advancement exist in 1) monitoring events through *in-situ* or remotely sensed  
744 monitoring data, 2) model development that integrates more robust process-based  
745 understanding, and 3) expansion into urban and permafrost-bound coastlines.

#### 746 **Tidally Driven Coastal Zones**

747 Tidally-influenced coastal zones exist at the intersection of terrestrial and marine environments  
748 and encompass diverse intertidal ecosystems such as marshes, mangroves, ghost forests, and

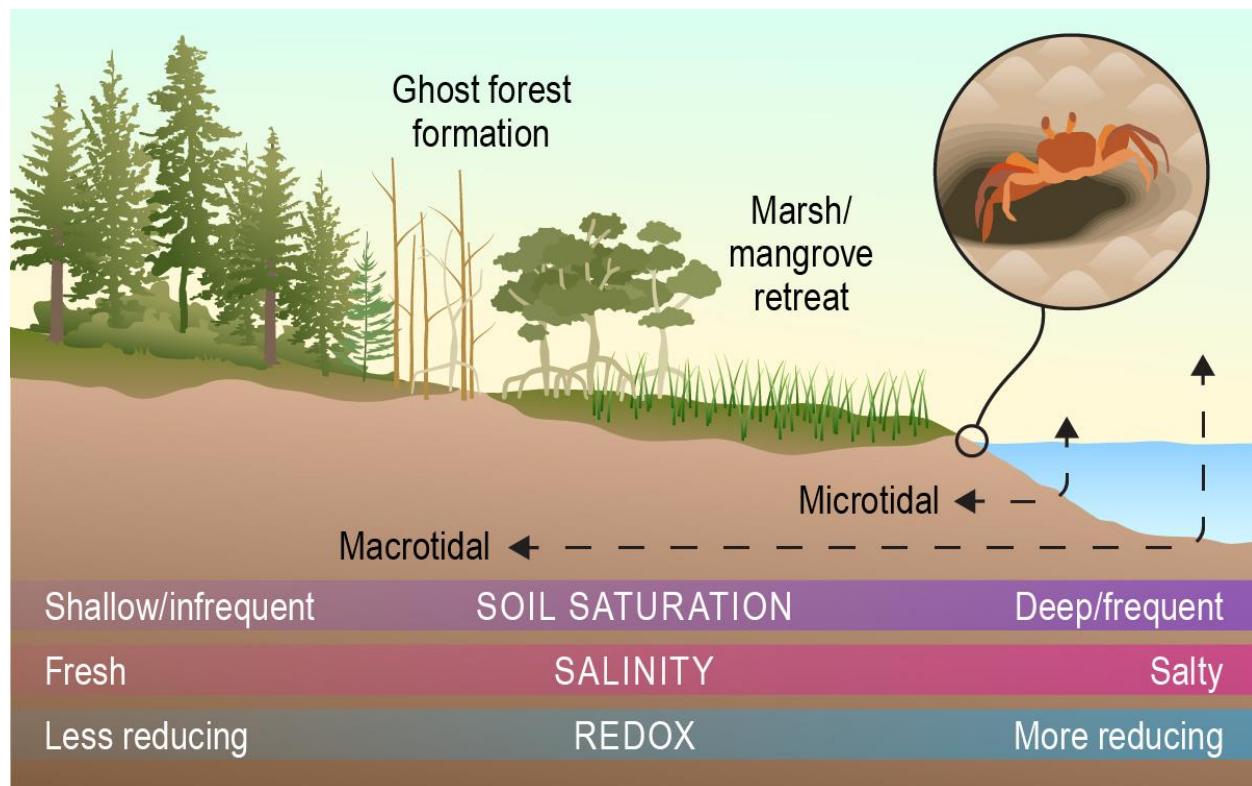
749 beaches (**Fig. 9**). Globally, tidal wetlands exist on 6 of 7 continents, and are spread across  
750 tropical, temperate, and polar latitudes (Murray et al. 2022a). Tidal flats are predominantly found  
751 along low sloping coastlines with approximately 70% of global tidal flat area existing in Asia,  
752 North America, and South America (Murray et al. 2022b), while beaches encompass 31% of  
753 ice-free shorelines (Luijendijk et al. 2018).

754 Tidally-driven coastal zones are inundated semi-diurnally (i.e., twice a day) or diurnally (i.e.,  
755 once a day). Unlike VIE systems summarized above, where inundation events may be difficult  
756 to predict, inundation in tidally-driven coastal zones varies primarily based on predictable  
757 drivers. For example, high tide and low tide water levels dictate the spatial extent and duration  
758 of inundation. In addition, intra-annual tidal dynamics are largely controlled by lunar cycles  
759 which drive approximately monthly highest (spring) and lowest (neap) tides, as well as annual  
760 high (king) and low tides. Inter-annual tidal dynamics are linked to sea level rise, which is  
761 shifting the zone of variable inundation inland (Ensign and Noe 2018, Tagesstad et al. 2021). We  
762 note that while the timing of king tides is predictable (perigean spring tide), their impacts can be  
763 difficult to predict, as mentioned in the storm-impacted coastal zones section. In addition,  
764 topography (e.g., slope) and other natural physical factors, including wind speed and direction,  
765 waves, and even localized high and low pressure events mediate the lateral extent of surface  
766 water inundation in tidal ecosystems. Human modifications further alter both vertical and  
767 longitudinal extent of tidal inundation via control structures which may exclude tides (gates,  
768 weirs, etc.) and channels that transport tidal waters well inland of the natural intertidal zone.

