



Diachronic assessment

of soil organic C and N dynamics under long-term no-till

cropping systems in the tropical upland of Cambodia

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30 **Abstract**

31 No-till (NT) cropping systems have been proposed as a potential strategy to combat soil degradation and
32 global warming by storing soil organic carbon (SOC) and nitrogen (N). Yet, there are ongoing debates
33 about the real benefits of NT systems and factors influencing SOC and N accumulation. Assessing the
34 dynamics of SOC and N on the long-term is needed to fill knowledge gaps and provide robust scientific
35 evidence for potential additional SOC storage. We quantified the changes in SOC and N stocks and
36 fractions down to 100 cm depth from three 13-year-old experiments in a tropical red Oxisol in Cambodia,
37 comparing conventional tillage (CT) to NT monocropping and NT crop rotation systems using a
38 diachronic and equivalent soil mass (ESM) approach. The three experiments comprised maize-, soybean-
39 , and cassava-based cropping system trials, hereafter called MaiEx, SoyEx, and CasEx, respectively. Soil
40 samples were collected in 2021, 10 years after the first sampling in 2011, at 7 depths: 0–5, 5–10, 10–20,
41 20–40, 40–60, 60–80, and 80–100 cm. Over the 10-year period (2011–2021), significant impacts on SOC
42 stock and its vertical distribution differed among the NT systems and in the three experiments. In MaiEx
43 and CasEx, the soils under all the NT systems significantly ($P > 0.05$) accumulated SOC stock across the
44 soil depths, with the accumulation ranging from 6.97 to 14.71 Mg C ha⁻¹ in the whole profile (0–100 cm).
45 In SoyEx, significant increase in SOC stock was limited to the top 0–20 cm under NT monocropping,
46 whereas NT crop rotation systems had significantly accumulating SOC stock from 0 to 80 cm depths.
47 When considering 0–100 cm as a single stratum, the annual SOC cumulative rate in NT systems ranged
48 from 0.86–1.47, 0.65–1.00, and 0.70–1.07 Mg C ha⁻¹ yr⁻¹ in MaiEx, SoyEx, and CasEx, respectively. In
49 the top 0–10 cm, NT systems significantly increased C concentration in particulate organic matter (POM)
50 by 115%, 118%, in MaiEx and SoyEx, respectively, and by 37% in CasEx although not significantly.



51 Similarly, at 0–10 cm depth, NT systems significantly enhanced C concentration in the mineral-associated
52 organic matter (MAOM) by 33%, 21%, in MaiEx and SoyEx, respectively. Significant increase of C in
53 MAOM was also observed from 0 to 40 cm in CasEx. In contrast, total N stock in NT systems increased
54 in the surface 0–5 cm depth but decreased below 10 cm and in the whole profile (0–100 cm), particularly
55 under NT monocropping with an annual loss rate of -0.10 and -0.17 Mg N ha⁻¹ yr⁻¹ in SoyEx and CasEx,
56 respectively. Although NT systems increased N concentration in POM in the top 0–10 cm of MaiEx and
57 SoyEx, a decreasing trend was observed below 10 cm depth. The N concentration in POM under NT
58 systems in CasEx also decreased with soil depth. From 2011 to 2021, N concentration in MAOM under
59 NT systems remained stable in MaiEx and SoyEx in the top 0–5 cm, but significant decreases in MaiEx
60 and CasEx below 5 cm.

61 Our findings suggest that adopting NT cropping systems with diverse crop and cover crop species and
62 high biomass C inputs in the long-term leads to SOC accumulation not only in the surface but also in
63 deeper layers, by increasing both the C pools in the POM and MAOM size fractions, even on the cassava-
64 based system, which is believed to be an annual crop that could cause serious soil fertility depletion. This
65 study highlights the potential of NT cropping systems to store SOC over time, but raises questions about
66 soil N dynamics.

67 **1 Introduction**

68 Land and soil degradation is a global challenge with consequences not only for food and nutrition security
69 but also for livelihoods, environmental pollution, climate change, water scarcity, and biodiversity. The
70 main processes that cause soil degradation are water and wind erosion, chemical depletion, physical



71 deterioration, decline in soil organic carbon (SOC) pools, loss in biodiversity, acidification, and salinity
72 ([Lal, 2015a](#); [Stavi and Lal, 2015](#); [Dragović and Vulević, 2020](#); [Barbier and Di Falco, 2021](#)). It was
73 estimated that about 562 million ha of land are degraded worldwide, with 5 to 10 million ha of land lost
74 each year as a result of severe degradation ([Stavi and Lal, 2015](#); [Nkonya et al., 2016](#)). The major factors
75 contributing to soil degradation are deforestation and land clearance, the overuse of agrochemicals, and
76 inappropriate agricultural management practices ([Dragović and Vulević, 2020](#)). Tropical soils have the
77 highest risks of degradation due to the combination of high rainfall intensity and the ongoing
78 intensification of agriculture to meet the food demand of a fast-growing population, which is also
79 constrained by the limited availability of land to be converted to cropland ([Barbier and Hochard, 2018](#);
80 [Craswell and Lefroy, 2001](#); [Barbier and Di Falco, 2021](#)).

81 Cambodia, located in the tropical region of Southeast Asia, is one of the highest land degradation hotspots
82 in the world, and about 60% of the country's population reside in these hotspot areas. In the last two
83 decades, human-induced activities including deforestation, land clearance for agriculture, climate change,
84 and inappropriate farming practices have further worsened Cambodia's already poor soil fertility
85 ([UNCCD, 2018](#); [Ken et al., 2020](#); [ADB, 2021](#)). Over the past two decades, 30%, or about 4.24 million
86 ha, of forest areas were converted to croplands, putting pressure on natural resources, biodiversity, and
87 threatening the provision of several ecosystem services ([World Bank Group, 2023](#)). In the Northwest
88 rainfed uplands, like in other parts of the country, studies on soil erosion at field scale and modelling
89 reported that the annual soil loss rate in conventional plough-based tillage (CT) ranged from 0.33 to more
90 than 80 Mg soil ha⁻¹ yr⁻¹, depending on soil type and land slope ([CARDI, 2017](#); [Nut et al., 2021](#); [Sourn et](#)
91 [al., 2022](#)). The amplitude of soil erosion increased by 41% from an annual erosion rate of 2.92 Mg soil



92 $\text{ha}^{-1} \text{yr}^{-1}$ in 1998 at the beginning of the forest conversion to agriculture with extensive, more diversified
93 farming practices to $4.98 \text{ Mg soil ha}^{-1} \text{yr}^{-1}$ in 2018 under CT maize and cassava-based monocropping
94 systems (Nut et al., 2021; Sourn et al., 2022, 2023). It was estimated that approximately 3–4 mm of topsoil
95 is washed away annually for this Northwestern region of Cambodia (Nut et al., 2021; Sourn et al., 2023).
96 Erosion induces soil degradation and SOC loss (Polyakov and Lal, 2004). It was estimated that from 2000
97 to 2010, Cambodia lost approximately 1.98 million Mg C in the top 0–30 cm depth as the consequence
98 of forest conversion to other land uses (MAFF, 2018).

99 SOC serves as the foundation of soil physical, chemical, and biological processes that sustain essential
100 ecosystem functions, and it is the reservoir of plant nutrients and energy for biota. Therefore, adopting
101 sustainable management practices that lead to increase in SOC content (Beillouin et al., 2023) is part of
102 the key strategies to reverse the soil degradation trends and to minimize the economics and environmental
103 impacts related to land degradation (Lal, 2015a; Obalum et al., 2017). Studies reported that agricultural
104 practices, in particularly those based on CT, weaken soil structure, accelerate soil erosion, and deplete
105 SOC stock (Tivet et al., 2013; Sá et al., 2014; Briedis et al., 2018; Oliveira et al., 2020; Tiecher et al.,
106 2020). By contrast, conservation agriculture (CA), defined by three key principles, (i) minimum or no
107 soil disturbance, (ii) permanent soil cover with mulch or cover crops, and (iii) crop diversification through
108 rotation or association, is a potential strategy to overcome soil degradation (Luo et al., 2010; Lal, 2015b;
109 Powlson et al., 2016; Obalum et al., 2017). No-till cropping systems (NT), are part of the conservation
110 agriculture practice approach, and involve a range of practices with a reduction or an absence in soil
111 tillage and a high diversity of plant species, amount and frequency of biomass-C inputs (e.g., main crops
112 and cover crops). The benefits of CA and NT cropping systems on soil health improvement have been



113 reported worldwide. Diversified NT cropping systems enhance the SOC stock in the topsoil layer
114 only after a several years of implementation (Hok et al., 2015) and pools (Sá et al., 2014; Briedis et al.,
115 2018; Sithole et al., 2019; Cooper et al., 2021; Rodrigues et al., 2022), especially through an increase in
116 physical protection of SOC inside soil aggregates (Six et al., 2002; Sithole et al., 2019; Rodrigues et al.,
117 2022). In addition, numerous studies have reported the co-benefits of NT cropping systems on soil health
118 enhancement (Pheap et al., 2019; Koun et al., 2023), increased water infiltration, reduced soil erosion
119 (TerAvest et al., 2015; Sithole et al., 2019), and enhanced microbial activities (Hok et al., 2018) and
120 abundance (Lienhard et al., 2013). Yet, there are still arguments about the benefits of CA and NT cropping
121 systems and associated factors that determine SOC accumulation. In addition, documentation of SOC
122 fractions is desirable for a better understanding of SOC dynamics and stabilization processes (Lavallee et
123 al., 2020). In a meta-analysis with the majority of the studies collecting samples between 0.15 and 0.3 m
124 depth, Powlson et al., 2016 reported that SOC accumulation rate under CA systems ranged from 0.16 to
125 0.49 Mg C ha⁻¹ yr⁻¹ in tropical soils in the Indo-Gangetic Plains and from 0.28 to 0.96 Mg C ha⁻¹ yr⁻¹ in
126 Sub-Saharan Africa. In a Ferralsol in Zimbabwe, Shumba et al., (2024) reported a SOC accumulation rate
127 of 0.13 Mg C ha⁻¹ yr⁻¹ in the 0–5 cm layer only. However, in meta-analyses, Angers and Eriksen-Hamel
128 (2008) and Luo et al., (2010) found that conversion from CT to NT only changed the SOC distribution in
129 the soil profile but did not significantly increase SOC stock in the whole profile. Boddey et al., (2010)
130 and Xiao et al., (2020) reported that NT significantly increased SOC stock only at the soil surface but not
131 the deeper layers. It is therefore crucial to quantify SOC change in subsoil when assessing the impact of
132 practices, especially in CA and NT systems. The amount, quality and frequency of the crop residues added
133 to soil under a range of climate-driven decomposition rates, soil mineralogy and profile characteristics



134 are important factors to consider to increase SOC stocks (Paustian et al., 1997; Six et al., 2002; Bayer et
135 al., 2006; Ogle et al., 2012; Virto et al., 2012). It has been suggested that the amount of biomass-C inputs
136 was the main factor explaining the variability in SOC storage between sites under NT (Virto et al., 2012).
137 In a synthesis from tropical soils, Fujisaki et al., (2018) reported that the amount of biomass-C inputs was
138 the main factor driving a positive C budget, enhancing C and N transformations, flow, and SOC stock
139 change. In a meta-analysis in Sub-Saharan Africa, Corbeels et al., (2019) found that not disturbing the
140 soil alone does not lead to an increase in SOC stock, but CA systems combining the three principles could.
141 It therefore seems that there is a hierarchy in CA principles to increase SOC stock, the most important
142 one being the permanent soil cover, followed by a reduction in soil tillage and improved rotations
143 (Shumba et al., 2024). This has been confirmed in a recent second-order meta-analysis where crop residue
144 retention and cover crops were the most efficient CA practices to increase SOC (Beillouin et al., 2023).
145 In addition, using improper methods could mislead the assessment of the long-term impact of
146 management practices on the SOC stock. Neto et al., (2010) and Junior et al., (2013) revealed that the
147 synchronic approach led to overestimated SOC accumulation from long-term experiments in Brazil due
148 to spatial heterogeneity and initial land use history. They highlighted that diachronic soil sampling should
149 be used for assessing soil SOC storage rates due to changes in land-use or management patterns. A change
150 in soil bulk density is often observed when comparing CA and NT systems to CT, due to differences in
151 tillage but also to root systems of cover crops. It is therefore required to estimate SOC change using an
152 equivalent soil mass approach instead of a fixed depth approach (Ellert and Bettany, 1995).
153 Cambodian soils are seriously threatened by inappropriate agricultural systems. The returns on taking
154 actions against land degradation are estimated at 3 US dollars for every dollar invested in restoring



155 degraded land in Cambodia. Therefore, taking actions to reverse the trend of soil degradation through
156 restoration and adopting sustainable agricultural management practices highlights the strong economic
157 benefits while combating soil degradation in the country (UNCCD, 2018). Since 2004, the conservation
158 agriculture research for development programs have been initiated by the joint-collaboration between the
159 General Directorate of Agriculture (GDA) and Centre de Coopération Internationale en Recherche
160 Agronomique pour le Développement (CIRAD), France. CA and NT cropping systems have been
161 promoted to smallholders in various agroecosystems in the country since 2009. The early effects of NT
162 cropping systems on soil health, and SOC sequestration have been reported in several studies (Hok et al.,
163 2015, 2018, 2021; Pheap et al., 2019; Suong et al., 2019; Sar, 2021; Koun et al., 2023), however, the
164 information on the impact of long-term NT systems on the changes in SOC stock remains scarce in the
165 country as well as in Southeast Asia. There is a need to document the long-term changes in SOC stocks
166 under CA and NT cropping systems to fill in the knowledge gaps as well as provide robust evidences to
167 land use planners and policymakers. This could be profitable not only for Cambodia but also for the whole
168 region.

169 Therefore, this study aimed to quantify the impacts of CT and different NT cropping systems on the
170 changes in SOC and total nitrogen (N) stocks and fractions over time (2011–2021) in Cambodia’s tropical
171 red Oxisol using diachronic and equivalent soil mass (ESM) approaches. We hypothesized that
172 implementation of the three core technical principles of CA would significantly enhance the SOC stocks
173 including in the subsoils. In addition, calculating SOC stock using the diachronic approach would prevent
174 a biased estimation of the SOC accumulation when compared to the synchronic approach.



175 **2 Materials and Methods**

176 **2.1 Study site description**

177 The study was conducted at Bos Khnor Conservation Agriculture Research Station, the oldest CA
178 research station in Southeast Asia, which belongs to the General Directorate of Agriculture (GDA),
179 Department of Agricultural Land Resources Management (DALRM). It is located in Chamkar Leu
180 district, Kampong Cham province (12°12'31.0"N 105°19'07.0"E, 118 m above sea level). The details of
181 the study site were reported in [Hok et al., \(2015\)](#). Briefly, the soil of the study site is classified as a red
182 Oxisol (USDA, 1999) or a Ferralsol in the world reference base (WRB) for soil resources ([IUSS Working](#)
183 [Group WRB, 2015](#)), with 1.3% sand, 29% silt, and 69% clay in the 0–20 cm and gradually increasing
184 with soil depth to 78 % clay at 20–100 cm. The clay fraction is mainly made of kaolinite ([Hok et al.,](#)
185 [2015](#)). The research site's climate is defined as tropical monsoon, corresponding to the Am Köppen
186 climate classification, with two main seasons: the wet season from May to October and the dry season
187 from November to April. The mean annual temperature from 2009–2021 was 27.5°C, while the average
188 annual minimum and maximum temperatures were 22°C and 35°C, respectively. The annual rainfall
189 during the last 13 years ranged between 1,650 and 2,000 mm.

