

1 Atmospheric Mixed Rossby Gravity Waves over Tropical Pacific 2 during the Austral Summer

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7 **Abstract.** Atmospheric Mixed Rossby-Gravity Wave (MRGW) activity during the austral summer months (Dec-Jan-Feb) is
8 examined by means of observational analyses for the 1991 - 2020 period. The main objective of the study is to explore the
9 relationship between tropical circulations at upper and lower tropospheric levels and tropical convective activity. Using an
10 Empirical Orthogonal Function (EOF) analysis of the high-frequency meridional component anomalies of the wind at 200 hPa,
11 for zonal wavenumber 4-6, episodes of intense MRGW activity are detected. Composite analyses based on an EOF analysis
12 show a quadrature phase over the central-eastern equatorial Pacific between the MRGW structure in the upper and lower
13 troposphere. Lagged correlations between the first two EOFs principal components, and the wind field and OLR, show that
14 MRGWs are laterally forced at upper tropospheric levels over the westerly duct region and later propagate westward and
15 downward. Once the MRGW reaches the lower tropospheric levels, it induces zones of moisture convergence that modulate
16 convective activity. Tropical convection develops in the MRGW moisture convergence region at 700 hPa and the divergent
17 region of the wave at 200 hPa. Since the MRGW phase tilts eastward with height, moisture convergence at lower tropospheric
18 levels tends to coincide with divergence at upper levels favouring intense convective activity which results in the antisymmetric
19 outgoing longwave radiation anomalies observed off the equator near the MRGW. Therefore, the occurrence of MRGWs over
20 the eastern Pacific, is a form of tropical – extratropical interaction that generates tropical convection anomalies by means of
21 induced lower tropospheric moisture convergence and divergence anomalies.

22 **Keywords:** Mixed Rossby-Gravity Waves, Tropical–Extratropical Interactions, Lateral Forcing, Moisture Convergence.

23 1 Introduction

24 Equatorial waves are important elements of the atmospheric tropical circulations. Matsuno (1966) determined the main spatial
25 and temporal characteristics of Mixed Rossby-Gravity Waves (MRGWs), later identified by means of observational analyses
26 by Yanai and Maruyama (1966) and Maruyama (1967). In the present study, MRGWs will refer to the westward moving waves
27 in the troposphere, coupled with tropical convection, as those discussed by Magaña and Yanai (1995). Various observational
28 studies show that MRGWs exhibit fluctuations in the meridional component of the wind, with periods between 4 to 6 days and

29 zonal wave numbers 4 to 6 (Yanai and Hayashi 1969; Yanai and Murakami 1970a, b; Nitta 1970). Their vertical wavelengths
30 range between 6 to 10 km (Holton 1979, Magaña and Yanai 1995) with an upward propagation from the upper troposphere to
31 lower stratospheric levels (Yanai and Hayashi, 1969).

32 The origin of MRGWs indicates that lateral forcing is a common trigger of MRGWs, as originally proposed in model studies
33 by Mak (1969) and later explored by Bennet and Young (1971), Hayashi and Golder (1978) and Zhang and Webster (1992),
34 among others. Observationally, Yanai and Lu (1983), Magaña and Yanai (1995), Yang and Hoskins (2016), Kiladis et al.
35 (2016), Yang et al. (2018), Suhas et al. (2020) and Shreya and Suhas (2024) also documented MRGWs triggered by lateral
36 forcing. On the other hand, tropical convective heating has also been suggested as a mechanism that results in MRGWs
37 (Holton, 1972; Hess et al., 1993). Hayashi (1970) proposed that MRGWs could be the result of Wave-CISK, i.e., by means of
38 the interaction between convective heating and the wave itself. However, Takayabu and Nitta (1993) ruled out Wave-CISK as
39 a mechanism to maintain MRGWs. In any event, the relationship between MRGWs and tropical convective activity exists
40 (e.g., Magaña and Yanai 1995, Kiladis et al., 2009), but a definite answer how it works has not been given.

41 The first observational studies on the vertical structure of MRGWs indicate that they extend from the troposphere to the lower
42 stratosphere (Yanai and Hayashi, 1969). A vertical node of these equatorial waves appears in the upper-tropospheric level
43 (around 200 hPa), and the phase tilts westward to lower tropospheric levels and eastward into the stratosphere (Magaña and
44 Yanai 1995; Zhou and Wang 2007; Kiladis et al., 2009). The tilting of MRGWs plays a crucial role in the vertical transport of
45 momentum and energy (Holton, 1979), but it may also be important in the spatial distribution of the convective activity
46 anomalies associated with MRGWs (Kiladis et al., 2009).

47 The triggering of MRGWs by midlatitude disturbances from the winter hemisphere takes place in the eastern Pacific westerly
48 duct (Webster and Holton, 1982), which tends to remain “open” in the upper troposphere during the austral summer months
49 (Dec-Jan-Feb) (Braga et al., 2022). During the boreal summer (Jun-Jul-Aug) the westerly duct forms periodically as the
50 Madden Julian Oscillation propagates along the eastern tropical Pacific, which allows the formation of MRGWs (Magaña and
51 Yanai, 1991). Therefore, it is expected that MRGWs triggered by lateral forcing will be more frequent during the austral
52 summer. Their signal at lower atmospheric levels though may be more evident in the region of westerlies, close to the western
53 Pacific (Au-Yeung and Tam, 2018). Consequently, we will focus on this temporal period to examine the relationship between
54 MRGWs triggered in the upper troposphere that extend the signal to lower tropospheric levels in relation to the development
55 of tropical convection.

56 A study by Zhou and Wang (2007) shows that an upper tropospheric MRGW acts as the precursor to a western Pacific tropical
57 depression. Consequently, the downward phase propagation and the vertical structure of the MRGW should be considered in
58 the development of a region of intense convective activity around the equatorial wave. These analyses suggest that an upper
59 tropospheric MRGW may reflect in the modulation of moisture convergence and divergence near the boundary layer, that
60 ultimately controls deep convective activity in the equatorial regions. Consequently, the existence of MRGWs and the
61 corresponding antisymmetric anomalies in convective activity (Kiladis et al., 2009) may be considered part of the evolution
62 of MRGW from upper to lower tropospheric levels.

63 The present study aims at examining the characteristics and evolution of MRGWs, in the Pacific region, and the relationship
64 between this type of equatorial wave and convective activity off the equator, which remains as an open scientific question.
65 This study is structured as follows: Section 2 outlines the characteristics of the data used for the study and the methodology of
66 investigation. In Section 3, observational analyses are developed to determine the characteristics and evolution of MRGWs
67 and their relationship with convective activity. In Section 4 summary and conclusions are presented.

68 **2 Data**

69 **2.1 Data sets**

70 For the identification of MRGWs, global reanalyses of daily tropospheric winds and specific humidity ERA-5 for the period
71 1991 to 2020 (Hersbach et al., 2020) have been used. The spatial resolution of ERA-5 wind data is $2.5^\circ \times 2.5^\circ$ from 1000 to
72 100 hPa. Daily Outgoing Longwave Radiation (OLR) data from the National Oceanic and Atmospheric Administration
73 (NOAA) for the same period were also used (Liebmann and Smith, 1996) to document tropical convective activity anomalies.

74 **2.2 Vertically Integrated Moisture Flux**

75 The vertically integrated moisture flux field and its divergence were calculated to evaluate how atmospheric moisture is
76 distributed by tropical disturbances in the tropical regions. The VIMF is a measure of the amount of water vapor transported
77 in the atmosphere. Its convergence is used in the evaluation of the hydrological processes in the atmosphere (Fasullo and
78 Webster, 2003). High VIMF convergence (VIMFc) zones are related to intense convective activity. The VIMF has been used
79 to examine moisture transport processes, for instance in Easterly Waves (Pazos et al., 2023). The VIMF is calculated using the
80 expression:

$$81 \quad \text{VIMF} = \frac{1}{g} \int_{p=1000}^{p=100} Vqdp \quad (1)$$

82 where q is the specific humidity ($\text{kg}\cdot\text{kg}^{-1}$), V is the horizontal wind field, g is the gravity constant, and p is the pressure
83 between 1000 and 100 hPa. VIMF units are $\text{kg m}^{-1} \text{s}^{-1}$.

