

1 **Sedimentary organic matter signature hints at the phytoplankton-driven Biological**
2 **Carbon Pump in the Central Arabian Sea**

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11 **Abstract**

12 The Central Arabian Sea, a unique tropical basin is profoundly impacted by monsoon wind
13 reversal affecting its surface circulation and biogeochemistry. Phytoplankton blooms
14 associated with high biological productivity and particle flux occur in the northern part of the
15 central Arabian Sea due to summer monsoon-induced open ocean upwelling and winter
16 convection. The core Oxygen Minimum Zone (OMZ) at intermediate water depths is another
17 important feature of the north-central Arabian Sea and fades southward. In this study, we
18 attempt to interlink how these factors collectively impact phytodetrital export to the sediment.
19 Short sediment core top (1 cm) samples representing the recent particle flux signatures were
20 analyzed from 5 locations (21° to 11° N; 64° E) in the central Arabian Sea. Previously, we used
21 core top (0-0.5 cm) samples and observed a trend between diatom frustule abundance and
22 diversity with bulk sedimentary parameters indicating a spatial variability in phytodetrital
23 export to the sediment. To verify this observation further, lipid biomarkers of key
24 phytoplankton groups and a sea surface temperature (SST) proxy have been analyzed in
25 addition to diatom frustules. The C₃₇ alkenone-based SST proxy indicated cooler SST (27.6 ±
26 0.25 °C) in the north (21–15° N) mostly due to upwelling (summer) and convective mixing
27 (winter). Warmer SSTs (+0.4 °C) are measured in the south, which usually remains nutrient-
28 poor. This trend was consistent with satellite-derived average SST values (2017–2020). Lipid
29 biomarker analysis suggests that dinoflagellates were likely to be the highest contributor as
30 indicated by dinosterol and its degradative product dinostanol, followed by brassicasterol and
31 C₃₇ alkenone, likely representing diatoms and coccolithophores, respectively. The north, which
32 largely experiences periodic phytoplankton blooms and is influenced by the thick OMZ,
33 revealed the highest contents of organic matter, diatom frustules (diversity and abundance),
34 dominated by large thickly silicified cells (e.g. *Coscinodiscus* and *Rhizosolenia*), and
35 phytoplankton lipid biomarkers, as well as lower contents of zooplankton biomarkers
36 (cholesterol and cholestanol). In contrast, relatively smaller chain-forming centric (e.g.
37 *Thalassiosira*) and pennate (e.g. *Pseudo-nitzschia*, *Nitzschia*, *Thalassionema*) diatom frustules
38 along with lower phytoplankton lipid biomarker contents were found in the south where
39 zooplankton biomarkers and silicious radiolarians were more abundant. The possible impacts
40 of OMZ on particle flux related to the phytoplankton community, including zooplankton
41 grazing and other factors have been discussed.

42
43 **Keywords: Phytodetritus; North Indian Ocean; Monsoon; Biomarkers; Brassicasterol;**
44 **Dinosterol**

47 1. Introduction

48 Marine phytoplankton modulate the global carbon cycle by fixing almost 48 Gt C annually
49 (Singh and Ahluwalia, 2013) which corresponds to 50% of the global primary production
50 (Field et al., 1998; Behrenfeld et al., 2006). This amount of organic matter produced within the
51 euphotic layers, where more than 1% of sunlight arrives, supports the entire marine food chain
52 including the benthic population. Nearly 10% of this organic matter (large and dense
53 phytodetritus) sinks to the upper mesopelagic ocean and gets further fragmented by
54 zooplankton and microbially remineralized on its descent into the deep ocean. Only 1–3% of
55 this phytodetritus can reach the seafloor below 1000 m water depth (Iversen, 2023) and can be
56 stored for hundreds to millions of years (Buesseler, 1998), and is called sequestration flux. This
57 way of trapping carbon from the atmosphere to the ocean interior mediated by phytoplankton
58 is called the Biological Carbon Pump (BCP) (Volk and Hoffert, 1985; Le Moigne, 2019;
59 Iversen, 2023 and references therein). However, the organic matter in the surface sediment can
60 be further modified biogeochemically. The strength of BCP is governed by many factors, such
61 as heterotrophic remineralization of organic matter, dissolved oxygen (DO) levels,
62 temperature, phytoplankton community composition, cell size, and zooplankton activity
63 (Marsay et al., 2015; Keil et al., 2016; Cavan et al., 2017; Engel et al., 2017; Iversen, 2023).
64 Out of multiple factors controlling the efficacy of the BCP, phytoplankton community
65 composition (that controls organic matter stoichiometry), zooplankton grazing (Cavan et al.,
66 2017), and mid-water oxygen concentrations (Keil et al., 2016) are crucial factors. Thus,
67 understanding the functioning of the marine BCP in productive marine ecosystems needs
68 attention, particularly in the context of changing climate (Iversen, 2023).

69 Diatom frustules, dinoflagellate cysts, and lipid biomarkers (e.g. sterols, alkenones) preserved
70 in sediments could be potential proxies for the reconstruction of productivity and organic
71 matter transport from the surface to the deep sea floor (Liu et al., 2013; Hu et al., 2020; Xiong
72 et al., 2020 and references therein). The responses of phytoplankton to changing climate as
73 well as other environmental variables can be retrieved from the sediments and may help predict
74 future primary production, community shifts in marine ecosystems, and the ocean's role as a
75 carbon sink. Generally, the siliceous frustules of diatoms are more resistant to grazing and
76 degradation and can be better preserved in sediments compared to other phytoplankton groups.
77 Sedimentary organic carbon, nitrogen, and their ratios, diatom frustules, and lipid biomarkers
78 (e.g. sterols and alkenones) are used to reconstruct past phytoplankton community shifts and
79 temperatures (Schubert et al., 1998; Liu et al., 2013; Rodríguez-Miret et al., 2023). The lipid
80 biomarkers of phytodetritus from the surface sediments can also provide valuable information
81 about the surface processes controlling phytoplankton growth (Xiong et al., 2020). For example
82 in a study by Peng et al. (2023), phytoplankton community shift was evident from lipid
83 biomarkers in the sediment core samples from the East China Sea. In a few studies, major
84 phytoplankton-derived lipid biomarkers like dinosterol, brassicasterol, and alkenone were also
85 used to correlate their contents with palaeoproductivity and associated changes of the sea ice
86 levels in the Arctic Ocean (Müller et al., 2011, and references therein).

87 The Arabian Sea in the northwestern part of the Indian Ocean is a unique marine province with
88 several characteristic features, for instance, the direct influence of monsoon winds on
89 oceanographic and biogeochemical processes, high productivity (McCreary et al., 2009), and
90 one of the thickest (200–1200 m) oxygen minimum zones (OMZ) in modern oceans (Banse et
91 al., 2014). The entire area experiences periodic reversals of monsoon winds and surface
92 circulation. During the summer (SW) monsoon, a low-level atmospheric jet (the Findlater Jet;
93 Findlater, 1971) blows parallel to the Omani and Somalia coasts, generating coastal and open
94 ocean upwelling in its northern part. Subsequently, due to natural nutrient enrichment,
95 phytoplankton blooms develop (Banse, 1987; Bhattathiri et al., 1996; Prasanna Kumar et al.,

96 2000). In the winter (NE) monsoon, winds and surface circulation reverse and in the northern
97 Arabian Sea, the cooling and densification of surface water leads to convective mixing
98 (Prasannakumar et al., 2001) that also fuels high phytoplankton growth (Madhupratap et al.,
99 1996).

100
101 In the Arabian Sea, the magnitude of particle transfer to the deep sea floor is directly controlled
102 by the surface processes (Schulte et al., 1999, Rixen et al., 2019a). The central Arabian Sea
103 exhibits one of the highest particle flux rates ($1.3\text{--}3.3 \text{ g C m}^{-2} \text{ year}^{-1}$) (Haake et al., 1993)
104 compared with other low-latitude seas (Rixen et al., 2019b). This is mostly associated with
105 enhanced biological productivity governed by summer monsoon-induced upwelling and winter
106 convection (Nair et al., 1989; Haake et al., 1993; Rixen et al., 2019a). Nevertheless, particle
107 flux could vary significantly (Nair et al., 1989; Prahl et al., 2000) during the intermonsoon and
108 premonsoon due to prevailing oligotrophy (Prasanna Kumar and Narvekar, 2005).

109
110 The impacts of atmospheric forcings and consequent biological response in the central Arabian
111 Sea have been studied thoroughly during the joint Global Ocean Flux Studies (JGOFS, from
112 1987 to 2003). The monsoon wind is the major controlling forcing of physical, chemical, and
113 biological processes in the surface ocean (McCearry et al., 2009) with high spatial and seasonal
114 variability (Prasanna Kumar and Narvekar, 2005). However, there has been no further
115 investigation in the last two decades, although ocean warming continued with high spatial
116 variability (Roxy et al., 2016; Sharma et al., 2023 and references therein). Our previous study
117 showed that diatom frustules retrieved from the surface sediments from the central (Pandey et
118 al., 2023) and the eastern (Pandey and Biswas, 2023) Arabian Sea could be an efficient
119 indicator of surface processes controlling euphotic phytoplankton communities. There are a
120 few studies from the Arabian Sea characterizing sedimentary organic carbon using
121 phytoplankton biomarkers (Schubert et al., 1998; Prahl et al., 2000; Schulte et al., 1999; 2000)
122 suggesting such proxies from the surface sediment may be quite useful to understand the spatial
123 variability in organic matter transport. Prahl et al. (2000) used phytoplankton biomarkers (e.g.
124 C_{37} -alkenones, dinosterol, β -sitosterol) from sediment trap samples as well as from the surface
125 sediments over a year from the central Arabian Sea ($15^{\circ}59'N$, $61^{\circ}30'E$) and showed the
126 seasonal variability of biological productivity. Nevertheless, the degradation of organic matter
127 in the water column could be quite high during their descent through the water column pointed
128 out by Wakeham et al. (2002) in their work on lipids from the water column of the western
129 Arabian Sea.

