Trends of the high latitude mesosphere temperature and mesopause revealed by SABER

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Key Points:

- The mean temperature in the high latitude MLT region is obtained by binning the SABER observations based on yaw cycles during 2002–2023

- In the high latitude MLT, the cooling trend is seasonal symmetric and reaches peak of ≥6 K/decade at highest latitudes around summer solstice

- The trends of mesopause temperature depend on latitudes but are mostly negative and have larger magnitudes at highest latitude

Abstract

The temperature trend in the mesosphere and lower thermosphere (MLT) region can be regarded as an indicator of climate change. Using temperature profiles measured by the Sounding of the Atmosphere using Broadband Emission Radiometry (SABER) instrument during 2002–2023 and binning them based on yaw cycle, we get continuous dataset with wide local time coverage at 50°S–80°N or 80°S–50°N. The seasonal change of temperature, caused by the forward drift of SABER yaw cycle, is removed by using the climatological temperature of MSIS2.0. The corrected temperature without any waves ~~and~~ is regarded as the mean temperature. At 50°S–50°N, the cooling trends of the mean temperature are significant in the MLT region and are in agreement with previous studies. The novel finding is that the cooling trends of ≥2 K/decade exhibit seasonal symmetric and reach peaks of ≥6 K/decade at high~~est~~ latitudes around the summer solstice. Moreover, there are warming trends of 1–2.5 K/decade at ~~pressure height~~altitude range of 10^{-2}–10^{-3} hPa, specifically at latitudes higher than 55°N in October and December and at latitudes higher than 55°S in April and August. The mesopause temperature (~~height~~altitude) in the northern summer polar region is colder (lower) than that in the southern counterpart by ~5–11 K (~1 km) over the past 22 years. The trends of the mesopause temperature are dependent on latitudes and months. But they are negative at most latitudes and reach larger magnitudes at high~~est~~ latitudes. These results indicate that the temperature in the high latitude MLT region is more sensitive to dynamic changes.

1 Introduction

  Observational and simulation studies have revealed that the global mean temperature trend is cooling in the mesosphere and lower thermosphere (MLT) (Beig et al., 2003; Laštovička et al., 2006; Yue et al., 2019b; Laštovička, 2023). The cooling trends observed in the MLT region are mainly caused by the increasing anthropogenic greenhouse gases such as carbon dioxide. Moreover, changes of the stratospheric ozone depletion and recovery, increasing mesospheric water vapor concentration, solar and geomagnetic variations may also contribute to the long-term changes of temperature in the MLT region (Laštovička, 2009; Yue et al., 2019a, 2015; Garcia et al., 2019; Mlynczak et al., 2022; Zhang et al., 2023).

  A recent review work by Laštovička (2023) summarized that temperature trends are generally cooling but also depend on local times, heights, and geographic locations in the MLT region (Venkat Ratnam et al., 2019; Das, 2021; She et al., 2019; Yuan et al., 2019; Ramesh et al., 2020). These results were mostly derived from ground-based and satellite observations at low and middle latitudes, while the simulations provided insights into the long-term trends from pole to pole. On the other hand, the long-term trends in temperature at high latitudes have not been thoroughly examined and well understood yet, due to scarce observations. Driven by the summer-to-winter meridional circulation, the upwelling causes adiabatic cooling in the summer polar mesosphere, while the downwelling causes adiabatic warming in the winter polar mesosphere (Dunkerton, 1978; Garcia and Solomon, 1985). Thus, the high latitude temperature is more sensitive to the changes of dynamics, wave and forcing, stratospheric wind etc. (Russell et al., 2009; Qian et al., 2017; Yu et al., 2023).

  The progress in studying long-term trends in the MLT region has been summarized and reported by Laštovička and Jelínek (2019) and Laštovička (2023). Here we highlight some studies related to the temperature trends in temperature at high latitudes. Using temperature measured by the Sounding of the Atmosphere using Broadband Emission Radiometry (SABER) instrument and simulated by Whole Atmosphere Community Climate Model version 4 (WACCM4), Garcia et al. (2019) showed that the global mean SABER temperature (52°S–52°N) had of a cooling trends of 0.4–0.5 K/decade during 2002–2018 in the stratosphere and mesosphere,. These magnitudes were smaller than those simulated by WACCM4 (0.6–0.9 K/decade) but within 2 times of the standard deviation. Using Leibniz Institute Middle Atmosphere Model (LIMA) under northern hemispheric conditions during 1871–2008, Lübken et al. (2018) showed that the cooling trend in the MLT region was 1.5 K/decade during 1960–2008, and was 0.7 K/decade during 1871–2008 at 55–61°N on geometric heights. However, the trend was neglectable on pressure heights. On pressure heights, the global mean SABER temperature (55°S–55°N) had cooling trends of 0.5 and 2.6 K/decade, respectively, at 10^{-3} hPa (~92 km) and 10^{-4} hPa (~106 km) during 2002–2021 (Mlynczak et al.,

2022). The results of Lübken et al. (2018) and Mlynczak et al. (2022) illustrated that the cooling trends were larger over recent decades on both geometric and pressure heights as compared to the beginning of industrialization. To achieve a longer time series, Li et al. (2021) constructed a nearly 30-year dataset at 45°S–45°N by merging the temperature measured by the Halogen Occultation Experiment (HALOE) instrument during 1991–2005 and the SABER instrument during 2002–2019. They showed that the cooling trend was significant and reached a peak of 1.2 K/decade at 60–70 km in the Southern Hemisphere (SH) tropical and subtropical region. Moreover, the cooling trend in the SH was larger than its counterpart in the Northern Hemisphere (NH).

At high latitudes, ground-based observations of OH nightglow rotational temperature revealed a significant cooling trend of 1.2 ± 0.51 K/decade at Davis (68°S, 78°E) during 1995–2019 (French et al., 2020). The OH rotational temperature around midnight exhibited a significant cooling trend of 2.4 K$\pm$2.3/decade in summer and an insignificant cooling trend of 0.4 ± 2.2K/decade in winter at Moscow (57°N, 37°E) during 2000–2018 (Dalin et al., 2020). Using the ice layer parameters simulated by the LIMA model and the Mesospheric Ice Microphysics And transport ice particle model, Lübken et al. (2021) showed that the negative trend of noctilucent clouds ~~heights~~ altitudes (~83 km) was primarily caused by the increasing CO_2 ~~induced cooling at lower heights~~ in the troposphere during 1871–2008 at 58°N, 69°N, and 78°N. At these three latitudes, the cooling trends were of ~0.2 K/decade during 1871–1960 and 1.0 K/decade during 1960–2008. Near the latitude band of 64–70°N in June and 64–70°S in December, Bailey et al. (2021) constructed two datasets by merging the temperature measured by HALOE and SABER and by HALOE and SOFIE (Solar Occultation for Ice Experiment). They showed that there were cooling trends of ~1–2 K/decade near 0.1–0.01 hPa (~68–80 km) and warming trends of ~1 K/decade near 0.005 hPa (~85 km) at 64–70°N in June and 64–70°S in December. Moreover, the WACCM-X simulation results by Qian et al. (2019) showed that the temperature trends were mostly cooling in the MLT region. However, there were also warming at ~80–95 km in the SH polar region from November to February (Fig. 3 of their paper). The disagreement of these results at high latitudes might attribute to the different temporal spans and local times, observations using different instruments, and different methods deriving the trends. It is overarching to study the temperature trends at high latitudes using one coherent measurement over a long period.

The SABER temperature profiles cover latitudes of 53°S–83°N in the north viewing maneuvers and 83°S–53°N in the south viewing maneuvers since 2002. The operational SABER temperature profile covers an altitude range of ~15–110 km. The uncertainties of SABER temperature profile are height dependent. For a single temperature profile, its uncertainties are summarized at https://spdf.gsfc.nasa.gov/pub/data/timed/saber/ and are of ~1.8–2.3 K at z=60–80 km, ~5.4–8.4 K at 90–100 km, and ~8.4–29.2 K at 100–110 km under the condition of~~Each~~

115 ~~temperature profile covers a height range of ~15–110 km with accuracies of ~1.8–2.3 K at z=60–80~~
116 ~~km and ~5.4–8.4 K at 90–100 km and~~ vertical resolution of 2 km (Remsberg et al., 2008; Rezac et
117 al., 2015; Dawkins et al., 2018). These data exhibited remarkable stability over the last two decades
118 following the correction of algorithm instability (Mlynczak et al., 2020, 2022, 2023). Using the
119 SABER temperature profiles during 2002–2019, Zhao et al. (2020) employed a 60-day moving
120 window to obtain the mean temperature. Their analysis revealed that the annual and global mean
121 trend of mesopause temperature is cooling with magnitude of 0.75 K/decade. Moreover, the cooling
122 trend is significant in non-summer seasons but insignificant in summer (May–August) at 60–
123 80°N/S. It should be noted that, SABER yaw cycle (YC) drifted forward about one month from
124 2002 to 2023 (see Fig. 1 below) due to changing satellite orbit. This induces the local time (LT)
125 coverage in a certain month differing from year to year at high latitudes if the window is set to be
126 constantly 60-day~~s~~.

127   Here we focus on the trend of the mean temperature without any atmospheric waves (i.e.,
128 gravity waves, tides and planetary waves). Calculating zonal mean can remove gravity waves,
129 nonmigrating tides and long-period planetary waves. However, migrating tides depend on LT and
130 are strong in the MLT region. They cannot be simply removed by calculating zonal mean. In this
131 work, we bin the data based on YC, which covers an interval of 54–64 days (see Fig. 1 below) and
132 provides almost full local time coverage (except the 1–3 hours around noon). Thus, the mean
133 temperature can be accurately determined by removing the migrating tides at 53°S–83°N or 83°S–
134 53°N using harmonic fitting. Each YC at every year covers varying ranges of dates. This results in
135 the aliasing of the seasonal variation of temperature into the mean temperature of each YC. This
136 issue can be resolved as below. We use the temperature of the recently released whole-atmosphere
137 empirical model MSIS2.0 (Emmert et al., 2021) as a reference for the seasonal variation. This
138 seasonal variation (more than 10 K as seen in Fig. 2b) embedded in YC drift is removed from the
139 mean temperature of each YC. Thus, using the advantages of SABER measurements at high
140 latitudes and binning the data based on YC, we focus on the long-term trends of the mean
141 temperature and the mesopause in the high latitude MLT region.

