Effect of double diffusion processes in the deep ocean on the distribution and dynamics of particulate and dissolved matter: a case study in Tyrrhenian Sea

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Abstract: This study examines CTD, ADCP and optical data collected during the PERLE-3 cruise in March 2020 between the surface and 2000 m depth over an east-west section of the Tyrrhenian Sea in the Mediterranean. The focus will be on the impact of double diffusion processes, in particular salt fingering, on the distribution and dynamics of particulate and dissolved matter. The staircases develop at the interface between the warm, salty Levantine Intermediate Water (LIW) and the colder, less salty Tyrrhenian Deep Water (TDW) in the centre of the basin with low hydrodynamic energy. The results show that thermohaline staircases formed by salt fingering significantly influence particle sedimentation and biogeochemical cycling in deep ocean environments by altering vertical flux patterns. These density steps create distinct vertical layers that act as physical barriers, slowing the descent of particles and facilitating their retention and aggregation. Retention of fine particles at density gradients promotes the formation of larger aggregates, affecting particle size distribution. The staircases also affect dissolved matter by creating pronounced concentration gradients of oxygen and nutrients, which can influence microbial activity and nutrient cycling.

1. Introduction

Gravitational settling of biologically derived particles, produced by marine plankton in the surface layer, is the primary driver of vertical fluxes of material in the deep ocean (Newton and Liss, 1990). In general, vertical mass fluxes of particles in the ocean decrease exponentially with depth due to particle degradation and the increasing density of seawater (Omand et al., 2020). Marine particles have a wide range of sizes, from micrometres (clays) to centimetres (organic detritus). Particles generally tend to agglomerate to form aggregates of different sizes, shapes, densities, and characteristics (Kiko et al., 2022). The change in geometry of the aggregates as well as their excess density compared to seawater are the factors that determine their sedimentation rate.

The water column in the ocean is composed by the superposition of water masses with distinct thermohaline characteristics and often distant origins. Large density interfaces, associated with strong vertical gradients in temperature (~0.25 °C/m) at seasonal thermoclines, or salinity (~0.5 g/kg/m) at river plumes can occur in the upper ocean, resulting in the retention of the less dense particles. In the deep ocean temperature and salinity gradients are much weaker, and the effect of particle size becomes greater than the effect of density excess, so that settling velocity generally increases with particle size. Thus settling velocities in the open ocean is on the order of 5×10^{-4} mm/s to 1 mm/s for particles ranging from 2 μm to 300 μm (McCave, 1975).

However, in the deep ocean, in the transition zones between two water masses, areas of enhanced density gradients can occur due to double diffusion processes, in particular those associated with salt fingers. Salt fingering is a common process in the ocean (Radko, 2013). It requires a stably stratified water column, where a layer of warm, salty water overlies a layer of cooler, less salty water. Because molecular diffusion of temperature is about 100 times faster than that of salinity, the salinity interface initially remains essentially unchanged as temperature exchange occurs across it. As a result, the saltier water above this thin mixed layer of average temperature becomes denser than the less salty water below. Such thermohaline diffusive convection leads to salt finger instabilities at the interface: the saltier water sinks and the less salty water rises. The mixing process is then repeated at the new interfaces, resulting in a progressive thickening of the mixed layer and an increase in the vertical density gradients on either side of the interface. If favourable conditions persist, step structures can develop and reach thicknesses of several tens of meters. These staircases exhibit typical temperature and salinity gradients on the order of 0.01 °C/m and 0.005 g/kg/m, respectively.

There is also the case of a layer of turbid water overlying clearer, denser water, such as for hypopycnal particle-laden river plumes (e.g. Green, 1987; Hoyal et al., 1999; Hoshiba et al., 2021). Instabilities may arise as a result of the different diffusivities of each of the constituents (sediment, temperature, salinity) (Parsons and Garcia, 2000). Both double diffusive and settling driven convection processes can drive fingering and mixing at the interface, and therefore, double diffusive sedimentation can add up to the gravitational settling velocity and enhance the scavenging of particles from the buoyant turbid plume. However, for large particles and dilute concentrations, the flux is more dominated by gravitational settling and the double diffusive sedimentation of suspended particles is considered negligible (e.g. Davarpanah Jazi and Wells, 2016).

74   Various experimental and numerical studies have explored the impact of density
75   interfaces on the sedimentation of particulate material, but to our knowledge very little research
76   has been applied to the deep oceanic environment. Laboratory experiments conducted for a
77   variety of individual particles geometries and densities (e.g. Prairie et al., 2013; Mrokowska,
78   2018; Doostmohammadi and Ardekani, 2014; Doostmohammadi and Ardekani, 2015; Verso et
79   al., 2019) generally show a decrease in settling velocity, as well as a reorientation of the
80   particles, during its passage through the transition layer formed by the density interface. The
81   initial decrease is followed by an increase, once the particle reaches the base of the interface,
82   but this settling velocity is always smaller in the lower layer due to its higher density. The initial
83   decrease in velocity in the interface is likely due to the entrainment of less dense water by the
84   particles and the drag of their wake as they cross the interface. Finally, Maggi (2013) shows
85   that sedimentation rates are very well correlated with size for mineral particles, but are much
86   less clear for biomineral or biological material. Thus, the sedimentation rate of a solid particle
87   alone will depend almost exclusively on its size. This is not the case for aggregates, where
88   composition, shape, excess density and porosity must also be taken into account. Kindler et al.
89   (2010) demonstrated that slowly sinking particles, like highly porous aggregates, can be
90   retained and therefore accumulate at density interfaces, increasing the likelihood of collisions
91   and subsequent aggregation. They suggested that this increase in retention time may affect
92   carbon transformation through increased microbial colonization and utilization of particles and
93   release of dissolved organics.

94   The Mediterranean Sea is a prime location for the observation and study of thermohaline
95   staircases due to its unique hydrographic conditions. The study presented here focuses on the
96   behaviour of particulate matter and dissolved elements in the Tyrrhenian Sea (Fig. 1), a region
97   known to be favourable for salt fingers with the formation of large staircases at the transition
98   between intermediate and deep waters (Durante et al., 2019). The warm and saline Levantine
99   Intermediate Water (LIW), formed in the eastern Mediterranean Basin, is found throughout the
100   Tyrrhenian Sea at depths between 200 and 700 m. Deeper is the Tyrrhenian Deep Water
101   (TDW), colder and less saline, formed by the mixing of the deep waters of the western
102   Mediterranean with the intermediate and deep waters of the eastern basin Falco et al., 2016).
103   Staircase structures, which extend over most of the central basin, are found at depths between
104   600 and 2,500 m and are tens or even hundreds of meters thick.

105   The dataset used in this work was obtained from the PERLE3 cruise (Pujo-Pay et al.,
106   2020) whose main objective is to study the formation of intermediate Levantine waters in the
107   eastern basin and their fate and transformation along their course in the Mediterranean Sea.
108   Here, we focused on a section between the Bay of Naples and southern Sardinia, which cuts the
109   Tyrrhenian Sea from east to west. The data collected included hydrological parameters
110   (temperature, salinity, density), hydrodynamic parameters (current velocity and direction), and
111   particulate (turbidity, large particle abundance) and dissolved (oxygen, nitrate) parameters in
112   the upper 2000 m of the water column. The two questions addressed here are (1) what are the
113   characteristics and development conditions of the notable staircase structures observed during
114   this cruise, and (2) what is the impact of these staircases on the distribution of dissolved and
115   particulate matter. The answers to these two questions will provide new insights into the
116   ecological consequences of these small-scale structures.
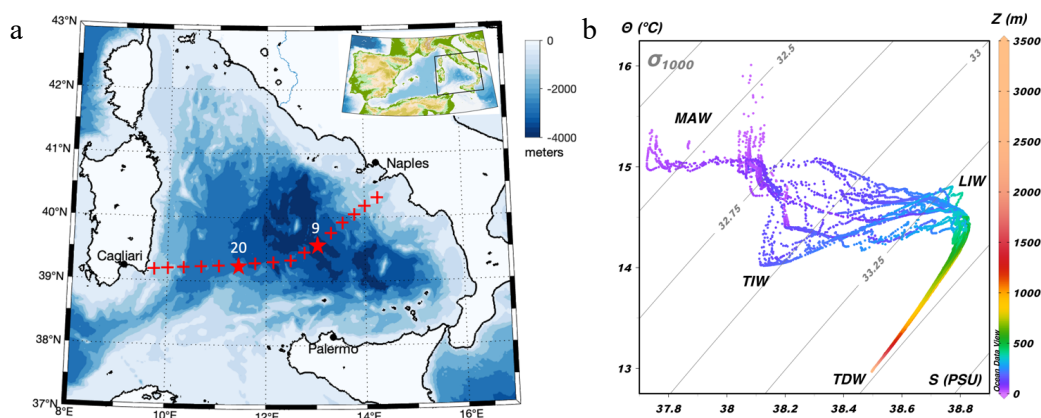
Figure 1 (a) Map of the stations carried out during part of the PERLE-3 cruise (14–16 March 2020) in the Tyrrhenian Sea. Stations 9 and 20, indicated by stars, are the two stations chosen to characterize the water column respectively with and without staircases between intermediate and deep water. (b) θ-S diagram for the different stations of the transect and associated water masses (MAW, Modified Atlantic Water; TIW, Tyrrhenian Intermediate Water; LIW, Levantine Intermediate Water; TDW, Tyrrhenian Deep Water).

