

# Sediment fluxes dominate glacial-interglacial changes in ocean carbon inventory: results from factorial simulations over the past 780,000 years

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**Abstract.** Atmospheric CO<sub>2</sub> concentrations varied over ice age cycles due to net exchange fluxes of carbon between land, ocean, marine sediments, lithosphere, and the atmosphere. Marine sediments and polar ice cores archived indirect biogeochemical evidence of these carbon transfers, which resulted from poorly understood responses of the various carbon reservoirs to climate forcing. Modelling studies proved the potential of several physical and biogeochemical processes to impact atmospheric CO<sub>2</sub> under steady-state glacial conditions. Yet, it remains unclear how much they affected carbon cycling during transient changes of repeated glacial cycles, and what role burial and release of sedimentary organic and inorganic carbon and nutrients played. Addressing this knowledge gap, we produced a simulation ensemble of various idealized physical and biogeochemical carbon cycle forcings over the repeated glacial inceptions and terminations of the last 780 kyr with the Bern3D Earth system model of intermediate complexity, which includes dynamic marine sediments. This ensemble allows for assessing transient carbon cycle changes due to these different forcings and gaining a process-based understanding of the carbon fluxes resulting from the forcings, and the associated isotopic shifts that could serve as proxy data, in a continuously perturbed Earth system. We present results of the simulated Earth system dynamics in the non-equilibrium glacial cycles and a comparison with multiple proxy time series. In our simulations, the forcings cause sedimentary perturbations that have large effects on marine and atmospheric carbon storage. Dissolved Inorganic Carbon (DIC) changes differ by a factor of up to 28 between simulations with and without interactive sediments, while CO<sub>2</sub> changes in the atmosphere are up to four times larger when interactive sediments are simulated. The relationship between simulated DIC (-1800–1400 GtC) and atmospheric CO<sub>2</sub> change (-170–190 GtC) over the last deglaciation is strongly setup-dependent, highlighting the need for considering multiple carbon reservoirs and multi-proxy analyses to more robustly quantify global carbon cycle changes during glacial cycles. Finally, initiating transient simulations with an interglacial geologic carbon cycle balance causes isotopic drifts that require several 100 kyr to overcome. These model drifts need to be considered when designing spin-up strategies.

## 1 Introduction

During the Quaternary, the Earth's carbon cycle repeatedly shifted between low atmospheric CO<sub>2</sub> during glacial periods and elevated mixing ratios during interglacials in orbitally-paced cycles (Petit et al., 1999; Siegenthaler et al., 2005; Lüthi et al., 25 2008). The reconstructed evolution of atmospheric CO<sub>2</sub> from Antarctic ice cores aligns closely with temperature and is lagged by ice sheet extent, suggesting a close coupling of climate and the carbon cycle (e.g. Shackleton, 2000; Bereiter et al., 2015). Yet, simulating atmospheric CO<sub>2</sub> changes that are consistent with reconstructed CO<sub>2</sub> and other proxy data is challenging because the observed carbon cycle changes were the result of complex Earth system responses to climate forcing (Schmittner, 2008).

30 Changing ocean chemistry is often attributed an important role in these cycles because of the considerable size of the marine carbon reservoir (Broecker, 1982a) and because reconstructions show that overall there was likely less carbon stored on land (in vegetation, permafrost, peatlands and soils) at the Last Glacial Maximum (LGM) than during the current warm period (Yu et al., 2010; Lindgren et al., 2018; Jeltsch-Thömmes et al., 2019). A multitude of physical and biogeochemical processes have been assessed for their contribution to changes in the marine carbon storage on these timescales (e.g. Kohfeld and Ridgwell, 35 2009; Sigman et al., 2010; Fischer et al., 2010), and their relative importance for the CO<sub>2</sub> difference between the LGM and the late Holocene have been tested in numerical simulations with dynamic ocean models (e.g. Brovkin et al., 2012; Menviel et al., 2012). Changes in ocean circulation and increased CO<sub>2</sub> solubility due to lower temperatures contributed to the lower glacial atmospheric CO<sub>2</sub> concentration (Broecker, 1982a; Smith et al., 1999; Brovkin et al., 2007; Sigman et al., 2010; Fischer et al., 2010), while increased salinity and surface ocean dissolved inorganic carbon (DIC) concentrations due to lowered sea 40 levels tend to counteract this effect by stimulating CO<sub>2</sub> outgassing to the glacial atmosphere (Weiss, 1974; Broecker, 1982a; Brovkin et al., 2007). Furthermore, reduced CO<sub>2</sub> outgassing from the Southern Ocean due to a greater extent of sea ice isolating the surface ocean from the atmosphere, and enhanced stratification due to brine rejection during sea ice formation are other physical processes suggested to have affected the glacial carbon cycle (Stephens and Keeling, 2000; Bouttes et al., 2010).

Marine biogeochemical processes that lead to lower atmospheric CO<sub>2</sub> include a shift of organic carbon remineralization 45 to greater depths, as well as increased export production due to increased nutrient supply from emerged shelves (phosphate) and enhanced dust deposition (iron, silica) and changes in Southern Ocean dynamics and nutrient utilization, which would have counteracted the effect of colder temperatures and large sea ice extent on surface ocean export production and nutrient utilization (Broecker, 1982b; Martin, 1990; Pollock, 1997; Deutsch et al., 2004). In a (hypothetical) closed atmosphere-ocean system, the combination of these processes results in increased marine carbon storage during glacials, but not necessarily in 50 the open Earth system because the carbon removed from the surface ocean and atmosphere by these processes could have been sequestered in the water column as DIC or particulate carbon but also in marine sediments. Carbon can also be transferred to the land. Constraints on glacial atmospheric CO<sub>2</sub> can be reconciled with increased and decreased marine DIC inventory in an open system (Jeltsch-Thömmes et al., 2019; Kemppinen et al., 2019), though reproducing reconstructed carbon isotopic changes in atmosphere and ocean seems to require elevated DIC at the LGM (Jeltsch-Thömmes et al., 2019).

55 It is very probable that changing sedimentary carbonate and particulate organic carbon (POC) burial played a relevant role in glacial-interglacial carbon cycle changes by altering seawater carbonate chemistry, carbonate ion concentrations, carbon isotope ratios, and oxygenation. Particularly, continental shelves have emerged from the ocean during glacial sea level low stands and provided new reef habitats and carbonate deposition environments during deglaciations and interglacials (e.g. Broecker, 1982b; Opdyke and Walker, 1992; Ridgwell et al., 2003; Brovkin et al., 2007; Menviel and Joos, 2012). Additionally, carbonate  
60 burial changes in the open ocean have been considered as amplifiers of marine carbon uptake (e.g. Archer and Maier-Reimer, 1994; Kohfeld and Ridgwell, 2009; Schneider et al., 2013; Roth et al., 2014; Kerr et al., 2017; Kobayashi et al., 2021). Organic carbon burial is also prone to vary in response to changes in the rain rate of POC sinking to the sea floor and altered oxygenation. Previous model simulations, that included POC burial, showed that interactive sediments greatly affect atmospheric CO<sub>2</sub> and carbon isotope variations through the burial-nutrient feedback, whereby enhanced burial of organic-bound carbon and  
65 nutrients reduces export production (Tschumi et al., 2011; Roth et al., 2014; Jeltsch-Thömmes et al., 2019; Jeltsch-Thömmes and Joos, 2023). Reconstructions of marine burial changes over the last glacial cycle suggest a reduction in globally-integrated inorganic carbon burial (Cartapanis et al., 2018; Wood et al., 2023) during the last glacial period, but increased organic (Cartapanis et al., 2016) sedimentary carbon burial. The extents of both changes are uncertain due to the spatial heterogeneity of sedimentary burial and the inherently local nature of marine archives, but possibly of comparable magnitude to terrestrial carbon  
70 stock changes (Cartapanis et al., 2016, 2018). These findings demonstrate that organic and inorganic sedimentary changes and imbalances with weathering fluxes need to be considered when quantifying carbon reservoir changes of the ocean, atmosphere, and land and interpreting the reconstructed changes in CO<sub>2</sub>, carbonate ion concentrations, isotopes, and nutrients over glacial cycles.

Model-based estimates of carbon and carbon isotope inventory differences between glacial and interglacial periods are complicated by temporal carbon cycle imbalances during the continuously evolving climate of glacial cycles. This is particularly  
75 challenging when simulating dynamic elemental cycling in and burial from reactive marine sediments and the input of elements by weathering and volcanic outgassing because of long-lasting re-equilibration and memory effects in carbon and nutrient fluxes and particularly isotopic changes (Tschumi et al., 2011; Jeltsch-Thömmes and Joos, 2020). Dynamic sedimentary adjustment, i.e. the equilibration of sedimentary dissolution and remineralization to changes in bottom water which slowly  
80 diffuse into sedimentary porewater, and imbalances between the supply (weathering) and loss (sedimentary burial) of carbon and nutrients also increase the equilibration time of atmospheric CO<sub>2</sub> by a factor of up to 20 to several tens of thousands of years and the resulting  $\delta^{13}\text{C}$  perturbations take hundreds of thousands of years to recover (Roth et al., 2014; Jeltsch-Thömmes et al., 2019; Jeltsch-Thömmes and Joos, 2023). Importantly, the equilibration time scales are longer than typical interglacials in the late Pleistocene, which opens up the possibility for memory effects that span several glacial cycles.

85 A caveat of several modeling studies attempting to quantify carbon reservoir sizes at the LGM is that they assume a steady state carbon cycle in a closed (atmosphere-ocean only) system and do not account for the history of environmental changes that pre-dated the LGM but could have introduced long-lasting memory effects. Transient simulations of an entire glacial cycle with a fully dynamic marine and sedimentary carbon cycle showed that time lags in the carbon cycle response to orbital forcing add constraints for the identification of the processes that caused glacial CO<sub>2</sub> changes (Menviel et al., 2012). In particular, im-

90 balances between marine carbon burial and continental weathering and the long marine residence time of phosphate delay the  
CO<sub>2</sub> increase during the temperature rise of deglaciations. Accounting for these long-term effects in their experimental design,  
transient simulations of more than one glacial cycle showed that reconstructed atmospheric CO<sub>2</sub> and benthic marine  $\delta^{13}\text{C}$   
changes over the last 400 kyr could be reasonably well simulated with a combination of physical (radiative and ocean volume  
95 tion depth, additional nutrient supply during glacials, shallow water carbonate burial changed) Ganopolski and Brovkin, 2017).  
Yet, shallow water carbonate burial was prescribed and POC burial not included in the simulations, which begs the question  
how the effect of the considered processes on glacial-interglacial atmospheric CO<sub>2</sub> and carbon isotopic ratios changes if the  
sediments are dynamically calculated. Recently, simulations of glacial-interglacial cycles beyond the Mid-Brunhes transition  
(~430 ka) were run with a box model (Köhler and Munhoven, 2020) and a purely physical model (Stein et al., 2020) which  
100 are unable to capture transient and spatially heterogeneous interactive sediments. CLIMBER-2, a fully coupled intermediate-  
complexity Earth system model, was run stepwise over the last 3 Myr, but the results were not analysed for the carbon cycle  
dynamics (Willeit et al., 2019).

Here we examine systematically how the transient built-up and dissolution of marine sediments on glacial-interglacial  
timescales affects the carbon cycle changes produced by the various processes suggested to be relevant on these timescales,  
105 a gap left by previous studies. Instead of searching for the most likely scenario that reconciles the vast proxy evidence, we  
attempt to gain a more complete process understanding and overview of the proxy-relevant signals that these processes cause  
in the presence of weathering-burial imbalances. With this goal, we extend factorial simulations of multiple simplified physical  
and biogeochemical forcings in a marine sediment and isotope-enabled intermediate complexity Earth system model over the  
last 780 kyr and compare the resulting carbon and carbon isotopic signals to reconstructions. The long timescale is chosen  
110 to avoid biases resulting from steady state assumptions and account for the possibility of memory effects under continuously  
varying climate and carbon cycle that could span multiple glacial cycles. Consequently, all carbon stores are achieved dynami-  
cally rather than being prescribed. We present two sets of simulations with and without interactive sediments to distinguish the  
role of interactive sediments in the carbon cycle changes caused by the tested forcings over reoccurring glacial cycles of the  
last 780 kyr.

## 115 **2 Methods**

### **2.1 Bern3D v2.0s**

We simulated the Earth system's transition through the last 780 kyr of glacial cycles with the intermediate complexity Earth  
system model Bern3D v2.0s, which has an irregular 41×40 grid (lowest resolution: lat×lon = 5°×10° in the North Pacific,  
highest resolution: lat×lon = 3°×7° in the Equatorial Atlantic) in the horizontal and 32 logarithmically spaced ocean depth  
120 layers. The model combines modules for 3D physical ocean dynamics, marine biogeochemistry, marine interactive sediments,  
and atmospheric energy-moisture balance.

