

1 **Trends of the high latitude mesosphere temperature and mesopause**  
2 **revealed by SABER**

3 **Xiao Liu<sup>1,2</sup>, Jiyao Xu<sup>2,3</sup>, Jia Yue<sup>4,5</sup>, Yangkun Liu<sup>1,2</sup>, and Vania F. Andrioli<sup>2,6</sup>**

4 <sup>1</sup>Institute of Electromagnetic Wave, School of Physics, Henan Normal University, Xinxiang,  
5 453000, China

6 <sup>2</sup>State Key Laboratory of Space Weather, National Space Science Center, Chinese Academy of  
7 Sciences, Beijing, 100190, China

8 <sup>3</sup>School of Astronomy and Space Science, University of the Chinese Academy of Science, Beijing,  
9 100049, China

10 <sup>4</sup>Catholic University of America, Washington, DC 20064, USA

11 <sup>5</sup>NASA Goddard Space Flight Center, Greenbelt, MD, 20771, USA

12 <sup>6</sup>Heliophysics, Planetary Science and Aeronomy Division, National Institute for Space Research  
13 (INPE), Sao Jose dos Campos, Sao Paulo, Brazil

14

15 *Correspondence to: Jiyao Xu (xujy@nssc.ac.cn)*

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17 **Key Points:**

- 18 • The mean temperature in the high latitude MLT region is obtained by binning the SABER  
19 observations based on yaw cycles during 2002–2023
- 20 • In the high latitude MLT, the cooling trend is seasonal symmetric and reaches peak of  $\geq 6$   
21 K/decade at highest latitudes around summer solstice
- 22 • The trends of mesopause temperature depend on latitudes but are mostly negative and have  
23 larger magnitudes at highest latitude

24

25

26 **Abstract**

27       The temperature trend in the mesosphere and lower thermosphere (MLT) region can be  
28 regarded as an indicator of climate change. Using temperature profiles measured by the Sounding of  
29 the Atmosphere using Broadband Emission Radiometry (SABER) instrument during 2002–2023  
30 and binning them based on yaw cycle, we get continuous dataset with wide local time coverage at  
31 50°S–80°N or 80°S–50°N. The seasonal change of temperature, caused by the forward drift of  
32 SABER yaw cycle, is removed by using the climatological temperature of MSIS2.0. The corrected  
33 temperature without any waves is regarded as the mean temperature. At 50°S–50°N, the cooling  
34 trends of the mean temperature are significant in the MLT region and are in agreement with  
35 previous studies. The novel finding is that the cooling trends of  $\geq 2$  K/decade exhibit seasonal  
36 symmetric and reach peaks of  $\geq 6$  K/decade at high latitudes around the summer solstice. Moreover,  
37 there are warming trends of 1–2.5 K/decade at altitude range of  $10^{-2}$ – $10^{-3}$  hPa, specifically at  
38 latitudes higher than 55°N in October and December and at latitudes higher than 55°S in April and  
39 August. The mesopause temperature (altitude) in the northern summer polar region is colder (lower)  
40 than that in the southern counterpart by  $\sim 5$ – $11$  K ( $\sim 1$  km) over the past 22 years. The trends of the  
41 mesopause temperature are dependent on latitudes and months. But they are negative at most  
42 latitudes and reach larger magnitudes at high latitudes. These results indicate that the temperature in  
43 the high latitude MLT region is more sensitive to dynamic changes.

44

## 45 **1 Introduction**

46 Observational and simulation studies have revealed that the global mean temperature trend is  
47 cooling in the mesosphere and lower thermosphere (MLT) (Beig et al., 2003; Laštovička et al.,  
48 2006; Yue et al., 2019b; Laštovička, 2023). The cooling trends observed in the MLT region are  
49 mainly caused by the increasing anthropogenic greenhouse gases such as carbon dioxide. Moreover,  
50 changes of the stratospheric ozone depletion and recovery, increasing mesospheric water vapor  
51 concentration, solar and geomagnetic variations may also contribute to the long-term changes of  
52 temperature in the MLT region (Laštovička, 2009; Yue et al., 2019a, 2015; Garcia et al., 2019;  
53 Mlynczak et al., 2022; Zhang et al., 2023).

54 A recent review work by Laštovička (2023) summarized that temperature trends are generally  
55 cooling but also depend on local times, heights, and geographic locations in the MLT region  
56 (Venkat Ratnam et al., 2019; Das, 2021; She et al., 2019; Yuan et al., 2019; Ramesh et al., 2020).  
57 These results were mostly derived from ground-based and satellite observations at low and middle  
58 latitudes, while the simulations provided insights into the long-term trends from pole to pole. On the  
59 other hand, the long-term trends in temperature at high latitudes have not been thoroughly examined  
60 and well understood yet, due to scarce observations. Driven by the summer-to-winter meridional  
61 circulation, the upwelling causes adiabatic cooling in the summer polar mesosphere, while the  
62 downwelling causes adiabatic warming in the winter polar mesosphere (Dunkerton, 1978; Garcia  
63 and Solomon, 1985). Thus, the high latitude temperature is more sensitive to the changes of  
64 dynamics, wave and forcing, stratospheric wind etc. (Russell et al., 2009; Qian et al., 2017; Yu et  
65 al., 2023).

66 The progress in studying long-term trends in the MLT region has been summarized and  
67 reported by Laštovička and Jelínek (2019) and Laštovička (2023). Here we highlight some studies  
68 related to the temperature trends at high latitudes. Using temperature measured by the Sounding of  
69 the Atmosphere using Broadband Emission Radiometry (SABER) instrument and simulated by  
70 Whole Atmosphere Community Climate Model version 4 (WACCM4), Garcia et al. (2019) showed  
71 that the global mean SABER temperature (52°S–52°N) had cooling trends of 0.4–0.5 K/decade  
72 during 2002–2018 in the stratosphere and mesosphere. These magnitudes were smaller than those  
73 simulated by WACCM4 (0.6–0.9 K/decade) but within 2 times of the standard deviation. Using  
74 Leibniz Institute Middle Atmosphere Model (LIMA) under northern hemispheric conditions during  
75 1871–2008, Lübken et al. (2018) showed that the cooling trend in the MLT region was 1.5 K/decade  
76 during 1960–2008, and was 0.7 K/decade during 1871–2008 at 55–61°N on geometric heights.  
77 However, the trend was neglectable on pressure heights. On pressure heights, the global mean  
78 SABER temperature (55°S–55°N) had cooling trends of 0.5 and 2.6 K/decade, respectively, at  $10^{-3}$   
79 hPa (~92 km) and  $10^{-4}$  hPa (~106 km) during 2002–2021 (Mlynczak et al., 2022). The results of

80 Lübken et al. (2018) and Mlynczak et al. (2022) illustrated that the cooling trends were larger over  
81 recent decades on both geometric and pressure heights as compared to the beginning of  
82 industrialization. To achieve a longer time series, Li et al. (2021) constructed a nearly 30-year  
83 dataset at 45°S–45°N by merging the temperature measured by the Halogen Occultation Experiment  
84 (HALOE) instrument during 1991–2005 and the SABER instrument during 2002–2019. They  
85 showed that the cooling trend was significant and reached a peak of 1.2 K/decade at 60–70 km in  
86 the Southern Hemisphere (SH) tropical and subtropical region. Moreover, the cooling trend in the  
87 SH was larger than its counterpart in the Northern Hemisphere (NH).

88 At high latitudes, ground-based observations of OH nightglow rotational temperature revealed  
89 a significant cooling trend of  $1.2 \pm 0.51$  K/decade at Davis (68°S, 78°E) during 1995–2019 (French  
90 et al., 2020). The OH rotational temperature around midnight exhibited a significant cooling trend  
91 of  $2.4 \text{ K} \pm 2.3/\text{decade}$  in summer and an insignificant cooling trend of  $0.4 \pm 2.2 \text{ K}/\text{decade}$  in winter  
92 at Moscow (57°N, 37°E) during 2000–2018 (Dalin et al., 2020). Using the ice layer parameters  
93 simulated by the LIMA model and the Mesospheric Ice Microphysics And transport ice particle  
94 model, Lübken et al. (2021) showed that the negative trend of noctilucent clouds altitudes (~83 km)  
95 was primarily caused by the increasing CO<sub>2</sub> in the troposphere during 1871–2008 at 58°N, 69°N,  
96 and 78°N. At these three latitudes, the cooling trends were of ~0.2 K/decade during 1871–1960 and  
97 1.0 K/decade during 1960–2008. Near the latitude band of 64–70°N in June and 64–70°S in  
98 December, Bailey et al. (2021) constructed two datasets by merging the temperature measured by  
99 HALOE and SABER and by HALOE and SOFIE (Solar Occultation for Ice Experiment). They  
100 showed that there were cooling trends of ~1–2 K/decade near 0.1–0.01 hPa (~68–80 km) and  
101 warming trends of ~1 K/decade near 0.005 hPa (~85 km) at 64–70°N in June and 64–70°S in  
102 December. Moreover, the WACCM-X simulation results by Qian et al. (2019) showed that the  
103 temperature trends were mostly cooling in the MLT region. However, there were also warming at  
104 ~80–95 km in the SH polar region from November to February (Fig. 3 of their paper). The  
105 disagreement of these results at high latitudes might attribute to the different temporal spans and  
106 local times, observations using different instruments, and different methods deriving the trends. It is  
107 overarching to study the temperature trends at high latitudes using one coherent measurement over a  
108 long period.

109 The SABER temperature profiles cover latitudes of 53°S–83°N in the north viewing  
110 maneuvers and 83°S–53°N in the south viewing maneuvers since 2002. The operational SABER  
111 temperature profile covers an altitude range of ~15–110 km. The uncertainties of SABER  
112 temperature profile are height dependent. For a single temperature profile, its uncertainties are  
113 summarized at <https://spdf.gsfc.nasa.gov/pub/data/timed/saber/> and are of ~1.8–2.3 K at z=60–80  
114 km, ~5.4–8.4 K at 90–100 km, and ~8.4–29.2 K at 100–110 km under the condition of vertical

115 resolution of 2 km (Remsberg et al., 2008; Rezac et al., 2015; Dawkins et al., 2018). These data  
116 exhibited remarkable stability over the last two decades following the correction of algorithm  
117 instability (Mlynczak et al., 2020, 2022, 2023). Using the SABER temperature profiles during  
118 2002–2019, Zhao et al. (2020) employed a 60-day moving window to obtain the mean temperature.  
119 Their analysis revealed that the annual and global mean trend of mesopause temperature is cooling  
120 with magnitude of 0.75 K/decade. Moreover, the cooling trend is significant in non-summer seasons  
121 but insignificant in summer (May–August) at 60–80°N/S. It should be noted that, SABER yaw  
122 cycle (YC) drifted forward about one month from 2002 to 2023 (see Fig. 1 below) due to changing  
123 satellite orbit. This induces the local time (LT) coverage in a certain month differing from year to  
124 year at high latitudes if the window is set to be constantly 60-day.

