

1 **Freeze-thaw processes correspond to the protection-loss of soil**
2 **organic carbon through regulating pore structure of aggregates**
3 **in alpine ecosystems**

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10

11 **Abstract.** Seasonal freeze–thaw (FT) processes alter soil formation and lead to changes in soil
12 structure of alpine ecosystems. Soil aggregates are basic soil structural units and play a crucial role
13 in soil organic carbon (SOC) protection and microbial habitation. However, the impact of seasonal
14 FT processes on pore structure and its impact on SOC fractions have been overlooked. This study
15 characterized the pore structure and SOC fractions of soil aggregates of the unstable freezing
16 period (UFP), stable frozen period (SFP), unstable thawing period (UTP) and stable thawed period
17 (STP) in typical alpine ecosystems via the dry sieving procedure, X-ray computed tomography
18 (CT) scanning and elemental analysis. The results showed that pore networks of 0.25-2 mm
19 aggregates were more vulnerable to seasonal FT processes than those of > 2 mm aggregates. The
20 freezing process promoted the formation of > 80 μm pores of aggregates. The total organic carbon
21 (TOC), particulate organic carbon (POC) and mineral-associated organic carbon (MAOC)
22 contents of aggregates were high in the stable frozen period and dropped dramatically in unstable
23 thawing period, demonstrating that the freezing process was positively associated with SOC
24 accumulation while early stage of thawing was featured by SOC loss. The vertical distribution of
25 SOC of aggregates was more uniform in the stable frozen period than in other periods. Pore
26 equivalent diameter was the most important structural characteristic influencing SOC contents of
27 aggregates. In the freezing period, the SOC accumulation might be enhanced by the formation
28 of >80 μm pores. In the thawing period, pores of <15 μm was positively correlated with SOC
29 concentration. Our results revealed that changes in pore structure induced by FT processes could
30 contribute to SOC protection of aggregates.

31

32 **Key words:** Seasonal freeze–thaw process, soil aggregate, soil organic carbon, soil pore

33

34 1. Introduction

35 The alpine regions contribute to over 50% of the soil organic carbon (SOC) stock in terrestrial
36 ecosystems, which is 1.5 times greater than the atmospheric carbon pool (Tarnocai et al., 2009).
37 Significant carbon emissions from warming-induced permafrost thawing could further provide a
38 positive carbon feedback to climate change (Schuur and Mack, 2018). Freeze–thaw (FT) cycles
39 are main processes of soil formation in alpine regions (Wang et al., 2007). The ongoing global
40 warming has reduced snow cover in winter and decreased the insulations of soils against freezing,
41 which has increased the frequency of FT cycles (Kreyling et al., 2008). Soil aggregates are
42 fundamental soil structural units and favour SOC protection (Oztas and Fayetorbay, 2003; Tan et
43 al., 2014). SOC is preserved by physical protection in the forms of particulate organic carbon (POC)
44 and mineral-associated organic carbon (MAOC). POC is a crucial contributor to soil aggregation
45 and parallels plant-derived carbon into aggregates, and MAOC plays a crucial role in long-term
46 SOC storage (Wang et al., 2020; Witzgall et al., 2021). FT processes may loosen the aggregates’
47 protection of SOC by stimulating substrate release (Song et al., 2017), destroying **aggregate**
48 **stability** and stimulating microbial activities (Campbell et al., 2014; Xiao et al., 2019), and the
49 impact is highly dependent on SOC components. For example, FT processes could significantly
50 increase soil soluble carbon content and extractable SOC content but decrease microbial biomass
51 carbon (MBC) content of aggregates (Patel et al., 2021). The increase in microporosity and
52 microbial **activities in** aggregates induced by FT could decrease the dissolved organic carbon
53 (DOC) concentration (Kim et al., 2023). More frequent FT **processes** enhance SOC availability
54 especially in active layers and thus lead to a high risk of greenhouse gas release (Estop-Aragones
55 et al., 2020). However, these related studies were mostly based on simulated laboratory FT
56 experiments. The field FT process is elusive as it contains the complex interactions between soil
57 properties, plant growth and topographic features, **and these leading to** differences in the outcomes
58 between laboratory and field **measurements** (Henry et al., 2007; Deng et al., 2024). Therefore,
59 quantifying the actual dynamics of SOC of aggregates under seasonal FT processes is valuable.

60 Soil structure refers to the spatial arrangement of solids and voids and controls many
61 important biophysical processes in soils (Rabot et al., 2018). The pore networks of soil aggregates
62 are heterogeneous. FT processes not only affect the stability of soil aggregates but also **alter** their
63 inner pore characteristics, especially those of the water-filled pores (Wang et al., 2012; Li and Fan,

64 2014; Starkloff et al., 2017). A decrease in pore connectivity, an increase in elongated porosity
65 and an increase in asymmetrical pores were observed after continuous FT events (Ma et al., 2020;
66 Rooney et al., 2022; Kim et al., 2023). Pore network determines the accessibility of organic matter
67 to microbes and indirectly influences microbial activities, thus determining the magnitude to which
68 the SOC is protected (Ruamps et al., 2013; Kravchenko and Guber, 2018). Interactions between
69 pore structure and SOC fractions of soil aggregates have gained much attention. Pores of 30-75
70 μm and $> 13 \mu\text{m}$ in size were found to enhance the carbon mineralization (Lugato et al., 2009;
71 Kravchenko et al., 2015). Pores of $> 90 \mu\text{m}$ and $< 15 \mu\text{m}$ in size were found to support SOC
72 protection (Ananyeva et al., 2013; Quigley and Kravchenko, 2022). Pores of 30–150 μm are also
73 the preferential places for new carbon inputs and greater abundance of such pores translates into a
74 higher spatial footprint that microbes make on SOC storage capacity (Kravchenko et al., 2019).
75 These distinct correlations demonstrated that the pore-SOC interactions are highly dependent on
76 environmental conditions. In alpine ecosystems, dynamics of SOC can be significantly associated
77 with the transformation and destruction of aggregates induced by FT processes (Dagesse, 2013).
78 However, the role of pore structure in regulating SOC dynamics in FT processes has not been
79 revealed.