2. Material and Methods

2.1 Shipborne CTD and optical data

This hydrographic survey of the Tyrrhenian Sea was conducted in March 2020 as part of the PERLE-3 cruise, which was unexpectedly shortened due to the outbreak of the COVID-19 pandemic. It includes 16 stations for which hydrological profiles were obtained between the surface and 2000 m with a Seabird 911+ CTD-O2 probe. Additional optical sensors (Wetlabs C-Star 0.25m pathlength transmissometer at 650 nm wavelength, Seabird Suna V2 UV nitrate sensor, Hydroptic Underwater Vision Profiler (UVP-5) were connected to the probe.

Data from the CTD sensors and the transmissometer were recorded at a frequency of 24 Hz. Data were therefore acquired every 2 cm at a descent rate of 1 m/s. The temperature and conductivity sensors provided measurements with a resolution of 0.0002 °C (4.10-5 S/m) and an accuracy of 0.002 °C (0,000 3 S/m), respectively. The dissolved oxygen sensor provided measurements with a resolution of 0.2 μmol/kg. The transmissometer has a resolution of 1.25 mV over a range of 0 to 5 V (WET Labs, Inc., 2011), giving a beam attenuation coefficient [BAC= — 4×ln (T%), where T% is the transmittance in %] resolution of 10^{-3} 1/m. The UVP-5 (Picheral et al., 2010) is a stand-alone instrument mounted on the CTD/rosette frame to quantify the vertical distribution of large particles and zooplankton. Images are acquired at a frequency of up to 6 Hz, i.e. on average every 20 cm at a descent rate of 1 m/s. The small size limit of the UVP-5 is determined by the optical resolution (94.7 μm corresponding to 1 pixel), while the large size limit is determined by the volume of water illuminated (1.02 l).

144 The stand-alone Seabird Suna V2 UV nitrate sensor attached to the CTD collected data
145 at 1 Hz from the surface down to 2000 m. It uses ultraviolet absorption spectroscopy to measure
146 nitrate in situ. A good correlation was observed with bottle measurements over the entire water
147 column collected during the cruise (R^2= 0.99, N=27, p <10^{-5}, $NO_{3\,SUNA}$ = 0.991 $NO_{3\,btl}$ − 0.116).

148 The CTD data processing was performed with the SBE Data Processing software, and
149 derived variables (conservative temperature, absolute salinity, potential density anomaly,
150 Brunt-Väisälä frequency and Turner angle) were estimated based on the TEOS-10 toolbox
151 (IOC, SCOR and IAPSO, 2010).

152 The transmissometer signal was associated with the finest and most numerous particles
153 (∼ 1–10 µm), while larger particles (from 80 µm) were seen by the UVP. For transmissometer
154 data, the turbidity spikes due to the passage of large particles through the beam were eliminated
155 by smoothing (Giering et al., 2020). For UVP data, the abundance (in # l^{-1}) of large particles
156 for the different size classes between 80 µm and 2000 µm (equivalent circular diameter) was
157 estimated from the raw images (Picheral et al., 2010). The UVP data were then processed to
158 estimate the particle size distribution, which was modelled using a typical power law of the
159 form $N(d) = C \times d^{-\alpha}$, where C represents a constant, d stands for particle diameter, and –denotes
160 the Junge index (Guidi et al., 2009). The Junge index is determined through linear regression
161 involving log-transformed values of N(d) and d. The calculation was performed on the size
162 range between 80 and 400 microns, in order to consider only the most abundant particles, which
163 represent to 94% of the total number observed and whose concentration is greater than 1 particle
164 per litre. The Junge index, α, varies between 2.5 and 4.5 for this data set. A slope of the
165 differential particle size distribution of 4 indicates an equal amount of mass in logarithmically
166 increasing size intervals. Higher values indicate a greater dominance of fine particles within the
167 particle population, while lower values are associated with particle populations enriched in
168 larger particles.

169 The filtering step proved to be very important, given the scales on which the study
170 focused, to remove the spikes and reduce the noise of the signal while maintaining the best
171 vertical resolution. The 24 Hz raw data were subjected to outlier removal using two successive
172 moving median filters with window lengths of 7 and 5 scans, respectively. The data were then
173 binned at 1 m intervals and smoothed with a Loess regression filter. For temperature, salinity,
174 and potential density anomaly signals, the loess regression smoothing window length was 10
175 scans (10 metres). For dissolved oxygen, nitrate, beam attenuation coefficient, UVP, and Junge
176 index signals we applied a Loess regression smoothing with a window length of 50 scan (50
177 metres).

178 **2.2 Shipborne acoustical data for current and backscatter index**

179 During the PERLE-3 survey, two ship-borne Acoustic Doppler Current Profilers –
180 ADCPs – collected continuous current data from 21 m to 1200 m depth. The first ADCP was
181 an RDI OS150 with an acoustic frequency of 150 kHz, a sampling rate of 1 Hz, and a cell size
182 of 8 m, allowing a total range of 220 m. The second ADCP is an RDI OS38 with an acoustic
183 frequency of 38 kHz, a sampling rate of 1 Hz, and a cell size of 8 m, allowing a maximum range
184 of 1200 m. Data averaged over a 2-min period were concatenated and processed using
185 Cascade V7.2 processing software (Kermabon et al., 2018) to compute horizontal ocean current

velocities with a spatial resolution of 2 km, corrected for navigation and ship attitude
parameters, and filtered according to various quality criteria. Bathymetry (Etopo 1) was added
for bottom detection. The profile data for the meridional and zonal components of the current
for the two ADCPs were combined to obtain a complete profile between 21 and 1200 m depth
with maximum resolution in the surface layer.

In addition to the S-ADCP current measurements, current data between the surface and
2000 m depth were also collected using a dual-head L-ADCP (Lowered-Acoustic Doppler
Current Profiler) system. These measurements were collected with two RDI
Workhorse 300 kHz current meters mounted on the CTD frame, one looking up and one looking
down. The vertical profiling resolution was 8 m. The data were processed by the velocity
inversion method using version IX of the LDEO software (Thurnherr, 2021). Qualified external
data (CTD, S-ADCP, GPS) are used to process the L-ADCP data. Vertical ocean velocities
were calculated using the LADCP_w_ocean utility from combined raw L-ADCP and CTD data
(Thurnherr, 2022). The upward and downward looker data were processed separately and
combined during post-processing to provide vertical velocity profiles for the downcast and
upcast.

The data from the S-ADCP were also used to derive the acoustic backscatter index (BI,
Mullison, 2017), which a proxy for the abundance of centimetre-scale reflectors (organic
detritus, zooplankton, micronecton…) in the water column. This derivation takes into account
the absorption and geometric dispersion of sound $BI = Kc*(RL-Er) + (TL [w] + TL [g])$, where
K_C is the conversion factor (*count to decibels*) of the ADCP used, RL the received signal, Er
the signal noise, TL [w] and TL [g] are the absorption and geometric dispersion factors of the
acoustic signal in water respectively.