84 **2.3 Methodology**

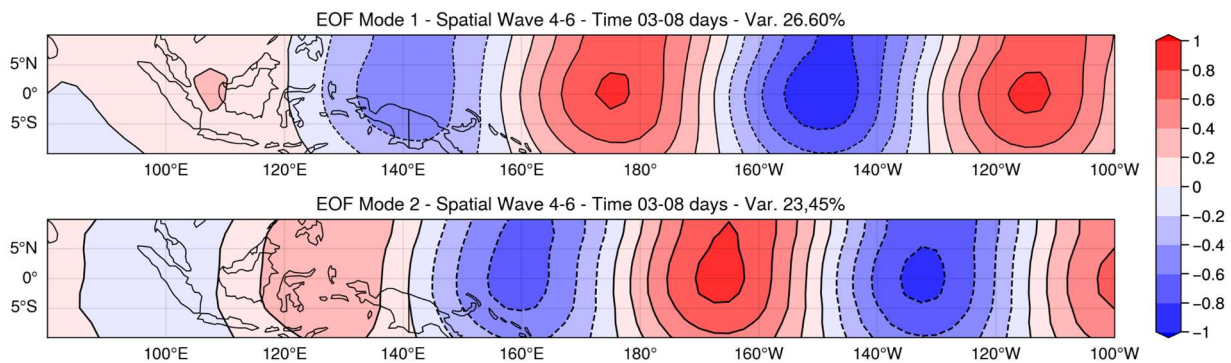
85 Various approaches have been used to diagnose MRGWs activity including spectral analysis with radiosonde data (Yanai and
86 Hayashi, 1969), or reanalysis data (Yanai and Lu, 1983; Magaña and Yanai, 1995; Wheeler and Kiladis, 1999), or by projecting
87 meteorological wind fields of reanalysis data onto the theoretical spatial structures of equatorial waves (Yang et al., 2003; Au-
88 Yeung and Tam, 2018, Knippertz et al., 2022). In this study, MRGWs patterns have been identified by means of Empirical
89 Orthogonal Function (EOF) analyses (Kiladis et al., 2016) of the meridional component of the 200 hPa wind field, based on
90 the covariance matrix. The Principal Components (PC1, PC2) of EOFs are used as indices to compose wind, OLR, and
91 atmospheric moisture fields to obtain the spatial characteristics of the MRGWs. PC1 and PC2 do not include variations with

92 periods longer than 90 days, that may appear as interannual variations, result of the use of data for the Dec-Jan-Feb period.
 93 The identification of periods and regions of MRGW activity are determined based on periods of large signals of PC1 or PC2.
 94 The temporal evolution of MRGW is examined by means of lagged – correlations between PC1 or PC2 and the wind, OLR
 95 and moisture fields. Data are band-pass filtered with a Lanczos Filter (Duchon, 1979), in the period range between 3 and 8
 96 days. The spatial structure of the MRGW in the EOF analysis is captured with a spatial filter for zonal wavenumbers 4 to 6
 97 (Hayashi, 1982). The wavelength spectrum for the EOF's is limited to the spatial scales, characteristic of MRGW. The
 98 inclusion of larger or smaller zonal wavenumbers may capture other modes present in the tropics. However, the main focus of
 99 this is on a prototype MRGW with zonal wavenumber 4-6.

100 3. Results and Discussions

101 3.1 MRGW Detection

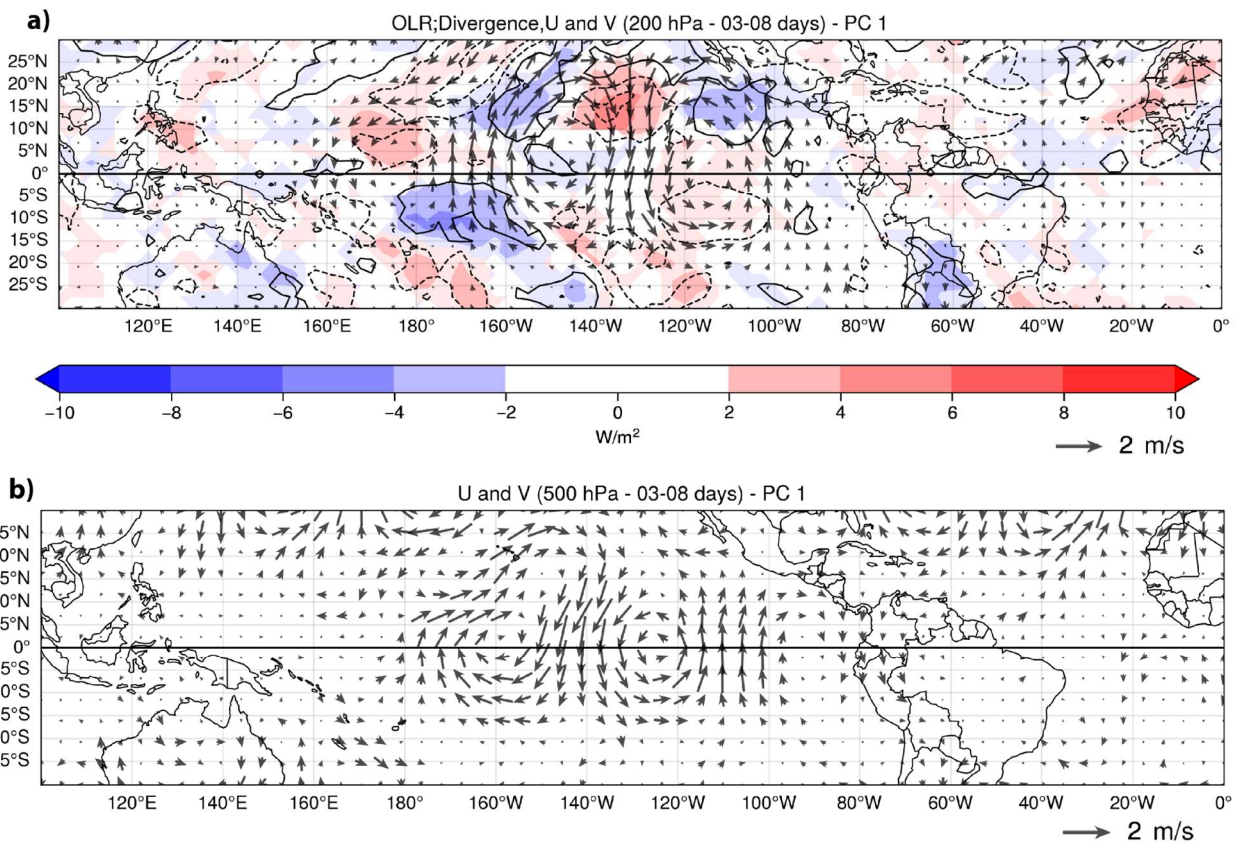
102 The first EOF of the band-pass filtered component of the meridional wind (v) at 200 hPa, spatially filtered in the 4 and 6 zonal
 103 wavenumber range, in the 10°N-10°S, 80°E-100°W domain, similar as the one used by Kiladis et al. (2016) and Suhas et al.
 104 (2020), shows the signal of a MRGW with a dominant zonal wavenumber 5 (Fig.1). EOF2 also captures the MRGW signal,
 105 but it is in quadrature with EOF1 (PC2 leads PC1 by approximately 100 degrees) which corresponds to the westward
 106 propagation of the wave. The coherence squared between PC1 and PC2 in the 5 to 8 days period range is around 0.66.



