

1 Water masses in the Atlantic Ocean: water mass ages and ventilation

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7 **Abstract:** ~~The distribution of oceanic water masses and their properties, such as ventilation constitute fundamental parameters,~~
8 ~~for instance, the thermohaline circulation patterns and biogeochemical processes in the marine systems. The distribution of~~
9 ~~water masses and their characteristics, including ventilation, provides fundamental insights into large-scale oceanographic~~
10 ~~processes such as thermohaline circulation and marine biogeochemical cycles.~~ The distributions of main water masses in the
11 Atlantic Ocean have been comprehensively documented in a companion study (Liu and Tanhua, 2021), this study presents
12 quantitative assessments of water mass age characteristics and ventilation time scales through multi-tracer analysis
13 incorporating chlorofluorocarbon-12 (CFC-12), sulfur hexafluoride (SF₆), and argon-39 (³⁹Ar). Here we use two **distinct age**
14 **concepts**: mean-age as an integrative metric of water mass chronology, and mode-age as a proxy for advective time scales.
15 Empirical results demonstrate systematic age progression with increasing pressure and along water mass trajectories. Surface
16 layer central waters exhibit mean ages up to ~100 years and mode ages reaching ~30 years. In the intermediate layer, meridional
17 age gradients characterize the Antarctic Intermediate Water (AAIW) reaching maximum mean-age (~300 years) and mode-
18 age (~80 years) at 30 °N, whereas zonal variations manifest in Mediterranean Water (MW) with peak values (~400 years in
19 mean-age, ~100 years in mode-age) observed in equatorial regions. As the dominant deep water component, North Atlantic
20 Deep Water (NADW) exhibits extreme ages in the Antarctic Circumpolar Current (ACC) region at 50°S, achieving mean age
21 ~600 years and mode age ~100 years. Bottom layer water masses display their oldest signatures: Antarctic Bottom Water
22 (AABW) from the Weddell Sea reaches ~600 years (mean) and ~100 years (mode) at equatorial latitudes, while its extension,
23 Northeast Atlantic Bottom Water (NEABW), attains exceptional values of ~800 years (mean) and ~120 years (mode) at 50°N.
24 The age analysis reveals significant basin-scale asymmetries, with ~~eastern~~**western** basins exhibiting younger ages compared to
25 western counterparts. Ventilation efficiency modulates these age distributions, as evidenced by lower mode-ages and reduced
26 apparent oxygen utilization (AOU) in better-ventilated western basins. The calculated oxygen utilization rate (OUR)
27 demonstrates spatial concordance with dissolved oxygen (DO) concentrations, corroborating enhanced oxidative processes in
28 high-oxygen regimes. This integrated age framework provides novel insights into water mass ventilation dynamics and their
29 biogeochemical implications through quantitative characterization of temporal-spatial age distributions across multiple
30 oceanographic provinces.

31 **Key words:** Water Mass, Atlantic Ocean, Transient Tracer, Mean- and Mode-age, Ventilation, GLODAPv2 data product

32 1 Introduction

33 The Atlantic Ocean is composed by a complex vertical stratification of water masses characterized by differences in properties
34 such as density. Liu and Tanhua (2021) have systematically characterized 16 main water masses that have been extensively
35 considered and studied due to their significant impacts on ocean circulation patterns and global climate regulation (e.g., Hall
36 & Bryden, 1982; Bryden et al., 2005; Kuhlbrodt et al., 2007; Clark et al., 2012). Ocean ventilation constitutes a fundamental
37 thermohaline process responsible for the vertical displacement of surface waters into the deep ocean, effectively redistributing
38 surface heat and salinity anomalies through density-driven stratification. This process inherently obeys the principle of mass
39 conservation, simultaneously enabling the upwelling of deep-sea waters to the surface ocean. The resultant vertical exchange
40 plays a critical role in maintaining global heat distribution patterns and sustaining the thermodynamic equilibrium of the ocean
41 system (Talley, 2013; Armour et al., 2016; Talley et al., 2016). Beyond its thermodynamic significance, ocean ventilation
42 emerges as a pivotal mechanism governing marine biogeochemical cycles. By mediating the downward transport of
43 atmospheric oxygen and carbon dioxide to abyssal depths, this process fundamentally regulates dissolved oxygen
44 concentrations and carbon sequestration rates in the deep ocean (Tanhua et al., 2006; Ziska et al., 2013; Skinner et al., 2017).
45 Related studies have further elucidated ventilation's deterministic role in controlling abyssal redox conditions and organic
46 carbon remineralization processes (van Heuven et al., 2011; Ito et al., 2016; Schmidtko et al., 2017).

47 Early studies of the water mass ventilation are proposed by Sandström already in the early 20th century (Sandström, 1908;
48 1916). Sverdrup and Bjerknes also reported the impacts of ventilation and currents on the climate through the air-sea
49 interactions (Sverdrup, 1940; Bjerknes, 1964). Hereafter many studies have been focusing on the ventilation. For instance,
50 Dickson et al., (1994) estimated the formation and pathway of the North Atlantic Deep Water (NADW) based on the
51 hydrodynamics, Orsi et al., (1999) investigated the circulation of the Antarctic Bottom Water (AABW) by using
52 Chlorofluorocarbons (CFCs). Recent studies suggest that the intensity of ocean ventilation varies with environmental factors,
53 such as intensity of the westerly winds (e.g. Rahmstorf, 2010; Purkey et al., 2010; Morrison et al., 2015). Several studies
54 investigate the regional scale or specific water masses, for instance, the upwelling of Circumpolar Deep Water (CDW) in the
55 Southern Ocean (Tamsitt et al., 2017), or the ventilation in the South China Sea (Wang et al., 2021). In parallel, advances in
56 ocean modeling have provided new insights into water mass transformation and tracer transport on basin to global scales,
57 offering valuable perspectives on the climatic drivers of ventilation variability (e.g., Li et al., 2023). However, few studies
58 look at the ventilation over ocean basin scales, which is helpful to understand the effect of ocean-climate interactions, and in
59 addition can provide a basis for the biogeochemical studies.

60 The water mass age is an important parameter to evaluate the ventilation and refers to as the elapsed time on the pathway. The
61 CFCs and Sulfur hexafluoride (SF_6) are recognized as effective transient tracers for water masses and to estimate their ages
62 (Fine, 2011). The concentrations of CFCs in surface seawater increased continuously following the increase of the atmospheric
63 concentration since their introduction in the early 20th century (Gammon et al., 1982; Warner and Weiss, 1985). The use of
64 CFCs as a tracer in the oceanography is well established (e.g. Bullister and Weiss, 1983; Doney and Bullister, 1992; Fine,
65 2010; 2011), and transient tracers is a core variable in the GO-SHIP repeat hydrography program. Similarly, the transient tracer
66 is an Essential Ocean Variable (EOV) in the Global Ocean Observing System (GOOS) framework. SF_6 has been used as a new
67 tracer since mid-1990s complementing the CFCs due to the reduction of CFCs in the atmosphere (Maiss et al., 1996; Bullister
68 et al., 2002). The application of SF_6 is generally appropriate for recently formed water masses in the upper ocean (Tanhua et
69 al., 2008), i.e. for well ventilated, or young, waters. The CFCs are used to trace the relative deeper water masses (before mid-
70 1990s or partial pressure of CFC-12 lower than about 450 parts per trillion, ppt), while the SF_6 is the better choice for recently
71 formed shallow water masses (after mid-1990s or partial pressure of CFC-12 higher than about 450 ppt, Tanhua et al., 2008).
72 The complementary nature of CFCs and SF_6 allows for more accurate tracing of water masses (Law and Watson, 2001; Vollmer

73 and Weiss, 2002; Watanabe et al., 2003; Tanhua et al., 2004, 2005; Bullister et al., 2006). In addition, the application of
74 transient tracers also provides support to the hydrographic and biogeochemical field in calculating the upwelling velocity
75 (Tanhua and Liu, 2015) or estimating the ventilation and anthropogenic carbon cycle (van Heuven et al., 2011; Tanhua et al.,
76 2013; Patara et al., 2021).

77 As two typical representatives of transient tracers, the CFCs and SF₆ are commonly employed for determining water mass
78 ages, verifying hydrological models, and estimating rates of marine biogeochemical processes, such as anthropogenic carbon
79 storage and oxygen consumption. They exhibit advantages in tracing upper and middle water masses with relatively younger
80 ages. However, challenges arise when attempting to obtain data from deep and bottom layers with old waters. The chemically
81 inert isotope argon-39 (³⁹Ar), which has a half-life of 269 years, addresses this gap. ³⁹Ar is particularly advantageous for tracing
82 deep and bottom water masses with ages exceeding 500 years (Broecker & Peng, 2000; Holzer & Primeau, 2010; Lu et al.,
83 2014). Initially, its application was constrained by the requirement for large sampling volumes—typically around 1000 liters—
84 and the limitations of low-level counting (LLC) detection methods (Loosli et al., 1983; Schlosser et al., 1994; Schlitzer et al.,
85 1985). Consequently, ³⁹Ar was not widely utilized in oceanographic tracer studies. With advancements in Atom Trap Trace
86 Analysis (ATTA) technology (Chen et al., 1999; Jiang et al., 2011), ³⁹Ar has gradually gained prominence as an effective tracer
87 for investigating deep and bottom waters (Lu et al., 2014; Ebser et al., 2018), the accuracy and stability have also been
88 significantly improved (Jia et al., 2025). Therefore, the multi-parameter combination of CFCs, SF₆, and ³⁹Ar can transcend the
89 temporal limitations associated with single-tracer dating methodologies while providing more comprehensive insights into
90 biogeochemical processes. In this study, we introduce ³⁹Ar to investigate water mass ages within the Atlantic Ocean, in
91 particular for the older waters.

92 The apparent oxygen utilization (AOU, μmol kg⁻¹) is an important indicator in characterizing the respiration of organic matter
93 consuming oxygen, and balancing the oxygen supply through ventilation and photosynthesis. The oxygen utilization rate (OUR,
94 μmol kg⁻¹ yr⁻¹), which can be calculated from AOU and water mass age, is a significant parameter in estimating the
95 biogeochemical processes such as primary productivity or remineralization (e.g. Jenkins, 1982; Bender, 1990). The OUR has
96 been recognized to be a function of pressure for a long time (e.g. Tseitlin, 1992). However, the OUR is the integrated oxygen
97 consumption rate along the pathway of a water mass and represents a regional view of export flux (e.g. Stanley et al., 2012;
98 Koeve and Kähler, 2016), and thus an imperfect measure of local OUR. In this study, the OUR is calculated from water mass
99 ages estimated from the CFC-12 and SF₆. The change of OUR over time in different water masses are presented and the
100 impacts from the currents and topography are discussed.

101 In the study by Liu and Tanhua, (2021), the characteristics of main water masses in the Atlantic Ocean are defined by six key
102 properties, using the Global Ocean Data Analysis Project version 2 the annual update 2023 (GLODAPv2.2023, Lauvset et al.,
103 2016; Olsen et al., 2016; Lauvset et al., 2024) data product as a source of unbiased data. The static distribution of the water
104 masses is estimated with the Optimal Multi-Parameter analysis (OMP analysis, Karstensen and Tomczak, 1997; 1998). As a
105 continuation of that work, here we estimate the ventilation of water masses in the Atlantic Ocean with the combination of the
106 above mentioned three transient tracers (CFC-12, SF₆ and ³⁹Ar). The water mass ages are estimated and the OURs are
107 calculated. The goal of this study is to further improve the report of water masses in the Atlantic Ocean by adding the age as a
108 measure of ventilation, and to provide a hydrographic assistant for the biogeochemical researches.

109 Following the introduction of the background and objectives, the structure of this study is outlined as follows. Section 2 details
110 the data sources and the methodological framework, including the Transit Time Distribution (TTD) theory and the definitions
111 of different water mass ages. Section 3 presents the core results, showcasing the spatial distributions of mean- and mode-ages
112 for the main water masses in the Atlantic Ocean, layered from the upper to the bottom. In Section 4, we apply the derived

water mass ages to estimate Oxygen Utilization Rates (OUR) and discuss their biogeochemical implications. A comparative analysis of water mass ages derived from the traditional transient tracers (CFC-12 and SF₆) and the radioisotope ³⁹Ar is presented in Section 5. Finally, Section 6 provides a comprehensive summary of the conclusions, discusses the broader implications of our findings, and acknowledges the limitations of this study.

