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2 **The impact of nanostructure on hygroscopicity and reactivity of fatty acid**
3 **atmospheric aerosol proxies**

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16

Abstract

18 Atmospheric aerosol hygroscopicity and reactivity play key roles in determining the aerosol's
19 fate and are strongly affected by its composition and physical properties. Fatty acids are
20 surfactants commonly found in organic aerosol emissions. They form a wide range of different
21 nanostructures dependent on water content and mixture composition. In this study we follow
22 nano-structural changes in mixtures frequently found in urban organic aerosol emissions, i.e.
23 oleic acid, sodium oleate and fructose, during humidity change and exposure to the
24 atmospheric oxidant ozone. Addition of fructose altered the nanostructure by inducing
25 molecular arrangements with increased surfactant-water interface curvature. Small-Angle X-
26 ray Scattering (SAXS) was employed for the first time to derive the hygroscopicity of each
27 nanostructure by measuring time- and humidity-resolved changes in nano-structural
28 parameters. We found that hygroscopicity is directly linked to the specific nanostructure and
29 is dependent on the nanostructure geometry. Reaction with ozone revealed a clear
30 nanostructure-reactivity trend, with notable differences between the individual nanostructures
31 investigated. Simultaneous Raman microscopy complementing the SAXS studies revealed
32 the persistence of oleic acid even after extensive oxidation. Our findings demonstrate that self-
33 assembly of fatty acid nanostructures can significantly impact two key atmospheric aerosol
34 processes: water uptake and chemical reactivity, thus directly affecting the atmospheric
35 lifetime of these materials. This could have significant impacts on both urban air quality (e.g.
36 protecting harmful urban emissions from atmospheric degradation and therefore enabling their
37 long-range transport), and climate (e.g. affecting cloud formation), with implications for human
38 health and wellbeing.

40 **Introduction**

41 Atmospheric aerosols represent a large uncertainty when considering their impact on the
42 climate (Boucher et al., 2013; Shrivastava et al., 2017) and urban particulate matter makes a

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44 significant contribution to air pollution, affecting air quality and health (Shrivastava et al., 2017;
45 Harrison, 2020; Chan and Yao, 2008; Pöschl, 2005). Organic matter can account for a large
46 portion of aerosol emissions depending on the emission source (Jimenez et al., 2009) and
47 environmental conditions have been shown to affect aerosol composition (Li et al., 2021).
48 There are both anthropogenic and biogenic sources of organic aerosols. Activities such as
49 cooking emit a range of organic compounds which can go on to form secondary organic
50 aerosol (SOA) (Zeng et al., 2020). Cooking emissions have been estimated to add ca. 10 %
51 to UK PM_{2.5} emissions (Ots et al., 2016) and have been linked with poor air quality (Stavroulas
52 et al., 2023).

53 Oleic acid is a fatty acid and a common organic compound found in both cooking (Zeng et al.,
54 2020; Alves et al., 2020; Vincente et al., 2018) and marine emissions (Fu et al., 2013). It is
55 reactive towards common atmospheric oxidants such as ozone and NO₃, making it a model
56 compound for laboratory studies into aerosol properties (Zahardis and Petrucci, 2007;
57 Gallimore et al., 2017; Pfrang et al., 2017; Pfrang et al., 2011; Pfrang et al., 2010; King et al.,
58 2010; Sebastiani et al., 2022; Shiraiwa et al., 2012; Shiraiwa et al., 2010). Other common
59 organic emissions are saccharides (sugars), which are also found in urban (Wang et al., 2006)
60 and biogenic emissions (Fu et al., 2013; Fu et al., 2008; Kirpes et al., 2019). Sugar emissions
61 such as levoglucosan and glucose have been shown to react readily with Criegee
62 intermediates, which are formed during ozonolysis (Enami et al., 2017). The fact that these
63 two common classes of organic compounds (fatty acids and sugars) are found in the same
64 aerosol samples raises the possibility that they are able to interact; for example by a sugar
65 reacting with oleic acid ozonolysis Criegee intermediates, potentially altering the product
66 distribution and adding to the complexity of this reaction mechanism – a possibility explored
67 in this study.

68 Aerosol phase state has been predicted to vary significantly in the atmosphere and is linked
69 to factors such as composition, humidity and temperature (Shiraiwa et al., 2017; Schmedding
70 et al., 2020). One key influence on aerosol multiphase processes is particle viscosity (Reid et
71 al., 2018) and viscous phases have been identified by field measurements of SOA (Virtanen
72 et al., 2010). Particle viscosity can vary by orders of magnitude between phase states, which
73 means the diffusion coefficients of small molecules through the particle phase also vary and
74 heterogeneous processes (*i.e.* oxidation and water uptake) are affected (Shiraiwa et al., 2011;
75 Koop et al., 2011). Viscous phases can induce diffusion gradients during particle
76 humidification (Zobrist et al., 2011; Hosny et al., 2016; Renbaum-Wolff et al., 2013). Particles
77 of oleic acid have also been observed to increase in viscosity as a result of oxidation (Hosny
78 et al., 2016). The fate of organic atmospheric aerosols is therefore strongly influenced by their
79 phase state.

80 Organic coatings are present on the surface of marine aerosols, where sugars and fatty acids
81 were found to be major constituents (Kirpes et al., 2019). Poor air quality has been linked to
82 high PM_{2.5} surface organic content in Beijing, China (Zhao et al., 2020) and the long-range
83 transport of harmful substances emitted in the urban environment have been attributed to
84 viscous organic coatings and the phase state of the aerosol (Shrivastava et al., 2017; Mu et
85 al., 2018). Analysis of marine aerosols heavily influenced by anthropogenic activity found that
86 fatty acids were present along with Polycyclic Aromatic Hydrocarbons (PAHs) and phthalates,
87 which are known to cause poor health (Kang et al., 2017). There is a long-standing
88 discrepancy between the longer lifetime measured in the field compared to laboratory
89 measurements for oleic acid (Rudich et al., 2007; Wang and Yu, 2021). These observations
90 suggest that aerosols are able to travel far from their sources and that the formation of viscous
91 organic coatings could account for their long-range transport.