769 The extent of tidal influence, which spans microtidal (< 2 meter tidal range) to macrotidal (>  
770 10 meter tidal range in some locations), controls water quality, terrestrial-aquatic interactions  
771 and resulting biogeochemical and ecological responses [e.g., (Tweedley 2016)]. Estuaries,  
772 where tides mix saltwater and freshwater, are dynamic biogeochemical mixing zones  
773 characterized by sharp chemical gradients that regulate biological activity [e.g., (Crump et al.  
774 2017)]. Shifts in tidal zones associated with sea-level rise are predicted to alter the extent of key  
775 intertidal habitats, with potential disruptions to coastal food webs (Rullens et al. 2022). Changes  
776 in duration and extent of inundation associated with tides control soil saturation and salinity,  
777 which influence redox dynamics, and hydrologically driven exchange of carbon, nutrients, and  
778 pollutants (Pezeshki and DeLaune 2012, Bogard et al. 2020, Regier et al. 2021). Biological  
779 activity, including crab burrows that alter hydrologic flow paths (Crotty et al. 2020), also  
780 influence tidal exchanges across the coastal terrestrial-aquatic interface (Crotty et al. 2020).  
781 Increased saltwater exposure due to shifting tidal ranges can alter the stability of coastal soils  
782 [e.g., (Chambers et al. 2019)], which represent a globally important carbon sink (McLeod et al.  
783 2011). In addition, tidal regimes structure vegetation gradients, where salt-sensitive  
784 communities including low-lying forests and freshwater marsh species are replaced by salt-  
785 tolerant communities including mangroves and saltmarsh species (Kirwan and Gedan 2019,  
786 Lovelock and Reef 2020). This shift in tidal range leads to the creation of ghost forests (Kirwan  
787 and Gedan 2019), which can impact coastal biogeochemical cycles [e.g., (Cawley et al. 2014) ].  
788 Similarly, sea level rise may lead to mangrove or marsh retreat as inundation patterns change  
789 (Xie et al. 2020).

790 Due to the frequency of inundation, tidally inundated ecosystems are hydrologically,  
791 biogeochemically, and geomorphologically dynamic, creating challenges for scientists and land  
792 managers seeking accurate estimations of land surface area, elevation, and carbon storage.

These challenges are exacerbated by sea level rise, which exerts heterogeneous and non-linear influences on tidal ranges (Du et al. 2018). Methodological approaches to assess tidal ecosystem area and elevation that are based on satellite imagery will be critical for present and future management and decision making. Similarly, complex feedbacks exist among hydrology, biogeochemistry, ecology, and geomorphology (Xin et al. 2022); these dynamics may need to be considered in future ecosystem projections. Thus, a deeper understanding of feedbacks and their variability in space and time in response to tidal activity is needed (Ward et al. 2020). Lastly, with sea-level rise, tidal constituents may change, with nonlinear impacts on tidal range and inundation extent (Pickering et al. 2017). Tidally inundated VIEs represent the interface between marine and terrestrial ecosystems, and to predict their future will require understanding bi-directional connections among physical, chemical, and biological system components.



**Figure 9. Conceptual model of variable inundation in tidal systems.** Tidally driven coastal zones span sediments exposed at low tide to marshes and coastal forests inundated at high tide. This lateral gradient of tidal exposure across micro to macro-tidal systems (dotted black lines) alters physical (e.g., particle deposition), biological (e.g., species composition), and chemical (e.g., nutrient transformations) factors. Organisms can impact conditions along the gradient, such as flow path alteration by crab burrowing. Credit: Nathan Johnson.

## Human-Engineered Systems

Human-engineered systems are environments where inundation magnitude, frequency, timing, and duration are either actively managed or have been dramatically altered by structural modifications to the landscape (**Fig. 10**). Human-engineered VIEs rival natural systems in area

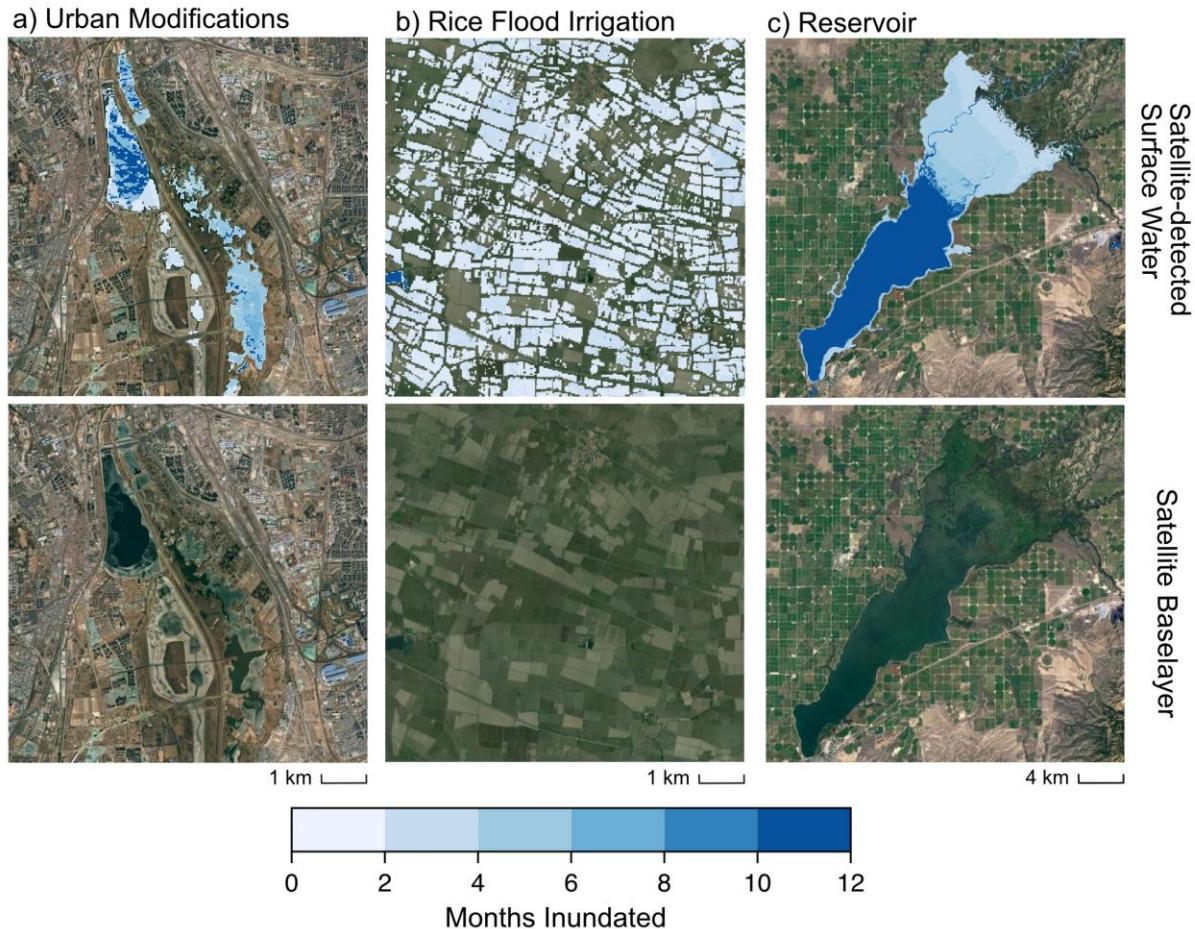
816 and extent (Clifford and Heffernan 2018), yet the significance of engineered VIEs in influencing  
817 landscape processes is relatively unexplored compared to natural systems (Koschorreck et al.  
818 2020) and they are historically excluded from water and nutrient budgets (Abbott et al. 2019).  
819 The primary drivers of human-engineered VIE formation explored here are land use change and  
820 restoration (including those for nature-based solutions), though hydrologic modifications impact  
821 inundation regimes of the natural VIEs explored earlier in the manuscript. Examples of land-use  
822 driven human-engineered VIEs include, but are not limited to: croplands irrigated to the point of  
823 inundation (e.g., rice paddies, cranberry bogs), canals for irrigation, drainage and stormwater  
824 (e.g., roadside ditches, retention ponds), and unintentional VIE formation following landscape  
825 modification (e.g., “accidental” urban wetlands (Palta et al. 2017) and ponds in agricultural fields  
826 (Saadat et al. 2020). Whereas the purpose of land-use driven engineered VIEs is to redistribute  
827 water for human purposes, the goal of VIEs engineered for restoration is to either replace or  
828 enhance ecosystems lost or damaged as a result of human activity. VIE restoration efforts vary  
829 in scope and form, spanning local (e.g., residential living shorelines, individual stream reaches,  
830 agricultural ditch wetlands) to ecosystem (e.g., adding sediment to degrading marshes), to  
831 regional (e.g., dam removal) scales (VanZomeren et al. 2018, Baptist et al. 2021).