2   Method of calculating mean temperature and trend

143   The mean temperature ($\bar{T}_{bk}$) excludes gravity wave, tides and planetary waves. Moreover,
144 compared to the magnitudes of $\bar{T}_{bk}$, its trend is a small value and should be determined with extra
145 caution. The method of calculating $\bar{T}_{bk}$ is based on a YC window. This ensures a good LT coverage
146 at high latitudes. Compared to the fixed 60-day window, the advantage and necessity of the YC
147 window are described below.

148   The YC window is defined as the temporal interval during which the SABER measurements

are in the northward or southward viewing maneuver. Figure 1 shows the beginning date and temporal span of each YC. We see that there are about six YCs in each year, being named as YC1–YC6. The temporal spans of YCs are 54–64 days. This ensures that the LT coverage of SABER samplings is more than 18 hours at high latitudes. Therefore, migrating tides can be removed efficiently through harmonic fitting. In contrast, the LT coverage in a fixed 60-day window is different from year to year at high latitudes. This is because the temporal span of each YC drifted forward about one month from 2002 to 2023 (Fig. 1). For the case of the fixed 60-day window and at 70°N and in March (spanning from 14th February to 14th April with a center on 15th March), the sampling hours distributed at 0–2, 5–11, and 21–24 LT and had a coverage of only 14 hours in 2005. However, the sampling hours in 2022 distributed at 0–10 and 13–24 LT and had a coverage of 22 hours. The year-to-year variations of LT distribution and coverage might induce uncertainties and biases into $\bar{T}_{bk}$. Thus, the YC dependent window is necessary to obtain a wide LT coverage.

We note that the forward drift of YC raises an issue that each YC at every year covers varying ranges of date. This aliases seasonal variation of temperature into $\bar{T}_{bk}$ and should be removed to get a corrected mean temperature ($\bar{T}_{bcrt}$). The detailed procedure of the calculating $\bar{T}_{bcrt}$ and its trend is presented in Sec. 2.1–2.3. The procedure of calculating mesopause temperature and height is presented in Sec. 2.4.
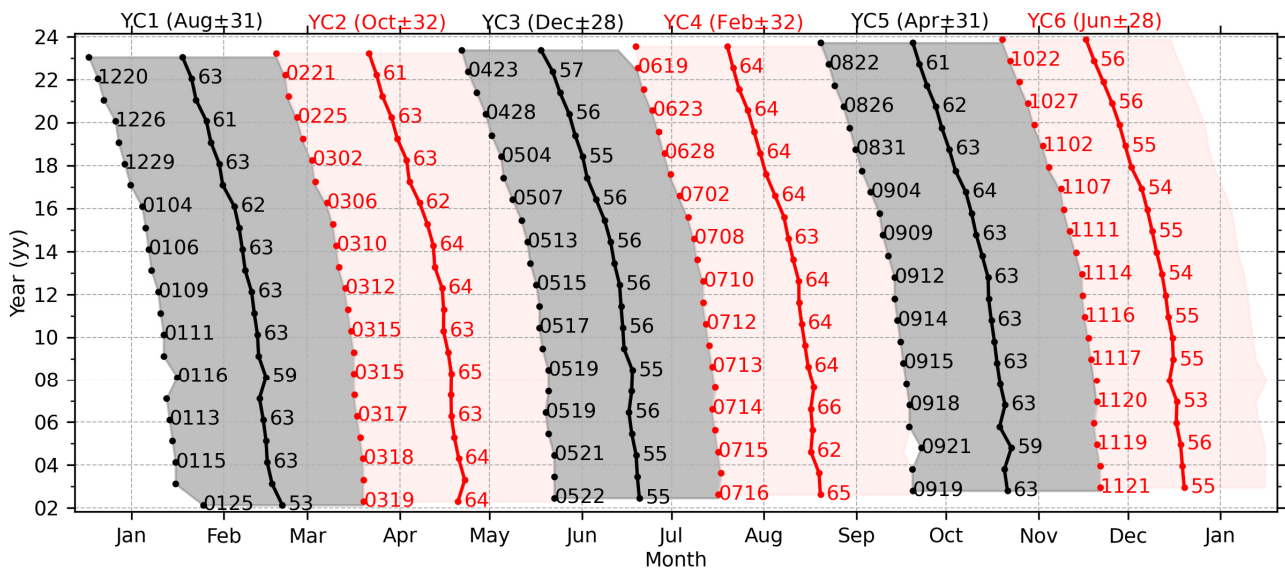
Figure 1. The temporal span of each YC from 2002 to 2023. The gray (red) region indicates the north (south) viewing maneuver. The beginning date (format of "mmdd", "mm" and "dd" mean the month and the day of month, respectively) and temporal span (unit of days) of each yaw are labeled on the right of beginning (dot) and center date (dot-line), respectively. The six YCs and their center date in 2003 and half spans and are labeled as YC1–YC6 on the top.

2.1 Removing waves from SABER temperature

In each YC, the background temperature is calculated at three steps. Firstly, at each latitude band and pressure level, the daily zonal mean temperature ($\bar{T}_d$) is calculated by averaging the temperature profiles at ascending and the descending nodes, respectively. This largely removes the gravity waves, non-migrating tides, and long-period planetary waves. Here each latitude band has a width of $10°$ with centers offset by $5°$ from $80°S$ to $80°N$. Secondly, linear regression is performed on $\bar{T}_d$ at each node and is formulated as,

$$\bar{T}_d = \bar{T}_{d0} + kt_{UT} + \bar{T}_{res}. \tag{1}$$

Here, $\bar{T}_{d0}$ is the mean temperature in each YC. t_{UT} is the universal time with a unit of day, k represents the linear variation of $\bar{T}_d$ in each YC. After removing $\bar{T}_{d0}$ and the linear variation (kt_{UT}) from $\bar{T}_d$, we get a residual temperature $\bar{T}_{res}$ of each YC. Thirdly, tidal fitting is performed on $\bar{T}_{res}$ of both nodes and is formulated as,

$$\bar{T}_{res} = \bar{T}_{bk} + \sum_{n=1}^{3} a_n \cos(n\omega t_{LT} - \varphi_n). \tag{2}$$

Here, $\omega = 2\pi/24$ is the rotation frequency of Earth with a unit of rad/hour, t_{LT} is the local time with a unit of hour, a_n and φ_n are, respectively, the amplitudes and phases of migrating diurnal ($n = 1$), semidiurnal ($n = 2$) and terdiurnal ($n = 3$). Now, $\bar{T}_{bk}$ excludes atmospheric waves and is regarded as the mean temperature.

2.2 Removing seasonal variations from the mean temperature

Figure 1 shows that the center date of each YC shifts forward about one month from 2002 to 2023. This forward drift induces the seasonal variation of temperature into $\bar{T}_{bk}$. This could further alias the long-term trend calculated from $\bar{T}_{bk}$ and can be removed with the help of MSIS2.0. This is because MSIS2.0 has assimilated the SABER temperature profiles during 2002–2016. The climatological temperature of MSIS2.0 coincides with that of SABER within the uncertainties of ~ 3 K in the MLT region (Emmert et al., 2021). The detailed procedure of removing seasonal variations is described below.

Firstly, we calculate the mean temperature of MSIS2.0. The temperature profiles (at 15 longitudes and 24 LTs each day) are calculated from MSIS2.0 under the conditions of lower solar activity ($F_{10.7} = 50$ SFU) and geomagnetic quiet time ($ap = 4$ nT) throughout one calendar year. Such that solar and geomagnetic activities do not influence the seasonal variation and trend of the mean temperature. Then the daily zonal mean is performed on the temperature profiles of each day. This removes tides and long-period planetary waves. The daily zonal mean temperature in each YC is averaged to get the mean temperature ($\bar{T}_{MSIS}^{year}$, the superscript means the YC in that year). Figures 2(a1) and (a2) show the $\bar{T}_{MSIS}^{year}$ at $70°N$ in YC3 and $70°S$ in YC6 during 2002–2023, respectively.

Secondly, we calculate the seasonal variations of each YC. The seasonal variations ($\Delta\bar{T}_{MSIS}^{year}$)

202 caused by the forward drift of each YC in different years are quantified by the difference between

203 $\bar{T}_{MSIS}^{year}$ of that year and the reference year (i.e., $\bar{T}_{MSIS}^{2002}$). For example, the difference between 2003

204 and 2002 is calculated as $\Delta\bar{T}_{MSIS}^{2003} = \bar{T}_{MSIS}^{2003} - \bar{T}_{MSIS}^{2002}$. More specifically, since $\bar{T}_{MSIS}^{year}$ does not include

205 the year-to-year variations of temperature but depends on the temporal span of YC only, $\Delta\bar{T}_{MSIS}^{2003}$ in

206 YC3 represents the seasonal variation from 20th to 19th June. Figures 3(b1) and (b2) show $\Delta\bar{T}_{MSIS}^{year}$ at

207 70°N in YC3 and 70°S in YC6 during 2002–2023, respectively. It is evident that the forward drift of

208 YC induces temperature variations of ±20 K at 70°N/S from 2002 to 2023, and should be removed

209 before we determine the long-term trends in SABER temperature.