80 The Qinghai-Tibet Plateau (QTP) has warmed twice the global average rate in recent years
81 with the average temperature being expected to increase by over 2 °C before 2070 (Lin et al., 2019).
82 Soils of the QTP are fragile and vulnerable to the global climate change. The depth and duration
83 of FT processes have decreased while the frequency of FT cycles has increased in the QTP (Peng
84 et al., 2017), posing dramatic alterations on the soil pore network (Gao et al., 2020; Yang et al.,
85 2021). Previous studies have shown that alpine meadow soil aggregates of the QTP had dense pore
86 networks with many elongated pores due to frequent FT cycles (Zhao et al., 2020). For typical
87 ecosystems on the QTP, the aggregate protection of SOC was promoted by pores of $<15 \mu\text{m}$ by
88 limiting microbial access and the process was most closely associated with soil moisture content
89 (Wang and Hu, 2023). Aggregate stability has been proved to impact SOC protection on the QTP
90 and thawing-induced SOC loss of aggregates will translate into carbon emissions from the meadow
91 to the atmosphere and exacerbate global warming (Ozlu and Arriga, 2021). Changes in carbon
92 storage depend on relationships between SOC input from litter and root exudates and output by
93 microbial metabolic activities, and pore structure defines the pathway of substrate movement

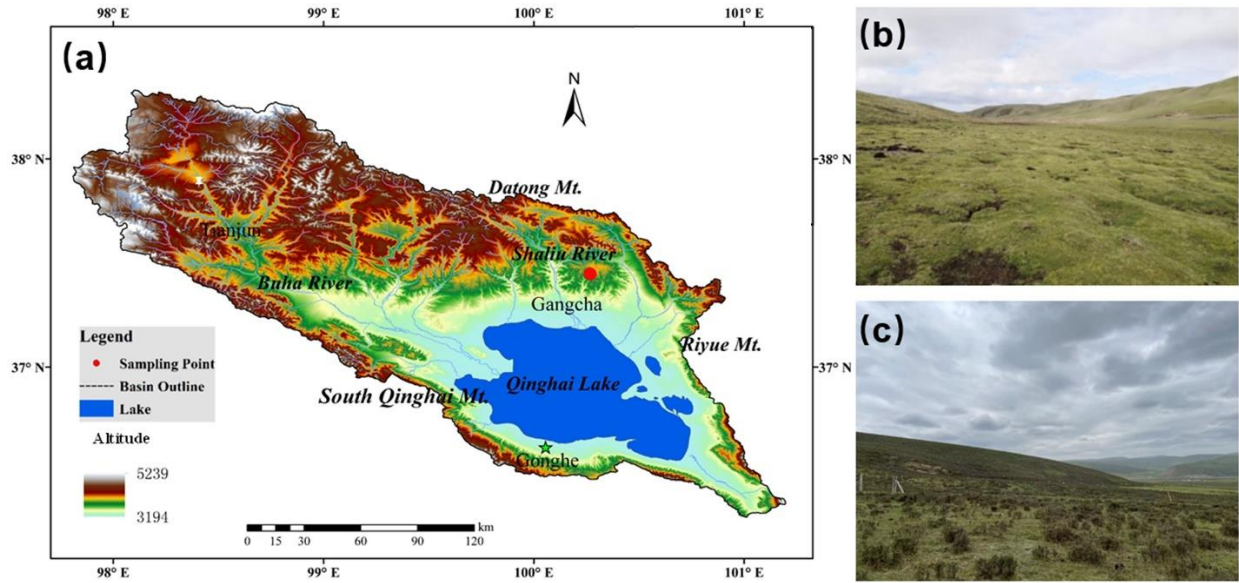
94 (Qiao et al., 2023). Overall, the pore structure of aggregates under FT conditions has important
95 implications for predicting carbon turnover projections under global warming (He et al., 2021).

96 To fill these research gaps, the objectives of the study were: (1) to quantify changes in pore
97 structure and SOC fraction contents of aggregates in typical alpine ecosystems during the seasonal
98 FT process; (2) to investigate the relationships between them and (3) to clarify the role of pore
99 structure on aggregate functions related to SOC protection during seasonal FT processes.

100 **2. Materials and methods**

101 *2.1 study sites and sampling*

102 The study was carried out in the Qinghai Lake Watershed (36°15'N-38°20'N, 97°50'-101°20'E),
103 northeastern QTP. The area lies in the cold and high-altitude climate zone, with a mean annual
104 temperature and precipitation of 0.1 °C and 400 mm, respectively (Li et al., 2018). Two ecosystems
105 were selected in the study: *Kobresia pygmaea* meadow (KPM) and *Potentilla fruticosa* shrubland
106 (PFS). They are representative terrestrial ecosystems of the Qinghai Lake watershed and account
107 for over 60% of the total watershed land area (Hu et al., 2016). One of the main features of these
108 two ecosystems is the mattic epipedon present on the soil surface. Mattic epipedon is the surface
109 layer consisting of a grass felt-like complex formed by the interweaving of live and dead roots of
110 different ages. The layer is soft and significantly enhances nutrient preservation (Hu et al., 2023).
111 The soil type was classified as Gelic Cambisols according to the FAO UNESCO system (IUSS
112 Working Group WRB, 2022). We tried to avoid the simple pseudo replication so that each
113 sampling site has a certain distance with others (> 1 km). Three sites within each ecosystem have
114 similar vegetation conditions. In every FT period, three sampling plots (1 m × 1 m) were set up at
115 each site.



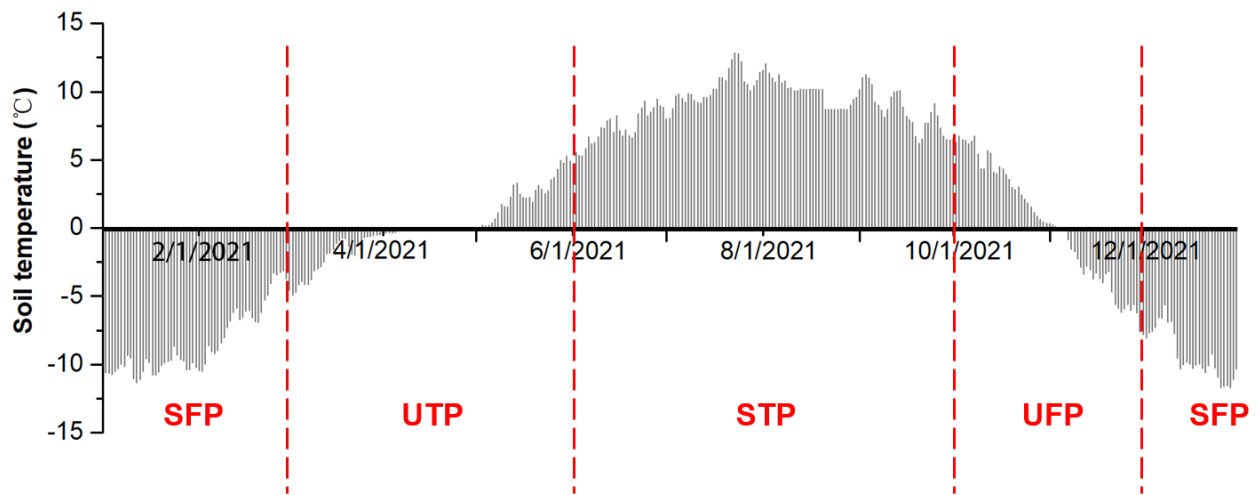
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117 Fig. 1. Location of the sampling site (a) and landscapes of the *Kobresia pygmaea* meadow
 118 ecosystem (b) and the *Potentilla fruticosa* shrub ecosystem (c).