125 Here we focus on the trend of the mean temperature without any atmospheric waves (i.e.,  
126 gravity waves, tides and planetary waves). Calculating zonal mean can remove gravity waves,  
127 nonmigrating tides and long-period planetary waves. However, migrating tides depend on LT and  
128 are strong in the MLT region. They cannot be simply removed by calculating zonal mean. In this  
129 work, we bin the data based on YC, which covers an interval of 54–64 days (see Fig. 1 below) and  
130 provides almost full local time coverage (except the 1–3 hours around noon). Thus, the mean  
131 temperature can be accurately determined by removing the migrating tides at 53°S–83°N or 83°S–  
132 53°N using harmonic fitting. Each YC at every year covers varying ranges of dates. This results in  
133 the aliasing of the seasonal variation of temperature into the mean temperature of each YC. This  
134 issue can be resolved as below. We use the temperature of the recently released whole-atmosphere  
135 empirical model MSIS2.0 (Emmert et al., 2021) as a reference for the seasonal variation. This  
136 seasonal variation (more than 10 K as seen in Fig. 2b) embedded in YC drift is removed from the  
137 mean temperature of each YC. Thus, using the advantages of SABER measurements at high  
138 latitudes and binning the data based on YC, we focus on the long-term trends of the mean  
139 temperature and the mesopause in the high latitude MLT region.

## 140 **2 Method of calculating mean temperature and trend**

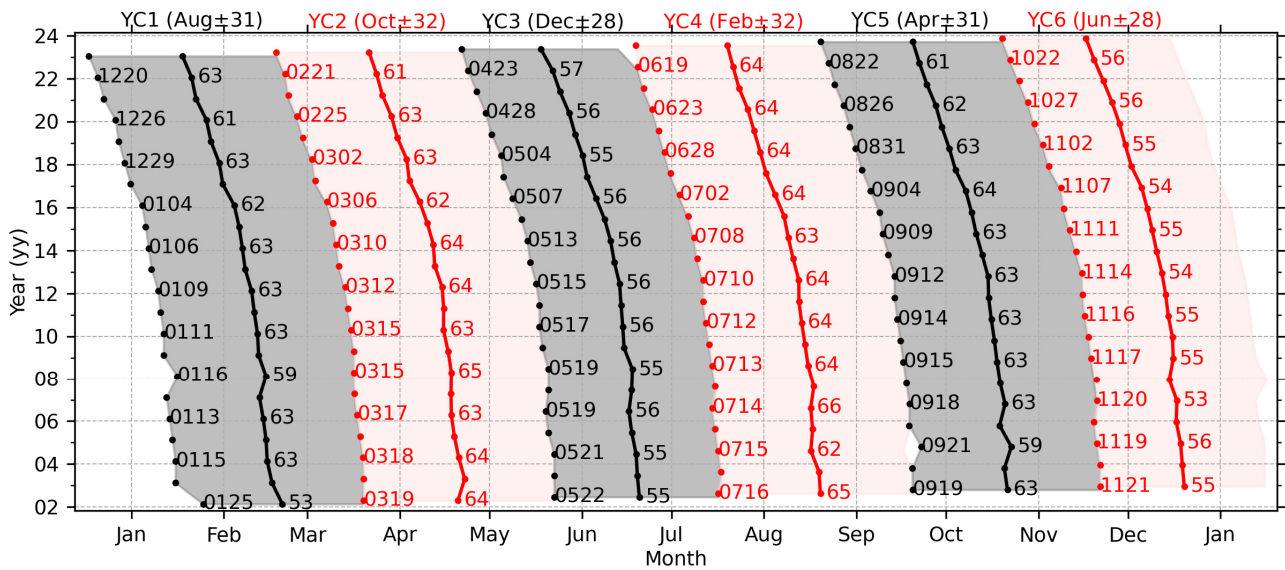
141 The mean temperature ( $\bar{T}_{bk}$ ) excludes gravity wave, tides and planetary waves. Moreover,  
142 compared to the magnitudes of  $\bar{T}_{bk}$ , its trend is a small value and should be determined with extra  
143 caution. The method of calculating  $\bar{T}_{bk}$  is based on a YC window. This ensures a good LT coverage  
144 at high latitudes. Compared to the fixed 60-day window, the advantage and necessity of the YC  
145 window are described below.

146 The YC window is defined as the temporal interval during which the SABER measurements  
147 are in the northward or southward viewing maneuver. Figure 1 shows the beginning date and  
148 temporal span of each YC. We see that there are about six YCs in each year, being named as YC1–

149 YC6. The temporal spans of YCs are 54–64 days. This ensures that the LT coverage of SABER  
 150 samplings is more than 18 hours at high latitudes. Therefore, migrating tides can be removed  
 151 efficiently through harmonic fitting. In contrast, the LT coverage in a fixed 60-day window is  
 152 different from year to year at high latitudes. This is because the temporal span of each YC drifted  
 153 forward about one month from 2002 to 2023 (Fig. 1). For the case of the fixed 60-day window and  
 154 at 70°N and in March (spanning from 14<sup>th</sup> February to 14<sup>th</sup> April with a center on 15<sup>th</sup> March), the  
 155 sampling hours distributed at 0–2, 5–11, and 21–24 LT and had a coverage of only 14 hours in  
 156 2005. However, the sampling hours in 2022 distributed at 0–10 and 13–24 LT and had a coverage of  
 157 22 hours. The year-to-year variations of LT distribution and coverage might induce uncertainties  
 158 and biases into  $\bar{T}_{bk}$ . Thus, the YC dependent window is necessary to obtain a wide LT coverage.

159 We note that the forward drift of YC raises an issue that each YC at every year covers varying  
 160 ranges of date. This aliases seasonal variation of temperature into  $\bar{T}_{bk}$  and should be removed to get  
 161 a corrected mean temperature ( $\bar{T}_{bcrt}$ ). The detailed procedure of the calculating  $\bar{T}_{bcrt}$  and its trend is  
 162 presented in Sec. 2.1–2.3. The procedure of calculating mesopause temperature and height is  
 163 presented in Sec. 2.4.

164



**Figure 1.** The temporal span of each YC from 2002 to 2023. The gray (red) region indicates the north (south) viewing maneuver. The beginning date (format of “mmdd”, “mm” and “dd” mean the month and the day of month, respectively) and temporal span (unit of days) of each yaw are labeled on the right of beginning (dot) and center date (dot-line), respectively. The six YCs and their center date in 2003 and half spans and are labeled as YC1–YC6 on the top.

165

## 166 2.1 Removing waves from SABER temperature

167 In each YC, the background temperature is calculated at three steps. Firstly, at each latitude

168 band and pressure level, the daily zonal mean temperature ( $\bar{T}_d$ ) is calculated by averaging the  
 169 temperature profiles at ascending and the descending nodes, respectively. This largely removes the  
 170 gravity waves, non-migrating tides, and long-period planetary waves. Here each latitude band has a  
 171 width of  $10^\circ$  with centers offset by  $5^\circ$  from  $80^\circ\text{S}$  to  $80^\circ\text{N}$ . Secondly, linear regression is performed  
 172 on  $\bar{T}_d$  at each node and is formulated as,

$$173 \quad \bar{T}_d = \bar{T}_{d0} + kt_{UT} + \bar{T}_{res}. \quad (1)$$

174 Here,  $\bar{T}_{d0}$  is the mean temperature in each YC.  $t_{UT}$  is the universal time with a unit of day,  $k$   
 175 represents the linear variation of  $\bar{T}_d$  in each YC. After removing  $\bar{T}_{d0}$  and the linear variation ( $kt_{UT}$ )  
 176 from  $\bar{T}_d$ , we get a residual temperature  $\bar{T}_{res}$  of each YC. Thirdly, tidal fitting is performed on  $\bar{T}_{res}$  of  
 177 both nodes and is formulated as,

$$178 \quad \bar{T}_{res} = \bar{T}_{bk} + \sum_{n=1}^3 a_n \cos(n\omega t_{LT} - \varphi_n). \quad (2)$$

179 Here,  $\omega = 2\pi/24$  is the rotation frequency of Earth with a unit of rad/hour,  $t_{LT}$  is the local time  
 180 with a unit of hour,  $a_n$  and  $\varphi_n$  are, respectively, the amplitudes and phases of migrating diurnal  
 181 ( $n = 1$ ), semidiurnal ( $n = 2$ ) and terdiurnal ( $n = 3$ ). Now,  $\bar{T}_{bk}$  excludes atmospheric waves and is  
 182 regarded as the mean temperature.

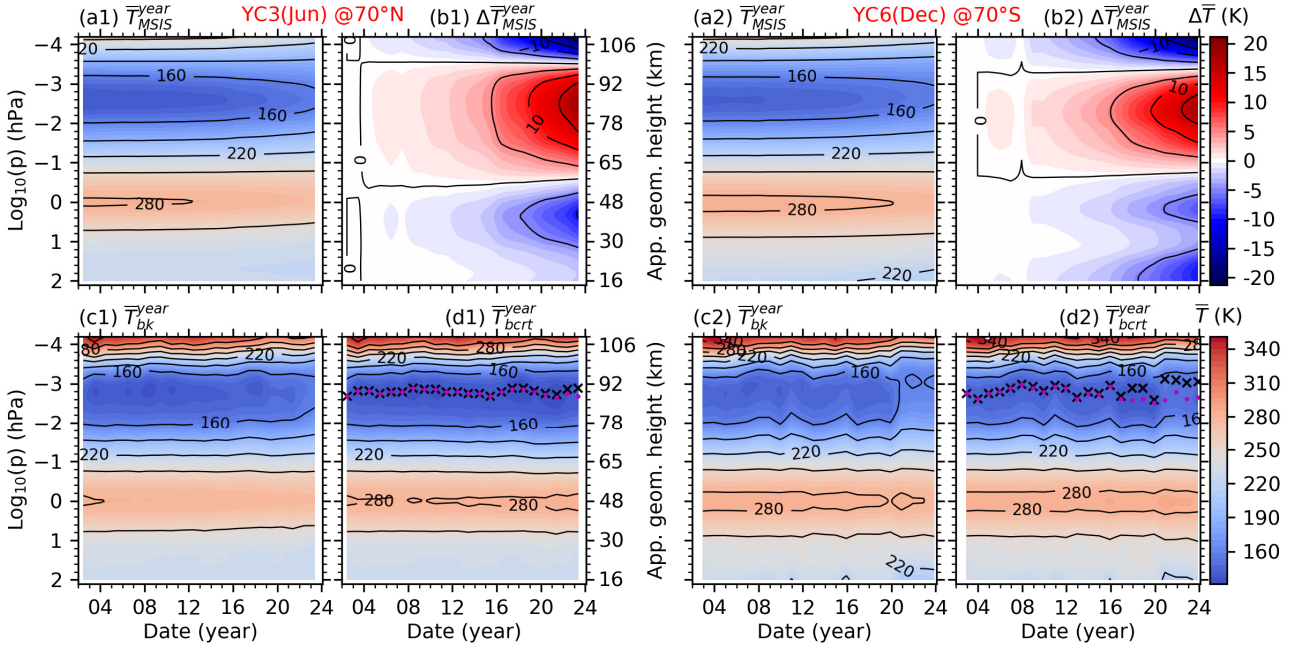
## 183 2.2 Removing seasonal variations from the mean temperature

184 Figure 1 shows that the center date of each YC shifts forward about one month from 2002 to  
 185 2023. This forward drift induces the seasonal variation of temperature into  $\bar{T}_{bk}$ . This could further  
 186 alias the long-term trend calculated from  $\bar{T}_{bk}$  and can be removed with the help of MSIS2.0. This is  
 187 because MSIS2.0 has assimilated the SABER temperature profiles during 2002–2016. The  
 188 climatological temperature of MSIS2.0 coincides with that of SABER within the uncertainties of  $\sim$   
 189 3 K in the MLT region (Emmert et al., 2021). The detailed procedure of removing seasonal  
 190 variations is described below.

