Upper ocean changes with hurricane-strength wind events: a study using Argo profiles and an ocean reanalysis

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Abstract. As the Earth's climate is warming, the intensity and rain rate of tropical cyclones (TCs) is projected to increase. TCs intensify by extracting heat energy from the ocean, hence a better understanding of upper ocean changes with the TC passage is helpful to improve our understanding of air-sea interactions during and after the event. This work uses Argo float observations and the HYCOM ocean reanalysis to describe characteristics of upper ocean changes with hurricane-strength

5   wind events. We study the association of upper ocean changes with the vertical structure of the salinity profile before the event (increasing versus decreasing), as well as the contribution of changes in salinity to upper ocean density changes in each case. Results show that in regions where pre-event salinity increases (decreases) with depth, there is a corresponding statistically significant increase (decrease) in upper ocean salinity. Consistent with previous studies, temperature decreases in both regions. As temperature decreases, upper ocean density increases and the increase is larger where pre-event salinity increases with

10   depth. Changes in upper ocean properties (from Argo and HYCOM) are overall consistent with wind-driven vertical mixing of near-surface waters with colder and higher (or lower) salinity waters below. Resulting changes in ocean stratification have implications for air-sea interactions during and after the event, with potential impacts on weather events that follow.

1 Introduction

Tropical cyclones (TCs) represent a severe threat for both the human population and the fragile ecosystems that live in the

15   tropical ocean (Greening et al., 2006; Orr and Ogden, 1992), causing thousands of fatalities and billions of US dollars in damage globally each year (Emanuel, 2003; Klotzbach et al., 2018; Mendelsohn et al., 2012).

While the number of hurricanes decreased during 1990-2021 (likely due to a more La Niña-like base state, favoring TC activity in the North Atlantic and suppressing it in the Pacific; Klotzbach et al., 2022), TC intensification rates and the frequency of rapid TC-intensification have increased in the last few years (Balaguru et al., 2018; Bhatia et al., 2019; Kishtawal et al.,

20   2012). As TCs are becoming more and more powerful (Shaw et al., 2022), it is important to improve our understanding of the physical mechanisms that may regulate air-sea interactions during and after the TC passage (Cione et al., 2013), e.g., to improve the prediction of TC intensification and mitigate the TC-related destructive potential. TCs intensify by extracting energy from the ocean (in the form of latent heat, e.g., Chan, 2005; Emanuel, 1999) leading to a substantial ocean cooling (Shen and Ginis, 2003; Han, 2023). Hence the underlying sea surface temperatures (SSTs) are a key factor in determining how

25   TCs evolve in time. Also, the strong winds of tropical cyclones induce upper ocean mixing of cold water from deeper in the ocean with the warm surface waters, a process called upwelling (Webb and Suginohara, 2001; Prasad and Hogan, 2007; Han et al., 2024): this mixing entrains colder water from below the mixed layer and tends to a decreasing SST (Cui et al., 2023; Elsberry et al., 1976; Fisher, 1958; Karnauskas et al., 2021; Leipper, 1967; Price, 1981), resulting in a negative feedback on the cyclone's intensity via the impact of SST cooling on air–sea enthalpy fluxes (e.g., Balaguru et al., 2012; Bender and Ginis,

30   2000; Cione and Uhlhorn, 2003; Karnauskas et al., 2021; Lin et al., 2005; Liu et al., 2007; Lloyd and Vecchi, 2011; Prasad and Hogan, 2007; Schade and Emanuel, 1999; Shay et al., 2000). As upper ocean stratification regulates air-sea exchanges of heat (e.g., Reul et al., 2014b; Vincent et al., 2014), taking into account both temperature and salinity improves the prediction of TCs' rapid intensification (Balaguru et al., 2021) and may be important to better understand post-cyclone air-sea interactions.

While several studies have investigated cyclone-induced upper ocean changes in temperature and the role the ocean thermal

35   structure plays in the intensification of cyclones (e.g., Zhang et al., 2021), cyclone-induced changes in upper ocean salinity and the role of the vertical structure of the salinity profile in regulating TC-induced changes in upper ocean stratification are not as well understood. This limits our understanding of how these changes can impact air-sea interactions during and after the TC passage, as the degree of stratification of the water column (related to vertical gradients of temperature and salinity) affects the strength of vertical mixing induced by atmospheric disturbances, including hurricanes (Holyer et al., 1987; Neetu et al., 2012).

40   Satellite-based observations of sea surface salinity show salinification (a salty wake) after TC-passage (Chaudhuri et al., 2019; Grodsky et al., 2012; Liu et al., 2020; Reul et al., 2014b, a, 2021; Subrahmanyam et al., 2005; Vinayachandran and Mathew, 2003; Zhang et al., 2016), especially for stronger, slowly moving TCs (Reul et al., 2021), with greater effects on the right (left)-hand side of the storms in the Northern (Southern) Hemisphere (Sun et al., 2021). The TC-induced salty wake has also been described based on in-situ observations, generally for a single TC or for TCs over a specific region, (Bond et al., 2011;

45   Domingues et al., 2015; Sanford et al., 1987; Venkatesan et al., 2014; Zhang et al., 2018), and is consistent with TC-induced vertical mixing (i.e., fresher water near the surface mixes with saltier water at depth, as pre-event salinity increases with depth in most regions where cyclonic activity is found).

A better understanding of freshwater redistribution in the upper ocean (and its impacts on ocean stratification) during and after a weather event of interest requires temperature and salinity measurements within the water column, such as those provided

50   by Argo profiling floats. While Argo provides an unprecedented spatial and temporal coverage of the global ocean, most of the floats take measurements on a 10-day cycle (Roemmich et al., 2003, 2009), hence a composite approach of all the weather events of interest where Argo profiles are available is helpful (Lin et al., 2017). Using Argo observations and a composite approach, Steffen and Bourassa (2018) show a statistically significant increase in barrier layer thickness and barrier layer potential energy in the Atlantic basin with the TC-passage, consistent with an increase in the post-TC isothermal layer depth e.g.

