

Massive mobilization of toxic elements from an intact rock glacier in the Central Eastern Alps

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Abstract. In the Central Eastern Alps, an increasing number of high-altitude streams draining ice-rich permafrost display high concentrations of toxic solutes such as Al, F, Mn, and Ni that may strongly exceed drinking water limits. To obtain novel insights into the causes for the mobilization of toxic solutes and to assess the environmental hazard, here we present a two-year dataset (2021, 2022) of monitoring a high-alpine stream originating from an intact rock glacier located in Eastern Switzerland. The monitoring includes monthly sampling and discharge measurements as well as continuous tracking of the geogenic fluxes of toxic solutes using a pressure and conductivity probe. Our monitoring revealed high annual fluxes of up to 10 t per year with strong seasonal variations. In particular, the fluxes were highest during the warm summer months and showed strong correlations with hydraulic events such as snowmelt and heavy rainfall. These correlations likely occurred because the mobilization of toxic solutes reflects the last step of a complicate sequence of coupled processes including (i) the oxidation of sulfides producing sulfuric acid and promoting the dissolution of solutes from the host rock, (ii) temporal storage and long-term enrichment of the dissolved solutes in rock glacier ice, and (iii) their final hydraulic mobilization during climate-change induced accelerated degradation of rock glaciers. In the studied catchment, the concentrations of toxic solutes strongly exceeded the drinking water limits down to an altitude of 1900 m a.s.l. This depicts a significant hazard for the farmers and their products using the catchment in summer, while the hazard for larger streams in populated areas further downstream is considered limited. Since the fluxes of toxic solutes downstream of rock glaciers likely reflect their final hydraulic mobilization from the solute-enriched rock glacier ice, we hypothesize that flux measurements may serve as a novel environmental tracer to study permafrost degradation.

1 Introduction

Rock glaciers are distinct sediment bodies in high alpine environments often showing a tongue-shaped morphology. They comprise poorly sorted and angular rock debris, and ice. Based on their ice content and movement behavior, rock glaciers are categorized into three groups: i) active rock glaciers, which contain ice and show movement; ii) inactive rock glaciers, which

retain ice but no longer move; and iii) relict rock glaciers, which neither contain ice nor display movement. Both active and inactive rock glaciers are collectively referred to as intact (Haerberli, 1985; Barsch, 1996; Jones et al., 2019). Active rock glacier move as a result of the deformation of internal ice, leading to a gravity-driven creep of these landforms (Jones et al., 2019; Giardino and Vitek, 1988; Barsch, 1996). The internal structure of active rock glaciers is composed of three fundamental components. Firstly, there is the active layer, which is a seasonally frozen debris layer, usually several decimeters to a few meters thick (Humlum, 1997). Secondly, beneath the active layer, there is the rock glacier core consisting of a sediment-ice mixture that may contain lenses of pure ice (Ballantyne, 2018). Thirdly, an unfrozen, fine-grained layer typically occurs at the base of rock glaciers. This base layer acts as aquifer and thus strongly contributes to the high storage capacity of rock glaciers (Hayashi, 2020; Harrington et al., 2018). Therefore, rock glaciers represent valuable long-term freshwater resources and are important for high-alpine water budgets (Jones et al., 2018; Wagner et al., 2021). The current inventory of global rock glacier water volume equivalent has been recently estimated to 83.2 ± 16.64 Gt, representing about 2 % of the water volume equivalents stored in glaciers when excluding high-latitude cold regions (Jones et al., 2018). Because rock glaciers are more resilient to climatic fluctuations than mountain glaciers, the rapid retreat of the latter will increase the role of rock glaciers as freshwater storage with ongoing climate change (Jones et al., 2019 and references therein; Li et al., 2024). This is supported by the observation that in arid regions like North Asia, rock glaciers store up to 4% of the water equivalent found in mountain glaciers (Jones et al., 2018). A study in Austria suggested an even higher ratio of about 1:12 (8.3%) (Wagner et al., 2021a).

While rock glaciers may become more important for the drinking water supply of high-alpine regions (Jones et al., 2019; Wagner et al., 2020; 2021b), the anticipated increase in ice melt export rates may cause serious environmental challenges. In regions with sulfide-bearing (e.g., pyrite) and carbonate-free bedrock, such as in the Central Eastern Alps, an increasing number of high-altitude streams originating from intact rock glaciers display high concentrations of toxic solutes such as aluminum, nickel, manganese, and fluoride that may strongly exceed drinking water limits (Thies et al., 2007; Ilyashuk et al., 2014; Wanner et al., 2023). Outside the European Alps, the same is observed, for instance, downstream of permafrost areas in the Pyrenees in Spain (Zarroca et al., 2021) or the Rocky Mountains in the US (Todd et al., 2012). Moreover, elevated solute concentrations have also been observed downstream of ice glaciers (e.g., Fortner et al., 2011; Dold et al., 2013). Most recently, highly acidic conditions and high solute concentrations have been additionally described in seeps draining high-latitude permafrost areas in Alaska, affecting the water quality of streams on the regional scale (O'Donnell et al., 2024). It follows that elevated solute concentrations in water draining from permafrost areas are a global phenomenon (Colombo et al., 2018; Brighenti et al., 2019). High concentrations of toxic solutes impact water quality, thereby affecting humans, plants, and animals (Vergilio et al., 2021; Shaw and Tomljenovic, 2013; Exley, 2016). In particular, they affect fish species and the overall biodiversity in the affected streams (Muniz, 1990; Brighenti et al., 2019; O'Donnell et al., 2024). The adverse water quality of rock glacier springs is often caused by acid rock drainage (ARD), where the weathering of sulfide-bearing minerals such as pyrite produces sulfuric acid and, therefore, promotes the leaching of toxic elements from the crystalline

host rocks (Todd et al., 2012; Ilyashuk et al., 2014, Wanner et al., 2018). Microbial activity may further enhance the rate of sulfide oxidation and hence the production of sulfuric acid (Parbhakar-Fox and Lottermoser, 2017). Recently, however, Wanner et al. (2023) have hypothesized that the increased mobilization of toxic solutes from intact rock glaciers observed today additionally requires their temporal storage and long-term enrichment in the rock glacier core (sediment-ice mixture).
70 This is because the oxidation of pyrite and other sulfuric acid generating sulfides is kinetically limited (Williamson and Rimstidt, 1994) and the pyrite content of the studied rock glaciers affected by ARD is rather low (Wanner et al., 2023). This hypothesis is consistent with high concentrations of the same elements (e.g. Ni, Zn, Mn) in the ice of rock glacier cores as those showing high concentrations in rock glacier springs (Nickus et al., 2023). Moreover, it implies that the climate-change-induced accelerated melting of rock glaciers causes a quick and focused export in summer when production rates from ice
75 melt are high, and that solute fluxes will increase in the near future.

To verify this storage and enrichment hypothesis and to assess the consequences of accelerated rock glacier degradation on the water quality of high alpine streams, we have initiated a detailed monitoring of a high alpine catchment in the Central Eastern Alps in Switzerland. Here, we present monitoring results for the years 2021 and 2022. In contrast to most previous
80 rock glacier monitoring studies focusing on recording solute concentrations (e.g., Williams et al., 2006; Krainer et al., 2007; Brighenti et al., 2021; Wagner et al., 2021a, b; Munroe and Handwerger, 2023), our aim was to systematically record solute fluxes being exported from the intact rock glacier at the origin of the study catchment. The idea behind this approach is that unlike solute concentrations, fluxes are not affected by an unknown degree of dilution caused by snowmelt and rainwater. Consequently, the collected data provide novel insights into the coupled thermal-hydraulic-chemical processes controlling
85 the discharge and water quality of high-alpine streams originating from intact rock glaciers. In the context of global warming, this information is key to assess the environmental hazard caused by ARD in ice-rich permafrost systems such as rock glaciers.