2 Data and methods

2.1 Transient tracers and Inverse Gaussian Transit Time Distribution (IG-TTD)

Attempts have been made to find chemically stable tracers with large dynamic ranges in seawater as tracers that can be reasonable easily measured. The prerequisite for transient tracers is 1) the concentration in the atmosphere increases (or decreases) monotonously in the history; 2) their surface concentration is equilibrium to the atmosphere, or the saturation state over time can be estimated; 3) their input functions are known; 4) there are no sources or sinks in the ocean interior. The solubility (Γ) of gaseous transient tracers in the seawater is a function of potential temperature (θ) and practice salinity (S) (e.g. Warner and Weiss, 1985; Bullister et al., 2002).

By considering the diffusive ocean where mixing is important, Waugh et al., (2003) applied the concept of transit time distribution (TTD, Hall and Plumb, 1994) to the ocean interior:

Tracer-age ($c(t)$) is the time that water mass takes from surface to the deeper layer.

$$c(t) = c_0(t - \tau);$$

Mean-age (Γ) shows the average of ages in different parts of a water sample from different pathways.

$$\Gamma = \int_0^\infty \xi G(\xi) d\xi;$$

Width (Δ^2) describes the mixing and the diffusion in the ocean.

$$\Delta^2 = \frac{1}{2} \int_0^\infty (\xi - \Gamma)^2 G(\xi) d\xi;$$

The relationship between all the above parameters is often assumed to follow the inverse Gaussian function.

$$G(t) = \sqrt{\frac{\Gamma^3}{4\pi\Delta^2 t^3}} \exp\left(-\frac{\Gamma(t-\Gamma)^2}{4\Delta^2 t}\right);$$

In these equations t , Γ and Δ describe the tracer-age, mean-age and the width of TTD. In the ocean reality, the mixing ratio (Δ/Γ) indicates the situation of advective (low ratio) or diffusive (high ratio) dominated mode of water transport. Although it is possible and conceivable that other solutions to the TTD than an Inverse Gaussian (IG) function best describes the ventilation age of a water mass, we apply the IG solution to the TTD in this work. For instance, Stöven and Tanhua, (2014) concludes that a 2-IG distribution is necessary to explain ventilation ages in the Mediterranean Sea. The TTD concept also assumes a steady state ocean, circulation, a condition that is often not fulfilled. For this application however we use the 1-IG concept

141 since solving other possibilities is not possible with the few collocated transient tracer observations available. Based on the
 142 TTD determined from the tracer observations, Wang et al., (2021) estimated the OUR in the northern South China Sea.

143 **2.2 Definitions in the age of a water mass: tracer-age, mean-age and mode-age**

144 The concept of a water mass age is defined as the time elapsed from that a water mass was in contact with the atmosphere at
 145 the surface in the formation area (Thiele and Sarmiento, 1990). The concentrations of transient tracers (CFC-12 and SF₆ in
 146 units of mol kg⁻¹) can be observed directly in the interior ocean and the partial pressures can be calculated combining with the
 147 potential temperature (θ in °C) and practical salinity (S). The solubility (F) of gaseous transient tracers in the seawater is a
 148 function of potential temperature (θ) and practice salinity (S) (e.g. Warner and Weiss, 1985; Bullister et al., 2002). With the
 149 TTD concept, three different flavors of water mass ages are often used as derived from observations of transient tracers; the
 150 tracer-age, the mean-age and the mode-age.
 151 The tracer-age shows the elapsed time from the surface of the formation area to the interior ocean at the sampling location
 152 (Fig. 1, a) by simply matching the observed tracer fields with the atmospheric history of the tracers. In other words, the tracer-
 153 age assumes the ocean is purely advective, without diffusion. This definition is simple to apply as a TTD do not need to be
 154 considered, i.e. the TTD is only one spike. Mathematically, this corresponds to the limiting case of the IG-TTD where the
 155 mixing ratio (Δ/Γ) approaches zero, and the distribution converges to a δ -function. However, the diffusion cannot be neglected
 156 in the realistic oceans, so the actual ages of water masses are underestimated by the tracer-age (Goussard et al., 2001).
 157 concept of TTD is applied in order to correct such underestimation. A definition of mixing ratio (Δ/Γ , see below) is d
 158 as the width of an Inverse Gaussian (IG) distribution over the ages to indicate the advective (low ratio) or diffusive (high ratio)
 159 situation. From the IG distribution, the mean-age and mode-ages can be calculated. The mean-age is obtained by the average
 160 value of all the different aliquots in one water sample by considering the transport time of different pathways (Fig. 1, b). This
 161 concept of water mass age is often useful for biogeochemical studies. In other cases, such as when discussing the transport
 162 times of water masses from the formation area, the mode-age concept is useful. From the physical perspective, the mode-age
 163 reflects the age of the dominate water mass in the sample, i.e. the mode-age shows the time (t) when the Inverse Gaussian
 164 Distribution (G(t)) reaches the maximum (Fig. 1, b).

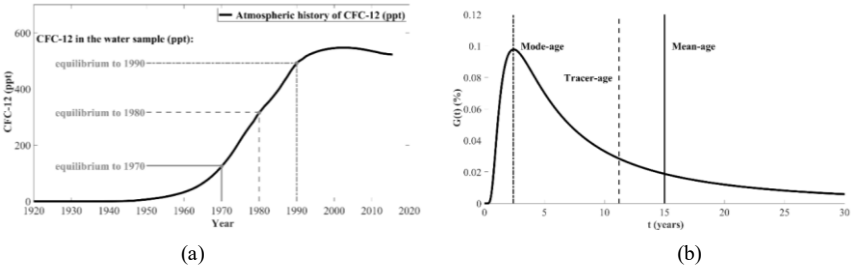


Figure 1. Concepts of three flavors of water mass ages.

(a) The tracer-age shows the transient tracers in the water samples are equilibrium to which year of the atmospheric history and assumes the ocean as purely advective; (b) The concept of tracer-age, mean-age and mode-age are shown in the IG-TTD assuming that CFC-12 = 300 ppt and $\Delta/\Gamma = 1$ for a sample from 1990.

2.3 Determination of the mixing ratio (Δ/Γ) and age calculation procedure:

The determination of the shape of the TTD, quantified by the mixing ratio (Δ/Γ) under the assumption of an Inverse Gaussian distribution, is a prerequisite for estimating water mass ages. In principle, observations of two or more transient tracers with independent atmospheric histories allow for the simultaneous solution of both Γ and Δ (Waugh et al., 2003). However, in practice, the similar atmospheric growth histories of CFC-12 and SF_6 limit their ability to provide strongly independent constraints over broad spatial scales, a common challenge in tracer oceanography. Consequently, it is a widely adopted and practical approach to assume a standard value ($\Delta/\Gamma = 1$) for the mixing ratio.

Following common practice in large-scale studies where independent determination of (Δ/Γ) is not feasible, we adopt a standard mixing ratio of ($\Delta/\Gamma = 1$) for our Atlantic-wide analysis (e.g., Waugh et al., 2004; Stanley et al., 2012; Stöven et al., 2014; Thomas et al., 2020). This value represents a balanced middle ground between advectively and diffusively dominated transport regimes.

The mean-age (Γ) for each water sample was calculated by finding the value that minimizes the difference between the observed tracer partial pressures (or concentration for ^{39}Ar) and those predicted by convolving the IG-TTD (with $\Delta/\Gamma = 1$) with the respective atmospheric input functions. For the stable transient tracers (CFC-12 and SF_6), the convolution involves only the TTD and the atmospheric history. For the radioactive isotope ^{39}Ar , the calculation additionally incorporates the exponential decay factor $e^{-\lambda t}$, where λ is the decay constant of ^{39}Ar (half-life of 269 years), during the convolution process. The atmospheric histories for CFC-12 and SF_6 were taken from Bullister (https://cdiac.ess-dive.lbl.gov/ftp/oceans/CFC_ATM_Hist/CFC_ATM_Hist_2020/). For CFC-12 and SF_6 , the calculation was performed using the tracer pair jointly where data were available. In layers where the CFC-12 partial pressure was above 450 ppt, the calculation relied more heavily on SF_6 , whereas CFC-12 was the primary tracer used at lower partial pressures, following the recommendation of Tanhua et al. (2008). The mode-age was subsequently derived from the computed mean-age (Γ) and the assumed (Δ/Γ) using the known relationship for the IG-TTD.

The atmospheric concentration increased monotonically until mid-1990s for the CFC-12 and is still increasing for the SF_6 (Fig. 2, a). In addition, the mixing ratio (Δ/Γ) also plays a significant role in the calculation of mean age and mode age. Under the assumption for a particular tracer concentration, for instance 300 ppt for the CFC-12 in the sampling year 1990, the mean age increases with the mixing ratio (Δ/Γ), since the “tail” of the Inverse Gaussian Function becomes longer, while the mode age decreases with the mixing ratio (Δ/Γ) as the “peak” appears earlier (Fig. 2, b).

The significance of mixing ratio to the age calculations is also evident in the observations. The cruise along the A16 section in 2013 (Fig. 3, a) shows that different ratios lead to significant differences in water mass ages, especially when the partial pressures of tracers are low (CFC-12 lower than 50 ppt and SF_6 lower than 0.2 ppt) (Fig. 3, b and c). The mean ages show relative low values when the ocean is assumed to be a relatively advective ($\Delta/\Gamma < 0.8$). Most mean ages below 1500 dbar are between ~300 and 700 years, with some mean ages around 20 °N even higher than ~700 years (although this is close to the detection limit for the corresponding CFC-12 concentrations). In contrast, the mean ages are generally higher than ~700 years with diffusive ($\Delta/\Gamma > 1.4$) assumption (Fig. 3, b). The situation of mode ages is the opposite. The mode ages are higher, mostly between ~50 and 100 years in the intermediate layer, higher than ~100 years in the deep and bottom layer and above ~150 years around 20 °N under the advective ($\Delta/\Gamma = 0.8$) assumption, while most mode ages show low values around ~50 years under the diffusive ($\Delta/\Gamma = 1.4$) assumption (Fig. 3, c).

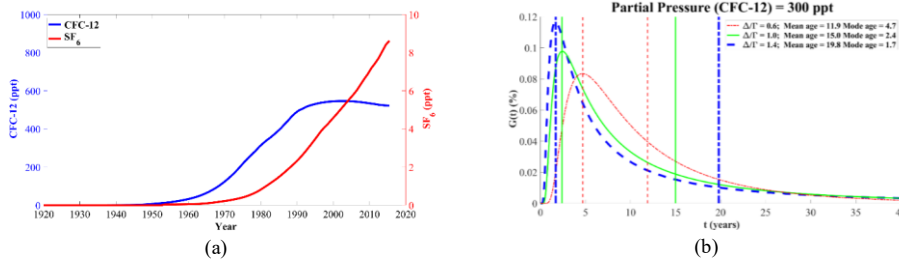


Figure 2. The relationships between mean-age, mode-age and mixing ratio (Δ/T).

- (a) Atmospheric historical partial pressure of transient tracers over time (CFC-12 and SF₆) in the North Hemisphere;
 (b) Relationship between mean-ages and mode-ages under same partial pressure (CFC-12 = 300 ppt) but different mixing ratios (Δ/T) in the sampling year 1990.