190 **2.2 Experimental design, treatment description, and crop management**

191 The detailed history of the research site, experimental design, treatment description, and fertilizer
192 application were reported in [Hok et al., \(2015\)](#) and [Pheap et al., \(2019\)](#). Our study covers three
193 experiments, implemented in 2009, including (i) maize (*Zea mays* L.) (which was a former rice (*Oryza*
194 *sativa* L.)-based trial from 2009 to 2019 and shifted to maize-based trial in 2020), (ii) soybean (*Glycine*
195 *max* L.), and (iii) cassava (*Manihot esculenta* Crantz)-based cropping system trials, hereafter called



196 MaiEx, SoyEx, and CasEx, respectively. These represent the most important annual upland crops in
197 Cambodia as well as in some Southeast Asian countries. The experiments are arranged in a randomized
198 complete block design with three replicates. The elementary plot dimensions are 8m x 37.5m, equivalent
199 to 300 m². Each experiment consists of four (4) treatments: (i) conventional tillage (CT) in which the
200 main crops, i.e., maize (Mz), soybean (Sb), and cassava (Cs) are mono-cropped with land preparation
201 done by disc plowing (CT-Mz, CT-Sb, and CT-Cs); (ii) no-tillage mulch-based cropping systems (NT),
202 in which the main crops (maize, soybean, and cassava) are cropped in a one-year frequency pattern under
203 CA management (NT1-Mz, NT1-Sb, and NT1-Cs) along with addition of cover crops; (iii) and (iv) NT
204 systems in which the main crops (i.e., soybean and cassava), were grown in a bi-annual rotation with
205 maize in the case of SoyEx (NT2-Sb, NT3-Sb) and CasEx (NT2-Cs, NT3-Cs), respectively, while the
206 maize was grown in a bi-annual rotation with soybean in the case of MaiEx (NT2-Mz, NT3-Mz) under
207 CA management along with addition of cover crops.

208 For main crop residue management in MaiEx and SoyEx, all crop residues were retained in the soil in all
209 the tillage systems. In CasEx, all the cassava fallen leaves and branches were retained in the soil, while
210 100% of the cassava main stems and original cuttings were completely removed from the plot after harvest
211 under CT-Cs, representing standard farmers' practices. For all the NT-Cs, all the cassava fallen leaves
212 and branches were returned to the soil, while 50% of the cassava main stems and 100% of the original
213 cuttings were retained in the soil and then crimped to speed up the decomposition process and facilitate
214 field operation implementations in the following cropping season. The residues of all the cover crops
215 were left as mulch under all the NT systems in all the experiments.



216 There were a few adjustments on the cropping systems over the experimental period from 2009 to 2021,
217 especially with the use of cover crops, crop varieties, and mineral fertilizer application types and rates.
218 Details of main crops and cover crop successions and the cumulative amount of the aboveground biomass-
219 C and N inputs from the crops are presented in [Table 1](#). The C inputs were estimated from the dry
220 aboveground biomass inputs recorded prior to the termination of the cover crops and at grains/tuber
221 harvest for the main crops. The C and N inputs from the root systems were not recorded nor even estimated
222 based on literature. In the case of missing data of aboveground biomass, the amount of biomass was
223 estimated using the average of recorded data over time as reference in the case of cover crops and grain
224 and/or tuber-aboveground biomass ratio for the main crops (e.g. rice, maize, soybean and cassava). In
225 addition, the cumulative and annual N inputs were estimated from the amount of the cumulative and
226 annual C inputs, respectively, by applying available C/N ratio values of each plant species that were
227 yielded from the C and N concentration analysis by dry combustion.

228 For land preparation, the CT plot is ploughed twice to 15-20 cm depth using a 7-disc plough after early
229 rains at the beginning of the wet season and then before the main crop cultivation. If sufficient early rain
230 falls were received at the beginning of the wet season (in the 3rd week of March), Sesame (*Sesamum*
231 *indicum* L.) and mung bean (*Vigna radiata* (L.) R. Wilczek) were sown manually under CT treatment in
232 SoyEx and MaiEx, respectively, as early-cycle cash crops (April to June) prior to the main crops, i.e.,
233 soybean or maize (from July to November). If that was not the case, the CT plots remained fallow with
234 the growth of natural grasses and broad leaves until the main cycle crops. These cropping systems
235 represent the standard farmers' practices. Under the NT systems (NT1, NT2 and NT3), a long cycle cover
236 crop i.e., stylo (*Stylosanthes guianensis* (Aubl.) Sw.) was used as a cover crop and grown in association



237 with the main crops. This cover crop was sown in the middle of the inter-row at 0, 15, 35 days after the
238 sowing of the main crops, i.e., maize, cassava, rice, respectively, and by seed broadcasting at the first
239 yellow leaves of soybean, approximately 4 weeks before harvest. In addition, if the development and/or
240 density of the cover crop sown the previous year was considered insufficient, pearl millet (*Pennisetum*
241 *typhoides* (L.) Morrone) or sorghum (*Sorghum bicolor* (L.) Moench) was sown alone for the treatments
242 planted with soybean or mixed with sunhemp (*Crotalaria juncea* L.) and cowpea (*Vigna unguiculata* (L.)
243 Walp.) for the treatments planted with maize at the beginning of the rainy season as short-cycle cover
244 crops. The cover crops were then grown for 60–75 days prior to the main cycle of rice, maize, or soybean.
245 The main crops (rice, maize and soybean), both under CT and NT management, as well as the cover crops
246 (at the beginning of the rainy season) were sown by a NT planter (Fitarelli pulled by power tiller, Vence
247 Tudo, or Seamato lifted or pulled by tractor). From 2009 to 2020, cassava was planted along the furrows
248 drawn by chiselling at 0.8 m spacing to approximately 20 cm depth, and then it was planted by a NT
249 cassava planter (Planticenter) in 2021. Under the NT systems, the cover crops were terminated by
250 crimping followed by the application of a mix of non-selective herbicides, i.e., glyphosate [N
251 (phosphonomethyl) glycine] and 2,4-D [2,4-dichloro-phenoxyacetic acid], at a rate of 960 and 720 g
252 active ingredient (a.i) ha⁻¹, respectively.

253 Since 2009, soil amendment was done with thermo phosphate (16% P₂O₅, 31% CaO and 16% MgO) at
254 the end of dry season (early April), and then basal fertilizers and top dressings on the main crops were
255 applied with different rates of N, P, K depending on the types and phenological stage of each main crops
256 using diammonium phosphate (18% N, 46% P), ammonium sulphate (16% N, 20% P), potassium chloride



257 (60% K), and urea (46% N). The application of the fertilizer inputs to each main crop are detailed in [Table](#)

258 [2](#).

^aMaEx: maize-based cropping system trial; SoyEx: soybean-based cropping system trial; and CasEx: cassava-based cropping system trial; CT: conventional tillage; NT: no-till, NT1, NT2, and NT3 refer to no-till mulch-based cropping systems associated with different crop sequences. ^bBr: brachiaria (*Brachiaria ruziziensis* R.Germ. & C.M.Evarard); Co: cowpea (*Vigna unguiculata* (L.) Walp.); Cs: cassava (*Manihot esculenta* Crantz); Mi: millet (*Pennisetum glaucum* (L.) R.Br.); Mu: Mungbean (*Vigna radiata* (L.) R. Wilczek); Mz: maize (*Zea mays* L.); P: pigeon pea (*Cajanus cajan* L.); R: rice (*Oryza sativa* L.); Rb: ricebean (*Vigna umbellata* (Thunb.) Ohwi & H. Ohashi); S: soybean (*Glycine max* L.); Se: sesame (*Sesame indicum* L.); So: Sorghum (*Sorghum bicolor* (L.) Moench); St: stylo (*Stylosanthes gitanensis* (Aubl.) Sw.); Su: sunhemp (*Crotalaria juncea* L.); “_” indicates the period between the year; “*” indicates relay cropping with varying planting dates; and “+” indicates crops planted in association (same or staggered sowing dates). The C inputs were estimated from the amount of aboveground biomass of each crop; the belowground biomass was not included.

161 **Table 2.** Mineral fertilizer rates applied to the main crops during the experimental period (2009-2021).

Annual mineral fertilizer rates (kg ha ⁻¹) ^a	Crops	Year										Total fertilizer input			
		2009	2010	2011	2012	2013	2014	2015	2016	2017	2018		2019	2020	2021
N in CO(NH ₂) ₂	Cassava	92	69	69	69	69	69	69	69	69	69	69	69	69	920
	Maize	92	69	69	69	69	46	46	46	46	46	46	46	46	736
Rice	Rice	69	46	46	46	46	46	46	46	46	46	46	46	46	529
	Soybean	23	23	23	23	23									115
N in (NH ₄) ₂ SO ₄	Maize						24	24	24	24	24	24	24	24	192
	Soybean						18	18	18	18	18	18	18	18	144
P ₂ O ₅	All crops	80	32	32	32	32	32	32	32	32	32	32	0	0	400
	Maize						30	30	30	30	30	30	30	30	240
P in (NH ₄) ₂ HPO ₄	Soybean						46	46	46	46	46	46	46	46	368
	Cassava	60	90	60	60	60	60	60	60	60	60	60	60	60	810
K ₂ O	Maize	60	30	30	30	30	30	30	30	30	30	30	30	30	420
	Rice	60	30	30	30	30	30	30	30	30	30	30	30	30	360
Soybean	Soybean	60	60	60	60	60	60	60	60	60	60	60	60	60	780

CO(NH₂)₂: Urea (46.0,0); (NH₄)₂SO₄: Ammonium sulphate (16.20,0); (NH₄)₂HPO₄: Diammonium phosphate (18.46-0); P₂O₅: Thermo phosphate (0.18,0); and K₂O: Potassium chloride (0.0,60).





262 **2.3 Soil sampling and processing**

263 The study was a diachronic analysis from 2011 to 2021. In 2009, prior to the establishment of the
264 experiments, soil and bulk density (ρ_b) samples were collected as the pre-experiment (PE) from three
265 randomly selected sampling points per replicate of each experimental location at four depths: 0–5, 5–10,
266 10–20, and 20–30 cm. The individual soil samples from the same depth and replicate were composited,
267 resulting in three composites per depth and per experiment. The composite samples were oven dried at
268 40°C and sieved through a 2mm mesh for chemical property analysis. Bulk density samples were
269 collected using core samplers of 5 cm in diameter and 5 cm in height, oven dried at 105°C for 48 h.

270 In November 2011, soil sampling was conducted to assess the early effects of tillage systems on soil
271 organic C and N concentrations and stocks. The details of the sampling are described in [Hok et al., \(2015\)](#).

272 Briefly, two pits (1m x 1m) were opened per elementary plot for soil and ρ_b sample collection. Individual
273 samples for chemical analysis were collected from two undisturbed sides of each pit at 0–5, 5–10, 10–20,
274 20–40, 40–60, 60–80, and 80–100 cm. The individual samples from the same depth and the same pit were
275 composited, and as a result, two composite samples per layer were collected per elementary plot. The
276 composites were oven-dried at 40°C before being softly disrupted, sieved through a 2-mm sieve, and
277 homogenized. Soil bulk density samples were taken from the same two undisturbed sides of each pit at
278 the same soil depths as for SOC analysis using core samplers of 5 cm in diameter and 5 cm in height. The
279 soil cores were oven-dried at 105°C for 48 h. Similarly, in 2011, six subplots were delimited for soil
280 sampling in an area of roughly 17 ha in the adjacent reference vegetation (RV), which served as a baseline
281 for comparison with the three cropping systems. The reference vegetation site was located approximately



282 500 m from the experimental plots. The vegetation composition of RV was an old coffee plantation grown
283 under the shade of *Leucaena glauca* (Lam.) de Wit that was planted in 1990. The crop history here was
284 the same as that of the experimental plots from 1937 to 1990 after the conversion of the natural forest to
285 cropland.

286 In December 2021, we re-sampled the soil to assess the changes in ρ_b , SOC and N concentrations and
287 stocks ten years after the study conducted by [Hok et al., \(2015\)](#). The samples were collected at the same
288 7 layers. From each treatment and replicate, we collected four individual samples by an automatic soil
289 column cylinder auger (Eijkelkamp, the Netherlands) in a diagonal “X” shape from four points within
290 each plot, avoiding overlapping on the pits opened in 2011. In addition, we dug a 1 m x 1 m pit in the
291 middle of each plot for sample collection; three individual soil samples and three ρ_b cores were collected
292 from three undisturbed sides of the pit at each depth. Soil samples were air-dried at room temperature,
293 gently broken down, and sieved through a 2 mm mesh sieve. Finally, the seven individual samples from
294 the same layer were mixed and homogenized to make a composite sample per elementary plot. The
295 samples of ρ_b were oven-dried at 105°C for 48 h.

296 **2.4 Soil organic C analyses**

297 The SOC and total N concentration of the soil samples collected in 2009 and 2011 were determined by
298 dry combustion using an elemental CN analyzer (TruSpec CN, LECO, St. Joseph, USA). The details of
299 the analysis were described in [Hok et al., \(2015\)](#). Sub-samples of the composite soils ($n = 3$ per layer)
300 collected in 2021 were finely ground ($<150 \mu\text{m}$) before analysis for total C and N by dry combustion



301 using the LECO[®] CHN628 analyzer at the Sustainable Agroecosystems Lab, ETH Zurich University,
302 Switzerland.

303 **2.5 Soil organic C and N stocks calculation**

304 In this Oxisol, there was no coarse fraction (i.e. gravels) left after sieving at 2 mm. Therefore, the bulk
305 density of soil equals the bulk density of fine earth. To avoid inaccurate stock calculation due to
306 differences in bulk density between treatments when using the fixed depth method, the equivalent soil
307 mass (ESM) approach was applied to compute SOC and N stocks (Ellert and Bettany, 1995; Von Haden
308 et al., 2020; Fowler et al., 2023). Since the pb of the treatments differed between the two sampling years
309 (2011 and 2021) and the reference vegetation at each sampling depth (Table S1 in the supplementary
310 materials), we defined the reference soil mass as the lowest soil mass observed at each sampling depth,
311 regardless of sampling years, cropping systems or land use. For this reference, soil mass layers (480, 518,
312 1061, 1873, 1766, 1809, and 1779 Mg ha⁻¹) corresponded to the depth layers (0–5, 5–10, 10–20, 20–40,
313 40–60, 60–80, and 80–100 cm, respectively). We applied these reference soil masses to compute the SOC
314 and N stocks in 2021 and recalculated the stocks of the PE, RV and the treatments of the three experiments
315 collected in 2011.

