

1 **Future reduction of cold extremes over East Asia due to**
2 **thermodynamic and dynamic warming**

3 Donghuan Li^{1, 3}, Tianjun Zhou^{2, 3, 5*}, Youcun Qi^{1, 3}, Liwei Zou², Chao Li⁴, Wenxia
4 Zhang², Xiaolong Chen²

5 ¹*Key Laboratory of Water Cycle and Related Land Surface Processes, Institute of Geographic
6 Sciences and Natural Resources Research, Chinese Academy of Sciences, Beijing, China*

7 ²*LASG, Institute of Atmospheric Physics, Chinese Academy of Science, Beijing, China*

8 ³*University of Chinese Academy of Sciences, Beijing, China*

9 ⁴*Max Planck Institute for Meteorology, Hamburg, Germany*

10 ⁵*CAS Center for Excellence in Tibetan Plateau Earth Sciences, Chinese Academy of Sciences
11 (CAS), Beijing, China*

12
13 **Corresponding author:**

14 Dr. Tianjun ZHOU

15 LASG, Institute of Atmospheric Physics

16 Chinese Academy of Sciences

17 Beijing 100029, China.

18 Phone: 86-10-8299-5279

19 Fax: 86-10-8299-5172

20 E-mail: zhoutj@lasg.iap.ac.cn

21

22

Abstract

Cold extremes have large impacts on human society. Understanding the physical processes dominating the changes of cold extremes is crucial for a reliable projection of future climate change. The observed cold extremes have ~~been~~ decreased during the last several decades and this trend will continue under ~~the~~ future global warming. Here, we quantitatively identify the contributions of dynamic (changes in large-scale atmospheric circulation) and thermodynamic (rising temperatures resulting from global warming) effects to East Asian cold extremes in the past several decades and in a future warm climate by using two sets of large ensemble ~~simulations~~simulations of climate models. We show that the dynamic component accounts for over 80% of the cold-month (coldest 5% boreal winter months) surface air temperature (SAT) anomaly in the past five decades. However, in a future warm climate, the thermodynamic change is the main contributor to the decreases in the intensity and occurrence probability of East Asian cold extremes, while the dynamic change is also contributive. The intensity of East Asian cold extremes will decrease by around 5°C at the end of the 21st century, in which the thermodynamic (dynamic) change contributes approximately 75% (25%). The present-day (1986-2005) East Asian cold extremes will almost never occur after around 2035, and this will happen eight years later due solely to thermodynamic change. The upward trend of a positive Arctic Oscillation-like sea level pressure pattern dominates the changes in the dynamic component. The finding provides a useful reference for policymakers in climate change adaptation activities.

~~Key words~~Keywords: East Asian cold extreme, dynamic adjustment, global warming

45 1 Introduction

46 Extreme events are widely ~~concerned~~concerning because of their high destructive
47 power and great social impacts. Cold extremes have great impacts on agriculture,
48 transportation, ~~and~~and people's health, and can even cripple power supplies and ~~led~~lead
49 to rolling blackouts (Steponkus, 1979; Andreescu and Frost, 1998; Sheridan et al., 2015;
50 Thornton et al., 2016). The global mean surface air temperature (SAT) has been
51 increasing in the past century due to the increase of anthropogenic greenhouse gas
52 concentration in the atmosphere (Jones et al., 2008; IPCC, 2021). While warm extremes
53 continue to attract considerable attention from the scientific community and ordinary
54 people (e.g. Alexander et al., 2006; Rahimzadeh et al., 2009; Donat et al., 2012; Sun et
55 al., 2014; Ma et al., 2017b), the cold extremes have also gained wide attention (e.g.
56 Overland et al., 2011; Mori et al., 2014; Li et al., 2015; McCusker et al., 2016; Sun et
57 al., 2016; Trenary et al., 2016; Ma et al., 2018; Qian et al., 2018) due to the mid-latitude
58 cold extremes happened in recent several years.

59 A strong cold surge related to the negative phase of the Arctic Oscillation (AO)
60 and intensified Siberian High attacked North China during 6-8 January 2021. (Wang et
61 al., 2021). The temperatures reached or broke the records in more than 50 cities and
62 counties. Beijing experienced the third coldest day since 1951 on 7 January, with a daily
63 minimum temperature of -19.6°C. (Wang et al., 2021; Zhou et al., 2022). TheThe
64 regional mean temperature in North China during 6-8 January 2021 was about 9°C
65 lower than the average for the same period between the years 2001 and 2020. North
66 America evidenced a widespread cold extreme in February 2021, which was caused by

67 the distorted and weakened polar vortex (Lee, 2021; Lu et al., 2021). The temperatures
68 were 15°C to 25°C lower than normal in large areas and caused huge impacts on the
69 energy supplies and transportation (Zhou et al., 2022). Cold ~~extreme occur~~extremes
70 have occurred from time to time under global warming in recent years. Will it continue
71 to occur ~~if the~~while global warming continues in the future?

72 The model simulations indicate that the anthropogenic influences have reduced
73 the occurrence probability of cold extremes over eastern China with intensity stronger
74 than the record-breaking cold extreme ~~in~~(since modern meteorological observations
75 started in 1960) on 21-25 January 2016 (Qian et al., 2018). The wintertime East Asian
76 SAT is projected to increase significantly as a response to ~~the~~ future global warming
77 (IPCC, 2021). Cold months defined based on the 20th century will be rarer under ~~the~~
78 future global warming (Räisänen and Ylhäisi, 2011) and the future warming will
79 continuously reduce the intensity and occurrence probability of the cold extreme events
80 (annual minimum daily minimum temperature) over East Asia (Kharin et al., 2013;
81 2018).

82 Previous studies demonstrated that the SAT is influenced by both the dynamic
83 (changes in large-scale atmospheric circulation) and thermodynamic effects
84 (Thompson et al., 2009; Cattiaux et al., 2010; Wallace et al., 2012; Smoliak et al., 2015;
85 Deser et al., 2016). The dynamic effect, for example, the Arctic amplification, which
86 reduces the polar-to-equator temperature gradient, can further modify the atmospheric
87 circulation. There is a positive AO-like SLP (sea level pressure) changing pattern under
88 ~~the~~ global warming (Fyfe et al., 1999; Yamaguchi and Noda, 2006; Kitoh, 2017) and

89 the East Asian winter monsoon will be weakened in the warmer future conditions
90 according to the multi-model simulations of the CMIP3 and CMIP5 models (Jiang and
91 Tian, 2013; Xu et al., 2016). However, there is a lack of quantitative research on the
92 contributions of the dynamic and thermodynamic effects to the future changes of the
93 East Asian cold extremes if the global mean SAT continues to increase.

94 The “dynamic adjustment” ~~approaches~~approach (Wallace et al., 2012; Smoliak et
95 al., 2015; Deser et al., 2016) ~~have~~has been proposed to divide the SAT anomaly into
96 dynamic component (solely associated with circulation changes) and thermodynamic
97 component (associated with thermodynamic processes). The dynamic adjustment of the
98 North Hemisphere SAT field based on SLP can be used to investigate both the short-
99 term climate fluctuations and long-term trends of SAT (Smoliak et al., 2015). Deser et
100 al. (2016) indicates that the internal circulation trends ~~accounts~~account for over 30% of
101 the North American wintertime warming trend in the past 50 years. The variability of
102 circulation plays a critical role in the evolution of the East Asian winter temperature
103 trends during 1961-2018 and the internally induced dynamic component offsets the
104 forced warming by over 70% in northern East Asia over the time period of 1979–2018
105 (Gong et al., 2019; 2021). The dynamic adjustment approach has also been used to
106 investigate the wintertime precipitation changes and summertime SAT changes over
107 East Asia (e.g., Guo et al., 2019; Hu et al., 2019). However, these studies mainly focus
108 on the mean temperature and mean precipitation changes in the past several decades,
109 ~~our knowledge on~~very few studies have quantified the contributions of the dynamic and
110 thermodynamic effects to the future changes of the East Asian cold extremes associated

111 with global warming ~~remains quite limited~~.

112 By using two sets of grand ensemble simulations combined with observational
113 data and reanalysis data, we aim to answer the following questions: (1) What are the
114 relative contributions of the dynamic and thermodynamic effects to the East Asian cold
115 extremes in the past several decades? (2) How will the intensity and occurrence
116 probability of East Asian cold extremes change in the warmer future? ~~(3) What and~~
117 what are the quantitative contributions of the dynamic and thermodynamic effects to
118 the changes of East Asian cold extremes in the warmer future? (3) How will the
119 circulation change in the warmer future and how will this change affect cold extremes
120 in East Asia?

121 **2 Data and Methodology**

122 **2.1. Model Data**

123 The 100-member Grand Ensemble generated by the Max Planck Institute Earth
124 System Model version 1.1 (MPI-GE; Maher et al., 2019) with horizontal resolution of
125 $1.8^{\circ} \times 1.8^{\circ}$ and the 40-member Community Earth System Model Large Ensemble
126 (CESM-LE; Kay et al., 2015) with horizontal resolution of $1^{\circ} \times 1^{\circ}$ are applied in this
127 study to investigate the contributions of dynamic and thermodynamic components to
128 the East Asian cold extremes in recent decades and the future warm climate. The
129 historical simulations integrated from 1850 to 2005 in the MPI-GE and from 1920 to
130 2005 in the CESM-LE were driven by the observed forcings. The Representative
131 Concentration Pathway 8.5 (RCP8.5) scenario simulations were performed from 2006

132 to 2099 in the MPI-GE and from 2006 to 2100 in the CESM-LE. In addition, the 2000-
133 yr MPI pre-industrial (PiCTL) simulation and 1800-yr CESM PiCTL simulation are
134 also used in this study. For more detailed information ~~of~~on the MPI-GE and the CESM-
135 LE, please refer to Maher et al. (2019) and Kay et al. (2015), respectively.

136 **2.2 Observation Data**

137 The following datasets are used in this study: (1) monthly mean SAT from the
138 Climatic Research Unit (CRU) version 4 with a horizontal resolution of $0.5^\circ \times 0.5^\circ$
139 (Harris et al., 2014). (2) Monthly mean three-dimensional circulation fields derived
140 from the 20th Century Reanalysis (20CR) version 2 with a horizontal resolution of $2^\circ \times 2^\circ$
141 (Compo et al., 2011). The time period for these two datasets used in this study is from
142 1920 to 2012.

143 **2.3 Dynamic Adjustment Approach**

144 The dynamic adjustment method presented by Deser et al. (2016) is based on the
145 constructed circulation analogue using SLP. This method empirically divides SAT
146 variability into a dynamic component (associated with atmospheric circulation changes)
147 and a thermodynamic component (the residual part). The dynamic adjustment method
148 is summarized below and please refer to Deser et al. (2016) for more details.