119

120

121 The division of seasonal FT periods is based on changes in daily soil temperature of the whole
 122 soil profile (Chen et al., 2021; Wu et al., 2023). The EM-50 soil temperature data for 2019, 2020,
 123 and 2021 were obtained at 0.5 Hz with 30 min averages at all three study sites using the ECH₂O
 124 5TE sensor (Decagon Devices, USA) (Li et al., 2018). The seasonal FT process was divided into
 125 four periods in this study: the unstable freezing period (UFP, as soil temperature starts to drop to
 126 0°C), the stable frozen period (SFP, with soil temperature completely below 0 °C), the unstable
 127 thawing period (UTP, as soil temperature starts to rise above 0 °C), and the stable thawed period
 128 (STP, with soil temperature completely above 0 °C). The freezing process included the SFP and
 129 UFP, while the thawing process included the STP and UTP. Soil samples were taken in October
 130 2021 (representing UFP), January 2022 (representing SFP), May 2022 (representing UTP) and
 131 July 2022 (representing STP).



132
 133 Fig. 2. Daily average soil temperature in 2021 and the classification of freeze–thaw stages (SFP–
 134 stable frozen period, UTP–unstable thawing period, STP–stable thawed period and UFP–unstable
 135 freezing period).

136
 137 Soils from three typical profiles in the sampling plots (1 m×1 m) in each site were dug. A
 138 total of 18 soil profiles were obtained in every FT period. We classified the soil layers as 0–10 cm,
 139 10–30 cm and 30–50 cm soil layers. Soil cores and bulk soil were collected at each soil layer for
 140 aggregate sieving and physiochemical characteristic measurements, respectively. Soil cores were
 141 obtained using a 70 mm diameter soil auger and then preserved in an icebox before being sieved
 142 in the laboratory. A total of 54 soil cores were collected in every FT period. Nitrile powder-free
 143 gloves, a plastic garden trowel, and a small saw were utilized for bulk soil sampling. The basic
 144 soil properties of each soil layer at the study site are listed in Table S1. Particle size distribution
 145 was determined using the sieve-pipette method (Mako et al., 2019; Zhao et al., 2021). The soil
 146 water content as weight was determined using an oven-dried method (Klute, 1986). Soil pH
 147 measurements were conducted by an FE20 pH meter (Mettler Toledo, Columbus, USA) from
 148 slurries of samples at a soil:water ratio of 1:2.5 (w:w) (Zhao et al., 2020). **SOC and total nitrogen**
 149 **(TN) contents** were determined using a CN 802 elemental analyzer (VELP, Italy). Inorganic
 150 carbon was removed from the soil samples using 1 mol/L HCl prior to elemental analysis (Zhang
 151 et al., 2017).

152 2.2 Aggregate sieving

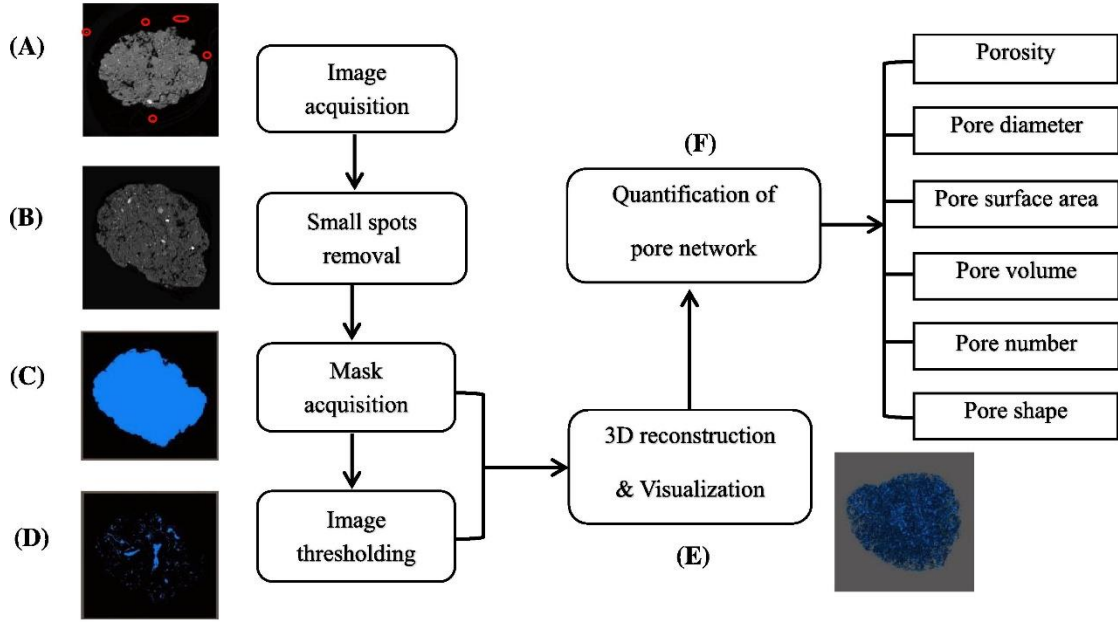
153 Separation of soil aggregates was performed using the dry sieving method with 0.053, 0.25–
 154 and 2-mm sieves from bottom to top. Soil cores were gently broken by hand into 1-cm clods, and

155 then soils were laid out between sheets of brown paper (Schutter and Dick, 2002). Debris such as
156 gravel and roots were removed from the samples. Two hundred grams of soil was placed on the
157 top sieve and was shaken for five minutes by the sieve shaker (200r/min). The aggregates were
158 divided into four categories: large macroaggregates (LMAs, with diameters >2 mm), small
159 macroaggregates (SMAs, with diameters of 0.25~2 mm), microaggregates (mAs, with diameters
160 of 0.053~0.25 mm), and fractions with diameters <0.053 mm (Li et al., 2022). Aggregate fractions
161 of > 2 mm and 0.25-2 mm were weighed and preserved for further analysis.

162 *2.3 CT scanning and image processing*

163 A nanoVoxel-4000 X-ray three-dimensional (3D) microscopic CT (Sanying Precision
164 Instruments Co., Ltd., China) was used to scan the soil aggregates with X-ray source parameters
165 of voltage 80 kV and current 50 μ A, with which 2800 detailed and low-noise images could be
166 obtained during a 360° rotation. The reconstructed images featured a 3.6 μ m spatial resolution and
167 2800 \times 2800 \times 1500 voxels. Aggregate fractions of > 2 mm and 0.25-2 mm from all soil layers of
168 the UFP, SFP, UTP and STP periods were scanned (other fractions were too small to separate into
169 a single sample). A total of 144 aggregates were selected and scanned.

170 Reconstruction of the pore network of aggregates was completed using Avizo 9.0
171 (Visualization Sciences Group, Burlington, MA). The procedure for image analysis was similar to
172 that described by Wang and Hu (2023). Briefly, the clutters around the aggregates were eliminated
173 using a Volume Editing module. Mask extraction was carried out in the Segmentation module
174 (Zhao et al. 2020). The soil matrix was selected with the “Magic Wand” tool, and then the “Fill”
175 tool was used to fill the pores for obtaining the aggregate boundary and the mask of the whole
176 aggregate (Zhao and Hu, 2023a). All images were binarily segmented using the histogram
177 thresholding method based on the global thresholding algorithm (Jaques et al., 2021), and pore
178 thresholds were selected for all images.



179
180 Fig. 3. Procedures used for the visualization and quantification of soil aggregate pore networks.

