



1 **Technical Note: Improved synthetic routes to *cis*- and *trans*-(2-Methyloxirane-**
2 **2,3-diy)dimethanol (*cis*- and *trans*- β -isoprene epoxydiol)**

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11 **Abstract.** We report improved synthetic routes to the isomeric isoprene-derived β -epoxydiols (β -
12 IEPOX) in high yield (57-69%) from inexpensive, readily available starting compounds. The
13 syntheses do not require the protection/deprotection steps or time-consuming purification of
14 intermediates and can readily be scaled up to yield the target IEPOX isomers in gram quantities.
15 Emissions of isoprene (2-methyl-1,3-butadiene, C₅H₈), primarily from deciduous vegetation,
16 constitute the largest source of nonmethane atmospheric hydrocarbons. In the gas phase under low-
17 nitric oxide (NO) conditions, addition of atmospheric hydroxyl radical (OH) followed by rapid
18 addition of O₂ yields isoprene-derived hydroxyperoxyl radicals. The major sink (>90%) for the
19 peroxy radicals is sequential reaction with hydroperoxyl radical (HO₂), OH and O₂, which is then
20 followed by the elimination of OH to yield a ~2:1 mixture of (2-methyloxirane-*cis/trans*-2,3-
21 diyl)dimethanol (*cis/trans*- β -IEPOX). The IEPOX isomers account for about 80% of the closed-
22 shell hydroxyperoxyl products, and are rapidly taken up into acidic aerosols to form secondary
23 organic aerosol (SOA). IEPOX-derived SOA makes a significant mass contribution to fine
24 particulate matter (PM_{2.5}), which is known to be a major factor in climate forcing as well as
25 adversely affects respiratory and cardiovascular systems of exposed populations. Prediction of
26 ambient PM_{2.5} composition and distribution, both in regional- and global-scale atmospheric
27 chemistry models, crucially depends on the accuracy of identification and quantitation of uptake
28 product formation. Accessibility of authentic *cis*- and *trans*- β -IEPOX in high purity and in large
29 quantity for laboratory studies underpins progress in developing models as well as identification
30 and quantitation of PM_{2.5} components.

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32

33 **1. Introduction**

34 We report here straightforward procedures for the synthesis of isomeric isoprene β -epoxydiols (β -
35 IEPOX) in high yield from inexpensive, readily available starting compounds. The syntheses do
36 not require the protection/deprotection steps or time-consuming purification of intermediates as
37 used in past studies (Cole-Filipiak et al., 2010; Zhang et al., 2012; Bates et al., 2014; Chase et al.,
38 2015; Bates et al., 2016), and can readily be scaled up to yield the target IEPOX isomers in gram
39 quantities.

40

41 Yearly global emissions of isoprene (2-methyl-1,3-butadiene, C_5H_8), primarily from deciduous
42 vegetation, are estimated to be between 500 and 600 Tg, and constitute the largest source of
43 nonmethane atmospheric hydrocarbons (Kanakidou et al., 2005; Guenther et al., 2006; Hallquist
44 et al., 2009; St. Clair et al., 2016). In the gas phase under low-nitric oxide (NO) conditions,
45 atmospheric hydroxyl radical (OH) adds rapidly to isoprene almost exclusively at C1 and C4,
46 followed by addition of O_2 to yield β - or δ -hydroxyperoxyl radicals (Hallquist et al., 2009). The
47 major sink (>90%) for the peroxy radicals is reaction with hydroperoxy radical (HO_2) to give
48 closed-shell isoprene hydroxyhydroperoxides (ISOPOOHs). ISOPOOHs then undergo sequential
49 addition with OH and O_2 , followed by the elimination of OH to yield a ~2:1 mixture of (2-
50 methyloxirane-*cis/trans*-2,3-dilyl)dimethanol (*cis/trans*- β -IEPOX). The IEPOX isomers account
51 for about 80% of the closed-shell hydroxyperoxyl products (St. Clair et al., 2016; Wennberg et al.,
52 2018; Paulot et al., 2009), and are rapidly taken up onto acidic aerosols (Lin et al., 2012; Gaston
53 et al., 2014; Riedel et al., 2015). IEPOX isomers thus make a significant mass contribution to
54 secondary organic aerosol (SOA) (Surratt et al., 2010; Riva et al., 2019), and the resulting
55 atmospheric fine particulate matter ($PM_{2.5}$) (Lin et al., 2013; Budisulistiorini et al., 2015;
56 Budisulistiorini et al. 2016; Rattanavaraha et al. 2016). $PM_{2.5}$ is known to be a major factor in
57 climate forcing (Hallquist et al., 2009), and adversely affects respiratory and cardiovascular
58 systems of exposed populations (Pope and Dockery, 2006; Pye et al., 2021). Advancing the
59 understanding of the impacts of $PM_{2.5}$ requires the ability to predict $PM_{2.5}$ composition and
60 distribution, both in regional- and global-scale atmospheric chemistry and climate models (Pye et
61 al., 2013; McNeill et al., 2015; Marais et al., 2016; Jo et al., 2019), which in turn depends crucially
62 on the accuracy of identification and quantitation of uptake product formation. As major