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 108 **Figure 1: First and second EOF for the 200 hPa space-time filtered anomaly of the meridional component of the wind field at 200**
 109 **hPa for the December to February for the 1991 to 2020 period.**

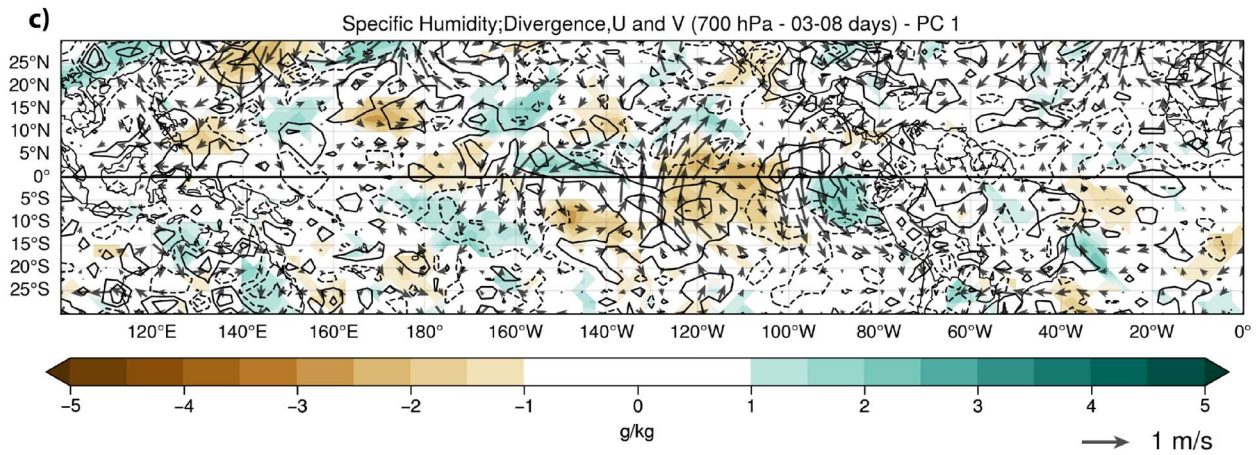
110 To obtain the spatial structure of the wind field corresponding to a MRGW, composite patterns of the space-time band-pass
 111 filtered wind fields at 200, 500 and 700 hPa were constructed using PC1 values larger than 1.0. The composite of the wind
 112 field was combined with OLR anomalies at upper-levels and specific humidity anomalies at lower levels to obtain the regions
 113 of the induced tropical convective activity (Fig.2). Over the central eastern Pacific, clockwise and anticlockwise circulations,
 114 centred along the equator, show the anomalous wind field of a MRGW (Fig.2.a). In agreement with the theoretical model, its
 115 convergent and divergent regions are anti-symmetrically located off the equator in between the clockwise and anticlockwise
 116 circulations. The positive and negative OLR anomalies associated with the MRGW coincide with the regions of convergence

117 and divergence at upper tropospheric levels. At 500 hPa, the phase of the MRGW over the central Pacific is displaced around
 118 10° to the west with respect to its 200 hPa counterpart (Fig.2.b), reflecting its eastward tilt with height in the troposphere
 119 (Suhas et. al., 2020). When the signal of the MRGW is calculated at lower tropospheric levels, a further phase shift towards
 120 the west in the clockwise and anticlockwise circulations is observed. At 700 hPa, the intensity of the circulations is weaker
 121 than at upper tropospheric levels, but regions of atmospheric moisture convergence and divergence are observed off the
 122 equator in between the cyclonic and anticyclonic circulations. Just above the tropical boundary layer, the zone of moisture
 123 convergence (divergence) is located at 160°W and 5°S to 10°S (5°N to 10°N) and at around 115°W and 5°N to 10°N (5°S to
 124 10°S), on the west and east sides of the clockwise circulation in the central Pacific (Fig.2.c). Moisture convergence-divergence
 125 leads to increases-decreases of atmospheric humidity that tend to coincide with the regions of negative-positive OLR
 126 anomalies. Such connections between upper and lower tropospheric levels around the MRGW circulation suggest that tropical
 127 convection anomalies are generated at lower tropospheric levels through moisture convergence, that coincide with regions of
 128 divergence and convergence at upper tropospheric levels due to the quadrature in the MRGW between these two tropospheric
 129 levels. The phase of the MRGWs wave tilts eastward with height, from 700 hPa to 200 hPa, i.e., in the troposphere, while the
 130 phase tend to tilt westward from the upper troposphere to the lower stratosphere (Holton, 1979; Yang and Hoskins, 2017)
 131 reflecting the vertical structure of these equatorial waves.



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Figure 2: Composite patterns based on PC1 > 1 conditions, showing band-pass filtered wind anomalies (3–8 day periods) at (a) 200 hPa, (b) 500 hPa and (c) 700 hPa. Wind anomalies are depicted as vectors, with dashed lines indicating convergence and solid lines showing divergence. Shading represents band-pass filtered anomalies of outgoing longwave radiation (OLR) (red and blue) and band-pass filtered specific humidity (brown and green).

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As MRGW evolves across the Pacific, the zones of convergence and divergence move westward along with the corresponding convective activity anomalies. The temporal evolution of a MRGW wind field and the associated tropical convection anomalies may be analyzed by examining the sequence of events, from the onset of the equatorial wave around 200 hPa, to a few days later, when its signal is observed at lower tropospheric levels. One point lag correlations between PC2 and unfiltered anomalies of 200 hPa wind and unfiltered OLR anomalies, for the -2 days to +2 days range, show the evolution of a MRGW with an approximate 4 to 5 days period. The vector represents the magnitude of the correlations between PC2 and the zonal and meridional components of the anomalous wind field. At lag -2 days, the correlation with the wind field shows the MRGW pattern over the central eastern Pacific with vortices between 20°N and 20°S. In the central eastern an anticyclonic equatorial circulation is connected to a midlatitude wave that emanates from the northwest Pacific (Fig.3.a). The cyclonic circulation in midlatitudes mechanically couples with the MRGW that extends across the Pacific, in a similar manner as laterally forced MRGWs presented by Magaña and Yanai (1995); Kiladis et al. (2016); Suhas et al. (2020) and Shreya and Suhas (2024). Over the central Pacific, negative (positive) OLR correlations (anomalies) are observed between the clockwise and anticlockwise circulations of the MRGW over the equatorial region. In the early stages of the MRGW, the OLR anomalies in the central Pacific are modulated by the midlatitude wave train, following the ascending and descending motions described by the omega equation, i.e., negative OLR occurs ahead of troughs. However, at lag 0 days, the MRGW propagates westward along with the antisymmetric anomalies in OLR around the dateline (Fig.3.b), with a westward phase velocity of approximately $15 \text{ m}\cdot\text{s}^{-1}$ and a zonal wavenumber 5. The midlatitude wave propagates across the eastern tropical Pacific, extending to the Southern Hemisphere to the western coast of South America (e.g. Braga et al., 2022). At lag+2 days, the regions of convergence and divergence off the equator, around 15-20° in latitude, displace westward along with the tropical convection anomalies of the MRGW (Fig.3.c). At this stage the midlatitude wave train weakens but the MRGW remains and is present over the westerly duct region, close to the western Pacific.

