

# Diachronic assessment

## of soil organic C and N dynamics under long-term no-till cropping systems in the tropical upland of Cambodia

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## 30 **Abstract**

31 No-till (NT) cropping systems have been proposed as a strategy to combat soil degradation by storing soil  
32 organic carbon (SOC) and total nitrogen (TN). We quantified the impacts of NT cropping systems on the  
33 changes in SOC and TN stocks and in particulate and mineral-associated organic matter fractions (POM  
34 and MAOM), to 100 cm depth, from three 13-year-old experiments in a tropical red Oxisol in Cambodia  
35 using diachronic and equivalent soil mass approaches. Established in 2009 and arranged in a randomized  
36 complete block design with triplicates, the experiments included maize (MaiEx)-, soybean (SoyEx)-, and  
37 cassava (CasEx)-based cropping systems. Each experiment comprised three treatments: (1)  
38 monocropping of main crops (maize, soybean, and cassava) under conventional tillage (CTM); (2)  
39 monocropping of main crops under NT systems with the use of cover crops (NTM); and (3) bi-annual  
40 rotation of main crops under NT systems with the use of cover crops (NTR), both crops being presented  
41 every year and represented by NTR1 and NTR2. Soil samples were collected in 2021, 10 years after the  
42 last sampling. All the NT systems significantly ( $p < 0.05$ ) increased SOC stock in the topsoil in SoyEx  
43 and MaiEx and down to 40 cm in CasEx. Considering the whole profile (0–100 cm), the SOC  
44 accumulation rates ranged from 0.86–1.47 and 0.70–1.07 Mg C ha<sup>-1</sup> yr<sup>-1</sup> in MaiEx and CasEx,  
45 respectively. Although SOC stock significantly increased in CTM in 0–20 cm in MaiEx and CasEx, it  
46 remained stable in 0–100 cm in all the experiments. In 0–5 cm, NTR systems significantly increased TN  
47 stock in all the experiments, while in NTM system it was only significant in MaiEx and SoyEx. In 0–100  
48 cm, TN stock in all the experiments remained stable under NTR systems, whereas significant decrease  
49 was observed under NTM systems in SoyEx and CasEx. Although C-POM stock significantly increased  
50 under all NT systems limited to 0–10 cm in MaiEx and SoyEx, all the NT systems significantly increased

51 C-MAOM stock in the 0–10 cm layer in MaiEx and SoyEx and down to 40 cm in CasEx. All the NT  
52 systems significantly increased N-POM stock in 0–10 cm in MaiEx and SoyEx, while a significant  
53 decreased in N-MAOM stock was observed below 5 cm in CasEx and below 40 cm in MaiEx and SoyEx.  
54 Our findings showed that long-term NT systems with crop species diversification accumulated SOC not  
55 only on the surface but also in the whole profile by increasing both SOC in the POM and MAOM, even  
56 in the cassava-based system. This study highlights the potential of NT systems for storing SOC over time,  
57 but raises questions about soil N dynamics.

## 58 **1 Introduction**

59 Land and soil degradation is a global challenge with consequences not only for food and nutrition security  
60 but also for livelihoods, environmental pollution, climate change, water scarcity, and biodiversity. The  
61 main processes that cause soil degradation are water and wind erosion, chemical depletion, physical  
62 deterioration, decline in soil organic carbon (SOC), loss in biodiversity, acidification, and salinity (Lal,  
63 2015a; Stavi and Lal, 2015; Dragović and Vulević, 2020; Barbier and Di Falco, 2021). It was estimated  
64 that about 562 million ha of land are degraded worldwide, with 5 to 10 million ha of land lost each year  
65 as a result of severe degradation (Stavi and Lal, 2015; Nkonya et al., 2016). The major factors contributing  
66 to soil degradation are deforestation and land clearance, the overuse of agrochemicals, and intensive  
67 agricultural management practices (Dragović and Vulević, 2020). Tropical soils have the highest risks of  
68 degradation due to the combination of high rainfall intensity and the ongoing intensification of agriculture  
69 to meet the food demand of a fast-growing population, which is also constrained by the limited availability

70 of land to be converted to cropland (Barbier and Hochard, 2018; Craswell and Lefroy, 2001; Barbier and  
71 Di Falco, 2021).

72 Cambodia, located in the tropical region of Southeast Asia, is one of the highest land degradation hotspots  
73 in the world, and about 55% of the country's population reside in these hotspot areas (UNCCD, 2018). In  
74 the last two decades, human-induced activities including deforestation, land clearance for agriculture,  
75 climate change, and intensive farming practices have further worsened Cambodia's already poor soil  
76 fertility (UNCCD, 2018; Ken et al., 2020; ADB, 2021). Over the past two decades, 30%, or about 4.24  
77 million ha, of forest areas were converted to croplands, putting pressure on natural resources, biodiversity,  
78 and threatening the provision of several ecosystem services (World Bank Group, 2023). In the Northwest  
79 rainfed uplands, like in other parts of the country, studies on soil erosion at field scale and modelling  
80 reported that the annual soil loss rate in conventional plough-based tillage (CT) ranged from 0.33 to more  
81 than 80 Mg soil ha<sup>-1</sup> yr<sup>-1</sup>, depending on soil type and land slope (CARDI, 2017; Nut et al., 2021; Sourn et  
82 al., 2022). The amplitude of soil erosion increased by 41% from an annual erosion rate of 2.92 Mg soil  
83 ha<sup>-1</sup> yr<sup>-1</sup> in 1998 at the beginning of the forest conversion to agriculture with extensive, more diversified  
84 farming practices to 4.98 Mg soil ha<sup>-1</sup> yr<sup>-1</sup> in 2018 under CT maize- and cassava-based monocropping  
85 systems (Nut et al., 2021; Sourn et al., 2022, 2023). It was estimated that approximately 3–4 mm of topsoil  
86 is washed away annually for this Northwestern region of Cambodia (Nut et al., 2021; Sourn et al., 2023).  
87 Erosion induces soil degradation and a loss of SOC for the eroded fields (Polyakov and Lal, 2004). It was  
88 estimated that from 2000 to 2010, Cambodia lost approximately 1.98 million Mg C in the top 0–30 cm  
89 depth as the consequence of forest conversion to other land uses (MAFF, 2018). Cambodian soils are  
90 seriously threatened by intensive agricultural systems. The returns on taking actions against land

91 degradation through restoration and adoption of sustainable agricultural management practices are  
92 estimated at 3 US dollars for every dollar invested in restoring degraded land in Cambodia, highlighting  
93 the strong economic benefits (UNCCD, 2018).

94 SOC serves as the foundation of soil physical, chemical, and biological processes that sustain essential  
95 ecosystem functions, and it is the reservoir of plant nutrients and energy for biota (Lal, 2015a). Therefore,  
96 adopting sustainable management practices that lead to increase in SOC stock (Beillouin et al., 2023) is  
97 part of the key strategies to reverse the soil degradation trends and to minimize the economics and  
98 environmental impacts related to land degradation (Lal, 2015a; Obalum et al., 2017). Studies reported  
99 that agricultural practices, in particularly those based on CT, weaken soil structure, accelerate soil erosion,  
100 and deplete SOC stock (Tivet et al., 2013; Sá et al., 2014; Briedis et al., 2018; Oliveira et al., 2020; Tiecher  
101 et al., 2020). By contrast, conservation agriculture (CA), defined by three key principles, (i) minimum or  
102 no soil disturbance, (ii) permanent soil cover with mulch or cover crops, and (iii) crop diversification  
103 through rotation or association, is a potential strategy to overcome soil degradation (Luo et al., 2010; Lal,  
104 2015b; Powlson et al., 2016; Obalum et al., 2017). No-till cropping systems (NT), are part of the  
105 conservation agriculture practice approach, and involve a range of practices with a reduction or an absence  
106 in soil tillage and a high diversity of crop and cover crop species. The benefits of NT cropping systems  
107 on soil health improvement have been reported worldwide. Diversified NT cropping systems enhance  
108 both SOC stock (Hok et al., 2015) and pools (Sá et al., 2014; Briedis et al., 2018; Sithole et al., 2019;  
109 Cooper et al., 2021; Rodrigues et al., 2022), especially through an increase in physical protection of  
110 particulate organic C (Sithole et al., 2019) and mineral-associated organic C (Rodrigues et al., 2022)  
111 inside soil aggregates. In addition, numerous studies have reported the co-benefits of NT cropping

112 systems on soil health enhancement (Pheap et al., 2019; Koun et al., 2023), increased water infiltration,  
113 reduced soil erosion (TerAvest et al., 2015; Sithole et al., 2019), enhanced microbial activities (Hok et  
114 al., 2018) and abundance (Lienhard et al., 2013). Yet, there are still arguments about the benefits of NT  
115 cropping systems and associated factors that determine SOC accumulation. Particulate organic matter  
116 (POM) and mineral-associated organic matter (MAOM) are the two main fractions of the SOC pools.  
117 They differ in physical and chemical characteristics as well as their turnover rates. POM is more sensitive  
118 to soil tillage and land use than MAOM and total SOC (Blanco-Moure et al., 2013; Kan et al., 2021).  
119 Therefore, documentation of SOC fractions is desirable for a better understanding of SOC dynamics and  
120 stabilization processes (Lavallee et al., 2020). In a meta-analysis with the majority of the studies collecting  
121 samples between 0.15 and 0.3 m depth, Powlson et al., (2016) reported that SOC accumulation rate under  
122 CA systems ranged from 0.16 to 0.49 Mg C ha<sup>-1</sup> yr<sup>-1</sup> in tropical soils in the Indo-Gangetic Plains and from  
123 0.28 to 0.96 Mg C ha<sup>-1</sup> yr<sup>-1</sup> in Sub-Saharan Africa. In a Ferralsol in Zimbabwe, Shumba et al., (2024)  
124 reported a SOC accumulation rate of 0.13 Mg C ha<sup>-1</sup> yr<sup>-1</sup> in the 0–5 cm layer only under CA, but not  
125 change under NT only. However, in meta-analyses, Angers and Eriksen-Hamel (2008) and Luo et al.,  
126 (2010) found that conversion from CT to NT only changed the SOC distribution in the soil profile but did  
127 not significantly increase SOC stock in the whole profile. Boddey et al., (2010) and Xiao et al., (2020)  
128 reported that NT significantly increased SOC stock only at the soil surface but not in the deeper layers. It  
129 is therefore crucial to quantify SOC change in subsoil when assessing the impact of practices, especially  
130 NT systems.

131 SOC storage is closely related to soil aggregate structure (Six et al., 2004; Liu et al., 2021). The  
132 complexity of cropping systems, characterized by crop species diversity through the use of cover crops,

133 crop rotation, and intercropping, was reported to enhance soil aggregation stability and the proportion of  
134 soil macroaggregates, along with an increase in SOC (Tiemann et al., 2015; Li et al., 2024). The diversity  
135 of crop species increased the quantity and chemical diversity of plant-derived litter inputs, which are the  
136 main sources of energy for soil microorganisms, and increased microbial activity and the abundance of  
137 fungal and bacterial communities (Tiemann et al., 2015; Zhang et al., 2023). The overall increase in fungal  
138 hyphae, plant roots, and aboveground biomass inputs under crop diversification are important organic  
139 binding agents that promote the formation of macroaggregates and facilitate the soil aggregation process  
140 (Tiemann et al., 2015). Furthermore, the increased amount and diversity of plant-derived C inputs in the  
141 forms of crop residues and root exudates provided a suitable microenvironment for soil microorganisms,  
142 which promoted microbial growth and turnover (Morugán-Coronado, 2022). The faster microbial growth  
143 and turnover rates increased the amount of microbial biomass and necromass, thus increasing SOC (Liang  
144 et al., 2011; Prommer et al., 2019). The amount, quality and frequency of the crop residues added to soil  
145 under a range of climate-driven decomposition rates, soil mineralogy and profile characteristics are  
146 important factors to consider to increase SOC stocks (Paustian et al., 1997; Six et al., 2002; Bayer et al.,  
147 2006; Ogle et al., 2012; Virto et al., 2012). It has been suggested that the amount of biomass-C inputs  
148 was the main factor explaining the variability in SOC storage between sites under NT (Virto et al., 2012).  
149 In a synthesis from tropical soils, Fujisaki et al., (2018) reported that the amount of biomass-C inputs was  
150 the main factor driving SOC stock change. In a meta-analysis in Sub-Saharan Africa, Corbeels et al.,  
151 (2019) found that no-tillage alone does not lead to an increase in SOC stock, but CA systems combining  
152 the three principles could. It therefore seems that there is a hierarchy in CA principles to increase SOC  
153 stock, the most important one being the permanent soil cover, followed by a reduction in soil tillage and

154 improved rotations (Shumba et al., 2024). This has been confirmed in a recent second-order meta-analysis  
155 where crop residue retention and cover crops were the most efficient CA practices to increase SOC  
156 (Beillouin et al., 2023).

157 Two different soil sampling approaches are commonly used for assessing SOC stock change, the  
158 diachronic and the synchronic approaches (Bernoux et al., 2005). The diachronic approach refers to  
159 collecting samples on the same field plots over time. The synchronic approach, also known as the space-  
160 for-time method, refers to sample collection at the same time from different (often adjacent) field plots  
161 under different land-use or management systems (Bernoux et al., 2005; Neto et al., 2010). Neto et al.,  
162 (2010) and Junior et al., (2013) revealed that the synchronic approach led to biased estimation of SOC  
163 accumulation from long-term experiments in Brazil due to spatial heterogeneity and initial land use  
164 history. They highlighted that diachronic soil sampling should be used for assessing soil SOC storage  
165 rates due to changes in land-use or management patterns because it offers a more comprehensive view of  
166 how SOC and N levels change under long-term tillage and cropping systems over time in which non-  
167 identical initial soil conditions cannot practically be excluded, making it more accurate and realistic for  
168 the investigation of SOC and N dynamics, despite the fact that they are costly and require significant time  
169 and resources (Bernoux et al., 2005; Neto et al., 2010; Junior et al., 2013). The synchronic approach, on  
170 the other hand, is simpler, lower-cost, and less time-consuming, but comes with more uncertainty (Neto  
171 et al., 2010; Junior et al., 2013). A change in soil bulk density is often observed when comparing NT  
172 systems to CT, due to differences in tillage but also to root systems of cover crops. It is therefore required  
173 to estimate SOC change using an equivalent soil mass approach instead of a fixed depth approach (Ellert  
174 and Bettany, 1995).



175 NT cropping systems have been promoted to smallholders in various agroecosystems in Cambodia since  
176 2009. The early effects of NT cropping systems on soil health, and SOC storage have been reported in  
177 several studies (Hok et al., 2015, 2018, 2021; Pheap et al., 2019; Suong et al., 2019; Sar, 2021; Koun et  
178 al., 2023), however, the information on the impact of long-term NT systems on the changes in SOC and  
179 TN stocks remains scarce in the country as well as in Southeast Asia. There is a need to document the  
180 long-term changes in SOC and TN stocks under NT cropping systems to fill in the knowledge gaps as  
181 well as provide robust evidences to land use planners and policymakers. This could be profitable not only  
182 for Cambodia but also for other countries in the region.

183 Therefore, this study aimed to quantify the impacts of CT and different NT cropping systems on the  
184 changes in SOC and TN stocks and fractions over time (2011–2021) in Cambodia’s tropical red Oxisol  
185 using diachronic and equivalent soil mass (ESM) approaches. We hypothesized that implementation of  
186 the three core technical principles of CA would significantly enhance the SOC stocks, both in the POM  
187 and MAOM size fractions, including in the subsoils.