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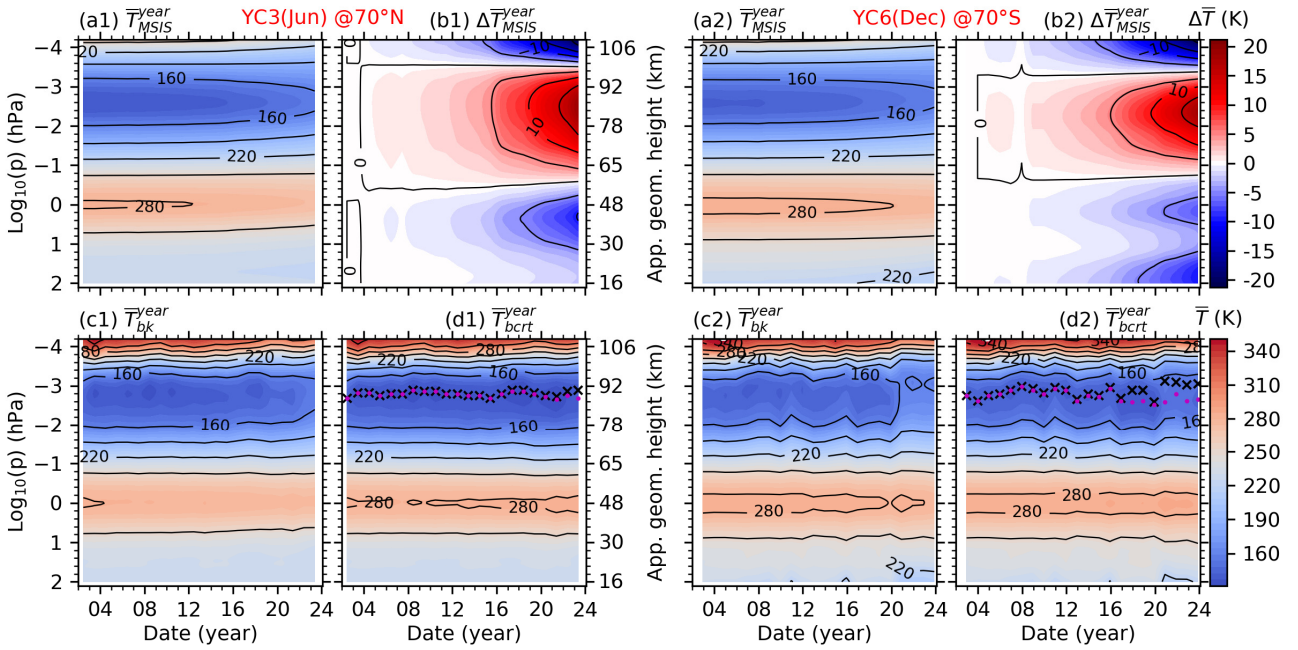
Figure 2. The date-height distributions of the mean temperature calculated from NRLMSIS 2.0 ($\bar{T}_{MSIS}^{year}$) and SABER ($\bar{T}_{bk}^{year}$) at 70°N in YC3 (left two columns) and 70°S in YC6 (right two columns). $\bar{T}_{MSIS}^{year}$ is used as a reference to calculate the seasonal variation ($\Delta\bar{T}_{MSIS}^{year}$) caused by the forward drift of YC from 2002 to 2023. Then, the corrected mean temperature ($\bar{T}_{bcrt}^{year}$) is calculated by removing $\Delta\bar{T}_{MSIS}^{year}$ from $\bar{T}_{bk}^{year}$. The mesopause ~~heights~~ altitudes calculated from $\bar{T}_{bk}^{year}$ and $\bar{T}_{bcrt}^{year}$ are plotted as black cross and red dots, respectively. The plots of $\bar{T}_{MSIS}^{year}$, $\bar{T}_{bk}^{year}$, and $\bar{T}_{bcrt}^{year}$ have the same colorbar of $\bar{T}$. The plot of $\Delta\bar{T}_{MSIS}^{year}$ has the colorbar of $\Delta\bar{T}$. Same scales in y-axis are used in all panels. The approximate geometric height is label on the right of the second column.

211

212 **Table 1.** The date range of each YC and its corresponding season in the reference year of 2003

YCs	YC1	YC2	YC3	YC4	YC5	YC6
Date range	20/Feb±31	20/Apr±32	20/Jun±28	19/Aug±32	13/Oct±31	10/Dec±28
Season	later winter	later spring	summer	early autumn	later autumn	winter

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Finally, we correct the mean temperature. The corrected mean temperature ($\bar{T}_{bcrt}^{year}$, shown in Figs. 3d1 and d2) is obtained by removing $\Delta \bar{T}_{MSIS}^{year}$ from $\bar{T}_{bk}^{year}$. This removes the seasonal variation caused by the forward drift of YC from 2002 to 2023. Moreover, $\bar{T}_{bcrt}^{year}$ retains the long-term trend of the mean temperature. We note that, after removing $\Delta \bar{T}_{MSIS}^{year}$, $\bar{T}_{bcrt}^{year}$ covered by each YC can be represented by its center date and half span in the reference year (Tab. 1). Table 1 also lists the approximate season related to each YC.

2.3 Determining the long-term trend of the mean temperature

To calculate accurate trends in the MLT region, multi-year variations should be removed properly. The multi-year variations of temperature in the MLT region could be the solar cycle with a period of about 11 years (Beig et al., 2008; Tapping, 2013; Forbes et al., 2014; Gan et al., 2017; Qian et al., 2019), and the influences from below, such as the stratospheric quasi-biennial oscillation (QBO) with a period of about 28 months (Baldwin et al., 2001; Zhao et al., 2021) and El Niño-Southern Oscillation (ENSO) with varying cycles of around 2–7 years (Domeisen et al., 2019; Li et al., 2013, 2016; Randel et al., 2009). The solar cycle can be represented by the solar radiation flux at 10.7 cm (i.e., $F_{10.7}$ with unit of SFU=10^{-22}Wm^{-2}Hz^{-1}) (Tapping, 2013). ENSO is represented by multivariate ENSO index (MEI) (Domeisen et al., 2019). QBO is represented by the monthly mean zonal wind measured by radiosonde at Singapore (Baldwin et al., 2001). The multiple linear regression (MLR) method is effective to separate the long-term trend in temperature from the variations caused by solar cycle, ENSO and QBO. The MLR equation is formulated as,

$$Y(t) = c_0 + c_1 t + c_2 F_{10.7}(t) + c_3 \text{ENSO}(t) + c_4 \text{QBO}_{10}(t) + c_5 \text{QBO}_{30}(t) + \varepsilon(t). \tag{3}$$

Here, Y represents the mean temperature at year t from 2002 to 2023. c_0 represents a mean state of Y. c_1 is the long-term trend of Y. c_2, c_3, c_4, c_5 represent the contributions from solar cycle, ENSO, and QBO zonal wind at 10 hPa (QBO$_{10}$) and 30 hPa (QBO$_{30}$), respectively. The terms of $F_{10.7}$, ENSO, QBO$_{10}$, and QBO$_{30}$ are included in Eq. (3) for the purpose of determining long-term trend correctly but are not considered further in this work. Here we note that both the trends (linear variations) and quasi-periodical variations represent the natural variations in QBO and other predictors. These natural variations might influence the trends and variations of temperature. Thus, MLR is applied to characterize the contributions from the natural variations of predictors, and then the resulted trends of temperature exclude the trends inhibited in the predictors. This is the trend studied in this work. Otherwise, if these predictors are de-trended, their residuals are used in the MLR. The resulted trends of temperature may include the trends inhibited in predictors.

The statistical significances of the regression coefficients are measured by the student-t test

247 and the variance-covariance matrix of Eq. (3). Specifically, in Eq. (3), the sampling points are 22,

248 and the predictor variables are 6. This results in the degree of freedom of 16. Consequently, the

249 critical value is ~2.1 based on the student-t test at confidence level of 95% (Kutner et al., 2005).

250 This signifies that, with reference to the 95% confidence level, the magnitude of the regression

251 coefficient should be at least 2.1 times greater than the standard deviation.

2.4 Determining the mesopause of each yaw cycle

253   The mesopause temperature ($\bar{T}_{msp}$) is defined as the minimum of the mean temperature. The

254 pressure level where the minimum temperature occurs is defined as the mesopause ~~height~~ altitude

255 (z_{msp}). Figures 2(d1) and (d2) show the mesopause altitude~~height~~s calculated from $\bar{T}_{bk}^{year}$ (black

256 cross) and $\bar{T}_{bcrt}^{year}$ (red dot), respectively. We see that the mesopause ~~heights~~ altitudes calculated from

257 $\bar{T}_{bk}^{year}$ and $\bar{T}_{bcrt}^{year}$ are nearly identical in the first several years but exhibit discrepancies over the later

258 several years. This implies that the seasonal variation caused by the forward drift of YC affects the

259 mesopause ~~heights~~ altitudes to some extent. Moreover, the mesopause ~~heights~~ altitudes exhibit

260 larger variabilities in the southern summer polar region (YC6) than that in the northern summer

261 polar region (YC3). Figure 3 shows the date-latitude distributions of the mesopause temperature

262 ($\bar{T}_{msp}$) and ~~height~~ altitude (z_{msp}) calculated from $\bar{T}_{bcrt}^{year}$. We note that z_{msp} is defined on pressure

263 level initially (Fig. 2d). To compare with previous studies, z_{msp} is interpolated onto the geometric

264 heights in Fig. 3.