130
131 Importantly, the Arabian Sea is warming at a faster pace compared to other oceanic regions
132 (Roxy et al., 2016; Sharma et al., 2023), and how the phytoplankton-driven organic matter
133 transport may respond to that change is still poorly understood. Furthermore, recent modeling
134 studies (Vallivattathillam et al., 2023) as well as data from biogeochemical-Argo floats (Liu et
135 al. 2024) hinted at a possible thinning of the OMZ in the Arabian Sea that may substantially
136 impact organic matter degradation within the water column, specifically in the southern part
137 (Roxy et al., 2016). To fill this gap, we want to address three major questions in this study, 1)
138 Which phytoplankton group dominates the sedimentary organic matter in the various stations
139 of the transect from north to south? 2) Does high spatial variability in the phytoplankton
140 community composition driven by physical forcing also impact organic matter transport? 3)
141 What are the possible factors (hydrography, physicochemical conditions, and atmospheric
142 forcings) being responsible for such spatial variability in organic matter transport in this
143 region? To address these questions, we have measured key parameters from surface sediments
144 including lipid biomarkers, alkenone-based SST reconstruction, and diatom frustules combined
145 with a few recent in-situ observations on hydrography, biogeochemistry, and phytoplankton

146 community from the central Arabian Sea (Silori et al., 2021; Chowdhury et al., 2021; Pandey
147 et al., 2023; Chowdhury et al., 2024). In our previous study (Pandey et al., 2023) using the core
148 top (0–0.5 cm) samples we observed a trend between diatom frustules abundance and diversity
149 with sedimentary parameters and atmospheric forcings. In this study, lipid biomarkers of other
150 phytoplankton groups including diatoms are considered to understand their contribution to
151 organic matter flux. Further, a lipid biomarker as an SST proxy has also been studied to
152 correlate with atmospheric forcings.
153

154 **2. Methodology**

155 **2.1. Sample collection**

156
157 During cruise SSD–068 (Dec 2019 to Jan 2020) with *RV. Sindhu Sadhana* five short sediment
158 cores were obtained using a multicorer (Ocean Scientific International Limited Maxi Multi-
159 corer; core tubes 60 cm, outer diameter 11 cm and 10 cm inner diameter) along a transect from
160 11–21° N at 64° E (Fig. 1a). These short cores were collected at 21° N, 19° N, 15° N, 13° N,
161 and 11° N with varying water depths between 3000 m and 4500 m (Fig. 1a). The cores were
162 subsampled onboard immediately in 0.5 cm slices and were kept in pre-cleaned plastic
163 containers at 0–4 °C. The advantage of using a multicorer is better preservation of the topmost
164 parts of the sediment core compared to other devices like box or gravity coring (Barnett et al.,
165 1984). For this study, we used the top 1 cm (0–0.5 cm and 0.5–1 cm slices) of cores for all
166 related analyses. Note that the core top samples (0–0.5 cm) were analyzed for total inorganic
167 carbon (TIC), total organic carbon (TOC), total nitrogen (TN) as well as diatom frustules and
168 diversity including radiolarian abundance earlier by Pandey et al. (2023).
169

170 **2.2. Analytical method**

171 **2.2.1. Total inorganic carbon (TIC), total organic carbon (TOC), and total nitrogen (TN)** 172 **contents**

173 Sediment samples (0.5–1 cm) were dried at 60 °C overnight and ground using agate mortar and
174 pestle. Aliquots (10 mg) of sediment samples were taken in tin capsules. Total carbon (TC) and
175 TN were measured using a CHN Elemental analyzer (Euro Vector EA3000 series analyzer) at
176 the Central Analytical Facility of CSIR-National Institute of Oceanography, Goa, India) against
177 soil reference material NC soil standard (5g 338 40025 procured from Elemental Microanalysis
178 Ltd, UK, Soil Standard Clay OAS Cat No. B2051–Certificate No. 341506) used for carbon and
179 nitrogen with an analytical error of < 2%. The TIC contents were measured against the calcium
180 carbonate (CaCO₃) standard (Merck, Germany) in a coulometer attached to an acidification
181 module (Model CM5015 (UIC, USA). The accuracy and precision obtained from the results
182 were within ± 1.25%. TOC values were calculated by the difference between TC and TIC (TOC
183 =TC-TIC).

184 **2.2.2. Analysis of silica-bearing organisms from sediments**

185 The diatom frustules and other siliceous organisms from sediments (0.5–1 cm) were
186 enumerated following the method by Armbrrecht et al. (2018). The dried sediment subsamples
187 (50 mg) were taken in a 15 mL sterile polypropylene tube and were treated chemically with
188 10% HCl, 30% H₂O₂, and 0.01 N anhydrous sodium diphosphate (Na₄P₂O₇) for removing
189 carbonate, organic matter, and fine clay, respectively. After each chemical treatment, samples
190 were washed three times with 15 mL Milli-Q water. Finally, the residue remaining after the
191 last rinse and decantation was diluted with Milli-Q to 10 mL and was homogenized. A small
192 portion (1 mL) from this homogenized solution was analyzed under an inverted microscope

193 (Nikon Ti2) in a Sedgewick rafter counting chamber (Pyser, UK) at 400–600× magnification.
194 The classical identification keys by Tomas (1997), Desikachary (1989), and
195 <http://www.algaebase.org> were used. No centrifugation was used in this process to avoid the
196 breaking of frustules. Further, the diatoms more than half in size were considered complete
197 valves (Abrantes and Sancetta, 1985). The diatom abundance was expressed as valves g⁻¹ dry
198 sediment. Radiolarians were also enumerated along with diatom frustules and given as
199 individuals g⁻¹.

200 2.2.3 Biomarker analysis and SST proxy

201 Lipid biomarker analyses were carried out at the Institute for Geology, University of Hamburg,
202 Germany. About 11 g to 19 g of freeze-dried and ground samples were used to obtain total lipid
203 extracts (TLEs) by using an Accelerated Solvent Extractor (ASE200, DIONEX). Before
204 extraction, a known amount (10 ng μL⁻¹) of internal standards (14-heptacosanone,
205 nonadecanol, and dialkylglycerol ether-18 (DAGE-18)) were added to the samples. The ASE
206 extraction for each sample was carried out at 100°C and 1000 PSI for 5 minutes in 3 cycles by
207 using the solvent mixture dichloromethane: methanol (DCM: MeOH, 9:1). The TLEs were
208 then concentrated with rotary evaporation and were separated later into a hexane-soluble
209 (adding *n*-hexane) and hexane-insoluble (adding DCM) fraction via NaSO₄ column
210 chromatography. To separate the hexane-soluble fraction into a neutral- and acid fraction via
211 saponification (at 85°C for 2 hrs) a 5 % potassium hydroxide (KOH) in MeOH solution was
212 added to this fraction. Then, the neutral fractions were obtained by adding *n*-hexane to the
213 saponified fraction, vortexing, and pipetting the neutral fraction containing *n*-hexane layer into
214 a new vial. The neutral fractions were then separated into apolar-, ketone- (containing
215 alkenones), and polar fractions (containing sterols, stanols) by column chromatography packed
216 with deactivated silica gel (5 % H₂O, 60 μm mesh) using the solvents *n*-hexane, DCM, and
217 DCM: MeOH (1:1), respectively. We took 50% splits of the ketone- and polar fractions and
218 put them together, as some of the sterols and added standards for the sterol fraction were found
219 in the ketone fraction, too. For the derivatization of these fractions, a mixture of 200 μL
220 BSTFA: Pyridin (1:1) was added to the dried sample and heated at 80°C for 2 hrs followed by
221 drying under an N₂ environment.

222 To quantify the alkenones and sterols the samples were measured with a Thermo Scientific
223 Trace 1310 gas chromatography coupled to a flame ionization detector (GC-FID) equipped
224 with a Thermo Scientific TG-5MS column (30 m, 0.25 mm, 0.25 μm). H₂ as carrier gas was
225 used with a flow rate of 35 mL minute⁻¹ and the PTV injector started at 50°C ramped with
226 10°C/s to 325°C in a splitless mode. For the alkenones, the initial GC temperature was
227 programmed to 50°C (held 1 minute) and then ramped to a temperature of 230 °C with an
228 increased rate of 20 °C minute⁻¹, then increased at 4.5°C minute⁻¹ to 260 °C, and at 6 °C minute⁻¹
229 to 325 °C, which was held for 15 minutes. The peaks of alkenones were identified by
230 comparing the retention time for peaks of the samples with a known working sediment
231 standard. Quantification of the alkenones was done by using 14-heptacosane and
232 tetratriacontane with a known amount (10 ng μL⁻¹) as external standards. Repeated
233 measurements of the external standards yielded a quantification precision of 13 % (14-
234 heptacosanone) and 8 % (tetratriacontane). The alkenone saturation index was calculated using
235 the equation by Prah et al. (1988):

236
$$U_{37}^{kl} = \frac{C_{37:2}}{C_{37:2} + C_{37:3}}$$

237 to convert the U_{37}^{kl} index to SSTs we have used the core top calibration of Indian Ocean
238 sediments (Sonzogni et al., 1997):

239

$$SST = \frac{U_{37}^{k'} - 0.043}{0.033}$$

240 For each sample, at least a duplicate measurement was conducted, which yielded an average
241 precision of 0.1°C (1SD). Replicate extractions of a working standard sediment (n=2) and its
242 duplicate measurements where each replicate yielded an average precision of 0.5°C (1 SD).