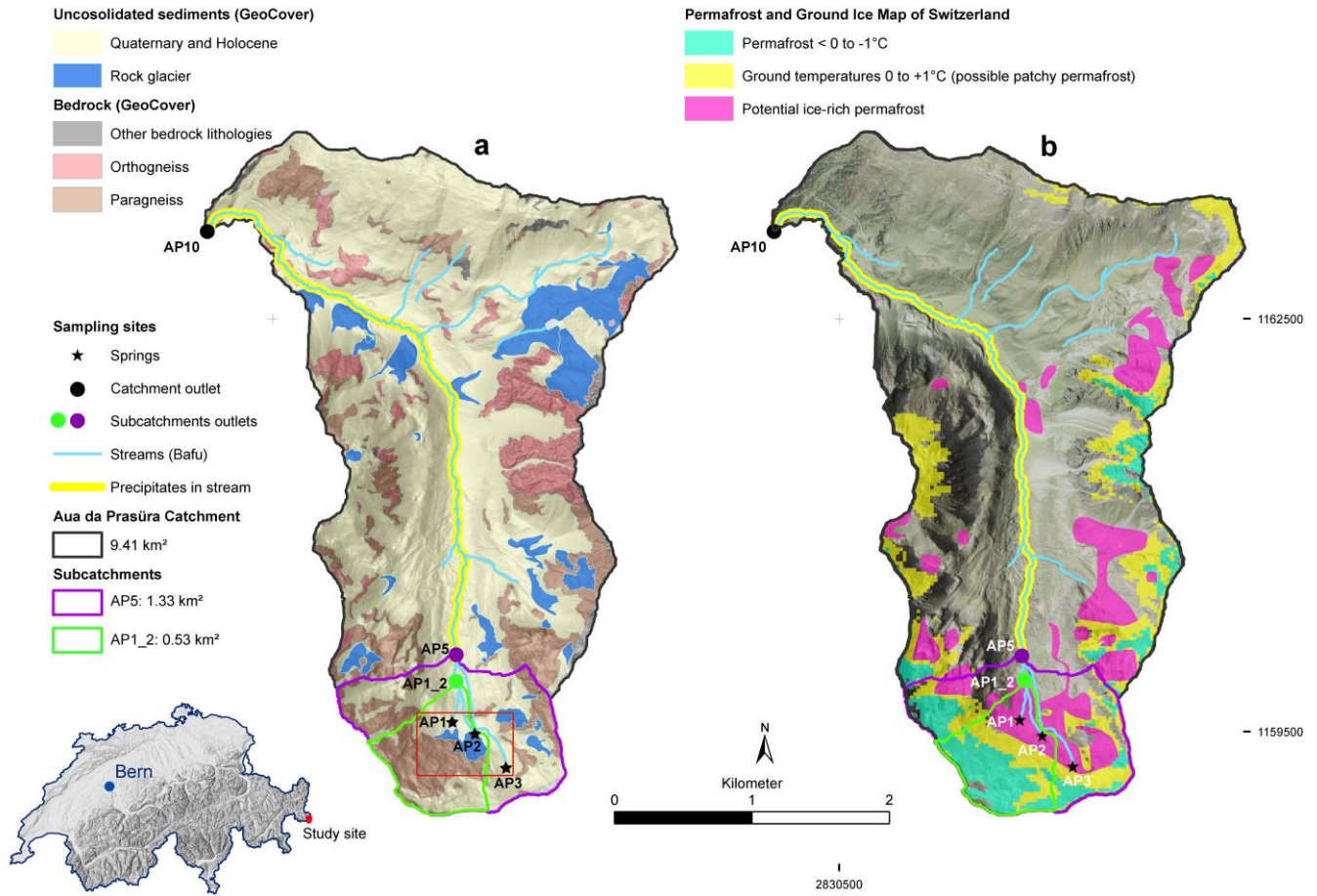
2 Site description

Our flux monitoring is set up along the Aua da Prasüra mountain stream located in the Val Costainas valley in the Eastern
90 part of Switzerland, close to the Swiss-Italian border (Fig. 1a). The monitored catchment encompasses a remote area of 9.41 km² at an altitude ranging from 1900 to 2800 m a.s.l. with no mining and almost no other anthropogenic activities apart from alpine livestock farming during summertime. Geologically, the area is part of the crystalline basement of the Austroalpine nappes (Schmid et al., 2004). These basement nappes are devoid of carbonate rocks as well as pyrite-bearing and mostly consist of mica-rich, strongly weathered paragneiss and quartz-rich orthogneiss (Swisstopo, 2024a; Schmid, 1973).
95 Quaternary sediment deposits, consisting of material from these units, such as moraines and alluvial cones, cover a substantial part of the study area. In addition, the catchment is free of ice glaciers, and both intact and relict rock glaciers are frequently present. The Aua da Prasüra stream itself originates from three springs (AP1, AP2, and AP3, Fig. 1), discharging

100 from an ice-rich permafrost zone (Fig. 1b) with the typical morphology of an intact rock glacier (Fig. 2) and occurring at an altitude between 2680 and 2800 m a.s.l. Based on the geological map of the catchment (Fig. 1a) as well as a high-resolution digital elevation model resulting from UAV (uncrewed aerial vehicle) imagery (Fig. 2), the surface area of the rock glacier at the origin of the stream is approximately 40000 m² (Fig. 2). A photo of the entire valley is provided in the Supplement (Fig. S2).

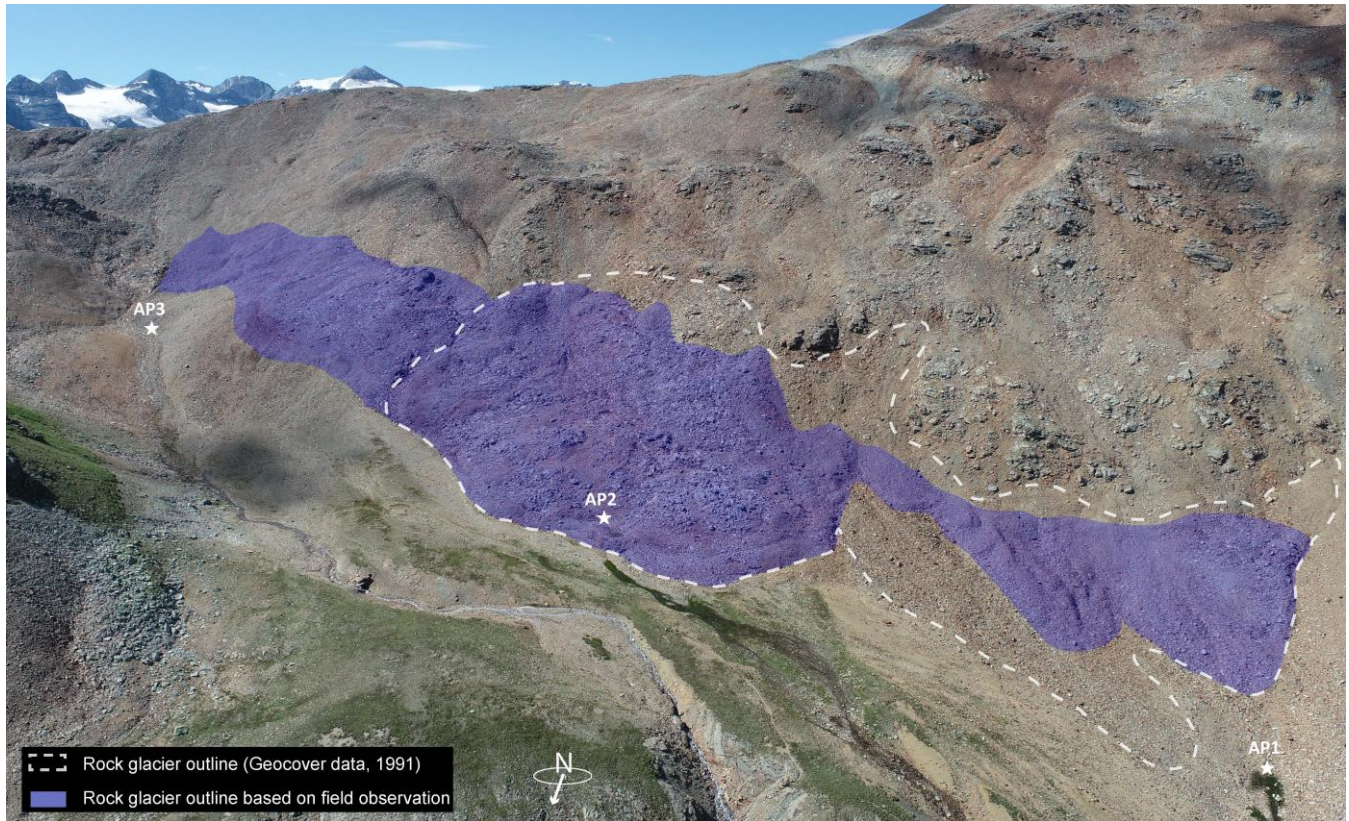
105 As described previously in Wanner et al. (2023), the three rock glacier springs show a typical acid rock drainage (ARD) signature with pH values as low as 5.0 and concentrations of Al, F, Mn, and Ni exceeding the corresponding drinking water limits by up to 2 orders of magnitude. The discharge from the rock glacier is highest at the spring located at the lowest elevation (AP1, 2660 m a.s.l.). While this spring is constantly discharging water, the two others, located at 2700 (AP2) and 2770 (AP3) m a.s.l., respectively, fell dry in late summer during both monitoring years. Downstream of sampling location AP5, the pH and temperature increase to values above 5.5 and 5 °C, respectively, resulting in the precipitation of 110 nanocrystalline basaluminite ($\text{Al}_4\text{OH}_{10}(\text{SO}_4) \times (\text{H}_2\text{O})_5$) because of its strong pH- and temperature-dependent solubility (Wanner et al., 2018, 2023). The precipitation is visible as white coatings on the bedload of the stream (Fig. S1, Supplement) until the outlet of the catchment, which is about 5 km downstream at an altitude of 1890 m a.s.l. at sampling location AP10 (Fig. 1a). Based on historical aerial photographs, basaluminite precipitation only occurs since the Year 2000 (Wanner et al., 2023). This observation serves as a strong indicator of a significant decline in the water quality of the monitored stream over 115 the past 30 years.

Val Costainas



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Figure 1: Val Costainas. (a) Geological map modified from the GeoCover dataset, map sheet Santa Maria-Müstair from the Federal Office of Topography (Swisstopo, 2024b) based on field observations, and (b) permafrost and ground ice map of the Aua da Prasüra catchment (Kenner et al., 2019). The star symbols refer to the locations of the three rock glacier springs at the origin of the catchment (AP1, AP2, and AP3). The purple and black filled circles refer to the two sampling locations downstream of the rock glacier (AP5, AP10), and the convergence point of AP1 and AP2, which is called AP1_2 (green). The red rectangle contains the studied rock glacier shown in Fig. 2. The section of the stream with white-coated bedload coatings (i.e. basaluminite, Fig. S1, Supplement) is highlighted in yellow. Basemaps: SwissAlti3D digital elevation model and SWISSIMAGE (© swisstopo).



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Figure 2: UAV (uncrewed aerial vehicle) photograph of the entire rock glacier with the three rock glacier springs AP1, AP2, and AP3. The dashed line represents the rock glacier outline based on the GeoCover data shown on Fig. 1a (Swisstopo, 2024b). The blue polygon shows our interpretation of the current rock glacier outline based on field observations. The photograph was captured on July 6, 2022.

3 Methods

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The main aim of our monitoring is to continuously track the fluxes of toxic solutes being transported in the Aua da Prasiura stream. To relate these to the exported fluxes from the intact rock glacier at the origin of the stream, we chose two main monitoring locations; (i) the merging point of the three rock glacier springs at location AP5, and (ii) AP10, located about 5 km downstream of the rock glacier (Fig. 1). With a catchment size of 1.33 km², location AP5 corresponds to 14 % of the catchment size monitored at AP10 (catchment area = 9.41 km²). The AP5 subcatchment includes the entire rock glacier shown in Fig. 2 as well as other ice-rich permafrost areas. To estimate how much of the fluxes measured at AP5 originated from the actual rock glacier, solute fluxes were also periodically measured at AP1_2, located approximately 200 meters downstream of AP1. Here the springs from AP1 and AP2 merge, and are not affected by AP3 or most of the ice-rich permafrost area outside of the studied rock glacier (Fig. 2).

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The monitoring included the collection and analysis of streamwater samples, as well as manual and automated measurements of the stream discharges, as detailed below. Because of the presence of large rock boulders, the seasonally low discharge, and the potential relevance of hidden subsurface flow, reliable discharge and flux measurements at the three rock glacier springs were impossible (AP1, AP2, and AP3, Fig. 1).

145 **3.1 Sampling of streamwater**

Streamwater samples were collected from six different locations: AP1, AP2, AP3, AP1_2, AP5, and AP10 (Fig. 1). Sampling took place between May and October of 2021 and 2022, with different sampling intervals. At the most downstream and best accessible location at AP10, samples were collected biweekly and almost throughout the whole year. In the source region, AP1, AP1_2, and AP5, corresponding to the rock glacier spring with the highest discharge and merging
150 points of the rock glacier springs, respectively, sampling was carried out approximately every 1.5 months. The two additional rock glacier springs (AP2, AP3) could only be sampled sporadically because they usually fall dry after the termination of the snowmelt in late summer. For all samples, pH, electrical conductivity (EC), and water temperature were measured on-site using Hamilton electrodes with Knick Portamess-913 field instruments. The uncertainties of these measurements were 0.1 pH unit and $\pm 5\%$, respectively. In addition, samples were filtered on-site using 0.2 μm filters and
155 stored in polyethylene bottles. For the analyses of major cations and trace elements, one aliquot per sample was acidified using a 30 % HNO_3 solution until the sample had a pH between 2 and 3. All samples were stored at 4 °C prior to analysis.