55   due to vertical mixing. On the other hand, the eastern Pacific basin shows no significant changes to any barrier layer characteristic (likely due to a shallow and highly stratified pycnocline), while the central Pacific has a statistically significant freshening in the upper 20–30 m (which increases upper-ocean stratification by $\approx 35\%$). Tropical cyclones with different characteristics (e.g., intensity and forward speed) change the characteristics of the barrier layer (BL) thickness in different ways (Zhang and Ma, 2022): strong and slowly moving TCs have more impact on the upper ocean properties, with pronounced increase in the

60 barrier layer's thickness. Also, Balaguru et al. (2012) shows that the TC-intensification rate is almost 50% higher over regions with barrier layers, compared to regions without, and Balaguru et al. (2016) describes how a long-term freshening of the upper ocean tends to intensify the strongest TCs of the western North Pacific (by reducing their ability to cool the upper ocean as the stratification increases).

In this work, we use Argo float observations (Argo, 2000; Roemmich et al., 2003, 2009) to study TC-induced changes in
65 upper ocean properties (e.g., temperature, salinity, density), focusing on hurricane-strength TCs (i.e., cyclones with maximum sustained winds greater or equal to 64 knots). We describe these changes and their uncertainties using the method by Hu et al. (2024). Our goal is to describe the association between different vertical structures of the pre-event salinity profile (increasing vs decreasing with depth) and changes in upper ocean salinity and density during hurricane-strength wind events, which has potential implications for upper ocean stratification and air-sea exchanges during and after the event. We compare
70 Argo-based results for hurricane-strength TCs with the upper ocean response to hurricane-strength wind events in the HYCOM ocean reanalysis (Chassignet et al., 2007), and find that they are consistent with the vertical mixing of salinity (and not only temperature) playing a role in how upper ocean stratification changes with the TC passage. Our focus on the pre-event vertical structure of salinity (i.e., "increasing" versus "decreasing" with depth instead of including a barrier layer or not) adds to the existing literature focusing on air-sea exchanges during and after tropical cyclones, including analyses that have used HYCOM
75 to investigate upper ocean physical and biological processes during hurricane-strength wind events (e.g., Gierach et al., 2009; Prasad and Hogan, 2007; Zamudio and Hogan, 2008).

Data and methods used in our analysis are described in Section 2 and 3, respectively. Results are presented in Section 4. Section 5 includes a summary and conclusions.

2   Data

80 ### 2.1   Tropical cyclone track data

Tropical cyclone track data are available globally by combining products from the National Hurricane Center (NHC) and the United States Navy Joint Typhoon Warning Center (JTWC). The National Hurricane Center Data Archive (HURDAT2) database (Landsea and Franklin, 2013) includes TC track data for the North Atlantic and the Eastern Pacific basins. The JTWC database (Chu et al., 2002) provides TC track records for the Western Pacific Ocean, the Southern Hemisphere, and the North
85 Indian Ocean.

Data are reported at six-hourly resolution since: 1851, for the Atlantic hurricane database (HURDAT2); 1949, for the Northeast and North Central Pacific (HURDAT2); 1945, for the JTWC Best Track Data. In the following, we use TCs' spatio-temporal information and along-track wind speed during 2004–2020, i.e., during a time period when both TC track data and ocean temperature and salinity observations (from Argo floats) were available at the time of analysis.

2.2 HYCOM

The HYbrid Coordinate Ocean Model (HYCOM) reanalysis product is produced by the Naval Research Laboratory. In the following, we use output from the Global Ocean Forecasting System (GOFS) 3.1 (experiment 53.X), 41-layer HYCOM + Navy Coupled Ocean Data Assimilation (NCODA) Global 1/12° Reanalysis version of the product (Bleck, 2002; HYCOM Consortium, 2019). The vertical levels of HYCOM are different from those in other models as the vertical coordinates remain isopycnic in the open stratified ocean, smoothly transitioning to z-level coordinates in the weakly stratified upper-ocean mixed layer, to terrain-following sigma coordinates in shallow water regions, and back to z-level coordinates in very shallow water.

In our analysis, we focus on the time period $2011 - 2015$, which overlaps with Argo observations and when the model is forced by the National Centers for Environmental Prediction (NCEP) Climate Forecast System Version 2 (CFSv2; Saha et al., 2014). We use HYCOM temperature and salinity fields (available at 3-hourly temporal resolution), as well as the wind forcing (available hourly). From the HYCOM temperature and salinity fields, potential density and mixed layer properties are estimated using the TEOS-10 oceanographic toolbox (McDougall and Barker, 2011).

2.3 Argo

Argo floats provide an unprecedented coverage in space and time of global ocean temperature and salinity fields in the upper 2,000 decibars (Argo, 2000; Roemmich et al., 2009), with extensions of the core array measuring ocean biogeochemical properties and at depths below 2,000 decibars.

In the following, we use Argo temperature and salinity profiles during 2004–2020, a time period that overlaps with available TC tracks. Potential density, conservative temperature and absolute salinity are estimated from Argo-measured temperature, salinity and pressure using the TEOS-10 oceanographic toolbox (McDougall and Barker, 2011); mixed layer properties are estimated using the methodology described in Holte and Talley (2009).

3 Methods

3.1 HYCOM

We use the HYCOM output (with high resolution in space and time) to investigate upper ocean changes in the more general case of weather events with hurricane-strength winds (i.e., wind speed equal to or greater than 64 knots), before exploring upper ocean changes for the specific case of hurricane-strength TCs using sparse ocean observations. In the following we focus on 7 regions that include most of the events of interest between 32°S and 50°N (red boxes in Figure 1-a, b). For each region, we locate the events of interest starting from the maximum (hurricane-strength) wind event over the ocean and we exclude (from the remaining data) any other event within ±2° and 7 days before and after the one selected. We then proceed in selecting subsequent events continuing with the strongest hurricane-strength wind event in the remaining wind data in the region: using this method, selected events are further than 7 days and ±2° from one another.

120   At the location of each selected hurricane-strength wind event, we store the time series of oceanic properties of interest, estimate the seasonal cycle, and remove it from the data to isolate the impact of hurricane-strength wind events on the upper ocean. To characterize this event-related signal, we analyze changes in oceanic properties (e.g., absolute salinity, and potential density) compared to 2 days before the event and focus on how the upper ocean evolves in the 14 days after the event. We use the profile 2 days before the event (for the pre-event state), to hedge against storm effects prior to the event, consistent with Hu

125 et al. (2024), Cheng et al. (2015), and with the method used for Argo in the next subsection.

