1	Projected future changes in cryosphere and hydrology of a mountainous
2	catchment in the Upper Heihe River, China
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23	Abstract: Climate warming exacerbates the degradation of the mountain cryosphere,
24	including glacier retreat, permafrost degradation and snow cover reduction. These

25 changes dramatically alter the local and downstream hydrological regime, posing 26 significant threats to basin-scale water resource management and sustainable development. However, this issue is still not adequately addressed, particularly in 27 28 mountainous catchments. We developed an integrated cryospheric-hydrologic model, 29 FLEX-Cryo model, to comprehensively consider glaciers, snow cover, frozen soil, and 30 their dynamic impacts on hydrological processes. Taking the mountainous Hulu 31 catchment located in the Upper Heihe river of China as a case, we utilized the state-of-32 the-art climate change projection data under two scenarios (SSP2-4.5 and SSP5-8.5) 33 from the sixth phase of the Coupled Model Intercomparison Project (CMIP6) to 34 simulate the future changes in the mountainous cryosphere and their impacts on 35 hydrology. Our findings showed that under the medium (SSP2-4.5) and high emission scenario (SSP5-8.5), by the end of the 21st century, the glacier will completely melt out 36 37 around the years 2051 and 2045, respectively. The annual maximum snow water 38 equivalent is projected to decrease by 41.4% and 46.0%, while the duration of snow 39 cover will be reduced by approximately 45 and 70 days. The freeze onset of seasonally 40 frozen soil is expected to be delayed by 10 and 22 days, while the thaw onset of 41 permafrost is likely to advance by 19 and 32 days. Moreover, the maximum freeze depth 42 of seasonally frozen soil is projected to decrease by 5.2 and 10.9 cm per decade, and 43 the depth of the active layer will increase by 8.2 and 15.5 cm per decade. Regarding 44 hydrology, catchment total runoff exhibits a decreasing trend and the tipping point of 45 glacier runoff occur approximately between 2019 and 2021. Permafrost degradation 46 will likely reduce the duration of low runoff in the early thawing season, the 47 discontinuous baseflow recession gradually transitions into linear recessions and the 48 increase of baseflow. Our results highlight the significant changes expected in the

49 mountainous cryosphere and hydrology in the future. These findings enhance our 50 understanding of cold-region hydrological processes and have the potential to assist 51 local and downstream water resource management in addressing the challenges posed 52 by climate change.

53 Keywords: Glacier, Snow cover, Seasonally frozen soil, Permafrost, Runoff, Model
54 prediction

55 1. Introduction

56 "How will cold region runoff and groundwater change in a warmer climate?" was 57 identified by the International Association of Hydrological Sciences (IAHS) as one of 58 the 23 unsolved scientific problems (Blöschl et al., 2019). The mountain cryosphere, 59 which includes glaciers, snow cover, and frozen soil in high-altitude regions, has a 60 significant impact on water resources (Adler et al., 2019; Arendt et al., 2020; Rasul et 61 al., 2020; Zhang et al., 2022). The mountain cryosphere is considered a crucial "water 62 tower" and a climate change indicator due to its sensitivity to climate change (Tang et al., 2023). However, the cryosphere is rapidly retreating in many parts of the world, 63 64 including glacier retreat, expansion of glacier lakes, northward movement of the 65 permafrost southern limit, and shrinking snow cover area (Moreno et al., 2022; S. Wang et al., 2022; Ding et al., 2019; Wang et al., 2023). These changes have disrupted the 66 67 water tower region and pose significant challenges to sustainable water resources 68 management (Ragettli et al., 2016; Yao et al., 2022).

The degradation of the mountain cryosphere varies from region to region (Andrianaki et al., 2019; Wang et al., 2019). Lower altitudes experience a decreasing trend in snow cover days, snow depth, snow water equivalent, and snowmelt due to climate warming, while higher altitudes present a more complex picture (Connon et al.,

73 2021; Nury et al., 2022; Yang et al., 2022). Global continental glacier mass balance from 2006 to 2015 was approximately -123±24 GT yr⁻¹, with significant losses 74 observed in the Southern Andes, Caucasus Mountains, and Central Europe, while the 75 76 Karakoram and Pamir regions exhibited lesser loss (Intergovernmental Panel on 77 Climate Change (IPCC), 2022; Van Der Geest and Van Den Berg, 2021). Future 78 projections suggest a 40% decrease in global permafrost by the end of the century, 79 potentially transitioning into seasonally frozen soil (Chadburn et al., 2017; Martin et al., 80 2023). The mountain cryosphere serves as a significant freshwater reservoir, impacting 81 water resources and the hydrological cycle (Ding et al., 2020).

In a warming climate, glacier runoff exhibits a "tipping point" characterized by an 82 83 initial increase followed by a subsequent decline (Rosier et al., 2021; Zhang et al., 2012). 84 While small glaciers have already experienced this tipping point, its occurrence in large 85 glaciers remains uncertain (Brovkin et al., 2021; Huss and Hock, 2018). Permafrost 86 degradation leads to an increase in active layer thickness, resulting in the melting of 87 subsurface ice and an augmentation of soil water storage capacity (Abdelhamed et al., 88 2022). Additionally, the degradation of the cryosphere significantly impacts the 89 atmosphere, biosphere, surface energy balance, ecological water use, and ecosystems 90 (Gilg et al., 2012; Miner et al., 2022; Pothula and Adams, 2022). Understanding the 91 complex interactions between cryosphere degradation and ecosystems is crucial, but 92 quantitatively observing the degradation process in high-altitude regions is challenging. 93 Hydrological models provide an effective approach to analyze degradation patterns and 94 assess the impact on future water resources (Han and Menzel, 2022).