2.3 Profiling float CTD data

Another CTD data set was collected from a BGC profiling float (WMO 6,902,903). This
float is equipped with SBE-41CP pumped CTDs with a sampling rate of 0.5 Hz and an
instrumental precision of 0.01 for salinity, 0.002 °C for temperature and 2.4 dbar for pressure.
CTD profiles are collected during an ascent from the parking depth to the surface, which takes
approximately 3 hours at a nominal vertical speed of 0.1 m/s.

The BGC-Argo float collected data for almost 2 years, between 23 June 2018 and 15
March 2020 (date of recovery during the PERLE 3 cruise). It remained in the centre of the
Tyrrhenian Basin (between 39.1-39.7° N, 11.6-12.8° E) during this period. The resulting time
series of CTD profiles includes 16 profiles between 0 and 1000 m from June 23 to July 6, 2018,
and 118 profiles between 0 and 2000 m from July 13, 2018 to March 15, 2020, with a time
resolution of 7 days until October 2019, then 3 days thereafter.

2.4 Staircases detection

Step structures were defined based on temperature and salinity profiles between 500 and
2000 m depth, following the procedure described in Durante et al. (2019). Relative maxima in
the vertical gradient of salinity and potential temperature are used to identify interfaces that
form well-marked steps and delimit a well-mixed layer. Gradient thresholds of 10^{-4}°C/m for
potential temperature and 5×10^{-4} PSU/m for salinity were used.

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3. Results

3.1 Hydrological and hydrodynamical features along the section

3.2.1 Temperature, salinity, oxygen, and nitrate

The temperature-salinity diagram (Fig. 1) and the basin cross-section (Fig. 2) clearly identify the distribution of the water masses present in the study area. As in Falco et al. (2016), we used the isohaline 38.72 as the minimum salinity value to identify the shallowest and deepest levels of the LIW. The MAW, which extends in the upper 200 m of the water column, has a higher temperature and lower salinity to the east. To the west, the colder TIW can be distinguished at about 150 m depth. The warmer, saltier, and oxygen-depleted core of the LIW is found at depths between 300 and 600 m. The core of the colder and less salty TDW is visible beyond 1200 m depth.

In March, the nitrate distribution in the Tyrrhenian Sea shows a nutrient-poor surface layer and a nutrient-rich deep layer, typical of oligotrophic conditions. Nitrate concentrations are more stable than the physical parameters, with only small variations across the section. Near the surface, nitrate concentrations are low, about 1 µmol/kg, due to biological uptake. With increasing depth, nitrate concentrations increase. At intermediate depths (250–650 m) they range from 4 to 7 µM, indicating a transition zone with maximum vertical gradients. In deeper waters, concentrations reach 7 to 9 µM due to decomposing organic matter.
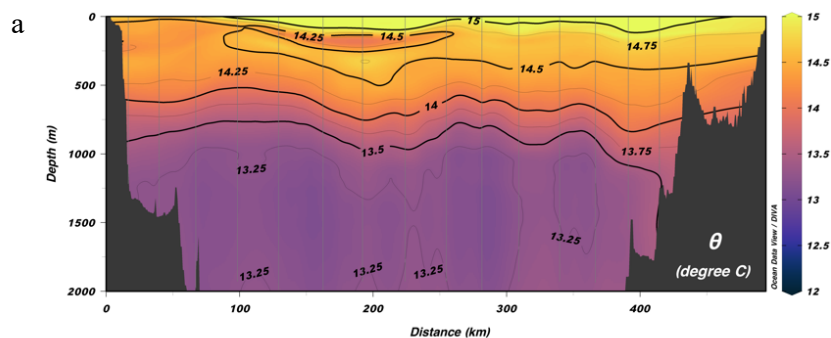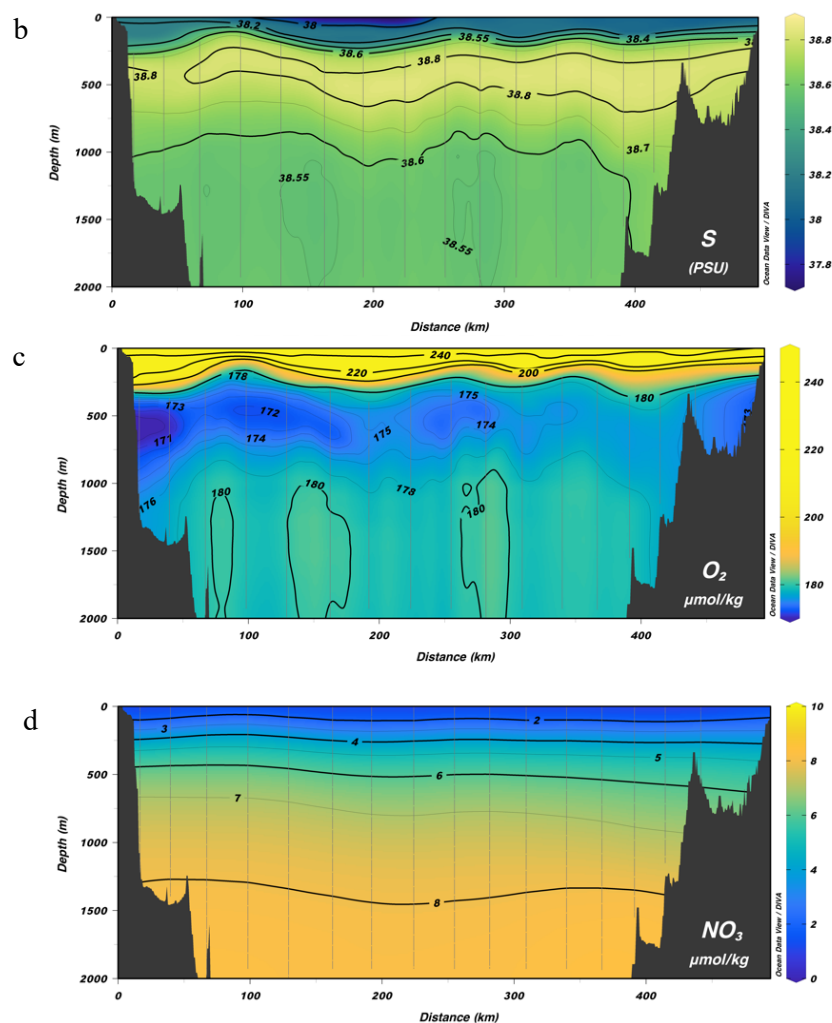
Figure 2: Cross-basin section of (a) potential temperature, (b) salinity, (c) dissolved oxygen, and (d) nitrates for the PERLE-3 cruise (March 2020).
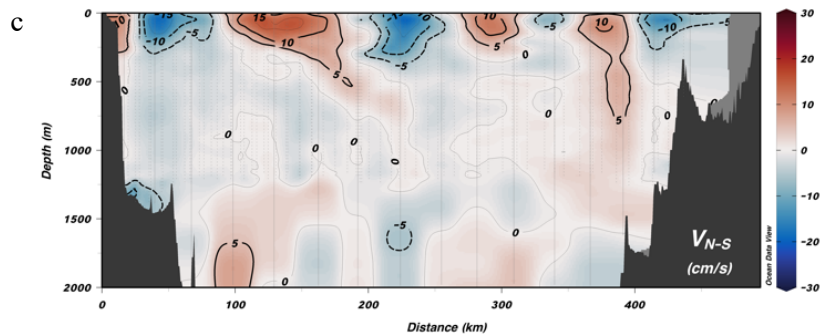
3.1.2 Currents

The dynamic topography and currents measured in the water column during PERLE 3 reveal the presence of two large mesoscale eddies in the centre of the basin with maximum velocities of about $\sim$ 30 cm/s (Fig. 3). The cyclonic eddy at 10.5° E extends to a depth of about 200 m, while the eddy at 12° E extends to more than 500 m. The deep current running along the eastern edge of the basin defines the general along-slope cyclonic circulation. Below the LIW core, i.e. at 600 m depth, the currents are very weak, of the order of a few cm/s.