243 For the quantification of the sterols, the initial GC temperature was 50°C (held for 3 minutes)
244 and then programmed to a final temperature of 325 °C (held for 20 minutes) with an increase
245 of 6 °C minute⁻¹. To quantify the sterols we used nonadecanol and DAGE-18 with a known
246 amount (10 ng µL) as external standards, with precision of 5.6 % and 4.9 %, respectively. To
247 identify the sterols the mass spectra of each sample were investigated using a Thermo Scientific
248 Trace GC Ultra coupled to a Thermo Scientific DSQ II mass spectrometer (GC-MS). He (2 mL
249 minute⁻¹ flow rate) was used as carrier gas. The initial GC temperature was 50 °C (held for 3
250 minutes) and ramped with 6 °C minute⁻¹ to 325 °C (held for 25 minutes). The mass spectra of
251 the compounds were then compared with published mass spectral data.

252 **2.2.4 Sea surface temperature (SST) and Chlorophyll *a* (Chl*a*) from satellite imagery**

253 The SST data was accessed from the climate reanalysis version 5 (ERA5) of the European
254 Centre for Medium-Range Weather Forecasts (ECMWF) (C3S, 2017). ERA5 covers the time
255 from 1979 to the present at a 0.25° × 0.25° grid. In this study, we used monthly mean of SST
256 data averaged for a period from 2017–2020 (downloaded from
257 <https://cds.climate.copernicus.eu/cdsapp#!/dataset/reanalysis-era5-single-levels?tab=form>.
258 Chl*a* values were derived from Aqua MODIS at a 4 km resolution. The average was calculated
259 from daily Chl*a* data during the period of 2017 Jan to 2020 Dec (downloaded from
260 <https://oceancolor.gsfc.nasa.gov/13/>).

261 **2.2.5 Statistical analysis**

262 The Shapiro-Wilk normality test and F test were used to check the normality and variance of
263 individual datasets, respectively. The statistical significance between differences for various
264 parameters was obtained using single-factor Analysis of Variance (ANOVA) in Microsoft
265 Excel 2019 at a 95% confidence level (probability $p < 0.05$). The correlations between the biotic
266 and environmental variables were derived using a linear multivariate model RDA (Redundancy
267 Analysis). The relationships between the key variables (biomarkers, frustules, radiolarian,
268 diatom community, TOC, TN, TOC: TN, TIC, and SST) are tested using the CANOCO version
269 4.5 software (Ter Braak and Šmilauer, 2002). In this test, cluster I contained biomarkers,
270 frustules, radiolarian, and diatom community, and cluster II included other variables (SST,
271 TOC, TN, TIC, TOC: TN).

272 **3. Results**

273 The sedimentary characteristics (TIC, TOC, TN), diatom frustule abundance, and diversity
274 including radiolarian abundance from this study (0.5–1 cm depth) and by Pandey et al. (2023,
275 core top 0–0.5 cm) are shown as average representing the top 1 cm of the surface sediment
276 (Table 1). Results of lipid biomarkers (0–0.5 and 0.5–1 cm) such as various phytosterols and
277 the summed C_{37:2} and C_{37:3} alkenones as well as U₃₇^{k'}-derived sea surface temperatures (SSTs)
278 are shown in Table 1. For further discussion of our results, the study area has been defined as
279 a northern part (north of the mean position of Findlater Jet) including sites 21 °N, 19 °N, and
280 15° N; and a southern part including sites 11 °N, and 13 °N (Fig. 1a).

281 **3.1 Bulk sedimentary analysis and SST reconstruction**

282 To compare with U_{37}^{kl} based-SST reconstruction, we present the SST values derived from
283 satellite data (Fig. 1b) averaged for the years 2017–2020. High spatial variability in SST is
284 observed from the north (mean 27.4°C) to the south (28°C). The surface chlorophylla (Chla)
285 value average from 2017-2020 is shown in Fig. 1c. A distinct north-south variability is noticed
286 with higher Chla values ($\sim 1\text{--}2\text{ mg m}^{-3}$) in the north and lower values in the south ($\sim 0\text{--}0.5\text{ mg}$
287 m^{-3}). TIC contents (Fig. 2a) are slightly higher in the south ($7.06 \pm 0.63\%$) compared to the
288 north ($5.15 \pm 1.57\%$) and this difference is statistically significant at a 94.7% confidence level
289 (single factor ANOVA analysis, Table 2). TOC contents (Fig. 2b) are substantially higher (p
290 < 0.001) above 15° N ($0.97 \pm 0.06\%$) reaching their highest value at 21° N and decreased
291 southward ($0.78 \pm 0.005\%$). TN values (Fig. 2c) revealed a similar trend as TOC and decreased
292 from 21° N ($0.11 \pm 0.001\%$) to 11° N ($0.07 \pm 0.009\%$). The average TN value (0.06 ± 0.008
293 $\%$) in the south is significantly lower ($p < 0.001$) compared to the north ($0.087 \pm 0.018\%$). The
294 ratio of TOC and TN (Table 1) is the lowest (9.5 ± 0.18) in the north at 21° N and increased at
295 the rest of the stations reaching >12 . The U_{37}^{kl} based SST (Fig. 2d) shows an average value of
296 $27.8 \pm 0.3^\circ\text{C}$. The coolest reconstructed SSTs ($27.6 \pm 0.25^\circ\text{C}$) are found in the north and are
297 nearly 0.4°C cooler compared to the south ($p < 0.05$) (Table 2).

298 3.2 Lipid biomarkers

299 The lipid biomarkers brassicasterol (Fig. 2e), dinosterol (Fig. 2f), dinostanol, the saturated,
300 degradative product of dinosterol (Fig. 2g), summed $C_{37:2}$ and $C_{37:3}$ alkenones (C_{37} alkenone) (Fig.
301 2h), cholesterol (Fig. 2i), and its degradative product cholestanol (Fig. 2j) are present in the
302 surface sediments from north to south.

303 Among phytoplankton lipid biomarkers, the average dinosterol contents ($98 \pm 64\text{ ng g}^{-1}$) found
304 in the surface sediment are the highest followed by brassicasterol ($64 \pm 44\text{ ng g}^{-1}$) and then C_{37}
305 alkenones ($39.4 \pm 12\text{ ng g}^{-1}$) (Table 1) and show significant linear positive correlations (R^2
306 $= 0.62\text{--}0.96$, $p < 0.05$) with each other. All three biomarkers show the highest concentrations at
307 the northernmost station at 21° N (Fig. 2; Table 1) and decrease to their minimum values at 11°
308 N . The sum of the major biomarkers (brassicasterol, dinosterol, and alkenones) representing
309 the major three phytoplankton groups, with the highest concentrations ($33.9 \pm 14.13\text{ }\mu\text{g g}^{-1}$
310 TOC) occur at 21° N compared to other stations ($19.96 \pm 9.5\text{ }\mu\text{g g}^{-1}\text{ TOC}$) (Fig. 2). The TOC
311 normalized values of dinosterol ($16.53 \pm 8.3\text{ }\mu\text{g g}^{-1}\text{ TOC}$) and brassicasterol ($12.37 \pm 5.2\text{ }\mu\text{g g}^{-1}$
312 TOC) are the highest at the northernmost station and decrease southward. However, the
313 average values of dinosterol (north: $12.81 \pm 6.3\text{ }\mu\text{g g}^{-1}\text{ TOC}$; south $7.8 \pm 4.47\text{ }\mu\text{g g}^{-1}\text{ TOC}$) and
314 brassicasterol (north: $8.64 \pm 4.75\text{ }\mu\text{g g}^{-1}\text{ TOC}$; south $5.81 \pm 3.48\text{ }\mu\text{g g}^{-1}\text{ TOC}$) are not
315 significantly different ($p > 0.05$) (Table 2). The average ratios of dinosterol to brassicasterol and
316 brassicasterol to alkenones are 1.5 and 1.6 (Table 1), respectively, without any significant
317 north-south variability (Table 2). However, none of the biomarkers showed any statistically
318 significant difference in their TOC normalized values between the stations.

319 Cholesterol (Fig. 2i), mostly varied between $10 \pm 2.5\text{ }\mu\text{g g}^{-1}\text{ TOC}$ (north) and $14.3 \pm 5.8\text{ }\mu\text{g g}^{-1}$
320 TOC (south) without any statistical significance. The TOC normalized values of cholestanol
321 (Fig. 2j) are lower in the northern ($11.8 \pm 6.3\text{ }\mu\text{g g}^{-1}\text{ TOC}$) than in the southern part ($15.9 \pm$
322 $11.4\text{ }\mu\text{g g}^{-1}\text{ TOC}$) and no significant correlation was noticed (Table 2).

323 3.3 Silicious organisms: Radiolarians and diatoms

324 Radiolarian abundance (Fig. 2k) in the central Arabian Sea varied between 1.07 and 2.13×10^4
325 individuals g^{-1} with the highest numbers at 13° N and the lowest at 21° N . Their occurrences
326 are found to be higher at the southern stations (1.84×10^4 individuals g^{-1}) compared to northern
327 stations (1.10×10^4 individuals g^{-1}) with statistical significance ($p < 0.05$) (Table 2). The

328 community is dominated by the genus *Tetrapyle* sp. and their abundance was higher in the
329 south.

330 Diatom frustules from the surface sediments show high spatial variability in both abundance
331 and diversity. The total frustule abundance in the central Arabian Sea (Supplementary Table 1;
332 Fig. 21) ranges between 2.78 and 6.36×10^4 valves g^{-1} . The highest frustule abundance is
333 observed at $19\text{--}21^\circ$ N and the least at 11° N. At station 19° N, the frustule abundance is the
334 highest ($6.36 \pm 0.2 \times 10^4$ valves g^{-1}) among all stations (Table 1). The frustule numbers found
335 in the north ($5.46 \pm 0.95 \times 10^4$ valves g^{-1}) are 1.67 times higher than in the south ($p < 0.01$).
336 Diatom frustule diversity has been calculated to understand the north-south distribution pattern
337 and the average Shannon–Wiener diversity index (H') is 1.6 ± 0.1 with the highest diversity at
338 21° N (1.8) (Supplementary Fig. 1). Microscopic analysis reveals a total of 23 genera, with 9
339 centric and 14 pennate diatoms. More than five-fold higher abundance of centric diatoms is
340 observed than pennate at all the locations ($p < 0.05$).