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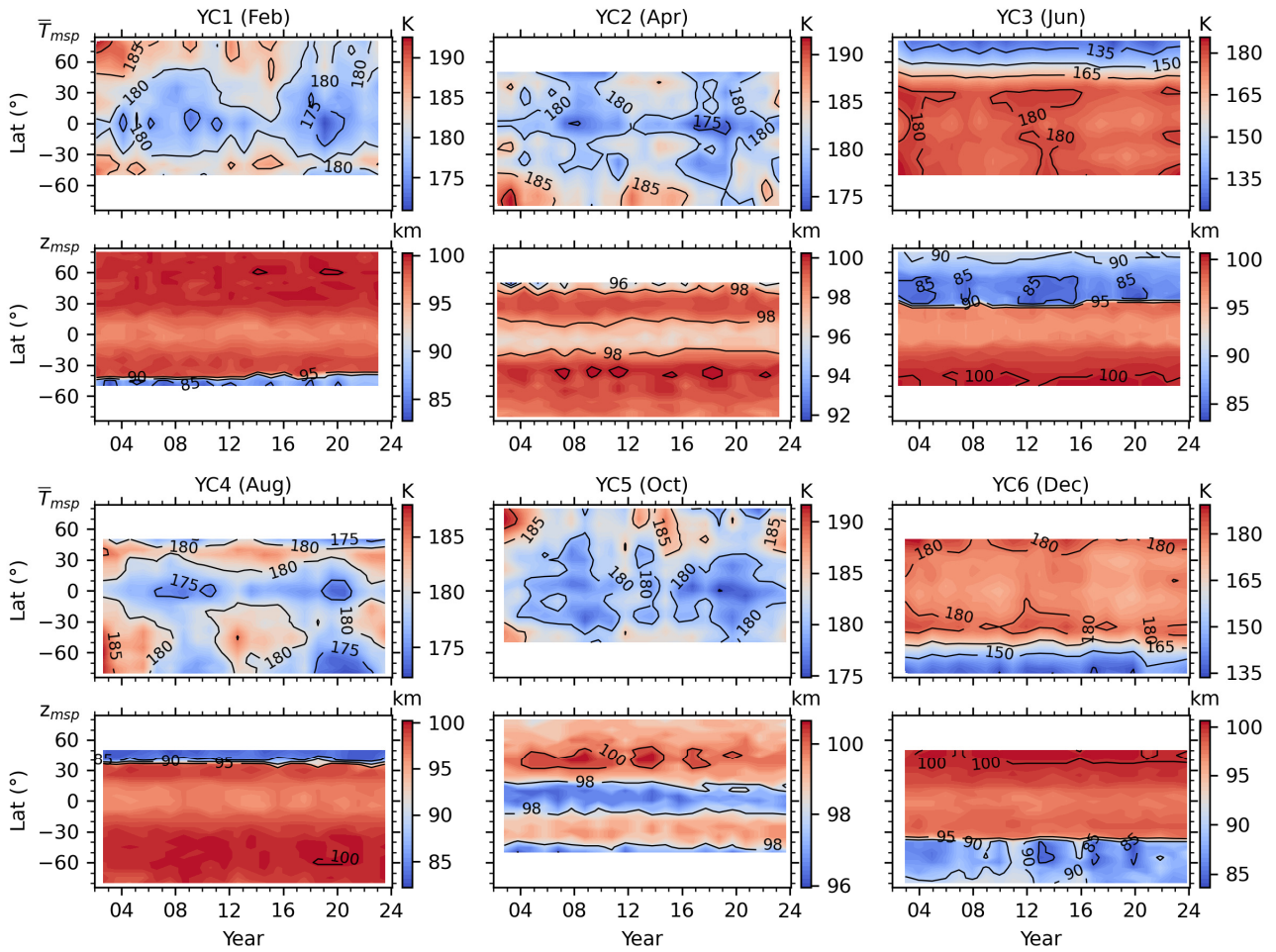
Figure 3. The date-latitude distributions of the mesopause temperature ($\bar{T}_{msp}$, the first and third rows) and ~~height~~ altitude (z_{msp}, the second and fourth rows) calculated from $\bar{T}_{bcrt}^{year}$ of each YC from 2002 to 2023. Here z_{msp} is interpolated from pressure level to geometric height.

Previous SABER studies often discarded high latitudes possibly due to insufficient LT coverage that induces uncertainties in the mean temperature estimation. A major advantage of binning the SABER temperature based on YC is that an accurate mean temperature can be obtained. Such that the latitude variations of $\bar{T}_{msp}$ and z_{msp} at high latitudes can be thoroughly studied. Firstly, we focus on the YCs in northern summer and winter (i.e., YC3 and YC6) because the summer mesopause at high latitudes is more sensitive to the summer-to-winter circulation (Dunkerton, 1978; Qian et al., 2017). In YC3 (YC6), $\bar{T}_{msp}$ and z_{msp} decrease from 50°S to 80°N (from 50°N to 80°S) in general. We note that $\bar{T}_{msp}$ has local minima around the Equator throughout the 22 years in YC3 and YC6 and is the coldest at the highest latitudes of the summer hemisphere. z_{msp} is the lowest at 40–60°N/S throughout the 22 years. Besides the latitude variations, $\bar{T}_{msp}$ and z_{msp} also exhibit multi-year variations. For example, $\bar{T}_{msp}$ is colder around the Equator during the solar minima (i.e., 2007–2008, 2019–2021) in YC3 and YC6. In YC6, the lower z_{msp} at the

southern higher latitudes might be related to the warm phase of ENSO during 2002–2005 and 2016–2019.

In YC2 and YC5, the latitude variations of $\bar{T}_{msp}$ and z_{msp} are almost hemispheric symmetry. $\bar{T}_{msp}$ is the coldest around the Equator and the warmest at the highest latitudes. z_{msp} is the lowest at lower latitudes and the highest at the highest latitudes. In YC1, $\bar{T}_{msp}$ and z_{msp} share the similar latitude variations in winter (YC6). The difference is that $\bar{T}_{msp}$ is warmer in YC1 than that in YC6. z_{msp} is higher in YC1 than that in YC6. In YC4, $\bar{T}_{msp}$ and z_{msp} share the similar latitude variations in summer (YC3). The difference is that $\bar{T}_{msp}$ is warmer in YC4 than that in YC3. z_{msp} is higher in YC4 than that in YC3. In YC1–2 and YC4–5, multi-year variations of $\bar{T}_{msp}$ exhibit clear solar cycle dependence. At lower latitudes, $\bar{T}_{msp}$ are colder during the solar minima (i.e., 2006–2010, 2017–2021). At high latitudes, $\bar{T}_{msp}$ are warmer during the solar maxima (i.e., 2002–2005, 2012–2014, and after 2021). However, it looks like that the multi-year variations of z_{msp} are not as obvious as those of $\bar{T}_{msp}$. These multi-year variations are considered in Eq. (3) to separate the long-term trend in $\bar{T}_{msp}$ correctly but are not considered further in this work.

3   Trends of temperature in the MLT region and mesopause

3.1   Trends of temperature in the MLT region

Trends of the corrected mean temperature and their significances of each YC are shown in Fig. 4. These trends are generally larger at high latitudes than those at lower latitudes within the six YCs. Moreover, the trends show both hemispheric symmetry and asymmetry approximately in the high latitude MLT region.

First, we describe the hemispheric symmetry in the trends. In YC1 and YC4 and above 10^{-3} hPa, the cooling trends are ≥ 2 K/decade at latitudes higher than 40°N (YC1) and 40°S (YC4), respectively. Around 10^{-4} hPa, the cooling trends reach their peaks of ≥ 6 K/decade. In addition, there are also warming trends of ≥ 2 K/decade at latitudes higher than 30°S (YC1) and 30°N (YC4), respectively. Above mesopause, there are cooling trends of ≥ 2 K/decade observed within the latitude range of 20–50°S for YC5 and 20–50°S for YC2. Additionally, in the region just below 10^{-3} hPa, there are warming trends of ≥ 2 K/decade at latitudes of 50–80°N for YC5 and 50–80°S for YC2. In YC3 and YC6, the cooling trends of ≥ 2 K/decade shift upward from the mesopause at 80°N (YC3) and 80°S (YC6) to 10^{-4} hPa at 50°S (YC3) and 50°N (YC6). There are also cooling trends of ≥ 6 K/decade at high latitudes of summer hemisphere. Meanwhile, the coldest trends are ≥ 10 K/decade just below 10^{-4} hPa and at 80°N/S. Although the cooling trends in the MLT region have been reported extensively at lower and middle latitudes (Beig et al., 2003; Laštovička, 2023), the extreme cooling trends at high latitudes and above the summer mesopause have not been reported yet.

312
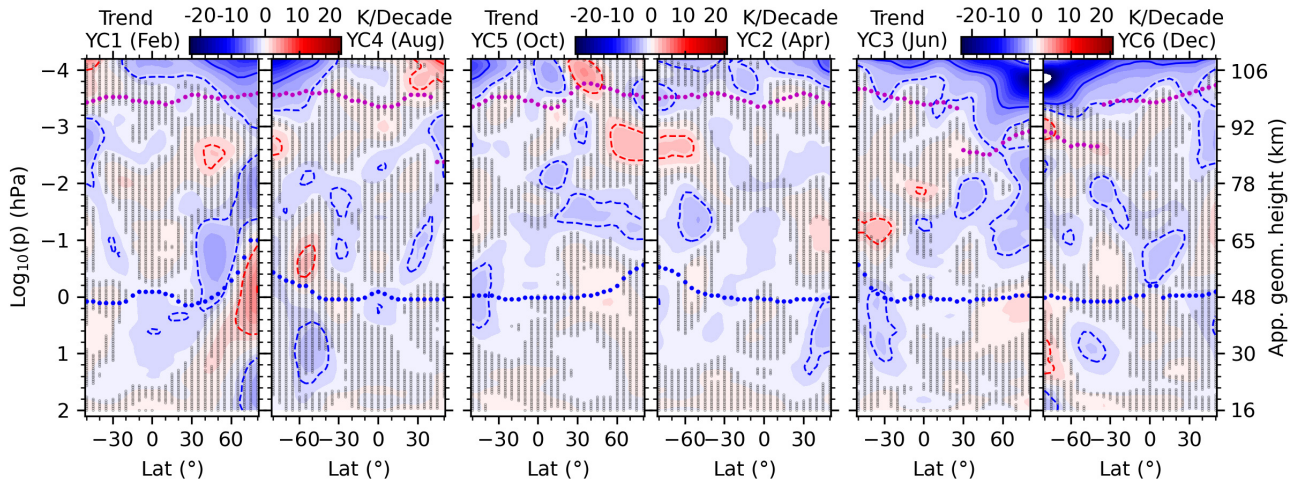
Figure 4. Trends of the corrected mean temperature in the six YCs. The solid and dashed contour lines indicate ±6 and ±2 K/decade, respectively. The ~~red~~ purple and ~~green~~ blue dots indicate the heights of the mesopause and stratopause, respectively. The regions marked by ~~"+"~~shaded points indicate that trends are not significant with reference to the 95% the confidence level. The approximate geometric height is label on the last panel.

