

1 **Exploring the ENSO Modulation of the QBO Periods with GISS E2.2 Models**

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11 **Abstract.** Observational studies have shown that the El Niño–Southern Oscillation (ENSO) exerts  
12 an influence on the Quasi-Biennial Oscillation (QBO). The downward propagation of the QBO tends to  
13 speed up and slow down during El Niño and La Niña, respectively. Recent results from general  
14 circulation models have indicated that the ENSO modulation of the QBO requires a relatively high  
15 horizontal resolution, and that it does not show up in the climate models with parameterized but  
16 temporally constant gravity wave sources. Here, we demonstrate that the NASA GISS E2.2 models can  
17 capture the observed ENSO modulation of the QBO period with a horizontal resolution of 2° latitude by

18 2.5° longitude but with its gravity wave sources being parameterized interactively. This is because El  
19 Niño events lead to more vigorous gravity wave sources generating more absolute momentum fluxes  
20 over the equatorial belt, as well as less filtering of these waves into the tropical lower stratosphere  
21 through a weakening of the Walker circulation. Various components of the ENSO system such as the  
22 SSTs, the convective activities, and the Walker circulation are intimately involved in the generation and  
23 propagation of parameterized gravity waves, through which ENSO modulates the QBO period in GISS  
24 E2.2 models.

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27 **1. Introduction**

28 The QBO dominates the interannual variability in the tropical stratosphere (Baldwin et al., 2001)  
29 while ENSO is the primary mode of interseasonal–interannual variability over the tropical Pacific Ocean  
30 (Wang et al., 2016). It is well-known that both the QBO and the ENSO have far-reaching implications  
31 for global weather and climate systems (Hamilton et al., 2015; Philander, 1990; [Sarachik and Cane, 2010](#);  
32 Domeisen et al., 2019).

33 The QBO and the ENSO defy linear relationships (Angell, 1986; Xu, 1992; [Hu et al., 2012](#)) as  
34 [highlighted by that fact that while the QBO and ENSO indices are negatively correlated before 1980s](#)  
35 [and positively correlated after 1980s \(Garfinkel and Hartmann, 2007; Domeisen et al., 2019; Rao et al.,](#)  
36 [2020c\) they are virtually uncorrelated over the longer periods from 1953 to recent times \(Garfinkel and](#)  
37 [Hartmann, 2007; Geller et al., 2016b, see their Figure 5 for details\) because of the apparent cancelation.](#)  
38 However, Maruyama and Tsuneoka (1988) spotted an intriguing connection between the anomalously  
39 short easterly phase of the QBO at 50 hPa in 1987 and the El Niño event that persisted through that year.  
40 Based on the results from a mechanistic model, Geller et. al (1997) suggested that the equatorial sea  
41 surface temperatures (SST) modulate the wave momentum fluxes into the stratosphere and thus the QBO.  
42 Remarkably, an observational study conducted by Taguchi (2010) demonstrated that the downward  
43 propagation of the QBO tends to speed up during El Niño and slow down during La Niña while the  
44 amplitude of the QBO tends to be smaller during El Niño and larger during La Niña, respectively. Using  
45 radiosonde data from 10 near-equatorial stations distributed along the Equator, Yuan et al. (2014) found  
46 that the ENSO modulation of the QBO period is more robust than that of the QBO amplitude, [which is](#)  
47 [likely due to the fact that the QBO periods are characterized by a high degree of zonal uniformity whereas](#)  
48 [the QBO amplitudes exhibit the zonal asymmetries of about 10% \(Hamilton et al., 2004, see their Fig.](#)  
49 [15\).](#)

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51 The QBO influences the distribution and transport of various chemical constituents (Zawodny and  
52 McCormick, 1991; Trepte and Hitchman, 1992; Hasebe, 1994; Kawatani et al., 2014), the extratropical  
53 circulation in the winter stratosphere (Holton and Tan, 1980; Labitzke, 1982; [Rao et al., 2020a, 2020b,](#)  
54 [2021](#)), tropical moist convection (Collimore et al., 2003; Liess and Geller, 2012), the activities of tropical  
55 cyclones (Gray et al., 1984; Ho et al., 2009), the ENSO (Gray et al., 1992; Huang et al., 2012; Hansen  
56 et al. 2016), the Hadley circulation (Hitchman and Huesmann, 2009), the tropospheric subtropical jet  
57 (Garfinkel and Hartmann, 2011a, 2011b; [Kumar et al., 2022](#)), the boreal summer monsoon (Giorgetta et  
58 al., 1999; [Yoden et. al 2023](#)), and the Madden-Julian Oscillation (Yoo and Son, 2016). Thus, it is  
59 imperative that weather and climate models have the capacity to simulate the ENSO modulation of the  
60 QBO.

61 [Various studies have investigated how the ENSO exerts its influence over the QBO in climate models.](#)  
62 Schirber (2015) conducted two sets of experiments to explore this issue using the general circulation  
63 model European Centre/Hamburg 6 (ECHAM6) wherein a convection-based gravity wave ([GW](#)) scheme  
64 was newly implemented. The first set of experiments was called QBOW where the initial QBO  
65 configurations consisted of a westerly jet above the 10 hPa level and an easterly jet below that level.  
66 Likewise, in the second set of experiments named as QBOE, the initial QBO conditions included an  
67 easterly and westerly jet above and below the 10 hPa level, respectively. Schirber showed that for QBOW,  
68 the ensemble mean period of the QBO from the El Niño runs is shorter than that from the La Niña runs  
69 while for QBOE, the ensemble mean periods are comparable between the El Niño and the La Niña runs.  
70 [Schirber](#) also noted that there is no systematic change in amplitude of the QBO jets between El Niño and  
71 La Niña runs. Using version 3 of the EC-Earth Consortium's climate model [with a triangular spectral](#)  
72 [truncation at total wavenumber 255 \(T255, horizontal resolution of ~0.54°\)](#), Christiansen et al. (2016)  
73 reported that [each of ten](#) ensemble members [simulated](#) a faster QBO descent rate during El Niño than

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79 during La Niña, and that their ensemble mean QBO phase speeds were comparable to those derived from  
80 the reanalyses.

81 Employing two atmospheric general circulation models (AGCM) developed under the Model for  
82 Interdisciplinary Research on Climate (MIROC) framework, Kawatani et al. (2019) investigated the  
83 possible mechanism of the ENSO modulation of the QBO. They first compared a 100-year perpetual El  
84 Niño run with a 100-year perpetual La Niña run from the MIROC-AGCM with T106 horizontal  
85 resolution and 500-m vertical spacing in the stratosphere without any nonorographic GW  
86 parameterizations. Then they repeated the two AMIP-style perpetual El Niño and La Niña experiments  
87 but using the atmospheric part of the Model for Interdisciplinary Research on Climate, Earth System  
88 Model (MIROC-ESM) with T42 horizontal resolution and 700-m vertical spacing in the stratosphere  
89 where the effects of nonorographic GWs are parameterized and the GW sources are held constant in  
90 time. They found that the MIROC-AGCM simulates shorter QBO periods during El Niño than during  
91 La Niña because of the larger equatorial vertical wave fluxes of zonal momentum in the uppermost  
92 troposphere and consequently the much larger resolved GW forcing in the stratosphere during warm  
93 ENSO phase. However, they found almost no difference in the average QBO periods simulated by the  
94 MIROC-ESM between El Niño and La Niña because the QBO was generated by the parameterized  
95 nonorographic GW forcing in the model where the GW sources were held constant in time, thus did not  
96 respond to the SST changes associated with the ENSO cycle (See their Figs. 16 and 18 for more details).

97 [Using more than a dozen of models from five modeling centers with their horizontal resolutions](#)  
98 [ranging from T42 \(~2.79°\) to T1279 \(~0.14°\)](#), Serva et al. (2020) found that a relatively high horizontal  
99 resolution [above T159 \(~0.75°\)](#) was [desirable](#) to simulate the observed modulation of the QBO descent  
100 rate under strong ENSO events, while the amplitude response is generally weak at any horizontal  
101 resolution. They also pointed out that over-dependence on parameterizing the effects of GWs with

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110 temporally invariant sources is detrimental to the realistic simulation of the coupling between the ocean  
111 and the tropical stratosphere in current climate models.

112 As far as the ENSO modulation of the QBO period is concerned, both Kawatani et al. (2019) and  
113 Serva et al. (2020) emphasized the importance of a relatively high horizontal resolution and the  
114 inadequacy of non-interactive [GW](#) sources. However, the exploratory work of Schirber (2015) shows  
115 that the ENSO modulation of the QBO period can, to some extent, be simulated in the GCM ECHAM6  
116 with T63 and an associated Gaussian grid of  $\sim 1.9^\circ$  horizontal resolution because rather than being held  
117 constant in time, the properties of non-interactive [GW](#) sources in the tropics are determined by the  
118 simulated convection which is modulated by ENSO phases.

119 Rind et al. (1988) pioneered the use of meteorologically interactive [GW](#) sources in the Goddard  
120 Institute for Space Studies (GISS) climate models. [These sources included flow over topography,  
121 convection, shear, and, in Rind et al. \(2007\), deformation.](#) By increasing the vertical resolution and  
122 revising the formulations, various versions of the GISS models subsequently simulate a spontaneous  
123 QBO (Rind et al., 2014, 2020; DallaSanta et al., 2021). The GISS E2.2 models are comprehensive  
124 climate models optimized for the middle atmosphere (Rind et al., 2020; Orbe et al., 2020). Their outputs  
125 have been submitted to the archive of the Coupled Model Intercomparison Project Phase 6 (CMIP6).  
126 Bushell et al. (2020) pointed out that most of current climate models are highly dependent on  
127 parameterized nonorographic [GW](#) forcing to simulate a QBO. Unsurprisingly, DallaSanta et al. (2021)  
128 found that the parameterized convective [GWs](#) play a dominant role in generating the spontaneous QBO  
129 in the GISS E2.2 models.

130 [High-resolution AGCMs can realistically simulate atmospheric structure without resorting to  
131 parameterized GWs \(e.g., Watanabe et al., 2008\), but the associated computational cost is too high for  
132 the Earth system modeling at the present time. Thus, most climate models still require GW](#)

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138 [parameterization schemes](#). What is more, [Fig. 4\(c\) in Serva et al. \(2020\)](#) shows that two different GW  
139 [parameterization schemes employed by the same T255 model make a drastic difference in the ENSO](#)  
140 [modulation of the QBO period](#). Specifically, one scheme makes a difference of about 10 months in the  
141 [ensemble mean QBO period between El Niño and La Niña episodes while the other hardly makes an](#)  
142 [appreciable difference](#). In other words, [improperly parameterized GW forcing could destructively](#)  
143 [interfere with the ENSO modulation of the QBO period in high-resolution climate models](#). Therefore, it  
144 [is imperative that GWs forcing be parameterized properly in climate models with a variety of horizontal](#)  
145 [resolutions](#).

146 In this paper, we will [evaluate the ENSO modulation of](#) the QBO simulated by the GISS E2.2 models  
147 [against the observed](#), and [explore](#), how the ENSO modulates the QBO period in those models. [Section 2](#)  
148 [describes the observations and GISS E2.2 models used in this study and outlines our methods of analyses](#).

149 Section 3 revisits the ENSO modulation of the QBO from the observational point of view. Section 4  
150 evaluates the ENSO modulation of QBO period in the historical runs simulated by [four](#) versions of the  
151 GISS E2.2 models. Section 5 explores the physical mechanisms underlying the simulated modulation.  
152 Conclusions and discussion are presented in section 6.

## 154 [2. Observations, model simulations, and methods](#)

### 155 [2.1 Observations](#)

156 [To study the observed QBO, we use the monthly mean zonal winds provided by Free University of](#)  
157 Berlin (FUB). The FUB data were produced by combining the radiosonde observations at the following  
158 three equatorial stations: Canton Island near 172°W, 3°S (closed in 1967), Gan/Maledive Islands near  
159 73°E, 1°S (closed in 1975), and Singapore near 104°E, 1°N (Naujokat, 1986). We use 63 years (i.e., 756

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177 months) of the FUB data ranging from 1953 to 2015 at the following seven pressure levels: 70, 50, 40,  
178 30, 20, 15, and 10 hPa.

179 [The observed ENSO index is derived from the National Oceanic and Atmospheric Administration](#)  
180 [\(NOAA\) Extended Reconstructed SST \(ERSST\) V5 datasets \(Huang et al., 2017\) provided by National](#)  
181 [Centers for Environmental Information \(NCEI\). ERSST produced on a  \$2^\circ \times 2^\circ\$  grid is derived from the](#)  
182 [International Comprehensive Ocean-Atmosphere Data Set \(ICOADS\). The latest version of ERSST,](#)  
183 [version 5, uses new datasets from ICOADS Release 3.0 SST, combining information from Argo floats](#)  
184 [above 5 m and Hadley Centre Ice-SST version 2 ice concentrations.](#)

185 [The monthly Outgoing Longwave Radiation \(OLR\) on a  \$2.5^\circ \times 2.5^\circ\$  grid from NCEI is used as a](#)  
186 [proxy for tropical convection since cloud top temperatures are negatively correlated with cloud height](#)  
187 [in the tropics \(Salby, 2012\). The ERA5 \(Hersbach et al., 2020\) monthly mean zonal winds were](#)  
188 [employed to depict the observed Walker circulation against which we evaluate those simulated by GISS](#)  
189 [E2.2 models. The employed OLR and zonal winds range from 1979 to 2015.](#)

## 190 **[2.2 Description of the models and simulations](#)**

191 [GISS E2.2 is a climate model specially optimized for the middle atmosphere \(Rind et al., 2020; Orbe](#)  
192 [et al., 2020\) and its output was submitted to the Coupled Model Intercomparison Project Phase 6 \(CMIP6\)](#)  
193 [archive. The horizontal resolution of all GISS E2.2 models is  \$2^\circ\$  \(latitude\)  \$\times\$   \$2.5^\circ\$  \(longitude\) for the](#)  
194 [atmosphere and the model extends from the surface to 0.002 hPa \(~89 km\) with 102 vertical layers \(for](#)  
195 [more details, see Table 1 in Rind et al., 2020\). Note that an adequate vertical resolution is necessary for](#)  
196 [climate models to internally generate a spontaneous QBO \(Scaife et al., 2000; Richter et al. 2014; Rind](#)  
197 [et al. 2014, 2020; Geller et al. 2016a; Butchart et al. 2018\).](#)

198 [According to composition interactivity, the atmospheric component of the GISS E2.2 models was](#)  
199 [configured in two ways for CMIP6. The first configuration is denoted as NonINTERactive \(“NINT”\)](#)

200 where the fields of radiatively active components such as ozone and multiple aerosol species are  
201 specified from previously calculated offline fields (Kelley et al. 2020; Miller et al., 2021), which will be  
202 discussed further below. The second configuration includes interactive gas-phase chemistry and a mass-  
203 based (One-Moment Aerosol, OMA) aerosol module, where aerosols and ozone are driven by emissions  
204 and calculated prognostically (Bauer et al., 2020; Nazarenko et al., 2022). The abovementioned NINT  
205 and OMA configurations correspond to physics-version=1 (“p1”) and physics-version=3 (“p3”),  
206 respectively, in the CMIP6 archive.

207 The basic dynamics and tropospheric physics structure of the GISS E2.2 models were based on the  
208 GISS E2.1 model (Kelley et al., 2020). One version of the cloud parameterization schemes used in E2.2,  
209 termed as “standard physics” (SP), has not been fully upgraded to the state-of-the-art module customized  
210 for E2.1 which has only 40 vertical layers up to 0.1 hPa (Rind et al., 2020). Accordingly, E2.2–SP has a  
211 younger sibling, E2.2–AP, whose cloud parameterization schemes, termed as “Altered Physics” (AP),  
212 are more aligned with those in E2.1 and whose outputs were thus favored for the submission to the  
213 CMIP6 archive. “Altered Physics” in E2.2–AP brings about a somewhat different response to SST as  
214 compared with the “standard physics” in E2.2–SP.