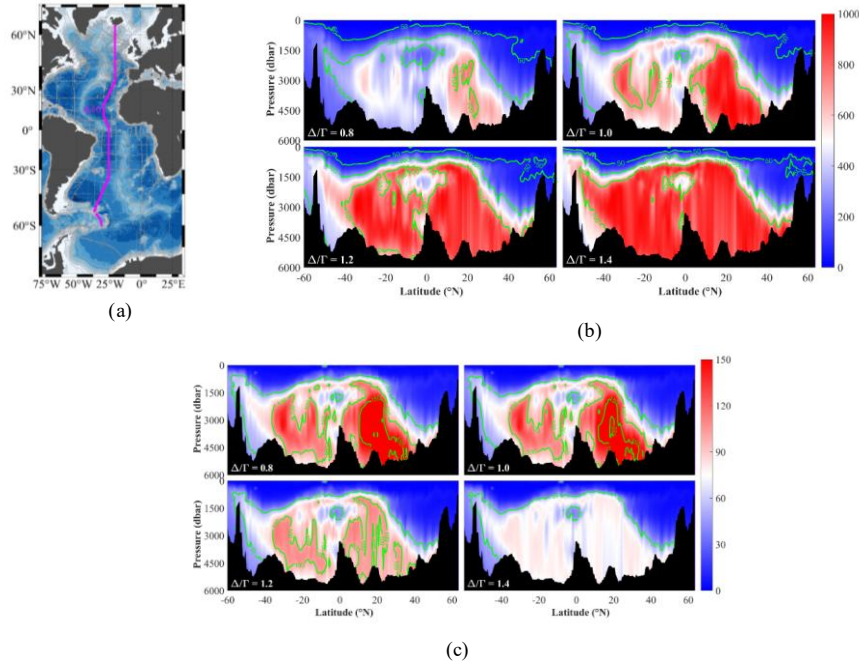


Figure 3. The A16 section of WOCE/GO-SHIP in 2013 (a) and the distributions of mean-ages (b) and mode-ages (c) with different mixing ratios ($\Delta/T = 0.8, 1.0, 1.2, 1.4$) based on the GLODAPv2 observational data

The determination of the shape of the TTD, i.e. of the mixing ratio (Δ/Γ) if you assume an Inverse Gaussian distribution, is one of the prerequisites before estimating the ages of water masses. In the specific regions with a small scale calculation, or under a typical diffusive or convective situation where the mixing ratio is quite different from 1, a corresponding value of mixing ratio (Δ/Γ) according to the specific situation is required to obtain the relative accurate water ages (Vaugh et al., 2004; Schneider et al., 2014). However, in most cases the lack of independent tracer data limits the options to empirically estimate mixing ratios in most areas. In order to calculate the distribution of transient tracers and the ages of water masses over the Atlantic Ocean, a reasonable assumption is the standard mixing ratio ($\Delta/\Gamma = 1$, Vaugh et al., 2004; Stanley et al., 2012; Thomas et al., 2020) for the general calculations (Schneider et al., 2010; Huhn et al., 2013; Stöven and Tanhua, 2014). In this study, the standard mixing ratio ($\Delta/\Gamma = 1$) is followed to estimate the mean ages and mode ages of water masses in the Atlantic Ocean.

2 Data and methods **(Based on the comments of the second reviewer, I also rewrote this part as follows)**

2.1 Transit Time Distribution (TTD) and the Inverse Gaussian Model

To quantify the ventilation timescales of water masses, we apply the Transit Time Distribution (TTD) framework. The TTD, denoted as $G(\tau)$, represents the distribution of transit times τ that water parcels take to travel from the surface formation region to an interior observation point (Hall and Plumb, 1994; Vaugh et al., 2003). The concentration of a transient tracer in the ocean interior, $c(t)$, can be modeled as the convolution of its time-evolving atmospheric source function, $c_0(t)$, with the TTD:

$$c(t) = \int_0^{\infty} c_0(t - \tau) G(\tau) d\tau$$

A common and practical parameterization of the TTD is the one-parameter Inverse Gaussian (IG) distribution (Vaugh et al., 2003, 2004), which represents a solution to the one-dimensional advection-diffusion equation for a steady-state flow. The IG-TTD is defined as:

$$G(\tau) = \sqrt{\frac{\Gamma^3}{4\pi\Delta^2\tau^3}} \exp\left(-\frac{\Gamma(\tau-\Gamma)^2}{4\Delta^2\tau}\right);$$

Where:

- τ is the transit time (in years);
 - Γ is the mean-age (in years), representing the first moment of the TTD: $\Gamma = \int_0^{\infty} \tau G(\tau) d\tau$, which signifies the average time elapsed since the water was last in contact with the atmosphere;
 - Δ is the width (in years) of the TTD, which quantifies the spread of transit times around the mean age due to mixing and dispersion processes. It is related to the second moment of the distribution.
- The mixing ratio, defined as Δ/Γ , unitless), indicates the relative importance of mixing versus advection in the transport. A low ratio ($\ll 1$) suggests advection-dominated transport with a narrow range of transit times, while a high ratio ($\gg 1$) indicates strong mixing and a wide range of transit times.

While other forms of TTD, for instance, a two-IG distribution as used by Stöven and Tanhua (2014) for the Mediterranean Sea, or non-steady-state circulations may better represent reality in certain regions, the one-parameter IG-TTD remains a widely adopted and practical model. This is particularly true given the typical scarcity of multiple, independent tracer observations needed to constrain more complex distributions across large ocean basins. In this study, we apply the one-parameter IG-TTD framework as a robust approach for basin-scale analysis.

2.2 Definitions of Water Mass Age: Tracer-age, Mean-age, and Mode-age

The fundamental concept of water mass age is the time elapsed since a water parcel was last in equilibrium with the atmosphere at the surface (Thiele and Sarmiento, 1990). From the TTD framework, we derive and utilize three specific age definitions, each with its own physical interpretation and application (see conceptual diagram in Fig. 1).

1. Tracer-age: This is the simplest age estimate, obtained by matching the observed tracer partial pressure in a water sample directly to the historical atmospheric record. It assumes a purely advective pathway (i.e., no mixing), corresponding to a TTD that approaches a delta function as $\Delta/\Gamma \rightarrow 0$. This concept systematically underestimates the “true” age in the presence of mixing, as it ignores the distribution of transit times/pathways (Sonnerup et al., 2001).
2. Mean-age (Γ): This is the first moment of the TTD. It represents the average of the transit times of all water parcels within a sample. The mean-age is an integrative timescale, particularly useful for biogeochemical studies that depend on cumulative exposure times, such as calculating integrated oxygen consumption rates (e.g., Jenkins, 1987; Sonnerup et al., 2013).
3. Mode-age (τ_{mode}): This is the transit time at which the TTD, $G(t)$, reaches its maximum. For the IG-TTD, it is calculated as $\tau_{\text{mode}} = \Gamma(\sqrt{1 + (3\Delta^2/\Gamma^2)} - 1)$. The mode-age represents the most probable transit time of the dominant water fraction in the sample, making it a better proxy for the advective timescale along the core pathway of a water mass.

To calculate tracer partial pressures from measured concentrations, the saturation of transient tracers (CFC-12 and SF_6) in surface seawater must be determined. This saturation is a function of potential temperature (θ) and practical salinity (S), following established solubility relationships (Warner and Weiss, 1985; Bullister et al., 2002).

2.3 Determination of the Mixing Ratio and Age Calculation

A critical step in applying the IG-TTD is specifying the shape parameter, the mixing ratio (Δ/Γ). Ideally, this ratio is determined by fitting the TTD model to observations of two or more transient tracers with different input histories. However, the similar atmospheric growth curves of CFC-12 and SF_6 often preclude a robust, independent determination of Δ/Γ across

large ocean basins (Waugh et al., 2004). Furthermore, the limited number of collocated transient tracer observations restricts the application of more complex models.

To ensure a consistent and widely comparable analysis across the whole Atlantic Ocean, we adopt the standard mixing ratio $\Delta/\Gamma = 1$. This value represents a balance between advective and diffusive processes and is commonly used in large-scale oceanographic studies (Waugh et al., 2004; Stanley et al., 2012; Stöven and Tanhua, 2014; Thomas et al., 2020). We acknowledge this as a limitation but note it is a necessary and widely accepted approach for basin-scale analyses where tracer data are limited.

The mean-age (Γ) for each sample was calculated by finding the value that minimizes the difference between the observed tracer partial pressures and those predicted by convolving the IG-TTD (with $\Delta/\Gamma = 1$) with the atmospheric histories of CFC-12 and SF₆. The atmospheric histories for the Northern Hemisphere were taken from Bullister (2020). Where both CFC-12 and SF₆ data were available, they were used jointly in the inversion. Following Tanhua et al. (2008), in waters where the CFC-12 partial pressure was above ~450 ppt (typically younger, shallower waters), the solution relied more heavily on SF₆, whereas CFC-12 was the primary tracer used at lower partial pressures (typically older, deeper waters). The corresponding mode-age was then calculated from the derived mean-age and the fixed mixing ratio. For the radioactive tracer ³⁹Ar, the convolution integral incorporates an additional exponential decay term, $e^{-\lambda t}$, where λ is the decay constant corresponding to its 269-year half-life.

3 Results: Ages of water masses in the Atlantic Ocean

In this study, we follow the division of vertical layers and distributions of water masses presented by Liu and Tanhua (2021), but now focus on the transient tracers and water mass ages. The atmospheric concentrations of these tracers provide the essential input for age calculations: the CFC-12 increased monotonically until mid-1990s, for the CFC-12 and while the SF₆ is still increasing for the SF₆ (Fig. 2, a). In this study, we follow the division of vertical layers and distributions of water masses presented by Liu and Tanhua (2021), but now focus on the transient tracers and water mass ages. Three hydrographic sections are selected from the WOCE/GO-SHIP sections in this work to represent the mean-ages of the main water masses (Table 1). The A16 sections in 2013 (Expo-code 33RO20130803 and 33RO20131223) show the meridional distribution across the whole Atlantic Ocean, while the A05 section in 2010 (Expo-code 74DI20100106) and A10 section in 2011 (Expo-code 33RO20110926) show the zonal distributions in the North and South Atlantic Ocean respectively (Fig. 4). The partial pressures of CFC-12 and SF₆ along the above sections are shown in Fig. 4 (Only CFC-12 data are displayed along A05 section due to the lack of SF₆ data in this section). Both tracers show similar distributions with high values in the shallow layers, and a general decrease with increasing pressure.

Table 1: Expo-code, Ship, Chief scientists and PI of transient tracers for the selected hydrographic cruises to the Atlantic Ocean showed as sections in this study

WOCE/GO-SHIP section	Year	Expo-code	Ship	Chief Scientist	PI of transient tracers
A16N	2013	33RO20130803	Ronald H. Brown	John Bullister & Molly Baringer	John Bullister
A16S	2013	33RO20131223	Ronald H. Brown	Rik Wanninkhof	John Bullister
A05	2010	74DI20100106	Discovery	Brian King	Marie-José Messias
A10	2011	33RO20110926	Ronald H. Brown	Molly Baringer	John Bullister

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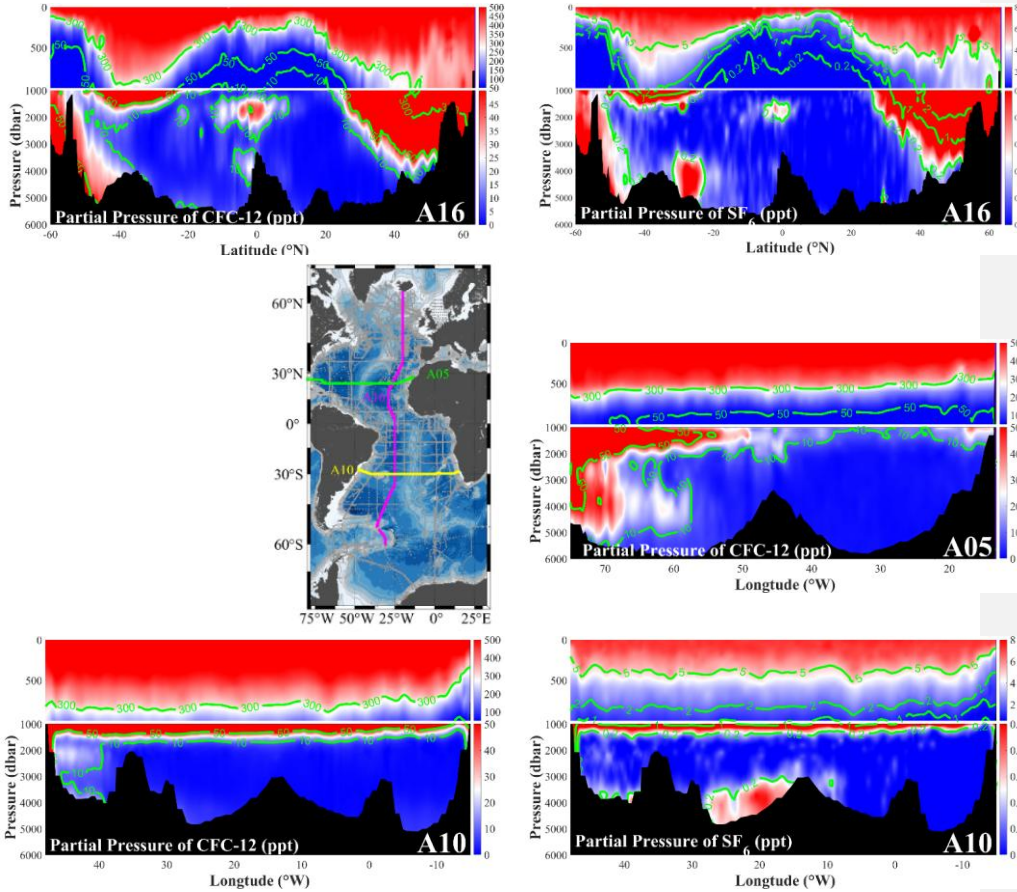


Figure 4. Map of three selected WOCE/GO-SHIP sections to represent the ages of the main water masses in the Atlantic Ocean (middle left) and partial pressures of CFC-12 and SF₆ along the three selected sections. Note the different colorbars between upper and lower parts divided at pressure of 1000 dbar.