316 To correct for differences in pb, SOC and N stocks were computed according to Eq. 1 and 2.

$$317 \quad M_{(soilmin,i)} = \rho b_{(i)} \times T_{(i)} \times 1000 \quad (eq. 1)$$

$$318 \quad SOCstock = \sum_{(i=1)}^n [(M_{(soilmin,i)} \times conc_{\cdot(i)}) + ((M_{(soil,i)} - M_{(soilmin,i)}) \times conc_{\cdot(i-1)})] \times 0.001 \quad (eq. 2)$$

319



320 Where: $M_{(soilmin,i)}$ is the minimal soil mass per unit area in the i th layer ($Mg\ ha^{-1}$) recorded over the
321 treatments and used as a reference. $\rho b_{(i)}$ is the bulk density of the i th layer ($g\ cm^{-3}$). $T_{(i)}$ is the thickness
322 of the i th layer (m). $conc_{(i)}$ is the concentration of SOC in i th layer. $conc_{(i-1)}$ is the concentration of
323 SOC in $i - 1$ th layer. $M_{(soil,i)}$ is the designated soil mass of each layer (i.e., the maximum soil mass). The
324 numbers 1000 and 0.001 are unit conversion coefficients.

325

326 We defined delta stock of SOC and N, as the stock change within the same treatment and depth between
327 2021 and 2011 sampling years (diachronic) and calculated it as follows:

$$328 \Delta SOCstock_{diach} = SOCstock_{treatment(i)2021} - SOCstock_{treatment(i)2011} \quad (eq. 3)$$

329 Where: i represents the treatments.

330

331 To compare the synchronic and diachronic approaches for SOC stock change, the stock change estimated
332 by the synchronic approach was computed as follows using the CT treatment as the control treatment:

$$333 \Delta SOCstock_{synch} = SOCstock_{NT(i)2021} - SOCstock_{CT2021} \quad (eq. 4)$$

334 Where: $NT(i)$ represents NT1, NT2, and NT3 treatments.

335 The SOC and N stock change (accumulation or loss) rates ($Mg\ C\ or\ N\ ha^{-1}\ yr^{-1}$) of each treatment were
336 calculated by dividing Δ SOC stock by the number of years between the 1st and 2nd samplings (10 years):

$$337 SOCstockchangerate_{treatment(i)} = \frac{\Delta SOCstock_{treatment(i)}}{10} \quad (eq. 5)$$



338 **2.6 Particle-size fractionation of soil organic matter**

339 The soil organic C was physically fractionated using a sub-sample of the composite soil for all the
340 treatments and seven depths. The particle-size fractionation was implemented in accordance with the
341 procedure described in [Hok et al., \(2015\)](#). Briefly, 40 g of soil samples were dispersed in a solution of
342 1.25 g of sodium hexametaphosphate and 100 mL of deionized water and stored at 10 °C for 16 hours.
343 The sample was then horizontally shaken at 100 rpm for 8 hours with three 10-mm-diameter agate balls.
344 The soil mixture was wet-sieved with deionized water through a 53- μ m sieve to get the proportion of
345 particulate organic matter (POM) sized between 53 μ m and 2,000 μ m. The < 53- μ m fraction was
346 flocculated with 2-g CaCl₂ in a 1-L glass cylinder and left overnight for sedimentation. The supernatant
347 was syphoned after full sedimentation. This < 53- μ m fraction is made up of mineral-associated organic
348 matter (MAOM). The two fractions were oven-dried at 40°C until reaching constant weight and finely
349 ground for determining C and N concentrations by dry combustion using the LECO® CHN628 analyzer
350 at the Sustainable Agroecosystems Lab, ETH Zurich University, Switzerland.

351 **2.7 Statistical analysis**

352 Statistical analysis was computed using R software, version 4.3.1 (Core Team, 2023). Linear mixed
353 models (lmerTest package) were fitted on all data: sampling years, soil depths, and treatments were
354 defined as the fixed factors, while the replicates were defined as the random factors. Prior to the analysis,
355 the normality of each variable was checked by Shapiro's test. Then we applied Levene's test to check the
356 homoscedasticity of the data. A diachronic approach was used to assess statistical significance between
357 the two sampling years (i.e., 2021 vs. 2011) of the same treatment at the same soil depth by analysis of



358 variance with Fisher tests (degrees of freedom calculated by Satterthwaite method), computing of
359 estimated marginal means (EMMs) and p-value adjustment using the Tukey method. The same approach
360 was used to compare SOC stocks between treatments in the same sampling year, calculated at equivalent
361 soil mass and using the synchronic approach. In addition, we applied the same statistical procedures to
362 assess the statistical significance of cumulative SOC and N stocks.

363 **3 Results**

364 The effects of cropping systems on the concentrations, stocks of SOC and N as well as their fractions in
365 the physical size classes between 2011 and 2021 varied among the three experiments and across the soil
366 profile.

367 **3.1 Cropping system effects on SOC and N concentrations and stocks**

368 The concentrations of SOC and N in 2011 and 2021 are presented in [Fig. 1](#) and [Fig. 2](#), respectively, with
369 the duplicates provided in [Table S2](#) and [S3](#) in the supplementary materials. [Table 3](#) and [4](#) show the SOC
370 and N stocks in 2021 and the stock change rate between 2011 and 2021, respectively. The SOC and N
371 stocks in 2011 are provided in [Table S4](#) in the supplementary materials.

372 **3.1.1 Maize-based experiment**

373 The SOC concentration of all the treatments in 2011 and 2021 was highest in the topsoil (0–5 cm) and
374 decreased with soil depth ([Fig. 1A and 1B](#)). From 2011 to 2021, SOC concentration under NT-Mz crop
375 rotation systems (average of NT2-Mz and NT3-Mz) significantly increased by 50%, 24%, and 15% at 0–
376 5, 5–10, and 10–20 cm depth, respectively. Significant increase was still observed under NT2-Mz at 20–



377 40 cm depth. NT1-Mz significantly increased SOC concentration over the whole soil profile by 68%,
378 21%, 16%, 17%, 23%, and 16% at 0–5, 5–10, 20–40, 40–60, 60–80, and 80–100 cm, respectively (Fig.
379 1B) when compared between 2021 and 2011. In the case of CT-Mz, except for the significant increase
380 observed in the 10–20 cm layer, the SOC concentration remained neutral at 0–10 and 20–80 cm, then
381 significantly decreased at 80–100 cm (Fig. 1A and 1B).

382 Over 10-year of historical cropping sequences, the significant responses of SOC stock and its distribution
383 varied depending on the tillage and cropping systems (Table 3). SOC stock under NT-Mz crop rotation
384 systems increased by 50%, 26%, and 15%, equivalent to a gain of 4.6, 2.6, and 2.2 Mg C ha⁻¹ at 0–5, 5–
385 10, and 10–20 cm depth, respectively. Unlike SOC concentration, NT1-Mz only significantly increased
386 SOC stock in the top soils by 68% and 26%, equivalent to 6.1 and 2.2 Mg C ha⁻¹ in the 0–5 and 5–10 cm,
387 respectively. Despite CT-Mz significantly accumulated SOC stock in the tilled layers (5–10 and 10–20
388 cm), significant reductions were found in the 60–80 and 80–100 cm depths (Table 3).

389 At the first sampling in 2011, SOC stock in 0–20 cm depth under RV was significantly ($P < 0.05$) higher
390 at 17%, 21%, and 22% than under CT-Mz, NT1-Mz, and NT-Mz crop rotation systems, respectively. In
391 2021, SOC stock under CT-Mz and all the NT-Mz did not differ ($P < 0.05$) from RV. SOC stock was
392 fully recovered under NT-Mz crop rotation systems and even surpassed the RV's stock by +0.64 Mg C
393 ha⁻¹ under NT1-Mz, while the difference with RV decreased from 17 to 8% under CT-Mz (Fig. 3A).

394 Considering a 100 cm as a single stratum, all the NT-Mz cropping systems significantly increased SOC
395 stock, with accumulation rates ranging from 0.86 to 1.47 Mg C ha⁻¹ yr⁻¹, while it was not the case in CT-
396 Mz (Table 3).



397 Over 10 years of cultivation, all the NT-Mz systems significantly increased N concentration in the top 0–
398 5 cm depth (32% in NT-Mz crop rotation systems and 44% in NT1-Mz), but soil N significantly decreased
399 by -24% in NT1-Mz at 40–60 cm and at least from -18 to -21% in NT-Mz crop rotation systems from 40
400 to 100 cm. In CT-Mz, soil N concentration remained neutral from 0 to 40 cm, then significantly decreased
401 in the 40–60 and 80–100 cm depths (Fig. 2A and 2B).

402 N stock in the soils under all the NT-Mz systems significantly increased in the uppermost soil surface (0–
403 5 cm), remained neutral in the 5–40 cm, then significantly decreased below 40 cm (Table 4). Averaged
404 N stock in NT-Mz crop rotation systems increased by 32%, equivalent to 0.3 Mg N ha⁻¹ in the 0–5 cm,
405 whereas there was significant reduction of -16% and -23% from 40 to 100 cm. In NT1-Mz, N stock
406 significantly increased in the 0–5 cm layer by 43%, equivalent to 0.4 Mg N ha⁻¹, then significantly reduced
407 by -23% in the 40–60 cm. In the case of CT-Mz, N stock remained constant from 0–40 cm, then
408 significantly declined from -14 to -24% from 40 to 100 cm (Table 4).

409 When RV was used as a reference (0–20 cm depth), N stock in 2011 was significantly lower by 25%,
410 22%, and 20% under CT-Mz, NT1-Mz, and NT-Mz crop rotation systems, respectively. In 2021, the
411 difference in N stock decreased to 15% and 7.5% under the NT1-Mz and NT-Mz crop rotation systems,
412 respectively, when compared with RV. In contrast to NT-Mz, N stock did not change under CT-Mz in
413 2021 (Fig. 3D).

414 Although not significant, after nearly a decade of rice-based and the recent shift to maize-based systems,
415 soil N stock in the whole profile (0–100 cm) showed a decreasing trend by -11%, -6%, and -5%,
416 equivalent to annual loss rates of -0.11, -0.06, and -0.06 Mg N ha⁻¹ yr⁻¹ under CT-Mz, NT1-Mz, and NT-
417 Mz biannual rotation systems, respectively (Table 4).



418 **3.1.2 Soybean-based experiment**

419 After 10 years of implementation, significant increase ($p < 0.05$) in SOC concentration was only observed
420 under all the NT-Sb cropping systems (NT1-Sb, NT2-Sb, and NT3-Sb) in the top 0–5 cm with a similar
421 increase amount of ~ 7.5 g C kg^{-1} soil. SOC concentration in CT-Cs remained stable across the whole
422 profile (Fig. 1C and 1D).

423 SOC stock significantly increased in the surface layers (0–10 cm) under all NT-Sb systems (Table 3).

424 SOC stock significantly increased by 3.6 Mg C ha^{-1} in the 0–5 cm in NT1-Sb. NT-Sb crop rotation
425 systems (average of NT2-Sb and NT3-Sb) significantly accumulated SOC stock by 3.55 and 1.75 Mg C
426 ha^{-1} in 0–5 and 5–10 cm, respectively, along with a positive trend from 10 to 60 cm depth. Unlike all the
427 NT-Sb systems, the SOC stock in the CT-Sb soil remained neutral across the whole profile (Table 3).

428 In 2011, RV as a reference (0–20 cm) significantly stored 13%, 14%, and 16% higher SOC stock than
429 CT-Sb, NT1-Sb, and NT-Sb bi-annual rotation, respectively. In 2021, SOC stock increased and a 100%
430 recovery was observed under NT-Sb biannual rotation systems, while the differences with RV dropped
431 to 9% and 5% under CT-Sb and NT1-Sb, respectively, although not significant (Fig. 3B).

432 Considering the whole profile (0–100 cm), after 10 years of cultivation, the study showed that all the NT-
433 Sb systems increased SOC stock with annual accumulation rates ranging from 0.65 to 1.00 Mg C ha^{-1} yr^{-1}
434 although non-significant difference was detected (Table 3).

435 From 2011 to 2021, all the NT-Sb systems significantly increased soil N concentration in the top 0–5 cm
436 with a similar increase of ~ 0.46 g N kg^{-1} soil (Fig. 2C and 2D). Noticeably, significant decreases in N
437 concentration were observed in the 40–60, 60–80, and 80–100 cm under NT-Sb bi-annual rotation



438 systems and in the 60–80 and 80–100 cm depths under NT1-Sb (Fig. 2C and 2D). In contrast to NT-Sb
439 systems, N concentration remained constant across the whole profile in soybean monocropping under
440 conventional plough-based tillage (CT-Sb) (Fig 2D).

441 Over 10 years of cultivation, the N stock significantly increased in a similar amount of 0.2 Mg N ha⁻¹
442 under all the NT-Sb systems in the top 0–5 cm. The N stock under all the NT-Sb systems remained stable
443 from 5 to 60 cm, then significantly decreased in the 60–80 and 80–100 cm depths (Table 4).

444 In 2011, RV's soil (0-20 cm) significantly stored 23%, 20%, and 18% higher N stock than CT-Sb, NT1-
445 Sb, and NT-Sb crop rotation systems, respectively. In 2021, N stock increased and the differences with
446 RV reduced to 16%, 18%, and 11% under CT-Sb, NT1-Sb, and NT-Sb crop rotation systems, respectively,
447 although not significant (Fig. 3E).

448 Measured in the whole profile (0–100 cm), soybean monocropping under NT systems (NT1-Sb)
449 significantly decreased N stock with an annual loss rate of -0.1 Mg N ha⁻¹ yr⁻¹, while NT-Sb bi-annual
450 rotation systems exhibited a decrease trend of N stock with an annual loss rate of -0.06 Mg N ha⁻¹ yr⁻¹
451 (Table 4). Despite the significant increase in the 10–20 and decrease in the 60–80 cm, N stock in CT-Sb
452 remained stable when considering the whole profile 0–100 cm (Table 4).