341 The overall diatom community in the sediment samples from the central Arabian Sea
342 (Supplementary Table 1; Fig. 3) is observed to be dominated by *Coscinodiscus* (40%),
343 *Thalassiosira* (34%), *Pseudo-nitzschia* (6%), *Rhizosolenia* (4%), *Hemidiscus* (4%),
344 *Thalassionema* (4%), and *Nitzschia* (3%). The northern stations are dominated by
345 *Coscinodiscus* sp., whereas the two southernmost stations are dominated by *Thalassiosira* sp.
346 In the north, the highest abundance (2.46×10^4 valves g^{-1}) of *Coscinodiscus* sp. was observed
347 ($p < 0.05$) with the least abundance at 11° N (0.61×10^4 valves g^{-1}). In the south, *Thalassiosira*
348 seemed to dominate (1.59×10^4 valves g^{-1}) without any statistical significance. The Bray-
349 Curtis similarity index usually indicates the similarity in the distribution pattern of different
350 diatom genera/species. The results reveal (Supplementary Fig. 2) that the two dominating
351 diatom genera, i.e. *Coscinodiscus* sp. and *Thalassiosira* sp. are grouped showing a similar
352 distribution pattern. The commonly occurring pennate diatom *Pseudo-nitzschia* is present
353 independently, whereas, *Rhizosolenia* and *Thalassionema* are grouped. The other two major
354 contributing diatom genera, *Hemidiscus* and *Nitzschia* reveal a similar pattern.

355 3.4 Statistical analyses

356 In the RDA biplot (Fig. 4), Axis 1 and 2 explained most of the variability ($\sim 97.2\%$). The biotic
357 variables and all other environmental parameters show a distinct association. Interestingly,
358 TOC, TN, the key phytoplankton biomarkers (dinosterol, brassicasterol, dinostanol, and
359 alkenones), along with diatom frustules abundance, and the major genera are grouped and are
360 at the opposite axis where TIC, SST, cholesterol, and radiolarian were together. The association
361 between the larger diatoms like *Coscinodiscus* and *Rhizosolenia* and organic matter including
362 brassicasterol depicts that the organic matter flux is coupled with diatom fluxes. The
363 positioning of *Thalassiosira* opposite these parameters also suggests that its abundance is
364 higher in the south associated with warmer SSTs. TOC: TN ratio and TIC along with SST are
365 found to be closely related in the RDA plot (Fig. 4).

366 4. Discussion

367 4.1 Physical forcing induced spatial variability in physicochemical properties

368 The alkenone-derived SST suggests a cooler northern part compared to the south along the
369 sampling transect (64° E, Fig. 2d). The annual average of satellite-derived SST also revealed a
370 similar trend. Such variability in SST from north to south could be attributed to monsoon wind
371 variability and related processes. During the summer monsoon, the physicochemical
372 parameters (wind speed, SST, nutrients, mixed layer depths [MLDs]) along 64° E show distinct
373 north-south demarcation due to the presence of the Findlater Jet (Findlater, 1971). In the
374 northern flank of this jet axis, the maximum influence of upwelling is evidenced by the

375 presence of cooler SSTs, high nutrient levels, and shallower MLDs (Silori et al., 2021;
376 Chowdhury et al., 2021; Chowdhury et al., 2024). Along the axis (~15–18° N) of the Jet the
377 highest wind speeds are recorded (Silori et al., 2021; Chowdhury et al., 2021; Chowdhury et
378 al., 2024). The coolest SST value at 15° N is most likely due to the advection of cool nutrient-
379 rich upwelled waters from the western coastal Arabian Sea (Bauer et al., 1991). Furthermore,
380 such high wind speeds for a prolonged period may also lead to evaporative heat loss leading to
381 a decrease in SST. Contrarily, in the south downwelling induced deeper MLDs (>100 m),
382 nutrient-poor waters along with higher SSTs are observed (Latasa and Bidigare, 1998;
383 Chowdhury et al., 2021; Silori et al., 2021). During the winter monsoon, surface circulation
384 reverses in this region, and in the northern Arabian Sea cold dry wind leads to evaporative
385 cooling and subsequent convection leading to cooler SSTs, and high nutrient levels. At the
386 same time, southern regions remain oligotrophic and warm. During the intermonsoon and
387 premonsoon, SST increases and nutrient level reduces substantially along the entire transect
388 (Prasannakumar and Narvekar, 2005). Consistent with this fact, the annual average satellite-
389 derived Chl a values (Fig. 1c) also indicated higher phytoplankton biomass in the north induced
390 by nutrient enrichment, whereas the south was mostly low productive.

391 **4.2 Spatial variability in particle flux, and phytoplankton dynamics**

392 **4.2.1 Organic matter**

393
394 The northernmost stations were the hotspots for particulate organic matter (POM) flux and sink
395 to the sediment floor (Fig. 2). The positioning of SST in the RDA plot (Fig. 4) opposite TOC,
396 TN, diatom frustules, and phytoplankton lipid biomarkers also supported this fact. The north-
397 south variability in phytodetritus flux could be also influenced by dissolved oxygen levels
398 within the mesopelagic zone (Fig. 5) as it directly controls microbial degradation and
399 zooplankton activity (Moriceau et al., 2018; Iversen, 2023). In our sampling transect, the
400 northern stations are under the influence of intense oxygen deficiency which decreases in
401 intensity and thickness towards the south (Banse et al., 2014). In their synthesis, Banse et al.
402 (2014) showed that the median DO values within 150–500 m depth in the northern stations
403 within the core OMZ vary between 0.04 and 0.30 mL L⁻¹. Conversely, in the south, these values
404 increased to 0.24–0.72 mL L⁻¹. Such spatial variability in OMZ distribution/intensity across
405 the stations could substantially alter the rate of organic matter mineralization, zooplankton
406 abundance (Cavan et al., 2017), and particle flux attenuation (François et al., 2002; Keil et al.,
407 2016). Fast and efficient mineralization within the mesopelagic may allow less organic matter
408 to be transported, whereas partial remineralization may lead to higher organic matter export
409 flux (Ragueneau et al., 2006). Therefore, the northern stations at an intense OMZ may have a
410 higher preservation potential of organic matter compared to the south (Fig. 5) as mentioned by
411 Schulte et al. (2000).

412

413 **4.2.2 Lipid biomarkers as indicators of phytoplankton and zooplankton**

414 Phytoplankton and zooplankton produce specific lipid biomarkers that are stored in ocean
415 sediments (Castañeda and Schouten, 2011; Meyer 1997; Volkman et al., 1998; Volkman, 2003)
416 and are commonly used to reconstruct past environmental changes (Castañeda and Schouten,
417 2011; Eglinton and Eglinton, 2008). For instance, calcifying nanophytoplankton *Gephyrocapsa*
418 *huxleyi* (also known as *Emiliana huxleyi*) and *Gephyrocapsa oceanica* are known to be the
419 main producers of C₃₇ (C_{37:2} and C_{37:3}) alkenones in the ocean (Brassell et al., 1986; Eglinton
420 and Eglinton, 2008; Prahl and Wakeham, 1987). In modern and past climate studies C_{37:2} and
421 C_{37:3} alkenones are used extensively as reliable SST proxies (Prahl et al., 1988; Sonzogni et al.,
422 1997). Among sterols, dinosterol and its degradative product dinostanol are often used as a
423 proxy to represent dinoflagellates (Meyers, 1997; Castañeda and Schouten, 2011).

424

425 Brassicasterol a commonly used biomarker of diatoms, may be produced by other microalgae
426 (Volkman et al., 1998). For example, haptophytes and dinoflagellates produce minor contents
427 of brassicasterol, depending on physicochemical parameters like nutrient availability and
428 temperature (Ding et al., 2019). Brassicasterol contents could be higher in diatoms under a
429 balanced N:P supply, whereas a reduced N:P leads to higher brassicasterol production in
430 dinoflagellates (Ding et al., 2019). Nevertheless, brassicasterol is produced by most of the
431 pennate diatoms as major sterol, however, the quantity may vary substantially in radial centric
432 diatoms (Véron et al., 1998). Although we do not have enough experimental/field evidence to
433 disapprove that brassicasterol is produced solely by diatoms and hence could be a valid proxy
434 for this group, several studies show that many diatoms produce brassicasterol in significant
435 amounts, specifically pennates and also many radial centric diatoms (Véron et al. 1998; Ding
436 et al., 2019; Jaramillo-Madrid, et al., 2019; Jaramillo-Madrid, et al., 2020). Likewise, we are
437 using brassicasterol to indicate the presence of diatoms as a group in the sedimentary organic
438 matter without assigning this lipid biomarker to any specific phylogenetic group, genera, or
439 species to indicate the sources.

440 TOC-normalized lipid biomarker contents indicate the relative contribution of major
441 phytoplankton groups to total organic matter found in surface sediments. Both total and TOC-
442 normalized phytoplankton lipid biomarkers revealed that dinoflagellates, diatoms, and
443 coccolithophores were the dominant phytoplankton groups (Fig. 2). All studies available from
444 the Arabian Sea using biomarkers (Schubert et al., 1998; Schulte et al., 1999; 2000; Prahl et
445 al., 2000) showed that dinosterol contents were higher than brassicasterol, both in sediment
446 core and trap samples, suggesting greater contributions of dinoflagellates compared to diatoms.
447 Likewise, we also observed nearly 1.5 times higher dinosterol contents compared to
448 brassicasterol. The dominance of dinosterol, C₃₇-alkenones, and some species-specific lipid
449 biomarkers for diatoms was found in sediment trap samples (2220 m depth) from the central
450 (Prahl et al., 2000), in two sediment core samples from the northeastern and southern Arabian
451 Sea (Schulte et al., 1999). Further, a long sediment core from the northern Arabian Sea close
452 to our sampling locations (22° 29.31' N, 65° 38.9' E) (Schubert et al., 1998) also reported the
453 same dominating phytoplankton groups in the Arabian Sea over the past 0.2 million years.