In this study, CFC-12 is used to estimate water mass ages when the partial pressures of CFC-12 are lower than 450 ppt, while the SF₆ is used when the partial pressures of CFC-12 are higher than 450 ppt according to Tanhua et al., (2008). The distributions of partial pressures mean that the upper layer have the lowest mean-ages within ~100 years and mode-ages within ~30 years (Fig. 5). The distributions of mean-ages and mode-ages also show spatial differences in the horizontal direction. Relatively low ages are found in the high latitude regions (Fig. 5, a and b). This indicates that the deep water masses are newly

297 formed here, and thus have low ages. In the region between 20 and 40 °N, the mean-age reaches the peak value up to ~1000
 298 years and the mode-age up to ~150 years, suggesting the sluggish water exchange and long residence time of old water masses.
 299 In the zonal direction, both mean-ages and mode-ages are significantly lower in the west in the general region below 1500m
 300 dbar, suggesting that these regions are better ventilated due to the western boundary current (Fig. 5 c to f).

301 In the analysis of water mass ages in each layer, maps with mean-ages and mode-ages in each station are firstly presented as a
 302 qualitative overview. The mean values of the ages at the core pressure of each water mass are plotted at certain station. In
 303 addition, the quantitative calculations are made along the three selected sections to represent the distributions of water mass
 304 ages in detail and estimate the impacts from currents and mixing.

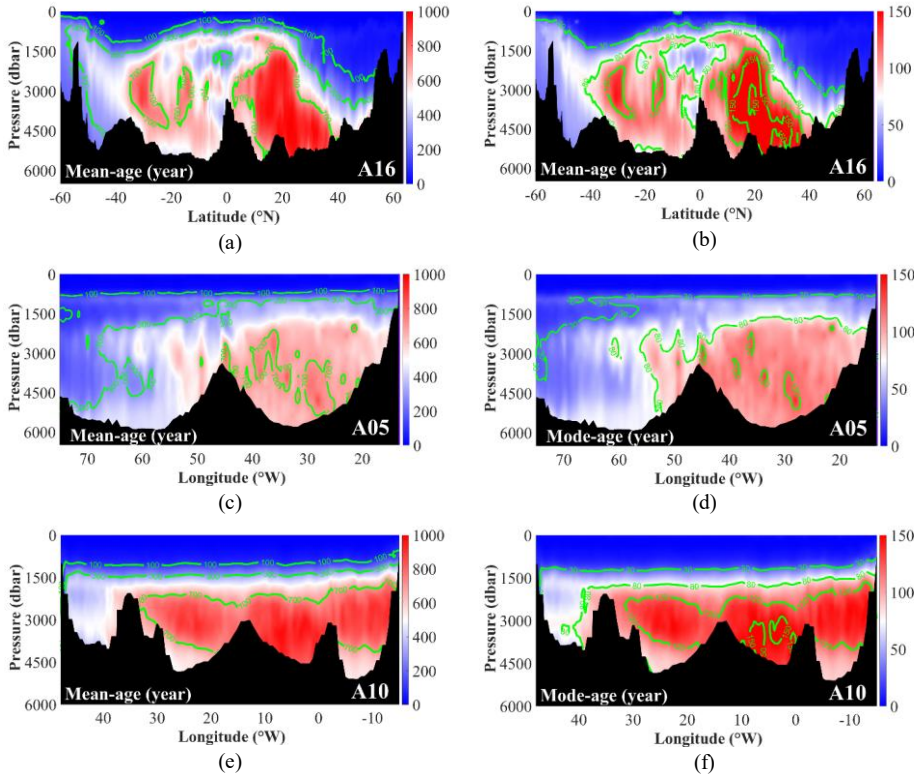


Figure 5. Mean-ages and Mode-ages along the three selected WOCE/GO-SHIP sections

305

306 **3.1 The upper layer**

307 The spreading of central waters can be traced by the distributions of ages. After leaving their formation areas in the mid-
308 latitude regions, the West North Atlantic Central Water (WNACW) and West South Atlantic Central Water (WSACW) spread
309 generally in zonal direction towards the formation areas of the East North Atlantic Central Water (ENACW) and East South
310 Atlantic Central Water (ESACW) with Azores Current and South Atlantic Current, respectively (Fig. 6, a). The mean-ages
311 show that the “mixed” age of all the compositions in the western central waters is ~50 years (Fig. 6, b and Fig. 7). When
312 focusing on the main body of WNACW and WSACW, the mode-ages show that the advective time-scale is ~15 years for both
313 water masses (i.e. Both WNACW and WSACW take ~15 years from the formation area to the equator, Fig. 6, c and Fig. 7).
314 At greater depths, the ENACW and ESACW are transported from their formation areas and spread with the main currents
315 towards the equator (Fig. 6, a). In the northern hemisphere, the ENACW spreads southward with the Canaries Current, while
316 the ESACW in the southern hemisphere is transported northward with the Benguela Current and the South Equatorial Current.
317 The difference in mean-age is ~100 years between the formation areas and the equatorial region (Fig. 6, b and Fig. 7).
318 The mode-ages indicate that the main body of ENACW and ESACW takes approximately 30 years to be transported from
319 formation areas to the equator (Fig. 6, c and Fig. 7). The central waters occupy the upper layer above the neutral density isoline
320 of 27.10 kg m^{-3} . The core pressures of western and eastern central waters are around the neutral density (γ) of 26.5 and 26.9
321 kg m^{-3} respectively (Liu and Tanhua, 2021). The ages of central waters at their core neutral densities are shown in Fig. 6. The
322 eastern central waters have mean-ages of up to approximately 100 years and mode-ages up to approximately 30 years, while
323 the western central waters are younger with ages of ~50 years and ~15 years respectively (Fig. 6). The relatively low ages in
324 the upper layer indicate that these water masses are newly formed. In the meridional direction along the A16 section, both
325 mean-ages and mode-ages show low values of around 20 years in the mid-latitude regions that are close to the formation areas
326 of central waters (Fig. 6 and Fig. 7). In contrast, the ages are higher (~100 years for mean-age and ~30 years for mode-ages)
327 in the tropical region. In the zonal direction, the ages in the eastern basin are slightly higher than in the western basin for the
328 central waters, but the difference is only within ~10 years for both mean-ages and mode-ages, indicating that the influence
329 from western boundary current is not significant in the upper layer. (Fig 7).

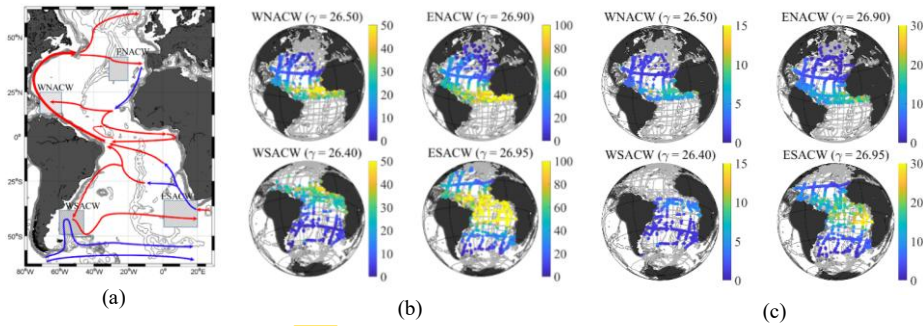


Figure 10.2.1 Ages of central water masses in the Atlantic Ocean.

- (a) The main currents in the upper 1000 m with warm (red) and cold (blue) currents and the approximate formation areas (rectangular shadows) of central water masses.
- (b) The mean- and (c) mode-ages of central water masses at their core neutral densities (kg m^{-3}). The colored dots show the ages in each station. The grey dots show all the GLODAPv2 stations that have less than 20% contribution of the water mass in question or lack of transient-tracer data.

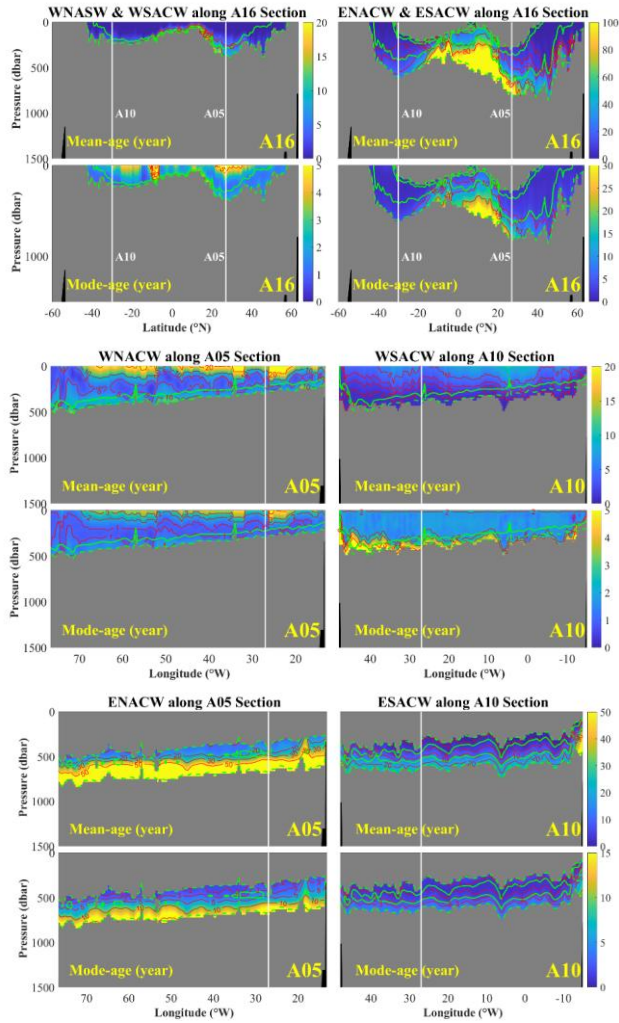


Figure 7. The mean- and mode-ages of central waters along the three sections for the upper 1500 dbar. The solid green isolines show the 50% fractions of water masses and the dashed green lines show the 20 % fractions. The grey color indicate areas with less than 20% contribution from central waters. White vertical lines show cross overs with other sections.

331 **3.2 The Intermediate Layer**

332 Three main water masses belong to the intermediate layer (γ between 27.10 and 27.90 kg m⁻³), including the Antarctic
333 Intermediate Water (AAIW), the Subarctic Intermediate Water (SAIW) and the Mediterranean Water (MW). The ages of SAIW
334 are not displayed in this study due to the lack of tracer data with a complete section through ~~in~~ the distribution region of this
335 water mass.

336 **Antarctic Intermediate Water (AAIW):** The AAIW spreads from the formation area between 40 and 50 °S northward to
337 approximately 30 °N along the Western Boundary Current (WBC) (Fig. 8, a). The northward flow of this water mass is part
338 of the Atlantic western boundary current system (Talley, 1996) and the upper limb of AMOC (Kirchner et al., 2009).

