Dear Louise and other editors,

First of all, thank you so much for your patience and continuing understanding with this manuscript. Your suggested changes, combined with the reviewers' changes, have made it that much better an article – and I am truly grateful for the time taken to help us get it to this stage.

I apologise for not changing all of the 'male' references – I thought I had ctrl-f all the references to 'male' and then changed them, but realised that must have not saved at my end! There are a couple of references to male still in there, but these refer specifically to titles of journal articles, or to direct quotes from participants. Otherwise, the rest have been changed.

I have also added the Pini et al (2021) reference as suggested.

Thank you again for persisting – we truly appreciate it!

Kind regards,

Anna and Maddy