Testing floc settling velocity models in rivers and freshwater wetlands

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Abstract. Flocculation controls mud sedimentation and organic carbon burial rates by increasing mud settling velocity. However, calibration and validation of floc settling velocity models in freshwater are lacking. We used a camera, in situ laser 10 diffraction particle sizing, and suspended sediment concentration-depth profiles to measure flocs in Wax Lake Delta, Louisiana. We developed a new workflow that combines our multiple floc data sources to distinguish between flocs and unflocculated sediment and measure floc attributes that were previously difficult to constrain. Sediment finer than ~20 to 50 μm was flocculated with median floc diameter of 30 to 90 μm, bulk solid fraction of 0.05 to 0.3, fractal dimension of ~2.1, and floc settling velocity of ~0.1 to 1 mm s^{-1}, with little variation along water depth. Results are consistent with a semi-empirical 15 model indicating that sediment concentration and mineralogy, organics, water chemistry, and, above all, turbulence control floc settling velocity. Effective primary particle diameter is ~2 μm, about two-to-six times smaller than the median primary particle diameter, and is better described using a fractal theory. Flow through the floc increases settling velocity by an average factor of 2 and up to a factor of 7, and can be described by a modified permeability model that accounts for the effect of many primary particle sizes on flow paths. These findings help explain discrepancies between observations and an explicit Stokes 20 law-type settling model that depends on floc diameter, permeability, and fractal properties.

1 Introduction

Mud, defined as grains with diameters finer than 62.5 μm, constitutes the bulk of sediment load in large alluvial rivers and deltas (Walling and Fang, 2003; Cohen et al., 2022). Mud deposition can counteract land loss in coastal areas experiencing sea level rise, subsidence, and reduced sediment supply (Blum and Roberts, 2009; Syvitski et al., 2009). Fluvial mud also hosts 25 abundant mineral-bound organic carbon and pollutants and is thus important to the global carbon cycle (Mayer, 1994; Galy et al., 2008; Blair and Aller, 2012) and water quality (Nelson and Lamothe, 1993; Pizzuto, 2014). Flocculation is key for understanding mud sedimentation because flocculation can drastically increase the in situ mud settling velocity (Lamb et al., 2020). Enhanced settling velocity affects mud exchange with the bed and bedform geometry (Partheniades, 1965; Schindler et al., 2015; Tran and Strom, 2019) and can ultimately alter landscape-scale mud transport (Nicholas and Walling, 1996; Craig 30 et al., 2020, Zeichner et al., 2021).

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Flocculation is the reversible process by which suspended sediment (primary particles) aggregate into larger and less dense particles called flocs, which can settle orders-of-magnitude faster than their primary particles (Chase, 1979; Winterwerp, 1998). Many physical, chemical, and biological factors affect flocculation like turbulence, sediment concentration and mineralogy, organics, and water chemistry (Kranck, 1984; Mietta et al., 2009; Nghiem et al., 2022). Researchers have long studied flocculation in estuaries and the ocean where salinity mainly affects flocculation (Kranck and Milligan, 1980; McCave, 1984; Hill et al., 2001). High salinity promotes flocculation because cations compress the electric double layer to the point that van der Waals attraction causes grains to aggregate (i.e., DLVO theory; Derjaguin and Landau, 1941; Verwey, 1947). However, recent studies have found widespread flocculation in rivers (Lamb et al., 2020; Nghiem et al., 2022). Much less is known about flocculation in freshwater where organic matter might instead be the main flocculating agent (Eisma et al., 1982; Lee et al., 2019; Zeichner et al., 2021). Organic matter biopolymers can bind sediment depending on charge interactions and adsorption kinetics (Yu and Somasundaran, 1996; Gregory and Barany, 2011), which classic DLVO theory cannot describe (Deng et al., 2023). Limited direct observations have shown that freshwater flocs are ~10 to 100 μm in diameter and settle at ~0.1 to 1 mm s^{-1} (Droppo and Ongley, 1994; Krishnappan, 2000; Guo and He, 2011; Larsen et al., 2009; Osborn et al., 2021).

Although floc settling velocity is vital for understanding mud transport in rivers and freshwater wetlands, settling velocity models for freshwater flocs are still in their infancy. Many empirical models for estuarine flocs have been proposed (e.g., Gibbs, 1985; Manning and Dyer, 2007; Soulsby et al., 2013), but are not applicable to freshwater flocs because their parameters implicitly depend on sediment and water properties (e.g., Eisma, 1986). Strom and Keyvani (2011) derived a general floc settling velocity model by assuming that flocs are fractal aggregates and modifying Stokes settling velocity theory to include floc density and permeability. We refer to this model as the "explicit model" because it predicts floc settling velocity from physical principles. The explicit model was validated against a data compilation of floc diameter and settling velocity measurements (Strom and Keyvani, 2011), but is difficult to apply because it relies on floc permeability and primary particle diameter, which are poorly constrained.

Alternatively, floc diameter and settling velocity can be predicted using a flocculation model. In a seminal study, Winterwerp (1998) developed a turbulence-driven flocculation model in which the relative rates of floc aggregation (due to particle collisions) and breakage (due to shear stress) set floc diameter and settling velocity. The Winterwerp model is a function of shear rate and sediment concentration, but the effects of other factors are not explicit. Nghiem et al. (2022) modified the Winterwerp model to include additional factors known to affect flocculation: organic matter, sediment mineralogy, and water chemistry. They fitted the model to a global river compilation. We refer to the Nghiem et al. (2022) model as the "semi-empirical model" because the fitted parameters empirically account for the effects of floc structure, density, and permeability on floc settling velocity. The semi-empirical model was calibrated on floc settling velocity inferred from sediment concentration-depth profiles using Rouse-Vanoni theory (Nghiem et al., 2022), but has yet to be verified against direct measurements.

Here we combined geochemical sampling, camera observations, in situ laser diffraction particle sizing, and Rouse-Vanoni analysis of sediment concentration-depth profiles in the freshwater Wax Lake Delta (WLD), Louisiana, USA to

65   examine these knowledge gaps: floc permeability and primary particle diameter in the explicit model and validation of the semi-empirical model. First, we review the floc theories (Sect. 2). We introduce the study area in Sect. 3. Next, we describe the field methods and data analysis to calculate floc properties (Sect. 4). Importantly, our complementary data sources provide new constraints on floc properties, allowing us to isolate floc concentration and size distribution and estimate floc permeability and primary particle diameter for the explicit model. These properties, along with floc solid fraction, fractal dimension, and

70   settling velocity distribution, are reported in Sect. 5. In Sect. 6, we discuss the advantages of our data combination, practical considerations for predicting freshwater floc settling velocity, the physical interpretation of primary particle and permeability effects on floc settling velocity, and the leading role of turbulence in setting floc settling velocity.

2 Floc Theory

2.1 Explicit Model

75   The explicit model for floc settling velocity, w_s (m s^{-1}), is Stokes law modified for flocs (Strom and Keyvani, 2011) and hence predicts w_s at the scale of the individual floc:

$$w_s = \frac{R_s g D_p^2}{b_1 \Omega \nu} \left(\frac{D_f}{D_p}\right)^{n_f - 1} , \qquad (1)$$

where R_s is the submerged specific gravity of sediment (1.65), g is gravitational acceleration (9.81 m s^{-2}), D_f (m) is floc diameter, and b_1 (dimensionless) is a shape factor assumed to be 20 (Ferguson and Church, 2004; see Sect. 6.3 for discussion).

80   Equation (1) assumes that flocs are fractal aggregates (Kranenburg, 1994), for which a fractal solid fraction model applies:

$$\varphi = \left(\frac{D_f}{D_p}\right)^{n_f - 3} , \qquad (2)$$

where φ (dimensionless) is the solid fraction, the volume fraction of the floc composed of mineral sediment. Although fractal theory is an approximation because floc structure is heterogeneous (e.g., Spencer et al., 2021), it has been well-tested for natural flocs (Kranenburg, 1994; Winterwerp, 1998; Dyer and Manning, 1999). Natural flocs contain many primary particle

85   sizes, so D_p (m) is an effective primary particle diameter that is representative of the primary particle size distribution. Given D_f and D_p, fractal dimension, $n_f \in [1, 3]$ (dimensionless), quantifies the packing efficiency of primary particles. A compact solid grain has $n_f = 3$, while a linear chain of primary particles has $n_f = 1$. A typical fractal dimension for natural flocs is ~2 (Kranenburg, 1994; Winterwerp, 1998). All else equal, Eq. (2) indicates that smaller flocs are denser than larger flocs and, in turn, the center of a given floc is denser than the edges.

90   Drag ratio, $\Omega \in (0, 1]$ (dimensionless), quantifies floc drag force reduction caused by flow passing through a permeable floc (Neale et al., 1973). Specifically, Ω is the ratio of the drag force of the floc and that of an impermeable particle with the same density and diameter at the same flow velocity (Neale et al., 1973). Equivalently, Ω is the ratio of the settling velocity of the impermeable particle and that of the floc. If $\Omega = 1$, then the floc is impermeable. $\Omega < 1$ indicates a

permeability-induced drag force reduction and settling velocity enhancement. Based on creeping flow theory, Ω decreases with permeability according to

$$\Omega = \frac{2\xi^2\left(1 - \frac{\tanh\xi}{\xi}\right)}{2\xi^2 + 3\left(1 - \frac{\tanh\xi}{\xi}\right)}, \tag{3}$$

where the dimensionless permeability, $\xi^{-2} = 4kD_f^{-2}$, and k (m^2) is the floc permeability (Neale et al., 1973). Equation (3) shows that predicting Ω is tantamount to predicting ξ^{-2}.

The key inputs in the explicit model (Eq. 1) are floc diameter, D_f, fractal dimension, n_f, effective primary particle diameter, D_p, and drag ratio, Ω. Of these, D_p and Ω are the outstanding unknowns because prior studies have well constrained floc diameter and fractal dimension (e.g., Jarvis et al., 2005; Strom and Keyvani, 2011). Cameras are commonly used to measure floc diameter and settling velocity, but this data alone cannot separate the effects of D_p and Ω (Dyer and Manning, 1999; Strom and Keyvani, 2011). As such, D_p and Ω must be estimated from additional relations as follows, but these relations have yet to be tested against observations of natural flocs in freshwater rivers and deltas.

Determining an effective primary particle diameter, D_p, as required for the explicit model (Eq. 1), is uncertain because each floc carries many primary particle sizes. D_p is typically assumed to be the mean or median of the primary particle size distribution (e.g., Syvitski et al., 1995; Strom and Keyvani, 2011). Alternatively, Bushell and Amal (1998) proposed a fractal D_p model:

$$D_p = \left(\frac{\sum D_{pi}^3}{\sum D_{pi}^{n_f}}\right)^{\frac{1}{3-n_f}}, \tag{4}$$

where D_{pi} is the diameter of the ith primary particle in the floc. This fractal D_p has the same physical volume and fills the same n_f-dimensional space as the original primary particles (Bushell and Amal, 1998). The mean or median of the primary particle size distribution does not satisfy these conditions and thus might be very different from the fractal D_p. Equation (4) has been validated using light scattering experiments on synthetic grains (Bushell and Amal, 2000). However, Eq. (4) is limited because it requires knowledge of all primary particle diameters in a floc which, like in our data, are often unknown. Instead, we followed Gmachowski (2003) and assumed the number of primary particles is sufficiently large for the central limit theorem to apply, yielding

$$D_p = \left(\overline{D_p^3} / \overline{D_p^{n_f}}\right)^{1/(3-n_f)}, \tag{5}$$

where the overbars denote the mean. Equation (5) is simpler than Eq. (4) because it can be computed using the primary particle size distribution. We evaluate Eq. (5) herein for natural flocs.

Existing analytical permeability models can struggle to predict Ω (Eq. 3) because natural flocs do not fulfill model assumptions of uniformly sized primary particles and uniform porosity (Eq. 2). Several experimental studies observed particularly high floc permeability incompatible with typical permeability models altogether (e.g., Johnson et al., 1996; Li and Logan, 1997). Using a data compilation of field and lab flocs, Strom and Keyvani (2011) found that the classic Brinkman permeability model, which is based on drag theory for a cluster of uniformly sized grains (Brinkman, 1947), vastly

overestimated the inferred Ω for flocs with $n_f < 2$. However, their conclusion is uncertain because they calculated Ω using reported primary particle diameters that might not be valid if the fractal D_p model holds. Kim and Stolzenbach (2002) found that the empirical Davies permeability model (Davies, 1953):

$$\xi^{-2} = \left(\frac{D_p}{D_f}\right)^2 [16\varphi^{1.5}(1 + 56\varphi^3)]^{-1} , \tag{6}$$

predicted well the hydrodynamic force on simulated permeable fractal aggregates. Like the Brinkman model, the Davies model predicts ξ^{-2} (and hence Ω through Eq. 3) given φ and n_f because $\left(D_p/D_f\right)^2 = \varphi^{2/(3-n_f)}$ (Eq. 2). Modified permeability models have been proposed to capture the fact that clustering of primary particles might create macropores that disproportionately set permeability (Li and Logan, 2001; Woodfield and Bickert, 2001). In particular, Li and Logan (2001) replaced D_p with a larger cluster diameter, D_c (m), in any given permeability equation (e.g., Brinkman or Davies model). We tested the abilities of the Brinkman and Davies models and their Li and Logan variants, each coupled with Eq. (3), to describe drag ratio estimates.

2.2 Semi-Empirical Model

The semi-empirical model is the Winterwerp (1998) model as modified by Nghiem et al. (2022). Unlike the explicit model, the semi-empirical model predicts values representative of a floc population (Winterwerp, 1998) rather than those of individual flocs. At equilibrium between floc growth and breakage, the Winterwerp model predicts floc diameter, $D_f = (k_A/k_B)C\eta\sqrt{F_y/(\rho v^2)}$, in which k_A and k_B (dimensionless) are the floc aggregation and breakage efficiencies, ρ is water density (1000 kg m^{-3}), v is water kinematic viscosity (10^{-6} m^2 s^{-1}), F_y is the floc yield force (N), and C (dimensionless) is the volumetric sediment concentration. The Kolmogorov microscale, η (m), is the length scale of the smallest turbulent eddies in the flow and scales inversely with turbulence intensity (Tennekes and Lumley, 1972).

