

## ESD Ideas: A 6-year oscillation in the whole Earth system?

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**Abstract.** An oscillation of about 6 years has been reported in Earth's fluid core motions, magnetic field, Earth's rotation, and crustal deformations. Recently, a 6-year cycle has also been detected in several climatic parameters (e.g., sea level, surface temperature, precipitation, land hydrology, land ice, ~~land hydrology~~, and atmospheric angular momentum). Here we suggest that the 6-year oscillations detected in the Earth's deep interior, rotation, and climate atmosphere are linked together, and that the core processes previously proposed as drivers of the 6-year cycle in the Earth's rotation, cause in addition the atmosphere to oscillate together with the mantle, inducing ~~fl~~ fluctuations in the climate system with similar periodicities.

Numerous studies have reported a ~6-year cycle in the rotation of the Earth's mantle (or equivalently in the length of day -LOD-) (e.g., Abarca de Rio et al., 2000, and many subsequent publications). While LOD oscillations related to seasonal changes and the El Niño--Southern Oscillation (ENSO) are well explained by the exchange of angular momentum from the atmosphere (and to a lesser degree, from the oceans and ~~the~~ hydrosphere) to the mantle (~~e.g., Gross, 2015~~), the 6-year signal in LOD has been attributed to deep Earth processes, namely exchange of angular momentum between the core and the mantle ~~(see Rekier et al., 2022 and references herein)~~ Gillet et al., 2010, Rekier et al., 2022) (Fig.1). However, the exact nature of the torques at work is still debated. One mechanism invokes electromagnetic coupling. Relying on geomagnetic data (that display a clear 6-year cycle, in particular in the secular acceleration) and inferred core flow modelling, Gillet et al. (2010) showed that the 6-year signal in LOD can be predicted by the geostrophic wave-like pattern induced by torsional Alfvén waves travelling from the inner core to the outer core equator, with a fundamental mode of 6 years. Another

38 proposed mechanism is a gravitational coupling between the mantle and the inner core (e.g.,  
39 Chao, 2017).

40 A recent study by Chen et al. (2019) has also reported a strong 6-year signal in the motion of  
41 the Earth's axis of rotation. Mass redistributions in the surface fluid envelopes (atmosphere,  
42 oceans, hydrosphere) appear unable to explain this observation, suggesting rather deep Earth  
43 sources as for LOD. Using satellite laser ranging and GRACE space gravimetry data, Chao  
44 and Yu (2020) reported a 6-year variation in the degree 2, order 2 spherical harmonics of the  
45 gravity field (or equivalently ~~in of~~ the ellipticity of the Earth's equator). They attributed it to a  
46 gravitational coupling between the solid inner core and the Earth's mantle. ~~Other A recent~~  
47 ~~studiesy (by~~ Watkins et al., ~~2018,~~ Ding and Chao, 2018) based on GPS (Global Positioning  
48 System) data also reported a 6-year cycle in crustal deformations. According to these authors,  
49 loading from the surface fluid envelopes (atmosphere~~ie~~, oceanic~~ie~~ and ~~land~~-hydrosphere~~loading~~)  
50 cannot explain this 6-year signal. They rather suggest a core-mantle coupling as the source of  
51 the surface deformations.

52 More recently, a series of observations have incidentally reported a 6-year oscillation in the  
53 Earth's climate. Moreira et al. (2021) discovered that the rate of change of the global mean sea  
54 level displays a clear 6-year signal, also seen in the main contributors to the global mean sea  
55 level variations, in particular ~~in~~ the mass balance of glaciers, Greenland and Antarctica ice  
56 sheets. A cycle of ~6-7 years has also been reported in the European surface temperature (Meyer  
57 and Kantz, 2019). Further analysis of ~~-combined~~ land and sea surface temperature indicates that  
58 this 6-year cycle ~~in temperature~~ is a global phenomenon. Recently, Pfeffer et al. (2023) reported  
59 novel observations of a 6-year cycle in land water storage based on data analysis of the GRACE  
60 and GRACE-FO ~~gravity~~ missions. This 6-year cycle in GRACE-based land water storage  
61 appears highly correlated with observed precipitation and hydrological model-based water  
62 storage ~~estimated from global hydrological models~~. This signal is clearly visible in specific  
63 river basins or above large aquifers in all continental areas. It is particularly significant over the  
64 Amazon and Orinoco river basins in South America, the Congo basin and great lakes region in  
65 Africa, the Mississippi basin and Central Valley in North America, as well as ~~and~~ over several  
66 areas of the Eurasian continent (Pfeffer et al., 2023). Besides, several climate modes (reflecting  
67 natural variability of the Earth climate) also display significant energy around 6 years (Moreira  
68 et al., 2021). This is the case of MEI (Multivariate ENSO index), PDO (Pacific Decadal  
69 Oscillation) and AMO (Atlantic Multidecadal Oscillation). As the definition of these climate  
70 indices ~~is are~~ based on the combination of a variety of atmospheric and oceanic variables (e.g.,

71 atmospheric pressure, sea surface temperature, surface winds, etc.), this suggests that the 6-year  
72 cycle affects the climate system as a whole.

