1	PDO-driven interdecadal variability of snowfall over the Karakoram and Western Himalaya
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32 Abstract:

33 Our study reveals that the negative phase of the Pacific Decadal Oscillation (PDO-) leads to 34 increased winter (DJF) snowfall in the Karakoram and Western Himalavas (KH) from 1940 to 35 2022. Interdecadal variations in DJF snowfall during the PDO- are attributed to deep convection and adiabatic cooling near the tropopause in both the northwest Pacific and KH region. 36 37 Additionally, a wave-like pattern characterized by a trough (anomalous cyclone) north of KH and a ridge (anomalous Tibetan Plateau anticyclone) east of KH in the upper atmosphere, along the 38 39 northward shift of the DJF Subtropical Jet (STJ) was observed. A strong positive correlation between DJF STJ strength and DJF snowfall in KH as well as a significant negative correlation 40 41 between DJF STJ strength and DJF PDO, suggests a wave response over KH to the direct forcing 42 over the northwest Pacific Ocean. The intensified STJ across KH results in higher frequency of 43 Western disturbances, leading to anomalous moisture convergence and increased DJF precipitation 44 in the region during the PDO-. These findings hold significant implications for the decadal 45 predictability of winter snowfall in KH by the various phases of PDO.

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47 1) Introduction:

48 Glaciers in the Karakoram and Western Himalaya (KH) exhibit unique stability compared to other alpine glaciers (known as the 'Karakoram Anomaly'; Hewitt, 2005; Kaab et al., 2012; Gardelle et 49 50 al., 2013; Kapnick et al., 2014; Forsythe et al., 2017; de Kok et al., 2018; Farinotti et al., 2020; 51 HIMAP, 2020). Winter snowfall plays a significant role in preserving the local snowpack and 52 sustaining the glacial mass balance at higher elevations (Tahir et al., 2011; Bolch et al., 2012; 53 Ridley et al., 2013; Cannon et al., 2015; Dimri et al., 2015), and controls almost 60% of the 54 variability in glacier mass balance in the KH region (Kumar et al., 2019). The decline in average and minimum summer temperatures, along with significant increases in winter, summer, and annual 55 precipitation, have been proposed as crucial factors influencing the stable glacier budget of the KH 56 57 in recent decades (Archer and Fowler, 2006; Forsythe et al., 2017).

The KH receives around 50% of its annual precipitation as snowfall from western disturbances (WDs) (Lang and Barros, 2004; Barros et al., 2006; Bookhagen and Burbank, 2010; Hunt et al., 2024). Furthermore, WDs account for more than 65% of all winter snowfall and nearly 53% of total winter precipitation in the KH (Javed et al., 2022). However, using a less conservative method, Midhuna et al. (2020) found that WDs account for about 80% of winter precipitation in KH. WDs are upper-level troughs in the subtropical westerly jet (STJ), which grow via baroclinic instability 64 (Norris et al., 2015; Cannon et al., 2017; Hunt et al., 2018). Strong WDs are associated with deep 65 uplift to the east of their centre and drive moist lower-tropospheric southwesterlies from the Arabian 66 Sea (Dimri and Dash, 2012; Hunt et al., 2018), resulting in heavy precipitation along the foothills 67 and mountains of KH region (Baudouin et al., 2020). The snowfall from WDs in the KH is heavily 68 influenced by the complex topography of the region, as well as by synoptic and mesoscale factors 69 (Cannon et al., 2015; Norris et al., 2015, 2017, 2018). Subsequent snowmelt in the following spring 70 and summer seasons and associated runoff serve as major sources of downstream river flow and 71 provide relief from drought to populations that are vulnerable to water stress (Bolch et al., 2012; 72 Hewitt et al., 2014; Rana et al., 2019; Pritchard et al., 2019).

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74 However, the main climatic drivers affecting seasonal precipitation, and hence glacial mass balance 75 in the region are only partially understood (Cannon et al., 2015). WD activity during winter season 76 over the KH has been reported to be influenced by several global climate forcings such as North 77 Atlantic Oscillation/Arctic Oscillation (Yadav et al., 2009; Sved et al., 2010; Filippi et al., 2014; 78 Basu et al., 2017: Midhuna and Dimri, 2019: Hunt and Zaz, 2022), El Niño–Southern Oscillation 79 (ENSO) (Yadav et al., 2010; Dimri, 2013; Kar and Rana, 2014; Cannon et al., 2017; Kamil et al., 80 2019; Rana et al., 2019; Bharati et al., 2024), Polar/Eurasian Pattern and Siberian High (Wu and 81 Wang, 2002; Cannon et al., 2014), Madden–Julian Oscillation (Barlow et al., 2005; Cannon et al., 82 2017) and Indian Ocean Dipole (IOD) (Yadav et al., 2007; Hoell et al., 2013) on intraseasonal and 83 interannual timescales. In particular, the ENSO exerts the strongest influence on the interannual 84 variability of winter precipitation in KH (Rana et al., 2019). One of the key aspects of ENSO 85 teleconnection to Indian Himalayas is the southward shift in the latitude of the winter STJ over the 86 KH during the positive phase of ENSO (Cannon et al., 2014, 2017), which leads to heavier WD 87 precipitation as their tracks move closer to their primary moisture source, the Arabian Sea (Bharati et al., 2024). 88