454

455 Since diatoms predominate over dinoflagellates during phytoplankton blooms (Chowdhury et
456 al., 2021; 2024) a higher contribution of brassicasterol over dinosterol should be expected,
457 however, it was the opposite in our study. This reverse trend can be explained by the seasonal
458 succession of phytoplankton communities in surface layers mostly driven by nutrient
459 stoichiometry related to monsoon wind forcings and grazing (Prahl et al., 2000; Rixen et al.,
460 2019a). It should be noted that organic matter on the surface sediment accumulates throughout
461 the year with variable depositional rates. Monsoon reversal also leads to changes in the
462 phytoplankton community (Sawant and Madhupratap, 1996; Latasa and Bidigare, 1998) that
463 may also affect the transfer of phytodetritus to the sea floor. Consequently, diatom frustules
464 largely represent the signature of the most productive seasons. In contrast, the nutrient-poor
465 phases are usually dominated by dinoflagellates and other calcifying nanophytoplankton.
466 Dinoflagellates grow slowly in nutrient-poor warm waters and can remain there for longer
467 periods (k-strategists) (Smayda and Reynolds, 2001; Glibert et al., 2016). Likewise, this
468 situation can be found at the southern stations, where high SSTs and oligotrophic conditions
469 were more favorable for the growth of dinoflagellates (Chowdhury et al., 2021; 2024). This is
470 reflected south of the 15° N station by the occurrences of dinoflagellates like *Gymnodinium*
471 sp., *Gyrodinium* sp, and *Katodinium* sp. with small cells (Garrison et al., 1998; Chowdhury et
472 al., 2021).

473 Moreover, unlike diatoms, which are photoautotrophs, most dinoflagellates could be either
474 heterotrophs or mixotrophs (Stoecker, 1999; Stoecker et al., 2017) which actively graze on
475 smaller phytoplankton including diatoms and even could be detritivorous feeding on particles
476 (García-Oliva et al., 2022). Mixotrophs could consume prey to meet their cellular nitrogen
477 demand and can simultaneously perform photosynthesis to gain carbon (Stoecker et al., 2017).
478 In the Arabian Sea, a significant part of the dissolved inorganic nitrogen is lost due to strong
479 denitrification within the OMZ and often becomes the growth-limiting nutrient for
480 phytoplankton (Ward et al., 2009). Therefore, particularly during the stratified oligotrophic
481 phases like intermonsoon and premonsoon, when SST increases fostering stratification,
482 nanophytoplankton, and dinoflagellates dominate over diatoms. Hence, the overall contribution
483 of dinoflagellates on an annual basis could exceed diatoms as dinoflagellates are constantly
484 present during both high-nutrient regimes and low-nutrient stratified warm water periods.

485 Another possible factor for the observed variability in brassicasterol to dinosterol could be due
486 to differences in their labile nature. It was claimed that diatom-rich organic matter could be of
487 higher lability (François et al., 2002) and may possess low transfer potential to the sea floor
488 (Alonso-González et al., 2010). Contrary to this, it was also observed that compared to other
489 phytoplankton (Cabrera-Brufau et al., 2021) diatom-rich organic matter is more of a refractory
490 nature against mesopelagic microbial degradation. Moreover, the phytodetritus of diatom
491 origin could be preferably consumed by the benthic communities than other phytoplankton
492 groups (Nomaki et al., 2021) and could be one of the reasons for lower brassicasterol over
493 dinosterol in the surface sediment. This is indeed difficult to conclude as we do not have enough
494 experimental evidence supporting/contradicting these hypotheses. Further, as mentioned
495 before we can not exclude, that brassicasterol is sourced by other phytoplankton groups than
496 diatoms.

497 In the central Arabian Sea, coccolithophores constitute an important part of the
498 nanophytoplankton community (Andruleit et al., 2004; Schiebel et al., 2004; Mergulhao et al.,
499 2006). The relatively high occurrences of substantial amounts of C₃₇-alkenones all along the
500 transect in our study indicate that coccolithophores may also contribute as a major part of
501 sinking phytodetritus, with slightly higher values towards the north (Fig. 2h). Sediment trap
502 studies from the south of the Findlater Jet (Mergulhao et al., 2006) reported the flux of
503 coccolithophores throughout the year justifying our observations.

504 **4.2.3 Diatom frustules**

505 In our previous study (Pandey et al., 2023), using the topmost (0–0.5 cm) part of the cores, a
506 trend in diatom frustule abundance and diversity from north to south was observed. After
507 compiling the data from 0.5 to 1 cm a similar trend was noticed. The highest abundance of
508 diatom frustules coupled with TOC and TN contents was found in the northern stations, which
509 most likely indicated higher organic matter transfer to the sediment compared to the southern
510 stations. The RDA plot (Fig. 4) also revealed that the abundance of large centric diatoms like
511 *Coscinodiscus*, *Rhizosolenia*, TOC, and TN contents as well as brassicasterol were grouped
512 and correlated significantly. In this context, it should be noted that the correlation between
513 brassicasterol and the major diatom taxa does not necessarily suggest that they are the sole
514 producers of this lipid biomarker as mentioned in the previous sections. This correlation most
515 probably indicates that the highest production of brassicasterol and diatom bloom might have
516 cooccurred and during this period, large diatoms like *Rhizosolenia* or *Coscinodiscus* also
517 dominated with many other centric and pennate diatoms that produce brassicasterol.

518 During both summer (Chowdhury et al., 2021) and winter monsoons (Sawant and
519 Madhupratap, 1996) in the northern Arabian Sea, *Coscinodiscus* and *Rhizosolenia* are the

520 major diatoms forming blooms and consequently, dominate the flux of biogenic silica (Rixen
521 et al., 2019a). A higher abundance of large *Rhizosolenia* frustules was also seen in the sediment
522 trap samples from the central Arabian Sea after the summer monsoon bloom (Rixen et al.,
523 2019a). The contribution of heavily silicified diatom frustules may in addition provide
524 ballasting effects (Smetacek, 1985; Tréguer et al., 2018) facilitating efficient organic matter
525 export compared to other phytoplankton groups (Buesseler, 1998; Boyd and Newton, 1999;
526 Zúñiga et al., 2021). Diatom bloom development in the Arabian Sea was found to be associated
527 with dissolved silica (DSi) availability (Chowdhury et al., 2021) and the depth of the silicicline
528 (Anju et al., 2020). The northern stations become DSi depleted ($<2 \mu\text{M}$) at the end of the bloom
529 (Chowdhury et al., 2021) and may lead to a mass sinking of frustules (Smetacek, 1985; Krause
530 et al., 2019) or they can be grazed and cell death may also occur due to viral attacks (Agusti
531 and Duarte, 2000). On the other hand, the abundance of small chain-forming diatoms such as
532 *Thalassiosira*, *Pseudo-nitzschia*, *Nitzschia*, and *Thalassionema*, enhanced in the surface
533 sediment in the southern stations (Fig. 3). Low nutrient conditions prevail in this region even
534 during summer and winter monsoons. During the intermonsoon and premonsoon oligotrophy
535 intensifies in these regions supporting the growth of smaller diatoms or non-diatoms (Garrison
536 et al., 1998; Tarran et al., 1999; Chowdhury et al., 2021) that could sink slower compared to
537 the larger cells in the north (Buesseler and Boyd, 2009).

538 Moreover, diatom frustules may dissolve while sinking and some of them (e. g. thickly
539 silicified frustules) reach the abyssal plain and are preserved in the seafloor sediments.
540 Nevertheless, the organic coating that protects siliceous frustules from dissolution (Lewin,
541 1961), can be degraded by heterotrophic bacterial activity (Bidle and Azam, 1999; Roubex et
542 al., 2008). The presence of OMZ in the northern stations (200–1200 m) could therefore slow
543 down such dissolution facilitating frustules to reach the sea floor. On the other hand, in the
544 south, small and thinly silicified diatom frustules (mostly due to DSi limitation) may be more
545 fragile as they travel through the well-oxygenated water column and higher heterotrophic
546 activity may enhance the risk of degradation leading to reduced frustules abundance on the
547 seabed. In addition to this, the almost 700 m deeper water column in the south compared to the
548 north could enhance the scope of degradation of sinking particles. This is consistent with our
549 observation.