73 Conservation of angular momentum is a fundamental property of rotating systems as long as  
74 they are not subject to external torques. Angular momentum change in any part of the system  
75 is compensated by equal and opposite changes in the rest of the system. This is exactly what  
76 happens in the Earth system at the seasonal frequency, where changes in the rotation of the  
77 solid Earth (i.e., the mantle) result from opposite changes in the atmospheric angular  
78 momentum (AAM) caused by seasonal changes of the tropospheric wind circulation (e.g., Chen  
79 et al., 2019 and references herein ~~Gross, 2015~~). It has been further established that transfer of  
80 angular momentum from the atmosphere (with marginal contribution from the ocean and land  
81 hydrology) to the solid Earth also occurs at ENSO frequencies (around 2-3 years). ~~Ocean and~~  
82 ~~hydrosphere angular momenta also contribute to this transfer but only by a small amount.~~ For  
83 the seasonal and ENSO frequencies, AAM and LOD variations are in phase, indicating a  
84 transfer of angular momentum from the surface fluid envelopes atmosphere to the mantle (note  
85 that LOD and mantle rotation variations are of opposite sign). For the 6-year cycle, the situation  
86 is totally different. First, the AAM also presents a clear 6-year oscillation, but most importantly,  
87 LOD and AAM variations are almost perfectly in opposition of phase ~~with AAM~~ (Pfeffer et al.,  
88 2023). This was previously noticed by Chen et al. (2019) and Requier et al. (2022) who found  
89 that correcting LOD for the angular momentum contribution of the surface fluid envelopes  
90 (mostly atmosphere because ocean and hydrosphere contribute very little) [1] (~~atmosphere,~~  
91 ~~ocean and hydrosphere~~) does not cancel the LOD 6-year variations (unlike at as for the  
92 seasonal and ENSO frequencies) but rather enhances them. Such an unexpected observation  
93 has profound consequences on the dynamics of the Earth's system. The phase opposition of  
94 LOD and AAM means that at the 6-year frequency, the Earth's mantle and the atmosphere  
95 oscillate in phase together as a coupled system (~~it is worth noting that the ocean and the~~  
96 ~~hydrosphere contribute little;~~ Pfeffer et al., 2023). As LOD changes are likely well explained  
97 by deep Earth processes, core dynamics may be the driver of the AAM 6-year oscillation  
98 and other surface changes, hence of the reported cycle in the Earth's climate. Several other  
99 global observables oscillate almost synchronously with LOD and AAM at the 6-year frequency,  
100 in particular the magnetic and gravity fields (Mandea et al., 2012), as well as mean Earth'  
101 surface temperature (Pfeffer et al., 2023). ~~—~~ However, the exact nature of the coupling  
102 mechanism between mantle and surface fluid envelopes at the 6-year frequency remains to be  
103 elucidated.

104 A periodic oscillation in the Earth magnetic field dipole of approximately ~60-65 years has  
 105 been known for some time (Roberts et al., 2007), as well as in the LOD, mean Earth's  
 106 temperature and global mean sea level (e.g., Zotov et al., 2016~~Gross, 2015~~), ~~the latter being~~  
 107 ~~attributed to angular momentum exchange between the core and the mantle (e.g., Jault et al.,~~  
 108 ~~1988). Besides, a 60-65 year signal has also been discovered in the climate system as discussed~~  
 109 ~~in~~ Using seismic observations, Yang and Song (2023), ~~who~~ have recently reported ~~an~~ ~65-year  
 110 oscillation of the inner core, ~~in the same frequency band, based on seismic observations.~~  
 111 ~~Interestingly, these authors find that the 65-year inner core oscillation is~~ nearly in phase  
 112 opposition with ~~opposite to that of the~~ LOD and noted that climate, LOD and magnetic field  
 113 fluctuations at 60-65 years are almost synchronous ~~in phase~~ (as observed here for the 6-year  
 114 cycle). They conclude that the multidecadal climate variations ~~are linked to result from~~  
 115 mantle oscillations, suggesting strong coupling interactions between the main layers of within  
 116 the Earth system, from the deep interior to the surface fluid envelopes. In our view, a similar  
 117 scenario may apply to the 6-year cycle that affects the Earth system as a whole. However, in  
 118 both cases, exact coupling mechanisms between the different layers of the planet, able to  
 119 reproduce the observations, are still to be discovered.

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178 Figure 1: Schematic representation of the different layers of the Earth system, from the solid  
179 inner core to the atmosphere, and of the coupling mechanisms at the outer core-mantle  
180 boundary. The black thin curves around the Earth represent the magnetic field lines.

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