63 precursors of PM_{2.5}, *cis*- and *trans*-β-IEPOX have been the focus of considerable effort to elucidate
64 mechanisms underlying PM_{2.5} formation and aging (Lin et al., 2012; Lin et al., 2014; Gaston et al.,
65 2014; Nguyen et al., 2014; Zhang et al., 2018; Riva et al., 2019; Armstrong et al., 2022; Cooke et
66 al., 2022). Underpinning such efforts is the availability of authentic *cis*-/*trans*-β-IEPOX in high
67 purity and in quantity.

68

69 **2. Experimental**

70

71 The esterification and DIBAL-H reduction of mesaconic and citraconic acids generally followed
72 the procedure reported by Klimovica, et al. (2011). Epoxidation of the *E*- and *Z*-2-methylbut-2-
73 ene-1,4-diols followed the procedure reported by Zhang et al. (2012). ¹H NMR spectra of isolated
74 products are provided in the Supplement.

75

76 **2.1. *Trans*-β-IEPOX (*trans*-(2-methyloxirane-2,3-dilyl)dimethanol) from mesaconic acid**

77 *2.1.1. Mesaconic acid, dimethyl ester.* To a solution of mesaconic acid (11.00 g, 84.5 mmol) in
78 methanol (100 mL), conc. H₂SO₄ (3 mL) was added. The reaction mixture was refluxed for 8 h
79 until a complete conversion was observed by thin layer chromatography (TLC) and the reaction
80 was neutralized by addition of triethylamine (1.5 mL). Silica gel (11 g) was added and the
81 resulting mixture was dried on a rotary evaporator under house vacuum. The residue was applied
82 to a silica gel column and eluted with EtOAc/petroleum ether (1:1) to afford mesaconic acid
83 dimethyl ester as a colorless oil (13.40 g, 96.5%), purity >98% by NMR. NMR (400 MHz,
84 chloroform-*d*): δ 6.71 (d, *J* = 1.6 Hz, 1H), 3.74 (s, 3H), 3.71 (s, 3H), 2.23 (d, *J* = 1.6 Hz, 3H),
85 Figure S1.

86

87 *2.1.2. E-2-Methyl but-2-ene-1,4-diol.* A solution of mesaconic acid dimethyl ester (13.40 g, 84.72
88 mmol) in methylene chloride (120 mL) under argon was cooled to 0 °C and diisobutylaluminum
89 hydride (DIBAL-H; 400 mL 1.0 M solution in toluene, 400 mmol) was added dropwise, and the
90 reaction mixture was stirred at 0°C for 1 h. The reaction was diluted with ether (100 mL) and
91 quenched with water 16 mL (0.04 volume-equivalents of DIBAL-H), followed by 16 mL 15%
92 sodium hydroxide solution (0.04 volume-equivalents), and 40 mL water (0.1 volume-equivalents).
93 After quenching, the mixture was allowed to warm to room temperature over 2 h and dried over



94 magnesium sulfate. The aluminum salt was filtered out through a pad of Celite, and solid filtrant
95 further washed with ethyl acetate (100 mL). The solvent was removed from filtrate on a rotary
96 evaporator under house vacuum to yield *E*-2-methyl but-2-ene-1,4-diol as a colorless oil (6.12g,
97 70.7%), purity > 98% by NMR. NMR (400 MHz, D₂O): δ 5.54 – 5.43 (m, 1H), 4.06 (d, J = 7.0
98 Hz, 2H), 3.90 (s, 2H), 1.57 (s, 3H), Figure S2.