Glacio-hydrology is influenced by both glacier melt and glacier dynamics. Glacier
 melting models can be categorized into three types: energy balance, temperature index,

97 and hybrid models (He et al., 2021; Gao et al., 2021; Negi et al., 2022; Zekollari et al., 98 2022). While energy balance models analyze glacier accumulation and melt processes 99 based on solid physical mechanisms, they require extensive forcing data that may not 100 be readily available in mountainous regions (Huss et al., 2010). In contrast, temperature 101 index models are simpler and more effective, requiring fewer parameters (including 102 degree-day factor and threshold temperature) and forcing data (temperature and 103 precipitation) (Bolibar et al., 2022; Vincent and Thibert, 2023). These models perform 104 well at both daily and monthly scales. Glaciers move slowly due to the combined effects 105 of gravity and high viscosity of ice. Due to climate change, ice becomes thinner, and 106 glacier loses its mass balance, which will cause the glacier morphology to evolve to a 107 new balance status. Glacier dynamic models, with full-Stokes approach as the most 108 complete form, and many other simplifications, such as the shallow-ice approximation, 109 and the shallow-shelf approximation, are still computationally expensive, hindering 110 their implications in large scale studies. Three conceptual models are commonly used 111 for glacier evolution: volume-area scaling (V-A) method, accumulation area ratio (AAR) 112 method, and Δ h-parameterization (Michel et al., 2022; Wiersma et al., 2022). The first 113 two approaches do not consider the detailed changes in different elevation bands, while 114 the Δ h-parameterization approaches only require glacier mass balance as forcing data 115 to analyze changes in ice thickness at different elevation bands based on the relationship 116 between glacier mass balance and glacier area (Huss et al., 2010). The temperature 117 index method coupled with the Δ h-parameterization approach serves as an effective 118 module to simulate glacier evolution and its impacts on hydrology.

Permafrost hydrology models can be classified into one-dimensional models and
distributed watershed models (Elshamy et al., 2020). One-dimensional hydrological

121 models, such as the Stefan equation, the temperature at the top of permafrost (TTOP) 122 model, CoupModel, and SHAW model, are effective in simulating freeze depth, 123 hydrothermal transport, and carbon or nitrogen transport, but they are unable to capture 124 the broader impact of permafrost on hydrology at catchment scale (Kaplan Pastíriková 125 et al., 2023; Li et al., 2022; Liu et al., 2023). On the other hand, distributed watershed 126 models, such as the Cold Regions Hydrological Model (CRHM), Hydrogeosphere 127 (HGS), and Distributed water-heat coupled model (DWHC), consider the spatial variability of permafrost properties and simulate the interactions between permafrost, 128 129 surface water, and groundwater (Chen et al., 2008; He et al., 2023; Pomeroy et al., 2022). These models operate on a small-scale basis and require extensive prior 130 131 knowledge, following a "bottom-up" approach that relies on small-scale field 132 observations and situational models to comprehend the effects of permafrost on 133 hydrology (Peng et al., 2016). However, the freeze-thaw cycle is influenced by multiple 134 interconnected factors, including climate, topography, slope orientation, snowpack, and vegetation (Chang et al., 2022). The process of upscaling would lead to the neglect of 135 136 some variables and the amplification of others (Fenicia and McDonnell, 2022). In 137 contrast, the FLEX-Cryo model is based on the FLEX-Topo-FS model, which employs 138 a "top-down" modeling procedure that involves observed data analysis, qualitative 139 perceptual modeling, quantitative conceptual modeling, and the testing of model 140 realism. This model exhibits the ability to accurately and expeditiously identify key 141 elements in permafrost hydrological processes and then simulate hydrology at the 142 catchment scale (Beven., 2012; Gao et al., 2022).

143 The aim of this study is to integrate the FLEX-Topo-FS model and a glacier 144 evolution model (Δ h-parameterization) to develop a landscape-based model of the

mountain cryosphere, referred to as FLEX-Cryo. This model will be utilized to simulate
changes in various components of the mountain cryosphere and evaluate their impacts
on hydrological processes, thereby enhancing our understanding of the hydrological
cycle. The model will be driven by eight bias-corrected Global Climate Models (GCMs)
under SSP2-4.5 and SSP5-8.5 scenarios obtained from the Coupled Model
Intercomparison Project Phase 6 (CMIP6), which will be used to predict future changes
in glaciers, snow, and frozen soil, as well as their effects on hydrology.

152 **2.Study area and data**

153 **2.1 Study area**

The Hulu catchment is located in the upper reaches of Heihe River basin $(38^{\circ} 12')$ 154 N-38° 17′ N, 99° 50′ E-99° 53′ E) and about 23.1 km². The elevation ranges 155 156 from 2960-4820m. The Hulu catchment belongs to continental monsoon climate. 157 Rainfall is the major phase of precipitation, and there is also snowfall in the winter. 158 Four landscapes are identified, i.e. glacier (5.6%), alpine desert (53.5%), vegetation hillslope (37.5%), and riparian zone (3.4%; Fig.1 (c)). The landscape pattern in Hulu 159 160 catchment has typical altitude zonality. The vegetation and riparian are almost 161 distributed in the lower elevation bands. Alpine desert, and glacier are in the high 162 elevation bands. There is almost no human activity in the catchment (Liu and Chen, 163 2016; Li et al., 2014). There are two major glaciers, i.e. Glacier1 and Glacier2 (Fig.1 164 (b) and Fig.2) in the catchment. And the Galcier1 was also named as the Shiyi Glacier 165 in the glacier catalogue of China. Seasonally frozen soil and permafrost both exist in 166 the catchment. The lower limit of permafrost is around in 3650-3700 m. Permafrost 167 region account for 64% of the total catchment and the others are seasonally frozen soil. 168 The soil generally starts to freeze in the October (Gao et al., 2019). Thus October 1 was

169 set as the start of hydrological year, so forth. All the interannual variations in this study

170 were based on the hydrology year.

171



Figure 1. (a) The distribution of permafrost and seasonally frozen soil on the
upper Heihe River basin, and the location of Hulu catchment. (b) The digital elevation
model and the thickness of the two major glaciers. (c) Spatial distribution of four
landscapes (glacier, alpine desert, vegetation hillslope, and riparian zone)



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Figure 2. Landscape classification at different elevation bands

179 2.2 Data

Temperature and precipitation are observed at 2920 m, near the outlet of the catchment, from 2011 to 2014. Farinotti et al. (2019) used five models which used the ice flow dynamics to invert ice thickness from surface features to estimate the ice thickness distribution of about 21500 glaciers outside the Greenland and Antarctic ice sheets. We used the estimated data for the initial thickness distribution of Glacier1 and Glacier2 (data downloaded from https://doi.org/10.3929/ethz-b-000315707).