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90 Precipitation gauges in the Himalayas are sparse and recognised as inadequate for accurately 91 measuring snowfall (Anders et al., 2006; Rana et al., 2015). While satellite records of precipitation 92 are available, they cover only a limited time frame, whereas our study requires long-term data to 93 analyse the interdecadal variability of precipitation over the KH region. We currently have an 85-94 year-long reanalysis from ERA5, which has demonstrated a high degree of similarity in both the 95 quantity and variability of winter precipitation across all time scales when compared to observations

and satellite data in the KH region (Baudouin et al., 2020). The long dataset from ERA5 is 96 97 sufficient to examine the interdecadal variability of DJF snowfall over KH. The low-frequency 98 modes of atmospheric variability such as the Pacific Decadal Oscillation (PDO), Inter-decadal Pacific Oscillation (IPO) (Mantua et al., 1998; Zhang et al., 1997; Power et al., 1999; Deser et al., 99 100 2004; Dai, 2013), and the Atlantic Multi-decadal Oscillation (AMO) (Enfield et al., 2001) are known to modulate the regional climate of the Northern Hemisphere over inter-decadal to multi-101 102 decadal timescales. Among these, the PDO is the dominant mode of SST oscillation in the North 103 Pacific, influencing long-term precipitation patterns globally (Dettinger et al., 1998; Krishnamurthy, 2013, 2014; Wang et al., 2014; Dong and Dai, 2015; Yang et al., 2017; Wu and Mao, 2016; Qin et 104 105 al., 2017; Aggarwal et al., 2023). For example, Indian monsoon rainfall and autumn precipitation in 106 North Central China were found to have an inverse relationship with PDO (Krishnan and Sugi, 2003; Krishnamurthy, 2014; Qin et al., 2017). According to Aggarwal et al. (2023), the PDO has a 107 108 stronger positive correlation with pre-monsoon precipitation in the northwest Himalayas compared 109 to the ENSO and IOD, leading to a significant decrease in precipitation in recent decades. However, 110 there remains a significant gap in our understanding of the PDO's impact on precipitation over the 111 Himalayas during both monsoon and non-monsoon seasons.

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The current study aims to address this knowledge gap by examining the modulation of the interdecadal variability of winter snowfall over KH by PDO. Our study aims to understand the potential influence of the PDO on the Karakoram anomaly, which deviates from the general climate change patterns observed in the KH region and other mountainous areas. The main objective of this study are: (1) To examine the spatial distribution of decadal snowfall in KH in different phases of PDO, (2) how the PDO adjusts global circulation patterns, leading to changes in the STJ, and (3) how these changes cause impact on a local scale over the KH through WDs and moisture transport.

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121 2) Data and Methods:

122 **2.1 Data**

123 2.1.1) Meteorological data

124 The study uses meteorological data including geopotential height, zonal (u) and meridional wind (v) 125 at 200 hPa level, vertically averaged temperature from 500 to 300 hPa level, vertically integrated 126 moisture flux (VIMF), vertically integrated moisture flux convergence (VIMFC), and global sea surface temperature (SST) obtained from the European Centre for Medium-Range Weather Forecasts (ECMWF) ERA5 reanalysis from 1940 to 2022. The jet latitude and strength are computed by 200 hPa zonal winds over the region ($50^{\circ} - 80^{\circ}$ E, $10^{\circ} - 60^{\circ}$ N). The jet latitude is the mean of the latitudes with the largest value of u for each longitude and jet strength is the mean value of u along these latitudes. ERA5 data have global coverage at hourly frequency and a horizontal resolution of 0.25°.

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134 **2.1.2) Precipitation data**

Precipitation in the KH is mainly observed through satellite derived and reanalysis products 135 136 (Bosilovich et al., 2008; Joshi et al., 2012; Ménégoz et al., 2013; Palazzi et al., 2013; Rana et al., 2015; Kishore et al., 2016; Baudouin et al., 2020) due to limited and unreliable observations from 137 ground stations in this complex topographical region (Anders et al., 2006; Bookhagen and Burbank 138 139 2006; Strangeways, 2010; Rana et al., 2015; Dahri et al., 2018). The ERA5 reanalysis has 140 frequently been used for precipitation and snow in recent studies over the KH (Dahri et al., 2018; 141 Baudouin et al., 2020; T. Singh et al., 2021) and neighbouring mountainous areas (Hu and Yuan, 2020; Li et al. 2021; Dollan et al., 2014). ERA5 closely matches the most reliable gridded 142 measurements over KH in terms of amount, seasonality, and variability across all timescales during 143 144 winter (Baudouin et al., 2020). However, the accuracy of precipitation datasets varies depending on 145 the season in the region. We choose ERA5 due to its long period, allowing decadal-scale analysis 146 where other datasets do not.

147 To assess the performance of ERA5 precipitation, we compared the ERA5 precipitation with various gridded precipitation datasets over the KH, including reanalysis datasets from ECMWF 148 149 ERA5-land, Modern Era Retrospective-analysis for Research, Applications version 2 (MERRA2), 150 and High Asia Refined analysis version 2 (HAR v2), as well as rain gauge, and satellite data from Climate Research Unit version 7 (CRU_TS v7), Global Precipitation Climatology Center version 151 2022 (GPCC), Global Precipitation Climatology Project version 3.2 (GPCP v3.2), Asian 152 153 Precipitation - Highly-Resolved Observed Data Integration Towards Evaluation (APHRODITE MA_v1101), CPC-Merged Analysis of Precipitation (CMAP), Tropical Rainfall Measuring Mission 154 155 (TRMM) Multi-satellite Precipitation Analysis (TMPA) 3B43, and Global Precipitation Measurement mission-Integrated Multi-satellite Retrievals version 7 (GPM_IMERG v7). 156