    We group selected events based on the pre-event vertical structure of salinity (i.e., the vertical structure 2 days before the event): "increasing" events are located where pre-event absolute salinity increases between the (density based) mixed layer and 50m below the mixed layer; "decreasing" events, where salinity decreases between the (density based) mixed layer and 50m below. The number of "increasing" events is much larger than the number of "decreasing events", with the latter mostly located

130 in the Northern Hemisphere (Figure 1). We find our conclusions in the following do not change with the thickness of the layer considered below the mixed-layer (e.g., if we consider 30m to 70m below the mixed-layer).

    Composites of seasonally-adjusted upper ocean evolution for hurricane-strength wind events (i.e., as differences compared to 2 days before the event) are created and compared for the two groups ("increasing" and "decreasing"). For each composite, we compute the standard error and use it to identify significant signal (95% confidence level). As the two groups of events are

135 independent by construction, the variance of the difference (between "increasing" and "decreasing") is estimated as sum of the variances.

3.2 Argo

Our analysis of TC-related upper ocean changes from (sparse) Argo observations is based on the differences between post-TC and pre-TC Argo profiles, as described in Hu et al. (2024). Hu et al. (2024) introduced a framework that, for the first time, 1.

140 accounts for seasonal effects to isolate the signal of interest, 2. models space-time covariances to provide rigorous uncertainty quantification for results from sparse observations, and 3. treats time as a continuous variable (rather than producing estimates that are binned in time, as other studies). In the following, we provide a summary of the method in Hu et al. (2024), and include a description of differences in our implementation.

3.2.1   Defining a TC-centric coordinate system

145 Given the scattered nature, in space and time, of the Argo data, we define a TC-centric coordinate system to characterize the ocean response to TCs' passage in the continuous time and space realms (Hu et al., 2024). The x-coordinate is the cross-track angle, i.e., the signed great circle angular distance between an Argo profile and its orthogonal projection onto the linearly interpolated TC track. The second coordinate is the time difference between the post-TC Argo profile and the TC passage.
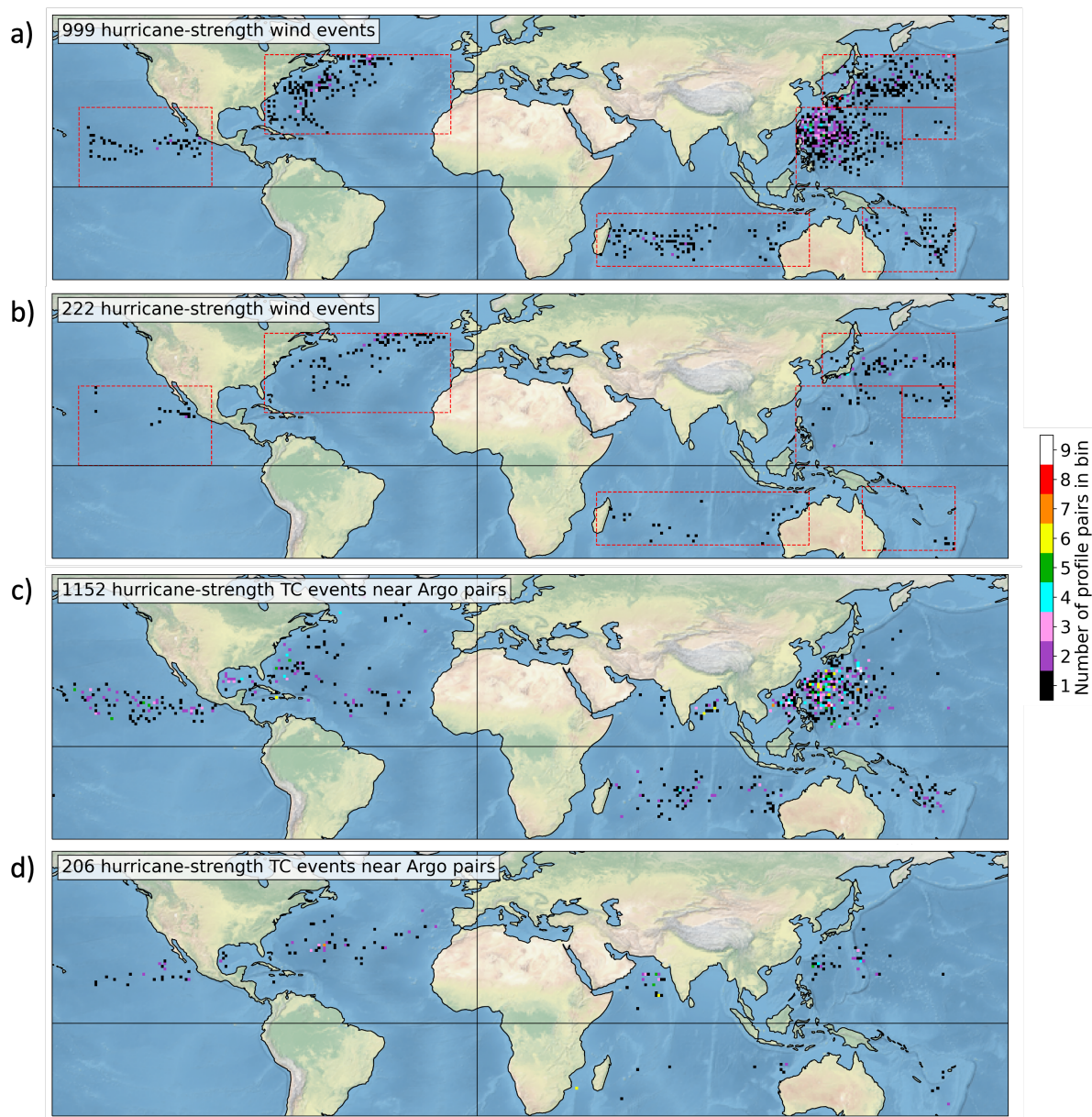
Figure 1. (a, b) Number of weather events included in the HYCOM analysis, in 1×1 degree bins, i.e., weather events with hurricane-strength winds during 2011–2015 and within the regions outlined in red. (c, d) Number of Argo profile pairs included in the Argo analysis, in 1×1 degree bins, i.e., Argo profile pairs colocated with hurricane-strength TCs during 2004–2020. Panels a and c are for locations where pre-event upper ocean salinity increases with depth. Panels b and d are for locations where pre-event upper ocean salinity decreases with depth.

