

1 **Elemental Stoichiometry of Particulate Organic Matter across the Atlantic Ocean**

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9  
10 **Abstract:**

11 Recent studies show that stoichiometric elemental ratios of marine ecosystems are not static at  
12 Redfield proportions but vary systematically between biomes. However, the wider Atlantic  
13 Ocean is under-sampled for particulate organic matter (POM) elemental composition, especially  
14 as it comes to phosphorus (i.e., POP). Thus, it is uncertain how environmental variation in this  
15 region translates into shifts in C:N:P. To address this, we analyzed hydrography, genomics, and  
16 POM concentrations from 877 stations on the meridional transects AMT28 and C13.5, spanning  
17 the Atlantic Ocean. We observed nutrient-replete, high-latitude ecosystem C:N:P to be  
18 significantly lower than the oligotrophic gyres. Latitudinal and zonal differences in elemental  
19 stoichiometry were linked to overall nutrient supply as well as N vs. P stress. C:P and N:P were  
20 generally higher in the P-stressed northern region compared to southern hemisphere regions. We  
21 also detected a zonal difference linked to a westward deepening nutricline and a shift from N to  
22 P stress. We also evaluated possible seasonal changes in C:N:P across the basin and predicted  
23 these to be limited. Overall, this study confirms latitudinal shifts in surface ocean POM ratios but  
24 reveals previously unrecognized hemisphere and zonal gradients. This work demonstrates the  
25 importance of understanding how regional shifts in hydrography and type of nutrient stress shape  
26 the coupling between Atlantic Ocean nutrient and carbon cycles.

29 **Plain language summary:**

30 Climate change is predicted to influence the biological pump by altering phytoplankton nutrient  
31 distribution. In our research, we conducted comprehensive measurements of particulate matter  
32 concentrations during two large oceanographic field studies. We observed systematic variations  
33 in organic matter concentrations and ratios across the Atlantic Ocean, both latitudinally and  
34 longitudinally. Through statistical modeling, we determined that these variations are associated  
35 with differences in the availability of essential nutrients for phytoplankton growth. Our findings  
36 highlight the adaptive resource utilization among surface ocean plankton, which in turn  
37 modulates the interplay between the ocean's nutrient and carbon cycles.

38

39 **Key points:**

- 40 • There was systematic regional variation in POM concentrations and ratios across the  
41 Atlantic Ocean.
- 42 • Latitudinal variability in C:N:P is linked to the nutrient supply rate and N vs. P stress.
- 43 • Westward deepening isopycnals and nutricline and a shift from N to P stress correspond  
44 to zonal variability in C:N:P

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## 1. Introduction

The efficiency of the biological pump is anticipated to be affected by climate change through alteration in phytoplankton nutrient allocation and the C:N:P ratio (Galbraith and Martiny, 2015). Nevertheless, the influence of ocean warming on this efficiency is still uncertain, carrying potential repercussions for the ecosystems and global carbon cycle (Kwon et al., 2022). Over the past few decades, studies have observed variability in marine plankton elemental composition and ecosystem elemental composition (Weber and Deutsch, 2010; Martiny et al., 2013b, a). Specifically, regions with nutrient-rich conditions have lower C:N:P ratios (equatorial, coastal, and temperate regions), and nutrient-poor conditions (subtropical gyre regions) have higher ratios (Martiny et al., 2013b, a). However, data compilations include variations in both sampling and analytical methodologies (Martiny et al., 2014) as well as have limited spatial coverage. Therefore, large-scale sampling efforts like Bio-GO-SHIP are quantifying ecosystem particulate organic matter (POM) concentrations and their elemental ratios utilizing consistent methodologies on a global scale (Tanioka et al., 2022; Clayton et al., 2022).

Studies focused on POM stoichiometry across ocean basins have been primarily limited to Bio-GO-SHIP cruises within the Indian Ocean (Garcia et al., 2018) and the Pacific Ocean (Lee et al., 2021). Both studies have observed high POM concentrations at higher latitudes and low concentrations within the gyres, with intermediate levels toward the equator. The stoichiometry had higher values in the gyres and lower values at high latitudes (Garcia et al., 2018; Lee et al., 2021). There have been two basins-wide transects across the Atlantic Ocean that have been used in a global synthesis (Tanioka et al., 2022) but have not been used in a study focused solely on the Atlantic. Along with the strong relationship with latitude, there is also strong correlation with nutricline depth, used as a proxy for nutrient flux, in the global synthesis. Localized studies at the Bermuda Atlantic Time-series (BATS) site or short transects along the western North Atlantic Ocean show an N:P ratio between 40–50 and C:N near Redfield proportions (~6.6) (Michaels et al., 1994; Michaels and Knap, 1996; Steinberg et al., 2001; Babiker et al., 2004; Cavender-Bares et al., 2001). In contrast, POM dynamics and especially N:P and C:P ratios are less understood within the NE Atlantic and South Atlantic Oceans as a whole.

The Atlantic Ocean has a unique dynamic, being singularly/ co-limited by nitrogen and phosphorus respectively to the north of the equator and predominantly nitrogen-limited south of the equator (Cotner et al., 1997; Mather et al., 2008; Browning and Moore, 2023). In phosphorus co-limited regions, N:P and C:P are often elevated from frugal phosphorus use, supported by the well-sampled NW Atlantic Ocean (Galbraith and Martiny, 2015; Lomas et al., 2010, 2022). As a response to the nutrient limitation, phytoplankton can express specific genes that will allow for greater uptake of a nutrient. Gene expression and preferential uptake could influence cellular C:N:P within phytoplankton. Nitrogen limitation is more widespread in the South Atlantic Ocean, but no study has quantified ecosystem C:N:P here (Mather et al., 2008; Ustick et al., 2021). Temperature has been known to influence the concentration of cellular phosphorus in phytoplankton, with increasing in C:P with warmer temperatures, however C:N remains unchanged (Yvon-Durocher et al., 2015). The underlying mechanism for this relationship is not fully understood but hypothesized to be from either an increase in carbon uptake over phosphorus, an increase in nutrient use efficiency, or translation compensation theory (few P-rich ribosomes are required for protein synthesis) (Tanioka and Matsumoto, 2020). The availability of

92 nutrients generally follow inverse patterns of C:N:P, with increasing nutrients leading to a  
93 decrease in C:N and C:P and vice-versa (Galbraith and Martiny, 2015; Tanioka and Matsumoto,  
94 2017). However, such environmental variation in the Atlantic Ocean elemental stoichiometry  
95 remains largely unknown. Therefore, the broad environmental gradients in the Atlantic Ocean  
96 could result in significant regional ecosystem C:N:P shifts.

97 Here, we quantified suspended particulate organic carbon, nitrogen, and phosphorus  
98 concentrations along two Bio-GO-SHIP meridional transects: AMT 28 and C13.5 (Fig. 1),  
99 covering large parts of the Atlantic Ocean. We addressed two questions: (1) What are  
100 meridional, hemispheric, and zonal differences in POM concentrations and stoichiometry? And  
101 (2) What is the relationship between environmental factors and C:N:P? We hypothesize that  
102 differences in total nutrient supply and temperature are primarily responsible for the latitudinal  
103 gradient in C:N:P. In contrast, the type of nutrient stress will be important for hemispheric and  
104 longitudinal C:N:P shifts.