215 The QBO in the GISS models are mainly driven by GWs (DallaSanta et al., 2021). The phase  
216 velocities and momentum fluxes of GW sources are coupled to convective cloud-top-pressure altitudes,  
217 convective mass fluxes, background wind fields, etc. (Rind et al., 1988, 2014, 2020). Specifically  
218 speaking, intrinsic phase velocities  $\pm 10 \text{ ms}^{-1}$  and  $\pm 20 \text{ ms}^{-1}$  of GWs, generated by convection are  
219 Doppler-shifted by local background winds for shallow convection and for convection penetrating above  
220 the altitudes of the 400-hPa pressure level, respectively. Convective gravity wave momentum flux  
221 magnitude is determined by the density and Brunt-Vaisala frequency at the top of convective region and  
222 the vertically integrated mass flux over the convective region. The mass flux in the model is strongly

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225 [related to the depth of penetration, and thus this parameterization is somewhat similar to that of the other](#)  
226 [models that use convective sources \(see Eq. 7 in Rind et al., 1988 and the further discussion in Rind et](#)  
227 [al., 2014\).](#)

228 [Using the same GW parameterization scheme, both E2.2–SP and E2.2–AP are included in this study](#)  
229 [to gain insight into the mechanisms through which ENSO modulates the QBO period despite the fact](#)  
230 [that the outputs of E2.2–SP were not submitted to the CMIP6 archive. Note that outputs from E2.2–SP](#)  
231 [models, following the CMIP6 protocol and naming, are available from the NASA Center for Climate](#)  
232 [Simulation \(NCCS\) portal \(under the title E2.2.1\).](#)

233 [In this study we look into two atmosphere-only \(AMIP\) ensemble simulations where the evolution of](#)  
234 [SST and sea ice fraction \(SIF\) is specified and two coupled ensembles where the respective model](#)  
235 [atmosphere interacts with the ocean component termed as the GISS Ocean v1 \(GO1\) which extends from](#)  
236 [the surface to the ocean floor with 40 vertical layers and has a horizontal resolution of 1° latitude by](#)  
237 [1.25° longitude \(Schmidt, et al., 2014; Kelley et al., 2020\). Table 1 lists the four model configurations](#)  
238 [and their respective ensemble simulations investigated in this study.](#)

239 [The first two ensembles in Table 1 were generated by AMIP–OMA–SP and AMIP–OMA–AP models](#)  
240 [where the SST and SIF from the HadISST1 dataset \(Rayner et al., 2003\) were prescribed for the](#)  
241 [simulations between 1870 and 2014 while their climatological annual cycles over the 1876–1885 period](#)  
242 [were imposed for the earlier simulations between 1850 and 1869. Both AMIP–OMA–SP and AMIP–](#)  
243 [OMA–AP prognostically calculate the concentrations of ozone, methane, chlorofluorocarbons, aerosols,](#)  
244 [etc. The main differences between AMIP–OMA–SP and AMIP–OMA–AP reside in the package of cloud](#)  
245 [parameterization schemes, which leads to their different responses to SST and thus may have important](#)  
246 [implications for simulating the ENSO modulation of the QBO period. We discarded the simulations](#)  
247 [ranging from 1850 to 1869 in this study because they are irrelevant to the ENSO modulation of the QBO](#)

248 [in the absence of interannual variations in the prescribed SST over that period. Note that the two extended](#)  
249 [historical AMIP simulations from 1870 to 2014 listed in Table 1 were not submitted to the CMIP6](#)  
250 [archive. However, AMIP-OMA-AP did generate a 5-member ensemble over the 1979–2014 period that](#)  
251 [was submitted to the CMIP6 archive and tagged as E2-2-G.amip.r\[1-5\]i1p3f1. It is worth noting that the](#)  
252 [climatological characteristics over the 1979–2014 period derived from the AMIP-OMA-AP ensemble](#)  
253 [listed in Table 1 are comparable to those derived from E2-2-G.amip.r\[1-5\]i1p3f1 albeit the climate](#)  
254 [trajectories of the individual ensemble members over the 1979–2014 period are expected to differ](#)  
255 [between those two ensembles starting from January 1850 and January 1979, respectively, due to the](#)  
256 [chaotic nature of climate systems.](#)

257 [The other two ensembles in Table 1 were generated by the Coupled-NINT-SP and Coupled-NINT-](#)  
258 [AP where the respective atmospheric components are coupled with GO1. Both the Coupled-NINT-SP](#)  
259 [and Coupled-NINT-AP simulations were performed with the prescribed atmospheric composition](#)  
260 [generated from the AMIP-style OMA simulations using the historical forcings over the 1850–2014](#)  
261 [period. As mentioned earlier with regard to the AMIP-OMA-SP and AMIP-OMA-AP runs, the](#)  
262 [difference in cloud physics between the Coupled-NINT-SP and Coupled-NINT-AP models is exploited](#)  
263 [to gain a deeper insight into the mechanisms through which the ENSO modulates the QBO periods. Both](#)  
264 [Coupled-NINT-SP and Coupled-NINT-AP ensemble runs started from January 1850 and ended in](#)  
265 [December 2014.](#)

266 [Since there are no interannual variations in the prescribed SST over the 1850–1869 period for both](#)  
267 [the AMIP-OMA-SP and AMIP-OMA-AP runs, our analyses focus on the 1870–2014 period for those](#)  
268 [two ensembles. For the sake of conciseness and consistency, we also discarded the outputs from two](#)  
269 [coupled runs over the 1850–1869 period. In short, we only use the data over the 1870–2014 period from](#)  
270 [the ensemble simulations listed in Table 1.](#)

271 **2.3 Methods**

272 **2.3.1 Data processing**

273 ~~We~~ first fill the missing ~~FUB~~ zonal winds at the 10 hPa level for the first 3 years by linear  
274 extrapolation in log-pressure height. ~~Then, we remove the climatological mean zonal winds from the~~  
275 ~~observed to obtain the monthly anomalies of zonal winds. These anomalous monthly zonal winds will~~  
276 ~~be used for our observational study in this paper.~~

277 To obtain the ENSO index from the ERSSTv5 data ranging from 1953 to 2015, we use the same  
278 method to calculate the Oceanic Niño Index (ONI) as the Climate Prediction Center (CPC) of NOAA.  
279 Namely, the ONI is defined as a 3-month running mean of ERSSTv5 SST anomalies in the Niño 3.4  
280 region (5°S–5°N, 120°–170°W) based on centered 30-year base periods updated every 5 years  
281 ([https://origin.cpc.ncep.noaa.gov/products/analysis\\_monitoring/ensostuff/ONI\\_v5.php](https://origin.cpc.ncep.noaa.gov/products/analysis_monitoring/ensostuff/ONI_v5.php)). This method  
282 ensures a proper identification of El Niño and La Niña by taking the secular changes in SSTs into account.  
283 The SST anomalies are defined as the deviations of the SST from its climatological annual cycle over a  
284 selected base period. Specifically, the SST anomalies during 1951–1955 are based on the 1936–1965  
285 base period; the SST anomalies during 1956–1960 are based on the 1941–1970 base period; and so on.  
286 Thus, as the CPC of NOAA we used the ERSSTv5 SST from January 1936 to January 2016 period to  
287 obtain the ONI from January 1953 to December 2015.

288 Following the CPC of NOAA, we refer to El Niño or La Niña episodes as the periods when the ONIs  
289 are greater than +0.5°C or less than –0.5°C for at least five consecutive months, respectively. Since the  
290 temperature measurement is only accurate to the tenths place, all our calculated ONIs are rounded to the  
291 nearest tenth. Based on the rounded ONIs, our identified El Niño and La Niña episodes are almost  
292 identical to those listed at the abovementioned website of NOAA CPC. Accordingly, we identified 21  
293 El Niño and 15 La Niña events between 1953 and 2015.

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323 Similarly, when we explore how GISS E2.2 models simulate the ENSO modulation of the QBO we  
324 define the ONI as a 3-month running mean of prescribed SST anomalies from the AMIP-OMA-SP and  
325 AMIP-OMA-AP runs, or simulated SST anomalies from the Coupled-NINT-SP and Coupled-NINT-  
326 AP runs in the Niño 3.4 region (5°S- 5°N, 120°- 170°W) based on centered 30-year base periods  
327 updated every 5 years. Here, the SST anomalies are also defined as the deviations of the SST from its  
328 climatological annual cycle over a selected base period. Specifically, the SST anomalies during 1886-  
329 1890 are based on the 1871-1900 base period; the SST anomalies during 1891-1895 are based on the  
330 1876-1905 base period; the SST anomalies during 1991-1995 are based on the 1976-2005 base period;  
331 the SST anomalies during 1996-2000 are based on the 1981-2010 base period. In addition, the SST  
332 anomalies during the earliest 1870-1885 and latest 2011-2014 spans are ad hoc based on the 1870-1899  
333 and 1985-2014 base periods, respectively. Thus, we used the specified or simulated SSTs over the 1870-  
334 2014 period to obtain the ONI from February 1870 to November 2014.

335 For the sake of consistency, we also apply this same filtering procedure to all other fields simulated  
336 by GISS E2.2 models such as OLR, zonal winds, resolved wave forcing, parameterized GW forcing,  
337 absolute convective momentum flux, etc. Thus, the simulated zonal winds and other quantities were  
338 subjected to a 3-month moving averaging. In addition, the secular trends of zonal winds and those  
339 quantities were also removed due to the adoption of the consecutive 5-year base periods. To further  
340 simplify our analyses, all processed model outputs used in this study range from 1871 to 2013. In other  
341 words, we also discarded the processed model outputs over the period between February 1870 to  
342 December 1870 and that between January 2014 to November 2014.

343 Employing the above-mentioned criterion that was used to identify the observed ENSO events  
344 between 1953 and 2015, we identified 34 El Niño and 30 La Niña events over the period from 1871 to  
345 2013 from the specified HadISST1 dataset. We further found that the five members of the Coupled-

346 [NINT–SP ensemble simulations generated 31, 31, 29, 35, and 36 El Niño events and produced 34, 34,](#)  
347 [35, 37, and 35 La Niña events, respectively, over the period from 1871 to 2013. In parallel, we identified](#)  
348 [37, 42, 40, 37, and 38 El Niño events and 38, 43, 37, 40, and 39 La Niña events from the SSTs simulated](#)  
349 [by the five members of the Coupled–NINT–AP ensemble, respectively, over the same period.](#)

### 350 [2.3.2 Statistical analysis](#)

351 [Following Wallace et al. \(1993\), we decompose the zonal winds from both the observed and the](#)  
352 [simulated between 10 and 70 hPa pressure levels into two leading pairs of empirical orthogonal functions](#)  
353 [\(EOFs\) and principal components \(PCs\) because they typically account for more than 90% of the vertical](#)  
354 [structure variance \(Wallace et al., 1993; DallaSanta et al., 2021\). For the sake of robustness, we excluded](#)  
355 [the FUB data after 2015 because the first two EOFs explain no more than 60% of total variance during](#)  
356 [the 2016 and 2019/20 QBO disruptions \(Anstey et al., 2021\). As a result, the QBO variability can be, to](#)  
357 [a very good approximation, compactly depicted by the trajectory of  \$\(PC\_1\(t\), PC\_2\(t\)\)\$  in a linear space](#)  
358 [spanned by the first two orthonormal EOFs.](#)

359 [As in previous studies \(Wallace et al., 1993; Taguchi, 2010; Christiansen et al. 2016; Serva et al.](#)  
360 [2020; DallaSanta et al., 2021\), the instantaneous amplitude \(am\) and phase \( \$\psi\$ \) of the QBO are defined](#)  
361 [as](#)

$$362 \quad am = \sqrt{PC_1^2 + PC_2^2} \quad (1)$$

$$363 \quad \psi = \text{atan2}(PC_2, PC_1) \quad (2)$$

364 [Differentiating \(2\) with respect to time yields the instantaneous phase speed of the QBO:](#)

$$365 \quad \psi' = (PC_1 \cdot PC_2' - PC_1' \cdot PC_2) / (PC_1^2 + PC_2^2) \quad (3)$$

366 [Using Eqs. \(1\) – \(3\) and the monthly processed FUB data from 1953 to 2008, Taguchi \(2010\)](#)  
367 [obtained 672 months of  \$am\$  and  \$\psi'\$  and partitioned each time series of  \$\{am\}\$  and  \$\{\psi'\}\$  into 16 categories.](#)  
368 [The 16 categories correspond to the 16 combinations of four QBO phase quadrants at the 50-hPa level](#)

369 [and four seasons. Using a bootstrap \(Chernick, 2007\) method, Taguchi \(2010\) seminally illuminated the](#)  
370 [annual synchronization of the QBO. Taguchi \(2010\) further used the bootstrap method to show that the](#)  
371 [QBO signals during El Niño episodes exhibit weaker amplitude in six out of 16 categories and faster](#)  
372 [phase propagation in eight out of 16 categories at a 90% or 95% confidence level \(refer to Figure 6 in](#)  
373 [Taguchi, 2010\).](#)

374 [It is worth pointing out that while Taguchi’s conclusion is physically \*\*meaningful\*\*, his statistical](#)  
375 [analysis is not robust concerning the ENSO influence on the QBO. For instance, there are 18 sample](#)  
376 [points in the \(MAM, E\) category where MAM stands for the months of boreal spring, i.e., March, April,](#)  
377 [and May while E indicates the QBO winds at the 50-hPa level are easterly. As Taguchi \(2010\) mentioned](#)  
378 [that the actual sample size should be six rather than 18 due to the data clustering. Among those 18 months](#)  
379 [of data, there are six for El Niño conditions and one for La Niña condition. Also pointed out by Taguchi](#)  
380 [\(2010\), actually sample sizes are two and one for El Niño and La Niña conditions, respectively, in the](#)  
381 [\(MAM, E\) category. It is hard to imagine we can infer any meaningful result from one La Niña sample](#)  
382 [point and two El Niño sample points out of the sample with its size being nine because Chernick \(2007\)](#)  
383 [points out that samples of size less than 10 are usually too small to rely on sample estimates, even in](#)  
384 [“nice” parametric cases, and that we should expect that such sample sizes are also too small for bootstrap](#)  
385 [estimates to be of much use \(see his page 174\). With regard to the above-mentioned \(MAM, E\) category,](#)  
386 [the following conclusion is evidently not robust: the QBO amplitude during El Niño episodes is weaker](#)  
387 [than that during La Niña episodes at a 95% confidence level \(refer to Figure 6\(b\) in Taguchi, 2010\)](#)  
388 [because one extreme La Niña and/or a couple of extreme El Niño sample points can influence the](#)  
389 [outcome of the statistical test.](#)

390 [Since we have observed 21 El Niño and 15 La Niña events between 1953 and 2015, the sample sizes](#)  
391 [of El Niño and La Niña appear large enough for us to conduct a classical parametric test. Namely, we](#)

392 have two sample spaces: one consists of 21 independent El Niño events and the other contains 15  
 393 independent La Niña events. For each ENSO event, we define the amplitude (A) and phase speed ( $\Psi'$ )  
 394 of the QBO as the monthly  $am$  in Eq. (1) and the monthly  $\psi'$  in Eq. (3) that are averaged over the number  
 395 of months of that event. Thus, two random variables A and  $\Psi'$ , i.e., the mean amplitude and mean phase  
 396 speed of the QBO during an ENSO episode, are defined both on the El Niño sample space and on the La  
 397 Niña sample space. We employ Welch's *t*-test (Moser and Stevens, 1992) to examine whether there is a  
 398 significant difference in A or  $\Psi'$  between the El Niño and La Niña population means.

