

# Loss of nitrogen via anaerobic ammonium oxidation (anammox) in the California current system during the late Quaternary

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**Abstract.** The California current system (CCS) hosts one of the largest oxygen minimum zones (OMZs) in the world: the Eastern North Pacific (ENP) OMZ, which is dissociated into a subtropical and tropical region (i.e., the ESTNP and ETNP). In the modern ENP OMZ, bioavailable nitrogen (N) is lost via denitrification and anaerobic ammonium oxidation (anammox). Even so, paleo-reconstructions of N-loss have focused solely on denitrification. Fluctuations in bulk sedimentary  $\delta^{15}\text{N}$  over glacial-interglacial cycles have been interpreted to reflect variations in denitrification rates in response to ETNP OMZ intensity changes. This  $\delta^{15}\text{N}$  signal is thought to be transported northwards to the ESTNP OMZ. Here, we present the first CCS sedimentary record of ladderane lipids, biomarkers for anammox, located within the ESTNP OMZ (32°N; 118°W). Over the last two glacial terminations (~160 cal ka BP), ladderane concentrations were analysed in combination with the index of ladderanes with five cyclobutane moieties ( $\text{NL}_5$ ), short-chain (SC) ladderane degradation products, and productivity proxies. This shows that: 1) ladderanes derived from anammox bacteria living within the ESTNP OMZ water column; 2) ladderanes were continuously present, with relatively high concentrations during both glacial- and interglacial-periods, showcasing the ESTNP OMZ must have retained an anoxic core in which N-loss occurred; and 3) anammox abundance appears to have been driven both by OM-remineralization and advection changes, which regulated nutrient and oxygen levels. Our study shows that anammox was an important feature in the CCS and provides a more holistic picture of N-loss dynamics and the development of the ESTNP OMZ over glacial-interglacial cycles. Lastly, ladderanes and their SC-products were also detected in 160–500 cal ka BP sediments (15.7–37.5 mbsf; analysed at a low temporal resolution), highlighting their potential as anammox biomarkers in relatively deeper buried sediments for future studies.

## 1 Introduction

The California current system (CCS) is one of four major Eastern Boundary upwelling systems (EBUS). In EBUS, wind-driven offshore advection of surface waters causes deeper, cold, nutrient-rich waters to be upwelled into the photic zone, fuelling primary productivity (e.g., Bakun and Nelson, 1991). Consequently, the CCS is one of the world's most productive oceanic regions, with year-round upwelling, resulting in high primary production rates (Huyer, 1983; Dorman and Winanat, 1995). In the CCS, the respiration of sinking organic matter (OM), in combination with limited ventilation of the North Pacific intermediate waters (Reid and Mantyla, 1978; Sonnerup et al., 1999; Fine et al., 2001), results in the formation of the

31 Eastern North Pacific oxygen minimum zone (ENP OMZ). The ENP is divided into the Eastern tropical North Pacific  
32 (ETNP) and Eastern subtropical North Pacific (ESTNP) OMZs.

33 The suboxic/anoxic conditions of OMZs cause the marine nitrogen (N) cycle to shift towards two processes that  
34 result in the loss of bioavailable N through the production of dinitrogen gas (N<sub>2</sub>): 1) anaerobic ammonium oxidation  
35 (anammox) and 2) denitrification. Anammox is the oxidation of ammonium (NH<sub>4</sub><sup>+</sup>) to N<sub>2</sub> using NO<sub>2</sub><sup>-</sup> as the terminal electron  
36 acceptor (van de Graaf et al., 1997, 1995), and is performed in the marine water column by anammox bacteria of the genus  
37 '*Ca. Scalindua*' (Kuypers et al., 2003). Anammox bacteria are chemolithoautotrophs and use carbon dioxide (CO<sub>2</sub>) as their  
38 carbon source. Denitrification is the stepwise reduction of nitrate (NO<sub>3</sub><sup>-</sup>), to nitrite (NO<sub>2</sub><sup>-</sup>), to N<sub>2</sub> (Kuenen and Robertson,  
39 1987) and is performed by a wide range of organisms, most of which are heterotrophs. During denitrification, nitrous oxide  
40 (N<sub>2</sub>O) can be released as an intermediate product (Kuenen and Robertson, 1987), which has a global warming potential 265  
41 times that of CO<sub>2</sub> (Vallero, 2019).

42 While permanent OMZs contribute to only 8 % of the total oceanic area (Paulmier and Ruiz-Pino, 2009), they are  
43 responsible for 20–50 % of total global N loss (Gruber, 2004; Codispoti et al., 2001). Decreased N availability in OMZs may  
44 limit primary producers, and hence, the uptake of CO<sub>2</sub> into the organic matter (OM) pool. This may reduce the efficiency of  
45 the ocean's biological pump, which exports organic C from the euphotic zone to the sea floor. Thus, OMZs not only have a  
46 disproportionately large impact on the marine nitrogen cycle, but changes in N-loss dynamics may also feed back into the  
47 carbon cycle.

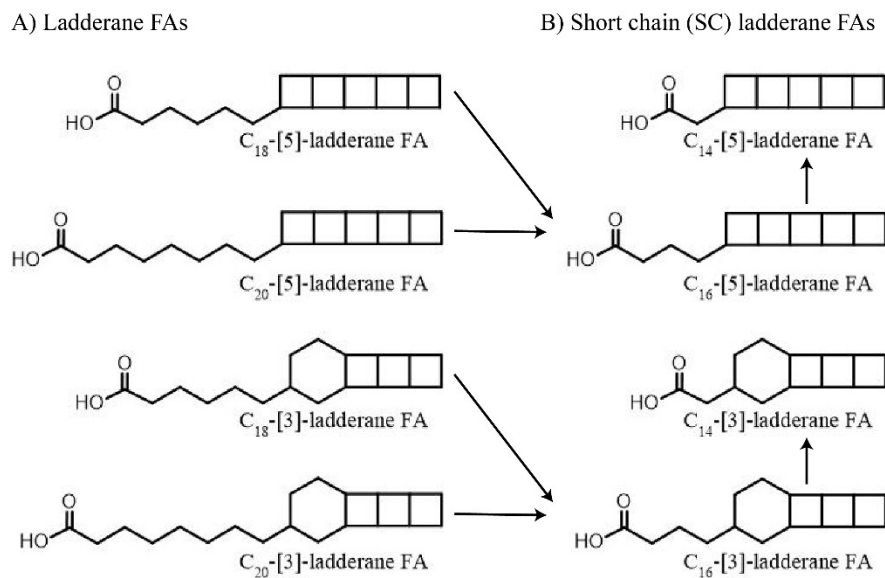
48 The ENP OMZ is expanding both vertically (shoaling towards the ocean's surface; Bograd et al., 2008) and  
49 horizontally (Zhou et al., 2022) with present-day climate change. This follows observed trends of overall deoxygenation of  
50 the North Pacific since the 1960's (Whitney et al., 2007; Stramma et al., 2010; Pierce et al., 2012; Smith et al., 2022), linked  
51 to anthropogenically-induced ocean warming as a response to increased greenhouse gas emissions (Laffoley and Baxter,  
52 2019). As a result of the decreasing dissolved oxygen (DO) concentrations, denitrification has been shown to increase in the  
53 North Pacific over the last decades (Peters et al., 2018; White et al., 2019). Vertical expansion and intensification of the ENP  
54 OMZ have also occurred in the absence of anthropogenic influences in the past, as recorded by redox-sensitive trace metals  
55 in the sedimentary archive (Wang et al., 2020). This is thought to be caused by changes in DO concentrations during glacial-  
56 interglacial transitions (terminations). Model simulations indicate that during glacials, cooling of the polar regions led to a  
57 more restrained and intensified Hadley cell (Nicholson and Flohn, 1981). This is thought to have caused southward transport  
58 of high-oxygen, nutrient-rich North Pacific Intermediate Water (NPIW; Herguera et al., 2010) and limited northward  
59 advection of the warm, oxygen-poor California undercurrent (CU), resulting in a more oxygenated OMZ. During  
60 interglacials, the oxygen deficiency in the OMZ is thought to have increased due to enhanced advection of the warm,  
61 oxygen-depleted waters of the CU originating from the tropics ((Lembke-Jene et al., 2018; Hendy and Kennett, 2003), water

62 column stratification (Wang et al., 2020), and enhanced upwelling of nutrient-rich waters (Choumilin et al., 2019). These  
63 previous glacial-interglacial transitions may be considered as analogues for the effect of future climate change on the N-  
64 cycle.