92 Pure oleic acid in the liquid phase exhibits some order by the formation of dimers (Iwahashi et
93 al., 1991). As a surfactant, the addition of its ionic form (sodium oleate) and water can induce
94 the formation of lyotropic liquid crystal (LLC) phases (Tiddy, 1980). These are three-
95 dimensional nanostructures which can vary from spherical and cylindrical micelles to
96 bicontinuous networks and lamellar sheets. These structures can be followed by Small-Angle
97 X-ray Scattering (SAXS), which probes the nanometre scale. Each of these structures exhibit
98 varying physical properties, the key ones being diffusivity and viscosity. Diffusion coefficients
99 can vary dramatically between micellar, close-packed micellar, hexagonal (cylindrical micellar)
100 and lamellar phases with diffusion in the latter two becoming directionally dependent
101 (Lindblom and Orädd, 1994; Orädd et al., 1995). The diffusion of atmospherically relevant
102 small molecules, such as ozone and water, would therefore also be affected by the
103 nanostructure formed in the organic medium, affecting the key aerosol heterogeneous
104 processes of water uptake and chemical reaction.

104 We have previously demonstrated the feasibility of LLC formation in levitated particles of a
105 fatty acid aerosol proxy (Pfrang et al., 2017; Milsom et al., 2023; Milsom et al., 2022a) and
106 have exploited the SAXS experiment to quantify the effect of self-assembly on reaction kinetics
107 (Milsom et al., 2021a), along with modelling of the potential impact on the atmospheric lifetime
108 of LLC formation (Milsom et al., 2022b). In this study we coat capillaries with a self-assembled
109 oleic acid/sodium oleate/fructose proxy use SAXS to follow changes in these nanostructures
110 during humidity cycles and exposure to ozone. We investigate the sensitivity of the
111 nanostructure to proxy composition and humidity and demonstrate that reactivity is affected
112 by nanostructure.

114 **Methods**

Preparation of self-assembled coatings inside quartz capillaries

116 The method of film preparation is identical to that described in Milsom et al. (2021a) Sample
117 coating solutions were prepared as follows: oleic acid (Sigma-Aldrich, 90 %), sodium oleate
118 (Sigma-Aldrich, 99 %) and fructose (Sigma-Aldrich, 99 %) were dissolved as 10 wt % solutions
119 in methanol and samples weighed to the desired ratio. All coating solutions are weighed as
120 1:1:x wt ratio mixtures (oleic acid:sodium oleate:fructose), where x is 0.5, 1, 2 corresponding
121 to 20, 33 and 50 wt % fructose compositions.

SAXS experiment and simultaneous Raman microscopy on films coated inside quartz capillaries

124 SAXS probes aggregates at the nanometre scale, measuring order at the molecular, rather
125 than atomic (X-ray diffraction), scale (Li et al., 2016; Pauw, 2013). The scattered intensity is
126 measured against a scattering parameter (q) which is proportional to the scattering angle. q is
127 inversely proportional to the characteristic spacing between equivalent scattering planes (d)
128 via equation 1. This is also a measure of the spacings between inverse micelles.

$$d = \frac{2\pi}{q} \quad (1)$$

130 This d -spacing can be used to determine a range of nano-structural parameters - for example,
131 the water layer thickness between lamellar sheets (Kulkarni et al., 2011; Milsom et al., 2022c).

132 This experimental setup is the same as used in our previous capillary film study (Milsom et al.,
133 2021a). Key experimental parameters are listed here: SAXS patterns were collected as 1s
134 exposures at different positions along the coated capillary with a delay of 75 s between each



136 scan to avoid any X-ray beam damage; the beam size at the sample was approximately 320
x 400 μm (FWHM); SAXS patterns were acquired between $q = 0.008 - 0.6 \text{ \AA}^{-1}$ by a *Pilatus*
137 *P3-2M* detector.

138 The Raman microscopy setup is as described in Milsom et al. (2021a): A 532-nm Raman laser
probe was focussed with a long working distance objective (numerical aperture: 0.42) and a
140 minimum spot diameter of $\sim 1.5 \mu\text{m}$. The emitted laser power was 20 – 50 mW. By following
the oleic acid C=C bond peak at $\sim 1650 \text{ cm}^{-1}$ and normalising to the $-\text{CH}_2$ peak at $\sim 1442 \text{ cm}^{-1}$,
142 we were able to follow the progress of the ozonolysis reaction simultaneous to the SAXS
measurements.

144 **Ozonolysis of coated films**

The ozonolysis procedure follows what was set out previously (Milsom et al., 2021a) and is
146 summarised here: Oxygen (BOC, 99.5 %) was passed through a pen-ray ozoniser (Ultraviolet
Products Ltd., Cambridge, UK) which was calibrated offline by UV spectroscopy; the ozone
148 concentration for all ozonolysis experiments was $77 \pm 5 \text{ ppm}$ at a flow rate of 60 mL min^{-1} .
Note that such a high ozone concentration (typical atmospheric concentrations are ppb level)
150 was used as it is known that self-assembled semi-solid phases slow the rate of reaction
significantly (Pfrang et al., 2017; Milsom et al., 2021a). The ozone-oxygen mixture was
152 measured to be at $< 5 \%$ RH.

Film thickness was determined by X-ray beam attenuation using diodes measuring the
154 incident and transmitted intensities. The maximum attenuation was determined by filling a
capillary with sample material. The thickness of each coated film was then calibrated by
156 comparison with the filled capillary's attenuation.

Controlled humidification of coated films

158 Humidity was monitored and controlled using a bespoke Raspberry Pi (RPi) system. Dry (room
air) and wet pumps were controlled by the RPi, in order to reach the target relative humidity
160 (RH), which was measured by a sensor at the outlet of the coated capillary tube with a
precision of 2 %.

162 After samples were coated, they were left for $\sim 15 \text{ min}$ to equilibrate at room humidity ($\sim 50 -$
60 % RH) before being attached to the humidity control system. The capillary was then
164 humidified to the desired settings using the RPi control programme.