The physical ocean component transports tracers through the ocean by advection, convection, and diffusion. Euphotic zone production depends on temperature, light, sea ice cover, and nutrient (phosphate, iron, silica) availability (Parekh et al., 2008; Tschumi et al., 2011) and explicitly calculates carbon isotope dynamics (Jeltsch-Thömmes et al., 2019). In our setup, a fraction  
125 of the particulate organic matter formed in the surface ocean is instantly remineralized following an oxygen concentration dependent version of the globally-uniform Martin curve (Battaglia and Joos, 2018) and particulate inorganic carbon and opal dissolution occurs according to globally-uniform e-folding profiles. The remaining solid particles reaching the sediment-ocean interface enter reactive sediments, where they are preserved, remineralized, or redissolved depending on dynamically calculated porewater chemistry, and mixed by bioturbation (Tschumi et al., 2011). CaCO<sub>3</sub> dissolution rates in the sediments are  
130 determined from the pore water saturation state, and POC remineralisation is parameterised by a linear dependence on pore-water O<sub>2</sub> (Heinze et al., 1999; Tschumi et al., 2011). The model contains 10 layers of reactive sediments. As matter gets pushed downward out of the bottom layer ('sedimentary burial'), it is lost to the modelled inventories. These loss fluxes are at equilibrium compensated for by a corresponding solute input flux from land into the coastal surface ocean. The (pre-industrial) land-sea mask and bathymetry are fixed throughout the spin-up and simulations.

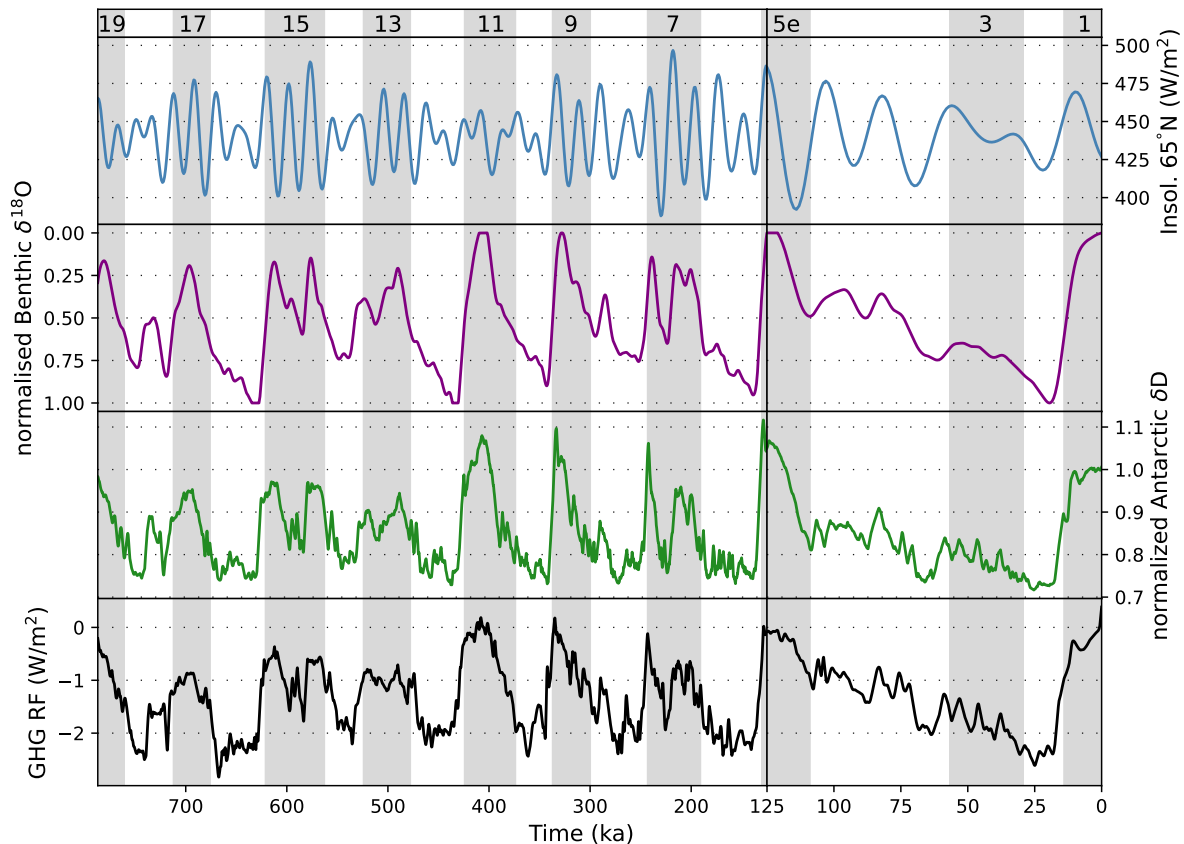
## 135 **2.2 Model spin-up with interglacial boundary conditions**

We spun up the model with pre-industrial boundary conditions in three stages, sequentially coupling all modules, for computational efficiency. First, we forced the ocean circulation and then the atmosphere-ocean carbon cycle as a closed system with pre-industrial climatic conditions and prescribed CO<sub>2</sub> for 20 kyr. In the next step, the sediment module is coupled and terrestrial solute supply (phosphate, alkalinity, DIC, DI<sup>13</sup>C and Si) to the ocean is set to dynamically balance the loss through  
140 sedimentary burial for 50 kyr. At the end of this stage, the solute input flux required to balance sedimentary burial is diagnosed (Table S1) and kept constant for the rest of the spin up procedure and throughout our transient experiments. Until this stage, atmospheric CO<sub>2</sub> and δ<sup>13</sup>C were prescribed. The spun up model for the pre-industrial was then run for 2000 years as an open system (freely evolving CO<sub>2</sub> and δ<sup>13</sup>C) with radiative forcing that varied linearly from PI to the slightly different MIS19 conditions, the starting point of our experiments. The total length of the spin-up to this point was 72 kyr. To avoid large  
145 drifts in carbon isotopes and alkalinity (Jeltsch-Thömmes and Joos, 2023, explained at the end of our results section) in the simulations with the forcings that perturbed the carbon cycle the most (PO4, REMI, LAND, CO2T, BGC, ALL, described in the next section), we ran the fully-interactive model with each respective forcing for two glacial cycles (215 kyr) before starting our experiments. We discuss the relevance of initial conditions and imbalances of the geologic carbon cycle at the end of the manuscript. Model limitations due to constant terrestrial solute supply are discussed in SI.5.

## 150 **2.3 Experimental design**

Data constraints on carbon cycle forcings are too sparse to know exact magnitudes and timings of the forcings that might have varied spatially and temporarily over the last eight glacial cycles. An inverse estimation of the forcings from the resulting proxy signals requires a different simulation ensemble and is beyond the scope of our study. Rather than trying to guess the most proxy consistent forcing amplitudes and patterns, we designed seven simplified forcings, each with one exemplary magnitude,

155 to simulate the generic effects of processes that have been identified as glacial-interglacial carbon cycle drivers. Except for the  
orbital changes, which were calculated following Berger (1978); Berger and Loutre (1991) and the reconstructed CO<sub>2</sub>, N<sub>2</sub>O  
and CH<sub>4</sub> curves (Loulergue et al., 2008; Joos and Spahni, 2008; Bereiter et al., 2015; Etminan et al., 2016), which we used  
to calculate the radiative forcing of greenhouse gas changes, the amplitudes of the forcings were set to cause noticeable CO<sub>2</sub>  
or circulation shifts, informed by previous studies (e.g. Tschumi et al., 2011; Menviel and Joos, 2012; Menviel et al., 2012;  
160 Jeltsch-Thömmes et al., 2019; Pöppelmeier et al., 2020). We produced timeseries of these forcings by defining a maximum  
forcing amplitude for the LGM, a minimum for the Holocene and then modulating this amplitude by reconstructed relative  
changes in the temporal evolution of either Antarctic ice core  $\delta D$  (Jouzel et al., 2007) or benthic  $\delta^{18}O$  (Lisiecki and Raymo,  
2005) for each year (Fig. 1). The choice of the isotope record for calculating the instantaneous forcing depends on whether  
we expect the forcing to evolve synchronously with temperature like  $\delta D$  or have a time lag similar to  $\delta^{18}O$  (see section SI.5  
165 for a discussion of the limitations). In all simulations, we prescribed the radiative effect of CO<sub>2</sub> in the atmosphere, so that all  
simulations have the same radiative forcing from greenhouse gases despite differences in simulated CO<sub>2</sub>.



**Figure 1.** Forcing timeseries. Insolation changes (top panel) are calculated according to Berger (1978); Berger and Loutre (1991). The  $\delta^{18}\text{O}$  forcing (second panel) is the LR04 stack (Lisiecki and Raymo, 2005), smoothed by averaging over a 10000-year moving window and normalized to the LGM-PI difference. The  $\delta\text{D}$  forcing (third panel) is taken from Jouzel et al. (2007) and normalized to the LGM-PI difference. The radiative forcing (RF) of  $\text{CO}_2$ ,  $\text{N}_2\text{O}$  and  $\text{CH}_4$  (greenhouse gasses 'GHG', bottom panel) is calculated from Bereiter et al. (2015); Loulergue et al. (2008); Joos and Spahni (2008) following Etminan et al. (2016). Gray shading indicate uneven Marine Isotope Stages (MIS).

Specifically, we performed one 'base' run with orbital and radiative forcing only, one model run for different forcings, each added to the base forcing, and combinations of the individual forcings to study non-linear effects that appear when processes interact. All of these experiments are run once with and once without interactive sediments, to examine the effect of sediment perturbations on the results. The forcings and their rationale are described below. The experiments are summarized in Table 1.

The application of the standard forcing in simulation BASE causes temperature changes associated with orbital, albedo, and greenhouse gas changes which affect solubility, sea ice and circulation, e.g. slightly weakening AMOC (by up to 4.5 Sv, Fig. S8) and resulting in younger deep water masses in the Atlantic and Pacific during the LGM than at the PI, which is inconsistent with proxy data and thus indicates that additional Earth system changes must have occurred (Pöppelmeier et al., 2020). To achieve an older glacial deep ocean (diagnosed with an ideal age tracer), we reduced the wind stress south of 48°S by a maximum of 40% (simulation SOWI) temporally changing proportionately to the  $\delta\text{D}$  change because we assume that

wind strength over the Southern Ocean evolved without temporal lags to Antarctic temperature. As a result, the South Pacific downwelling is strengthened by up to 1.5 Sv locally in glacials, AMOC strength is further reduced by up to 1 Sv and the simulated deep ocean age is  $\sim 100$  years older in the LGM than in the PI, close to published model estimates (Schmittner, 2003). In this set-up, changing wind stress only affects the circulation, not the piston velocity of gas exchange, which is forced by a wind-speed climatology. For an independent assessment of the effect of wind speed changes on sea-air gas exchange, we performed a simulation in which we decreased the piston velocity in the Southern Ocean by a maximum of 40% (KGAS), also following the evolution of  $\delta D$ . Next, we tested an additional negative radiative forcing due to increased dust loads in the glacial atmosphere (e.g. Claquin et al., 2003) by reducing the total radiative forcing by a maximum of  $2.5 \text{ W/m}^2$  during the LGM to test the effects of stronger AMOC weakening (AERO), modulated by the  $\delta^{18}\text{O}$  record based on the reconstructed correlation between dust and  $\delta^{18}\text{O}$  (Winckler et al., 2008, similar to the study of long-term circulation changes in Adloff et al. (2024)). Under this forcing, the AMOC weakens by up to 12 Sv relative to PI during glacial maxima (the model behaviour to this forcing is described more extensively in Adloff et al., 2024) and water mass age rises to up to 1000 years in the deep North Atlantic as glacial deep water formation now only occurs in the Southern Ocean. In terms of biogeochemical forcings, we mimicked a terrestrial carbon sink/source by removing/adding 500 PgC during deglaciation/ice age inception (LAND Jeltsch-Thömmes et al., 2019) and increased the marine phosphate inventory by 30% during the glacial maxima by a globally-uniform supply of phosphate into the surface ocean (PO4). The timeseries of both forcings are proportional to  $\delta^{18}\text{O}$  changes, because we assume that both are lagging behind temperature changes due to continental ice-sheets and changing terrestrial environments. Effectively, our nutrient forcing reduces nutrient limitation globally. Rather than simulating the effects of different nutrient inputs in different regions (e.g. iron in the Southern Ocean, phosphate at shelves), we decided to group all these in one simulation with a global forcing because their net effect, increased export production, would be the same in our model, just in different regions. This is the only forcing that we did not apply to the model without interactive sediments because, while nutrients can be added to the surface ocean periodically, there is no simple way of artificially extracting nutrients from the ocean in return. We also reduced the speed of aerobic organic matter remineralization in the ocean by transitioning between the standard, pre-industrial Bern3D particle profile (Martin scaling) during interglacials and a linear profile in the first 2000 m of the water column (REMI, Fig. S9), following the  $\delta D$  record, since we assume that remineralization changes happened synchronously with temperature change. Next, we reduced the PIC:POC rain ratio by 33% in the LGM (PIPO) and similarly modulated the forcing timeseries with the  $\delta D$  record. In addition we performed one run in which we let the model dynamically apply external alkalinity fluxes (in addition to the constant terrestrial solute supply applied in each simulation, see spin-up methodology) to restore the reconstructed atmospheric  $\text{CO}_2$  curve (CO2T). In this simulation, the model evaluates the difference between the simulated and reconstructed  $\text{CO}_2$  at each time step and adds or removes the marine alkalinity required to cause the necessary compensatory air-sea carbon flux from the surface ocean. Alkalinity changes, e.g. due to changes in shallow carbonate deposition or terrestrial weathering, are an effective lever for atmospheric  $\text{CO}_2$  change (e.g. Brovkin et al., 2007), and this additional run shows the long-term changes in marine biochemistry if this was the dominant driver of glacial-interglacial atmospheric  $\text{CO}_2$  change.