832 While the full extent of human-engineered VIEs is difficult to quantify, key examples highlight  
833 their significance in the landscape. Agriculture covers nearly 40% of the earth’s land surface  
834 (Siebert et al. 2010), and nearly a quarter of that is variably inundated by flood irrigation (Wu et  
835 al. 2023). In urban systems, the extent of stormwater control networks rival those of natural  
836 systems. For example, the total linear length of residential canals in North America nearly  
837 equals that of the Mississippi River (Waltham and Connolly 2011). While restoration efforts are  
838 not as widely distributed as land-use change, restoration still contributes to extensive VIE  
839 creation. For example, restoration accounts for 14% of areal gain of tidal wetlands globally  
840 (Murray et al. 2022b). Inundation regimes in human-engineered VIEs can be driven by natural  
841 hydrologic processes, such as connectivity with the water table or tidal inputs. This is  
842 particularly important in VIEs built for restoration, as establishing natural inundation regimes  
843 enhances landscape connectivity and mediates ecosystem functions (Reis et al. 2017, Jones et  
844 al. 2018). However, unlike the previously discussed natural systems, the drivers and duration of  
845 inundation in human-engineered VIEs may be decoupled from natural hydrologic processes.  
846 Controlling drainage, such as for stormwater management, land reclamation, or effluent  
847 releases, is a key motivation for VIE construction and system design, resulting in inundation  
848 periods largely driven by precipitation that persist at event to seasonal scales depending on  
849 local hydrology and climate. Inundation duration may also occur on longer timescales, such as  
850 seasonally in paddy systems (De Vries et al. 2010). Finally, direct human interventions, such as  
851 floodgates, weirs, and dams, may affect water residence time at timescales that are  
852 asynchronous from natural drivers, such as seasonality or tides.

853 Human-engineered VIEs fundamentally alter the landscape, changing the spatial and  
854 temporal patterns of ecosystem processes. Agricultural inundation, such as flood irrigation or  
855 ponding, alters redox conditions, greenhouse gas emissions, groundwater recharge,  
856 evapotranspiration fluxes, plant growth, and pollutant export to natural water bodies (Hale et al.  
857 2015, Pan et al. 2017, Pool et al. 2021, Buszka and Reeves 2021). For example, a recent study  
858 showed that variably inundated depressions in agricultural fields can account for ~30% of  
859 nitrous oxide emissions across cultivated areas despite comprising ~1% of the land surface

860 (Elberling et al. 2023). The creation of drainage canals increases waterborne carbon fluxes from  
861 VIEs by producing a newly decomposed stock of labile soil carbon to be leached as well as by  
862 increasing the hydrological runoff rate through the soil and receiving canals and ditches (Stanley  
863 et al. 2012). Human-engineered VIEs can also provide ecosystem services that supplement or  
864 replace those of natural VIEs in the landscape (Clifford and Heffernan 2018). For example, they  
865 can enhance habitat (Connolly 2003, Herzon and Helenius 2008), nitrogen removal (Bettez and  
866 Groffman 2012, Reisinger et al. 2016), and recreation (Beckingham et al. 2019). Further, the  
867 services these systems provide can be improved through targeted management [e.g.,  
868 vegetation composition; (Castaldelli et al. 2015)] or restoration practices [i.e., two-stage ditches;  
869 (Speir et al. 2020)].

870 Including human-engineered systems in our conceptualization of VIEs emphasizes the  
871 growing significance of these systems as human landscape modifications continue to alter and  
872 eliminate natural VIEs. Recent efforts have synthesized the role and impacts of human-  
873 engineered VIEs at large scales (Peacock et al. 2021, Li et al. 2022b) but, as with many natural  
874 systems, the majority of studies on human-engineered VIEs are based in North America and  
875 Europe (González et al. 2015, Zhang et al. 2018, Bertolini and da Mosto 2021). Thus, our  
876 knowledge may not reflect the social, political, and economic challenges of developing areas  
877 where the highest rates of VIE modification are occurring (Wantzen et al. 2019). The knowledge  
878 gaps surrounding human-engineered VIEs will become increasingly important to address as  
879 global change continues to alter the spatial and temporal patterns of inundation. Given that  
880 human-engineered VIEs can enhance or disrupt hydrologic connectivity, they potentially  
881 magnify the effects of human driven changes such as sea level rise and impacts of  
882 contamination from anthropogenic “chemical cocktails” (Kaushal et al. 2022). We lack a  
883 baseline standard for how human-engineered VIEs function in the landscape, even as global  
884 change continues to shift existing baselines [e.g., (Palmer et al. 2014)]. A baseline  
885 understanding would also enable the restoration and repurposing of engineered VIEs as nature-  
886 based solutions (Clifford and Heffernan 2023)(Clifford et al., 2023). Addressing these  
887 knowledge gaps will require the incorporation of human-engineered VIEs into large-scale  
888 synthesis and modeling efforts, particularly those that address hydrologic and biogeochemical  
889 fluxes. Conclusive definitions and inventories of human-engineered VIEs is essential for  
890 estimating their ecological and biogeochemical roles at the global scale. Finally, human-  
891 engineered VIEs need to be conceptualized within an ecological, rather than managerial,  
892 context for comparison with natural systems and to be integrated into a more continuum-based  
893 approach for VIE science. Human-engineered VIEs rival the range of natural VIEs in structure,  
894 inundation regime, and global distribution. Understanding their role in the Earth system is,  
895 therefore, critical for understanding both the impacts of and potential solutions to global change.  
896