99
100 **2.1.3. *Trans*-(2-Methyloxirane-2,3-diyl)dimethanol (*trans*- β -IEPOX).** Epoxidation of *E*-2-methyl
101 but-2-ene-1,4-diol followed a published procedure (Zhang et al., 2012). The butene diol (6.00 g,
102 58.8 mmol) was dissolved in acetonitrile (80 mL) and cooled in an ice-water bath. *m*-
103 Chloroperoxybenzoic acid (15.53 g, 90 mmol) was added and the clear solution was stirred in the
104 ice-water bath for 2 h, and then at room temperature until complete transformation of the starting
105 material as monitored by TLC. The reaction mixture was cooled at 4°C and the resulting precipitate
106 separated by filtration to remove the bulk of the 3-chlorobenzoic acid. The filtrate was
107 concentrated under reduced pressure and the residue dissolved in water (30 mL), and washed
108 repeatedly with chloroform. The aqueous solution was lyophilized to yield *trans*-(2-
109 methyloxirane-2,3-diyl)dimethanol as colorless oil (6.24 g, 89%), purity > 98% by NMR. The ¹H
110 NMR spectrum was identical to that reported in previous syntheses (Zhang et al. 2012). NMR (400
111 MHz, D₂O): δ 3.78 (dd, J = 12.49, 4.29 Hz, 1H), 3.59 (d, J = 12.56 Hz, 1H), 3.58 (dd, J = 12.49,
112 7.08 Hz, 1H), 3.44 (d, J = 12.56 Hz, 1H), 3.15 (dd, J = 7.08, 4.29, 1H), 1.23 (s, 3H), Figure S3.
113 Overall yield for the synthesis of *trans*- β -IEPOX from mesaconic acid was 62.5%.

114

115 **2.2. *cis*- β -IEPOX (*cis*-(2-methyloxirane-2,3-diyl)dimethanol) from citraconic acid**

116 **2.2.1. Citraconic acid, dimethyl ester.** To a solution of citraconic acid (1.98 g, 15.2 mmol) in
117 methanol (50 mL) conc. H₂SO₄ (0.8 mL) was added. The reaction mixture was refluxed for 8 h
118 until complete conversion as determined by TLC and then neutralized by addition of triethylamine
119 (0.5 mL). Silica gel (3 g) was added and the resulting mixture was concentrated *in vacuo*. The dry
120 residue was applied to a silica gel column and eluted with EtOAc/petroleum ether (1:1) to afford
121 the desired citraconic acid dimethyl ester (2.21g, 92.1%) as a colorless oil, purity > 98% by NMR.
122 NMR (400 MHz, D₂O): δ 6.08 (d, J = 1.6 Hz, 1H), 3.85 (s, 3H), 3.75 (s, 3H), 2.07 (d, J = 1.6 Hz,
123 3H), Figure S4.

124



125 2.2.2. *Z*-2-methyl but-2-ene-1,4-diol. A solution of citraconic acid dimethyl ester (2.21g, 14.0
126 mmol) in methylene chloride (25mL) under argon was cooled to 0°C and DIBAL-H (70 mL 1.0
127 M solution in toluene, 70.0 mmol) was added dropwise. Reaction mixture was stirred at 0°C for 1
128 h, diluted with ether (60 mL) and quenched with 2.8 mL water (0.04 of DIBAL-H volume
129 equivalents), followed by 2.8 mL 15% sodium hydroxide solution (0.04 volume equivalents) and
130 7.0 mL water (0.1 volume equivalents). After quenching, the mixture was allowed to warm to
131 room temperature over 2 h and dried over magnesium sulfate. The aluminum salt was removed by
132 filtration through a pad of Celite, and solid filtrant further washed with ethyl acetate (100 mL).
133 The solvent was removed from filtrate and desired *Z*-2-methyl but-2-ene-1,4-diol (1.07 g, 74.9%
134 yield) was obtained as a colorless oil, purity > 98% by NMR (Klimovica, et al., 2011). NMR (400
135 MHz, D₂O): δ 5.57 (t, *J* = 7.2 Hz, 1H), 4.16 (d, *J* = 7.2 Hz, 2H), 4.14 (s, 2H), 1.82 (s, 3H), Figure
136 S5.