191 Firstly, we calculate the mean temperature of MSIS2.0. The temperature profiles (at 15  
 192 longitudes and 24 LTs each day) are calculated from MSIS2.0 under the conditions of lower solar  
 193 activity ( $F_{10.7} = 50$  SFU) and geomagnetic quiet time ( $ap = 4$  nT) throughout one calendar year.  
 194 Such that solar and geomagnetic activities do not influence the seasonal variation and trend of the  
 195 mean temperature. Then the daily zonal mean is performed on the temperature profiles of each day.  
 196 This removes tides and long-period planetary waves. The daily zonal mean temperature in each YC  
 197 is averaged to get the mean temperature ( $\bar{T}_{MSIS}^{year}$ , the superscript means the YC in that year). Figures  
 198 2(a1) and (a2) show the  $\bar{T}_{MSIS}^{year}$  at  $70^\circ\text{N}$  in YC3 and  $70^\circ\text{S}$  in YC6 during 2002–2023, respectively.

199 Secondly, we calculate the seasonal variations of each YC. The seasonal variations ( $\Delta\bar{T}_{MSIS}^{year}$ )  
 200 caused by the forward drift of each YC in different years are quantified by the difference between  
 201  $\bar{T}_{MSIS}^{year}$  of that year and the reference year (i.e.,  $\bar{T}_{MSIS}^{2002}$ ). For example, the difference between 2003

202 and 2002 is calculated as  $\Delta\bar{T}_{MSIS}^{2003} = \bar{T}_{MSIS}^{2003} - \bar{T}_{MSIS}^{2002}$ . More specifically, since  $\bar{T}_{MSIS}^{year}$  does not include  
 203 the year-to-year variations of temperature but depends on the temporal span of YC only,  $\Delta\bar{T}_{MSIS}^{2003}$  in  
 204 YC3 represents the seasonal variation from 20<sup>th</sup> to 19<sup>th</sup> June. Figures 3(b1) and (b2) show  $\Delta\bar{T}_{MSIS}^{year}$  at  
 205 70°N in YC3 and 70°S in YC6 during 2002–2023, respectively. It is evident that the forward drift of  
 206 YC induces temperature variations of  $\pm 20$  K at 70°N/S from 2002 to 2023, and should be removed  
 207 before we determine the long-term trends in SABER temperature.  
 208



**Figure 2.** The date-height distributions of the mean temperature calculated from NRLMSIS 2.0 ( $\bar{T}_{MSIS}^{year}$ ) and SABER ( $\bar{T}_{bk}^{year}$ ) at 70°N in YC3 (left two columns) and 70°S in YC6 (right two columns).  $\bar{T}_{MSIS}^{year}$  is used as a reference to calculate the seasonal variation ( $\Delta\bar{T}_{MSIS}^{year}$ ) caused by the forward drift of YC from 2002 to 2023. Then, the corrected mean temperature ( $\bar{T}_{bcr}^{year}$ ) is calculated by removing  $\Delta\bar{T}_{MSIS}^{year}$  from  $\bar{T}_{bk}^{year}$ . The mesopause altitudes calculated from  $\bar{T}_{bk}^{year}$  and  $\bar{T}_{bcr}^{year}$  are plotted as black cross and red dots, respectively. The plots of  $\bar{T}_{MSIS}^{year}$ ,  $\bar{T}_{bk}^{year}$ , and  $\bar{T}_{bcr}^{year}$  have the same colorbar of  $\bar{T}$ . The plot of  $\Delta\bar{T}_{MSIS}^{year}$  has the colorbar of  $\Delta\bar{T}$ . Same scales in y-axis are used in all panels. The approximate geometric height is label on the right of the second column.

209

210

**Table 1.** The date range of each YC and its corresponding season in the reference year of 2003

YCs	YC1	YC2	YC3	YC4	YC5	YC6
Date range	20/Feb $\pm$ 31	20/Apr $\pm$ 32	20/Jun $\pm$ 28	19/Aug $\pm$ 32	13/Oct $\pm$ 31	10/Dec $\pm$ 28
Season	later winter	later spring	summer	early autumn	later autumn	winter

211

212

Finally, we correct the mean temperature. The corrected mean temperature ( $\bar{T}_{bcr}^{year}$ , shown in



213 Figs. 3d1 and d2) is obtained by removing  $\Delta\bar{T}_{MSIS}^{year}$  from  $\bar{T}_{bk}^{year}$ . This removes the seasonal variation  
 214 caused by the forward drift of YC from 2002 to 2023. Moreover,  $\bar{T}_{bcrt}^{year}$  retains the long-term trend  
 215 of the mean temperature. We note that, after removing  $\Delta\bar{T}_{MSIS}^{year}$ ,  $\bar{T}_{bcrt}^{year}$  covered by each YC can be  
 216 represented by its center date and half span in the reference year (Tab. 1). Table 1 also lists the  
 217 approximate season related to each YC.

218

### 219 **2.3 Determining the long-term trend of the mean temperature**

220 To calculate accurate trends in the MLT region, multi-year variations should be removed  
 221 properly. The multi-year variations of temperature in the MLT region could be the solar cycle with a  
 222 period of about 11 years (Beig et al., 2008; Tapping, 2013; Forbes et al., 2014; Gan et al., 2017;  
 223 Qian et al., 2019), and the influences from below, such as the stratospheric quasi-biennial oscillation  
 224 (QBO) with a period of about 28 months (Baldwin et al., 2001; Zhao et al., 2021) and El Niño-  
 225 Southern Oscillation (ENSO) with varying cycles of around 2–7 years (Domeisen et al., 2019; Li et  
 226 al., 2013, 2016; Randel et al., 2009). The solar cycle can be represented by the solar radiation flux  
 227 at 10.7 cm (i.e.,  $F_{10.7}$  with unit of SFU= $10^{-22}\text{Wm}^{-2}\text{Hz}^{-1}$ ) (Tapping, 2013). ENSO is represented by  
 228 multivariate ENSO index (MEI) (Domeisen et al., 2019). QBO is represented by the monthly mean  
 229 zonal wind measured by radiosonde at Singapore (Baldwin et al., 2001). The multiple linear  
 230 regression (MLR) method is effective to separate the long-term trend in temperature from the  
 231 variations caused by solar cycle, ENSO and QBO. The MLR equation is formulated as,

$$232 \quad Y(t) = c_0 + c_1t + c_2F_{10.7}(t) + c_3\text{ENSO}(t) + c_4\text{QBO}_{10}(t) + c_5\text{QBO}_{30}(t) + \varepsilon(t). \quad (3)$$

233 Here,  $Y$  represents the mean temperature at year  $t$  from 2002 to 2023.  $c_0$  represents a mean state of  
 234  $Y$ .  $c_1$  is the long-term trend of  $Y$ .  $c_2, c_3, c_4, c_5$  represent the contributions from solar cycle, ENSO,  
 235 and QBO zonal wind at 10 hPa ( $\text{QBO}_{10}$ ) and 30 hPa ( $\text{QBO}_{30}$ ), respectively. The terms of  $F_{10.7}$ ,  
 236 ENSO,  $\text{QBO}_{10}$ , and  $\text{QBO}_{30}$  are included in Eq. (3) for the purpose of determining long-term trend  
 237 correctly but are not considered further in this work. Here we note that both the trends (linear  
 238 variations) and quasi-periodical variations represent the natural variations in QBO and other  
 239 predictors. These natural variations might influence the trends and variations of temperature. Thus,  
 240 MLR is applied to characterize the contributions from the natural variations of predictors, and then  
 241 the resulted trends of temperature exclude the trends inhibited in the predictors. This is the trend  
 242 studied in this work. Otherwise, if these predictors are de-trended, their residuals are used in the  
 243 MLR. The resulted trends of temperature may include the trends inhibited in predictors.

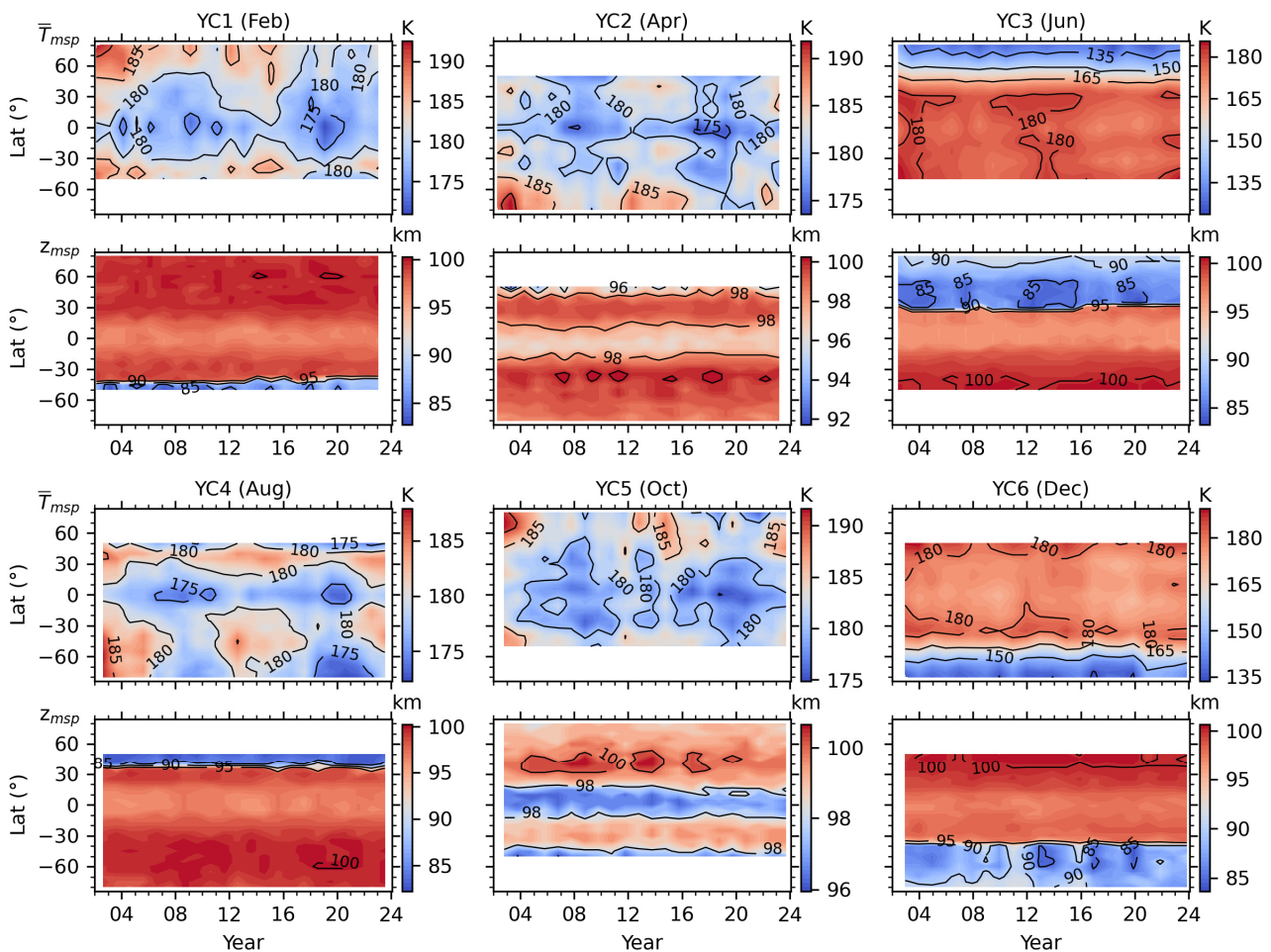
244 The statistical significances of the regression coefficients are measured by the student-t test  
 245 and the variance-covariance matrix of Eq. (3). Specifically, in Eq. (3), the sampling points are 22,  
 246 and the predictor variables are 6. This results in the degree of freedom of 16. Consequently, the