897  
898

**Figure 10. Examples of human-engineered Variably Inundated Ecosystems.** a) Yongding  
900 River in Beijing, China; b) Paddy rice fields in northern Italy; c) American Falls Reservoir on the  
901 Snake River in Idaho, United States. These three examples emphasize significant variation in  
902 the degree of variable inundation across human-engineered VIEs, with some regions being  
903 perennially inundated. Top row: Satellite-derived map data on months inundated is derived from  
904 the “seasonality” product in the Global Surface Water Mapping Layers v1.4 (Pekel et al. 2016).  
905 Credit: Jillian Deines.

## 906 Inundation Processes are Relevant at the Scale of the Beholder

907 VIEs span broad spatiotemporal scales of variable inundation, from small wetlands and vernal  
908 ponds to the floodplains of the world’s largest rivers. While examples in the mini-reviews focus  
909 on eight different ecosystems, variably inundated ecosystems are even broader such as  
910 mosses and pore spaces that are periodically covered by droplets of water and vast endorheic  
911 lakes and rivers. Inundation volumes and surface areas of VIEs vary by at least sixteen orders  
912 of magnitude, from under  $10^{-3}$  L to over  $10^{13}$  L (Bonython and Mason 1953), and  $10^{-6}$  m<sup>2</sup> to over  
913  $10^{10}$  m<sup>2</sup> (Hess et al. 2015), respectively. The duration of inundation varies by up to eight orders  
914 of magnitude, spanning a few seconds, in the case of droplets, to decades, in the case of  
915 endorheic lakes, and centuries in the case of sea level rise. Non-inundated periods likewise

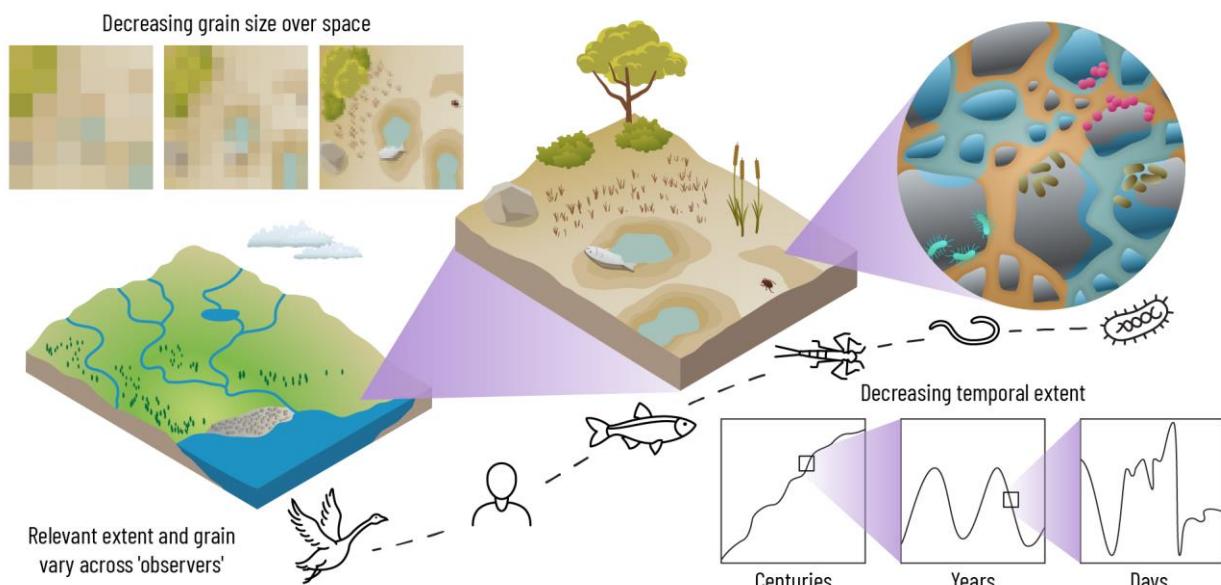
span seconds to centuries and longer. This variability in spatial and temporal extent has profound consequences for the ecology and biogeochemistry of VIEs. This section highlights the importance of considering scale and explores hypotheses regarding how scale drives variability in drivers, processes, and impacts across VIEs and how we study them.

Spatial and temporal scales of VIEs can be categorized along two axes – extent and granularity. Extent comprises the total size of the spatial domain or time duration of a defined system, while granularity pertains to the spatial or temporal intervals of system transitions (Ladau and Eloe-Fadrosh 2019). For example, the dynamics of water droplets across North America would represent a large extent with fine granularity, relative to the inundation dynamics of a several square meter desert playa (smaller extent but coarser grain). The impacts of variable inundation are dependent ‘on the scale of the beholder’ relative to the extent and grain of variable inundation, where a ‘beholder’ may be a molecule, organism, population, community, land manager, or otherwise (**Fig. 11**). The expressed metabolism of an individual microbe will be influenced by inundation down to the spatial scale of water films and on hourly or shorter time scales. An individual microbe may not, however, be influenced by whether variable inundation occurs only within a square meter or across many square kilometers because it does not perceive these larger scales. In contrast, macroinvertebrate behavior is influenced by variable inundation down to scales of meters and days, and is likely further influenced by larger and longer scales of stream network connectivity (Bogan et al. 2017b, Sarremejane et al. 2017).