The semi-empirical model (Nghiem et al., 2022) includes the effects of organic matter, sediment mineralogy, and water chemistry in k_A/k_B using standard geochemical variables measured from river sediment and water samples, which are often more readily available than the floc parameters in the explicit model. The semi-empirical model predicts w_s, D_f, and floc cutoff diameter, D_t (m), which is the threshold grain diameter between significantly flocculated (finer) and unflocculated (coarser) sediment. Using D_t, w_s, and D_f inferred from a global river data compilation of sediment concentration-depth profiles, Nghiem et al. (2022) calibrated the model:

$$D_t = 0.134\left(\eta\widetilde{D}_{p,50}\right)^{1/2}(C_m\theta^2(1-\theta)^2)^{0.0734}(\text{Al/Si})^{-0.774}\Phi^{-0.180} , \tag{7a}$$

$$w_s = \frac{R_s g \widetilde{D}_{p,50}}{20v}0.306\eta(C_m\theta^2(1-\theta)^2)^{0.167}(\text{Al/Si})^{-2.15}\Phi^{-0.0358} , \tag{7b}$$

$$D_f = 0.0180\eta(C_m\theta^2(1-\theta)^2)^{0.147}(\text{Al/Si})^{-1.55}\Phi^{-0.360} , \tag{7c}$$
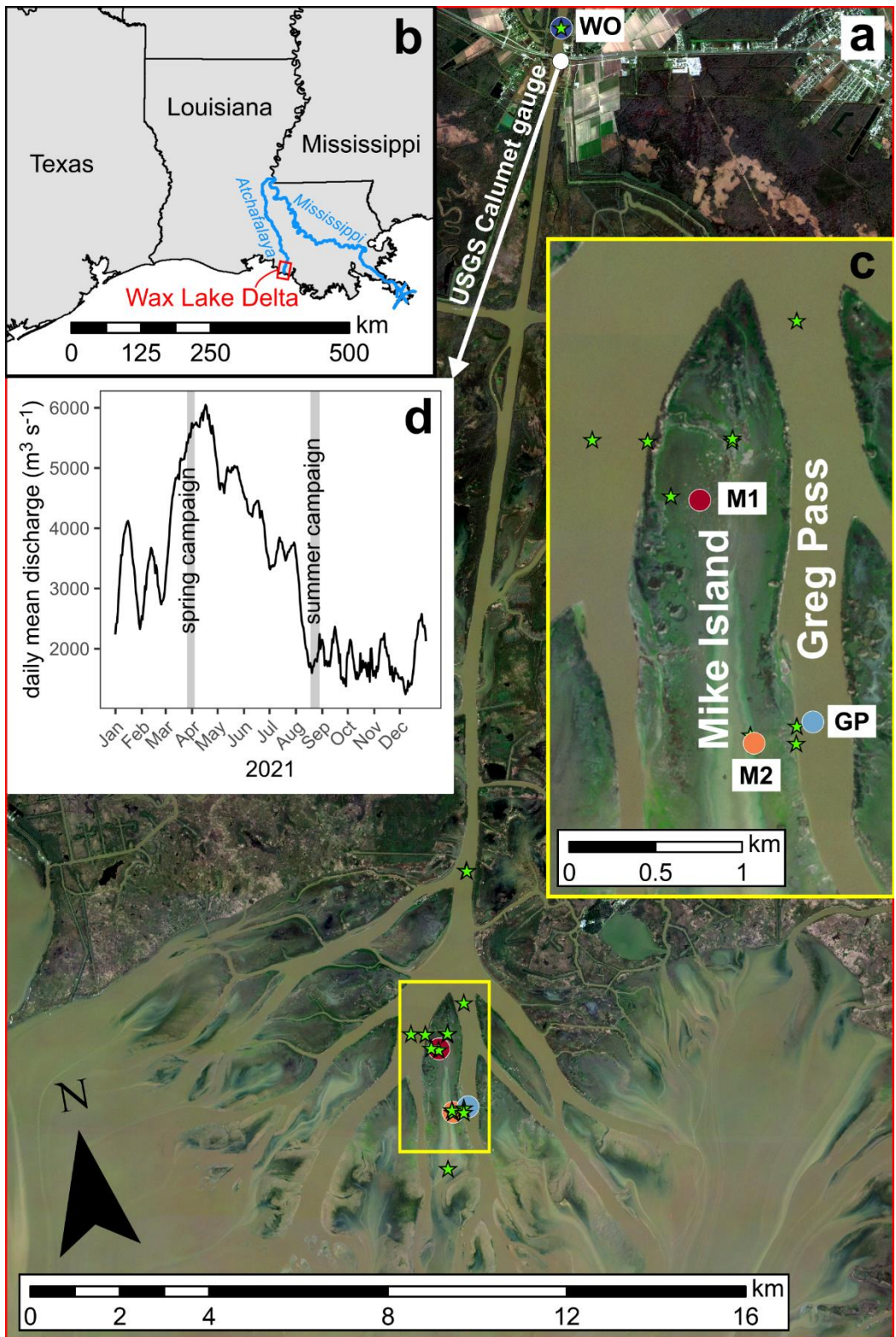
The variables in the semi-empirical model (Eq. 7) describe the depth-averaged floc population because the floc calibration data are depth-averaged. Accordingly, depth-averaged mud volume concentration, C_m (dimensionless), is the representative

155 sediment concentration for flocculation because, although sand can be incorporated in flocs (Whitehouse et al., 2000; Manning et al., 2010), mud is typically far more abundant (Lamb et al., 2020; Osborn et al., 2021). Depth-averaged median primary particle diameter, $\widetilde{D}_{p,50}$ (m), is taken as the primary particle size metric. Sediment Al/Si (molar ratio) represents mineralogy because clay minerals are enriched in Al/Si compared to feldspar and quartz (e.g., Galy et al., 2008; Bouchez et al., 2014). θ (dimensionless) is the organic cover fraction, the fraction of the sediment grain surface covered with organic matter (Smellie

160 and LaMer, 1958). Relative charge density, Φ (dimensionless), quantifies the effect of salinity and sediment mineralogy on flocculation using diffuse double layer theory (Rommelfanger et al., 2022). Φ is the ratio of net cation charge in solution and that at the surface of sediment grains. Flocculation is expected at higher values of Φ where the cation concentration overcomes the negative charges on the surfaces of clay minerals.

In this study, we combined floc and geochemical measurements in the Wax Lake Delta to constrain explicit model

165 parameters and verify the semi-empirical model. Our objective for the explicit model is to evaluate primary particle diameter and floc permeability theory because these parameters have not been fully tested before for natural flocs. Our objective for the semi-empirical model is to validate it using direct observations of floc diameter and settling velocity.

3 Study Site

We conducted fieldwork in the Wax Lake Delta, a river-dominated freshwater delta in the Mississippi River Delta complex

170 (Fig. 1ab). The lower Mississippi River conveys water and sediment to WLD via the Atchafalaya River and Wax Lake Outlet, which was dredged in 1942 (Fig. 1b; Latimer and Schweizer, 1951). The topset of WLD became subaerial after the 1973 Mississippi River flood and has since been aggrading and prograding into the Gulf of Mexico with little human intervention (Roberts et al., 1980; Jensen et al., 2022). Interactions between the river, tides, wind, and vegetation cause wide variability in delta island inundation, which can expose and submerge much of the levees along island margins (Geleynse et al., 2015).

175 Despite the proximity of WLD to the Gulf of Mexico, the water remains fresh even during low river discharge (Holm and Sasser, 2001).

We completed fieldwork in WLD during March and April 2021 (spring campaign) and August 2021 (summer campaign) as part of the NASA Delta-X project. During the spring campaign, the discharge into WLD was ~5500 $m^3 s^{-1}$, which is near the peak for 2021 (Fig. 1d). During the summer campaign, the discharge was ~1800 $m^3 s^{-1}$ and close to the low discharge for the year. We studied four sites: Wax Lake Outlet (WO), Greg Pass (GP), northern Mike Island (M1), and southern Mike Island (M2) (Fig. 1ac). Site WO is about 20 km upstream of the delta apex. Site GP is near the center of Greg Pass, the distributary channel east of Mike Island. Sites M1 and M2 on Mike Island are in a tidally forced shallow wetland. We sampled all sites during the spring campaign, but only sampled site GP during the summer campaign. At each site, we collected vertical profiles of suspended sediment samples (i.e., concentration-depth profiles) and in situ particle size distributions and concentrations with a Sequoia Scientific LISST-200X (LISST) instrument. We collected 8 profiles with paired LISST and sample measurements. We took floc images with a camera system (floc cam) for 4 profiles. We sampled 16 additional concentration-depth profiles distributed throughout WLD without matching LISST or floc cam data, including one profile in October 2019 during a separate field campaign. We also collected water samples to measure major cation and anion concentrations at 20 profile sites and dissolved inorganic carbon (DIC) concentration at 15 profile sites.

4 Methods

Herein we use the terms "grain" or "sediment" to mean the solid disaggregated mineral sediment, which might or might not have been flocculated in situ. As standard in the flocculation literature, we use "primary particle" to refer to the constituent sediment grains inside flocs. We use "particle" alone (i.e., without "primary") to refer generically to the in situ suspended material, which includes flocs and unflocculated sediment. This nomenclature is standard throughout the paper and is critical for distinguishing between flocs, unflocculated sediment, and fully dispersed sediment.

We designed our field methods to measure all variables in the explicit and semi-empirical models and test their floc settling velocity predictions. We collected sediment concentration-depth profiles and acoustic Doppler current profiler (ADCP) flow velocity measurements (Sect. 4.1). We measured the major ion concentrations of the water, sediment organic matter concentration, and elemental sediment composition (Sect. 4.2). The primary floc data sources are in situ particle sizing with LISST (Sect. 4.3), a camera (Sect. 4.4), and analysis of suspended sediment concentration-depth profiles (Sect. 4.5), each with different advantages and limitations. In situ particle sizing measures in situ particle size distribution and concentration using laser diffraction (e.g., Agrawal and Pottsmith, 2000; Guo and He, 2011), but cannot distinguish between flocs and unflocculated sediment. Although laser diffraction might be sensitive to primary particles within flocs (Graham et al., 2012),

studies have found good agreement between floc size distributions measured by camera and laser diffraction (Mikkelsen and Pejrup, 2001; Mikkelsen et al., 2005). Cameras directly measure floc size and settling velocity (e.g., Mikkelsen et al., 2004; Benson and French, 2007; Osborn et al., 2021). However, camera methods require reliable image processing algorithms, can

215 be limited by the small number of identifiable flocs, and cannot detect flocs finer than the pixel resolution. Depth-averaged floc settling velocity can be inferred from stratification in grain size-specific sediment concentration-depth profiles (Lamb et al., 2020; Nghiem et al., 2022), but this technique is indirect and does not reveal floc diameter. We combined these data sources in novel ways (Sect. 4.6) to derive floc variables (floc diameter, floc settling velocity, fractal dimension, effective primary particle diameter, drag ratio) required to test theory and the floc settling velocity models.

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Table 1: Estimated floc variables and their data sources. The variables are listed by order in the data processing workflow. In Data Source, "sediment" refers to sediment grain size distribution, concentration, and Rouse-Vanoni equation fitting results. The primary data source (if any) is listed first. In Description, the data sources are indicated in parentheses next to input variables if there are multiple sources.

Variable	Data Source	Description	Section or (Equation)
Paired diameter (m) and settling velocity (m s^{-1}) of individual flocs	floc cam	Diameter: Extracted using image analysis Settling velocity: Calculated by manually tracking particles	4.4
Floc cutoff diameter, D_t (m)	sediment	Selected by eye from grain diameter-settling velocity results from Rouse-Vanoni fitting of grain size-specific concentration-depth profiles	4.5
Floc size distribution (m) and concentration	LISST, sediment	Particle size distribution and concentration (LISST) removing the unflocculated sediment fraction in the classes coarser than D_t (sediment)	4.6.1
Primary particle size distribution (m) and concentration	sediment	Grain size distribution and sediment concentration removing the fraction coarser than D_t	4.6.1
Bulk solid fraction, $\bar{\varphi}$	sediment, LISST	Ratio of primary particle (sediment) and floc concentrations (LISST, sediment)	4.6.1
Fractal dimension, n_f	LISST, sediment	Calculated to ensure consistency between $\bar{\varphi}$ (sediment, LISST) and mean settling velocity	4.6.2 (11)

		over the floc size distribution (LISST, sediment)	
Effective primary particle diameter, D_p (m)	LISST, sediment	Calculated using n_f (LISST, sediment) and $\bar{\varphi}$ (sediment, LISST)	4.6.2 (9)
Drag ratio, Ω	floc cam, LISST, sediment	Calculated using floc cam-measured floc diameter and settling velocity (floc cam) by solving the floc settling velocity equation (Eq. 1) for Ω with the calculated n_f (LISST, sediment) and D_p (LISST, sediment)	4.6.3 (1)
Floc settling velocity distribution (m s^{-1})	LISST, floc cam, sediment	Converted floc size distribution (LISST, sediment) using the floc settling velocity equation (Eq. 1) with calculated Ω (floc cam, LISST, sediment), n_f, and D_p (both LISST, sediment)	4.6.4 (1)

4.1 Suspended Sediment Sampling and Hydrodynamic Measurements

Nghiem et al. (2021) describe our sediment sampling and lab analysis in full, which are summarized here. For each profile, we collected suspended sediment samples at different heights above the bed from a boat with an 8.2 L Van Dorn sampler. At the channel sites (WO and GP), we collected samples isokinetically by drifting over the target location at the local current speed (Edwards and Glysson, 1999). We sampled while stationary at the wetland sites (M1 and M2) because of the relatively slow flow velocities inside the wetland (~0.1 m s^{-1}). We filtered each sample through 0.2 μm pore size polyethersulfone filter paper (Sterlitech) and froze the filtered sediment. In the lab, we dried and weighed samples to measure sediment concentration. We decarbonated, oxidized, and deflocculated an aliquot of each sample for grain size analysis following Douglas et al. (2022) to fully disperse the sediment. We measured the volume-based grain size distribution using a Malvern Mastersizer 3000E laser diffraction analyzer with the non-spherical scattering model from 0.2 to 2100 μm in 100 logarithmically spaced bins. For each concentration-depth profile, we calculated the depth-averaged grain size distribution by depth-averaging the concentration in each grain size class with the trapezoidal rule and renormalizing the depth-averaged concentrations. We extrapolated a constant concentration in the unmeasured regions below the deepest measurement and above the shallowest measurement for the integration. We summed the class-specific depth-averaged concentrations to obtain the total depth-averaged sediment concentration. To obtain depth-averaged mud concentration, C_m, for the semi-empirical model, we summed the concentrations in the mud classes only.

We measured flow velocity profiles using a Teledyne RiverPro ADCP instrument concurrent with suspended sediment sampling. We deployed the ADCP near the water surface looking downward. The ADCP measured the flow velocity profile to within 5 to 15 cm of the bed at a frequency of ~1 Hz. We averaged about 100 to 1000 velocity profiles in the island

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sites and about 50 in the channel sites to obtain the representative velocity profiles at the concentration-depth profiles. We averaged data within a radius of 1.5 times the flow depth from the concentration-depth profile location and within 10 s of collecting a suspended sediment sample. For the deeper flows (>10 m) in Wax Lake Outlet and the delta apex, the velocity profiles contain about 50 bins in the vertical. The shallow channel profiles (3 to 4 m depth) have about 10 to 30 bins. The island profiles, with depths of 1 m or less, have about 5 bins. The bin height is about 10 to 20 cm for the deeper flows and about 5 to 10 cm for the shallower flows. We did not observe any clear wind or vegetation signatures in the representative velocity profiles (e.g., Baptist et al., 2007).

We estimated the total boundary shear velocity, u_* (m s^{-1}), by fitting each representative flow velocity profile to the law of the wall (e.g., García, 2008). The law of the wall is reasonable because the representative velocity profiles visually show a clear linear trend between flow velocity and the logarithm of height. However, some data above 50% of the flow depth deviate from the linear trend likely due to tide and wake effects (Soulsby and Dyer, 1981; Nezu and Nakagawa, 1993). We excluded this upper data and fitted the law of the wall using a weighted least squares regression with weights equal to the reciprocal of the velocity variance. The coefficients of determination have a median of 0.90 and range from 0.17 to 0.99. We used the shear velocity to calculate the near-bed Kolmogorov microscale. The Kolmogorov microscale varies with height above the bed as $\eta(z) = (\nu^3/\varepsilon)^{1/4}$, where ε (m^2 s^{-3}) is the dissipation rate of turbulence kinetic energy per unit mass, and $\varepsilon = (u_*^3/\kappa)(1/z - 1/h)$, where κ (dimensionless) is the von Kármán constant (= 0.41), z (m) is height above the bed, and h (m) is the water depth (Nezu and Nakagawa, 1993). Following Nghiem et al. (2022), we chose η as the value at 10% of the flow depth (i.e., near-bed value; Sect. 4.5).

4.2 Geochemical Measurements for Semi-Empirical Model

We measured sediment Al/Si using X-ray fluorescence (XRF) for 33 samples for the semi-empirical model. Due to sample mass limitations, we measured quantitative Al/Si using glass pellet fusion on a 4 kW Zetium Panalytical XRF analyzer for only 7 samples. For the remaining 26 samples, we measured semi-quantitative Al/Si using a Rigaku Primus IV XRF Spectrometer because it required less mass. We re-analyzed the samples that had been measured on the Zetium using the Rigaku to calibrate a linear equation ($R^2 = 0.91$) converting the semi-quantitative Al/Si to quantitative Al/Si. Using the converted quantitative Al/Si, we calibrated a linear equation between Al/Si and volume fraction finer than a certain grain size threshold so we could predict Al/Si for cases in which grain size distribution is known but we did not measure Al/Si. We calculated the coefficients of determination for many grain size thresholds and selected the model with the highest R^2 (Al/Si = $0.099 + 0.16$[volume fraction finer than 19.2 μm]; $R^2 = 0.88$). We predicted Al/Si from the depth-averaged grain size distributions (Sect. 4.1) for all concentration-depth profiles using this grain size relationship.