65 In the CCS, enriched isotope ratio values of bulk sedimentary nitrogen ( $\delta^{15}\text{N}$ ) during interglacial periods have been  
66 interpreted to reflect increased denitrification in response to OMZ intensification (e.g., Kienast et al., 2002; Kemp et al.,  
67 2003; Liu et al., 2005). Sedimentary  $\delta^{15}\text{N}$  values are governed by the isotopic fractionation ( $\epsilon$ ) induced by biological  
68 transformations and can be used to infer past N-cycling. For water column denitrification, the production of  $\text{N}_2$  induces an  
69 isotope fractionation effect of +20 to +30 ‰ on the residual nitrogen (Ryabenko, 2013; Sigman and Fripiat, 2019).  
70 Enrichment cultures of anammox bacteria have, however, shown that they induce a similar isotope fractionation effect  
71 (Brunner et al., 2013), with that of *Ca. Scalindua* spp. being +16 to +30 ‰ (Kobayashi et al., 2019). Although anammox  
72 occurs in the modern North Pacific oxygen deficient waters (Rush et al., 2012a; Peng et al., 2015; Sollai et al., 2015;  
73 Hamasaki et al., 2018), and anammox is reported to be the dominant N-loss process in the Eastern Tropical South Pacific  
74 (ESTP; Galán et al., 2009; Thamdrup et al., 2006; Hamersley et al., 2007), to the best of our knowledge, there are no  
75 reconstructions on the occurrence of anammox in the sediment archive of the CCS. Moreover, a long-standing conundrum is  
76 the discrepancy between the timing of enriched  $\delta^{15}\text{N}$  values, and enhanced marine productivity, especially north of the ETNP  
77 (Kienast et al., 2002), suggesting a decoupling between remineralization rates and N-loss (Ganeshram et al., 2000).

78 While sedimentary  $\delta^{15}\text{N}$  values are shaped by the sum of N-cycling processes, lipid biomarkers provide more  
79 detailed information (see Rush and Sinninghe Damsté, 2017 for a review). Anammox bacteria biosynthesise  $\text{C}_{18}$  and  $\text{C}_{20}$   
80 ladderane fatty acids (FAs) (Fig. 1). These unique lipids contain three or five linearly concatenated cyclobutane rings ([3]-  
81 ladderane and [5]-ladderane, respectively; Sinninghe Damsté et al., 2002). Ladderanes have been successfully applied to  
82 trace abundances of *Ca. Scalindua* spp. in the modern ENP water column (Rush et al., 2012a; Sollai et al., 2015) and as  
83 anammox biomarkers in sedimentary records up to 140 ka (Jaeschke et al., 2009; Rush et al., 2019; van Kemenade et al.,  
84 2023). Moreover, during exposure to oxic conditions ladderane FAs undergo microbially-mediated oxic degradation of the  
85 alkyl side chain by  $\beta$ -oxidation, in which  $\text{C}_{18}$ - and  $\text{C}_{20}$ -ladderane FAs are sequentially transformed into the short-chain (SC)  
86  $\text{C}_{16}$ - and  $\text{C}_{14}$ -ladderane partial degradation products (Rush et al., 2011, 2012b). Thus, SC-ladderane FAs in the sediment  
87 archive may be used to trace back anammox cell material that has been exposed to oxic conditions, such as sedimentation  
88 through the oxic water underlying an OMZ. Furthermore, the index of ladderane FAs with five cyclobutane rings ( $\text{NL}_5$ ) has  
89 been shown to correlate with the *in situ* water temperature at which ladderane FAs are synthesised (Rattray et al., 2010),  
90 which has been used to determine the provenance of ladderane lipids (Jaeschke et al., 2009; Rush et al., 2012a; Van  
91 Kemenade et al., 2022).

92 Here, we describe the occurrence of ladderane FAs in a ~160 cal ka BP sediment record from the CCS, covering the  
 93 two most recent glacial terminations (T1 and T2). We combined (SC-)ladderanes and the NL<sub>5</sub> index with sedimentary bulk  
 94 δ<sup>15</sup>N, stable carbon isotope ratio (δ<sup>13</sup>C), total organic C (TOC) and total N (TN) to investigate the feedback of changing  
 95 OMZ intensity on the occurrence of anammox within the CCS. Moreover, ladderane FAs were also investigated, albeit in  
 96 low-resolution, in >160 cal ka BP sediments (up to 500 cal ka BP) to explore their preservation potential.



97

98 **Figure 1:** Structures of anammox lipid biomarkers used in this study: A) ladderane fatty acids (FAs) with 5 or 3 cyclobutane moieties  
 99 containing 18 or 20 carbon atoms. B) short chain ladderane fatty acids (FAs) with 5 or 3 cyclobutane moieties containing 16 or 14 carbon  
 100 atoms. Proposed diagenetic pathways are indicated using black arrows (adapted from Rush et al., 2011).

## 101 2 Hydrographic setting

102 The northern boundary of the CCS is at the transition zone between the North Pacific Current (NPC) and Alaska gyres  
 103 (~50°N) and is bordered in the south by the subtropical waters of Baja California, Mexico (~15–25°N). The CCS (Fig. 2A) is  
 104 shaped by: (i) the equatorward California current (CC), extending roughly 1000 km off the North American coast (Checkley  
 105 and Barth, 2009), (ii) the poleward, near-shore flowing CU, and (iii) the seasonal poleward flowing Davidson current (DC).  
 106 The CC is a year-round, cold, low-salinity, nutrient-rich surface current (<300 m below sea surface; mbss), originating from  
 107 the North Pacific Current. While the CC is strongest in spring and summer, the DC originating around Point Conception  
 108 (35°N) dominates the surface-flow throughout winter. The deeper waters of the CC are shaped by the NPIW (300–800  
 109 mbss), which circulates clockwise in the North Pacific gyre (Sverdrup et al., 1942) and is carried southwards by the CC.  
 110 Around Baja California, it convolutes with unventilated intermediate waters of tropical origin, which have been transported  
 111 to the eastern Pacific by the Equatorial undercurrent (EUC; Reid, 1997; Reid and Mantyla, 1978). Here, part of the CC turns  
 112 north to become the CU. The CU (~100–300 mbss) carries the warm, high-salinity, low oxygen waters from Baja California

113 towards Vancouver Island (Thomson and Krassovski, 2010). Within the CCS, the geostrophic flow of the CC in combination  
114 with Ekman transport and eddy activity cause an offshore transport of (sub-)surface waters and strong coastal jets, which are  
115 replaced by the upwelling of the nutrient-rich undercurrent waters (Huyer, 1983; Chavez and Messié, 2009). Upwelling  
116 occurs year-round, and results in high primary production (Bograd et al., 2009). In the CCS, the high organic matter flux,  
117 together with the poor ventilation of the intermediate-water mass (Reid and Mantyla, 1978; Fu et al., 2018), results in the  
118 formation of the ENP OMZ, disassociated in the ETNP (0–25°N; 75–180°W) and ESTNP (25–52°N; 75–180°W) (Fig. 2B).  
119 Dissolved oxygen (DO) concentrations in the cores ( $<20 \mu\text{mol kg}^{-1}$ ) of both the ETNP (~320–740 meters below sea surface,  
120 ‘mbss’) and ESTNP (~850–1080) OMZ decrease below  $<1 \mu\text{mol kg}^{-1}$  (Palmier and Ruiz-Pino, 2009) (Fig. 2C).

## 121 **3 Methods**

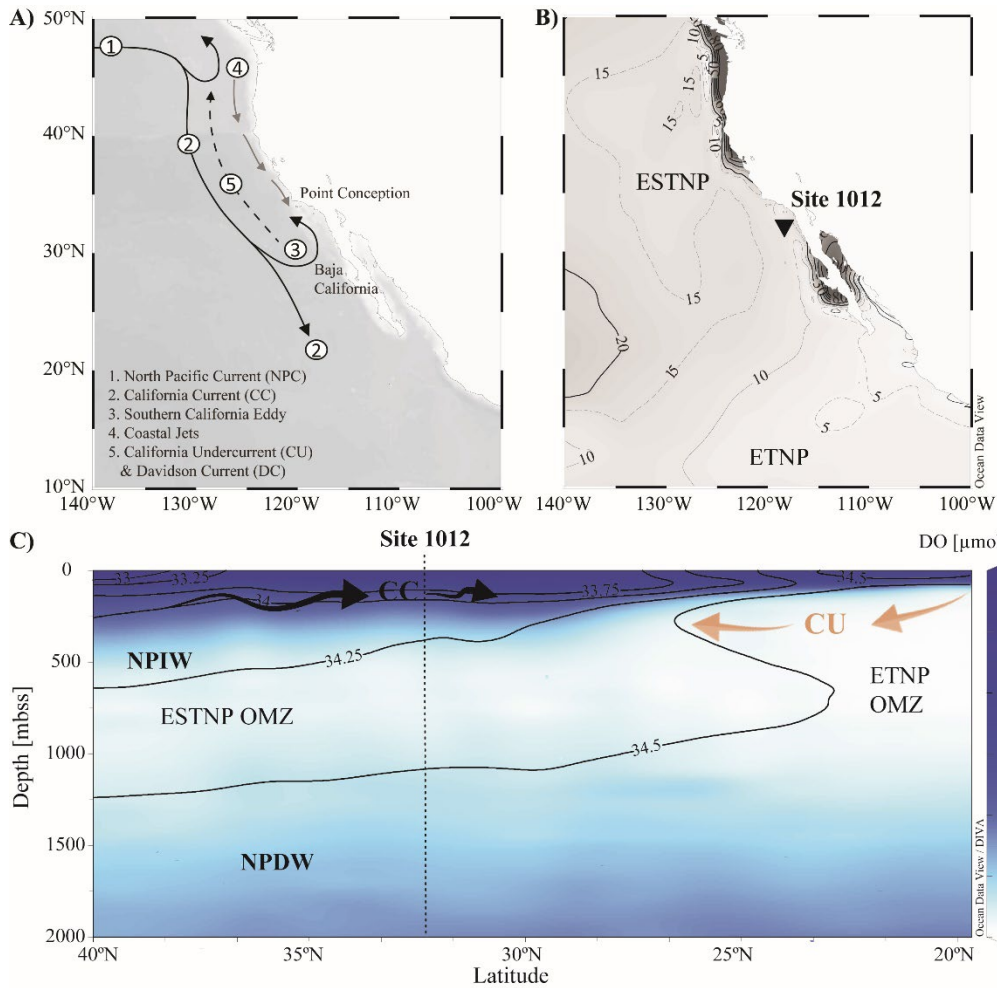
### 122 **3.1 Sampling location and strategy**