## 105 106 **2. Methods**

### 107 **2.1. Cruise Transects**

108  
109 AMT 28 started in Harwich, UK (49° 38' N/5° 30' W), and ended in Mare Harbour, Falkland  
110 Islands (48° 12' S/52° 42' W), departing the 25 September 2018, and ending the 27 October  
111 2018. C13.5 started in Cape Town, South Africa (34° 22' S/17° 18' W), and ended in Norfolk,  
112 VA (36° 5' N/74° 34' W) (Fig. 1), departing the 21 March 2020, and ending the 16 April 2020.  
113 C13.5 was set to go 45° S and collect samples along the eastern boundary of the South Atlantic  
114 Ocean. Due to COVID-19 quarantine restrictions, it was redirected to a port in Virginia.  
115 Fortuitously, this redirect allowed sample collection across the eastern South Atlantic Ocean and  
116 the western North Atlantic Ocean.

### 117 118 **2.2. Sample collection**

119  
120 Seawater for the POM was collected from the underway flow-through system for both cruises at  
121 a depth of approximately 5 m. This method involved initially passing water through a 30 µm  
122 nylon mesh to remove the stochastic presence of large particles from the samples (Lee et al.,  
123 2021). We then collected 3 to 8 L of filtered water in 8.5 L plastic polycarbonate carboys  
124 (Thermo Fisher Scientific, Waltham, MA). The carboys were placed at a 45° angle to prevent  
125 particles from settling below the nozzle. Next, particulate organic carbon (POC)/ nitrogen  
126 (PON), and phosphorus (POP) samples were filtered onto 25 mm pre-combusted GF/F (500° C  
127 for 5 hours)(nominal pore size of 0.7 µm) (Whatman, Florham Park, NJ) (POC/PON are on the  
128 same filter). POP filters were rinsed with 5 ml of 0.17 M Na<sub>2</sub>SO<sub>4</sub> to remove traces of dissolved  
129 phosphorous from the filter. Finally, we stored all filters in pre-combusted aluminum packets and  
130 placed them in a -80° C freezer during the cruise, a -20° C cooler for shipping, and back to a -  
131 80° C freezer until analysis. Between sample collections, the carboys and tubing were rinsed  
132 with 30 µm filtered sample water just prior to collection.

133 We collected single samples of POC/PON and POP hourly for AMT 28. For the C13.5  
134 transect, POC/PON and POP samples were collected in triplicate every 4 to 6 hours. Water  
135 collection for C13.5 was done at the peak and trough of the diel cycle, ~06:00 and ~20:00 LT,  
136 respectively, and with one to two collections in between those times.

### 137 138 **2.3. Particulate organic matter determination**

### 139 2.3.1. Particulate organic phosphorus (POP) assay

140  
141 POP was analyzed using a modified ash-hydrolysis protocol (Lomas et al., 2010). Filters were  
142 placed into acid-washed/pre-combusted glass vials with 2 ml of 0.017 M MgSO<sub>4</sub> and covered  
143 with pre-combusted aluminum foil. The vials were placed in an incubator for 24 hours at 80 to  
144 90° C and then combusted for 2 hours at 500° C. After cooling, 5 ml of 0.2 M HCl was added  
145 and incubated at 80 to 90° C for 30 minutes. The supernatant was collected, and the vials were  
146 rinsed with 5 ml of Milli-Q water. The rinse water was collected and added to the supernatant. 1  
147 ml of mixed reagent (2:5:1:2 parts ammonium molybdate tetrahydrate (24.3 mM), sulfuric acid  
148 (5 N), potassium antimonyl tartrate (4.1 mM), and ascorbic acid (0.3 M) were added to the  
149 supernatant and left in the dark for 30 minutes. Samples were analyzed on a spectrophotometer at  
150 a wavelength of 885 nm using a potassium monobasic phosphate standard (1.0 mM-P). The  
151 detection limit for POP measurements was ~0.3 µg.

### 152 153 2.3.2. Particulate organic carbon/nitrogen (POC/PON) assay

154  
155 POC/PON are measured using the same filter. The POC/PON samples were processed in the lab  
156 at UCI using a JGOFS protocol (Ducklow and Dickson, 1994). POC/PON samples were dried in  
157 an incubator at 55° C for 24 hours. They were then moved to a desiccator with concentrated HCl  
158 fumes for 24 hours to remove inorganic carbon. The samples were then re-dried at 55° C for 24  
159 hours before being packaged into pre-combusted tin capsules (CE Elantech, Lakewood, NJ). The  
160 packaged filters were analyzed on a CN FlashEA 1112 Elemental Analyzer (Thermo Scientific,  
161 Waltham, MA) with atropine and acetanilide standards. POC and PON measurements had a  
162 detection limit of ~2.4 µg and ~3.0 µg. Settings for the FlashEA had an oxidative reactor  
163 temperature of 900° C, a reduction reactor temperature of 680° C, and an oven temperature of  
164 50° C. Oxygen introduced to the oxidative reactor lasted seven seconds allowing temperatures to  
165 reach 1800° C for sample combustion. A leak test needed to fall below 5 ml min<sup>-1</sup> before  
166 samples were analyzed to minimize sample loss.

## 167 168 **2.4. Nutrient availability, biogeography, and biological properties**

### 169 2.4.1. Nutricline depth

170  
171 The nutricline depth was determined as the 1 µM nitrate depth horizon (Garcia et al., 2018;  
172 Cermeño et al., 2008). Nutricline depth was regarded as a proxy for nutrient supply to the  
173 surface, with a shallow nutricline representing a high flux of nutrients and vice versa for a deep  
174 nutricline. The nutricline depth with respect to the 1/16 µM phosphate depth horizon was also  
175 investigated but found to be nearly identical to that of nitrate. For AMT28, nitrate concentrations  
176 were quantified as previously described from CTD casts along the transect (Swift, 2019). Nitrate  
177 concentrations were then interpolated using DIVA implemented in Ocean Data View (v5.5.2)  
178 (Schlitzer, 2019). For C13.5, we used the seasonal average nitrate depth profiles from 2018 of  
179 the World Ocean Atlas at one-degree spatial resolution to determine nutricline depths. This  
180 approach was necessary as the logistical issues related to COVID-19 quarantine restrictions  
181 prevented us from collecting onboard CTD measurements. Linear interpolation for each profile  
182 within the one degree was performed to estimate the nutricline depth.

### 183 184 2.4.2. Delineation of Regions

185  
186 The regions under consideration for this study are the Eastern Temperate North Atlantic (ETNA)  
187 [Lat. 49.6°N-43.2°N] Western North Atlantic Gyre (WNAG) [Lat. 34.5°N-19.8°N], Eastern  
188 North Atlantic Gyre (ENAG) [Lat. 43.0°N-18.1°N], Western Equatorial (WEQ) [Lat. 17.9°N-  
189 5.9°S], Eastern Equatorial (EEQ) [Lat. 17.8°N-5.9°S], Western South Atlantic Gyre (WSAG)  
190 [Lat. 6.0°S-34.0°S], Eastern South Atlantic Gyre (ESAG) [Lat. 6.2°S-33.0°S], Western  
191 Temperate South Atlantic (WTSA) [Lat. 34.1°S-48.2°S], and Eastern Temperate South Atlantic  
192 (ETSA) [Lat. 33.9°S-41.5°S] (Fig. 1). These boundaries are determined using inflection points  
193 along the nutricline depth and the temperature profile.