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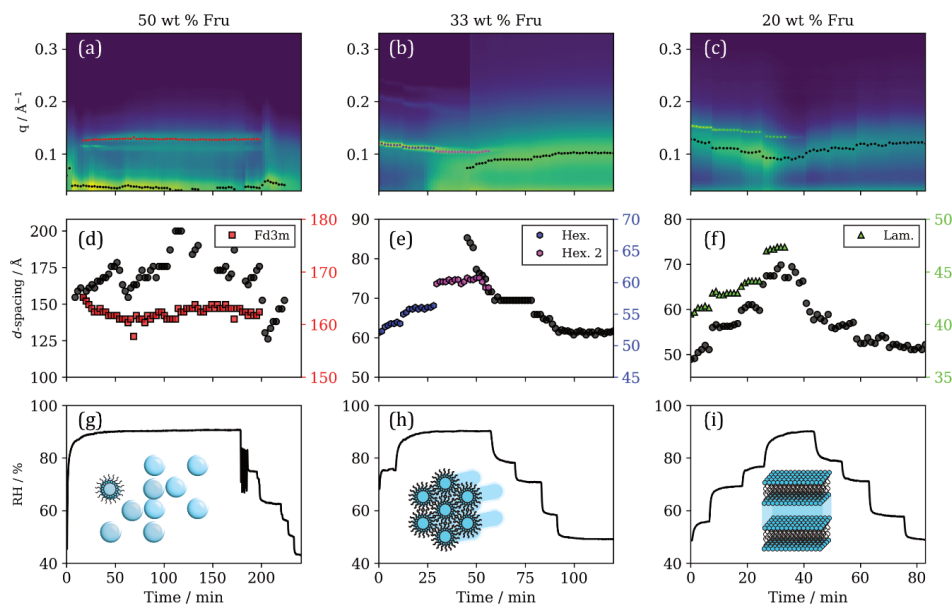
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Results and Discussion

176 Time- and humidity-resolved nanostructure changes



178 Figure 1. (a)-(c) SAXS patterns as a function of time during the humidity cycle. Peak positions
 180 for inverse micellar (black markers) and specific nanostructures (coloured markers) are q
 values corresponding to the time-resolved d -spacings represented in (d)-(f). (g)-(i)
 182 Simultaneous RH vs time during the experiment. Each set of SAXS, d -spacing and RH data
 is presented for each proxy fructose composition as wt % of organic mass with oleic acid
 184 and sodium oleate in a 1:1 wt ratio: (a), (d), (g) – 50 wt %; (b), (e), (h) – 33 wt %; (c), (f), (i) – 20 wt %
 (i.e. 50 wt % fructose is a 1:1:2 oleic acid:sodium oleate:fructose mixture).

186 Different amounts of fructose in the organic mixture result in different self-assembled
 nanostructures (Fig. 1(a-c)). From first principles fructose, as a hydrophilic water-soluble
 molecule, would be expected to facilitate water uptake into the organic phase and act as a
 188 humectant, analogous to the effect glycerol has on LLC phase boundaries (Richardson et al.,
 2015). By this logic, larger amounts of fructose should afford more hydrated (lower water-
 190 surfactant interfacial curvature) phases at a given humidity. However, an additional effect is
 observed during our experiments: the water-surfactant interfacial curvature *increases* with
 192 increasing fructose concentration. This is clear evidence for fructose acting as a *kosmotrope*
 – a water-structure-inducing molecule (Kulkarni et al., 2011; Libster et al., 2008; Koynova et
 194 al., 1997). As a kosmotrope, fructose removes water from the water-surfactant interface. This
 reduces the effective surfactant headgroup area, enabling the formation of structures with
 196 increased curvature at a given water content (in this case, experimental humidity – see
 corresponding cartoons of each phase in Fig. 1). The phase boundary therefore shifts
 198 according to the amount of fructose in the mixture. A set of fructose content-dependent
 nanostructures are possible as a result. Each one of these nanostructures possesses unique
 200 physical properties (as set out in the introduction). The sensitivity of the nanostructure to the
 amount of fructose in the system suggests that the physical properties, which influence



202 atmospheric trace gas uptake, could also change with similar sensitivity to aerosol
composition.

204 The characteristic d -spacing for each of the observed nanostructures increases with
increasing RH (Fig 1. (d)-(f)). This is the result of water filling the aqueous cavity in the inverse
206 LLC nanostructures observed here. The time and humidity-resolved SAXS patterns acquired
in this study have allowed us to take advantage of this characteristic and observe subtle RH-
208 dependent changes in this parameter and directly measure the water uptake of a specific
phase. This analysis can be applied to two coexistent phases, provided their SAXS peaks do
210 not overlap – as is the case in our study. The effect of these phases on water uptake is
explored in *Hygroscopicity of observed nanostructures*.

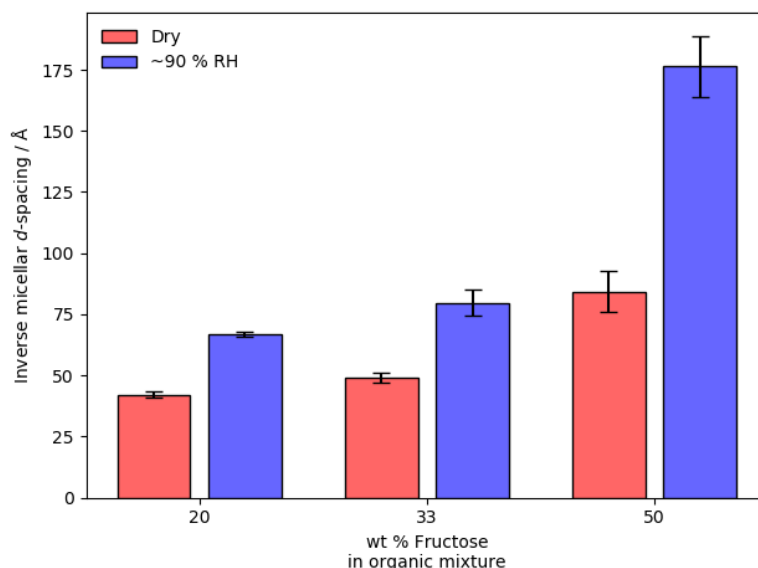
212 The phase change observed when going from low to high RH is not reversible for the two
organic compositions which initially formed inverse hexagonal and lamellar phases at < 90 %
214 RH (Fig. 1(b) and (c)). This suggests that the initial or final phases observed are meta-stable
(e.g. the Fd3m and P6₃/mmc inverse micellar cubic phases can occur under the same
216 conditions for this system; Pfrang et al., 2017). Fig. 1(d–f) shows that for a given phase
equilibrated with water vapour at a particular RH, the d -spacing is stable. This suggests that
218 these phases are in equilibrium, even if they are meta-stable.