247 critical value is  $\sim 2.1$  based on the student-t test at confidence level of 95% (Kutner et al., 2005).  
 248 This signifies that, with reference to the 95% confidence level, the magnitude of the regression  
 249 coefficient should be at least 2.1 times greater than the standard deviation.

## 250 2.4 Determining the mesopause of each yaw cycle

251 The mesopause temperature ( $\bar{T}_{msp}$ ) is defined as the minimum of the mean temperature. The  
 252 pressure level where the minimum temperature occurs is defined as the mesopause altitude ( $z_{msp}$ ).  
 253 Figures 2(d1) and (d2) show the mesopause altitudes calculated from  $\bar{T}_{bk}^{year}$  (black cross) and  $\bar{T}_{bcrt}^{year}$   
 254 (red dot), respectively. We see that the mesopause altitudes calculated from  $\bar{T}_{bk}^{year}$  and  $\bar{T}_{bcrt}^{year}$  are  
 255 nearly identical in the first several years but exhibit discrepancies over the later several years. This  
 256 implies that the seasonal variation caused by the forward drift of YC affects the mesopause altitudes  
 257 to some extent. Moreover, the mesopause altitudes exhibit larger variabilities in the southern  
 258 summer polar region (YC6) than that in the northern summer polar region (YC3). Figure 3 shows  
 259 the date-latitude distributions of the mesopause temperature ( $\bar{T}_{msp}$ ) and altitude ( $z_{msp}$ ) calculated  
 260 from  $\bar{T}_{bcrt}^{year}$ . We note that  $z_{msp}$  is defined on pressure level initially (Fig. 2d). To compare with  
 261 previous studies,  $z_{msp}$  is interpolated onto the geometric heights in Fig. 3.

262



**Figure 3.** The date-latitude distributions of the mesopause temperature ( $\bar{T}_{msp}$ , the first and third rows) and altitude ( $z_{msp}$ , the second and fourth rows) calculated from  $\bar{T}_{bcrt}^{year}$  of each YC from 2002 to 2023. Here  $z_{msp}$  is interpolated from pressure level to geometric height.

263

264 Previous SABER studies often discarded high latitudes possibly due to insufficient LT  
 265 coverage that induces uncertainties in the mean temperature estimation. A major advantage of  
 266 binning the SABER temperature based on YC is that an accurate mean temperature can be obtained.  
 267 Such that the latitude variations of  $\bar{T}_{msp}$  and  $z_{msp}$  at high latitudes can be thoroughly studied.  
 268 Firstly, we focus on the YCs in northern summer and winter (i.e., YC3 and YC6) because the  
 269 summer mesopause at high latitudes is more sensitive to the summer-to-winter circulation  
 270 (Dunkerton, 1978; Qian et al., 2017). In YC3 (YC6),  $\bar{T}_{msp}$  and  $z_{msp}$  decrease from 50°S to 80°N  
 271 (from 50°N to 80°S) in general. We note that  $\bar{T}_{msp}$  has local minima around the Equator throughout  
 272 the 22 years in YC3 and YC6 and is the coldest at the highest latitudes of the summer hemisphere.  
 273  $z_{msp}$  is the lowest at 40–60°N/S throughout the 22 years. Besides the latitude variations,  $\bar{T}_{msp}$  and  
 274  $z_{msp}$  also exhibit multi-year variations. For example,  $\bar{T}_{msp}$  is colder around the Equator during the  
 275 solar minima (i.e., 2007–2008, 2019–2021) in YC3 and YC6. In YC6, the lower  $z_{msp}$  at the  
 276 southern higher latitudes might be related to the warm phase of ENSO during 2002–2005 and  
 277 2016–2019.

278 In YC2 and YC5, the latitude variations of  $\bar{T}_{msp}$  and  $z_{msp}$  are almost hemispheric symmetry.  
 279  $\bar{T}_{msp}$  is the coldest around the Equator and the warmest at the highest latitudes.  $z_{msp}$  is the lowest at  
 280 lower latitudes and the highest at the highest latitudes. In YC1,  $\bar{T}_{msp}$  and  $z_{msp}$  share the similar  
 281 latitude variations in winter (YC6). The difference is that  $\bar{T}_{msp}$  is warmer in YC1 than that in YC6.  
 282  $z_{msp}$  is higher in YC1 than that in YC6. In YC4,  $\bar{T}_{msp}$  and  $z_{msp}$  share the similar latitude variations  
 283 in summer (YC3). The difference is that  $\bar{T}_{msp}$  is warmer in YC4 than that in YC3.  $z_{msp}$  is higher in  
 284 YC4 than that in YC3. In YC1–2 and YC4–5, multi-year variations of  $\bar{T}_{msp}$  exhibit clear solar cycle  
 285 dependence. At lower latitudes,  $\bar{T}_{msp}$  are colder during the solar minima (i.e., 2006–2010, 2017–  
 286 2021). At high latitudes,  $\bar{T}_{msp}$  are warmer during the solar maxima (i.e., 2002–2005, 2012–2014,  
 287 and after 2021). However, it looks like that the multi-year variations of  $z_{msp}$  are not as obvious as  
 288 those of  $\bar{T}_{msp}$ . These multi-year variations are considered in Eq. (3) to separate the long-term trend  
 289 in  $\bar{T}_{msp}$  correctly but are not considered further in this work.

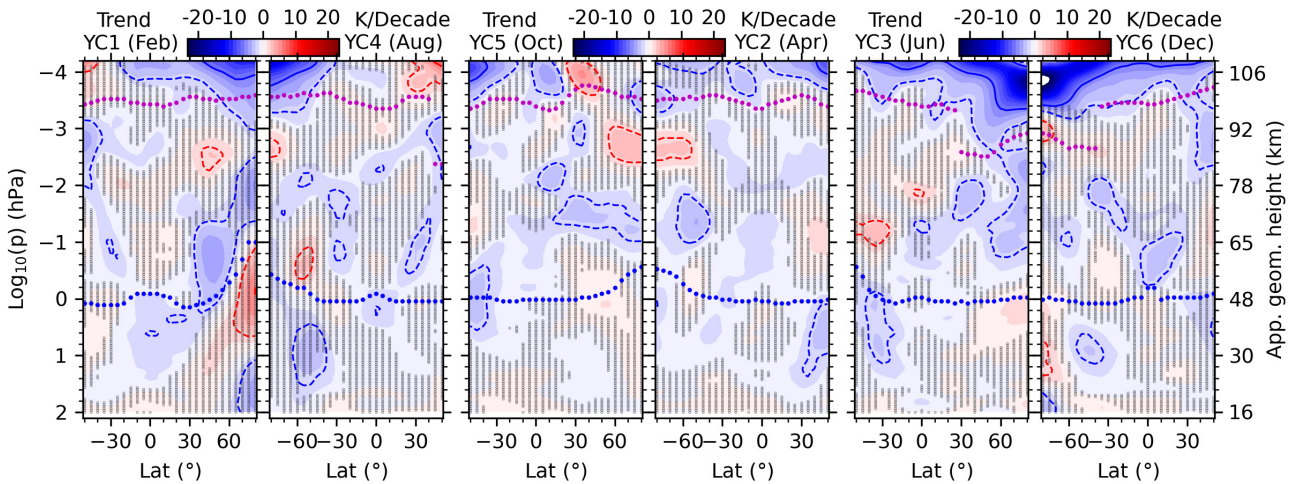
### 290 **3 Trends of temperature in the MLT region and mesopause**

#### 291 **3.1 Trends of temperature in the MLT region**

292 Trends of the corrected mean temperature and their significances of each YC are shown in Fig.  
 293 4. These trends are generally larger at high latitudes than those at lower latitudes within the six YCs.  
 294 Moreover, the trends show both hemispheric symmetry and asymmetry approximately in the high  
 295 latitude MLT region.

296 First, we describe the hemispheric symmetry in the trends. In YC1 and YC4 and above  $10^{-3}$   
 297 hPa, the cooling trends are  $\geq 2$  K/decade at latitudes higher than  $40^\circ\text{N}$  (YC1) and  $40^\circ\text{S}$  (YC4),  
 298 respectively. Around  $10^{-4}$  hPa, the cooling trends reach their peaks of  $\geq 6$  K/decade. In addition,  
 299 there are also warming trends of  $\geq 2$  K/decade at latitudes higher than  $30^\circ\text{S}$  (YC1) and  $30^\circ\text{N}$  (YC4),  
 300 respectively. Above mesopause, there are cooling trends of  $\geq 2$  K/decade observed within the latitude  
 301 range of  $20\text{--}50^\circ\text{S}$  for YC5 and  $20\text{--}50^\circ\text{S}$  for YC2. Additionally, in the region just below  $10^{-3}$  hPa,  
 302 there are warming trends of  $\geq 2$  K/decade at latitudes of  $50\text{--}80^\circ\text{N}$  for YC5 and  $50\text{--}80^\circ\text{S}$  for YC2. In  
 303 YC3 and YC6, the cooling trends of  $\geq 2$  K/decade shift upward from the mesopause at  $80^\circ\text{N}$  (YC3)  
 304 and  $80^\circ\text{S}$  (YC6) to  $10^{-4}$  hPa at  $50^\circ\text{S}$  (YC3) and  $50^\circ\text{N}$  (YC6). There are also cooling trends of  $\geq 6$   
 305 K/decade at high latitudes of summer hemisphere. Meanwhile, the coldest trends are  $\geq 10$  K/decade  
 306 just below  $10^{-4}$  hPa and at  $80^\circ\text{N/S}$ . Although the cooling trends in the MLT region have been  
 307 reported extensively at lower and middle latitudes (Beig et al., 2003; Laštovička, 2023), the extreme  
 308 cooling trends at high latitudes and above the summer mesopause have not been reported yet.