3.2 Discharge measurements using tracer-dilution

At AP1_2, AP5, and AP10, discharge of the stream was measured manually approximately every 1.5 months between May and October of 2021 and 2022. At AP10, discharge measurements were additionally performed in early spring (March-
160 April). These measurements were carried out with the Sommer TQ-S Tracer System using the well-established tracer-dilution method with NaCl as tracer (e.g., Calkins and Dunne, 1970; Day, 1977; Leibundgut et al., 2009) and an uncertainty of $\pm 5\%$. Additional details of the tracer-discharge measurements are provided in the Supplement (Sect. S1).

3.3 Automatic water table and electric conductivity measurements

At the AP10 location, the Canton of Graubünden operates a combined water table, temperature, and conductivity probe. The
165 probe takes a measurement of these parameters every ten minutes and the data are published online in real time (ANU, 2023). During wintertime, the discharge of the stream is very low, and the stream is periodically covered by snow and an ice layer, which render the readings of the probe unreliable. With the beginning of the snowmelt season in spring, the discharge increases, and the data recorded by the probe becomes more reliable. Based on our observations, we considered the recorded data from May to October to be reliable, and we exclusively utilized these measurements for analysis.

170 **3.4 Analytical methods**

3.4.1 Water analysis

Concentrations of major cations and anions, Na^+ , K^+ , Ca^{2+} , Mg^{2+} , NH_4^+ , F^- , Cl^- , Br^- , NO_3^- , SO_4^{2-} , of the streamwater samples were measured by ion chromatography (IC) at the University of Bern using a Metrohm 850 system with a detection limit of 0.1 mg L^{-1} for cations and 0.016 mg L^{-1} for anions. Total inorganic and organic carbon concentrations were determined using
175 a TIC/TOC analyzer (Analytik Jena multi N/C 2100S) with detection limits of 0.1 mg L^{-1} for inorganic and 0.5 mg L^{-1} for organic carbon. Inductively coupled plasma optical emission spectroscopy (ICP-OES) with a Varian 720-ES ICP spectrometer was used to determine aqueous concentrations of Al, Ba, Cu, Fe, Mn, Ni, Zn, Si, Sr, Pb and Cd. The detection limit was $1 \text{ } \mu\text{g L}^{-1}$ for Ba, Mn, Sr and Zn, $3 \text{ } \mu\text{g L}^{-1}$ for Al and Si, $5 \text{ } \mu\text{g L}^{-1}$ for Fe, Ni, Cd and Cu, and $20 \text{ } \mu\text{g L}^{-1}$ for Pb. Concentrations of As were determined by atomic adsorption spectroscopy (AAS) using a ContraA 700 (Analytik Jena) with a
180 detection limit of $4 \text{ } \mu\text{g L}^{-1}$. The analytical error of all these measurements was within $\pm 5\%$.

3.5 Determination of fluxes

At the three discharge monitoring sites (AP1_2, AP5, and AP10), discharge measurements were carried out right after collecting streamwater samples. Accordingly, the fluxes of solutes (e.g., in mg s^{-1}) corresponded to the product of their concentrations (e.g., in mg L^{-1}) and the measured discharge (e.g., in L s^{-1}). Between May and October of 2021 and 2022, our
185 data thus allowed determining solute fluxes every 1.5 months. In addition to these sporadic flux determinations, we had continuously estimated the fluxes of solutes at the downstream location (AP10) using the continuous water table and electrical conductivity data collected by the installed probe. To do so, water table measurements were correlated with discharge measurements to obtain a discharge-water table relationship (rating curve) allowing to continuously determine the discharge. Likewise, the electrical conductivity measurements were correlated with solute concentrations measured on the
190 biweekly water samples to establish a conductivity-concentration relationship for the continuous determination of solute concentrations. In the event of probe malfunctioning, the missing discharge and concentration data at AP 10 were reconstructed as detailed in Sect. S2 of the Supplement. The product of discharge and concentration resulted in daily averages of solute fluxes. In this study, we focused on the fluxes of Al, F, Zn, Mn, and Ni because these solutes are of the highest environmental concern in streams affected by ARD in the Central Eastern Alps (Wanner et al., 2023). Based on the
195 errors of the individual measurements (discharge, electrical conductivity, element concentrations) as well as the comparison between manual and continuous flux measurements, the uncertainty of the latter was estimated to be within $\pm 10\%$.

3.6 Snow height, precipitation and temperature data

Snow height values for 2021 and 2022 were obtained from the Murtaröl snow station, located approximately 15 km Northwest of AP10 at an elevation of 2359 m a.s.l. (SLF, 2023). Similarly, the precipitation and atmospheric temperature

200 data for both years were acquired from the Santa Maria weather station, which is about 6.5 km north of AP10 at an altitude of 1388 m a.s.l. (MeteoSwiss, 2023).

4 Results

4.1 Discharge measurements

205 The intermittent discharge measurements at the three monitoring locations showed strong seasonal variations (Table 1). The highest values above 50 L s^{-1} (AP1_2), 200 L s^{-1} (AP5) and 1000 L s^{-1} (AP10) were measured during snowmelt in late spring or early summer (May-July). At AP10, the lowest discharge ($< 70 \text{ L s}^{-1}$) was recorded in early spring (Mar-Apr) when the winter recession of discharge ended before the snowmelt period started. Owing to the high altitude, no sampling was possible at AP1_2 and AP5 at this time. Accordingly, the lowest discharge at AP1_2 ($< 15 \text{ L s}^{-1}$) and AP5 ($< 30 \text{ L s}^{-1}$) were measured in early fall in both monitoring years.

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In addition to the seasonal discharge variations, the ratio of the discharge at the upstream (AP1_2 and AP5) and downstream (AP10) monitoring sites strongly varied. For AP5, this proportion is provided in Table 1. With the exception of the peak snowmelt period captured on 10 June 2021, the discharge at AP5 relative to that at AP10 was always higher than the 14 % expected from the difference in the corresponding catchment areas. In both monitoring years, the ratio peaked with values 215 above 30 % right after the termination of the snowmelt in early July and, hence, up to 3 times higher than expected from the two catchment sizes. During low discharge conditions in fall, the relative discharge at AP5 was still slightly below 20 % and hence at least 1.3 times higher than expected from the area of the two catchments. The continuous discharge data for the downstream location AP10 obtained from the discharge-water table relationship (Sec. S3, Supplement) are presented with the seasonal flux estimates below.

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Table 1: Discharge measurements at the three monitoring locations and relative discharge contribution of the upstream catchment at AP5 on the discharge of the entire catchment at AP10 (Fig. 1). Also listed is the discharge contribution of AP5 at AP10 (AP5/AP10) and the corresponding normalization using the ratio of the two catchment areas (AP5: 1.33 km²; AP10: 9.41 km²).

Date	Discharge at AP1_2 (L s ⁻¹)	Discharge at AP5 (L s ⁻¹)	Discharge at AP10 (L s ⁻¹)	Relative discharge contribution AP5/AP10 (%)	Ratio between relative discharge contribution AP5/AP10 and ratio of the two catchment areas (1.33/9.41)
23 March 2021	-	-	53	-	-
10 June 2021	-	153	1116	14	1
08 July 2021	-	269	629	43	3
18 August 2021	31	58	410	14	1
22 September 2021	14	26	136	19	1.4
21 October 2021	18	34	182	18	1.3
02 April 2022	-	-	64	-	-
20 May 2022	-	-	733	-	-
05 July 2022	52	91	306	30	2.1
13 August 2022	28	47	203	23	1.6
11 October 2022	13	27	140	19	1.4

"-": No measurement possible

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4.2 Chemical composition of the streamwater

Table 2 presents the concentration range of selected solutes in streamwater samples collected from all five sampling locations. The full analyses are provided in the Supplement (Tables S2-S7). The temperature of the three rock glacier springs at the origin of the Aua da Prasüra stream (AP1, AP2, and AP3, Fig. 1) were constantly below 2 °C, confirming that all springs originate from ice-rich permafrost as indicated by the permafrost and ground ice map shown on Fig. 1b (Kenner et al., 2019). At AP1, AP2 and AP3, the concentrations of Al, F⁻, Mn, and Ni were almost always above the corresponding drinking water limits. The highest concentrations were found at AP1, discharging at the lowest altitude (2660 m a.s.l., Figs. 1, 2). Here, the concentrations reached values up to 28.7 mg L⁻¹ Al, 23.1 mg L⁻¹ F⁻, 11.3 mg L⁻¹ Mn, and 3.3 mg L⁻¹ Ni. In the cases of Mn and Ni, these corresponded to a very strong exceedance of the Swiss drinking water limit by factors of 226 and 165, respectively. For Al and F⁻, the situation is less severe, but the drinking water limits were still exceeded by factors of up to 143 and 15, respectively. At the other two rock glacier springs (AP2, AP3), the concentrations were lower and decreased with increasing altitude (Table 2). For instance, the maximum concentration of Ni at AP2 (2700 m a.s.l.) and AP3 (2770 m a.s.l.) were 1.6 and 0.4 mg L⁻¹, respectively, and thus 2 and 8 times lower than at AP1. In contrast to the other solutes of interest, the Swiss drinking water limit for Zn (5 mg L⁻¹) was only periodically exceeded at the lowest rock glacier spring (AP1).

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Downstream of the rock glacier springs, the temperature and pH gradually increased, while the solute concentrations decreased as manifested by the streamwater samples collected at AP1_2, AP5 and AP10 (Table 2). Nevertheless, 5 km

downstream and at an altitude of 1890 m a.s.l., the concentrations of Mn (≤ 0.37 mg L⁻¹) and Ni (≤ 0.24 mg L⁻¹) at AP10 (Fig. 245 1) still exceeded the drinking water limits by factors of up to 7 or 12, respectively.

