Spatial and temporal variation in long-term temperature and water vapor in the mesopause Region

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Abstract:
Mesopause is the zone of minimum temperature in Earth’s atmosphere. Temperature variation in this region is one of the important responsible factors for chemical and physical changes including spatiotemporal variability in water vapor content. Twenty-two years of monthly temperature and water vapor data were used from Sounding of the Atmosphere using Broadband Emission Radiometry. Eight months per year (excluding transitional months) were selected for temporal analysis. Spatially the region is classified into four parts including Northern, and Southern Poles. Long-term variations in water vapor and temperature in the selected domains of time and space as well as at equinoxes and solstices are presented. A decreasing, and increasing trend in temperature and water vapor respectively was observed during the study period. Yearly averaged temperature and water vapor content showed that 2002 was the hottest year (193K) and had minimum water vapor content (0.89ppmv) and 2018 was the coldest year (187K) and had maximum water vapor content (1.14ppmv). June and July were the coldest months and January and December were hotter months throughout the year over the North Pole and Equator. The vertical gradient of temperature and water vapor (80 to 100km) changes with space and time however, has a strong negative relation in all selected locations and seasons. Around the equinoxes, the monthly average distribution of mesopause temperature was highest (191K), followed by winter solstice and then summer solstice. The decreasing trend in temperature and an increasing trend in water vapor can be an early warning indication for future climate change.

Keywords: Atmosphere, Mesopause; Temperature; Water vapor; spatial and temporal changes.
1. Introduction

Mesopause is one of the complex and intricate domain regions of Earth’s atmosphere. It is the thermal transition area that plays an important role in the vertical coupling of the Earth's atmosphere. In the global mean temperature, mesopause is the coldest layer of the atmosphere (Zhao et al., 2020; Ortland et al., 1998). Polar summer mesopause is considered the coldest place on Earth (Ortland et al., 1998). The region has several unique physical and chemical characteristics including the complex interplay between radiative transfer, dynamics, and photochemistry (Smith, 2004). The height of the mesopause is not constant but varies significantly with latitude and season (Xu et al., 2007; Wang et al., 2022). The height is approximately 90 and 100 km in summer and winter respectively (Brasseur and Solomon, 2005). At mid and high latitudes the mesopause is located near 85km during the summer season (Smith, 2004). The mesopause of the high- and middle-latitude regions is at a lower and higher altitude in summer (around the summer solstice) and in winter/other seasons respectively. The mesopause is at a higher altitude at the equator for all seasons (Xu et al., 2007).

Spatial and temporal variability in temperature exists in the vertical temperature profile as well as changes with changing latitude. The temperature at the mesopause region exhibits a robust temporal variation (Mulligan et al., 1995; Offermann et al., 2010; Clancy and Rusch, 1989; Hedin, 1991; Dyrland et al., 2010; She et al., 2000; French et al., 2020b; Dalin et al., 2020; Grygalashvily et al., 2014). Long-term and short-term temperature trends were studied by (Beig, 2011a, 2011b; Kalicinsky et al., 2016; Pancheva et al., 2013; She et al., 2015; Venkat Ratnam et al., 2010; Wörl et al., 2019; Xu et al., 2007; and recently reviewed by Gul 2024). Short-term variability in temperature is primarily due to small-scale gravity waves and tides (Dalin et al., 2017; Zhao et al., 2020). Air temperature measurements from the mesopause layer have long been important (Jarvis, 2001), because the cold temperatures of this layer are the potential tracers of the dynamics (Beig et al., 2003). The temperature during summer at the pole ranges between 120 to 140 K and at the winter pole range between 180 to 210 K (Brasseur and Solomon, 2005; Gul, 2024). This indicates that summer polar mesopause receives significantly more solar radiation as compared to winter mesopause, but the temperature is lowest at summer polar mesopause observed anywhere on Earth. The temperature response to solar activity is ~+2 times greater in winter than in summer (Dalin et al., 2020). Winter mesopause temperature trends (~6 to ~2 K/decade) are generally stronger than summer ones (~2 to +0.5 K/decade (Offermann et al., 2010). Gravity and planetary
waves (Dalin et al., 2017), and atmospheric tides (Smith, 2004) bring periodic variations in temperature.

WV is one of the strongest greenhouse gases in the atmosphere, important for cloud formation, and plays a crucial radiative balance role in the atmosphere. WV in the upper atmosphere can affect global surface climate (Solomon et al., 2010). WV in the atmosphere regulates the Earth’s weather and climate (Wallace and Hobbs, 2006). WV’s existence in the polar summer mesopause is of critical importance because it combines with the lowest temperature of the mesopause region to enable noctilucent clouds (NLCs) to form. The increased occurrence of NLC and its appearance is an indication of global change (Russell III et al., 2014). Knowledge of WV distribution in the upper atmosphere is highly valuable for understanding the respective roles of atmospheric chemistry, atmospheric dynamics, and climate change. Complete methane (CH$_4$) oxidation is one of the major sources of WV (Brasseur and Solomon, 1986). In the mesopause region, more abundant WV from increasing CH$_4$ contributes to more frequent NLC occurrences (Lübken et al., 2018). The rocket measurements gave water-mixing ratios of 3 to 7 ppm ranging between 40 and 70 km altitude (Rogers et al., 1977). The airborne observation gave a water mixing ratio of 4 to 5 ppm at the altitude range between 40 and 80 km (Waters et al., 1977). WV content in the atmosphere controls the concentration of O$_3$ that, in turn, affects mesospheric cooling. The Photochemical lifetime of H$_2$O is relatively long making it an excellent tracer for atmospheric dynamics (Peter, 1998) enabling one to follow the atmospheric transport effects up to high altitude regions (80–85 km). The seasonal and long-term changes in mesospheric WV are discussed by (Chandra et al., 1997). Due to the high sensitivity of WV to temperatures, NLC phenomena can be used as temperature probes in the mesopause region (Lübken et al., 2007; Petelina and Zasetsky, 2009) and as possible indicators of climate change (Thomas, 2003). As compared to temperature, there have been fewer observations of WV in the upper mesosphere.