**Table 1.** Forcing scenarios. Simulations are run in two configurations: the standard setup with interactive sediments and a closed-system setup without sediments (except PO4).

ID	Description	LGM-PI amplitude	Modulating proxy
BASE	orbital changes + radiative effect of greenhouse gasses + ice sheet albedo		CO <sub>2</sub> , CH <sub>4</sub> , δ <sup>18</sup> O
SOWI	BASE + Wind stress strength over Southern Ocean (>48 °S)	-40%	δD
KGAS	BASE + gas transfer velocity in Southern Ocean	-40%	δD
AERO	BASE + Radiative forcing from dust particles	-2.5 W/m <sup>2</sup>	δ <sup>18</sup> O
PHYS	BASE + all physical forcings combined		
LAND	BASE + land C storage	-500 PgC	δ <sup>18</sup> O
REMI	BASE + linear glacial remineralization profile in upper 2000m	linear	δD
PIPO	BASE + PIC:POC changes	-0.33	δD
PO4	BASE + marine PO <sub>4</sub> reservoir	+30%	δ <sup>18</sup> O
BGC	BASE + all biogeochemical forcings combined		
ALL	BASE + all forcings combined		
CO2T	BASE + restoring reconstructed atm. CO <sub>2</sub> concentrations	-90 ppm	CO <sub>2</sub>

For the discussion of the simulations, we quantify the factorial effect of the simulated forcings on different carbon cycle metrics. In simulation BASE, only the standard forcing is active (see table 1), hence the factorial effect of the standard forcing is equal to the simulated change:

$$fBASE = BASE$$

- 215 In the simulations that combine the standard forcing with one other forcing, the factorial effect of the additional forcing is the difference between the respective simulation and BASE:

$$fFORC = FORC - fBASE$$

In simulations PHYS, BGC and ALL several forcings are combined. We use these simulations to determine non-linearities by calculating the difference between the results of these simulations and the linear addition of the individual effects of the active

220 forcings:

$$nlPHYS = PHYS - (fBASE + fKGAS + fSOWI + fAERO)$$

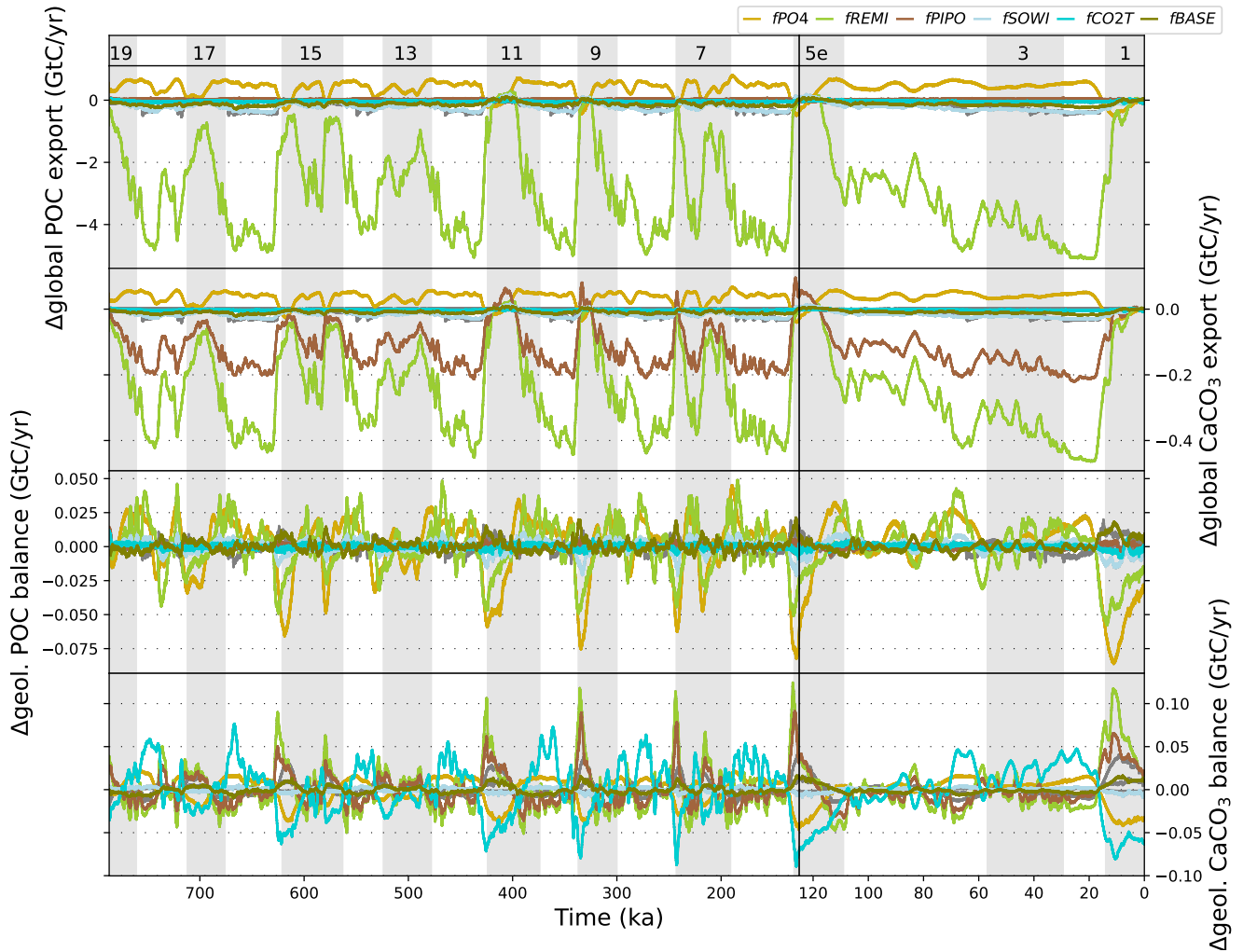
$$nlBGC = BGC - (fBASE + fREMI + fPO4 + fPIPO + fLAND)$$

$$nlADD = ALL - PHYS - BGC + BASE$$

$$nlTOT = nlPHY + nlBGC + nlADD$$

### 225 **3 Results**

The general response of marine biogeochemistry to the applied forcings has been tested and described in previous studies (e.g. Tschumi et al., 2008, 2011; Menviel and Joos, 2012; Menviel et al., 2012; Jeltsch-Thömmes et al., 2019; Jeltsch-Thömmes and Joos, 2020), here we therefore just provide a brief summary and focus more extensively on their effect on the sediments. A more detailed analysis of the model behaviour under each forcing is provided in the supplementary material.



**Figure 2.** Transient variations of POC and  $\text{CaCO}_3$  export production and geologic imbalance (i.e. the difference between accumulation of these materials in marine sediments and the lithosphere minus the constant supply into the surface ocean that mimics terrestrial weathering and volcanism in our simulations) due to the applied forcings. Shown are the factorial results for each simulation. The results that are explicitly mentioned in the text are shown in colour, the others are shown in gray. Gray shading indicates uneven MIS as indicated at the top of the figure. See Fig. S10 for absolute changes in the simulations.

230 In our set-up, carbon exchange between the atmosphere, ocean, and sediments reacts to climatic and biogeochemical changes while weathering input fluxes of DIC, alkalinity, and  $\text{PO}_4^{3-}$  are constant over time. Thus, a carbon flux imbalance arises in our simulations in response to the applied forcings (Fig. 2 for factorial results, see Fig. S10 for absolute fluxes). All forcings except  $fPO4$  reduce global export production during glacial phases, either due to cooling and expanding sea ice or increased nutrient limitation. In addition to export production, the net C exchange between sediments and the ocean is changed by the  
 235 applied forcings via changing benthic seawater composition, either through circulation, solubility, or biogeochemical changes.

Cooling reduces global sediment accumulation rates of  $\text{CaCO}_3$  and POC during glacial phases due to the reductions in export production (*fBASE*). In consequence, sequestration of  $\text{CaCO}_3$  and POC from the reactive sediments (i.e. sedimentary burial) is also reduced in response to these forcings, since it is governed by the sedimentary mass accumulation rate. Instead, reduced marine  $\text{O}_2$ , due to the deepened remineralization (*fREMI*), increases the preservation of sedimentary POC during glacial phases. Hence, POC accumulation is higher during glacial than interglacial phases, while the opposite temporal change occurs for  $\text{CaCO}_3$  accumulation due to reduced  $\text{CaCO}_3$  export production. Reduced nutrient limitation during glacial phases (*fPO4*) causes more, rather than less, export production during glacial phases. Increased ALK supply in simulation CO2T causes larger sedimentary  $\text{CaCO}_3$  accumulation during glacial phases and dissolution events during deglaciations.

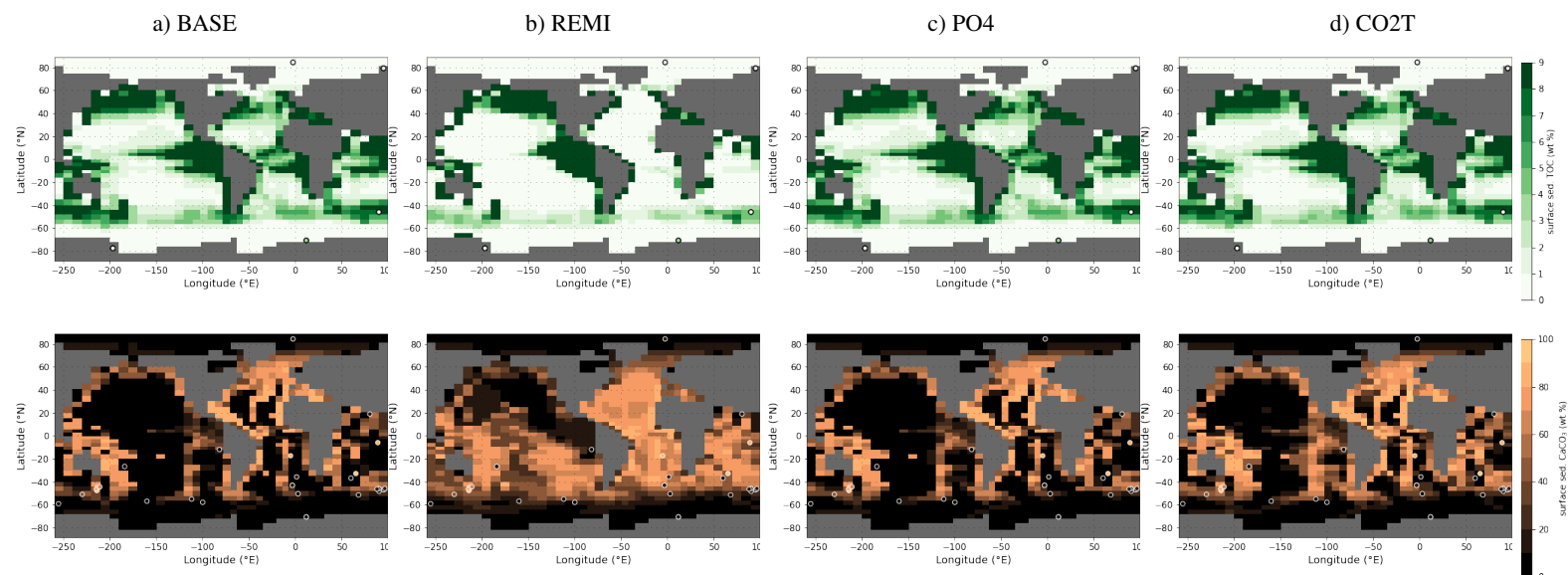
How do the simulated sedimentary changes in our factorial setup compare in magnitude and sign with carbon cycle proxy records?