VIEs can be viewed as habitat patches of different sizes that vary in how long they persist in a given state and that have dynamic connectivity among patches. Terrestrial and aquatic biota respond on ecological and evolutionary time scales to the expansion and contraction cycles of inundation (Bornette et al. 1998, Ward et al. 2002). Biotic diversity is influenced by productivity, connectivity, disturbance severity and disturbance frequency, all of which operate at hierarchical scales (Ward et al. 1999). Biogeographical and ecological theories posit that patch size (e.g., species area scaling) and disturbance regimes (e.g., intermediate disturbance hypothesis) are strong determinants of community composition (Adler et al. 2005, Svensson et al. 2012), suggesting that VIE community composition may vary predictably with these factors. The duration, predictability, and frequency of inundation likely have consistent community-level consequences that vary predictably with VIE extent and grain. Different extents and grains of inundation have the potential to change habitat connectivity in addition to directly selecting for different groups of organisms. Isolated marshes may, for example, become merged during a flood, thereby enhancing dispersal of aquatic organisms. The scale of variable inundation has numerous influences over ecological processes and dynamics that need to be understood.

From a biogeochemical perspective, variable inundation generates spatial and temporal variation in rates and patterns of biogeochemical processes. This variability is important for scaling biogeochemical rates because of process nonlinearity and Jensen’s inequality (Ruel and Ayres 1999). That is, a rate based on average conditions differs systematically from the average rate across variable conditions. This is important because the scales of processes (e.g., microbial activity occurring within pore channels) are typically not aligned with the scales of measurements and models (e.g., core-scale or above). The lack of clear understanding for how variable inundation influences variation in biogeochemical processes and how these relationships change with extent and grain of inundation can, therefore, lead to unreliable predictions for the scaling of biogeochemical processes.

960 Understanding the biogeochemical influences of variable inundation across a broad range of  
 961 scales is important for informing a diverse suite of needs across models, decision makers, and  
 962 other interested parties. Our ability to inform these needs depends on our ability to rigorously  
 963 understand and predict influences of variable inundation across scales. This is a challenge as  
 964 variable inundation likely has direct, but unknown, influences over the scaling of biogeochemical  
 965 function. For example, cumulative metabolism in streams is predicted to increase faster than  
 966 their upstream drainage area for perennial stream networks (Wollheim et al. 2022). The  
 967 influence of variable inundation on biogeochemical processes cannot yet be accounted for in  
 968 such scaling theory. More generally, perturbations like variable inundation can drive systems  
 969 away from steady-state assumptions from which scaling relationships are derived (McCarthy et  
 970 al. 2019), therefore, we expect significant changes in scaling behavior across inundation  
 971 regimes. A research frontier is to quantify the direction, magnitude, and duration of changes in  
 972 scaling patterns in response to variable inundation and to modified variable inundation regimes  
 973 wrought by climate, land-use, and other environmental changes.  
 974



975  
 976 **Figure 11. Variable inundation can be observed at different spatiotemporal granularities**  
 977 **and extents.** (Upper left) Granularity is based on the resolution of observations in space or  
 978 time. (Lower right) Extent is based on the cumulative breadth of observations in space or time.  
 979 (Middle panels) Granularity and extent of observations are often correlated, such as barely  
 980 resolving individual trees when extent spans a watershed and resolving individual microbes  
 981 when extent spans a few soil particles. A given beholder observes variable inundation at a given  
 982 scale and will, in turn, make changes to behavior, physiology, and/or aspects of life history. For  
 983 example, migratory waterfowl select habitats based on inundation state as they move across  
 984 watersheds, humans plan cities based on regional patterns, fish move across stream reaches  
 985 based on continuity of inundation, macroinvertebrates lay eggs on individual rocks based on  
 986 inundation state, nematodes experience variable inundation as they move through porous  
 987 media, and soil microbes separated by microns likely experience vastly different inundation  
 988 dynamics linked to water films on soil particles.

989 **Summary of Primary Methods used to Study VIEs**

990 The multi-scale nature of VIE systems has led to experimental and observational studies that  
991 span from point-scale lab-based characterization, to reach- or watershed-scale monitoring  
992 networks, and to regional- and global-scale remote sensing. Point-scale measurements at the  
993 smallest scales help reveal processes that underlie larger scale dynamics. For example, point  
994 measures of water presence, water absence, and low flow detection within a watershed are  
995 increasingly available with the development of small, inexpensive, and easily deployable  
996 sensors, meters, and time-lapse cameras [e.g., (Soupis et al. 2009, Chapin et al. 2014, Costigan  
997 et al. 2017, Zimmer et al. 2020)] (**Fig. 12**). While these measurements are easy to take and can  
998 provide a long temporal dataset for little effort, they are not always detailed and require regular  
999 calibrations.

1000 A broad range of methods can be used to link the hydrologic dynamics to ecological and  
1001 biogeochemical responses. Standardized field surveys and biomolecular methods (e.g., isotopic  
1002 ratios, including compound specific analyses) are commonly used to study organismal,  
1003 population, and community ecology across multiple taxa [e.g., (Ode et al. 2016, Gates et al.  
1004 2020)] and can be standardized for both inundated and non-inundated states. There is  
1005 increasing use of crowdsourcing for biogeochemical characterization to consistently obtain  
1006 samples across diverse systems (von Schiller et al. 2019, Garayburu-Caruso et al. 2020).  
1007 Sample collection can be followed by a variety of laboratory measurements of properties (e.g.,  
1008 carbon content, redox potential and redox-active elements, microbial genetic potential, sediment  
1009 grain size) and processes, such as CO<sub>2</sub> production and methanogenesis related to variable  
1010 inundation. Point-scale measurements often operate at instantaneous to daily scales.  
1011 Conversely, larger scale measurements integrate across finer-scale processes to quantify  
1012 ecosystem dynamics and properties, but without necessarily revealing what governs those  
1013 processes. Spatially distributed monitoring networks using *in situ* sensors (e.g., the United  
1014 States Geological Survey, USGS, gage network) can connect event-scale responses across  
1015 hydrologically linked locations as well as reveal long-term trends [e.g., (Zipper et al. 2021)].  
1016 Long-term field manipulations are another complementary *in situ* technique that can reveal  
1017 mechanisms underlying system responses to changes in inundation state. There are numerous  
1018 configurations of such experiments that directly or indirectly impact inundation dynamics, such  
1019 as intentional inundation (Hopple et al. 2023), water exclusion (Kundel et al. 2018) and heating  
1020 (Hanson et al. 2017). Despite the plethora of data produced by such large scale projects, these  
1021 are expensive and require deep buy-in of researchers and landowners.