123 The sediment record was recovered in 1996 during Ocean Drilling Program (ODP) Leg 167 (Lyle et al., 1997) . Site 1012 is  
124 located 105 km offshore California in the East Cortez Basin (32°16.970'N, 118°23.039'W), near the southern front of the  
125 CC and northern front of the ETNP OMZ (Fig. 2B). The core was recovered from a water depth of 1784 m below sea surface  
126 (mbss). For this study, 69 sediment depths (volumes of 20 cm<sup>3</sup>) were selected for ladderane FAs analysis. Sedimentation  
127 rates ranged from 4 to 15 cm kyr<sup>-1</sup> (S1, Table 1). Considering the oldest detected ladderane FAs were in 140 ka BP  
128 sediments (~10 m below sea floor ‘mbsf’) of the Arabian Sea (Jaeschke et al., 2009), we subsampled at a higher resolution  
129 (every 10 to 50 cm) to the first ~160 kyr (15.7 mbsf) of the record (with a maximum resolution of 10 cm around T1 and T2)  
130 and at a lower resolution (80 to 200 cm) to ~500 cal ka BP (37.5 mbsf). In addition, 74 sediments (10-50 cm resolution) were  
131 analysed for bulk sedimentary organic carbon (TOC) and N (TN) content, the C/N ratio (atomic) and bulk isotopic ratio  
132 values ( $\delta^{15}\text{N}$  and  $\delta^{13}\text{C}$ ). A detailed overview of all samples is given in Supplement 1, Tables 1 and 2. Samples were freeze-  
133 dried and stored at -20 °C prior to analysis.

### 134 **3.2 Analysis of sedimentary bulk TOC, TN, C/N, $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$**

135 Sediments were freeze-dried and ground to powder. For TOC and  $\delta^{13}\text{C}$  analysis, aliquots of bulk sediment were decalcified  
136 to remove all carbonates. Samples were first acidified with 2M hydrochloric acid (HCl) and rinsed with distilled water to  
137 remove the salts. After the decalcification step, ca. 0.5 mg of dried material was used for the analysis. For TN and stable  
138 nitrogen isotope ratio ( $\delta^{15}\text{N}$ ) between 15 and 20 mg of non-decalcified sediment were used. All samples were packed in tin  
139 cups and introduced to the Thermo Scientific Flash 2000 elemental analyzer coupled to a Thermo Scientific Delta V  
140 Advantage isotope ratio mass spectrometer (EA/IRMS). Results are expressed in standard notation relative to Vienna Pee  
141 Dee Belemnite (VPDB) for  $\delta^{13}\text{C}$  and relative to air for  $\delta^{15}\text{N}$ . The precision as determined using laboratory standards

142 calibrated to certified international reference standards was in all cases < 0.2 %. The sedimentary C/N ratios (based on total  
143 organic C and total N) were calculated using their atomic mass.



144

145 **Figure 2:** A) map of the California Current System (CCS). Key currents are indicated with arrows. B) location of ODP site 1012  
146 (32°16.970'N; 118°23.039'W) recovered at 1784 mbss, with minimum dissolved oxygen (DO) concentrations [ $\mu\text{mol kg}^{-1}$ ] detected in the  
147 water column in 2018 (WOA, 2018). C) A latitudinal section plot of the CCS water column showing modern annually averaged DO ( $\mu\text{mol}$   
148  $\text{kg}^{-1}$ ) concentrations and salinity (psu) concentrations with the color bar and contour lines, respectively (WOA, 2018). Major current and  
149 water masses are also indicated, i.e., the Eastern Tropical and Eastern Subtropical North Pacific (ETNP and ESTNP, respectively) OMZs,  
150 the California Current (CC; black arrows), the California Undercurrent (CU; orange arrows), North Pacific intermediate waters (NPIW)  
151 and North Pacific deep water (NPDW). Maps were created in Ocean Data View and DIVA gridding was applied for interpolation of DO  
152 concentrations (Schlitzer and Reiner, Ocean Data View, 2021).

### 153 3.3 Age model

154 Liu et al. (2005) previously constructed an age model for ODP site 1012, based on sediments recovered from Hole B. As the  
155 material used in this study is predominantly from Hole A and C, a revised age model was constructed (S1, Table 1). The  
156 revised age model for sediments up to 160 cal ka BP (15.7 m composite depth, 'mcd') was created by correlation of the bulk

157 sedimentary  $\delta^{15}\text{N}$  record of Liu et al., (2005) with our dataset. Tie points (age vs composite depth) were selected by fine-  
158 tuning using QAnalyseries (version 2022). For sediments >160 cal ka BP, which were solely sampled for ladderane FAs at  
159 low resolution (i.e. not sedimentary  $\delta^{15}\text{N}$ ), the age model of Liu et al. (2005) is used.

### 160 3.4 Ladderane extraction

161 Homogenized, freeze-dried sediments were extracted using a low temperature - low pressure accelerated solvent extraction  
162 (ASE) method, previously described for ladderane extraction in Rush et al. (2012b). Thereafter, aliquots of the total lipid  
163 extract were saponified in 2 N potassium hydroxide (in a 96 % MeOH solution) by refluxing for 1 h. After, 2 mL of  
164 bidistilled water was added. The saponified extracts were acidified by adjusting the pH to 3 with 2 N hydrochloric acid (in a  
165 50 % MeOH solution). Phase separation was induced by adding 2 mL of DCM. The biphasic mixtures were sonicated for 5  
166 min and centrifuged for 2 min (3000 rpm). The DCM layers, containing the FAs, were collected. The mixtures were  
167 partitioned twice more with DCM, after which the same procedure was applied before collection of the DCM layers. The FA  
168 fractions were dried over a sodium sulphate ( $\text{Na}_2\text{SO}_4$ ) column. Then, the fractions were methylated with diazomethane to  
169 convert FAs into their corresponding fatty acid methyl esters (FAMES) and allowed to air-dry overnight to avoid losing the  
170 more volatile SC-ladderane FA had they been dried under a stream of  $\text{N}_2$ . The methyl esters of the polyunsaturated fatty  
171 acids (PUFAs) were removed by eluting the FAME fractions with DCM over a silica impregnated silver nitrate ( $\text{AgNO}_3$ )  
172 column. FAME fractions were dissolved in acetone and filtered over 0.45 mm PTFE filters (4 mm; BGB, USA).

### 173 3.5 Ladderane analysis

174 A commercially available deuterated  $\text{C}_{20}[5]$ -PUFA (Reagecon Diagnostics Ltd.) was added as an internal standard to the  
175 FAME fractions. FAME fractions were analysed on an Agilent 1290 Infinity I ultra-high performance liquid  
176 chromatographer (UHPLC), equipped with a thermostatted auto-injector and column oven, coupled to a Q Exactive Plus  
177 Orbitrap MS, with an atmospheric pressure chemical ionization (APCI) probe (Thermo Fischer Scientific, Waltham, MA)  
178 operated in positive ion mode. Separation was achieved with a ZORBAX Eclipse XDB  $\text{C}_{18}$  column (Agilent,  $3.0 \times 250$  mm,  
179  $5 \mu\text{m}$ ), using MeOH as an eluant ( $0.4 \text{ ml min}^{-1}$ ). APCI source settings were set as follows: corona discharge current,  $2.5 \mu\text{A}$ ;  
180 source CID, 10 eV; vaporizer temperature,  $475^\circ\text{C}$ ; sheath gas flow rate, 50 arbitrary units (AU); auxiliary gas flow rate,  
181 30AU; capillary temperature,  $300^\circ\text{C}$ ; and S-lens, 50V (van Kemenade et al., 2022). A mass range of  $m/z$  225–380 was  
182 monitored (resolution 140,000 ppm), followed by data-dependent  $\text{MS}^2$  (resolution 17,500 ppm at  $m/z$  200), in which the 10  
183 most abundant masses in the mass spectrum were fragmented successively (stepped normalised collision energy 20, 25, 30).  
184 An inclusion list containing the exact masses of  $\text{C}_{14-24}$ -[3]- and  $\text{C}_{14-24}$ -[5]-ladderane FAMES was used. Mass chromatograms  
185 (within 5 ppm mass accuracy) of the protonated molecules ( $[\text{M}+\text{H}]^+$ ) were used to integrate the detected ladderanes:  $\text{C}_{14}[3]$ -,  
186  $\text{C}_{14}[5]$ ,  $\text{C}_{16}[5]$ ,  $\text{C}_{18}[3]$ -,  $\text{C}_{18}[5]$ -,  $\text{C}_{20}[3]$ - and  $\text{C}_{20}[5]$ -ladderane FAMES ( $m/z$  235.169, 233.154, 261.185, 291.232, 289.216,

187 319.263 and 317.248, respectively), and the internal deuterated C<sub>20</sub>[5]-PUFA standard (*m/z* 322.279). A detection limit of  
 188 30–35 pg injected on-column and a linear response of (*r*(4) > 0.99) over approximately 3 orders of magnitude was achieved  
 189 (S1, Table 8a). Identification of ladderanes was achieved by comparing retention times and spectra with in-house isolated  
 190 C<sub>20</sub>[3]- and C<sub>20</sub>[5]-ladderane FAME standards (Hopmans et al., 2006; Rattray et al., 2008) and with ladderane FAMEs in a  
 191 biomass sample of *Ca. Kueneia*.