181 Taken from Zhao et al. (2020) with permission from Elsevier.

182
183 The intra-aggregate porosity was calculated using the Volume Fraction tool. The two-
184 dimensional images were transformed into 3D images by Volume Rendering tool in Avizo 9.0
185 software. After the transformation, pore characteristics including the equivalent diameter, volume,
186 length, shape factor, and surface area were calculated using the Label Analysis tool.

187 One pore network may consist of several branches of connected pores or just one individual
188 pore. The pore length is the total actual length in all branches. The pore length density (LD) is
189 defined as the ratio of the pore length (L) to the total volume of pores (V) (Yang et al., 2021):

$$190 \quad LD = \frac{L}{V} \quad (1)$$

191 The surface area density (SD) is defined as the ratio of the pore surface area (S) to the total
192 volume of V:

$$193 \quad SD = \frac{S}{V} \quad (2)$$

194 To characterize the pore shape, the pore shape factor (SF) was calculated as follows:

$$195 \quad SF = \frac{A_0}{A} \quad (3)$$

196 where A_0 represents the surface area of the equivalent sphere of the pores and A is the actual
197 surface area of the pores. SF values closer to 1 indicate a more regular pore shape (i.e., closer to a

198 spherical shape), and smaller values refer to more irregular or elongated pore shapes (Zhou et al.,
199 2012).

200 The equivalent diameter (EqD) was defined as the diameter of spherical particle with the
201 same volume and was calculated by pore volume:

$$202 \quad EqD = \sqrt[3]{\frac{6 \times V}{\pi}} \quad (4)$$

203 Where V represents the volume of pores.

204 The pores were divided into four classes based on their equivalent diameter: <15, 15–30, 30–
205 80, and >80 μm . According to Lal and Shukla (2004) and Wang and Hu (2023), pores <30, 30–80,
206 and >80 μm are termed micropores, mesopores and macropores, respectively.

207 *2.4 SOC fraction separation*

208 In every FT period, soil aggregate samples were sufficiently ground to pass through a 0.15
209 mm sieve before their total organic carbon content (TOC) content was measured using the CN 802
210 elemental analyzer (VELP, Italy).

211 The determination of SOC fractions, including POC and MAOC, was performed as described
212 by Cambardella and Elliott (1992). Approximately 5 g of each dried aggregate of the **>2 mm and**
213 **0.25-2 mm aggregate** fractions was moved to a 50 mL centrifuge tube and dispersed in 25 mL of
214 a sodium hexametaphosphate (0.5%, w/v) solution by shaking for 18 h in a reciprocating shaker
215 at 120 RMP to ensure that it was evenly blended (Chen et al., 2020; Fu et al., 2023). The dispersed
216 samples were rinsed onto a 53 μm sieve to separate MAOC (particle size <53 μm) and POC
217 (particle size >53 μm) using distilled water until the water stream was clear and free of fine soil
218 particles. After that, samples were transferred to evaporating dishes and dried at 65 $^{\circ}\text{C}$ for 48 h to
219 isolate soils which contained POC or MAOC fractions solely (Six et al., 1998). After weighing
220 and sieving, all the fractions' SOC contents were measured using the CN802 elemental analyser
221 (VELP, Italy). The POC and MAOC contents were obtained by multiplying the percentage of each
222 particle size fraction in the soil (Sun et al., 2023).

223 *2.5 Statistical analysis*

224 All statistical analyses except redundancy analysis (RDA) were conducted with IBM's SPSS
225 20 software (SPSS Inc., USA). One-way analysis of variance (ANOVA) followed by Fisher's
226 protected least significance difference (LSD) test was conducted to compare differences between

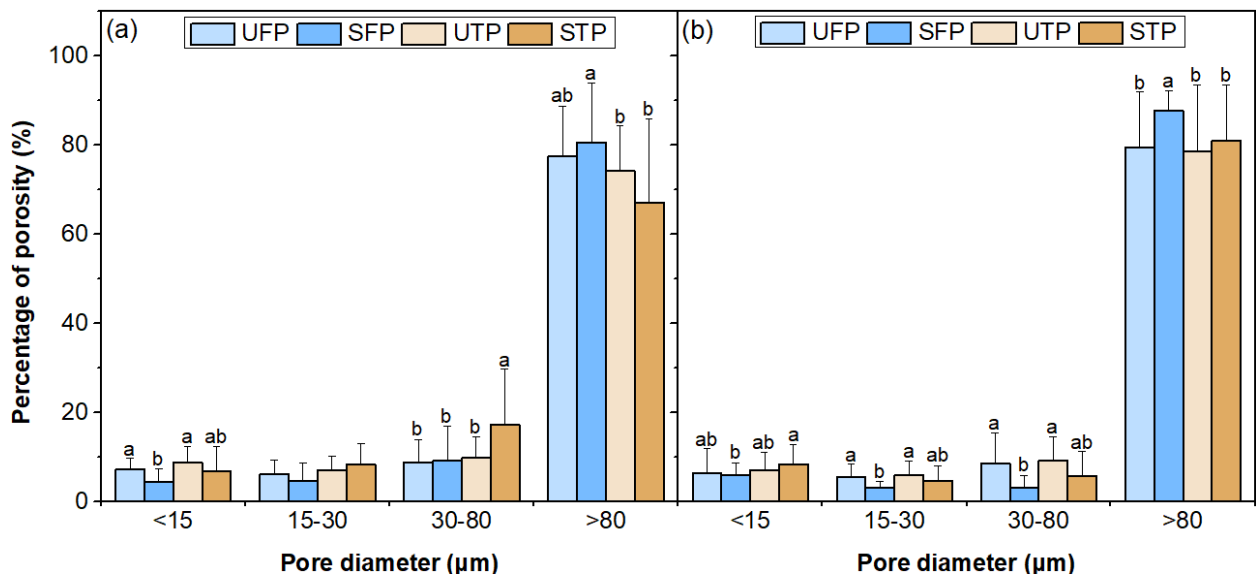
227 the four seasonal FT periods and between different aggregate fractions. Pearson's correlations
228 were conducted to evaluate the linkages between pore characteristics and SOC fractions of
229 aggregates. Statistical significance was defined at $p < 0.05$. RDA was conducted to determine pore
230 parameters that had a significant impact on SOC fractions and was carried out in R software
231 (<http://www.r-project.org>) using the vegan package.

232 **3 Results**

233 *3.1 Pore characteristics of soil aggregates*

234 Fig. 4 depicts the pore size distribution of soil aggregates during the seasonal FT process. In
235 the two ecosystems, pores of $> 80 \mu\text{m}$ dominated the pore space in all periods and accounted for
236 over 65% of the total porosity. The **volume percentage** of pores of $< 15 \mu\text{m}$ was low in the stable
237 frozen period with 4.39 % in the meadow ecosystem and 5.36 % in the shrubland ecosystem. The
238 volume percentage of pores of $> 80 \mu\text{m}$ was high in the stable frozen period (80.62% in the
239 meadow ecosystem and 87.65% in the shrubland ecosystem). The results showed that freezing
240 process **increased the proportions** of pores of $> 80 \mu\text{m}$ while thawing contributed to the increase
241 in **volume percentage** of pores of $< 15 \mu\text{m}$.

