



1

2

3 **ESD Ideas: Positive Tipping points towards global regenerative systems**

4

J. David Tàbara

5

Global Climate Forum, Berlin

6

and Autonomous University of Barcelona, Department of Geography

7

Campus UAB, Cerdanyola del Vallés (Barcelona), Catalonia, Spain

8

Correspondence: J. David Tàbara: jdt@sustainability.eu

9

10 **Abstract:**

11

12 Coping with the threats posed by multiple negative Earth tipping points calls for large coordinated
13 actions conducive to creating long-lasting positive synergies between human and biophysical
14 systems. Boundary concepts, engaging narratives and aspirational visions play a crucial role in
15 coordinating the kinds of deliberate transformations needed to address global existential
16 challenges. The regenerative sustainability paradigm offers an enabling cognitive and discursive
17 capacity to integrate the insights from social and natural sciences so net-positive tipping points
18 towards a safe and just space for humanity can better be operationalised, coordinated and enacted
19 within and across multiple kinds of social-ecological systems.

20

21 **1. Introduction**

22 Our world is a world of systems of systems. Energy systems, agri-food systems, financial systems, urban mobility
23 systems, information systems, educational systems, religious systems and many others; they all operate with their
24 bounded rationalities, organisations and normative rules that justify their existence in different ways. Each system
25 also has its effects on other systems, which can be detrimental or beneficial to the goals and development of
26 these other systems. Given such complexity and heterogeneity social scientists conceptualise each system change
27 using different approaches and metrics than natural scientists do. So when transdisciplinary teams meet together
28 to try to find transformative pathways and solutions to cope with large and existential risks, like those posed by
29 Earth tipping points, not only might different individuals look at different systems, but they might also look at a
30 same system in different ways.

31 Hence, robust knowledge and actions aimed at dealing with the increasing threats of negative Earth tipping points
32 does not only require reflexive spaces conducive to mutual learning among such diversity of perspectives. But
33 also, of higher-order concepts, engaging narratives and visions able to provide actionable sense of the complexity
34 entailed in understanding such threats. In this contribution, I argue that the regenerative sustainability paradigm
35 offers such cognitive and discursive collective capacity to integrate the insights from diverse social and natural
36 sciences in a way that *net-positive tipping points* can better be operationalised, coordinated and enacted within
37 and across multiple kinds of social-ecological systems and actions.

38

39



40 **2. From less harm to net-positive tipping points**

41 A tipping point can be defined as the moment at which an additional force of change makes a given system adopt
42 a fundamentally different configuration and long-term dynamics, either by getting onto a new development
43 trajectory or by evolving around a new system's attractor. In the case of positive tipping points that happen in
44 social-ecological systems (Tàbara 2018, Lenton 2020; Otto et al. 2020) we assume that the new dynamics
45 contribute to improve the quality of life, long-term human sustainability and thus can help avoid existential risks
46 derived from negative global environmental change.

47 Nevertheless, a major difficulty in conceptualising positive tipping points has to do with agreeing on what positive
48 means. A dominant view in mainstream economics tends to assume and communicate to the large publics that
49 an increase in GNP is positive, while a reduction is negative. Such narrow, *short-termist* and exemptionalist
50 (Dunlap, 1980) understanding of socio-economic development, however, tends to disregard the negative
51 cumulative effects of past social-ecological interactions on the quality and quantity of life-support systems.
52 Greenhouse emissions, biodiversity loss or the accumulation of persistent pollutants (not registered in corporate
53 and national accounts as collective losses) also affect negatively future options and conditions for development.
54 Hence, it is clear that a more nuanced and coupled understanding of wealth and development, that take into
55 account all the interactions and feedbacks -both positive and negative- with the natural world, is needed.