550 **4.2.4 Zooplankton grazing**

551
552 Two proxies representing zooplankton have been considered in this study 1) sterol biomarkers
553 [cholesterol (Fig. 2i), and its degradative product cholestanol (Fig. 2j)], and 2) radiolarians
554 (Fig. 2k). Cholesterol and cholestanol are produced in high amounts by zooplankton and are
555 used as zooplankton proxies, nevertheless, some phytoplankton may also produce them in
556 insignificant quantities (Kohlbach et al., 2021; Taipale et al., 2016; Wittenborn et al., 2020).
557 Accordingly, the highest concentration of TOC-normalized cholesterol was found in the south
558 indicating more zooplankton activity. In the RDA biplot, SST was grouped with cholestanol
559 and was on the same side as cholesterol indicating higher zooplankton activity in the south.
560 The association of TIC with cholesterol indicates that calcareous zooplankton could also be a
561 source of cholesterol. Consequently, a higher fecal matter production could enhance particle
562 flux compared to the north. Nonetheless, a major part of the fecal matter could also be degraded
563 within the upper mesopelagic layer as reported by Iversen et al. (2017). In the Southern Ocean,
564 more than 87% of fecal matter produced in the surface ocean can be lost via remineralization
565 before reaching the upper mesopelagic zone (300 m) (Iversen et al. 2017). Likewise, the
566 warmer temperature in the mesopelagic water column at our sampling locations could facilitate
567 faster mineralization. Zooplankton grazing could largely alter the magnitude of carbon export
568 flux (Moriceau et al., 2018). Thus, the low abundance of mesozooplankton within the OMZ
569 may decrease defragmentation, which in turn slows down the bacterial remineralization of

570 phytodetritus allowing a higher amount of carbon to be exported to the abyssal plain (Cavan et
571 al., 2017) (Fig. 5). Likewise, the lower zooplankton activity in the mesopelagic OMZ of the
572 Arabian Sea (Wishner et al., 1998) may hinder particle fragmentation that usually accelerates
573 degradation (Briggs et al., 2020). Similarly, at the northern stations, lower zooplankton
574 abundance within the OMZ (Cavan et al., 2017) may restrict particle flux attenuation (Fig. 5).

575 In the western and central Arabian Sea, 50–100% of the diatom population can be grazed by
576 copepods (Landry et al., 1998; Smith et al., 1998; Gauns et al., 2005). Importantly, diatom cell
577 size can be a crucial factor that determines their grazing rates. Copepods exhibit the highest
578 grazing rate when the ratio between prey and predator body size remains 18:1 on average
579 (Hansen et al., 1994). In the north and at the axis of the Findlater Jet, the higher availability of
580 nutrients, particularly DSi could promote large and thickly silicified diatoms which are difficult
581 to graze for copepods (Hansen et al., 1994; Ryderheim et al., 2022). Subsequently, large centric
582 diatoms like *Coscinodiscus radiatus* and *Rhizosolenia* spp. could escape grazing by copepods
583 (Jansen, 2008; Löder et al., 2011) and can sink to the seafloor (Buesseler and Boyd, 2009;
584 Kemp et al., 2006). On the contrary, the bloom-forming diatoms with thinly silicified frustules
585 like *Chaetoceros* and *Leptocylindrus* (Sawant and Madhupratap, 1996; Chowdhury et al.,
586 2021) can be grazed easily and are usually not found in the sediment. However, the lipid
587 biomarkers of these diatoms (brassicasterol) may be preserved after transport through the water
588 column in fecal pellets in surface sediments. In the case of the southern stations, smaller
589 diatoms or non-diatoms could be consumed by microzooplankton (Swanberg and Anderson,
590 1985). Corroborating with this fact, the significantly higher number of radiolarians (Fig. 2k)
591 which mostly consume smaller phytoplankton, bacterioplankton, and copepods (Caron et al.,
592 1995) were higher in the south. A high abundance of radiolarians dominated by *Tetrapyle* sp.
593 that are found under high salinity was also reported by a previous study from the Arabian Sea
594 (Gupta, 2003).

595

596 **4.3 Influence of lateral advection**

597

598 Since there is evidence of advected waters reaching from the western Arabian Sea to its central
599 part, the chances of particle transport also need to be considered. Stable nitrogen isotopic values
600 of particulate organic matter ($\delta^{15}\text{N}_{\text{POM}}$, Silori et al., 2021) revealed that nutrient enrichment
601 mostly takes place via advection from the upwelling system as well as entrainment close to the
602 axis of the Findlater Jet (16–18° N). Earlier studies also noticed the presence of slightly low
603 saline waters in this region probably due to advection from the western Arabian Sea (Prasanna
604 Kumar et al., 2000). Additionally, Silori et al. (2021) reported lower $\delta^{15}\text{N}$ values of particulate
605 nitrogen during summer monsoon at the stations influenced by the axis suggesting laterally
606 advected dissolved inorganic nitrogen from the Somali upwelling region. However, so far there
607 is no report claiming that particulate organic matter can be advected such a long distance (~600
608 km) without being grazed/remineralized/sinking. Contrarily, there is plenty of evidence
609 showing a direct relation between phytoplankton bloom and particle flux in these regions
610 (Haake et al., 1993; Rixen et al., 2019a). Thus, the possibility of lateral transport of
611 phytoplankton or detritus from the western Arabian Sea to the seabed of the central Arabian
612 Sea may be overlain by vertical particle flux.

613

614 **Conclusions**

615 In our previous study (Pandey et al., 2023) using diatom frustules and sedimentary bulk
616 parameters from the topmost part of the sediment core (0–0.5 cm), we established a link
617 between the spatial trend in organic matter variability, atmospheric forcing, and phytoplankton

618 bloom. The present study aims for the first time to elucidate phytoplankton-driven particle flux
619 to the seafloor using sedimentary lipid biomarkers from the central Arabian Sea. Such studies
620 linking sedimentary organic matter to physical forcings and phytoplankton community have
621 rarely been conducted in the central Arabian Sea. Importantly, most of the studies using
622 sediment traps focused on diatoms and coccolithophores, but neglected dinoflagellates (Nair et
623 al., 1989). A few studies proposed that the diatom blooms could be replaced by dinoflagellates.
624 On the other hand, another study (Schubert et al., 1998), revealed that the relative contribution
625 of dinosterol was higher than brassicasterol over the last 0.2 million years in this basin.
626 Following this concept, we crosschecked the organic matter from the top 1 cm of surface
627 sediments from more locations across a spatially variable transect (from high to low
628 productive).

629 Our results indicated that dinoflagellates have contributed more to the sedimentary
630 phytodetritus compared to diatoms even in the recent past. We propose that diatoms and
631 coccolithophores do contribute to sedimentary particle flux. However, the dinoflagellates
632 dominate due to their survival strategies during poor nutrient supply. We show that the distinct
633 spatial variability in physical forcing drives the phytoplankton bloom and the particle flux is
634 also closely coupled. Nevertheless, we also need to mention that the diatom community
635 constructed from the frustules is not the direct producer of brassicasterol; the community
636 provides more information about the surface oceanic processes including nutrient availability.
637 The northernmost station in the central Arabian Sea was found to be a hotspot for sinking
638 particles followed by subsequent preservation mostly due to the prevailing OMZ (Fig. 5). Both
639 summer and winter monsoon-induced phytoplankton bloom dominated by diatoms led to the
640 sinking of large thickly silicified frustules on the sediment floor. We hypothesized that the low
641 oxygen within the thick OMZ could slow down the dissolution of frustules as well as
642 heterotrophic degradation and fragmentation by zooplankton leading to low flux attenuation.
643 Contrarily, in the south, higher dissolved oxygen levels could facilitate faster remineralization
644 and higher zooplankton activity resulting in more flux attenuation and reduced particle
645 transport to the sea floor. Contrary to the global scenario of expanding OMZs, a few recent
646 studies (Vallivattathillam et al., 2023; Liu et al., 2024) showed that the southern part of the
647 OMZ can get thinner in the future due to the higher supply of oxygen. Such changes could
648 facilitate higher heterotrophic activities within the mesopelagic and thus could impact particle
649 flux attenuation in this region and need to be investigated.

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668 **Statements and Declarations**

669 **Competing Interests:** *The authors have no relevant financial or non-financial interests to*
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675 *analysis, data curation, writing original manuscript and editing; HB: Conceptualization; Fund*
676 *acquisition; sampling; manuscript reviewing and editing; DB: sampling; manuscript*
677 *reviewing and editing NB: Sample analysis, Conceptualization; manuscript reviewing and*
678 *editing BG: Conceptualization; reviewing and editing*

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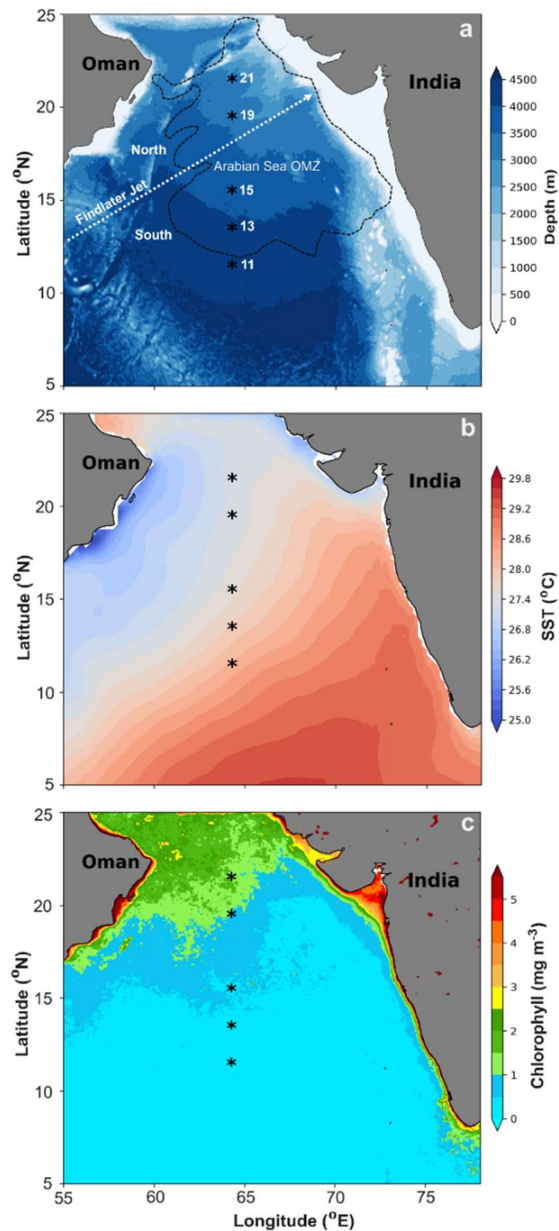
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1089 **Figure 1. a)** Map showing the study locations in the Central Arabian Sea along 64° E transect
 1090 during SSD-068 (Dec 2019). The low-level atmospheric jet (Findlater Jet) is depicted in white
 1091 dashed arrow and the boundary of the Oxygen Minimum Zone (OMZ) ($0.5 \text{ mmol L}^{-1} \text{ O}_2$
 1092 concentration) is displayed in the black dashed line; b) average SST (2017-2020) values
 1093 depicting spatial variability among the sampling stations from the north to south; c) average
 1094 Chl a values derived from the satellite for the period 2017-2020 over the Arabian sea, indicating
 1095 average phytoplankton biomass remains higher on an annual scale for the stations in the north
 1096 compared to the south.