399 To examine whether the sample mean QBO amplitude is significantly different between El Niño and  
 400 La Niña, we first construct the statistic:

$$401 \quad t = \frac{A_1 - A_2}{s_{A_1 - A_2}} \quad (4)$$

402 where  $A_1$  and  $A_2$  are the values of As that are averaged over the number of the El Niño and La Niña  
 403 events, respectively.

$$404 \quad s_{A_1 - A_2} = \sqrt{\frac{s_{A_1}^2}{N_1} + \frac{s_{A_2}^2}{N_2}} \quad (5)$$

405 where  $s_{A_1}$  and  $s_{A_2}$  are the corrected sample standard deviation of A for El Niño and La Niña,  
 406 respectively while  $N_1$  and  $N_2$  are the sample sizes of El Niño and La Niña events. According to Moser  
 407 and Stevens (1992), the degrees of freedom for the *t*-distribution is

$$408 \quad \nu = \frac{\left(\frac{s_{A_1}^2}{N_1} + \frac{s_{A_2}^2}{N_2}\right)^2}{\left(\frac{s_{A_1}^2}{N_1}\right) / (N_1 - 1) + \left(\frac{s_{A_2}^2}{N_2}\right) / (N_2 - 1)} \quad (6)$$

### 409 2.3.3 Analysis of the QBO forcings

410 The QBO owes its existence to wave-mean flow interaction (Lindzen and Holton, 1968; Holton and  
 411 Lindzen, 1972; Plumb, 1977). The evolution of zonal mean zonal winds is governed by the transformed-  
 412 Eulerian-mean (TEM) momentum equation formulated in pressure coordinates on a sphere (Andrews et  
 413 al., 1983):

$$414 \frac{\partial \bar{u}}{\partial t} = \bar{G} + \frac{1}{\rho_0 a \cos \varphi} \nabla \cdot \mathbf{F} - \left\{ \frac{\bar{v}^*}{a \cos \varphi} \left[ \frac{\partial}{\partial \varphi} (\bar{u} \cos \varphi) - f \right] + \bar{\omega}^* \frac{\partial \bar{u}}{\partial p} \right\} + \bar{X}, \quad (7)$$

415 where the Eliassen-Palm flux  $\mathbf{F}$  is defined as

$$416 \mathbf{F} = \{F^{(\varphi)}, F^{(p)}\} = a \cos \varphi \{-\overline{u'v'} + \psi \overline{u'_p}, -\overline{u'\omega'} - \varepsilon [(a \cos \varphi)^{-1} (\bar{u} \cos \varphi)_\varphi - f]\}, \quad (8)$$

417 and its divergence as

$$418 \nabla \cdot \mathbf{F} = \frac{1}{a \cos \varphi} \frac{\partial}{\partial \varphi} (F^{(\varphi)} \cos \varphi) + \frac{\partial F^{(p)}}{\partial p}. \quad (9)$$

419 In Eq. (7),  $t$  denotes time,  $p$  pressure,  $\varphi$  latitude,  $(u, v, \omega)$  "velocity" in (longitude, latitude, pressure)  
 420 coordinates,  $a$  the mean radius of Earth,  $\rho_0$  pressure-dependent basic density, and  $f$  the Coriolis  
 421 parameter. In Eq. (8),  $\varepsilon$  is defined as

$$422 \varepsilon = \overline{v'\theta'}/\bar{\theta}_p = -\overline{v'T'}/\left(\frac{\kappa \bar{T}}{p} - \frac{\partial \bar{T}}{\partial p}\right), \quad (10)$$

423 where  $\theta$  denotes potential temperature,  $T$  temperature, and  $\kappa$  the ratio of the gas constant to the specific  
 424 heat at constant pressure. Note that in Eqs. (7) – (10) primes denote departures from the zonal means  
 425 which are represented by overbars, and residual meridional and vertical velocities, i.e.,  $\bar{v}^*$  and  $\bar{\omega}^*$ , are  
 426 defined as  $(\bar{v} - \frac{\partial \psi}{\partial p})$  and  $(\bar{\omega} + \frac{1}{a \cos \varphi} \frac{\partial (\varepsilon \cos \varphi)}{\partial \varphi})$ , respectively.

427 On the right hand side (RHS) of Eq. (7), the first term,  $\bar{G}$ , is the forcing from the GWs parameterized  
 428 in E2.2 models; the second term,  $\frac{1}{\rho_0 a \cos \varphi} \nabla \cdot \mathbf{F}$ , is the forcing driven by the waves resolved by GISS  
 429 E2.2 models; the third term,  $-\left\{ \frac{\bar{v}^*}{a \cos \varphi} \left[ \frac{\partial}{\partial \varphi} (\bar{u} \cos \varphi) - f \right] + \bar{\omega}^* \frac{\partial \bar{u}}{\partial p} \right\}$ , is associated with the TEM



430 advection; and last term,  $\bar{X}$ , is the zonal component of friction or other nonconservative mechanical  
431 forcing (Andrews et al., 1987). Since  $\bar{X}$  is small as far as the QBO is concerned, we will focus on  
432 analyzing the first three terms of Eq. (7) and ignore the last term of that equation in this study.

433  
434 **3. Revisiting the ENSO modulation of the QBO from observations**

435 In the era of big data, bootstrap methods are a powerful tool that is used to analyze uncertainties for  
436 any machine learning model. However, the bootstrap methods cannot get something for nothing. It is  
437 not reliable if sample size is too small. In this section, we will use the classical parametric method  
438 outlined in subsection 2.3.2 to revisit the ENSO modulation of the QBO using the FUB data described  
439 in subsection 2.1.

440 The solid and dashed black lines in Fig. 1 depicts the two leading EOFs derived from the monthly  
441 anomalies of the FUB zonal winds between 1953 and 2015. The vertical structures of those two EOFs  
442 are very similar to those depicted in Fig. 2a of Taguchi (2010) who used the FUB zonal winds from 1953  
443 to 2008. Our calculated two leading EOFs account for 92.6% of the vertical structure variance (57.1%  
444 by EOF1 and 35.5% by EOF2) which is slightly smaller than the value of 96.1% shown in Taguchi  
445 (2010). Note that this discrepancy is not mainly due to the difference in the adopted time spans. When  
446 we use the monthly anomalies of the FUB zonal winds between 1953 and 2008, the resultant two leading  
447 EOFs account for 92.9% of the vertical structure variance (57.0% by EOF1 and 35.9% by EOF2). Coy  
448 et al. (2020) pointed out that the descent of the QBO winds varies at intraseasonal, seasonal, and  
449 interannual time scales (see their Figure 1 for more details). Thus, it is natural that two leading EOFs  
450 explain more variance of the FUB zonal winds when those winds have been deseasonalized and  
451 subjected to a 5-month running averaging.

**Deleted:** Following Wallace et al. (1993), we decompose the deseasonalized and smoothed FUB zonal winds from 10 to 70 hPa into two leading pairs of empirical orthogonal functions (EOFs) and principal components (PCs) because they typically account for more than 90% of the vertical structure variance (Wallace et al., 1993; DallaSanta et al., 2021). For the sake of robustness, we exclude the FUB data after 2015 as the first two EOFs explain no more than 60% of total variance during the 2016 and 2019/20 QBO disruptions (Anstey et al., 2021).¶

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**Deleted:** It is natural that two leading EOFs explain more variance of the FUB zonal winds were both deseasonalized and subjected to a 5-month running averaging. Thus, the QBO variability can be, to a very good approximation, compactly depicted by the trajectory of in a linear space spanned by the first two orthonormal EOFs.

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Following previous studies (Wallace et al., 1993; Taguchi, 2010, Christiansen et al. 2016; Serva et al. 2020; DallaSanta et al., 2021), the instantaneous amplitude (A) and phase ( $\psi$ ) of the QBO are defined as¶

480 As mentioned before, there are 21 El Niño and 15 La Niña episodes between 1953 and 2015, i.e.,  
 481  $N_1 = 21$  and  $N_2 = 15$ . Our calculations yield  $A_1 = 39.5 \text{ ms}^{-1}$ ,  $A_2 = 42.4 \text{ ms}^{-1}$ ,  $\nu = 33$ , and  $t =$   
 482  $-1.50$ . Apparently,  $A_1 < A_2$ , which suggests that the QBO amplitude is smaller during El Niño than  
 483 during La Niña. Performing a two-tailed test, however, we find that the QBO amplitudes during El Niño  
 484 episodes are not statistically different from those during La Niña episodes at the 10% significance level.  
 485 This is consistent with the finding of the observational study by Yuan et al. (2014), namely, the ENSO  
 486 modulation of the QBO amplitude is less robust than that of the QBO period. This is also consistent with  
 487 the findings of the modeling studies conducted by Schirber (2015) and Serva (2020).

488 Note that when we use the FUB zonal winds and the ERSSTv5 data over the 1953–2008 period as  
 489 Taguchi (2010), our calculations yield  $N_1 = 19$ ,  $N_2 = 13$ ,  $A_1 = 39.1 \text{ ms}^{-1}$ ,  $A_2 = 43.1 \text{ ms}^{-1}$ ,  $\nu = 29$ ,  
 490 and  $t = -1.98$ . A two-tailed test shows that the difference of the QBO amplitude between El Niño and  
 491 La Niña is not statistically significant at the 5% significance level.

492 Apparently, no matter whether we use the FUB data over the 1953–2008 period or over the 1953–  
 493 2015 period, the influence of the ENSO on the QBO amplitude is not statistically significant at the 5%  
 494 significance level. Thus, we will not further explore whether GISS E2.2 models can simulate the ENSO  
 495 modulation of the QBO amplitude in this study.

496 To examine whether the sample mean QBO phase speed is significantly different between El Niño  
 497 and La Niña, we similarly use Eqs. (4) – (6) except that  $A_1$  and  $A_2$  are replaced by  $\Psi_1^*$  and  $\Psi_2^*$ ,  
 498 respectively. Based on the data from 1953 to 2015, we obtained  $N_1 = 21$  and  $N_2 = 15$ ,  $\Psi_1^* = 0.246$ ,  
 499 radians/month,  $\Psi_2^* = 0.183$  radians/month,  $\nu = 28$ , and  $t = 2.36$ . Evidently,  $\Psi_1^* > \Psi_2^*$ , indicating that  
 500 the phase speed of the QBO is greater during El Niño than during La Niña. Performing a two-tailed test,  
 501 we ascertain that the phase speed of QBO during El Niño episodes are statistically different from those  
 502 during La Niña episodes at the 5% significance level. Put in another way, the mean QBO period of 25.6,

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518 months (i.e.,  $2\pi/0.246$ ) during El Niño is statistically shorter than that of 34.3 months (i.e.,  $2\pi/0.183$ )  
 519 during La Niña over the 1953–2015 period. Furthermore, when we use the FUB zonal winds and the  
 520 ERSSTv5 data over the 1953–2008 period as Taguchi (2010), our calculations yield  $N_1 = 19$  and  $N_2 =$   
 521 13,  $\Psi_1^* = 0.253$  radians/month,  $\Psi_2^* = 0.180$  radians/month,  $\nu = 25$ , and  $t = 2.87$ . Apparently, we  
 522 reach a similar conclusion that the mean QBO period of 24.8 months (i.e.,  $2\pi/0.253$ ) during El Niño is  
 523 statistically shorter than that of 34.9 months (i.e.,  $2\pi/0.180$ ) during La Niña at the 5% significance level.  
 524 Thus, no matter whether we use the FUB data over the 1953–2008 period or over the 1953–2015  
 525 period, the influence of the ENSO on the QBO phase speed is statistically significant at the 5%  
 526 significance level. In other words, our observational study robustly buttresses the following conclusion  
 527 of Taguchi (2010): the QBO descent is faster during El Niño than during La Niña. Henceforth, we will  
 528 focus only on the ENSO modulation of the QBO period in this study.

529 To facilitate comparison with other studies (e.g., Taguchi, 2010; Christiansen et al., 2016; Serva et  
 530 al. 2020), we also calculate the mean phase speed of the QBO by averaging monthly  $\psi'$  in Eq. (3) over  
 531 all the 210 months of the El Niño episodes and over all the 201 months of the La Niña episodes between  
 532 1953 and 2015. Subsequently, we obtain the mean QBO period of 25.6 months during El Niño and of  
 533 32.2 months during La Niña for the 1953–2015 period. Similarly, we obtain the mean phase speed of the  
 534 QBO by averaging monthly  $\psi'$  in Eq. (3) over all the 186 months of the El Niño episodes and over all  
 535 the 174 months of the La Niña episodes for the 1953–2008 period. The resultant values are 24.9 and 32.2  
 536 months, respectively, which are very close to 25 and 32 months inferred by Taguchi (2010). No matter  
 537 whether the selected FUB data span from 1953 to 2008 or range from 1953 to 2015, we robustly conclude  
 538 that the QBO descent rate is faster during El Niño than during La Niña.

539 Note that it is difficult to rigorously determine the degrees of freedom for a  $t$ -test when we choose the  
 540 monthly data as sample points which share some common characteristics, i.e., are not independent of

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555 each other during an ENSO event (for more details, refer to Taguchi, 2010). In the remainder of this  
556 paper, when we need to conduct a Welch's *t*-test we choose the QBO period averaged over each ENSO  
557 episode as a sample point. Otherwise, the mean values during El Niño or La Niña are referred to the  
558 quantities averaged over all the months of El Niño or La Niña category in alignment with previous works  
559 conducted by Taguchi (2010), Christiansen et al. (2016), and Serva et al. (2020).

560 The QBO is mainly driven by tropical waves (Lindzen and Holton, 1968; Holton and Lindzen, 1972;  
561 Plumb 1977) of which tropical convection is an important source (Holton, 1972; Salby and Garcia, 1987;  
562 Bergman and Salby, 1994; Tsuda et al., 2009; Alexander et al., 2017). To investigate how tropical  
563 convection is influenced by the ENSO, we first produce the monthly anomalies of OLR [from NOAA](#)  
564 [NCEI over the 1979–2015 period](#). Then we obtain the mean OLR anomalies for La Niña and El Niño  
565 conditions by averaging the monthly OLR anomalies over all the months that fall into La Niña and El  
566 Niño categories, respectively. Fig. 2a show that mean OLR anomalies exhibit a broad and positive  
567 pattern that spans the central and eastern equatorial Pacific and a negative pattern in the maritime  
568 continent for the La Niña conditions. In contrast, Fig. 2b show that they exhibit a broad and negative  
569 pattern that spans the central and eastern equatorial Pacific and a positive pattern in the maritime  
570 continent for the El Niño conditions. The large differences in the mean OLR anomalies in Fig. 2c  
571 between El Niño and La Niña conditions are closely related with the contrast in the SST anomalies  
572 patterns shown in Fig. 3. Namely, the distinctive patterns of positive and negative SST anomalies extend  
573 over the central and eastern Pacific during the El Niño and La Niña episodes, respectively, which not  
574 only gives rise to the corresponding positive and negative rainfall anomalies (Philander, 1990) and the  
575 concomitant OLR anomalies shown in Fig. 2, but also leads to various teleconnections outside the tropics  
576 (Domeisen et al., 2019).

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downloaded from the website of NOAA NCEI

580 In the next section, we will evaluate how the ENSO modulates the QBO periods in the E2.2 models  
581 and whether those models can realistically capture the contrast in the OLR (and convection) patterns that  
582 generally underlies the difference in wave driving of the QBO between warm and cold ENSO conditions.

583

#### 584 4. ENSO modulation of the QBO period in GISS E2.2 models

585 Now we investigate the ENSO modulation of the QBO period in the ensemble simulations listed in  
586 Table 1.

587 We first calculate the monthly mean anomalies of zonal winds using the method outlined in  
588 subsection 2.3.1. Then we average those monthly mean anomalous zonal winds over the latitudinal belt  
589 from 5° S to 5° N to obtain the monthly QBO winds over the 1871 to 2013 period at the following seven  
590 pressure levels: 70, 50, 40, 30, 20, 15, and 10 hPa.

591 As in section 3, we decompose the QBO winds from 10 to 70 hPa over the 1871–2013 period into  
592 two leading pairs of empirical orthogonal functions (EOFs) and principal components (PCs). For each  
593 of the 19 ensemble simulations listed in Table 1, the first two leading EOFs account for at least 92.9%  
594 of the vertical structure variance which is comparable to the value derived from the observations  
595 discussed in section 3. Since coupled models encounter more difficulties in simulating the ENSO  
596 modulations of the QBO (Serva et al. 2020, see their Fig.4 for more details), we first look into the  
597 ensemble simulations from the Coupled–NINT–AP model, which incorporates the most up-to-date cloud  
598 parameterization schemes. The red and blue lines in Fig. 1 depicts the first two leading EOFs from each  
599 of all five Coupled–NINT–AP runs. For each of those five runs, the first two leading EOFs account for  
600 at least 93.8% of the vertical structure variance. The vertical structures of those two EOFs from each  
601 Coupled–NINT–AP run are broadly similar to the solid and dashed black lines derived from observations  
602 in Fig. 1. The respective vertical structures of the first two leading EOFs are almost identical among all

**Deleted:** GISS E2.2 is a climate model specially optimized for the middle atmosphere (Rind et al., 2020; Orbe et al., 2020) and its output was submitted to the Coupled Model Intercomparison Project Phase 6 (CMIP6) archive. The horizontal resolution of all GISS E2.2 models is 2° (latitude) × 2.5° (longitude) for the atmosphere and the model extends from the surface to 0.002 hPa (~89 km) with 102 vertical layers (for more details, see Table 1 in Rind et al., 2020). Note that an adequate vertical resolution is necessary for climate models to internally generate a spontaneous QBO (Scaife et al., 2000; Richter et al. 2014; Rind et al. 2014, 2020; Geller et al. 2016a; Butchart et al. 2018).