We discuss this question first by focusing directly on changes in the carbon stored as sedimentary organic and inorganic matter and changes in the benthic carbonate system, before studying their effects on four essential carbon cycle metrics: deep ocean  $\text{CO}_3^{2-}$ , atmospheric  $\text{CO}_2$ , marine DIC, and  $\delta^{13}\text{C}$ . Individual proxy records were selected for their resolution or length. This is not an attempt at a comprehensive compilation of proxy records, nor an attempt to understand individual records in detail. Rather we aim to understand why the tested forcings do or do not reproduce prominent spatial or temporal patterns in the proxy records. It is also important to note that our simulations are designed to constrain the potential and plausibility of major contributions of the tested forcings to the observed glacial-interglacial atmospheric  $\text{CO}_2$  changes, rather than reproducing a full, realistic scenario. We therefore do not expect that any single simulation presented in our study captures all features of the reconstructed carbon cycle changes over glacial-interglacial cycles. Instead, we investigate the isolated forcings, which occurred simultaneously in reality, and quantify their effects during eight consecutive glacial cycles. Comparing our results to selected proxy records, we discuss processes behind specific patterns of carbon cycle change and the role of weathering-burial imbalances in these. the remaining challenges in reconciling the many carbon cycle reconstructions that are now available.

### 3.1 Sedimentary burial and $\text{CO}_3^{2-}$ concentrations

Reconstructions of global POC burial flux changes over the last glacial cycle (Cartapanis et al., 2016) indicate that POC burial was smallest during interglacials, and gradually rose during glacial phases until it peaked during the LGM. *fSOWI*, *fREMI* and *fPO4* are the only effects which produce higher POC burial fluxes during glacial maxima than during interglacials (Fig. 2), and the latter two are the only ones strong enough to overprint the opposite effect due to cooling (*fBASE*, Fig. S10). However, the simulated increase in POC burial already occurs during the glacial inception, such that the highest burial rates persist throughout most of the glacial phase while in the reconstructions they remain close to the interglacial value through MIS4. Reconstructions of global  $\text{CaCO}_3$  burial changes over the last glacial cycle (Cartapanis et al., 2018) show that burial rates decreased in most ocean basins during glacial inception, while they increased in the Southern Ocean, resulting in only minor glacial-interglacial changes in the global average. Physical forcings (e.g. *fSOWI* in Fig. 2) do not affect  $\text{CaCO}_3$  burial rates during glacial inception, consistent with the reconstruction, while *fPO4* and *fCO2T* produce burial increases and *fPIPO* and *fREMI* produce decreases between MIS5 and MIS3. However, the physical forcings fail to decrease  $\text{CaCO}_3$  burial rates

270 during MIS3 and MIS2. *fREMI* and *fPIPO* decrease  $\text{CaCO}_3$  burial during MIS3 and MIS2 but cause much larger burial events in MIS1 than reconstructed (Fig. 2, see also Figs S2, S4, S5, S6, S7).

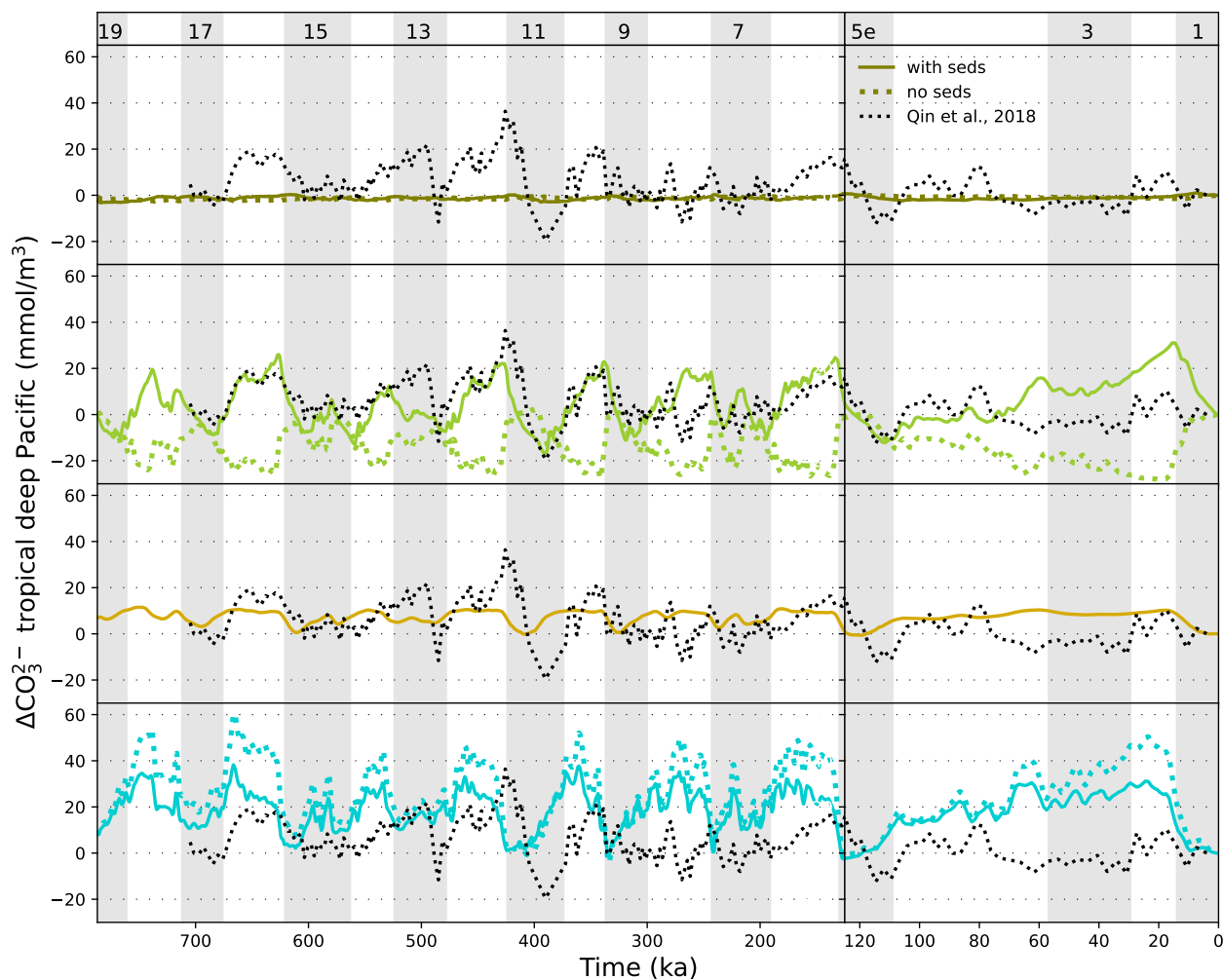


**Figure 3.** Sedimentary POC and  $\text{CaCO}_3$  fractions during LGM (Cartapanis et al., 2016; Wood et al., 2023) as reconstructed (circles) and in simulations PHYS, REMI, PO4 and CO2T (underlying maps). Shown are only data points that fall into the local benthic grid box of the model. The root mean square errors of simulated and reconstructed values are (from left to right): 7.4 %, 3.3 %, 7.4 % and 6.4 % for POC (top row) and 33.6 %, 31.5 %, 33.3 % and 34.4 % for  $\text{CaCO}_3$  (bottom row).

Most forcings increase the POC content of surface sediments (top 10 cm) during the LGM (Fig. 3 top row), the exception being *fREMI*, which decreases POC outside the East Pacific. However, too few reconstructions exist for depths that are consistent with our model bathymetry for a quantitative model-data comparison. For  $\text{CaCO}_3$ , a few more data points fall within our benthic ocean grid cells. The cooling-related changes (*fBASE*) included in all simulations reproduce a data-consistent carbonate compensation depth (CCD) in most of the Southern Hemisphere extra-tropics but a too high CCD in the tropical South Atlantic and Indian Ocean and a too low CCD off Peru (Fig. 3 bottom row). REMI better captures these tropical CCD changes but produces a too low extra-tropical CCD. These model-data differences indicate that different processes might explain the LGM sedimentary composition in different basins, which is not captured by our globally uniform forcings.

280 The model has been tuned to the pre-industrial  $\text{CaCO}_3$  distribution. However, in our study late Holocene  $\text{CaCO}_3$  contents are the result of almost 800 kyr of transient simulation, which result in imbalances of the geologic carbon cycle at the simulation end even though the forcing is that of the Holocene (Table S2). Differences between the dynamically-achieved and observed pre-industrial sedimentary composition add context to the size of the simulated sedimentary fluxes and memory effects. The dynamically-evolved sedimentary POC content is similar across all simulations, while the  $\text{CaCO}_3$  content exhibits large-scale differences (Fig. S11, S12). Simulations with small sediment perturbations during the glacial cycle (e.g. SOWI, AERO and LAND, Fig. S12) result in  $\text{CaCO}_3$  contents that are similar to Holocene estimates. In simulations REMI and PIPO, the large

deglacial  $\text{CaCO}_3$  burial event results in higher sedimentary  $\text{CaCO}_3$  contents in the late Holocene than measured. Simulation  $\text{CO}_2\text{T}$ , on the other hand, has less sedimentary  $\text{CaCO}_3$  content during the late Holocene than measured. This is the result of strong dissolution due to forced alkalinity removal from the open ocean during deglaciations, mimicking e.g. coral reef building. It is therefore less likely that sedimentary  $\text{CaCO}_3$  was perturbed to the extent simulated in REMI, PIPO and  $\text{CO}_2\text{T}$ .

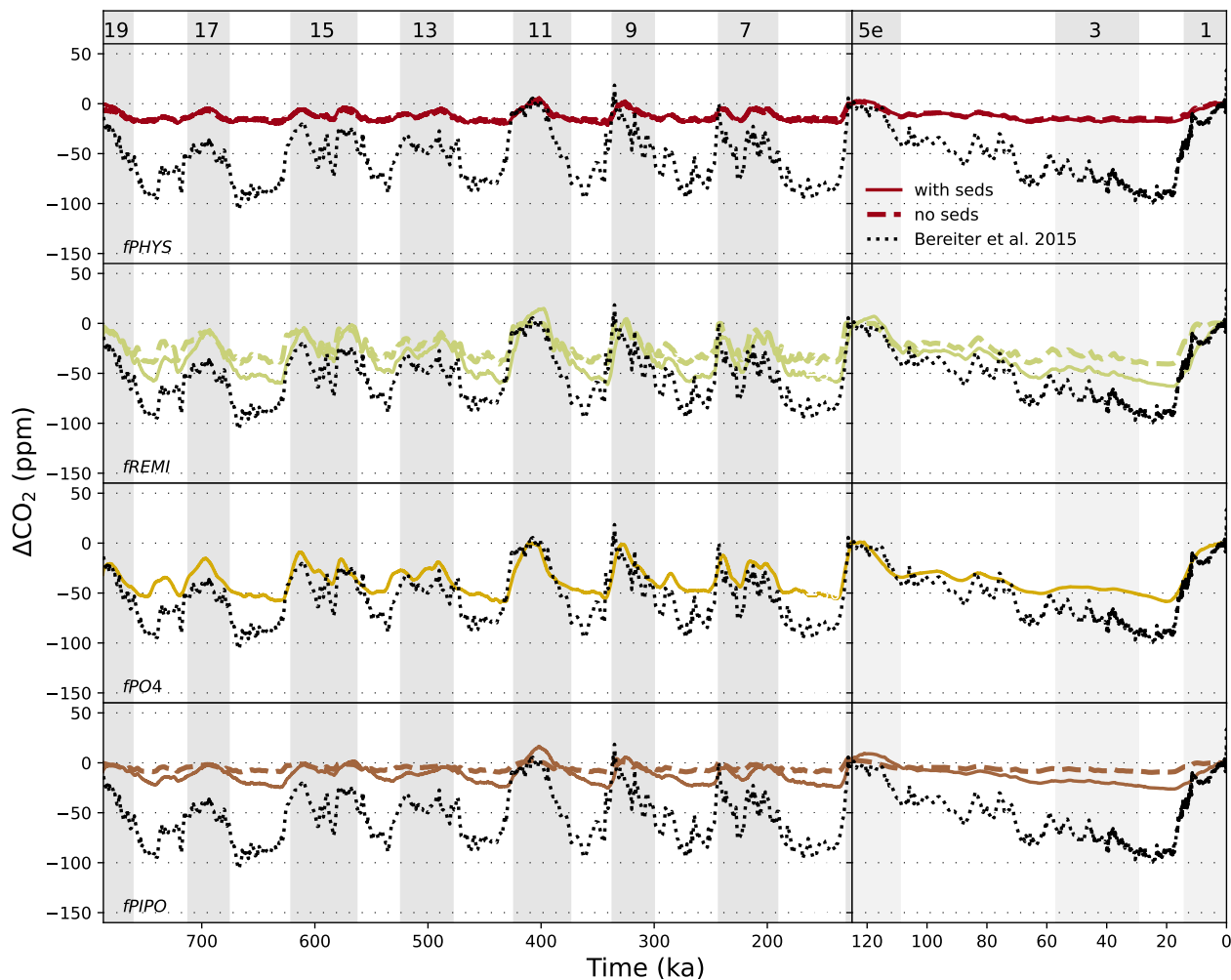


**Figure 4.** Evolution of  $\text{CO}_3^{2-}$  in the tropical deep Pacific as simulated for  $f\text{BASE}$ ,  $f\text{REMI}$ ,  $f\text{PO}_4$  and  $f\text{CO}_2\text{T}$  and reconstructed by Qin et al. (2018). The results of the other forcings are shown in Fig. S13.