We measured total organic carbon (TOC) concentration of suspended sediment samples to calculate θ in the semi-empirical model. Sediment aliquots were decarbonated by leaching with 2 M HCl at 80°C and dried. Samples were weighed before and after decarbonation to correct for the fraction of sediment mass lost during decarbonation. TOC concentration was measured using an Exeter Analytical CHN analyzer with uncertainties determined from repeat measurements of reference

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materials. We depth-averaged TOC concentrations for each concentration-depth profile using the trapezoidal rule on measured TOC concentrations weighted by sediment concentration. We assumed all organic matter was cellulose to convert depth-averaged TOC concentration to organic matter concentration (Nghiem et al., 2022). We calculated θ using the computed organic matter concentration and depth-averaged median primary particle diameter (Sect. 4.6.1; Nghiem et al., 2022).

We used ion chromatography and cavity ring-down spectroscopy to measure the major ion concentrations (cations: Na^+, K^+, Ca^{2+}, Mg^{2+}; anions: Cl^-, HCO_3^-, SO_4^{2-}) of water samples and calculate Φ for the semi-empirical model (Nghiem et al., 2022; Rommelfanger et al., 2022). We measured dissolved inorganic carbon (DIC) concentrations using a Picarro Cavity-Ring Down Spectroscopy G2131-i and assumed that all DIC was HCO_3^- to calculate HCO_3^- concentrations. For DIC, about 6 mL of filtered river water was injected through a 0.2 μm syringe filter into an evacuated and pre-weighed 12 mL exetainer. Samples were acidified with 10% phosphoric acid. The resulting CO_2 was carried in a nitrogen stream for total carbon measurements (Dong et al., 2018). DIC concentration was calibrated against weighed and acidified optical calcite standard reference materials. Concentrations of the rest of the ions were measured by ion chromatography at the Department of Geography, Durham University and checked by regular measurements of the LETHBRIDGE-03 standard. We solved for the HCO_3^- concentration using charge balance for cases in which we had ion chromatography measurements but did not measure DIC concentration.

4.3 In Situ Particle Size Distribution and Concentration Measurements

We used a LISST instrument to measure in situ particle size distribution and concentration. We assumed that the particles measured by LISST were either flocs or unflocculated sediment. The LISST measures the particle volume concentration, including the pores within flocs, from 1 to 500 μm in 36 logarithmically spaced size bins using laser diffraction at a rate of 1 Hz (Sequoia Scientific, 2022). We deployed the LISST attached to a rope from a boat in drift and measured downcast profiles by lowering the LISST at a rate of about 0.1 m s^{-1}. Optical laser transmission was within recommended ranges (Sequoia Scientific, 2022). We inverted the angular scattering intensity of the laser using the irregular shape model to calculate the particle size distribution (Agrawal et al., 2008). For each LISST cast, we averaged particle size distribution and concentration data into 12 bins uniformly spaced with height to improve data display. We calculated the depth-averaged particle size distribution using the trapezoidal rule with the binned concentrations as described in Sect. 4.1. Further LISST methods are documented in Fichot and Harringmeyer (2021).

4.4 Floc Imaging

We measured floc diameters and settling velocities with a custom imaging device called the "floc cam" (Fig. 2a). The floc cam is a frame on which we mounted a camera and a modified 2.2 L Van Dorn sampler. We installed a 7 cm diameter window on the side of the sampler through which a backlight illuminates the interior. On the opposite side, we installed a 3 cm diameter window through which a camera can take photos. For each floc cam sample, we followed the same procedure for suspended sediment sampling up until the sample was retrieved from depth. We then mounted the sampler in the floc cam frame and took

photos of backlit particles within the sampler using a mounted camera (Nikon D750) equipped with an AF-S Micro NIKKOR

310   60 mm f/2.8G ED lens (Fig. 2a). We programmed the camera to take photos at a rate of 4 Hz. Once the sampler and camera were in place, we covered the frame with a black tarp to shield the camera from ambient light. The time between sample collection and the start of image collection was about 1 min. We allowed the camera to take photos for a few minutes, yielding an image time series for each floc cam sample. We measured a resolution of 6 μm per pixel in the focal plane of the camera by photographing a ruler.

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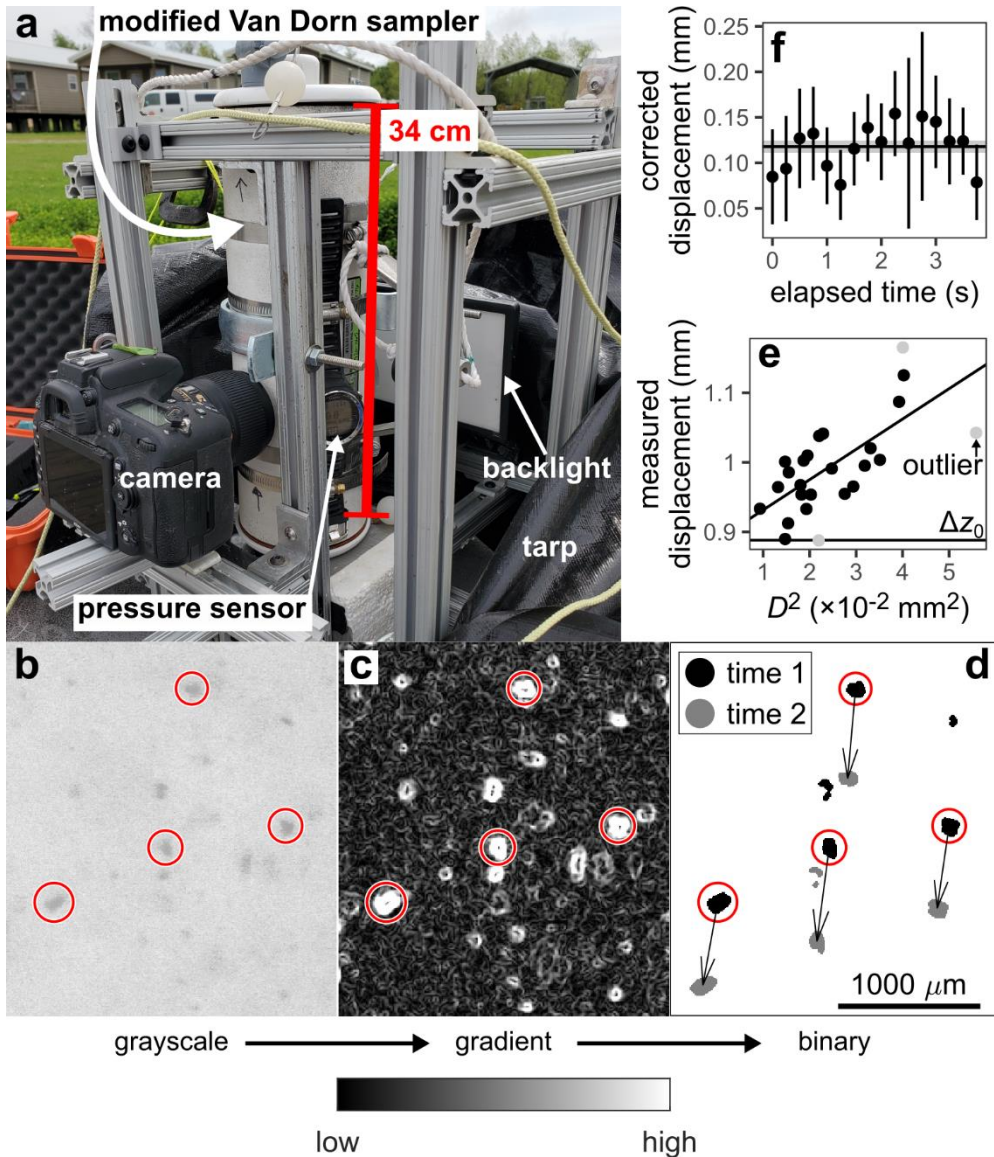
Figure 2: Floc cam data collection and processing. (a) Floc cam setup. During image collection, the black tarp covered the sampler and frame to block external light. (b) Example floc cam grayscale image. (c) 2D gradient of the grayscale image. High-gradient pixels

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correspond to particle borders. **(d)** Binarized particles showing particle displacement between an image pair. Scale in panel d also applies to panels b and c. **(e)** Example scatterplot of squared diameter, D^2, and measured displacement. Δz_0 indicates the fitted background correction. **(f)** Time series of corrected displacement for a single tracked particle across multiple image pairs. The corrected displacement isolates the displacement due to gravitational settling from that due to background currents.

We detected particles in each image with the MATLAB Image Processing Toolbox following Keyvani and Strom (2013). We converted each image to grayscale and cropped the image to a smaller area of interest. We rescaled the pixel values in the cropped image and applied a Gaussian smoothing filter (Fig. 2b). We took the gradient of the image with a central difference method (Fig. 2c). We binarized the gradient image using a gradient cutoff, determined by trial-and-error, to exclude any particles where the gradient was too small (i.e., the particle was out-of-focus; Fig. 2d) but retain a sufficient number of detected particles. We applied morphological erosion and dilation on the binary image to remove noise speckles and connect fragments belonging to the same particle. Finally, we filled any holes within detected particles.

To calculate settling velocity, we tracked particles manually between successive frames in each binary image time series of in-focus particles (Fig. 2d). We identified the same particle across frames according to particle size, shape, and displacement. We tracked 100 unique particles for each time series over an image time span of 10 to 20 s and only recorded particles that could be tracked for at least three consecutive frames. The mean number of frames over which we tracked particles is 7.4. For each tracked particle, we calculated the diameter as the diameter of an equal-area circle using the second-largest measured particle area to exclude outliers. We used a regression method to remove the effect of background currents on observed particle motion and isolate particle displacement due to gravitational settling only. We assumed that background currents perfectly advected particles (Smith and Friedrichs, 2015). The particle displacement between an image pair is $\Delta \hat{z} = \Delta z + \Delta z_0$ where $\Delta \hat{z}$ (m) is the observed vertical displacement of the particle, Δz (m) is the displacement due to gravitational settling, and Δz_0 is the displacement due to background currents. For a given time interval, Stokes law predicts that the gravitational displacement scales with the square of particle diameter, D. We assumed that Δz_0 is independent of particle size because the particles are sufficiently small. Using the data of all tracked particles in an image pair, we regressed $\Delta \hat{z}$ against D^2 according to $\Delta \hat{z} = cD^2 + \Delta z_0$ (Fig. 2e). We recovered Δz_0 as the intercept and solved for Δz (Fig. 2f) for all particles and image pairs. We discarded the data for which $\Delta \hat{z}$ fell into the 95% confidence interval of the estimated Δz_0. This filtering retained 222 out of an initial 400 total tracked particles (56%). We calculated settling velocity for each particle as the mean of Δz divided by the time interval (0.25 s).

4.5 Rouse-Vanoni Equation Analysis of Sediment Concentration-Depth Profiles

Rouse-Vanoni equation fits to grain size-specific concentration-depth profiles provide inferred floc cutoff diameter and depth-averaged floc settling velocity (Lamb et al., 2020; Nghiem et al., 2022). The Rouse-Vanoni equation models the suspended sediment concentration as a function of height from the bed, z, in a flow of depth h assuming a balance of gravitational sediment settling and upward turbulent sediment fluxes (Rouse, 1937):

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$$\frac{C_i}{C_{bi}} = \left(\frac{\frac{h-z}{z}}{\frac{h-h_b}{h_b}} \right)^{p_i} , \tag{8}$$

where C_i (dimensionless) is the sediment volume concentration, C_{bi} (dimensionless) is the sediment volume concentration at the near-bed height h_b (m), p_i (dimensionless) is the Rouse number, and the subscript i denotes the ith grain size class. Vertical

355 concentration stratification increases with Rouse number, $p_i = w_{si}/(\kappa \beta u_*)$, where w_{si} (m s^{-1}) is the in situ grain size-specific settling velocity. The diffusivity ratio, β (dimensionless), is the ratio of turbulent sediment diffusivity and turbulent momentum diffusivity and accounts for the fact that sediment does not exactly follow turbulent eddies (e.g., García, 2008). Flux Richardson numbers, calculated using the settling velocities of flocs and unflocculated sediment (Sect. 5.8), have a median of 2.7×10^{-4} and maximum of 7.1×10^{-3}, indicating a negligible sediment-induced turbulence damping effect on flow velocity and concentration-

360 depth profiles (Smith and McLean, 1977; Wright and Parker, 2004).

If β and u_* are known, then w_{si} can be calculated from the fitted p_i. Past studies using this method interpreted the inferred settling velocity for fine silt and clay grain sizes as the floc settling velocity because it is much faster than the settling velocity theory prediction for individual grains (Lamb et al., 2020; Nghiem et al., 2022). β is an obstacle to calculating w_{si} because predicting β is still an open question (De Leeuw et al., 2020; Lamb et al., 2020). β is often assumed to be unity.

365 Deviations from unity have been attributed to sediment-induced density stratification (Wright and Parker, 2004; Moodie et al., 2020) and grain size-dependent momentum effects (Carstens, 1952; Csanady, 1963; Graf and Cellino, 2002). Limited evidence shows that the diffusivity ratio for flocs, β_{fl}, might follow an existing formulation for solid grains (Izquierdo-Ayala et al., 2021, 2023), but still requires more investigation. For simplicity, we assumed $\beta = 1$ for flocs and sediment grains. We re-evaluate this assumption for flocs with independent floc settling velocity data in Sect. 5.9.

370 Following Lamb et al. (2020) and Nghiem et al. (2022), we fitted the log-linearized Rouse-Vanoni equation to grain size-specific concentration-depth profiles (e.g., profiles of the dispersed grains), an example of which is depicted in Fig. 3a. We converted the sediment mass concentrations to volume concentrations assuming a sediment density of 2650 kg m^{-3} and used $h_b = 0.1h$ (De Leeuw et al., 2020). For each grain size class, the grain size-specific concentration is the total sediment concentration times the volume fraction from the grain size distribution (Sect. 4.1). We estimated the grain size-specific Rouse

375 number, p_i, from the Rouse-Vanoni equation fits. We used shear velocity estimates (Sect. 4.1) and $\beta = 1$ to calculate w_{si}. Figure 3b shows grain diameter and calculated w_{si} for the concentration-depth profiles with corresponding LISST measurements. We identified the floc cutoff diameter, D_t, by eye for each concentration-depth profile as the diameter below which the inferred settling velocity begins to depart significantly from conventional settling velocity theory (grain settling velocity, $w_{sg} = (R_s g D_g^2)/(c_1 \nu + \sqrt{0.75 c_2 R_s g D_g^3})$ for grain diameter, D_g, $c_1 = 20$, and $c_2 = 1.1$; Ferguson and Church,