## 188 **2 Materials and Methods**

### 189 **2.1 Study site description**

190 The study was conducted at Bos Khnor Conservation Agriculture Research Station, the oldest CA  
191 research station in Southeast Asia, which belongs to the General Directorate of Agriculture (GDA),  
192 Department of Agricultural Land Resources Management (DALRM). It is located in Chamkar Leu  
193 district, Kampong Cham province (12°12'31.0"N 105°19'07.0"E, 118 m above sea level). The details of  
194 the study site were reported in Hok et al., (2015). Briefly, the site was the natural tropical rainforest, which  
195 was then converted to perennial cropland in 1937. The crops included cashew, coffee, mango, mulberry,

196 avocado, and rubber, which were planted soon after forest clearance. Because of the civil war (Khmer  
197 Rouge) between 1970 and 1982, the area was abandoned and taken over by several tree species, such as  
198 *Tetrameles nudiflora* R Br., *Nauclea officinalis* L., *Cassia siamea* (Lam.) H.S.Irwin & Barneby, and  
199 *Leucaena leucocephala* (Lam.) de Wit, which grew naturally. The farming was resumed, and cotton  
200 (*Gossypium hirsutum* L.) and banana (*Musa acuminata* spp.) were planted from 1982 to 2000. From 2000  
201 to 2009, successive annual crops per year of cotton, followed by mung bean (*Vigna radiata* (L.) R.  
202 Wilczek), and sesame (*Sesamum indicum* L.), followed by soybean (*Glycine max* L.), were rotated under  
203 conventional plough-based management before the establishment of the three experiments. Mineral  
204 fertilizers such as NPK (15-15-15), ammonium phosphate (16-20-0), and potassium chloride (0-0-60)  
205 were applied to the crops without lime application. The soil of the study site is classified as a red Oxisol  
206 (USDA, 1999) or a Ferralsol in the world reference base (WRB) for soil resources (IUSS Working Group  
207 WRB, 2015), with 1.3% sand, 29% silt, and 69% clay in the 0–20 cm and gradually increasing with soil  
208 depth to 78 % clay at 20–100 cm. The clay fraction is mainly made of kaolinite (Hok et al., 2015). The  
209 land on the site is flat, the land slope is < 1%. Prior to the establishment of the three experiments in 2009,  
210 the average SOC and TN stocks in the 0–20 cm layer were 33.6 Mg C ha<sup>-1</sup> and 3.33 Mg N ha<sup>-1</sup>,  
211 respectively. The research site's climate is defined as tropical monsoon, corresponding to the Am Köppen  
212 climate classification, with two main seasons: the wet season from May to October and the dry season  
213 from November to April. The mean annual temperature from 2009–2021 was 27.5°C, while the average  
214 annual minimum and maximum temperatures were 22°C and 35°C, respectively. The annual rainfall from  
215 2009–2021 ranged between 1,650 and 2,000 mm.

## 216 2.2 Experimental design, treatment description, and crop management

217 The detailed history of the research site, experimental design, treatment description, and fertilizer  
218 application were reported in Hok et al., (2015) and Pheap et al., (2019). Our study covers three separate  
219 experiments, implemented in 2009, including (i) maize (*Zea mays* L.) (which was a former rice (*Oryza*  
220 *sativa* L.)-based trial from 2009 to 2019 and shifted to maize-based trial in 2020), (ii) soybean, and (iii)  
221 cassava (*Manihot esculenta* Crantz)-based cropping system trials, hereafter called MaiEx, SoyEx, and  
222 CasEx, respectively. These represent the most important annual upland crops in Cambodia as well as in  
223 some Southeast Asian countries. Each experiment is arranged in a randomized complete block design  
224 with three replicates. The elementary plot dimensions are 8 m x 37.5 m, equivalent to 300 m<sup>2</sup>. Each  
225 experiment consists of three treatments including: (1) monocropping under conventional tillage (CTM),  
226 in which the main crops, i.e., maize (Mz), soybean (Sb), or cassava (Cs), were monocropped with land  
227 preparation done by disc ploughing (CTM-Mz, CTM-Sb, and CTM-Cs); (2) monocropping under NT  
228 systems with the use of cover crops (NTM), in which the main crops (maize, soybean, or cassava) were  
229 cropped in a one-year frequency pattern with no soil tillage and with addition of cover crops (NTM-Mz,  
230 NTM-Sb, and NTM-Cs); and (3) bi-annual rotation of the main crops under NT systems with the use of  
231 cover crops (NTR), where the main crops were presented every year in two separate elementary plots  
232 designated as NTR1 and NTR2. For treatment (3) of SoyEx and CasEx, represented by NTR1-Sb and  
233 NTR1-Cs, respectively, the main crops (i.e., soybean and cassava) were grown in a bi-annual rotation  
234 with maize, represented by NTR2-Sb and NTR2-Cs for SoyEx and CasEx, respectively. For the treatment  
235 (3) of Mai-Ex, the main crop (i.e., maize represented by NTR1-Mz) was grown in a bi-annual crop rotation  
236 with soybean, represented by NTR2-Mz (Table 1). Under all the NT systems, the species, sowing dates,

237 and methods of cover crop establishment varied depending on the design of treatments for each  
238 experiment, the types and cycles of the main crops, and the species and cycles of the cover crops (Table  
239 1). For instance, stylo (*Stylosanthes guianensis* (Aublet) Sw.) and Brachiaria (*Brachiaria ruziziensis*  
240 R.Germ. & C.M.Evrard) were associated with rice and soybean, respectively, by manual broadcasting at  
241 the full flowering stage of rice before the end of September and at the first yellow leaves of soybean in  
242 the mid of October. Stylo was associated by line sowing with a NT planter at the same date of maize  
243 cultivation and 20 days after planting for cassava. In addition, if the development and/or density of the  
244 cover crop sown the previous year were considered insufficient, short cycle cover crop species, i.e., pearl  
245 millet (*Pennisetum typhoides* (L.) Morrone) or sorghum (*Sorghum bicolor* (L.) Moench), was sown alone  
246 or mixed with cowpea (*Vigna unguiculata* (L.) Walp. and sunnhemp (*Crotalaria juncea* L.) at the  
247 beginning of the rainy season (in the first week of May). Cover crops were then grown for 60–75 days to  
248 increase the biomass inputs prior to the cultivation of the main cycle of rice, soybean, or maize (Table 1).  
249 The establishment and harvest of the main crops varied depending on the species. For maize, upland rice,  
250 and soybean, with a life cycle of approximately 110–120 days, these crops were mainly seeded between  
251 the last week of June to mid-July and harvested between mid-October and mid-November, whereas  
252 cassava was planted in early May and harvested around 10 months old in the mid-February of the  
253 following year. For main crop residue management in MaiEx and SoyEx, all crop residues were retained  
254 in the soil in all the tillage systems. In CasEx, under CTM-Cs, all the cassava fallen leaves and branches  
255 were retained in the soil, while 100% of the cassava main stems and original cuttings were completely  
256 removed from the plot after harvest, representing standard farmers' practices. For all the NT-Cs systems,  
257 all the cassava fallen leaves and branches were returned to the soil, while 50% of the cassava main stems

258 and 100% of the original cuttings were retained in the soil and then crimped to speed up the decomposition  
259 process and facilitate field operation implementations in the following cropping season. The residues of  
260 all the cover crops were left as mulch under all the NT systems in all the experiments.

261 There were a few adjustments on the cropping systems over the experimental period from 2009 to 2021,  
262 especially with the use of cover crops, crop varieties, and mineral fertilizer application types and rates.  
263 Details of main crops and cover crop successions and the cumulative amount of the aboveground biomass-  
264 C and N inputs from the crop residues are presented in Table 1. The C inputs were estimated from the dry  
265 aboveground biomass inputs recorded prior to the termination of the cover crops and at grains/tuber  
266 harvest for the main crops. The C and N inputs from the root systems were not recorded nor even estimated  
267 based on literature. In the case of missing data of aboveground biomass, the amount of biomass was  
268 estimated using the average of recorded data over time as reference in the case of cover crops and grain  
269 and/or tuber-aboveground biomass ratio for the main crops (e.g. rice, maize, soybean and cassava). In  
270 addition, the cumulative and annual N inputs were estimated from the amount of the cumulative and  
271 annual C inputs, respectively, by applying available C/N ratio values of each plant species that were  
272 obtained from the C and N concentration analysis by dry combustion.

273 For land preparation, the CTM plots were ploughed twice to 15-20 cm depth using a 7-disc plough after  
274 early rains at the beginning of the wet season and then before the main crop cultivation. If sufficient early  
275 rain falls were received at the beginning of the wet season (in the 3<sup>rd</sup> week of March), sesame and mung  
276 bean were sown manually under CTM treatment in SoyEx and MaiEx, respectively, as early-cycle cash  
277 crops (April to June) prior to the main crops, i.e., soybean or maize (from July to November). If that was  
278 not the case, the CTM plots remained fallow with the growth of natural grasses and broad leaves until the

279 main cycle crops. These cropping systems represent the standard farmers' practices. Under the NT  
280 systems (NTM, NTR1 and NTR2), a long cycle cover crop i.e., stylo was used as a cover crop and grown  
281 in association with the main crops. This cover crop was sown in the middle of the inter-row at 0, 15, 35  
282 days after the sowing of the main crops, i.e., maize, cassava, rice, respectively, and by seed broadcasting  
283 at the first yellow leaves of soybean, approximately 4 weeks before harvest. In addition, if the  
284 development and/or density of the cover crop sown the previous year was considered insufficient, pearl  
285 millet or sorghum was sown alone for the treatments planted with soybean or mixed with sunnhemp and  
286 cowpea for the treatments planted with maize at the beginning of the rainy season as short-cycle cover  
287 crops. The cover crops were then grown for 60–75 days prior to the main cycle of rice, maize, or soybean.  
288 The main crops (rice, maize and soybean), both under CTM and all the NT systems, as well as the cover  
289 crops (at the beginning of the rainy season) were sown by a NT planter (Fitarelli pulled by power tiller,  
290 Vence Tudo, or Seamato lifted or pulled by tractor). From 2009 to 2020, cassava was planted along the  
291 furrows drawn by chiselling at 0.8 m spacing to approximately 20 cm depth, and then it was planted by a  
292 NT cassava planter (Planticenter) in 2021. Under the NT systems, the cover crops were terminated by  
293 crimping followed by the application of a mix of non-selective herbicides, i.e., glyphosate [N  
294 (phosphonomethyl) glycine] and 2,4-D [2,4-dichloro-phenoxyacetic acid], at a rate of 960 and 720 g  
295 active ingredient (a.i) ha<sup>-1</sup>, respectively.

296 Since 2009, soil amendment was done with thermophosphate (16% P<sub>2</sub>O<sub>5</sub>, 31% CaO and 16% MgO) at  
297 the end of dry season (early April), and then basal fertilizers and top dressings on the main crops were  
298 applied with different rates of N, P, K depending on the types and phenological stage of each main crops  
299 using diammonium phosphate (18% N, 46% P<sub>2</sub>O<sub>5</sub>), ammonium phosphate (16% N, 20% P<sub>2</sub>O<sub>5</sub>), potassium

300 chloride (60%  $K_2O$ ), and urea (46% N). The application of the fertilizer inputs to each main crop are  
301 detailed in Table S1.

**Table 1.** Experiments, cropping systems and crop sequences, and associated cumulative and annual aboveground C and organic N inputs from crop residues during the experimental period (2009-2021).

Experiments and cropping systems <sup>a</sup>	Crop sequences from 2009 to 2021 <sup>b</sup>	C input (Mg ha <sup>-1</sup> )		N input (Mg ha <sup>-1</sup> )	
		Cumulative	Annual	Cumulative	Annual
<b>MaiEx</b>					
CTM-Mz	<b>R – Mu/R – Mu/R – Mu/R – Mu/R – R – R – R – R – R – R – Mz – Mz</b>	28.60	2.20	0.64	0.05
NTM-Mz	<i>Mi/R – Mi/R – Mi/R – St/R – St/R – St/R – St/R – St/R – St/R – St/R – St/R – St/R+St – St/R+St – Mi+Su+Co/Mz – Mi+Su+Co/Mz</i>	67.70	5.21	1.50	0.12
NTR1-Mz	<i>Mi/R – Mi+Su+St/Mz – Mi+Su+St/R – St/Mz+St – St/R+St – St/Mz+St – St/R+St – St/Mz+St – St/R+St – St/Mz+St – St/So+Su+R – Mi+Su+Co/Mz – So+Su+Co/Sb</i>	73.08	5.62	1.62	0.12
NTR2-Mz	<i>Mi/Mz – Mi+P+St/R – Mi+Su+St/Mz+St – St/R+St – St/Mz+St – St/R+St – St/Mz+St – St/R+St – St/Mz+St – So+Su/R – St/Mz+St – So+Su+Co/Sb – Mi+Su+Co/Mz</i>	70.12	5.39	1.56	0.12
<b>SoyEx</b>					
CTM-Sb	<b>Sb – Sb – Se/Sb – Sb – Se/Sb – Sb – Sb – Sb – Rb – Sb – Sb – Sb – Sb</b>	23.18	1.78	0.52	0.04
NTM-Sb	<i>Mi/Sb+Br – Mi/Sb+Br – Mi/Sb+Br – Mi/Sb+St – St/Sb+St – St/Sb+St – St/Sb+St – St/Sb+St – So+St/Rb – Rb/So+Sb – So+Su/Sb – So+Su+Co/Sb – So+Su+Co/Sb</i>	65.09	5.01	1.45	0.11
NTR1-Sb	<i>Mi/Sb+St – Mi+St/Mz+Br – Mi/Sb+St – Mi+Su/Mz – So/Sb+St – So+Su/Mz – So+St/Sb – So+Su/Mz+St – St/Rb – Rb+So/Mz – So+Su/Sb – Mi+Su+Co/Mz – So+Su/Sb</i>	71.13	5.47	1.58	0.12
NTR2-Sb	<i>Mi/Mz+Br – Mi/Sb+St – Mi+Su/Mz+St – St/Sb+St – So+Su/Mz – So+Su/Sb – So+Su/Mz – So+Su/Sb – So+Su/Mz – So+Su/Sb – So+Su/Mz – So+Su+Co/Sb – Mi+Su+Co/Mz</i>	78.94	6.07	1.75	0.13
<b>CasEx</b>					
CTM-Cs	<b>Cs – Cs – Cs – Cs – Cs – Cs – Cs – Cs – Cs – Cs – Cs – Cs – Cs</b>	17.64	1.36	0.39	0.03
NTM-Cs	<b>Cs+St – St/Cs+St – St/Cs+St – St/Cs+St – Cs+St – Cs+St – Cs+St – Cs – Cs – Cs – Cs – Cs</b>	46.92	3.61	1.04	0.08
NTR1-Cs	<b>Cs+St – Mi+Mz+St – St/Cs+St – Mi+Su/Mz+St – St/Cs+St – St/Mz+St – St/Cs – St/Mz+St – St/Cs – So+Su/Mz – So+Su/Cs – Mi+Su+Co/Mz – Cs</b>	64.25	4.94	1.43	0.11
NTR2-Cs	<i>Mi/Mz+St – St/Cs+St – Mi+Su/Mz+St – St/Cs+St – Mi+Su/Mz+St – St/Cs+St – St/Mz+St – St/Cs – So+Su/Mz – So+Su/Cs – So+Su/Mz – Cs – Mi+Su+Co/Mz</i>	67.10	5.16	1.49	0.11



<sup>a</sup>MaiEx: maize-based cropping system trial; SoyEx: soybean-based cropping system trial; and CasEx: cassava-based cropping system trial; CTM: monocropping under conventional tillage; NTM: monocropping under NT systems with no-till mulch-based cropping systems associated with different crop sequences, and NTR1 and NTR2 refer to bi-annual crop rotational systems under NT systems with no-till mulch-based cropping systems associated with different crop sequences.

<sup>b</sup>Br: brachiaria (*Brachiaria ruziziensis* R.Germ. & C.M.Evrard); Co: cowpea (*Vigna unguiculata* (L.) Walp.); Cs: cassava (*Manihot esculenta* Crantz); Mi: millet (*Pennisetum glaucum* (L.) R.Br.); Mu: Mungbean (*Vigna radiata* (L.) R. Wilczek); Mz: maize (*Zea mays* L.); P: pigeon pea (*Cajanus cajan* L.); R: rice (*Oryza sativa* L.); Rb: ricebean (*Vigna umbellata* (Thunb.) Ohwi & H. Ohashi); Sb: soybean (*Glycine max* L.); Se: sesame (*Sesame indicum* L.); So: Sorghum (*Sorghum bicolor* (L.) Moench); St: stylo (*Stylosanthes quianensis* (Aubl.) Sw.); Su: sunnhemp (*Crotalaria juncea* L.). The letters in bold, underlined, and italicized indicate the main crops, cash crops, and cover crops, respectively. “–” indicates the period between the year; “/” indicates relay cropping with varying planting dates; and “+” indicates crops planted in association (same or staggered sowing dates). The C inputs were estimated from the amount of aboveground biomass of each crop; the belowground biomass was not included.