For the 33 wt % fructose mixture, a second hexagonal phase appears at high RH before
220 eventually transitioning to an inverse micellar phase (Fig. 1(b) and (e)). Indeed, between ~ 40
– 60 min the inverse micellar and hexagonal phase are observed simultaneously in the
222 mixture. There therefore is a heterogeneity in terms of molecular order and physical properties
associated with each of these nanostructures. This coexistent inverse micellar phase is
224 observed for all mixtures studied here.

The 50 wt % fructose mixture exhibits a reversible phase transition from inverse micellar to a
226 close-packed inverse micellar (Fd3m) phase during a humidification-dehumidification cycle
(Fig. 1(a)). The Fd3m phase appeared only at the highest humidity setting (90 % RH). The
228 phase transition does not involve a significant change in phase topology, making the transition
more facile compared with the transition to a hexagonal or lamellar phase - although the Fd3m
230 arrangement is thought to include inverse micelles of differing size (Seddon et al., 1990;
Shearman et al., 2010).



232



234 Figure 2. Inverse micellar d -spacing vs wt % fructose in the organic mixture under dry (~ 5 % RH) and humid (~ 90 % RH) conditions. A clear increase in d -spacing is visible upon humidification of each organic film.

236 A coexistent inverse micellar phase is observed for all organic compositions during these humidity experiments (Fig. 1(a)-(c) – broad peak at lower q values). This coexistence represents a heterogeneity within the organic film, implying a similar heterogeneity in physical properties. We cannot say for certain whether this phase separation is uniform throughout the film using this technique. However, the visible shift in the inverse micellar peak position during humidity changes suggests that the change is happening in the majority of the film *i.e.* the inverse micellar is distributed throughout the film.

244 The inverse micellar d -spacing increases with the amount of fructose in the mixture under dry and humid conditions (Fig. 2). The inverse micellar phase observed for all fructose-containing mixtures studied here has a much larger d -spacing than mixtures without fructose, where a d -spacing of ~28-32 Å is expected (Fig. S1 – SAXS of a hydrated levitated particle of this composition; Mele et al., 2018). Fructose therefore stabilises larger inverse micelles. Notably, under dry (~5 % RH) conditions fructose seems to have a marked effect on the inverse micellar d -spacing. This implies that fructose is collecting within the inverse micellar core and that possibly some water has been accommodated within the structure, explaining the increase in the average repeat distance between inverse micelles.

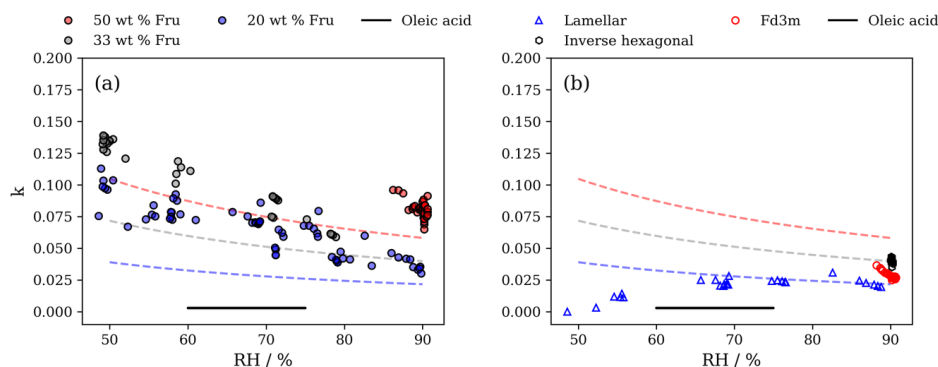
252 Increasing the humidity substantially increases the inverse micellar d -spacing for all compositions. This effect is most potent for the 50 wt % fructose mixture (Fig. 2). The observation highlights the ability of fructose to act as a humectant and stabilise large inverse micelles. It is worth restating that these inverse micellar phases at high RH are coexistent with more ordered phases. A measure of the hygroscopicity for each coexistent phase can be extracted from the SAXS data and is presented in *Hygroscopicity of observed nanostructures*.

258



Hygroscopicity of observed nanostructures

260 We have compared the hygroscopicity of the observed phases with what can be calculated
 261 from Raoult's law for fructose over the RH range studied here.



262 Figure 3. Plots of hygroscopicity parameter (κ) derived from d -spacings vs RH for the inverse
 263 micellar phases at different weight percentage fructose (wt % Fru) (a) and for other
 264 nanostructures including the lamellar phase (at 20 wt % fructose), inverse hexagonal (at 33
 265 wt % fructose) and close-packed inverse micellar (Fd3m, at 50 wt % fructose) (b). Dashed
 266 lines on both plots represent κ calculated for the same fructose-lipid ratio based on Raoult's
 267 law at a particular RH. The colours of the dashed lines correspond to the wt % fructose in the
 268 mixture. The κ value for oleic acid measured by Rickards et al. (2013) is also plotted for
 269 reference ($\kappa = 0.003 \pm 0.001$).

270 κ -Köhler theory derives aerosol hygroscopicity from particle sizes at different water activities
 271 (a_w ; Petters and Kreidenweis, 2007). The characteristic d -spacing calculated for each
 272 nanostructure observed here is related to its water content. We have applied κ -Köhler theory
 273 by measuring the change in d -spacing with a_w , to describe the hygroscopicity of each phase.
 274 RH was converted to a_w ($a_w = RH/100$) and it is assumed that the proxy film had equilibrated
 275 with the humidity inside the capillary (see the rapid change and equilibration of the d -spacing
 276 observed when changing RH in Fig. 1). Note that κ -Köhler theory is normally applied to aerosol
 277 particles linking particle growth with humidity. Here we are not measuring individual particles,
 278 we are measuring nanoscale changes in the structural repeat distances, which are correlated
 279 with water content. Equation 2 links the dry (V_d) and water (V_w) volumes with a_w and a
 280 hygroscopicity parameter (κ ; Petters and Kreidenweis, 2007).

$$\frac{V_w}{V_d} = \frac{a_w}{(1-a_w)} \kappa \quad (2)$$

282 The calculation of κ is based on the geometry of each phase and the information regarding
 283 the mass and volume fractions of the lipid and water regions derivable from the equilibrium d -
 284 spacings obtained by SAXS (Asghar et al., 2015; Kulkarni et al., 2011). A detailed explanation
 285 of the calculation of κ is provided in the ESI.