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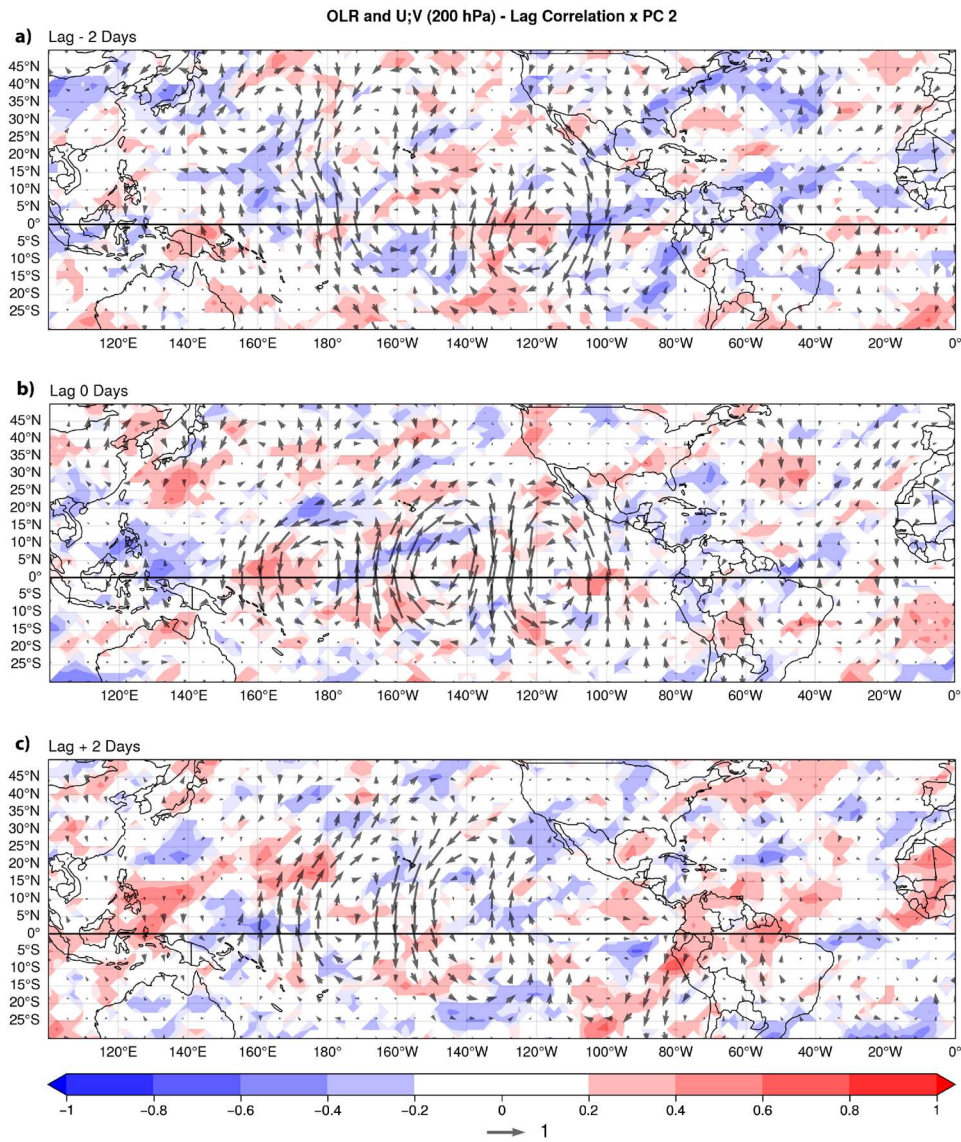
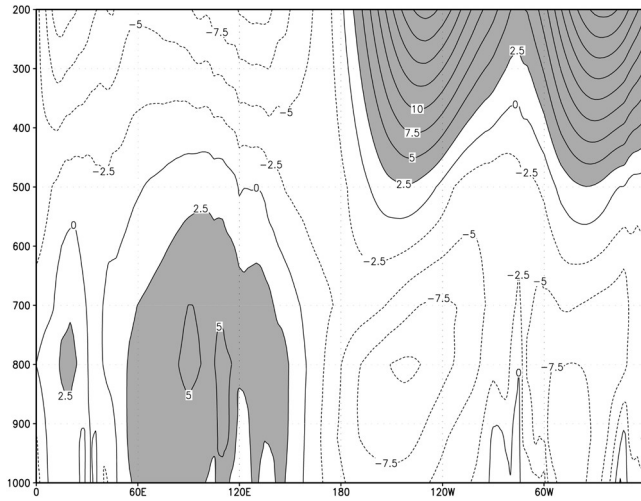


Figure 3: Lag-cross correlation between the PC2 and the wind field anomalies at 200 hPa (vectors) and OLR anomalies (shades of red and blue), for the December–February period. Panels show results for: a) lag = -2 days, b) for lag= 0 days, and c) for lag = +2 days. The correlations are calculated with unfiltered anomalies. A vector of magnitude 1 implies a perfect correlation.

The maximum amplitude of MRGWs at upper levels occurs over the westerly duct region at 200 hPa, but its amplitude decreases over the Western Pacific, i.e., over a region with predominant easterly flow at upper tropospheric levels (Fig. 4). At lower tropospheric levels though, the westerly flow is observed over the western Pacific, where MRGWs have been documented around 850hPa (Kiladis et al., 2009). In this region, lower tropospheric MRGWs are better defined and may even lead to the formation of tropical cyclones (Dickinson and Molinari, 2002; Zhou and Wang, 2007).



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Figure 4: Vertical cross section of the climatological zonal wind (m s^{-1}) along the equator between December and February 1991-2020. Shading corresponds to regions of westerlies.

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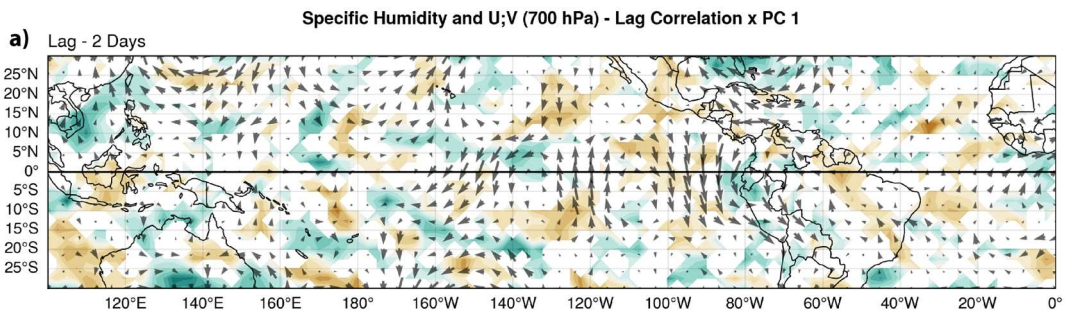
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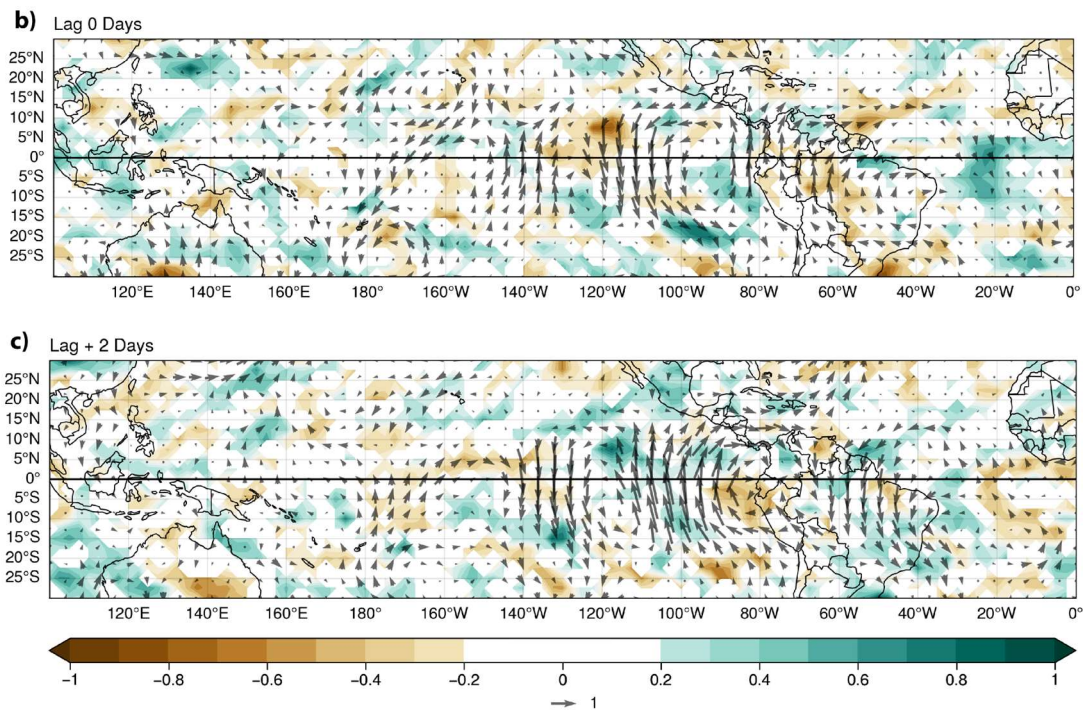
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In the central eastern Pacific, MRGW activity is an important mechanism to modulate the lower tropospheric moisture field that results in tropical convection. Lagged cross correlations between PC1 and 700 hPa wind field and anomalies of 700 hPa specific humidity show that MRGW modulate atmospheric moisture near the boundary layer. At lag -2 days, the clockwise and anticlockwise vortices tend to modulate the antisymmetric response in specific humidity over the eastern Pacific, around 100°W (Fig.5.a). At lag 0 days, the MRGW signal extends from the central Pacific into the western equatorial Atlantic, and the antisymmetric atmospheric moisture anomalies are observed in the corresponding divergent and convergent regions off the equator, between 5° and 10° in latitude and around 100°-120°W (Fig.5.b). This equatorial disturbance exhibits a dominant zonal wavenumber 5 structure and its evolution into the Atlantic is in agreement with the eastward group velocity associated with MRGWs. At lag +2 days, the signal in specific humidity correlations moves westward, maintaining the antisymmetric structure off the equator and extending to the Atlantic Ocean (Fig.5.c). The signal of the MRGW extends to the equatorial Atlantic and there are some signals of the modulation in the specific humidity field due to the eastward group velocity.