149 **2.3.1 Application to the MPI-GE and CESM-LE**

150 For a given “target” month and year (e.g. December 1990) in each ensemble
151 member, we rank the 2000 (1800) December SLP fields in the PiCTL simulation by
152 their similarity with the target SLP pattern according to Euclidean distance. ~~Then, we~~

153 ~~randomly select 100 SLP fields from~~From the 150 ~~closest~~ SLP fields with the smallest
154 Euclidean ~~distance~~distances, we randomly subsample 100 SLP fields to construct athe
155 best estimation of the target SLP pattern by linear combination. The same set of linear
156 coefficients is applied to the accompanying SAT fields. ~~We repeat the above procedure~~
157 ~~for 100 times and average the 100 linear combinations to derive the dynamically-~~
158 ~~induced SAT field in the target month.~~ to obtain the associated linear combination of
159 SAT. We repeat the subsampling procedure 100 times and average the 100 linear
160 combinations to derive the dynamically induced SAT field in the target month. Deser
161 et al. (2016) illustrate the importance of this iterative random selection process and the
162 reason for the repeated subsampling procedure is to take into account the uncertainty
163 related to internal thermodynamic variability and to ensure the robustness of the results.
164 We use the domain 15°~90°N, 30°~180°E for the SLP analogues. The sensitivity to the
165 precise region used is small (Figures not shown; e.g. within $\pm 5^\circ$ of latitude and $\pm 10^\circ$
166 of longitude). To test whether 150 selected SLP fields are sufficient to estimate the
167 target SLP, a sensitivity analysis is conducted on the sample size of the selected closest
168 fields. The findings suggest that there is no significant difference when the number of
169 selected fields exceeds 100.

170 The multi-member mean of the dynamic component is regarded as the forced
171 dynamic component and the internal dynamic component is obtained by subtracting the
172 forced part from the total dynamic component. for each ensemble member.
173 Thermodynamic components are obtained as residuals (total minus dynamic) for both
174 forced and internal components.

175 2.3.2 Application to the observation

176 There is no PiCTL simulation in the observation. Therefore, before computing the
177 dynamic component of SAT, the quadratic trend of the SAT during 1920-2012 is first
178 subtracted to obtain SAT series without anthropogenic forcing. ~~For a given~~ Similar to
179 the application to the model ensembles, for each month and year in the observation, 40
180 SLP fields subsampling from 60 closest SLP fields are first selected (excluding the target
181 month). ~~Dynamic~~ Then, dynamic adjustment procedure described in section 3.2.1 is
182 ~~then~~ applied to derive the dynamically-induced SAT fields in the observation.

183 Different from model simulations, there is only one member in the observation,
184 we cannot separate the forced and internal parts by calculating the ensemble mean or
185 subtracting the ensemble mean. To obtain the internal dynamic contribution to the
186 observed SAT anomaly, a separate dynamic adjustment based on the internal component
187 of the observed SLP anomalies is performed. ~~The~~ It is worth noting that, the internal
188 component of the observed SLP anomalies is obtained by subtracting the model
189 ensemble-mean SLP anomaly from the observed SLP anomaly at each time step. ~~Then~~

190 After we get the internal dynamic component of SAT anomaly, the forced dynamic
191 component is calculated by subtracting the internal dynamic component from the total
192 dynamic component. Thermodynamic components are obtained as residuals (total
193 minus dynamic) for both forced and internal components.

194 2.4 Baseline period and the study region

195 The baseline period of 1986-2005 boreal winter is referred to as the historical

196 (present-day) climatology to investigate the SAT anomalies and contributions of
197 dynamic and thermodynamic effects to future changes of East Asian cold extremes. The
198 certain region (the black box in Figure 2) from 20°N to 55°N and from 105°E to 130°E
199 is regarded as East Asia in this study.

200 **2.5 The definitions of cold extreme and cold month**

201 The definition of East Asian cold extreme is as follows: in the models, the regional
202 averaged monthly SAT anomaly of East Asia is firstly calculated. ~~Then~~For a specific
203 period, cold extremes are defined as the months in which the regional mean SAT is
204 lower than the statistical 5th percentile of the climatological monthly SAT series during
205 DJF in ~~a certain~~this time ~~sliee~~period. A month when a cold extreme happens is defined
206 as a cold month. Similarly, the cold months in the observation are the 8 coldest months
207 (5% of 150 winter months) during the 1962-2011 boreal winter (Table 1).

208 All the anomalies shown in this study are calculated relative to the climatological
209 values of the 1986-2005 boreal winter unless mentioned otherwise. Student's t-test is
210 applied to indicate the 5% significance level.

211 **2.6 The intensity and occurrence probability ratio of cold extreme**

212 The intensity of a cold extreme is the SAT deviation relative to the present-day
213 boreal winter SAT climatology.

214 The occurrence probability ratio of the present-day cold extremes is calculated as
215 follows (Ma et al., 2017a):

216
$$PR = \frac{P1}{P0} \quad (1)$$

217 where PR is the occurrence probability ratio. The value of $P0$ is 5%, and $P1$ is the
218 probability of monthly SAT lower than the present-day cold extreme threshold in other
219 time periods. For example, if the value of $P1$ is 2% during a future period, then the
220 value of PR is 0.4. For the calculation of the occurrence probability ratio, we pull all
221 the members together ~~ratio~~ rather than calculate it for each member.

222 **3 Results**

223 **3.1 Dynamic and thermodynamic processes to East Asian cold extremes in recent** 224 **decades**

225 The observed winter temperature in East Asia shows obvious variability during the
226 1962-2011 boreal winter, (Figure 1a). According to the correlation coefficients
227 calculated between each component of the SAT anomaly and ~~this~~the original SAT
228 anomaly, the SAT variability is mainly caused by the dynamically-induced internal
229 component. ~~Moreover, this~~ (Figure 1b-g). The fluctuations of forced dynamic and
230 thermodynamic components are much smaller than those of internal dynamic and
231 thermodynamic ones (Figure 1c, d, f and g). Internal variability is the main cause of
232 cold extremes over East Asia in the past five decades (Figure 1).

233 The decomposition of the observed East Asian cold-month SAT anomalies during
234 the 1962-2011 boreal winter is shown in Figure 2a-c. The SAT is significantly lower
235 than the present-day winter SAT climatology (more than 3°C) across the East Asian
236 landmass (Figure 2a). The decomposition of the SAT anomaly indicates that the cold

237 extremes in recent decades are mainly caused by the dynamic component (Figure 2b
238 and c), ~~especially for the cold extremes happened in recent years. For example, the~~.
239 The dynamic component accounts for approximately 55% of the total East Asian cold-
240 month SAT anomaly during the 1962-2011 boreal winter. Compared to cold extremes
241 in the 1960s and 1970s, the percentage contribution of dynamic components to the cold
242 extreme in January 2011 is higher (Table 1). The East Asian regional mean SAT
243 anomaly in January 2011 is -3.47°C, in which, the dynamic component is -3.81°C,
244 accounting for up to 110% of the total SAT anomaly (Table 1). It is worth noting that
245 these cold extremes are mainly caused by the internally-generated components, and the
246 forced dynamic component ~~shows~~ has shown little trend in the past five decades and has
247 little contribution to the observed cold extremes (Figure 1c and d).

248 The two sets of large ensemble model simulations can ~~well reproduce~~ generally
249 capture the ~~relative contributionsspatial distributions~~ of total SAT anomaly and the
250 dynamic ~~and thermodynamic components to the~~ component of cold extremes during
251 1962-2011 boreal winter (Figure 2d-i). ~~The SAT is significantly lower, e, g and h), with~~
252 pattern correlation coefficients higher than the winter SAT climatology throughout 0.7
253 in both model ensembles. However, the thermodynamic component is much weaker in
254 the model simulations than in the observation, especially in the northern parts of East
255 Asia (Figure ~~2d and g)2f and thei~~). The dynamic component is the main contributor to
256 the cold extremes ~~(Figure 2e, f, h and i). It should be noted that there are much more~~
257 ~~cold extreme samples in the MPI-GE and the CESM-LE, and the contribution of the~~
258 ~~dynamic component to the cold extremes are more evident in the two model ensembles~~

259 ~~than in the observation (Figure 2). The dynamic component accounts, accounting for~~
260 up to 85% and 82% of the total East Asian cold-month SAT anomaly during the 1962-
261 2011 boreal winter in the MPI-GE and the CESM-LE, respectively. Compared with the
262 observation, the contribution of the dynamic component to the cold extremes is larger
263 in the two model ensembles (Figure 2). One possible reason is that there are only 8 cold
264 extreme samples in the observation, and the relative contributions of dynamic and
265 thermodynamic components cannot be fully reflected by these samples. Another
266 possible reason may be the uncertainty of local thermodynamic processes
267 (Röthlisberger and Papritz, 2023).

268 The results shown above indicate that the observed cold extremes in the past
269 decades are mainly caused by the internal variability of atmospheric circulations. The
270 cold extremes are often associated with strong East Asian winter monsoon flows, which
271 are often accompanied ~~with~~by the blockings in the Urals and the intensified Siberian
272 high- (Francis and Vavrus, 2012; Ma et al., 2018). The composite circulation anomalies
273 in the cold months during the 1962-2011 boreal winter are further investigated (Figure
274 3). A ridge-trough pattern is seen over the Eurasian continent in the upper troposphere
275 and there is southeastward propagation of wave activity flux (Figure 3a). The westerlies
276 are weakened in the whole troposphere around 45°N -75°N, and there is an enhanced
277 meandering flow pattern (Figure 3b-); Walsh, 2014; Simmonds, 2015; Ma et al., 2018).
278 The weakened westerlies may favor the blocking events, which have a strong
279 relationship with the cold extremes over East Asia- (Luo et al., 2017). The surface
280 Siberian High is intensified, and low-level northerly winds lead cold Arctic air to spread

281 southward to East Asia (Figure 3c).

282 This typical type of circulation anomalies in cold months mentioned above are
283 also well captured in the MPI-GE and the CESM-LE (Figure 3d-f). Namely, there is a
284 ridge-trough pattern in the upper troposphere over the Eurasian continent and the
285 surface Siberian High is enhanced. The westerlies are weakened in the whole
286 troposphere and the cold air from the Arctic regions causes cold extremes over East
287 Asia.

288 **3.2 Dynamic and thermodynamic contributions to the projected changes in East** 289 **Asian cold extremes**

290 In the observations, the dynamic component is the main contributor to the East
291 Asian cold extremes in the past five decades. The human--induced global warming
292 ~~has had~~ little ~~effects~~effect on the changes in dynamically-induced SAT anomalies during
293 1962-2011 (Figure 1). How will the dynamic and thermodynamic effects contribute to
294 the future changes in cold extremes over East Asia?

295 We first examine the changes in the intensity of East Asian cold extremes (Figure
296 4a and c). The SAT anomaly will continuously increase along with ~~the~~ global warming
297 under the RCP8.5 scenario. Compared with the present day, the East Asian regional
298 mean cold-month SAT will increase by approximately 4.8°C at the end of the 21st
299 century according to the best estimation of MPI-GE (Figure 4a). The large center
300 ~~location~~ located in Northeast China, over 6°C (Figure 5a). The dynamic and
301 thermodynamic components will also continually increase under the RCP8.5 scenario.