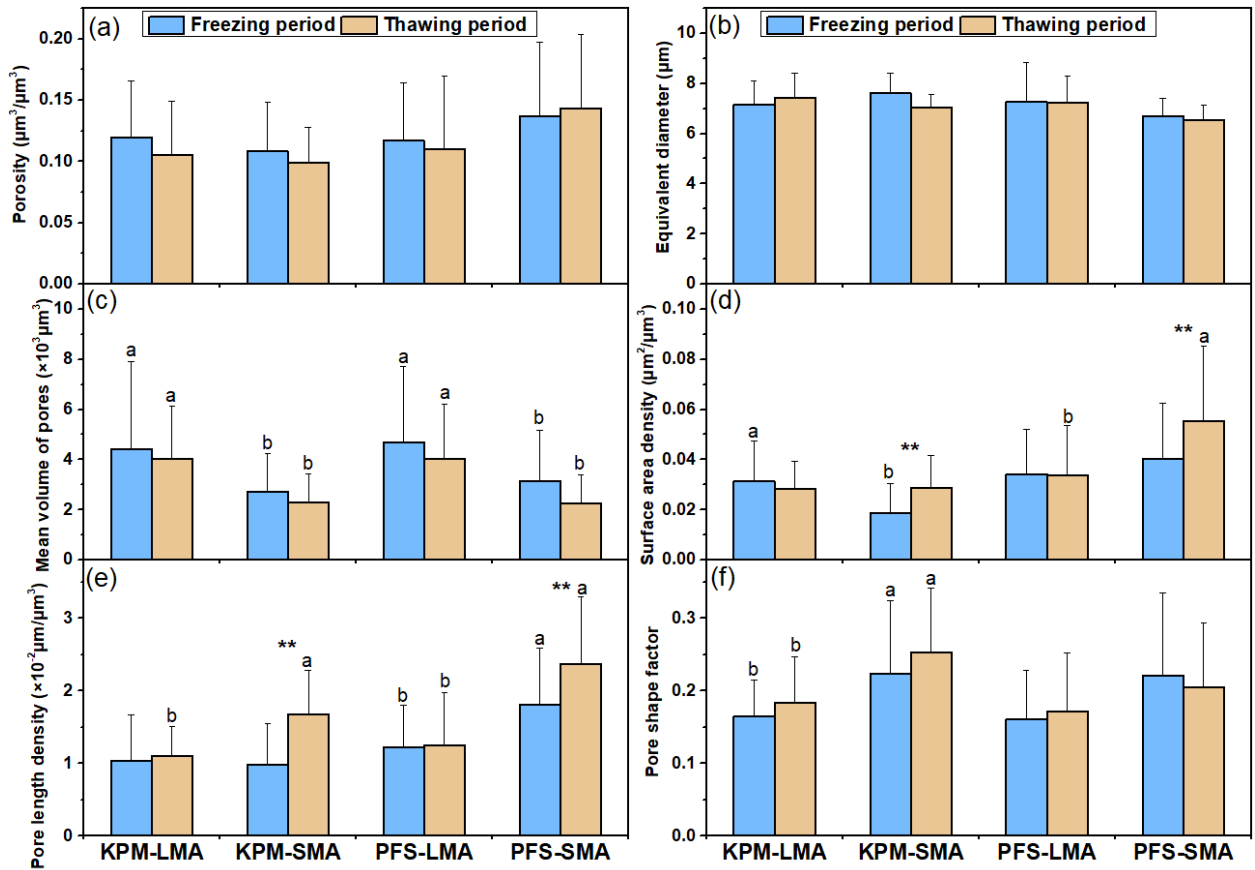
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243
 244 Fig. 4. Pore size distribution (by pore diameter) of soil aggregates in the (a) meadow ecosystem
 245 and (b) shrubland ecosystem during the seasonal FT process. Bars represent the mean \pm standard
 246 error (n=18). Different lowercase letters denote significant differences among pore volume
 247 percentages in different FT periods ($p < 0.05$).

248 **Note: UFP-unstable freezing period, SFP-stable frozen period, UTP-unstable thawing period,**
 249 **STP-stable thawed period.**

250
 251 The characteristics of the pores of aggregates during the seasonal FT process are shown in
 252 Fig. 5. **The seasonal FT process did not significantly alter the porosity, pore volume and EqD (Fig.**
 253 **5a, 5b and 5c).** In the two ecosystems, significant variations were found in the mean pore volume
 254 **between >2 mm and 0.25-2 mm aggregates ($p < 0.05$).** For 0.25-2 mm aggregates, the pore surface
 255 **area density and length density in the thawing process were found to be significantly higher than**
 256 **those in the freezing process ($p < 0.05$), while no obvious trend was found for >2 mm aggregates**
 257 **(Fig. 5d and 5e).** Overall, seasonal FT processes **are mainly associated with changes** in the pore
 258 **characteristics of 0.25-2 mm aggregates rather than those of > 2 mm aggregates.**