339 Compared to the central waters, AAIW has significantly higher ages. In principle, the AAIW is supposed to get higher ages
340 towards the north. In the meridional direction, the mean- and mode-ages increase from 0 to ~300 years and ~80 years from
341 formation area to the equator, and further increase up to ~400 years and ~100 years respectively to 20 °N (Fig. 8 and 9).
342 However, both ages decrease instead and approach even towards 0 in the further north region between 20 °N and 30 °N (Fig
343 8, b and c), giving the impression of the AAIW being younger in the north Atlantic Ocean. The reason for the above result is
344 the intervention from surrounding water masses. The maximum distance of AAIW to the north can reach 30 °N, but between
345 20 °N and 30 °N, this water mass mixes with the ENACW and upper NADW (Fig 7, a, Fig. 9, a and Fig. 11, a), which origins
346 from the Labrador Sea Water (LSW, Liu and Tanhua, 2021). Both ENACW and upper NADW are newly formed in this region,
347 so the “mixed” AAIW obtains younger ages. Age differences are also found in the zonal direction. In better ventilated western
348 basins, the AAIW transports northward with the western boundary current (WBC), so the mean- and mode-ages are lower. By
349 contrast, the ages are significantly higher in the eastern basins with poor ventilation. The mean-ages reach ~400 years and the
350 mode-ages are up to ~100 years in the east between 0 and 20 °S (Fig. 8, b and c). The mean- and mode-ages along the A05
351 section also show the zonal difference (Fig. 9, b). In the eastern basin (east of the Mid-Atlantic-Ridge, MAR), the mean-age
352 and mode-age appears up to ~400 and ~80 years respectively, in contrast only ~200 years and ~50 years in the west. This
353 distribution confirms that the AAIW is transported by the WBC and takes a longer time to cross the MAR. Generally lower
354 ages are found along the A10 Section in contrast to the A05 Section due to closer distance to the formation area of AAIW (Fig.
355 9, c). Similar zonal difference exists with mean-ages of ~50 years in the west ~100 years in the east and mode-age of ~10 years
356 in the west and ~20 years in the east.

357 Both mean- and mode-ages of AAIW also show differences in the vertical direction due to the mixing with other water masses.
358 At the shallow boundary to the upper layer, the AAIW mixes with “younger” eastern central waters. At the lower boundary to
359 the deep and overflow layer, the northward flowing AAIW mixes with the southward flowing upper NADW. Along the A10
360 section, the upper NADW has experienced long spreading times and obtained a high mean-age of ~600 years and a mode-age
361 of ~80 years (Fig. 11). As a result, the “mixed” ages between AAIW and upper NADW (~300 years for mean-age and ~60
362 years for mode-age) are relatively high at the border compared to the ages at core of AAIW (~100 years for mean-age and ~20
363 years for mode-age, Fig 9, c). The situation is the opposite along the A05 section: The AAIW is old in the north Atlantic, while
364 the upper NADW here is still relatively young. The “mixed” mean-age is ~200 years and mode-age is ~50 years in contrast to
365 ~300 years for the mean-age and ~60 years for mode-age at the core of AAIW (Fig 9, b). This result is consistent with the ages
366 of NADW in the next section.

367 **Mediterranean Water (MW):** The MW is referred to as the product of the Mediterranean Overflow Water (MOW) that flows
368 across the Strait of Gibraltar and mixes with the ENACW (Liu and Tanhua, 2021). This water mass is formed in the Gulf of

369 Cadiz where the MOW exits the Strait of Gibraltar as a deep current and turns into two branches (Fig 8, a). The northward
 370 branch spreads into the West European Basin until 50 °N, while the westward branch spreads across the MAR into the west
 371 basin of the North Atlantic Ocean (Price et al., 1993; Carracedo et al., 2016).
 372 The spreading of MW can also be traced by the transient tracers (Fig 9, a), in addition to the water mass variables that goes
 373 into the OMP analysis (Liu and Tanhua, 2021). The ages of MW have an increasing trend towards the south (Fig. 8, b and c).
 374 The northward flow spreads faster so the mean-age is ~100 years and the mode-age is ~ 20 years at 50 °N. In contrast, the
 375 southward flow shows a higher mean-age of ~400 years and mode-age of ~100 years at 25 °N along the A05 Section (Fig 9,
 376 b). In the zonal direction, the ages decrease to the west (Fig 9, b), since the fraction of MW is only between 20% and 30%
 377 along this section (green dash contour lines in Fig 9, b), and is therefore influenced by the lower ages from the NADW.

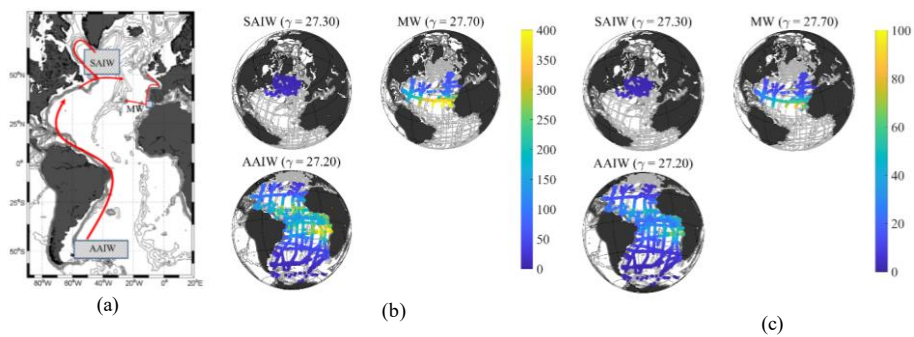
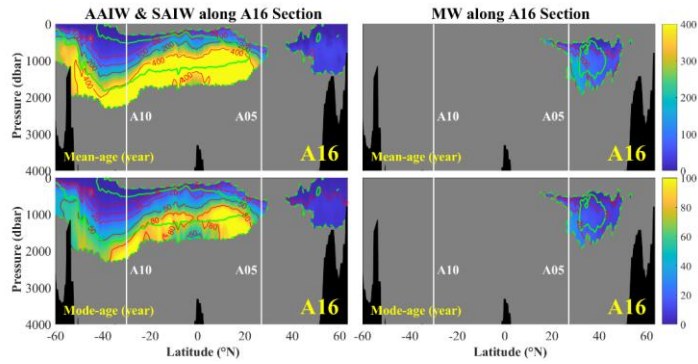


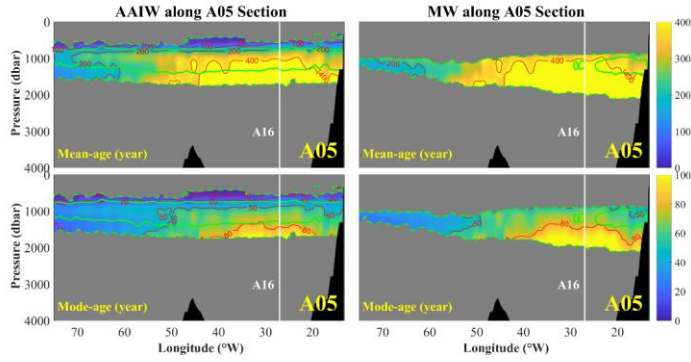
Figure 8. Ages of intermediate water masses in the Atlantic Ocean.

- (a) Main currents in the intermediate layer. The currents (arrows) and the formation areas (rectangular shadows) of water masses in the intermediate layer.
- (b) The mean- and (c) mode-ages of intermediate water masses at their core neutral densities (kg m⁻³). The colored dots show the ages in each station. The grey dots show all the GLODAPv2 stations that have less than 20% contribution of the water mass in question or lack of transient-tracer data.

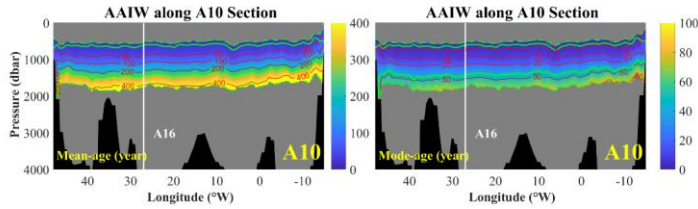
378



(a)



(b)



(c)

Figure 9. Mean- and mode-ages of intermediate water masses along the three sections for the upper 4000 dbar. The solid green isolines show the 50% fractions of water masses and the dashed green lines show the 20 % fractions. The grey blank indicates less than 20% contribution from intermediate water mass. White vertical lines show cross overs with other sections.

379 **3.3 Deep and Overflow Layer**

380 The North Atlantic Deep Water (NADW), including its upper and lower portions, dominates the deep and overflow layer (γ
381 between 27.90 and 28.10 kg m⁻³) of the Atlantic Ocean. This water mass is formed in the high latitude region in the North
382 Atlantic and spreads southward at pressures between 2000 and 4000 dbar until it meets AAIW and AABW in the Antarctic
383 Circum-polar Current (ACC) region. The southward spreading pathway is along the Deep Western Boundary Current (DWBC,
384 Fig. 10, a). Meanwhile, the NADW also extends eastward with the eddies and finally covers the deep and overflow layer
385 (Dickson and Brown, 1994).

386 **Upper and lower North Atlantic Deep Water (NADW):** The NADW is a water mass that is transported far southward from
387 its formation area, with a mean-age of ~600 years (Fig. 10, b) and mode-age of ~100 years (Fig. 10, c) at the southern limb in
388 the Antarctic Circum-polar Current (ACC) region. The increasing ages during the pathway to the south is shown along the A16
389 section (Fig. 11, a). After leaving the formation area, the mean- and mode-ages increase ~200 and ~20 years respectively from
390 60 °N to 40 °N. Afterwards, a sharply increase in both ages appear in the region between 30 °N and 10 °N. In this interval, the
391 highest value of mean-age reaches ~1000 years and the mode-age is up to ~150 years. This is because the A16 section at this
392 latitude range passed through the east part of the Atlantic Ocean (east of MAR) and the distance from the Deep Western
393 Boundary Current (DWBC, Fig. 4 and Fig. 10, a) was high. High ages in this region are due to the sluggish water exchange
394 over the ridge. This result can also be confirmed by the observation along the A05 Section (Fig. 11, b): The NADW near the
395 DWBC region has a low mean-age of ~200 years and mode-age of ~40 years, while the ages are up to ~600 years and ~100
396 years east of the MAR. After passing the equator, when the A16 section returns to the west of the MAR, the mean-ages of
397 NADW are ~400 years and the mode-ages are ~80 years in the latitude range between 0 and 20 °S, which further increase to
398 ~600 (mean-ages) and ~100 (mode-ages) years along the pathway southward until 40 °S. In the ACC region between 40 °S
399 and 60 °S, the mean- and mode-ages of upper and lower NADW decrease to ~400 and ~80 years respectively. Similar to the
400 situation of AAIW in the north Atlantic, this is also the result of mixing with newly formed AAIW and AABW. The spreading
401 of NADW in the zonal direction is slower eastward, so the ages are generally higher in the eastern basin of the Atlantic Ocean
402 (Fig. 10, b and c). The tracer data along the A05 and A10 sections also reflect the above result. In the A05 section, the mean-
403 ages are ~200 years in the west and ~600 or even ~800 years in the east, and the mode-ages show ~50 years in the west and
404 ~100 to ~120 years in the east (Fig. 11, b). In the A10 section, the mean-ages are ~400 years in the west and ~800 years in the
405 east and the mode-ages are ~80 years in the west and ~120 years in the east (Fig. 11, c).

406 In the vertical direction, the upper NADW mixes with the AAIW from above and the lower NADW mixes with the AABW
407 from below. As the NADW is transported in the opposite direction to these two water masses, the “mixed” ages in the north,
408 which is closer to the formation area of NADW, are higher than the age at the core density of NADW, while the opposite
409 situation exists when spreading to south. After entering the ACC region, both mean-age and mode-age even decrease since the
410 fractions of newly formed AAIW and AABW are high.