186 The Couple Model Intercomparison Project phase 6 (CMIP6) is widely used to 187 predict future climate. Eight general circulation models (GCMs) (Table 1) under two 188 climate scenarios (SSP2-4.5 and SSP5-8.5) are used for predicting future climate. The 189 selected models have been well validated at the nearby catchments (Xing et al., 2023; 190 Yin et al., 2021; Ma et al., 2022; Zhu and Yang, 2020; Chen et al., 2022). SSP2-4.5 191 scenario represents medium part of the future pathways, which is usually a referenced experiment comparing others CMIP6-Endorsed MIPs and it produces a radiative 192 forcing of 4.5 W m⁻² in 2100. SSP5-8.5 scenario represents the high emission scenario 193 and it produce a radiative forcing of 8.5 W m^{-2} in 2100. 194

195 Although the reliability of GCMs has been verified in the previous studies, there 196 is certain bias in the output that needs to be corrected. Firstly, outputs from eight GCMs under two climate scenarios are interpolated to $0.5^{\circ} \times 0.5^{\circ}$, then the bias corrects are 197 (download 198 carried CMhyd software out by from 199 https://swat.tamu.edu/software/cmhyd/) in which four methods were used including: 200 distribution mapping of precipitation and temperature, linear scaling of precipitation and temperature, variance scaling of temperature and local intensity scaling (LOCI) of 201 202 precipitation (Teutschbein and Seibert, 2012). The bias-corrected precipitation and 203 temperature were calculated by using the equal weighted average method to obtain the 204 multi-model ensemble average values under the SSP2-4.5 and SSP5-8.5 scenarios, which reduce the uncertainty caused by a single bias correction method and a single 205 206 GCM, the method is described as follow:

207
$$P_{\text{ave}} = \frac{1}{N_{GCM}} \left(\sum_{j=1}^{N_{GCM}} \left(\frac{1}{N_{bias}} \left(\sum_{i=1}^{N_{bias}} (P_i) \right) \right) \right)$$
(1)

Where the P_{ave} is the average value of the multi-model and multi -method, P_i is the projected climate data of an GCM, N_{bias} is the number of correction methods (N_{bias} is 3 in this research) and N_{GCM} is the number of GCM (N_{GCM} is 8 in this research).

	GCM	Institutions	Grid	Lon. × Lat.
	ACCESS-CM2	Australian Community Climate	192×144	1 875°×1 250°
		and Earth System Simulator	1920111	1.075 1.250
A	ACCESS-ESM1-5	Australian Community Climate	192×144	1.875°×1.250°
	-	and Earth System Simulator		
	BCC-ECM1	Beijing climate center	320×160	1.125°×1.125°
	CMCC-CM2-SR5	Fondazione Centro Euro-	288×192	1.25°×0.938°

Table 1. Details of data from eight GCMs used in this study

	Mediterraneo sui Cambiamenti		
	Climatici		
	Fondazione Centro Euro-		
CMCC-ESM2	Mediterraneo sui Cambiamenti 288		1.25°×0.938°
	Climatici,		
GEDI CM4	National Oceanic and Atmospheric	144×00	2.5°×2°
GFDL-CIVI4	Administration	144×90	
	Max Planck Institute for	102×06	1.875°×1.875°
WIFI-ESWII-2-EK	Meteorology	192×90	
NESM2	Nanjing University of Information	102~06	1 0750×1 0750
INESIM5	Science and Technology	192^90	1.0/3 ~1.0/3

212 **3.Methodology**

213 **3.1 FLEX-Cryo model**

The FLEX-Cryo model is a landscape-based cryospheric hydrological model that considers multiple elements of cryosphere and their impacts on hydrology, including glacier, snow and frozen soil. Figure 3 shows the structure of the FLEX-Cryo model. The model parameters used in this research were obtained the optimal parameter set from a previous study conducted in the same catchment (Gao et al., 2022). The selected parameters are listed in Table 2 and the other variables in calculating (Fig. 3) are listed in Table 4.

Table 2. Model parameters and their values in this study

Doromotor	Nama	Parameter
Falameter	Ivanie	value
$F_{dd} (mm^{\circ}C^{-1}d^{-1})$	Snow degree day factor	3.10
C _g (-)	Glacier degree factor multiplier	2.27
Sumax_V (mm)	Root zone storage in vegetation hillslope	100.32
$S_{umax_D} (mm)$	Root zone storage in alpine desert	20.63
S_{umax_R} (mm)	Root zone storage in riparian wetland	20.26
β(-)	The shape of storage capacity curve	0.11

C(-)	Soil moisture threshold for reduction of	0.50	
Ce (-)	evaporation		
D (-)	Splitter to fast and slow response reservoirs	0.20	
T_{lagf} (days)	Lag time from rainfall to peak flow	2.00	
K_{f} (days)	Fast recession coefficient	1.65	
K _s (days)	Slow recession coefficient	79.09	
k (W (m K) ⁻¹)	Thermal conductivity	2.00	
	Water content as a decimal fraction of the dry	0.12	
ω (-)	soil weight	0.12	
$\rho(kg/m^3)$	Bulk density of the soil	1000	
Pcalt (%/100m)	Precipitation increasing rate	4.20	
Tcalt (°C/100m)	Temperature lapse rate	0.68	

222 3.1.1 Glacier and snow melting

223 The threshold temperature (T_t) determines the phase of precipitation, i.e. snowfall 224 or rainfall. Snow reservoir (S_w) accounts for the snow accumulating, melting (M_w) and 225 water balance(Eq. 9). The number of days when S_w is non-zero represent the snow cover 226 days and the maximum S_w is the maximum snow water equivalent of a year (Giovando, 227 J. and Niemann, J. D., 2022). Both Glacier and snow melt were calculated by the 228 temperature index method, which is on basis of the degree-day factor (F_{dd}) . If there is 229 no s'ow cover, the glacier starts to melt. Due to the lower albedo, the degree-day factor of ice is greater than that of snow cover, and is multiplied by a coefficient C_g to calculate 230 231 glacier melt (Eq. 14).

232 **3.1.2 Rainfall-runoff module**

The rainfall and snow melt enter the root zone reservoir S_u , then runoff (R_U) 233 generates based on the input water and the relative root zone soil moisture (S_u/S_{umax}) 234

235

and the shape of root zone storage capacity distribution determined by parameter β (Eq.