313

314   Next, we describe the hemispheric asymmetry in the trends. In YC1 and YC4, the cooling

315 trends of ≥2 K/decade in YC1 extend to a wider latitude range (20°N–80°S) than those in YC4

316 (30°S–80°S) above 10^{-3} hPa. The insignificant warming trends of ≥2 K/decade can be seen in the

317 stratosphere at latitudes higher than 60°N in YC1 but at 45–60°S in YC4. In YC5 and YC2, the

318 cooling trends of ≥2 K/decade can be seen around the stratopause at 30–50°S (YC5) but below the

319 stratopause at 30–50°N (YC2). In YC3 and YC6, the significant warming trends of ≥2 K/decade in

320 YC6 are stronger than those in YC3 around 0.1 hPa. In addition, the warming trends near the

321 summer mesopause are significant in YC6 but insignificant in YC3. The simulation results in Qian

322 et al. (2019) also demonstrated warming trends in the southern summer MLT region. Specifically,

323 they showed significant warming trends below ~95 km and cooling trends above ~95 km at

324 latitudes exceeding 45°S between November and February. In contrast, there were insignificant or

325 warming trends at latitudes exceeding 45°N during June and July. Qian et al. (2019) attributed the

326 warming trend in the summer mesosphere to the changing meridional circulation.

327 **3.2   Structure and trends of the mesopause**

328   Taking advantages of the continuous measurements over a long-term (22 years or equivalently

329 two solar cycles), and YC binning at 50°S–80°N or 80°S–50°N, the robust mean states of the

330 mesopause temperature ($\overline{T}_{msp}$) and height (z_{msp}), as well as their trends and responses of $\overline{T}_{msp}$ to

331 solar cycle, ENSO, QBO are quantified using MLR. Here we focus on the mean states and trends of

332 the mesopause temperature and ~~height~~altitude.
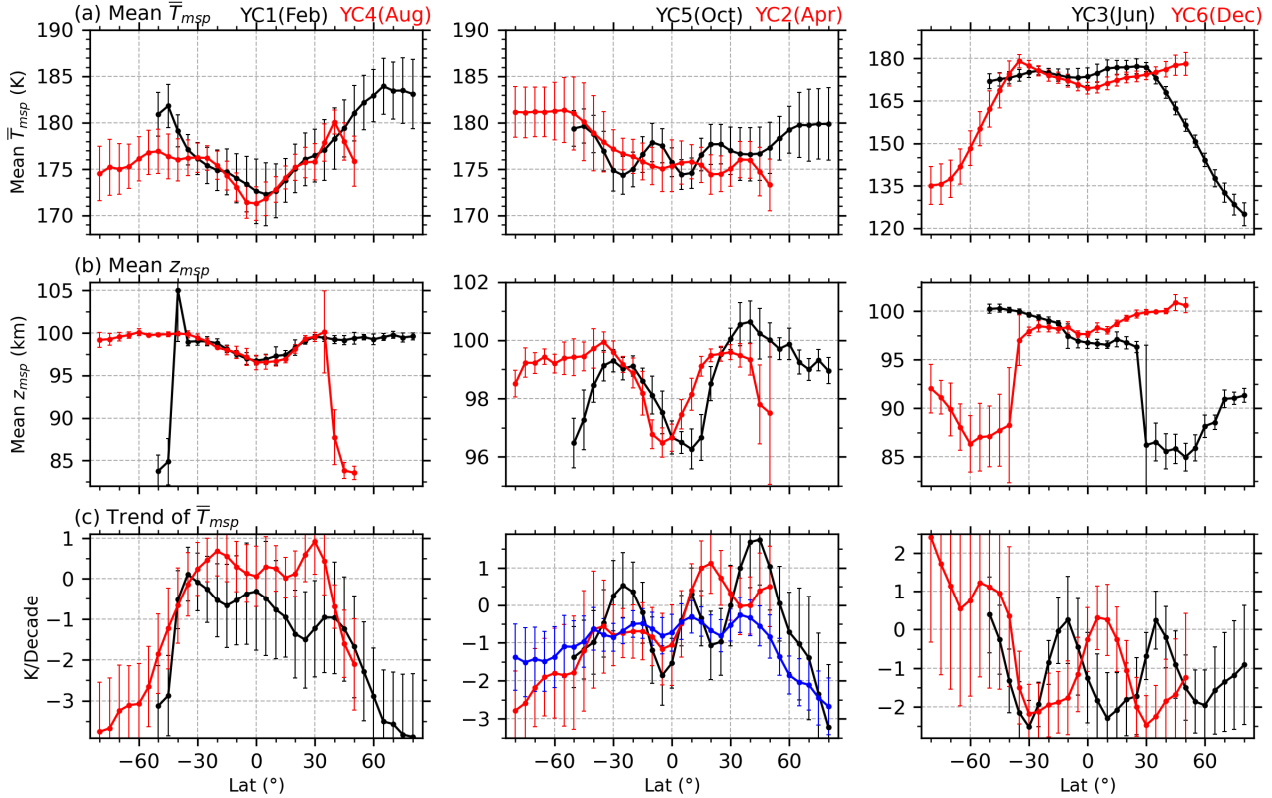
Figure 5. Latitude variations of the means of the mesopause temperature ($\bar{T}_{msp}$, a) and ~~height~~ altitude (z_{msp}, b) and the trends of $\bar{T}_{msp}$ (c) of the six YCs during 2002–2023. The error bar of each YC indicates 2.1 times standard deviation (i.e., at 95% confidence level according to the student-t test). The all-YC mean trend of mesopause temperature is shown as a blue line in the middle panel of (c).

334

335   Figures 5(a) and ~~7~~5(b) show the mean $\bar{T}_{msp}$ and z_{msp} over 22 years of the six YCs. In YC1–2

336 and YC4–5, the mean $\bar{T}_{msp}$ is in the range of 172–183 K but is warmer at latitudes higher than 40°N

337 (YC1) and 40°S (YC2) those in the counterparts of YC4 and YC5. The mean z_{msp} is mainly in the

338 range of ~96–102 km but is higher than ~85 km at 40–50°N (YC1) and 40–50°N (YC4). In YC3,

339 the mean $\bar{T}_{msp}$ decreases sharply with latitudes from ~180 K at 30°N to ~125 K at 80°N. The mean

340 z_{msp} in YC3 reaches a minimum of ~85 km at 60°N. In YC6, the mean $\bar{T}_{msp}$ decreases sharply with

341 latitudes from ~180 K at 35°S to ~135 K at 80°S. The mean z_{msp} in YC6 reaches a minimum of

342 ~86 km at ~50°S. The mean $\bar{T}_{msp}$ (z_{msp}) in the northern summer polar region is colder (lower) than

343 that in the southern counterpart by ~5–11 K (~1 km). The hemispheric asymmetries of the summer

344 mesopause temperature and ~~height~~ altitude coincide with Xu et al. (2007), who used the SABER

345 temperature data during 2002–2006 and showed that the mean $\bar{T}_{msp}$ in the summer polar region of

346 the NH is ~5–10 K colder than its counterpart in the SH. A recent study by Wang et al. (2022), who

used the SABER temperature data during 2002–2020, showed that the mean $\bar{T}_{msp}$ in the summer polar region of the NH is ~10 K colder than its counterpart in the SH. Moreover, the transition latitudes of the mean $\bar{T}_{msp}$ (z_{msp}) from higher temperature (height) are 30°N in YC3 and 40°S in YC6. This coincides well with those reported by Xu et al. (2007) and Wang et al. (2022). These hemispheric asymmetries of the mean $\bar{T}_{msp}$ and z_{msp}, and the transition latitudes could be caused by the hemispheric asymmetry of solar radiation and gravity wave forcing (Xu et al., 2007).

Figure 5c shows that trends of $\bar{T}_{msp}$ in YC1 and YC4 are extreme cooling (≥2 K/decade) at latitudes higher than 55°N/S. While at 40°S–40°N, trends of $\bar{T}_{msp}$ in YC1 are cooling with magnitudes of ~0–2 K/decade but are warming in YC4 with magnitudes of ~0–1 K/decade. In YC2 and YC5, trends of $\bar{T}_{msp}$ are either cooling or warming, depending on the specific latitudes and months being considered. At southern latitudes, trends of $\bar{T}_{msp}$ are cooling with magnitudes of ≥1 K/decade in YC2. Trends of $\bar{T}_{msp}$ in YC5 change sharply from 2.0 K/decade at 45°N to -3 K/decade at 80°N. In YC3 and YC6, trends of $\bar{T}_{msp}$ are mainly cooling except the insignificant warming trends in YC6 and at latitudes higher than 40°S. Although trends of $\bar{T}_{msp}$ are warming at some latitudes of certain YC, the all-YC mean trends of $\bar{T}_{msp}$ (blue line in Fig. 5c) are cooling with magnitudes of 0.3–1 K/decade at 50°S–50°N. At latitudes higher than 55°S, the insignificant cooling trends are ≤1.5 K/decade. In contrast, at latitudes higher than 55°N, the significant cooling trends are ≥1.5 K/decade.