137

138 2.2.3. *cis*-(2-Methyloxirane-2,3-diyl)dimethanol (*cis*-β-IEPOX). The epoxidation of the butene
139 diol was performed according to a published method (Zhang et al., 2012). The butene diol (1.07
140 g, 10.4 mmol) was dissolved in acetonitrile (25 mL) and cooled in an ice-water bath. *m*-
141 Chloroperoxybenzoic acid (2.69 g, 15.6 mmol) was added and the clear solution was stirred in the
142 ice-water bath for 1h, and then at room temperature until complete transformation of the starting
143 material as monitored by TLC. The mixture was cooled at 0°C and the resulting precipitate
144 separated by filtration to remove the bulk of the 3-chlorobenzoic acid. The filtrate was
145 concentrated under reduced pressure, the residue dissolved in water (15 mL) and washed
146 repeatedly with chloroform. The aqueous solution was lyophilized to give *Z*-(2-methyloxirane-
147 2,3-diyl)dimethanol as colorless oil isolated as the crude product (1.03 g, 82.9%), purity 88% by
148 NMR. NMR (400 MHz, D₂O): δ 3.78 (dd, *J* = 12.5, 3.9 Hz, 1H), 3.61 (d, *J* = 12.3 Hz, 1H), 3.54
149 (dd, *J* = 12.6, 7.35 Hz, 1H), 3.52 (d, *J* = 12.3 Hz, 1H), 3.10 (dd, *J* = 7.35, 3.93 Hz, 1H), 1.43 (s,
150 3H), Figure S6.

151 Overall yield for the synthesis of *cis*-β-IEPOX from citraconic acid was 57.1%.

152

153 2.3. *cis*-β-IEPOX (*cis*-(2-methyloxirane-2,3-diyl)dimethanol) from 3-methyl-2(5H)-furanone

154 2.3.1. *Z*-2-methyl but-2-ene-1,4-diol. A solution of 3-methyl-2(5H)-furanone (1.06 g, 10.8 mmol)
155 in methylene chloride (30 mL) under argon was cooled to 0°C, and DIBAL-H (21 mL 1.0 M



156 solution in toluene, 21.0 mmol) was added dropwise. The reaction mixture was stirred at 0°C for
157 1 h, diluted with ether (60 mL) and quenched with 0.85 mL water (0.04 of DIBAL-H volume-
158 equivalents), followed by 0.85 mL 15% sodium hydroxide solution (0.04 DIBAL-H volume-
159 equivalents), and 2.1 mL water (0.1 volume-equivalents). After quenching, the mixture was
160 allowed to warm to room temperature over 2 h, and dried over magnesium sulfate. The aluminum
161 salt was filtered out through a pad of Celite, and solid filtrant further washed with ethyl acetate
162 (100 mL). The solvent was removed on a rotary evaporator under house vacuum to yield *Z*-2-
163 methylbut-2-ene-1,4-diol (1.03 g, 94.1% yield) as a colorless oil, purity > 98% by NMR, Figure
164 S5.

165

166 2.3.2. *cis*-(2-Methyloxirane-2,3-diyl)dimethanol (*cis*- β -IEPOX). Butene diol (0.9169 g, 8.99
167 mmol) was dissolved in acetonitrile (50 mL) and cooled in an ice-water bath. *m*-
168 Chloroperoxybenzoic acid (1.92 g, 13.5 mmol) was added and the clear solution was stirred in the
169 ice-water bath for 1 h, and then at room temperature until complete transformation of the starting
170 material as monitored by TLC. The mixture was cooled at 0°C and the resulting precipitate
171 separated by filtration to remove the bulk of the 3-chlorobenzoic acid. The filtrate was dried on a
172 rotary evaporator under house vacuum and the residue dissolved in water (30 mL). The aqueous
173 solution was washed repeatedly with chloroform and lyophilized and isolated as the crude product
174 to give *cis*-(2-methyloxirane-2,3-diyl)dimethanol as colorless oil (0.88 g, 82.9%), purity 88% by
175 NMR, Figure S6.