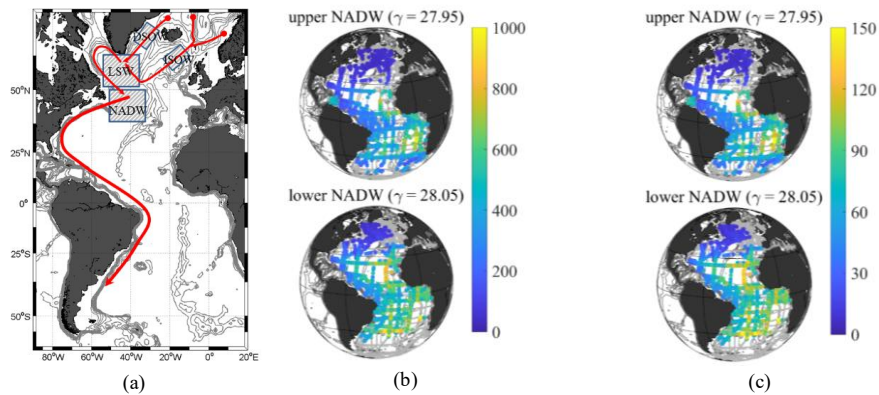
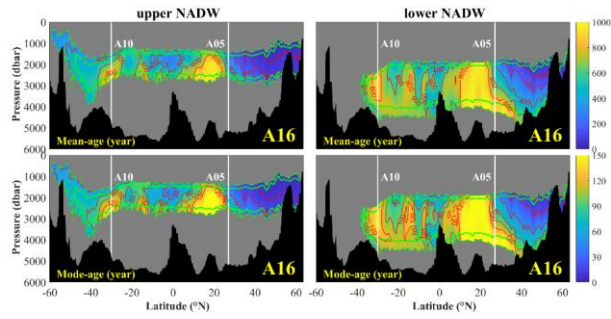
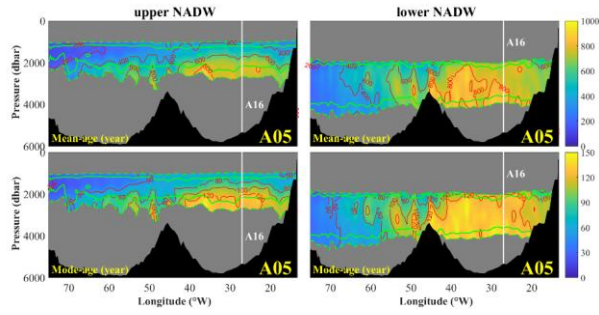


Figure 10. Ages of upper and lower NADW in the Atlantic Ocean.

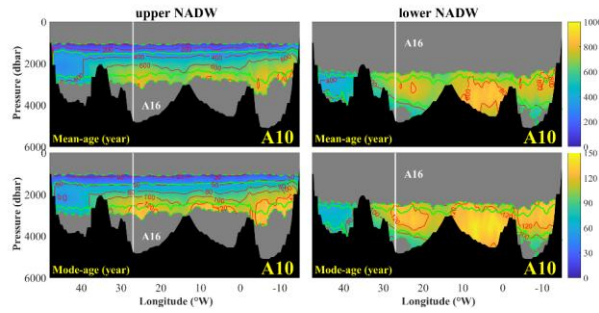
- (a) Main currents in the deep and overflow layer. The currents (arrows) and the formation areas (rectangular shadows) of water masses in the deep and overflow layer.
- (b) The mean- and (c) mode-ages of upper and lower NADW at their core neutral densities (kg m^{-3}). The colored dots show the ages in each station. The grey dots show all the GLODAPv2 stations that have less than 20% contribution of the water mass in question or lack of transient-tracer data.



(a)



(b)



(c)

Figure 11. Mean- and mode ages of upper and lower NADW along the A16 (a), A05 (b) and A10 (c) section lines. The green contour lines show fractions of water masses in 50 % and the dashed green lines show the 20 % fractions. The grey blank indicates less than 20% contribution from NADW. The white vertical lines show cross overs with other section lines.

411 **3.4 Bottom Layer**

412 The bottom layer is noticed already by Wüst, (1933) as it is filled with water from the south. Sverdrup, (1940) further pointed
413 out the role of ACC plays in the formation and spreading of Antarctic Bottom Water (AABW). On this basis, Mantyla and
414 Reid, (1983) elaborated that the most original dense bottom water is restricted near the Antarctic region by topography and the
415 northward flow of bottom water is the mixture of original dense water and the overlying warm water. Gordon and Huber (1990)
416 and Orsi et al., (1999) illustrated that the pathway of AABW to the north is through the Drake Passage sill into the Argentina
417 and Brazilian Basin (Fig. 12, a). In the Atlantic Ocean, the AABW dominates the bottom layer ($\gamma > 28.10 \text{ kg m}^{-3}$), which
418 origins from the Weddell Sea and spreads to the north. After passing the equator, the AABW is redefined as Northeast Atlantic
419 Bottom Water (NEABW, Liu and Tanhua, 2021).

420 **Antarctic Bottom Water (AABW) & Northeast Atlantic Bottom Water (NEABW):** The transport of bottom water is a long
421 process going from the south towards the north. In the meridional direction, the AABW is transported towards the equator with
422 a mean-age of ~600 years and mode-age of ~100 years at the equator, and further northward as NEABW to 40 °N with a mean-
423 age of ~1000 years and mode-age of ~150 years (Fig. 12, b and c). Combined with the A16 Section, more specific
424 segments/details can be seen. In the early stage from the surface of Weddell Sea to the bottom (below the pressure 4000 dbar)
425 at 40 °S, the mean-age of AABW is ~300 years and mode-age is ~50 years. In the range between 10 and 30 °S, high values of
426 ~800 years (mean-age) and ~120 years (mode-age) appear due to the mixing with the lower NADW with high ages (Fig. 13,
427 a). After passing the equator, the redefined NEABW contains a mean-age up to ~1000 years and mode-age up to ~150 years
428 at 40 °N, indicating that the bottom water, including the AABW and NEABW, takes about 150 years (mode-age) for the
429 transport from the formation area (Weddell Sea) to 40 °N. North of 40 °N, the ages decrease due to the mixing with newly
430 formed lower NADW in this region (Fig. 12, b and c, Fig. 13, a). The distribution of mean- and mode-ages also show a
431 difference in the zonal direction. As shown in Fig.12 b and c, the general age distribution presents a trend with lower ages in
432 the west, and higher in the east. Along the A10 section at 30 °S, the AABW has a mean-age of ~400 in the west and ~600 years
433 in the east, whereas the mode-age is ~50 in the west and ~100 in the east. A similar situation is recorded along the A05 section;
434 the mean-age of NEABW is ~600 years in the west and ~800 years in the east, whereas the mode-age is ~80 years in the west
435 and between ~120 years in the east (Fig. 13, b). An additional factor that affects the age distributions is the mixing between
436 AABW and NADW. In the south hemisphere, both ages are relatively low (~400 years for mean-age and ~80 years for mode-
437 age) at the pressures below 4000 dbar, where the AABW has a fraction higher than 50%, while the ages are significantly higher
438 when the AABW mixes with lower NADW at pressure of ~3000 dbar, especially in the region between 0 and 10 °W, the mean-
439 age reaches up to ~800 years and the mode-age is ~120 years. This is because the “old” NADW takes up a fraction for more
440 than 50% to 80%. The situation in the north hemisphere is the opposite, the ages of NEABW are higher in the bottom layer
441 below 4000 dbar but lower in the deep layer at 3000 dbar due to the mixing with the young NADW. In the western basin, the
442 mean-age is ~600 years and mode-age is ~80 years in the bottom, while ~400 years and ~50 years when mixes with NADW.
443 Similar in the east basin, the mean-age is ~800 years and mode-age is ~120 years below 4000 dbar, while ~600 years and ~100
444 years at 3000 dbar (Fig. 13, b).

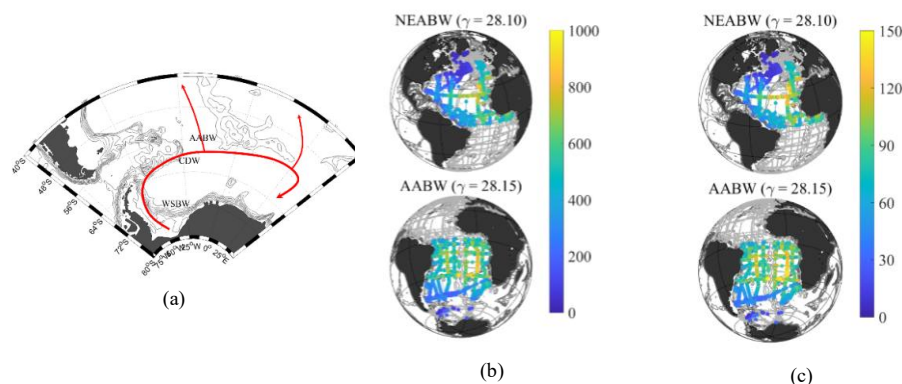


Figure 12. Ages of bottom water masses in the Atlantic Ocean.

- (a) Main currents in the bottom layer. The currents (arrows) and the formation areas (rectangular shadows) of water masses in the deep and overflow layer.
- (b) The mean- and (c) mode-ages of bottom water masses at their core neutral densities (kg m^{-3}). The colored dots show the ages in each station. The grey dots show all the GLODAPv2 stations that have less than 20% contribution of the water mass in question or lack of transient-tracer data.

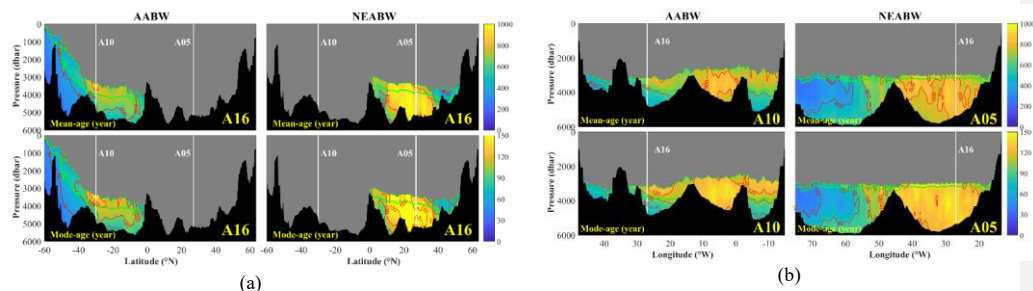


Figure 13. Mean-ages of AABW and NEABW along the A16 (a), A05 and A10 (b) section lines.

The green contour lines show fractions of water masses in 50 and the dashed green lines show the 20 % fractions. The grey blank indicates less than 20% contribution from bottom water masses. The white vertical lines show cross overs with other section lines.

446 **4 The application of water mass ages in estimating the oxygen utilization rate (OUR)**

447 The transit time distribution (TTD) provides a framework for using transient tracers to estimate the time scales governing
448 ventilation, which in turn can be applied to quantify biogeochemical rates. For instance, based on the TTD determined from
449 the tracer observations, Wang et al., (2021) estimated the OUR in the northern South China Sea.

450 The oxygen concentration in seawater under steady state is maintained by the balance of supply from oxygen-rich surface
451 water and consumption by the respiration of organic matter. The Apparent Oxygen Utilization (AOU) shows the accumulated
452 oxygen consumption in a water mass since isolated from the atmosphere, and is defined as the difference between saturated
453 and measured oxygen concentration (i.e. $AOU = O_{\text{O}_2\text{sat}} - O_{\text{O}_2\text{meas}}$, Redfield, 1942; Redfield et al., 1963; Pytkowicz,
454 1971). The Oxygen Utilization Rate OUR ($\mu\text{mol kg}^{-1} \text{ yr}^{-1}$) can be calculated from AOU and water mass age and shows the
455 integrated oxygen utilization rate (oxidation rate) during the pathway of a water mass from surface of the formation area to the
456 sampling location (Jenkins, 1987; Doney and Bullister, 1992; Sonnerup et al., 2013). In addition, the OUR is also an important
457 indicator in characterizing the combination of ventilation and respiration of the interior ocean (Koeve and Kähler, 2016;
458 Thomas et al., 2020).

459 The true, or local OUR is difficult to estimate, and the main difficulty focuses on the determination of the “true” water mass
460 age since the seawater comes from different pathways due to the mixing in the ocean interior (Tomczak, 1999; Koeve and
461 Kähler, 2016). Researchers have tried a variety of ways to define the age of a water mass. For instance, the tracer-age (CFC
462 age) is used in Karstensen et al., (2008), while the mean-age (partial pressure ages) is used in Sonnerup et al., (2015) in
463 estimating the “integrated” water mass age that effects the oxygen consumption. As described in Section 2.2, the mean-age
464 represents the average of all the parts in one water sample, so the OUR calculated from mean-age is a “mixed” value of all the
465 contributing water masses in the sample. In the steady state, the mean-age can reflect the “mixed” or “integrated” OUR
466 objectively. However, when we are labelling a specific wide-spread water mass and investigating the transport time from
467 formation area, this water mass is often mixed with the surrounding water masses, so the mean-age reflects the “mixed” OUR
468 of the mixture instead of the original labelling water mass. In this case, the mode-age is a better choice, because it describes
469 the dominant time-scale a specific water mass takes from surface of formation area to the pressure of sampling place. In other
470 words, the mode age is closer to the transport time of the original water mass and the OUR calculated from the mode-age
471 might be a reasonable representation of the average OUR during the transport to the sampling location. In this section, we
472 focus on the wide-spread water masses in the Atlantic Ocean and the mode-age is used to calculate the OUR during the active
473 transport of wide-spread water masses.)