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Figure 5: Lag-cross correlation between the first principal component (PC1) and the 700 hPa anomalous wind field (vectors) and 700 hPa specific humidity (shades of green and brown), for the December–February period. Panels show results for: a) lag = -2 days, b) lag = 0 days, and c) lag = +2 days. The correlations are calculated with unfiltered anomalies. A vector of magnitude 1 implies a perfect correlation.

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3.2 Vertically Integrated Moisture Flux in the tropics

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The modulation of moisture by low level MRGW circulations is diagnosed by examining the Vertically Integrated Moisture Flux (VIMF) and its convergence. As previously stated, VIMF is a measure of the amount of water vapor transported in the atmosphere and its convergence is used to determine zones of intense convective activity. The lagged correlations of PC1 and VIMF and its convergence show that a MRGW tends to create regions of moisture accumulation that result in tropical convective activity. By lag -2 days, the signals of a MRGW along the eastern equatorial Pacific and a midlatitude wave from the northern subtropics, around the westerly duct region, exhibits the tropical-midlatitude interaction signal that leads to the formation of a MRGW (Fig.6.a). The positive and negative vertical motion anomalies reflect in the regions of VIMF convergence and divergence in the midlatitude wave. In the equatorial region, moisture convergence and divergence are located off the equator as expected in a MRGW. At lag 0 days, VIMF and its convergence-divergence zones show the westward movement of the MRGW and the antisymmetric location of the associated zones of moisture convergence and divergence (Fig.6.b). The spatial structure of VIMF correlations approximately match the one observed for the wind field anomalies at 700 hPa (see Fig.5.b) indicating that VIMF is capturing the signal of MRGW at lower tropospheric levels. Such anomalous circulation modulates zones of specific humidity anomalies off the equator in the central-eastern equatorial Pacific. By lag +2 days, the MRGW signal shows that moisture convergence and divergence are asymmetrically distributed (Fig.6.c), contributing

207 to increases and decreases of specific humidity between 150°W and 70°W. The previous analysis shows that moisture is
 208 controlled by the MRGW at lower tropospheric levels inducing zones of negative and positive convective activity anomalies.
 209 The quadrature between the phase of the MRGW at upper and lower tropospheric levels serves to connect moisture
 210 convergence (divergence) at 700 hPa with divergence (convergence) at 200 hPa, characteristics of deep tropical convective
 211 systems.

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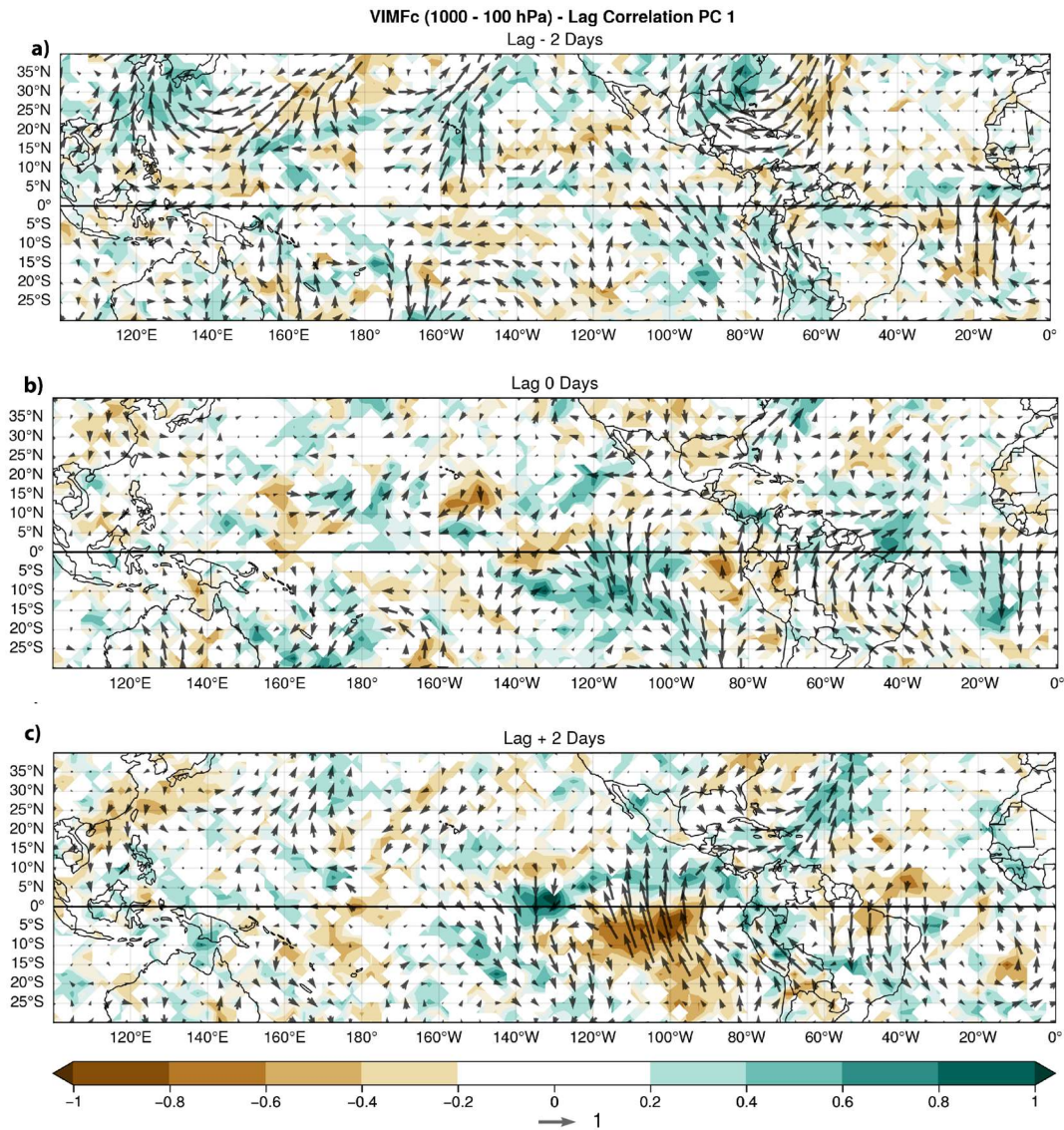
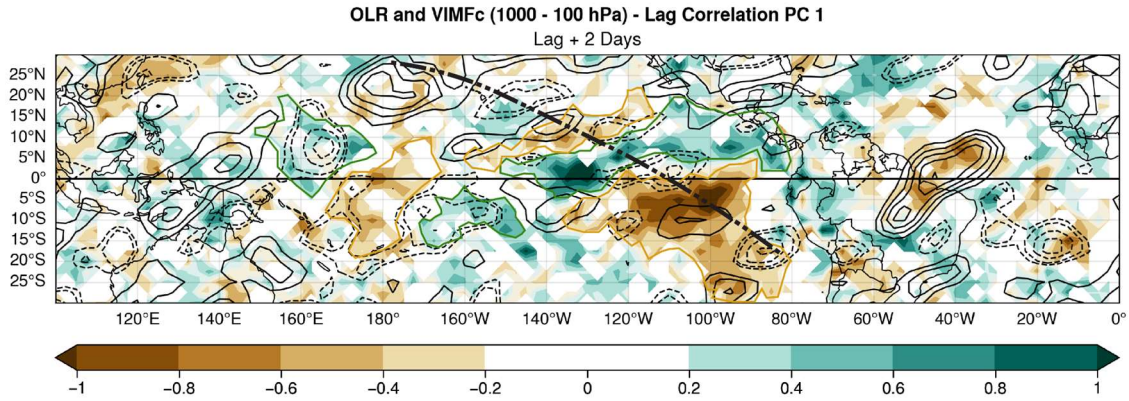


Figure 6: Lag-cross correlation between the first principal component (PC1) and VIMF anomalies (vectors) and VIMF convergence (shades of green) and VIMF divergence (shades of brown) anomalies for the December – February months. a) lag = -2 days, b) lag = 0 days, and c) lag = +2 days. The correlations are calculated with unfiltered anomalies. A vector of magnitude 1 implies a perfect correlation.