236 16). Actual evaporation E_a is also estimated based on the soil moisture S_u/S_{umax} and the 12

potential evaporation by Hamon equation (Hamon, 1961). The generated runoff (R_U) is separated, by parameter *D*, into two linear reservoirs, i.e. the fast response reservoir (*S_f*) and slow response reservoir (*S_s*) (Eq. 18 and 19). The two reservoirs are respectively controlled by fast recession parameter *K_f* and slow recession parameter *K_s* to simulate the subsurface storm flow *Q_f* and groundwater runoff *Q_s* (Eq. 7,8).

Different landscapes, for example, alpine desert, vegetation hillslope and riparian zone, have different sizes of root zone storage capacity (S_{umax}) (Aubry-Wake et al., 2023). In the vegetation hillslope, plants have well-developed root systems and the root zone has a larger storage capacity. Therefore, the S_{umax_V} was set to a larger value. For the alpine desert and riparian zone, the S_{umax_D} and S_{umax_R} were both limited due to the less developed root system and storage capacity.

248 **3.2 Frozen soil module**

The Stefan equation was employed to estimate freeze (thaw) depth. This equation is calculated by the freeze (thaw) index (F), which neglects the sensible heat. The equation is as follows:

252
$$\varepsilon = \left(\frac{2 \cdot 86400 \cdot k \cdot F}{L \cdot \omega \cdot \rho}\right)^{0.5} \quad (2)$$

where, the ε is the freeze / thaw depth (m), *k* is the thermal conductivity (2 W (m K)⁻¹), *F* is the freeze/ thaw index(°C), Q_L is the volumetric latent heat of soil (J m⁻³), *L* is the latent heat of the fusion of ice (3.35×10^5 J kg⁻¹), ω is the water content as a decimal fraction of the dry soil weight (0.12), and ρ is the bulk density of the soil (1000 kg m⁻³).

Since the Stefan equation requires ground surface temperature, which is difficult
 to measure and often lacks data. During freezing, the air temperature was translated into
 ground temperature by multiplier 0.6 and the ground temperature was the same as the

air temperature during thawing (Gisnås et al., 2016). In this research, the freeze-thaw
process was simulated at each Hydrologic Response Unit (RHU) by the Stefan equation
driven by distributed air temperature. The lower limit of permafrost was also estimated
by the distributed soil freeze index and thaw index where the freeze index is equal to
the thaw index in the mountain region.

266 In the freezing and frozen season, there is no runoff generated due to precipitation 267 in the form of snowfall and the soil being frozen. During this period, runoff only comes 268 from the groundwater of the supra-permafrost and no runoff (R_U) is generated from root 269 zone reservoir to the fast response reservoir (S_t) and slow response reservoir (S_s) . 270 Therefore, we set the R_U is zero in this season. In the freezing season, when the freezing 271 depth is less than 3 m, the groundwater discharge in the supra-permafrost is still 272 connected, which can be simulated with a linear groundwater reservoir (S_s) and the slow 273 recession coefficient (K_s). When the freezing depth is greater than 3 m at a Hydrologic 274 Response Unit, the groundwater is frozen and there is little runoff generated from the 275 groundwater discharge at the Hydrologic Response Unit. So, in the FLEX-Cryo model, 276 the groundwater reservoir (S_s) was reduced to 10% of its storage to represent the 277 groundwater being frozen (Eq. 3,4). The other 90% of the storage water was frozen in 278 the groundwater system (Eq. 4). In the model, the soil begins to freeze from high 279 elevation to the lower elevation, which affects the groundwater. The groundwater 280 reservoir freezes along the elevation, stopping the function of a series of cascade 281 groundwater buckets, which is the key reason for discontinue recession.

In the thawing season, the freeze statue at the lowest elevation controls the hydraulic connectivity between groundwater system and soil. If the freeze depth is larger than thaw depth calculated by the Stefan equation, the soil is still frozen and the connectivity between groundwater system and soil is still closed. There is no runoff generated (Ru) but the root soil moisture (Su) accumulates and evaporation is the only outflow from the root zone. Once the thaw depth is larger than the freeze depth, the frozen groundwater reservoir is released to the groundwater discharge (Eq. 4). Complete thawing at the lowest elevation represents the end of the thawing season and the start of completely thawed season. In the completely thawed season, the groundwater and soil are connected and not affected by the frozen soil.

$$\frac{dS_s}{dt} = R_s - Q_s - F_s \quad (3)$$

293
$$F_{s} = \begin{cases} 0.9 \cdot S_{s} & freeze \ depth \ (\varepsilon) \ge 3 \ m \\ -0.9 \cdot S_{s} & once \ thaw \ depth \ reach \ to \ yearly \ max \ (4) \\ or \ thaw \ depth \ \ge \ thaw \ depth \end{cases}$$

3.3 Δh-parameterization

The Δ h-parameterization is a mass conservation method to assess the change of ice-covered, glacier length and glacier thickness in response to global warming. The glacier mass balance (GMB) calculated by FLEX-Cryo was redistributed to glacier elevation bands. It is an observed truth that the lower elevation bands loss more ice than higher elevation bands. The lost ice volume, calculated by a mass balance model, is converted into a distributed ice thickness change according to the Δ h-parameterization. (Gao et al., 2021; Huss et al., 2010).

The Δ h-parameterization method was employed, which relies on empirical curves that are dependent on the size of the glacier. The study categorized glaciers into three size classes: large valley glacier (area > 20 km²), medium valley glaciers (5 km² < area $< 20 \text{ km}^2$), and small glaciers (area < 5 km²). Both Glacier1 and Glacier2 had areas less than 5 km², and categorized as small glaciers. The small glacier equation in this study is as follows:

308
$$\Delta h = (h_r - 0.30)^2 + 0.60(h_r - 0.30) + 0.09 \quad (5)$$

Where, Δh is normalized surface elevation change and h_r is the normalized elevation range. Based on this equation, the glacier elevation and surface area were evolved every 5 years to avoid the circumstance of glacier advancing. The corresponding glacier melting HRU was transformed into alpine desert (Wei et al., 2023).