3.2.2   Selecting Argo profile pairs to characterize changes with TC passage

150   To investigate TC-related upper ocean changes, we select "TC profiles" that are within a cross-track angle of $\pm 2°$ of a TC event (i.e., of a TC track data point) and within 12 days before and 20 days after the event; as indicated earlier, we only consider TC track data points that correspond to hurricane-strength TCs. All the other Argo profiles, which represent the vast majority, are classified as "non-TC profiles".

TC profiles are used to create pairs of Argo profiles: each pair includes one profile before a TC, and one profile after, and

155   their difference is used to assess the ocean response to TCs. To be paired, two Argo profiles need to be both incidental to a TC track (within $\pm 2°$ in cross-track angle) and colocated in space (within $\pm 0.2°$) and with a time separation of 32 days or less. As in Hu et al. (2024), the pre-TC Argo profile, which we can also call the "baseline" profile, needs to be between 12 days and 2 days before the TC passage; the post-TC Argo profile, which we also call the "signal" profile, needs to be between 2 days before and 20 days after the TC passage. As described in Hu et al. (2024) (and for HYCOM earlier in this section), the signal

160   profiles are between 2 days before and 20 days after the TC passage, to hedge against storm effects prior to the event. This is also consistent with the pairing process introduced by Cheng et al. (2015).

3.2.3   Classification of profiles based on the pre-event vertical structure of salinity

As for HYCOM (and differently from Hu et al., 2024), we group profile pairs based on the vertical structure of salinity before the weather event: "increasing" pairs include pre-TC profiles with upper ocean salinity increasing with depth; "decreasing" pairs

165   include pre-TC profiles with salinity decreasing with depth. For each of the two groups, we estimate upper ocean changes with the TC passage and compare them to one another to characterize differences associated with the pre-event vertical structure of salinity. As for HYCOM, there are many more instances for the "increasing" case compared to the "decreasing case" (Fig. 1-c, d). We note that, while the total counts in Fig. 1 (white box on the top left of each map) are comparable between HYCOM and Argo, the numbers have different meanings. For HYCOM, the number indicates the count of all selected weather events,

170   hence the number of continuous time series of ocean temperature/salinity available for the analysis (as the model output is available at the location of the weather event at all times of the model simulation). For Argo, the number indicates the count of all available profile pairs to estimate the upper ocean response to the TC passage (as we only have sparse observations from Argo floats).

3.2.4   Estimating and removing effects of the seasonal cycle

175   To isolate the effect of hurricane-strength TCs on upper ocean properties (based on differences between post-event and pre-event profiles), the seasonal cycle needs to be removed from the data. For example, as observed in Hu et al. (2024), the TC season is usually associated with a seasonal warming, which therefore needs to be removed from the data to study TC-related upper ocean changes. As in Hu et al. (2024), we estimate the seasonal cycle using the local linear regression method in Roemmich and Gilson (2009). For this estimate, we use all the Argo profiles that were classified as non-TC. We subtract the

180   seasonal mean field estimate from the pre-TC and post-TC Argo profiles to then analyze seasonally-adjusted differences.

3.2.5 Determining the statistically significant, smoothed results

In addition to the TC-related signal of interest, seasonally-adjusted variables (from TC-profiles) include effects of ocean variability that is unrelated to TCs (i.e., represents noise in our analysis). As in Hu et al. (2024), we characterize this variability by fitting the Gaussian process model described in Kuusela and Stein (2018) to non-TC Argo profiles. Once fitted, the model is
185 used to provide information about ocean variability at the time and locations of the TC profiles and estimate self-variances and cross-covariances of seasonally-adjusted variables. This allows us to account for cross-observation dependence and point-wise variance when smoothing seasonally-adjusted differences (i.e., differences between the post-TC profile and the pre-TC profile) to characterize the upper ocean response to the passage of hurricane-strength TCs as a continuous function of cross-track angle and time, for different vertical levels. Notably, this allows us to obtain point-wise confidence intervals on our estimates
190 (α=0.05, i.e., to obtain 95% coverage), hence to assess the significance of each individual pixel in our plots. We smooth seasonally adjusted differences using a fixed-knot thin plate spline smoother (Duchon, 1977; Green and Silverman, 1993; Nychka, 2000; Wahba, 1980, 1990; Wood, 2017).