192 Previously, ladderane FAME quantification has been conducted using calibration curves of in-house isolated C<sub>20</sub>[3]-  
 193 and [5]-ladderane standard (Hopmans et al., 2006). However, this quantification method does not correct for any variability  
 194 in ion intensity, due to e.g., matrix effects and/or changes in the instruments functioning. Therefore, we further optimised  
 195 this quantification method to include a response correction using a commercially available internal standard (deuterated  
 196 C<sub>20</sub>[5]-PUFA). At the start of each sequence, calibration curves were made for the C<sub>20</sub>[3]- and [5]-ladderane standards *and*  
 197 the deuterated C<sub>20</sub>[5]-PUFA standard. The relative response of the deuterated C<sub>20</sub>[5]-PUFA commercial standard in relation  
 198 to the ladderane FAME standards was determined from the slopes of their calibration curves (giving a relative response  
 199 factor, i.e. RRF). An RRF of 1.3 was used for [3]-ladderanes, based on the C<sub>20</sub>[3]-ladderane, and an RRF of 1.2 for the [5]-  
 200 ladderane, based on the C<sub>20</sub>[5]-ladderane. Using the RRFs, ladderane FAME concentrations (*C<sub>L</sub>*, expressed in µg · g dry  
 201 weight<sup>-1</sup>) were calculated as follows:

$$202 \quad C_L = \frac{m_{IS} \left( \frac{A_L}{A_{IS}} \right)}{m_S \text{ (RRF)}} \quad [1]$$

203 With *m<sub>IS</sub>* being the mass (µg) of the added internal standard, *m<sub>S</sub>* the dry weigh of extracted sediment (g), *A<sub>L</sub>* the integrated  
 204 peak area of the given ladderane FAME, *A<sub>IS</sub>* the integrated peak area of the internal standard, and RRF the relative response  
 205 factor. Ladderane concentrations (including concentrations normalized against gram TOC) are reported in supplement 1  
 206 (Tables 4 and 5). To compare with previous studies that did not use an internal standard, the established method that uses  
 207 external calibration curves of three authentic standards (Hopmans et al., 2006; Rush et al., 2012b; Rattray et al., 2010) was  
 208 also performed (S1, Table 8b; S2.2). A comparison between both quantification methods is provided in supplementary  
 209 material 2 (sect. S2.2).

### 210 3.6 NL<sub>5</sub> index

211 The index of ladderane lipids with five cyclobutane rings (NL<sub>5</sub>) correlates with the temperature at which they were  
 212 synthesised. The NL<sub>5</sub> index is calculated according to the following equation:

$$213 \quad NL_5 = \frac{C_{20}[5]ladderane \text{ FA}}{C_{18}[5]ladderane \text{ FA} + C_{20}[5]ladderane \text{ FA}} \quad [2]$$



214 The empirical fourth-order sigmoidal relationship between the NL<sub>5</sub> index and temperature is then described by:

$$215 \quad NL_5 = 0.2 + \frac{0.7}{1 + e^{-\left(\frac{T-16.3}{1.5}\right)}} \quad [3]$$

216 with temperature (T) in °C (Ratray et al., 2010).

### 217 **3.7 Degradation rates and constants**

218 Ladderane concentrations over the entire record (Fig. 3) were used to calculate ladderane degradation rates, with the  
219 following equation for lipid degradation (Canuel and Martens, 1996):

$$220 \quad k' = \frac{-\ln \left[ \frac{C_t}{C_{t0}} \right]}{t} \quad [4]$$

221 With  $k'$  being the first order rate constant (kyr<sup>-1</sup>),  $C$  being the concentration (µg g sediment<sup>-1</sup>) at time  $t$  ( $C_t$ ) and at the initial  
222 time ( $C_{t0}$ ), and  $t$  being the relative time (kyr). Ladderane degradation constants and rates are provided in supplementary  
223 material 1 (Table 7).

## 224 **4 Results**

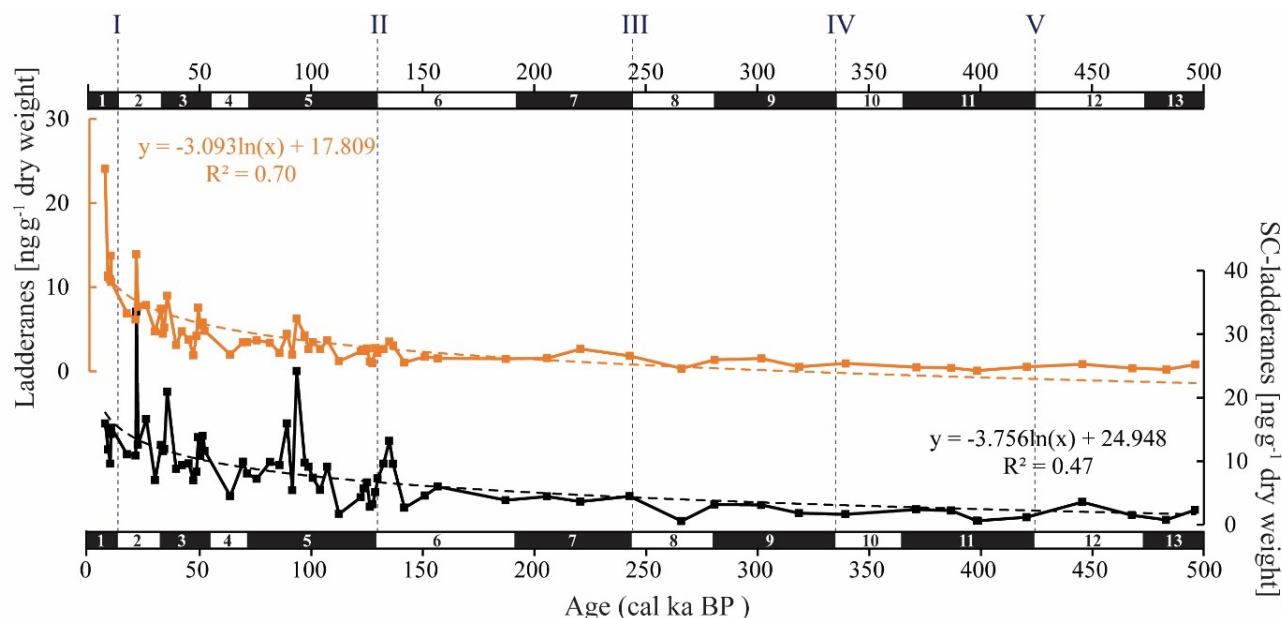
### 225 **4.1 Bulk sedimentary total nitrogen and total organic carbon**

226 Bulk sedimentary total nitrogen (TN) ranged between 0.1–0.6 % throughout the record. δ<sup>15</sup>N fluctuated from 5.8 to 10.0 ‰.  
227 An offset of 3 to 4 ‰ was observed between interglacials and glacials, with higher values during interglacials. Sedimentary  
228 total organic carbon (TOC) varied between 1.7–7.4 % throughout the record, whilst its carbon isotopic composition  
229 (δ<sup>13</sup>C<sub>TOC</sub>) ranged from -23.0 to -21.6 ‰. C/N ratios (atomic) ranged from 13 to 23 (Fig. 4F–J; S1, Table 3).