2. Methodology

2.1 Study area

Temporal and spatial variations of temperature and WV were monitored in the mesopause region (Figure 1). Spatially the region was divided into four parts (North Pole, Equator, and South Pole). Two two-degree latitude areas were selected for all longitude ranges (Figure 1). Temporally twenty-two years (2002 - 2023) selected monthly data (as shown in Figure 1b) was used from the TIMED SABER instrument. We used kinetic temperature (K) and H$_2$O
Mixing Ratio (ppmv) having dimensions of altitude, the event from SABER Custom Level2A Product (Processed Level2A). We have excluded the four transitional months (November, February, May, and August) and included four equinox months (March, April, September, and October), and four solstice months (January, December, June, and July). We select summer/northern hemisphere (NH) at ~80° ±1° latitude, equator at ~0° ±1° latitude, and 80° ±1° latitude in the winter/southern hemisphere (SH) for interannual variations of temperature and WV during the study period. Temperature and WV trends are presented and compared among different latitudinal and seasonal ranges. There is missing data in almost every latitude (Zhu et al., 2005), particularly at high latitudes that vary with season. We applied a weighted average to fill ~40% of missing values.

2.2 TIMED SABER instrument

SABER provides an excellent quality of the measured infrared limb radiances (Esplin et al., 2023). SABER is an infrared limb-sounding instrument used for atmospheric sounding and observing the atmosphere around the mesopause region continuously for over two decades. Technical description of the SABER instrument and further relevant information are discussed by Esplin et al., (2023); Mlynczak, (1997); and Russell III et al., (1999). Due to a ~60-day yaw cycle of the TIMED satellite, the latitude coverage shifts between 83°N–53°S and 53°N–83°S. TIMED satellite rotates 180° about its yaw axis and provides latitude coverage continuously in the range of 53°S to 83°N and then switching to 83°S to 53°N every ~60 days (Russell III et al., 1999). NASA-TIMED SABER instrument is performing near-global measurements of the vertical kinetic temperature profiles along with volume mixing ratios of WV. The random error of the v2.07 for SABER H₂O product is 30% at 80km altitude and further increases with increasing altitude (Rong et al., 2019). The rapid increase in error is mainly due to low signal-to-noise. The estimated systematic error of SABER version 2.07 H₂O is about 10-20%.
3. Results

3.1. Variation in temperature and water vapor in the whole mesopause region

It is well known that temperature and WV in the atmosphere have high variability in space and time. The vertical profiles of yearly averaged (selected 8 months averaged) temperature and WV gradient with respect to mesopause altitude (km) are plotted in (Figure 2), described in the following sections.

3.1.1 Variation in temperature

The year 2002 was the hottest (~193K) followed by 2003 (191K) and 2018 was the coldest (~187K) year followed by 2008 (187.1K) during the study period Figure 2a. Yearly averaged temperature decreased by ~6K from 2002 to 2008 and increased by ~3K from 2009 to 2012.
A second decrease in temperature ~4K was observed from 2014 to 2018. A decreasing trend in temperature was observed ~0.37K decrease from 2002 to 2018 and ~0.14K decrease during the whole study period 2002-2023. A decreasing trend in temperature (different magnitude) was also reported by other authors in the past (Zhao et al., 2020; Dalin et al., 2020; Yuan et al., 2019; Hervig and Siskind, 2006; French et al., 2020a; Venkat Ratnam et al., 2010; Semenov et al., 2002). June 2008 (~180K) followed by July 2009 (~181K) were the coldest months and January 2002 (~197K) was the hottest month during the study period. March (max:196.8K min:188.3K avg:191.4K), April(max:195.2K min:189.6K avg:192K), September(max:195.7K min:187.8K avg:190.6K), and October(max:195.8K min:189.3K avg:191.7K) were relatively hotter months as compared to June and July. The monthly averaged temperature at two equinoxes (Mar/Apr and Sep/Oct) were 191.66K and 191.16K respectively. Similar monthly temperature patterns (lower temperatures during June and July) were also reported in the past such as (Dalin et al., 2020; French et al., 2020; Offermann et al., 2010). Therefore, seasonal temperature variations at the mesopause region are distinct, with a summer minimum (June ~ 180K, July ~183K) and a winter maximum (January ~197K, December ~190K). The monthly averaged temperatures at two solstices (Jun/July and Dec/Jan) were 184.55K and 188.20K respectively, indicating the coldest temperature during June and July throughout the whole study period. Mesopause during the summer (June and July) solstice is ~ 3.65K colder than that during the winter (December and January) solstice (~6–9 K colder was reported by Wang et al., (2022) and Xu et al., (2007). The seasonal temperature variation is characterized by temporal variability in harmonics (Ammosov et al., 2014; Kalicinsky et al., 2016; Perminov et al., 2014). Air is drawn downward in winter and upward in summer keeping away mesopause from thermodynamic equilibrium. As a result, the mesopause is kept away from thermodynamic equilibrium, with very low temperatures in summer (June and July) and relatively high temperatures in winter (January and December). The difference in temperature and the greater solar flux in December/January than in June/July may also be due to the Earth’s orbital eccentricity, as discussed by Chu et al., (2003).
Figure 2. Variation of temperature and water vapor in the mesopause region during 2002-2023 for the whole mesopause region.
Rising air expands and cools, resulting in a chilly summer mesopause, while downwelling air compresses and warms, resulting in a warm winter mesopause. Downwelling in the winter hemisphere and upwelling in the summer hemisphere causes adiabatic warming, and the causes adiabatic cooling (States and Gardner, 2000; Xu et al., 2007). The transport of CO$_2$ affects the infrared cooling rate in the upper atmosphere leading to globally warmer mesopause temperatures (Chabrillat et al., 2002) and enhanced differences in temperature between the winter and summer. An analysis based on the work of (Dopplick, 1972; Kuhn and London, 1969; López-Puertas et al., 1992), shows that the maximum cooling rate by CO$_2$ is found during the winter mesopause, where the temperature is relatively high. Thermal infrared cooling is associated with WV, CO$_2$, and ozone and is a vital function of temperature (Brasseur and Solomon, 2005). Mesospheric residual circulation is responsible for relatively cold summers and warm winters. Temporal temperature variations may also be caused by several factors including changes in the SOI-index, changes in the indices of geomagnetic and solar activity (Medvedeva and Ratovsky, 2023), planetary, atmospheric, and meridional circulation driven by breaking gravity waves (Offermann et al., 2009, 2011; Perminov et al., 2014; Smith, 2012).