380 2004). We calculated the Rouse-estimated floc settling velocity as the median w_{si} within grain diameters finer than D_t (Nghiem et al., 2022).
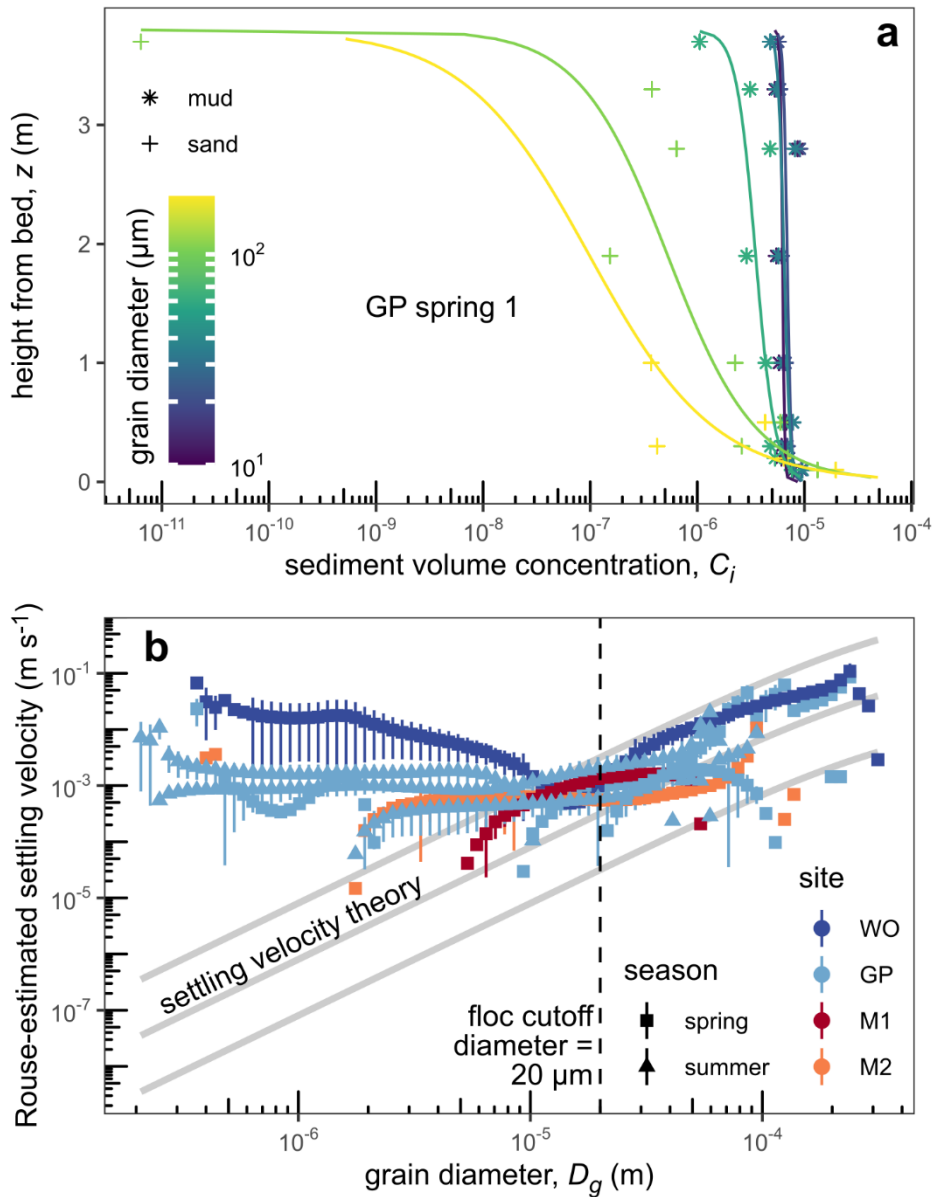
Figure 3: Rouse-Vanoni equation results. (a) Example of sediment volume concentration as a function of height above bed for profile GP spring 1. We used the full 100 grain size classes in all calculations, but reclassified the data into 6 classes for this panel only to improve readability. Curves represent the best-fit Rouse-Vanoni profiles (Eq. 8). Data scatter likely represents spatiotemporal variations in turbulence, bedforms, and/or other natural sources of variability. (b) Grain diameter and Rouse-estimated in situ settling velocity assuming $\beta = 1$ for concentration-depth profiles with LISST measurements. Gray settling velocity theory curves indicates the Ferguson and Church (2004) model with an order-of-magnitude above and below. Vertical bars represent the

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propagated 68% confidence interval on the Rouse number estimates. Points without vertical bars have confidence intervals that overlap with 0.

4.6 Estimating Floc Properties

Here we describe how we combined our floc data sources (Sect. 4.3-4.5) to calculate floc properties.

4.6.1 Floc and Primary Particle Size Distribution and Concentration

Our first goal was to delineate the size distribution and concentration of flocs and primary particles. To do this, we paired LISST and sediment sample data because they record mixtures of different types of particles (Fig. 4). LISST measured the size distribution and concentration of flocs and unflocculated sediment grains together (i.e., in situ particles; Sect. 4.3). LISST particle concentration is expressed as volume concentration and includes both the volume of mineral sediment and that of pores between primary particles within flocs (Mikkelsen and Pejrup, 2001; Livsey et al., 2022). On the other hand, suspended sediment data represent the size distribution and concentration of fully dispersed sediment grains, which might have been flocculated in situ. We paired each suspended sediment sample from the concentration-depth profiles to a corresponding set of measurements from the concurrent LISST cast. LISST measurements were assigned when collected within 0.1 m (the sampler radius) of the sample collection depth. If there were no LISST measurements in this range, then we assigned the 3 measurements closest in depth. We assumed that paired LISST and sediment data statistically represent the same suspended material, allowing direct comparison between the distributions and volume concentrations.

Figure 4 illustrates how we divided LISST particle sizes into three zones that either contain flocs only or both flocs and unflocculated grains to help isolate the floc and primary particle size distribution and concentration. Zone 1 is defined as particles measured by the LISST that were coarser than the maximum grain diameter of the dispersed sediment. We assume that all particles in zone 1 are flocs because they are larger than any dispersed sediment grains we measured. Zone 2 is defined as particles measured by the LISST that are finer than the floc cutoff diameter (Sect. 4.5; Fig. 3b). We inferred that particles in zone 2 were also flocs under the assumption that all sediment finer than the floc cutoff diameter was flocculated (Fig. 3b). In reality, some sediment finer than the floc cutoff diameter might have remained unflocculated. However, the enhanced settling velocities inferred from the concentration-depth profiles imply significant flocculation in these sizes, making complete flocculation a reasonable assumption. Finally, zone 3 lies between zones 1 and 2 and is defined as particles measured by LISST with sizes between the floc cutoff diameter and maximum grain diameter (Fig. 4). As such, zone 3 likely consists of a mixture of flocs and unflocculated grains.
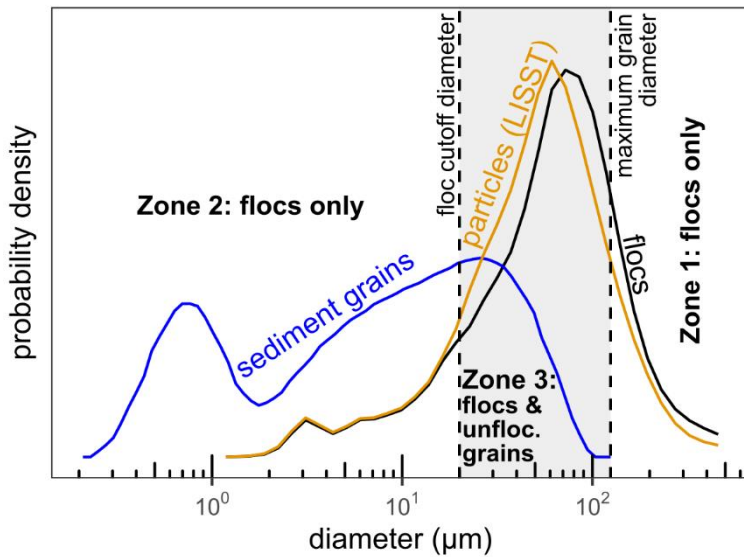
Figure 4: Example of calculating floc size distribution (black) from suspended sediment grain size distribution (blue) and LISST in situ particle size distribution (orange). Particles include flocs and unflocculated grains. Zones describe the particles in the LISST particle size distribution and are defined by the floc cutoff diameter and maximum grain diameter. We identified floc cutoff diameter as the grain diameter at which the Rouse-estimated settling velocity departs from settling velocity theory for single grains (Sect. 4.5). Maximum grain diameter is the maximum diameter of sediment grains measured by grain size analysis of fully dispersed sediment (Sect. 4.1). Data correspond to a suspended sediment sample collected at 1.9 m depth out of 3.8 m total depth from the GP spring 1 profile (Table 2).

We calculated the floc size distribution and concentration according to the LISST particle zones (Fig. 4). Floc concentration is the combined volume of primary particles and pores within flocs divided by the total measured volume. We used the volume concentration of sediment grains to compare the sediment and LISST concentrations because LISST reports particle volume concentration (Sect. 4.3). We calculated the LISST particle volume concentration in each LISST size class by multiplying the particle size fraction and the total particle concentration. We then calculated the corresponding sediment volume concentration by interpolating the grain size fraction to the LISST size class and multiplying by the total sediment concentration. According to our assumptions, LISST particle concentrations in zones 1 and 2 already represent floc concentrations and thus do not require any adjustment. This is not true in zone 3, so we calculated the floc concentration in each zone 3 size class by subtracting the particle and sediment volume concentrations. Finally, we renormalized the floc concentrations across size classes to compute the floc size distribution (Fig. 4). We calculated floc size distribution and concentration from each assigned LISST measurement and averaged them to obtain the representative floc size distribution and concentration for each sediment sample. We took the floc diameter for each size class, D_{fi}, to be the geometric mean of the floc diameter at the lower and upper boundaries of the size class. For each concentration-depth profile, we calculated the depth-averaged floc size distribution using the trapezoidal rule as described in Sect. 4.1.

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We computed the primary particle size distribution and concentration by truncating the sediment grain size
440 distribution to the fractions finer than the floc cutoff diameter (Table 1). Median primary particle diameter, $D_{p,50}$ (m), is the
median of the primary particle size distribution associated with each sediment sample. For the semi-empirical model (Eq. 7),
we calculated the depth-averaged median primary particle diameter, $\widetilde{D}_{p,50}$, as the median grain size of the depth-averaged grain
size distribution (Sect. 4.1) truncated with the floc cutoff diameter. We calculated the floc bulk solid fraction, $\bar{\varphi}$
(dimensionless), as the ratio of the primary particle and floc volume concentrations (e.g., Mikkelsen and Pejrup, 2001; Guo
445 and He, 2011).

4.6.2 Fractal Dimension and Effective Primary Particle Diameter

Our next goal was to estimate the fractal-related terms in the explicit model: fractal dimension, n_f, and effective primary particle
diameter, D_p. Our strategy was to link both the explicit model (Eq. 1) and solid fraction theory (Eq. 2), in which n_f and D_p
appear, to mean settling velocity and solid fraction estimated from data. As follows, we solved for the n_f and D_p that ensure
450 consistency between the bulk solid fraction and mean settling velocity over the floc size distribution (Sect. 4.6.1).

Estimating n_f and D_p requires two equations to calculate those two unknowns. The first equation is the bulk solid
fraction over the floc size distribution using solid fraction theory (Eq. 2):

$$\bar{\varphi} = \sum_{i=1}^{n} \varphi_i = \sum_{i=1}^{n} f_i \left(\frac{D_{fi}}{D_p}\right)^{n_f-3} , \tag{9}$$

where f_i is the volume fraction in the ith floc size class from the floc size distribution, and n is the number of floc size classes
455 (36). We assumed that a single D_p applies across the floc size distribution, but primary particle diameter might vary with floc
diameter (Nicholas and Walling, 1996). The second equation is the mean settling velocity over the floc size distribution using
the explicit model (Eq. 1):

$$\overline{w_s} = \sum_{i=1}^{n} w_{si} = \sum_{i=1}^{n} f_i \frac{R_s g D_p^2}{b_1 \Omega_i \nu} \left(\frac{D_{fi}}{D_p}\right)^{n_f-1} , \tag{10a}$$

which we set equal to the explicit model settling velocity with mean values of input variables:

460 $$\overline{w_s} = \frac{R_s g \bar{\varphi} \overline{D_f}^2}{b_1 \bar{\Omega} \nu} , \tag{10b}$$

where $\overline{D_f}$ (m) is the geometric mean floc diameter calculated from the floc size distribution and $\bar{\Omega}$ is the mean drag ratio.
Although Eq. (9) and (10a) both use fractal solid fraction theory (Eq. 2), they represent distinct constraints because they
integrate over different parameters (solid fraction in Eq. 9; settling velocity in Eq. 10). We substituted $\bar{\varphi}$ in Eq. (10b) with Eq.
(9), set the resulting $\overline{w_s}$ equal to Eq. (10a), and rearranged terms to obtain:

465 $$\frac{\sum f_i \frac{\bar{\Omega}}{\Omega_i} D_{fi}^{n_f-1}}{\sum f_i D_{fi}^{n_f-3}} = \overline{D_f}^2 , \tag{11}$$

We assumed that the effect of $\overline{\Omega}/\Omega_i$ on the summation in Eq. (11) is small and neglected it (i.e., $\sum f_i\,(\overline{\Omega}/\Omega_i)D_f^{n_f-1} = \sum f_i D_f^{n_f-1}$). This assumption is justified because n_f estimates align well with typical n_f for natural flocs (Sect. 5.6). As such, n_f remains as the only unknown in Eq. (11) because the rest of the variables, f_i, D_{fi}, and $\overline{D_f}$, are all known from the floc size distribution (Sect. 4.6.1). We numerically solved Eq. (11) to calculate n_f for each sediment sample. We then solved Eq. (9) for
470   D_p using f_i, n_f, and the known bulk solid fraction, $\overline{\varphi}$ (Sect. 4.6.1). We estimated uncertainty on floc concentration, n_f, and D_p as the 95% bounds on the bootstrap distribution from 1000 bootstrap replicates of resampling the assigned LISST measurements that go into the floc size distribution and concentration (Sect. 4.6.1).

To test the fractal D_p model (Eq. 5), we compared its predictions to our effective primary particle diameter estimates. We used the number distribution, rather than the volume distribution, to calculate the moments in Eq. (5) because primary
475   particles are added one-by-one as flocs grow. We constructed the number distribution by dividing the volume fraction in each size class by the cube of the grain diameter and renormalizing the distribution.

4.6.3 Drag Ratio

The remaining parameter in the explicit model is the drag ratio, Ω. We solved the explicit model (Eq. 1) for Ω using n_f, D_p, and floc cam-measured floc diameter and settling velocity for each floc cam observation (Sect. 4.4). We used these Ω estimates
480   to test permeability models presented in Sect. 2.1. For each permeability model, we identified the range of all possible Ω predictions as a function of fractal dimension, n_f, to test whether our Ω estimates fall within the range. If $D_f = D_p$, then the solid fraction is unity (Eq. 2) for all n_f leading to a maximum $\Omega = 1$ (i.e., impermeable floc). The minimum Ω, $\Omega_{\min}$, at a given n_f occurs at the maximal dimensionless permeability, $\xi_{\max}^{-2}$, because Ω and ξ^{-2} are inversely related (Eq. 3). Although $\xi_{\max}^{-2}$ depends on the permeability model, we present the Davies model only because the Brinkman model yielded similar results
485   (Sect. 5.7). We differentiated the Davies model (Eq. 6) with respect to φ to find $\xi_{\max}^{-2}$ and, in turn, $\Omega_{\min} = \Omega(\xi^{-2} = \xi_{\max}^{-2})$ using Eq. (3):

$$\xi_{\max}^{-2} = \frac{1}{16}\left(\frac{1}{56}\frac{3n_f-5}{23-9n_f}\right)^{\frac{1}{3}\left(\frac{2}{3-n_f}-\frac{3}{2}\right)}, \tag{12}$$

4.6.4 Floc Settling Velocity Distribution

To find the floc settling velocity distribution associated with each sediment sample, we used n_f, D_p, and Ω in the explicit model
490   (Eq. 1) to convert the floc diameters in the floc size distribution into floc settling velocities. In this calculation, we used a best-fit constant drag ratio (Sect. 5.7), $\Omega = 0.51$, because we were unable to constrain Ω for concentration-depth profiles that lack floc cam observations. For the bins at the fine tail in which $D_{fi} < D_p$, we capped the solid fraction at 1 (Eq. 2) to ensure physically meaningful results. We took the floc settling velocity for each class, w_{si}, to be the geometric mean of the floc settling

velocity at the lower and upper boundaries of the class. For each concentration-depth profile, we calculated the depth-averaged floc settling velocity distribution using the trapezoidal rule as described in Sect. 4.1.

5 Results

First, we describe the basic hydrodynamics, sediment properties, and floc observations from the individual measurement methods (Sect. 5.1-5.4). We then present floc variables derived from combining data sources (Sect. 5.5-5.8). We compare effective primary particle diameter and drag ratio to theory and validate them using floc settling velocity inferred from the Rouse-Vanoni equation fitting (Sect. 5.6-5.9). Finally, we validate the semi-empirical model and use it to examine environmental controls on floc properties (Sect. 5.10).

5.1 Hydrodynamics

The sampled profiles span a wide hydrodynamic range in WLD because of discharge seasonality and environment (Fig. 1d; Table 2). The fastest flow occurred at site WO in the spring (~1.5 m s^{-1} depth-averaged) upstream of the delta apex in the Wax Lake Outlet, where the water depth was greatest (30 m) among the sites. Further down the delta, the distributary channel site GP had slower flow velocity (~0.56 m s^{-1} depth-averaged in the spring) and shallower depth (~3.7 m). At site GP, depth-averaged flow velocity in summer was about half (~0.2 to 0.3 m s^{-1}) of that in spring (Fig. 1d). The island sites were sampled in the spring only. These sites had the slowest flow velocities (0.024 and 0.12 m s^{-1}) out of the sampled sites with water depths of ~0.6 m. Shear velocity generally increased with flow velocity, ranging from ~0.006 (in the island) to ~0.1 m s^{-1} (in Wax Lake Outlet). Near-bed Kolmogorov microscale varied inversely with the shear velocity from 130 to 590 μm. Water chemistry measurements show a median salinity of 0.25 ppt and a maximum of 0.29 ppt, confirming that the water was fresh (< 0.5 ppt).