According to composition interactivity, the atmospheric component of the GISS E2.2 models was configured in two ways for CMIP6. The first configuration is denoted as NonInteractive (“NINT”) where the fields of radiatively active components such as ozone and multiple aerosol species are specified from previously calculated offline fields (Kelley et al. 2020; Miller et al., 2021). The second configuration includes interactive gas-phase chemistry and a mass-based (One-Moment Aerosol, OMA) aerosol module, where aerosols and ozone are driven by emissions and calculated prognostically (Bauer et al., 2020; Nazarenko et al., 2022). The abovementioned NINT and OMA configurations correspond to physics-version=1 (“p1”) and physics-version=3 (“p3”), respectively, in the CMIP6 archive.

The basic dynamics and tropospheric physics structure of the GISS E2.2 models were based on the GISS E2.1 model (Kelley et al., 2020). One version of the cloud parameterization schemes used in E2.2, termed as “standard physics” (SP), has not been fully upgraded to the state-of-the-art module customized for E2.1 which has only 40 vertical layers up to 0.1 hPa (Rind et al., 2020). Accordingly, E2.2–SP has a younger sibling, E2.2–AP, whose cloud parameterization schemes, termed as “Altered Physics” (AP), are more aligned with those in E2.1 and whose outputs were thus favored for the submission to the CMIP6 archive. “Altered Physics” in E2.2–AP brings about a somewhat different response to SST as compared with the “standard physics” in E2.2–SP. Since the QBO in the GISS models are mainly driven by gravity waves (DallaSanta et al., 2021) and the phase velocities and momentum fluxes of gravity wave sources are coupled to convective cloud-top-pressure altitudes, convective mass fluxes, background wind fields, etc. (Rind et al., 1988, 2014, 2020), both E2.2–SP and E2.2–AP are included in this study to gain insight into the mechanisms through which ENSO modulates the QBO period despite the fact that the outputs of E2.2–SP were not submitted to the CMIP6 archive. Note that outputs from E2.2–SP models, following the CMIP6 protocol and n( ... 11)

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737 five Coupled–NINT–AP ensemble runs, which is expected because all runs share the same model and  
 738 differ from each other only in their initial conditions. It is worth noting that the vertical structures of the  
 739 first two leading EOFs ~~simulated by Coupled–NINT–AP, are~~ somewhat different from those ~~observed,~~  
 740 ~~below the 20 hPa level because none of CMIP models could simulate a QBO in the lower stratosphere~~  
 741 that is as strong as the observed (Richter et al., 2020). In addition, we find that the vertical structures of  
 742 the first two leading EOFs from other ~~three,~~ ensemble simulations listed in Table 1 (figures not shown)  
 743 are comparable to those from the Coupled–NINT–AP runs. Thus, the simulated QBO variabilities in  
 744 each ensemble can be, to a very good approximation, compactly depicted by the trajectory of  
 745  $(PC_1(t), PC_2(t))$  in a linear space spanned by the first two orthonormal EOFs.

746 For the ensemble simulations listed in Table 1, we define an El Niño or La Niña event ~~according to~~  
 747 ~~the criterion described in subsection 2.3.1.~~ Similarly, Eq. (3) is used to calculate the instantaneous (i.e.,  
 748 monthly) phase speed of the simulated QBO. For each El Niño or La Niña event, the mean phase speed  
 749 of the simulated QBO from any individual run listed in Table 1 is obtained by averaging the  
 750 instantaneous phase speeds of the simulated QBO over the number of months of that event. Accordingly,  
 751 we have one sample space consisting of independent El Niño events and the other consisting of  
 752 independent La Niña events. ~~In addition,~~ we employ a two-tailed Welch's *t*-test ~~outlined in subsection~~  
 753 ~~2.3.2~~ to examine whether there is a significant difference in the phase speed of the simulated QBO  
 754 between the El Niño and La Niña population means.

755 Table 2 describes how the ENSO influence the QBO period in each member of all ensembles, where  
 756 ~~E[1-4]~~ represent AMIP–OMA–SP, AMIP–OMA–AP, Coupled–NINT–SP, ~~and~~ Coupled–NINT–AP,  
 757 ensembles, respectively while  $r_1, r_2, \dots$  indicate its respective member of each ensemble. ~~As we~~  
 758 ~~mentioned in subsection 2.3.1, for~~ the member  $r_1$  of E1, i.e., the first run of the AMIP–OMA–SP  
 759 ensemble, ~~there are~~ 34 El Niño and 30 La Niña events between 1871 and 2013, i.e.,  $N_1 = 34$  and  $N_2 =$

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773 30 in Eqs. (5) and (6). Then we obtained the phase speed of the QBO for each episode of those 34 El  
 774 Niño and 30 La Niña events, from which we derived the mean phase speed of the QBO averaged over  
 775 the 34 El Niño and 30 La Niña events, respectively. Accordingly, our mean phase speeds of the QBO  
 776 simulated by r1 of E1 averaged over the El Niño and La Niña events are obtained as 0.202 radians/month  
 777 and 0.185 radians/month, respectively, and the standard deviations about those mean phase speeds as  
 778 0.0345 radians/month and 0.0275 radians/month, respectively. Substituting those numbers into  
 779 Eqs. (4) – (6) yields  $v = 61$ , and  $t = 2.25$ . Therefore, the phase speed of the QBO simulated by r1 of  
 780 E1 is statistically significantly greater during El Niño than during La Niña at the 5% significance level.  
 781 Accordingly, we register the mean QBO period of 31.1 months (i.e.,  $2\pi/0.202$ ) during the El Niño  
 782 episodes and 34.0 months (i.e.,  $2\pi/0.185$ ) during the La Niña episodes as the entries for r1 of E1 in  
 783 Table 2. Since the phase speeds of the QBO simulated by r1 of E1 are statistically significantly different  
 784 between the El Niño and La Niña categories at the 5% significance level, we can regard the QBO periods  
 785 as being statistically significantly different between El Niño and La Niña episodes and register their  
 786 difference, -2.9 months, in Table 2 with **a pair of parentheses**, indicating this significance. Similarly, we  
 787 calculated the QBO periods during ENSO extremes and their difference simulated by every member of  
 788 all ensembles and registered them in Table 2 where **the numbers in the parentheses** indicate that the  
 789 phase speed of the simulated QBO is statistically significantly greater during El Niño than during La  
 790 Niña at the 5% significance level.

791 Table 2 shows that **18** of **19** runs from the **four** GISS E2.2 models listed in Table 1 can simulate the  
 792 ENSO modulation of the QBO period discussed in section **3**. For each **Coupled-NINT-AP** ensemble  
 793 run, the phase speed of the simulated QBO is statistically significantly greater during El Niño than during  
 794 La Niña at the 5% significance level. For the AMIP-OMA-SP and AMIP-OMA-AP ensembles, most  
 795 members also generate a spontaneous QBO whose phase speed is statistically significantly greater during

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805 El Niño than during La Niña at the 5% significance level. Intriguingly, in none of the Coupled–NINT–  
 806 SP ensemble runs is the phase speed of the simulated QBO statistically significantly different between  
 807 El Niño and La Niña episodes at the 5% significance level albeit the contrast in the QBO periods between  
 808 the two categories simulated by r1 of E3 (i.e., Coupled–NINT–SP) is equal to -6.2 months and greater  
 809 than that simulated by most members of Coupled–NINT–AP. We will look further into this issue in  
 810 section 6.

## 811 5. Mechanisms of the ENSO modulation of the QBO period in GISS E2.2 models

### 812 5.1 ENSO modulation of the QBO forcings

813 Section 4 shows that [the ENSO modulation of the QBO period can be simulated by each of the AMIP–](#)  
 814 [OMA–SP, AMIP–OMA–AP, and Coupled–NINT–AP models.](#) The difference in the phase speed of the  
 815 simulated QBO between ENSO extremes is statistically significant at the 5% significance level for most  
 816 of those model runs. For Coupled–NINT–SP, one of its historical runs exhibits an opposite response,  
 817 namely, the simulated QBO propagates downward slower during El Niño than during La Niña while  
 818 other four runs [from the identical model configuration](#) do bring about a faster phase speed of the QBO  
 819 during warm ENSO events. However, no matter whether the difference in the QBO period simulated by  
 820 Coupled–NINT–SP is positive or negative between ENSO extremes, it is not statistically significant at  
 821 the 5% significance level. In this section, we start with investigating how the first three terms in Eq. (7),  
 822 i.e., the parameterized [GW forcing](#), the resolved wave forcing, and the TEM advection, respond to ENSO  
 823 extremes and how their evolutions are related with those of the QBO winds simulated by the GISS E2.2  
 824 models.

825 As shown in sections 3 and 4, both the observed and simulated QBO can be very well represented by  
 826 the trajectory of  $(PC_1(t), PC_2(t))$  in a linear space spanned by the first two orthonormal EOFs. In other  
 827 words, at any time  $t$ , the QBO wind profile,  $U'_{profile}$  is very close to the following linear combination:

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**Deleted:** The QBO owes its existence to wave-mean flow interaction (Lindzen and Holton, 1968; Holton and Lindzen, 1972; Plumb, 1977). The evolution of zonal mean zonal winds is governed by the transformed-Eulerian-mean (TEM) momentum equation formulated in pressure coordinates on a sphere (Andrews et al., 1983):<sup>¶</sup>

$$\frac{\partial \bar{u}}{\partial t} = \bar{G} + \frac{1}{\rho_0 a \cos \varphi} \nabla \cdot \mathbf{F} - \left\{ \frac{\bar{v}}{a \cos \varphi} \left[ \frac{\partial}{\partial \varphi} (\bar{u} \cos \varphi) - f \right] + \bar{\omega} \frac{\partial \bar{u}}{\partial p} \right\} + \bar{X}, \quad (7)^{\ddagger}$$

where the Eliassen-Palm flux  $\mathbf{F}$  is defined as<sup>¶</sup>

$$\mathbf{F} = \{F^{(\varphi)}, F^{(p)}\} = a \cos \varphi \{-u'v' + \psi \bar{u}_p, -u'\omega' - \psi[(a \cos \varphi)^{-1}(\bar{u} \cos \varphi)_\varphi - f]\}, \quad (8)^{\ddagger}$$

and its divergence as<sup>¶</sup>

$$\nabla \cdot \mathbf{F} = \frac{1}{a \cos \varphi} \frac{\partial}{\partial \varphi} (F^{(\varphi)} \cos \varphi) + \frac{\partial F^{(p)}}{\partial p}.$$

In Eq. (7),  $t$  denotes time,  $p$  pressure,  $\varphi$  latitude,  $(u, v, \omega)$  "velocity" in (longitude, latitude, pressure) coordinates,  $a$  the mean radius of Earth,  $\rho_0$  pressure-dependent basic density, and  $f$  the Coriolis parameter. In Eq. (8),  $\psi$  is defined as<sup>¶</sup>

$$\psi = v'\bar{\theta}'/\bar{\theta}_p = -\bar{v}'T'/(\bar{c}_p^* \bar{T}' - \frac{\partial \bar{T}'}{\partial p}),$$

where  $\theta$  denotes potential temperature,  $T$  temperature, and  $\kappa$  the ratio of the gas constant to the specific heat at constant pressure. Note that in Eqs. (7)–(10) primes denote departures from the zonal means which are represented by overbars, and residual meridional and vertical velocities, i.e.,  $\bar{v}^*$  and  $\bar{\omega}^*$ , are defined as  $(\bar{v} - \frac{\partial \psi}{\partial p})$  and  $(\bar{\omega} + \frac{1}{a \cos \varphi} \frac{\partial (\psi \cos \varphi)}{\partial \varphi})$ , respectively.<sup>¶</sup>

On the right hand side (RHS) of Eq. (7), the first term,  $\bar{G}$ , is the forcing from the gravity waves parameterized in E2.2 models; the second term,  $\frac{1}{\rho_0 a \cos \varphi} \nabla \cdot \mathbf{F}$ , is the forcing driven by the waves resolved by GISS E2.2 models; the third term,  $-\left\{ \frac{\bar{v}}{a \cos \varphi} \left[ \frac{\partial}{\partial \varphi} (\bar{u} \cos \varphi) - f \right] + \bar{\omega} \frac{\partial \bar{u}}{\partial p} \right\}$ , is associated with the TEM advection; and last term,  $\bar{X}$ , is the zonal component of friction or other nonconservative mechanical forcing (Andrew et al., 1987) that is small as far as the QBO is concerned and thus ignored in this study.<sup>¶</sup>

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871  $PC_1(t) \cdot EOF_1 + PC_2(t) \cdot EOF_2$ . Here, the QBO wind,  $U'$ , refers to the deseasonalized and smoothed  
 872 monthly mean zonal winds averaged over the zonal belt from 5° S to 5° N. We construct the composite  
 873 fields of the QBO winds, the GW forcing, the resolved wave forcing, and the TEM advection according  
 874 to the phase angle of the QBO wind profiles. For each month that falls into the El Niño or La Niña  
 875 category, we use Eq. (2) to calculate the phase angle of the QBO wind profile, each cycle of which over  
 876 the 1871–2013 period is divided into 24 bins with the bin size of 15°. Note that if two QBO wind profiles  
 877 belong in the same bin, they look similar because any one of them can be expressed by the other  
 878 multiplied by a scalar factor. Therefore, for each of the El Niño and La Niña categories, it is very natural  
 879 for us to generate the composite QBO winds for that category by averaging all wind profiles in each bin  
 880 and produce the concomitant composite fields of the GW forcing, the resolved wave forcing, and the  
 881 TEM advection in the corresponding bin.

882 Fig. 4 depicts the composite fields of the QBO winds (black contours) and parameterized (left panels)  
 883 and resolved (right panels) wave forcing averaged over all realizations of the Coupled–NINT–AP  
 884 ensemble. All composite fields in this section have been subjected to the averaging over the latitudinal  
 885 belt from 5°S to 5°N. The ensemble average is achieved on the basis that the respective vertical  
 886 structures of the first two leading EOFs are almost identical among all five Coupled–NINT–AP ensemble  
 887 runs as demonstrated in Fig. 1. Both Figs. 4a and 4b show a characteristic feature of the QBO. Namely,  
 888 the maximum eastward and westward wave forcing from parameterized GWs are located below and  
 889 propagate downward with the westerly and easterly QBO jets. Fig. 4c reveals the stronger parameterized  
 890 GW forcing in both eastward and westward shear zones of the QBO winds during El Niño than during  
 891 La Niña, which gives rise to the faster phase speed of the QBO during warm ENSO episodes than during  
 892 its cold counterparts. Figs. 4d and 4e also show that the relationship between resolved wave forcing and  
 893 the QBO winds are somewhat more complex. When zonal wind anomalies are close to zero, the coherent

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906 and modest resolved westward wave forcing helps the easterly shear zone of the QBO winds to propagate  
 907 downwards from the 10 hPa level to the 70 hPa level during both the cold and warm ENSO episodes  
 908 while the coherent and modest resolved eastward wave forcing helps the westerly shear zone of the QBO  
 909 winds to propagate downwards only from the 20 hPa level to the 70 hPa level during both the cold and  
 910 warm ENSO episodes. At altitudes above the 20 hPa level, easterly jet cores are modestly weakened by  
 911 the resolved eastward wave forcing during the two extreme ENSO phases. In particular, Fig. 4f indicates  
 912 that at altitudes above the 30 hPa level the response of the resolved wave forcing to the ENSO acts to  
 913 slow down the downward propagation of the QBO during El Niño than during La Niña. However, the  
 914 parameterized GW forcing shown in Fig. 4 clearly dominates over the resolved wave forcing, which is  
 915 consistent with the finding of DallaSanta et al. (2021) that the parameterized convective GWs play a  
 916 dominant role in generating the spontaneous QBO in the GISS E2.2 models.