### 302 **2.3 Soil sampling and processing**

303 The study was a diachronic analysis from 2011 to 2021. In 2009, prior to the establishment of the  
304 experiments, soil and bulk density ( $\rho_b$ ) samples were collected as the pre-experiment (PE) from three  
305 randomly selected sampling points per replicate of each experimental location at four depths: 0–5, 5–10,  
306 10–20, and 20–30 cm. The individual soil samples from the same depth and replicate were composited,  
307 resulting in three composites per depth and per experiment. The composite samples were oven dried at  
308 40°C and sieved through a 2mm mesh for chemical property analysis. Bulk density samples were  
309 collected using core samplers of 5 cm in diameter and 5 cm in height, oven dried at 105°C for 48 h. The  
310 SOC and TN stocks of PE in 2009 in the top 0–20 cm were 33.3, 35.0, and 32.4 Mg C ha<sup>-1</sup> and 3.34, 3.41,  
311 and 3.26 Mg N ha<sup>-1</sup> in MaiEx, SoyEx, and CasEx, respectively (Fig. S1).

312 In November 2011, soil sampling was conducted to assess the early effects of tillage systems on soil  
313 organic C and N concentrations and stocks. The details of the sampling are described in Hok et al., (2015).  
314 Briefly, two pits (1m x 1m) were opened per elementary plot for soil and  $\rho_b$  sample collection. Individual  
315 samples for chemical analysis were collected from two undisturbed sides of each pit at 0–5, 5–10, 10–20,  
316 20–40, 40–60, 60–80, and 80–100 cm. The individual samples from the same depth and the same pit were  
317 composited, and as a result, two composite samples per layer were collected per elementary plot. The  
318 composites were oven-dried at 40°C before being softly disrupted, sieved through a 2-mm sieve, and  
319 homogenized. Soil bulk density samples were taken from the same two undisturbed sides of each pit at  
320 the same soil depths as for SOC analysis using core samplers of 5 cm in diameter and 5 cm in height. The  
321 soil cores were oven-dried at 105°C for 48 h.

322 In December 2021, we re-sampled the soil to assess the changes in pb, SOC and N concentrations and  
323 stocks ten years after the study conducted by Hok et al., (2015). The samples were collected at the same  
324 7 layers. From each treatment and replicate, we collected four individual samples by an automatic soil  
325 column cylinder auger (a gasoline-powered percussion hammer Cobra TT with inner diameter of 85 mm,  
326 Eijkelkamp, the Netherlands) in a diagonal “X” shape from four points within each plot, avoiding  
327 overlapping on the pits opened in 2011. In addition, we dug a 1 m x 1 m pit in the middle of each plot for  
328 sample collection; three individual soil samples and three pb cores were collected from three undisturbed  
329 sides of the pit at each depth. Soil samples were air-dried at room temperature, gently broken down, and  
330 sieved through a 2 mm mesh sieve. Finally, the seven individual samples from the same layer were mixed  
331 and homogenized to make a composite sample per elementary plot. The samples of pb were oven-dried  
332 at 105°C for 48 h.

#### 333 **2.4 Soil organic C and total N analyses**

334 The concentrations of SOC and TN of the soil samples collected in 2009 and 2011 were determined by  
335 dry combustion using an elemental CN analyzer (TruSpec CN, LECO, St. Joseph, USA). The details of  
336 the analysis were described in Hok et al., (2015). Sub-samples of the composite soils (n = 3 per layer)  
337 collected in 2021 were finely ground (<150 µm) before analysis for total C and N by dry combustion  
338 using the LECO® CHN628 analyzer at the Sustainable Agroecosystems Lab, ETH Zurich University,  
339 Switzerland.

## 340 **2.5 Soil organic C and total N stocks calculation**

341 In this Oxisol, there was no coarse fraction (i.e. gravels) left after sieving at 2 mm. Therefore, the bulk  
342 density of soil equals the bulk density of fine earth. To avoid inaccurate stock calculation due to  
343 differences in bulk density between treatments when using the fixed depth method, the equivalent soil  
344 mass (ESM) approach was applied to compute SOC and TN stocks (Ellert and Bettany, 1995; Von Haden  
345 et al., 2020; Fowler et al., 2023). Since the  $\rho_b$  of the treatments differed between the two sampling years  
346 (2011 and 2021) at each sampling depth (Table S2), we defined the reference soil mass as the lowest soil  
347 mass observed at each sampling depth, regardless of sampling years, cropping systems or land use. For  
348 this reference, soil mass layers (480, 518, 1061, 1873, 1766, 1809, and 1779 Mg ha<sup>-1</sup>) corresponded to  
349 the depth layers (0–5, 5–10, 10–20, 20–40, 40–60, 60–80, and 80–100 cm, respectively). We applied  
350 these reference soil masses to compute the SOC and TN stocks in 2021 and recalculated the stocks of the  
351 PE and the treatments of the three experiments collected in 2009 and 2011.

352 To correct for differences in  $\rho_b$ , SOC and TN stocks were computed according to Eq. 1 and 2.

$$353 M_{(soilmin,i)} = \rho b_{(i)} \times T_{(i)} \times 1000 \quad (eq. 1)$$

$$354 SOC \text{ or } TN \text{ stock} = \sum_{(i=1)}^n [(M_{(soilmin,i)} \times conc_{.(i)}) + ((M_{(soil,i)} - M_{(soilmin,i)}) \times conc_{.(i-1)})] \times \\ 355 0.001 \quad (eq. 2)$$

356 Where:  $M_{(soilmin,i)}$  is the minimal soil mass per unit area in the  $i$ th layer (Mg ha<sup>-1</sup>) recorded over the  
357 treatments and used as a reference.  $\rho b_{(i)}$  is the bulk density of the  $i$ th layer (g cm<sup>-3</sup>).  $T_{(i)}$  is the thickness  
358 of the  $i$ th layer (m).  $conc_{.(i)}$  is the concentration of SOC in  $i$ th layer.  $conc_{.(i-1)}$  is the concentration of

359 SOC in  $i - 1$ th layer.  $M_{(soil,i)}$  is the designated soil mass of each layer (i.e., the maximum soil mass). The  
360 numbers 1000 and 0.001 are unit conversion coefficients.

361 We defined delta stock ( $\Delta$ ) of SOC and TN, as the stock change within the same treatment and depth  
362 between 2021 and 2011 sampling years (diachronic) and calculated it as follows:

$$363 \Delta SOC \text{ or } TN \text{ stock}_{diach} = SOC \text{ or } TN \text{ stock}_{treat.(i)2021} - SOC \text{ or } TN \text{ stock}_{treat.(i)2011} \quad (eq. 3)$$

364 Where:  $i$  represents the treatments.

365 To compare the synchronic and diachronic approaches for SOC stock change, the stock change estimated  
366 by the synchronic approach was computed as follows using the CTM treatment as the control treatment:

$$367 \Delta SOC \text{ stock}_{synch} = SOC \text{ stock}_{NT(i)2021} - SOC \text{ stock}_{CTM2021} \quad (eq. 4)$$

368 Where: NT( $i$ ) represents NTM, NTR1, and NTR2 treatments.

369 The SOC and TN stock change (accumulation or loss) rates ( $\text{Mg C or N ha}^{-1} \text{ yr}^{-1}$ ) of each treatment were  
370 calculated by dividing  $\Delta$  SOC or TN stock by the number of years between the 1<sup>st</sup> and 2<sup>nd</sup> samplings (10  
371 years):

$$372 SOC \text{ or } TN \text{ stock change rate}_{treatment(i)} = \frac{\Delta SOC \text{ or } TN \text{ stock}_{treatment(i)}}{10} \quad (eq. 5)$$

## 373 **2.6 Particle-size fractionation of soil organic matter**

374 The soil organic C was physically fractionated using a sub-sample of the composite soil for all the  
375 treatments and seven depths. The particle-size fractionation was implemented in accordance with the  
376 procedure described in Hok et al., (2015). Briefly, 40 g of soil samples were dispersed in a solution of  
377 1.25 g of sodium hexametaphosphate and 100 mL of deionized water and stored at 10 °C for 16 hours.  
378 The sample was then horizontally shaken at 100 rpm for 8 hours with three 10-mm-diameter agate balls.

379 The soil mixture was wet-sieved with deionized water through a 53- $\mu\text{m}$  sieve to get the proportion of  
380 particulate organic matter (POM) sized between 53 $\mu\text{m}$  and 2,000 $\mu\text{m}$ . The <53- $\mu\text{m}$  fraction was  
381 flocculated with 2-g  $\text{CaCl}_2$  in a 1-L glass cylinder and left overnight for sedimentation. The supernatant  
382 was syphoned after full sedimentation. This <53- $\mu\text{m}$  fraction is made up of mineral-associated organic  
383 matter (MAOM). The two fractions were oven-dried at 40°C until reaching constant weight and finely  
384 ground for determining SOC and TN concentrations by dry combustion using the LECO® CHN628  
385 analyzer at the Sustainable Agroecosystems Lab, ETH Zurich University, Switzerland.

## 386 **2.7 Statistical analysis**

387 Statistical analysis was conducted using R software, version 4.3.1 (Core Team, 2023). Linear mixed  
388 models (*lmerTest* package) were fitted on all data: sampling years, soil depths, and treatments were  
389 defined as the fixed factors, while the replicates were defined as the random factors. Prior to the analysis,  
390 the normality of each variable was checked by Shapiro's test. Then we applied Levene's test to check the  
391 homoscedasticity of the data. A diachronic approach was used to assess statistical significance between  
392 the two sampling years (i.e., 2021 vs. 2011) of the same treatment at the same soil depth by analysis of  
393 variance with Fisher tests (degrees of freedom calculated by Satterthwaite method), computing of  
394 estimated marginal means (EMMs) and p-value adjustment using the Tukey method. The same approach  
395 was used to compare SOC stocks between treatments in the same sampling year, calculated at equivalent  
396 soil mass and using the synchronic approach. In addition, we applied the same statistical procedures to  
397 assess the statistical significance of cumulative SOC and TN stocks.

### 398 **3 Results**

399 The effects of cropping systems on the concentrations, stocks of SOC and TN as well as their fractions in  
400 the physical size classes between 2011 and 2021 varied among the three experiments and across the soil  
401 profile.

#### 402 **3.1 Impact of cropping systems on SOC concentration and stock**

##### 403 **3.1.1 SOC concentration**

404 The SOC concentration of all the treatments in 2011 and 2021 was highest in the topsoil (0–5 cm) and  
405 decreased with soil depth in all the experiments (Fig.1 with Table S3 as duplication).

406 Over a 10-year period of historical cropping sequences from 2011 to 2021, all the NT cropping systems  
407 had significant effects ( $p < 0.05$ ) in the increase of SOC concentration. On the other hand, the SOC  
408 concentration under CTM remained stable with exception of a few significant increases detected in the  
409 tilled layers in MaiEx and CasEx (Fig. 1).

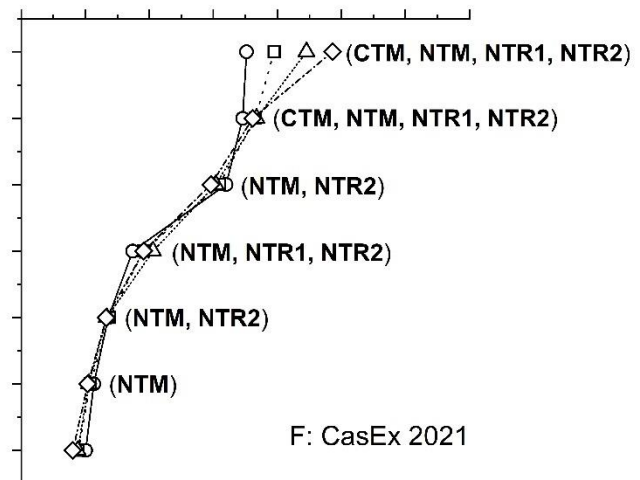
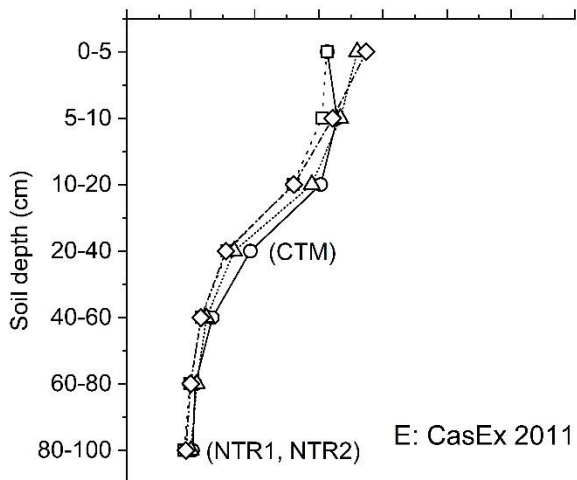
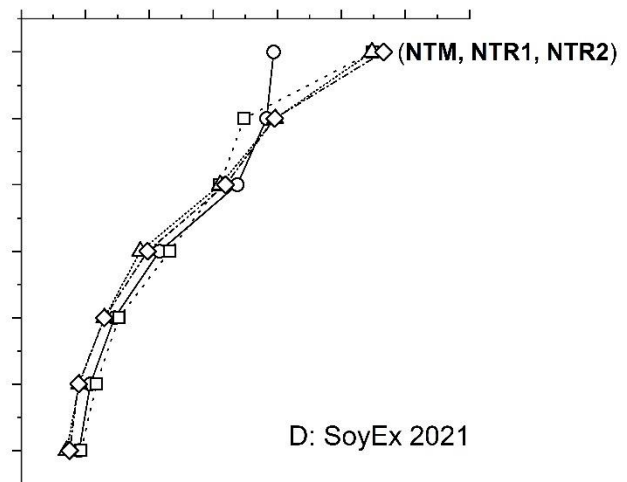
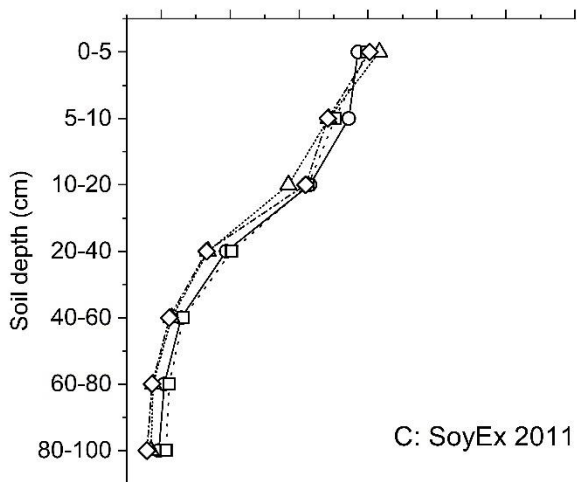
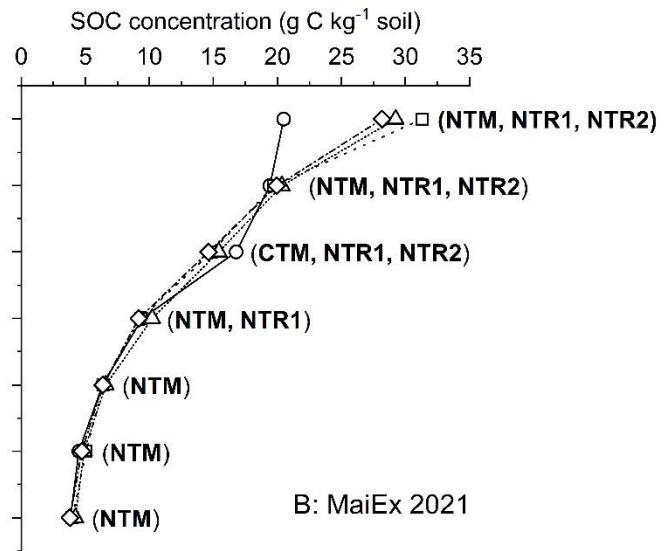
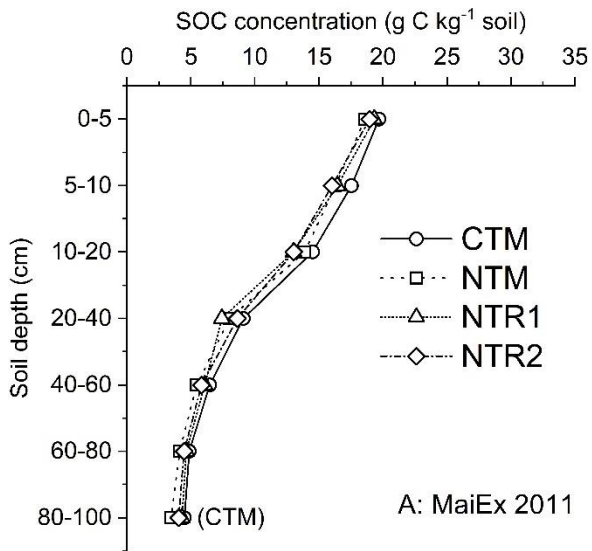
410 In 2021, the monocropping of main crops under NT systems in MaiEx (NTM-Mz) and CasEx (NTM-Cs)  
411 exhibited a similar trend in increasing SOC concentration significantly ( $p < 0.05$ ) across the soil profile  
412 compared to 2011 (Figs. 1B and 1F). The SOC concentration under NTM-Mz increased by 68%, 21%,  
413 16%, 17%, 23%, and 16% at 0–5, 5–10, 20–40, 40–60, 60–80, and 80–100 cm, respectively (Fig. 1B).  
414 The significant increase in SOC concentration under NTM-Cs was detected from 0 to 80 cm with a gain  
415 of 26%, 20%, 19%, 22%, 18%, and 10% in the 0–5, 5–10, 10–20, 20–40, 40–60, and 60–80 cm,  
416 respectively (Fig. 1F).