1022 Remote sensing can complement *in situ* measurements to facilitate more spatially  
1023 continuous characterization of surface water dynamics and their impacts. There are different  
1024 types of remote sensing techniques, from drones to satellites and optical to microwave sensors,  
1025 that can capture different aspects of VIEs. For example, soil surface saturation may be captured  
1026 by a passive microwave radiometer as well as C and L-band radar backscatter, which can also  
1027 penetrate through thin canopies, clouds, and through the top few centimeters of the soil  
1028 (Schumann and Moller 2015). Recent satellite missions such as the Surface Water and Ocean  
1029 Topography (SWOT) mission provide increased capabilities for monitoring changes in surface  
1030 water over time with radar data (Biancamaria et al. 2016), while NASA's forthcoming NISAR  
1031 mission will allow for detection of inundation even under tree canopy. Thermal infrared  
1032 measurements can indirectly reveal saturation at very high spatiotemporal resolutions, as well

as evapotranspiration associated with water table depth, soil moisture, and rooting depth (Fisher et al. 2020, Lalli et al. 2022). Long time series from moderate resolution (~30 m) optical satellites can document multi-decadal open water trends and seasonal regimes across the globe (Pekel et al. 2016), while some combinations of indices have shown success in detecting mixed vegetation and inundation cover (Jones 2019). Commercial satellite constellations provide daily global imagery at < 4 m resolution, enabling monitoring of more dynamic water bodies [e.g., Arctic lakes, (Cooley et al. 2017) and forested wetlands (Hondula et al. 2021a)]. Deep groundwater and changes in the total water column storage are detectable through measurements of gravitational anomalies at very high precision but low spatial resolution (Bloom et al. 2010, 2017, Richey et al. 2015, Pascolini-Campbell et al. 2021). Fine-scale inundation dynamics, which have been historically hard to measure, can be captured using unmanned aerial vehicles (UAVs), which are often useful during or immediately after a significant inundation event (Perks et al. 2016), to capture small-scale spatial dynamics that are difficult to detect with satellite or airborne methods (Manfreda et al. 2018, Dugdale et al. 2022), or to derive detailed data for input into hydrologic models and surface water calculations (Acharya et al. 2021).

1049



1050  
1051 **Figure 12. Monitoring inundation regimes is increasingly possible via in situ sensors.**  
1052 Stream Temperature, Intermittency, and Conductivity Sensors (STICs) (Chapin et al. 2014), one  
1053 of the types of increasingly available sensors to measure water presence/absence in an  
1054 inexpensive and easily deployable manner. These sensors can be used across all types of VIEs.  
1055 Credit: Amy Burgin.

1056

1057 To advance predictive understanding requires integration of data with models. Process-  
1058 based models can be used to simulate hydrological and biogeochemical processes under dry  
1059 and wet conditions (Fatichi et al. 2016, Li et al. 2017). These models are often built upon mass  
1060 conservation principles, with ordinary or partial differential equations that describe coupled  
1061 hydrological, ecological, and biogeochemical processes. They rely on existing knowledge on  
1062 processes, including, for example, theories or empirical relationships between discharge and  
1063 water storage (Wittenberg 1999), biogeochemical reaction rate dependence on temperature and  
1064 water content (Davidson et al. 1998, Mahecha et al. 2010) and redox reactions (Borch et al.  
1065 2010). Among process-based models, there are spatially distributed models that couple surface  
1066 and subsurface flow dynamics explicitly (Kollet and Maxwell 2006, Coon et al. 2020). This class

of models has recently been extended to include reactive transport (Wu et al. 2021), which may be considered as a set of tools to understand the biogeochemical effects of variable inundation (Molins et al. 2022). However, spatial resolution and data requirements for the integrated surface and subsurface models are high, which places practical limits on the spatial scales that can be addressed. Semi- or fully-distributed models with coarse spatial resolution are able to work at larger scales, but require theories or empirical relationships to represent processes and impacts at subgrid-scales. Data-driven machine learning methods present new opportunities to blend models with various levels of mechanistic representations into hybrid models (Reichstein et al. 2019). Increases in the volume of observational data sets combined with advances in high performance computing have triggered a shift towards machine learning applications for capturing inundation dynamics. More recently, integration of physics-based models with machine learning have improved the interpretability of machine learning methods and increased their ability to model complex ecosystem processes (Sun et al. 2022b). These hybrid approaches have the potential to optimize the characterization and prediction of inundation dynamics by incorporating the strengths of multiple models to achieve predictions with minimized uncertainty and greater accuracy than either model alone.

Coordinated integration (Patel et al. 2023) between model development and data generation is key to deepening our understanding of VIEs and increasing our ability to predict their future ecosystem function and ecological integrity. More specifically, we promote iterating between model-guided data generation and observation-informed model development. This iterative cycle between models and 'experiments' (i.e., real-world data generation) has previously been termed 'ModEx' (Atchley et al. 2015) and is similar to approaches used in 'ecological forecasting' (Dietze et al. 2017, 2018). It also aligns generally with the scientific method based on continuous iteration between conjectures (hypotheses / models) and refutation (falsification of hypothesis using observations and data) to drive scientific discovery and knowledge growth (Popper 2014). The ModEx approach often starts by using experimental or field data to parameterize and calibrate models and/or generate new data based on known model input needs. This can be expanded whereby models generate hypotheses via *in silico* experiments, and field or lab studies can be designed to test those hypotheses. Models can also be used to optimize the design of real-world experiments by indicating when, where, and what to measure to provide the strongest hypothesis evaluation.

In the context of VIEs, we expect ModEx to touch scales ranging from molecular microbiology to landscape ecology to regional ecosystem function to Earth system elemental cycles. As a landscape-scale example of ModEx, physical models could first be used to predict variable inundation across a watershed. Spatial and/or temporal uncertainty in those predictions could then be used to optimize collection of commercial remote sensing data. Those data would, in turn, be used to evaluate model predictions, leading to updated guidance from the model on where/when to collect additional remote sensing data. Further cycles could be pursued and model uncertainties could also guide collection of *in situ* data on variable inundation, organismal ecology, and/or biogeochemical processes. Many other examples across a variety of scales can be envisioned, and key to enabling this approach is the further development of models and measurement techniques that can capture system states in both inundated and non-inundated conditions. Techniques/models designed for specific kinds of ecosystems (e.g., perennial rivers) may be difficult to adapt. This emphasizes a need to do

1111 ModEx using models and measurements intentionally designed to span inundated and non-  
1112 inundated system states.