314

Landscape	Runoff equation	Water balance equation	Structural equation
Glacier	$Q_g = \frac{S_g}{K_{f,g}} $ (6)	$\frac{dS_g}{dt} = P_l + M_g - Q_g (9)$	$M_g = \begin{cases} F_{dd} \cdot T \cdot C_g & S_w \text{ and } T > 0\\ 0 & S_w \text{ and } T > 0 \end{cases} (14)$
			$M_w = \begin{cases} F_{dd} \cdot T & T > 0\\ 0 & T > 0 \end{cases} (15)$
Alpine			
desert		$\frac{dS_w}{dt} = P - M_W (10)$	$R_u = (P_l + M_w) \cdot \left(1 - \left(1 - \frac{S_u}{S_{umax}}\right)^r\right) $ (16)
Hillslope	$Q_f = \frac{S_f}{K_f}(7)$	$\frac{dS_u}{dt} = P_l + M_W - E_a - R_u (10)$	$E_{a} = E_{p} \cdot \left(\frac{S_{u}}{C_{e} \cdot S_{umax}}\right) (17)$ $R_{f} = R_{u} \cdot D (18)$
	$O_{s} = \frac{S_{s}}{S}(8)$	$\frac{dS_f}{dt} = R_f - Q_f (12)$	$R_s = R_u \cdot (1 - D) (19)$
Riparian		dSs	$R_{fl}(t) = \sum_{i=1}^{T_{lagf}} cf(i) \cdot R_f(t-i+1) $ (20)
area		$\frac{ds}{dt} = R_s - Q_s (13)$	T _{lagf}
			$cf(i) = i / \sum_{u=1}^{n} u(21)$

315 Table 3. The FLEX-Cryo model equations

316 **3.4 Spatial discretization of the catchment**

The catchment area was divided into 37 elevation bands ranging from 2960 m to 4820 m, with an interval of 50 m. These elevation bands were classified based on four landscapes: glacier, alpine desert, vegetation hillslope, and riparian zone (Fig. 2 and Fig. 3). As a result, there were a total of 148 Hydrologic Response Units (HRUs) in the catchment. The landscape of alpine desert was the most widespread, covering an elevation range of 3425 m to 4727 m. The glacier was found in higher altitude areas, specifically between the elevation bands of 3725 m and 4727 m.



324



326 paraments and the abbreviations in black indicate storage components and fluxes.

327 Table 4. The variables in Table 3 and Figure 3 and their meaning

Variables	Meaning
P (mm/day)	precipitation
T_t (°C)	Threshold temperature
P _s (mm/day)	Solid precipitation

P1 (mm/day)	Liquid precipitation
S_{wl} (mm)	Liquid water inside the snow pack.
$S_{w}(mm)$	Solid snow pack
$T (^{\circ}C)$	The threshold temperature for
$I_{tM}(C)$	snow and glaciers melting
P _e (mm)	Generated runoff to soil/ice surface
E _a (mm)	Actual evaporation
$\mathbf{D}_{(mm)}$	water that exceeds the storage
\mathbf{K}_{u} (IIIIII)	capacity
$S_{f}(mm)$	Fast flow reservoir
S _s (mm)	Slow flow reservoir
$S_{f,g}$ (mm)	Glacier linear reservoir
$Q_{f}\left(mm/day ight)$	Subsurface storm flow
Q _s (mm/day)	Groundwater runoff
$Q_{g}\left(mm/day ight)$	Runoff in glacier region
$Q_m (mm/day)$	All runoff

328 **3.5 Model evaluation metrics**

The Kling–Gupta efficiency (KGE), Nash–Sutcliffe efficiency (NSE), coefficient of correlation (R) and root mean square error (RMSE) were used to comprehensively assess the model performance and the reliability for the model. All The KGE, NSE, R and RMSE are all less than 1. For KGE, NSE and R, values closer to 1 indicate better performance. A lower RMSE value indicates less error and better model performance. These metrics can be calculated as follows:

335
$$KGE = 1 - \sqrt{(r-1)^2 + (\alpha - 1)^2 + (\beta - 1)^2} \quad (22)$$

336
$$NSE = 1 - \frac{\sum_{t=1}^{n} (Q_0 - Q_m)^2}{\sum_{t=1}^{n} (Q_0 - \overline{Q_0})^2} \quad (23)$$

337
$$RMSE = \sqrt{\frac{1}{N}\sum_{i=1}^{n}(Q_0 - Q_m)^2} \quad (24)$$

338
$$R = \frac{\sum_{t=1}^{n} (Q_0 - \overline{Q_0})(Q_m - \overline{Q_m})}{\sqrt{\sum_{t=1}^{n} (Q_0 - \overline{Q_0})^2} \sqrt{\sum_{t=1}^{n} (Q_m - \overline{Q_m})^2}}$$
(25)

339 where, *r* is linear correction coefficient between simulation and observation, α is 340 the ratio of the stand deviation of simulated variables and observed variables, β is the 341 ratio of the average value of simulated and observed variables, Q_0 is the observation 342 runoff, $\overline{Q_0}$ is the average observed runoff and Q_m is the simulation runoff.

4. Results

344 **4.1 Performance of bias correction and runoff depth simulation**

345 **4.1.1 Bias correction performance**

The accuracy of climate projection varied with the multiple bias correction method (Fig. 4). The distance between the observation and the projection is inversely proportional to the accuracy. Before the bias correction, the distance is relatively far especially for precipitation indicating that there is a large error between observatiosn and GCMs projection. After the bias correction, the distance diminishes, indicating that the bias correction improves the accuracy, particularly for precipitation.



Figure 4. Taylor diagram of monthly temperature and precipitation simulation. The hollow points are the uncorrected projection, the solid point are the corrected projection and the solid red circle is the reference values (observation).

356 **4.1.2 Performance of runoff simulation**

We assessed the performance of the FLEX-Cryo model for runoff simulation based on historical observations. Throughout the entire assessment period, the KGE is 0.83, NSE is 0.73, R is 0.74, and RMSE is 0.77 mm/day. These results indicate that the model can reproduce hydrographs effectively. The good model performance demonstrates the robustness of the FLEX-Cryo model, ensuring accurate estimation of future hydrological changes (Fig. 5).



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Figure.5 Simulation results of the FLEX-Cryo model and the comparisons withobservation from 2011 to 2014.