#### 194 195 2.4.3. Cell size

196  
197 Cell size was determined by the conversion of cell count, collected during CTD casts (AMT28)  
198 at the top 200 m of the water column. Flow cytometry samples (63 stations, 755 samples) were  
199 co-collected with the POM samples used in this study. Cell count was determined using two  
200 methodologies. The first method was collected without a filter and utilized an inverted  
201 microscope to estimate cell abundance and phytoplankton species composition (Utermöhl, 1958).  
202 This allowed for the estimates of diatoms, dinoflagellates, and coccolithophores. The second  
203 method measured cells using a Becton Dickinson FACSsort flow cytometer to measure  
204 *Prochlorococcus*, *Synechococcus*, and pico-eukaryotes. Combining these two methods of  
205 collection allowed for a complete survey of phytoplankton groups.

206 Conversion of cell count to biomass (fg C cell) was done following the methodology  
207 from Moreno et al., 2022. Photoautotrophs were categorized into *Prochlorococcus*,  
208 *Synechococcus*, pico-eukaryotes, nano-eukaryotes, coccolithophore, and cryptophytes. Each cell  
209 type had a specific conversion factor in determining its biomass. Using a Monte Carlo approach,  
210 95% confidence interval around cell size was determined using a normal distribution based on  
211 the mean and standard deviation. Then, a randomly chosen conversion factor was applied to each  
212 type. Allowing for 1000 runs, we estimate a 95% confidence interval (Moreno et al., 2022).

#### 213 214 2.4.4. Metagenomics-informed nutrient stress

215  
216 Metagenomically informed nutrient stress utilizes a subset of data from Ustick et al., 2021,  
217 utilizing the genome content of *Prochlorococcus* from the Atlantic Ocean. These metagenomic  
218 samples (276) were co-collected with the POM samples, across both transects, used in this study.  
219 Based on variation in *Prochlorococcus* population gene content, this study identified genes  
220 associated with nitrogen and phosphorus nutrient stress types. The severity of nutrient stress was  
221 quantified by calculating the frequency of nutrient acquisition genes within *Prochlorococcus*  
222 single-copy core genes and attributes the frequency to the genetic adaptation for overcoming  
223 nutrient stress type and severity. Moving forward the use of nitrogen/phosphorus gene index will  
224 refer to this calculation of nutrient stress. Although based on *Prochlorococcus*, there is a  
225 significant overlap between this genetic index of nutrient stress and both Earth System Models  
226 and whole community nutrient addition assays (Ustick et al., 2021).

227 Ustick et al., 2021 associated *Prochlorococcus* gene occurrences with different  
228 environmental nutrient stress conditions. They separated the genes by nutrient type (nitrogen,  
229 phosphorus, and iron) and nutrient stress severity (low, medium, and high). Our study utilizes the  
230 high-stress severity for nitrogen and phosphorus. Iron has a more indirect influence on the

231 C:N:P, than nitrogen and phosphorus, which is why it will be omitted from this study. The stress  
232 severity associated with medium or low stress either followed the same pattern as the high  
233 nutrient stress or had no pattern at all, respectively, which is why this is also omitted. The  
234 function of the genes associated with high gene index are *focA*, *moaA-E*, *moeA*, *napA*, *narB*, *nirA*  
235 (for nitrogen) and *phoA*, *phoX* (for phosphorus). The functions of these genes are for the  
236 assimilation and uptake of nitrite and nitrate, and production of alkaline phosphatase.

#### 237 238 2.4.5 *N\** Derivation

239  
240 The derivation from Redfield nutrient concentration (*N\**) at a depth of 200 m was calculation:

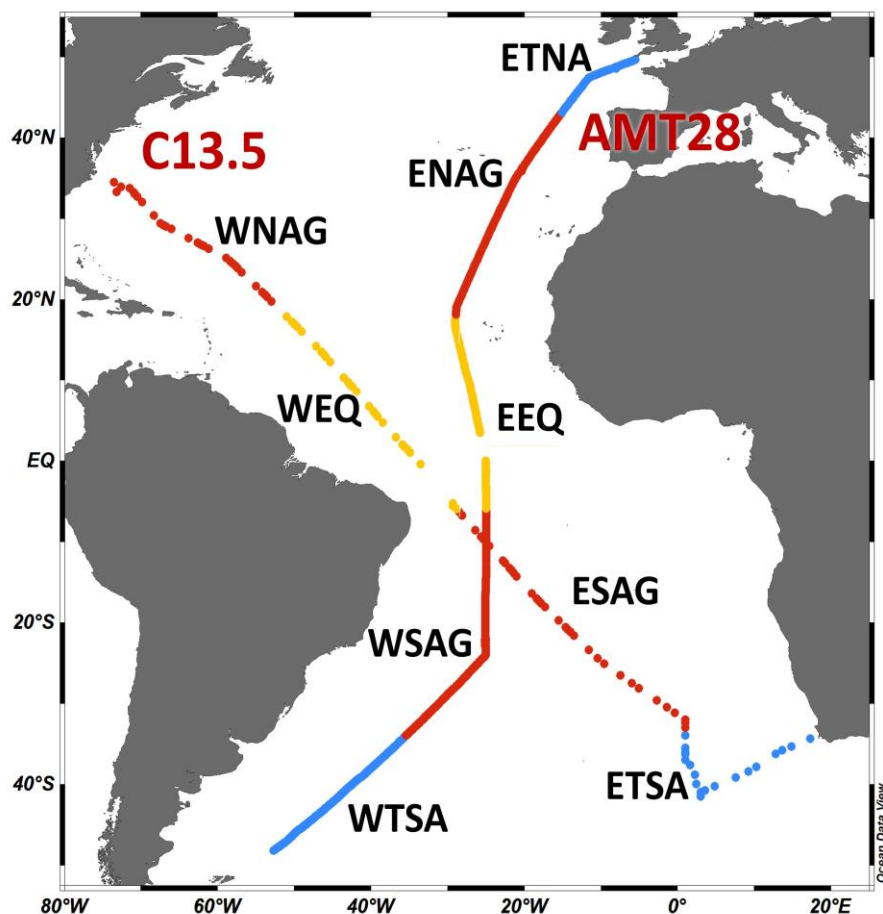
$$241 \quad \quad \quad 242 \quad \quad \quad N^*_{200} = [NO_3]^{-1}_{200} - 16[PO_4]^{-3}_{200}$$

243  
244 A negative/ declining value would be indicative of nitrogen stress, while a positive/ increasing  
245 value would indicate phosphorus stress.

### 246 247 **2.5. Data analysis**

248  
249 Data analysis was conducted using Matlab R2021b (MathWorks). An ANOVA analysis with a  
250 posthoc Tukey test was used to determine the relationship between the selected regions for  
251 environmental conditions and POM. The C:N:P ratios underwent a log transformation to achieve  
252 a normal distribution before the ANOVA analysis (Isles, 2020). Using R ver. 4.1.2 (R Core  
253 Team, 2021), we used generalized additive models (GAM) with package *mgcv* (v1.8) (Wood,  
254 2017) to explain the strength of four variables in determining C:N:P (temperature, nutricline  
255 depth, nitrogen gene index, and phosphorus gene index).