917 Figs. 5a–5c depict the composite fields of the QBO winds (black contours) and TEM advection  
 918 averaged over all realizations of the Coupled–NINT–AP ensemble. Comparing Figs. 5a–5c with Fig. 4  
 919 reveals that the TEM advection composite is also larger than composite resolved wave forcing in the  
 920 Coupled–NINT–AP model. Thus, the QBO simulated by this model is intimately related to the  
 921 parameterized GW forcing and the TEM advection. It is well-known that while wave forcing is largely  
 922 balanced out by the TEM advection in the extratropical stratosphere (Haynes, et al., 1991) tropical wave  
 923 forcing not only drives internal variabilities of zonal winds but also cancel out the TEM advection in the  
 924 stratosphere (Scott and Haynes, 1998). Figs. 5a–5b also show that the maximum positive and negative  
 925 advective tendencies are located above rather than below and propagate downward with the westerly and  
 926 easterly QBO jets, thus acting to slow down the downward propagation of the QBO, which is mainly  
 927 caused by the persistent tropical upwelling and a general feature of the QBO (Giorgetta et al. 2006; Rind  
 928 et al., 2014). Fig. 5c indicates that there exist stronger positive and negative advective tendencies above

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946 the westerly and easterly QBO jets during El Niño than during La Niña. In other words, the TEM  
947 advection alone leads to a slower phase speed of the QBO during El Niño than during La Niña. This is  
948 not surprising because El Niño gives rise to a stronger tropical upwelling in the lower stratosphere (Calvo  
949 et al., 2010; Simpson et al., 2011; Domeisen et al., 2019).

950 Figs. 5d–5f show the composite the QBO winds (black contours) and the composite sum of  
951 [parameterized GW](#) forcing, resolved wave forcing, and TEM advection averaged over all realizations of  
952 the Coupled–NINT–AP ensemble. In other words, the upper, middle, and lower panels depict the sum  
953 of the fields shown in all the corresponding panels of Figure 5 and Figs. 5a–5c. The pattern of the  
954 composite sum is generally determined by the pattern of [parameterized GW](#) forcing even though the  
955 latter is more coherent than the former. Thus, we conclude that the shorter QBO period during El Niño  
956 simulated by Coupled–NINT–AP is mainly caused by stronger [parameterized GW](#) forcing during warm  
957 ENSO episodes. We also find that stronger [parameterized GW](#) forcing during warm ENSO events are  
958 simulated by AMIP–OMA–SP and AMIP–OMA–AP models (figures not shown), which helps us  
959 understand why most members from each of those [three](#) ensembles generate a spontaneous QBO whose  
960 phase speed is statistically significantly greater during El Niño than during La Niña at the 5%  
961 significance level.

962 Now we explore how ENSO influences [parameterized GW](#) forcing, resolved wave forcing, and TEM  
963 advection simulated by the Coupled–NINT–SP model, i.e., the remaining model listed in Tables 1 and  
964 2. Contrasting between Fig. 6a and Fig. 4c reveals that the ensemble mean composite response to the  
965 ENSO of [parameterized GW](#) forcing simulated by Coupled–NINT–SP is substantially weaker than that  
966 simulated by Coupled–NINT–AP. Although the Coupled–NINT–SP simulations still bring about  
967 enhanced westward [parameterized GW](#) forcing in the easterly shear zones of the simulated QBO winds  
968 during El Niño in contrast to La Niña, the magnitude of the reinforcement is only about two thirds of

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985 that simulated by Coupled–NINT–AP. In particular, in Fig. 6a there is no coherent pattern of enhanced  
 986 eastward parameterized GW forcing in the westerly shear zones of the QBO winds simulated by  
 987 Coupled–NINT–SP, which is in glaring contrast to the coherent pattern of positive enhancement shown  
 988 in Fig. 4c generated from the Coupled–NINT–AP ensemble. Figs. 6b and 6c show that both resolved  
 989 wave forcing and TEM advection respond to the ENSO weakly and uniformly in the Coupled–NINT–  
 990 SP ensemble simulations. Combining all three composite fields together, Fig. 6d demonstrates that the  
 991 ensemble mean of the Coupled–NINT–SP simulations still simulates a coherent but much weaker  
 992 response to the ENSO of resultant forcing at altitudes above the 40 hPa level, which helps us to explain  
 993 why only some of the Coupled–NINT–SP ensemble runs can simulate a faster QBO descent rate during  
 994 El Niño than during La Niña and the ENSO does not make a difference in the phase speed of the QBO  
 995 that is statistically significant at the 5% significance level in any of those Coupled–NINT–SP runs.

996 **5.2 ENSO modulation of the generation and propagation of parameterized gravity waves**

997 A natural question that arises is how the parameterized GW forcing relates to the SST anomalies of  
 998 ENSO extremes specified in or simulated by the GISS E2.2 models listed in Table 1. Figs. 7a and 7b  
 999 show the ensemble averages of the composite SST anomalies averaged over all La Niña and El Niño  
 1000 months respectively over the 1871–2013 period simulated by Coupled–NINT–AP. Comparing Figs. 7a  
 1001 and 7b with Figs. 3a and 3b reveals that the amplitude of the ENSO simulated by Coupled–NINT–AP is  
 1002 larger than the observed. Figs. 7c and 7d show that the differences between the simulated SST anomalies  
 1003 arising from the ENSO events shown in Figs. 7a and 7b and the observed ones shown in Figs. 3a and 3b,  
 1004 indicating that the largest discrepancies occur over the western and eastern equatorial Pacific. Figs. 7a  
 1005 and 7b also demonstrate that the model has a capability to simulate the ENSO amplitude asymmetry  
 1006 (Cane and Zebiak, 1987; Yu and Mechoso, 2001), namely, the amplitudes of the ENSO are relatively  
 1007 larger during warm episodes than during cold episodes. As in Fig. 3 of Zhao and Sun (2022), Fig. 7e

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1025 depicts the sum of the composite SST anomalies shown in Figs. 7a and 7b that they used to characterize  
1026 the ENSO amplitude asymmetry while Fig. 7f shows their difference. Their Fig. 3 reveals that most  
1027 CMIP6 models cannot simulate the pattern of a positive residual in the sum of the composites of ENSO  
1028 extremes in the tropical eastern Pacific. Further comparison between Fig. 3 in Zhao and Sun (2022) and  
1029 Fig. 7e indicates that the ENSO amplitude asymmetry simulated by Coupled-NINT-AP is only about  
1030 50% of that simulated by the GISS-E2-1-H model discussed in their study whose ENSO amplitude  
1031 asymmetry is comparable to the observed.

1032 Since this study is chiefly concerned with the ENSO modulation of the QBO period, we focus on the  
1033 ensemble mean difference between the composite SST anomalies of ENSO extremes, which can be  
1034 interpreted as the trough-to-crest amplitude of the ENSO cycle. Comparing Fig. 8a with Fig. 3c indicates  
1035 that the trough-to-crest ENSO amplitude derived from the HadISST1 dataset over the 1871–2013 period  
1036 is somewhat smaller than that derived from the ERSSTv5 dataset over the 1953–2015 period, which is  
1037 consistent with the finding by Grothe et al. (2019) that the increase in the ENSO variability is statistically  
1038 significant (>95% confidence) from the preindustrial to recent era, no matter whether the latter is defined  
1039 by the previous 30, 50, 75, or 100 years before 2016. Fig. 7f and Fig. 8 also reveal that the ENSO  
1040 amplitude simulated by Coupled-NINT-AP is substantially greater than that simulated by Coupled-  
1041 NINT-SP, which was previously revealed in Rind et al. (2020). The tendency to generate stronger ENSO  
1042 oscillations means that the Coupled-NINT-AP runs will also more readily exceed the  $\pm 0.5^\circ\text{C}$  criteria  
1043 for El Niño and La Niña events, and the Coupled-NINT-AP runs do simulate more ENSO events over  
1044 the 1871–2013 period than the Coupled-NINT-SP runs as indicated in subsection 2.3.1. Fig. 8 further  
1045 shows that the ENSO amplitude simulated by Coupled-NINT-SP is noticeably greater than that  
1046 specified in the AMIP-OMA-SP and AMIP-OMA-AP models (which being derived from observations,  
1047 are the same) even though it is substantially weaker than that simulated by Coupled-NINT-AP.

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1069 We also ascertain that the Hadley circulation simulated by each of the [four](#) models listed in Table 1  
1070 strengthens and weakens during warm and cold ENSO episodes respectively, which is consistent with  
1071 the finding by Oort and Yienger (1996). [Consistent with the simulated ENSO amplitudes, the response](#)  
1072 [of the Hadley circulation to ENSO extremes simulated by Coupled-NINT-AP](#) is substantially stronger  
1073 than that simulated by Coupled-NINT-SP, which is [in turn](#) stronger than the [those](#) from two AMIP  
1074 models whose responses to ENSO extremes are comparable (figures not shown).

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1075 Schirber (2015) discovered that the parameterized [GW](#) mean momentum source is about 15% larger  
1076 in the El Niño ensemble than in the La Niña ensemble because the El Niño leads to enhanced  
1077 precipitation and convective heating. Similarly, we calculate the absolute value of convective  
1078 momentum fluxes (ACMF) at the source altitude and composite the ACMF anomalies averaged over the  
1079 latitudinal belt between 5°S and 5°N from El Niño and La Niña categories respectively over the 1871–

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1080 2013 period. [Fig. 9](#) shows the composite difference in the equatorial mean ACMF anomalies between El  
1081 Niño and La Niña over the 1871–2013 period, indicating that the absolute momentum fluxes at the source  
1082 levels over the equatorial best is larger during El Niño episodes than during La Niña episodes for each  
1083 of [19](#) runs listed in Table 1. This finding is consistent with that of Geller et al. (2016b), Alexander et al.

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1084 (2017), and Kang et al. (2018). [namely, both convective GW momentum fluxes and convective GW](#)  
1085 [wave forcing are generally stronger during El Niño than during La Niña in the equatorial region](#). The  
1086 ensemble mean difference in the absolute momentum fluxes at the source levels averaged over that  
1087 equatorial belt between El Niño and La Niña is obtained as 0.07, 0.15, 0.10, [and 0.12](#) mPa for AMIP–

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1088 OMA–SP, AMIP–OMA–AP, Coupled–NINT–SP, [and Coupled–NINT–AP](#), respectively. Note that  
1089 these composite differences in ACMF between El Niño and La Niña translate into ACMF being about  
1090 10–20% larger in the El Niño ensembles than in the La Niña ensembles, thus agree with the Schirber  
1091 (2015). Since the QBO period is inversely dependent upon the momentum flux (Plumb, 1977), the

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1104 differences in equatorial absolute momentum fluxes at the source altitude contribute to shortening and  
1105 lengthening of the simulated QBO period during warm and cold ENSO phases, respectively.

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1106 Fig. 3 shows that the locations of warmest SSTs shift from the maritime continent during La Niña  
1107 episodes to the central and eastern equatorial Pacific during El Niño episodes. Since strong convective  
1108 activities over tropical oceans are generally located above the regions where the SSTs exceed 26°–28° C  
1109 (Graham and Barnett, 1987; Zhang, 1993), strong convective activities also shift eastward from cold to  
1110 warm ENSO phases, as illustrated in Fig. 2. Using satellite data, the climatological study by Sullivan et  
1111 al. (2019) demonstrated that the occurrence of organized deep convection during El Niño events  
1112 increases threefold in the central and eastern Pacific and decreases twofold outside of these regions in  
1113 contrast to that during La Niña events. It is well-established that the Walker circulation strengthens  
1114 during La Niña and weakens during El Niño (Bjerknes, 1969).

1115 Next, we construct the equatorial zonal winds as the zonal winds averaged from 5°S to 5°N. Then we  
1116 define the equatorial winds during La Niña and El Niño as the equatorial winds averaged over all months  
1117 that fall into the La Niña and El Niño categories, respectively. Fig. 10 illuminates that the Walker  
1118 circulation [derived from ERA5 reanalysis](#) during El Niño is substantially weaker than [its counterpart](#)  
1119 during La Niña over the equatorial Pacific and the eastern equatorial Indian ocean. Particularly in the  
1120 upper equatorial troposphere, the westerlies above the central and eastern Pacific [during El Niño](#)  
1121 episodes are decreased by [more than 50%](#) as compared with those during La Niña ones while the  
1122 easterlies above the equatorial Indian ocean and the maritime continent [during El Niño conditions are](#)  
1123 [weakened by more than 30% as compared with those during La Niña ones](#). Kawatani et al. (2019) argue  
1124 that the weaker upper tropospheric winds during El Niño episodes enable a greater amount of [GW](#)  
1125 momentum fluxes to be transferred from the troposphere into stratosphere because less [GWs](#) are filtered  
1126 out. This argument assumes critical-level absorption of otherwise weakly damped, vertically propagating

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1135 GWs, which was adopted by Lindzen and Holton (1968). The weaker Walker circulation leads to a  
1136 shorter QBO period during El Niño while the stronger Walker circulation results in a longer QBO period  
1137 during La Niña.

1138 Fig. 11 depicts the ensemble mean composite difference in the equatorial zonal wind anomalies  
1139 between warm and cold ENSO extremes simulated by the E2.2 models listed in Table 1. The patterns of  
1140 the simulated wind anomalies shown in Fig. 11 are very similar to that derived from the ERA5 reanalysis  
1141 shown in Fig. 10c. Namely, the weakened Walker circulation simulated by the E2.2 models during El  
1142 Niño episodes results in weaker upper tropospheric westerlies over the central and eastern equatorial  
1143 Pacific and weaker upper tropospheric easterlies over the maritime continent and equatorial Indian ocean  
1144 while the intensified Walker circulation simulated by the E2.2 models during La Niña episodes leads to  
1145 stronger upper tropospheric westerlies over the central and eastern equatorial Pacific and stronger upper  
1146 tropospheric easterlies over the maritime continent and equatorial Indian ocean. The difference in the  
1147 wind filtering of upward propagating GWs causes a greater transfer of GW momentum fluxes into the  
1148 tropical stratosphere during El Niño episodes than during La Niña episodes, leading to a shorter QBO

1149 period during El Niño events than during La Niña events. Fig. 11 reveals that the maximum contrast in  
1150 the upper tropospheric zonal winds between warm and cold ENSO extremes simulated by two AMIP  
1151 models, i.e., AMIP-OMA-SP and AMIP-OMA-AP, reaches  $-13.1\text{ ms}^{-1}$  and  $-12.1\text{ ms}^{-1}$ , respectively,  
1152 over the central and eastern equatorial Pacific, and attains  $6.6\text{ ms}^{-1}$  and  $6.4\text{ ms}^{-1}$ , respectively, over  
1153 the maritime continent and equatorial Indian ocean. Those maximum contrasts are somewhat smaller  
1154 than what is derived from the ERA5 reanalysis shown in Fig. 11, namely  $-15.0\text{ ms}^{-1}$  over the central  
1155 and eastern equatorial Pacific and  $7.8\text{ ms}^{-1}$  over the maritime continent and equatorial Indian ocean.  
1156 However, the maximum contrast in the upper-tropospheric zonal winds over the central and eastern  
1157 equatorial Pacific between warm and cold ENSO extremes simulated by two coupled ocean-atmosphere

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Deleted: To illuminate how the E2.2 models simulate the response of upper tropospheric winds to the ENSO extremes, we first construct the anomalous monthly zonal winds based on centered 30-year base periods updated every 5 years as per section 2 or section 3, which ensures a proper extraction of the ENSO signal by removing the secular and multi-decadal variations in zonal winds. Next, we average the anomalies of zonal winds from 5°S to 5°N to obtain the monthly equatorial zonal winds anomalies between 1871 and 2013. Then we composite the equatorial zonal wind anomalies during La Niña and El Niño by averaging them over all months that fall into the La Niña and El Niño categories, respectively.