286 This parameterisation of hygroscopicity is based on a simplified model which does not account
 287 for non-ideal solution behaviour. Also, these experiments are not carried out on particle
 288 ensembles or single particles, as has been the application previously (Liu et al., 2021;
 289 Rickards, 2013). As theories of hygroscopicity are in general agreement at higher a_w (RH)
 290 (Rickards, 2013; Clegg et al., 1998; Wexler and Clegg, 2002; Fredenslund et al., 1975;
 Topping et al., 2005; Zuend et al., 2008; Zuend et al., 2011), our measurements of κ at high



292 RH (maximum 90 % RH) are the most informative. However, we caution the over-interpretation
293 of these κ values in the context of other hygroscopicity studies due to the experimental
294 differences between this study and others. These κ measurements do however provide a first
295 insight into the hygroscopic behaviour of these nanostructures and comparison between these
296 results is justified by the same method used to calculate κ .

The disordered inverse micellar phase formed at each composition is higher than what is
298 predicted by Raoult's law for fructose (Fig. 3(a)). These predictions assume that it is only the
299 fructose that takes up water. Therefore, the formation of the inverse micellar nanostructure, in
300 addition to the hygroscopicity of the fructose, increases κ beyond what would be expected
301 from the hygroscopicity of fructose alone.

302 The close-packed inverse micellar phase (Fd3m symmetry) appears to be less hygroscopic
303 than the Raoult prediction by a factor of ~ 2 at 90 % RH (Fig. 3(b)). This is in contrast to the
304 disordered inverse micelles coexistent with this nanostructure (Fig. 3(a)). The key difference
305 between the two nanostructures is that the close-packed inverse micelles are restricted in
306 space. The inverse hexagonal and lamellar phases are in better agreement with Raoult's law
307 predictions at > 85 % RH (Fig. 3(b)).

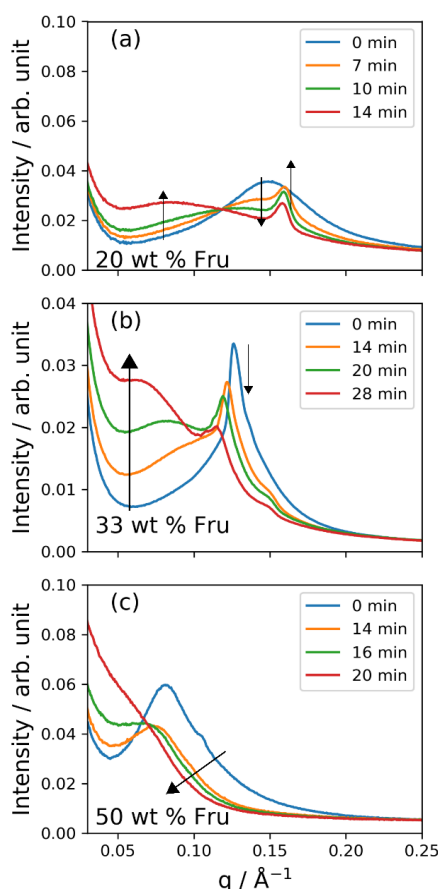
308 The lamellar phase appears to become much less hygroscopic at low RH. This may be
309 because of an increase in the inter-bilayer attractive forces at lower bilayer separations and/or
310 more restricted alkyl chains resulting from a more crystalline bilayer (Bahadur et al., 2019). A
311 crystalline form of this lamellar bilayer has been observed in similar systems (Tandon et al.,
312 2001; Milsom et al., 2021b).

As a thermodynamic parameter, κ reflects the energy changes involved in changing the nano-
314 structural parameters associated with phase hydration and dehydration. For the lamellar
315 phase, work must be done in order to overcome inter- and intra-bilayer repulsion when
316 increasing and decreasing the volume of water between bilayers (Parsegian et al., 1979). To
317 clarify, if there is attraction between bilayers, then it is easier for the lamellar phase to lose
318 water (i.e. lower κ at lower humidities where there is less distance and greater attraction
319 between bilayers). In the inverse hexagonal phase, the elastic free energy change associated
320 with a change in cylindrical radius is related to a bending modulus and the curvature of the
321 cylinder, both of which are associated with the bilayer-forming lipid and are affected by the
322 addition of other interacting molecules (Chen and Rand, 1997). The close-packed inverse
323 micellar phase is more sterically restricted than the disordered inverse micelles. The
324 disordered inverse micellar phase has the least frustrated hydrocarbon tails out of the
325 nanostructures presented here (i.e. they are not constrained close together, as is the case in
326 the hexagonal and lamellar phases). Removing water from inverse micelles requires more
327 energy to do because of the increased curvature that results, explaining the increased κ values
328 for inverse micelles compared with the lamellar, inverse hexagonal and inverse cubic close-
329 packed phases under similar conditions. These nanostructure-specific considerations help
330 explain the difference between experiment and prediction.

All κ values derived from our SAXS data are greater than what has been measured for pure
332 oleic acid (Fig. 3; Rickards et al., 2013). The addition of fructose alone does not account for
333 all of the differences in κ observed between pure oleic acid, predictions based on Raoult's law
334 and the nanostructured fatty acid proxy. There must be an effect of the nanostructure formed
and this effect is most pronounced for the disordered inverse micellar phase.