176 Overall yield for the synthesis *cis*- β -IEPOX from 3-methyl-2(5H)-furanone was 69.2%.

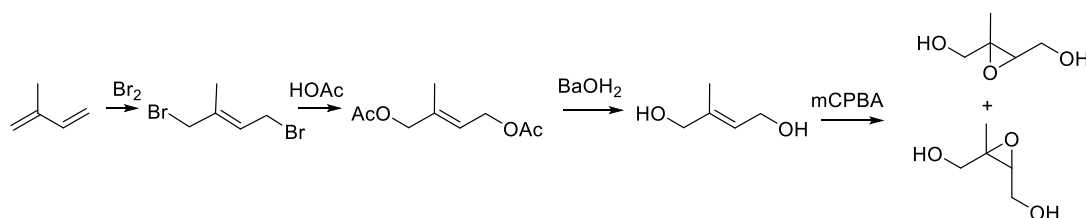
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178 3. Results and discussion

179

180 Several synthetic routes to the β -IEPOX isomers have been published to date. Procedures for the
181 synthesis of *trans*- β -IEPOX followed the three strategies given in Figures 1 – 3.

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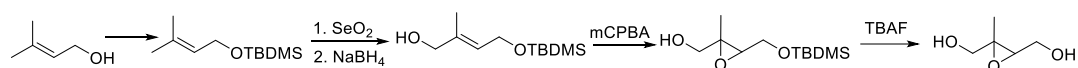


183 **Figure 1.** Synthesis of a *cis*- and *trans*- β -IEPOX mixture from isoprene.

184

185 Figure 1, the first published route to *trans*- β -IEPOX (Cole-Filipiak et al., 2010), yielded a mixture
186 of *cis* and *trans* products in four steps. The procedure is lengthy and required a double vacuum
187 distillation for isolation of 1,4-dibromoisoprene and a further vacuum distillation for isolation of
188 the 1,4-diol. The mixture of *cis*- and *trans* epoxides was not separated, and the combined overall
189 yield was 11%.

190



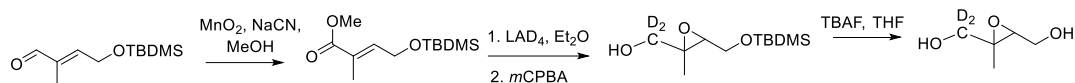
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192 **Figure 2.** Synthesis of *trans*- β -IEPOX from prenol.

193

194 The approach in Figure 2 (Zhang et al., 2012) has been used in most syntheses reported
195 subsequent to its publication in 2012. Figure 2 targets synthesis of the *trans* isomer starting with
196 prenol (3-methyl-2-buten-1-ol). SeO₂ oxidation of the trisubstituted olefin yielded *E*-2-methylbut-
197 2-ene-1,4-diol. Deprotection of the diol, followed by epoxidation with *m*CPBA gave the target
198 *trans*- β -IEPOX in an overall yield of 43%. The expected *trans* geometry of the ultimate IEPOX
199 isomer (Trachtenberg, et al., 1970; Sharpless and Lauer, 1972) was confirmed by the absence of a
200 nuclear Overhauser effect correlation between the methyl group and the oxirane proton in the 1D
201 NOESY spectrum. An overall yield of ~11% can be calculated for synthesis by the scheme in
202 Figure 2 in the only other report citing yields (Bates et al., 2014). The SeO₂ oxidation/NaBH₄
203 reduction sequence to generate 2-methylbut-2-ene-1,4-diol appears largely responsible for the
204 discrepancy in yields. Isolation of the diol from the NaBH₄ reduction step yields a mixture from
205 which isolation of product is challenging and is most likely the source of the difference.
206 More recently, a route to *trans*- β -IEPOX-*d*₂ illustrated in Figure 3 has been reported that could
207 also serve as a route to the protio compound by substituting of LAH₄ for LAD₄ as reducing agent
208 (Chase et al., 2015).