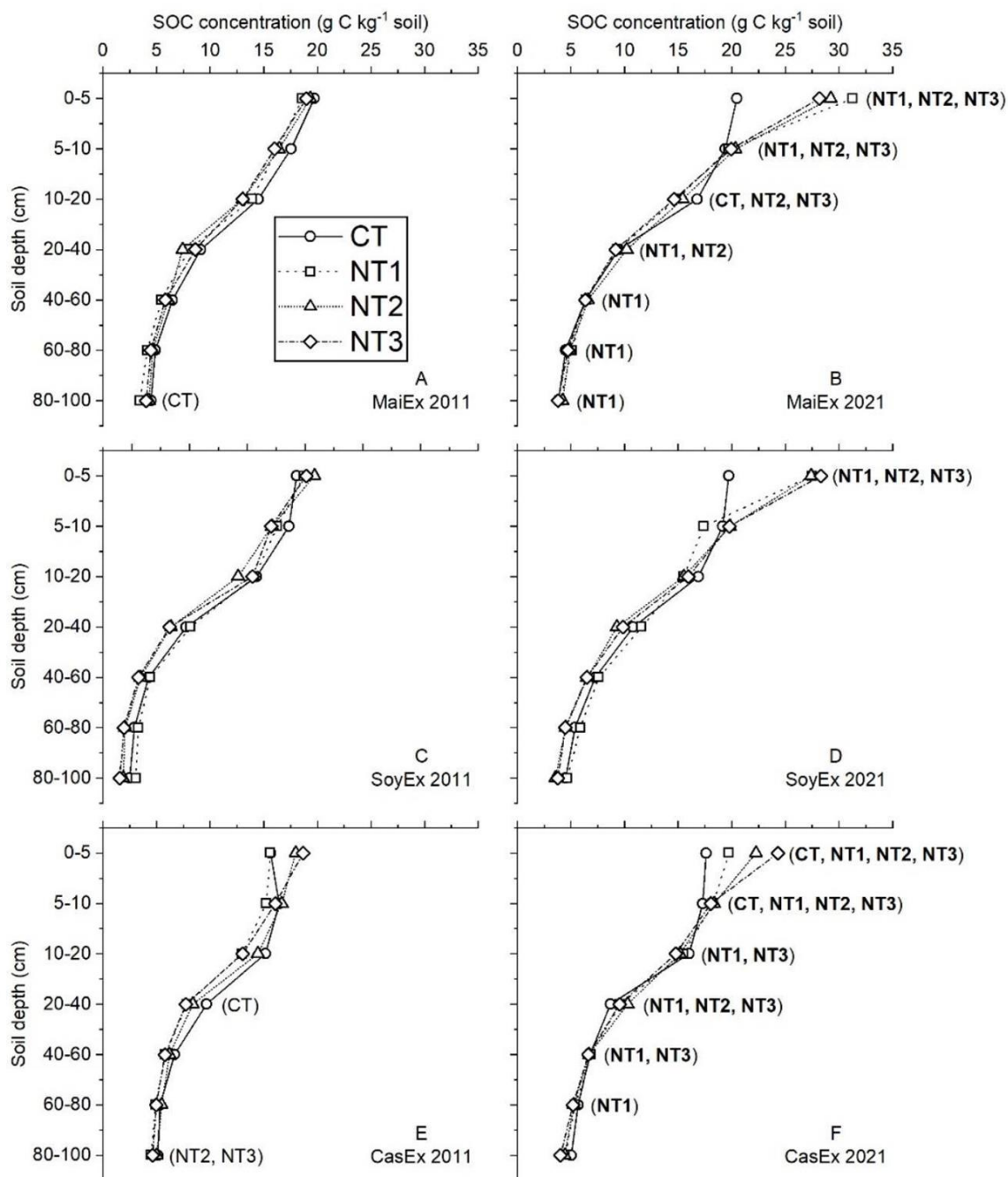


Figure 1. SOC concentration (0-100 cm) in 2011 and 2021 under different cropping systems. CT: conventional tillage; NT: no-till, NT1, NT2, and NT3 refer to no-till associated with different cropping systems as described in Table 1. Treatment(s) in bold within the brackets indicate the gain and significant difference in concentrations between 2011 and 2021 in the same treatment at the same soil depth.

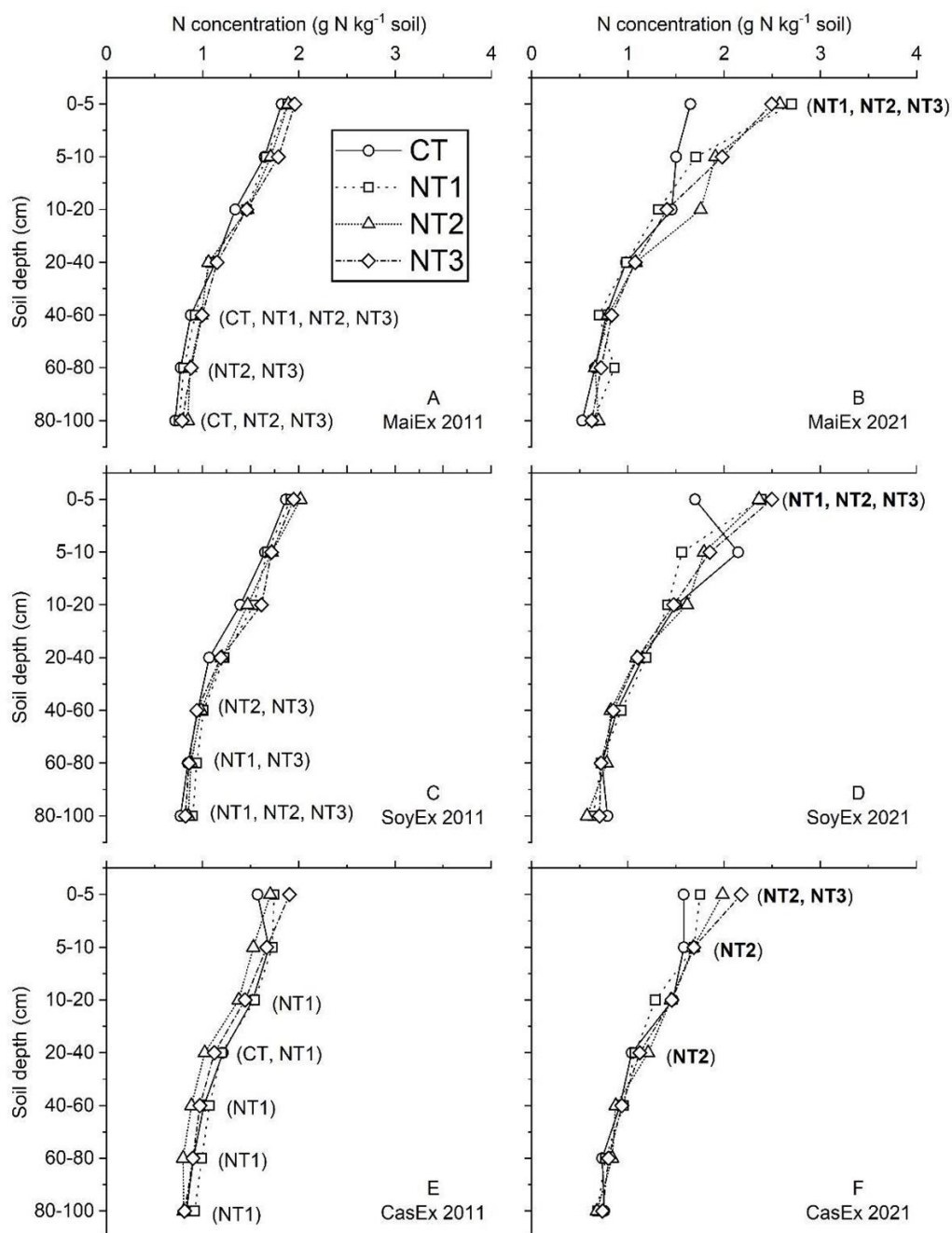


Figure 2. Total N concentration (0-100 cm) in 2011 and 2021 under different cropping systems. CT: conventional tillage; NT: no-till, NT1, NT2, and NT3 refer to no-till associated with different cropping systems as described in Table 1. Treatment(s) in bold within the brackets indicate the gain and significant difference in concentrations between 2011 and 2021 in the same treatment at the same soil depth.

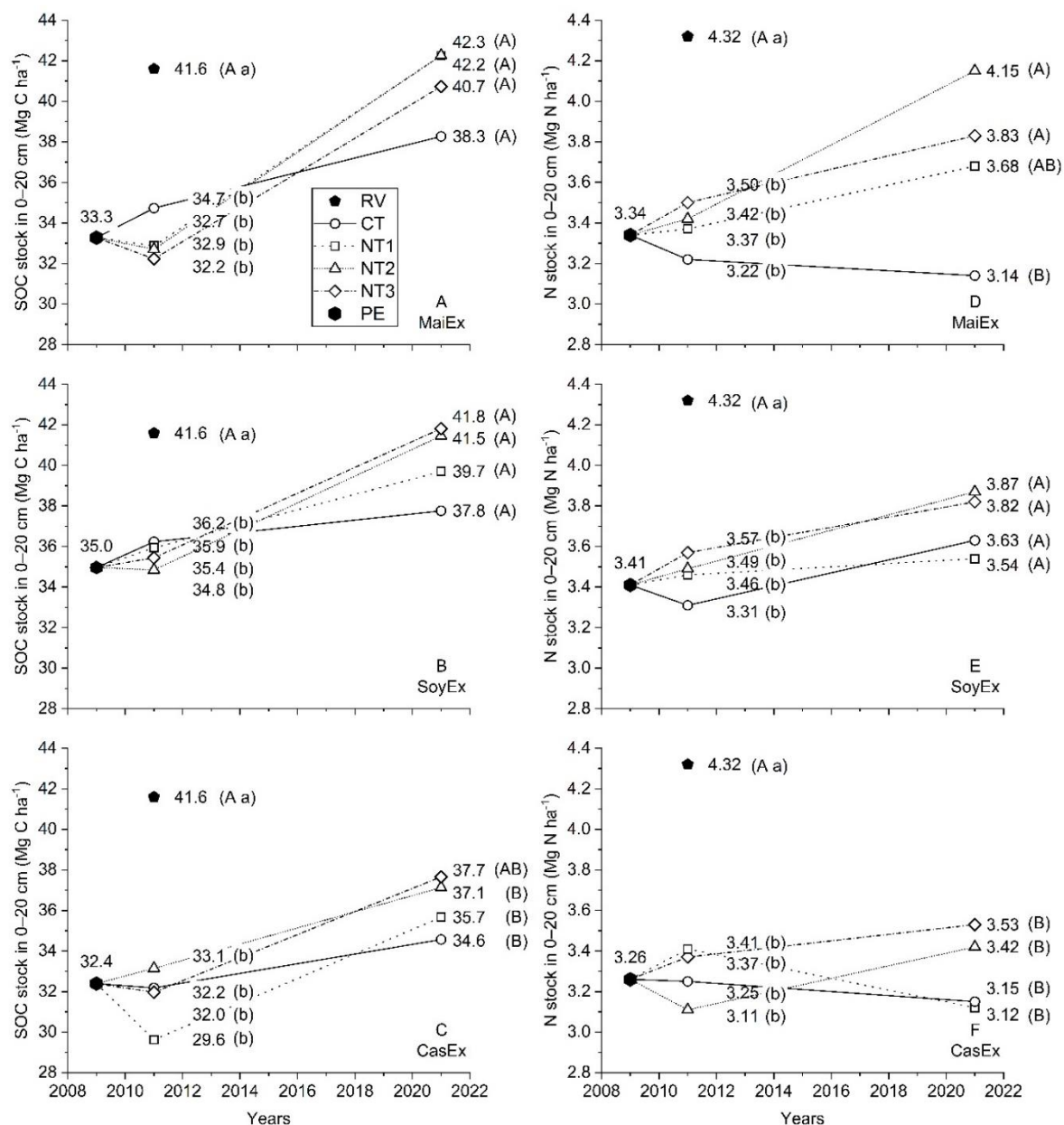


Figure 3. Changes in SOC and N stocks (Mg ha⁻¹) at 0–20 cm depth from pre-experiment (PE) in 2009, 2011, and 2021 under different cropping systems with reference vegetation (RV) for comparison. CT: conventional tillage; NT: no-till, NT1, NT2, and NT3 refer to no-till associated with different cropping systems as described in Table 1. Lowercase letters inside the brackets indicate significant difference between RV and the treatment(s) in 2011 and Uppercase letters inside the brackets indicate significant difference between RV and the treatment(s) in 2021 (Tukey’s test; P < 0.05).



453 3.1.3 Cassava-based experiment

454 Over a decade, all the treatments significantly ($P < 0.05$) increased SOC concentration in the upper layers
455 (0–10 cm), while significant increases below 10 cm were only observed under NT-Cs systems (Fig. 1F).

456 Among the two treatments of NT-Cs crop rotation systems (NT2-Cs and NT3-Cs), NT3-Cs significantly
457 increased SOC concentration from the top 0 to 60 cm by 30%, 12%, 13%, 23%, and 15% in the 0–5, 5–
458 10, 10–20, 20–40, and 40–60 cm, respectively, while a significant decrease of -13% was recorded in the
459 80–100 cm depth. Under NT2-Cs, significant increases in SOC concentration were observed up to 40 cm
460 depth with a gain of 24%, 10%, and 23% in 0–5, 5–10, and 20–40 cm, respectively, with a significant
461 decrease by -12% in 80–100 cm depth (Fig. 1E and 1F). In the case of cassava monocropping under NT
462 systems (NT1-Cs), significant increases in SOC concentration were detected from 0 to 80 cm with a gain
463 of 26%, 20%, 19%, 22%, 18%, and 10% in the 0–5, 5–10, 10–20, 20–40, 40–60, and 60–80 cm,
464 respectively (Fig. 1F). For CT-Cs, SOC concentration significantly increased, but at 2 times lower than
465 that of those NT-Cs systems, by 12% and 5% in the top 0–5 and 5–10 cm, respectively, with a significant
466 decrease by -10% detected in 20–40 cm depth (Fig. 1E and 1F).

467 From 2011 to 2021, SOC stocks under the NT-Cs crop rotation systems (NT2-Cs and NT3-Cs) increased
468 significantly ($P < 0.05$) by 2.4, 1.1, 1.4, and 2.9 Mg C ha⁻¹ in 0–5, 5–10, 10–20, and 20–40 cm,
469 respectively, with still a positive trend in 40–60 cm and then a significant decrease by -0.9 Mg C ha⁻¹ in
470 80–100 cm (Table 3). Similarly, NT1-Cs significantly increased SOC stock by 2.0, 1.6, 2.5, and 2.2 Mg
471 C ha⁻¹ in 0–5, 5–10, 10–20, and 20–40 cm, respectively (Table 3). For cassava monocropping under
472 conventional tillage (CT-Cs), SOC stock significantly increased, but at 2 times lower than all the NT-Cs



473 systems, by 0.9, 0.5, and 0.9 Mg C ha⁻¹ in the 0–5, 5–10, and 10–20 cm, respectively, while no significant
474 changes were recorded below 40 cm (Table 3).

475 In 2011, with RV used as a reference (0–20 cm), SOC stock was significantly higher in RV by 23%, 29%,
476 and 22% in CT-Cs, NT1-Cs, and NT-Cs crop rotation systems (average of NT2-Cs and NT3-Cs),
477 respectively. In 2021, the difference in SOC stock with RV declined to 17%, 14%, and 10% in CT-Cs,
478 NT1-Cs, and NT-Cs crop rotation systems, respectively (Fig. 3C).

479 Over a 10-year period, from 0 to 100 cm depth, SOC stock significantly increased under all the NT-Cs
480 systems, with an accumulation rate ranging from 0.70 to 1.07 Mg C ha⁻¹ yr⁻¹, while the SOC stock change
481 in CT-Cs was not significant and remain stable (Table 3).