4 Results and discussion

4.1 Upper ocean changes during hurricane-strength wind events in HYCOM

195 Consistent with previous studies of upper ocean changes during hurricane-strength TCs (Black and Dickey, 2008; Han et al., 2024; Hu et al., 2024; Korty et al., 2008; Price, 1981; Zhang et al., 2021), the analysis of HYCOM fields shows that, during hurricane-strength wind events, upper ocean temperature decreases (Figure S1-a, b in Supporting Information S1). Several factors can however impact the magnitude of such change. As an example, the presence or absence of a strong barrier layer can significantly influence the heat exchange processes at the air-sea interface and affect e.g., the intensity and track of tropical
200 cyclones (Balaguru et al., 2012; Reul et al., 2021; Wang et al., 2011). A strong barrier layer reduces the cooling of the upper ocean during the passage of a TC (e.g., Reul et al., 2021), as it can limit the vertical mixing of cold waters from below the mixed layer, allowing the storm to maintain and even intensify its strength (Balaguru et al., 2012). Also, with a pre-event barrier layer, when vertical mixing reaches below the density-based mixed layer, it may only mix in waters with similar temperature (as temperature within the barrier layer is similar to the one above by definition). On the other hand, in the absence of a pre-event
205 barrier layer, the upper ocean cooling (with the TC passage) is larger, which may weaken the storm. While not the focus of our analysis, the comparison of HYCOM temperature composites based on the presence or absence of a barrier layer before a hurricane-strength wind event yields results that are consistent with previous TC studies, i.e., the cooling after the event is overall larger in the absence of a barrier layer (not shown). A difference in cooling is also seen when comparing HYCOM composites based on the vertical structure of salinity before a hurricane-strength wind event as in our analysis (i.e., pre-event
210 salinity "increasing" versus "decreasing" with depth, instead of pre-event barrier layer present versus not). In particular, the cooling is larger for the "increasing" case (Figure S1-a in Supporting Information S1) than for the "decreasing" case (Figure S1-b in Supporting Information S1). The "increasing" case includes most of the events, with ≈30% of these events in regions
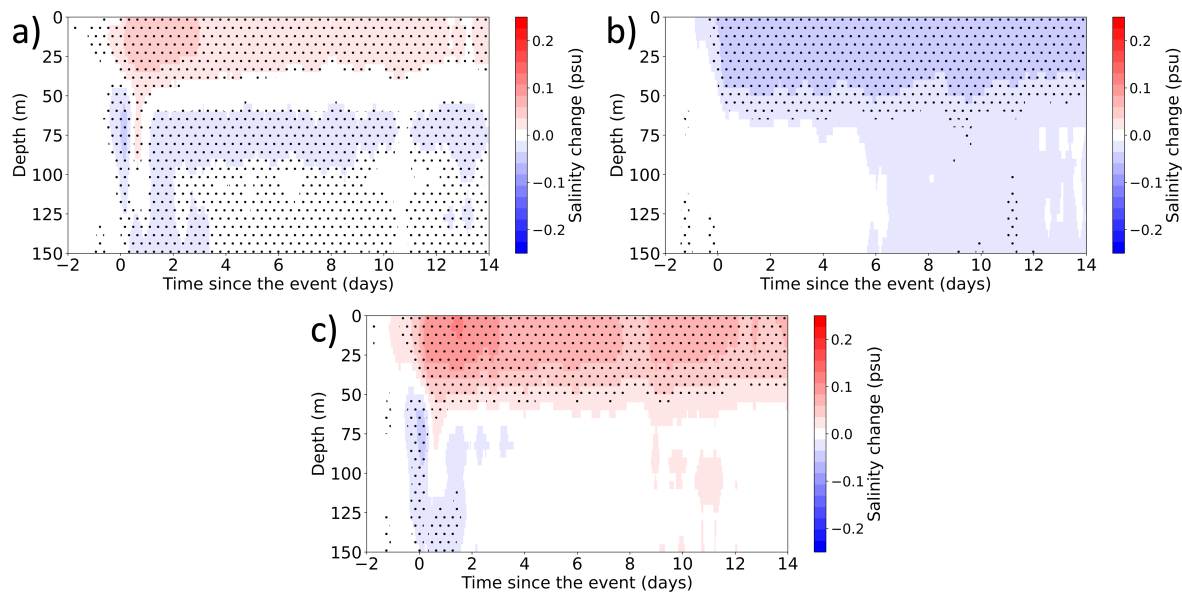
Figure 2. Upper ocean salinity changes during hurricane-strength wind events, based on the HYCOM reanalysis. Composite changes are shown for regions where pre-event upper ocean salinity increases (a) vs decreases (b) with depth. Panel (c) shows the difference between the "increasing" case (i.e., panel a) and the "decreasing" case (i.e., panel b). Dots indicate statistically significant values (95% confidence limit).

with a barrier layer. If we compare "increasing" vs "decreasing" composites for only events with no pre-event barrier layer, we still find a larger cooling of the top $\approx$ 15m for the "increasing" case in the days after the event (Figure S2-d, e, f in Supporting Information S1), yet, the difference is much smaller and limited to day 2 to 5 after the event (Figure S2-f in Supporting Information S1). We note that factors such as wind strength and duration of the strongest winds are key to understand the upper ocean temperature response to weather events (i.e., storm intensity, size and translation speed affect the characteristics of the upper ocean temperature response to the event; Anthes and Chang, 1978; Emanuel and Nolan, 2004; Lin et al., 2017; Samson et al., 2014; Wang et al., 2016; Zhu and Zhang, 2006). While isolating the difference in cooling between the increasing and decreasing case from other relevant factors may be difficult with a limited number of events (hence it is not a focus here), the discussion of temperature is included as relevant to better understand results for density presented later in this section.

Consistent with wind-induced vertical mixing, near surface salinity increases in regions where pre-event salinity increases with depth (Figure 2-a), and decreases where pre-event salinity decreases with depth (Figure 2-b), e.g. as fresher (saltier) waters mix with saltier (fresher) waters below. More specifically, for the "increasing" composite, ocean salinity increases by over 0.05 psu in the top 40 m after hurricane-strength wind events (Figure 2-a). This positive anomaly weakens in time, yet is still detectable after 14 days. For the "decreasing" composite, a decrease by over 0.05 psu is seen instead (Figure 2-b). The difference between the two composites is statistically significant (Figure 2-c) and is also seen when only locations with no pre-event barrier layer are considered (Figure S2-a, b, c in Supporting Information S1). For the "increasing" composite, salinity

decreases between 50 m and 100 m, yet the signal is weaker (compared to the increase near the surface): this difference in
230 sign of salinity changes at different depths is consistent with wind-induced vertical mixing acting on regions with a pre-event
salinity that increases with depth (i.e., near surface waters get saltier as they mix with saltier waters at depth; deeper layers
get fresher as they mix with lower salinity waters above). Yet, while an increase in salinity near the surface is common to
most profiles in the composite, where the decrease happens in the water column may depend on the details of the stratification
at different locations and a switch in sign of the observed changes with depth may not have appeared in the composite (e.g.,
235 for the decreasing case, no significant salinity increase is detected in the top 150 m; Figure 2-b). As for temperature, results
for salinity in this study are consistent with previous research reporting sea surface salinity (SSS) salinification in the trail of
TCs (e.g., Bond et al., 2011; Chaudhuri et al., 2019; Domingues et al., 2015; Grodsky et al., 2012; Lin et al., 2017; Liu et al.,
2020; McPhaden et al., 2009; Price, 1981; Reul et al., 2014b; Sanford et al., 1987; Steffen and Bourassa, 2018; Venkatesan
et al., 2014; Vinayachandran and Mathew, 2003; Zhang et al., 2016, 2018). This SSS salinification (observed from satellites,
240 especially for slow-moving TCs) is consistent with the importance of vertical mixing during hurricane-strength wind events
and the fact that subsurface water is on average saltier than surface water in convective regions associated with TC activity
(Jourdain et al., 2013); hence, not differentiating between the "increasing" versus "decreasing" case as in the present study, will
yield a result closer to the "increasing" case. Also, as described in Reul et al. (2021) (and found here in HYCOM composites;
not shown), barrier layers lead to storm wakes that are saltier compared to wakes over barrier layer free areas.