### 230 **4.2 Ladderane FAs concentrations & the NL<sub>5</sub> index**

231 The ladderane fatty acids identified in this record were C<sub>18</sub>[5]-, C<sub>18</sub>[3]-, C<sub>20</sub>[5]- and C<sub>20</sub>[3]-ladderanes and their diagenetic  
232 products, the SC C<sub>14</sub>[5]-, C<sub>14</sub>[3]- and C<sub>16</sub>[5]-ladderanes. Summed SC-ladderane and ladderane concentrations over the entire  
233 500 ka record were 0.5–33 and 0.1–23 ng g<sup>-1</sup> dry weight, respectively (Fig. 3; S1 Table 5). Normalized concentrations over  
234 the 160 ka record ranged as follows: C<sub>14</sub>[5]-ladderane 16–158 ng gTOC<sup>-1</sup>, C<sub>14</sub>[3]-ladderane 27–184 ng gTOC<sup>-1</sup>, C<sub>16</sub>[5]-  
235 ladderane 34–198 ng gTOC<sup>-1</sup>, C<sub>18</sub>[5]-ladderane 7–107 ng gTOC<sup>-1</sup>, C<sub>18</sub>[3]-ladderane 4–76 ng gTOC<sup>-1</sup>, C<sub>20</sub>[5]-ladderane 5–79  
236 ng gTOC<sup>-1</sup>, and C<sub>20</sub>[3]-ladderane 10–208 ng gTOC<sup>-1</sup> (Fig. 4B, C; S1, Table 4). Concentrations calculated without the use of  
237 the internal standard (Hopmans et al., 2006; see sect. 2.5) are reported in S1 (Table 8b) and were a factor 1.2 and 1.3 lower  
238 for [3]-(SC-)ladderanes [5]-(SC-)ladderanes, respectively. Concentrations calculated with the two quantification methods

239 showed a strong positive linear relationship of  $R^2 = 0.88$  and  $0.89$  for [3]-(SC-)ladderanes and [5]-(SC-)ladderanes,  
 240 respectively (Fig. S2). The  $NL_5$  index (eq. [2]) ranged from 0.3 to 0.8 throughout the record. Corresponding  $NL_5$ -derived  
 241 temperatures (eq. [3]) were between 13.1–18.6°C, with highest values observed in >160 cal ka BP sediments (S1, Table 6).



242  
 243 **Figure 3:** Summed  $C_{18}[5]-$ ,  $C_{18}[3]-$ ,  $C_{20}[5]-$  and  $C_{20}[3]-$ ladderane (orange) and summed short-chain (SC)  $C_{14}[5]-$ ,  $C_{14}[3]-$  and  $C_{16}[5]-$   
 244 ladderane (black) concentrations ( $ng\ g^{-1}$  dry weight) in the ODP 1012 record. The logarithmic relationship between ladderanes and SC-  
 245 ladderanes with time is provided (with corresponding  $R^2$ ), and displayed with orange and black spaced lines, respectively. Grey spaced  
 246 lines indicate the approximate timing of glacial terminations I to V. N.B. the scales of the y-axes are different.

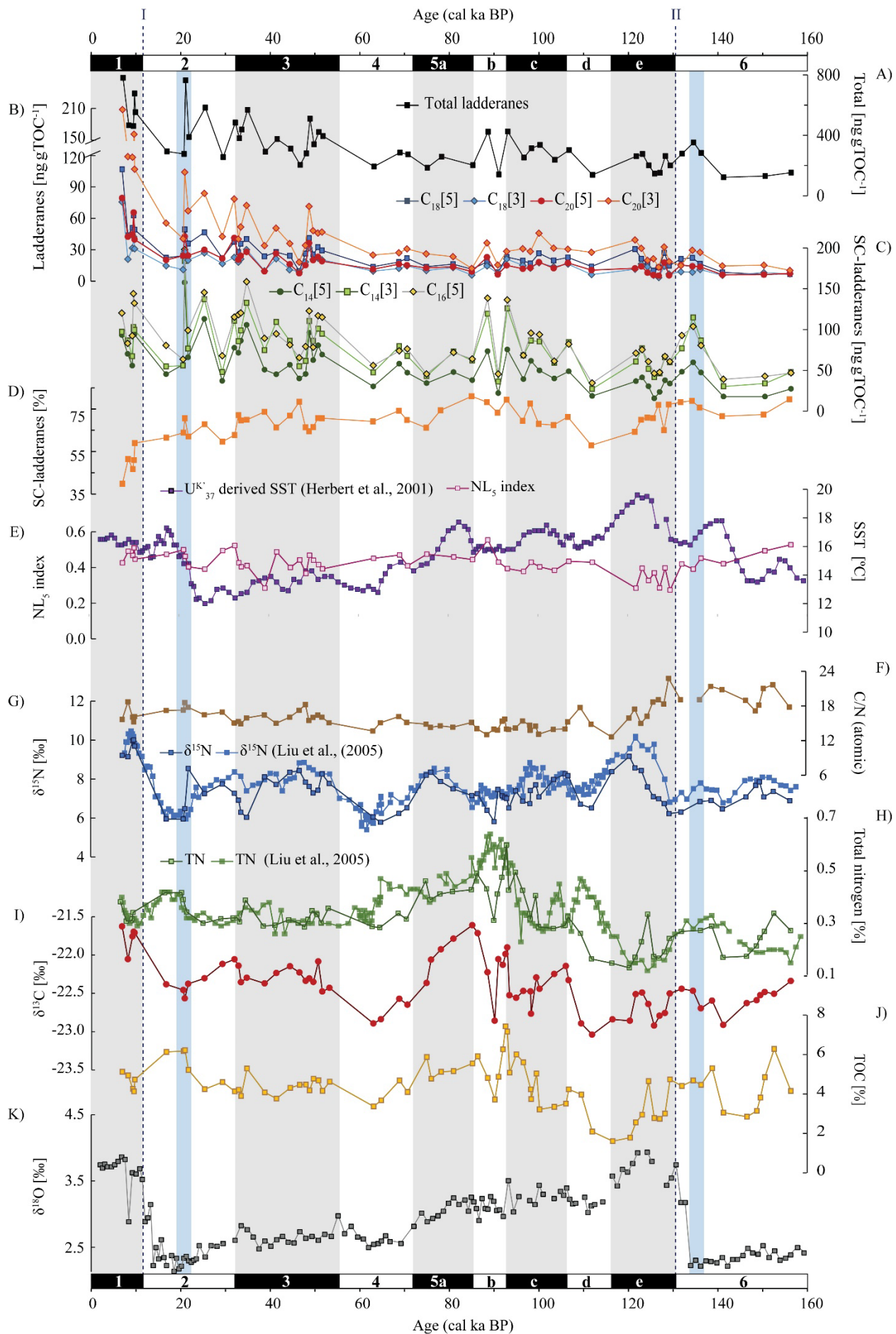
## 247 5 Discussion

248 In the sediment record of ODP site 1012,  $C_{18}[3]-$ ,  $C_{18}[5]-$ ,  $C_{20}[3]-$  and  $C_{20}[5]-$ ladderane FAs and their short chain  $C_{14}[3]-$ ,  
 249  $C_{14}[5]-$ ,  $C_{16}[5]-$ products were detected over the last 500 kyr (~38 mbsf; Fig. 3). This poses a considerable extension of the  
 250 ladderane record (formerly detected up to ~140 ka BP in Arabian Sea sediments; ~10 mbsf; Jaeschke et al., 2009). Below,  
 251 we will first discuss the provenance of the detected ladderane lipids (sect. 5.1). Then, their variability throughout glacial-  
 252 interglacial cycling (sect. 5.2), ending with the subsequent implications on our understanding of the nitrogen cycle of the  
 253 CCS (sect. 5.3). Unfortunately, the coarse sampling resolution in >160 cal ka BP sediments and low ladderane FA  
 254 concentrations (due to diagenesis) complicate interpretations of ladderane FA fluctuations in these sediments. Therefore,  
 255 analysis of trends in ladderane concentrations over (inter)glacial cycling is limited to <160 cal ka BP sediments.

### 256 5.1 Ladderanes sourced from anammox bacteria in the ESTNP OMZ water column

257 The relative contribution of SC-ladderanes to the total ladderane pool is a measure of oxygen exposure (Rush et al., 2011,  
 258 2012b), and the  $NL_5$ -index is a measure of the water temperature of the niche of anammox bacteria (Rattray et al., 2010). In

combination, these data may provide insights into the origin of ladderanes in the CCS sediment record.



261 **Figure 4:** From top to bottom: concentrations of A) total ladderanes (summed SC-ladderanes and ladderanes), B) ladderanes and C) SC-  
262 ladderanes (normalized against TOC [ $\text{ng gTOC}^{-1}$ ]), D) relative abundance of SC-ladderanes over total ladderanes [%], E)  $\text{U}^{K_{37}}$  derived  
263 sea-surface temperatures (SST) from Herbert et al., (2001) [ $^{\circ}\text{C}$ ] and the  $\text{NL}_5$ -index from this study, F) atomic ratio of total organic carbon  
264 (TOC) over total nitrogen (TN), G) bulk sedimentary  $\delta^{15}\text{N}$  from Liu et al., (2005) and this study [%], H) TN from Liu et al., (2005) and  
265 this study [%], I) bulk sedimentary  $\delta^{13}\text{C}$  [%], J) TOC [%] and K) benthic  $\delta^{18}\text{O}$  record from Herbert et al., (2001) [%]. All data is derived  
266 from the same location (ODP site 1012). Marine isotope stages (MIS) are indicated with black and white bars. Periods of maximum global  
267 ice volume (Herbert et al., 2001; blue bars) and the approximate timing of glacial terminations TI and TII (dashed lines) are also indicated.