309



**Figure 4.** Trends of the corrected mean temperature in the six YCs. The solid and dashed contour lines indicate  $\pm 6$  and  $\pm 2$  K/decade, respectively. The purple and blue dots indicate the heights of the mesopause and stratopause, respectively. The regions marked by shaded points indicate that trends are not significant with reference to the 95% the confidence level. The approximate geometric height is label on the last panel.

310

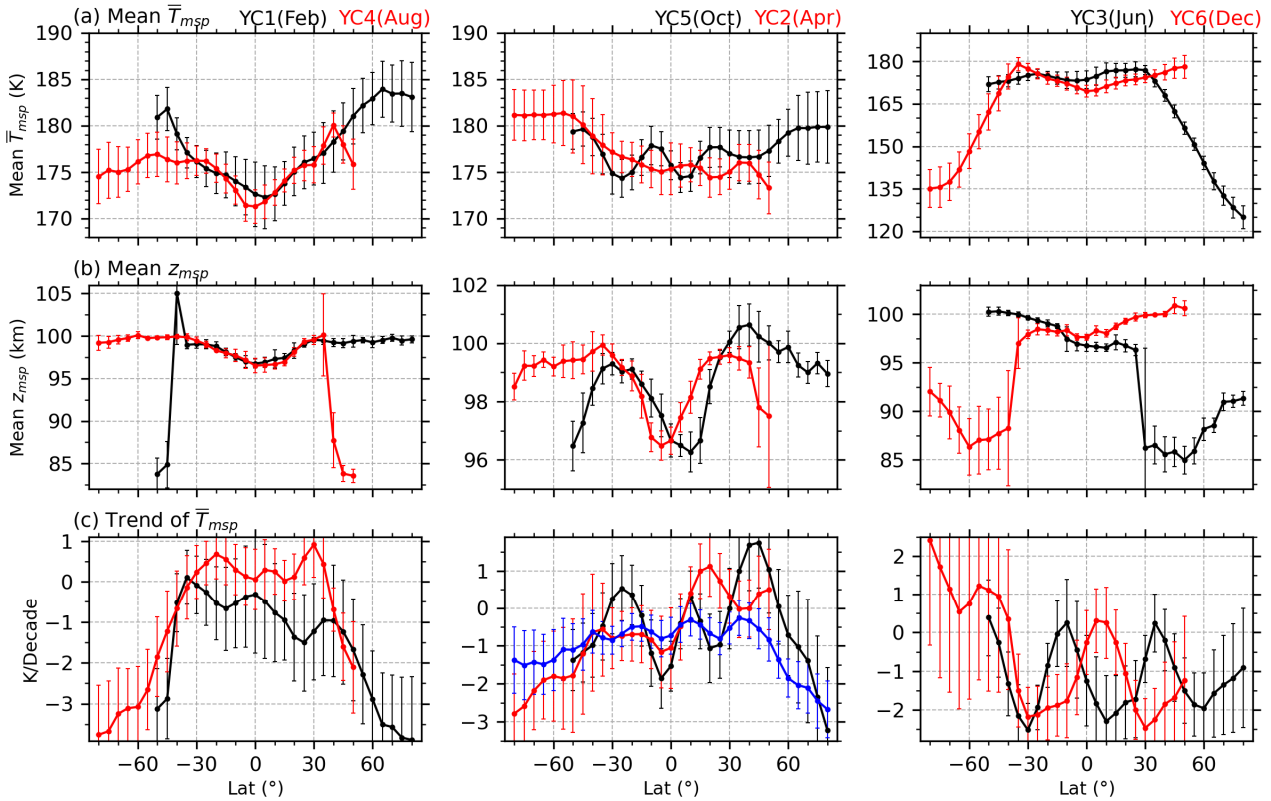
311 Next, we describe the hemispheric asymmetry in the trends. In YC1 and YC4, the cooling  
 312 trends of  $\geq 2$  K/decade in YC1 extend to a wider latitude range ( $20^\circ\text{N}\text{--}80^\circ\text{S}$ ) than those in YC4

313 (30°S–80°S) above  $10^{-3}$  hPa. The insignificant warming trends of  $\geq 2$  K/decade can be seen in the  
 314 stratosphere at latitudes higher than 60°N in YC1 but at 45–60°S in YC4. In YC5 and YC2, the  
 315 cooling trends of  $\geq 2$  K/decade can be seen around the stratopause at 30–50°S (YC5) but below the  
 316 stratopause at 30–50°N (YC2). In YC3 and YC6, the significant warming trends of  $\geq 2$  K/decade in  
 317 YC6 are stronger than those in YC3 around 0.1 hPa. In addition, the warming trends near the  
 318 summer mesopause are significant in YC6 but insignificant in YC3. The simulation results in Qian  
 319 et al. (2019) also demonstrated warming trends in the southern summer MLT region. Specifically,  
 320 they showed significant warming trends below  $\sim 95$  km and cooling trends above  $\sim 95$  km at  
 321 latitudes exceeding 45°S between November and February. In contrast, there were insignificant or  
 322 warming trends at latitudes exceeding 45°N during June and July. Qian et al. (2019) attributed the  
 323 warming trend in the summer mesosphere to the changing meridional circulation.

### 324 3.2 Structure and trends of the mesopause

325 Taking advantages of the continuous measurements over a long-term (22 years or equivalently  
 326 two solar cycles), and YC binning at 50°S–80°N or 80°S–50°N, the robust mean states of the  
 327 mesopause temperature ( $\bar{T}_{msp}$ ) and height ( $z_{msp}$ ), as well as their trends and responses of  $\bar{T}_{msp}$  to  
 328 solar cycle, ENSO, QBO are quantified using MLR. Here we focus on the mean states and trends of  
 329 the mesopause temperature and altitude.

330



**Figure 5.** Latitude variations of the means of the mesopause temperature ( $\bar{T}_{msp}$ , a) and altitude

( $z_{msp}$ , b) and the trends of  $\bar{T}_{msp}$  (c) of the six YCs during 2002–2023. The error bar of each YC indicates 2.1 times standard deviation (i.e., at 95% confidence level according to the student-t test). The all-YC mean trend of mesopause temperature is shown as a blue line in the middle panel of (c).

331

332 Figures 5(a) and 5(b) show the mean  $\bar{T}_{msp}$  and  $z_{msp}$  over 22 years of the six YCs. In YC1–2  
333 and YC4–5, the mean  $\bar{T}_{msp}$  is in the range of 172–183 K but is warmer at latitudes higher than 40°N  
334 (YC1) and 40°S (YC2) those in the counterparts of YC4 and YC5. The mean  $z_{msp}$  is mainly in the  
335 range of ~96–102 km but is higher than ~85 km at 40–50°N (YC1) and 40–50°N (YC4). In YC3,  
336 the mean  $\bar{T}_{msp}$  decreases sharply with latitudes from ~180 K at 30°N to ~125 K at 80°N. The mean  
337  $z_{msp}$  in YC3 reaches a minimum of ~85 km at 60°N. In YC6, the mean  $\bar{T}_{msp}$  decreases sharply with  
338 latitudes from ~180 K at 35°S to ~135 K at 80°S. The mean  $z_{msp}$  in YC6 reaches a minimum of  
339 ~86 km at ~50°S. The mean  $\bar{T}_{msp}$  ( $z_{msp}$ ) in the northern summer polar region is colder (lower) than  
340 that in the southern counterpart by ~5–11 K (~1 km). The hemispheric asymmetries of the summer  
341 mesopause temperature and altitude coincide with Xu et al. (2007), who used the SABER  
342 temperature data during 2002–2006 and showed that the mean  $\bar{T}_{msp}$  in the summer polar region of  
343 the NH is ~5–10 K colder than its counterpart in the SH. A recent study by Wang et al. (2022), who  
344 used the SABER temperature data during 2002–2020, showed that the mean  $\bar{T}_{msp}$  in the summer  
345 polar region of the NH is ~10 K colder than its counterpart in the SH. Moreover, the transition  
346 latitudes of the mean  $\bar{T}_{msp}$  ( $z_{msp}$ ) from higher temperature (height) are 30°N in YC3 and 40°S in  
347 YC6. This coincides well with those reported by Xu et al. (2007) and Wang et al. (2022). These  
348 hemispheric asymmetries of the mean  $\bar{T}_{msp}$  and  $z_{msp}$ , and the transition latitudes could be caused  
349 by the hemispheric asymmetry of solar radiation and gravity wave forcing (Xu et al., 2007).

350 Figure 5c shows that trends of  $\bar{T}_{msp}$  in YC1 and YC4 are extreme cooling ( $\geq 2$  K/decade) at  
351 latitudes higher than 55°N/S. While at 40°S–40°N, trends of  $\bar{T}_{msp}$  in YC1 are cooling with  
352 magnitudes of ~0–2 K/decade but are warming in YC4 with magnitudes of ~0–1 K/decade. In YC2  
353 and YC5, trends of  $\bar{T}_{msp}$  are either cooling or warming, depending on the specific latitudes and  
354 months being considered. At southern latitudes, trends of  $\bar{T}_{msp}$  are cooling with magnitudes of  $\geq 1$   
355 K/decade in YC2. Trends of  $\bar{T}_{msp}$  in YC5 change sharply from 2.0 K/decade at 45°N to -3  
356 K/decade at 80°N. In YC3 and YC6, trends of  $\bar{T}_{msp}$  are mainly cooling except the insignificant  
357 warming trends in YC6 and at latitudes higher than 40°S. Although trends of  $\bar{T}_{msp}$  are warming at  
358 some latitudes of certain YC, the all-YC mean trends of  $\bar{T}_{msp}$  (blue line in Fig. 5c) are cooling with  
359 magnitudes of 0.3–1 K/decade at 50°S–50°N. At latitudes higher than 55°S, the insignificant  
360 cooling trends are  $\leq 1.5$  K/decade. In contrast, at latitudes higher than 55°N, the significant cooling

361 trends are  $\geq 1.5$  K/decade.

## 362 **4 Discussions**

363 Laštovička & Jelínek (2019) pointed out that the temporal interval of data might influence the  
364 long-term trend. Using the nocturnal temperature in the MLT region measured by lidars around  
365  $41^\circ\text{N}$  and  $42^\circ\text{N}$  over the period of 1990–2017, She et al. (2019) demonstrated that the cooling  
366 trends are  $\sim 2.0$ – $4.5$  K/decade over only one solar cycle and are  $\sim 2.0$ – $2.5$  K/decade if the data  
367 length is longer than two solar cycles. Using the SABER temperature profiles during 2002–2019,  
368 Zhao et al. (2020) showed that the significant trends of  $\bar{T}_{msp}$  and their responses to solar cycle can  
369 be obtained at  $50^\circ\text{S}$ – $50^\circ\text{N}$  over longer than one solar cycle. Both She et al. (2019) and Zhao et al.  
370 (2020) showed that the trends are relatively insensitive to the specific beginning and ending time of  
371 the data as compared to the data length. Since the data length used in this study spans approximately  
372 two solar cycles, the derived trends are highly reliable.