Temperature is also changing with respect to the change in altitude of the mesopause region. Overall averaged temperature at 80km altitude was maximum (194.11K) and decreased by ~10K up to (184.72K) at the altitude of 97km as shown in Figure 2a. In general, lower mesopause regions (80 – 90km) are relatively hotter than the upper part of mesopause (90-100km). This temperature gradient was not consistent/similar for all selected months. Different months showed slightly different patterns of temperature change with respect to changing altitudes shown in Figure 2. Patterns of solstices (summer, and winter) were different from the two equinoxes (Figure 2c, d, e). The temperature variation in June and April (Figure 2c, d) are similar to the temperature variation in December (Figure 2e) respectively.

3.1.2 Variation in water vapor

In the mesopause region, large fractional temporal and spatial variations in WV were observed. Based on the monthly averaged WV for selected eight months of data, 2018 had a relatively higher amount of water content (~1.14ppmv) followed by 2008 (1.14ppmv), and 2002 has the least amount of WV (~0.89ppmv) year followed by 2014 and 2003 (~1.0 ppmv) during the study period Figure 2b. Overall an increasing trend in WV was observed.
-0.13ppmv during the whole study period 2002-2023 (Figure 3a). An increasing trend in WV was also reported by other authors in the past (Huaman and Balsley, 1999). WV content in the mesopause region was in the range of ~0.05 ppmv (December 2009 at 100km altitude)–4.81ppmv (June 2019 at 80km altitude) relatively smaller variation than previously reported values ~0.1-10ppmv by other authors in the past (Berger and Von Zahn, 2002; Von Zahn and Berger, 2003; Lubken et al., 2004; Lübken et al., 2009; Körner and Sonnemann, 2001; Sonnemann et al., 2005). July 2008 (~1.48ppmv) followed by June 2019 (~1.45ppmv) were the months had maximum WV content and April 2002 (~0.61ppmv) followed by October 2002 (~0.61ppmv) had minimum WV content during the study period. Monthly averaged WV at two equinoxes (March/April and September/October) were 0.85ppmv and 0.88ppmv respectively. In the mesosphere, the SABER H2O increasing trend was 0.1–0.2 ppmv per decade (Yue et al., 2019), however, we observed a relatively lower increasing trend at the equator (~0.09) and South Pole (~0.08) and North Pole (~0.06) ppmv/decade. An increasing trend in WV in the lower atmosphere was also reported by (Oltmans and Hofmann, 1995; Oltmans et al., 2000; Hurst et al., 2011; Nedoluha et al., 2013; Remsberg et al., 2018). The Mesopause region showed a distinct pattern, with a summer maximum (June ~1.45ppmv, July ~1.48ppmv) and a winter minimum (April ~0.61, October ~0.61ppmv). Monthly averaged WV at two solstices (Jun/July and December/January) were 1.32ppmv and 1.23ppmv respectively. Nedoluha et al., (2022) showed maximum WV content during June and July at 80km altitude. WV in the polar region is relatively higher in summer than in winter. This may be due to upwelling in the summer hemisphere transports WV from lower altitudes towards the mesopause (Körner and Sonnemann, 2001). There is no clear insitu source of WV in the mesopause, except transported upwards from the stratosphere via the meridional circulation and eddy transport, because of prevailing meridional circulation, and Methane oxidation.

WV content is also changing with respect to the change in altitude of the mesopause region. Overall averaged WV content at ~80km altitude was maximum (~3.16ppmv) and decreased by ~3ppmv up to (~0.1ppmv) at the altitude of 97km as shown in Figure 2b. At 80 km altitude, the WV mixing ratio ranges from ~1.5 to 4.5 ppmv reported by (Seele and Hartogh, 1999). In general, lower mesopause regions (80 – 83km) have relatively more WV content than upper part of mesopause (84-100km). On average altitude above, 95km has very little content of WV ~0.75ppmv. There are few studies including (Hervig et al., 2003) which showed WV enhancement above 86 km altitudes. There is a distinct annual cycle of the WV
mixing ratio that can be seen in the three selected latitude ranges. The seasonal increase in 238
WV is relatively more prompt at lower altitudes of the mesopause region. The variations 239
(spatial and temporal) in atmospheric WV can be largely explained by dynamical factors 240
(quasi-biennial oscillation, the Brewer-Dobson circulation, and temperature changes) 241
(Dessler et al., 2014). The amount of WV in the region can also change with solar-cycle- 242
induced variations in Lyman-α radiation (Hervig and Siskind, 2006; Nedoluha et al., 2009). 243
On the solar cycle time scale, H₂O may vary by about 30-40% near the mesopause height 244 245 (~80 km) caused by the solar cycle modulation of Lyman alpha (Chandra et al., 1997). At 246 mesospheric heights, WV is strongly photo-dissociated by solar Lyman alpha (Brasseur and 247 Solomon, 1986). Solar cycle UV changes will have a strong influence on the long-term 248 changes in WV. Therefore, The solar cycle does play an important role in upper mesospheric 249 WV (Nedoluha et al., 2022). Additionally, changes in surface CH₄ emissions can increase the 250 amount of WV in the region due to CH₄ oxidation (Le Texier et al., 1988; Wrotny et al., 251 2010). The secular increase in H₂O related to methane increase in the atmosphere is about 252 0.4%/year at all heights in the mesosphere (Chandra et al., 1997). Model results suggest that 253 the temporal changes in mesospheric WV are largely controlled by the vertical advection 254 process associated with the meridional circulation (Chandra et al., 1997). The photolysis 255 process destroys H₂O towards higher altitudes. The mesospheric WV content is the result of 256 the balance between its photodissociation and the upward transport from the stratosphere. 257 Temperature and WV content comparisons with past studies are shown in Table 1.