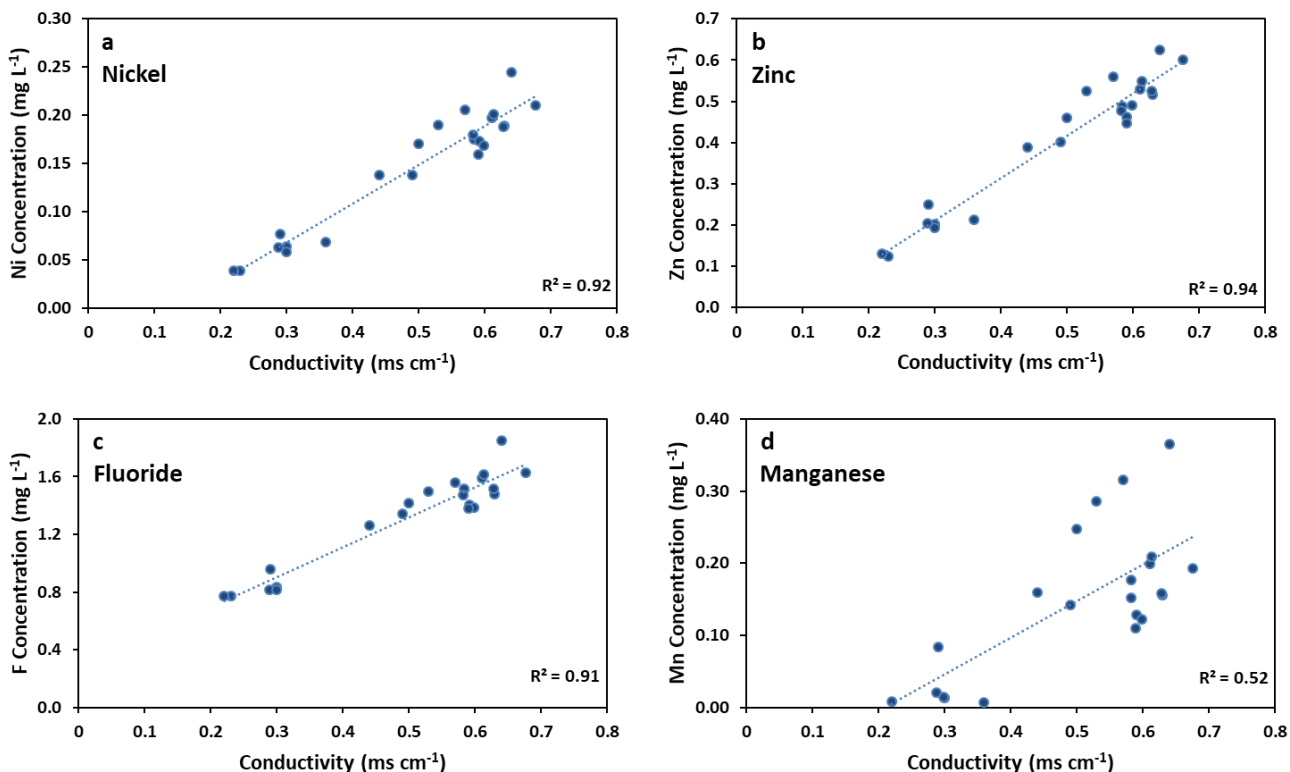
Table 2: Chemical composition of streamwater samples from different locations along the Aua da Prasüra stream (Fig. 1). Concentrations exceeding the Swiss drinking water limit are written in bold and italics.

Location	Number of samples	Altitude (m a.s.l.)	T (°C)	pH	EC ($\mu\text{s cm}^{-1}$)	TDS (mg L ⁻¹)	Al (mg L ⁻¹)	Mn (mg L ⁻¹)	Ni (mg L ⁻¹)	Zn (mg L ⁻¹)	As ($\mu\text{g L}^{-1}$)	F ⁻ (mg L ⁻¹)	SO ₄ ²⁻ (mg L ⁻¹)
AP1	5	2660	0.8-1.4	4.7-5.0	1197-2040	1819-3942	<i>15.4-28.7</i>	<i>4.8-11.3</i>	<i>1.70-3.30</i>	<i>4.20-7.81</i>	<4-4.1	<i>2.1-23.1</i>	1354-2803
AP2	5	2700	0.3-3.1	5.1-5.2	160-711	559-3083	<i>2.7-10.9</i>	<i>0.3-3.4</i>	<i>0.35-1.63</i>	0.74-2.49	<4	<i>0.4-5.6</i>	415-1986
AP3	6	2770	0.7-4.7	5.8-6.4	403-1625	519-1616	<i>0.5-1.5</i>	<i>0.009-0.191</i>	<i>0.05-0.39</i>	0.12-1.16	<4	<i>1.4-4.3</i>	369-1008
AP1_2	6	2545	2.1-7.6	4.8-5.3	1199-1527	1470-2458	<i>9.4-13.7</i>	<i>1.9-3.2</i>	<i>1.2-1.8</i>	2.8-4.2	0.8-11	<i>0.5-11.9</i>	1083-1821
AP5	8	2530	1.4-8.9	5.3-5.7	317-1208	388-1689	<i>1.4-8.3</i>	<i>0.079-1.729</i>	<i>0.18-1.22</i>	0.56-3.01	<4	<i>0.5-6.5</i>	285-1287
AP10	39	1890	0.6-11.4	6.0-8.1	133-440	117-507	<i>0.01-0.41</i>	<i>0.007-0.365</i>	<i>0.02-0.24</i>	0.05-0.62	<4	<i>0.5-1.8</i>	80-327
¹ Drinking water limit							0.2	0.05	0.02	5	0.01	1.5	

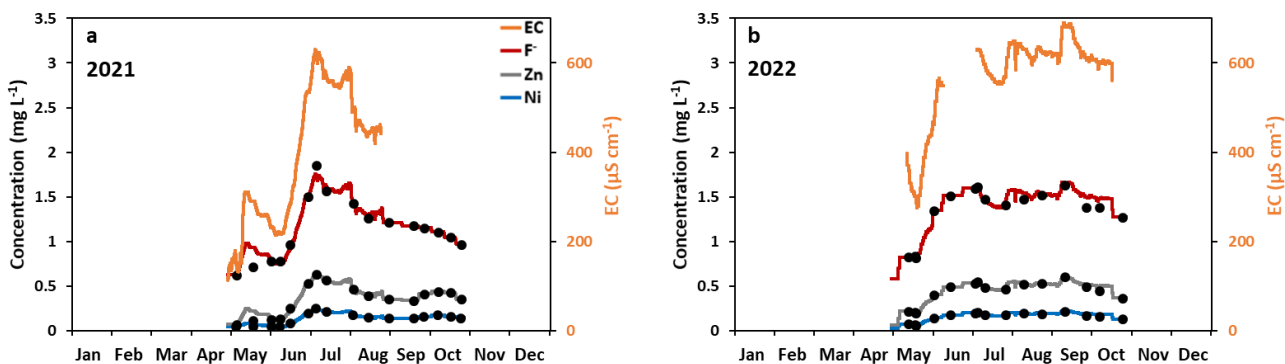
¹<https://www.fedlex.admin.ch/eli/cc/2017/153/de>

250 4.2.1 Seasonal variation of concentrations of toxic solutes

At the downstream monitoring location AP10 (Fig. 1), the concentrations of Ni, Zn and F⁻ showed strong linear correlations with the electrical conductivity measured by the installed probe as evidenced by linear correlation coefficients (R^2) of at least 0.91 (Fig. 3). The correlations are caused by constant ratios between these concentrations and those of sulfate (Fig. S4, Supplement). The latter displays by far the highest values of all solutes in our streamwater samples and hence controlling the measured EC (Table 2, S2-S7, Supplement). Accordingly, the conductivity data recorded by the probe allowed to 255 continuously estimating the concentrations of these three solutes using the derived linear calibration curves. For Mn and other reactive solutes such as Al, the correlation between concentrations and conductivity values was poor (Fig. 3), which means that these concentrations cannot be estimated using the conductivity data.



260 **Figure 3:** Linear correlations at the downstream monitoring location AP10 between electric conductivity (EC) measured by the installed probe and concentrations of selected solutes. (a) Ni. (b) Zn. (c) F⁻. (d) Mn. Merged data from 2021 and 2022.



265 **Figure 4:** Seasonal evolution of the EC (right-hand y-axis) and the concentrations of F⁻, Zn, and Ni (left-hand y-axis) at the downstream monitoring location, AP10, estimated based on the electrical conductivity data and the correlations shown in Fig. 3. (a) 2021, (b) 2022. The black filled circles on each curve show the actual solute concentrations measured on the bi-weekly collected water samples (Table S2, Supplement). The EC data was not reliable for the following periods: 1 to 14 May 2021, 29 August to 30

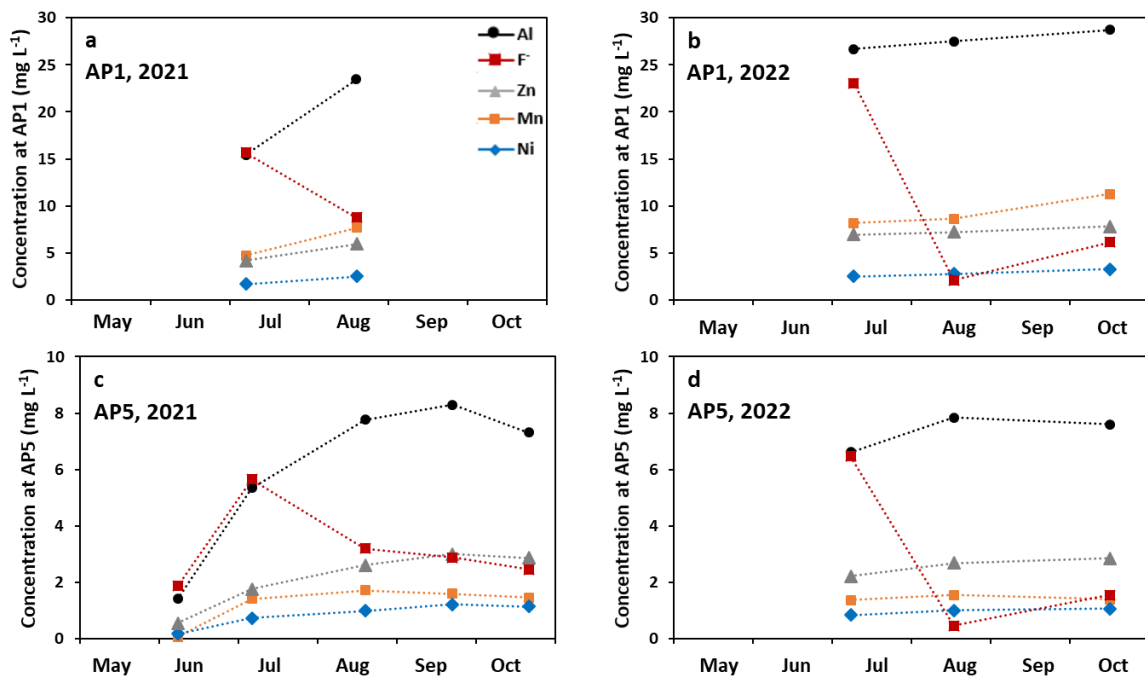
October 2021, 1 to 20 May 2022, 7 Jun to 7 Jul 2022, and 21 to 30 October 2022. Therefore, a linear interpolation of the chemical analysis of the biweekly samples was employed for these periods to estimate the seasonal evolution of the solute concentrations.