157 We computed the linear correlation coefficient between area-averaged precipitation over the KH 158 (green box in Fig. 2a) in ERA5 and numerous other precipitation datasets. A strong correlation was

seen between DJF ERA5 precipitation and rain-gauge-based precipitation products, including 159 160 GPCC, GPCP, and CRU, with the exception of CMAP, which exhibited a correlation coefficient of 0.51 (Table 1). All reanalysis products, including ERA5 exhibit similar DJF precipitation variability 161 162 as seen in observational and satellite datasets over the KH region. The variability of ERA5 163 precipitation in the KH region aligns closely with all available gridded datasets, despite the presence of biases in ERA5 precipitation across this region. Since most of DJF precipitation in KH 164 165 occurs as snowfall (fig. 1b), we utilize ERA5 snowfall data to examine the decadal variability of snowfall in the KH (73° – 78°E, 33° – 38° N). 166

167 **Table:1 Correlation coefficients of DJF precipitation based on monthly reanalysis, rain-gauge**

168 and satellite with ERA5 precipitation

	Name	Time	Spatial	Correlation	Source
			resolution	with ERA5	
Reanalysis	ERA5-land	1980-2022	0.25°	0.99	Hersbach et al., 2018
	HAR v2	1980-2020	0.1°	0.92	Wang et al., 2021
	MERRA2	1980-2022	0.5°	0.94	Gelaro et al., 2017
Rain-gauge based	CRU_TS v7	1980-2022	0.5°	0.84	Harris et al., 2014
	GPCC v2022	1980-2020	2.5°	0.89	Schneider et al., 2018
	GPCP	1998-2022	2.5°	0.89	Adler et al., 2016
	СМАР	1980-2022	2.5°	0.51	Xie and Arkin, 1997
	APHRODITE	1998-2015	0.25°	0.67	Yatagai et al., 2012
Satellite	GPM_IMERG v07	2000-2022	0.1°	0.86	Huffman et al., 2015
	TRMM 3B43	1998-2019	0.25°	0.85	Huffman et al., 2007

170 2.1.2) PDO index

- 171 The PDO index from the National Oceanic and Atmospheric Administration National Climate Data
- 172 Center (NOAA-NDC) (https://www.ncei.noaa.gov/access/monitoring/pdo/) is employed to describe
- the interdecadal variability of the Pacific Ocean over the period 1940 to 2022.
- 174

175 **2.1.3) Western disturbance data**

176 WD statistics are computed from the WD track catalogue described in Hunt et al., (2018) and 177 Nischal et al., (2022), which is based on ERA5 reanalysis data that is spectrally truncated to T42 to 178 remove noise and small-scale structures. The tracking algorithm detects WDs by identifying uppertropospheric regions of positive relative vorticity averaged between 450 hPa and 300 hPa, with the 179 180 locations of candidate WDs identified as centroids of these regions. The candidate WDs are then further refined by only accepting those: 1) whose locations are linked through time to form tracks 181 182 that generally follow the westerly steering winds associated with the STJ, 2) that persist for at least 48 hours. and 3) that pass through north India (50°–77°E, 22°–42.5°N). The northern limit of this 183 184 box, 42.5°N, is more poleward than has been used previous studies (36.5°N). This allows us to 185 better capture WD impacts over the Karakoram.

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187 **2.2 Methods**

188 **2.2.1) Lanczos filter**

189 To isolate the decadal signals, we linearly detrended all meteorological variables and the PDO index 190 for DJF. These datasets were then filtered using a 9-year running mean Lanczos filter, which is a 191 low-pass filter based on the sinc convolution (Duchon et al., 1979). The positive (negative) phase of 192 PDO is defined as years when the filtered DJF PDO index is greater than (less than) zero. We define 193 the negative epoch (PDO-) as two negative phases of PDO that occurred from 1948 to 1977 and 1989 to 2014, and the positive epoch (PDO+) as a positive phase of PDO that occurred from 1978 194 195 to 1988 (fig.1b). Also, the detrended variables are used to conduct correlation and composite 196 analyses. The Student's and Welch's t-test are used in the study to determine the statistical 197 significance of correlation and composite analyses, respectively.

199 **2.2.2) Wavelet analysis**

The PyCWT library (https://pycwt.readthedocs.io/en/latest/tutorial/cwt/) is used to calculate the cross-wavelet power spectrum. This library is based on the implementation by Torrence and Compo (1998). We employed the cross wavelet transform to calculate the wavelet spectrum between monthly time series of the PDO index and the area averaged monthly ERA5 snowfall over the KH region. The cross wavelet transform finds regions in time frequency space where the time series show high common power.

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207 3) Results:

208 **3.1) PDO and KH winter snowfall**

209 This study aims to examine the long-term variability in DJF snowfall in the KH region in relation with the PDO from 1940 to 2022. There is a significant negative correlation between the lowpass-210 filtered and detrended time series of DJF PDO and DJF snowfall in the KH (Fig 1b), with a 211 coefficient of -0.51. However, the PDO is not a single phenomenon, but rather a set of processes 212 213 that occur in both the tropics and the extratropics and reflects the influence of various processes 214 occurring at distinct timescales (Newman et al., 2016). More precisely, elevated sea surface 215 temperature (SST) in the eastern tropical Pacific is linked to lower SST in the central and western 216 North Pacific, while higher SST is observed in the eastern North Pacific (Deser et al. 2004; 217 Newman et al., 2016). Thus, decadal variability in the North Pacific SSTs is linked to tropical 218 Pacific decadal variability, specifically in terms of the long-lasting seasonal ENSO patterns (Newman et al., 2011; Wittenberg et al. 2014) as well as the ENSO like multidecadal oscillation 219 220 (i.e., IPO; Zhang et al., 1997). Occasionally, the AMO may also influence multidecadal variability 221 of the PDO (Zhang and Delworth, 2007). After excluding of the influences of ENSO and IPO, the 222 correlation slightly increases to -0.53 and -0.54, and rises to -0.67 upon the elimination of the 223 AMO's impact.