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1189 models, i.e., Coupled-NINT-SP ~~and Coupled-NINT-AP~~, ~~only reaches~~  $-7.5 \text{ ms}^{-1}$  and  $-8.2 \text{ ms}^{-1}$ ,  
1190 ~~respectively, thus is~~ substantially smaller than that derived from the ERA5 reanalysis. ~~Meanwhile, the~~  
1191 ~~maximum contrast in the upper-tropospheric zonal winds over the maritime continent and equatorial~~  
1192 ~~Indian ocean between warm and cold ENSO extremes simulated by those two coupled models, reaches~~  
1193  ~~$7.0 \text{ ms}^{-1}$  and  $10.3 \text{ ms}^{-1}$ , respectively, which is slightly smaller than and somewhat larger than the~~  
1194 ~~observed values, respectively.~~

1195 While the comparison of the observed and simulated changes in the Walker circulation between warm  
1196 and cold ENSO extremes shown in Figs. 10 and 11, can account for a shorter QBO period simulated by  
1197 all GISS E2.2 models and can also explain why the two AMIP models can better capture the ENSO  
1198 modulation of the QBO period than the Coupled-NINT-SP model as indicated in Table 2, it can neither  
1199 explain why ~~the Coupled-NINT-AP model can capture the ENSO modulation of the QBO period as two~~  
1200 AMIP models nor can illuminate why ~~the coupled model with the altered physics (i.e., Coupled-NINT-~~  
1201 ~~AP) performs~~ better than the coupled model with the standard physics (i.e., Coupled-NINT-SP).  
1202 However, further comparing the simulated SST changes between warm and cold ENSO extremes shown  
1203 in Figs. 7 and 8, hints that the unduly amplified ENSO in the coupled AP runs holds the key to those  
1204 unsettled issues that is detailed as follows.

1205 Using a large ensemble of multiple climate models, Serva et al. (2020) discovered that the AMIP  
1206 historical runs generally better capture the ENSO modulation of the QBO period than the coupled ocean-  
1207 atmosphere historical simulations. In particular, among a few coupled ocean-atmosphere models that do,  
1208 to various extents, capture the ENSO modulation of the QBO period, the common feature is that each of  
1209 them can largely simulate the observed OLR anomaly pattern shown in Fig. 2c albeit the magnitudes of  
1210 those simulated OLR anomalies from their historical runs are roughly 50% stronger than the observed  
1211 (for more details, refer to their Fig. 8 in Serva et al., 2020). For the sake of comparison, we construct the

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1225 ensemble mean composite difference in the OLR anomalies between warm and cold ENSO extremes in  
1226 the same way we constructed the ensemble mean composite difference in the zonal wind anomalies  
1227 depicted in Fig. 11.

1228 Figs. 12a and 12b show that the patterns of the OLR anomalies simulated by AMIP-OMA-SP and  
1229 AMIP-OMA-AP largely resemble the observed one shown in Fig. 2c. Although the pattern simulated  
1230 by AMIP-OMA-AP matches better with the observed, the convective activities during El Niño episodes  
1231 simulated by AMIP-OMA-SP and AMIP-OMA-AP are apparently inadequate over the region where  
1232 the upper tropospheric westerlies weaken most conspicuously during warm ENSO extremes shown in

1233 Figs. 11a and 11b, respectively. Thus, although the contrast in the wind filtering of GWs between El  
1234 Niño and La Niña episodes simulated by the two AMIP E2.2 models is comparable to the observed,  
1235 the difference in the GW momentum flux transferred into the equatorial stratosphere between warm and  
1236 cold ENSO extremes may be smaller than the observed with the correct SSTs. This partly explains why

1237 the contrast between the observed mean QBO period during El Niño episodes (i.e., 25.6 months) and the  
1238 observed mean QBO period during La Niña episodes (i.e., 34.3 months) is higher than that simulated by  
1239 the two AMIP models shown in Table 2 (i.e., E1 and E2 in Table 2). As exhibited by the coupled model  
1240 capable of simulating the ENSO modulation of the QBO period, Fig. 12d shows that the contrast in the  
1241 OLR anomalies between warm and cold ENSO extremes simulated by Coupled-NINT-AP is apparently  
1242 sharper than the observed one shown in Fig. 2c. In particular, the tropical convection in the central and  
1243 eastern Pacific during El Niño episodes simulated by Coupled-NINT-AP is both more extensive and

1244 more intensive than that simulated by the two AMIP models shown in Figs. 12a and 12b, which is  
1245 consistent with the fact that the composite contrast in the SST anomalies simulated by Coupled-NINT-  
1246 AP shown in Fig. 7d is substantially sharper than that prescribed in the two AMIP models shown in Fig.  
1247 8a. Thus, even though the wind filtering of GWs during El Niño episodes simulated by Coupled-NINT-

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1272 AP shown in Figs 12d is significantly smaller than that simulated by AMIP-OMA-SP and AMIP-  
1273 OMA-AP shown in Figs 12a and 12b, respectively, the combined effect of the lower contrast in the wind  
1274 filtering and the higher contrast in the amount of GW momentum fluxes generated by convective  
1275 activities between warm and cold ENSO extremes over the central and eastern tropical Pacific results in  
1276 a comparable ENSO modulation of the QBO period simulated by Coupled-NINT-AP to that simulated  
1277 by the two AMIP models as illustrated in Table 2.

1278 Finally, comparing Fig. 12c with Fig. 2c and other three panels in Fig. 12, reveals that convective  
1279 activities during the warm ENSO phase simulated by the Coupled-NINT-SP model are substantially  
1280 weaker than both the observed and those simulated by other three models list in Table 1. Combining the  
1281 small composite OLR difference shown in Fig. 12c and the small difference in the wind filtering shown  
1282 in Fig. 8c between warm and cold ENSO extremes over the central and eastern equatorial Pacific results  
1283 in a low contrast in GW forcing between warm and cold ENSO phases shown in Fig. 6a, which, short of  
1284 the compensating effect of the excessively amplified ENSO in Coupled-NINT-AP, ensemble runs,  
1285 should lead to a relatively weaker ENSO modulation of the QBO period simulated by the Coupled-  
1286 NINT-SP model as illustrated in Table 2. [However, this is not the whole story; and we will return to this  
1287 subject in the discussion section.](#)

## 1289 5. Discussion and Conclusions

1290 Both Kawatani et al. (2019) and Serva et al. (2020) pointed out that a relatively high horizontal  
1291 resolution is necessary to simulate the ENSO modulation of the QBO period. Employing an Earth system  
1292 model with T42 (~2.79°) horizontal resolution, Kawatani et al. (2019) further demonstrated that the  
1293 ENSO modulation of the QBO could not be simulated with their fixed GW sources. Serva et al. (2020)

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1313 also pointed out that the reliance on stationary parameterizations of [GWs](#) is partly responsible for failing  
1314 to simulate the observed modulation of the QBO by the ENSO in current climate models.

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1315 Rind et al. (1988) implemented various interactive [GW](#) sources in the GISS climate models. With the  
1316 momentum flux of the parameterized convective waves dependent on the convective mass flux,  
1317 buoyancy frequency [and density](#) at the top of the convective region, wind velocity averaged over the  
1318 convective layers, etc. and with a horizontal resolution of 2° latitude by 2.5° longitude, all the [four](#),  
1319 versions of GISS E2.2 models in this study can simulate the ENSO modulation of the QBO period to  
1320 various degrees. For each of [19](#) runs conducted in this study, the absolute momentum fluxes at the source  
1321 levels over the equatorial belt is larger during El Niño episodes than during La Niña episodes, leading  
1322 to a shorter and longer QBO period, respectively.

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1323 Realistic simulation of the ENSO modulation of the QBO periods entails the realistic simulation of  
1324 both the ENSO and the QBO. With the realistic SSTs specified, both the composite difference in the  
1325 Walker circulation and the composite OLR difference between warm and cold ENSO extremes simulated  
1326 by the two AMIP E2.2 models are close to the observed. Since the AMIP model with the “altered physics”  
1327 performs better than that with the “standard physics” as far as the simulated OLR is concerned, the  
1328 ensemble mean difference in the QBO period between La Niña and El Niño episodes (i.e., ~4.5 months)  
1329 simulated by AMIP-OMA-AP is larger than that simulated by AMIP-OMA-SP (i.e., ~3.9 months),  
1330 which indicates that convective parameterization scheme is important not only for simulating the  
1331 resolved waves as pointed out by Horinouchi et al. (2003) and Lott et al. (2014), but also for  
1332 parameterizing [GWs](#). However, the convective activities simulated by both AMIP E2.2 models are still  
1333 inadequate over the central and eastern equatorial Pacific as compared to the observed, which may partly  
1334 account for why the ensemble mean differences in the QBO period between La Niña and El Niño  
1335 episodes simulated by both AMIP models are smaller than the observed difference (i.e., [~8.7](#) months).

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1342 Although the simulated Walker circulations associated with the ENSO cycle are comparable among  
1343 the ~~two~~ coupled ocean-atmosphere models in this study, the E2.2 model with the “standard physics”  
1344 performs well in its simulated SSTs which is very close to the observed while the ENSO amplitudes  
1345 simulated by other ~~model~~ with the “altered physics” are substantially greater than ~~the~~ observed. Yet the  
1346 model with the “standard physics” not only fails to properly simulate the shift of the strongest convection  
1347 from the maritime continent during La Niña to the central and eastern equatorial Pacific during El Niño,  
1348 but also grossly fail to simulate the sufficient amplitude of the OLR concomitant with the ENSO cycle.  
1349 The weaker response of the Walker circulation and convective activities to the ENSO cycle together  
1350 with the dislocated centers of convection concomitant to cold and warm ENSO extremes leads to the  
1351 smallest ensemble mean difference in the QBO period between La Niña and El Niño episodes (i.e., ~2.7  
1352 months) simulated by the Coupled–NINT–SP model. The weaker variation of the Walker circulation and  
1353 the excessive change in convection compensate to give an impression of realistically simulating the  
1354 ENSO modulation of the QBO period by the other ~~model~~ with the “altered physics”, i.e., Coupled–  
1355 NINT–AP, with ~~its~~ ensemble mean differences in the QBO period between La Niña and El Niño episodes  
1356 being ~~~4.8 months~~. However, it is worth pointing out that we don’t regard ~~that model~~ as the best among  
1357 the ~~four~~ models listed in Table 1 because the relatively satisfactory results are achieved in a  
1358 compensatory, thus unrealistic, way. Serva et al. (2020) conducted both the atmosphere-only and coupled  
1359 historical simulations and found that the ~~trough-to-crest~~ amplitudes of the OLR associated with the  
1360 ENSO cycle are two times larger than the observed for a few models that relatively well capture the  
1361 ENSO modulation of the QBO period, which together with our results suggests that the parameterized  
1362 convection is a linchpin of realistically simulating the ENSO, the QBO, and the ENSO modulation of  
1363 the QBO.

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1375 Intriguingly, the simulated difference in the QBO period between La Niña and El Niño is 6.2 months  
1376 from the first realization simulated by Coupled–NINT–SP. However, it is not statistically significant at  
1377 the 5% significance level. Meanwhile, the differences in the QBO period between La Niña and El Niño  
1378 from most of the realizations simulated by Coupled–NINT–AP are apparently less than 6.2 months but  
1379 are all statistically significant. To gain a deeper insight, we calculate the frequency power spectra of  
1380 standardized ONIs derived from the observed and simulated SSTs. Fig. 13a depicts the power spectral  
1381 densities (PSD) of standardized ONI between 1953 and 2015 derived from the NOAA ERSSTv5 SST  
1382 while Fig. 13b delineates the PSD of standardized ONI between 1871 and 2013 derived from the  
1383 HadISST1 dataset [as used in the AMIP runs](#). Figs. 13a and 13b show that although the ENSO accounts  
1384 for the lion’s share of SST variabilities, there is a good amount of SST variabilities on the decadal and  
1385 multidecadal time scales. Fig. 13d illustrates the PSD of standardized ONI between 1871 and 2013  
1386 simulated by the second realization of Coupled–NINT–AP, which demonstrates that the ENSO  
1387 overwhelmingly dominates over any other noises in SST variabilities simulated by those E2.2 models  
1388 with the “altered physics”. Furthermore, Fig. 13c shows the PSD of standardized ONI between 1871 and  
1389 2013 simulated by the first realization of Coupled–NINT–SP. Apparently, the SST variabilities  
1390 simulated by the E2.2 model with the “standard physics” are comparable to the observed, thus more  
1391 realistic. The smaller ratio of the ENSO signal to the noise simulated by the first realization of Coupled–  
1392 NINT–SP and the much larger ratio simulated by the second realizations of the E2.2 models with “alter  
1393 physics” explain why the difference of 6.2 months in the QBO period between La Niña and El Niño  
1394 from the former is not statistically significant while why the differences of 2.6 and 4.8 months from the  
1395 latter are statistically significant as shown in Table 2.

1396 The rich spectrum of internal variabilities simulated by Coupled–NINT–SP, to a large degree, reflects  
1397 the observed ones shown in Figs. 13a and 13b. Those large internal variabilities likely underlie why one

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1407 of the historical runs simulated by Coupled–NINT–SP gives rise to a slower mean QBO phase speed  
1408 during El Niño than during La Niña while other four runs from Coupled–NINT–SP do simulate a faster  
1409 phase speed of the QBO during warm ENSO events. Kawatani et al. (2019) conducted two 100-yr  
1410 experiments: one for a perpetual El Niño condition and the other for a perpetual La Niña condition. Their  
1411 Fig. 3 shows that although the long-term mean QBO period from the El Niño run is shorter than that  
1412 from the La Niña run, this is not the case for each individual year. This is because various internal  
1413 variabilities exert their influence over the QBO period.

1414 None of the E2.2 configurations robustly simulate an ENSO modulation of QBO amplitude,  
1415 consistent with the weaker signal present in observations (Yuan et al., 2014). It is not surprising because  
1416 our observational analyses show that the ENSO modulation of the QBO amplitude is not statistically  
1417 significant at the 95% confidence level. In order to realistically simulate the ENSO modulation of the  
1418 QBO, various aspects of climate models such as the SSTs, the Walker circulations, the parameterizations  
1419 of convection and GWs need to be further improved, which is fortunately ongoing under the auspices of  
1420 the SPARC Quasi-Biennial Oscillation initiative (Butchart et al., 2018).

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#### 1422 **Data availability**

1423 The monthly mean zonal winds from Free University of Berlin are obtained from [https://www.geo.fu-](https://www.geo.fu-berlin.de/en/met/ag/strat/produkte/qbo/index.html)  
1424 [berlin.de/en/met/ag/strat/produkte/qbo/index.html](https://www.geo.fu-berlin.de/en/met/ag/strat/produkte/qbo/index.html). The NOAA ERSSTv5 SST is acquired from  
1425 <https://www.ncei.noaa.gov/products/extended-reconstructed-sst>. The NCEI OLR is downloaded from  
1426 <https://www.ncei.noaa.gov/products/climate-data-records/outgoing-longwave-radiation-monthly>. The  
1427 ERA5 monthly mean zonal winds are obtained from the ECMWF C3S at Climate Data Store:  
1428 <https://cds.climate.copernicus.eu/>. The GISS ModelE E2.2 data are available from the Earth System Grid

1430 Federation and also from the NASA Center for Climate Simulation data portal (including non-CMIP6  
1431 simulations).

1432

1433 **Author contributions**

1434 All authors made equal contributions to this work.

1435

1436 **Competing interests**

1437 The authors declare that they have no conflict of interest.

1438

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**Table 1** The model configurations and respective ensemble simulations

Model configuration	Simulation	CMIP6 archive tag	Period	Ensemble size	Ensemble name
AMIP-OMA-SP	Historical AMIP	N/A	1850–2014	5	E1
AMIP-OMA-AP	Historical AMIP	N/A <sup>†</sup>	1850–2014	4	E2
Coupled-NINT-SP	CMIP6 Historical	N/A <sup>#</sup>	1850–2014	5	E3
Coupled-NINT-AP	CMIP6 Historical	E2-2-G.historical.r[1-5]i1p1f1	1850–2014	5	E4

<sup>\*</sup>E2-2-G.amip.r[1-5]i1p3f1 in the CMIP6 archive are the outputs of the same model, but range from 1979 to 2014.