209

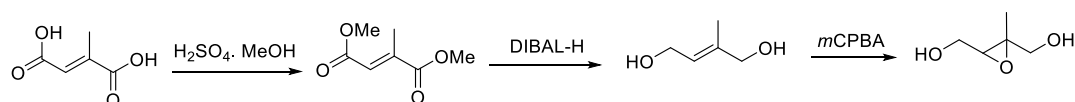


210

211 **Figure 3.** Synthesis of *trans*- β -IEPOX- d_2 , adaptable to synthesis of protio analog.

212 This route also involves a problematic metal hydride reduction step and an overall yield of 31%
 213 was reported. Reaction schemes in Figures 1 – 3 have in common steps that are difficult to
 214 accomplish, such as vacuum distillations, or require carefully controlled conditions for
 215 protection/deprotection of labile substituents, with the best reported yield being 43% for the
 216 reaction Scheme in Figure 2 (Zhang et al. 2012).

217 Here we report a procedure for the synthesis of pure racemic *trans*- β -IEPOX that is
 218 efficient, simple and provides the target IEPOX in an overall yield of 62.5%. No
 219 protection/deprotection reactions, which add steps and can decrease yields are involved, and no
 220 specialized glassware or instrumentation is required. The strategy for synthesis follows the route
 221 in Figure 4, which is based on inexpensive, readily available mesaconic acid as starting material.



222

223 **Figure 4.** Newly developed route to *trans*- β -IEPOX starting with mesaconic acid.

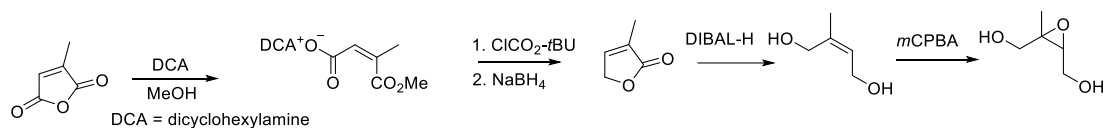
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225 Mesaconic acid can be esterified to the dimethyl ester in high yield by refluxing in methanol
 226 containing 2% concentrated sulfuric acid. The diester is reduced by diisobutylaluminum hydride
 227 (DIBAL-H) in methylene chloride to *E*-2-methylbut-2-ene-1,4-diol, which is epoxidized by
 228 *m*CPBA in acetonitrile. Key to the procedure is the efficient extraction of *E*-2-methylbut-2-ene-
 229 1,4-diol from the DIBAL-H reduction reaction with ethyl acetate, which allows recovery of the
 230 diol in 70% yield. The synthetic route in Figure 4 will make *trans*- β -IEPOX readily available to
 231 laboratories without sophisticated synthesis capabilities. The procedure is particularly attractive
 232 because it can readily be scaled up to produce *trans*- β -IEPOX in gram quantities.

233



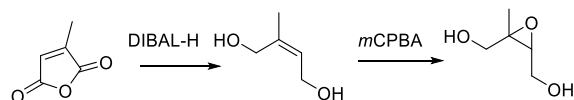
234 The isolation of *E*-2-methylbut-2-en-1,4-diol from the DIBAL-H reduction reaction in high
 235 yield by extraction with ethyl acetate led us to revisit published syntheses of *cis*- β -IEPOX in which
 236 metal hydrides were used as reduction reagents (Bates et al., 2014; Bates et al., 2016; Zhang et al.,
 237 2012). In Figures 5 and 6, citraconic anhydride was the starting material and the reducing agent
 238 was DIBAL-H.



239

240 **Figure 5.** Synthesis of *cis*- β -IEPOX from citraconic anhydride.

241



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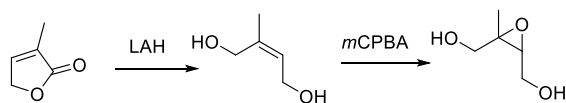
243 **Figure 6.** Streamlined route to *cis*- β -IEPOX from citraconic anhydride.