268 In the CCS, a progressive depletion of both the water column  $\delta^{15}\text{N}_{\text{NO}_3}$  and sedimentary  $\delta^{15}\text{N}$  signal occurs with  
269 increasing latitude, resulting in more depleted values at ODP site 1012 (8–10 ‰; Altabet et al., 1999; Liu et al., 2005; this  
270 study) than in the ETNP OMZ core. The northward transport of denitrified waters by the poleward flowing oxygen-poor CU  
271 from the core of the ETNP has been evoked to explain this trend. (Castro et al., 2001; Kienast et al., 2002). This means that  
272 at ODP site 1012, the sedimentary  $\delta^{15}\text{N}$  signal is thought to predominantly derive from the ETNP, and not the ESTNP OMZ.  
273 In order to understand the observed ladderane trends in the ODP site 1012 record, it is thus important to establish whether  
274 the detected ladderanes reflect a local signal (from the ESTNP OMZ) or whether they are also sourced from the ETNP OMZ  
275 core and similarly transported northwards with the CU, towards ODP site 1012. Alternatively, ladderanes could also be  
276 synthesized by sedimentary anammox bacteria (Vossenberg et al., 2008).

277 At ODP site 1012, SC-ladderanes were present at relative abundances of 40–88 % throughout the record (Fig. 4D).  
278 Ladderane FAs are relatively labile compounds, and in the Arabian Sea have been shown to already degrade into their SC-  
279 products (at relative proportions of ~20 %) within the OMZ water column ( $\text{DO} < 3 \mu\text{mol L}^{-1}$ ). There, the sinking of  
280 ladderanes through the oxygenated bottom waters underlying the OMZ ultimately resulted in similar relative abundances of  
281 SC-ladderanes in the surface sediments of 20–80 %, depending on water column depth (Rush et al., 2012b). The similarly  
282 high contribution of SC-ladderanes in the ODP 1012 record suggest ladderanes are also sourced from an overlying OMZ  
283 water column (i.e. the ESTNP OMZ) and sunk through oxygenated bottom waters before being deposited on the seafloor,  
284 which readily became anoxic in view of the high TOC content (Fig. 4J).

285 An OMZ water column source is consistent with the  $\text{NL}_5$  index (0.3–0.8; Fig. 4E). According to the  $\text{NL}_5$ -calibration  
286 by Rattray et al., (2010),  $\text{NL}_5$  indices within this range more closely reflect water column rather than sedimentary anammox  
287 bacteria. Also,  $\text{NL}_5$ -derived temperatures (13–17 $^{\circ}\text{C}$ ; S1, Table 6) are significantly higher than what would be expected for  
288 sea-floor temperatures (i.e., modern annual average bottom water temperatures at site 1012 are  $< 5^{\circ}\text{C}$ ; WOA, 2018).  
289 Additionally, while the transport of ladderane FAs has been shown to occur within oxygen-depleted systems (van Kemenade  
290 et al., 2022), long-distance transport of ladderane FAs with the CU (characteristic DO concentration of  $\sim 62 \mu\text{mol L}^{-1}$  in  
291 modern CU water; Sahu et al., 2022) is unlikely, and would be expected to yield higher relative abundances of SC-ladderane

292 FAs than detected in the record. Transport of ladderanes is also not reflected in present-day ENP ladderane distributions, as  
293 an investigation of ladderanes at a more northerly ( $\sim 20^\circ\text{N}$ ) and a more southerly ( $\sim 17^\circ\text{N}$ ) located site showed *in situ*  
294 synthesis by pelagic *Ca. Scalindua* at both sites (Sollai et al., 2015). Hence, ladderane FAs are thought to predominantly  
295 derive from the ESTNP OMZ water column and reflect a local anammox signal, although some contribution of  
296 allochthonous or sedimentary anammox cannot be entirely excluded.

## 297 **5.2 Anammox variability in the CCS over the last 160 kyr**

### 298 **5.2.1 The Holocene and MIS-5, including the penultimate interglacial of MIS 5e**

299 Over the  $\sim 500$  cal ka BP record, ladderane FAs are observed to decrease logarithmically with time (Fig. 3;  $R^2 = 0.70$ ), in  
300 which the degradation constant  $k$  follows a linear relationship (when logarithmically transformed; Fig. 5A;  $R^2 = 0.88$ ) with  
301 time. This is consistent with first order degradation kinetics, typical for OM (Canuel and Martens, 1996). As such, it is not  
302 surprising that the highest ladderane concentrations are observed in the youngest sediments, deposited during the early to  
303 mid-Holocene. Even so, ladderane FAs normalized against TOC also show elevated concentrations in Holocene sediments.  
304 This suggests high ladderane FAs at this time are not simply a preservation signal but also reflect an increase (compared to  
305 pre-Holocene sediments) in their production by *Ca. Scalindua* spp. relative to the total organic C pool. Moreover, elevated  
306 ladderanes in early to mid-Holocene sediments coincide with enriched bulk  $\delta^{15}\text{N}$  (9–10 ‰; Fig. 4G), indicative of enhanced  
307 N-loss by anaerobic microorganisms, and elevated TOC and TN concentrations (Fig. 4H, J), indicative of increased  
308 productivity.

309 In contrast to ladderane FAs, concentrations of their SC-products are not highest in Holocene sediments.  
310 Consequently, the SC-ladderane data does not fit the logarithmic decrease with time well ( $R^2 = 0.47$ ; Fig. 3), which is also  
311 reflected in the relationship of the degradation constant  $k$  with time (Fig. 5A;  $R^2 = 0.43$ ). The oxidation of ladderane FAs to  
312 produce SC-ladderane FAs (Rush et al., 2011) has been shown to take place within the oxic waters below the OMZ. In this  
313 way, 20–80 % of the ladderane FAs were transformed into SC-ladderanes in the Arabian Sea (Rush et al., 2012c).  
314 Throughout the deeper CCS sedimentary record ( $>10$  cal ka BP), the relationship between ladderane FAs and their SC-  
315 products follows a linear trend ( $R^2 = 0.87$ ; Fig. 5B), with SC-ladderanes making  $\sim 60$ –80 % of total ladderanes (Fig. 4D).  
316 However, in Holocene sediments ( $<10$  cal ka BP sediments), the relationship between ladderanes and SC-ladderanes is  
317 different (Fig. 5B), and SC-ladderanes occur at relatively lower abundance (40–60 %) compared to the rest of the record.  
318 This indicates that after 10 cal ka BP, there was no significant change in the exposure of ladderane FAs to the oxygenated  
319 water underlying the ETNP OMZ before being buried in the sediment record, but that in the recent record, there was reduced  
320 oxygen exposure.

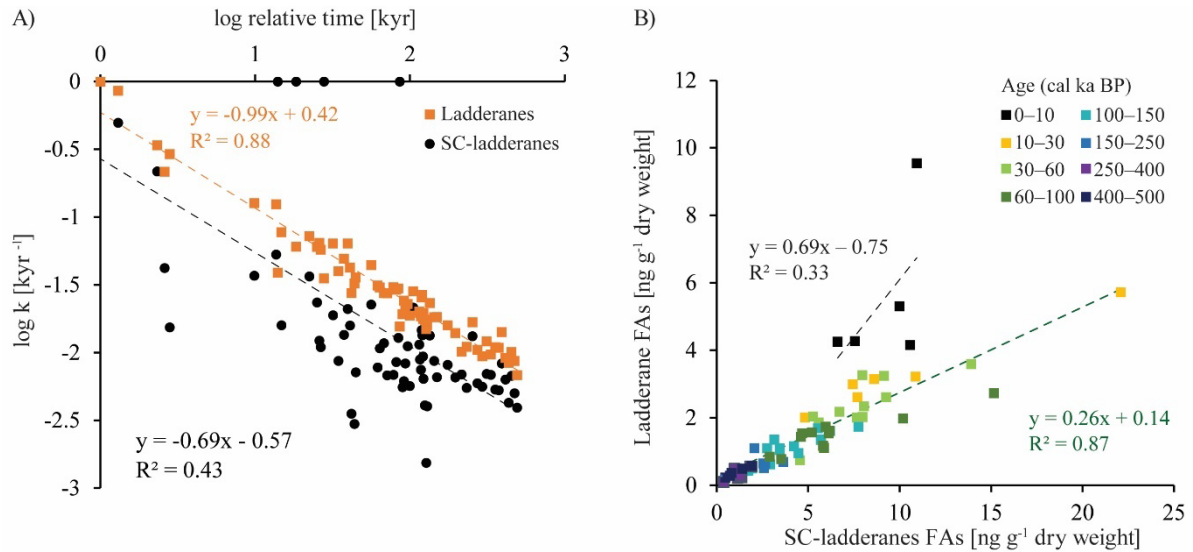
321 Reduced oxygen exposure is likely to have resulted from an intensified OMZ; Lembke-Jene et al. (2018) showed,  
322 using palaeoceanographic proxies and palaeomodeling, that a combination of sea ice loss, increased SST and  
323 remineralization rates led to more deoxygenated intermediate waters (the NPIW) during the early to mid-Holocene in the  
324 North Pacific. Moreover, in the ETNP, enriched sedimentary  $\delta^{15}\text{N}$  values and laminated sediments during the early  
325 Holocene, alongside geochemical tracers, have been interpreted to signal the presence of a strong OMZ at this time, while  
326 bioturbated sediments occurred over the last glacial period (Thunell and Kepple, 2004).