Next, we address  $[\text{CO}_3^{2-}]$  changes. Kerr et al. (2017) found a repeated pattern of low benthic  $[\text{CO}_3^{2-}]$  in the tropical Pacific and Indian Ocean during interglacials and high  $[\text{CO}_3^{2-}]$  during glacials (difference of 20-55  $\text{mmol/m}^3$ ) throughout the last 500 kyrs. Qin et al. (2018) found that the same pattern extended over the last 700 kyrs. Physical forcings ( $f\text{BASE}$ ,  $f\text{KGAS}$ ,

*fSOWI*, *fAERO*, *fPHYS*) and *fPO4* have little effect on deep Pacific  $[\text{CO}_3^{2-}]$  over glacial cycles (Fig. 4, S13). Under the  
295 biogeochemical forcings (*fREMI*, *fPO4*, *fPIPO*, *fLAND*), the simulated glacial-interglacial  $[\text{CO}_3^{2-}]$  difference ranges  
from a few  $\text{mmol/m}^3$  to  $50 \text{ mmol/m}^3$ , and is caused by invasion of  $\text{CO}_2$  into the ocean, ALK redistributions within the ocean,  
and weathering-burial imbalances due to changes of the carbonate export flux and carbonate compensation (Broecker and  
Peng, 1987, , Fig. 4 and S13). *fREMI* and *fCO2T* cause the largest  $[\text{CO}_3^{2-}]$  changes in the deep equatorial Pacific. For  
the last glacial cycle, these simulated changes are larger than those reconstructed, suggesting that the forcings cause too large  
300 ALK re-distributions within the ocean or carbonate compensation during the last glacial cycle. Interestingly, however, during  
MIS13-MIS11 and the Mid-Brunhes transition, reconstructed  $[\text{CO}_3^{2-}]$  changes in the deep equatorial Pacific were larger than  
during the last glacial cycle (Qin et al., 2018, , Fig. 4). *fCO2T* and *fREMI*, which produced larger-than-reconstructed  
 $[\text{CO}_3^{2-}]$  changes over the last glacial cycle produced  $[\text{CO}_3^{2-}]$  changes more similar to those reconstructed for MIS13-MIS11.  
The variability of  $[\text{CO}_3^{2-}]$  amplitudes between glacial cycles in the record is not reproduced by any of our forcings, but  
305 While the reconstructed deep ocean  $[\text{CO}_3^{2-}]$  reservoir in the Pacific was relatively stable over the last deglaciation, a large  
 $[\text{CO}_3^{2-}]$  increase was reconstructed for the deep Atlantic (Qin et al., 2018; Yu et al., 2019). The different sensitivities of deep  
ocean  $[\text{CO}_3^{2-}]$  in the two basins is also apparent in all of our simulations (see examples in Fig. S14 and S15) and is the result of  
larger circulation and productivity changes in the Atlantic than Pacific. However, circulation changes produce lower  $[\text{CO}_3^{2-}]$  in  
the deep sub-polar North Atlantic during the LGM, while reconstructions suggest higher  $[\text{CO}_3^{2-}]$  (Yu et al., 2019). Higher deep  
310 Atlantic  $[\text{CO}_3^{2-}]$  at the LGM requires increased nutrient supply (*fPO4*), deeper remineralization (*fREMI*) or a net alkalinity  
input (*fCO2T*). These patterns appear with and without dynamic sediments in our simulations. Sediments mostly affect the  
amplitude and temporal evolution of deep  $[\text{CO}_3^{2-}]$  changes, not their spatial pattern (not shown).

### 3.2 Atmospheric $\text{CO}_2$

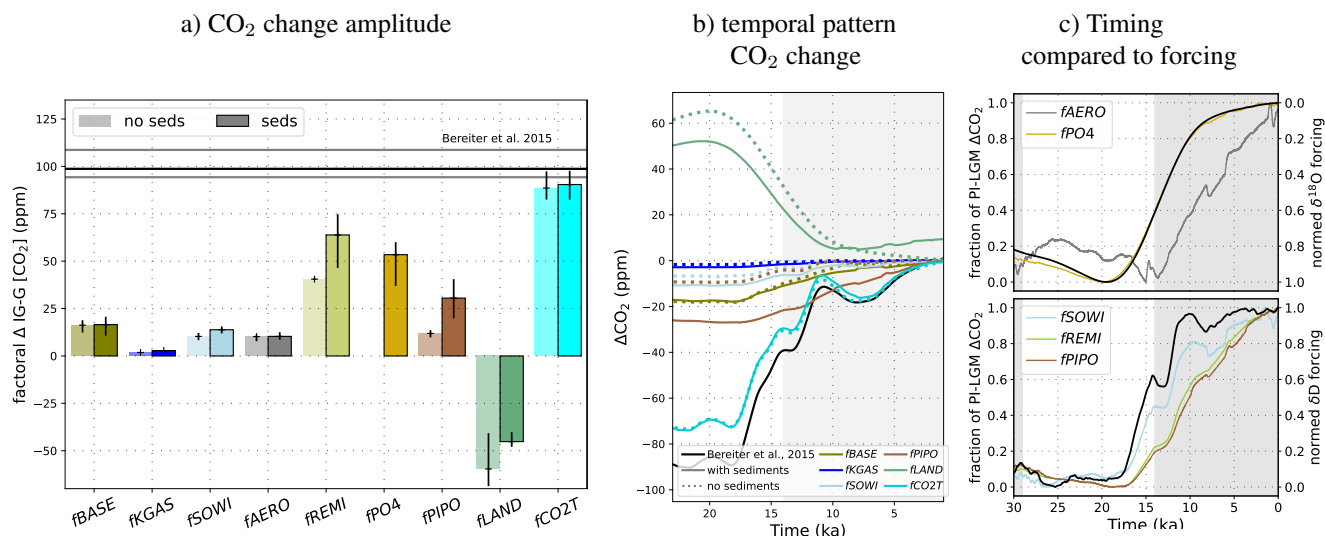


**Figure 5.** Transient variations of atmospheric  $\text{CO}_2$  due to effects *fPHYS*, *fPO4*, *fREMI*, and *fPIPO* and reconstructed by Bereiter et al. (2015). Shown is the deviation from the pre-industrial value. Gray shading indicates uneven MIS as indicated at the top of the figure. Dashed lines denote runs without sediment module (not available for *PO4*). The same plots for the other simulations are shown in S16.

Interactive sediments have a negligible effect on the atmospheric  $\text{CO}_2$  changes caused by physical forcings but largely alter the  $\text{CO}_2$  change effect of biogeochemical forcings (Fig. 5). Marine  $\text{CO}_2$  uptake and reduced export production due to physical forcings causes a net dissolution/reduced deposition of sedimentary  $\text{CaCO}_3$  during glacials and marine alkalinity and DIC build up as a consequence. A large fraction of the glacial DIC pool is eventually incorporated into  $\text{CaCO}_3$  and deposited during deglaciations with little effect on outgassing. Under biogeochemical forcings, the larger  $\text{CaCO}_3$  perturbations also have a larger effect on sea-air gas exchange. Another effect is the reduction of sedimentary organic carbon burial rates during interglacials in response to increased nutrient supply (*fPO4*) or a flattened remineralization profile (*fREMI*) during glacial phases. During deglaciations, sedimentary POC deposited during glacials is remineralized, which raises DIC and further reduces ALK, both



contributing to enhanced CO<sub>2</sub> outgassing. We explore the forcing-specific differences in more detail by focusing exemplarily on the last deglaciation.



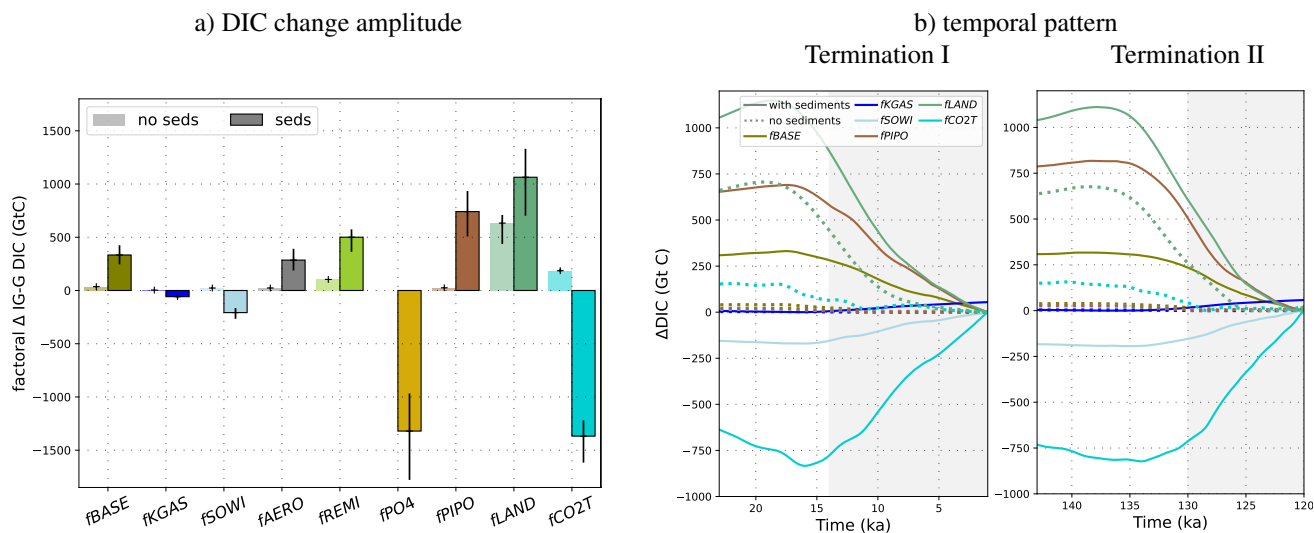
**Figure 6.** Effects of individual forcings on deglacial atmospheric CO<sub>2</sub> changes compared to reconstructions. a) shows the factorial contributions to the mean glacial-interglacial CO<sub>2</sub> amplitude over the last five glacial terminations (excluding terminations before the Mid-Brunhes transition), as well as the range between their minimum and maximum. Light colors indicate results without interactive sediments, full colors indicate results with interactive sediments. The mean, minimum and maximum amplitudes over the last five deglaciations in the ice core record (Bereiter et al., 2015) are shown by the black and gray horizontal lines. b) shows the factors discussed in the text transiently over the last termination. c) shows time lags between the factors and the respective forcing timeseries.

By design, CO<sub>2</sub> restoring causes marine carbon uptake that fills the gap between dynamic atmospheric CO<sub>2</sub> changes of *fBASE* and reconstructions (Fig. 6, S6, S16), so here we focus on the other forcings. Biogeochemical forcings produce the largest CO<sub>2</sub> differences between the LGM and PI with regard to the reconstructions (Fig. 5, 6a). The weathering-burial disequilibrium, which builds up over the glacial phase under these forcings, amplifies the deglacial CO<sub>2</sub> rise, particularly in *fREMI* and *fPIPO*. In both cases, sedimentary accumulation of CaCO<sub>3</sub> spikes during deglaciation, due to increased CaCO<sub>3</sub> export as the forcings wane (Fig. 2). The corresponding ALK reduction expels more CO<sub>2</sub> from the surface ocean into the atmosphere. In the case of *fREMI*, this is further enhanced by a reduction in sedimentary POC accumulation during the deglaciation, which reduces the C loss to the sediments. In both cases the sedimentary processes that amplify the deglacial CO<sub>2</sub> rise also reduce its speed and smooth out transient features of the δD record which are translated into transient atmospheric CO<sub>2</sub> changes in simulations without interactive sediments (Fig 6). These time lags are caused by the strengthened export production, which counteracts C degassing, and a large build-up of alkalinity and DIC during the glacial phase (amplified by interactive sediments, Fig. S17) which is only gradually reduced by enhanced CaCO<sub>3</sub> burial during deglaciations (Fig. S18). If instead export production and sedimentary C accumulation decrease during the deglaciations due to increased nutrient limitation (*fPO4*), the C previously incorporated into biogenic matter is outgassed from the surface ocean and no lag between CO<sub>2</sub> rise and the forcing emerges. Weathering-burial imbalances have a smaller effect on circulation-driven deglacial CO<sub>2</sub>

degassing ( $fSOWI$ ,  $fAERO$ ), regarding both amplitude and timing. However,  $CO_2$  also lags temperature in  $fAERO$  (with  
 340 and without interactive sediments), due to the hysteresis of the AMOC. Enhanced Southern Ocean wind stress ( $fSOWI$ ) is the  
 only forcing in our simulation set that is able to create fast, transient  $CO_2$  releases despite weathering-burial imbalances. In all  
 simulations except LAND, the lowest  $CO_2$  values occur during the coldest interval of glacial cycles, the glacial maxima (Fig.  
 5, S16). In all simulations in which the deglacial  $CO_2$  rise lags that of temperature,  $CO_2$  keeps rising throughout the Holocene.