<sup>#</sup> Coupled-NINT-SP outputs follow the CMIP6 protocol and naming. Four of five runs are available from NCCS portal at [https://portal.nccs.nasa.gov/datashare/giss\\_cmip6/CMIP/NASA-GISS/GISS-E2.2.1-G/](https://portal.nccs.nasa.gov/datashare/giss_cmip6/CMIP/NASA-GISS/GISS-E2.2.1-G/)

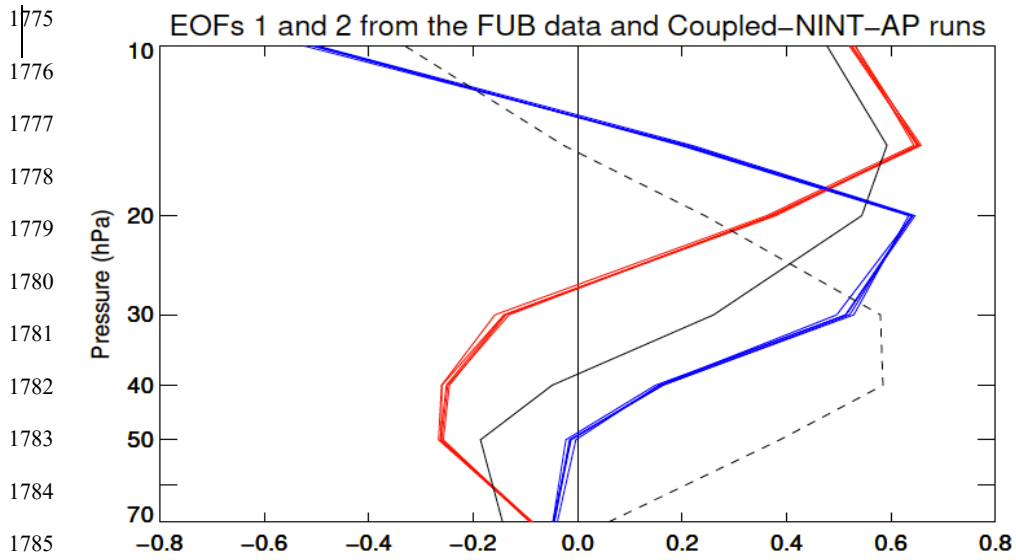
**Table 2** The ENSO influence on the QBO period

Member		r1			r2			r3			r4			r5		
ENSO Phase		EL	LA	EL-LA	EL	LA	EL-LA	EL	LA	EL-LA	EL	LA	EL-LA	EL	LA	EL-LA
Period (month)	E1	31.1	34.0	<b>(-2.9)</b>	34.9	35.9	-1.0	29.4	32.9	-3.5	29.7	36.7	<b>(-7.0)</b>	30.5	35.7	<b>(-5.2)</b>
	E2	33.1	36.5	<b>(-3.4)</b>	31.5	35.6	<b>(-4.1)</b>	32.1	35.4	-3.2	29.4	36.8	<b>(-7.4)</b>	n/a	n/a	n/a
	E3	27.5	33.7	-6.2	28.0	30.5	-2.5	30.5	29.8	0.7	30.0	31.5	-1.5	28.2	32.0	-3.8
	E4	31.2	35.0	<b>(-3.8)</b>	29.8	32.4	<b>(-2.6)</b>	29.7	35.4	<b>(-5.7)</b>	28.0	34.7	<b>(-6.7)</b>	28.0	33.4	<b>(-5.4)</b>

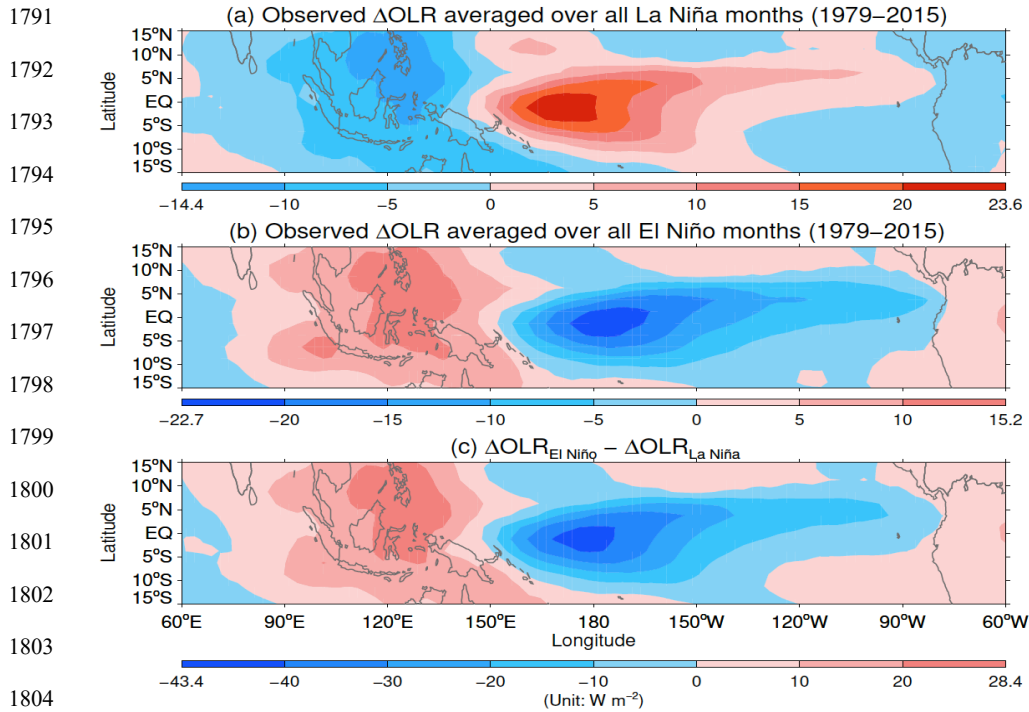
E[1-4] denote the ensemble simulations AMIP-OMA-SP, AMIP-OMA-AP, Coupled-NINT-SP, and Coupled-NINT-AP, respectively. r[1-5] indicate the ensemble members of those simulations. EL and LA are short for El Niño than during La Niña, respectively. The numbers in parentheses denote being statistically significantly different from zero at the 5% significance level.

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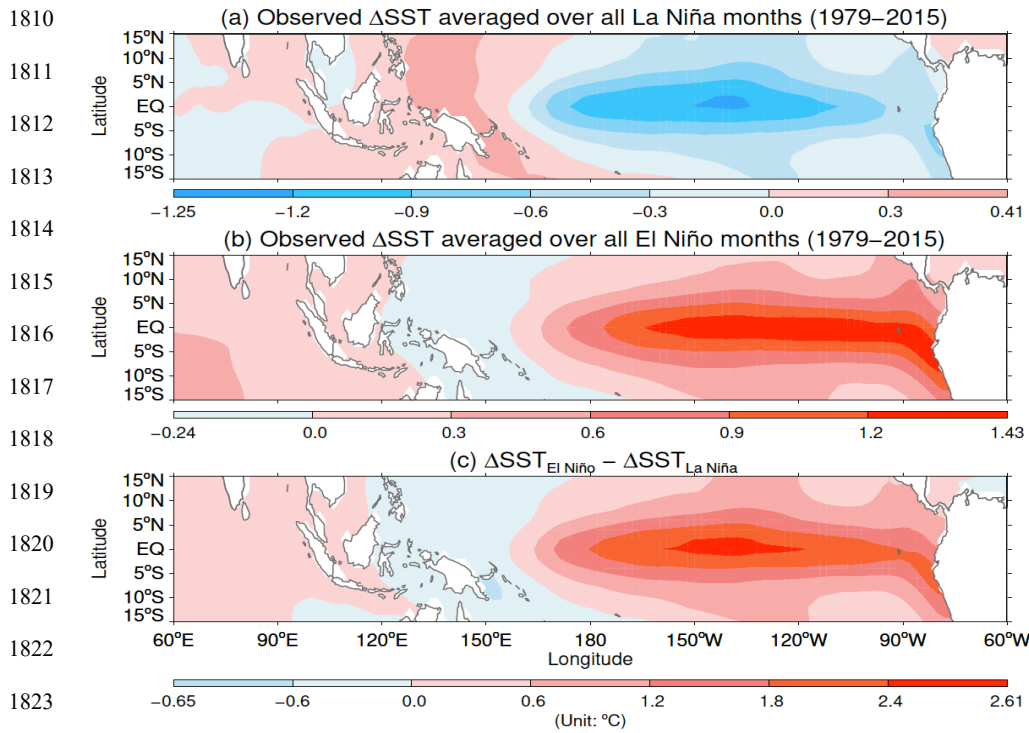




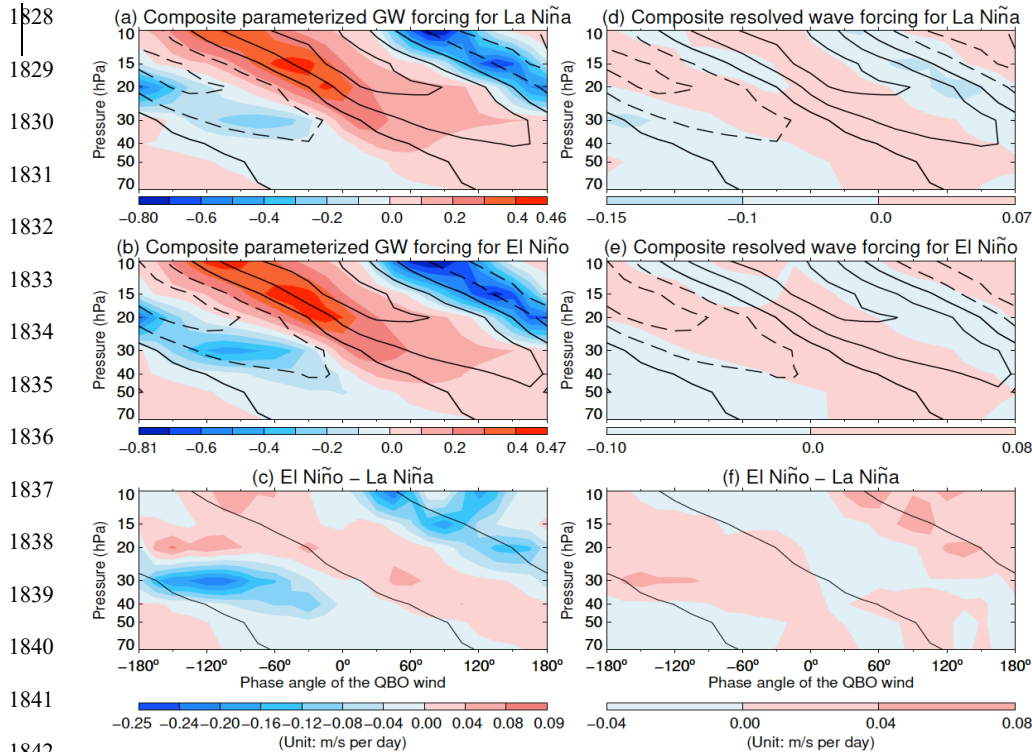
1786 **Fig. 1.** Black lines depict the first (solid) and second (dashed) orthonormal eigenvectors derived from  
 1787 the monthly FUB zonal wind anomalies between 1953 and 2015. Colored lines delineate the first (red)  
 1788 and second (blue) orthonormal eigenvectors derived from the deseasonalized and smoothed equatorial  
 1789 zonal mean zonal winds between 1873 and 2013 from the five Coupled-NINT-AP runs.  
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**Fig. 2.** Mean OLR deviations from climatology for (a) La Niña and (b) El Niño conditions over the tropical Indian and Pacific oceans. (c) Differences of mean OLR anomalies between El Niño and La Niña conditions. The mean composite OLR anomalies and their differences are derived from the datasets provided by NOAA NCEI.

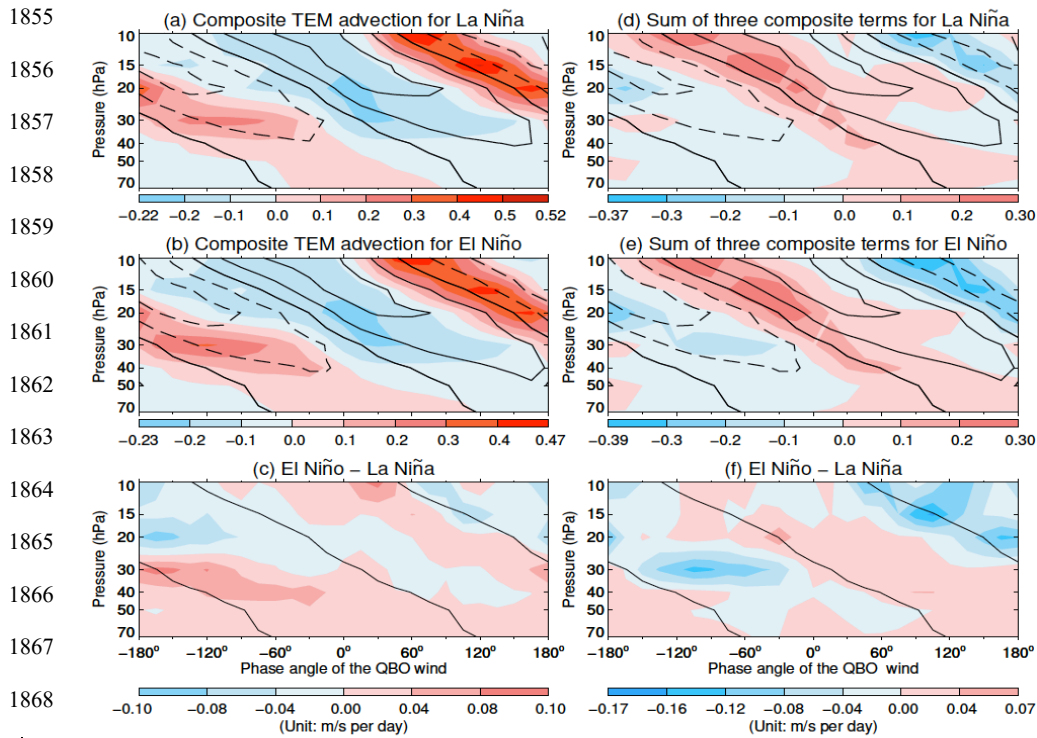


1824 **Fig. 3.** Mean SST deviations from climatology for (a) La Niña and (b) El Niño conditions over the tropical  
 1825 Indian and Pacific oceans. (c) Differences of mean SST anomalies between El Niño and La Niña  
 1826 conditions. The mean composite SST anomalies and their differences are derived from the NOAA  
 1827 ERSSTv5 SST.



**Fig. 4.** Ensemble average of the composite QBO winds simulated by the Coupled-NINT-AP model during La Niña (upper panels) and El Niño (middle panels) is depicted by black contour lines where the contour interval is  $10 \text{ m s}^{-1}$  with dashed lines denoting negatives and solid lines denoting positives and zero. The location of strong shear zones of the QBO winds during ENSO extremes is delineated by the zero wind contour lines in lower panels. For color filled contours, left panels depict the ensemble average of the composite [parameterized GW](#) forcing simulated by the Coupled-NINT-AP model averaged from  $5^{\circ}\text{S}$  to  $5^{\circ}\text{N}$  during La Niña (a) and El Niño (b) and its composite difference between El Niño and La Niña (c); right panels depict the ensemble average of the composite resolved wave forcing simulated by the Coupled-NINT-AP model during La Niña (d) and El Niño (e) and its composite difference between El Niño and La Niña (f).