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<tr>
<th>Altitude(km)</th>
<th>Method / Location/Instrument</th>
<th>Reference</th>
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<td>195K</td>
<td>TIMED SABER instrument</td>
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<td>189K</td>
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<td>188K</td>
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<td>-4K/decade</td>
<td>North Pole - TIMED SABER instrument</td>
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<td>-1.5K/decade</td>
<td>South Pole - TIMED SABER instrument</td>
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<td>-3K/decade</td>
<td>mesopause</td>
<td>LIMA model simulation</td>
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<td>-0.23K/year</td>
<td>GRIPS I and GRIPS II (small grating spectrometers of moderate resolution)/ Wuppertal (51°N, 7°E)</td>
<td>Offermann et al., 2010, summer</td>
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<td>-0.89K/year</td>
<td>mesopause region</td>
<td>Ground-based Infrared P-branch Spectrometer (GRIPS)/ Wuppertal (51°N, 7°E)</td>
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<td>-2.5K/decade</td>
<td>The Na lidar at Fort Collins, CO (41°N, 105°W), and at Logan, UT (42°N, 112°W)</td>
<td>(Yuan et al., 2019)</td>
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<td>-2.4K/decade</td>
<td>mesopause</td>
<td>OH* rotational temperature</td>
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<td>-0.4K/decade</td>
<td>mesopause</td>
<td>Moscow (Russia) -57°N, 37°E</td>
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<td>-1.2K/decade</td>
<td>mesopause</td>
<td>LIMA and MIMAS model simulations 55–61°N</td>
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<td>TIMED SABER instrument</td>
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<td>-1.5K/decade</td>
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-2.9K/decade 80–105 km Na lidar (41°N, 105°W) (She and Krueger, 2004)
-2.1K/decade mesopause OH(6-2) rotational temperature (63°N) (Ammosov et al., 2014)
-2K/decade mesopause OH* model simulations, (Grygalashvily et al., 2014)
-0.22K/year mesopause Airglow measurement (Perminov et al., 2014)
-0.24K/decade 80 - 88 km Model simulations (Hervig et al., 2016)
-0.5K/decade mesopause Whole Atmosphere Community Climate Model eXtended (WACCM-X) (Yuan et al., 2019)
-1.2K/decade mesopause OH nightglow rotational temperature (French et al., 2020)
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yearly averaged temperature and WV content, where the opposition relationship is visible. The year 2002 (maximum averaged temperature) and 2018 (minimum averaged temperature) were the two extrema temperature years and were further explored on the monthly level in part b (Temperature) and part c (WV) of Figure 3. The opposite correlation between temperature and WV is true for a specific altitude. With increasing altitude (80 to 100km) temperature and WV content both decreased (Figure 2). The precise relationship between WV saturation mixing ratios and cold point temperature depends upon the temperature as well as exact pressure (altitude), with Seidel et al., (2001) giving a value of ~0.6 ppmv/K, (Fueglistaler and Haynes, 2005) ~0.5 ppmv/K, and (Nedoluha et al., 1998) ~0.7 ppmv/K. In the present study, the maximum and minimum WV change between 81 to 100 km altitude was ~4.3 and ~1.6 ppmv respectively. Solar cycle (temperature) variations impact on WV and their relationship has been quantified by multiple researchers in the past (Brasseur and Solomon, 1986; Chandra et al., 1997; Fiedler et al., 2011; Hervig and Siskind, 2006; Siskind et al., 2013).

Figure 3. Relationship between temperature and water vapor content a. yearly averaged temperature and water vapor in selected, b. temperature, c. water vapor for two selected years.
3.2 Temperature and water vapor variation over the equator

Monthly averaged temperature data for selected eight months data, 2002 (~194K) was the hottest, and 2019 (~188K) was the coldest year during the study period. June 2019 (~183K) was the coldest and March 2014 (~198K) was the hottest month. Overall, there is a decreasing trend of temperature (~1.5K/decade) over the equator. This decreasing trend in temperature is visible in all selected months, particularly during September where this change is more prompt as compared to June and July. The monthly averaged temperature at two equinoxes (Mar/Apr and Sep/Oct) were 194.15K and 192.07K respectively. Similarly, monthly averaged temperatures at two solstices (Jun/July and Dec/Jan) were 185.81K and 188.95K respectively, indicating the coldest temperature during June and July and the hottest temperature during March and April throughout the study period. Temperature showed a decreasing trend with altitude in all selected months. Temperature decreased from 80 to 100 km during June and July was up to 10K, and during other months was around 20K.

Similarly, based on the monthly averaged WV data for selected eight months data, 2002 (~0.88ppmv) followed by 2005 (~0.94ppmv) were the two least content WV years, and 2009 (~1.12ppmv) followed by 2011 (~1.09ppmv) were the two maximum content of WV years during the study period. On average July (1.25ppmv) had the maximum WV content followed by June (1.12ppmv) and October (0.82ppmv) followed by April (0.87ppmv) had the minimum WV content. Overall, there is an increasing trend of WV (~0.09ppmv/decade) over the equator of the mesopause region. The monthly averaged WV at two equinoxes (Mar/Apr and Sep/Oct) was almost the same 0.90ppmv.