4   Discussions

Laštovička & Jelínek (2019) pointed out that the temporal interval of data might influence the long-term trend. Using the nocturnal temperature in the MLT region measured by lidars around 41°N and 42°N over the period of 1990–2017, She et al. (2019) demonstrated that the cooling trends are ~2.0–4.5 K/decade over only one solar cycle and are ~2.0–2.5 K/decade if the data length is longer than two solar cycles. Using the SABER temperature profiles during 2002–2019, Zhao et al. (2020) showed that the significant trends of $\bar{T}_{msp}$ and their responses to solar cycle can be obtained at 50°S–50°N over longer than one solar cycle. Both She et al. (2019) and Zhao et al. (2020) showed that the trends are relatively insensitive to the specific beginning and ending time of the data as compared to the data length. Since the data length used in this study spans approximately two solar cycles, the derived trends are highly reliable.

4.1   The reliability of trends in the MLT region at latitudes lower than 50°N/S

To facilitate a comparison with previously reported the annual and global-mean trends in the MLT region, we present the mean trends of the corrected mean temperature at 50°S–50°N and at 55–80°S or 55–80°N of the six YCs (Fig. 6). The mean trends at 50°S–50°N of each YC are cooling

with magnitudes of ~0.5–1 K/decade at 10–10^{-3} hPa. The exception is the warming trend of 0.2 K/decade around 10^{-2} hPa in YC1 and of 0.1 K/decade around 4×10^{-3} hPa in YC3. ~~At higher~~Above 5×10^{-3} hPa ~~heights~~, the cooling trends ~~decrease~~ increase sharply with ~~height~~ altitude and reach to ~2 K/decade in YC5 and to ~3 K/decade in YC2 at 10^{-4} hPa. Compared to the situation in YC2 and YC5, the cooling trends ~~decrease~~ increase more sharply with altitude~~height~~ in YC3 and YC6. Their magnitudes change nearly identically and are from ~0.5 K/decade at 2×10^{-3} hPa to ≥5 K/decade at 10^{-4} hPa. When the mean trends at 50°S–50°N across all-YC are further averaged, we obtain an annual mean trend (blue line in Fig. ~~5a~~6a). The annual mean trend is cooling with magnitudes of ~0.5–0.8 K/decade and vary with ~~height~~ altitude slightly at 10–5×10^{-4} hPa.

The altitude~~height~~ variation and the magnitude of the annual mean trend are similar to the previous results (Garcia et al., 2019; Mlynczak et al., 2022; Zhao et al., 2021). Figure 3 of Garcia et al. (2019) revealed that the global mean (52°S–52°N) SABER temperature trends are cooling with magnitudes of ~0.5–0.9 K/decade at 10–5×10^{-4} hPa during 2002–2018. These magnitudes are slightly smaller than those derived from WACCM. Table 1 of Mlynczak et al. (2022) demonstrated that the global mean (55°S–55°N) SABER temperature also display cooling trends with magnitudes of ~0.51–0.63 K/decade at 1–10^{-3} hPa. Similarly, Fig. 4 of Zhao et al. (2021) revealed that the global mean (50°S–50°N) SABER temperature trends are cooling with magnitudes of ~0.5–0.9 K/decade at 30–105 km. At 10^{-4} hPa, the extreme cooling trend of 2.6 K/decade in Table 1 of Mlynczak et al. (2022) is slightly smaller than the ~~5~~2.8 K/decade derived here but within 2 times of the standard deviation (blue line in Fig. 6a). Further examming the trends across the six YCs (Figs. 4 and 6a), it becomes evident that the extreme cooling trend is mainly attributed to the middle latitudes of summer hemisphere (i.e., YC3 and YC6) and partially from other months. As suggested by Mlynczak et al. (2022), the extreme cooling trend at 10^{-4} hPa is due to a decrease in solar irradiance that is not captured by the $F_{10.7}$ index.

These detailed comparisons showed that the trends at pressure levels reported by Garcia et al. (2019) and Mlynczak et al. (2022) support the ~~height~~ altitude varations and magnitudes of the trends derived here directly. Although the trends reported by Zhao et al. (2021) are in geometric height, their ~~height~~ altitude varations and magnitudes agree with the trends derived here, too. Thus, the method of binning SABER samplings based on YC leads a reliable global mean trends at 50°S–50°N. Moreover, this method provides an opportunity to study the trends at latitudes higher than ~~55~~50°N/S in certain months.
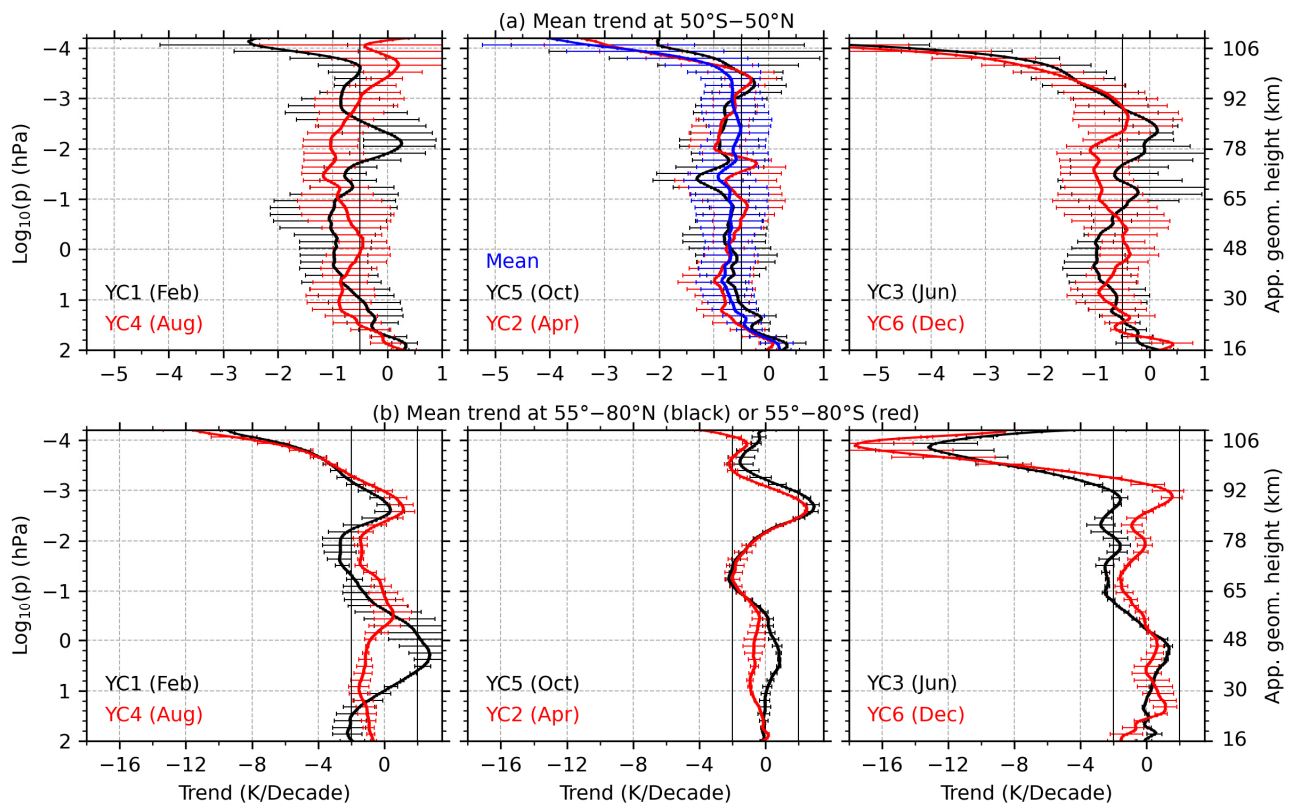
Figure 6. Mean trends of the corrected mean temperature at 50°S–50°N (a) and at 55–80°S (red line in b) or 55–80°N (black line in b) of the six YCs. The annual mean trend is calculated by averaging the trends of the six YCs at 50°S–50°N and is shown a blue line in the middle panel of (a). The error bars indicate standard errors of the averaged data.

412

4.2 The reliability of trends in the MLT region at latitudes higher than 50°N/S

414

415   At latitudes higher than ~~55~~50°N/S, the ~~height~~ altitude variations of the mean trends of the six

416 YCs (Fig. 6b) are seasonal symmetric approximately above 1 hPa. The magnitudes of trends are

417 mainly in the range of -2–2 K/decade below the height of 10^{-3} hPa. An interesting feature is the

418 warming trends of 1–2.5 K/decade at 10^{-2}–10^{-3} hPa in April, August, October, and December. The

419 altitudes of peaks of the warming trends vary from 4×10^{-3} hPa to 10^{-3} hPa in different months.

420 Focusing on the latitude band of 64–70°N in June and 64–70°S in December, Bailey et al. (2021)

421 merged the temperature data form HALO and SABER (total length of 29 years) and HALOE and

422 SOFIE (total length of 22 years). Their analysis revealed warming trends of 1–2 K/decade near

423 5×10^{-3} hPa (~85 km) at 64–70°N in June and 64–70°S in December, as illustrated in Fig. 7 of their

424 paper. The results simulated by WACCM-X showed significant warming trends at ~80–95 km at

425 latitudes higher than 45°S from November to February and close to zero or warming trends at

426 latitudes higher than 45°N from June to July (Qian et al., 2019). The warming trends in December

427 derived here coincides with those reported by Bailey et al. (2021) and Qian et al. (2019). The weak

warming trend at 2×10^{-3} hPa in June coincides with those in Qian et al. (2021) but is much smaller than the 1–2 K/decade reported by Bailey et al. (2021). In April and October, the warming trends are hemispheric symmetric at 10^{-2}–10^{-3} hPa and reach peak of $\geq$2 K/decade at 3×10^{-3} hPa. Above 10^{-3} hPa, the trends transit from warming to cooling.