256

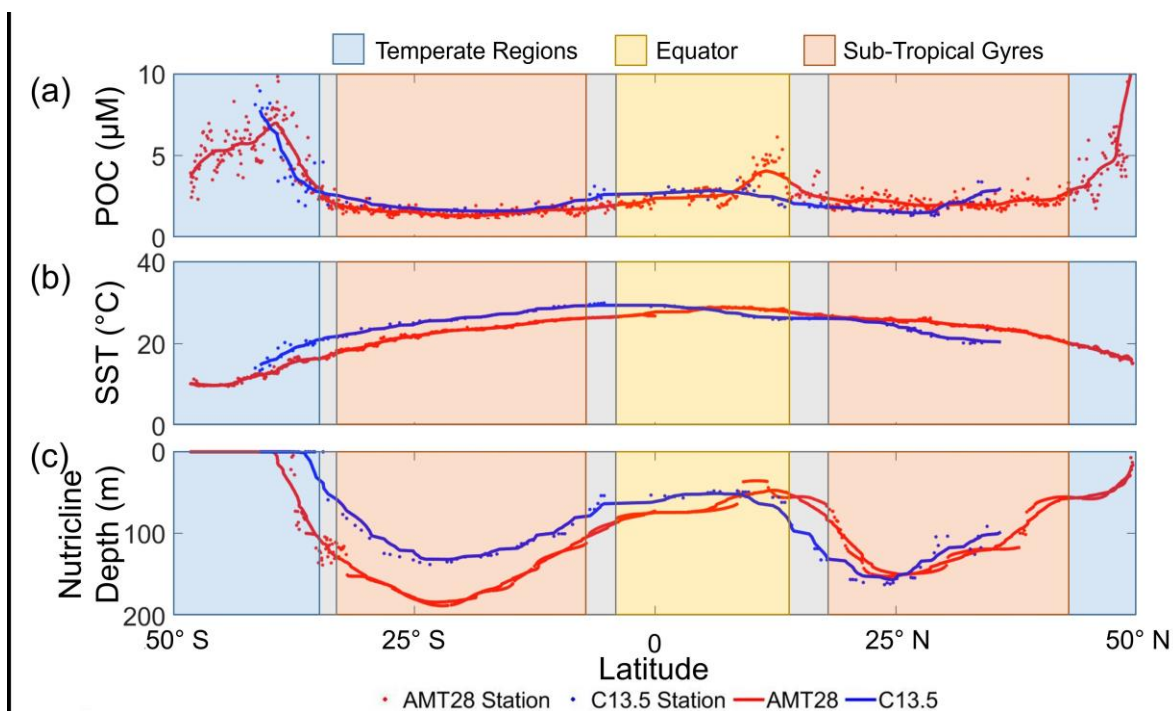


258 **Figure 1.** Map of oceanographic cruise transects AMT 28 (September 25 to October 27, 2018, n = 765)  
 259 (March 21 to April 16, 2020, n = 112). Different oceanographic regions are separated using nutricline and  
 260 temperature profiles (WTSA = Western Temperate South Atlantic, ETSA = Eastern Temperate South Atlantic,  
 261 WSAG = Western South Atlantic Gyre, ESAG = Eastern South Atlantic Gyre, WEQ = Western Equatorial, EEQ =  
 262 Eastern Equatorial, WNAG = Western North Atlantic Gyre, ENAG = Eastern North Atlantic Gyre, ETNA = Eastern  
 263 Temperate North Atlantic). Colors delineate temperate (blue), subtropical (red), and equatorial upwelling regions  
 264 (yellow).  
 265  
 266

267 POM concentrations, temperature, and nutricline profiles exhibited unique characteristics to each  
 268 oceanographic region. Between the two transects, POC, PON, and POP concentrations were  
 269 strongly correlated ( $r = 0.68, 0.71, \text{ and } 0.70$ , respectively;  $p < 0.001$ ) (Fig. 2a and S1). All POM  
 270 pools had peak concentrations at high latitudes, troughs in the subtropical gyres, and  
 271 intermediate concentrations at the equator. In high latitude temperate regions (WTSA, ETSA,  
 272 and ETNA), POC (and overall POM) was significantly elevated ( $4.6 \text{ to } 5.3 \mu\text{M}$ ;  $p < 0.05$ )  
 273 compared to all other regions (Equatorial:  $2.8 \mu\text{M}$ , Gyre:  $1.6 \text{ to } 2.1 \mu\text{M}$ ) (Fig. 2a, Fig. S2). POM  
 274 concentrations also showed a zonal difference. There were higher concentrations of POM in the  
 275 western regions compared to the eastern region of the Temperate South Atlantic, whereas the  
 276 opposite was seen in the subtropical gyres (Fig. 2a and Fig. S2). At  $\sim 10^\circ \text{ S}$ , C13.5 and AMT 28  
 277 cross paths, we used a  $1^\circ$  cell centered on the intersection (using 9 samples), to find the  
 278 difference between the POC, PON, and POP of the two cruises was 0.2%, 5.7%, and 10.6%  
 279 respectively, indicating that seasonal variability between the had the greatest impact on POP.  
 280 However, one sample is the cause of most of the error, within PON and POP, removing the