Similarly, monthly averaged WV at two solstices (Jun/July and Dec/Jan) were 1.19ppmv and 1.08ppmv respectively, indicating relatively high WV content during June and July. WV content at lower altitudes 81, 82, and 83km were 2.97, 2.65, and 2.36ppmv respectively, and decreased with altitude in all selected months. A decreasing trend in temperature and an increasing trend in WV is clear in Figure 4a (yearly averaged). Monthly averaged variations in temperature and WV are shown in Figure 4b, having a clear inverse relation in selected months and years Figure 4c.
Figure 4. Temporal variation of temperature and water vapors over the equator

3.3 Temperature and water vapor variation over the North Pole

Monthly averaged temperature data for selected eight months data, 2002 (~190K) was the hottest, and 2023 (~182K) was the coldest year during the study period. June 2008 (~159K) was the coldest and January 2002 (~210K) was the hottest month. Overall, there is a decreasing trend of temperature (~4K/decade) in the North Pole of the mesopause region. This decreasing trend in temperature is more prompt during September and less prompt during June and July. The monthly averaged temperature at two equinoxes (Mar/Apr and Sep/Oct) were 185.57K and 191.50K respectively. Similarly, monthly averaged temperatures at two solstices (Jun/July and Dec/Jan) were 162.64K and 201.14K respectively, indicating the coldest temperature during June and July and the hottest temperature...
during January and December throughout the whole study period. Our results are similar to those Xu et al., (2007) showed a warmer mesopause at high latitudes during the December solstice than it is in the June solstice. At high latitudes, the tendency term associated with vertical advection reaches a maximum of 0.7 ppmv/day at 70-85 km in NH (Chandra et al., 1997). Generally, temperature is not too much changing with altitude. The average temperature for all months is around 200±10K in the mesopause region. June showed a completely different pattern than the other selected seven months. During June monthly temperature at 80km altitude was (~160K) and further decreased up to ~134K at 90 km altitude and then sharply increased (~250K) at the altitude of 100km. Average temperature during January was ~208±5K almost constant with increasing altitude and showed very little decrease (~8K/20Km) altitude in temperature. The temperature range during September was between 202-172K. There was a clear temperature decrease between 84 to 96km during September. The temperature during March showed a decreasing trend with increasing altitude. The average temperature at 80km during March was around 210K and decreased to ~185K at an altitude of 100km.
Figure 5 is the Same as Figure 4 but represents the North Pole. Monthly averaged WV data for selected eight months data, 2002 (~0.89ppmv) followed by 2023 (~0.95ppmv) were the two least content WV years, and 2009 (~1.11ppmv) followed by 2013 (~1.07ppmv) were the two maximum content of WV years during the study period (2002–2023). On average July (~2.0ppmv) had the maximum WV content followed by June (~1.80ppmv) and March (0.40ppmv) followed by January (0.47ppmv) had the minimum WV content. July 2013 (2.17) and March 2002 (0.22) were the maximum and minimum WV content months during the study period. There is no clear increasing/decreasing trend of WV over the selected space of the North Pole of the mesopause region. Monthly averaged WV at two equinoxes (Mar/Apr and Sep/Oct) was 0.54 and 0.90ppmv respectively.
Similarly monthly averaged temperature at two solstices (Jun/July and Dec/Jan) were 1.90ppmv and
0.49ppmv respectively, indicating relatively high WV content during June and July and low during
December and January, this is because at middle and high latitudes, the general transport of H2O is
directed upward in summer and downward in winter. Averaged WV content at lower altitudes 81, 82,
and 83km were 2.98, 2.73, and 2.40ppmv respectively, and decreased with altitude in all selected
months. As mentioned in section 2.2, SABER H2O is biased low by ~20% in polar summer above
80 km. It means SABER H2O reflects the polar winter and spring descent very well but in the
summer PMC region, the enhancement is weaker than expected. The decreasing trend in temperature
is clear but there is no clear trend in WV 5a (yearly averaged). Monthly averaged variations in
temperature and WV are shown in Figure 4b, having a clear inverse relation in selected months and
years Figure 5c.

3.4 Temperature and water vapor variation over the South Pole

Based on the monthly averaged temperature data for selected eight months data, 2002 (~188K) was
the hottest, and 2009 (~180K) was the coldest year during the study period. December 2007 (~156K)
was the coldest and March 2003 (~201K) was the hottest month. Overall, there is a decreasing trend
of temperature (~1.5K/decade) in the South Pole of the mesopause region. This decrease in
temperature was relatively clearly visible in March. On average April (197.64K) followed by June
and July were the hottest months and (December and January) were the coldest months throughout the
study period. Temperatures in January and December were 10 to 15K lower than the other six selected
months. The monthly averaged temperature at two equinoxes (Mar/Apr and Sep/Oct) were 194.85K
and 184.69K respectively. Similarly, monthly averaged temperatures at two solstices (Jun/July and
Dec/Jan) were 193.21K and 161.41K respectively, indicating the coldest temperature during January
and December and the hottest temperature during March and April throughout the whole study period.
Temperature variation with respect to altitude was different for January/December than for other
selected months. During winter (January/December) temperature was first decreased up to 92 Km
altitude and then increased to 93km and onward altitudes.