We can see the extreme cooling trends of $\geq$6 K/decade above ~10^{-3} hPa and in YC3 and YC6 also in YC1 and YC4 but around 10^{-4} hPa. These cooling trends are comparable with the global average mesosphere temperature of 6.8–8.4 K/decade derived by Mlynczak et al. (2022) after doubling of CO_2 at Earth's surface. However, it takes decades to doubled CO_2. Thus, a purely radiative effect due to the increasing CO_2 cannot support the extrem cooling trends derived here. Mlynczak et al. (2022) proposed that the F10.7 is not a suitable proxy to indicate effects of the solar radiations on the lower thermosphere. But the solar irradiance in the Schumann–Runge band (175–200 nm) might be responsible for the colder trend. Even so, the extreme cooling trends of ~10 K/decade are still larger than those reported by Mlynczak et al. (2022). Other possible reasons for the extreme cooling trends in the high latitude MLT region can be attributed to: (1) the dynamical feedback in the polar MLT region; (2) the uncertainties of the SABER temperature measurements.

Besides the purely radiative effect on the cooling trends in the MLT region (i.e., Garcia et al., 2019, Mlynczak et al., 2022), the dynamical feedback might be another cause of the cooling trends. Based on the simplified Eulerian mean (TEM) thermodynamic equation, the temperature change (ΔT) caused by dynamics can be written as (Eq. 3 and 4 of Yu et al. (2023)),

$$\Delta T = -\alpha^{-1}\left(w^*S + v^*\frac{\partial \bar{T}}{a\partial\varphi}\right). \tag{4}$$

Here, α is the Newtonian cooling coefficient. w^* and v^* are the residual vertical and meridional velocity, respectively. S and $\bar{T}$ are the static stability and zonal mean temperature, respectively. a and φ are the Earth's radius and latitude, respectively. From Eq. (4), we propose that Tthe extreme cooling trends at high latitudes of the summer hemispheres (YC3 and YC6) might be resulted from the changing summer-to-winter circulation and gravity wave forcing in the MLT region. The circulation is upwelling (positive w^*) in the summer hemisphere and causes a cold summer mesosphere through adiabatic cooling. Conversely, in the winter hemisphere, the circulation is downwelling (negative w^*), leading to a warm winter mesosphere through adiabatic warming (Garcia and Solomon, 1985). A necessary condition for the extreme cooling trends at summer high latitudes is the stronger upwelling and thus the increasing gravity wave body force in the summer hemispheres. Previous studies showed that the potential energy of gravity waves (GWPE) in the MLT region exhibited significant positive trends at southern high latitudes in January and at northern high latitudes in July (Fig. 5 of Liu et al., 2017). The positive trends of GWPE might enhance the strength of upwelling and thus result in the extreme cooling trends at high latitudes of

summer hemispheres. It should be noted that the dynamical feedback in the MLT region is only analyzed qualitatively, the quantitative analysis should be performed through model simulations. Such that one can elucidate the physics behind the strong cooling trend in the polar MLT region.

The main causes of the operational SABER temperature systematic uncertainties are the lack of accurate knowledge of atomic oxygen and carbon dioxide during the retrieval process. The atomic oxygen provided to the operational SABER temperature retrieval algorithm is from NRLMSISE-00 (Picone et al., 2002). Below 100 km, no atmospheric observations of atomic oxygen are incorporated. Thus, the uncertainty of atomic oxygen influences the uncertainties of temperature from ~75 km to 110 km, in particullar, above 100 km. The carbon dioxide provided to the operational SABER temperature retrieval algorithm is the monthly average value from WACCM model (Dawkins et al., 2018; Picone et al., 2002). Thus, there is no local time variation in carbon dioxide used in the operational SABER temperature algorithm. This will induce uncertainties of SABER temperature and thus the uncertainties of trends above 75 km.

These uncertainties in temperature may not be constant or stable in time or in space. To explore the impacts of the uncertainties in SABER temperature on the derived trends, we performed Monte Carlo simulations by assuming the uncertainties in SABER temperature following a uniform distribution in the range of ±25K. In each time of Monte Carlo simulation, in each YC and at each pressure level and within a latitude band of 10°, the SABER samplings (more than 5000 data) are added by random numbers following the uniform distribution in the range of ±25K. Then same procedure described in Sec. 2.1–2.3 was repeated to derive trends. The Monte Carlo simulations were performed 5000 times (see Appendix). The main result is that the uncertainties of ±25K in SABER samplings would induce a mean temperature variation of ~1–3 K and a false trend of ~0.5–1.2 K/decade at high latitudes. This is mainly because the mean temperature is calculated from more than 5000 data in each YC within a latitude band of 10°, which reduces the standard deviation by a factor of ~1/250 based on central limit theory. It must be noted that the actual distributions of the uncertainties in SABER samplings caused by atomic oxygen and carbon dioxide are unknown. The Monte Carlo simulation only provides a reference result by assuming the uncertainties following uniform distributions. This may not be valid for the case of SABER temperature systematic errors. So may not be valid. We only include it in the Appendix.

4.24.3 The reliability of the mesopause trends

The trends of $\bar{T}_{msp}$ derived in this study are significant and mainly negative at 50°S–50°N across most YCs. The averaged trend of $\bar{T}_{msp}$ of the six YCs is -0.64±0.22 K/decade over 50°S–50°N. When the average is performed over 80°S–80°N, the trend of $\bar{T}_{msp}$ of the six YCs is -1.03±0.40 K/decade. The cooling trend of $\bar{T}_{msp}$ derived here coincides also with the -0.5±0.21

K/decade in the mesosphere (Garcia et al., 2019) within only 50°S–50°N. Compared to the trend derived from sodium lidar observations during nighttime only around 40°N, the trends of $\bar{\bar{T}}_{msp}$ from SABER are about -0.1, 0.0, -0.2, -0.8, 0.6, -1.9 K/decade in the six YCs and have annual mean of -0.4 K/decade. This is less than the significant cooling trend of 2.3–2.5 K/decade during 1990–2018 but is consistent with the insignificant cooling trend of 0.2–1 K/decade during 2000–2018 (Yuan et al., 2019). The comparisons of $\bar{\bar{T}}_{msp}$ between our results and those from satellite, ground-based observations exhibit general consistencies in the sense of annual mean or global-mean.

A notable feature is the warming trends of $\bar{\bar{T}}_{msp}$ with magnitudes of 0–2 K/decade at latitudes higher than 40°S in YC6. This warming trend is insignificant under 95% confidence level. If we change the temporal interval from 2002–2023 to 2002–2019, the trends of $\bar{\bar{T}}_{msp}$ are cooling with magnitudes of 1–2 K/decade. Here we note that the year 2020 is just after the time when the SABER temperature data was revised (version 2.08, since 15 December 2019) (Mlynczak et al., 2023). In this work, we use the SABER temperature data of versions 2.07 (before 15 December 2019) and 2.08 (after 15 December 2019). According to Mlynczak et al. (2023), the new released data are free from the algorithm instability. On the other hand, there is no significant difference in the counterpart of YC3. A recent study by Yu et al. (2023) showed that the Hunga Tonga Hunga-Ha'apai (HTHH) volcanic eruption on 15 January 2022 induced temperature anomalies of ±10 K globally in the stratosphere and mesosphere in August. The anomalies disappeared after September 2022. This indicates that the volcanic eruption may influence the mesosphere temperature through circulations and waves. From the mesopause temperature of YC6 shown in Fig. 3, we see that the warmer mesopause occurred after 2020 before the HTHH volcanic eruption. Thus, the largest difference in YC6 may not be caused by the algorithm instability or the HTTH volcanic eruption but a realistic result. As shown in Figs. 2(d) and 5(b) and reported by Wang et al. (2022), the annual variability of z_{msp} is ~5 km at the southern high latitudes (YC6) but is relative stable at the northern high latitudes (YC3). The large annual variability of z_{msp} induces a large variability of $\bar{\bar{T}}_{msp}$ (indicated by large standard deviations in the right panel of Fig. 5b). This in turn contributes to the large variability of the trends of $\bar{\bar{T}}_{msp}$ at southern high latitudes.

5   Summary

Using the temperature profiles measured by the SABER instrument throughout the period of 2002–2023 (about two solar cycles) and binning them based on yaw cycles (YCs), we get continuous data with good LT coverage within the range of 50°S–80°N or 80°S–50°N. Then we can obtain an accurate mean temperature ~~exeluding~~excluding atmospheric waves. The temporal span of each YC drifted forward about one month from 2002 to 2023, aliasing the seasonal change in temperature into long-term trends. This season change is removed by using the climatological

temperature of MSISE2.0. The remaining temperature is regarded as the corrected mean temperature ($\bar{T}_{bcrt}^{year}$) of each YC. Then the mesopause temperature ($\bar{T}_{msp}$) and height ($\bar{z}_{msp}$) are calculated from $\bar{T}_{bcrt}^{year}$. Such that the trends of the mean temperature and the mesopause structure can be studied in each YC at high latitudes using MLR. The main results are summarized as below:

The cooling trends are significant in the MLT region and coincide well with previous results at 50°S–50°N. At latitudes higher than 55°N, the new findings are that the cooling trends have magnitudes of ≥2 K/decade at northern high latitudes in February, April, and June and at southern high latitudes in August, October, and December. There are also extreme cooling trends of ≥6 K/decade in the lower thermosphere at the northern highest latitude in February and June and at the southern highest latitudes in August and December. Both the cooling and extreme cooling trends are hemispheric and seasonal symmetric.