244

245 The reported overall yield of *cis*- β -IEPOX from synthetic route in Figure 5 was 12% (Bates et al.,
 246 2014). The reaction scheme in Figure 6 streamlined the synthesis through bypassing steps 2 and 3
 247 of the reaction scheme in Figure 5 by direct reduction of citraconic anhydride to *Z*-2-methylbut-2-
 248 en-1,4-diol (Bates et al., 2016). Reduction of the anhydride required forcing conditions (5
 249 equivalents of DIBAL-H were used to achieve reduction of citraconic anhydride) and possibly less
 250 efficient recovery of the diol resulted in the same overall yield reported for the synthesis in Figure
 251 5.

252

253 3-Methylfuran-2(5H)-one was the starting material for the synthesis in Figure 7 and was reduced
 254 to directly *Z*-2-methylbut-2-en-1,4-diol by LAH (Zhang et al., 2012).

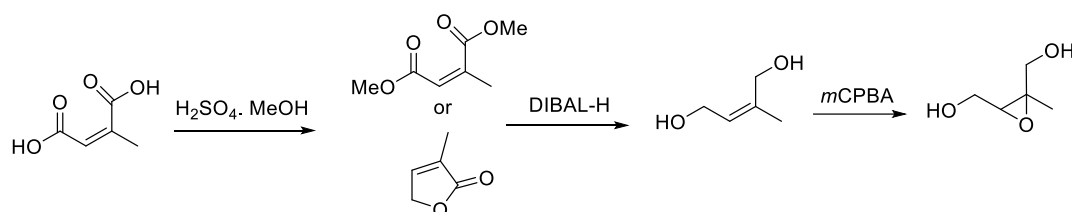


255

256 **Figure 7.** Synthesis of *cis*- β -IEPOX from 3-methylfuran-2(5H)-one.



257 LAH is a powerful reducing agent leading to some unavoidable over-reduction of the furanone to
258 the saturated diol, and the overall yield was 19%. We repeated the synthesis of *cis*- β -IEPOX using
259 either citraconic acid or 3-methylfuran-2(5H)-one as starting points (Figure 8). Because reduction
260 of anhydrides to diols generally appears to be more difficult and require forcing conditions
261 (Bloomfield and Lee, 1967), we selected citraconic acid rather than the anhydride as the starting
262 point for the synthesis. Citraconic acid requires esterification prior to reduction. Although the
263 dimethyl ester is commercially available, the esterification reaction is very straightforward with a
264 nearly quantitative yield and the savings in cost is substantial.
265



266 **Figure 8.** Synthesis of *cis*- β -IEPOX from citraconic acid.

267 Under the assumption that reduction of the *cis* diester would nevertheless not proceed as readily
268 as reduction of the *trans*-diester, five equivalents of DIBAL-H were used for the reduction of
269 citraconic diester. With a yield of 74.9%, the reduction of the diester proved to be much more
270 efficient than that of citraconic anhydride, for which the reported yield was 28% (Bates et al.,
271 2016). The overall yield for this route was 57.1%, which represents a significant improvement
272 over the yields reported from the schemes in Figures 5 and 6..

273

274 3-Methylfuran-2(5H)-one is a more expensive starting compound than citraconic acid or citraconic
275 anhydride, but the procedure is streamlined to two steps and the overall yield, at 69%, is much
276 higher than for any of the published routes. Cost of reagents would largely dictate the choice of
277 citraconic acid or 3-methylfuran-2(5H)-one starting material. We note that *trans*- and *cis*- β -IEPOX
278 were isolated directly following lyophilization. The purity of *trans*- β -IEPOX was > 98% by NMR
279 (Figure S3). *Cis*- β -IEPOX invariably contained a small amount of hydrolysis product (Figure S6)
280 which may be removed completely by column chromatography if required.

281



282 *Supplement:* The supplement related to this article is available online. Included in the supplement
283 are ¹H NMR spectra of the target *cis*- and *trans*-β-IEPOX isomers, as well as the key intermediates
284 in the synthetic routes.

285

286 *Author contributions:* MF, AG and ZZ contributed equally to planning and performing
287 experiments and preparation of the manuscript. MF acquired spectroscopic data. J.D.S. helped
288 with editing and manuscript preparation.

289

290 *Competing interests:* The authors declare that they have no conflict of interest.

291

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294

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