Table 2: Metadata and hydrodynamic data of sampled profiles. Boldface profile name indicates that we collected floc cam images for the profile. Shear velocity uncertainty indicates the 95% confidence interval on the law of the wall fit (Sect. 4.1).

Profile name (Site + season + index)	Date (yyyy-mm-dd)	Number of suspended sediment samples	Water depth (m)	Depth-averaged flow velocity (m s^{-1})	Shear velocity (m s^{-1})	Near-bed Kolmogorov microscale (μm)	Depth-averaged suspended sediment volume concentration ($\times 10^{-5}$)
GP spring 1	2021-03-27	8	3.8	0.55	0.081 ± 0.012	130	5.2

WO spring	2021-03-30	4	30	1.5	0.097 ± 0.0096	200	6.9
M2 spring	2021-04-02	4	0.64	0.12	0.028 ± 0.013	200	7.3
M1 spring	2021-04-02	4	0.59	0.024	0.0063 ± 0.0026	590	4.7
GP spring 2	2021-04-02	4	3.5	0.57	0.058 ± 0.012	170	6.2
GP summer 1	2021-08-18	4	3.4	0.22	0.029 ± 0.012	290	0.69
GP summer 2	2021-08-20	5	3.4	0.34	0.020 ± 0.0062	390	0.54
GP summer 3	2021-08-22	10	3.2	0.25	0.017 ± 0.0047	420	0.61

515 **5.2 Sediment Concentration-Depth Profiles**

Depth-averaged suspended sediment was muddy (~90% mud) and more concentrated in the spring (~6×10^{-5} volume concentration) than in the summer (~6×10^{-6}) because of discharge seasonality (Table 2). The grain size-specific concentration-depth profiles reveal higher concentration closer to the bed for sand, a pattern consistent with Rouse-Vanoni theory (Eq. 8; Fig. 3a). Mud was also stratified despite the expectation of a uniform concentration-depth profile if mud settled as individual 520 grains (Eq. 8), indicating likely flocculation.

The grain diameter versus in situ settling velocity trend from the Rouse-Vanoni equation fitting shows that sediment finer than ~20 μm (i.e., the floc cutoff diameter) was appreciably flocculated at the eight main sample profiles (Fig. 3b; Table 1). Enhanced settling velocity in the grain sizes finer than the floc cutoff diameter is consistent with Lamb et al. (2020) and Nghiem et al. (2022) and indicates the presence of flocculation. Conversely, the in situ settling velocity follows theory well 525 for grain diameters larger than about 20 μm and indicates the absence of flocculation. Although the $\beta = 1$ assumption makes the precise in situ settling velocity values inaccurate, we expect the floc cutoff diameter to be robust because it marks an abrupt change in the settling velocity pattern. We used 20 μm as the floc cutoff diameter to calculate floc size distributions (Sect. 4.6.1).

5.3 LISST Particle Size Distribution and Concentration

530 To demonstrate results prior to additional processing (Sect. 4.6.1), Figure 5 shows the raw LISST-measured in situ particle concentration and size distribution observations. The concentration profiles of flocs and unflocculated sediment (i.e., in situ

particles) measured by LISST had little systematic vertical variation except for the site GP profiles in the spring in which the concentration increased slightly closer to the bed (Fig. 5a). In the spring, the particle volume concentration was ~3×10^{-4} to 5×10^{-4} for all sites except for site M1, which had a slightly smaller concentration of ~2×10^{-4} to 3×10^{-4}. In the summer, particle volume concentration at site GP was much smaller at ~5×10^{-5} to 8×10^{-5} because of the relatively lower discharge.

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Channel sites (WO and GP) had median particle diameters of ~50 to 90 μm, while island sites (M1 and M2) had median particle diameters of ~35 μm, all with minimal vertical variation (Fig. 5b). Depth-averaged particle size distributions were similar across the channel sites for both the spring and summer while the island distributions were skewed toward finer particles (Fig. 5c). The fraction of particles coarser than the floc cutoff diameter (20 μm for these profiles) ranged from ~0.6 to 0.85. The median depth-averaged particle diameter from the LISST ranges from about 3 to 30 times larger than the median grain diameter of the dispersed sediment (Fig. 5d), implying the presence of flocculation.

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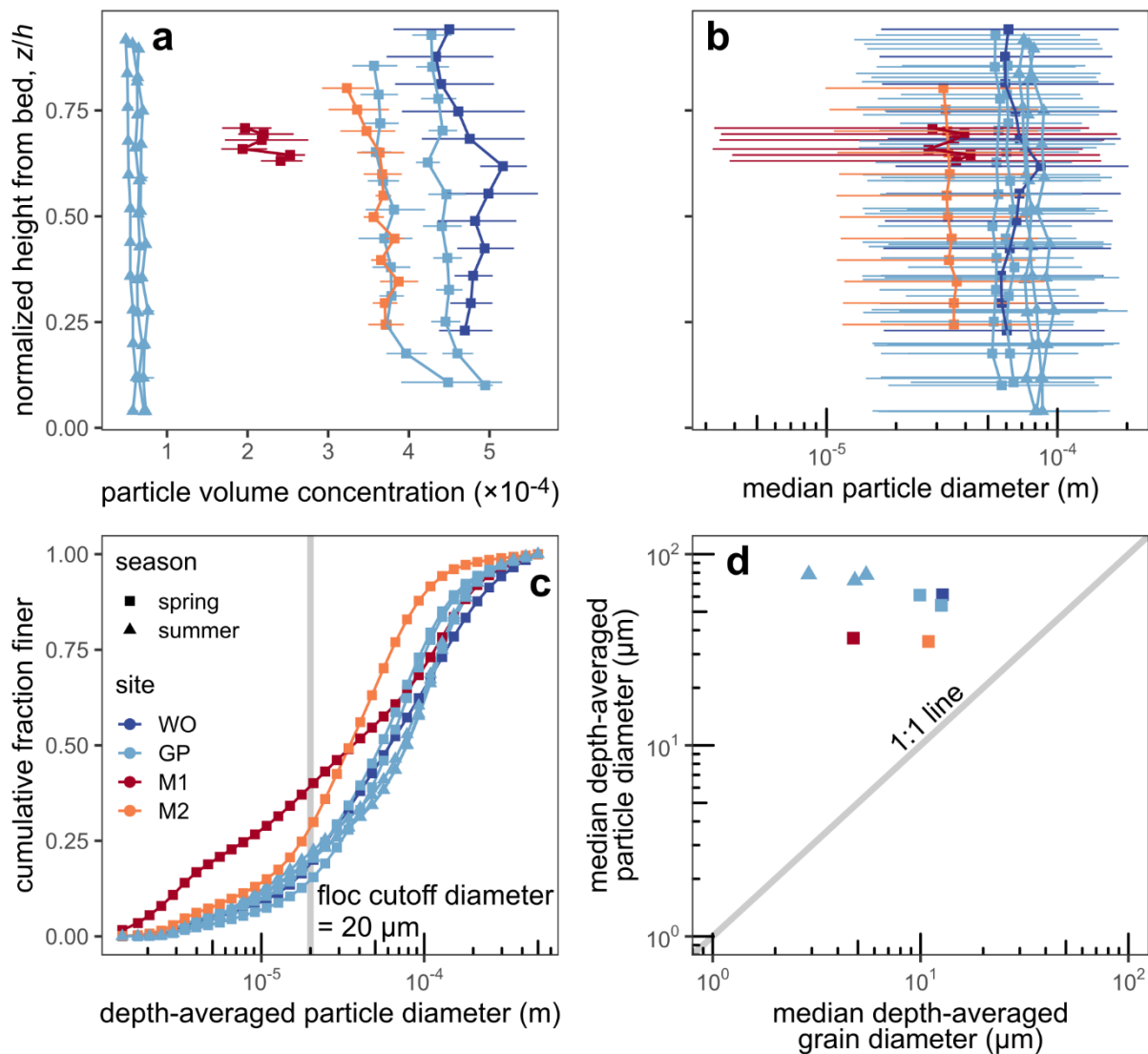
Figure 5: LISST results for in situ particles, which include flocs and unflocculated sediment. (a) Profiles of in situ particle volume concentration from LISST, binned into 12 vertical classes. Horizontal bars represent the 95% bootstrap uncertainty. (b) Profiles of median in situ particle diameter from LISST, binned into 12 vertical classes. Horizontal bars represent the span of the D_{16} and D_{84} particle diameters, the diameters for which 16% and 84% of particles are finer, respectively. (c) Cumulative distribution functions of depth-averaged particle diameter from LISST. (d) Scatterplot of median grain diameter from sediment samples and median particle diameter from LISST. The legend in panel c applies for all panels.

5.4 Floc Cam

Tracked particles imaged by floc cam had diameters of ~70 to 200 μm and settling velocities of ~0.1 to 1 mm s^{-1} (Fig. 6), but we did not know a priori whether these particles were flocs because the image quality did not permit a visual determination. To test whether tracked particles were flocs, Figure 6 compares diameter and settling velocity because, unlike flocs, solid grains follow conventional settling velocity theory (Ferguson and Church, 2004). We concluded that tracked particles were flocs because, for a given diameter, measured settling velocities are slower than settling velocity predictions of solid grains due to the fact that flocs are less dense than sediment grains. Measured settling velocities also are about one order-of-magnitude faster than the predicted settling velocity of a typical 5-μm mud primary particle, also indicating flocculation.
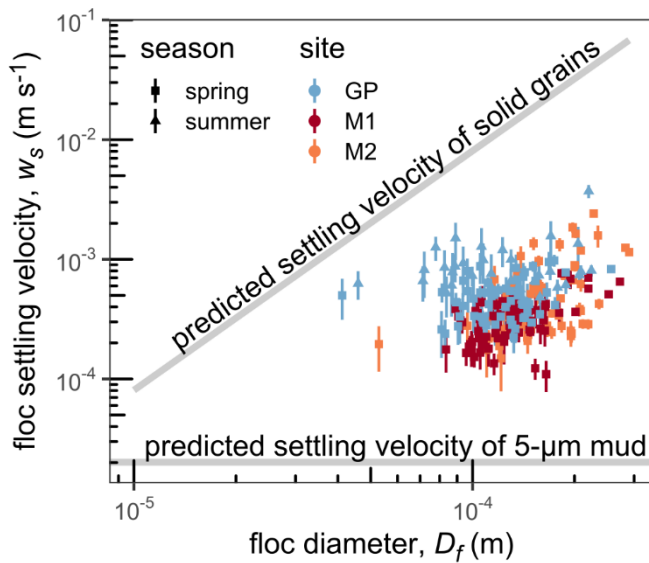
Figure 6: Diameters and settling velocities of floc cam-measured particles, which we inferred to be flocs. Vertical bars indicate the propagated mean standard error on the background displacement estimate (Sect. 4.4).

5.5 Floc Concentration, Size Distribution, and Bulk Solid Fraction

As described in Sect. 4.6.1, we paired concentration and size distribution data for sediment and in situ particles to isolate the floc concentration and size distribution (Table 1). Floc volume concentration was ~3×10^{-4} to 5×10^{-4} for the sites in the spring except for site M1, which had a smaller concentration of ~2×10^{-4} to 3×10^{-4} (Fig. 7a). All floc concentrations in the summer were far smaller than the concentrations in the spring at ~5×10^{-5} to 8×10^{-5} because of the relatively lower discharge. These concentration trends are similar to those for the particles (Sect. 5.3).
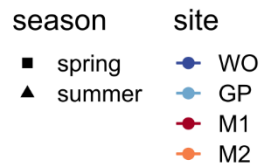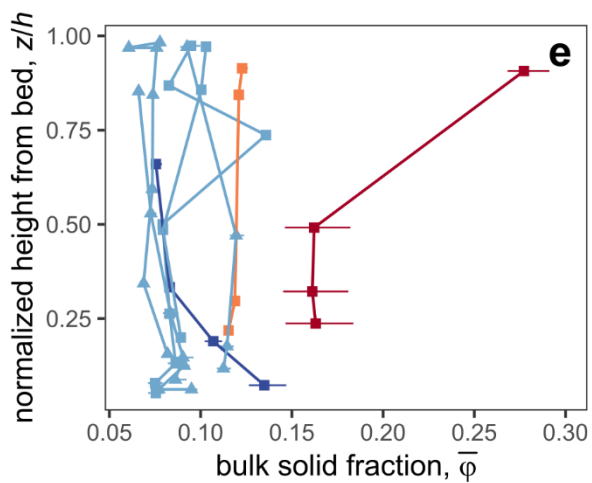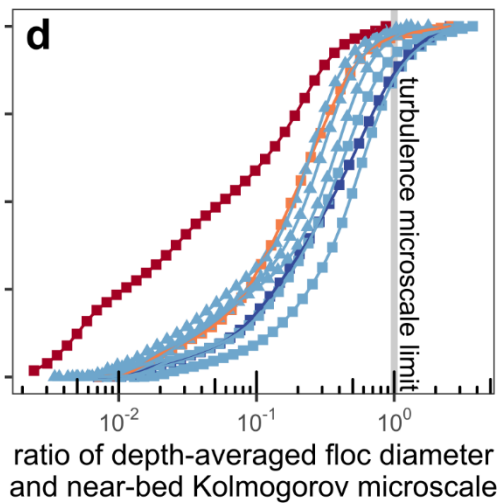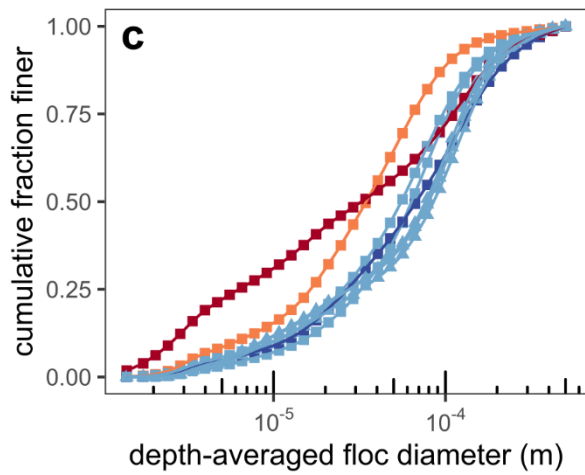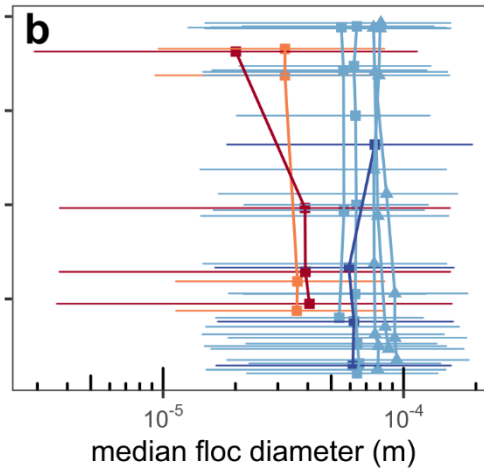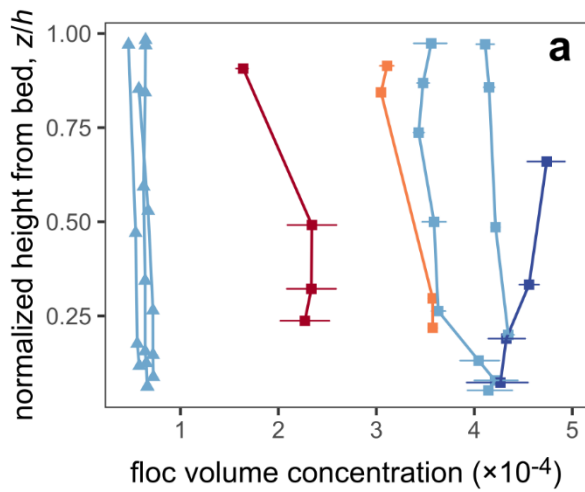
570   **Figure 7: Floc concentration, size, and bulk solid fraction results. (a) Profiles of floc volume concentration. Horizontal bars represent the 95% bootstrap uncertainty. (b) Profiles of median floc diameter. Horizontal bars represent the span of the D_{16} and D_{84} floc diameters. (c) Cumulative distribution functions of depth-averaged floc diameter. (d) Cumulative distribution functions of the ratio of depth-averaged floc diameter and near-bed Kolmogorov microscale. (e) Profiles of bulk solid fraction. Horizontal bars represent the 95% bootstrap uncertainty.**

575

    Median floc diameter, $D_{f,50}$ (m), was ~50 to 90 μm for channel sites and ~35 μm for island sites with little vertical variation (Fig. 7b). Overall, flocs were ~1 to 100 μm in diameter (Fig. 7c). Depth-averaged floc size distributions at the channel sites were similar for spring and summer (Fig. 7c). In contrast, the floc size distributions at the island sites were enriched in finer flocs. About 85 to 100% of flocs (by volume) were smaller than the near-bed Kolmogorov microscale (Fig. 7d), consistent

580   with the idea that the Kolmogorov microscale sets the maximum floc size (Van Leussen, 1988; Kuprenas et al., 2018). Flocs larger than the near-bed Kolmogorov microscale might either break up once they reach the elevated near-bed shear stress or, if they are sufficiently strong, withstand breakage and deposit on the bed (Mehta and Partheniades, 1975). Floc size distributions yield a typical floc Reynolds number of 0.5, indicating minor inertial effects and justifying neglect of the inertial term in the explicit model (Strom and Keyvani, 2011).