219 The relationship between VIMF convergence-divergence anomalies and OLR anomalies may be shown by means of the lag
 220 correlations between PC1 and VIMF convergence and OLR anomalies. For brevity, this relationship is shown only for lag +2
 221 days (Fig.7). The signal of a midlatitude wave approaching the westerly duct region is observed as positive and negative
 222 correlations corresponding to VIMF convergence (divergence) and OLR negative (positive) anomalies. The signal extends
 223 into South America showing that the midlatitude wave not only triggers a MRGW, but it also continues its interhemispheric
 224 propagation (Webster and Holton, 1982; Tomas and Webster, 1994; Li et al., 2015; Kiladis et al., 2016; Braga et al., 2022;
 225 Braga et al., 2024). Along the equatorial region the antisymmetric signals in correlation appear for VIMF convergence
 226 (divergence) and OLR anomalies extending from 180° to 80°W.



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 228 **Figure 7: Lagged +2 days correlation between the first principal component (PC1) and OLR and VIMFc unfiltered anomalies. OLR**
 229 **correlations are represented by solid lines (positive) and dashed lines (negative), while VIMF convergence is shown in shades of**
 230 **green and divergence in shades of brown. The thick dashed-dotted line indicates the trajectory of the mid-latitude wave. The brown**
 231 **and green lines highlight the zone of antisymmetric VIMFc in the MRGW.**

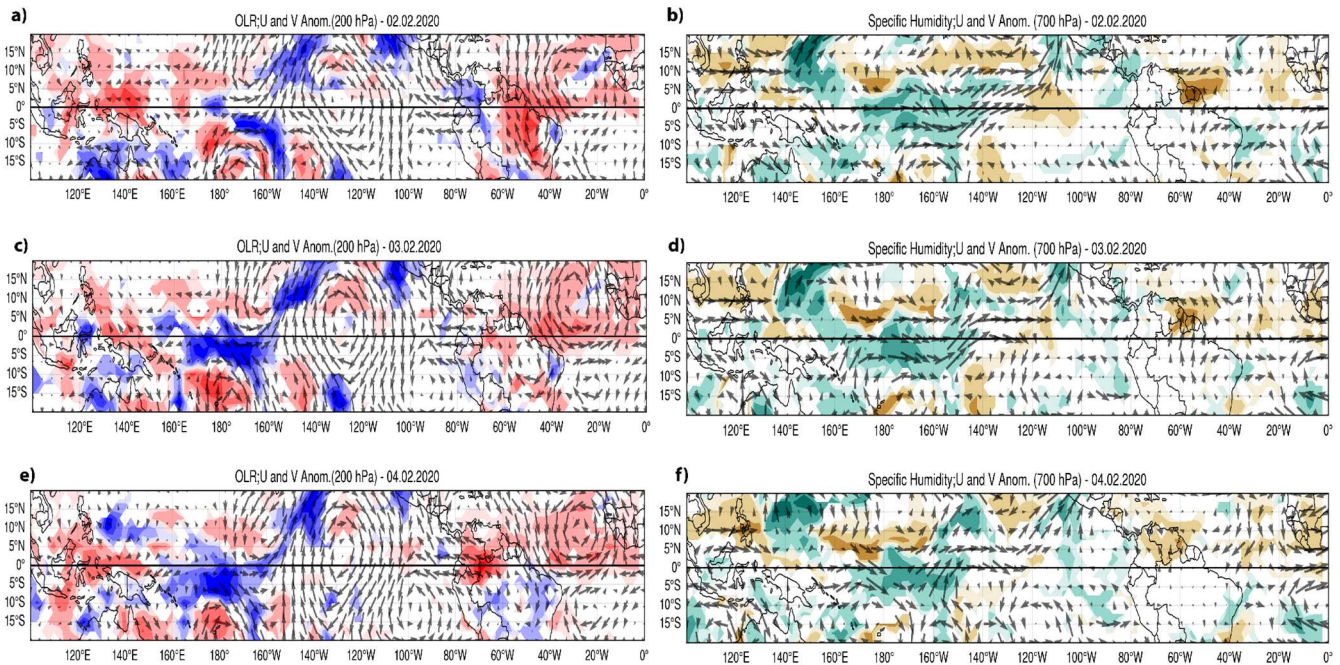
232 Over the northeastern subtropical Pacific, the interaction between the midlatitude wave and the MRGW VIMF convergence
 233 induces a moisture plume that at times results in precipitation events over México (Fig.7). The structure of such a moisture
 234 plume approximately corresponds to the so-called tropical plumes described by Knippertz (2007) and Fröhlich et al. (2013).

235 3.3 Case Study

236 The presence of MRGWs in the daily atmospheric circulations in upper and lower tropospheric levels is obtained for absolute
 237 values of PC1 larger than 1.0, as in February 2–6, 2020. On February 2, 2020, a midlatitude wave at upper tropospheric levels
 238 over the central-northeastern Pacific propagates into the tropics across the westerly duct region, coupled with the characteristic
 239 circulation of a MRGW around 180°W. At 200 hPa (180°W-120°W) OLR positive and negative anomalies are observed in
 240 the regions of ascending and descending motions associated with the midlatitude wave that propagates from the Northern to
 241 the Southern Hemisphere (Fig.8.a). The clockwise equatorial circulation at 200 hPa corresponds to part of the midlatitude
 242 wave but it is also a characteristic of the equatorial MRGW. At lower tropospheric levels (700 hPa), there is only a slight signal
 243 of this clockwise circulation, almost in phase with the upper tropospheric vortex. At this level as well, the midlatitude wave is

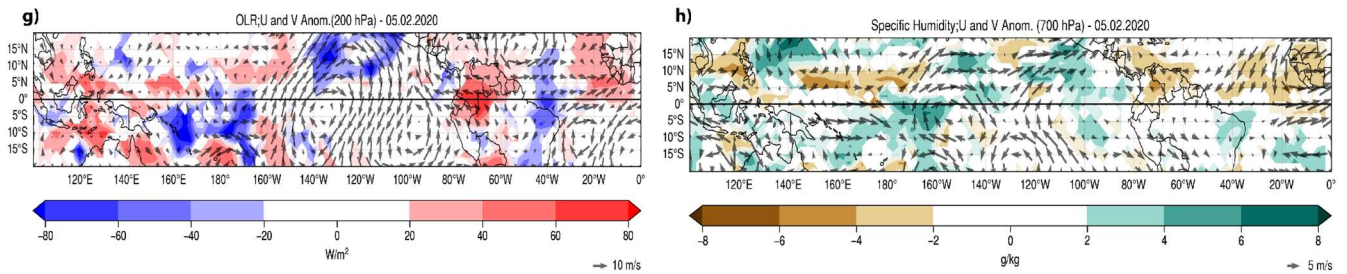
244 hardly present in the wind field around the subtropics, but it shows negative and positive specific humidity anomalies in the
 245 convergence and divergence regions around 20°N (Fig.8.b). By February 3, 2020, the midlatitude wave at 200 hPa extends to
 246 the Pacific coast of South America with the corresponding positive and negative anomalies in OLR (Fig.8.c). At around 130°W,
 247 a well-defined vortex corresponds to an equatorial clockwise circulation with antisymmetric OLR anomalies. At 700 hPa, a
 248 clockwise circulation may also be identified at 140°W, with signals of a vortex that corresponds to the MRGW with positive
 249 and negative specific humidity anomalies around (Fig.8.d). By February 4, 2020, the mid latitude wave in the Northern
 250 Hemisphere subtropics remains, but it intensifies in the equatorial and the tropical Southern Hemisphere region (Fig.8.e). In
 251 the lower troposphere the clockwise circulation in the equatorial region is better defined and the anti-symmetric structure in
 252 the surrounding specific humidity anomalies, characteristic of the MRGW, begins to form between 180°W and 140°W (Fig.8.f).
 253 On February 5, 2020, the MRGW began its westward movement with anti-symmetric OLR anomalies better defined on its
 254 westward side. The midlatitude wave signal in the north-central Pacific weakens (Fig.8.g). At lower levels the clockwise
 255 circulation associated with the MRGW is well defined over the equator and shows a westward displacement with the specific
 256 humidity anomalies anti-symmetrically distributed around this circulation, in the moisture convergent and divergent regions
 257 (Fig.8.h). The structure of the MRGW at 700 hPa appears to be better defined as it approaches the westerly winds, west of the
 258 dateline.

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Figure 8: 200 hPa unfiltered wind anomalies and unfiltered OLR anomalies (left column, 700 hPa unfiltered wind field and unfiltered specific humidity anomalies (right column) from February 2, 2020 to February 5, 2020: (a) and (b) for February 2, (c) and (d) for February 3, (e) and (f) for February 4, and (g) and (h) for February 5.