245 Finally, consistent with the described cooling (for both "increasing" and "decreasing" composites), upper ocean potential
density increases with the passage of hurricane-strength wind events (Figure 3-a, b). Both the different cooling extent and
the different sign of salinity changes for the "increasing" versus "decreasing" composites, contribute to a larger increase in
density for the "increasing" case (as both the cooling is stronger and upper ocean salinity increases) and the difference with the
"decreasing" case is statistically significant (Figure 3 c). While both temperature and salinity contribute to the stronger increase
250 in density for the "increasing" case, an estimate of the temperature versus salinity contribution to the difference between the
"increasing" versus "decreasing" composites for density indicates salinity contributes around $35 - 40\%$ (not shown). As for
temperature and salinity, similar results are found for the difference between "increasing" versus "decreasing" composites for
density when only locations with no pre-event barrier layer are considered (Figure S2-g, h, i in Supporting Information S1).
While results here are overall consistent with previous studies, our analysis shows the importance of an "increasing" versus
255 "decreasing" vertical structure of pre-event salinity for how density changes in the upper ocean with hurricane-strength wind
events, which can modulate air-sea interactions during and after the events through changes in stratification.

4.2 Upper ocean changes observed by Argo floats during hurricane-strength tropical cyclones

The analysis of HYCOM fields in the previous section quantifies upper ocean changes with hurricane-strength wind events
based on the pre-event vertical structure of salinity. While HYCOM assimilates observations to provide a model representation
260 of relevant processes at high resolution in space and time, the question remains of how results in Section 4.1 compare with
in-situ measurements during relevant weather events. In this section, we focus on the specific case of hurricane-strength TCs
and analyze Argo profile data to estimate upper ocean changes based on pre-event salinity "increasing" versus "decreasing"
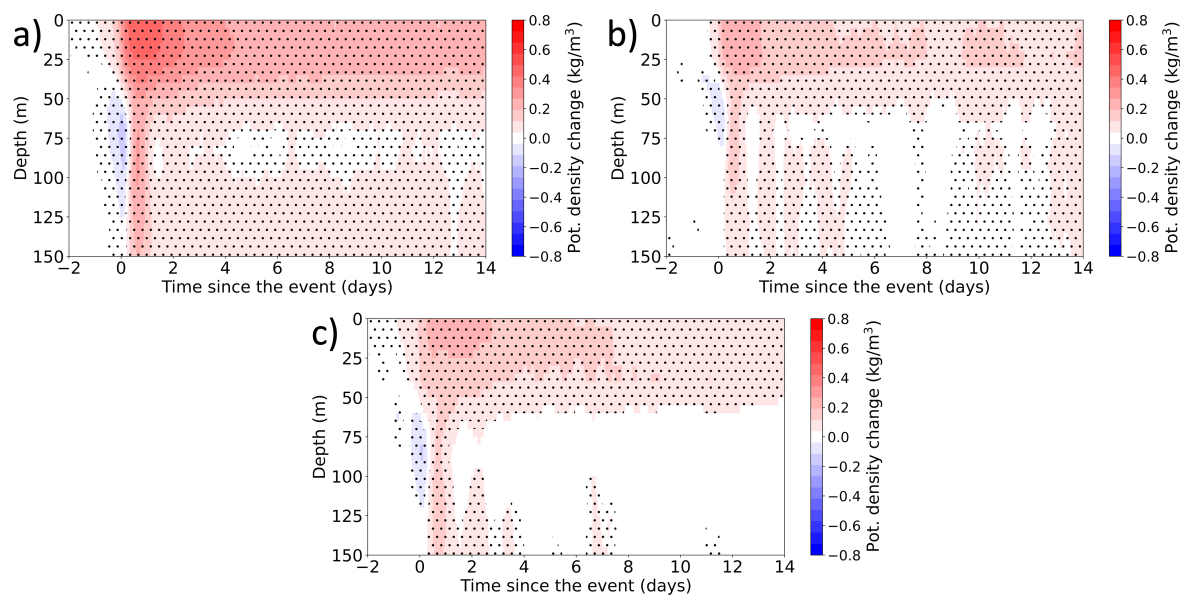
Figure 3. As in Figure 2, now for potential density.

with depth. In the following, we discuss differences and similarities between the Argo- versus HYCOM-based results, and refer to the previous section for some of the context from previous studies.

265   Consistent with results in Section 4.1 and several previous studies (including analyses based on Argo data, e.g., Liu et al., 2007; Cheng et al., 2015), Argo observations show upper ocean cooling as hurricane-strength TCs move over the ocean for both the increasing and decreasing case (Figure S2-a in Supporting Information S1). Different from HYCOM, observed cooling for the "increasing" case in Argo is detected as deep as 150 dbar for the 2 weeks after the event (Figure S2-a in Supporting Information S1), i.e., deeper than what seen in HYCOM fields for hurricane-strength wind events. This difference may be

270   related to how vertical mixing processes are represented in the HYCOM model, as well as the details of the vertical structure of pre-event upper ocean temperature in the model versus observations. Also, for the "decreasing" case in Argo, a warming is observed between 50 and 70 dbar (Figure S2-b in Supporting Information S1). Analogous to what was discussed for Figure 2-a, vertical mixing of the water column may result in the observed warming, as warmer waters above are mixed downward. Yet it is also not surprising that the same vertical structure of the changes (with a different sign at different depths) is not

275   seen in e.g., Figure S2-a in Supporting Information S1, as where the warming would occur and its vertical extent may be different for different locations used to estimate ocean changes for the "increasing" versus "decreasing" case (analogous to what discussed for Figure 2-a, the near surface cooling is instead common across locations). The challenges described in section 4.1 to characterize the differences in temperature changes between the "increasing" and "decreasing" case apply also to results from sparse Argo observations. While the cooling below 50 dbar is stronger for the "increasing" case compared

280   to "decreasing", the cooling in the top 50 dbar is stronger for the "decreasing" case or not statistically different between the

two groups (Figure S3-c in Supporting Information S1). As for HYCOM, while differences in temperature changes (between "increasing" and "decreasing" case) are not the focus of our analysis, Figure S3-c in Supporting Information S1 is helpful to interpret differences in density changes later in this section.