482 Surprisingly, the response of soil N concentration to tillage systems differed from SOC. NT-Cs crop
483 rotation systems (NT2-Cs and NT3-Cs) significantly increase soil N in the uppermost layer (0–5 cm) with
484 an average increase of 16% (0.28 g N kg⁻¹ soil), whereas significant increases were observed by 10% in
485 5–10 cm and by 19% in 20–40 cm under NT2-Cs (Fig. 2F). Over a 10-year period, cassava monocropping
486 under NT systems (NT1-Cs) resulted in stable N concentration in the top 0–10 cm, but the concentration
487 significantly decreased below 10 cm by -10 to -25% from 10 to 100 cm depth (Fig. 2E). For CT-Cs, N
488 concentration remained stable throughout the soil profile, except a significant loss of -14% detected in
489 the 20–40 cm layer (Fig. 2E).

490 In the case of N stock, among the two NT-Cs crop rotation systems (NT2-Cs and NT3-Cs), NT3-Cs
491 significantly increased N stock by 15% (0.1 Mg N ha⁻¹) in the surface 0–5 cm, while significant increases
492 were found by 0.1, 0.1 and 0.3 Mg N ha⁻¹ at 0–5, 5–10, and 20–40 cm, respectively, in the NT2-Cs (Table
493 4). In the case of cassava monocropping, N stock in the NT1-Cs soil remained constant in the top 0–10



494 cm, then significantly decreased from 10 to 100 cm from -0.3 to -0.5 Mg N ha^{-1} . In a similar trend to NT1-
495 Cs, N stock in CT-Cs soil did not change at the top 0–20 cm, but significantly decreased from -0.2 to -0.3
496 Mg N ha^{-1} from 20 to 100 cm (Table 4).

497 From 2011 to 2021, considering 0–20 cm depth, all tillage and cropping systems did not alter N stocks
498 when compared to RV (Fig. 3F).

499 When considering the whole profile (0–100 cm), N stock in the NT-Cs bi-annual rotation systems did not
500 change with time. Regardless of tillage systems, long-term cassava monocropping resulted in significant
501 decreases of N with an annual depletion rate of -0.11 and -0.17 $\text{Mg N ha}^{-1} \text{ yr}^{-1}$ under CT-Cs and NT1-Cs,
502 respectively (Table 4).



503 **Table 3.** Mean SOC stocks in 2021 and SOC stock change rate between 2021 and 2011.

Experiments ^a	Approximate soil depth (cm)	Cropping systems ^b			SOC stock in 2021 (Mg C ha ⁻¹)			SOC stock change rate 2021-11 (Mg C ha ⁻¹ yr ⁻¹)		
		CT	NT1	NT2	NT3	CT	NT1	NT2	NT3	
MaEx	0-5	9.83 c	15.01 Aa	14.03 Aab	13.52 Ab	0.04	0.61	0.48	0.44	
	5-10	10.16 Ab	10.91 Aab	11.16 Aa	10.89 Aab	0.09	0.22	0.23	0.22	
	10-20	18.28 A	16.31	17.08 A	16.32 A	0.23	0.11	0.25	0.19	
	20-40	19.90	18.61	20.28 A	18.64	0.11	0.16	0.45	0.07	
	40-60	12.58	12.18	12.75	12.31	-0.04	0.08	0.10	0.02	
	60-80	9.01 B	9.58	9.64	9.33	-0.12	0.07	-0.02	-0.02	
	80-100	7.17 B	7.51	7.97	7.26	-0.13	0.05	-0.02	-0.06	
	0-100	86.92	90.13 A	92.90 A	88.27 A	0.17	1.30	1.47	0.86	
SoyEx	0-5	9.45 b	13.17 Aa	13.14 Aa	13.58 Aa	0.02	0.36	0.32	0.39	
	5-10	9.95	9.74	11.05 A	10.80 A	0.03	0.04	0.18	0.17	
	10-20	18.35	16.79	17.27	17.43	0.11	-0.02	0.17	0.08	
	20-40	22.34	22.66	19.26	19.69	0.19	0.17	0.19	0.18	
	40-60	15.20	15.86	13.00	13.08	0.14	0.10	0.13	0.17	
	60-80	11.16	11.95	9.48	9.32	0.04	0.06	0.01	0.04	
	80-100	8.76	9.37	7.03	7.25	-0.04	-0.05	-0.08	-0.02	
	0-100	95.22	99.53	90.23	91.15	0.48	0.65	0.92	1.00	
CasEx	0-5	8.44 Ac	9.48 Ab	10.68 Aa	11.67 Aa	0.09	0.20	0.21	0.27	
	5-10	8.97 Ab	9.52 Aab	9.82 Aa	9.76 Aa	0.05	0.16	0.10	0.12	
	10-20	17.15 A	16.66 A	16.63 A	16.23 A	0.09	0.25	0.09	0.18	
	20-40	18.18	18.84 A	20.77 A	19.27 A	-0.09	0.22	0.29	0.29	
	40-60	13.12	13.42	13.95	12.99	-0.05	0.14	0.12	0.13	
	60-80	11.11	10.78	10.61	10.18	0.02	0.09	-0.01	0.04	
	80-100	9.47	8.71	8.62 B	7.91 B	0.02	0.01	-0.10	-0.08	
	0-100	86.44	87.42 A	91.07 A	88.01 A	0.14	1.07	0.70	0.95	

^aMaEx: Maize-based experiment; SoyEx: Soybean-based experiment; and CasEx: Cassava-based experiment.

^bCT: conventional tillage; NT: no-till, NT1, NT2, and NT3 refer to no-till associated with cropping systems as described in Table 1. Different uppercase letters accompanying the values indicate significant difference within the same treatment between 2011 and 2021 (diachronic), and different lowercase letters indicate significant difference between the treatments within the same sampling date (synchronic) at the same soil depth at $P \leq 0.05$ (Tukey's test). Values of SOC stock change rates in bold indicate changes for a given treatment and depth between 2021 and 2011 are significantly different from 0 at $P \leq 0.05$ (Tukey's test). Positive values of SOC stock change rate indicate a SOC accumulation; negative values indicate a SOC loss.



504 **Table 4.** Mean total N stock in 2021 and N stock change rate between 2021 and 2011.

Experiments ^a	Approximate soil depth (cm)	Cropping systems ^b						N stock change rate 2021-11 (Mg N ha ⁻¹ yr ⁻¹)								
		CT		NT1		NT2		CT		NT1		NT2		NT3		
		N stock in 2021 (Mg N ha ⁻¹)														
MaEx	0-5	0.79	b	1.30	Aa	1.24	Aa	1.20	Aa	-0.01	0.04	0.03	0.03	0.03	0.01	
	5-10	0.79	b	0.95	ab	1.04	a	1.06	a	-0.01	0.01	0.01	0.01	0.01	0.01	
	10-20	1.55	ab	1.44	b	1.87	a	1.58	ab	0.01	-0.01	0.03	0.00	0.00	0.00	
	20-40	1.98		1.91		2.18		2.11		-0.02	-0.02	0.01	-0.02	-0.02	0.00	
	40-60	1.46	B	1.33	B	1.48	B	1.56	B	-0.02	-0.04	-0.03	-0.03	-0.03	0.00	
	60-80	1.24	B	1.49		1.25	B	1.36	B	-0.02	-0.01	-0.04	-0.04	-0.04	0.00	
	80-100	1.00	B	1.22		1.21	B	1.17	B	-0.03	-0.02	-0.03	-0.04	-0.04	0.00	
	0-100	8.82		9.63		10.27		10.03		-0.11	-0.06	-0.03	-0.09	-0.09	0.00	
	SoyEx	0-5	0.82	b	1.15	Aa	1.13	Aa	1.20	Aa	-0.01	0.02	0.02	0.03	0.03	0.01
		5-10	1.07		0.87		0.99		1.00		0.02	0.00	0.01	0.01	0.01	0.01
10-20		1.75	A	1.53		1.74		1.62		0.02	-0.01	0.01	0.01	-0.01	0.00	
20-40		2.28		2.29		2.20		2.14		0.02	-0.01	-0.01	-0.02	-0.02	0.00	
40-60		1.74		1.80	A	1.60		1.62		0.00	-0.02	-0.03	-0.02	-0.02	0.00	
60-80		1.44	B	1.47	B	1.44	B	1.39	B	-0.02	-0.03	-0.02	-0.02	-0.02	0.00	
80-100		1.36		1.21	B	1.18	B	1.26	B	-0.01	-0.04	-0.04	-0.02	-0.02	0.00	
0-100		10.45		10.31	B	10.29		10.23		0.02	-0.10	-0.06	-0.06	-0.06	0.00	
CasEx		0-5	0.76	c	0.84	bc	0.95	Aab	1.05	Aa	0.00	0.00	0.01	0.01	0.01	0.00
		5-10	0.82		0.88		0.89	A	0.91		0.00	0.00	0.01	0.01	0.01	0.00
	10-20	1.57	ab	1.40	Bb	1.57	ab	1.58	a	-0.01	-0.03	0.01	0.00	0.00	0.00	
	20-40	2.06	B	2.04	B	2.34	A	2.19		-0.03	-0.03	0.03	0.03	0.00	0.00	
	40-60	1.69	B	1.74	B	1.75		1.74		-0.02	-0.03	0.01	-0.01	-0.01	0.00	
	60-80	1.48	B	1.51	B	1.54		1.52		-0.02	-0.04	0.00	-0.02	-0.02	0.00	
	80-100	1.32		1.29	B	1.34		1.35		-0.02	-0.05	-0.01	-0.02	-0.02	0.00	
	0-100	9.70	B	9.70	B	10.40		10.34		-0.11	-0.17	0.06	-0.03	-0.03	0.00	

^aMaEx: Maize-based experiment; SoyEx: Soybean-based experiment; and CasEx: Cassava-based experiment.

^bCT: conventional tillage; NT: no-till, NT1, NT2, and NT3 refer to no-till associated with cropping systems as described in Table 1. Different uppercase letters accompanying the values indicate significant difference within the same treatment between 2011 and 2021 (diachronic), and different lowercase letters indicate significant difference between the treatments within the same sampling date (synchronic) at the same soil depth at $P \leq 0.05$ (Tukey's test). Values of N stock change rates in bold indicate changes for a given treatment and depth between 2021 and 2011 are significantly different from 0 at $P \leq 0.05$ (Tukey's test). Positive values of N stock change rate indicate a N accumulation; negative values indicate a N loss.



512 **3.2 The impact of cropping systems on organic C and N concentrations in size fractions**

513 [Fig. 4](#) (with duplicates of [Table S5](#) and [S6](#) in supplementary materials) shows the depth distribution and
514 the proportion of C in POM (C-POM) and MAOM (C-MAOM) concentrations in 2011 and 2021, while
515 the depth distribution and the proportion of N concentrations in the POM (N-POM) and MAOM (N-
516 MAOM) fractions in 2011 and 2021 are presented in [Fig. 5](#) (with the duplicates in [Table S7](#) and [S8](#) in the
517 supplementary materials).

518 **3.2.1 Maize-based experiment**

519 Over the 10-year period, the concentrations of C-POM and C-MAOM were significantly ($P < 0.05$)
520 influenced by all the treatments; however, the effects varied across cropping systems ([Fig. 4A and 4B](#)).
521 Among the two treatments of NT-Mz crop rotation systems (NT2-Mz and NT3-Mz), NT3-Mz
522 significantly increased C-POM by 126% in 0–5 cm and C-MAOM by 45% and 19% in 0–5, and 5–10
523 cm, respectively. NT2-Mz significantly increased C-POM by 117%, 48%, and 68% and C-MAOM by
524 43%, 21%, and 37% in the 0–5, 5–10, and 20–40 cm, respectively ([Fig. 4A and 4B](#)). For NT1-Mz,
525 significant increases were found in C-POM by 226% and 59% in 0–5 and 5–10 cm depths, respectively.
526 C-MAOM concentration was also significantly increased under NT1-Mz by 50%, 17%, 14%, and 12%
527 in 0–5, 5–10, 20–40, and 40–60 cm, respectively ([Fig. 4A and 4B](#)). Significant increases in C-POM by
528 44% and 52% and C-MAOM by 14% and 19% in the 5–10 and 10–20 cm, respectively, were observed
529 in CT-Mz soil ([Fig. 4A and 4B](#)). At 80–100 cm depth, a significant decrease in C-MAOM by -11%, was
530 observed under CT-Mz, while this was not the case for all the NT-Mz systems ([Fig. 4A and 4B](#)).



531 Adoption of all the NT-Mz systems significantly ($P < 0.05$) increased N-POM concentration in the surface
532 layers (0–10 cm), while significant decreases were observed below 40 cm (Fig. 5A and 5B). The
533 concentration of N-POM under NT3-Mz significantly increased by 151% in 0–5 cm, but significantly
534 decreased by -41% in 40–60 cm layer. NT2-Mz significantly increased N-POM by 142% and 77% in 0–
535 5 and 5–10 cm, respectively, whereas the concentration was significantly reduced by -42% to -76% from
536 40 to 100 cm depths (Fig. 5A and 5B). The N-POM concentration was significantly increased in NT1-
537 Mz by 258% and 61% in the top 0–5 and 5–10 cm, respectively, but was significantly reduced by -26%
538 and -71% in 40–60 and 80–100 cm depth, respectively. N-POM under CT-Mz did not change in the
539 surface soils but significantly decreased by -59% to -77% from 40 to 100 cm (Fig. 5A and 5B). Our
540 diachronic study showed that adopting crop rotations under NT-Mz systems did not enhance N-MOAM
541 at any soil depth but resulted in significant ($P < 0.05$) N loss in MAOM below 5 cm in NT2-Mz and below
542 20 cm in NT3-Mz (Fig. 5A and 5B). For rice monocropping for nearly a decade and the shift to recent
543 maize monocropping under both conventional tillage and NT systems, the concentration of N-MAOM
544 remained stable throughout the whole profile, with the exception of significant ($P < 0.05$) decreases found
545 in 40–60 and 80–100 cm depths under CT-Mz and NT1-Mz, respectively (Fig. 5A and 5B).

546 3.2.2 Soybean-based experiment

547 Under this diachronic analysis, the concentration of C and N in the POM fraction showed similar patterns
548 and magnitudes as in MaiEx (Fig. 4 and 5). C-POM in the top 0–20 cm was influenced by tillage and
549 cropping systems. Adoption of NT-Sb crop rotation systems (NT2-Sb and NT3-Sb) significantly ($P <$
550 0.05) increased C-POM by 115% and 47% in 0–5 and 5–10 cm, respectively (Fig. 4D). Under NT1-Sb,



551 C-POM significantly increased by 215%, 101% and 72% in 0–5, 5–10, and 10–20 cm, respectively. The
552 amount of C-POM in CT-Sb soil significantly increased in the ploughed layers (5–10 and 10–20 cm) but
553 at approximately 2 times lower than those NT-Sb systems (Fig. 4D). The C-POM concentration did not
554 change below 20 cm in all the treatments, with the exception of a significant decrease under NT3-Sb in
555 80–100 cm (Fig. 4C and 4D). The effects of cropping systems on C-MAOM concentration varied across
556 the four treatments and soil depths (Fig. 4C and 4D). Compared between the two treatments in NT-Sb
557 crop rotation systems, NT3-Sb significantly ($P < 0.05$) enhanced C-MAOM by 25%, 29%, 7%, and 13%
558 in 0–5, 5–10, 10–20, 40–60 cm depth, respectively. In the case of NT2-Sb, C-MAOM significantly
559 increased by 22% and 8% in 0–5, and 10–20 cm, respectively, with a significant reduction by -19% in the
560 lowest profile (80–100 cm). Similar to NT2-Sb, NT1-Sb significantly increased C-MAOM by 28% and
561 5% in 0–5 and 10–20 cm, respectively, with a significant decline by -16% detected in the lowest profile
562 (80–100 cm). For CT-Sb, significant increases in C-MAOM were observed by 7% and 12% in 10–20 and
563 40–60 cm depth, respectively, with a significant decrease by -13% spotted in 80–100 cm depth (Fig. 4C
564 and 4D).