366 4

4.2 Future climate change

367 Figure 6 shows the prediction of future climate in 2015-2100 under the SSP2-4.5 and SSP5-8.5 based on the average values of eight climate models (adjusted for bias). 368 369 According to the SSP2-4.5, the temperature will increase by 2.07°C relatively steadily 370 by 2100. Under the SSP5-8.5, temperatures are projected to continue to rise by 5.04°C 371 over the course of the century. Precipitation changes are more variable than temperature, especially after the eighties of the 21st century under the SSP5-8.5. Overall, the 372 373 precipitation under the SSP2-4.5 increased by 14.25 %, and the precipitation increased by 33.50 % under the SSP5-8.5. Before the 2080s, the increase in precipitation was 374 almost the same under different scenarios, about 8.9 mm 10 years⁻¹ and 8.5 mm 10 375 years⁻¹, respectively. Although there are some uncertainties associated with temperature 376

and precipitation, the increasing trend of temperature and precipitation are stilldistinguished, especially for the SSP5-8.5.



Figure 6. (a) the annual average temperature and (b) annual precipitation mean of bias adjusted multi-Global Climate Model from 2015-2100. The blue and red areas indicate the uncertainty caused by 8 climate change models of SSP2-4.5 and SSP 5-8.5 scenarios.

386 **4.3 The change of cryosphere in the future**

387 **4.3.1 Predicting glacier retreat**

388 Figure 7 shows changes in glacier thickness at the highest elevation band and 389 volume for the Glacier 1 and the Glacier 2 under two SSPs from years 2015-2100. 390 Starting from the 2020s, the glacier volume showed a rapid decline, and after the 2030s, 391 the glacier entered a phase of rapid thinning. Around 2040, the glacier degradation 392 reached a stabilization period, during which glaciers were only present in the highest 393 elevation band. According to the SSP2-4.5 scenario, Glacier1 and Glacier2 are 394 projected to completely melt and disappear by 2051 and 2046, respectively. Under the SSP5-8.5 scenario, the complete melt-out time is slightly earlier, occurring in 2045 and 395 396 2044 for Glacier1 and Glacier2, respectively. After the glaciers completely melt ablated 397 glacier area will transform into alpine desert.

398 Taking the glacier changes in 2025, 2035, and 2045 as examples, under the SSP2-399 4.5 scenario, the area of Glacier1 is projected to decrease to $5.49 \times 105 \text{ m}^2$, $1.52 \times 105 \text{ m}^2$, and $0.26 \times 105 \text{ m}^2$, with corresponding volume reductions to $5.27 \times 10^6 \text{ m}^3$, $1.03 \times 10^6 \text{ m}^3$, 400 and 0.26×10^6 m³, respectively (Fig. 9). Comparatively, the retreat trend is more 401 402 pronounced under the SSP5-8.5 scenario. The area of Glacier1 is projected to be 4.00×10⁵ m², 0.81×10⁵ m², and 0.26×10⁵ m², with volumes of 4.86×10⁶ m², 0.71×10⁶ 403 m^3 , and $0.03 \times 10^6 m^3$, respectively. The degradation of Glacier2 follows a similar 404 405 pattern to that of Glacier1, except that Glacier2 experiences less ice loss. According to the SSP5-8.5 scenario, Glacier2 is projected to completely melt by 2045. In 2025 and 406 2035, the area of Glacier2 is 1.67×105 m² and 0.51×105 m² for both scenarios, 407 408 respectively. These glaciers are only distributed within the elevation bands from 4625 m to 4727 m and from 4675 m to 4727 m. 409





413 Figure 7. The glacier thickness (a) and glacier volume (b) change from 2015 to414 2100 for the Glacier1 and Glacier 2

415 **4.3.2** Forecasting the degradation of frozen soil

416 The degradation of seasonally frozen soil and permafrost are projected by FLEX-Cryo model. Under SSP2-4.5, by the end of 21st century, the freeze onset of seasonally 417 418 frozen soil will be delayed by 10 days and the freeze-thaw cycle duration will shorten 419 approximately 1 month. The maximum freeze depth of seasonally frozen soil is 420 expected to decrease by 5.17 cm per decade. The thaw onset of permafrost will be 421 advanced by 19 days and the freeze-thaw cycle duration would increase nearly 50 days. 422 The active layer thickness will rise by approximately 8.24 cm per decade. Meanwhile, 423 the degradation trend of permafrost is more severe under the SSP5-8.5 scenario. Under 424 SSP2-4.5, the freeze onset of seasonally frozen soil will be shortened by 22 days and the freeze-thaw cycle duration will reduce by over 2 months. The thaw onset of 425 426 permafrost will occur approximately 1 month earlier, and the freeze-thaw cycle duration 427 of permafrost will increase by nearly 3 months. Compared with the SSP2-4.5, the 428 decreasing trend of the maximum freeze depth and the increasing trend of the active

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layer thickness are approximately twice as pronounced under the SSP5-8.5. By 2100
Seasonally frozen soil will begin to freeze around mid-November and late November,
while permafrost will start to thaw in mid-May and early June by the year 2100 under
two SSPs.

Under the SSP2-4.5 and SSP5-8.5, the lower limit of permafrost gradually expands 433 434 along the altitudinal gradient, with rates of 4.30 m per year and 8.75 m per year, respectively (Fig. 9). In the SSP2-4.5, the lower limit of permafrost is projected to reach 435 436 altitudes of 3685 m, 3795 m, 3835 m, 3865 m, 3985 m, and 4015 m in the years 2025, 437 2035, 2045, 2055, 2075, and 2095, respectively. The lower limit of permafrost in 2095 under the SSP2-4.5 scenario is comparable to the lower limit of permafrost (3965m) in 438 439 2055 under the SSP5-8.5 scenario. The lower limit is projected to increase to 4355 m 440 by 2095 under the SSP5-8.5 scenario.



Figure 8. Changes in seasonally frozen soil and permafrost from 2015-2100 under
SSP2-4.5 and SSP5-8.5 scenarios. (a, b) Freeze and thaw onset. (c, d) Freeze-Thaw
duration of frozen soil and permafrost. (e, f) The maximum freezing depth and active
layer thickness.



Figure 9. Changes of ice thickness and the lower limit of permafrost in 2025, 2035,
2045, 2055, 2075 and 2095 under SSP2-4.5 and SSP5-8.5.