### 373 **4.1 The reliability of trends in the MLT region at latitudes lower than $50^\circ\text{N/S}$**

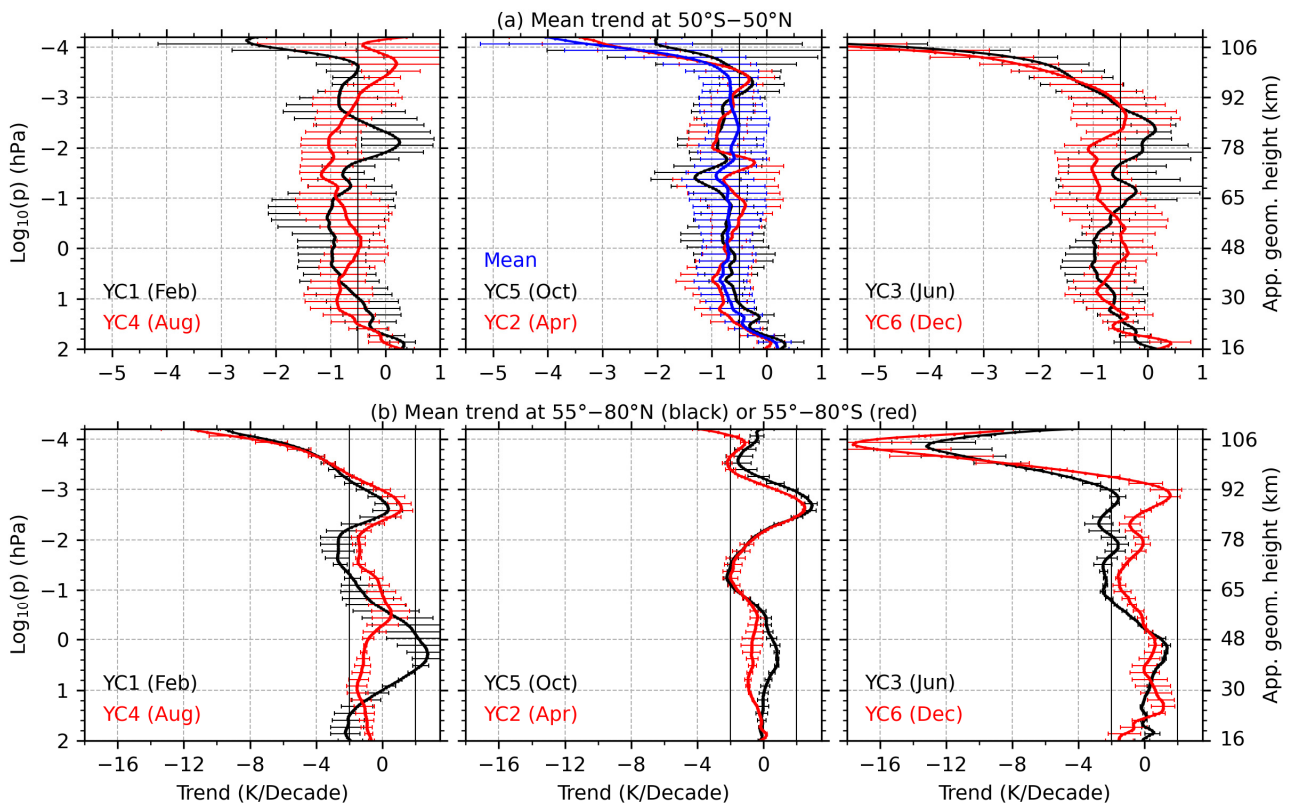
374 To facilitate a comparison with previously reported the annual and global-mean trends in the  
375 MLT region, we present the mean trends of the corrected mean temperature at  $50^\circ\text{S}$ – $50^\circ\text{N}$  and at  
376  $55$ – $80^\circ\text{S}$  or  $55$ – $80^\circ\text{N}$  of the six YCs (Fig. 6). The mean trends at  $50^\circ\text{S}$ – $50^\circ\text{N}$  of each YC are cooling  
377 with magnitudes of  $\sim 0.5$ – $1$  K/decade at  $10$ – $10^3$  hPa. The exception is the warming trend of  $0.2$   
378 K/decade around  $10^2$  hPa in YC1 and of  $0.1$  K/decade around  $4 \times 10^3$  hPa in YC3. Above  $5 \times 10^3$   
379 hPa, the cooling trends increase sharply with altitude and reach to  $\sim 2$  K/decade in YC5 and to  $\sim 3$   
380 K/decade in YC2 at  $10^4$  hPa. Compared to the situation in YC2 and YC5, the cooling trends  
381 increase more sharply with altitude in YC3 and YC6. Their magnitudes change nearly identically  
382 and are from  $\sim 0.5$  K/decade at  $2 \times 10^3$  hPa to  $\geq 5$  K/decade at  $10^4$  hPa. When the mean trends at  
383  $50^\circ\text{S}$ – $50^\circ\text{N}$  across all-YC are further averaged, we obtain an annual mean trend (blue line in Fig.  
384 6a). The annual mean trend is cooling with magnitudes of  $\sim 0.5$ – $0.8$  K/decade and vary with altitude  
385 slightly at  $10$ – $5 \times 10^4$  hPa.

386 The altitude variation and the magnitude of the annual mean trend are similar to the previous  
387 results (Garcia et al., 2019; Mlynczak et al., 2022; Zhao et al., 2021). Figure 3 of Garcia et al.  
388 (2019) revealed that the global mean ( $52^\circ\text{S}$ – $52^\circ\text{N}$ ) SABER temperature trends are cooling with  
389 magnitudes of  $\sim 0.5$ – $0.9$  K/decade at  $10$ – $5 \times 10^4$  hPa during 2002–2018. These magnitudes are  
390 slightly smaller than those derived from WACCM. Table 1 of Mlynczak et al. (2022) demonstrated  
391 that the global mean ( $55^\circ\text{S}$ – $55^\circ\text{N}$ ) SABER temperature also display cooling trends with magnitudes  
392 of  $\sim 0.51$ – $0.63$  K/decade at  $1$ – $10^3$  hPa. Similarly, Fig. 4 of Zhao et al. (2021) revealed that the  
393 global mean ( $50^\circ\text{S}$ – $50^\circ\text{N}$ ) SABER temperature trends are cooling with magnitudes of  $\sim 0.5$ – $0.9$   
394 K/decade at  $30$ – $105$  km. At  $10^4$  hPa, the extreme cooling trend of  $2.6$  K/decade in Table 1 of

395 Mlynczak et al. (2022) is slightly smaller than the 2.8 K/decade derived here but within 2 times of  
 396 the standard deviation (blue line in Fig. 6a). Further examining the trends across the six YCs (Figs.  
 397 4 and 6a), it becomes evident that the extreme cooling trend is mainly attributed to the middle  
 398 latitudes of summer hemisphere (i.e., YC3 and YC6) and partially from other months. As suggested  
 399 by Mlynczak et al. (2022), the extreme cooling trend at  $10^{-4}$  hPa is due to a decrease in solar  
 400 irradiance that is not captured by the  $F_{10.7}$  index.

401 These detailed comparisons showed that the trends at pressure levels reported by Garcia et al.  
 402 (2019) and Mlynczak et al. (2022) support the altitude variations and magnitudes of the trends  
 403 derived here directly. Although the trends reported by Zhao et al. (2021) are in geometric height,  
 404 their altitude variations and magnitudes agree with the trends derived here, too. Thus, the method of  
 405 binning SABER samplings based on YC leads a reliable global mean trends at  $50^{\circ}\text{S}$ – $50^{\circ}\text{N}$ .  
 406 Moreover, this method provides an opportunity to study the trends at latitudes higher than  $50^{\circ}\text{N/S}$  in  
 407 certain months.

408



**Figure 6.** Mean trends of the corrected mean temperature at  $50^{\circ}\text{S}$ – $50^{\circ}\text{N}$  (a) and at  $55$ – $80^{\circ}\text{S}$  (red line in b) or  $55$ – $80^{\circ}\text{N}$  (black line in b) of the six YCs. The annual mean trend is calculated by averaging the trends of the six YCs at  $50^{\circ}\text{S}$ – $50^{\circ}\text{N}$  and is shown a blue line in the middle panel of (a). The error bars indicate standard errors of the averaged data.

409

#### 410 4.2 The reliability of trends in the MLT region at latitudes higher than $50^{\circ}\text{N/S}$



411 At latitudes higher than 50°N/S, the altitude variations of the mean trends of the six YCs (Fig.  
412 6b) are seasonal symmetric approximately above 1 hPa. The magnitudes of trends are mainly in the  
413 range of -2–2 K/decade below the height of 10<sup>-3</sup> hPa. An interesting feature is the warming trends of  
414 1–2.5 K/decade at 10<sup>-2</sup>–10<sup>-3</sup> hPa in April, August, October, and December. The altitudes of peaks of  
415 the warming trends vary from 4×10<sup>-3</sup> hPa to 10<sup>-3</sup> hPa in different months. Focusing on the latitude  
416 band of 64–70°N in June and 64–70°S in December, Bailey et al. (2021) merged the temperature  
417 data from HALO and SABER (total length of 29 years) and HALOE and SOFIE (total length of 22  
418 years). Their analysis revealed warming trends of 1–2 K/decade near 5×10<sup>-3</sup> hPa (~85 km) at 64–  
419 70°N in June and 64–70°S in December, as illustrated in Fig. 7 of their paper. The results simulated  
420 by WACCM-X showed significant warming trends at ~80–95 km at latitudes higher than 45°S from  
421 November to February and close to zero or warming trends at latitudes higher than 45°N from June  
422 to July (Qian et al., 2019). The warming trends in December derived here coincides with those  
423 reported by Bailey et al. (2021) and Qian et al. (2019). The weak warming trend at 2×10<sup>-3</sup> hPa in  
424 June coincides with those in Qian et al. (2021) but is much smaller than the 1–2 K/decade reported  
425 by Bailey et al. (2021). In April and October, the warming trends are hemispheric symmetric at 10<sup>-2</sup>–  
426 10<sup>-3</sup> hPa and reach peak of ≥2 K/decade at 3×10<sup>-3</sup> hPa. Above 10<sup>-3</sup> hPa, the trends transit from  
427 warming to cooling.