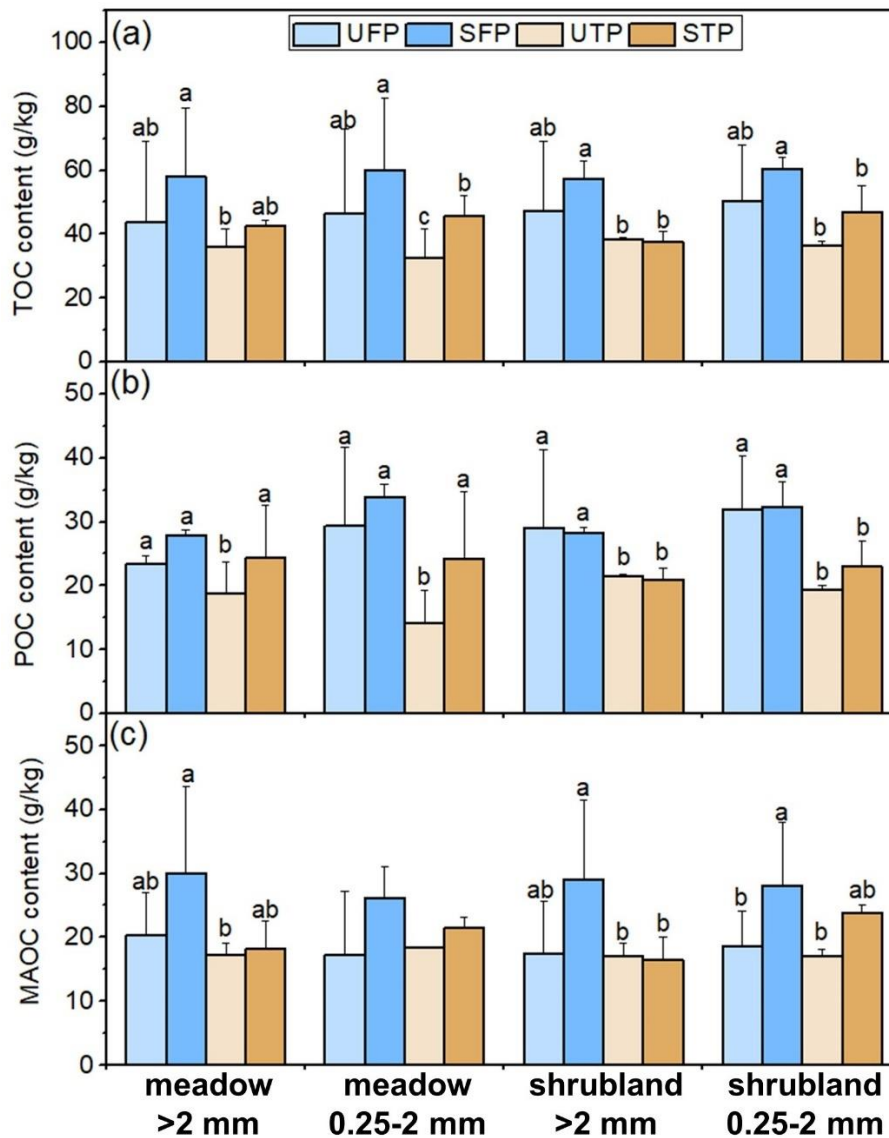


259
 260 Fig. 5. Pore characteristics of soil aggregates during the seasonal FT process. (a) porosity, (b) pore
 261 equivalent diameter, (c) mean volume of pores, (d) pore surface area density, (e) pore length
 262 density and (f) pore shape factor. Bars represent the mean \pm standard error ($n=18$). ** represents
 263 significant differences between pore characteristics in freezing period and thawing period ($p<0.05$).
 264 Different lowercase letters denote significant differences between pore characteristics of >2 mm
 265 aggregates and 0.25-2 mm aggregates ($p<0.05$).

266 **Note: LMA- >2 mm aggregates, SMA-0.25-2 mm aggregates, KPM-the meadow ecosystem, PFS-**
 267 **the shrubland ecosystem.**

268 *3.2 SOC fraction contents of aggregates*

269 The SOC fraction contents (TOC, POC and MAOC) of aggregates during the seasonal FT
 270 process is shown in Fig. 6. Generally, in the two ecosystems, the TOC contents of aggregates
 271 peaked in the stable frozen period, ranging from 57.33 g/kg to 60.28 g/kg (Fig. 6a). The following
 272 unstable thawing period demonstrated the dramatic decline in TOC contents of > 2 mm (dropped
 273 by 37.73% and 32.95% in the meadow and shrubland ecosystems, respectively) and 0.25-2 mm
 274 aggregates (dropped by 45.57% and 39.43% in the meadow and shrubland ecosystems,
 275 respectively) ($p<0.05$).



276
 277 Fig. 6. Changes of SOC content (a-TOC, b-POC and c-MAOC) of soil aggregates during the
 278 seasonal FT process. Bars represent the mean \pm standard error (n=9). Different lowercase letters
 279 denote significant differences among SOC contents in different FT periods ($p < 0.05$).

280 **Note: UFP-unstable freezing period, SFP-stable frozen period, UTP-unstable thawing period, STP-stable thawed**
 281 **period.**

282 Changes in contents of POC and MAOC were similar to those of TOC (Fig. 6b and 6c). In
 283 the meadow ecosystem, the POC contents were high in the stable frozen period (27.90 g/kg for >
 284 2 mm aggregates and 33.77 g/kg for 0.25-2 mm aggregates) and the dramatic decline existed in
 285 the unstable thawing period (32.69% for > 2 mm aggregates and 58.01% for 0.25-2 mm aggregates)
 286 (Fig. 6b) ($p < 0.05$). The MAOC content of > 2 mm aggregates was 29.99 g/kg in the stable frozen
 287 period, followed by a decline of 42.38% in the unstable thawing period (Fig. 6c). In the shrubland

ecosystem, POC contents in freezing periods were significantly higher than those in thawing periods (Fig. 6b) ($p<0.05$). The unstable thawing period was accompanied by the significant loss in MAOC compared with the stable freezing period (41.54% for > 2 mm aggregates and 39.14% for 0.25-2 mm aggregates) (Fig. 6c) ($p<0.05$). Therefore, freezing is associated with SOC accumulation and the beginning of thawing is associated with a significant loss of SOC.

The changes in the Coefficient of Variation (CV) of SOC content during the seasonal FT process, which depicted the variation in the SOC of aggregates from different soil depths, were shown in Table 1. In the two ecosystems, the CV values in the stable frozen period (0.20 for the meadow ecosystem and 0.22 for the shrubland ecosystem) were significantly lower than those in other periods ($p<0.05$). These results revealed that the freezing process was characterized by a more uniform distribution of SOC across different soil layers.

Table 1 Coefficient of variation (CV) of SOC content of aggregates in all soil layers during the seasonal FT process

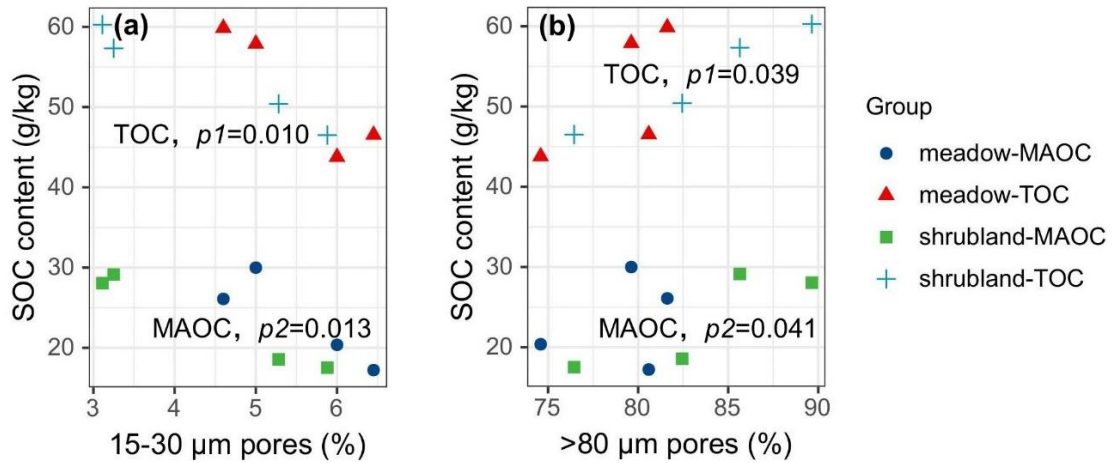
Ecosystem	Seasonal FT periods			
	UFP	SFP	UTP	STP
meadow	0.38 ± 0.12a	0.20 ± 0.07b	0.47 ± 0.19a	0.56 ± 0.21a
shrubland	0.46 ± 0.16a	0.22 ± 0.09b	0.34 ± 0.17a	0.34 ± 0.13a

Note: Bars represent the mean ± standard error (n=6). Different lowercase letters denote significant differences in CV of different FT periods. UFP-unstable freezing period, SFP-stable frozen period, UTP-unstable thawing period, STP-stable thawed period.