474 Water masses with mode-ages larger than ~50 years in some parts of their distribution, including the AAIW, NADW, AABW
475 and NEABW in the Atlantic Ocean, are defined here as wide-spread water masses. The transports of these wide-spread water
476 masses are significantly influenced by the currents and topography. Therefore, their mode-age shows regional differences.
477 Such differences also exist in DO and AOU, and lead to the spatial differences in OUR, especially between the eastern and
478 western basins (Fig. 14). In the meridional direction, the mode-age increases with the distance from formation area. In the
479 zonal direction, significant differences exist between the east and west of MAR. The wide-spread water masses generally have
480 lower mode-ages in the western basin, which is better ventilated by the WBC and the DWBC (Fig. 14, left). In addition, surface
481 oxygen-rich water is transported by these water masses to the deeper layers and are gradually consumed during the path-way.
482 As a result, the DO is highest in the formation area and decreases with the distance. Meanwhile, the western basin displays
483 higher DO due to the better ventilation (Fig. 14, middle left). The OUR shows a similar distribution to DO indicating that
484 higher oxygen consumption rate, or oxidation rate is co-located with the regions with high oxygen concentration. At the same
485 time, Fig. 14 also shows that the OUR approaches 0 when the mode-age is larger than ~50 years.

批注 [勉刘1]: However, the choice between mean-age and mode-age significantly impacts the magnitude of the calculated OUR, as noted by the reviewer. The mean-age ($\bar{t}$) represents the average time elapsed since all water parcels in the sample were last in contact with the atmosphere, integrating over all pathways including long tails of older water. It is thus an effective age for the integrated oxygen consumption (AOU) witnessed by the sample. In contrast, the mode-age, representing the most probable transit time, better captures the advective timescale of the dominant water mass along its dominant pathway from its formation region. Since the goal of this section is to estimate the oxygen utilization rate during the active transport of well-defined, wide-spread water masses (like AAIW, NADW), we argue that the mode-age is the more appropriate choice. It more closely approximates the time available for respiration to occur along the core of the water mass's trajectory. Using the mean-age, which includes much older water fractions, would result in an OUR that is diluted over a longer, and perhaps less relevant, timespan, potentially yielding unrealistically low rates. Therefore, for the following analysis of wide-spread water masses, we use the mode-age to calculate the OUR.

486 In the intermediate layer, the AAIW show low mode-ages, high DO and low AOU in the formation area near the Antarctic
 487 region. During the northward transport between 40 °S and 20 °N, the mode-ages increase and the DOs decrease with distance
 488 from the formation area (Fig. 14, upper panel). In general, the mode-ages are lower in the west, while the zonal difference for
 489 DOs are not significant except for some regions in the eastern basins. The mode-ages are mostly between ~60 and ~90 years
 490 and reaches up to ~120 years in the poor ventilated eastern basin. The DOs are between 160 and 220 $\mu\text{mol kg}^{-1}$ in the south
 491 hemisphere and mostly between 100 and 160 $\mu\text{mol kg}^{-1}$ in the north hemisphere. The OURs in the Antarctic region obtain the
 492 highest value in the latitude region between 20 and 40 °S and decrease on the pathway to the north until 20 °N.

493 In the deep and overflow layer, the NADW is newly formed in the high north latitude. In most regions covered by the NADW
 494 between 30 °N and 40 °S, the differences between west and east exist with obvious low mode-age and AOU (high DO) and in
 495 the west, where is well ventilated by the DWBC (Fig. 14). The mode-age is between ~30 and ~60 years in the west and between
 496 ~90 and ~150 years in the east. The AOU is lower in the west and higher in the east. The OUR, which shows the opposite
 497 distribution as the AOU in the zonal direction, obtains the highest value in the formation area of NADW, maintains relative
 498 higher in the west along the DWBC region and shows a lower value in the eastern basin.

499 The bottom layer is occupied by the AABW and NEABW in the south and north hemisphere respectively. The AABW is
 500 formed in the Antarctic region with an original mode-age lower than ~30 years and increases on the way to the north. Similar
 501 to the AAIW and NADW, the western basin is better ventilated, therefore the mode-ages are lower in the west at the same
 502 latitude (Fig. 14, lower panel). In contrast to the AAIW and NADW, the AABW obtains relative lower DOs and higher AOU
 503 when formed (see also Fig. 15, b). In the western basin of the South Atlantic, the DOs decrease to 220 $\mu\text{mol kg}^{-1}$ and the AOU
 504 increase to 130 $\mu\text{mol kg}^{-1}$ on the pathway, while in the eastern basin, the DOs are 240 $\mu\text{mol kg}^{-1}$ and the AOU are 110 $\mu\text{mol kg}^{-1}$.
 505 This is because the eastern basin is more influenced by the relative oxygen-rich NADW from the north. Similarly, the
 506 DOs and AOU of NEABW in the North Atlantic also show similar states to the NADW. In west regions ventilated by the
 507 DWBC, the DOs reach the values of higher than 260 $\mu\text{mol kg}^{-1}$ and AOU is lower than 70 $\mu\text{mol kg}^{-1}$. This result can also be
 508 confirmed in Figure 15. Although the distributions of DOs and AOU are more complex in the bottom layer, the OURs still
 509 match the distribution of mode-ages. The highest OURs appears in the formation area near the Antarctic region with values
 510 higher than 4 $\mu\text{mol kg}^{-1} \text{ yr}^{-1}$. In the western Atlantic region with low mode-ages, the OURs show relative higher values (>
 511 between 1 and 3 $\mu\text{mol kg}^{-1} \text{ yr}^{-1}$) and low value (below 1 $\mu\text{mol kg}^{-1} \text{ yr}^{-1}$) in the east (Fig. 14, lower panel).

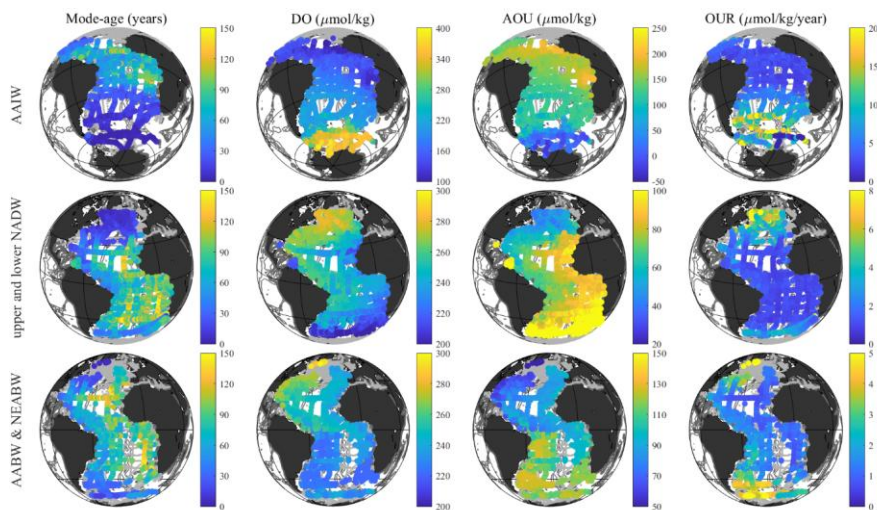


Figure 14. Mode-age, DO, AOU and OUR of wide-spread water masses in the Atlantic Ocean.

The colored dots show the values in each station at core neutral densities of each water mass (AAIW at 27.20, upper NADW at 27.95, lower NADW at 28.05, AABW at 28.15, NEABW at 28.10 kg m^{-3} , the upper and lower NADW, AABW and NEABW are shown in one plot. The grey dots show all the GLODAPv2 stations that have less than 20% contribution of the water mass in question.

512 The above four properties are also represented along the A16 section (Fig. 15). The AAIW has the lowest mode-age among
 513 the three water masses, but also the largest variations in the DO and AOU. The mode-age indicates that in total of ~40 to 60
 514 years is needed for the main body of AAIW (fractions > 80%) to be transported to the equator (Fig 15, a). The DO decreases
 515 rapidly from 260 to below 180 $\mu\text{mol kg}^{-1}$ at the oxygen minimum zone at 20 °S, while the AOU increases from 60 to 150 μmol
 516 kg^{-1} during the northward pathway (Fig 15, b and c). The OUR is higher than 8 $\mu\text{mol kg}^{-1} \text{yr}^{-1}$ at the beginning and decreases
 517 to 3 $\mu\text{mol kg}^{-1} \text{yr}^{-1}$ close to the equator (Fig 15, d). The mode-age of NADW is ~140 years at 40 °S and reaches a peak of ~160
 518 years in the region of 20 °N due to the sluggish water exchange caused by the topography. The NADW contains the highest
 519 oxygen concentration and the lowest AOU and OUR in the abyssal Atlantic Ocean. The value of DO is 260 $\mu\text{mol kg}^{-1}$ at
 520 the starting point at 60 °N and still remains 220 $\mu\text{mol kg}^{-1}$ at 40 °S where it meets the AABW and AAIW. The AOU of NADW
 521 remains below 100 $\mu\text{mol kg}^{-1}$ during the entire pathway. The OUR of NADW is below 5 $\mu\text{mol kg}^{-1} \text{yr}^{-1}$ close to the formation
 522 area, and below 1 $\mu\text{mol kg}^{-1} \text{yr}^{-1}$ south of 60 °N. The transport of the main body of AABW takes in total of ~100 years
 523 from the Weddell Sea to the equator. The DO and AOU remain unchanged at 220 and 130 $\mu\text{mol kg}^{-1}$ respectively on the pathway to
 524 the equator, indicating very low OUR. Although derived from the AABW, the characteristics of the NEABW are more similar
 525 to the NADW in all the above properties.

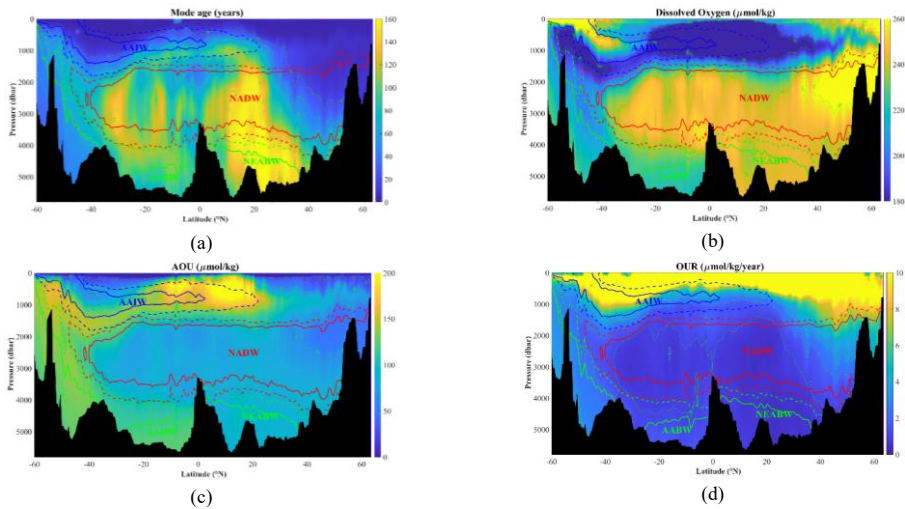


Figure 15. Distributions of mode-age (a), dissolved oxygen (b), conservative temperature (c) and AOU (d) along the A16 section line. The color solid lines show the fractions of 80% in each water mass and the dashed lines show the fractions of 50%.