336 **Reactivity-nanostructure relationship**



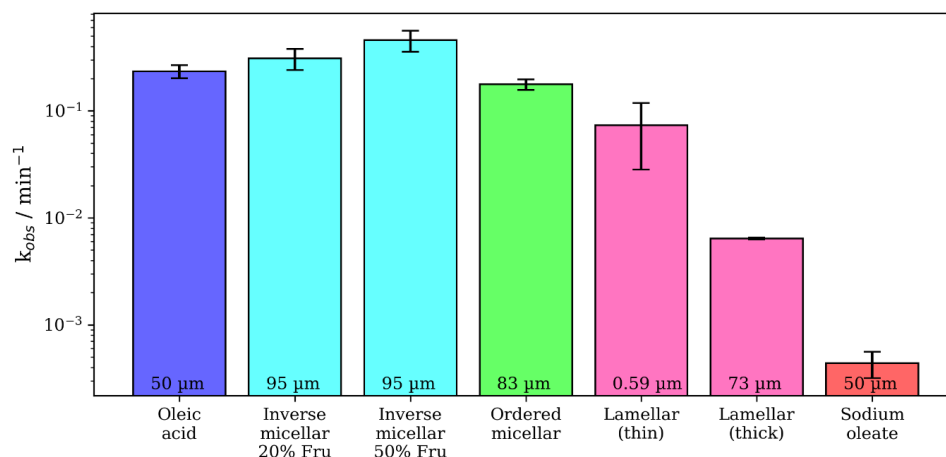
338 Figure 4. 1D SAXS patterns during ozonolysis of mixtures of: (a) 20 wt % fructose, (b) 33 wt
 340 % fructose and (c) 50 wt % fructose. Note the shift to low- q of the broad inverse micellar peak
 342 for each composition. An additional phase appears in the first few minutes of reaction for the
 20 wt % fructose mixture (a). The additional peaks associated with the ordered inverse micellar
 (P6₃/mmc) are revealed after ~ 20 min for the 33 wt % fructose mixture (b) – these are indexed
 in the ESI. [O₃] = 77 ± 5 ppm, RH < 5 %.

344 We subjected proxy coatings of fatty acid-fructose mixtures to ozonolysis under dry conditions
 analogous to our previous film kinetic study (Milsom et al., 2021a). Figure 4 presents the SAXS
 346 patterns and phases observed during ozonolysis for the fructose-containing mixtures studied
 here. There are broad peaks characteristic of the inverse micellar phase in all mixtures, this
 348 was the most commonly observed phase under these conditions. An extra feature from an
 ordered phase appears during ozonolysis for the 20 wt % fructose mixture (Fig. 4(a)) – this
 350 is discussed in conjunction with simultaneous Raman spectrometry later (see Fig. 6). An ordered
 phase is observed for the 33 wt % fructose film (Fig. 4(b)). Initially, the less intense peaks
 352 associated with this phase are obscured by the broad overlapping inverse micellar peak. After
 ~ 20 min of ozonolysis the broad peak has shifted to lower q and the other peaks are visible.



354 These peaks index closest to an ordered micellar phase with $P6_3/mmc$ symmetry, which has
 356 been observed before in levitated droplets of a similar proxy (Pfrang et al., 2017) – see ESI
 for phase indexing. This allowed us to measure the kinetic difference between ordered and
 disordered inverse micelles.

358



360 Figure 5. Pseudo-first order decay constants (k_{obs}) measured for the oleic acid-ozone reaction
 362 carried out on coated films of different composition and nanostructure. The thickness of each
 film is displayed at the bottom of each bar (see Table S1 in the ESI for all kinetic data and
 associated uncertainties). Oleic acid, sodium oleate and lamellar phase data are taken from
 364 earlier work (Milsom et al., 2021a). The lamellar phase was formed in a dry mixture of oleic
 acid: sodium oleate (1:1 wt). Oleic acid and sodium oleate decays were measured by following
 366 the C=C peak in the Raman spectrum as described in the methods. $[\text{O}_3] = 77 \pm 5$ ppm and RH
 < 5 %.

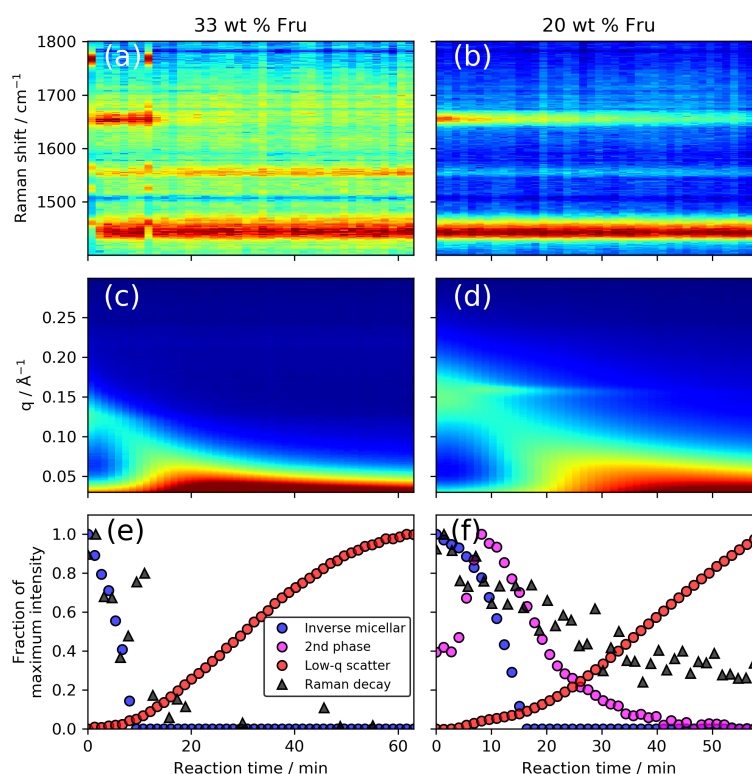
368 Reaction kinetics can be followed by SAXS using an analysis technique that we have
 developed (Milsom et al., 2021a). We took advantage of the time resolution offered by a
 370 synchrotron experiment to derive kinetic parameters for coated organic films of different
 composition and nanostructure (Fig. 5). All kinetic data are summarised in Table S1 and a
 372 more detailed derivation of these kinetic decay parameters is presented in Milsom et al.
 (2021a).

374 The disordered inverse micellar phase reacts faster than the ordered micellar phase coated
 at a similar thickness. This is to be expected as the close-packed inverse micelles are locked
 376 into their position, increasing the viscosity of the phase and therefore slowing the diffusion of
 small molecules such as ozone. The viscosity of close-packed inverse micelles can be in the
 378 order of 10^4 times higher than for the disordered inverse micelles (Pouzot et al., 2007).

An order of reactivity exists between nanostructures. We are now able to compare the
 380 reactivity of different phases formed by this proxy system and the reactivity of its constituent
 parts (Fig. 5). Going from most to least reactive: inverse micellar > close-packed inverse
 382 micellar > (dry) lamellar. Note that the lamellar phase in this case is anhydrous. As suggested
 by Hearn *et al.*, diffusion of ozone past the closely packed lamellar chains is likely to be
 384 hindered and the rate of reaction reduced as a result, limiting the reaction to the surface of the
 film (Hearn et al., 2005).