302 It is worth noting that, the dynamic component explains a larger part of the total SAT
303 anomaly in cold months before approximately 2040. Thereafter, the thermodynamic
304 component is the main driver in both model ensembles (Figure 4a and c). The increases
305 in the dynamic and thermodynamic components are approximately 1.3°C and 3.5°C at
306 the end of the 21st century, respectively, in the MPI-GE (Figure 4a). Therefore, the
307 contribution of the increase in dynamic component to the total SAT increase is 27%.
308 The dynamic and thermodynamic components also increase faster in northern parts of
309 East Asia than in other regions (Figure 5b and c). The faster increase of thermodynamic
310 ~~components~~component in northern East Asia may be caused by the snow-albedo
311 feedback, (Fischer et al., 2011), while the reason for the faster increase in dynamic
312 component in this region is that the influence of East Asian Winter Monsoon on
313 northern East Asia is more evident than on other subregions: (He et al., 2017). The
314 results in the CESM-LE are generally consistent with those in the MPI-GE. The East
315 Asian regional mean SAT anomalies in cold months will increase by approximately 5.2°C
316 at the end of the 21st century (Figure 4c). The corresponding increases in the dynamic
317 and thermodynamic components are 1.3°C and 3.9°C, respectively. Statistically, the
318 contribution of the increase in dynamic component to the total SAT increase is about
319 25%. From the perspective of spatial distribution, ~~the total SAT and its dynamic and~~
320 thermodynamic components show similar changing patterns ~~of the total SAT and the~~
321 ~~dynamic component are similar~~ in the two sets of large ensemble model simulations,
322 with large increases occurring in northern parts of East Asia (Figure 5a, b, d and e). The
323 5). However, there are some local differences between the two models. Compared with

324 MPI-GE, the end-of-the 21st-century increase in cold-month regional mean SAT is
325 approximately 0.4°C higher in CESM-LE, primarily due to the thermodynamic
326 component ~~shows some differences (Figure 5e.~~ The larger increase of thermodynamic
327 component in Northeast and ~~†~~Southeast China in CESM-LE than in MPI-GE may be
328 attributed to differences in thermal feedback processes, such as the snow-albedo
329 feedback and land-surface fluxes (Seneviratne et al., 2010; Fischer et al., 2011;
330 Röthlisberger and Papritz, 2023).

331 We extend the analysis from the changes in the intensity of cold extremes to the
332 changes in the occurrence probability ratio of the present-day cold extremes in the
333 future warm climate (Figure 4b). The 20-year running occurrence probability ratio of
334 the present-day cold extremes will rapidly decrease under the RCP8.5 scenario in both
335 sets of the large ensemble model simulations. In the MPI-GE, the occurrence
336 probability ratio of the present-day cold extremes will decrease to 0.05 in the period
337 from 2034 to 2053 (Figure 4b), which means the present-day cold extremes will almost
338 never occur after 2034. We isolate the dynamic and thermodynamic contributions to the
339 changes ~~of~~ in the occurrence probability ratio of the present-day cold extremes. If we
340 hold the dynamic component constant at the present-day level, and allow the
341 thermodynamic component to evolve according to the model projection, the year when
342 the occurrence probability ratio of the present-day cold extremes will decrease to 0.05
343 is 2042, eight years later than the time mentioned above (Figure 4b). Correspondingly,
344 if we hold the thermodynamic component constant at the present-day level, and allow
345 the dynamic component to evolve according to the model projection, the occurrence

346 probability ratio of the present-day cold extremes will decrease to 0.2 at the end of the
347 21st century. From the perspective of spatial distribution, the occurrence probability
348 ratio of the present-day cold extremes will be decreased to 0.05 before 2040 in parts of
349 southeastern China, northeastern China and the Korean Peninsula (Figure 6a). The
350 results in the CESM-LE are generally consistent with those in the MPI-GE (Figures 4d
351 and 6b). The occurrence probability ratio of the present-day cold extremes will decrease
352 to 0.05 in 2035-2054 (Figure 4d) and the occurrence probability ratio also decreases
353 faster in southeastern China, parts of northeastern China and the southern Korean
354 Peninsula (Figure 6b). Different from the MPI-GE, the occurrence probability ratio of
355 the present-day cold extremes will decrease to 0.05 after 2060 in parts of North China
356 ~~and Northeast China~~ in the CESM-LE (Figure 6b).

357 The thermodynamic ~~change is~~ component dominates the ~~main contributor to the~~
358 ~~decreases~~ future decrease in the intensity and occurrence probability of East Asian cold
359 extremes, while the dynamic ~~change~~ component is also contributive. Dynamic change
360 accounts for approximately one-quarter of the total change in the intensity of cold
361 extremes by the end of the 21st century. We further examine the changes in SLP
362 anomalies associated with East Asian cold extremes (Figures 7 and 8).

363 Similar to the previous studies (Fyfe et al., 1999; Cai et al., 2017; Kitoh, 2017),
364 the projected changes in SLP exhibit a positive AO-like pattern, ~~particularly in the MPI-~~
365 ~~GE (Figure 7a and b).~~ especially in MPI-GE (Figure 7). The pattern correlation
366 coefficients between the SLP changing patterns and the positive phase of AO in MPI-
367 GE and CESM-LE are approximately 0.7 and 0.4, respectively (Figure 7a and c). The

368 winter-mean SLP will be reduced in the Arctic regions and enhanced in the mid-latitude
369 regions. The AO shows a highly positive correlation with the winter SAT anomaly over
370 East Asia, especially the northern part, and the positive phase of AO is favorable for
371 warm winter over East Asia (Gong et al., 2019; Wang et al., 2019). ~~Similar~~The SLP
372 changing ~~pattern also occurs~~patterns in cold months (Figure ~~7e~~7b and d) are similar to
373 those in winter mean (Figure 7a and c), and this is possibly the reason for the positive
374 contribution of dynamic effects to the increase in SAT anomaly in cold months. We also
375 construct the changes in the dynamic component of SLP (Figure 8). Changes in the
376 dynamic component of SLP ~~corroborates~~also corroborate that the circulation changes
377 are not favorable for the occurrence of East Asian cold extremes ~~(Figure 8e and d)~~.
378 There are some differences in the SLP changing patterns between the two model
379 ensembles, particularly during cold extremes over the Eurasian region. This could be
380 one of the possible reasons for the differences in local dynamic changes in the two
381 model ensembles.

382 **4 Summary and Discussion**

383 **4.1 Summary**

384 Based on the dynamic adjustment approach, we utilized two sets of large ensemble
385 model simulations in the MPI-GE and CESM-LE to investigate the contributions of the
386 background warming (thermodynamic effect) and circulation changes (dynamic effect)
387 to the East Asian cold extremes. The contributions of the two components to the East
388 Asian cold extremes are quantitatively evaluated in the recent decades and under ~~the~~

389 future warming. The main conclusions are summarized as follows.

390 (1) The observed cold extremes in the past decades are mainly caused by the internal
391 variability of atmospheric circulations, ~~especially for the~~. Compared to cold
392 extremes ~~happened in the 1960s and 1970s, the percentage contribution of dynamic~~
393 component to the cold extreme in recent years is higher. Both MPI-GE and the
394 CESM-LE are consistent in revealing the typical circulation anomalies associated
395 with the East Asian cold extremes. ~~The relative contributions~~ Compared with the
396 observation, the contribution of the dynamic ~~and thermodynamic~~
397 ~~components~~ component to the cold extremes ~~are well captured~~ is more evident in the
398 two model ensembles, and the dynamic component accounts for more than 80% of
399 the total cold-month SAT anomalies in the past five decades.

400 (2) In the future warm climate, the ~~background warming is the main contributor to the~~
401 decreases in the intensity and occurrence probability of East Asian cold extremes
402 are dominated by thermodynamic component, while the ~~circulation changes are~~
403 dynamic component is also contributive. ~~Compared~~ According to MPI-GE and
404 CESM-LE, compared with the present day, the mean intensity of the East Asian
405 cold extremes will decrease by approximately 5°C at the end of the 21st century
406 under the RCP8.5 scenario and the dynamic component contributes to a quarter of
407 this decrease. The occurrence probability ratio of the present-day cold extremes will
408 almost never occur after around 2035, and if we hold the dynamic component
409 constant at the present-day level, this will happen approximately 8 years later.

410 (3) Positive AO-like sea level pressure pattern upward trend is projected in both of the
411 model ensembles, ~~though there are a few differences between the two ensemble~~
412 ~~projection, and this change in large scale circulation~~which is unfavorable to the
413 occurrence of East Asian cold extremes. There are a few differences between the
414 two ensemble projections, particularly in the Eurasian region during cold extremes,
415 and this could be one of the possible reasons for the local differences of dynamic
416 components in the two model ensembles.

417 4.2 Discussion

418 Substantial efforts have been devoted so far to ~~understand~~understanding the
419 response of climate extremes to global warming (e.g. Alexander et al., 2006; Sanderson
420 et al., 2017; Zhang et al., 2018; AghaKouchak et al., 2020; Li et al., 2021), as well as
421 their physical mechanisms (Cattiaux et al., 2010; Peing and Magnusdottir, 2014;
422 Westra et al., 2014; Boschat et al., 2015; Horton et al., 2015; Qian et al., 2018). In
423 particular, the thermodynamic processes (i.e., direct results of global warming) of
424 changes in climate extremes have been well demonstrated. However, it remains
425 ambiguous regarding how the dynamic processes will change under global warming,
426 which is an important source of projection uncertainty for climate extremes (Shepherd,
427 2014; Norris et al., 2019). Hence, it is of vital importance to understand the dynamic
428 changes of climate extremes, in order to improve the reliability of extreme climate
429 projections.

430 In this study, we used two sets of large ensemble ~~simulations~~simulation data and

431 a dynamic adjust method to investigate the future change of cold extremes in East Asia,
432 with a focus on understanding the thermodynamic and dynamic processes. Our results
433 consistently show that the thermodynamic process is the dominant factor of future
434 changes in East Asian cold extreme, with the contribution of dynamic process
435 accounting for approximately one-quarter of the total change. In addition, the change
436 in the dynamic component is attributed to the upward trend of a positive AO-like sea
437 level pressure pattern, and this has been supported by previous studies (Fyfe et al., 1999;
438 Cai et al, 2017; Kitoh, 2017).

439 AO is the main circulation mode in the non-tropical regions of the Northern
440 Hemisphere in winter (Thompson and Wallace, 1998), and has a significant impact on
441 the winter climate in East Asia (Gong et al., 2001). However, it is worth noting that
442 future winter temperature changes in East Asia may also be impacted by other large-
443 scale circulation factors (Zhou et al., 2007; Cheung et al., 2012; He and Wang, 2013).
444 The quantitative impacts of potential future changes of different circulation factors on
445 cold extremes in East Asia remain unclear and require further investigation in future
446 research.

447 **Data availability**

448 The MPI-GE experiment products can be downloaded from [https://esgf-](https://esgf-data.dkrz.de/search/mpi-ge/)
449 [data.dkrz.de/search/mpi-ge/](https://esgf-data.dkrz.de/search/mpi-ge/). The specific experiments or variables can be selected
450 through the navigation bar on the left-hand side. The monthly sea level pressure (psl),
451 surface air temperature (tas), three-dimensional wind field (ua, va, wap), and
452 geopotential height (zg) from the piControl, historical and rcp85 experiments are used
453 in this work.

454 The CESM-LE experiment products can be downloaded from
455 <https://www.earthsystemgrid.org/dataset/ucar.cgd.cesm4.cesmLE.html>.

456

457 **Author contribution**

458 TJZ designed the study. DHL performed the data analysis, produced the figures
459 and wrote the manuscript draft. YCQ and CL collected the datasets. LWZ, WXZ and
460 XLC contributed to the analysis methods. All the authors contributed to the discussion,
461 writing, and editing of the manuscript.

462

463 **Competing interests**

464 The authors declare that they have no conflict of interest.

465

466 **Acknowledgments**

467 **Acknowledgements**

468 This work is jointly supported by the National Natural Science Foundation of
469 China (Grant Nos. 42105031, 41988101).