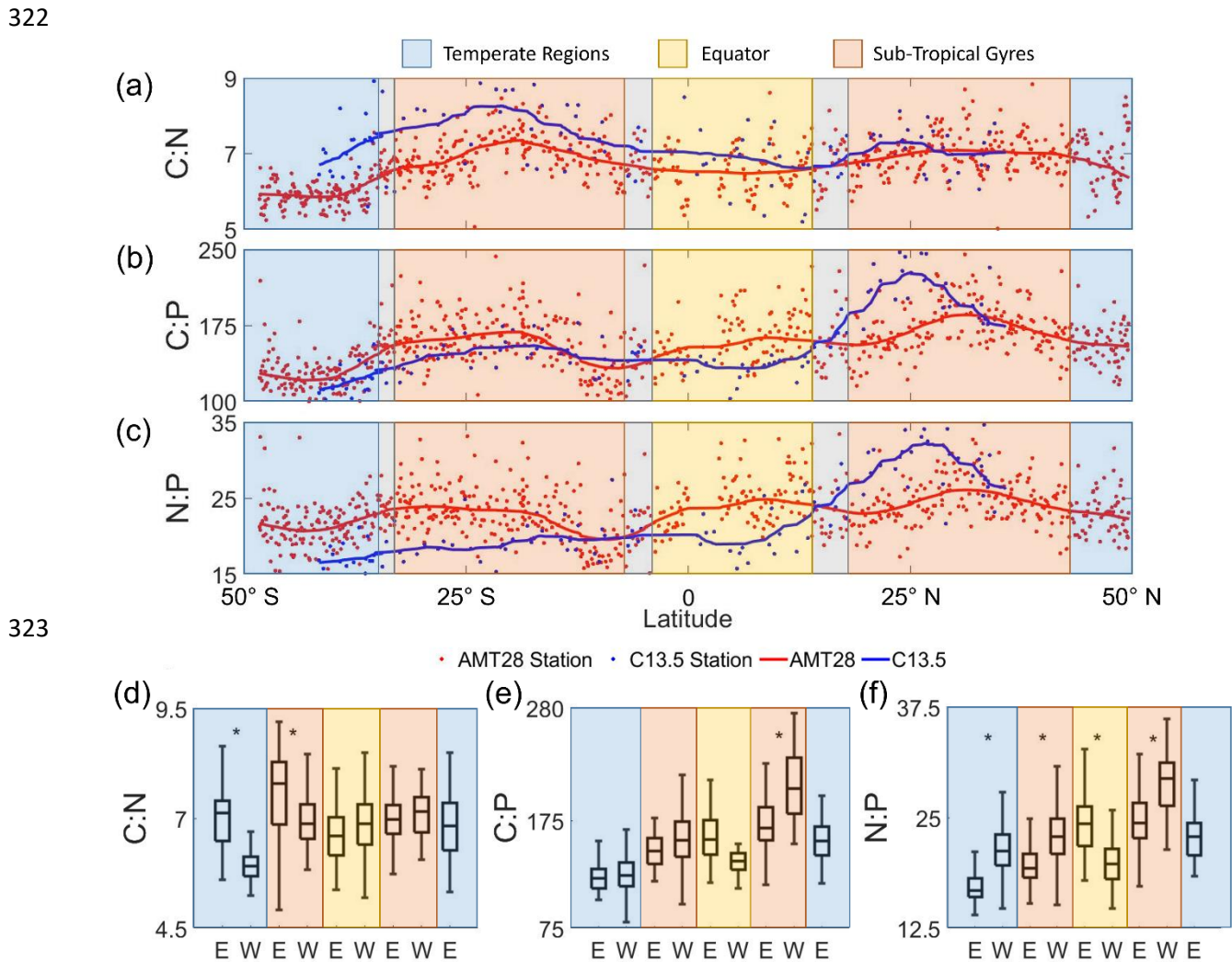
281 sample the difference becomes 2.9%, and 2.1%, respectively. Temperature peaked equatorially  
 282 (~ 28° C) for both transects and declined with increasing latitudes (Fig. 2b). We observed minor  
 283 variation in the meridional temperature profile linked to the difference in the seasonal timing for  
 284 each cruise, leading to a slight southward shift in peak temperature during C13.5. Nutricline  
 285 profiles for both transects were similar, with the deepest nutricline in the gyres and shallowest at  
 286 high latitudes and the equator (Fig. 2c). Zonal variability in the nutricline depth was apparent,  
 287 with the deepest values in the western side (135 to 150 m) compared to the eastern side of the  
 288 gyres (114 to 116 m) (Fig. S2). Thus, we observed a robust meridional gradient in POM  
 289 concentrations and environmental conditions but also a zonal gradient in nutricline depth in the  
 290 oligotrophic subtropical gyres.  
 291



292  
 293 **Figure 2.** Meridional variability in POC concentrations and environmental conditions for AMT28 (boreal fall) and  
 294 C13.5 (boreal spring). (a) Averaged surface POC concentrations, (b) surface temperature, and (c) nutricline depth  
 295 presented as  $Z_{\text{nitrate}} > 1 \mu\text{M}$ . The trend lines represent the moving average of samples for AMT28 (red/ n=50) and  
 296 C13.5 (blue/ n=20) transects. Background colors indicate broad oceanographic regions separated by latitude (blue =  
 297 Temperate, red = Subtropical, yellow = Equatorial upwelling regions). Grey spaces between regions represent the  
 298 difference in boundaries between the two transects.  
 299

300 We observed distinct latitudinal, zonal, and hemispheric C:N:P variability (Fig. 3). First,  
 301 we detected peak ratios in the subtropical gyres, troughs in the high latitudes, and intermediate  
 302 values at the equator for C:N, C:P, and N:P, matching patterns seen globally (Martiny et al.,  
 303 2013b). In the subtropical gyres, averaged C:N values were noticeably elevated (7.0 to 7.6)  
 304 compared to the other regions (Temperate: 6.0 to 7.2, EQ: 6.6 to 6.8) (Fig. 3a). C:P followed the  
 305 same trend as C:N, with subtropical gyre regions being higher (148 to 208) than the other regions  
 306 (Temperate: 122 to 158, EQ: 136 to 161) (Fig. 3b). N:P showed parallel changes to C:P except  
 307 the South Atlantic Gyre showed a N:P range encompassing those of all other regions (20.1 to  
 308 29.2) (Fig. 3c). Second, azonal gradient was detected, whereby C:N was higher in the eastern  
 309 side of the South Atlantic Ocean compared to the western side (Fig. 3D). However, this zonal

310 gradient was not observed in other regions. C:P also showed an opposite zonal trend with higher  
 311 values on the western side, albeit only significantly different in the northern hemisphere (Fig.  
 312 3e). N:P showed the highest zonal variation. This ratio was significantly higher on the western  
 313 (21.4) compared to the eastern side (17.1) of the South Atlantic Subtropical Gyre (Fig. 3f),  
 314 converging at  $\sim 10^\circ$  S and again elevated on the western side (29.2) compared to the eastern side  
 315 (24.8) of the North Atlantic Subtropical Gyre (Fig. 3f). Again, using the  $1^\circ$  cell centered on this  
 316 intersection, we determined C:N, C:P, and N:P had a 5.8%, 12.1%, and 5.9% difference,  
 317 respectively, between the two cruises. One sample is the cause of a majority of the error, with its  
 318 removal, the difference becomes 2.6% for C:N and 1% for the rest. Third, there was also a  
 319 hemisphere bias, whereby C:P, and N:P were elevated in the northern hemisphere and C:N  
 320 somewhat higher in the southern hemisphere. In summary, we saw clear latitudinal, zonal, and  
 321 hemisphere gradients in C:N:P across the Atlantic Ocean.



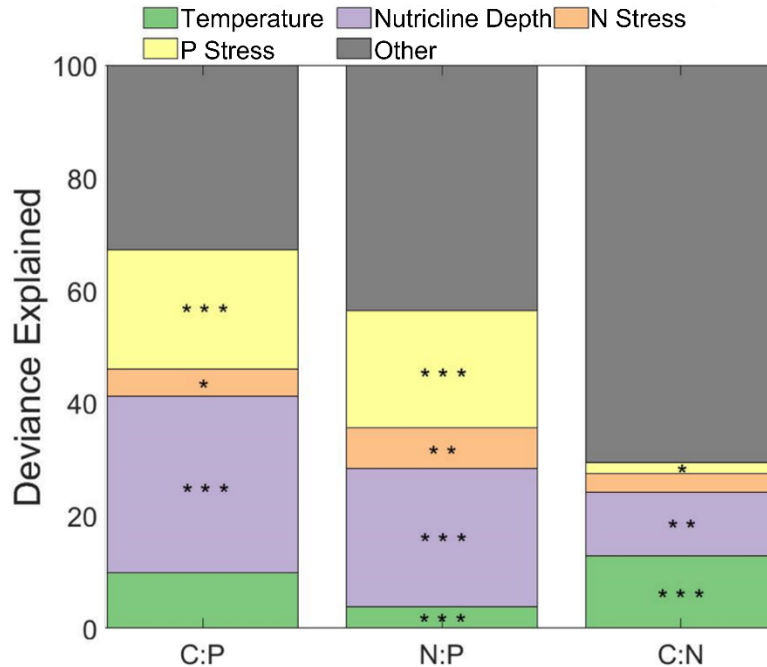
324  
 325 **Figure 3.** Latitudinal and regional shifts in POM stoichiometry. (a-c) Averaged observed surface C:N, C:P, and N:P.  
 326 The trend lines represent the moving average of samples for AMT28 (red) and C13.5 (blue) transects. Linear  
 327 regression line representative of all samples along the transects (black). (d-f) Regional C:N, C:P  
 328 and N:P represented by boxplots, where data were separated by latitude and longitude (E = East, W = West). Significant  
 329 zonal (east-west) differences are denoted with \* above plot based on Tukey posthoc significant difference test ( $p =$