565 From 2011 to 2021, the amount of N-POM fraction under NT-Sb crop rotation systems significantly ($P <$
566 0.05) increased by an average of 0.13 g N kg⁻¹ soil at 0–5 cm and 0.02 g N kg⁻¹ soil at 5–10 cm. Significant
567 decrease of N-POM below 60 cm was found in NT3-Sb, but it was not the case in NT2-Sb (Fig. 5D).
568 NT1-Sb significantly increased N-POM by 0.21, 0.05, and 0.02 g N kg⁻¹ soil in 0–5, 5–10, and 10–20 cm,
569 respectively, while the concentration remained constant below 20 cm. Under CT-Sb, N-POM
570 significantly increased at the same amount of 0.02 g N kg⁻¹ soil in the plough layers (5–10 and 10–20
571 cm), with a significant decrease found in 80–100 cm (Fig. 5C and 5D).



572 In contrast to C-POM, the amount of N- MAOM in all the NT-Sb systems did not change from 0 to 40
573 cm, but significant reductions were observed below 40 cm. NT2-Sb significant loss N- MAOM by -43%
574 to -61% from 60 to 100 cm, whereas a significant loss of 40% at 80–100 cm was observed in NT3-Sb
575 (Fig. 5C and 5D). Under long-term soybean monocropping, the concentration of N-MAOM significantly
576 decreased by -25% to -49% and -33% to -58% from 60–100 cm under NT1-Sb and CT-Sb, respectively
577 (Fig. 5C and 5D).

578 3.2.3 Cassava-based experiment

579 After 10 years of experimentation, all the treatments in CasEx had no significant effect on the C-POM
580 concentration in the topsoil (0–20 cm) as observed in MaiEx and SoyEx (Fig. 4E and 4F). Except for a
581 few significant increases in C-POM detected under NT1-Cs and NT3-Sb in 20–40 cm and significant
582 decreases in C-POM under CT-Cs and NT2-Cs in 20–40 and 60–80 cm, respectively, the C-POM
583 concentration in all treatments remained constant below 20 cm (Fig. 4E and 4F). Surprisingly, all the
584 treatments had a significant positive impact on C-MAOM in the upper 0–20 cm, and the effects even
585 extended below 20 cm under all the NT-Cs systems (Fig. 4E and 4F). The concentration of C-MAOM
586 significantly increased under NT-Cs crop rotation systems (average of NT2-Cs and NT3-Cs) by 26%,
587 11%, 9%, 24%, and 13% in 0–5, 5–10, 10–20, 20–40, and 40–60 cm, respectively. NT1-Cs significantly
588 enhanced C-MAOM by at least 11% to 23% from 0 to 80 cm (Fig. 4E). The concentration of C-MAOM
589 was significantly increased under CT-Cs at roughly 6% in the top 0–20 cm, and the concentration did not
590 change below 20 cm (Fig. 4E and 4F).



591 Over a 10-year period, the concentration of N-POM was not influenced by any treatments, while all the
592 treatments significantly reduced the N-MAOM concentration across the soil profile (Fig. 5E and 5F).
593 Despite the fact that the N-MAOM did not change in the top 0–5 cm, the concentration significantly
594 decreased by -14% to -69% from 5 to 100 cm across all three NT-Cs systems. For CT-Cs, N-MAOM
595 concentration significantly decreased in the whole profile (0–100 cm) with a depletion of -20% to -52%
596 (Fig. 5E and 5F).

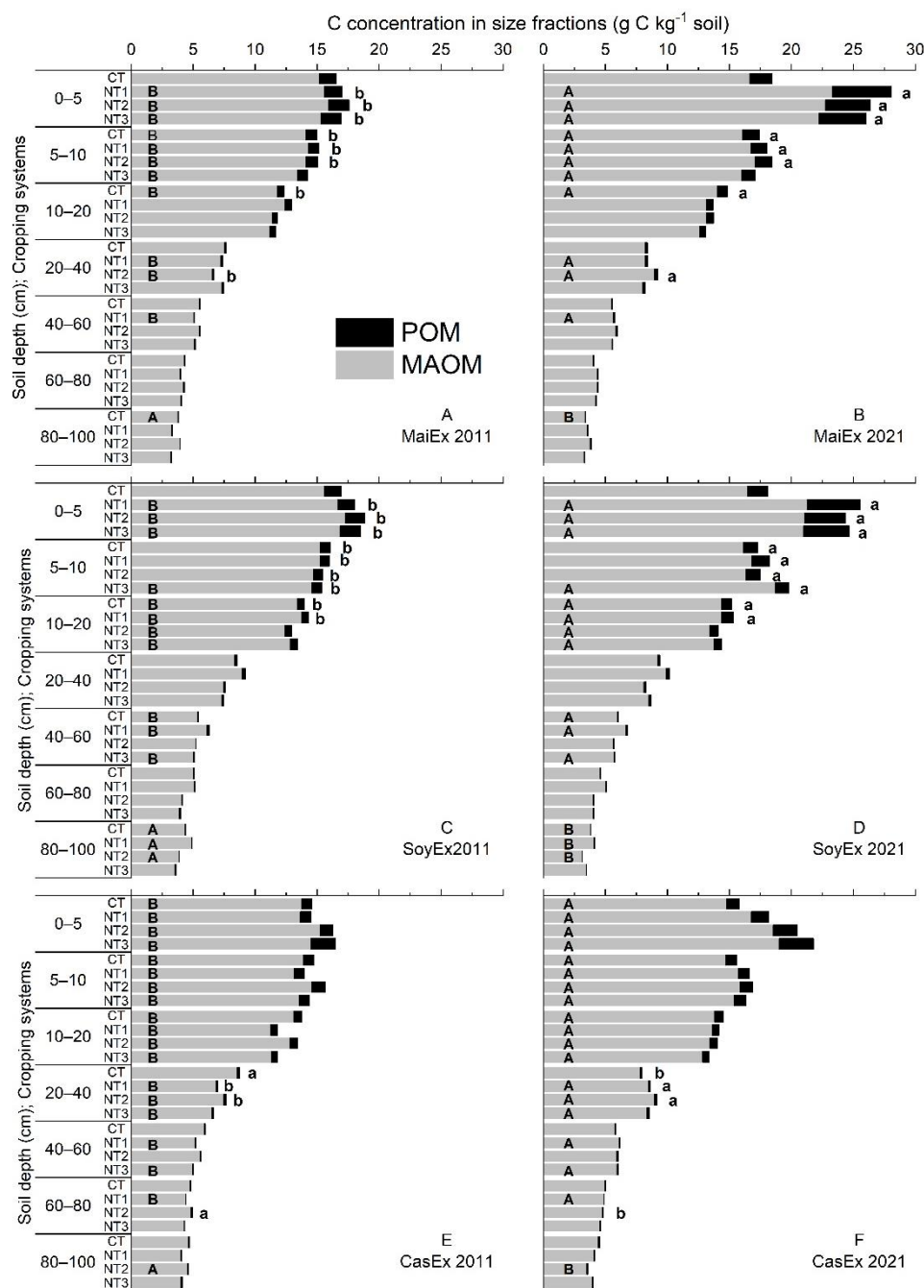


Figure 4. Amount of C in mineral-associated organic matter (MAOM) and particulate organic matter (POM) fractions 2011 and 2021 under different cropping systems. CT: conventional tillage; NT: no-till, NT1, NT2, and NT3 refer to no-till mulch-based cropping systems associated with different cropping systems as described in Table 1. Uppercase letters on the bars and lowercase letters in front of the bars indicate a significant difference (Tukey's test; $P < 0.05$) in C concentration in MAOM and POM, respectively, between 2011 and 2021 for the same treatment and soil depth.

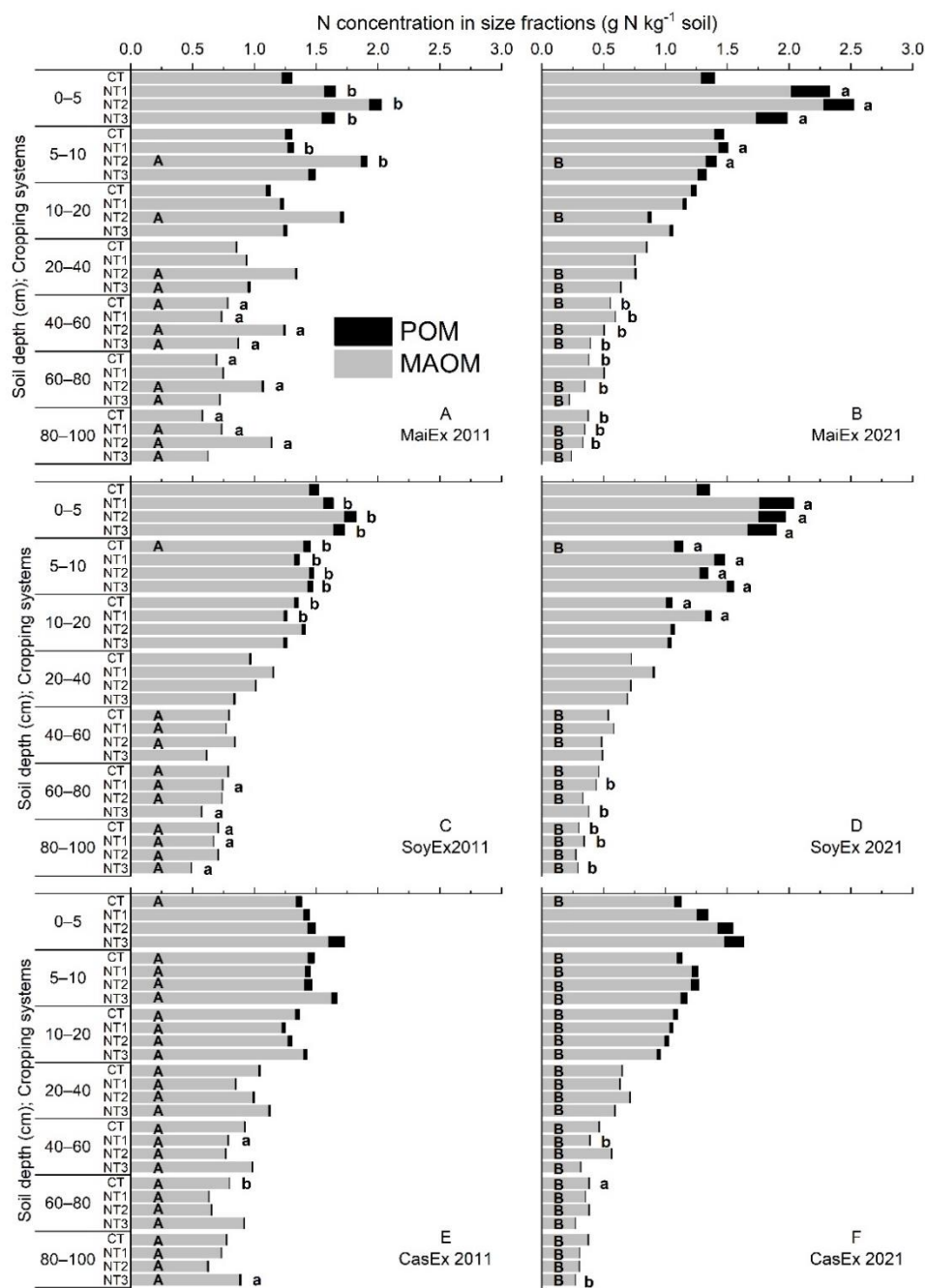


Figure 5. Amount of N in mineral-associated organic matter (MAOM) and particulate organic matter (POM) fractions in 2011 and 2021 under different cropping systems. CT: conventional tillage; NT: no-till, NT1, NT2, and NT3 refer to no-till mulch-based cropping systems associated with different cropping systems described in Table 1. Uppercase letters on the bars and lowercase letters in front of the bars indicate a significant difference (Tukey's test; $P < 0.05$) in N concentration in MAOM and POM, respectively, between 2011 and 2021 for the same treatment and soil depth.



597 4 Discussion

598 4.1 Change in SOC stock

599 This study quantified the impacts of cropping systems on changes in SOC and N stocks and their fractions
600 down to 100 cm depth in three long-term annual crop production experiments. Over 10 years, NT systems
601 modified the SOC stock and its vertical distribution ([Table 3](#)).

602 Several studies reported that long-term NT adoption accumulated SOC stock only on the surface soils,
603 but the stock did not differ from CT when considering the whole soil profile ([Blanco-Canqui and Lal,](#)
604 [2008](#); [Luo et al., 2010](#); [Blanco-Canqui et al., 2011](#); [Du et al., 2017](#); [Xiao et al., 2020](#)). For example, a
605 recent meta-analysis from 86 studies covering a range of crop productions across the world, ([Xiao et al.,](#)
606 [2020](#)) found that NT systems significantly accumulated the SOC stock only in the top 0–5 cm, and no
607 significant change was found below 5 cm. Across climatic conditions, soil types, and various cropping
608 systems in China, based on 95 comparisons between NT and CT, adopting NT led to increase in SOC
609 stock by 3.8% in the upper 20 cm layer but to a decrease in SOC in the 30–40 cm layer ([Du et al., 2017](#)).

610 Similarly, from a systematic review of global data of 69 paired-experiments, ([Luo et al., 2010](#)) reported
611 that long-term NT adoption only significantly affected SOC stock in the top 0–10 cm but not down to 40
612 cm depth. The authors also reported that increasing crop species diversity resulted in a lower SOC
613 accumulation in the surface and a greater SOC loss in deeper layers.

614 SOC stock changes reported under NT systems may differ according to climate, soil type and cropping
615 systems ([Paustian et al., 1997](#); [Six et al., 2002](#); [Bayer et al., 2006](#); [Ogle et al., 2012](#); [Virto et al., 2012](#)).