1113 Across the continuum of ModEx, it is important to consider the scales at which models and  
1114 measurements operate, as discussed above. The issues around scale could, in part, be  
1115 addressed by Integrated Coordinated Open Networked (ICON) science principles (Goldman et  
1116 al. 2022). ICON is based on intentional design of research efforts to be Integrated across  
1117 disciplines and scales, Coordinated across research efforts via consistent methods, Open  
1118 throughout the research lifecycle, and Networked across stakeholders to understand collective  
1119 needs. We propose using ICON principles for *in situ* data generation and remote sensing, jointly  
1120 guided by model-generated predictions (i.e., ModEx). Embedding ICON throughout the research  
1121 life cycle can help to ensure that new data are at the right scale and can be used to link  
1122 disciplines (e.g., hydrology, biogeochemistry, and community ecology). This can also ensure  
1123 that data are interoperable across VIEs, are available to everyone and connected to deep  
1124 metadata, and are useful to a broad range of stakeholders with interests spanning different  
1125 types and locations of VIEs. The use of ICON in cross-VIE science could bridge existing data  
1126 across multiple spatial and temporal scales, and potentially bridge gaps among VIEs.

## 1127 **Towards Cross-VIE Transferable Understanding**

1128 We propose that a key goal for VIE science is the development and open sharing of knowledge,  
1129 models, algorithms, and data that transcend individual system types. Knowledge that crosses  
1130 VIE systems will inherently span scales and levels of certainty from predictable, sub-daily  
1131 inundation regimes to rare extreme events; integrating perspectives of these dynamic systems  
1132 can aid in understanding and anticipating tipping points of physical, chemical, and biological  
1133 components across VIEs. Development of such knowledge should be done via ModEx  
1134 approaches coupled with ICON principles, which can generate models that can be used across  
1135 VIEs. Similar to the perspectives of Arias-Real et al. (2024), we suggest this can be facilitated  
1136 through the development of conceptual models based on continuous environmental axes that  
1137 modulate system responses to re-inundation (e.g., greenhouse gas production and changes in  
1138 biological diversity).

1139 Such continuum-based conceptual models necessitate going beyond discrete VIE  
1140 categories by treating key physical characteristics as continuous variables that influence all VIE  
1141 systems. One realization of such a conceptual model is summarized in Figure 13. Related  
1142 approaches that are based on a suite of temporally variable ecological and geomorphological  
1143 characteristics have proven useful for wetlands (Euliss et al. 2004, Lisenby et al. 2019). These  
1144 wetlands frameworks have improved the understanding of human impacts on wetlands and led  
1145 to more effective management (Wierzbicki et al. 2020, Mandishona and Knight 2022). These  
1146 successes emphasize the potential effectiveness of continuum-based conceptual models for  
1147 cross-VIE science.

1148 The impacts of variable inundation depend on multiple characteristics of inundation regimes  
1149 (e.g., return interval and duration) and factors that influence those regimes (e.g., subsurface  
1150 permeability, topography, climate, and vegetation) (Banach et al. 2009, De Jager et al. 2012).  
1151 Furthermore, there are dynamic attributes such as water residence time and hydrologic  
1152 connectivity that influence process rates (Covino 2017). We hypothesize that despite this

complexity, cross-VIE science can make progress towards transferable understanding through the evaluation of conceptual models that focus on impacts of variable inundation across relatively simple physical variables that can be easily measured. Two such variables are inundation return interval and topographic slope (**Fig. 13**). As suggested above, we encourage studies that examine responses to variable inundation (e.g., biogeochemical rates and ecological community composition) across VIEs that collectively span a broad range of return intervals and slopes.

While many environmental variables could be used in this conceptual model (**Fig. 13**), here we propose using inundation return interval and topographic slope, as both are well known to impact ecological communities. For example, inundation return interval has been shown to alter plant composition (Arim et al. 2023) and biogeochemical function such as CH<sub>4</sub> fluxes (Batson et al. 2015). We view it as an integrated proxy for variables with direct impacts (e.g., desiccation) that are linked to the temporal scale of non-inundated conditions. The other axis of our conceptual model is topographic slope (**Fig. 13**), which we also view as an integrated proxy, but for variables linked to how much time water spends in a system (Anderson and Burt 1978, McGuire et al. 2005). Slope and the variables it represents (e.g., water residence time and velocity) are also well known to influence ecological communities (e.g., by altering fish composition, as in (Bain et al. 1988)) and biogeochemistry (e.g., by altering nitrate reductions as in (Gomez et al. 2012)).

At a high-level, return interval and slope are two key dimensions of temporal scale: how long it takes water to return and how long a parcel of water spends in the system. Similarly, these variables encompass differences across spatial scales, capturing differences in timing of inundation and how water flows through and is connected to different components of VIEs (e.g., differences in drying across branches of a river network). While these two components should jointly influence nearly every physical, chemical, and biological aspect of VIEs through time and across space, we do not imply that these two variables will capture all relevant processes. Other variables such as sediment/soil mineralogy and climate also have strong influences over biogeochemistry and community ecology of VIEs (e.g., Pumo et al. 2016). We may learn that additional axes are needed and these may be linked to other conceptual models, such as whether inundation emerges through infiltration-excess (Hortonian flow generation) or through saturation-excess (Dunnian flow generation) (Freeze 1974). Nonetheless, we propose that significant progress can be made towards cross-VIE understanding of the controls over biogeochemistry and ecology by further developing and testing the high-level conceptual model proposed here linked to inundation return internal and topographic slope. In doing so, we encourage careful attention towards the spatial and temporal scales of modeling and data generation efforts linked to return interval and slope.