330 0.05). For all boxplots, a central black bar of the box represents the median value. The whiskers signify the range  
331 (min, max) of values excluding outliers.  
332

333 The variability of C:N:P across regions can be partially explained when investigating N\*  
334 at 200 m for AMT 28. Across the transect, N\* has a positive value from 10° N to 50° N, with the  
335 remaining regions having a negative value (Fig. S3). As N\* decreases from north to south, the  
336 environment becomes more nitrogen-stressed. When comparing N\* and N:P directly, there is  
337 only a weak correlation ( $r = 0.48$ ,  $p < 0.001$ ). Beyond the general increasing value of both N\*  
338 and N:P from the south to the north, the features of the two plots do not line up directly. Rather it  
339 would appear that the peaks in N\* more closely align with the troughs in N:P and vice versa.

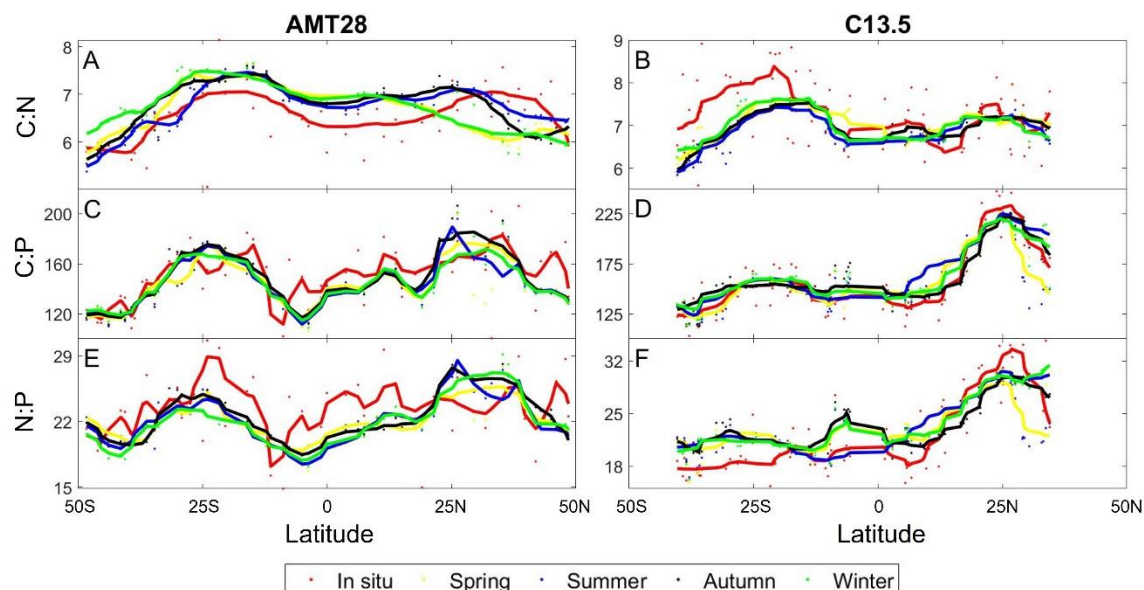
340 Using flow cytometry cell counts, we were able to determine the concentration and total  
341 biomass of separate species of photoautotrophs at each station for AMT 28. From this,  
342 *Prochlorococcus* was determined to make up > 93% of the community in the subtropical gyres  
343 and equator, and over 50% of the total biomass. 67% of the northern temperate region  
344 community consisted of *Prochlorococcus* but only 10% of the biomass, and the South Temperate  
345 Atlantic Ocean was the only region without *Prochlorococcus* being the most abundant at 12% of  
346 the community and 1% of the biomass (Fig. S4). With the fractional biomass of the six  
347 phytoplankton size groups, we used a linear regression model to link to C:P along the transect.  
348 The regression model was able to describe the general characteristics of the in situ samples but  
349 failed to capture the detailed transitions ( $R^2 = 0.23$   $p < 0.05$ ) (Fig. S5). While only being able to  
350 capture the general characteristics of the in situ samples and the dominant biomass of  
351 *Prochlorococcus* across the Atlantic, we found that the use of gene-specific nutrient stress of  
352 *Prochlorococcus* to be an acceptable driver of the variability of C:N:P within GAM.

353 The influence of phytoplankton composition, temperature, nutricline depth, and  
354 metagenomically assessed nitrogen and phosphorus stress (gene index) were tested as drivers of  
355 stoichiometry using a general additive model (GAM) (Fig. 4). Using GAM, we determined  
356 temperature and the nutrient gene indices captured 67% and 56% of the total deviance for C:P  
357 and N:P, respectively. For C:P, nutricline depth and phosphorus gene index accounted for 52.5%  
358 of the total (31.3% and 21.2%, respectively). For N:P, nutricline depth and phosphorus gene  
359 index accounted for 45% of the total (24.6% and 20.7%, respectively). We could only explain  
360 30% of the total deviance for C:N, with the temperature being the most significant contributors  
361 (13% and 11%,  $p < 0.001$  and  $p < 0.01$  respectively). For C:N:P, nutricline depth was the  
362 dominant contributor to the latitudinal variability for two of the three ratios, being the second  
363 most dominant in the third, when investigating the entire basin (Fig. 4). When dividing the  
364 Atlantic Ocean into eastern and western boundaries, the four drivers tested were able to explain  
365 the variability of C:P and N:P more accurately in the western side (81% and 63% respectively)  
366 and C:P in the eastern side (38%) (Fig. S7 and S8, Table S2). From this division the dominant  
367 drivers remained nutricline depth and temperature for C:P and N:P, and became the dominant  
368 driver of C:N. While the drivers for C:N individually have a maximum of 7% difference between  
369 each other on either side of the Atlantic Ocean, the regional focus is able to interpret changes in  
370 drivers that an ocean-wide analysis would determine to be different.  
371