585   After isolating the primary particle and floc volume concentrations (Sect. 4.6.1), we took the ratio of the concentrations as the floc bulk solid fraction. Bulk solid fraction ranged from ~0.05 to 0.3, but mostly smaller than 0.15, and showed little systematic vertical variation (Fig. 7e). Bulk solid fraction in the island was typically higher (> 0.15 at M1; > 0.1 at M2) than that in the channel (< 0.1) because flocs in the island were finer (Fig. 7bc) and hence denser (Eq. 2) than those in the channel. Overall, these bulk solid fractions agree with prior floc density measurements (e.g., Van Leussen, 1988).

590   **5.6 Fractal Dimension and Effective Primary Particle Diameter**

    Figure 8a displays fractal dimension, n_f, and effective primary particle diameter, D_p, two key explicit model parameters that we derived using the floc size distribution and bulk solid fraction (Sect. 4.6.2; Table 1). n_f is narrowly constrained to ~2 to 2.15, which is well within the expected range of 1.7 to 2.3 for natural flocs (Tambo and Watanabe, 1979; Winterwerp, 1998). We deemed $n_f = 2.1$ to be representative. Smaller n_f in the island compared to that in the channel might indicate floc response

595   to changes in factors like turbulence, sediment concentration, organic matter, and water chemistry. Effective primary particle diameter, D_p, is tightly constrained to ~2 μm with a range of ~1 to 3 μm. No clear trend is apparent between n_f and D_p.
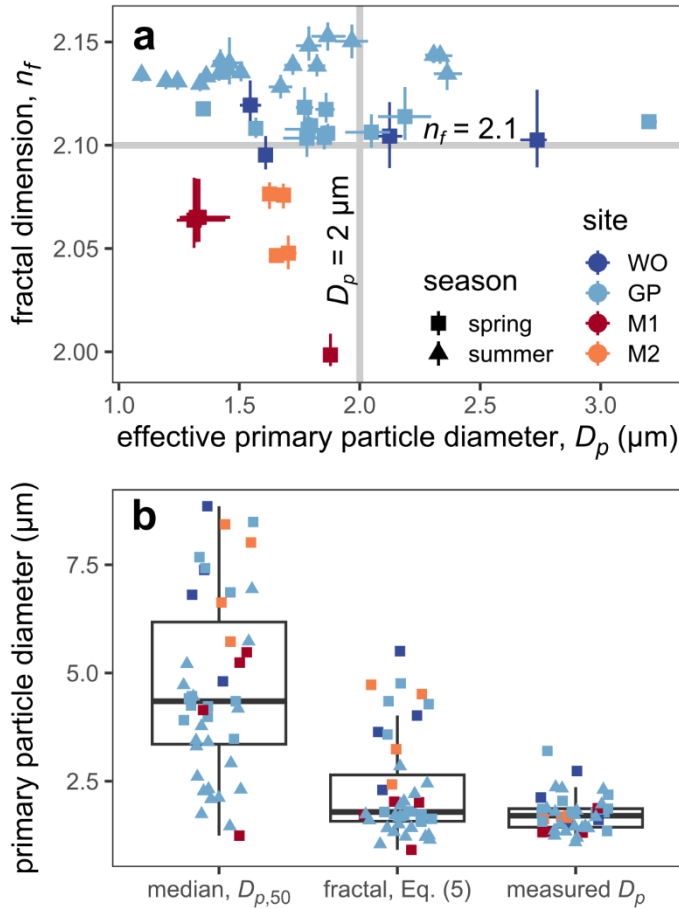
Figure 8: (a) Fractal dimension and effective primary particle diameter. Horizontal and vertical bars represent the 95% bootstrap uncertainty. Bars are smaller than the points where they are not visible. (b) Effective primary particle diameter, D_p, model comparison. We calculated median primary particle diameters from primary particle size distributions (Sect. 4.6.1). We calculated fractal D_p using Eq. (5) on number-based primary particle size distributions (Sect. 4.6.2). Measured D_p were estimated from data (Sect. 4.6.2).

We compared our D_p estimates, fractal D_p predictions (Eq. 5), and median primary particle diameters, $D_{p,50}$, to test whether the fractal model or the median better predicts the effective primary particle diameter (Fig. 8b). Figure 8b shows that the fractal D_p model reasonably reproduces measured effective primary particle diameters, D_p, in contrast to the median assumed in past studies (e.g., Syvitski et al., 1995; Strom and Keyvani, 2011). D_p values are about a factor of 2 on average and up to a factor of 6 smaller than the median, indicating that the median is a poor representation of D_p. But in some cases, the fractal model still overestimates D_p by a factor of about 2 to 3. Potential error in converting a volume-based size distribution to a number-based distribution might be responsible for the misfit.
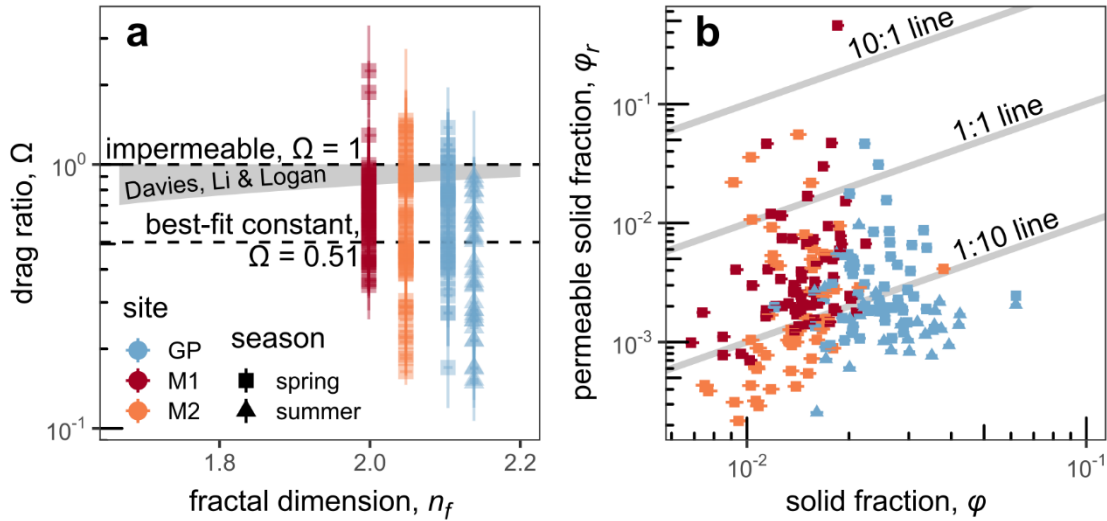
5.7 Drag Ratio

We estimated the final unknown in the explicit model, the drag ratio, Ω, by solving the explicit model (Eq. 1) with n_f, D_p, and floc cam-measured diameter and settling velocity (Sect. 4.6.3; Table 1). Overall, Ω estimates span a wide range from ~0.15 to 1 (Fig. 9a), indicating that permeability enhances floc settling velocity and reduces floc drag force by up to a factor of 7. High variability in Ω exists even within the same floc cam deployment. Although some Ω values exceed 1, ~90% of the data fall between 0 and 1 indicating that our estimates are physically reasonable.

We used our Ω measurements to test the ability of permeability models to predict drag ratio. We first tested four existing models, the Brinkman and Davies models and their Li and Logan variants (Sect. 2.1), but only present the Davies model and its Li and Logan modification because the other models yielded similar results. Figure 9a shows fractal dimension and drag ratio for each floc cam observation against the field of all possible model predictions defined by the zone between Ω_{min} (Eq. 12) and 1 for the Davies model and its Li and Logan variant. The zone is the same for the two models because Ω_{min} only depends on fractal dimension (Eq. 3; Eq. 12). As a result, the Li and Logan strategy, replacing D_p with a larger cluster diameter, D_c, does not affect the range of Ω predictions. Both models are largely incompatible with the data because ~88% of the data (excluding $\Omega > 1$ data) lie below the zone of possible Ω.

The discordance between our measured values of Ω and the Davies model is probably because natural flocs violate the model assumptions of uniform porosity and a single primary particle size. However, a complete 3-D rendering of floc structure is generally not known or practical, making a full model of non-uniform flow paths difficult to implement. Instead, we explored an empirical approach to modify the Davies model (Eq. 6) by replacing φ with a permeable solid fraction, φ_r, but keeping the same D_p/D_f. That is,

$$\xi^{-2} = \left(\frac{D_p}{D_f}\right)^2 [16\varphi_r^{1.5}(1 + 56\varphi_r^3)]^{-1}, \tag{13}$$

where the permeable solid fraction, $\varphi_r = \left(D_f/D_p\right)^{n_r-3}$, and n_r is the permeable fractal dimension (analogous to Eq. 2). This permeable solid fraction model gives another degree of freedom, φ_r or n_r, to capture potential impacts of non-uniform porosity and primary particle size distribution on permeability. Unfortunately, we could not predict φ_r independent of Ω. Instead, we inverted our Ω estimates for values of φ_r and n_r that yield a perfect match between theory for Ω (Eq. 3 and 13) and observations (Fig. 9a). Figure 9b shows the values of φ_r that cause agreement between theory and data. In most cases, φ_r is smaller than φ (median $\varphi_r/\varphi = 0.12$; IQR/2 = 0.10). We interpreted this result to indicate that φ_r represents the subset of primary particles that set the main through-flow conduits because not all primary particles contribute to through-flow and drag (see Sect. 6.3 for more discussion). n_r estimates range between 1.06 and 2.80 with a median of 1.57. The fact that all n_r values fall within the physically meaningful range of 1 to 3 supports using the permeable solid fraction model (Eq. 13) to overcome the assumptions in the Davies model.

29

Figure 9: Drag ratio results from combining the explicit model and floc cam-measured floc settling velocity. (a) Fractal dimension and measured drag ratio. The shaded area indicates the field of all possible drag ratios under the Davies model (Eq. 6) and its Li and Logan modification. Drag ratio bars indicate the propagated mean standard error on the background displacement estimate (Sect. 4.4) and propagated 95% bootstrap uncertainty on n_f and D_p. (b) Solid fraction and permeable solid fraction according to the permeable solid fraction model based on the Davies model. Horizontal bars represent the propagated 95% bootstrap uncertainty on n_f and D_p. The legend in panel a applies for all panels.

5.8 Floc Settling Velocity

To calculate floc settling velocity distributions, we used the measured n_f, D_p, and Ω in the explicit model to convert the floc size distributions (Sect. 4.6.4). We used a best-fit constant $\Omega = 0.51$ because we only had Ω estimates associated with only four concentration-depth profiles that had floc cam measurements (Table 1; Fig. 9a). Median floc settling velocities at the channel sites in spring and summer were ~0.2 to 0.5 mm s^{-1} (Fig. 10a). Island sites had median floc settling velocities of about 0.1 mm s^{-1}, with a substantial fraction of floc settling velocity of order 0.01 mm s^{-1}. No vertical trends in median settling velocity were apparent. Depth-averaged floc settling velocity broadly ranged from ~0.1 to 1 mm s^{-1} (Fig. 10b). Finer floc sizes (Fig. 7c), despite larger bulk solid fractions (Fig. 7e), in the island caused slower floc settling velocity in the island compared to that in the channels (Fig. 10b).
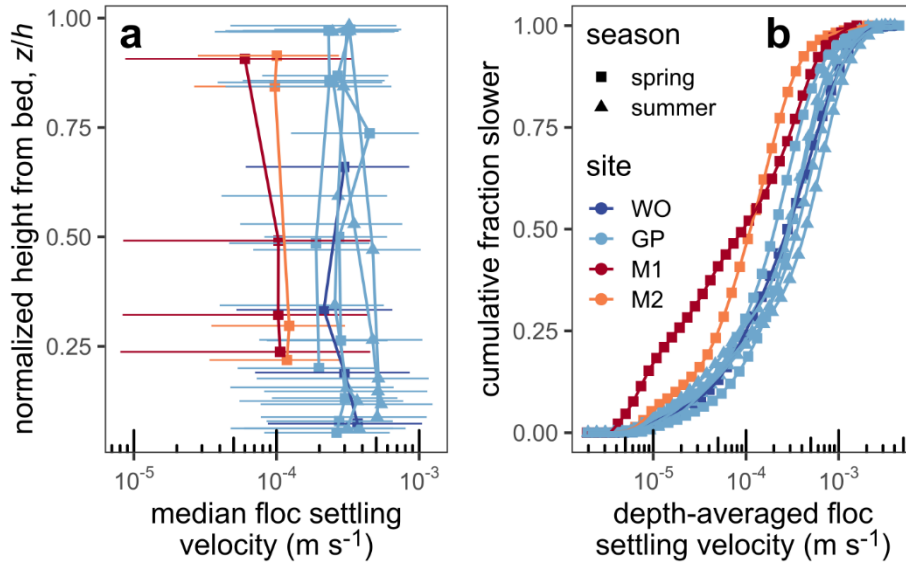
660

Figure 10: Floc settling velocity results. (a) Profiles of median floc settling velocity. Horizontal bars represent the span of the 0.16 and 0.84 quantile floc settling velocities. (b) Cumulative distribution functions of depth-averaged floc settling velocity. The legend in panel c applies for all panels.