Our conceptual model can be used to frame and study questions representing science challenges that span all VIEs, such as how greenhouse gas fluxes and biological diversity respond to variable inundation (**Fig. 13**). Similarly, metabolism research has suggested using a continuum of flow predictability and light availability to better unify river metabolism research (Bernhardt et al. 2022). In this approach there is no need to bin VIEs into discrete categories (Euliss et al. 2004), many of which have varying definitions and levels of overlap. A given system may also not fit clearly into a single VIE category and/or may transition across categories through time and across space. Rather, we can observe and study continuous

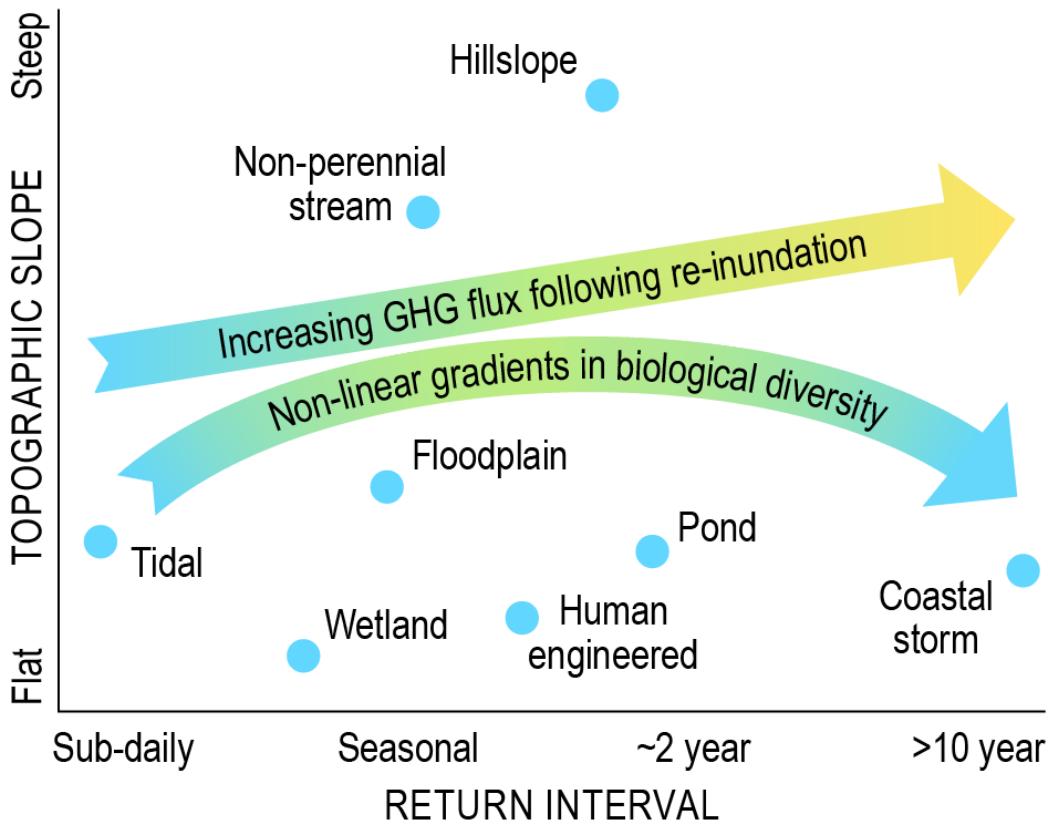
1197 response surfaces across multiple physical axes and identify patterns within this quantitative  
1198 space.

1199 In addition to generating transferable understanding, bringing all VIEs together via studies  
1200 focused on unifying conceptual models could help raise awareness of VIE diversity, importance,  
1201 vulnerabilities, and how they may change in the future. This may, in turn, help address the fact  
1202 that VIEs are often overlooked in terms of conservation and monitoring efforts (Calhoun et al.  
1203 2017, Hill et al. 2018, Krabbenhoft et al. 2022, Zimmer et al. 2022). Studying diverse VIEs  
1204 across broad ranges of key environmental axes can also be used to learn where, along  
1205 environmental continuums, functional thresholds exist that could help with categorizations  
1206 important for policy and management (Richardson et al. 2022b).

1207 Cross-VIE understanding of the drivers, patterns, and processes linking inundation to  
1208 system responses can greatly improve with increased collaboration and communication across  
1209 scientific fields and systems. Our experience is that communities working in VIEs are scattered  
1210 across different societies and funding programs. Studying VIEs together via unifying conceptual  
1211 models tied to environmental continuums can bring these science communities together. To this  
1212 end, we encourage training and collaborations focused on consistent data generation methods  
1213 that may be adopted across the VIE community and in pursuit of conceptual unification. In  
1214 addition, disciplinary conferences could also recognize VIE commonalities with special sessions  
1215 to bring people together from across the VIE continuum to discuss research needs.

1216 Cross-VIE knowledge and models are needed to address human impacts to environments  
1217 across the globe. Humans both directly (i.e., dams, weirs, surface water and groundwater  
1218 abstraction, channelization, draining, invasive species introduction and spread, etc.) and  
1219 indirectly (i.e., climate change) alter VIEs (Maris et al. 2016, Pumo et al. 2016, Kiss et al. 2019).  
1220 As climate change and other anthropogenic impacts increasingly alter these already dynamic  
1221 systems, it is imperative that knowledge and models transcend VIEs. Future environmental  
1222 change can alter the position of a given VIE within environmental space, including what is  
1223 depicted in our conceptual model (**Fig. 13**) (e.g., increasing frequency of storm surges changing  
1224 the inundation return interval). The ability to predict impacts of such environmental change can  
1225 be facilitated by mechanistic knowledge that is transferable across the environmental space  
1226 occupied by VIEs. We hypothesize that unifying VIEs across environmental continuums can  
1227 help achieve this mechanistic, transferable knowledge.

1228



1229  
1230 **Figure 13. We encourage unifying conceptual models of VIEs based on hypotheses**  
1231 **linked to continuous environmental axes, across which these systems can be studied**  
1232 **without regard for what system names may be attached to a given studied place and**  
1233 **time.** In our proposed conceptual model, two key are topographic slope and inundation return  
1234 **interval.** Points represent approximate locations of where each VIE type may lie. Each VIE type  
1235 spans a range of slopes and inundation return intervals, but we do not define these ranges as  
1236 the conceptual model is based on how study systems fall across the environmental space  
1237 represented here, rather than within specific nomenclature. Two priority research directions are  
1238 greenhouse gas (GHG) fluxes and biological diversity, and the arrows represent possible  
1239 hypotheses that could be evaluated with cross-VIE studies. We propose that knowledge and  
1240 models that are transferable across VIEs can be achieved through evaluation of such  
1241 hypotheses across broad ranges in slope and return interval. Credit: Nathan Johnson.  
1242  
1243

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1255

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