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The spatial structure of the correlation between PDO and KH snowfall in winter (Fig 2a) is significantly negative along the western and central Himalayas and much of the southern Karakoram, but positive over the Tibetan Plateau and north India. The snowfall in the KH region during the boreal autumn (SON) and spring (MAM) has a strong positive correlation with the PDO (not shown), whereas the summer monsoon season (JJA) displays a weak but positive correlation with the PDO. The different signs of the correlation suggest that the dynamic processes driving KH snowfall either vary by season, or the seasonal influence of the PDO on KH snowfall changes.

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233 Figure 2b displays the regional distribution of the difference in detrended DJF snowfall between the negative and positive phases of PDO, hereafter referred to as PDO- and PDO+, respectively. The 234 difference is significantly positive in the KH area, particularly over the southern part of the 235 Karakoram region. DJF snowfall in the KH accounts for around 80-90% of total annual snowfall 236 237 during the time period (not shown). During PDO+, DJF snowfall over KH is nearly 7% lower than 238 the average seasonal snowfall, while during PDO- it is about 6% higher. It indicates that the 239 difference in DJF snowfall in KH varies significantly depending on the phase of the PDO across 240 several decades.

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This strong relationship between PDO and snowfall in the KH is also demonstrated through a cross-242 wavelet frequency spectrum analysis between the unfiltered monthly time series of PDO index and 243 244 snowfall over the KH from 1940 to 2022 (Fig 2c). The band of strong and significant power in the 245 period of ~1 year in the cross-wavelet indicates that the PDO and KH snowfall both have strong 246 interannual variability. The well-known influence of ENSO on snowfall in the region (operating on 247 interannual timescales) during DJF is also slightly modulated by the low-frequency oscillation of 248 PDO. Another band of significant power exists in the 6-15 year range, indicating a high decadal 249 scale correlation between these two time series. The significant power in the 6-15-year range occurred between 1940 and 1970 and again from 1998 to 2015, coinciding with the negative phases 250 251 of the PDO. An insignificant weak power appeared within the same range from 1971 to 1988, coinciding with the positive phase of the PDO. A long band of strong power exists throughout the 252 253 16–20-year range, observed from 1950 to 1990, while a weaker power is shown from 2000 to 2022. 254 This indicates that the low-frequency variability of KH snowfall is influenced by decadal 255 oscillations over various time scales, while the interdecadal variability of KH snowfall is found to 256 influenced by the phase of the PDO.

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258 3.2) Sea Surface temperature (SST) variability during DJF

259 Figure 3a illustrates the well-known positive (or warm) phase of the PDO over the North Pacific, shown as a correlation between lowpass filtered and detrended sea surface temperature (SST) and 260 261 PDO index during DJF. The correlation pattern also reveals a strong El-Nino like pattern in the 262 eastern equatorial-tropical Pacific Ocean. For comparison, the correlation pattern between the DJF 263 SST anomalies and the DJF snowfall anomalies in the KH region is shown in Fig 3b. This correlation strongly resembles the negative (or cool) phase of the PDO over the North Pacific 264 265 Ocean. It is characterised by positive SST anomalies in the northwest Pacific and negative SST anomalies in the northeast Pacific. Additionally, there are negative SST correlations in the tropical 266 267 eastern Pacific region and eastern Indian Ocean adjacent to Western Australia, while positive 268 correlations are observed in the southwest Indian Ocean and across the northwest Atlantic Ocean. 269 The correlation pattern in the southern Indian Ocean reveals the subtropical Indian Ocean Dipole 270 signature (positive phase) (Behera & Yamagata, 2001; Yamagami & Tozuka, 2014).

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272 **3.3) Upper atmosphere circulation response with PDO and snowfall**

273 To understand the anomalous atmospheric circulations that connect the PDO with anomalous DJF 274 snowfall in the KH region, we computed the correlation of 200 hPa geopotential height with both the DJF PDO index (Fig 4a) and DJF snowfall (Fig 4b). The correlation pattern between the PDO 275 276 and upper-level geopotential height shows a prominent upper-level trough over east China, Japan 277 and the northwest Pacific, which is known as East Asian trough (EAT; Qin et al., 2018; Yin and 278 Zhang, 2021). In contrast, the correlation pattern over the Caspian Sea, KH, and Lake Baikal region 279 is associated with positive geopotential height anomalies. The EAT is a well-known upper 280 atmospheric response to the positive phase of PDO to the East Asia-North Pacific region during the 281 Northern Hemisphere winter (Newman et al, 2016; Qin et al., 2018; Yin and Zhang, 2021). The 282 intensity of the EAT is strongly linked to the strength of the winter monsoon in East Asia and the tilt in the EAT axis is connected to midlatitude baroclinic processes, such as the eddy-driven jet or WD 283 284 tracks over the East Asia-North Pacific region (Wang et al., 2009). Therefore, changes in location and intensity of the EAT can lead to, or otherwise indicate, regional climate anomalies, such as 285 286 temperature in the upper troposphere which subsequently influence DJF precipitation in East Asia as well as the KH during the positive phase of the PDO. 287