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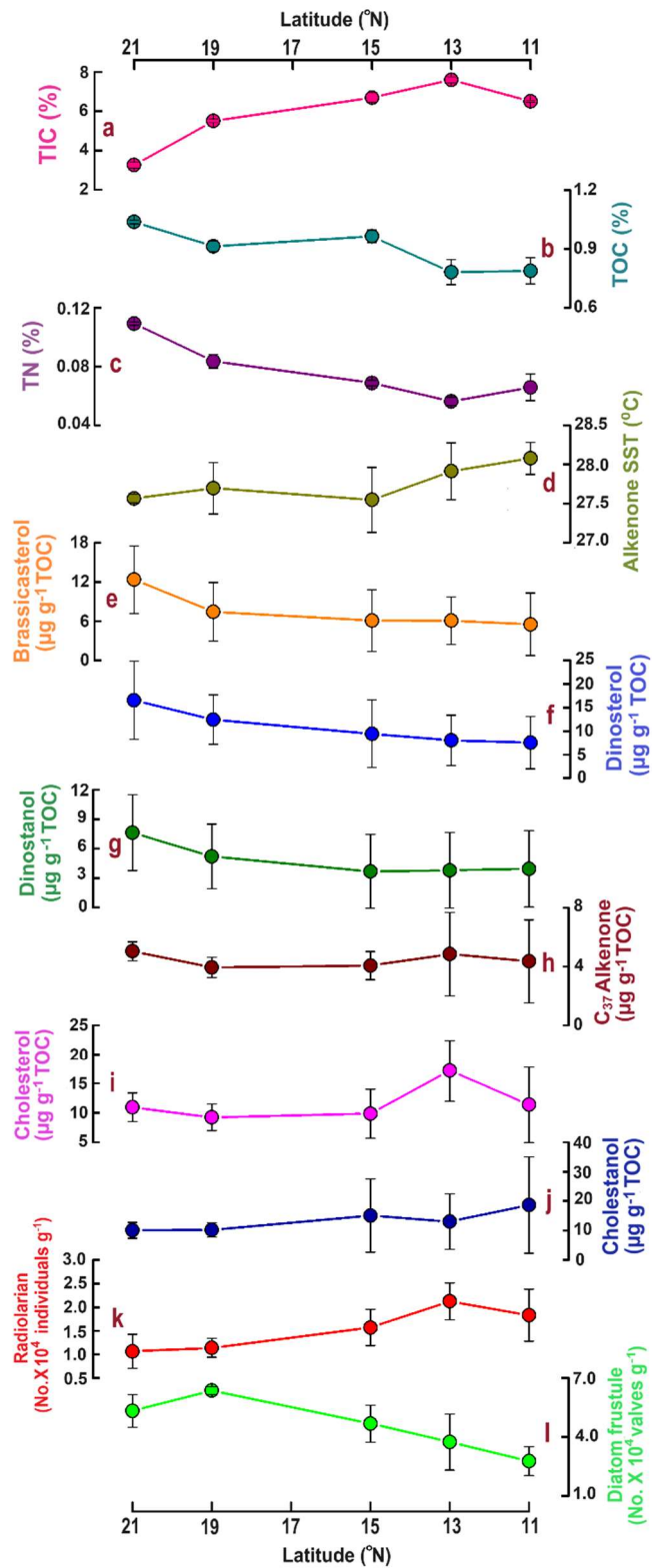
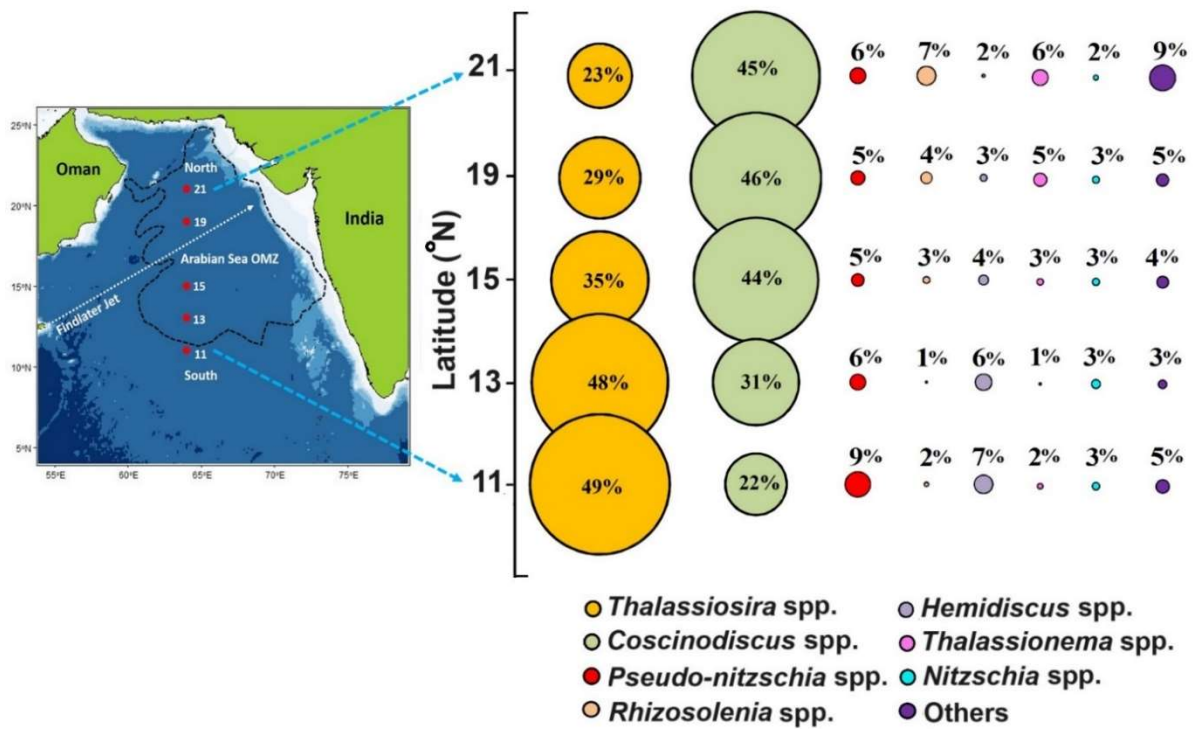
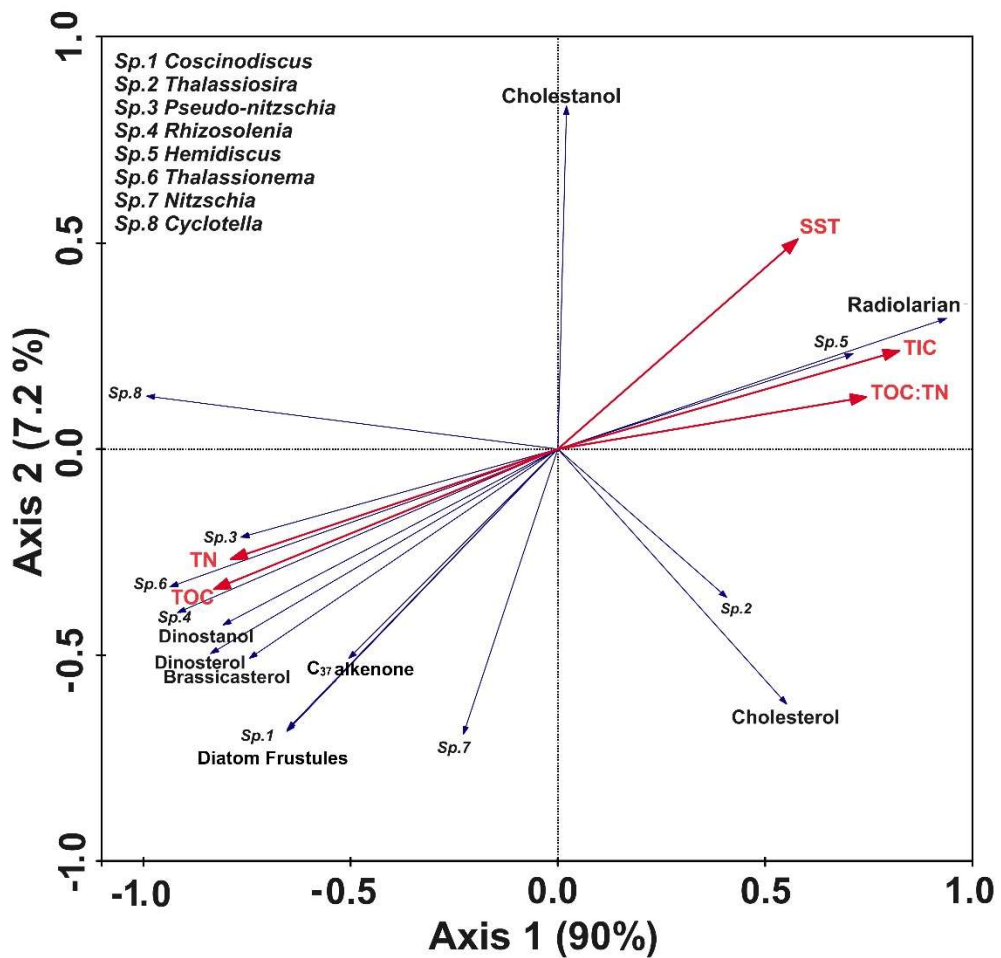


Figure 2. The distribution of total inorganic carbon (TIC %) (a), total organic carbon (TOC %) (b), total nitrogen (TN%) (c), alkenone based sea surface temperature (SST °C) (d), brassicasterol (e), dinosterol (f), dinostanol (g), C₃₇ alkenones (h), cholesterol (i), cholestanol (j), radiolarians (k), and diatom frustules (l) along the 64° E transect in the central Arabian Sea.