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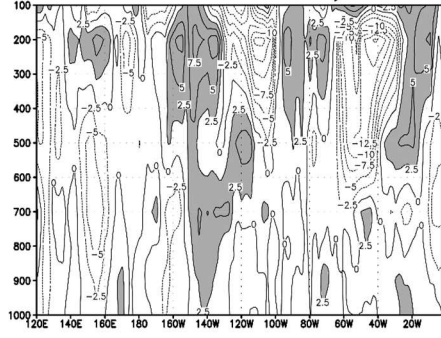
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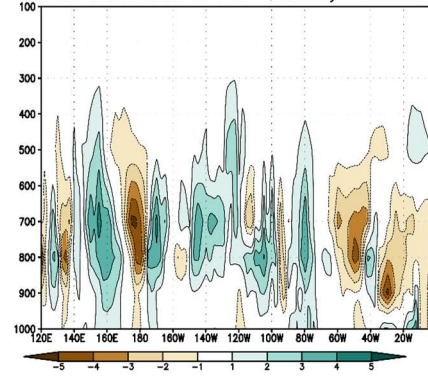
As observed by Zhou and Wang (2007) in their case study, a MRGW is triggered at upper tropospheric levels and its signal propagates downward in the following days. The sequence of atmospheric circulations between 02-05 February 2020 shows that the equatorial wave circulations are well defined in the early days at 200 hPa, and its presence is better detected at later stages at 700 hPa. A vertical cross section of the meridional wind anomalies along the equator and specific humidity anomalies north and south of the equator (5°N-5°S) reflect the development of the vertical structure of the MRGW. The vertical cross section of the meridional wind anomalies between 5°S and 5°N (Fig.9.a) and specific humidity anomalies between 5°S and 10°S (Fig.9.b) and 5°N and 10°N (Fig.9.c), for February 2, 2020, shows that the signal of the MRGW in the wind field is present mainly at 200 hPa around 160°W-100°W, with magnitude of around 15 m·s⁻¹, between 100 and 400 hPa. At this stage of development, the specific humidity anomalies do not appear to correspond to the moisture convergence and divergence induced by a MRGW. By February 3, 2020, the signal of the MRGW in the central eastern Pacific, at upper tropospheric levels, extends downward to around 700 hPa (Fig.9.d). Some indications of the induced effect of the lower tropospheric part of the MRGW show in the specific humidity, with positive-negative anomalies around 700 hPa, between 160°E and 140°W (Fig.9.e). South of the equator the sign of these anomalies tends to be the opposite to its northward counterpart, but still is not well defined (Fig.9.f). By February 4, 2020, the quadrature in the anomalies of the meridional component of the wind field shows and extends to lower tropospheric levels with an eastward tilt with height at around 150°W (Fig.9.g). The tilt with height approximately corresponds to a vertical wavelength of around 15 km, which approximately agrees with early estimates by Yanai and Hayashi (1969). At around 700 hPa positive and negative anomalies appear induced by moisture convergence and divergence associated with the MRGW (Fig.9.h and Fig.9.i). On February 5, 2020, the structure of the MRGW in the troposphere exhibits the tilt with height associated with the vertical wavelength between 180°W and 120°W (Fig.9.j). North and south of the equator, antisymmetric anomalies in the specific humidity field are well defined in association with the circulations induced by the MRGW (Fig.9.k. and Fig.9.l). This case study suggests that the moisture anomalies in the lower tropospheric levels tend to develop as the MRGW propagates downward from the upper tropospheric levels where it was triggered by a midlatitude wave. Once MRGW is well developed, it modulates moisture convergence and develops as deep convection due to the wind divergence in the upper troposphere.

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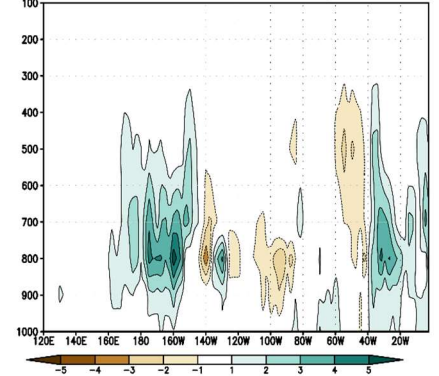
a) Vertical Cross Section 5S 5N - V Anomaly - 02.02.2020



b) Vertical Cross Section 5N 10N- Q Anomaly - 02.02.2020

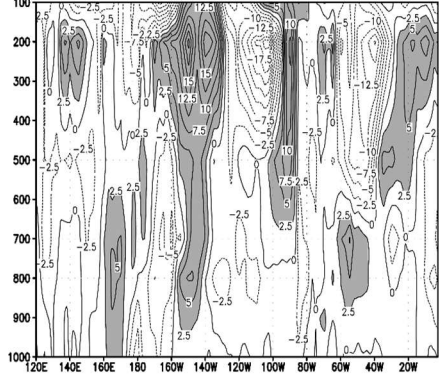


c) Vertical Cross Section 5S 10S- Q Anomaly - 02.02.2020

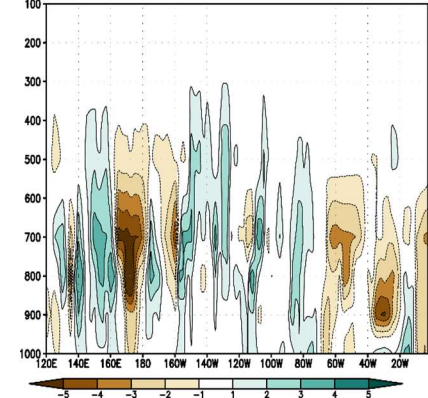


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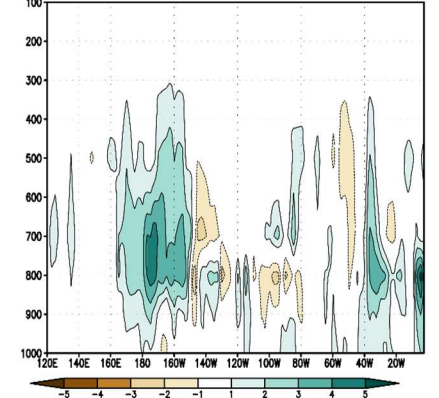
d) Vertical Cross Section 5S 5N - V Anomaly - 03.02.2020



e) Vertical Cross Section 5N 10N- Q Anomaly - 03.02.2020

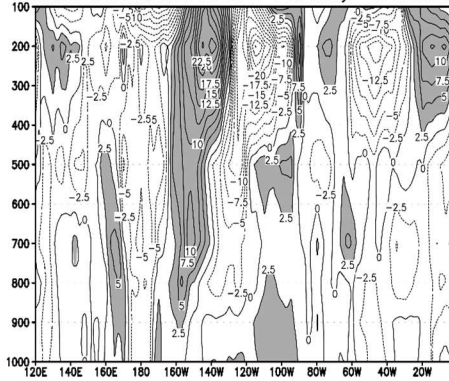


f) Vertical Cross Section 5S 10S- Q Anomaly - 03.02.2020

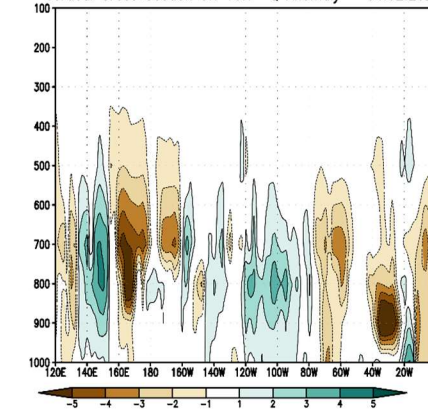


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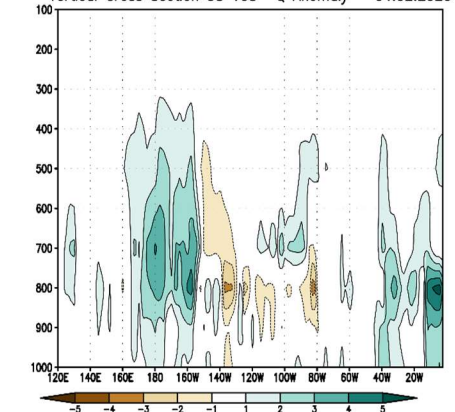
g) Vertical Cross Section 5S 5N - V Anomaly - 04.02.2020