Monthly averaged WV data for selected eight months data, 2002 (~1.07ppmv) followed by 2012
(~1.08ppmv) were the two least content WV years, and 2009 (~1.28ppmv) followed by 2008
(~1.28ppmv) were the two maximum content of WV years during the study period (2002 – 2023). On
average January (2.4 ppmv) had the maximum WV content followed by December (2.3 ppmv) and
September (0.45 ppmv) followed by April (0.47 ppmv) has the minimum WV content (Figure 6).
Overall, there is an increasing trend of WV (~0.08ppmv/decade) over the South Pole of the
mesopause region. The monthly averaged WV at two equinoxes (Mar/Apr and Sep/Oct) was 0.82 and
0.54ppmv lower than the monthly averaged temperature at two solstices (Jun/July and Dec/Jan) which
were 0.67 ppmv and 2.3 ppmv respectively. This indicates relatively high WV content during winter (December and January). In the SH temperature is colder at mid-to-high latitudes during January (Wang et al., 2022), had relatively high WV content. At high latitudes, the tendency term associated with vertical advection reaches a minimum of -0.35 ppmv/day in SH (Chandra et al., 1997). WV content at lower altitudes 81, 82, and 83 km were 3.25, 3.01, and 2.74 ppmv respectively, and decreased with altitude in all selected months. Temperature and WV trends and their interrelationship are given in Figure 6.

Figure 6. Same as Figure 4 but represents the South Pole region.

4. Inter and intra-comparison at solstices, equinoxes, and Poles

The average temperature at the summer solstice (June and July) is 162.64 K, which is 38.5 K lower than that of the winter solstice (December and January). Similarly, the average WV at summer
solstice is 1.92ppmv which is ~1.43ppmv greater than that of winter solstice. The difference between
the North-South poles temperature and WV at equinoxes and solstices is shown in Figure 7.

Figure 7. Difference in north-south temperature (a,c) and water vapor content (b,d) at two
equinoxes (March and September) and two solstices (January and July)

The difference between NH and SH temperature and WV at the solstice is higher than the difference
at the two equinoxes, indicating that the temperature and WV at both equinoxes are relatively close
however it look to increase in the future. The maximum and minimum difference in winter solstice
(January’s) temperature (NH-SH) was during 2004 (51.11K) and 2010(30.24K) respectively, and in
summer solstice (July’s) temperature (NH-SH) was during 2002 (-32.79K) and 2021(-26.60K)
respectively. Similarly, the maximum and minimum difference in July’s WV (NH-SH) was during
2014(1.58ppmv) and 2003(1.3ppmv) respectively, and in January’s WV (NH-SH) was during 2012 (-2.2ppmv)
and 2010(-1.60ppmv) respectively. For equinoxes WV and Temperature differences
between NH and SH are increasing with time, however, this difference for solstices is relatively
constant and has no increasing or decreasing trend with time.
Figure 8. Intra-annual temperature and water vapor variations. The left column is for temperature and the right column is for water vapor in selected months a. July, b. January, c. March, and d. September.

The June and July temperature is colder at high latitudes (North Pole) in the summer hemisphere. In addition, at summer high latitudes (North Pole for July and South Pole for January), the mesopause temperature is ~5 K colder. Examination of Figure 8 shows a clear temperature difference between summer mesopause temperatures in the two hemispheres, with the southern temperatures appearing to be at least a few K warmer during most of the summer season. The observed temperature differences are highly significant ranging from 156 K during December (South Pole), to around 210 K during January (North Pole). The mean seasonal difference (the average of these values) is close to ~183 K.

The inter-hemispheric comparison showed a clear difference in Temperature and WV. The difference may be due to the reduced gravity waves and 50% weaker winds in the southern hemisphere measured by Vincent, (1994), resulting in reduced mesospheric circulation. The summer season ranges from May to August in the NH and from November to February in the SH, and is centered on the solstice (Huaman and Balsley, 1999).
This result is close to (Wang et al., 2022) and (Xu et al., 2007) who found that the mesopause during the June solstice is colder than that during the December solstice. There is a slight difference in magnitude may be due to the different lengths of the SABER temperature data set and using different heights of the mesopause region. Xu et al., (2007) used initial 4 years of SABER data, and (Wang et al., 2022) used 18 years of data set. Winter solstice (January) was the higher temperature month for the North Pole and the lower temperature month South Pole (Figure 8). Similarly, the summer solstice (July) was the higher temperature month for the South Pole and the lower temperature month North Pole. A similar but lower temperature month was also observed for two equinoxes (Figure 8 left column). A clear inverse relation between temperature and WV is shown in Figure 8.

Figure 9. Temperature and water vapor trends for selected locations and months during the study period.

At winter solstice (January), we observed less WV for the North Pole and relatively more WV for the South Pole. Similarly, at the summer solstice (July) lower WV for the South Pole and more WV for the North Pole. There is a relatively large difference in WV of winter solstice and summer solstices as compared to the two equinoxes.

A decreasing trend in temperature and an increasing trend in WV in all selected locations (whole mesopause, North Pole, South Pole, and the Equator) and selected months (January, July for solstices...
and March, September for equinoxes) are shown in Figure 9. A cooling trend in temperature was also reported in the past such as $-9.2$ K/decade in winter (Semenov, 2000), 0.64 K/decade (She et al., 2015), $-5.0$ K/decade (Winter) (Golitsyn et al., 1996), and $-0.075 \pm 0.043$ K/year (Zhao et al., 2020). Winter mesopause temperature trends ($-6$ to $-2$ K/decade) are generally stronger than summer ones ($-2$ to $+0.5$ K/decade (Offermann et al., 2010). A maximum decreasing trend in temperature and an increasing trend in WV is during March at the South Pole followed by September at the North Pole (Figure 9). A slight increase in WV at the South Pole was observed during January. In the summer hemisphere, the upwelling in high latitudes induces adiabatic cooling and creates a cold summer mesopause at high latitudes (Wang et al., 2022). Upwelling causes a strong adiabatic cooling in the summer mesosphere, affecting high latitudes. Therefore, at high latitudes in the summer hemisphere, this adiabatic cooling effect (induced by the upwelling of the mesospheric circulation) creates a cooler summer mesopause (Figure 9c). There is a strong upward transport by the mesospheric residual circulation in the summer high latitudes. On the other side, in the winter hemisphere, the upwelling of the lower thermosphere residual circulation causes cooling, and the downwelling of the mesospheric residual circulation causes warming.