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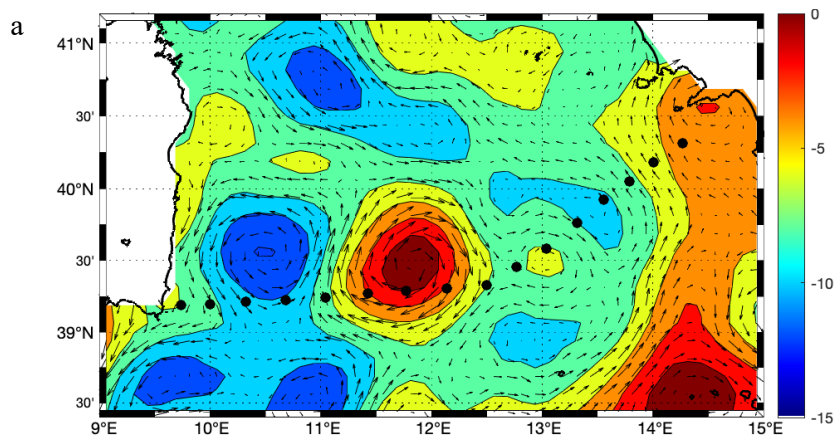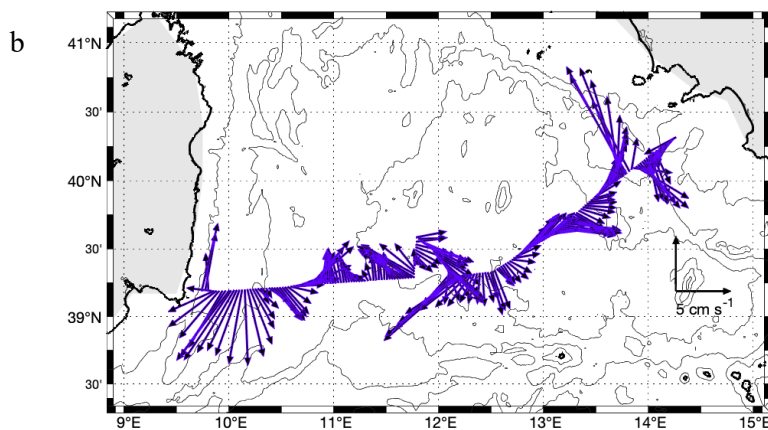
Figure 3: (a) Mean absolute dynamic topography during the period of the cruise (14–16 March 2020) (b) Stick plot of vertically averaged S-ADCP currents between 21 m and 1200 m along the ship's route across the basin, (c) Meridional component of S-ADCP and L-ADCP currents between the 21 and 2000 m depth for the PERLE-3 cruise.

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266
267   Later in the text, we'll distinguish between deep stations without significant staircase
268 step structures, such as station 20, and stations with significant staircase steps, such as station 9.
269 In terms of vertical current velocities, the profiles show velocities on the order of mm/s, with
270 standard deviations of a few mm/s, as expected (Fig. 4).
271

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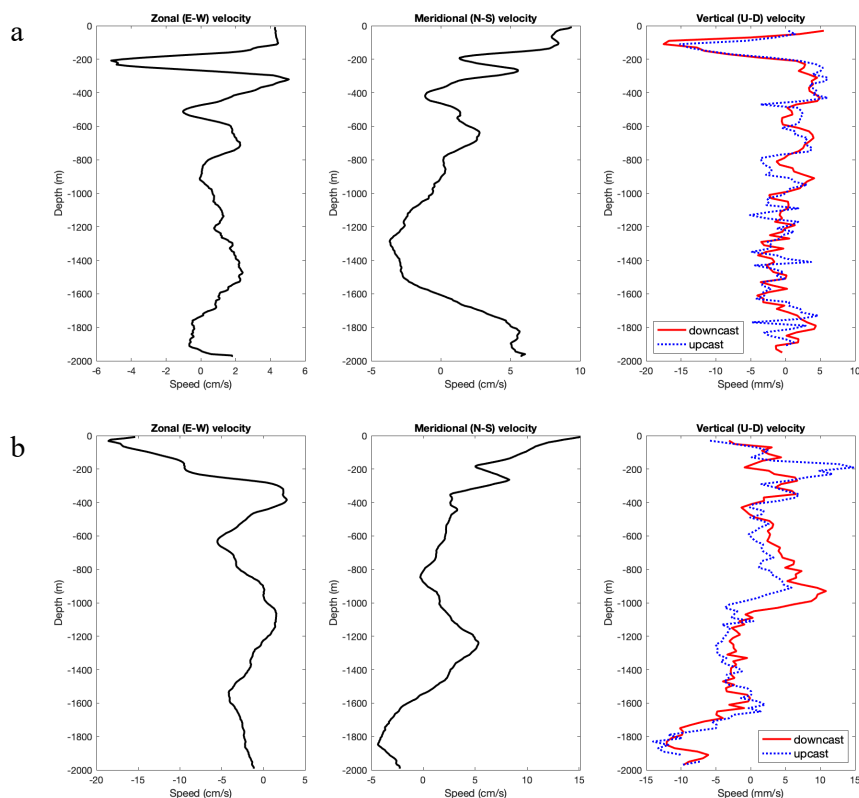
Figure 4: Vertical profiles of the zonal and meridional components of the horizontal current,
and vertical velocities for (a) station 09 and (b) station 20 during the PERLE-3 cruise.

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### 3.1.3 Turbidity, large particle abundance and Junge index

279   The beam attenuation coefficient, an indicator of the abundance of small
280 particles (Fig. 5a) is highest in the surface layer and along the continental slope on both sides
281 of the basin. The tongue of turbid water that descends to 500–600 m in the western half of the
282 basin is associated with the downward movement of water around the anticyclonic eddy.

283   Coarse particles observed with the UVP (Fig. 5b) are most abundant along the
284   continental slope and between 400 and 900 m depth throughout the basin. The subduction effect
285   of the anticyclonic eddy is also evident in the abundance of large particles.
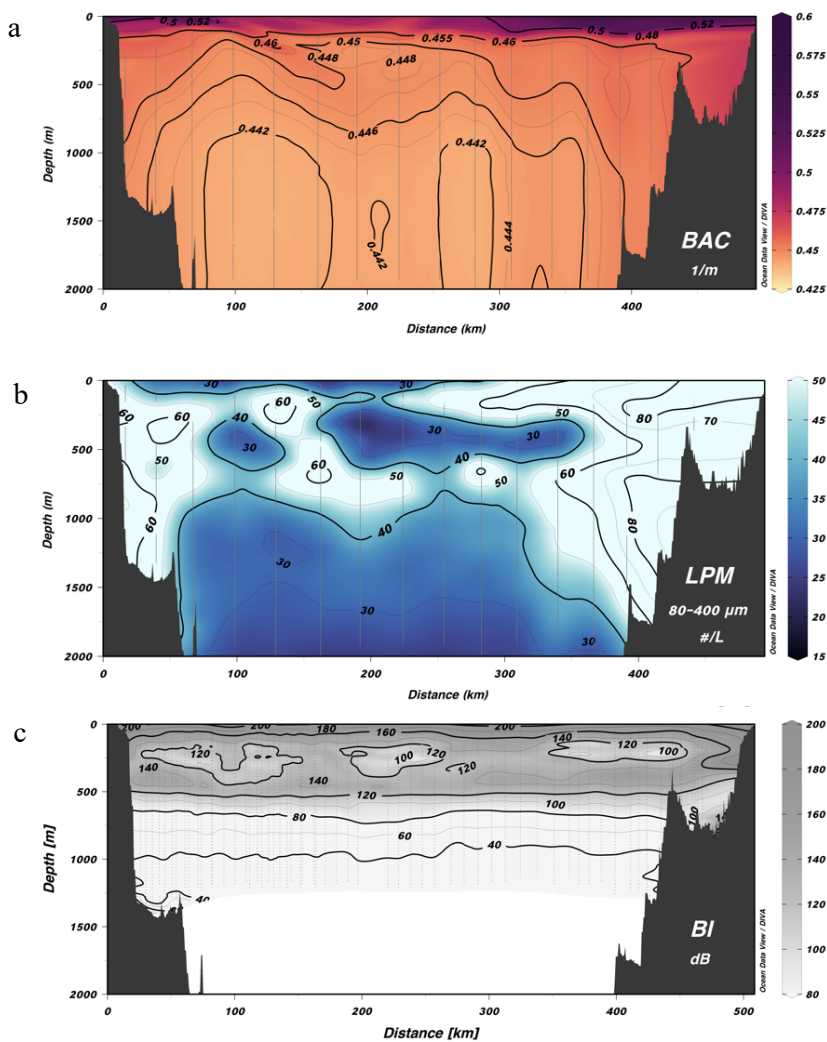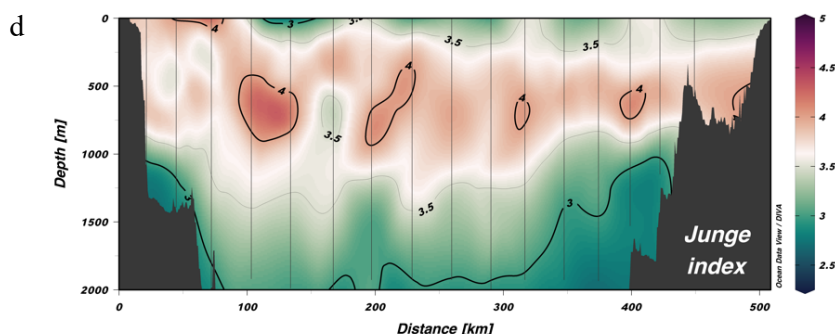
286 *Figure 5: Cross-basin section of (a) beam attenuation coefficient, (b) total large particle*
287 *abundances, (c) backscatter index for the PERLE-3 cruise, and (d) Junge index.*