616 Soils in the tropical climate require diversified and large amounts of C inputs for NT viability due to fast
617 residue decomposition and difficulty in maintaining soil cover (Séguy et al., 2006; Castro et al., 2015).
618 In the same experiments as in our study, Hok et al. (2015) reported that NT systems with diverse crop
619 species significantly accumulated SOC at the surface 0–5 cm after 4 years of NT adoption. Although there
620 is variability in SOC stock accumulation and its vertical distribution among the three NT systems, our
621 results revealed that NT systems significantly increased SOC stock with accumulation rate ranging from
622 0.38 to 0.66 Mg C ha⁻¹ yr⁻¹ in 0–10 cm under SoyEx, from 0.85 to 0.96 Mg C ha⁻¹ yr⁻¹ in 0–20 cm under
623 MaiEx, and from 0.69 to 0.86 Mg C ha⁻¹ yr⁻¹ in 0–40 cm under CasEx. Considering the cumulative SOC
624 stock, our results revealed that all the NT systems significantly ($P > 0.05$) increased cumulative SOC
625 stock across the soil profile in MaiEx and CasEx. In SoyEx, significant increase in SOC stock was limited
626 to the top 0–20 cm under NT monocropping, whereas NT crop rotation systems had significantly
627 accumulating SOC stock from 0 to 80 cm depths (Table 5) (the cumulative SOC stock in 2011 is presented
628 in Table S9 in the supplementary materials). When considering the whole profile (0–100 cm), the annual
629 SOC accumulation rate under NTs ranged from 0.65 to 1.00, 0.86 to 1.47, and 0.70 to 1.07 Mg C ha⁻¹ yr⁻¹
630 ¹ in SoyEx, MaiEx and CasEx, respectively.

631 Consistent with our findings, with the intensive NT systems and high C inputs retained to the soils, other
632 studies reported that long-term NT with the use of cover crops increased SOC stock beyond the surface
633 and the whole soil profile (Diekow et al., 2005; Boddey et al., 2010; Olson et al., 2014). From three long-
634 term experiments (15–26 years) on Ferralsols in South Brazil, no-tillage with intensive cropping systems
635 of maize and soybean production increased SOC with annual accumulation rates between 0.04 and 0.88
636 Mg ha⁻¹ in 0–30 cm, and from 0.48 to 1.53 Mg ha⁻¹ yr⁻¹ 0–100 cm (Boddey et al., 2010). After 12 years



637 of NT adoption with the use of cover crops for soybean and maize rotation in a humid continental sloping
638 land in Illinois, USA, SOC stock recovered from its initial SOC loss under CT before the experiment
639 implementation, with accumulation rates of 0.42, 0.78, and 1.21 Mg C ha⁻¹ yr⁻¹ at 0–15, 15–75, and 0–75
640 cm, respectively (Olson et al., 2014).

641 SOC storage and stabilization could be explained by several processes: (i) continuous supplies of large
642 quantities and diverse qualities of plant biomass-C inputs to the soil (Sá et al., 2014); (ii) the
643 transformation of this biomass-C by microbial communities into various organic C forms (Frasier et al.,
644 2016; Schmidt et al., 2019); (iii) the stabilization of newly derived C by physical protection, binding with
645 organo-mineral particles, and biochemically stabilization through the formation of recalcitrant soil
646 organic matter (Six et al., 2002); and (iv) distribution of SOC over the soil profile through biological
647 processes, from root systems (Lorenz and Lal, 2005) and soil fauna (Lavelle et al., 2016).

648 In NT systems, multiple crop species were sown in the same unit area of land through the rotation of cash
649 crops and the use of cover crops by intercropping or during the fallow period, producing a large quantity
650 and diverse quality of C inputs above- but also below-ground that were retained to the soils. In our
651 experiments, the annual biomass C inputs retained in the NT soils ranged from 3.61 to 6.07 Mg ha⁻¹ yr⁻¹,
652 versus 1.36 to 2.20 Mg ha⁻¹ yr⁻¹ under CT (Table 1). In a clayed Oxisol of Brazil, a 16-year-old experiment
653 revealed that NT was more effective than CT at converting biomass-C inputs into SOC, with a C
654 conversion ratio in 0–40 cm depth of 0.35 compared to 0.07 under NT and CT, respectively (Sá et al.,
655 2014). In addition, integration of cover crops into the crop production system led to a significant increase
656 in SOC. From the observation of 139 plots at 37 sites from the tropics and temperate zone and diverse
657 soil types, Poeplau and Don (2015) reported that the use of cover crops led to an average SOC



658 accumulation rate of $0.32 \text{ Mg C ha}^{-1} \text{ yr}^{-1}$ at 22 cm depth. Association of tropical legume cover crops in
659 maize production led to increased SOC stock in the surface as well as the whole soil profile. [Diekow et](#)
660 [al. \(2005\)](#) found that the SOC accumulation rate in the legume-based cropping systems was 0.83 and 1.42
661 $\text{Mg C ha}^{-1} \text{ yr}^{-1}$ in the 0–17.5 cm and 0–107.5 cm layer, respectively after 17 years of NT adoption in a
662 Brazilian Acrisol. From a 30-year-old experiment in a Brazilian Acrisol, legume cover crops were twice
663 as effective in storing C as mineral N fertilization, with 1 kg of residue C input being transformed to 0.15
664 kg of SOC ([Veloso et al., 2018](#)).

665 During the decomposition process, microbial communities use the rapidly decomposable materials as
666 energy sources, while the recalcitrance and other labile compounds materials act as the glue to bind soil
667 mineral particles together ([Witzgall et al., 2021](#)). This process is a pathway for the formation of soil micro-
668 aggregates ([Bot and Benites, 2005](#)). The continuous supply of biomass C inputs to the soil associated with
669 microbial decomposition without soil mechanical disturbance creates a favourable environment for the
670 emergence of soil macroaggregates ([Crews and Rumsey, 2017](#)). Organic carbon inside soil aggregates is
671 physically protected from microbial oxidation as well as strongly associated with the organo-minerals,
672 leading to SOC stabilization over time ([Powelson et al., 1987](#); [Lützow et al., 2006](#)). In the same
673 experiments as in our study but after 3 years of NT adoption, [Hok et al. \(2021\)](#) reported that soil
674 aggregation was one of the main stabilization mechanisms, providing physical protection to the newly
675 derived C into the soil microaggregates protected by macroaggregates. From our knowledge of the
676 literature, the high SOC accumulation rate recorded under cassava-based NT cropping systems is
677 relatively unique and, in addition to the residues of cover crops and maize under the biannual cropping
678 system, the nature of the cassava residues that was retained into the field with high cellulose and lignin



679 contents (Veiga et al., 2016) may explain this result. Considering the challenges faced by smallholder
680 farmers in Cambodia with low financial resources and/or high level of indebtedness, the main strategy
681 should focus on enhancing nutrients cycling through continuous biomass-C inputs under no-till cropping
682 systems plus a combination of actions to reduce nutrient removal from cassava fields through the non-
683 removal of leaves and of a proportion of stalks, that may also help to reduce the impact of nutrients
684 deficiency. In addition, the tolerance of cassava to acidic soil, its ability to grow on depleted and degraded
685 soils related to the occurrence and synergistic effects of arbuscular mycorrhizal fungi (Howeler et al.,
686 1982; Howeler and Sieverding, 1983), and plant growth-promoting rhizobacteria (PGPR) (Balota et al.,
687 1999), its nutrient recycling ability through leaf litter and when the stalks are not used as planting
688 materials and kept into the field, could be used to advance in soil and cropping system sustainability
689 (Fermont et al., 2008). This possible use by farmers of cassava cropping systems as a strategy for
690 regenerating soil fertility was also emphasized by Saïdou et al., (2004) and Adjei-Nsiah et al., (2007) in
691 Benin and Ghana, respectively. Long-term NT adoption has been shown to significantly improve soil
692 structure, soil porosity and pore connectivity (Cooper et al., 2021) contributing to the improvement of
693 water infiltration, gas exchanges and microbial activities, and roots development to deeper soil profile
694 (Rosolem et al., 2016). In addition, aerobic condition of soil aggregates would enhance SOC stability in
695 unsaturated soils (Zhang et al., 2021). Sisti et al. (2004) showed that increased C accumulation in NT soil
696 below 30 cm depth could be explained by greater root density when compared with CT. Another
697 possibility is that organic residues from upper layers were transported downward by soil meso- and
698 macro-fauna organisms, which could have been favoured by better environmental conditions provided by
699 the continuous C flow and soil structure enhancement under NT systems (Lavelle et al., 2016).



700 **Table 5.** Cumulative SOC stock in 2021 and cumulative SOC stock change 2021-2011.

Experiments ^a	Approximate soil depth (cm)	Cropping systems ^b					Cumulative SOC stock change 2021-11 (Mg C ha ⁻¹)				
		CT	NT1	NT2	NT3	Cumulative SOC stock 2021 (Mg C ha ⁻¹)	CT	NT1	NT2	NT3	
MaEx	0-10	19.98 Ab	25.93 Aa	25.18 Aa	24.40 Aa	1.24	8.30	7.06	6.64		
	0-20	38.26 A	42.24 A	42.26 A	40.72 A	3.53	9.37	9.56	8.49		
	0-40	58.16 A	60.85 A	62.55 A	59.37 A	4.61	10.94	14.03	9.22		
	0-60	70.74	73.03 A	75.29 A	71.68 A	4.19	11.76	15.07	9.40		
	0-80	79.75	82.61 A	84.93 A	81.01 A	3.01	12.45	14.89	9.21		
	0-100	86.92	90.13 A	92.90 A	88.27 A	1.75	12.97	14.71	8.59		
SoyEx	0-10	19.41b	22.91 Aab	24.19 Aa	24.38 Aa	0.46	4.00	4.96	5.61		
	0-20	37.76	39.70 A	41.46 A	41.81 A	1.52	3.76	6.61	6.37		
	0-40	60.10	62.35	60.72 A	61.50 A	3.45	5.43	8.55	8.19		
	0-60	75.30	78.21	73.72 A	74.59 A	4.82	6.46	9.81	9.88		
	0-80	86.45	90.16	83.20 A	83.90 A	5.22	7.03	9.96	10.24		
	0-100	95.22	99.53	90.23	91.15	4.78	6.53	9.18	10.03		
CasEx	0-10	17.41 Ac	19.00 Abc	20.50 Aab	21.43 Aab	1.46	3.57	3.09	3.86		
	0-20	34.56 Ab	35.66 Aab	37.13 Aab	37.66 Aa	2.39	6.04	3.98	5.69		
	0-40	52.74	54.50 A	57.90 A	56.93 A	1.45	8.28	6.88	8.57		
	0-60	65.86	67.93 A	71.84 A	69.92 A	1.00	9.72	8.05	9.82		
	0-80	76.97	78.71 A	82.46 A	80.10 A	1.20	10.58	7.93	10.25		
	0-100	86.44	87.42 A	91.07 A	88.01 A	1.35	10.68	6.97	9.46		

^aMaEx: Maize-based experiment; SoyEx: Soybean-based experiment; and CasEx: Cassava-based experiment.

^bCT: conventional tillage; NT: no-till, NT1, NT2, and NT3 refer to no-till associated with cropping systems as described in Table 1. Uppercase letters accompanying the values indicate significant difference within the same treatment between 2011 and 2021 (diachronic) at the same soil depth at $P \leq 0.05$ (Tukey's test). Values of cumulative SOC stock change in bold indicate changes for a given treatment and depth between 2021 and 2011 are significantly different from 0 at $P \leq 0.05$ (Tukey's test).



701 In our study, the SOC stock in the whole soil profile (0–100 cm) under CT and for the three experiments
702 remained constant, which could be attributed to the fully retained crop residues (i.e., mungbean, rice, and
703 maize) in MaiEx and (i.e., sesame and soybean) in SoyEx and partially retained cassava's fallen leaves
704 and stalks in CasEx (Table 1), indicating that it reached a new SOC equilibrium stage. The high clay
705 content has also contributed to the stabilisation of the MAOC that accounted, in 2021, for 97.2% of the
706 carbon concentrations along the soil profile.

707 Under a synchronic approach, considering CT as the reference, the SOC stock change rates in 2021 under
708 NT systems ranged from 0.13 to 0.60, -0.50 to 0.43, and 0.10 to 0.46 Mg C ha⁻¹ yr⁻¹ in MaiEx, SoyEx,
709 and CasEx, respectively (Fig. 6). When compared with the diachronic approach, this corresponds to an
710 underestimation of 146 to 536%, 51 to 347%, and 51 to 997% in MaiEx, SoyEx, and CasEx, respectively
711 (Table 3). In Brazil, from on-farm assessments of the SOC dynamics under long-term NT systems in
712 tropical heavy clayed soils Neto et al., (2010) and Junior et al., (2013) reported that synchronic approach
713 led to the bias in the annual SOC accumulation rates under NT systems when compared with diachronic
714 approach. The main factors associated with the errors could be the underlying heterogeneities of the soil
715 conditions prior to the conversion to NT systems that are hard to capture despite all the steps of the
716 methodologically precautions measurements being implemented properly (Neto et al., 2010; Junior et al.,
717 2013). Our findings clearly emphasize the importance of the diachronic approach in accurately estimating
718 the effects of long-term CA and NT systems on SOC storage, as well as providing a proper interpretation
719 of their roles in climate change mitigation through SOC sequestration.

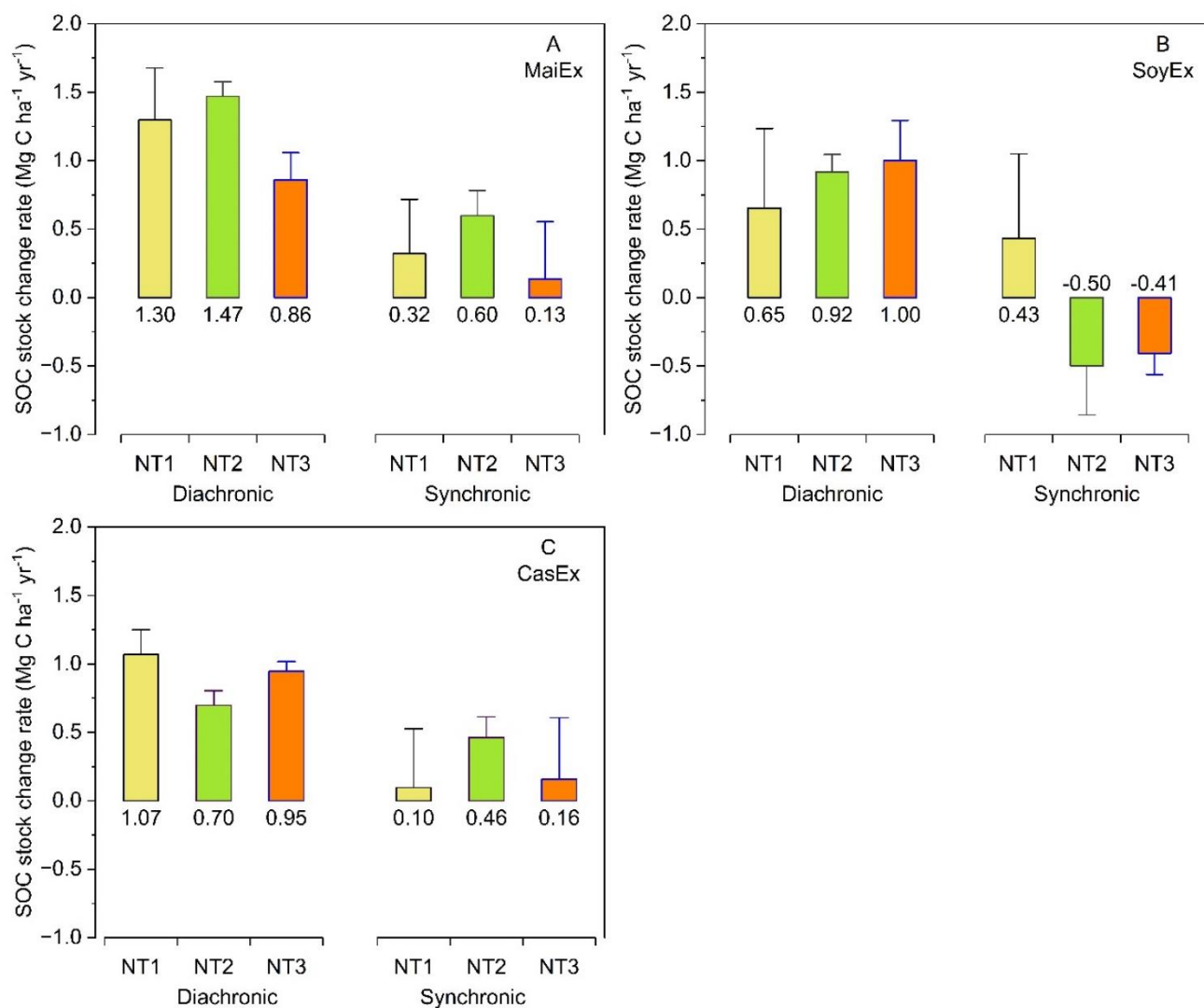


Figure 6. Comparison between the diachronic and synchronic approaches to estimate SOC stock change rate (0–100 cm) from 2011 to 2021 under NT systems in the tropical red Oxisol of Cambodia by considering SOC stock under CT as the control for the stock change rates of NT systems in 2021 for the calculation in the synchronic approach (n = 3; error bars = SE).