470

471 **References**

- 472 AghaKouchak, A., Chiang, F., Huning, L. S., Love, C. A., Mallakpour, I., Mazdiyasni,
473 O., ... & Sadegh, M. (2020). Climate extremes and compound hazards in a
474 warming world. *Annual Review of Earth and Planetary Sciences*, 48, 519-548.
475 <https://doi.org/10.1146/annurev-earth-071719-055228>.
- 476 Alexander, L. V., Zhang, X., Peterson, T. C., Caesar, J., Gleason, B., Klein Tank, A. M.
477 G., ... & Vazquez - Aguirre, J. L. (2006). Global observed changes in daily climate
478 extremes of temperature and precipitation. *Journal of Geophysical Research:*
479 *Atmospheres*, 111(D5). <https://doi.org/10.1029/2005JD006290>
- 480 Andreescu, M. P., & Frost, D. B. (1998). Weather and traffic accidents in Montreal,
481 Canada. *Climate research*, 9(3), 225-230. <https://doi.org/10.3354/cr009225>
- 482 Boschat, G., Pezza, A., Simmonds, I., Perkins, S., Cowan, T., & Purich, A. (2015).
483 Large scale and sub-regional connections in the lead up to summer heat wave and
484 extreme rainfall events in eastern Australia. *Climate Dynamics*, 44, 1823-1840.
485 <https://doi.org/10.1007/s00382-014-2214-5>.
- 486 Cai, W., Li, K., Liao, H., Wang, H., & Wu, L. (2017). Weather conditions conducive to
487 Beijing severe haze more frequent under climate change. *Nature Climate Change*,
488 7(4), 257-262. <https://doi.org/10.1038/nclimate3249>
- 489 Cattiaux, J., Vautard, R., Cassou, C., Yiou, P., Masson - Delmotte, V., & Codron, F.
490 (2010). Winter 2010 in Europe: A cold extreme in a warming climate. *Geophysical*
491 *Research Letters*, 37(20). <https://doi.org/10.1029/2010GL044613>

492 Cheung, H. N., Zhou, W., Mok, H. Y., & Wu, M. C. (2012). Relationship between Ural–
493 Siberian blocking and the East Asian winter monsoon in relation to the Arctic
494 Oscillation and the El Niño–Southern Oscillation. *Journal of Climate*, 25(12),
495 4242-4257. <https://doi.org/10.1175/JCLI-D-11-00225.1>

496 Compo, G. P., Whitaker, J. S., Sardeshmukh, P. D., Matsui, N., Allan, R. J., Yin, X., ...
497 & Worley, S. J. (2011). The twentieth century reanalysis project. *Quarterly Journal*
498 *of the Royal Meteorological Society*, 137(654), 1-28.
499 <https://doi.org/10.1002/qj.776>

500 Deser, C., Terray, L., & Phillips, A. S. (2016). Forced and internal components of winter
501 air temperature trends over North America during the past 50 years: Mechanisms
502 and implications. *Journal of Climate*, 29(6), 2237-2258.
503 <https://doi.org/10.1175/JCLI-D-15-0304.1>

504 Donat, M. G., & Alexander, L. V. (2012). The shifting probability distribution of global
505 daytime and night - time temperatures. *Geophysical Research Letters*, 39(14).
506 <https://doi.org/10.1029/2012GL052459>

507 Fischer, E. M., Lawrence, D. M., & Sanderson, B. M. (2011). Quantifying uncertainties
508 in projections of extremes—A perturbed land surface parameter
509 experiment. *Climate Dynamics*, 37, 1381-1398.

510 Francis, J. A., & Vavrus, S. J. (2012). Evidence linking Arctic amplification to extreme
511 weather in mid - latitudes. *Geophysical research letters*, 39(6).

512 Fyfe, J. C., Boer, G. J., & Flato, G. M. (1999). The Arctic and Antarctic Oscillations
513 and their projected changes under global warming. *Geophysical Research Letters*,
514 26(11), 1601-1604. <https://doi.org/10.1029/1999GL900317>

515 Gong, D. Y., Wang, S. W., & Zhu, J. H. (2001). East Asian winter monsoon and Arctic
516 oscillation. *Geophysical Research Letters*, 28(10), 2073-2076.
517 <https://doi.org/10.1029/2000GL012311>

518 Gong, H., Wang, L., Chen, W., & Wu, R. (2019). Attribution of the East Asian winter
519 temperature trends during 1979–2018: Role of external forcing and internal
520 variability. *Geophysical Research Letters*, 46(19), 10874-10881.
521 <https://doi.org/10.1029/2019GL084154>

522 Gong, H., Wang, L., Chen, W., & Wu, R. (2021). Evolution of the East Asian winter
523 land temperature trends during 1961–2018: role of internal variability and external
524 forcing. *Environmental Research Letters*, 16(2), 024015. doi: 10.1088/1748-
525 9326/abd586

526 Guo, R., Deser, C., Terray, L., & Lehner, F. (2019). Human influence on winter
527 precipitation trends (1921–2015) over North America and Eurasia revealed by
528 dynamical adjustment. *Geophysical Research Letters*, 46(6), 3426-3434.
529 <https://doi.org/10.1029/2018GL081316>

530 Haarsma, R. J., Selten, F., Hurk, B. V., Hazeleger, W., & Wang, X. (2009). Drier
531 Mediterranean soils due to greenhouse warming bring easterly winds over
532 summertime central Europe. *Geophysical research letters*, 36(4).
533 <https://doi.org/10.1029/2008GL036617>

534 Harris, I. P. D. J., Jones, P. D., Osborn, T. J., & Lister, D. H. (2014). Updated high -
535 resolution grids of monthly climatic observations—the CRU TS3. 10 Dataset.
536 International journal of climatology, 34(3), 623-642.
537 <https://doi.org/10.1002/joc.3711>

538 He, S., & Wang, H. (2013). Oscillating relationship between the East Asian winter
539 monsoon and ENSO. Journal of Climate, 26(24), 9819-9838.
540 <https://doi.org/10.1175/JCLI-D-13-00174.1>

541 [He, S., Gao, Y., Li, F., Wang, H., & He, Y. \(2017\). Impact of Arctic Oscillation on the](#)
542 [East Asian climate: A review. Earth-Science Reviews, 164, 48-62.](#)

543 Horton, D. E., Johnson, N. C., Singh, D., Swain, D. L., Rajaratnam, B., & Diffenbaugh,
544 N. S. (2015). Contribution of changes in atmospheric circulation patterns to
545 extreme temperature trends. Nature, 522(7557), 465-469.
546 <https://doi.org/10.1038/nature14550>

547 Hu, K., Huang, G., & Xie, S. P. (2019). Assessing the internal variability in multi-
548 decadal trends of summer surface air temperature over East Asia with a large
549 ensemble of GCM simulations. Climate Dynamics, 52(9), 6229-6242.
550 <https://doi.org/10.1007/s00382-018-4503-x>

551 IPCC. (2021). Climate Change 2021. The Physical Science Basis. Contribution of
552 Working Group I to the Sixth Assessment Report of the Intergovernmental Panel
553 on Climate Change [Masson-Delmotte, V., P. Zhai, A. Pirani, S.L. Connors, C.
554 Péan, S. Berger, N. Caud, Y. Chen, L. Goldfarb, M.I. Gomis, M. Huang, K. Leitzell,
555 E. Lonnoy, J.B.R. Matthews, T.K. Maycock, T. Waterfield, O. Yelekçi, R. Yu, and

556 B. Zhou (eds.)]. Cambridge University Press, Cambridge, United Kingdom and
557 New York, NY, USA, 2391 pp. doi:10.1017/9781009157896.

558 Jiang, D., & Tian, Z. (2013). East Asian monsoon change for the 21st century: Results
559 of CMIP3 and CMIP5 models. *Chinese Science Bulletin*, 58(12), 1427-1435.
560 <https://doi.org/10.1007/s11434-012-5533-0>

561 Jones, G. S., Stott, P. A., & Christidis, N. (2008). Human contribution to rapidly
562 increasing frequency of very warm Northern Hemisphere summers. *Journal of*
563 *Geophysical Research: Atmospheres*, 113(D2).
564 <https://doi.org/10.1029/2007JD008914>

565 Kay, J. E., Deser, C., Phillips, A., Mai, A., Hannay, C., Strand, G., ... & Vertenstein, M.
566 (2015). The Community Earth System Model (CESM) large ensemble project: A
567 community resource for studying climate change in the presence of internal
568 climate variability. *Bulletin of the American Meteorological Society*, 96(8), 1333-
569 1349. <https://doi.org/10.1175/BAMS-D-13-00255.1>

570 Kharin, V. V., Flato, G. M., Zhang, X., Gillett, N. P., Zwiers, F., & Anderson, K. J.
571 (2018). Risks from climate extremes change differently from 1.5 C to 2.0 C
572 depending on rarity. *Earth's Future*, 6(5), 704-715.
573 <https://doi.org/10.1002/2018EF000813>

574 Kharin, V. V., Zwiers, F. W., Zhang, X., & Wehner, M. (2013). Changes in temperature
575 and precipitation extremes in the CMIP5 ensemble. *Climatic change*, 119(2), 345-
576 357. <https://doi.org/10.1007/s10584-013-0705-8>

577 Kitoh, A. (2017). The Asian Monsoon and its Future Change in Climate Models: A
578 Review. *Journal of the Meteorological Society of Japan*, 95(1): 7-33.
579 <https://doi.org/10.2151/jmsj.2017-002>

580 Lee, S. H. (2021). The January 2021 sudden stratospheric warming. *Weather*, 76(4),
581 135-136. <https://doi.org/10.1002/wea.3966>

582 Li, C., Stevens, B., & Marotzke, J. (2015). Eurasian winter cooling in the warming
583 hiatus of 1998–2012. *Geophysical Research Letters*, 42(19), 8131-8139.
584 <https://doi.org/10.1002/2015GL065327>

585 Li, C., Zwiers, F., Zhang, X., Li, G., Sun, Y., & Wehner, M. (2021). Changes in annual
586 extremes of daily temperature and precipitation in CMIP6 models. *Journal of*
587 *Climate*, 34(9), 3441-3460. <https://doi.org/10.1175/JCLI-D-19-1013.1>

588 Lu, Q., Rao, J., Liang, Z., Guo, D., Luo, J., Liu, S., ... & Wang, T. (2021). The sudden
589 stratospheric warming in January 2021. *Environmental Research Letters*, 16(8),
590 084029. doi: 10.1088/1748-9326/ac12f4

591 [Luo, D., Yao, Y., Dai, A., Simmonds, I., & Zhong, L. \(2017\). Increased quasi](#)
592 [stationarity and persistence of winter Ural blocking and Eurasian extreme cold](#)
593 [events in response to Arctic warming. Part II: A theoretical explanation. *Journal of*](#)
594 [Climate](#), 30(10), 3569-3587.