Interactive sediments also affect the sensitivity of the deglacial  $CO_2$  rise to peak interglacial warmth: Only by including inter-  
 345 active sediments does our model simulate a shift in the MBT glacial-interglacial  $CO_2$  amplitude comparable to the observations  
 (Fig. S19, S20).

### 3.3 Marine DIC and the surface carbonate system



**Figure 7.** Factorial DIC concentration changes for each forcing over glacial cycles, from the highest or lowest DIC value during the glacial cycle, depending on which occurs earlier, to the other extreme. In a) factorial contribution of each forcing to the mean DIC amplitude over the last five glacial cycles, as well as the range between their minimum and maximum. Light colours show the without dynamic sediments, and full colours show the contributions with dynamic sediments. In b) the factorial contribution of selected forcings to the temporal DIC evolutions across two terminations is shown with and without interactive sediments.

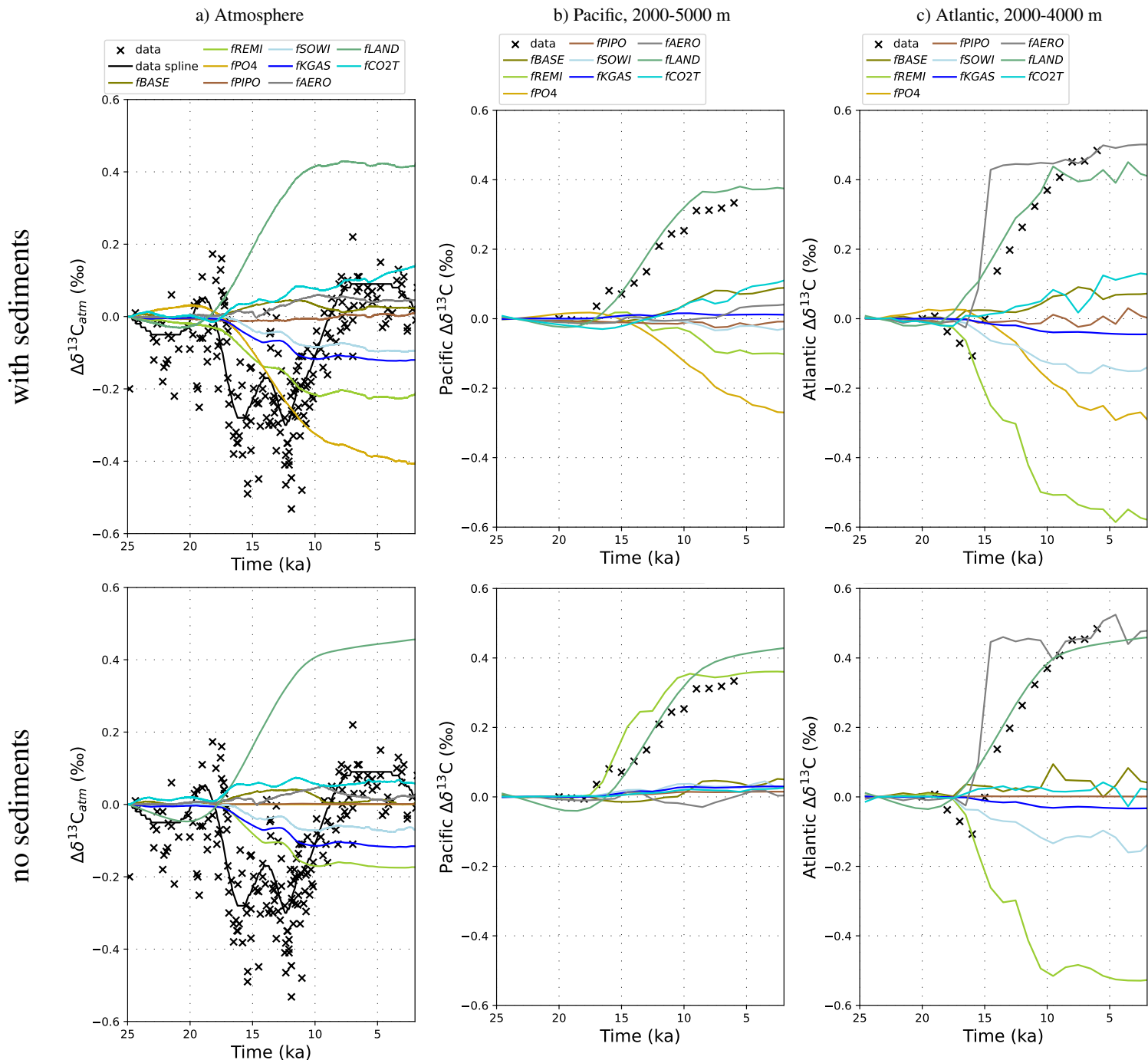
Due to interactive sediments in our simulations, increased uptake or release of carbon in the surface ocean does not linearly  
 correlate with DIC changes because marine carbon storage is also affected by changes in the deposition and dissolution fluxes  
 350 of particulate carbon at the ocean-sediment interface. Interactive sediments affect marine carbon, alkalinity, and nutrient con-  
 centrations in two important ways: Firstly, sediments form a large dynamic reservoir which can store and release large amounts  
 of carbon and nutrients for hundreds to tens of thousands of years. Secondly, sedimentary mass accumulation, dissolution,  
 and remineralization rates control sedimentary burial, the only permanent sink for carbon and nutrients in our simulations  
 and the only mechanism by which environmental change can create imbalances with the prescribed constant solute flux from  
 355 land. Fluxes into and out of the sediments respond to environmental change, in some cases on the timescale of water mass

replacement or regional productivity changes. Carbon fluxes from the sediments directly affect the ocean, but not the atmosphere, which causes different amplitudes in the simulated DIC and atmospheric CO<sub>2</sub> changes and different timings of carbon accumulation in ocean and atmosphere. With interactive sediments, *fBASE*, *fAERO*, *fREMI*, *fPIPO* and *fLAND* produce highest DIC during glacial maxima and lowest DIC during interglacials as altered air-sea gas exchange and sediment  
360 accumulation result in a net influx of carbon into the ocean during glacial phases. However, while altered air-sea gas exchange still draws down atmospheric CO<sub>2</sub> under *fKGAS*, *fSOWI* and *fPO4*, larger changes to the sediment fluxes remove carbon from the glacial ocean (Fig. 2) and store excess carbon as carbonate and organic carbon in sediments instead of as DIC in the ocean. Consequently, the lowest DIC occurs during glacial maxima rather than during interglacials under these effects (Fig. S4, S5). *fCO2T* alters sedimentary carbonate preservation such that DIC extremes do not occur at the same time as atmospheric  
365 CO<sub>2</sub> extremes, but in between, i.e. the DIC maximum occurs during glaciation and the minimum during deglaciation (Fig. S6). Furthermore, the onset of the deglacial CO<sub>2</sub> rise in simulations with sediments does not always coincide with the onset of the deglacial DIC change, as is the case in simulations without sediments. This is simulated e.g. for terminations I and II due to *fLAND* and *fCO2T* (Fig. S22), and for terminations I, II, III and IV due to *fPO4* and *fALL* (Fig. S21). Across the tested processes, the corresponding ocean DIC inventory changes from glacial to interglacial are -1800–1400 GtC (Fig. 7) while the  
370 atmospheric inventory changes by -170–190 GtC (Fig. 6) over the the same period. For individual processes, DIC changes differ by a factor of up to 28 between simulations with and without interactive sediments, while CO<sub>2</sub> changes in the atmosphere are maximally four times larger when interactive sediments are considered (Figs 7, 6).

The magnitude of these DIC changes depends on the forcing strength, which varies between glacial cycles. The lukewarm interglacials of the first 350 kyr of our simulations do not restore the export fluxes and sedimentary CaCO<sub>3</sub> preservation  
375 required to the prescribed solute influx, and so marine DIC concentrations are persistently higher during 800–450 ka than at PI. Interglacials of the last 450 kyr of the simulation reduce DIC in the long-term because they are warm and long enough for increased carbon transfer into sediments and sediment burial.

### 3.4 $\delta^{13}\text{C}$ in the atmosphere and ocean

$\delta^{13}\text{C}$  in the atmosphere and ocean is also affected by weathering-burial imbalances. Ice cores preserve the  $\delta^{13}\text{C}$  signature of  
380 atmospheric CO<sub>2</sub> (Friedli et al., 1984), which showed large fluctuations during the last glacial cycle (Fig. 8), such as fluctuations of  $\sim 0.5\text{‰}$  during MIS 4 (71–57 ka) and during the last deglaciation ( $\sim 18\text{--}8$  ka) (Eggleson et al., 2016). They also show a long-term trend of lower atmospheric  $\delta^{13}\text{C}$  during the Eemian than the Holocene (Schneider et al., 2013; Eggleson et al., 2016). Reconstructions of  $\delta^{13}\text{C}$  changes in marine DIC show different trajectories in different ocean basins and water masses (Oliver et al., 2010; Peterson and Lisiecki, 2018). The  $\delta^{13}\text{C}$  signature of marine DIC in a given location and atmospheric CO<sub>2</sub>  
385 is influenced by processes which affect the whole marine carbon reservoir (e.g. changes in the size and composition of marine carbon input or output fluxes), as well as by changes in water mass distribution, export production, and isotopic fractionation during sea-air gas exchange and primary production (Jeltsch-Thömmes et al., 2019; Jeltsch-Thömmes and Joos, 2023), with any signal diluted by the 4-box land biosphere. None of the forcings that we applied here produce all of the reconstructed features. However, they show the importance of considering weathering-burial imbalances in their interpretation.

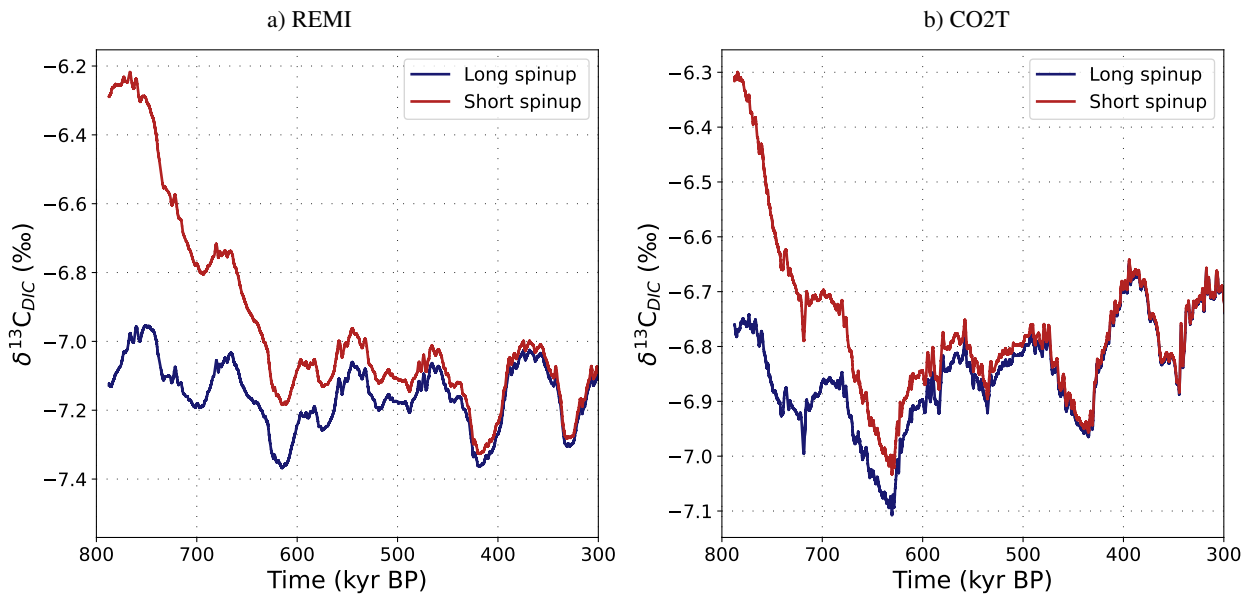


**Figure 8.**  $\delta^{13}\text{C}$  over the last deglaciation in (a) the atmosphere, (b) deep Pacific (120–266°E, -35–55°N) and (c) deep Atlantic (0–65°N) ocean. Lines are simulation results. Crosses are reconstructions from Schmitt et al. (2012), Eggleston et al. (2016) and Peterson and Lisecki (2018). All results are shown as differences from 24 ka. Results with interactive sediments are shown in the top row and results without sediments are shown in the bottom row.