449 **4.3.3 Snow change in the future**

The duration of snow cover is projected to decrease continuously in the future (Fig. 10). Under the SSP2-4.5, snow cover days are likely to be shortened by 45 days and snow water equivalent will decrease by 0.24 mm per year. Compared with SSP 2-4.5, snow cover has a more reduction under SSP5-8.5. Under SSP5-8.5, snow cover day is expected to be around 76 days and snow water equivalent will decrease by 0.35 mm per year.



Figure 10. Changes of snow water equivalent and snow cover day from 2015-2100 457 under SSP2-4.5 and SSP5-8.5. 458

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4.4 Projected future runoff

The runoff in the catchment were predicted by the FLEX-Cryo model under SSP2-460 4.5 and SSP5-8.5. The tipping point of the glacier melting has already occurred (around 461 462 2020). After the turning point, glacier runoff and runoff of the total basin decreases 463 dramatically until glacier completely melt. Then the runoff of the total basin will 464 moderate increase. After glacier completely melt, runoff of the total basin would decrease by 15.56% and 18.05% respectively. The runoff coefficient, which represents 465 the proportion of precipitation that becomes runoff, follows a similar pattern to the 466 467 glacier runoff changes. It initially increases until the turning point of glacier melting 468 occurs, then decreases, and eventually reaches a relatively stable state after the glaciers 469 completely melt (Fig. 11 (c)). Before the turning point, runoff coefficient is almost equal 470 or even greater than 1. The maximum values of the runoff coefficient occur in 2021 and 471 2019, coinciding with the tipping points of the glacier runoff. By the end of the 21st 472 century, the runoff coefficient is projected to be dramatically reduced to approximately 473 0.42. These results indicate that glacier play a key role in water resource supply.

474 Two hydrological phenomena observed in permafrost mountainous catchments,

475 namely the low runoff in the early thawing season (LRET) and discontinuous baseflow 476 recession (DBR) (Gao et al., 2022), are expected to persist in the future (Fig. 12). 477 Meanwhile, baseflow, which represents the sustained flow of water from groundwater, 478 shows an increasing trend. The duration of the early thawing season is projected to be 479 further reduced. The first recession coefficient remains unchanged, while the second 480 recession coefficient progressively increases. Under the SSP2-4.5 scenario, the second recession coefficient is equal to 74 days, which is consistent with the recession 481 482 coefficient in 2060 under the SSP5-8.5 scenario. This suggests that the permafrost area 483 undergoes less significant changes under SSP2-4.5 scenario than SSP2-8.5 scenario 484 according to Figure 9. The baseflow gradually increases, especially in the SSP5-8.5 485 scenario, as indicated by the runoff depth on a logarithmic scale (Fig. 12).







489 Figure 11. (a) The predicted runoff depth of the total basin. (b) Runoff in the glacier



491 and SSP5-8.5 scenarios.





- 495 2040, 2060, 2080 and 2100 under SSP2-4.5 (a, top) and SSP5-8.5 scenarios (b, bottom).
- **5.Discussion**

5.1 The effect of the mountain cryosphere degradation on runoff

498 Glaciers and snow are sensitive to climate change and cover play a crucial role in 499 water retention, with meltwater contributing significantly to downstream water 500 resources and the ecological environment (Stecher et al., 2023; Nan and Tian, 2024). 501 The turning point of glacier runoff represents a critical tipping point that signifies not 502 only the rapid thinning of glaciers but also the irreversible stage of water resources in 503 the basin (Brovkin et al., 2021). After the turning point the glacier thickness and glacier 504 volume rapidly decrease (Fig. 7). But the glacier thickness showed in this paper is the 505 change at the highest elevation band, which means the turning point would lag in this 506 band fort change of glacier thickness. In the Hulu catchment, the proportion of glacier 507 runoff reached 51% to 55% between 2019 and 2021, indicating that it is in the turning 508 point period (Fig. 11). Subsequently, the contribution of glacier runoff gradually 509 decreases until complete melting occurs. Temperature is the primary factor influencing 510 glacier runoff, while precipitation and temperature together determine the proportion 511 of glacier runoff in relation to total runoff. Although the highest contribution of glacier 512 runoff and the tipping point of glacier runoff may not align precisely, after the tipping 513 point, the capacity of glacier runoff to contribute to overall runoff continuously 514 diminishes. From 2015 to 2021, there has been a decreasing trend in precipitation, 515 leading to a corresponding decline in non-glacier runoff (Fig. 6 and Fig. 11). Thus, 516 while glacier runoff has increased, the total runoff has decreased. However, between 517 2032 and 2038, even though rainfall continues to decline, the contribution of glacier 518 runoff to overall runoff becomes negligible due to the limited volume of ice remaining (glacier volume $< 1 \times 10^6$ m³), resulting in minimal glacier melting runoff (Fig. 7 and 519 520 Fig. 11). On the other hand, once the glaciers have completely melted, the total runoff 521 in the Hulu catchment is reduced by 16% to 18%, and the runoff coefficient is halved

522 (Fig. 9 and Fig. 10). This highlights the critical role of glaciers as solid freshwater 523 reservoirs in regulating water sources and mitigating droughts (McCarthy et al., 2022). 524 The freeze-thaw cycle has a significant impact on runoff yield and hydrological 525 response routines in the Hulu catchment (Sun et al., 2022; Wang et al., 2020). 526 Precipitation in the Hulu catchment is primarily concentrated in the summer when soil 527 moisture is high and even close to saturation, making saturation excess flow the main mechanism for runoff generation (Li et al., 2016). During the freeze-thaw cycle, the 528 weak permeability of frozen soil affects both surface runoff and infiltration. Soil runoff 529 530 primarily occurs through underground in hillslope and surface water flow in riparian 531 area, resulting in a faster response to rainfall and snowmelt and contributing to a higher 532 runoff coefficient (Hu et al., 2022; Jones et al., 2023). However, it is important to note 533 that shallow frozen soil does not completely block the interaction between deeper soil 534 layers and the surface. Frost heave in the soil creates large pores, allowing snowmelt 535 water and precipitation to bypass the matrix layer and reach the deeper soils (Jiang et al., 2021; Zhang et al., 2023). This phenomenon is considered one of the significant 536 537 reasons for low runoff in the early thawing season (Mohammed et al., 2021). Low 538 runoff is observed between the frozen season and complete thawing season (Fig. 12). 539 The duration of freeze-thaw cycles in seasonally frozen soils is shortening, and freeze 540 onset is being delayed due to the warming climate, resulting in a decreasing duration of 541 low runoff. However, the temperature during the freezing season remains lower than 542 the initial frost heave temperature of the soil, and there is still a deficit of soil water in 543 the early thaw, indicating that the prevalence of low runoff will persist in the future 544 (Teng et al., 2022; Wen et al., 2024).