3.3 Relationships between pore structure and SOC fractions of aggregates

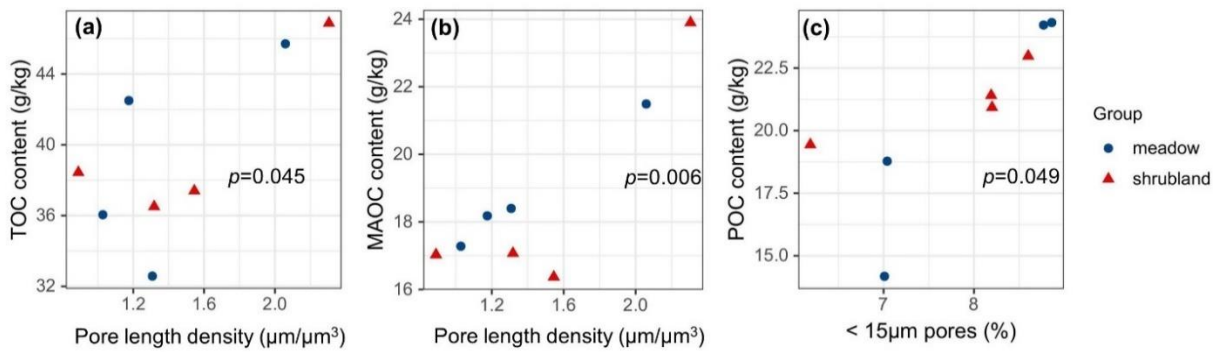
In the freezing period, no correlations were observed between SOC fractions and pore parameters while pore size distribution had significant correlations with SOC content. The TOC and MAOC contents were both positively correlated with pores of > 80 μm ($p=0.039$ and $p=0.041$, respectively) but negatively correlated with pores of 15-30 μm ($p=0.010$ and $p=0.013$, respectively). In the thawing period, the POC content was positively correlated with pores of <15 μm ($p=0.049$). The TOC and MAOC contents were both positively correlated with pore length density ($p=0.045$ and $p=0.006$, respectively).

313



314

315 Fig. 7. Scatter plots of relationships between (a) SOC content and 15-30 μm pores and (b) SOC
 316 content and $> 80 \mu\text{m}$ pores in the freezing process.



317

318 Fig. 8. Scatter plots of relationships between (a) TOC content and pore length density, (b) MAOC
 319 content and pore length density and (c) POC content and $< 15 \mu\text{m}$ pores in the thawing process.
 320

321 RDA was used to explain the relationship between the pore parameters and SOC fractions
 322 during the seasonal FT process (Supplementary Fig. 1). In the freezing period, a total of 53.29%
 323 of the SOC variation could be explained by pore characteristics. Pore EqD had a significant impact
 324 on SOC content ($p=0.01$). In thawing period, 52.90% of the SOC variation was explained by pore
 325 characteristics. Pore surface area and EqD had significant impact on SOC of aggregates ($p=0.01$
 326 and $p=0.04$, respectively).
 327

327

328 4 Discussion

329 Our results demonstrated that the volume percentage of $> 80 \mu\text{m}$ pores of aggregates was high
 330 in the stable frozen period. This finding is consistent with related results, which proved that FT

331 resulted in an increase in macroporosity (Ma et al., 2020; Wu and Hu, 2024). Liu et al. (2023)
332 reported an over 200% increase in aggregate porosity after 15 FT cycles. Pore-scale
333 heterogeneities result in pressure gradients and water seeping from smaller to larger pores during
334 freezing (Rempel and van Alst, 2013), and this process enhances the expansion of frost heave
335 (Skvortsova et al., 2018). Freezing could also increase pore size by forming new connections
336 among adjacent pores (Ma et al., 2020). The increase in pore size and porosity could loosen the
337 aggregate stability and increase pore air content, thus increasing the air pressure and enhancing
338 expansion (Lugato et al., 2010; de Jesus Arrieta Baldovino et al., 2021). We also found that the
339 seasonal FT process mainly affects the pore characteristics of 0.25-2 mm aggregates rather than
340 those of > 2 mm aggregates, especially in the pore surface area density and length density. Zhao
341 and Hu (2023a) reported a similar significant change in pore surface area density of 0.25-1 mm
342 aggregates after FT cycles. Changes in surface area density and pore length density or pores might
343 be associated with pore shape. In the freezing period, the frost heave force of water is anisotropic,
344 which increases the pore length and decreases the surface area (Rooney et al., 2022). Considering
345 the variations in binding materials for aggregates with different sizes (Tisdall and Oades, 1982),
346 as well as the complex process of pore formation in alpine regions (Zhao et al., 2020), quantifying
347 pore network of different aggregates can help better evaluate their carbon protection ability and it
348 requires further investigations.

349 In our study, contents of SOC fractions were all high in the stable frozen period and low in
350 the unstable thawing period. Huang et al. (2021) found that the TOC content of aggregates was
351 high in January and February, followed by a significant decline in March due to FT processes.
352 Many studies have also reported the SOC loss at the beginning of the thawing period at regional
353 scales (Song et al., 2014; Song et al., 2020). This phenomenon can be explained by litter
354 accumulation and suppressed microbial activities in freezing periods (Han et al., 2018), as well as
355 the aerobic environment intensifying SOC mineralization during thawing (Liu et al., 2018; Liu et
356 al., 2021). So, the freezing process is characterized by SOC accumulation while the thawing
357 process is associated with SOC loss. The freezing process was also accompanied by a more
358 uniform distribution of SOC across different soil layers. This finding corresponds to Zhao and Hu
359 (2023), which proposed that freezing buffered difference in microbial biomass between soil
360 horizons. Apart from seasonal dynamics in phenology and hydrology, differences in external

361 disturbances and SOC turnover rates from topsoil to deep soil also contributed to this phenomenon
362 (Sun et al., 2020; Wang et al., 2022). Therefore, freezing might pose indirect and positive impact
363 on vertical nutrient distribution, which lacks investigations so far.

364 Among all pore characteristics, equivalent diameter explained most in the SOC variations. In
365 the freezing period, pores of 15-30 μm had negative impact on SOC protection, this was consistent
366 with our previous results (Wang and Hu, 2023). Pores of 15–30 μm are probably suitable habitat
367 for soil microbes and support their activity, where greater SOC decomposition takes place
368 (Kravchenko & Guber, 2017; Liang et al., 2019). Pores of $>80 \mu\text{m}$ might contribute to SOC
369 protection of aggregates. As the period was characterized by SOC accumulation (especially
370 residue entry), Pores of $> 80 \mu\text{m}$ serve as primary sites for residue entry and are promoted by
371 microbial materials and SOC, which enhance soil aggregation and thus drive much SOC to be
372 protected (Ananyeva et al., 2013; Dal Ferro et al., 2014; Zhang et al., 2023). Freezing promoted
373 the formation of these pores which were conducive to organic matter entry into aggregates. In the
374 thawing period, pores of $<15 \mu\text{m}$ were positively correlated with SOC content. Previous studies
375 proved that these pores inhibited SOC loss via limiting microbial access and shifting microbial
376 metabolism to less efficient anaerobic respiration (Strong et al., 2004; Keiluweit et al., 2017). On
377 the QTP, the positive impact of soil moisture on SOC protection has been revealed in both
378 aggregate scale and landscape scale (Ma et al., 2022; Wang and Hu, 2023). The thawing process
379 is accompanied by an increase in microbial activity and moisture availability, pores of $<15 \mu\text{m}$ are
380 able to hold water surrounding the soil particles (Kim et al., 2021). Therefore, POC associated
381 with these pores was less vulnerable to microbial processing and desorption as thawing enhanced
382 exchanged soil solution and consequent equilibration (Schluter et al., 2022). The protection
383 promotes the consequent transport of POC towards mineral sorption sites and thus contributes to
384 the long-term SOC storage (Vedere et al., 2020). Overall, the FT-induced pore structure could
385 pose a positive impact on SOC protection in that: pores of $> 80 \mu\text{m}$ promoted by freezing might
386 serve as primary sites for organic matter entry, while pores of $<15 \mu\text{m}$ promoted by thawing was
387 positively associated with POC protection through holding moisture.