327 Ladderane FAs concentrations also peak during the penultimate interglacial (the Eemian; MIS 5e), in line with  
328 enriched (>8 ‰)  $\delta^{15}\text{N}$  values. Microfossil data from MIS 5 has indicated that intermediate waters in the western North  
329 Pacific were more deoxygenated during the Eemian (Matul et al., 2016), which may have driven increased anammox in the  
330 CCS at this time. Yet, while  $\delta^{15}\text{N}$  values over MIS 5 maximize during MIS 5e, ladderane FAs concentrations peak during  
331 mid-MIS 5 (MIS 5b–c). During MIS 5b–d, when (SC-)ladderane FA concentrations maximize, intermediate waters in the  
332 western North Pacific were likely oxic (Matul et al., 2016) and the  $\delta^{15}\text{N}$  signal is more subdued (<8 ‰; Fig. 4G). At this  
333 time, increased (SC-)ladderane FAs coincide with peaks in paleo-productivity proxies (i.e., TOC and TN; Fig. 4H, J). Over  
334 the course of MIS 5, from late MIS 5e onwards, SSTs in the CCS decreased while the CC strengthened (Herbert et al., 2001;  
335 Yamamoto et al., 2007). This would have led to increased transport of high-oxygen, nutrient-rich NPIW (Herguera et al.,  
336 2010) and enhanced open ocean upwelling. This may have fuelled productivity, which explains the high TOC and TN  
337 concentrations in mid-MIS 5.

338 The C/N ratio remains fairly stable throughout MIS 1 to MIS 5c (MN = 16, STD = 2); Fig. 4F), with higher values  
339 observed during MIS 6 (MN = 20, STD = 2; discussed in sect. 5.2.2). Based on stoichiometry, enhanced  $\text{NO}_3^-$  supply is  
340 expected to lower the ratio in phytoplankton biomass (Matsumoto et al., 2020). Yet, changes in nutrient concentrations have  
341 been observed to effect the C/P and N/P, but not the C/N ratio (Frigstad et al., 2011). It is therefore not surprising that the  
342 increased TN content during mid-MIS 5 is not reflected in the C/N ratio. Also, while the  $\delta^{13}\text{C}$  signal (-23 to -22 ‰; Fig. 4I)  
343 reflects a typical marine origin of OM, the C/N ratio is higher than commonly observed for marine algae (e.g., Lamb et al.,  
344 2006). This is likely caused by preferential remineralization of organic N during the settling of OM from the photic zone  
345 (Verardo & McIntyre, 1994; Schneider et al., 2003).

346 During mid-MIS 5, where TN and TOC peak, anammox may have been fuelled by local increases in OM. Babbin et  
347 al., (2014) showed, using incubations from the ETNP OMZ, that anammox rates increase in response to the addition of OM.  
348 Likewise, in the modern Southern Pacific OMZ, N-loss by anammox was found to be strongly correlated with the export of  
349 OM, via the release of ammonium into the water column through remineralization (Kalvelage et al., 2013). As such, the co-  
350 occurrence of ladderane FA and paleo-productivity proxies maxima during MIS 5, could reflect an increase in *Ca. Scalindua*

351 spp. abundance in response to an increased N-substrate supply via OM-remineralization or nutrient transport.  
 352 Remineralization of increased phytoplankton biomass may consequently also have led to more reduced local conditions,  
 353 which would also favour anammox. This local signal would not have been recorded in the western part of the North Pacific,  
 354 where intermediate waters were oxic (Matul et al., 2016) . The relatively subdued  $\delta^{15}\text{N}$  signal during mid-MIS 5, and  
 355 consequent implications for our understanding of the N-cycle in the CCS are further discussed in sect. 5.3.



356  
 357 **Figure 5:** A) Linear relationship between the logarithmic values of the degradation constant  $k$  and relative time for ladderane FAs (orange  
 358 squares) and SC-ladderane FAs (black dots). B) Relationship between ladderane FAs and SC-ladderane FAs, in which samples are colour-  
 359 coded according to age. The linear relationship and corresponding  $R^2$  are given for the most recent age group (0-10 cal ka BP; in black)  
 360 and the >10 cal ka BP age groups (in green).

### 361 5.2.2 The two most recent glacial periods

362 Ladderane FAs are observed to increase from early MIS 3 to mid-MIS 2, and from mid- to late-MIS 6. Maxima of  
 363 ladderanes occur approximately at the timing of icesheet volume maxima of the last glacial maxima (LGM) and the  
 364 penultimate glacial of MIS 6 (blue bars in Fig. 4; following timing of Herbert et al., 2001). During the last glacial period  
 365 (~115–12 ka BP) and the penultimate glacial MIS 6, large parts of the North American continent were covered by the  
 366 Laurentide and Cordilleran ice sheets. While glacials are typically associated with a well-ventilated intermediate-water mass  
 367 (Herguera et al., 2010) and a strong southward advection of the CC (Ortiz et al., 1997), a weakening of the CC has been  
 368 proposed to occur at times of global ice sheet maxima. In the CCS,  $U^{K'}_{37}$ -derived temperatures indicate that SSTs increased  
 369 ~12 kyr in advance of maximal ice-sheet volumes. This is thought to reflect increased northward advection of warm oxygen-  
 370 poor waters carried by the CU and DC in response to a weakened CC due to large ice-sheet volumes (Herbert et al., 2001).  
 371 Using trace elements, Cartapanis et al., (2011) found that intermediate water oxygenation off Baja California deteriorated  
 372 slightly over the course of late MIS 3 and early MIS 2, consistent with a strengthening of the CU at this time. As such, the

373 increased abundance of ladderanes observed during (and leading up to) ice sheet maxima at ODP site 1012, may derive from  
374 an increased *Ca. Scalindua* spp. abundance due to more reduced local conditions, via the enhanced strength of the CU.

375 MIS 6 and its termination (T2) are further characterized by relatively high C/N ratios (17–23; Fig. 4F). Matsumoto  
376 et al., (2020) found, using a global ocean carbon cycle model, that during glacial periods the expansion of sea ice increased  
377 global C:N:P ratios. Additionally, taxonomic changes during glacials, in which eukaryotic phytoplankton became more  
378 dominant, resulted in  $\text{NO}_3^-$  depletion (hereby increasing the C/N ratio). At the same time, decreased upwelling during glacial  
379 periods in the North Pacific (Worne et al., 2019) may have also lowered nutrient availability. Low N-availability is reflected  
380 in relatively low TN concentrations in this record (Fig. 4H). This suggests anammox at this time was primarily promoted by  
381 reduced local DO concentrations via enhanced CU strength, rather than enhanced nutrient supply and/or increased  
382 remineralization rates.

383 While enhanced anammox in response to deoxygenation during glacial maxima is at odds with previous  
384 assessments of N-loss in the CCS (e.g., Liu et al., 2005), deoxygenation of the Pacific is consistent with recent paleo-proxy  
385 studies (Lu et al., 2016; Anderson et al., 2019) and modelling results (Matsumoto et al., 2020). According to these studies,  
386 many parts of the glacial ocean, including the equatorial Pacific, had substantially lower DO during the last glacial period  
387 than today. This fits with increased ladderane FAs at this time, which suggests N-loss in the CCS was likely more intense  
388 during glacial maxima than previously assumed.

### 389 **5.3 Implications of the occurrence of anammox on the N cycle in the CCS**

390 In the CCS, previous estimates of changes in N-loss over time have been based on the bulk sedimentary  $\delta^{15}\text{N}$  record.  
391 Enriched  $\delta^{15}\text{N}$  during interglacials (7–10 %) are thought to reflect intensified denitrification in response to reduced DO,  
392 while more depleted  $\delta^{15}\text{N}$  during glacials (4–6 %) are assumed to reflect lowered rates in response to increased DO (Liu et  
393 al., 2005; 2008). However, the occurrence of ladderane FAs throughout our CCS record now shows that anammox was (also)  
394 responsible for N-loss and thus contributed, at least partially, to the sedimentary  $\delta^{15}\text{N}$  record.

395 The cross-correlation for both  $\delta^{15}\text{N}$ – $\delta^{18}\text{O}$  and  $\delta^{18}\text{O}$ –SST at ODP site 1012 (Liu et al., 2005) indicates that  
396 fluctuations in  $\delta^{15}\text{N}$  occur in tandem with glacial-interglacial cycling. However, a long-standing conundrum has been the  
397 discrepancy between the  $\delta^{15}\text{N}$  record and productivity proxies (i.e., TOC and TN), especially north of the ETNP (Kienast et  
398 al., 2002), as also seen in our record (Fig. 4). This decoupling has been used previously to suggest that variations in  
399 denitrification was not due to changes in OM remineralization rate, but rather from changes in ocean circulation and  
400 ventilation patterns (Ganeshram et al., 2000). Yet, fluctuations in ladderanes *do* seem to follow trends in paleo-productivity  
401 proxies (i.e., TOC and TN) relatively closely, especially during the Holocene, MIS 3 and MIS 5. And, while enriched  $\delta^{15}\text{N}$



402 values sometimes correspond to ladderane maxima (i.e. during the Holocene), discrepancies with ladderane concentrations  
403 are seen especially during MIS 5, and during glacial periods (Fig. 4).