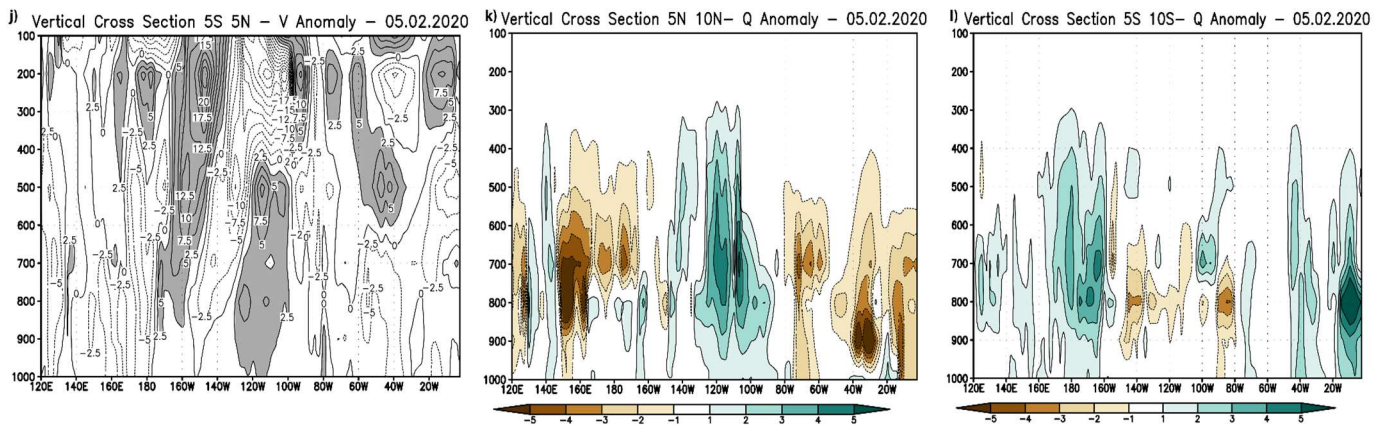


h) Vertical Cross Section 5N 10N- Q Anomaly - 04.02.2020



i) Vertical Cross Section 5S 10S- Q Anomaly - 04.02.2020





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294 **Figure 9: Vertical cross-sections (longitude – height) (1000–100 hPa, between 5°S–5°N) for daily unfiltered meridional wind**
 295 **anomalies (left column) and daily unfiltered specific humidity anomalies (central and right columns) from February 2 to 5, 2020:**
 296 **(a), (b), and (c) for February 2; (d), (e), and (f) for February 3; (g), (h), and (i) for February 4; and (j), (k), and (l) for February 5.**

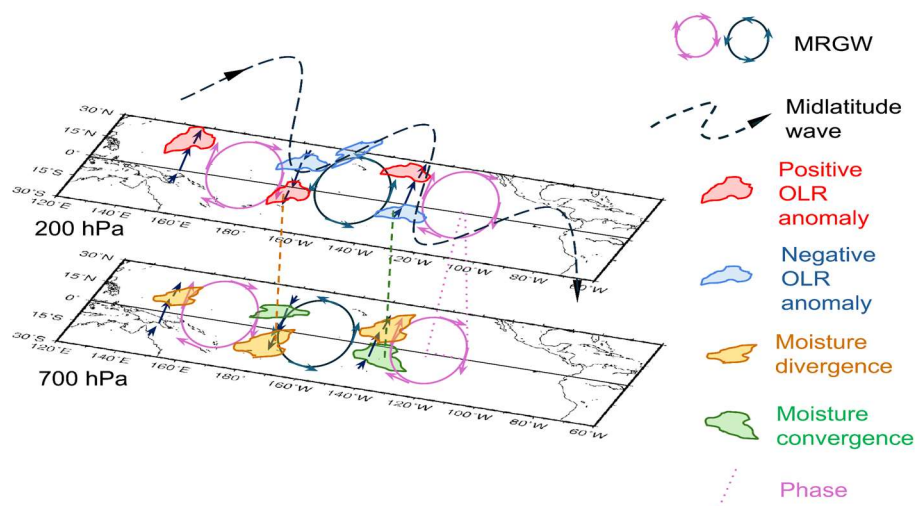
297 These results are like those of Zhou and Wang (2007) and indicate a change in the wavelength of the MRGW as the signal
 298 propagates from the upper tropospheric levels over the western Pacific. As the MRGW signal propagates downward and
 299 westward into the western Pacific, the wavelength appears to decrease from a dominant wavenumber 5 to a zonal wavenumber
 300 6. The change from easterlies to westerlies appears to affect the propagation and energetics of the MRGW at lower tropospheric
 301 levels (Webster and Chang, 1988) and may influence the change in the spatial structure of the MRGW at lower tropospheric
 302 levels.

303 4. Summary and Conclusions

304 Upon the discovery of equatorial waves, numerous studies have proposed that they are forced either by a midlatitude wave
 305 propagating into the tropics, or by convective activity near the equatorial regions. Lateral forcing appears to be the most
 306 frequently accepted triggering mechanism for MRGW (Magaña and Yanai, 1995; Zhou and Wang, 2007; Suhas et al., 2020;
 307 Shreya and Suhas, 2024). However, there is still some debate on the relationship between MRGW and tropical convective
 308 activity. Even more, the signals of MRGW in the upper and lower troposphere are often treated separately.

309 The present study shows a plausible explanation to coherently relate all these elements considering forcing of equatorial
 310 circulation with the characteristics of a MRGW by a midlatitude wave that propagates across the westerly duct region. As
 311 suggested by Au-Yeung and Tam (2018), the MRGW extends to from the upper, where it is initiated, to the lower troposphere
 312 levels, where it changes the atmospheric moisture field, resulting in antisymmetric anomalies in specific humidity off the
 313 equator, as those reported in other observational analyses (e.g. Kiladis et al., 2009). The phase difference (quadrature) between
 314 the upper tropospheric MRGW circulations (wind convergence-divergence) and its lower tropospheric counterpart (moisture
 315 divergence-convergence) reinforce the development of deep tropical convection that shows as positive and negative OLR
 316 anomalies off the equator (Fig.10). Therefore, a key element to associate convective activity and atmospheric circulation in a

317 MRGW is the eastward tilt with height in the troposphere that results in a quadrature of the phase of the wave. From the top
 318 of the troposphere to the stratosphere the westward tilt with height corresponds to the vertical structure of the MRGW (e.g
 319 Holton, 1979; Yang and Hoskins, 2017).



320
 321 **Figure 10: Schematic representation of the vertical structure of a MRGW and the corresponding circulation anomalies in the lower**
 322 **and upper tropospheric levels along with moisture and convective activity anomalies in divergent and convergent regions (vectors)**
 323 **of the wave. The dashed wavy line corresponds to the mid latitude wave in the upper troposphere.**

324 The development of MRGW constitutes a process that involves tropical midlatitude interactions that are of relevance for
 325 weather in the tropical region, where moisture convergence in the eastern tropical Pacific induced by MRGW constitute the
 326 source of convective activity, even for tropical plumes observed over Mexico during the boreal winter season (Knippertz,
 327 2007; Fröhlich et al., 2013). In addition, the propagation of the midlatitude wave into the Southern Hemisphere through the
 328 westerly duct affects weather over South America (Braga et al., 2022).

329 Thanks to the improvement of atmospheric reanalysis, it is now possible to more accurately describe the characteristics of
 330 equatorial waves in the troposphere and even in the stratosphere. A systematic identification of equatorial wave activity may
 331 serve to better define the influence of these systems in weather in several tropical regions, for instance in the tropical Americas.
 332 In summary, a key element of tropical weather in the eastern Pacific are MRGWs and consequently, a better understanding of
 333 the processes of modulation of atmospheric moisture and convective activity may significantly improve weather forecasts in
 334 the tropical and subtropical regions.

335
 336 **Author Declaration**

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340 **Ethics approval:** All authors have approved this manuscript.

341 **Consent to participate:** All authors have provided their consent to submit this manuscript to Weather and Climate Dynamics.
342 **Consent for publication:** All authors give permission to publish this manuscript.
343 **Data availability:** Publicly available datasets were analyzed in this study. This data can be found here:
344 <https://www.ecmwf.int/en/forecasts/dataset/ecmwf-reanalysis-v5>.
345 **Authors' contributions:** H.A.B. analyzed the data, wrote the manuscript, and prepared the figures. V. M. contributed some
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