595 Ma, S., Zhou, T., Angéilil, O., & Shiogama, H. (2017a). Increased chances of drought
596 in southeastern periphery of the Tibetan Plateau induced by anthropogenic
597 warming. *Journal of Climate*, 30(16), 6543-6560. [https://doi.org/10.1175/JCLI-D-](https://doi.org/10.1175/JCLI-D-16-0636.1)
598 16-0636.1

599 Ma, S., Zhou, T., Stone, D. A., Angéilil, O., & Shiogama, H. (2017b). Attribution of the
600 July–August 2013 heat event in central and eastern China to anthropogenic
601 greenhouse gas emissions. *Environmental Research Letters*, 12(5), 054020. doi:
602 10.1088/1748-9326/aa69d2

603 Ma, S., Zhu, C., Liu, B., Zhou, T., Ding, Y., & Orsolini, Y. J. (2018). Polarized response
604 of East Asian winter temperature extremes in the era of Arctic warming. *Journal*
605 *of Climate*, 31(14), 5543-5557. <https://doi.org/10.1175/JCLI-D-17-0463.1>

606 Maher, N., Milinski, S., Suarez - Gutierrez, L., Botzet, M., Dobrynin, M., Kornblueh,
607 L., ... & Marotzke, J. (2019). The Max Planck Institute Grand Ensemble:
608 enablingthe exploration of climate system variability. *Journal of Advances in*
609 *Modeling Earth Systems*, 11(7), 2050-2069.
610 <https://doi.org/10.1029/2019MS001639>

611 McCusker, K. E., Fyfe, J. C., & Sigmond, M. (2016). Twenty-five winters of
612 unexpected Eurasian cooling unlikely due to Arctic sea-ice loss. *Nature*
613 *Geoscience*, 9(11), 838-842. <https://doi.org/10.1038/ngeo2820>

614 Mori, M., Watanabe, M., Shiogama, H., Inoue, J., & Kimoto, M. (2014). Robust Arctic
615 sea-ice influence on the frequent Eurasian cold winters in past decades. *Nature*
616 *Geoscience*, 7(12), 869-873. <https://doi.org/10.1038/ngeo2277>

617 Norris, J., Chen, G., & Neelin, J. D. (2019). Thermodynamic versus dynamic controls
618 on extreme precipitation in a warming climate from the Community Earth System
619 Model Large Ensemble. *Journal of Climate*, 32(4), 1025-1045.
620 <https://doi.org/10.1175/jcli-d-18-0302.1>

- 621 Overland, J. E., Wood, K. R., & Wang, M. (2011). Warm Arctic—cold continents:
622 climate impacts of the newly open Arctic Sea. *Polar Research*, 30(1), 15787.
623 <https://doi.org/10.3402/polar.v30i0.15787>
- 624 Peings, Y., & Magnusdottir, G. (2014). Response of the wintertime Northern
625 Hemisphere atmospheric circulation to current and projected Arctic sea ice decline:
626 A numerical study with CAM5. *Journal of Climate*, 27(1), 244-264.
627 <https://doi.org/10.1175/JCLI-D-13-00272.1>
- 628 Qian, C., Wang, J., Dong, S., Yin, H., Burke, C., Ciavarella, A., ... & Tett, S. F. (2018).
629 Human Influence on the Record-breaking Cold Event in January of 2016 in
630 Eastern China. [in “Explaining Extreme Events of 2016 from a Climate
631 Perspective”]. *Bulletin of the American Meteorological Society*, 99(1), S118-S122.
632 <https://doi.org/10.1175/BAMS-D-17-0095.1>
- 633 Rahimzadeh, F., Asgari, A., & Fattahi, E. (2009). Variability of extreme temperature
634 and precipitation in Iran during recent decades. *International Journal of*
635 *Climatology: A Journal of the Royal Meteorological Society*, 29(3), 329-343.
636 <https://doi.org/10.1002/joc.1739>
- 637 Räisänen, J., & Ylhäisi, J. S. (2011). Cold months in a warming climate. *Geophysical*
638 *Research Letters*, 38(22). <https://doi.org/10.1029/2011GL049758>
- 639 [Röthlisberger, M., & Papritz, L. \(2023\). A global quantification of the physical](#)
640 [processes leading to near - surface cold extremes. *Geophysical Research*](#)
641 [Letters, 50\(5\), e2022GL101670.](#)

642 Sanderson, B. M., Xu, Y., Tebaldi, C., Wehner, M., O'Neill, B., Jahn, A., ... & Lamarque,
643 J. F. (2017). Community climate simulations to assess avoided impacts in 1.5 and
644 2 C futures. *Earth System Dynamics*, 8(3), 827-847. [https://doi.org/10.5194/esd-](https://doi.org/10.5194/esd-8-827-2017)
645 8-827-2017

646 [Seneviratne, S. I., Corti, T., Davin, E. L., Hirschi, M., Jaeger, E. B., Lehner, I., ... &](#)
647 [Teuling, A. J. \(2010\). Investigating soil moisture–climate interactions in a](#)
648 [changing climate: A review. *Earth-Science Reviews*, 99\(3-4\), 125-161.](#)

649 Shepherd, T. G. (2014). Atmospheric circulation as a source of uncertainty in climate
650 change projections. *Nature Geoscience*, 7(10), 703-708.
651 <https://doi.org/10.1038/ngeo2253>

652 Sheridan, S. C., & Allen, M. J. (2015). Changes in the frequency and intensity of
653 extreme temperature events and human health concerns. *Current Climate Change*
654 *Reports*, 1(3), 155-162. <https://doi.org/10.1007/s40641-015-0017-3>

655 Smoliak, B. V., Wallace, J. M., Lin, P., & Fu, Q. (2015). Dynamical adjustment of the
656 Northern Hemisphere surface air temperature field: Methodology and application
657 to observations. *Journal of Climate*, 28(4), 1613-1629.
658 <https://doi.org/10.1175/JCLI-D-14-00111.1>

659 Steponkus, P. L. (1979). Cold hardiness and freezing injury of agronomic crops.
660 *Advances in Agronomy*, 30, 51-98. [https://doi.org/10.1016/S0065-](https://doi.org/10.1016/S0065-2113(08)60703-8)
661 2113(08)60703-8

662 Sun, L., Perlwitz, J., & Hoerling, M. (2016). What caused the recent “Warm Arctic,
663 Cold Continents” trend pattern in winter temperatures?. *Geophysical Research*
664 *Letters*, 43(10), 5345-5352. <https://doi.org/10.1002/2016GL069024>

665 Sun, Y., Zhang, X., Zwiers, F. W., Song, L., Wan, H., Hu, T., ... & Ren, G. (2014). Rapid
666 increase in the risk of extreme summer heat in Eastern China. *Nature Climate*
667 *Change*, 4(12), 1082-1085. <https://doi.org/10.1038/nclimate2410>

668 Thompson, D. W., & Wallace, J. M. (1998). The Arctic Oscillation signature in the
669 wintertime geopotential height and temperature fields. *Geophysical research*
670 *letters*, 25(9), 1297-1300. <https://doi.org/10.1029/98GL00950>

671 Thompson, D. W., Wallace, J. M., Jones, P. D., & Kennedy, J. J. (2009). Identifying
672 signatures of natural climate variability in time series of global-mean surface
673 temperature: Methodology and insights. *Journal of Climate*, 22(22), 6120-6141.
674 <https://doi.org/10.1175/2009JCLI3089.1>

675 Thornton, H. E., Hoskins, B. J., & Scaife, A. A. (2016). The role of temperature in the
676 variability and extremes of electricity and gas demand in Great Britain.
677 *Environmental Research Letters*, 11(11), 114015. doi: 10.1088/1748-
678 9326/11/11/114015

679 Trenary, L., DelSole, T., Tippet, M. K., & Doty B. (2016). Extreme Eastern US Winter
680 of 2015 Not Symptomatic of Climate Change [in “Explaining Extreme Events of
681 2016 from a Climate Perspective”]. *Bulletin of the American Meteorological*
682 *Society*, 97(12), S31-S35. doi: 10.1175/BAMS-D-16-0156.1

683 Wallace, J. M., Fu, Q., Smoliak, B. V., Lin, P., & Johanson, C. M. (2012). Simulated
684 versus observed patterns of warming over the extratropical Northern Hemisphere
685 continents during the cold season. *Proceedings of the National Academy of*
686 *Sciences*, 109(36), 14337-14342. <https://doi.org/10.1073/pnas.1204875109>

687 Walsh, J. E. (2014). Intensified warming of the Arctic: Causes and impacts on middle
688 latitudes. *Global and Planetary Change*, 117, 52-63.

689 Wang, C., Yao, Y., Wang, H., Sun, X., & Zheng, J. (2021). The 2020 summer floods and
690 2020/21 winter extreme cold surges in China and the 2020 typhoon season in the
691 western North Pacific. *Advances in Atmospheric Sciences*. 38, 896 - 904.
692 <https://doi.org/10.1007/s00376-021-1094-y>

693 Wang, L., Deng, A., & Huang, R. (2019). Wintertime internal climate variability over
694 Eurasia in the CESM large ensemble. *Climate dynamics*, 52(11), 6735-6748.
695 <https://doi.org/10.1007/s00382-018-4542-3>

696 Westra, S., Fowler, H. J., Evans, J. P., Alexander, L. V., Berg, P., Johnson, F., ... &
697 Roberts, N. (2014). Future changes to the intensity and frequency of short -
698 duration extreme rainfall. *Reviews of Geophysics*, 52(3), 522-555.
699 <https://doi.org/10.1002/2014RG000464>

700 Xu, M., Xu, H., & Ma, J. (2016). Responses of the East Asian winter monsoon to global
701 warming in CMIP5 models. *International Journal of Climatology*, 36(5), 2139-
702 2155. <https://doi.org/10.1002/joc.4480>

703 Yamaguchi, K., & Noda, A. (2006). Global warming patterns over the North Pacific:
704 ENSO versus AO. *Journal of the Meteorological Society of Japan. Ser. II*, 84(1),
705 221-241. <https://doi.org/10.2151/jmsj.84.221>

706 Zhang, W., Zhou, T., Zou, L., Zhang, L., & Chen, X. (2018). Reduced exposure to
707 extreme precipitation from 0.5C less warming in global land monsoon regions.
708 *Nature Communications*, 9(1), 3153. [https://doi.org/10.1038/s41467-018-05633-](https://doi.org/10.1038/s41467-018-05633-3)
709 3

710 Zhou, T., Zhang, W., Zhang, L., Clark, R., Qian, C., Zhang, Q., ... & Zhang, X. (2022).
711 2021: A Year of Unprecedented Climate Extremes in Eastern Asia, North America,
712 and Europe. *Advances in Atmospheric Sciences*. 39, 1598 - 1607.
713 <https://doi.org/10.1007/s00376-022-2063-9>

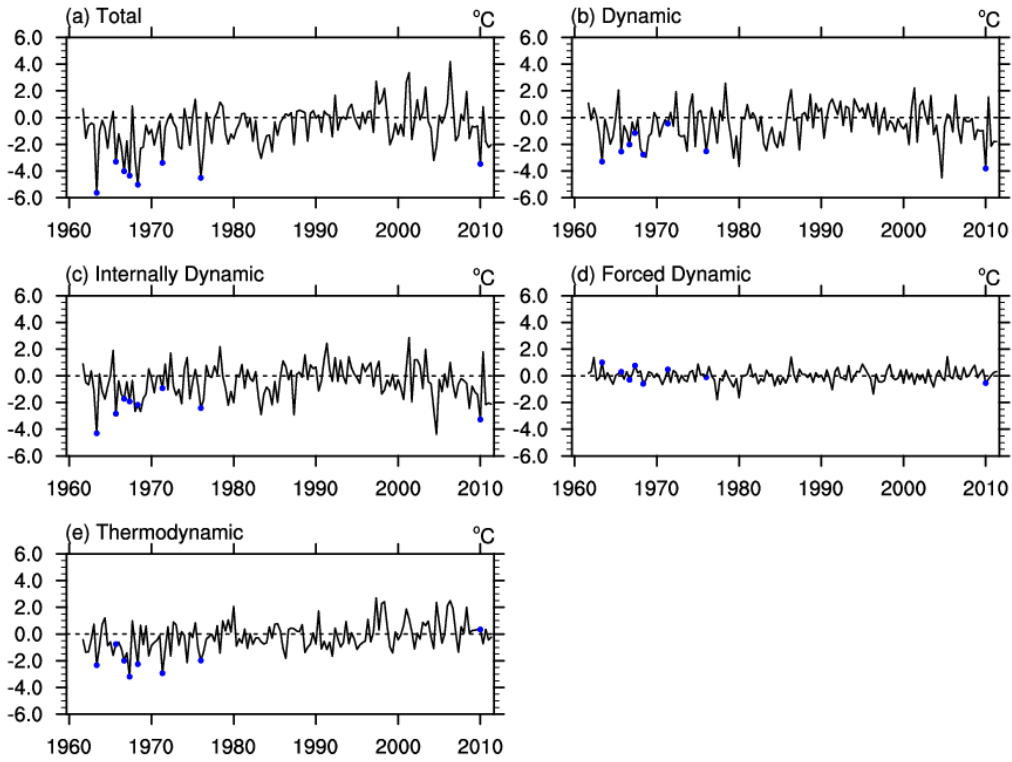
714 Zhou, W., Li, C., & Wang, X. (2007). Possible connection between Pacific oceanic
715 interdecadal pathway and East Asian winter monsoon. *Geophysical Research*
716 *Letters*, 34(1). <https://doi.org/10.1029/2006GL027809>