417 When compared to 2011, the bi-annual rotation of main crops under NT systems in MaiEx (NTR1-Mz  
418 and NTR2-Mz) and CasEx (NTR1-Cs and NTR2-Cs) significantly ( $p < 0.05$ ) increased SOC  
419 concentration from the surface down to subsoil depth in 2021 (Figs. 1B and 1F). On average NTR-Mz  
420 (average of NTR1-Mz and NTR2-Mz), significantly increased SOC concentration by 50%, 24%, and 15%  
421 at 0–5, 5–10, and 10–20 cm depth, respectively. Significant increase was still observed under NTR1-Mz  
422 at 20–40 cm depth (Fig. 1B). In 2021, among the two treatments of NTR-Cs crop rotation systems (NTR1-  
423 Cs and NTR2-Cs), NTR2-Cs significantly increased SOC concentration from the top 0 to 60 cm by 30%,  
424 12%, 13%, 23%, and 15% in the 0–5, 5–10, 10–20, 20–40, and 40–60 cm, respectively, while a significant  
425 decrease of -13% was recorded in the 80–100 cm depth (Figs. 1E and 1F). Under NTR1-Cs, significant  
426 increases in SOC concentration were observed up to 40 cm depth with a gain of 24%, 10%, and 23% in  
427 0–5, 5–10, and 20–40 cm, respectively, with a significant decrease by -12% in 80–100 cm depth (Figs.  
428 1E and 1F).

429 Unlike MaiEx and CasEx, the significant increase ( $p < 0.05$ ) in SOC concentration under all the NT  
430 cropping systems in SoyEx (NTM-Sb, NTR1-Sb, and NTR2-Sb) in 2021 was only observed in the top 0–  
431 5 cm with a similar increase amount of  $\sim 7.5 \text{ g C kg}^{-1}$  soil (Fig 1D).

432 Over a decade of monocropping of main crops under conventional tillage in all the experiments (CTM-  
433 Mz, CTM-Sb, and CTM-Cs), the SOC concentration remained stable overall, with the exception of a few  
434 significant increases detected in the tilled layers in MaiEx (CTM-Mz at 10–20 cm) and CasEx (CTM-Cs  
435 at 0–5 and 5–10 cm) (Figs. 1B, 1D, and 1F).





**Figure 1.** SOC concentration distribution across the soil profile (0–100 cm) of the treatments under different experiments in 2011 and 2021. CTM: monocropping under conventional tillage; NTM: monocropping under NT systems with no-till mulch-based cropping systems associated with different crop sequences, and NTR1 and NTR2 refer to bi-annual crop rotational systems under NT systems with no-till mulch-based cropping systems associated with different crop sequences as described in Table 1. A: MaiEx 2011 – SOC concentration of the treatments in maize-based trial measured in 2011; B: MaiEx 2021 – SOC concentration of the treatments in maize-based trial measured in 2021; C: SoyEx 2011 – SOC concentration of the treatments in soybean-based trial measured in 2021; D: SoyEx 2021 – SOC concentration of the treatments in soybean-based trial measured in 2021; E: CasEx 2011 – SOC concentration of the treatments in cassava-based trial measured in 2011; and F: CasEx 2021 – SOC concentration of the treatments in cassava-based trial measured in 2021. Treatment(s) in bold within the brackets indicate the gain and significant ( $p < 0.05$ ) difference in concentrations between 2011 and 2021 in the same treatment at the same soil depth.

### 436 **3.1.2 SOC stock**

437 From 2011 to 2021, there were significant ( $p < 0.05$ ) increases in SOC stock, which varied depending on  
438 tillage, cropping systems, and the experiments (Table 2 and Table S5). In 2021, in the case of MaiEx, the  
439 SOC stock under NTR-Mz crop rotation systems (average of NTR1-Mz and NTR2-Mz) significantly ( $p$   
440  $< 0.05$ ) increased by 4.6, 2.6, and 2.2 Mg C ha<sup>-1</sup> at 0–5, 5–10, and 10–20 cm depth, respectively. NTR1-  
441 Mz showed a significant increase in SOC stock at a deeper profile at 20–40 cm, with a gain of 4.5 Mg C  
442 ha<sup>-1</sup> (Table 2 and Table S5). In the case of CasEx, the soils under NTR-Cs crop rotation systems (average  
443 of NTR1-Cs and NTR2-Cs) in 2021 significantly ( $p < 0.05$ ) increased SOC stock by an average of 2.4,  
444 1.1, 1.4, and 2.9 Mg C ha<sup>-1</sup> in 0–5, 5–10, 10–20, and 20–40 cm, respectively, but significantly decreased  
445 by an average of -0.9 Mg C ha<sup>-1</sup> in 80–100 cm (Table 2 and Table S5). For SoyEx, NTR-Sb crop rotation  
446 systems (average of NTR1-Sb and NTR2-Sb) significantly accumulated SOC stock by an average of 3.55  
447 and 1.75 Mg C ha<sup>-1</sup> in 0–5 and 5–10 cm, respectively, along with a positive trend from 10 to 80 cm depth  
448 (Table 2 and Table S5).

449 Unlike SOC concentration, the significant effect of increasing SOC stock of the monocropping of main  
450 crops under NT systems varied across the three experiments (Table 2). NTM-Cs showed the significant  
451 ( $p < 0.05$ ) accumulation of SOC stock by 2.0, 1.6, 2.5, and 2.2 Mg C ha<sup>-1</sup> in 0–5, 5–10, 10–20, and 20–  
452 40 cm, respectively (Table 2 and Table S5). NTM-Mz significantly increased SOC stock in the surface  
453 layers (0–10 cm) by 6.1 and 2.2 Mg C ha<sup>-1</sup> in the 0–5 and 5–10 cm, respectively, while the NTM-Sb  
454 significantly increased the stock by 3.6 Mg C ha<sup>-1</sup> in the 0–5 cm (Table 2 and Table S5).

455 In the case of monocropping of main crops under conventional tillage, despite there were a few significant  
456 increases in SOC stock were detected in the till layers in CTM-Mz (MaiEx) by 0.9 and 2.3 Mg C ha<sup>-1</sup> in  
457 the 5–10 and 10–20 cm, respectively, the significant decline in SOC stock was observed below 60 cm  
458 with the decreasing by approximately -1.2 Mg C ha<sup>-1</sup> at the 60–80 and 80–100 cm depth (Table 2). For  
459 CasEx and SoyEx, despite the significant increase in SOC stock was observed in CTM-Cs from 0 to 20  
460 cm, the accumulation rate was 2 times lower than those NT systems, while no significant changes were  
461 recorded under CTM-Sb (Table 2).

462 Over the 10-year period from 2011 to 2021, considering a 100 cm layer as a single stratum, all the NT  
463 cropping systems significantly increased SOC stock, with accumulation rates ranging from 0.86 to 1.47  
464 and 0.70 to 1.07 Mg C ha<sup>-1</sup> yr<sup>-1</sup> Mg C ha<sup>-1</sup> yr<sup>-1</sup> for CA-Mz and CA-Cs, respectively (Table 2). Although  
465 non-significant difference detected, all the NT-Sb systems increased SOC stock with annual accumulation  
466 rates ranging from 0.65 to 1.00 Mg C ha<sup>-1</sup> yr<sup>-1</sup> (Table 2). Despite there were a few significant increases in  
467 SOC stock were observed under CTM, the whole profile SOC stock in all the CTM (CTM-Mz, CTM-Sb,  
468 and CTM-Cs) remained stable in 2021 (Table 2).

**Table 2.** Mean SOC stocks in 2021 and SOC stock change rate between 2021 and 2011.

Experiments <sup>a</sup>	Approximate soil depth (cm)	Cropping systems <sup>b</sup>							
		CTM		NTM		NTR1		NTR2	
		SOC stock in 2021 (Mg C ha <sup>-1</sup> )				SOC stock change rate 2021-11 (Mg C ha <sup>-1</sup> yr <sup>-1</sup> )			
MaiEx	0-5	9.83 (±0.19)	15.01 (±0.38) A	14.03 (±0.32) A	13.52 (±0.54) A	0.04 (±0.03)	<b>0.61</b> (±0.06)	<b>0.48</b> (±0.02)	<b>0.44</b> (±0.02)
	5-10	10.16 (±0.18) A	10.91 (±0.11) A	11.16 (±0.06) A	10.89 (±0.46) A	<b>0.09</b> (±0.03)	<b>0.22</b> (±0.01)	<b>0.23</b> (±0.00)	<b>0.22</b> (±0.06)
	10-20	18.28 (±0.26) A	16.31 (±0.57)	17.08 (±0.07) A	16.32 (±0.69) A	<b>0.23</b> (±0.02)	0.11 (±0.06)	<b>0.25</b> (±0.04)	<b>0.19</b> (±0.09)
	20-40	19.90 (±0.72)	18.61 (±0.43)	20.28 (±0.70) A	18.64 (±0.58)	0.11 (±0.06)	0.16 (±0.07)	<b>0.45</b> (±0.08)	0.07 (±0.08)
	40-60	12.58 (±0.37)	12.18 (±0.25)	12.75 (±0.42)	12.31 (±0.19)	-0.04 (±0.03)	0.08 (±0.08)	0.10 (±0.03)	0.02 (±0.05)
	60-80	9.01 (±0.61) B	9.58 (±0.31)	9.64 (±0.48)	9.33 (±0.26)	<b>-0.12</b> (±0.02)	0.07 (±0.08)	-0.02 (±0.01)	-0.02 (±0.01)
	80-100	7.17 (±0.66) B	7.51 (±0.54)	7.97 (±0.38)	7.26 (±0.05)	<b>-0.13</b> (±0.05)	0.05 (±0.08)	-0.02 (±0.02)	-0.06 (±0.05)
	0-100	86.92 (±2.18)	90.13 (±1.82) A	92.90 (±2.30) A	88.27 (±2.11) A	0.17 (±0.15)	<b>1.30</b> (±0.38)	<b>1.47</b> (±0.11)	<b>0.86</b> (±0.20)
SoyEx	0-5	9.45 (±0.05)	13.17 (±0.19) A	13.14 (±0.30) A	13.58 (±0.31) A	0.02 (±0.03)	<b>0.36</b> (±0.02)	<b>0.32</b> (±0.02)	<b>0.39</b> (±0.05)
	5-10	9.95 (±0.10)	9.74 (±1.45)	11.05 (±0.12) A	10.80 (±0.21) A	0.03 (±0.03)	0.04 (±0.12)	<b>0.18</b> (±0.02)	<b>0.17</b> (±0.02)
	10-20	18.35 (±0.12)	16.79 (±1.84)	17.27 (±0.35)	17.43 (±0.43)	0.11 (±0.05)	-0.02 (±0.16)	0.17 (±0.04)	0.08 (±0.07)
	20-40	22.34 (±0.50)	22.66 (±1.18)	19.26 (±0.43)	19.69 (±0.75)	0.19 (±0.18)	0.17 (±0.17)	0.19 (±0.07)	0.18 (±0.13)
	40-60	15.20 (±0.61)	15.86 (±0.55)	13.00 (±0.65)	13.08 (±0.43)	0.14 (±0.18)	0.10 (±0.10)	0.13 (±0.03)	0.17 (±0.06)
	60-80	11.16 (±0.52)	11.95 (±0.62)	9.48 (±0.32)	9.32 (±0.44)	0.04 (±0.14)	0.06 (±0.04)	0.01 (±0.04)	0.04 (±0.06)
	80-100	8.76 (±0.57)	9.37 (±0.82)	7.03 (±0.04)	7.25 (±0.37)	-0.04 (±0.11)	-0.05 (±0.01)	-0.08 (±0.05)	-0.02 (±0.02)
	0-100	95.22 (±2.06)	99.53 (±4.26)	90.23 (±1.52)	91.15 (±1.87)	0.48 (±0.70)	0.65 (±0.58)	0.92 (±0.13)	1.00 (±0.29)
CasEx	0-5	8.44 (±0.23) A	9.48 (±0.09) A	10.68 (±0.00) A	11.67 (±0.34) A	<b>0.09</b> (±0.01)	<b>0.20</b> (±0.03)	<b>0.21</b> (±0.01)	<b>0.27</b> (±0.06)
	5-10	8.97 (±0.25) A	9.52 (±0.17) A	9.82 (±0.04) A	9.76 (±0.22) A	<b>0.05</b> (±0.01)	<b>0.16</b> (±0.02)	<b>0.10</b> (±0.00)	<b>0.12</b> (±0.03)
	10-20	17.15 (±0.30) A	16.66 (±0.49) A	16.63 (±0.15) A	16.23 (±0.24) A	<b>0.09</b> (±0.03)	<b>0.25</b> (±0.03)	<b>0.09</b> (±0.01)	<b>0.18</b> (±0.04)
	20-40	18.18 (±0.94)	18.84 (±0.74) A	20.77 (±0.22) A	19.27 (±1.02) A	-0.09 (±0.11)	<b>0.22</b> (±0.06)	<b>0.29</b> (±0.06)	<b>0.29</b> (±0.01)
	40-60	13.12 (±0.44)	13.42 (±0.36)	13.95 (±0.22)	12.99 (±0.70)	-0.05 (±0.11)	0.14 (±0.05)	0.12 (±0.03)	0.13 (±0.02)
	60-80	11.11 (±0.08)	10.78 (±0.47)	10.61 (±0.49)	10.18 (±0.59)	0.02 (±0.08)	0.09 (±0.04)	-0.01 (±0.01)	0.04 (±0.01)
	80-100	9.47 (±0.09)	8.71 (±0.33)	8.62 (±0.57) B	7.91 (±0.46) B	0.02 (±0.04)	0.01 (±0.01)	<b>-0.10</b> (±0.01)	<b>-0.08</b> (±0.05)
	0-100	86.44 (±2.12)	87.42 (±2.52) A	91.07 (±0.92) A	88.01 (±3.03) A	0.14 (±0.35)	<b>1.07</b> (±0.18)	<b>0.70</b> (±0.11)	<b>0.95</b> (±0.07)

<sup>a</sup> MaiEx: Maize-based experiment; SoyEx: Soybean-based experiment; and CasEx: Cassava-based experiment.

<sup>b</sup> CTM: monocropping under conventional tillage; NTM: monocropping under NT systems with no-till mulch-based cropping systems associated with different crop sequences, and NTR1 and NTR2 refer to bi-annual crop rotational systems under NT systems with no-till mulch-based cropping systems associated with different crop sequences as described in Table 1. Different uppercase letters accompanying the values indicate significant difference within the same treatment between 2011 and 2021 (diachronic) at the same soil depth at  $p < 0.05$  (Tukey's test). Values of SOC stock change rates in bold indicate changes for a given treatment and depth between 2021 and 2011 are significantly different from 0 at  $p <$

0.05 (Tukey's test). Positive values of SOC stock change rate indicate a SOC accumulation; negative values indicate a SOC loss. Values in the parentheses indicate standard errors (n=3).