Besides the general cooling trends, there are also warming trends of 1–2.5 K/decade at 10^{-2}–10^{-3} hPa and at latitudes higher than 55°N in October and December and at latitudes higher than 55°S in April and August. The peaks of the warming trends vary from 4×10^{-3} hPa to 10^{-3} hPa in different months. The warming trend in December coincides with previous observational and simulation results.

The mean $\bar{T}_{msp}$ (z_{msp}) in the northern summer polar region is colder (lower) than that in the southern counterpart by a value of ~5–11 K (~1 km) over the past 22 years. Although the trends of $\bar{T}_{msp}$ are highly dependent on latitudes and months, they are negative at most latitudes and have larger magnitudes at higher latitudes. The trends of $\bar{T}_{msp}$ at the southern high latitudes in December are highly dependent on the data length. The trends of $\bar{T}_{msp}$ change from warming of 0–2 K/decade during 2002–2023 to cooling of 1–2 K/decade during 2002–2019. The significant dependence of the trends of $\bar{T}_{msp}$ on the data length might be caused by the large annual variability of z_{msp} at the southern high latitudes in December.

The trends of the mean temperature in the MLT region and mesopause are revealed from continuous observations of the SABER instrument over the past 22 years. The data length is long enough to determine reliable trends. Our results provide an observational proof that the extreme cooling trends at high latitudes are more sensitive to the changing dynamics associated with climate change and should be paid more attentions in future observational and model studies.

Appendix

Around 10^{-4} hPa, the uncertainties of SABER temperature measurements are around 25 K at mid-latitudes and are likely higher at high latitudes. These uncertainties are mainly attributed to the uncertainties of atomic oxygen and carbon dioxide, which were used in the operational SABER temperature retrieval algorithm. Moreover, these uncertainties in temperature may not be constant

or stable in time or in space. To explore the impacts of the uncertainties in SABER temperature on the derived trends, we performed Monte Carlo simulations by assuming the uncertainties in SABER temperature follwing a uniform distribution in the range of ±25K. In each time of Monte Carlo simulation, in each YC and at each pressure level and within a latitude band of 10°, the SABER samplings (more than 5000 data) are added by random numbers following the uniform distribution in the range of ±25K. Then same procedure described in Sec. 2.1–2.3 was repeated to derive trends. The Monte Carlo simulations were performed 5000 times to get convincing results.

Since the cooling trends are very large in YC3 and at 75°N, especially around the pressure levels of around 10^{-4} hPa, we show in Figure A the impact of the random uncertainties of SABER temperature on the derived trends in YC3 and at 75°N. The uncertainties of ±25K in SABER samplings induce the mean temperature ($\bar{T}_{bk}^{2002}$) varying in the range of ±2 K (Fig. Aa1) with standard deviation of 0.5 K (Fig. Aa2) at 10^{-4} hPa. This in turn induces the trends varying in the range of ±0.6 K/decade (Fig. Ab1) with standard deviation of 0.15 K/decade (Fig. Ab2) at 10^{-4} hPa. The altitude profile of $\bar{T}_{bk}^{2002}$ by assuming a zero uncertainty is similar to that calculated by assuming the random uncertainties of ±25K (Fig. Ac1). The differences of the maximum and minimum of $\bar{T}_{bk}^{2002}$ among the 5000 times of Monte Carlo simulations are ~1–2 K below 5×10^{-4} hPa and are ≥3 K around 10^{-4} hPa (Fig. Ac2). The altitude profile of trend by assuming a zero uncertainty is similar to that calculated by assuming the random uncertainties of ±25K (Fig. Ad1). The differences of the maximum and minimum of trend among the 5000 times of Monte Carlo simulations are ~0.5 K/decade below 10^{-3} hPa and are ~0.5–1.2 K/decade around 10^{-4} hPa (Fig. Ad2). This example illustrates that the uncertainties of ±25K in SABER samplings would induce a mean temperature variation of ~1–3 K and a false trend of ~0.5–1.2 K/decade at high latitudes.
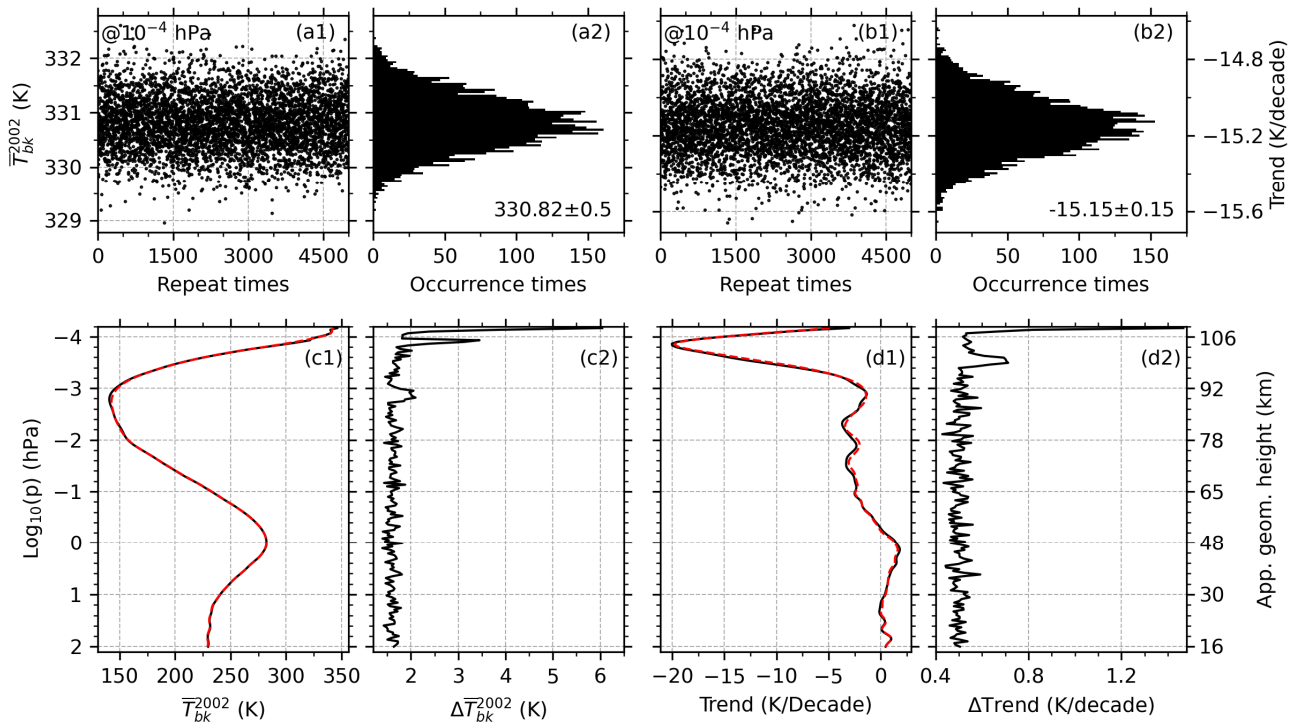
Figure A. The impacts of random uncertainties of ±25K in SABER temperature on the derived trends in YC3 and at 75°N during 5000 times of Monte Carlo simulation. (a1) and (a2): the mean temperature calculated from SABER sampling ($\overline{T}_{bk}^{2002}$) and its histogram at 10^{-4} hPa; (b1) and (b2): the trend and its histogram at 10^{-4} hPa; (c1) and (d1): the altitude profiles of $\overline{T}_{bk}^{2002}$ by assuming zero uncertainty (black) and random uncertainties of ±25K (dashed-black); (c2) and (d2) altitude profile of the difference between the maximum and minimum of $\overline{T}_{bk}^{2002}$ and trend.

Another Monto Carlo simulation is performed to test the impacts of the uncertainties of ±25K on the mean temperature (180 K) by changing the sampling points. During 5000 times of simulations (not shown here), the mean temperature and its standard deviation are 179.956±4.5 K if there are 10 samplings; the mean temperature and its standard deviation are 179.977±1.43 K if there are 100 samplings; the mean temperature and its standard deviation are 179.997±0.20 K if there are 5000 samplings. This indicates that the increasing samplings can reduce the measurement uncertainties efficiently. Although the uncertainties of SABER samplings are as large as ±25K at high latitudes, its impact on the trends are insigficant in the highly averaged results. This is mainly because mean temperature is calculated from more than 5000 data in each YC within a latitude band of 10°, which reduces the standard deviation by a factor of ~1/250 based on central limit theory. It must be noted that the actual distributions of the uncertainties in SABER samplings are unknown. The Monte Carlo simulation only provides a reference result by assuming the uncertainties following uniform distribution. This may not be valid for the case of SABER temperature systematic errors.

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Author contributions

XL analyzed the data and prepared the paper with assistance from all co-authors. JX and JY design the study. All authors reviewed and commented on the paper.

Data Availability Statement

All SABER data can be accessed from Space Physics Data Facility, Goddard Space Flight Center (https://spdf.gsfc.nasa.gov/pub/data/timed/saber/ (last access: January 2024; Mlynczak et al., 2023). The $F_{10.7}$ data were obtained from https://spdf.gsfc.nasa.gov/pub/data/omni/ (last access: January 2024; Tapping, 2013). The QBO data were obtained from https://acd-ext.gsfc.nasa.gov/Data_services/met/qbo/ (last access: January 2024; Baldwin et al., 2001). The ENSO data were obtained from https://www.psl.noaa.gov/enso/mei/ (last access: January 2024; Zhang et al., 2019; Wolter and Timlin, 2011)

Competing interests

The authors declare that they have no conflict of interest.

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