717

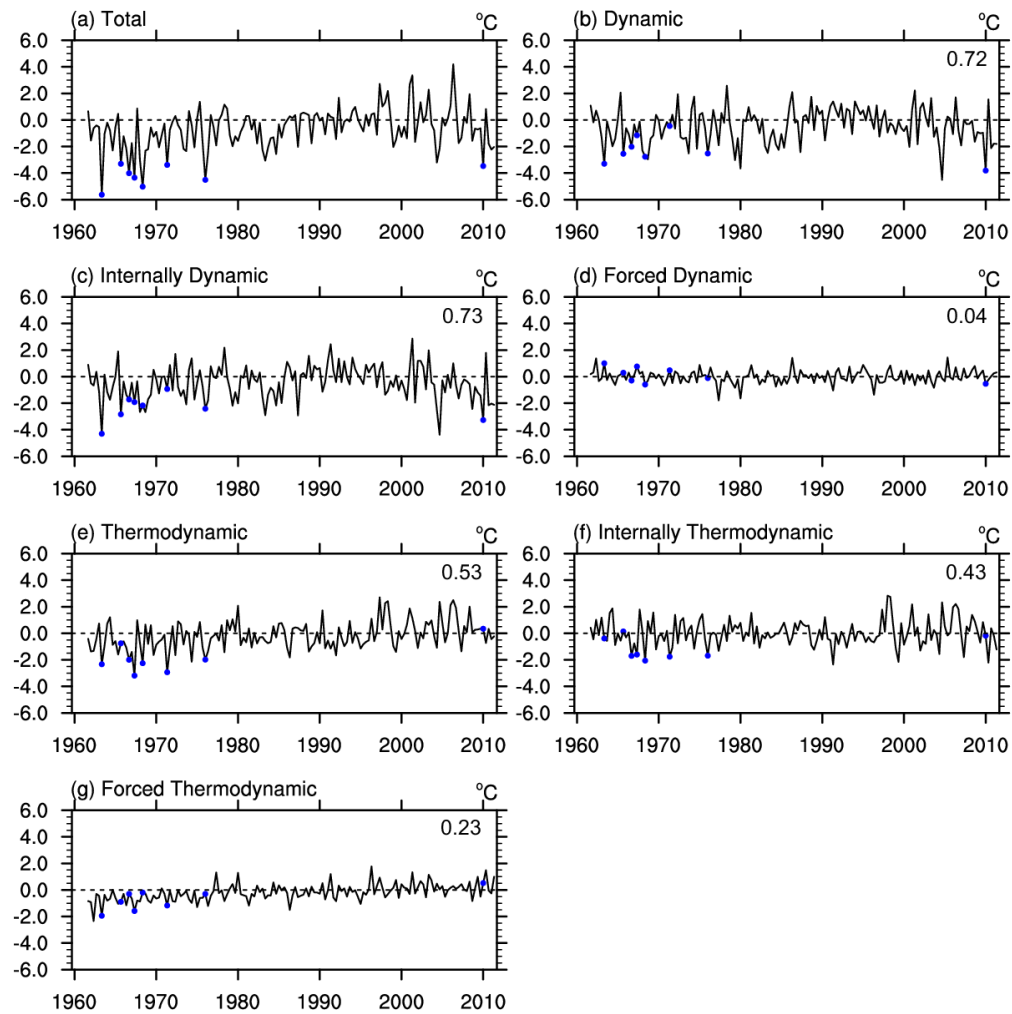
718 **Table 1** The list of observed cold months in period of 1962-2011 boreal winter.

Time (Year Month)	Total(°C)	Dynamic(°C)	Thermodynamic(°C)	Dynamic ratio (%)
196402	-5.63	-3.30	-2.33	58.6
196902	-5.02	-2.77	-2.25	55.1
197701	-4.51	-2.52	-1.98	56.0
196802	-4.35	-1.16	-3.19	26.6
196712	-4.01	-2.02	-2.00	50.3
201101	-3.47	-3.81	0.34	109.9
197202	-3.39	-0.45	-2.93	13.4
196612	-3.30	-2.55	-0.75	77.1

719



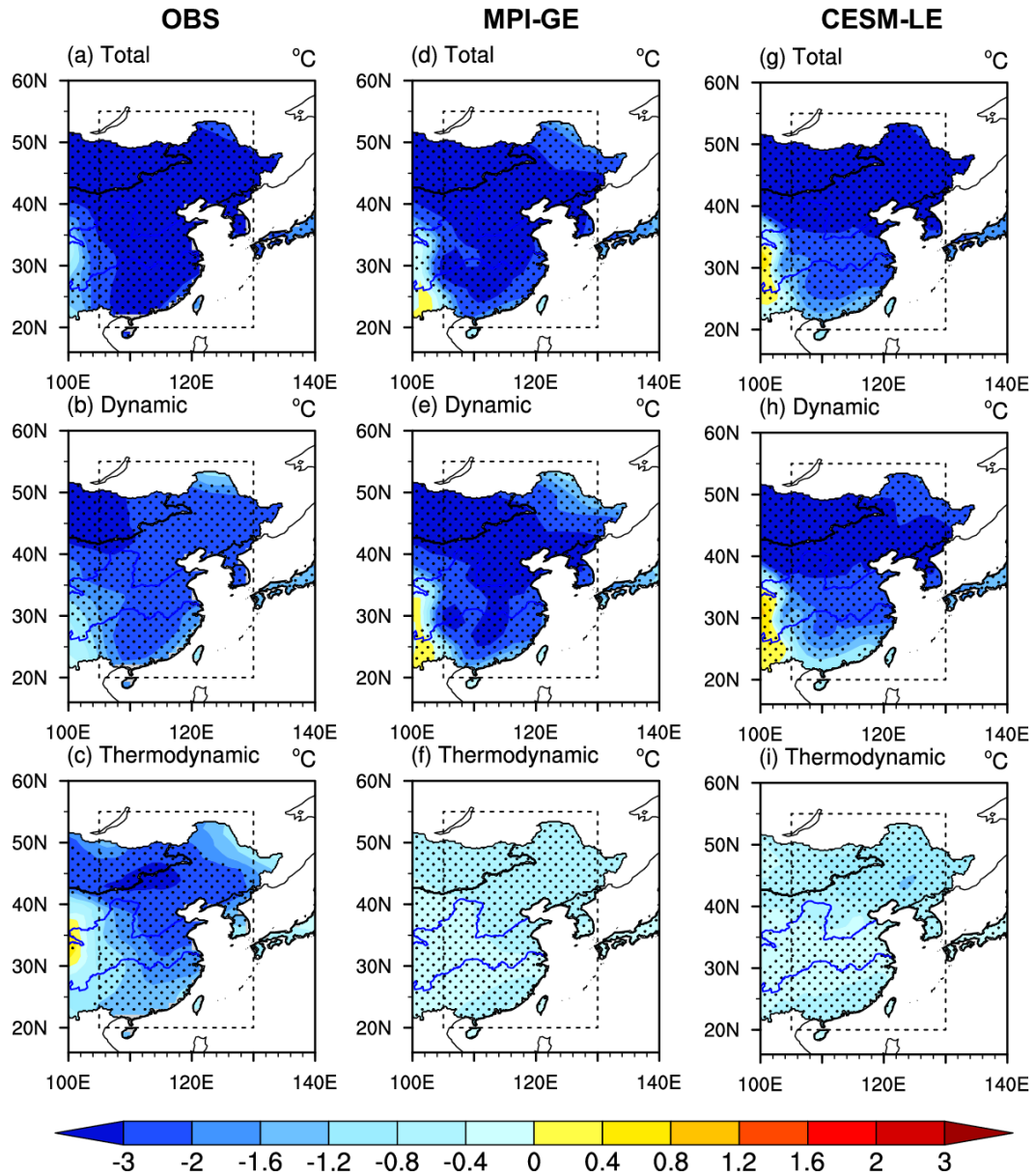
720



721

722 **Figure 1** Time series decomposition of winter monthly surface air temperature (SAT)
723 anomalies averaged over East Asia (20°N-55°N and from 105°E-130°E) from the
724 observation into internal, forced, dynamic and thermodynamic components: (a) total,
725 (b) dynamic, (c) internally dynamic, (d) forced dynamic and (e) thermodynamic
726 components. The blue dots represent the cold months in the period of 1962-2011 boreal
727 winter. The numbers in the upper right corner of subplots (b) to (g) represent the
728 correlation coefficient between each component of SAT anomaly and the original SAT
729 anomaly shows in subplot (a).