56 Alternatively, and using a whole-life systems perspective, it can simply be argued that positive is what contributes
57 to the maintenance, improvement and self-regeneration of social-ecological conditions that make human
58 societies flourish and remain in the long term on earth; whilst negative simply constitutes the opposite, what
59 destroys life support systems and degrades such sustainability conditions. A lot of the public discourses on
60 sustainability, however, have focused on products and services that only contribute to generating 'less harm' (<0),
61 or to policy commitments that aim at 'neutral targets' (=0); rather than actually improving social-ecological
62 systems in net positive terms (>0). In this regard, *relative positive tipping points*, or those that focus on partial
63 gains, may be associated to sectorial socio-technical transitions; while net-positive or *absolute positive tipping*
64 *points* can be associated to those achieved by full-systems transformations, that entail changes in social practices,
65 relationships and worldviews, and that eventually enhance the conditions for the self-regeneration of life-support
66 systems on Earth (Tàbara 2023).

67 **3. Positive synergies between social and biophysical systems**

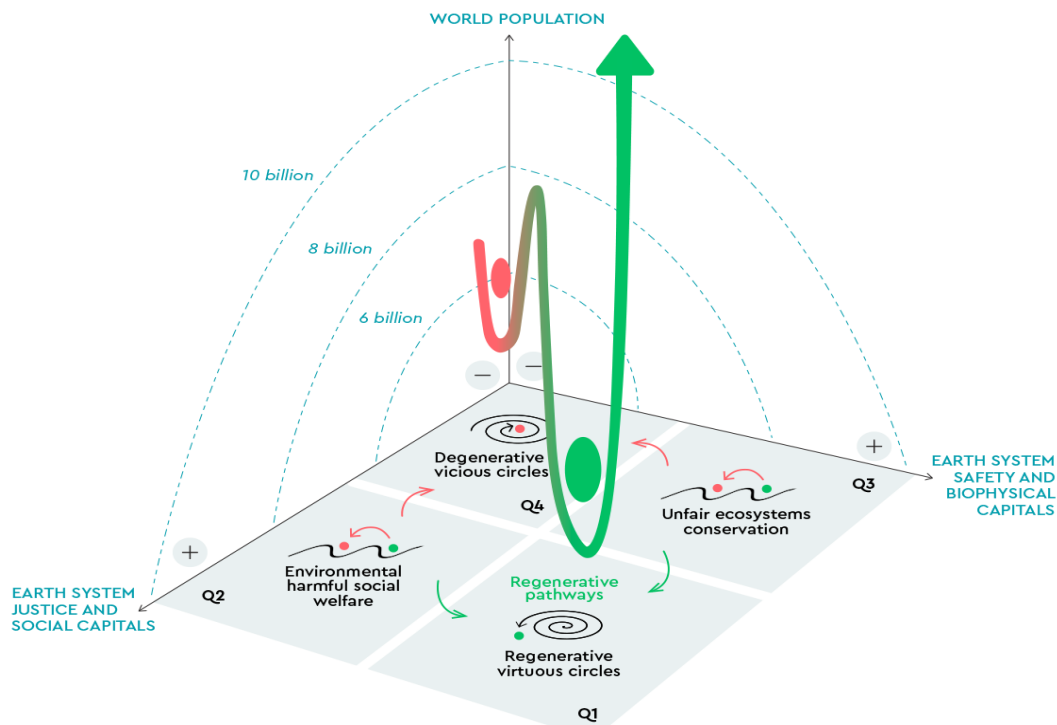
68 Positive tipping points can occur in many social systems, for instance, when access to education, health services
69 or effective political participation and rights are granted to marginalised populations. But also in biophysical
70 systems, as happens when a previously degraded ecosystem eventually regains its properties and conditions for
71 self-regeneration. Although social and natural scientists tend to focus on one or the other, a regenerative
72 perspective of sustainable development means that positive synergies between both are required (see also
73 Buckton et al., 2023). In a world moving towards possibly 10 billion people by 2050, coping with global risks will
74 depend not only on the health of the ecosystems -the safe planetary boundaries (Rockstrom et al. 2021,) but
75 most importantly, on the possibility to improve the social conditions and institutions that ensure equity, social
76 cohesion, mutual support, and effective and trusted governance of the common good (Gupta et al. 2023).