## 469 **3.2 Impact of cropping systems on TN concentration and stock**

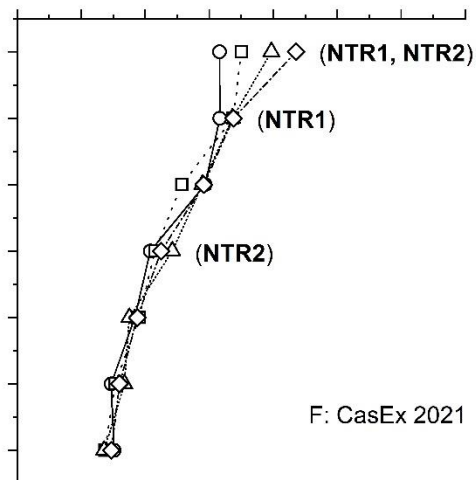
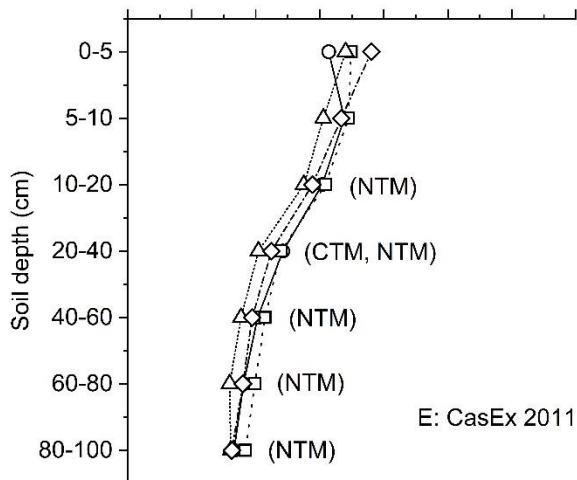
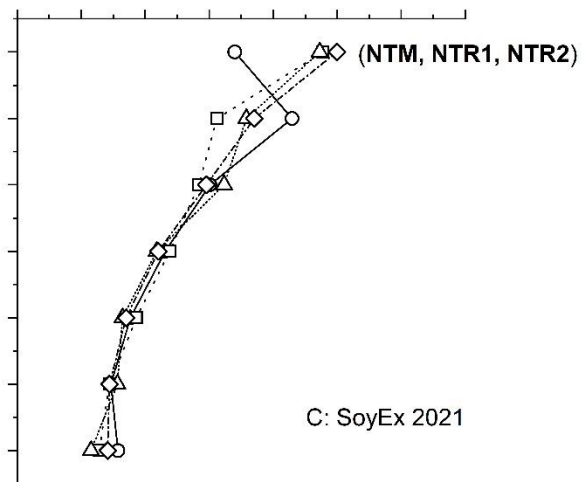
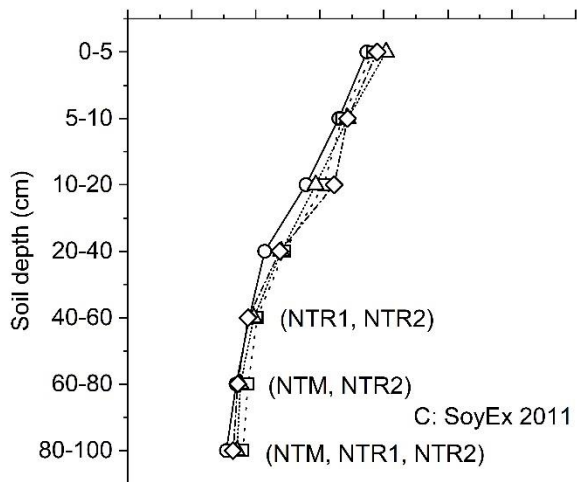
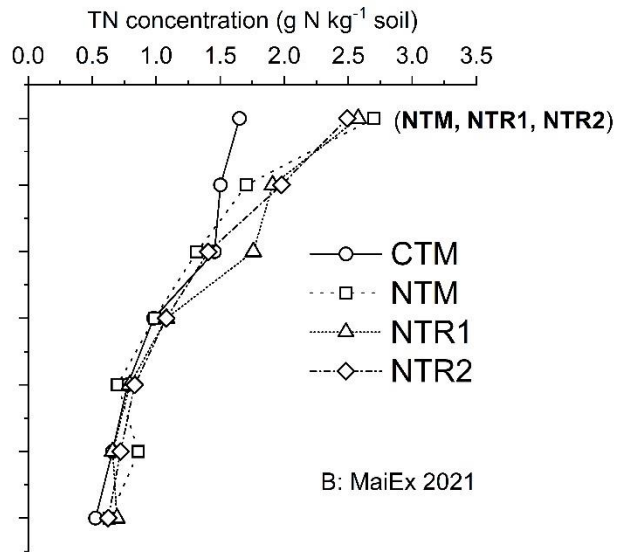
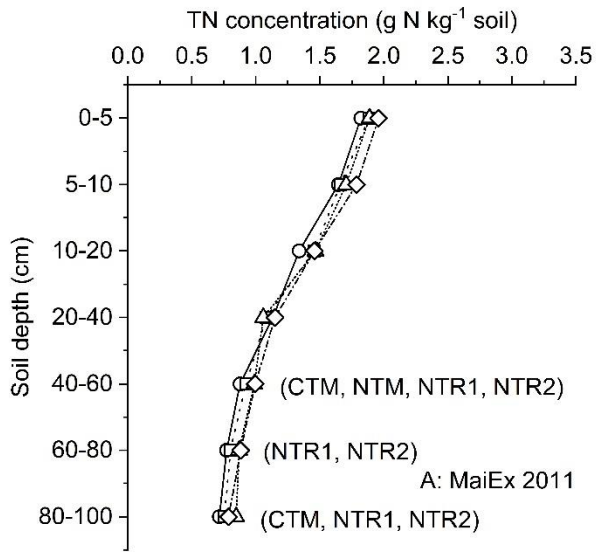
### 470 **3.2.1 Total N concentration**

471 Over 10 years of cultivation from 2011 to 2021, surprisingly, the response of soil TN concentration to  
472 tillage and cropping systems differed from SOC (Fig. 2, Table S4 as duplication). The positive ( $p < 0.05$ )  
473 effect on TN concentration was mainly observed on the surface layer under NT systems. However, the  
474 significant ( $p < 0.05$ ) decrease in TN concentration varied across tillage, cropping systems and  
475 experiments observed below 20 cm (Fig. 2, Table S4). In 2021, NTR systems (NTR1 and NTR2)  
476 significantly ( $p < 0.05$ ) increased TN concentration in the top 5 cm of MaiEx (NTR-Mz) and SoyEx  
477 (NTR-Sb) by 32% and 23%, respectively (Figs. B2 and 2D), but decreased TN concentration significantly  
478 ( $p < 0.05$ ) below 60 to 100 cm by -18 to -21% and -10 to -25% in MaiEx and SoyEX, respectively (Figs.  
479 2A and 2B). Under CasEx in 2021, the soil TN concentration significantly ( $p < 0.05$ ) increased by 16%  
480 in the top 0–5 cm under the NTR system (average of NTR1-Cs and NTR2-Cs), while overall TN  
481 concentration remained stable below 5 cm, except for significant increases under NTR1-Cs by 10% and  
482 19% in the 5–10 cm and 20–40 cm, respectively (Fig. 2F).

483 From 2011 to 2021, in the case of monocropping under NT systems in MaiEx and SoyEx, the significant  
484 ( $p < 0.05$ ) increase in TN concentration by 44% and 25% under NTM-Mz and NTM-Sb, respectively  
485 (Figs 2B and 2C). However, the TN concentration was significantly ( $p < 0.05$ ) decreased by -24% in the  
486 40–60 cm under NTM-Mz and from -23 to -29% in the 60–100 cm depth under NTM-Sb (Figs. 2A and  
487 2B). After 10-years of cassava monocropping under NT system (NTM-Cs), TN concentration did not  
488 change in the top 0–10 cm, but the concentration significantly ( $p < 0.05$ ) decreased below 10–100 cm

489 depth from -10 to -25% in 2021 (Fig. 2E).

490 In contrast to NT systems, after 10-years of conventional tillage-based monocropping of soybean (CTM-  
491 Sb) and cassava (CTM-Cs), the soil TN concentration in 2021 remained constant across the whole profile,  
492 except a significant ( $p < 0.05$ ) decrease of -14% in the 20–40 cm layer detected under CTM-Cs (Fig. 2D  
493 and 2E), while in cassava monocropping under CT (CTM-Mz), soil TN concentration remained stable  
494 from 0 to 40 cm, then significantly ( $p < 0.05$ ) decreased by -12% and -26% in the 40–60 and 80–100 cm  
495 depths, respectively (Fig. 2A and 2B).





**Figure 2.** TN concentration distribution across the soil profile (0–100 cm) of the treatments under different experiments in 2011 and 2021. CTM: monocropping under conventional tillage; NTM: monocropping under NT systems with no-till mulch-based cropping systems associated with different crop sequences, and NTR1 and NTR2 refer to bi-annual crop rotational systems under NT systems with no-till mulch-based cropping systems associated with different crop sequences as described in Table 1. A: MaiEx 2011 – TN concentration of the treatments in maize-based trial measured in 2011; B: MaiEx 2021 – TN concentration of the treatments in maize-based trial measured in 2021; C: SoyEx 2011 – TN concentration of the treatments in soybean-based trial measured in 2021; D: SoyEx 2021 – TN concentration of the treatments in soybean-based trial measured in 2021; E: CasEx 2011 – TN concentration of the treatments in cassava-based trial measured in 2011; and F: CasEx 2021 – TN concentration of the treatments in cassava-based trial measured in 2021. Treatment(s) in bold within the brackets indicate the gain and significant ( $p < 0.05$ ) difference in concentrations between 2011 and 2021 in the same treatment at the same soil depth.

### 496 **3.2.2 Total N stock**

497 Over the past decade, cultivating the main crops (maize, soybean, and cassava) under NTR systems  
498 (NTR1 and NTR2) significantly ( $p < 0.05$ ) increased TN stock in the soil surface in all the experiments  
499 in 2021. However, the response of TN stock below the surface layers to the NTR systems differed between  
500 the three experiments (Table 3, Table S5). In the case of MaiEx (NTR1-Mz and NTR2-Mz), TN stock  
501 increased by 0.3 Mg N ha<sup>-1</sup> in the 0–5 cm; the stock remained stable in the 5–40 cm, but then significantly  
502 ( $p < 0.05$ ) decreased in the 40–100 cm depths between -0.25 and -0.40 Mg N ha<sup>-1</sup> (Table 3). Similar to  
503 MaiEx, the soil TN stock in the soils under NTR systems of SoyEx (NTR1-Sb and NTR2-Sb) significantly  
504 increased by 0.25 Mg N ha<sup>-1</sup> in the 0–5 cm layer, remained constant in the 5–60 cm, and then significantly  
505 decreased in the 60–100 cm with a rough amount of -0.02 Mg N ha<sup>-1</sup> (Table 3). In contrast to MaiEx and  
506 SoyEx, among the two NTR-Cs crop rotation system, NTR2-Cs significantly ( $p < 0.05$ ) increased TN  
507 stock by 0.10 Mg N ha<sup>-1</sup> in the surface 0–5 cm, whereas the significant increase in TN stock was detected  
508 in the 0–5, 5–10 and 20–40 cm by 0.10, 0.10 and 0.03 Mg N ha<sup>-1</sup>, respectively, under NTR1-Cs. Unlike,

509 MaiEx and SoyEx, there was no significant decrease in TN stock in the subsoil layers under the NTR-Cs  
510 (Table 3).

511 When compared to 2011, TN stock in 2021 of MaiEx and SoyEx under the NTM system significantly ( $p$   
512  $< 0.05$ ) increased in the topsoil (0–5 cm) by 0.40 and 0.20 Mg N ha<sup>-1</sup> under NTM-Mz and NTM-Sb,  
513 respectively. However, significant ( $p < 0.05$ ) decreases in TN stock were detected in the subsoils under  
514 NTM-Mz by -0.40 Mg N ha<sup>-1</sup> in the 40–60 cm and by -0.30 to -0.40 Mg N ha<sup>-1</sup> in the 60–100 cm under  
515 NTM-Sb (Table 3). In the case of CasEx, TN stock in the NTM-Cs soil remained constant in the top 0–  
516 10 cm, then significantly decreased from -0.3 to -0.5 Mg N ha<sup>-1</sup> in the 10–100 cm (Table 3).

517 For the CTM of all the experiments, from 2011 to 2021, TN stock in the topsoil layers remained stable,  
518 whereas losses were observed in the layers below 20 cm. CTM-Sb significantly ( $p < 0.05$ ) increased TN  
519 stock by 0.20 Mg N ha<sup>-1</sup> in the 10–20 cm, then remained constant below 20 cm with a significant ( $p <$   
520  $0.05$ ) reduction by -0.20 Mg N ha<sup>-1</sup> detected in the 60–80 cm (Table 3). In CTM-Mz, TN stock did not  
521 change in the 0–40 cm but significantly declined between -0.20 to -0.30 Mg N ha<sup>-1</sup> from 40–100 cm  
522 (Table 3). In CTM-Cs soil, TN stock did not change in the top 0–20 cm but significantly decreased from  
523 -0.20 to -0.30 Mg N ha<sup>-1</sup> in the 20–100 cm (Table 3).

524 Measured in the whole profile (0–100 cm), over the past decade, the TN stock under NTR systems of all  
525 the experiments remained stable (Table 3). Monocropping of soybean and cassava under NT systems  
526 (NTM-Sb and NTM-Cs) caused a significant ( $p < 0.05$ ) reduction of TN stock at the annual depletion rate  
527 of -0.10 and -0.17 Mg N ha<sup>-1</sup> yr<sup>-1</sup>, respectively, while nearly a decade of upland rice monocropping then  
528 recent shift to maize under NTM system (NTM-Mz) did not change TN stock (Table 3). In the case of  
529 monocropping of main crops under CT, the TN stock under CTM-Cs significantly ( $p < 0.05$ ) decreased

530 at the rate of  $-0.11 \text{ Mg N ha}^{-1}\text{yr}^{-1}$ . The TN stock of soil under CTM-Sb remained stable, while the CTM-  
531 Mz showed the depletion trend at the rate of  $-0.11 \text{ Mg N ha}^{-1} \text{ yr}^{-1}$  although non-significant (Table 3).