526

527 **5 Estimation of water mass ages based on ^{39}Ar**

528 As a representative of noble gas radionuclides, ^{39}Ar is considered to exhibit nearly ideal chemical and physical properties for
529 studying earth and environmental processes (Lu et al., 2014). In this study, the mean- and mode- ages of Atlantic wide-spread
530 water masses, including AAIW, NADW, AABW, and NEABW, are also estimated based on observations of ^{39}Ar . For this
531 purpose, we make a distinction between the western (green dots) and eastern (red dots) Atlantic, divided by the Mid-Atlantic-
532 Ridge (Fig. 16a). The distribution of ^{39}Ar is shown in Fig. 16 b. Near the formation area of each wide-spread water mass, the
533 concentration of ^{39}Ar approaches approximately 100%, indicating that the surface waters are in equilibrium with the
534 atmosphere. As these water masses are transported over long distances and extended periods, the continuous decay of ^{39}Ar
535 leads to concentrations decreasing to roughly 30% at their furthest locations. By integrating this information with its half-life
536 of 269 years, the water mass ages can be estimated. For ^{39}Ar we focus our attention to the older water masses, as the younger
537 ones are better characterized by CFC12 and SF_6 .

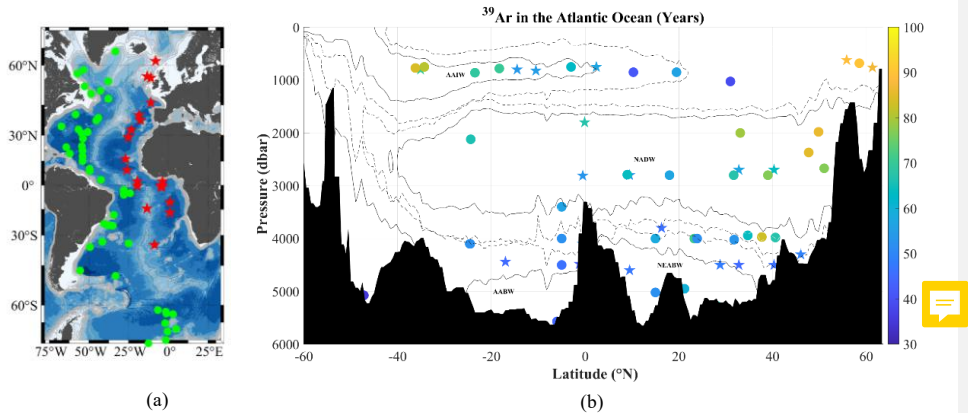


Figure 16. (a) Map of the ^{39}Ar sampling stations. The green circle dots show the stations in the west Atlantic Ocean (west of M-A-R), while the red pentagrams show the stations in the east Atlantic Ocean. (b) Distributions of ^{39}Ar in the Atlantic Ocean (% Modern). The circle dots show the data in the west, while the pentagrams show the data in the east Atlantic Ocean. The solid isolines show the 50% fractions of water masses and the dashed lines show the 20 % fractions.

538 Similar to the findings from CFC-12 and SF_6 observations, the mean- and mode-ages derived from measurements using ^{39}Ar
539 increase with transport from the source of formation (Fig. 17). At a latitude of approximately 40 °S, the AAIW exhibits mean-
540 ages ranging between ~100 to ~200 years (with mode-age around ~30 years). When transported northward to about 20 °S,
541 both mean- and mode-ages rise to roughly ~300 years and ~60 years respectively. Upon reaching approximately 10 °N during
542 further northward transport, these values escalate to around ~700 years for mean-age and ~100 years for mode-age. However,
543 near the region at about 20 °N, the terminus for northward flow, the mean-age decreases back down to roughly ~400 years
544 while maintaining a mode-age close to ~60 years due to mixing with younger upper NADW. In the deep and overflow layer,
545 the newly formed NADW initiates at high northern latitudes, exhibiting both mean- and mode-ages approaching zero. During
546 southward transport at around 30 °S, the concentration data indicates corresponding mean- and mode-ages of approximately
547 ~400 years and ~60 years respectively. Similarly, the bottom water masses (AABW and NEABW) display mean- and mode-

ages of around ~500 years and ~100 years respectively at the farthest end of the transport distance approximately 50 °N.

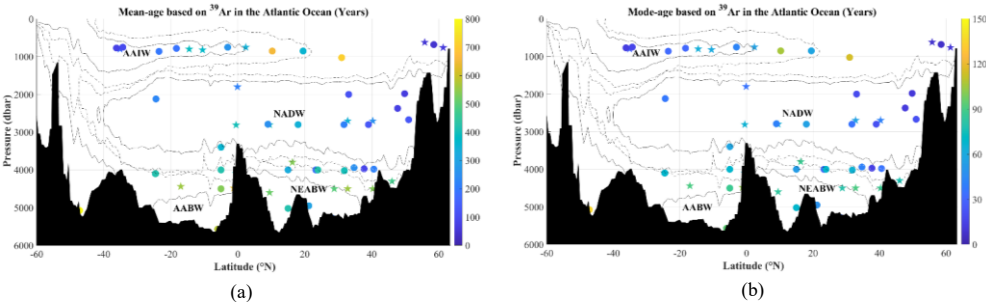


Figure 17. Mean- (a) and mode-ages (b) of the wide-spread water masses estimated by ^{39}Ar in the Atlantic Ocean. The circle dots show the data in the west, while the pentagrams show the data in the east Atlantic Ocean. The solid isolines show the 50% fractions of water masses and the dashed lines show the 20 % fractions.

The contrast between the western and eastern Atlantic Ocean is distinctly evident (Fig. 18.16. b). Generally, higher concentrations of ^{39}Ar are observed in the west compared to the east at equivalent latitudes. For instance, in the vicinity of the AAIW formation area at 40 °S, the ^{39}Ar concentration is approximately 100% in the west and around 70% in the east. In the intermediate layer near the equator, these concentrations decrease to about 70% (west) and 50% (east). These findings suggest that both mean- and mode-ages of AAIW are close to zero at 40 °S. The mean-age is estimated to be ~300 years in the west and ~500 years in the east. Similar results are also observed in the deep water and overflow layers. Based on elevated levels of ^{39}Ar near its formation area, it can be inferred that both mean- and mode-ages of NADW are close to zero at 60 °N across both West and East Atlantic Oceans. Between 20 °N and the equator, the mean-age is estimated to be ~300 years in the west and ~500 years in the east; while the mode-age is around ~60 years (west) and ~90 years (east), respectively. For bottom water masses below a depth of 4000 m, concentrations of ^{39}Ar generally fall below 50%, with higher levels observed in the west (50%-60%) compared to lower levels seen in the east (40%-50%) between 20 °S and 40 °N, indicating the water mass ages range from ~400–500 years (mean-age) and ~60–90 years (mode-age) in the west, and from ~500–600 years (mean-age) and ~90–120 years (mode-age) in the east.

As expected, there are differences in the inferred age of water masses depending on which tracer you use. Apart from a possible mis-representation of the TTD by the IG distribution, this is due to different validity ranges for the three tracers. The mean- and mode-ages based on ^{39}Ar are generally lower than those based on CFC-12 and SF_6 , and such difference increases with the age of the water mass. For instance, in the eastern basin near 20 °N, the mean-age of NADW is ~1000 years and the mode-age is ~150 years by using CFC-12 and SF_6 (Fig. 10 and 11), whereas both ages are ~600 (mean) and ~90 (mode) years when based on ^{39}Ar (Fig. 17). Similarly, the mean- and mode-ages of the AABW (NEABW) near 50 °N are ~800 and ~120 years (Fig. 12 and 13), respectively, based on CFC-12 and SF_6 , but ~500 and ~100 years based on ^{39}Ar . The low concentrations of CFC-12 and SF_6 in the deep water can induce the increase of error and lead to an over-estimated water mass ages, and the ages derived from ^{39}Ar are better estimates. However, due to the insufficient number of sampling data for ^{39}Ar , it is not possible to form a cross-section plot. From the aforementioned differences, it is evident that the correct selection of tracers is also crucial for accurately determining the age of the water mass.

573 6 Conclusions and discussion

574 The geographic distributions of main water masses in the Atlantic Ocean are reported in Liu and Tanhua, (2021). As this
575 continuous work, the transport of water masses are traced by the transient tracers (CFC-12, and SF₆ and ³⁹Ar) and the water
576 mass ages (consumed time during the pathway) are estimated. The assumption of a standard mixing ratio ($\Delta/I = 1$) and a
577 saturation of 100% is followed. Three different definitions of water mass ages are investigateddiscussed. The tracer-age
578 assumes the ocean as a totally advective situation without diffusion and underestimates the actual age in the realistic ocean.
579 The mean-age, which shows the average value of all the different partspathways in one water sample, is used to show the static
580 distribution of water masses. The mode-age, which shows the age of the dominant water mass in the sample, is used to trace
581 the biogeochemical phenomena.

582 In general, the water mass age increases with the pressure and distance from the formation area, so the central waters in the
583 upper layer obtain the lowest ages of within ~100 years. In the intermediate layer, the AAIW and MW are two conspicuous
584 water masses and both take ~300 years to spread from south to north (AAIW) and east to west (MW) respectively. As the
585 dominant water mass in the deep and overflow layer, the NADW takes ~500 years to spread along the DWBC in the west
586 Atlantic Ocean, and takes ~900 years eastward to cover the east part. The bottom waters origin from south of Antarctic
587 Circumpolar Current region take ~600 years to spread northward and cover the bottom layer. Similar as the NADW, the mean-
588 age of both AABW and NEABW show spatial difference between the west (low mean-age) and the east (high mean-age). This
589 is because the west Atlantic Ocean is well ventilated by the DWBC while the water exchange is sluggish in the east.

590 The transient tracers (CFC-12, SF₆ and ³⁹Ar), serve as effective tools for identifying and quantifying oceanographic ventilation,
591 each tracer possessing distinct advantages and limitations in determining and tracing the depths and mean ages of water masses.
592 CFC-12 and SF₆ exhibit optimal applicability for water masses range within 2000 dbar pressure (or mean-ages < ~500 years).
593 However, their utility becomes constrained in deeper aqueous regimes (below 2000 dbar or mean-age > ~500 years) due to
594 inherent limitations in tracer concentration sensitivity, which may induce systematic overestimations of water mass ages when
595 applied to deep or bottom layers. The chemically inert radioisotope ³⁹Ar, characterized by a 269-year half-life, effectively
596 addresses this observational gap through its unique temporal resolution. Consequently, the synergistic application of SF₆, CFCs,
597 and ³⁹Ar in multi-tracer frameworks overcomes temporal constraints inherent to single-tracer approaches, enabling
598 comprehensive investigation of coupled biogeochemical-climate interactions. This integrated methodology facilitates novel
599 insights into climate-driven water mass reorganization, carbon cycle dynamics, and other critical marine processes essential
600 for understanding oceanic responses to global change.

601 The ventilations and respiration rates (oxidation rates, OUR) of wide-spread water masses are estimated by the mode-ages.
602 The currents and topography have significant impacts on the mode-ages and furthermore the the apparent oxygen utilisation
603 rate (OUR). The western basins of the Atlantic Ocean are better ventilated with lower the mode-ages, while the OURs show
604 the opposite distribution, suggesting that the mode-age is an important determinant of OUR in seawater than AOU and higher
605 respiration rates exist when the region is better ventilated.

606 The quantitative age framework and ventilation rates established in this study provide a crucial baseline dataset. This baseline
607 is essential for detecting future changes in ocean circulation and biogeochemical cycles, and will serve to validate the next
608 generation of climate and ocean models.

609 The aim of this study was to investigate the age distribution of the Atlantic water mass and its impact on climate change. By
610 collecting a large amount of ocean observation data and using numerical simulation methods, we have conducted an in-depth

批注 [勉列2]: Where shall we put this sentence?

611 study of the formation, evolution and age of the Atlantic water mass. The results show that with global warming, the age of
612 the Atlantic water mass shows a certain degree of change. In particular, the Arctic region has been significantly affected by
613 the melting of ice caps and other factors. In addition, we also found that there are complex interactions between different water
614 masses, which has important implications for predicting future climate change.

615 In summary, this study reveals the close relationship between the age distribution of Atlantic water mass and climate change,
616 and provides an important reference for further understanding of ocean circulation systems. It is hoped that this study can
617 provide useful information for scientists and policy makers in related fields, and promote more in-depth discussion on climate
618 change and the formulation of countermeasures on a global scale.

619 **Author contributions.** ML designed the research study and conducted the analysis. ML and TT interpreted the results and
620 wrote the paper.

621 **Competing interests.** The contact author has declared that none of the authors has any competing interests.

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