77 Finding explicit, operational and visual means able to identify the requirements needed to move present global
78 development trajectory away from a degenerative attractor to a regenerative one is urgently required. This is
79 represented in Figure 1, based on the SEIC conceptual model (Tàbara 2023) in which all social-ecological systems
80 and societies and individuals' interactions are seen to be inevitably conditioned by four kinds of subsystems:
81 structures and rules (S), energy and natural resource use (E), information and knowledge systems (I), and
82 cumulative or depletive environmental change (C). In this way, the model also helps to identify the places to
83 intervene in the overall social-ecological system, as improving social systems on the one side is therefore mostly
84 a function of the S and I subsystems, whilst improving biophysical systems depends on to the extend interactions,



85 feedback and cumulative/depletive processes occurring in E and C subsystems can be harnessed and reoriented
86 towards a regenerative trajectory.

87 Thus, the two lower axes of Figure 1 mean on the one hand, variations in social system conditions (or capitals)
88 and equity, that make social cohesion, good governance and agents' cooperation and collaboration possible as
89 to take collective action; while the other axis represents changes in the quality and quantities of the biophysical
90 stocks necessary for the long-term functioning of life-support systems. Achieving partial gains -or relative tipping
91 points- that only improve equity and social conditions but in a way that eventually leads to the depletion or
92 degradation of biophysical conditions - ecological capitals or stocks- will eventually lead to overall negative system
93 tipping points (Q2). Similarly, gains in environmental protection, Earth systems safety, or the improvement in the
94 quality of ecosystems that are being made at the cost of social equity and participation eventually are also likely
95 to be rejected or undermined and result in a negative tipping point (Q3). Contexts or societies lacking fair and
96 competent governance structures, as is the case of countries with rampant corruption or inequality, are also likely
97 to derive to further ecosystems degradation and thus the whole social-ecological dynamics will descent and
98 propagate into a full-systems negative tipping point (Q4). It is only by creating self-propelling virtuous circles that
99 improve *at the same time* the just and safety conditions in multiple kinds of systems that net-positive absolute
100 tipping points may be achieved at the global level (Q1). In this quadrant Q1, the 'ecospace' (Gupta et al. 2023) or
101 the just and safe space for humanity would expand (represented with the growing green dot), contrary to what
102 would occur in Q4 (represented with the shrinking red dot). Nevertheless, such net-positive global outcome may
103 only be realised by processes of sustainability learning in which a key question to be addressed for science would
104 not be only 'what is the problem?', but namely 'who is part of the solution?' and how these agents can be
105 empowered (Tàbara, Jäger et al. 2018) as to create positive synergistic interactions with the natural world:



106

107 **Figure 1: Achieving a global net-positive tipping point towards a regenerative attractor that increases**
108 **the safe and just operating space for humanity in a world moving towards 10 billion people requires**
109 **synergising fast improvements in global social conditions (or capitals) and biophysical conditions.**
110 (Based on Tàbara, 2023).



111 **4. Conclusion:**

112 Coping with the large systemic risks posed by negative Earth tipping points needs the coordination of multiple
113 kinds of systems in a way that all can contribute to the just improvement and restoration of the conditions that
114 make human life possible on Earth in the long term. Visions and narratives towards regenerative futures can play
115 this role because they are necessarily inclusive and engaging –as after all, the challenge of sustainability is a large-
116 scale global engaging challenge. This is also so because moving towards a global regenerative trajectory or
117 regenerative global systems’ attractor (and contrary to Malthusian positions) needs of everybody’s capacities and
118 sources of transformative imagination (Galafassi, 2018) to expand and improve a social-ecological space in which
119 everyone in a world of 10 billion people can potentially be better-off. The regenerative sustainability vision and
120 paradigm can contribute to coordinate the many kinds of transformations needed to achieve a global net-positive
121 tipping point at global scale. However, much transdisciplinary and integrated research is yet lacking and still
122 required to understand, operationalise and foster the potential synergies between improvements in global social-
123 ecological conditions and biophysical capitals regeneration so as to guarantee a safe and just space for humanity.