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Figure 4 illustrates the seasonal variations of the EC and the concentrations of F⁻, Zn, and Ni estimated for the downstream monitoring location AP10 based on the conductivity data and the correlations shown in Fig. 3. The black-filled circles on each curve represent the actual solute concentrations measured on the bi-weekly collected water samples, demonstrating that the continuously estimated concentrations are reliable. For both monitoring years, these solutes showed maximum concentrations in summer, although the seasonal behavior was slightly different in the two years. In 2021, the highest concentrations were estimated for early July followed by a gradual decrease until the end of the monitoring period at the end of October, except for short-term excursions where the concentrations periodically increased. In 2022, with the exception of short negative and positive excursions, the concentrations were nearly constant from early July to mid-September. For both monitoring years, the concentrations at the end of the monitoring period were roughly twice as high as at the beginning of the monitoring period in May. In contrast to the downstream monitoring location AP10, at the upstream monitoring location AP5 as well as at the most frequently sampled rock glacier spring API1, the concentrations of the solutes except F⁻ (i.e. Al, Ni, Zn and Mn) generally increased during the May-October monitoring period and the highest values were measured towards the end of the monitoring period (Fig. 5).

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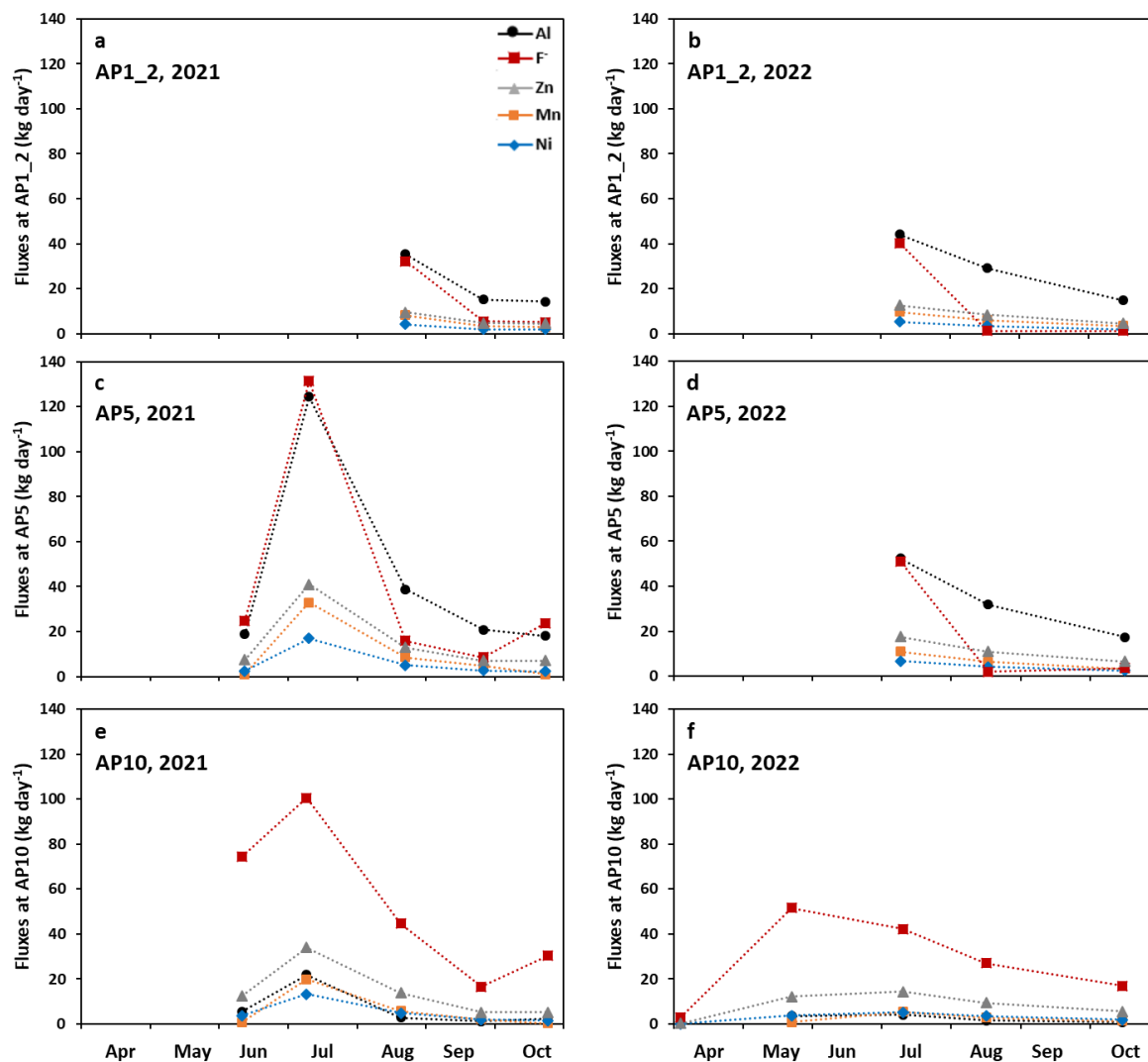
Figure 5: Seasonal variation of the concentrations of Al, F⁻, Zn, Mn, and Ni at the rock glacier spring AP1 and the upstream discharge monitoring location AP5 (Fig. 1). (a), (b) Interpolation of solute concentrations of samples taken at AP1 in 2021 and 2022, respectively. (c), (d) Interpolation of solute concentrations of samples taken at AP5 in 2021 and 2022, respectively.

290 4.3 Seasonal evolution of mobilized fluxes

4.3.1 Manual flux measurements (AP1_2, AP5 and AP10)

At the three discharge monitoring locations AP1_2, AP5 and AP10 (Fig. 1), we took 6, 8 and 10 flux measurements, respectively. Figure 6 presents the fluxes of Al, F⁻, Zn, Mn, and Ni. All fluxes showed a very similar pattern with a strong seasonal variation. In both years, the highest fluxes occurred in early July except for AP10, where in 2022 the maximum flux of F⁻ was observed in May. Among the five solutes, Al and F⁻ displayed the highest fluxes with values exceeding 100 kg per day at AP5 in July 2021. On the same sampling day, the fluxes of Zn, Mn, and Ni reached maximum values of 20-40 kg per day. In early and late summer, the fluxes were up to one order of magnitude lower.

At specific sampling dates, the three monitoring locations exhibited similar fluxes for Zn and Ni (Fig. 6, Table S1, Supplement). In contrast, the fluxes of Mn and Al were significantly lower at the downstream location (AP10), while in fall the flux of F⁻ was slightly higher at AP10 than at AP5. These observations suggest that at AP10, only the fluxes of Zn and Ni may serve as a proxy for the processes occurring in the rock glacier at the source of the stream (see Discussion below).

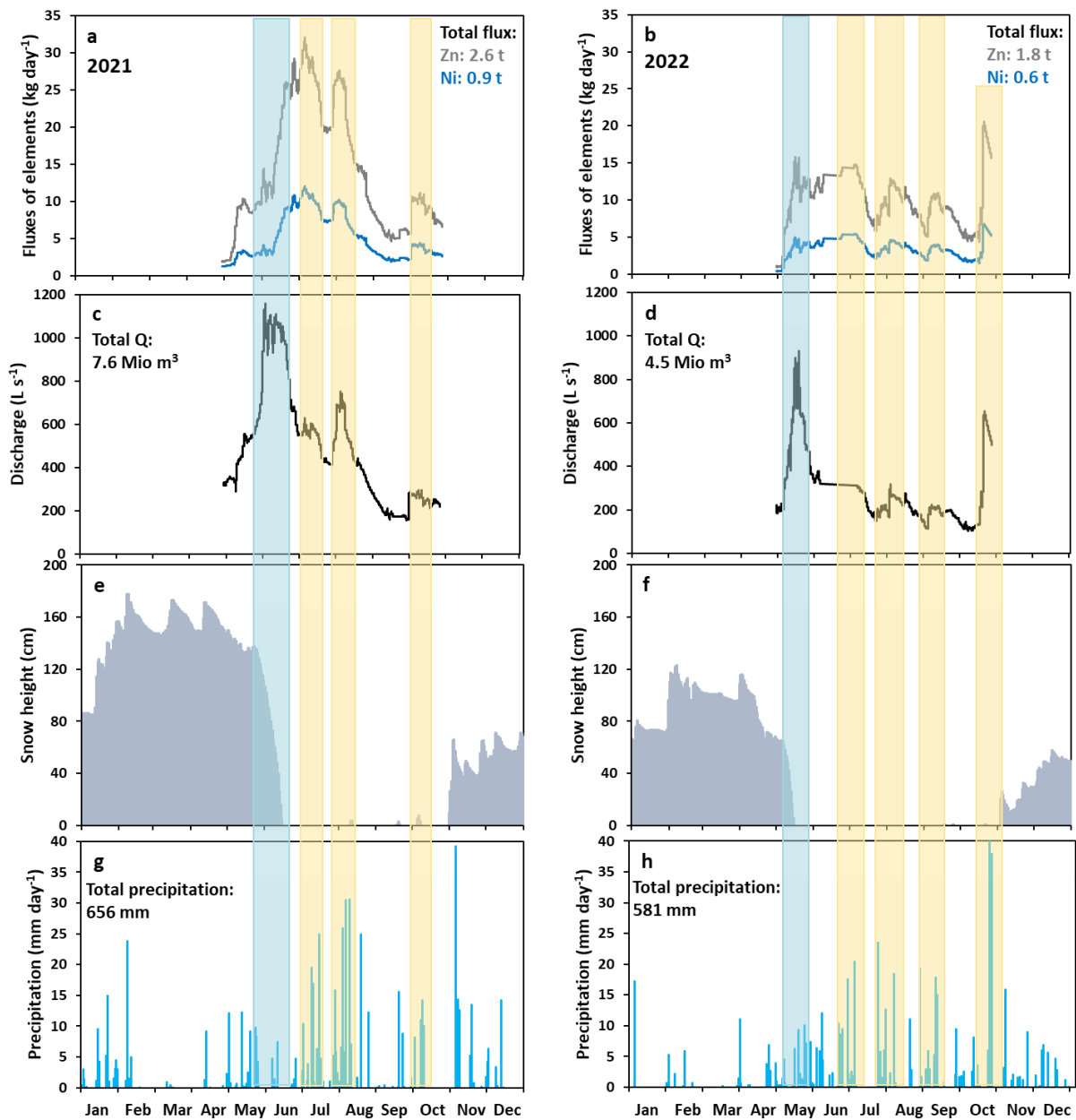


305 **Figure 6:** Extrapolated fluxes of Al, F, Zn, Mn, and Ni at the three main monitoring stations along the Aua da Prasūra stream. (a),
 (b) Fluxes measured at the AP1_2 location in 2021 and 2022. (c), (d) Fluxes measured at the upstream AP5 location in 2021 and
 2022. (e), (f) Fluxes measured at the downstream AP10 location in 2021 and 2022.