404 This may suggest that increased anammox does not always correspond to increased N-loss, possibly via  
405 simultaneously reduced denitrification rates (Koeve and Kähler, 2010). Yet, Babbin et al., (2014) showed, using incubations  
406 from the ETNP OMZ, that both denitrification and anammox are limited by OM supply, and their rates increase in response  
407 to the addition of OM. Moreover, these authors showed that both denitrifiers and anammox bacteria are similarly inhibited  
408 by oxygen in the marine environment, at DO concentration around 3 to 8  $\mu\text{mol L}^{-1}$  (Babbin et al., 2014). As such, both  
409 anammox and denitrification should respond similarly to changes in DO and OM in the CCS.

410 Moreover, given the average C/N signature of marine OM (106:16; Redfield, 1963), stoichiometric constraints  
411 should result in a ratio of  $\text{N}_2$  production via denitrification and anammox of 71:29 (Koeve and Kähler, 2010). On the one  
412 hand, this means that the relative contribution of anammox to  $\text{N}_2$ -production is likely lower than the contribution of  
413 denitrification, possibly resulting in a less strong influence of anammox on the  $\delta^{15}\text{N}$  signal. On the other hand, this means  
414 that denitrification and anammox rates should be positively related, in which increased anammox is associated with  
415 increased denitrification (Koeve and Kähler, 2010). Potentially, anammox and denitrification could be unsynchronized (as  
416 indicated by differences between the ladderane and  $\delta^{15}\text{N}$  records) in response to variations in the C/N ratio of OM. Localized  
417 variations in the C/N signature may result in different relative contributions. Yet, integrating these variations over space and  
418 time should obtain a similar ratio (Dalsgaard et al., 2012; Babbin et al., 2014; Ward, 2013). Additionally, the C/N ratio  
419 remains fairly consistent throughout the record (13–19), except during MIS 6 where it is higher (17–23; Fig. 4F) and  
420 variations do not correspond to those observed in ladderane FAs or  $\delta^{15}\text{N}$ . As such, given the temporal resolution of the  
421 record (which does not cover seasonality), denitrification and anammox intensities are expected to fluctuate in-tandem.

422 Consequently, variability in  $\delta^{15}\text{N}$  of the CCS sedimentary record may, at times, simply not relate directly to changes  
423 in denitrification and/or anammox rates. Reconstructions of N-loss using sedimentary  $\delta^{15}\text{N}$  depend on the assumption that  
424 there was complete biological utilization of  $\text{NO}_3^-$  by phytoplankton. However, during periods of high upwelling intensity (as  
425 likely occurred during mid-MIS 5; see sect. 5.2.1), the high  $\text{NO}_3^-$  availability may result in incomplete  $\text{NO}_3^-$  assimilation.  
426 This allows for the preferential uptake of  $^{14}\text{N}$  by primary producers, resulting in a pool of  $\delta^{15}\text{N}$  depleted OM available for  
427 heterotrophic denitrification (Terdal et al., 2013). Hence, at times of high  $\text{NO}_3^-$  supply, incomplete nitrate assimilation  
428 would have quenched the  $\delta^{15}\text{N}$  signal, even if denitrification was as intense as during periods of low  $\text{NO}_3^-$  availability.  
429 Moreover, a study by Altabet and Francois (1994) showed that sedimentary  $\delta^{15}\text{N}$  in the equatorial Pacific records the  
430 isotopic enrichment of near-surface  $\text{NO}_3^-$  via depletion by phytoplankton, in which enriched  $\delta^{15}\text{N}$  values are associated with  
431 reduced  $\text{NO}_3^-$  availability for phytoplankton assimilation. Also, in the South Pacific,  $\text{NO}_3^-$  concentrations have been found to  
432 affect the  $U^{K'}_{37}$  index (Placencia et al., 2010). Given the phase-relationship between the  $\delta^{15}\text{N}$  and  $U^{K'}_{37}$ -based SST records

433 of the CCS (Liu et al., 2008) and the discrepancies between the  $\delta^{15}\text{N}$  and ladderane records, it may be reasonable to conclude  
434 that the CCS sedimentary  $\delta^{15}\text{N}$  fluctuations (also) record variations in  $\text{NO}_3^-$  assimilation by phytoplankton.

435 Additionally, other biological processes may influence the  $\delta^{15}\text{N}$  signal (Zonneveld et al., 2010). In the Gulf of  
436 Tehuantepec, at the southern end of the ETNP OMZ core,  $\delta^{15}\text{N}$  values decrease over the course of the Holocene (Thunell and  
437 Kepple, 2004; Hendy and Pedersen, 2006), while laminated sediments suggest reduced DO concentrations. This was  
438 interpreted as being the result of increased  $\text{N}_2$ -fixation ( $\epsilon: \leq +2 \text{‰}$ ; Sigman and Fripiat, 2019), which lowered the  
439 “denitrification”  $\delta^{15}\text{N}$  signal (Thunell and Kepple, 2004). Lastly, enrichment of the sedimentary  $\delta^{15}\text{N}$  values occurs during  
440 early burial, where oxygen exposure results in enhanced biological isotopic alteration (Robinson et al., 2012). In short,  
441 sedimentary  $\delta^{15}\text{N}$  is shaped by many opposing processes, and assuming a one-on-one relationship with denitrification  
442 intensities and DO concentration clearly misses the complexity that shape the CC system. Ladderanes hereby offer a more  
443 detailed picture of N-loss dynamics in the paleoenvironment of the CCS. In the case of the ODP site 1012 record, ladderane  
444 concentration trends challenge the conventional assumption that N-loss processes solely follow ocean circulation and  
445 ventilation patterns coupled to (inter)glacial cycling, and instead show OM remineralization may also be an important driver  
446 of N-loss.

447 Discrepancies between the ladderane and  $\delta^{15}\text{N}$ -record hereby necessitate careful consideration when applying N-  
448 isotope based budgets to estimate past N-cycling. More specifically, the occurrence of increased ladderane concentrations  
449 during glacial maxima may require a re-evaluation on the response of N-loss rates to glacial-interglacial cycling in the CCS.  
450 Furthermore, the occurrence of an additional N-loss pathway in the CCS (anammox), other than denitrification, may affect  
451 estimates of  $\text{N}_2\text{O}$  greenhouse-gas production by denitrifiers and the degree of heterotrophy of the system, although the  
452 importance of this would require further investigation. Future research, investigating anammox biomarkers in other CCS  
453 records (preferably in a latitudinal gradient with this record) may offer further insights into N-loss dynamics across glacial-  
454 interglacial cycles.

## 455 **6 Conclusion**

456 Ladderane FAs detected in a ~500 kyr CCS sedimentary record at ODP site 1012 reveal the past occurrence of anaerobic  
457 ammonium oxidising (anammox) bacteria in the water column of the California current system (CCS) over the last five  
458 glacial terminations. The index of ladderanes with five cyclobutene moieties ( $\text{NL}_5$ ), which correlates with the *in situ*  
459 temperature at which ladderanes are synthesised, suggests that ladderanes were derived from the ETNP OMZ water  
460 column. The CCS record shows a continuous presence of ladderane FAs over the last two interglacial-glacial transitions,  
461 with maxima during: i) the Holocene, ii) leading up to and during the LGM (early MIS 3 to mid-MIS 2), iii) MIS 5b-c and  
462 iv) during the ice sheet maxima of the penultimate glacial (late MIS 6). Combining information on the presence of

463 ladderanes with paleo-productivity proxies and the hydrographic features of the CCS suggests anammox abundance was  
464 driven both by OM-remineralization and advection changes, which regulated nutrient and oxygen concentrations. In the  
465 record, a clear shift is seen in the relationship of SC-ladderanes over their parent products, in which the relative abundance of  
466 SC-ladderanes is significantly lower in Holocene than in pre-Holocene sediments. This may reflect a shift in oxygen  
467 exposure, which corresponds to previous studies showcasing a vertical expansion of the ENP OMZ over the Holocene.  
468 Clearly, the anammox contribution to N-loss in the CCS, as shown in this study, requires a reassessment of biogeochemical  
469 cycling in this system. Discrepancies between the ladderane and  $\delta^{15}\text{N}$  record may imply that N-loss was perhaps more  
470 intense during cold phases than previously assumed. Careful considerations must thus be taken when using N-isotope based  
471 budgets to estimate past N-cycling in the CCS; sedimentary  $\delta^{15}\text{N}$  is shaped by many opposing processes, and assuming a  
472 one-to-one relationship between N-loss intensities and OMZ variability clearly overlooks the complexity that shapes the CC  
473 system. Ladderanes hereby offer a more holistic picture of N-loss dynamics in the paleoenvironment of the CCS.

474 **Data availability.** All data discussed in this paper is available in the supplementary material 1. Data from supplementary  
475 material 1 can be retrieved via the following doi: 10.25850/nioz/7b.b.sg

476 **Supplement.** The supplement related to this article is available on-line at:

477 **Author contributions.** ZE and ZRvK performed the laboratory work. ZRvK conducted the data analysis and writing of the  
478 manuscript. ZE created the age-model. ECH developed and optimized the UHPLC-HRMS method for the analysis of  
479 ladderane lipids. DR provided the supervision of the project. DR, ZE and ZRvK designed and conceptualized the project.  
480 JSDD provided critical support in data interpretation. All authors contributed to the writing of the manuscript.

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