**Table 3.** Mean TN stock in 2021 and TN stock change rate between 2021 and 2011.

Experiments <sup>a</sup>	Approximate soil depth (cm)	Cropping systems <sup>b</sup>							
		N stock in 2021 (Mg N ha <sup>-1</sup> )				N stock change rate 2021-11 (Mg N ha <sup>-1</sup> yr <sup>-1</sup> )			
		CTM	NTM	NTR1	NTR2	CTM	NTM	NTR1	NTR2
MaiEx	0-5	0.79 (±0.04)	1.30 (±0.02) A	1.24 (±0.03) A	1.20 (±0.04) A	-0.01 (±0.01)	<b>0.04</b> (±0.01)	<b>0.03</b> (±0.00)	<b>0.03</b> (±0.00)
	5-10	0.79 (±0.05)	0.95 (±0.01) A	1.04 (±0.02)	1.06 (±0.12)	-0.01 (±0.01)	0.01 (±0.00)	0.01 (±0.00)	0.01 (±0.01)
	10-20	1.55 (±0.01)	1.44 (±0.03) B	1.87 (±0.23)	1.58 (±0.12)	0.01 (±0.01)	-0.01 (±0.01)	0.03 (±0.02)	0.00 (±0.02)
	20-40	1.98 (±0.10)	1.91 (±0.06)	2.18 (±0.11)	2.11 (±0.05)	-0.02 (±0.02)	-0.02 (±0.00)	0.01 (±0.02)	-0.02 (±0.01)
	40-60	1.46 (±0.03) B	1.33 (±0.11) B	1.48 (±0.12) B	1.56 (±0.05) B	<b>-0.02</b> (±0.01)	<b>-0.04</b> (±0.00)	<b>-0.03</b> (±0.01)	<b>-0.03</b> (±0.01)
	60-80	1.24 (±0.09) B	1.49 (±0.13)	1.25 (±0.04) B	1.36 (±0.02) B	<b>-0.02</b> (±0.01)	-0.01 (±0.01)	<b>-0.04</b> (±0.01)	<b>-0.04</b> (±0.00)
	80-100	1.00 (±0.08) B	1.22 (±0.02)	1.21 (±0.03) B	1.17 (±0.03) B	<b>-0.03</b> (±0.01)	-0.02 (±0.01)	<b>-0.03</b> (±0.01)	<b>-0.04</b> (±0.00)
	0-100	8.82 (±0.46)	9.63 (±0.49)	10.27 (±0.17)	10.03 (±0.30)	-0.11 (±0.02)	-0.06 (±0.06)	-0.03 (±0.06)	-0.09 (±0.03)
SoyEx	0-5	0.82 (±0.03)	1.15 (±0.01) A	1.13 (±0.03) A	1.20 (±0.06) A	-0.01 (±0.00)	<b>0.02</b> (±0.00)	<b>0.02</b> (±0.00)	<b>0.03</b> (±0.01)
	5-10	1.07 (±0.22)	0.87 (±0.11)	0.99 (±0.02)	1.00 (±0.03)	0.02 (±0.02)	0.00 (±0.01)	0.01 (±0.00)	0.01 (±0.00)
	10-20	1.75 (±0.12) A	1.53 (±0.08)	1.74 (±0.09)	1.62 (±0.02)	<b>0.02</b> (±0.01)	-0.01 (±0.00)	0.01 (±0.01)	-0.01 (±0.01)
	20-40	2.28 (±0.04)	2.29 (±0.12)	2.20 (±0.06)	2.14 (±0.04)	0.02 (±0.01)	-0.01 (±0.01)	-0.01 (±0.02)	-0.02 (±0.02)
	40-60	1.74 (±0.04)	1.80 (±0.05) A	1.60 (±0.09)	1.62 (±0.03)	0.00 (±0.01)	-0.02 (±0.01)	-0.03 (±0.02)	-0.02 (±0.01)
	60-80	1.44 (±0.05) B	1.47 (±0.08) B	1.44 (±0.03) B	1.39 (±0.02) B	<b>-0.02</b> (±0.00)	<b>-0.03</b> (±0.01)	<b>-0.02</b> (±0.01)	<b>-0.02</b> (±0.01)
	80-100	1.36 (±0.04)	1.21 (±0.17) B	1.18 (±0.04) B	1.26 (±0.01) B	-0.01 (±0.00)	<b>-0.04</b> (±0.02)	<b>-0.04</b> (±0.01)	<b>-0.02</b> (±0.00)
	0-100	10.45 (±0.39)	10.31 (±0.29) B	10.29 (±0.13)	10.23 (±0.12)	0.02 (±0.04)	<b>-0.10</b> (±0.03)	-0.06 (±0.03)	-0.06 (±0.03)
CasEx	0-5	0.76 (±0.01)	0.84 (±0.01)	0.95 (±0.01) A	1.05 (±0.04) A	0.00 (±0.00)	0.00 (±0.00)	<b>0.01</b> (±0.00)	<b>0.01</b> (±0.01)
	5-10	0.82 (±0.02)	0.88 (±0.01)	0.89 (±0.02) A	0.91 (±0.01)	0.00 (±0.00)	0.00 (±0.00)	<b>0.01</b> (±0.00)	0.00 (±0.00)
	10-20	1.57 (±0.03)	1.40 (±0.07) B	1.57 (±0.02) A	1.58 (±0.01) A	-0.01 (±0.01)	<b>-0.03</b> (±0.01)	0.01 (±0.00)	0.00 (±0.00)
	20-40	2.06 (±0.07) B	2.04 (±0.10) B	2.34 (±0.02) A	2.19 (±0.10)	<b>-0.03</b> (±0.01)	<b>-0.03</b> (±0.01)	<b>0.03</b> (±0.00)	0.00 (±0.01)
	40-60	1.69 (±0.05) B	1.74 (±0.05) B	1.75 (±0.03)	1.74 (±0.06)	<b>-0.02</b> (±0.01)	<b>-0.03</b> (±0.00)	0.01 (±0.00)	-0.01 (±0.01)
	60-80	1.48 (±0.10) B	1.51 (±0.11) B	1.54 (±0.02)	1.52 (±0.02)	<b>-0.02</b> (±0.02)	<b>-0.04</b> (±0.01)	0.00 (±0.00)	-0.02 (±0.01)
	80-100	1.32 (±0.09)	1.29 (±0.11) B	1.34 (±0.05)	1.35 (±0.03)	-0.02 (±0.01)	<b>-0.05</b> (±0.01)	-0.01 (±0.01)	-0.02 (±0.01)
	0-100	9.70 (±0.21) B	9.70 (±0.39) B	10.40 (±0.04)	10.34 (±0.25)	<b>-0.11</b> (±0.06)	<b>-0.17</b> (±0.07)	0.06 (±0.02)	-0.03 (±0.01)

<sup>a</sup>MaiEx: Maize-based experiment; SoyEx: Soybean-based experiment; and CasEx: Cassava-based experiment.

<sup>b</sup>CTM: monocropping under conventional tillage; NTM: monocropping under NT systems with no-till mulch-based cropping systems associated with different crop sequences, and NTR1 and NTR2 refer to bi-annual crop rotational systems under NT systems with no-till mulch-based cropping systems associated with cropping systems as described in Table 1. Different uppercase letters accompanying the values indicate significant difference within the same treatment between 2011 and 2021 (diachronic) at the same soil depth at  $p < 0.05$  (Tukey's test). Values of TN stock change rates in bold indicate changes for a given treatment and depth between 2021 and 2011 are significantly different from 0 at  $p < 0.05$

(Tukey's test). Positive values of TN stock change rate indicate a N accumulation; negative values indicate a N loss. Values in the parentheses indicate standard errors (n=3).

### 532 3.3 Impact of cropping systems on C and N stocks in size fractions

#### 533 3.3.1 C stock in size fractions

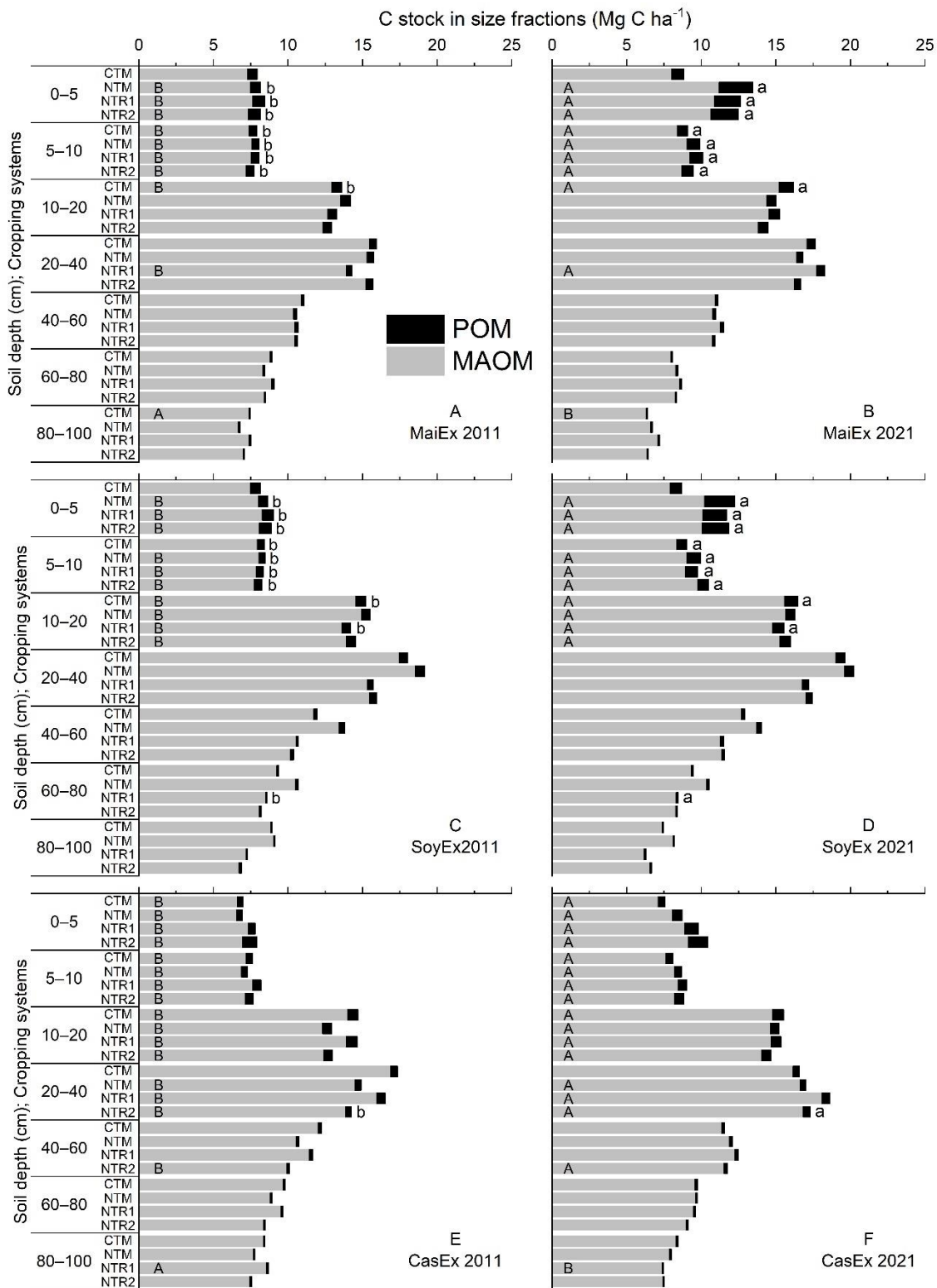
534 In this diachronic study, over the 10-year period, the stocks of C-POM and C-MAOM were significantly  
535 ( $p < 0.05$ ) influenced by all the treatments. However, the effects varied across cropping systems and the  
536 experiments (Fig. 4, Table S6 and S7).

537 The data showed that C-POM stock in 2021 significantly ( $p < 0.05$ ) increased in the surface layers (0–10  
538 cm) under all the NT systems in MaiEx and SoyEx, but it was not the case in CasEx (Figs. 4B, 4D, and  
539 4F). The annual accumulation rates of C-POM stock in MaiEx and SoyEx were similar, with a range of  
540 approximately 0.15 and 0.04 Mg C ha<sup>-1</sup> yr<sup>-1</sup> under NTM system and 0.10 and 0.03 Mg C ha<sup>-1</sup> yr<sup>-1</sup> under  
541 NTR systems (average of NTR1 and NTR2) in the 0–5 and 5–10 cm, respectively. This suggested the  
542 consequence of the annual biomass inputs that were left on the soil surface under all the NT systems over  
543 the experimental period (Table 1). Although the significant increase in C-POM stock was also detected  
544 under CTM in the tilled layers (5–20 cm) in MaiEx and SoyEx, at the annual accumulation rates of only  
545 0.02 Mg C ha<sup>-1</sup> yr<sup>-1</sup> across the two soil depths (5–10 and 10–20 cm), which is relatively low when  
546 compared with NT systems (Figs. 4B and 4D).

547 In a similar trend to C-POM, C-MAOM stock increased significantly ( $p < 0.05$ ) in the top soil depths  
548 under all the NT systems in MaiEx and SoyEx in 2021. The annual accumulation rates were similar  
549 between NTM-Mz and NTR-Mz, with a rate of 0.33 and 0.15 Mg C ha<sup>-1</sup> yr<sup>-1</sup> in the 0–5 and 5–10 cm,  
550 respectively (Fig. 4B). In SoyEx, all the NT systems exhibited the trend of C-MAOM stock accumulation  
551 in the deeper layers (to 20 cm) than MaiEx, with approximate annual accumulation rates of 0.20, 0.15,

552 and 0.10 Mg C ha<sup>-1</sup> yr<sup>-1</sup> in the 0–5, 5–10, and 10–20 cm, respectively (Fig. 4D). In CasEx, despite the fact  
553 that the C-POM stock remained constant over the past decade, the C-MAOC stock significantly ( $p < 0.05$ )  
554 increased down to 40 cm by all the NT systems in 2021, with similar accumulation rates from 0.09 to  
555 0.26 Mg C h<sup>-1</sup> yr<sup>-1</sup> in the 0–40 cm depths (Fig 4F).

556 Under CTM in 2021, an increase in C-MAOM stock was observed in the tilled layers across all  
557 experiments (Figs. 4B, 4D, and 4F). Specifically, in the MaiEx experiment, significant differences ( $p <$   
558 0.05) of C-MAOM stock between 2011 and 2021 were found in the 5–10 cm and 10–20 cm layers, with  
559 annual accumulation rates of 0.10 and 0.23 Mg C ha<sup>-1</sup> yr<sup>-1</sup>, respectively (Fig. 4B). In the case of SoyEx,  
560 a significant increase in C-MAOM stock was only detected in the 10–20 cm layer, with an annual  
561 accumulation rate of 0.11 Mg C ha<sup>-1</sup> yr<sup>-1</sup> (Fig. 4D). Meanwhile, in the CasEx experiment, the C-MAOM  
562 stock showed a significant annual increase at a rate of 0.05 Mg C ha<sup>-1</sup> yr<sup>-1</sup> across the topsoil 0–20 cm  
563 (Fig. 4F).





**Figure 4.** Carbon stock in mineral-associated and particulate organic matter (MAOM and POM) fractions across the whole profile (0–100 cm) in 2011 and 2021 under different treatments and experiments. CTM: monocropping under conventional tillage; NTM: monocropping under NT systems with no-till mulch-based cropping systems associated with different crop sequences, and NTR1 and NTR2 refer to bi-annual crop rotational systems under NT systems with no-till mulch-based cropping systems associated with cropping systems as described in Table 1. The uppercase letters on the bars and lowercase letters in front of the bars indicate a significant difference (Tukey’s test;  $p < 0.05$ ) in C stock in MAOM and POM, respectively, between 2011 and 2021 for the same treatment and soil depth.

### 564 3.3.2 N stock in size fractions

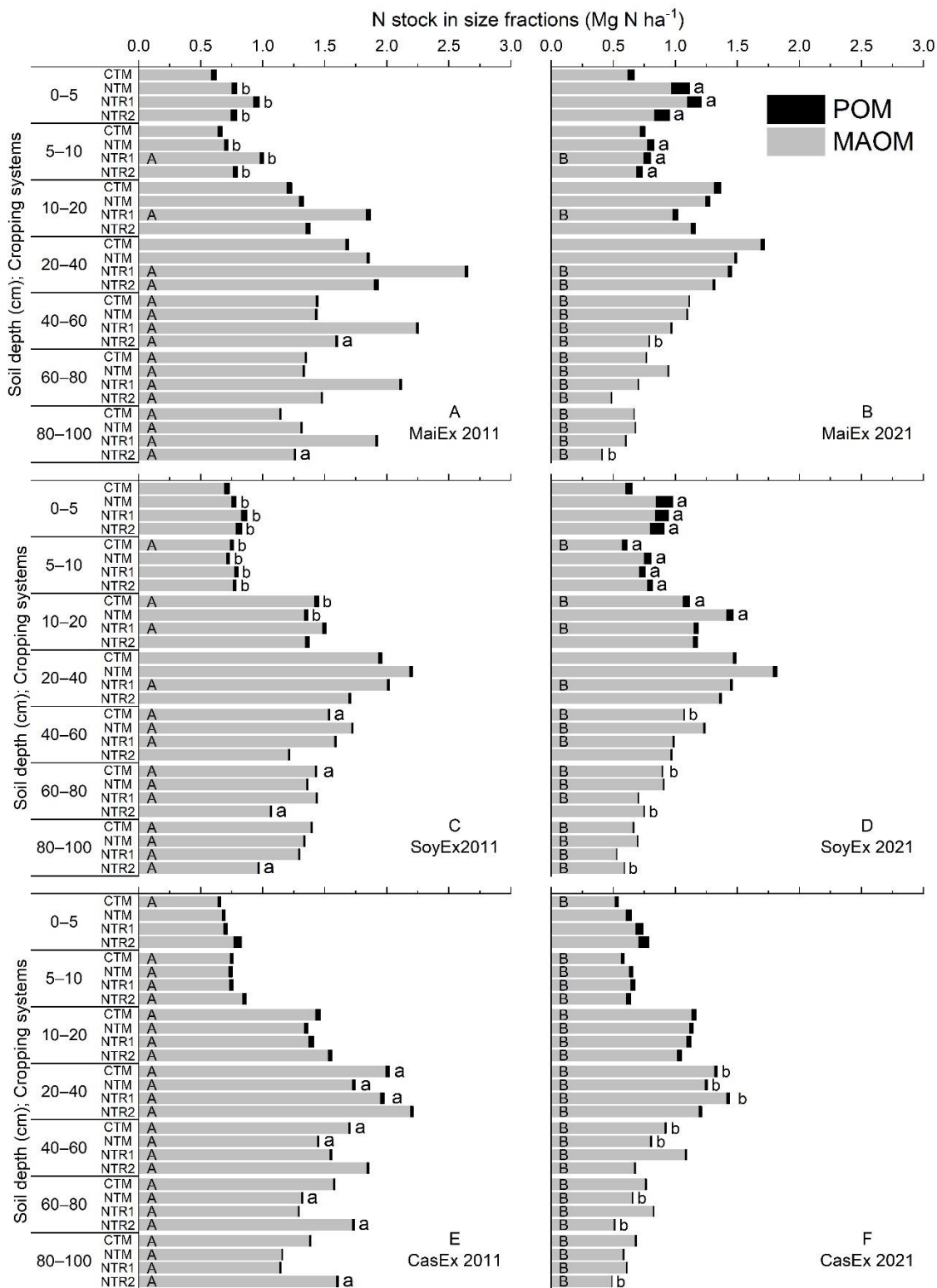
565 Over the past decade (2011–2021), cropping systems had varying effects on the stocks of N-POM and N-  
566 MAOM across soil depths and the experiments (Fig. 5, Tables S8 and S9). In 2021, N-POM stock  
567 increased significantly ( $p < 0.05$ ) in the topsoil (0–10 cm) under all the NT systems in MaiEx and SoyEx,  
568 with similar amounts of 0.10 and 0.01 Mg N ha<sup>-1</sup> in the 0–5 and 5–10 cm, respectively (Figs. 5B and 5D).  
569 Below 10 cm, N-POM stock remained constant under all the NT systems in both experiments, except for  
570 the depletion trend found under a NTR system, in particular under NTR2-Mz below 40 cm and NTR2-Sb  
571 below 60 cm (Figs. 5B and 5D). In contrast to MaiEx and SoyEx, in CasEx, none of NT systems increased  
572 N-POM stock in the top soils, but NTM-Cs and NTR-Cs systems significantly ( $p < 0.05$ ) depleted it below  
573 20 cm (Fig 5F).