720 4.2 Change in N stock

721 In addition to increasing SOC stock in the surface and the whole soil profile, Diekow et al. (2005) found
 722 that soil total N stock was significantly increased by an average of 27% at the surface (0–17.5 cm) and
 723 by 6% in the whole profile (0–107.5 cm) after 17 years of NT maize with the use of tropical legume cover



724 crops and N fertilization in comparison to its origin state under native grassland as a reference in a
725 Brazilian Acrisol. [Sá et al., \(2014\)](#) reported a strong positive relationship ($R^2 = 0.89$, $P < 0.0002$) between
726 the soil N and SOC stock accumulation; each unit of N stock accumulation contributed to the
727 sequestration of $10.2 \text{ Mg C ha}^{-1}$ at the top 0–10 cm under long-term (16-year) continuous NT maize-based
728 production of Brazilian's Oxisol.

729 However, the diachronic assessment in our study showed that soil N stock under NT systems significantly
730 increased only in the topsoil (0–5 cm) in MaiEx and SoyEx, while the stock remained stable in CasEx.
731 The significant decline of N stock under NT systems, although with variability across NT systems and
732 experiments, was detected below 20 cm. When considering the whole profile (0–100 cm), significant
733 depletion of N stock was observed under the NT monocropping systems, with a loss rate at -0.10 and -
734 $0.17 \text{ Mg N ha}^{-1} \text{ yr}^{-1}$ in SoyEx (NT1-Sb) and CasEx (NT1-Cs), respectively. Under NT crop rotation
735 systems, despite non-significant, N stock tended to decrease across the three experiments, with a depletion
736 rate ranging from -0.03 to $-0.09 \text{ Mg N ha}^{-1} \text{ yr}^{-1}$ ([Table 4](#)).

737 The depletion of N stock under NT was reported from short- ([Wuaden et al., 2020](#)) to longer-term NT
738 adoption ([Delgado, 2023](#)). From a short-term (5-year) conversion of native grassland to cropland under
739 NT adoption with a double cropping with maize as a cash crop followed by black oat as a cover crop in
740 Brazil's Rhodic Nitosol, NT soils had significant losses of soil total N in comparison with the original
741 stocks under grassland throughout the soil profile, with the exception of the 0–5 and 10–20 cm soil layers.
742 Considering the whole profile (0–60 cm), soil total N was depleted by 1.7 Mg N ha^{-1} , equivalent to an
743 annual loss rate of $-0.34 \text{ Mg N ha}^{-1} \text{ yr}^{-1}$ after 5 years of grassland conversion to NT ([Wuaden et al., 2020](#)).
744 Results from a 12-year experiment in the US (0–120 cm depth) in an irrigated NT continuous maize



745 rotation where mineral N were applied at different rates indicated that even NT could potentially have
746 significant net N loss with an average loss of $-15 \text{ kg N ha}^{-1} \text{ yr}^{-1}$ at the top 30 cm of soil regardless of N
747 application rate (Delgado, 2023).

748 It is a rather surprising finding to observe an increase in SOC and a simultaneous soil N depletion.
749 Associating legume cover crops in the cropping system did not enhance soil N through biological N
750 fixation (Rosolem et al., 2016). In general, N is an important factor contributing to SOC storage (De
751 Vries, 2014; Kirkby et al., 2014). Nutrient reserves are among other factors that determine soil C storage
752 capacity (Lal, 2018). Therefore, more studies on nutrient availability and their stoichiometry relationship
753 including in deeper layers ($>100 \text{ cm}$), on the N use efficiency and N cycling are needed to understand the
754 driving mechanisms of the N dynamics under these NT systems.

755 To date, few studies on the impact of no-till systems on N gains or N losses, N use efficiency and changes
756 in soil N have been conducted, and the results vary depending on the period of NT adoption and sampling
757 depths (Congreves et al., 2017; Delgado, 2023). Further research is needed to understand the driving
758 mechanism of the N dynamics under NT systems by considering deeper layers ($>100 \text{ cm}$) for making
759 informed decisions regarding sustainable soil fertility management and crop production systems. Positive
760 accumulation rates of SOC stock, recorded under NT systems, could not be sustained on the long-term as
761 the depletion of the N stock may lead to nutrient scarcity of other nutrients (P, S, Ca^{2+} and Mg^{2+}) that is
762 the driving force limiting SOC accumulation. Further analysis is needed to assess the coming changes in
763 SOC and N stocks along with the content of nutrients and its potential impact on the rate of SOC
764 accumulation or depletion (Kirkby et al., 2013).



765 4.3 SOC and N stocks recovery after land use change

766 Conversion of native vegetation to cropland under conventional plough-based tillage depletes SOC (Sisti
767 et al., 2004; Sá et al., 2015; Wuaden et al., 2020) due to soil structure disruption by the mechanical
768 disturbance, low C inputs, and accelerates the SOC mineralisation rate by exposing SOC that was
769 encapsulated inside soil aggregates to microbial oxidation (Balesdent et al., 2000). Even if this
770 comparison with RV was restricted to 0-20 cm depth, the present study showed that NT systems can
771 restore SOC stock that was lost during crop production under conventional tillage after the conversion of
772 native vegetation to cropland and before the experiments' establishment. At 0–20 cm depth, the annual
773 SOC accumulation rates of NT systems ranged from 0.85 to 0.96, 0.38 to 0.67, and 0.40 to 0.61 Mg C ha⁻¹
774 yr⁻¹ under MaiEx, SoyEx and CasEx, respectively. This could be attributed to the long-term NT systems
775 adoption with multiple crop species through cash crop rotation and cover crop association producing high
776 and diverse biomass-C inputs retained in the soil, leading to an increase in SOC stock across the whole
777 profile. After 12 years of experimentation, Neto et al., (2010) found that SOC stocks under NT mulch-
778 based management systems were no longer significantly different from the stocks of natural Cerrado
779 vegetation in Brazil. Sá et al., (2014) reported the recovery of SOC stock under NT to the reference
780 vegetation an accumulation rate of 0.84 Mg C ha⁻¹ yr⁻¹ at 0–20 cm after 16 years of continuous NT with
781 an average annual biomass C input of 4.40 Mg ha⁻¹ yr⁻¹.

782 Noticeably, SOC stock under CT was significantly lower than RV in 2011 in all the three experiments,
783 but SOC stock did not differ from RV in SoyEx and MaiEx, while the stock remained stable in CasEx in
784 2021 (Fig. 3). Because the SOC stock under CT soils have been depleted over the 70 years after natural
785 forest conversion to cropland (see the history of land use change in Hok et al., 2015) they represent a



786 potential C sink. Therefore, the gain of SOC stock under CT could be explained by the annual full
787 retention of crop residues in MaiEx and SoyEx over the experiment period (Table 1) along with the high
788 clay content of this oxisol.

789 The recovery on N stock to RV under the NT systems in MaiEx and as well as all the tillage systems
790 (including CT-Sb) in SoyEx could be explained by the association of legume crops and the use of mineral
791 fertilizer as described in Table 1 and 2.

792 4.4 Carbon and N in size fractions and stabilization processes in NT systems

793 Particulate organic matter (POM) and mineral-associated organic matter (MAOM) are the two main
794 fractions of the SOC pools. They differ in physical and chemical characteristics as well as their turnover
795 rates. POM is more sensitive to soil tillage and land use than MAOM and total SOC (Blanco-Moure et
796 al., 2013; Kan et al., 2021). At 0–10 cm, NT systems significantly increased C-POM by 115%, 118%, in
797 MaiEx and SoyEx, respectively, and by 37% in CasEx although this was not significant. NT systems also
798 significantly enhanced C-MAOM by 33%, 21%, at the 0–10 cm depth in MaiEx and SoyEx and even
799 deeper to the soil profile > 20 cm in CasEx (Fig. 4). These increases could be attributed to the continuous
800 supply of large amounts and diverse biomass-C inputs to the soil surface, through the diversity of the root
801 systems along with the low level of soil disturbance under NT systems (Sá et al., 2014; Briedis et al.,
802 2018). From an incubation of labelled litter, Witzgall et al., (2021) found that the occlusion of organic
803 matter into aggregates and the formation of organo-mineral associations occurs concurrently on fresh
804 litter surfaces regardless of soil structure. In addition, the increase in C-MAOM is attributed to C transfer
805 from POM and other labile C pools. Over time, these compounds are transferred to more stable pools,



806 creating associations with mineral colloids, with MAOM being more stabilized (Briedis et al., 2018).
807 Rosolem et al. (2016) conducted 3-year successive experiments to assess the above- and belowground
808 effects of a wide range of tropical grasses and legume cover crops, which were the same species that were
809 used under the NT systems in our experiments, in combination with no-till soybean-based cropping
810 systems in Brazilian tropical clayed Rhodic Ferralsol on total organic C and N stocks and in POM fraction.
811 They reported that the presence of C₄ deep-root grass cover crops during the fallow period significantly
812 increased total organic C and POM. Furthermore, legume cover crops contributed to maintaining the C/N
813 ratio in the topsoil layers, which could keep increasing C over time. Beside the aboveground biomass,
814 root systems of cover crops are also an important C inputs for SOC accumulation due to their capacity to
815 grow deeper in the soil profile, during the dry season for some, exploring large volume of soil (Rosolem
816 et al., 2016; Sokol et al., 2019), releasing large quantities of roots exudates, and recycling nutrients
817 (Rosolem et al., 2005). The increase in C-POM and C-MAOM shows that NT systems with the use of
818 cover crops is a key strategy to promote both SOC storage and long-term SOC stabilization.
819 In contrast to C-POM and C-MAOM, our results showed that NT cropping systems only increased the
820 amount of N-POM at the uppermost soil surface (0–10 cm) in MaiEx and SoyEx over the past 10 years.
821 However, significant decreases in N-POM and N-MAOM were observed below 40 cm and 5 cm,
822 respectively (Fig. 5).

823 5 Conclusion

824 The present study showed that, over 10 years, variable effects were observed among the three NT systems
825 and in the three experiments. Considering layer by layer, the significant effect of NT systems on SOC



826 was observed in the topsoil 0–10, 0–20 and 0–40 cm in SoyEx, MaiEx, and CasEx, respectively. When
827 considering the cumulative layers, all the NT systems significantly increased SOC stock across the soil
828 profile under MaiEx and CasEx. For SoyEx, the cumulative SOC stock is restricted to 0–20 cm under NT
829 monocropping and to 0–80 cm under NT crop rotation systems. In the whole profile (0–100 cm), the
830 annual SOC cumulative rate in NT systems ranged from 0.86–1.47, 0.65–1.00, and 0.70–1.07 Mg C ha⁻¹
831 yr⁻¹ in MaiEx, SoyEx, and CasEx, respectively. The main impact of NT systems on C-POM and C-
832 MAOM was observed in the top 0–10 cm in MaiEx and SoyEx, whereas significant effect on C-MAOM
833 in soils under NT systems was found from 0–40 cm in CasEx.

834 In contrast to SOC, N concentration and stock in NT soils only increased in the surface layer (0–5 cm).
835 Although an increase of N-POM under NT systems was found in the top soils, a decrease was observed
836 in the subsurface layers. Surprisingly, intensive NT systems caused the depletion of N-MAOM with
837 significant losses observed below 5, 20, and 40 cm in CasEx, MaiEx and SoyEx, respectively. This
838 resulted in significant N stock depletion below 40 cm and in the whole profile, particularly, under soybean
839 and cassava NT monocropping systems.

840 Overall, our findings reveal that diachronic sampling is crucial for proper measurements of the impacts
841 of NT systems on SOC dynamics with time. Adopting NT cropping systems accompanied by diversified
842 crop species and high biomass C inputs with an absence of heavy soil disturbance in the long-term
843 significantly increased SOC stock and pools in the tropical red Oxisol of Cambodia. The study highlights
844 the potential of NT cropping systems for SOC accumulation and stabilization over time, even for cassava,
845 which is known to have severe environmental impacts and soil degradation, but raises questions about
846 soil N dynamics. Further research on the N use efficiency, N cycles, and nutrient availability and their



847 stoichiometry relationship by considering deeper layers (> 100 cm) is needed to understand the
848 mechanism driving N loss in NT systems for making informed decisions regarding sustainable soil
849 fertility management and crop production systems.

850 **6 Code and data availability**

851 All data are freely available on the CIRAD data repository <https://doi.org/10.18167/DVN1/NNBBAQ>
852 (Leng et al., 2024).

853 **7 Author contributions**

854 VL co-established and managed the experiments, carried out the fieldworks, managed all sample
855 collection campaigns and laboratory works, and wrote the first manuscript draft. FT co-managed the
856 experiments, provided support to the team for the last 8 years and raised funds along with GDA/DALRM
857 to sustain these long-term experiments. LT, RC, and FT conceptualized the research, supervised the field
858 operations, analytical procedure, data computation, and reviewed the manuscript. VS, PL, LH, JS and CB
859 gave advices for the analytical procedures, data calculation and manuscript improvement. PM
860 significantly contributed to the implementation of the field operations, sample collection and lab works.
861 TF performed the statistical analysis. SB raised funds, designed, established and managed the experiments
862 during the first years and contributed to the manuscript improvement.



863 **8 Competing interests**

864 One co-author is a member of the editorial board of SOIL.

865

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