5.9 Validating the Explicit Model

We compared Rouse-estimated floc settling velocities (Sect. 4.5) and explicit model predictions as an integrated test of the estimated n_f, D_p (Sect. 5.6), and Ω (Sect. 5.7) because these settling velocity estimates are independent. Figure 11 shows that Rouse-estimate floc settling velocity displays a strong linear trend with the median from the explicit model excepting the data point at site WO. Although we assumed a floc diffusivity ratio, β_{fl}, of unity to calculate the Rouse-estimated floc settling velocities (Sect. 4.5), the data indicate that $\beta_{fl} = 0.32$ optimizes the correlation between the settling velocities well within error. $\beta_{fl} = 0.32$ is realistic because it matches previously estimated diffusivity ratios (Nghiem et al., 2022) and ranges predicted by diffusivity ratio models (e.g., De Leeuw et al., 2020). As a result, we concluded that the Rouse-estimated settling velocity validates well our parametrization of the explicit model.
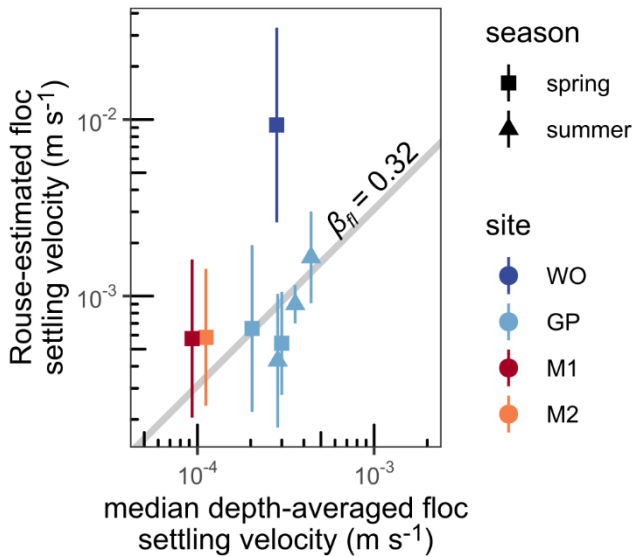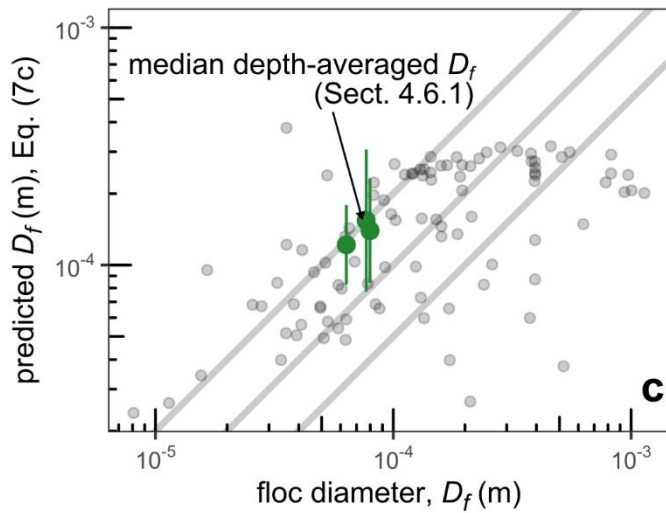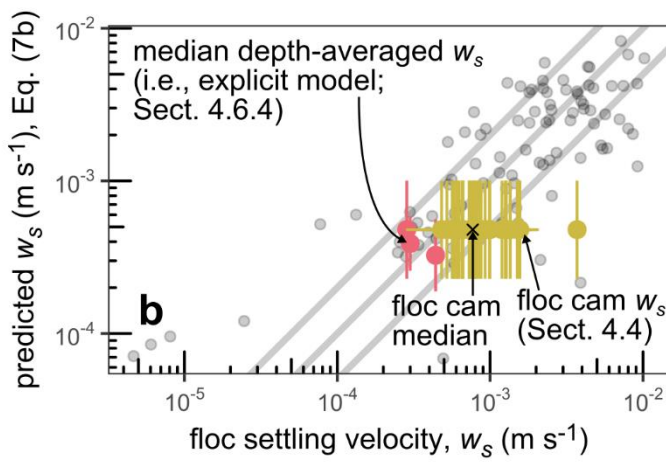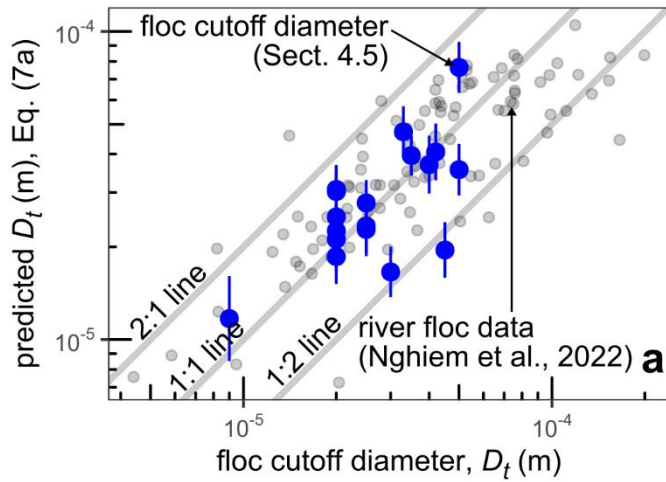
675

Figure 11: Rouse-estimated floc settling velocity, using $\beta_{fl} = 1$, and median depth-averaged floc settling velocity computed using estimates of n_f, D_p, and Ω in the explicit model. $\beta_{fl} = 0.32$ indicates the best-fit floc diffusivity ratio. Vertical bars indicate the 95% confidence interval on shear velocity (Sect. 4.1) and standard deviation of Rouse-estimated floc settling velocity (Sect. 4.5).

5.10 Validating the Semi-Empirical Model

680   Figure 12 shows the validation of the semi-empirical model. We compared the semi-empirical model predictions (Eq. 7; Nghiem et al., 2022) and the observed floc cutoff diameter (sediment concentration-depth profiles, Rouse-Vanoni theory; Sect. 4.5), floc settling velocity (floc cam, LISST combined with sample data; Sect. 4.6.4), and floc diameter (LISST combined with sample data; Sect. 4.6.1). We used the median of the depth-averaged distribution for floc settling velocity and floc diameter in the comparison because the semi-empirical model was calibrated on depth-averaged data (Nghiem et al., 2022). The semi-

685   empirical model predicts the floc cutoff diameter well within a factor of ~2 of measurements and capture the overall data trend (Fig. 12a). The measured floc cutoff diameter is not simply equal to 20 μm because the extra profiles without LISST and floc cam data have varying floc cutoff diameters from 20 to 50 μm. Floc settling velocity predictions of the semi-empirical model agree well in a factor of 2 with the floc cam median and LISST-based floc settling velocity measurements (Fig. 12b). Since we used the explicit model to calculate floc settling velocity distribution (Sect. 4.6.4), Fig. 12b also confirms the consistency

690   between the semi-empirical and explicit models. The floc diameter results indicate that the semi-empirical model predicts adequately within a factor of 2, albeit with a limited number of data points (Fig. 12c). The reasonable performance of the semi-empirical model against direct measurements in WLD validates the model.

32

a

floc cutoff diameter (Sect. 4.5)

2:1 line
1:1 line
1:2 line
river floc data (Nghiem et al., 2022)

predicted D_t (m), Eq. (7a)

floc cutoff diameter, D_t (m)

b

median depth-averaged w_s (i.e., explicit model; Sect. 4.6.4)

floc cam median

floc cam w_s (Sect. 4.4)

predicted w_s (m s^{-1}), Eq. (7b)

floc settling velocity, w_s (m s^{-1})

c

median depth-averaged D_f (Sect. 4.6.1)

predicted D_f (m), Eq. (7c)

floc diameter, D_f (m)

Figure 12: Measured and semi-empirical model predictions of (a) floc cutoff diameter (Eq. 7a), (b) floc settling velocity (Eq. 7b), and (c) floc diameter (Eq. 7c). Gray points are the data that Nghiem et al. (2022) used to calibrate the semi-empirical model. Vertical bars represent the 95% confidence interval of predictions. The floc cam data have the same predicted floc settling velocity because they represent a single floc cam deployment. Data for which water chemistry was not measured are omitted because they lack semi-empirical model predictions, which explains the absence of floc cam data in panel c.

700   To demonstrate environmental effects on flocculation, we followed Nghiem et al. (2022) and plotted the predictors in the semi-empirical model against the floc cutoff diameter (normalized to remove the effects of other variables and by the median) because the floc cutoff diameter model (Eq. 7a) displays the best correlation with measurements (Fig. 12). We expect similar patterns for floc settling velocity and diameter because the floc variables correlate with each other (Nghiem et al., 2022). Turbulence, through the Kolmogorov microscale, limits floc size and settling velocity (Fig. 13a) because the semi-

705 empirical model assumes that floc growth and breakage rates are balanced (Fig. 7d). As depth-averaged median primary particle diameter increases, coarser and faster settling grains can be added to flocs (Fig. 13b). Higher sediment concentration enhances flocculation by increasing particle collision rate (Fig. 13c). The effect of organic matter, as quantified by the organic cover fraction, θ, promotes flocculation at low values, but is predicted to have an opposite effect once $\theta > 0.5$ because high organic coverage stabilizes sediment surfaces from aggregation (Fig. 13d). Sediment Al/Si and relative charge density, Φ, vary

710 inversely with floc properties because they might preferentially cause clay flocculation and exclude faster settling silt grains from flocs (Fig. 13ef). These trends for WLD are similar to those found for global rivers (Nghiem et al., 2022).
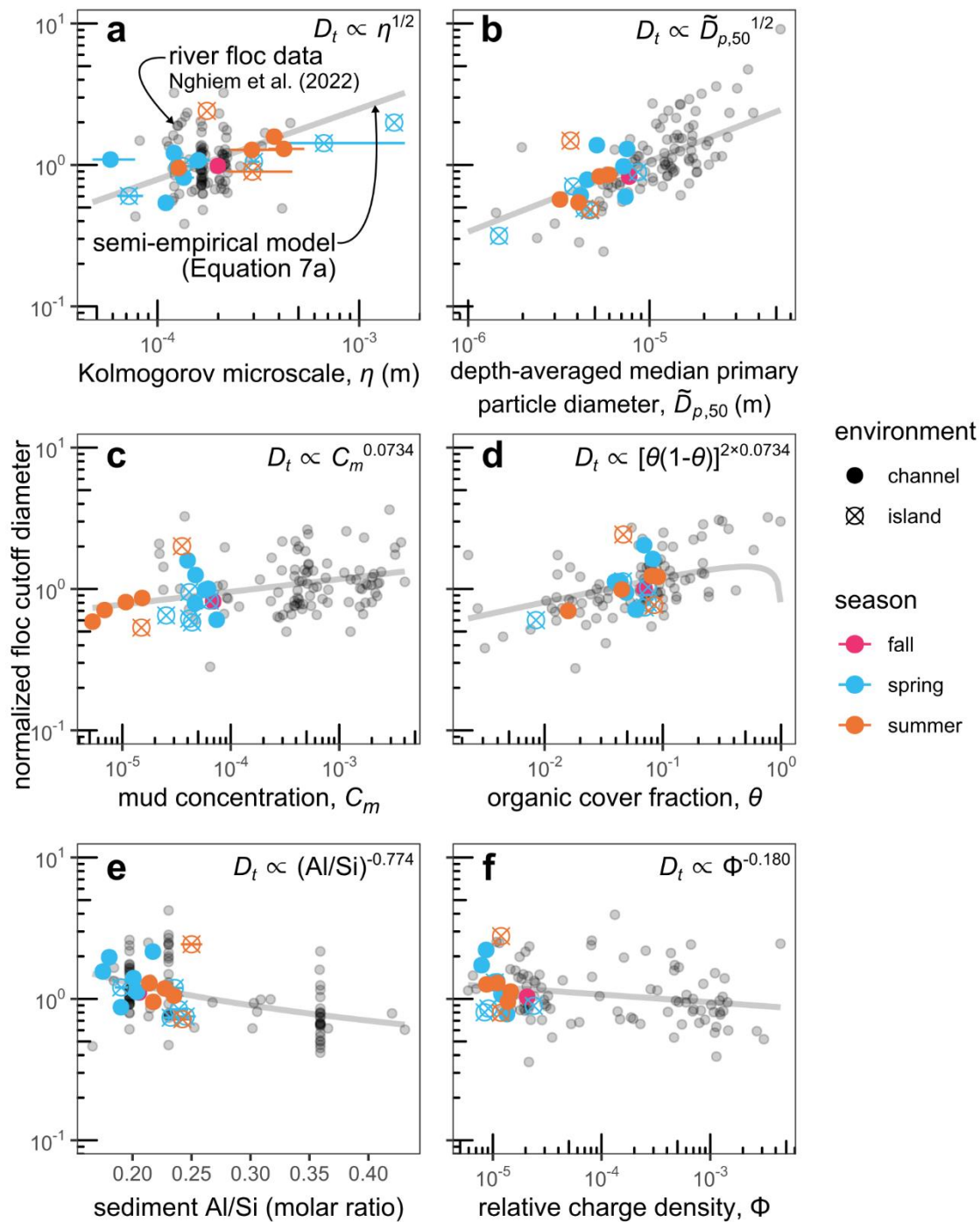
Figure 13: Semi-empirical model predictors plotted against floc cutoff diameter, D_t, normalized by the effects of all other predictors in the floc model (Eq. 7a). Gray curves indicate the model prediction. Horizontal bars indicate the (a) 95% confidence interval on

shear velocity, (d) 1-σ error on percent weight organic carbon, or (e) 95% confidence interval on Al/Si estimates. The labels in panel a apply to all panels.

6 Discussion

6.1 Leveraging Multiple Floc Data Sources

720 By combining three floc data sources (in situ laser diffraction, camera, sediment concentration-depth profiles), we overcame the limitations of the individual data sources and derived a nearly complete accounting of floc properties, including floc diameter, solid fraction, floc settling velocity, fractal dimension, effective primary particle diameter, and drag ratio. In situ laser diffraction data alone are limited because they record a mixture of flocs and unflocculated sediment grains (e.g., Livsey et al., 2022). We developed a technique to isolate floc concentration and size distribution by separating flocs and unflocculated

725 grains (Fig. 4) using in situ laser diffraction data and sediment concentration-depth profiles (Sect. 4.6.1). From this technique, we also computed primary particle concentration and size distribution and floc bulk solid fraction (i.e., ratio of primary particle and floc concentrations).

In past studies, a key knowledge gap was the role of effective primary particle diameter and drag ratio on floc settling velocity in the explicit model (e.g., Strom and Keyvani, 2011) because camera-measured floc diameter and settling velocity

730 data were insufficient to separate those variables. We leveraged floc size distribution and bulk solid fraction to compute fractal dimension and effective primary particle diameter (Sect. 4.6.2). With an independent estimate of effective primary particle diameter, we could then use floc cam-measured floc diameter and settling velocity and fractal dimension to estimate drag ratio (Sect. 4.6.3). Our ability to disentangle effective primary particle diameter and drag ratio thus paved the way to test theory.

Although our data synthesis proved successful at furnishing many floc properties and holds good potential for future

735 field studies, it still has limitations. We could only estimate a single effective primary particle diameter for each floc size distribution, but the effective primary particle diameter might vary within the floc size distribution especially at the fine tail where floc and effective primary particle diameters might be on a similar scale. There is some uncertainty combining LISST and suspended sediment sample data. We assumed that they measured statistically equivalent material because they did not strictly measure the exact same material. We assumed that all sediment finer than the floc cutoff diameter was flocculated

740 across the water column (Sect. 4.5), but some fraction of this sediment could actually be unflocculated. We could not determine this fraction with our data.

6.2 Predicting Floc Settling Velocity

The explicit and semi-empirical floc settling velocity models are consistent with each other (Fig. 12b), indicating that model choice depends on the scale of interest and data availability. The explicit model is at the scale of the individual floc whereas

745 the semi-empirical model is depth-averaged. We were able to compare the models because the depth-averaged floc settling velocity distributions represent a depth-averaging of the explicit model, which was used to calculate floc settling velocity

distributions (Sect. 4.6.4). The semi-empirical model has the advantage of relying on geochemical data that can be easier to measure compared to the floc-specific parameters in the explicit model.

Although we used joint camera, in situ particle sizing, and suspended sediment concentration and grain size distribution profiles to constrain effective primary particle diameter and drag ratio in the explicit model, we suggest that the explicit model can still be used to predict floc settling velocity given only suspended sediment grain size distribution and floc diameter (e.g., through camera or in situ particle sizing data). The primary particle size distribution can be obtained from the suspended sediment grain size distribution by choosing a floc cutoff diameter (in the range of ~20 to 50 μm; Nghiem et al., 2022) and removing coarser sediment from the distribution (Sect. 4.6.1). The fractal dimension of natural flocs can be assumed to be 2 (Winterwerp, 1998). The fractal dimension and primary particle size distribution feed into Eq. (5) to predict effective primary particle diameter. Predicting drag ratio remains a challenge because prior analytical permeability models were inconsistent with our drag ratio estimates (Fig. 9a). For simplicity, Ω can be assumed to be an appropriate constant based on additional field measurements or left as a tuning parameter.

The semi-empirical model predicts floc cutoff diameter, diameter, and settling velocity as a semi-empirical function of water chemistry, organic matter, sediment mineralogy and concentration, and turbulence in the absence of a purely mechanistic theory to link these factors. The full unsteady form of the semi-empirical model, along with existing dynamic flocculation models (e.g., Xu et al., 2008; Son and Hsu, 2011; Shen et al., 2018), can be used to predict floc settling velocity through time and space in a sediment transport model. However, this approach can be computationally expensive and require parameters that are difficult to constrain. Our analysis suggests the assumption of local equilibrium is a reasonable simplification to predict floc properties because our observations are consistent with the equilibrium semi-empirical model (Fig. 12). This fact implies that flocs quickly adjust to their local conditions, a behavior that has some experimental evidence (Tran et al., 2018). In fact, we suggest that using a single constant floc settling velocity for the mud settling velocity (Roberts et al., 2000; Braat et al., 2017) might be reasonable in alluvial channels because tradeoffs between turbulence, sediment concentration, and primary particle size and mineralogy might offset each other (Sect. 6.4).