288   An accumulation of large reflectors between 200 and 500 m depth is clearly visible on
289 the 38 kHz ADCP echo intensity (Fig. 5c). It corresponds to the deep scattering layer formed
290 by the micronekton. Its fragmentation is related to the diel vertical migrations of part of the
291 organisms.

292   The Junge index (Fig. 5d), estimated from UVP data, shows an intermediate maximum –
293 indicating the preponderance of smaller particles over coarser ones – between 400 and 1000 m,
294 below the deep scattering layer. Below 1000 m, the index decreases, indicating a relative
295 decrease in the abundance of smaller particles compared to coarser particles. This decrease is
296 more pronounced on the continental slope and below deep eddies.

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298   3.2 Hydrological features of thermohaline staircases

### 299   3.2.1 Attributes of staircase station vs. non-staircase station

300   In this section we describe the vertical distribution of physical, dissolved and particulate
301 parameters at station 20, which shows virtually no significant staircase (Fig. 6), and station 09,
302 which shows marked staircases between 700 and 1700 m (Fig. 7). For all parameters, the
303 gradients observed at the level of the density steps are small, but significant given the resolution
304 of the sensors. For most of the variables at station 20, the profiles vary almost uniformly below
305 800 m depth, with the exception of a homogeneous layer that appears between 1070 and
306 1140 m, followed by a density step.

307   The profiles of physical variables at station 09 show a series of steps starting at 750 m
308 depth. Density steps result in thin interfaces (about 9–73 m) and density variations of a few
309 thousandths of a kg/m^3. The thickness of the mixed layers varies between 10 and 230 m and
310 increases significantly below 1000 m. The profiles of the biogeochemical variables also show
311 step-like profiles, with larger gradients corresponding to the density steps and nearly
312 homogeneous concentrations in the mixed layers between each step. This is clearly visible for
313 dissolved elements (oxygen, nitrates) and small particle concentration (beam attenuation
314 coefficient). The effect of the density steps on the abundance of coarser material is less obvious

315 due to the variability of the measurements, but it still appears that the total abundance decreases
316 significantly below each step. It is noteworthy that the decrease in the Junge index between 700
317 and 1600 m is greater for station 9 with staircase steps, of the order of one unit, than for
318 station 20, which is more irregular and of the order of 0.2 units.

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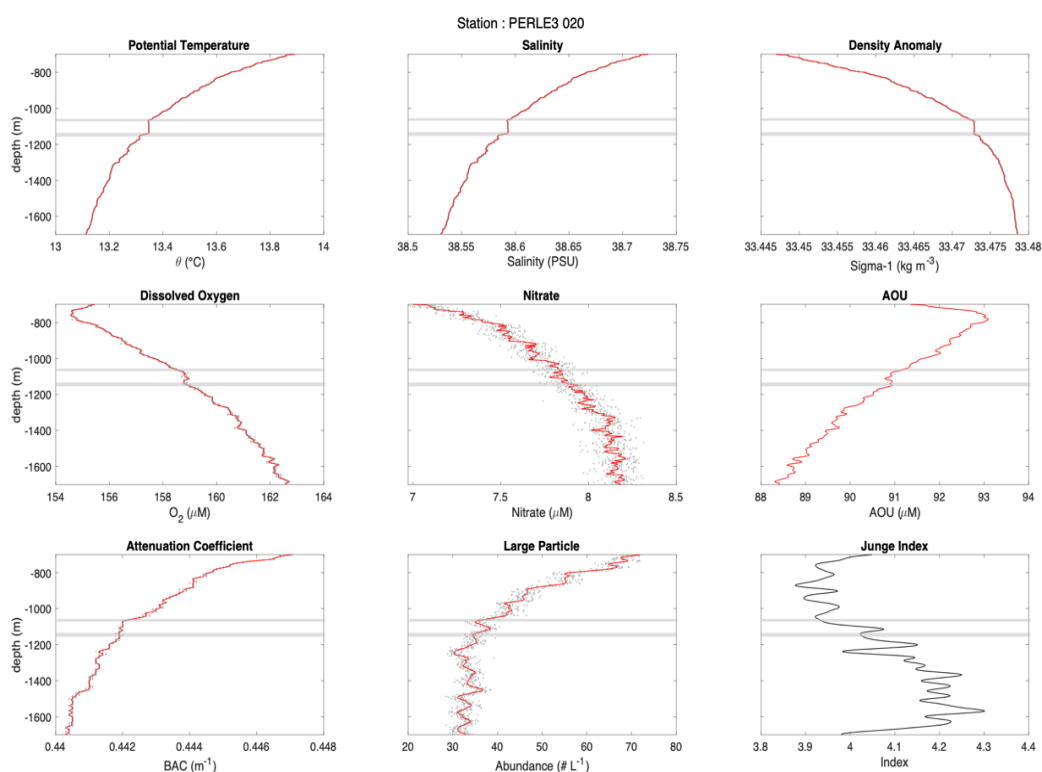
320
321 *Fig. 6: Profiles of potential temperature, salinity, potential density anomaly (top row) and*
322 *dissolved oxygen, nitrates, and apparent oxygen utilization (AOU) (middle row), beam*
323 *attenuation coefficient, large particle abundance between 80 and 400 μm, and Junge index*
324 *(bottom row) between 700 and 1700 m deep for station PERLE-3_20. The grey dots are the data*
325 *binned at 1-metre intervals and the solid red line indicates the smoothed profile.* See station
326 position in Fig. 1.

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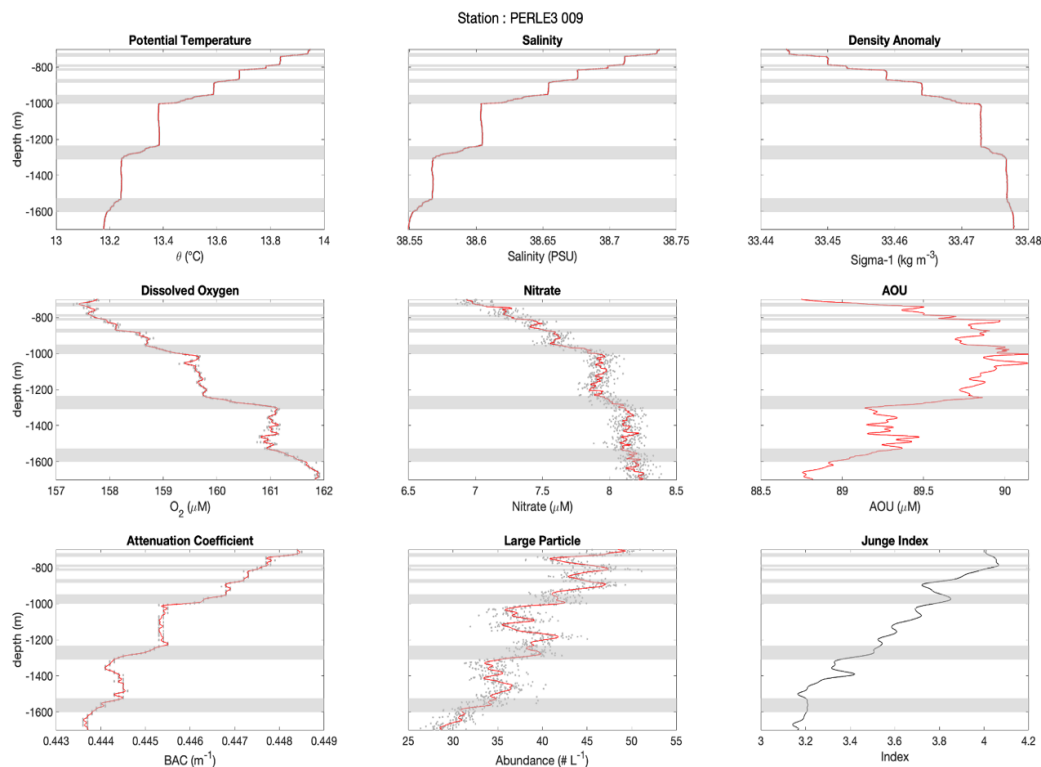
Fig. 7: Profiles of potential temperature, salinity, potential density anomaly (top row) and dissolved oxygen, nitrates, and apparent oxygen utilization (AOU) (middle row), beam attenuation coefficient, large particle abundance between 80 and 400 μm, and Junge index (bottom row) between 700 and 1600 m deep for station PERLE-3_09. The grey dots are the data binned at 1-metre intervals and the solid red line indicates the smoothed profile. Major density steps are delineated by horizontal grey lines. See station positions in Fig. 1.