4.3.2 Automatic flux estimation (AP10)

The fluxes of Zn and Ni continuously estimated at the downstream monitoring location AP10 are shown in Fig. 7.
 310 Integrating the fluxes for the 2021 monitoring period yielded surprisingly high total fluxes of 2570 and 940 kg for Zn and Ni,
 respectively. For the same period in 2022, the total fluxes for these two solutes were 1830 and 650 kg, respectively, and
 hence 29-31 % lower than in 2021.

The seasonality of the estimated Ni and Zn fluxes was rather similar. In both monitoring years, the lowest values were
315 observed at the beginning of the monitoring period in early May when the rock glacier at the origin of the stream was still
covered by snow. During snowmelt, the increase in discharge was immediately followed by a rapid surge of the two fluxes,
demonstrating a very strong correlation between discharge and solute fluxes. Consequently, synchronous discharge and flux
peaks were observed during peak snowmelt conditions (Fig. 7a, b). In 2021, this was the case in mid-June. In 2022, the
winter snow cover was less (Fig. 7c), peak snowmelt conditions occurred about 3 weeks earlier at the end of May, and the
320 corresponding discharge and solute fluxes were significantly lower than in 2021. After the snowmelt peaks, additional
synchronous flux and discharge peaks occurred during heavy rainfall events. In 2021, this was the case in early July, early
August, and early October (Fig. 7d). In 2022, such short-term discharge and flux peaks occurred in response to rainfall
events in early July, early August, mid-September and mid-October. In addition to the simultaneously occurring flux and
discharge peaks (Fig. 7a, b), the strong correlation between the two parameters was also manifested by very similar patterns
325 of their seasonal behavior in both monitoring years (Fig. S5).



330 **Figure 7:** Seasonal evolution of key parameters recorded through the two monitoring years. (a), (b) Fluxes of Zn and Ni calculated for the downstream monitoring location AP10 (Fig. 1) in 2021 and 2022, respectively. (c), (d) Discharge of the Aua da Prasūra stream measured at the same location (AP10) in 2021 and 2022, respectively. (e), (f) Snow height recorded in 2021 and 2022 at the Murtaröl snow station (SLF, 2023). (g), (h) Rainfall recorded in 2021 and 2022 at the Santa Maria weather station (MeteoSwiss, 2023). The light blue bars highlight synchronous discharge and flux peaks observed during snowmelt peak in June 2021 and May 2022. The yellow bars mark synchronous peaks in discharge and solute fluxes after rainfall events. Due to technical problems, no

335 reliable discharge data were obtained in June 2022. Therefore, a linear interpolation was used to retrieve the data from 7 June to 7
July. Technical problems also occurred from 24 to 31 October 2022 in response to a heavy rainfall event. For this event, a
recession curve with $Q_0 = 668 \text{ L s}^{-1}$ and $a = 0.00235$ (Eq. (1), Supplement) was applied to correct for the missing discharge data.

5 Discussion

5.1 Tracking of toxic solute fluxes exported from the studied rock glacier

340 The observation that the fluxes recorded at AP5 and AP1_2 yielded similar values (Fig. 6; Table S1, Supplement) implies
that the majority of the fluxes measured at AP5 originate from the studied rock glacier (Fig. 2). In case of Ni, 75-88 % of the
fluxes at AP5 were already recorded at AP1_2, while for Zn, the contribution from AP1_2 at AP5 ranged between 64 and 77
% (Table S1, Supplement). The difference to 100% is explained by subsurface flow not captured at AP1_2, minor
contributions from other ice-rich permafrost features (Fig. 1), and contributions from AP3. The comparison of the Ni and Zn
345 fluxes recorded at AP5 and AP1_2 thus confirms the earlier finding of Wanner et al. (2023) that ice-rich permafrost in
general and intact rock glaciers in particular operate as strong and long-lasting chemical reactors causing high concentrations
of toxic solutes in the corresponding rock glacier springs.

5.1.1. Conservatively behaving solutes (Ni, Zn)

350 In the studied system, the strong chemical signal in the rock glacier springs AP1 and AP2 (Table 1) allowed us to
continuously track the concentrations and fluxes of conservatively behaving toxic solutes at the well-accessible downstream
monitoring location AP10 (Fig. 1). This mainly applied to Ni and Zn as manifested by the observation that at specific
sampling dates, these solutes exhibited similar fluxes at the upstream (AP5) and downstream (AP10) monitoring locations
(Fig. 6; Table S1, Supplement). In general, they were about 5-20 % lower at AP10 except for low flow conditions, when they
355 were up to 35% lower but not strongly affecting annual fluxes (e.g., September and October 2021 and 2022). Moreover, the
quasi-conservative behavior of Zn and Ni along the stream was confirmed by their constant concentration ratios at the two
monitoring locations (Fig. S4a, b, Supplement). This implies that the mobilization of Ni and Zn is not strongly retarded by
basaluminite precipitated along the stream, although Ni enrichment in basaluminite has been previously documented (Thies
et al., 2017; Wanner et al., 2023). Likewise, this indicates that downstream of AP5, there are no significant additional
360 sources for these solutes. Thus, the fluxes of Ni and Zn monitored at AP10 exclusively originate from ice-rich permafrost
upstream of AP5, whereby the majority (up to 88%) is exported from the studied rock glacier.

Despite their conservative behavior, the seasonal concentration patterns for Zn and Ni vary along the stream (Figs. 4, 5).
Near the rock glacier source, concentrations of Ni and Zn (and other solutes) display an increasing trend throughout the
365 summer (AP1, AP5, Fig. 6). In contrast, concentrations peaks are observed in early summer at the downstream location
(AP10, Fig. 5). This contrasting behavior is due to the fact that all concentrations are controlled by the amount of solutes

being mobilized from the rock glacier and the degree of dilution by snowmelt and rainwater. Due to the strong difference in the catchment sizes at these three sampling locations (AP1: 0.04 km², AP5: 1.33 km², AP10: 9.41 km²), the degree of dilution is strongly different, causing the observed variation of the concentration patterns along the stream. Because of the strong impact of dilution, we propose that tracking solute fluxes is more useful than solute concentrations to quantitatively understand the seasonality of the mobilization of toxic solutes from the rock glacier. Solute fluxes correspond to the product between solute concentrations and the discharge and hence account for dilution effects by snowmelt and rainwater, which both show strong seasonal variations.

375 **5.1.2. Other solutes (Al, Mn, F⁻)**

In contrast to Ni and Zn, at the downstream monitoring location AP10 (Fig. 1), the fluxes of solutes that do not behave conservatively or of those affected by additional sources, do not reflect mobilization from ice-rich permafrost upstream of AP5. In case of Al, this is because most of it precipitates as basaluminite along the stream as manifested by the white-colored bedload downstream of AP5 (Fig. S1, Supplement). Manganese behaves reactive because the oxidizing conditions in the stream lead to a continuous oxidation and precipitation of Mn, originally mobilized by the reduction of Mn oxides in the rock glacier at the origin of the stream (Wanner et al., 2023). Thus, the concentration of Mn at the downstream location AP10 is not only controlled by the mobilization in the rock glacier but also by the degree of oxidation along the stream, which is a slow, kinetically-limited process (Diem and Stumm, 1984). The amount of Mn lost due to oxidation along the stream strongly depends on the seasonally variable residence time of streamwater in the monitored catchment, which is the reason why the correlation between concentration and conductivity is poor (Fig. 3). The flux of F⁻ (Fig. 7) varies downstream of AP5 because the tributaries merging with the main Aua da Prasūra stream may also contribute to the F⁻ flux measured at AP10. This is particularly relevant at low flux conditions in spring and fall, when the fluxes of F⁻ are usually higher at AP10 than at AP5 (Fig. 6).

390 Because of their reactive behavior, the total fluxes of Al, F⁻, and Mn exported from the rock glacier in each monitoring period can only be estimated based on a combination of several data. In particular, these are sporadic manual flux measurements carried out near the rock glacier outlet at AP5, their comparison with the fluxes of Zn and Ni, which are not affected by any chemical reactions occurring along the stream (Fig. 6), and the total fluxes for Zn and Ni estimated at AP10 (Fig. 7a). For Al and F⁻, this yields annual fluxes of about three times higher than those estimated for Zn (i.e. up to 10 t and 7 t in 2021 and 2022, respectively). For Mn, the annual fluxes exported from the rock glacier were between those of Ni and Zn (2021: 940-2570 kg; 2022: 650-1830 kg).

5.2 Controls on solute mobilization from intact rock glaciers

The very strong correlation between the flux and discharge curves implies that the amount of water infiltrating into the rock glacier system plays a crucial role in controlling the export of solutes from the rock glacier at the origin of the studied stream. This is not only manifested by the simultaneously occurring discharge and flux peaks (Fig. 7a,b) as well as the very similar behavior of the flux and discharge curves (Fig. S5), but also by the differences in annual discharge and annual fluxes of toxic solutes calculated for the two monitoring years. In 2022, when the total fluxes of Zn and Ni from the rock glacier were about 30 % lower than in 2021, the total discharge between May and October was 41 % lower than in 2021 (Figs. 7c, d). The lower discharge in 2022 resulted from the lower winter snow cover and the lower amount of precipitation in summer (Figs. 7e-h).

Owing to the kinetic limitation of the oxidation rate of pyrite and other sulfuric acid generating sulfides (Williamson and Rimstidt, 1994), the very quick increase of solute fluxes observed after hydraulic events (Fig. 7) confirms our hypothesis that processes in addition to chemical weathering (i.e. ARD) are responsible for the high concentrations and fluxes of toxic solutes observed today in the studied catchment (Wanner et al., 2023). Figure 8 presents conceptual models consistent with current thermal, hydraulic and chemical observations of intact rock glaciers to explain the causes for the highly prominent role of water infiltration on controlling the export of toxic solutes from intact rock glaciers. In particular, the models show that the recorded mobilization of toxic solutes reflects the last step of a complicate sequence of coupled processes including (i) the oxidation of sulfide producing sulfuric acid and promoting the dissolution of solutes from the host rock (i.e. ARD), (ii) temporal storage and long-term enrichment of the dissolved solutes in rock glacier ice, and (iii) their final hydraulic mobilization during climate-change induced accelerated degradation of rock glaciers. The individual steps are described below.