These patterns change sign during negative phases of PDO, when KH snowfall is enhanced, implying an anomalous upper-level trough to the west of the Karakoram, consistent with increased WD frequency or intensity. The correlation between upper-level geopotential height and snowfall 291 has a similar pattern to the PDO-geopotential correlation, but as expected, with reversed sign. The 292 correlation pattern exhibits a strong ridge (or a weakened EAT) over the northwest Pacific and Japan characterised by the significant positive geopotential height anomalies. The negative 293 correlation to the west of the KH area shows a trough, which is stronger than the positive 294 295 correlation between PDO and geopotential height, indicating the linkage of seasonal snowfall to the 296 passage of WDs is stronger than the link between the PDO and WDs. Both, however, are important. 297 The appearance of the anomalous trough in both pairs of correlations implies that the PDO may 298 affect KH snowfall by somehow modulating WD activity. Therefore, it is essential to understand 299 how decadal fluctuations in DJF snowfall in the KH are driven by WDs and how the PDO 300 influences WD behaviour. This can be accomplished by investigating the DJF STJ, followed by a 301 detailed investigation of the WDs.

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303 **3.4) Modulation of WD and Subtropical Westerly Jet by the PDO**

304 To further illustrate the above relationship between PDO and DJF snowfall in KH, we examine the 305 composite differences in 200 hPa wind, geopotential height, and temperature (Fig. 5) between PDO-306 and PDO+. Figure 5a displays the difference in 200 hPa circulation over East Asia, Arabian 307 Peninsula and northwest Pacific region. During the PDO-, there is a large negative geopotential 308 height anomaly to the north of KH region, which extends from the Caspian Sea-Arabian Peninsula 309 to KH. Strong westerlies are observed to the south of this trough with a stronger STJ prevailing 310 across KH during the PDO-. An anomalous trough in the upper atmosphere is indicative of 311 increased WD frequency (or intensity) and the frequency of WDs is strongly affected by variations 312 in both the latitude and intensity of the STJ (Dimri et al., 2015; Hunt et al., 2017, 2018) over South 313 Asia. Therefore, we now focus on understanding the relationship between the PDO and the STJ.

314

Upper-level jets are thermal wind responses to upper-level meridional temperature gradients. In Fig. 315 316 5b, we show the difference in mid-to-upper (from 500 hPa to 300 hPa) tropospheric temperature 317 between PDO- and PDO+. A quadrupole in the upper air temperature gradient is present across the 318 KH, Tibetan Plateau (TP) and the northwest Pacific region during PDO-. Over the Pacific, this is effectively a direct response to the anomalous surface heating provided by the PDO. Anomalous 319 320 warm SSTs over the northwest Pacific lead to adiabatic cooling near the tropopause, which results in deep convection over the Maritime Continent during the PDO- (e.g., Wang et al., 2016). 321 322 Upstream, over continental Asia, the relationship is more complicated and is probably a wave

323 response to the direct forcing over the ocean. Therefore, a strongly enhanced meridional 324 temperature gradient over the KH and TP, leading to a stronger and more meridionally-locked STJ.

325

326 Figure 5c displays the lowpass filtered time series of latitude and strength of the DJF STJ. During 327 the PDO-, the STJ tends to sit slightly further north but is also substantially stronger. The correlation of the time series of the strength of DJF STJ with DJF PDO is significantly negative (-328 0.22), and the correlation between DJF STJ strength and DJF snowfall in KH is strong positive 329 (0.51). The positive (negative) phase of the PDO enhances the movement of the STJ towards the 330 331 south (north) through a response to the decreased (increased) SST over the northwest Pacific and 332 modulates the cyclonic (anticyclonic) circulation over the northwest Pacific and adjacent maritime 333 continents (Matsumura & Horinouchi, 2016). During PDO-, we observed a quadrupole in the 334 anomalous upper-level temperature gradient (Fig. 5b), resulting in a negative anomaly in the 335 temperature gradient and an anticyclonic circulation (Fig. 5a) over the TP. Thus, by modulating the 336 STJ, the negative phase of the PDO leads to more frequent (more intense) WDs at slightly higher latitudes than usual (e.g. into the Karakoram, where the signal is the strongest). 337

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339 The presence of a stronger STJ along with a wave-like pattern of trough (anomalous cyclone) over 340 the northern region of KH, and a ridge (anomalous TP anticyclone) in the upper atmosphere, 341 increases the occurrence of WDs over KH during the PDO-. After examining the impact of the PDO 342 on the STJ, we now quantify its influence on WDs directly. Maps of the difference in the frequency 343 of DJF WDs between PDO- and PDO+ (Fig 6a) indicate that WDs are more frequent (with a 9% higher frequency) over the KH region during PDO- compared to PDO+. Also, the frequency of 344 345 WDs is found to be reduced by around 3% in both the northern and southern regions of the KH during PDO- compared to PDO+. These WDs are observed to be more intense in the vicinity of the 346 347 Caspian Sea and north of the KH during PDO- rather than PDO+ (not shown).

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349 **3.5)** Atmospheric-ocean response of PDO on moisture transport in KH

Increased frequency and intensity of WDs have a significant impact on precipitation in the KH and surrounding region because they govern southwesterly moisture transport from the Arabian Sea (Baudouin et al., 2021; Hunt and Dimri 2021). The composite difference of DJF VIMF and VIMFC between PDO- and PDO+ is now examined to determine the response of moisture transport to the

PDO and its subsequent effect on the KH (Fig. 6b). The average difference of VIMFC between 354 PDO- and PDO+ is about 0.8 \times 10⁻⁵ kg m⁻² s⁻¹ within KH region. An advection of moisture from the 355 Black Sea, Red Sea, and eastern Mediterranean Sea through the Arabian Peninsula/Arabian Sea 356 357 towards the KH in westerly fashion is observed. The precipitation associated with WDs is mostly 358 determined by their intensity and proximity to the Arabian Sea (Baudouin et al., 2020). The variations in the moisture transport across the Arabian Peninsula/Arabian Sea are not directly linked 359 360 to changes in VIMF over the northwest Pacific, but the presence of more WDs south of the strong 361 DJF STJ over KH clearly result in greater moisture transport towards KH during PDO-. Hence, the 362 anomalous moisture transport nearly perpendicular to KH, results in increased moisture flux convergence about 16% greater during the PDO- compared to the PDO+ and leads to greater 363 364 precipitation in the region during PDO-.