Upper ocean salinity and density changes observed by Argo during hurricane-strength TCs are overall consistent with
285 HYCOM-based results (Section 4.1). Consistent with wind-induced vertical mixing, salinity increases versus decreases with the TC passage for the "increasing" versus "decreasing" case (Figure 4); hence salinity enhances or reduces the upper ocean increase in density that occurs as the upper ocean cools with the TC passage (Figure 5). Even if overall changes in salinity and density are consistent between the Argo and HYCOM analyses, some of the details may be different. As an example, the vertical structure of Argo-based density changes for the "decreasing" case reflects the vertical structure of changes in tempera-
290 ture described earlier in this subsection (i.e., a switch in sign between shallower and deeper layers), hence it is different from HYCOM. Also, different from what discussed for HYCOM at the end of the previous subsection, in Argo, the differences in density changes (in the top 50 dbar) between the "increasing" and "decreasing" case largely reflect differences in salinity changes (Figure 4-c), rather than both differences in temperature changes (Figure S3-c in Supporting Information S1) and salinity changes, i.e., the stronger increase in density for the "increasing" case is associated with salinity increasing where pre-
295 event salinity increases with depth (as wind-induced mixing brings up saltier water), and is observed despite a weaker cooling for the "increasing" case compared to the "decreasing" case.

Finally, Argo-based changes in mixed layer properties with the TC passage largely reflect what was described earlier for changes at different vertical levels and in time. Looking at these changes as a function of the cross-track angle (e.g., Figure 6 for the "increasing" case), shows the asymmetric signature of wind-driven vertical mixing with the TC passage, i.e., a stronger
300 signal on the right (left)-hand side of the storms in the Northern (Southern) Hemisphere (e.g. documented for salinity in Sun et al., 2021). We note that, while panels in Figure 6 include events in both the Northern and Southern Hemisphere, we flip the sign of the cross-track angle for TCs in the Southern Hemisphere when estimating changes in ocean properties, in order to display the asymmetry in a consistent manner across hemispheres.

5 Summary and conclusions

305 In this study, we characterize observed upper ocean changes during hurricane-strength tropical cyclones (in view of their statistical significance), with a focus on the characteristics of the changes associated with different pre-event vertical structures of salinity ("increasing" versus "decreasing" with depth), as well as the contribution of changes in salinity to upper ocean density changes in each case. Upper ocean salinity increases with the TC passage in "increasing" locations (i.e., the majority of the areas with cyclonic activity) and decreases in "decreasing" locations. This observed difference is consistent with ocean
310 vertical mixing with the TC passage (e.g., for the "increasing" case, fresher near-surface waters mix with saltier waters below) and results in differences in how upper ocean density changes: while near surface density increases in both the "increasing" and "decreasing" case (as the ocean cools due to air-sea exchanges of heat and to vertical mixing with the TC passage), it increases more for the "increasing" case (due to the contribution from the salinity increase), with implications for changes
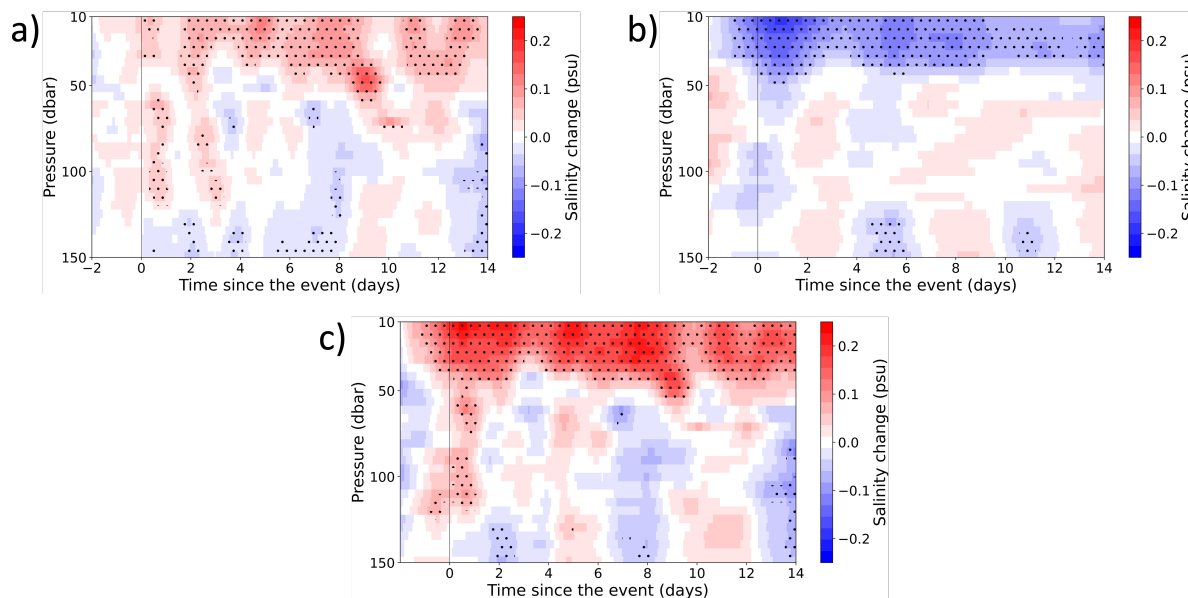
Figure 4. Upper ocean salinity changes within 0.5 degrees in cross track angle from the TC track during hurricane-strength TCs, based on Argo observations. Changes are shown for regions where pre-event upper ocean salinity increases (a) vs decreases (b) with depth. Panel (c) shows the difference between the "increasing" case (i.e., panel a) and the "decreasing" case (i.e., panel b). In all panels, a point-wise α = 0.05 hypothesis test is performed and used to indicate (with dots) where the null hypothesis is rejected.

in stratification (i.e., as density increases with depth in a stable water column, a larger increase in near-surface density is consistent with a larger decrease in stratification). Results from Argo observations are discussed in the more general context of upper ocean changes during hurricane-strength wind events (not just tropical cyclones) using the HYCOM reanalysis. Results from Argo and HYCOM are overall consistent with one another and complement each other, as while HYCOM provides high resolution fields in space and time it may be limited in representing all relevant processes and in capturing the details of the pre-event vertical structure of upper ocean properties in the real ocean.

Our focus on the association between the pre-event vertical structure of salinity ("increasing" versus "decreasing" with depth) and upper ocean salinity and density changes with the TC passage adds to the existing literature on air-sea interactions during TCs. Changes in the vertical structure of upper ocean density may have implications for air-sea interactions during the weather event and after, hence a better understanding of relevant processes has the potential to improve the prediction of TC intensification and, more in general, the model representation of air-sea interactions during the season when hurricane-strength wind events occur. As an example, insights from our work could inform process model experiments to study air-sea interactions in "increasing" versus "decreasing" regions during and after hurricane-strength wind events (on the lines of e.g., Balaguru et al., 2012; Hoffman et al., 2022; Iyer and Drushka, 2021, not all focusing on TCs).