124 **References:**

- 125 Buckton S.J., Fazey I., Sharpe B., Om S., Doherty B., Denby K., Lait R., Bridle S., Bryant M., Collins L., Kluczkovski
126 A., Nixon N., Yap C., Ball P., Cain M., Carmen E., Connolly A., Fletcher B., Frankowska A., Gardner G., James A.,
127 Kendrick I., Mair S., Morris B., Sinclair M. The Regenerative Lens: A conceptual framework for regenerative
128 socioecological systems. *One Earth*. <https://doi.org/10.1016/j.oneear.2023.06.006>, 2023.
- 129 Dunlap, R. E. Paradigmatic Change in Social Science: From Human Exemptionalism to an Ecological Paradigm.
130 *American Behavioral Scientist* 24:5-14. <https://doi.org/10.1177/000276428002400102>, 1980.
- 131 Galafassi, D. The Transformative Imagination: Re-Imagining the World Towards Sustainability. Doctoral
132 dissertation, Stockholm Resilience Centre, Stockholm University. DiVA, id: diva2:1178816, 2018.
- 133 Gupta, J., Liverman D., Prodan K., Aldunce P., Bai X., Broadgate W., Ciobanu D., Gifford L., Gordon C., Hurlbert M.
134 , Inoue C.Y.A., Jacobson L., Kanie N., Lade S., Lenton T., Obura D., Okereke C., Otto I.M., Pereira L., Rockström
135 J., Scholtens J., Rocha J., Stewart-Koster B., Tàbara J. D., Rammelt C., Verburg P. Earth System Justice needed
136 to identify and live within Earth System Boundaries. *Nature - Sustainability*.
137 <https://doi.org/10.1038/s41893-023-01064-1>, 2023
- 138 Lenton T.M. Tipping positive change. *Philosophical Transactions Royal Society, B*, 375: 20190123.
139 <https://doi.org/10.1098/rstb.2019.0123>, 2020.
- 140 Otto I.M., Donges J.F., Cremades R., Bhowmik A., Hewitt R.J., Lucht W., Rockström J., Allerberger F., McCaffrey M.,
141 Doe SSP, Lenferna A., Morán N., van Vuuren D.P., Schellnhuber H.J. 2020. Social tipping dynamics for stabilizing
142 Earth’s climate by 2050. *Proceedings of the National Academy of Sciences of the United States of*
143 *America*,117(5), 2354–2365. <https://doi.org/10.1073/pnas.1900577117>
- 144 Rockström, J., Gupta, J., Lenton, T.M., Qin, D., Lade, S.J., Abrams, J.F., Jacobson, L., Rocha, J.C., Zimm, C., Bai, X.,
145 Bala, G., Bringezu, S., Broadgate, W., Bunn, S.E., DeClerck, F., Ebi, K.L., Gong, P., Gordon, C., Kanie, N., Liverman,
146 D.N., Nakicenovic, N., Obura, D., Ramanathan, V., Verburg, P.H., van Vuuren, D.P., Winkelmann R. Identifying a
147 safe and just corridor for people and the planet. *Earths Future* 9, e2020EF001866, 2021.
- 148 Tàbara, J. D. Regenerative sustainability. Towards a relational model of possibilities for the emergence of positive
149 tipping points. *Environmental Sociology*. <https://doi.org/10.1080/23251042.2023.2239538>, 2023
- 150 Tàbara J.D., Frantzeskaki, N., Hölscher, K., Pedde, S. Lamperti, F. Kok, K., Christensen, J.H., Jäger, J., and Berry, P.
151 Positive tipping points in a rapidly warming world. *Current Opinion in Environmental Sustainability*, 31: 120-
152 129. <https://doi.org/10.1016/j.cosust.2018.01.012>, 2018
- 153 Tàbara, J.D., Jäger, J., Mangalagiu D. & Grasso, M.. Defining Transformative Climate Science in the context of high-
154 end climate change. *Regional Environmental Change*, 19(3):807-818. [https://doi.org/10.1007/s10113-018-](https://doi.org/10.1007/s10113-018-1288-8)
155 [1288-8](https://doi.org/10.1007/s10113-018-1288-8), 2018
- 156



157 **Competing interests**

158

159 The author has declared no competing interests

160

161 **Acknowledgements:**

162 This ESD idea has benefited from discussions carried out within the EU funded projects TIPPING.plus (GA884565)

163 and TRANSPATH (GA101081984) as well as the research network led by Exeter University working on the State of

164 Tipping Points Report for Cop28.