5. Discussions

A variety of ground-based RADAR and LIDAR, satellite data, and model simulations (Table 1) have been examined in the mesopause region. However, a few studies showed a detailed spatial and temporal variation of temperature and WV. In this study, we presented the long-term differences in temperature, and WV between the two hemispheres, two solstices, and two equinoxes in selected months to gain a better understanding of spatial and temporal variation of temperature and WV at high altitude mesopause.

The mesopause temperature during 2002–2023 showed a cooling trend through all selected latitudes ranging from $-0.06$ to $-0.4$ K/decade. Monthly averaged temperature data showed that 2002 was the hottest and 2018 was the coldest year during the study period. A decreasing trend in temperature was also reported by other authors in the past (Zhao et al., 2020 (Avg: $-0.75$ K/decade); Dalin et al., 2020 ($-2.4$ K/decade); Yuan et al., 2019 ($-2.4$ K/decade); French et al., 2020 ($-1.2$ K/decade)). Similarly, Mlynczak et al., (2022) found significant cooling and contraction from 2002 to 2019 due to a weaker solar cycle. According to Zhao et al., (2020), the cooling trends in the SH are stronger than those in the NH. At the same time (Dalin et al., 2020) showed relatively stronger cooling at the summer mesopause ($-2.4$ K/decade), than that of winter mesopause ($-0.4$ K/decade). Our results showed a significant cooling trend of $-4$ K/decade at the North Pole and a relatively low cooling trend ($-1.5$ K/decade) at the South Pole. The difference in results may be due to the difference in temporal and spatial datasets. Seasonal temperature variations at the mesopause region are distinct, with a summer minimum (June $\sim 180$ K, July $\sim 183$ K) and a winter maximum (January $\sim 197$ K, December
~190K). The monthly averaged temperatures at two solstices (Jun/July and Dec/Jan) were 184.55K and 188.20K respectively, indicating the coldest temperature during June and July throughout the whole study period. Mesopause during the summer (June and July) solstice is ~ 3.65K colder than that during the winter (December and January) solstice.

A clear hemispheric asymmetry in temperature (Figure 7) was observed, possibly related to solar forcing and gravity wave forcing further discussed in (Xu et al., 2007). The mesopause temperature varies from (Min: 182.3K, Max: 190.5K, Avg: 185.7K) in the summer polar region to (Min: 180.5K, Max: 188.1K, Avg: 183.7K) in the winter polar region. Summer solstice was relatively colder (~184K) than winter solstice (188K) for the whole mesopause case. Xu et al., (2007) showed a warmer winter mesopause (~190K) than that of summer mesopause (~126K). In addition, at summer high latitudes mesopause temperature (the North Pole for June/July) is 1.23K warmer than the South Pole or December/January. At winter solstice (December and January), the North Pole’s temperature is higher than the South Pole’s temperature and has relatively low WV content. At summer solstice (June and July), the South Poles’s temperature is higher than the North Pole Temperature. Wang et al., (2022); Xu et al., (2007) found that the mesopause during the June solstice is ~6–9 K colder than that during the December solstice. Huaman and Balsley, 1999 showed a predominant warmer SH (by 6K) around the summer solstice at 64° latitude for a limited period (selected months of 1994), measuring the temperature at different months in the two hemispheres. The slight difference in results may be due to the different lengths of the SABER temperature data set and using different heights of the mesopause region. We used a constant altitude of 80 to 100km during all seasons and latitudes can change the results presented in this study than other studies in the past. The mesopause is ~1 km higher at most latitudes and relatively warmer at middle to high latitudes in winter (around December solstice) than it is in summer (around June solstice). At the equator, the mesopause is at a higher altitude for all seasons. During the equinox months, the mesopause is at a constant altitude and becomes discontinuous at the middle latitudes in the summer hemisphere from the equinoxes to the solstices (Wang et al., 2022). Temporal and spatial variation of mesopause height is discussed by Xu et al., (2007); Wang et al., (2022). The monthly averaged temperature at two equinoxes (Mar/Apr and Sep/Oct) was 191.66K and 191.16K respectively indicating almost similar temperatures.

The adiabatic cooling effects are stronger due to stronger vertical wind at high latitudes and resulting in a lower mesopause temperature and altitude (Wang et al., 2022). These adiabatic cooling effects are strong enough to affect the mesopause altitude even during the transitional months between the solstices and the equinoxes. Upwelling causes a strong adiabatic cooling in the summer mesosphere, affecting high latitudes. Therefore, at high latitudes in the summer hemisphere, this adiabatic cooling effect (induced by the upwelling of the mesospheric circulation) creates a cooler summer mesopause. There is also a strong upward transport by the mesospheric residual circulation in the summer high latitudes. On the other side, in the winter hemisphere, the upwelling of the lower thermosphere residual circulation causes cooling, and the downwelling of the mesospheric residual circulation...
causes warming. An increase in CO\textsubscript{2} was correlated with the decrease in temperature, which is one of the possible reasons for the temperature-decreasing trend. CO\textsubscript{2} is transported from low altitudes and affects the infrared cooling rate leading to globally warmer mesopause temperatures (Chabrillat et al., 2002) and enhanced differences between the summer and winter temperatures (Smith, 2004). More detailed analyses (of the energy budget, the response of nonmigrating tides, gravity waves, geomagnetic activities, etc.) are required for further improvements.

WV measurements showed a decadal cycle (2002-2011, and 2011-2023) that was anti-correlated with temperature variability and showed relatively more WV during solar minimum. A similar anticorrelated relation between WV and solar variability was observed by (Hervig and Siskind, 2006), and showed ~25% more WV during solar minimum. Anticorrelated relation between WV is also shown by (Yue et al., 2019; Dalin et al., 2023). We find a maximum WV mixing ratio in June and July and a higher annual variability than at the equator. At the polar summer mesopause, the WV mixing ratio sharply rises from the beginning of May up to mid-September. The summer maximum (North Pole) is a more isolated feature than at the equator: it has a rather sharp increase in WV in April and a fast decline in autumn (September/October). Three-dimensional variations of temperature and WV for January 2002 and July 2015 are shown in Figure 10.

