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2 **ESD Ideas: A 6-year oscillation in the whole Earth system?**3 **Anny Cazenave<sup>1,2</sup>, Julia Pfeffer<sup>2</sup>**  
4 **Mioara Mandea<sup>3</sup> and Veronique Dehant<sup>4</sup>**5  
6 1. Laboratoire d'Etudes en Géophysique et Océanographie Spatiales, Toulouse, France  
7 2. Magellum, Ramonville St Agne, France  
8 3. Centre National d'Etudes Spatiales, Paris, France  
9 4. Royal Observatory of Belgium, Brussels, Belgium10  
11 **Correspondence:** Anny Cazenave (anny.cazenave@gmail.com)12  
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1415 **Abstract.** An oscillation of about 6 years has been reported in Earth's fluid core motions,  
16 magnetic field, Earth's rotation, and crustal deformations. Recently, a 6-year cycle has also  
17 been detected in several climatic parameters (e.g., sea level, surface temperature, precipitation,  
18 land hydrology, land ice, and atmospheric angular momentum). Here we suggest that the 6-year  
19 oscillations detected in the Earth's deep interior, rotation, and climate are linked together, and  
20 that the core processes previously proposed as drivers of the 6-year cycle in the Earth's rotation,  
21 cause in addition the atmosphere to oscillate together with the mantle, inducing fluctuations in  
22 the climate system with similar periodicities.23  
24  
25 Numerous studies have reported a ~6-year cycle in the rotation of the Earth's mantle (or  
26 equivalently in the length of day -LOD-) (e.g., Abarca de Rio et al., 2000, and many subsequent  
27 publications). While LOD oscillations related to seasonal changes and the El Niño-Southern  
28 Oscillation (ENSO) are well explained by the exchange of angular momentum from the  
29 atmosphere (and to a lesser degree, from the oceans and hydrosphere) to the mantle, the 6-year  
30 signal in LOD has been attributed to deep Earth processes, namely exchange of angular  
31 momentum between the core and the mantle (see Rekier et al., 2022 and references herein)  
32 (Fig.1). However, the exact nature of the torques at work is still debated. One mechanism  
33 invokes electromagnetic coupling. Relying on geomagnetic data (that display a clear 6-year  
34 cycle, in particular in the secular acceleration) and inferred core flow modelling, Gillet et al.  
35 (2010) showed that the 6-year signal in LOD can be predicted by the geostrophic wave-like  
36 pattern induced by torsional Alfvén waves travelling from the inner core to the outer core

37 equator, with a fundamental mode of 6 years. Another proposed mechanism is a gravitational  
38 coupling between the mantle and the inner core (e.g., Chao, 2017).

39 A recent study by Chen et al. (2019) also reported a strong 6-year signal in the motion of the  
40 Earth's axis of rotation. Mass redistributions in the surface fluid envelopes (atmosphere, oceans,  
41 land hydrosphere) appear unable to explain this observation, suggesting rather deep Earth  
42 sources as for LOD. Using satellite laser ranging and GRACE space gravimetry data, Chao and  
43 Yu (2020) reported a 6-year variation in the degree 2, order 2 spherical harmonics of the gravity  
44 field (or equivalently in the ellipticity of the Earth's equator). They attributed it to a  
45 gravitational coupling between the solid inner core and the Earth's mantle. Other studies (Watkins et al., 2018, Ding and Chao, 2018) based on GPS (Global Positioning System) data  
46 also reported a 6-year cycle in crustal deformations. According to these authors, loading from  
47 the surface fluid envelopes (atmosphere, ocean and land hydrosphere) cannot explain this 6-  
48 year signal. They rather suggest core-mantle coupling as the source of the surface deformations.  
49 More recently, a series of observations have incidentally reported a 6-year oscillation in the  
50 Earth's climate. Moreira et al. (2021) discovered that the rate of change of the global mean sea  
51 level displays a clear 6-year signal, also seen in the main contributors to the global mean sea  
52 level variations, in particular the mass balance of glaciers, Greenland and Antarctica ice sheets.  
53 A cycle of ~6-7 years has also been reported in the European surface temperature (Meyer and  
54 Kantz, 2019). Further analysis of combined land and sea surface temperature indicates that this  
55 6-year cycle is a global phenomenon. Recently, Pfeffer et al. (2023) reported novel observations  
56 of a 6-year cycle in land water storage based on data analysis of the GRACE and GRACE-FO  
57 missions. This 6-year cycle in GRACE-based land water storage appears highly correlated with  
58 observed precipitation and hydrological model-based water storage. This signal is clearly  
59 visible in specific river basins or above large aquifers in all continental areas. It is particularly  
60 significant over the Amazon and Orinoco river basins in South America, the Congo basin and  
61 great lakes region in Africa, the Mississippi basin and Central Valley in North America, as well  
62 as over several areas of the Eurasian continent (Pfeffer et al., 2023). Besides, several climate  
63 modes (reflecting natural variability of the Earth climate) also display significant energy around  
64 6 years (Moreira et al., 2021). This is the case of MEI (Multivariate ENSO index), PDO (Pacific  
65 Decadal Oscillation) and AMO (Atlantic Multidecadal Oscillation). As the definition of these  
66 climate indices is based on the combination of a variety of atmospheric and oceanic variables  
67 (e.g., atmospheric pressure, sea surface temperature, surface winds, etc.), this suggests that the  
68 6-year cycle affects the climate system as a whole.  
69