365

366 4) Conclusion and Discussion:

367 The recent impacts of climate change over the KH, particularly in mean and extreme winter 368 precipitation, have been largely attributed largely to anthropogenic forcing, such as greenhouse 369 gases, aerosols, and changes in land use. However, these changes cannot be solely explained by 370 natural forcing (Krishnan et al., 2018). Oceanic conditions, especially changes in SSTs over the 371 equatorial-tropical Pacific and north Pacific, play an important role in driving interdecadal 372 variability in atmospheric circulation and hence winter precipitation over the KH.

373

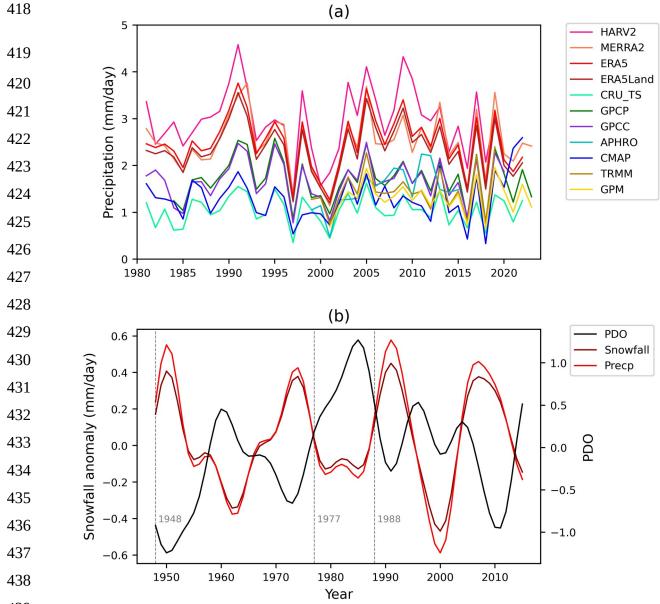
DJF snowfall in the KH accounts for around 80-90% of total annual snowfall during the time 374 375 period, hence a 15% difference in DJF snowfall can have a significant influence on agriculture in this region, especially since most of the rivers in this region, such as tributaries of Indus, Tarim and 376 377 Ganges are partially fed by snowmelt in the spring and later seasons (Armstrong et al., 2018). Understanding the interdecadal variability and its relationship with the PDO is important for 378 379 understanding the long-term climate of the KH. We have analysed the long-term variability in winter snowfall over the KH due to PDO by using ERA5 reanalysis data from 1940 to 2022.We 380 381 found that a strong negative correlation of -0.51 between the PDO and DJF snowfall in the KH. Mean KH snowfall during DJF is approximately 6% greater than the DJF seasonal average during 382 383 PDO-, and 7% lower during PDO+.

385 PDO associated anomalous warming of SST in the northwest Pacific modulates the snowfall in the 386 KH via changes in upper-level temperatures over the Pacific and Asia. The warm SSTs lead to 387 increased deep convection and subsequent upper-tropospheric adiabatic cooling over the Pacific. 388 During PDO-, the anomalous heating of the tropospheric column over North Pacific leads to a wave like pattern with an upper-level trough over the north of KH and upper-level ridge over the Tibetan 389 390 Plateau. This results in a stronger STJ to the west of, and over, the KH, before it is deflected 391 northwards over the Tibetan Plateau. There is a strong positive correlation between the strength of 392 DJF STJ and DJF snowfall in KH, with a correlation coefficient of 0.51, and a significant negative 393 correlation between the strength of STJ and PDO, with a correlation coefficient of -0.22 during DJF 394 at decadal scale. These results indicate a wave response over KH to the direct forcing of the north 395 Pacific Ocean.

396 These anomalous jet conditions over KH are linked to a higher occurrence of WDs across the 397 region. Using a track catalogue, we found that WDs are 9% more frequent across the KH and drop 398 by approximately 3% in both the northern and southern regions of the KH during PDO- compared 399 to PDO+. However, the WDs are found to be more intense in the vicinity of the Caspian Sea and 400 north of the KH during PDO- rather than PDO+, which is not shown in this study. This increase in 401 WD frequency results in anomalous moisture transport from the Arabian Sea, Black Sea, Red Sea, 402 and eastern Mediterranean Sea towards the KH. The moisture transport is almost perpendicular to 403 the orography of the KH, leading to a strong moisture convergence about 16% greater during the 404 PDO- compared to the PDO+ and thus increased DJF precipitation in the region during the negative 405 phases of the PDO.