428 We can see the extreme cooling trends of ≥6 K/decade above ~10<sup>-3</sup> hPa and in YC3 and YC6  
429 also in YC1 and YC4 but around 10<sup>-4</sup> hPa. These cooling trends are comparable with the global  
430 average mesosphere temperature of 6.8–8.4 K/decade derived by Mlynczak et al. (2022) after  
431 doubling of CO<sub>2</sub> at Earth’s surface. However, it takes decades to doubled CO<sub>2</sub>. Thus, a purely  
432 radiative effect due to the increasing CO<sub>2</sub> cannot support the extrem cooling trends derived here.  
433 Mlynczak et al. (2022) proposed that the F10.7 is not a suitable proxy to indicate effects of the solar  
434 radiations on the lower thermosphere. But the solar irradiance in the Schumann–Runge band (175–  
435 200 nm) might be responsible for the colder trend. Even so, the extreme cooling trends of ~10  
436 K/decade are still larger than those reported by Mlynczak et al. (2022). Other possible reasons for  
437 the extreme cooling trends in the high latitude MLT region can be attributed to: (1) the dynamical  
438 feedback in the polar MLT region; (2) the uncertainties of the SABER temperature measurements.

439 Besides the purely radiative effect on the cooling trends in the MLT region (i.e., Garcia et al.,  
440 2019, Mlynczak et al., 2022), the dynamical feedback might be another cause of the cooling trends.  
441 Based on the simplified Eulerian mean (TEM) thermodynamic equation, the temperature change  
442 ( $\Delta T$ ) caused by dynamics can be written as (Eq. 3 and 4 of Yu et al. (2023)),

$$443 \Delta T = -\alpha^{-1} \left( w^* S + v^* \frac{\partial \bar{T}}{a \partial \phi} \right). \quad (4)$$

444 Here,  $\alpha$  is the Newtonian cooling coefficient.  $w^*$  and  $v^*$  are the residual vertical and meridional

445 velocity, respectively.  $S$  and  $\bar{T}$  are the static stability and zonal mean temperature, respectively.  $a$   
446 and  $\varphi$  are the Earth's radius and latitude, respectively. From Eq. (4), we propose that the extreme  
447 cooling trends at high latitudes of the summer hemispheres (YC3 and YC6) might be resulted from  
448 the changing summer-to-winter circulation and gravity wave forcing in the MLT region. The  
449 circulation is upwelling (positive  $w^*$ ) in the summer hemisphere and causes a cold summer  
450 mesosphere through adiabatic cooling. Conversely, in the winter hemisphere, the circulation is  
451 downwelling (negative  $w^*$ ), leading to a warm winter mesosphere through adiabatic warming  
452 (Garcia and Solomon, 1985). A necessary condition for the extreme cooling trends at summer high  
453 latitudes is the stronger upwelling and thus the increasing gravity wave body force in the summer  
454 hemispheres. Previous studies showed that the potential energy of gravity waves (GWPE) in the  
455 MLT region exhibited significant positive trends at southern high latitudes in January and at  
456 northern high latitudes in July (Fig. 5 of Liu et al., 2017). The positive trends of GWPE might  
457 enhance the strength of upwelling and thus result in the extreme cooling trends at high latitudes of  
458 summer hemispheres. It should be noted that the dynamical feedback in the MLT region is only  
459 analyzed qualitatively, the quantitative analysis should be performed through model simulations.  
460 Such that one can elucidate the physics behind the strong cooling trend in the polar MLT region.

461 The main causes of the operational SABER temperature systematic uncertainties are the lack  
462 of accurate knowledge of atomic oxygen and carbon dioxide during the retrieval process. The  
463 atomic oxygen provided to the operational SABER temperature retrieval algorithm is from  
464 NRLMSISE-00 (Picone et al., 2002). Below 100 km, no atmospheric observations of atomic  
465 oxygen are incorporated. Thus, the uncertainty of atomic oxygen influences the uncertainties of  
466 temperature from  $\sim 75$  km to 110 km, in particular, above 100 km. The carbon dioxide provided to  
467 the operational SABER temperature retrieval algorithm is the monthly average value from WACCM  
468 model (Dawkins et al., 2018; Picone et al., 2002). Thus, there is no local time variation in carbon  
469 dioxide used in the operational SABER temperature algorithm. This will induce uncertainties of  
470 SABER temperature and thus the uncertainties of trends above 75 km.

471 These uncertainties in temperature may not be constant or stable in time or in space. To explore  
472 the impacts of the uncertainties in SABER temperature on the derived trends, we performed Monte  
473 Carlo simulations by assuming the uncertainties in SABER temperature following a uniform  
474 distribution in the range of  $\pm 25$ K. In each time of Monte Carlo simulation, in each YC and at each  
475 pressure level and within a latitude band of  $10^\circ$ , the SABER samplings (more than 5000 data) are  
476 added by random numbers following the uniform distribution in the range of  $\pm 25$ K. Then same  
477 procedure described in Sec. 2.1–2.3 was repeated to derive trends. The Monte Carlo simulations  
478 were performed 5000 times (see Appendix). The main result is that the uncertainties of  $\pm 25$ K in  
479 SABER samplings would induce a mean temperature variation of  $\sim 1$ – $3$  K and a false trend of  $\sim 0.5$ –

480 1.2 K/decade at high latitudes. This is mainly because the mean temperature is calculated from  
481 more than 5000 data in each YC within a latitude band of  $10^\circ$ , which reduces the standard deviation  
482 by a factor of  $\sim 1/250$  based on central limit theory. It must be noted that the actual distributions of  
483 the uncertainties in SABER samplings caused by atomic oxygen and carbon dioxide are unknown.  
484 The Monte Carlo simulation only provides a reference result by assuming the uncertainties  
485 following uniform distributions. This may not be valid for the case of SABER temperature  
486 systematic errors. So may not be valid. We only include it in the Appendix.

### 487 **4.3 The reliability of the mesopause trends**

488 The trends of  $\bar{T}_{msp}$  derived in this study are significant and mainly negative at  $50^\circ\text{S}$ – $50^\circ\text{N}$   
489 across most YCs. The averaged trend of  $\bar{T}_{msp}$  of the six YCs is  $-0.64 \pm 0.22$  K/decade over  $50^\circ\text{S}$ –  
490  $50^\circ\text{N}$ . When the average is performed over  $80^\circ\text{S}$ – $80^\circ\text{N}$ , the trend of  $\bar{T}_{msp}$  of the six YCs is -  
491  $1.03 \pm 0.40$  K/decade. The cooling trend of  $\bar{T}_{msp}$  derived here coincides also with the  $-0.5 \pm 0.21$   
492 K/decade in the mesosphere (Garcia et al., 2019) within only  $50^\circ\text{S}$ – $50^\circ\text{N}$ . Compared to the trend  
493 derived from sodium lidar observations during nighttime only around  $40^\circ\text{N}$ , the trends of  $\bar{T}_{msp}$  from  
494 SABER are about -0.1, 0.0, -0.2, -0.8, 0.6, -1.9 K/decade in the six YCs and have annual mean of -  
495 0.4 K/decade. This is less than the significant cooling trend of 2.3–2.5 K/decade during 1990–2018  
496 but is consistent with the insignificant cooling trend of 0.2–1 K/decade during 2000–2018 (Yuan et  
497 al., 2019). The comparisons of  $\bar{T}_{msp}$  between our results and those from satellite, ground-based  
498 observations exhibit general consistencies in the sense of annual mean or global-mean.

499 A notable feature is the warming trends of  $\bar{T}_{msp}$  with magnitudes of 0–2 K/decade at latitudes  
500 higher than  $40^\circ\text{S}$  in YC6. This warming trend is insignificant under 95% confidence level. If we  
501 change the temporal interval from 2002–2023 to 2002–2019, the trends of  $\bar{T}_{msp}$  are cooling with  
502 magnitudes of 1–2 K/decade. Here we note that the year 2020 is just after the time when the  
503 SABER temperature data was revised (version 2.08, since 15 December 2019) (Mlynczak et al.,  
504 2023). In this work, we use the SABER temperature data of versions 2.07 (before 15 December  
505 2019) and 2.08 (after 15 December 2019). According to Mlynczak et al. (2023), the new released  
506 data are free from the algorithm instability. On the other hand, there is no significant difference in  
507 the counterpart of YC3. A recent study by Yu et al. (2023) showed that the Hunga Tonga Hunga-  
508 Ha'apai (HTHH) volcanic eruption on 15 January 2022 induced temperature anomalies of  $\pm 10$  K  
509 globally in the stratosphere and mesosphere in August. The anomalies disappeared after September  
510 2022. This indicates that the volcanic eruption may influence the mesosphere temperature through  
511 circulations and waves. From the mesopause temperature of YC6 shown in Fig. 3, we see that the  
512 warmer mesopause occurred after 2020 before the HTHH volcanic eruption. Thus, the largest  
513 difference in YC6 may not be caused by the algorithm instability or the HTHH volcanic eruption but

514 a realistic result. As shown in Figs. 2(d) and 5(b) and reported by Wang et al. (2022), the annual  
515 variability of  $z_{msp}$  is  $\sim 5$  km at the southern high latitudes (YC6) but is relative stable at the northern  
516 high latitudes (YC3). The large annual variability of  $z_{msp}$  induces a large variability of  $\bar{T}_{msp}$   
517 (indicated by large standard deviations in the right panel of Fig. 5b). This in turn contributes to the  
518 large variability of the trends of  $\bar{T}_{msp}$  at southern high latitudes.

## 519 **5 Summary**

520 Using the temperature profiles measured by the SABER instrument throughout the period of  
521 2002–2023 (about two solar cycles) and binning them based on yaw cycles (YCs), we get  
522 continuous data with good LT coverage within the range of  $50^{\circ}\text{S}$ – $80^{\circ}\text{N}$  or  $80^{\circ}\text{S}$ – $50^{\circ}\text{N}$ . Then we can  
523 obtain an accurate mean temperature excluding atmospheric waves. The temporal span of each YC  
524 drifted forward about one month from 2002 to 2023, aliasing the seasonal change in temperature  
525 into long-term trends. This season change is removed by using the climatological temperature of  
526 MSISE2.0. The remaining temperature is regarded as the corrected mean temperature ( $\bar{T}_{bcrt}^{year}$ ) of  
527 each YC. Then the mesopause temperature ( $\bar{T}_{msp}$ ) and height ( $\bar{z}_{msp}$ ) are calculated from  $\bar{T}_{bcrt}^{year}$ .  
528 Such that the trends of the mean temperature and the mesopause structure can be studied in each YC  
529 at high latitudes using MLR. The main results are summarized as below:

530 The cooling trends are significant in the MLT region and coincide well with previous results at  
531  $50^{\circ}\text{S}$ – $50^{\circ}\text{N}$ . At latitudes higher than  $55^{\circ}\text{N}$ , the new findings are that the cooling trends have  
532 magnitudes of  $\geq 2$  K/decade at northern high latitudes in February, April, and June and at southern  
533 high latitudes in August, October, and December. There are also extreme cooling trends of  $\geq 6$   
534 K/decade in the lower thermosphere at the northern high latitude in February and June and at the  
535 southern high latitudes in August and December. Both the cooling and extreme cooling trends are  
536 hemispheric and seasonal symmetric.