70 Conservation of angular momentum is a fundamental property of rotating systems as long as  
71 they are not subject to external torques. Angular momentum change in any part of the system  
72 is compensated by equal and opposite changes in the rest of the system. This is exactly what  
73 happens in the Earth system at the seasonal frequency, where changes in the rotation of the  
74 solid Earth (i.e., the mantle) result from opposite changes in the atmospheric angular  
75 momentum (AAM) caused by seasonal changes of the tropospheric wind circulation (Chen et  
76 al., 2019 and references herein). It has been further established that transfer of angular  
77 momentum from the atmosphere (with marginal contribution from the ocean and land  
78 hydrosphere) to the solid Earth also occurs at ENSO frequencies (around 2-3 years). For the  
79 seasonal and ENSO frequencies, AAM and LOD variations are in phase, indicating a transfer  
80 of angular momentum from the surface fluid envelopes to the mantle (note that LOD and mantle  
81 rotation variations are of opposite sign). For the 6-year cycle, the situation is totally different.  
82 First, the AAM also presents a clear 6-year oscillation, but most importantly, LOD and AAM  
83 variations are almost perfectly in opposition of phase (Pfeffer et al., 2023). This was previously  
84 noticed by Chen et al. (2019) and Rekier et al. (2022) who found that correcting LOD for the  
85 angular momentum contribution of the surface fluid envelopes (mostly atmosphere because  
86 ocean and hydrosphere contribute little) does not cancel the LOD 6-year variations (unlike at  
87 the seasonal and ENSO frequencies) but rather enhances them. Such an unexpected observation  
88 has profound consequences on the dynamics of the Earth' system. The phase opposition of LOD  
89 and AAM means that at the 6-year frequency, the Earth's mantle and the atmosphere oscillate  
90 in phase together as a coupled system (Pfeffer et al., 2023). As LOD changes are likely  
91 explained by deep Earth processes, core dynamics may be the driver of the AAM 6-year  
92 oscillation and other surface changes, hence of the reported 6-year cycle in the Earth's climate.  
93 Several other global observables oscillate almost synchronously with LOD and AAM at the 6-  
94 year frequency, in particular the magnetic and gravity fields (Mandea et al., 2012), as well as  
95 mean Earth' surface temperature (Pfeffer et al., 2023). However, the exact nature of the  
96 coupling mechanism between mantle and surface fluid envelopes at the 6-year frequency  
97 remains to be elucidated.

98 A periodic oscillation in the Earth magnetic field dipole of approximately ~60-65 years has  
99 been known for some time (Roberts et al., 2007), as well as in the LOD, mean Earth's  
100 temperature and global mean sea level (e.g., Zotov et al., 2016). Using seismic observations,  
101 Yang and Song (2023) have recently reported a ~65-year oscillation of the inner core, nearly  
102 in phase opposition with LOD, and noted that climate, LOD and magnetic field fluctuations at  
103 60-65 years are almost synchronous (as observed here for the 6-year cycle). They conclude that

104 the multidecadal climate variations are linked to core-mantle oscillations, suggesting strong  
 105 coupling interactions between the main layers of the Earth system, from the deep interior to the  
 106 surface fluid envelopes. In our view, a similar scenario may apply to the 6-year cycle that affects  
 107 the Earth system as a whole. However, in both cases, exact coupling mechanisms between the  
 108 different layers of the planet, able to reproduce the observations, are still to be discovered.

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160 Figure 1: Schematic representation of the different layers of the Earth system, from the solid  
161 inner core to the atmosphere, and of the coupling mechanisms at the outer core-mantle  
162 boundary. The black thin curves around the Earth represent the magnetic field lines.

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