406 Our findings highlight the importance of considering interdecadal variability when trying to 407 quantify the effects of anthropogenic climate change in the KH. The recent PDO- has led to 408 increased WD activity, and hence increased winter snowfall over this region, and may be masking 409 the effects of climate change. More research is needed to disentangle climate change from the 410 effects of interdecadal variability over this vulnerable region, so that policymakers can be better 411 informed. The uncertainty in the snowfall and precipitation datasets, along with the limitations of 412 the short timeseries available from reanalysis for examining decadal oscillations, are insufficient to 413 demonstrate such studies. Future long-term climate simulations could be used for subsequent work 414 if the models accurately represent the interaction between the PDO and snowfall/precipitation in this region. 415

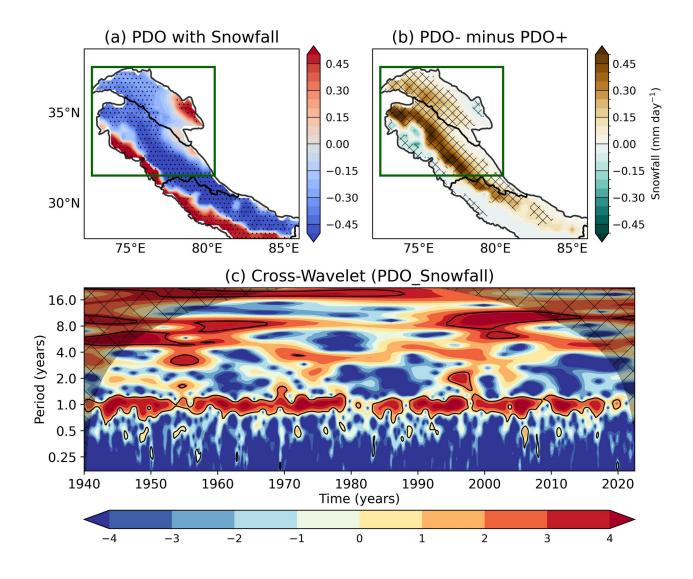
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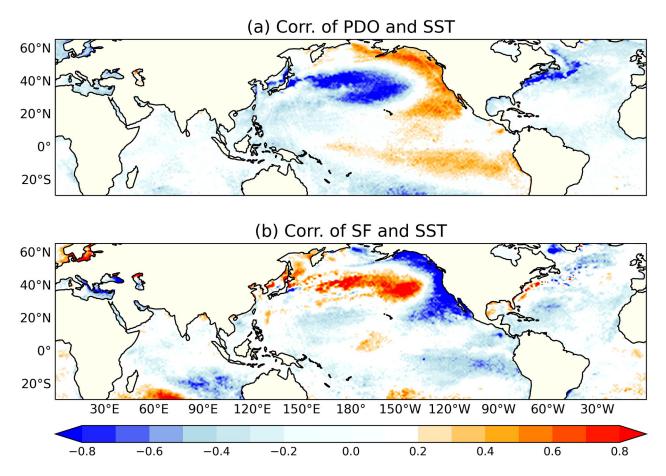
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Figure 1: (a) Seasonal variability of DJF precipitation in KH (green rectangle in fig.2; 73° –
78° E, 33° – 38° N) from ERA5, ERA5-land, MERRA2, HARv2, CRU_TS, GPCP, GPCC, and
CMAP during the period from 1980 to 2020, APHRODITE from 1998 to 2015, TRMM from
1998 to 2019, and GPM from 2000 to 2023. (b) Time series of 9-year filtered DJF PDO index
and area-averaged DJF ERA5 snowfall (and precipitation) anomalies over KH from 1940 to
2022. The vertical grey lines represent phase transitions of PDO.



448 Figure 2: (a) Spatial map of correlation between the 9-year filtered PDO index and the 449 snowfall (mm) over KH during DJF, and (b) composite difference of DJF snowfall (mm) 450 between negative and positive epoch of PDO, (c) cross-wavelet of DJF snowfall (mm) over KH 451 and DJF PDO index from 1940 to 2022. Traditional boundaries of Karakoram-Western and Central Himalayan regions are marked by thick black lines in (a) and (b). Stippling in (a) and 452 453 (b) denotes regions where the correlation and composite differences are significant at a 95% 454 confidence level, as determined by the two-tailed Student's t-test and Welch's t-test, 455 respectively. Black line contours on the power spectra in (c) indicate where the spectral power 456 of the cross-wavelet is significantly greater than zero at a 95% confidence level.

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461 Figure 3: Spatial map of correlation of the 9-year filtered (a) DJF PDO index, and (b) area 462 averaged DJF snowfall over the green box (fig.2) with 9-year filtered DJF sea surface 463 temperature from 1940 to 2022. The correlations patterns are statistically significant at the 464 95% confidence level, as determined by the two tailed student's t-test.

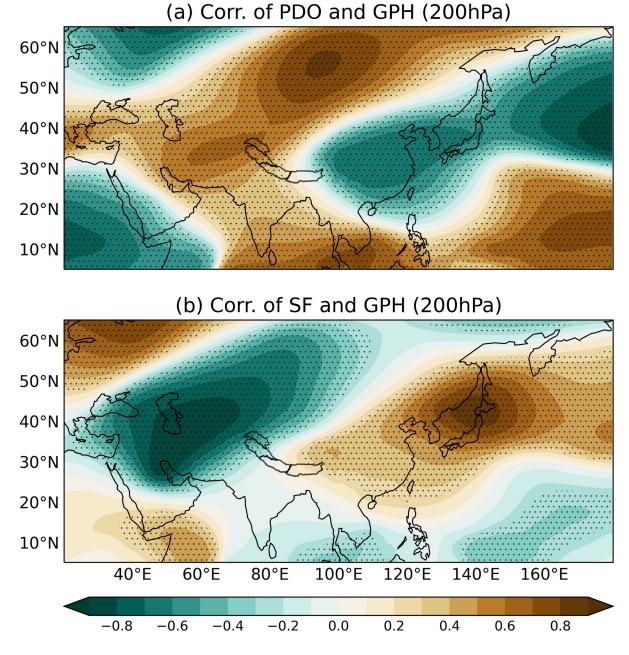


Figure 4: Spatial map of correlation of the 9-year filtered (a) DJF PDO index, and (b) area averaged DJF snowfall (mm) over the green box (fig.2) with 9-year filtered DJF geopotential height at 200hPa (m) from 1940 to 2022. Stippling in (a) and (b) indicate where the correlations are significant at a 95% confidence level, as determined by the two tailed student's t-test.