5.2.1. Weathering by sulfuric acid and storage of dissolved solutes in rock glacier ice (Steps (i) and (ii), Fig. 8a)

The current understanding of rock glacier hydrology is that the movement of subsurface water follows two distinct flow paths. In Fig. 8, these are referred to as "quick flow" and "base flow," which occur within the seasonally frozen active layer and the permanently unfrozen base layer, respectively (Giardino et al., 1992; Krainer and Mostler, 2002; Jones et al., 2019). Additionally, subsurface flow through the rock glacier core (i.e. the sediment-ice mixture), known as intra-flow or slow internal flow, was discovered through dye-tracing experiments (Tenthorey, 1992). Furthermore, as reported for the Lazaun rock glacier, temperatures at or even above 0 °C are observed towards the top of the rock glacier core in late summer, i.e. in August and September (Krainer et al., 2015; Nickus et al., 2023), indicating the presence of liquid water promoting intra-permafrost flow. Such fluid flow has been mainly documented in the frontal sections of active rock glaciers, which has significant implications on rates of creep and stability of rock glaciers (Jones et al., 2019; and references therein). In turn, the

430 deformation of rock glacier cores leads to the formation of networks of air voids and fractures, providing positive feedback on intra-permafrost fluid flow (Krainer and Mostler, 2006; Perruchoud and Delaloye, 2007; Ikeda et al., 2008).

The presence of liquid water in rock glaciers is a prerequisite for the chemical interaction with the rock glacier sediments (Wanner et al., 2023). Moreover, it introduces oxygen into the system, promoting the oxidation of sulfides (e.g., pyrite) and
435 thus the generation of sulfuric acid as main weathering agent. Based on its fine-grained nature and high reactive surface areas, the water-saturated base layer is the obvious candidate for the production of sulfuric acid and strong toxic solutes mobilization. Despite a groundwater residence time of several months in the base layer (Jones et al., 2019), however, this is inconsistent with recent experiments showing that the interaction between fine-grained pyrite-bearing paragneiss of the Eastern Alps does not reproduce the high concentrations of toxic solutes in streams discharging from intact rock glaciers
440 (Wanner et al., 2023). Accordingly, toxic solute mobilization must be dominated in other parts of the rock glacier system. Since the active layer mainly consist of large rocks with very low reactive surface areas, the fine-grained sediment-ice mixture in the rock glacier core is the only other plausible alternative.

In the rock glacier core, liquid water (i.e. meltwater) mainly occurs in late summer towards the top and in the front part of
445 rock glaciers because the temperature reach 0 °C or may even become positive (Krainer et al., 2015; Nickus et al., 2023). If the amount of meltwater is limited and no fully connected water film can develop (Fig. 8a), toxic solutes mobilized from the sediments remain within the rock glacier and their concentrations in rock glacier springs are low. Owing to recurring cycles of freezing and thawing within the sediment-ice mixture, with time this leads to a continuous enrichment and interim storage of the leached solutes in the rock glacier ice. We hypothesize that this scenario is at play at high altitude or under colder
450 climatic conditions than today, where and when the amount of ice in the rock glacier is stable. However, more research is required on how much time for the enrichment of toxic solutes in the rock glacier ice is needed to cause the high solute concentrations currently observed in the studied rock glacier springs. If the climatic conditions are too cold for seasonal temperatures at or above 0 °C, the rock glacier core (sediment-ice mixture) is chemically inert, and the accumulation of solutes pauses.

455 **5.2.2 Climate change accelerated mobilization of toxic solutes (Step (iii), Fig. 8b)**

In the recent years, climate warming likely led to an increase of the time when the temperature at the top of the core (sediment-ice mixture) of the studied rock glacier is at or above zero. The same applies to the maximum temperature within the rock glacier in late summer. Consequently, the amount of liquid water (i.e. ice melt) increases, and a fully connected water film enriched in toxic solutes may develop towards the top of the rock glacier core in late summer (Fig. 8b). During
460 this time of the year, this leads to a gravity-driven, vertical export of ice melt enriched with toxic solutes to the base layer. During heavy rainfall events intra-permafrost flow becomes highly significant and the export to the base layer and also to the rock glacier springs is strongly accelerated. In late summer, this is the main reason for the simultaneously occurring flux and

discharge peaks (Fig. 7). Since rock glaciers represent high-altitude aquifers with a high water storage capacity and groundwater residence time on the order of several months (Jones et al., 2019; Wagner et al., 2020, 2021a, b), however, 465 some of the toxic solutes exported from the rock glacier core are not immediately transported to the rock glacier springs and remain in the unfrozen base layer aquifer during wintertime. As a consequence, the groundwater in the base layer aquifer is enriched in toxic solutes. Stagnant water bodies enriched in toxic solutes may be present also elsewhere in the rock glacier system (i.e., outside the base layer). With the infiltration of snowmelt in the following summer, the water table raises and the hydraulic head gradient in rock glacier aquifer increases (Fig. 8b). This quickly accelerates the discharge of groundwater and 470 stagnant water enriched in toxic solutes and causes the simultaneously occurring flux and discharge peaks observed during snowmelt (Fig. 7). Such hydraulic mobilization of toxic solutes previously exported from the rock glacier core to the base layer is consistent with the fact that during snowmelt the 0 °C isotherm is near the surface (Williams et al., 2006) and that no export of ice melt enriched in toxic solutes to the base layer can happen at this time of the year.

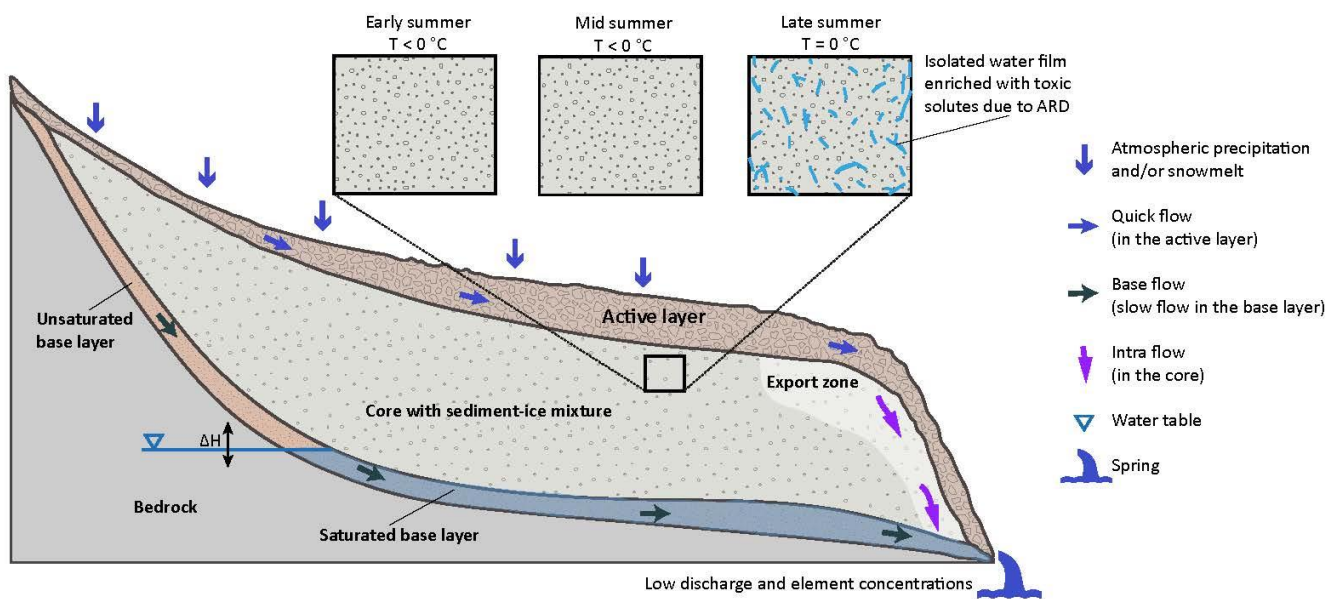
475 In late summer, when the 0 °C isotherm is below the top of the rock glacier core, the infiltration of rainwater into the system brings thermal energy to the rock glacier core (Rist and Phillips, 2005; Williams et al., 2006), further promoting the degradation of the sediment-ice matrix in addition to the hydraulic effect described above. This is particularly relevant under increased intra-permafrost flow, where the contact area between the ice and water is elevated.

480 For the studied rock glacier in Val Costainas, the coupled thermal-hydraulic-chemical processes discussed above and shown on Fig. 8 are likely very active. This results in an accelerated degradation of the rock glacier ice accompanied by a strong mobilization of toxic solutes. In particular, this is manifested by the disproportionately high discharge from the rock glacier (Table 1) and the remarkable export rates of toxic solutes, which are on the order of several tons per year (Fig. 7).

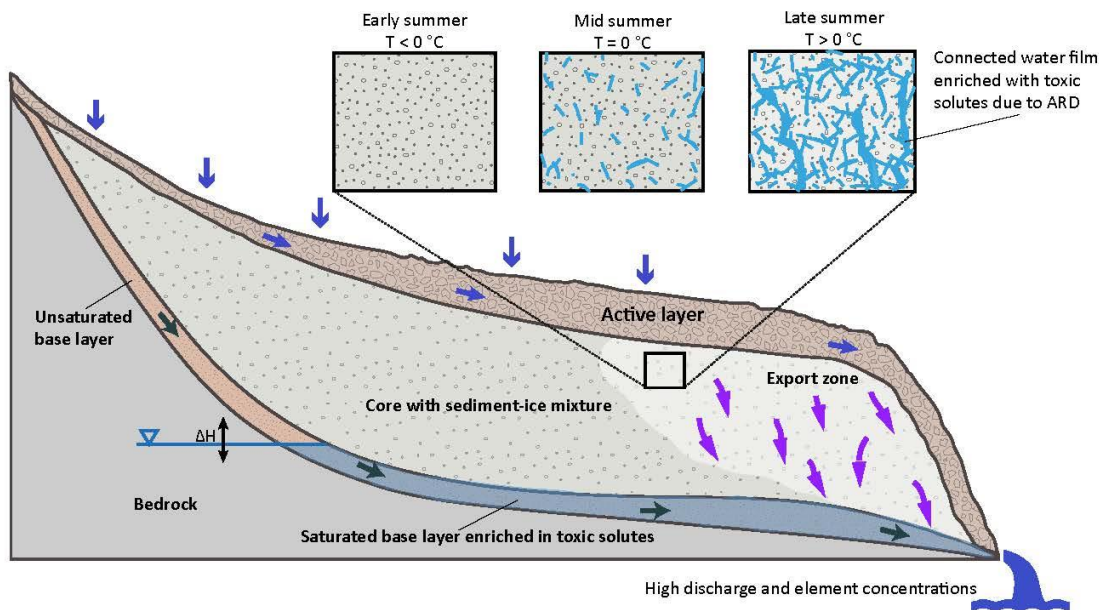
5.2.3 Comparison with other conceptual models

485 It should be noted that other studies have proposed that high concentrations of solutes in rock glacier springs are at least partly due to atmospheric deposition caused by industrial activities or volcanic eruption in addition to ARD (Nickus et al., 2023; Del Siro et al., 2023). Based on the very high solute fluxes currently exported from the studied rock glaciers only covering some 40000 m² (up to 10 t a⁻¹ for trace solutes like Al and F⁻, see above), we consider such atmospheric sources not very likely for the studied system. This is consistent with other studies concluding that atmospheric deposition could be 490 excluded as main cause for high solute concentrations in rock glacier springs (Thies et al., 2007; Steingruber et al., 2021). Moreover, a systematic monitoring of more than 150 rock glacier springs in Austria (Wagner et al., 2019) indicate that the enrichment of elements like Ni, Zn, Mn, Al, and sulfate occurs primarily in pragneissic geological settings but not in rock glacier draining other lithologies, which would likely be the case if atmospheric sources were relevant.