574 In 2021, monocropping of soybean under conventional tillage (CTM-Sb) significantly accumulated N-  
575 POM stock in the tilled layers (5–10 and 10–20 cm) with an amount of 0.01 Mg N ha<sup>-1</sup> across the two  
576 layers, but the significant depletion ( $p < 0.05$ ) at a similar amount was observed below 40 cm (Fig. 5D).  
577 Monocropping of upland rice over a decade and recent shift to maize under conventional tillage (CTM-  
578 Mz) did not change the N-POM stock across the soil profile (Fig. 5B), whereas the N-POM stock under  
579 CTM-Cs soil remained stable in the top 20 cm, but significantly declined by -0.01 Mg N ha<sup>-1</sup> from 20 to

580 60 cm (Fig. 5E and 5F).

581 Surprisingly, from 2011 to 2021, none of the tillage or cropping systems increased N-MAOM stock, but  
582 decreased it with varying soil depths and experiments (Fig. 5). In MaiEx and SoyEx, N-MAOM stock  
583 remained unchanging under NTM system (i.e., NTM-Mz and NTM-Sb) from 0 to 40 cm but declined  
584 significantly ( $p < 0.05$ ) below 40 cm with the rate ranging from  $-0.036$  to  $-0.063$  Mg N ha<sup>-1</sup> yr<sup>-1</sup> (Figs. 5A  
585 and 5C). Under NTR-Mz and NTR-Sb, the significant decrease of N-MAOM stock was detected below  
586 5 cm to subsoil layers, but this was inconsistent between the two NTR systems (NTR1 and NTR2) and  
587 soil depths, with depletion rates ranging from  $-0.023$  Mg N ha<sup>-1</sup> yr<sup>-1</sup> in the near soil surface to  $-0.140$  Mg  
588 N ha<sup>-1</sup> yr<sup>-1</sup> in the bottom of the soil profile (Figs. 5A and 5C). In CasEx, the N-MAOM stock in the surface  
589 layer (0–5 cm) did not change under all the NT systems (NTM-Cs, NTR1-Cs, and NTR2-Cs), but  
590 decreased significantly ( $p < 0.05$ ) below 5 cm with the annual depletion rates ranging from  $-0.009$  to Mg  
591 N ha<sup>-1</sup> yr<sup>-1</sup> in the 5 cm to  $-0.111$  Mg N ha<sup>-1</sup> yr<sup>-1</sup> in the subsoil profile (Fig. 5E and 5F).

592 In 2021, the N-MAOM stock of the CTM-Mz soil remained steady at the 0–40 cm, whereas depletion  
593 was detected from 40–100 cm at rates ranging from  $-0.032$  to  $-0.058$  Mg N ha<sup>-1</sup> yr<sup>-1</sup> (Figs. 5A and 5B).  
594 CTM-Sb did not preserve N-MAOM stock even in tilled layers over the past ten years, but depleted it  
595 significantly below 5 cm to subsoil depths at rates of  $-0.016$  to  $-0.073$  Mg N ha<sup>-1</sup> yr<sup>-1</sup> (Figs. 5C and 5D),  
596 while a significant decrease in N-MAOM stock was observed throughout the soil profile (0–100 cm) with  
597 a depletion of  $-0.013$  to  $-0.081$  Mg N ha<sup>-1</sup> yr<sup>-1</sup> (Figs. 5E and 5F).



**Figure 5.** TN stock in mineral-associated and particulate organic matter (MAOM and POM) fractions across the whole profile (01–100 cm) in 2011 and 2021 under different treatments and experiments. CTM: monocropping under conventional tillage; NTM: monocropping under NT systems with no-till mulch-based cropping systems associated with different crop sequences, and NTR1 and NTR2 refer to bi-annual crop rotational systems under NT systems with no-till mulch-based cropping systems associated with cropping systems as described in Table 1. The uppercase letters on the bars and lowercase letters in front of the bars indicate a significant difference (Tukey's test;  $p < 0.05$ ) in TN stock in MAOM and POM, respectively, between 2011 and 2021 for the same treatment and soil depth.

## 598 4 Discussion

### 599 4.1 Change in SOC stock

600 Despite the contrasted effects among the NT systems and the experiments, our study showed that adopting  
601 NT systems with the use of cover crops in the long-term significantly increased SOC stock (Table 3).  
602 Several studies reported that long-term NT adoption accumulated SOC stock only on the surface soils,  
603 but the stock did not differ from CT when considering the whole soil profile (Blanco-Canqui and Lal,  
604 2008; Luo et al., 2010; Blanco-Canqui et al., 2011; Du et al., 2017; Xiao et al., 2020). For example, a  
605 recent meta-analysis from 86 studies covering a range of crop productions across the world, Xiao et al.,  
606 (2020) found that NT systems significantly accumulated the SOC stock only in the top 0–5 cm, and no  
607 significant change was found below 5 cm. Across climatic conditions, soil types, and various cropping  
608 systems in China, based on 95 comparisons between NT and CT, adopting NT led to increase in SOC  
609 stock by 3.8% in the upper 20 cm layer but to a decrease in SOC in the 30–40 cm layer (Du et al., 2017).  
610 Similarly, from a systematic review of global data of 69 paired-experiments, Luo et al., (2010) reported  
611 that long-term NT adoption only significantly affected SOC stock in the top 0–10 cm but not down to 40  
612 cm depth. The authors also reported that increasing crop species diversity resulted in a lower SOC  
613 accumulation in the surface and a greater SOC loss in deeper layers.

614 SOC stock changes reported under NT systems may differ according to climate, soil type and cropping  
615 systems (Paustian et al., 1997; Six et al., 2002; Bayer et al., 2006; Ogle et al., 2012; Virto et al., 2012).  
616 Soils in the tropical climate require diversified and large amounts of C inputs for NT viability due to fast  
617 residue decomposition and difficulty in maintaining soil cover (Séguy et al., 2006; Castro et al., 2015).  
618 In the same experiments as in our study, Hok et al. (2015) reported that NT systems with diverse crop  
619 species significantly accumulated SOC at the surface 0–5 cm after 4 years of NT adoption. Our study  
620 revealed that NT systems significantly increased SOC stock, although there was variability among the  
621 NT systems and across the three experiments in the accumulation rates in the subsoil layers (Table 2).  
622 Considering the cumulative SOC stock, all the NT systems significantly ( $p < 0.05$ ) increased cumulative  
623 SOC stock across the whole soil profile in MaiEx and CasEx. In SoyEx, significant increase in cumulative  
624 SOC stock was limited to the top 0–20 cm under NTM-Sb, whereas NTR-Sb had significantly  
625 accumulating SOC stock from 0 to 80 cm depths (Table S10).  
626 Consistent with our findings, with the intensive NT systems and high C inputs retained to the soils, other  
627 studies reported that long-term NT with the use of cover crops increased SOC stock beyond the surface  
628 and the whole soil profile (Diekow et al., 2005; Boddey et al., 2010; Olson et al., 2014). From three long-  
629 term experiments (15–26 years) on Ferralsols in South Brazil, no-tillage with intensive cropping systems  
630 of maize and soybean production increased SOC with annual accumulation rates between 0.04 and 0.88  
631 Mg ha<sup>-1</sup> in 0–30 cm, and from 0.48 to 1.53 Mg ha<sup>-1</sup> yr<sup>-1</sup> 0–100 cm (Boddey et al., 2010). After 12 years  
632 of NT adoption with the use of cover crops for soybean and maize rotation in a humid continental sloping  
633 land in Illinois, USA, SOC stock recovered from its initial SOC loss under CT before the experiment

634 implementation, with accumulation rates of 0.42, 0.78, and 1.21 Mg C ha<sup>-1</sup> yr<sup>-1</sup> at 0–15, 15–75, and 0–75  
635 cm, respectively (Olson et al., 2014).

636 SOC storage and stabilization could be explained by several processes: (i) continuous supplies of large  
637 quantities and diverse qualities of plant biomass-C inputs to the soil (Sá et al., 2014); (ii) the  
638 transformation of this biomass-C by microbial communities into various organic C forms (Frasier et al.,  
639 2016; Schmidt et al., 2019); (iii) the stabilization of newly derived C by physical protection, binding with  
640 organo-mineral particles, and biochemically stabilization through the formation of recalcitrant soil  
641 organic matter (Six et al., 2002); and (iv) distribution of SOC over the soil profile through biological  
642 processes, from root systems (Lorenz and Lal, 2005) and soil fauna (Lavelle et al., 2016).

643 In NT systems, multiple crop species were sown in the same unit area of land through the rotation of cash  
644 crops and the use of cover crops by intercropping or during the fallow period, producing a large quantity  
645 and diverse quality of C inputs above- but also below-ground that were retained to the soils. In our  
646 experiments, the annual biomass C inputs retained in the NT soils ranged from 3.61 to 6.07 Mg ha<sup>-1</sup> yr<sup>-1</sup>,  
647 versus 1.36 to 2.20 Mg ha<sup>-1</sup> yr<sup>-1</sup> under CTM (Table 1). In a clayey Oxisol of Brazil, a 16-year-old  
648 experiment revealed that NT was more effective than CT at converting biomass-C inputs into SOC, with  
649 a C conversion ratio in 0–40 cm depth of 0.35 compared to 0.07 under NT and CT, respectively (Sá et al.,  
650 2014). In addition, integration of cover crops into the crop production system led to a significant increase  
651 in SOC. From the observation of 139 plots at 37 sites from the tropics and temperate zone and diverse  
652 soil types, Poeplau and Don (2015) reported that the use of cover crops led to an average SOC  
653 accumulation rate of 0.32 Mg C ha<sup>-1</sup> yr<sup>-1</sup> at 22 cm depth. Association of tropical legume cover crops in  
654 maize production led to increased SOC stock in the surface as well as the whole soil profile. Diekow et

655 al. (2005) found that the SOC accumulation rate in the legume-based cropping systems was 0.83 and 1.42  
656 Mg C ha<sup>-1</sup> yr<sup>-1</sup> in the 0–17.5 cm and 0–107.5 cm layer, respectively after 17 years of NT adoption in a  
657 Brazilian Acrisol. From a 30-year-old experiment in a Brazilian Acrisol, legume cover crops were twice  
658 as effective in storing C as mineral N fertilization, with 1 kg of residue C input being transformed to 0.15  
659 kg of SOC (Veloso et al., 2018).

660 Considering the challenges faced by smallholder farmers in Cambodia with low financial resources and/or  
661 high level of indebtedness, the main strategy should focus on enhancing nutrients cycling through  
662 continuous biomass-C inputs under no-till cropping systems plus a combination of actions to reduce  
663 nutrient removal from cassava fields through the non-removal of leaves and of a proportion of stalks, that  
664 may also help to reduce the impact of nutrients deficiency. In addition, the tolerance of cassava to acidic  
665 soil, its ability to grow on depleted and degraded soils related to the occurrence and synergistic effects of  
666 arbuscular mycorrhizal fungi (Howeler et al., 1982; Howeler and Sieverding, 1983), and plant growth-  
667 promoting rhizobacteria (Balota et al., 1999), its nutrient recycling ability through leaf litter and when the  
668 stalks are not used as planting materials and kept into the field, could be used to improve soil and cropping  
669 system sustainability (Fermont et al., 2008). This possible use by farmers of cassava cropping systems as  
670 a strategy for regenerating soil fertility was also emphasized by Saïdou et al., (2004) and Adjei-Nsiah et  
671 al., (2007) in Benin and Ghana, respectively.

672 Long-term NT adoption has been shown to significantly improve soil structure, soil porosity and pore  
673 connectivity (Cooper et al., 2021) contributing to the improvement of water infiltration, gas exchanges  
674 and microbial activities, and roots development to deeper soil profile (Rosolem et al., 2016). In addition,  
675 aerobic condition of soil aggregates would enhance SOC stability in unsaturated soils (Zhang et al., 2021).

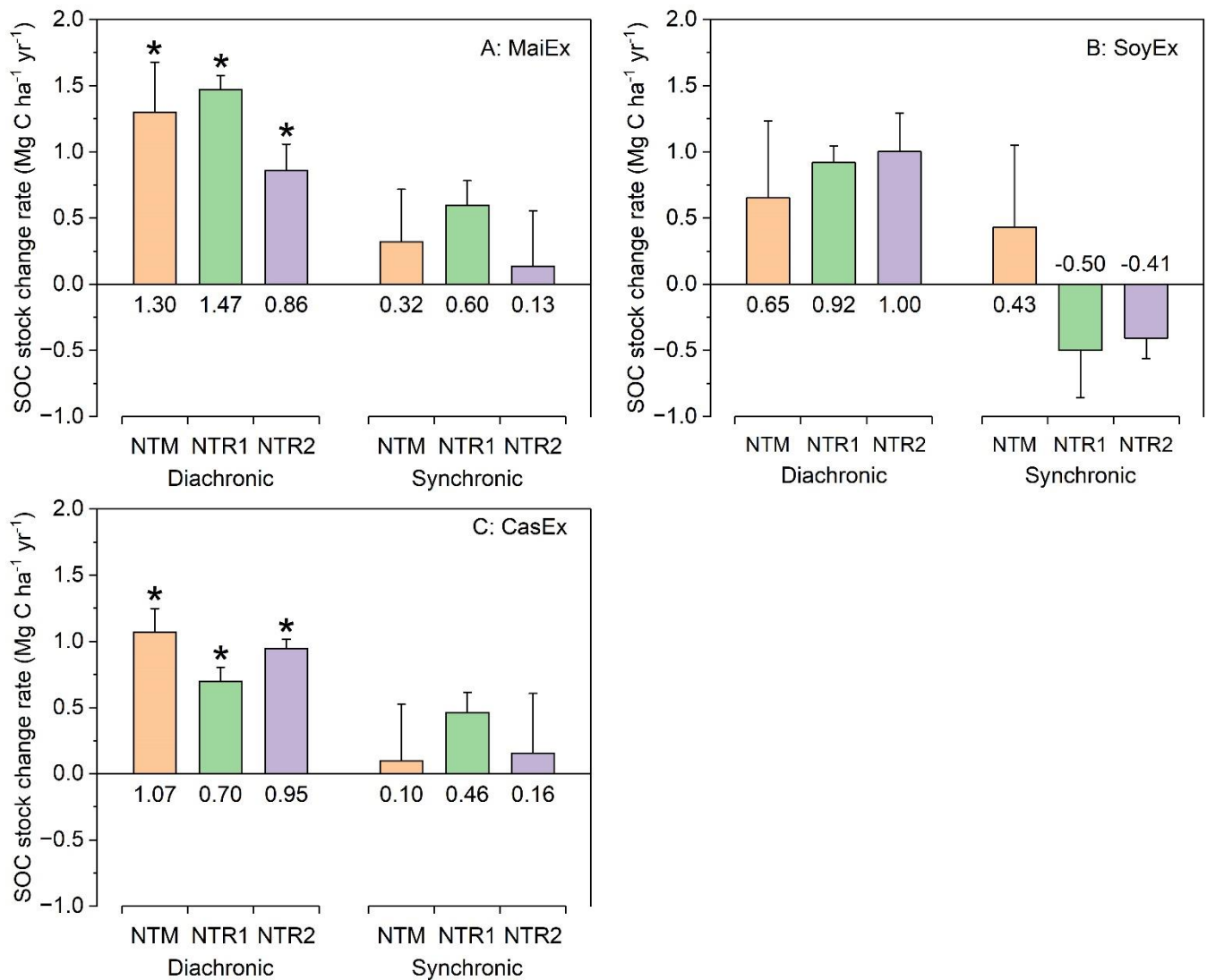
676 Sisti et al. (2004) showed that increased C accumulation in NT soil below 30 cm depth could be explained  
677 by greater root density when compared with CT. Another possibility is that organic residues from upper  
678 layers were transported downward by soil meso- and macro-fauna organisms, which could have been  
679 favoured by better environmental conditions provided by the continuous C flow and soil structure  
680 enhancement under NT systems (Lavelle et al., 2016).