6.3 Role of Effective Primary Particle Diameter and Drag Ratio on Floc Settling Velocity

Our results indicate that the effective primary particle diameter should follow a fractal theory that conserves the volume and fractal space of the original primary particles (Bushell and Amal, 1998; Eq. 5; Fig. 8b) in contrast to past work that treated D_p as an average length scale of primary particles (Syvitski et al., 1995; Strom and Keyvani, 2011). If one assumed D_p is the median, then one would overestimate the solid fraction and floc settling velocity by a factor dependent on the fractal dimension (Eq. 1 and 2). In our data, this factor ranges from 1 (no effect) to 5 and has a median of 2.2. We expect the fractal model to hold in saline environments too because it is based on geometric principles.

We used a new permeable solid fraction model to determine the physical reason our drag ratio estimates are incompatible with existing permeability models. Natural flocs are distinct because they have non-uniform porosity (Eq. 2) and a primary particle size distribution. These features probably caused the much smaller drag ratios (higher permeability) than

could be predicted by prior permeability models (Fig. 9a). The Li and Logan strategy attempts to account for non-uniform porosity by replacing the effective primary particle diameter with a larger cluster diameter representing the clusters that form the main flow paths through the floc. However, this approach is very limited because, as recognized by Kim and Stolzenbach (2002), the increase in permeability caused by the Li and Logan modification is small because an effective increase in the solid fraction partially offsets larger pores caused by primary particle clustering. Kim and Stolzenbach (2002) found that the original Davies model (Eq. 6) performed well at predicting the hydrodynamic drag on fractal aggregates with non-uniform porosity, suggesting that the Davies model is suitable for flocs in contrast to our findings (Fig. 9a). If non-uniform porosity caused by fractal structure is not the source of the discrepancy between our drag ratio estimates and the Davies model, then it is likely the primary particle size distribution because Kim and Stolzenbach (2002) did not test aggregates containing many primary particle sizes. The permeable solid fraction model offers a physical explanation because the permeable solid fraction is, on average, 12% of the true solid fraction (Fig. 9b). This result suggests that a subset of the primary particles composes the portion of the floc structure (characterized by the permeable fractal dimension) responsible for conducting flow through the floc. The rest of the primary particles might be shielded from the flow because of their configuration with respect to adjacent larger particles and do not contribute to permeability. The configuration of organic matter within flocs might also affect permeability by controlling flow paths. It is difficult to study all these effects because the complete floc structure must be known, but recent advances in 3-D floc imaging might facilitate more detailed studies (Lawrence et al., 2022; Lawrence et al., 2023).

Although the drag ratio estimates depend on the assumed floc shape, floc shape is not responsible for the inability of existing permeability models to reproduce the drag ratio. Floc shape affects the shape factor, b_1, in the explicit model. Larger values of b_1 cause smaller drag ratio estimates (Sect. 4.6.3). Stokes law shows that $b_1 = 18$ (Stokes, 1851) for an impermeable sphere ($\Omega = 1$). Strom and Keyvani (2011) suggested that $b_1 \sim 20$ is suitable for flocs with $n_f < 2$, but $b_1 = 120$ for flocs with $n_f \geq 2.5$. Regardless of the precise value of b_1, particle shape effects only cause $b_1 > 18$ because shape irregularities induce more drag (McNown and Malaika, 1950; Dietrich, 1982). We used a relatively low value of $b_1 = 20$ (Ferguson and Church, 2004) to calculate the drag ratio. Higher b_1 would only further amplify floc permeability and widen the discrepancy with theory.

6.4 Environmental Controls on Flocculation

The semi-empirical model trends in Fig. 13 show the major environmental controls on flocs in WLD and globally. However, these variables are not independent. We hypothesize that turbulence causes correlation and feedbacks between these factors through sediment entrainment and settling dynamics in alluvial systems. To test this hypothesis, Figure 14 compares Kolmogorov microscale, which scales inversely with turbulence intensity, and semi-empirical model parameters. For rivers and WLD channels, Kolmogorov microscale correlates with finer primary particle diameter and higher Al/Si because more turbulent flows (smaller microscale and higher shear velocity) entrain and suspend coarser sediment (Fig. 14ab). Coarser primary particles have distinct mineralogy (lower Al/Si) than finer grains. Higher mud concentration corresponds to smaller

Kolmogorov microscale because higher fluid stress entrains more sediment from the bed (Fig. 14c). Flows with higher turbulent energy can also maintain faster-settling flocs, if conditions permit their formation, in the water column (Eq. 8; Dunne et al., 2024). All else equal, these interactions indicate that higher turbulence intensity correlates with larger floc cutoff

815 diameter, faster floc settling velocity, and larger floc diameter (Eq. 7) in alluvial channels. However, increases in turbulence intensity offset these effects because they cause floc breakage at equilibrium, leading to a negative feedback. These patterns are not evident in the WLD island because variables are poorly correlated with Kolmogorov microscale (Fig. 14) potentially owing to more complicated two-dimensional and unsteady effects on sediment transport (Geleynse et al., 2015; Bevington et al., 2017).

820   We argue that turbulence is the overriding variable controlling flocculation in global rivers and the channels of WLD because it not only directly affects particle collisions, floc breakage (Winterwerp, 1998), and flow competence with respect to flocs, but also sets concentration and primary particle size and mineralogy. The negative feedback demonstrates that flocculation can buffer partially against spatiotemporal changes in turbulence, a mechanism that might explain observations of limited floc settling velocity variation (~0.2 to 0.6 mm s^{-1}) across seasons in the Mississippi River (Osborn et al., 2023) and,

825 more broadly, the limited global variation of ~0.1 to 1 mm s^{-1} (e.g., Hill et al., 2000; Mikkelsen et al., 2007; Nghiem et al., 2022).
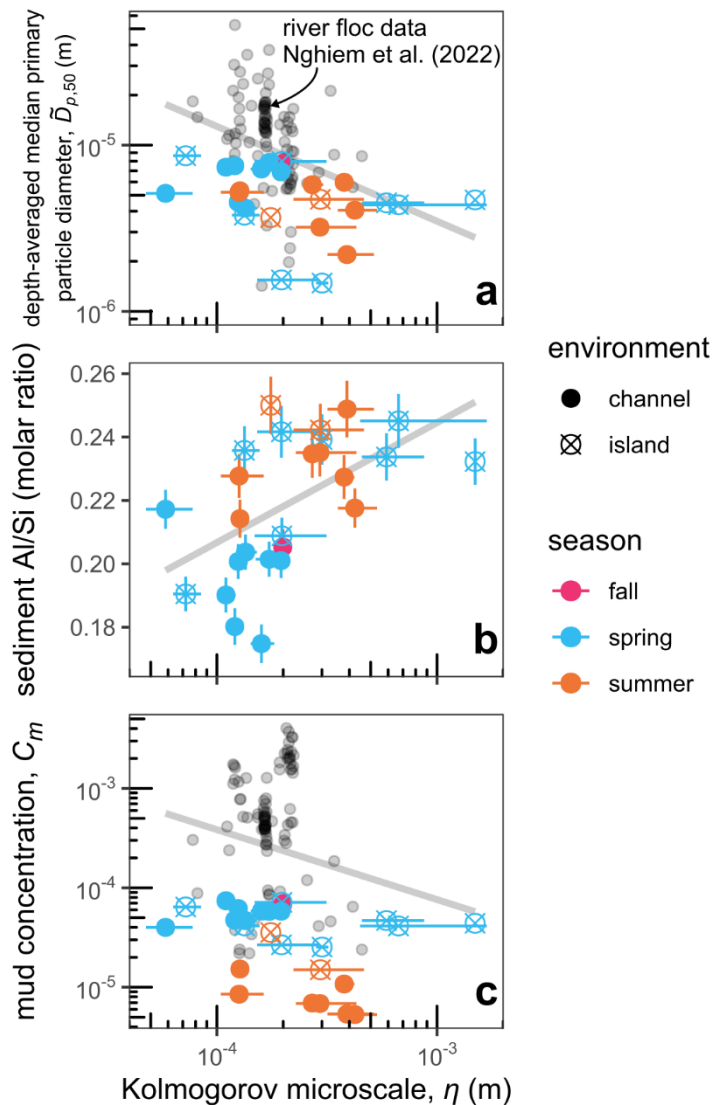
Figure 14: Kolmogorov microscale and (a) depth-averaged median primary particle diameter, (b) sediment Al/Si, and (c) mud
volume concentration. In each panel, the gray line indicates the fitted power law for reference. Horizontal error bars indicate the
95% confidence interval on shear velocity. In panel b, vertical error bars indicate the 95% confidence interval on Al/Si estimates.
River floc data are omitted in panel b because most Al/Si data were compiled from separate data sources in Nghiem et al. (2022).

In contrast to the other semi-empirical model inputs, organic cover fraction and relative charge density vary less and are not responsible for the bulk of the variability in floc parameters (Fig. 13). This does not imply that they are unimportant for flocculation. Instead, we propose that they are allogenic catchment-wide controls on flocculation and vary over longer time scales. For example, tectonic activity and climate change can alter biological productivity and chemical weathering intensity

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on the catchment scale (Geider et al., 2001; West et al., 2005), altering the organic cover fraction and relative charge density through changes in organic carbon loading on sediment and water chemistry (e.g., Galy et al., 2008). These effects are not

840 directly linked to turbulence feedbacks, implying that they can cause persistent changes in floc properties that are not simultaneously offset. In fact, organic matter might modulate turbulence and force a positive feedback that increases floc size and settling velocity because biological cohesion can limit bedform size and hence reduce the turbulent shear (i.e., increase Kolmogorov microscale) associated with bedforms (Malarkey et al., 2015; Parsons et al., 2016). In contrast, Kolmogorov microscale, sediment concentration, Al/Si, and primary particle size vary autogenically on shorter flood-to-seasonal discharge

845 time scales because they adjust together in response to discharge and sediment dynamics within the alluvial system (e.g., Phillips et al., 2022).

7 Conclusion

Flocculation controls the transport and distribution of mud across rivers and wetlands by increasing the effective mud settling velocity. To test theory controlling floc settling velocity, we combined multiple floc data sources—a camera, in situ LISST

850 particle size and concentration, and sediment concentration-depth profiles—in the freshwater Wax Lake Delta, LA. We not only calculated commonly constrained floc properties like diameter, settling velocity, and fractal dimension, but also made novel field measurements. Key advances of the data synthesis include isolating floc concentration and size distribution in in situ laser diffraction data and computing hitherto poorly constrained variables: effective primary particle diameter and drag ratio. We observed flocs in WLD with median diameters of 30 to 90 μm, bulk solid fraction of 0.05 to 0.3, and settling velocities

855 on the order of 0.1 to 1 mm s^{-1} with little vertical variation. Flocs included grains up to 20 to 50 μm in diameter. Flocs in channels tended to be larger and lighter, while flocs in an island wetland tended to be smaller and denser. On average, floc diameter and settling velocity were an order-of-magnitude larger than those of primary particles. We used this data to validate and calibrate an explicit floc settling velocity model based on Stokes law and a semi-empirical model, which relies on hydrodynamic and geochemical data.

860 Using the new complete dataset of floc attributes, we tested theory for two key unknowns, effective primary particle diameter and drag ratio, in the explicit model. Effective primary particle diameter varied between 1 and 3 μm and had a typical value of 2 μm. We verified a fractal model for effective primary particle diameter that conserves the volume and fractal space of the original primary particles (Fig. 8b), demonstrating that the effective primary particle diameter is not a simple characteristic length scale (i.e., median) as previous studies assumed. The median primary particle diameter systematically

865 overestimates the effective primary particle diameter by an average factor of 2 and up to a factor of 6, leading to overestimates of floc solid fraction and settling velocity. Floc permeability, quantified by the drag ratio, has been little explored for natural flocs. The mean drag ratio was 0.51, but drag ratio ranged between 0.15 and 1 (Fig. 9a). These drag ratios indicate enhanced floc settling velocity by a mean factor of 2 and up to a factor of 7. The drag ratio estimates do not conform to prior permeability theory because the theory does not consider a primary particle size distribution. Instead, a new permeable solid fraction model

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870   suggests that only some primary particles are relevant for permeability because primary particle size interactions might shield

other primary particles from the main flow paths (Fig. 9b).

We tested the semi-empirical model for the first time using direct measurements of flocs. Our data validate the semi-empirical model because it predicts floc cutoff diameter, floc settling velocity, and floc diameter all within a factor of 2 of the measured field data. We also showed that its floc settling velocity predictions are consistent with those of the explicit model.

875   The semi-empirical model reveals that turbulence, sediment concentration and mineralogy, organic matter, and water chemistry control flocculation in WLD and suggests that flocs can be reasonably modeled in local equilibrium. Results indicate that turbulence controls a negative feedback on floc settling velocity because higher turbulence intensity causes higher sediment concentration, lower Al/Si (a sediment mineralogy proxy), and higher primary particle diameter through sediment entrainment dynamics (Sect. 6.4). These factors correlate with faster floc settling velocity, but are offset by shear breakage of

880   flocs. This feedback might mitigate changes in floc settling velocity in alluvial channels on the flood and seasonal time scales over which flow turbulence typically varies. Organic matter binding and sediment surface charge interactions might affect flocculation at longer time scales because they are set by allogenic catchment-to-continental scale processes like biological productivity and chemical weathering of rock. Overall, the semi-empirical and explicit models are both viable options for predicting floc settling velocity in rivers and freshwater wetlands but require knowledge of different predictors and operate at

885   different scales.

Finally, we emphasize that the workflow of combining multiple floc methods (camera, in situ laser diffraction, sediment concentration-depth profiles) presented in this study is a powerful tool that can be used to provide a more complete description of flocs than previously done with only one or two of the individual methods.

Notation

890 Al/Si	Sediment Al-Si molar ratio
b_1	Settling velocity model constant (20), dimensionless
C_{fl}	Floc volume concentration, dimensionless
C_i	Sediment volume concentration for ith grain size class, dimensionless
C_{bi}	Near-bed sediment volume concentration for ith grain size class, dimensionless
895 C_m	Depth-averaged mud volume concentration, dimensionless
D_c	Cluster diameter, m
D_f	Floc diameter, m
$D_{f,50}$	Median floc diameter, m
D_p	Effective primary particle diameter, m
900 $D_{p,50}$	Median primary particle diameter, m
$\widetilde{D}_{p,50}$	Depth-averaged median primary particle diameter, m

	D_t	Floc cutoff diameter, m
	g	Gravitational acceleration (9.81 m s^{-2}), m s^{-2}
	h	Local water depth, m
905	h_b	Near-bed height (0.1h), m
	k	Floc permeability, m^2
	n_f	Floc fractal dimension, dimensionless
	n_r	Permeable fractal dimension, dimensionless
	p_i	Rouse number for ith grain size class, dimensionless
910	R_s	Submerged specific gravity of sediment (1.65), dimensionless
	u_*	Shear velocity, m s^{-1}
	w_s	Floc settling velocity, m s^{-1}
	w_{si}	In situ particle settling velocity for ith grain size class, m s^{-1}
	β	Sediment diffusivity ratio, dimensionless
915	β_{fl}	Floc diffusivity ratio, dimensionless
	η	Kolmogorov microscale, m
	θ	Organic cover fraction, dimensionless
	κ	Von Kármán constant (0.41), dimensionless
	v	Kinematic viscosity of water (10^{-6}), m^2 s^{-1}
920	ξ^{-2}	Dimensionless floc permeability, dimensionless
	ρ	Water density (1000), kg m^{-3}
	ρ_s	Sediment density (2650), kg m^{-3}
	Φ	Relative charge density, dimensionless
	φ	Floc solid fraction, dimensionless
925	$\bar{\varphi}$	Bulk floc solid fraction, dimensionless
	φ_r	Permeable solid fraction, dimensionless
	Ω	Drag ratio, dimensionless

Code availability

NA

Data availability

Author contribution

JAN and MPL conceived the study. JAN, GKL, JPH, GS, CGF, and MPL collected samples and made measurements in the field. JAN, GKL, and GS analyzed samples in the lab. JAN analyzed data and wrote the original paper with supervision by MPL. All authors contributed to data interpretation, review, and editing.

Competing interests

The authors declare that they have no conflict of interest.

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