3.2.2 Positioning and persistence of main staircases

The transition zone between the LIW and the TDW thus provides the right conditions (warmer and saltier water mass overlying a colder and less salty water mass) for the double diffusion phenomenon by salt fingers. The analysis of the thermohaline gradients from the profiles collected during the cruise and from the profiling float allowed us to identify and position the main stepped structures in the Tyrrhenian Basin (Fig. 6).

During the PERLE3 cruise, the staircases develop clearly between 600 and 2000 m depth, mostly in the centre of the basin (Fig. 8a). Staircases are absent under the deepest eddy

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345 (about 12° E). Staircases are absent near the western slope and below the anticyclonic eddy at
346 about 12° E down to 1000 m depth.

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348   The temporal evolution of the staircase in the centre of the basin, as seen by the profiling
349 float between July 2018 and March 2020, underscores that these structures, particularly at
350 depths greater than 1000 m, are relatively stable and have been maintained for several years
351 (Fig. 8b).

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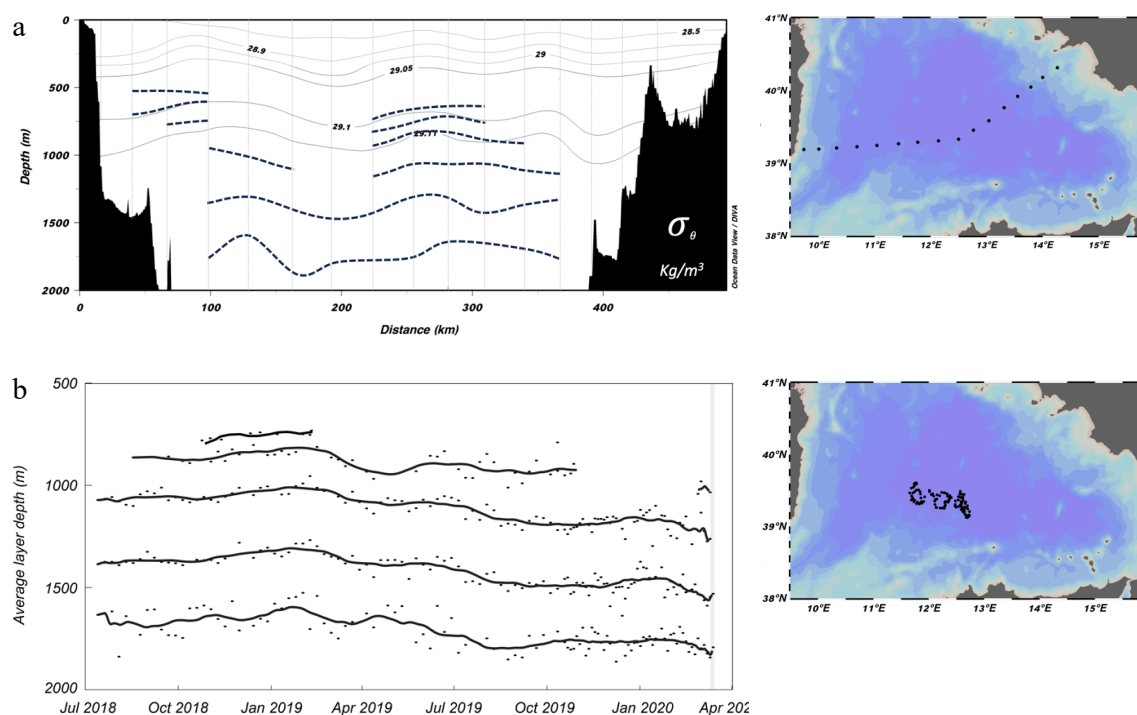
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354 *Figure 8: (a) depth of the main thermohaline staircases across the basin during the PERLE3*
355 *cruise and (b) temporal evolution of the staircases in the centre of the basin as seen by the*
356 *profiling float between July 2018 and March 2020. The shaded band indicates the campaign*
357 *period. The position of the stations and the trajectory of the profiling float are shown on the*
358 *maps on the right.*

359

360 **4. Discussion**

361 **4.1 Characteristics and development conditions of the notable staircase**

362   A large part of the oceanic regions are suitable for the process of double diffusion and
363   salt fingering, but it clearly develops only in some of them, especially in the Mediterranean.
364   Meccia et al. (2016) have shown that about 50% of the Mediterranean Sea is favourable for
365   double diffusion processes, with the Tyrrhenian, Ionian, and southwestern Mediterranean
366   basins being most susceptible to salt fingering, and the strongest processes potentially occurring
367   in the deep waters of the Tyrrhenian Sea.

368   Our observations in the Tyrrhenian Sea between the surface and 2000 m show some
369   well-defined thermohaline staircase structures associated with salt fingers, while observations
370   made during the PERLE cruises in the Ionian Sea and Levantine Basin do not show any
371   particulate structures associated with salt fingers. The observed thermohaline staircases occur
372   mainly in the centre of the Tyrrhenian Basin and are less defined on the continental slope at
373   both ends of the section. These latter regions are the ones that contain the cyclonic boundary
374   circulation that entrains the core of the LIWs originating from the Strait of Sicily. These results
375   are consistent with those of Zodiatis and Gasparini (1996) from ship observations, of Buffett et
376   al. (2017) from seismic observations, and Taillandier et al. (2020) from profiling float
377   observations, who showed that the staircases with the most distinct step-like gradients appear
378   in the centre of the basin, while they become more diffuse towards the boundaries and the
379   bottom. They linked this change to increased vertical motions that prevent diffuse convection
380   and staircase formation because the internal wave field and current shear are stronger near the
381   boundaries.

382   Durante et al. (2021) suggested that mixing induced by internal gravitational waves can
383   modulate the staircase structure. Our observations show that the presence of significant
384   staircase structures down to 2000 m can also be influenced by mixing induced by cyclonic
385   eddies present in the basin. When the vertical extent of these eddies reaches depths deeper than
386   the LIW (i.e. about 500 m), the intensity and variability of the currents in the transition zone
387   between the LIW and the TDW visibly alter the development of the staircases. These
388   observations confirm that, even within the basin, step structures appear to develop preferentially
389   in areas of weak horizontal and vertical currents. However, the modification by eddies would
390   be episodic and would hardly affect the lower part of the salt finger region, as several studies
391   show that the central Tyrrhenian thermohaline steps observed in the heart of the basin interior
392   are quite stable and can persist for years (Taillandier et al., 2020) to decades (Durante et al.,
393   2019).