681 In our study, the SOC stock in the whole soil profile (0–100 cm) under CTM and for the three experiments  
682 remained stable, which could be attributed to the fully retained crop residues (i.e., mungbean, rice, and  
683 maize) in MaiEx and (i.e., sesame and soybean) in SoyEx and partially retained cassava's fallen leaves  
684 and stalks in CasEx (Table 1), indicating that it reached a new SOC equilibrium. The high clay content  
685 also contributed to the stabilisation of the MAOC that accounted, in 2021, for 97.2% of the carbon stock  
686 along the soil profile.

687 Under a synchronic approach, considering CTM as the reference, the SOC stock change rates in 2021  
688 under NT systems ranged from 0.13 to 0.60, -0.50 to 0.43, and 0.10 to 0.46 Mg C ha<sup>-1</sup> yr<sup>-1</sup> in MaiEx,  
689 SoyEx, and CasEx, respectively (Fig. 6). When compared with the diachronic approach, this corresponds  
690 to an underestimation of 146 to 536%, 51 to 347%, and 51 to 997% in MaiEx, SoyEx, and CasEx,  
691 respectively (Table 3). In Brazil, from on-farm assessments of the SOC dynamics under long-term NT  
692 systems in tropical heavy clayey soils Neto et al., (2010) and Junior et al., (2013) reported that synchronic  
693 approach led to biased annual SOC accumulation rates under NT systems when compared with diachronic  
694 approach. The main factors associated with the errors could be the underlying heterogeneities of the soil  
695 conditions prior to the conversion to NT systems that are hard to capture despite all the steps of the  
696 methodologically precautions measurements being implemented properly (Neto et al., 2010; Junior et al.,



697 2013). Our findings clearly emphasize the importance of the diachronic approach in accurately estimating  
698 the effects of long-term NT systems on SOC storage.



**Figure 6.** Comparison between the diachronic and synchronic approaches to estimate SOC stock change rate (0–100 cm) from 2011 to 2021 under NT systems in the tropical red Oxisol of Cambodia ( $n = 3$ ; error bars = SE). A: MaiEx (maize-based trial); B: SoyEx (soybean-based trial); and C: CasEx (cassava-based experiments). CAM: monocropping under conservation agriculture with no-till mulch-based cropping systems associated with different crop sequences, and CAR1 and CAR2 refer to bi-annual crop rotational systems under conservation agriculture with no-till mulch-based cropping systems associated with different crop sequences described in Table 1. The stock change rates under diachronic were calculated by subtracting the stock of the same treatment in 2021 from the stock in 2011 and dividing by the number of years between the 1st and 2nd samplings (10 years), while the stock change rates of CA systems in 2021 under synchronic were calculated by subtracting the stock of each CA treatment from the stock of CTM in 2021, considered the control, and dividing by the number of years between the 1st and 2nd

samplings (10 years). (\*) indicates a significant difference (Tukey's test;  $p < 0.05$ ) in SOC stock between 2011 and 2021. Positive values indicate SOC stock accumulation; negative values indicate SOC loss.

## 699 4.2 Change in N stock

700 In addition to increasing SOC stock in the surface and the whole soil profile, Diekow et al. (2005) found  
701 that soil TN stock was significantly increased by an average of 27% in the surface (0–17.5 cm) and by  
702 6% in the whole profile (0–107.5 cm) after 17 years of NT maize and tropical legume intercropping and  
703 N fertilization compared with its original state under native grassland of Brazilian Acrisol. Sá et al., (2014)  
704 reported a significant correlation ( $R^2 = 0.89$ ,  $P < 0.0002$ ) between soil N and SOC stock accumulation.  
705 Each unit of N stock accumulation contributed to the sequestration of  $10.2 \text{ Mg C ha}^{-1}$  at the top 0–10 cm  
706 under long-term (16-year) continuous NT maize-based production of Brazilian's Oxisol.  
707 However, the diachronic assessment in our study showed that TN stock under NT systems significantly  
708 increased only in the topsoil (0–5 cm) in MaiEx and SoyEx, while the stock remained stable in CasEx  
709 (Table 3). The significant decline of TN stock under NT systems, although with variability across the NT  
710 systems and the experiments, was detected below 20 cm. When considering the whole profile (0–100  
711 cm), significant depletion of N stock was observed under the NT monocropping systems, with a loss rate  
712 at  $-0.10$  and  $-0.17 \text{ Mg N ha}^{-1} \text{ yr}^{-1}$  in SoyEx (NTM-Sb) and CasEx (NTM-Cs), respectively. Under NT  
713 crop rotation systems, despite non-significant, TN stock tended to decrease across the three experiments,  
714 with a depletion rate ranging from  $-0.03$  to  $-0.09 \text{ Mg N ha}^{-1} \text{ yr}^{-1}$  (Table 4).  
715 The depletion of TN stock under NT was reported from short- (Wuaden et al., 2020) to longer-term NT  
716 adoption (Delgado, 2023). From a short-term (5-year) conversion of native grassland to cropland under  
717 NT adoption with a double cropping with maize as a cash crop followed by black oat as a cover crop in

718 Brazil's Rhodic Nitosol, NT soils had significant losses of soil total N in comparison with the original  
719 stocks under grassland throughout the soil profile, with the exception of the 0–5 and 10–20 cm soil layers.  
720 Considering the whole profile (0–60 cm), soil total N was depleted by  $-1.7 \text{ Mg N ha}^{-1}$ , equivalent to an  
721 annual loss rate of  $-0.34 \text{ Mg N ha}^{-1} \text{ yr}^{-1}$  after 5 years of grassland conversion to NT (Wuaden et al., 2020).  
722 Results from a 12-year experiment in the US (0–120 cm depth) in an irrigated NT continuous maize  
723 rotation where mineral N were applied at different rates indicated that even NT could potentially have  
724 significant net N loss with an average loss of  $-15 \text{ kg N ha}^{-1} \text{ yr}^{-1}$  at the top 30 cm of soil regardless of N  
725 application rate (Delgado, 2023).

726 In our study, it is a rather surprising finding to observe an increase in SOC and a simultaneous soil TN  
727 depletion. Associating legume cover crops in the cropping system did not enhance soil N through  
728 biological N fixation (Rosolem et al., 2016). In general, N is an important factor contributing to SOC  
729 storage (De Vries, 2014; Kirkby et al., 2014). Nutrient reserves are among other factors that determine  
730 soil C storage capacity (Lal, 2018). Therefore, more studies on nutrient availability and their  
731 stoichiometry relationship including in deeper layers ( $>100 \text{ cm}$ ), on the N use efficiency and N cycling  
732 are needed to understand the driving mechanisms of the N dynamics under these NT systems.

733 Nitrogen uptake and/or N priming effects from the cover crops, among other factors, could possibly have  
734 resulted in N loss. Priming effects are short-term changes in the turnover of soil N caused by the addition  
735 of organic or mineral fertilizer, the mechanical treatment of soil, its drying and rewetting (Kuzyakov et  
736 al., 2000), and the exudation of organic substances in the rhizosphere by living plants (Kuzyakov, 2002).  
737 These effects can occur immediately or very shortly after the addition of a specific substance to the soil  
738 and are larger in soils rich in C and N than those in poor soils (Kuzyakov et al., 2000). In our experiments,

739 under CA systems, the soils are year-round protected by the cover crops established through association  
740 or succession with the main crops (maize, soybean, and cassava) and continue to grow after the main crop  
741 harvest. Several species of drought-tolerant and fast-growing cover crops (stylo, brachiaria, cowpea,  
742 sorghum, pearl millet, and sunhemp), which are commonly used in our experiments as a single or mixture  
743 (Table 1), are good examples of remaining green throughout the dry season with root exudates that may  
744 have enhanced the priming effect. In addition, the symbiosis relationship between the cover crops and  
745 rhizobia during the dry season could also be low due to low soil moisture content, therefore resulting in  
746 high N uptake from the soil by those cover crops. Their drought-tolerant characteristics allow these  
747 species to cross the dry season, even with little or no rain for more than 4 months in the dry season. Their  
748 fast-growing characteristics, along with the species diversity, produced a large amount of biomass  
749 annually and were retained in the soil at the termination of the cultivation of the main crops (Table 1),  
750 which may create conditions for the N uptake or N priming effects to happen. Measurement of N content  
751 and the estimation of biological nitrogen fixation by the legume cover crops using the  $^{15}\text{N}$  isotopic  
752 technique should be conducted to better understand N dynamics in the different systems.

753 To date, few studies on the impact of no-till systems on N gains or N losses, N use efficiency and changes  
754 in soil N have been conducted, and the results vary depending on the period of NT adoption and sampling  
755 depths (Congreves et al., 2017; Delgado, 2023). Further research is needed to understand the driving  
756 mechanism of the N dynamics under NT systems by considering deeper layers (>100 cm) for making  
757 informed decisions regarding sustainable soil fertility management and crop production systems. Positive  
758 accumulation rates of SOC stock, recorded under NT systems, could not be sustained on the long-term as  
759 the depletion of the TN stock may lead to nutrient scarcity of other nutrients (P, S,  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$ ) that is

760 the driving force limiting SOC accumulation. Further analysis is needed to assess the coming changes in  
761 SOC and N stocks along with the content of nutrients and its potential impact on the rate of SOC  
762 accumulation or depletion (Kirkby et al., 2013).

### 763 **3.4 Carbon and N in size fractions and stabilization processes in NT systems**

764 Particulate organic matter (POM) and mineral-associated organic matter (MAOM) are the two main  
765 fractions of the SOC pools. They differ in physical and chemical characteristics as well as their turnover  
766 rates. POM is more sensitive to soil tillage and land use than MAOM and total SOC (Blanco-Moure et  
767 al., 2013; Kan et al., 2021). In all the experiments, NT systems significantly increased C in both POM  
768 and MAOM fractions in the topsoil layer (Fig. 4). These increases could be attributed to the continuous  
769 supply of large amounts and diverse biomass-C inputs to the soil surface, through the diversity of the root  
770 systems along with the low level of soil disturbance under NT systems (Sá et al., 2014; Briedis et al.,  
771 2018).

772 During the decomposition process, microbial communities use the rapidly decomposable materials as  
773 energy sources, while the recalcitrant and other labile compounds materials act as the glue to bind soil  
774 mineral particles together (Witzgall et al., 2021). This process is a pathway for the formation of soil micro  
775 aggregates (Bot and Benites, 2005). The continuous supply of biomass C inputs to the soil associated with  
776 microbial decomposition without soil mechanical disturbance creates a favourable environment for the  
777 emergence of soil macroaggregates (Crews and Rumsey, 2017). Organic carbon inside soil aggregates is  
778 physically protected from microbial oxidation as well as strongly associated with the organo-minerals,  
779 leading to SOC stabilization over time (Powelson et al., 1987; Lützow et al., 2006). In the same

780 experiments as in our study but after 3 years of CA adoption, Hok et al., (2021) reported that soil  
781 aggregation was one of the main stabilization mechanisms, providing physical protection to the newly  
782 derived C into the soil microaggregates protected by macroaggregates. From our knowledge of the  
783 literature, the high SOC accumulation rate recorded under cassava-based CA cropping systems is  
784 relatively unique and, in addition to the residues of cover crops and maize under the bi-annual crop  
785 rotation system, the nature of the cassava residues that was retained into the field with high cellulose and  
786 lignin contents may explain this result (Veiga et al., 2016).

787 From an incubation of labelled litter, Witzgall et al., (2021) found that the occlusion of organic matter  
788 into aggregates and the formation of organo-mineral associations occurs concurrently on fresh litter  
789 surfaces regardless of soil structure. In addition, the increase in C-MAOM is attributed to C transfer from  
790 POM and other labile C pools. Over time, these compounds are transferred to more stable pools, creating  
791 associations with mineral colloids, with MAOM being more stabilized (Briedis et al., 2018). Rosolem et  
792 al. (2016) conducted 3-year successive experiments to assess the above- and belowground effects of a  
793 wide range of tropical grasses and legume cover crops, which were the same species that were used under  
794 the NT systems in our experiments, in combination with no-till soybean-based cropping systems in  
795 Brazilian tropical clayey Rhodic Ferralsol on total organic C and N stocks and in POM fraction. They  
796 reported that the presence of C<sub>4</sub> deep-root grass cover crops during the fallow period significantly  
797 increased total organic C and POM. Furthermore, legume cover crops contributed to maintaining the C/N  
798 ratio in the topsoil layers, which could keep increasing C over time. Beside the aboveground biomass,  
799 root systems of cover crops are also an important C inputs for SOC accumulation due to their capacity to  
800 grow deeper in the soil profile, during the dry season for some, exploring large volume of soil (Rosolem

801 et al., 2016; Sokol et al., 2019), releasing large quantities of roots exudates, and recycling nutrients  
802 (Rosolem et al., 2005). The increase of C stock in POM and MAOM shows that NT systems with the use  
803 of cover crops is a key strategy to promote both SOC storage and long-term SOC stabilization.  
804 In contrast to C-POM and C-MAOM, although the significant increase of N-POM stock in the top 0–10  
805 cm was observed under all the NT systems in MaiEx and SoyEx, the depletion of N-MAOM stock was  
806 observed below 5 cm in CasEx and below 40 cm in MaiEx and SoyEx. This raises questions about the N  
807 dynamics and N supplies through the use of mineral fertilizers, as well as N fixation through the use of  
808 legume crops in the NT cropping systems. Therefore, there is a need to conduct further research on N use  
809 efficiency, N cycles, and nutrient availability and their stoichiometry relationship by considering deeper  
810 layers (> 100 cm) to understand the mechanism driving N loss under NT systems in these long-term  
811 experiments.

## 812 **5 Conclusion**

813 The present study showed that, over 10 years, effects of NT systems on SOC and TN stocks and fractions  
814 varied across the three NT systems and the experiments. All the NT cropping systems significantly  
815 increased SOC stock in the surface layers in SoyEx and in deeper soil layers under MaiEx and CasEx.  
816 When considering the whole profile (0–100 cm), the annual SOC accumulation rates in NT systems  
817 ranged from 0.86–1.47 and 0.70–1.07 Mg C ha<sup>-1</sup> yr<sup>-1</sup> in MaiEx and CasEx, respectively. Similarly, under  
818 all NT systems, increases in C-POM and C-MAOM stocks were observed in the topsoil layers in MaiEx  
819 and SoyEx and in C-MAOM stock in 0–40 cm in CasEx. However, under all the NT systems, N-POM



820 stock only increased in the surface 0–10 cm layer, but N-MAOM stock decreased below 5 cm in CasEx  
821 and below 40 cm in MaiEx and SoyEx.

822 Overall, our findings reveal that diachronic sampling is crucial for proper measurements of the impacts  
823 of NT systems on SOC dynamics with time. Long-term adoption of NT cropping systems accompanied  
824 by diversified crop and cover crop species significantly increased SOC stock and fractions in the tropical  
825 red Oxisol of Cambodia. The study highlights the potential of NT cropping systems for SOC accumulation  
826 and stabilization over time, even for cassava, which is known to induce soil degradation, but raises  
827 questions about soil N dynamics. Further research on the N dynamics is needed to understand the  
828 mechanism driving N loss in NT systems for making informed decisions regarding sustainable soil  
829 fertility management and crop production systems.

## 830 **6 Code and data availability**

831 All data are freely available on the CIRAD data repository <https://doi.org/10.18167/DVN1/NNBBAQ>  
832 (Leng et al., 2024).

## 833 **7 Author contributions**

834 VL co-established and managed the experiments, carried out the fieldworks, managed all sample  
835 collection campaigns and laboratory works, and wrote the first manuscript draft. FT co-managed the  
836 experiments, provided support to the team for the last 8 years and raised funds along with GDA/DALRM  
837 to sustain these long-term experiments. LT, RC, and FT conceptualized the research, supervised the field

838 operations, analytical procedure, data computation, and reviewed the manuscript. VS, PL, LH, JS and CB  
839 gave advices for the analytical procedures, data calculation and manuscript improvement. PM  
840 significantly contributed to the implementation of the field operations, sample collection and lab works.  
841 TF performed the statistical analysis. SB raised funds, designed, established and managed the experiments  
842 during the first years and contributed to the manuscript improvement.

## 843 **8 Competing interests**

844 One co-author is a member of the editorial board of SOIL.

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