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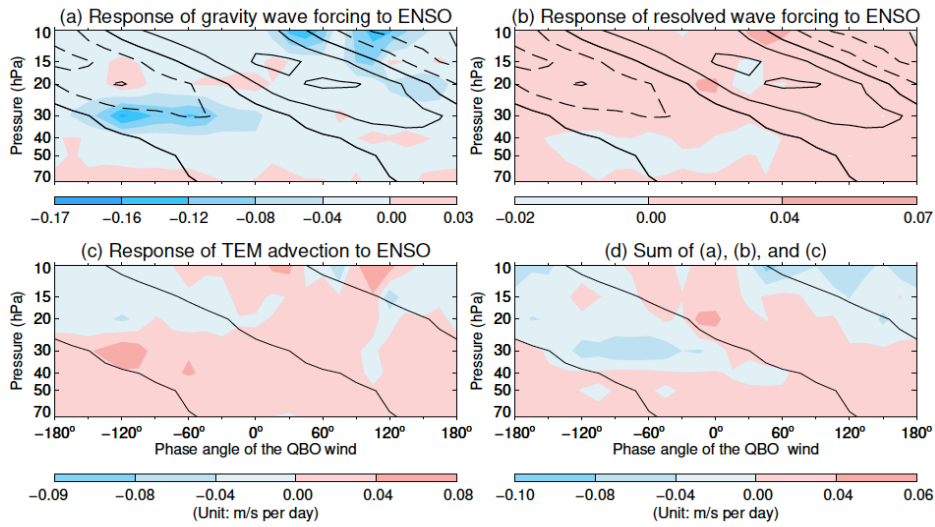
1869 **Fig. 5.** The black contour lines are the same as those in Fig. 4. For color filled contours, left panels depict  
 1870 the ensemble average of the composite TEM advection simulated by the Coupled-NINT-AP model  
 1871 averaged from 5°S to 5°N during La Niña (a) and El Niño (b) and the composite difference between El  
 1872 Niño and La Niña (c); right panels depict the ensemble mean totaling of the composite fields of GW  
 1873 forcing, resolved wave forcing, and TEM advection simulated by the Coupled-NINT-AP model during  
 1874 La Niña (d) and El Niño (e) and the composite difference between El Niño and La Niña (f).  
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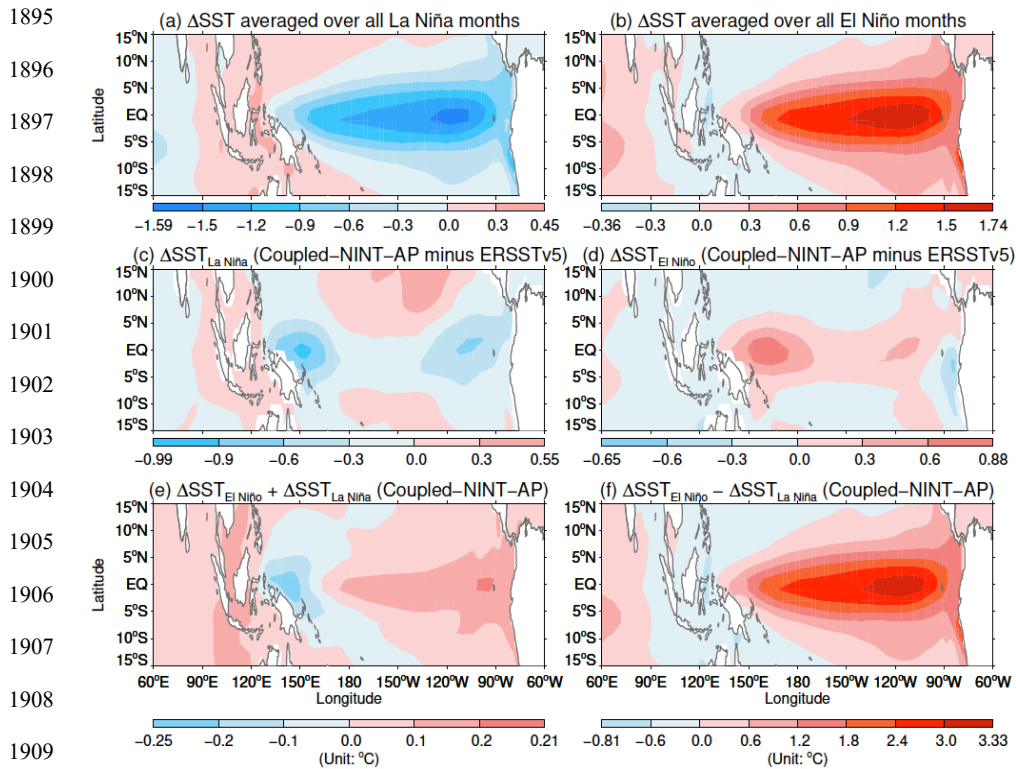
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**Fig. 6.** (a) and (b) are the same as the bottom panels in Fig. 4 except for the Coupled-NINT-SP model. (c) and (d) are the same as the bottom panels in Fig. 5 except for the Coupled-NINT-SP model.

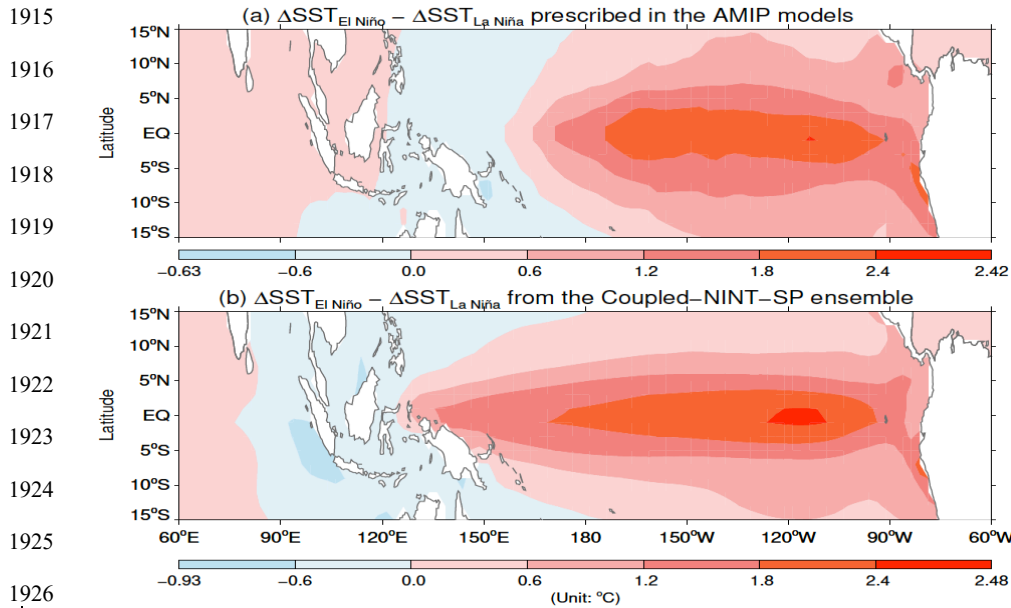
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**Fig. 7.** Ensemble mean of the composite SST anomalies from the Coupled-NINT-AP runs averaged over all La Niña (a) and El Niño (b) months respectively over the 1871–2013 period. Differences from observations are shown in (c) and (d). The sum and difference of model derived El Niño and La Niña SST anomalies are shown in (e) and (f), respectively.

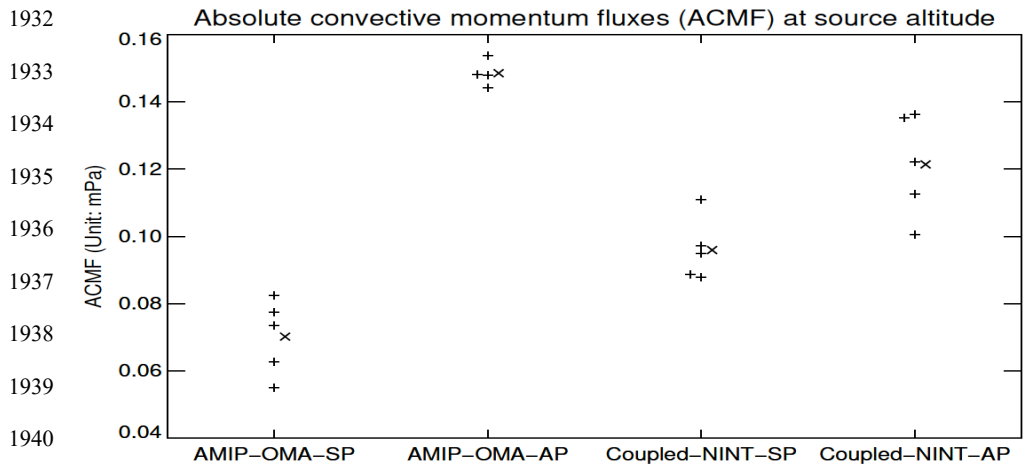
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**Fig. 8.** Difference in the composite SST anomalies between El Niño and La Niña over the 1871–2013 period specified in the AMIP-OMA-SP and AMIP-OMA-AP models (a) and that simulated by the Coupled-NINT-SP model (b).

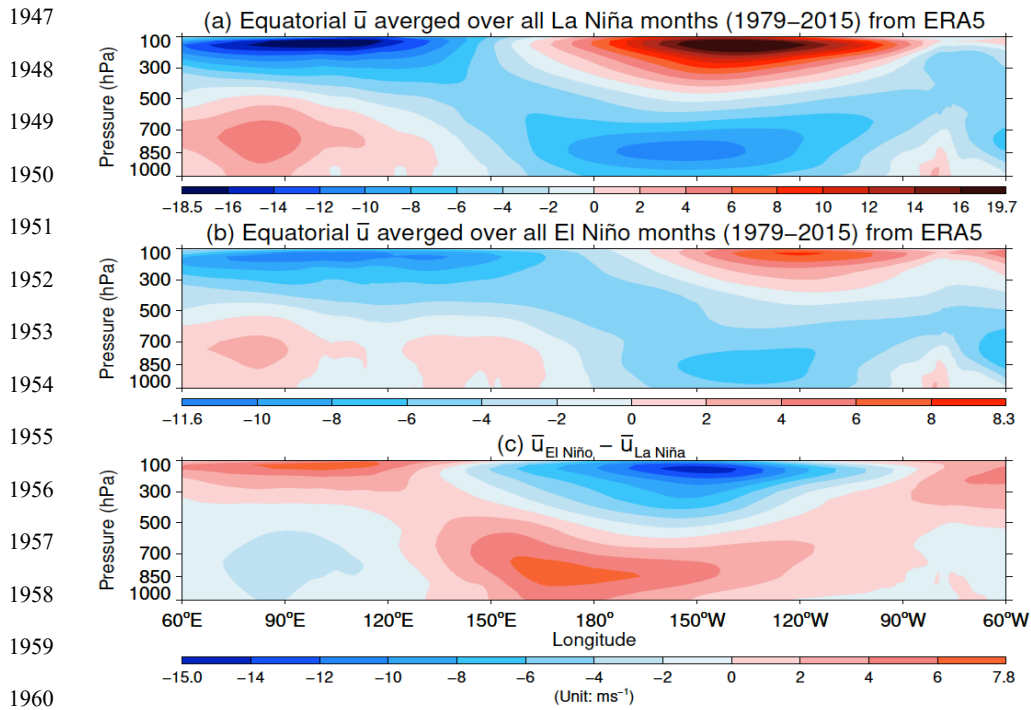
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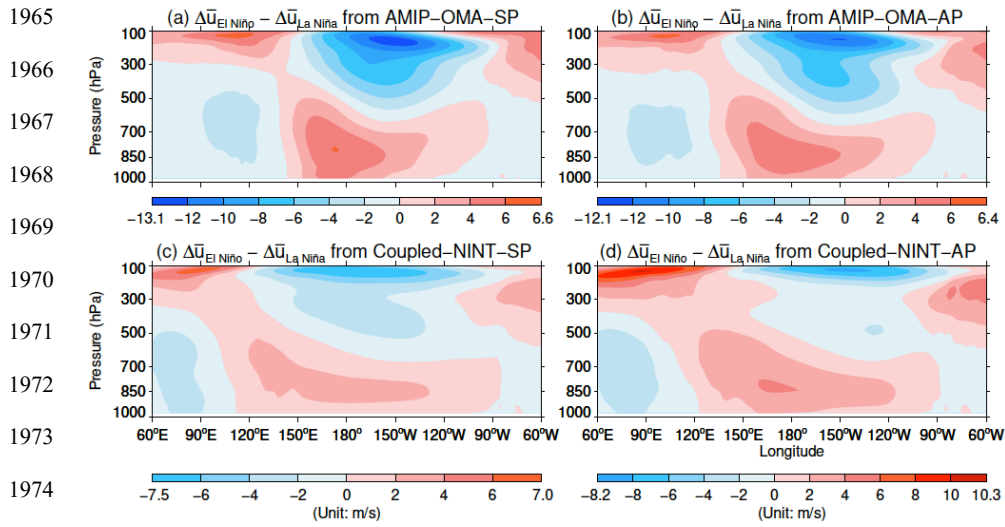
1941 **Fig. 2.** Difference in the composite ACMF anomalies at the source altitude averaged over the 5°S – 5°N  
 1942 latitudinal belt between El Niño and La Niña over the 1871–2013 period. Plus symbol (+) denotes the  
 1943 difference from individual runs while cross symbol (x) represents each ensemble mean difference. Some  
 1944 symbols are slightly shifted leftward or rightward to avoid overlapping with other symbols.  
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**Fig. 10.** Zonal winds from ERA5 averaged from 5°S to 5°N that are further averaged over all La Niña (a) and El Niño (b) months between 1979 and 2015 respectively, and their differences (c).

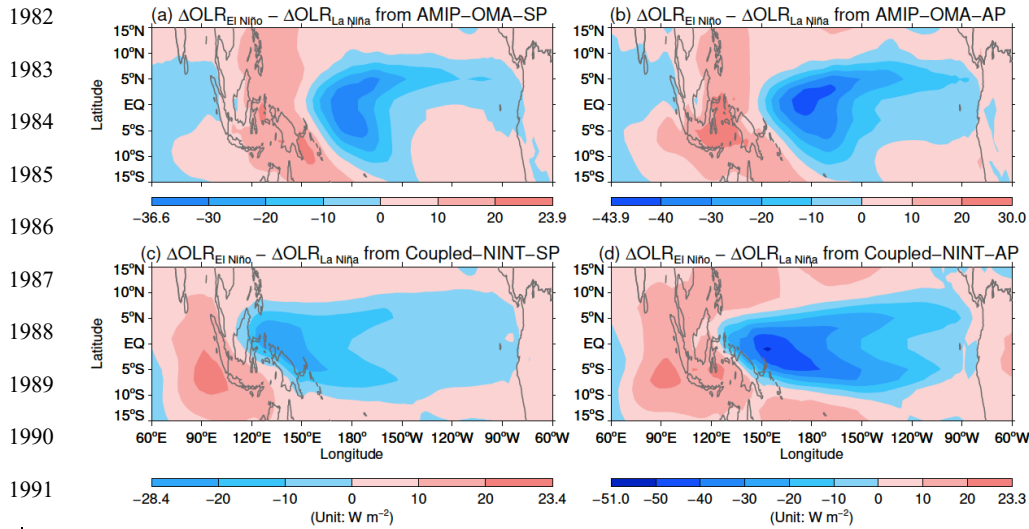
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1975 **Fig. 11.** Same as Fig. 10c but for the ensemble averages of the composite difference in zonal wind  
1976 anomalies between El Niño and La Niña simulated by AMIP-OMA-SP (a), AMIP-OMA-AP (b),  
1977 Coupled-NINT-SP (c), and Coupled-NINT-AP (d).  
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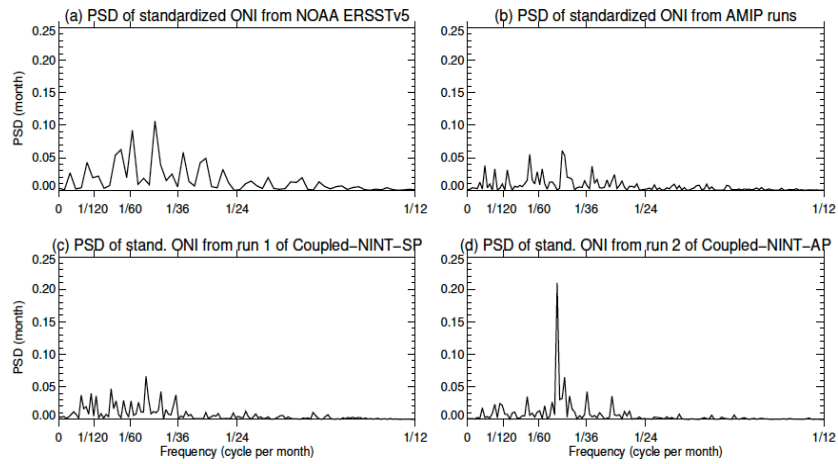
**Fig. 12.** Same as Fig. 11, but for the ensemble averages of the composite difference in OLR anomalies between El Niño and La Niña simulated by AMIP-OMA-SP (a), AMIP-OMA-AP (b), Coupled-NINT-SP (c), and Coupled-NINT-AP (d).

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**Fig. 13.** Power spectral densities (PSD) of the standardized ONI between 1953 and 2015 derived from the NOAA ERSSTv5 SST (a), of standardized ONI between 1871 and 2013 derived from the HadISST1 dataset as used in the AMIP runs (b), of standardized ONIs between 1871 and 2013 simulated by the first realization of Coupled-NINT-SP (c) and the second realization of Coupled-NINT-AP (d), respectively.

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