390 Fig. 8 shows the factorial effects of the different forcings on atmospheric and marine  $\delta^{13}\text{C}$  across the last deglaciation in comparison to the reconstructed isotopic shifts in these reservoirs. Under *fLAND*,  $\delta^{13}\text{C}$  changes are driven by the simulated release of isotopically light land carbon (-24 ‰) during glacial inceptions and throughout the glacial, resulting in  $\delta^{13}\text{C}$  minima in all reservoirs during glacial maxima and large  $\delta^{13}\text{C}$  increases during deglaciation in response to land carbon uptake, with and without interactive sediments (Fig. 8). This whole ocean shift is the dominant signal in  $\delta^{13}\text{C}$  records of the deep  
395 Pacific. In simulations without interactive sediments, *fREMI* also causes a similar shift in the deep Pacific, yet the shift is of opposite sign in simulations with interactive sediments due to the negative geologic POC balance during the deglaciation (Fig. 2). *fPO4* has a similar isotopic effect on the ocean as *fREMI* with sediments because it also leads to the release of sedimentary organic carbon during the deglaciation. Since the processes that affect  $\delta^{13}\text{C}_{\text{CO}_2}$  and  $\delta^{13}\text{C}_{\text{DIC}}$  are different, and  $\delta^{13}\text{C}_{\text{DIC}}$  varies between ocean basins, the forcings which best reproduce reconstructed evolution of  $\delta^{13}\text{C}$  also vary between  
400 atmosphere and ocean, and specific water masses (Oliver et al., 2010). This indicates that different processes were likely the dominant controls on  $\delta^{13}\text{C}$  regionally, even if they were not necessarily the dominant drivers of atmospheric  $\text{CO}_2$ . The impact of interactive sediments also varies between water masses. For example, in the deep Pacific accumulation of isotopically light  $\delta^{13}\text{C}$  as in *fLAND* likely dominated (Fig. 8b) but must have over-compensated the sediment-enhanced isotopic effects of *fREMI* and *fPO4*, and cannot explain the reconstructed  $\text{CO}_2$  rise (Fig. 6). In the deep North Atlantic, the magnitude of the  
405  $\delta^{13}\text{C}$  shift can also be reproduced by additional radiative cooling and the resulting AMOC shoaling due to *fAERO* (Fig. 8c) and the simulated isotopic shifts are less affected by interactive sediments.

In the atmosphere, the largest  $\delta^{13}\text{C}$  variability (up to  $\pm 0.5$  ‰) is also produced by *fLAND*, with and without interactive sediments, and by *fREMI* and *fPO4* in simulations with interactive sediments. In fact, the gradual trend of reconstructed atmospheric  $\delta^{13}\text{C}$  over the last glacial cycle ( $\sim 0.5$  ‰ from inception to LGM) is only achieved in *fPO4*, the forcing with the  
410 biggest effect on sedimentary organic carbon storage (Fig. 2). *fLAND* causes similar long-term changes but of the opposite sign. No simulation captures the large millennial-scale fluctuations in the reconstructions (Fig. 8). Given our smoothed forcing and the absence of freshwater forcings, our simulations do not contain realistic millennial-scale circulation changes, which would likely be required to simulate these fluctuations (Tschumi et al., 2011; Schmitt et al., 2012; Menviel et al., 2015). It is well-established that a complex combination of processes is required to explain the atmospheric  $\delta^{13}\text{C}$  record (e.g. Menviel  
415 et al., 2015) but a simulation over the last glacial period or the deglaciation accurately reproducing the reconstructions has not yet been achieved, and reconciling reconstructed with simulated atmospheric  $\delta^{13}\text{C}$  remains a major challenge for future work. However, our simulations show that interactive sediments change the  $\delta^{13}\text{C}$  signals of Earth system changes on deglacial time scales and need to be considered in such future work, despite challenges associated with model spin-up as discussed next.

### 3.5 Long isotopic drifts due to weathering-burial imbalances



**Figure 9.** Comparison of simulated atmospheric  $\delta^{13}\text{C}$  in simulations REMI and CO2T when started from a 'short spinup', i.e. a 70 kyr PI spinup followed by a 2 kyr adjustment to MIS19 conditions, and a 'long spinup', i.e. the short spinup plus 215 kyr of transiently simulated MIS19-MIS15.

420 An important technical lesson of our simulations is that the long adjustment timescale in the geologic carbon cycle also presents an initialization problem, especially for carbon isotopes (Jeltsch-Thömmes and Joos, 2023). We started our experiments from MIS19, which was a colder interglacial than the the Holocene, and Holocene conditions were not reached during the lukewarm interglacials of the first 400 kyr of the simulations. In simulations with interactive sediments, the initial imbalance between weathering inputs derived from the pre-industrial spin-up and burial fluxes adjusting to the colder lukewarm  
 425 interglacials and glacial states caused  $\delta^{13}\text{C}$  drifts during the first glacial cycles (Fig. 9). Consequently, the simulated glacial-interglacial  $\delta^{13}\text{C}$  signal over this period is altered by the long-term adjustment of the geologic carbon cycle. We addressed this issue by transiently simulating two full glacial cycles before starting the experiments. The magnitude of the initial imbalance in the geologic carbon cycle, and hence isotopic drift, depended on the simulated forcing and was largest in simulations REMI, PIPO and CO2T. Importantly, the drift is a result of perturbing the sediment-weathering balance. The drift can therefore not  
 430 be corrected for with a control simulation without forcing, because it only appears in the perturbed system. Instead, to avoid a drift, the experiment needs to start from an isotopically balanced geologic carbon cycle, which most commonly will require a long spin-up with a fully-coupled, open system, ideally over several glacial cycles especially when simulating large changes of the biological pump or marine carbonate system. We suggest that the size of the transient imbalance of the geologic carbon cycle, and thus the length of the required spin-up, could be minimized by balancing the geologic carbon cycle not for an  
 435 interglacial state but for the mean burial fluxes over a full glacial cycle.

## 4 Discussion

**Table 2.** Quantified metrics of the carbon cycle according to reconstructions and model responses in our set of simulations with sediments. Shown are the factorial effects of the tested forcings and their non-linearities in comparison with reconstructed differences (LGM minus Holocene) over the last deglaciation (specific times of the comparisons vary slightly by proxy record, depending on temporal resolution and record length, and are indicated in the table header) in various proxy systems. The data references are provided at the bottom of the table. The direction of each arrow indicates whether a difference is positive (pointing upwards, teal-coloured) or negative (pointing downwards, brown-coloured). The width of the arrows shows the size of the difference relative to the reconstruction in the uppermost row "Data". For POM export only qualitative reconstructions exist. Hence, the arrows showing simulated effects are normed by the biggest effect of any forcing.

	$\Delta[\text{CO}_2]$ (ppm)	$\Delta\text{pH}$	$\Delta\text{POM}_{\text{export}}$ (g/m <sup>2</sup> /yr)			$\Delta\delta^{13}\text{C}$ (‰)			$\Delta[\text{CO}_3^{2-}]$ ( $\mu\text{mol/kg}$ )
	loc.	global	Eq. Atl.	Iber. Marg.	Eq. Atl.	polar SO	intm. NA	deep NA	deep Pac.
time	20 - 6 ka	22 - 4 ka	20 - 5 ka			20 - 6 ka			20 - 6 ka
Data									
<b>Factorial Results</b>									
<i>fBASE</i>									
<i>fKGAS</i>		o			o				
<i>fSOWI</i>					o				
<i>fAERO</i>									
<i>fREMI</i>									
<i>fPO4</i>									
<i>fPIPO</i>									
<i>fLAND</i>									
<i>fCO2T</i>									
<b>Non-Linearities</b>									
<i>nlPHYS</i>		o						o	
<i>nlBGC</i>								o	
<i>nlALL</i>									
<i>nlTOT</i>									
Data ref	Bereiter 2015	Hönisch & Hemming 2005	Kohfeld 2005			Peterson 2018			Yu 2013

Table 2 provides an overview of different proxy signals that are produced in by our factorial forcings, and the non-linearities that arise when they are combined, with interactive sediments over the last deglaciation. The first row shows the reconstructed direction of LGM - Holocene differences, and the next lines show the direction and relative size (compared to the proxy signal) of changes induced by the various tested forcings. The last four rows show the direction and relative size of non-linearities caused by three different combinations of the forcings above. For many of the considered proxies, the signals are strongly amplified by the dynamic weathering-burial imbalances, and also the non-linearities are larger with than without interactive sediments. However, the non-linearities are still small compared to the effect of individual biogeochemical forcings, and for some proxies of similar size as the effect of physical forcings. Hence, in most cases, proxy changes provide a first-order constraint on the plausibility of large changes in individual processes. *fBASE*, the effect of temperature changes due to orbital, albedo and greenhouse gas changes, moves almost all proxy systems in the reconstructed direction (the directions of the arrows match), but almost never to the reconstructed extent (the widths of the arrows do not match). It is only sufficient to explain strongly reduced export production in the polar Southern Ocean at the LGM, which in our model is predominantly driven by surface cooling and sea ice expansion regardless of which other processes also occurred.

We identified two processes by which weathering-burial imbalances most effectively raise atmospheric CO<sub>2</sub> during deglaciations in our simulations: Alkalinity removal and organic carbon remineralization. Under *fPIPO* and *fREMI* the combination of high alkalinity at the end of glacial phases and increased CaCO<sub>3</sub> export production during deglaciation causes large transient CaCO<sub>3</sub> deposition events in the open ocean (Fig. 2) which remove the excess glacial alkalinity and thus drive a large but slow continuous CO<sub>2</sub> rise compared to the reconstruction. The marine DIC and alkalinity that built up over the previous glacial phase are too large to be removed instantly, and the resulting large deposition of CaCO<sub>3</sub> during the deglaciation persists far into the interglacial. In consequence, these forcings produce poorer model-data matches for Holocene CaCO<sub>3</sub>. We also showed that the resulting  $\delta^{13}\text{C}$  and [CO<sub>3</sub><sup>2-</sup>] signals in the deep Pacific are not consistent with reconstructions. *fCO2T* shows the effect of forced alkalinity removal during galciations to reproduce the reconstructed atmospheric CO<sub>2</sub> record, and can serve to study the effect of alkalinity removal through means other than deep ocean CaCO<sub>3</sub> burial (e.g. shallow deposition, coral reef growth, reduced terrestrial input) on other proxy systems. This forcing causes deep ocean CaCO<sub>3</sub> dissolution and increasing marine DIC during the deglaciation, moving  $\delta^{13}\text{C}$  in the deep Pacific in the proxy-consistent direction but still producing a large mismatch in [CO<sub>3</sub><sup>2-</sup>]. *fPO4* results in a deglacial CO<sub>2</sub> rise due to a reduction in export production and increased remineralization of sedimentary organic matter which accumulated during the previous glacial period under reduced benthic O<sub>2</sub> concentrations. The resulting CO<sub>2</sub> increase is of similar amplitude as that due to *fREMI* but happens faster, more consistent with the reconstruction. In addition, deep Pacific [CO<sub>3</sub><sup>2-</sup>] is less perturbed by this effect than by *fREMI* or *fCO2T*, yet deep ocean  $\delta^{13}\text{C}$  is shifted in the wrong direction. Future work will have to test which combinations of these processes are most consistent with the wide range of available proxy data.

It is well established that cooling and circulation changes altered sea-air gas exchange and increased deep ocean carbon storage by isolating it from the surface during glacial phases (e.g. Brovkin et al., 2007). Combined, these effects contribute to changes in atmospheric CO<sub>2</sub> in our simulations that are comparable to Brovkin et al. (2012) (26 ppm compared to 30 ppm).



Isolating the deep Pacific through reduced Southern Ocean wind forcing (effect  $fSOWI$ ) caused a glacial  $CO_2$  decline by  $\sim 13$  ppm, the biggest  $CO_2$  draw-down on top of the effect orbital cooling ( $fBASE$ ) of any isolated physical forcing that we tested. Tschumi et al. (2011) showed that this effect also has the potential to cause larger  $CO_2$  draw-down with sedimentary amplification than simulated here. The idealised, strong reductions in wind speeds over the Southern Ocean prescribed by  
475 Tschumi et al. (2011) as a tuning knob for producing old deep ocean waters are unrealistic, but other processes could have contributed to increased isolation of the deep Pacific. Bouttes et al. (2011) showed that during glacial stages enhanced brine rejection during sea ice formation can isolate abyssal waters and cause atmospheric  $CO_2$  and  $\delta^{13}C$  changes that are similar to those reconstructed. Enhanced brine rejection could thus have provided an additional physical process that increased the glacial marine carbon storage. The strength of this process, however, is only poorly constrained, and Ganopolski and Brovkin  
480 (2017) showed that, at a sufficient strength to significantly affect deep ocean carbon storage, this process creates bigger  $\Delta^{14}C$  anomalies in the deep ocean than reconstructed. Following Menviel et al. (2011), they also argue that the timing of increased sea ice formation and atmospheric  $CO_2$  changes during the last deglaciation (Roberts et al., 2016) are not entirely consistent with a strong control of brine formation rates on marine carbon storage.