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Figure 3. The bubble plot shows the relative percentage of diatom frustules of major species (>3% of total abundance) from surface sediment samples (average of 0 – 0.5 cm and 0.5 - top 1 cm) along the 64° E transect in the central Arabian Sea. Individual contributions from centric and pennate diatoms <3% were summed as “others”. The colors denote the specific phytoplankton taxa as indicated by colored closed circles at the bottom of the panel.



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1150 **Figure 4.** RDA biplot shows the interrelationship between the key parameters shown in blue
 1151 (diatom frustules, biomarkers, radiolarians) and bulk sedimentary parameters indicated in red
 1152 (TOC; TN, TIC, TOC:TN; SST). The names of diatoms genera are marked as “Sp.” and are
 1153 mentioned in the top left side of the panel. Axis 1 and axis 2 explained nearly 97.2% of the
 1154 variability.

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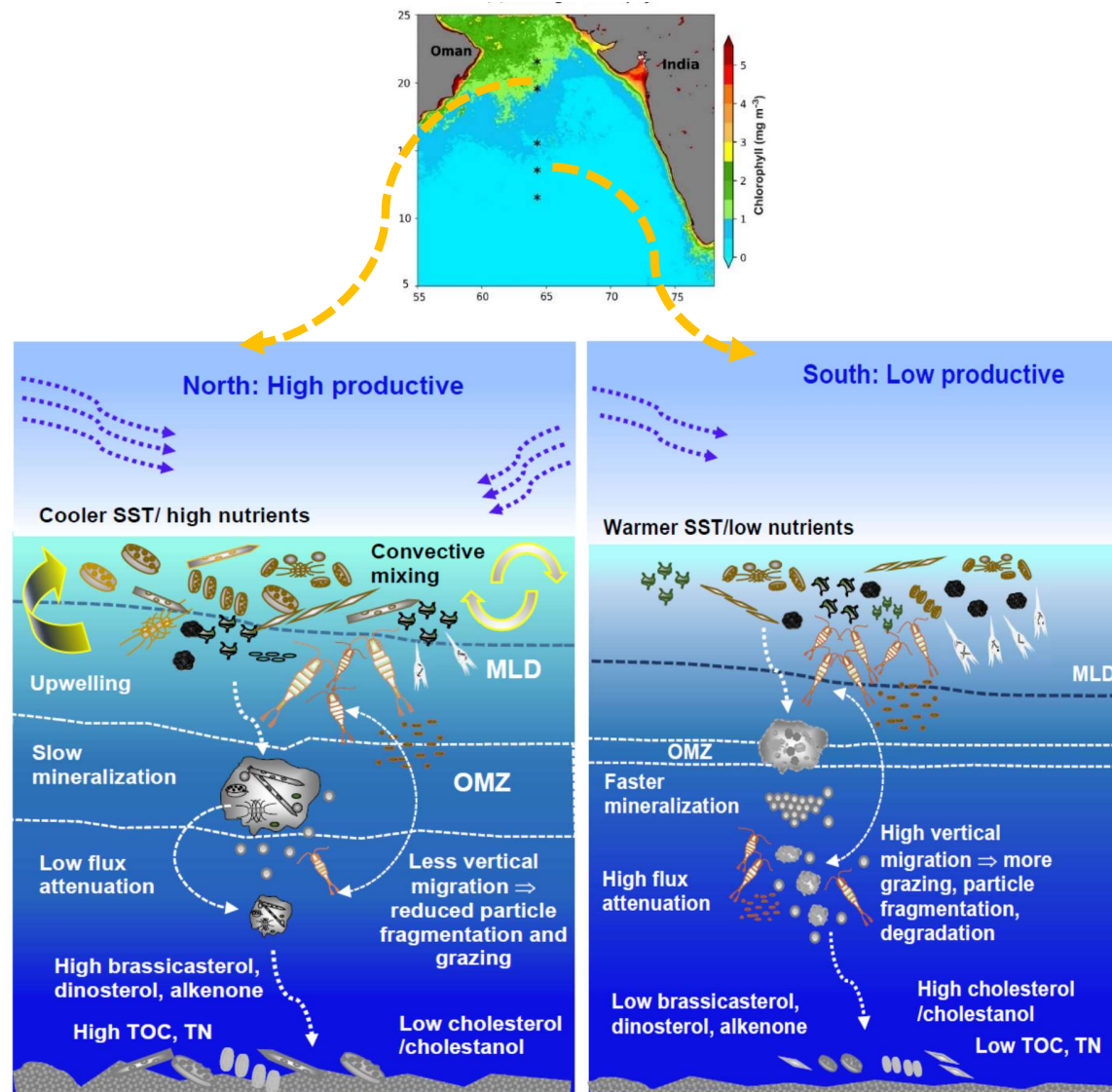


Figure 5. The schematic shows the spatial variability in particle flux along the 64° E transect in the central Arabian Sea.

1178 **Table 1.** Sedimentary characteristics, diatom frustules, and sterol concentrations in the surface sediments from the central Arabian Sea
 1179 (n =2±SD). The values represent the average from 0.5 and 1 cm core slices.

Latitude (°N)	21°	19°	15°	13°	11°	Average ±SD
TIC %	3.25±0.15	5.50±0.09	6.70±0.24	7.60±0.13	6.51±0.06	5.91±1.66
TOC %	1.04±0.01	0.91±0.03	0.96±0.03	0.78±0.06	0.79±0.07	0.90±0.11
TN %	0.11±0.001	0.08±0.005	0.07±0.002	0.06±0.003	0.07±0.009	0.08±0.02
TOC:TN	9.5±0.18	10.9±0.28	14±0.08	13.9±1.83	12.1±2.69	12.1±1.9
Alkenone based SST (°C)	27.6±0.05	27.7±0.33	27.5±0.42	27.9±0.36	28.1±0.20	27.8±0.2
Diatom frustule (No.×10⁴ valves g⁻¹)	5.33±0.83	6.36±0.20	4.69±0.94	3.75±1.43	2.78±0.73	4.58±1.39
Radiolarian (No.×10⁴ individuals g⁻¹)	1.07±0.36	1.14±0.20	1.57±0.38	2.13±0.39	1.83±0.55	1.54±0.45
Brassicasterol (ng g⁻¹)	128.0±52.6	68.6±43.0	58.2±43.5	46.4±24.4	42.0±33.9	68.62±34.77
Dinosterol (ng g⁻¹)	171.1±84.4	114.2±51.4	89.8±66.2	61.0±36.7	57.7±38.8	98.76±46.53
Dinostanol (ng g⁻¹)	79.0±39.4	48.0±31.5	34.7±35.2	28.3±27.8	29.8±28.0	43.95±21.05
C₃₇ alkenone (ng g⁻¹)	52.2±6.3	36.0±7.4	39.0±8.0	36.9±19.1	33.3±19.3	39.47±7.39
Cholesterol (ng g⁻¹)	113.2±24.4	84.4±23.3	94.1±36.8	132.3±29.5	87.3±42.9	102.27±20.21
Cholestanol (ng g⁻¹)	104.4±26.9	93.7±24.6	143.5±115.1	98.6±65.3	141.6±116.5	116.37±24.22
Dinosterol: Brassicasterol	1.31	1.78	1.55	1.28	1.49	1.5±0.2
Brassicasterol: Alkenone	2.41	1.82	1.41	1.25	1.16	1.6±0.5

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1181 **Table 2.** Average values of various parameters (n =2, ±SD) from the northern (21, 19, and 15° N) and southern stations (13 and 11° N)
 1182 of the central Arabian Sea. The values shown in **bold** “*p*” represent the level of significance (single-factor ANOVA at 95% confidence
 1183 level) between the northern and the southern stations.

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Parameter	North	South	<i>p</i> -value
Total Inorganic Carbon (TIC %)	5.15±1.57	7.06±0.63	0.05
Total Organic Carbon (TOC %)	0.97±0.06	0.78±0.05	0.0009
Total Nitrogen (TN %)	0.087±0.018	0.061±0.008	0.03
Alkenone derived SST (°C)	27.6±0.25	28.0±0.26	0.043
Brassicasterol (µg g⁻¹ TOC)	8.64±4.75	5.81±3.48	0.3
Dinosterol (µg g⁻¹ TOC)	12.81±6.30	7.80±4.47	0.2
Dinostanol (µg g⁻¹ TOC)	5.50±3.35	3.87±3.17	0.46
C₃₇ alkenone (µg g⁻¹ TOC)	4.34±0.81	4.60±2.33	0.8
Cholesterol (µg g⁻¹ TOC)	9.99±2.50	14.26±5.83	0.14
Cholestanol (µg g⁻¹ TOC)	11.80±6.33	15.85±11.39	0.49
Dinosterol: Brassicasterol	1.55±0.27	1.39±0.21	0.34
Brassicasterol: Alkenone	1.88±0.76	1.21±0.21	0.13
Diatom frustules (No.×10⁴ valves g⁻¹)	5.46±0.95	3.26±1.08	0.009
Radiolarian (No.×10⁴ individuals g⁻¹)	1.26±0.35	1.98±0.43	0.019

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