Figure 10. Three-dimensional variation of temperature and water vapor in selected months a,c) January 2002 and b,d) July 2015 for the North Pole region.
A comparison of temperature and water vapor among the North Pole, South Pole, and Equator is shown in Table 2.

Table 2. Comparison of temperature and water vapor among North Pole, South Pole, and Equator

<table>
<thead>
<tr>
<th></th>
<th>North Pole</th>
<th>South Pole</th>
<th>Equator</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Temperature</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yearly</td>
<td>2002 (190K)</td>
<td>2002 (198K)</td>
<td>2002 (194K)</td>
</tr>
<tr>
<td>Trend</td>
<td>Cooling trend ~4K/decade</td>
<td>Cooling trend ~1.5K/decade</td>
<td>Cooling trend ~1.5K/decade</td>
</tr>
<tr>
<td>Order</td>
<td>DJ(201K)&gt;SO(191.5K)=MA(185.5K)&gt;JJ(162.6K)</td>
<td>MA(194K)&gt;JJ(193K)&gt;SO(184K)&gt;DJ(161K)</td>
<td>MA(194K)&gt;SO(192K)&gt;DJ(189K)&gt;JJ(185K)</td>
</tr>
<tr>
<td>Altitude</td>
<td>100km(282.7K)</td>
<td>90km(125.3K)</td>
<td>85km(215.6K)</td>
</tr>
<tr>
<td><strong>Water vapor</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yearly</td>
<td>2009(1.11ppmv)</td>
<td>2002(0.89ppmv)</td>
<td>2009(1.12ppmv)</td>
</tr>
<tr>
<td>Monthly</td>
<td>July-2015(2.0ppmv)</td>
<td>Mar-2023(0.4ppmv)</td>
<td>July-2008(1.39ppmv)</td>
</tr>
<tr>
<td>Trend</td>
<td>Increasing trend ~0.06ppmv/decade</td>
<td>Increasing trend ~0.08ppmv/decade</td>
<td>Increasing trend ~0.09ppmv/decade</td>
</tr>
<tr>
<td>Order</td>
<td>JJ(1.90)&gt;SO(0.9)&gt;MA(0.54)&gt;DJ(0.49) in ppmv</td>
<td>DJ(2.3)=MA(0.82)&gt;JJ(0.67)&gt;SO(0.45) in ppmv</td>
<td>JJ(1.19)=Di(1.08)=MA(0.9)=SO(0.9) in ppmv</td>
</tr>
<tr>
<td>Altitude</td>
<td>80km(7.18ppmv)</td>
<td>100km(0.05ppmv)</td>
<td>80km(4.14ppmv)</td>
</tr>
</tbody>
</table>

MA: March April averaged (spring equinox)
SO: September October averaged (autumn equinox)
JJ: June July averaged (summer solstice)
DJ: December January averaged (winter solstice)
6. Conclusions

In the present study, we used TIMED/SABER long-term monthly temperature and WV data to analyze the spatial and temporal distribution of the mesopause temperature and WV in selected timings and locations. The results indicate high spatial and temporal variation in temperature and had an inverse correlation with WV. Yearly averaged temperature for selected eight months of data, 2002 was the hottest (~193K) followed by 2003 (191K) and 2018 was the coldest (~187K) year followed by 2008 (187.1K) during the study period (2002 – 2023). Seasonal temperature variations at the mesopause region are distinct, with a summer minimum (June ~ 180K, July ~183K) and a winter maximum (January ~197K, December ~190K). The monthly averaged temperature at two solstices (Jun/July and December/January) were 184.55K and 188.20K respectively, indicating the coldest temperature during June and July throughout the whole study period. Mesopause during the summer (June and July) solstice is ~ 3.65K colder than that during the winter (December and January) solstice.

A cooling trend was observed during twenty-two years of monthly observations. The cooling trends at high latitudes (North Pole) are relatively stronger than those at the Equator and South Pole. The mesopause temperature is colder in summer than in winter. Air is drawn downward in winter and upward in summer keeping away mesopause from thermodynamic equilibrium creating very low temperatures in summer (June and July) and relatively high temperatures in winter (January and December). The north-south temperature difference was maximum during the winter solstice of 2004. The vertical temperature gradient per km lies between -1.74 and 2.43 K during January, -2.14 and 1.28 K during March, -2 and 1.7 during April, -2 and 4.5 during June, -1.64 and 3.54 during July, -1.88 and 1.22 during September, -1.83 and 1.22K during October and -2.27 and 3.94K during December in the 80 to 100km altitude region, with values increasing in general with altitude and toward the summer pole (Schubert et al., 1990).

Based on the monthly averaged WV for selected eight months of data, 2018 had a relatively higher amount of water content (~1.14ppmv) followed by 2008 (1.14ppmv), and 2002 has the least amount of WV (~0.89ppmv) year followed by 2014 and 2003 (~1.0 ppmv) during the study period (2002 – 2023). July 2015 and January 2016 had maximum WV content at the summer and winter poles respectively. Overall there is an increasing WV trend in all selected locations. The north-south difference in WV was maximum during the winter solstice of 2012. The North Pole was coldest during the summer solstice and had a relatively large amount of water content. Upward transport, solar-cycle-induced variations in Lyman-α radiation, methane oxidation, and vertical advection are the responsible factors for changing WV content in the mesopause region. The possible loss of WV in the region is by photolysis and diffusion. We find that the occurrence of a WV maximum coincides with the temperature minimum in both hemispheres.
Author contributions

CG and SK initiated the idea; CG and DG performed the measurements and required calculations; CG, DG and YY wrote the manuscript draft; SK and XG reviewed and edited the manuscript.

Competing interests

The authors declare that they have no conflict of interest.

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