372 **Figure 4.** Influence of environmental factors on stoichiometry. Stars indicate the significance of smooth terms used  
 373 for Generalized Additive Models (GAM). \*\*\* =  $p < 0.001$ , \*\* =  $p < 0.01$ , \* =  $p < 0.05$ . Green represents the  
 374 influence of temperature, purple represents the influence of nutricline depth, orange represents the nitrogen stress,  
 375 yellow represents the phosphorus stress, and grey represents the remaining factors of influence on the variability of  
 376 C:N:P. N and P stress are reflective of the nutrient gene index, which is quantified by calculating the frequency of  
 377 the nutrient acquisition genes within *Prochlorococcus* single-copy core genes. The frequency is attributed to the  
 378 genetic adaptation for overcoming nutrient stress type and severity.  
 379

380  
 381 A zonal gradient in nutricline depth and metagenomically assessed nitrogen and  
 382 phosphorus stress matched C:N:P shifts (Fig. 3d–f). Nutricline depth was significantly deeper ( $p$   
 383  $< 0.05$ ) in the western part of subtropical gyres in both hemispheres (Fig. S2). Furthermore, there  
 384 was a westward shift from nitrogen towards phosphorus stress (Fig. S6). This zonal shift in  
 385 nutrient availability corresponds to a similar increase in C:P from 174 to 207 and N:P from 24.8  
 386 to 29.2 towards the western side of the oligotrophic gyres (Fig. 3e, f). In parallel, C:N showed  
 387 the opposite trend declining from 7.6 on the eastern to 7.0 on the western side, matching a shift  
 388 from nitrogen to phosphorus stress (Fig. 3D). GAM analyses conducted separately for western  
 389 and eastern basins corroborated these observations, highlighting that the relative importance of  
 390 shifting nutrient stress (Fig. S7–9). In summary, zonal variability in nutrient stress, described by  
 391 a westward deepening nutricline and increased phosphorus gene index, may regulate a zonal  
 392 change in C:N:P.  
 393



394  
 395 **Figure 5.** Predicted seasonal variability of stoichiometry across the Atlantic Ocean. Observed compared to predicted  
 396 seasonal C:N for AMT28 (A) and C13.5 (B). Observed compared to predicted seasonal C:P for AMT28 (C) and  
 397 C13.5 (D). Observed compared to predicted seasonal N:P for AMT28 (E) and C13.5 (F). Dots are discrete samples  
 398 and the lines are moving averages over ten samples. AMT28 occurred during the fall 2018 and C13.5 during the  
 399 spring 2020. In situ samples are red, predicted Spring is yellow, predicted Summer is blue, predicted Autumn is  
 400 black, and predicted Winter is green.

401  
 402 We assessed the potential impact of seasonal environmental changes for C:N:P across the  
 403 Atlantic Ocean. Seasonal environmental changes were characterized as shifts in nutricline depth  
 404 and temperature, while assuming a stable biogeography of nitrogen vs. phosphorus stress (Fig.  
 405 5). This assumption is the result of only having gene stress information from the season samples  
 406 were collected in. As a control, we saw a significant correlation between the observed and  
 407 predicted C:N:P for the season matching the cruise occurrence (Table S3). However, the  
 408 statistical model did not predict high C:N in the eastern South Atlantic Ocean and overestimated  
 409 N:P in the equatorial and western South Atlantic Ocean. C:N:P ratios were predicted to be  
 410 mostly stable across seasons. Although we detected shifts in C:N near the north sub-tropical  
 411 convergence zone (~18° C) reflecting an expansion and contraction of oligotrophic conditions  
 412 (Fig. 5a). The introduction of more dynamic biogeography of nutrient stress will be necessary to  
 413 predict a more accurate seasonal variability of C:N:P across the Atlantic Ocean. However, from  
 414 data available our statistical model predicted a mostly stable, seasonal C:N:P across the Atlantic  
 415 Ocean.

#### 416 417 **4. Discussion**

418  
 419 There was clear latitudinal variability in POM concentrations and stoichiometry across the  
 420 Atlantic Ocean. We detected a high POM concentration and low C:N:P at higher latitudes, low  
 421 POM concentrations and high ratios in the subtropical gyres, and intermediate values near the  
 422 equator. This meridional gradient in POM concentrations and ratios corresponded to parallel  
 423 changes in nutricline depth and thus likely linked to the overall nutrient supply. Similar gradients  
 424 in concentrations and ratios have been detected in the Indian Ocean (Garcia et al., 2018), the  
 425 Pacific Ocean (Lee et al., 2021), and in a global synthesis (Martiny et al., 2013b). Thus, our



426 observations add further support to systematic biome shifts in C:N:P across major ocean basins.  
427 Despite having similar gradients, the North Atlantic Ocean appears to be relatively unique with  
428 higher C:P and N:P ratios in the northern hemisphere compared to the south. Both the North  
429 Atlantic and the Indian Ocean's Bay of Bengal have comparable aeolian iron inputs, however,  
430 North Atlantic Ocean has an increase in N<sub>2</sub>-fixation, which increases the N:P nutrient supply  
431 ratio, leading to widespread phosphorus stress (Capone, 2014; Schlosser et al., 2014; Ussher et  
432 al., 2013). The Bay of Bengal does not have significant N<sub>2</sub>-fixation nor a significant change in  
433 C:P or N:P ratios (Garcia et al., 2018; Löscher et al., 2020). This lack of N<sub>2</sub>-fixation is possibly  
434 the result of stress from another micronutrient for N<sub>2</sub>-fixers.

435 Focusing on the influence of P stress, there is an increase in phytoplankton elemental C:P  
436 and, to a lesser extent, N:P throughout much of the North Atlantic Ocean. POP has a minimum  
437 concentration in the western North Atlantic Ocean (Fig. S1), suggesting that the parallel changes  
438 in N:P and C:P are caused by lower POP concentrations. Iron inputs decrease across the North  
439 Atlantic Ocean from east to west, with a majority of the POP concentrations following the same  
440 trend (Mahowald et al., 2005). While there is an increase in POP concentrations for C13.5, part  
441 of this is attributed to coastal upwelling. Had C13.5 continued North it is possible that the POP  
442 concentrations observed in the lower half of the North Atlantic gyre would have continued.  
443 Proposed explanations of this zonal difference result from a combination of vertical iron supply  
444 and lateral circulation across the Atlantic Ocean (Martiny et al., 2019). In the South Atlantic  
445 Ocean, aeolian iron inputs are significantly lower, as most dust is washed out at the Intertropical  
446 Convergence Zone (Capone, 2014). N<sub>2</sub>-fixation is hence suppressed (Wang et al., 2019),  
447 allowing most of the southern hemisphere to display elevated N stress. This rise in nitrogen  
448 stress likely causes the depressed PON concentrations (Fig. S1) and elevated C:N but depressed  
449 N:P in much of the South Atlantic Ocean. Thus, the hemisphere deviation in C:N:P is  
450 hypothesized to be driven by a causal link between iron inputs, N<sub>2</sub>-fixation, and shifts between  
451 the nitrogen and phosphorus gene index (Martiny et al., 2019).