386 The close-packed (ordered) inverse micellar phase film was $\sim 12 \mu\text{m}$ thinner than the inverse
 388 micellar films. We have shown previously that film thickness can affect reactivity (Milsom et
 390 al., 2021a),⁴⁴ so we cannot rule out the effect of film thickness in these experiments. Though
 392 it was not possible to control film thickness, comparisons are still possible and actually reveal
 394 some stark differences in reactivity. Most notably is the comparison of the sub-micron lamellar
 phase film with $\sim 95 \mu\text{m}$ films of inverse micellar phase. The thin lamellar phase film reacts
 slower than the inverse micellar films despite the ~ 160 -fold difference in film thicknesses.
 There is also a difference of nearly two orders of magnitude between the thickest lamellar film
 ($73 \mu\text{m}$) and the inverse micellar films ($95 \mu\text{m}$).



396 Figure 6. (a) and (b) Raman spectra vs reaction time highlighting the disappearance of the
 oleic acid C=C peak at $\sim 1650 \text{ cm}^{-1}$ and the persistence of the $-\text{CH}_2$ deformation band at \sim
 398 1442 cm^{-1} for the 33 and 20 wt % fructose compositions, respectively. (c) and (d) simultaneous
 SAXS patterns vs reaction time showing the initial broad inverse micellar peak ($0.12\text{-}0.15 \text{ \AA}^{-1}$)
 400 which shifts to lower q and disappears. The increase in low- q scattering is also evident along
 402 with the appearance of a 2nd phase peak for the 20 wt % fructose composition (d). (e) and (f)
 Plots of maximum peak area intensity vs reaction time for key SAXS and Raman peaks.
 Raman decay is measured by following the C=C/ $-\text{CH}_2$ peak area ratio.

The inverse micellar d -spacing increases (q decreases) as ozonolysis progresses (Fig. 6).
 404 This experiment was carried out under dry conditions, so the increase in spacing must be a
 result of the reaction rather than any water uptake. We suggest that fructose itself reacts with
 406 one of the intermediate products. Common saccharides found in the atmosphere, including
 glucose (closely related to fructose), have been shown to react readily with Criegee
 408 intermediates that are formed as a result of ozonolysis (Enami et al., 2017). This forms ethers



410 of greater mass and therefore products are likely to take up more space, accounting for the
411 increase in d -spacing observed during our ozonolysis experiment. Fructose can form an ether
412 with oleic acid, however, to the author's knowledge, this has only been observed as an
enzymatic reaction (Ye and Hayes, 2011). Reaction with a Criegee intermediate is therefore
the most probable explanation.

414 Products may themselves self-assemble. The increase in low- q scattering observed here was
not observed during reactions of similar samples without fructose (Milsom et al., 2021a). This
416 suggests that the species causing the increased low- q scatter is associated with the fructose
in the system. If high-molecular-weight fructose products are formed, the marked increase in
418 low- q scatter suggests that these molecules aggregate into structures with large repeat
distances.

420 A new phase was formed in the with a peak in q -range of ca. 0.14–0.16 Å during the ozonolysis
of the 20 wt % fructose mixture (Fig. 4(a) and Fig. 6(d)). This was unexpected as it was
422 assumed that self-assembly would be destroyed by chemical reaction of the constituent fatty
acid, as observed previously (Pfrang et al., 2017; Milsom et al., 2021a). This phase took longer
424 to disappear compared with the initial inverse micellar phase. The reaction induced
heterogeneity in the film both in the nanostructure and corresponding physical properties. This
426 observation suggests that there is a dynamic relationship between nanostructure and the
chemical reaction of this fatty acid aerosol proxy. The identity of this phase is uncertain due to
428 the lack of a 2nd order peak in the SAXS pattern, however this peak appears where the dry
lamellar phase peak is expected to occur (Milsom et al., 2021a; Mele et al., 2018) – this is the
430 most likely arrangement. The atmospheric implications of the effect of nanostructure on
reaction kinetics will be discussed in the following section.

432 There is evidence that the oleic acid double-bond persists at the end of the reaction (Fig. 6(b)).
Simultaneous Raman spectroscopy on our deposited films shows clearly that the carbon-
434 carbon double-bond peak associated with oleic acid is still present at the end of the reaction
even though the initial SAXS peaks are not visible. The increase in inverse micellar d -spacing
436 (SAXS peak shift to lower q), the notable increase in low- q scattering and the persistence of
the double-bond suggests that oleic acid may be protected by the increase in viscosity
438 expected by the formation of larger molecular mass molecules, which have been identified as
products for the oleic acid-ozone system (Reynolds et al., 2006; Zahardis et al., 2005). This
440 persistence is consistent with recent work on coated capillaries and residues observed after
oxidising monolayers of atmospheric surfactants (including oleic acid) coated on water
442 (Milsom et al., 2021a; Woden et al., 2021; Woden et al., 2018; Sebastiani et al., 2022;
Sebastiani et al., 2018; King et al., 2009; Pfrang et al., 2014). This highlights the utility of a
444 simultaneous technique to measure reaction kinetics (Raman spectroscopy).

446 **Atmospheric implications**

A wide distribution of aerosol phase states in the atmosphere has been observed and
448 predicted with global chemistry models (Shiraiwa et al., 2017; Schmedding et al., 2020;
Virtanen et al., 2010). This phase state is dependent on the aerosol's environment, which
450 includes humidity and temperature. Aerosol multiphase processes are strongly affected by the
formation of semi-solid and glassy phases due to reduced gas-particle interactions and the
452 effect on particle diffusivity (Berkemeier et al., 2016; Zhou et al. 2019; Zhou et al. 2013;
Mikhailov et al., 2009; Koop et al., 2011; Zobrist et al., 2011). This in turn leads to phase-
454 dependent increases in aerosol atmospheric lifetimes, and can facilitate the long-range
transport of an aerosol substantially. Particle phase state and viscous aerosol organic coatings



456 have been linked to the long-range transport of polycyclic aromatic hydrocarbons (PAHs),
457 which are particularly harmful to human health by acting as carcinogens (Shrivastava et al.,
458 2017; Mu et al., 2018).