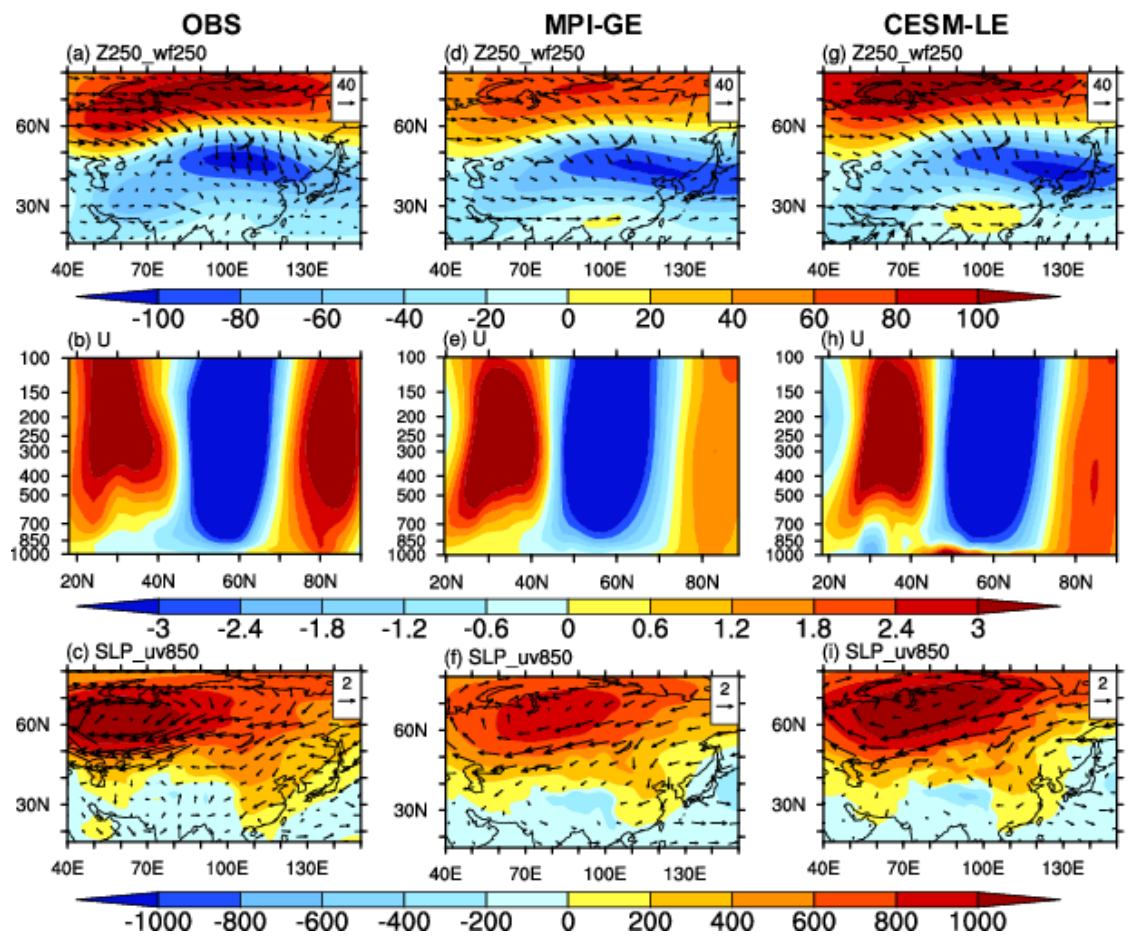
730



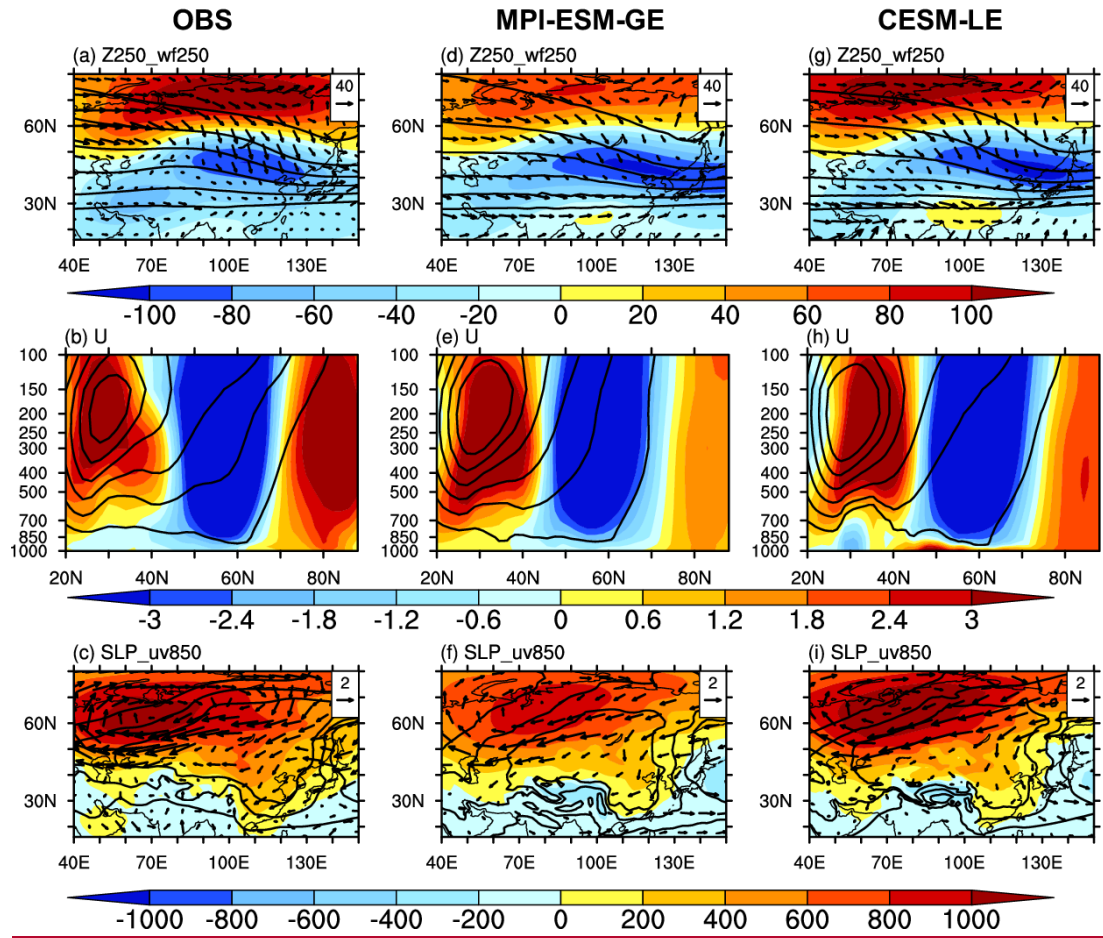
731

732 **Figure 2** The composites of the cold-month SAT anomaly (relative to the 1986-2005
 733 boreal winter climatology) in the observation during the period of 1962-2011 boreal
 734 winter: (a) total, (b) dynamically-induced and (c) thermodynamically-induced. The
 735 subplots (d)-(f) and (g)-(i) correspond to subplots (a)-(c), but for the results in the MPI-
 736 GE and the CESM-LE, respectively. The dotted areas are statistically significant at the
 737 5% level according to Student's t test. The cold months are defined as months in which
 738 SAT is lower than the statistical 5th percentile of all the monthly SAT samples during

739 1962-2011 boreal winter.

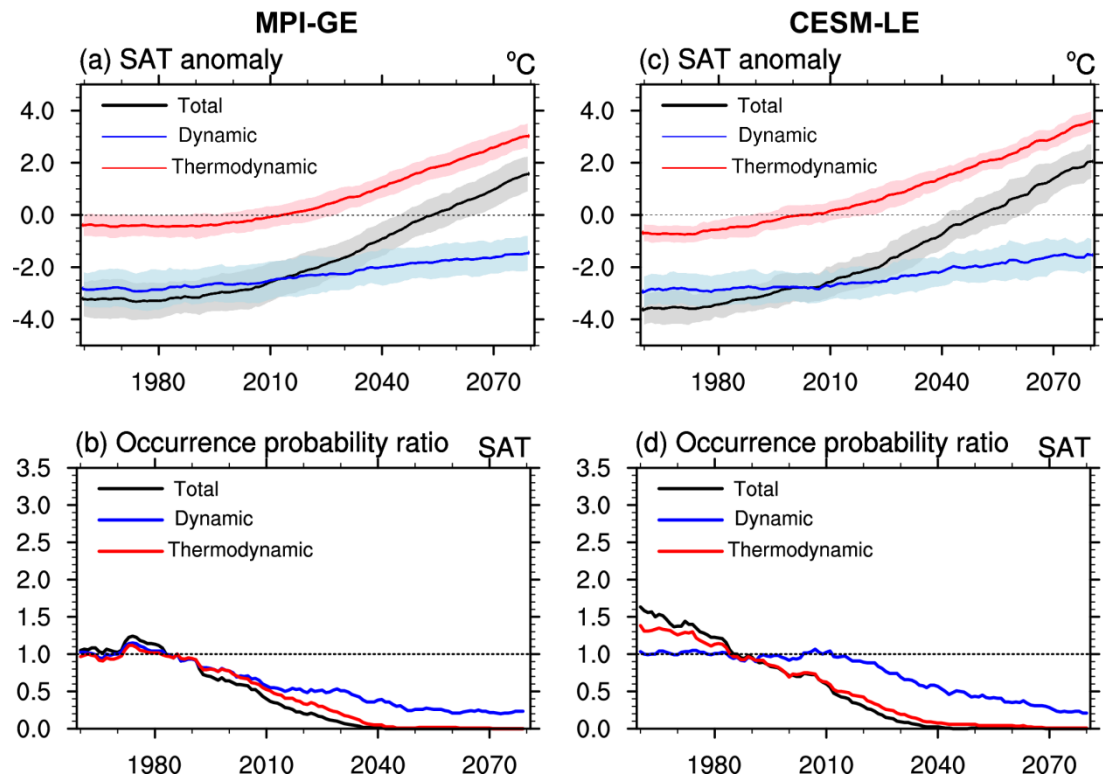


740



741

742 **Figure 3** Observed composite circulation anomalies (relative to the 1986-2005 boreal
 743 winter climatology) for East Asian cold extremes during the period of 1962-2011 boreal
 744 winter: (a) Geopotential height (shading; unit: m) and horizontal components of the
 745 wave activity flux ($\text{m}^2 \text{s}^{-2}$) at 250-hPa. (b) Zonal mean zonal wind over the vertical cross
 746 section (zonally averaged over 70-120°E; unit: m s^{-1}). (c) seaSea level pressure
 747 (shading; unit: Pa) and horizontal wind at 850-hPa (m s^{-1}). The contours in subplots (a)-
 748 (c) represent the 1986-2005 boreal winter climatology of geopotential height at 250-
 749 hPa, zonal mean zonal wind over the vertical cross section, and sea level pressure,
 750 respectively. Subplots (d)-(f) and (g)-(i) correspond to subplots (a)-(c), but for the
 751 results in the MPI-GE and the CESM-LE, respectively.



752

753 **Figure 4** (a) Time series of the 20-yr running averaged cold-month SAT anomaly (black)

754 and its dynamically-induced (blue) and thermodynamically-induced (red) components

755 over East Asia relative to the 1986-2005 boreal winter climatology in the MPI-GE. The

756 shading shows the range of two standard deviations among the model members. (b)

757 Time series of the occurrence probability ratio of the present-day East Asian cold

758 extremes in the MPI-GE: both dynamic and thermodynamic components change

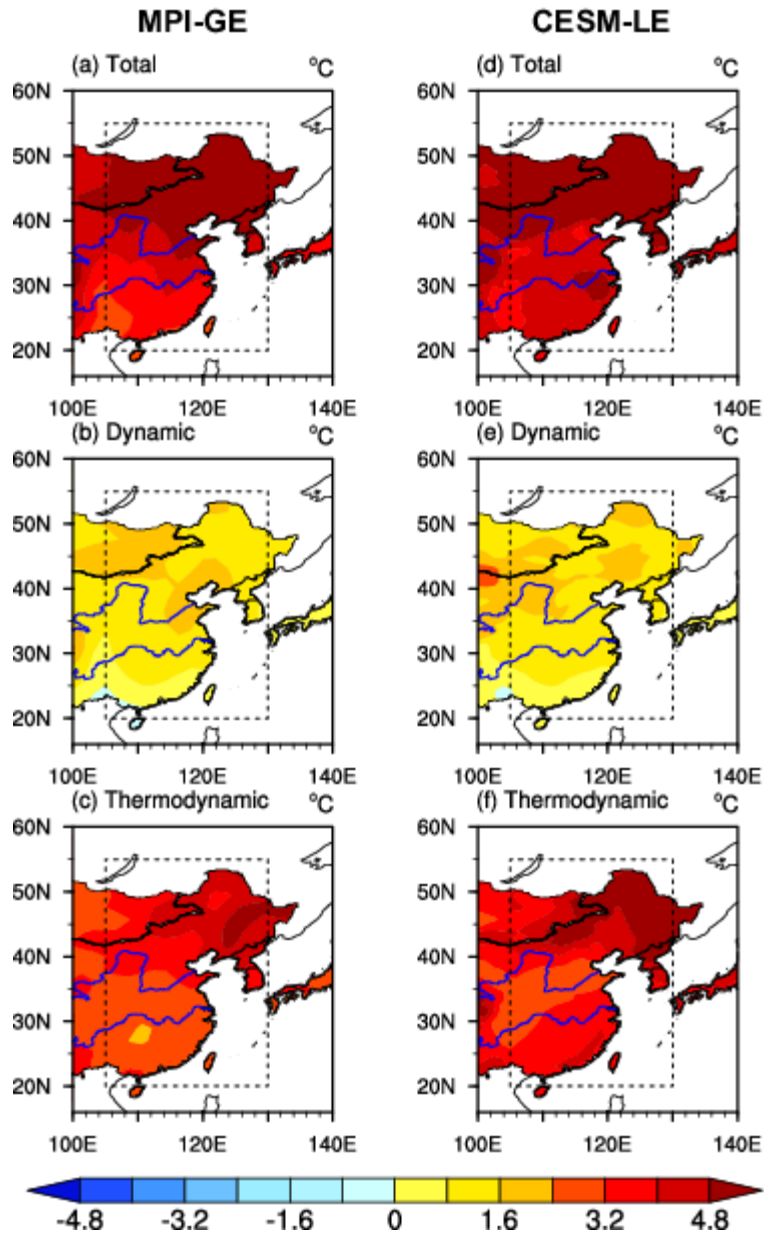
759 (black), only dynamic component changes (blue) and only thermodynamic component