(a) Past situation: colder climate than today; accumulation of elements



(b) Current situation: degradation of ice and mobilization of elements



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Figure 8: Conceptual schematic models of the coupled thermal-hydraulic-chemical processes controlling the mobilization of toxic solutes from intact rock glaciers affected by ARD. The rectangular boxes illustrate the thermal-hydraulic state at the top of the sediment-ice mixture (i.e. the rock glacier core) in the front part of the rock glacier (a) Situation at high altitude or during climatic

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conditions where and when the temperature of the cores may reach 0 °C only in late summer. This causes local melting and leads to the formation of isolated and immobile water films where chemical reactions with the host rock can occur. As a result of multiple seasonal freezing and thawing cycles, toxic solutes become enriched and the amount of ice in the rock glacier remains quasi-constant over time. (b) Situation during permafrost degradation such as today where the temperature at the top of the rock glacier core reaches 0 °C in mid-summer already (see rectangular boxes). This causes melting and the formation of isolated water films enriched in toxic solutes. In late summer, the temperature becomes positive and the solutes-enriched water films become connected. This leads to a gravity-driven vertical export of both ice melt and toxic solutes to the unfrozen and water saturated base layer (export zone) where the residence time is up to several months. As a consequence, the groundwater in the base layer aquifer is enriched in toxic solutes. Hydraulic events such as snowmelt and rainfall increase the water table (ΔH) in the base layer aquifer, causing the hydraulic export of water enriched in toxic solutes from the base layer. In late summer, rainfall events additionally accelerate the export of ice melt enriched in toxic solutes from the rock glacier core.

5.3 Environmental implications

The strong mobilization of toxic solutes (Ni, Mn, Al, and F⁻) from the studied rock glacier (Fig. 7) represent a hazard to the entire Val Costainas. At the current export rates of up to several tons per year, the concentrations of Ni and Mn exceed the corresponding drinking water limits (by one order of magnitude) down to an altitude of about 1900 m a.s.l. during the entire summer season when the catchment is used for alpine livestock farming. As a consequence, the stream cannot be used as a drinking water source. Likewise, the quality of milk products from this farming may be affected because animals frequently drink from the affected stream. Moreover, the elevated concentrations of toxic solutes and low pH values not only degrade the downstream water quality but may also cause significant ecological effects and disruptions in aquatic ecosystems (Thies et al., 2013; Ilyashuk et al., 2018). For instance, Ilyashuk et al. (2018) reported morphological deformities in some aquatic invertebrates due to ARD release into an alpine lake in South Tyrol, Italy. Similarly, the microbial diversity in close vicinity of the stream may be affected (Brighenti et al., 2019; Tolotti et al., 2020, 2024; Sannino et al., 2023). Based on our conceptual model (Fig. 8), the mobilization of toxic solutes will likely increase with accelerated permafrost degradation until reaching a maximum at some point in the future. Owing to the high abundance of pyrite-bearing rocks, the same may apply to areas downstream of intact rock glaciers worldwide. Consequently, the water quality downstream of intact rock glaciers with pyrite-bearing rocks must be carefully monitored. Particularly important is to assess whether the mobilization of toxic solutes affects the water quality of larger streams in populated areas further downstream, acting as regional drinking water resources. At least for the European Alps, however, the risk for such regional contamination is considered limited. This is due to the spatially limited, isolated occurrence of affected rock glaciers at high altitude above 2500 m a.s.l., which is far away from populated areas other than individual farms being operated during summer time.

In contrast to high-altitude systems, the environmental hazard caused by the degradation of ice-rich permafrost affected by ARD is likely much larger in high-latitude regions where permafrost occurs at low altitude and hence covers much larger areas. As recently shown for various sites in Alaska, the degradation of permafrost in regions with sulfide-bearing bedrock

535 may decrease the water quality of large streams and thus forms a serious threat to the drinking water supply of local communities as well as aquatic food webs including subsistence fisheries (O'Donnell et al., 2024). Given that the reported hazard in Alaska only started very recently, it is plausible that the water quality of the studied streams will further decline in the future and form a serious environmental hazard for a large area and a significant number of people. This is particularly the case if the mobilization of toxic solutes from high-latitude permafrost results from the previous accumulation of toxic
540 solutes in the permafrost ice, such as postulated for the rock glacier in Val Costainas.

Although the environmental hazard caused by the mobilization of toxic solutes from rock glaciers in the European Alps may be limited, such mobilization could potentially serve as a novel environmental tracer to study permafrost degradation. This is because based on our conceptual model (Fig. 8), the fluxes of toxic solutes downstream of rock glaciers essentially reflect
545 their final hydraulic mobilization from the solute-enriched rock glacier ice. Accordingly, all solutes must almost exclusively originate from their interim storage in the rock glacier ice. In contrast, their concentration in snowmelt and rainwater is negligible. It follows that monitoring toxic solute fluxes downstream of rock glaciers may allow to quantify the export of ice melt from rock glaciers. For instance, the observation that the annual fluxes of Ni and Zn exported from the studied rock glacier were 29-31 % lower in 2022 than in 2021 (Fig. 7) suggests that the export of ice melt followed a very similar pattern.
550 This interpretation is remarkable given that 2022 corresponds to a year with record high temperatures in the Alps (Noetzli and Pellet, 2023), as manifested by much higher summer temperatures than in 2021 (Fig. S5). Moreover, it suggests that in our study area the variable infiltration of water into rock glaciers caused by a varying winter snow cover and variations in summer precipitation (Fig. 7) apparently has a much stronger effect on yearly ice melt export rates than the variation of the summer air temperature. To test the significance of toxic solutes fluxes as a novel permafrost degradation monitoring proxy
555 or as an essential climate variable (ECV inventory, 2024), more research is required at selected test sites including long-term solute flux monitoring, the determination of solute concentrations in the rock glacier cores (sediment-ice mixture), and the independent monitoring of rock glacier degradation by other (e.g., geophysical) methods.

6 Conclusions

The detailed, two-year long monitoring of a high-alpine stream affected by acid rock drainage (ARD) in Eastern Switzerland
560 provided novel insights into the causes for the massive mobilization of toxic solutes such as Al, F⁻, Zn, Mn, and Ni. The main conclusions and implications are listed below:

- Compared to concentration measurements, tracking of solute fluxes were more important for increasing our understanding of the mobilization process. This is because, unlike solute fluxes, solute concentrations are influenced by dilution from snowmelt and atmospheric precipitation.
- 565 - In the studied catchment, the majority of the toxic solutes is mobilized from an intact rock glacier at the origin of the stream. As a consequence, in the rock glaciers springs their concentrations exceed drinking water limits by

factors of up to 226. At 5 km downstream, drinking water limits are still exceeded by factors of up to 15. The corresponding fluxes are on the order of several tons per year, which is remarkable given that the surface area of the studied rock glacier only covers an area of around 40000 m². Furthermore, the high fluxes demonstrate that intact rock glaciers may act as very strong chemical reactors.

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- The presence of liquid water in the rock glacier core is required for the production of sulfuric acid as a weathering agent, promoting the dissolution of the toxic solutes from the host rock. Moreover, it introduces oxygen, accelerating pyrite weathering. In the past, recurring cycles of freezing and thawing within the sediment-ice mixture (i.e. the rock glacier core), have led to the enrichment and interim storage of the leached solutes in the rock glacier ice. Hence, the presented data fully verified the initial storage and enrichment hypothesis of Wanner et al. (2023).

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- Today, climate warming increases the temperature of the top of the rock glacier core, causing the formation of a connected water film enriched in toxic solutes at the interface between sediments and ice in late summer. Infiltration of water from snowmelt and precipitation leads to a quick hydraulic export of both ice melt and toxic solutes. This is manifested by the strong positive correlation between solute fluxes and the discharge.

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- In the studied system, the export of ice melt from the rock glaciers currently causes a disproportionately high discharge in summer, confirming that rock glaciers will play a more important role as water resources in alpine regions.

- The fluxes of toxic solutes exported from intact rock glaciers affected by ARD are likely to increase until reaching a maximum. More research is required to estimate when this will be reached and what the maximum concentrations and fluxes will be. This increase in the concentration of toxic solutes corresponds to a decline in water quality downstream of rock glaciers impacted by ARD, emphasizing the necessity for continuous monitoring of such systems. In high-altitude settings such as in the Central Eastern Alps, however, the risk for larger streams in populated areas further downstream is considered limited. This is due to the spatially limited, isolated occurrence of affected rock glaciers at high altitude above 2500 m a.s.l., which is far away from populated areas other than individual farms being operated during summer time. In contrast, the environmental hazard caused by the degradation of ice-rich permafrost affected by ARD is likely much larger in high-latitude regions where permafrost covers much larger areas.

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- As the fluxes of toxic solutes downstream of rock glaciers essentially reflect their final hydraulic mobilization from the rock solute-enriched rock glacier ice, flux measurements may serve as a novel environmental tracer to study permafrost degradation.

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Data availability

Research data can be accessed at <https://zenodo.org/doi/10.5281/zenodo.10558549> (Moradi et al., 2024).

600 Author contribution

HM and CW designed the study. HM, CW, GF, and MM carried out the sampling and monitoring campaigns. HM, performed the chemical analyses of streamwater. HM and CW analyzed the data. HM with supervision of CW wrote the original draft. DM planned the UAV survey and prepared the figures showing maps. CW, GF, DM, and MM reviewed and edited the draft. CW acquired funding and was responsible for project management.

605 Competing interests

The contact author has declared that none of the authors has any competing interests.

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