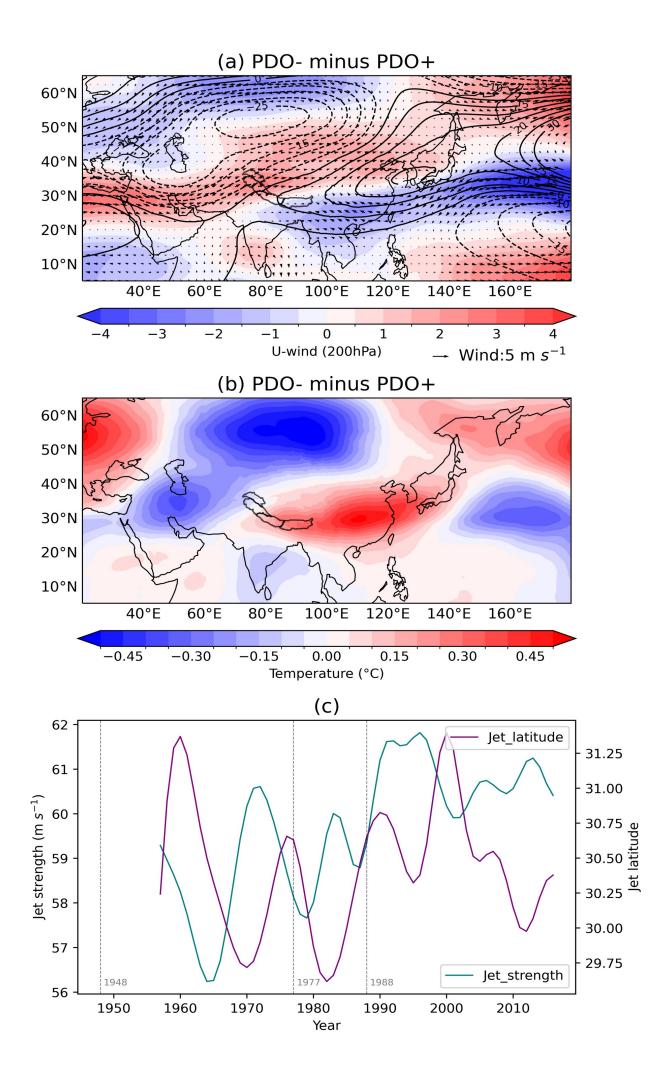
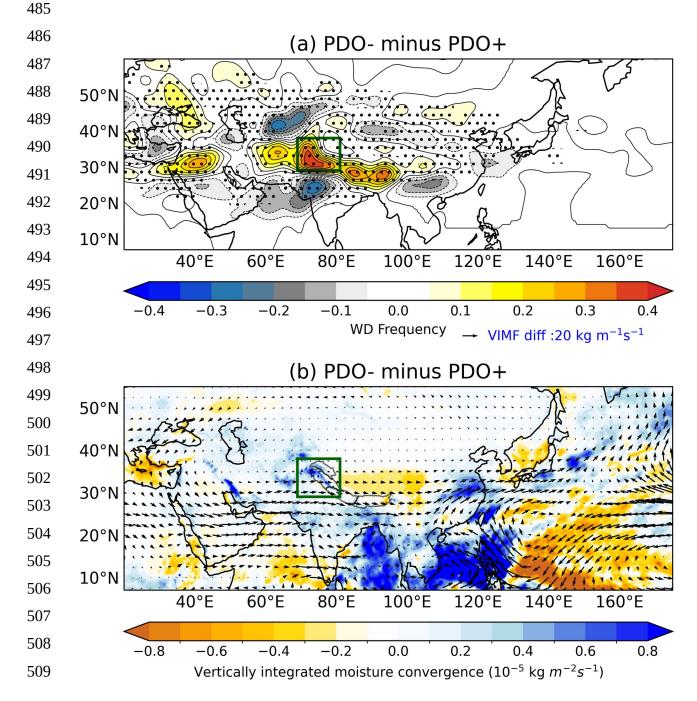


Figure 5: Composite difference of (a) U-wind (colour; m/s), wind (vectors; m s⁻¹), and geopotential height (contours; m), (b) vertically averaged temperature (°C) from 300hPa to 500hPa level during DJF between negative and positive epoch of PDO, (c) time series of 9-year filtered strength (red) and latitude (blue) of DJF subtropical westerly jet (STJ) over KH (green box; fig. 2) from 1940 to 2022.



510 Figure 6: Composite difference of (a) WD frequency, and (b) vertically integrated moisture 511 flux (vectors; kg m⁻¹ s⁻¹) and vertically integrated moisture convergence (colours; kg m⁻² s⁻¹) 512 during DJF between negative and positive epoch of PDO from 1940 to 2022. Stippling in (a)

513 indicates where the differences are significant at a 95% confidence level, as determined by the

514 two tailed Welch's t-test.

515

516 Author Contributions:

517 Priya Bharati: conceptualization; formal analysis; methodology; investigation; software;
518 visualization; writing original draft. Kieran M. R. Hunt: conceptualization; methodology;
519 software; writing - review and editing. Pranab Deb: supervision; conceptualization; writing 520 review and editing.

521

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524

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