760 change (red). Subplots (c) and (d) correspond to subplots (a) and (b), but for the results

761 in the CESM-LE. cold months are defined as the months in which the regional mean

762 SAT is lower than the statistical 5th percentile of the climatological monthly SAT series

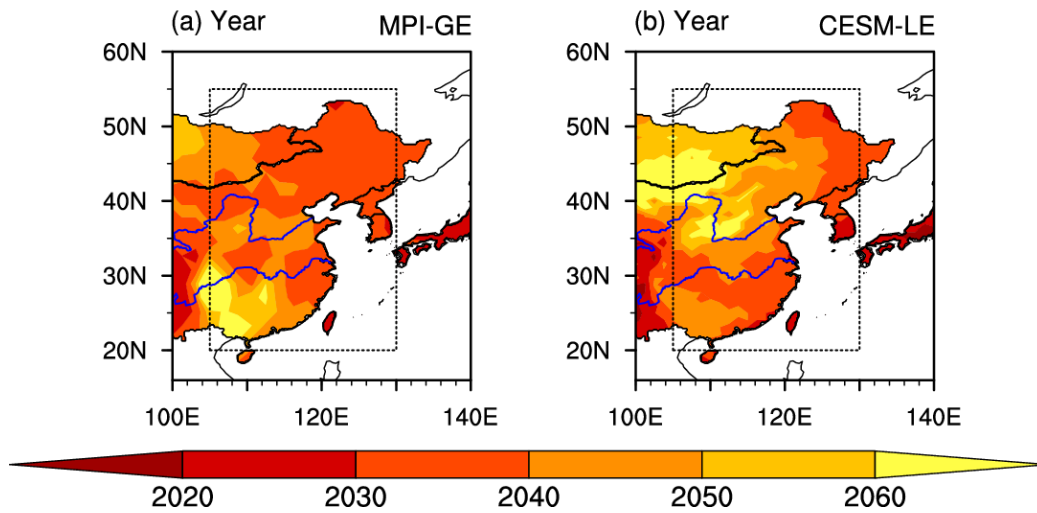
763 during DJF in a certain time slice.



764

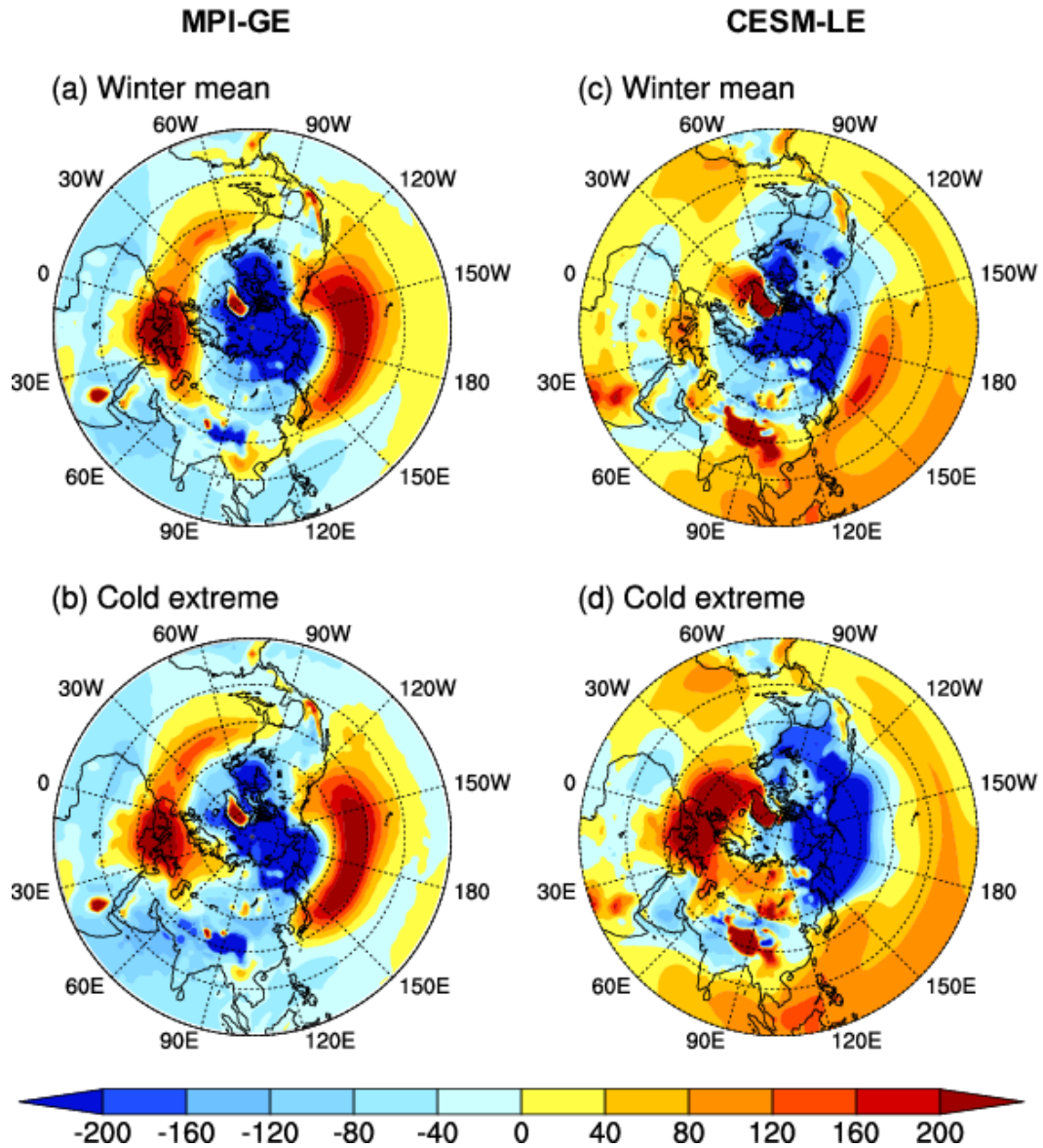
765 **Figure 5** Changes in East Asian cold-month SAT in the MPI-GE in 2079-2098 boreal
 766 winter relative to 1986-2005 boreal winter: (a) Total, (b) dynamic component and (c)
 767 thermodynamic component. Subplots (d)-(f) correspond to subplots (a)-(c), but for the
 768 results in the CESM-LE.

769



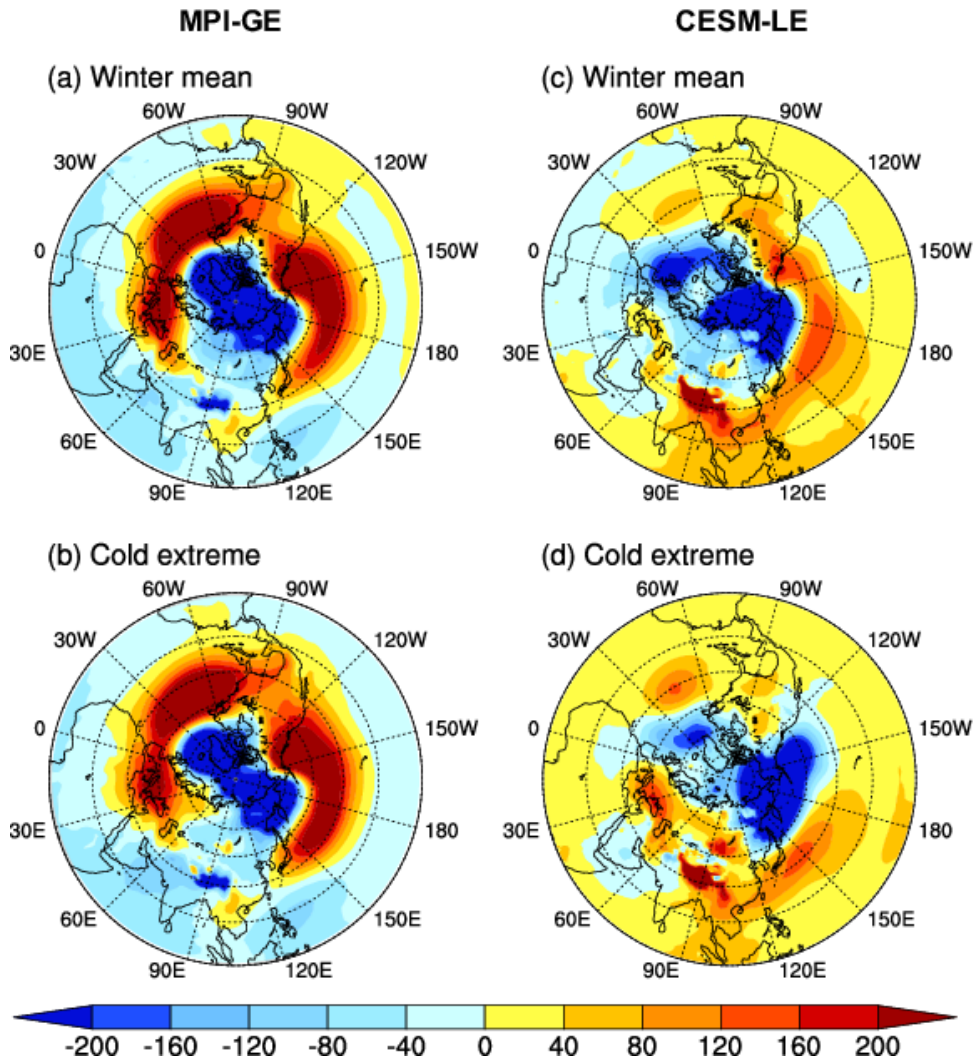
770

771 **Figure 6** The year when the occurrence probability ratio of the present-day (1986-2005
 772 boreal winter) East Asian cold extremes decreases to 0.05 in (a) The MPI-GE and (b)
 773 the CESM-LE.



774

775 **Figure 7** Changes in SLP for (a) total winter months and (b) cold months in 2079-2098
 776 boreal winter relative to 1986-2005 boreal winter in the MPI-GE. Subplots (c) and (d)
 777 correspond to subplots (a) and (b), but for the results in the CESM-LE.



778

779 **Figure 8** Changes in the dynamic component of SLP for (a) total winter months and (b)
 780 cold months in 2079-2098 boreal winter relative to 1986-2005 boreal winter in the MPI-
 781 GE. Subplots (c) and (d) correspond to subplots (a) and (b), but for the results in the
 782 CESM-LE.

783