545 The freezing state has a significant impact on the recession process of baseflow, 34 546 and permafrost plays a crucial role in discontinuous baseflow (Cooper et al., 2023; J. 547 Wang et al., 2022). During the freezing season, baseflow follows a linear recession process ($K_s = 80$ days), with contributions from both permafrost and seasonally frozen 548 549 soil regions (Fig. 12). In the frozen season, the groundwater under the supra-permafrost 550 layer becomes inactive, and baseflow is solely derived from the seasonally frozen soil 551 regions, causing a discontinuous recession. With climate warming, the lower limit of 552 permafrost gradually moves upward along the elevation, resulting in the shrinking of 553 the permafrost region. This suggests that in the future, an increased proportion of 554 baseflow will originate from the expanding area of seasonally frozen soil, leading to a 555 gradual decrease in the influence of permafrost on baseflow. Consequently, the 556 discontinuous recession of baseflow will gradually transition into a linear recession. 557 Furthermore, an increase in the thickness of the active layer enhances the soil water 558 storage capacity, contributing to a gradual rise in baseflow (Yao et al., 2021).

559

5.2 Comparison with other studies

The cryosphere, including glaciers (ice sheets), seasonal snow cover, frozen soil, 560 561 and permafrost, plays a vital role in storing approximately 75% of the world's 562 freshwater resources (Qin et al., 2021). Although there are some differences in the the 563 driving data and models, the trends of the cryospheric elements and runoff changes are 564 still comparable and consistent. In this study, the small glaciers are projected to completely melt in the Mid-21st century, which is also reported in the other area 565 (Mukhopadhyay and Khan, 2015; Baraer et al., 2012; Schwank et al., 2014). The 566 567 projected maximum freeze depth of seasonally frozen soil calculated in this research is 568 5.2 cm per decade, similar to the 5.4 cm per decade predicted by Wang et al. (2018). Ni et al. (2021) showed that Qinghai-Tibet Plateau permafrost is at risk of disappearance 569

570 based on statistical and machine learning (ML) modeling approaches. This shift in 571 regions with permafrost impacts hydrological connectivity, fostering improved 572 hydrothermal conditions that enhance vegetation growth (Han and Menzel, 2022; Jin et 573 al., 2022). Few studies have focused on the change in the snow cover days and snow 574 water equivalent in the Heihe river basin in the future, but many researches have 575 indicated that the snow-free period increases and the snow water equivalent decreases 576 due to climatic warming in Tibet Plateau (Zhang and Ma, 2018). The reduction of the 577 snow cover period may result in an earlier peak in spring snowmelt floods, thereby 578 increasing the risk of flooding (Chai et al., 2022). Simultaneously, the decrease in snow 579 water equivalent may impact plant water supply, placing pressure on ecosystems (Guan 580 et al., 2022). Although cryospheric elements have a trend of degradation in different 581 regions, the impact on runoff may differ. However, on a longer time scale, the 582 degradation of the cryosphere will lead to a decrease in runoff (Xu et al., 2024). This 583 study confirmed that runoff from cryospheric melting is one of the main factors 584 controlling runoff, and degradation of the cryosphere may exacerbate the risk of future 585 droughts.

586 **5.3 Uncertainty and limitations**

587 Uncertainty in this study comes from the GCMs, the downscaling and bias 588 correction methods, and the structure and parameters of the FLEX-Cryo model. The 589 temperature and precipitation projections from different GCMs at the basin scale 590 introduce uncertainty. Moreover, four bias correction methods were used to correct the 591 GCMs based on the observation, which may ensure consistent relative trends but not 592 improve the accuracy of precipitation and temperature frequency distribution and 593 seasonal variations. This may cause some uncertainty in the simulation results (Jia et

594 al., 2023).

595 In this research, the time-variant albedo information and the aspect are worthwhile 596 to be taken into account for improving glacier melting simulations, which require further observation and quantitative studies (Arnold et al., 2006; Feng et al., 2024). The 597 598 change in elements is sensitive to energy. The snow cover and the effect of topographic 599 shading may also have an effect on the degradation and thus hydrologic response, which warrants further investigation (Zhang, 2005). On a long time scale, the degradation of 600 601 frozen soil and glacier may result in thaw lake generation and other landscapes changes, 602 which may effect on the runoff yield and baseflow recession (Serban et al., 2021).

603 6.Conclusions

604 In this study, we employed the FLEX-Cryo model and data from eight Global 605 Climate Models (GCMs) under the SSP2-4.5 and SSP5-8.5 scenarios to predict the 606 potential impacts of climate change on the mountain cryosphere and hydrology. Results 607 from the projected change of mountain cryosphere elements, glacier, snow and frozen 608 soil are expected to undergo degradation. The glacier will completely melt by the 609 middle of the 21st century. Snow cover day will decrease by 45 and 76 days, and snow 610 water equivalent will decrease by 0.24mm/yr and 0.35mm/yr. The thaw onset is expected to advance 19 days and 32 days. The active layer thickness will increase by 611 612 8.24cm/10yr.

The degradation of the mountain cryosphere has significant implications for water resources. The tipping point of glacier runoff is projected to occur in the 2020s. Once the glaciers have completely melted, the runoff is projected to decrease by approximately 16% and 18% under the SSP2-4.5 and SSP5-8.5 scenarios, respectively. Importantly, the duration of low runoff will shorten, baseflow will increase and the

618 discontinue recession of baseflow will gradually transform to a more linear pattern.

This study provides insights into the potential impacts of climate change on the mountain cryosphere and hydrology. The projected changes in glacier retreat, snow cover, and frozen soil dynamics highlight the urgent need for proactive water resource management strategies in the face of a changing climate. Further modelling research and monitoring efforts are necessary to refine these projections and guide effective adaptation measures to sustainably manage water resources in mountainous regions.

625

626 **Competing interests**

At least one of the (co-)authors is a member of the editorial board of Hydrology andEarth System Sciences.

629

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