537 Besides the general cooling trends, there are also warming trends of  $1$ – $2.5$  K/decade at  $10^{-2}$ – $10^{-3}$   
538 hPa and at latitudes higher than  $55^{\circ}\text{N}$  in October and December and at latitudes higher than  $55^{\circ}\text{S}$   
539 in April and August. The peaks of the warming trends vary from  $4 \times 10^{-3}$  hPa to  $10^{-3}$  hPa in different  
540 months. The warming trend in December coincides with previous observational and simulation  
541 results.

542 The mean  $\bar{T}_{msp}$  ( $z_{msp}$ ) in the northern summer polar region is colder (lower) than that in the  
543 southern counterpart by a value of  $\sim 5$ – $11$  K ( $\sim 1$  km) over the past 22 years. Although the trends of  
544  $\bar{T}_{msp}$  are highly dependent on latitudes and months, they are negative at most latitudes and have  
545 larger magnitudes at higher latitudes. The trends of  $\bar{T}_{msp}$  at the southern high latitudes in December  
546 are highly dependent on the data length. The trends of  $\bar{T}_{msp}$  change from warming of  $0$ – $2$  K/decade  
547 during 2002–2023 to cooling of  $1$ – $2$  K/decade during 2002–2019. The significant dependence of the

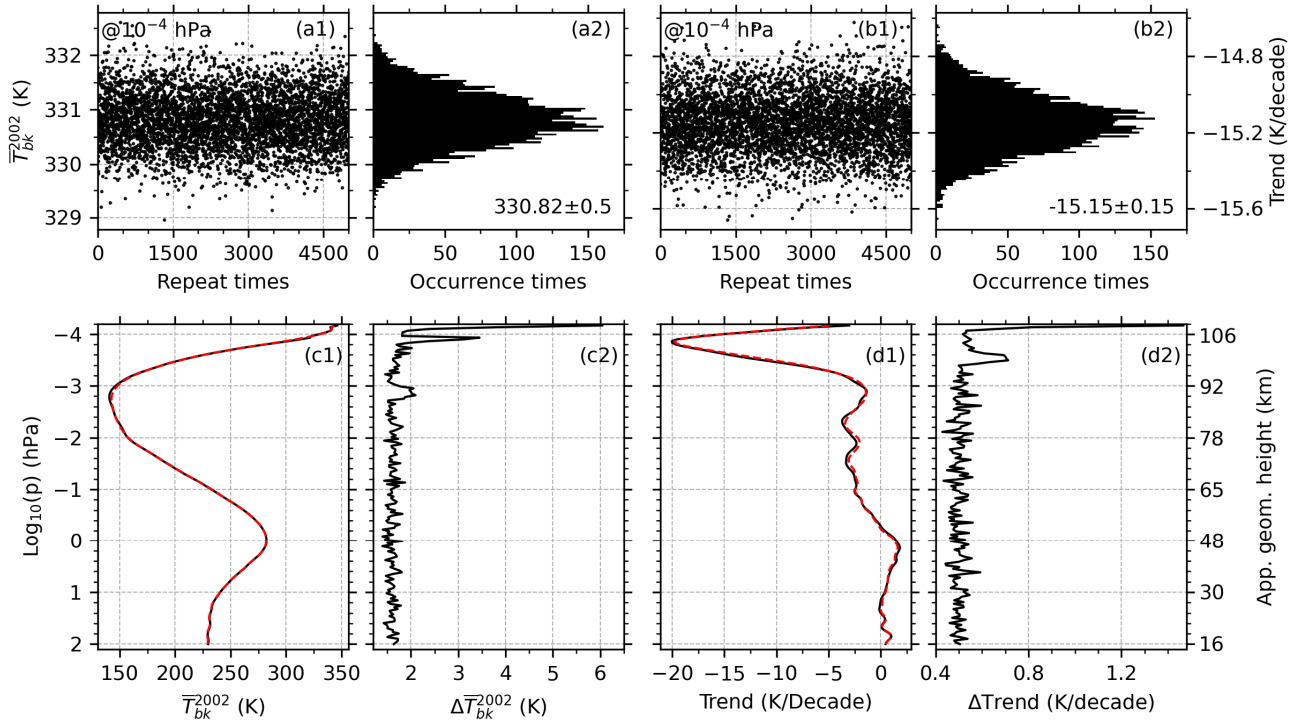
548 trends of  $\bar{T}_{msp}$  on the data length might be caused by the large annual variability of  $z_{msp}$  at the  
549 southern high latitudes in December.

550 The trends of the mean temperature in the MLT region and mesopause are revealed from  
551 continuous observations of the SABER instrument over the past 22 years. The data length is long  
552 enough to determine reliable trends. Our results provide an observational proof that the extreme  
553 cooling trends at high latitudes are more sensitive to the changing dynamics associated with climate  
554 change and should be paid more attentions in future observational and model studies.

## 555 Appendix

556 Around  $10^{-4}$  hPa, the uncertainties of SABER temperature measurements are around 25 K at  
557 mid-latitudes and are likely higher at high latitudes. These uncertainties are mainly attributed to the  
558 uncertainties of atomic oxygen and carbon dioxide, which were used in the operational SABER  
559 temperature retrieval algorithm. Moreover, these uncertainties in temperature may not be constant  
560 or stable in time or in space. To explore the impacts of the uncertainties in SABER temperature on  
561 the derived trends, we performed Monte Carlo simulations by assuming the uncertainties in SABER  
562 temperature following a uniform distribution in the range of  $\pm 25$ K. In each time of Monte Carlo  
563 simulation, in each YC and at each pressure level and within a latitude band of  $10^\circ$ , the SABER  
564 samplings (more than 5000 data) are added by random numbers following the uniform distribution  
565 in the range of  $\pm 25$ K. Then same procedure described in Sec. 2.1–2.3 was repeated to derive trends.  
566 The Monte Carlo simulations were performed 5000 times to get convincing results.

567 Since the cooling trends are very large in YC3 and at  $75^\circ\text{N}$ , especially around the pressure  
568 levels of around  $10^{-4}$  hPa, we show in Figure A the impact of the random uncertainties of SABER  
569 temperature on the derived trends in YC3 and at  $75^\circ\text{N}$ . The uncertainties of  $\pm 25$ K in SABER  
570 samplings induce the mean temperature ( $\bar{T}_{bk}^{2002}$ ) varying in the range of  $\pm 2$  K (Fig. Aa1) with  
571 standard deviation of 0.5 K (Fig. Aa2) at  $10^{-4}$  hPa. This in turn induces the trends varying in the  
572 range of  $\pm 0.6$  K/decade (Fig. Ab1) with standard deviation of 0.15 K/decade (Fig. Ab2) at  $10^{-4}$  hPa.  
573 The altitude profile of  $\bar{T}_{bk}^{2002}$  by assuming a zero uncertainty is similar to that calculated by  
574 assuming the random uncertainties of  $\pm 25$ K (Fig. Ac1). The differences of the maximum and  
575 minimum of  $\bar{T}_{bk}^{2002}$  among the 5000 times of Monte Carlo simulations are  $\sim 1\text{--}2$  K below  $5 \times 10^{-4}$  hPa  
576 and are  $\geq 3$  K around  $10^{-4}$  hPa (Fig. Ac2). The altitude profile of trend by assuming a zero  
577 uncertainty is similar to that calculated by assuming the random uncertainties of  $\pm 25$ K (Fig. Ad1).  
578 The differences of the maximum and minimum of trend among the 5000 times of Monte Carlo  
579 simulations are  $\sim 0.5$  K/decade below  $10^{-3}$  hPa and are  $\sim 0.5\text{--}1.2$  K/decade around  $10^{-4}$  hPa (Fig.  
580 Ad2). This example illustrates that the uncertainties of  $\pm 25$ K in SABER samplings would induce a  
581 mean temperature variation of  $\sim 1\text{--}3$  K and a false trend of  $\sim 0.5\text{--}1.2$  K/decade at high latitudes.



**Figure A.** The impacts of random uncertainties of  $\pm 25\text{K}$  in SABER temperature on the derived trends in YC3 and at  $75^\circ\text{N}$  during 5000 times of Monte Carlo simulation. (a1) and (a2): the mean temperature calculated from SABER sampling ( $\bar{T}_{bk}^{2002}$ ) and its histogram at  $10^{-4}$  hPa; (b1) and (b2): the trend and its histogram at  $10^{-4}$  hPa; (c1) and (d1): the altitude profiles of  $\bar{T}_{bk}^{2002}$  by assuming zero uncertainty (black) and random uncertainties of  $\pm 25\text{K}$  (dashed-black); (c2) and (d2) altitude profile of the difference between the maximum and minimum of  $\bar{T}_{bk}^{2002}$  and trend.

583

584 Another Monte Carlo simulation is performed to test the impacts of the uncertainties of  $\pm 25\text{K}$   
 585 on the mean temperature (180 K) by changing the sampling points. During 5000 times of  
 586 simulations (not shown here), the mean temperature and its standard deviation are  $179.956 \pm 4.5$  K if  
 587 there are 10 samplings; the mean temperature and its standard deviation are  $179.977 \pm 1.43$  K if there  
 588 are 100 samplings; the mean temperature and its standard deviation are  $179.997 \pm 0.20$  K if there are  
 589 5000 samplings. This indicates that the increasing samplings can reduce the measurement  
 590 uncertainties efficiently. Although the uncertainties of SABER samplings are as large as  $\pm 25\text{K}$  at  
 591 high latitudes, its impact on the trends are insignificant in the highly averaged results. This is mainly  
 592 because mean temperature is calculated from more than 5000 data in each YC within a latitude band  
 593 of  $10^\circ$ , which reduces the standard deviation by a factor of  $\sim 1/250$  based on central limit theory. It  
 594 must be noted that the actual distributions of the uncertainties in SABER samplings are unknown.  
 595 The Monte Carlo simulation only provides a reference result by assuming the uncertainties  
 596 following uniform distribution. This may not be valid for the case of SABER temperature

597 systematic errors.

598

## 599 **Author contributions**

600 XL analyzed the data and prepared the paper with assistance from all co-authors. JX and JY  
601 design the study. All authors reviewed and commented on the paper.

## 602 **Data Availability Statement**

603 All SABER data can be accessed from Space Physics Data Facility, Goddard Space Flight  
604 Center (<https://spdf.gsfc.nasa.gov/pub/data/timed/saber/> (last access: January 2024; Mlynczak et al.,  
605 2023). The  $F_{10.7}$  data were obtained from <https://spdf.gsfc.nasa.gov/pub/data/omni/> (last access:  
606 January 2024; Tapping, 2013). The QBO data were obtained from [https://acd-  
607 ext.gsfc.nasa.gov/Data\\_services/met/qbo/](https://acd-ext.gsfc.nasa.gov/Data_services/met/qbo/) (last access: January 2024; Baldwin et al., 2001). The  
608 ENSO data were obtained from <https://www.psl.noaa.gov/enso/mei/> (last access: January 2024;  
609 Zhang et al., 2019; Wolter and Timlin, 2011)

## 610 **Competing interests**

611 The authors declare that they have no conflict of interest.

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