Several opportunities also exist to extend our work in other directions, including for other weather events of interest. As one example, changes in the ocean biogeochemistry (during hurricane-strength TCs or other weather events) could be investigated
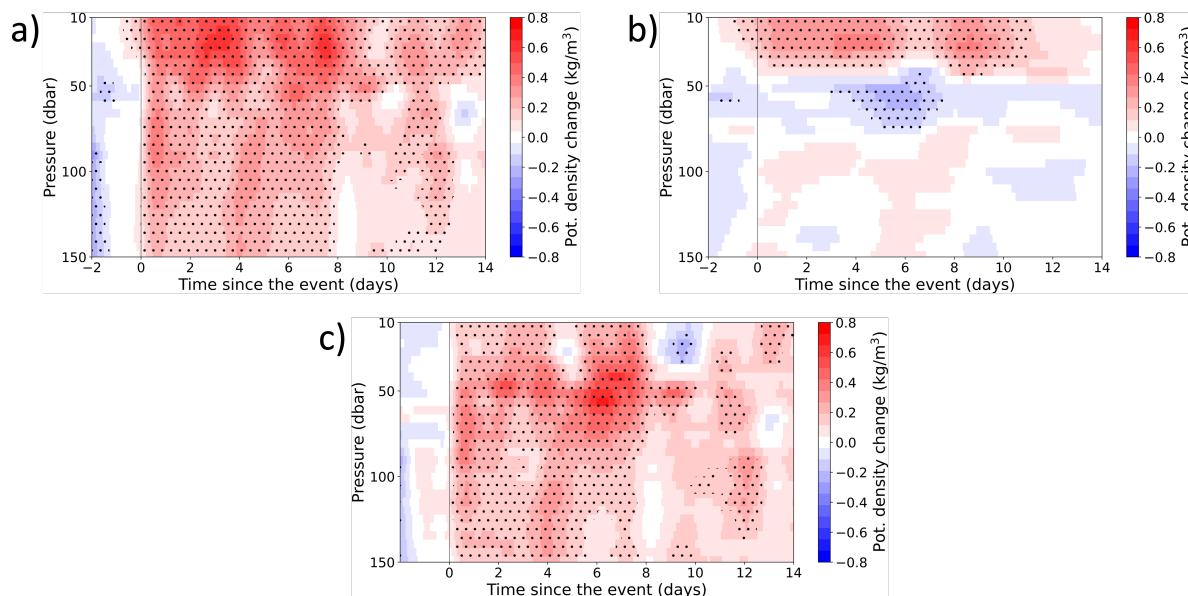
Figure 5. As in Figure 4, now for potential density.
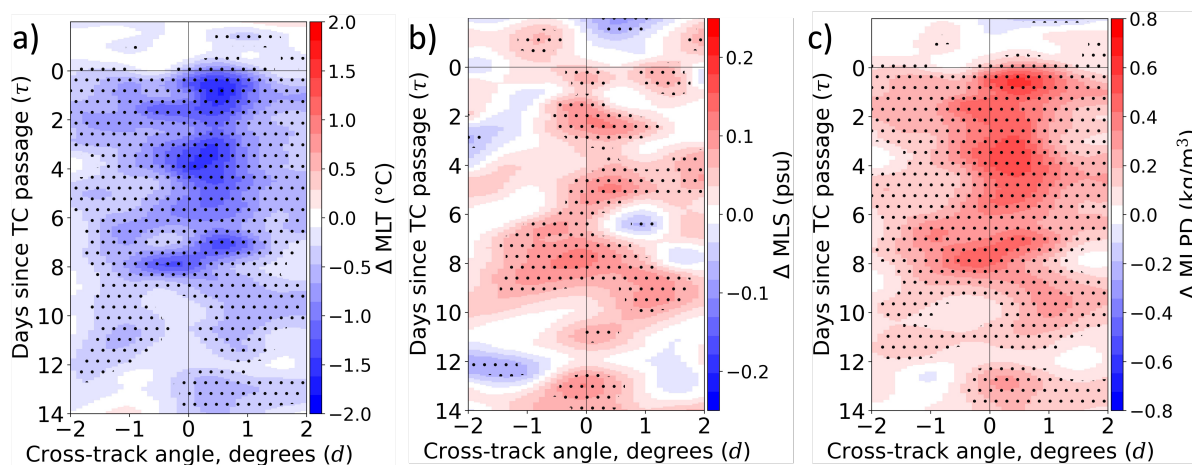
Figure 6. Upper ocean changes in mixed layer temperature (a), salinity (b) and potential density (c) during hurricane-strength tropical cyclones, based on Argo observations. Changes are shown in regions where pre-TC salinity increases with depth. In all panels, a point-wise $\alpha = 0.05$ hypothesis test is performed and used to indicate (with dots) where the null hypothesis is rejected.

330   using our framework, as the fleet of biogeochemical Argo floats grows in time (e.g., changes in chlorophyll-a, oxygen, nitrate, pH; Bittig et al., 2019). Satellite observations are another valuable data set to consider in the future too. Finally, our framework can be leveraged to compare how different reanalysis products represent air-sea exchanges during weather events in the context of the insights from sparse observations.

Data availability. Argo data are made freely available by the International Argo Program and the national programs that contribute to
it (http://argo.jcommops.org). The Argo Program is part of the Global Ocean Observing System. Tropical cyclone track data are made
available by NOAA (https://www.nhc.noaa.gov/data/#hurdat) and the Joint Typhoon Warning Center (https://www.metoc.navy.mil/jtwc/
jtwc.html?best-tracks). HYCOM data are available at https://www.hycom.org/data/glbv0pt08/expt-53ptx. Argo profiles and tropical cyclone
track data were also accessed via Argovis (https://argovis.colorado.edu, https://argovis.colorado.edu/argo, https://github.com/argovis/demo_
notebooks).

Author contributions. All authors contributed to the conceptualization and design of this study. JS conducted the analysis and wrote the
manuscript, with contributions from DG, AH, and MK. The final manuscript underwent a thorough review and editing process, led by JS,
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