In the work presented here, we are adding a further organic aerosol component to our bottom-
460 up approach for this fatty acid aerosol proxy system with the addition of the sugar fructose,
461 which is commonly found in urban emissions. The addition of fructose induces nano-structural
462 changes by acting as a kosmotrope under humidified conditions. This shows that the
463 nanostructure depends on the organic composition in addition to the relative humidity. In this
464 study, we quantify two key properties affected by the nanostructure: hygroscopicity and
465 reactivity.

466 As illustrated in Fig. 3, the nanostructure increases the hygroscopicity parameter (κ) by as
467 much as a factor of ca. 10 to 50 compared to liquid oleic acid. Hygroscopicity determines the
468 water uptake of aerosol at a specific RH; we have previously shown (Milsom et al., 2022a)
469 that aerosol water content strongly impacts on viscosity.

470 Fig. 5 shows that the aerosol reactivity changes by nearly two orders of magnitude when
471 altering the nano-structural arrangement e.g. between a 73- μm thick lamellar film and a 95-
472 μm thick inverse micellar film. This strong effect of nanostructure on aerosol reactivity is likely
473 due to changes in viscosity and diffusivity.

474 Previously, we have shown that ozonolysis destroys self-assembly in fatty acid aerosol proxies
475 (Pfrang et al., 2017; Milsom et al., 2021a). Here we additionally show that ozonolysis can
476 induce the formation of a new intermediate molecular arrangement (see Fig. 6(d)),
477 demonstrating the possibility that self-assembly could be induced by the chemical reaction of
478 these atmospheric molecules with ozone. This, in combination with humidity-induced phase
479 changes, suggests a dynamic aerosol phase state which is dependent on the molecular
480 arrangement of the surfactant molecules.

Atmospheric aerosols exhibit heterogeneity both in terms of composition and physical
482 properties (Kirpes et al., 2019; Schill et al., 2015). Particle viscosity can become
483 heterogeneous during chemical reaction and exposure to humidity (Hosny et al., 2016). We
484 have now demonstrated that nano-structural heterogeneity exists during humidity change and
485 ozonolysis where different nanostructures coexist. There must therefore be a heterogeneity in
486 hygroscopicity in our proxy films due to the link between nanostructure and κ (see Fig. 3). The
487 formation of an intermediate nanostructure during ozonolysis observed here suggests that
488 viscosity may not be equal throughout the film and that the diffusivity of small molecules such
489 as ozone throughout the particle would also not be uniform, affecting the lifetime of the proxy
490 (Shiraiwa et al., 2011b). The increase in d -spacing we observed between inverse micelles
491 during ozonolysis suggests that larger molecules are formed as a result of the reaction (see
492 Fig. 4 and Fig. 6(c) & (d)). These larger molecules may also contribute to film heterogeneity
493 and alter the reactive lifetime of these molecules.

494 Sugars and fatty acids, such as fructose and oleic acid, are commonly encountered
495 components of aerosols emitted in urban (Wang et al., 2006) and marine (Fu et al., 2013)
496 environments. Specifically, saccharides (sugars) have been identified along with fatty acids
497 as major components of thick (μm -scale) organic coatings observed on sea spray aerosols
498 (Kirpes et al., 2019) and also in a cafeteria environment (Alves et al., 2020), demonstrating
499 the wide range of environments our proxies represent. Their relative abundances can vary
500 significantly depending on season, time of day and location. In this study we have shown that
501 the proxy sugar content has a substantial impact on aerosol physical properties via a change
502 in nanostructure. We conclude that, as the relative amount of sugar and fatty acid changes



504 between environments, nanostructures could also vary depending on the location and
emission type.

506 We have now demonstrated that the reactivity of surface-active oleic acid depends not only
on whether it is self-assembled (Pfrang et al., 2017; Milsom et al., 2021a), but also on the
508 specific nanostructure it adopts (see Fig. 5). Our results suggest that the lifetime of surfactant
material would depend on nanostructure, which in turn is linked to aerosol composition. The
510 persistence of surface-active material has been demonstrated at the air-water interface
(Woden et al., 2021; Woden et al., 2018; Sebastiani et al., 2022; Sebastiani et al., 2018; King
512 et al., 2009; Pfrang et al., 2014). Simultaneous Raman microscopy suggests that oleic acid
can persist in the films studied here, a finding consistent with non-fructose-containing films of
514 this proxy (Milsom et al., 2021a). We have demonstrated that the reactive lifetime of oleic acid
can vary by orders of magnitude as a result of different molecular arrangements. There is a
516 link between surfactant content and cloud droplet formation potential as a result of a reduction
in surface tension (Bzdek et al., 2020; Ovadnevaite et al., 2017; Facchini et al., 2000; Facchini
518 et al., 1999). Therefore, any increase in surfactant lifetime would imply a similar increase of
the cloud formation potential of a surfactant-containing aerosol, such as aerosols emitted from
cooking or sea spray containing oleic acid and/or related species.

520

Conclusions

522 Our work has clearly shown that changes in the nanostructure, induced by humidity changes,
can directly affect both water uptake and reactivity which are known to be two key aerosol
524 ageing processes. ^{e.g. Pöschl, 2005}

526 Crucially, we have demonstrated and quantified the direct link between the nanostructures
formed by fructose-containing fatty acid mixtures and the key aerosol properties of
hygroscopicity and reactivity for the first time by utilising synchrotron SAXS and complimentary
528 Raman microscopy. This combination of SAXS and Raman data allowed us to infer key
atmospheric aerosol properties and extract information from coexistent nanostructures to draw
530 comparisons between these. As a result, heterogeneity could be revealed during humidity
exposure and ozonolysis. Our findings demonstrate that self-assembly of fatty acid
532 nanostructures can massively alter both water uptake and chemical reactivity, with significant
impacts on (i) urban air quality by protecting harmful urban emissions from atmospheric
534 degradation and therefore enabling their long-range transport; and (ii) climate by affecting
cloud formation. This could have fundamental implications for human health and wellbeing.

536

Data access statement

538 Data supporting with this study are available in the supporting information and from the
corresponding author upon request.

540

Conflicts of interest

542 There are no conflicts to declare.

544



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