388 In this study, we explored changes in the pore structure and SOC fractions of alpine soil
389 aggregates during the seasonal FT process. However, we could not isolate the impact of FT
390 processes on soil structure and functions as impacts from vegetation and climate could not be

391 avoided under field conditions. Therefore, it is necessary to compare the results based on
392 laboratory FT simulations and field sampling in future studies to clarify the importance of FT
393 processes in shaping pore structure and affecting soil functions. **Despite the difficulty in in-situ**
394 **monitoring, soil respiration measurements and DOC measurements would be a more direct way to**
395 **capture the loss pathways of SOC exerted by thawing.** Also, recent studies have clarified the
396 importance of minerals (e.g., Fe, Al, and their oxides) in microscale SOC protection (Kang et al.,
397 2024; Wang et al., 2024; Zhu et al., 2024). **For example, the presence of iron-rich substances can**
398 **hamper microbial degradation of organic compounds, and the Fe-OC accounted for approximately**
399 **20% of the total carbon pool on the QTP (Mu et al., 2016).** This mechanism can be closely
400 associated with soil moisture and enzyme activities, **both of which are altered by FT processes** (Li
401 et al., 2023; Hu et al, 2024), while the role of pore structure has not been clarified. Future research
402 needs to further quantify the impact of soil structure on organic carbon, which will enable us to
403 apply the mechanisms we have discovered to landscape scales to improve existing global carbon
404 cycle predictions.

405 **5 Conclusion**

406 The findings of the study revealed that seasonal FT processes regulate pore structure and SOC
407 concentration of aggregates. Pore surface area density and length density of 0.25-2 mm aggregates
408 **changed significantly during the seasonal FT process.** The freezing period promoted the formation
409 of pores $> 80 \mu\text{m}$ while thawing **could lead** to shrinkage of pore space. Freezing **is featured by**
410 accumulation of SOC of aggregates and the more uniform distribution of SOC among different
411 soil layers. Thawing witnessed the loss of SOC. The seasonal FT process could promote the SOC
412 protection of aggregates via regulating pore size distribution. Pores of $> 80 \mu\text{m}$ promoted by
413 freezing **might** serve as primary sites for organic matter entry, while pores of $< 15 \mu\text{m}$ promoted
414 by thawing **could inhibit** POC decomposition through holding moisture. Overall, our study
415 explains the changes in SOC during the freeze-thaw process by innovatively establishing a
416 **potential mechanism of FT-pore structure-SOC.** In future studies, by incorporating a more variety
417 of factors **with in-situ monitoring**, we hope the contribution of soil structure to SOC conservation
418 can be upscaled to achieve a more precise global carbon cycle estimation.

419

420 **Abbreviations**

421 FT: freeze-thaw, UFP: unstable freezing period, SFP: stable frozen period, UTP: unstable
422 thawing period, STP: stable thawed period, EqD: equivalent diameter of pores, SF: shape factor,
423 LMA: large macroaggregate, SMA: small macroaggregate, SOC: soil organic carbon, TOC: total
424 organic carbon, POC: particulate organic carbon, MAOC: mineral-associated organic carbon,
425 DOC: dissolved organic carbon, TN: total nitrogen.

426

427 **Declarations**

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431 **CRedit authorship contribution statement**

432 Ruizhe-Wang: Conceptualization; data curation; formal analysis; methodology; writing-
433 original draft; writing-review & editing. Xia Hu: Funding acquisition; investigation; project
434 administration; supervision; writing-review & editing.

435 **Data availability statement**

436 All data generated or analysed during this study are included in this published article and its
437 supplementary information files.

438 **Conflict of interest statement**

439 The authors declare that they have no known competing financial interests or personal
440 relationships that could have appeared to influence the work reported in this paper.

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861 **Figure Captions**

862 Fig. 1. Location of the sampling site (a) and landscapes of the *Kobresia pygmaea* meadow
863 ecosystem (b) and the *Potentilla fruticosa* shrub ecosystem (c).

864 Fig. 2. Daily average soil temperature in 2021 and the classification of freeze–thaw stages (SFP-
865 stable frozen period, UTP-unstable thawing period, STP-stable thawing period and UFP-unstable
866 freezing period).

867 Fig. 3. Procedures used for the visualization and quantification of soil aggregate pore networks.
868 Taken from Zhao et al. (2020) with permission from Elsevier.

869 Fig. 4. Pore size distribution (by pore diameter) of soil aggregates in the (a) meadow ecosystem
870 and (b) shrubland ecosystem during the seasonal FT process. Bars represent the mean \pm standard
871 error (n=18). Different lowercase letters denote significant differences among pore volume
872 percentages in different FT periods ($p<0.05$). Note: UFP-unstable freezing period, SFP-stable
873 frozen period, UTP-unstable thawing period, STP-stable thawed period.

874 Fig. 5. Pore characteristics of soil aggregates during the seasonal FT process. (a) porosity, (b) pore
875 equivalent diameter, (c) mean volume of pores, (d) pore surface area density, (e) pore length
876 density and (f) pore shape factor. Bars represent the mean \pm standard error (n=18). ** represents
877 significant differences between pore characteristics in freezing period and thawing period ($p<0.05$).
878 Different lowercase letters denote significant differences between pore characteristics of >2 mm
879 aggregates and 0.25-2 mm aggregates ($p<0.05$). Note: LMA->2 mm aggregates, SMA-0.25-2 mm
880 aggregates, KPM-the meadow ecosystem, PFS-the shrubland ecosystem.

881 Fig. 6. Changes of SOC content (a-TOC, b-POC and c-MAOC) of soil aggregates during the
882 seasonal FT process. Bars represent the mean \pm standard error (n=9). Different lowercase letters
883 denote significant differences among SOC contents in different FT periods ($p<0.05$). Note: UFP-
884 unstable freezing period, SFP-stable frozen period, UTP-unstable thawing period, STP-stable
885 thawed period.

886 Fig. 7. Scatter plots of relationships between (a) SOC content and 15-30 μm pores and (b) SOC
887 content and > 80 μm pores in the freezing process.

888 Fig. 8. Scatter plots of relationships between (a) TOC content and pore length density, (b) MAOC
889 content and pore length density and (c) POC content and < 15 μm pores in the thawing process.