452 An additional zonal gradient in C:N:P may be linked to the westward deepening of the  
453 nutricline and a parallel shift from primarily nitrogen stress towards an increase in phosphorus  
454 stress. Phosphorus stress is detected throughout the central North Atlantic Ocean based on both  
455 the gene index and N\* (Ustick et al., 2021), however both C:P and N:P are significantly higher  
456 on the western side. Using the nutricline depth as a proxy of nutrient supply, the nutrient supply  
457 appeared greater on the eastern side, in addition, aeolian nutrient inputs could relieve nutrient  
458 stress towards the east, suppressing C:P and N:P ratios (Kremling and Streu, 1993; Mills et al.,  
459 2004; Garcia et al., 2018; Neuer et al., 2004). The South Atlantic Ocean also has the east-west  
460 variability for C:N:P, with C:N having the largest gradient. From the nutrient gene index and N\*,  
461 the South Atlantic Ocean is predominantly nitrogen stressed. Zonal shifts in C:N:P can be  
462 explained by shallower nutricline depth and a higher nitrogen gene index in the eastern part and a  
463 higher phosphorus gene index in the western part of the South Atlantic Ocean (Ustick et al.,  
464 2021; Martiny et al., 2019). Thus, we observe zonal variability in POM concentrations and their  
465 stoichiometric ratios, superimposed on the larger meridional and hemisphere gradients.

466 Nitrogen and phosphorus stress are assessed based on genomic changes and adaptation in  
467 *Prochlorococcus* populations (Ustick et al., 2021). With *Prochlorococcus* being the most  
468 abundant phytoplankton and that it forms most of the phytoplankton biomass in the gyres and  
469 equatorial regions, and the northern temperate population, it is likely closely linked to the bulk  
470 phytoplankton community physiological status (Fig. S4) (Marañón et al., 2000; Zwirgmaier et  
471 al., 2007). Additionally, *Prochlorococcus* and *Synechococcus* express nearly identical responses

472 across a transect with regions of different nutrient stress (i.e., when *Prochlorococcus* had a high  
473 phosphorus gene index, *Synechococcus* had a high phosphorus gene index as well) (Garcia et al.,  
474 2020). Within the South Atlantic Ocean, the use of bioassays and deficiency calculations agree  
475 with *Prochlorococcus* gene stress, being primarily nitrogen stressed, yet disagree within the  
476 North Atlantic Ocean (Browning and Moore, 2023). While previous bottle experiments of  
477 nutrient stress in the North Atlantic Ocean describe it as being dominantly or co-stressed by  
478 nitrogen and phosphorus, respectively, the gene index describes the North Atlantic as dominantly  
479 phosphorus stressed. This suggests that there is a significant difference between the different  
480 assays in determining the nutrient stresses phytoplankton experience. This study focused on  
481 factors that had a direct influence on C:N:P, we then chose to forgo using co-stressors of  
482 nutrients or the use of iron stress. Along with direct influence, these samples match one-to-one  
483 with the POM samples collected on the cruises.

484 It was determined through the use of GAM, that nutricline depth, phosphorus stress, and  
485 temperature were the main drivers in the variability of C:N:P. These findings are similar to those  
486 of a global synthesis that determined nutricline and gene index were the dominant drivers of  
487 C:N:P variability within the tropical and subtropical regions (Tanioka et al., 2022). While their  
488 pole-wards assessment determined that temperature was the dominant driver, the samples used  
489 in this study fall primarily within tropical/ subtropical bounds (49 of 877 samples are outside of  
490 this range). C:P and N:P generally agreed with this global model assessment, but C:N  
491 temperature had a smaller influence globally than for the Atlantic Ocean. With the relatively  
492 small amount of variance determined for C:N, it is possible that the northernmost samples had a  
493 major impact on the determination of temperatures influence, as seen by Tanioka et al. (2022), in  
494 which temperature was determined to be the most significant driver for the variance of C:N.  
495 With respect to the other section of the GAM analysis, the factors with a more indirect  
496 relationship to C:N:P could have a significant role, especially with C:N (i.e., the influence of iron  
497 stress or light availability).

498 The predicted restricted changes in seasonal values of C:N:P were able to fall in the  
499 middle to lower range of the observed seasonal averages of those observed at BATS,  
500 representing the fall and winter seasons better than spring and summer (Singh et al., 2015). It is  
501 worth noting that while the values were able to capture the lower range, the ratios measured  
502 during C13.5 closest to BATS, were lower than the measured monthly averages. Since C13.5  
503 was unable to take CTD measurements, the nutricline depth from WOA might not accurately  
504 represent the actual nutricline depth during the transect, leading to potential changes in the  
505 predictive seasonal values. The intersection point of the two transects ( $\sim 10^\circ$  S) also indicates  
506 minimal seasonal influence as the POM and stoichiometric values despite collection occurring in  
507 opposite seasons. Using the values predicted by GAM for the same parameters, there was less  
508 than a 2% difference in C:N:P between fall and spring indicating that some of the assumptions  
509 made with the predictors weakened the sensitivity of the model. Without this sensitivity, the  
510 predictive model suggests that the observed biogeography of C:N:P is stable in most of the  
511 central Atlantic Ocean,. In summary, we detect clear meridional, hemisphere, and zonal  
512 gradients in elemental stoichiometry that correspond to changes in nutrient supply and stress  
513 type, but additional factors may also provide a significant influence on regional shifts in C:N:P  
514 across the Atlantic Ocean.

515 Our observations from the Atlantic Ocean have implications for predicting future changes  
516 to the ocean carbon cycle. Recent models have suggested that C:N:P variability can ‘buffer’ the  
517 effects of stratification and reduced nutrient supply on primary productivity and carbon

518 sequestration (Kwon et al., 2022; Tanioka and Matsumoto, 2017). Such models of C:N:P  
519 variability have so far been tied to surface phosphate concentrations (Galbraith and Martiny,  
520 2015). However, our observations from the Atlantic Ocean indicate that subtle shifts between  
521 nitrogen and phosphorus stress can have additional impacts on the elemental stoichiometry. N<sub>2</sub>-  
522 fixation in the North Atlantic Ocean is likely responsible for part of the shift in nutrient stress  
523 type. The hemispheric variability of nutrient stress suggests an additional role of iron supply in  
524 regulating C:N:P. Thus, climate change may alter future patterns of C:N:P as the perturbation of  
525 air-sea dynamics can modulate the strengths of boundary currents, the slope of a westward  
526 nutricline (Kelly et al., 2010), or the aeolian deposition of iron (Krishnamurthy et al., 2010).  
527 Such shifts in C:N:P could, in turn, have large impacts on global nitrogen fixation, primary  
528 production, or carbon sequestration.

529

### 530 **Conflict of interest**

531 The authors declare no conflicts of interest relevant to this study.

532

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544

### 545 **Data availability statement**

546 The AMT data set presented here is publicly hosted by the British Oceanographic Data Centre  
547 (<https://doi.org/10.5285/b5900384-89f0-3a38-e053-6c86abc0409d>). Hydrographic data from the  
548 AMT28 transect are available (<https://cchdo.ucsd.edu/cruise/74JC20180923>). The particulate  
549 organic matter data from the C13.5 transect are available here  
550 (<https://www.bco-dmo.org/dataset/868908>). Hydrographic data from C13.5 data are available  
551 (<https://cchdo.ucsd.edu/cruise/33RO20200321>). Nutricline depth for C13.5 is calculated from  
552 gridded annual mean nitrate data from World Ocean Atlas 2018  
553 (<https://www.ncei.noaa.gov/data/oceans/woa/WOA18/DATA/>).

554

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