394

4.2 Impact of staircases on the distribution and settling of particulate matter

396   The effect of density steps on the vertical distribution of particle abundance is detailed
397   for three interfaces between 790 m and 950 m (Fig. 9) and one larger interface between 1150
398   and 1400 m (Fig. 10). Both examples show a significant reduction in the abundance of fine
399   particles as seen by transmissometry (BAC) under each interface. For large particles seen by
400   the UVP, the evolution of abundance on either side of the interface differs depending on size.
401   For the smallest size ranges (80.6-128 µm) the abundance decreases slightly whereas for larger
402   size ranges it hardly varies and, in some cases, even increases. This evolution with depth
403   indicates that at each density interface, there is likely to be a retention of some of the finer
404   particles, as well as coarser ones whose effective density is close to that of ambient water. The

405 larger particles, which are generally denser and have higher settling velocities, are not affected
406 by the change in water density.
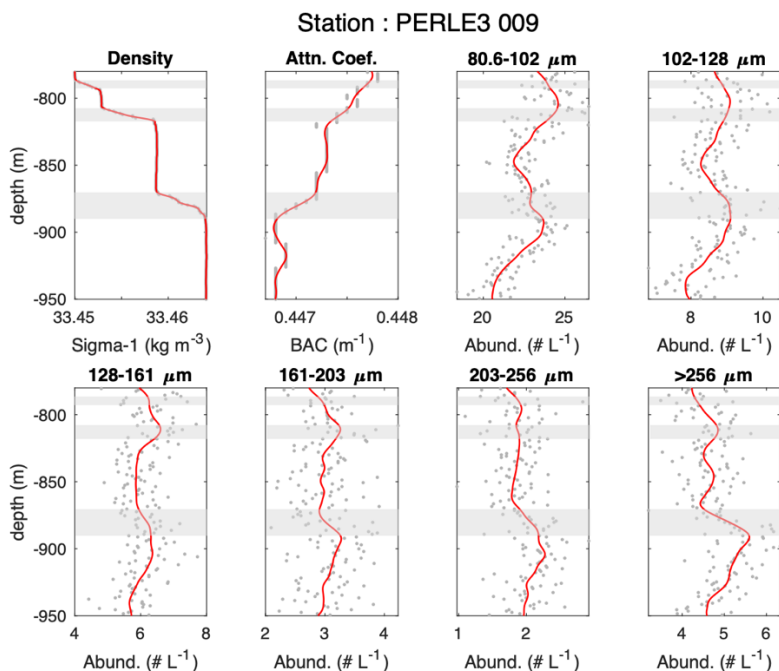
407

408 *Figure 9: Profiles of potential density anomaly, beam attenuation coefficient, large particle*
409 *abundances for the first four size classes and for all sizes>256 μm of the UVP between 780*
410 *and 950 m deep for station PERLE3-09. Grey stripes identify the main steps in density.*

411
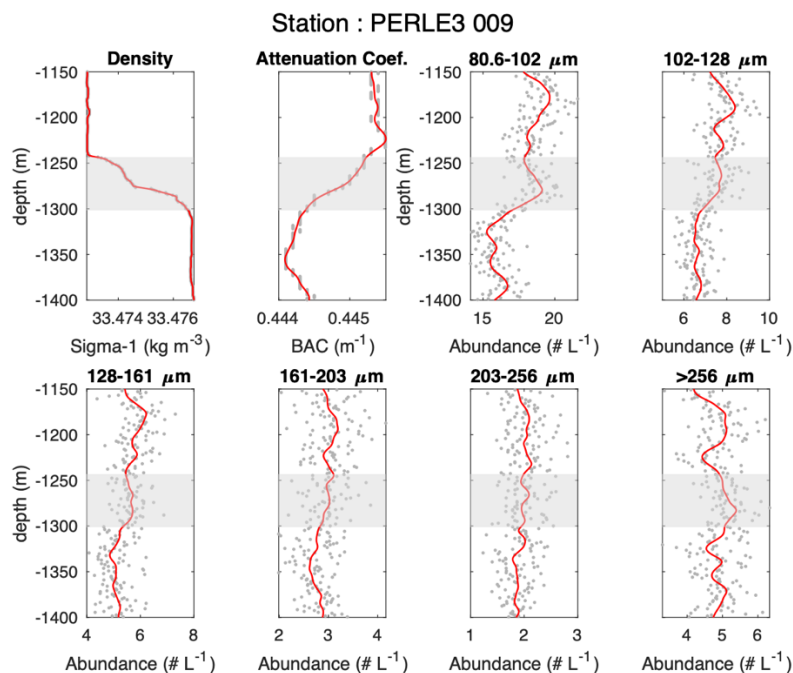
Figure 10: Profiles of potential density anomaly, beam attenuation coefficient, large particle abundances for the first four size classes and for all sizes>256 µ m of the UVP between 1150 and 1400 m deep for station PERLE3-09. Grey stripes identify the main steps in density.

The slope of the Junge-type particle size spectrum has been shown to be a valid first-order description of the particle size distribution, particularly for the study of size-dependent processes such as particle sinking (Guidi et al., 2009). In our case, the observed abundance of coarse particles and the slope of the particle size spectrum are greatest in the deep scattering layer between 400 and 800 m (Fig. 5). Deeper down to 2000 m, both the total particle abundance and the slope of the size spectrum decrease, indicating that the contribution of coarser particles to the particle population increases with depth. Similar results regarding the size distribution of smaller particles in the Tyrrhenian Basin were obtained by Chaikalis et al. (2021) during the trans-Mediterranean cruise in March 2018 using an in-situ laser scattering and transmissometry instrument (LISST-Deep). In this study, they considered the size range between 5.6 and 92.6 m, complementary to that measured with the UVP. Their stations show similar profiles of the particle size spectrum below the surface layer (>150 m), with an intermediate maximum at about 400–500 m depth and a steady decrease to 2000 m depth. Such an evolution of the abundance and particle size spectra is generally considered to be the result of aggregation, with smaller particles agglomerating to form larger ones, a common process in the ocean (McCave, 1984).

Based on laboratory and modelling experiments in the literature, strong density interfaces are known to cause particle retention and promote aggregation. According to

435 Doostmohammadi and Ardekani (2015), density interfaces can induce preferential retention of
436 fine, slow-sinking particles compared to larger particles, and can therefore promote the
437 formation of clusters of fine particles, which can then aggregate. This retention phenomenon
438 can also act on coarse particles, which are often formed by high porosity aggregates. According
439 to Kindler et al. (2010), large porous particles are much more dependent on transition zones
440 and large accumulations of porous particles can occur at interfaces due to their less dense water
441 transport, which is also conducive to aggregation. In our case, the staircase density interfaces
442 are really weak (a few thousandths of kg/m3) and despite the measurement uncertainty of the
443 particle abundances, the results suggest that these interfaces have an effect on the size
444 distribution – through aggregation – of the settling particles.

445   In addition, convection phenomena in the mixed layers sandwiching the density
446 interfaces are likely to even out the concentration of slowly sinking particles (especially the
447 finest and most numerous). The vertical velocities of the current measured, at ±a few mm/s, are
448 likely to alter the settling of particles, helping to equalise their abundance and increase their
449 residence time in each layer.