In further agreement with other modelling studies, e.g. Buchanan et al. (2016) and Morée et al. (2021), we find that changing  
485 the efficiency of the biological pumps ( $fREMI$ ) is an efficient mechanism to achieve glacial-interglacial atmospheric  $CO_2$  changes similar to those reconstructed from ice cores. However, because of its large effects on deep Pacific  $[CO_3^{2-}]$  and  $CaCO_3$  accumulation during deglaciation it was unlikely the dominant carbon cycle change over the last glacial cycle.

A relevant role of marine sediments, particularly sedimentary  $CaCO_3$ , in glacial-interglacial carbon cycle dynamics has long been discussed (e.g. Broecker, 1982b; Broecker and Peng, 1987; Opydyke and Walker, 1992; Archer and Maier-Reimer,  
490 1994; Raven and Falkowski, 1999) and shown in numerical experiments of differing physical and biogeochemical complexities (Ridgwell et al., 2003; Joos et al., 2004; Tschumi et al., 2011; Menviel et al., 2012; Roth et al., 2014; Wallmann et al., 2016; Ganopolski and Brovkin, 2017; Jeltsch-Thömmes et al., 2019; Köhler and Munhoven, 2020; Stein et al., 2020; Kobayashi et al., 2021). In agreement with other studies (e.g. Ganopolski and Brovkin, 2017; Köhler and Munhoven, 2020), we find that changing marine alkalinity can produce large  $CO_2$  changes. Organic carbon storage is less often considered in modelling  
495 studies, although it also showed significant changes across the last glacial cycle (Cartapanis et al., 2016). Out of the forcings we tested, reduced nutrient limitation during glacial phases ( $fPO4$ ) produces temporal and regional organic carbon deposition changes that were most consistent with the reconstructions. In this simulation, marine sediments turn into a strong carbon sink during cold phases. The simulated increased organic carbon deposition during glacial phases reproduces the reconstructed long-term trends in atmospheric and surface ocean  $\delta^{13}C$  during glaci- als, but is not sufficient in isolation to reproduce the  
500 reconstructed deep ocean  $\delta^{13}C$  changes in the Pacific and Atlantic. Thus, while sedimentary organic carbon burial could have provided a carbon sink during glacial phases, it must have been operating alongside other processes to allow for the reconstructed benthic  $\delta^{13}C$  evolution. Interestingly, processes that increase organic carbon burial during glacial phases ( $fPO4$ ,  $fREMI$ ) show that some of the deposited organic carbon can be returned to the ocean during deglaciations with a large potential to contribute to a fast post-glacial rise in atmospheric  $CO_2$ . In addition to carbon, nutrients are also removed from the  
505 ocean when organic matter is buried (Roth et al., 2014). Tschumi et al. (2011) demonstrated in their steady state experiments

that increased organic nutrient burial enhances nutrient limitation on export production and reduces  $\text{CaCO}_3$  export, which increases surface alkalinity and amplifies the  $\text{CO}_2$  drawdown caused by the increased burial of organic carbon. Under *fREMI*, this process operates transiently. Given the reconstructed increased organic carbon burial rates during glacial maxima, this could have been a relevant process over the last glacial cycles, though it might have been reduced in its efficiency by reductions in the PIC:POC of export production during glacial phases (Dymond and Lyle, 1985; Sigman and Boyle, 2000). Finally, sedimentary organic carbon oxidation can also regulate marine alkalinity by affecting sedimentary  $\text{CaCO}_3$  dissolution (Emerson and Bender, 1981; Sigman and Boyle, 2000), but this effect is not directly quantified in our setup. However, we can assess that increased sedimentary organic matter remineralization on a global scale during glacial phases does not occur due to any of our tested forcings. On the contrary, the effects (*fPO4*, *fREMI*) that increase organic carbon burial during glacial maxima, a prominent feature of the reconstructions, decrease globally-averaged sedimentary remineralization rates during glacial times.

A close relationship between DIC and  $\Delta^{14}\text{C}(\text{DIC})$  is found in modern deep ocean waters and this relationship has been used to reconstruct past DIC changes from radiocarbon reconstructions (Sarnthein et al., 2013). Sedimentary carbon fluxes can de-couple deep ocean  $\Delta^{14}\text{C}$  from DIC (Dinauer et al., 2020) and change DIC without altering sea-air carbon transfer, meaning that DIC changes do not necessarily imply a comparable  $\text{CO}_2$  change in the atmosphere. In all of our simulations with interactive sediments, the DIC inventory change over a glacial cycles is larger than the simultaneous atmospheric  $\text{CO}_2$  inventory perturbation because of changes in carbon reservoirs in sediments and weathering-burial imbalances. Changes in the simulated sedimentary burial fluxes result in net transfers of up to 2000 PgC between the carbon pools of the ocean and sediments throughout a glacial cycle, while the net loss of atmospheric C to reproduce the reconstructed glacial  $\text{CO}_2$  is roughly 200 PgC (Sigman and Boyle, 2000; Yu et al., 2010), and the net loss of terrestrial C is on the order of 500-1000 PgC (Jeltsch-Thömmes et al., 2019). The carbon cycle impact of glacial cycles was thus likely larger in the ocean than in the atmosphere (Roth et al., 2014; Buchanan et al., 2016), due to changes in sedimentary carbon storage. In some of our simulations, large DIC changes are produced by big sustained weathering-burial imbalances during glacials that cannot be compensated during the relatively short deglaciations and cause interglacial carbonate preservation patterns that are not consistent with observations (Fig. S11, S12). While such simulated scenarios are thus unrealistic, it does not generically preclude the possibility of large transient weathering-burial imbalances during glacial phases. Testing a wider range of forcing magnitudes and combinations with the same model but different set-up, Jeltsch-Thömmes et al. (2019) (the DIC results of which are published in the Appendix of Morée et al. (2021)) found a larger DIC change between the pre-industrial and LGM than simulated here ( $3900 \pm 550$  GtC compared to a maximum of  $1100 \pm 300$  GtC in Fig. 7) that is consistent with carbonate system proxy constraints. Combinations of the tested forcings thus allow for larger transient weathering-burial imbalances than produced by our simulation ensemble that can still be reconciled with carbon cycle proxies. Some of the tested forcings also show lower glacial than inter-glacial DIC (*fPO4*, *fCO2T*) showing that  $\text{CO}_2$  removal from the atmosphere in theory does not need to result in increased DIC in the ocean. Instead, these biogeochemical forcings cause sedimentary changes that can store large amounts of carbon in inorganic and organic sedimentary matter. Kempainen et al. (2019) and Jeltsch-Thömmes et al. (2019) previously showed and discussed the possibility of a negative glacial DIC anomaly due to increased sedimentary storage. As found by Jeltsch-Thömmes et al. (2019), organic carbon burial extensive enough to cause a negative glacial DIC anomaly (e.g. *fPO4*) produces large  $\delta^{13}\text{C}$

signals of opposite sign than reconstructed, and thus seems unlikely. In the study by Jeltsch-Thömmes et al. (2019), a negative glacial DIC anomaly due to alkalinity-driven  $\text{CaCO}_3$  accumulation is also inconsistent with the proxy record of the last 25 kyr. Consistently, we find that reconstructed deep Pacific  $[\text{CO}_3^{2-}]$  changes make a large-scale alkalinity-driven ( $f\text{CO}_2T$ ) glacial  $\text{CaCO}_3$  accumulation, which reduces atmospheric  $\text{CO}_2$  while also reducing DIC, unlikely because it causes larger deep Pacific  
545  $[\text{CO}_3^{2-}]$  changes than reconstructed over the last deglaciation (Table 2). The isotopic signal of such large  $\text{CaCO}_3$  deposition, however, is smaller than that of POC burial changes and could more likely be overprinted by other processes (e.g. terrestrial carbon release and export production changes) to yield proxy-consistent evolutions (Table 2).

It has long been suggested that sedimentary imbalances also contributed to the reconstructed interglacial sedimentary changes and  $\text{CO}_2$  rises after deglaciations (Broecker et al., 1999; Ridgwell et al., 2003; Joos et al., 2004; Broecker and Stocker,  
550 2006; Elsig et al., 2009; Menviel et al., 2012; Brovkin et al., 2016). Consistently we find that  $\text{CO}_2$  degassing from the ocean persisted throughout deglaciations and into interglacials (e.g. Brovkin et al., 2012), and that the carbon cycle does not reach a new equilibrium before the next glacial inception (e.g. supply-burial imbalances in the late Holocene in Table S2). In our simulations AMOC hysteresis, sedimentary changes and delayed temperature responses, e.g. due to ice sheets (mimicked by scaling most forcings to the  $\delta^{18}\text{O}$  record), introduce memory effects which buffer deglacial carbon cycle reorganizations and  
555 cause continued  $\text{CO}_2$  rise throughout interglacials. For example, in PO4, BGC and ALL, the simulations which best align with the reconstructed glacial-interglacial organic carbon burial changes, not all glacial organic matter is remineralised and carbonate dissolution continued throughout the interglacials.

## 5 Conclusions

In response to different simulated carbon cycle forcings over the repeated glacial-interglacial cycles of the past 780 kyr in the  
560 Bern3D model, we found large sedimentary changes which substantially alter marine carbon and nutrient concentrations and spatial distributions. Our simulations show that biogeochemical forcings are required to perturb the sediments sufficiently to reproduce reconstructed burial changes and  $\text{CO}_3^{2-}$  variations, yet compensating processes (e.g. shallow carbonate deposition) must have operated to reduce the buffering impact of this perturbation on the deglacial carbon cycle re-organization in order to match the speed of the associated carbon release. Our set of factorial simulations further leads to the following conclusions:

565 Firstly, ocean-sediment interactions and related weathering-burial imbalances, including fluxes of nutrients, alkalinity, organic and inorganic carbon, tend to amplify glacial-interglacial  $\text{CO}_2$  change.

Secondly, the relationship between marine DIC and atmospheric  $\text{CO}_2$  changes is not linear across the different forcings and strongly influenced by sediment fluxes. For example, the potential addition of phosphate from exposed continental shelves causes a decrease in atmospheric  $\text{CO}_2$  and marine DIC by increasing sedimentary carbon storage. Factorial simulations yield  
570 changes in the ocean DIC inventory between -1340 to +1400 GtC and in the atmospheric  $\text{CO}_2$  inventory between -96 and 180 GtC (-45 and 80 ppm) over the last five deglaciations in response to individual prescribed physical and biogeochemical forcings. This suggests that approaches utilizing the relationship between radiocarbon and DIC from modern data to reconstruct the ocean's glacial DIC inventory and the postulated corresponding  $\text{CO}_2$  change from glacial radiocarbon data may be biased.

Thirdly, ocean-sediment interactions strongly impact the evolution of important carbon cycle parameters such as  $\delta^{13}\text{C}(\text{DIC})$  and  $\delta^{13}\text{C}_{\text{CO}_2}$ ,  $\text{CO}_3^{2-}$ , export production,  $\text{CaCO}_3$  and POM burial fluxes, preformed and remineralized nutrient concentrations, and oxygen. The interpretation of the proxy records without consideration of weathering-burial imbalances and ocean-sediment interactions for both organic and inorganic carbon may lead to erroneous conclusions.

We also showed that the long timescales of ocean-sediment interactions and the weathering-burial cycle pose substantial challenges for model spin up because imbalances in the geologic carbon cycle can cause isotopic drifts at the beginning of simulations and which are not present in a control run. Depending on the initial isotopic imbalance, it takes up to 200 kyr for the drift to subside and the signal of the applied forcing to dominate the simulated transient  $\delta^{13}\text{C}$  changes. Further studies are needed to test whether  $\delta^{13}\text{C}$  can be spun up in more computationally-expensive models by combining them with lower-complexity models. In the absence of such a spin up strategy, open system simulations of glacial  $\delta^{13}\text{C}$  are likely strongly affected by these initial drifts.

*Data availability.* All simulation output necessary to produce the figures in this manuscript are available at <https://doi.org/10.5281/zenodo.11385608>

*Author contributions.* FP and AJT designed the simulations. AJT ran the simulations. MA processed the model output and drafted the manuscript. MA, AJT, FP, FJ and TFS interpreted the results and edited the manuscript.

*Competing interests.* The authors declare that they have no conflict of interest.

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