450

451   **4.3 Potential impact of staircases on the biogeochemical activity**

452   At station 20 (fig. 6), the lack of staircase structures and density interfaces results in
453 relatively uniform sedimentation of particulate matter and relatively homogeneous biogeo-
454 chemical processes throughout the water column. As particles descend into the deep ocean, they
455 undergo a progressive but overall constant mineralization process by bacteria (Ghiglione et al.,
456 2009). In contrast, stations with staircase structures show distinct layered profiles for dissolved
457 oxygen and nitrate (figs. 10 and 11). These staircases facilitate the retention and aggregation of
458 sinking particulate matter, which is critical for the mineralization and transformation of organic
459 matter in the water column (Wakeham and Lee, 1993). This remineralization process releases
460 additional nutrients and consumes oxygen, potentially leading to localized oxygen depletion or
461 an increase in Apparent Oxygen Utilization (AOU), particularly evident in the shallow stair-
462 cases between 750 and 900 m at station 9 (Fig. 11). At the deeper interface around 1300 m
463 (Fig. 12), the increase in AOU may be masked by a stronger vertical oxygen gradient. These
464 interfaces are thought to create specific microenvironments that influence microbial community
465 composition and local biological productivity, similar to the concept of plastispheres described
466 by Conan et al. (2022). Consequently, the formation of distinct layers allows various organisms
467 to colonize specific microhabitats, thereby enhancing biodiversity and trophic interactions.
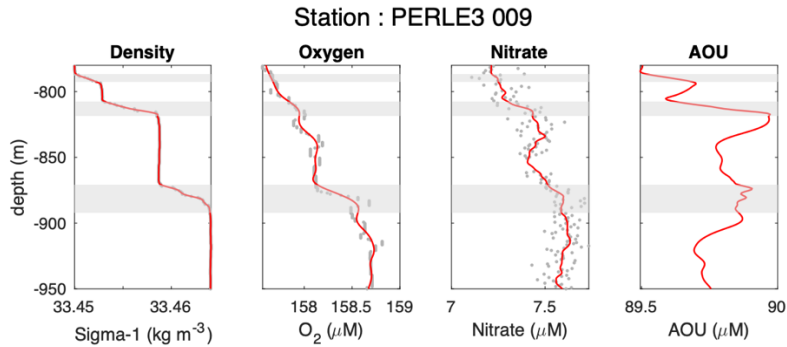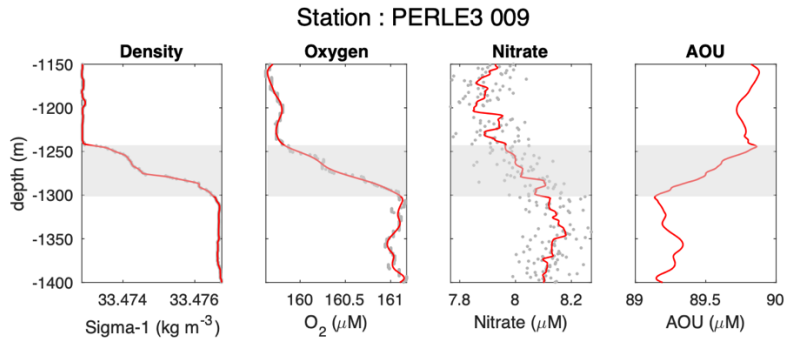
Figure 11: Profiles of potential density anomaly, dissolved oxygen, nitrates and Apparent Oxygen Utilization (AOU) between 780 and 950 m deep for station PERLE3-09. Grey stripes identify the main steps in density.


Figure 12: Profiles of potential density anomaly, dissolved oxygen, nitrates and Apparent Oxygen Utilization (AOU) between 1150 and 1400 m deep for station PERLE3-09. Grey stripes identify the main steps in density.

Taillandier et al. (2020) showed that the thermohaline staircases in the Tyrrhenian Sea significantly influence the biogeochemical dynamics by contributing to the nitrate enrichment of the LIW through diffusion. They estimated upward nitrate fluxes in the transition zone between 400 and 2000 m depth to be about 4 μmol/m²/d using the salt diffusivity formulation of Radko and Smith (2012) based on the density ratio ($R\rho = -\alpha \cdot \partial\theta/\partial z\ -/-\beta \cdot \partial S/\partial z$), where α and β are the thermal expansion and haline contraction coefficients of seawater, respectively, and the molecular diffusivity of heat is $k_T = 1.4 \times 10^{-7}$ m²/s. Based on this study, we calculated nitrate fluxes at each interface using the same formulation. The nitrate flux can be expressed as:

$$F_{NO3} = K_{sf} \cdot \partial C_{NO3}/\partial z = k_T \cdot R_\rho \cdot (135.7/ (R\rho - 1)^{1/2} - 62.75) \cdot \partial C_{NO3}/\partial z$$

488   At station 9, the diffusive nitrate flux was assessed for each depth step between 600 and
489   1600 m (Fig. 13). Fluxes ranged from 3.8 µmol/m²/d at the deepest depth (1254 m) to
490   19.1 µmol/m²/d for the three shallower depths (728 to 870 m). The fluxes at the interfaces are
491   therefore stronger that the overall flux estimated by Taillandier et al. (2020) for the 400-2000
492   m depth range. Fluxes at interfaces are the major contributor to the total nitrate flux. It is con-
493   ceivable that the release of additional nutrients at the upper interfaces increases the local vertical
494   gradient, thereby enhancing diffusive fluxes.
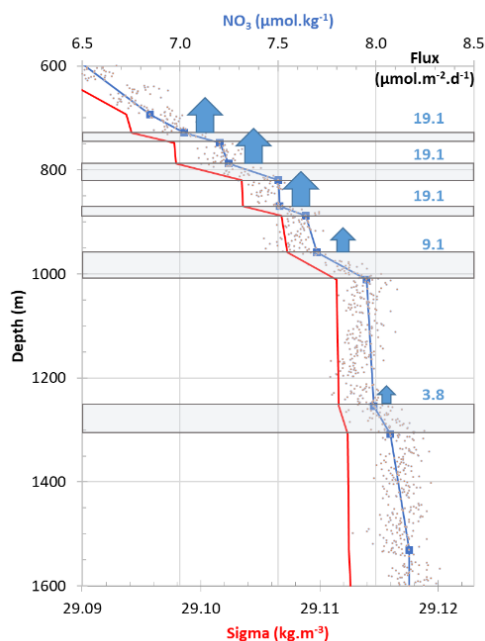
495

496   *Figure 13: Estimated diffusive fluxes of nitrate (in µmol/m²/d) from station 9 at the interfaces*
497   *of each gradient zone characterizing a staircase step. In red: the vertical profile of the specific*
498   *volume anomaly (σ_θ in kg/m³) delimiting homogeneous and gradient zones. The grey points*
499   *correspond to nitrate measurements by the SUNA, while the blue squares are the values*
500   *averaged over 1 m for each point at the upper and lower interfaces, making it possible to*
501   *calculate the nitrate gradient in the shaded areas.*

502

503   **5. Conclusion**

504   This study examines observations of the effect of weakly stepped density gradients
505   induced by salt fingering phenomena on the distribution and fluxes of particulate and dissolved
506   elements. While the effect of density steps on particle settling has been well studied
507   experimentally and demonstrated for strong density gradients in natural environments (i.e.
508   buoyant river plumes and pycnocline), this is the first time, to our knowledge, that this effect

509 has been identified for steps with the extremely low density gradients that exist in the deep
510 ocean..

511   In the Tyrrhenian Sea, the interface between the warm and saline intermediate waters
512 (LIW) and the colder and less saline deep waters (TDW) presents thermohaline conditions
513 favourable to the development of significant salt fingering staircases. Profiles with mixed layers
514 tens to hundreds of metres thick and density steps of a few thousandths of kg/m^3 occur in zones
515 of low hydrodynamic energy, away from strong horizontal currents, such as near the
516 boundaries. The study also shows that these steps are mostly stable and persist for years,
517 especially in the central basin, while they are disrupted or absent in regions with stronger
518 hydrodynamics, such as near deep-reaching eddies.

519   The presence of thermohaline staircases appears to significantly influence the
520 distribution of particulate and dissolved matter. Profiles of particle abundance down to a few
521 hundred microns, or profiles of dissolved substances such as oxygen and nitrates, tend to follow
522 that of density, i.e. show staircases in areas affected by salt finger mixing processes, or vary
523 regularly in unaffected areas.

524   The density steps caused by these staircases modify the particle size distribution, leading
525 to an evolution towards larger aggregates. In fact, the retention of near-floating particles at
526 density interfaces increases their residence time, promotes particle aggregation and,
527 incidentally, allows the larger particles thus formed to cross the density interface, with possible
528 implications for the vertical flux of carbon.

529   The staircases influence the concentration of nutrients (such as nitrates) and dissolved
530 oxygen levels, thereby influencing the biogeochemical cycling within these layers. The
531 retention of part of the particulate material at the density interfaces allows the mineralization of
532 organic matter, the effect of which on oxygen and nitrate concentrations is superimposed on the
533 upward flux by diapycnal diffusion. Ecologically, it is hypothesized that these staircases may
534 play a crucial role in promoting diverse habitats and influencing the lability of organic matter
535 and nutrient distribution.

536

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664

665   **Data Availability Statement**

666   The CTD and ADCP data used in this study are available at
667   https://doi.org/10.17600/18001342. The UVP data are available at https://ecopart.obs-vlfr.fr.

668

669   **Author Contributions**

670   Conceptualization and Methodology, XDDM, PB and MPP; Writing – Original Draft
671   Preparation, XDDM and PB; Writing – Review & Editing, All.

672

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676

677   **Competing interests**

678   The authors declare that they have no conflict of interest.